

CORRIDA DAS LEZIRIAS

5 MAR'17



Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	1358	ANDRÉ COSTA	M	26		00:52:34.26	00:52:33.76	UFC INDÚSTRIA ATLETISMO
2	1157	VITOR OLIVEIRA	M	27		00:53:04.03	00:53:02.66	ASS VALE GRANDE
3	621	RUI PACHECO	M	40		00:54:34.27	00:54:34.16	CORRER SR GRANJA
4	1361	JOSÉ GUERRA	M	29		00:55:08.28	00:55:08.21	UFC INDÚSTRIA ATLETISMO
5	1164	PAULO ALVES	M	39		00:55:14.31	00:55:13.11	ASS VALE GRANDE
6	1169	MARCO CARDOSO	M	30		00:55:21.04	00:55:19.70	
7	131	CAMILO GUEDES	M	47		00:55:41.41	00:55:41.40	CP AGUAS GAIA
8	1162	JOSÉ SILVA	M	46		00:56:25.33	00:56:24.25	ASS VALE GRANDE
9	1373	LUIS OLIVEIRA	M	30		00:56:35.37	00:56:35.29	UFC INDÚSTRIA ATLETISMO
10	1439	GONÇALO CLÁUDIO	M	22		00:56:55.03	00:56:54.97	UA POVOENSE
11	1560	VITOR T MARQUES	M	39		00:56:59.04	00:56:58.82	CORRER LISBOA
12	1163	LUIS VASCONCELOS	M	45		00:57:24.31	00:57:23.71	ASS VALE GRANDE
13	660	LUIS BRITO	M	41		00:57:56.96	00:57:56.94	CA VALE FIGUEIRA
14	312	PETER G G ROMAO	M	34		00:57:58.13	00:57:56.36	PENICHE A CORRER
15	1591	JOAO FERREIRA	M	30		00:58:04.11	00:58:03.26	
16	766	SÉRGIO TAVARES	M	37		00:58:33.22	00:58:30.98	AA MAFRA
17	733	CARLOS VIEGAS	M	49		00:58:44.94	00:58:44.93	SR CAMARNAL
18	347	JOÃO CANIÇO	M	36		00:58:48.35	00:58:46.48	3B - S
19	718	RICARDO SIMÕES	M	52		00:58:49.68	00:58:47.45	CCD O ALVITEJO
20	1156	RUI MARTINS	M	31		00:58:50.66	00:58:48.86	ASS VALE GRANDE
21	1590	ALEXANDRE NOBRE	M	22		00:58:57.43	00:58:57.29	
22	1186	PAULO J P COSTA	M	51		00:58:58.49	00:58:57.36	RB RUNNING
23	625	JORGE GONÇALVES	M	48		00:58:59.40	00:58:57.40	3B - S
24	1290	JOAO CORREIA	M	51		00:59:05.16	00:59:05.12	
25	800	ANTÓNIO CARDINA	M	39		00:59:06.54	00:59:00.66	CORRER SR GRANJA
26	148	JOÃO PEDRO	M	46		00:59:10.15	00:59:07.77	
27	933	RICARDO SILVA	M	35		00:59:13.55	00:59:11.42	
28	1035	MIGUEL SOBRAL	M	38		00:59:15.55	00:59:14.11	AGD ACADEMIA KORPO
29	779	LUIS BAÇO	M	41		00:59:21.52	00:59:19.64	
30	987	RUI HENRIQUES	M	37		00:59:32.88	00:59:31.59	SS MONTEPIO
31	1404	PAULO J S LOPES	M	42		00:59:38.93	00:59:29.63	PSP
32	1210	JOAQUIM RODRIGUES	M	47		00:59:42.39	00:59:39.68	OS CARREGUEIRENSES
33	714	ANTÓNIO PAIS	M	46		00:59:50.46	00:59:48.82	CCD O ALVITEJO
34	524	PEDRO M MACHADO	M	31		00:59:51.75	00:59:39.08	TRIATLO SPORT ALGÉS E DAFUNDO
35	1269	NUNO SOARES	M	35		00:59:54.90	00:59:51.99	

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36	1376	JOÃO FARIA	M	41	00:59:56.31	00:59:46.25	WIKABOO
37	304	PEDRO CARDOSO	M	35	00:59:57.86	00:59:55.01	CORRER LISBOA
38	713	NELSON SANTOS	M	47	01:00:11.83	01:00:08.27	CCD O ALVITEJO
39	507	ANTÓNIO HENRIQUES	M	59	01:00:18.19	01:00:18.03	CA ODIMARQ
40	839	TIAGO CORREIA	M	25	01:00:29.28	01:00:19.61	GD ÁGUAS MOITA
41	1528	VALTER OLIVEIRA	M	40	01:00:40.65	01:00:39.66	RSNR
42	1356	SAMUEL GALVEIA	M	36	01:00:46.12	01:00:43.49	UFC INDÚSTRIA ATLETISMO
43	1175	ANTÓNIO SIMÕES	M	46	01:00:46.46	01:00:44.05	GDC BANCO PORTUGAL
44	997	JOSÉ PAJINHA	M	56	01:00:52.26	01:00:50.74	CA ODIMARQ
45	790	NELSON PEREIRA	M	40	01:00:52.88	01:00:48.03	GAREHOTELRUNNING
46	1608	ALEXANDRA SOUSA	F	28	01:00:54.12	01:00:54.04	
47	1609	AMERICO PESTANA	M	45	01:00:55.22	01:00:50.79	
48	577	JOSE FERREIRA	M	42	01:00:57.65	01:00:57.62	GDR JUVENTUDE DAS RIBEIRAS
49	777	JOSÉ R O FALÉ	M	35	01:01:01.31	01:00:59.31	CLUBE OGMA
50	656	JOAO PAIS	M	56	01:01:08.64	01:01:06.87	BOAVISTA S MATEUS
51	1180	FERNANDO MARTINS	M	46	01:01:11.78	01:01:09.02	GDC BANCO PORTUGAL
52	135	JOSÉ ADELINO	M	55	01:01:14.76	01:01:14.70	CP AGUAS GAIA
53	593	JOÃO PASTOR	M	44	01:01:16.79	01:01:13.88	CCDT METRO LX
54	1370	PEDRO BASSO	M	46	01:01:21.16	01:01:15.30	OS COXOS E O MIGUEL
55	658	PAULO GONÇALVES	M	47	01:01:35.48	01:01:17.40	
56	1342	NUNO CALISTO	M	40	01:01:39.05	01:01:30.76	CONQUISTA GINÁSIO - CADAVAL
57	957	BRUNO CASTRO	M	34	01:01:41.77	01:01:39.44	
58	799	FILIPE LOUREIRO	M	36	01:01:43.26	01:01:41.41	
59	1395	ANACLETO FAISCA	M	59	01:01:45.85	01:01:39.07	
60	1471	JOSE LOPES	M	52	01:01:46.68	01:01:38.47	RB RUNNING
61	1545	JORGE AMARAL	M	48	01:01:47.07	01:01:45.32	AMINHACORRIDA/MYPROTEIN
62	313	NUNO M LOPES	M	40	01:01:48.12	01:01:46.65	CCD-AT
63	932	ANTONIO REBELO	M	45	01:01:53.74	01:01:46.72	
64	1294	PAULO RAPOSO	M	42	01:01:55.50	01:01:50.91	OS COXOS E O MIGUEL
65	904	JOÃO AFONSO	M	60	01:02:03.00	01:02:02.05	UA POVOENSE
66	64	MARTINHO DIAS	M	40	01:02:25.46	01:02:23.81	CORRER LISBOA
67	1359	ALBERTO SILVA	M	37	01:02:37.75	01:02:37.56	UFC INDÚSTRIA ATLETISMO
68	770	JOEL RODRIGUES	M	37	01:02:42.32	01:02:39.38	
69	903	AMBRÓSIO PEREIRA	M	43	01:02:50.55	01:02:50.55	UA POVOENSE
70	288	VICTOR VARIZO	M	41	01:02:58.82	01:02:54.94	PERNAS DE GAFANHOTO
71	1262	CARLOS A S MARTINS	M	48	01:02:59.84	01:02:59.69	

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72	1577	MARCO SANTOS	M	42	01:03:02.22	01:02:57.63	BOAVISTA
73	1165	ANTÓNIO SANTOS	M	58	01:03:06.09	01:03:04.64	ASS VALE GRANDE
74	344	FÁBIO R R TEIXEIRA	M	32	01:03:07.17	01:03:00.65	
75	1431	FERNANDO RODRIGUES	M	49	01:03:07.66	01:03:05.43	A VALE SILENCIO
76	458	FERNANDO VICENTE	M	51	01:03:11.70	01:03:08.25	
77	429	VITOR MARQUES	M	37	01:03:13.29	01:03:08.54	KANINOS
78	1188	PEDRO ROXO	M	34	01:03:14.15	01:03:10.89	
79	353	CARLOS CARAPETO	M	53	01:03:17.23	01:03:13.83	TEAM/FURACAO DO ASFALTO /
80	1571	SEBA JARFA	M	43	01:03:25.92	01:03:18.19	VILLEJUIF
81	576	CARLOS MOURA	M	34	01:03:27.73	01:03:23.10	HK 16
82	885	ARMINDO TEIXEIRA	M	36	01:03:27.94	01:03:20.88	SC CASAINHOS
83	881	ARMANDO CORREIA	M	34	01:03:29.09	01:03:22.33	SC CASAINHOS
84	1343	BRUNO AMARO	M	38	01:03:32.76	01:03:16.15	CONQUISTA GINÁSIO - CADAVAL
85	866	LUIS REBELO	M	52	01:03:37.64	01:03:35.59	FALCOES SELVAGENS
86	745	JOÃO M NUNES	M	50	01:03:39.58	01:03:26.20	ALHANDRA SC - TRIATLO
87	769	JOSÉ GONÇALVES	M	51	01:03:42.97	01:03:37.51	AA MAFRA
88	1317	MÁRIO ZORRO	M	41	01:03:43.76	01:03:36.51	AA MAFRA
89	744	JEAN-MICHEL VIE	M	44	01:03:48.70	01:03:33.74	ALHANDRA SC - TRIATLO
90	1120	CARLOS ALVES	M	45	01:03:51.75	01:03:50.23	
91	460	RUI MOURA	M	40	01:03:54.32	01:03:43.85	RM
92	1148	JOSE C MARCELINO	M	54	01:03:56.01	01:03:54.29	CD ESTRELA
93	783	CONSTANTINO ARAÚJO	M	50	01:04:02.29	01:03:42.74	
94	1178	PEDRO BARREIRÃO	M	30	01:04:08.92	01:04:05.82	GDC BANCO PORTUGAL
95	1097	PAULO ALVES	M	39	01:04:13.36	01:03:57.53	GD SANTANDER TOTTA
96	1419	VITOR NOVAIS	M	41	01:04:15.22	01:04:02.44	GAA VF XIRA
97	1146	JOÃO FRANCO	M	63	01:04:15.55	01:04:13.56	GDCR ZAMBUJEIRA S CALVO
98	428	BRUNO MIGUEL	M	32	01:04:19.24	01:04:12.20	
99	1275	GIL X ALVES	M	40	01:04:19.74	01:04:19.62	UNIDOS DA MANUTENÇÃO
100	56	JOSE ESTEVES	M	51	01:04:23.90	01:04:18.97	TARTARUGAS SOLIDARIAS
101	385	EDUARDO SANTOS	M	37	01:04:30.46	01:04:25.82	
102	533	JOSÉ J C P MOTA	M	29	01:04:31.18	01:04:19.48	DOLCE FURADOURO
103	1506	NELSON MOREIRA	M	38	01:04:47.72	01:04:41.93	AHBE
104	950	JOÃO MARREIROS	M	53	01:04:48.00	01:04:43.31	
105	1107	ANASTACIO VALADAS	M	63	01:04:52.59	01:04:49.77	GD SANTANDER TOTTA
106	822	ALFREDO PEREIRA	M	41	01:04:54.97	01:04:45.56	
107	787	LUIS M PEREIRA	M	45	01:04:56.34	01:04:36.89	

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108	746	JOÃO BONITO	M	42	01:05:04.49	01:04:48.99	ALHANDRA SC - TRIATLO
109	463	TELMO NOGUEIRA	M	32	01:05:07.60	01:04:47.24	
110	719	ANÍBAL GASPAR	M	47	01:05:11.97	01:05:09.12	CCD O ALVITEJO
111	1280	DÉCIO P ANDRADE	M	33	01:05:16.19	01:05:07.72	3B TRIATLO
112	95	MÁRIO FERNANDES	M	31	01:05:16.68	01:04:43.79	
113	72	SERGIO M R TEIXEIRA	M	41	01:05:21.97	01:05:19.84	
114	564	TIAGO VARANDA	M	44	01:05:30.96	01:04:50.85	WIKABOO
115	541	DANIEL CONCEIÇÃO	M	33	01:05:34.71	01:05:30.77	CA NAZARÉ
116	376	DINIS PRUDENCIO	M	45	01:05:36.24	01:05:34.30	MODIRASHOES
117	861	JORGE JANUARIO	M	41	01:05:36.43	01:05:29.60	A VALE SILENCIO
118	1536	DAVID SANTOS	M	54	01:05:37.80	01:05:31.83	CM VF XIRA
119	1087	RUI MACHINHO	M	40	01:05:38.30	01:05:22.03	GD SANTANDER TOTTA
120	1548	SUSANA MATOS	F	45	01:05:39.20	01:05:36.11	
121	70	FERNANDO J C TAVARES	M	45	01:05:39.60	01:05:34.87	OS DUROS
122	400	JOÃO GAMEIRO	M	46	01:05:40.87	01:05:37.58	
123	48	NUNO M J SOARES	M	37	01:05:43.30	01:05:37.45	
124	425	FRANCISCO BORGES	M	37	01:05:44.35	01:05:31.43	
125	1173	LUÍS RIO	M	45	01:05:44.55	01:05:41.40	GDC BANCO PORTUGAL
126	730	HERNÂNI TOMÁS	M	41	01:05:44.89	01:05:31.22	SR CAMARNAL
127	1427	EMANUEL R FREITAS	M	27	01:05:49.14	01:05:30.78	
128	1142	MARIO LOPO	M	27	01:05:50.44	01:05:19.87	GDCR ZAMBUJEIRA S CALVO
129	1002	RAFAEL ALMEIDA	M	18	01:05:50.70	01:05:36.18	
130	1539	ANTONIO R LOPES	M	51	01:05:57.24	01:05:48.32	CA SAO BRAS
131	717	FÁBIO MARTINS	M	27	01:06:01.16	01:05:59.15	CCD O ALVITEJO
132	366	CARLOS VIEIRA	M	32	01:06:05.50	01:06:02.91	
133	1202	JOAQUIM ALEXANDRE	M	50	01:06:08.59	01:05:48.10	URD ARRANHÒ
134	1167	TIAGO ARAÚJO	M	19	01:06:10.02	01:05:37.22	
135	402	ROMAN ROMANYUK	M	36	01:06:16.54	01:06:12.80	
136	1193	NELSON CUSTÓDIO	M	41	01:06:17.02	01:05:49.67	
137	1497	ANTONIO NETO	M	45	01:06:18.10	01:06:15.29	SCALABIS NIGHT RUNNERS
138	1228	CARLOS SANTOS	M	34	01:06:30.11	01:06:25.61	ACD BOCAL
139	1341	ADRIANO ARAÚJO	M	40	01:06:33.57	01:06:25.83	CONQUISTA GINÁSIO - CADAVAL
140	684	NUNO MENDÃO	M	43	01:06:33.71	01:06:17.54	SCALABIS NIGHT RUNNERS
141	1288	ANTÓNIO J L MARTINS	M	51	01:06:36.34	01:06:27.34	NAV RUNNERS
142	583	JOAO P OLIVEIRA	M	30	01:06:36.42	01:06:27.49	CCDT METRO LX
143	580	ANGELO SILVA	M	33	01:06:36.64	01:06:26.95	CCDT METRO LX

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144	595	JOSÉ A TAVARES	M	46	01:06:37.79	01:06:28.23	CCDT METRO LX
145	1060	CARLOS PEDRO	M	45	01:06:38.78	01:06:22.38	CLUBE TAP PORTUGAL
146	1580	TIAGO M RIBEIRO	M	34	01:06:41.12	01:06:34.97	TSMR
147	502	SÉRGIO PIRES	M	41	01:06:43.21	01:06:39.55	
148	743	BRUNO VITORINO	M	40	01:06:46.23	01:06:12.70	ALHANDRA SC - TRIATLO
149	208	PAULO SANTOS	M	50	01:06:46.72	01:06:32.59	CRUZ QUEBRADENSE SIMECQ
150	303	BRIGITTE CARDOSO	F	33	01:06:48.24	01:06:45.97	CORRER LISBOA
151	137	SILVÉRIO SANTOS	M	46	01:06:50.02	01:06:49.31	CP AGUAS GAIA
152	879	CARLOS BAPTISTA	M	56	01:06:50.22	01:06:43.46	SC CASAINHOS
153	1502	CARLOS FERREIRA	M	45	01:07:00.72	01:06:53.32	LESMAIS
154	446	TEOTÓNIO NETO	M	53	01:07:01.63	01:06:57.05	ADRC MATA BENFICA
155	1540	JOAO SANTOS	M	32	01:07:06.32	01:06:58.90	CA SAO BRAS
156	1420	MAURO PIMENTA	M	40	01:07:13.56	01:07:09.19	GAA VF XIRA
157	1426	PAULO HENRIQUE	M	48	01:07:15.84	01:06:47.75	GAA VF XIRA
158	695	PAULO LOURENÇO	M	34	01:07:15.95	01:07:10.78	R FRENTE RIBEIRINHA PÓVOA STA IRIA
159	976	PAULO COSTA	M	37	01:07:17.41	01:07:13.95	GDCF
160	1212	MANUEL LINO	M	52	01:07:22.03	01:07:15.64	OS CARREGUEIRENSES
161	558	JOAQUIM MARTINS	M	54	01:07:28.20	01:07:24.55	CA ODIMARQ
162	397	GERMANO SILVA	M	58	01:07:30.16	01:07:24.88	
163	1302	ÁLVARO J L MENDONÇA	M	34	01:07:33.49	01:07:27.67	GAFETE RUNNERS
164	1287	MIGUEL A L CARNEIRO	M	33	01:07:35.06	01:07:28.73	GAFETE RUNNERS
165	659	MARCO V SANTANA	M	41	01:07:35.79	01:07:11.90	
166	1277	JOÃO MONIZ	M	21	01:07:36.57	01:07:31.44	
167	115	JORGE VALENTE	M	36	01:07:37.41	01:07:03.76	
168	528	JOAQUIM JESUS	M	57	01:07:43.65	01:07:43.49	SR CAMARNAL
169	683	FERNANDO CASTELA	M	45	01:07:45.45	01:07:43.43	SCALABIS NIGHT RUNNERS
170	1407	ANTONIO M F DUARTE	M	41	01:07:47.42	01:07:43.26	PSP
171	569	BRUNO MARRÃO	M	40	01:07:49.62	01:07:38.29	GO!RUNNERS
172	1168	ANTÓNIO MARÇAL	M	57	01:07:51.37	01:07:41.20	
173	1264	JOÃO DIAS	M	45	01:07:52.73	01:07:48.66	UA POVOENSE
174	1286	NELSON FURTADO	M	32	01:07:59.04	01:07:36.16	
175	1467	PEDRO MENDONÇA	M	40	01:08:00.56	01:07:30.55	MATILHA RUNNING
176	42	ANTÓNIO VALENTE	M	34	01:08:01.60	01:07:59.83	ADR AA AVIS
177	774	CRISTÓVÃO GOMES	M	35	01:08:03.06	01:07:48.52	
178	1589	GONÇALO FERREIRA	M	43	01:08:05.37	01:07:55.07	
179	1523	LIBERTO SANTOS	M	49	01:08:05.39	01:07:49.06	

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180	1362	CARLOS RIBEIRO	M	54	01:08:09.68	01:08:08.03	
181	355	PAULO S C ALVES	M	46	01:08:11.94	01:08:10.95	
182	780	ARTUR VINHAIS	M	41	01:08:13.04	01:07:57.01	
183	1378	JOAO VENTURA	M	32	01:08:15.37	01:07:36.85	HOSPITAL VF XIRA
184	860	LUIS FERREIRA	M	47	01:08:17.07	01:08:11.42	A VALE SILENCIO
185	1137	EMANUEL MARQUES	M	47	01:08:18.72	01:08:05.92	GDCR ZAMBUJEIRA S CALVO
186	537	JOÃO FERNANDES	M	28	01:08:24.46	01:08:11.67	
187	1357	EZEQUIEL FERNANDES	M	60	01:08:25.78	01:08:21.10	UFC INDÚSTRIA ATLETISMO
188	1360	FRANCISCO CALVO	M	56	01:08:25.82	01:08:20.45	UFC INDÚSTRIA ATLETISMO
189	1242	BRUNO PISSARRA	M	41	01:08:27.85	01:07:53.81	CORRER LISBOA
190	1158	BERNARDINO SOARES	M	43	01:08:28.83	01:08:26.79	ASS VALE GRANDE
191	66	JOSÉ GERARDO	M	54	01:08:32.89	01:08:28.21	CA NAZARÉ
192	1438	RUI MATOS	M	54	01:08:36.27	01:08:29.87	CLUBE ANACOM
193	152	ANTONIO M T C SOUSA	M	48	01:08:36.49	01:08:28.05	KANINOS
194	1140	DIOGO LEAL	M	30	01:08:38.61	01:08:18.75	GDCR ZAMBUJEIRA S CALVO
195	155	HELDER VALADAS	M	36	01:08:44.40	01:08:20.48	OS PERIGOSOS
196	1174	JOSÉ MONTEIRO	M	60	01:08:47.10	01:08:20.15	GDC BANCO PORTUGAL
197	534	CARLOS MENDES	M	50	01:08:50.23	01:08:46.31	
198	581	ANTONIO GONÇALVES	M	51	01:08:53.15	01:08:15.21	CCDT METRO LX
199	631	PAULO MATA	M	52	01:08:55.61	01:08:50.72	
200	257	IVAN COSTA	M	28	01:08:56.09	01:08:26.88	CÂMARA LISBOA CLUBE
201	1013	JOSÉ PINTO	M	54	01:08:56.41	01:08:30.91	CLINICA DR CAUTELA
202	352	JORGE PE -CURTO	M	41	01:08:56.62	01:08:51.31	OS COXOS E O MIGUEL
203	827	SÉRGIO GOMES	M	38	01:09:01.06	01:08:57.81	
204	354	ARMANDO CARDOSO	M	30	01:09:02.41	01:08:40.89	KANINOS
205	479	JOAQUIM FRADE	M	61	01:09:04.76	01:08:59.48	SS CGD
206	1028	IVO CANELHAS	M	32	01:09:06.78	01:08:48.80	ND AUTOCOOPE
207	554	VALTER CUNHA	M	41	01:09:09.34	01:09:01.38	
208	437	FERNANDO ROSETE	M	46	01:09:10.02	01:08:32.55	RUN 4 FUN
209	921	MÁRIO SEABRA	M	44	01:09:10.86	01:08:46.30	GR JANZ E ASSOCIADOS
210	1008	MIGUEL ALMEIDA	M	40	01:09:12.34	01:09:08.51	TINTACRIATIVA.PT
211	1613	JOSE M GOUVEIA	M	52	01:09:13.11	01:09:04.21	
212	929	FÁBIO M M FERREIRA	M	30	01:09:13.90	01:09:09.23	UA POVOENSE
213	1201	LUIS FERREIRA	M	50	01:09:14.91	01:08:55.21	URD ARRANHÒ
214	791	DIOGO F M G SANTOS	M	35	01:09:15.85	01:09:11.69	
215	767	JOAQUIM MONTEIRO	M	45	01:09:16.38	01:09:10.09	AA MAFRA

CORRIDA DAS LEZIRIAS

5 MAR'17



216	93	ANTÓNIO LOPES	M	46	01:09:16.56	01:09:04.33	PAPAKMS
217	28	HUMBERTO R BORGES	M	48	01:09:17.50	01:09:09.27	LESMAIS
218	712	FRANCISCO CALÇADA	M	52	01:09:19.26	01:09:10.46	CCD O ALVITEJO
219	239	VASCO MATOS	M	40	01:09:20.39	01:08:52.41	CORRER SR GRANJA
220	1229	NELSON BRITO	M	42	01:09:21.93	01:09:13.00	ACD BOCAL
221	1236	JOÃO M M CADETE	M	50	01:09:31.66	01:09:21.69	LX RUN
222	1441	FERNANDO FIGUEIREDO	M	50	01:09:32.43	01:09:24.73	FALCOES SELVAGENS
223	212	RICARDO NOBRE	M	36	01:09:37.48	01:09:14.28	CRUZ QUEBRADENSE SIMECQ
224	469	CARLOS ANTUNES	M	42	01:09:37.94	01:09:31.78	SS CGD
225	1225	MARCO BAPTISTA	M	35	01:09:39.21	01:09:10.05	ACD BOCAL
226	1135	JOÃO CALÇADA	M	46	01:09:41.14	01:09:18.32	GDCR ZAMBUJEIRA S CALVO
227	530	ANTÓNIO F MENDES	M	60	01:09:45.08	01:09:40.79	
228	1421	ANTONIO CORREIA	M	55	01:09:45.92	01:09:41.53	GAA VF XIRA
229	782	JOSE REIS	M	50	01:09:47.07	01:09:27.80	
230	510	LUIS MARTINS	M	53	01:09:48.97	01:09:39.01	OS PINHEIROS
231	771	MANUEL TAVARES	M	58	01:09:53.65	01:09:48.38	RUN PIRILAMPO
232	340	AVELINO ALVES	M	52	01:09:55.42	01:09:46.26	
233	124	DIOGO LUCAS	M	21	01:09:57.79	01:09:51.82	OS COXOS E O MIGUEL
234	686	PEDRO CARVALHO	M	52	01:10:01.93	01:09:59.23	SCALABIS NIGHT RUNNERS
235	125	FLORIVAL LUCAS	M	53	01:10:02.21	01:09:55.71	OS COXOS E O MIGUEL
236	326	VITOR M P SERRA	M	42	01:10:03.64	01:09:49.03	19 HORAS FUNDO R ALCOCHETE RT
237	1574	RICARDO SEQUEIRA	M	29	01:10:03.64	01:09:53.51	C FERROVIARIO PORTUGAL
238	408	VITOR MARQUES	M	47	01:10:04.81	01:09:55.62	ESC ATL CARTAXO
239	470	CARLOS LEITAO	M	53	01:10:04.90	01:09:59.23	SS CGD
240	142	RUI F R C FERRO	M	42	01:10:05.55	01:09:55.13	
241	217	FÁBIO CORREIA	M	27	01:10:05.84	01:09:41.45	CORRER LISBOA
242	260	MIGUEL VELEZ	M	53	01:10:06.82	01:09:35.23	CÂMARA LISBOA CLUBE
243	819	NUNO SILVA	M	40	01:10:08.28	01:09:58.22	LX RUN
244	830	JOSÉ CUNHA	M	52	01:10:09.46	01:09:53.69	OS ZATOPEQUES
245	372	CARLOS FRANÇA	M	38	01:10:09.61	01:10:05.77	
246	928	HILARIO TORRES	M	57	01:10:10.36	01:10:02.88	RUN 4 FUN
247	1246	RICARDO PIRES	M	28	01:10:10.95	01:09:28.80	
248	277	EVELINO MAGALHÃES	M	42	01:10:16.88	01:10:00.50	NORAUTO PORTUGAL
249	986	RICARDO SOUSA	M	36	01:10:17.46	01:10:00.90	SS MONTEPIO
250	911	VITOR AZEVEDO	M	38	01:10:19.71	01:10:01.09	ASAS NOS PÉS
251	65	GONÇALO J F ÁGUAS	M	34	01:10:20.39	01:10:20.39	

CORRIDA DAS LEZIRIAS

5 MAR'17



252	161	FERNANDO ANDRADE	M	37	01:10:20.58	01:10:08.44	OS PERIGOSOS
253	362	NUNO M P RICARDO	M	38	01:10:21.46	01:10:02.64	
254	1217	HUGO M C S S SILVA	M	39	01:10:23.46	01:09:54.02	
255	1237	EDUARDO LUÍS	M	39	01:10:23.56	01:10:05.05	ATÓMICOS
256	552	FILIFE OLIVEIRA	M	41	01:10:24.86	01:09:59.96	R FRENTE RIBEIRINHA PÓVOA STA IRIA
257	159	MARCO CASEIRO	M	38	01:10:26.00	01:10:14.45	OS PERIGOSOS
258	1134	ALBERTO COVAS	M	57	01:10:27.15	01:10:16.47	ASAS NOS PÉS
259	952	HUGO MAGALHÃES	M	42	01:10:31.21	01:10:01.18	CLUBE VODAFONE
260	1320	AUGUSTO AGUIAR	M	59	01:10:31.57	01:10:26.33	
261	1143	ANTONIO CLARA	M	55	01:10:33.37	01:10:01.25	GDCR ZAMBUJEIRA S CALVO
262	226	DANIEL CRUZ	M	38	01:10:36.49	01:10:26.59	
263	1194	BRUNO CARDOSO	M	37	01:10:39.18	01:10:11.47	
264	94	RUI PEREIRA	M	41	01:10:39.82	01:10:23.35	PAPAKMS
265	254	JÚLIO REIS	M	44	01:10:40.52	01:10:38.53	CÂMARA LISBOA CLUBE
266	1498	PAULO RAPOSO	M	28	01:10:42.79	01:10:38.13	
267	938	HUGO CARAGO	M	43	01:10:43.09	01:10:38.80	CLUBE NOVO BANCO
268	1329	JOAQUIM SILVA	M	48	01:10:45.18	01:10:26.99	ADCR PJ
269	144	TIAGO RAIMUNDO	M	37	01:10:46.94	01:10:35.06	JATAPANHO
270	145	PAULO CRAVEIRO	M	36	01:10:48.22	01:10:36.06	JATAPANHO
271	737	MARTA SANTOS	F	39	01:10:48.26	01:10:42.31	ABSANT RUNNERS
272	330	CARLOS M BARROSO	M	39	01:10:49.75	01:10:37.08	
273	1618	JUAN COSTA	M	51	01:10:50.90	01:10:44.32	
274	1138	RUI AGUIAR	M	43	01:10:55.56	01:10:42.40	GDCR ZAMBUJEIRA S CALVO
275	493	PEDRO FONTOURA	M	46	01:10:56.28	01:10:50.61	SS CGD
276	836	LUIS M L SIMÕES	M	42	01:11:03.06	01:10:50.33	TARTARUGAS DO REGADIO
277	692	NUNO PEREIRA	M	40	01:11:04.27	01:10:49.45	CLUBE OGMA
278	1024	JUVENAL MOREIRA	M	53	01:11:05.69	01:11:00.84	ND AUTOCOOPE
279	188	TIAGO N ANTUNES	M	36	01:11:07.01	01:11:02.01	
280	459	ANTÓNIO MARQUES	M	40	01:11:10.29	01:10:59.18	RM
281	977	HUGO DUARTE	M	38	01:11:12.74	01:11:10.41	GDCF
282	244	PAULO GONÇALVES	M	45	01:11:12.83	01:10:41.72	CÂMARA LISBOA CLUBE
283	478	JOAO SILVA	M	48	01:11:14.00	01:10:56.40	SS CGD
284	487	NOEMIA SEQUEIRA	F	48	01:11:18.16	01:11:12.47	SS CGD
285	662	OZEIAS GESSO	M	39	01:11:22.77	01:11:02.37	
286	646	PEDRO A FERREIRA	M	44	01:11:23.31	01:11:03.07	
287	947	PEDRO GABRIEL	M	42	01:11:23.38	01:11:03.56	CLUBE NOVO BANCO

CORRIDA DAS LEZIRIAS

5 MAR'17



288	1402	CRISTOVAO A MARCOS	M	32	01:11:25.16	01:10:55.48	PSP
289	1397	SERGIO A VINHAS	M	43	01:11:26.74	01:11:19.48	PSP
290	100	FILIFE ARCADINHO	M	36	01:11:27.56	01:11:03.02	PAIEFILHO
291	983	JORGE VIEIRA	M	37	01:11:28.59	01:11:19.04	SS MONTEPIO
292	207	DANIEL SAMPAIO	M	38	01:11:29.73	01:11:06.42	CRUZ QUEBRADENSE SIMECQ
293	915	FERNANDO PAULINO	M	40	01:11:37.98	01:11:19.51	ASAS NOS PÉS
294	1053	PAULO SIMÕES	M	50	01:11:40.34	01:11:22.60	FALCOES SELVAGENS
295	270	DAVID RAMOS	M	36	01:11:46.65	01:11:43.57	
296	1464	NUNO SANTOS	M	38	01:11:48.12	01:11:33.65	
297	295	ROSALIA SALDANHA	F	43	01:11:49.68	01:11:37.77	SCUT
298	1022	ANTONIO ALMEIDA	M	53	01:11:53.28	01:11:49.41	ND AUTOCOOPE
299	508	BRUNO M N GARCIA	M	36	01:11:55.53	01:11:43.45	
300	617	RUI P RODRIGUES	M	42	01:12:02.80	01:11:36.76	CORRER SR GRANJA
301	1184	AIRES AFONSECA	M	39	01:12:03.50	01:11:51.35	
302	934	CARLOS NABIÇA	M	53	01:12:04.92	01:11:51.87	CLUBE NOVO BANCO
303	1281	DÂMASO BARROS	M	37	01:12:04.95	01:11:52.64	
304	610	HENRIQUE AMADOR	M	45	01:12:06.16	01:12:01.81	SS CGD
305	375	HUMBERTO BARROS	M	36	01:12:07.92	01:11:59.04	KANINOS
306	296	MARCO FRANCISCO	M	34	01:12:09.23	01:11:56.16	SCUT
307	1452	MATEUS COELHO	M	31	01:12:13.76	01:11:50.01	
308	652	VASCO E MARQUES	M	44	01:12:15.89	01:12:00.91	
309	1424	AIRES S PEDRO	M	62	01:12:17.61	01:12:03.65	GAA VF XIRA
310	691	JOSÉ M F MARQUES	M	43	01:12:18.15	01:12:10.96	CA NAZARÉ
311	1102	ANTONIO FERREIRA	M	45	01:12:19.22	01:11:57.66	GD SANTANDER TOTTA
312	1078	ANTONIO CRUZ	M	69	01:12:19.27	01:12:07.33	GD SANTANDER TOTTA
313	1072	CARLOS TEIXEIRA	M	44	01:12:19.42	01:11:58.59	GD SANTANDER TOTTA
314	195	ANTONIO GONÇALVES	M	55	01:12:23.70	01:11:54.70	ALVERCA URBAN RUNNERS
315	582	ANTONIO PEREIRA	M	52	01:12:24.35	01:11:57.67	CCDT METRO LX
316	1515	MARCOS RATOLA	M	37	01:12:25.32	01:11:20.84	CONTA GOTAS
317	1301	FRANCISCO PEREIRA	M	50	01:12:27.43	01:12:19.46	AÇOREANA
318	1463	ARNALDO J G ROLO	M	50	01:12:29.19	01:12:04.15	R FRENTE RIBEIRINHA PÓVOA STA IRIA
319	622	RUI BELO	M	31	01:12:30.17	01:12:04.72	CORRER SR GRANJA
320	732	JOSE FRANCO	M	58	01:12:33.09	01:12:27.53	SR CAMARNAL
321	742	LUIS SANTOS	M	46	01:12:36.98	01:12:23.35	ALHANDRA SC - TRIATLO
322	829	JOÃO SILVA	M	57	01:12:39.84	01:12:24.48	OS ZATOPEQUES
323	81	PETRU NEMES	M	51	01:12:40.89	01:12:27.45	

CORRIDA DAS LEZIRIAS

5 MAR'17



324	1114	JOÃO OLIVAL	M	48	01:12:44.41	01:12:36.71	
325	804	NUNO CORDEIRO	M	48	01:12:46.89	01:12:32.14	OS ZATOPQUES
326	1136	LUIS PEDRO	M	46	01:12:50.33	01:12:20.12	GDCR ZAMBUJEIRA S CALVO
327	480	JORGE MORGADO	M	56	01:12:50.46	01:12:26.63	SS CGD
328	1513	MÁRIO LEITÃO	M	30	01:12:51.45	01:12:30.96	
329	763	RODOLFO FERREIRA	M	28	01:12:51.73	01:12:42.48	
330	702	DANIEL SIMÕES	M	31	01:12:51.75	01:12:30.71	DS RUNNERS
331	943	PAULA JACOB	F	38	01:12:52.89	01:12:41.89	CLUBE NOVO BANCO
332	1155	RODRIGO MARQUES	M	39	01:12:52.92	01:12:38.09	GDA - GYDARUN
333	1584	PAULO RUFINO	M	38	01:12:53.93	01:12:42.74	CM VF XIRA
334	1405	SERGIO M N GONÇALVES	M	43	01:12:55.29	01:12:47.01	PSP
335	1461	FRANCISCA RAPOSO	F	26	01:12:55.55	01:12:53.41	
336	1144	EURICO AGOSTINHO	M	56	01:12:56.35	01:12:38.10	GDCR ZAMBUJEIRA S CALVO
337	390	ALMERINDO SILVA	M	51	01:12:58.50	01:12:45.42	AGUIAS DO CARTAXO
338	238	TIAGO CRUZ	M	30	01:13:00.62	01:12:31.80	CORRER SR GRANJA
339	351	JOÃO S DIAS	M	51	01:13:01.82	01:12:25.96	
340	409	VITOR MARTINS	M	57	01:13:05.38	01:12:50.00	
341	1552	LUIS M P MARTINS	M	42	01:13:05.66	01:12:42.65	ECI RUNNING TEAM
342	675	SÉRGIO OLIVEIRA	M	41	01:13:05.90	01:12:26.45	CAVEIRAS RUN
343	998	DANIEL SILVA	M	57	01:13:09.85	01:13:08.09	CA ODIMARQ
344	1249	FILIPPE BOLÉO	M	45	01:13:10.57	01:12:44.61	CLUBE ANACOM
345	1103	LUIS MILHEIRO	M	57	01:13:10.84	01:12:31.52	GD SANTANDER TOTTA
346	1337	GONÇALO MARTINS	M	29	01:13:12.34	01:13:02.07	
347	924	ANDREIA MIRA	F	34	01:13:15.32	01:12:40.02	ASAS NOS PÉS
348	105	ANTÓNIO VALE	M	30	01:13:18.45	01:12:42.75	
349	126	PAULO S A VIEIRA	M	44	01:13:18.89	01:13:05.53	
350	1048	DANIEL VERÍSSIMO	M	35	01:13:19.05	01:12:54.95	CORRER LISBOA
351	1161	MARIA FREITAS	F	37	01:13:19.36	01:13:03.08	ASS VALE GRANDE
352	1345	MÁRIO R SOARES	M	30	01:13:21.64	01:13:08.30	CONQUISTA GINÁSIO - CADAVAL
353	345	VITOR A F CAVACO	M	39	01:13:22.55	01:13:09.60	ZFORTES
354	1366	CARLOS VIDAIS	M	43	01:13:23.73	01:13:05.99	ATLETICO DE VIA RARA
355	845	PEDRO GUEDES	M	42	01:13:26.46	01:12:48.32	
356	1058	ANTONIO IRIA	M	48	01:13:30.07	01:12:45.03	CLUBE TAP PORTUGAL
357	396	GIL CARNEIRO	M	39	01:13:30.15	01:13:20.15	MARGIL
358	1542	MANUEL P FRANCISCO	M	51	01:13:30.73	01:13:21.80	CA SAO BRAS
359	685	NUNO CALVO	M	43	01:13:30.74	01:13:27.54	SCALABIS NIGHT RUNNERS

CORRIDA DAS LEZIRIAS

5 MAR'17



360	1021	ANTÓNIO CARRETO	M	33	01:13:31.46	01:12:54.79	CORRER LISBOA
361	306	LUIS F B ISIDORO	M	33	01:13:32.80	01:13:25.62	
362	1284	SERGIO ALVES	M	28	01:13:36.64	01:13:27.18	
363	1296	JOSÉ SAPO	M	67	01:13:37.58	01:13:37.58	SC MOITENSE
364	1044	BRUNO TAVARES	M	31	01:13:38.63	01:13:14.94	
365	1616	PEDRO NUNES	M	44	01:13:38.73	01:12:48.15	CM VF XIRA
366	358	MARTA I S ANSELMO	F	45	01:13:39.61	01:13:34.34	
367	1393	JOSE HENRIQUES	M	30	01:13:41.72	01:12:41.98	HOSPITAL VF XIRA
368	1422	ANTONIO TEIXEIRA	M	47	01:13:42.68	01:13:13.52	GAA VF XIRA
369	909	ROGÉRIO CARREIRO	M	55	01:13:43.49	01:13:08.81	ASAS NOS PÉS
370	1442	MANUEL FIDALGO	M	48	01:13:44.02	01:13:28.04	GDA - GYDARUN
371	1492	SERGIO PONTES	M	40	01:13:44.05	01:13:33.47	S RED
372	1200	EDGAR FRANCISCO	M	51	01:13:45.83	01:13:24.72	URD ARRANHÒ
373	1090	NUNO CARVALHO	M	41	01:13:46.50	01:13:16.38	GD SANTANDER TOTTA
374	309	HUGO MARREIROS	M	35	01:13:46.57	01:12:43.76	CORREDORES DA ADEGA
375	395	ANA M CORREIA	F	37	01:13:47.67	01:13:38.15	MARGIL
376	1197	JORGE FERREIRA	M	58	01:13:50.37	01:13:49.38	HOVIONE
377	641	ERNESTO PEREIRA	M	47	01:13:52.93	01:13:51.61	FARISEUS
378	954	NUNO JACINTO	M	42	01:13:56.96	01:13:47.66	CLUBE VODAFONE
379	1401	FREDERICO M G PACHECO	M	34	01:13:58.49	01:13:34.22	PSP
380	1219	TIAGO PINTO	M	38	01:14:02.15	01:13:10.48	CORRER LISBOA
381	1367	DIAMANTINO GAMITO	M	50	01:14:04.82	01:13:48.10	ATLETICO DE VIA RARA
382	716	JOZE RIBEIRO	M	54	01:14:05.66	01:13:54.73	CCD O ALVITEJO
383	939	LUIS JOSÉ	M	47	01:14:07.98	01:13:41.84	CLUBE NOVO BANCO
384	1159	JOSÉ MOREIRA	M	40	01:14:09.59	01:14:08.25	ASS VALE GRANDE
385	1481	CARLA LOURENCO	F	41	01:14:10.23	01:14:07.72	C MILLENNIUM BCP
386	1065	JOSÉ NETO	M	59	01:14:14.66	01:13:54.13	TEAM NETO
387	1172	JOAQUIM FERRÃO	M	56	01:14:15.84	01:13:50.27	GDC BANCO PORTUGAL
388	1130	VERA VAZ	F	40	01:14:19.81	01:14:03.16	EQUIPA DAVID VAZ
389	842	SAMUEL SEBASTIÃO	M	35	01:14:23.60	01:14:18.53	
390	1050	EURICO GOMES	M	54	01:14:24.45	01:14:06.74	ADCR PJ
391	1482	CARLOS LOURENCO	M	64	01:14:24.53	01:14:22.48	C MILLENNIUM BCP
392	841	PATRÍCIA CALDAS	F	33	01:14:25.36	01:14:19.42	
393	141	NUNO SANTOS	M	42	01:14:25.36	01:14:17.07	
394	1199	FILIPPE BRANCO	M	47	01:14:28.11	01:14:06.83	URD ARRANHÒ
395	850	NUNO M M AVELAR	M	39	01:14:28.97	01:13:59.89	

CORRIDA DAS LEZIRIAS

5 MAR'17



396	544	VITOR SILVA	M	33	01:14:32.75	01:13:49.12	
397	773	JULIO PATRICIO	M	55	01:14:33.72	01:14:17.96	RUN TEAM BOMBARRAL
398	619	CARLOS MARQUES	M	46	01:14:33.98	01:14:06.32	CORRER SR GRANJA
399	963	PAULO RANA	M	52	01:14:38.06	01:14:21.21	
400	1066	MÁRCIO NETO	M	37	01:14:38.89	01:14:18.52	TEAM NETO
401	255	RUBEN SILVA	M	60	01:14:39.82	01:14:02.69	CÂMARA LISBOA CLUBE
402	1030	JOSE HILARIO	M	57	01:14:40.04	01:13:50.11	
403	1543	TIAGO A SILVA	M	28	01:14:41.52	01:14:30.06	CA SAO BRAS
404	1411	JOSE MARTINS	M	42	01:14:42.71	01:14:02.60	SS CGD
405	211	CARLOS LOURENÇO	M	41	01:14:43.53	01:14:29.44	CRUZ QUEBRADENSE SIMECQ
406	442	JOSÉ MATOS	M	56	01:14:44.12	01:14:05.18	CA AMIGOS PARQUE PAZ
407	1113	MARIO R COSTA	M	41	01:14:44.14	01:14:05.34	GD SANTANDER TOTTA
408	1538	VITOR FERNANDES	M	42	01:14:44.80	01:14:22.08	CM VF XIRA
409	1541	JOSE P DUARTE	M	32	01:14:45.43	01:14:36.43	CA SAO BRAS
410	237	JOAQUIM GOMES	M	38	01:14:46.47	01:14:16.67	CORRER SR GRANJA
411	908	JOSÉ HENRIQUES	M	43	01:14:51.17	01:14:14.31	ASAS NOS PÉS
412	731	JOÃO ANDRÉ	M	39	01:14:52.19	01:14:23.02	SR CAMARNAL
413	642	ALBERTINO NETO	M	46	01:14:52.23	01:14:23.97	CORRER SR GRANJA
414	322	GUILHERME GONCALVES	M	56	01:14:54.04	01:14:46.22	C FERROVIARIO PORTUGAL
415	560	PAULO TRIGO	M	38	01:14:55.08	01:14:26.92	R FRENTE RIBEIRINHA PÓVOA STA IRIA
416	832	PEDRO VICENTE	M	39	01:14:57.86	01:14:31.60	PORTUGAL TROOPER / ATTITUDE CM
417	1344	ARTUR COSTA	M	52	01:14:58.26	01:14:49.68	CONQUISTA GINÁSIO - CADAVAL
418	130	MIGUEL SAN-PAYO	M	54	01:14:59.60	01:14:21.12	RUN 4 FUN
419	349	NUNO SILVA	M	40	01:15:01.31	01:14:52.14	3B TRIATLO
420	679	VITOR FERREIRA	M	37	01:15:03.04	01:14:24.03	CAVEIRAS RUN
421	821	JORGE BORGES	M	40	01:15:03.35	01:14:38.39	
422	1566	JOSÉ PEREIRA	M	51	01:15:03.49	01:14:38.34	
423	1328	DAVID FARINHA	M	31	01:15:04.58	01:14:54.24	3B - S
424	1339	BRUNO P F BARREIROS	M	33	01:15:05.66	01:14:58.06	
425	1352	PEDRO SERRA	M	40	01:15:05.97	01:14:42.52	CORRER LISBOA
426	1372	PEDRO RIBEIRO	M	35	01:15:06.09	01:14:44.23	
427	1145	LUCAS DELGADO	M	63	01:15:11.45	01:14:50.52	GDCR ZAMBUJEIRA S CALVO
428	874	MAFALDA MONIZ	F	30	01:15:12.23	01:15:09.94	INNOTEAM
429	618	RUI RODRIGUES	M	51	01:15:13.94	01:14:47.22	CORRER SR GRANJA
430	1588	FRANCISCO MULETA	M	42	01:15:16.40	01:14:59.75	
431	1582	BRUNO M C LOPES	M	42	01:15:17.68	01:14:55.36	GANG DO AMENDOIM

CORRIDA DAS LEZIRIAS

5 MAR'17



432	858	MANUEL CHINITA	M	52	01:15:20.33	01:15:17.61	A VALE SILENCIO
433	1510	JOAQUIM SILVA	M	44	01:15:21.85	01:14:29.62	GINJINHA RUNNERS
434	994	FRANCISCO CUNHA	M	45	01:15:21.91	01:14:22.83	ENCONTRAMO-NOS NA META
435	815	CARLOS P RODRIGUES	M	59	01:15:22.20	01:15:18.38	CP EDP LISBOA
436	961	MÁRIO GENOVEVO	M	50	01:15:22.61	01:15:19.68	
437	747	JALMOR MOR	M	48	01:15:23.80	01:15:01.53	CORRER LISBOA
438	1062	FERNANDO COELHO	M	51	01:15:25.00	01:15:19.29	CLUBE TAP PORTUGAL
439	1061	CARLOS SILVA	M	51	01:15:25.08	01:15:19.62	CLUBE TAP PORTUGAL
440	392	JOÃO M A LOURO	M	31	01:15:26.46	01:15:03.35	ATLETAS DA MADRUGADA
441	761	ALEXANDRE BENTO	M	43	01:15:26.67	01:15:07.46	
442	1270	PEDRO TRABUCHO	M	52	01:15:26.93	01:15:08.34	GD BANCO BPI
443	1409	EDUARDO RODRIGUES	M	36	01:15:27.29	01:14:46.65	SS CGD
444	369	JOSE OLIVEIRA	M	43	01:15:27.54	01:15:19.40	
445	1309	ANA SALDANHA	F	44	01:15:28.70	01:14:42.70	FAMILIA DO CORAÇÃO
446	1416	SUSANA MATOS	F	35	01:15:30.40	01:15:30.40	SS CGD
447	346	PEDRO GRAVE	M	28	01:15:32.32	01:15:01.63	ADRC MATA BENFICA
448	1153	ILISITO FERREIRA	M	33	01:15:33.24	01:15:00.38	CAD A CORRER
449	1518	FRANCISCO OLIVEIRA	M	32	01:15:33.51	01:15:33.51	
450	110	FÁBIO RODRIGUES	M	26	01:15:37.02	01:14:54.98	JIMBRAS RUNNING TEAM
451	1556	JOÃO FÉLIX	M	28	01:15:37.96	01:14:57.26	
452	1096	PEDRO XAVIER	M	44	01:15:38.37	01:14:33.88	GD SANTANDER TOTTA
453	607	NUNO VITAL	M	28	01:15:38.45	01:15:09.95	
454	867	ANA REBELO	F	23	01:15:38.89	01:15:24.60	FALCOES SELVAGENS
455	289	JOSÉ COELHO	M	61	01:15:39.66	01:15:36.46	SNR
456	1129	RUI GONÇALVES	M	44	01:15:41.00	01:15:23.68	EQUIPA DAVID VAZ
457	299	RUI ANTUNES	M	43	01:15:43.87	01:15:26.19	
458	57	BRUNO M JACOB	M	35	01:15:44.44	01:15:36.12	
459	670	FERNANDO ANACLETO	M	66	01:15:45.24	01:15:37.39	
460	1091	DANIEL SIMOES	M	43	01:15:48.60	01:15:22.87	GD SANTANDER TOTTA
461	1181	FERNANDO ROBEIRO	M	51	01:15:48.64	01:15:24.34	GDC BANCO PORTUGAL
462	1014	FRANCISCO PASSOS	M	55	01:15:51.00	01:15:13.60	
463	1581	ANTONIO NOGUEIRA	M	51	01:15:51.29	01:15:40.13	
464	274	HELENA TAUBE	F	43	01:15:51.86	01:15:45.50	
465	1349	DUARTE ABELHO	M	19	01:15:54.33	01:15:53.38	
466	925	ANTÓNIO TOMÉ	M	43	01:15:56.02	01:15:20.46	ASAS NOS PÉS
467	687	NUNO STOFFEL	M	43	01:15:56.67	01:15:52.63	SCALABIS NIGHT RUNNERS

CORRIDA DAS LEZIRIAS

5 MAR'17



468	1127	PATRICIA SANTOS	F	32	01:15:57.00	01:15:19.37	ASAS NOS PÉS
469	236	GONÇALO GUIOMAR	M	23	01:15:57.09	01:15:31.14	CORRER SR GRANJA
470	1182	JOÃO RODRIGUES	M	37	01:15:57.70	01:15:29.09	GDC BANCO PORTUGAL
471	1160	PAULO MONTEIRO	M	43	01:15:57.85	01:15:41.66	ASS VALE GRANDE
472	525	TIAGO SILVA	M	39	01:15:58.48	01:15:26.68	
473	235	JULIO ROQUE	M	51	01:16:01.44	01:15:31.71	CORRER SR GRANJA
474	1563	LUIS M M SANTOS	M	40	01:16:02.42	01:15:41.22	CORRER LISBOA
475	1554	ARSENIO FERNANDES	M	60	01:16:02.74	01:15:23.94	CA AMIGOS PARQUE PAZ
476	143	VERA S CARVALHO	F	42	01:16:07.67	01:15:57.13	
477	725	TIAGO PINHAL	M	40	01:16:09.88	01:15:58.77	
478	167	JOÃO FIALHO	M	38	01:16:10.98	01:16:08.60	CCD-AT
479	669	IDALÉCIO BARROS	M	62	01:16:13.87	01:16:05.99	
480	1023	CARLOS FERREIRA	M	60	01:16:14.08	01:16:04.96	ND AUTOCOOPE
481	788	NANDO TORRES	M	54	01:16:16.09	01:16:11.30	GAREHOTELRUNNING
482	930	NUNO FIGUEIREDO	M	40	01:16:16.09	01:15:33.94	RUN TEAM BOMBARRAL
483	259	JOSE M GALVAO	M	50	01:16:16.30	01:15:53.93	CÂMARA LISBOA CLUBE
484	1204	JOAO CALISTO	M	56	01:16:21.89	01:15:40.48	
485	1564	CARLOS RAMOS	M	48	01:16:22.75	01:15:59.44	
486	1117	ANTONIO GONÇALVES	M	60	01:16:24.36	01:16:20.42	AVAVILLA
487	1495	FÁBIO ROMÃO	M	25	01:16:24.56	01:16:00.84	
488	444	MIGUEL SIMÕES	M	38	01:16:25.21	01:15:44.75	MANITOU PEÇAS VFX
489	809	GENTIL PEREIRA	M	43	01:16:25.68	01:15:33.14	AMIGOS DA FLOR
490	54	HENRIQUE FALAGUEIRA	M	38	01:16:26.13	01:16:17.74	
491	243	SE SILVA	M	53	01:16:27.18	01:16:27.06	CÂMARA LISBOA CLUBE
492	253	FRANCISCO CUNHA	M	52	01:16:27.90	01:16:27.77	CÂMARA LISBOA CLUBE
493	798	EUGÉNIO PISCO	M	65	01:16:28.94	01:16:03.36	OS SANTARENOS
494	1570	ANTONIO S VIEIRA	M	67	01:16:29.24	01:16:23.07	
495	88	VITOR PARREIRA	M	64	01:16:31.32	01:15:56.87	CA NAZARÉ
496	176	SÉRGIO CAMPOS	M	49	01:16:31.43	01:15:45.94	
497	1187	ANTÓNIO J H FERREIRA	M	58	01:16:32.63	01:16:22.38	
498	922	VITOR PEREIRA	M	40	01:16:36.40	01:16:10.78	GR JANZ E ASSOCIADOS
499	940	LUIS MONTEIRO	M	45	01:16:39.15	01:16:34.38	CLUBE NOVO BANCO
500	863	RODRIGO PAUL	M	37	01:16:39.23	01:16:31.40	
501	1093	RUI CUNHA	M	50	01:16:40.31	01:16:17.24	GD SANTANDER TOTTA
502	1621	LUIS CABRAL	M	35	01:16:41.02	01:16:34.74	
503	1553	JOSÉ AUGUSTO	M	56	01:16:41.06	01:16:27.19	FALCÕES SELVAGENS

CORRIDA DAS LEZIRIAS

5 MAR'17



504	368	JOÃO CORDEIRO	M	30	01:16:41.70	01:16:27.69	
505	190	RICARDO RIBEIRO	M	40	01:16:41.92	01:16:19.74	EQUIPA
506	1316	RICARDO AFONSO	M	45	01:16:44.34	01:16:13.65	
507	1054	LUIS ALVES	M	38	01:16:45.76	01:16:13.44	CAD A CORRER
508	1011	PEDRO CARVALHO	M	32	01:16:46.00	01:16:12.81	CAD A CORRER
509	393	CARLOS M B PEREIRA	M	46	01:16:47.93	01:16:22.97	GD SANTANDER TOTTA
510	1027	PEDRO SEQUEIRA	M	37	01:16:50.19	01:16:33.15	ND AUTOCOOPE
511	374	MARCO SILVA	M	41	01:16:51.01	01:16:44.37	
512	1537	MARCO SILVA	M	41	01:16:51.33	01:16:44.50	CM VF XIRA
513	1086	NUNO DAMIAES	M	35	01:16:52.23	01:16:22.87	GD SANTANDER TOTTA
514	1177	PEDRO PINTO	M	30	01:16:52.45	01:16:07.36	GDC BANCO PORTUGAL
515	357	VITOR MORAIS	M	58	01:16:53.51	01:16:37.25	
516	701	SÉRGIO SEBASTIÃO	M	38	01:16:55.16	01:16:34.31	DS RUNNERS
517	1271	HUGO REIS	M	39	01:16:56.32	01:15:54.29	GD BANCO BPI
518	775	MANUEL CRISPIM	M	64	01:16:57.45	01:16:34.70	UDCA
519	835	RUI ALEGRE	M	38	01:17:02.08	01:16:08.05	
520	1106	JOSE C PEREIRA	M	47	01:17:02.39	01:16:47.27	GD SANTANDER TOTTA
521	247	LICÍNIO FIODALGO	M	57	01:17:03.68	01:16:30.75	CÂMARA LISBOA CLUBE
522	1429	NUNO MOREIRA	M	41	01:17:04.74	01:16:40.02	
523	597	ORLANDO SILVA	M	59	01:17:06.28	01:16:55.09	CCDT METRO LX
524	1292	JOSÉ BORDALO	M	64	01:17:07.29	01:16:58.34	
525	1064	RUI MONTEIRO	M	42	01:17:07.95	01:16:53.17	OS ZAOPEQUES
526	1509	RODRIGO OLIVEIRA	M	39	01:17:08.33	01:15:58.94	
527	104	NUNO LOPES	M	42	01:17:08.33	01:15:58.94	FC ESTRELAS LISBOA
528	378	EDGAR ANASTACIO	M	52	01:17:08.53	01:16:53.12	GDA - GYDARUN
529	1274	MANUEL SOARES	M	52	01:17:09.41	01:17:09.29	UNIDOS DA MANUTENÇÃO
530	1496	JOSE FERREIRA	M	61	01:17:11.30	01:17:07.65	SCALABIS NIGHT RUNNERS
531	205	NUNO GALVÃO	M	53	01:17:11.30	01:16:22.28	CRUZ QUEBRADENSE SIMECQ
532	711	CARLA CALÇADA	F	47	01:17:12.85	01:17:04.08	CCD O ALVITEJO
533	123	FRANCISCO M C PINTO	M	58	01:17:13.32	01:17:11.24	
534	298	SARA GABRIEL	F	28	01:17:13.37	01:17:09.62	
535	1425	CLAUDIO MIRA	M	51	01:17:14.43	01:17:10.79	GAA VF XIRA
536	854	CARLOS COSTA	M	50	01:17:15.16	01:16:35.32	A VALE SILENCIO
537	964	NELSON BRANCO	M	43	01:17:16.72	01:17:00.60	
538	386	JORGE REIS NETO	M	50	01:17:17.51	01:17:02.78	
539	989	CARLOS TEIXEIRA	M	56	01:17:18.54	01:16:45.07	LEBRES E TARTARUGAS

CORRIDA DAS LEZIRIAS

5 MAR'17



540	318	EDUARDO COELHO	M	34	01:17:22.08	01:16:51.49	ADRC MATA BENFICA
541	233	FILIPE RAMALHO	M	36	01:17:24.94	01:16:56.93	CORRER SR GRANJA
542	1166	NUNO ARAÚJO	M	45	01:17:25.78	01:16:52.60	
543	24	EDUARDO GOMES	M	47	01:17:27.10	01:17:18.76	
544	1298	ACURCIO MARIA	M	45	01:17:27.30	01:17:20.65	SC MOITENSE
545	448	JOÃO P F S R TABORDA	M	31	01:17:30.38	01:16:40.29	
546	262	ANDREIA V MENDES	F	41	01:17:33.10	01:17:16.16	MALVEIRITOS
547	553	HUGO M F HENRIQUES	M	39	01:17:33.59	01:17:27.70	LUSCO-FUSCO RUNNERS
548	1227	ERNESTO GUIA	M	62	01:17:34.21	01:17:05.43	ACD BOCAL
549	1009	JOSÉ MONTEIRO	M	60	01:17:35.60	01:17:25.00	
550	1555	MARCO A B DIAS	M	23	01:17:36.33	01:17:13.06	
551	1544	CARLOS LOPES	M	42	01:17:40.52	01:16:41.61	AMINHACORRIDA/MYPROTEIN
552	438	FILIPE MARQUES	M	39	01:17:40.78	01:17:16.14	ATLETAS DA MADRUGADA
553	735	PAULO MOISÃO	M	40	01:17:40.79	01:17:17.03	ATLETAS DA MADRUGADA
554	853	ANTONIO FERNANDES	M	60	01:17:42.79	01:17:02.71	A VALE SILENCIO
555	1371	NUNO ALMEIDA	M	39	01:17:43.22	01:17:20.35	
556	630	JOAO MACEDO	M	50	01:17:44.95	01:17:22.43	
557	1315	CRISTINA CAETANO	F	45	01:17:46.01	01:17:36.19	CUABENAVENTENSE
558	424	SANDRO TEIXEIRA	M	28	01:17:48.50	01:16:57.58	
559	489	ORLINDO FIGUEIREDO	M	69	01:17:53.76	01:17:51.87	SS CGD
560	1017	PATRICK MAGALHAES	M	34	01:17:53.79	01:17:10.08	
561	846	TIAGO G L FERREIRA	M	35	01:17:54.12	01:17:11.71	
562	203	ANTÓNIO CORREIA	M	47	01:17:55.64	01:17:06.22	CRUZ QUEBRADENSE SIMECQ
563	482	LUIS QUENNTAL	M	50	01:17:59.27	01:17:10.80	SS CGD
564	410	ANTÓNIO ALMEIDA	M	37	01:17:59.65	01:17:23.44	OS CONTAKILOMETROS
565	1524	ANTÓNIO MINA	M	55	01:18:04.89	01:17:10.29	
566	474	FERNANDO LIMA	M	47	01:18:08.77	01:17:22.74	SS CGD
567	500	TIAGO AVELAS	M	42	01:18:09.02	01:17:08.52	SS CGD
568	668	BRUNO LETRA	M	31	01:18:10.88	01:17:48.78	
569	967	DUARTE ESCOBAR	M	42	01:18:11.88	01:16:48.46	
570	748	CARLOS BATISTA	M	43	01:18:13.21	01:17:48.46	CORRER LISBOA
571	1306	MARCO P M CACHINHO	M	36	01:18:15.22	01:18:05.26	KANINOS
572	1334	JOÃO J FERNANDES	M	35	01:18:15.64	01:17:56.57	
573	218	HELDER PALHAS	M	44	01:18:20.94	01:17:47.70	CONTA GOTAS
574	843	MANUEL G ALVES	M	58	01:18:20.96	01:17:49.81	
575	981	JAIME GOMES	M	60	01:18:23.26	01:17:38.66	SS MONTEPIO

CORRIDA DAS LEZIRIAS

5 MAR'17



576	494	PEDRO LOPES	M	37	01:18:24.09	01:18:09.64	SS CGD
577	431	ARTUR CARVALHO	M	53	01:18:27.91	01:17:39.48	
578	876	JORGE BARBOSA	M	30	01:18:30.26	01:17:58.41	
579	818	RICARDO SANTOS	M	45	01:18:31.87	01:17:56.65	CP EDP LISBOA
580	848	LUIS FEIJOCA	M	35	01:18:32.17	01:18:08.23	
581	1435	GIL DELGADO	M	32	01:18:32.62	01:17:44.28	
582	847	MARCO A C Á PIRES	M	29	01:18:35.17	01:18:10.54	CORRER LISBOA
583	108	PAULO GONÇALVES	M	44	01:18:36.89	01:18:02.50	BESMART
584	86	RUI VIEITAS	M	41	01:18:38.51	01:18:19.70	FAT OLD DUDES
585	412	ANTÓNIO SILVA	M	44	01:18:38.74	01:18:08.78	
586	411	PAULO CARVALHO	M	50	01:18:38.87	01:18:09.83	
587	87	MIGUEL CASTRO	M	49	01:18:39.37	01:18:20.90	FAT OLD DUDES
588	562	CARLOS MARTINS	M	43	01:18:40.26	01:17:55.50	
589	825	PAULO BASÍLIO	M	50	01:18:42.62	01:18:26.60	OS ZATOPEQUES
590	824	JOSÉ MORAIS	M	55	01:18:42.74	01:18:26.95	OS ZATOPEQUES
591	1095	GONÇALO SOUSA	M	37	01:18:43.29	01:18:18.00	GD SANTANDER TOTTA
592	704	VASCO JESUS	M	26	01:18:43.85	01:18:26.51	FJ
593	430	LUIS FARIA	M	54	01:18:43.97	01:18:22.15	CARTAXO NIGHT RUNNERS
594	1006	NUNO ROMAO	M	49	01:18:44.62	01:17:56.64	GD INE
595	426	MARTA S CONCEIÇÃO	F	32	01:18:44.94	01:18:23.60	CORRER LISBOA
596	1191	RUI BARROS	M	48	01:18:46.60	01:18:32.49	
597	20	PAULO A R NUNES	M	43	01:18:46.69	01:18:24.56	CORRER LISBOA
598	174	JOSE P P FERREIRA	M	56	01:18:49.21	01:18:04.66	
599	68	VITOR MONTEIRO	M	54	01:18:49.80	01:18:36.02	OS DUROS
600	387	PAULO ESPANHOL	M	47	01:18:54.14	01:18:38.02	
601	160	CARLOS SOUSA	M	59	01:18:54.18	01:18:29.18	OS PERIGOSOS
602	1336	BRUNO CORREIA	M	34	01:18:56.19	01:18:25.81	
603	680	PAULO J J HENRIQUES	M	41	01:18:58.83	01:17:54.69	FAMÍLIA HENRIQUES
604	1019	ANTONIO SEROMENHO	M	58	01:19:00.85	01:18:50.90	
605	58	VITOR PINTO	M	52	01:19:00.88	01:18:21.04	
606	401	VITOR GAMEIRO	M	51	01:19:02.29	01:18:22.65	
607	923	ARMINDO RODRIGUES	M	49	01:19:02.95	01:18:37.14	GR JANZ E ASSOCIADOS
608	723	FERNANDO VERÍSSIMO	M	55	01:19:04.37	01:18:56.61	CHESTERS TEAM
609	241	GABRIEL B ALMEIDA	M	37	01:19:04.49	01:18:58.15	
610	388	RAMIRO INÁCIO	M	65	01:19:04.94	01:18:57.35	KANINOS
611	102	HUGO SILVA	M	37	01:19:07.95	01:18:47.82	

CORRIDA DAS LEZIRIAS

5 MAR'17



612	609	FRANCISCO VIEIRA	M	48	01:19:09.40	01:18:30.70	SS CGD
613	752	MIGUEL RAU	M	46	01:19:10.64	01:18:52.37	
614	1354	JOSÉ NEVES	M	45	01:19:11.60	01:18:33.93	
615	119	JOAO A MONICA	M	32	01:19:12.31	01:18:16.21	
616	62	PAULA TEIXEIRA	F	39	01:19:12.39	01:19:02.96	FALCOES SELVAGENS
617	968	JOSE FERNANDES	M	34	01:19:14.06	01:18:22.82	
618	547	JOÃO J A PASSEIRO	M	54	01:19:14.63	01:18:01.97	ADC CATUJAL
619	935	EDUARDO FIGUEIREDO	M	45	01:19:16.68	01:19:05.56	CLUBE NOVO BANCO
620	1364	CARLOS CORREIA	M	51	01:19:20.37	01:19:20.37	ATLETICO DE VIA RARA
621	1150	ANDRE ANTUNES	M	22	01:19:22.44	01:18:03.30	
622	297	ARMANDO ALMEIDA	M	57	01:19:24.09	01:18:45.18	A VALE SILENCIO
623	1045	ANDRÉ MARTINS	M	32	01:19:28.19	01:18:21.58	
624	477	JOAO ALMEIDA	M	47	01:19:28.37	01:18:43.85	SS CGD
625	980	HELDER PALMA	M	46	01:19:30.50	01:19:21.80	SS MONTEPIO
626	471	CARLOS FIGUEIREDO	M	45	01:19:31.43	01:18:46.91	SS CGD
627	574	RICARDO L ALVES	M	34	01:19:32.71	01:19:24.75	C BENFICA SEIXAL
628	1501	PEDRO G MENDES	M	29	01:19:32.82	01:18:51.75	GRANATE
629	1546	TINA OLIVEIRA	F	52	01:19:33.87	01:19:27.51	AMINHACORRIDA/MYPROTEIN
630	1369	PEDRO PINEL	M	47	01:19:34.18	01:18:41.05	NAV RUNNERS
631	1565	JOSE MACHADO	M	51	01:19:34.42	01:18:41.10	NAV RUNNERS
632	263	HUGO CIPRIANO	M	37	01:19:35.69	01:18:53.14	COISO
633	361	FRANCISCO BATISTA	M	51	01:19:35.87	01:19:20.74	
634	107	SARA ANDRADE	F	35	01:19:38.06	01:16:18.09	
635	519	NUNO PIÇARREIRA	M	43	01:19:41.84	01:19:06.32	
636	514	JOSE A RODRIGUES	M	57	01:19:41.85	01:18:48.15	
637	1012	CARLOS MARTINHO	M	47	01:19:47.35	01:19:14.12	CAD A CORRER
638	726	PEDRO J S GOMES	M	33	01:19:48.81	01:19:15.12	
639	147	EDUARDO MARQUES	M	31	01:19:50.22	01:19:46.09	
640	367	AVELINO ALVES	M	36	01:19:52.50	01:19:40.88	TECLAHOST.COM
641	193	CARLOS RANGEL	M	63	01:19:57.04	01:19:19.42	
642	311	IGOR BATISTA	M	32	01:19:57.12	01:18:53.73	CORREDORES DA ADEGA
643	1207	ROGERIO P LUIS	M	44	01:19:57.83	01:19:34.56	
644	103	ANTÓNIO A M MOREIRA	M	52	01:19:58.18	01:19:47.10	
645	399	RICARDO M J S TEODORO	M	36	01:19:59.12	01:19:36.35	
646	422	ADELAIDE PEREIRA	F	45	01:20:02.10	01:19:34.05	R FRENTE RIBEIRINHA PÓVOA STA IRIA
647	905	CARLOS IPE	M	41	01:20:03.36	01:19:28.30	ASAS NOS PÉS

CORRIDA DAS LEZIRIAS

5 MAR'17



648	37	ANA MARQUES	F	38	01:20:03.89	01:20:00.34	SCALABIS NIGHT RUNNES
649	158	JOSÉ HENRIQUES	M	61	01:20:05.23	01:19:39.90	OS PERIGOSOS
650	754	LUIS DIAS	M	31	01:20:10.03	01:19:27.94	JIMBRAS RUNNING TEAM
651	419	LUIS AMARAL	M	50	01:20:10.99	01:19:11.01	LA CONSULTORES
652	134	ROLANDO COSTA	M	38	01:20:11.01	01:19:23.50	CP AGUAS GAIA
653	132	MANUEL SANTIAGO	M	51	01:20:11.17	01:19:22.56	CP AGUAS GAIA
654	436	CARLOS M D CARRANCA	M	51	01:20:12.52	01:19:43.62	
655	22	RUI SIMOES	M	39	01:20:16.16	01:19:37.71	
656	1469	RUI FERNANDES	M	46	01:20:16.37	01:20:03.09	
657	538	DIOGO ARRAIAS	M	62	01:20:19.22	01:19:42.54	OS ARRAIAS
658	776	JOÃO M J ESTEVÃO	M	36	01:20:19.77	01:19:41.11	
659	1310	CARLOS NEVES	M	49	01:20:24.03	01:19:37.18	FAMILIA DO CORAÇÃO
660	267	VITOR CID	M	42	01:20:25.47	01:19:20.07	GDCT UNICRE
661	1430	CARLOS BARGADO	M	52	01:20:27.57	01:20:13.60	AÇOREANA
662	1325	LICÍNIO SIMÕES	M	35	01:20:31.53	01:20:11.64	ATÓMICOS
663	451	LEONEL FREIRA	M	42	01:20:32.69	01:19:59.05	CAD A CORRER
664	555	NUNO FRANCISCO	M	41	01:20:33.41	01:19:40.49	
665	1034	JOSE LINDO	M	71	01:20:33.80	01:20:30.60	CA VALE FIGUEIRA
666	1010	JOAQUIM DINIZ	M	45	01:20:34.03	01:19:50.58	
667	620	JOSÉ RAMOS	M	55	01:20:36.86	01:20:07.06	CORRER SR GRANJA
668	1396	PAULA M F MADEIRA	F	32	01:20:37.00	01:20:29.08	PSP
669	97	MIGUEL CASTELA	M	46	01:20:39.41	01:19:38.06	AA LEBRES SADO
670	1488	RICARDO PIMENTA	M	41	01:20:40.61	01:19:57.23	OS LESMAS
671	871	PAULO CALVINO	M	42	01:20:42.36	01:20:10.56	INNOTEAM
672	585	CARLOS MOREIRA	M	63	01:20:43.17	01:20:21.34	CCDT METRO LX
673	856	HERNANI MONTEIRO	M	57	01:20:44.60	01:20:35.09	A VALE SILENCIO
674	1321	ANTONIO TRINDADE	M	44	01:20:44.77	01:20:14.16	
675	1247	NUNO TAXEIRO	M	33	01:20:47.47	01:19:50.47	CORRERCORIAN
676	689	FRANCISCO O MARTINS	M	30	01:20:48.81	01:20:35.79	
677	1195	JORGE CAMPOS	M	42	01:20:50.47	01:20:36.96	
678	488	TERESA DOMINGUES	F	50	01:20:51.59	01:20:39.61	SS CGD
679	151	RUI REIS	M	38	01:20:51.69	01:19:55.61	
680	495	DANIEL BOTELHO	M	38	01:20:52.99	01:20:40.48	SS CGD
681	350	RUI M S ALVES	M	42	01:20:53.91	01:20:39.88	GDA - GYDARUN
682	1353	ISIDRO CARVALHO	M	46	01:20:54.18	01:19:51.19	GAREHOTELRUNNING
683	394	EDUARDO BENTO	M	45	01:20:54.72	01:20:31.55	ATLETAS DA MADRUGADA

CORRIDA DAS LEZIRIAS

5 MAR'17



684	1223	ANA SANTOS	F	40	01:20:55.26	01:20:55.26	
685	869	TAM AFONSO	M	64	01:20:55.63	01:20:49.10	AÇOREANA
686	1222	NELSON GOMES	M	38	01:20:56.28	01:20:48.64	
687	902	JOÃO FERREIRA	M	45	01:20:57.66	01:20:27.30	CA VALE FIGUEIRA
688	653	TANIA GARCIA	F	30	01:20:58.85	01:20:51.23	
689	157	MÁRIO LOPES	M	48	01:21:00.51	01:20:35.85	OS PERIGOSOS
690	1079	ANTONIO CASTRO	M	47	01:21:02.63	01:20:49.27	GD SANTANDER TOTTA
691	1250	CARLOS COSTA	M	46	01:21:04.81	01:20:33.71	CLUBE ANACOM
692	293	SAMUEL SOUSA	M	39	01:21:06.51	01:20:20.12	TEAM BOCK
693	674	PEDRO MACHADO	M	49	01:21:07.45	01:20:28.05	CAVEIRAS RUN
694	715	JOAQUIM MARTINS	M	56	01:21:07.82	01:20:38.27	CCD O ALVITEJO
695	531	VALTER R M L N SANTOS	M	27	01:21:08.14	01:20:45.41	
696	759	LUIS ALMEIDA	M	43	01:21:08.17	01:20:42.97	GUP GRALHAS
697	1558	PEDRO GONÇALVES	M	32	01:21:08.58	01:20:36.42	
698	320	ÂNGELA GUERREIRO	F	36	01:21:09.04	01:20:35.26	ADRC MATA BENFICA
699	975	NUNO BATISTA	M	43	01:21:10.30	01:20:48.51	NP
700	467	BRUNO DIAS	M	40	01:21:12.45	01:20:58.63	SS CGD
701	1256	DANIELA A R AFONSO	F	30	01:21:13.42	01:20:46.18	OS PERIGOSOS
702	348	NUNO MADEIRA	M	45	01:21:13.48	01:20:16.30	CORRIDAS & COMIDAS
703	331	CECÍLIA NICOLAU	F	50	01:21:13.92	01:21:00.64	AA LEBRES SADO
704	1183	PEDRO SANTOS	M	38	01:21:13.94	01:14:01.94	
705	246	EDUARDO MANSO	M	55	01:21:14.67	01:20:43.19	CÂMARA LISBOA CLUBE
706	1381	TIAGO MOTA	M	35	01:21:15.45	01:20:24.51	HOSPITAL VF XIRA
707	573	JOSÉ A S PEREIRA	M	60	01:21:15.54	01:20:48.50	OS PERIGOSOS
708	1619	JOAO MAGALHAES	M	39	01:21:15.96	01:20:32.07	GFD RUNNING
709	1375	JOSE MIRANDA	M	51	01:21:16.18	01:20:32.20	
710	1322	JOAQUIM BEXIGA	M	48	01:21:16.77	01:20:48.68	CLUBE OGMA
711	1323	FERNANDA FRANÇA	F	43	01:21:16.77	01:20:49.16	CLUBE OGMA
712	1040	SUSANA FRAZÃO	F	36	01:21:18.37	01:20:41.02	
713	85	NUNO MARQUES	M	43	01:21:19.89	01:20:45.13	
714	1001	CELSE PEREIRA	M	38	01:21:20.72	01:21:04.87	SRCD TESOUERIRA
715	79	PEDRO QUADRIO	M	44	01:21:23.56	01:20:25.32	
716	666	JOSÉ CRUZ	M	42	01:21:23.76	01:21:08.46	RUN FOR LUNCH
717	1314	EDITE PIRES	F	51	01:21:24.71	01:21:19.72	CUABENAVENTENSE
718	186	JOSÉ A S LOUREIRO	M	53	01:21:25.48	01:20:18.81	
719	1209	RUI SALES	M	50	01:21:26.59	01:21:08.34	OS CARREGUEIRENSES

CORRIDA DAS LEZIRIAS

5 MAR'17



720	849	ADÉRITO CARRELHAS	M	62	01:21:27.66	01:21:21.87	
721	1468	AVELINO RODRIGUES	M	42	01:21:28.41	01:21:15.97	
722	1056	JORGE GONÇALVES	M	31	01:21:29.23	01:20:19.20	CLUBE TAP PORTUGAL
723	1057	MANUEL MEXIA	M	51	01:21:29.48	01:20:19.76	CLUBE TAP PORTUGAL
724	690	ORLANDO NUNES	M	38	01:21:36.71	01:21:22.94	
725	453	PEDRO CASTELO	M	33	01:21:39.10	01:21:16.33	
726	82	RUI SILVA	M	44	01:21:39.47	01:20:51.90	
727	912	SÓNIA ARAÚJO	F	39	01:21:41.43	01:21:05.42	ASAS NOS PÉS
728	109	MIGUEL BERMONTE	M	40	01:21:41.55	01:21:06.85	BESMART
729	578	JORGE ESTEVES	M	53	01:21:45.70	01:21:07.95	RUN 4 FUN
730	979	CARLOS MIRA	M	45	01:21:48.64	01:21:22.95	
731	1070	LINO OLIVEIRA	M	71	01:21:57.68	01:21:52.41	GD SANTANDER TOTTA
732	1272	PAULO LUZ	M	50	01:21:57.94	01:21:38.42	GD BANCO BPI
733	34	FERNANDO FERNANDES	M	55	01:21:59.25	01:21:31.21	APOGMA
734	1244	JORGE M P VAZ	M	43	01:21:59.80	01:21:56.40	VOLKSVAGEN AUTOEUROPA
735	697	JULIO M A PEREIRA	M	51	01:22:01.90	01:21:33.45	
736	588	FRANCISCO PLINIO	M	61	01:22:01.99	01:21:39.87	CCDT METRO LX
737	1276	PAULO MONIZ	M	62	01:22:05.51	01:21:56.41	
738	764	PAULO BOTICA	M	48	01:22:08.13	01:21:32.23	
739	290	HUGO TORRES	M	39	01:22:12.59	01:21:26.87	TEAM BOCK
740	291	LUÍS GARCIA	M	41	01:22:12.62	01:21:26.99	TEAM BOCK
741	1620	LEANDRO SANTOS	M	60	01:22:15.05	01:22:03.66	
742	319	BERNARDO GARCIA	M	30	01:22:15.70	01:21:30.69	ADRC MATA BENFICA
743	475	FRANCISCO CLERIGO	M	63	01:22:17.57	01:21:37.01	SS CGD
744	962	ALEXANDRE CAPUCHA	M	46	01:22:17.67	01:21:33.08	
745	1569	RUI J B AMADOR	M	42	01:22:19.61	01:21:59.49	GANG DO AMENDOIM
746	1313	RUI F R CAMPOS	M	40	01:22:19.61	01:21:58.99	
747	1579	ARTUR ALMEIDA	M	37	01:22:22.12	01:22:02.84	OS COXOS
748	721	JORGE DUARTE	M	42	01:22:24.63	01:22:17.75	CHESTERS TEAM
749	901	ANTONIO M DOMINGUES	M	61	01:22:28.80	01:21:36.96	
750	1557	PAULO SERRA	M	40	01:22:30.25	01:21:28.47	MATILHA DA ATALAIA
751	1487	RICARDO NOGUEIRA	M	22	01:22:31.41	01:22:10.48	C MILLENNIUM BCP
752	1486	LUIS M NOGUEIRA	M	51	01:22:31.83	01:22:11.77	C MILLENNIUM BCP
753	197	BERNARDINO ANTUNES	M	55	01:22:32.57	01:20:55.50	
754	1049	VIRGILIO OLIVEIRA	M	56	01:22:33.16	01:21:52.96	ADCR PJ
755	1029	NUNO PINHEIRO	M	29	01:22:34.89	01:22:04.50	

CORRIDA DAS LEZIRIAS

5 MAR'17



756	364	AIRES ILDEFONSO	M	62	01:22:36.23	01:22:26.86	
757	720	ANTÓNIO C MARTINS	M	55	01:22:38.20	01:22:06.30	FALCOES SELVAGENS
758	589	GUALDINO FREIRE	M	71	01:22:38.62	01:21:54.70	CCDT METRO LX
759	455	RICARDO CASTELO	M	33	01:22:38.66	01:22:17.08	
760	1527	ROBERTO BETTENCOURT	M	41	01:22:40.89	01:22:28.75	
761	1036	JOSÉ MARTINS	M	58	01:22:42.34	01:21:33.02	
762	1414	PEDRO HENRIQUES	M	30	01:22:42.49	01:22:23.77	SS CGD
763	810	ANABELA ALMEIDA	F	43	01:22:42.55	01:21:50.40	AMIGOS DA FLOR
764	948	RUI DUARTE	M	44	01:22:46.63	01:22:12.12	CLUBE NOVO BANCO
765	219	JOÃO M I MARTINS	M	33	01:22:46.67	01:21:45.32	VSRUNNER
766	700	CARLOS A M ALMEIDA	M	60	01:22:47.18	01:22:42.92	
767	515	JOAQUIM FRANCISCO	M	62	01:22:47.37	01:22:47.37	
768	1069	JOAO ROCHA	M	65	01:22:48.25	01:22:42.46	GD SANTANDER TOTTA
769	517	RAFAEL VICENTE	M	30	01:22:49.00	01:22:03.53	
770	1196	PAULO ALVES	M	53	01:22:49.71	01:22:41.74	SOBEIDESCE
771	535	PEDRO M CORREIA	M	39	01:22:50.76	01:22:42.02	
772	1179	EDUARDO BRAZ	M	45	01:22:52.04	01:22:33.01	GDC BANCO PORTUGAL
773	1319	EUGÉNIA IZAIAS	F	54	01:22:52.89	01:22:37.27	
774	38	PEDRO N R MIRANDA	M	34	01:22:54.60	01:22:07.76	ALVERCA URBAN RUNNERS
775	1470	SANDRA BATISTA	F	41	01:22:55.16	01:22:10.43	A VALE SILENCIO
776	323	VALTER TEIXEIRA	M	48	01:22:55.46	01:22:45.25	C FERROVIARIO PORTUGAL
777	1534	AFONSO COSTA	M	54	01:22:59.62	01:22:53.37	
778	781	MIGUEL GAMA	M	48	01:23:01.73	01:22:50.09	
779	572	CARLOS M F MACHADO	M	41	01:23:02.66	01:22:12.71	
780	868	FRANCISCO GAMA	M	52	01:23:02.88	01:22:50.38	
781	826	LUIS GRAVE	M	59	01:23:02.94	01:22:47.75	OS ZATOPEQUES
782	1216	ANTÓNIO MARTINHO	M	39	01:23:03.45	01:22:38.30	CORRER LISBOA
783	1031	ANTÓNIO CAMACHO	M	65	01:23:06.79	01:22:25.90	CA VALE FIGUEIRA
784	31	MARIO RAMOS	M	57	01:23:07.56	01:22:39.06	APOGMA
785	590	ISABEL FRANÇA	F	44	01:23:07.90	01:23:07.90	CCDT METRO LX
786	310	LUIS BATISTA	M	35	01:23:09.18	01:22:06.06	CORREDORES DA ADEGA
787	1575	ANTONIO C PÉ-CURTO	M	38	01:23:09.19	01:22:41.30	INSIDEOUT - LILLY
788	1253	JOSÉ VAZ	M	58	01:23:10.24	01:22:43.21	CLUBE ANACOM
789	1519	JOSÉ L S DOMINGOS	M	51	01:23:11.12	01:22:42.59	R FRENTE RIBEIRINHA PÓVOA STA IRIA
790	314	PAULO MOUTINHO	M	45	01:23:15.32	01:22:38.51	
791	96	LUIS CRUZ	M	39	01:23:19.08	01:23:03.22	

CORRIDA DAS LEZIRIAS

5 MAR'17



792	60	BRUNO GONÇALVES	M	38	01:23:19.17	01:22:39.54	
793	1020	TEODORO TRINDADE	M	55	01:23:19.86	01:22:41.82	RUN 4 FUN
794	163	LUIS GONÇALVES	M	37	01:23:20.97	01:22:24.86	OS PERIGOSOS
795	768	EGÍDIO PORTELA	M	59	01:23:24.93	01:23:13.84	AA MAFRA
796	605	SOFIA BASTOS	F	37	01:23:24.97	01:22:19.38	ANITA VAI AO QUIZ
797	476	HUGO VENANCIO	M	38	01:23:25.97	01:22:29.42	SS CGD
798	1437	JOÃO PIRES	M	43	01:23:26.59	01:23:02.03	
799	1418	JOSE SERAFIM	M	60	01:23:27.10	01:23:13.66	GAA VF XIRA
800	154	RUI GASPAR	M	60	01:23:27.75	01:23:15.00	MARRIOTT LISBOA
801	803	MARIANELA FIGUEIRDEO	F	43	01:23:28.08	01:22:43.81	TARTARUGAS SOLIDÁRIAS
802	897	TITO TEIXEIRA	M	39	01:23:28.45	01:22:38.31	C COLAB AGEAS
803	1547	NUNO M M MALAQUIAS	M	40	01:23:29.37	01:22:23.58	
804	284	JOAO P ADEGAS	M	46	01:23:31.39	01:22:42.30	INSTRUMONIT
805	332	MANUEL PARDAL	M	64	01:23:31.91	01:23:04.83	AA LEBRES SADO
806	32	CARLOS SOUSA	M	49	01:23:32.04	01:23:18.53	APOGMA
807	336	JOSÉ M MARQUES	M	61	01:23:32.30	01:23:04.70	AA LEBRES SADO
808	529	JOÃO C D S SANCHES	M	54	01:23:34.80	01:22:39.76	
809	1521	RICARDO J F FRANCO	M	44	01:23:34.87	01:23:28.07	
810	890	JOÃO D PERNECO	M	40	01:23:36.46	01:22:45.01	C COLAB AGEAS
811	1257	FILIPE MARQUES	M	29	01:23:37.08	01:22:31.07	
812	1520	EZEQUIEL PESSOA	M	39	01:23:37.42	01:22:33.38	
813	198	JOÃO VEIGA	M	49	01:23:39.33	01:22:34.62	
814	427	JOÃO P C ALVES	M	41	01:23:40.03	01:22:56.74	
815	136	JOSÉ BARBOSA	M	62	01:23:41.66	01:22:53.49	CP AGUAS GAIA
816	756	JOSÉ CASTRO	M	58	01:23:42.61	01:22:46.25	CAA BELÉM
817	133	JORGE SANTOS	M	52	01:23:43.13	01:22:55.42	CP AGUAS GAIA
818	165	CARLOS DIAS	M	37	01:23:43.81	01:23:05.20	
819	561	JOÃO PEREIRA	M	47	01:23:46.38	01:23:08.59	
820	808	VÍTOR GONZAS	M	50	01:23:47.04	01:23:35.92	PIRATE RUNNERS
821	1573	MIGUEL BARRADAS	M	43	01:23:47.38	01:22:47.91	HOSPITAL VF XIRA
822	221	HUGO M R A BRUNO	M	32	01:23:47.92	01:22:46.69	
823	1206	HUGO HENRIQUES	M	35	01:23:50.18	01:23:24.62	OS PERIGOSOS
824	1451	SANDRA COVAL	F	38	01:23:53.77	01:23:17.41	
825	1500	JOSÉ PEREIRA	M	26	01:23:54.77	01:23:14.18	GRANATE
826	484	LUIS SILVA	M	47	01:23:56.33	01:23:18.05	SS CGD
827	654	HUGO DIAS	M	39	01:23:57.38	01:23:34.69	

CORRIDA DAS LEZIRIAS

5 MAR'17



828	184	MÁRIO SANTOS	M	51	01:23:57.71	01:23:28.13	
829	1240	RITA FERNANDES	F	23	01:23:58.20	01:23:08.44	MOVET
830	324	NEVES SILVA	M	64	01:23:58.41	01:23:50.12	C FERROVIARIO PORTUGAL
831	1512	IVO CARVALHO	M	27	01:23:59.98	01:23:36.68	
832	511	MANUEL J S DIAS	M	50	01:24:04.31	01:22:56.50	
833	1388	HELDER MENDES	M	43	01:24:04.86	01:23:19.51	HOSPITAL VF XIRA
834	840	JOSÉ SILVA	M	58	01:24:07.76	01:23:54.27	
835	181	PAULO MARQUES	M	42	01:24:09.59	01:23:57.60	PAPA-LÉGUAS
836	1549	MIGUEL FREITAS	M	38	01:24:15.64	01:23:10.06	
837	89	PEDRO BATISTA	M	37	01:24:17.20	01:23:30.87	CA NAZARÉ
838	1067	ALCIDES MATIAS	M	64	01:24:17.74	01:23:53.32	
839	44	AMADEU CARVALHO	M	49	01:24:18.27	01:23:20.79	
840	45	FERNANDO SUZANO	M	49	01:24:18.28	01:23:20.02	
841	1084	LUIS COITO	M	46	01:24:19.33	01:23:50.51	GD SANTANDER TOTTA
842	231	LUIS RIBEIRO	M	40	01:24:23.03	01:23:58.99	
843	707	MARCOS PINTO	M	38	01:24:25.30	01:23:44.56	
844	758	GILBERTO GONÇALVES	M	68	01:24:28.05	01:24:12.97	CAA BELÉM
845	1400	CARLOS A J FERNANDES	M	49	01:24:32.15	01:23:57.89	PSP
846	1355	MARIA LOPES	F	29	01:24:33.20	01:23:54.37	
847	813	ANA I MARQUES	F	47	01:24:35.00	01:23:41.98	NAV RUNNERS
848	706	TIAGO CORREIA	M	26	01:24:35.10	01:23:28.53	
849	1211	JOAO TRAVADO	M	46	01:24:41.96	01:24:24.18	OS CARREGUEIRENSES
850	1532	LUIS DUARTE	M	50	01:24:43.96	01:23:46.98	
851	445	FRANCISCO DIAS	M	47	01:24:47.36	01:24:07.52	MANITOU PEÇAS VFX
852	608	LEONEL S BARCELOS	M	50	01:24:48.51	01:24:19.24	
853	1258	SONIA NEVES	F	41	01:24:51.01	01:23:57.78	
854	1004	CARLOS DIAS	M	57	01:24:59.21	01:24:11.11	GD INE
855	875	LUIS LOURENÇO	M	30	01:24:59.61	01:24:26.92	
856	785	NUNO PROENÇA	M	41	01:25:00.79	01:24:03.56	Ó DA GUARDA
857	1340	BRUNO M C SIMÕES	M	39	01:25:02.13	01:24:19.67	
858	942	MIGUEL DIAS	M	46	01:25:02.77	01:24:23.88	CLUBE NOVO BANCO
859	265	PAULO DUARTE	M	51	01:25:02.80	01:24:18.39	GDCT UNICRE
860	1133	BIANCA ACCIOLY	F	39	01:25:04.29	01:24:46.64	EQUIPA DAVID VAZ
861	1131	RUI CARVALHO	M	48	01:25:04.58	01:24:46.79	EQUIPA DAVID VAZ
862	523	NUNO SANTOS	M	43	01:25:07.86	01:24:55.64	CLUBE OGMA
863	269	EDUARDO RIBEIRO	M	50	01:25:08.24	01:24:24.18	GDCT UNICRE

CORRIDA DAS LEZIRIAS

5 MAR'17



864	722	JULIO PARREIRA	M	68	01:25:10.12	01:25:02.66	CHESTERS TEAM
865	833	RODRIGO F SILVA	M	37	01:25:11.34	01:24:53.93	
866	327	JAIME VEIGA	M	53	01:25:16.18	01:24:36.86	EMSA TEAM
867	1226	JOÃO BATISTA	M	39	01:25:16.62	01:24:47.97	ACD BOCAL
868	1449	SANDRA ALVES	F	45	01:25:17.96	01:24:14.72	RUN FORREST RUN
869	200	JACINTO PEREIRA	M	60	01:25:21.73	01:25:07.20	CRUZ QUEBRADENSE SIMECQ
870	516	HUGO VICENTE	M	35	01:25:23.34	01:24:38.40	
871	567	TÂNIA CABRITO	F	33	01:25:24.22	01:24:32.24	
872	101	LUIS ARCADINHO	M	64	01:25:25.27	01:24:59.43	PAIEFILHO
873	210	LUIS COELHO	M	53	01:25:25.30	01:24:38.19	CRUZ QUEBRADENSE SIMECQ
874	1415	PEDRO TORRINHA	M	40	01:25:26.49	01:24:46.19	SS CGD
875	214	FILIPA FERNANDES	F	32	01:25:26.60	01:24:38.94	CRUZ QUEBRADENSE SIMECQ
876	1251	LUÍS PEREIRA	M	48	01:25:28.30	01:25:01.06	CLUBE ANACOM
877	128	INÊS KOL	F	35	01:25:28.40	01:24:52.43	
878	280	JOSÉ MORENO	M	47	01:25:31.58	01:24:37.75	GINJINHA RUNNERS
879	73	PEDRO VICENTE	M	52	01:25:37.83	01:25:37.83	
880	307	PAULO PROCÓPIO	M	41	01:25:39.83	01:25:24.52	19 HORAS FUNDO R ALCOCHETE RT
881	242	DANIEL ANTUNES	M	47	01:25:43.11	01:25:40.78	CÂMARA LISBOA CLUBE
882	1214	ALFREDO NOTÁRIO	M	47	01:25:43.44	01:24:53.98	VÁ DEVAGAR, MAS CAMINHE
883	1282	NUNO SILVA	M	39	01:25:44.27	01:25:17.58	
884	129	JORGE KOL	M	68	01:25:45.63	01:25:10.89	
885	1176	GINA CHEIO	F	45	01:25:45.84	01:25:41.97	GDC BANCO PORTUGAL
886	586	NELSON DIAS	M	56	01:25:46.95	01:25:15.33	CCDT METRO LX
887	694	LUIS ALMEIDA	M	46	01:25:48.52	01:25:33.21	RUN FOR LUNCH
888	21	ANTONIO TEIXEIRA	M	39	01:25:53.92	01:25:16.02	
889	936	FERNANDO BRANDÃO	M	53	01:25:54.67	01:25:24.31	CLUBE NOVO BANCO
890	1235	RITA LANÇA	F	25	01:25:56.21	01:25:08.94	
891	363	TATIANA ILDEFONSO	F	34	01:25:56.27	01:25:38.63	
892	454	MARIA EMÍLIA	F	28	01:25:56.52	01:25:34.22	
893	851	FERNANDO MARQUES	M	51	01:25:56.85	01:25:14.51	
894	539	SANDRA ARRAIAS	F	35	01:25:59.34	01:25:22.23	OS ARRAIAS
895	29	PAULO PIRES	M	51	01:26:00.13	01:25:33.58	APOGMA
896	1434	TOZÉ CARNEIRO	M	49	01:26:00.30	01:25:33.12	CLUBE OGMA
897	156	ALCIDES NUNES	M	58	01:26:00.53	01:25:34.79	OS PERIGOSOS
898	30	JOSE ANDRE	M	61	01:26:00.62	01:26:00.62	APOGMA
899	665	LUIS C FERNANDES	M	45	01:26:00.84	01:25:42.31	

CORRIDA DAS LEZIRIAS

5 MAR'17



900	1335	VERA DUARTE	F	44	01:26:02.01	01:25:38.14	CORRER LISBOA
901	33	HELDER GANDARINHO	M	48	01:26:02.29	01:25:34.18	APOGMA
902	1254	JOSÉ PINTO	M	41	01:26:02.79	01:25:33.91	CLUBE ANACOM
903	111	CARLOS PEREIRA	M	34	01:26:02.90	01:25:50.03	OS ZATOPEQUES
904	1447	NELSON SILVA	M	36	01:26:05.33	01:25:05.07	
905	1261	HERVÉ COUDON	M	55	01:26:07.72	01:25:52.55	
906	153	ANTONIO ALVES	M	55	01:26:10.76	01:25:57.56	MARRIOTT LISBOA
907	600	RAFAEL SANTOS	M	49	01:26:19.85	01:25:41.08	CCDT METRO LX
908	1051	CARLA PEREIRA	F	44	01:26:21.71	01:26:02.78	
909	883	JOÃO FARINHA	M	31	01:26:23.75	01:26:06.54	SC CASAINHOS
910	1410	JOAO FONTES	M	38	01:26:30.03	01:25:32.78	SS CGD
911	1000	NELSON FERNANDES	M	43	01:26:32.72	01:26:17.69	SRCD TESOUERIRA
912	1026	SERGIO BORGES	M	44	01:26:35.31	01:26:16.29	ND AUTOCOOPE
913	1025	JOSE DIAS	M	59	01:26:35.96	01:26:17.80	ND AUTOCOOPE
914	251	ADELINO PIRES	M	52	01:26:40.52	01:26:08.28	CÂMARA LISBOA CLUBE
915	249	PAULO GORDINHO	M	42	01:26:40.66	01:26:06.68	CÂMARA LISBOA CLUBE
916	1076	CARLOS HENRIQUE	M	49	01:26:44.08	01:25:40.20	GD SANTANDER TOTTA
917	676	RUI COSTA	M	47	01:26:46.47	01:26:07.76	CAVEIRAS RUN
918	682	ORLANDO MARTINS	M	60	01:26:47.54	01:25:52.49	
919	1562	RICARDO LOURO	M	47	01:26:48.76	01:26:17.00	ADRC MATA BENFICA
920	757	LUIZ ROSA	M	63	01:26:49.21	01:26:34.31	CAA BELÉM
921	1295	ANTONIO PRIMOR	M	74	01:26:49.25	01:26:42.25	SC MOITENSE
922	755	JOSÉ GORDILHO	M	53	01:26:51.71	01:26:18.55	CAA BELÉM
923	403	GONÇALO ALVES	M	39	01:26:53.36	01:26:11.21	
924	240	ACÁCIO GAMBOA	M	45	01:26:54.64	01:26:40.55	
925	628	ANDRÉ APARÍCIO	M	40	01:26:55.44	01:26:24.07	
926	891	JOÃO F FRADE	M	45	01:26:58.37	01:26:07.20	C COLAB AGEAS
927	889	FERNANDO J MATIAS	M	60	01:26:58.50	01:26:07.43	C COLAB AGEAS
928	599	PAULO J GUEDES	M	45	01:26:59.03	01:26:17.23	CCDT METRO LX
929	283	PAULO F C C PASCOAL	M	49	01:26:59.46	01:26:17.72	
930	414	BRUNO M R BATISTA	M	45	01:27:02.81	01:26:07.42	
931	433	SÓNIA DANTAS	F	38	01:27:06.64	01:26:43.95	
932	1099	JOSE BARATA	M	56	01:27:12.49	01:27:07.18	GD SANTANDER TOTTA
933	629	FERNANDO MONTEIRO	M	46	01:27:13.15	01:26:24.90	
934	988	TERESA CARDOSO	F	38	01:27:17.92	01:27:00.57	SS MONTEPIO
935	1123	JOSÉ RUIVO	M	66	01:27:22.33	01:26:20.84	ARANAV

CORRIDA DAS LEZIRIAS

5 MAR'17



936	859	JOSE PEREIRA	M	70	01:27:22.44	01:26:30.21	A VALE SILENCIO
937	693	LUIS S CAGAREU	M	39	01:27:25.55	01:27:03.71	ATLETAS DA MADRUGADA
938	1561	MAURO MAGALHÃES	M	25	01:27:26.85	01:26:50.53	
939	823	DAVID M C VICENTE	M	40	01:27:29.77	01:27:08.35	
940	1255	RUI M R SILVA	M	50	01:27:30.07	01:27:08.20	
941	420	ANA MARTINS	F	49	01:27:30.52	01:26:29.43	LA CONSULTORES
942	953	LUÍS FOUTO	M	45	01:27:30.61	01:27:18.44	CLUBE VODAFONE
943	1508	SOFIA LANÇA	F	25	01:27:32.34	01:26:45.19	
944	627	ANA PINTO	F	23	01:27:34.31	01:26:49.34	
945	46	FERNANDO PEDRO	M	44	01:27:39.82	01:26:54.01	ALVERCA URBAN RUNNERS
946	1445	FLU CASAM	F	34	01:27:41.68	01:26:45.95	
947	1297	RAUL NEVES	M	64	01:27:43.40	01:27:36.86	SC MOITENSE
948	762	CLAUDIA PIMENTEL	F	28	01:27:50.57	01:27:40.99	
949	294	PAULO MATEUS	M	28	01:27:51.75	01:27:05.73	TEAM BOCK
950	461	FERNANDO TEIXEIRA	M	55	01:27:53.22	01:27:28.46	CORRER LISBOA
951	831	ARISTIDES CARNEIRO	M	30	01:27:56.11	01:27:04.51	
952	857	JOSE MOGA	M	58	01:28:00.25	01:27:16.23	A VALE SILENCIO
953	644	BRUNO ABRANTES	M	40	01:28:01.37	01:27:23.90	FALCOES SELVAGENS
954	855	LEONEL NEVES	M	63	01:28:01.44	01:27:17.65	A VALE SILENCIO
955	1125	LUIS ALVES	M	55	01:28:02.74	01:27:00.05	ARANAV
956	526	PAULO FERNANDES	M	41	01:28:05.97	01:27:19.15	CARTAXO NIGHT RUNNERS
957	1007	MÁRIO LIMA	M	37	01:28:10.21	01:27:07.53	RUN TEAM BOMBARRAL
958	329	SÉRGIO CATALÃO	M	30	01:28:11.04	01:27:49.14	
959	568	SÉRGIO CARVALHO	M	44	01:28:13.66	01:27:50.56	
960	223	PEDRO FERREIRA	M	39	01:28:13.94	01:28:11.20	CLUBE ROBBIALAC
961	1559	MIGUEL N SERRA	M	44	01:28:16.42	01:27:59.19	RUNNING & CARING TIL WE DIE
962	1550	ELSA FRANCISCO	F	45	01:28:18.52	01:27:47.61	
963	227	LUIS FERREIRA	M	62	01:28:18.71	01:27:48.45	
964	1412	LUIS TAVARES	M	47	01:28:21.51	01:27:30.10	SS CGD
965	546	ORLANDO PEIXEIRO	M	55	01:28:21.79	01:28:01.81	
966	1132	SANDRA ANTUNES	M	48	01:28:21.79	01:28:03.83	EQUIPA DAVID VAZ
967	443	CARLOS COSTA	M	46	01:28:23.49	01:27:43.97	RUN 4 FUN
968	1278	JOSÉ TAVARES	M	43	01:28:24.45	01:27:33.11	
969	663	JOSÉ BAIXINHO	M	59	01:28:27.17	01:27:37.34	SANTIAGO FC
970	753	FRANCISCO LINHOL	M	62	01:28:27.96	01:28:08.68	
971	51	PEDRO ALMEIDA	M	58	01:28:29.74	01:27:51.10	LOBIFANCA

CORRIDA DAS LEZIRIAS

5 MAR'17



972	1015	JOÃO OLIVEIRA	M	62	01:28:29.97	01:27:41.26	
973	1307	ANDREIA ESTEVES	F	28	01:28:33.51	01:28:07.73	
974	1379	MARCO GASPAR	M	34	01:28:33.91	01:28:09.02	HOSPITAL VF XIRA
975	499	SILVIA PEDRO	F	49	01:28:37.17	01:27:31.18	SS CGD
976	1612	LUIS SEGADAES	M	43	01:28:38.57	01:27:37.03	
977	705	SUSANA MARTINS	F	27	01:28:41.82	01:27:35.87	
978	492	PAULO BAILAO	M	46	01:28:43.32	01:27:42.47	SS CGD
979	1505	JOSÉ CATITA	M	58	01:28:44.11	01:28:08.79	ADCR PJ
980	527	NATÁLIA FERNANDES	F	40	01:28:48.09	01:28:01.41	CARTAXO NIGHT RUNNERS
981	1465	PEDRO BASTOS	M	46	01:28:49.19	01:28:17.33	
982	1458	P J M MARQUES	M	44	01:28:49.99	01:28:18.73	
983	343	AMÉRICO D VAZ	M	63	01:28:52.09	01:28:12.77	
984	1234	RUI PEDROSO	M	41	01:28:52.37	01:28:31.62	
985	571	RUTE MENDES	F	51	01:28:53.22	01:28:03.72	
986	893	JOÃO L CAETANO	M	64	01:28:56.21	01:28:04.17	C COLAB AGEAS
987	114	PATRÍCIA ALVES	F	35	01:29:01.55	01:28:41.83	
988	1126	ANTÓNIO J G POMBINHO	M	59	01:29:04.56	01:28:45.22	
989	452	RUI ALMEIDA	M	40	01:29:07.89	01:28:26.31	R FRENTE RIBEIRINHA PÓVOA STA IRIA
990	946	PAULO VERISSIMO	M	49	01:29:18.03	01:28:42.72	CLUBE NOVO BANCO
991	321	NUNO GUERREIRO	M	33	01:29:18.91	01:28:43.98	ADRC MATA BENFICA
992	216	GERMANO BERNARDO	M	61	01:29:22.14	01:14:22.14	PRAZER DA CORRIDA
993	966	RUI FREIXO	M	31	01:29:22.34	01:28:31.14	MANOS FREIXO
994	421	MARIA NETO	F	44	01:29:25.37	01:28:24.56	LA CONSULTORES
995	1305	RUI SANTOS	M	35	01:29:28.45	01:28:40.54	
996	1304	JOÃO GRILO	M	29	01:29:30.87	01:28:43.04	
997	1205	JÚLIA CALISTO	F	53	01:29:32.02	01:28:50.22	
998	23	NUNO MOREIRA	M	35	01:29:32.31	01:29:07.76	ALVERCA URBAN RUNNERS
999	1208	PEDRO ANTUNES	M	42	01:29:35.72	01:29:30.05	OS CARREGUEIRENSES
1000	632	JOSE D CORREIA	M	49	01:29:40.60	01:28:53.12	
1001	1245	DOMINGOS PIRES	M	64	01:29:41.37	01:28:59.08	
1002	360	ABILIO TAVARES	M	61	01:29:41.53	01:29:30.83	
1003	117	NUNO F M P ALMEIDA	M	66	01:29:42.37	01:28:55.19	
1004	887	ANA P MATIAS	F	51	01:29:42.90	01:28:52.28	C COLAB AGEAS
1005	1189	INÊS PAIS	F	36	01:29:44.59	01:28:55.86	MOVET
1006	228	JOÃO LIMA	M	57	01:29:49.14	01:28:52.81	4 AO KM
1007	1041	MÁRCIO BASÍLIO	M	33	01:29:59.84	01:29:48.25	AD IALBAX

CORRIDA DAS LEZIRIAS

5 MAR'17



1008	978	AFONSO RODRIGUES	M	38	01:30:00.53	01:29:58.02	GDCF
1009	1398	JOAO A A LOPES	M	39	01:30:05.10	01:29:42.11	PSP
1010	1485	NUNO MENDES	M	32	01:30:07.88	01:29:51.85	C MILLENNIUM BCP
1011	201	LUIS ALEMEIDA	M	56	01:30:08.95	01:29:55.03	CRUZ QUEBRADENSE SIMECQ
1012	570	RICARDO AGUIAR	M	54	01:30:12.55	01:29:18.60	
1013	168	ANTÓNIO J R S PINHARANDA	M	59	01:30:12.60	01:29:34.22	
1014	398	CESAR D D SILVESTRE	M	40	01:30:13.95	01:29:19.65	
1015	919	JOÃO PEIXOTO	M	38	01:30:14.82	01:29:38.73	ASAS NOS PÉS
1016	603	JULIANA PINTO	F	30	01:30:14.93	01:29:07.23	ANITA VAI AO QUIZ
1017	604	BRUNO PEREIRA	M	35	01:30:15.14	01:29:07.70	ANITA VAI AO QUIZ
1018	698	DMITRY SOROKIN	M	42	01:30:17.17	01:29:49.37	
1019	664	JUDITE BAIXINHO	F	30	01:30:18.06	01:29:27.76	SANTIAGO FC
1020	1039	PEDRO SANTOS	M	20	01:30:21.81	01:29:47.14	
1021	1568	ANDRE INÁCIO	M	52	01:30:21.85	01:29:36.00	
1022	1383	NUNO G MENDES	M	29	01:30:28.30	01:29:29.53	HOSPITAL VF XIRA
1023	643	PEDRO MACHADO	M	41	01:30:28.46	01:29:30.45	
1024	334	FRANCISCO PRATES	M	69	01:30:32.23	01:30:04.23	AA LEBRES SADO
1025	1346	MÁRCIO RODRIGUES	M	30	01:30:34.52	01:29:47.63	OS RESISTENTES
1026	1450	CLAUDIA MATOS	F	38	01:30:35.26	01:29:32.05	RUN FORREST RUN
1027	435	FILIPE J SILVA	M	57	01:30:35.72	01:30:04.32	
1028	1190	MIRIAM VISTAS	F	35	01:30:36.45	01:29:46.91	MOVET
1029	1413	OLIVIA GASPAR	F	46	01:30:37.09	01:29:21.57	SS CGD
1030	1351	FRANCISCO MACHETA	M	44	01:30:37.24	01:29:21.15	
1031	36	JORGE H PEREIRA	M	53	01:30:40.15	01:29:42.79	
1032	43	HELENA MOREIRA	F	40	01:30:41.33	01:30:19.68	
1033	415	CARLOS J S BALÃO	M	40	01:30:56.25	01:29:52.89	ÓSCAR ALHO TEAM
1034	1507	SOFIA LOPES	F	37	01:30:56.98	01:29:53.45	AHBE
1035	606	CRISTINA GABRIEL	F	35	01:30:57.17	01:29:49.25	ANITA VAI AO QUIZ
1036	116	SARA C SILVA	F	38	01:30:57.98	01:30:23.64	
1037	556	FILIPA FRANCISCO	F	40	01:31:05.81	01:30:13.02	
1038	688	RICARDO VERISSIMO	M	34	01:31:07.41	01:30:41.22	
1039	910	PAULO PRUDÊNCIO	M	55	01:31:08.39	01:30:30.99	ASAS NOS PÉS
1040	1238	JOÃO P COELHO	M	32	01:31:12.90	01:31:12.90	
1041	1525	JOSÉ C ALVES	M	47	01:31:16.41	01:30:27.76	
1042	1224	HÉLIO REIS	M	41	01:31:17.43	01:31:00.07	OS CARREGUEIRENSES
1043	812	MANUEL HORTELÃO	M	47	01:31:18.48	01:30:26.08	AMIGOS DA FLOR

CORRIDA DAS LEZIRIAS

5 MAR'17



1044	557	NUNO MACHADO	M	41	01:31:21.27	01:30:52.64	
1045	275	LUÍS COSTA	M	31	01:31:22.58	01:30:46.26	OS CONTAKILOMETROS
1046	1578	ANTONIO M S JORGE	M	63	01:31:29.94	01:30:33.30	
1047	802	LUIS MIRANDA	M	58	01:31:32.02	01:30:30.06	TEJAVISTA
1048	439	JOSÉ GLÓRIA	M	49	01:31:33.08	01:30:39.61	
1049	1042	PAULO GRAÇA	M	33	01:31:33.42	01:30:24.16	
1050	199	CELESTE ALMEIDA	F	47	01:31:36.33	01:30:46.85	CRUZ QUEBRADENSE SIMECQ
1051	204	RAUL GIRÃO	M	59	01:31:37.00	01:30:58.30	CRUZ QUEBRADENSE SIMECQ
1052	1526	NUNO SIMÃO	M	41	01:31:37.74	01:30:35.83	MATILHA DA ATALAIA
1053	286	FRANCISCO VITORINO	M	66	01:31:43.47	01:30:54.30	
1054	250	JOÃO PEREIRA	M	46	01:31:44.56	01:31:12.07	CÂMARA LISBOA CLUBE
1055	1147	MARCO MENDES	M	38	01:31:44.72	01:30:53.17	
1056	466	ANGELA CRUZ	F	45	01:31:44.87	01:30:55.32	SS CGD
1057	969	CARLOS ALFEIRÃO	M	36	01:31:45.96	01:31:15.52	
1058	316	DOMINGOS MOREIRA	M	74	01:31:48.21	01:31:11.18	
1059	918	ALZIRA REIS	F	36	01:31:51.09	01:31:14.42	ASAS NOS PÉS
1060	852	ANTÓNIO RODRIGUES	M	40	01:31:55.73	01:31:12.30	
1061	1514	JOAO G MELO	M	34	01:31:57.09	01:31:11.72	TROPA DE ELITE
1062	434	LUIS F E MATEUS	M	33	01:32:01.84	01:26:14.59	
1063	1259	MIGUEL TORGAL	F	39	01:32:03.52	01:31:43.93	
1064	1260	MÓNICA PEREIRA	F	40	01:32:03.74	01:31:44.16	
1065	1108	LUCIO SILVA	M	50	01:32:07.97	01:31:15.60	GD SANTANDER TOTTA
1066	1100	LUIZ PEREIRA	M	36	01:32:09.15	01:31:20.31	GD SANTANDER TOTTA
1067	1494	CATIA RAMOS	F	37	01:32:09.18	01:31:20.17	
1068	623	CRINA OLTEAN	F	33	01:32:09.87	01:31:06.28	TARTARUGAS FURIOSAS
1069	287	CARLOS LOPES	M	49	01:32:11.86	01:27:55.23	
1070	1350	CARLA P FERNANDES	F	41	01:32:12.07	01:31:48.10	CORRER LISBOA
1071	898	VALTER H NUNES	M	40	01:32:13.60	01:31:20.95	C COLAB AGEAS
1072	602	FRANCISCO AFONSO	M	56	01:32:16.81	01:31:38.67	RUN 4 FUN
1073	784	FRANCISCO A S VAZ	M	51	01:32:21.50	01:31:24.06	Ó DA GUARDA
1074	25	MARIO ALVES	M	61	01:32:21.55	01:31:55.70	SFUAP
1075	268	CLAUDIA MARQUES	F	35	01:32:22.38	01:31:56.84	GDCT UNICRE
1076	1105	JOAO BARROS	M	53	01:32:26.18	01:31:32.56	GD SANTANDER TOTTA
1077	696	MÁRIO ROGADO	M	37	01:32:28.80	01:31:35.68	CORRER LISBOA
1078	112	NUNO MOLERO	M	35	01:32:30.03	01:32:22.89	
1079	982	JOÃO CATARINO	M	50	01:32:30.63	01:32:13.28	SS MONTEPIO

CORRIDA DAS LEZIRIAS

5 MAR'17



1080	816	Mª JOÃO CORTESÃO	F	31	01:32:33.18	01:32:31.84	CP EDP LISBOA
1081	1032	VIRGILIO NASCIENO	M	62	01:32:33.95	01:31:53.31	CA VALE FIGUEIRA
1082	468	FERNANDO MARTINS	M	53	01:32:35.13	01:31:29.67	SS CGD
1083	949	XANA FILIPE	F	45	01:32:37.16	01:32:01.41	CLUBE NOVO BANCO
1084	1455	RUI BARREIRO	M	46	01:32:40.34	01:32:21.87	ATLETICO DE VIA RARA
1085	1016	RUI REIS	M	51	01:32:45.08	01:31:51.17	
1086	1198	ANTONIO GABRIEL	M	72	01:32:48.39	01:32:00.91	
1087	655	HÉLIO GODINHO	M	66	01:32:49.95	01:32:07.98	
1088	39	ANTÓNIO LOPES	M	62	01:32:56.80	01:32:28.40	
1089	229	AURÉLIO CALADO	M	67	01:32:57.71	01:32:01.44	4 AO KM
1090	1504	SARA PRATES	F	38	01:33:00.48	01:32:09.81	ATLETISMO VIDENSE
1091	1617	BERNARDO DE FILIPITSCH	M	36	01:33:05.05	01:32:55.04	
1092	760	LUIS FEIO	M	56	01:33:06.52	01:32:23.30	4 AO KM
1093	1291	CATARINA QUINTAS	F	44	01:33:06.59	01:32:56.24	
1094	271	RUI PEDRO	M	35	01:33:07.58	01:32:11.65	OS PERIGOSOS
1095	406	PAULO FERNANDES	M	42	01:33:09.76	01:32:41.16	SERRALHARIA AGOSTINHO DUARTE, LDA
1096	951	HELDER BRANCO	M	45	01:33:13.47	01:31:59.92	CLUBE VODAFONE
1097	1583	SAMUEL FERREIRA	M	39	01:33:20.19	01:33:09.04	
1098	778	NUNO LOUREIRO	M	50	01:33:31.88	01:32:29.00	FALCOES SELVAGENS
1099	1152	RICARDO COSTA	M	36	01:33:37.15	01:32:59.57	
1100	1611	SARA BANDEIRA	F	37	01:33:46.99	01:32:52.88	
1101	377	VASCO LAVADO	M	41	01:33:48.17	01:33:06.13	
1102	432	JOAO MARQUES	M	39	01:33:51.54	01:33:28.45	
1103	381	PAULO MARQUES	M	48	01:34:00.49	01:32:54.06	GDCT UNICRE
1104	806	SANDRA GASPAR	F	41	01:34:02.82	01:33:46.94	
1105	807	HUGO GASPAR	M	39	01:34:02.87	01:33:46.70	
1106	1533	MIGUEL PEIXOTO	M	49	01:34:08.07	01:32:56.17	
1107	447	CLÁUDIA SOUSA	F	39	01:34:11.20	01:33:39.31	ADRC MATA BENFICA
1108	279	JOÃO FERREIRA	M	45	01:34:12.38	01:33:19.02	GINJINHA RUNNERS
1109	1365	JOSE CORREIA	M	59	01:34:13.00	01:33:54.38	ATLETICO DE VIA RARA
1110	1299	ANABELA MARIA	F	45	01:34:14.69	01:34:09.88	SC MOITENSE
1111	518	ANABELA BASTOS	F	50	01:34:16.02	01:33:32.04	
1112	878	VANDA FERREIRA	F	44	01:34:16.31	01:33:50.05	SC CASAINHOS
1113	864	MARIA REBOLA	F	42	01:34:18.36	01:33:24.69	OCULISTA PORTAS ST ANTONIO
1114	877	ANA M BAPTISTA	F	26	01:34:24.84	01:33:58.62	SC CASAINHOS
1115	772	CECÍLIA TAVARES	F	51	01:34:25.25	01:34:19.67	RUN PIRILAMPO

CORRIDA DAS LEZIRIAS

5 MAR'17



1116	614	VANIA MOREIRA	F	27	01:34:31.60	01:34:04.88	GOOVIBES
1117	613	CLAUDIA TOPETE	F	36	01:34:31.88	01:34:04.89	GOOVIBES
1118	703	CARINA FERREIRA	F	29	01:34:32.94	01:34:15.40	FJ
1119	958	JOAQUIM VENÂNCIO	M	61	01:34:37.50	01:34:25.38	CLUBE OGMA
1120	960	JOÃO SIMÕES	M	53	01:34:38.24	01:34:25.97	CLUBE OGMA
1121	1480	CRISTINA LOURENCO	F	51	01:34:39.37	01:33:55.79	C MILLENNIUM BCP
1122	1479	AUGUSTO LOURENCO	M	54	01:34:40.75	01:33:56.03	C MILLENNIUM BCP
1123	1332	JOÃO MALHA	M	36	01:34:42.49	01:34:10.74	
1124	624	JOÃO GALVEIA	M	41	01:34:45.13	01:33:41.65	TARTARUGAS FURIOSAS
1125	187	GONCALO TAVARES	M	9	01:34:48.33	01:34:32.93	
1126	276	JOAO M P MARTINS	M	35	01:34:49.06	01:33:46.61	
1127	1018	INÊS C MARQUES	F	33	01:34:51.60	01:34:07.45	
1128	258	PAULA LEITÃO	F	42	01:34:52.99	01:34:22.26	CÂMARA LISBOA CLUBE
1129	1428	HELENA PEREIRA	F	40	01:34:56.31	01:34:31.68	
1130	1368	JOSÉ BASTOS	M	45	01:34:56.55	01:34:31.85	
1131	99	EDUARDO AMORIM	M	45	01:34:59.03	01:34:02.35	
1132	1380	GONÇALO TELES	M	33	01:35:05.80	01:34:05.91	HOSPITAL VF XIRA
1133	927	ÂNGELA BRITO	F	53	01:35:06.52	01:34:26.31	
1134	985	LUIS REIS	M	59	01:35:08.25	01:34:23.64	SS MONTEPIO
1135	920	DAVI DOS SANTOS	M	38	01:35:09.07	01:34:32.41	ASAS NOS PÉS
1136	338	LÍDIA I VIEIRA	F	43	01:35:10.25	01:34:41.92	AA LEBRES SADO
1137	98	NUNO OLIVEIRA	M	39	01:35:12.71	01:34:25.61	
1138	78	CARLOS CANELAS	M	48	01:35:24.07	01:34:26.06	
1139	300	JOAQUIM J L SILVA	M	43	01:35:30.63	01:35:15.69	AC PORTALEGRE/ UTM
1140	786	Mª PALMIRA BALTAZAR	F	50	01:35:33.04	01:34:35.42	Ó DA GUARDA
1141	1473	EDUARDO C PINTO	M	48	01:35:35.10	01:35:18.25	C MILLENNIUM BCP
1142	563	SÉRGIO TAVARES	M	34	01:35:36.88	01:35:09.55	CCD CREDITO AGRICOLA
1143	472	CRISTIANA REIS	F	38	01:35:39.06	01:35:20.34	SS CGD
1144	1610	ANA CAGICA	F	47	01:35:50.69	01:34:56.26	
1145	1073	SALVADOR AFONSO	M	63	01:35:50.94	01:35:34.67	GD SANTANDER TOTTA
1146	177	SÉRGIO FROTA	M	36	01:36:00.29	01:35:04.05	
1147	178	TIAGO RIBEIRO	M	36	01:36:00.56	01:35:04.03	
1148	1503	MANUEL PRATES	M	44	01:36:09.92	01:35:19.26	ATLETISMO VIDENSE
1149	1531	PAULO PEIXOTO	M	58	01:36:10.03	01:35:00.44	
1150	728	MANUEL SEQUEIRA	M	66	01:36:11.06	01:35:57.77	GDCT REPSOL POLÍMEROS
1151	1273	MIGUEL CHAVES	M	46	01:36:14.59	01:35:55.47	GD BANCO BPI

CORRIDA DAS LEZIRIAS

5 MAR'17



1152	138	MARLENE RODRIGUES	F	28	01:36:15.12	01:35:19.52	
1153	248	JOÃO FIGUEIREDO	M	60	01:36:22.84	01:35:50.48	CÂMARA LISBOA CLUBE
1154	245	CARLOS FERREIRA	M	52	01:36:22.86	01:35:48.21	CÂMARA LISBOA CLUBE
1155	751	NATACHA CUNHA	F	33	01:36:23.96	01:30:04.17	
1156	1101	HUGO MOITA	M	35	01:36:24.34	01:36:10.83	GD SANTANDER TOTTA
1157	317	HELDER LOURENÇO	M	45	01:36:27.55	01:35:33.11	ALVERCA URBAN RUNNERS
1158	937	FERNANDO FILIPE	M	48	01:36:32.53	01:35:57.07	CLUBE NOVO BANCO
1159	1324	DANIEL MARTINS	M	27	01:36:33.97	01:35:45.32	CUA BENAVENTENSE
1160	1466	ANTÓNIO SILVA	M	64	01:36:36.16	01:36:19.57	
1161	811	JOÃO FERREIRA	M	61	01:36:36.37	01:35:41.26	AMIGOS DA FLOR
1162	50	SANDRA BOLAS	F	44	01:36:41.40	01:36:23.66	PAPOSECOS
1163	1154	CÉLIA M C GIL	F	46	01:36:44.74	01:36:26.51	
1164	49	MILENA ALIPIO	F	48	01:36:45.00	01:36:26.64	PAPOSECOS
1165	213	JORGE VALADARES	M	54	01:36:49.99	01:35:59.82	CRUZ QUEBRADENSE SIMECQ
1166	209	HELGA GIRÃO	F	65	01:36:50.02	01:36:00.70	CRUZ QUEBRADENSE SIMECQ
1167	740	SARA MONTEIRO	F	31	01:36:51.90	01:36:09.97	3B - S
1168	220	NIDIA C T AGOSTINHO	F	37	01:36:52.26	01:36:10.64	3B - S
1169	92	HUGO PAULO	M	31	01:36:52.47	01:36:37.21	URBAN TRAIL SAMORA CORREIA
1170	1384	Mª FILOMENA VELOSO	F	37	01:36:57.85	01:35:59.70	HOSPITAL VF XIRA
1171	1444	RICARDO PEREIRA	M	36	01:36:59.44	01:35:45.52	
1172	1088	PEDRO DIAS	M	45	01:37:00.00	01:35:58.76	GD SANTANDER TOTTA
1173	1248	SÉRGIO ANTUNES	M	49	01:37:01.39	01:36:34.75	CLUBE ANACOM
1174	765	FILIPE MADEIRA	M	44	01:37:02.44	01:37:02.44	
1175	1074	CARINA SILVA	F	31	01:37:07.79	01:36:24.74	GD SANTANDER TOTTA
1176	1075	TIAGO VEIGA	M	32	01:37:07.89	01:36:25.06	GD SANTANDER TOTTA
1177	1453	RUTE BRIGANTI	F	39	01:37:07.95	01:36:47.64	
1178	1454	VITOR LOUREIRO	M	48	01:37:08.20	01:36:47.49	
1179	341	RICARDO PAÇO	M	42	01:37:10.14	01:36:04.72	
1180	838	INÊS MARTINS	F	33	01:37:10.57	01:36:14.84	NAV RUNNERS
1181	342	JORGE JESUS	M	42	01:37:11.05	01:36:05.88	
1182	837	SORAIA SILVA	F	27	01:37:11.09	01:36:15.37	
1183	1003	CARLA A LOPES	F	44	01:37:13.57	01:32:57.07	GD INE
1184	1149	DANIEL PEREIRA	M	27	01:37:14.59	01:36:50.26	CD ESTRELA
1185	1192	ESMERALDA RAMALHO	F	45	01:37:15.35	01:36:16.02	
1186	1326	RAQUEL ROCHA	F	27	01:37:19.61	01:37:00.37	ATÓMICOS
1187	356	NUNO MORENO	M	42	01:37:21.54	01:36:14.46	

CORRIDA DAS LEZIRIAS

5 MAR'17



1188	896	PAULO FIGUEIREDO	M	34	01:37:24.19	01:36:31.90	C COLAB AGEAS
1189	880	NUNO PEREIRA	M	45	01:37:28.37	01:36:23.51	SC CASAINHOS
1190	389	JOSÉ LASMEGO	M	64	01:37:28.91	01:37:12.25	AGUIAS DO CARTAXO
1191	1046	LUÍS NABAIS	M	35	01:37:31.31	01:36:38.47	CORRER LISBOA
1192	1047	ANABELA RUIVO	F	44	01:37:31.43	01:36:39.69	CORRER LISBOA
1193	750	IVO LALIM	M	30	01:37:34.51	01:31:05.16	
1194	256	PAULA SILVA	F	54	01:37:36.25	01:37:04.44	CÂMARA LISBOA CLUBE
1195	1318	JOSÉ BORRACHA	M	56	01:37:46.08	01:37:35.02	
1196	1462	GUILHERME BORBA	M	44	01:37:49.45	01:37:27.01	
1197	741	JOÃO VIEIRA	M	54	01:38:05.73	01:37:06.36	
1198	185	PAULA SANTOS	F	47	01:38:07.62	01:37:13.64	
1199	1493	LUÍS P M F MACHADO	M	35	01:38:07.81	01:37:24.84	
1200	965	CLÁUDIA FREIXO	F	34	01:38:10.10	01:37:18.62	MANOS FREIXO
1201	1185	CÉLIO T X ROMA	M	31	01:38:20.12	01:35:32.28	DHS
1202	793	RENATO SARAGOÇA	M	40	01:38:25.68	01:38:05.44	UDRS GUERREIROS DO RIO
1203	792	DANIELA CARVALHO	F	40	01:38:25.98	01:38:05.80	UDRS GUERREIROS DO RIO
1204	464	JOSÉ ANDRADE	M	38	01:38:31.66	01:37:56.72	ADRC MATA BENFICA
1205	1311	JOÃO BOLINHAS	M	36	01:38:34.37	01:37:47.34	FAMILIA DO CORAÇÃO
1206	1406	BRUNO M G ANTUNES	M	31	01:38:35.64	01:38:25.91	PSP
1207	1403	GABRIEL J M MATEUS	M	38	01:38:35.84	01:38:26.95	PSP
1208	1586	ARMANDO LACERDA	M	62	01:38:40.03	01:37:46.49	OCULISTA PORTAS ST ANTONIO
1209	308	RUI E S A HORTA	M	51	01:38:41.39	01:37:58.52	OS LESMAS
1210	1252	JOÃO CASTRO	M	57	01:38:46.58	01:38:34.90	CLUBE ANACOM
1211	971	CÁTIA NOGUEIRA	F	38	01:38:55.85	01:38:15.15	EQUIPA
1212	1170	SUSANA RIBEIRO	F	44	01:38:59.04	01:38:41.73	
1213	592	JOÃO C BARBOSA	M	56	01:38:59.54	01:38:00.63	CCDT METRO LX
1214	150	TANIA INACIO	F	29	01:39:08.41	01:38:04.62	FC ESTRELAS LISBOA
1215	509	ANDREIA SILVA	F	36	01:39:11.21	01:38:12.45	
1216	672	VÂNIA FERREIRA	F	28	01:39:11.43	01:38:50.87	
1217	1071	JOSE MONTEIRO	M	67	01:39:12.96	01:39:07.34	GD SANTANDER TOTTA
1218	473	ESMERALDO PEREIRA	M	70	01:39:13.02	01:38:14.00	SS CGD
1219	170	ISABEL DIAS	F	50	01:39:14.49	01:38:37.33	
1220	169	SÓNIA DOMINGOS	F	39	01:39:16.47	01:38:39.70	
1221	1171	ANTÓNIO PEREIRA	M	75	01:39:29.49	01:39:02.70	GDC BANCO PORTUGAL
1222	1423	EGLANTINO CHARNECA	M	78	01:39:33.37	01:38:38.05	GAA VF XIRA
1223	118	FILIPE M ESTEVES	M	31	01:39:40.61	01:38:43.86	

CORRIDA DAS LEZIRIAS

5 MAR'17



1224	1338	ANA GALHARDO	F	36	01:39:41.09	01:38:54.51	
1225	565	ANA BELBUTE	F	35	01:39:45.21	01:39:24.22	
1226	1433	ORLANDO FONTAN	M	48	01:39:45.79	01:38:41.27	OS AGUINHAS
1227	566	JOEL GONCALVES	M	43	01:39:45.97	01:39:25.15	
1228	483	LUIS SANCHEZ	M	57	01:39:46.00	01:38:40.37	SS CGD
1229	513	JOSÉ CASTRO	M	60	01:39:52.03	01:39:40.53	
1230	990	FREDERICO SOUSA	M	53	01:39:53.63	01:39:19.44	LEBRES E TARTARUGAS
1231	1440	FILIPE COVÃO	M	31	01:39:59.27	01:39:13.07	ORAL SHAPER
1232	91	CARLA TALAIA	F	39	01:40:06.91	01:39:30.00	URBAN TRAIL SAMORA CORREIA
1233	194	ALEXANDRA PAZ	F	32	01:40:14.42	01:39:16.16	
1234	162	BENTO VALENTE	M	51	01:40:17.30	01:39:50.71	OS PERIGOSOS
1235	532	PEDRO N A J REIS	M	44	01:40:20.18	01:40:00.39	ENGIMIND
1236	1478	RODOLFO C LIMA	M	49	01:40:25.08	01:40:13.91	C MILLENNIUM BCP
1237	252	ANABELA MEIA-VIA	F	48	01:40:37.94	01:40:04.89	CÂMARA LISBOA CLUBE
1238	817	NUNO S GOMES	M	48	01:40:45.18	01:40:10.09	CP EDP LISBOA
1239	913	ANTÓNIO MARTINS	M	51	01:40:48.39	01:40:10.11	ASAS NOS PÉS
1240	222	RAÚL COSTA	M	56	01:40:51.23	01:40:48.24	CLUBE ROBBIALAC
1241	1456	DORA CARAPINHA	F	46	01:40:54.65	01:39:59.97	GINJINHA RUNNERS
1242	677	PAULO SANTOS	M	46	01:40:56.13	01:40:16.32	CAVEIRAS RUN
1243	834	JOSE L S CORREIA	M	57	01:41:01.91	01:39:56.10	NAV RUNNERS
1244	1436	ALEXANDRA SILVA	F	43	01:41:03.56	01:40:08.93	GINJINHA RUNNERS
1245	870	SUSANA CABRITA	F	33	01:41:12.14	01:40:40.57	INNOTEAM
1246	584	CARLA MANTEIGAS	F	38	01:41:12.49	01:40:28.76	CCDT METRO LX
1247	873	DANIEL PEREIRA	M	34	01:41:12.70	01:40:41.40	INNOTEAM
1248	594	JOSÉ F ALVES	M	44	01:41:13.06	01:40:28.95	CCDT METRO LX
1249	647	ANA C CALAFATE	F	50	01:41:16.75	01:40:17.92	TARTARUGAS SOLDÁRIAS
1250	1116	MARIA QUITÉRIA	F	43	01:41:17.09	01:40:40.41	ALGYMNS
1251	801	JOÃO C BORGES	M	49	01:41:20.52	01:40:18.29	TEJAVISTA
1252	1081	JOSE RIBEIRO	M	72	01:41:45.16	01:40:52.95	GD SANTANDER TOTTA
1253	292	LUÍS MACHADO	M	38	01:41:46.97	01:41:01.13	TEAM BOCK
1254	995	TIAGO ESPERANÇA	M	35	01:41:47.74	01:40:47.73	ENCONTRAMO-NOS NA META
1255	1037	LUCILIA CASANOVA	F	61	01:42:05.23	01:40:56.45	
1256	456	SEERGIO CRISPIM	M	36	01:42:08.98	01:41:21.98	GDM - TEAMAÇO
1257	382	MARCELO CARDOSO	M	47	01:42:16.54	01:41:33.75	GDCT UNICRE
1258	1517	RICARDO COSTA	M	38	01:42:24.13	01:42:05.19	OS COXOS
1259	522	VERA MORAIS	F	33	01:42:27.79	01:41:46.62	

CORRIDA DAS LEZIRIAS

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1260	521	ALEXANDRE MAURICIO	M	43	01:42:27.99	01:41:46.71	
1261	899	VANDA SEQUEIRA	F	44	01:42:32.63	01:41:59.18	C COLAB AGEAS
1262	945	PAULO RICARDO	M	49	01:42:38.96	01:41:49.98	CLUBE NOVO BANCO
1263	587	FERNANDO FERNANDES	M	64	01:42:39.22	01:42:07.71	CCDT METRO LX
1264	598	ORLANDO SOUSA	M	54	01:42:39.90	01:41:40.99	CCDT METRO LX
1265	888	CATARINA M FIGUEIRA	F	38	01:42:42.26	01:42:09.31	C COLAB AGEAS
1266	895	NÁJLA DA MATA	F	32	01:42:42.35	01:42:10.26	C COLAB AGEAS
1267	894	MIGUEL T SOUSA	M	42	01:42:43.95	01:41:53.23	C COLAB AGEAS
1268	301	RILDO SOARES	M	47	01:42:47.79	01:42:18.99	R FRENTE RIBEIRINHA PÓVOA STA IRIA
1269	302	GUIOMAR SOARES	F	44	01:42:47.88	01:42:20.39	R FRENTE RIBEIRINHA PÓVOA STA IRIA
1270	407	PAULO SERRA	M	42	01:42:57.38	01:42:27.67	SERRALHARIA AGOSTINHO DUARTE, LDA
1271	370	SUSANA RODRIGUES	F	36	01:42:57.49	01:42:11.28	
1272	1475	CARLA S COUTINHO	F	46	01:43:07.96	01:42:24.28	C MILLENNIUM BCP
1273	1474	PAULO V COUTINHO	M	49	01:43:08.04	01:42:23.13	C MILLENNIUM BCP
1274	907	CONCEIÇÃO CUNHA	F	52	01:43:13.87	01:42:35.98	ASAS NOS PÉS
1275	490	PATRICIA TAVARES	F	37	01:43:36.60	01:42:56.03	SS CGD
1276	359	JOSE MOURA	M	51	01:43:38.22	01:42:32.78	FALCOES SELVAGENS
1277	383	ANA MADEIRA	F	43	01:43:42.52	01:42:59.40	GDCT UNICRE
1278	1391	CRISTINA LINO	F	50	01:43:47.31	01:43:00.70	HOSPITAL VF XIRA
1279	380	CARLOS CARDOSO	M	51	01:43:48.00	01:43:00.91	ALVERCA URBAN RUNNERS
1280	1615	CARLOS P MORAIS	M	37	01:43:50.65	01:43:50.53	
1281	234	JOSE REBOCHO	M	61	01:43:52.20	01:43:23.16	CORRER SR GRANJA
1282	984	LUIS FARINHA	M	48	01:43:53.26	01:43:35.62	SS MONTEPIO
1283	121	SIMAO BATISTA	M	32	01:44:35.26	01:43:38.44	
1284	931	CLAUDIA TAM	F	35	01:44:41.80	01:43:43.50	AÇOREANA
1285	512	MANUEL N BAPTISTA	M	52	01:44:43.79	01:44:18.67	
1286	481	LIDIA BILAO	F	47	01:44:51.07	01:43:50.55	SS CGD
1287	678	BRUNO BICA	M	40	01:44:55.79	01:44:16.16	CAVEIRAS RUN
1288	926	ANTONIO BRITO	M	54	01:44:56.69	01:44:16.32	
1289	814	PAULO D SILVA	M	41	01:45:13.62	01:44:03.66	
1290	1300	SARA PRIMOR	F	29	01:45:19.11	01:45:14.39	SC MOITENSE
1291	53	FRANCISCO A SARRASQUEIRO	M	69	01:45:33.18	01:44:44.10	
1292	225	Mª FERNANDES M CONDECO	F	53	01:45:38.64	01:45:31.19	
1293	1387	BRUNO COELHO	M	41	01:45:39.84	01:45:17.10	HOSPITAL VF XIRA
1294	575	HÉLIA C M MACHADO	F	30	01:45:40.11	01:45:28.49	HK 16
1295	1220	CARLA FERREIRA	F	39	01:45:51.14	01:44:58.84	CORRER LISBOA

CORRIDA DAS LEZIRIAS

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1296	1333	SÓNIA CAPITÃO-MOR	F	36	01:45:51.17	01:44:59.09	
1297	106	SANDRA MARQUES	F	34	01:45:52.75	01:45:16.35	
1298	729	LUIS TORRÃO	M	62	01:45:52.78	01:45:38.58	GDCT REPSOL POLÍMEROS
1299	1265	HUGO BÉRTHOLO	M	42	01:45:52.91	01:45:08.42	ALHANDRA SC
1300	1239	ANABELA RODRIGUES	F	41	01:46:19.67	01:45:14.80	RUN BABY RUN
1301	1293	JOÃO GOMES	M	65	01:46:20.73	01:45:27.49	
1302	1112	SUSANA GUERREIRO	F	40	01:46:29.27	01:45:45.00	GD SANTANDER TOTTA
1303	972	JOSÉ A BARREIROS	M	46	01:46:34.12	01:45:36.12	
1304	175	BRUNO GOMES	M	43	01:46:39.46	01:45:36.69	
1305	404	ELISABETE FERNANDES	F	38	01:46:46.66	01:46:16.96	SERRALHARIA AGOSTINHO DUARTE, LDA
1306	1446	PATRICIA PINTO	F	26	01:46:48.32	01:45:52.56	
1307	1489	TIAGO CACHUDO	M	34	01:46:48.84	01:45:53.15	
1308	1377	VANIA ALMEIDA	F	35	01:46:49.01	01:45:48.60	HOSPITAL VF XIRA
1309	671	LUIS VARANDAS	M	52	01:46:59.66	01:46:28.59	
1310	1587	HELENA LACERDA	F	52	01:47:13.31	01:46:18.90	OCULISTA PORTAS ST ANTONIO
1311	601	SUSANA MENDES	F	44	01:47:23.31	01:46:45.13	CCDT METRO LX
1312	591	JOÃO MENDES	M	45	01:47:23.42	01:46:45.15	CCDT METRO LX
1313	1128	RICARDO DIAS	M	33	01:47:26.91	01:46:50.16	ASAS NOS PÉS
1314	708	JOSÉ MOREIRA	M	26	01:47:53.51	01:47:01.69	
1315	1080	FABIO PIO	M	45	01:48:01.94	01:47:00.88	GD SANTANDER TOTTA
1316	999	FILIPA MARTINS	F	34	01:48:15.48	01:47:15.80	ENCONTRAMO-NOS NA META
1317	993	ROSÁRIO CUNHA	F	44	01:48:15.96	01:47:16.73	ENCONTRAMO-NOS NA META
1318	991	TÂNIA SIMÕES	F	34	01:48:16.05	01:47:16.42	ENCONTRAMO-NOS NA META
1319	1303	SERGIO PAULO	M	39	01:48:41.28	01:48:30.63	
1320	710	MARTINHO ROQUE	M	48	01:48:52.60	01:48:03.48	
1321	749	JOÃO CRAVO	M	28	01:48:55.64	01:42:36.86	
1322	266	PAULO FRANÇA	M	55	01:48:56.08	01:48:13.20	GDCT UNICRE
1323	191	EMILIA CASTANHEIRA	F	44	01:49:17.59	01:48:56.26	EQUIPA
1324	738	Mª CARMO ANJOS	F	70	01:49:22.81	01:48:47.00	CONDOR
1325	739	LUCINDA HENRIQUES	F	68	01:49:23.46	01:48:47.18	CONDOR
1326	1289	ANTONIETA VENDRELL	F	34	01:49:23.86	01:48:44.75	BALBOAS E NAPOLEÕES TEAM
1327	1477	JOSE G ARRUDA	M	67	01:49:26.37	01:48:49.35	C MILLENNIUM BCP
1328	1476	FOCK YIOT WAN	F	66	01:49:26.65	01:48:48.97	C MILLENNIUM BCP
1329	230	EBERHARD WILHELM	M	68	01:49:36.89	01:48:38.39	4 AO KM
1330	166	ANTÓNIO DOMINGOS	M	69	01:50:06.80	01:49:19.45	
1331	1221	ANA MIRANDA	F	44	01:50:19.75	01:49:55.72	

CORRIDA DAS LEZIRIAS

5 MAR'17



1332	974	PAULA RODRIGUES	F	36	01:50:21.26	01:49:56.70	NP
1333	1085	PAULA FIGUEIREDO	F	59	01:50:21.59	01:49:26.33	GD SANTANDER TOTTA
1334	1092	LARA VELOSO	F	41	01:50:21.96	01:49:26.57	GD SANTANDER TOTTA
1335	272	CATARINA COUTO	F	35	01:50:31.32	01:50:06.67	OS PERIGOSOS
1336	1115	ARTUR DINIS	M	59	01:50:40.86	01:50:04.69	ALGYMNS
1337	645	EZEQUIEL ABRANTES	M	63	01:51:08.26	01:50:01.02	FALCOES SELVAGENS
1338	996	DÁLIA LEITE	F	54	01:51:42.58	01:51:19.45	CA ODIMARQ
1339	1551	CARINA F ABREU	F	33	01:51:46.70	01:50:44.28	ASS PORTO CRUZ TRAIL TEAM
1340	1268	LUIS PARRO	M	55	01:52:00.58	01:51:23.63	PARRORUNNERS
1341	892	JOÃO P PINTO	M	48	01:52:14.91	01:51:25.05	C COLAB AGEAS
1342	886	ANA M GUIMARÃES	F	60	01:52:14.93	01:51:25.04	C COLAB AGEAS
1343	1243	RITA PEREIRA	F	43	01:52:25.00	01:51:32.88	CORRER LISBOA
1344	465	ANA CALINAS	F	45	01:52:32.06	01:51:41.09	SS CGD
1345	496	ROGERIO LUIS	M	45	01:52:32.29	01:51:40.96	SS CGD
1346	1151	HERMÍNIO COSTA	M	55	01:52:59.58	01:52:39.88	
1347	486	MANUEL BRAS	M	48	01:53:04.91	01:52:24.95	SS CGD
1348	828	RAQUEL VIEIRA	F	35	01:53:17.72	01:52:26.68	BALBOAS E NAPOLEÕES TEAM
1349	550	FILIPA LOPES	F	42	01:53:17.89	01:52:14.93	RUN 4 FUN
1350	1347	JOÃO ABREU	M	35	01:53:58.64	01:53:11.36	OS RESISTENTES
1351	540	PAULA LEITAO	F	37	01:54:31.20	01:53:26.50	FC ESTRELAS LISBOA
1352	149	RITA SALDANHA	F	29	01:54:32.65	01:53:28.88	FC ESTRELAS LISBOA
1353	727	ISABEL CALDEIRA	F	44	01:54:43.58	01:53:40.56	
1354	1283	PEDRO REBELO	M	34	01:55:35.52	01:54:49.62	OS RESISTENTES
1355	52	CÁTIA ALMEIDA	F	36	01:55:44.63	01:54:47.04	
1356	504	DAVID LOPES	M	31	01:56:18.24	01:55:48.68	
1357	505	SANDRA VIÇOSO	F	30	01:56:18.28	01:55:49.33	
1358	1033	ANTÓNIO MOURA	M	60	01:57:08.51	01:57:04.25	CA VALE FIGUEIRA
1359	305	NUNO CARAMELO	M	43	01:57:21.72	01:54:34.31	DHS
1360	970	BRUNO MARTINS	M	34	01:59:34.23	01:58:52.25	EQUIPA
1361	278	DORA CRUZ	F	43	02:00:21.24	01:59:26.88	GINJINHA RUNNERS
1362	1472	MARC PORTELA	M	41	02:01:30.80	02:01:30.80	
1363	196	JOAQUIM CARDOSO	M	44	02:01:32.34	02:00:20.09	
1364	944	PAULA MELLO	F	50	02:01:59.60	02:01:11.11	CLUBE NOVO BANCO
1365	882	ABDURAMANE SEIDI	M	40	02:02:53.19	02:02:28.19	SC CASAINHOS
1366	551	ANGELA PIMENTA	F	43	02:05:00.38	02:03:56.52	RUN 4 FUN
1367	63	RITA CARVALHINHO	F	42	02:08:42.61	02:07:44.14	TINHA

CORRIDA DAS LEZIRIAS

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1368 55 SARA DE SOUSA

1369 1312 CARLA MARQUES

Total de registros: 1369



F 38 02:09:14.59 02:09:08.97 TARTARUGAS SOLIDARIAS

F 29 02:33:15.00 02:32:28.75 OS RESISTENTES

CORRIDA DAS LEZIRIAS

5 MAR'17



Classificação por equipas de elementos com 5 ou mais atletas:

Class	Soma das posições dos 1ºs 5 classificados	Equipa	Nº atletas registados
1	47	ASS VALE GRANDE	10
2	123	UFC INDÚSTRIA ATLETISMO	7
3	331	CCD O ALVITEJO	9
4	453	CORRER LISBOA	25
5	509	GDC BANCO PORTUGAL	12
6	529	UA POVOENSE	5
7	680	CCDT METRO LX	21
8	752	ALHANDRA SC - TRIATLO	5
9	788	OS COXOS E O MIGUEL	5
10	830	GDCR ZAMBUJEIRA S CALVO	10
11	866	CORRER SR GRANJA	15
12	942	GD SANTANDER TOTTA	36
13	946	GAA VF XIRA	9
14	1039	SCALABIS NIGHT RUNNERS	7
15	1043	SR CAMARNAL	5
16	1048	CONQUISTA GINÁSIO - CADAVAL	5
17	1112	PSP	11
18	1201	AA MAFRA	5
19	1226	SS CGD	42
20	1344	A VALE SILENCIO	12
21	1350	KANINOS	6
22	1390	CÂMARA LISBOA CLUBE	19
23	1455	CA SAO BRAS	5
24	1515	CP AGUAS GAIA	7
25	1517	ASAS NOS PÉS	17
26	1570	CLUBE NOVO BANCO	15
27	1600	CRUZ QUEBRADENSE SIMECQ	14
28	1671	FALCOES SELVAGENS	10
29	1736	CM VF XIRA	5
30	1770	SS MONTEPIO	9
31	1772	ND AUTOCOOPE	7
32	1793	R FRENTE RIBEIRINHA PÓVOA STA IRIA	9
33	1925	CA ODIMARQ	5
34	1948	CA NAZARÉ	5
35	1954	OS PERIGOSOS	14
36	1998	ACD BOCAL	5
37	2070	OS ZATOPEQUES	7
38	2100	CLUBE TAP PORTUGAL	6
39	2338	SC CASAINHOS	8

CORRIDA DAS LEZIRIAS

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40	2394	RUN 4 FUN	9
41	2581	ADRC MATA BENFICA	9
42	2609	CLUBE OGMA	8
43	2759	OS CARREGUEIRENSES	6
44	2763	CAD A CORRER	5
45	2799	3B - S	5
46	2891	CLUBE ANACOM	8
47	2910	HOSPITAL VF XIRA	12
48	3165	ATLETAS DA MADRUGADA	5
49	3229	CA VALE FIGUEIRA	6
50	3289	C MILLENNIUM BCP	13
51	3429	NAV RUNNERS	6
52	3531	EQUIPA DAVID VAZ	5
53	3548	ATLETICO DE VIA RARA	5
54	3614	CAVEIRAS RUN	6
55	3885	SC MOITENSE	6
56	4008	AA LEBRES SADO	6
57	4116	APOGMA	6
58	4188	ALVERCA URBAN RUNNERS	6
59	4373	TEAM BOCK	5
60	4451	C COLAB AGEAS	14
61	4560	GDCT UNICRE	8
62	4904	GINJINHA RUNNERS	6
63	5639	ENCONTRAMO-NOS NA META	5

Total de equipas com 5 ou mais atletas registados: 63

CORRIDA DAS LEZIRIAS

5 MAR'17



Benjamins A (2008-2010)

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	236	TOMÁS BARROCAS	M	8		00:01:15.59	00:01:15.59	ALHANDRA SC
2	33	Mª CARMO VITORINO	F	8		00:01:17.01	00:01:17.01	BREMA
3	91	GONÇALO PIMENTA - 3 A	M	8		00:01:22.95	00:01:22.95	ESC ALVARO GUERRA
4	224	JOÃO PISSARRA	M	9		00:01:25.31	00:01:25.31	ALHANDRA SC
5	230	PEDRO GAMADO	M	8		00:01:25.73	00:01:25.73	ALHANDRA SC
6	54	MARTIM PONTE	M	7		00:01:27.77	00:01:27.77	
7	140	MIGUEL ROCHA - 3 B	M	9		00:01:28.18	00:01:28.18	EB1 DR SOUSA MARTINS
8	220	BEATRIZ COSTA	F	8		00:01:28.34	00:01:28.34	ALHANDRA SC
9	231	PEDRO SARDINHA	M	7		00:01:28.62	00:01:28.62	ALHANDRA SC
10	62	GUILHERME GROSSINHO	M	8		00:01:29.67	00:01:29.67	
11	222	BRUNA ALBUQUERQUE	F	8		00:01:29.81	00:01:29.81	ALHANDRA SC
12	152	LUCAS CAETANO - 3 B	M	8		00:01:30.55	00:01:30.55	EB1 DR SOUSA MARTINS
13	27	RODRIGO SILVA	M	8		00:01:31.54	00:01:31.54	
14	232	RODRIGO BARRETO	M	7		00:01:32.51	00:01:32.51	ALHANDRA SC
15	106	GABRIELA RAMOS - 2 B	F	7		00:01:33.35	00:01:33.35	ESC ALVARO GUERRA
16	136	MARGARIDA MOITA - 2 B	F	8		00:01:35.26	00:01:35.26	EB1 DR SOUSA MARTINS
17	244	DINIS FINO	M	7		00:01:35.72	00:01:35.72	EQUILIBRIO
18	160	GABRIEL CACILHAS - 2	M	8		00:01:35.77	00:01:35.77	ESCOLA A DOS BISPOS
19	226	MANUEL CERQUEIRA	M	8		00:01:35.85	00:01:35.85	ALHANDRA SC
20	181	RODRIGO A S OLIVEIRA	M	8		00:01:35.95	00:01:35.95	ESC BAIRRO PARAISO
21	79	CRISTINA RAMALHO	F	8		00:01:37.60	00:01:37.60	
22	234	SARA BARROS	F	8		00:01:39.16	00:01:39.16	ALHANDRA SC
23	178	GONÇALO MOREIRA - F - BP	M	8		00:01:39.95	00:01:39.95	ESC BAIRRO PARAISO
24	95	AFONSO SOUSA - 1 A	M	6		00:01:39.95	00:01:39.95	ESC ALVARO GUERRA
25	162	SANTIAGO ESPINHEIRA - 1	M	7		00:01:40.04	00:01:40.04	ESCOLA A DOS BISPOS
26	110	DUARTE GREGORIO - 2 B	M	7		00:01:40.17	00:01:40.17	ESC ALVARO GUERRA
27	135	JOAO P C SILVA	M	7		00:01:40.28	00:01:40.28	EB1 DR SOUSA MARTINS
28	176	MATILDE NUNES - 2 F	F	7		00:01:40.29	00:01:40.29	ESC BAIRRO PARAISO
29	177	MARIANA BRAS - 2 F	F	9		00:01:40.36	00:01:40.36	ESC BAIRRO PARAISO
30	114	LEONOR C COSTA - 3 A	F	8		00:01:41.05	00:01:41.05	ESC ALVARO GUERRA
31	117	EDUARDO GRANADA - 3 B	M	8		00:01:41.23	00:01:41.23	ESC ALVARO GUERRA
32	116	BEATRIZ GOMES - 3 B	F	8		00:01:41.64	00:01:41.64	ESC ALVARO GUERRA
33	115	JOANA MACHADO - 3 B	F	9		00:01:42.25	00:01:42.25	ESC ALVARO GUERRA

CORRIDA DAS LEZIRIAS

5 MAR'17



34	182	DUARTE BRUXELA - 2	M	7	00:01:42.69	00:01:42.69	ESC BAIRRO PARAISO
35	134	JOAO D MATOS - 2 B	M	8	00:01:43.05	00:01:43.05	EB1 DR SOUSA MARTINS
36	6	HENRIQUE VALENTE	M	7	00:01:43.35	00:01:43.35	
37	221	BEATRIZ PEREIRA	F	8	00:01:43.41	00:01:43.41	ALHANDRA SC
38	227	MARTIM NOBRE	M	6	00:01:43.61	00:01:43.61	ALHANDRA SC
39	18	MARIA PREZA	F	7	00:01:43.66	00:01:43.66	
40	85	ANA M PATO - 3 A	F	8	00:01:45.12	00:01:45.12	ESC ALVARO GUERRA
41	219	ANA FUNG	F	7	00:01:45.39	00:01:45.39	ALHANDRA SC
42	124	SORAIA A F LEITAO - 2 A	F	7	00:01:45.97	00:01:45.97	EB1 DR SOUSA MARTINS
43	90	SANTIAGO MEDRONHEIRA - 3 A	M	8	00:01:47.95	00:01:47.95	ESC ALVARO GUERRA
44	93	JOAO M ALFAIATE - 3 A	M	8	00:01:48.49	00:01:48.49	ESC ALVARO GUERRA
45	28	TOMAS OLIVEIRA	M	6	00:01:48.61	00:01:48.61	FC ESTRELAS LISBOA
46	108	TIAGO PATA - 2 B	M	6	00:01:48.76	00:01:48.76	ESC ALVARO GUERRA
47	138	ALBERT REIS - 1 A	M	6	00:01:48.80	00:01:48.80	EB1 DR SOUSA MARTINS
48	130	FRANCISCO BRANCO - 2 A	M	8	00:01:49.09	00:01:49.09	EB1 DR SOUSA MARTINS
49	129	EBATERINA LAKTIONOVA - 2 A	F	8	00:01:49.63	00:01:49.63	EB1 DR SOUSA MARTINS
50	105	MARTIM HORTA - 1 B	M	6	00:01:50.00	00:01:50.00	ESC ALVARO GUERRA
51	64	GUSTAVO DIAS	M	7	00:01:50.09	00:01:50.09	
52	151	GONALO LUIS - 3 B	M	8	00:01:50.20	00:01:50.20	EB1 DR SOUSA MARTINS
53	102	VASCO MENDES - 1 B	M	6	00:01:51.46	00:01:51.46	ESC ALVARO GUERRA
54	83	HENRIQUE COSTA	M	8	00:01:51.64	00:01:51.64	DIVISAO DESPORTO
55	70	TIAGO LOPES	M	7	00:01:52.04	00:01:52.04	HERE FOR BEER
56	131	RITA CLEMENTE - 2 A	F	7	00:01:52.14	00:01:52.14	EB1 DR SOUSA MARTINS
57	68	MARGARIDA RAMOS	F	8	00:01:52.23	00:01:52.23	
58	145	DAVID SANTOS - 1 A	M	6	00:01:52.91	00:01:52.91	EB1 DR SOUSA MARTINS
59	63	LEONOR GUEIFÃO	F	8	00:01:52.98	00:01:52.98	
60	11	TIAGO RIBEIRO	M	6	00:01:53.08	00:01:53.08	PIN & PUK
61	10	MIGUEL RIBEIRO	M	8	00:01:54.05	00:01:54.05	PIN & PUK
62	84	MARGARIDA GOMES - 3 A	F	8	00:01:54.53	00:01:54.53	ESC ALVARO GUERRA
63	109	PEDRO M FREITAS - 2 B	M	7	00:01:55.49	00:01:55.49	ESC ALVARO GUERRA
64	252	MARTIM VICENTE	M	6	00:01:55.92	00:01:55.92	EB 1 DR SOUSA MARTINS
65	179	MARIA FONSECA - 3 F	F	9	00:01:55.94	00:01:55.94	ESC BAIRRO PARAISO
66	86	SOFIA DIOGO - 3 A	F	8	00:01:56.08	00:01:56.08	ESC ALVARO GUERRA
67	89	FILIPA COSTEIRA - 3 A	F	9	00:01:56.15	00:01:56.15	ESC ALVARO GUERRA
68	228	MIGUEL NUNES	M	6	00:01:56.24	00:01:56.24	ALHANDRA SC
69	126	MARIANA SARMENTO - 2 A	F	7	00:01:56.43	00:01:56.43	EB1 DR SOUSA MARTINS

CORRIDA DAS LEZIRIAS

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70	23	TOMÁS ALEGRIA	M	9	00:01:56.85	00:01:56.85	
71	22	MARGARIDA ALEGRIA	F	7	00:01:57.22	00:01:57.22	
72	235	TIAGO BARROS	M	6	00:01:57.39	00:01:57.39	ALHANDRA SC
73	185	BEATRIZ DIAS - 3 F	F	8	00:01:57.68	00:01:57.68	ESC BAIRRO PARAISO
74	7	TIAGO DINIS	M	8	00:01:58.14	00:01:58.14	
75	229	PEDRO MARTINS	M	8	00:01:58.54	00:01:58.54	ALHANDRA SC
76	111	CAROLINA MESQUITELA - 2 B	F	7	00:01:59.06	00:01:59.06	ESC ALVARO GUERRA
77	184	SALVADOR PEREIRA	M	7	00:01:59.17	00:01:59.17	ESC BAIRRO PARAISO
78	254	IRIS S LOPES	F	8	00:01:59.42	00:01:59.42	
79	133	ANA B SARDO - 1-2 B	F	7	00:02:00.09	00:02:00.09	EB1 DR SOUSA MARTINS
80	248	SOFIA CAETANO	F	7	00:02:00.24	00:02:00.24	CUA BENAVENTENSE
81	141	CATARINA AVELAR - 3 A	F	9	00:02:00.39	00:02:00.39	EB1 DR SOUSA MARTINS
82	148	MADALENA CASEIRO - 3 A	F	9	00:02:01.25	00:02:01.25	EB1 DR SOUSA MARTINS
83	107	MARIANA RODRIGUES - 2 B	F	7	00:02:02.12	00:02:02.12	ESC ALVARO GUERRA
84	119	HENRIQUE CARVALHO - 3 B	M	8	00:02:02.69	00:02:02.69	ESC ALVARO GUERRA
85	103	GUILHERME TORRAO	M	6	00:02:02.84	00:02:02.84	ESC ALVARO GUERRA
86	77	DIOGO SIMÕES	M	7	00:02:03.69	00:02:03.69	
87	132	DIOGO OLIVEIRA - 1 A	M	6	00:02:06.14	00:02:06.14	EB1 DR SOUSA MARTINS
88	74	RODRIGO TAVARES	M	7	00:02:06.30	00:02:06.30	
89	233	RODRIGO GÓIS	M	8	00:02:06.93	00:02:06.93	ALHANDRA SC
90	37	GABRIELA FRANCISCO	F	8	00:02:09.21	00:02:09.21	
91	75	RUBEN PEREIRA	M	8	00:02:10.57	00:02:10.57	
92	156	ISAAC HENRIQUE	M	6	00:02:11.43	00:02:11.43	EB 2 3 DR VASCO MONIZ
93	137	MATILDE AZEVEDO - 1 A	F	6	00:02:13.22	00:02:13.22	EB1 DR SOUSA MARTINS
94	8	MADALENA REIS	F	6	00:02:13.74	00:02:13.74	
95	251	MARTIM F C RODRIGUES	M	7	00:02:13.95	00:02:13.95	EB 1 DR SOUSA MARTINS
96	15	TOMAS N ROMÃO	M	6	00:02:19.73	00:02:19.73	PENICHE A CORRER
97	73	AFONSO TAVARES	M	7	00:02:20.17	00:02:20.17	
98	40	MARIANA R RIBEIRO	F	8	00:02:20.29	00:02:20.29	
99	147	MARIA CASEIRO - 3 A	F	9	00:02:20.98	00:02:20.98	EB1 DR SOUSA MARTINS
100	223	CAROLINA MATOS	F	6	00:02:21.51	00:02:21.51	ALHANDRA SC
101	60	SOFIA C GAMEIRO	F	6	00:02:21.69	00:02:21.69	
102	76	CAMILA BARROS	F	6	00:02:23.07	00:02:23.07	
103	144	RAFAEL BRITO	M	8	00:02:24.77	00:02:24.77	EB1 DR SOUSA MARTINS
104	97	INES SILVA - 1 B	F	6	00:02:27.37	00:02:27.37	ESC ALVARO GUERRA
105	94	Mª CLARA C VILLEGAS - 1 A	F	7	00:02:28.89	00:02:28.89	ESC ALVARO GUERRA

CORRIDA DAS LEZIRIAS

5 MAR'17



106	92	RODRIGO A R MEDEIROS - 3 A	M	8	00:08:28.69	00:08:28.69	ESC ALVARO GUERRA
107	187	GONALO TAVARES - 4 ABP	M	5	00:08:39.05	00:08:39.05	ESC BAIRRO PARAISO
108	146	TIAGO P ROMERO - 3 A	M	9	00:08:41.28	00:08:41.28	EB1 DR SOUSA MARTINS

Total de registros: 108

Benjamins B (2006-2007)

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	32	PEDRO VITORINO	M	11		00:02:43.29	00:02:43.29	BREMA
2	34	RENATO MENDES	M	11		00:02:44.30	00:02:44.30	BREMA
3	58	SÉRGIO GOMES	M	10		00:02:48.58	00:02:48.58	
4	202	TIAGO ORFÃO	M	9		00:02:53.61	00:02:53.61	ALHANDRA SC
5	42	AFONSO FERREIRA	M	9		00:02:55.08	00:02:55.08	NATAÇÃO CM VFX
6	2	MARTA BARRIGUINHA	F	10		00:02:56.08	00:02:56.08	
7	44	JOSÉ D FONSECA	M	10		00:02:56.75	00:02:56.75	NATAÇÃO CM VFX
8	198	TATIANA MARQUES	F	10		00:02:56.83	00:02:56.83	ALHANDRA SC
9	78	AFONSO VARGES	M	10		00:02:59.43	00:02:59.43	
10	238	MIGUEL GAMADO	M	10		00:03:00.99	00:03:00.99	ALHANDRA SC
11	100	LARA M M VICOSO - B	F	9		00:03:01.78	00:03:01.78	ESC ALVARO GUERRA
12	52	TIAGO FERREIRA	M	11		00:03:02.89	00:03:02.89	
13	17	TOMÁS PREZA	M	10		00:03:04.46	00:03:04.46	
14	59	MIGUEL GOMES	M	10		00:03:06.06	00:03:06.06	
15	71	RODRIGO ANTUNES	M	10		00:03:07.48	00:03:07.48	
16	43	RITA NUNES	F	10		00:03:08.03	00:03:08.03	NATAÇÃO CM VFX
17	3	GUILHERME LETRA	M	9		00:03:10.17	00:03:10.17	
18	56	DANIEL RAMOS	M	10		00:03:11.75	00:03:11.75	KANINOS
19	196	FRANCISCO CARDEIRA	M	11		00:03:12.34	00:03:12.34	ALHANDRA SC
20	35	RAFAEL SILVA	M	9		00:03:13.17	00:03:13.17	
21	188	DIOGO CORDEIRO - A BP	M	9		00:03:14.94	00:03:14.94	ESC BAIRRO PARAISO
22	239	TOMÁS MASCOTE	M	10		00:03:15.87	00:03:15.87	ALHANDRA SC
23	45	DIOGO G SOUSA	M	10		00:03:15.99	00:03:15.99	NATAÇÃO CM VFX
24	200	MARIANA MATOS	F	10		00:03:16.55	00:03:16.55	ALHANDRA SC
25	201	INÊS VALENTE	F	9		00:03:16.56	00:03:16.56	ALHANDRA SC
26	199	MATILDE TOMÁS	F	10		00:03:18.36	00:03:18.36	ALHANDRA SC
27	167	MATILDE GOMES	F	10		00:03:25.12	00:03:25.12	ESCOLA A DOS BISPOS
28	170	TOMAS M G RAMOS - 5 C	M	10		00:03:26.21	00:03:26.21	ESC PROF REINALDO SANTOS
29	243	PEDRO FINO	M	10		00:03:28.45	00:03:28.45	EQUILIBRIO

CORRIDA DAS LEZIRIAS

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30	13	FILIPA NUNES	F	9	00:03:31.34	00:03:31.34	OS PERIGOSOS
31	245	PEDRO PIRES	M	10	00:03:32.46	00:03:32.46	CUA BENAVENTENSE
32	168	MADALENA N PAIS	F	10	00:03:32.84	00:03:32.84	ESC PROF REINALDO SANTOS
33	157	DANIEL C ANDRADE - 4	M	9	00:03:32.97	00:03:32.97	ESCOLA A DOS BISPOS
34	55	MATILDE PONTE	F	10	00:03:34.04	00:03:34.04	
35	122	MADALENA PASSARINHO - 4 A	F	9	00:03:34.94	00:03:34.94	ESC ALVARO GUERRA
36	197	PEDRO MACHADO	M	11	00:03:37.80	00:03:37.80	ALHANDRA SC
37	171	PALOMA TEIXEIRA - 5 A	F	10	00:03:37.80	00:03:37.80	ESC PROF REINALDO SANTOS
38	20	MARIANA ROMANO	F	9	00:03:40.35	00:03:40.35	
39	98	ANA F RENE - 4 B	F	9	00:03:43.74	00:03:43.74	ESC ALVARO GUERRA
40	191	ANA R COSTA - 4	F	9	00:03:52.52	00:03:52.52	ESC BAIRRO PARAISO
41	253	LEONOR CAPUCHA	F	9	00:03:59.00	00:03:59.00	ABEI
42	61	MARIA GROSSINHO	F	10	00:04:02.29	00:04:02.29	
43	272	PAULO SANTOS	M	11	00:04:04.12	00:04:04.12	
44	193	MATILDE FONSECA	F	10	00:04:06.17	00:04:06.17	
45	65	INÊS ANDRADE	F	10	00:04:11.28	00:04:11.28	OS PERIGOSOS
46	57	MARGARIDA CARVALHO	F	10	00:04:17.70	00:04:17.70	
47	150	INES FIGUEIRA - 2 B	F	10	00:04:20.48	00:04:20.48	EB1 DR SOUSA MARTINS
48	21	BRUNA BRITO	F	9	00:04:23.51	00:04:23.51	
49	120	CATARINA CARDOSO - 4 A	F	10	00:04:27.62	00:04:27.62	ESC ALVARO GUERRA
50	121	DIANA GUILHERME - 4 A	F	9	00:04:38.28	00:04:38.28	ESC ALVARO GUERRA
51	99	DIOGO ANACLETO - 4 B	M	9	00:04:45.50	00:04:45.50	ESC ALVARO GUERRA
52	189	CATARINA NUNES - A BP	F	9	00:04:48.66	00:04:48.66	ESC BAIRRO PARAISO
53	190	CAROLINA BROCHADO - A BP	F	9	00:04:52.34	00:04:52.34	ESC BAIRRO PARAISO
54	186	MARIA MACHADO - 4 ABP	F	9	00:04:56.77	00:04:56.77	ESC BAIRRO PARAISO

Total de registros: 54

CORRIDA DAS LEZIRIAS

5 MAR'17



Infantis (2004-2005)

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	250	RICARDO COSTA	M	12		00:02:32.05	00:02:32.05	R FRENTE RIBEIRINHA PÓVOA STA IRIA
2	205	GUILHERME CRUZ	M	11		00:02:32.88	00:02:32.88	ALHANDRA SC
3	49	RAFAEL ANICETO	M	12		00:02:34.01	00:02:34.01	NATAÇÃO CM VFX
4	211	JOÃO CANILHO	M	12		00:02:37.11	00:02:37.11	ALHANDRA SC
5	210	LUANA QUARESMA	F	12		00:02:38.96	00:02:38.96	ALHANDRA SC
6	1	TIAGO BARRIGUINHA	M	13		00:02:43.14	00:02:43.14	
7	173	ANA C NUNES	F	14		00:02:46.84	00:02:46.84	ESC PROF REINALDO SANTOS
8	206	JOÃO VITORINO	M	11		00:02:47.43	00:02:47.43	ALHANDRA SC
9	24	TIAGO ALEGRIA	M	14		00:02:51.32	00:02:51.32	
10	212	SOFIA MOREIRA	F	12		00:02:52.10	00:02:52.10	ALHANDRA SC
11	203	DINIS BARROCAS	M	11		00:02:52.70	00:02:52.70	ALHANDRA SC
12	66	FRANCISCO LIMA	M	11		00:02:55.40	00:02:55.40	RUN TEAM BOMBARRAL
13	47	GONÇALO CALÇADA	M	11		00:02:55.54	00:02:55.54	NATAÇÃO CM VFX
14	67	DIOGO RAMOS	M	11		00:02:57.08	00:02:57.08	
15	209	INÊS ANASTÁCIO	F	12		00:02:58.53	00:02:58.53	ALHANDRA SC
16	249	AFONSO CAETANO	M	10		00:03:03.03	00:03:03.03	CUA BENAVENTENSE
17	36	MIGUEL CARVALHO	M	12		00:03:04.01	00:03:04.01	FC ESTRELAS LISBOA
18	208	MARIA CALÇADA	F	11		00:03:09.05	00:03:09.05	ALHANDRA SC
19	46	AFONSO MATIAS	M	11		00:03:10.96	00:03:10.96	NATAÇÃO CM VFX
20	72	TERESA RAMALHO	F	11		00:03:11.57	00:03:11.57	
21	155	NURIA HENRIQUE - 6 C	F	11		00:03:12.45	00:03:12.45	EB 2 3 DR VASCO MONIZ
22	12	DANIELA NUNES	F	12		00:03:14.67	00:03:14.67	OS PERIGOSOS
23	169	INES S F LEITAO - 6 E	F	11		00:03:14.72	00:03:14.72	ESC PROF REINALDO SANTOS
24	48	MADALENA MAMEDE	M	11		00:03:43.01	00:03:43.01	NATAÇÃO CM VFX
25	192	ANA F FONSECA	F	12		00:03:53.77	00:03:53.77	

Total de registros: 25