

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	673	Sergio Sa	Águias De Alvelos	05:34:06.027	00:00:00.000
2	574	Mário Elson	Nast - Núcleo Associativo De Santo Tirso	05:40:10.533	00:06:04.506
3	697	Rafael Cruz	Oralklass - Amigos Do Trail	06:04:57.070	00:30:51.043
4	695	João Nogueira	Oralklass - Amigos Do Trail	06:15:56.337	00:41:50.310
5	704	Pedro Rocha	Retorta - Quinta Das Arcas	06:23:02.600	00:48:56.573
6	683	Mimmi Kotka	Salomon International	06:23:30.850	00:49:24.823
7	582	António Freitas	Nast - Núcleo Associativo De Santo Tirso	06:24:10.350	00:50:04.323
8	583	Nelson Teixeira	Nast - Núcleo Associativo De Santo Tirso	06:44:01.880	01:09:55.853
9	620	Carlos Peixoto	Amigos Da Montanha	06:50:16.637	01:16:10.610
10	547	Samuel Castro	Outdoor Clube De Setubal - Strendure Running Team	06:51:42.890	01:17:36.863
11	650	Joel Pinto	Taylors	06:57:23.650	01:23:17.623
12	525	Nuno Vaz	Fisiosátão	07:02:22.413	01:28:16.386
13	535	Leonardo Leonardo	Caracóis De Pedra	07:11:39.667	01:37:33.640
14	703	Vítor Costa	Adatrailrunning	07:14:22.927	01:40:16.900
15	502	Pedro Costa	Douroconta	07:20:41.183	01:46:35.156
16	651	Ramin Madani	Eli	07:27:11.690	01:53:05.663
17	669	José Barros	Compressport Portugal	07:27:11.947	01:53:05.920
18	578	Fernando Carvalho	Nos Acreditamos	07:31:59.697	01:57:53.670
19	541	Bernardino Pinto	Sim - Summit	07:38:32.467	02:04:26.440
20	664	Telmo Urceira	#Objetivotrail	07:38:34.210	02:04:28.183
21	661	Oscar Rodrigues	Oralklass - Amigos Do Trail	07:39:11.210	02:05:05.183
22	693	Filipe Braz	Moloni Running Team	07:39:29.957	02:05:23.930
23	691	Elísio Gonçalves	Individual	07:39:43.707	02:05:37.680
24	598	Bruno Pereira	O Que Queremos É Monte	07:45:25.963	02:11:19.936
25	655	Miguel Ferreira	Lion Runners - G. D. Leões Da Guarda	07:47:15.720	02:13:09.693
26	622	Francisco Fontelo	Padela Natural Team - Fisiofreixo	07:47:43.967	02:13:37.940
27	628	Ricardo Nunes	Fridão Sem Limites	07:49:19.973	02:15:13.946
28	629	Andreia Almeida	Fridão Sem Limites	07:49:20.223	02:15:14.196
29	594	Ricardo Neto	Soure Mov	07:50:51.223	02:16:45.196
30	565	Bruno Martelo	Individual	07:51:09.973	02:17:03.946
31	639	Fernando Silva	Alexandra Carvalho Team	07:52:26.977	02:18:20.950
32	660	Norberto Fernandes	Tabernadamouraria/Latrattoriadipaolo Trail Team	07:55:02.483	02:20:56.456
33	557	Jose Miguel	Salamanca Raids&Trails	07:55:16.480	02:21:10.453
34	552	Nélson Sousa	Paredes Aventura	07:57:46.230	02:23:40.203
35	577	Jose Pinto	Nos Acreditamos	07:57:51.733	02:23:45.706
36	607	Pablo Camacho	Individual	08:00:46.023	02:26:39.996
37	677	Pedro Silva	Clube Millennium Bcp	08:02:15.737	02:28:09.710
38	514	Andre Pinheiro	Individual	08:05:27.947	02:31:21.920
39	579	Francisco Lemos	Nos Acreditamos	08:07:57.493	02:33:51.466
40	618	Rui Soares	Padela Natural Team - Fisiofreixo	08:09:13.747	02:35:07.720
41	528	Márcio Teixeira	Fridão Sem Limites	08:12:23.250	02:38:17.223
42	551	Luis Dias	Águias Da Freita	08:13:08.250	02:39:02.223
43	652	Pedro Lopes	Edv - Viana Trail	08:13:41.250	02:39:35.223
44	633	Leonardo Maia	Minho Aventura	08:16:09.753	02:42:03.726

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
45	576	Nuno Correia	Individual	08:19:03.757	02:44:57.730
46	706	Guy Illingworth	Individual	08:21:22.760	02:47:16.733
47	690	André Costa	Vikingstrailrunners/Crcalcabideque	08:27:04.517	02:52:58.490
48	559	Ricardo Pimenta	Ker Sport Trail Running	08:27:27.527	02:53:21.500
49	588	Alberto Silva	Crocodilos / Misterpc	08:28:55.767	02:54:49.740
50	605	Domingos Teixeira	Individual	08:29:53.273	02:55:47.246
51	531	Luis Martinez	Cdm Vértice	08:31:07.523	02:57:01.496
52	595	Ricardo Silva	Abutres	08:31:53.280	02:57:47.253
53	638	Joao Afonso	Alexandra Carvalho Team	08:35:07.277	03:01:01.250
54	625	Sérgio Silva	Runriver	08:37:59.283	03:03:53.256
55	530	Henrique Carvalho	Não Fazemos Nem Mais Um... Km	08:42:04.287	03:07:58.260
56	563	Luís Sá	Lion Runners - G. D. Leões Da Guarda	08:42:59.537	03:08:53.510
57	626	José Sá	Lion Runners - G. D. Leões Da Guarda	08:43:00.037	03:08:54.010
58	649	Jose Costa	Oralklass - Amigos Do Trail	08:44:04.287	03:09:58.260
59	630	Carlos Pedrinhas	Amigos Da Montanha	08:44:53.043	03:10:47.016
60	684	Ghislain Trabichet	Individual	08:45:39.043	03:11:33.016
61	558	Nuno Duarte	Pimentinhas	08:45:53.307	03:11:47.280
62	570	Fernando Calo	Individual	08:46:18.793	03:12:12.766
63	632	André Reis	Monsanto Running Team	08:49:46.797	03:15:40.770
64	560	Adriano Ferreira	O Que Queremos É Monte	08:50:23.047	03:16:17.020
65	642	Miguel Marques	Ca Barreira	08:51:36.550	03:17:30.523
66	609	José Silva	Ecobarcaventura	08:57:19.830	03:23:13.803
67	549	Jorge Silva	Rock The Mountains	08:57:30.060	03:23:24.033
68	701	Ricardo Conde	Boavista Trail	08:57:47.557	03:23:41.530
69	653	Miguel Ribeiro	Scpovoense-Caracóis De Corrida	08:58:14.810	03:24:08.783
70	539	Daniel Pinto	Comdor Runners	08:58:41.810	03:24:35.783
71	506	Vitor Cancela	Individual	09:00:14.317	03:26:08.290
72	503	Carlos Almeida	Runners Do Demo	09:03:01.067	03:28:55.040
73	529	Luis Baptista	Runners Do Demo	09:03:02.353	03:28:56.326
74	544	Tiago Portela	Alexandra Carvalho Team	09:04:45.570	03:30:39.543
75	516	José Silva	Alexandra Carvalho Team	09:04:46.567	03:30:40.540
76	700	Daniel Santos	Adatrailrunning	09:05:01.320	03:30:55.293
77	612	Laroussi Mohamed	Individual	09:05:04.570	03:30:58.543
78	546	Fabio Santos	Hospital De Santa Maria - Porto	09:06:11.820	03:32:05.793
79	635	Tiago Amorim	Budeguita Runners	09:10:15.827	03:36:09.800
80	608	Manuel Dias	Ecobarcaventura	09:10:52.337	03:36:46.310
81	573	Mário Encarnação	Individual	09:13:58.833	03:39:52.806
82	591	Fernando Jorge	Boavista Trail	09:15:10.583	03:41:04.556
83	665	Luis Teixeira	Budeguita Runners	09:18:44.840	03:44:38.813
84	648	Maria Santos	Outdoor Clube De Setubal - Strendure Running Team	09:19:31.850	03:45:25.823
85	647	Pedro Meneses	Clube Efacec	09:19:33.590	03:45:27.563
86	688	Eurico Joao	Freerunners	09:19:47.847	03:45:41.820
87	543	Hugo Couto	Comdor Runners	09:19:57.343	03:45:51.316
88	658	Luis Santos	"Trailistas""Eu É Que Sei!""	09:22:06.097	03:48:00.070

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
89	670	Luís Ribeiro	Compressport Portugal	09:25:28.103	03:51:22.076
90	668	Diogo Matos	Compressport Portugal	09:25:28.600	03:51:22.573
91	694	Luís Vieira	Moloni Running Team	09:29:27.107	03:55:21.080
92	644	Catarina Silva	Bruxos Runners	09:29:55.357	03:55:49.330
93	676	João Silva	Clube Millennium Bcp	09:33:44.863	03:59:38.836
94	587	Rogério Abreu	A. D. Carril #Oquequeremosémonte	09:37:05.370	04:02:59.343
95	550	Adriano Pimentel	Caracóis De Pedra	09:37:21.623	04:03:15.596
96	689	Emanuel Cabeça	Individual	09:39:09.870	04:05:03.843
97	575	David Camelo	Running Espinho	09:39:18.623	04:05:12.596
98	602	Tiago Zeller	Individual	09:45:56.883	04:11:50.856
99	513	Luis Pinto	Fridão Sem Limites	09:46:46.637	04:12:40.610
100	571	Gustavo Teixeira	Kikas Team	09:46:46.883	04:12:40.856
101	580	António Martins	Aztrail/Mercentro	09:56:52.900	04:22:46.873
102	623	Fernando Costa	Figueira Kayak Club	09:57:05.907	04:22:59.880
103	619	Gonzalo Mateos	Matinams Per Somiar	09:58:58.403	04:24:52.376
104	537	Alexandra Carvalho	Alexandra Carvalho Team	09:59:03.900	04:24:57.873
105	614	Heifa Bouslama	Individual	10:06:48.413	04:32:42.386
106	624	Marcelo Ribeiro	MI Mix Run	10:07:26.663	04:33:20.636
107	572	João Marques	Coimbra Trail Running	10:12:56.923	04:38:50.896
108	681	Eduardo Ferreira	Clube Millennium Bcp	10:14:39.180	04:40:33.153
109	663	Neville Suzman	Cignon	10:14:39.180	04:40:33.153
110	674	Pedro Salgueiro	Douro Land	10:14:50.677	04:40:44.650
111	617	David Sousa	Individual	10:17:30.430	04:43:24.403
112	589	António Coelho	Moreira Relax Runners	10:17:46.930	04:43:40.903
113	685	Hugo Duarte	Stamina Trail Runners	10:19:40.433	04:45:34.406
114	542	Paulo Araújo	A.D. Sebolido Trail Boneca Douro	10:20:51.193	04:46:45.166
115	611	Miguel Rêgo	Ecobarcaventura	10:21:42.937	04:47:36.910
116	597	Miguel Ribeiro	Les Big Mecs	10:23:04.940	04:48:58.913
117	692	António Neto	Scalabis Night Runners	10:23:34.440	04:49:28.413
118	593	Pedro Gonçalves	Individual	10:24:22.440	04:50:16.413
119	504	António Lopes	Trail Runners Da Ponte	10:27:27.697	04:53:21.670
120	640	Luis Torres	Comdor Runners	10:29:43.450	04:55:37.423
121	621	Rodrigo Lopes	Clube De Atletismo De Ferreira Do Zêzere	10:33:57.457	04:59:51.430
122	527	Mariana Braga	Monsanto Running Team	10:34:03.207	04:59:57.180
123	526	Miguel Duarte	Monsanto Running Team	10:34:04.457	04:59:58.430
124	657	Avelino Faria	"Trailistas""Eu É Que Sei!""	10:41:13.467	05:07:07.440
125	631	Joaquim Oliveira	Individual	10:41:31.980	05:07:25.953
126	662	Christian Maibohm	Individual	10:43:24.227	05:09:18.200
127	585	César Lobo	A. D. Carril #Oquequeremosémonte	10:43:24.227	05:09:18.200
128	590	Vitor Costa	A. D. Carril #Oquequeremosémonte	10:43:24.723	05:09:18.696
129	634	Sérgio Sota	Individual	10:56:23.247	05:22:17.220
130	524	Pedro Vilela	Individual	10:56:23.250	05:22:17.223
131	520	João Cunha	Ad Marco 09	10:58:03.000	05:23:56.973
132	515	Jorge Sousa	Individual	10:58:33.500	05:24:27.473

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
133	518	Viviana Ribeiro	Crp Ribafria	11:02:21.007	05:28:14.980
134	554	Luis Ribeiro	Individual	11:02:21.257	05:28:15.230
135	678	Fernando Rodrigues	Clube Millennium Bcp	11:02:51.757	05:28:45.730
136	562	Nicolas Maillard	Traileurs En Cotentin	11:06:44.017	05:32:37.990
137	532	Solange Cabral	Alexandra Carvalho Team	11:07:32.767	05:33:26.740
138	581	Tiago Silva	Aztrail/Mercentro	11:09:11.270	05:35:05.243
139	682	Filipe Barosa	Individual	11:16:04.033	05:41:58.006
140	519	Rui Melo	Atlético Desportivo De São Pedro	11:19:46.540	05:45:40.513
141	616	Cláudia Pinto	Boavista Trail	11:22:55.047	05:48:49.020
142	603	Armindo Dinis	Profisio Team	11:22:55.050	05:48:49.023
143	643	Esmeralda Melo	Figueira Kayak Club	11:24:29.800	05:50:23.773
144	568	Regula Lacher	Eth Zurich	11:32:07.067	05:58:01.040
145	569	Juraj Hromkovic	Eth Zurich	11:32:07.317	05:58:01.290
146	509	Carlos Borralho	Individual	11:38:54.580	06:04:48.553
147	556	Cristiana Martins	Team Lantemil	11:43:19.093	06:09:13.066
148	610	Luís Vale	Team Lantemil	11:43:19.340	06:09:13.313
149	596	Jorge Cruz	Individual	11:44:54.593	06:10:48.566
150	548	Pedro Barros	Noatum Shipping Agency Running Team	11:44:55.097	06:10:49.070
151	675	Tiago Salgueiro	Douro Land	12:05:16.383	06:31:10.356
152	512	Alexandre Ribeiro	Guimarunning	12:05:17.637	06:31:11.610
153	533	Pedro Ferreira	Individual	12:05:46.887	06:31:40.860
154	592	Vitor Santos	Factor X / S4I / Medense Fc	12:05:48.387	06:31:42.360
155	510	Isabel Santos	Mountain Climbers	13:14:43.783	07:40:37.756
156	517	Dora Komlos	Individual	13:15:10.533	07:41:04.506
157	564	Bruno Pinheiro	Individual	13:15:22.033	07:41:16.006
158	702	Raquel Vasconcelos	No Tomorrow Running Team	13:15:30.787	07:41:24.760
159	710	Ana Barroso	No Tomorrow Running Team	13:15:33.537	07:41:27.510

**RESULTADOS EM DIRETO****Etapas**

Marão

**Percursos**

UTM

**Escalões**

MSENIORES

**Local**

Chegada

**Total**

60

POS.	DORSAL	NOME	EQUIPA	TEMPO
1	673	<a href="#">Sergio Sa</a>	Águias De Alvelos	05:
2	574	<a href="#">Mário Elson</a>	Nast - Núcleo Associativo De Santo Tirso	05:
3	697	<a href="#">Rafael Cruz</a>	Oralklass - Amigos Do Trail	06:
4	695	<a href="#">João Nogueira</a>	Oralklass - Amigos Do Trail	06:
5	704	<a href="#">Pedro Rocha</a>	Retorta - Quinta Das Arcas	06:
6	583	<a href="#">Nelson Teixeira</a>	Nast - Núcleo Associativo De Santo Tirso	06:
7	547	<a href="#">Samuel Castro</a>	Outdoor Clube De Setubal - Strendure Running Team	06:
8	650	<a href="#">Joel Pinto</a>	Taylors	06:
9	525	<a href="#">Nuno Vaz</a>	Fisiosátão	07:

POS.	DORSAL	NOME	EQUIPA	TEI
10	669	<a href="#">José Barros</a>	Compressport Portugal	07:
11	541	<a href="#">Bernardino Pinto</a>	Sim - Summit	07:
12	598	<a href="#">Bruno Pereira</a>	O Que Queremos É Monte	07:
13	628	<a href="#">Ricardo Nunes</a>	Fridão Sem Limites	07:
14	660	<a href="#">Norberto Fernandes</a>	Tabernadamouraria/Latrattoriadipaolo Trail Team	07:
15	577	<a href="#">Jose Pinto</a>	Nos Acreditamos	07:
16	607	<a href="#">Pablo Camacho</a>	Individual	08:
17	618	<a href="#">Rui Soares</a>	Padela Natural Team - Fisiofreixo	08:
18	551	<a href="#">Luis Dias</a>	Águias Da Freita	08:
19	652	<a href="#">Pedro Lopes</a>	Edv - Viana Trail	08:
20	633	<a href="#">Leonardo Maia</a>	Minho Aventura	08:
21	576	<a href="#">Nuno Correia</a>	Individual	08:
22	690	<a href="#">André Costa</a>	Vikingstrailrunners/Ccralcabideque	08:
23	588	<a href="#">Alberto Silva</a>	Crocodilos / Misterpc	08:
24	595	<a href="#">Ricardo Silva</a>	Abutres	08:
25	530	<a href="#">Henrique Carvalho</a>	Não Fazemos Nem Mais Um... Km	08:
26	684	<a href="#">Ghislain Trabichet</a>	Individual	08:
27	632	<a href="#">André Reis</a>	Monsanto Running Team	08:
28	560	<a href="#">Adriano Ferreira</a>	O Que Queremos É Monte	08:
29	701	<a href="#">Ricardo Conde</a>	Boavista Trail	08:
30	539	<a href="#">Daniel Pinto</a>	Comdor Runners	08:
31	503	<a href="#">Carlos Almeida</a>	Runners Do Demo	09:
32	529	<a href="#">Luis Baptista</a>	Runners Do Demo	09:
33	544	<a href="#">Tiago Portela</a>	Alexandra Carvalho Team	09:
34	700	<a href="#">Daniel Santos</a>	Adatrailrunning	09:
35	612	<a href="#">Laroussi Mohamed</a>	Individual	09:

POS.	DORSAL	NOME	EQUIPA	TEMPO
36	546	<a href="#">Fabio Santos</a>	Hospital De Santa Maria - Porto	09:
37	573	<a href="#">Mário Encarnação</a>	Individual	09:
38	688	<a href="#">Eurico Joao</a>	Freerunners	09:
39	543	<a href="#">Hugo Couto</a>	Comdor Runners	09:
40	670	<a href="#">Luís Ribeiro</a>	Compressport Portugal	09:
41	668	<a href="#">Diogo Matos</a>	Compressport Portugal	09:
42	550	<a href="#">Adriano Pimentel</a>	Caracóis De Pedra	09:
43	575	<a href="#">David Camelo</a>	Running Espinho	09:
44	513	<a href="#">Luis Pinto</a>	Fridão Sem Limites	09:
45	571	<a href="#">Gustavo Teixeira</a>	Kikas Team	09:
46	580	<a href="#">António Martins</a>	Aztrail/Mercentro	09:
47	674	<a href="#">Pedro Salgueiro</a>	Douro Land	10:
48	542	<a href="#">Paulo Araújo</a>	A.D. Sebolido Trail Boneca Douro	10:
49	597	<a href="#">Miguel Ribeiro</a>	Les Big Mecs	10:
50	504	<a href="#">António Lopes</a>	Trail Runners Da Ponte	10:
51	590	<a href="#">Vitor Costa</a>	A. D. Carril #Oquequeremosémonte	10:
52	520	<a href="#">João Cunha</a>	Ad Marco 09	10:
53	562	<a href="#">Nicolas Maillard</a>	Traileurs En Cotentin	11:
54	581	<a href="#">Tiago Silva</a>	Aztrail/Mercentro	11:
55	682	<a href="#">Filipe Barosa</a>	Individual	11:
56	675	<a href="#">Tiago Salgueiro</a>	Douro Land	12:
57	512	<a href="#">Alexandre Ribeiro</a>	Guimarunning	12:
58	533	<a href="#">Pedro Ferreira</a>	Individual	12:
59	592	<a href="#">Vitor Santos</a>	Factor X / S4I / Medense Fc	12:
60	564	<a href="#">Bruno Pinheiro</a>	Individual	13:





**RESULTADOS EM DIRETO****Etap**

Marão

**Percorso**

UTM

**Escalão**

FSENIORES

**Local**

Chegada

**Total**

6

POS.	DORSAL	NOME	EQUIPA	TEN
1	683	<a href="#">Mimmi Kotka</a>	Salomon International	06:2
2	629	<a href="#">Andreia Almeida</a>	Fridão Sem Limites	07:4
3	648	<a href="#">Maria Santos</a>	Outdoor Clube De Setubal - Strendure Running Team	09:1
4	614	<a href="#">Heifa Bouslama</a>	Individual	10:0
5	518	<a href="#">Viviana Ribeiro</a>	Crp Ribafria	11:0
6	556	<a href="#">Cristiana Martins</a>	Team Lantermil	11:4



