

RULES

Please read carefully the rules for using all SPA equipment.

Please Keep Quiet.

Towels, bathrobes and slippers are available for customers.

Mobile phone use is not allowed.

It is forbidden to smoke, eat and consume alcoholic beverages inside all SPA facilities.

The Hotel Management is not responsible for any damage or loss of personal items brought to the SPA.

The delay in arriving of any treatment, will limit the respective duration, thus reducing the satisfaction and full enjoyment and benefit of it.

The treatment value may change without prior notice.

We recommend arriving **30 minutes before** the appointment to fill in the client form.

We suggest taking a shower before the treatment.

Hotel Lusitano

R. Gil Vicente, nº4 | 2150-193 Golegã

Tel: 962 144 722 / 249 979 170

spa@hotellusitano.com

www.hotellusitano.com

10/2024



Puro
spa

BODY & FACE
TREATMENT Menu

FACIAL TREATMENTS

Custom Skin (60min) Specific treatment that is exclusively for your skin's needs.	65,00 €
Treatment for Adolescents (60min) Combat skin imperfections, in an anti-inflammatory action calming irritations and mitigating skin eruptions.	60,00 €
Regulating Tallow (60min) It rebalances the pH, regulating sebaceous secretion and helping to purify the skin. Ideal for imperfections and dilated pores, preventing and reducing acne lesions.	75.00 €
Lifting (75min) Specific treatment designed to stimulate, tone and firm the skin with marine actives and regenerating action.	80,00 €
Anti-age Treatment (75min) Treatment with natural actives that accelerate cell renewal, acting on dehydration, imperfections, fine lines and wrinkles, delaying aging.	75,00 €
Oxygenant Treatment for Men (75min) Promotes detoxification, moisturizing the skin.	75,00 €

BODY TREATMENTS

Lymphatic Drainage (60min) Massage technique that improves blood circulation and the lymphatic system.	65,00 €
Draining/Modeling Massage (60min) Intense and energetic massage, combined with draining movements that shape, firm the tissue and define the body.	65,00 €
Pure Exfoliating Friction (45min) Olive stone peeling, lavender and shea butter, with body hydration and relaxation massage.	60,00 €
Seaweed Therapy (60min) Detoxifying, nourishing and anti-stress full body treatment based on iodine-free seaweed.	80,00 €
Mineralizing Involvement (90min) Fights fluid retention, poor circulation and edema.	115,00 €

RELAXING MASSAGE

Pure Lavender Massage (60min) Pure Lavender Massage (90min) Full body massage, involving the skull, arms, legs and back with long, draining movements that induce relaxation. Lavender oil is used.	75,00 € 105,00 €
Signature Massage (60min) Signature Massage (90min) Full body massage, involving the abdomen, arms, legs and back with kneading movements focusing on muscle tension. Sweet orange and rosemary oil are used.	75,00 € 105,00 €
Mind & Body (60min) Therapeutic massage with a poultice of various seaweeds and oils, relieving muscle tension, fatigue, stress, giving balance to body and mind.	75,00 €
Satori Massage (75min) Massage with pindas neuro sedative, herbal medicines and essential oils.	85,00 €
Candelles Massage (60min) Massage with soft and delicate movements for deep relaxation, with shea butter, cocoa and heated noble oils.	85,00 €
Vinotherapy (60min) Anti-oxidant and relaxing massage with red vine oil and peeling of Cabernet Sauvignon and chardonnay.	85,00 €
Hot Stone Massage (75min) Massage indicated to relax muscle tension, relieving pain and providing well-being.	95,00 €
Localized Massage (30min) – Back or Legs Vigorous massage that acts on tension points, relieving fatigue and discomfort.	50,00 €
Foot Massage (30min) Hot water bath with Epsom Salt (magnesium sulphate), and a relaxation massage.	40,00 €
Craniofacial Massage (30min) Relaxation massage involving the skull, neck and shoulders.	40,00 €
Kids Massage (20min) It relaxes the body, reducing anxiety, providing greater tranquility and improving sleep quality.	30,00 €

See our "Special Pregnant Menu" and advice on our **postpartum** treatments.