

40° G.P. ATLETISMO  
**IMOSEGURO**  
 Cotovia Sesimbra - Luís Godinho

**16 NOV**  
**2019**

Class	Num	Nome	Sx	Idd	Pos Escal	T. Bruto	T. Líquido	Equipe
1	352	JOAO ANTUNES	M	30	1	00:31:34.94	00:31:34.94	CD S SALVADOR CAMPO
2	309	PEDRO ARSENIO	M	36	1	00:32:53.69	00:32:53.69	RUN TEJO
3	344	MARCO PINTO	M	28	2	00:34:25.37	00:34:25.37	UNIÃO DESPORTIVA DE ALFORNELOS
4	345	JEAN LUCAS	M	20	3	00:34:32.77	00:34:32.77	UNIÃO DESPORTIVA DE ALFORNELOS
5	341	RAFAEL CÂNDIDO	M	33	4	00:34:51.61	00:34:51.61	UNIÃO DESPORTIVA DE ALFORNELOS
6	222	RICARDO SOUSA	M	19	1	00:35:05.64	00:35:05.64	FUNDAÇÃO CEBI
7	233	BRUNO CARVALHO	M	40	1	00:35:15.81	00:35:15.81	FCR ROSSÃO
8	346	VITOR OLIVEIRA	M	30	5	00:35:35.07	00:35:35.07	VITORIA FC
9	339	FLAVIO SANTOS	M	23	6	00:35:35.31	00:35:35.31	FF PAZ MUNDIAL UNI
10	252	JOSÉ PARIS	M	46	1	00:35:55.71	00:35:55.71	CORRER LISBOA
11	240	CARLOS ALVES	M	53	1	00:36:04.47	00:36:04.47	BOAVISTA PICO DOS AÇORES
12	342	LUÍS CARDOSO	M	30	7	00:36:32.93	00:36:32.93	UNIÃO DESPORTIVA DE ALFORNELOS
13	357	ANTONIO MURTEIRA	M	51	2	00:36:51.97	00:36:51.97	CARRASCO E AMIGOS
14	296	NUNO SILVA	M	39	2	00:36:56.23	00:36:56.23	FF PAZ MUNDIAL UNI
15	313	JOSE TEIXEIRA	M	46	2	00:37:08.31	00:37:08.31	UNIÃO DESPORTIVA DE ALFORNELOS
16	298	ALEX TAVARES	M	39	3	00:37:30.51	00:37:30.51	FF PAZ MUNDIAL UNI
17	287	RUI HENRIQUES	M	46	3	00:37:39.73	00:37:39.73	FF PAZ MUNDIAL UNI
18	295	RUI HENRIQUES	M	40	2	00:37:55.18	00:37:55.18	FF PAZ MUNDIAL UNI
19	239	ALEXANDRE SOARES	M	57	1	00:38:18.79	00:38:18.79	BOAVISTA PICO DOS AÇORES
20	264	PAULO LOPES	M	50	3	00:38:28.74	00:38:28.74	CV VALE FIGUEIRA
21	261	AIRES PRATAS	M	64	1	00:38:44.37	00:38:44.37	CV VALE FIGUEIRA
22	234	RUI TEIXEIRA	M	42	3	00:38:52.82	00:38:52.82	FCR ROSSÃO
23	253	JOSÉ SILVA	M	46	4	00:39:00.43	00:39:00.43	CORRER LISBOA
24	304	RUI JORGE NEVES	M	50	4	00:39:07.86	00:39:07.86	GRUPO SÃO DOMINGOS
25	258	DANIEL VERISSIMO	M	37	4	00:39:21.75	00:39:21.75	CORRER LISBOA
26	305	DAVID SILVA	M	36	5	00:39:25.98	00:39:25.98	MUNDO DA CORRIDA
27	308	DUARTE COSTA	M	36	6	00:39:34.45	00:39:34.45	RUN FOR FRIENDS
28	232	ANTONIO MACHADO	M	49	5	00:39:50.41	00:39:50.41	FCR ROSSÃO
29	282	MARIO RODRIGUES	M	53	5	00:40:11.03	00:40:11.03	FF PAZ MUNDIAL UNI
30	326	JOSE MARCELINO	M	56	2	00:40:17.26	00:40:17.26	LINDA A PASTORA
31	337	JOANA FONSECA	F	32	1	00:40:21.37	00:40:21.37	CORRER LISBOA
32	268	JOSÉ LUIS PEREIRA	M	44	4	00:40:29.59	00:40:29.59	CV VALE FIGUEIRA
33	251	PAULO OLIVEIRA	M	51	6	00:40:32.54	00:40:32.54	CORRER LISBOA
34	256	ANTÓNIO MARTINHO	M	42	5	00:40:41.32	00:40:41.32	CORRER LISBOA
35	306	RUI PASTOR	M	47	6	00:40:52.55	00:40:52.55	PASTOR RACING

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36	263	JOSÉ DELFINO	M	58	3	00:41:08.06	00:41:08.06	CV VALE FIGUEIRA
37	273	GABRIEL GONÇALVES	M	64	2	00:41:08.77	00:41:08.77	DESPORTIVO DE CHELAS
38	257	CATIA NASCIMENTO	F	39	1	00:41:12.70	00:41:12.70	CORRER LISBOA
39	265	JOAO COVAS	M	60	3	00:41:13.14	00:41:13.14	CV VALE FIGUEIRA
40	321	NUNO RAMOS	M	38	7	00:41:15.09	00:41:15.09	
41	297	HELDER CONTRIN	M	39	8	00:41:41.59	00:41:41.59	FF PAZ MUNDIAL UNI
42	3	ARTUR ARAUJO	M	46	7	00:41:57.11	00:41:57.11	CA GALINHEIRAS
43	336	IVAN COSTA	M	31	8	00:41:59.80	00:41:59.80	CAMARA LISBOA CLUBE
44	1	JOSE SILVA	M	56	4	00:42:18.00	00:42:18.00	CA GALINHEIRAS
45	10	ANTÓNIO SOUSA	M	57	5	00:42:33.70	00:42:33.70	CA GALINHEIRAS
46	343	NUNO SANTOS	M	30	9	00:42:52.04	00:42:52.04	UNIÃO DESPORTIVA DE ALFORNELOS
47	355	FERNANDO CORREIA	M	54	7	00:42:57.91	00:42:57.91	CARRASCO E AMIGOS
48	274	JOSE SERRA	M	56	6	00:43:11.24	00:43:11.24	DESPORTIVO DE CHELAS
49	303	CARLOS MONTEIRO	M	59	7	00:43:14.96	00:43:14.96	GRUPO SÃO DOMINGOS
50	299	TIAGO QUITÉRIO	M	36	9	00:43:29.55	00:43:29.55	FF PAZ MUNDIAL UNI
51	259	PAULO NUNES	M	46	8	00:43:47.64	00:43:47.64	CORRER LISBOA
52	238	EDUARDO LUIS	M	41	6	00:43:54.23	00:43:54.23	ATÓMICOS
53	329	FERNANDO FERNANDES	M	64	4	00:44:09.29	00:44:09.29	ADL APELAÇONENSES
54	318	CARLOS ROSA	M	36	10	00:44:19.10	00:44:19.10	UNIÃO DESPORTIVA DE ALFORNELOS
55	231	CARLOS MACHADO	M	50	8	00:44:20.32	00:44:20.32	FCR ROSSÃO
56	320	JOSÉ AMARO	M	43	7	00:44:27.61	00:44:27.61	
57	366	ALVARO GOMES	M	46	9	00:44:37.64	00:44:37.64	
58	293	TOMAS SOUSA	M	43	8	00:44:39.36	00:44:39.36	FF PAZ MUNDIAL UNI
59	364	ANABELA CARVALHO	F	54	1	00:44:57.53	00:44:57.53	GRUPO SÃO DOMINGOS
60	275	AMERICO PIMENTA	M	53	9	00:45:03.93	00:45:03.93	DESPORTIVO DE CHELAS
61	294	OLGA ARAUJO	F	40	1	00:45:23.45	00:45:23.45	FF PAZ MUNDIAL UNI
62	292	HELENA MOREIRA	F	43	2	00:45:45.26	00:45:45.26	FF PAZ MUNDIAL UNI
63	360	MIGUEL BARRADAS	M	46	10	00:45:54.05	00:45:54.05	CORRER LISBOA
64	291	CARLA SANTOS	F	43	3	00:46:09.02	00:46:09.02	FF PAZ MUNDIAL UNI
65	246	JOSE GALVAO	M	53	10	00:46:11.82	00:46:11.82	CAMARA LISBOA CLUBE
66	354	JOSE CRUZ	M	45	11	00:46:57.29	00:46:57.29	
67	221	INÊS PINTO	F	18	1	00:47:11.71	00:47:11.71	SC REBOLEIRA E DAMAIA
68	289	PEDRO MONTEIRO	M	44	9	00:47:27.39	00:47:27.39	FF PAZ MUNDIAL UNI
69	363	INES MARQUES	F	42	4	00:47:42.76	00:47:42.76	FCR ROSSÃO
70	365	MARCO RODRIGO	M	43	10	00:47:44.48	00:47:44.48	CAMARA LISBOA CLUBE
71	255	SÓNIA NEVES	F	44	5	00:47:44.89	00:47:44.89	CORRER LISBOA

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72	316	PAULA CARDOSO	F	43	6	00:47:48.55	00:47:48.55	UNIÃO DESPORTIVA DE ALFORNELOS
73	281	RAUL SANTOS	M	61	5	00:47:49.76	00:47:49.76	FF PAZ MUNDIAL UNI
74	266	RUI MENDES	M	47	12	00:47:52.32	00:47:52.32	CV VALE FIGUEIRA
75	284	ANTONIO RAMOS	M	48	13	00:48:00.60	00:48:00.60	FF PAZ MUNDIAL UNI
76	283	ISABEL SANTOS	F	50	2	00:48:00.72	00:48:00.72	FF PAZ MUNDIAL UNI
77	7	JOÃO CARVALHO	M	26	10	00:48:08.29	00:48:08.29	CA GALINHEIRAS
78	362	MIGUEL LOPES	M	43	11	00:48:15.42	00:48:15.42	FCR ROSSÃO
79	276	CARLOS SÁ	M	48	14	00:48:43.35	00:48:43.35	DESPORTIVO DE CHELAS
80	250	JOÃO FERREIRA	M	60	6	00:48:43.78	00:48:43.78	CORRER LISBOA
81	349	MARIUS RUNCAN	M	20	11	00:48:52.23	00:48:52.23	ACR MEALHADA
82	5	FELICIDADE ROSA	F	40	7	00:48:52.39	00:48:52.39	CA GALINHEIRAS
83	307	JOSE ARTUR DIAS	M	41	12	00:49:03.83	00:49:03.83	RC SANTA CASA DE MISERICORDIA
84	324	RICARDO JORGE MENDES PENA BALDAIA	M	37	11	00:49:56.76	00:49:56.76	LXTRIATHLON
85	244	CARLOS SOUSA	M	43	13	00:50:05.00	00:50:05.00	CAMARA LISBOA CLUBE
86	353	FILIPA CARAPUÇO	F	41	8	00:50:11.51	00:50:11.51	
87	301	ANIBAL CARVALHO	M	68	1	00:50:17.32	00:50:17.32	GRUPO SÃO DOMINGOS
88	348	EMA TOMÉ	F	20	2	00:50:22.85	00:50:22.85	ACR MEALHADA
89	322	MARTA ADAO	F	42	9	00:50:26.77	00:50:26.77	RUN FOR FRIENDS
90	272	FERNANDO PAULO	M	66	2	00:50:30.47	00:50:30.47	DESPORTIVO DE CHELAS
91	277	ADRIANO COTRIN	M	78	1	00:50:46.45	00:50:46.45	FF PAZ MUNDIAL UNI
92	9	MARIA ORLETE MENDES	F	68	1	00:50:49.34	00:50:49.34	CA GALINHEIRAS
93	300	FERNANDO GUERREIRO	M	72	2	00:51:16.24	00:51:16.24	GRUPO SÃO DOMINGOS
94	260	JOSÉ LINDO	M	73	3	00:53:18.57	00:53:18.57	CV VALE FIGUEIRA
95	356	ANTONIO SANTOS	M	75	4	00:53:31.94	00:53:31.94	CARRASCO E AMIGOS
96	262	LÚCIO MORAIS	M	59	8	00:54:19.65	00:54:19.65	CV VALE FIGUEIRA
97	319	PAULA MACHADO	F	65	2	00:54:21.10	00:54:21.10	
98	315	ANTONIO CARDOSO	M	47	15	00:54:21.66	00:54:21.66	UNIÃO DESPORTIVA DE ALFORNELOS
99	302	ANTONIO PORTIJO	M	65	3	00:54:38.39	00:54:38.39	GRUPO SÃO DOMINGOS
100	358	FERNANDA CAMACHO	F	48	10	00:54:42.96	00:54:42.96	CARRASCO E AMIGOS
101	278	LEONEL PIRES	M	75	5	00:55:08.42	00:55:08.42	FF PAZ MUNDIAL UNI
102	2	MARIO PEREIRA	M	51	11	00:55:21.72	00:55:21.72	CA GALINHEIRAS
103	243	PAULA LEITÃO	F	45	11	00:55:42.51	00:55:42.51	CAMARA LISBOA CLUBE
104	8	GILBERTO GONÇALVES	M	70	6	00:56:18.67	00:56:18.67	CA GALINHEIRAS
105	249	TAM AFONSO	M	66	4	00:56:42.88	00:56:42.88	CCD TRANQUILIDADE
106	361	DAVID GALANTE	M	45	16	00:56:51.44	00:56:51.44	CORRER LISBOA
107	280	MERCEDES FONSECA	F	63	3	00:57:01.66	00:57:01.66	FF PAZ MUNDIAL UNI

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108	4	FÁTIMA COSTA	F	46	12	00:57:30.31	00:57:30.31	CA GALINHEIRAS
109	311	JOAQUIM DELGADO	M	61	7	00:57:55.42	00:57:55.42	UNIÃO DESPORTIVA DE ALFORNELOS
110	312	ANA ABREU	F	46	13	00:58:21.78	00:58:21.78	UNIÃO DESPORTIVA DE ALFORNELOS
111	248	ELISABETE ÁGUAS	F	54	3	00:59:14.98	00:59:14.98	CCD ALVITEJO
112	6	CATARINA ROCHA	F	27	3	00:59:31.50	00:59:31.50	CA GALINHEIRAS
113	367	PEDRO LUIS	M	36	12	01:00:52.84	01:00:52.84	
114	254	ELISABETE COSTA	F	45	14	01:00:58.56	01:00:58.56	CORRER LISBOA
115	241	CARLOS FERREIRA	M	56	9	01:08:34.53	01:08:34.53	CAMARA LISBOA CLUBE
116	338	JORGE COSTA	M	44	14	01:16:36.93	01:16:36.93	CORRER LISBOA
117	285	PAULO CARVALHO	M	48	17	01:21:07.78	01:21:07.78	FF PAZ MUNDIAL UNI
118	290	ANA VIEIRA	F	44	15	01:21:12.96	01:21:12.96	FF PAZ MUNDIAL UNI
119	310	FÁTIMA ABREU	F	70	4	01:21:27.07	01:21:27.07	UNIÃO DESPORTIVA DE ALFORNELOS
120	269	FRANCISCO MOUCHINHO	M	72	7	01:21:50.28	01:21:50.28	CV VALE FIGUEIRA

Total de registros: 120

## Benjamins A

Class	Num	Nome	Sx	Idd	Pos Sexo	T. Bruto	T. Líquido	Equipe
1	33	DIOGO MUGARRO	M	8	1	00:00:53.11	00:00:53.11	SC REBOLEIRA E DAMAIA
2	34	RAFAEL PEREIRA	M	8	2	00:00:58.00	00:00:58.00	CV VALE FIGUEIRA
3	42	TYARA SILVA	F	9	1	00:00:59.56	00:00:59.56	ACR MEALHADA
4	43	BEATRIZ MORAIS	F	8	2	00:01:02.07	00:01:02.07	ACR MEALHADA
5	41	EDUARDO GASPAR SOARES	M	8	3	00:01:03.01	00:01:03.01	LXTRIATHLON
6	29	VERÓNICA SANTOS	F	8	3	00:01:09.44	00:01:09.44	FF PAZ MUNDIAL UNI
7	45	CLARA GAGEIRO	F	7	4	00:01:11.64	00:01:11.64	ACR MEALHADA
8	44	LEONOR RODRIGUES	F	7	5	00:01:12.11	00:01:12.11	ACR MEALHADA
9	20	ALDNY SANTOS	M	9	4	00:01:12.77	00:01:12.77	CA GALINHEIRAS
10	47	RODRIGO RELVAS	M	6	5	00:01:15.62	00:01:15.62	ACR MEALHADA
11	39	NEILSON ALBERTINO SEMEDO	M	8	6	00:01:17.81	00:01:17.81	SC REBOLEIRA E DAMAIA
12	49	DIOGO ALEXANDRE	M	7	7	00:01:25.33	00:01:25.33	ADL APELAÇONENSES
13	46	GELSIANA GONGA	F	6	6	00:01:25.51	00:01:25.51	ACR MEALHADA

Total de registros: 13

## Benjamins B

Class	Num	Nome	Sx	Idd	Pos Sexo	T. Bruto	T. Líquido	Equipe
1	61	ÍRIS BORBA	F	11	1	00:02:30.77	00:02:30.77	FCR ROSSÃO

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2	82	ELIANE SOFIA TAVARES	F	10	2	00:02:31.86	00:02:31.86	ADL APELAÇONENSES
3	72	TIAGO MARTIN	M	11	1	00:02:36.35	00:02:36.35	DESPORTIVO DE CHELAS
4	12	SAMUEL OLIVEIRA	M	11	2	00:02:41.51	00:02:41.51	CA GALINHEIRAS
5	87	DANIELSON PONTE	M	10	3	00:02:48.83	00:02:48.83	CA GALINHEIRAS
6	84	GONÇALO ALEXANDRE MELO ANTUNES	M	10	4	00:02:50.44	00:02:50.44	ADL APELAÇONENSES
7	86	RAFAEL ALEXANDRE	M	10	5	00:02:54.63	00:02:54.63	ADL APELAÇONENSES
8	62	SOFIA MAIA	F	11	3	00:02:55.17	00:02:55.17	FCR ROSSÃO
9	88	ODIZIMAR RITA	M	11	6	00:02:56.10	00:02:56.10	CA GALINHEIRAS
10	13	MARIA GOMES	F	11	4	00:03:03.01	00:03:03.01	CA GALINHEIRAS
11	65	MARIA QUENDA	F	10	5	00:03:13.79	00:03:13.79	SC REBOLEIRA E DAMAIA
12	73	GABRIEL PINTO	M	11	7	00:03:16.96	00:03:16.96	CV VALE FIGUEIRA
13	83	FERNANDA ENCARNAÇÃO	F	10	6	00:03:35.86	00:03:35.86	ADL APELAÇONENSES
14	14	LARA ARAUJO	F	10	7	00:04:02.01	00:04:02.01	CA GALINHEIRAS
15	85	CECILIANO NEVES FERNANDES	M	10	8	00:04:11.92	00:04:11.92	ADL APELAÇONENSES

**Total de registros: 15**

## Infantis

Class	Num	Nome	Sx	Idd	Pos Sexo	T. Bruto	T. Líquido	Equipe
1	126	TOMÁS FIGUEIRAS	M	13	1	00:03:03.07	00:03:03.07	ACR MEALHADA
2	119	TOMÁS RODRIGUES	M	13	2	00:03:21.17	00:03:21.17	FUNDAÇÃO CEBI
3	117	NELSON MORGADO	M	13	3	00:03:29.28	00:03:29.28	GRUPO SÃO DOMINGOS
4	111	INÊS GONÇALVES	F	12	1	00:03:34.94	00:03:34.94	CV VALE FIGUEIRA
5	125	MANUEL PIRES DUARTE	M	12	4	00:03:35.43	00:03:35.43	LXTRIATHLON
6	121	GABRIEL ABRUNHOSA	M	12	5	00:03:37.08	00:03:37.08	FCR ROSSÃO
7	122	DIOGO PINHEIRO	M	12	6	00:03:38.54	00:03:38.54	CV VALE FIGUEIRA
8	102	CLÁUDIA VINAGRE	F	13	2	00:03:41.47	00:03:41.47	SC REBOLEIRA E DAMAIA
9	104	TAMARA CORREIA	F	13	3	00:03:45.07	00:03:45.07	SC REBOLEIRA E DAMAIA
10	115	SOFIA TAVARES	F	11	4	00:03:47.85	00:03:47.85	CV VALE FIGUEIRA
11	101	DANIELA FRANCO	F	12	5	00:03:48.69	00:03:48.69	SLBENFICA
12	135	SARA LARISSA MOREIRA TAVARES	F	11	6	00:03:52.45	00:03:52.45	ADL APELAÇONENSES
13	15	MARTA PINTO	F	13	7	00:03:57.08	00:03:57.08	CA GALINHEIRAS
14	134	DANIEL JOSÉ SANTOS	M	12	7	00:04:00.79	00:04:00.79	ADL APELAÇONENSES
15	112	BIANCA RIBEIRO	F	12	8	00:04:01.01	00:04:01.01	FUNDAÇÃO CEBI
16	120	MAXIMO POPOV	M	12	8	00:04:01.46	00:04:01.46	FUNDAÇÃO CEBI
17	123	MATIAS VIEIRA	M	12	9	00:04:01.70	00:04:01.70	FUNDAÇÃO CEBI
18	118	PEDRO FERREIRA	M	13	10	00:04:04.54	00:04:04.54	CV VALE FIGUEIRA

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19	107	LARA LIMA	F	13	9	00:04:12.14	00:04:12.14	SC REBOLEIRA E DAMAIA
20	127	RAQUEL FRANCISCO	F	12	10	00:04:16.96	00:04:16.96	ACR MEALHADA
21	105	LUCIA SILVA	F	13	11	00:04:28.52	00:04:28.52	DESPORTIVO DE CHELAS
22	114	BRUNA LOURENÇO	F	12	12	00:05:20.79	00:05:20.79	FCR ROSSÃO

Total de registros: 22

## Iniciados

Class	Num	Nome	Sx	Idd	Pos Sexo	T. Bruto	T. Líquido	Equipe
1	186	MIGUEL ANGELO	M	14	1	00:06:12.80	00:06:12.80	DESPORTIVO DE CHELAS
2	18	SILVINO MENDES	M	14	2	00:06:20.74	00:06:20.74	CA GALINHEIRAS
3	187	FABIO TEIXEIRA	M	14	3	00:06:27.74	00:06:27.74	UNIÃO DESPORTIVA DE ALFORNELOS
4	188	MARCO CONCEIÇÃO	M	14	4	00:06:51.21	00:06:51.21	UNIÃO DESPORTIVA DE ALFORNELOS
5	168	RITA TEIXEIRA	F	14	1	00:06:55.47	00:06:55.47	FUNDAÇÃO CEBI
6	178	CRISTIANO MARQUES	M	14	5	00:07:00.56	00:07:00.56	DESPORTIVO DE CHELAS
7	191	GUILHERME FERNANDES	M	14	6	00:07:06.43	00:07:06.43	ACR MEALHADA
8	175	ELIZANDRO VALENTIM T. RAFAEL	M	15	7	00:07:06.71	00:07:06.71	GRUPO SÃO DOMINGOS
9	176	JOÃO ALMEIDA	M	15	8	00:07:08.50	00:07:08.50	CV VALE FIGUEIRA
10	152	VIVIANA COSTA	F	15	2	00:07:08.65	00:07:08.65	DESPORTIVO DE CHELAS
11	193	DIOGO VIEGAS	M	14	9	00:07:11.75	00:07:11.75	ACR MEALHADA
12	172	GUILHERME CRUZ	M	14	10	00:07:20.10	00:07:20.10	SLBENFICA
13	17	CONSTANÇA MARCANJO	F	15	3	00:07:39.35	00:07:39.35	CA GALINHEIRAS
14	164	CATARINA PRATAS	F	14	4	00:07:46.14	00:07:46.14	FUNDAÇÃO CEBI
15	181	HUGO SIMÕES	M	14	11	00:07:46.19	00:07:46.19	CV VALE FIGUEIRA
16	197	JOSÉ ANTÓNIO MARQUES DURÃES SANTOS	M	14	12	00:07:55.70	00:07:55.70	ADL APELAÇONENSES
17	174	DIOCLECIO AVELINO C. SEBASTIÃO	M	15	13	00:07:56.55	00:07:56.55	GRUPO SÃO DOMINGOS
18	153	ELIANA COSTA	F	15	5	00:07:56.68	00:07:56.68	DESPORTIVO DE CHELAS
19	162	BEATRIZ CORREIA	F	15	6	00:07:59.57	00:07:59.57	DESPORTIVO DE CHELAS
20	196	SARA ALTURAS	F	13	7	00:08:01.37	00:08:01.37	ACR MEALHADA
21	192	JOANA SILVA	F	14	8	00:08:01.73	00:08:01.73	ACR MEALHADA
22	179	RAFAEL SALGADO	M	14	14	00:08:02.81	00:08:02.81	CV VALE FIGUEIRA
23	169	INÊS BALDÉ	F	14	9	00:08:11.67	00:08:11.67	SC REBOLEIRA E DAMAIA
24	167	FILIPA ARAUJO	F	14	10	00:08:33.40	00:08:33.40	DESPORTIVO DE CHELAS
25	195	ESTELA SILVA	F	13	11	00:08:57.71	00:08:57.71	ACR MEALHADA
26	170	TATIANA ROCHA	F	14	12	00:08:59.67	00:08:59.67	FCR ROSSÃO
27	160	CAROLINA TRAVASSOS	F	15	13	00:09:10.21	00:09:10.21	FUNDAÇÃO CEBI

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28	165	LETÍCIA FORTES	F	14	14	00:09:15.48	00:09:15.48	FUNDAÇÃO CEBI
29	16	GILANA SILVA	F	15	15	00:09:40.00	00:09:40.00	CA GALINHEIRAS
30	190	BEATRIZ PIRES	F	14	16	00:10:41.99	00:10:41.99	ACR MEALHADA
31	189	SARA SARMENTO	F	15	17	00:10:53.90	00:10:53.90	ACR MEALHADA
32	171	BEATRIZ CARDOSO	F	14	18	00:10:58.14	00:10:58.14	UNIÃO DESPORTIVA DE ALFORNELOS
33	19	RODRIGO MAIA	M	14	15	00:11:01.50	00:11:01.50	CA GALINHEIRAS

**Total de registros: 33**

## Juvenis

Class	Num	Nome	Sx	Idd	Pos Sexo	T. Bruto	T. Líquido	Equipe
1	212	ALEX VALADOR	M	16	1	00:10:57.29	00:10:57.29	CV VALE FIGUEIRA
2	217	BRUNO DJAU	M	15	2	00:12:08.03	00:12:08.03	ACR MEALHADA
3	203	RAFAELA MONTEIRO	F	16	1	00:14:15.73	00:14:15.73	SC REBOLEIRA E DAMAIA
4	211	DAVID NOGUEIRA	M	16	3	00:14:30.47	00:14:30.47	CV VALE FIGUEIRA
5	216	DAURIO BATATA	M	15	4	00:14:59.62	00:14:59.62	ACR MEALHADA
6	206	MÁRCIA ROSÁRIO	F	15	2	00:15:11.11	00:15:11.11	SC REBOLEIRA E DAMAIA
7	208	SUSANA SANTOS	F	16	3	00:15:13.38	00:15:13.38	FF PAZ MUNDIAL UNI
8	201	ANA SILVA	F	17	4	00:17:15.14	00:17:15.14	SC REBOLEIRA E DAMAIA
9	215	DIANA PEREIRA	F	16	5	00:18:02.37	00:18:02.37	ACR MEALHADA
10	207	RITA CARDOSO	F	17	6	00:18:11.41	00:18:11.41	UNIÃO DESPORTIVA DE ALFORNELOS

**Total de registros: 10**

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Class	Equipas	Total	Femininos										Masculos													
			Miudos					10Km					Miudos					10Km								
			Ben A	Ben B	Inf	Inic	Juv	F1819	F2034	F3539	F4049	F5059	F6099	Ben A	Ben B	Inf	Inic	Juv	M1819	M2034	M3539	M4044	M4549	M5054	M5559	M6064
1	FF PAZ MUNDIAL UNI	137	8			8			27	9	8							5	22	14	8	6		6		16
2	CV VALE FIGUEIRA	113			17							9	4	6	3	18			7		8	11	18			12
3	CA GALINHEIRAS	106		11	4	8		8	4		10	7	22		9		1			4			13			5
4	ACR MEALHADA	99	37		1	7	6	9				6		10	7	16										
5	SC REBOLEIRA E DAMAIA	78		6	19	2	26	10				15														
6	UNIÃO DESPORTIVA DE ALFORNELOS	76					5		5		7				15			30	1		9			4		
7	DESPORTIVO DE CHELAS	72				21							10		16							2	5	9	9	
8	CORRER LISBOA	70						10	10	6								7	6	21	5			5		
9	GRUPO SÃO DOMINGOS	60								10				8	4							7	4		18	9
10	FCR ROSSÃO	58		18					7					6					18	6	3					
11	ADL APELAÇONENSES	50		14	5							4	16	4										7		
12	FUNDAÇÃO CEBI	44			3	17								14			10									
13	CARRASCO E AMIGOS	21							1												13					7
14	BOAVISTA PICO DOS AÇORES	20																			10	10				
15	LXTRIATHLON	15										8		7												
16	CD S SALVADOR CAMPO	10																10								
17	RUN TEJO	10																	10							
18	LINDA A PASTORA	9																					9			
19	CCD ALVITEJO	8								8																
20	CAMARA LISBOA	7																3		1		1	2			



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	CLUBE																				
21	CCD TRANQUILIDADE	7																			7
22	RUN FOR FRIENDS	7				2									5						
23	SLBENFICA	7			6							1									
24	MUNDO DA CORRIDA	6													6						
25	VITORIA FC	6													6						
26	ATÓMICOS	5																		5	
27	PASTOR RACING	5																			5