

POS.	DORSAL	NOME	EQUIPA	TEMPO	DIFERENÇA
1	2	Romeu Gouveia	Salomon Suunto Portugal	01:58:54.123	00:00:00.000
2	1	Luís Duarte	Edv- Viana Trail	01:59:36.123	00:00:42.000
3	217	Vitor Cordeiro	Edv- Viana Trail	02:05:44.393	00:06:50.270
4	91	Diogo Pinheiro	Coimbra Trail Running	02:07:22.643	00:08:28.520
5	107	Alexandre Blasques	Coimbra Trail Running	02:10:48.903	00:11:54.780
6	22	Marco Campos	C. B. Viseu Running Team	02:13:03.907	00:14:09.784
7	45	Eduardo Moreira	Sc Povoense - Caracóis De Corrida	02:14:34.913	00:15:40.790
8	35	Filipe Garcia	C. B. Viseu Running Team	02:16:05.670	00:17:11.547
9	111	João Gonçalves	Individual	02:16:27.687	00:17:33.564
10	3	Guilherme Lourenço	Crp - Ribafria	02:16:28.427	00:17:34.304
11	118	Jorge Pereira	Ozxtreme/Adcr Pereira	02:16:43.423	00:17:49.300
12	39	Hélder Piedade	Ozxtreme/Adcr Pereira	02:17:20.423	00:18:26.300
13	196	Carlos Simões	Arsm- Associação Recreativa De S. Miguel	02:18:31.177	00:19:37.054
14	89	Armindo Antunes	Coimbra Trail Running	02:19:15.677	00:20:21.554
15	53	Pedro Mendes	Vikings Trail Runners / Ccr Alcabideque	02:19:41.930	00:20:47.807
16	193	David Amaral	Coimbra Trail Running	02:19:59.427	00:21:05.304
17	97	Nuno Veloso	Montanha Clube Trail Running / Efapel	02:22:06.443	00:23:12.320
18	78	Renato Ferreira	Coimbra Trail Running	02:22:28.940	00:23:34.817
19	88	Bruno Figueiredo	C. B. Viseu Running Team	02:23:07.437	00:24:13.314
20	129	Vitor Francisco	Individual	02:23:15.187	00:24:21.064
21	117	José Pereira	Ozxtreme/Adcr Pereira	02:24:22.943	00:25:28.820
22	93	Edgar Faria	Ozxtreme/Adcr Pereira	02:24:28.193	00:25:34.070
23	71	Jorge Duarte	Coimbra Trail Running	02:24:50.693	00:25:56.570
24	169	Álvaro Mano	Coimbra Trail Running	02:25:01.947	00:26:07.824
25	50	Renato Melo	Vikings Trail Runners / Ccr Alcabideque	02:25:14.700	00:26:20.577
26	42	Joze Ferreira	Coimbra Trail Running	02:26:46.957	00:27:52.834
27	108	José Fernandes	Runner'S Do Demo	02:27:23.087	00:28:28.964
28	162	Joaquim Baltazar	Arcd Venda Da Luísa	02:27:32.963	00:28:38.840
29	200	João Veríssimo	Ozxtreme/Adcr Pereira	02:27:38.200	00:28:44.077
30	138	Vasco Sousa	Coimbra Trail Running	02:27:51.703	00:28:57.580
31	195	Ricardo Aguiar	Sc Povoense - Caracóis De Corrida	02:29:17.457	00:30:23.334
32	57	Fernando Carvalho	Dr.Merino / 4Moove	02:29:24.957	00:30:30.834
33	44	Vítor Gomes	Flashover - Bvpenela	02:30:08.457	00:31:14.334
34	63	Pedro Rosa	Grupo Desportivo Da Parreira	02:30:38.957	00:31:44.834
35	79	Daniel Batata	Atletismo Clube Da Tocha	02:30:48.210	00:31:54.087
36	87	Nuno Vasconcelos	Coimbra Trail Running	02:30:48.707	00:31:54.584
37	205	João Ferreira	Coimbra Trail Running	02:31:07.207	00:32:13.084
38	83	Vitor Faim	Atletismo Clube Da Tocha	02:31:48.210	00:32:54.087
39	125	Hugo Simões	Adabem Running Team	02:31:50.963	00:32:56.840
40	62	Cláudio Roças	Dão Nelas Runners	02:31:52.963	00:32:58.840
41	94	José Santos	Sc Povoense - Caracóis De Corrida	02:32:29.713	00:33:35.590
42	123	Alex Tondela	Montanha Clube Trail Running / Efapel	02:33:10.967	00:34:16.844
43	15	Paulo GregoRio	Gteam	02:33:27.717	00:34:33.594
44	112	Fernando Carvalho	Ozxtreme/Adcr Pereira	02:33:37.727	00:34:43.604

POS.	DORSAL	NOME	EQUIPA	TEMPO	DIFERENÇA
45	103	Rodrigo Quintal	Sc Povoense - Caracóis De Corrida	02:33:45.217	00:34:51.094
46	106	José Santos	Sc Povoense - Caracóis De Corrida	02:33:45.967	00:34:51.844
47	185	André Costa	Vikings Trail Runners / Ccr Alcabideque	02:33:52.217	00:34:58.094
48	7	José Féteira	Arsm- Associação Recreativa De S. Miguel	02:33:56.717	00:35:02.594
49	143	Tiago Pêgo	Quiaios Run Team	02:34:07.220	00:35:13.097
50	31	Pedro Simões	Arsm- Associação Recreativa De S. Miguel	02:35:28.473	00:36:34.350
51	194	Carlos Correia	Ozxtreme/Adcr Pereira	02:35:28.973	00:36:34.850
52	163	Pedro Cardoso	Assscc Ar Livre E Aventura	02:36:23.223	00:37:29.100
53	66	Joel Martins	Cmm - Escaravelhos Team	02:36:41.977	00:37:47.854
54	98	João Rita	Grupo Desportivo Da Parreira	02:37:01.727	00:38:07.604
55	28	João Nepomuceno	Dá-Lhe Gás Team	02:37:09.977	00:38:15.854
56	141	João Silva	Acdrs Quinhendros	02:37:28.227	00:38:34.104
57	223	Nuno Neves	Arsm- Associação Recreativa De S. Miguel	02:37:37.483	00:38:43.360
58	198	Fausto Pimentel	Coimbra Trail Running	02:37:37.977	00:38:43.854
59	150	César Ramalho	Arcd Venda Da Luísa	02:38:43.730	00:39:49.607
60	9	Fernando Bastos	Montanha Clube Trail Running / Efapel	02:40:43.987	00:41:49.864
61	40	Ramiro Alves	Ozxtreme/Adcr Pereira	02:40:53.737	00:41:59.614
62	21	Tiago Costa	Formobike Btt & Trail Running	02:41:23.490	00:42:29.367
63	181	Vera Bernardo	Arcd Venda Da Luísa	02:42:57.243	00:44:03.120
64	49	João Amândio	Individual	02:42:57.743	00:44:03.620
65	47	Miguel Ribeiro	Sc Povoense - Caracóis De Corrida	02:42:57.743	00:44:03.620
66	72	Rodrigo Vieira	Dá-Lhe Gás Team	02:43:59.497	00:45:05.374
67	69	António Carvalho	Coimbra Trail Running	02:44:12.993	00:45:18.870
68	77	Jorge Serrazina	Ca Óbidos	02:45:21.497	00:46:27.374
69	37	Ricardo Silva	Atletismo Clube Da Tocha	02:45:21.757	00:46:27.634
70	199	Alcino Pereira	Clube Montanhismo Guarda	02:45:26.247	00:46:32.124
71	96	António Soares	Formobike Btt & Trail Running	02:46:14.510	00:47:20.387
72	172	Paulo Rodrigues	Arcd Venda Da Luísa	02:46:16.283	00:47:22.160
73	171	Pedro Morgado	Gdcr Lages	02:46:23.750	00:47:29.627
74	10	Bruno Martelo	Coimbra Trail Running	02:46:32.500	00:47:38.377
75	33	Nuno Bernardo	Formobike Btt & Trail Running	02:46:40.503	00:47:46.380
76	133	Paulo Carvalho	Coimbra Trail Running	02:47:13.507	00:48:19.384
77	192	Bruno Torreira	Acdrs Quinhendros	02:47:46.507	00:48:52.384
78	61	António Melo	Vikings Trail Runners / Ccr Alcabideque	02:47:56.007	00:49:01.884
79	156	Bruno Monteiro	C. B. Viseu Running Team	02:48:20.257	00:49:26.134
80	187	Tiago Matias	Vikings Trail Runners / Ccr Alcabideque	02:48:49.510	00:49:55.387
81	70	Romeu Outeiro	Sc Povoense - Caracóis De Corrida	02:49:39.293	00:50:45.170
82	203	Fátima Alendouro	Montanha Clube Trail Running / Efapel	02:50:02.010	00:51:07.887
83	26	João Pires	Adabem Running Team	02:50:30.290	00:51:36.167
84	134	José Zananar	Atletismo Clube Da Tocha	02:50:59.263	00:52:05.140
85	183	Paulo Baptista	Atletismo Clube Da Tocha	02:50:59.770	00:52:05.647
86	86	Alexandro Tarquini	Individual	02:51:32.767	00:52:38.644
87	213	Luis Caridade	Vikings Trail Runners / Ccr Alcabideque	02:51:35.267	00:52:41.144
88	100	Vasco Lopes	Grupo Desportivo Da Parreira	02:52:02.277	00:53:08.154

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89	144	João Rasteiro	C. B. Viseu Running Team	02:52:26.770	00:53:32.647
90	55	Sergio Freitas	Correio De Albergaria Trailrunning	02:53:39.153	00:54:45.030
91	90	Bárbara Fernandes	Montanha Clube Trail Running / Efapel	02:54:14.023	00:55:19.900
92	179	José Santos	Arcd Venda Da Luísa	02:54:26.777	00:55:32.654
93	208	Nuno Coutinho	Norte E Soure	02:54:52.030	00:55:57.907
94	51	José Coelho	Abutres	02:54:56.273	00:56:02.150
95	16	Luís Martins	O Mundo Da Corrida	02:55:18.277	00:56:24.154
96	85	Horácio Ferreira	Arsm- Associação Recreativa De S. Miguel	02:55:26.027	00:56:31.904
97	132	Eduardo Meireles	Umelga Runners	02:55:56.527	00:57:02.404
98	145	Artur Gandara	Arcd Venda Da Luísa	02:57:13.030	00:58:18.907
99	34	Pedro Mendes	Individual	02:57:18.780	00:58:24.657
100	174	Pedro Martins	Arcd Venda Da Luísa	02:57:50.033	00:58:55.910
101	27	Jose Dias	Dá-Lhe Gás Team	02:58:06.533	00:59:12.410
102	159	André Paiva	Farmácia Luciano E Matos	02:59:13.790	01:00:19.667
103	189	David Madeira	Pascoalitosadbarcouço	03:01:02.540	01:02:08.417
104	161	Tózé Serra	Acdrs Quinhendros	03:02:07.543	01:03:13.420
105	92	Sérgio Laranjeira	Individual	03:02:08.547	01:03:14.424
106	105	Nuno Gonçalves	Montanha Clube Trail Running / Efapel	03:02:33.547	01:03:39.424
107	52	Nuno Garcia	Dão Nelas Runners	03:03:18.047	01:04:23.924
108	4	Paulo Mendes	Dão Nelas Runners	03:03:31.550	01:04:37.427
109	73	Alvaro Pinheiro	Coimbra Trail Running	03:03:33.303	01:04:39.180
110	68	António Silva	Acdrs Quinhendros	03:03:39.550	01:04:45.427
111	209	João Costa	Montanha Clube Trail Running / Efapel	03:03:51.797	01:04:57.674
112	188	Renata Vinagre	Ozxtreme/Adcr Pereira	03:03:54.057	01:04:59.934
113	214	Jose Costa	Ozxtreme/Adcr Pereira	03:04:51.310	01:05:57.187
114	211	Rui Palrinhas	Flashover - Bvpenela	03:07:08.317	01:08:14.194
115	64	Luis Miranda	Aergois Trailrunning	03:07:46.560	01:08:52.437
116	140	Renato Carvalho	Adcr Polícia Judiciária	03:07:54.560	01:09:00.437
117	115	Lora Pereira	Acdrs Quinhendros	03:08:11.560	01:09:17.437
118	18	Luis Fernandes	Coimbra Trail Running	03:09:47.067	01:10:52.944
119	5	Pedro Cardoso	Individual	03:09:48.567	01:10:54.444
120	222	Catarina Alves	Coimbra Trail Running	03:09:59.317	01:11:05.194
121	182	Luísa Mesquita	Coimbra Trail Running	03:10:29.020	01:11:34.897
122	225	Humberto Sousa	Caminhar Ao Luar	03:10:30.820	01:11:36.697
123	95	Fernando Alhau	Holmes Place Coimbra	03:10:31.570	01:11:37.447
124	29	Laurentino Martins	Caminhar Ao Luar	03:10:33.317	01:11:39.194
125	8	Carlos Ferreira	Vikings Trail Runners / Ccr Alcabideque	03:11:14.570	01:12:20.447
126	121	Pedro Polonio	Montanha Clube Trail Running / Efapel	03:11:33.320	01:12:39.197
127	127	Gonçalo Vergueiro	Adabem Running Team	03:11:46.070	01:12:51.947
128	46	Sofia Areias	Ozxtreme/Adcr Pereira	03:13:27.583	01:14:33.460
129	153	Carlos Lopes	C. B. Viseu Running Team	03:14:19.087	01:15:24.964
130	220	José Henrique	Grupo Desportivo Da Parreira	03:14:22.240	01:15:28.117
131	116	André Ferreira	Grupo Desportivo Da Parreira	03:14:24.327	01:15:30.204
132	149	Carlos Quinteiro	Arcd Venda Da Luísa	03:15:02.080	01:16:07.957

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133	122	Renato Santos	Individual	03:15:10.827	01:16:16.704
134	146	Joao Cruz	Adabem Running Team	03:16:24.833	01:17:30.710
135	99	Sandra Arribança	Individual	03:17:49.587	01:18:55.464
136	36	Fernando Venda	Coimbra Trail Running	03:17:53.840	01:18:59.717
137	178	Sara Carvalho	Arcd Venda Da Luísa	03:18:45.597	01:19:51.474
138	170	Nelson Correia	Arcd Venda Da Luísa	03:18:45.600	01:19:51.477
139	160	Paulo Santos	Flashover - Bvpenela	03:18:53.590	01:19:59.467
140	41	Oscar Simões	Arsm- Associação Recreativa De S. Miguel	03:19:49.343	01:20:55.220
141	154	Pedro Rebelo	C. B. Viseu Running Team	03:20:20.847	01:21:26.724
142	32	Luis Oliveira	Grupo Desportivo Da Parreira	03:20:25.097	01:21:30.974
143	80	Sara Silva	Atletismo Clube Da Tocha	03:21:10.103	01:22:15.980
144	158	Joao Reis	Arcd Venda Da Luísa	03:21:25.600	01:22:31.477
145	180	Tiago Almeida	Arcd Venda Da Luísa	03:21:25.600	01:22:31.477
146	210	Luis Pereira	Cmm - Escaravelhos Team	03:22:55.600	01:24:01.477
147	13	Rui Gonçalves	Formobike Btt & Trail Running	03:23:31.853	01:24:37.730
148	120	José Eufrazio	Cluve	03:23:34.923	01:24:40.800
149	113	Ana Sereno	Individual	03:23:55.103	01:25:00.980
150	102	António Carvalho	C. B. Viseu Running Team	03:24:37.107	01:25:42.984
151	74	Magda Vieira	Individual	03:24:44.860	01:25:50.737
152	60	Fernando Fonseca	O Mundo Da Corrida	03:25:11.360	01:26:17.237
153	175	Luis Machado	Acdrs Quinhendros	03:25:39.110	01:26:44.987
154	202	Vitor Escada	Caminhar Ao Luar	03:26:37.863	01:27:43.740
155	142	André Antunes	Arcd Venda Da Luísa	03:26:37.863	01:27:43.740
156	221	Carla Soares	Arsm- Associação Recreativa De S. Miguel	03:32:17.127	01:33:23.004
157	167	Pedro Bandeira	Arsm- Associação Recreativa De S. Miguel	03:32:19.127	01:33:25.004
158	152	Elza Cordeiro	Arcd Venda Da Luísa	03:33:26.880	01:34:32.757
159	177	Rui Monteiro	Arcd Venda Da Luísa	03:33:27.630	01:34:33.507
160	168	Marco Oliveira	Arcd Venda Da Luísa	03:34:30.633	01:35:36.510
161	75	Filipe Costa	Individual	03:34:42.133	01:35:48.010
162	218	Cidália Oliveira	Acdrs Quinhendros	03:34:53.387	01:35:59.264
163	165	Liliane Vaz	Arcd Venda Da Luísa	03:35:36.387	01:36:42.264
164	197	João Carvalho	Casa Do Benfica De Arganil	03:37:10.897	01:38:16.774
165	19	João Fonseca	Individual	03:37:13.140	01:38:19.017
166	58	Isabel Trindade	O Mundo Da Corrida	03:38:53.647	01:39:59.524
167	173	Rosa Guardão	Acdrs Quinhendros	03:40:01.397	01:41:07.274
168	14	José Faria	Edv- Viana Trail	03:41:07.903	01:42:13.780
169	12	Mariana Ballester	Individual	03:41:08.403	01:42:14.280
170	82	Fábio Ferreira	Casa Jovase	03:41:23.403	01:42:29.280
171	84	Patricia Fernandes	Casa Jovase	03:41:30.153	01:42:36.030
172	147	Filipe Silva	Casa Jovase	03:42:45.907	01:43:51.784
173	6	Artur Freitas	Adm Ori-Mondego	03:43:53.410	01:44:59.287
174	11	Cristóvão Martins	Individual	03:47:17.433	01:48:23.310
175	137	Daniela Gonçalves	Vikings Trail Runners / Ccr Alcabideque	03:48:37.920	01:49:43.797
176	43	Fausto Carvalho	Arsm- Associação Recreativa De S. Miguel	03:48:38.677	01:49:44.554

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177	30	Ana Salsas	Individual	03:50:05.483	01:51:11.360
178	104	Pedro Oliveira	Grupo Desportivo Da Parreira	03:50:08.677	01:51:14.554
179	212	Catia Lopes	Ozxtreme/Adcr Pereira	03:50:45.177	01:51:51.054
180	186	Ricardo Santos	Escola De Atletismo De Coimbra/Intermarché Condeixa	03:51:10.180	01:52:16.057
181	204	Vitor Santos	Escola De Atletismo De Coimbra/Intermarché Condeixa	03:51:11.430	01:52:17.307
182	119	Joel Ginga	Montanha Clube Trail Running / Efapel	03:56:58.447	01:58:04.324
183	216	Rui Lopes	Ozxtreme/Adcr Pereira	03:58:56.700	02:00:02.577
184	24	David Silva	Farmácia Luciano E Matos	03:59:00.953	02:00:06.830
185	157	Mélanie Duarte	Farmácia Luciano E Matos	03:59:01.453	02:00:07.330
186	207	João Pinho	Coimbra Trail Running	04:02:15.957	02:03:21.834
187	128	Sara Pinheiro	Ozxtreme/Adcr Pereira	04:05:11.367	02:06:17.244
188	126	Inês Mendonça	Ozxtreme/Adcr Pereira	04:05:18.217	02:06:24.094
189	130	Inês Peres	Ozxtreme/Adcr Pereira	04:10:47.490	02:11:53.367
190	151	Cidália Canais	Arcd Venda Da Luísa	04:12:48.487	02:13:54.364
191	148	Carla Romeiro	Arcd Venda Da Luísa	04:12:49.317	02:13:55.194
192	166	Luísa Miranda	Arcd Venda Da Luísa	04:12:49.753	02:13:55.630
193	76	Jéssica Correia	Arcd Venda Da Luísa	04:12:49.763	02:13:55.640
194	136	Célia Santos	Arcd Venda Da Luísa	04:12:49.987	02:13:55.864
195	135	Carlos Canais	Arcd Venda Da Luísa	04:12:51.237	02:13:57.114
196	48	Paulo Faria	Individual	04:17:26.757	02:18:32.634
197	25	Manuel Jorge	Farmácia Luciano E Matos	04:17:26.760	02:18:32.637
198	59	Céu Santos	O Mundo Da Corrida	04:31:47.540	02:32:53.417
199	56	Fernando Luis	O Mundo Da Corrida	04:31:48.217	02:32:54.094
200	191	Ricardo Dias	Team Pernetas	04:43:40.823	02:44:46.700
201	101	Hélder Monteiro	Team Pernetas	04:43:46.577	02:44:52.454
202	109	Nuno Maia	Team Pernetas	04:43:46.823	02:44:52.700