

1 - 1ª Jornada

05.11.2022 - 16:00

Prova 1	Masc., 4 x 100m Estilos				Infantis
05.11.2022					Lista inscritos
Rec Nacional Inf A	4:12.50	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Cantanhede	2014
Rec Nacional Inf B	4:35.54	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Porto	2013
Rec Nacional Absoluto	3:34.53	CCD Estrelas S. Joao de Brito	ESJB	Porto	2014

Ord.	Categ.	NºLic.	Clube	Tempo Inscr.
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Infantis B

1	Colegio Int Monte Maior 1	Inf B	Colegio Int Monte Maior	NT
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Infantis A

1	Benfica 1	Inf A	Benfica	5:02.50
2	Gesloures 1	Inf A	Gesloures	5:56.33
3	AONDA Azeitão 1	Inf A	AONDA Azeitão	NT

RJC	Bombeiros dos Estoris 1	???	Bombeiros dos Estoris	NT
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Prova 2	Femin., 200m Livres				Infantis
05.11.2022					Lista inscritos

Rec Regional Inf A	2:08.89	Alexandra Couto Frazao	CNA	Setubal	2015
Rec Regional Inf B	2:12.32	Beatriz Rodrigues Conde	SCP	Alges	2010
Rec Regional Absoluto	1:58.62	Diana Margarida Duraes	SLB	Copenhagen (DEN)	2017
Rec Nacional Inf A	2:09.46	Ines Camacho Fernandes	SCP	Tavira	2010
Rec Nacional Inf B	2:11.27	Carolina Miranda Fernandes	CGA	Mealhada	2017
Rec Nacional Absoluto	1:58.62	Diana Margarida Duraes	SLB	Copenhagen (DEN)	2017

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
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Infantis A

1	Ana Nabais Mendes	10	Inf A	211556	CIRL	2:32.46 L	24.07.2022	Famalicao (POR)	2:29.41
2	Joana Alexandra Silva	10	Inf A	207187	CPCD	2:34.94 L	24.07.2022	Famalicao (POR)	2:31.84
3	Mariana Varela Costa	10	Inf A	208738	CNN	2:35.03 L	22.07.2022	Famalicao (POR)	2:31.92
4	Jessica Bernardino Lopes	10	Inf A	212317	AEFDTV	2:37.10 L	10.07.2022	Setubal (POR)	2:33.95
5	Victoria Sales Proenca	10	Inf A	211478	SLB	2:40.36 L	10.07.2022	Setubal (POR)	2:37.15
6	Maria Perico Fernandes	10	Inf A	207763	AONDA	2:42.44 L	22.07.2022	Famalicao (POR)	2:39.19
7	Maria Inês Fryxell	10	Inf A	205333	AONDA	2:44.33 L	10.07.2022	Setubal (POR)	2:41.04
8	Madalena Pereira Arede	10	Inf A	211253	CNN	2:46.07 L	18.06.2022	Rio Maior (POR)	2:42.74
9	Carolina Escrevente Guerra	10	Inf A	212746	SAD	2:46.60 L	10.07.2022	Setubal (POR)	2:43.26
10	Ana Filipa Santo	10	Inf A	209225	CPCD	2:47.26 L	24.07.2022	Famalicao (POR)	2:43.91
11	Rita Rocha Ferreira	10	Inf A	211468	SLB	2:49.70 L	23.04.2022	Coimbra (POR)	2:46.30
12	Maria Barafusta Afonso	10	Inf A	215099	CNS	2:54.51 L	22.07.2022	Famalicao (POR)	2:51.02
13	Maria Duarte Carvalho	10	Inf A	211475	SLB	2:54.92 L	10.07.2022	Setubal (POR)	2:51.42
14	Maria Rita Filipe	10	Inf A	211565	GESL	2:51.59 S	23.01.2022	Sto Ant.Cavaleiros (POR)	2:51.59
15	Beatriz Nunes Leao	10	Inf A	213997	CIRL	2:53.42 S	20.02.2022	Lisboa (POR)	2:53.42
16	Luana Raquel Monteiro	10	Inf A	210983	PDEM	2:58.58 L	09.07.2022	Setubal (POR)	2:55.00
17	Tatiana Filipa Almeida	10	Inf A	210985	PDEM	2:56.83 S	20.02.2022	Lisboa (POR)	2:56.83
18	Rita Vaz Bota	10	Inf A	212751	SAD	3:07.28 S	01.12.2021	Lisboa (POR)	3:07.28
19	Francisca Maria Esteves	10	Inf A	209046	CNCVG	3:14.56 S	20.02.2022	Manique (POR)	3:14.56
20	Núria Cristina Pires	10	Inf A	216865	VKGS	3:19.18 L	10.07.2022	Setubal (POR)	3:15.19
21	Mariana Chaves Simões	10	Inf A	211219	FS	3:17.46 S	20.02.2022	Manique (POR)	3:17.46
22	Sofia Vacula	10	Inf A	210980	CNS	3:25.26 S	20.02.2022	Lisboa (POR)	3:25.26
23	Maria Santos Noronha	10	Inf A	211621	CPCD	3:25.90 S	20.02.2022	Lisboa (POR)	3:25.90
24	Margarida Escalreira Semedo	10	Inf A	212762	ADST	3:29.08 S	25.04.2022	Sines (POR)	3:29.08
25	Maria Francisca Moreira	10	Inf A	210607	AHBE	3:40.00			3:40.00
26	Ana Teresa Romao	10	Inf A	217242	CNMJ	3:40.00			3:40.00
27	Lara Henriques Santos	10	Inf A	217181	CPCD	3:40.00			3:40.00
28	Madalena Alexandra Fernandes	10	Inf A	212768	CNN	3:40.00			3:40.00
29	Matilde Nogueira Tavares	10	Inf A	210977	CNS	3:40.00			3:40.00

Prova 2, Femin., 200m Livres

30	Isabella Matilde Furlan	10	Inf A		CNCVG	3:40.00			3:40.00
31	Beatriz Carneiro Pereira	10	Inf A	214880	FS	3:40.00			3:40.00

Infantis B

1	Ana Filipa Serra	11	Inf B	211617	CPCD	2:45.47 S	16.07.2022	Santa Iria de Azoia (POR)	2:45.47
2	Madalena Ferreira Baldo	11	Inf B	216272	ADRCIMM	2:57.11 S	16.07.2022	Santa Iria de Azoia (POR)	2:57.11
3	Maria Rendeiro Correia	11	Inf B	214922	SAD	3:01.28 S	16.07.2022	Santa Iria de Azoia (POR)	3:01.28
4	Sara Silva Campos	11	Inf B	213995	CIRL	3:03.84 S	16.07.2022	Santa Iria de Azoia (POR)	3:03.84
5	Leticia Coelho Silva	11	Inf B	216536	VKGS	3:14.43 S	16.07.2022	Santa Iria de Azoia (POR)	3:14.43
6	Ines Freitas Abrantes	11	Inf B	216508	ADRCIMM	3:15.59 S	28.05.2022	Alvalade (POR)	3:15.59
7	Daniela Pereira Fernandes	11	Inf B	216291	CPCD	3:17.34 S	28.05.2022	Alvalade (POR)	3:17.34
8	Raquel Silva Delgado	11	Inf B	215458	PDEM	3:18.44 S	16.07.2022	Santa Iria de Azoia (POR)	3:18.44
9	Madalena Carreiro Rodrigues	11	Inf B	211474	SLB	3:20.36 S	16.07.2022	Santa Iria de Azoia (POR)	3:20.36
10	Maria Leonor Estanislau	11	Inf B	215482	AONDA	3:22.90 S	28.05.2022	Alvalade (POR)	3:22.90
11	Madalena Correia Gomes	11	Inf B	216271	ADRCIMM	3:25.45 S	28.05.2022	Alvalade (POR)	3:25.45
12	Vitoria Alves Penedo	11	Inf B	215457	PDEM	3:28.52 S	20.03.2022	Cova da Piedade (POR)	3:28.52
13	Rafaela Marreiros Oliveira	11	Inf B	215651	PDEM	3:30.06 S	20.03.2022	Cova da Piedade (POR)	3:30.06
14	Konstans Georgieva Ivanova	11	Inf B	215739	PDEM	3:38.28 S	20.03.2022	Cova da Piedade (POR)	3:38.28
15	Natalia Landa Paredes	11	Inf B	216367	FS	3:41.89 S	16.07.2022	Santa Iria de Azoia (POR)	3:41.89
16	Leonor Coelho Silva	11	Inf B	216534	VKGS	3:44.30 S	21.05.2022	Leiria (POR)	3:44.30
17	Gabriela Damas Lança	11	Inf B	216293	CPCD	3:54.68 S	28.05.2022	Alvalade (POR)	3:54.68
18	Leonor Travessa Parrulas	11	Inf B	215485	CNS	4:02.62 S	28.05.2022	Alvalade (POR)	4:02.62
19	Diana Silva Nunes	11	Inf B	216269	ADRCIMM	4:05.00			4:05.00
20	Maria Fátima Pagani	11	Inf B	215643	AHBE	4:05.00			4:05.00
21	Lara Nobre Semiao	11	Inf B	214211	AHBE	4:05.00			4:05.00
22	Fernanda Souza Macedo	11	Inf B	215451	AHBE	4:05.00			4:05.00
23	Carolina Semedo Marques	11	Inf B	216294	CPCD	4:05.00			4:05.00
24	Maria Francisca Fernandes	11	Inf B	276087704	CPCD	4:05.00			4:05.00
25	Sara Carvalho Rocha	11	Inf B	217173	CPCD	4:05.00			4:05.00
26	Carolina Mendes Gonçalves	11	Inf B	216683	CPCD	4:05.00			4:05.00
27	Lucie Chambat	11	Inf B	215453	CNN	4:05.00			4:05.00
28	Carlota Maria Macedo	11	Inf B	215449	CNN	4:05.00			4:05.00
29	Francisca Cunha Monteiro	11	Inf B	216298	CNN	4:05.00			4:05.00
30	Carlota Costa Silva	11	Inf B	216526	CNCVG	4:05.00			4:05.00
31	Carmo Rosa Madeira	11	Inf B	213994	CIRL	4:05.00			4:05.00
32	Nicole Oliveira Bispo	11	Inf B	215106	FS	4:05.00			4:05.00
33	Carlota Madeira Carvalho	11	Inf B	276915470	SAD	4:05.00			4:05.00
34	Maria Madeira Carvalho	11	Inf B	276915631	SAD	4:05.00			4:05.00
35	Rita Alves Castro	11	Inf B	215004	SAD	4:05.00			4:05.00
36	Mafalda Nunes Fraga	11	Inf B	277260060	SAD	4:05.00			4:05.00
37	Maria Lucas Pedro	11	Inf B	278419429	SAD	4:05.00			4:05.00
38	Catarina Ribeiro Fernandez	11	Inf B		GESL	4:05.00			4:05.00
39	Matilde Bento Pereira	11	Inf B	215052	GESL	4:05.00			4:05.00

Prova 3
Masc., 200m Estilos
Infantis

05.11.2022

Lista inscritos

Rec Regional Inf A	2:16.29	Joao Alexandre Vital	ADRCIMM	Algés	2012
Rec Regional Inf B	2:22.40	Pedro Fontoura Oliveira	CFB		2003
Rec Regional Absoluto	1:54.71	Alexis Manacas Santos	SCP	Hangzhou (CHN)	2018
Rec Nacional Inf A	2:13.38	Tomas Miguel Freitas	CDN	Funchal	2004
Rec Nacional Inf B	2:17.96	Andre Vilas Ruivo	DNMG	Nazaré	2013
Rec Nacional Absoluto	1:53.45	Diogo Filipe Carvalho	CGA	Netanya (ISR)	2015

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
1	Xavier Rosa Madeira	09	Inf A	212301	CIRL	2:39.51 L	23.07.2022	Famalicao (POR)	2:36.32
2	Paulo Junio Fernandes	09	Inf A	212754	SAD	2:40.03 L	23.07.2022	Famalicao (POR)	2:36.82
3	Miguel Loucao Caxaria	09	Inf A	205908	CNMJ	2:42.16 L	23.07.2022	Famalicao (POR)	2:38.91
4	Guilherme Oliveira Rizzon	09	Inf A	214294	GESL	2:44.20 L	23.07.2022	Famalicao (POR)	2:40.91
5	Bernardo Afonso Guedelha	09	Inf A	208760	SLB	2:44.96 L	23.07.2022	Famalicao (POR)	2:41.66
6	Tiago Trindade Manuel	09	Inf A	205937	PDEM	2:45.37 L	14.05.2022	Vila Franca de Xira (POR)	2:42.06
7	Xavier Jesus Valente	09	Inf A	206889	CNCVG	2:45.54 L	23.07.2022	Famalicao (POR)	2:42.22
8	Francisco Nunes Roque	09	Inf A	208764	SLB	2:47.04 L	23.07.2022	Famalicao (POR)	2:43.69
9	Vasco Alexandre Martins	09	Inf A	209406	ADRCIMM	2:47.52 L	23.07.2022	Famalicao (POR)	2:44.17
10	Rodrigo Duarte Narigueta	09	Inf A	208395	PDEM	2:44.80 S	26.03.2022	Manique (POR)	2:44.80

Prova 3, Masc., 200m Estilos

11	Rafael Lin Moniz	09	Inf A	210337	CNS	2:49.83 L	23.07.2022	Famalicao (POR)	2:46.43
12	Afonso Miguel Amaro	09	Inf A	216575	CFB	2:50.39 L	23.07.2022	Famalicao (POR)	2:46.98
13	Afonso Carvalho Fonseca	09	Inf A	207360	GESL	2:47.46 S	26.03.2022	Manique (POR)	2:47.46
14	Martim Chambel Pinto	09	Inf A	208969	ADRCIMM	2:51.29 L	23.07.2022	Famalicao (POR)	2:47.86
15	Miguel Bera Fonseca	09	Inf A	214925	SLB	2:51.33 L	23.07.2022	Famalicao (POR)	2:47.90
16	Miguel Ratinho Rocha	09	Inf A	214840	CNS	2:51.73 L	23.07.2022	Famalicao (POR)	2:48.29
17	Miguel Filipe Medronheira	09	Inf A	213074	PDEM	2:53.81 L	10.07.2022	Setubal (POR)	2:50.33
18	Rodrigo Arga Paiva	09	Inf A	211571	GESL	2:54.97 L	23.07.2022	Famalicao (POR)	2:51.47
19	David Emanuel Tome	09	Inf A	211569	GESL	2:55.75 L	23.07.2022	Famalicao (POR)	2:52.23
20	Afonso Cunha Amaral	09	Inf A	212745	SAD	2:55.97 L	10.07.2022	Setubal (POR)	2:52.45
21	Joao Pedro Sousa	09	Inf A	208753	GESL	2:56.27 L	23.07.2022	Famalicao (POR)	2:52.74
22	Rui Melo Pereira	09	Inf A	211470	SLB	2:58.03 L	23.07.2022	Famalicao (POR)	2:54.46
23	Francisco Gabriel Freitas	09	Inf A	214293	GESL	2:58.82 L	23.07.2022	Famalicao (POR)	2:55.24
24	Tomas Pires Oliveira	09	Inf A	208281	ADRCIMM	3:01.87 L	10.07.2022	Setubal (POR)	2:58.23
25	Santiago Castanheira Martins	09	Inf A	211454	CPCD	3:04.23 L	23.07.2022	Famalicao (POR)	3:00.54
26	Gustavo Branco Silva	09	Inf A	211563	GESL	3:05.67 L	23.07.2022	Famalicao (POR)	3:01.95
27	Joao Pedro Lopes	09	Inf A	208183	SFUAP	3:07.89 L	10.07.2022	Setubal (POR)	3:04.13
28	Afonso Santos Carromeu	09	Inf A	210969	CNS	3:12.01 S	06.03.2022	Alges (POR)	3:12.01
29	Diogo Soares Marques	09	Inf A	212752	SAD	3:28.01 S			3:28.01
30	Rafael Semedo Marques	09	Inf A	208162	CPCD	3:45.22 S	21.05.2022	Leiria (POR)	3:45.22
31	Rodrigo Mestrinho Ferreira	09	Inf A	212309	GESL	3:47.36 S	01.11.2021	Sto Ant.Cavaleiros (POR)	3:47.36
32	Francisco Lourenco Batista	09	Inf A	215327	AEFDTV	3:50.00			3:50.00
33	Tiago Rafael Ferreira	09	Inf A		AEFDTV	3:50.00			3:50.00
34	Guilherme Alexandre Marques	09	Inf A	207186	CPCD	3:50.00			3:50.00
35	Duarte Afonso Leite	09	Inf A	215645	CIRL	3:50.00			3:50.00
36	Henrique Mahle Bernardino	09	Inf A	213854	FS	3:50.00			3:50.00
37	Bernardo Miguel Oliveira	09	Inf A	211214	FS	3:50.00			3:50.00
38	Angelo Carvalho Interlandi	09	Inf A	216011	SAD	3:50.00			3:50.00
39	Lourenco Marques Sebastiao	09	Inf A	214627	PDEM	3:50.00			3:50.00
40	Pedro Miguel Torres	09	Inf A	211182	SFUAP	3:50.00			3:50.00

Infantis B

1	Renato Ferreira Mimoso	10	Inf B	211467	SLB	2:48.23 S	04.06.2022	Manique (POR)	2:48.23
2	Guilherme Costa Alves	10	Inf B	211466	SLB	3:02.62 S	16.07.2022	Santa Iria de Azoia (POR)	3:02.62
3	Martim Federico Marques	10	Inf B	210909	CPCD	3:02.71 S	20.03.2022	Cova da Piedade (POR)	3:02.71
4	Francisco Reis Pinto	10	Inf B	211472	SAD	3:03.28 S	16.07.2022	Santa Iria de Azoia (POR)	3:03.28
5	Afonso Daniel Carvalhas	10	Inf B	211003	AONDA	3:04.87 S	16.07.2022	Santa Iria de Azoia (POR)	3:04.87
6	Rafael Carreiras Marques	10	Inf B	211192	GESL	3:05.49 S	20.03.2022	Cova da Piedade (POR)	3:05.49
7	Joao Francisco Ferreira	10	Inf B	213855	FS	3:07.09 S	04.06.2022	Manique (POR)	3:07.09
8	Tiago Moreira Almeida	10	Inf B	211221	FS	3:08.34 S	16.07.2022	Santa Iria de Azoia (POR)	3:08.34
9	Manuel Maria Santos	10	Inf B	212055	ADRCIMM	3:09.56 S	16.07.2022	Santa Iria de Azoia (POR)	3:09.56
10	Andre Huang	10	Inf B	214292	GESL	3:09.68 S	16.07.2022	Santa Iria de Azoia (POR)	3:09.68
11	Diogo Rodrigues Sousa	10	Inf B	214212	SAD	3:10.58 S	04.06.2022	Manique (POR)	3:10.58
12	Tiago Neres Santo	10	Inf B	209344	SAD	3:12.37 S	04.06.2022	Manique (POR)	3:12.37
13	Dinis Costa Vale	10	Inf B	210981	PDEM	3:14.11 S	04.06.2022	Manique (POR)	3:14.11
14	Antonio Carimbo Godinho	10	Inf B	207118	AEFDTV	3:14.12 S	20.03.2022	Cova da Piedade (POR)	3:14.12
15	Martim Goncalves Lopes	10	Inf B	211191	GESL	3:15.29 S	16.07.2022	Santa Iria de Azoia (POR)	3:15.29
16	Tomas Rodrigues Oliveira	10	Inf B	215331	AEFDTV	3:16.18 S	16.07.2022	Santa Iria de Azoia (POR)	3:16.18
17	Igor Antoni Pajak	10	Inf B	211555	CFB	3:17.41 S	20.03.2022	Cova da Piedade (POR)	3:17.41
18	Tomas Maria Horta	10	Inf B	214016	GESL	3:18.46 S	16.07.2022	Santa Iria de Azoia (POR)	3:18.46
19	Miguel Belo Santos	10	Inf B	110163	SAD	3:19.34 S	16.07.2022	Santa Iria de Azoia (POR)	3:19.34
20	Diogo Alves Castro	10	Inf B	214993	SAD	3:19.54 S	16.07.2022	Santa Iria de Azoia (POR)	3:19.54
21	Henrique Matos Sebroza	10	Inf B	216098	GESL	3:20.08 S	08.05.2022	Sto Ant. Cavaleiros (POR)	3:20.08
22	Calvin Brancourt	10	Inf B	214010	GESL	3:22.03 S	16.07.2022	Santa Iria de Azoia (POR)	3:22.03
23	Joao Baixinho Roxo	10	Inf B	210602	SFUAP	3:24.84 S	20.03.2022	Cova da Piedade (POR)	3:24.84
24	Martim Marino Brilha	10	Inf B	216537	VKGS	3:26.09 S	16.07.2022	Santa Iria de Azoia (POR)	3:26.09
25	Joao Rafael Mendes	10	Inf B	211473	SLB	3:29.43 S	04.06.2022	Manique (POR)	3:29.43
26	Francisco Fernandes Silva	10	Inf B	214774	CNS	3:34.07 S	16.07.2022	Santa Iria de Azoia (POR)	3:34.07
27	Tomas Maria Gonçalves	10	Inf B	215006	SAD	3:36.84 S	04.06.2022	Manique (POR)	3:36.84
28	David Alves Farinha	10	Inf B	214842	CNS	3:38.17 S	16.07.2022	Santa Iria de Azoia (POR)	3:38.17
29	Martim Alves Dias	10	Inf B	214871	CNS	3:40.06 S	16.07.2022	Santa Iria de Azoia (POR)	3:40.06
30	Henrique Rodrigues Carvalho	10	Inf B	216361	ADRCIMM	4:00.00			4:00.00
31	Goncalo Tapadas Marques	10	Inf B	216360	ADRCIMM	4:00.00			4:00.00
32	Guilherme Valente Pereira	10	Inf B	212288	ADRCIMM	4:00.00			4:00.00
33	Jose Luis Assuncao	10	Inf B	215444	AHBE	4:00.00			4:00.00
34	Dinis Miléu Oliveira	10	Inf B	211004	AONDA	4:00.00			4:00.00
35	Martim Silva Gomes	10	Inf B		AEFDTV	4:00.00			4:00.00
36	Andrey Ponomarov	10	Inf B	217159	COL	4:00.00			4:00.00
37	Dinis Ravi Dinechandra	10	Inf B	213852	FS	4:00.00			4:00.00
38	Andre Almeida Ribeiro	10	Inf B	210967	SFUAP	4:00.00			4:00.00

Prova 4
05.11.2022

Femin., 100m Mariposa

Infantis B
Lista inscritos

Rec Regional	1:08.07	Isadora Maia Andre	SFUAP	Pinhal Novo	2017
Rec Regional Absoluto	59.45	Ines Camacho Fernandes	SCP	Porto	2017
Rec Nacional	1:06.85	Carolina Miranda Fernandes	CGA	Mealhada	2017
Rec Nacional Absoluto	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	2010

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis B									
1	Ana Filipa Serra	11	Inf B	211617	CPCD	1:36.21 S	20.03.2022	Cova da Piedade (POR)	1:36.21
2	Raquel Silva Delgado	11	Inf B	215458	PDEM	1:37.66 S	04.06.2022	Manique (POR)	1:37.66
3	Ines Gameiro Mendes	11	Inf B	216314	ADRCIMM	1:42.12 S	04.06.2022	Manique (POR)	1:42.12
4	Leticia Coelho Silva	11	Inf B	216536	VKGS	1:59.37 S	17.07.2022	Santa Iria de Azoia (POR)	1:59.37
5	Eva Alves Santos	11	Inf B	216358	ADRCIMM	2:00.00			2:00.00

Prova 5
05.11.2022

Femin., 200m Mariposa

Infantis A
Lista inscritos

Rec Regional	2:27.84	Ana Francisco	SFUAP		1993
Rec Regional Absoluto	2:10.14	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017
Rec Nacional	2:25.40	Raquel Maria Felgueiras	SCB		1993
Rec Nacional Absoluto	2:05.74	Ana Catarina Monteiro	CFV	Hangzhou (CHN)	2018

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Rita Rocha Ferreira	10	Inf A	211468	SLB	3:20.81 L	10.07.2022	Setubal (POR)	3:14.78
2	Mariana Varela Costa	10	Inf A	208738	CNN	3:23.06 L	18.06.2022	Rio Maior (POR)	3:16.96
3	Maria Madalena Fernandes	10	Inf A	212757	SAD	3:22.43 S	06.03.2022	Alges (POR)	3:22.43
4	Ana Filipa Santo	10	Inf A	209225	CPCD	3:25.00			3:25.00
5	Maria Barafusta Afonso	10	Inf A	215099	CNS	3:25.00			3:25.00
6	Victoria Sales Proenca	10	Inf A	211478	SLB	3:25.00			3:25.00
7	Maria Rita Filipe	10	Inf A	211565	GESL	3:25.00			3:25.00

Prova 6
05.11.2022

Masc., 200m Costas

Infantis
Lista inscritos

Rec Regional Inf A	2:09.17	Joao Alexandre Vital	ADRCIMM	Algés	2012
Rec Regional Inf B	2:19.41	Pedro Fontoura Oliveira	CFB	Reboleira	2003
Rec Regional Absoluto	1:54.78	Pedro Diogo Oliveira	ESJB	Porto	2015
Rec Nacional Inf A	2:09.17	Joao Alexandre Vital	ADRCIMM	Algés	2012
Rec Nacional Inf B	2:15.27	Andre Vilas Ruivo	DNMG	S. António Cavaleiros	2013
Rec Nacional Absoluto	1:52.66	Gabriel Jose Lopes	ALN	Hangzhou (CHN)	2018

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Tiago Trindade Manuel	09	Inf A	205937	PDEM	2:41.44 S	06.03.2022	Alges (POR)	2:41.44
2	Rafael Lin Moniz	09	Inf A	210337	CNS	2:41.90 S	16.06.2022	Alges (POR)	2:41.90
3	Pedro Guedes Caldas	09	Inf A	205652	SLB	2:44.50 S	20.02.2022	Manique (POR)	2:44.50
4	Pedro Miguel Silva	09	Inf A	212760	AONDA	2:49.32 L	23.07.2022	Famalicao (POR)	2:45.93
5	Xavier Rosa Madeira	09	Inf A	212301	CIRL	2:47.78 S	20.02.2022	Lisboa (POR)	2:47.78
6	Miguel Filipe Medronheira	09	Inf A	213074	PDEM	2:53.54 L	23.07.2022	Famalicao (POR)	2:50.06
7	Rui Melo Pereira	09	Inf A	211470	SLB	2:54.73 L	23.07.2022	Famalicao (POR)	2:51.23
8	Xavier Jesus Valente	09	Inf A	206889	CNCVVG	2:51.28 S	01.12.2021	Lisboa (POR)	2:51.28
9	Santiago Castanheira Martins	09	Inf A	211454	CPCD	2:52.07 S	20.02.2022	Lisboa (POR)	2:52.07
10	Joao Pedro Lopes	09	Inf A	208183	SFUAP	3:00.53 L	10.07.2022	Setubal (POR)	2:56.91
11	Afonso Santos Carromeu	09	Inf A	210969	CNS	3:03.74 L	10.07.2022	Setubal (POR)	3:00.06
12	Martim Abalada Vilaça	09	Inf A	205383	AONDA	3:08.88 S	20.02.2022	Lisboa (POR)	3:08.88
13	Tomas Rosa Nabais	09	Inf A		AHBE	3:10.00			3:10.00
14	André Raposo Pinheiro	09	Inf A	208650	AONDA	3:10.00			3:10.00

Prova 6, Masc., 200m Costas

15	Daniel Rodrigo Reis	09	Inf A	214625	AONDA	3:10.00	3:10.00
16	Gabriel Campos Ricardo	09	Inf A	214721	AONDA	3:10.00	3:10.00
17	Afonso Miguel Amaro	09	Inf A	216575	CFB	3:10.00	3:10.00
18	Gustavo Branco Silva	09	Inf A	211563	GESL	3:10.00	3:10.00

Infantis B

1	Alexandre Miguel Pereira	10	Inf B		ADRCIMM	3:25.00	3:25.00
2	Gonçalo Soares Brito	10	Inf B	211451	AHBE	3:25.00	3:25.00
3	Dinis Mil�eu Oliveira	10	Inf B	211004	AONDA	3:25.00	3:25.00
4	Afonso Daniel Carvalhas	10	Inf B	211003	AONDA	3:25.00	3:25.00
5	Salvador Peixoto Correia	10	Inf B	214620	AONDA	3:25.00	3:25.00
6	Tome Paiva Teixeira	10	Inf B	214619	AONDA	3:25.00	3:25.00
7	Tomas Miguel Oliveira	10	Inf B	211010	AONDA	3:25.00	3:25.00
8	Daniel Isaac Cunha	10	Inf B	215450	CNN	3:25.00	3:25.00
9	Pedro Luca Duarte	10	Inf B	211256	CNN	3:25.00	3:25.00
10	Martim Alves Dias	10	Inf B	214871	CNS	3:25.00	3:25.00
11	Tiago Moreira Almeida	10	Inf B	211221	FS	3:25.00	3:25.00
12	Joao Francisco Ferreira	10	Inf B	213855	FS	3:25.00	3:25.00
13	Guilherme Costa Alves	10	Inf B	211466	SLB	3:25.00	3:25.00
14	Joao Rafael Mendes	10	Inf B	211473	SLB	3:25.00	3:25.00
15	Renato Ferreira Mimoso	10	Inf B	211467	SLB	3:25.00	3:25.00
16	Andre Huang	10	Inf B	214292	GESL	3:25.00	3:25.00
17	Andre Almeida Ribeiro	10	Inf B	210967	SFUAP	3:25.00	3:25.00
18	Joao Baixinho Roxo	10	Inf B	210602	SFUAP	3:25.00	3:25.00
19	Diogo Gonçaves Pires	10	Inf B	217278	VKGS	3:25.00	3:25.00

Prova 7
Femin., 200m Bruços
Infantis

05.11.2022

Lista inscritos

Rec Regional Inf A	2:36.86	Clara Gomes Pereira	SAD	Alg�es	2015
Rec Regional Inf B	2:45.30	Clara Gomes Pereira	SAD	Alg�es	2014
Rec Regional Absoluto	2:22.12	Raquel Gomes Pereira	SAD	Alg�es	2019
Rec Nacional Inf A	2:36.86	Clara Gomes Pereira	SAD	Alg�es	2015
Rec Nacional Inf B	2:45.30	Clara Gomes Pereira	SAD	Alg�es	2014
Rec Nacional Absoluto	2:22.12	Raquel Gomes Pereira	SAD	Alg�es	2019

Convers o tempo inscriç o: Convers o linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Maria Perico Fernandes	10	Inf A	207763	AONDA	3:15.26 L	23.07.2022	Famalicao (POR)	3:09.40
2	Jessica Bernardino Lopes	10	Inf A	212317	AEFDTV	3:16.70 L	23.07.2022	Famalicao (POR)	3:10.79
3	Maria Duarte Carvalho	10	Inf A	211475	SLB	3:16.79 L	23.07.2022	Famalicao (POR)	3:10.88
4	Rita Canas Brito	10	Inf A	210978	CNS	3:18.43 L	18.06.2022	Rio Maior (POR)	3:12.47
5	Rita Mota Silva	10	Inf A	208180	PDEM	3:26.23 L	10.07.2022	Setubal (POR)	3:20.04
6	Alicia Del Rio Bernat	10	Inf A	212723	SAD	3:26.97 L	10.07.2022	Setubal (POR)	3:20.76
7	Luisa Anjos Frischknecht	10	Inf A	210973	CNS	3:34.81 L	23.07.2022	Famalicao (POR)	3:28.36
8	Beatriz Paiva Branco	10	Inf A	213992	CIRL	3:30.57 S	25.04.2022	Sines (POR)	3:30.57
9	Catarina Nobre Pardelha	10	Inf A	212287	ADRCIMM	3:40.10 L	18.06.2022	Rio Maior (POR)	3:33.49
10	Dulce Lourenço Freitas	10	Inf A	210910	COL	3:39.79 S	20.02.2022	Manique (POR)	3:39.79
11	Rafaela Sofia Silva	10	Inf A	211453	CPCD	3:51.71 S	20.02.2022	Lisboa (POR)	3:51.71
12	Mariana Chaves Sim�es	10	Inf A	211219	FS	3:52.12 S	20.02.2022	Manique (POR)	3:52.12
13	Margarida Escalera Semedo	10	Inf A	212762	ADST	3:53.05 S	25.04.2022	Sines (POR)	3:53.05
14	Francisca Maria Esteves	10	Inf A	209046	CNCVG	3:58.02 S	20.02.2022	Manique (POR)	3:58.02
15	Maria Santos Noronha	10	Inf A	211621	CPCD	4:00.00			4:00.00
16	Joana Alexandra Silva	10	Inf A	207187	CPCD	4:00.00			4:00.00
17	Madalena Alexandra Fernandes	10	Inf A	212768	CNN	4:00.00			4:00.00
18	Sofia Vacula	10	Inf A	210980	CNS	4:00.00			4:00.00
19	Matilde Nogueira Tavares	10	Inf A	210977	CNS	4:00.00			4:00.00
20	Isabella Matilde Furlan	10	Inf A		CNCVG	4:00.00			4:00.00
21	Alicia Rajpara Ferreira	10	Inf A		GESL	4:00.00			4:00.00
22	Beatriz Carneiro Pereira	10	Inf A	214880	FS	4:34.31 S	20.02.2022	Manique (POR)	4:34.31

Prova 7, Femin., 200m Bruços

Infantis B

1	Laura Aguiar Bergamo	11	Inf B	212829	SAD	3:34.68	L	17.06.2022	Treviso (ITA)	3:28.24
2	Madalena Catroga Marques	11	Inf B	216270	ADRCIMM	4:35.00				4:35.00
3	Ines Silva Paiva	11	Inf B	216507	ADRCIMM	4:35.00				4:35.00
4	Ines Maria Roxo	11	Inf B	216900	ADRCIMM	4:35.00				4:35.00
5	Maria Fátima Pagani	11	Inf B	215643	AHBE	4:35.00				4:35.00
6	Fernanda Souza Macedo	11	Inf B	215451	AHBE	4:35.00				4:35.00
7	Maria Leonor Estanislau	11	Inf B	215482	AONDA	4:35.00				4:35.00
8	Sara Carvalho Rocha	11	Inf B	217173	CPCD	4:35.00				4:35.00
9	Carolina Mendes Gonçalves	11	Inf B	216683	CPCD	4:35.00				4:35.00
10	Lucie Chambat	11	Inf B	215453	CNN	4:35.00				4:35.00
11	Carlota Maria Macedo	11	Inf B	215449	CNN	4:35.00				4:35.00
12	Francisca Cunha Monteiro	11	Inf B	216298	CNN	4:35.00				4:35.00
13	Leonor Travessa Parrulas	11	Inf B	215485	CNS	4:35.00				4:35.00
14	Nicole Oliveira Bispo	11	Inf B	215106	FS	4:35.00				4:35.00
15	Maria Leonor Gouveia	11	Inf B	216090	FS	4:35.00				4:35.00
16	Francisca Meneses Goncalves	11	Inf B	214017	GESL	4:35.00				4:35.00
17	Leonor Areias Martins	11	Inf B	211190	GESL	4:35.00				4:35.00
18	Matilde Bento Pereira	11	Inf B	215052	GESL	4:35.00				4:35.00
19	Konstansa Georgieva Ivanova	11	Inf B	215739	PDEM	4:35.00				4:35.00
20	Rafaela Marreiros Oliveira	11	Inf B	215651	PDEM	4:35.00				4:35.00
21	Vitoria Alves Penedo	11	Inf B	215457	PDEM	4:35.00				4:35.00

2 - 2ª Jornada
06.11.2022 - 16:00
Prova 8 **Femin., 4 x 100m Estilos** **Infantis**
06.11.2022 **Lista inscritos**

Rec Nacional Inf A	4:40.29	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Viseu	2011
Rec Nacional Inf B	4:57.35	Grupo Desp. Natacao V. N. Famalicao	GDNVNF	Ponte da Barca	2010
Rec Nacional Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	2009

Ord.	Categ.	NºLic.	Clube	Tempo Inscr.
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Infantis B

1	Colegio Int Monte Maior 1	Inf B	Colegio Int Monte Maior	6:55.00
2	Gesloures 1	Inf B	Gesloures	6:56.28

Infantis A

1	Naval Setubalense 1	Inf A	Naval Setubalense	6:30.00
RJC	Nacional Nataçao 1	???	Nacional Nataçao	6:39.49
RJC	Bombeiros dos Estoris 1	???	Bombeiros dos Estoris	NT

Prova 9 **Masc., 200m Livres** **Infantis**
06.11.2022 **Lista inscritos**

Rec Regional Inf A	1:58.99	Pedro Fontoura Oliveira	CFB		2004
Rec Regional Inf B	2:04.75	Joao Magalhaes Nunes	CNA	Algés	2012
Rec Regional Absoluto	1:43.16	Miguel Duarte Nascimento	SLB	Hangzhou (CHN)	2018
Rec Nacional Inf A	1:58.99	Pedro Fontoura Oliveira	CFB	Cova da Piedade	2004
Rec Nacional Inf B	2:04.75	Joao Magalhaes Nunes	CNA	Algés	2012
Rec Nacional Absoluto	1:43.16	Miguel Duarte Nascimento	SLB	Hangzhou (CHN)	2018

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
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Infantis A

1	Xavier Rosa Madeira	09	Inf A	212301	CIRL	2:16.62 L	24.07.2022	Famalicao (POR)	2:13.88
2	Xavier Jesus Valente	09	Inf A	206889	CNCVG	2:23.84 L	10.07.2022	Setubal (POR)	2:20.96
3	Daniel Rodrigo Reis	09	Inf A	214625	AONDA	2:25.08 L	24.07.2022	Famalicao (POR)	2:22.17
4	Bernardo Afonso Guedelha	09	Inf A	208760	SLB	2:25.64 L	10.07.2022	Setubal (POR)	2:22.72
5	Pedro Guedes Caldas	09	Inf A	205652	SLB	2:26.27 L	24.07.2022	Famalicao (POR)	2:23.34
6	Martim Chambel Pinto	09	Inf A	208969	ADRCIMM	2:27.54 L	10.07.2022	Setubal (POR)	2:24.58
7	Vasco Alexandre Martins	09	Inf A	209406	ADRCIMM	2:28.02 L	24.07.2022	Famalicao (POR)	2:25.06
8	Miguel Loucao Caxaria	09	Inf A	205908	CNMJ	2:28.06 L	10.07.2022	Setubal (POR)	2:25.09
9	Rafael Lin Moniz	09	Inf A	210337	CNS	2:28.98 L	10.07.2022	Setubal (POR)	2:26.00
10	Miguel Ratinho Rocha	09	Inf A	214840	CNS	2:29.53 L	10.07.2022	Setubal (POR)	2:26.53
11	André Raposo Pinheiro	09	Inf A	208650	AONDA	2:33.39 L	24.07.2022	Famalicao (POR)	2:30.32
12	Afonso Carvalho Fonseca	09	Inf A	207360	GESL	2:33.99 L	24.07.2022	Famalicao (POR)	2:30.91
13	Afonso Cunha Amaral	09	Inf A	212745	SAD	2:34.04 L	10.07.2022	Setubal (POR)	2:30.95
14	Miguel Bera Fonseca	09	Inf A	214925	SLB	2:31.66 S	06.03.2022	Alges (POR)	2:31.66
15	Miguel Filipe Medronheira	09	Inf A	213074	PDEM	2:34.78 L	10.07.2022	Setubal (POR)	2:31.68
16	Tiago Trindade Manuel	09	Inf A	205937	PDEM	2:32.09 S	20.02.2022	Lisboa (POR)	2:32.09
17	Francisco Nunes Roque	09	Inf A	208764	SLB	2:32.75 S	20.02.2022	Manique (POR)	2:32.75
18	Gustavo Branco Silva	09	Inf A	211563	GESL	2:36.41 L	24.07.2022	Famalicao (POR)	2:33.28
19	Tomas Pires Oliveira	09	Inf A	208281	ADRCIMM	2:38.16 L	10.07.2022	Setubal (POR)	2:34.99
20	Guilherme Alexandre Marques	09	Inf A	207186	CPCD	2:40.06 L	10.07.2022	Setubal (POR)	2:36.85
21	Santiago Castanheira Martins	09	Inf A	211454	CPCD	2:38.51 S	21.05.2022	Leiria (POR)	2:38.51
22	Pedro Miguel Silva	09	Inf A	212760	AONDA	2:39.31 S	01.12.2021	Setubal (POR)	2:39.31
23	Martim Abalada Vilaça	09	Inf A	205383	AONDA	2:43.66 L	18.06.2022	Rio Maior (POR)	2:40.38
24	Afonso Miguel Amaro	09	Inf A	216575	CFB	2:46.07 L	24.07.2022	Famalicao (POR)	2:42.74
25	Duarte Afonso Leite	09	Inf A	215645	CIRL	2:43.30 S	16.06.2022	Alges (POR)	2:43.30
26	Joao Pedro Lopes	09	Inf A	208183	SFUAP	2:46.73 L	10.07.2022	Setubal (POR)	2:43.39
27	Rui Melo Pereira	09	Inf A	211470	SLB	2:48.06 L	09.07.2022	Setubal (POR)	2:44.69
28	Afonso Santos Carromeu	09	Inf A	210969	CNS	2:50.94 S	16.06.2022	Alges (POR)	2:50.94
29	Rodrigo Mestrinho Ferreira	09	Inf A	212309	GESL	3:01.62 S	23.01.2022	Sto Ant.Cavaleiros (POR)	3:01.62

Prova 9, Masc., 200m Livres

30	Francisco Sousa Lucas	09	Inf A		AHBE	3:30.00				3:30.00
31	Tomas Rosa Nabais	09	Inf A		AHBE	3:30.00				3:30.00
32	Gabriel Campos Ricardo	09	Inf A	214721	AONDA	3:30.00				3:30.00
33	Tiago Rafael Ferreira	09	Inf A		AEFDTV	3:30.00				3:30.00
34	Rafael Semedo Marques	09	Inf A	208162	CPCD	3:30.00				3:30.00
35	Francisco Almeida Barros	09	Inf A		CFB	3:30.00				3:30.00
36	Dinis Guerreiro Monteiro	09	Inf A		CFB	3:30.00				3:30.00
37	Henrique Mahle Bernardino	09	Inf A	213854	FS	3:30.00				3:30.00
38	Bernardo Miguel Oliveira	09	Inf A	211214	FS	3:30.00				3:30.00
39	Angelo Carvalho Interlandi	09	Inf A	216011	SAD	3:30.00				3:30.00
40	Nuno Francisco Martins	09	Inf A	212759	SAD	3:30.00				3:30.00
41	Dario Andrade Cabral	09	Inf A	217263	PDEM	3:30.00				3:30.00
42	Lourenco Marques Sebastiao	09	Inf A	214627	PDEM	3:30.00				3:30.00
43	Goncalo Pereira Domingos	09	Inf A	208182	SFUAP	3:30.00				3:30.00
44	Pedro Miguel Torres	09	Inf A	211182	SFUAP	3:30.00				3:30.00
45	Francisco Lourenco Batista	09	Inf A	215327	AEFDTV	3:46.78 S	20.02.2022	Manique (POR)		3:46.78

Infantis B

1	Renato Ferreira Mimoso	10	Inf B	211467	SLB	2:36.32 S	17.07.2022	Santa Iria de Azoia (POR)		2:36.32
2	Guilherme Costa Alves	10	Inf B	211466	SLB	2:43.25 S	17.07.2022	Santa Iria de Azoia (POR)		2:43.25
3	Tomas Rodrigues Oliveira	10	Inf B	215331	AEFDTV	2:48.75 S	17.07.2022	Santa Iria de Azoia (POR)		2:48.75
4	Antonio Carimbo Godinho	10	Inf B	207118	AEFDTV	2:48.84 S	17.07.2022	Santa Iria de Azoia (POR)		2:48.84
5	Joao Francisco Ferreira	10	Inf B	213855	FS	2:51.90 S	17.07.2022	Santa Iria de Azoia (POR)		2:51.90
6	Manuel Maria Santos	10	Inf B	212055	ADRCIMM	2:55.69 S	20.03.2022	Cova da Piedade (POR)		2:55.69
7	Tiago Moreira Almeida	10	Inf B	211221	FS	2:56.03 S	17.07.2022	Santa Iria de Azoia (POR)		2:56.03
8	Gonçalo Soares Brito	10	Inf B	211451	AHBE	2:57.52 S	17.07.2022	Santa Iria de Azoia (POR)		2:57.52
9	Tiago Neres Santo	10	Inf B	209344	SAD	3:01.55 S	17.07.2022	Santa Iria de Azoia (POR)		3:01.55
10	Goncalo Tapadas Marques	10	Inf B	216360	ADRCIMM	3:03.08 S	20.03.2022	Cova da Piedade (POR)		3:03.08
11	Igor Antoni Pajak	10	Inf B	211555	CFB	3:09.65 S	20.03.2022	Cova da Piedade (POR)		3:09.65
12	Miguel Belo Santos	10	Inf B	110163	SAD	3:14.06 S	28.05.2022	Alvalade (POR)		3:14.06
13	Calvin Brancourt	10	Inf B	214010	GESL	3:14.58 S	20.03.2022	Cova da Piedade (POR)		3:14.58
14	Diogo Alves Castro	10	Inf B	214993	SAD	3:14.78 S	20.03.2022	Cova da Piedade (POR)		3:14.78
15	Henrique Matos Sebroza	10	Inf B	216098	GESL	3:15.03 S	20.03.2022	Cova da Piedade (POR)		3:15.03
16	Dinis Costa Vale	10	Inf B	210981	PDEM	3:16.18 S	20.03.2022	Cova da Piedade (POR)		3:16.18
17	Joao Rafael Mendes	10	Inf B	211473	SLB	3:21.33 S	20.03.2022	Cova da Piedade (POR)		3:21.33
18	Martim Marino Brilha	10	Inf B	216537	VKGS	3:23.57 S	21.05.2022	Leiria (POR)		3:23.57
19	Francisco Fernandes Silva	10	Inf B	214774	CNS	3:28.56 S	28.05.2022	Alvalade (POR)		3:28.56
20	Henrique Rodrigues Carvalho	10	Inf B	216361	ADRCIMM	3:46.25 S	20.03.2022	Cova da Piedade (POR)		3:46.25
21	Martim Alves Dias	10	Inf B	214871	CNS	3:47.95 S	20.03.2022	Cova da Piedade (POR)		3:47.95
22	Jose Luis Assuncao	10	Inf B	215444	AHBE	3:50.00				3:50.00
23	Dinis Miléu Oliveira	10	Inf B	211004	AONDA	3:50.00				3:50.00
24	Afonso Daniel Carvalhas	10	Inf B	211003	AONDA	3:50.00				3:50.00
25	Salvador Peixito Correia	10	Inf B	214620	AONDA	3:50.00				3:50.00
26	Tome Paiva Teixeira	10	Inf B	214619	AONDA	3:50.00				3:50.00
27	Tomas Miguel Oliveira	10	Inf B	211010	AONDA	3:50.00				3:50.00
28	Martim Silva Gomes	10	Inf B		AEFDTV	3:50.00				3:50.00
29	Diogo Rijo Fernandes	10	Inf B	217240	CNMJ	3:50.00				3:50.00
30	Martim Federico Marques	10	Inf B	210909	CPCD	3:50.00				3:50.00
31	Daniel Isaac Cunha	10	Inf B	215450	CNN	3:50.00				3:50.00
32	Pedro Luca Duarte	10	Inf B	211256	CNN	3:50.00				3:50.00
33	David Alves Farinha	10	Inf B	214842	CNS	3:50.00				3:50.00
34	F. Antunes	10	Inf B	216519	CNCVG	3:50.00				3:50.00
35	Rafael Busca Lopes	10	Inf B	215647	CNCVG	3:50.00				3:50.00
36	Millier Gomes Lanes	10	Inf B	216518	CIRL	3:50.00				3:50.00
37	Nolan Marques Marcelino	10	Inf B	216517	CIRL	3:50.00				3:50.00
38	Rodrigo Nunes Correia	10	Inf B		FS	3:50.00				3:50.00
39	Dinis Ravi Dinechandra	10	Inf B	213852	FS	3:50.00				3:50.00
40	Andre Santos Fernandes	10	Inf B		FS	3:50.00				3:50.00
41	Andre Huang	10	Inf B	214292	GESL	3:50.00				3:50.00
42	Andre Almeida Ribeiro	10	Inf B	210967	SFUAP	3:50.00				3:50.00
43	Joao Baixinho Roxo	10	Inf B	210602	SFUAP	3:50.00	08.12.2021	Pinhal Novo (POR)		3:50.00
44	Diogo Gonçalves Pires	10	Inf B	217278	VKGS	3:50.00				3:50.00

Prova 10
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Femin., 200m Estilos

Infantis
Lista inscritos

Rec Regional Inf A	2:25.08	Ines Camacho Fernandes	SCP	Tavira	2010
Rec Regional Inf B	2:31.96	Susana Patricia Miguel	SFUAP		2002
Rec Regional Absoluto	2:12.08	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017
Rec Nacional Inf A	2:21.36	Carolina Miranda Fernandes	CGA	Felgueiras	2018
Rec Nacional Inf B	2:28.04	Carolina Miranda Fernandes	CGA	Mealhada	2017
Rec Nacional Absoluto	2:12.08	Victoria Kaminskaya	ESJB	Copenhagen (DEN)	2017

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Jessica Bernardino Lopes	10	Inf A	212317	AEFDTV	2:53.13 L	23.07.2022	Famalicao (POR)	2:49.66
2	Ana Nabais Mendes	10	Inf A	211556	CIRL	2:53.44 L	23.07.2022	Famalicao (POR)	2:49.97
3	Mariana Varela Costa	10	Inf A	208738	CNN	2:54.45 L	23.07.2022	Famalicao (POR)	2:50.96
4	Maria Perico Fernandes	10	Inf A	207763	AONDA	2:55.14 L	23.07.2022	Famalicao (POR)	2:51.63
5	Joana Alexandra Silva	10	Inf A	207187	CPCD	2:57.26 L	23.07.2022	Famalicao (POR)	2:53.71
6	Alicia Del Rio Bernat	10	Inf A	212723	SAD	3:00.45 L	23.07.2022	Famalicao (POR)	2:56.84
7	Carolina Escrevente Guerra	10	Inf A	212746	SAD	3:00.81 L	23.07.2022	Famalicao (POR)	2:57.19
8	Victoria Sales Proenca	10	Inf A	211478	SLB	3:02.48 L	10.07.2022	Setubal (POR)	2:58.83
9	Rita Mota Silva	10	Inf A	208180	PDEM	2:59.84 S	06.03.2022	Alges (POR)	2:59.84
10	Maria Inês Fryxell	10	Inf A	205333	AONDA	3:03.75 L	23.07.2022	Famalicao (POR)	3:00.07
11	Maria Duarte Carvalho	10	Inf A	211475	SLB	3:04.68 L	23.07.2022	Famalicao (POR)	3:00.98
12	Rafaella Sofia Silva	10	Inf A	211453	CPCD	3:04.72 L	23.07.2022	Famalicao (POR)	3:01.02
13	Rita Rocha Ferreira	10	Inf A	211468	SLB	3:01.94 S	26.03.2022	Manique (POR)	3:01.94
14	Maria Rita Filipe	10	Inf A	211565	GESL	3:06.20 L	23.07.2022	Famalicao (POR)	3:02.47
15	Luísa Anjos Frischknecht	10	Inf A	210973	CNS	3:06.80 L	23.07.2022	Famalicao (POR)	3:03.06
16	Luana Raquel Monteiro	10	Inf A	210983	PDEM	3:07.46 L	23.07.2022	Famalicao (POR)	3:03.71
17	Maria Madalena Fernandes	10	Inf A	212757	SAD	3:08.83 L	23.07.2022	Famalicao (POR)	3:05.05
18	Maria Barafusta Afonso	10	Inf A	215099	CNS	3:10.11 L	10.07.2022	Setubal (POR)	3:06.30
19	Beatriz Paiva Branco	10	Inf A	213992	CIRL	3:10.55 L	23.07.2022	Famalicao (POR)	3:06.73
20	Madalena Pereira Arede	10	Inf A	211253	CNN	3:11.06 L	23.07.2022	Famalicao (POR)	3:07.23
21	Ana Filipa Santo	10	Inf A	209225	CPCD	3:08.03 S	06.03.2022	Alges (POR)	3:08.03
22	Beatriz Nunes Leao	10	Inf A	213997	CIRL	3:12.60 S	25.04.2022	Sines (POR)	3:12.60
23	Petra Nogueira Almeida	10	Inf A	212880	FS	3:41.75 S	06.11.2021	Manique (POR)	3:41.75
24	Catarina Nobre Pardelha	10	Inf A	212287	ADRCIMM	3:45.00			3:45.00
25	Maria Francisca Moreira	10	Inf A	210607	AHBE	3:45.00			3:45.00
26	Maria Santos Noronha	10	Inf A	211621	CPCD	3:45.00			3:45.00
27	Lara Henriques Santos	10	Inf A	217181	CPCD	3:45.00			3:45.00
28	Matilde Nogueira Tavares	10	Inf A	210977	CNS	3:45.00			3:45.00
29	Mariana Chaves Simões	10	Inf A	211219	FS	3:45.00			3:45.00
30	Alicia Rajpara Ferreira	10	Inf A		GESL	3:45.00			3:45.00
31	Tatiana Filipa Almeida	10	Inf A	210985	PDEM	3:45.00			3:45.00
32	Núria Cristina Pires	10	Inf A	216865	VKGS	4:01.32 L	10.07.2022	Setubal (POR)	3:56.49
33	Carolina Sousa Guimaraes	10	Inf A	214881	FS	4:01.57 S	06.11.2021	Manique (POR)	4:01.57

Infantis B

1	Sara Silva Campos	11	Inf B	213995	CIRL	3:10.40 S	17.07.2022	Santa Iria de Azoia (POR)	3:10.40
2	Maria Rendeiro Correia	11	Inf B	214922	SAD	3:12.35 S	17.07.2022	Santa Iria de Azoia (POR)	3:12.35
3	Francisca Meneses Goncalves	11	Inf B	214017	GESL	3:12.59 S	17.07.2022	Santa Iria de Azoia (POR)	3:12.59
4	Raquel Silva Delgado	11	Inf B	215458	PDEM	3:18.59 S	05.06.2022	Manique (POR)	3:18.59
5	Matilde Bento Pereira	11	Inf B	215052	GESL	3:18.87 S	17.07.2022	Santa Iria de Azoia (POR)	3:18.87
6	Laura Aguiar Bergamo	11	Inf B	212829	SAD	3:19.03 S	17.07.2022	Santa Iria de Azoia (POR)	3:19.03
7	Diana Silva Nunes	11	Inf B	216269	ADRCIMM	3:20.32 S	17.07.2022	Santa Iria de Azoia (POR)	3:20.32
8	Leonor Areias Martins	11	Inf B	211190	GESL	3:25.62 S	20.03.2022	Cova da Piedade (POR)	3:25.62
9	Vitoria Alves Penedo	11	Inf B	215457	PDEM	3:26.65 S	17.07.2022	Santa Iria de Azoia (POR)	3:26.65
10	Madalena Carreiro Rodrigues	11	Inf B	211474	SLB	3:28.96 S	17.07.2022	Santa Iria de Azoia (POR)	3:28.96
11	Rafaella Marreiros Oliveira	11	Inf B	215651	PDEM	3:37.82 S	20.03.2022	Cova da Piedade (POR)	3:37.82
12	Leonor Coelho Silva	11	Inf B	216534	VKGS	3:37.90 S	17.07.2022	Santa Iria de Azoia (POR)	3:37.90
13	Eva Alves Santos	11	Inf B	216358	ADRCIMM	3:40.09 S	17.07.2022	Santa Iria de Azoia (POR)	3:40.09
14	Rita Alves Castro	11	Inf B	215004	SAD	3:47.23 S	05.06.2022	Manique (POR)	3:47.23
15	Ines Freitas Abrantes	11	Inf B	216508	ADRCIMM	4:05.00			4:05.00
16	Madalena Ferreira Baldo	11	Inf B	216272	ADRCIMM	4:05.00			4:05.00
17	Madalena Correia Gomes	11	Inf B	216271	ADRCIMM	4:05.00			4:05.00
18	Madalena Catroga Marques	11	Inf B	216270	ADRCIMM	4:05.00			4:05.00
19	Ines Gameiro Mendes	11	Inf B	216314	ADRCIMM	4:05.00			4:05.00
20	Ines Silva Paiva	11	Inf B	216507	ADRCIMM	4:05.00			4:05.00
21	Ines Maria Roxo	11	Inf B	216900	ADRCIMM	4:05.00			4:05.00
22	Daniela Pereira Fernandes	11	Inf B	216291	CPCD	4:05.00			4:05.00

Prova 10, Femin., 200m Estilos

23	Ana Filipa Serra	11	Inf B	211617	CPCD	4:05.00			4:05.00
24	Carolina Mendes Gonçalves	11	Inf B	216683	CPCD	4:05.00			4:05.00
25	Leonor Travessa Parrulas	11	Inf B	215485	CNS	4:05.00			4:05.00
26	Nicole Oliveira Bispo	11	Inf B	215106	FS	4:05.00			4:05.00
27	Maria Leonor Gouveia	11	Inf B	216090	FS	4:05.00			4:05.00
28	Natalia Landa Paredes	11	Inf B	216367	FS	4:05.00			4:05.00
29	Konstansa Georgieva Ivanova	11	Inf B	215739	PDEM	4:05.00			4:05.00
30	Leticia Coelho Silva	11	Inf B	216536	VKGS	4:05.00	23.10.2022	Évora (POR)	4:05.00

Prova 11
06.11.2022

Masc., 100m Mariposa

Infantis B
Lista inscritos

Rec Regional Absoluto	51.27	Fernando Souza Silva	SFUAP	Doha (QAT)	2021
Rec Regional Inf B	1:05.30	João Coias	SAD		1990
Rec Regional Absoluto	51.70	Duarte Rafael Mourao	CNA	Leiria	2009
Rec Nacional	1:01.78	Fabio Parrilha da Silva	CNAL	Penafiel	2000
Rec Nacional Absoluto	51.27	Fernando Souza Silva	SFUAP	Doha (QAT)	2021

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis B									
1	Antonio Carimbo Godinho	10	Inf B	207118	AEFDTV	1:21.68 S	05.06.2022	Manique (POR)	1:21.68
2	Gonçalo Soares Brito	10	Inf B	211451	AHBE	1:40.06 S	05.06.2022	Manique (POR)	1:40.06
3	Dinis Costa Vale	10	Inf B	210981	PDEM	1:40.67 S	05.06.2022	Manique (POR)	1:40.67
4	Jose Luis Assuncao	10	Inf B	215444	AHBE	1:40.68 S	05.06.2022	Manique (POR)	1:40.68
5	Guilherme Valente Pereira	10	Inf B	212288	ADRCIMM	1:49.28 S	16.07.2022	Santa Iria de Azoia (POR)	1:49.28
6	Martim Federico Marques	10	Inf B	210909	CPCD	1:50.00			1:50.00

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06.11.2022

Masc., 200m Mariposa

Infantis A
Lista inscritos

Rec Regional	2:15.67	Joao Alexandre Vital	ADRCIMM	Algés	2012
Rec Regional Absoluto	1:53.56	Duarte Rafael Mourao	CNA	S. Antonio Cavaleiros	2009
Rec Nacional	2:12.42	Tomas Miguel Freitas	CDN	Funchal	2004
Rec Nacional Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Rodrigo Duarte Narigueta	09	Inf A	208395	PDEM	2:43.62 L	23.07.2022	Famalicao (POR)	2:38.71
2	Diogo Soares Marques	09	Inf A	212752	SAD	3:00.00			3:00.00
3	Pedro Guedes Caldas	09	Inf A	205652	SLB	3:00.00			3:00.00
4	Bernardo Afonso Guedelha	09	Inf A	208760	SLB	3:00.00			3:00.00
5	Francisco Nunes Roque	09	Inf A	208764	SLB	3:00.00			3:00.00
6	Francisco Gabriel Freitas	09	Inf A	214293	GESL	3:00.00			3:00.00
7	Rodrigo Arga Paiva	09	Inf A	211571	GESL	3:00.00			3:00.00
8	Guilherme Oliveira Rizzon	09	Inf A	214294	GESL	3:00.00			3:00.00
9	David Emanuel Tome	09	Inf A	211569	GESL	3:00.00			3:00.00

Prova 13
06.11.2022

Femin., 200m Costas

Infantis
Lista inscritos

Rec Regional Inf A	2:21.33	Rafaela Gomes Azevedo	SAD	Alges	2015
Rec Regional Inf B	2:28.06	Rafaela Gomes Azevedo	SAD	Alges	2014
Rec Regional Absoluto	2:09.12	Rita Barros Frischknecht	SAD	Porto	2017
Rec Nacional Inf A	2:21.33	Rafaela Gomes Azevedo	SAD	Algés	2015
Rec Nacional Inf B	2:27.92	Keissy Joselin Sousa	FCP	Alcobaça	1997
Rec Nacional Absoluto	2:07.58	Camila Rodrigues Rebelo	ALN	Leiria	2021

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Rafaela Sofia Silva	10	Inf A	211453	CPCD	2:57.42 L	18.06.2022	Rio Maior (POR)	2:53.87
2	Rita Canas Brito	10	Inf A	210978	CNS	2:57.75 L	10.07.2022	Setubal (POR)	2:54.19
3	Maria Inês Fryxell	10	Inf A	205333	AONDA	3:01.14 L	10.07.2022	Setubal (POR)	2:57.51
4	Rita Mota Silva	10	Inf A	208180	PDEM	3:02.49 S	06.03.2022	Alges (POR)	3:02.49
5	Madalena Pereira Arede	10	Inf A	211253	CNN	3:09.67 L	10.07.2022	Setubal (POR)	3:05.87
6	Luísa Anjos Frischknecht	10	Inf A	210973	CNS	3:06.46 S	16.06.2022	Alges (POR)	3:06.46
7	Luana Raquel Monteiro	10	Inf A	210983	PDEM	3:08.83 S	06.03.2022	Alges (POR)	3:08.83
8	Núria Cristina Pires	10	Inf A	216865	VKGS	3:34.25 S	23.10.2022	Évora (POR)	3:34.25
9	Maria Francisca Moreira	10	Inf A	210607	AHBE	3:50.00			3:50.00
10	Ana Teresa Romao	10	Inf A	217242	CNMJ	3:50.00			3:50.00
11	Lara Henriques Santos	10	Inf A	217181	CPCD	3:50.00			3:50.00
12	Madalena Alexandra Fernandes	10	Inf A	212768	CNN	3:50.00			3:50.00
13	Sofia Vacula	10	Inf A	210980	CNS	3:50.00			3:50.00
14	Francisca Maria Esteves	10	Inf A	209046	CNCVG	3:50.00			3:50.00
15	Ana Nabais Mendes	10	Inf A	211556	CIRL	3:50.00			3:50.00
16	Carolina Sousa Guimaraes	10	Inf A	214881	FS	3:50.00			3:50.00
17	Alicia Rajpara Ferreira	10	Inf A		GESL	3:50.00			3:50.00

Infantis B

1	Leonor Coelho Silva	11	Inf B	216534	VKGS	3:17.97 S	23.10.2022	Évora (POR)	3:17.97
2	Maria Fátima Pagani	11	Inf B	215643	AHBE	4:00.00			4:00.00
3	Lara Nobre Semiao	11	Inf B	214211	AHBE	4:00.00			4:00.00
4	Fernanda Souza Macedo	11	Inf B	215451	AHBE	4:00.00			4:00.00
5	Maria Leonor Estanislau	11	Inf B	215482	AONDA	4:00.00			4:00.00
6	Gabriela Damas Lança	11	Inf B	216293	CPCD	4:00.00			4:00.00
7	Lucie Chambat	11	Inf B	215453	CNN	4:00.00			4:00.00
8	Carlota Maria Macedo	11	Inf B	215449	CNN	4:00.00			4:00.00
9	Francisca Cunha Monteiro	11	Inf B	216298	CNN	4:00.00			4:00.00
10	Carlota Costa Silva	11	Inf B	216526	CNCVG	4:00.00			4:00.00
11	Madalena Carreiro Rodrigues	11	Inf B	211474	SLB	4:00.00			4:00.00

Prova 14
06.11.2022

Masc., 200m Bruços

Infantis
Lista inscritos

Rec Regional Inf A	2:31.06	João Lourenço Rebelo						Caldas da Rainha	2018
Rec Regional Inf B	2:38.70	João Coias				SAD			1990
Rec Regional Absoluto	2:09.14	Jose Guilherme Ferreira Couto				CNA		Moscow (RUS)	2002
Rec Nacional Inf A	2:29.59	Luis Manuel Fernandes				GDNVNF		Cantanhede	2009
Rec Nacional Inf B	2:37.57	Tomas Miguel Freitas				CDN		Funchal	2003
Rec Nacional Absoluto	2:05.59	Carlos Esteves Almeida				FPN		Chartres (FRA)	2012

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Miguel Loucao Caxaria	09	Inf A	205908	CNMJ	3:01.51 L	10.07.2022	Setubal (POR)	2:56.06
2	Miguel Bera Fonseca	09	Inf A	214925	SLB	3:07.01 L	23.07.2022	Famalicao (POR)	3:01.40
3	Paulo Junio Fernandes	09	Inf A	212754	SAD	3:07.02 L	10.07.2022	Setubal (POR)	3:01.40
4	André Raposo Pinheiro	09	Inf A	208650	AONDA	3:12.37 S	20.02.2022	Lisboa (POR)	3:12.37
5	Pedro Miguel Silva	09	Inf A	212760	AONDA	3:31.20 L	26.06.2022	Evora (POR)	3:24.86
6	Diogo Aiala Ribeiro	09	Inf A	212748	SAD	3:39.78 S	01.12.2021	Lisboa (POR)	3:39.78
7	Francisco Sousa Lucas	09	Inf A		AHBE	3:40.00			3:40.00
8	Tomas Rosa Nabais	09	Inf A		AHBE	3:40.00			3:40.00
9	Daniel Rodrigo Reis	09	Inf A	214625	AONDA	3:40.00			3:40.00

Prova 14, Masc., 200m Bruços

10	Martim Abalada Vilaça	09	Inf A	205383	AONDA	3:40.00	3:40.00
11	Gabriel Campos Ricardo	09	Inf A	214721	AONDA	3:40.00	3:40.00
12	Francisco Lourenço Batista	09	Inf A	215327	AEFDTV	3:40.00 S	3:40.00
13	Tiago Rafael Ferreira	09	Inf A		AEFDTV	3:40.00	3:40.00
14	Guilherme Alexandre Marques	09	Inf A	207186	CPCD	3:40.00	3:40.00
15	Miguel Ratinho Rocha	09	Inf A	214840	CNS	3:40.00	3:40.00
16	Henrique Mahle Bernardino	09	Inf A	213854	FS	3:40.00	3:40.00
17	Bernardo Miguel Oliveira	09	Inf A	211214	FS	3:40.00	3:40.00
18	Tiago Alexandre Lourenço	09	Inf A	212756	SAD	3:40.00	3:40.00
19	Joao Pedro Sousa	09	Inf A	208753	GESL	3:40.00	3:40.00
20	Lourenço Marques Sebastião	09	Inf A	214627	PDEM	3:40.00	3:40.00

Infantis B

1	Salvador Peixoto Correia	10	Inf B	214620	AONDA	3:50.00	3:50.00
2	Tome Paiva Teixeira	10	Inf B	214619	AONDA	3:50.00	3:50.00
3	Tomas Miguel Oliveira	10	Inf B	211010	AONDA	3:50.00	3:50.00
4	Martim Silva Gomes	10	Inf B		AEFDTV	3:50.00	3:50.00
5	Tomas Rodrigues Oliveira	10	Inf B	215331	AEFDTV	3:50.00	3:50.00
6	Daniel Isaac Cunha	10	Inf B	215450	CNN	3:50.00	3:50.00
7	Pedro Luca Duarte	10	Inf B	211256	CNN	3:50.00	3:50.00
8	Francisco Fernandes Silva	10	Inf B	214774	CNS	3:50.00	3:50.00
9	David Alves Farinha	10	Inf B	214842	CNS	3:50.00	3:50.00
10	F. Antunes	10	Inf B	216519	CNCVG	3:50.00	3:50.00
11	Rodrigo Nunes Correia	10	Inf B		FS	3:50.00	3:50.00
12	Dinis Ravi Dinechandra	10	Inf B	213852	FS	3:50.00	3:50.00
13	Andre Santos Fernandes	10	Inf B		FS	3:50.00	3:50.00
14	F. Magalhaes	10	Inf B	216092	FS	3:50.00	3:50.00
15	Tomas Maria Gonçalves	10	Inf B	215006	SAD	3:50.00	3:50.00
16	Francisco Reis Pinto	10	Inf B	211472	SAD	3:50.00	3:50.00
17	Diogo Rodrigues Sousa	10	Inf B	214212	SAD	3:50.00	3:50.00
18	Tomas Maria Horta	10	Inf B	214016	GESL	3:50.00	3:50.00
19	Martim Gonçalves Lopes	10	Inf B	211191	GESL	3:50.00	3:50.00
20	Rafael Carreiras Marques	10	Inf B	211192	GESL	3:50.00	3:50.00
21	Martim Marino Brilha	10	Inf B	216537	VKGS	3:50.00 S	3:50.00