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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	5270	Hermano Ferreira	00:16:09	00:30:47	00:30:42	1	Sporting Clube de Portugal	Senior	1
2	1543	Hugo Ganchas	00:16:09	00:30:53	00:30:47	2	Sport Lisboa e Benfica	Senior	2
3	6845	João Pereira	00:16:08	00:30:59	00:30:54	3	Sport Lisboa e Benfica	Senior	3
4	3784	António Silva	00:16:09	00:31:00	00:30:55	4		Senior	4
5	4600	Pedro Arsenio	00:16:10	00:31:03	00:30:57	5	GFD Running	Senior	5
6	6603	Luis Macau	00:16:10	00:31:29	00:31:22	6		Senior	6
7	7067	Jose Gaspar	00:16:09	00:31:49	00:31:42	7		V35	1
8	4655	Helder Grosso	00:16:09	00:31:58	00:31:53	8	GFD Running	Senior	7
9	5072	Joao Caetano	00:16:10	00:32:07	00:32:01	9	Clube de Atletismo Odimarq	Senior	8
10	6974	Daniel Gleimar	00:16:08	00:32:11	00:32:06	10		Senior	9
11	3919	Miguel Blanco	00:16:47	00:32:48	00:32:43	11		Senior	10
12	5386	Claudio Cardoso	00:16:45	00:33:12	00:33:06	12	A.M.Atibá	V35	2
13	5387	Marco Mello	00:16:45	00:33:12	00:33:07	13	A.M.Atibá	V45	1
14	3056	Luis Lima	00:16:45	00:33:14	00:33:08	14	NúcleOeiras	V45	2
15	5080	Tiago Silva	00:17:00	00:33:20	00:33:15	15	g.d.chelas	Senior	11
16	7187	Bernardo Portela	00:17:00	00:33:24	00:33:17	16	Tribananas	Senior	12
17	5500	Jorge Cruz	00:17:00	00:33:26	00:33:20	17		V50	1
18	3785	Bruno Vieira	00:16:48	00:33:26	00:33:20	18		Junior	1
19	1877	Diogo Ramalheira	00:16:37	00:33:28	00:33:21	19		Senior	13
20	3897	Claudio Paulinho	00:16:48	00:33:31	00:33:26	20		V35	3



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
21	6693	Samuel Agostinho	00:16:47	00:33:33	00:33:26	21	Tribananas	Junior	2
22	4599	Carlos Cardoso	00:16:44	00:33:38	00:33:32	22	GFD Running	Senior	14
23	5715	Paulo Martins	00:16:48	00:33:40	00:33:34	23	NúcleOeiras	V40	1
24	7132	Genaro Nogales	00:17:15	00:33:43	00:33:35	24		Senior	15
25	6183	Rafael Veríssimo	00:17:16	00:33:51	00:33:42	25	NúcleOeiras	Senior	16
26	6633	Vera Nunes	00:17:16	00:34:01	00:33:55	26	Sport Lisboa e Benfica	V35	1
27	5599	Jorge Sousa	00:17:15	00:34:03	00:33:57	27		V35	4
28	4152	Nuno Correia	00:17:16	00:34:06	00:34:01	29	Clube Oriental de Pechão	V40	2
29	7186	José Cabeça	00:17:14	00:34:06	00:34:00	28	Tribananas	Senior	17
30	4149	Luis Barbosa	00:17:00	00:34:07	00:34:01	30	Clube Oriental de Pechão	Senior	18
31	2274	Carlos Tiago	00:17:24	00:34:11	00:34:05	31	BELÉM RUNNERS	V35	5
32	2697	João Ferreira	00:17:16	00:34:16	00:34:10	32		Senior	19
33	5075	Vanderley Silva	00:17:31	00:34:19	00:34:12	33	g.d.chelas	Senior	20
34	4285	Vitor Oliveira	00:17:43	00:34:27	00:34:21	34	ASC Vale Grande	Senior	21
35	5388	Paulo Santos	00:17:18	00:34:56	00:34:50	36	A.M.Atibá	V45	3
36	4219	Paulo Alves	00:17:44	00:34:57	00:34:51	37	GDCTIN Casa da Moeda	V35	6
37	3053	Rodrigo Duarte	00:17:43	00:34:58	00:34:48	35	NúcleOeiras	Senior	22
38	1909	João Trigueiros	00:17:24	00:34:58	00:34:52	38		Senior	23
39	6315	Aaite Tamang	00:17:35	00:35:01	00:34:54	40	g.d.chelas	Senior	24
40	2754	Leonardo Coelho	00:17:44	00:35:04	00:34:52	39	RunLovers	Senior	25



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
41	2330	Ricardo Teixeira	00:17:33	00:35:05	00:34:59	41	CLUBE COLABORADORES AGEAS	V35	7
42	4279	José Dias	00:17:44	00:35:07	00:35:01	42	ASC Vale Grande	V45	4
43	2441	Jose Correia	00:17:23	00:35:09	00:35:02	43	CLUBE DESPORTIVO DO ARNEIRO	V45	5
44	1424	Fernando Miranda	00:17:44	00:35:10	00:35:03	44		V40	3
45	5889	Ricardo Jordão	00:17:45	00:35:12	00:35:05	46		Senior	26
46	1642	Joaquim Dias	00:18:00	00:35:15	00:35:05	47		V40	4
47	3786	Vasco Rosa	00:17:28	00:35:16	00:35:09	48		Senior	27
48	4598	Cláudia Pereira	00:17:44	00:35:19	00:35:14	50	GFD Running	V40	1
49	2832	Nuno Silva	00:17:44	00:35:20	00:35:13	49	Clube Atletismo Amigos de Belém	V35	8
50	4254	Diogo Azevedo	00:18:00	00:35:24	00:35:17	51	Vitória Futebol Clube	V35	9
51	6184	Mark Ribeiro	00:17:48	00:35:35	00:35:28	54	PRAFIT CLUB	Senior	28
52	4570	Julio Almeida	00:17:45	00:35:35	00:35:26	53		V45	6
53	1252	Sérgio Paiva	00:17:43	00:35:37	00:35:32	55		V40	5
54	7171	Joaquim Cerqueira	00:17:48	00:35:40	00:35:23	52	Alhandra B	Junior	3
55	5728	João Duarte	00:18:47	00:35:41	00:35:05	45		V45	7
56	7213	Bruno Domingos	00:18:07	00:35:43	00:35:37	56	Clube Oriental de Pechão	Senior	29
57	4886	Nelson Santos	00:18:01	00:35:45	00:35:38	58	Alliance Healthcare	Senior	30
58	3978	Bruno Tavares	00:18:07	00:35:46	00:35:38	57	Referees Margem Sul	Senior	31
59	2126	António Murteira	00:17:44	00:35:46	00:35:40	59	Carrasco & Amigos	V45	8
60	322	Tiago Lopes	00:17:41	00:35:55	00:35:49	60	EVELX - Associação de Estilos de Vida Saudável	Senior	32



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
61	7167	João Ginja	00:18:28	00:35:57	00:35:50	61		V50	2
62	5154	Luís Santos	00:18:05	00:35:58	00:35:51	62	Farmácias Holon	Senior	33
63	2091	Marcolino Veríssimo	00:18:10	00:36:06	00:35:59	63	SS CGD	V45	9
64	6540	Vitoriano Varela	00:17:41	00:36:07	00:36:01	66		Senior	34
65	1090	Sergio Tavares	00:18:16	00:36:07	00:35:59	64	Amigos Atletismo Mafra	V35	10
66	5966	Pedro Marques	00:18:10	00:36:10	00:36:03	67	A.M.Atibá	V35	11
67	5064	Luís Vasconcelos	00:18:29	00:36:12	00:36:05	68	ASC Vale Grande	V45	10
68	4536	Pedro Ferreira	00:18:11	00:36:14	00:36:06	69		V40	6
69	4494	Paulo Carvalho	00:18:28	00:36:21	00:36:15	71		V45	11
70	1968	Sérgio Santos	00:18:31	00:36:25	00:36:18	72		V45	12
71	2905	Andre Arvela	00:18:05	00:36:27	00:36:19	73		V35	12
72	6570	Joao Faria	00:18:49	00:36:30	00:36:11	70		V40	7
73	5076	Pedro Marques	00:18:31	00:36:33	00:36:25	74	g.d.chelas	V40	8
74	6073	Rodrigo Carrera	00:18:54	00:36:38	00:36:00	65		Senior	35
75	2133	Tiago Silva	00:18:05	00:36:40	00:36:33	75		Senior	36
76	32	Pedro Machado	00:18:12	00:36:40	00:36:33	76		Senior	37
77	61	Carlos Caetano	00:18:34	00:36:42	00:36:34	77		V40	9
78	1271	Gonçalo Cruz	00:18:29	00:36:48	00:36:38	78	CLUBE NOVO BANCO	Senior	38
79	5897	Ricardo Santos	00:18:35	00:36:48	00:36:39	79	COO	V35	13
80	1235	Nuno Soares	00:18:42	00:36:54	00:36:49	80		Senior	39



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
81	5283	Iuri Leandro	00:18:34	00:36:59	00:36:49	81		Junior	4
82	2856	Jorge Cosme	00:18:41	00:37:04	00:36:56	83	Escola Atletismo Cartaxo	V40	10
83	705	José Mota	00:18:18	00:37:06	00:36:56	82	Dolce Furadouro	Senior	40
84	6588	Hussene Keshavjee	00:19:00	00:37:07	00:36:59	85		V40	11
85	2275	Elias Fortes	00:18:41	00:37:07	00:36:58	84	BELÉM RUNNERS	V50	3
86	4597	Rui Oliveira	00:18:45	00:37:07	00:36:59	86	GFD Running	V40	12
87	2662	Pedro Rodrigues	00:18:41	00:37:11	00:37:03	87		V35	14
88	1932	Miguel Sobral	00:18:51	00:37:12	00:37:03	88	Associação GD Academia do Korpo	V35	15
89	3957	Vítor Lima	00:19:07	00:37:12	00:37:05	91	NúcleOeiras	V45	13
90	3091	Tony Almeida	00:19:08	00:37:13	00:37:03	89	RB RUNNING	Senior	41
91	6847	José Silva	00:18:51	00:37:13	00:37:05	90	COO	Senior	42
92	4148	Filipe Trindade	00:18:44	00:37:17	00:37:10	94	Clube Oriental de Pechão	Senior	43
93	451	João Pinto	00:18:58	00:37:18	00:37:10	93		Senior	44
94	6678	Luis Batista	00:18:28	00:37:18	00:37:12	95	g.d.chelas	V35	16
95	2030	Jorge Pedroso	00:19:01	00:37:19	00:37:09	92	Jobrinde - Montes Saloios	V40	13
96	2273	Carlos Freitas	00:19:07	00:37:21	00:37:15	97	BELÉM RUNNERS	V45	14
97	2276	Inocência Amorim	00:19:07	00:37:22	00:37:13	96	BELÉM RUNNERS	V35	17
98	2347	Nuno Santos	00:18:41	00:37:27	00:37:19	98	Pump Runners	V35	18
99	4154	Khalid Tahiri	00:18:43	00:37:29	00:37:22	100	Clube Oriental de Pechão	V40	14
100	4537	Joaquim Quitério	00:19:13	00:37:30	00:37:21	99		V40	15



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
101	1657	Humberto Spínola	00:18:46	00:37:32	00:37:24	101		V40	16
102	4649	Alexandra Sousa	00:19:01	00:37:33	00:37:28	106	GFD Running	Senior	1
103	3052	Ricardo Lanceiro	00:18:41	00:37:33	00:37:27	103	NúcleOeiras	V35	19
104	6624	Kcénia Bougrova	00:18:45	00:37:34	00:37:28	104	Sporting Clube de Portugal	Senior	2
105	6705	Nuno Felicio	00:19:01	00:37:36	00:37:28	105		V35	20
106	541	Vitor Marques	00:19:25	00:37:36	00:37:26	102		V35	21
107	4288	Pedro Mota	00:19:08	00:37:39	00:37:29	107	ASC Vale Grande	V45	15
108	3054	Rodrigo Santos	00:19:08	00:37:43	00:37:33	108	NúcleOeiras	V40	17
109	4408	Pedro Santos	00:19:07	00:37:44	00:37:34	109	Escola Atletismo Cartaxo	Junior	5
110	5911	Joao Baptista	00:18:45	00:37:45	00:37:36	110		Senior	45
111	1716	Sergiy Chonka	00:19:13	00:37:45	00:37:37	112		V40	18
112	3074	Miguel Gonçalves	00:19:13	00:37:45	00:37:36	111	CCD Crédito Agrícola Mútuo	V35	22
113	6998	Nuno Silva	00:18:55	00:37:47	00:37:38	113	Correr Lisboa	V40	19
114	4653	Ernesto Ferreira	00:19:07	00:37:48	00:37:39	114	GFD Running	V45	16
115	4671	Vitor Sousa	00:19:06	00:37:48	00:37:39	115	GFD Running	V40	20
116	1035	Fernando Vicente	00:19:01	00:37:49	00:37:42	116		V50	4
117	6531	Fábio Pratas	00:18:44	00:37:52	00:37:45	118		Senior	46
118	3374	Luís Rio	00:19:17	00:37:55	00:37:44	117	GDC Banco de Portugal	V45	17
119	4286	Rui Martins	00:19:01	00:37:58	00:37:50	120	ASC Vale Grande	Senior	47
120	4530	João Vieira	00:19:10	00:37:59	00:37:52	121		Senior	48



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
121	5301	Cláudio Canavilhas	00:19:08	00:38:02	00:37:54	122		Senior	49
122	4339	David Karim	00:19:12	00:38:02	00:37:54	123		V35	23
123	3376	António Simões	00:19:14	00:38:06	00:37:55	124	GDC Banco de Portugal	V45	18
124	3999	António Santos	00:19:58	00:38:06	00:37:57	125	ADRC Mata de Benfica	Senior	50
125	5235	António Santos	00:19:15	00:38:06	00:37:57	126	G. D. I. N. E.	V55	1
126	6053	Paulo Silva	00:19:13	00:38:08	00:37:58	127		V40	21
127	801	Carlos Teixeira	00:19:08	00:38:10	00:38:02	128		V40	22
128	2556	Francisco Serrano	00:19:15	00:38:11	00:38:02	129	G. D. I. N. E.	V40	23
129	3231	Mário Rodrigues	00:19:08	00:38:11	00:38:05	132	A.M.Atibá	V45	19
130	4123	Alcides Estrela	00:19:08	00:38:12	00:38:02	130	SS CGD	V35	24
131	6717	Marco Lopes	00:19:04	00:38:14	00:37:47	119		Senior	51
132	2923	Eduardo Quaresma	00:19:07	00:38:15	00:38:06	133		V35	25
133	5545	Pedro Afonso	00:19:37	00:38:15	00:38:04	131	BELÉM RUNNERS	V45	20
134	4824	Carlos Pinho	00:19:35	00:38:16	00:38:07	134		Senior	52
135	443	André Melo	00:19:20	00:38:18	00:38:09	135		V35	26
136	4161	Ana Cabecinha	00:19:35	00:38:19	00:38:13	138	Clube Oriental de Pechão	Senior	3
137	6113	Carlos Pereira	00:19:18	00:38:20	00:38:12	137		V35	27
138	3090	Roberto Guerreiro	00:19:01	00:38:21	00:38:14	139	RB RUNNING	Senior	53
139	4150	Fábio Alves	00:19:09	00:38:22	00:38:14	140	Clube Oriental de Pechão	Senior	54
140	4738	Miguel Rodrigues	00:19:09	00:38:24	00:38:14	141		V35	28



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141	6806	José Galvão	00:19:17	00:38:25	00:38:16	145	Miranda Miles	V45	21
142	717	Aníbal Costa	00:19:43	00:38:25	00:38:12	136	Sanofi	V45	22
143	1507	Pedro Guimarães	00:19:21	00:38:26	00:38:17	147		V35	29
144	1045	António Lopes	00:19:15	00:38:26	00:38:16	146		V50	5
145	6567	Antonio Santos	00:19:21	00:38:28	00:38:23	155		V45	23
146	4390	Rui Silva	00:19:17	00:38:28	00:38:17	148	Rail Runners	Senior	55
147	2109	Marco Fatelo	00:19:30	00:38:28	00:38:15	144		V35	30
148	2165	Ricardo Pires	00:19:13	00:38:29	00:38:20	150		Senior	56
149	562	Tiago Vintem	00:19:14	00:38:30	00:38:19	149	Pontével a Mexer	Senior	57
150	3085	Pedro Ferreira	00:19:43	00:38:31	00:38:20	151	RB RUNNING	V45	24
151	4318	António Louro	00:19:10	00:38:32	00:38:23	154	GD SANTANDERTOTTA	V40	24
152	2281	Pedro Pereira	00:19:13	00:38:32	00:38:22	152	BELÉM RUNNERS	V40	25
153	6075	Henrique Coelho	00:19:12	00:38:32	00:38:25	158		V40	26
154	3963	Hugo Silva	00:19:15	00:38:33	00:38:22	153	Os Galgos	Senior	58
155	2607	Edgar Trigo	00:19:25	00:38:33	00:38:24	156	Federação da Família para a Paz Mundial e Unifi	V45	25
156	3560	Dário Luz	00:19:29	00:38:34	00:38:25	159		V35	31
157	3817	Luis Semedo	00:19:21	00:38:35	00:38:25	160		V35	32
158	5524	Jorge Correia	00:19:52	00:38:37	00:38:26	161		V45	26
159	4948	Paulo Marques	00:19:30	00:38:39	00:38:24	157		V40	27
160	5269	Paulo Soldado	00:19:14	00:38:40	00:38:34	164	Grupo Desportivo "O Independente"	V45	27



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161	2823	Carlos Gomes	00:19:35	00:38:42	00:38:14	143	Clube EDP Lisboa	V50	6
162	4157	Edna Barros	00:19:35	00:38:42	00:38:35	165	Clube Oriental de Pechão	Senior	4
163	2547	Armindo Teixeira	00:19:45	00:38:48	00:38:32	162	Sporting Clube de Casainhos	V35	33
164	5074	Alexandre Soares	00:20:41	00:38:48	00:38:35	166	Clube de Atletismo Odimarq	V50	7
165	7120	Ricardo Almeida	00:19:55	00:38:52	00:38:32	163		V35	34
166	374	Fábio Pereira	00:19:52	00:38:54	00:38:38	167	Sporting Clube de Casainhos	Senior	59
167	2794	Luis Albuquerque	00:19:55	00:38:54	00:38:39	168	AÇOREANA	V45	28
168	236	Raul Coelho	00:19:39	00:38:58	00:38:43	169		V35	35
169	215	António Garcia	00:19:30	00:38:58	00:38:50	171		V50	8
170	3104	Manuel Fernandes	00:19:31	00:38:59	00:38:52	173	Asas nos Pés	V35	36
171	29	Pedro Gouveia	00:19:43	00:39:00	00:38:54	177		V45	29
172	20	Bruno Amaro	00:19:36	00:39:00	00:38:47	170		V35	37
173	2742	António Vale	00:19:31	00:39:01	00:38:54	174	GRD OS FIXES	V55	2
174	3086	Isidro Duarte	00:20:00	00:39:03	00:38:51	172	RB RUNNING	V45	30
175	5768	Pedro Fernandes	00:19:15	00:39:04	00:38:58	182	VdAtletas	Senior	60
176	464	Nélio Carvalho	00:19:36	00:39:06	00:38:54	175	Pontével a Mexer	V35	38
177	382	Duarte Costa	00:20:03	00:39:06	00:39:00	184		Senior	61
178	934	Luis Gomes	00:19:35	00:39:07	00:38:59	183	BRRnightRUNNERS	V40	28
179	149	Nuno Almeida	00:20:02	00:39:08	00:38:57	181		V35	39
180	563	Mario Gomes	00:19:36	00:39:08	00:38:55	178	Pontével a Mexer	V40	29



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
181	4343	José Pajinha	00:20:20	00:39:09	00:38:56	180	Clube de Atletismo Odimarq	V55	3
182	262	João Pereira	00:19:53	00:39:10	00:38:54	176		Senior	62
183	3051	Luis Barata	00:20:00	00:39:10	00:39:00	185	NúcleOeiras	V40	30
184	3005	Mário Dias	00:19:36	00:39:11	00:39:03	187		V35	40
185	321	Paulo Gomes	00:19:32	00:39:11	00:38:56	179	EVELX - Associação de Estilos de Vida Saudável	V35	41
186	3379	Fernando Martins	00:20:13	00:39:13	00:39:01	186	GDC Banco de Portugal	V45	31
187	3803	José Peixoto	00:19:48	00:39:14	00:39:04	188		V50	9
188	4218	Nuno Sousa	00:19:53	00:39:15	00:39:05	190	GDCTIN Casa da Moeda	V40	31
189	1554	Luis Alves	00:19:37	00:39:18	00:39:13	200		V45	32
190	81	Hélio Marques	00:20:04	00:39:18	00:39:05	191		V40	32
191	602	Rui Ferreira	00:20:00	00:39:18	00:39:04	189		V35	42
192	5021	Filipe Martins	00:19:30	00:39:18	00:39:10	198		Senior	63
193	4755	Álvaro Cardoso	00:19:48	00:39:20	00:39:08	195		V35	43
194	1974	Carlos Taveira	00:20:06	00:39:20	00:39:07	193		V40	33
195	4046	Edgar Jacinto	00:19:39	00:39:22	00:39:08	194	Auto Jacinto	Senior	64
196	545	Joel Rodrigues	00:20:00	00:39:22	00:39:14	201		V35	44
197	4044	António Jacinto	00:19:39	00:39:22	00:39:09	196	Auto Jacinto	V55	4
198	2695	Rafael Domingos	00:19:35	00:39:23	00:39:18	211		Senior	65
199	1081	Paulo Camacho	00:20:00	00:39:24	00:39:10	197	BRRnightRUNNERS	V45	33
200	501	Hernâni Fernandes	00:19:36	00:39:24	00:39:11	199		V45	34



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
201	74	Jose Esteves	00:20:01	00:39:24	00:39:14	202	Tartarugas Solidarias	V50	10
202	5544	Fernando Santos	00:19:07	00:39:25	00:39:16	208	BELÉM RUNNERS	V45	35
203	2587	Gonçalo Ferreira	00:19:29	00:39:25	00:39:15	204	G. D. I. N. E.	V40	34
204	6686	Paulo Pinto	00:20:03	00:39:26	00:39:18	214	C.C.D.das Autarquias de Almada	V40	35
205	5078	Gabriel Gonçalves	00:20:09	00:39:27	00:39:20	217	g.d.chelas	V60	1
206	4814	António Almeida	00:20:04	00:39:27	00:39:15	205		V35	45
207	2479	Luís Mealha	00:20:02	00:39:27	00:39:14	203		V45	36
208	5413	João Lima	00:20:45	00:39:28	00:38:14	142	Vitoria FC	Senior	66
209	6204	Fernando Tavares	00:20:24	00:39:28	00:39:07	192	MARRIOTT LISBOA	V45	37
210	2037	Luis Santos	00:19:57	00:39:29	00:39:20	216	Amigos Atletismo Mafra	Senior	67
211	355	Carlos Ferreira	00:20:02	00:39:29	00:39:18	212	lesmas	V45	38
212	480	Sérgio Santos	00:20:05	00:39:29	00:39:22	218		V35	46
213	1614	António Tavares	00:19:47	00:39:31	00:39:18	213		V35	47
214	5367	Carla Ribeiro	00:19:46	00:39:31	00:39:24	221	GFD Running	Senior	5
215	2805	Mario Gomes	00:20:03	00:39:31	00:39:19	215	AÇOREANA	V45	39
216	5415	Miguel Duarte	00:20:24	00:39:33	00:39:15	207	Vitoria FC	V40	36
217	1557	José Gomes	00:20:07	00:39:33	00:39:17	209		V55	5
218	549	Paulo Alves	00:19:57	00:39:35	00:39:24	220	G.D. SantanderTotta	V35	48
219	3203	Fernando Rodrigues	00:19:54	00:39:35	00:39:27	227		V45	40
220	4923	Tiago Salvador	00:19:48	00:39:36	00:39:22	219		Senior	68



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
221	7168	Carlos Marques	00:20:04	00:39:36	00:39:25	223		V55	6
222	4557	Jorge Caldeira	00:20:03	00:39:37	00:39:25	222		V45	41
223	3093	Hugo Luz	00:19:47	00:39:37	00:39:27	226	RB RUNNING	V40	37
224	2852	Fernando Pelarigo	00:20:01	00:39:38	00:39:27	228	Escola Atletismo Cartaxo	V45	42
225	2542	Joao Marreiros	00:19:36	00:39:38	00:39:30	231		V50	11
226	2831	António Santos	00:20:13	00:39:39	00:39:30	233	Clube Atletismo Amigos de Belém	V50	12
227	1577	Eduardo Santos	00:19:57	00:39:39	00:39:32	235		V35	49
228	689	João Mântua	00:20:07	00:39:41	00:39:26	225		Senior	69
229	702	Pedro Ramos	00:19:57	00:39:41	00:39:34	238	GRCD Leão	V40	38
230	6354	Cristina Garcia	00:20:02	00:39:42	00:39:35	242	A.M.Atibá	V45	1
231	2787	Paulo Teles	00:20:01	00:39:43	00:39:30	232	Colt Runners	V45	43
232	268	Miguel Heitor	00:19:52	00:39:44	00:39:34	239		Senior	70
233	2908	Almiro Feijão	00:20:40	00:39:44	00:39:18	210		V55	7
234	1947	Jose Baptista	00:20:14	00:39:44	00:39:38	246		V50	13
235	1805	Pedro Cunha	00:20:02	00:39:45	00:39:34	237		V55	8
236	1281	Luís Monteiro	00:20:01	00:39:45	00:39:31	234	CLUBE NOVO BANCO	V40	39
237	3171	José Gonçalves	00:19:47	00:39:46	00:39:38	245	Amigos Atletismo Mafra	V45	44
238	5437	Luis Aires	00:20:05	00:39:46	00:39:37	243		V45	45
239	967	Pajó Reis	00:20:00	00:39:47	00:39:34	236		Senior	71
240	5329	Luis Vidinha	00:20:15	00:39:48	00:39:15	206	Clube de Atletismo da Nazaré	V45	46



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
241	4836	Fábio Silva	00:20:03	00:39:50	00:39:35	241		Senior	72
242	6657	Cláudio Rocha	00:20:02	00:39:50	00:39:44	251	Cruz Quebradense SIMECQ	V40	40
243	7043	Paulo Hermezilha	00:19:42	00:39:52	00:39:46	253	EVELX - Associação de Estilos de Vida Saudável	V40	41
244	1600	António Reis	00:19:35	00:39:52	00:39:46	252		V40	42
245	7099	Romain Guitet	00:19:39	00:39:53	00:39:41	247		Senior	73
246	4652	Céu Nunes	00:20:04	00:39:53	00:39:48	254	GFD Running	V40	2
247	375	Manuel Bento	00:20:23	00:39:54	00:39:30	230	Sporting Clube de Casainhos	V40	43
248	2685	Fábio Teixeira	00:20:01	00:39:55	00:39:44	250		Senior	74
249	4262	Bruno Luís	00:20:03	00:39:56	00:39:42	248	TCPI	V35	50
250	4463	João Valhelhas	00:19:49	00:39:57	00:39:50	256	Câmara Lisboa Clube	V40	44
251	5592	André Rodrigues	00:20:07	00:39:58	00:39:52	260		Junior	6
252	111	Rui Vale	00:20:10	00:39:58	00:39:49	255		V35	51
253	5330	Daniel Conceição	00:20:23	00:39:59	00:39:26	224	Clube de Atletismo da Nazaré	Senior	75
254	2167	Almerindo Seco	00:20:11	00:40:01	00:39:52	261		V55	9
255	6778	Sören Morgener	00:20:15	00:40:02	00:39:51	258		Senior	76
256	1706	Rui Domingos	00:20:21	00:40:02	00:39:35	240		V45	47
257	6394	4 Km	00:20:00	00:40:02	00:39:55	264		V40	45
258	4882	Pedro Vieira	00:20:49	00:40:03	00:39:38	244	Alliance Healthcare	V40	46
259	5965	Fernando Figueiredo	00:20:02	00:40:03	00:39:54	262	A.M.Atibá	V45	48
260	274	Leonído Afonso	00:19:53	00:40:05	00:39:58	268		V50	14



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
261	947	Manuel Roque	00:20:08	00:40:05	00:39:52	259		Senior	77
262	2848	Fernando Silva	00:20:07	00:40:06	00:39:56	265	Escola Atletismo Cartaxo	V50	15
263	3277	João Pastor	00:20:05	00:40:07	00:39:57	267	Amigos Atletismo Mafra	V40	47
264	3210	Fernanda Santinha	00:20:04	00:40:07	00:39:51	257		V40	3
265	3209	Helder Magalhães	00:20:05	00:40:12	00:40:05	273		V40	48
266	6787	Nelson Pereira	00:20:40	00:40:12	00:39:42	249	garehotelruning	V40	49
267	1355	Francisco Azevedo	00:20:05	00:40:13	00:40:02	272		V45	49
268	5885	Leonardo Cabaceira	00:20:24	00:40:14	00:39:57	266	Cabaceira Sports & Run	Senior	78
269	901	Pedro Marques	00:21:00	00:40:15	00:39:29	229		V45	50
270	4704	Francisco Peixoto	00:20:17	00:40:16	00:40:07	274		Senior	79
271	2290	Tiago Póvoa	00:20:13	00:40:17	00:39:58	269	Farmácia Alto da Eira / AVS	Senior	80
272	3030	Paulo Rodrigues	00:21:01	00:40:18	00:40:08	278	Rail Runners	V35	52
273	3206	Firmino Oliveira	00:20:23	00:40:21	00:40:09	280		V55	10
274	2295	João Inocêncio	00:20:13	00:40:21	00:40:01	271	Farmácia Alto da Eira / AVS	V45	51
275	7089	Nuno Lourenço	00:20:01	00:40:23	00:40:15	283	EVELX - Associação de Estilos de Vida Saudável	V40	50
276	5489	Susana Matos	00:20:33	00:40:24	00:40:07	276		V40	4
277	1936	Fábio Carvalho	00:21:09	00:40:27	00:40:07	275	CateringPor	Senior	81
278	3958	André Monteiro	00:20:27	00:40:28	00:40:17	288	Os Galgos	Senior	82
279	6303	André Patrício	00:20:06	00:40:29	00:40:00	270	Galp runners	Senior	83
280	6227	Miguel Paulino	00:20:19	00:40:29	00:40:08	277	KPMG Runners	Senior	84



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
281	4153	Valentim Vargues	00:20:27	00:40:29	00:40:21	291	Clube Oriental de Pechão	V45	52
282	5371	Tiago Rodrigues	00:20:57	00:40:30	00:40:09	279	GFD Running	V40	51
283	3082	Pedro Sérgio	00:20:08	00:40:31	00:40:25	296	CCD Crédito Agrícola Mútuo	V45	53
284	4566	Pedro Pires	00:20:49	00:40:32	00:40:11	281		V50	16
285	3119	Ricardo Ramalhete	00:20:40	00:40:33	00:40:17	286		V35	53
286	1008	Nuno Calisto	00:20:23	00:40:34	00:40:22	292		V35	54
287	709	Nuno Garrana	00:20:33	00:40:34	00:40:17	287	Run Crew Trail Montijo/JuntoSomosMuitaFortes	V35	55
288	63	José Marques	00:20:22	00:40:34	00:40:18	289		V45	54
289	5546	Nuno Queija	00:19:49	00:40:35	00:40:29	299	BELÉM RUNNERS	V40	52
290	3524	Nuno Balas	00:19:41	00:40:35	00:40:23	293		V40	53
291	7161	Charlotte Baker	00:20:05	00:40:36	00:40:24	294		Senior	6
292	7150	Johannes Kok	00:21:10	00:40:36	00:39:55	263		V35	56
293	533	Jorge Fraga	00:20:52	00:40:38	00:40:14	282		V45	55
294	4737	Henrique Adrega	00:20:53	00:40:38	00:40:20	290		V60	2
295	120	Ruben Costa	00:20:15	00:40:39	00:40:24	295	BRRnightRUNNERS	V35	57
296	5964	Sergio Trindade	00:20:02	00:40:42	00:40:32	300	A.M.Atibá	V35	58
297	5084	Raul Rodrigues	00:20:13	00:40:43	00:40:35	306	g.d.chelas	V55	11
298	3069	Gonçalo Ferreira	00:20:44	00:40:43	00:40:15	284	CCD Crédito Agrícola Mútuo	Senior	85
299	4468	Luis Duarte	00:20:21	00:40:45	00:40:28	298	GRCD LEIAO	V40	54
300	2159	Pedro Soares	00:20:29	00:40:47	00:40:32	301		V35	59



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
301	4155	Carolina Costa	00:21:09	00:40:47	00:40:39	310	Clube Oriental de Pechão	Junior	1
302	724	Fúlvio Ramos	00:20:36	00:40:48	00:40:33	303		V35	60
303	4727	Frederico Lázaro	00:20:46	00:40:48	00:40:37	309		V35	61
304	7163	Joao Mendes	00:20:43	00:40:50	00:40:43	321		V55	12
305	2190	Carlos Pinheiro	00:21:29	00:40:51	00:40:33	304		Senior	86
306	2242	Miguel David	00:20:45	00:40:52	00:40:27	297		V45	56
307	193	Pedro Serra	00:20:04	00:40:53	00:40:40	312	Tartarugas Solidárias	Senior	87
308	5557	Helder Luis	00:20:53	00:40:54	00:40:44	323	Referees Margem Sul	V45	57
309	2231	Paulo Lopes	00:20:16	00:40:55	00:40:48	325	Carrasco & Amigos	V45	58
310	5261	Pedro Barbas	00:20:46	00:40:56	00:40:35	307	Pontével a Mexer	V40	55
311	3508	Sergio Simão	00:20:46	00:40:56	00:40:36	308		V35	62
312	761	Pedro Silva	00:20:14	00:40:57	00:40:43	318		V40	56
313	704	Carlos Luz	00:20:44	00:40:58	00:40:43	317	BRRnightRUNNERS	V40	57
314	662	Ricardo Castanho	00:20:36	00:40:58	00:40:51	328		V40	58
315	2151	Ricardo Gaspar	00:20:37	00:41:00	00:40:39	311		Senior	88
316	3789	Filipe Carreiro	00:20:26	00:41:01	00:40:41	313		Senior	89
317	2026	Diogo Rodrigues	00:20:57	00:41:01	00:40:16	285	YMAA Portugal	Senior	90
318	6076	João Moniz	00:20:26	00:41:01	00:40:53	333		Senior	91
319	1601	João Nunes	00:20:46	00:41:02	00:40:52	330		V50	17
320	3002	Marco Almeida	00:20:44	00:41:04	00:40:32	302		V35	63



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
321	4667	Rui Silva	00:21:11	00:41:04	00:40:42	315	GFD Running	V40	59
322	1232	David Prata	00:20:55	00:41:05	00:40:55	336		Senior	92
323	3077	Nuno Rosa	00:21:11	00:41:06	00:40:47	324	CCD Crédito Agrícola Mútuo	V35	64
324	5062	Luis Nogueira	00:20:40	00:41:06	00:40:51	327	Os Galgos	V45	59
325	3965	Paulo Garcia	00:20:44	00:41:09	00:41:01	343	Os Galgos	V40	60
326	4084	André Silva	00:21:16	00:41:09	00:40:52	332	BRRnightRUNNERS	V35	65
327	1352	Bruno Garcia	00:21:08	00:41:10	00:40:43	320		V35	66
328	2586	Marcos Oliveira	00:20:45	00:41:12	00:41:01	342	G. D. I. N. E.	V40	61
329	4787	Igor Luís	00:20:32	00:41:15	00:41:05	348		V40	62
330	3041	Carlos Pedro	00:20:50	00:41:16	00:40:53	334	Clube TAP PORTUGAL	V45	60
331	6748	Helder Carminé	00:20:22	00:41:17	00:41:10	354		V35	67
332	679	Paulo Reis	00:21:08	00:41:17	00:41:03	347		V45	61
333	1406	Nuno Moreira	00:20:58	00:41:18	00:41:09	353		V40	63
334	5895	Paulo Menezes	00:21:07	00:41:20	00:41:08	351	COO	V40	64
335	7008	João Borralho	00:21:10	00:41:20	00:40:55	335		V40	65
336	5543	Apolo Pereira	00:21:09	00:41:21	00:41:03	346	BELÉM RUNNERS	V45	62
337	4319	Salvador Afonso	00:21:16	00:41:22	00:40:42	316	GD SANTANDERTOTTA	V60	3
338	3635	Tiago Varanda	00:21:52	00:41:23	00:40:43	319		V40	66
339	1814	Nuno Oliveira	00:21:02	00:41:23	00:41:14	359		V35	68
340	1791	Humberto Cruz	00:21:15	00:41:24	00:41:02	345		V35	69



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
341	319	Luís Peixoto	00:21:15	00:41:24	00:40:41	314	EVELX - Associação de Estilos de Vida Saudável	V45	63
342	4839	Ricardo Nunes	00:21:22	00:41:24	00:40:58	339		V40	67
343	5203	João Afonso	00:21:57	00:41:26	00:40:44	322		V40	68
344	1084	Nuno Silva	00:20:36	00:41:27	00:40:51	329	Ginásio Clube Português	V45	64
345	5516	Hugo Conceição	00:20:45	00:41:28	00:41:02	344		V35	70
346	4772	Paulo Coelho	00:20:45	00:41:28	00:41:13	357		V35	71
347	6973	André Morgado	00:21:17	00:41:28	00:40:57	338		Senior	93
348	1961	Romário Almeida	00:20:58	00:41:30	00:40:59	340		V40	69
349	5870	Alexandre Pinto	00:20:34	00:41:31	00:41:24	376		V35	72
350	606	Carlos Marques	00:22:01	00:41:31	00:40:51	326		V35	73
351	2899	Domingos Neca	00:20:57	00:41:32	00:41:16	364	Jovens da Serra das Minas	V60	4
352	5591	António Silva	00:21:03	00:41:33	00:41:27	382		V45	65
353	6579	Alexandre Conceição	00:20:45	00:41:33	00:41:07	349		V40	70
354	3137	José Cóias	00:20:46	00:41:34	00:41:20	367		Senior	94
355	180	António Martins	00:20:46	00:41:34	00:41:21	371	NAV Runners	V50	18
356	2601	Pedro Reis	00:20:46	00:41:34	00:41:21	372	NAV Runners	V40	71
357	6801	Francisco Vilela	00:20:54	00:41:35	00:41:23	374	GRD Ribeira da Lage	V40	72
358	2851	Gabriel Alves	00:20:44	00:41:35	00:41:25	378	Escola Atletismo Cartaxo	V45	66
359	3240	Joaquim Ruivo	00:21:15	00:41:35	00:41:20	369		V50	19
360	4587	Bruno Martins	00:20:47	00:41:36	00:41:13	355		Senior	95



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	3044	Jorge Gonçalves	00:20:59	00:41:36	00:41:15	363	Clube TAP PORTUGAL	Senior	96
362	4732	José Francisco	00:21:00	00:41:38	00:41:22	373		V35	74
363	1280	Luís Godinho	00:21:10	00:41:38	00:41:26	379	CLUBE NOVO BANCO	V50	20
364	4160	Carina Correia	00:20:47	00:41:38	00:41:31	386	Clube Oriental de Pechão	V35	2
365	1237	Artur Carvalho	00:21:01	00:41:39	00:41:15	362		V45	67
366	4763	Gonçalo Brás	00:21:50	00:41:40	00:40:33	305	Clube Atlético São Brás	V35	75
367	295	Ricardo Mendes	00:20:38	00:41:41	00:41:28	384		V35	76
368	3723	Mathias Ajami	00:21:14	00:41:42	00:40:57	337		Senior	97
369	6186	Fernando Mendes	00:19:45	00:41:44	00:41:37	400	PRAFIT CLUB	V45	68
370	5114	Carlos Cerdeira	00:21:21	00:41:44	00:41:25	377		V35	77
371	5770	João Cadete	00:21:18	00:41:44	00:40:52	331	VdAtletas	V50	21
372	581	Pedro Palma	00:21:19	00:41:45	00:41:15	361		Senior	98
373	923	Pedro Paulino	00:21:21	00:41:47	00:41:19	365		V40	73
374	3092	Filipe Costa	00:20:45	00:41:48	00:41:34	393	RB RUNNING	Senior	99
375	4596	António Sousa	00:20:28	00:41:48	00:41:42	410	GFD Running	V45	69
376	4701	Diogo Figueira	00:21:18	00:41:48	00:41:07	350		Senior	100
377	5079	Tiago Farinha	00:20:37	00:41:48	00:41:38	402	g.d.chelas	Senior	101
378	1675	Jorge Branco	00:21:28	00:41:48	00:41:20	368		V40	74
379	1695	Rui Costa	00:21:39	00:41:48	00:41:21	370	CCD Siemens	V45	70
380	4299	Rui Machinho	00:20:46	00:41:50	00:41:41	409	G.D. SantanderTotta	V40	75



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
381	5125	António Moreira	00:21:19	00:41:50	00:41:38	403		V40	76
382	204	Rodrigo Silva	00:21:09	00:41:50	00:41:37	401		V45	71
383	3187	Paulo Lourenço	00:21:20	00:41:50	00:41:43	416		Senior	102
384	6982	António Pais	00:20:49	00:41:51	00:41:49	421		V55	13
385	5513	João Cunha	00:21:10	00:41:51	00:41:15	360		Senior	103
386	2440	Carlos Viseu	00:20:58	00:41:51	00:41:35	396	CLUBE DESPORTIVO DO ARNEIRO	V45	72
387	2462	Daniel Teles	00:20:46	00:41:52	00:41:43	415	Farmácia Alto da Eira / AVS	Senior	104
388	2897	José Pina	00:21:10	00:41:52	00:41:31	388	CateringPor	V45	73
389	4495	Patricia Rivotti	00:21:17	00:41:52	00:41:19	366		V35	3
390	4838	Carlos Alves	00:21:11	00:41:52	00:41:33	392		V45	74
391	1588	João Vaz	00:21:49	00:41:53	00:41:32	389		V50	22
392	1618	Carlos Vieira	00:21:46	00:41:53	00:41:13	358		Senior	105
393	3864	Marco Pinto	00:20:33	00:41:54	00:41:44	417		V35	78
394	2638	João Lobo	00:21:38	00:41:54	00:41:38	405		Senior	106
395	1301	Rui Lopes	00:21:23	00:41:54	00:41:42	412	CLUBE NOVO BANCO	V60	5
396	5198	Paulo Novais	00:21:26	00:41:56	00:41:13	356		V40	77
397	3964	José João	00:21:12	00:41:56	00:41:44	419	Os Galgos	V55	14
398	2861	Filipe Branco	00:21:12	00:41:57	00:41:28	383	u.r.d.arranhò	V45	75
399	4287	José Moreira	00:21:10	00:41:59	00:41:47	420	ASC Vale Grande	V40	78
400	3380	Pedro Barreirão	00:21:10	00:41:59	00:41:24	375	GDC Banco de Portugal	Senior	107



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	4666	Rui Freitas	00:21:19	00:42:01	00:41:26	380	GFD Running	V35	79
402	5781	Armando Lopes	00:21:04	00:42:01	00:41:42	413	ITEN@Montepio	V55	15
403	1612	Nuno Ferreira	00:21:31	00:42:03	00:41:34	395		V40	79
404	6575	Rui Mrino	00:21:33	00:42:04	00:41:42	411		V40	80
405	5376	Carlos Monteiro	00:21:41	00:42:04	00:41:43	414	Falcões Selvagens	V65	1
406	2559	Rui Almeida	00:21:39	00:42:04	00:41:40	406	G. D. I. N. E.	V50	23
407	829	Eduardo Rodrigues	00:21:18	00:42:05	00:41:37	399		V55	16
408	3691	José Aleixo	00:21:41	00:42:05	00:41:28	385		V45	76
409	2863	Andre Mota	00:21:25	00:42:05	00:41:38	404	u.r.d.arranhò	V35	80
410	7181	Alessandro Perrota	00:21:15	00:42:07	00:41:53	428		V35	81
411	7205	Luis Mendes	00:21:33	00:42:07	00:41:54	431		V40	81
412	3424	Pedro Aguiar	00:21:21	00:42:08	00:41:44	418		V50	24
413	2865	Luis Ferreira	00:21:11	00:42:09	00:41:41	408	u.r.d.arranhò	V45	77
414	3844	Marco Santos	00:21:11	00:42:10	00:41:54	432		V35	82
415	1091	Nelson Dias	00:21:38	00:42:10	00:41:55	433	Metro 2011	V55	17
416	782	Lúcia Oliveira	00:21:10	00:42:10	00:41:57	437	GENERG	V35	4
417	2841	Juvenal Moreira	00:21:38	00:42:11	00:41:59	439	NUCLEO DESPORTIVO AUTOCOOPE	V50	25
418	4982	Luis Zêzere	00:20:53	00:42:11	00:42:02	448	CCD Crédito Agrícola Mútuo	V35	83
419	6105	Pedro Pereira	00:21:03	00:42:12	00:41:41	407		V40	82
420	3951	Telmo Nogueira	00:21:49	00:42:13	00:41:31	387	Flashteam	Senior	108



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
421	1332	António Terras	00:21:00	00:42:13	00:41:54	430		V45	78
422	7068	Nuno Martins	00:21:43	00:42:14	00:41:08	352		V35	84
423	727	Tiago Inácio	00:22:01	00:42:14	00:41:34	394		Senior	109
424	4589	Pedro Lima	00:21:42	00:42:14	00:41:51	425		V35	85
425	1776	José Nunes	00:21:41	00:42:15	00:42:00	442		Senior	110
426	3620	Joaquim Rosa	00:21:28	00:42:15	00:41:50	423		V50	26
427	536	Jose Martins	00:21:41	00:42:16	00:42:02	449		V55	18
428	402	Helder Faia	00:21:59	00:42:16	00:41:33	391		V40	83
429	6999	Jorge Carvalho	00:20:41	00:42:17	00:42:08	462	Estrelas Lisboa	V45	79
430	3857	Miguel Pena	00:21:23	00:42:18	00:42:08	461		Senior	111
431	96	Eduardo Silva	00:21:50	00:42:18	00:42:02	447		V50	27
432	4429	Paulo Lopes	00:21:50	00:42:18	00:42:10	471	Run Crew Trail Montijo/JuntoSomosMuitaFortes	V45	80
433	5372	Joao Vieira	00:21:18	00:42:19	00:42:09	466		V40	84
434	1790	João Santos	00:21:48	00:42:19	00:41:36	398		Senior	112
435	6680	Amavel Figueiredo	00:21:23	00:42:20	00:42:10	468	C.C.D.das Autarquias de Almada	V55	19
436	2283	Pedro Favinha	00:21:22	00:42:22	00:41:52	426	BELÉM RUNNERS	V40	85
437	3492	Edgar Geada	00:21:09	00:42:23	00:42:14	477	GRCD Leão	V50	28
438	4659	Luís Pires	00:20:28	00:42:23	00:42:12	474	GFD Running	V50	29
439	4355	António Moita	00:21:41	00:42:23	00:42:06	455	BRRnightRUNNERS	V55	20
440	638	Fernando Ferreira	00:21:48	00:42:24	00:42:02	444		V55	21



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
441	5083	Jose Dias	00:21:58	00:42:24	00:41:57	436	g.d.chelas	V55	22
442	5077	Jose Serra	00:21:58	00:42:24	00:41:57	438	g.d.chelas	V50	30
443	3654	André Lopes	00:21:13	00:42:24	00:42:10	467		Senior	113
444	3838	Ricardo Lampreia	00:21:12	00:42:25	00:42:02	446		V35	86
445	5679	Nuno Silva	00:21:29	00:42:25	00:41:50	424	Lx Run	V40	86
446	5047	Ricardo Pinto	00:21:52	00:42:25	00:42:04	453	Mercedes	Senior	114
447	1187	Luis Aurélio	00:21:32	00:42:26	00:42:10	470	BRRnightRUNNERS	V45	81
448	4022	Nuno Costa	00:21:22	00:42:26	00:42:06	456	Cad a Correr	V40	87
449	1534	Antonio Angelino	00:21:47	00:42:26	00:42:00	441	Associação Desportiva Real Academia	V45	82
450	1798	Paulo Galhardo	00:21:40	00:42:26	00:41:49	422		V45	83
451	342	João Paradinha	00:21:55	00:42:27	00:42:04	452	A. D. Manteigas	V40	88
452	2442	José Maio	00:21:33	00:42:28	00:42:11	473	CLUBE DESPORTIVO DO ARNEIRO	V50	31
453	6556	Steven Cowlishaw	00:22:04	00:42:28	00:42:00	443		V45	84
454	2621	Duarte Vargas	00:21:12	00:42:29	00:42:07	459	AUTHENTIC PILATES	Senior	115
455	3563	Bruno Godinho	00:21:11	00:42:30	00:42:07	458		V35	87
456	51	Victor Marques	00:21:14	00:42:30	00:42:14	476	Escola Atletismo Cartaxo	V45	85
457	502	André Mendonça	00:21:26	00:42:32	00:42:14	478	BELÉM RUNNERS	Senior	116
458	364	Fábio Santos	00:21:56	00:42:34	00:41:54	429		Senior	117
459	1070	João Lopes	00:21:41	00:42:34	00:42:18	483		Senior	118
460	27	Rui Santos	00:21:52	00:42:34	00:42:04	451		V35	88



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	440	Hugo Crescido	00:21:56	00:42:35	00:41:55	434		V35	89
462	3953	André Coelho	00:21:26	00:42:35	00:42:10	469	Os Galgos	V40	89
463	258	Miguel Simões	00:21:31	00:42:36	00:42:19	485		V35	90
464	4226	Nuno	00:21:04	00:42:36	00:42:27	495	GDCTIN Casa da Moeda	V40	90
465	4825	João Cegonho	00:21:51	00:42:38	00:42:16	482		V35	91
466	4725	Fúlvio Esteves	00:21:46	00:42:39	00:42:19	484		V35	92
467	1272	Hugo Carago	00:21:10	00:42:39	00:42:21	488	CLUBE NOVO BANCO	V40	91
468	197	Horácio Oliveira	00:21:56	00:42:40	00:42:08	464		V40	92
469	266	Carlos Portela	00:21:49	00:42:40	00:42:21	490		V40	93
470	6728	Miguel Gaivão	00:21:25	00:42:41	00:42:34	508		V55	23
471	4335	Carlos Teixeira	00:21:19	00:42:41	00:42:33	504	GD SANTANDERTOTTA	V40	94
472	332	Nuno Alves	00:21:51	00:42:41	00:42:15	481	Movet	V40	95
473	3872	António Casaca	00:22:01	00:42:41	00:42:07	457		V55	24
474	1678	Wilson Amado	00:21:38	00:42:42	00:42:12	475		Senior	119
475	2137	Ruben Santos	00:21:45	00:42:42	00:41:59	440		Senior	120
476	4397	Miguel Almeida	00:21:38	00:42:43	00:41:53	427	Kelly Staff	Senior	121
477	1692	Luís Bastos	00:21:16	00:42:43	00:42:30	501	CCD Siemens	V50	32
478	4564	Nuno Moreira	00:22:01	00:42:43	00:42:24	494		V40	96
479	341	David Saraiva	00:21:55	00:42:45	00:42:21	489	A. D. Manteigas	Senior	122
480	4507	João Rodrigues	00:21:44	00:42:46	00:42:28	496		V40	97



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
481	279	João Lourenço	00:21:44	00:42:46	00:42:22	492		V50	33
482	5784	Francisco Rodrigues	00:21:38	00:42:48	00:42:33	503	ITEN@Montepio	V40	98
483	80	Cátia Nascimento	00:22:39	00:42:48	00:42:02	445		V35	5
484	2130	Mário Lourenço	00:21:50	00:42:48	00:42:15	479		V50	34
485	4654	Fernando Lopes	00:21:32	00:42:50	00:42:28	498	GFD Running	V45	86
486	3536	Luis Guilherme	00:21:58	00:42:50	00:42:31	502		Senior	123
487	1782	Paulo Vieira	00:21:28	00:42:51	00:42:23	493	100NOÇÃO	V45	87
488	1690	João Fernandes	00:22:08	00:42:52	00:42:29	499	CCD Siemens	Senior	124
489	1674	Miguel Almeida	00:21:13	00:42:53	00:42:38	514		V40	99
490	2080	Tiago Roxo	00:21:40	00:42:54	00:42:46	530	MS Runners	Senior	125
491	5369	Rui Carvalho	00:22:16	00:42:54	00:42:21	491	GFD Running	V45	88
492	4656	João Magalhães	00:22:07	00:42:54	00:42:30	500	GFD Running	V35	93
493	6920	Adriano Encarnação	00:21:28	00:42:55	00:42:19	486		Senior	126
494	6818	António Vieira	00:21:21	00:42:55	00:42:45	528	CASA DO PESSOAL DA RTP	V50	35
495	6330	Tito Pereira	00:22:01	00:42:55	00:42:38	515	G.D.R. São Francisco da Serra	Senior	127
496	354	Humberto Borges	00:21:15	00:42:55	00:42:44	527	lesmas	V45	89
497	2223	Diamantino Serrano	00:22:10	00:42:55	00:42:08	465	Correr Queluz	V40	100
498	3400	Pedro Póvoas	00:22:02	00:42:56	00:42:40	520	Tendinites	V35	94
499	712	Paulo Cecilio	00:22:24	00:42:56	00:42:07	460	Jobrinde - Montes Saloios	V40	101
500	2860	Mickael Gonçalves	00:21:46	00:42:56	00:42:34	505	Antonio Manuel Soares Carvalho, Unipessoal Lda	Senior	128



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	3512	Juan Costa	00:21:59	00:42:56	00:42:38	513		V50	36
502	5137	Leonel Mendes	00:21:58	00:42:57	00:42:28	497	Clube Accenture	Senior	129
503	3904	Carlos Pereira	00:21:30	00:42:57	00:42:37	512		Senior	130
504	5638	Nuno Abreu	00:21:32	00:42:58	00:42:34	507	Multiativos	V40	102
505	763	João Ferreira	00:21:30	00:42:58	00:42:40	519		V40	103
506	15	Nuno Ricardo	00:21:50	00:42:59	00:42:39	517		V35	95
507	5709	Alexandrina Barros	00:21:50	00:42:59	00:42:39	518		V45	2
508	3172	Aretino Mota	00:21:28	00:43:00	00:42:36	509		V50	37
509	2909	Marisa Costa	00:21:28	00:43:00	00:42:54	550		V35	6
510	368	Carlos Moreira	00:21:55	00:43:00	00:42:43	525	Correr Lisboa	V55	25
511	7053	Rui Silva	00:21:28	00:43:01	00:42:51	541		V40	104
512	5055	Nuno Aureliano	00:22:03	00:43:03	00:42:39	516		V35	96
513	2320	António Pereira	00:21:22	00:43:04	00:42:58	558	CLUBE COLABORADORES AGEAS	V50	38
514	3779	João Gregório	00:21:36	00:43:04	00:42:50	540		V35	97
515	1096	Aires Pedro	00:21:49	00:43:04	00:42:52	546	Clube Ferroviario de Portugal	V60	6
516	3598	Jorge Silva	00:21:51	00:43:05	00:42:43	524		V40	105
517	5377	Fernando Rosete	00:22:15	00:43:05	00:42:42	521		V45	90
518	3151	Bruno Correia	00:22:27	00:43:07	00:42:37	511		Senior	131
519	5642	Renato Pereira	00:21:33	00:43:08	00:42:43	522	Multiativos	V35	98
520	1952	José Freitas	00:21:59	00:43:08	00:42:51	543		V40	106



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
521	3480	Hugo Lampreia	00:21:55	00:43:08	00:42:46	532		V40	107
522	743	Nuno Silva	00:20:46	00:43:08	00:42:59	561		V35	99
523	4363	Miguel Tavares	00:22:55	00:43:09	00:42:15	480	CA Patameiras	V45	91
524	3095	Arnaldo Trindade	00:22:05	00:43:09	00:42:34	506	RB RUNNING	V45	92
525	11	Alberto Matias	00:21:42	00:43:10	00:42:55	553		V55	26
526	3825	Fernando Cordas	00:22:09	00:43:11	00:42:49	538		V45	93
527	2282	Pedro Filipe	00:21:27	00:43:11	00:42:52	547	BELÉM RUNNERS	V35	100
528	1233	Mauricio Costa	00:22:11	00:43:12	00:42:48	535		V45	94
529	2741	Manuel Araújo	00:21:20	00:43:12	00:43:03	566	GRD OS FIXES	V55	27
530	5392	Vitor Batista	00:21:34	00:43:13	00:42:52	545		V45	95
531	949	Rui Rodrigues	00:21:40	00:43:13	00:42:57	556		V40	108
532	1197	José Pereira	00:22:01	00:43:15	00:42:44	526	Clube Atletismo Vale de Figueira	V55	28
533	4461	Júlio Fernandes	00:22:01	00:43:15	00:42:45	529	Câmara Lisboa Clube	V40	109
534	6869	Rui Sarmiento	00:21:57	00:43:16	00:42:53	549		V35	101
535	6606	Gil Oliveira	00:22:07	00:43:17	00:43:02	564		V45	96
536	6629	André Riscado	00:21:28	00:43:18	00:42:58	559	GFD Running	V35	102
537	6825	Miguel Belo	00:21:22	00:43:19	00:43:13	586	GRUPO EXCURSIONISTA OS ECONÓMICOS	V55	29
538	3289	Pedro Duarte	00:22:38	00:43:19	00:42:49	537	Lebres da Lapa	V35	103
539	5256	Ricardo Figueiredo	00:22:00	00:43:19	00:42:48	536	GRCD LEIAO	V40	110
540	2864	Henrique Ferreira	00:21:20	00:43:20	00:42:50	539	u.r.d.arranhò	V45	97



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
541	2603	Helena Martins	00:22:10	00:43:20	00:42:58	557	Amigos Atletismo Mafra	V50	1
542	4607	Luís Silvestre	00:21:59	00:43:20	00:42:48	533	Coininha Runners	V35	104
543	1487	Helder Coelho	00:21:52	00:43:21	00:43:05	569		Senior	132
544	1473	Ricardo Chasqueira	00:21:52	00:43:21	00:43:05	570		V35	105
545	1501	Diogo Cunha	00:22:12	00:43:21	00:43:01	563		Senior	133
546	5491	Daniel Barbosa	00:21:41	00:43:22	00:42:55	551		V55	30
547	3959	Armando Dias	00:21:30	00:43:22	00:42:56	555	Os Galgos	V50	39
548	5644	Tiago Mergulhão	00:22:28	00:43:23	00:43:06	576	Multiativos	Senior	134
549	917	David Gorgulho	00:22:03	00:43:23	00:42:48	534		Senior	135
550	3819	Ricardo Alves	00:23:04	00:43:23	00:42:43	523		Senior	136
551	3096	Bruno Vicente	00:21:44	00:43:24	00:43:15	600	RB RUNNING	Senior	137
552	3366	Adelino Semedo	00:22:12	00:43:24	00:43:02	565	GDC Banco de Portugal	V60	7
553	2122	Fernando Correia	00:21:29	00:43:24	00:43:17	606	Carrasco & Amigos	V50	40
554	3482	Miguel Frias	00:22:04	00:43:24	00:43:12	585		V40	111
555	3818	Carlos Conceicao	00:22:25	00:43:24	00:43:04	567		V35	106
556	5626	Alberto Monteiro	00:21:44	00:43:26	00:43:17	608		V35	107
557	4489	Ricardo Vieira	00:21:50	00:43:27	00:43:07	578	Escola Atletismo Cartaxo	V45	98
558	383	Américo Santos	00:21:57	00:43:28	00:43:14	595		V55	31
559	4264	Rui Monteiro	00:22:05	00:43:28	00:43:14	599	TCPI	Senior	138
560	4261	Luís Oliveira	00:21:42	00:43:28	00:43:13	587	BRRnightRUNNERS	V40	112



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
561	4657	José Miranda	00:22:11	00:43:28	00:43:05	574	GFD Running	V50	41
562	4263	Joao Vilas	00:22:05	00:43:28	00:43:13	589	TCPI	Senior	139
563	3162	Jorge Vaz	00:22:05	00:43:29	00:43:15	603		V40	113
564	98	Tiago Rocha	00:22:36	00:43:29	00:42:52	548		V40	114
565	756	Tiago Silva	00:22:20	00:43:30	00:42:55	554		Junior	7
566	4868	Paulo Santos	00:22:12	00:43:30	00:43:13	590	Lourdete Perfumarias	V45	99
567	6199	David Pereira	00:22:13	00:43:31	00:42:51	542	TNT Runners	V35	108
568	2124	Bruno Vicente	00:22:53	00:43:31	00:43:06	577	Carrasco & Amigos	Senior	7
569	4134	José Augusto	00:21:59	00:43:31	00:42:51	544	SS CGD	V35	109
570	2302	Tiago Toureiro	00:21:48	00:43:32	00:43:16	605	Gangue do bigode	Senior	140
571	4427	Daniel Morais	00:22:07	00:43:32	00:43:05	571	GRCD Leão	V45	100
572	2127	Carlos Folgado	00:22:47	00:43:33	00:42:55	552	Carrasco & Amigos	V55	32
573	6310	Rodrigo Opa	00:21:18	00:43:34	00:43:19	611		V40	115
574	2546	Abduramané Seidi	00:21:44	00:43:35	00:43:21	616	Sporting Clube de Casainhos	V40	116
575	54	Ana Mendes	00:21:58	00:43:35	00:43:05	573		V35	7
576	500	Carlos Sequeira	00:21:53	00:43:35	00:43:04	568		V45	101
577	4949	Ricardo Lourenço	00:21:44	00:43:35	00:43:15	601		V35	110
578	4131	Henrique Amador	00:22:00	00:43:36	00:43:27	628	SS CGD	V45	102
579	3907	Arménio Pontes	00:21:38	00:43:36	00:43:26	627		V40	117
580	2146	Fernando Pereira	00:22:32	00:43:37	00:43:05	572		V50	42



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
581	6944	Nuno Beijoca	00:22:13	00:43:38	00:43:31	638		V40	118
582	2790	Nelson Mota	00:22:11	00:43:38	00:43:12	584	AÇOREANA	V45	103
583	6681	Carlos Coelho	00:22:09	00:43:40	00:43:33	640	C.C.D.das Autarquias de Almada	V55	33
584	6581	David Pinheiro	00:21:33	00:43:42	00:43:35	643		V35	111
585	6971	João Pereira	00:22:23	00:43:42	00:43:27	629		Senior	141
586	1712	Ricardo Oliveira	00:21:58	00:43:42	00:43:22	619		V35	112
587	590	José Silva	00:22:21	00:43:43	00:43:31	636	Clube de Atletismo Odimarq	V50	43
588	107	Carlos Florência	00:21:53	00:43:43	00:43:23	623		Senior	142
589	2182	António Orlando	00:22:13	00:43:43	00:43:13	591		V35	113
590	466	Pedro Teixeira	00:22:22	00:43:43	00:43:17	607	Os Mais Lindos	V40	119
591	4159	Anabela Moreira	00:22:35	00:43:44	00:43:22	618	Clube Oriental de Pechão	V45	3
592	4588	António Evaristo	00:22:26	00:43:44	00:43:21	615		V50	44
593	4000	Teotónio Neto	00:22:24	00:43:44	00:43:14	596	ADRC Mata de Benfica	V50	45
594	5536	João Caeiro	00:23:57	00:43:45	00:42:11	472	Alstom Portugal	V35	114
595	1839	Djau Umarú	00:21:27	00:43:45	00:43:39	655		V40	120
596	4628	Carlos Vidais	00:22:09	00:43:45	00:43:11	583	atletico de via rara	V40	121
597	4136	Noémia Sequeira	00:22:01	00:43:46	00:43:28	630	SS CGD	V45	4
598	154	Carlos Craveira	00:22:03	00:43:46	00:43:15	602		V45	104
599	1970	Cristiano Lúcio	00:21:48	00:43:47	00:43:13	588		Senior	143
600	6522	Andre Lopes	00:22:40	00:43:47	00:42:37	510	CRP Ribafria	Senior	144



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
601	2706	Helder Pereira	00:22:34	00:43:48	00:43:06	575		V35	115
602	247	João Melo	00:23:28	00:43:48	00:43:09	580		V35	116
603	3657	João Gaspar	00:21:11	00:43:48	00:43:36	645		Senior	145
604	749	Rui Pereira	00:22:11	00:43:49	00:43:19	613		V35	117
605	6682	Jose Cabral	00:22:09	00:43:50	00:43:39	653	C.C.D.das Autarquias de Almada	V55	34
606	5082	Carlos Rodrigues	00:22:25	00:43:50	00:43:23	621	g.d.chelas	V40	122
607	1702	Vitor Azevedo	00:21:54	00:43:50	00:43:29	631		V35	118
608	2128	João Mendes	00:20:04	00:43:50	00:43:38	648		Senior	146
609	3920	Rui Rego	00:22:37	00:43:51	00:43:18	609		Senior	147
610	1466	Pedro Ramos	00:22:34	00:43:52	00:43:24	624		V45	105
611	715	Pedro Canelas	00:22:13	00:43:53	00:43:22	617	LINDA-A-PASTORA SPORTING CLUBE	V40	123
612	5556	Bruno Nunes	00:22:04	00:43:54	00:43:43	668	Ortobest Running Team	Senior	148
613	5012	Ana Frutuoso	00:22:27	00:43:54	00:43:25	626	GRCD Leão	V40	5
614	2815	Joao Gomes	00:22:18	00:43:54	00:43:38	649	Amigos Atletismo Mafra	V40	124
615	4888	Raul Santos	00:22:24	00:43:55	00:43:45	670	Federação da Família para a Paz Mundial e Unifi	V55	35
616	237	Fernando Fernandes	00:21:58	00:43:55	00:43:49	679		Senior	149
617	7093	Francisco Trocado	00:21:57	00:43:56	00:43:50	680		V35	119
618	4488	Helder Tavares	00:22:26	00:43:56	00:43:30	635	Varitintas- loja de tintas em Massama	V40	125
619	4615	Vítor Anselmo	00:23:12	00:43:57	00:42:59	560	Grupo Desportivo "O Independente"	Senior	150
620	4612	Hugo Salvadinho	00:23:12	00:43:57	00:42:59	562	Grupo Desportivo "O Independente"	V35	120



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
621	1224	Joao Fonseca	00:21:29	00:43:57	00:43:40	656		V40	126
622	5579	Diogo Santos	00:22:33	00:43:57	00:43:14	597		V35	121
623	4673	Rodrigo Sérgio	00:22:43	00:43:57	00:43:16	604		V40	127
624	6975	João Navarro	00:22:40	00:43:58	00:43:51	685	Perene	V40	128
625	1093	Beatriz Fernandes	00:22:04	00:43:58	00:43:42	662	Metro 2011	V45	5
626	5132	Luis Lúcio	00:22:51	00:43:58	00:43:31	637	Clube Accenture	V40	129
627	170	Tiago Delgado	00:22:08	00:43:58	00:43:42	661		Senior	151
628	3006	Pedro Ferreira	00:22:34	00:43:59	00:43:13	592		V45	106
629	3885	Germano Louro	00:22:12	00:44:00	00:43:50	681		Senior	152
630	3603	Sérgio Pires	00:21:36	00:44:00	00:43:53	693		V35	122
631	5343	Joaquim Silva	00:22:16	00:44:01	00:43:41	660	ADCR PJ	V45	107
632	3893	António Marçal	00:23:19	00:44:01	00:43:51	683		V55	36
633	747	João Costa	00:21:56	00:44:01	00:43:43	667		V35	123
634	4928	Eduardo Ribeiro	00:22:32	00:44:01	00:43:25	625	Infosistema	Senior	153
635	5829	Tiago Carvalho	00:23:08	00:44:02	00:42:46	531	Os gordinhos do costume	Junior	8
636	5672	Pedro Melo	00:22:30	00:44:02	00:43:46	672		V50	46
637	1063	Paulo Mata	00:21:42	00:44:02	00:43:52	688		V50	47
638	1451	António Cardoso	00:23:26	00:44:03	00:43:09	581		V45	108
639	1519	Bruno Abreu	00:22:25	00:44:03	00:43:33	642		V40	130
640	5512	Nuno Pereira	00:22:36	00:44:03	00:43:40	657		V50	48



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
641	1510	Pedro Alvarez	00:22:13	00:44:03	00:43:46	673		V40	131
642	4399	Fernando Faria	00:22:10	00:44:04	00:43:13	594	Kelly Staff	V35	124
643	4344	Daniel Silva	00:22:11	00:44:04	00:43:54	695	Clube de Atletismo Odimarq	V55	37
644	2554	Francisco Caldeira	00:22:30	00:44:04	00:43:40	659	G. D. I. N. E.	V40	132
645	1628	Luis Barracho	00:22:26	00:44:04	00:43:23	620		Senior	154
646	3875	João Pinto	00:21:58	00:44:05	00:43:47	676		V45	109
647	4883	Jorge Correia	00:22:12	00:44:05	00:43:32	639	Alliance Healthcare	V40	133
648	4764	João Santos	00:23:33	00:44:06	00:41:35	397	Clube Atlético São Brás	Senior	155
649	4423	Maria Lucas	00:22:37	00:44:06	00:43:42	665	Pumas do Guincho	V45	6
650	661	Paulo Gomes	00:21:51	00:44:06	00:43:49	678		V40	134
651	1861	Luis Pires	00:22:43	00:44:06	00:43:42	663		V45	110
652	4550	Florabela Barros	00:22:38	00:44:06	00:43:54	696		V40	6
653	4513	Pedro Reis	00:22:32	00:44:07	00:43:42	664		V45	111
654	1646	Ismael Maiato	00:21:57	00:44:07	00:43:50	682		V45	112
655	3685	Daniel Jesus	00:23:24	00:44:07	00:43:36	646		Senior	156
656	460	Zé Ganhão	00:21:56	00:44:08	00:43:52	686		Senior	157
657	3375	José Monteiro	00:23:27	00:44:08	00:43:20	614	GDC Banco de Portugal	V60	8
658	4133	João Silva	00:21:58	00:44:10	00:43:52	687	SS CGD	V45	113
659	5139	Fernando Arvelaiz	00:22:35	00:44:11	00:44:03	722	Clube Accenture	Senior	158
660	915	Jorge Serra	00:22:11	00:44:11	00:43:56	706		V50	49



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
661	2797	Francisco Pereira	00:22:12	00:44:11	00:43:56	702	AÇOREANA	V45	114
662	2278	João Silva	00:21:57	00:44:13	00:43:56	703	BELÉM RUNNERS	Senior	159
663	459	Mário Neves	00:23:04	00:44:13	00:43:55	700		V55	38
664	3452	Ricardo Gonçalves	00:20:41	00:44:13	00:43:59	714		Senior	160
665	2185	Pedro Novo	00:22:01	00:44:13	00:43:59	715		V40	135
666	3581	Luís Candeias	00:22:29	00:44:14	00:44:02	721		V40	136
667	6953	Marcos Pereira	00:23:41	00:44:14	00:43:19	612		V60	9
668	558	Nuno Sobral	00:22:38	00:44:16	00:43:29	633	Run Buddy Run	V40	137
669	6726	Mário Simões	00:22:28	00:44:16	00:44:05	728		V40	138
670	5899	Susana Almeida	00:22:23	00:44:17	00:44:09	739	COO	V45	7
671	2424	Joaquim Frade	00:22:17	00:44:18	00:44:00	717	SS CGD	V60	10
672	4466	Miguel Velez	00:23:08	00:44:18	00:43:29	632	Câmara Lisboa Clube	V50	50
673	3889	Clive Saffery	00:22:26	00:44:18	00:44:04	723		V60	11
674	5425	Diogo Mourão	00:23:12	00:44:19	00:43:33	641	Chelsicha Running	Senior	161
675	3049	André Dias	00:22:21	00:44:19	00:44:13	747	CLUBE COLABORADORES AGEAS	Senior	162
676	1990	Jaime Cardoso	00:22:46	00:44:20	00:43:37	647		Senior	163
677	3236	Cédric Monteiro	00:22:24	00:44:21	00:44:08	733		Senior	164
678	515	Antonio Ramalho	00:22:00	00:44:21	00:43:52	690		V50	51
679	12	Bruno Duque	00:23:17	00:44:21	00:43:30	634		V35	125
680	2309	Avelino Soares	00:22:27	00:44:22	00:43:54	697	Cofina Runners	V45	115



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
681	2853	Luís Monteiro	00:22:33	00:44:22	00:43:57	709	Escola Atletismo Cartaxo	V45	116
682	4873	Carlos Costa	00:22:25	00:44:23	00:44:11	742	CLUBE ANACOM	V45	117
683	5539	João Machita	00:22:43	00:44:24	00:44:17	759	Alstom Portugal	V45	118
684	3525	Joao Lopes	00:22:53	00:44:24	00:43:45	671		V35	126
685	6347	Sónia Santos	00:21:55	00:44:25	00:44:12	745		V40	7
686	2756	Charles Lima	00:22:31	00:44:25	00:44:07	730	RunLovers	V45	119
687	1257	Guilherme Martins	00:22:47	00:44:27	00:43:54	699		Senior	165
688	3491	Artur Denominato	00:22:50	00:44:27	00:44:04	724	PI-LINHA RUNNRS	V40	139
689	567	Marco Barradas	00:22:42	00:44:28	00:44:20	767		V45	120
690	1370	Lina Carvalho	00:24:04	00:44:28	00:43:10	582		Senior	8
691	3498	Guilherme Alves	00:22:36	00:44:28	00:43:51	684	TudoEu.com	Senior	166
692	6605	Roque Oliveira	00:22:08	00:44:29	00:44:13	748		V40	140
693	4359	Paulo Gamboa	00:23:07	00:44:29	00:44:19	762	CA Patameiras	V45	121
694	1995	Pedro Reis	00:22:16	00:44:30	00:44:08	735		V40	141
695	3533	Rui Coelho	00:23:07	00:44:30	00:43:40	658		V45	122
696	6895	Mário Cardoso	00:22:56	00:44:31	00:43:47	675		V55	39
697	3087	Luis Antunes	00:22:27	00:44:31	00:44:20	765	RB RUNNING	V40	142
698	4623	Luis Antunes	00:22:01	00:44:31	00:44:21	769	Clube Associativo de Santa Marta do Pinhal	Senior	167
699	5277	Luis Apolinario	00:22:57	00:44:32	00:43:55	701		V45	123
700	4853	Carlos Graça	00:23:00	00:44:32	00:44:11	741	ATeam	Senior	168



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
701	2679	Pedro Caetano	00:22:44	00:44:32	00:44:14	749		V45	124
702	1624	Nelson Fitas	00:22:56	00:44:33	00:43:57	710		V35	127
703	6536	João Nóbrega	00:22:37	00:44:33	00:44:05	729		Senior	169
704	1065	Nuno Gomes	00:22:19	00:44:33	00:44:16	755	BRRnightRUNNERS	V40	143
705	4391	Tiago Ferreira	00:23:11	00:44:34	00:43:47	677	Rail Runners	Junior	9
706	3841	Francisco Bispo	00:22:38	00:44:34	00:44:15	752		V55	40
707	1100	Pedro Campos	00:22:37	00:44:34	00:44:16	756	Já tapanho	V40	144
708	554	Filipe Santos	00:22:38	00:44:34	00:43:53	694		V40	145
709	5331	Antonio Alexandre	00:22:05	00:44:34	00:44:07	732	Clube de Atletismo da Nazaré	V55	41
710	6959	Miguel Silva	00:22:09	00:44:36	00:44:20	764		V35	128
711	5508	Ilisito Ferreira	00:22:37	00:44:36	00:44:16	757		Senior	170
712	3561	Luis Macedo	00:22:43	00:44:36	00:43:58	712		V45	125
713	4594	Nuno Pinto	00:23:15	00:44:37	00:44:09	737	GD CelCat	V40	146
714	26	Viriato Pataco	00:23:09	00:44:37	00:43:56	704		V45	126
715	4568	Carlos Duarte	00:22:24	00:44:38	00:44:19	761		V50	52
716	4996	Paulo Gandum	00:22:36	00:44:38	00:44:19	763	AC PORTALEGRE/UTSM	V40	147
717	4377	Antonio Costa	00:22:37	00:44:38	00:44:20	768	Flamingos Atletismo	V55	42
718	5915	Fábio Correia	00:23:22	00:44:39	00:43:38	650		Senior	171
719	6192	Luis Zuna	00:22:45	00:44:39	00:43:46	674	Papa Milhas de AV	Senior	172
720	2543	Rio Diegues	00:23:13	00:44:39	00:44:01	720		V60	12



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
721	1596	Ricardo Luis	00:25:10	00:44:39	00:41:33	390		Senior	173
722	1323	Carlos Macieira	00:22:08	00:44:39	00:44:18	760		V50	53
723	4361	Antonio Moraes	00:23:07	00:44:40	00:44:30	787	CA Patameiras	V60	13
724	2558	Nuno Romão	00:23:28	00:44:40	00:43:52	689	G. D. I. N. E.	V45	127
725	4828	Paulo Sila	00:25:00	00:44:41	00:41:01	341		V40	148
726	5621	Manuel Cabeças	00:22:27	00:44:41	00:44:35	797		V60	14
727	1530	Henrique Oliveira	00:23:04	00:44:41	00:43:53	691	Cascais Pandilha redux	V50	54
728	46	Bruno Brito	00:22:16	00:44:41	00:44:24	775		V35	129
729	5406	Rui Bernardo	00:24:44	00:44:42	00:41:26	381		V45	128
730	3215	Filipe Gonçalves	00:22:55	00:44:42	00:44:04	726		V40	149
731	975	Óscar Santos	00:23:15	00:44:42	00:44:15	751		V55	43
732	6049	João Miranda	00:23:53	00:44:43	00:42:08	463		Senior	174
733	1230	Renato Ramos	00:22:11	00:44:43	00:43:57	708	ECL Running Team	V35	130
734	2171	Hugo Hilário	00:22:56	00:44:44	00:44:22	771		V35	131
735	1714	Mário Miguel	00:23:06	00:44:44	00:44:04	725		V65	2
736	5199	Antonio Ribeiro	00:23:07	00:44:44	00:44:00	716		V55	44
737	4374	Dinis Ribas	00:22:53	00:44:44	00:44:24	774	Desportivo Lameira Grande	V40	150
738	3768	Pedro Faria	00:23:14	00:44:45	00:44:15	754		Senior	175
739	1137	Carlos Soares	00:22:31	00:44:45	00:44:34	796	Correr Lisboa	V45	129
740	990	Tiago Simões	00:22:27	00:44:45	00:44:22	770		Senior	176



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
741	337	Rui Rodrigues	00:22:40	00:44:46	00:44:37	801		V50	55
742	4622	Pedro Antunes	00:23:08	00:44:46	00:44:08	736	Clube Associativo de Santa Marta do Pinhal	V35	132
743	4258	Rui Antunes	00:23:03	00:44:46	00:44:12	746		V50	56
744	892	Nuno Inácio	00:23:03	00:44:46	00:43:57	707		V40	151
745	1305	Miguel Lino	00:23:08	00:44:46	00:44:12	744	CLUBE NOVO BANCO	V45	130
746	6756	Joaquim Caeiro	00:23:03	00:44:47	00:44:40	807		V45	131
747	13	Luis Lemos	00:23:04	00:44:47	00:44:15	753		V45	132
748	2945	Stephane Almeida	00:23:19	00:44:47	00:44:04	727		V35	133
749	5320	Darlisson Santos	00:22:05	00:44:48	00:44:41	808		Senior	177
750	219	Pedro Canas	00:21:57	00:44:48	00:44:31	790		V40	152
751	5366	Luís Oliveira	00:22:35	00:44:48	00:44:40	804	GRD OS FIXES	V60	15
752	305	Luís Pinto	00:22:32	00:44:48	00:44:30	789	RCTM/JuntoSomosMuitaFortes	V40	153
753	1699	Vítor Amado	00:23:37	00:44:48	00:44:27	780		V60	16
754	3278	Paulo Costa	00:22:17	00:44:48	00:44:28	783	Amigos Atletismo Mafra	V55	45
755	2713	Hugo Reis	00:23:11	00:44:49	00:44:08	734		V35	134
756	4458	Ricardo Pita	00:23:36	00:44:49	00:44:00	718	Câmara Lisboa Clube	V35	135
757	4464	Paulo Gonçalves	00:23:37	00:44:49	00:44:01	719	Câmara Lisboa Clube	V40	154
758	4918	José Jarmela	00:22:24	00:44:50	00:44:44	817		V50	57
759	6519	Pedro Nunes	00:23:57	00:44:50	00:43:39	651	CRP Ribafria	Senior	178
760	4972	Diogo Figueira	00:23:23	00:44:50	00:43:14	598		Senior	179



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
761	6539	Albino Neiva	00:22:55	00:44:50	00:44:44	816		V70	1
762	289	Pedro Caramba	00:22:30	00:44:50	00:44:36	799		V40	155
763	5441	António Salgueiro	00:22:58	00:44:51	00:44:24	773		V45	133
764	6786	José Marcelino	00:23:37	00:44:51	00:43:39	652	CLUBE DESPORTIVO ESTRELA	V50	58
765	629	Hugo Chaves	00:22:34	00:44:51	00:44:31	791	Correr Lisboa	V35	136
766	4907	Nuno Salvador	00:23:04	00:44:51	00:44:09	738		V40	156
767	6785	Rui Silva	00:23:38	00:44:52	00:43:39	654	CLUBE DESPORTIVO ESTRELA	V45	134
768	6848	Eduard Irimia	00:22:55	00:44:52	00:43:35	644		V40	157
769	6333	José Afonso	00:23:33	00:44:52	00:42:20	487	Amigos Atletismo Mafra	Senior	180
770	3741	Ricardo Lourenço	00:22:30	00:44:52	00:44:28	782		Senior	181
771	4610	Nuno Pais	00:23:22	00:44:55	00:43:54	698	Grupo Desportivo "O Independente"	V35	137
772	3526	Hailé Wella	00:23:07	00:44:55	00:44:38	802		Senior	182
773	2939	Carlos Magalhães	00:22:35	00:44:56	00:44:37	800		V45	135
774	276	Inês Brito	00:22:41	00:44:56	00:44:27	778		V40	8
775	2670	Pedro Meireles	00:23:08	00:44:57	00:44:25	776		Senior	183
776	1847	Vasco Paixão	00:22:11	00:44:59	00:44:40	805		Senior	184
777	7207	Giovani Ricciardi	00:22:22	00:45:00	00:44:51	834		V45	136
778	5796	Jorge Ferreira	00:23:16	00:45:00	00:44:16	758	AON Portugal	V45	137
779	486	Gil Carneiro	00:22:32	00:45:00	00:44:30	788		V35	138
780	5903	Pedro Santos	00:22:25	00:45:01	00:44:48	822		V40	158



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
781	633	Hugo Sequeira	00:22:05	00:45:01	00:44:48	824		V35	139
782	3444	Paulo Paias	00:23:04	00:45:01	00:44:14	750		V35	140
783	1267	Eduardo Figueiredo	00:22:31	00:45:01	00:44:43	814	CLUBE NOVO BANCO	V45	138
784	571	Rita Ferreira	00:22:25	00:45:02	00:44:42	810		Senior	9
785	318	Ana Vieira	00:23:07	00:45:02	00:44:53	845	EVELX - Associação de Estilos de Vida Saudável	V40	9
786	992	Bruno Reis	00:23:03	00:45:02	00:44:27	779		V40	159
787	2425	Jorge Morgado	00:23:14	00:45:03	00:44:29	784	SS CGD	V50	59
788	2867	Bruno Ruas	00:22:44	00:45:03	00:44:33	792		V40	160
789	19	Rui Barros	00:22:28	00:45:04	00:44:51	835		V45	139
790	2478	José Pereira	00:22:22	00:45:05	00:44:56	850	Farmácia Alto da Eira / AVS	V40	161
791	5811	João Batalha	00:24:07	00:45:06	00:43:23	622	Amigos Atletismo Mafra	V50	60
792	2850	João Gameiro	00:22:48	00:45:06	00:44:49	828	Escola Atletismo Cartaxo	V60	17
793	4760	Manuel Francisco	00:23:02	00:45:06	00:44:33	793	Clube Atlético São Brás	V50	61
794	1014	Helder Diogo	00:22:29	00:45:07	00:44:52	839	BRRnightRUNNERS	V45	140
795	623	Tiago Alves	00:21:46	00:45:07	00:44:45	819		V35	141
796	5865	João Ferreira	00:22:14	00:45:07	00:44:49	826		Senior	185
797	5161	Julio Serras	00:23:03	00:45:07	00:44:52	840		V40	162
798	124	José Caldeira	00:23:10	00:45:08	00:44:27	777		V45	141
799	3871	Ricardo Amaral	00:22:32	00:45:09	00:44:59	856		Senior	186
800	1417	Valter Ferreira	00:22:58	00:45:09	00:44:45	818		Senior	187



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
801	5970	Tito Vieira	00:21:52	00:45:10	00:45:03	868		Senior	188
802	6888	Cristina Luis	00:22:40	00:45:10	00:44:43	815		V45	8
803	7189	Gido Gravesteijn	00:22:59	00:45:10	00:44:33	795		Senior	189
804	7190	Karen Moss	00:22:59	00:45:10	00:44:33	794		Senior	10
805	993	Pedro Encarnação	00:22:08	00:45:10	00:44:54	846		V40	163
806	1807	Paulo Silva	00:22:42	00:45:10	00:45:00	861		V45	142
807	17	Evelino Magalhães	00:22:43	00:45:10	00:44:54	847		V40	164
808	5836	Pedro Nunes	00:24:06	00:45:11	00:43:09	579	GDCFA	Senior	190
809	474	Armando Correia	00:22:47	00:45:12	00:45:00	860	LESMA ALOPRADAS	V60	18
810	7146	Oskar Jonsson	00:23:13	00:45:13	00:45:01	866		V50	62
811	3941	Andre Sampaio	00:23:12	00:45:13	00:44:50	830		Senior	191
812	4526	Andre Novais	00:23:07	00:45:13	00:44:56	849		Senior	192
813	7194	Andre Bianchi	00:23:13	00:45:15	00:45:00	858		Senior	193
814	6557	Manuel Ferro	00:23:16	00:45:15	00:44:40	806		Junior	10
815	5702	João Correia	00:24:47	00:45:15	00:42:03	450	YMAA Portugal	Senior	194
816	4699	Carlos Monteiro	00:23:36	00:45:15	00:45:01	863		V45	143
817	669	Carlos Marques	00:23:15	00:45:16	00:44:30	786		V40	165
818	2849	Jorge Luís	00:22:10	00:45:16	00:44:53	844	Escola Atletismo Cartaxo	V40	166
819	230	Hugo Costa	00:24:05	00:45:17	00:44:28	781		V35	142
820	1911	Efthimios Angelakis	00:23:20	00:45:17	00:44:52	837		V40	167



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
821	5494	Rui Vieitas	00:22:22	00:45:18	00:45:09	887		V40	168
822	3288	Tiago Boleto	00:22:37	00:45:19	00:44:49	827	Lebres da Lapa	Senior	195
823	941	Mário Nunes	00:22:43	00:45:19	00:45:10	892		V55	46
824	916	Helder Cotrim	00:22:57	00:45:20	00:45:06	881		V35	143
825	922	Carlos França	00:22:41	00:45:20	00:44:52	838		V35	144
826	6050	Romain Cauchois	00:23:14	00:45:21	00:45:13	905		Senior	196
827	6201	Elmar Derkitsch	00:23:33	00:45:22	00:44:29	785	MARRIOTT LISBOA	V55	47
828	6910	Paulo Simões	00:23:09	00:45:22	00:45:04	870		V35	145
829	5088	Paulo Cardoso	00:22:34	00:45:22	00:45:04	874	g.d.chelas	V50	63
830	3460	Valter Almeida	00:23:20	00:45:22	00:44:43	811		V35	146
831	7077	Joaquim Fidalgo	00:22:56	00:45:23	00:45:12	900		V55	48
832	4378	Venâncio Guerreiro	00:22:41	00:45:23	00:45:06	879	Flamingos Atletismo	V60	19
833	3476	João Gema	00:22:14	00:45:23	00:45:10	891		V40	169
834	3123	Luis Dias	00:23:08	00:45:23	00:44:36	798		V40	170
835	4069	Francisco Pessoa	00:22:44	00:45:24	00:45:12	902	Amigos do Atletismo da Agualva	V40	171
836	507	Gonçalo Ferraz	00:23:05	00:45:24	00:45:05	878	BELÉM RUNNERS	Senior	197
837	3667	Carlos Balau	00:23:07	00:45:24	00:45:13	904		V40	172
838	3682	Gilberto Pereira	00:21:51	00:45:25	00:45:10	893		V40	173
839	6143	Pedro Pisco	00:23:14	00:45:25	00:45:04	873		V40	174
840	4567	Carlos Martins	00:23:28	00:45:26	00:44:41	809		V40	175



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
841	7016	João Pacheco	00:23:30	00:45:27	00:44:20	766		Senior	198
842	651	João Nunes	00:22:59	00:45:27	00:45:14	910		V35	147
843	2880	Luís Oliveira	00:22:32	00:45:27	00:45:11	897	Associação de Atletismo lebres do Sado	V45	144
844	4934	Paulo Braga	00:23:47	00:45:28	00:44:43	813		V45	145
845	637	José Pires	00:23:25	00:45:29	00:45:07	882		V60	20
846	2177	Rui Costa	00:23:32	00:45:29	00:44:51	833		Senior	199
847	5032	João Borges	00:22:19	00:45:29	00:45:08	886	Mercedes	V40	176
848	577	Ruben Almeida	00:22:36	00:45:30	00:44:46	820		Senior	200
849	5073	Joaquim Martins	00:22:22	00:45:30	00:45:22	930	Clube de Atletismo Odimarq	V50	64
850	3830	André Caetano	00:22:45	00:45:31	00:45:01	862		Senior	201
851	900	Delfim Machado	00:22:27	00:45:31	00:45:09	890		V50	65
852	2994	Nuno Duarte	00:23:13	00:45:31	00:45:12	901		V40	177
853	4799	João Pires	00:23:07	00:45:32	00:45:04	871		V45	146
854	1589	Pedro Rocha	00:23:35	00:45:32	00:44:50	831		V40	178
855	5273	Ernesto Pereira	00:22:22	00:45:34	00:45:24	936	Farizeus	V45	147
856	4749	Eduardo Costa	00:23:24	00:45:34	00:43:58	713		Senior	202
857	3276	Manuel Silva	00:22:54	00:45:34	00:45:19	927		V60	21
858	4629	Diamantino Gamito	00:22:20	00:45:34	00:45:12	899	atlético de via rara	V50	66
859	3294	Gustavo Carvalho	00:24:15	00:45:35	00:43:43	666	Lebres da Lapa	Senior	203
860	1427	Pedro Machado	00:22:41	00:45:35	00:45:11	898		V45	148



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
861	1533	Alvaro Pinto	00:23:18	00:45:35	00:45:15	915	Associação Desportiva Real Academia	V55	49
862	160	Helder Rosário	00:23:04	00:45:35	00:45:07	883	GRCD LEIAO	V35	148
863	4845	Nuno Silva	00:23:44	00:45:36	00:44:57	853	ACS- Amigos da Corrida de Salvaterra	Senior	204
864	496	Pedro Lopes	00:22:46	00:45:36	00:45:22	933		V40	179
865	6012	Marta Santos	00:22:33	00:45:36	00:45:19	926	ABSANT RUNNERS	V35	8
866	5398	Pedro Ferreira	00:23:51	00:45:37	00:44:50	829		V35	149
867	3415	Joaquim Silva	00:23:07	00:45:37	00:44:56	851	GINjinha Runners	V40	180
868	1960	Wilson Rodrigues	00:23:16	00:45:38	00:45:14	913		V35	150
869	2648	Manuel Martins	00:22:40	00:45:38	00:45:25	942	OS MARTINS	V60	22
870	3710	Duarte Figueira	00:23:19	00:45:38	00:45:01	864		Senior	205
871	129	Abílio Oliveira	00:22:51	00:45:39	00:45:16	919		V50	67
872	4908	José Amaro	00:23:04	00:45:39	00:44:52	836		V40	181
873	5827	António Miranda	00:23:14	00:45:40	00:45:13	906		Senior	206
874	5601	Nuno Santos	00:25:56	00:45:41	00:41:56	435		Senior	207
875	3532	Mafalda Martinho	00:23:13	00:45:41	00:45:22	932		Senior	11
876	5237	Tiago Ribeiro	00:23:22	00:45:42	00:45:14	908	GRCD Leão	Senior	208
877	5095	Fausto Sa	00:23:09	00:45:42	00:45:15	916	g.d.chelas	V35	151
878	5279	Ruben Apolinario	00:24:29	00:45:43	00:44:57	852		V35	152
879	7196	Anne Pichon	00:23:34	00:45:43	00:45:31	958		V35	9
880	1192	Filipe Bugalho	00:22:58	00:45:43	00:45:05	877		Senior	209



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
881	2423	João Marques	00:23:33	00:45:43	00:44:53	843	SS CGD	V35	153
882	5912	Mário Bastardo	00:24:48	00:45:44	00:43:18	610		V35	154
883	302	Filipe Marques	00:23:14	00:45:44	00:45:00	859		V35	155
884	100	Nuno Júlio	00:23:07	00:45:44	00:44:53	841		V40	182
885	2081	Jaime Correia	00:23:50	00:45:44	00:45:20	928	MS Runners	V35	156
886	3443	João Barral	00:22:59	00:45:44	00:45:34	965		V40	183
887	3396	André Raposo	00:23:45	00:45:44	00:45:26	943	Tendinites	V35	157
888	2989	Orlando Lopes	00:24:12	00:45:45	00:43:53	692		Senior	210
889	1668	Carlos Gonçalves	00:23:17	00:45:46	00:45:05	875		V45	149
890	2443	Manuel Alves	00:23:02	00:45:46	00:45:30	952	CLUBE DESPORTIVO DO ARNEIRO	V50	68
891	4847	Luis Andrade	00:23:44	00:45:47	00:45:08	885	ACS- Amigos da Corrida de Salvaterra	Senior	211
892	6133	João Cordeiro	00:25:41	00:45:49	00:43:13	593		Senior	212
893	4360	Albino Tomaz	00:23:07	00:45:49	00:45:42	986	CA Patameiras	V60	23
894	3328	Antonio Braga	00:24:02	00:45:49	00:44:47	821	piccadillys	V65	3
895	4646	Marco Lourenço	00:24:06	00:45:50	00:44:23	772	LINDA-A-PASTORA SPORTING CLUBE	Senior	213
896	344	José Amaral	00:23:14	00:45:50	00:45:26	944	CAPEP - Clube de Atletismo Prof. Emilia Pisoeiro	V40	184
897	663	Hélder Silva	00:24:52	00:45:51	00:43:56	705		V35	158
898	5812	Luís Zeferino	00:24:06	00:45:52	00:44:09	740	Amigos Atletismo Mafra	V35	159
899	3835	Paulo Fonseca	00:23:03	00:45:52	00:45:27	947		V45	150
900	4548	Pedro Meneses	00:23:07	00:45:53	00:45:36	974		Senior	214



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
901	5729	Nuno Venes	00:23:26	00:45:53	00:45:45	993		V40	185
902	485	Ana Correia	00:23:05	00:45:54	00:45:24	940		V35	10
903	5825	Tiago Oliveira	00:24:30	00:45:55	00:45:14	912		Junior	11
904	4692	Nuno Melo	00:23:15	00:45:56	00:45:29	950		V40	186
905	6013	Paula Basílio	00:23:21	00:45:56	00:45:10	894		V35	11
906	338	Carlos Pires	00:23:27	00:45:56	00:45:27	945		V40	187
907	4122	David Pita	00:22:49	00:45:56	00:45:24	938	RUN FORREST RUN	Senior	215
908	3634	Mário Cunha	00:23:12	00:45:56	00:45:11	896		V40	188
909	3858	António Costa	00:23:45	00:45:57	00:45:14	914		V50	69
910	4245	José Ferreira	00:23:12	00:45:57	00:45:19	925	Ortobest Running Team	Senior	216
911	2984	Pedro Rato	00:23:16	00:45:57	00:45:36	975		V40	189
912	2066	Gonçalo Guiomar	00:23:15	00:45:58	00:45:39	979	Correr Soc Rec da Granja	Senior	217
913	5954	José Morgado	00:23:04	00:45:58	00:45:13	903		V45	151
914	2248	Nelson Nunes	00:23:13	00:45:58	00:45:09	888		Senior	218
915	6107	Venancio Leitão	00:22:50	00:45:58	00:45:42	987		V40	190
916	1391	Luís Correia	00:22:44	00:45:59	00:45:45	996	Criminalistic Runners	V40	191
917	6798	João Marques	00:24:26	00:46:00	00:45:46	998	GRD Ribeira da Lage	V50	70
918	6800	Amadeu Brigas	00:24:26	00:46:00	00:45:46	1000	GRD Ribeira da Lage	V45	152
919	746	Paulo Mendes	00:23:33	00:46:00	00:45:22	931	GRCD Leão	V40	192
920	3716	Luís Raquel	00:23:42	00:46:00	00:45:27	946		V50	71



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
921	1667	Carlos Noronha	00:23:25	00:46:00	00:45:31	957		V35	160
922	2854	Vitor Santos	00:23:35	00:46:00	00:45:16	918	Escola Atletismo Cartaxo	V50	72
923	2855	Jorge Garradas	00:23:35	00:46:00	00:45:16	920	Escola Atletismo Cartaxo	V40	193
924	1395	Rui Parola	00:23:43	00:46:01	00:45:09	889		V45	153
925	2847	Suzy Silva	00:23:35	00:46:01	00:45:17	921	Escola Atletismo Cartaxo	V45	9
926	889	João Monteiro	00:22:45	00:46:01	00:45:24	941		Senior	219
927	804	Nelson Valente	00:22:46	00:46:02	00:45:15	917		Senior	220
928	2102	Luis Macedo	00:23:04	00:46:02	00:45:46	999		V45	154
929	5328	Alberto Araujo	00:22:27	00:46:02	00:45:47	1005	RB RUNNING	V40	194
930	3805	Carlos Moraes	00:22:39	00:46:02	00:45:34	966		V40	195
931	874	Daniela Afonso	00:23:19	00:46:02	00:45:23	934		Senior	12
932	6093	Pedro Figueiredo	00:24:07	00:46:02	00:45:24	937		V40	196
933	6094	Rui Figueiredo	00:24:07	00:46:03	00:45:24	939		Senior	221
934	95	Jorge Paulo	00:22:56	00:46:03	00:45:45	995		V55	50
935	4037	Tiago Assis	00:24:00	00:46:04	00:45:06	880	Carcassone	Senior	222
936	4290	Maria Freitas	00:23:35	00:46:04	00:45:57	1047	ASC Vale Grande	V35	161
937	1388	José Gonçalves	00:23:13	00:46:04	00:45:48	1006	CLUBE NOVO BANCO	V50	73
938	1188	António Almeida	00:23:12	00:46:04	00:45:49	1013	VIA3Runners	V50	74
939	905	Luís Antunes	00:23:04	00:46:04	00:45:47	1004	BRRnightRUNNERS	V35	162
940	1299	Rui Gama	00:23:15	00:46:05	00:45:51	1019	CLUBE NOVO BANCO	V45	155



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
941	2925	Carlos Francisco	00:23:46	00:46:05	00:45:33	960		Senior	223
942	2631	João Passeiro	00:23:06	00:46:05	00:45:49	1012	A.D.C.Catujal	V50	75
943	2836	Antonio Almeida	00:23:37	00:46:05	00:45:52	1026	NUCLEO DESPORTIVO AUTOCOOPE	V50	76
944	3227	Fernando Fiéis	00:23:42	00:46:05	00:45:21	929		V45	156
945	1298	Rodrigo Almeida	00:23:15	00:46:05	00:45:45	997	CLUBE NOVO BANCO	V35	163
946	3642	Miguel Ferreira	00:24:24	00:46:06	00:45:35	972		Senior	224
947	1900	Nuno Silva	00:23:23	00:46:07	00:45:41	985		V35	164
948	666	Paulo Santos	00:24:00	00:46:07	00:45:23	935		V50	77
949	3122	David Simões	00:24:26	00:46:07	00:45:32	959		V40	197
950	1777	Fernando Almeida	00:23:17	00:46:08	00:45:48	1009		V45	157
951	238	Nuno Rosa	00:24:18	00:46:08	00:45:35	969	Team Francesinha	V40	198
952	1297	Ricardo Rodrigues	00:23:10	00:46:09	00:45:53	1029	CLUBE NOVO BANCO	V40	199
953	3623	Bruno Campos	00:23:52	00:46:10	00:45:19	923		V40	200
954	6188	Carlos Gonçalves	00:24:13	00:46:11	00:44:48	823	PRAFIT CLUB	Senior	225
955	817	Paulo Lagarto	00:23:24	00:46:11	00:45:51	1018		V40	201
956	5820	Mário Mota	00:23:41	00:46:11	00:45:35	967		V35	165
957	3216	Paulo Garcia	00:23:07	00:46:12	00:45:40	983		V45	158
958	77	Luis Santos	00:22:34	00:46:13	00:45:54	1033	Correr Lisboa	V35	166
959	2651	Tiago Correia	00:23:41	00:46:13	00:45:57	1044	OS MARTINS	Senior	226
960	5605	Jose Monteiro	00:23:38	00:46:13	00:46:04	1068		V55	51



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
961	5548	Joao Carvalho	00:23:34	00:46:14	00:45:35	970	Melom Portugal	V40	202
962	6821	Gonçalo Correia	00:24:04	00:46:14	00:44:55	848	Great Big Team	Senior	227
963	4609	Pedro Caneco	00:23:48	00:46:14	00:45:41	984	Coininha Runners	V40	203
964	978	Rita Passinhas	00:23:37	00:46:15	00:45:08	884		Junior	2
965	3675	David Neto	00:23:37	00:46:15	00:45:35	971		Senior	228
966	1658	Rui Oliveira	00:22:50	00:46:15	00:45:46	1001		V45	159
967	1801	Paulo Lopes	00:22:29	00:46:15	00:45:52	1020		V35	167
968	4407	Miguel Nunes	00:24:12	00:46:15	00:45:39	981	Os Cunhados	Senior	229
969	5163	Pedro Macedo	00:23:55	00:46:16	00:45:28	948		V40	204
970	800	Cláudia Rosado	00:22:50	00:46:16	00:45:59	1052		Senior	13
971	3984	Armando Verissimo	00:23:27	00:46:16	00:45:35	973	Referees Margem Sul	V35	168
972	1011	José Matos	00:23:11	00:46:16	00:45:51	1015		V55	52
973	3947	Carlo Pinho	00:23:53	00:46:18	00:45:39	980		V40	205
974	5308	Rui Guerreiro	00:23:02	00:46:18	00:45:55	1041		V40	206
975	4066	Bernardo Gradissimo	00:23:08	00:46:19	00:46:07	1083	Amigos do Atletismo da Aqualva	V55	53
976	6568	Eurico Loureiro	00:23:49	00:46:19	00:45:19	924		V35	169
977	4128	Carlos Leitão	00:22:25	00:46:19	00:46:01	1056	SS CGD	V50	78
978	3905	Nuno Nunes	00:23:44	00:46:20	00:45:52	1023		V40	207
979	7174	Tiago Oliveira	00:25:04	00:46:20	00:44:40	803	Alhandra B	Senior	230
980	6799	Pompeu Aires	00:24:22	00:46:20	00:46:05	1075	GRD Ribeira da Lage	V50	79



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
981	3529	João Loureiro	00:23:49	00:46:21	00:45:34	963		V40	208
982	7074	Jose Barros	00:24:13	00:46:21	00:45:31	954		Senior	231
983	4914	Tiago França	00:23:47	00:46:21	00:45:37	976		Senior	232
984	933	Filipe Campos	00:23:35	00:46:21	00:46:07	1082		Senior	233
985	6304	Ricardo Santos	00:23:42	00:46:21	00:45:54	1035	Clube EDP Lisboa	V40	209
986	5977	Gonçalo Matos	00:23:36	00:46:21	00:46:07	1081		V35	170
987	7116	Gonçalo Tavares	00:24:13	00:46:22	00:45:31	955		V40	210
988	4981	André Eusébio	00:24:24	00:46:22	00:45:14	911	JuniRacers	Senior	234
989	6553	José Neto	00:23:48	00:46:22	00:46:15	1113		V55	54
990	190	António Castro	00:23:41	00:46:22	00:46:04	1067		V70	2
991	2802	Nuno Coelho	00:24:04	00:46:22	00:45:57	1046	AÇOREANA	V45	160
992	1904	Eduardo Vilhena	00:22:44	00:46:23	00:46:00	1054		V45	161
993	561	Sergio Mesquita	00:23:31	00:46:23	00:45:35	968	Run Buddy Run	V35	171
994	1196	Maria Pereira	00:22:59	00:46:23	00:46:16	1116	Clube Atletismo Vale de Figueira	V50	2
995	191	Joaquim Galvão	00:23:18	00:46:23	00:45:52	1027		V60	24
996	250	Joao Pratas	00:23:37	00:46:24	00:46:00	1055		V50	80
997	5850	Joaquim Santos	00:22:29	00:46:24	00:46:08	1086		V55	55
998	6215	João Alvarenga	00:23:24	00:46:24	00:45:58	1049	KPMG Runners	Senior	235
999	4334	António Ferreira	00:24:12	00:46:25	00:45:42	988	GD SANTANDERTOTTA	V45	162
1000	4553	Luis Brunheta	00:24:52	00:46:25	00:45:54	1036		V35	172



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1001	1817	Edgar Santos	00:22:56	00:46:25	00:45:47	1003		Senior	236
1002	4858	João Aguiar	00:23:36	00:46:26	00:46:14	1111	Clube Ferroviario de Portugal	V35	173
1003	4120	Hugo Costa	00:22:49	00:46:26	00:45:55	1040	RUN FORREST RUN	V35	174
1004	4368	Vitor Pereira	00:23:17	00:46:27	00:46:04	1070	Grupo Recreativo Janz e Associados	V40	211
1005	3118	Rogério Fernandes	00:23:11	00:46:27	00:45:57	1048		V35	175
1006	429	Nuno Dantas	00:23:19	00:46:27	00:45:55	1042		V35	176
1007	3072	Jorge Eliseu	00:23:16	00:46:27	00:45:52	1028	CCD Crédito Agrícola Mútuo	V40	212
1008	3696	Manuel Martinho	00:23:23	00:46:28	00:46:10	1094		V45	163
1009	3939	José Maia	00:24:15	00:46:28	00:45:48	1008		Senior	237
1010	2329	Pierre Lebacon	00:22:56	00:46:29	00:46:23	1140	CLUBE COLABORADORES AGEAS	Senior	238
1011	2600	Mario Pires	00:23:40	00:46:29	00:46:03	1064	BRRnightRUNNERS	V40	213
1012	2240	Paulo Francisco	00:23:33	00:46:29	00:45:53	1030		V45	164
1013	2239	Ana Francisco	00:23:31	00:46:29	00:45:54	1038		V40	10
1014	3390	Luís Martins	00:23:16	00:46:30	00:46:16	1117		V45	165
1015	196	Paulo Caldeira	00:24:12	00:46:30	00:45:54	1037		V35	177
1016	5096	Joaquim Azevedo	00:24:04	00:46:30	00:46:02	1060	g.d.chelas	V50	81
1017	5830	Luís Gutierrez	00:23:20	00:46:30	00:46:11	1100	BRRnightRUNNERS	V55	56
1018	320	Inês Peixoto	00:24:11	00:46:30	00:45:48	1007	EVELX - Associação de Estilos de Vida Saudável	V35	12
1019	185	José Barradas	00:23:43	00:46:31	00:45:58	1050		V35	178
1020	2134	Pedro Boto	00:23:24	00:46:31	00:45:54	1034		V45	166



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1021	5304	Jose Santos	00:23:56	00:46:32	00:45:43	990		V55	57
1022	3633	Miguel Loureiro	00:24:44	00:46:32	00:45:34	964		V35	179
1023	2687	João Pereira	00:24:44	00:46:32	00:45:34	962		V35	180
1024	809	Carla Santos	00:23:49	00:46:32	00:45:45	994		V35	13
1025	7102	Julien Tanguy	00:23:17	00:46:32	00:46:18	1124		Senior	239
1026	3876	Luis Alexandre	00:23:41	00:46:32	00:46:08	1087		V45	167
1027	4289	Paulo Monteiro	00:23:39	00:46:32	00:46:06	1080	ASC Vale Grande	V40	214
1028	3066	António Amaral	00:23:25	00:46:33	00:45:57	1045	CCD Crédito Agrícola Mútuo	V35	181
1029	894	Francisco Passos	00:23:40	00:46:33	00:45:42	989		V55	58
1030	7037	António Tavares	00:24:37	00:46:33	00:45:52	1021		V40	215
1031	4303	Antonio Santos	00:24:25	00:46:34	00:45:10	895	G.D. SantanderTotta	Senior	240
1032	1407	João Valério	00:23:40	00:46:34	00:45:51	1016		V40	216
1033	4304	Pedro Palha	00:25:06	00:46:35	00:44:48	825	G.D. SantanderTotta	V35	182
1034	6879	Adelino Carvalho	00:23:54	00:46:35	00:45:13	907		V40	217
1035	4509	João Freitas	00:23:47	00:46:35	00:45:51	1017		Senior	241
1036	5360	Mário Jesus	00:23:48	00:46:35	00:46:02	1062		V40	218
1037	4424	Cristina Gavinho	00:23:34	00:46:35	00:46:11	1098	Pumas do Guincho	V40	11
1038	6991	Carlos Cabral	00:23:58	00:46:35	00:46:04	1071		V40	219
1039	1576	Jorge Dentinho	00:23:10	00:46:36	00:46:27	1153		Senior	242
1040	3317	Daniela Gonçalves	00:23:24	00:46:36	00:45:40	982	Santos & Filho	Senior	14



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1041	3551	Filipe Fernandes	00:24:56	00:46:37	00:45:46	1002		V35	183
1042	5941	Luís Loureiro	00:26:01	00:46:37	00:42:05	454		Senior	243
1043	5657	Antonio Nogueira	00:23:48	00:46:37	00:45:48	1010	Multiativos	V40	220
1044	3899	Davide Mendes	00:23:52	00:46:37	00:46:04	1069		V40	221
1045	6832	Pedro Coelho	00:24:41	00:46:38	00:45:03	869	SGS Portugal	V40	222
1046	5379	Rui Dias	00:23:37	00:46:38	00:46:25	1146	Os Galgos	V35	184
1047	5286	Danilo Tavares	00:23:25	00:46:38	00:46:03	1065		Junior	12
1048	3135	Casimiro Abreu	00:23:18	00:46:39	00:46:22	1134		V55	59
1049	5165	André Pinho	00:23:02	00:46:39	00:46:05	1072		Senior	244
1050	7055	Jorge Machado	00:23:27	00:46:40	00:46:12	1102		Senior	245
1051	4251	Rui Sebastião	00:22:30	00:46:40	00:46:21	1130	TOA	Senior	246
1052	4875	Ivo Pina	00:23:20	00:46:41	00:46:14	1112	Os Galgos	V40	223
1053	5639	João Urbano	00:23:56	00:46:41	00:46:13	1107	Multiativos	Senior	247
1054	1413	José Gomes	00:24:14	00:46:42	00:45:52	1025		V35	185
1055	68	Pedro Carvalho	00:23:59	00:46:42	00:45:52	1024		V40	224
1056	6677	Sofia Florindo	00:24:40	00:46:44	00:44:53	842	Alliance Healthcare	V40	12
1057	2481	Hugo Pereira	00:22:36	00:46:44	00:46:30	1163	Criminalistic Runners	V40	225
1058	2319	Ana Matias	00:23:24	00:46:44	00:46:35	1184	CLUBE COLABORADORES AGEAS	V50	3
1059	1378	Paulo Patrício	00:23:24	00:46:44	00:46:36	1188		V35	186
1060	5535	Helder Silva	00:24:38	00:46:46	00:45:14	909	Alstom Portugal	V40	226



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1061	2803	Virgilio Madeira	00:23:34	00:46:47	00:46:22	1135	AÇOREANA	V55	60
1062	997	Rui Isidoro	00:23:41	00:46:47	00:46:12	1103		V40	227
1063	2510	Vitor Pereira	00:23:36	00:46:47	00:46:13	1105		V35	187
1064	7023	Paulo Dias	00:24:09	00:46:48	00:46:07	1084		Senior	248
1065	4001	Eduardo Coelho	00:23:05	00:46:48	00:46:08	1085	ADRC Mata de Benfica	Senior	249
1066	3281	Aires Afonseca	00:23:56	00:46:48	00:46:10	1093	Equipa 4xA	V35	188
1067	2394	Miguel Amaral	00:23:12	00:46:49	00:46:42	1204	OneSight Portugal	V35	189
1068	4417	Filipe Simões	00:25:12	00:46:49	00:45:55	1043	condores Varge Mondar	Junior	13
1069	351	Andre Rosinha	00:23:01	00:46:49	00:46:22	1133	Run4Fun	V35	190
1070	1669	Hugo Ramires	00:23:47	00:46:49	00:46:09	1091		V35	191
1071	4420	Jose Feiteira	00:23:48	00:46:50	00:45:54	1031	condores Varge Mondar	V40	228
1072	4212	João Freire	00:23:56	00:46:50	00:45:30	953	GDCTIN Casa da Moeda	V50	82
1073	4248	Filipe Marques	00:24:18	00:46:50	00:46:28	1156	Sofimagos	Junior	14
1074	3097	Carlos Carvalho	00:23:54	00:46:50	00:46:08	1088	RB RUNNING	V45	168
1075	3181	Carlos Alves	00:23:11	00:46:51	00:46:15	1114		V50	83
1076	5031	Pedro Luís	00:24:47	00:46:52	00:46:24	1143	Mercedes	Senior	250
1077	4946	José Cavaco	00:23:12	00:46:52	00:46:42	1206		Senior	251
1078	2350	Ricardo Madeira	00:24:14	00:46:52	00:46:01	1058	Pump Runners	V40	229
1079	2203	Rodolfo Ferreira	00:23:44	00:46:52	00:46:11	1099		Senior	252
1080	4143	Rogério Luís	00:23:54	00:46:52	00:46:12	1101	SS CGD	V40	230



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1081	1357	Luís Pereira	00:23:33	00:46:52	00:46:13	1106		Senior	253
1082	5052	Bruno Santos	00:23:45	00:46:52	00:46:33	1175		V40	231
1083	2298	Bruno Corgas	00:23:18	00:46:53	00:46:40	1200	Gangue do bigode	Senior	254
1084	7096	Idalécio Barros	00:23:31	00:46:53	00:46:37	1193		V60	25
1085	4808	João Nunes	00:24:06	00:46:53	00:46:05	1073		Senior	255
1086	1653	Hugo Ferreira	00:23:52	00:46:53	00:46:21	1132		Senior	256
1087	5168	David Fróis	00:23:22	00:46:53	00:46:20	1129		V40	232
1088	4158	Laura Leal	00:23:58	00:46:53	00:46:31	1169	Clube Oriental de Pechão	Senior	15
1089	2912	Nelson Gomes	00:23:20	00:46:54	00:46:39	1197		V35	192
1090	2712	Armando Rafael	00:23:10	00:46:54	00:46:45	1213		V40	233
1091	4450	Licínio Fidalgo	00:24:30	00:46:54	00:46:05	1074	Câmara Lisboa Clube	V55	61
1092	4192	Reyes Sepulveda	00:23:34	00:46:55	00:46:44	1211	Hiscox Lisbon Running Club	Senior	257
1093	7197	Noel Roudiere	00:23:35	00:46:55	00:46:42	1205		V35	193
1094	4362	Antonio Ferreira	00:23:59	00:46:55	00:46:23	1137	CA Patameiras	Senior	258
1095	4313	Rui Cunha	00:23:40	00:46:55	00:46:35	1179	GD SANTANDERTOTTA	V50	84
1096	452	Ricardo Pinto	00:23:50	00:46:55	00:46:16	1118		V40	234
1097	2807	Fernando Celestino	00:23:39	00:46:55	00:46:29	1159	AÇOREANA	V55	62
1098	3121	João Fernandes	00:23:38	00:46:55	00:46:23	1136		V35	194
1099	3043	Fernando Coelho	00:23:34	00:46:55	00:46:30	1167	Clube TAP PORTUGAL	V50	85
1100	3042	Carlos Silva	00:23:34	00:46:55	00:46:30	1166	Clube TAP PORTUGAL	V50	86



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1101	3243	Rui Sá	00:24:20	00:46:55	00:46:09	1090		V35	195
1102	698	José Ferrabelo	00:23:46	00:46:56	00:46:46	1215	Asas	V60	26
1103	6625	Pedro Pinel	00:23:53	00:46:56	00:46:46	1217	NAV Runners	V45	169
1104	3399	Pedro Lopes	00:24:51	00:46:56	00:45:50	1014	Tendinites	V40	235
1105	5447	Ana Lourido	00:24:01	00:46:56	00:46:35	1185		V35	14
1106	4054	David Baptista	00:23:39	00:46:57	00:46:05	1077	Alliance Healthcare	Senior	259
1107	7134	Sergio Melro	00:24:31	00:46:57	00:46:09	1092		V50	87
1108	1626	Nelson Zacarias	00:23:23	00:46:58	00:46:29	1160		Senior	260
1109	6642	Nuno Barnabé	00:23:21	00:46:58	00:46:49	1225	PLMJ RUNNERS	V40	236
1110	4871	Pedro Fontinha	00:23:09	00:46:58	00:46:39	1198	Clube Associativo de Santa Marta do Pinhal	V35	196
1111	1241	Ricardo Sousa	00:23:37	00:46:58	00:46:16	1115		V35	197
1112	5298	Victor Silva	00:24:01	00:46:58	00:46:18	1121		V50	88
1113	2293	Armando Almeida	00:23:50	00:46:58	00:46:23	1141	Farmácia Alto da Eira / AVS	V55	63
1114	2655	Vasco Jesus	00:24:02	00:46:59	00:46:02	1059	OS MARTINS	Senior	261
1115	14	Rui Vieira	00:24:00	00:46:59	00:46:29	1157		V40	237
1116	2503	Alexandre Pedrosa	00:24:16	00:46:59	00:46:19	1127	Encosta Team	V40	238
1117	2166	Sérgio Pedro	00:24:56	00:46:59	00:46:26	1148		Senior	262
1118	4462	Ernesto Monteiro	00:24:09	00:47:00	00:46:11	1095	Câmara Lisboa Clube	V45	170
1119	5875	Fernando Carvalheiras	00:24:02	00:47:00	00:46:45	1214		V55	64
1120	4831	Luís Faria	00:23:35	00:47:01	00:46:52	1236		V50	89



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1121	4070	Manuel Rodrigues	00:24:07	00:47:01	00:46:48	1223	Amigos do Atletismo da Aqualva	V55	65
1122	6182	Carla Martins	00:23:32	00:47:02	00:46:51	1232	NúcleOeiras	V40	13
1123	4024	Luís Franco	00:23:29	00:47:02	00:46:47	1219	Exuvent, Lda	V40	239
1124	4449	Eduardo Aleixo	00:25:01	00:47:02	00:46:13	1108	Câmara Lisboa Clube	V50	90
1125	6623	Nuno Lopes	00:23:29	00:47:03	00:46:01	1057	Estrelas Lisboa	V40	240
1126	4661	Luís Rosa	00:23:32	00:47:03	00:46:42	1202	GFD Running	V45	171
1127	5222	Jorge Antunes	00:23:51	00:47:04	00:46:43	1208	PowerBoost Club	V40	241
1128	5299	Michael Pereira	00:25:31	00:47:04	00:43:58	711		Senior	263
1129	1040	Bruno Sousa	00:22:55	00:47:04	00:46:44	1209		V35	198
1130	2696	Jorge Silva	00:23:40	00:47:04	00:46:31	1168		V45	172
1131	3313	Fernando Luz	00:23:49	00:47:05	00:46:44	1210	GDCT Unicre	V45	173
1132	5596	José Subtil	00:23:39	00:47:05	00:46:58	1264		V40	242
1133	1677	Paulo Folgado	00:23:24	00:47:05	00:46:41	1201		V45	174
1134	944	Luís Martins	00:23:52	00:47:05	00:46:19	1126		Senior	264
1135	4398	Marco Rocha	00:23:38	00:47:05	00:46:31	1171	Kelly Staff	V35	199
1136	2344	Marco Dias	00:24:42	00:47:06	00:45:58	1051	Pump Runners	Senior	265
1137	3450	Carla Viegas	00:23:24	00:47:06	00:46:53	1244		V35	15
1138	529	Luis Dias	00:24:15	00:47:06	00:46:18	1122		Senior	266
1139	615	Vasco Palma	00:23:52	00:47:06	00:46:52	1234		V50	91
1140	339	Nuno Soares	00:23:52	00:47:07	00:46:28	1155		V35	200



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1141	2291	António Fernandes	00:23:54	00:47:07	00:46:54	1246	Farmácia Alto da Eira / AVS	V60	27
1142	1606	Rui Sanches	00:23:56	00:47:07	00:46:46	1216		V45	175
1143	6187	Rui Silva	00:25:19	00:47:08	00:45:29	949	PRAFIT CLUB	Senior	267
1144	417	António Varela	00:23:34	00:47:08	00:46:57	1256		V50	92
1145	2115	Federico Herrera	00:24:16	00:47:10	00:46:26	1151		V35	201
1146	3358	Sónia Brandão	00:23:32	00:47:11	00:46:35	1182	GD BPI	V40	14
1147	4411	Luis Santos	00:24:41	00:47:11	00:46:30	1165	condores Varge Mondar	V45	176
1148	3373	Joaquim Ferrão	00:23:56	00:47:11	00:46:24	1144	GDC Banco de Portugal	V55	66
1149	4743	Luís Filipe	00:24:30	00:47:12	00:46:27	1154		V45	177
1150	2396	Valdemar Veiga	00:24:49	00:47:12	00:46:11	1096	OneSight Portugal	Senior	268
1151	6969	Artur Almeida	00:23:39	00:47:12	00:47:05	1293		V35	202
1152	6970	Rui Guarda	00:23:32	00:47:12	00:47:05	1292		V35	203
1153	4647	Abel Pina	00:23:31	00:47:12	00:46:50	1227	GFD Running	V50	93
1154	3961	Daniel Machado	00:22:59	00:47:12	00:46:47	1218	Os Galgos	V35	204
1155	952	João Monteiro	00:24:24	00:47:12	00:46:29	1158		V40	243
1156	2684	Pedro Freitas	00:23:31	00:47:12	00:46:52	1238		V50	94
1157	778	António Pereira	00:24:09	00:47:12	00:46:53	1241	Metro 2011	V50	95
1158	534	Carlos Júnior	00:24:33	00:47:13	00:46:04	1066		V40	244
1159	5191	João Abreu	00:24:27	00:47:13	00:46:35	1186		V40	245
1160	807	Fernando Almeida	00:23:42	00:47:13	00:46:38	1195		V45	178



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1161	3061	Marcio Frias	00:24:17	00:47:13	00:47:04	1290	Frias	Senior	269
1162	873	Hugo Duro	00:24:16	00:47:14	00:46:45	1212		V35	205
1163	1673	André Borges	00:23:27	00:47:14	00:46:26	1149		Senior	270
1164	3060	Óscar Frias	00:24:17	00:47:14	00:47:03	1287	Frias	V35	206
1165	1789	Francisco Rosa	00:24:52	00:47:14	00:46:58	1266		Senior	271
1166	7063	Sílvia Canela	00:23:54	00:47:15	00:47:03	1286		Senior	16
1167	4139	Pedro Afonso	00:23:17	00:47:15	00:47:02	1281	SS CGD	V35	207
1168	4043	Maria Roballo	00:24:25	00:47:15	00:46:18	1120	Carcassone	Senior	17
1169	5295	Vitor Braz	00:24:08	00:47:16	00:46:11	1097		V50	96
1170	7062	Oriol Silvestre	00:23:54	00:47:16	00:47:03	1284		Senior	272
1171	877	Jose Lopes	00:24:26	00:47:16	00:47:02	1283		V55	67
1172	7139	Rui Almeida	00:24:52	00:47:16	00:45:44	991		V40	246
1173	4178	Karima Djelloul	00:23:21	00:47:16	00:47:06	1296	Hiscox Lisbon Running Club	V35	16
1174	5087	Americo Pimenta	00:24:05	00:47:16	00:46:50	1229	g.d.chelas	V50	97
1175	2433	Orlindo Figueiredo	00:24:03	00:47:16	00:47:08	1302	SS CGD	V65	4
1176	5734	Adelino Pereira	00:24:41	00:47:16	00:46:35	1183	ODEBRECHT PORTUGAL	V50	98
1177	6923	Rodrigo Godinho	00:25:27	00:47:17	00:45:01	865	Restaurante O Cartaxeiro Caneças	Junior	15
1178	6922	Antonio Godinho	00:25:04	00:47:17	00:45:02	867	Restaurante O Cartaxeiro Caneças	V40	247
1179	4753	Tiago Silva	00:25:52	00:47:17	00:45:17	922		V35	208
1180	4309	Nuno Damiaes	00:24:28	00:47:17	00:46:20	1128	GD SANTANDERTOTTA	V35	209



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1181	6537	Pedro Marques	00:25:22	00:47:17	00:45:55	1039		Senior	273
1182	5089	Jorge Marques	00:24:04	00:47:17	00:46:51	1231	g.d.chelas	V45	179
1183	5837	Sérgio Henrique	00:24:41	00:47:17	00:46:36	1187	ODEBRECHT PORTUGAL	V45	180
1184	1810	José Santos	00:23:52	00:47:17	00:46:30	1162		V45	181
1185	5389	Pedro Coelho	00:23:33	00:47:18	00:47:11	1314		V40	248
1186	2243	João Fernandes	00:23:49	00:47:18	00:46:26	1150		Senior	274
1187	2520	Diogo Lemos	00:23:58	00:47:18	00:46:35	1177		V35	210
1188	6691	João Rolla	00:24:49	00:47:18	00:44:59	855	Manvia Runners	Senior	275
1189	2125	Vasco Murteira	00:25:27	00:47:18	00:45:29	951	Carrasco & Amigos	Junior	16
1190	913	Carlos Silva	00:24:03	00:47:19	00:46:58	1262		V50	99
1191	2606	Carlos Duarte	00:24:51	00:47:19	00:47:01	1275	CLUBE DESPORTIVO DO ARNEIRO	V60	28
1192	1479	Kristina Rastenyte	00:23:48	00:47:20	00:47:02	1279		Senior	18
1193	4453	Ruben Silva	00:25:26	00:47:20	00:46:05	1076	Câmara Lisboa Clube	V60	29
1194	5572	Fernando Carvalhão	00:24:32	00:47:20	00:46:37	1191		V35	211
1195	565	Carlos Morais	00:23:57	00:47:21	00:46:53	1240		V45	182
1196	794	Jose Machado	00:25:10	00:47:21	00:46:37	1190	NAV Runners	V50	100
1197	6207	Rui Gaspar	00:23:54	00:47:22	00:47:01	1276	MARRIOTT LISBOA	V55	68
1198	6203	Fernando Nogueira	00:24:20	00:47:22	00:46:59	1267	MARRIOTT LISBOA	Senior	276
1199	6126	João Ribeira	00:23:51	00:47:22	00:47:07	1298		V35	212
1200	948	João Fialho	00:23:23	00:47:22	00:47:03	1285		V35	213



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1201	442	Nuno Morgado	00:23:43	00:47:22	00:46:53	1243		V35	214
1202	6244	Luís Veloso	00:23:28	00:47:23	00:46:51	1233	KPMG Runners	Senior	277
1203	5717	Joaquim Lima	00:24:35	00:47:24	00:46:30	1164	Clube Vodafone	V50	101
1204	3370	Pedro Pinto	00:24:23	00:47:24	00:46:50	1228	GDC Banco de Portugal	Senior	278
1205	2974	Mariana Martins	00:23:50	00:47:24	00:46:55	1249		Senior	19
1206	1988	Augusto Portugal	00:24:45	00:47:24	00:46:38	1196		V40	249
1207	2972	Antonio Duarte	00:23:54	00:47:24	00:46:55	1252		V55	69
1208	4266	João Colaço	00:23:49	00:47:25	00:47:18	1342	BRRnightRUNNERS	Senior	279
1209	2663	João Quelhas	00:23:42	00:47:25	00:46:48	1222		V40	250
1210	3539	Filipe Martins	00:23:03	00:47:25	00:46:52	1237		Senior	280
1211	241	Pedro Fonseca	00:24:18	00:47:26	00:46:57	1257	Team Francesinha	V35	215
1212	1392	Fernando Rodrigues	00:23:10	00:47:27	00:47:12	1320	Criminalistic Runners	V40	251
1213	1602	Célio Moreira	00:23:20	00:47:28	00:46:37	1192		Senior	281
1214	6074	Paulo Moniz	00:23:53	00:47:28	00:47:17	1340		V60	30
1215	4859	Paulo Almeida	00:25:10	00:47:29	00:45:48	1011	Team Envy	V45	183
1216	3629	António Carvalho	00:24:04	00:47:29	00:46:42	1203		V45	184
1217	4060	Diamantino Pereira	00:24:48	00:47:30	00:47:09	1309	ALCES	V35	216
1218	4328	António Cruz	00:25:11	00:47:30	00:46:29	1161	GD SANTANDERTOTTA	V65	5
1219	2105	Nuno Almeida	00:24:07	00:47:31	00:47:08	1306		Senior	282
1220	1768	Pedro Sousa	00:26:45	00:47:31	00:44:51	832		Senior	283



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1221	5522	Bruno Pereira	00:26:08	00:47:31	00:44:58	854		V40	252
1222	1176	Rui Salvado	00:24:08	00:47:31	00:47:02	1280	Quarentoes na Bisga	V45	185
1223	3371	João Batista	00:24:16	00:47:31	00:47:11	1317	GDC Banco de Portugal	V55	70
1224	7127	Firmino Duarte	00:25:23	00:47:32	00:45:38	978		V40	253
1225	5060	Tiago Silva	00:24:23	00:47:33	00:46:48	1221		V35	217
1226	6593	António Domingues	00:23:45	00:47:33	00:47:08	1305		V45	186
1227	1027	Luis Palma	00:23:49	00:47:33	00:46:57	1258		V35	218
1228	5081	Filipe Rodrigues	00:24:05	00:47:33	00:47:07	1300	g.d.chelas	Senior	284
1229	78	Nuno Sousa	00:23:08	00:47:33	00:47:01	1273		V40	254
1230	6036	Tiago Fernandes	00:25:13	00:47:34	00:46:05	1078	Tartarugas Ninja	Senior	285
1231	3590	Antonio Ramos	00:24:33	00:47:34	00:47:12	1322		V45	187
1232	5399	Henrique Gomes	00:24:05	00:47:34	00:47:17	1339		V35	219
1233	1984	Tiago Antunes	00:23:52	00:47:35	00:46:43	1207		Senior	286
1234	3678	Sandra Reis	00:24:31	00:47:35	00:46:52	1235		V40	15
1235	2507	Tiago Almeida	00:24:55	00:47:35	00:47:00	1268		V35	220
1236	4903	Carlos Teixeira	00:24:05	00:47:35	00:46:54	1248	LEBRES E TARTARUGAS	V55	71
1237	2187	André Rodrigues	00:24:15	00:47:35	00:46:57	1259		Senior	287
1238	584	Luis Amaral	00:24:50	00:47:36	00:46:48	1220	LA CONSULTORES	V50	102
1239	5671	Eduardo Rodrigues	00:24:09	00:47:36	00:47:20	1349		V45	188
1240	4624	Rui Martins	00:24:39	00:47:37	00:46:58	1263	Clube Associativo de Santa Marta do Pinhal	V45	189



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1241	187	Carlos Oliveira	00:23:45	00:47:38	00:47:32	1378		V40	255
1242	104	Luís Sousa	00:23:33	00:47:38	00:47:00	1269		V40	256
1243	1401	Paulo Procópio	00:23:31	00:47:38	00:47:11	1316		V40	257
1244	5408	Bruno Fernandes	00:23:55	00:47:39	00:47:30	1373		V35	221
1245	103	Rui Fonseca	00:25:59	00:47:39	00:44:11	743		V50	103
1246	3827	Rúben Neves	00:24:53	00:47:39	00:46:21	1131		Senior	288
1247	1672	Pedro Rodrigues	00:24:00	00:47:39	00:47:08	1307		Senior	289
1248	6897	Mafalda Moniz	00:24:09	00:47:39	00:47:08	1304		Senior	20
1249	16	Fernanda Gil	00:24:33	00:47:39	00:47:06	1295		V45	10
1250	1151	Rui Mestre	00:24:17	00:47:40	00:46:48	1224		V45	190
1251	3794	Belchior Barrocas	00:24:51	00:47:40	00:47:00	1272		V45	191
1252	6881	Patrícia Silva	00:23:51	00:47:41	00:47:33	1385		V35	17
1253	4379	Rui Candeias	00:26:39	00:47:41	00:47:12	1323	CCCD RUN4FUN	Senior	290
1254	3867	Nuno Curto	00:24:11	00:47:41	00:46:55	1253		V35	222
1255	2472	Ricardo Cabral	00:24:09	00:47:41	00:47:33	1384		V40	258
1256	5046	Fernando Pedro	00:24:47	00:47:42	00:47:11	1315	Mercedes	V40	259
1257	5050	Miguel Fonseca	00:24:47	00:47:42	00:47:10	1311	Mercedes	V45	192
1258	3360	Paulo Lopes	00:24:11	00:47:42	00:47:09	1308	GD BPI	V35	223
1259	6521	Samuel Ribeiro	00:24:52	00:47:42	00:46:31	1170	CRP Ribafria	Senior	291
1260	5919	Luís Machado	00:24:02	00:47:42	00:47:34	1388		Senior	292



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1261	363	Nuno Santos	00:24:04	00:47:42	00:47:31	1376		V40	260
1262	2025	Marco Gonçalves	00:24:37	00:47:43	00:46:58	1261	YMAA Portugal	Senior	293
1263	6119	João Teixeira	00:23:23	00:47:44	00:47:26	1362		V45	193
1264	6245	Gustavo Mendes	00:23:57	00:47:44	00:47:20	1346	KPMG Runners	V40	261
1265	937	Fernanda Camacho	00:24:30	00:47:44	00:47:10	1310	Carrasco & Amigos	V45	11
1266	5470	Rita Manso	00:23:51	00:47:44	00:47:36	1395	Clube do Stress	V45	194
1267	86	Antonio Serrao	00:25:36	00:47:45	00:46:06	1079		V40	262
1268	6135	Marcos Ratola	00:25:39	00:47:45	00:45:37	977		V35	224
1269	6915	Rogério Fonseca	00:24:11	00:47:45	00:46:55	1251		V50	104
1270	3149	Ricardo Catarino	00:24:47	00:47:46	00:46:54	1245		Senior	294
1271	5272	Rui Almeida	00:23:53	00:47:46	00:47:01	1274		V35	225
1272	3555	Pedro Mascarenhas	00:24:47	00:47:46	00:47:14	1328		Senior	295
1273	6589	Joao Carvalho	00:25:22	00:47:47	00:46:16	1119		V40	263
1274	5414	Selene Lima	00:24:36	00:47:47	00:46:35	1178	Vitoria FC	Senior	21
1275	2630	Almerindo Silva	00:23:34	00:47:47	00:47:31	1377	A.D.C.Catuja	V55	72
1276	1676	António Sousa	00:24:39	00:47:47	00:46:56	1255		V55	73
1277	6927	Paulo Meireles	00:25:25	00:47:48	00:45:33	961	Restaurante O Cartaxeiro Caneças	V45	195
1278	1835	Irina Freitas	00:24:16	00:47:49	00:47:11	1312		Senior	22
1279	1470	Joao Macedo	00:24:11	00:47:49	00:47:11	1313		V50	105
1280	5440	Paulo Sousa	00:25:09	00:47:50	00:46:13	1109		V35	226



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1281	6904	Torquato Cardoso	00:26:03	00:47:50	00:45:31	956	NAV Runners	Senior	296
1282	1631	Rui Simoes	00:24:21	00:47:50	00:47:12	1321		V35	227
1283	4508	Guilherme Libório	00:24:14	00:47:51	00:47:34	1389		V35	228
1284	3357	Luis Calheiros	00:24:00	00:47:51	00:47:25	1357	GD BPI	V40	264
1285	3068	Carlos Martins	00:24:22	00:47:51	00:47:16	1337	CCD Crédito Agrícola Mútuo	V40	265
1286	1062	Jorge Valadas	00:23:41	00:47:51	00:47:14	1330		Senior	297
1287	3196	Ricardo Simões	00:23:10	00:47:52	00:47:42	1417		V35	229
1288	6037	Augusto Fernandes	00:25:14	00:47:52	00:46:24	1142	Tartarugas Ninja	V60	31
1289	3956	Tiago Vermelho	00:23:24	00:47:52	00:47:37	1401	NúcleOeiras	Senior	298
1290	3894	Nuno Guerra	00:24:30	00:47:52	00:47:05	1291		V40	266
1291	2351	Rui Martins	00:24:40	00:47:52	00:47:02	1277	Pump Runners	V40	267
1292	4067	Alberto Fernandes	00:24:09	00:47:53	00:47:40	1411	Amigos do Atletismo da Aqualva	V60	32
1293	3874	Paulo Brito	00:23:09	00:47:53	00:47:44	1424		V40	268
1294	4535	David Costa	00:23:09	00:47:53	00:47:45	1427		V35	230
1295	4217	Nuno Gonçalves	00:24:25	00:47:53	00:47:13	1325	GDCTIN Casa da Moeda	V40	269
1296	3699	Marco Pires	00:24:26	00:47:53	00:47:29	1368		Senior	299
1297	64	Vítor Gonzas	00:23:39	00:47:54	00:47:35	1390		V45	196
1298	2378	Luciano Silva	00:24:03	00:47:54	00:47:20	1347	OneSight Portugal	V35	231
1299	41	Vitor Lourenço	00:24:27	00:47:55	00:47:23	1354		V45	197
1300	1072	Fernando Teixeira	00:24:44	00:47:55	00:47:04	1289		V40	270



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1301	3973	Fernando Fernandes	00:24:06	00:47:55	00:47:19	1345	APOGMA	V55	74
1302	4142	Pedro Torrinha	00:24:32	00:47:55	00:47:12	1318	SS CGD	V40	271
1303	2707	Nuno Matos	00:23:23	00:47:55	00:47:38	1402		V45	198
1304	585	Ana Martins	00:24:51	00:47:55	00:47:07	1299	LA CONSULTORES	V45	12
1305	3067	Cândida Esteves	00:24:53	00:47:55	00:47:23	1350	CCD Crédito Agrícola Mútuo	V45	13
1306	140	Pedro Serra	00:24:11	00:47:56	00:47:30	1375		V40	272
1307	3397	António Ribeiro	00:24:57	00:47:56	00:47:37	1400	Tendinites	Senior	300
1308	6005	Cláudio Andrade	00:24:46	00:47:57	00:46:39	1199		V35	232
1309	1238	Patrícia Castanho	00:24:05	00:47:57	00:47:23	1351		Senior	23
1310	819	Jorge Bonito	00:24:29	00:47:57	00:47:25	1359		V40	273
1311	5956	Paulo Santos	00:23:59	00:47:57	00:47:15	1334		V35	233
1312	1651	Manuel Cotovio	00:24:49	00:47:57	00:47:32	1381	Nata da nata	Senior	301
1313	5085	Victor Dias	00:24:50	00:47:58	00:47:15	1333	g.d.chelas	V50	106
1314	5019	Artur Carvalho	00:24:29	00:47:58	00:47:28	1366		V50	107
1315	4475	Rodrigo Costa	00:24:16	00:47:58	00:47:14	1327	Os Ultra Copos	Senior	302
1316	5211	Fernando Silveiro	00:24:08	00:47:58	00:47:32	1380		V45	199
1317	7007	Afonso Ataíde	00:25:45	00:47:59	00:46:02	1061		Senior	303
1318	6867	Rui Pina	00:26:41	00:47:59	00:44:43	812		V35	234
1319	2169	Pedro Almeida	00:24:29	00:47:59	00:47:38	1407		V40	274
1320	3025	Luís Ferreira	00:25:54	00:47:59	00:47:12	1324	Rail Runners	V45	200



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1321	2917	João Jorge	00:24:41	00:47:59	00:47:16	1338		V35	235
1322	1570	Rui Mendes	00:24:00	00:47:59	00:47:45	1429		V40	275
1323	5846	Rodrigo Mariano	00:25:45	00:48:00	00:45:05	876		V35	236
1324	292	Humberto Soeima	00:24:33	00:48:00	00:47:24	1356		Senior	304
1325	3981	Sérgio Carvalho	00:24:00	00:48:00	00:47:35	1391	Referees Margem Sul	Senior	305
1326	18	Ricardo Gameiro	00:24:12	00:48:00	00:47:51	1451		V45	201
1327	2427	José Dimas	00:24:17	00:48:01	00:47:36	1396	SS CGD	V45	202
1328	896	Mario Lopes	00:24:10	00:48:01	00:47:37	1397		V40	276
1329	2382	Paulo Figueiredo	00:24:18	00:48:01	00:47:48	1442	OneSight Portugal	V40	277
1330	2288	Steven Santos	00:24:12	00:48:02	00:47:52	1455	BELÉM RUNNERS	Senior	306
1331	3706	Tiago Matos	00:24:10	00:48:02	00:47:38	1403		Senior	307
1332	2488	Ana Marques	00:24:34	00:48:02	00:47:53	1459	NAV Runners	V45	14
1333	2286	Rui Afonso	00:24:13	00:48:03	00:47:52	1453	BELÉM RUNNERS	V45	203
1334	2065	Tiago Cruz	00:24:16	00:48:03	00:47:44	1421	Correr Soc Rec da Granja	Senior	308
1335	837	Rui Gomes	00:23:59	00:48:03	00:47:38	1404		V35	237
1336	2287	Sandra Carvalho	00:24:13	00:48:03	00:47:53	1463	BELÉM RUNNERS	V45	15
1337	2284	Cláudia Borralho	00:24:13	00:48:03	00:47:53	1462	BELÉM RUNNERS	V40	16
1338	5737	Manuel Paulo	00:24:42	00:48:04	00:47:43	1419	ODEBRECHT PORTUGAL	V55	75
1339	4373	Luis Costa	00:24:06	00:48:04	00:47:46	1434	Desportivo Lameira Grande	V45	204
1340	2346	Nuno Freitas	00:25:02	00:48:04	00:47:14	1329	Pump Runners	V35	238



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1341	2837	Carlos Ferreira	00:24:33	00:48:04	00:47:30	1374	NUCLEO DESPORTIVO AUTOCOOPE	V55	76
1342	823	António Novas	00:24:20	00:48:05	00:47:38	1406		V35	239
1343	3713	Luis Alves	00:24:40	00:48:05	00:47:39	1410		V45	205
1344	1396	Eurico Gomes	00:24:21	00:48:05	00:47:32	1379		V50	108
1345	34	Hugo Henriques	00:24:13	00:48:06	00:47:52	1454		V35	240
1346	45	Luis Isidoro	00:24:44	00:48:06	00:47:35	1393		Senior	309
1347	898	Nuno Taxeiro	00:24:12	00:48:06	00:47:29	1370		Senior	310
1348	2028	Ricardo Monteiro	00:24:49	00:48:06	00:47:48	1440	Nerds for speed	Senior	311
1349	7138	José Belo	00:24:44	00:48:07	00:46:53	1239		V45	206
1350	6046	João Cacelas	00:24:16	00:48:07	00:47:37	1399		V45	207
1351	31	Cláudio Caseiro	00:25:49	00:48:07	00:47:33	1386		V35	241
1352	1993	Joao Castanheira	00:24:17	00:48:07	00:48:01	1494		V35	242
1353	2791	Carlos Bargado	00:24:13	00:48:08	00:47:54	1470	AÇOREANA	V50	109
1354	6935	Alexandre Maurício	00:25:18	00:48:08	00:46:38	1194		V35	243
1355	6198	Rui Luis	00:24:35	00:48:08	00:47:20	1348	TNT Runners	V35	244
1356	1771	Jose Santos	00:24:43	00:48:10	00:47:45	1428		V40	278
1357	5969	José Brites	00:24:41	00:48:10	00:47:43	1420		V40	279
1358	1634	Rui Mendes	00:23:46	00:48:11	00:47:51	1452		Senior	312
1359	4249	Diogo Silva	00:24:25	00:48:11	00:47:51	1450	TOA	Senior	313
1360	4137	Nuno Valada	00:25:06	00:48:12	00:47:57	1479	SS CGD	V45	208



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1361	397	Paulo Cavaleiro	00:23:50	00:48:13	00:47:45	1426		V45	209
1362	6695	6695	00:25:03	00:48:13	00:47:00	1271	Tribananas	Senior	314
1363	4276	Joao Martinho	00:24:43	00:48:13	00:46:58	1260	vale flores	Senior	315
1364	4776	Luis Pereira	00:24:14	00:48:13	00:47:51	1448		V45	210
1365	4275	Daniel Gomes	00:24:43	00:48:14	00:46:58	1265	vale flores	Senior	316
1366	7170	Fábio Cameira	00:25:23	00:48:14	00:46:33	1176	Alhandra B	Senior	317
1367	5120	Carlos Gonçalves	00:24:13	00:48:14	00:47:36	1394		V55	77
1368	287	João Faria	00:24:38	00:48:14	00:47:29	1371	ECI Running Team	V40	280
1369	859	Luis Goncalves	00:24:30	00:48:14	00:47:30	1372		V35	245
1370	5390	Paulo Moreira	00:24:54	00:48:15	00:47:08	1303		V45	211
1371	5383	João Silva	00:24:11	00:48:15	00:47:41	1414		Senior	318
1372	6080	Alexandre Capucha	00:24:32	00:48:15	00:47:26	1360		V45	212
1373	2789	João Melo	00:25:05	00:48:15	00:47:54	1467	AÇOREANA	Senior	319
1374	4617	José Parreira	00:25:08	00:48:16	00:47:18	1341	Grupo Desportivo "O Independente"	V40	281
1375	4616	Luis Anselmo	00:25:08	00:48:17	00:47:16	1336	Grupo Desportivo "O Independente"	V35	246
1376	6235	Nuno Lima	00:26:37	00:48:17	00:44:07	731	KPMG Runners	Senior	320
1377	5900	Teresa Sepúlveda	00:24:04	00:48:17	00:48:07	1523	COO	V35	18
1378	5410	Nuno Fialho	00:23:58	00:48:17	00:47:53	1458		V40	282
1379	2552	Joaquim Veiga	00:24:24	00:48:18	00:48:01	1493	CORRIDAS E COMIDAS	V40	283
1380	6808	Mafalda Gameiro	00:24:56	00:48:18	00:47:24	1355	CASA DO PESSOAL DA RTP	V45	16



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1381	7166	António Mendes	00:24:52	00:48:18	00:46:35	1181		V35	247
1382	6591	Aldina Marques	00:23:59	00:48:19	00:48:00	1489		V45	17
1383	5244	Diogo Tascucano	00:24:44	00:48:19	00:47:45	1425	Rebenta Milhas	V40	284
1384	4030	Pedro Cavalheiro	00:23:51	00:48:20	00:48:03	1501	SS CGD	V40	285
1385	4278	David Camocho	00:24:18	00:48:21	00:47:43	1418	AA Mafra	V35	248
1386	5490	Adelino Gomes	00:24:19	00:48:21	00:47:45	1430		V45	213
1387	1703	Luís Cunha	00:23:55	00:48:21	00:47:46	1431		V45	214
1388	1820	Pedro Ferreira	00:24:04	00:48:21	00:47:55	1473	Clube Robbialac	V35	249
1389	171	Jorge Oliveira	00:23:49	00:48:21	00:47:47	1436	RB RUNNING	V50	110
1390	5463	Bruno Afonso	00:24:02	00:48:21	00:47:49	1445		Senior	321
1391	5311	Bruno Malheiro	00:26:38	00:48:22	00:44:59	857		V35	250
1392	5276	Rui Durão	00:24:13	00:48:22	00:47:46	1432		V35	251
1393	1946	Jose Rodrigues	00:25:02	00:48:22	00:47:34	1387		V55	78
1394	655	Joao Marques	00:24:09	00:48:22	00:48:04	1509	Colt Runners	V40	286
1395	2083	Sérgio Afonso	00:24:48	00:48:23	00:47:53	1461	MS Runners	V35	252
1396	5327	Nelson Saldanha	00:25:17	00:48:23	00:46:51	1230		V35	253
1397	4718	Jacinto Pereira	00:24:53	00:48:24	00:47:56	1477	Cruz Quebradense SIMECQ	V55	79
1398	5063	Tomé Santos	00:24:55	00:48:24	00:47:38	1405		Senior	322
1399	1022	Sérgio Torrinha	00:24:06	00:48:24	00:48:05	1516		V35	254
1400	2322	Diogo Leite	00:24:12	00:48:24	00:48:01	1497	CLUBE COLABORADORES AGEAS	V45	215



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1401	3246	David Lopes	00:24:06	00:48:24	00:48:16	1569		V35	255
1402	4078	Luís Gama	00:24:07	00:48:26	00:48:01	1498	Amigos do Trinhão e Ponte Fajão	V50	111
1403	4294	Miguel Cruz	00:24:20	00:48:27	00:48:15	1557	Ao Ritmo das 200ppm	V45	216
1404	4626	Carlos Correia	00:25:30	00:48:27	00:47:48	1441	atlético de via rara	V50	112
1405	3708	Pedro Assunção	00:24:08	00:48:27	00:47:54	1468		V40	287
1406	1209	Carlos Horta	00:24:04	00:48:27	00:47:58	1483	ZêzereTrek	V50	113
1407	4007	Carlos Palma	00:24:43	00:48:27	00:47:46	1433	Link	V45	217
1408	5010	Rogério Luis	00:24:17	00:48:27	00:48:20	1589		V40	288
1409	2482	Nuno Galvão	00:23:39	00:48:28	00:48:17	1572	Cruz Quebradense SIMECQ	V50	114
1410	7036	Álvaro Costa	00:24:05	00:48:28	00:48:18	1582		V45	218
1411	5086	Daniel Rodrigues	00:24:38	00:48:28	00:47:58	1482	g.d.chelas	Junior	17
1412	2929	Ricardo Bordalo	00:24:39	00:48:28	00:48:00	1488		V45	219
1413	296	Pedro Ruas	00:24:04	00:48:28	00:48:05	1515		V35	256
1414	5720	Tito Santos	00:24:11	00:48:28	00:48:19	1586	Clube Vodafone	V40	289
1415	5016	Martim Correia	00:26:05	00:48:29	00:47:29	1367		Junior	18
1416	291	José Cruz	00:23:38	00:48:29	00:48:14	1555		V40	290
1417	1844	Carlos Pereira	00:24:18	00:48:29	00:47:42	1416		Senior	323
1418	5618	Luis Carvalho	00:26:52	00:48:29	00:46:13	1104		Senior	324
1419	1750	Pedro Raposo	00:25:29	00:48:29	00:47:26	1364		Senior	325
1420	7097	Amance Loreau	00:25:29	00:48:29	00:48:09	1534		Senior	24



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1421	3040	Antonio Iria	00:25:00	00:48:29	00:48:03	1504	Clube TAP PORTUGAL	V45	220
1422	4051	Rui Ramos	00:26:41	00:48:30	00:46:14	1110	Alliance Healthcare	V35	257
1423	588	Guilherme Gonçalves	00:24:12	00:48:30	00:48:18	1580	Clube Ferroviario de Portugal	V55	80
1424	356	Antonio Pataca	00:24:02	00:48:30	00:48:17	1571	lesmas	V40	291
1425	6565	Fernando Valério	00:25:30	00:48:31	00:46:37	1189		V35	258
1426	5033	Nuno Serrão	00:24:38	00:48:31	00:47:40	1412	Mercedes	Senior	326
1427	465	Pedro Lopes	00:25:26	00:48:31	00:48:02	1499	Run Buddy Run	V40	292
1428	212	Nuno Malaquias	00:25:01	00:48:31	00:48:04	1511		V35	259
1429	3687	Joana Ribeiro	00:24:42	00:48:32	00:47:42	1415		Senior	25
1430	3638	Rúben Simões	00:23:31	00:48:32	00:48:08	1529		Senior	327
1431	4663	Paulo Tainha	00:24:26	00:48:32	00:48:10	1538	GFD Running	V50	115
1432	1828	Joaquim Barroso	00:24:05	00:48:32	00:47:58	1484		V50	116
1433	159	Artur Alfama	00:24:40	00:48:32	00:48:09	1537		V35	260
1434	2307	José Freitas	00:24:03	00:48:33	00:48:03	1503	Cofina Runners	V45	221
1435	3377	Gina Cheio	00:24:46	00:48:33	00:48:15	1558	GDC Banco de Portugal	V45	18
1436	1274	João Batista	00:24:44	00:48:33	00:47:59	1485	CLUBE NOVO BANCO	V40	293
1437	5106	Rui Fernandes	00:23:43	00:48:34	00:48:16	1562	g.d.chelas	V35	261
1438	2857	Miguel Almeida	00:24:52	00:48:34	00:47:48	1444	Amigos de Paco Nassa	Senior	328
1439	2700	Catarina Ferreira	00:24:30	00:48:35	00:48:06	1520		Senior	26
1440	2639	Jorge Mendes	00:25:55	00:48:36	00:47:33	1383	PFCRB	Senior	329



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1441	5934	Francisco Santos	00:24:02	00:48:36	00:48:06	1519		V35	262
1442	2643	Miguel Martins	00:25:55	00:48:36	00:47:33	1382	PFCRB	Senior	330
1443	4366	Armindo Rodrigues	00:23:30	00:48:36	00:48:14	1552	Grupo Recreativo Janz e Associados	V45	222
1444	3140	Carlos Rangel	00:24:35	00:48:36	00:48:10	1539		V60	33
1445	2044	Henrique Ferreira	00:24:50	00:48:36	00:47:44	1423	Todos Juntos	V45	223
1446	7178	Patrícia Antunes	00:25:32	00:48:37	00:47:29	1369		Senior	27
1447	4041	Francisco Valadas	00:24:18	00:48:37	00:47:39	1409	Carcassone	Senior	331
1448	3589	Miguel Leal	00:24:26	00:48:37	00:48:29	1626		V45	224
1449	3698	Miguel Vivas	00:24:18	00:48:37	00:48:00	1491		Senior	332
1450	5184	Tiago Portela	00:26:02	00:48:38	00:46:53	1242		Senior	333
1451	4179	Sandro Leitão	00:24:51	00:48:38	00:47:53	1460	Hiscox Lisbon Running Club	Senior	334
1452	846	Acácio Clemente	00:23:58	00:48:38	00:48:20	1588		V45	225
1453	2964	António Pereira	00:24:20	00:48:38	00:48:26	1616		V40	294
1454	1666	Pedro Lucas	00:24:04	00:48:38	00:48:30	1628		V45	226
1455	3008	Bruno Silva	00:24:36	00:48:39	00:48:01	1495		V35	263
1456	5991	Faizal Ismael	00:24:56	00:48:39	00:47:47	1439		V35	264
1457	3059	Daniel Vinagre	00:24:39	00:48:39	00:47:58	1481	Casa do Concelho de Idanha a Nova	V35	265
1458	3076	Miguel Vinagre	00:24:21	00:48:39	00:48:33	1637	CCD Crédito Agrícola Mútuo	V40	295
1459	2447	Carlos Rodrigues	00:24:09	00:48:40	00:48:27	1624	Clube EDP Lisboa	V55	81
1460	1654	Luís Nunes	00:24:42	00:48:40	00:48:06	1518		V45	227



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1461	1592	Marco Baeta	00:25:25	00:48:41	00:48:12	1544		V40	296
1462	6582	João Estevão	00:24:52	00:48:41	00:47:26	1361		V35	266
1463	674	Francisco Silva	00:24:16	00:48:41	00:48:09	1535		V50	117
1464	2978	Pedro Micaela	00:24:33	00:48:42	00:48:04	1512		Senior	335
1465	285	Alexandre Martins	00:24:50	00:48:42	00:47:55	1476		Senior	336
1466	4780	Carlos Silva	00:25:18	00:48:42	00:47:59	1487	Grupo Marcha e Corrida Jamor	V55	82
1467	3458	Nuno Lamas	00:24:47	00:48:42	00:48:31	1633		V35	267
1468	2776	Joaquim Sande	00:24:39	00:48:43	00:47:54	1469	piccadillys	V55	83
1469	3883	Nuno Miranda	00:24:50	00:48:43	00:47:12	1319		Senior	337
1470	3217	Janderlane Silva	00:24:14	00:48:43	00:48:36	1651		Senior	28
1471	776	Francisco Plinio	00:24:55	00:48:43	00:48:00	1490	Metro 2011	V60	34
1472	6009	Pedro Rodrigues	00:25:17	00:48:43	00:47:52	1456		V35	268
1473	2360	Joaquim Varanda	00:25:17	00:48:43	00:48:07	1527	Keep Running	V50	118
1474	1935	Hermano Cardoso	00:25:30	00:48:43	00:48:08	1533	Running JAF	Senior	338
1475	3354	Patrícia Lourenço	00:24:15	00:48:44	00:48:33	1638	Ginásio Clube Português	V35	19
1476	4364	Lucinda Tavares	00:24:59	00:48:44	00:47:49	1447	CA Patameiras	V35	20
1477	6977	Andriy Politylo	00:25:25	00:48:44	00:47:02	1282	Perene	V35	269
1478	2093	Ana Ramos	00:24:31	00:48:44	00:48:08	1532	GYM 2010	V40	17
1479	3136	Pedro Ferreira	00:24:41	00:48:44	00:47:54	1464		V35	270
1480	4902	Carlos Gonçalves	00:25:20	00:48:45	00:48:19	1585	LEBRES E TARTARUGAS	V60	35



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1481	4282	José Tomás	00:25:34	00:48:45	00:47:23	1352	Zorbitas	V40	297
1482	2176	Ricardo Ribeiro	00:25:30	00:48:46	00:45:04	872		Senior	339
1483	543	Jose Cardoso	00:24:51	00:48:46	00:48:31	1636		V50	119
1484	3511	Dora Simoes	00:24:37	00:48:46	00:48:16	1565		V40	18
1485	670	Gonçalo Louro	00:24:34	00:48:47	00:48:31	1631		V35	271
1486	6291	André Neto	00:24:31	00:48:47	00:48:31	1635	Cruz Quebradense SIMECQ	Senior	340
1487	2121	Rita Novo	00:26:16	00:48:47	00:47:13	1326	Run Buddy Run	V35	21
1488	2896	Gonçalo Marques	00:24:42	00:48:47	00:47:46	1435	Top Team	V35	272
1489	3035	João Perneco	00:25:10	00:48:47	00:48:04	1508	CLUBE COLABORADORES AGEAS	V40	298
1490	3556	David Goncalves	00:24:12	00:48:47	00:48:22	1598		Senior	341
1491	3353	Cleonice Oliveira	00:24:56	00:48:48	00:48:11	1540	Ginásio Clube Português	V50	4
1492	3924	José Martins	00:24:54	00:48:48	00:48:29	1625		V55	84
1493	5681	Aldónio Fernandes	00:26:29	00:48:49	00:46:18	1123	LINDA-A-PASTORA SPORTING CLUBE	V60	36
1494	3083	Rui Graça	00:24:38	00:48:49	00:48:13	1551	CCD Crédito Agrícola Mútuo	V50	120
1495	5456	Aarnout Salwegter	00:24:31	00:48:50	00:48:33	1640		V55	85
1496	173	Paulo Sousa	00:24:44	00:48:51	00:48:26	1617		V40	299
1497	5501	José Monsanto	00:26:45	00:48:51	00:46:19	1125		V35	273
1498	3190	Jorge Silva	00:25:03	00:48:51	00:48:20	1591		V40	300
1499	3441	Etelvina Vidal	00:25:03	00:48:51	00:48:20	1590		V45	19
1500	4758	Pedro Loureiro	00:24:35	00:48:52	00:48:42	1668		V45	228



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1501	1986	Avelino Rodrigues	00:25:08	00:48:52	00:48:13	1545		V55	86
1502	3933	Alexandre Silva	00:24:27	00:48:52	00:48:38	1658		Senior	342
1503	5129	Paulo Brito	00:25:16	00:48:52	00:48:22	1599	Clube Accenture	V40	301
1504	3767	Miguel Duarte	00:24:03	00:48:52	00:48:16	1567		Senior	343
1505	2361	Eurico Carocha	00:24:55	00:48:52	00:48:16	1564	Keep Running	V50	121
1506	2515	Tiago Saruga	00:25:01	00:48:53	00:47:59	1486		Senior	344
1507	467	Manuel Valença	00:24:45	00:48:53	00:48:27	1623	Os Mais Lindos	V35	274
1508	6661	Nuno Peters	00:25:09	00:48:54	00:48:33	1642	Carne Maturada	V35	275
1509	5157	Joao Ferreira	00:25:18	00:48:54	00:48:21	1593		V55	87
1510	2357	Pedro Dias	00:25:18	00:48:54	00:48:18	1575	Keep Running	V40	302
1511	2358	Helder Costa	00:25:17	00:48:54	00:48:18	1574	Keep Running	V35	276
1512	6714	José Bento	00:25:29	00:48:55	00:47:54	1466		V45	229
1513	6329	Luís Gonçalves	00:23:23	00:48:55	00:48:39	1659	G.D.R. São Francisco da Serra	V40	303
1514	2859	Joaquim Costa	00:24:28	00:48:55	00:48:36	1650	Antonio Manuel Soares Carvalho, Unipessoal Lda	V65	6
1515	280	Ricardo Martins	00:24:51	00:48:55	00:48:13	1547		V40	304
1516	7182	Ana Caramelo	00:27:53	00:48:56	00:47:37	1398		Senior	29
1517	5344	José Bouceiro	00:25:51	00:48:56	00:47:02	1278	ADCR PJ	V50	122
1518	911	Paulo Palminha	00:23:56	00:48:56	00:48:22	1604		V45	230
1519	2683	Fabiano Bortolotti	00:25:17	00:48:56	00:48:35	1648		V40	305
1520	5765	João Serra	00:25:18	00:48:57	00:47:07	1301	VdAtletas	Senior	345



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1521	5381	João Reis	00:27:01	00:48:57	00:46:03	1063		Senior	346
1522	116	Carlos Correia	00:24:42	00:48:57	00:48:13	1550		Senior	347
1523	4705	Rui Antunes	00:25:16	00:48:57	00:48:18	1576		V40	306
1524	4184	Bernardo Gomes	00:24:56	00:48:57	00:48:22	1602	Hiscox Lisbon Running Club	Senior	348
1525	4291	Luis Moisão	00:22:36	00:48:58	00:48:48	1698	Os Infantes de Mafra	V35	277
1526	4846	Susana Frazao	00:24:57	00:48:58	00:48:12	1543	ACS- Amigos da Corrida de Salvaterra	Senior	30
1527	4396	Ricardo Gonçalves	00:24:14	00:48:58	00:48:08	1530	Kelly Staff	V35	278
1528	2297	Fernando Silva	00:25:30	00:48:58	00:48:16	1568	Farmácia Alto da Eira / AVS	V50	123
1529	1763	Nuno Cabeça	00:25:09	00:48:59	00:48:23	1606		V45	231
1530	1194	Carlos Oliveira	00:25:02	00:48:59	00:48:19	1584	Santos & Oliveira Lda	V40	307
1531	430	David Gonçalves	00:27:26	00:49:00	00:43:44	669		Senior	349
1532	838	José Machado	00:24:49	00:49:00	00:47:52	1457		V45	232
1533	2894	Pedro Selavisa	00:24:49	00:49:00	00:48:11	1542	Top Team	V35	279
1534	3576	Ricardo Mota	00:25:08	00:49:00	00:48:11	1541		V40	308
1535	5705	Igor Batista	00:24:02	00:49:00	00:48:24	1612	Corredores da Adega	Senior	350
1536	1709	Manuel Escalona	00:24:27	00:49:00	00:48:34	1647		V40	309
1537	2913	Sandra Azeitona	00:24:20	00:49:00	00:48:47	1696		V35	22
1538	6784	António Batista	00:25:06	00:49:01	00:48:37	1653	CLUBE DESPORTIVO ESTRELA	V65	7
1539	1980	Ricardo Campos	00:24:23	00:49:01	00:48:44	1682		V40	310
1540	826	Ricardo Dinis	00:24:02	00:49:02	00:48:14	1556		V40	311



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1541	3045	Manuel Mexia	00:24:22	00:49:02	00:48:42	1671	Clube TAP PORTUGAL	V50	124
1542	659	Pedro Quadrio	00:25:09	00:49:02	00:48:24	1613		V40	312
1543	306	Rosalina Gil	00:24:41	00:49:02	00:48:31	1632	BP2SEA Runners	Senior	31
1544	2206	Luís Avó	00:24:59	00:49:02	00:48:13	1546		V40	313
1545	7005	Jorge Antunes	00:24:08	00:49:03	00:48:42	1670		V40	314
1546	6782	Sérgio Vicente	00:24:23	00:49:03	00:48:41	1666		V35	280
1547	2778	Antónia Jordão	00:27:18	00:49:03	00:46:25	1145		V35	23
1548	7002	Hugo Silva	00:25:33	00:49:03	00:48:54	1716		Senior	351
1549	6277	Marco Dias	00:25:40	00:49:03	00:48:13	1548	KPMG Runners	Senior	352
1550	1009	Carlos Rodrigues	00:24:25	00:49:04	00:48:57	1728		V35	281
1551	4565	Luis Inácio	00:26:14	00:49:04	00:47:06	1294		Senior	353
1552	5014	André Batista	00:26:14	00:49:04	00:47:07	1297		Senior	354
1553	4922	Vitor Santos	00:24:22	00:49:05	00:48:19	1583		V45	233
1554	1421	José Freitas	00:25:14	00:49:05	00:48:16	1566		V35	282
1555	4472	Filipe Caçoilas	00:23:59	00:49:05	00:48:42	1669		V35	283
1556	5445	Samuel Antunes	00:24:51	00:49:05	00:48:18	1581		Senior	355
1557	728	Maximiano Santos	00:24:35	00:49:06	00:48:49	1701		V50	125
1558	4292	Bruno Teodoro	00:24:16	00:49:06	00:48:55	1720	Os Infantes de Mafra	V40	315
1559	2962	António Matias	00:26:44	00:49:06	00:46:23	1138		V55	88
1560	2636	António Duarte	00:24:38	00:49:06	00:48:52	1710	LESMA ALOPRADAS	V55	89



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1561	1397	Nuno Gomes	00:23:59	00:49:06	00:48:52	1712		Senior	356
1562	1650	Antonio Correia	00:25:13	00:49:06	00:48:26	1618	Cruz Quebradense SIMECQ	V35	284
1563	3971	Pedro Carvalho	00:24:50	00:49:06	00:48:46	1687	Cad a Correr	Senior	357
1564	3771	Marcos André	00:25:12	00:49:06	00:48:52	1708		Senior	358
1565	6321	Pedro Ferreira	00:25:41	00:49:07	00:48:06	1517		V35	285
1566	4806	Pedro Fonseca	00:26:47	00:49:07	00:46:23	1139		Senior	359
1567	47	António Ramalho	00:25:02	00:49:07	00:48:23	1607		V50	126
1568	152	Paulo Domingues	00:24:52	00:49:07	00:48:57	1732		V40	316
1569	6774	Tiago Pinhel	00:26:24	00:49:08	00:48:04	1507		V35	286
1570	1583	Jorge Costa	00:25:14	00:49:08	00:48:33	1639		V45	234
1571	2614	Antonio Antunes	00:24:30	00:49:08	00:48:43	1676	Guepardos	V55	90
1572	224	António Carreto	00:24:46	00:49:08	00:48:24	1608		Senior	360
1573	7047	Valdir Centeio	00:27:36	00:49:09	00:48:22	1600	BONS DIAS	Junior	19
1574	6688	Renato Pereira	00:26:54	00:49:09	00:48:41	1665	BELÉM RUNNERS	Senior	361
1575	5107	João Pereira	00:24:40	00:49:09	00:48:24	1610	AC PORTALEGRE/UTSM	V50	127
1576	5001	Tiago Brandão	00:24:43	00:49:09	00:48:24	1609		Senior	362
1577	1031	Ricardo Gaspar	00:24:36	00:49:10	00:47:03	1288		Senior	363
1578	510	Fernando Oliveira	00:24:36	00:49:11	00:48:40	1663	Tartarugas Solidárias	V50	128
1579	525	Augusto Caria	00:24:14	00:49:11	00:49:02	1754		V60	37
1580	70	João Fernandes	00:25:24	00:49:11	00:48:20	1592	Correr Lisboa	V35	287



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1581	1760	Rodrigo Oliveira	00:24:37	00:49:11	00:48:55	1719		V40	317
1582	3387	José Rodrigues	00:26:56	00:49:12	00:46:54	1247		V45	235
1583	6112	Jorge Almeida	00:24:55	00:49:12	00:48:56	1723		Senior	364
1584	1509	Joaquim Ruivo	00:25:20	00:49:12	00:48:22	1605		V40	318
1585	2049	Rita Ferreira	00:24:31	00:49:12	00:48:45	1684	Todos Juntos	V45	20
1586	3094	Pedro Martins	00:24:49	00:49:13	00:49:06	1774	RB RUNNING	V40	319
1587	2881	Ricardo Pedro	00:26:10	00:49:13	00:47:15	1335	GRCD Leão	V35	288
1588	2444	José Sousa	00:24:55	00:49:13	00:49:07	1777	CLUBE DESPORTIVO DO ARNEIRO	V65	8
1589	1625	Paulo Soares	00:24:10	00:49:13	00:48:46	1691		V40	320
1590	4957	Jose Costa	00:24:39	00:49:13	00:49:00	1746		V70	3
1591	3088	Olga Martins	00:24:50	00:49:13	00:49:07	1780	RB RUNNING	V40	19
1592	607	João Fernandes	00:24:56	00:49:14	00:49:03	1760		V35	289
1593	6109	Luís Gaboleiro	00:24:39	00:49:14	00:48:54	1717		Senior	365
1594	2874	Mario Santos	00:28:10	00:49:14	00:45:54	1032	CCD PM CASCAIS	V45	236
1595	4980	Guilherme Marques	00:25:58	00:49:14	00:48:03	1500	JuniRacers	Senior	366
1596	1279	Júlio Ferreira	00:25:09	00:49:14	00:48:40	1662	CLUBE NOVO BANCO	V60	38
1597	4547	Vitor Gouveia	00:24:57	00:49:14	00:48:50	1704		Senior	367
1598	951	Maria Pinheiro	00:25:23	00:49:15	00:48:48	1697		V35	24
1599	3220	Helena Duarte	00:24:43	00:49:15	00:49:02	1753		V45	21
1600	3808	José Silva	00:26:56	00:49:15	00:46:56	1254		V45	237



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1601	1094	António Ferreira	00:26:03	00:49:15	00:47:57	1480	Clube Ferroviario de Portugal	V50	129
1602	725	Arlete Rego	00:24:41	00:49:15	00:48:59	1737		V35	25
1603	3562	Luis Martins	00:25:10	00:49:15	00:48:38	1656		V35	290
1604	6993	Fábio Alves	00:24:54	00:49:16	00:48:17	1570		Senior	368
1605	2431	Luis Quental	00:25:14	00:49:16	00:48:57	1725	SS CGD	V50	130
1606	3587	João Simões	00:23:56	00:49:16	00:48:42	1672		V50	131
1607	2092	Manuel Pereira	00:24:32	00:49:16	00:48:40	1661	GYM 2010	V55	91
1608	297	Rui Vieira	00:25:05	00:49:16	00:49:00	1738		V45	238
1609	2428	Jose Ferreira	00:25:02	00:49:17	00:48:56	1721	SS CGD	V60	39
1610	497	José Cavaco	00:25:05	00:49:17	00:49:01	1751		V55	92
1611	2419	Francisco Vieira	00:25:06	00:49:17	00:48:44	1680	SS CGD	V45	239
1612	5296	Rui Marques	00:25:33	00:49:17	00:47:26	1363		V35	291
1613	6566	Pedro Fonseca	00:23:42	00:49:17	00:49:00	1745		Senior	369
1614	3604	Bruno Garcia	00:27:25	00:49:18	00:45:44	992		V35	292
1615	2961	Ricardo Claro	00:25:14	00:49:18	00:48:47	1692		V35	293
1616	6936	Carlos Miranda	00:25:58	00:49:18	00:47:55	1475		V60	40
1617	7136	Daniel Tavares	00:25:56	00:49:18	00:48:05	1513		V35	294
1618	591	Rui Duarte	00:24:37	00:49:18	00:49:00	1744	Tartarugas Solidárias	V45	240
1619	2844	Humberto Correia	00:25:09	00:49:18	00:48:37	1652	NUCLEO DESPORTIVO AUTOCOOPE	V50	132
1620	1620	Susana Silva	00:24:46	00:49:18	00:49:00	1743		V40	20



CLASSIFICAÇÕES

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1621	1769	João Figueiredo	00:25:11	00:49:18	00:48:44	1679		V35	295
1622	335	Hugo Gonçalves	00:25:15	00:49:19	00:48:49	1702		Senior	370
1623	7137	Pedro Leal	00:25:56	00:49:19	00:48:05	1514		V35	296
1624	4881	Artur Pinto	00:24:51	00:49:19	00:48:27	1621	Alliance Healthcare	Junior	20
1625	4410	Samuel Salvador	00:25:37	00:49:20	00:48:15	1561	Run Buddy Run	V35	297
1626	4679	João Reis	00:24:18	00:49:20	00:49:12	1799		V50	133
1627	1060	José Rolão	00:25:14	00:49:20	00:48:57	1729		V60	41
1628	1732	Nuno Almeida	00:24:36	00:49:21	00:49:00	1741		Senior	371
1629	5967	Luis Dias	00:26:01	00:49:21	00:46:26	1152		Senior	372
1630	1940	Luís Frago	00:24:11	00:49:21	00:48:57	1727	CateringPor	V40	321
1631	72	João Jacinto	00:25:14	00:49:21	00:48:36	1649	Tartarugas Solidárias	V35	298
1632	1336	Nuno Oliveira	00:25:18	00:49:21	00:48:53	1714		V40	322
1633	6098	Goncalo Mateus	00:24:44	00:49:23	00:48:07	1522		Senior	373
1634	6038	Alexandre Silva	00:24:47	00:49:23	00:49:03	1756	Clube Vodafone	V40	323
1635	2445	Antonio Figueiredo	00:25:01	00:49:23	00:48:34	1646	Clube EDP Lisboa	V55	93
1636	3146	Hugo Dias	00:24:49	00:49:23	00:48:31	1630		V35	299
1637	2178	Rita Santos	00:25:10	00:49:23	00:48:47	1693		Senior	32
1638	1553	Jose Correia	00:24:31	00:49:23	00:49:15	1818		V55	94
1639	5742	Thelmo Cunha	00:25:51	00:49:23	00:48:39	1660	ODEBRECHT PORTUGAL	V55	95
1640	646	Sérgio Ramalho	00:25:28	00:49:23	00:48:49	1700		V35	300



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1641	3890	Jacqui Saffery	00:25:04	00:49:24	00:49:15	1820		V55	1
1642	6833	Vitor Gonçalves	00:25:57	00:49:24	00:47:54	1471	SGS Portugal	V45	241
1643	4726	Rafael Lopes	00:25:06	00:49:24	00:49:07	1778		Junior	21
1644	3613	Filipe Rodrigues	00:25:13	00:49:24	00:48:08	1531		V40	324
1645	965	Vitor Teixeira	00:24:27	00:49:24	00:49:18	1828		V45	242
1646	3679	Manuel Clemente	00:24:27	00:49:24	00:49:17	1826		V65	9
1647	5906	Hugo Agua	00:27:01	00:49:25	00:46:32	1172	COAC	Senior	374
1648	6091	Joao Ferreira	00:27:18	00:49:26	00:46:00	1053		V45	243
1649	4595	Luís Moura	00:24:34	00:49:26	00:48:58	1735	GD CelCat	V45	244
1650	2414	Antonio Negrinho	00:25:40	00:49:26	00:48:46	1688	SS CGD	V50	134
1651	1077	João Fatela	00:25:26	00:49:26	00:49:09	1785	CONTRAALTAFINANÇA	Junior	22
1652	6040	Rafael Roque	00:25:06	00:49:26	00:49:05	1768		V35	301
1653	5908	Hugo Agua	00:27:02	00:49:27	00:46:33	1174	COAC	Senior	375
1654	4491	Gonçalo Abreu	00:25:11	00:49:27	00:49:08	1781		V40	325
1655	6768	José Lindo	00:24:34	00:49:27	00:49:21	1848		V70	4
1656	6528	Maria Vaz	00:24:33	00:49:27	00:49:14	1808		V50	5
1657	814	Pedro Matos	00:24:53	00:49:27	00:48:45	1685		V55	96
1658	7009	Nuno Reis	00:27:32	00:49:28	00:46:09	1089		Senior	376
1659	5446	Ricardo Geraldès	00:27:02	00:49:28	00:47:00	1270		V35	302
1660	2555	Carlos Santos	00:24:33	00:49:28	00:49:13	1804	G. D. I. N. E.	V45	245



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1661	5112	Francisco Bando	00:25:14	00:49:28	00:48:58	1733		V65	10
1662	3315	Carlos Santos	00:25:14	00:49:28	00:48:43	1674	Santos & Filho	Senior	377
1663	505	Casimiro Silva	00:25:17	00:49:28	00:49:00	1747	GRCD LEIAO	V40	326
1664	3619	Demétrio Cardoso	00:25:11	00:49:28	00:49:10	1791		V45	246
1665	2355	Constantino Mendao	00:25:14	00:49:28	00:49:12	1801	CLUBE DE PRAÇAS DA ARMADA	V55	97
1666	1890	Guilherme Baron	00:24:55	00:49:29	00:49:03	1757		V35	303
1667	5030	Fernando Dias	00:24:49	00:49:29	00:48:57	1726	Mercedes	V50	135
1668	2718	Bruno Santos	00:24:24	00:49:30	00:48:55	1718		V40	327
1669	3479	Luis Souto	00:24:06	00:49:30	00:49:06	1772		V45	247
1670	5566	Pedro Fontes	00:25:29	00:49:31	00:48:53	1713		V50	136
1671	4171	Pedro Fernandes	00:26:30	00:49:31	00:47:56	1478	SOGMIP	V35	304
1672	1836	João Malato	00:25:01	00:49:31	00:49:14	1811		V45	248
1673	7193	Ekaterina Tonaceva	00:25:06	00:49:32	00:49:03	1758		Senior	33
1674	6632	Tiago Ferreira	00:25:28	00:49:32	00:49:11	1794	Opticalia Running Team	V35	305
1675	6854	Pedro Ferreira	00:27:03	00:49:32	00:45:52	1022		Senior	378
1676	5858	Filipe Ferreira	00:24:23	00:49:32	00:49:21	1847		V35	306
1677	3065	António Amaral	00:25:12	00:49:33	00:49:00	1742	CCD Crédito Agrícola Mútuo	V50	137
1678	2183	Isabel Pisco	00:25:20	00:49:33	00:49:22	1850		V45	22
1679	1249	Nuno Cerqueira	00:25:56	00:49:33	00:48:26	1619		V35	307
1680	3552	Pedro Vitorino	00:25:36	00:49:33	00:48:19	1587		V35	308



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1681	5322	João Telo	00:24:28	00:49:33	00:49:04	1766		V40	328
1682	240	Pedro Barata	00:25:01	00:49:34	00:49:05	1769	Team Francesinha	V35	309
1683	2735	Baudouin Coheur	00:24:57	00:49:34	00:49:15	1816	Tendinites	V45	249
1684	1684	Miguel Barradas	00:25:22	00:49:34	00:48:59	1736		Senior	379
1685	3075	Miguel Mendanha	00:24:35	00:49:35	00:49:28	1880	CCD Crédito Agrícola Mútuo	V35	310
1686	1630	Antonio Teixeira	00:24:32	00:49:35	00:48:57	1730		V35	311
1687	3155	Hélder Pires	00:25:08	00:49:35	00:49:03	1759		V35	312
1688	4146	Silvia Neiva	00:25:06	00:49:36	00:49:21	1844	SS CGD	V45	23
1689	5134	Clara Raimundo	00:24:55	00:49:36	00:49:21	1843	Clube Accenture	V35	26
1690	1850	Sofia Saldanha	00:24:13	00:49:36	00:49:15	1813		Senior	34
1691	1849	Pedro Santos	00:24:13	00:49:36	00:49:15	1817		Senior	380
1692	6580	Pedro Dias	00:26:59	00:49:36	00:47:19	1343		V35	313
1693	1792	Nuno Batista	00:24:23	00:49:36	00:49:13	1806		V40	329
1694	1536	Sandra Monteiro	00:24:51	00:49:36	00:49:21	1842		V40	21
1695	2043	Luis Soares	00:25:01	00:49:37	00:49:26	1870	FunBus - Barreiro	V40	330
1696	5700	Joaquim Carrilho	00:26:01	00:49:37	00:48:09	1536	SS CGD	V50	138
1697	2755	Rodrigo Sousa	00:25:17	00:49:37	00:49:02	1755	RunLovers	V35	314
1698	5336	Marta Colaço	00:24:36	00:49:37	00:49:23	1859	Clube de Atletismo da Nazaré	V40	22
1699	1537	Nuno Barreto	00:24:40	00:49:37	00:49:21	1841		V40	331
1700	4145	Sebastiao Barata	00:25:06	00:49:37	00:49:21	1849	SS CGD	V45	250



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1701	1461	Paulo Guedes	00:24:56	00:49:38	00:49:00	1748		V40	332
1702	7206	Célia Cecilio	00:24:47	00:49:38	00:49:23	1857		V40	23
1703	2792	Tam Afonso	00:25:04	00:49:38	00:49:24	1863	AÇOREANA	V60	42
1704	1780	José Carretas	00:24:47	00:49:38	00:49:23	1855		V50	139
1705	387	Luis Almeida	00:24:55	00:49:39	00:49:25	1865		V45	251
1706	6769	Telmo Pinto	00:24:51	00:49:39	00:49:24	1862		Senior	381
1707	1019	Jose Garrido	00:25:42	00:49:39	00:48:58	1734		V50	140
1708	2800	João Serra	00:25:18	00:49:39	00:49:14	1809	AÇOREANA	V40	333
1709	2795	Armando Parreira	00:25:18	00:49:40	00:49:13	1807	AÇOREANA	V45	252
1710	3855	Tiago Ferreira	00:25:18	00:49:40	00:49:14	1810		Senior	382
1711	425	Joaquim Carrufa	00:25:17	00:49:41	00:49:15	1821		V45	253
1712	2784	Ricardo Mendes	00:25:18	00:49:41	00:49:09	1789	Road Runners	V35	315
1713	5593	Nelson Santos	00:25:33	00:49:41	00:49:24	1861		Senior	383
1714	5263	David Sousa	00:25:02	00:49:42	00:48:57	1731	Ortobest Running Team	Senior	384
1715	147	Fernando Oliveira	00:25:19	00:49:42	00:49:05	1770		V45	254
1716	4579	Pedro Marques	00:25:10	00:49:43	00:49:12	1798		V40	334
1717	2551	Alberto Monteiro	00:25:26	00:49:43	00:49:26	1869	CORRIDAS E COMIDAS	V45	255
1718	1078	Francisco Fatela	00:25:11	00:49:44	00:49:26	1873	CONTRAALTAFINANÇA	Senior	385
1719	6078	Antonio Ferreira	00:24:19	00:49:44	00:49:34	1901		V45	256
1720	1293	Paulo Verissimo	00:25:47	00:49:44	00:48:07	1521	CLUBE NOVO BANCO	V45	257



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1721	4746	Ricardo Afonso	00:25:50	00:49:44	00:48:41	1667		V45	258
1722	2040	Joaquim Rijo	00:25:01	00:49:45	00:49:34	1899	FunBus - Barreiro	V35	316
1723	4752	António Trindade	00:25:50	00:49:45	00:48:42	1673		V40	335
1724	4817	Francisco Furão	00:24:20	00:49:45	00:49:33	1898	BRRnightRUNNERS	Senior	386
1725	3436	Paulo Silva	00:25:16	00:49:45	00:48:56	1722		V50	141
1726	1582	Alexandre Tam	00:25:41	00:49:45	00:49:16	1824		V35	317
1727	1160	Marcio Pereira	00:24:38	00:49:45	00:49:00	1740	Pontével a Mexer	Senior	387
1728	5881	Nuno Carvalho	00:25:52	00:49:46	00:49:25	1864		V45	259
1729	1972	Arlindo Rolo	00:26:31	00:49:46	00:48:18	1577		V45	260
1730	438	Ricardo Abreu	00:24:49	00:49:46	00:49:09	1786		V35	318
1731	1971	Manuel Dias	00:26:32	00:49:47	00:48:18	1578		V45	261
1732	5293	Nuno Brunheta	00:24:58	00:49:47	00:49:10	1792		V40	336
1733	5017	Sofia Santos	00:24:46	00:49:47	00:49:33	1896		Senior	35
1734	3622	Joao Moreira	00:25:44	00:49:47	00:49:12	1802		V40	337
1735	334	Carlos Lomba	00:25:06	00:49:47	00:49:20	1837		V50	142
1736	1300	Rui Gameiro	00:25:32	00:49:47	00:49:32	1893	CLUBE NOVO BANCO	V40	338
1737	3627	Henrique Ventura	00:24:55	00:49:47	00:49:22	1853		V35	319
1738	3257	Luís Figueiredo	00:25:53	00:49:48	00:49:35	1909		V50	143
1739	6178	Aristide Carneiro	00:25:03	00:49:48	00:49:18	1831	Galp runners	Senior	388
1740	879	Luis Marques	00:27:45	00:49:48	00:49:07	1776		V45	262



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1741	1571	João Martinho	00:24:44	00:49:48	00:49:16	1823		Senior	389
1742	739	Helder Silva	00:25:23	00:49:48	00:49:26	1871		V45	263
1743	2987	David Jerónimo	00:26:15	00:49:49	00:48:27	1622		Senior	390
1744	6115	Paulo Pires	00:26:04	00:49:49	00:48:01	1492		V45	264
1745	6132	Paulo Sousa	00:26:05	00:49:49	00:48:26	1614		V40	339
1746	1598	Liberto Santos	00:25:10	00:49:49	00:49:20	1839		V45	265
1747	1375	Ernesto Carvalho	00:25:18	00:49:49	00:49:22	1852		V55	98
1748	426	Monica Carrufa	00:25:17	00:49:49	00:49:24	1860		Senior	36
1749	6602	Pedro Gonçalves	00:25:14	00:49:50	00:49:08	1782		V40	340
1750	225	Abilio Campos	00:24:54	00:49:50	00:49:05	1771		V40	341
1751	5426	Rui Pratas	00:25:03	00:49:51	00:49:25	1868	Chelsicha Running	Senior	391
1752	5525	Diogo Gonçalves	00:25:14	00:49:51	00:49:09	1787		Senior	392
1753	398	António Ramos	00:25:17	00:49:51	00:49:18	1830		V60	43
1754	628	Pedro Morais	00:24:37	00:49:51	00:49:22	1851		V50	144
1755	4665	Pedro Nunes	00:24:32	00:49:51	00:49:03	1761	GFD Running	V40	342
1756	5333	Alexandre Isaac	00:25:31	00:49:51	00:49:15	1815	Clube de Atletismo da Nazaré	V35	320
1757	984	Fernando Lopo	00:25:19	00:49:52	00:49:17	1827		V60	44
1758	1928	Miguel Abraços	00:26:32	00:49:52	00:48:51	1705	EX FEDERADOS	V35	321
1759	6979	Ricardo Sequeira	00:27:43	00:49:52	00:46:33	1173	SS CGD	Senior	393
1760	3980	Ricardo Brito	00:25:19	00:49:52	00:49:11	1797	Referees Margem Sul	V35	322



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1761	49	Maria Gonçalves	00:25:14	00:49:52	00:49:25	1866		V45	24
1762	735	Nuno Cortês	00:24:46	00:49:53	00:49:28	1883		V35	323
1763	6089	Karolina Szerlag	00:25:30	00:49:54	00:49:11	1795		Senior	37
1764	2140	Marco Silva	00:25:05	00:49:54	00:49:07	1779		V40	343
1765	1210	André Barbosa	00:25:43	00:49:54	00:49:23	1856	ZêzereTrek	Senior	394
1766	1934	José Almada	00:26:03	00:49:54	00:49:21	1845	Running JAF	V40	344
1767	5133	Jorge Pires	00:25:41	00:49:54	00:49:30	1889	Clube Accenture	V35	324
1768	1701	José Marreiroscaixa	00:24:44	00:49:55	00:49:18	1832		V55	99
1769	7172	Alexandru Stoica	00:26:13	00:49:55	00:48:14	1554	Alhandra B	Junior	23
1770	3625	João Mendes	00:25:17	00:49:55	00:49:10	1790		V40	345
1771	578	Luciano Marques	00:24:40	00:49:56	00:49:47	1941		V55	100
1772	3221	Christiane Monteiro	00:25:15	00:49:56	00:49:42	1923		Senior	38
1773	2949	José Ramos	00:25:15	00:49:56	00:49:37	1913		V50	145
1774	489	Pedro Costa	00:26:02	00:49:56	00:48:27	1620		V35	325
1775	3235	Mario Alves	00:25:16	00:49:56	00:49:14	1812		V60	45
1776	200	Miguel Marques	00:25:37	00:49:57	00:49:42	1922		V55	101
1777	5485	Renato Baião	00:25:52	00:49:58	00:48:34	1645		Senior	395
1778	4809	Luis Tomás	00:26:04	00:49:58	00:47:35	1392		V35	326
1779	2074	João Bernardino	00:25:24	00:49:58	00:49:15	1814		V45	266
1780	731	Jose Martins	00:24:18	00:49:59	00:49:52	1955		V45	267



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1781	2677	Adérito Carrelhas	00:24:59	00:49:59	00:49:53	1959		V60	46
1782	5952	António Cruz	00:24:49	00:49:59	00:49:53	1963		V65	11
1783	6561	Marco Sol	00:24:52	00:49:59	00:49:49	1949	BRRnightRUNNERS	V40	346
1784	6912	Isabel Carvalho	00:27:43	00:49:59	00:46:35	1180		V35	27
1785	6212	Manuel Silva	00:24:26	00:49:59	00:49:26	1872	KPMG Runners	Senior	396
1786	362	Sofia Almeida	00:25:57	00:49:59	00:49:31	1891		Senior	39
1787	1276	João Ramos	00:25:12	00:49:59	00:49:25	1867	CLUBE NOVO BANCO	V40	347
1788	3026	Manuel António	00:25:18	00:49:59	00:49:11	1796	Rail Runners	V45	268
1789	310	Luís Mateus	00:24:50	00:49:59	00:49:27	1879	BP2SEA Runners	Senior	397
1790	3189	Francisco Oliveira	00:26:27	00:49:59	00:49:17	1825		Senior	398
1791	692	Carla Magina	00:25:09	00:50:00	00:49:53	1966		V35	28
1792	2872	Pedro Neves	00:27:21	00:50:01	00:48:21	1596	CLUBE NOVO BANCO	Senior	399
1793	5467	Catarina Costa	00:25:25	00:50:01	00:49:12	1800		Senior	40
1794	2936	Nelson Joao	00:24:59	00:50:01	00:49:47	1938		Senior	400
1795	1580	José Pinguinhas	00:27:11	00:50:02	00:47:25	1358		Senior	401
1796	6788	Fernando Torres	00:26:00	00:50:03	00:48:47	1694	garehotelrning	V50	146
1797	2418	Francisco Clerigo	00:25:04	00:50:03	00:49:46	1936	SS CGD	V60	47
1798	4141	Pedro Louro	00:25:01	00:50:03	00:49:30	1890	SS CGD	Senior	402
1799	6592	Pedro Pinguinha	00:27:59	00:50:05	00:46:49	1226		V40	348
1800	7130	Wai Chan	00:24:48	00:50:05	00:49:51	1953		V45	269



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1801	2323	Fernando Matias	00:26:08	00:50:05	00:49:49	1948	CLUBE COLABORADORES AGEAS	V60	48
1802	6181	Filipa Relvas	00:24:15	00:50:06	00:49:55	1974	NúcleOeiras	Senior	41
1803	3188	Fernando Azevedo	00:25:17	00:50:06	00:49:56	1979		V60	49
1804	376	David Charrinho	00:26:05	00:50:07	00:49:37	1912	Sporting Clube de Casainhos	Senior	403
1805	6434	5 Min/Km	00:25:16	00:50:07	00:49:50	1950		V40	349
1806	1085	Marçal Pacheco	00:24:56	00:50:07	00:49:23	1858	Ginásio Clube Português	V40	350
1807	2107	Gonçalo Pina	00:24:07	00:50:08	00:49:46	1934		Senior	404
1808	4676	Frederico Antunes	00:25:52	00:50:08	00:49:38	1914		V35	327
1809	2294	Hernâni Silva	00:26:10	00:50:09	00:49:26	1875	Farmácia Alto da Eira / AVS	V50	147
1810	3323	Jorge Conceição	00:26:38	00:50:11	00:49:08	1783	piccadillys	V45	270
1811	1840	Francisco Costa	00:25:43	00:50:11	00:49:34	1903		Senior	405
1812	1939	Silvério Rodrigues	00:28:19	00:50:12	00:46:55	1250	CateringPor	V45	271
1813	3078	Nuno Simões	00:24:38	00:50:12	00:49:37	1911	CCD Crédito Agrícola Mútuo	V35	328
1814	1516	Maria Lacerda	00:24:50	00:50:12	00:50:00	1994		V50	6
1815	2015	Miguel Santos	00:25:17	00:50:12	00:49:40	1918	Os Quebra-milhas	Senior	406
1816	5924	Luis Neves	00:25:27	00:50:13	00:49:54	1967	Tartarugas Solidarias	V45	272
1817	1708	João Coimbra	00:26:06	00:50:13	00:48:18	1573		V40	351
1818	2016	Sérgio Gonçalves	00:25:17	00:50:14	00:49:42	1925	Os Quebra-milhas	V35	329
1819	3185	Carlos Fernandes	00:25:39	00:50:15	00:49:18	1835		Senior	407
1820	1492	João Costa	00:26:19	00:50:15	00:48:45	1683	ADCR PJ	V45	273



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1821	4221	Ricardo Alves	00:25:58	00:50:16	00:48:56	1724	GDCTIN Casa da Moeda	V40	352
1822	6535	Maria Gama	00:26:10	00:50:17	00:49:09	1784		Senior	42
1823	1752	Armando Velho	00:25:28	00:50:17	00:49:36	1910		V50	148
1824	2775	José Alves	00:25:23	00:50:17	00:49:27	1877	piccadillys	V45	274
1825	33	Eduardo Reis	00:24:47	00:50:17	00:49:27	1878		V45	275
1826	3908	Paulo Silva	00:25:05	00:50:17	00:49:32	1894		V45	276
1827	3575	Antonio Mata	00:25:10	00:50:18	00:49:28	1881		V40	353
1828	2533	Rui Silva	00:26:58	00:50:18	00:48:01	1496		V45	277
1829	447	Tito Germano	00:26:25	00:50:18	00:48:38	1654		V35	330
1830	1436	Helder Escobar	00:27:36	00:50:19	00:49:44	1928		V35	331
1831	1908	Joao Alves	00:25:02	00:50:20	00:49:57	1981		V45	278
1832	2010	Telmo Lopes	00:27:06	00:50:20	00:48:52	1711		V40	354
1833	2886	Pedro Simplicio	00:24:52	00:50:20	00:49:55	1977	BRRnightRUNNERS	V45	279
1834	2149	Zeluis Domingos	00:26:27	00:50:20	00:49:29	1887		V50	149
1835	2430	Luis Gomes	00:25:17	00:50:20	00:49:54	1970	SS CGD	Senior	408
1836	5882	André Calado	00:28:01	00:50:21	00:47:47	1437		Senior	409
1837	4843	Nuno Alexandre	00:24:35	00:50:21	00:50:09	2012	TEJAVISTA	V35	332
1838	5108	Rodolfo Brito	00:26:27	00:50:21	00:48:22	1597		Senior	410
1839	6933	José Ribeiro	00:29:07	00:50:21	00:46:26	1147		Senior	411
1840	4680	João Rosário	00:27:07	00:50:22	00:47:26	1365		Senior	412



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1841	5625	Ricardo Santos	00:25:17	00:50:22	00:49:13	1805		V35	333
1842	5866	André Campino	00:28:01	00:50:22	00:47:49	1446		Senior	413
1843	3454	João Silva	00:25:24	00:50:22	00:50:11	2016		Senior	414
1844	5955	Pedro Antunes	00:25:40	00:50:23	00:49:35	1905		V40	355
1845	3116	João Romana	00:26:49	00:50:23	00:48:03	1502		Junior	24
1846	6296	Pedro Conceição	00:27:52	00:50:24	00:47:19	1344	TRI IT	V40	356
1847	3976	Conceicao Varela	00:26:01	00:50:24	00:50:04	2004	Correr Queluz	V40	24
1848	985	Luis Damião	00:25:29	00:50:24	00:49:59	1989		V45	280
1849	71	Sérgio Cardoso	00:25:59	00:50:25	00:49:34	1902	Correr Lisboa	V35	334
1850	444	Luís Matias	00:26:12	00:50:25	00:49:47	1944		V35	335
1851	7212	Rafael Silva	00:26:12	00:50:26	00:48:46	1686	Alhandra B	Senior	415
1852	6084	Luis Almeida	00:26:55	00:50:26	00:48:07	1528		V40	357
1853	7066	José Gomes	00:25:51	00:50:26	00:49:54	1972		V60	50
1854	445	Ricardo Agostinho	00:24:16	00:50:26	00:49:47	1939		Senior	416
1855	5660	Ricardo Palma	00:26:12	00:50:27	00:50:04	2005	Palminhas	V35	336
1856	1283	Manuel Manteigas	00:25:20	00:50:27	00:50:03	2000	CLUBE NOVO BANCO	V50	150
1857	7095	Leonore Bagot	00:27:00	00:50:28	00:48:51	1706		Senior	43
1858	6217	Tiago Santos	00:26:49	00:50:28	00:49:18	1834	KPMG Runners	Senior	417
1859	5914	Ricardo Gonçalves	00:25:23	00:50:29	00:49:40	1919		Senior	418
1860	281	Bruno Azambujo	00:24:45	00:50:29	00:50:21	2041		V45	281



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1861	1766	Paulo Gonçalves	00:25:08	00:50:30	00:50:18	2031		V40	358
1862	3977	Paulo Rodrigues	00:28:00	00:50:30	00:48:07	1526	Correr Queluz	V40	359
1863	939	Rui Neves	00:26:14	00:50:31	00:50:07	2011		Senior	419
1864	4658	Liliana Louro	00:25:40	00:50:31	00:49:52	1957	GFD Running	V40	25
1865	1520	Pedro Fonseca	00:25:44	00:50:32	00:49:57	1983		Senior	420
1866	5420	Diogo Valada	00:26:23	00:50:32	00:49:15	1819		Senior	421
1867	1215	Luis Romaneiro	00:25:26	00:50:32	00:50:15	2026	CORRIDAS E COMIDAS	V55	102
1868	6564	Pedro Trindade	00:26:47	00:50:33	00:50:04	2006		Senior	422
1869	5181	Luís Nogueira	00:25:19	00:50:33	00:49:54	1971		V40	360
1870	1609	Juliana Domingues	00:25:45	00:50:34	00:49:58	1985		Junior	3
1871	1515	Rui Pinto	00:25:25	00:50:34	00:50:23	2050		V60	51
1872	2845	Sergio Borges	00:26:24	00:50:35	00:49:53	1961	NUCLEO DESPORTIVO AUTOCOOPE	V40	361
1873	857	Bruno Nabais	00:25:43	00:50:35	00:50:24	2056	MONTEPIO - CASTELO BRANCO	V40	362
1874	4816	André Figueiredo	00:25:20	00:50:35	00:50:25	2059		V35	337
1875	3799	Mário Neves	00:26:07	00:50:36	00:48:40	1664		V40	363
1876	4531	Amílcar Figueiredoi	00:26:39	00:50:36	00:49:38	1917		V60	52
1877	1862	Raquel Alves	00:27:29	00:50:38	00:48:30	1627		Senior	44
1878	3781	Helder Romano	00:25:14	00:50:38	00:50:12	2018		V50	151
1879	5752	José Martins	00:25:02	00:50:38	00:50:23	2048	VdAtletas	V55	103
1880	6826	Wilson Fernandes	00:25:55	00:50:39	00:49:48	1945	GRUPO EXCURSIONISTA OS ECONÓMICOS	Senior	423



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1881	3677	João Romana	00:25:31	00:50:39	00:50:22	2047		V45	282
1882	3183	Tomás Silva	00:25:33	00:50:39	00:50:26	2067		Senior	424
1883	5531	Luis Tonicher	00:24:55	00:50:39	00:50:31	2072		V35	338
1884	6517	Pedro Pires	00:27:18	00:50:40	00:47:54	1472		V40	364
1885	5421	Luis Silva	00:27:45	00:50:40	00:48:43	1677		V35	339
1886	4769	Marco Reis	00:25:29	00:50:40	00:50:25	2063		V40	365
1887	701	Agostinho Marques	00:26:07	00:50:41	00:50:09	2013	Asas	V55	104
1888	5538	João Verissimo	00:25:46	00:50:41	00:50:21	2042	Alstom Portugal	V55	105
1889	4331	João Rocha	00:25:40	00:50:41	00:50:00	1992	GD SANTANDERTOTTA	V65	12
1890	3079	Rui Tomás	00:25:06	00:50:41	00:50:35	2084	CCD Crédito Agrícola Mútuo	V45	283
1891	4042	Pedro Gomes	00:25:52	00:50:41	00:49:50	1952	Carcassone	V35	340
1892	2816	Rui Dias	00:25:42	00:50:41	00:50:14	2023	Movet	V35	341
1893	3548	Ricardo Pimenta	00:25:52	00:50:41	00:50:01	1997		V40	366
1894	3906	António Gonçalves	00:26:22	00:50:41	00:50:09	2014		V40	367
1895	932	Frederico Almeida	00:24:41	00:50:42	00:50:18	2032		Senior	425
1896	3934	José Pereira	00:25:44	00:50:43	00:50:15	2024		V50	152
1897	1411	Hugo Bento	00:26:54	00:50:43	00:49:35	1906		V40	368
1898	6865	Filipe Macedo	00:26:06	00:50:43	00:48:43	1678		Senior	426
1899	5665	Tiago Gonçalo	00:24:20	00:50:43	00:50:32	2076		Senior	427
1900	1694	Paulo Soares	00:25:30	00:50:44	00:50:32	2077	CCD Siemens	V35	342



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1901	202	Rui Tomas	00:26:26	00:50:44	00:49:04	1765		V45	284
1902	1783	Samuel Santos	00:24:46	00:50:44	00:50:32	2075		Senior	428
1903	3291	Pedro Quina	00:25:13	00:50:45	00:50:15	2025	Lebres da Lapa	V50	153
1904	6529	Vasco Alpalhão	00:26:58	00:50:47	00:48:38	1657		V45	285
1905	6160	Jorge Almeida	00:28:04	00:50:47	00:49:30	1888		Senior	429
1906	6597	António Costa	00:27:45	00:50:48	00:48:53	1715		V35	343
1907	4047	Pablo Bessa	00:27:28	00:50:48	00:48:31	1629	Alliance Healthcare	V35	344
1908	6627	Pedro Cerdeira	00:24:52	00:50:48	00:50:25	2062	GFD Running	V45	286
1909	275	Nuno Lourenço	00:25:28	00:50:49	00:50:39	2107		V40	369
1910	6779	Marcos Pinto	00:26:33	00:50:49	00:48:22	1603		V35	345
1911	1042	Dinis Silva	00:25:44	00:50:49	00:50:38	2096		V50	154
1912	1002	Rui Dias	00:25:59	00:50:49	00:50:20	2037		V40	370
1913	1000	Iolanda Batista	00:25:58	00:50:49	00:50:20	2038		V40	26
1914	3327	Marco Soares	00:26:39	00:50:50	00:49:46	1933	piccadillys	V45	287
1915	6955	Hugo Santos	00:27:15	00:50:50	00:48:24	1611		V35	346
1916	4782	Nuno Charrua	00:26:23	00:50:50	00:50:24	2052		V35	347
1917	1147	Carlos Baptista	00:25:18	00:50:50	00:50:31	2073	Ginásio Clube Português	V45	288
1918	143	Mario Lino	00:25:29	00:50:50	00:50:29	2070		V50	155
1919	2810	Paulo Afonso	00:27:24	00:50:50	00:48:46	1689	Barriguitas	V40	371
1920	1480	Hugo Dias	00:25:02	00:50:50	00:50:13	2020		V35	348



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1921	2753	Sandro Pinto	00:26:52	00:50:51	00:49:58	1988	RunLovers	V40	372
1922	4527	Miguel Oliveira	00:25:40	00:50:52	00:50:12	2019		V50	156
1923	2808	Bruno Reis	00:27:24	00:50:52	00:48:48	1699	Barriguitas	V35	349
1924	4733	Tiago Franco	00:26:38	00:50:52	00:49:38	1916		Senior	430
1925	1594	Mária Santos	00:26:53	00:50:52	00:50:00	1993		Senior	45
1926	631	Jose Rodrigues	00:25:28	00:50:52	00:50:33	2079		V50	157
1927	1854	Frederico Ferreira	00:26:08	00:50:53	00:49:53	1965		V35	350
1928	995	César Ribeiro	00:26:51	00:50:53	00:49:55	1973		V40	373
1929	6690	Gonçalo Amorim	00:25:34	00:50:53	00:50:24	2055	Manvia Runners	V35	351
1930	2722	Paulo Esperança	00:24:55	00:50:53	00:50:36	2088		V40	374
1931	4029	Rui Soares	00:25:26	00:50:53	00:50:18	2030	SS CGD	V40	375
1932	371	Vanda Ferreira	00:25:30	00:50:53	00:50:43	2119	Sporting Clube de Casainhos	V40	27
1933	4765	José Duarte	00:26:54	00:50:54	00:48:22	1601	Clube Atlético São Brás	Senior	431
1934	4730	João Fernandes	00:26:27	00:50:54	00:49:43	1927		V40	376
1935	650	Bruno Letra	00:26:27	00:50:54	00:50:13	2022		Senior	432
1936	3545	Nuno Martins	00:26:58	00:50:54	00:50:03	2003		V40	377
1937	996	Fernando Mendes	00:26:51	00:50:55	00:49:56	1980		V55	106
1938	2326	João Monteiro	00:24:51	00:50:55	00:50:41	2114	CLUBE COLABORADORES AGEAS	Junior	25
1939	495	Mário Cardoso	00:25:16	00:50:55	00:50:35	2085		V35	352
1940	1290	Paulo Gonçalves	00:25:29	00:50:55	00:50:39	2105	CLUBE NOVO BANCO	V45	289



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1941	1521	Marina Paiva	00:25:45	00:50:55	00:50:21	2039		Senior	46
1942	3381	Jose Felizardo	00:26:56	00:50:55	00:49:00	1739	JRF	V55	107
1943	2041	José Barreira	00:27:02	00:50:55	00:50:32	2078	FunBus - Barreiro	V50	158
1944	90	Mario Cruz	00:25:26	00:50:55	00:50:46	2126		V45	290
1945	4032	Pedro Namora	00:25:32	00:50:56	00:50:20	2036	Run As We Speak	Senior	433
1946	4031	André Carvalho	00:25:32	00:50:56	00:50:20	2035	Run As We Speak	Senior	434
1947	6120	Luís Cagareu	00:25:34	00:50:56	00:49:57	1982		V35	353
1948	463	Daniel Ramos	00:26:44	00:50:56	00:50:03	1999	Tartarugas Solidárias	V35	354
1949	5917	Sérgio Coimbra	00:25:28	00:50:56	00:50:40	2112		V45	291
1950	4296	João Mendes	00:25:46	00:50:57	00:50:40	2110	Os Conta-Kilómetros	V40	378
1951	4081	Edite Silva	00:26:44	00:50:57	00:50:03	2001	GDCT Unice	V65	1
1952	1608	Luis Espada	00:25:19	00:50:57	00:50:39	2102		V50	159
1953	1263	Ana Monteiro	00:25:48	00:50:57	00:50:33	2080	CLUBE NOVO BANCO	V50	7
1954	3659	Nuno Fortes	00:25:58	00:50:57	00:50:23	2051		V40	379
1955	6145	Adolfo Resende	00:25:35	00:50:58	00:49:58	1986		V40	380
1956	6957	José Matos	00:28:44	00:50:58	00:47:55	1474		V40	381
1957	3797	Filipe Pereira	00:27:32	00:50:59	00:48:07	1525		Senior	435
1958	5258	Ruben Estrela	00:27:25	00:51:00	00:47:51	1449	FoxStar	Senior	436
1959	3765	José Batista	00:26:27	00:51:00	00:49:09	1788		V45	292
1960	2536	Hugo Cipriano	00:25:37	00:51:00	00:50:33	2082		V35	355



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1961	2550	Pedro Duarte	00:26:40	00:51:01	00:49:41	1920	Farmácia Santo António	Senior	437
1962	2233	Ana Mendes	00:25:26	00:51:02	00:50:55	2147	Carrasco & Amigos	V35	29
1963	2965	Rodolfo Neves	00:26:50	00:51:03	00:50:05	2007		V40	382
1964	6272	João Garrinhas	00:28:41	00:51:04	00:48:33	1641	KPMG Runners	Senior	438
1965	5779	Jorge Barata	00:27:46	00:51:04	00:48:07	1524	Escola Atletismo Cartaxo	V50	160
1966	3198	Tiago Figo	00:25:22	00:51:04	00:50:36	2086		Senior	439
1967	4767	Pedro Caseiro	00:26:30	00:51:05	00:48:34	1644	Clube Atlético São Brás	Senior	440
1968	568	Luis Pereira	00:24:52	00:51:06	00:50:56	2148		V55	108
1969	1484	Rui Antunes	00:25:30	00:51:06	00:50:24	2053		V45	293
1970	1410	Ricardo Rodrigues	00:25:52	00:51:06	00:50:37	2091		Senior	441
1971	6880	João Valadeiro	00:27:44	00:51:07	00:47:44	1422		Senior	442
1972	4569	Afonso Costa	00:25:41	00:51:07	00:50:36	2087		V50	161
1973	2409	Mário Mira	00:29:07	00:51:07	00:47:15	1332	V.A.?	Senior	443
1974	4517	Miguel Lourenco	00:26:40	00:51:08	00:50:35	2083		Senior	444
1975	4803	Paulo Costa	00:27:26	00:51:08	00:47:41	1413		V35	356
1976	3493	Pedro Silva	00:29:07	00:51:08	00:47:15	1331	V.A.?	Senior	445
1977	1924	David André	00:26:54	00:51:09	00:50:00	1991		V40	383
1978	5802	Acacio Trinta	00:26:57	00:51:09	00:49:04	1763		V40	384
1979	1409	António Malaquias	00:25:57	00:51:09	00:50:48	2129		V40	385
1980	5281	Bruno Loureiro	00:24:30	00:51:09	00:50:24	2054		V40	386



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1981	6546	Paulo Souto	00:26:25	00:51:09	00:49:57	1984		V50	162
1982	973	Carlos Quadros	00:25:27	00:51:09	00:50:43	2117		V45	294
1983	4602	Jose Martins	00:25:02	00:51:10	00:50:58	2158	TEJAVISTA	V40	387
1984	3702	Sérgio Galvão	00:25:46	00:51:10	00:50:50	2137		V40	388
1985	6096	João Calisto	00:27:25	00:51:10	00:47:54	1465		V55	109
1986	1174	Paulo Carvalho	00:25:20	00:51:10	00:50:40	2111	Quarentoes na Bisga	V45	295
1987	1412	David Simão	00:25:45	00:51:10	00:50:21	2045		V45	296
1988	5716	Hugo Magalhães	00:25:31	00:51:10	00:50:37	2093	Clube Vodafone	V40	389
1989	5782	Filipe Martins	00:24:55	00:51:11	00:50:56	2149	ITEN@Montepio	V35	357
1990	6239	Rui Machado	00:25:46	00:51:11	00:50:48	2128	KPMG Runners	V50	163
1991	5704	Luís Batista	00:25:41	00:51:11	00:50:23	2049	Corredores da Adega	V35	358
1992	5373	Verónica Inácio	00:27:24	00:51:11	00:49:34	1900		Senior	47
1993	6256	Telmo Oliveira	00:30:26	00:51:11	00:48:13	1549	KPMG Runners	Senior	446
1994	4719	Ricardo Tonel	00:26:03	00:51:11	00:50:57	2151		V35	359
1995	3107	Jorge Nunes	00:25:51	00:51:12	00:50:49	2134		V60	53
1996	3595	Luís Soares	00:27:38	00:51:12	00:49:18	1833		V35	360
1997	5466	Rodrigo Ferreira	00:26:28	00:51:12	00:50:28	2068		V40	390
1998	1294	Pedro Domingos	00:27:38	00:51:13	00:49:41	1921	CLUBE NOVO BANCO	V40	391
1999	4576	Luís Badalo	00:26:05	00:51:13	00:50:29	2069		V40	392
2000	4715	José Alves	00:25:25	00:51:13	00:51:00	2163		V50	164



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2001	2226	Vítor Revez	00:27:18	00:51:14	00:49:28	1884	Carrasco & Amigos	V55	110
2002	2446	Arlindo Parra	00:25:19	00:51:14	00:51:03	2178	Clube EDP Lisboa	V55	111
2003	4341	Quintino Vaz	00:27:33	00:51:15	00:49:10	1793	EVELX - Associação de Estilos de Vida Saudável	V50	165
2004	6547	Pedro Vilela	00:26:25	00:51:15	00:50:03	2002		V35	361
2005	4452	Daniel Oliveira	00:27:19	00:51:15	00:49:55	1976	Câmara Lisboa Clube	V60	54
2006	4870	Ricardo Conceição	00:25:18	00:51:15	00:50:58	2156	Lourdete Perfumarias	Senior	447
2007	1997	Cristina Cerda	00:26:14	00:51:15	00:51:01	2168		V40	28
2008	919	Raul Moita	00:25:52	00:51:16	00:50:44	2122		V60	55
2009	7032	David Nottidge	00:25:59	00:51:16	00:50:40	2113		V60	56
2010	6743	Miguel Lopes	00:25:39	00:51:16	00:49:52	1954		Senior	448
2011	2693	Sérgio Franclim	00:25:22	00:51:16	00:50:39	2106		V35	362
2012	6189	João Cruz	00:27:33	00:51:16	00:49:01	1750	ATeam	Senior	449
2013	3101	António Santinhos	00:25:05	00:51:16	00:50:55	2144	EVELX - Associação de Estilos de Vida Saudável	V45	297
2014	1285	Maria Carvalho	00:25:53	00:51:16	00:50:46	2127	CLUBE NOVO BANCO	Senior	48
2015	5540	João Santos	00:24:58	00:51:16	00:50:52	2141	Correr Lisboa	V35	363
2016	1046	Luís Gaspar	00:25:15	00:51:17	00:51:09	2198		V45	298
2017	1636	Bruno Berrincha	00:26:36	00:51:17	00:49:48	1946		Senior	450
2018	2759	José Gomes	00:24:52	00:51:17	00:51:08	2193		V40	393
2019	1349	José Pereira	00:25:55	00:51:18	00:49:56	1978		Senior	451
2020	3259	Paulo Santos	00:25:26	00:51:18	00:50:54	2143		V40	394



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2021	4933	Paulo Silvestre	00:26:18	00:51:19	00:50:26	2064	Rail Runners	V45	299
2022	1439	Pedro Rego	00:29:06	00:51:19	00:48:15	1559		V35	364
2023	968	Sérgio Rodrigues	00:25:57	00:51:19	00:50:45	2124		Senior	452
2024	1604	Luis Domingues	00:25:16	00:51:19	00:50:55	2146		V35	365
2025	866	Francisco Santos	00:25:46	00:51:20	00:51:00	2162		V50	166
2026	532	José Freire	00:25:46	00:51:20	00:50:59	2161		V60	57
2027	6125	David Almeida	00:25:01	00:51:20	00:51:03	2176		V45	300
2028	1927	Luis Cunha	00:26:34	00:51:20	00:50:19	2034	EX FEDERADOS	V50	167
2029	392	João Costa	00:25:28	00:51:21	00:51:04	2180		Senior	453
2030	4559	João Amêndoa	00:26:01	00:51:21	00:50:25	2060		V35	366
2031	4736	Micaela Simoes	00:26:04	00:51:21	00:50:39	2103		Senior	49
2032	5197	Pedro Cortes	00:27:14	00:51:22	00:51:08	2196		V40	395
2033	5505	Paulo Sá	00:24:56	00:51:22	00:51:04	2181		V40	396
2034	6224	José	00:26:01	00:51:22	00:49:47	1937	KPMG Runners	V40	397
2035	880	Rui Chaves	00:25:20	00:51:22	00:50:44	2121		Senior	454
2036	560	Tó Jerónimo	00:26:12	00:51:22	00:50:53	2142	Run Buddy Run	V35	367
2037	6827	André Almeida	00:28:01	00:51:23	00:49:01	1752	Correr Queluz	Senior	455
2038	7013	Paulo Morais	00:26:33	00:51:23	00:50:01	1996		V45	301
2039	3553	Jaison Fernandes	00:28:17	00:51:23	00:49:12	1803		V35	368
2040	298	Jorge Oliveira	00:27:12	00:51:23	00:50:00	1995		V50	168



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2041	4404	Tiago Oliveira	00:25:18	00:51:23	00:51:05	2185	Tetraseis	V40	398
2042	4460	Daniel Antunes	00:25:29	00:51:23	00:51:14	2216	Câmara Lisboa Clube	V50	169
2043	2068	Rafael Martins	00:25:38	00:51:23	00:51:06	2189	Nerds for speed	V35	369
2044	830	Jose Baixinho	00:26:11	00:51:23	00:51:10	2203		V55	112
2045	4200	Andriy Tkachenko	00:28:39	00:51:24	00:50:15	2027	Hiscox Lisbon Running Club	V40	399
2046	1175	Jorge Esteves	00:25:22	00:51:25	00:50:57	2152	Quarentoes na Bisga	V45	302
2047	4712	João Rosário	00:26:28	00:51:26	00:51:03	2175		V40	400
2048	4754	Alexandre Kortes	00:27:48	00:51:26	00:51:09	2197		V40	401
2049	6190	Paulo Missas	00:26:58	00:51:26	00:50:31	2074	Papa Milhas de AV	Senior	456
2050	6842	Sergio Goncalves	00:27:27	00:51:26	00:48:21	1595		Senior	457
2051	1359	Monika Hermanova	00:27:22	00:51:27	00:48:44	1681		Senior	50
2052	4592	Pedro Ribeiro	00:27:58	00:51:27	00:48:51	1707		V45	303
2053	5385	Rui Bragues	00:25:46	00:51:27	00:51:01	2171		Senior	458
2054	4267	Alfredo Sousa	00:27:39	00:51:27	00:49:19	1836	Flamingos Atletismo	V60	58
2055	208	Carlos Costa	00:25:42	00:51:29	00:51:04	2183		V50	170
2056	290	Joao Gaspar	00:25:48	00:51:29	00:51:22	2244		V50	171
2057	6892	Pedro Pinto	00:27:25	00:51:29	00:49:55	1975		Senior	459
2058	766	Luis Nunes	00:27:21	00:51:29	00:50:21	2040		V40	402
2059	3398	Euclides Cruz	00:26:17	00:51:29	00:50:13	2021	Tendinites	V35	370
2060	2197	Nuno Gaspar	00:28:41	00:51:29	00:47:39	1408		V35	371



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2061	5519	Bárbara Gonçalves	00:26:23	00:51:29	00:50:30	2071		Senior	51
2062	6949	Diana Pereira	00:27:16	00:51:30	00:51:01	2167		Senior	52
2063	3071	João Vieira	00:26:02	00:51:30	00:50:58	2159	CCD Crédito Agrícola Mútuo	V55	113
2064	2862	Gabriel Antonio	00:26:11	00:51:31	00:51:05	2186	u.r.d.arranhò	V50	172
2065	6630	Sérgio Galó	00:25:28	00:51:31	00:51:10	2201	Opticalia Running Team	V35	372
2066	7035	José Henriques	00:26:43	00:51:31	00:50:43	2118		V60	59
2067	3046	Nuno Seabra	00:27:07	00:51:31	00:49:58	1987	Clube TAP PORTUGAL	V40	403
2068	6924	Helder Martins	00:28:25	00:51:31	00:49:01	1749	Restaurante O Cartaxeiro Caneças	V45	304
2069	2806	Paulo Fernandes	00:26:34	00:51:31	00:50:57	2150	AÇOREANA	V45	305
2070	5757	César	00:25:51	00:51:32	00:51:17	2225	VdAtletas	V35	373
2071	1153	Diogo Oliveira	00:28:46	00:51:32	00:47:48	1443	Corrupio	V40	404
2072	953	José Murtinha	00:27:48	00:51:32	00:48:26	1615		V55	114
2073	513	Luís Fernandes	00:25:31	00:51:32	00:51:24	2248		V45	306
2074	1615	Messias Azevedo	00:27:07	00:51:33	00:49:35	1908		V45	307
2075	872	Tiago Vaz	00:29:14	00:51:33	00:48:38	1655		Senior	460
2076	5530	Hugo Gonçalves	00:25:58	00:51:33	00:51:22	2240		V35	374
2077	3073	Luísa Mourão	00:26:21	00:51:33	00:51:01	2169	CCD Crédito Agrícola Mútuo	V35	30
2078	4121	Celso Larginho	00:26:51	00:51:34	00:50:21	2043	RUN FORREST RUN	Senior	461
2079	4927	Bruno Marques	00:29:00	00:51:34	00:48:03	1506	Infosistema	V35	375
2080	6225	João Madeira	00:25:26	00:51:34	00:50:58	2157	KPMG Runners	V35	376



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2081	6882	Miguel Redmont	00:25:59	00:51:34	00:51:14	2215		V45	308
2082	1511	Luis Matos	00:25:33	00:51:35	00:51:23	2245		V55	115
2083	5819	Nuno Moreira	00:26:29	00:51:35	00:49:47	1943		V35	377
2084	2873	Antonio Tavares	00:28:02	00:51:35	00:48:18	1579	CCD PM CASCAIS	V50	173
2085	3228	Ioan Matei	00:25:18	00:51:36	00:51:30	2268		V55	116
2086	5890	António Bila	00:27:21	00:51:36	00:50:51	2138	COO	V60	60
2087	831	Judite Baixinho	00:26:16	00:51:37	00:51:22	2238		Senior	53
2088	6772	Nuno Oliveira	00:27:35	00:51:37	00:48:15	1560		V40	405
2089	1635	Anabela Carvalho	00:25:45	00:51:37	00:51:08	2194		V35	31
2090	2934	Gonçalo Alves	00:25:25	00:51:37	00:51:10	2199		V35	378
2091	6809	Jorge Pires	00:26:57	00:51:38	00:50:45	2123	CASA DO PESSOAL DA RTP	V45	309
2092	4929	Joaquim Mendes	00:26:01	00:51:38	00:49:54	1968	Infosistema	V40	406
2093	2761	Sandro Prates	00:25:18	00:51:38	00:50:52	2140		V35	379
2094	367	Hugo Colaço	00:25:48	00:51:38	00:51:17	2226		V35	380
2095	1996	Sandra Gonçalves	00:25:46	00:51:38	00:51:28	2262		Senior	54
2096	475	Luís Matias	00:25:43	00:51:39	00:51:24	2249		V60	61
2097	6886	Tiago Fonseca	00:27:43	00:51:40	00:48:50	1703		V40	407
2098	6595	Karol Komorowski	00:27:45	00:51:40	00:49:45	1932		Senior	462
2099	5140	Tomás Pipa	00:25:32	00:51:40	00:51:11	2205	Clube Accenture	Senior	463
2100	5307	Tulio Narciso	00:27:16	00:51:41	00:49:06	1773		V35	381



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2101	1954	Ricardo Santos	00:28:12	00:51:41	00:50:37	2092		Senior	464
2102	446	Rui Fernandes	00:28:07	00:51:41	00:48:31	1634		V45	310
2103	2513	Lurdes Olas	00:27:57	00:51:41	00:49:44	1930		V40	29
2104	2356	Manuel Baptista	00:26:17	00:51:41	00:51:14	2217	CLUBE DE PRAÇAS DA ARMADA	V65	13
2105	3668	Cristina Balau	00:26:01	00:51:41	00:51:29	2263		V40	30
2106	3514	Miguel Rodrigues	00:25:40	00:51:42	00:51:21	2237		V35	382
2107	3853	Bruno Ferreira	00:25:45	00:51:42	00:51:24	2246		Senior	465
2108	3477	Pedro Santos	00:26:09	00:51:43	00:51:16	2221		Senior	466
2109	5057	Armando Martins	00:27:57	00:51:43	00:49:45	1931		V50	174
2110	5580	Nuno Ferreira	00:26:33	00:51:43	00:50:05	2008		V40	408
2111	3258	Joaquim Palma	00:26:05	00:51:43	00:51:20	2232		V60	62
2112	6514	Tiago Saraiva	00:24:41	00:51:45	00:51:38	2296		Senior	467
2113	2362	João Palma	00:25:51	00:51:45	00:51:33	2281	Keep Running	Junior	26
2114	2363	Paulo Palma	00:25:51	00:51:45	00:51:33	2280	Keep Running	V45	311
2115	5926	Eduardo Lopes	00:26:21	00:51:46	00:51:10	2200		V45	312
2116	7148	Paulo Lacerda	00:26:11	00:51:46	00:50:46	2125		V45	313
2117	5507	Pedro Gabriel	00:27:05	00:51:46	00:49:53	1958		V35	383
2118	3308	Eduardo Ribeiro	00:27:16	00:51:46	00:51:24	2250	GDCT Unicre	V45	314
2119	3302	Paulo Duarte	00:27:16	00:51:46	00:51:24	2247	GDCT Unicre	V50	175
2120	7106	Pedro Soares	00:25:12	00:51:46	00:51:41	2310		V40	409



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2121	1922	Carlos Silva	00:26:40	00:51:46	00:50:49	2131		V40	410
2122	1371	Jorge Vieira	00:26:03	00:51:48	00:51:36	2292		V35	384
2123	2236	Sónia Rodrigues	00:25:45	00:51:49	00:51:34	2284	Carapaus de Corrida	V45	25
2124	5492	Rute Maneira	00:26:39	00:51:49	00:51:29	2264		Senior	55
2125	1387	Marco Constantino	00:27:25	00:51:49	00:48:16	1563		V35	385
2126	5762	Pedro Branco	00:25:12	00:51:50	00:51:42	2314	VdAtletas	V45	315
2127	1025	Domingos Pereira	00:26:32	00:51:50	00:51:26	2254		V60	63
2128	783	Diogo Esperança	00:26:46	00:51:50	00:51:01	2170	OS TRISTES FORAM CORRER	Senior	468
2129	4481	João Bandadas	00:29:17	00:51:50	00:49:18	1829	Os Ultra Copos	Junior	27
2130	3211	Luis Silva	00:26:29	00:51:50	00:51:16	2220		V45	316
2131	4256	Patricia Ferreira	00:26:55	00:51:50	00:50:37	2094	Correr Lisboa	Senior	56
2132	2051	Carla Resende	00:26:55	00:51:50	00:51:03	2179	Todos Juntos	V45	26
2133	4500	Bruno Lourenço	00:28:03	00:51:51	00:50:16	2029		V35	386
2134	5813	João Batista	00:27:48	00:51:51	00:51:10	2202		V55	117
2135	5800	Sonia Cruz	00:26:13	00:51:52	00:51:32	2275	Correr Soc Rec da Granja	V40	31
2136	2300	Ricardo Correia	00:25:34	00:51:52	00:51:38	2295	Gangue do bigode	Senior	469
2137	1655	Tiago Pinto	00:26:56	00:51:53	00:50:51	2139		Senior	470
2138	2549	Sergio Anastacio	00:26:36	00:51:53	00:50:15	2028	CORRIDAS E COMIDAS	V40	411
2139	1949	Alberto Sousa	00:27:54	00:51:53	00:51:17	2224		V45	317
2140	1223	Aureliano Luz	00:25:06	00:51:54	00:51:42	2317		V40	412



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2141	2743	Tomás Faria	00:27:33	00:51:54	00:50:01	1998	Estarolas	V35	387
2142	5480	Luis Pombo	00:26:32	00:51:54	00:51:41	2312		V40	413
2143	3970	Sara Tainha	00:27:11	00:51:54	00:50:40	2109	Correr Lisboa	Senior	57
2144	1871	João Branco	00:26:21	00:51:54	00:51:13	2211		Senior	471
2145	2523	Vitor Almeida	00:26:42	00:51:55	00:51:05	2184		V60	64
2146	5255	Antonio Soares	00:26:42	00:51:55	00:51:08	2195	Team Soares	V50	176
2147	1117	João Carvalho	00:28:44	00:51:55	00:48:03	1505	Run4IceCream	Senior	472
2148	1116	Nuno Saraiva	00:28:45	00:51:55	00:48:04	1510	Run4IceCream	Senior	473
2149	3648	José Carlos	00:28:46	00:51:55	00:49:07	1775		Senior	474
2150	5680	Filipe Morais	00:26:34	00:51:55	00:51:19	2229	Lx Run	V35	388
2151	6211	André Santos	00:26:15	00:51:55	00:51:46	2333	KPMG Runners	Senior	475
2152	153	Jose Freitas	00:26:26	00:51:55	00:51:20	2231		V55	118
2153	4939	Tiago Gamboa	00:28:11	00:51:56	00:48:14	1553	AA Mafra	V40	414
2154	5245	Galo Mesquita	00:26:06	00:51:56	00:51:22	2242	Rebenta Milhas	V45	318
2155	183	Nuno Fontes	00:26:07	00:51:56	00:51:28	2259		Senior	476
2156	5350	Nelson Tanganha	00:26:16	00:51:57	00:51:25	2252	Tinto Lovers	Senior	477
2157	5634	Nuno Oliveira	00:25:39	00:51:57	00:51:28	2260		V35	389
2158	1476	Fernando Correia	00:26:16	00:51:58	00:51:32	2278		V45	319
2159	7195	Tiago Neves	00:26:45	00:51:59	00:51:00	2165		V40	415
2160	7185	Luca Ranise	00:27:37	00:51:59	00:49:21	1846		V45	320



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2161	2941	José Ribeiro	00:26:49	00:52:00	00:50:37	2090		V50	177
2162	566	Maria Santiago	00:26:20	00:52:00	00:51:53	2357		V40	32
2163	5486	Bruno Dias	00:26:55	00:52:00	00:51:13	2210		V40	416
2164	1567	Miguel Vasconcelos	00:25:48	00:52:00	00:51:44	2331		V45	321
2165	5972	Joao Barata	00:25:46	00:52:00	00:51:53	2358		V55	119
2166	5620	Sandro Teixeira	00:29:21	00:52:01	00:49:16	1822		Senior	478
2167	5943	Tiago Gomes	00:28:15	00:52:01	00:48:43	1675		Senior	479
2168	4434	Pedro Teigas	00:27:11	00:52:01	00:51:16	2222	Tartarugas Solidárias	V40	417
2169	2597	Paulo Franco	00:26:04	00:52:01	00:51:38	2298	Tivoli Running team	V40	418
2170	3528	Isa Santo	00:26:49	00:52:01	00:51:48	2339		Senior	58
2171	5278	Bruno Dias	00:25:54	00:52:01	00:51:35	2287		V45	322
2172	3778	Mario Romao	00:26:48	00:52:02	00:51:44	2329		V40	419
2173	6960	Eduardo Gomes	00:26:53	00:52:03	00:50:50	2136		V35	390
2174	4773	Jorge Silva	00:25:32	00:52:03	00:51:52	2355		V45	323
2175	667	Goncalo Ventura	00:26:42	00:52:03	00:51:05	2187		Senior	480
2176	5324	Antonio Lima	00:26:30	00:52:04	00:51:58	2373		V50	178
2177	4239	Daniel Ouro	00:25:57	00:52:05	00:51:43	2323	A CORRER PELO MUNDO DAS BEBIDAS	V35	391
2178	5464	Rui Silva	00:29:14	00:52:06	00:49:20	1838		Senior	481
2179	4635	Álvaro Silva	00:28:18	00:52:06	00:49:04	1764	Ratazanas do mato	V35	392
2180	1744	Bruno Silva	00:26:48	00:52:06	00:51:43	2322		V35	393



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2181	6167	José Sousa	00:26:57	00:52:07	00:51:21	2235		Senior	482
2182	5045	Rui Brito	00:26:39	00:52:07	00:51:40	2305	Mercedes	V35	394
2183	1348	Ricardo Santos	00:26:16	00:52:08	00:51:49	2343		Senior	483
2184	4951	Jorge Ferraz	00:26:43	00:52:09	00:51:54	2360		V45	324
2185	677	Joao Duarte	00:25:29	00:52:09	00:51:54	2361		V60	65
2186	1902	Ricardo Viegas	00:27:23	00:52:10	00:50:59	2160		V35	395
2187	7054	Maria Eugénia	00:26:01	00:52:12	00:51:57	2368		V50	8
2188	168	Diogo Arraias	00:26:43	00:52:13	00:51:40	2304	Os Arraias	V60	66
2189	169	Sandra Arraias	00:26:43	00:52:13	00:51:39	2301	Os Arraias	V35	32
2190	395	José Ribeiro	00:26:26	00:52:13	00:51:59	2377		V50	179
2191	7111	Sérgio Areias	00:26:04	00:52:13	00:51:34	2285		V35	396
2192	3290	Rui Alves	00:25:15	00:52:13	00:51:42	2315	Lebres da Lapa	V40	420
2193	325	Sofia Abrantes	00:26:22	00:52:14	00:51:43	2324	Balhelhas	Senior	59
2194	7204	José Bonito	00:28:38	00:52:14	00:49:52	1956		V45	325
2195	6307	Rui Mota	00:27:50	00:52:15	00:49:50	1951		Senior	484
2196	312	Luís Carvalho	00:27:47	00:52:15	00:50:50	2135	RUN4BEER	V55	120
2197	5849	João Carvalho	00:25:35	00:52:16	00:52:04	2395	Gangue do bigode	Senior	485
2198	3615	Nuno Matos	00:29:05	00:52:17	00:49:38	1915		Senior	486
2199	1446	Luis Pardal	00:26:09	00:52:17	00:52:10	2426		V45	326
2200	2406	Marco Guedes	00:28:27	00:52:17	00:48:21	1594	V.A.?	Senior	487



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2201	5190	Maria Branco	00:26:36	00:52:17	00:50:55	2145		V45	27
2202	6619	Pedro Borges	00:28:10	00:52:17	00:49:46	1935	GandaLata Team	V40	421
2203	1930	Fernando Jeronimo	00:26:44	00:52:17	00:50:57	2154	EX FEDERADOS	V60	67
2204	6110	Mário Soares	00:28:54	00:52:18	00:47:23	1353		Senior	488
2205	4241	Madalena Andrade	00:26:11	00:52:19	00:51:39	2302	Porto 2016	V35	33
2206	4252	Pedro Amorim	00:26:04	00:52:19	00:51:35	2288	TOA	V35	397
2207	303	João Alberto	00:27:05	00:52:19	00:51:27	2258	Jobrinde - Montes Saloios	V45	327
2208	3193	Frederico Raposo	00:26:40	00:52:20	00:52:03	2392		Senior	489
2209	2762	Paulo Saraiva	00:27:24	00:52:20	00:50:41	2115		V60	68
2210	4240	André Cabral	00:26:10	00:52:20	00:51:41	2309	Porto 2016	V40	422
2211	6083	Marco Pacheco	00:25:48	00:52:20	00:52:02	2391		V35	398
2212	109	Hugo Ferreira	00:26:06	00:52:20	00:52:06	2403		V35	399
2213	6594	Bruno Barreiros	00:27:46	00:52:21	00:50:26	2065		V35	400
2214	4445	Tiago Salvado	00:27:02	00:52:21	00:51:31	2270	Movet	V35	401
2215	504	Nuno Santos	00:26:20	00:52:21	00:51:49	2342		V40	423
2216	127	Pedro Lourenço	00:25:51	00:52:21	00:52:00	2384		V35	402
2217	126	Fernando Martins	00:25:51	00:52:21	00:52:00	2382		V35	403
2218	3263	Pedro Pinto	00:28:51	00:52:22	00:49:22	1854		V65	14
2219	5722	Ana Mourato	00:28:18	00:52:22	00:49:04	1762		V40	33
2220	2315	João Monge	00:27:37	00:52:22	00:51:58	2369	Ginásio Clube Português	V40	424



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2221	1007	António Mendes	00:26:25	00:52:22	00:52:11	2430		V50	180
2222	3117	Augusto Ribeiro	00:26:11	00:52:23	00:52:14	2446		V45	328
2223	7017	Luis Salgueiro	00:25:43	00:52:23	00:51:30	2269		V35	404
2224	5306	Manuel Pina	00:26:32	00:52:23	00:51:35	2289		V60	69
2225	5419	Luís Dias	00:27:04	00:52:23	00:51:00	2164		V35	405
2226	5002	Teresa Rodrigues	00:26:53	00:52:23	00:51:44	2328		V40	34
2227	3130	Alfredo Notário	00:26:11	00:52:24	00:52:10	2428		V45	329
2228	361	António Jubilado	00:27:13	00:52:24	00:52:08	2418		V55	121
2229	6149	Ricardo Gomesteixeira	00:25:04	00:52:24	00:52:07	2407		Senior	490
2230	2727	Antonio Santos	00:25:03	00:52:24	00:52:07	2411		V35	406
2231	5409	Joaquim Fernandes	00:27:04	00:52:24	00:51:14	2214		V65	15
2232	850	Nuno Maia	00:29:05	00:52:24	00:49:44	1929	Team Pernetas	V40	425
2233	3389	Nuno Martins	00:26:39	00:52:24	00:52:07	2410		Senior	491
2234	4144	Rui Oliveira	00:26:20	00:52:24	00:51:45	2332	SS CGD	V40	426
2235	3394	Pedro Batista	00:25:27	00:52:24	00:52:01	2390		V35	407
2236	2750	Cristina Caldeira	00:26:09	00:52:25	00:52:05	2400	RunLovers	V45	28
2237	1978	Mario Pires	00:26:17	00:52:25	00:52:09	2419		V50	181
2238	2222	Manuel Rijo	00:27:16	00:52:25	00:51:27	2255	S&M	V60	70
2239	30	Carlos Ribeiro	00:26:34	00:52:25	00:51:42	2316		V55	122
2240	3267	Tiago Vieira	00:27:37	00:52:25	00:51:48	2340		Senior	492



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2241	2179	João Luis	00:25:48	00:52:25	00:51:52	2354		V45	330
2242	3566	Emanuel Santos	00:26:01	00:52:26	00:52:09	2421		V65	16
2243	115	Marco Macedo	00:26:21	00:52:26	00:51:54	2363		V35	408
2244	4887	Gustavo Silva	00:27:03	00:52:26	00:51:34	2282	Alliance Healthcare	V40	427
2245	3254	José Castro	00:27:43	00:52:26	00:51:55	2366	The Running Dead	V35	409
2246	4306	Rui Sarroeira	00:27:19	00:52:27	00:52:13	2438	G.D. SantanderTotta	V45	331
2247	3139	Bruno Nogueira	00:27:37	00:52:27	00:51:50	2347		V40	428
2248	517	Tiago Silva	00:28:08	00:52:28	00:49:04	1767		Senior	493
2249	389	Orlando China	00:26:13	00:52:28	00:52:22	2469		V65	17
2250	3292	Mário	00:26:58	00:52:28	00:51:54	2362	Lebres da Lapa	V35	410
2251	4314	Carlos Henrique	00:28:25	00:52:29	00:50:33	2081	GD SANTANDERTOTTA	V45	332
2252	2246	Pedro Lopes	00:26:12	00:52:29	00:52:05	2399		V40	429
2253	390	João Antunes	00:26:49	00:52:29	00:51:44	2330		V60	71
2254	1242	Luís Martinho	00:27:00	00:52:30	00:52:07	2409		Senior	494
2255	1428	Nuno Menezes	00:26:42	00:52:30	00:51:55	2365		V40	430
2256	6858	Luis Dias	00:25:30	00:52:30	00:52:20	2463		V50	182
2257	2963	Pedro Carvalho	00:26:35	00:52:30	00:51:54	2364		V45	333
2258	5921	José Cardoso	00:29:11	00:52:31	00:48:33	1643	Montepia-mos	Senior	495
2259	5663	Manuel Rego	00:25:48	00:52:31	00:51:28	2261		V45	334
2260	4257	Joao Saraiva	00:27:17	00:52:32	00:49:53	1964		V45	335



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2261	3007	Marco Carvalho	00:27:31	00:52:32	00:49:54	1969		V35	411
2262	4651	Antonio Santinho	00:26:58	00:52:32	00:51:53	2359	GFD Running	V45	336
2263	3719	Francisco Gonçalves	00:25:30	00:52:33	00:52:26	2481		V55	123
2264	961	Luis Amaro	00:26:25	00:52:33	00:52:22	2468		V40	431
2265	1324	Victor Pereira	00:26:55	00:52:34	00:51:41	2313		V40	432
2266	5334	Wilson Petisca	00:28:21	00:52:35	00:49:53	1962	Clube de Atletismo da Nazaré	Senior	496
2267	1394	Jorge Modesto	00:27:10	00:52:35	00:51:43	2319		V40	433
2268	2883	Gloria Garcia	00:26:30	00:52:35	00:52:14	2447	ECI Running Team	V40	35
2269	4549	Rodrigo Gomes	00:26:06	00:52:35	00:52:10	2425		Senior	497
2270	223	João Sequeira	00:25:14	00:52:36	00:52:26	2478		V40	434
2271	7031	Carlos Silva	00:27:27	00:52:36	00:51:17	2227		V40	435
2272	3777	Carlos Moraes	00:26:06	00:52:36	00:52:06	2405		V35	412
2273	3769	Diogo Correia	00:28:02	00:52:36	00:49:42	1924		Senior	498
2274	1362	Nuno Nunes	00:28:37	00:52:36	00:49:32	1895		V40	436
2275	5834	Jose Peixoto	00:27:23	00:52:36	00:52:08	2413		V55	124
2276	4744	Acácio Barata	00:26:16	00:52:36	00:52:06	2404		V40	437
2277	2539	Sónia Capitão-Mor	00:26:10	00:52:36	00:52:28	2488		V35	34
2278	2686	António Capela	00:25:53	00:52:38	00:52:26	2482		V50	183
2279	3790	Virgínia Pereira	00:27:24	00:52:38	00:51:02	2172		V50	9
2280	6618	Anabela Pereira	00:28:59	00:52:38	00:48:46	1690	ESTEVES E LEITÃO LDA	V40	36



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2281	498	César Pereira	00:29:04	00:52:39	00:47:47	1438		Senior	499
2282	2569	Joao Miguel	00:27:09	00:52:39	00:51:43	2320	Tangas Clube	V75	1
2283	1482	Peter Lavado	00:27:41	00:52:40	00:51:07	2191		V40	438
2284	1341	João Sêbo	00:28:06	00:52:40	00:49:47	1940		Senior	500
2285	1485	Euclides Soares	00:26:34	00:52:40	00:52:01	2385		Senior	501
2286	1110	Rui Simões	00:26:42	00:52:40	00:52:33	2509	as lesmas	V45	337
2287	7159	Natalino Lopes	00:26:02	00:52:41	00:52:33	2510	COO	V55	125
2288	4330	Lino Oliveira	00:26:48	00:52:41	00:51:59	2375	GD SANTANDERTOTTA	V70	5
2289	118	Henrique Ruivo	00:29:23	00:52:41	00:49:47	1942		V55	126
2290	6871	Hugo Castro	00:28:15	00:52:41	00:49:34	1904		Senior	502
2291	3262	Carlos Neves	00:28:05	00:52:42	00:49:43	1926		V35	413
2292	3927	Ricardo Granja	00:27:55	00:52:42	00:51:15	2219		V45	338
2293	6018	Marlene Carriço	00:27:58	00:52:42	00:49:26	1874		Senior	60
2294	2596	Susana Martins	00:27:22	00:52:42	00:52:09	2420	Number 1 Click	V35	35
2295	6475	Graciete Alves	00:27:11	00:52:42	00:52:30	2497		V65	2
2296	5216	Humberto Castanheira	00:28:43	00:52:43	00:49:20	1840		V50	184
2297	6288	Raul Girão	00:26:32	00:52:44	00:52:34	2514	Cruz Quebradense SIMECQ	V55	127
2298	5196	José Serafim	00:26:38	00:52:44	00:52:00	2378		V60	72
2299	3772	Joao Oliveira	00:27:03	00:52:44	00:51:21	2234		V60	73
2300	6899	Fernando Pires	00:29:28	00:52:44	00:48:52	1709		V45	339



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2301	7180	Jose Cortes	00:27:06	00:52:45	00:52:08	2415		V45	340
2302	6849	Thomas Stark	00:27:23	00:52:45	00:51:31	2273		V35	414
2303	6843	Jose Silva	00:27:23	00:52:45	00:51:31	2271		V35	415
2304	3599	Nuno Silva	00:26:57	00:52:45	00:52:37	2525		V40	439
2305	4895	Elisa Piteira	00:26:36	00:52:46	00:52:18	2456	Couple Runners	V50	10
2306	5349	Pedro Malheiro	00:26:18	00:52:46	00:52:15	2450	Tinto Lovers	V35	416
2307	645	Alvaro Gomes	00:27:46	00:52:46	00:51:00	2166		V40	440
2308	7169	Joelma Silva	00:26:22	00:52:46	00:52:12	2437		Senior	61
2309	1149	Margarida Gama	00:26:51	00:52:47	00:52:15	2449		Senior	62
2310	4055	Luis Martins	00:28:09	00:52:47	00:51:37	2294	Alliance Healthcare	V35	417
2311	6729	Tito Nascimento	00:28:15	00:52:47	00:49:49	1947		V35	418
2312	2571	Jose Vermelhudo	00:26:02	00:52:47	00:52:38	2529	NAV Runners	V55	128
2313	3266	Joaquim Damas	00:27:44	00:52:48	00:51:14	2213		V60	74
2314	5724	Beatriz Padilla	00:27:04	00:52:48	00:51:58	2372		V50	11
2315	2229	Ana Coutinho	00:26:17	00:52:49	00:52:19	2459	Carrasco & Amigos	Senior	63
2316	6783	Armando Tavares	00:27:45	00:52:49	00:51:35	2291	CLUBE DESPORTIVO ESTRELA	V65	18
2317	6118	Paulo Padrão	00:26:22	00:52:49	00:52:30	2499		V45	341
2318	5739	Gerry Sanitz	00:26:46	00:52:49	00:52:03	2393	ODEBRECHT PORTUGAL	V50	185
2319	3301	Vasco Justino	00:27:51	00:52:50	00:51:46	2335	Lebres da Lapa	V35	419
2320	5093	Abel Costa	00:26:15	00:52:50	00:52:27	2485	g.d.chelas	V55	129



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2321	2516	Leonel Brandão	00:26:46	00:52:50	00:52:19	2458		V45	342
2322	1256	Ricardo Leitão	00:26:00	00:52:50	00:52:42	2552		V40	441
2323	69	Antonio Pombinho	00:25:41	00:52:51	00:52:41	2546		V55	130
2324	3960	Carlos Garcia	00:25:56	00:52:51	00:52:38	2532	Os Galgos	V40	442
2325	4901	João Fonseca	00:29:43	00:52:51	00:50:06	2010		Senior	503
2326	2825	Luiz Rosa	00:26:41	00:52:51	00:52:33	2508	Clube Atletismo Amigos de Belém	V60	75
2327	2477	Margarida Coelho	00:26:19	00:52:51	00:52:43	2559	Farmácia Alto da Eira / AVS	V50	12
2328	304	Catarina Moreira	00:26:54	00:52:51	00:52:06	2402	Tartarugas Solidárias	Senior	64
2329	2289	Leonel Neves	00:26:51	00:52:51	00:52:19	2460	Farmácia Alto da Eira / AVS	V60	76
2330	2292	José Moga	00:26:51	00:52:52	00:52:20	2465	Farmácia Alto da Eira / AVS	V55	131
2331	418	Carolina Garcia	00:27:12	00:52:52	00:52:25	2475		Senior	65
2332	1574	Nelson Jorge	00:25:48	00:52:52	00:52:23	2471	Arquirunners	V40	443
2333	5763	Pedro Correia	00:28:41	00:52:52	00:51:06	2190	VdAtletas	V45	343
2334	4124	Álvaro Furtado	00:27:39	00:52:52	00:52:31	2500	SS CGD	V55	132
2335	2599	Edi Pires	00:26:05	00:52:53	00:52:30	2496	Tivoli Running team	V45	344
2336	4135	Luis	00:26:32	00:52:53	00:52:13	2439	SS CGD	V45	345
2337	5668	Pedro Figueira	00:28:01	00:52:53	00:51:22	2241		V40	444
2338	4627	Jose Correia	00:26:46	00:52:53	00:52:14	2444	atlético de via rara	V55	133
2339	3546	Jorge Mafalda	00:25:15	00:52:53	00:52:07	2406		V50	186
2340	752	António Costa	00:26:36	00:52:53	00:52:46	2567		V70	6



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2341	5925	Sergio Teixeira	00:26:09	00:52:55	00:52:13	2441		Senior	504
2342	1933	José Fernandes	00:26:17	00:52:55	00:52:21	2466	Running JAF	Senior	505
2343	6200	Antonio Alves	00:26:18	00:52:56	00:52:35	2517	MARRIOTT LISBOA	V50	187
2344	6092	Vincenzo Scarlato	00:27:32	00:52:56	00:52:01	2386		V45	346
2345	1568	Luís Cruz	00:26:49	00:52:56	00:52:32	2507		V35	420
2346	1122	Virgínia Fonseca	00:26:29	00:52:56	00:52:39	2539	CORRIDAS E COMIDAS	V40	37
2347	974	Paulo Costa	00:27:14	00:52:56	00:52:40	2543		Senior	506
2348	4862	João Dias	00:28:01	00:52:57	00:51:31	2274	Team Envy	Senior	507
2349	4861	Bruna Vasconcelos	00:28:02	00:52:57	00:51:32	2276	Team Envy	Senior	66
2350	2002	Sérgio Rodrigues	00:25:27	00:52:57	00:52:50	2582		V40	445
2351	5533	Artur Peña	00:25:36	00:52:58	00:52:25	2476		V40	446
2352	6968	Susana Evangelista	00:26:32	00:52:58	00:52:31	2501		V40	38
2353	5808	Pedro Reis	00:27:11	00:52:58	00:51:47	2337		Junior	28
2354	5326	Carlos Magalhães	00:28:22	00:52:58	00:49:33	1897		Senior	508
2355	5963	Nelson Calvinho	00:27:41	00:52:58	00:52:37	2523	Ginásio Clube Português	V40	447
2356	1575	Carlos Marques	00:25:50	00:52:58	00:52:49	2577		V55	134
2357	2813	Fernando Andrade	00:25:50	00:52:59	00:52:50	2580	LINDA-A-PASTORA SPORTING CLUBE	V65	19
2358	6111	Patrick Cunha	00:26:48	00:52:59	00:52:29	2495		Senior	509
2359	4640	Rui Soveral	00:29:20	00:53:00	00:49:26	1876	Fanfarrões Team	V40	448
2360	813	Pedro Antunes	00:27:04	00:53:00	00:52:01	2389		V45	347



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2361	693	David Silva	00:27:29	00:53:00	00:51:50	2348		V40	449
2362	2703	Hugo Oliveira	00:27:29	00:53:00	00:51:50	2350		V35	421
2363	1944	Francisco Ribeiro	00:27:19	00:53:00	00:52:25	2474	A BATINA	Junior	29
2364	2131	Filipa Gama	00:27:13	00:53:00	00:52:50	2583		V40	39
2365	697	Isac Dinis	00:27:32	00:53:00	00:52:28	2487	Asas	V65	20
2366	4243	Avelino Alves	00:28:16	00:53:01	00:50:09	2015	Agrioste.com	V35	422
2367	2296	José Pereira	00:28:08	00:53:01	00:52:34	2515	Farmácia Alto da Eira / AVS	V65	21
2368	1795	Jose Moreno	00:26:56	00:53:01	00:52:50	2581		V45	348
2369	5226	Tiago Abreu	00:27:28	00:53:01	00:50:24	2057	PowerBoost Club	Senior	510
2370	1054	Vitor Teixeira	00:27:06	00:53:01	00:52:17	2453		V50	188
2371	6736	Paula Machado	00:27:24	00:53:01	00:52:09	2423		V60	1
2372	676	Luis Vicente	00:26:41	00:53:01	00:52:46	2565		V55	135
2373	3280	Isabel Santos	00:26:45	00:53:01	00:52:40	2544	SANTOS & SILVA	V55	2
2374	624	Joana Pereira	00:26:45	00:53:01	00:52:39	2538		Senior	67
2375	2545	Catarina Varges	00:26:54	00:53:02	00:52:44	2561		V40	40
2376	762	João Fonseca	00:26:39	00:53:02	00:52:36	2520		Senior	511
2377	1572	Marta Costa	00:28:31	00:53:02	00:50:49	2133		Senior	68
2378	1437	João Melo	00:26:10	00:53:02	00:52:37	2527		V40	450
2379	4402	Hugo Pereira	00:27:25	00:53:03	00:51:47	2338	Tetraseis	V35	423
2380	4642	João Marques	00:29:20	00:53:03	00:49:29	1886	Fanfarrões Team	V35	424



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2381	472	Artur Correia	00:29:24	00:53:03	00:50:26	2066	Foz365	V40	451
2382	6584	Hugo Gaspar	00:28:12	00:53:04	00:50:37	2095		V35	425
2383	6930	Edgar Mateus	00:26:42	00:53:04	00:52:21	2467		Senior	512
2384	1275	João Eduardo	00:27:19	00:53:04	00:52:12	2434	CLUBE NOVO BANCO	V50	189
2385	3446	Pedro Martins	00:26:30	00:53:04	00:52:40	2540		V35	426
2386	2305	Nelson Barreiros	00:26:23	00:53:05	00:52:53	2595	Cofina Runners	V45	349
2387	5143	António Quintas	00:27:15	00:53:05	00:51:53	2356	Clube Accenture	V45	350
2388	6992	Angelo Gaspar	00:29:56	00:53:06	00:50:06	2009		Senior	69
2389	2163	Tiago Lopes	00:27:20	00:53:06	00:52:25	2473		Senior	513
2390	2162	Inês Simão	00:27:20	00:53:06	00:52:26	2477		Senior	70
2391	6010	Marta Andrade	00:25:58	00:53:06	00:52:15	2448		V35	36
2392	963	Ana Paulino	00:25:49	00:53:06	00:52:39	2533		Senior	71
2393	1288	Nuno Ferreira	00:26:23	00:53:07	00:52:41	2548	CLUBE NOVO BANCO	Senior	514
2394	2170	Pedro Duarte	00:27:22	00:53:07	00:52:12	2435		V40	452
2395	2609	João Ferreira	00:26:44	00:53:07	00:52:39	2537	GINjinha Runners	V40	453
2396	3868	Juan Silva	00:25:40	00:53:08	00:53:01	2626		V35	427
2397	2839	Jose Dias	00:25:59	00:53:09	00:53:01	2629	NUCLEO DESPORTIVO AUTOCOOPE	V55	136
2398	723	Alvaro Vieira	00:26:37	00:53:09	00:51:29	2265	Sanofi	V50	190
2399	1184	Gilberto Gonçalves	00:27:03	00:53:09	00:52:37	2528	Clube Atletismo Amigos de Belém	V65	22
2400	893	Miguel Gama	00:26:45	00:53:10	00:53:01	2625		V45	351



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2401	3120	Paulo Fernandes	00:26:01	00:53:10	00:52:58	2613		V40	454
2402	3631	Julio Alvardia	00:28:27	00:53:11	00:51:35	2286		V35	428
2403	7158	Marta Lopes	00:26:02	00:53:11	00:53:03	2633	COO	V50	13
2404	2250	Helena Moreira	00:27:19	00:53:11	00:52:52	2593		V40	41
2405	796	Filomena Aguiã	00:26:46	00:53:12	00:52:59	2615	LESMA ALOPRADAS	V55	3
2406	381	Amadiz Sasbino	00:28:49	00:53:12	00:50:12	2017	Azeitão Running	V40	455
2407	6703	João Correia	00:28:06	00:53:12	00:50:25	2061		Senior	515
2408	5669	Fernando Dinis	00:27:05	00:53:12	00:51:41	2311		Senior	516
2409	703	Fernando Pestana	00:26:15	00:53:12	00:53:07	2651	GRCD Leão	V65	23
2410	3800	Vera Almeida	00:26:50	00:53:12	00:53:04	2634		V35	37
2411	4532	Paulo Cardoso	00:27:35	00:53:13	00:52:39	2534		V50	191
2412	4442	Antonio Costa	00:29:33	00:53:13	00:49:29	1885	HR Airlines	V40	456
2413	1941	António Amaral	00:26:03	00:53:13	00:52:52	2588	CateringPor	V50	192
2414	3982	Nuno Brás	00:30:02	00:53:13	00:49:28	1882	Referees Margem Sul	Senior	517
2415	2678	Fernando Carrilho	00:25:56	00:53:14	00:53:07	2646		V55	137
2416	6086	Luís Valente	00:26:19	00:53:15	00:52:31	2503		V45	352
2417	6578	Andrea Passeira	00:26:48	00:53:15	00:52:52	2591		V35	38
2418	5886	José Cabaceira	00:25:59	00:53:15	00:52:57	2608	Cabaceira Sports & Run	V55	138
2419	1193	Nuno Oliveira	00:24:36	00:53:15	00:52:37	2524	Santos & Oliveira Lda	V35	429
2420	2667	Sergio Carrola	00:26:02	00:53:15	00:53:07	2648		V35	430



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2421	2156	Joel Flores	00:28:00	00:53:16	00:51:17	2223		V35	431
2422	5469	Diogo Matos	00:27:01	00:53:16	00:51:59	2374		Senior	518
2423	4485	Filipe Paixão	00:25:57	00:53:16	00:52:58	2612	active people	V40	457
2424	3979	Pedro Tomé	00:30:02	00:53:17	00:49:32	1892	Referees Margem Sul	V35	432
2425	4270	Carla Carvalho	00:27:35	00:53:17	00:52:39	2535	100NOÇÃO	V40	42
2426	499	Paula Coelho-Da-Silva	00:27:14	00:53:17	00:53:06	2642		V50	14
2427	755	Pedro Mendes	00:26:24	00:53:17	00:53:05	2640		V50	193
2428	393	Cláudia Gonçalves	00:26:02	00:53:17	00:53:00	2622		V35	39
2429	7094	Premysl Dusek	00:28:09	00:53:18	00:51:40	2306		Senior	519
2430	5189	Paulo Marques	00:28:24	00:53:18	00:50:22	2046		V40	458
2431	6866	Luis Ribeiro	00:27:47	00:53:18	00:52:14	2443		V35	433
2432	1310	Luís Guerreiro	00:26:10	00:53:18	00:53:00	2621		V35	434
2433	4110	Nuno Silva	00:28:59	00:53:19	00:49:35	1907	Verifone	V40	459
2434	3798	João Teixeira	00:26:19	00:53:19	00:53:04	2636		V35	435
2435	3829	Jorge Borges	00:27:48	00:53:19	00:52:38	2531		Senior	520
2436	324	Inês Abrantes	00:26:55	00:53:19	00:52:49	2576	Balhelhas	Senior	72
2437	5303	Manuel Navarro	00:27:45	00:53:20	00:52:20	2461		V35	436
2438	6238	Paulo Dias	00:26:59	00:53:21	00:51:43	2321	KPMG Runners	V35	437
2439	852	José Figueiredo	00:29:20	00:53:21	00:50:42	2116	Team Pernetas	V45	353
2440	273	Patrícia Alves	00:26:34	00:53:21	00:53:04	2637		V35	40



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2441	3161	Maria Pedro	00:27:35	00:53:21	00:52:10	2424		V35	41
2442	799	Pedro Cruz	00:28:32	00:53:21	00:50:38	2099		V35	438
2443	2238	Nuno Correia	00:27:35	00:53:22	00:52:11	2431		V45	354
2444	851	Ricardo Dias	00:29:19	00:53:22	00:50:44	2120	Team Pernetas	V35	439
2445	583	José Araújo	00:27:37	00:53:22	00:52:59	2618	BP2SEA Runners	Senior	521
2446	4195	Ella Writer	00:28:00	00:53:23	00:52:36	2521	Hiscox Lisbon Running Club	Senior	73
2447	6087	João Rodrigues	00:29:15	00:53:23	00:51:38	2299		V35	440
2448	1058	Rafael Dias	00:28:45	00:53:23	00:49:59	1990		V40	460
2449	4011	Rui Santos	00:25:54	00:53:23	00:52:41	2549	Link	Senior	522
2450	4960	João Salavisa	00:26:34	00:53:23	00:52:52	2589		Senior	523
2451	5347	António Duarte	00:27:09	00:53:24	00:53:01	2628	Clube do Stress	V50	194
2452	2084	Ricardo Trigueiro	00:27:46	00:53:24	00:51:27	2257	MS Runners	Senior	524
2453	1787	Francisco Januario	00:25:44	00:53:24	00:52:49	2575		V45	355
2454	6875	Miguel Buitrago	00:28:43	00:53:24	00:49:53	1960		Senior	525
2455	6554	Neusa Drumond	00:28:16	00:53:24	00:52:05	2398		V35	42
2456	589	Neves Silva	00:27:22	00:53:24	00:52:51	2585	Clube Ferroviario de Portugal	V60	77
2457	3880	José Sebastião	00:27:18	00:53:24	00:52:54	2601		V45	356
2458	2348	Paula Jorge	00:26:14	00:53:24	00:53:06	2644	Pump Runners	V35	43
2459	6725	André Amaral	00:28:15	00:53:25	00:51:38	2297		Junior	30
2460	5814	Luis Campos	00:26:34	00:53:25	00:53:17	2677		V65	24



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2461	3621	Andreia Rocha	00:27:13	00:53:25	00:52:12	2436		V35	44
2462	3249	Luís Vitorino	00:26:48	00:53:25	00:52:48	2573		V35	441
2463	5604	Fernando Teixeira	00:26:12	00:53:25	00:53:18	2680		V55	139
2464	6185	Arnaldo Silva	00:27:51	00:53:27	00:51:47	2336	PRAFIT CLUB	V45	357
2465	7125	Vitor Abranches	00:26:21	00:53:27	00:53:10	2662	Falcões Selvagens	V45	358
2466	2904	Vasco Samora	00:29:32	00:53:27	00:50:39	2104		V35	442
2467	964	Daniel Gondar	00:25:31	00:53:27	00:52:36	2518		V35	443
2468	550	Paulo Isménio	00:27:38	00:53:27	00:52:56	2606		V40	461
2469	4608	Ana Vences	00:26:56	00:53:28	00:53:16	2672	Coininha Runners	V35	45
2470	1719	Lara Rodrigues	00:26:56	00:53:29	00:53:09	2656		Senior	74
2471	101	Carlos Sampaio	00:26:30	00:53:29	00:53:21	2695		V50	195
2472	4056	Diogo Paulino	00:27:25	00:53:29	00:51:03	2177	Alliance Healthcare	Senior	526
2473	5723	Luís Ressurreição	00:26:30	00:53:29	00:53:07	2645	Carne Maturada	V40	462
2474	4987	Pedro Silveira	00:26:30	00:53:29	00:53:01	2627	Carne Maturada	V40	463
2475	6946	Paulo Faria	00:26:32	00:53:29	00:52:28	2489		V45	359
2476	1730	José Xavier	00:26:56	00:53:29	00:53:08	2655		Senior	527
2477	4505	Ana Neto	00:26:24	00:53:30	00:53:20	2690		V35	46
2478	6102	Pedro Cerdeira	00:28:47	00:53:30	00:51:51	2352		V35	444
2479	1848	Miguel Santos	00:26:17	00:53:30	00:53:21	2694		V55	140
2480	678	João Seça	00:27:38	00:53:31	00:52:58	2614		V35	445



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2481	884	Paula Gomes	00:26:44	00:53:31	00:52:55	2602		V40	43
2482	1682	Joao Sotomayor	00:26:40	00:53:32	00:53:02	2631		V55	141
2483	6883	Rodrigo Eusébio	00:27:03	00:53:32	00:53:23	2709		Senior	528
2484	718	Vitor Mateus	00:27:19	00:53:32	00:51:46	2334	Sanofi	V45	360
2485	5335	José Nogueira	00:26:43	00:53:33	00:53:11	2664	Clube de Atletismo da Nazaré	V40	464
2486	4850	Patrícia Matos	00:26:15	00:53:33	00:53:24	2711	Nevaguivap	V40	44
2487	4851	Pedro Vitorino	00:26:15	00:53:33	00:53:25	2717	Nevaguivap	V40	465
2488	5876	Gonçalo Alves	00:27:54	00:53:33	00:51:12	2207		Senior	529
2489	5482	José Cardoso	00:28:54	00:53:34	00:50:36	2089		V45	361
2490	2332	Vitor Ramos	00:27:30	00:53:35	00:53:18	2682	CLUBE COLABORADORES AGEAS	V45	362
2491	4305	João Fernandes	00:28:26	00:53:35	00:50:21	2044	G.D. SantanderTotta	V50	196
2492	2352	Suzana Cano	00:27:41	00:53:35	00:52:07	2408	Pump Runners	V40	45
2493	5740	Jorge Monteiro	00:27:52	00:53:35	00:53:06	2641	ODEBRECHT PORTUGAL	V45	363
2494	1282	Manuel Anastácio	00:27:52	00:53:35	00:53:07	2654	CLUBE NOVO BANCO	V45	364
2495	2620	Guilherme Relvas	00:27:17	00:53:36	00:53:20	2692	Faraos	Senior	530
2496	595	Luciano Silva	00:26:39	00:53:36	00:53:01	2624	RunShar	V60	78
2497	594	Nuno Silva	00:26:08	00:53:36	00:53:01	2623	RunShar	V35	446
2498	2334	Ana Jorge	00:26:32	00:53:36	00:53:13	2667	Pump Runners	Senior	75
2499	3788	Rita Duranza	00:28:50	00:53:36	00:51:40	2303		V40	46
2500	40	Nuno Fragoso	00:27:40	00:53:36	00:53:10	2661		V40	466



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2501	5569	João Dias	00:29:06	00:53:37	00:51:02	2173		V50	197
2502	7098	Cristina Pinto	00:27:26	00:53:37	00:53:19	2686		V45	29
2503	4965	António Boavida	00:27:26	00:53:38	00:53:19	2684		V50	198
2504	555	Rui Duarte	00:29:51	00:53:38	00:48:47	1695		V40	467
2505	5978	Simão Lima	00:28:23	00:53:38	00:52:52	2594		V35	447
2506	820	Rui Reis	00:27:46	00:53:38	00:53:07	2652		V50	199
2507	4061	António Teixeira	00:26:49	00:53:39	00:53:19	2687	ALCES	Senior	531
2508	5305	Paulo Neves	00:27:20	00:53:41	00:53:00	2620		V50	200
2509	3411	Jorge Miguel	00:25:56	00:53:41	00:52:54	2600		Senior	532
2510	222	Ricardo Mestre	00:26:52	00:53:41	00:53:20	2689		V40	468
2511	1278	Joaquim Monteiro	00:26:06	00:53:42	00:53:17	2678	CLUBE NOVO BANCO	V45	365
2512	7153	Luis Sousa	00:26:34	00:53:42	00:53:35	2751		V40	469
2513	3721	Rodrigo Abreu	00:27:01	00:53:42	00:52:24	2472		V35	448
2514	379	Fernando Pereira	00:27:11	00:53:42	00:53:12	2665	Azeitão Running	V40	470
2515	380	Hélio Augusto	00:27:11	00:53:42	00:53:12	2666	Azeitão Running	V40	471
2516	3600	Cátia Prudêncio	00:27:01	00:53:42	00:53:24	2712		V35	47
2517	479	Ricardo Reixa	00:26:42	00:53:43	00:53:23	2710		V40	472
2518	1051	Pedro Jogo	00:29:25	00:53:43	00:51:07	2192		Senior	533
2519	784	João Teixeira	00:28:13	00:53:43	00:52:54	2599	OS TRISTES FORAM CORRER	Senior	534
2520	213	Diogo Agostinho	00:26:00	00:53:43	00:52:08	2417		Junior	31



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2521	5185	António Cadima	00:29:15	00:53:44	00:52:17	2454		Senior	535
2522	4985	Tiago Castelo	00:26:56	00:53:44	00:53:19	2683	Carne Maturada	V35	449
2523	5515	Rui Querido	00:27:47	00:53:44	00:52:59	2617		V35	450
2524	3447	Pedro Silva	00:26:40	00:53:44	00:52:54	2598		V45	366
2525	3114	Zuzka Simulcikova	00:26:24	00:53:44	00:53:27	2724		Senior	76
2526	2038	Francisco Pires	00:27:04	00:53:44	00:53:20	2691	FunBus - Barreiro	V40	473
2527	4016	André Gomes	00:30:04	00:53:45	00:51:20	2230	Adentis	Senior	536
2528	5537	Noémia Monteiro	00:27:59	00:53:45	00:52:11	2429	Alstom Portugal	V40	47
2529	5384	Tiago Cristóvão	00:28:55	00:53:45	00:51:37	2293		Senior	537
2530	150	Bruno Madeira	00:26:49	00:53:46	00:53:39	2770		V35	451
2531	5824	José Silva	00:28:09	00:53:47	00:51:31	2272		Senior	538
2532	1123	Bruno Silva	00:26:25	00:53:47	00:53:35	2750	Farmácia Alto da Eira / AVS	Senior	539
2533	4703	Vesna Bozanic	00:26:48	00:53:48	00:53:40	2772		V45	30
2534	5141	Daniel Fonseca	00:26:53	00:53:48	00:52:43	2555	Clube Accenture	Senior	540
2535	4805	João Fernandes	00:28:03	00:53:50	00:53:09	2657		Senior	541
2536	1361	Alexandra Pereira	00:27:10	00:53:50	00:52:27	2486		V35	48
2537	2642	César Mendes	00:26:41	00:53:50	00:52:48	2572	PFCRB	Senior	542
2538	7045	Helena Freitas	00:27:37	00:53:50	00:53:05	2639	BONS DIAS	Senior	77
2539	5297	Jorge Liques	00:26:05	00:53:50	00:53:38	2767		V35	452
2540	1751	Rui Carrasqueira	00:27:13	00:53:51	00:53:22	2700		V50	201



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2541	1860	Carlos Ferreira	00:27:34	00:53:51	00:52:38	2530		Senior	543
2542	5664	Artur Santos	00:28:32	00:53:51	00:50:19	2033		V40	474
2543	1863	João Granja	00:25:26	00:53:51	00:53:43	2787		V35	453
2544	849	Júlio Ferreira	00:29:09	00:53:52	00:51:12	2206	Team Pernetas	V40	475
2545	1910	Filipe Amorim	00:28:09	00:53:52	00:52:40	2542		V40	476
2546	3547	Nuno Silva	00:28:49	00:53:52	00:51:42	2318		V40	477
2547	853	Sergio Martins	00:29:20	00:53:52	00:51:13	2208	Team Pernetas	V35	454
2548	1082	Cristina Caetano	00:27:36	00:53:52	00:53:30	2735	Ginásio Clube Português	V50	15
2549	6017	Hugo Silva	00:28:00	00:53:53	00:50:38	2098		Senior	544
2550	1083	José Reis	00:27:36	00:53:53	00:53:31	2738	Ginásio Clube Português	V50	202
2551	546	Nuno Rosa	00:26:47	00:53:53	00:53:31	2737		V45	367
2552	4018	Gonçalo Fonseca	00:30:05	00:53:54	00:51:33	2279	Adentis	V35	455
2553	1700	Joao Santos	00:27:22	00:53:54	00:53:35	2754		V65	25
2554	7162	Fabiano Ferreira	00:28:05	00:53:55	00:52:26	2479		V35	456
2555	1068	Joao Ventura	00:25:47	00:53:55	00:53:46	2797		V40	478
2556	2039	Eugénia Andrade	00:26:56	00:53:55	00:53:36	2756	FunBus - Barreiro	V35	49
2557	6082	António Pereira	00:27:29	00:53:55	00:53:21	2693		V65	26
2558	1888	Emanuel Simões	00:27:13	00:53:56	00:53:16	2674		Senior	545
2559	1738	Andreia Vieira	00:26:59	00:53:56	00:53:36	2757		Senior	78
2560	5059	Eduardo Rosado	00:26:41	00:53:57	00:53:47	2801		V45	368



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2561	3352	Bruno Conceição	00:27:52	00:53:57	00:52:13	2442	Ginásio Clube Português	V40	479
2562	1504	Fernando Gonçalves	00:29:20	00:53:57	00:52:40	2541		V45	369
2563	4405	Tiago Jorge	00:27:26	00:53:57	00:52:42	2554	Tetraseis	V35	457
2564	6348	Ricardo Branco	00:26:50	00:53:57	00:53:46	2798		V40	480
2565	1189	Dina Vidinha	00:26:29	00:53:57	00:53:39	2768	CORRIDAS E COMIDAS	V35	50
2566	265	Jorge Pires	00:27:28	00:53:57	00:53:41	2775		V60	79
2567	4519	Carla Cerqueira	00:26:10	00:53:58	00:53:42	2782		V35	51
2568	957	Nuno Abreu	00:26:29	00:53:58	00:53:46	2799		V35	458
2569	4961	Jorge Pereira	00:27:53	00:53:59	00:53:21	2697		V50	203
2570	491	Cristina Cunha	00:28:00	00:53:59	00:53:22	2703		V45	31
2571	6844	José Campos	00:27:50	00:53:59	00:52:08	2416		V35	459
2572	5131	José Tomé	00:27:12	00:53:59	00:53:25	2715	Clube Accenture	V40	481
2573	162	Luís Revés	00:26:29	00:53:59	00:53:33	2748		V40	482
2574	656	Pedro Monteiro	00:26:29	00:54:00	00:53:48	2807		V40	483
2575	6604	Diogo Silva	00:29:04	00:54:01	00:53:06	2643		Senior	546
2576	199	Carlos Pena	00:28:22	00:54:01	00:52:20	2464		V45	370
2577	2827	Ricardo Cano	00:29:19	00:54:01	00:52:23	2470	Clube Atletismo Amigos de Belém	V35	460
2578	5051	Renato Silva	00:26:15	00:54:01	00:53:09	2658	Mercedes	V35	461
2579	2871	Gerson Fialho	00:26:10	00:54:02	00:53:41	2776	Correr Queluz	Senior	547
2580	5160	Rita Farinha	00:27:00	00:54:02	00:53:48	2809		Senior	79



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2581	3175	Edgar Reinhardt	00:30:21	00:54:03	00:50:38	2100		V40	484
2582	4480	Ricardo Anselmo	00:29:18	00:54:03	00:51:32	2277	Os Ultra Copos	Senior	548
2583	6022	Gonçalo Policarpo	00:27:25	00:54:03	00:53:04	2638		Senior	549
2584	4259	Manuel Flor	00:27:17	00:54:03	00:53:52	2822		V65	27
2585	4711	Pedro Veiga	00:26:44	00:54:04	00:52:58	2610	Speed Peters	Senior	550
2586	3731	Dinis Fernandes	00:27:41	00:54:05	00:53:32	2742		V55	142
2587	2211	Nuno Pereira	00:29:02	00:54:05	00:50:57	2155	PERNAS DE PAU	Senior	551
2588	4894	Carlos Piteira	00:27:25	00:54:05	00:53:37	2761	Couple Runners	V50	204
2589	7073	Gonçalo Malheiro	00:27:21	00:54:06	00:53:16	2675		V35	462
2590	6063	Abel Figueiredo	00:27:36	00:54:07	00:53:36	2760		V65	28
2591	4937	Luis Constantino	00:27:14	00:54:07	00:53:23	2708		Senior	552
2592	5568	Leonor Agostinho	00:28:20	00:54:07	00:52:18	2455		Senior	80
2593	2063	Helena Fonseca	00:28:35	00:54:07	00:52:08	2414	Casa do Pessoal do IVA	V35	52
2594	210	Jose Borges	00:27:01	00:54:07	00:53:35	2753		V50	205
2595	3212	Tiago Salgueiro	00:26:29	00:54:07	00:53:54	2833		Senior	553
2596	5682	Carla Afonso	00:26:50	00:54:08	00:53:54	2832	Mais que Cuidar Running	V40	48
2597	4811	Rui Braz	00:27:14	00:54:08	00:53:23	2707		Senior	554
2598	3753	Caio Costa	00:28:21	00:54:08	00:51:21	2236		Senior	555
2599	1603	Ricardo Rodrigues	00:27:51	00:54:08	00:52:39	2536		V35	463
2600	4686	Helder Coelho	00:25:50	00:54:08	00:53:32	2741		V40	485



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2601	3747	Fernando Pereira	00:29:50	00:54:09	00:51:22	2239		Senior	556
2602	2437	Pedro Medeiros	00:27:14	00:54:10	00:53:48	2806	SS CGD	V40	486
2603	4613	Delfim Pratas	00:28:39	00:54:10	00:52:32	2505	BRRnightRUNNERS	V45	371
2604	4614	José Rodrigues	00:28:39	00:54:10	00:52:32	2506	BRRnightRUNNERS	V50	206
2605	3851	Luis Ferreira	00:28:49	00:54:11	00:52:00	2381		V60	80
2606	2572	João Rato	00:27:06	00:54:12	00:53:44	2791	Ginásio Clube Português	V50	207
2607	626	Rita Gabriel	00:26:42	00:54:12	00:53:19	2685		Senior	81
2608	2111	Fernando Pires	00:28:16	00:54:13	00:53:57	2848		V70	7
2609	699	Paulo Rosário	00:26:28	00:54:13	00:54:05	2879	Asas	V45	372
2610	5111	António Neca	00:30:34	00:54:13	00:50:49	2130		Senior	557
2611	6179	António Silva	00:27:39	00:54:14	00:53:17	2676	Elite	V45	373
2612	2573	João Gonçalves	00:27:09	00:54:14	00:53:47	2800	Ginásio Clube Português	V50	208
2613	4017	João Costa	00:30:05	00:54:15	00:51:52	2353	Adentis	Senior	558
2614	1859	João Vasconcelos	00:30:18	00:54:15	00:51:40	2307		Senior	559
2615	6615	João Ferreira	00:29:11	00:54:15	00:50:25	2058	ESTEVES E LEITÃO LDA	V60	81
2616	1967	Manuel Serralha	00:28:20	00:54:15	00:51:34	2283		Senior	560
2617	5241	Tony Andrade	00:27:37	00:54:16	00:53:43	2789	Rebenta Milhas	V50	209
2618	3033	Pedro Correia	00:29:12	00:54:16	00:51:13	2209	1Km/x	V45	374
2619	5238	Gabes Unicórnio	00:27:37	00:54:16	00:53:45	2795	Rebenta Milhas	V35	464
2620	3133	Carlos Rodrigues	00:26:02	00:54:17	00:54:11	2902		V35	465



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2621	2207	Victor Santos	00:28:28	00:54:17	00:52:44	2560		V50	210
2622	3488	Susana Matias	00:27:23	00:54:17	00:53:27	2721	Movet	Senior	82
2623	3836	João Fortunato	00:27:40	00:54:17	00:53:02	2632		Senior	561
2624	6896	Tiago Nunes	00:27:09	00:54:17	00:53:28	2727		V35	466
2625	6543	Andreia Carvalho	00:27:19	00:54:18	00:53:22	2702		Senior	83
2626	1472	Edgar Valente	00:27:30	00:54:18	00:53:44	2793		V35	467
2627	1818	Raúl Costa	00:28:03	00:54:18	00:53:53	2826	Clube Robbialac	V55	143
2628	3739	Pedro Morais	00:28:21	00:54:19	00:52:53	2596		Senior	562
2629	3224	Ricardo Figueiredo	00:29:30	00:54:19	00:53:14	2670		V45	375
2630	5851	Pedro Claudio	00:28:40	00:54:19	00:53:07	2649		V45	376
2631	3192	Paulo Fernandes	00:28:40	00:54:20	00:53:07	2650		V45	377
2632	4932	Pedro Biscaia	00:27:10	00:54:20	00:53:29	2731		V40	487
2633	4586	Luís Ramos	00:29:42	00:54:20	00:52:28	2490		Senior	563
2634	3312	Gonçalo Lopes	00:27:43	00:54:21	00:54:00	2859	GDCT Unicre	V40	488
2635	6963	Pedro Maurício	00:29:56	00:54:21	00:50:39	2108		V35	468
2636	6545	Pedro Correia	00:30:08	00:54:21	00:50:38	2097		V45	378
2637	5527	José Duarte	00:29:34	00:54:21	00:52:08	2412		V40	489
2638	5713	André Alves	00:27:44	00:54:21	00:53:27	2726	Conquistadores Team	Senior	564
2639	5714	Inês Almeida	00:27:44	00:54:21	00:53:27	2723	Conquistadores Team	Senior	84
2640	6698	Luís Ribeiro	00:26:39	00:54:22	00:54:10	2899		V45	379



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
2641	4778	Guilherme Gomes	00:28:18	00:54:23	00:52:29	2492		V45	380
2642	4255	Tiago Ferreira	00:27:45	00:54:23	00:53:09	2659	Correr Lisboa	Senior	565
2643	3309	Carlos Viegas	00:27:35	00:54:24	00:54:03	2874	GDCT Unicre	V55	144
2644	1611	Miguel Garcia	00:27:27	00:54:24	00:54:06	2886		Senior	566
2645	378	Custodio Quibina	00:27:20	00:54:24	00:53:54	2831	Sporting Clube de Casainhos	Senior	567
2646	5892	José Catita	00:28:39	00:54:24	00:53:36	2758	COO	V55	145
2647	6166	Fernando Silva	00:28:11	00:54:25	00:52:42	2551		V45	381
2648	2042	Nuno Carvalho	00:27:39	00:54:26	00:52:34	2513	FunBus - Barreiro	V40	490
2649	1269	Fernando Brandão	00:26:47	00:54:26	00:53:53	2825	CLUBE NOVO BANCO	V50	211
2650	1311	Paulo Sequeira	00:28:11	00:54:26	00:53:33	2746		V40	491
2651	1291	Paulo Ricardo	00:26:48	00:54:27	00:53:55	2835	CLUBE NOVO BANCO	V45	382
2652	6006	Lúcio Melo	00:28:38	00:54:27	00:53:28	2728		V45	383
2653	2826	Manuel Reia	00:28:10	00:54:27	00:53:25	2719	Clube Atletismo Amigos de Belém	V65	29
2654	6221	Rui Évora	00:29:54	00:54:27	00:50:57	2153	KPMG Runners	V35	469
2655	6210	Tiago Peralta	00:27:42	00:54:28	00:52:49	2578	KPMG Runners	Senior	568
2656	164	Carlos Franco	00:29:05	00:54:28	00:52:43	2556		V40	492
2657	6587	Joao Vieira	00:26:13	00:54:28	00:53:44	2790		V40	493
2658	5816	Pedro Bravo	00:29:29	00:54:28	00:50:38	2101		V35	470
2659	370	Ana Baptista	00:27:10	00:54:29	00:54:19	2947	Sporting Clube de Casainhos	Senior	85
2660	3194	Claudia Pimentel	00:27:09	00:54:29	00:54:11	2901		Senior	86



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2661	5251	Pedro Buchas	00:27:37	00:54:29	00:53:58	2853	Rebenta Milhas	Senior	569
2662	2475	Carlos Marques	00:28:40	00:54:29	00:53:18	2681		V65	30
2663	372	Carlos Baptista	00:27:10	00:54:29	00:54:20	2950	Sporting Clube de Casainhos	V55	146
2664	3031	Bruno Silva	00:29:34	00:54:30	00:51:26	2253	1Km/x	V40	494
2665	3847	Nelson Brito	00:27:20	00:54:30	00:54:15	2924		V40	495
2666	4947	Francisco Sardinha	00:27:04	00:54:30	00:54:05	2878		V45	384
2667	3271	Marco Machado	00:30:10	00:54:31	00:51:15	2218		V35	471
2668	653	José Eugénio	00:29:14	00:54:31	00:52:32	2504		V55	147
2669	5422	Bruno Abrantes	00:27:27	00:54:32	00:53:57	2851		V40	496
2670	6746	Bruno Limpinho	00:28:12	00:54:32	00:52:06	2401		V35	472
2671	176	Sheila Galiano	00:26:38	00:54:32	00:54:04	2877	GRCD LEIAO	V40	49
2672	5910	Pedro Vacas	00:29:40	00:54:33	00:52:47	2570	Irmãos Vacas	Senior	570
2673	5502	André Cardoso	00:28:48	00:54:33	00:52:00	2383		V35	473
2674	5424	Jorge Ferreira	00:26:34	00:54:34	00:54:25	2965		V50	212
2675	1710	Joaquim Mamede	00:26:51	00:54:34	00:54:10	2898		V55	148
2676	4641	Ricardo Serra	00:29:24	00:54:34	00:51:02	2174	Fanfarrões Team	V35	53
2677	2820	Fábio Correia	00:29:46	00:54:34	00:51:20	2233	Nata da nata	Senior	571
2678	2325	João Frade	00:27:18	00:54:34	00:54:20	2949	CLUBE COLABORADORES AGEAS	V40	497
2679	2379	Mário Santos	00:26:35	00:54:34	00:54:22	2956	OneSight Portugal	V40	498
2680	2942	Luís Dias	00:27:32	00:54:35	00:54:15	2921		V40	499



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2681	4722	Antonio Rego	00:27:06	00:54:35	00:53:35	2749		V40	500
2682	7034	Toby Carlsson	00:28:02	00:54:36	00:53:00	2619		V50	213
2683	4327	Luis Coito	00:27:58	00:54:36	00:54:05	2883	GD SANTANDERTOTTA	V45	385
2684	114	Mário Sobral	00:28:53	00:54:36	00:53:51	2821	Correr Lisboa	V40	501
2685	3316	Jose Santos	00:27:10	00:54:36	00:54:21	2953	Santos & Filho	V55	149
2686	4247	Carlos Marques	00:26:41	00:54:37	00:54:15	2922	Sofimagos	V50	214
2687	2953	João Malha	00:26:53	00:54:37	00:53:52	2824		V35	474
2688	3225	Luís Feliz	00:26:33	00:54:37	00:54:07	2890		V35	475
2689	134	Elisabete Pinto	00:27:32	00:54:37	00:54:09	2895		V45	32
2690	6770	Gonçalo Marques	00:29:41	00:54:38	00:50:49	2132		Senior	572
2691	2930	Rui Sousa	00:27:20	00:54:38	00:53:59	2857		V45	386
2692	6051	Anibal Carvalho	00:30:00	00:54:38	00:52:01	2388		V65	31
2693	5587	Luis Proença	00:26:51	00:54:39	00:54:08	2891		V45	387
2694	1811	Paulo Oliveira	00:27:18	00:54:39	00:54:24	2962		V50	215
2695	1943	Mário Ribeiro	00:27:18	00:54:39	00:54:04	2876	A BATINA	V50	216
2696	6279	André Pereira	00:27:09	00:54:39	00:54:31	2985	Miraflores Runners	V35	476
2697	5053	Kristine Reis	00:27:54	00:54:39	00:54:30	2982	NAV Runners	V35	54
2698	5338	Rui Araújo	00:28:40	00:54:40	00:52:59	2616	Metro 2011	V55	150
2699	2055	Anibal Sousa	00:29:26	00:54:40	00:52:04	2396	Relâmpagos Vermelhos	V45	388
2700	5520	Luis Carvalho	00:28:02	00:54:41	00:53:51	2818		V35	477



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2701	5493	Edgar Cruz	00:29:41	00:54:41	00:51:22	2243		Senior	573
2702	1833	Tiago Campos	00:27:07	00:54:42	00:53:40	2773		V40	502
2703	3936	Mauro Machado	00:29:59	00:54:42	00:52:31	2502		Senior	574
2704	1455	Carlos Tavares	00:26:58	00:54:42	00:54:34	2999		Senior	575
2705	2067	Joanna Bachmatiuk	00:27:54	00:54:43	00:54:26	2967	Nerds for speed	Senior	87
2706	6349	Luis Andrade	00:29:35	00:54:43	00:52:27	2484		Senior	576
2707	350	Nadia Santos	00:27:31	00:54:43	00:53:27	2725	Run4Fun	V35	55
2708	2891	José Silva	00:27:53	00:54:43	00:53:46	2796	Top Team	V35	478
2709	535	António Jorge	00:26:52	00:54:44	00:54:31	2987		V60	82
2710	2008	André Alvarez	00:29:33	00:54:44	00:52:52	2586		V40	503
2711	1380	Cláudia Quintela	00:27:48	00:54:44	00:54:02	2868		Senior	88
2712	5382	Pedro Castelo	00:26:04	00:54:44	00:54:17	2932		V40	504
2713	516	Fernando Sebastião	00:26:58	00:54:44	00:54:30	2981		V40	505
2714	745	Sandra Silva	00:27:21	00:54:45	00:54:26	2969	GRCD Leão	V40	50
2715	3012	Rodrigo Casinha	00:28:43	00:54:45	00:52:50	2584		Senior	577
2716	2508	Antonio Almeida	00:29:17	00:54:45	00:51:38	2300		V50	217
2717	3703	Ricardo Batista	00:28:42	00:54:45	00:52:50	2579		Senior	578
2718	1260	Ana Ferreira	00:27:16	00:54:45	00:54:31	2989	CLUBE NOVO BANCO	V45	33
2719	750	Daniel Sebastiao	00:26:58	00:54:46	00:54:31	2990		V35	479
2720	683	André Salvado	00:27:45	00:54:46	00:54:12	2909		V40	506



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2721	4193	Karolina Czajkowska	00:28:09	00:54:47	00:53:59	2854	Hiscox Lisbon Running Club	Senior	89
2722	4990	Ana Santos	00:28:26	00:54:47	00:53:45	2794	M&A	V35	56
2723	3158	Manuel Correia	00:27:59	00:54:47	00:54:14	2919		V40	507
2724	1126	Rita Gonçalves	00:30:05	00:54:48	00:52:01	2387	Cedime Power	Senior	90
2725	5673	Paulo Silva	00:28:15	00:54:48	00:53:40	2774		V55	151
2726	1462	Pedro Cleto	00:30:34	00:54:49	00:51:50	2351		V40	508
2727	6852	João Brites	00:27:21	00:54:49	00:54:01	2861		V45	389
2728	658	Nuno Moreno	00:27:15	00:54:49	00:54:37	3020		V40	509
2729	2340	Fátima Cardoso	00:27:22	00:54:49	00:54:27	2971	Pump Runners	Senior	91
2730	4558	Luis Godinho	00:28:07	00:54:49	00:54:21	2951		V40	510
2731	910	Meagan Carty	00:27:03	00:54:50	00:54:35	3011		V40	51
2732	6156	Nuno Leão	00:30:17	00:54:50	00:51:06	2188		V35	480
2733	6876	César Viegas	00:27:37	00:54:50	00:54:29	2978		V55	152
2734	2598	Rui Sousa	00:27:42	00:54:50	00:54:29	2979	Tivoli Running team	V50	218
2735	2900	Luis Duarte	00:27:38	00:54:50	00:54:16	2930		V40	511
2736	3285	Ricardo	00:27:38	00:54:50	00:54:16	2928	Lebres da Lapa	V40	512
2737	2901	João Pinheiro	00:27:38	00:54:51	00:54:16	2929		V35	481
2738	3176	André Ramos	00:29:43	00:54:52	00:52:13	2440		Senior	579
2739	2411	Angela Cruz	00:28:13	00:54:52	00:54:19	2944	SS CGD	V45	34
2740	345	Vitor Escária	00:27:49	00:54:53	00:54:18	2941	escaria&friends	V45	390



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2741	6599	Fernando Martins	00:29:54	00:54:53	00:52:04	2394		Senior	580
2742	5000	Gonçalo Silva	00:30:59	00:54:53	00:51:04	2182	Coxos do Palmeiras	V40	513
2743	836	Carlos Jesus	00:28:31	00:54:53	00:53:56	2840		V50	219
2744	5629	Maria Clara	00:27:48	00:54:53	00:53:53	2827		Junior	4
2745	2674	António Ruivo	00:28:01	00:54:53	00:54:34	3002		V45	391
2746	2970	Célia Silveira	00:28:16	00:54:53	00:54:39	3024		V40	52
2747	6541	Isabel Martins	00:27:32	00:54:54	00:54:14	2913		V45	35
2748	4492	Pedro Silva	00:28:36	00:54:54	00:52:09	2422		Senior	581
2749	5711	Gustavo Bastos	00:29:35	00:54:54	00:51:27	2256	Sapo Azul	V40	514
2750	4412	Tiago Santos	00:28:15	00:54:54	00:54:01	2863	condores Varge Mondar	Junior	32
2751	4414	Tania Matos	00:28:15	00:54:54	00:54:00	2858	condores Varge Mondar	Junior	5
2752	3746	Tiago Gaspar	00:29:34	00:54:54	00:54:14	2920		Senior	582
2753	7019	Hugo Torres	00:28:13	00:54:55	00:54:02	2867		V35	482
2754	5177	Celestino Oliveira	00:27:14	00:54:55	00:53:53	2828		V60	83
2755	6058	Nuno Marques	00:26:36	00:54:55	00:54:22	2955		V45	392
2756	6750	Victor Franco	00:28:00	00:54:56	00:53:43	2788		V65	32
2757	3700	Jose Castro	00:27:24	00:54:56	00:54:14	2912		V60	84
2758	6760	Pedro Pereira	00:27:55	00:54:56	00:53:50	2817		V35	483
2759	5612	João Gonçalves	00:33:26	00:54:56	00:51:29	2266		Senior	583
2760	1969	Maria Silva	00:27:06	00:54:56	00:54:21	2954		V45	36



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2761	7048	Rui Cunha	00:29:58	00:54:56	00:51:49	2345	Tartarugas Solidárias	V40	515
2762	2903	Luis Compoete	00:26:57	00:54:57	00:54:33	2996		V45	393
2763	6956	António Antunes	00:27:53	00:54:57	00:54:14	2917		V50	220
2764	5186	André Cadima	00:29:15	00:54:57	00:53:30	2733		Senior	584
2765	36	Ricardo Rodrigues	00:29:14	00:54:57	00:51:50	2349		V35	484
2766	60	Acácio Gamboa	00:28:37	00:54:57	00:53:24	2713		V45	394
2767	1607	Paulo Farinha	00:29:32	00:54:58	00:52:10	2427		Senior	585
2768	4797	Luis Sousa	00:28:25	00:54:58	00:53:07	2647		V45	395
2769	3637	Francisco Almeida	00:27:49	00:54:58	00:53:42	2781		V35	485
2770	5691	Samuel Martins	00:27:34	00:54:59	00:53:44	2792	Solera Runners	V40	516
2771	1627	Filipa Zacarias	00:27:09	00:54:59	00:54:30	2980		Senior	92
2772	2150	Mario Mendes	00:27:18	00:55:00	00:54:33	2998		V50	221
2773	3272	João Sabina	00:31:00	00:55:00	00:51:13	2212		V35	486
2774	844	Ana Rosa	00:27:33	00:55:00	00:54:14	2915		V35	57
2775	3184	Helder Cardoso	00:29:18	00:55:00	00:53:22	2701		V45	396
2776	5577	João Parrança	00:29:34	00:55:00	00:52:36	2519		Senior	586
2777	3356	Alberto Santos	00:26:17	00:55:00	00:54:37	3021	GD BPI	V55	153
2778	945	Pedro Figueiredo	00:29:23	00:55:01	00:52:00	2379		Senior	587
2779	943	Luís Gomes	00:29:23	00:55:01	00:52:00	2380		Senior	588
2780	4516	Maria Cardoso	00:27:34	00:55:01	00:54:27	2972		V55	4



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2781	5363	José Soares	00:30:23	00:55:02	00:52:29	2494	Elite Runners	V35	487
2782	3349	Hugo Paixão	00:31:02	00:55:02	00:51:48	2341	Pinguins do Arctic	Senior	589
2783	6293	Luís Almeida	00:26:40	00:55:02	00:54:40	3029	Cruz Quebradense SIMECQ	V55	154
2784	1493	José Coelho	00:27:42	00:55:03	00:54:21	2952	ADCR PJ	V55	155
2785	2435	Paula Martins	00:27:24	00:55:03	00:54:49	3073	SS CGD	V35	58
2786	1942	Paulo Grilo	00:29:10	00:55:03	00:51:59	2376	Tartarugas Solidarias	V40	517
2787	5699	Fernando Lima	00:29:01	00:55:03	00:52:47	2569	SS CGD	V45	397
2788	82	Ricardo Freitas	00:27:16	00:55:03	00:54:44	3048		V35	488
2789	1929	Orlando Santos	00:28:02	00:55:04	00:54:04	2875	EX FEDERADOS	V45	398
2790	2365	Cristina Dinis	00:26:57	00:55:04	00:54:51	3083	Familia Dinis	V45	37
2791	2364	José Dinis	00:26:57	00:55:04	00:54:51	3076	Familia Dinis	V45	399
2792	711	Cristóvão Silva	00:28:03	00:55:05	00:54:20	2948	Jobrinde - Montes Saloios	V40	518
2793	6527	José Neves	00:28:45	00:55:05	00:53:17	2679		V45	400
2794	3423	Helena Nunes	00:29:59	00:55:05	00:51:40	2308		V35	59
2795	4695	João Silveira	00:28:16	00:55:05	00:53:01	2630		V45	401
2796	2341	Francisco Farinha	00:28:41	00:55:06	00:54:00	2860	Pump Runners	Senior	590
2797	3070	João Rodrigues	00:28:41	00:55:06	00:53:33	2745	CCD Crédito Agrícola Mútuo	V40	519
2798	1965	José Faria	00:27:17	00:55:06	00:54:47	3059		V55	156
2799	4269	Luis Morgado	00:27:36	00:55:07	00:54:29	2975	100NOÇÃO	V40	520
2800	6598	Mário Costa	00:29:55	00:55:08	00:52:19	2457		V35	489



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2801	1056	Antonio Martinho	00:28:25	00:55:08	00:54:27	2970		V60	85
2802	4493	Marlene Oliveira	00:27:41	00:55:08	00:54:40	3032		V40	53
2803	1199	Rita Certã	00:28:03	00:55:08	00:54:39	3025	Tartarugas Solidárias	V40	54
2804	6247	Benjamim Mendes	00:27:42	00:55:09	00:53:33	2747	KPMG Runners	Senior	591
2805	1652	Patrícia Marujo	00:28:25	00:55:09	00:54:17	2935		Senior	93
2806	619	Ana Domingues	00:27:25	00:55:09	00:55:02	3128		V50	16
2807	3854	Antonio Raimundo	00:26:52	00:55:10	00:54:51	3080		V50	222
2808	5806	Dina Silva	00:27:15	00:55:10	00:54:53	3095		Senior	94
2809	1649	João Neves	00:27:41	00:55:11	00:53:56	2841		V40	521
2810	4459	Paulo Gordinho	00:28:27	00:55:11	00:53:55	2836	Câmara Lisboa Clube	V40	522
2811	4966	Luís Neto	00:28:52	00:55:11	00:53:38	2765		V50	223
2812	5805	David Feijão	00:27:14	00:55:11	00:54:53	3092		V35	490
2813	7088	Per Olsen	00:29:25	00:55:12	00:52:17	2452		V45	402
2814	6654	José Sampaio	00:30:09	00:55:12	00:51:35	2290	Farmácia Gare do Oriente	V45	403
2815	4401	Sérgio Ferreira	00:27:41	00:55:13	00:54:44	3046	Kelly Staff	Senior	592
2816	3048	David Afonso	00:29:32	00:55:13	00:52:57	2609	Clube TAP PORTUGAL	V50	224
2817	1812	Sergio Oliveira	00:27:35	00:55:14	00:54:52	3086		V40	523
2818	5560	Luis Lança	00:29:12	00:55:14	00:53:28	2730	Referees Margem Sul	V50	225
2819	5147	Vasco Rodeia	00:30:46	00:55:14	00:51:19	2228	Farmácias Holon	V45	404
2820	2834	Ana Cagica	00:27:35	00:55:14	00:55:03	3136	BRRnightRUNNERS	V45	38



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2821	2453	Mercedes Fonseca	00:28:01	00:55:15	00:55:05	3147	Os Super	V60	2
2822	5416	Eduardo Borges	00:29:42	00:55:15	00:52:16	2451	Vitoria FC	V45	405
2823	2072	Tanmay Verlekar	00:28:16	00:55:15	00:53:41	2777	Nerds for speed	Senior	593
2824	1024	Francisco Coito	00:28:24	00:55:15	00:54:53	3093		V60	86
2825	4222	Rui Correia	00:20:29	00:55:15	00:55:02	3132	GDCTIN Casa da Moeda	V40	524
2826	1059	Sarina Santos	00:30:07	00:55:16	00:52:48	2574		Senior	95
2827	6665	Maria Martins	00:30:07	00:55:16	00:52:48	2571	Farmácia Cais do Sodré	Senior	96
2828	5205	Constante Rodrigues	00:30:25	00:55:16	00:51:11	2204		V40	525
2829	3749	Susana Rua	00:27:48	00:55:16	00:54:40	3031		V35	60
2830	5936	Miguel Ribeiro	00:27:30	00:55:16	00:54:41	3034		V40	526
2831	2123	Maria Fatuda	00:28:03	00:55:16	00:54:48	3062	Carrasco & Amigos	V60	3
2832	856	Filipe Silveira	00:27:02	00:55:18	00:54:56	3107	MONTEPIO - CASTELO BRANCO	Senior	594
2833	722	Américo Antunes	00:28:17	00:55:18	00:53:50	2816	Sanofi	V45	406
2834	1454	Filipe Ribeiro	00:27:13	00:55:18	00:55:00	3125		V40	527
2835	786	Hugo Cravidão	00:28:23	00:55:19	00:54:29	2976	OS TRISTES FORAM CORRER	V40	528
2836	4316	José Barata	00:29:40	00:55:19	00:53:32	2739	GD SANTANDERTOTTA	V55	157
2837	5687	Maria Emídio	00:28:10	00:55:19	00:54:48	3061		V45	39
2838	1656	Elsa Nunes	00:27:59	00:55:20	00:55:04	3137		V40	55
2839	128	Fernando Vergamota	00:28:10	00:55:20	00:54:49	3066		V60	87
2840	1713	Paulo Serrano	00:28:39	00:55:20	00:53:57	2849		V45	407



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2841	1552	Maria Almeida	00:27:37	00:55:21	00:54:58	3111	Cruz Quebradense SIMECQ	V45	40
2842	2531	Jorge Pedro	00:27:43	00:55:21	00:54:18	2940		V45	408
2843	5586	Nuno Oliveira	00:28:15	00:55:21	00:54:14	2918		V35	491
2844	5325	Luís Correia	00:29:44	00:55:21	00:51:25	2251		Senior	595
2845	6874	Miguel Santos	00:28:31	00:55:22	00:53:49	2810		Senior	596
2846	3967	Diogo Lucas	00:27:55	00:55:22	00:54:34	3000	TOA	Senior	597
2847	5126	Luis Pereira	00:28:10	00:55:22	00:54:55	3101		V55	158
2848	3293	Albertino Soares	00:28:00	00:55:22	00:55:12	3176	Lebres da Lapa	V50	226
2849	2438	Rui Santos	00:29:55	00:55:23	00:53:48	2808	SS CGD	V45	409
2850	3938	Daniel Feiteirona	00:28:22	00:55:24	00:54:34	3003		Senior	598
2851	3793	Rui Araújo	00:28:23	00:55:24	00:54:34	3005		V35	492
2852	5573	Jorge Melo	00:29:40	00:55:24	00:52:14	2445		V45	410
2853	7113	Diogo Carlos	00:29:04	00:55:24	00:51:49	2344		Senior	599
2854	5145	Miguel Pedro	00:30:45	00:55:24	00:51:30	2267	Farmácias Holon	V45	411
2855	1551	Paula Leitao	00:27:37	00:55:24	00:55:01	3126	Cruz Quebradense SIMECQ	V40	56
2856	4465	João Pereira	00:28:27	00:55:25	00:54:11	2907	Câmara Lisboa Clube	V45	412
2857	3935	Bruno Guerreiro	00:29:31	00:55:26	00:53:54	2834		V40	529
2858	5156	Miguel Goulão	00:29:03	00:55:27	00:52:43	2558	Farmácias Holon	V35	493
2859	4786	Gonçalo Marques	00:29:03	00:55:27	00:52:41	2545		V35	494
2860	3214	Ricardo Lopes	00:27:43	00:55:27	00:54:47	3060		Senior	600



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2861	986	Ricardo Verissimo	00:27:43	00:55:28	00:54:47	3058		Senior	601
2862	1055	Joaquim Carronha	00:29:51	00:55:28	00:52:11	2433		V65	33
2863	1319	António Teixeira	00:29:51	00:55:28	00:52:11	2432		V65	34
2864	2824	Jorge Almeida	00:28:39	00:55:28	00:54:26	2968	Clube Atletismo Amigos de Belém	V65	35
2865	3386	Rui Dias	00:27:57	00:55:28	00:53:35	2752	JRF	V40	530
2866	453	Carlos Ferreira	00:28:38	00:55:29	00:53:56	2843		V40	531
2867	2846	Suse Lucas	00:29:14	00:55:29	00:52:20	2462	PERNAS DE PAU	Senior	97
2868	6777	Rui Inacio	00:29:31	00:55:29	00:52:56	2605		V45	413
2869	4512	Bruno Costa	00:29:44	00:55:29	00:52:05	2397		Senior	602
2870	2474	Carina Araújo	00:28:21	00:55:29	00:55:21	3207		V35	61
2871	6984	Artur Neves	00:29:12	00:55:29	00:52:56	2603		V45	414
2872	1109	Luis Matias	00:27:28	00:55:29	00:55:22	3211	as lesmas	V50	227
2873	7157	Denis Novikov	00:29:26	00:55:30	00:54:11	2906		Senior	603
2874	7156	Renata Wentnagel	00:29:26	00:55:30	00:54:11	2905		Senior	98
2875	6961	Mónica Ferreira	00:30:10	00:55:30	00:51:49	2346		Senior	99
2876	1880	Patricia Paula	00:27:09	00:55:30	00:55:19	3199		Senior	100
2877	428	Pedro Amaro	00:27:38	00:55:31	00:55:05	3145		Senior	604
2878	2157	Antonio Ferreira	00:27:32	00:55:31	00:55:05	3144		V50	228
2879	828	Ricardo Félix	00:27:29	00:55:31	00:54:53	3096		V35	495
2880	4756	Rui Pinto	00:27:13	00:55:31	00:55:23	3217		V50	229



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2881	5058	António Teixeira	00:29:07	00:55:32	00:54:34	3006		V55	159
2882	569	Elsa Bruxelas	00:26:48	00:55:32	00:55:02	3133		V55	5
2883	3362	José Mestre	00:26:46	00:55:32	00:55:15	3183	GD BPI	V55	160
2884	3697	Júlio Costa	00:28:24	00:55:33	00:54:17	2933		V40	532
2885	4813	António Brito	00:30:25	00:55:33	00:52:46	2566		V35	496
2886	1915	José Marçal	00:29:30	00:55:33	00:52:46	2564		V35	497
2887	3579	Maria Fernandes	00:28:52	00:55:34	00:54:06	2885		V40	57
2888	315	Fernanda Santos	00:27:34	00:55:34	00:55:28	3236	EVELX - Associação de Estilos de Vida Saudável	V60	4
2889	239	Eva Ferreira	00:27:42	00:55:34	00:55:01	3127	Team Francesinha	Senior	101
2890	4094	Rui Alves	00:29:17	00:55:35	00:54:08	2893	Kangurus S.A.	V45	415
2891	897	Luis Catita	00:28:23	00:55:35	00:54:44	3045		V55	161
2892	1265	Carla Correia	00:27:59	00:55:35	00:55:03	3134	CLUBE NOVO BANCO	V40	58
2893	4479	Sara Pinóia	00:29:18	00:55:35	00:53:04	2635	Os Ultra Copos	Senior	102
2894	2235	Cláudia Quin	00:28:12	00:55:36	00:55:23	3218	Carapaus de Corrida	V40	59
2895	1393	Carlos Tenório	00:28:34	00:55:36	00:53:36	2759		V50	230
2896	4250	Inês Rente	00:27:06	00:55:36	00:55:16	3186	TOA	Senior	103
2897	1061	Rute Santos	00:28:27	00:55:36	00:55:09	3164		V50	17
2898	2234	Susana França	00:28:11	00:55:37	00:55:22	3214	Carapaus de Corrida	V35	62
2899	5703	Luís Gregorio	00:28:57	00:55:37	00:54:07	2888	Kangurus S.A.	V45	416
2900	4451	João Figueiredo	00:28:41	00:55:37	00:54:31	2988	Câmara Lisboa Clube	V55	162



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2901	2884	Luis Rodrigues	00:27:42	00:55:37	00:55:13	3178	Tivoli Running team	V40	533
2902	245	Paulo Moreno	00:29:36	00:55:38	00:54:46	3051		V45	417
2903	2779	Carlos Costa	00:29:22	00:55:38	00:53:09	2660		V45	418
2904	5927	Joao Braga	00:28:48	00:55:38	00:54:47	3056		V60	88
2905	308	Diogo Pinto	00:27:00	00:55:38	00:54:59	3123	BP2SEA Runners	Senior	605
2906	6177	Miguel Palma	00:28:07	00:55:39	00:55:09	3165	Galp runners	Senior	606
2907	6175	Mario Ribeiro	00:28:14	00:55:39	00:55:08	3158	Galp runners	V40	534
2908	1585	Marisa Santos	00:30:04	00:55:39	00:51:57	2367		V35	63
2909	6576	Jose Ribeiro	00:30:11	00:55:39	00:52:29	2493		V35	498
2910	1586	Bruno Alves	00:30:04	00:55:40	00:51:58	2371		Senior	607
2911	1753	Rui Ramada	00:28:28	00:55:40	00:53:43	2786		V40	535
2912	3666	Fábio Inácio	00:28:09	00:55:40	00:53:57	2847		Senior	608
2913	657	Nuno Pereira	00:30:25	00:55:40	00:54:35	3008		V40	536
2914	5158	Paulo Ferreira	00:28:42	00:55:41	00:54:44	3047		V40	537
2915	2575	Pedro Silva	00:29:52	00:55:41	00:52:41	2550	Saúda	V35	499
2916	6664	Luís Coelho	00:28:41	00:55:41	00:54:38	3023	Cruz Quebradense SIMECQ	V50	231
2917	4302	Tiago Veiga	00:28:40	00:55:41	00:54:36	3015	G.D. SantanderTotta	Senior	609
2918	2241	Filipe Basto	00:27:33	00:55:41	00:55:06	3152		V50	232
2919	5766	Francisco Noronha	00:28:47	00:55:41	00:54:13	2911	VdAtletas	V55	163
2920	642	Luis Silva	00:27:56	00:55:41	00:55:17	3189		V45	419



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2921	6596	Bruno Lobato	00:28:30	00:55:42	00:54:10	2897		V35	500
2922	2938	Carlos Marques	00:27:39	00:55:42	00:54:23	2961		V40	538
2923	891	Sónia Dantas	00:29:05	00:55:42	00:54:32	2993		V35	64
2924	7082	Pedro Carreiro	00:29:33	00:55:43	00:54:15	2925		V40	539
2925	2973	Jorge Oliveira	00:27:33	00:55:43	00:54:14	2914		V40	540
2926	6548	Sergio Sota	00:28:49	00:55:43	00:54:30	2983		V45	420
2927	1740	Fernanda Mangas	00:28:45	00:55:43	00:54:30	2984		V35	65
2928	1876	Egídio Gonçalves	00:29:29	00:55:43	00:54:11	2908		V35	501
2929	3650	Tiago Arouca	00:30:24	00:55:43	00:51:44	2325		Senior	610
2930	6072	Marta Reis	00:29:23	00:55:44	00:53:27	2722		V40	60
2931	1834	João Benevides	00:30:24	00:55:44	00:51:44	2326		Senior	611
2932	4186	Valter Santos	00:28:19	00:55:44	00:55:09	3162	Hiscox Lisbon Running Club	Senior	612
2933	5791	João Santos	00:29:27	00:55:45	00:52:52	2592	AON Portugal	Junior	33
2934	1095	Martins Barata	00:28:05	00:55:45	00:55:17	3190	Clube Ferroviario de Portugal	V70	8
2935	3003	Damião Rega	00:30:32	00:55:45	00:52:28	2491		V55	164
2936	3028	António Fernandes	00:29:32	00:55:45	00:53:43	2785	Rail Runners	V40	541
2937	56	Jorge Lopes	00:27:24	00:55:45	00:55:38	3277		V50	233
2938	493	Paulo Enes	00:28:07	00:55:45	00:54:25	2966		V40	542
2939	1689	Olga Severyanova	00:29:04	00:55:45	00:53:43	2784	CCD Siemens	Senior	104
2940	4662	Margarida Pinto	00:28:33	00:55:45	00:55:06	3150	GFD Running	V45	41



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2941	3724	Carla Almeida	00:27:52	00:55:46	00:55:30	3241		V35	66
2942	6990	Alexandre Vasco	00:29:08	00:55:46	00:54:06	2884		V45	421
2943	6042	Blandino Silva	00:29:47	00:55:46	00:54:43	3041		V40	543
2944	1663	Carlos Gil	00:30:08	00:55:46	00:52:47	2568		V40	544
2945	1518	Óscar Carranço	00:28:40	00:55:46	00:54:23	2958		V35	502
2946	1517	Soraia Carranço	00:28:40	00:55:46	00:54:23	2957		Senior	105
2947	6731	António Pinto	00:30:14	00:55:46	00:52:57	2607		V50	234
2948	3758	Rui Afonso	00:27:31	00:55:47	00:55:34	3253		V40	545
2949	1717	Vítor Canto	00:30:14	00:55:47	00:52:58	2611		V45	422
2950	4058	Helder Correia	00:28:12	00:55:47	00:55:22	3212	ALCES	V35	503
2951	4059	Fernando Jesus	00:28:12	00:55:47	00:55:21	3205	ALCES	Senior	613
2952	1159	Tiago Cairrão	00:28:31	00:55:48	00:54:29	2974	Farmácia Santo António	Senior	614
2953	4865	Vasco Menezes	00:29:28	00:55:49	00:54:07	2889	Team Envy	V50	235
2954	3013	Bruno Lopes	00:28:42	00:55:49	00:53:54	2829		Senior	615
2955	4552	João Guerreiro	00:26:53	00:55:49	00:55:20	3200		Senior	616
2956	38	Pedro Rodrigues	00:29:39	00:55:50	00:52:37	2522		V45	423
2957	6976	Bruno Pereira	00:29:16	00:55:50	00:53:38	2766	Perene	V35	504
2958	6741	Frederico Rodrigues	00:28:46	00:55:50	00:54:14	2916		V35	505
2959	373	Nuno Pereira	00:27:31	00:55:50	00:55:38	3273	Sporting Clube de Casainhos	V45	424
2960	3542	Alexandra Guerreiro	00:27:53	00:55:50	00:55:37	3272		V40	61



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2961	7126	Nuno Loureiro	00:29:08	00:55:51	00:54:59	3117	Falcões Selvagens	V50	236
2962	3298	José Branco	00:29:15	00:55:51	00:54:01	2864	Lebres da Lapa	V45	425
2963	6024	Frederico Guita	00:28:05	00:55:51	00:53:37	2763		Senior	617
2964	5754	António Almeida	00:28:48	00:55:51	00:54:03	2873	VdAtletas	V35	506
2965	5172	Luís Barroso	00:27:22	00:55:51	00:55:36	3264		V55	165
2966	52	Carlos Morais	00:28:27	00:55:51	00:55:44	3297		V50	237
2967	1377	Mário Rogado	00:27:39	00:55:52	00:55:27	3233	Correr Lisboa	V35	507
2968	733	Paula Branco	00:27:24	00:55:52	00:55:44	3300		V40	62
2969	7072	Maria Queiroz	00:28:14	00:55:52	00:55:20	3201		V50	18
2970	5248	Pedro Branco	00:26:37	00:55:52	00:55:18	3191	Rebenta Milhas	V35	508
2971	6353	João Pereira	00:28:03	00:55:53	00:55:15	3181		Senior	106
2972	4381	Ana Filipa	00:28:02	00:55:53	00:55:26	3226	CCCD RUN4FUN	Senior	107
2973	547	Carla Oliveira	00:27:58	00:55:53	00:55:30	3240		V40	63
2974	6739	Ann Macpherson	00:27:16	00:55:54	00:55:02	3130		V35	67
2975	5208	Dário Neves	00:31:20	00:55:54	00:52:37	2526		Senior	618
2976	2982	Vanessa Gomes	00:28:46	00:55:54	00:54:37	3018		V35	68
2977	4700	Tiago Marques	00:27:59	00:55:54	00:54:49	3072		V45	426
2978	1218	Nuno Raminhos	00:27:06	00:55:54	00:55:08	3155	BRRnightRUNNERS	V45	427
2979	5423	Sandra Cunha	00:29:52	00:55:55	00:53:42	2779		Senior	108
2980	2565	Pedro Baião	00:30:47	00:55:55	00:54:23	2959	RelaxTeam	Junior	34



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2981	1497	Fábio Gaudencio	00:29:40	00:55:56	00:53:10	2663		Senior	619
2982	2933	Katharina Silva	00:27:43	00:55:57	00:55:44	3301		V45	42
2983	2818	Gil Pereira	00:29:41	00:55:57	00:52:52	2587	BRRnightRUNNERS	V45	428
2984	3652	Adelino Sousa	00:30:31	00:55:57	00:52:42	2553		Senior	620
2985	511	Marcos Madeira	00:27:58	00:55:57	00:55:22	3213		V40	546
2986	3017	Daniel Veríssimo	00:30:31	00:55:58	00:52:44	2562		Senior	621
2987	736	Carlos Galvão	00:28:27	00:55:58	00:55:18	3192		V35	509
2988	673	Albino Ferreira	00:28:05	00:55:58	00:54:50	3074		V50	238
2989	1277	João Silva	00:27:28	00:55:58	00:55:48	3319	CLUBE NOVO BANCO	V50	239
2990	5736	Joaquim Simao	00:28:20	00:55:59	00:55:42	3292	ODEBRECHT PORTUGAL	V50	240
2991	2204	António Oliveira	00:31:06	00:55:59	00:53:42	2780		V40	547
2992	3775	Filipe Alberto	00:30:19	00:55:59	00:53:26	2720		V40	548
2993	3127	Sílvia Marçal	00:28:33	00:55:59	00:54:46	3054		Senior	109
2994	5487	André Faria	00:27:58	00:55:59	00:54:05	2881		V35	510
2995	1321	Carlos Marinho	00:29:22	00:56:00	00:54:13	2910		V35	511
2996	3430	João Baptista	00:30:17	00:56:01	00:53:41	2778		V50	241
2997	3736	Marcio Lourenço	00:28:55	00:56:01	00:54:51	3085		V35	512
2998	5839	António Reis	00:31:05	00:56:01	00:51:58	2370		V50	242
2999	503	Gonçalo Neves	00:29:14	00:56:02	00:54:11	2904		Senior	622
3000	2468	Filipe Sá	00:29:07	00:56:02	00:54:19	2943		V35	513



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3001	1926	Joao Nita	00:27:50	00:56:02	00:55:03	3135	EX FEDERADOS	V40	549
3002	3930	Filipe Lopes	00:30:26	00:56:02	00:52:26	2483		Senior	623
3003	5823	Miguel Anjos	00:27:29	00:56:02	00:55:26	3227		V40	550
3004	3515	Emilia Galinha	00:27:46	00:56:03	00:55:41	3285		V55	6
3005	6980	Manuel Aço	00:29:51	00:56:03	00:52:30	2498	Pepsico	V45	429
3006	5701	Ricardo Henriques	00:30:00	00:56:03	00:54:24	2963	SS CGD	Senior	624
3007	5449	António Rodrigues	00:27:19	00:56:03	00:55:44	3303		Senior	625
3008	3791	Pedro Bouhon	00:28:53	00:56:03	00:55:26	3228		V55	166
3009	4006	Alexandre Vicente	00:28:19	00:56:03	00:55:22	3215	Link	Senior	626
3010	700	Carla Fernandes	00:28:42	00:56:04	00:55:32	3248	Asas	V35	69
3011	2758	Nuno Balsas	00:28:04	00:56:04	00:55:45	3305		V35	514
3012	1565	José Henriques	00:29:28	00:56:04	00:53:52	2823		V45	430
3013	3632	Rita Pinto	00:28:21	00:56:04	00:55:34	3254		Senior	110
3014	1856	Jorge Salvado	00:29:56	00:56:06	00:53:38	2764	CONTRAALTAFINANÇA	V50	243
3015	6176	Pedro Teixeira	00:29:36	00:56:06	00:55:35	3257	Galp runners	Senior	627
3016	3686	João Ribeiro	00:28:27	00:56:06	00:54:41	3037		Senior	628
3017	3574	Marco Barros	00:30:02	00:56:06	00:53:33	2744		V45	431
3018	890	João Marques	00:28:17	00:56:07	00:54:58	3110		V35	515
3019	7112	António Neves	00:29:22	00:56:07	00:54:32	2991		V45	432
3020	6709	João Nuno	00:28:26	00:56:08	00:54:44	3044		V35	516



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3021	4406	João Mesquita	00:30:36	00:56:08	00:52:44	2563	Os Cunhados	V35	517
3022	5975	Maria Carapinha	00:30:37	00:56:08	00:52:33	2511	Micos	Senior	111
3023	2658	Sara Paulino	00:30:21	00:56:08	00:53:40	2771		Senior	112
3024	5615	Madalena Salgueiro	00:28:12	00:56:08	00:54:23	2960		V35	70
3025	6873	Bruno Palma	00:29:46	00:56:08	00:54:05	2880		V35	518
3026	4499	Pedro Mata	00:29:46	00:56:09	00:54:03	2872		V45	433
3027	740	Isabel Conceição	00:28:49	00:56:09	00:55:20	3203		Senior	113
3028	4694	Carlos Dias	00:29:22	00:56:10	00:54:36	3016		V55	167
3029	6085	Márcio Fazenda	00:30:37	00:56:10	00:53:28	2729		Senior	629
3030	5974	Romão Pedroso	00:30:37	00:56:10	00:52:34	2516	Micos	Senior	630
3031	1884	Rui Gomes	00:30:17	00:56:10	00:51:44	2327		V35	519
3032	5206	Pedro Santos	00:29:58	00:56:10	00:53:56	2845		V35	520
3033	2252	Joao Farinha	00:27:47	00:56:10	00:55:46	3313		V40	551
3034	6727	Nelson Santos	00:29:59	00:56:11	00:53:56	2844		Senior	631
3035	7006	João Ribeiro	00:27:21	00:56:11	00:55:32	3245		Senior	632
3036	404	Rui Monteiro	00:29:06	00:56:11	00:55:32	3247		V40	552
3037	6735	José Tomé	00:27:29	00:56:12	00:55:23	3219		V50	244
3038	4311	José Viegas	00:29:46	00:56:12	00:54:55	3104	GD SANTANDERTOTTA	V35	521
3039	6945	David Fernandes	00:27:30	00:56:12	00:55:24	3220		Senior	633
3040	4931	Luís Guerreiro	00:29:38	00:56:12	00:53:21	2698		V45	434



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3041	1303	Ricardo Silva	00:27:23	00:56:13	00:55:57	3352	CLUBE NOVO BANCO	V35	522
3042	2412	Antonio Carpinteiro	00:28:08	00:56:13	00:55:57	3354	SS CGD	V70	9
3043	3464	Nelson Inacio	00:28:49	00:56:13	00:55:35	3262		V45	435
3044	4876	Vera Torégão	00:30:10	00:56:14	00:52:56	2604	Alliance Healthcare	V35	71
3045	1736	Pedro Pereira	00:29:57	00:56:14	00:54:59	3120		V50	245
3046	2198	Antonio Vinagre	00:28:29	00:56:14	00:55:06	3149		V65	36
3047	2629	Diogo Fonte	00:27:05	00:56:15	00:55:51	3330	CateringPor	Senior	634
3048	3911	João Soares	00:29:03	00:56:15	00:55:55	3346		V40	553
3049	5018	Nuno Côrte-Real	00:29:31	00:56:16	00:54:09	2896		V50	246
3050	2567	Antonio Fonseca	00:28:11	00:56:16	00:55:19	3193	Tangas Clube	V70	10
3051	6165	Vanessa Salvador	00:29:12	00:56:16	00:54:56	3106		Senior	114
3052	2138	Fernando Teixeira	00:30:00	00:56:16	00:53:48	2804		V60	89
3053	4340	Mário Costa	00:29:47	00:56:16	00:54:59	3116	GD SANTANDERTOTTA	V40	554
3054	4832	Marta Afonso	00:29:26	00:56:17	00:54:32	2992		V40	64
3055	58	Rozires Ferreira	00:28:51	00:56:17	00:55:49	3323		Senior	115
3056	5453	Fernando Oliveira	00:30:21	00:56:18	00:53:22	2706		Senior	635
3057	3660	Albano Pires	00:28:58	00:56:18	00:55:32	3244		V60	90
3058	5609	Nelson Ruivo	00:27:42	00:56:18	00:55:38	3275		V45	436
3059	6542	José Martins	00:27:41	00:56:18	00:55:38	3274		V40	555
3060	7040	Paulo Domingos	00:28:33	00:56:19	00:55:12	3175		V40	556



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3061	6938	João Borges	00:31:23	00:56:19	00:53:49	2811		V45	437
3062	3828	Gregório Labisa	00:31:23	00:56:19	00:53:49	2812		V45	438
3063	5318	Mariana Lourenço	00:29:33	00:56:20	00:54:36	3017		Senior	116
3064	6649	Raquel Dias	00:30:20	00:56:21	00:53:57	2852	PLMJ RUNNERS	Senior	117
3065	5023	Cristina Blanco	00:29:29	00:56:21	00:55:16	3187	Mercedes	V50	19
3066	2812	Carlos Marques	00:28:28	00:56:21	00:56:06	3382	LINDA-A-PASTORA SPORTING CLUBE	V75	2
3067	2811	Isabel Lino	00:28:28	00:56:21	00:56:07	3383	LINDA-A-PASTORA SPORTING CLUBE	V65	3
3068	6059	António Donato	00:27:26	00:56:22	00:55:48	3320		V50	247
3069	4112	Sandra Alves	00:29:09	00:56:22	00:55:11	3173	RUN FORREST RUN	V40	65
3070	4113	Claudia Matos	00:29:10	00:56:22	00:55:11	3171	RUN FORREST RUN	V35	72
3071	3684	Luis Sousa	00:29:30	00:56:22	00:53:16	2673		V35	523
3072	2421	João Correia	00:29:09	00:56:22	00:54:49	3063	SS CGD	V55	168
3073	1217	Celia Lourenco	00:28:25	00:56:22	00:55:36	3267	BRRnightRUNNERS	V40	66
3074	3015	Carlos Oliveira	00:30:33	00:56:22	00:52:52	2590		V60	91
3075	2459	João Trigo	00:31:07	00:56:22	00:53:25	2716	Farmácia Alto da Eira / AVS	V35	524
3076	94	Telmo Carvalho	00:28:22	00:56:22	00:55:35	3258		V35	525
3077	2085	Rui Palma	00:28:00	00:56:22	00:55:50	3325	Os Coxos	V35	526
3078	2458	Fernando Cândido	00:31:07	00:56:23	00:53:25	2718	Farmácia Alto da Eira / AVS	V50	248
3079	2457	Nuno Cabanas	00:31:07	00:56:23	00:53:25	2714	Farmácia Alto da Eira / AVS	V45	439
3080	2879	Serena Giorgio	00:29:32	00:56:23	00:54:49	3065	Nerds for speed	Senior	118



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3081	1200	Conceição Ferreira	00:27:45	00:56:23	00:56:13	3408	Ferreira	V65	4
3082	6052	Emanuel Cunha	00:30:13	00:56:24	00:54:08	2892		Senior	636
3083	2056	Francisco Linhol	00:30:02	00:56:24	00:54:16	2926		V60	92
3084	3170	Rodrigo Cardoso	00:27:16	00:56:24	00:56:15	3415		V35	527
3085	754	Pedro Honório	00:27:35	00:56:25	00:56:14	3410		V50	249
3086	7151	Miguel Moreira	00:26:54	00:56:25	00:56:09	3392		V55	169
3087	5457	Anibal Ferreira	00:28:38	00:56:25	00:55:52	3334	Clube Oriental de Pechão	V65	37
3088	2071	Rodrigo Peguiça	00:27:56	00:56:25	00:55:50	3324	LESMA ALOPRADAS	V35	528
3089	2277	João Martins	00:28:14	00:56:26	00:56:03	3371	BELÉM RUNNERS	V45	440
3090	6122	Sandra Machado	00:28:56	00:56:26	00:55:40	3282		V40	67
3091	2737	Victória Mata	00:29:13	00:56:26	00:55:21	3204	OS MATAS	V60	5
3092	5300	Americo Gomes	00:27:28	00:56:26	00:55:22	3209		V60	93
3093	1053	Rhina Cardenal	00:28:38	00:56:26	00:55:37	3270		Senior	119
3094	1845	Luis Melo	00:25:51	00:56:27	00:55:41	3289		V35	529
3095	5264	Marina Monteiro	00:28:39	00:56:27	00:55:43	3294	Ortobest Running Team	Senior	120
3096	5195	Silvia Silva	00:27:53	00:56:27	00:56:12	3407		V40	68
3097	5204	Vítor Pereira	00:27:22	00:56:28	00:54:52	3087		V45	441
3098	4220	Paulo Sousa	00:29:21	00:56:28	00:55:04	3138	GDCTIN Casa da Moeda	V40	557
3099	4246	Marta Berneaud	00:28:39	00:56:28	00:55:45	3308	Ortobest Running Team	Senior	121
3100	4199	João Fernandes	00:28:40	00:56:29	00:55:19	3198	Hiscox Lisbon Running Club	V35	530



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3101	7108	Daniel Pedro	00:26:55	00:56:29	00:56:00	3363		Senior	637
3102	155	António Faria	00:28:37	00:56:29	00:55:27	3231		V60	94
3103	3252	Ivo Mendes	00:29:06	00:56:30	00:55:32	3246	Dragões Vermelhos	Senior	638
3104	2694	Henrique Veloso	00:27:52	00:56:31	00:56:18	3428		V35	531
3105	4510	Manuel Galvão	00:27:47	00:56:31	00:56:11	3403		V50	250
3106	7123	Rui Ferreira	00:28:56	00:56:31	00:55:44	3304		V45	442
3107	2669	Diogo Gonçalves	00:28:29	00:56:31	00:55:04	3140		V35	532
3108	6249	André Areias	00:29:12	00:56:31	00:54:03	2871	KPMG Runners	Senior	639
3109	1331	Paulo Oliva	00:30:39	00:56:32	00:53:57	2846		V45	443
3110	1350	Bruno Teixeira	00:29:35	00:56:33	00:55:36	3266		Senior	640
3111	3448	Dora Luís	00:29:42	00:56:33	00:52:33	2512		V35	73
3112	6947	Rui Silva	00:29:02	00:56:33	00:56:05	3380		Senior	641
3113	4337	Luísa Fernandes	00:28:59	00:56:34	00:55:19	3196		Senior	122
3114	6943	Juliana Neto	00:29:02	00:56:34	00:56:05	3379		Senior	123
3115	1937	Jose Piedade	00:28:14	00:56:34	00:56:10	3394	CateringPor	V50	251
3116	1691	Lara Simons	00:28:28	00:56:35	00:55:57	3353	CCD Siemens	Senior	124
3117	4198	Nuno Lopes	00:28:41	00:56:35	00:55:25	3222	Hiscox Lisbon Running Club	V35	533
3118	5214	Paulo Fradique	00:29:20	00:56:35	00:54:40	3030		V35	534
3119	5983	Acácio Teixeira	00:31:26	00:56:35	00:54:01	2866	My Story Hotels	V55	170
3120	5982	Alfredo Tavares	00:31:26	00:56:36	00:53:59	2855	My Story Hotels	V45	444



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3121	5986	Nuno Henriques	00:31:26	00:56:36	00:53:59	2856	My Story Hotels	V40	558
3122	1920	João Marques	00:30:05	00:56:36	00:53:50	2815		Senior	642
3123	2969	Rui Gonçalves	00:30:56	00:56:36	00:53:54	2830		V55	171
3124	2232	Catia Ramos	00:27:39	00:56:36	00:56:28	3469	Carrasco & Amigos	Senior	125
3125	3080	Sérgio Tavares	00:28:17	00:56:36	00:56:29	3472	CCD Crédito Agrícola Mútuo	Senior	643
3126	5971	Ricardo Rodrigues	00:26:00	00:56:36	00:56:25	3458		Senior	644
3127	7173	Rafael Silva	00:30:46	00:56:37	00:52:41	2547	Alhandra B	Junior	35
3128	2749	Nuno Marques	00:30:20	00:56:37	00:55:44	3296	RunLovers	V45	445
3129	6067	José Magro	00:28:53	00:56:38	00:55:48	3321	Runners da Frente Ribeirinha da Póvoa de Santa	V45	446
3130	5102	Pedro Carvalho	00:31:34	00:56:38	00:53:50	2814	g.d.chelas	Senior	645
3131	4013	João Pereira	00:30:00	00:56:38	00:54:17	2936	Link	Senior	646
3132	5101	Paulo Carvalho	00:31:34	00:56:38	00:53:51	2820	g.d.chelas	V40	559
3133	1043	Paulo Alves	00:29:22	00:56:38	00:55:06	3153		V35	535
3134	1005	Diogo Franco	00:30:16	00:56:38	00:53:07	2653		V35	536
3135	1735	Rui Correia	00:30:11	00:56:39	00:55:37	3271		V40	560
3136	3624	Miguel Gomes	00:30:39	00:56:40	00:53:57	2850		Senior	647
3137	214	Ines Agostinho	00:29:18	00:56:40	00:55:05	3146		Senior	126
3138	1041	Bernardo Tavares	00:30:01	00:56:41	00:53:22	2705		Senior	648
3139	757	Rui Reis	00:28:02	00:56:42	00:56:31	3477		V45	447
3140	564	Jose Nobre	00:27:41	00:56:42	00:56:35	3490		V55	172



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3141	5332	Antonio Constantino	00:28:05	00:56:42	00:56:34	3488	Clube de Atletismo da Nazaré	V55	173
3142	4869	Isabel Santos	00:28:35	00:56:42	00:56:26	3461	Lourdete Perfumarias	V45	43
3143	587	João Santos	00:30:13	00:56:43	00:53:48	2805	Tartarugas Solidárias	V45	448
3144	2898	Carlos Claro	00:28:15	00:56:43	00:56:14	3413	Jovens da Serra das Minas	V60	95
3145	4230	Mauro Lança	00:28:40	00:56:43	00:56:00	3362	GDCTIN Casa da Moeda	V35	537
3146	1775	Sérgio Resende	00:28:14	00:56:43	00:56:09	3389		V45	449
3147	226	Bruno Moreira	00:28:10	00:56:43	00:56:34	3487		V35	538
3148	1213	Tânia Saraiva	00:30:58	00:56:44	00:52:53	2597	Starfish	V35	74
3149	5358	José Lameira	00:29:20	00:56:44	00:54:49	3068		V35	539
3150	621	José Alves	00:29:59	00:56:44	00:54:54	3100		V60	96
3151	6699	David Pina	00:30:35	00:56:44	00:52:43	2557		Senior	649
3152	2748	Carlos Lopes	00:28:07	00:56:44	00:56:14	3411	Serranos	V45	450
3153	5506	Dominique Caridroit	00:29:12	00:56:44	00:54:41	3035		V45	451
3154	4227	Vasco Ferreira	00:27:28	00:56:45	00:56:18	3427	GDCTIN Casa da Moeda	V40	561
3155	2747	Odete Francisco	00:28:07	00:56:45	00:56:15	3414	Serranos	V45	44
3156	2262	João Barreto	00:29:49	00:56:46	00:56:12	3406	CLUBE DESPORTIVO DO ARNEIRO	Senior	650
3157	1948	António Dias	00:29:49	00:56:46	00:53:48	2802		V50	252
3158	2261	André Silva	00:29:49	00:56:47	00:56:15	3416	CLUBE DESPORTIVO DO ARNEIRO	Junior	36
3159	3513	Carla Fernandes	00:27:49	00:56:48	00:56:22	3451		V40	69
3160	5888	Rui Soares	00:30:36	00:56:48	00:55:06	3154		V35	540



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3161	4432	Nádia Martins	00:30:09	00:56:49	00:54:28	2973	Carapaus de Corrida GDRC SEF	V35	75
3162	6811	Fernando Paixão	00:28:46	00:56:50	00:56:04	3375	FBA	V50	253
3163	869	Pedro Trigo	00:28:43	00:56:50	00:56:10	3396		Senior	651
3164	7145	Rui Gomes	00:28:27	00:56:50	00:55:55	3344		V45	452
3165	477	Luis Ribeiro	00:31:20	00:56:51	00:53:39	2769		V45	453
3166	1886	Fábio Ramos	00:31:29	00:56:51	00:52:26	2480		V35	541
3167	1837	Ricardo Mendes	00:30:34	00:56:52	00:53:21	2696		V40	562
3168	4388	Ricardo Prates	00:32:12	00:56:52	00:53:14	2669	Texas runners	Senior	652
3169	5044	Carlos Moraes	00:27:52	00:56:52	00:56:26	3462	Mercedes	V45	454
3170	4416	Ricardo Madeira	00:28:36	00:56:53	00:55:59	3359	condores Varge Mondar	Senior	653
3171	3641	Daniel Nogueira	00:30:38	00:56:53	00:54:09	2894		Senior	654
3172	4431	Natacha Martins	00:30:09	00:56:53	00:54:33	2997	Carapaus de Corrida GDRC SEF	V35	76
3173	5561	Alfredo Gualdino	00:32:11	00:56:53	00:53:15	2671	Texas runners	Senior	655
3174	5430	Paula Domingues	00:29:21	00:56:54	00:55:27	3230	Kangurus S.A.	V40	70
3175	3393	Luis Vasconcelos	00:29:52	00:56:54	00:54:49	3064		V50	254
3176	3538	Sara Fulgêncio	00:29:32	00:56:55	00:55:30	3239		V35	77
3177	4162	Rogério Fernandes	00:30:01	00:56:55	00:55:28	3234	SOGMIP	V40	563
3178	2082	Rodrigo Neto	00:29:02	00:56:55	00:54:59	3121	MS Runners	Senior	656
3179	4938	Renata Belo	00:27:58	00:56:55	00:56:05	3378		V45	45
3180	6716	Gonçalo Ribeiro	00:30:56	00:56:55	00:54:33	2995		V40	564



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3181	6134	Sara Madeira	00:30:19	00:56:56	00:54:34	3004		V40	71
3182	3646	Miguel Horta	00:30:32	00:56:56	00:54:55	3103		V40	565
3183	3735	Luis Pinto	00:30:32	00:56:56	00:54:55	3105		V35	542
3184	4734	Goncalo Bernardo	00:29:08	00:56:56	00:55:44	3302		V35	543
3185	3689	Lisa Santos	00:30:01	00:56:56	00:54:19	2945		V35	78
3186	6877	Maria Viegas	00:28:18	00:56:56	00:56:33	3484		V50	20
3187	1334	Célia Francisco	00:29:08	00:56:56	00:56:26	3463		V40	72
3188	5852	Luisa Pica	00:30:41	00:56:57	00:54:58	3112		V50	21
3189	6168	Renato Alves	00:30:37	00:56:57	00:53:13	2668	Colgate Em Movimento	V35	544
3190	3752	Manuel Serra	00:28:57	00:56:57	00:55:55	3345		V70	11
3191	1246	António Bruno	00:29:23	00:56:57	00:55:09	3163		V40	566
3192	3870	Vasco Lavado	00:29:11	00:56:57	00:56:32	3482		V40	567
3193	5611	José Vale	00:28:18	00:56:57	00:56:50	3538		V55	174
3194	618	Rui Domingues	00:27:56	00:56:58	00:56:50	3540		V50	255
3195	1268	Elisabete Marques	00:29:18	00:56:58	00:55:52	3332	CLUBE NOVO BANCO	V35	79
3196	6781	Stephanie Seddon-Brown	00:28:21	00:56:58	00:56:08	3388		V40	73
3197	6569	Liliana Ferreira	00:28:28	00:56:58	00:55:58	3355		V40	74
3198	2367	Maria Dinis	00:28:02	00:56:58	00:56:46	3524	Familia Dinis	Senior	127
3199	4855	João Cardoso	00:30:15	00:56:59	00:54:44	3049	ATeam	V35	545
3200	6755	António Afonso	00:29:54	00:56:59	00:55:10	3170		V55	175



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3201	5359	Joao Pires	00:30:04	00:57:00	00:53:20	2688		V40	568
3202	3407	Dino Soares	00:30:16	00:57:00	00:53:21	2699	STERIRUNNERS	V35	546
3203	1865	Carla Morgado	00:30:02	00:57:00	00:54:52	3088		V40	75
3204	2716	Mariana Teixeira	00:29:38	00:57:01	00:55:53	3337		Senior	128
3205	6817	Pedro Dinis	00:28:56	00:57:01	00:55:56	3349	Estrelas Lisboa	V35	547
3206	4389	Pedro Rocha	00:32:11	00:57:01	00:53:22	2704	Texas runners	Senior	657
3207	2141	Duarte Camacho	00:28:49	00:57:01	00:55:35	3260		V40	569
3208	2180	António Lopes	00:28:14	00:57:01	00:56:35	3491		V60	97
3209	3226	Luís Santos	00:30:12	00:57:02	00:54:51	3084		Senior	658
3210	2773	Alia Mira	00:30:12	00:57:02	00:54:52	3090		Senior	129
3211	3902	Claudia Cruz	00:30:23	00:57:02	00:54:38	3022		Senior	130
3212	4904	Frederico Sousa	00:28:45	00:57:02	00:56:37	3492	LEBRES E TARTARUGAS	V50	256
3213	2168	Ivo Cosme	00:30:00	00:57:03	00:54:58	3114		Senior	659
3214	6281	Luis Martins	00:28:48	00:57:03	00:55:36	3268	VdAtletas	V50	257
3215	1599	Filipa Afonso	00:29:03	00:57:03	00:55:14	3180		V35	80
3216	7060	Joao Ferreira	00:29:30	00:57:04	00:56:42	3510		V50	258
3217	5769	Rita Abreu	00:28:52	00:57:05	00:55:15	3182	VdAtletas	Senior	131
3218	2280	Michele Correia	00:28:45	00:57:05	00:56:54	3554	BELÉM RUNNERS	V40	76
3219	5247	Coélhone Coélhone	00:29:24	00:57:07	00:54:51	3082	Rebenta Milhas	V40	570
3220	2999	Fernando Jeronimo	00:29:39	00:57:07	00:55:46	3309		V60	98



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3221	2117	Fernando Palma	00:28:44	00:57:07	00:55:50	3326		V40	571
3222	3340	João Pais	00:30:17	00:57:07	00:53:48	2803	Pinguins do Arctic	V40	572
3223	3344	André Barros	00:30:33	00:57:07	00:53:49	2813	Pinguins do Arctic	Senior	660
3224	5342	Iris Mauricio	00:28:12	00:57:07	00:56:47	3527	RunLovers	V40	77
3225	476	Joaquim Melo	00:29:36	00:57:08	00:56:15	3417		V45	455
3226	484	Vera Hipólito	00:30:07	00:57:08	00:54:46	3050		V40	78
3227	5418	Rute Costa	00:31:24	00:57:08	00:53:31	2736		V35	81
3228	4837	Luís Costa	00:31:24	00:57:08	00:54:11	2900		V60	99
3229	5510	Tânia Valentim	00:30:33	00:57:09	00:53:51	2819		Senior	132
3230	6029	Pedro Lucas	00:31:25	00:57:09	00:53:29	2732		V35	548
3231	5180	Luiza Freitas	00:31:25	00:57:09	00:53:32	2743		Senior	133
3232	2359	Nuno Gonçalves	00:28:07	00:57:10	00:56:56	3562	Keep Running	V60	100
3233	6030	Rui Martins	00:31:24	00:57:10	00:53:30	2734		Senior	661
3234	2617	Mónica Martins	00:28:40	00:57:10	00:56:30	3474	Caracóis Turbinados	Senior	134
3235	1292	Paulo Sousa	00:28:31	00:57:10	00:56:53	3548	CLUBE NOVO BANCO	V50	259
3236	3591	Nuno Costa	00:30:04	00:57:11	00:55:41	3286		V40	573
3237	5878	Afonso Belo	00:30:15	00:57:11	00:54:32	2994	Alverca Urban Runners	V45	456
3238	4265	Inês Martins	00:29:10	00:57:11	00:56:45	3521	NAV Runners	Senior	135
3239	3766	Rui Silva	00:27:44	00:57:12	00:56:41	3504		V35	549
3240	2022	Rui Fernandes	00:28:55	00:57:12	00:56:54	3555	Lusitanos	V50	260



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3241	4716	Luis Fonseca	00:28:31	00:57:12	00:56:55	3561		V50	261
3242	1579	Alberto Ramires	00:28:21	00:57:13	00:56:48	3533		V60	101
3243	5826	Sérgio Pinto	00:28:18	00:57:13	00:56:12	3405		Senior	662
3244	6351	Andreia Costa	00:30:24	00:57:13	00:54:19	2946		V35	82
3245	695	Helena Cunha	00:28:42	00:57:13	00:56:42	3509	Asas	V55	7
3246	696	António Marques	00:30:16	00:57:14	00:56:41	3508	Asas	V65	38
3247	751	Vitor Lopes	00:31:35	00:57:14	00:54:40	3033		V45	457
3248	5985	Carlos Oliveira	00:31:35	00:57:14	00:54:37	3019	My Story Hotels	V50	262
3249	2635	Leonardo Novo	00:30:58	00:57:14	00:55:04	3141	Nerds for speed	Senior	663
3250	6737	Ana Moraes	00:29:38	00:57:14	00:56:09	3393		V45	46
3251	6813	António Rodrigues	00:28:49	00:57:14	00:56:31	3475	FBA	V40	574
3252	4777	Cesar Silva	00:29:34	00:57:14	00:56:34	3486		V45	458
3253	2889	Carloa Garcez	00:29:45	00:57:14	00:56:18	3425	Top Team	V40	79
3254	4127	Bruno Rainho	00:31:51	00:57:15	00:53:32	2740	SS CGD	V50	263
3255	5767	Carlos Correia	00:28:47	00:57:15	00:55:49	3322	VdAtletas	V45	459
3256	6275	David Oliveira	00:30:48	00:57:16	00:54:18	2937	KPMG Runners	Senior	664
3257	4045	Joaquim Grilo	00:29:39	00:57:16	00:55:34	3256	Auto Jacinto	V60	102
3258	5475	Vitor Luis	00:30:40	00:57:16	00:54:35	3013		V45	460
3259	4863	Elisabete Gonçalves	00:29:48	00:57:16	00:55:34	3255	Team Envy	V40	80
3260	5675	Nelson Silva	00:31:06	00:57:16	00:54:35	3012		V40	575



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3261	2887	Catarina Silva	00:29:45	00:57:17	00:56:20	3441	Top Team	V35	83
3262	5732	Victor Almeida	00:29:01	00:57:17	00:55:32	3243	Ginásio Clube Português	V45	461
3263	4801	Helder Raposo	00:29:30	00:57:17	00:55:44	3298		V45	462
3264	5719	Sérgio Pereira	00:29:04	00:57:17	00:55:48	3317	Clube Vodafone	V40	576
3265	2335	Carla Vitorino	00:30:38	00:57:18	00:53:56	2839	Pump Runners	V40	81
3266	6147	Hugo Vicente	00:29:37	00:57:18	00:54:42	3040		V35	550
3267	5650	Nuno Baptista	00:32:17	00:57:18	00:53:42	2783	Multiativos	V35	551
3268	1273	João Antunes	00:28:57	00:57:18	00:56:35	3489	CLUBE NOVO BANCO	Senior	665
3269	1463	Nuno Gonçalves	00:28:52	00:57:18	00:57:03	3580		V50	264
3270	4524	Miguel Bello	00:30:39	00:57:19	00:54:36	3014		Senior	666
3271	1855	Francisco Galvão	00:30:24	00:57:19	00:54:59	3122	CONTRAALTAFINANÇA	V50	265
3272	6742	Paulo Gomes	00:31:17	00:57:19	00:54:17	2934		V50	266
3273	6764	Miguel Cruz	00:30:33	00:57:19	00:55:16	3188		Senior	136
3274	797	Paulo Antunes	00:28:12	00:57:19	00:56:52	3544	LESMA ALOPRADAS	V45	463
3275	1573	Pedro Maurício	00:29:12	00:57:20	00:55:09	3166		Senior	667
3276	714	Mariana Andrade	00:30:33	00:57:20	00:54:01	2865	As Marias	Senior	137
3277	713	Sónia Sousa	00:30:33	00:57:20	00:54:01	2862	As Marias	Senior	138
3278	2995	António Pinto	00:29:44	00:57:20	00:56:01	3367		V55	176
3279	3126	Nelson Louro	00:29:44	00:57:20	00:55:59	3358		V35	552
3280	1687	Miguel Teixeira	00:29:42	00:57:20	00:56:01	3366	Farmácia Santo António	Senior	668



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3281	1722	Carlos Santos	00:31:35	00:57:20	00:53:35	2755	Asas	V45	464
3282	2244	Fernando Silv	00:29:22	00:57:20	00:56:47	3530		V60	103
3283	2985	Celia Freire	00:29:44	00:57:21	00:56:00	3361		V35	84
3284	5686	Alexandre Cardana	00:31:08	00:57:21	00:54:02	2870		Senior	669
3285	1907	Luis Lança	00:29:09	00:57:21	00:55:45	3307		V35	553
3286	2230	António Santos	00:28:49	00:57:21	00:56:55	3559	Carrasco & Amigos	V70	12
3287	6280	Vera Pereira	00:28:30	00:57:21	00:57:12	3606	Miraflores Runners	V35	85
3288	5594	Marco Jorge	00:30:03	00:57:22	00:55:21	3206		V35	554
3289	5712	Ciro Silva	00:29:58	00:57:22	00:53:55	2838	Sapo Azul	V35	555
3290	6011	Paulo Roxo	00:31:17	00:57:22	00:54:51	3081		V40	577
3291	1136	Carlos Renato	00:29:46	00:57:22	00:56:50	3539	Tartarugas Solidárias	V55	177
3292	6028	Filipe Brandão	00:31:09	00:57:23	00:54:15	2923		Senior	670
3293	5498	Carlos Bernardo	00:29:56	00:57:23	00:56:09	3390		V40	578
3294	4115	Nuno Barra	00:31:20	00:57:23	00:55:39	3279	RUN FORREST RUN	V35	556
3295	6043	Sandrine Pelicano	00:29:47	00:57:24	00:56:24	3455		V40	82
3296	3011	Carlos Jesus	00:29:17	00:57:24	00:56:21	3443		Senior	671
3297	1726	Angela Brito	00:28:35	00:57:24	00:56:24	3457		V50	22
3298	4207	Michel Jacinto	00:30:11	00:57:24	00:54:52	3091	Hiscox Lisbon Running Club	V40	579
3299	3431	Sofia Tristão	00:29:22	00:57:24	00:56:17	3421		V35	86
3300	3435	Fernando Tristão	00:29:23	00:57:25	00:56:18	3432		V40	580



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3301	5200	Marques Costa	00:30:00	00:57:25	00:56:41	3505		V60	104
3302	1146	Rui Louzeiro	00:29:02	00:57:25	00:56:57	3563	Ginásio Clube Português	V50	267
3303	2422	João Fontes	00:31:23	00:57:26	00:54:39	3027	SS CGD	V35	557
3304	5221	Eduardo Correia	00:29:31	00:57:26	00:54:47	3057	PowerBoost Club	V40	581
3305	2535	Pedro Murça	00:29:47	00:57:26	00:54:16	2931		V50	268
3306	3692	João Carrinho	00:29:01	00:57:26	00:56:53	3552		V50	269
3307	1390	Nuno Ferreira	00:30:29	00:57:27	00:55:10	3168		V35	558
3308	3032	Paulo Silva	00:29:41	00:57:27	00:54:24	2964	1Km/x	V45	465
3309	3361	Helena Estevinha	00:29:02	00:57:28	00:57:00	3572	GD BPI	V45	47
3310	1389	Paulo Gonçalves	00:30:29	00:57:28	00:55:11	3172		V50	270
3311	492	João Ferreira	00:28:09	00:57:29	00:56:07	3384		V40	582
3312	84	Jorge Pinto	00:27:54	00:57:29	00:57:01	3574		V40	583
3313	759	Francisco Rocha	00:31:42	00:57:29	00:55:25	3223		Senior	672
3314	141	Luis Lopes	00:29:16	00:57:29	00:56:54	3553		V40	584
3315	1460	Vítor Gonçalves	00:28:35	00:57:29	00:57:17	3625		V45	466
3316	1459	Guilherme Nunes	00:28:35	00:57:29	00:57:18	3626		V65	39
3317	2983	Gonçalo Vaz	00:27:53	00:57:30	00:57:03	3579		Senior	673
3318	6069	Daniela Vinhas	00:31:11	00:57:30	00:55:56	3351	Run Buddy Run	V35	87
3319	7046	Teresa Fonseca	00:28:44	00:57:30	00:56:44	3519	BONS DIAS	Senior	139
3320	684	Helder Cruz	00:29:01	00:57:30	00:56:57	3564		V40	585



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3321	3527	Rita Capucho	00:28:39	00:57:31	00:57:18	3631		V40	83
3322	4826	João Palma	00:28:46	00:57:31	00:57:00	3568		V35	559
3323	6851	Bruno Quental	00:29:49	00:57:31	00:55:33	3251		V40	586
3324	2079	Luis Libório	00:29:28	00:57:31	00:55:35	3261	MS Runners	Senior	674
3325	5218	Ricardo Portela	00:29:32	00:57:31	00:55:46	3310		V35	560
3326	5588	Manuel Rodrigues	00:28:04	00:57:31	00:57:06	3589		V60	105
3327	3931	Vírgilia Freire	00:32:03	00:57:31	00:53:55	2837		V50	23
3328	3010	Catarina Afonso	00:29:10	00:57:31	00:56:58	3566		Senior	140
3329	6850	Maria Quental	00:29:49	00:57:31	00:55:33	3250		V45	48
3330	422	Joao Vieira	00:28:50	00:57:32	00:57:12	3609		V50	271
3331	4441	Rita Lopes	00:28:15	00:57:32	00:56:38	3495	HR Airlines	V35	88
3332	5904	Isabel Cabezas	00:30:56	00:57:32	00:54:49	3071		Senior	141
3333	5726	Carlos Cortês	00:29:18	00:57:32	00:57:07	3592		V50	272
3334	1765	Ricardo Sousa	00:30:18	00:57:33	00:54:52	3089		V35	561
3335	91	Catarina Santinhos	00:29:06	00:57:33	00:55:54	3342		Senior	142
3336	2255	Alfredo Pinhal	00:28:54	00:57:34	00:57:08	3595		V60	106
3337	6571	César Costa	00:31:57	00:57:34	00:53:37	2762		V40	587
3338	5495	Nuno Mendes	00:29:02	00:57:34	00:55:40	3283		Senior	675
3339	2562	Gisela Carvalho	00:28:37	00:57:34	00:57:21	3642	Estrelas Lisboa	Senior	143
3340	2199	José Correia	00:30:23	00:57:34	00:55:05	3142		V45	467



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3341	1546	Joana Delgado	00:29:42	00:57:34	00:55:42	3291		Senior	144
3342	4454	Paula Silva	00:29:38	00:57:35	00:56:14	3412	Câmara Lisboa Clube	V50	24
3343	6989	Sandra Silva	00:30:38	00:57:35	00:55:06	3151	BRRnightRUNNERS	V40	84
3344	3535	Mário Gaspar	00:28:53	00:57:35	00:56:37	3494		V50	273
3345	3764	Fernando Saraiva	00:28:28	00:57:36	00:57:01	3575		V55	178
3346	3467	Jorge Lima	00:29:32	00:57:36	00:56:41	3507	Horacalibra	V50	274
3347	2054	Sara Sousa	00:30:06	00:57:36	00:54:59	3118	Relâmpagos Vermelhos	Senior	145
3348	5454	Elisabeth Lage	00:28:14	00:57:36	00:57:11	3604		V45	49
3349	1195	José Figueiredo	00:28:33	00:57:36	00:56:48	3532	Santos & Oliveira Lda	V60	107
3350	847	Antonio Antunes	00:30:06	00:57:36	00:55:36	3265		V45	468
3351	6749	Antonio Santos	00:31:04	00:57:36	00:55:02	3131		V55	179
3352	6928	Paulo Carneiro	00:31:23	00:57:36	00:55:20	3202	Restaurante O Cartaxeiro Caneças	V50	275
3353	2191	Mariana Santos	00:29:46	00:57:37	00:56:52	3542		Senior	146
3354	2188	Telma Correia	00:29:46	00:57:37	00:56:51	3541		Senior	147
3355	2417	Fernando Alves	00:30:42	00:57:37	00:54:50	3075	SS CGD	V50	276
3356	6117	Henrique Falagueira	00:30:59	00:57:38	00:54:59	3119		V35	562
3357	5105	Maria Bica	00:28:22	00:57:38	00:57:16	3618	g.d.chelas	V40	85
3358	1296	Ricardo Fernandes	00:28:52	00:57:39	00:57:12	3608	CLUBE NOVO BANCO	V55	180
3359	6016	Eduardo Gomes	00:30:58	00:57:40	00:54:55	3102		V45	469
3360	4347	Marco Almeida	00:29:37	00:57:40	00:55:08	3156	Farmácia Nova	V35	563



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3361	4244	Filipe Coelho	00:32:12	00:57:41	00:54:02	2869	Texas runners	Senior	676
3362	5152	Tiago Gameiro	00:30:17	00:57:41	00:54:18	2939	Farmácias Holon	Senior	677
3363	5149	Diogo Raimundo	00:30:18	00:57:41	00:54:18	2938	Farmácias Holon	Senior	678
3364	469	Bruno Paulos	00:31:14	00:57:42	00:54:16	2927	SDC -Suspeitos do Costume	V35	564
3365	2920	Hélder Conceição	00:29:19	00:57:42	00:57:16	3621		V40	588
3366	2034	Adriana Turenschi	00:29:10	00:57:43	00:56:21	3446	Enjoadas do Asfalto	Senior	148
3367	7147	Anny Zeballos	00:31:12	00:57:43	00:54:42	3039		V35	89
3368	7124	Carlos Coelho	00:28:25	00:57:43	00:57:27	3653	Falcões Selvagens	V40	589
3369	3998	Ângela Guerreiro	00:31:09	00:57:43	00:55:22	3210	ADRC Mata de Benfica	V35	90
3370	1959	José Teixeira	00:28:13	00:57:43	00:57:21	3643		V60	108
3371	6771	Ana Barão	00:29:58	00:57:43	00:57:10	3599		V40	86
3372	1448	Bruno Correia	00:28:37	00:57:44	00:55:26	3225		V40	590
3373	7078	João Parra	00:27:46	00:57:44	00:57:11	3603		V60	109
3374	5771	Luís Nicolau	00:30:03	00:57:44	00:56:03	3369	VdAtletas	Senior	679
3375	4802	Nuno Abreu	00:29:50	00:57:46	00:55:31	3242		V35	565
3376	2943	Bruno Ferreira	00:31:17	00:57:46	00:54:11	2903		Senior	680
3377	3557	João Pereira	00:27:56	00:57:46	00:56:20	3440		Senior	681
3378	5598	Rui Pereira	00:30:10	00:57:47	00:55:46	3312		V35	566
3379	3009	Pedro Ferreira	00:31:47	00:57:47	00:54:56	3109		V40	591
3380	7104	Justiliano Silva	00:29:41	00:57:47	00:56:01	3365	Falcões Selvagens	V60	110



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3381	1590	João Rodrigues	00:28:57	00:57:47	00:57:18	3628		V45	470
3382	5843	Hugo Silva	00:30:10	00:57:47	00:55:47	3316		V35	567
3383	3084	Paula Neto	00:29:09	00:57:47	00:57:18	3629	CCD Crédito Agrícola Mútuo	V50	25
3384	1513	João Pereira	00:28:57	00:57:48	00:57:18	3627		V50	277
3385	158	Renato Andrade	00:28:36	00:57:49	00:57:23	3647		V35	568
3386	5439	Luis Libanio	00:28:30	00:57:49	00:57:24	3649		V55	181
3387	1686	Edmundo Simoes	00:28:57	00:57:49	00:57:19	3635		V55	182
3388	6297	Soraia Batista	00:29:28	00:57:49	00:57:30	3660	GD BPI	Senior	149
3389	6859	José Mendes	00:29:33	00:57:50	00:56:46	3526		V55	183
3390	7121	Dominique Depoorter	00:30:16	00:57:51	00:55:41	3287		V45	50
3391	7122	Duyck Christophe	00:30:16	00:57:51	00:55:41	3288		V50	278
3392	2473	Luis Sobral	00:31:13	00:57:52	00:54:05	2882		Senior	682
3393	6551	Patricia Lopes	00:30:35	00:57:53	00:56:28	3467		V40	87
3394	5786	Miguel Esteves	00:29:26	00:57:53	00:55:00	3124	AON Portugal	V45	471
3395	2331	Vanda Sequeira	00:28:37	00:57:54	00:57:39	3697	CLUBE COLABORADORES AGEAS	V40	88
3396	3901	Rodrigo Marques	00:30:37	00:57:54	00:55:08	3159		Senior	683
3397	7030	Tiago Oliveira	00:28:05	00:57:54	00:57:06	3586		V35	569
3398	508	António Ferreirinho	00:29:22	00:57:54	00:56:16	3419		V65	40
3399	3903	Sara Jordao	00:30:38	00:57:54	00:55:08	3157		Senior	150
3400	5066	Ana Cunha	00:30:55	00:57:55	00:54:35	3010	Minions	V35	91



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3401	5067	Jorge Ferreira	00:30:55	00:57:55	00:54:34	3001	Minions	V35	570
3402	5988	João Fernandes	00:30:00	00:57:55	00:56:37	3493		V40	592
3403	7081	Jorge Castaheira	00:30:07	00:57:55	00:56:22	3449		V45	472
3404	5799	Henrique Koenders	00:30:04	00:57:55	00:55:02	3129	AON Portugal	V40	593
3405	5035	Jorge Neves	00:30:00	00:57:55	00:56:38	3496	Mercedes	V35	571
3406	4999	Rui Rato	00:31:18	00:57:56	00:54:07	2887	Coxos do Palmeiras	V40	594
3407	4477	João Crespo	00:30:52	00:57:56	00:55:26	3229	Os Ultra Copos	V35	572
3408	5071	Hugo Santos	00:30:50	00:57:56	00:54:35	3009	Minions	V35	573
3409	2564	André Lopes	00:30:47	00:57:56	00:56:24	3456	RelaxTeam	Senior	684
3410	5792	Sergio Rosa	00:31:56	00:57:56	00:55:04	3139	AON Portugal	V35	574
3411	5898	Sandra Romano	00:29:49	00:57:56	00:57:45	3725	COO	V35	92
3412	2366	Rita Dinis	00:28:40	00:57:56	00:57:43	3718	Familia Dinis	Senior	151
3413	3597	Rute Teixeira	00:30:44	00:57:57	00:54:18	2942		Senior	152
3414	5119	José Marques	00:29:29	00:57:57	00:57:29	3659		V65	41
3415	4573	Paula Leão	00:30:07	00:57:57	00:56:33	3485		V45	51
3416	4310	Luis Milheiro	00:29:35	00:57:57	00:56:40	3501	GD SANTANDERTOTTA	V55	184
3417	264	Fábio Silva	00:28:48	00:57:57	00:57:38	3692		V35	575
3418	3023	Helena Pires	00:28:11	00:57:58	00:57:37	3690	Rail Runners	V45	52
3419	5841	Valério Passarinho	00:29:35	00:57:58	00:56:26	3464		Senior	685
3420	5130	Valter Lima	00:28:42	00:57:58	00:56:50	3536	Clube Accenture	V40	595



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3421	427	Carla Silvestre	00:29:10	00:57:59	00:57:32	3671		V35	93
3422	5550	Carlos Andrade	00:28:36	00:57:59	00:57:21	3644	Melom Portugal	V50	279
3423	3913	Susana Agonia	00:28:51	00:57:59	00:57:31	3665		V45	53
3424	1858	José Amoreira	00:31:06	00:58:01	00:55:35	3263	CONTRAALTAFINANÇA	V45	473
3425	5901	David Silva	00:31:12	00:58:01	00:56:11	3399	Correr Lisboa	Senior	686
3426	1125	Diogo Inocêncio	00:29:51	00:58:01	00:56:03	3370	Farmácia Alto da Eira / AVS	Senior	687
3427	5945	Tânia Agostinho	00:30:03	00:58:01	00:56:39	3497		V35	94
3428	5778	Rui Rodrigues	00:31:09	00:58:01	00:56:11	3402		V40	596
3429	6675	Maria Luz	00:29:27	00:58:01	00:57:29	3657	Alliance Healthcare	V40	89
3430	2461	Eduardo Corvacho	00:29:50	00:58:02	00:56:04	3376	Farmácia Alto da Eira / AVS	Senior	688
3431	5690	Miguel Rijo	00:29:31	00:58:02	00:56:30	3473	Solera Runners	V45	474
3432	5401	Raquel Marinheiro	00:29:51	00:58:02	00:57:09	3598	Crazy Power	Senior	153
3433	1408	Vera Valério	00:29:15	00:58:02	00:56:41	3502		V40	90
3434	1304	Xana Filipe	00:29:08	00:58:02	00:57:09	3597	CLUBE NOVO BANCO	V40	91
3435	3704	Ricardo Picanço	00:30:04	00:58:02	00:55:29	3238		V45	475
3436	3869	Tiago Tempera	00:30:23	00:58:03	00:56:21	3444		Senior	689
3437	434	Patrícia Pinto	00:28:12	00:58:03	00:57:35	3678		V40	92
3438	4237	Hélio Branco	00:29:13	00:58:03	00:57:40	3699	A CORRER PELO MUNDO DAS BEBIDAS	Senior	690
3439	907	António Tavares	00:29:01	00:58:04	00:56:31	3478		V35	576
3440	1142	Aurélio Calado	00:30:59	00:58:04	00:56:19	3436	4 ao Km	V65	42



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3441	6620	Arménio Pinheiro	00:30:43	00:58:05	00:55:34	3252	GandaLata Team	V45	476
3442	6045	Rui Damas	00:30:10	00:58:05	00:55:10	3167		Senior	691
3443	686	Carla Correia	00:27:35	00:58:05	00:57:54	3748	BRRnightRUNNERS	V40	93
3444	5884	Jeronimo Santos	00:31:28	00:58:06	00:55:08	3161		V70	13
3445	4815	Filipa Figueiredo	00:28:34	00:58:07	00:57:56	3755		V40	94
3446	3264	Antonio Silva	00:30:59	00:58:07	00:55:08	3160		V60	111
3447	1386	Mariana Bucho	00:30:30	00:58:07	00:56:09	3391		Senior	154
3448	1385	Pedro Lopes	00:30:30	00:58:07	00:56:10	3397		Senior	692
3449	3770	Marco Krüger	00:31:05	00:58:07	00:55:44	3295		V40	597
3450	411	Rosa Marques	00:29:36	00:58:07	00:57:31	3664		V40	95
3451	3882	Luis Antunes	00:28:48	00:58:08	00:57:19	3636		V50	280
3452	5950	Ruben Nunes	00:28:19	00:58:08	00:57:58	3765		Senior	693
3453	3459	Adriano Cunha	00:31:15	00:58:08	00:55:28	3235		V60	112
3454	5451	Antonio Vasconcelos	00:31:17	00:58:08	00:55:10	3169		Senior	694
3455	2029	Paulo Gordo	00:30:58	00:58:09	00:55:52	3335	Correr Queluz	V45	477
3456	4633	Lívia Lourenço	00:30:58	00:58:09	00:55:52	3331	Correr Queluz	V35	95
3457	6056	Pedro Barroso	00:31:12	00:58:10	00:57:14	3613		V35	577
3458	3113	Francisco Alves	00:30:19	00:58:10	00:53:56	2842	Sport Amadora e Pumas	Junior	37
3459	5980	Gonçalo Ribeiro	00:33:26	00:58:10	00:54:43	3043		Senior	695
3460	3305	Marcelo Cardoso	00:29:30	00:58:10	00:57:57	3760	GDCT Unicre	V45	478



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3461	5661	Rita Palma	00:29:09	00:58:10	00:57:47	3731	Palminhas	V35	96
3462	4522	António Ramos	00:29:36	00:58:11	00:57:55	3752		V40	598
3463	3484	Catarina Figueira	00:31:00	00:58:11	00:55:38	3276		V35	97
3464	6191	Miguel Ventura	00:29:00	00:58:11	00:57:18	3633	Papa Milhas de AV	V35	578
3465	5528	Rogerio Luís	00:30:33	00:58:11	00:56:19	3433		V60	113
3466	3157	Julio Costa	00:29:21	00:58:11	00:57:27	3654		V45	479
3467	2612	Nuno Martins	00:29:45	00:58:11	00:57:40	3703	Nuno's Running Team	V35	579
3468	2611	Nuno Fernandes	00:29:45	00:58:12	00:57:41	3706	Nuno's Running Team	V40	599
3469	5567	Gonçalo Pombo	00:27:14	00:58:12	00:57:43	3720		Senior	696
3470	5094	Hugo Costa	00:30:28	00:58:12	00:57:34	3675	g.d.chelas	V35	580
3471	6065	Nuno Machado	00:30:30	00:58:12	00:54:41	3036		V40	600
3472	6583	Sandra Gaspar	00:30:50	00:58:12	00:55:45	3306		V40	96
3473	6533	Lara Valente	00:29:39	00:58:12	00:56:47	3531		V35	98
3474	3156	Rosangela Costa	00:29:21	00:58:13	00:57:29	3656		V40	97
3475	4919	Paulo Amaral	00:30:23	00:58:13	00:56:31	3479		V40	601
3476	5103	Andreia Monteiro	00:30:28	00:58:13	00:57:35	3680	g.d.chelas	V35	99
3477	5887	Eduardo Lopes	00:31:50	00:58:13	00:56:23	3454		V35	581
3478	1135	Henriqueta Solipa	00:29:46	00:58:14	00:57:45	3723	Tartarugas Solidárias	V50	26
3479	4864	Nuno Rodrigues	00:30:22	00:58:14	00:56:32	3481	Team Envy	V35	582
3480	5428	Manuel Silva	00:28:57	00:58:14	00:57:31	3666		V60	114



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3481	1173	Ricardo Figueiredo	00:28:39	00:58:14	00:57:53	3745	Quarentoes na Bisga	V45	480
3482	7058	Cristina Ramírez	00:31:12	00:58:15	00:56:28	3466		Senior	155
3483	6934	Ricardo Pita	00:28:33	00:58:15	00:56:43	3514		V35	583
3484	2540	António Tonel	00:28:42	00:58:15	00:57:31	3667		V40	602
3485	487	Ricardo Preguiça	00:29:27	00:58:16	00:57:34	3677		Senior	697
3486	3787	Carlos Veredas	00:31:05	00:58:16	00:56:20	3438		Senior	698
3487	2661	Marco Jesus	00:32:40	00:58:17	00:54:34	3007		V35	584
3488	6950	Flavio Filgueiras	00:28:55	00:58:17	00:57:54	3747		V50	281
3489	1998	Beatriz Honório	00:28:22	00:58:17	00:58:05	3786		Senior	699
3490	458	Marco Silva	00:29:01	00:58:17	00:57:36	3683		V35	585
3491	1141	Celeste Pedro	00:31:58	00:58:18	00:55:13	3179	Tartarugas Solidárias	V40	98
3492	1562	Marco Neves	00:29:01	00:58:18	00:57:36	3682		V35	586
3493	5997	Maria Carvalho	00:31:58	00:58:18	00:54:46	3052	CHEP Runners	V40	99
3494	959	Diogo Duarte	00:30:20	00:58:18	00:57:17	3622		V40	603
3495	4804	Nuno Fernandes	00:29:59	00:58:18	00:57:38	3694		V50	282
3496	6978	Rui Alves	00:31:59	00:58:18	00:55:16	3185	Tartarugas Solidárias	V40	604
3497	4415	Rute Ferreira	00:29:26	00:58:19	00:57:24	3651	condores Varge Mondar	Senior	156
3498	2568	Artur Martins	00:29:36	00:58:19	00:57:23	3648	Tangas Clube	V75	3
3499	2103	Antonio Henriques	00:28:53	00:58:19	00:58:07	3794		V55	185
3500	44	João Domingues	00:28:55	00:58:20	00:57:53	3746		V40	605



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3501	682	Beatriz Figueiredo	00:30:00	00:58:20	00:56:26	3465		V40	100
3502	4790	Rui Aldeano	00:31:13	00:58:20	00:56:16	3420		Senior	700
3503	991	Francisco Duarte	00:30:21	00:58:20	00:57:18	3632		Junior	38
3504	4476	João Lança	00:30:54	00:58:21	00:55:51	3329	Os Ultra Copos	Senior	701
3505	3863	Francisco Silva	00:31:10	00:58:21	00:55:27	3232		V40	606
3506	6090	David Faria	00:32:20	00:58:21	00:54:31	2986		Senior	702
3507	1069	Alexandra Ventura	00:28:14	00:58:22	00:58:12	3805		V40	101
3508	4010	Lurdes António	00:29:16	00:58:22	00:58:13	3810	Link	V45	54
3509	5202	Fernando Corvelo	00:31:38	00:58:22	00:55:35	3259		V45	481
3510	4455	Anabela Via	00:30:25	00:58:22	00:57:16	3619	Câmara Lisboa Clube	V45	55
3511	1852	Pedro Sousa	00:30:36	00:58:22	00:56:58	3565		Senior	703
3512	878	Pedro Henriques	00:29:49	00:58:22	00:57:06	3588		V40	607
3513	5483	Nuno Leitão	00:31:14	00:58:23	00:55:19	3197		V35	587
3514	1857	João Lima	00:29:57	00:58:23	00:55:56	3348	CONTRAALTAFINANÇA	V50	283
3515	5455	Vitor Resendes	00:29:12	00:58:23	00:56:43	3515		Senior	704
3516	5840	Joao Almeida	00:28:07	00:58:23	00:57:40	3701		V45	482
3517	2012	Miguel Veludo	00:30:18	00:58:24	00:56:53	3545	Há de chegar!	V40	608
3518	2013	Sandra Rodrigues	00:30:18	00:58:24	00:56:53	3547	Há de chegar!	Senior	157
3519	2676	Angelo Caetano	00:28:33	00:58:24	00:57:58	3762		V45	483
3520	6218	Rui Carvalho	00:29:54	00:58:24	00:54:54	3097	KPMG Runners	Senior	705



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3521	3395	Miguel Meirinhos	00:30:05	00:58:25	00:57:52	3741	Tartarugas Solidárias	Senior	706
3522	1198	Luís Cabaça	00:30:05	00:58:25	00:57:52	3743	Tartarugas Solidárias	V35	588
3523	2957	Marcos Serrano	00:32:39	00:58:25	00:54:41	3038		Senior	707
3524	1892	Guiomar Soares	00:29:40	00:58:25	00:57:39	3695		V40	102
3525	6704	Lídia Gonçalves	00:29:51	00:58:25	00:58:02	3778	Tartarugas Solidárias	Senior	158
3526	2046	Elsa Miranda	00:28:33	00:58:25	00:57:33	3673	Todos Juntos	V35	100
3527	1938	Alberto Santos	00:28:42	00:58:26	00:58:02	3779	CateringPor	V55	186
3528	6000	Nicolau Furtado	00:29:00	00:58:26	00:57:52	3740		V50	284
3529	958	Rui Almeida	00:29:24	00:58:26	00:58:01	3774		V40	609
3530	4964	Rui Quelhas	00:29:00	00:58:26	00:56:39	3498		V40	610
3531	960	Nídia Agostinho	00:29:24	00:58:27	00:58:01	3775		V35	101
3532	2077	Leandro Pedro	00:32:30	00:58:27	00:55:39	3278	Fit Runners	Senior	708
3533	2570	Nelson Oliveira	00:29:56	00:58:27	00:57:30	3663	Tangas Clube	V70	14
3534	6679	Armando Gonçalves	00:31:17	00:58:28	00:56:05	3381	C.C.D.das Autarquias de Almada	V60	115
3535	3350	Rui Rocha	00:31:24	00:58:28	00:55:15	3184	Pinguins do Arctic	Senior	709
3536	4822	Francisco Ponciano	00:32:17	00:58:28	00:54:49	3070		V45	484
3537	730	Duarte Furtado	00:31:03	00:58:29	00:56:31	3476		Senior	710
3538	5395	Marco Medeiro	00:31:13	00:58:30	00:56:18	3426		V35	589
3539	522	Joaquim Gamito	00:30:27	00:58:30	00:56:19	3437		V55	187
3540	1306	Isabel Redmont	00:29:07	00:58:31	00:58:10	3801		V45	56



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3541	5394	Luis Bettencourt	00:31:13	00:58:31	00:56:19	3434		V60	116
3542	3845	Margarida Oliveira	00:31:28	00:58:31	00:54:29	2977		V40	103
3543	299	Ricardo Vaz	00:31:53	00:58:31	00:54:54	3099		V35	590
3544	3565	José Carvalho	00:30:52	00:58:31	00:55:19	3194		V50	285
3545	4428	Augusto Semedo	00:28:52	00:58:31	00:58:07	3792	Run Crew Trail Montijo/JuntoSomosMuitaFortes	V55	188
3546	53	Bruno Morais	00:28:28	00:58:31	00:58:24	3860		Senior	711
3547	1150	Bruno Santos	00:30:43	00:58:32	00:56:10	3395		Senior	712
3548	5694	Joao Prata	00:30:08	00:58:32	00:57:04	3581	Solera Runners	Senior	713
3549	3756	Manuel Cardoso	00:29:02	00:58:32	00:57:56	3756		V45	485
3550	5346	Manuel Sequeira	00:30:55	00:58:33	00:57:13	3610	G.D.C.T. REPSOL POLÍMEROS	V65	43
3551	4696	Teresa Cruz	00:30:46	00:58:33	00:56:20	3439		Senior	159
3552	5339	Carlos Fernandes	00:25:25	00:58:33	00:58:09	3796	Carne Maturada	V40	611
3553	4697	Miguel Goncalves	00:30:46	00:58:33	00:56:21	3448		Senior	714
3554	4091	Valerie Coutinho	00:30:30	00:58:33	00:56:15	3418	NAV Runners	V50	27
3555	3726	Tania Sousa	00:29:56	00:58:33	00:57:42	3711		V35	102
3556	3414	Alexandra Silva	00:28:53	00:58:33	00:58:05	3785	GINjinha Runners	V40	104
3557	4521	Lidia Ramos	00:29:36	00:58:33	00:58:18	3828		V40	105
3558	5984	Fernando Claudino	00:31:37	00:58:34	00:55:56	3350	My Story Hotels	V60	117
3559	3727	Rui Carvalho	00:29:57	00:58:34	00:57:41	3709		V45	486
3560	4345	Jorge Morais	00:29:00	00:58:34	00:58:06	3789	Os Gordinhos	V45	487



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3561	4346	Ana Fernandes	00:29:00	00:58:34	00:58:07	3793	Os Gordinhos	V35	103
3562	4049	Flavio Monteiro	00:29:05	00:58:35	00:56:08	3386	Alliance Healthcare	Senior	715
3563	7039	Elias Machado	00:27:55	00:58:35	00:58:25	3865		Senior	716
3564	333	Eduardo Santos	00:27:45	00:58:36	00:58:17	3823		V35	591
3565	2585	Antonio Pais	00:31:10	00:58:37	00:56:18	3429	NUCLEOEIRAS ADNO	V65	44
3566	1891	Rildo Soares	00:28:26	00:58:38	00:57:51	3737		V45	488
3567	1491	Virgilio Oliveira	00:30:58	00:58:39	00:56:45	3523	ADCR PJ	V55	189
3568	5581	Paulo Martins	00:30:02	00:58:39	00:58:01	3771		V40	612
3569	2532	António Saiote	00:30:41	00:58:39	00:56:03	3373		V35	592
3570	6309	Luis Charreu	00:30:41	00:58:39	00:56:03	3372		V45	489
3571	6626	Carla Santos	00:30:31	00:58:39	00:57:52	3742	GFD Running	V40	106
3572	3199	Fernando Chasqueira	00:29:17	00:58:39	00:57:30	3661		V65	45
3573	3004	Carminda Rega	00:31:49	00:58:40	00:55:24	3221		V50	28
3574	2960	Marco Esteves	00:30:36	00:58:40	00:57:03	3578		V35	593
3575	5146	Alexandra Centeno	00:31:59	00:58:40	00:54:46	3055	Farmácias Holon	V40	107
3576	5920	José Sampaio	00:30:49	00:58:40	00:54:43	3042	Montepia-mos	V35	594
3577	2770	João Fernandes	00:30:03	00:58:41	00:57:00	3570		Senior	717
3578	1647	Telmo Sousa	00:31:42	00:58:41	00:55:51	3328		V35	595
3579	6981	Luis Durbeck	00:31:20	00:58:41	00:54:58	3113	Pepsico	V50	286
3580	3796	Gabriel Almeida	00:31:12	00:58:42	00:55:47	3315		V35	596



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3581	5848	João Almeida	00:31:12	00:58:42	00:55:51	3327		Senior	718
3582	1322	Marcos Leonardo	00:31:04	00:58:42	00:56:18	3430		V60	118
3583	6718	Carlos Martins	00:32:20	00:58:42	00:57:08	3594		V40	613
3584	6226	Nuno Silva	00:30:47	00:58:42	00:55:44	3299	KPMG Runners	Senior	719
3585	490	Paulo Teixeira	00:32:21	00:58:43	00:54:54	3098		V55	190
3586	7028	Herlander Branco	00:31:48	00:58:44	00:55:53	3336		V40	614
3587	3463	Jorge Pêgo	00:31:48	00:58:44	00:55:54	3340		V35	597
3588	2769	Mario Caeiro	00:30:41	00:58:44	00:57:41	3708		V45	490
3589	7044	Jose Freitas	00:30:32	00:58:44	00:57:57	3759	BONS DIAS	V65	46
3590	6853	Ricardo Rosa	00:31:48	00:58:44	00:55:54	3338		V35	598
3591	1529	André Freitas	00:31:57	00:58:44	00:56:45	3522	Deixa Passar o Maior de Portugal	V35	599
3592	3462	João Lavadinho	00:31:48	00:58:44	00:55:55	3343		V35	600
3593	3680	Luís Santos	00:31:55	00:58:44	00:54:51	3078		V40	615
3594	3024	Jacinta Almeida	00:29:28	00:58:44	00:58:17	3824	Rail Runners	V50	29
3595	3802	Hugo Cunha	00:31:55	00:58:45	00:54:51	3079		V35	601
3596	6114	Pedro Matos	00:32:42	00:58:45	00:54:56	3108		V50	287
3597	1050	Paulo Candeias	00:30:54	00:58:45	00:56:22	3452		V45	491
3598	635	Isabel Rodrigues	00:29:49	00:58:45	00:58:15	3819	ECL Running Team	V50	30
3599	6108	Tiago Túbal	00:32:18	00:58:45	00:54:46	3053		V40	616
3600	1172	Luís Costa	00:28:53	00:58:45	00:58:24	3855	Quarentoes na Bisga	V50	288



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3601	6161	Mateus Sossai	00:30:51	00:58:46	00:55:40	3284		Senior	720
3602	6026	Ricardo Pinho	00:31:33	00:58:46	00:56:28	3470		V40	617
3603	1328	Patrícia Ribeiro	00:30:22	00:58:47	00:57:10	3600		Senior	160
3604	5435	Maria Anton	00:29:57	00:58:47	00:58:23	3853		V45	57
3605	6027	Carlos Barroso	00:31:33	00:58:47	00:56:29	3471		V50	31
3606	5478	Veloso Maria	00:30:19	00:58:47	00:57:26	3652		V65	5
3607	2434	Patricia Tavares	00:29:32	00:58:47	00:58:24	3858	SS CGD	V35	104
3608	4551	Joana Loureiro	00:29:32	00:58:47	00:58:11	3803		Senior	161
3609	4854	Ana Bica	00:31:07	00:58:48	00:56:33	3483	ATeam	Senior	162
3610	6100	Sandra Silva	00:30:50	00:58:48	00:56:25	3460		V35	105
3611	66	Aires Ildefonso	00:32:07	00:58:48	00:54:49	3069		V60	119
3612	1358	Kristyna Zrckova	00:30:28	00:58:48	00:56:04	3377		Senior	163
3613	5370	Tatiana Louro	00:30:31	00:58:48	00:58:01	3777	GFD Running	Senior	164
3614	5940	Rui Mendes	00:31:43	00:58:48	00:55:40	3281	Mais que Cuidar Running	V35	602
3615	2954	Arménio Patrício	00:29:22	00:58:49	00:58:34	3885		V75	4
3616	5284	Edson Souza	00:28:41	00:58:49	00:58:14	3817		Junior	39
3617	840	Nuno Neto	00:31:18	00:58:50	00:56:44	3520		V35	603
3618	839	Filipe Solha	00:31:18	00:58:50	00:56:44	3518		V35	604
3619	6123	Cristina Feliciano	00:32:07	00:58:50	00:54:39	3028		V45	58
3620	6121	Rui Carreiro	00:32:07	00:58:50	00:54:39	3026		Senior	721



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3621	2950	Rui Pinto	00:28:44	00:58:51	00:58:31	3875		V40	618
3622	1047	Paulo Carvalho	00:28:35	00:58:51	00:58:33	3881		V45	492
3623	777	Rafael Santos	00:28:15	00:58:52	00:58:19	3838	Metro 2011	V45	493
3624	6932	Tito Andrade	00:30:12	00:58:52	00:55:47	3314		V40	619
3625	3925	Lucilia Casanova	00:30:02	00:58:52	00:58:34	3883		V60	6
3626	5323	Paulo Cachudo	00:30:41	00:58:53	00:57:00	3573		V45	494
3627	4114	Clara Pestana	00:29:48	00:58:53	00:57:43	3719	RUN FORREST RUN	Senior	165
3628	242	João Carvalho	00:29:25	00:58:53	00:58:24	3856	Team Francesinha	V40	620
3629	5957	Carlos Vasconcelos	00:30:32	00:58:54	00:56:00	3364		V45	495
3630	5958	António Morna	00:30:33	00:58:54	00:56:00	3360		V35	605
3631	1566	Sérgio Valente	00:31:13	00:58:54	00:55:05	3148		V40	621
3632	4953	Jean Bernard	00:30:54	00:58:55	00:56:40	3499		V55	191
3633	5804	Rafael Almeida	00:30:00	00:58:55	00:57:35	3681		Junior	40
3634	3485	Luis Grangeia	00:31:10	00:58:55	00:56:10	3398		V35	606
3635	6684	Joaquim Machado	00:29:17	00:58:55	00:58:47	3919	C.C.D.das Autarquias de Almada	V60	120
3636	4645	Nuno Lanita	00:30:58	00:58:55	00:55:22	3216	Fanfarrões Team	V40	622
3637	5215	Paulo Gonçalves	00:30:41	00:58:56	00:57:03	3577		V35	607
3638	5617	Leandro Faria	00:31:28	00:58:56	00:56:18	3424		V35	608
3639	3251	Ricardo Faria	00:29:08	00:58:56	00:57:58	3763	Dragões Vermelhos	V40	623
3640	6106	Paula Anselmo	00:30:17	00:58:57	00:57:56	3754		V35	106



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3641	5225	João Gonçalves	00:28:19	00:58:57	00:58:32	3879	PowerBoost Club	V45	496
3642	4682	Pedro Santos	00:30:18	00:58:58	00:57:12	3605		Senior	722
3643	1340	Eunice Ribeiro	00:31:42	00:58:58	00:55:33	3249		Senior	166
3644	954	João Santos	00:31:05	00:58:58	00:56:17	3422		Senior	723
3645	2376	Anabela Fradique	00:31:17	00:58:59	00:55:41	3290	OneSight Portugal	V55	8
3646	6951	Regiane Filgueiras	00:29:49	00:58:59	00:58:36	3891		V45	59
3647	6549	Victor Riscado	00:31:30	00:58:59	00:55:48	3318		V45	497
3648	1432	Sandra Triães	00:31:35	00:59:00	00:55:54	3341		Senior	167
3649	4324	Pedro Dias	00:27:58	00:59:01	00:58:36	3890	GD SANTANDERTOTTA	V45	498
3650	2907	Toni Roque	00:30:11	00:59:02	00:58:02	3780		V45	499
3651	6151	Tiago Fernandes	00:31:48	00:59:02	00:55:05	3143		V35	609
3652	732	Luísa Santos	00:29:18	00:59:02	00:58:50	3933		V45	60
3653	2615	Deusa Palma	00:30:10	00:59:03	00:58:18	3831	Guepardos	V55	9
3654	4606	Paulo Salgado	00:31:28	00:59:03	00:55:37	3269	#VIEMOSSOBEBERCAFE	V40	624
3655	6039	Diogo Fernandes	00:32:04	00:59:03	00:55:54	3339		Senior	724
3656	2449	Nuno Gomes	00:29:52	00:59:03	00:58:27	3868	Clube EDP Lisboa	V45	500
3657	2483	Olga Galvão	00:30:23	00:59:05	00:58:01	3772	Cruz Quebradense SIMECQ	V50	32
3658	3643	Rui Luís	00:29:54	00:59:05	00:58:18	3836		V40	625
3659	3234	Rogério Graça	00:29:54	00:59:05	00:58:17	3825		V35	610
3660	6164	Luís Lara	00:30:19	00:59:05	00:58:10	3800		V65	47



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3661	2885	Maria Perleques	00:28:44	00:59:06	00:58:20	3840	BRRnightRUNNERS	V45	61
3662	4857	João Castro	00:29:00	00:59:06	00:58:57	3954	CLUBE ANACOM	V55	192
3663	3265	Anabela Simões	00:30:22	00:59:07	00:58:13	3812		V45	62
3664	327	Nuno Serrão	00:31:44	00:59:07	00:56:23	3453	Família Serrão	V40	626
3665	7135	Miguel Cardoso	00:30:50	00:59:07	00:57:48	3734		V40	627
3666	2511	Ricardo Correia	00:31:24	00:59:08	00:56:21	3445		V35	611
3667	6139	Neuza Magalhães	00:31:24	00:59:08	00:56:41	3506		Senior	168
3668	793	Ivo Claro	00:29:18	00:59:08	00:58:23	3852	Tartarugas Solidárias	V35	612
3669	2890	Andreia Brito	00:30:09	00:59:09	00:58:13	3809	Top Team	V35	107
3670	24	Rui Carvalho	00:29:33	00:59:10	00:58:42	3907		V50	289
3671	1202	Helder Alexandre	00:31:22	00:59:10	00:55:19	3195	Starfish	V40	628
3672	3940	Maria Franco	00:30:48	00:59:11	00:57:58	3766		V40	108
3673	4735	Rita Corda	00:30:48	00:59:11	00:57:57	3758		Senior	169
3674	3821	Susana Gomes	00:30:51	00:59:11	00:57:59	3769		V45	63
3675	6894	Emanuel Grancho	00:30:05	00:59:12	00:58:17	3822		Senior	725
3676	5761	Rui	00:29:39	00:59:12	00:58:39	3897	VdAtletas	V50	290
3677	2086	Carlos Gonçalves	00:29:24	00:59:12	00:58:39	3896	Os Coxos	Senior	726
3678	205	Paula Antunes	00:29:29	00:59:12	00:58:58	3955		V45	64
3679	206	Maria Marques	00:29:29	00:59:12	00:58:59	3959		V50	33
3680	7114	Florberto Silva	00:29:53	00:59:13	00:57:57	3757	CDS SportsTeam	Senior	727



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3681	1913	João Zarro	00:30:23	00:59:13	00:58:07	3790		V40	629
3682	4988	Francisco Landeira	00:29:19	00:59:13	00:58:48	3924	Carne Maturada	V45	501
3683	3842	Marco Silva	00:31:57	00:59:14	00:55:12	3177		V40	630
3684	6617	Gentil Pereira	00:31:51	00:59:14	00:55:22	3208	ESTEVES E LEITÃO LDA	V40	631
3685	6878	Corinne Roy	00:31:22	00:59:14	00:57:04	3584		V50	34
3686	2254	Gonçalo Cruz	00:31:56	00:59:14	00:55:12	3174		V40	632
3687	1622	Rui Abreu	00:31:31	00:59:14	00:57:10	3601		V35	613
3688	5662	Nuno Simão	00:29:11	00:59:14	00:58:12	3807		V45	502
3689	4062	João Santos	00:29:19	00:59:14	00:58:48	3922	ALCES	V50	291
3690	1542	Jose Reis	00:32:25	00:59:14	00:56:14	3409		V55	193
3691	3690	Jorge Fernandes	00:32:23	00:59:14	00:55:46	3311		Senior	728
3692	4063	Fernando Luis	00:28:08	00:59:15	00:58:50	3932	ALCES	V60	121
3693	5542	Sónia Costa	00:31:06	00:59:15	00:57:49	3736	2slow	Senior	170
3694	5541	Pedro Tavares	00:31:06	00:59:15	00:57:49	3735	2slow	V35	614
3695	1597	Rui Ribeiro	00:31:19	00:59:16	00:56:42	3512		V40	633
3696	148	Alberto Lixa	00:30:15	00:59:16	00:57:47	3728		V50	292
3697	4138	Patricia Moraes	00:29:57	00:59:16	00:59:01	3969	SS CGD	V35	108
3698	2087	Marco Martins	00:31:07	00:59:17	00:56:32	3480	Os Coxos	V40	634
3699	1073	Júlio Verde	00:29:57	00:59:17	00:58:05	3788		V50	293
3700	179	Adelaide Manhica	00:29:09	00:59:18	00:58:41	3902	GRCD LEIAO	V55	10



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3701	178	Carmen Cristino	00:29:03	00:59:18	00:58:41	3903	GRCD LEIAO	V40	109
3702	7071	Mario Velez	00:29:59	00:59:19	00:57:56	3753		Senior	729
3703	2398	Susana Gonçalves	00:32:57	00:59:20	00:54:49	3067	OneSight Portugal	V40	110
3704	748	Marco Sousa	00:29:01	00:59:21	00:58:56	3949		V40	635
3705	5294	Sara Pedro	00:29:10	00:59:21	00:58:27	3869		Senior	171
3706	2525	Patrícia Machado	00:29:50	00:59:22	00:58:35	3886		Senior	172
3707	2529	Carlos Silvério	00:29:50	00:59:22	00:58:35	3888		V50	294
3708	1107	Elisabete Matias	00:29:09	00:59:22	00:59:16	4018	as lesmas	V50	35
3709	1477	Gonçalo Pereira	00:27:43	00:59:23	00:59:09	3990	Gangue do bigode	Senior	730
3710	1086	Dinora Mendonca	00:29:46	00:59:24	00:58:55	3947	Ginásio Clube Português	V40	111
3711	7115	João Gomes	00:30:09	00:59:24	00:58:10	3798	CDS SportsTeam	V35	615
3712	5931	Tânia Costa	00:29:44	00:59:24	00:59:13	4008		V35	109
3713	2471	Jose Morujo	00:29:30	00:59:24	00:58:20	3841		V50	295
3714	1108	Madalena Teixeira	00:29:11	00:59:25	00:59:18	4021	as lesmas	V60	7
3715	5864	Jorge Fernandes	00:32:55	00:59:25	00:56:44	3516		V35	616
3716	2959	Vanda Oliveira	00:31:24	00:59:25	00:55:59	3356		V45	65
3717	1036	Pedro Curveira	00:30:40	00:59:25	00:58:15	3818		V55	194
3718	792	Jose Martins	00:32:42	00:59:26	00:55:39	3280	Asas	V55	195
3719	5117	Ricardo Gonçalves	00:31:25	00:59:26	00:57:42	3715		Senior	731
3720	1127	André Violante	00:32:57	00:59:26	00:56:03	3374	Cedime Power	Senior	732



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3721	610	Andreia Vale	00:31:16	00:59:26	00:56:18	3431		V35	110
3722	6747	André Gaspar	00:30:59	00:59:26	00:56:47	3529		Senior	733
3723	6068	Elsa Costa	00:31:11	00:59:27	00:57:53	3744	Run Buddy Run	V35	111
3724	611	Duarte Gonçalves	00:31:16	00:59:27	00:56:19	3435		V40	636
3725	4955	Rui Duarte	00:31:40	00:59:27	00:55:55	3347		V45	503
3726	4393	António Batista	00:33:00	00:59:27	00:56:01	3368	ADCR PJ	V50	296
3727	2401	Carolina Gonçalves	00:32:58	00:59:28	00:54:58	3115	OneSight Portugal	Senior	173
3728	1808	Amílcar Ribeiral	00:30:55	00:59:28	00:57:35	3679		V65	48
3729	6097	Julia Calisto	00:31:59	00:59:28	00:56:12	3404		V50	36
3730	4301	Carina Silva	00:29:48	00:59:29	00:58:23	3851	G.D. SantanderTotta	Senior	174
3731	488	João Pinto	00:31:38	00:59:29	00:56:44	3517	Os Coxos	V35	617
3732	6246	Luís Carvalho	00:31:19	00:59:29	00:55:43	3293	KPMG Runners	Senior	734
3733	2420	Jaquelina Vieira	00:29:55	00:59:30	00:58:57	3953	SS CGD	V40	112
3734	5563	Crina Oltean	00:31:51	00:59:30	00:54:53	3094	Tartarugas Furiosas	Senior	175
3735	5564	João Galveia	00:31:51	00:59:30	00:54:51	3077	Tartarugas Furiosas	V40	637
3736	7070	João Coelho	00:30:20	00:59:30	00:56:11	3400		Senior	735
3737	5169	Claudia Fernandes	00:29:35	00:59:30	00:58:35	3889		V35	112
3738	1728	Ricardo Vergas	00:30:17	00:59:30	00:59:06	3984		V45	504
3739	6130	Lourenco Sampaio	00:30:17	00:59:31	00:57:36	3685		V35	618
3740	146	Pedro Faro	00:30:39	00:59:31	00:57:51	3739		V45	505



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3741	3763	Augusto Reis	00:33:05	00:59:31	00:55:25	3224		Senior	736
3742	5159	Mónica Camacho	00:31:17	00:59:31	00:57:22	3646		V35	113
3743	65	Tatiana Ildefonso	00:30:31	00:59:32	00:57:15	3617		Senior	176
3744	3824	João Luís	00:32:21	00:59:32	00:55:59	3357		Senior	737
3745	415	Sara Silva	00:30:42	00:59:32	00:57:43	3717		V35	114
3746	5380	Sara Andrade	00:30:42	00:59:32	00:57:43	3721	Correr Lisboa	V35	115
3747	3337	André Almeida	00:33:52	00:59:34	00:55:28	3237	GeoGang	Senior	738
3748	7069	Miguel Fonseca	00:30:14	00:59:35	00:58:40	3901		V40	638
3749	6890	Anabela Marques	00:31:15	00:59:35	00:57:32	3670		Senior	177
3750	2682	Diogo Simão	00:31:15	00:59:35	00:57:33	3672		Senior	739
3751	3296	Pedro Carreira	00:33:26	00:59:35	00:56:55	3556	Lebres da Lapa	Senior	740
3752	2048	Filipe Nogueira	00:29:44	00:59:35	00:58:59	3957	Todos Juntos	V45	506
3753	6884	Henrique Girão	00:29:58	00:59:36	00:59:16	4019		V65	49
3754	5817	Joaquim Vieira	00:32:55	00:59:36	00:56:53	3550		Senior	741
3755	1037	Nuno Ferro	00:31:04	00:59:36	00:57:36	3684		V35	619
3756	4794	Fernanda Poças	00:29:54	00:59:36	00:59:24	4038		V40	113
3757	1953	Maria Moradas	00:31:12	00:59:37	00:58:32	3877		Senior	178
3758	3468	Duarte Lima	00:29:42	00:59:38	00:58:43	3913	Horacalibra	Senior	742
3759	2345	Nuno Henriques	00:32:26	00:59:38	00:56:17	3423	Pump Runners	V40	639
3760	2566	Mario Antonio	00:32:16	00:59:38	00:56:43	3513	Tangas Clube	V65	50



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3761	3774	Joana Ponte	00:31:02	00:59:38	00:57:07	3591		V40	114
3762	3416	Nuno Figueiredo	00:31:20	00:59:38	00:56:49	3534	NFFD	V40	640
3763	3417	Francisca Duarte	00:31:19	00:59:38	00:56:49	3535	NFFD	Senior	179
3764	4591	Martinho Roque	00:29:25	00:59:38	00:59:08	3987		V45	507
3765	3253	Ana Melo	00:27:54	00:59:39	00:59:08	3989	The Running Dead	Senior	180
3766	4322	António Cstro	00:32:16	00:59:39	00:57:06	3587	GD SANTANDERTOTTA	V45	508
3767	4648	Alberto Mosqueira	00:30:33	00:59:39	00:58:51	3934	GFD Running	V35	620
3768	1190	Eduardo Fernandes	00:30:10	00:59:40	00:57:51	3738		V35	621
3769	1467	Jorge Santos	00:30:57	00:59:40	00:56:40	3500		V50	297
3770	5267	Anabela Ruivo	00:30:04	00:59:40	00:59:13	4006	Correr Lisboa	V40	115
3771	6819	Nuno Diniz	00:33:21	00:59:41	00:57:47	3727	Great Big Team	V35	622
3772	6791	Daniela Diniz	00:33:21	00:59:41	00:57:48	3733	Great Big Team	Senior	181
3773	5268	Luis Nabais	00:30:04	00:59:41	00:59:12	4004	Correr Lisboa	Senior	743
3774	5142	Patrícia Cardoso	00:30:39	00:59:41	00:58:29	3872	Clube Accenture	Senior	182
3775	3601	Liliana Monteiro	00:28:56	00:59:41	00:59:27	4040		V35	116
3776	2224	Carla Serrano	00:30:58	00:59:41	00:57:24	3650	Correr Queluz	V40	116
3777	6948	Sónia Dias	00:29:02	00:59:41	00:59:13	4007		V35	117
3778	3426	Sara Ragageles	00:30:26	00:59:41	00:58:47	3918		Senior	183
3779	3611	Carolina Sousa	00:31:55	00:59:41	00:57:02	3576		Senior	184
3780	3594	Maria Ferreira	00:29:47	00:59:42	00:59:32	4057		V55	11



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3781	3886	João Brito	00:30:56	00:59:42	00:58:20	3842		V45	509
3782	5785	Dora Moraes	00:31:17	00:59:42	00:56:22	3450	GINjinha Runners	V45	66
3783	6790	Bruno Maia	00:33:22	00:59:42	00:57:46	3726	Great Big Team	Senior	744
3784	4555	Sérgio Joao	00:30:56	00:59:42	00:58:21	3846		V40	641
3785	5526	Rui Andrade	00:31:33	00:59:43	00:56:25	3459		Senior	745
3786	5883	Carolina Fonseca	00:29:40	00:59:43	00:59:33	4065		Senior	185
3787	2062	Ricardo Caldeira	00:30:50	00:59:43	00:57:43	3716	Casa do Pessoal do IVA	V40	642
3788	1234	Paula Nogueira	00:29:24	00:59:43	00:59:32	4059		V45	67
3789	7025	Marco Antunes	00:30:34	00:59:43	00:58:43	3910		V40	643
3790	2561	Ricardo Lourenço	00:29:57	00:59:43	00:58:40	3898	Estrelas Lisboa	V45	510
3791	6898	Marie-Caroline Mikolajczak	00:29:08	00:59:43	00:58:53	3937		Senior	186
3792	4860	Anastácia Evmenenko	00:30:22	00:59:44	00:58:03	3783	Team Envy	Senior	187
3793	4413	Paulo Matos	00:30:37	00:59:44	00:58:48	3920	condores Varge Mondar	V40	644
3794	1003	Paulo Castanheira	00:30:40	00:59:44	00:59:02	3970		V40	645
3795	4856	Sara Martins	00:30:24	00:59:44	00:57:30	3662	ATeam	Senior	188
3796	7210	Carla Nicomedico	00:31:00	00:59:44	00:56:53	3549		V40	117
3797	5209	João Carapau	00:31:13	00:59:44	00:56:41	3503		V40	646
3798	1039	Luis Garção	00:32:59	00:59:44	00:59:36	4071		V45	511
3799	1201	Dorindo Ferreira	00:29:55	00:59:45	00:58:21	3847	Ferreira	V65	51
3800	1718	Rita Fachadas	00:30:17	00:59:45	00:59:30	4050		Senior	189



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3801	3451	Pedro Monteiro	00:31:34	00:59:45	00:56:28	3468		Senior	746
3802	4234	Helder Santos	00:31:17	00:59:46	00:59:23	4034	A CORRER PELO MUNDO DAS BEBIDAS	V40	647
3803	6952	Nuno Rosa	00:31:05	00:59:46	00:57:10	3602		V35	623
3804	6286	Fernando Inácio	00:29:03	00:59:46	00:58:07	3791	VdAtletas	V40	648
3805	1347	Nuno Molero	00:31:41	00:59:46	00:57:05	3585		Senior	747
3806	2646	Sonia Nascimento	00:29:52	00:59:47	00:59:19	4024	OS MARTINS	V35	118
3807	4329	Pedro Graça	00:30:02	00:59:48	00:58:34	3882	GD SANTANDERTOTTA	V35	624
3808	1525	Bruno Arcanjo	00:31:01	00:59:48	00:58:13	3814		Senior	748
3809	2032	Ana Candeias	00:31:13	00:59:49	00:58:24	3862	Enjoadas do Asfalto	V40	118
3810	2610	Carmen Cuna	00:31:02	00:59:49	00:57:20	3640	BRRnightRUNNERS	V40	119
3811	810	António Marques	00:30:38	00:59:51	00:58:40	3900		V55	196
3812	3540	Vasco Ourelo	00:30:54	00:59:51	00:58:16	3820		V40	649
3813	3922	Álvaro Jorge	00:28:11	00:59:52	00:59:27	4041		V55	197
3814	6906	Raquel Magalhães	00:30:27	00:59:52	00:58:40	3899	Alicates & Canivetes	V35	119
3815	6907	Pedro Tomé	00:30:27	00:59:52	00:58:41	3906	Alicates & Canivetes	V35	625
3816	3993	Leontina Mendes	00:32:33	00:59:52	00:57:37	3686	Arrasta a Cota	V35	120
3817	3990	Pedro Almeida	00:32:57	00:59:52	00:57:37	3689	Arrasta a Cota	V35	626
3818	4132	Henrique Mouta	00:30:49	00:59:52	00:58:02	3781	SS CGD	V35	627
3819	3991	Ana Tavares	00:32:57	00:59:52	00:57:38	3693	Arrasta a Cota	V35	121
3820	3992	Paulo Vieira	00:33:43	00:59:53	00:57:38	3691	Arrasta a Cota	V40	650



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3821	6855	Catarina Campos	00:32:54	00:59:53	00:56:11	3401		Senior	190
3822	3261	Jose Neves	00:32:18	00:59:53	00:56:53	3546		V60	122
3823	4724	Fernando Figueiredo	00:33:16	00:59:55	00:56:46	3525		V45	512
3824	599	Pedro Chiote	00:30:54	00:59:56	00:57:55	3751	Os Tetras	V60	123
3825	137	Susana Ferreirinho	00:30:03	00:59:56	00:58:18	3834		V40	120
3826	598	Tiago Rodrigues	00:30:54	00:59:56	00:57:55	3750	Os Tetras	Senior	749
3827	597	Afonso Chiote	00:30:54	00:59:56	00:57:55	3749	Os Tetras	Senior	750
3828	2858	António Carvalho	00:28:15	00:59:56	00:59:36	4069	Antonio Manuel Soares Carvalho, Unipessoal Lda	V40	651
3829	613	Célia Carvalho	00:28:50	00:59:56	00:59:38	4076		V45	68
3830	3923	Helena Barreto	00:31:55	00:59:57	00:57:17	3623		Senior	191
3831	3856	Mariana Raimundo	00:31:29	00:59:57	00:59:00	3961		Senior	192
3832	1547	Carlos Alves	00:28:50	00:59:57	00:59:40	4080		V55	198
3833	2946	Paula Calisto	00:30:59	00:59:58	00:58:14	3815		V35	122
3834	1605	Sandro Almeida	00:32:14	00:59:58	00:56:50	3537		V40	652
3835	768	Carla Floriano	00:30:35	00:59:59	00:58:37	3895		V40	121
3836	3242	Ricardo Figueiredo	00:30:01	00:59:59	00:57:45	3724		V40	653
3837	3914	Patricia Ferreira	00:30:53	01:00:00	00:58:41	3905		V40	122
3838	6616	Manuel Hotelão	00:33:21	01:00:00	00:56:08	3387	ESTEVES E LEITÃO LDA	V45	513
3839	6250	Francisco Fontes	00:31:05	01:00:00	00:57:31	3668	KPMG Runners	Senior	751
3840	194	Vítor Lucas	00:28:41	01:00:01	00:59:47	4096	Breakaway	V50	298



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3841	5585	Sara Silva	00:34:07	01:00:01	00:56:08	3385		V45	69
3842	6792	Pedro Diniz	00:33:22	01:00:01	00:58:08	3795	Great Big Team	Senior	752
3843	6622	Carlos Filipe	00:31:52	01:00:02	00:57:32	3669	GandaLata Team	Junior	41
3844	6308	Gisela Padre	00:31:20	01:00:02	00:57:27	3655		V40	123
3845	3661	Laura Carmenates	00:29:59	01:00:02	00:59:54	4112		V55	12
3846	122	Tania Goncalves	00:30:58	01:00:03	00:58:43	3912		Senior	193
3847	4604	Ana Fonseca	00:29:04	01:00:03	00:59:52	4106	TEJAVISTA	V40	124
3848	5434	Susana Camara	00:31:33	01:00:03	00:56:55	3557	Mais que Cuidar Running	V35	123
3849	4942	Rodolfo Nunes	00:31:27	01:00:04	00:57:15	3616		V40	654
3850	4941	Paulo Quintas	00:31:27	01:00:04	00:57:16	3620		V40	655
3851	5433	Paulo Patricio	00:31:32	01:00:04	00:56:55	3558	Mais que Cuidar Running	V45	514
3852	5098	Fernando Marques	00:30:02	01:00:04	00:59:39	4078	g.d.chelas	V50	299
3853	1143	Eduardo Pestana	00:30:18	01:00:05	00:59:30	4048	kaninos	V35	628
3854	1639	Carlos Costa	00:29:31	01:00:05	00:59:16	4015		V50	300
3855	4584	Alexandre Neves	00:29:13	01:00:05	00:59:26	4039		V40	656
3856	7026	Marilene Martins	00:29:52	01:00:05	00:59:23	4031		V35	124
3857	4585	Sonia Cruz	00:29:13	01:00:06	00:59:28	4044		V40	125
3858	6983	Ana Pinto	00:31:45	01:00:06	00:58:49	3926		Senior	194
3859	6241	Afonso Gomes	00:30:42	01:00:07	00:59:42	4085	KPMG Runners	Senior	753
3860	5312	Rita Figueiredo	00:31:06	01:00:07	00:58:41	3904		Senior	195



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3861	6314	Ricardo Duarte	00:31:54	01:00:08	00:57:20	3641	g.d.chelas	Senior	754
3862	4213	Jose Abreu	00:29:47	01:00:08	00:59:04	3976	GDCTIN Casa da Moeda	V65	52
3863	1161	André Lopes	00:28:30	01:00:08	00:58:49	3928	Farmácia Santo António	Senior	755
3864	5236	Sara Martins	00:30:57	01:00:09	00:58:13	3808	BRRnightRUNNERS	Senior	196
3865	5310	Inês Garcia	00:31:06	01:00:09	00:58:43	3911		Senior	197
3866	2729	Rita Vale	00:31:14	01:00:10	00:58:01	3773	Prima do Luz	Senior	198
3867	2728	Ricardo Vale	00:31:14	01:00:10	00:58:01	3776	Prima do Luz	Senior	756
3868	6740	Margarida Benevides	00:31:13	01:00:10	00:57:48	3732		V35	125
3869	5128	Manuela Gomes	00:29:32	01:00:11	00:59:55	4116	Clube Accenture	V55	13
3870	1171	Luisa Costa	00:29:37	01:00:12	00:59:50	4105	Quarentoes na Bisga	V45	70
3871	1527	Nuno Cola	00:31:59	01:00:12	00:58:12	3804	Deixa Passar o Maior de Portugal	V35	629
3872	6474	6 Min/Km	00:29:23	01:00:13	01:00:07	4146		V40	657
3873	5503	António Vaz	00:31:18	01:00:13	00:58:44	3914		V50	301
3874	865	Pedro Fernandes	00:28:46	01:00:13	01:00:01	4131		V40	658
3875	6692	Rui Taborda	00:31:42	01:00:14	00:57:39	3696	CONTRAALTAFINANÇA	V50	302
3876	1975	Raquel Correia	00:29:46	01:00:14	00:59:43	4089		V45	71
3877	1023	Luis Albuquerque	00:29:38	01:00:14	00:59:45	4091		V40	659
3878	1464	Vitor Nunes	00:30:57	01:00:15	00:57:15	3614		V45	515
3879	1326	Henrique Vilhena	00:30:58	01:00:15	00:59:54	4111		V60	124
3880	2184	Ricardo Bessa	00:29:56	01:00:16	00:59:48	4100		V40	660



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3881	5863	Francisco Ferreira	00:32:55	01:00:16	00:57:34	3676		V45	516
3882	2052	Nuno Pereira	00:30:42	01:00:18	00:57:41	3705	Relâmpagos Vermelhos	Senior	757
3883	4544	Maria Rebola	00:31:48	01:00:18	00:57:17	3624		V40	126
3884	5613	Paulo Abreu	00:30:44	01:00:19	00:58:18	3829		V50	303
3885	6586	Teresa Blanc	00:32:43	01:00:19	00:56:21	3447		Senior	199
3886	1882	João Santos	00:32:43	01:00:19	00:56:21	3442		Senior	758
3887	3148	Cristina Henriques	00:28:57	01:00:20	00:59:41	4083		Senior	200
3888	548	Carla Castanheira	00:30:04	01:00:20	00:59:09	3991		V40	127
3889	614	Cristina Freitas	00:31:43	01:00:20	00:57:37	3687		Senior	201
3890	2745	Isabel Braga	00:31:21	01:00:21	00:58:29	3870	Estarolas	V40	128
3891	3806	Luís Gouveia	00:28:13	01:00:23	01:00:13	4163		V40	661
3892	5939	Ana Almeida	00:32:11	01:00:24	00:57:29	3658	Sportings de Almeida	V35	126
3893	6325	Alexandre Brito	00:32:26	01:00:24	00:57:58	3764		V40	662
3894	5764	Nuno Vieira	00:31:07	01:00:24	00:58:57	3952	VdAtletas	V50	304
3895	277	Paula Santos	00:32:27	01:00:24	00:58:18	3827	BRRnightRUNNERS	V45	72
3896	4997	Ana Ramos	00:29:15	01:00:25	01:00:05	4143	AC PORTALEGRE/UTSM	V45	73
3897	3804	André Mendonça	00:32:23	01:00:25	00:57:09	3596		Junior	42
3898	5733	Ieda Paula	00:31:29	01:00:25	00:58:17	3826	Ginásio Clube Português	Senior	202
3899	5907	Fabio Silva	00:29:46	01:00:26	00:59:53	4108	COAC	Senior	759
3900	3269	Carla Coutinho	00:31:17	01:00:26	00:59:09	3993		V45	74



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3901	1976	Luís Miranda	00:30:28	01:00:26	00:58:56	3951		V40	663
3902	3268	Paulo Coutinho	00:31:17	01:00:26	00:59:09	3992		V45	517
3903	3815	Tiago Maio	00:29:22	01:00:27	01:00:11	4158		V35	630
3904	2119	Marco Cunha	00:29:22	01:00:27	01:00:10	4154		Senior	760
3905	4326	Rui Martins	00:29:26	01:00:28	00:59:45	4092	GD SANTANDERTOTTA	V40	664
3906	3701	António Cunha	00:29:22	01:00:28	01:00:11	4157		Senior	761
3907	113	Ana Pereira	00:30:43	01:00:28	00:59:43	4088	Correr Lisboa	V40	129
3908	1538	Luís Mendonça	00:32:23	01:00:29	00:57:13	3611		Senior	762
3909	6838	Carla Sampaio	00:31:53	01:00:29	00:58:18	3833	Team Sampaio	V40	665
3910	6837	Rui Sampaio	00:31:52	01:00:29	00:58:18	3837	Team Sampaio	V35	631
3911	5822	João Silva	00:32:24	01:00:29	00:58:34	3884		Senior	763
3912	3442	Diogo Figueira	00:33:26	01:00:30	00:57:00	3571		Senior	764
3913	1325	Marta Ferreira	00:31:17	01:00:31	00:58:42	3908		Senior	203
3914	4788	Rui Café	00:30:59	01:00:31	00:57:00	3569		V40	666
3915	2060	Jose Silva	00:31:26	01:00:32	00:58:32	3880	Casa do Pessoal do IVA	V70	15
3916	2106	Jose Vasconcelos	00:31:16	01:00:32	00:56:47	3528		V40	667
3917	643	Tiago Fernandes	00:32:24	01:00:32	00:57:04	3582		Senior	765
3918	2189	Raquel Costa	00:31:25	01:00:32	00:59:23	4030		Senior	204
3919	2192	Tânia Martins	00:31:25	01:00:32	00:59:23	4033		Senior	205
3920	2799	Sofia Guedes	00:30:09	01:00:32	01:00:09	4149	AÇOREANA	V40	130



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3921	6193	Andreia Clemente	00:30:15	01:00:33	00:59:41	4082	Papa Milhas de AV	Senior	206
3922	6331	Helena Sousa	00:30:49	01:00:33	00:59:15	4011	Carrasco & Amigos	V50	37
3923	1593	Miguel Campo	00:32:51	01:00:33	00:57:08	3593		V45	518
3924	1912	Antonio Pinto	00:34:48	01:00:35	00:58:25	3864		V50	305
3925	3143	Domingas Santos	00:31:07	01:00:35	00:59:32	4058		V55	14
3926	4116	David Goufa	00:29:55	01:00:35	00:59:10	3996	RUN FORREST RUN	V35	632
3927	1693	Raquel Avelos	00:32:20	01:00:36	00:57:04	3583	CCD Siemens	Senior	207
3928	3174	Filipe Rodrigues	00:32:41	01:00:37	00:56:52	3543		Senior	766
3929	4611	Hugo Casaca	00:32:40	01:00:37	00:56:53	3551	Nevaguivap	V35	633
3930	5043	Hugo Marques	00:31:19	01:00:39	00:57:13	3612	Mercedes	V35	634
3931	2958	Carlos Marques	00:32:40	01:00:39	00:56:55	3560		V45	519
3932	4991	Miguel Braz	00:30:06	01:00:39	00:59:39	4079	M&A	V35	635
3933	6812	Bruno Barragão	00:28:50	01:00:39	00:59:54	4113	FBA	V35	636
3934	2324	Joana Morim	00:29:06	01:00:40	01:00:32	4210	CLUBE COLABORADORES AGEAS	Senior	208
3935	5999	Manuel Barbosa	00:30:54	01:00:40	00:59:46	4093		V60	125
3936	6757	Marco Martins	00:30:11	01:00:40	01:00:13	4164		Senior	767
3937	3517	Cátia Rodrigues	00:30:11	01:00:40	01:00:14	4166		Senior	209
3938	2354	Tânia Carvalho	00:31:34	01:00:41	00:57:19	3637	Pump Runners	Senior	210
3939	1338	António Soares	00:30:15	01:00:41	00:58:54	3940		V45	520
3940	1342	Nuno Alvino	00:30:16	01:00:41	00:58:54	3939		V40	668



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3941	6585	João Galelo	00:31:39	01:00:41	00:58:13	3813		Senior	768
3942	347	Célia Júlio	00:30:30	01:00:42	01:00:07	4147	Run4Fun	V40	131
3943	6007	Catarina Vaz	00:32:26	01:00:42	00:57:59	3768		Senior	211
3944	4677	Catarina Araújo	00:31:22	01:00:42	00:59:20	4026		Senior	212
3945	3531	Teresa Sampayo	00:31:40	01:00:42	00:58:13	3811		Senior	213
3946	4403	Marta Pereira	00:31:22	01:00:42	00:59:28	4046	Tetraseis	Senior	214
3947	4185	Bruno Domingos	00:32:08	01:00:42	00:58:24	3863	Hiscox Lisbon Running Club	Senior	769
3948	6144	Rui Duarte	00:31:08	01:00:42	00:59:00	3963		V40	669
3949	4766	Pedro Florindo	00:31:30	01:00:43	00:58:11	3802	Clube Atlético São Brás	Senior	770
3950	1762	Sezinanda Guerreiro	00:31:56	01:00:43	00:59:46	4095		V35	127
3951	1468	Pragneche Rugnat	00:31:47	01:00:43	00:58:03	3782		Senior	771
3952	4421	Paulo Carneiro	00:30:42	01:00:43	00:58:55	3946	Road Runners	V45	521
3953	530	Rute Loreti	00:31:39	01:00:44	00:59:31	4055		V45	75
3954	636	Hugo Diogo	00:32:22	01:00:44	00:57:15	3615		Senior	772
3955	5584	Ilda Simões	00:30:51	01:00:44	00:59:31	4056		V45	76
3956	3355	Vasco Santos	00:32:05	01:00:44	00:58:52	3935	GD BPI	V55	199
3957	6763	João Martins	00:33:07	01:00:44	00:57:22	3645		V60	126
3958	5099	Leopoldino Marcelino	00:30:20	01:00:44	01:00:32	4213	g.d.chelas	V75	5
3959	7152	Adriana Pais	00:32:02	01:00:45	00:57:42	3714		Senior	215
3960	6694	6694	00:30:03	01:00:47	00:58:37	3893	Tribananas	Senior	773



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3961	3287	Simone Ferreira	00:31:18	01:00:48	00:58:27	3867	Lebres da Lapa	Senior	216
3962	3295	Sofia Luis	00:31:18	01:00:48	00:58:27	3866	Lebres da Lapa	V35	128
3963	1287	Moisés Fernandes	00:29:56	01:00:48	01:00:05	4140	CLUBE NOVO BANCO	V45	522
3964	6206	Daniel Pereira	00:27:58	01:00:49	01:00:27	4199	MARRIOTT LISBOA	V35	637
3965	1526	João Alexandre	00:31:59	01:00:49	00:58:50	3930	Deixa Passar o Maior de Portugal	V35	638
3966	6667	Paula Leitão	00:30:24	01:00:49	00:59:47	4097	Estrelas Lisboa	V35	129
3967	2650	Susana Martins	00:30:53	01:00:49	00:59:57	4120	OS MARTINS	Senior	217
3968	2654	Carina Martins	00:30:53	01:00:50	00:59:56	4119	OS MARTINS	Senior	218
3969	6324	Manuel Cruz	00:33:13	01:00:50	00:57:00	3567		Senior	774
3970	1528	Pedro Borrego	00:31:57	01:00:50	00:58:49	3927	Deixa Passar o Maior de Portugal	V35	639
3971	904	Anabela Assunção	00:28:59	01:00:50	01:00:31	4208	GRCD LEIAO	V40	132
3972	3585	Daniel Martins	00:29:35	01:00:51	01:00:24	4192		Junior	43
3973	4224	Vitor	00:28:52	01:00:53	01:00:04	4138	GDCTIN Casa da Moeda	V35	640
3974	6722	Gonçalo Simões	00:31:53	01:00:53	01:00:10	4152		Senior	775
3975	2454	Nuno Leão	00:31:23	01:00:53	00:58:17	3821	Os Leões	V40	670
3976	2455	Sónia Pinto	00:31:23	01:00:53	00:58:18	3835	Os Leões	V35	130
3977	5735	Antonio Alves	00:30:24	01:00:54	01:00:32	4211	ODEBRECHT PORTUGAL	V60	127
3978	1648	Helena Sousa	00:31:52	01:00:54	00:58:04	3784		V35	131
3979	481	Ana Romano	00:30:31	01:00:55	01:00:33	4215		V45	77
3980	323	António Abrantes	00:31:19	01:00:55	00:58:49	3925	Balhelhas	V60	128



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3981	3244	Joana Jesus	00:32:12	01:00:56	00:59:04	3977		Senior	219
3982	6305	Nicole Alcário	00:32:25	01:00:56	00:58:30	3873		Senior	220
3983	4003	Jorge Nunes	00:32:12	01:00:56	00:59:04	3975	ADRC Mata de Benfica	V35	641
3984	3089	Cristina Martins	00:30:54	01:00:56	01:00:00	4125	RB RUNNING	V45	78
3985	4342	Dália Leite	00:30:31	01:00:57	01:00:40	4237	Clube de Atletismo Odimarq	V50	38
3986	758	Gonçalo Rocha	00:31:43	01:00:58	00:58:54	3938		V45	523
3987	5909	Manuel Vacas	00:30:43	01:00:59	00:59:13	4009	Irmãos Vacas	Senior	776
3988	4320	Lucio Silva	00:31:16	01:00:59	00:58:55	3948	GD SANTANDERTOTTA	V50	306
3989	2045	Fernando Pereira	00:30:08	01:01:00	01:00:23	4186	Todos Juntos	V50	307
3990	6793	Emanuel Guerreiro	00:33:21	01:01:00	00:59:06	3983	Great Big Team	V35	642
3991	2353	Tânia Sales	00:32:46	01:01:02	00:57:41	3710	Pump Runners	V35	132
3992	2470	Diana Gonçalves	00:32:46	01:01:02	00:57:40	3698		Senior	221
3993	2342	Hugo Pereira	00:32:47	01:01:02	00:57:40	3700	Pump Runners	V40	671
3994	3129	Herminio Costa	00:31:20	01:01:03	00:59:33	4064		V50	308
3995	6071	Rodrigo Silvestre	00:31:34	01:01:03	00:58:36	3892		V35	643
3996	3662	Ferreira	00:30:56	01:01:04	01:00:16	4169		V75	6
3997	166	Isabel Dias	00:30:57	01:01:05	01:00:48	4263		V50	39
3998	3324	Sara Fonseca	00:30:58	01:01:05	01:00:01	4129	piccadillys	Junior	6
3999	2592	Nídia Vicente	00:29:27	01:01:06	01:00:44	4245	NJC	Senior	222
4000	3124	Maria Carvalho	00:31:05	01:01:06	00:58:54	3944		Senior	223



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4001	2980	João Ferro	00:29:52	01:01:06	01:00:33	4217		V45	524
4002	6095	Pedro Gonçalves	00:30:05	01:01:07	00:57:42	3712		V45	525
4003	6099	Ricardo Sousa	00:32:38	01:01:08	00:55:52	3333		V35	644
4004	2271	Sérgio Vasco	00:32:41	01:01:08	00:58:21	3843	Cedime Power	Senior	777
4005	35	Marisa Rianço	00:31:06	01:01:08	00:59:11	3999		V35	133
4006	1887	Paulo Fernandes	00:32:22	01:01:09	00:56:42	3511		V40	672
4007	7128	Shiyun Lan	00:31:15	01:01:09	01:00:32	4209		V40	673
4008	6516	Luis Santos	00:31:09	01:01:09	00:59:07	3985		V35	645
4009	5364	André D´Almeida	00:32:07	01:01:10	00:58:37	3894	Elite Runners	Senior	778
4010	6066	Mario Vinhas	00:33:05	01:01:10	00:58:05	3787		V45	526
4011	2491	Isabel Fonseca	00:33:08	01:01:10	00:57:12	3607	Encosta Team	V50	40
4012	5753	António Loureiro	00:30:10	01:01:10	00:59:44	4090	VdAtletas	V65	53
4013	5253	Paula Soares	00:30:40	01:01:12	01:00:26	4195	Team Soares	V45	79
4014	2992	Selma Gonçalves	00:33:04	01:01:12	00:57:19	3634		V40	133
4015	6284	André Parente	00:30:18	01:01:12	00:59:31	4054	VdAtletas	Senior	779
4016	2993	Nuno Cabedo	00:33:03	01:01:13	00:57:20	3638		V50	309
4017	1030	Francisco Ribeiro	00:31:10	01:01:13	01:00:47	4260		V65	54
4018	4940	Rui Veiga	00:31:56	01:01:13	01:00:47	4259		V55	200
4019	3810	João Silva	00:31:15	01:01:14	00:59:23	4036		V50	310
4020	1749	Zaida Mendes	00:31:54	01:01:14	00:59:03	3972		V45	80



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4021	1746	Antonio Mendes	00:31:54	01:01:14	00:59:03	3971		V55	201
4022	1823	Carmen Cabral	00:30:23	01:01:15	01:00:58	4288	Clube Robbialac	V40	134
4023	5509	Paula Magalhães	00:32:42	01:01:16	00:57:20	3639		V45	81
4024	6328	Maria Peixoto	00:32:54	01:01:16	00:57:18	3630		V40	135
4025	1875	João Ventura	00:31:25	01:01:16	00:58:44	3915		V40	674
4026	3256	José Alípio	00:30:58	01:01:17	00:59:33	4060		V55	202
4027	2781	Joao Seborro	00:30:46	01:01:17	01:00:26	4194		V45	527
4028	1905	Dora Vilhena	00:30:47	01:01:17	01:00:49	4268		V45	82
4029	908	Alexandre Costa	00:29:35	01:01:17	01:01:04	4310		V50	311
4030	165	Sónia Domingos	00:30:03	01:01:18	01:01:02	4305		V35	134
4031	1705	Marco Mendes	00:31:13	01:01:19	00:59:14	4010		V40	675
4032	4674	Mário Caetano	00:32:12	01:01:19	00:58:19	3839		V35	646
4033	6155	António Fernandes	00:32:13	01:01:19	00:59:00	3962		V35	647
4034	4632	Rebeca Bastos	00:31:55	01:01:20	00:58:54	3945	Clube Vodafone	Senior	224
4035	409	Pedro Ribeiro	00:31:51	01:01:20	00:58:24	3854		V35	648
4036	6711	Miguel Fernandes	00:32:13	01:01:20	00:59:01	3968		V40	676
4037	5918	Joao Robalo	00:31:27	01:01:20	00:59:40	4081		V40	677
4038	2469	Ana Marques	00:32:19	01:01:20	00:57:45	3722		Senior	225
4039	1131	Ana Calafate	00:32:22	01:01:20	00:58:18	3832	Tartarugas Solidarias	V45	83
4040	7100	Pedro Sargento	00:32:11	01:01:21	00:57:40	3704		Senior	780



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4041	3177	Eduardo Pinto	00:33:19	01:01:21	00:57:40	3702		V45	528
4042	3618	Cláudia Santos	00:33:19	01:01:21	00:57:41	3707		Senior	226
4043	1124	Pedro Godinho	00:29:50	01:01:22	01:00:56	4282	Farmácia Alto da Eira / AVS	V35	649
4044	6840	Dora Sousa	00:30:42	01:01:22	01:00:17	4175	EggBite	V35	135
4045	6839	Carlos Chança	00:30:42	01:01:22	01:00:17	4170	EggBite	V40	678
4046	6872	José Simões	00:30:02	01:01:22	01:01:07	4314		V60	129
4047	2069	Sofia Ribeiro	00:31:22	01:01:22	00:59:54	4109	Nerds for speed	Senior	227
4048	2506	Duarte Rebocho	00:31:21	01:01:23	00:57:58	3761		V50	312
4049	2152	Vânia Muge	00:31:42	01:01:23	00:58:54	3941		Senior	228
4050	5171	Heidy Rodrigues	00:31:00	01:01:23	01:00:06	4145		Senior	229
4051	1613	Rui Farinha	00:33:24	01:01:23	00:58:12	3806		V50	313
4052	4448	Carlos Ferreira	00:33:14	01:01:24	00:57:07	3590	Câmara Lisboa Clube	V50	314
4053	592	Carla Duarte	00:32:42	01:01:24	00:58:21	3849	Tartarugas Solidárias	V45	84
4054	6967	Joao Oliveira	00:31:00	01:01:24	00:59:33	4062		V35	650
4055	4572	Paulo Lopes	00:32:04	01:01:26	00:59:49	4103		V50	315
4056	3326	Pedro Pardinoto	00:30:57	01:01:26	01:00:23	4187	piccadillys	V40	679
4057	6723	Vasco Lopes	00:30:18	01:01:27	01:00:33	4214		Junior	44
4058	3630	Paulo Pintor	00:30:39	01:01:27	01:00:39	4235		Senior	781
4059	6032	José Maria	00:30:04	01:01:29	01:00:35	4221		V50	316
4060	3469	Catarina Santos	00:32:05	01:01:29	00:58:21	3848		Senior	230



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4061	2426	José Alves	00:30:18	01:01:30	01:00:36	4223	SS CGD	V65	55
4062	2143	Pedro Alves	00:33:02	01:01:30	00:59:29	4047		V35	651
4063	2338	Dora Esteves	00:31:58	01:01:30	00:58:09	3797	Pump Runners	Senior	231
4064	2070	Nuno Mares	00:29:38	01:01:31	01:00:40	4239	Movet	V35	652
4065	3421	Filipa Costa	00:30:09	01:01:31	01:00:48	4267		Senior	232
4066	5616	Eloísa Pina	00:31:27	01:01:32	00:58:42	3909		Senior	233
4067	414	Marisa Serra	00:31:12	01:01:32	00:58:22	3850		V45	85
4068	2205	Moiken Feddersen	00:32:47	01:01:32	00:58:29	3871		V45	86
4069	121	Carlos Casinhas	00:31:36	01:01:33	00:58:54	3942		Senior	782
4070	3237	Paulo Martins	00:31:05	01:01:33	01:00:55	4273		V45	529
4071	4348	Clésia Sobreira	00:32:36	01:01:33	00:59:00	3964	Farmácia Nova	Senior	234
4072	5135	Sérgio Brito	00:29:56	01:01:33	01:00:24	4190	Clube Accenture	V35	653
4073	2766	Paulo Coelho	00:29:36	01:01:33	01:00:22	4183		V40	680
4074	3577	André Guterres	00:31:00	01:01:34	00:59:48	4101		Senior	783
4075	4774	João Cortes	00:31:42	01:01:34	00:57:59	3767		Senior	784
4076	3695	Carlos Sepulveda	00:31:58	01:01:35	00:59:31	4053		V40	681
4077	6715	Tiago Francisco	00:29:27	01:01:36	01:00:17	4173		Senior	785
4078	5427	Raquel Nunes	00:31:02	01:01:36	00:59:33	4061	Chelsicha Running	Senior	235
4079	6954	Basílio Paixão	00:30:58	01:01:36	00:58:35	3887		V45	530
4080	4380	Ana Calau	00:31:39	01:01:37	01:01:09	4321	CCCD RUN4FUN	Senior	236



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4081	282	Filomena Costa	00:31:24	01:01:37	01:01:01	4304	Correr Lisboa	V50	41
4082	4281	Filipe Carlos	00:38:46	01:01:38	00:58:24	3859	Rapidísimos	V45	531
4083	1645	Sofia Cordeiro	00:31:46	01:01:38	00:59:48	4102		V40	136
4084	1824	Vera Sacramento	00:32:05	01:01:38	00:57:47	3729	Starfish	V40	137
4085	2110	Joana Oliveira	00:30:30	01:01:38	01:01:30	4362		Senior	237
4086	4984	João Veigas	00:29:25	01:01:39	01:01:14	4329	Carne Maturada	V40	682
4087	4283	Teresa Reis	00:31:20	01:01:39	01:00:13	4165	Zorbitas	V40	138
4088	4387	Bernardete Lopes	00:30:42	01:01:40	01:01:11	4324	Talenter	V40	139
4089	4394	Carlos Vieira	00:31:45	01:01:41	00:58:14	3816	ADCR PJ	V45	532
4090	7090	Christina Bearden	00:32:47	01:01:41	00:58:56	3950		Senior	238
4091	5559	Sara Lança	00:31:49	01:01:41	00:59:55	4117	Referees Margem Sul	Senior	239
4092	6562	Sónia Neves	00:32:48	01:01:41	00:59:11	3997		V40	140
4093	6563	Carlos Tavares	00:32:48	01:01:41	00:59:11	4000		V40	683
4094	5136	Carlos Rodrigues	00:31:30	01:01:41	01:00:23	4185	Clube Accenture	Senior	786
4095	4575	Rosa Falardo	00:31:21	01:01:42	01:01:10	4322		V50	42
4096	632	Rui Travanca	00:32:09	01:01:42	00:58:31	3876	Colt Runners	V45	533
4097	2339	Eva Caetano	00:31:58	01:01:42	00:58:21	3844	Pump Runners	Senior	240
4098	4469	Antonio Domingos	00:31:38	01:01:43	01:01:13	4327		V65	56
4099	2625	Albano Coutinho	00:31:58	01:01:43	00:59:24	4037	NAV Runners	V40	684
4100	437	Rui Freixo	00:31:42	01:01:43	00:59:12	4003		Senior	787



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4101	3338	Patrick Fumega	00:33:51	01:01:43	00:57:34	3674	GeoGang	Senior	788
4102	3022	Ana Teixeira	00:32:14	01:01:43	01:00:04	4136	Sanofi	V40	141
4103	6558	Paulo Amaral	00:33:07	01:01:44	00:58:21	3845		V50	317
4104	2466	Célia Veiga	00:31:25	01:01:44	01:00:37	4229		Senior	241
4105	3335	Sofia Henriques	00:33:51	01:01:44	00:57:37	3688	GeoGang	Senior	242
4106	4332	Luis Silva	00:30:59	01:01:44	01:01:21	4344	GD SANTANDERTOTTA	V70	16
4107	2518	Paula Saraiva	00:32:43	01:01:44	00:58:46	3917		V45	87
4108	5254	Teresa Soares	00:30:50	01:01:45	01:00:59	4291	Team Soares	V45	88
4109	3639	Jorge Lourenço	00:33:03	01:01:45	01:00:02	4132		V55	203
4110	3760	Paulo Santos	00:31:22	01:01:45	01:00:35	4220		V45	534
4111	2259	Jesus Pedrique	00:32:27	01:01:45	00:59:00	3966		Senior	789
4112	1029	Tiago Ribeiro	00:32:56	01:01:47	00:59:12	4002		V35	654
4113	3782	Andreia Correia	00:31:32	01:01:48	01:00:40	4238		Senior	243
4114	4810	Luis Valente	00:32:29	01:01:48	00:59:34	4067		V35	655
4115	6153	Pedro Fiel	00:32:29	01:01:48	00:59:34	4066		V40	685
4116	6751	Filipe Brízida	00:32:23	01:01:48	00:59:41	4084		V40	686
4117	7217	Claudia Oliveira	00:33:07	01:01:49	00:57:42	3713		Senior	244
4118	6753	Hanna Demidova	00:32:23	01:01:49	00:59:42	4086		V40	142
4119	7024	Rahim Ali	00:33:13	01:01:50	00:58:00	3770		Senior	790
4120	5755	André	00:32:42	01:01:50	00:58:50	3931	VdAtletas	V40	687



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4121	6048	Helena Bastardo	00:32:02	01:01:50	00:59:23	4032		V45	89
4122	6194	Alexandre Gomes	00:30:15	01:01:51	01:01:00	4298	Papa Milhas de AV	Senior	791
4123	6870	Tetyana Vyhovska	00:32:58	01:01:51	00:59:42	4087		Senior	245
4124	523	Manuel Vazquez	00:31:33	01:01:53	01:00:53	4272		V60	130
4125	4709	Nuno Simas	00:33:08	01:01:53	00:57:47	3730		Senior	792
4126	3985	Hugo Firmo	00:28:26	01:01:53	01:01:29	4358	Tagus Junior Consulting	Senior	793
4127	6796	Pedro Santos	00:33:24	01:01:54	00:59:05	3978	Pernocas Daço	V45	535
4128	6197	Rui Jerónimo	00:33:21	01:01:54	01:01:02	4306	TNT Runners	V45	536
4129	5547	Bruno Santos	00:30:49	01:01:54	01:01:16	4338	Melom Portugal	V40	688
4130	2299	António Figueiredo	00:27:33	01:01:54	01:01:41	4383	Gangue do bigode	Senior	794
4131	7011	Ana Neves	00:33:24	01:01:56	00:59:05	3980		V45	90
4132	4039	Pedro Barosa	00:30:09	01:01:56	01:01:01	4303	Carcassone	Senior	795
4133	870	Paulo Silva	00:31:59	01:01:56	00:59:21	4028		V45	537
4134	59	Cesar Guerra	00:32:36	01:01:56	00:59:21	4027		V45	538
4135	3471	Joao Machado	00:31:23	01:01:56	01:00:05	4141		V35	656
4136	6797	Claudia Santos	00:27:19	01:01:57	00:59:08	3988	Pernocas Daço	V45	91
4137	4173	Nuno Mendes	00:31:05	01:01:57	01:00:29	4203	SOGMIP	Senior	796
4138	3496	Célia Simões	00:33:59	01:01:58	00:58:24	3857	TudoEu.com	V40	143
4139	779	Carlos Moreira	00:30:52	01:01:58	01:01:47	4398	Metro 2011	V60	131
4140	3497	Paulo Garcia	00:33:58	01:01:58	00:58:24	3861	TudoEu.com	V40	689



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4141	5006	Marco Coelho	00:31:17	01:01:58	01:00:17	4174		V35	657
4142	6613	Filipe Barbosa	00:31:28	01:01:58	00:59:28	4043		Senior	797
4143	6001	Vanda Ferreria	00:32:43	01:01:58	00:59:00	3960	MaisqueCuidarRunning	V35	136
4144	2623	Alexandra Inácio	00:30:41	01:01:58	01:01:23	4348	Running Venus	V40	144
4145	2622	Paulo Inácio	00:30:35	01:01:59	01:01:23	4346	Running Venus	V35	658
4146	6612	Cirlene Miranda	00:31:28	01:01:59	00:59:28	4045		Senior	246
4147	6002	Arminda Basílio	00:32:43	01:01:59	00:59:01	3967	MaisqueCuidarRunning	V40	145
4148	528	Luis Mota	00:31:37	01:01:59	00:59:37	4075		V40	690
4149	1977	Marco Silva	00:32:42	01:02:00	00:58:50	3929		Senior	798
4150	4562	Maribel Silva	00:32:17	01:02:00	01:00:00	4124		V45	92
4151	5090	Fernando Paulo	00:33:18	01:02:00	00:59:23	4035	g.d.chelas	V55	204
4152	2922	Filipe Graça	00:32:30	01:02:01	00:59:54	4110		Senior	799
4153	3559	Teresa Martins	00:31:24	01:02:01	01:00:28	4200		V55	15
4154	998	Tânia Fernandes	00:29:52	01:02:02	01:01:39	4375		Senior	247
4155	2487	Sónia Marques	00:33:27	01:02:02	00:58:10	3799	TOA	V35	137
4156	6173	Valter Leandro	00:31:53	01:02:02	00:59:11	4001	Móróbidon Running Team	V35	659
4157	6174	Joaquim Leandro	00:31:53	01:02:03	00:59:11	3998	Móróbidon Running Team	Senior	800
4158	4742	Dora Gomes	00:32:26	01:02:03	00:59:03	3974		V40	146
4159	6831	Sónia Soares	00:32:04	01:02:03	00:59:05	3979	PowerBoost Club	V35	138
4160	6137	Eduardo Coutinho	00:32:41	01:02:03	00:58:52	3936		V35	660



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4161	5756	Tiago Bessa	00:33:03	01:02:04	00:58:18	3830	VdAtletas	V35	661
4162	3543	Acacio Lopes	00:30:50	01:02:04	01:01:46	4395		V45	539
4163	2593	Cláudia Valentim	00:30:20	01:02:05	01:01:43	4386	NJC	Senior	248
4164	57	João Pereira	00:31:38	01:02:05	00:59:52	4107		V55	205
4165	6672	Marco Lucas	00:33:10	01:02:05	00:58:48	3923	Alliance Healthcare	Senior	801
4166	6673	Ana Branco	00:33:10	01:02:05	00:58:48	3921	Alliance Healthcare	Senior	249
4167	3909	Nuno Grandão	00:32:57	01:02:06	00:59:10	3995		V40	691
4168	3966	Ana Certã	00:31:47	01:02:06	01:01:16	4337	TOA	Senior	250
4169	4229	Jose	00:27:32	01:02:08	01:01:19	4343	GDCTIN Casa da Moeda	V55	206
4170	284	Hugo Ferreira	00:31:40	01:02:08	00:59:33	4063		V35	662
4171	1400	José Capela	00:33:35	01:02:10	00:59:30	4051		Senior	802
4172	25	Lúcia Cortinhal	00:31:03	01:02:10	01:01:16	4336	ECI Running Team	V40	147
4173	4798	Rui Pereira	00:32:01	01:02:11	00:58:32	3878		V45	540
4174	3385	Ines Ferreira	00:32:18	01:02:11	01:00:12	4161	JRF	Senior	251
4175	5417	Inês Ribeiro	00:31:52	01:02:11	01:01:42	4385		Senior	252
4176	3520	Luis Revez	00:31:50	01:02:12	01:00:37	4227		V50	318
4177	7176	Sara Gomes	00:32:04	01:02:12	01:01:15	4333		Senior	253
4178	3521	Elizabeth Revez	00:31:50	01:02:13	01:00:37	4228		V45	93
4179	4225	Ana Santos	00:30:17	01:02:15	01:01:41	4381	GDCTIN Casa da Moeda	V40	148
4180	6116	José Santos	00:31:12	01:02:16	01:00:28	4201		V60	132



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4181	4533	Rui Martins	00:32:39	01:02:16	00:59:22	4029		V45	541
4182	50	Matilde Fernandes	00:31:16	01:02:16	01:00:55	4278		V50	43
4183	48	Cristina Aguiã	00:31:16	01:02:16	01:00:55	4279		V45	94
4184	971	Carla Ribeiro	00:32:35	01:02:17	01:01:39	4373		V40	149
4185	4323	Tiago Pito	00:31:12	01:02:17	01:01:40	4376	GD SANTANDERTOTTA	V35	663
4186	612	José Barreiros	00:32:12	01:02:17	01:00:13	4162		V45	542
4187	6152	Diana Silva	00:33:21	01:02:18	00:59:31	4052		V35	139
4188	3626	João Botelho	00:34:09	01:02:21	00:58:30	3874		V35	664
4189	6738	Gislaine Costa	00:33:05	01:02:21	01:00:10	4155		V35	140
4190	5685	Joana Vitória	00:33:08	01:02:21	01:00:11	4156		Senior	254
4191	4926	Armando Gomes	00:32:25	01:02:21	00:59:12	4005	Infosistema	Senior	803
4192	795	Ivone Mineli	00:31:06	01:02:21	01:02:07	4442	LESMA ALOPRADAS	V45	95
4193	4952	Rui Gonçalves	00:30:53	01:02:22	01:00:56	4283		V40	692
4194	2680	Geraldine Benattar	00:31:18	01:02:22	01:01:13	4326		Senior	255
4195	4228	Ana	00:31:31	01:02:22	01:01:01	4301	GDCTIN Casa da Moeda	V35	141
4196	3055	Rute Firmino	00:33:57	01:02:23	00:58:54	3943	NúcleOeiras	V40	150
4197	544	Antonio Coutinho	00:29:35	01:02:24	01:01:39	4374		V55	207
4198	229	Eberhard Wilhelm	00:29:35	01:02:24	01:01:53	4411		V65	57
4199	3693	Angelo Duarte	00:31:28	01:02:25	01:00:39	4233		Senior	804
4200	6810	Ruben Mingacho	00:32:59	01:02:26	00:59:16	4017	Mais que Cuidar Running	Senior	805



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4201	5565	Joana Antunes	00:33:01	01:02:26	00:59:16	4016	Mais que Cuidar Running	Senior	256
4202	3506	António Morales	00:32:10	01:02:26	01:00:44	4248	CORRIDAS E COMIDAS	V40	693
4203	3504	Anabela Vidigal	00:32:10	01:02:27	01:00:45	4254	CORRIDAS E COMIDAS	V35	142
4204	436	Claudia Freixo	00:31:42	01:02:27	00:59:55	4114		Senior	257
4205	1973	Cátia Gaudêncio	00:29:46	01:02:28	01:02:05	4439		V35	143
4206	1006	Ana Brás	00:33:19	01:02:29	00:58:58	3956		Senior	258
4207	1727	Marisa Silva	00:31:11	01:02:29	01:01:29	4357		V40	151
4208	1809	Jorge Alves	00:32:02	01:02:30	00:59:18	4022		V45	543
4209	3826	Eduardo Jesus	00:33:56	01:02:31	00:59:15	4012		V45	544
4210	3921	Luis Jesus	00:33:56	01:02:31	00:59:16	4014		V40	694
4211	3887	Marco Português	00:33:56	01:02:31	00:59:16	4013		V35	665
4212	400	Ana Gonçalves	00:31:19	01:02:31	01:01:34	4367		V45	96
4213	2888	Cátia Andrade	00:30:18	01:02:31	01:01:36	4368	Top Team	V35	144
4214	1879	Joana Macedo	00:31:25	01:02:31	01:01:25	4354		Senior	259
4215	6653	Marta Borges	00:32:04	01:02:32	01:00:27	4197	Ginásio Clube Português	V35	145
4216	1087	João Pejapes	00:31:29	01:02:33	01:00:24	4189	Ginásio Clube Português	V40	695
4217	6713	Rui Heitor	00:31:49	01:02:33	01:00:59	4294		V35	666
4218	6035	João Sobral	00:32:41	01:02:33	00:58:46	3916		Senior	806
4219	3223	Sara Monteiro	00:33:34	01:02:34	00:59:58	4122		Senior	260
4220	4977	André Magro	00:31:27	01:02:34	01:01:23	4347	JuniRacers	Senior	807



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4221	4349	Sara Pereira	00:32:36	01:02:35	01:00:02	4133	Farmácia Nova	Senior	261
4222	4979	Raquel Inácio	00:31:26	01:02:35	01:01:25	4351	JuniRacers	Senior	262
4223	924	Pedro Calhau	00:33:52	01:02:35	01:00:24	4188		V35	667
4224	3711	Marta Verissimo	00:31:34	01:02:35	01:01:34	4365		Senior	263
4225	6834	Ricardo Lopes	00:32:48	01:02:35	01:01:03	4308	SGS Portugal	V35	668
4226	6268	Milan Meggi	00:29:44	01:02:35	01:02:08	4445	KPMG Runners	Senior	808
4227	4706	Márcia Ouro	00:33:47	01:02:37	01:00:00	4127		V35	146
4228	4750	Ricardo Rodrigues	00:31:32	01:02:37	01:00:41	4241		V35	669
4229	2924	Inês Oliveira	00:32:42	01:02:38	01:00:31	4206		Senior	264
4230	3241	Ana Galelo	00:33:47	01:02:41	01:00:04	4137		V35	147
4231	929	Armando Pinto	00:33:51	01:02:41	01:00:29	4202		V55	208
4232	4880	Diogo Barreto	00:31:30	01:02:41	01:00:55	4274	Alliance Healthcare	Senior	809
4233	4840	Susana Jesus	00:32:39	01:02:41	00:59:39	4077		V40	152
4234	3406	Rui Bastos	00:30:54	01:02:42	01:01:14	4328	STERIRUNNERS	V35	670
4235	4125	Ana Calinas	00:32:17	01:02:42	01:00:25	4193	SS CGD	V40	153
4236	4172	Rui Meneses	00:32:02	01:02:42	01:01:15	4331	SOGMIP	V40	696
4237	483	Cátia Hipólito	00:30:07	01:02:42	01:00:20	4181		Senior	265
4238	2527	Sara Ribeiro	00:32:23	01:02:43	01:00:37	4226		V40	154
4239	5354	Guilherme Melo	00:33:59	01:02:43	01:00:57	4287	CerealKillers	Senior	810
4240	6301	Diogo Cerqueira	00:33:47	01:02:43	01:00:31	4205	Apanha-nos se puderes!	Senior	811



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4241	4307	Hugo Moita	00:33:30	01:02:44	01:00:11	4159	GD SANTANDERTOTTA	V35	671
4242	1725	António Brito	00:29:55	01:02:44	01:01:44	4387		V50	319
4243	5353	David Oliveira	00:34:00	01:02:44	01:00:59	4295	CerealKillers	Senior	812
4244	4900	José Querido	00:35:31	01:02:45	00:58:59	3958		V45	545
4245	4698	Carlos Fonseca	00:35:30	01:02:45	00:59:00	3965		V40	697
4246	7155	Antonia Voigt	00:32:56	01:02:46	01:00:19	4179		Senior	266
4247	7154	Andreas Hartmann	00:32:56	01:02:47	01:00:18	4176		Senior	813
4248	5351	Tiago Pereira	00:34:01	01:02:48	01:01:02	4307	CerealKillers	Senior	814
4249	416	Miguel Gomes	00:32:07	01:02:49	01:00:18	4177		V45	546
4250	4457	Pedro Fernandes	00:31:54	01:02:49	01:01:37	4370	Câmara Lisboa Clube	V35	672
4251	3437	Margarida Gonçalves	00:33:27	01:02:49	00:59:19	4023		Senior	267
4252	6041	Diogo Lima	00:30:47	01:02:49	01:01:59	4421		Senior	815
4253	195	Olivia Lucas	00:30:38	01:02:50	01:02:37	4497	Breakaway	V50	44
4254	1899	Carlos Tome	00:32:11	01:02:50	01:01:41	4380		V65	58
4255	3057	Fátima Vieira	00:31:25	01:02:50	01:02:14	4457	Correr Lisboa	V40	155
4256	1803	Jose Santo	00:33:42	01:02:50	01:01:54	4413		V40	698
4257	2410	Albertino Semedo	00:32:04	01:02:51	01:00:52	4270	SS CGD	V55	209
4258	5630	Diana Gonçalves	00:33:08	01:02:51	01:00:03	4134		Senior	268
4259	3983	Pedro Peixoto	00:34:05	01:02:51	00:59:07	3986	Referees Margem Sul	V45	547
4260	2605	Paulo Puga	00:34:37	01:02:52	00:59:03	3973	PPP	V40	699



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4261	3714	Clara Alves	00:33:41	01:02:53	01:01:58	4418		V45	97
4262	7188	Manuel Rodrigues	00:32:44	01:02:53	01:01:38	4372		V50	320
4263	1204	Carlos Mustra	00:32:32	01:02:57	00:59:05	3982	Starfish	V35	673
4264	1203	Catarina Fonseca	00:32:33	01:02:57	00:59:05	3981	Starfish	V40	156
4265	4130	Cristiana Reis	00:32:13	01:02:57	01:01:10	4323	SS CGD	V35	148
4266	6887	Isa Coelho	00:33:14	01:02:58	00:59:48	4099		Senior	269
4267	6316	Miguel Moreira	00:33:14	01:02:58	00:59:48	4098	Mais que Cuidar Running	Senior	816
4268	821	Teresa Cortes	00:31:35	01:02:59	01:02:00	4423		V35	149
4269	5990	Jeffrey Steward	00:33:30	01:02:59	01:01:05	4312		V40	700
4270	5989	Kristin Bierfelt	00:33:30	01:02:59	01:01:05	4313		V35	150
4271	7142	Maria Leitão	00:33:07	01:03:01	01:00:38	4230		V55	16
4272	7141	Ana Trindade	00:33:06	01:03:01	01:00:38	4232		Senior	270
4273	7010	Hugo Silva	00:32:25	01:03:01	01:00:27	4198		V35	674
4274	6327	Carla Branco	00:33:07	01:03:01	01:00:38	4231		V45	98
4275	7140	Liliana Jesus	00:33:05	01:03:01	01:00:41	4242		V40	157
4276	5009	Agostinho Monteiro	00:33:40	01:03:02	01:00:08	4148		V55	210
4277	1898	Ana Duarte	00:31:19	01:03:02	01:02:25	4472		V40	158
4278	3275	Nuno Santos	00:33:11	01:03:02	01:00:00	4126		V45	548
4279	6079	Sara Carvalho	00:34:00	01:03:03	00:59:20	4025		V40	159
4280	5821	Cristina Vicente	00:32:27	01:03:03	01:01:07	4317		Senior	271



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4281	1711	Nuno Ramos	00:31:55	01:03:03	01:00:46	4256		V45	549
4282	6744	Joana Alves	00:32:27	01:03:03	01:01:07	4318		Senior	272
4283	1259	Ana Fernandes	00:32:16	01:03:04	01:01:08	4319	CLUBE NOVO BANCO	Senior	273
4284	7131	Sónia Ferreira	00:34:04	01:03:04	01:00:09	4150		Senior	274
4285	2944	Elaine Lopes	00:34:04	01:03:04	01:00:09	4151		V35	151
4286	7129	Isabel Fernandes	00:34:04	01:03:04	01:00:10	4153		Senior	817
4287	1661	António Jesus	00:33:48	01:03:05	01:00:16	4168		V45	550
4288	4353	João Macário	00:33:40	01:03:05	00:59:36	4070	Os Macários	V60	133
4289	2553	Joana Pacheco	00:33:46	01:03:05	01:00:56	4281	Ginásio Clube Português	Senior	275
4290	396	Paulo Moniz	00:34:44	01:03:05	00:59:18	4020		Senior	818
4291	760	Mário Rodrigues	00:31:10	01:03:05	01:02:01	4425		V45	551
4292	876	António Marques	00:31:10	01:03:06	01:02:01	4424		V45	552
4293	6719	João Davim	00:31:10	01:03:06	01:00:53	4271		Senior	819
4294	3975	Paula Tavares	00:33:07	01:03:06	01:00:56	4280	Correr Lisboa	V50	45
4295	5856	Joaquim Santos	00:32:21	01:03:06	01:02:19	4461		V60	134
4296	5252	Nuno Guerreiro	00:34:20	01:03:07	01:00:45	4250	ADRC Mata de Benfica	Senior	820
4297	7203	Edevaldo Gomes	00:33:12	01:03:08	00:59:10	3994		Senior	821
4298	4093	Mafalda Araújo	00:32:06	01:03:08	01:01:40	4378	Kangurus S.A.	V40	160
4299	6721	Marta Cebola	00:32:35	01:03:08	01:02:25	4473		Senior	276
4300	1211	Ana Gasopo	00:31:51	01:03:08	01:02:37	4500	BRRnightRUNNERS	V55	17



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4301	1779	Paula Espiguiinha	00:32:34	01:03:09	01:02:26	4478		V45	99
4302	1212	Carlos Gasopo	00:31:50	01:03:09	01:02:38	4506	BRRnightRUNNERS	V50	321
4303	5576	Rui Fernandes	00:31:46	01:03:09	01:00:56	4284		V45	553
4304	6765	Francisco Morais	00:36:58	01:03:10	01:00:22	4184		V35	675
4305	4710	Pedro Reis	00:30:36	01:03:10	01:02:40	4510	Speed Peters	V40	701
4306	39	Gilda Ferreira	00:32:36	01:03:10	00:59:58	4123		V45	100
4307	834	Nélia Perdigão	00:33:29	01:03:10	00:59:30	4049		V35	152
4308	2031	Patrícia Almeida	00:32:07	01:03:11	01:01:46	4396	Enjoadas do Asfalto	V40	161
4309	3388	Cristina Ferreira	00:31:46	01:03:11	01:02:13	4452		V40	162
4310	1733	Eduardo Lopes	00:31:46	01:03:11	01:02:13	4453		V45	554
4311	1044	Lurdes Alves	00:32:27	01:03:12	01:02:27	4479		V60	8
4312	4784	Anelide Pereira	00:30:39	01:03:12	01:02:24	4468		V40	702
4313	6047	Márcio Rodrigues	00:29:07	01:03:13	01:02:55	4534		V35	676
4314	3180	Pedro Andrade	00:32:21	01:03:13	01:00:44	4246		V35	677
4315	1962	Maria Lourenço	00:33:05	01:03:13	01:01:29	4359		V35	153
4316	1866	Marta Cruz	00:33:25	01:03:13	01:00:46	4258		Senior	277
4317	408	Ricardo Peças	00:30:05	01:03:14	01:02:37	4499		V35	678
4318	300	João Veiga	00:32:04	01:03:14	01:01:36	4369		V65	59
4319	6802	Sofia Aleixo	00:32:36	01:03:16	01:01:07	4316	Nevaguivap	V35	154
4320	6706	João Duarte	00:32:29	01:03:16	01:00:57	4286		V35	679



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4321	2112	Maria Alexandre	00:31:28	01:03:16	01:02:24	4471		V60	9
4322	4004	José Andrade	00:34:21	01:03:16	01:00:55	4276	ADRC Mata de Benfica	V35	680
4323	3191	Tiago Pereira	00:32:58	01:03:17	01:00:12	4160		V35	681
4324	2260	Rita Maio	00:31:48	01:03:18	01:02:46	4521	CLUBE DESPORTIVO DO ARNEIRO	Junior	7
4325	2584	Paulo Serra	00:32:03	01:03:18	01:00:33	4216	Serralharia Agostinho Duarte	V40	703
4326	329	Carolina Gomes	00:34:15	01:03:19	00:59:28	4042	stracateli	Senior	278
4327	1228	Hugo Lima	00:34:50	01:03:20	00:59:46	4094		V35	682
4328	1381	Mario Pires	00:33:05	01:03:20	01:02:40	4513		V55	211
4329	4098	André Sanches	00:34:45	01:03:21	00:59:35	4068	Verifone	Senior	822
4330	6319	Emanuel Dias	00:32:17	01:03:21	01:01:25	4353		Senior	823
4331	6262	Daniela Oliveira	00:32:18	01:03:21	01:01:25	4352	KPMG Runners	Senior	279
4332	4096	Nuno Dias	00:34:45	01:03:22	00:59:37	4074	Verifone	V35	683
4333	4100	José Urbano	00:34:44	01:03:22	00:59:36	4073	Verifone	Senior	824
4334	3645	Pedro Santos	00:32:45	01:03:23	01:00:58	4290		V35	684
4335	3891	Rui Sebastião	00:34:16	01:03:23	01:01:59	4422		V40	704
4336	4211	Antonio Nascimento	00:32:12	01:03:24	01:02:19	4459	GDCTIN Casa da Moeda	V75	7
4337	5880	Beatriz Pedreira	00:31:26	01:03:28	01:03:17	4561		Senior	280
4338	5693	João Canas	00:33:02	01:03:28	01:01:55	4414	Solera Runners	V35	685
4339	4236	José Vicente	00:30:06	01:03:28	01:02:26	4474	A CORRER PELO MUNDO DAS BEBIDAS	V40	705
4340	660	Carlota Pereira	00:29:11	01:03:29	01:02:46	4520		Senior	281



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4341	1671	André Marques	00:32:53	01:03:29	01:00:05	4144		Senior	825
4342	3732	Paulo Calado	00:32:12	01:03:29	01:00:44	4247		V40	706
4343	494	Maria Azevedo	00:34:07	01:03:30	00:59:36	4072		V35	155
4344	3505	Miguel Vicente	00:32:11	01:03:30	01:01:48	4405	CORRIDAS E COMIDAS	V45	555
4345	3734	Dirceu Silva	00:32:12	01:03:30	01:00:45	4249		V35	686
4346	6860	Ana Gouveia	00:32:56	01:03:31	00:59:55	4118		Senior	282
4347	1793	Paula Rodrigues	00:31:48	01:03:32	01:02:26	4477		V35	156
4348	2521	Andreia Rijo	00:32:56	01:03:32	00:59:55	4115		Senior	283
4349	1456	Catia Casanova	00:33:18	01:03:32	01:00:39	4234		Senior	284
4350	2574	Inês Palmela	00:33:25	01:03:33	01:00:20	4182	Saúda	Senior	285
4351	6864	Diogo Correia	00:32:54	01:03:33	00:59:57	4121		Senior	826
4352	920	Nuno Caseiro	00:32:29	01:03:34	01:00:45	4252		Senior	827
4353	1015	António Oliveira	00:32:29	01:03:34	01:00:45	4255		V35	687
4354	256	Luis Santos	00:32:25	01:03:35	01:01:47	4399		V45	556
4355	403	José Calheiros	00:33:19	01:03:35	01:01:34	4366		V40	707
4356	2704	Pedro Reis	00:31:50	01:03:35	01:01:46	4392		V40	708
4357	4338	Sancho Barroso	00:31:12	01:03:36	01:02:39	4508		V40	709
4358	6060	José Canela	00:31:23	01:03:36	01:03:25	4578	E KI PAH	V40	710
4359	6061	Patrícia Augusto	00:31:24	01:03:36	01:03:25	4575	E KI PAH	V40	163
4360	1351	Francisco Mendonça	00:32:24	01:03:36	01:01:58	4417		Senior	828



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4361	719	Liliana Oliveira	00:32:24	01:03:37	01:01:58	4419	Sanofi	Senior	286
4362	5692	João Vieira	00:33:01	01:03:37	01:02:05	4440	Solera Runners	V35	688
4363	1318	Lídia Farinha	00:31:27	01:03:39	01:03:25	4574	Da Silva FF	Senior	287
4364	6034	Luís Sobral	00:34:42	01:03:39	00:59:50	4104		V50	322
4365	1317	Joel Ferreira	00:31:27	01:03:39	01:03:25	4580	Da Silva FF	Senior	829
4366	4678	Ricardo Araújo	00:31:22	01:03:39	01:02:19	4460		V35	689
4367	4578	Susana Martiniano	00:34:57	01:03:40	01:00:27	4196		Senior	288
4368	6926	Luis Lopes	00:31:23	01:03:40	01:01:23	4349	Restaurante O Cartaxeiro Caneças	V35	690
4369	377	Elisabeth Loureiro	00:32:05	01:03:41	01:02:34	4489	Sporting Clube de Casainhos	V60	10
4370	6559	João Carvalho	00:34:02	01:03:41	01:00:24	4191	Quidro	V55	212
4371	3213	Maria Silva	00:33:25	01:03:44	01:01:31	4363		V45	101
4372	1881	Carlos Amaral	00:32:02	01:03:45	01:00:34	4218		V45	557
4373	3038	João Rita	00:33:18	01:03:46	01:00:17	4171	PELEGAS	Senior	830
4374	6560	António Monteiro	00:34:04	01:03:47	01:00:18	4178	Quidro	V55	213
4375	3037	Joaquim Pires	00:33:00	01:03:47	01:00:20	4180	PELEGAS	V50	323
4376	3039	João Rita	00:33:17	01:03:47	01:00:17	4172	PELEGAS	V55	214
4377	5872	Luis Alves	00:32:13	01:03:47	01:01:28	4356		V50	324
4378	1481	Nuno Coelho	00:31:24	01:03:48	01:01:59	4420		V40	711
4379	1745	Ruben Ribeiro	00:35:41	01:03:48	01:00:01	4128		Senior	831
4380	5790	Vitor Morais	00:31:56	01:03:48	01:00:55	4277	AON Portugal	V35	691



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4381	1755	Rui Catarino	00:35:40	01:03:48	01:00:01	4130		Senior	832
4382	4925	Jorge Pereira	00:32:58	01:03:49	01:02:22	4462	Infosistema	V45	558
4383	2538	Céu Neves	00:32:02	01:03:49	01:02:26	4476		V55	18
4384	5352	Hugo Caro	00:33:59	01:03:49	01:02:03	4434	CerealKillers	Senior	833
4385	5795	Jessica Soares	00:32:24	01:03:50	01:00:59	4293	AON Portugal	Senior	289
4386	3322	Ana Coelho	00:32:57	01:03:51	01:01:40	4377	DreamTeam Runners	Senior	290
4387	3320	Andreia Lemos	00:32:57	01:03:51	01:01:41	4382	DreamTeam Runners	Senior	291
4388	2594	Jorge Pereira	00:30:21	01:03:51	01:03:28	4586	NJC	Senior	834
4389	7080	Sinan Egilmez	00:33:11	01:03:52	01:00:55	4275		Senior	835
4390	3814	Fernando Gomes	00:30:56	01:03:53	01:03:41	4608		V35	692
4391	2577	Fábio Teixeira	00:33:25	01:03:53	01:00:40	4236	Saúda	Senior	836
4392	6004	Ana Dias	00:33:45	01:03:53	01:00:40	4240		Senior	292
4393	6031	Artur Carvalho	00:34:28	01:03:54	01:00:30	4204		V45	559
4394	6841	Rita Brandao	00:33:11	01:03:54	01:00:48	4262		Senior	293
4395	5361	Nuno Azevedo	00:33:44	01:03:54	01:00:57	4285		Senior	837
4396	5610	Raphael Fonseca	00:30:33	01:03:55	01:03:36	4601		V40	712
4397	5607	Ana Luisa	00:33:30	01:03:58	01:02:50	4527		Senior	294
4398	2968	Ana Gonçalves	00:33:14	01:03:59	01:01:17	4339		Senior	295
4399	5929	Isabel Oliveira	00:31:19	01:04:00	01:02:58	4539		V55	19
4400	4312	Magda Toste	00:31:41	01:04:00	01:03:11	4550	GD SANTANDERTOTTA	Senior	296



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4401	4577	Carla Martiniano	00:34:57	01:04:01	01:00:48	4264		Senior	297
4402	3649	Camila Moraes	00:32:15	01:04:02	01:02:53	4531		Senior	298
4403	4298	Sandra Cunha	00:31:41	01:04:02	01:03:12	4555	G.D. SantanderTotta	V40	164
4404	2120	António Oliveira	00:31:38	01:04:02	01:03:39	4605		V65	60
4405	4823	Rute Pinho	00:32:09	01:04:02	01:01:26	4355		V40	165
4406	4691	Sara Lopes	00:32:18	01:04:02	01:03:13	4556		Senior	299
4407	2618	Tiago Catalão	00:31:22	01:04:03	01:03:25	4573	Caracóis Turbinados	Senior	838
4408	3167	Luis Costa	00:34:26	01:04:04	01:01:07	4315		Senior	839
4409	6701	Rita Gonçalves	00:33:31	01:04:04	01:00:04	4135		Senior	300
4410	2476	Esmael Geraldes	00:33:48	01:04:05	01:00:58	4289		V65	61
4411	3640	Cristina Lourenço	00:33:07	01:04:05	01:02:22	4463		V50	46
4412	1320	Silvino Martins	00:33:23	01:04:05	01:01:15	4332		V70	17
4413	1438	Joana Chouriço	00:30:59	01:04:05	01:03:55	4627		V50	47
4414	593	Catarina Castro	00:33:15	01:04:05	01:01:03	4309	Tartarugas Solidárias	Senior	301
4415	7201	Hugo Ribeiro	00:31:23	01:04:06	01:03:37	4602		V35	693
4416	1114	Teresa Teixeira	00:34:22	01:04:06	01:00:59	4292	Tartarugas Solidarias	V50	48
4417	4974	Miguel Vasconcelos	00:32:01	01:04:06	01:02:58	4537	JuniRacers	Senior	840
4418	5514	Luis Santos	00:32:42	01:04:06	01:01:51	4408		V35	694
4419	3160	Luís Malato	00:32:29	01:04:07	01:01:47	4400		V45	560
4420	2665	Carla Carvalho	00:33:04	01:04:07	01:02:01	4429		V45	102



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4421	4625	Sónia Freire	00:32:03	01:04:08	01:02:38	4502	Clube Associativo de Santa Marta do Pinhal	V40	166
4422	1049	Mónica Cunha	00:36:29	01:04:09	01:00:36	4225		Senior	302
4423	3988	Nuno Rodrigues	00:34:24	01:04:09	01:00:42	4243	#VIEMOSSOBERBERCAFE	V35	695
4424	4675	Luís Guerra	00:34:03	01:04:09	01:00:05	4142		V40	713
4425	1556	Eduardo Calado	00:34:24	01:04:10	01:00:42	4244		Senior	841
4426	6631	Henrique Coelho	00:30:48	01:04:10	01:03:49	4620	Opticalia Running Team	V35	696
4427	1356	Inês Marinho	00:33:35	01:04:10	01:01:30	4361		Senior	303
4428	950	Vítor Pinto	00:31:31	01:04:10	01:01:58	4416		V35	697
4429	4165	Bruno Gonçalves	00:32:13	01:04:10	01:02:37	4501	SOGMIP	V35	698
4430	3409	Eduardo Santos	00:30:23	01:04:11	01:03:51	4622		V55	215
4431	5646	Paula Geada	00:33:25	01:04:12	01:01:29	4360	Multiativos	V45	103
4432	675	Luís Isabelinha	00:33:31	01:04:12	01:01:40	4379		V40	714
4433	5916	Mariana Pinto	00:34:07	01:04:13	01:01:12	4325		V35	157
4434	972	Luis Magalhães	00:33:19	01:04:13	01:02:13	4451		V40	715
4435	106	Silvia Martins	00:31:23	01:04:15	01:02:40	4512		V40	167
4436	811	Ana Griff	00:34:20	01:04:15	01:01:15	4330		Senior	304
4437	1842	Vasco Pipa	00:32:11	01:04:16	01:03:10	4549		V50	325
4438	5393	Márcia Gaspar	00:32:22	01:04:16	01:02:23	4466		V40	168
4439	3081	Victor Lobo	00:32:19	01:04:16	01:02:39	4509	CCD Crédito Agrícola Mútuo	V40	716
4440	5357	Filipe Duarte	00:32:22	01:04:17	01:02:24	4469		V40	717



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4441	97	Eduardo Moutinho	00:34:52	01:04:17	01:00:45	4253		V45	561
4442	1893	João Ribeiro	00:34:53	01:04:18	01:00:46	4257		Senior	842
4443	1236	Ana Miranda	00:32:24	01:04:18	01:03:11	4551		V40	169
4444	6857	Jacinto Nunes	00:34:52	01:04:18	01:01:00	4297		V60	135
4445	1827	Ana Lemos	00:30:34	01:04:19	01:03:39	4606		V50	49
4446	3164	Américo Marques	00:32:50	01:04:19	01:02:13	4455		V50	326
4447	6856	Cristiano Silva	00:34:52	01:04:19	01:01:00	4296		Junior	45
4448	3163	Isabel Costa	00:32:50	01:04:19	01:02:13	4454		V40	718
4449	3284	Paulo Conceição	00:33:10	01:04:19	01:02:29	4482	Lebres da Lapa	V45	562
4450	6734	Isabel Francisco	00:33:32	01:04:19	01:00:31	4207		V50	50
4451	1683	João Eusébio	00:33:42	01:04:20	01:02:36	4495		V45	563
4452	6222	Inês Coimbra	00:33:30	01:04:20	01:00:05	4139	KPMG Runners	Senior	305
4453	4352	Nuno Macário	00:34:28	01:04:20	01:00:48	4266	Os Macários	V35	699
4454	4351	Sónia Macário	00:34:28	01:04:20	01:00:48	4265	Os Macários	V35	158
4455	1048	Valter Nunes	00:34:49	01:04:21	01:00:47	4261		V35	700
4456	716	Maria Fernandes	00:33:43	01:04:21	01:02:36	4493	Sanofi	V45	104
4457	209	Filipa Pais	00:33:35	01:04:21	01:01:16	4334		V35	159
4458	2368	Hugo Fradique	00:35:35	01:04:23	01:01:04	4311	OneSight Portugal	V35	701
4459	2158	Margarida Baltazar	00:31:11	01:04:24	01:02:38	4505		V40	170
4460	710	Carlos Rodrigues	00:29:53	01:04:25	01:03:59	4641	Jobrinde - Montes Saloios	V40	719



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4461	1115	Vanessa Borges	00:33:37	01:04:26	01:00:35	4222	Run4IceCream	Senior	306
4462	1490	Lino Ferreira	00:30:19	01:04:26	01:03:36	4599		V45	564
4463	5606	Gabriela Sobral	00:33:30	01:04:26	01:03:18	4562		V55	20
4464	3616	Paula Pereira	00:32:14	01:04:26	01:01:49	4407		Senior	307
4465	6057	Diana Morais	00:34:07	01:04:26	01:01:52	4410		Senior	308
4466	7038	Caroline Delgado	00:30:35	01:04:27	01:04:18	4694		Senior	309
4467	6916	Sofia Bernardes	00:32:35	01:04:28	01:03:15	4559		V35	160
4468	5877	Fátima Belo	00:33:42	01:04:28	01:01:49	4406	Alverca Urban Runners	V40	171
4469	424	Rita Alves	00:33:34	01:04:28	01:01:18	4341		V40	172
4470	644	Susana Travanca	00:33:34	01:04:28	01:01:18	4340		V40	173
4471	6525	Ana Saraiva	00:34:44	01:04:29	01:01:38	4371	Borinhas	V45	105
4472	4829	Eunice Silva	00:33:42	01:04:30	01:02:11	4450		V45	106
4473	4147	Virginia	00:32:52	01:04:30	01:02:14	4456	SS CGD	V40	174
4474	6577	Joana Maya	00:34:05	01:04:31	01:01:22	4345		V35	161
4475	808	João Campos	00:37:27	01:04:31	01:00:36	4224		V40	720
4476	2975	João Cruz	00:34:58	01:04:32	01:00:52	4269		Senior	843
4477	935	Pedro Murtinhal	00:34:49	01:04:33	01:01:01	4300		V45	565
4478	7004	Sofia Cortesão	00:33:31	01:04:33	01:00:32	4212		Senior	310
4479	1895	Jose Ribeiro	00:34:53	01:04:33	01:01:01	4302		V55	216
4480	4038	Joana Sousa	00:32:07	01:04:34	01:03:27	4582	Carcassone	Senior	311



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4481	5280	Armindo Loureiro	00:35:11	01:04:34	01:00:16	4167		V65	62
4482	579	Humberto Chaves	00:32:05	01:04:34	01:03:38	4604		V60	136
4483	4437	Tiago Bento	00:35:33	01:04:35	01:02:44	4517	GO GO DA DA	Senior	844
4484	2285	Ricardo Carvalho	00:31:26	01:04:36	01:04:13	4679	BELÉM RUNNERS	V35	702
4485	2096	Ana Andrade	00:33:55	01:04:36	01:01:44	4389	GYM 2010	Senior	312
4486	2583	Paulo Fernandes	00:33:00	01:04:37	01:01:53	4412	Serralharia Agostinho Duarte	V40	721
4487	2581	Elisabete Fernandes	00:33:01	01:04:38	01:01:52	4409	Serralharia Agostinho Duarte	V35	162
4488	1121	João Faria	00:32:51	01:04:38	01:01:47	4397	Coyote and Road Runner, Inc.	V35	703
4489	4297	José Ribeiro	00:33:21	01:04:38	01:02:36	4494	G.D. SantanderTotta	V70	18
4490	1120	Ivone Costa	00:32:51	01:04:38	01:01:46	4393	Coyote and Road Runner, Inc.	V35	163
4491	5776	Raúl Pimenta	00:33:24	01:04:38	01:01:48	4402	NAPJ - NUCLEO AMIGOS PALÁCIO DA JUSTIÇ	V65	63
4492	4400	Isabel Venâncio	00:32:57	01:04:39	01:01:48	4404	Kelly Staff	V35	164
4493	4436	Narciso Carvalho	00:35:33	01:04:40	01:02:48	4524	GO GO DA DA	Senior	845
4494	4438	Filipe Ginja	00:35:33	01:04:40	01:02:48	4525	GO GO DA DA	Senior	846
4495	832	Ana Caldeira	00:31:59	01:04:40	01:03:29	4591		V35	165
4496	3336	Catarina Marques	00:33:53	01:04:40	01:00:35	4219	GeoGang	Senior	313
4497	3195	Nuno Fernandes	00:32:59	01:04:41	01:02:43	4515		V45	566
4498	2798	Luis Silva	00:32:25	01:04:43	01:03:08	4548	AÇOREANA	V40	722
4499	3382	Carla Dias	00:32:55	01:04:43	01:02:44	4516	JRF	V45	107
4500	867	Cláudio Ribeiro	00:32:37	01:04:44	01:01:19	4342		Senior	847



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4501	2991	Bruno Fonseca	00:35:40	01:04:44	01:00:45	4251		Senior	848
4502	2024	Ana Carreira	00:34:01	01:04:44	01:01:32	4364	YMAA Portugal	V35	166
4503	1028	Sergio Frota	00:33:30	01:04:45	01:02:11	4449		V35	704
4504	2746	Lucia Carreira	00:33:15	01:04:45	01:03:11	4553	Nerds for speed	Senior	314
4505	2589	Mariana Melo	00:35:18	01:04:45	01:01:44	4388	Unhas Negras	V40	175
4506	2588	Miguel Melo	00:35:18	01:04:45	01:01:45	4391	Unhas Negras	V40	723
4507	845	Benjamim Espiguiinha	00:32:34	01:04:46	01:04:04	4655		V45	567
4508	1874	João Veiga	00:31:13	01:04:46	01:02:50	4526		V40	724
4509	1478	Ana Coelho	00:33:08	01:04:48	01:02:57	4536		Senior	315
4510	192	Robin Statfeld	00:31:01	01:04:49	01:04:28	4708		V50	51
4511	4775	Yue Wang	00:32:24	01:04:49	01:01:24	4350		Senior	316
4512	1992	Sílvia Carvalho	00:32:45	01:04:51	01:02:40	4511		V35	167
4513	5741	João Andrade	00:31:41	01:04:51	01:04:08	4667	ODEBRECHT PORTUGAL	V45	568
4514	5807	André Teixeira	00:32:14	01:04:52	01:02:38	4503		Senior	849
4515	2675	Carla Ferreira	00:33:43	01:04:55	01:02:33	4487		V35	168
4516	4848	Rozitta Silva	00:34:02	01:04:55	01:02:42	4514	ACS- Amigos da Corrida de Salvaterra	Senior	317
4517	6290	Ana Oliveira	00:34:00	01:04:56	01:02:28	4481	Cruz Quebradense SIMECQ	Senior	318
4518	2672	Tiago Pinto	00:33:43	01:04:56	01:02:33	4488		V35	705
4519	2804	Idalina Madeira	00:33:04	01:04:56	01:03:19	4565	AÇOREANA	V55	21
4520	2866	Fátima Rodas	00:34:27	01:04:57	01:01:48	4403		V45	108



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4521	6524	Rosalie Delgado	00:34:44	01:04:57	01:02:07	4443	Borinhas	Senior	319
4522	6523	Helena Luís	00:34:45	01:04:57	01:02:07	4444	Borinhas	V45	109
4523	6294	Paulo Santos	00:34:00	01:04:58	01:02:30	4483	Cruz Quebradense SIMECQ	V45	569
4524	6350	Emma Gomes	00:34:42	01:04:59	01:01:09	4320		Senior	320
4525	2492	Leandra Placido	00:35:10	01:04:59	01:01:01	4299	Encosta Team	Junior	8
4526	5479	Jorge Marques	00:32:36	01:04:59	01:04:23	4699		V50	327
4527	1453	Manuel Pereira	00:33:12	01:05:00	01:02:26	4475		V60	137
4528	1958	Ricardo Ferreira	00:32:01	01:05:01	01:02:03	4435		Senior	850
4529	4119	João Rosa	00:34:12	01:05:01	01:03:37	4603	RUN FORREST RUN	V35	706
4530	537	Paulo Guedes	00:34:47	01:05:04	01:01:16	4335		V40	725
4531	4210	Antonio	00:32:14	01:05:04	01:04:46	4750	GDCTIN Casa da Moeda	V70	19
4532	1258	Alda Vinagre	00:33:25	01:05:05	01:04:08	4665	CLUBE NOVO BANCO	V40	176
4533	6544	Gonçalo Duarte	00:32:26	01:05:05	01:03:52	4623		V40	726
4534	189	Maria Lacerda	00:34:19	01:05:05	01:02:05	4438		V50	52
4535	4232	Francisco Pereira	00:30:40	01:05:05	01:04:32	4712	COLOQUIO	Junior	46
4536	3929	Ana Lourenço	00:32:46	01:05:06	01:04:16	4689		V45	110
4537	6023	Virgínia Adegas	00:34:06	01:05:07	01:03:05	4545		Senior	321
4538	1270	Fernando Filipe	00:32:06	01:05:07	01:04:31	4710	CLUBE NOVO BANCO	V45	570
4539	4911	Nuno Mateus	00:35:44	01:05:10	01:01:47	4401		V35	707
4540	841	Ana Barreira	00:34:20	01:05:10	01:02:10	4448		Senior	322



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4541	3820	Abel Louro	00:33:05	01:05:11	01:03:35	4597		V55	217
4542	4277	Nuno Mota	00:33:16	01:05:11	01:02:50	4528	AA Mafra	V35	708
4543	269	Samuel Joaquim	00:33:14	01:05:12	01:02:52	4529		V60	138
4544	6635	Jorge Chang	00:33:02	01:05:12	01:02:53	4530	NAV Runners	V55	218
4545	5362	Joana Soares	00:33:51	01:05:13	01:02:18	4458		Senior	323
4546	2227	José Silva	00:31:40	01:05:14	01:03:57	4633	Carrasco & Amigos	V55	219
4547	5759	Fernando Silva	00:32:22	01:05:14	01:03:46	4617	VdAtletas	V55	220
4548	1918	Ana Silva	00:33:33	01:05:14	01:04:00	4645		V35	169
4549	1917	Sandra Nunes	00:33:33	01:05:16	01:04:01	4648		Senior	324
4550	3837	Rui Verguete	00:33:29	01:05:17	01:04:13	4678		V40	727
4551	1012	Nuno Teixeira	00:29:57	01:05:17	01:03:59	4639		Senior	851
4552	2186	José Capucho	00:31:45	01:05:17	01:04:42	4736		V50	328
4553	1289	Patricia Santos	00:32:55	01:05:17	01:05:02	4777	CLUBE NOVO BANCO	V40	177
4554	803	Carlos Teixeira	00:32:38	01:05:18	01:04:36	4720		V75	8
4555	1821	Paulo Cabral	00:32:39	01:05:19	01:05:00	4775	Clube Robbialac	V40	728
4556	1989	Vânia Pereira	00:32:26	01:05:20	01:04:33	4715		Senior	325
4557	927	Iolanda Monteiro	00:32:43	01:05:21	01:04:52	4763		V35	170
4558	4943	Fausto Pinto	00:34:36	01:05:21	01:02:35	4490		Senior	852
4559	4944	Marta Rocha	00:34:36	01:05:22	01:02:35	4491		Senior	326
4560	3709	Isabel Cardoso	00:34:23	01:05:22	01:02:36	4496		V50	53



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4561	2181	Ana Costa	00:33:26	01:05:22	01:03:03	4543		Senior	327
4562	3507	Diana Marques	00:35:27	01:05:23	01:01:41	4384	Prima do Luz	Senior	328
4563	5042	Tiago Gil	00:32:53	01:05:23	01:01:57	4415	Mercedes	Senior	853
4564	5938	Nuno Almeida	00:32:26	01:05:23	01:02:28	4480	Sportings de Almeida	V40	729
4565	6901	Rita Pereira	00:34:46	01:05:24	01:01:45	4390	Viriatos	Senior	329
4566	1253	Ermelinda Oliveira	00:34:49	01:05:25	01:03:59	4638		V40	178
4567	1225	Carlos Elias	00:34:49	01:05:25	01:04:00	4644		V45	571
4568	1523	Tiago Rodrigues	00:33:57	01:05:25	01:02:37	4498		Senior	854
4569	2509	Patrícia Miranda	00:33:42	01:05:26	01:03:20	4568		V40	179
4570	6903	Gabriela Eberhardt	00:33:54	01:05:27	01:04:39	4725		Senior	330
4571	6242	João Palma	00:33:34	01:05:27	01:02:57	4535	KPMG Runners	Senior	855
4572	3522	Ana Silvério	00:32:39	01:05:28	01:03:04	4544		V35	171
4573	5738	Luisa Alves	00:33:41	01:05:28	01:04:24	4701	ODEBRECHT PORTUGAL	V35	172
4574	1963	Helena Pinto	00:33:40	01:05:28	01:04:11	4675		V50	54
4575	1502	Luis Costa	00:34:04	01:05:30	01:03:15	4557		V40	730
4576	1469	Tiago Ferreira	00:34:04	01:05:31	01:03:15	4558		Senior	856
4577	1435	Antonio Costa	00:32:20	01:05:31	01:04:36	4719		V65	6
4578	1075	Miguel Almeida	00:37:29	01:05:32	01:02:58	4538	CONTRAALTAFINANÇA	Senior	857
4579	1405	Claudia Almeida	00:34:09	01:05:32	01:02:30	4484		Junior	9
4580	3717	António Borges	00:34:30	01:05:34	01:03:17	4560		V45	572



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4581	5178	Raquel Marques	00:33:54	01:05:35	01:04:15	4684		Senior	331
4582	5179	João Sousa	00:33:54	01:05:35	01:04:15	4687		Senior	858
4583	3014	Filipa Peleja	00:34:26	01:05:35	01:02:38	4504		Senior	332
4584	7083	Paulo Carreiro	00:32:17	01:05:36	01:04:08	4666		V45	573
4585	6789	Ana Maia	00:33:55	01:05:36	01:03:42	4611	Great Big Team	V35	173
4586	6702	Délia Pereira	00:33:17	01:05:38	01:04:17	4693		V35	174
4587	4280	Anabela Santos	00:34:22	01:05:39	01:02:10	4447	Todos Juntos	V50	55
4588	5793	Rui Figueiredo	00:35:45	01:05:39	01:02:47	4523	AON Portugal	V35	709
4589	854	João Silveira	00:32:10	01:05:40	01:05:23	4807	MONTEPIO - CASTELO BRANCO	V55	221
4590	6836	Renata Milhano	00:34:51	01:05:41	01:04:05	4656	SGS Portugal	Senior	333
4591	6891	Nelson Santos	00:34:57	01:05:42	01:02:02	4433		Senior	859
4592	1800	João Cabral	00:34:46	01:05:42	01:03:20	4567		V50	329
4593	3738	Renate Oliveira	00:34:57	01:05:42	01:02:02	4430		Senior	334
4594	2196	Gonçalo Jorge	00:31:39	01:05:43	01:03:58	4637		V35	710
4595	1723	Marta Correia	00:32:35	01:05:43	01:05:05	4779	BP2SEA Runners	Senior	335
4596	7061	Lina Santos	00:34:44	01:05:43	01:03:28	4589		V40	180
4597	1458	Cassiano Cunha	00:32:03	01:05:45	01:05:34	4812		V70	20
4598	5472	Maria Domingues	00:33:56	01:05:45	01:04:16	4691	Kangurus S.A.	V45	111
4599	987	Vanda Gonçalves	00:35:30	01:05:46	01:02:03	4436		V35	175
4600	925	João Pereira	00:34:59	01:05:46	01:04:02	4652		V40	731



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4601	6911	Jorge Silva	00:35:17	01:05:46	01:01:46	4394	Encosta Team	V45	574
4602	2744	Liliana Montenegro	00:33:36	01:05:47	01:03:56	4628	Estarolas	V35	176
4603	1307	Lionnel Xavier	00:30:43	01:05:48	01:05:07	4785		Senior	860
4604	3047	Paulo Onofre	00:34:41	01:05:49	01:02:23	4467	Clube TAP PORTUGAL	V45	575
4605	774	Orlando Sousa	00:34:45	01:05:49	01:02:01	4428	Metro 2011	V50	330
4606	1021	Célia Marmelo	00:33:51	01:05:49	01:04:11	4674		V35	177
4607	781	José Pires	00:34:47	01:05:49	01:02:01	4426	Metro 2011	V80	1
4608	2104	Patrícia Viegas	00:34:44	01:05:49	01:03:35	4598		V35	178
4609	780	Gualdino Freire	00:34:46	01:05:50	01:02:02	4431	Metro 2011	V70	21
4610	926	José Pereira	00:34:59	01:05:50	01:04:06	4660		V40	732
4611	6140	Sara Pereira	00:35:11	01:05:50	01:02:32	4485		Senior	336
4612	3523	Hugo Branco	00:32:57	01:05:50	01:02:46	4518		V40	733
4613	6515	Guilherme Pereira	00:35:11	01:05:50	01:02:32	4486		Senior	861
4614	1066	Jorge Baptista	00:32:12	01:05:51	01:05:40	4820		V60	139
4615	1074	Patrícia Pereira	00:33:09	01:05:51	01:04:33	4714		V35	179
4616	3614	Adelaide Porto	00:32:17	01:05:51	01:05:30	4810		V50	56
4617	7079	Fátima Ribeiro	00:32:54	01:05:52	01:04:10	4670		V50	57
4618	22	Marta Teixeira	00:31:43	01:05:54	01:04:19	4695		V40	181
4619	2519	Alexandra Costa	00:35:05	01:05:54	01:03:42	4612		V40	182
4620	1524	Maria Santos	00:34:41	01:05:55	01:02:55	4533		V35	180



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4621	1581	Tânia Rocha	00:34:42	01:05:55	01:02:55	4532		Senior	337
4622	3270	Ana Dias	00:34:54	01:05:56	01:02:08	4446		V35	181
4623	2664	Lurdes Santos	00:33:19	01:05:56	01:04:30	4709		Senior	338
4624	1532	Francisco Reis	00:35:56	01:05:56	01:02:01	4427	Cascais Pandilha redux	V40	734
4625	2148	Diogo Nobre	00:32:33	01:05:57	01:03:28	4585		Senior	862
4626	3182	Iolanda Vaz	00:31:56	01:05:57	01:05:00	4774		Senior	339
4627	4540	Lies Oyen	00:32:33	01:05:57	01:04:10	4672		Senior	340
4628	2153	Patrícia Vaz	00:32:33	01:05:57	01:03:28	4588		Senior	341
4629	1531	João Reis	00:35:56	01:05:57	01:02:02	4432	Cascais Pandilha redux	V40	735
4630	4541	Miguel Carneiro	00:32:33	01:05:57	01:04:10	4673		Senior	863
4631	1248	Rui Melão	00:34:35	01:05:58	01:02:47	4522		V50	331
4632	6590	Celso Monteiro	00:34:06	01:05:58	01:02:04	4437		Senior	864
4633	6776	Jose Santos	00:34:30	01:05:59	01:03:58	4636		V40	736
4634	3311	Claudia Marques	00:33:00	01:05:59	01:04:41	4732	GDCT Unicre	V35	182
4635	3473	Bruno Almeida	00:32:28	01:05:59	01:03:19	4566		Senior	865
4636	5961	Marta Mota	00:34:30	01:06:00	01:03:58	4635	Maria Francisca	Senior	342
4637	5960	Hugo Gonçalves	00:34:30	01:06:00	01:03:57	4631	Maria Francisca	V35	711
4638	2464	Carlos Costa	00:33:06	01:06:00	01:03:54	4626		V55	222
4639	7143	Carla Mota	00:33:48	01:06:00	01:04:45	4745		V40	183
4640	1255	Ana Seabra	00:33:24	01:06:00	01:03:25	4579		V50	58



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4641	1720	Rita Correia	00:33:48	01:06:01	01:04:44	4741		V35	183
4642	2173	Bruno Cantinho	00:34:48	01:06:01	01:02:24	4470		V35	712
4643	2429	Lidia Bailão	00:33:45	01:06:05	01:04:27	4707	SS CGD	V45	112
4644	2436	Paulo Bailão	00:33:45	01:06:05	01:04:27	4705	SS CGD	V45	576
4645	1623	João Aires	00:30:43	01:06:06	01:02:59	4541		V35	713
4646	4109	Núria Antunes	00:34:07	01:06:06	01:02:23	4464	Verifone	Senior	343
4647	4108	Filipa Sousa	00:34:08	01:06:06	01:02:23	4465	Verifone	Senior	344
4648	7057	Joana Luíz	00:33:22	01:06:09	01:04:38	4724		Senior	345
4649	1335	Ana Martins	00:34:21	01:06:09	01:04:46	4751		V50	59
4650	2560	Sandra Lourenço	00:33:08	01:06:09	01:05:07	4784	Estrelas Lisboa	V35	184
4651	1770	Carla Jorge	00:34:21	01:06:10	01:04:47	4752		V50	60
4652	4935	Victor Afonso	00:34:51	01:06:10	01:03:11	4552		Senior	866
4653	5532	Fábio Antunes	00:34:46	01:06:10	01:04:45	4746		Senior	867
4654	2142	Cristina Afonso	00:34:31	01:06:10	01:04:22	4697		V35	185
4655	5648	Sónia Mendes	00:34:48	01:06:11	01:02:35	4492	Multiativos	V40	184
4656	769	João Dias	00:32:15	01:06:11	01:03:49	4621		V35	714
4657	4129	Cristina Aires	00:33:42	01:06:11	01:03:27	4583	SS CGD	V50	61
4658	3730	Anabela Gonçalves	00:34:13	01:06:13	01:04:23	4698		V45	113
4659	5873	Rita Oliveira	00:33:45	01:06:14	01:03:53	4624		Senior	346
4660	6574	Luís Pita	00:35:04	01:06:14	01:03:36	4600		V40	737



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4661	1243	Mariana Teixeira	00:34:23	01:06:17	01:04:39	4727		V35	186
4662	989	Susana Lourenço	00:34:24	01:06:17	01:04:39	4726		V35	187
4663	5061	Fábio Andrade	00:33:07	01:06:19	01:03:24	4572		Senior	868
4664	5274	Ana Pereira	00:33:03	01:06:20	01:06:04	4848	Farizeus	V40	185
4665	3132	João Novais	00:34:22	01:06:20	01:03:46	4619		Senior	869
4666	331	Helena Sécio	00:31:43	01:06:22	01:05:49	4828	mãe e filha	V50	62
4667	5551	Tania Mateus	00:34:11	01:06:23	01:04:13	4677	DreamTeam Runners	Senior	347
4668	251	Teresa Quaresma	00:34:06	01:06:24	01:05:37	4815		V40	186
4669	3202	Paulo Oliveira	00:32:54	01:06:24	01:05:05	4781		V45	577
4670	7020	Isabel Fonseca	00:33:23	01:06:24	01:04:06	4662	Correr Queluz	Senior	348
4671	3282	Ana Amorim	00:33:38	01:06:26	01:04:05	4658	Equipa 4xA	V40	187
4672	1617	Ana Godinho	00:34:08	01:06:27	01:03:46	4618		V45	114
4673	2467	Isabel Rodrigues	00:35:04	01:06:27	01:04:14	4681		V40	188
4674	5104	Helena Serra	00:33:44	01:06:28	01:05:50	4829	g.d.chelas	V50	63
4675	668	Carla Real	00:33:23	01:06:29	01:05:10	4791		V35	188
4676	421	Rui Figueiredo	00:32:56	01:06:30	01:06:02	4847		V50	332
4677	5578	Maria Aguiar	00:34:12	01:06:31	01:04:34	4716		V45	115
4678	6621	Carlos Pires	00:33:06	01:06:32	01:04:02	4653	GandaLata Team	V50	333
4679	2819	Ines Salgado	00:35:16	01:06:32	01:03:18	4563	Nata da nata	Senior	349
4680	6332	Rui Almeida	00:35:10	01:06:32	01:03:29	4595	Tartarugas Solidárias	V40	738



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4681	6352	Fátima Gonçalves	00:35:10	01:06:33	01:03:29	4594		V50	64
4682	2690	Guilherme Jacinto	00:34:53	01:06:34	01:05:22	4805		V75	9
4683	4636	Sérgio Silva	00:32:23	01:06:34	01:03:32	4596	Ratazanas do mato	Senior	870
4684	4688	Jaime Ribeiro	00:34:52	01:06:34	01:02:46	4519		Senior	871
4685	7149	Luis Monteiro	00:34:43	01:06:36	01:03:45	4616		V40	739
4686	4789	Patrícia Apura	00:34:49	01:06:36	01:03:28	4587		Senior	350
4687	524	Francisco Roque	00:35:24	01:06:36	01:04:58	4770		V60	140
4688	6823	Ebrima Bayo	00:35:19	01:06:36	01:03:43	4615	GRUPO EXCURSIONISTA OS ECONÓMICOS	Senior	872
4689	6708	Bruno Martins	00:33:33	01:06:36	01:04:09	4668		V35	715
4690	6707	Maria Malhão	00:33:33	01:06:36	01:04:10	4671		V40	189
4691	2796	Claudia Tam	00:32:10	01:06:36	01:06:11	4854	AÇOREANA	Senior	351
4692	3609	Sofia Horta	00:32:57	01:06:38	01:05:36	4813		Senior	352
4693	3205	Ana Faneca	00:34:12	01:06:38	01:04:35	4718		V40	190
4694	21	Joao Nogueira	00:30:56	01:06:39	01:05:04	4778		V50	334
4695	2494	Susana Sena	00:35:17	01:06:39	01:02:38	4507	Encosta Team	V35	189
4696	1345	Maria Rodrigues	00:32:32	01:06:40	01:06:06	4852	Varitintas- loja de tintas em Massama	V50	65
4697	5438	Jorge Domingues	00:34:31	01:06:41	01:04:52	4762		V60	141
4698	6712	Nuno Vieira	00:34:50	01:06:42	01:03:19	4564		V55	223
4699	5239	Sandra Guerrilheira	00:34:29	01:06:42	01:04:27	4706	Rebenta Milhas	Senior	353
4700	2267	Mariana Botelho	00:36:30	01:06:44	01:03:25	4576	Cedime Power	Senior	354



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4701	316	Mariana Pereira	00:35:08	01:06:44	01:03:07	4547	EVELX - Associação de Estilos de Vida Saudável	V60	11
4702	4872	Carla Olimpio	00:33:19	01:06:47	01:05:22	4806	Clube Associativo de Santa Marta do Pinhal	Senior	355
4703	108	Jorge Ferro	00:35:21	01:06:47	01:02:59	4540		V45	578
4704	5529	Sofia Pereira	00:35:15	01:06:49	01:03:00	4542		Senior	356
4705	243	Luis Reis	00:34:40	01:06:50	01:04:47	4754		V55	224
4706	3945	Adelaide Almeida	00:34:40	01:06:50	01:04:55	4767		V40	191
4707	3153	Paulo Jesus	00:34:44	01:06:50	01:04:40	4730		V40	740
4708	217	Luís Farinha	00:34:37	01:06:50	01:04:43	4740		V45	579
4709	5474	Jaime Gomes	00:34:42	01:06:50	01:04:47	4753		V55	225
4710	326	Lurdes Serrão	00:34:40	01:06:50	01:04:01	4647	Família Serrão	V35	190
4711	3419	Guilherme Albino	00:34:43	01:06:51	01:04:07	4663		V40	741
4712	4708	Daniel Farinha	00:34:42	01:06:51	01:04:15	4685		Senior	873
4713	1308	Maria Cardoso	00:34:40	01:06:51	01:04:45	4747		V35	191
4714	449	Rui Dias	00:34:17	01:06:51	01:04:50	4760		V45	580
4715	875	Ana Saramago	00:34:44	01:06:51	01:04:41	4733		V40	192
4716	1026	Jose Gaspar	00:34:38	01:06:51	01:04:44	4743		V55	226
4717	649	Bruno Almeida	00:34:41	01:06:51	01:04:49	4758		Senior	874
4718	5118	José Guerreiro	00:34:17	01:06:52	01:04:44	4742		V55	227
4719	5932	João Catarino	00:34:38	01:06:52	01:04:47	4755	DRES - Departamento Regional Empresas Sul	V45	581
4720	62	João Santos	00:34:44	01:06:52	01:04:16	4690		V35	716



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4721	7086	Ricardo Dias	00:34:44	01:06:53	01:04:42	4734		V40	742
4722	3150	Paulo Pereira	00:34:44	01:06:53	01:04:51	4761		V45	582
4723	123	Nuno Rodrigues	00:34:41	01:06:53	01:03:58	4634		V40	743
4724	1309	Antonio Franco	00:34:45	01:06:53	01:04:49	4759		V50	335
4725	130	Paulo Rainho	00:34:41	01:06:53	01:03:57	4632		V50	336
4726	3910	Sara Cabral	00:34:45	01:06:53	01:04:15	4683		V45	116
4727	461	Rute Morna	00:34:43	01:06:54	01:04:45	4749		V40	193
4728	6081	Cesar Canico	00:34:45	01:06:54	01:04:15	4686		V35	717
4729	5113	Mariana Neves	00:34:45	01:06:54	01:04:15	4688		Senior	357
4730	4321	Herlander Braz	00:33:50	01:06:54	01:05:06	4782	GD SANTANDERTOTTA	V55	228
4731	2537	Barbara Miranda	00:34:44	01:06:54	01:04:45	4748		V40	194
4732	1498	Aline Santos	00:34:15	01:06:54	01:04:01	4649		V35	192
4733	2155	Bruno Gonçalves	00:43:02	01:06:55	01:03:12	4554		Senior	875
4734	6824	João Martins	00:34:07	01:06:56	01:04:53	4766	GRUPO EXCURSIONISTA OS ECONÓMICOS	V40	744
4735	1185	Alberto Cano	00:34:54	01:06:56	01:04:04	4654	Clube Atletismo Amigos de Belém	V60	142
4736	4827	Vanessa Neves	00:33:42	01:06:56	01:04:38	4722		V35	718
4737	5436	Daniel Salgueiro	00:31:29	01:06:56	01:05:39	4819		Junior	47
4738	2095	Isabel Magalhães	00:34:54	01:06:56	01:04:05	4657	GYM 2010	V60	12
4739	4630	Fabio Gamito	00:34:49	01:06:57	01:03:29	4593	atlético de via rara	Senior	876
4740	1205	Cláudia Rodrigues	00:35:17	01:06:57	01:03:05	4546	Starfish	V35	193



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4741	6254	Miguel Oliveira	00:34:07	01:06:58	01:04:01	4650	KPMG Runners	Senior	358
4742	6252	Wilson	00:34:07	01:06:58	01:04:00	4643	KPMG Runners	Senior	877
4743	4556	Ana Barra	00:33:40	01:06:58	01:05:31	4811		V45	117
4744	3596	Raquel Chinita	00:34:33	01:06:59	01:05:05	4780		V40	195
4745	4669	Susana Mesquita	00:35:39	01:06:59	01:03:57	4629	GFD Running	V40	196
4746	257	Johnny Thomassen	00:34:26	01:06:59	01:04:08	4664		V55	229
4747	5949	João Fragoso	00:34:18	01:06:59	01:03:53	4625		Senior	878
4748	5727	Ana Ribeiro	00:36:44	01:07:00	01:05:10	4793		V35	194
4749	3029	Célia Ferreira	00:33:21	01:07:01	01:05:01	4776	Rail Runners	V35	195
4750	1447	João Marques	00:34:50	01:07:01	01:04:39	4728		V50	337
4751	4844	Ana Marques	00:34:38	01:07:01	01:03:28	4590	Fanfarrões Team	V40	197
4752	2337	Célia Corte	00:35:18	01:07:04	01:03:42	4610	Pump Runners	Senior	359
4753	6902	Marta Figueiredo	00:34:55	01:07:04	01:03:28	4584	Viriatos	Senior	360
4754	6326	Natacha Filipe	00:32:29	01:07:06	01:04:42	4737		V40	198
4755	161	Filipa Leitão	00:33:00	01:07:07	01:06:39	4887		V40	199
4756	1231	Ana Rosa	00:35:25	01:07:07	01:03:59	4640		V35	196
4757	4101	Mauro Inácio	00:34:51	01:07:07	01:03:21	4570	Verifone	Senior	879
4758	2628	Inês Gama	00:35:37	01:07:09	01:03:27	4581	Prima do Luz	Senior	361
4759	4954	Francisco Sarrasqueiro	00:34:36	01:07:09	01:04:57	4768		V65	64
4760	3321	Regina Dias	00:34:11	01:07:10	01:04:58	4771	DreamTeam Runners	Senior	362



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4761	902	Catarina Simao	00:34:54	01:07:10	01:04:06	4659		V35	197
4762	7144	Paulo Monteiro	00:33:51	01:07:11	01:05:54	4834		V40	745
4763	2801	Ana Canaveira	00:34:30	01:07:12	01:04:15	4682	AÇOREANA	V45	118
4764	3744	Filipa Queiroz	00:35:53	01:07:12	01:03:24	4571		Senior	363
4765	2764	André Ferreira	00:29:48	01:07:12	01:06:38	4882		Senior	880
4766	3776	Filipe Cunha	00:35:53	01:07:12	01:03:25	4577		Senior	881
4767	441	Carla Neves	00:34:12	01:07:14	01:05:08	4786		Senior	364
4768	4102	Sérgio Santos	00:35:21	01:07:16	01:03:29	4592	Verifone	Senior	882
4769	4670	Teresa Mesquita	00:35:38	01:07:18	01:04:16	4692	GFD Running	V45	119
4770	620	Sofia Gomes	00:33:25	01:07:18	01:05:13	4797		Senior	365
4771	3383	Jose Pedro	00:35:53	01:07:19	01:02:06	4441	JRF	V55	230
4772	5760	Filipe Vieira	00:33:00	01:07:19	01:06:10	4853	VdAtletas	Senior	883
4773	2576	José Silva	00:34:26	01:07:19	01:03:42	4609	Saúda	V45	583
4774	664	J Lóio	00:34:23	01:07:20	01:06:13	4859		V60	143
4775	4126	André Nunes	00:32:57	01:07:20	01:07:03	4913	SS CGD	Senior	884
4776	6555	Jose Mendes	00:36:05	01:07:22	01:03:21	4569		V60	144
4777	6141	José Sousa	00:34:51	01:07:23	01:03:57	4630		V55	231
4778	988	Isabel Dias	00:35:30	01:07:23	01:03:40	4607		V35	198
4779	5431	Manuel Prates	00:36:04	01:07:24	01:03:43	4614	Atletismo Vidense	V40	746
4780	7064	Cristina Brizido	00:34:14	01:07:24	01:04:42	4735	Multiativos	V40	200



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4781	1140	Ana Tavares	00:36:27	01:07:24	01:04:01	4646	Cedime Power	Senior	366
4782	1138	Carolina Ferreira	00:36:27	01:07:24	01:04:00	4642	Cedime Power	Senior	367
4783	5402	Ana Lagoa	00:33:49	01:07:26	01:06:33	4876	Crazy Power	V50	66
4784	6863	Natalia Cabrera	00:35:39	01:07:26	01:03:43	4613		Senior	368
4785	5928	Teresa Pujol	00:33:09	01:07:27	01:06:37	4880		V55	22
4786	6300	Inês Pinto	00:34:46	01:07:28	01:05:16	4798	Apanha-nos se pudeses!	Senior	369
4787	6302	Rita Madeira	00:34:46	01:07:28	01:05:17	4800	Apanha-nos se pudeses!	Senior	370
4788	1841	Vera Correia	00:34:35	01:07:30	01:05:38	4816		V35	199
4789	6689	Sandra Pereira	00:34:49	01:07:31	01:04:40	4729	Borinhas	V40	201
4790	825	Helder Costa	00:33:18	01:07:32	01:05:41	4822		V45	584
4791	652	Ana-Alice Pereira	00:33:50	01:07:33	01:05:56	4841		V50	67
4792	6683	Jose Gonçalves	00:34:45	01:07:34	01:05:11	4795	C.C.D.das Autarquias de Almada	V65	65
4793	470	André Dias	00:34:12	01:07:34	01:04:06	4661	SDC -Suspeitos do Costume	Senior	885
4794	2714	Rita Reis	00:33:11	01:07:34	01:06:25	4869		V40	202
4795	6136	Sofia Santos	00:35:24	01:07:34	01:04:09	4669		Senior	371
4796	860	Ana Leal	00:35:00	01:07:36	01:05:52	4833		V50	68
4797	4905	Pedro Antunes	00:34:05	01:07:37	01:05:07	4783	LEBRES E TARTARUGAS	Senior	886
4798	102	Joaquim Paula	00:31:03	01:07:37	01:07:08	4918		V45	585
4799	2780	Ana Madeira	00:35:07	01:07:38	01:04:32	4713		V35	200
4800	3987	Luis Moreira	00:34:24	01:07:38	01:04:11	4676	#VIEMOSSOBEBERCAFE	V35	719



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4801	5091	Abilio Marcos	00:32:50	01:07:38	01:06:04	4849	g.d.chelas	V50	338
4802	1994	Ana Leal	00:34:35	01:07:39	01:04:57	4769		V35	201
4803	2036	Carla Coelho	00:34:59	01:07:40	01:06:14	4860	Enjoadas do Asfalto	V35	202
4804	23	Rui Santos	00:32:52	01:07:40	01:07:19	4935		V45	586
4805	1076	Ricardo Coimbra	00:34:04	01:07:42	01:05:16	4799	CONTRAALTAFINANÇA	V50	339
4806	2256	Jorge Fevereiro	00:36:18	01:07:43	01:04:01	4651		V35	720
4807	5731	Cecilia Gomes	00:33:52	01:07:45	01:05:13	4796		V40	203
4808	6195	Sofia Lopes	00:33:21	01:07:46	01:06:54	4903	TNT Runners	V35	203
4809	6196	Lara Veiga	00:33:22	01:07:46	01:06:54	4906	TNT Runners	Senior	372
4810	2213	Ana Matos	00:36:14	01:07:46	01:04:32	4711	PERNAS DE PAU	Senior	373
4811	6033	Vitor Pereira	00:35:03	01:07:49	01:04:25	4704		V45	587
4812	3106	Ana Ribeiro	00:34:06	01:07:49	01:05:44	4825		V40	204
4813	5056	Paula Martins	00:34:06	01:07:49	01:05:44	4826		V50	69
4814	2099	Tânia Santo	00:33:42	01:07:50	01:06:55	4908		Senior	374
4815	2738	Sílvia Mata	00:34:18	01:07:51	01:06:44	4896	OS MATAS	V40	205
4816	2739	Isabel Vieira	00:34:18	01:07:51	01:06:45	4897	OS MATAS	V55	23
4817	2736	Virgílio Mata	00:34:18	01:07:51	01:06:45	4898	OS MATAS	V60	145
4818	232	Fernando Dias	00:34:50	01:07:52	01:05:38	4817		V50	340
4819	1344	Carla Pina	00:34:50	01:07:52	01:05:38	4818		V45	120
4820	5666	Carla Costa	00:32:35	01:07:56	01:07:42	4954		V45	121



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4821	5667	Mariana Costa	00:32:35	01:07:56	01:07:42	4953		Senior	375
4822	5893	Nuno Silva	00:33:25	01:07:57	01:07:46	4960	COO	Senior	887
4823	1578	Helena Dorez	00:33:41	01:07:58	01:07:13	4923		V50	70
4824	4040	Vasco Conceição	00:33:10	01:07:58	01:06:52	4900	Carcassone	Senior	888
4825	798	Lénio Marinho	00:33:41	01:07:59	01:07:13	4922		V60	146
4826	3169	Carlos Conceição	00:35:37	01:07:59	01:05:23	4808		V50	341
4827	5442	Etelvina Paulino	00:34:46	01:07:59	01:05:19	4802		V55	24
4828	5443	Inês Paulino	00:34:47	01:08:00	01:05:20	4803		Senior	376
4829	3410	Eurico Vale	00:36:34	01:08:01	01:04:35	4717		V45	588
4830	117	Armando Correia	00:34:13	01:08:02	01:07:47	4961		V55	232
4831	3283	Pedro Cruz	00:32:59	01:08:02	01:06:11	4855	Lebres da Lapa	Senior	889
4832	2404	Pedro Miguéns	00:34:10	01:08:02	01:06:12	4857	V.A.?	V35	721
4833	5706	Marta Boaalma	00:35:00	01:08:03	01:05:09	4787	Rompe Solas	Senior	377
4834	5432	Sara Prates	00:35:36	01:08:04	01:04:24	4700	Atletismo Vidense	V35	204
4835	2413	Antonio Fonseca	00:31:58	01:08:04	01:06:24	4867	SS CGD	V45	589
4836	5707	Pedro Silva	00:35:00	01:08:04	01:05:09	4788	Rompe Solas	Senior	890
4837	4796	Rita Lourenço	00:35:37	01:08:04	01:04:24	4702		V40	206
4838	2118	Adelaide Leitão	00:35:36	01:08:05	01:04:25	4703		V45	122
4839	1402	Paulo Faria	00:37:13	01:08:05	01:04:20	4696		V35	722
4840	6530	Mariana Feijó	00:34:51	01:08:05	01:04:40	4731		Senior	378



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4841	5622	Patrícia Queirós	00:34:58	01:08:06	01:06:24	4868		Senior	379
4842	3672	Thiago Magalhães	00:34:53	01:08:06	01:06:44	4895		Senior	891
4843	4253	Rita Silva	00:35:14	01:08:06	01:04:14	4680	TOA	Senior	380
4844	4818	Ana Barata	00:35:26	01:08:07	01:06:24	4866	Pontével a Mexer	V35	205
4845	1247	Dina Crispim	00:35:42	01:08:08	01:05:55	4838		V40	207
4846	5555	Hugo Ratinho	00:35:05	01:08:10	01:04:58	4772	Ratinho team	Senior	892
4847	3495	Filipe Gonçalves	00:35:10	01:08:10	01:04:37	4721	TudoEu.com	V35	723
4848	3449	Hugo Viegas	00:35:20	01:08:12	01:05:41	4821		V35	724
4849	2047	Ana Nogueira	00:35:42	01:08:13	01:04:43	4739	Todos Juntos	V40	208
4850	2050	Nuno Freitas	00:35:42	01:08:13	01:04:43	4738	Todos Juntos	V35	725
4851	4048	Claudio Carmona	00:33:28	01:08:14	01:05:47	4827	Alliance Healthcare	Senior	893
4852	7175	Rita Barros	00:33:42	01:08:15	01:06:27	4873		V40	209
4853	6720	Adriana Caires	00:33:32	01:08:16	01:06:41	4893	Run Buddy Run	V35	206
4854	3401	Ana Amado	00:33:57	01:08:17	01:06:40	4890	the Bolts	V35	207
4855	3402	Pedro Silva	00:33:57	01:08:17	01:06:40	4891	the Bolts	Senior	894
4856	3197	Ricardo Marques	00:39:07	01:08:18	01:05:09	4789		V35	726
4857	259	Nuno Moura	00:34:36	01:08:20	01:05:51	4830		Senior	895
4858	6129	Raquel Cavaco	00:32:38	01:08:24	01:07:16	4926		V35	208
4859	7041	Francisco Barona	00:34:25	01:08:26	01:06:31	4874		V40	747
4860	1034	Tito Fernandes	00:36:29	01:08:26	01:04:53	4765		V35	727



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4861	1033	Liliana Domingues	00:36:30	01:08:26	01:04:53	4764		V40	210
4862	3204	Maria Matos	00:34:01	01:08:27	01:07:08	4919		V45	123
4863	4989	Gonçalo Cardoso	00:31:58	01:08:28	01:08:03	4980	Carne Maturada	V40	748
4864	6761	Maria Moucho	00:34:15	01:08:28	01:05:59	4844		V50	71
4865	1119	Inês Bravo	00:35:22	01:08:29	01:04:38	4723	Run4IceCream	Senior	381
4866	5590	Ana Pires	00:34:28	01:08:30	01:07:19	4932		Senior	382
4867	3843	Elisabete Silva	00:35:36	01:08:31	01:06:16	4863		V35	209
4868	5121	Ricardo Barbosa	00:35:07	01:08:31	01:05:00	4773		Senior	896
4869	1957	André Chanoca	00:34:13	01:08:32	01:06:25	4870		V35	728
4870	6820	Catarina Botica	00:33:55	01:08:35	01:06:40	4892	Great Big Team	Junior	10
4871	4095	Sérgio Seixo	00:32:24	01:08:35	01:07:08	4920	Kangurus S.A.	V40	749
4872	5013	Ana Macêdo	00:32:25	01:08:37	01:06:04	4850	Correr Lisboa	V35	210
4873	3795	Ana Almeida	00:33:57	01:08:39	01:07:50	4966		V35	211
4874	962	Ângela Fernandes	00:33:52	01:08:40	01:08:02	4978		V40	211
4875	3996	Carla Silva	00:35:30	01:08:40	01:05:21	4804	Farmácia Lima da Silva	V40	212
4876	1685	Inês Lourenço	00:35:02	01:08:41	01:05:18	4801		Senior	383
4877	4308	Fabio Pio	00:33:49	01:08:43	01:08:35	5008	GD SANTANDERTOTTA	V45	590
4878	3307	Paulo França	00:33:07	01:08:43	01:08:17	4998	GDCT Unicre	V50	342
4879	4707	Mário Pires	00:33:07	01:08:43	01:08:09	4986		V45	591
4880	3310	Fátima Manteiga	00:33:08	01:08:43	01:08:17	4997	GDCT Unicre	V45	124



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4881	4295	Carla Sobreda	00:35:02	01:08:45	01:06:59	4910	Ao Ritmo das 200ppm	V45	125
4882	5847	Alexandra Almeida	00:35:01	01:08:45	01:05:54	4835		Senior	384
4883	3833	Neide Santos	00:34:19	01:08:46	01:06:40	4889		Senior	385
4884	5853	Andreia Luis	00:35:01	01:08:46	01:05:54	4836		Senior	386
4885	822	Susana Palma	00:32:47	01:08:47	01:07:48	4963		V40	213
4886	6905	Maycon Heretier	00:33:27	01:08:49	01:06:31	4875	NAV Runners	V35	729
4887	3573	Luis Cabrela	00:37:35	01:08:50	01:04:47	4756		V40	750
4888	2911	Antonino Silva	00:37:35	01:08:50	01:04:48	4757		V60	147
4889	6868	Gisele Simões	00:36:22	01:08:52	01:05:10	4792		Senior	387
4890	5378	Nidia Silva	00:34:14	01:08:54	01:07:45	4959		V60	13
4891	1092	Elisa Dias	00:34:23	01:08:55	01:07:43	4955	Metro 2011	V50	72
4892	2333	Ana Martins	00:36:06	01:08:57	01:05:37	4814	Pump Runners	Senior	388
4893	1767	Maria Carvalho	00:34:22	01:08:57	01:07:35	4948		V50	73
4894	6573	Rita Azevedo	00:35:04	01:08:58	01:06:20	4864		V40	214
4895	6572	Rita Gíria	00:35:04	01:08:58	01:06:21	4865		V40	215
4896	1227	Pedro Freitas	00:34:24	01:08:58	01:07:38	4951		Senior	897
4897	6220	Nuno Mendes	00:33:29	01:09:00	01:04:45	4744	KPMG Runners	Senior	898
4898	5624	Jorge Lourenço	00:33:44	01:09:01	01:07:45	4958		V35	730
4899	855	Ricardo Alexandre	00:34:25	01:09:02	01:07:53	4969	MONTEPIO - CASTELO BRANCO	V40	751
4900	4498	Teresa Moscoso	00:34:59	01:09:03	01:05:27	4809		V35	212



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4901	5517	Maria Sá	00:35:38	01:09:03	01:05:59	4845		V60	14
4902	842	João Tavares	00:35:13	01:09:03	01:06:01	4846		V35	731
4903	4956	Nuno Costa	00:35:44	01:09:05	01:07:22	4939		V45	592
4904	2634	Preeti Yadav	00:35:26	01:09:06	01:07:33	4945	Nerds for speed	Senior	389
4905	5554	Carlos Lopes	00:35:38	01:09:06	01:05:55	4840	Ratinho team	V60	148
4906	5552	Catia Fernandes	00:35:38	01:09:06	01:05:55	4839	Ratinho team	Senior	390
4907	6609	Noémia Conde	00:35:52	01:09:08	01:05:09	4790		V35	213
4908	4751	José Gonçalves	00:35:02	01:09:08	01:08:47	5021		V70	22
4909	969	Ana Rodrigues	00:33:39	01:09:12	01:08:08	4984		Senior	391
4910	1815	Fernando Lopes	00:37:52	01:09:13	01:05:10	4794		V40	752
4911	5411	Marta Malhadas	00:35:59	01:09:15	01:07:16	4925		Senior	392
4912	2317	Ricardo Afonso	00:34:21	01:09:15	01:07:04	4915	Ginásio Clube Português	V45	593
4913	2078	Samuel Veiga	00:34:00	01:09:16	01:07:19	4933	MS Runners	V35	732
4914	2484	Pedro Araujo	00:35:59	01:09:17	01:06:53	4902		Senior	899
4915	6550	Ana Nunes	00:34:46	01:09:17	01:07:47	4962		V40	216
4916	665	Susana Jesus	00:34:03	01:09:17	01:08:12	4990		V50	74
4917	2094	Marta Simão	00:34:54	01:09:19	01:06:27	4872	GYM 2010	V40	217
4918	6660	Vitor Brettes	00:34:37	01:09:20	01:07:42	4952	Brettes Runners	V60	149
4919	6659	Rita Brettes	00:34:36	01:09:20	01:07:43	4956	Brettes Runners	V35	214
4920	1010	João Pinto	00:36:35	01:09:21	01:05:55	4837		V60	150



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4921	7216	Carolina Tanasiev	00:36:23	01:09:22	01:07:54	4970		Senior	393
4922	1178	Claire Vazquez	00:36:46	01:09:23	01:06:39	4883	Go, go, go !	Senior	394
4923	3279	Orlando Silva	00:36:46	01:09:23	01:06:37	4879	SANTOS & SILVA	V60	151
4924	1179	Ana Carrapiço	00:36:46	01:09:24	01:06:39	4886	Go, go, go !	V45	126
4925	3926	Ana Ferreira	00:34:44	01:09:24	01:07:10	4921		Senior	395
4926	87	Marta Algarvio	00:35:40	01:09:25	01:06:54	4904		V35	215
4927	5962	Nuno Martins	00:35:16	01:09:26	01:07:08	4917		V45	594
4928	2767	Cláudia Palma	00:34:52	01:09:27	01:08:16	4995		V40	218
4929	3445	Tânia Alves	00:34:15	01:09:28	01:08:09	4985		Senior	396
4930	473	Ana Constantino	00:36:07	01:09:29	01:06:06	4851	Foz365	V45	127
4931	6150	Filipa Martins	00:34:36	01:09:31	01:06:55	4907		V35	216
4932	4053	Flávia Afonso	00:34:37	01:09:31	01:07:16	4928	Alliance Healthcare	V40	219
4933	2608	Dora Cruz	00:35:23	01:09:33	01:06:12	4856	GINjinha Runners	V40	220
4934	2407	Alicia Alves	00:35:14	01:09:35	01:05:41	4823	V.A.?	Senior	397
4935	5220	Herlander Costa	00:33:13	01:09:36	01:07:22	4941	Sanofi	V55	233
4936	2777	Bruno Sande	00:33:34	01:09:36	01:08:46	5019	piccadillys	Senior	900
4937	5207	Sara Sequeira	00:36:35	01:09:37	01:06:13	4858		V40	221
4938	6816	Sandra Dinis	00:34:31	01:09:37	01:08:33	5007	Estrelas Lisboa	V35	217
4939	1158	José Sá	00:36:04	01:09:37	01:05:52	4832	Corrupio	V40	753
4940	1156	Nuno Cércio	00:36:04	01:09:38	01:05:52	4831	Corrupio	V40	754



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4941	2059	Rui Cunha	00:34:52	01:09:38	01:08:22	5001	GRAP	V40	755
4942	6637	Rui Silva	00:32:42	01:09:39	01:06:39	4884	VdAtletas	V40	756
4943	506	Luis Barata	00:35:53	01:09:41	01:06:26	4871		V50	343
4944	4502	Luis Paulino	00:34:37	01:09:42	01:08:50	5025		V35	733
4945	1052	Sandra Cardenas	00:34:17	01:09:42	01:08:32	5006		Senior	398
4946	1337	Helia Oliveira	00:34:59	01:09:42	01:07:35	4947		V35	218
4947	3339	Margarida Cruz	00:35:54	01:09:43	01:07:01	4911		Senior	399
4948	3840	Francisco Mimoso	00:35:44	01:09:44	01:08:19	4999		V55	234
4949	4009	Julian Andrade	00:33:54	01:09:45	01:07:23	4943	Link	Senior	901
4950	3489	Alexandra Ruivo	00:34:55	01:09:45	01:06:41	4894	Tartarugas Solidárias	V50	75
4951	6518	Nuno Rito	00:34:54	01:09:45	01:06:40	4888	Tartarugas Solidárias	V35	734
4952	5636	Judite Almeida	00:33:03	01:09:46	01:07:05	4916	Multiativos	V50	76
4953	6283	Sara Nazaré	00:34:39	01:09:48	01:08:00	4974	VdAtletas	Senior	400
4954	6070	José Bio	00:35:10	01:09:48	01:09:08	5038		Junior	48
4955	2007	Filipa Sampaio	00:35:10	01:09:49	01:09:08	5037		Junior	11
4956	2660	Maria Miranda	00:34:47	01:09:53	01:07:49	4964		Senior	401
4957	3707	Carla Alves	00:34:04	01:09:53	01:09:07	5036		V35	219
4958	3207	Jordão Abreu	00:35:43	01:09:57	01:06:39	4885		V40	757
4959	3832	Nathalie Baronet	00:34:53	01:09:57	01:08:35	5009		V35	220
4960	2721	Rui Augusto	00:34:59	01:09:57	01:05:42	4824		Senior	902



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4961	6674	José Ribolhos	00:33:40	01:09:57	01:08:11	4987	Alliance Healthcare	V55	235
4962	6921	José Salvador	00:36:47	01:09:57	01:06:16	4862		V65	66
4963	1486	Franciele Pereira	00:35:36	01:10:01	01:08:37	5011		V35	221
4964	1180	Alexandra Maçanita	00:36:48	01:10:02	01:07:16	4927	Go, go, go !	V35	222
4965	4422	Sónia Andrade	00:34:28	01:10:04	01:08:15	4994	Road Runners	V45	128
4966	895	Cristina Amorim	00:35:01	01:10:05	01:08:16	4996		Senior	402
4967	6157	Pedro Barroca	00:33:58	01:10:05	01:06:52	4901		Senior	903
4968	6724	Guiomar Rua	00:35:32	01:10:07	01:07:03	4914		V50	77
4969	6260	Mariana Gomes	00:38:50	01:10:07	01:06:38	4881	KPMG Runners	Senior	403
4970	2089	Duarte Fonseca	00:34:27	01:10:12	01:07:36	4949	Fonseca	V45	595
4971	3173	Jorge Santos	00:36:13	01:10:14	01:06:15	4861		V45	596
4972	3558	António Ribeiro	00:34:51	01:10:14	01:08:06	4983		V50	344
4973	3299	Hugo Casqueiro	00:34:16	01:10:15	01:09:10	5040	Lebres da Lapa	V40	758
4974	3474	Steven Vitoria	00:35:44	01:10:17	01:06:54	4905		V35	735
4975	5987	Maria Graça	00:35:32	01:10:17	01:08:11	4988		V60	15
4976	1134	Ana Rodrigues	00:35:39	01:10:17	01:08:20	5000	Farmácia Alto da Eira / AVS	Senior	404
4977	2668	Alexandre Vilão	00:36:14	01:10:18	01:07:34	4946		Senior	904
4978	468	Sandra Paulos	00:35:58	01:10:18	01:06:51	4899	SDC -Suspeitos do Costume	V35	223
4979	906	Andre Martins	00:30:37	01:10:19	01:08:44	5018		Senior	905
4980	309	Tânia Dias	00:36:57	01:10:21	01:07:58	4973	BP2SEA Runners	Senior	405



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4981	3179	Denise Joía	00:35:50	01:10:21	01:05:58	4842		V35	224
4982	3178	Nuno Guisado	00:35:50	01:10:21	01:05:58	4843		V35	736
4983	4731	Sandra Oliveira	00:36:56	01:10:22	01:07:22	4940		V40	222
4984	2966	Lurdes Pereira	00:35:02	01:10:22	01:08:37	5012		V45	129
4985	6997	Ana Augusto	00:34:36	01:10:23	01:08:13	4991	Falcões Selvagens	Senior	406
4986	6996	José Augusto	00:34:35	01:10:23	01:08:14	4992	Falcões Selvagens	V55	236
4987	6230	João Morgado	00:34:06	01:10:24	01:09:14	5047	KPMG Runners	Senior	906
4988	6228	Catarina Liquito	00:34:06	01:10:24	01:09:15	5048	KPMG Runners	Senior	407
4989	5815	Carolina Constant	00:37:42	01:10:27	01:06:36	4878		V35	225
4990	2548	Paula Maia	00:34:34	01:10:29	01:08:47	5020	CORRIDAS E COMIDAS	V40	223
4991	6552	João Batista	00:32:37	01:10:30	01:09:13	5045		Senior	907
4992	2821	Fernando Marmelo	00:38:46	01:10:31	01:07:17	4931	Rapidíssimos	V55	237
4993	1764	Marta Redondo	00:36:58	01:10:31	01:06:58	4909		Senior	408
4994	1016	Nuno Gonçalves	00:37:01	01:10:34	01:06:35	4877		V35	737
4995	1754	Claudia Ramada	00:34:40	01:10:35	01:08:31	5004		V40	224
4996	1229	Francisco Ferro	00:36:12	01:10:35	01:07:02	4912		V45	597
4997	5340	Lúcia Ferreira	00:37:24	01:10:35	01:09:04	5033	RelaxTeam	Senior	409
4998	5341	Diogo Carvalho	00:37:24	01:10:36	01:09:04	5034	RelaxTeam	Senior	908
4999	1721	Ana Rodrigues	00:35:46	01:10:36	01:09:08	5039		V40	759
5000	3274	Antonio Loio	00:35:20	01:10:36	01:09:47	5077		V60	152



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5001	2212	Carina Rodrigues	00:36:15	01:10:37	01:07:23	4942	PERNAS DE PAU	Senior	410
5002	3541	António Martins	00:34:27	01:10:39	01:10:12	5093		V55	238
5003	521	Lina Baia	00:36:50	01:10:40	01:07:20	4937		Senior	411
5004	6131	Elsa Morita	00:35:39	01:10:40	01:07:49	4965	Borinhas	V45	130
5005	4992	Delfim Santos	00:34:41	01:10:44	01:09:43	5074	M&A	V60	153
5006	4970	Maria Gomes	00:37:02	01:10:46	01:07:17	4929		Senior	412
5007	4268	Joana Prazeres	00:35:56	01:10:47	01:09:17	5050	Flamings Atletismo	Senior	413
5008	1535	Fernando Lopes	00:35:20	01:10:48	01:10:36	5115	Associação Desportiva Real Academia	V70	23
5009	3461	Nuno Torego	00:35:39	01:10:49	01:09:20	5052		V40	760
5010	3952	Inês Nogueira	00:34:44	01:10:49	01:10:39	5119	Flashteam	Senior	414
5011	5144	Mariana Noronha	00:37:37	01:10:50	01:07:43	4957	Farmácias Holon	Senior	415
5012	6055	Carina Afonso	00:37:11	01:10:51	01:07:15	4924		Senior	416
5013	6054	Paulo Barreto	00:37:10	01:10:52	01:07:17	4930		V35	738
5014	1128	Catarina Garcia	00:37:07	01:10:52	01:07:29	4944	Cedime Power	Senior	417
5015	2004	Rui Sampaio	00:35:29	01:10:53	01:10:11	5092		V45	598
5016	1191	Carine Pais	00:34:58	01:10:54	01:09:05	5035		Senior	418
5017	1329	Liliana Santos	00:35:37	01:10:54	01:09:16	5049		V35	226
5018	4117	Luis Marques	00:34:05	01:10:55	01:09:43	5073	RUN FORREST RUN	V40	761
5019	1983	Rui Vaz	00:35:50	01:10:56	01:08:43	5017		V40	762
5020	3969	Marta Domingues	00:35:34	01:10:57	01:08:48	5022	Nevaguivap	V35	227



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5021	5857	Acácio Pereira	00:35:32	01:10:59	01:10:02	5086		V55	239
5022	6269	Sónia Correia	00:37:29	01:11:00	01:08:02	4977	KPMG Runners	V40	225
5023	6265	Ana Rocha	00:37:29	01:11:00	01:08:02	4979	KPMG Runners	Senior	419
5024	4571	António Costa	00:32:54	01:11:01	01:10:48	5126		V50	345
5025	3610	Rui Sousa	00:35:32	01:11:02	01:09:12	5044		V40	763
5026	2534	Eunice Peixoto	00:36:11	01:11:03	01:09:37	5066		V35	228
5027	2814	João Peixoto	00:36:11	01:11:03	01:09:36	5065	Asas nos Pés	V35	739
5028	2786	Paulo Viegas	00:37:40	01:11:04	01:07:20	4936	Colt Runners	V40	764
5029	4433	Vasco Oliveira	00:37:40	01:11:04	01:07:21	4938	Colt Runners	Senior	909
5030	1514	Fernanda Vieira	00:34:18	01:11:04	01:10:18	5099		V55	25
5031	365	Esther Dominguez	00:35:42	01:11:05	01:07:57	4971		V40	226
5032	5148	Ana Rachid	00:37:37	01:11:05	01:07:58	4972	Farmácias Holon	Senior	420
5033	1494	Isabel Coelho	00:35:30	01:11:14	01:09:52	5078	ADCR PJ	V50	78
5034	3001	Paula Carrelo	00:35:37	01:11:16	01:08:52	5026		V55	26
5035	1903	Carlos Cortez	00:35:44	01:11:16	01:07:53	4968		V50	346
5036	909	Maria Cesário	00:35:14	01:11:16	01:09:28	5061		V50	79
5037	5187	Solange Alvito	00:36:17	01:11:17	01:08:01	4976		Senior	421
5038	5188	André Magalhães	00:36:16	01:11:17	01:08:01	4975		Senior	910
5039	5462	Tiago Alves	00:36:53	01:11:18	01:08:39	5013	The Bings	Senior	911
5040	4357	Joana Soares	00:36:35	01:11:20	01:08:24	5002	TOA	Senior	422



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5041	1816	Margarida Lopo	00:37:52	01:11:20	01:07:19	4934		Senior	423
5042	5698	Alexandra Ribeiro	00:35:52	01:11:21	01:08:40	5014	SS CGD	V35	229
5043	688	João Mântua	00:33:47	01:11:21	01:10:53	5129		V50	347
5044	1999	Luis Moura	00:37:12	01:11:22	01:07:38	4950		V50	348
5045	3879	Ana Duarte	00:34:50	01:11:23	01:09:53	5079		V35	230
5046	4723	Ana Martins	00:34:50	01:11:24	01:09:53	5080		Senior	424
5047	1419	Humberto Bernardo	00:35:03	01:11:24	01:09:39	5069		V55	240
5048	1415	Bruno Neves	00:35:02	01:11:24	01:09:40	5070		Senior	912
5049	2313	Ana Almeida	00:36:25	01:11:26	01:09:26	5058	Super Lentos	V35	231
5050	2312	Francis Doody	00:36:25	01:11:26	01:09:27	5059	Super Lentos	Senior	913
5051	2221	Marta Calado	00:37:13	01:11:27	01:08:43	5015	S&M	Senior	425
5052	2220	Sérgio Rijo	00:37:13	01:11:27	01:08:43	5016	S&M	V35	740
5053	3918	Maria Ribeiro	00:34:51	01:11:28	01:09:20	5053		V50	80
5054	519	Ana Mestre	00:34:48	01:11:28	01:10:06	5087		V40	227
5055	2057	Luis Ribeiro	00:34:52	01:11:31	01:10:15	5095	GRAP	V40	765
5056	4383	Peng Xia	00:35:28	01:11:32	01:08:36	5010	Noble Fortune	Senior	914
5057	1398	Pedro Gomes	00:32:45	01:11:33	01:11:17	5154		Senior	915
5058	1399	Joana Braga	00:32:45	01:11:34	01:11:17	5155		Senior	426
5059	5477	Maria Ferreira	00:36:31	01:11:34	01:07:52	4967		Senior	427
5060	6913	Filipe Brito	00:35:20	01:11:36	01:08:11	4989		V35	741



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5061	3549	António Pereira	00:34:38	01:11:38	01:09:27	5060		V40	766
5062	4216	Miguel	00:34:46	01:11:38	01:10:18	5103	GDCTIN Casa da Moeda	V45	599
5063	5913	Tania Lopes	00:35:25	01:11:39	01:10:15	5094		Senior	428
5064	4167	Filipa Fernandes	00:35:06	01:11:42	01:10:06	5089	SOGMIP	V35	232
5065	691	Bárbara Cunha	00:34:01	01:11:42	01:11:23	5157		Senior	429
5066	4745	Carlos Marques	00:34:02	01:11:43	01:11:23	5156		V55	241
5067	5788	Patricia André	00:36:49	01:11:43	01:08:49	5024	AON Portugal	Senior	430
5068	3737	Catarina Batista	00:36:17	01:11:43	01:08:55	5027		Senior	431
5069	1819	José Vilela	00:34:33	01:11:43	01:11:29	5161	Clube Robbialac	V50	349
5070	3500	Luis Rodrigues	00:35:10	01:11:48	01:08:15	4993	TudoEu.com	V40	767
5071	6759	Elisabete Luis	00:35:18	01:11:49	01:10:29	5109		V40	228
5072	4770	Mariana Silva	00:36:35	01:11:50	01:08:04	4982		Senior	432
5073	4771	Alexandre Janicas	00:36:36	01:11:50	01:08:04	4981		Senior	916
5074	604	Maria Alves	00:35:03	01:11:52	01:10:08	5090		V45	131
5075	4693	Luís Dias	00:35:46	01:11:53	01:11:01	5143		V45	600
5076	928	Patricia Pinto	00:35:03	01:11:53	01:09:41	5071		V35	233
5077	2129	Rodrigo Saraiva	00:36:03	01:11:54	01:09:11	5041		V35	742
5078	1382	Teresa Rojão	00:38:36	01:11:55	01:08:29	5003		V35	234
5079	648	Sara Faria	00:35:30	01:11:55	01:10:10	5091		V40	229
5080	2035	Marina Marques	00:35:48	01:11:58	01:10:38	5117	Enjoadas do Asfalto	V45	132



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5081	311	António Machado	00:36:05	01:11:58	01:10:33	5111	RUN4BEER	V55	242
5082	4471	Alexandra Oliveira	00:35:14	01:12:00	01:11:08	5147		V35	235
5083	4074	Susana Horta	00:36:33	01:12:00	01:08:59	5030	Power Girls	V45	133
5084	1177	Paula Costa	00:35:44	01:12:00	01:10:17	5098	Quarentoes na Bisga	V45	134
5085	3681	Cristina Jesus	00:36:06	01:12:02	01:09:34	5063		V45	135
5086	938	José Safara	00:37:05	01:12:07	01:09:39	5068		V55	243
5087	6710	Laura Ramalho	00:35:42	01:12:07	01:10:43	5121		Senior	433
5088	5481	Sofia Barbosa	00:26:32	01:12:08	01:11:56	5171		Senior	434
5089	4821	Catarina Ameixial	00:35:26	01:12:11	01:10:58	5141		V40	230
5090	4820	Nuno Ameixial	00:35:26	01:12:11	01:10:57	5138		V40	768
5091	3099	Maria Leonorcarreira	00:33:25	01:12:13	01:11:59	5181	EVELX - Associação de Estilos de Vida Saudável	V55	27
5092	3100	Maria Lourenço	00:33:25	01:12:13	01:12:01	5186	EVELX - Associação de Estilos de Vida Saudável	V55	28
5093	5005	Dora Free	00:36:20	01:12:13	01:09:02	5031		V40	231
5094	888	Cláudia Caetano	00:36:13	01:12:13	01:10:57	5136		Senior	435
5095	4976	Catarina Vasconcelos	00:36:12	01:12:13	01:10:56	5134	JuniRacers	Senior	436
5096	2730	Erika Sousa	00:35:37	01:12:13	01:08:32	5005	Prima do Luz	Senior	437
5097	3655	Jorge Coelho	00:39:21	01:12:14	01:10:06	5088		V40	769
5098	3490	André Guarda	00:36:28	01:12:14	01:10:35	5114	Nerds for speed	Senior	917
5099	2018	Maria João	00:35:38	01:12:16	01:11:57	5172	Lusitanos	V50	81
5100	2019	Paulo Porfírio	00:35:12	01:12:16	01:11:57	5175	Lusitanos	V50	350



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5101	2021	Paula Respeita	00:35:37	01:12:16	01:11:58	5179	Lusitanos	V45	136
5102	388	Carla Almeida	00:34:46	01:12:16	01:12:02	5188		V40	232
5103	573	Melanie Pereira	00:35:40	01:12:17	01:10:17	5097		Senior	438
5104	6237	Ricardo Estêvão	00:34:51	01:12:17	01:10:38	5118	KPMG Runners	V40	770
5105	5242	Marina Pires	00:35:13	01:12:17	01:10:02	5085	Rebenta Milhas	V35	236
5106	5259	Adalgisa Delgado	00:37:00	01:12:26	01:09:22	5056	FoxStar	Senior	439
5107	4721	Nuno Chan	00:39:08	01:12:26	01:09:17	5051		V35	743
5108	1914	Carlos Costa	00:36:52	01:12:27	01:11:27	5159		V40	771
5109	1916	Célia Santos	00:36:51	01:12:27	01:11:27	5160		V40	233
5110	4233	Catarina Antunes	00:37:08	01:12:28	01:09:13	5046	Nata da nata	Senior	440
5111	6610	Jeferson Maia	00:37:01	01:12:30	01:09:33	5062		V35	744
5112	6611	Karine Maia	00:37:00	01:12:30	01:09:35	5064		Senior	441
5113	3740	Jéssica Rolho	00:35:35	01:12:31	01:10:48	5125		Senior	442
5114	1679	Vasco Ferreira	00:35:30	01:12:31	01:10:01	5084		V40	772
5115	5461	Bárbara Silva	00:37:35	01:12:34	01:09:55	5081	The Bings	Senior	443
5116	6958	João Polónia	00:35:27	01:12:35	01:08:49	5023		V35	745
5117	6311	Miguel Lourenço	00:35:07	01:12:36	01:09:38	5067		Senior	918
5118	2416	Cristina Santos	00:35:24	01:12:36	01:11:01	5144	SS CGD	V50	82
5119	3248	Catarina Pedreira	00:39:46	01:12:38	01:10:49	5127		Junior	12
5120	3348	Alice Perpetua	00:37:37	01:12:39	01:09:21	5054	Pinguins do Arctic	Senior	444



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5121	2486	Cristina Martins	00:36:57	01:12:40	01:10:17	5096		Senior	445
5122	7085	Andreia Soares	00:34:35	01:12:40	01:12:10	5193	Chiquititas	V35	237
5123	3142	Lúcia Caçador	00:37:07	01:12:41	01:10:18	5100		Senior	446
5124	3145	Marco Batista	00:37:07	01:12:41	01:10:18	5102		Senior	919
5125	5100	Artur Marcelino	00:34:26	01:12:43	01:12:31	5205	g.d.chelas	V75	10
5126	6929	Adilson Ribeiro	00:39:08	01:12:43	01:08:55	5029		V40	773
5127	4191	Miguel Gonçalves	00:35:29	01:12:44	01:09:23	5057	Hiscox Lisbon Running Club	Senior	920
5128	7084	Elisabete Simão	00:34:35	01:12:45	01:12:15	5196	Chiquititas	V45	137
5129	6733	Belmiro Pereira	00:36:59	01:12:53	01:12:02	5187		V55	244
5130	6538	Sónia Martins	00:36:13	01:12:53	01:10:26	5107		Senior	447
5131	1696	Rita Joaquim	00:35:36	01:12:54	01:10:36	5116		V35	238
5132	2956	Ines Ramos	00:37:08	01:12:56	01:11:57	5176		Senior	448
5133	1512	Camila Sávio	00:37:51	01:12:56	01:09:02	5032		V35	239
5134	2637	José Forte	00:34:42	01:12:59	01:10:57	5139		V55	245
5135	4050	Claudia Alexandre	00:35:02	01:12:59	01:11:50	5169	Alliance Healthcare	V40	234
5136	3433	José Henriques	00:37:07	01:13:01	01:08:55	5028		V50	351
5137	7049	Alvaro Oliveira	00:37:01	01:13:04	01:11:07	5146		V45	601
5138	1130	Joana Ferreira	00:37:38	01:13:06	01:09:42	5072	Cedime Power	Senior	449
5139	1245	Custódia Carriço	00:36:48	01:13:06	01:10:53	5130		V50	83
5140	1244	Vitor Carriço	00:36:48	01:13:06	01:10:53	5128		V50	352



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5141	5167	Patrícia Rafael	00:36:29	01:13:07	01:10:35	5113		Senior	450
5142	5645	Leonor Simões	00:36:28	01:13:10	01:10:27	5108	Multiativos	V50	84
5143	6766	Linda Almeida	00:36:59	01:13:11	01:10:22	5105		V35	240
5144	2496	Rosa Marques	00:38:26	01:13:12	01:09:12	5043	Encosta Team	V40	235
5145	2497	Nuno Terras	00:38:26	01:13:12	01:09:11	5042	Encosta Team	V40	774
5146	2774	Armindo Couto	00:36:12	01:13:15	01:11:04	5145		V55	246
5147	1144	Nuno Morgadinho	00:37:04	01:13:17	01:10:26	5106	Finhões	V35	746
5148	5923	Tiago Carvalho	00:35:52	01:13:19	01:09:21	5055	Montepia-mos	Senior	921
5149	2715	Gonçalo Antunes	00:38:21	01:13:22	01:11:37	5163		V35	747
5150	2717	Ana Marques	00:38:21	01:13:22	01:11:38	5164		Senior	451
5151	6062	Raquel Neves	00:36:57	01:13:22	01:10:40	5120		Senior	452
5152	2113	Carla Chrystello	00:36:44	01:13:24	01:12:30	5202		V40	236
5153	2688	Inês Almeida	00:37:34	01:13:28	01:09:59	5083		Senior	453
5154	2616	Anabela Martins	00:37:25	01:13:28	01:11:00	5142	BRRnightRUNNERS	V40	237
5155	6044	João Fernandes	00:37:34	01:13:28	01:09:59	5082		Senior	922
5156	1433	Bebiana Teixeira	00:37:33	01:13:29	01:09:44	5075		Senior	454
5157	3325	Rute Trocas	00:36:51	01:13:30	01:12:41	5215	piccadillys	V40	775
5158	726	Inês Alves	00:34:45	01:13:31	01:12:20	5197		Senior	455
5159	73	Sara Sousa	00:35:48	01:13:32	01:13:22	5232	Tartarugas Solidarias	V35	241
5160	6180	Maria Pereira	00:35:49	01:13:33	01:12:36	5213	Elite	V45	138



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5161	4779	Raquel Milho	00:37:38	01:13:36	01:10:58	5140		V35	242
5162	105	Maria Veladas	00:36:02	01:13:37	01:12:00	5183		V40	238
5163	3218	M. Pereira-Müller	00:36:37	01:13:37	01:11:14	5152		V55	29
5164	3530	Ricardo Santos	00:37:31	01:13:37	01:11:57	5173		Senior	923
5165	3995	Cristina Lourenço	00:36:08	01:13:38	01:10:18	5101	Farmácia Lima da Silva	V45	139
5166	5688	Vanessa Almeida	00:37:31	01:13:38	01:11:58	5180		Senior	456
5167	5496	Ana Mendes	00:36:43	01:13:42	01:11:47	5167		Senior	457
5168	3647	Nuno Peralta	00:38:58	01:13:44	01:09:45	5076		V40	776
5169	4683	Pedro Vala	00:37:43	01:13:44	01:10:48	5123		Junior	49
5170	4684	Beatriz Vala	00:37:44	01:13:44	01:10:48	5124		Senior	458
5171	6643	Ana Pires	00:36:10	01:13:45	01:12:31	5203	PLMJ RUNNERS	Senior	459
5172	6644	Bruno Pereira	00:36:09	01:13:45	01:12:31	5204	PLMJ RUNNERS	Senior	924
5173	85	Albano Paço	00:36:40	01:13:47	01:12:14	5195		V55	247
5174	4841	Jose Pacheco	00:39:05	01:13:48	01:12:01	5185		V50	353
5175	2793	Ma Hung	00:37:49	01:13:48	01:11:24	5158	AÇOREANA	V65	7
5176	4538	Paulo Lourenço	00:39:05	01:13:48	01:12:01	5184		V50	354
5177	3027	Sandra Filipe	00:37:09	01:13:50	01:11:50	5168	Rail Runners	V40	239
5178	2935	Sara Silva	00:36:43	01:13:53	01:12:24	5199		V35	243
5179	1373	Susana Antunes	00:38:07	01:14:06	01:11:10	5149		V40	240
5180	1372	António Antunes	00:38:07	01:14:08	01:11:11	5150		V40	777



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5181	5777	Soraia Ramos	00:37:00	01:14:09	01:13:37	5244	CASA DO PESSOAL DA RTP	Senior	460
5182	3219	Rui Nóbrega	00:37:27	01:14:10	01:11:13	5151		Senior	925
5183	2783	Miguel Dias	00:35:51	01:14:10	01:10:22	5104		Senior	926
5184	4356	Rita Andrade	00:36:29	01:14:11	01:13:21	5231	TOA	Senior	461
5185	1906	Susana Cortez	00:37:46	01:14:17	01:10:54	5131		V45	140
5186	3297	Sofia	00:37:19	01:14:18	01:11:38	5165	Lebres da Lapa	Senior	462
5187	6754	Bruno Marques	00:36:32	01:14:23	01:10:54	5132		Senior	927
5188	4057	Inês Fernandes	00:36:31	01:14:23	01:10:55	5133	Alliance Healthcare	Senior	463
5189	4205	Miguel Teixeira	00:43:09	01:14:25	01:10:30	5110	Hiscox Lisbon Running Club	Senior	928
5190	6322	David Vieira	00:38:48	01:14:32	01:12:11	5194		V40	778
5191	358	Rita Gonçalves	00:37:19	01:14:36	01:10:56	5135		Senior	464
5192	6918	Pedro Pechilga	00:40:15	01:14:36	01:11:31	5162		Senior	929
5193	357	Bruno Gonçalves	00:37:19	01:14:37	01:10:57	5137		Senior	930
5194	3159	Valeria Santos	00:38:14	01:14:37	01:14:05	5255		V45	141
5195	4333	Maria Patrício	00:36:45	01:14:37	01:14:12	5259	GD SANTANDERTOTTA	V65	8
5196	5818	Nuno Oliveira	00:38:41	01:14:40	01:12:47	5219		V40	779
5197	3519	Leonor Silva	00:36:03	01:14:41	01:13:55	5249		Senior	465
5198	7092	Tanya Lenkow	00:39:09	01:14:43	01:11:58	5178		V60	16
5199	7091	Josephine Bearden	00:39:09	01:14:43	01:11:58	5177		Senior	466
5200	3968	André Lucas	00:34:47	01:14:45	01:13:56	5250	TOA	Senior	931



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5201	7117	Paulo Rei	00:37:57	01:14:46	01:10:44	5122		V50	355
5202	5798	Gilda Fortes	00:37:09	01:14:49	01:11:55	5170	AON Portugal	Senior	467
5203	2986	Carla Mendes	00:37:39	01:14:52	01:12:51	5222		Senior	468
5204	5391	Filomena Silva	00:36:51	01:14:54	01:12:57	5226		V45	142
5205	135	Isabel Amaral	00:36:52	01:14:55	01:12:57	5227		V50	85
5206	1616	Joaquim Abegão	00:35:13	01:14:56	01:14:17	5262		V55	248
5207	6803	Rita Amorim	00:37:02	01:15:00	01:12:51	5221	Nevaguivap	V40	241
5208	1964	Ricardo Martins	00:37:14	01:15:00	01:10:34	5112		V35	748
5209	5192	Marina Carrola	00:38:16	01:15:01	01:13:13	5230		V35	244
5210	3878	Bento Ferreira	00:38:29	01:15:03	01:11:08	5148		V70	24
5211	110	José Ferreira	00:38:39	01:15:04	01:11:16	5153		V60	154
5212	7012	José Gomes	00:36:54	01:15:09	01:11:42	5166		Senior	932
5213	1384	José Engana	00:36:50	01:15:11	01:12:03	5189		V65	67
5214	2613	Liliana Antunes	00:36:32	01:15:11	01:14:26	5264	Guepardos	Senior	469
5215	3942	Antonia Machado	00:36:16	01:15:12	01:14:16	5261		V60	17
5216	6223	Luís Machado	00:37:37	01:15:14	01:12:42	5216	KPMG Runners	Senior	933
5217	6828	Júnia Anacleto	00:38:34	01:15:15	01:12:34	5209	Brazucas	V55	30
5218	6830	Carlos Valadares	00:38:34	01:15:15	01:12:34	5208	Brazucas	V60	155
5219	6829	Sara Valadares	00:38:34	01:15:15	01:12:34	5207	Brazucas	Senior	470
5220	1250	Amandio Busca	00:34:36	01:15:15	01:15:07	5285		V45	602



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5221	4026	Alexandra Pires	00:38:52	01:15:17	01:13:52	5248	Exuvent, Lda	V35	245
5222	2582	Tatiana Serra	00:37:04	01:15:19	01:12:35	5211	Serralharia Agostinho Duarte	Senior	471
5223	4554	Madalena Santos	00:36:56	01:15:21	01:13:30	5237		V35	246
5224	1004	Cristina Carneiro	00:36:56	01:15:21	01:13:35	5242		V40	242
5225	457	Sandra Cabaço	00:39:44	01:15:23	01:12:24	5198		V40	243
5226	456	João Garizo	00:39:44	01:15:23	01:12:25	5201		V45	603
5227	5217	Ana Mena	00:38:13	01:15:25	01:13:32	5241		V55	31
5228	2372	João Dias	00:37:07	01:15:28	01:12:06	5190	OneSight Portugal	V35	749
5229	3429	Maria Leite	00:38:10	01:15:28	01:14:32	5266		Senior	472
5230	3413	Mariana Pinheiro	00:38:10	01:15:29	01:14:32	5267		Senior	473
5231	1506	Vanda Simões	00:36:52	01:15:29	01:14:09	5256		V40	244
5232	6919	Adriana Encarnação	00:40:18	01:15:31	01:12:25	5200		Senior	474
5233	5234	Patrícia Júlio	00:38:51	01:15:31	01:11:57	5174	PowerBoost Club	Senior	475
5234	4190	Joana Martins	00:39:10	01:15:31	01:12:10	5192	Hiscox Lisbon Running Club	Senior	476
5235	4384	Kunxin Zhou	00:37:44	01:15:32	01:12:36	5212	Noble Fortune	Senior	934
5236	37	Mariana Bizarro	00:35:32	01:15:32	01:15:01	5279		V40	245
5237	1715	Agapito Belga	00:37:09	01:15:34	01:14:24	5263		V65	68
5238	2708	Teresa Santos	00:39:14	01:15:49	01:12:47	5218		Senior	477
5239	5658	Charlotte Johnson	00:36:49	01:15:52	01:14:11	5258	Sempre em Festa	V65	9
5240	5659	Nuno Marques	00:36:48	01:15:52	01:14:11	5257	Sempre em Festa	V45	604



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5241	1264	António Baião	00:39:20	01:15:57	01:11:59	5182	CLUBE NOVO BANCO	V45	605
5242	1079	Gonçalo Almeida	00:39:11	01:16:00	01:13:27	5236	CONTRAALTAFINANÇA	Senior	935
5243	4271	Ana Rodrigues	00:36:15	01:16:01	01:15:22	5292	100NOÇÃO	Senior	478
5244	5429	Cidália Malta	00:37:20	01:16:03	01:14:05	5254		V40	246
5245	3801	André Sabino	00:40:30	01:16:05	01:12:10	5191		Senior	936
5246	2090	Paula Fonseca	00:37:57	01:16:12	01:13:36	5243	Fonseca	V45	143
5247	3607	Sofia Lourenço	00:40:32	01:16:12	01:12:50	5220		Senior	479
5248	3997	Conceição Martins	00:38:53	01:16:14	01:12:54	5223	Farmácia Lima da Silva	V40	247
5249	2833	Cristina Soares	00:38:05	01:16:15	01:13:09	5229	Tartarugas Solidarias	V50	86
5250	2590	Maria Lino	00:38:22	01:16:24	01:13:23	5233	Unhas Negras	V40	248
5251	5337	Filipa Silva	00:38:34	01:16:24	01:12:43	5217	Prima do Luz	Senior	480
5252	4166	Elsa Teixeira	00:39:34	01:16:26	01:14:57	5273	SOGMIP	V40	249
5253	6964	Sara Afonso	00:39:43	01:16:27	01:12:39	5214		V35	247
5254	5412	Marco Marques	00:35:59	01:16:27	01:14:28	5265		V35	750
5255	5097	Luis Marques	00:36:07	01:16:27	01:15:47	5302	g.d.chelas	V50	356
5256	4209	Marisa Russo	00:39:12	01:16:29	01:13:07	5228	Hiscox Lisbon Running Club	V35	248
5257	4086	Ligia Basílio	00:39:14	01:16:31	01:13:25	5235	Power Girls	V35	249
5258	2591	Francisco Lupi	00:38:22	01:16:32	01:13:31	5239	Unhas Negras	V50	357
5259	4242	Maria Anjos	00:38:22	01:16:32	01:16:08	5311	CONDOR	V70	1
5260	2490	Jose Amaral	00:37:46	01:16:32	01:12:33	5206	Encosta Team	V40	780



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5261	2489	Carla Amaral	00:37:46	01:16:32	01:12:34	5210	Encosta Team	V35	250
5262	5718	M. Azevedo	00:39:02	01:16:32	01:13:30	5238	Clube Vodafone	V45	144
5263	5521	Iryna Zadorozhnaia	00:37:32	01:16:34	01:14:43	5270		Senior	481
5264	5458	Ondina Teodoro	00:37:30	01:16:45	01:15:44	5301	As chokolatinhas	V35	251
5265	5459	Maria Lopes	00:37:30	01:16:45	01:15:44	5300	As chokolatinhas	V60	18
5266	7050	Carlos Liberato	00:36:12	01:16:45	01:15:26	5295		V35	751
5267	4214	Jose Liberato	00:36:12	01:16:45	01:15:27	5296	GDCTIN Casa da Moeda	V40	781
5268	5150	Ana Silva	00:39:01	01:16:46	01:13:38	5245	Farmácias Holon	Senior	482
5269	5151	Luís Silva	00:39:01	01:16:47	01:13:40	5246	Farmácias Holon	V40	782
5270	2033	Sandra Ferreira	00:37:35	01:16:47	01:15:23	5294	Enjoadas do Asfalto	V45	145
5271	3688	Nuno Reis	00:40:15	01:16:48	01:12:56	5224		V35	752
5272	3773	Claudia Reis	00:40:15	01:16:48	01:12:56	5225		V35	252
5273	3877	Maria Leitão	00:37:38	01:16:49	01:16:25	5325		V50	87
5274	6732	Mafalda Pereira	00:38:50	01:17:02	01:13:32	5240		Senior	483
5275	3422	Bruno Almeida	00:39:19	01:17:05	01:13:42	5247		V40	783
5276	336	Ana Lopes	00:39:40	01:17:08	01:13:24	5234		V35	253
5277	5246	Gande Gazela	00:38:37	01:17:16	01:14:59	5275	Rebenta Milhas	Senior	484
5278	5240	Bdoc Bdoc	00:38:37	01:17:17	01:15:00	5277	Rebenta Milhas	V40	784
5279	6025	Madalena Felício	00:39:34	01:17:22	01:14:03	5253		Senior	485
5280	3098	Paula Lourenço	00:36:28	01:17:26	01:17:13	5339	EVELX - Associação de Estilos de Vida Saudável	V35	254



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5281	6323	Carla Vieira	00:38:48	01:17:27	01:15:07	5286		V40	250
5282	5635	Luisa Madeira	00:39:33	01:17:34	01:13:58	5252	Multiativos	V35	255
5283	2201	Eduardo Madeira	00:39:32	01:17:34	01:13:57	5251		V35	753
5284	2940	Miguel Belém	00:39:58	01:17:37	01:15:02	5281		Senior	937
5285	4025	Sónia Silva	00:38:52	01:17:38	01:16:13	5315	Exuvent, Lda	Senior	486
5286	4638	Ana Damião	00:38:08	01:17:43	01:16:07	5309	CORRIDAS E COMIDAS	V35	256
5287	4637	Joao Cardoso	00:38:08	01:17:44	01:16:07	5310	CORRIDAS E COMIDAS	V45	606
5288	5162	José Almeida	00:36:26	01:17:50	01:15:47	5303		V50	358
5289	2835	Cristina Moura	00:39:37	01:18:00	01:15:33	5297	BRRnightRUNNERS	V40	251
5290	6138	Susana Ferreira	00:37:41	01:18:02	01:15:34	5298		Senior	487
5291	5166	Raquel Trindade	00:39:32	01:18:05	01:14:36	5268		Senior	488
5292	270	Antonio Figueiredo	00:37:31	01:18:05	01:15:50	5305		V60	156
5293	2499	Joao Paulo	00:45:32	01:18:13	01:14:13	5260	Encosta Team	V40	785
5294	4443	José Marques	00:40:36	01:18:18	01:14:59	5276	PonteFinal_RT	V40	786
5295	4444	Maria Costa	00:40:35	01:18:18	01:14:59	5274	PonteFinal_RT	Senior	489
5296	6124	Mário Lopes	00:39:18	01:18:18	01:15:00	5278		V45	607
5297	921	Rogério Alves	00:39:18	01:18:20	01:15:01	5280		V40	787
5298	6299	Pedro Costa	00:41:51	01:18:24	01:15:57	5307	GD BPI	V50	359
5299	2369	Margarida Pessanha	00:41:32	01:18:24	01:15:04	5282	OneSight Portugal	V35	257
5300	7184	Nadia Masson	00:41:28	01:18:26	01:14:46	5272		Senior	490



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5301	7183	Vinícius Oliveira	00:41:28	01:18:26	01:14:45	5271		Senior	938
5302	2304	Nuno Jerónimo	00:37:12	01:18:29	01:18:06	5351	Cofina Runners	V45	608
5303	1621	Carolina Silva	00:36:33	01:18:29	01:15:35	5299		Junior	13
5304	4204	Sónia Lisboa	00:43:42	01:18:36	01:14:41	5269	Hiscox Lisbon Running Club	Senior	491
5305	976	Preciosa Passinhas	00:38:39	01:18:37	01:16:13	5314		V40	252
5306	3384	Geninha Santos	00:39:09	01:18:40	01:16:41	5329	JRF	V55	32
5307	4019	Paula Guerreiro	00:39:25	01:18:42	01:18:06	5350	Matrafonas	V35	258
5308	2976	João Lobo	00:39:28	01:18:42	01:16:38	5328		V65	69
5309	3345	Henrique Bastos	00:41:30	01:18:42	01:15:22	5293	Pinguins do Arctic	V35	754
5310	3884	Isadora Gameiro	00:41:03	01:18:42	01:16:21	5324		Senior	492
5311	3881	Marina Gameiro	00:41:03	01:18:42	01:16:21	5323		Senior	493
5312	5632	Susana Martins	00:40:04	01:18:53	01:16:27	5326		V45	146
5313	3569	Alice Morgado	00:41:18	01:18:53	01:15:04	5284		V40	253
5314	3571	Joaquim Oliveira	00:41:18	01:18:53	01:15:04	5283		V40	788
5315	6171	Gonçalo Carvalho	00:40:55	01:18:53	01:15:09	5287	Colgate Em Movimento	Senior	939
5316	1660	Maria Rodrigues	00:38:58	01:18:53	01:15:50	5304		V55	33
5317	6172	Ana Alves	00:40:55	01:18:54	01:15:09	5288	Colgate Em Movimento	Senior	494
5318	1610	Margarida Lopes	00:37:47	01:18:55	01:18:37	5358		Senior	495
5319	5504	Fernanda Marques	00:38:15	01:18:59	01:17:30	5342		V50	88
5320	1219	Joana Diogo	00:40:31	01:19:12	01:15:12	5289	Sweet Little Team	Senior	496



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5321	1220	Rita Serrador	00:40:31	01:19:13	01:15:13	5290	Sweet Little Team	V35	259
5322	2990	Monica Marinho	00:40:20	01:19:17	01:15:18	5291		Senior	497
5323	6805	Catarina Custódio	00:38:25	01:19:20	01:18:16	5354	Pernas Gafanhoto	V40	254
5324	6804	Pedro Custódio	00:38:25	01:19:20	01:18:17	5355	Pernas Gafanhoto	V40	789
5325	2740	Ana Silva	00:38:58	01:19:23	01:19:17	5365	GRD OS FIXES	V55	34
5326	7029	Maria Veiga	00:39:10	01:19:23	01:16:13	5313		Senior	498
5327	6320	Mafalda Vinagre	00:39:32	01:19:25	01:15:56	5306		Senior	499
5328	1503	Bruno Azevedo	00:36:02	01:19:26	01:16:42	5330	Fit Runners	Senior	940
5329	2076	Miriam Jesus	00:38:12	01:19:27	01:16:44	5332	Fit Runners	V40	255
5330	2075	Rui Jesus	00:38:12	01:19:28	01:16:46	5333	Fit Runners	V45	609
5331	4891	Marta Segundo	00:38:36	01:19:29	01:16:18	5318	Farmácia Alto da Eira / AVS	Senior	500
5332	4893	Inês Vieira	00:38:36	01:19:29	01:16:18	5319	Farmácia Alto da Eira / AVS	Senior	501
5333	4293	Marta Felgueiras	00:36:01	01:19:30	01:16:42	5331	Fit Runners	V35	260
5334	5998	Alexandra Palma	00:41:36	01:19:34	01:16:01	5308	CHEP Runners	V35	261
5335	3674	Catarina Rabça	00:39:53	01:19:38	01:17:50	5348		Junior	14
5336	6003	Inês Couto	00:40:16	01:19:39	01:17:04	5337		Senior	502
5337	3742	Joana Andrade	00:39:36	01:19:46	01:17:38	5343		V35	262
5338	3554	André Afonso	00:40:05	01:19:54	01:17:24	5341		Senior	941
5339	5930	Manuel Ferreira	00:38:55	01:19:57	01:19:23	5367		V55	249
5340	1154	Patricia Violante	00:40:46	01:20:02	01:16:18	5320	Corrupio	V35	263



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5341	1155	Carla Oliveira	00:40:47	01:20:02	01:16:18	5321	Corrupio	V35	264
5342	423	Maria Ribeiro	00:39:25	01:20:06	01:18:36	5357		V50	89
5343	5922	Liliana Sousa	00:40:07	01:20:09	01:16:11	5312	Montepia-mos	Senior	503
5344	1339	Sofia Hipolito	00:40:07	01:20:09	01:17:11	5338		Senior	504
5345	3754	Romana Pereira	00:41:48	01:20:10	01:16:18	5322		Senior	505
5346	3755	Carlos Pereira	00:41:48	01:20:11	01:16:17	5316		V35	755
5347	1118	Filipa Domingos	00:41:50	01:20:11	01:16:17	5317	Run4IceCream	Senior	506
5348	260	Alfredo Almeida	00:40:22	01:20:13	01:19:44	5379		V65	70
5349	2988	João Canaverde	00:39:42	01:20:13	01:16:31	5327		V40	790
5350	2318	Anysabel Afonso	00:39:55	01:20:13	01:18:02	5349	Ginásio Clube Português	V45	610
5351	6608	Ana Braz	00:39:54	01:20:15	01:16:47	5334		V35	265
5352	6767	Margarida Caetano	00:39:54	01:20:16	01:16:48	5335		Senior	507
5353	4419	Paula Sousa	00:39:54	01:20:30	01:19:35	5376	condores Varge Mondar	V45	147
5354	4892	Maria João	00:38:37	01:20:32	01:17:16	5340	Farmácia Alto da Eira / AVS	V50	90
5355	5224	Ana Rodrigues	00:44:08	01:20:34	01:16:56	5336	PowerBoost Club	Senior	508
5356	4300	Joel Ponte	00:35:57	01:20:35	01:19:29	5373	G.D. SantanderTotta	Senior	942
5357	4012	Rui Silva	00:40:07	01:20:41	01:18:20	5356	Link	Senior	943
5358	3020	Isabel Gomes	00:41:20	01:20:47	01:19:07	5364	Sanofi	V45	148
5359	2214	Joana Penão	00:40:08	01:20:56	01:17:42	5344	PERNAS DE PAU	Senior	509
5360	3472	António Marques	00:41:52	01:21:02	01:17:44	5345		V70	25



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5361	1098	Jose Arruda	00:43:07	01:21:12	01:17:47	5347	CONDOR	V65	71
5362	1097	Fock Wan	00:43:07	01:21:13	01:17:47	5346	CONDOR	V65	10
5363	5633	Ana Vieira	00:40:04	01:21:19	01:18:54	5359		V40	256
5364	5570	Abilio Martins	00:41:33	01:21:22	01:18:15	5353		V55	250
5365	6650	André Moraes	00:38:20	01:21:23	01:18:58	5362	PLMJ RUNNERS	Senior	944
5366	3000	Ricardo Dias	00:38:21	01:21:23	01:18:58	5363		Senior	945
5367	3064	Anabela Cardoso	00:40:49	01:21:25	01:20:59	5405	Maralves	V35	266
5368	3062	Rita Cardoso	00:40:48	01:21:25	01:20:59	5404	Maralves	V35	267
5369	2014	Cátia Almeida	00:39:21	01:21:25	01:19:55	5382	Há de chegar!	V35	268
5370	5774	Rui Guedes	00:40:11	01:21:29	01:19:23	5368	VdAtletas	V45	611
5371	5773	Sofia Vivas	00:40:11	01:21:31	01:19:25	5370	VdAtletas	Senior	510
5372	2006	Carla Sampaio	00:39:17	01:21:31	01:20:50	5400		V40	257
5373	1643	Cila Rosa	00:39:17	01:21:32	01:20:51	5402		V45	149
5374	6966	Paulo Alves	00:39:23	01:21:32	01:20:12	5392		V45	612
5375	5314	Luis Dias	00:43:25	01:21:40	01:20:50	5401		V45	613
5376	2526	Isabel Venancio	00:42:24	01:21:44	01:20:55	5403		V45	150
5377	2310	Filipa Cortez	00:40:38	01:21:46	01:19:47	5381	Super Lentos	Senior	511
5378	4107	João Girardi	00:44:01	01:21:53	01:18:08	5352	Verifone	V35	756
5379	708	Mariana Santos	00:40:30	01:21:55	01:19:41	5378	BP2SEA Runners	Senior	512
5380	1558	Maria Macedo	00:40:51	01:21:57	01:20:59	5406		V50	91



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5381	2328	Paulo Paixão	00:41:01	01:21:58	01:19:33	5374	CLUBE COLABORADORES AGEAS	V40	791
5382	2321	Catarina Morgado	00:41:00	01:21:59	01:19:34	5375	CLUBE COLABORADORES AGEAS	V35	269
5383	2465	Miguel Silva	00:41:44	01:22:10	01:20:13	5393	Farmácia Alto da Eira / AVS	Senior	946
5384	6146	Rosa Alves	00:40:52	01:22:12	01:19:45	5380		V35	270
5385	92	Alexandra Ribeiro	00:37:36	01:22:15	01:20:20	5394		V40	258
5386	28	Ana Paixão	00:37:36	01:22:16	01:20:21	5395		V40	259
5387	4917	Sofia Henriques	00:40:39	01:22:20	01:20:00	5389	ADRC Mata de Benfica	V35	271
5388	2061	Ludgero Caldeira	00:41:23	01:22:27	01:21:52	5416	Casa do Pessoal do IVA	V70	26
5389	3896	Mário França	00:41:34	01:22:39	01:18:56	5360		V55	251
5390	6931	Armando Lopes	00:41:33	01:22:39	01:18:56	5361		V55	252
5391	3665	Nelson Batista	00:39:08	01:22:39	01:19:29	5372		V35	757
5392	6298	Ana Martins	00:41:51	01:22:49	01:20:22	5396	GD BPI	V45	151
5393	3989	Elisabete Calado	00:41:18	01:22:53	01:19:25	5369	#VIEMOSSOBEBERCAFE	V35	272
5394	6634	Cristina Ventura	00:44:20	01:22:54	01:19:39	5377	Farmácia Alto da Eira / AVS	V45	152
5395	5230	Ana Almeida	00:41:52	01:22:54	01:19:21	5366	PowerBoost Club	Senior	513
5396	4170	Sara Repolho	00:40:25	01:22:57	01:21:26	5410	SOGMIP	Senior	514
5397	4168	Ana Corvo	00:40:25	01:22:57	01:21:27	5411	SOGMIP	V35	273
5398	340	Victor Silva	00:40:36	01:22:57	01:22:18	5422		V65	72
5399	2175	Carlos Ribeiro	00:43:11	01:23:16	01:19:27	5371		V60	157
5400	634	Sandra Rovisco	00:42:01	01:23:27	01:21:00	5407		V40	260



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5401	119	Claudia Colaço	00:42:02	01:23:27	01:21:00	5408	BRRnightRUNNERS	V35	274
5402	721	Isabel Antunes	00:42:22	01:23:30	01:21:44	5414	Sanofi	V50	92
5403	5994	Marcel Gonzalez	00:39:49	01:23:33	01:19:58	5384	CHEP Runners	V45	614
5404	5995	João Nogueira	00:42:14	01:23:33	01:19:58	5385	CHEP Runners	Senior	947
5405	5992	Ana Tavares	00:42:14	01:23:33	01:19:59	5387	CHEP Runners	V35	275
5406	5993	Nuno Santos	00:37:19	01:23:33	01:19:58	5386	CHEP Runners	V35	758
5407	6614	Helia Maia	00:42:14	01:23:33	01:19:58	5383	CHEP Runners	V40	261
5408	5996	Joao Pereira	00:37:19	01:23:35	01:20:00	5388	CHEP Runners	V35	759
5409	5473	Catia Coelho	00:43:29	01:23:38	01:20:08	5390	Os Macários	Senior	515
5410	4446	Teresa Macário	00:43:31	01:23:38	01:20:08	5391	Os Macários	Senior	516
5411	4231	Victor Pereira	00:39:08	01:23:45	01:23:11	5434	COLOQUIO	V50	360
5412	3972	Rita Macário	00:43:31	01:23:58	01:20:29	5398	Os Macários	Senior	517
5413	6909	Rute Pereira	00:42:54	01:24:07	01:22:47	5430	garehotelrning	Senior	518
5414	471	Natércia Correia	00:43:04	01:24:07	01:20:45	5399	Foz365	V40	262
5415	1522	Lina Lima	00:41:02	01:24:14	01:20:27	5397		V40	263
5416	1987	Dora Portugal	00:37:44	01:24:23	01:22:18	5421		V35	276
5417	6532	Luisa Zeller	00:42:13	01:24:33	01:21:58	5418		Senior	519
5418	2373	Joana Vinagre	00:41:32	01:24:47	01:21:30	5412	OneSight Portugal	V35	277
5419	5007	Tiago Almeida	00:43:14	01:24:52	01:21:05	5409		Senior	948
5420	5068	Filipa Correia	00:41:49	01:24:55	01:21:36	5413	Minions	Senior	520



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5421	5484	Teresa Esteves	00:42:05	01:24:56	01:22:31	5427		V35	278
5422	5789	Sergio Costa	00:41:00	01:25:03	01:22:11	5419	AON Portugal	V35	760
5423	5797	Luis Frago	00:42:25	01:25:04	01:22:12	5420	AON Portugal	Senior	949
5424	184	Francisco Freitas	00:43:06	01:25:07	01:23:51	5437		V65	73
5425	2666	Lucinda Henriques	00:42:06	01:25:11	01:23:30	5435		V65	11
5426	366	Luis Ameixa	00:43:40	01:25:26	01:22:18	5423		V45	615
5427	977	Cláudia Gonçalves	00:39:33	01:25:27	01:23:03	5432		V35	279
5428	5315	Vânia Lucas	00:45:04	01:25:45	01:21:48	5415		Senior	521
5429	3343	Moisés Rodrigues	00:42:56	01:25:51	01:22:30	5426	Pinguins do Arctic	V35	761
5430	2493	Maria Menino	00:42:20	01:25:51	01:21:53	5417	Encosta Team	Junior	15
5431	1806	Sofia Cardoso	00:43:43	01:25:58	01:24:28	5440		Junior	16
5432	1804	Isabel Abreu	00:43:43	01:25:59	01:24:29	5441		V45	153
5433	5319	Luisa Serra	00:41:19	01:26:08	01:24:57	5447		V45	154
5434	5968	Jorge Sobral	00:43:51	01:26:08	01:24:17	5438		V75	11
5435	1797	Mário Martins	00:43:21	01:26:14	01:22:21	5425		V40	792
5436	1796	Maria Antunes	00:43:21	01:26:14	01:22:20	5424		Senior	522
5437	5227	Susana Pinto	00:44:09	01:26:15	01:22:38	5428	PowerBoost Club	V35	280
5438	4768	Arlette Pontes	00:42:36	01:26:27	01:24:43	5445		V40	264
5439	5979	Joana Serra	00:45:15	01:26:32	01:23:07	5433		Senior	523
5440	5595	Roxana Penevici	00:43:41	01:26:37	01:25:55	5456		V35	281



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5441	5783	Miguel Mota	00:43:41	01:26:38	01:25:55	5455	ITEN@Montepio	V40	793
5442	67	Maria Pinto	00:45:04	01:26:38	01:22:42	5429		V50	93
5443	3403	Celeste Amado	00:43:40	01:26:44	01:25:06	5448	the Bolts	V55	35
5444	3404	Ana Gonçalves	00:43:51	01:26:47	01:25:09	5451	the Bolts	V45	155
5445	1139	Anabela Silva	00:44:05	01:26:58	01:23:34	5436	Cedime Power	Senior	524
5446	5317	Ana Gerales	00:45:11	01:26:59	01:23:02	5431		Senior	525
5447	2937	Cláudia Teles	00:41:50	01:27:28	01:26:23	5458		Senior	526
5448	6908	Maria Verginia	00:43:18	01:27:30	01:26:11	5457	garehotelrning	V55	36
5449	2249	Lina Garrucho	00:42:10	01:27:41	01:25:47	5454		V50	94
5450	5260	Margarida Monteiro	00:42:10	01:27:41	01:25:47	5453	Ao Ritmo das 200ppm	V50	95
5451	2932	Patrícia Borges	00:43:03	01:27:58	01:25:27	5452		V40	265
5452	2154	Inês Guerreiro	00:43:02	01:28:04	01:24:22	5439		Senior	527
5453	4099	Ana Pinho	00:45:47	01:28:13	01:24:32	5443	Verifone	Senior	528
5454	4105	Megan Williams	00:45:48	01:28:13	01:24:31	5442	Verifone	V40	266
5455	2498	Teresa Fernandes	00:45:32	01:28:44	01:24:44	5446	Encosta Team	V40	267
5456	2505	Ricardo Adão	00:45:33	01:28:44	01:24:43	5444	Encosta Team	V40	794
5457	1089	Paula Bengala	00:45:07	01:28:55	01:25:07	5449	Brave Runners	V35	282
5458	1088	Elsa Fonseca	00:45:08	01:28:55	01:25:07	5450	Brave Runners	V40	268
5459	1262	Ana Bastos	00:45:24	01:29:57	01:27:01	5463	CLUBE NOVO BANCO	V35	283
5460	1286	Maria Santos	00:45:24	01:29:57	01:27:02	5464	CLUBE NOVO BANCO	V45	156



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5461	5223	Sofia Nunes	00:46:23	01:30:04	01:26:26	5459	PowerBoost Club	Senior	529
5462	1132	Vanda Cabanas	00:45:52	01:30:11	01:26:56	5460	Farmácia Alto da Eira / AVS	V45	157
5463	1133	Maria Patrocinio	00:45:52	01:30:12	01:26:59	5462	Farmácia Alto da Eira / AVS	V50	96
5464	1266	Carla Raimundo	00:45:25	01:30:15	01:27:19	5466	CLUBE NOVO BANCO	V40	269
5465	2463	Ana Silva	00:45:51	01:30:23	01:27:57	5468	Farmácia Alto da Eira / AVS	V50	97
5466	6142	Maria Santos	00:43:56	01:30:24	01:27:25	5467		V60	19
5467	2822	Elisa Simão	00:46:25	01:30:28	01:27:14	5465	Rapidíssimos	V50	98
5468	1157	Cláudia Baião	00:44:17	01:30:34	01:26:56	5461	Corrupio	V35	284
5469	4967	Andreia Fernandes	00:45:24	01:30:35	01:29:03	5474		Senior	530
5470	4968	Carla Pereira	00:45:24	01:30:37	01:29:06	5475		V35	285
5471	5871	Carlos Oliveira	00:46:08	01:31:31	01:29:11	5477		V55	253
5472	5869	Rosário Macedo	00:46:08	01:31:31	01:29:10	5476		V55	37
5473	4079	Carla Silvestre	00:43:23	01:31:40	01:28:38	5470	Power Girls	Senior	531
5474	4163	Paulo Canário	00:42:37	01:31:41	01:30:09	5478	SOGMIP	V40	795
5475	4065	Emanuel Amaral	00:43:23	01:31:44	01:28:38	5469	Power Girls	Senior	950
5476	4073	Sandra Gomes	00:42:27	01:31:44	01:28:43	5471	Power Girls	Senior	532
5477	2265	Joana Pinto	00:43:32	01:32:08	01:28:54	5473	Cedime Power	V40	270
5478	3329	Amadeu Mendes	00:43:32	01:32:08	01:28:54	5472	Cedime Power	Senior	951
5479	3606	Manuel Ribeiro	00:45:22	01:33:11	01:32:27	5482		V45	616
5480	3943	Joëlle Dodémont	00:45:22	01:33:11	01:32:26	5481		V55	38



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
5481	3346	Rui Fonseca	00:47:12	01:34:28	01:31:12	5479	Pinguins do Arctic	V45	617
5482	6607	Ana Neves	00:49:05	01:35:26	01:31:59	5480		V35	286
5483	2647	Catarina Santos	00:48:07	01:35:41	01:35:22	5487	OS MARTINS	Junior	17
5484	2652	Emilia Martins	00:48:07	01:35:42	01:35:23	5488	OS MARTINS	V55	39
5485	2649	Helena Martins	00:48:07	01:35:42	01:35:24	5489	OS MARTINS	V55	40
5486	1129	Joana Nunes	00:49:10	01:37:15	01:34:01	5483	Cedime Power	Senior	533
5487	2264	Lígia Garcia	00:49:10	01:37:15	01:34:02	5484	Cedime Power	V45	158
5488	5232	Sofia Moura	00:51:58	01:37:59	01:34:59	5485	PowerBoost Club	V50	99
5489	5004	Sandra Silva	00:51:23	01:38:03	01:35:46	5490		V45	159
5490	4748	Maria Guerra	00:51:23	01:38:10	01:35:52	5491		V60	20
5491	4898	Silvia Inácio	00:43:47	01:38:15	01:36:32	5492	Run Surdos	V50	100
5492	4071	Rita Brito	00:50:24	01:38:19	01:35:15	5486	Power Girls	V55	41
5493	4713	Andresa Prates	00:51:45	01:40:56	01:39:30	5493		V35	287
5494	6697	Ilidio Santos	00:51:13	01:41:32	01:40:20	5496		V75	12
5495	6696	Maria Santos	00:51:13	01:41:32	01:40:21	5497		V60	21
5496	43	Nelson Coelho	00:43:08	01:42:52	01:42:41	5506		Senior	952
5497	360	Maria Moura	00:53:41	01:43:01	01:40:32	5500		Senior	534
5498	4085	Vanda Ferreira	00:49:08	01:43:07	01:40:01	5495	Power Girls	V45	160
5499	4169	Sara Conduto	00:51:57	01:43:11	01:41:37	5501	SOGMIP	Senior	535
5500	4174	Tiago Prazeres	00:51:57	01:43:11	01:41:38	5502	SOGMIP	V35	762



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5501	4702	Ricardo Marques	00:52:01	01:43:30	01:42:09	5505		Junior	50
5502	5231	Cátia Joia	00:52:00	01:43:32	01:40:32	5499	PowerBoost Club	Senior	536
5503	5233	Patrícia Martins	00:52:01	01:43:32	01:39:58	5494	PowerBoost Club	Senior	537
5504	1869	Nuno Guicho	00:52:07	01:43:34	01:41:44	5503		V35	763
5505	1870	Andreia Martinho	00:52:07	01:43:38	01:41:49	5504		V40	271
5506	4574	Hugo Parreira	00:53:27	01:43:38	01:40:30	5498		V35	764
5507	4603	Vanda Brito	00:52:27	01:45:31	01:44:27	5508	TEJAVISTA	V40	272
5508	2336	Carlos Carvalho	00:52:27	01:45:31	01:44:26	5507	Pump Runners	V45	618
5509	4842	Rute Reizinho	00:52:27	01:45:41	01:44:36	5509	TEJAVISTA	V35	288
5510	4896	David Inácio	00:54:01	01:46:33	01:44:51	5510	Run Surdos	Senior	953