

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	121	SAMUEL BARATA	M	20		00:31:31	00:31:29	SL BENFICA
2	1018	HELIO FUMO	M	31		00:31:43	00:31:41	JOMA
3	25	VASCO A A PESSOA	M	25		00:32:32	00:32:31	DESMOR
4	26	BRUNO P MATHEUS	M	27		00:32:35	00:32:34	DESMOR
5	304	FILIPE AZEVEDO	M	21		00:33:08	00:33:05	CD AGUIAS ALPIARÇA
6	717	NUNO CARPINTEIRO	M	31		00:33:39	00:33:37	INDIVIDUAL
7	897	JOAO FERREIRA	M	37		00:34:20	00:34:18	GARMIN CO OEIRAS
8	402	PEDRO MAIA	M	40		00:34:21	00:34:19	AA MAFRA
9	900	JOSE MOREIRA	M	38		00:34:26	00:34:24	GARMIN CO OEIRAS
10	115	JOAO INOCENCIO	M	43		00:34:33	00:34:31	A VALE SILENCIO
11	825	JORGE PINA	M	37		00:35:20	00:35:19	A JORGE PINA
12	829	PAULO RAMOS	M	51		00:35:24	00:35:23	A JORGE PINA
13	807	ANTONIO SOUSA	M	43		00:35:28	00:35:27	GF RUNNING
14	116	LUIS SANTOS	M	31		00:35:28	00:35:26	A VALE SILENCIO
15	809	LUIS LIMA	M	42		00:35:29	00:35:28	INDIVIDUAL
16	953	ERNESTO FERREIRA	M	43		00:35:29	00:35:29	GDF RUNNING
17	294	RICARDO CALADO	M	19		00:35:37	00:35:34	CD AGUIAS ALPIARÇA
18	594	DIOGO BAENA	M	30		00:35:39	00:35:36	INDIVIDUAL
19	213	PEDRO MESTRE	M	42		00:35:49	00:35:45	INDIVIDUAL
20	351	PAULO ALVES	M	36		00:35:51	00:35:49	INDIVIDUAL
21	302	RAFAEL RIBEIRO	M	20		00:35:59	00:35:55	CD AGUIAS ALPIARÇA
22	300	DAVID LUIS	M	18		00:35:59	00:35:55	CD AGUIAS ALPIARÇA
23	290	ANA FILIPA SANTOS	F	32		00:36:18	00:36:17	CD AGUIAS ALPIARÇA
24	974	JOSE FERREIRA	M	41		00:36:19	00:36:18	WIKABOO
25	975	JOAQUIM MACHADO	M	42		00:36:19	00:36:17	WIKABOO
26	166	PEDRO M MACHADO	M	28		00:36:30	00:36:18	INDIVIDUAL
27	985	MIGUEL TEIXEIRA	M	39		00:36:32	00:36:29	WIKABOO
28	804	NUNO VAZ	M	31		00:36:36	00:36:31	INDIVIDUAL
29	165	MANUEL MASCARENHAS	M	30		00:36:37	00:36:35	INDIVIDUAL
30	1012	RUI OLIVEIRA	M	43		00:36:41	00:36:40	AÇOREANA C BANIF
31	85	JOAO GONÇALVES	M	36		00:36:42	00:36:41	RB RUNNING
32	566	CLAUDIO C RIBEIRO	M	36		00:36:42	00:36:39	INDIVIDUAL
33	82	MARCELO G COSTA	M	22		00:36:45	00:36:40	INDIVIDUAL
34	301	RUI TENRINHO	M	20		00:36:50	00:36:50	CD AGUIAS ALPIARÇA
35	957	JOAO ANDARDE	M	47		00:36:53	00:36:52	GDF RUNNING
36	50	RICARDO CABO	M	24		00:36:55	00:36:52	INDIVIDUAL
37	134	HUMBERTO VIAIS	M	51		00:36:56	00:36:51	C FERROV PORTUGAL
38	718	LEONARDO NUNES	M	18		00:37:08	00:37:07	INDIVIDUAL
39	530	RICARDO JORDÃO	M	31		00:37:10	00:37:08	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
40	223	GONÇALO J CALDEIRA	M	18		00:37:13	00:37:07	OS CALDEIRA'S
41	795	ADOLFO LEAL	M	46		00:37:13	00:37:06	REST O CARTAXEIRO
42	962	LUIS PEREIRA	M	47		00:37:19	00:37:18	GDF RUNNING
43	955	FERNANDO PEREIRA	M	40		00:37:32	00:37:31	GDF RUNNING
44	1	NUNO SOARES	M	32		00:37:40	00:37:40	INDIVIDUAL
45	834	ANTONIO PINHEIRO	M	42		00:37:54	00:37:53	A JORGE PINA
46	293	NUNO LIMA	M	19		00:37:58	00:37:55	CD AGUIAS ALPIARÇA
47	113	AURELIO AGUIAR	M	58		00:38:02	00:38:02	A VALE SILENCIO
48	948	RUI HENRIQUES	M	34		00:38:05	00:38:02	SS MONTEPIO GERAL
49	428	HUGO REIS	M	36		00:38:09	00:38:07	GD INE
50	23	PAMELLA N OLIVEIRA	F	26		00:38:13	00:38:11	DESMOR
51	27	WESLEY R MATOS	M	26		00:38:14	00:38:12	DESMOR
52	22	SERGIO F SANTOS	M	44		00:38:14	00:38:12	DESMOR
53	862	DANIEL ANTUNES	M	52		00:38:23	00:38:23	CÂMARA L CLUBE
54	30	LUIS BARBOSA	M	43		00:38:26	00:38:22	INDIVIDUAL
55	410	PEDRO A MARQUES	M	38		00:38:27	00:38:21	GD CHELAS
56	722	NUNO RAPOSO	M	37		00:38:27	00:38:21	INDIVIDUAL
57	1008	MARIO GOMES	M	43		00:38:37	00:38:34	AÇOREANA C BANIF
58	314	JOSE M CORREIA	M	47		00:38:37	00:38:34	INDIVIDUAL
59	864	LICINIO FIDALGO	M	54		00:38:38	00:38:32	CÂMARA L CLUBE
60	877	FERNANDO CANDEIAS	M	42		00:38:40	00:38:35	SS CGD
61	429	MARCO OLIVEIRA	M	41		00:38:44	00:38:34	GD INE
62	679	DIOGO RAMALHEIRA	M	26		00:38:49	00:38:46	INDIVIDUAL
63	706	RUI COELHO	M	36		00:38:50	00:38:39	INDIVIDUAL
64	964	PEDRO SOBRAL	M	35		00:38:54	00:38:46	GDF RUNNING
65	736	JOAO PLÁCIDO	M	28		00:38:56	00:38:41	INDIVIDUAL
66	982	ANTONIO LEMOS	M	55		00:38:59	00:38:49	WIKABOO
67	971	JORGE GONÇALVES	M	44		00:39:01	00:38:51	WIKABOO
68	689	GUILHERME VICENTE	M	35		00:39:07	00:39:06	INDIVIDUAL
69	956	HUGO PINTO	M	35		00:39:11	00:39:07	GDF RUNNING
70	833	RICARDO MESTRE	M	42		00:39:12	00:39:10	A JORGE PINA
71	835	CARLOS FERNANDES	M	45		00:39:14	00:39:12	A JORGE PINA
72	909	BRUNO GITAO	M	38		00:39:18	00:39:18	GD SANTANDER TOTTA
73	620	JOSE ESTEVES	M	48		00:39:20	00:39:16	INDIVIDUAL
74	979	NUNO BARRADAS	M	49		00:39:21	00:39:01	WIKABOO
75	995	ANDRE QUARENTA	M	43		00:39:23	00:39:19	AÇOREANA C BANIF
76	857	IVO NOGUEIRA	M	27		00:39:24	00:39:14	CÂMARA L CLUBE
77	474	MARCOS A PEREIRA	M	58		00:39:26	00:39:17	INDIVIDUAL
78	528	LUIS PAULO	M	47		00:39:33	00:39:24	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
79	873	PEDRO S GONÇALVES	M	31		00:39:34	00:39:25	RB RUNNING
80	788	TIAGO ALVES	M	30		00:39:34	00:39:32	INDIVIDUAL
81	278	JOSE SILVA	M	50		00:39:36	00:39:30	ODIMARK
82	62	JOAO PASTOR	M	41		00:39:38	00:39:34	AA MAFRA
83	45	GONÇALO FERREIRA	M	40		00:39:41	00:39:39	INDIVIDUAL
84	527	LEONARDO A CABACEIRA	M	18		00:39:41	00:39:39	INDIVIDUAL
85	178	CARLOS OLIVEIRA	M	44		00:39:53	00:39:45	INDIVIDUAL
86	951	ANTONIO FIGUIEREDO	M	33		00:39:53	00:39:49	GDF RUNNING
87	311	JOAQUIM E OLIVEIRA	M	47		00:40:02	00:39:58	INDIVIDUAL
88	440	ADOLFO LOUREIRO	M	61		00:40:04	00:40:02	C PRAÇAS ARMADA
89	215	OSCAR M R SANTOS	M	56		00:40:06	00:39:57	CCDT MUN ODIVELAS
90	117	RUI ALMEIDA	M	37		00:40:16	00:40:10	A VALE SILENCIO
91	214	JOSE C S MOREIRA	M	37		00:40:18	00:40:17	CCDT MUN ODIVELAS
92	966	VICTOR CARVALHO	M	52		00:40:20	00:40:15	GDF RUNNING
93	289	JOÃO PEIXINHO	M	20		00:40:20	00:40:16	CD AGUIAS ALPIARÇA
94	724	PEDRO PEREIRA	M	43		00:40:25	00:39:59	AA MAFRA
95	541	ANTONIO CARDOSO	M	46		00:40:31	00:40:26	INDIVIDUAL
96	637	GONÇALO VICENTE	M	35		00:40:33	00:40:07	INDIVIDUAL
97	295	HUGO AGUIAR	M	40		00:40:37	00:40:32	CD AGUIAS ALPIARÇA
98	655	MANUEL TAVARES	M	41		00:40:37	00:40:33	INDIVIDUAL
99	768	CARLOS M D C P PATO	M	42		00:40:39	00:40:12	A PUPILOS EXÉRCITO
100	1025	JOSE ABRANTES	M	42		00:40:39	00:40:12	A PUPILOS EXÉRCITO
101	797	HUGO LUZ	M	38		00:40:43	00:40:36	REST O CARTAXEIRO
102	989	GONÇALO CARDOSO	M	41		00:40:48	00:40:08	WIKABOO
103	616	CONSTANTINO ARAUJO	M	46		00:40:52	00:40:37	SC REBOLEIRA DAMAIA
104	986	SANDRA TEIXEIRA	F	40		00:40:54	00:40:14	WIKABOO
105	509	MIGUEL T SOUSA	M	38		00:40:58	00:40:53	C COLAB AXA
106	732	VITOR NOVAIS	M	37		00:40:59	00:40:31	GAA VILA FRANCA XIRA
107	973	BRUNO FERNANDES	M	41		00:41:01	00:40:56	WIKABOO
108	344	JOAO P SERODIO	M	35		00:41:02	00:40:37	INDIVIDUAL
109	1006	LUCIA OLIVEIRA	F	34		00:41:03	00:41:00	AÇOREANA C BANIF
110	812	BRUNO LUÍS	M	34		00:41:05	00:40:48	INDIVIDUAL
111	625	JOAO LOURENÇO	M	33		00:41:11	00:40:45	INDIVIDUAL
112	500	JOAO PEREIRA	M	40		00:41:12	00:40:55	CCD CA MUTUO
113	705	PEDRO F PEREIRA	M	38		00:41:13	00:40:58	INDIVIDUAL
114	720	DIOGO GONÇALVES	M	19		00:41:14	00:41:05	INDIVIDUAL
115	967	VITOR SOUSA	M	40		00:41:16	00:41:11	GDF RUNNING
116	36	HUGO M M F SILVA	M	27		00:41:22	00:41:15	INDIVIDUAL
117	260	RICARDO CUNHA	M	27		00:41:25	00:41:02	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
118	978	BRUNO SOUSA	M	38		00:41:27	00:40:50	WIKABOO
119	299	SARA TENRINHO	F	20		00:41:29	00:41:25	CD AGUIAS ALPIARÇA
120	2	CARLOS HENRIQUES	M	29		00:41:29	00:41:29	O MUNDO CORRIDA
121	766	LUIS M A ALMEIDA	M	42		00:41:31	00:41:04	A PUIPILOS EXÉRCITO
122	828	PAULO NEVES	M	48		00:41:34	00:41:30	A JORGE PINA
123	24	HEE J KIM	F	23		00:41:40	00:41:36	DESMOR
124	1030	JOAO AFONSO	M	38		00:41:42	00:41:17	INDIVIDUAL
125	783	EDUARDO LAGOA	M	46		00:41:44	00:41:40	CCDT METRO LX
126	568	MIGUEL PAULINO	M	20		00:41:48	00:41:43	AMIGOS PENICHE
127	208	ROMÃO PEDROSO	M	27		00:41:50	00:41:42	OS AMIGOS DA KIKA
128	618	VITOR LEBRE	M	39		00:41:50	00:41:47	INDIVIDUAL
129	577	NELSON GOMES	M	34		00:41:51	00:41:43	INDIVIDUAL
130	600	JOSE L NOBRE	M	50		00:41:53	00:41:35	SFUAP
131	761	JOAO P F CEGONHO	M	35		00:41:53	00:41:45	INDIVIDUAL
132	387	LUÍS VALINHO	M	27		00:41:54	00:41:44	INDIVIDUAL
133	1011	RICARDO ALVES	M	31		00:41:54	00:41:39	AÇOREANA C BANIF
134	885	NUNO ABREU	M	38		00:42:02	00:41:54	SS CGD
135	965	VALTER OLIVEIRA	M	36		00:42:03	00:41:56	GDF RUNNING
136	954	FERNANDO LOPES	M	43		00:42:03	00:41:40	GDF RUNNING
137	298	ANDREIA FERRUM	F	20		00:42:05	00:42:03	CD AGUIAS ALPIARÇA
138	811	RUI MONTEIRO	M	30		00:42:06	00:41:49	INDIVIDUAL
139	177	VITOR MARQUES	M	44		00:42:10	00:42:02	INDIVIDUAL
140	778	JOSE L SANTOS	M	44		00:42:12	00:41:49	CCDT METRO LX
141	796	FERNANDO CARREIRO	M	52		00:42:15	00:41:51	REST O CARTAXEIRO
142	376	VITOR PEREIRA	M	26		00:42:15	00:42:08	INDIVIDUAL
143	19	VASCO S TAVARES	M	37		00:42:15	00:41:33	ATLETAS EDSARIANOS
144	465	JOSE SERRA	M	50		00:42:21	00:42:15	GD CHELAS
145	682	MANUEL VAZ	M	54		00:42:24	00:42:19	INDIVIDUAL
146	731	MAURO PIMENTA	M	37		00:42:25	00:41:56	GAA VILA FRANCA XIRA
147	701	ANTÓNIO CASACA	M	52		00:42:29	00:42:19	INDIVIDUAL
148	991	LUIS GRILO	M	46		00:42:32	00:41:52	WIKABOO
149	733	FERNANDO ALMEIDA	M	35		00:42:32	00:42:22	INDIVIDUAL
150	767	LUIS M D F BARRETO	M	42		00:42:36	00:42:28	A PUIPILOS EXÉRCITO
151	958	JOAO BARBOSA	M	40		00:42:40	00:42:34	GDF RUNNING
152	415	PAULO CARDOSO	M	51		00:42:41	00:42:40	GD CHELAS
153	856	SERGIO LOPES	M	35		00:42:41	00:42:04	CÂMARA L CLUBE
154	324	JOAO CALDAS	M	48		00:42:41	00:42:28	ND AUTOCOOPE
155	408	CARLOS RODRIGUES	M	41		00:42:47	00:42:40	GD CHELAS
156	612	JOAO BARBADO	M	45		00:42:50	00:42:31	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
157	65	JOAO GOMES	M	41		00:42:50	00:42:36	AA MAFRA
158	668	PEDRO COSTA LIMA	M	47		00:42:51	00:42:48	INDIVIDUAL
159	993	ALEXANDRA ALVES	F	31		00:42:52	00:42:50	AÇOREANA C BANIF
160	296	ALEXANDRA SANTOS	F	20		00:42:52	00:42:48	CD AGUIAS ALPIARÇA
161	135	PAULO J F C A BORGES	M	27		00:42:53	00:42:28	INDIVIDUAL
162	740	JOSE A VARELA	M	40		00:42:58	00:42:48	INDIVIDUAL
163	1015	VIRGILIO MADEIRA	M	54		00:43:02	00:42:51	AÇOREANA C BANIF
164	439	MARIO LOURENÇO	M	48		00:43:03	00:43:00	C PRAÇAS ARMADA
165	363	FERNANDO ANACLETO	M	62		00:43:06	00:43:00	INDIVIDUAL
166	933	RUI MARTINS	M	58		00:43:07	00:43:05	GD SANTANDER TOTTA
167	430	NUNO VALENTE	M	37		00:43:07	00:42:57	GD INE
168	507	ANTONIO R PEREIRA	M	51		00:43:08	00:43:06	C COLAB AXA
169	623	HUGO GOMES	M	38		00:43:08	00:43:00	INDIVIDUAL
170	520	PEDRO PIRES	M	49		00:43:09	00:42:44	AA LEBRES SADO
171	432	PEDRO MOREIRA	M	40		00:43:16	00:43:08	GD INE
172	496	NUNO C CARVALHO	M	30		00:43:18	00:42:52	INDIVIDUAL
173	114	HERNANI MONTEIRO	M	53		00:43:19	00:43:12	A VALE SILENCIO
174	282	PAULO SANTOS	M	41		00:43:20	00:43:01	INDIVIDUAL
175	565	MIGUEL MENEZES	M	41		00:43:21	00:42:51	INDIVIDUAL
176	484	HENRIQUE FERREIRA	M	42		00:43:21	00:43:06	URD ARRANHO
177	832	CARLOS FERREIRA	M	48		00:43:22	00:43:03	A JORGE PINA
178	328	TIAGO TELES	M	29		00:43:23	00:43:16	ND AUTOCOOPE
179	548	BRUNO NEVES	M	33		00:43:23	00:43:06	PI-LINHA RUNNERS
180	349	JULIANA RODRIGUES	F	27		00:43:25	00:43:05	SO PRA DESPORTIVAR
181	370	ANTONIO M F PEREIRA	M	53		00:43:27	00:43:19	INDIVIDUAL
182	1027	JOSE NUNES	M	45		00:43:27	00:43:20	A PUIPILOS EXÉRCITO
183	367	PAULO RANA	M	49		00:43:27	00:43:16	INDIVIDUAL
184	930	PAULO ALVES	M	36		00:43:28	00:43:19	GD SANTANDER TOTTA
185	906	ANTONIO CRUZ	M	66		00:43:29	00:43:21	GD SANTANDER TOTTA
186	605	DANIEL A C NUNES	M	54		00:43:30	00:43:15	INDIVIDUAL
187	665	JOÃO VAZ	M	48		00:43:32	00:43:21	VALADARES
188	648	CARLOS VELO	M	48		00:43:33	00:43:25	INDIVIDUAL
189	482	EDGAR FTRACISCO	M	48		00:43:33	00:43:16	URD ARRANHO
190	984	MILTON MELO	M	34		00:43:35	00:42:55	WIKABOO
191	674	CARLOS	M	44		00:43:35	00:43:29	INDIVIDUAL
192	918	JOSE LOURO	M	78		00:43:37	00:43:16	GD SANTANDER TOTTA
193	997	FERNANDO CELESTINO	M	55		00:43:38	00:43:26	AÇOREANA C BANIF
194	516	ANTERO JERÓNIMO	M	51		00:43:42	00:43:28	FALCOES SELVAGENS
195	161	PEDRO RIO	M	31		00:43:45	00:43:39	CLUBE ROBBIALAC

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
196	839	LUIS MIGUEL	M	39		00:43:46	00:43:14	A JORGE PINA
197	643	HELDER REIS	M	29		00:43:47	00:43:36	GENERAL CABLE CELCAT
198	126	PEDRO LIMA	M	36		00:43:49	00:43:20	INDIVIDUAL
199	941	DANIEL FARINHA	M	29		00:43:50	00:43:14	SS MONTEPIO GERAL
200	777	HUMBERTO BRITO	M	38		00:43:51	00:43:39	CCDT METRO LX
201	607	BRUNO AMORIM	M	26		00:43:51	00:43:31	INDIVIDUAL
202	730	ANTONIO RIBEIRO	M	52		00:43:51	00:43:23	GAA VILA FRANCA XIRA
203	590	FILIPE MONTEIRO	M	28		00:43:52	00:43:52	INDIVIDUAL
204	826	JOAO GREGÓRIO	M	37		00:43:52	00:43:20	A JORGE PINA
205	424	BART SCHOENMAKERS	M	45		00:43:58	00:43:45	GD INE
206	932	SALVADOR AFONSO	M	60		00:44:00	00:44:00	GD SANTANDER TOTTA
207	88	NUNO F S F TORCATO	M	36		00:44:01	00:43:42	DINAMIC DUO
208	617	JOSE REIS	M	60		00:44:01	00:43:47	SC REBOLEIRA DAMAIA
209	542	CARLOS ALBERTO	M	55		00:44:02	00:43:45	INDIVIDUAL
210	394	VITOR RODRIGUES	M	59		00:44:02	00:43:57	CPOC
211	395	CARLOS COELHO	M	52		00:44:02	00:43:57	CPOC
212	503	RUI MELO	M	42		00:44:03	00:43:48	CCD CA MUTUO
213	464	CARLOS SA	M	43		00:44:04	00:43:57	GD CHELAS
214	1010	NUNO GAMEIRO	M	33		00:44:05	00:44:01	AÇOREANA C BANIF
215	627	GONÇALO SERAFIM	M	37		00:44:06	00:44:04	INDIVIDUAL
216	239	NUNO C CARMO	M	39		00:44:08	00:44:01	INDIVIDUAL
217	112	ANDRE SANTOS	M	37		00:44:10	00:44:02	A VALE SILENCIO
218	87	ROGERIO P C ARAÚJO	M	49		00:44:11	00:43:54	DINAMIC DUO
219	765	LUIS GAMA	M	50		00:44:15	00:43:54	INDIVIDUAL
220	903	SANDRA ROMANO	F	33		00:44:16	00:44:11	GARMIN CO OEIRAS
221	980	MARIA AZEVEDO	F	35		00:44:16	00:43:36	WIKABOO
222	976	NUNO BALULA	M	38		00:44:16	00:43:36	WIKABOO
223	539	LUIS REVEZ	M	48		00:44:18	00:44:04	INDIVIDUAL
224	771	FREDY L M HENRIQUES	M	26		00:44:18	00:44:05	A PUIPILOS EXÉRCITO
225	483	LUIS FERREIRA	M	46		00:44:19	00:44:01	URD ARRANHO
226	481	FILIPE BRANCO	M	44		00:44:19	00:44:00	URD ARRANHO
227	822	PAULO MARQUES	M	37		00:44:21	00:44:12	A JORGE PINA
228	21	PEDRO M A SILVA	M	27		00:44:21	00:44:05	INDIVIDUAL
229	1026	LIBERTO SANTOS	M	46		00:44:22	00:44:14	A PUIPILOS EXÉRCITO
230	480	PAULO RAMALHO	M	43		00:44:22	00:44:19	INDIVIDUAL
231	381	RUI MENAS	M	36		00:44:23	00:43:53	CLUBE VODAFONE
232	388	EMANUEL MAGALHÃES	M	24		00:44:23	00:44:05	INDIVIDUAL
233	636	PEDRO G PISCO	M	39		00:44:26	00:43:47	INDIVIDUAL
234	968	PAULO GUEDES	M	34		00:44:28	00:43:49	WIKABOO

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
235	445	MANUEL VASCONCELOS	M	29		00:44:32	00:44:20	HOLLA HOLLAGET DOLLA !
236	755	FILIPE CRUZ	M	34		00:44:34	00:44:05	INDIVIDUAL
237	633	JOAO GONCALVES	M	41		00:44:37	00:44:30	MERIDIANOS
238	880	JOAO MARAL	M	44		00:44:40	00:44:16	SS CGD
239	385	HELIO M I GIRÃO	M	46		00:44:40	00:44:38	INDIVIDUAL
240	468	JOAQUIM MARINHO	M	55		00:44:40	00:44:36	GD CHELAS
241	194	JOAO DIAS	M	49		00:44:41	00:43:37	PAPA QUILOMETROS SBD
242	597	ANDRE R S ALVES	M	19		00:44:42	00:44:21	INDIVIDUAL
243	772	PAULO J P FERNANDES	M	27		00:44:42	00:44:28	A PUPILOS EXÉRCITO
244	949	SERGIO PINTO	M	31		00:44:44	00:44:20	SS MONTEPIO GERAL
245	193	CRISTINA VALÉRIO	F	43		00:44:44	00:43:57	PAPA QUILOMETROS SBD
246	195	CLAUDIA FERNANDES	F	28		00:44:45	00:43:40	PAPA QUILOMETROS SBD
247	368	RODRIGO S PAZ	M	30		00:44:45	00:44:27	INDIVIDUAL
248	775	CARLOS N DIAS	M	53		00:44:45	00:44:30	CCDT METRO LX
249	418	DIOGO COSTA	M	65		00:44:46	00:44:37	INDIVIDUAL
250	908	ANTONIO LOURO	M	40		00:44:48	00:44:03	GD SANTANDER TOTTA
251	898	JOAO MOUTA	M	34		00:44:48	00:44:38	GARMIN CO OEIRAS
252	709	MÁRIO MARTINS	M	40		00:44:52	00:44:21	INDIVIDUAL
253	764	JOAO PERES	M	34		00:44:53	00:44:32	INDIVIDUAL
254	589	BRIGITTE CARDOSO	F	30		00:44:53	00:44:45	INDIVIDUAL
255	844	RICARDO PEREIRA	M	34		00:44:53	00:44:16	SL CAMPOLIDE
256	316	ALCIDES J CANIVETE	M	32		00:44:54	00:44:17	INDIVIDUAL
257	688	MIGUEL S FERRAZ	M	26		00:44:55	00:44:46	INDIVIDUAL
258	629	JOAO CAMACHO	M	36		00:44:56	00:44:49	INDIVIDUAL
259	49	JOAO FIGUEIREDO	M	37		00:44:58	00:44:55	INDIVIDUAL
260	248	SERGIO MATOS	M	29		00:44:59	00:44:22	PREMIUM RUNNERS !
261	779	JOAO SEQUEIRA	M	51		00:45:00	00:44:11	CCDT METRO LX
262	781	JOSE P CUNHA	M	50		00:45:00	00:44:11	CCDT METRO LX
263	437	FRANCISCO MADEIRA	M	51		00:45:03	00:44:54	INDIVIDUAL
264	470	LUIS BOLETO	M	36		00:45:08	00:44:30	GD CHELAS
265	8	RICARDO MADRINHA	M	32		00:45:08	00:45:08	AERO RUNNERS
266	283	ARMINDO CAIXINHA	M	50		00:45:09	00:44:51	INDIVIDUAL
267	977	PEDRO MONTEIRO	M	42		00:45:10	00:44:55	WIKABOO
268	895	JOAO PAIVA	M	43		00:45:11	00:44:54	CLUBE ANACOM
269	859	MIGUEL VELEZ	M	50		00:45:15	00:44:39	CÂMARA L CLUBE
270	852	MANUEL FONSECA	M	50		00:45:17	00:45:13	SL CAMPOLIDE
271	167	ABILIO OLIVEIRA	M	48		00:45:19	00:45:12	INDIVIDUAL
272	969	GONÇALO AZEVEDO	M	35		00:45:22	00:45:22	WIKABOO
273	776	RUI ARAUJO	M	55		00:45:23	00:44:36	CCDT METRO LX

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
274	855	PEDRO FERNANDES	M	34		00:45:25	00:44:51	CÂMARA L CLUBE
275	179	MARCO MORGADO	M	35		00:45:30	00:45:25	INDIVIDUAL
276	846	DAVID PALMEIRO	M	47		00:45:32	00:45:28	SL CAMPOLIDE
277	217	ANA S SOBREIRA	F	42		00:45:32	00:45:25	INDIVIDUAL
278	201	PEDRO CARDOSO	M	40		00:45:37	00:45:30	INDIVIDUAL
279	867	RUBEN SILVA	M	57		00:45:40	00:45:03	CÂMARA L CLUBE
280	479	ICIAR R NEVADO	F	37		00:45:40	00:45:30	INDIVIDUAL
281	704	JOSE LOPES	M	47		00:45:42	00:45:19	INDIVIDUAL
282	225	NUNO LUCAS	M	34		00:45:42	00:45:02	PERNAS GAFANHOTO
283	537	ANGELO SILVA	M	30		00:45:44	00:44:53	INDIVIDUAL
284	492	PEDRO ESTEVES	M	45		00:45:45	00:45:34	PRINCESAS E FRAQUINHOS
285	362	IDALÉCIO BARROS	M	59		00:45:46	00:45:40	INDIVIDUAL
286	416	JORGE MARQUES	M	44		00:45:47	00:45:44	GD CHELAS
287	467	AMERICO PIMENTA	M	48		00:45:47	00:45:46	GD CHELAS
288	211	JOAO A SILVA	M	30		00:45:47	00:45:47	OS AMIGOS DA KIKA
289	360	MAURÍCIO MARQUES	M	39		00:45:51	00:45:21	INDIVIDUAL
290	700	BRUNO AMARO	M	34		00:45:52	00:45:27	INDIVIDUAL
291	858	RICARDO PITA	M	33		00:45:54	00:45:23	CÂMARA L CLUBE
292	469	JOSE FERNANDES	M	60		00:45:56	00:45:54	GD CHELAS
293	77	LUIS M CARDOSO	M	41		00:45:56	00:45:25	INDIVIDUAL
294	168	JOAO BELTRÃO	M	34		00:45:59	00:45:20	PERNAS GAFANHOTO
295	824	RAQUEL PEDRO	F	28		00:46:02	00:45:43	A JORGE PINA
296	876	ELISEU PINTO	M	63		00:46:02	00:45:51	SS CGD
297	438	NUNO FILIPE AFONSO	M	34		00:46:03	00:45:15	INDIVIDUAL
298	431	NUNO F DUARTE	M	42		00:46:04	00:45:53	INDIVIDUAL
299	621	HUGO S NOGUEIRA	M	37		00:46:05	00:45:55	INDIVIDUAL
300	238	FILIPE LEITÃO	M	37		00:46:07	00:45:51	INDIVIDUAL
301	622	FABRICIO DIAS	M	32		00:46:10	00:45:18	INDIVIDUAL
302	66	JOSE C V AMARAL	M	41		00:46:13	00:45:27	INDIVIDUAL
303	790	SERGIO MIL-HOMENS	M	25		00:46:15	00:45:52	INDIVIDUAL
304	866	JOSE FELIX	M	56		00:46:15	00:45:28	CÂMARA L CLUBE
305	1000	ISABEL MATIAS	F	32		00:46:15	00:46:11	AÇOREANA C BANIF
306	638	PEDRO MACEDO	M	33		00:46:18	00:45:36	INDIVIDUAL
307	836	HELDER MIRANDA	M	21		00:46:19	00:46:01	A JORGE PINA
308	696	TIAGO NEVES	M	23		00:46:20	00:46:05	INDIVIDUAL
309	517	ALBINO S FERREIRA	M	49		00:46:20	00:46:17	INDIVIDUAL
310	174	ANTONIO MARTINS	M	48		00:46:22	00:46:04	INDIVIDUAL
311	644	JOAO SANCHES	M	51		00:46:22	00:45:59	INDIVIDUAL
312	929	NUNO DAMIÃES	M	32		00:46:28	00:46:19	GD SANTANDER TOTTA

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
313	199	JOAO BORRALHO	M	38		00:46:29	00:46:10	ACLIS LIBERTY SEGUROS
314	936	LUIS COITO	M	43		00:46:30	00:45:32	GD SANTANDER TOTTA
315	907	ANTONIO FERREIRA	M	42		00:46:32	00:45:38	GD SANTANDER TOTTA
316	751	DAVID PAULOS	M	31		00:46:33	00:45:46	INDIVIDUAL
317	927	MARIO COSTA	M	37		00:46:33	00:46:24	GD SANTANDER TOTTA
318	109	TIAGO FERREIRA	M	35		00:46:35	00:45:46	OPTICALIA RUNNING TEAM
319	322	ANTONIO ALMEIDA	M	50		00:46:35	00:46:20	ND AUTOCOOPE
320	549	MIGUEL CAPELA	M	42		00:46:39	00:46:22	PI-LINHA RUNNERS
321	219	JOAO FERNANDES	M	32		00:46:47	00:46:18	INDIVIDUAL
322	487	FERNANDO RODRIGUES	M	47		00:46:49	00:46:29	URD ARRANHO
323	46	ANTONIO SÉRGIO	M	37		00:46:49	00:46:44	INDIVIDUAL
324	412	MANUEL TAVARES	M	55		00:46:50	00:46:18	GD CHELAS
325	646	GONÇALO ESCOVAL	M	29		00:46:52	00:46:24	CAVALOS CORRIDA
326	960	JORGE COSTA	M	47		00:46:56	00:46:46	GDF RUNNING
327	963	MARGARIDA GODINHO	F	55		00:46:56	00:46:47	GDF RUNNING
328	998	HUGO SOUSA	M	37		00:46:58	00:46:44	AÇOREANA C BANIF
329	774	HUGO J A MONTEIRO	M	27		00:47:00	00:46:47	A PUIPILOS EXÉRCITO
330	1001	JOAO CABRITA	M	55		00:47:01	00:46:47	AÇOREANA C BANIF
331	485	PAULO TOMAS	M	41		00:47:05	00:46:40	URD ARRANHO
332	981	JOSE MOTA	M	53		00:47:06	00:46:25	WIKABOO
333	571	JEREMIAS J F CARDOSO	M	49		00:47:08	00:46:30	INDIVIDUAL
334	379	MAURO GONÇALVES	M	39		00:47:08	00:47:05	CLUBE VODAFONE
335	68	MANUEL J S DIAS	M	46		00:47:11	00:46:59	INDIVIDUAL
336	149	MIGUEL MARQUES	M	53		00:47:13	00:47:01	INDIVIDUAL
337	843	RICARDO ALVES	M	26		00:47:13	00:46:38	SL CAMPOLIDE
338	601	EDGAR B PORTUGAL	M	38		00:47:15	00:47:05	INDIVIDUAL
339	123	ANDRÉ MENDONÇA	M	30		00:47:16	00:47:05	ADRC MATA BENFICA
340	308	PEDRO CABRAL	M	35		00:47:17	00:46:50	INDIVIDUAL
341	154	DANIEL RODRIGUES	M	33		00:47:19	00:47:14	CLUBE ROBBIALAC
342	814	FAUSTO MARTINO	M	40		00:47:19	00:46:54	FRANGOS DE TURIM
343	847	RUI RODRIGUES	M	48		00:47:21	00:47:17	SL CAMPOLIDE
344	51	PEDRO RIBEIRO	M	36		00:47:21	00:46:35	H-RAMOS
345	737	MILTON RODRIGUES	M	27		00:47:24	00:47:16	INDIVIDUAL
346	72	ALBERTO MARINHO	M	35		00:47:24	00:47:00	INDIVIDUAL
347	569	RICARDO MARQUES	M	25		00:47:24	00:47:00	INDIVIDUAL
348	912	FERNANDO MARQUES	M	58		00:47:27	00:46:29	GD SANTANDER TOTTA
349	281	TIAGO F C FERRITO	M	23		00:47:28	00:46:37	FERRITO
350	534	JUAN COSTA	M	48		00:47:31	00:47:18	INDIVIDUAL
351	447	DANIEL FEITEIRONA	M	31		00:47:32	00:47:19	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
352	567	JORGE PAULINO	M	51		00:47:32	00:47:27	AMIGOS PENICHE
353	265	NUNO LUFINHA	M	39		00:47:37	00:46:46	JAZZY RUNNERS
354	422	MANUEL SILVA	M	58		00:47:38	00:47:38	MULTIFLOW
355	739	RUI SOUSA	M	36		00:47:39	00:47:11	INDIVIDUAL
356	426	CARLOS SANTOS	M	44		00:47:40	00:47:27	GD INE
357	329	SERGIO BORGES	M	41		00:47:41	00:47:35	ND AUTOCOOPE
358	820	PAULO SIMOES	M	35		00:47:41	00:47:31	A JORGE PINA
359	73	RUI CORREIA	M	45		00:47:43	00:47:28	INDIVIDUAL
360	420	CARLOS CRUZ	M	47		00:47:43	00:47:28	INDIVIDUAL
361	95	ALEXANDRE ANDRADE	M	37		00:47:44	00:47:37	INDIVIDUAL
362	599	PAULO SANTOS	M	46		00:47:44	00:47:35	INDIVIDUAL
363	181	PAULO CAMPOS	M	43		00:47:47	00:47:10	INDIVIDUAL
364	43	ANTONIO CORREIA	M	56		00:47:47	00:47:21	GEORUNNERS
365	650	HUGO FIGUEIREDO	M	29		00:47:48	00:47:12	INDIVIDUAL
366	830	JOSE TOMAZ	M	62		00:47:49	00:47:10	A JORGE PINA
367	207	JOAO R REIS	M	63		00:47:50	00:47:37	INDIVIDUAL
368	642	LUIS MOURA	M	43		00:47:50	00:47:36	GENERAL CABLE CELCAT
369	241	SERGIO GONÇALVES	M	35		00:47:50	00:47:45	OS QUEBRA-MILHAS
370	44	GONÇALO VIEIRA	M	42		00:47:52	00:47:24	GEORUNNERS
371	514	ANTONIO DIAS	M	55		00:47:53	00:47:42	INDIVIDUAL
372	317	EDUARDO MOUTINHO	M	45		00:47:54	00:47:42	O MUNDO CORRIDA
373	70	CARLOS BANDEIRA	M	45		00:47:56	00:47:31	AERO RUNNERS
374	673	RUI COSTA	M	27		00:47:56	00:47:50	INDIVIDUAL
375	983	PEDRO SALGUEIRO	M	33		00:47:58	00:47:17	WIKABOO
376	153	RAUL COSTA	M	53		00:47:58	00:47:54	CLUBE ROBBIALAC
377	883	LUIS JESUS	M	46		00:48:02	00:47:45	SS CGD
378	892	JOSE VAZ	M	55		00:48:03	00:47:47	CLUBE ANACOM
379	575	PEDRO BARRIAS	M	31		00:48:06	00:47:58	ROUND TABLE RUNNING TEAM
380	228	CARLOS O SILVA	M	48		00:48:07	00:47:43	INDIVIDUAL
381	626	MIGUEL RODRIGUES	M	44		00:48:12	00:47:47	INDIVIDUAL
382	770	CARLOS FERNANDO	M	41		00:48:13	00:47:49	A PUIPILOS EXÉRCITO
383	753	CARLOS M SILVA	M	41		00:48:17	00:47:54	INDIVIDUAL
384	661	JOAO M MORADIAS	M	44		00:48:21	00:48:10	VALADARES
385	331	LUIS V AMORIM	M	56		00:48:22	00:48:07	NA BEIERSDORF
386	197	JORGE M S CARREIRAS	M	47		00:48:23	00:47:44	INDIVIDUAL
387	734	MIGUEL MATOS	M	43		00:48:26	00:47:31	INDIVIDUAL
388	52	PEDRO MÓNICA	M	30		00:48:31	00:47:47	H-RAMOS
389	67	BOGDAN SANDU	M	21		00:48:32	00:48:10	INDIVIDUAL
390	1004	JOAQUIM OLIMPIO	M	63		00:48:32	00:48:32	AÇOREANA C BANIF

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
391	749	ANTONIO VARELA	M	47		00:48:33	00:48:23	INDIVIDUAL
392	1002	JOAO SANTOS	M	44		00:48:33	00:48:14	AÇOREANA C BANIF
393	404	CARLOS SEMIDE	M	39		00:48:33	00:48:20	INDIVIDUAL
394	805	MARIA MENDES	F	62		00:48:36	00:48:34	INDIVIDUAL
395	632	RUI MAIA	M	62		00:48:37	00:48:10	INDIVIDUAL
396	364	MARIO PEREIRA	M	42		00:48:37	00:48:31	INDIVIDUAL
397	227	PEDRO M R SILVA	M	36		00:48:39	00:48:13	INDIVIDUAL
398	547	FERNANDO M S ALMEIDA	M	45		00:48:40	00:48:30	INDIVIDUAL
399	947	PEDRO C ALVES	M	36		00:48:42	00:48:39	SS MONTEPIO GERAL
400	1014	TAM AFONSO	M	61		00:48:43	00:48:25	AÇOREANA C BANIF
401	910	CARLOS TEIXEIRA	M	41		00:48:44	00:47:59	GD SANTANDER TOTTA
402	791	RUI MATOS	M	36		00:48:45	00:48:13	INDIVIDUAL
403	879	GONÇALO OLIVEIRA	M	28		00:48:46	00:48:46	SS CGD
404	169	SERGIO SALVADO	M	37		00:48:53	00:48:37	INDIVIDUAL
405	914	HAMILTON DIAS	M	38		00:48:55	00:48:36	GD SANTANDER TOTTA
406	916	JOAO JESUS	M	38		00:48:55	00:48:18	GD SANTANDER TOTTA
407	925	MANUEL ROBALO	M	68		00:48:55	00:48:36	GD SANTANDER TOTTA
408	972	MIGUEL RIBEIRO	M	41		00:48:55	00:48:36	WIKABOO
409	931	RUI MACHINHO	M	37		00:48:55	00:48:16	GD SANTANDER TOTTA
410	478	NUNO M B MARTINS	M	41		00:48:56	00:48:32	INDIVIDUAL
411	335	MIGUEL BERMONTE	M	37		00:48:57	00:48:22	INDIVIDUAL
412	816	PAULO JORGE GARCIA	M	43		00:48:58	00:48:18	PERNAS DE GAFANHOTO
413	647	NUNO ALMEIDA	M	31		00:49:01	00:48:32	CAVALOS CORRIDA
414	206	RUI C SANTOS	M	43		00:49:05	00:48:19	INDIVIDUAL
415	133	NEVES SILVA	M	61		00:49:08	00:48:57	C FERROV PORTUGAL
416	886	PEDRO LOPES	M	34		00:49:08	00:48:46	SS CGD
417	489	ANABELA GASPAR	F	39		00:49:10	00:49:01	PRINCESAS E FRAQUINHOS
418	656	SERGIO FIGUEIREDO	M	30		00:49:12	00:48:36	INDIVIDUAL
419	588	RICARDO GOMES	M	35		00:49:14	00:48:37	JAQUINZINHOS CORRIDA
420	310	MANUEL PERAS	M	57		00:49:15	00:48:40	INDIVIDUAL
421	863	EDUARDO MANSO	M	52		00:49:16	00:48:43	CÂMARA L CLUBE
422	922	LINO OLIVEIRA	M	68		00:49:17	00:49:14	GD SANTANDER TOTTA
423	584	CARLOS CIPRIANO	M	33		00:49:19	00:48:53	INDIVIDUAL
424	270	JOAQUIM RUIVO	M	39		00:49:19	00:49:04	INDIVIDUAL
425	390	VITOR MORAIS	M	55		00:49:21	00:48:50	INDIVIDUAL
426	698	BRUNO CONCEIÇÃO	M	36		00:49:22	00:48:38	INDIVIDUAL
427	881	JOAQUIM CARRILHO	M	47		00:49:23	00:48:44	SS CGD
428	920	JOSE PEREIRA	M	44		00:49:23	00:48:45	GD SANTANDER TOTTA
429	39	NORBINO MACEDO	M	37		00:49:26	00:48:59	CARAIBAS EVENTOS

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
430	10	CLAUDIO ROCHA	M	39		00:49:28	00:49:28	INDIVIDUAL
431	212	JOAO P N PINTO	M	27		00:49:29	00:49:20	OS AMIGOS DA KIKA
432	602	NUNO M MARTINS	M	23		00:49:29	00:49:23	INDIVIDUAL
433	574	FERNANDO CARVALHÃO	M	34		00:49:32	00:49:02	INDIVIDUAL
434	495	MARCO CACHINHO	M	33		00:49:33	00:49:00	KANINOS
435	442	CARLOS LOPES	M	29		00:49:36	00:48:46	HOLLA HOLLAGET DOLLA !
436	559	JORGE GUERREIRO	M	38		00:49:41	00:49:22	MARRIOTT LISBOA
437	323	CARLOS FERREIRA	M	56		00:49:45	00:49:38	ND AUTOCOOPE
438	393	TIAGO DOMINGUES	M	36		00:49:46	00:49:30	INDIVIDUAL
439	91	CARLOS ALFEIRÃO	M	33		00:49:47	00:49:18	INDIVIDUAL
440	102	PEDRO SANTOS	M	41		00:49:48	00:49:43	INDIVIDUAL
441	187	ACURCIO MENDES	M	43		00:49:48	00:48:58	INDIVIDUAL
442	380	RUI MATIAS	M	41		00:49:49	00:49:45	CLUBE VODAFONE
443	452	NUNO ALVES	M	60		00:49:49	00:49:35	INDIVIDUAL
444	386	JOAO F MARTINHO	M	29		00:49:50	00:49:39	INDIVIDUAL
445	389	AUGUSTO CARIA	M	61		00:49:51	00:49:48	INDIVIDUAL
446	139	VITOR CANTO	M	43		00:49:51	00:49:27	INDIVIDUAL
447	649	NUNO COSTA	M	37		00:49:51	00:49:08	INDIVIDUAL
448	172	LUIS M S DUARTE	M	66		00:49:52	00:49:50	INDIVIDUAL
449	611	PEDRO VIEGAS	M	34		00:49:53	00:49:39	INDIVIDUAL
450	690	JOAO CABANAS	M	32		00:49:53	00:49:45	SQUADRA RUNNING
451	345	NUNO RAMOS	M	31		00:49:53	00:49:33	INDIVIDUAL
452	996	FAUSTO ISAAC	M	44		00:49:54	00:49:35	AÇOREANA C BANIF
453	499	CATARINA GOMES	F	20		00:49:54	00:49:37	CCD CA MUTUO
454	838	MIGUEL CHAVES	M	43		00:49:56	00:49:24	A JORGE PINA
455	952	CARLOS PEREIRA	M	33		00:49:59	00:49:43	GDF RUNNING
456	347	JOAO D B FERNANDES	M	66		00:49:59	00:49:56	INDIVIDUAL
457	158	JORGE PINTO	M	43		00:50:00	00:49:55	CLUBE ROBBIALAC
458	598	NOEMIA MONTEIRO	F	38		00:50:01	00:49:49	INDIVIDUAL
459	729	JOSE SERAFIM	M	58		00:50:01	00:49:33	GAA VILA FRANCA XIRA
460	670	JORGE SANTOS	M	36		00:50:03	00:49:43	INDIVIDUAL
461	581	ANGELO CANETO	M	23		00:50:04	00:49:50	INDIVIDUAL
462	875	BRUNO COSTA	M	40		00:50:06	00:49:50	SS CGD
463	915	HUGO MONTEIRO	M	31		00:50:06	00:49:42	GD SANTANDER TOTTA
464	356	DAVID J ALMEIDA	M	42		00:50:07	00:49:12	FRIENDS2RUN
465	551	MANUEL A RODRIGUES	M	55		00:50:10	00:49:51	INDIVIDUAL
466	81	GILBERTO GONÇALVES	M	65		00:50:12	00:49:34	CAA BELEM
467	913	GABRIEL CHARRUA	M	35		00:50:13	00:50:13	GD SANTANDER TOTTA
468	411	GONÇALO MARTINS	M	19		00:50:15	00:50:07	GD CHELAS

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
469	544	MIGUEL ABRUNHOSA	M	32		00:50:16	00:49:11	INDIVIDUAL
470	75	NUNO T COSTA	M	32		00:50:17	00:49:50	INDIVIDUAL
471	348	CLARA SANTANA	F	23		00:50:17	00:49:56	SO PRA DESPORTIVAR
472	240	MIGUEL SANTOS	M	31		00:50:20	00:50:20	OS QUEBRA-MILHAS
473	683	ABILIO TAVARES	M	58		00:50:22	00:50:07	INDIVIDUAL
474	663	NUNO AFONSO	M	41		00:50:25	00:50:13	VALADARES
475	53	TOMAS SOUSA	M	37		00:50:26	00:49:57	INDIVIDUAL
476	493	HELIO MOREIRA	M	33		00:50:26	00:50:16	PRINCESAS E FRAQUINHOS
477	318	PEDRO MURTINHAL	M	42		00:50:27	00:50:13	O MUNDO CORRIDA
478	1029	PAULO ALMEIDA	M	39		00:50:27	00:49:37	INDIVIDUAL
479	374	BRUNO FERREIRA	M	33		00:50:33	00:49:40	NECAS TEAM
480	861	ADELINO PIRES	M	51		00:50:33	00:50:04	CÂMARA L CLUBE
481	419	JOSE P P MADEIRA	M	37		00:50:34	00:50:13	INDIVIDUAL
482	538	BEATRIZ FERNANDES	F	44		00:50:34	00:50:19	INDIVIDUAL
483	662	SUSANA DURO	F	36		00:50:34	00:50:21	VALADARES
484	20	CARLOS V MORAIS	M	32		00:50:34	00:50:34	ATLETAS EDSARIANOS
485	664	ARTUR SANTOS	M	36		00:50:35	00:50:23	VALADARES
486	462	RUI HENRIQUES	M	26		00:50:37	00:49:43	AFO
487	48	SANDRA ARRAIAS	F	32		00:50:38	00:50:13	OS ARRAIAS
488	47	DIOGO ARRAIAS	M	59		00:50:38	00:50:13	OS ARRAIAS
489	923	LUCIO SILVA	M	47		00:50:39	00:49:59	GD SANTANDER TOTTA
490	935	JORGE ALVES	M	36		00:50:41	00:50:31	GD SANTANDER TOTTA
491	354	GIL P M JORGE	M	45		00:50:48	00:49:50	INDIVIDUAL
492	639	ORLANDO ZACARIAS	M	62		00:50:49	00:50:37	INDIVIDUAL
493	645	JOAO ESCOVAL	M	32		00:50:50	00:50:22	CAVALOS CORRIDA
494	460	JOÃO MARQUES	M	40		00:50:52	00:50:00	AFO
495	403	JOSE VERMELHUDO	M	54		00:50:53	00:50:34	INDIVIDUAL
496	132	DIOGO LIMA	M	26		00:50:55	00:50:44	INDIVIDUAL
497	950	TERESA CARDOSO	F	34		00:51:12	00:50:39	SS MONTEPIO GERAL
498	939	GUILHERNE ALBINO	M	39		00:51:12	00:50:37	SS MONTEPIO GERAL
499	407	PEDRO CARVALHO	M	41		00:51:12	00:50:54	INDIVIDUAL
500	711	ANDRÉ SANTOS	M	26		00:51:13	00:50:18	INDIVIDUAL
501	247	CRISTINA PÓVOA	F	26		00:51:14	00:50:50	PREMIUM RUNNERS !
502	899	JOSE CATITA	M	55		00:51:14	00:50:35	GARMIN CO OEIRAS
503	40	FRISCO SANTOS	M	34		00:51:15	00:50:46	CARAIBAS EVENTOS
504	175	DANIEL VILABRIL	M	34		00:51:15	00:50:35	INDIVIDUAL
505	641	MIGUEL M FERNANDES	M	39		00:51:23	00:51:09	GENERAL CABLE CELCAT
506	42	ANTONIO COSTA	M	46		00:51:31	00:51:03	GEORUNNERS
507	230	NUNO VLADIMIR	M	40		00:51:31	00:51:02	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
508	463	HUGO PEREIRA	M	36		00:51:33	00:50:38	AFO
509	325	JOSE DIAS	M	56		00:51:37	00:51:30	ND AUTOCOOPE
510	800	JOAO R DUARTE	M	38		00:51:38	00:50:53	INDIVIDUAL
511	200	CLAUDIO MOREIRA	M	33		00:51:39	00:51:19	ACLIS LIBERTY SEGUROS
512	523	GIOVANNI DI CASCIO	M	24		00:51:40	00:50:56	AB TEAM
513	728	BRUNO BARRAN	M	39		00:51:42	00:51:09	INDIVIDUAL
514	446	RUI SÁ	M	32		00:51:45	00:51:24	INDIVIDUAL
515	105	MÓNICA POTES	F	29		00:51:46	00:51:33	AERO RUNNERS
516	305	RICARDO J M FERNANDES	M	24		00:51:46	00:51:27	INDIVIDUAL
517	441	PAULO CABAÇO	M	46		00:51:48	00:51:29	INDIVIDUAL
518	226	NUNO MARQUES	M	37		00:51:53	00:51:13	PERNAS GAFANHOTO
519	508	JOSE G VALENTIM	M	42		00:51:53	00:51:34	C COLAB AXA
520	119	DANIEL GUERREIRO	M	39		00:51:57	00:51:02	INDIVIDUAL
521	606	LUIS COUTINHO	M	36		00:51:59	00:51:13	INDIVIDUAL
522	83	LUIS ROLDÃO	M	27		00:52:00	00:51:39	INDIVIDUAL
523	510	VICTOR J RAMOS	M	42		00:52:01	00:51:39	C COLAB AXA
524	543	CARLOS MACHADO	M	44		00:52:02	00:51:11	INDIVIDUAL
525	306	NUNO LOUREIRO	M	47		00:52:04	00:51:33	FALCOES SELVAGENS
526	427	ELSA MOREIRA	F	38		00:52:09	00:51:53	GD INE
527	680	RUI M I LOPES	M	41		00:52:11	00:51:44	INDIVIDUAL
528	466	JOSE VENANCIO	M	60		00:52:11	00:52:03	GD CHELAS
529	332	VICENTE DIAS	M	59		00:52:11	00:51:55	NA BEIERSDORF
530	459	MANUEL MARTINHO	M	46		00:52:12	00:51:18	AFO
531	531	LUIZ PEREIRA	M	33		00:52:17	00:51:36	INDIVIDUAL
532	103	LUIS FIGUEIREDO	M	51		00:52:22	00:52:18	INDIVIDUAL
533	540	JOSE NEVES	M	61		00:52:25	00:52:21	INDIVIDUAL
534	3	LUIS PROENÇA	M	44		00:52:28	00:52:28	INDIVIDUAL
535	681	ANTÓNIO FONSECA	M	67		00:52:31	00:52:13	INDIVIDUAL
536	378	GUIDO V SANTOS	M	30		00:52:32	00:52:03	DUPLA INUTIL
537	377	PEDRO XAVIER	M	29		00:52:32	00:52:03	DUPLA INUTIL
538	358	RUI XAVIER	M	47		00:52:33	00:52:26	INDIVIDUAL
539	455	HUGO SERÔDIO	M	30		00:52:35	00:52:09	INDIVIDUAL
540	157	JOSE VILELA	M	49		00:52:38	00:52:35	CLUBE ROBBIALAC
541	511	DIOGO SOARES	M	29		00:52:39	00:52:08	INDIVIDUAL
542	461	PEDRO PEREIRA	M	38		00:52:39	00:51:46	AFO
543	74	TIAGO F PIRES	M	32		00:52:40	00:52:15	INDIVIDUAL
544	634	JOAO FONSECA	M	42		00:52:41	00:52:35	MERIDIANOS
545	604	SERGIO NICOLAU	M	36		00:52:41	00:51:55	INDIVIDUAL
546	603	PEDRO FERREIRA	M	38		00:52:43	00:52:07	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
547	216	JOAO BRANCO	M	32		00:52:48	00:52:18	INDIVIDUAL
548	409	FILIPE RODRIGUES	M	18		00:52:50	00:52:44	GD CHELAS
549	560	IRIS GALADO	F	22		00:52:51	00:52:33	MARRIOTT LISBOA
550	369	ISABEL MONTEIRO	F	27		00:52:52	00:52:11	INDIVIDUAL
551	142	NELSON COELHO	M	34		00:52:56	00:52:22	JAZZY RUNNERS
552	145	BRUNO SANTOS	M	32		00:52:56	00:52:21	JAZZY RUNNERS
553	513	BRUNO FERREIRA	M	34		00:52:56	00:52:21	INDIVIDUAL
554	556	VITOR CARVALHO	M	55		00:52:57	00:52:39	MARRIOTT LISBOA
555	573	PAULO PALMINHA	M	43		00:52:58	00:52:08	INDIVIDUAL
556	189	PAULO SILVA	M	49		00:53:00	00:52:39	PAPA QUILOMETROS SBD
557	136	HUGO M M S CABRAL	M	25		00:53:00	00:52:36	INDIVIDUAL
558	346	JOSE C M FERREIRA	M	41		00:53:01	00:52:51	INDIVIDUAL
559	562	PAULO INÁCIO	M	34		00:53:03	00:52:30	INDIVIDUAL
560	315	JOAO AMÊNDOA	M	34		00:53:04	00:52:27	INDIVIDUAL
561	592	RUBEN BAHAMONDE	M	32		00:53:04	00:52:31	CLUBE HERMES
562	672	AVELINO F P VESTIAS	M	64		00:53:06	00:53:06	INDIVIDUAL
563	366	FILIPE RITO	M	25		00:53:08	00:51:20	INDIVIDUAL
564	307	BRUNO FERNANDES	M	35		00:53:12	00:52:43	FALCOES SELVAGENS
565	268	ALZIRA PEREIRA	F	35		00:53:13	00:52:25	JAZZY RUNNERS
566	545	CRISTINA AZEVEDO	F	39		00:53:15	00:52:56	C COLAB AXA
567	457	RUI LAPA	M	42		00:53:16	00:52:26	AFO
568	129	JOAO NETO	M	47		00:53:19	00:52:53	CALDAS RUNNERS
569	131	SERGIO GRADE	M	32		00:53:19	00:52:24	INDIVIDUAL
570	815	JOSE NASCIMENTO	M	49		00:53:20	00:52:39	INDIVIDUAL
571	817	ALBERTO SOARES	M	52		00:53:20	00:52:39	INDIVIDUAL
572	92	JOSE P GONÇALVES	M	38		00:53:22	00:53:11	INDIVIDUAL
573	280	FERNANDO A B FERRITO	M	57		00:53:22	00:52:35	FERRITO
574	712	CARLOS OLIVEIRA	M	27		00:53:23	00:52:29	INDIVIDUAL
575	654	FERNANDO R LUÍS	M	51		00:53:23	00:52:51	INDIVIDUAL
576	365	RUI PEREIRA	M	24		00:53:24	00:51:36	INDIVIDUAL
577	532	PAULO BARREIROS	M	45		00:53:26	00:52:29	FRIENDS2RUN
578	150	MAURO MONTEIRO	M	33		00:53:27	00:52:30	INDIVIDUAL
579	758	GONÇALO BERNARDO	M	35		00:53:28	00:53:12	INDIVIDUAL
580	120	ROMÃO VALENTE	M	51		00:53:36	00:53:08	INDIVIDUAL
581	660	NUNO VEIGA	M	44		00:53:38	00:53:21	VALADARES
582	904	TERESA SEPULVEDA	F	33		00:53:40	00:53:35	GARMIN CO OEIRAS
583	231	RITA PINTO	F	24		00:53:40	00:52:33	INDIVIDUAL
584	246	KELLEN ABREU	F	37		00:53:42	00:53:14	PREMIUM RUNNERS !
585	111	ANA F FARINHA	F	31		00:53:47	00:52:59	OPTICALIA RUNNING TEAM

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
586	808	MARCOS A DIAS	M	44		00:53:51	00:53:09	INDIVIDUAL
587	555	JORGE SIMOES	M	44		00:53:52	00:53:33	RUNNING OF D MARIA
588	341	JOSE GUERREIRO	M	42		00:53:53	00:53:27	OS ATLETAS
589	182	CARMEN CUNA	F	38		00:53:54	00:53:03	INDIVIDUAL
590	1019	NATALIA MARCHENA	F	48		00:53:56	00:53:32	INDIVIDUAL
591	748	BRUNO PITA	M	36		00:53:56	00:53:20	MIRC
592	498	JOAO C A BORGES	M	46		00:53:59	00:53:31	INDIVIDUAL
593	708	JOSÉ SILVA	M	28		00:54:01	00:53:23	INDIVIDUAL
594	1013	SANDRA MARTINS	F	36		00:54:03	00:53:42	AÇOREANA C BANIF
595	1009	NUNO E SANTO	M	43		00:54:03	00:53:43	AÇOREANA C BANIF
596	79	ELINA MATONSE	F	30		00:54:03	00:53:13	AMINHACORRIDA.COM
597	243	DANIEL TOMÁS	M	38		00:54:04	00:53:37	PREMIUM RUNNERS !
598	188	JOAO C BOTELHO	M	36		00:54:04	00:53:15	INDIVIDUAL
599	987	LUIS MONTEIRO	M	36		00:54:05	00:53:26	WIKABOO
600	615	LUIS PIRES	M	31		00:54:05	00:53:44	INDIVIDUAL
601	245	LARA FERREIRA	F	30		00:54:05	00:53:38	PREMIUM RUNNERS !
602	849	ANTONIO LIMA	M	51		00:54:09	00:53:35	SL CAMPOLIDE
603	80	SERGIO RODELO	M	44		00:54:09	00:53:18	AMINHACORRIDA.COM
604	928	NIDIA FERREIRA	F	35		00:54:11	00:54:02	GD SANTANDER TOTTA
605	147	JOAO COTOVIA	M	26		00:54:12	00:53:39	JAZZY RUNNERS
606	146	FLAVIA PEREIRA	F	27		00:54:12	00:53:38	JAZZY RUNNERS
607	59	TIAGO COELHO	M	26		00:54:12	00:54:05	INDIVIDUAL
608	261	TELMA MOREIRA	F	27		00:54:13	00:53:51	INDIVIDUAL
609	473	JOAQUIM FRAGOSO	M	64		00:54:16	00:53:41	GD CHELAS
610	937	LUIS PAIVA	M	46		00:54:18	00:54:08	GD SANTANDER TOTTA
611	512	FERNANDO COSTA	M	37		00:54:18	00:54:18	INDIVIDUAL
612	425	CARLOS DIAS	M	54		00:54:19	00:53:44	GD INE
613	802	RUI SANTOS	M	41		00:54:22	00:53:51	INDIVIDUAL
614	1023	JORGE MAXIMO	M	39		00:54:22	00:54:22	INDIVIDUAL
615	494	FÁBIO DUARTE	M	28		00:54:24	00:54:15	PRINCESAS E FRAQUINHOS
616	552	JORGE FERREIRA	M	48		00:54:26	00:54:06	RUNNING OF D MARIA
617	702	NUNO ROCHA	M	33		00:54:31	00:54:26	INDIVIDUAL
618	128	MIGUEL CALDAS	M	48		00:54:32	00:54:06	CALDAS RUNNERS
619	76	JORGE L VIEGAS	M	57		00:54:33	00:54:03	INDIVIDUAL
620	435	HELENA REIS	F	32		00:54:33	00:53:41	INDIVIDUAL
621	453	CARLOS CABACEIRA	M	18		00:54:34	00:53:56	INDIVIDUAL
622	546	JOAO M BATISTA	M	53		00:54:35	00:54:35	INDIVIDUAL
623	587	LÍLIA NEVES	F	27		00:54:36	00:54:02	JAQUINZINHOS CORRIDA
624	725	JOAO VIEIRA	M	41		00:54:37	00:54:15	CORINTHIA HOTEL LISBON

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
625	878	FRANCISCO CLERIGO	M	60		00:54:38	00:54:07	SS CGD
626	554	ADRIANO VITORINO	M	52		00:54:39	00:54:19	RUNNING OF D MARIA
627	164	JAIME RIBEIRO	M	25		00:54:41	00:53:34	INDIVIDUAL
628	934	JOAO MARINHO	M	46		00:54:52	00:54:34	GD SANTANDER TOTTA
629	938	SANDRA MARINHO	F	42		00:54:56	00:54:37	GD SANTANDER TOTTA
630	249	JOAQUIM REIS	M	52		00:54:56	00:54:26	PREMIUM RUNNERS !
631	434	RUI P F MACHADO	M	33		00:54:58	00:54:14	INDIVIDUAL
632	787	RICARDO PREGUIÇA	M	28		00:54:59	00:54:31	INDIVIDUAL
633	220	RITA A AFONSO	F	27		00:55:02	00:54:47	INDIVIDUAL
634	519	MIGUEL CASTELA	M	43		00:55:02	00:54:43	AA LEBRES SADO
635	710	JOSE RUIVO	M	43		00:55:03	00:54:33	INDIVIDUAL
636	125	ANTONIO ANTUNES	M	51		00:55:09	00:54:34	ADRC MATA BENFICA
637	471	HUGO SANTOS	M	36		00:55:19	00:54:24	GD CHELAS
638	472	ANDREIA MONTEIRO	F	35		00:55:19	00:54:24	GD CHELAS
639	456	MARIO CAETANO	M	35		00:55:22	00:54:29	AFO
640	130	HELDER SILVA	M	39		00:55:23	00:55:23	INDIVIDUAL
641	865	JOAO FIGUEIREDO	M	57		00:55:24	00:54:57	CÂMARA L CLUBE
642	11	HUGO M R COLAÇO	M	36		00:55:26	00:55:26	INDIVIDUAL
643	667	JOAQUIM VALADARES	M	51		00:55:27	00:55:15	INDIVIDUAL
644	144	PEDRO CONCEIÇÃO	M	31		00:55:27	00:55:27	JAZZY RUNNERS
645	392	JOAO A P REFORÇO	M	32		00:55:32	00:54:45	INDIVIDUAL
646	436	ROSA VIVEIROS	F	31		00:55:39	00:55:26	FALCOES SELVAGENS
647	37	FILIPE Q FERREIRA	M	36		00:55:40	00:54:46	INDIVIDUAL
648	421	JOAO SANTOS	M	64		00:55:42	00:55:31	MULTIFLOW
649	992	ALBANO ALVES	M	58		00:55:42	00:55:32	AÇOREANA C BANIF
650	945	PAULO ALMEIDA	M	40		00:55:45	00:55:11	SS MONTEPIO GERAL
651	651	LUIS BARATA	M	48		00:55:46	00:54:49	INDIVIDUAL
652	267	ROGERIO PUGA	M	50		00:55:51	00:55:02	JAZZY RUNNERS
653	454	HERMÍNIO CABACEIRA	M	52		00:55:54	00:55:16	INDIVIDUAL
654	406	VITOR MARTINS	M	63		00:55:55	00:55:44	INDIVIDUAL
655	491	LUISA MESQUITA	F	27		00:55:55	00:55:47	PRINCESAS E FRAQUINHOS
656	610	TIAGO OLIVEIRA	M	33		00:55:57	00:55:48	INDIVIDUAL
657	99	LUIS LARA	M	64		00:55:58	00:55:13	INDIVIDUAL
658	988	FILIPE NEVES	M	39		00:55:59	00:55:19	WIKABOO
659	990	MONICA PAREDES	F	35		00:55:59	00:55:19	WIKABOO
660	490	CARLA GASPAR	F	42		00:56:00	00:55:51	PRINCESAS E FRAQUINHOS
661	744	BRUNO CARRILHO	M	38		00:56:00	00:55:33	MIRC
662	752	TONY PAULOS	M	39		00:56:02	00:55:12	INDIVIDUAL
663	685	RUI BALTAZAR	M	42		00:56:09	00:55:20	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
664	488	ANA C ALMEIDA	F	41		00:56:11	00:56:03	PRINCESAS E FRAQUINHOS
665	398	ALVARO COSTA	M	67		00:56:18	00:55:41	O MUNDO CORRIDA
666	55	MERCEDES FONSECA	F	57		00:56:20	00:56:09	INDIVIDUAL
667	148	ANDREIA	F	26		00:56:22	00:55:48	JAZZY RUNNERS
668	721	RICARDO SOUSA	M	42		00:56:24	00:55:44	INDIVIDUAL
669	371	PAULO DIAS	M	41		00:56:25	00:55:45	INDIVIDUAL
670	837	PAULO SANDRA	M	36		00:56:25	00:55:44	A JORGE PINA
671	504	SÉRGIO TAVARES	M	31		00:56:29	00:56:12	CCD CA MUTUO
672	451	MÁRIO SÁ	M	34		00:56:32	00:55:52	INDIVIDUAL
673	450	LUIS FONSECA	M	47		00:56:32	00:55:53	INDIVIDUAL
674	124	MARITZA VALDES	F	47		00:56:34	00:56:10	ADRC MATA BENFICA
675	583	PEDRO MARTINHO	M	31		00:56:37	00:56:08	INDIVIDUAL
676	582	RICARDO SOUSA	M	32		00:56:37	00:56:07	INDIVIDUAL
677	448	DAVID V GONÇALVES	M	30		00:56:37	00:56:06	INDIVIDUAL
678	697	RICARDO MACHADO	M	39		00:56:38	00:55:59	INDIVIDUAL
679	695	PEDRO NUNES	M	33		00:56:38	00:55:59	INDIVIDUAL
680	792	ANA CIDRA	F	39		00:56:38	00:56:38	INDIVIDUAL
681	961	JORGE DUARTE	M	44		00:56:45	00:56:30	GDF RUNNING
682	309	DIOGO M SANTOS	M	38		00:56:48	00:56:46	INDIVIDUAL
683	614	PEDRO MORAIS	M	36		00:56:52	00:56:18	INDIVIDUAL
684	101	JOSE ALÍPIO	M	56		00:56:53	00:56:52	INDIVIDUAL
685	259	AFSY NADINA	F	33		00:56:55	00:56:41	INDIVIDUAL
686	806	CATARINA LOURENCO	F	35		00:56:58	00:56:58	INDIVIDUAL
687	699	GONÇALO GRADE	M	24		00:57:09	00:56:28	INDIVIDUAL
688	143	LUIS QUEIRÓS	M	36		00:57:14	00:56:40	JAZZY RUNNERS
689	343	JOSE RICARDO	M	60		00:57:15	00:56:40	OS ATLETAS
690	579	MIRNA MOTA	F	31		00:57:18	00:57:05	INDIVIDUAL
691	202	FERNANDO PALMA	M	36		00:57:19	00:56:59	EAP RUNNERS
692	905	ANTONIO CASTRO	M	44		00:57:20	00:57:00	GD SANTANDER TOTTA
693	713	NUNO M R AFONSO	M	39		00:57:24	00:57:03	INDIVIDUAL
694	31	SUSANA FIGUEIREDO	F	43		00:57:27	00:56:38	INDIVIDUAL
695	891	PAULO PERES	M	47		00:57:27	00:57:11	CLUBE ANACOM
696	229	CLAUDIA FREIXO	F	31		00:57:27	00:56:45	INDIVIDUAL
697	727	DINIS SANTOS	M	59		00:57:28	00:57:28	CORINTHIA HOTEL LISBON
698	271	Mª SOFIA MELO	F	49		00:57:32	00:57:03	INDIVIDUAL
699	273	ODETE LAMPREIA	F	66		00:57:32	00:57:03	INDIVIDUAL
700	653	Mª HELENA ANDRADE	F	52		00:57:35	00:57:32	INDIVIDUAL
701	786	LETICIA DE LA FUERTE	F	32		00:57:36	00:56:45	JAZZY RUNNERS
702	266	JOSE SANTOS	M	31		00:57:36	00:56:45	JAZZY RUNNERS

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
703	106	PEDRO QUINA	M	48		00:57:38	00:56:57	INDIVIDUAL
704	593	JORGE LOURENÇO	M	36		00:57:44	00:57:10	CLUBE HERMES
705	359	SARA LOPES	F	28		00:57:45	00:57:32	INDIVIDUAL
706	258	DONNI M AKBAR	M	39		00:57:45	00:57:32	INDIVIDUAL
707	793	ANTONIO FERNANDES	M	77		00:57:45	00:57:45	INDIVIDUAL
708	887	RUI OLIVEIRA	M	47		00:57:49	00:57:31	SS CGD
709	399	MIGUEL R SILVA	M	44		00:57:50	00:57:11	OS CARACOIS FURIOSOS
710	401	SUSANA CLIMAS	F	26		00:57:50	00:57:11	OS CARACOIS FURIOSOS
711	237	LUIS F A NUNES	M	39		00:57:51	00:57:14	CTJL
712	684	MARLENE OLIVEIRA	F	40		00:57:56	00:57:45	INDIVIDUAL
713	373	ANDRE S CASTANHO	M	27		00:58:02	00:57:26	INDIVIDUAL
714	716	SARA P CABRAL	F	43		00:58:03	00:57:42	SM
715	635	JOSE A BARREIROS	M	42		00:58:11	00:57:28	INDIVIDUAL
716	141	MARTA COUTINHO	F	28		00:58:18	00:57:27	JAZZY RUNNERS
717	313	PEDRO PALRÃO	M	47		00:58:18	00:57:28	JAZZY RUNNERS
718	320	JACINTO GODINHO	M	45		00:58:22	00:57:37	GODINHO
719	570	ANDRÉ BARATA	M	30		00:58:28	00:58:02	INDIVIDUAL
720	312	DOMINGOS DA COSTA	M	65		00:58:31	00:57:37	INDIVIDUAL
721	405	CARLOS F MONTEIRO	M	53		00:58:32	00:57:41	INDIVIDUAL
722	138	PEDRO S FARO	M	46		00:58:37	00:57:43	INDIVIDUAL
723	475	CATIA PINA PEREIRA	F	34		00:58:43	00:58:28	INDIVIDUAL
724	224	ANA M SIMÃO	F	40		00:58:43	00:58:21	INDIVIDUAL
725	893	SERGIO ANTUNES	M	46		00:58:45	00:58:29	CLUBE ANACOM
726	279	ELISABETE D FARINHA	F	50		00:58:48	00:57:59	INDIVIDUAL
727	110	SERGIO GALÓ	M	33		00:58:49	00:58:00	OPTICALIA RUNNING TEAM
728	919	JOSE MONTEIRO	M	64		00:58:56	00:58:54	GD SANTANDER TOTTA
729	458	RICARDO CAMPOS	M	38		00:58:57	00:58:05	AFO
730	609	CARLOS VIEGAS	M	55		00:59:03	00:58:58	INDIVIDUAL
731	262	BRUNO MADEIRA	M	36		00:59:04	00:58:48	INDIVIDUAL
732	176	VALDEMAR VIEGAS	M	38		00:59:05	00:58:10	INDIVIDUAL
733	71	BRUNO GOMES	M	32		00:59:05	00:58:27	AERO RUNNERS
734	1021	GABRIELA MARQUES	F	36		00:59:08	00:58:20	INDIVIDUAL
735	1022	LURDES SANTOS	F	34		00:59:08	00:58:20	INDIVIDUAL
736	57	JOSE NOGUEIRA	M	52		00:59:08	00:58:23	INDIVIDUAL
737	54	JOAQUIM FONSECA	M	58		00:59:14	00:59:02	INDIVIDUAL
738	205	LUIS C MOTA	M	39		00:59:16	00:58:39	INDIVIDUAL
739	585	FERNANDO BASTO	M	46		00:59:26	00:58:55	INDIVIDUAL
740	14	GONÇALO B PRATA	M	34		00:59:31	00:59:31	INDIVIDUAL
741	32	MARINA MORAES	F	50		00:59:40	00:58:53	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
742	58	JOAO BATISTA	M	60		00:59:40	00:58:55	INDIVIDUAL
743	871	ANA MONTEIRO	F	42		00:59:41	00:59:25	CÂMARA L CLUBE
744	160	INES CUNHA	F	27		00:59:47	00:59:42	CLUBE ROBBIALAC
745	608	NUNO GONÇALVES	M	60		00:59:48	00:59:35	INDIVIDUAL
746	400	CARLOS CAPELO	M	39		00:59:53	00:59:14	OS CARACOIS FURIOSOS
747	558	VITOR MONTEIRO	M	51		01:00:00	00:59:42	MARRIOTT LISBOA
748	860	CARLOS FERREIRA	M	49		01:00:06	00:59:34	CÂMARA L CLUBE
749	760	NUNO RIBAS	M	33		01:00:09	00:59:26	RIBEIROS
750	762	LUIS RIBEIRO	M	33		01:00:10	00:59:27	INDIVIDUAL
751	118	EDUARDO AMORIM	M	42		01:00:11	00:58:31	INDIVIDUAL
752	840	JOAQUIM CORREIA	M	52		01:00:13	00:59:23	SL CAMPOLIDE
753	210	SOFIA MANSO	F	27		01:00:14	00:59:33	OS AMIGOS DA KIKA
754	715	MARTA M NEVES	F	40		01:00:14	00:59:50	SM
755	572	CARLA M S C CARDOSO	F	47		01:00:18	00:59:42	INDIVIDUAL
756	198	FRANCISCO RIBEIRO	M	66		01:00:21	01:00:12	INDIVIDUAL
757	940	MONICA ABREU	F	33		01:00:23	01:00:03	SS MONTEPIO GERAL
758	561	ALEXANDRA INÁCIO	F	40		01:00:23	00:59:49	INDIVIDUAL
759	591	LUIA FREITAS	F	32		01:00:24	00:59:50	CLUBE HERMES
760	382	ANTONIO SIETRA	M	42		01:00:26	00:59:58	CLUBE VODAFONE
761	619	ILIDIO MONTEIRO	M	64		01:00:32	00:59:45	BESMART
762	319	ANTONIO C NOVAS	M	35		01:00:41	00:59:56	GODINHO
763	232	EDUARDO PESTANA	M	34		01:00:45	01:00:45	KANINOS
764	449	CELIA AZENHA	F	49		01:00:48	01:00:29	INDIVIDUAL
765	521	CECÍLIA NICOLAU	F	47		01:00:48	01:00:29	AA LEBRES SADO
766	340	HENRIQUE S VILHENA	M	57		01:00:48	00:59:54	INDIVIDUAL
767	742	NIDIA SILVA	F	58		01:00:56	01:00:50	INDIVIDUAL
768	763	JOANA RIBEIRO	F	33		01:00:57	01:00:13	INDIVIDUAL
769	580	PEDRO LOPES	M	32		01:00:58	01:00:45	INDIVIDUAL
770	209	RITA PEDROSO	F	27		01:00:59	01:00:17	OS AMIGOS DA KIKA
771	35	FERNANDO M LOPES	M	41		01:01:01	01:00:44	INDIVIDUAL
772	726	MARCOS ALEXANDRE	M	43		01:01:04	01:00:42	CORINTHIA HOTEL LISBON
773	156	JOSE RODRIGUES	M	61		01:01:07	01:01:04	CLUBE ROBBIALAC
774	535	CARLOTA M M S PEREIRA	F	21		01:01:15	01:00:29	INDIVIDUAL
775	743	LUÍSA CASIMIRO	F	28		01:01:20	01:00:43	MIRC
776	723	RICARDO GONÇALVES	M	33		01:01:22	01:00:31	INDIVIDUAL
777	628	PAULO CORREIA	M	46		01:01:36	01:00:44	INDIVIDUAL
778	746	JULIEN SIMAS	M	43		01:01:37	01:01:11	MIRC
779	476	ANTONIO NUNES	M	74		01:01:40	01:01:15	C SARGENTO ARMADA
780	477	ALBANO GINJA	M	57		01:01:41	01:01:15	C SARGENTO ARMADA

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
781	4	PAULA L NOGUEIRA	F	37		01:01:43	01:01:43	INDIERUNNERS
782	5	NUNO S ALMEIDA	M	29		01:01:43	01:01:43	INDIERUNNERS
783	6	MARIO PIRES	M	54		01:01:43	01:01:43	CACILHENSES
784	204	NUNO PEREIRA	M	40		01:01:53	01:01:34	EAP RUNNERS
785	821	JORGE BARREIRA	M	53		01:01:53	01:01:49	A JORGE PINA
786	901	LUIS PARRO	M	52		01:01:57	01:01:37	GARMIN CO OEIRAS
787	896	FERNANDA PARRO	F	50		01:01:57	01:01:35	GARMIN CO OEIRAS
788	536	NUNO M X V OLIVEIRA	M	30		01:02:06	01:01:34	INDIVIDUAL
789	784	LUIS F ALVES	M	52		01:02:10	01:01:28	INDIVIDUAL
790	785	GONÇALO ALVES	M	22		01:02:10	01:01:27	INDIVIDUAL
791	666	SARA MORAIS	M	37		01:02:21	01:02:07	VALADARES
792	831	JOSE GONÇALVES	M	63		01:02:32	01:01:52	A JORGE PINA
793	686	RAUL J MATOS	M	45		01:02:40	01:01:57	RUN 4 FUN
794	687	ROGERIO P MATOS	M	51		01:02:40	01:01:57	RUN 4 FUN
795	691	BRUNO MARQUES	M	31		01:02:41	01:02:34	SQUADRA RUNNING
796	444	JOAO MACHADO	M	28		01:02:51	01:02:03	HOLLA HOLLAGET DOLLA !
797	443	MARGARIDA FERREIRA	F	29		01:02:52	01:02:05	HOLLA HOLLAGET DOLLA !
798	564	ANA R F SOUSA	F	34		01:02:56	01:02:42	INDIVIDUAL
799	921	JOSE RIBEIRO	M	68		01:03:02	01:02:06	GD SANTANDER TOTTA
800	924	LUIS SILVA	M	71		01:03:02	01:02:18	GD SANTANDER TOTTA
801	798	BERNARDO FERRAO	M	34		01:03:09	01:02:39	INDIVIDUAL
802	888	RUI SANTOS	M	46		01:03:12	01:02:40	SS CGD
803	780	JOSE PIRES	M	78		01:03:12	01:02:23	CCDT METRO LX
804	874	AURELIO CALADO	M	64		01:03:13	01:02:20	SS CGD
805	234	CESAR F GUERRA	M	44		01:03:20	01:02:41	CTJL
806	1024	FATIMA AGUIAR	F	42		01:03:22	01:02:36	INDIVIDUAL
807	872	ANABELA MEIA-VIA	F	45		01:03:24	01:02:51	CÂMARA L CLUBE
808	613	DORA DUARTE	F	53		01:03:27	01:03:10	INDIVIDUAL
809	624	ISABEL OLIVEIRA	F	53		01:03:27	01:03:12	INDIVIDUAL
810	823	JOSE CARLOS	M	37		01:03:31	01:03:20	A JORGE PINA
811	789	ANDRE CHEN	M	35		01:03:34	01:02:37	INDIVIDUAL
812	882	LEONOR PENEJA	F	25		01:03:47	01:02:57	SS CGD
813	16	ANA GONÇALVES	F	46		01:03:48	01:03:48	AERO RUNNERS
814	17	ANA T SEABRA	F	48		01:03:48	01:03:48	AERO RUNNERS
815	236	JOSE M S S MARTINS	M	56		01:04:05	01:04:05	CTJL
816	342	CARLOS GUERREIRO	M	35		01:04:08	01:03:42	OS ATLETAS
817	1033	BELMIRO GUIAR	M	50		01:04:15	01:03:59	INDIVIDUAL
818	518	ANTONIO PINHO	M	61		01:04:16	01:03:57	AA LEBRES SADO
819	355	CARLOS ANDRADE	M	33		01:04:17	01:03:29	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
820	911	FABIO DIAS	M	42		01:04:20	01:04:04	GD SANTANDER TOTTA
821	350	NATALIA SIMÕES	F	32		01:04:23	01:03:34	JAZZY RUNNERS
822	264	FRANCISCO ROQUE	M	58		01:04:23	01:03:34	JAZZY RUNNERS
823	890	ISAAC CARRELO	M	53		01:04:24	01:04:08	CLUBE ANACOM
824	889	JOAO CASTRO	M	53		01:04:24	01:04:08	CLUBE ANACOM
825	263	PEDRO PLÁCIDO	M	39		01:04:36	01:03:47	JAZZY RUNNERS
826	396	ANTONIO L MARTINS	M	56		01:04:52	01:03:58	INDIVIDUAL
827	397	MADALENA MARTINS	F	29		01:04:53	01:03:58	INDIVIDUAL
828	185	CARLOS MACHADO	M	37		01:04:55	01:04:08	INDIVIDUAL
829	184	JORGE FERREIRA	M	58		01:04:57	01:04:12	INDIVIDUAL
830	413	CECILIA TAVARES	F	47		01:05:01	01:05:01	GD CHELAS
831	233	ALEXANDRE PESTANA	M	32		01:05:03	01:04:32	KANINOS
832	18	ALEXANDRA PIRES	F	46		01:05:09	01:05:09	AERO RUNNERS
833	15	SONIA DOMINGOS	F	36		01:05:09	01:05:09	AERO RUNNERS
834	703	PAULO CAEIRO	M	32		01:05:12	01:04:32	INDIVIDUAL
835	122	RUI HENRIQUES	M	66		01:05:14	01:04:49	ADRC MATA BENFICA
836	155	MARIO RUI	M	56		01:05:26	01:05:20	CLUBE ROBBIALAC
837	501	LINO GOMES	M	52		01:05:31	01:04:29	CCD CA MUTUO
838	502	PEDRO SÉRGIO	M	46		01:05:31	01:04:29	CCD CA MUTUO
839	69	JOAO LEITÃO	M	48		01:05:50	01:05:26	AERO RUNNERS
840	375	MANUEL GONÇALVES	M	65		01:05:51	01:04:59	NECAS TEAM
841	794	JORGE OLIVEIRA	M	53		01:05:52	01:05:52	INDIVIDUAL
842	171	CATARINA COIMBRA	F	21		01:06:12	01:05:44	INDIVIDUAL
843	526	ANA I LOPES	F	44		01:06:30	01:06:10	INDIVIDUAL
844	321	ANTONIO MARQUES	M	67		01:06:38	01:06:34	INDIVIDUAL
845	326	JOAO GRAÇA	M	74		01:06:39	01:05:47	ND AUTOCOOPE
846	529	JOSE BATISTA	M	61		01:06:40	01:06:40	INDIVIDUAL
847	671	ALINA SOUSA	F	59		01:06:41	01:06:24	INDIVIDUAL
848	944	LILIANA RODRIGUES	F	31		01:06:51	01:06:27	SS MONTEPIO GERAL
849	596	ANABELA A G T MATIAS	F	44		01:06:53	01:05:55	INDIVIDUAL
850	675	MARCO BAPTISTA	M	36		01:07:06	01:06:34	INDIVIDUAL
851	652	JOAO P ESTANQUEIRO	M	37		01:07:07	01:06:36	INDIVIDUAL
852	256	SERGIO PATRÍCIO	M	40		01:07:12	01:06:44	PREMIUM RUNNERS !!
853	272	ANA VAREJÃO	F	49		01:07:12	01:06:46	INDIVIDUAL
854	162	MIGUEL SILVA	M	39		01:07:16	01:07:09	CLUBE ROBBIALAC
855	677	ANTONIO P G MONTEIRO	M	22		01:07:24	01:06:41	MONTEIRINHOS
856	353	RITA S NEVES	F	27		01:07:32	01:06:37	INDIVIDUAL
857	333	JOAO C G BRANCO	M	45		01:07:38	01:07:26	PAPA MILHAS 2
858	999	IDALINA MADEIRA	F	53		01:07:51	01:07:26	AÇOREANA C BANIF

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
859	818	CATARINA NEVES	F	36		01:07:55	01:07:55	INDIVIDUAL
860	819	GONÇALO NEVES	M	73		01:07:55	01:07:55	INDIVIDUAL
861	361	CATARINA REIS	F	39		01:08:10	01:07:40	INDIVIDUAL
862	803	BENTO FERREIRA	M	67		01:08:20	01:07:22	INDIVIDUAL
863	203	EUGENIA PEREIRA	F	39		01:08:29	01:08:09	EAP RUNNERS
864	253	RAQUEL LEITÃO	F	29		01:08:29	01:08:00	PREMIUM RUNNERS !!
865	1017	ANA ANGELO	F	41		01:08:55	01:07:58	INDIVIDUAL
866	595	ANTONIO M S ALVES	M	44		01:08:57	01:07:59	INDIVIDUAL
867	884	MANUEL BRÁS	M	45		01:09:16	01:08:45	SS CGD
868	1007	MA FEE HUNG	F	63		01:09:17	01:08:51	AÇOREANA C BANIF
869	94	ANTÓNIO PEDRO	F	42		01:09:25	01:08:39	INDIVIDUAL
870	93	DIANA GUIMARÃES	F	39		01:09:26	01:08:41	INDIVIDUAL
871	1020	CARLOS SILVA	M	55		01:09:28	01:09:04	INDIVIDUAL
872	497	NUNO OLIVEIRA	M	37		01:09:36	01:09:14	INDIVIDUAL
873	104	JOAQUIM PALMA	M	59		01:09:38	01:09:15	INDIVIDUAL
874	252	CARMINDA PORTELA	F	57		01:09:54	01:09:26	PREMIUM RUNNERS !!
875	357	FRANCISCO J G BERNARDO	M	38		01:10:06	01:09:11	FRIENDS2RUN
876	222	JOSE J CALDEIRA	M	50		01:10:07	01:09:36	OS CALDEIRA'S
877	192	RUI CARVALHO	M	36		01:10:08	01:09:07	PAPA QUILOMETROS SBD
878	196	FRANCISCO ENCARNAÇÃO	M	37		01:10:09	01:09:07	PAPA QUILOMETROS SBD
879	191	ANTONIO CARDOSO	M	51		01:10:09	01:10:09	PAPA QUILOMETROS SBD
880	902	NUNO SILVA	M	31		01:10:20	01:10:14	GARMIN CO OEIRAS
881	269	Mª CARMO ANJOS	F	67		01:10:29	01:10:17	JUNTA FREG PORTELA
882	524	LIGIA SANTOS	F	26		01:10:34	01:09:53	AB TEAM
883	522	ANA C CAETANO	F	23		01:10:34	01:09:52	AB TEAM
884	782	GUALDINO FREIRE	M	51		01:10:46	01:09:56	CCDT METRO LX
885	750	MARIA CANAVEIRA	F	36		01:10:57	01:10:05	INDIVIDUAL
886	741	ANA MACHADO	F	32		01:11:00	01:10:22	INDIVIDUAL
887	235	Mª TERESA L RODRIGUES	F	57		01:11:10	01:11:10	CTJL
888	926	MARIA GERTRUDES	F	65		01:11:12	01:11:02	GD SANTANDER TOTTA
889	678	ANTONIO J S MONTEIRO	M	54		01:11:26	01:10:42	MONTEIRINHOS
890	735	JOAO P CARVALHO	M	54		01:11:26	01:10:43	INDIVIDUAL
891	423	CRISTINA SEIXAS	F	50		01:11:26	01:10:55	JAZZY RUNNERS
892	255	GABRIEL CARVALHO	M	34		01:11:53	01:11:17	PREMIUM RUNNERS !!
893	254	SONIA CORREIA	F	37		01:11:53	01:11:18	PREMIUM RUNNERS !!
894	277	JOANA S MARTINS	F	33		01:12:04	01:11:40	ADRC MATA BENFICA
895	525	DIOGO LEITÃO	M	30		01:12:22	01:11:49	INDIVIDUAL
896	60	FERNANDO M COELHO	M	49		01:12:58	01:12:51	INDIVIDUAL
897	9	LÚCIA CAVALEIRO	F	36		01:13:00	01:13:00	AERO RUNNERS

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
898	759	INES PEREIRA	F	29		01:14:45	01:14:01	RIBEIROS
899	692	JOSE ARRUDA	M	64		01:14:46	01:13:49	INDIVIDUAL
900	693	FOCK CHIU	F	63		01:14:46	01:13:48	INDIVIDUAL
901	12	JOHNNY THOMASSEN	M	53		01:15:01	01:15:01	INDIVIDUAL
902	13	CARMEN THOMASSEN	F	24		01:15:01	01:15:01	INDIVIDUAL
903	719	CONCEIÇÃO TEIXEIRA	F	29		01:15:10	01:14:38	INDIVIDUAL
904	676	LIDIA BAPTISTA	F	34		01:15:10	01:14:38	INDIVIDUAL
905	61	Mª MANUELA COELHO	F	48		01:16:00	01:15:55	INDIVIDUAL
906	86	LUIS PARIS	M	48		01:16:07	01:15:35	SS CGD
907	563	MARA L G SANTOS	F	29		01:17:46	01:17:31	INDIVIDUAL
908	334	DIOGO J R BRANCO	M	19		01:17:47	01:17:33	PAPA MILHAS 2
909	251	PATRÍCIA PAULO	F	40		01:19:02	01:18:36	PREMIUM RUNNERS !!
910	801	PAULO J AMORIM	M	35		01:19:32	01:18:49	INDIVIDUAL
911	533	MARGARIDA RUSSIANO	F	20		01:20:31	01:19:35	INDIVIDUAL
912	244	ELISABETE DOUTOR	F	36		01:21:14	01:20:47	PREMIUM RUNNERS !
913	180	FATIMA DURÃO	F	51		01:21:37	01:20:50	INDIVIDUAL
914	33	CLARA JULIO	F	48		01:21:37	01:20:51	INDIVIDUAL
915	34	TERESA TRAÇA	F	50		01:21:53	01:21:07	INDIVIDUAL
916	108	SUSANA B R A CASEIRO	F	39		01:22:09	01:21:16	BORA LÁ!
917	107	SOFIA M S ELVAS	F	39		01:22:09	01:21:16	BORA LÁ!
918	799	MANA	F	37		01:22:48	01:22:04	INDIVIDUAL

Total de registros: 918

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

F2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	290	ANA FILIPA SANTOS	F	32	00:36:18	00:36:17	CD AGUIAS ALPIARÇA
2	23	PAMELLA N OLIVEIRA	F	26	00:38:13	00:38:11	DESMOR
3	1006	LUCIA OLIVEIRA	F	34	00:41:03	00:41:00	AÇOREANA C BANIF
4	299	SARA TENRINHO	F	20	00:41:29	00:41:25	CD AGUIAS ALPIARÇA
5	24	HEE J KIM	F	23	00:41:40	00:41:36	DESMOR
6	298	ANDREIA FERRUM	F	20	00:42:05	00:42:03	CD AGUIAS ALPIARÇA
7	993	ALEXANDRA ALVES	F	31	00:42:52	00:42:50	AÇOREANA C BANIF
8	296	ALEXANDRA SANTOS	F	20	00:42:52	00:42:48	CD AGUIAS ALPIARÇA
9	349	JULIANA RODRIGUES	F	27	00:43:25	00:43:05	SO PRA DESPORTIVAR
10	903	SANDRA ROMANO	F	33	00:44:16	00:44:11	GARMIN CO OEIRAS
11	195	CLAUDIA FERNANDES	F	28	00:44:45	00:43:40	PAPA QUILOMETROS SBD
12	589	BRIGITTE CARDOSO	F	30	00:44:53	00:44:45	INDIVIDUAL
13	824	RAQUEL PEDRO	F	28	00:46:02	00:45:43	A JORGE PINA
14	1000	ISABEL MATIAS	F	32	00:46:15	00:46:11	AÇOREANA C BANIF
15	499	CATARINA GOMES	F	20	00:49:54	00:49:37	CCD CA MUTUO
16	348	CLARA SANTANA	F	23	00:50:17	00:49:56	SO PRA DESPORTIVAR
17	48	SANDRA ARRAIAS	F	32	00:50:38	00:50:13	OS ARRAIAS
18	950	TERESA CARDOSO	F	34	00:51:12	00:50:39	SS MONTEPIO GERAL
19	247	CRISTINA PÓVOA	F	26	00:51:14	00:50:50	PREMIUM RUNNERS !
20	105	MÓNICA POTES	F	29	00:51:46	00:51:33	AERO RUNNERS
21	560	IRIS GALADO	F	22	00:52:51	00:52:33	MARRIOTT LISBOA
22	369	ISABEL MONTEIRO	F	27	00:52:52	00:52:11	INDIVIDUAL
23	904	TERESA SEPULVEDA	F	33	00:53:40	00:53:35	GARMIN CO OEIRAS
24	231	RITA PINTO	F	24	00:53:40	00:52:33	INDIVIDUAL
25	111	ANA F FARINHA	F	31	00:53:47	00:52:59	OPTICALIA RUNNING TEAM
26	79	ELINA MATONSE	F	30	00:54:03	00:53:13	AMINHACORRIDA.COM
27	245	LARA FERREIRA	F	30	00:54:05	00:53:38	PREMIUM RUNNERS !
28	146	FLAVIA PEREIRA	F	27	00:54:12	00:53:38	JAZZY RUNNERS
29	261	TELMA MOREIRA	F	27	00:54:13	00:53:51	INDIVIDUAL
30	435	HELENA REIS	F	32	00:54:33	00:53:41	INDIVIDUAL
31	587	LÍLIA NEVES	F	27	00:54:36	00:54:02	JAQUINZINHOS CORRIDA
32	220	RITA A AFONSO	F	27	00:55:02	00:54:47	INDIVIDUAL
33	436	ROSA VIVEIROS	F	31	00:55:39	00:55:26	FALCOES SELVAGENS
34	491	LUIA MESQUITA	F	27	00:55:55	00:55:47	PRINCESAS E FRAQUINHOS
35	148	ANDREIA	F	26	00:56:22	00:55:48	JAZZY RUNNERS
36	259	AFSY NADINA	F	33	00:56:55	00:56:41	INDIVIDUAL
37	579	MIRNA MOTA	F	31	00:57:18	00:57:05	INDIVIDUAL
38	229	CLAUDIA FREIXO	F	31	00:57:27	00:56:45	INDIVIDUAL
39	786	LETICIA DE LA FUERTE	F	32	00:57:36	00:56:45	JAZZY RUNNERS
40	359	SARA LOPES	F	28	00:57:45	00:57:32	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

F2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	401	SUSANA CLIMAS	F	26	00:57:50	00:57:11	OS CARACOIS FURIOSOS
42	141	MARTA COUTINHO	F	28	00:58:18	00:57:27	JAZZY RUNNERS
43	475	CATIA PINA PEREIRA	F	34	00:58:43	00:58:28	INDIVIDUAL
44	1022	LURDES SANTOS	F	34	00:59:08	00:58:20	INDIVIDUAL
45	160	INES CUNHA	F	27	00:59:47	00:59:42	CLUBE ROBBIALAC
46	210	SOFIA MANSO	F	27	01:00:14	00:59:33	OS AMIGOS DA KIKA
47	940	MONICA ABREU	F	33	01:00:23	01:00:03	SS MONTEPIO GERAL
48	591	LUISA FREITAS	F	32	01:00:24	00:59:50	CLUBE HERMES
49	763	JOANA RIBEIRO	F	33	01:00:57	01:00:13	INDIVIDUAL
50	209	RITA PEDROSO	F	27	01:00:59	01:00:17	OS AMIGOS DA KIKA
51	535	CARLOTA M M S PEREIRA	F	21	01:01:15	01:00:29	INDIVIDUAL
52	743	LUÍSA CASIMIRO	F	28	01:01:20	01:00:43	MIRC
53	443	MARGARIDA FERREIRA	F	29	01:02:52	01:02:05	HOLLA HOLLAGET DOLLA !
54	564	ANA R F SOUSA	F	34	01:02:56	01:02:42	INDIVIDUAL
55	882	LEONOR PENEJA	F	25	01:03:47	01:02:57	SS CGD
56	350	NATALIA SIMÕES	F	32	01:04:23	01:03:34	JAZZY RUNNERS
57	397	MADALENA MARTINS	F	29	01:04:53	01:03:58	INDIVIDUAL
58	171	CATARINA COIMBRA	F	21	01:06:12	01:05:44	INDIVIDUAL
59	944	LILIANA RODRIGUES	F	31	01:06:51	01:06:27	SS MONTEPIO GERAL
60	353	RITA S NEVES	F	27	01:07:32	01:06:37	INDIVIDUAL
61	253	RAQUEL LEITÃO	F	29	01:08:29	01:08:00	PREMIUM RUNNERS !!
62	524	LIGIA SANTOS	F	26	01:10:34	01:09:53	AB TEAM
63	522	ANA C CAETANO	F	23	01:10:34	01:09:52	AB TEAM
64	741	ANA MACHADO	F	32	01:11:00	01:10:22	INDIVIDUAL
65	277	JOANA S MARTINS	F	33	01:12:04	01:11:40	ADRC MATA BENFICA
66	759	INES PEREIRA	F	29	01:14:45	01:14:01	RIBEIROS
67	13	CARMEN THOMASSEN	F	24	01:15:01	01:15:01	INDIVIDUAL
68	719	CONCEIÇÃO TEIXEIRA	F	29	01:15:10	01:14:38	INDIVIDUAL
69	676	LIDIA BAPTISTA	F	34	01:15:10	01:14:38	INDIVIDUAL
70	563	MARA L G SANTOS	F	29	01:17:46	01:17:31	INDIVIDUAL
71	533	MARGARIDA RUSSIANO	F	20	01:20:31	01:19:35	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	986	SANDRA TEIXEIRA	F	40	00:40:54	00:40:14	WIKABOO
2	980	MARIA AZEVEDO	F	35	00:44:16	00:43:36	WIKABOO
3	193	CRISTINA VALÉRIO	F	43	00:44:44	00:43:57	PAPA QUILOMETROS SBD
4	217	ANA S SOBREIRA	F	42	00:45:32	00:45:25	INDIVIDUAL
5	479	ICIAR R NEVADO	F	37	00:45:40	00:45:30	INDIVIDUAL
6	489	ANABELA GASPAR	F	39	00:49:10	00:49:01	PRINCESAS E FRAQUINHOS
7	598	NOEMIA MONTEIRO	F	38	00:50:01	00:49:49	INDIVIDUAL
8	538	BEATRIZ FERNANDES	F	44	00:50:34	00:50:19	INDIVIDUAL
9	662	SUSANA DURO	F	36	00:50:34	00:50:21	VALADARES
10	427	ELSA MOREIRA	F	38	00:52:09	00:51:53	GD INE
11	268	ALZIRA PEREIRA	F	35	00:53:13	00:52:25	JAZZY RUNNERS
12	545	CRISTINA AZEVEDO	F	39	00:53:15	00:52:56	C COLAB AXA
13	246	KELLEN ABREU	F	37	00:53:42	00:53:14	PREMIUM RUNNERS !
14	182	CARMEN CUNA	F	38	00:53:54	00:53:03	INDIVIDUAL
15	1013	SANDRA MARTINS	F	36	00:54:03	00:53:42	AÇOREANA C BANIF
16	928	NIDIA FERREIRA	F	35	00:54:11	00:54:02	GD SANTANDER TOTTA
17	938	SANDRA MARINHO	F	42	00:54:56	00:54:37	GD SANTANDER TOTTA
18	472	ANDREIA MONTEIRO	F	35	00:55:19	00:54:24	GD CHELAS
19	990	MONICA PAREDES	F	35	00:55:59	00:55:19	WIKABOO
20	490	CARLA GASPAR	F	42	00:56:00	00:55:51	PRINCESAS E FRAQUINHOS
21	488	ANA C ALMEIDA	F	41	00:56:11	00:56:03	PRINCESAS E FRAQUINHOS
22	792	ANA CIDRA	F	39	00:56:38	00:56:38	INDIVIDUAL
23	806	CATARINA LOURENCO	F	35	00:56:58	00:56:58	INDIVIDUAL
24	31	SUSANA FIGUEIREDO	F	43	00:57:27	00:56:38	INDIVIDUAL
25	684	MARLENE OLIVEIRA	F	40	00:57:56	00:57:45	INDIVIDUAL
26	716	SARA P CABRAL	F	43	00:58:03	00:57:42	SM
27	224	ANA M SIMÃO	F	40	00:58:43	00:58:21	INDIVIDUAL
28	1021	GABRIELA MARQUES	F	36	00:59:08	00:58:20	INDIVIDUAL
29	871	ANA MONTEIRO	F	42	00:59:41	00:59:25	CÂMARA L CLUBE
30	715	MARTA M NEVES	F	40	01:00:14	00:59:50	SM
31	561	ALEXANDRA INÁCIO	F	40	01:00:23	00:59:49	INDIVIDUAL
32	4	PAULA L NOGUEIRA	F	37	01:01:43	01:01:43	INDIERUNNERS
33	1024	FATIMA AGUIAR	F	42	01:03:22	01:02:36	INDIVIDUAL
34	15	SONIA DOMINGOS	F	36	01:05:09	01:05:09	AERO RUNNERS
35	526	ANA I LOPES	F	44	01:06:30	01:06:10	INDIVIDUAL
36	596	ANABELA A G T MATIAS	F	44	01:06:53	01:05:55	INDIVIDUAL
37	818	CATARINA NEVES	F	36	01:07:55	01:07:55	INDIVIDUAL
38	361	CATARINA REIS	F	39	01:08:10	01:07:40	INDIVIDUAL
39	203	EUGENIA PEREIRA	F	39	01:08:29	01:08:09	EAP RUNNERS
40	1017	ANA ANGELO	F	41	01:08:55	01:07:58	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	94	ANTÓNIO PEDRO	F	42	01:09:25	01:08:39	INDIVIDUAL
42	93	DIANA GUIMARÃES	F	39	01:09:26	01:08:41	INDIVIDUAL
43	750	MARIA CANAVEIRA	F	36	01:10:57	01:10:05	INDIVIDUAL
44	254	SONIA CORREIA	F	37	01:11:53	01:11:18	PREMIUM RUNNERS !!
45	9	LÚCIA CAVALEIRO	F	36	01:13:00	01:13:00	AERO RUNNERS
46	251	PATRÍCIA PAULO	F	40	01:19:02	01:18:36	PREMIUM RUNNERS !!
47	244	ELISABETE DOUTOR	F	36	01:21:14	01:20:47	PREMIUM RUNNERS !
48	108	SUSANA B R A CASEIRO	F	39	01:22:09	01:21:16	BORA LÁ!
49	107	SOFIA M S ELVAS	F	39	01:22:09	01:21:16	BORA LÁ!
50	799	MANA	F	37	01:22:48	01:22:04	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

F4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1019	NATALIA MARCHENA	F	48	00:53:56	00:53:32	INDIVIDUAL
2	124	MARITZA VALDES	F	47	00:56:34	00:56:10	ADRC MATA BENFICA
3	271	Mª SOFIA MELO	F	49	00:57:32	00:57:03	INDIVIDUAL
4	572	CARLA M S C CARDOSO	F	47	01:00:18	00:59:42	INDIVIDUAL
5	449	CELIA AZENHA	F	49	01:00:48	01:00:29	INDIVIDUAL
6	521	CECÍLIA NICOLAU	F	47	01:00:48	01:00:29	AA LEBRES SADO
7	872	ANABELA MEIA-VIA	F	45	01:03:24	01:02:51	CÂMARA L CLUBE
8	16	ANA GONÇALVES	F	46	01:03:48	01:03:48	AERO RUNNERS
9	17	ANA T SEABRA	F	48	01:03:48	01:03:48	AERO RUNNERS
10	413	CECILIA TAVARES	F	47	01:05:01	01:05:01	GD CHELAS
11	18	ALEXANDRA PIRES	F	46	01:05:09	01:05:09	AERO RUNNERS
12	272	ANA VAREJÃO	F	49	01:07:12	01:06:46	INDIVIDUAL
13	61	Mª MANUELA COELHO	F	48	01:16:00	01:15:55	INDIVIDUAL
14	33	CLARA JULIO	F	48	01:21:37	01:20:51	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

F5099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	963	MARGARIDA GODINHO	F	55	00:46:56	00:46:47	GDF RUNNING
2	805	MARIA MENDES	F	62	00:48:36	00:48:34	INDIVIDUAL
3	55	MERCEDES FONSECA	F	57	00:56:20	00:56:09	INDIVIDUAL
4	273	ODETE LAMPREIA	F	66	00:57:32	00:57:03	INDIVIDUAL
5	653	Mª HELENA ANDRADE	F	52	00:57:35	00:57:32	INDIVIDUAL
6	279	ELISABETE D FARINHA	F	50	00:58:48	00:57:59	INDIVIDUAL
7	32	MARINA MORAES	F	50	00:59:40	00:58:53	INDIVIDUAL
8	742	NIDIA SILVA	F	58	01:00:56	01:00:50	INDIVIDUAL
9	896	FERNANDA PARRO	F	50	01:01:57	01:01:35	GARMIN CO OEIRAS
10	613	DORA DUARTE	F	53	01:03:27	01:03:10	INDIVIDUAL
11	624	ISABEL OLIVEIRA	F	53	01:03:27	01:03:12	INDIVIDUAL
12	671	ALINA SOUSA	F	59	01:06:41	01:06:24	INDIVIDUAL
13	999	IDALINA MADEIRA	F	53	01:07:51	01:07:26	AÇOREANA C BANIF
14	1007	MA FEE HUNG	F	63	01:09:17	01:08:51	AÇOREANA C BANIF
15	252	CARMINDA PORTELA	F	57	01:09:54	01:09:26	PREMIUM RUNNERS !!
16	269	Mª CARMO ANJOS	F	67	01:10:29	01:10:17	JUNTA FREG PORTELA
17	235	Mª TERESA L RODRIGUES	F	57	01:11:10	01:11:10	CTJL
18	926	MARIA GERTRUDES	F	65	01:11:12	01:11:02	GD SANTANDER TOTTA
19	423	CRISTINA SEIXAS	F	50	01:11:26	01:10:55	JAZZY RUNNERS
20	693	FOCK CHIU	F	63	01:14:46	01:13:48	INDIVIDUAL
21	180	FATIMA DURÃO	F	51	01:21:37	01:20:50	INDIVIDUAL
22	34	TERESA TRAÇA	F	50	01:21:53	01:21:07	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M1819

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	294	RICARDO CALADO	M	19	00:35:37	00:35:34	CD AGUIAS ALPIARÇA
2	300	DAVID LUIS	M	18	00:35:59	00:35:55	CD AGUIAS ALPIARÇA
3	718	LEONARDO NUNES	M	18	00:37:08	00:37:07	INDIVIDUAL
4	223	GONÇALO J CALDEIRA	M	18	00:37:13	00:37:07	OS CALDEIRA'S
5	293	NUNO LIMA	M	19	00:37:58	00:37:55	CD AGUIAS ALPIARÇA
6	527	LEONARDO A CABACEIRA	M	18	00:39:41	00:39:39	INDIVIDUAL
7	720	DIOGO GONÇALVES	M	19	00:41:14	00:41:05	INDIVIDUAL
8	597	ANDRE R S ALVES	M	19	00:44:42	00:44:21	INDIVIDUAL
9	411	GONÇALO MARTINS	M	19	00:50:15	00:50:07	GD CHELAS
10	409	FILIFE RODRIGUES	M	18	00:52:50	00:52:44	GD CHELAS
11	453	CARLOS CABACEIRA	M	18	00:54:34	00:53:56	INDIVIDUAL
12	334	DIOGO J R BRANCO	M	19	01:17:47	01:17:33	PAPA MILHAS 2

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	121	SAMUEL BARATA	M	20	00:31:31	00:31:29	SL BENFICA
2	1018	HELIO FUMO	M	31	00:31:43	00:31:41	JOMA
3	25	VASCO A A PESSOA	M	25	00:32:32	00:32:31	DESMOR
4	26	BRUNO P MATHEUS	M	27	00:32:35	00:32:34	DESMOR
5	304	FILIFE AZEVEDO	M	21	00:33:08	00:33:05	CD AGUIAS ALPIARÇA
6	717	NUNO CARPINTEIRO	M	31	00:33:39	00:33:37	INDIVIDUAL
7	116	LUIS SANTOS	M	31	00:35:28	00:35:26	A VALE SILENCIO
8	594	DIOGO BAENA	M	30	00:35:39	00:35:36	INDIVIDUAL
9	302	RAFAEL RIBEIRO	M	20	00:35:59	00:35:55	CD AGUIAS ALPIARÇA
10	166	PEDRO M MACHADO	M	28	00:36:30	00:36:18	INDIVIDUAL
11	804	NUNO VAZ	M	31	00:36:36	00:36:31	INDIVIDUAL
12	165	MANUEL MASCARENHAS	M	30	00:36:37	00:36:35	INDIVIDUAL
13	82	MARCELO G COSTA	M	22	00:36:45	00:36:40	INDIVIDUAL
14	301	RUI TENRINHO	M	20	00:36:50	00:36:50	CD AGUIAS ALPIARÇA
15	50	RICARDO CABO	M	24	00:36:55	00:36:52	INDIVIDUAL
16	530	RICARDO JORDÃO	M	31	00:37:10	00:37:08	INDIVIDUAL
17	1	NUNO SOARES	M	32	00:37:40	00:37:40	INDIVIDUAL
18	948	RUI HENRIQUES	M	34	00:38:05	00:38:02	SS MONTEPIO GERAL
19	27	WESLEY R MATOS	M	26	00:38:14	00:38:12	DESMOR
20	679	DIOGO RAMALHEIRA	M	26	00:38:49	00:38:46	INDIVIDUAL
21	736	JOAO PLÁCIDO	M	28	00:38:56	00:38:41	INDIVIDUAL
22	857	IVO NOGUEIRA	M	27	00:39:24	00:39:14	CÂMARA L CLUBE
23	873	PEDRO S GONÇALVES	M	31	00:39:34	00:39:25	RB RUNNING
24	788	TIAGO ALVES	M	30	00:39:34	00:39:32	INDIVIDUAL
25	951	ANTONIO FIGUIEREDO	M	33	00:39:53	00:39:49	GDF RUNNING
26	289	JOÃO PEIXINHO	M	20	00:40:20	00:40:16	CD AGUIAS ALPIARÇA
27	812	BRUNO LUÍS	M	34	00:41:05	00:40:48	INDIVIDUAL
28	625	JOAO LOURENÇO	M	33	00:41:11	00:40:45	INDIVIDUAL
29	36	HUGO M M F SILVA	M	27	00:41:22	00:41:15	INDIVIDUAL
30	260	RICARDO CUNHA	M	27	00:41:25	00:41:02	INDIVIDUAL
31	2	CARLOS HENRIQUES	M	29	00:41:29	00:41:29	O MUNDO CORRIDA
32	568	MIGUEL PAULINO	M	20	00:41:48	00:41:43	AMIGOS PENICHE
33	208	ROMÃO PEDROSO	M	27	00:41:50	00:41:42	OS AMIGOS DA KIKA
34	577	NELSON GOMES	M	34	00:41:51	00:41:43	INDIVIDUAL
35	387	LUÍS VALINHO	M	27	00:41:54	00:41:44	INDIVIDUAL
36	1011	RICARDO ALVES	M	31	00:41:54	00:41:39	AÇOREANA C BANIF
37	811	RUI MONTEIRO	M	30	00:42:06	00:41:49	INDIVIDUAL
38	376	VITOR PEREIRA	M	26	00:42:15	00:42:08	INDIVIDUAL
39	135	PAULO J F C A BORGES	M	27	00:42:53	00:42:28	INDIVIDUAL
40	496	NUNO C CARVALHO	M	30	00:43:18	00:42:52	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	328	TIAGO TELES	M	29	00:43:23	00:43:16	ND AUTOCOOPE
42	548	BRUNO NEVES	M	33	00:43:23	00:43:06	PI-LINHA RUNNERS
43	984	MILTON MELO	M	34	00:43:35	00:42:55	WIKABOO
44	161	PEDRO RIO	M	31	00:43:45	00:43:39	CLUBE ROBBIALAC
45	643	HELDER REIS	M	29	00:43:47	00:43:36	GENERAL CABLE CELCAT
46	941	DANIEL FARINHA	M	29	00:43:50	00:43:14	SS MONTEPIO GERAL
47	607	BRUNO AMORIM	M	26	00:43:51	00:43:31	INDIVIDUAL
48	590	FILIPE MONTEIRO	M	28	00:43:52	00:43:52	INDIVIDUAL
49	1010	NUNO GAMEIRO	M	33	00:44:05	00:44:01	AÇOREANA C BANIF
50	771	FREDY L M HENRIQUES	M	26	00:44:18	00:44:05	A PUIPILOS EXÉRCITO
51	21	PEDRO M A SILVA	M	27	00:44:21	00:44:05	INDIVIDUAL
52	388	EMANUEL MAGALHÃES	M	24	00:44:23	00:44:05	INDIVIDUAL
53	968	PAULO GUEDES	M	34	00:44:28	00:43:49	WIKABOO
54	445	MANUEL VASCONCELOS	M	29	00:44:32	00:44:20	HOLLA HOLLAGET DOLLA !
55	755	FILIPE CRUZ	M	34	00:44:34	00:44:05	INDIVIDUAL
56	772	PAULO J P FERNANDES	M	27	00:44:42	00:44:28	A PUIPILOS EXÉRCITO
57	949	SERGIO PINTO	M	31	00:44:44	00:44:20	SS MONTEPIO GERAL
58	368	RODRIGO S PAZ	M	30	00:44:45	00:44:27	INDIVIDUAL
59	898	JOAO MOUTA	M	34	00:44:48	00:44:38	GARMIN CO OEIRAS
60	764	JOAO PERES	M	34	00:44:53	00:44:32	INDIVIDUAL
61	844	RICARDO PEREIRA	M	34	00:44:53	00:44:16	SL CAMPOLIDE
62	316	ALCIDES J CANIVETE	M	32	00:44:54	00:44:17	INDIVIDUAL
63	688	MIGUEL S FERRAZ	M	26	00:44:55	00:44:46	INDIVIDUAL
64	248	SERGIO MATOS	M	29	00:44:59	00:44:22	PREMIUM RUNNERS !
65	8	RICARDO MADRINHA	M	32	00:45:08	00:45:08	AERO RUNNERS
66	855	PEDRO FERNANDES	M	34	00:45:25	00:44:51	CÂMARA L CLUBE
67	225	NUNO LUCAS	M	34	00:45:42	00:45:02	PERNAS GAFANHOTO
68	537	ANGELO SILVA	M	30	00:45:44	00:44:53	INDIVIDUAL
69	211	JOAO A SILVA	M	30	00:45:47	00:45:47	OS AMIGOS DA KIKA
70	700	BRUNO AMARO	M	34	00:45:52	00:45:27	INDIVIDUAL
71	858	RICARDO PITA	M	33	00:45:54	00:45:23	CÂMARA L CLUBE
72	168	JOAO BELTRÃO	M	34	00:45:59	00:45:20	PERNAS GAFANHOTO
73	438	NUNO FILIPE AFONSO	M	34	00:46:03	00:45:15	INDIVIDUAL
74	622	FABRICIO DIAS	M	32	00:46:10	00:45:18	INDIVIDUAL
75	790	SERGIO MIL-HOMENS	M	25	00:46:15	00:45:52	INDIVIDUAL
76	638	PEDRO MACEDO	M	33	00:46:18	00:45:36	INDIVIDUAL
77	836	HELDER MIRANDA	M	21	00:46:19	00:46:01	A JORGE PINA
78	696	TIAGO NEVES	M	23	00:46:20	00:46:05	INDIVIDUAL
79	929	NUNO DAMIÃES	M	32	00:46:28	00:46:19	GD SANTANDER TOTTA
80	751	DAVID PAULOS	M	31	00:46:33	00:45:46	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	219	JOAO FERNANDES	M	32	00:46:47	00:46:18	INDIVIDUAL
82	646	GONÇALO ESCOVAL	M	29	00:46:52	00:46:24	CAVALOS CORRIDA
83	774	HUGO J A MONTEIRO	M	27	00:47:00	00:46:47	A PUIPILOS EXÉRCITO
84	843	RICARDO ALVES	M	26	00:47:13	00:46:38	SL CAMPOLIDE
85	123	ANDRÉ MENDONÇA	M	30	00:47:16	00:47:05	ADRC MATA BENFICA
86	154	DANIEL RODRIGUES	M	33	00:47:19	00:47:14	CLUBE ROBBIALAC
87	737	MILTON RODRIGUES	M	27	00:47:24	00:47:16	INDIVIDUAL
88	569	RICARDO MARQUES	M	25	00:47:24	00:47:00	INDIVIDUAL
89	281	TIAGO F C FERRITO	M	23	00:47:28	00:46:37	FERRITO
90	447	DANIEL FEITEIRONA	M	31	00:47:32	00:47:19	INDIVIDUAL
91	650	HUGO FIGUEIREDO	M	29	00:47:48	00:47:12	INDIVIDUAL
92	673	RUI COSTA	M	27	00:47:56	00:47:50	INDIVIDUAL
93	983	PEDRO SALGUEIRO	M	33	00:47:58	00:47:17	WIKABOO
94	575	PEDRO BARRIAS	M	31	00:48:06	00:47:58	ROUND TABLE RUNNING TEAM
95	52	PEDRO MÓNICA	M	30	00:48:31	00:47:47	H-RAMOS
96	67	BOGDAN SANDU	M	21	00:48:32	00:48:10	INDIVIDUAL
97	879	GONÇALO OLIVEIRA	M	28	00:48:46	00:48:46	SS CGD
98	647	NUNO ALMEIDA	M	31	00:49:01	00:48:32	CAVALOS CORRIDA
99	886	PEDRO LOPES	M	34	00:49:08	00:48:46	SS CGD
100	656	SERGIO FIGUEIREDO	M	30	00:49:12	00:48:36	INDIVIDUAL
101	584	CARLOS CIPRIANO	M	33	00:49:19	00:48:53	INDIVIDUAL
102	212	JOAO P N PINTO	M	27	00:49:29	00:49:20	OS AMIGOS DA KIKA
103	602	NUNO M MARTINS	M	23	00:49:29	00:49:23	INDIVIDUAL
104	574	FERNANDO CARVALHÃO	M	34	00:49:32	00:49:02	INDIVIDUAL
105	495	MARCO CACHINHO	M	33	00:49:33	00:49:00	KANINOS
106	442	CARLOS LOPES	M	29	00:49:36	00:48:46	HOLLA HOLLAGET DOLLA !
107	91	CARLOS ALFEIRÃO	M	33	00:49:47	00:49:18	INDIVIDUAL
108	386	JOAO F MARTINHO	M	29	00:49:50	00:49:39	INDIVIDUAL
109	611	PEDRO VIEGAS	M	34	00:49:53	00:49:39	INDIVIDUAL
110	690	JOAO CABANAS	M	32	00:49:53	00:49:45	SQUADRA RUNNING
111	345	NUNO RAMOS	M	31	00:49:53	00:49:33	INDIVIDUAL
112	952	CARLOS PEREIRA	M	33	00:49:59	00:49:43	GDF RUNNING
113	581	ANGELO CANETO	M	23	00:50:04	00:49:50	INDIVIDUAL
114	915	HUGO MONTEIRO	M	31	00:50:06	00:49:42	GD SANTANDER TOTTA
115	544	MIGUEL ABRUNHOSA	M	32	00:50:16	00:49:11	INDIVIDUAL
116	75	NUNO T COSTA	M	32	00:50:17	00:49:50	INDIVIDUAL
117	240	MIGUEL SANTOS	M	31	00:50:20	00:50:20	OS QUEBRA-MILHAS
118	493	HELIO MOREIRA	M	33	00:50:26	00:50:16	PRINCESAS E FRAQUINHOS
119	374	BRUNO FERREIRA	M	33	00:50:33	00:49:40	NECAS TEAM
120	20	CARLOS V MORAIS	M	32	00:50:34	00:50:34	ATLETAS EDSARIANOS

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	462	RUI HENRIQUES	M	26	00:50:37	00:49:43	AFO
122	645	JOAO ESCOVAL	M	32	00:50:50	00:50:22	CAVALOS CORRIDA
123	132	DIOGO LIMA	M	26	00:50:55	00:50:44	INDIVIDUAL
124	711	ANDRÉ SANTOS	M	26	00:51:13	00:50:18	INDIVIDUAL
125	40	FRISCO SANTOS	M	34	00:51:15	00:50:46	CARAIBAS EVENTOS
126	175	DANIEL VILABRIL	M	34	00:51:15	00:50:35	INDIVIDUAL
127	200	CLAUDIO MOREIRA	M	33	00:51:39	00:51:19	ACLIS LIBERTY SEGUROS
128	523	GIOVANNI DI CASCIO	M	24	00:51:40	00:50:56	AB TEAM
129	446	RUI SÁ	M	32	00:51:45	00:51:24	INDIVIDUAL
130	305	RICARDO J M FERNANDES	M	24	00:51:46	00:51:27	INDIVIDUAL
131	83	LUIS ROLDÃO	M	27	00:52:00	00:51:39	INDIVIDUAL
132	531	LUIZ PEREIRA	M	33	00:52:17	00:51:36	INDIVIDUAL
133	378	GUIDO V SANTOS	M	30	00:52:32	00:52:03	DUPLA INUTIL
134	377	PEDRO XAVIER	M	29	00:52:32	00:52:03	DUPLA INUTIL
135	455	HUGO SERÓDIO	M	30	00:52:35	00:52:09	INDIVIDUAL
136	511	DIOGO SOARES	M	29	00:52:39	00:52:08	INDIVIDUAL
137	74	TIAGO F PIRES	M	32	00:52:40	00:52:15	INDIVIDUAL
138	216	JOAO BRANCO	M	32	00:52:48	00:52:18	INDIVIDUAL
139	142	NELSON COELHO	M	34	00:52:56	00:52:22	JAZZY RUNNERS
140	145	BRUNO SANTOS	M	32	00:52:56	00:52:21	JAZZY RUNNERS
141	513	BRUNO FERREIRA	M	34	00:52:56	00:52:21	INDIVIDUAL
142	136	HUGO M M S CABRAL	M	25	00:53:00	00:52:36	INDIVIDUAL
143	562	PAULO INÁCIO	M	34	00:53:03	00:52:30	INDIVIDUAL
144	315	JOAO AMÊNDOA	M	34	00:53:04	00:52:27	INDIVIDUAL
145	592	RUBEN BAHAMONDE	M	32	00:53:04	00:52:31	CLUBE HERMES
146	366	FILIFE RITO	M	25	00:53:08	00:51:20	INDIVIDUAL
147	131	SERGIO GRADE	M	32	00:53:19	00:52:24	INDIVIDUAL
148	712	CARLOS OLIVEIRA	M	27	00:53:23	00:52:29	INDIVIDUAL
149	365	RUI PEREIRA	M	24	00:53:24	00:51:36	INDIVIDUAL
150	150	MAURO MONTEIRO	M	33	00:53:27	00:52:30	INDIVIDUAL
151	708	JOSÉ SILVA	M	28	00:54:01	00:53:23	INDIVIDUAL
152	615	LUIS PIRES	M	31	00:54:05	00:53:44	INDIVIDUAL
153	147	JOAO COTOVIA	M	26	00:54:12	00:53:39	JAZZY RUNNERS
154	59	TIAGO COELHO	M	26	00:54:12	00:54:05	INDIVIDUAL
155	494	FÁBIO DUARTE	M	28	00:54:24	00:54:15	PRINCESAS E FRAQUINHOS
156	702	NUNO ROCHA	M	33	00:54:31	00:54:26	INDIVIDUAL
157	164	JAIME RIBEIRO	M	25	00:54:41	00:53:34	INDIVIDUAL
158	434	RUI P F MACHADO	M	33	00:54:58	00:54:14	INDIVIDUAL
159	787	RICARDO PREGUIÇA	M	28	00:54:59	00:54:31	INDIVIDUAL
160	144	PEDRO CONCEIÇÃO	M	31	00:55:27	00:55:27	JAZZY RUNNERS

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	392	JOAO A P REFORÇO	M	32	00:55:32	00:54:45	INDIVIDUAL
162	610	TIAGO OLIVEIRA	M	33	00:55:57	00:55:48	INDIVIDUAL
163	504	SÉRGIO TAVARES	M	31	00:56:29	00:56:12	CCD CA MUTUO
164	451	MÁRIO SÁ	M	34	00:56:32	00:55:52	INDIVIDUAL
165	583	PEDRO MARTINHO	M	31	00:56:37	00:56:08	INDIVIDUAL
166	582	RICARDO SOUSA	M	32	00:56:37	00:56:07	INDIVIDUAL
167	448	DAVID V GONÇALVES	M	30	00:56:37	00:56:06	INDIVIDUAL
168	695	PEDRO NUNES	M	33	00:56:38	00:55:59	INDIVIDUAL
169	699	GONÇALO GRADE	M	24	00:57:09	00:56:28	INDIVIDUAL
170	266	JOSE SANTOS	M	31	00:57:36	00:56:45	JAZZY RUNNERS
171	373	ANDRE S CASTANHO	M	27	00:58:02	00:57:26	INDIVIDUAL
172	570	ANDRÉ BARATA	M	30	00:58:28	00:58:02	INDIVIDUAL
173	110	SERGIO GALÓ	M	33	00:58:49	00:58:00	OPTICALIA RUNNING TEAM
174	71	BRUNO GOMES	M	32	00:59:05	00:58:27	AERO RUNNERS
175	14	GONÇALO B PRATA	M	34	00:59:31	00:59:31	INDIVIDUAL
176	760	NUNO RIBAS	M	33	01:00:09	00:59:26	RIBEIROS
177	762	LUIS RIBEIRO	M	33	01:00:10	00:59:27	INDIVIDUAL
178	232	EDUARDO PESTANA	M	34	01:00:45	01:00:45	KANINOS
179	580	PEDRO LOPES	M	32	01:00:58	01:00:45	INDIVIDUAL
180	723	RICARDO GONÇALVES	M	33	01:01:22	01:00:31	INDIVIDUAL
181	5	NUNO S ALMEIDA	M	29	01:01:43	01:01:43	INDIERUNNERS
182	536	NUNO M X V OLIVEIRA	M	30	01:02:06	01:01:34	INDIVIDUAL
183	785	GONÇALO ALVES	M	22	01:02:10	01:01:27	INDIVIDUAL
184	691	BRUNO MARQUES	M	31	01:02:41	01:02:34	SQUADRA RUNNING
185	444	JOAO MACHADO	M	28	01:02:51	01:02:03	HOLLA HOLLAGET DOLLA !
186	798	BERNARDO FERRAO	M	34	01:03:09	01:02:39	INDIVIDUAL
187	355	CARLOS ANDRADE	M	33	01:04:17	01:03:29	INDIVIDUAL
188	233	ALEXANDRE PESTANA	M	32	01:05:03	01:04:32	KANINOS
189	703	PAULO CAEIRO	M	32	01:05:12	01:04:32	INDIVIDUAL
190	677	ANTONIO P G MONTEIRO	M	22	01:07:24	01:06:41	MONTEIRINHOS
191	902	NUNO SILVA	M	31	01:10:20	01:10:14	GARMIN CO OEIRAS
192	255	GABRIEL CARVALHO	M	34	01:11:53	01:11:17	PREMIUM RUNNERS !!
193	525	DIOGO LEITÃO	M	30	01:12:22	01:11:49	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	897	JOAO FERREIRA	M	37	00:34:20	00:34:18	GARMIN CO OEIRAS
2	900	JOSE MOREIRA	M	38	00:34:26	00:34:24	GARMIN CO OEIRAS
3	825	JORGE PINA	M	37	00:35:20	00:35:19	A JORGE PINA
4	351	PAULO ALVES	M	36	00:35:51	00:35:49	INDIVIDUAL
5	985	MIGUEL TEIXEIRA	M	39	00:36:32	00:36:29	WIKABOO
6	85	JOAO GONÇALVES	M	36	00:36:42	00:36:41	RB RUNNING
7	566	CLAUDIO C RIBEIRO	M	36	00:36:42	00:36:39	INDIVIDUAL
8	428	HUGO REIS	M	36	00:38:09	00:38:07	GD INE
9	410	PEDRO A MARQUES	M	38	00:38:27	00:38:21	GD CHELAS
10	722	NUNO RAPOSO	M	37	00:38:27	00:38:21	INDIVIDUAL
11	706	RUI COELHO	M	36	00:38:50	00:38:39	INDIVIDUAL
12	964	PEDRO SOBRAL	M	35	00:38:54	00:38:46	GDF RUNNING
13	689	GUILHERME VICENTE	M	35	00:39:07	00:39:06	INDIVIDUAL
14	956	HUGO PINTO	M	35	00:39:11	00:39:07	GDF RUNNING
15	909	BRUNO GITAO	M	38	00:39:18	00:39:18	GD SANTANDER TOTTA
16	117	RUI ALMEIDA	M	37	00:40:16	00:40:10	A VALE SILENCIO
17	214	JOSE C S MOREIRA	M	37	00:40:18	00:40:17	CCDT MUN ODIVELAS
18	637	GONÇALO VICENTE	M	35	00:40:33	00:40:07	INDIVIDUAL
19	797	HUGO LUZ	M	38	00:40:43	00:40:36	REST O CARTAXEIRO
20	509	MIGUEL T SOUSA	M	38	00:40:58	00:40:53	C COLAB AXA
21	732	VITOR NOVAIS	M	37	00:40:59	00:40:31	GAA VILA FRANCA XIRA
22	344	JOAO P SERODIO	M	35	00:41:02	00:40:37	INDIVIDUAL
23	705	PEDRO F PEREIRA	M	38	00:41:13	00:40:58	INDIVIDUAL
24	978	BRUNO SOUSA	M	38	00:41:27	00:40:50	WIKABOO
25	1030	JOAO AFONSO	M	38	00:41:42	00:41:17	INDIVIDUAL
26	618	VITOR LEBRE	M	39	00:41:50	00:41:47	INDIVIDUAL
27	761	JOAO P F CEGONHO	M	35	00:41:53	00:41:45	INDIVIDUAL
28	885	NUNO ABREU	M	38	00:42:02	00:41:54	SS CGD
29	965	VALTER OLIVEIRA	M	36	00:42:03	00:41:56	GDF RUNNING
30	19	VASCO S TAVARES	M	37	00:42:15	00:41:33	ATLETAS EDSARIANOS
31	731	MAURO PIMENTA	M	37	00:42:25	00:41:56	GAA VILA FRANCA XIRA
32	733	FERNANDO ALMEIDA	M	35	00:42:32	00:42:22	INDIVIDUAL
33	856	SERGIO LOPES	M	35	00:42:41	00:42:04	CÂMARA L CLUBE
34	430	NUNO VALENTE	M	37	00:43:07	00:42:57	GD INE
35	623	HUGO GOMES	M	38	00:43:08	00:43:00	INDIVIDUAL
36	930	PAULO ALVES	M	36	00:43:28	00:43:19	GD SANTANDER TOTTA
37	839	LUIS MIGUEL	M	39	00:43:46	00:43:14	A JORGE PINA
38	126	PEDRO LIMA	M	36	00:43:49	00:43:20	INDIVIDUAL
39	777	HUMBERTO BRITO	M	38	00:43:51	00:43:39	CCDT METRO LX
40	826	JOAO GREGÓRIO	M	37	00:43:52	00:43:20	A JORGE PINA

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	88	NUNO F S F TORCATO	M	36	00:44:01	00:43:42	DINAMIC DUO
42	627	GONÇALO SERAFIM	M	37	00:44:06	00:44:04	INDIVIDUAL
43	239	NUNO C CARMO	M	39	00:44:08	00:44:01	INDIVIDUAL
44	112	ANDRE SANTOS	M	37	00:44:10	00:44:02	A VALE SILENCIO
45	976	NUNO BALULA	M	38	00:44:16	00:43:36	WIKABOO
46	822	PAULO MARQUES	M	37	00:44:21	00:44:12	A JORGE PINA
47	381	RUI MENAS	M	36	00:44:23	00:43:53	CLUBE VODAFONE
48	636	PEDRO G PISCO	M	39	00:44:26	00:43:47	INDIVIDUAL
49	629	JOAO CAMACHO	M	36	00:44:56	00:44:49	INDIVIDUAL
50	49	JOAO FIGUEIREDO	M	37	00:44:58	00:44:55	INDIVIDUAL
51	470	LUIS BOLETO	M	36	00:45:08	00:44:30	GD CHELAS
52	969	GONÇALO AZEVEDO	M	35	00:45:22	00:45:22	WIKABOO
53	179	MARCO MORGADO	M	35	00:45:30	00:45:25	INDIVIDUAL
54	360	MAURÍCIO MARQUES	M	39	00:45:51	00:45:21	INDIVIDUAL
55	621	HUGO S NOGUEIRA	M	37	00:46:05	00:45:55	INDIVIDUAL
56	238	FILIPE LEITÃO	M	37	00:46:07	00:45:51	INDIVIDUAL
57	199	JOAO BORRALHO	M	38	00:46:29	00:46:10	ACLIS LIBERTY SEGUROS
58	927	MARIO COSTA	M	37	00:46:33	00:46:24	GD SANTANDER TOTTA
59	109	TIAGO FERREIRA	M	35	00:46:35	00:45:46	OPTICALIA RUNNING TEAM
60	46	ANTONIO SÉRGIO	M	37	00:46:49	00:46:44	INDIVIDUAL
61	998	HUGO SOUSA	M	37	00:46:58	00:46:44	AÇOREANA C BANIF
62	379	MAURO GONÇALVES	M	39	00:47:08	00:47:05	CLUBE VODAFONE
63	601	EDGAR B PORTUGAL	M	38	00:47:15	00:47:05	INDIVIDUAL
64	308	PEDRO CABRAL	M	35	00:47:17	00:46:50	INDIVIDUAL
65	51	PEDRO RIBEIRO	M	36	00:47:21	00:46:35	H-RAMOS
66	72	ALBERTO MARINHO	M	35	00:47:24	00:47:00	INDIVIDUAL
67	265	NUNO LUFINHA	M	39	00:47:37	00:46:46	JAZZY RUNNERS
68	739	RUI SOUSA	M	36	00:47:39	00:47:11	INDIVIDUAL
69	820	PAULO SIMOES	M	35	00:47:41	00:47:31	A JORGE PINA
70	95	ALEXANDRE ANDRADE	M	37	00:47:44	00:47:37	INDIVIDUAL
71	241	SERGIO GONÇALVES	M	35	00:47:50	00:47:45	OS QUEBRA-MILHAS
72	404	CARLOS SEMIDE	M	39	00:48:33	00:48:20	INDIVIDUAL
73	227	PEDRO M R SILVA	M	36	00:48:39	00:48:13	INDIVIDUAL
74	947	PEDRO C ALVES	M	36	00:48:42	00:48:39	SS MONTEPIO GERAL
75	791	RUI MATOS	M	36	00:48:45	00:48:13	INDIVIDUAL
76	169	SERGIO SALVADO	M	37	00:48:53	00:48:37	INDIVIDUAL
77	914	HAMILTON DIAS	M	38	00:48:55	00:48:36	GD SANTANDER TOTTA
78	916	JOAO JESUS	M	38	00:48:55	00:48:18	GD SANTANDER TOTTA
79	931	RUI MACHINHO	M	37	00:48:55	00:48:16	GD SANTANDER TOTTA
80	335	MIGUEL BERMONTE	M	37	00:48:57	00:48:22	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	588	RICARDO GOMES	M	35	00:49:14	00:48:37	JAQUINZINHOS CORRIDA
82	270	JOAQUIM RUIVO	M	39	00:49:19	00:49:04	INDIVIDUAL
83	698	BRUNO CONCEIÇÃO	M	36	00:49:22	00:48:38	INDIVIDUAL
84	39	NORBINO MACEDO	M	37	00:49:26	00:48:59	CARAIBAS EVENTOS
85	10	CLAUDIO ROCHA	M	39	00:49:28	00:49:28	INDIVIDUAL
86	559	JORGE GUERREIRO	M	38	00:49:41	00:49:22	MARRIOTT LISBOA
87	393	TIAGO DOMINGUES	M	36	00:49:46	00:49:30	INDIVIDUAL
88	649	NUNO COSTA	M	37	00:49:51	00:49:08	INDIVIDUAL
89	670	JORGE SANTOS	M	36	00:50:03	00:49:43	INDIVIDUAL
90	913	GABRIEL CHARRUA	M	35	00:50:13	00:50:13	GD SANTANDER TOTTA
91	53	TOMAS SOUSA	M	37	00:50:26	00:49:57	INDIVIDUAL
92	1029	PAULO ALMEIDA	M	39	00:50:27	00:49:37	INDIVIDUAL
93	419	JOSE P P MADEIRA	M	37	00:50:34	00:50:13	INDIVIDUAL
94	664	ARTUR SANTOS	M	36	00:50:35	00:50:23	VALADARES
95	935	JORGE ALVES	M	36	00:50:41	00:50:31	GD SANTANDER TOTTA
96	939	GUILHERNE ALBINO	M	39	00:51:12	00:50:37	SS MONTEPIO GERAL
97	641	MIGUEL M FERNANDES	M	39	00:51:23	00:51:09	GENERAL CABLE CELCAT
98	463	HUGO PEREIRA	M	36	00:51:33	00:50:38	AFO
99	800	JOAO R DUARTE	M	38	00:51:38	00:50:53	INDIVIDUAL
100	728	BRUNO BARRAN	M	39	00:51:42	00:51:09	INDIVIDUAL
101	226	NUNO MARQUES	M	37	00:51:53	00:51:13	PERNAS GAFANHOTO
102	119	DANIEL GUERREIRO	M	39	00:51:57	00:51:02	INDIVIDUAL
103	606	LUIS COUTINHO	M	36	00:51:59	00:51:13	INDIVIDUAL
104	461	PEDRO PEREIRA	M	38	00:52:39	00:51:46	AFO
105	604	SERGIO NICOLAU	M	36	00:52:41	00:51:55	INDIVIDUAL
106	603	PEDRO FERREIRA	M	38	00:52:43	00:52:07	INDIVIDUAL
107	307	BRUNO FERNANDES	M	35	00:53:12	00:52:43	FALCOES SELVAGENS
108	92	JOSE P GONÇALVES	M	38	00:53:22	00:53:11	INDIVIDUAL
109	758	GONÇALO BERNARDO	M	35	00:53:28	00:53:12	INDIVIDUAL
110	748	BRUNO PITA	M	36	00:53:56	00:53:20	MIRC
111	243	DANIEL TOMÁS	M	38	00:54:04	00:53:37	PREMIUM RUNNERS !
112	188	JOAO C BOTELHO	M	36	00:54:04	00:53:15	INDIVIDUAL
113	987	LUIS MONTEIRO	M	36	00:54:05	00:53:26	WIKABOO
114	512	FERNANDO COSTA	M	37	00:54:18	00:54:18	INDIVIDUAL
115	1023	JORGE MAXIMO	M	39	00:54:22	00:54:22	INDIVIDUAL
116	471	HUGO SANTOS	M	36	00:55:19	00:54:24	GD CHELAS
117	456	MARIO CAETANO	M	35	00:55:22	00:54:29	AFO
118	130	HELDER SILVA	M	39	00:55:23	00:55:23	INDIVIDUAL
119	11	HUGO M R COLAÇO	M	36	00:55:26	00:55:26	INDIVIDUAL
120	37	FILIPE Q FERREIRA	M	36	00:55:40	00:54:46	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	988	FILIPE NEVES	M	39	00:55:59	00:55:19	WIKABOO
122	744	BRUNO CARRILHO	M	38	00:56:00	00:55:33	MIRC
123	752	TONY PAULOS	M	39	00:56:02	00:55:12	INDIVIDUAL
124	837	PAULO SANDRA	M	36	00:56:25	00:55:44	A JORGE PINA
125	697	RICARDO MACHADO	M	39	00:56:38	00:55:59	INDIVIDUAL
126	309	DIOGO M SANTOS	M	38	00:56:48	00:56:46	INDIVIDUAL
127	614	PEDRO MORAIS	M	36	00:56:52	00:56:18	INDIVIDUAL
128	143	LUIS QUEIRÓS	M	36	00:57:14	00:56:40	JAZZY RUNNERS
129	202	FERNANDO PALMA	M	36	00:57:19	00:56:59	EAP RUNNERS
130	713	NUNO M R AFONSO	M	39	00:57:24	00:57:03	INDIVIDUAL
131	593	JORGE LOURENÇO	M	36	00:57:44	00:57:10	CLUBE HERMES
132	258	DONNI M AKBAR	M	39	00:57:45	00:57:32	INDIVIDUAL
133	237	LUIS F A NUNES	M	39	00:57:51	00:57:14	CTJL
134	458	RICARDO CAMPOS	M	38	00:58:57	00:58:05	AFO
135	262	BRUNO MADEIRA	M	36	00:59:04	00:58:48	INDIVIDUAL
136	176	VALDEMAR VIEGAS	M	38	00:59:05	00:58:10	INDIVIDUAL
137	205	LUIS C MOTA	M	39	00:59:16	00:58:39	INDIVIDUAL
138	400	CARLOS CAPELO	M	39	00:59:53	00:59:14	OS CARACOIS FURIOSOS
139	319	ANTONIO C NOVAS	M	35	01:00:41	00:59:56	GODINHO
140	666	SARA MORAIS	M	37	01:02:21	01:02:07	VALADARES
141	823	JOSE CARLOS	M	37	01:03:31	01:03:20	A JORGE PINA
142	789	ANDRE CHEN	M	35	01:03:34	01:02:37	INDIVIDUAL
143	342	CARLOS GUERREIRO	M	35	01:04:08	01:03:42	OS ATLETAS
144	263	PEDRO PLÁCIDO	M	39	01:04:36	01:03:47	JAZZY RUNNERS
145	185	CARLOS MACHADO	M	37	01:04:55	01:04:08	INDIVIDUAL
146	675	MARCO BAPTISTA	M	36	01:07:06	01:06:34	INDIVIDUAL
147	652	JOAO P ESTANQUEIRO	M	37	01:07:07	01:06:36	INDIVIDUAL
148	162	MIGUEL SILVA	M	39	01:07:16	01:07:09	CLUBE ROBBIALAC
149	497	NUNO OLIVEIRA	M	37	01:09:36	01:09:14	INDIVIDUAL
150	357	FRANCISCO J G BERNARDO	M	38	01:10:06	01:09:11	FRIENDS2RUN
151	192	RUI CARVALHO	M	36	01:10:08	01:09:07	PAPA QUILOMETROS SBD
152	196	FRANCISCO ENCARNAÇÃO	M	37	01:10:09	01:09:07	PAPA QUILOMETROS SBD
153	801	PAULO J AMORIM	M	35	01:19:32	01:18:49	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	402	PEDRO MAIA	M	40	00:34:21	00:34:19	AA MAFRA
2	115	JOAO INOCENCIO	M	43	00:34:33	00:34:31	A VALE SILENCIO
3	807	ANTONIO SOUSA	M	43	00:35:28	00:35:27	GF RUNNING
4	809	LUIS LIMA	M	42	00:35:29	00:35:28	INDIVIDUAL
5	953	ERNESTO FERREIRA	M	43	00:35:29	00:35:29	GDF RUNNING
6	213	PEDRO MESTRE	M	42	00:35:49	00:35:45	INDIVIDUAL
7	974	JOSE FERREIRA	M	41	00:36:19	00:36:18	WIKABOO
8	975	JOAQUIM MACHADO	M	42	00:36:19	00:36:17	WIKABOO
9	1012	RUI OLIVEIRA	M	43	00:36:41	00:36:40	AÇOREANA C BANIF
10	955	FERNANDO PEREIRA	M	40	00:37:32	00:37:31	GDF RUNNING
11	834	ANTONIO PINHEIRO	M	42	00:37:54	00:37:53	A JORGE PINA
12	22	SERGIO F SANTOS	M	44	00:38:14	00:38:12	DESMOR
13	30	LUIS BARBOSA	M	43	00:38:26	00:38:22	INDIVIDUAL
14	1008	MARIO GOMES	M	43	00:38:37	00:38:34	AÇOREANA C BANIF
15	877	FERNANDO CANDEIAS	M	42	00:38:40	00:38:35	SS CGD
16	429	MARCO OLIVEIRA	M	41	00:38:44	00:38:34	GD INE
17	971	JORGE GONÇALVES	M	44	00:39:01	00:38:51	WIKABOO
18	833	RICARDO MESTRE	M	42	00:39:12	00:39:10	A JORGE PINA
19	995	ANDRE QUARENTA	M	43	00:39:23	00:39:19	AÇOREANA C BANIF
20	62	JOAO PASTOR	M	41	00:39:38	00:39:34	AA MAFRA
21	45	GONÇALO FERREIRA	M	40	00:39:41	00:39:39	INDIVIDUAL
22	178	CARLOS OLIVEIRA	M	44	00:39:53	00:39:45	INDIVIDUAL
23	724	PEDRO PEREIRA	M	43	00:40:25	00:39:59	AA MAFRA
24	295	HUGO AGUIAR	M	40	00:40:37	00:40:32	CD AGUIAS ALPIARÇA
25	655	MANUEL TAVARES	M	41	00:40:37	00:40:33	INDIVIDUAL
26	768	CARLOS M D C P PATO	M	42	00:40:39	00:40:12	A PUIPILOS EXÉRCITO
27	1025	JOSE ABRANTES	M	42	00:40:39	00:40:12	A PUIPILOS EXÉRCITO
28	989	GONÇALO CARDOSO	M	41	00:40:48	00:40:08	WIKABOO
29	973	BRUNO FERNANDES	M	41	00:41:01	00:40:56	WIKABOO
30	500	JOAO PEREIRA	M	40	00:41:12	00:40:55	CCD CA MUTUO
31	967	VITOR SOUSA	M	40	00:41:16	00:41:11	GDF RUNNING
32	766	LUIS M A ALMEIDA	M	42	00:41:31	00:41:04	A PUIPILOS EXÉRCITO
33	954	FERNANDO LOPES	M	43	00:42:03	00:41:40	GDF RUNNING
34	177	VITOR MARQUES	M	44	00:42:10	00:42:02	INDIVIDUAL
35	778	JOSE L SANTOS	M	44	00:42:12	00:41:49	CCDT METRO LX
36	767	LUIS M D F BARRETO	M	42	00:42:36	00:42:28	A PUIPILOS EXÉRCITO
37	958	JOAO BARBOSA	M	40	00:42:40	00:42:34	GDF RUNNING
38	408	CARLOS RODRIGUES	M	41	00:42:47	00:42:40	GD CHELAS
39	65	JOAO GOMES	M	41	00:42:50	00:42:36	AA MAFRA
40	740	JOSE A VARELA	M	40	00:42:58	00:42:48	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	432	PEDRO MOREIRA	M	40	00:43:16	00:43:08	GD INE
42	282	PAULO SANTOS	M	41	00:43:20	00:43:01	INDIVIDUAL
43	565	MIGUEL MENEZES	M	41	00:43:21	00:42:51	INDIVIDUAL
44	484	HENRIQUE FERREIRA	M	42	00:43:21	00:43:06	URD ARRANHO
45	674	CARLOS	M	44	00:43:35	00:43:29	INDIVIDUAL
46	503	RUI MELO	M	42	00:44:03	00:43:48	CCD CA MUTUO
47	464	CARLOS SA	M	43	00:44:04	00:43:57	GD CHELAS
48	481	FILIPE BRANCO	M	44	00:44:19	00:44:00	URD ARRANHO
49	480	PAULO RAMALHO	M	43	00:44:22	00:44:19	INDIVIDUAL
50	633	JOAO GONCALVES	M	41	00:44:37	00:44:30	MERIDIANOS
51	880	JOAO MARAL	M	44	00:44:40	00:44:16	SS CGD
52	908	ANTONIO LOURO	M	40	00:44:48	00:44:03	GD SANTANDER TOTTA
53	709	MÁRIO MARTINS	M	40	00:44:52	00:44:21	INDIVIDUAL
54	977	PEDRO MONTEIRO	M	42	00:45:10	00:44:55	WIKABOO
55	895	JOAO PAIVA	M	43	00:45:11	00:44:54	CLUBE ANACOM
56	201	PEDRO CARDOSO	M	40	00:45:37	00:45:30	INDIVIDUAL
57	416	JORGE MARQUES	M	44	00:45:47	00:45:44	GD CHELAS
58	77	LUIS M CARDOSO	M	41	00:45:56	00:45:25	INDIVIDUAL
59	431	NUNO F DUARTE	M	42	00:46:04	00:45:53	INDIVIDUAL
60	66	JOSE C V AMARAL	M	41	00:46:13	00:45:27	INDIVIDUAL
61	936	LUIS COITO	M	43	00:46:30	00:45:32	GD SANTANDER TOTTA
62	907	ANTONIO FERREIRA	M	42	00:46:32	00:45:38	GD SANTANDER TOTTA
63	549	MIGUEL CAPELA	M	42	00:46:39	00:46:22	PI-LINHA RUNNERS
64	485	PAULO TOMAS	M	41	00:47:05	00:46:40	URD ARRANHO
65	814	FAUSTO MARTINO	M	40	00:47:19	00:46:54	FRANGOS DE TURIM
66	426	CARLOS SANTOS	M	44	00:47:40	00:47:27	GD INE
67	329	SERGIO BORGES	M	41	00:47:41	00:47:35	ND AUTOCOOPE
68	181	PAULO CAMPOS	M	43	00:47:47	00:47:10	INDIVIDUAL
69	642	LUIS MOURA	M	43	00:47:50	00:47:36	GENERAL CABLE CELCAT
70	44	GONÇALO VIEIRA	M	42	00:47:52	00:47:24	GEORUNNERS
71	626	MIGUEL RODRIGUES	M	44	00:48:12	00:47:47	INDIVIDUAL
72	770	CARLOS FERNANDO	M	41	00:48:13	00:47:49	A PUPILOS EXÉRCITO
73	753	CARLOS M SILVA	M	41	00:48:17	00:47:54	INDIVIDUAL
74	661	JOAO M MORADIAS	M	44	00:48:21	00:48:10	VALADARES
75	734	MIGUEL MATOS	M	43	00:48:26	00:47:31	INDIVIDUAL
76	1002	JOAO SANTOS	M	44	00:48:33	00:48:14	AÇOREANA C BANIF
77	364	MARIO PEREIRA	M	42	00:48:37	00:48:31	INDIVIDUAL
78	910	CARLOS TEIXEIRA	M	41	00:48:44	00:47:59	GD SANTANDER TOTTA
79	972	MIGUEL RIBEIRO	M	41	00:48:55	00:48:36	WIKABOO
80	478	NUNO M B MARTINS	M	41	00:48:56	00:48:32	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	816	PAULO JORGE GARCIA	M	43	00:48:58	00:48:18	PERNAS DE GAFANHOTO
82	206	RUI C SANTOS	M	43	00:49:05	00:48:19	INDIVIDUAL
83	920	JOSE PEREIRA	M	44	00:49:23	00:48:45	GD SANTANDER TOTTA
84	102	PEDRO SANTOS	M	41	00:49:48	00:49:43	INDIVIDUAL
85	187	ACURCIO MENDES	M	43	00:49:48	00:48:58	INDIVIDUAL
86	380	RUI MATIAS	M	41	00:49:49	00:49:45	CLUBE VODAFONE
87	139	VITOR CANTO	M	43	00:49:51	00:49:27	INDIVIDUAL
88	996	FAUSTO ISAAC	M	44	00:49:54	00:49:35	AÇOREANA C BANIF
89	838	MIGUEL CHAVES	M	43	00:49:56	00:49:24	A JORGE PINA
90	158	JORGE PINTO	M	43	00:50:00	00:49:55	CLUBE ROBBIALAC
91	875	BRUNO COSTA	M	40	00:50:06	00:49:50	SS CGD
92	356	DAVID J ALMEIDA	M	42	00:50:07	00:49:12	FRIENDS2RUN
93	663	NUNO AFONSO	M	41	00:50:25	00:50:13	VALADARES
94	318	PEDRO MURTINHAL	M	42	00:50:27	00:50:13	O MUNDO CORRIDA
95	460	JOÃO MARQUES	M	40	00:50:52	00:50:00	AFO
96	407	PEDRO CARVALHO	M	41	00:51:12	00:50:54	INDIVIDUAL
97	230	NUNO VLADIMIR	M	40	00:51:31	00:51:02	INDIVIDUAL
98	508	JOSE G VALENTIM	M	42	00:51:53	00:51:34	C COLAB AXA
99	510	VICTOR J RAMOS	M	42	00:52:01	00:51:39	C COLAB AXA
100	543	CARLOS MACHADO	M	44	00:52:02	00:51:11	INDIVIDUAL
101	680	RUI M I LOPES	M	41	00:52:11	00:51:44	INDIVIDUAL
102	3	LUIS PROENÇA	M	44	00:52:28	00:52:28	INDIVIDUAL
103	634	JOAO FONSECA	M	42	00:52:41	00:52:35	MERIDIANOS
104	573	PAULO PALMINHA	M	43	00:52:58	00:52:08	INDIVIDUAL
105	346	JOSE C M FERREIRA	M	41	00:53:01	00:52:51	INDIVIDUAL
106	457	RUI LAPA	M	42	00:53:16	00:52:26	AFO
107	660	NUNO VEIGA	M	44	00:53:38	00:53:21	VALADARES
108	808	MARCOS A DIAS	M	44	00:53:51	00:53:09	INDIVIDUAL
109	555	JORGE SIMOES	M	44	00:53:52	00:53:33	RUNNING OF D MARIA
110	341	JOSE GUERREIRO	M	42	00:53:53	00:53:27	OS ATLETAS
111	1009	NUNO E SANTO	M	43	00:54:03	00:53:43	AÇOREANA C BANIF
112	80	SERGIO RODELO	M	44	00:54:09	00:53:18	AMINHACORRIDA.COM
113	802	RUI SANTOS	M	41	00:54:22	00:53:51	INDIVIDUAL
114	725	JOAO VIEIRA	M	41	00:54:37	00:54:15	CORINTHIA HOTEL LISBON
115	519	MIGUEL CASTELA	M	43	00:55:02	00:54:43	AA LEBRES SADO
116	710	JOSE RUIVO	M	43	00:55:03	00:54:33	INDIVIDUAL
117	945	PAULO ALMEIDA	M	40	00:55:45	00:55:11	SS MONTEPIO GERAL
118	685	RUI BALTAZAR	M	42	00:56:09	00:55:20	INDIVIDUAL
119	721	RICARDO SOUSA	M	42	00:56:24	00:55:44	INDIVIDUAL
120	371	PAULO DIAS	M	41	00:56:25	00:55:45	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	961	JORGE DUARTE	M	44	00:56:45	00:56:30	GDF RUNNING
122	905	ANTONIO CASTRO	M	44	00:57:20	00:57:00	GD SANTANDER TOTTA
123	399	MIGUEL R SILVA	M	44	00:57:50	00:57:11	OS CARACOIS FURIOSOS
124	635	JOSE A BARREIROS	M	42	00:58:11	00:57:28	INDIVIDUAL
125	118	EDUARDO AMORIM	M	42	01:00:11	00:58:31	INDIVIDUAL
126	382	ANTONIO SIETRA	M	42	01:00:26	00:59:58	CLUBE VODAFONE
127	35	FERNANDO M LOPES	M	41	01:01:01	01:00:44	INDIVIDUAL
128	726	MARCOS ALEXANDRE	M	43	01:01:04	01:00:42	CORINTHIA HOTEL LISBON
129	746	JULIEN SIMAS	M	43	01:01:37	01:01:11	MIRC
130	204	NUNO PEREIRA	M	40	01:01:53	01:01:34	EAP RUNNERS
131	234	CESAR F GUERRA	M	44	01:03:20	01:02:41	CTJL
132	911	FABIO DIAS	M	42	01:04:20	01:04:04	GD SANTANDER TOTTA
133	256	SERGIO PATRÍCIO	M	40	01:07:12	01:06:44	PREMIUM RUNNERS !!
134	595	ANTONIO M S ALVES	M	44	01:08:57	01:07:59	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	957	JOAO ANDARDE	M	47	00:36:53	00:36:52	GDF RUNNING
2	795	ADOLFO LEAL	M	46	00:37:13	00:37:06	REST O CARTAXEIRO
3	962	LUIS PEREIRA	M	47	00:37:19	00:37:18	GDF RUNNING
4	314	JOSE M CORREIA	M	47	00:38:37	00:38:34	INDIVIDUAL
5	835	CARLOS FERNANDES	M	45	00:39:14	00:39:12	A JORGE PINA
6	620	JOSE ESTEVES	M	48	00:39:20	00:39:16	INDIVIDUAL
7	979	NUNO BARRADAS	M	49	00:39:21	00:39:01	WIKABOO
8	528	LUIS PAULO	M	47	00:39:33	00:39:24	INDIVIDUAL
9	311	JOAQUIM E OLIVEIRA	M	47	00:40:02	00:39:58	INDIVIDUAL
10	541	ANTONIO CARDOSO	M	46	00:40:31	00:40:26	INDIVIDUAL
11	616	CONSTANTINO ARAUJO	M	46	00:40:52	00:40:37	SC REBOLEIRA DAMAIA
12	828	PAULO NEVES	M	48	00:41:34	00:41:30	A JORGE PINA
13	783	EDUARDO LAGOA	M	46	00:41:44	00:41:40	CCDT METRO LX
14	991	LUIS GRILO	M	46	00:42:32	00:41:52	WIKABOO
15	324	JOAO CALDAS	M	48	00:42:41	00:42:28	ND AUTOCOOPE
16	612	JOAO BARBADO	M	45	00:42:50	00:42:31	INDIVIDUAL
17	668	PEDRO COSTA LIMA	M	47	00:42:51	00:42:48	INDIVIDUAL
18	439	MARIO LOURENÇO	M	48	00:43:03	00:43:00	C PRAÇAS ARMADA
19	520	PEDRO PIRES	M	49	00:43:09	00:42:44	AA LEBRES SADO
20	832	CARLOS FERREIRA	M	48	00:43:22	00:43:03	A JORGE PINA
21	1027	JOSE NUNES	M	45	00:43:27	00:43:20	A PUIPILOS EXÉRCITO
22	367	PAULO RANA	M	49	00:43:27	00:43:16	INDIVIDUAL
23	665	JÃO VAZ	M	48	00:43:32	00:43:21	VALADARES
24	648	CARLOS VELO	M	48	00:43:33	00:43:25	INDIVIDUAL
25	482	EDGAR FTRACISCO	M	48	00:43:33	00:43:16	URD ARRANHO
26	424	BART SCHOENMAKERS	M	45	00:43:58	00:43:45	GD INE
27	87	ROGERIO P C ARAÚJO	M	49	00:44:11	00:43:54	DINAMIC DUO
28	539	LUIS REVEZ	M	48	00:44:18	00:44:04	INDIVIDUAL
29	483	LUIS FERREIRA	M	46	00:44:19	00:44:01	URD ARRANHO
30	1026	LIBERTO SANTOS	M	46	00:44:22	00:44:14	A PUIPILOS EXÉRCITO
31	385	HELIO M I GIRÃO	M	46	00:44:40	00:44:38	INDIVIDUAL
32	194	JOAO DIAS	M	49	00:44:41	00:43:37	PAPA QUILOMETROS SBD
33	167	ABILIO OLIVEIRA	M	48	00:45:19	00:45:12	INDIVIDUAL
34	846	DAVID PALMEIRO	M	47	00:45:32	00:45:28	SL CAMPOLIDE
35	704	JOSE LOPES	M	47	00:45:42	00:45:19	INDIVIDUAL
36	492	PEDRO ESTEVES	M	45	00:45:45	00:45:34	PRINCESAS E FRAQUINHOS
37	467	AMERICO PIMENTA	M	48	00:45:47	00:45:46	GD CHELAS
38	517	ALBINO S FERREIRA	M	49	00:46:20	00:46:17	INDIVIDUAL
39	174	ANTONIO MARTINS	M	48	00:46:22	00:46:04	INDIVIDUAL
40	487	FERNANDO RODRIGUES	M	47	00:46:49	00:46:29	URD ARRANHO

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	960	JORGE COSTA	M	47	00:46:56	00:46:46	GDF RUNNING
42	571	JEREMIAS J F CARDOSO	M	49	00:47:08	00:46:30	INDIVIDUAL
43	68	MANUEL J S DIAS	M	46	00:47:11	00:46:59	INDIVIDUAL
44	847	RUI RODRIGUES	M	48	00:47:21	00:47:17	SL CAMPOLIDE
45	534	JUAN COSTA	M	48	00:47:31	00:47:18	INDIVIDUAL
46	73	RUI CORREIA	M	45	00:47:43	00:47:28	INDIVIDUAL
47	420	CARLOS CRUZ	M	47	00:47:43	00:47:28	INDIVIDUAL
48	599	PAULO SANTOS	M	46	00:47:44	00:47:35	INDIVIDUAL
49	317	EDUARDO MOUTINHO	M	45	00:47:54	00:47:42	O MUNDO CORRIDA
50	70	CARLOS BANDEIRA	M	45	00:47:56	00:47:31	AERO RUNNERS
51	883	LUIS JESUS	M	46	00:48:02	00:47:45	SS CGD
52	228	CARLOS O SILVA	M	48	00:48:07	00:47:43	INDIVIDUAL
53	197	JORGE M S CARREIRAS	M	47	00:48:23	00:47:44	INDIVIDUAL
54	749	ANTONIO VARELA	M	47	00:48:33	00:48:23	INDIVIDUAL
55	547	FERNANDO M S ALMEIDA	M	45	00:48:40	00:48:30	INDIVIDUAL
56	881	JOAQUIM CARRILHO	M	47	00:49:23	00:48:44	SS CGD
57	923	LUCIO SILVA	M	47	00:50:39	00:49:59	GD SANTANDER TOTTA
58	354	GIL P M JORGE	M	45	00:50:48	00:49:50	INDIVIDUAL
59	42	ANTONIO COSTA	M	46	00:51:31	00:51:03	GEORUNNERS
60	441	PAULO CABAÇO	M	46	00:51:48	00:51:29	INDIVIDUAL
61	306	NUNO LOUREIRO	M	47	00:52:04	00:51:33	FALCOES SELVAGENS
62	459	MANUEL MARTINHO	M	46	00:52:12	00:51:18	AFO
63	358	RUI XAVIER	M	47	00:52:33	00:52:26	INDIVIDUAL
64	157	JOSE VILELA	M	49	00:52:38	00:52:35	CLUBE ROBBIALAC
65	189	PAULO SILVA	M	49	00:53:00	00:52:39	PAPA QUILOMETROS SBD
66	129	JOAO NETO	M	47	00:53:19	00:52:53	CALDAS RUNNERS
67	815	JOSE NASCIMENTO	M	49	00:53:20	00:52:39	INDIVIDUAL
68	532	PAULO BARREIROS	M	45	00:53:26	00:52:29	FRIENDS2RUN
69	498	JOAO C A BORGES	M	46	00:53:59	00:53:31	INDIVIDUAL
70	937	LUIS PAIVA	M	46	00:54:18	00:54:08	GD SANTANDER TOTTA
71	552	JORGE FERREIRA	M	48	00:54:26	00:54:06	RUNNING OF D MARIA
72	128	MIGUEL CALDAS	M	48	00:54:32	00:54:06	CALDAS RUNNERS
73	934	JOAO MARINHO	M	46	00:54:52	00:54:34	GD SANTANDER TOTTA
74	651	LUIS BARATA	M	48	00:55:46	00:54:49	INDIVIDUAL
75	450	LUIS FONSECA	M	47	00:56:32	00:55:53	INDIVIDUAL
76	891	PAULO PERES	M	47	00:57:27	00:57:11	CLUBE ANACOM
77	106	PEDRO QUINA	M	48	00:57:38	00:56:57	INDIVIDUAL
78	887	RUI OLIVEIRA	M	47	00:57:49	00:57:31	SS CGD
79	313	PEDRO PALRÃO	M	47	00:58:18	00:57:28	JAZZY RUNNERS
80	320	JACINTO GODINHO	M	45	00:58:22	00:57:37	GODINHO

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	138	PEDRO S FARO	M	46	00:58:37	00:57:43	INDIVIDUAL
82	893	SERGIO ANTUNES	M	46	00:58:45	00:58:29	CLUBE ANACOM
83	585	FERNANDO BASTO	M	46	00:59:26	00:58:55	INDIVIDUAL
84	860	CARLOS FERREIRA	M	49	01:00:06	00:59:34	CÂMARA L CLUBE
85	628	PAULO CORREIA	M	46	01:01:36	01:00:44	INDIVIDUAL
86	686	RAUL J MATOS	M	45	01:02:40	01:01:57	RUN 4 FUN
87	888	RUI SANTOS	M	46	01:03:12	01:02:40	SS CGD
88	502	PEDRO SÉRGIO	M	46	01:05:31	01:04:29	CCD CA MUTUO
89	69	JOAO LEITÃO	M	48	01:05:50	01:05:26	AERO RUNNERS
90	333	JOAO C G BRANCO	M	45	01:07:38	01:07:26	PAPA MILHAS 2
91	884	MANUEL BRÁS	M	45	01:09:16	01:08:45	SS CGD
92	60	FERNANDO M COELHO	M	49	01:12:58	01:12:51	INDIVIDUAL
93	86	LUIS PARIS	M	48	01:16:07	01:15:35	SS CGD

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	829	PAULO RAMOS	M	51	00:35:24	00:35:23	A JORGE PINA
2	134	HUMBERTO VIAIS	M	51	00:36:56	00:36:51	C FERROV PORTUGAL
3	862	DANIEL ANTUNES	M	52	00:38:23	00:38:23	CÂMARA L CLUBE
4	864	LICINIO FIDALGO	M	54	00:38:38	00:38:32	CÂMARA L CLUBE
5	278	JOSE SILVA	M	50	00:39:36	00:39:30	ODIMARK
6	966	VICTOR CARVALHO	M	52	00:40:20	00:40:15	GDF RUNNING
7	600	JOSE L NOBRE	M	50	00:41:53	00:41:35	SFUAP
8	796	FERNANDO CARREIRO	M	52	00:42:15	00:41:51	REST O CARTAXEIRO
9	465	JOSE SERRA	M	50	00:42:21	00:42:15	GD CHELAS
10	682	MANUEL VAZ	M	54	00:42:24	00:42:19	INDIVIDUAL
11	701	ANTÓNIO CASACA	M	52	00:42:29	00:42:19	INDIVIDUAL
12	415	PAULO CARDOSO	M	51	00:42:41	00:42:40	GD CHELAS
13	1015	VIRGILIO MADEIRA	M	54	00:43:02	00:42:51	AÇOREANA C BANIF
14	507	ANTONIO R PEREIRA	M	51	00:43:08	00:43:06	C COLAB AXA
15	114	HERNANI MONTEIRO	M	53	00:43:19	00:43:12	A VALE SILENCIO
16	370	ANTONIO M F PEREIRA	M	53	00:43:27	00:43:19	INDIVIDUAL
17	605	DANIEL A C NUNES	M	54	00:43:30	00:43:15	INDIVIDUAL
18	516	ANTERO JERÓNIMO	M	51	00:43:42	00:43:28	FALCOES SELVAGENS
19	730	ANTONIO RIBEIRO	M	52	00:43:51	00:43:23	GAA VILA FRANCA XIRA
20	395	CARLOS COELHO	M	52	00:44:02	00:43:57	CPOC
21	765	LUIS GAMA	M	50	00:44:15	00:43:54	INDIVIDUAL
22	775	CARLOS N DIAS	M	53	00:44:45	00:44:30	CCDT METRO LX
23	779	JOAO SEQUEIRA	M	51	00:45:00	00:44:11	CCDT METRO LX
24	781	JOSE P CUNHA	M	50	00:45:00	00:44:11	CCDT METRO LX
25	437	FRANCISCO MADEIRA	M	51	00:45:03	00:44:54	INDIVIDUAL
26	283	ARMINDO CAIXINHA	M	50	00:45:09	00:44:51	INDIVIDUAL
27	859	MIGUEL VELEZ	M	50	00:45:15	00:44:39	CÂMARA L CLUBE
28	852	MANUEL FONSECA	M	50	00:45:17	00:45:13	SL CAMPOLIDE
29	644	JOAO SANCHES	M	51	00:46:22	00:45:59	INDIVIDUAL
30	322	ANTONIO ALMEIDA	M	50	00:46:35	00:46:20	ND AUTOCOOPE
31	981	JOSE MOTA	M	53	00:47:06	00:46:25	WIKABOO
32	149	MIGUEL MARQUES	M	53	00:47:13	00:47:01	INDIVIDUAL
33	567	JORGE PAULINO	M	51	00:47:32	00:47:27	AMIGOS PENICHE
34	153	RAUL COSTA	M	53	00:47:58	00:47:54	CLUBE ROBBIALAC
35	863	EDUARDO MANSO	M	52	00:49:16	00:48:43	CÂMARA L CLUBE
36	861	ADELINO PIRES	M	51	00:50:33	00:50:04	CÂMARA L CLUBE
37	403	JOSE VERMELHUDO	M	54	00:50:53	00:50:34	INDIVIDUAL
38	103	LUIS FIGUEIREDO	M	51	00:52:22	00:52:18	INDIVIDUAL
39	817	ALBERTO SOARES	M	52	00:53:20	00:52:39	INDIVIDUAL
40	654	FERNANDO R LUÍS	M	51	00:53:23	00:52:51	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	120	ROMÃO VALENTE	M	51	00:53:36	00:53:08	INDIVIDUAL
42	849	ANTONIO LIMA	M	51	00:54:09	00:53:35	SL CAMPOLIDE
43	425	CARLOS DIAS	M	54	00:54:19	00:53:44	GD INE
44	546	JOAO M BATISTA	M	53	00:54:35	00:54:35	INDIVIDUAL
45	554	ADRIANO VITORINO	M	52	00:54:39	00:54:19	RUNNING OF D MARIA
46	249	JOAQUIM REIS	M	52	00:54:56	00:54:26	PREMIUM RUNNERS !
47	125	ANTONIO ANTUNES	M	51	00:55:09	00:54:34	ADRC MATA BENFICA
48	667	JOAQUIM VALADARES	M	51	00:55:27	00:55:15	INDIVIDUAL
49	267	ROGERIO PUGA	M	50	00:55:51	00:55:02	JAZZY RUNNERS
50	454	HERMÍNIO CABACEIRA	M	52	00:55:54	00:55:16	INDIVIDUAL
51	405	CARLOS F MONTEIRO	M	53	00:58:32	00:57:41	INDIVIDUAL
52	57	JOSE NOGUEIRA	M	52	00:59:08	00:58:23	INDIVIDUAL
53	558	VITOR MONTEIRO	M	51	01:00:00	00:59:42	MARRIOTT LISBOA
54	840	JOAQUIM CORREIA	M	52	01:00:13	00:59:23	SL CAMPOLIDE
55	6	MARIO PIRES	M	54	01:01:43	01:01:43	CACILHENSES
56	821	JORGE BARREIRA	M	53	01:01:53	01:01:49	A JORGE PINA
57	901	LUIS PARRO	M	52	01:01:57	01:01:37	GARMIN CO OEIRAS
58	784	LUIS F ALVES	M	52	01:02:10	01:01:28	INDIVIDUAL
59	687	ROGERIO P MATOS	M	51	01:02:40	01:01:57	RUN 4 FUN
60	1033	BELMIRO GUIAR	M	50	01:04:15	01:03:59	INDIVIDUAL
61	890	ISAAC CARRELO	M	53	01:04:24	01:04:08	CLUBE ANACOM
62	889	JOAO CASTRO	M	53	01:04:24	01:04:08	CLUBE ANACOM
63	501	LINO GOMES	M	52	01:05:31	01:04:29	CCD CA MUTUO
64	794	JORGE OLIVEIRA	M	53	01:05:52	01:05:52	INDIVIDUAL
65	222	JOSE J CALDEIRA	M	50	01:10:07	01:09:36	OS CALDEIRA'S
66	191	ANTONIO CARDOSO	M	51	01:10:09	01:10:09	PAPA QUILOMETROS SBD
67	782	GUALDINO FREIRE	M	51	01:10:46	01:09:56	CCDT METRO LX
68	678	ANTONIO J S MONTEIRO	M	54	01:11:26	01:10:42	MONTEIRINHOS
69	735	JOAO P CARVALHO	M	54	01:11:26	01:10:43	INDIVIDUAL
70	12	JOHNNY THOMASSEN	M	53	01:15:01	01:15:01	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	113	AURELIO AGUIAR	M	58	00:38:02	00:38:02	A VALE SILENCIO
2	982	ANTONIO LEMOS	M	55	00:38:59	00:38:49	WIKABOO
3	474	MARCOS A PEREIRA	M	58	00:39:26	00:39:17	INDIVIDUAL
4	215	OSCAR M R SANTOS	M	56	00:40:06	00:39:57	CCDT MUN ODIVELAS
5	933	RUI MARTINS	M	58	00:43:07	00:43:05	GD SANTANDER TOTTA
6	997	FERNANDO CELESTINO	M	55	00:43:38	00:43:26	AÇOREANA C BANIF
7	542	CARLOS ALBERTO	M	55	00:44:02	00:43:45	INDIVIDUAL
8	394	VITOR RODRIGUES	M	59	00:44:02	00:43:57	CPOC
9	468	JOAQUIM MARINHO	M	55	00:44:40	00:44:36	GD CHELAS
10	776	RUI ARAUJO	M	55	00:45:23	00:44:36	CCDT METRO LX
11	867	RUBEN SILVA	M	57	00:45:40	00:45:03	CÂMARA L CLUBE
12	362	IDALÉCIO BARROS	M	59	00:45:46	00:45:40	INDIVIDUAL
13	866	JOSE FELIX	M	56	00:46:15	00:45:28	CÂMARA L CLUBE
14	412	MANUEL TAVARES	M	55	00:46:50	00:46:18	GD CHELAS
15	1001	JOAO CABRITA	M	55	00:47:01	00:46:47	AÇOREANA C BANIF
16	912	FERNANDO MARQUES	M	58	00:47:27	00:46:29	GD SANTANDER TOTTA
17	422	MANUEL SILVA	M	58	00:47:38	00:47:38	MULTIFLOW
18	43	ANTONIO CORREIA	M	56	00:47:47	00:47:21	GEORUNNERS
19	514	ANTONIO DIAS	M	55	00:47:53	00:47:42	INDIVIDUAL
20	892	JOSE VAZ	M	55	00:48:03	00:47:47	CLUBE ANACOM
21	331	LUIS V AMORIM	M	56	00:48:22	00:48:07	NA BEIERSDORF
22	310	MANUEL PERAS	M	57	00:49:15	00:48:40	INDIVIDUAL
23	390	VITOR MORAIS	M	55	00:49:21	00:48:50	INDIVIDUAL
24	323	CARLOS FERREIRA	M	56	00:49:45	00:49:38	ND AUTOCOOPE
25	729	JOSE SERAFIM	M	58	00:50:01	00:49:33	GAA VILA FRANCA XIRA
26	551	MANUEL A RODRIGUES	M	55	00:50:10	00:49:51	INDIVIDUAL
27	683	ABILIO TAVARES	M	58	00:50:22	00:50:07	INDIVIDUAL
28	47	DIOGO ARRAIAS	M	59	00:50:38	00:50:13	OS ARRAIAS
29	899	JOSE CATITA	M	55	00:51:14	00:50:35	GARMIN CO OEIRAS
30	325	JOSE DIAS	M	56	00:51:37	00:51:30	ND AUTOCOOPE
31	332	VICENTE DIAS	M	59	00:52:11	00:51:55	NA BEIERSDORF
32	556	VITOR CARVALHO	M	55	00:52:57	00:52:39	MARRIOTT LISBOA
33	280	FERNANDO A B FERRITO	M	57	00:53:22	00:52:35	FERRITO
34	76	JORGE L VIEGAS	M	57	00:54:33	00:54:03	INDIVIDUAL
35	865	JOAO FIGUEIREDO	M	57	00:55:24	00:54:57	CÂMARA L CLUBE
36	992	ALBANO ALVES	M	58	00:55:42	00:55:32	AÇOREANA C BANIF
37	101	JOSE ALÍPIO	M	56	00:56:53	00:56:52	INDIVIDUAL
38	727	DINIS SANTOS	M	59	00:57:28	00:57:28	CORINTHIA HOTEL LISBON
39	609	CARLOS VIEGAS	M	55	00:59:03	00:58:58	INDIVIDUAL
40	54	JOAQUIM FONSECA	M	58	00:59:14	00:59:02	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	340	HENRIQUE S VILHENA	M	57	01:00:48	00:59:54	INDIVIDUAL
42	477	ALBANO GINJA	M	57	01:01:41	01:01:15	C SARGENTO ARMADA
43	236	JOSE M S S MARTINS	M	56	01:04:05	01:04:05	CTJL
44	264	FRANCISCO ROQUE	M	58	01:04:23	01:03:34	JAZZY RUNNERS
45	396	ANTONIO L MARTINS	M	56	01:04:52	01:03:58	INDIVIDUAL
46	184	JORGE FERREIRA	M	58	01:04:57	01:04:12	INDIVIDUAL
47	155	MARIO RUI	M	56	01:05:26	01:05:20	CLUBE ROBBIALAC
48	1020	CARLOS SILVA	M	55	01:09:28	01:09:04	INDIVIDUAL
49	104	JOAQUIM PALMA	M	59	01:09:38	01:09:15	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	440	ADOLFO LOUREIRO	M	61	00:40:04	00:40:02	C PRAÇAS ARMADA
2	363	FERNANDO ANACLETO	M	62	00:43:06	00:43:00	INDIVIDUAL
3	906	ANTONIO CRUZ	M	66	00:43:29	00:43:21	GD SANTANDER TOTTA
4	918	JOSE LOURO	M	78	00:43:37	00:43:16	GD SANTANDER TOTTA
5	932	SALVADOR AFONSO	M	60	00:44:00	00:44:00	GD SANTANDER TOTTA
6	617	JOSE REIS	M	60	00:44:01	00:43:47	SC REBOLEIRA DAMAIA
7	418	DIOGO COSTA	M	65	00:44:46	00:44:37	INDIVIDUAL
8	469	JOSE FERNANDES	M	60	00:45:56	00:45:54	GD CHELAS
9	876	ELISEU PINTO	M	63	00:46:02	00:45:51	SS CGD
10	830	JOSE TOMAZ	M	62	00:47:49	00:47:10	A JORGE PINA
11	207	JOAO R REIS	M	63	00:47:50	00:47:37	INDIVIDUAL
12	1004	JOAQUIM OLIMPIO	M	63	00:48:32	00:48:32	AÇOREANA C BANIF
13	632	RUI MAIA	M	62	00:48:37	00:48:10	INDIVIDUAL
14	1014	TAM AFONSO	M	61	00:48:43	00:48:25	AÇOREANA C BANIF
15	925	MANUEL ROBALO	M	68	00:48:55	00:48:36	GD SANTANDER TOTTA
16	133	NEVES SILVA	M	61	00:49:08	00:48:57	C FERROV PORTUGAL
17	922	LINO OLIVEIRA	M	68	00:49:17	00:49:14	GD SANTANDER TOTTA
18	452	NUNO ALVES	M	60	00:49:49	00:49:35	INDIVIDUAL
19	389	AUGUSTO CARIA	M	61	00:49:51	00:49:48	INDIVIDUAL
20	172	LUIS M S DUARTE	M	66	00:49:52	00:49:50	INDIVIDUAL
21	347	JOAO D B FERNANDES	M	66	00:49:59	00:49:56	INDIVIDUAL
22	81	GILBERTO GONÇALVES	M	65	00:50:12	00:49:34	CAA BELEM
23	639	ORLANDO ZACARIAS	M	62	00:50:49	00:50:37	INDIVIDUAL
24	466	JOSE VENANCIO	M	60	00:52:11	00:52:03	GD CHELAS
25	540	JOSE NEVES	M	61	00:52:25	00:52:21	INDIVIDUAL
26	681	ANTÓNIO FONSECA	M	67	00:52:31	00:52:13	INDIVIDUAL
27	672	AVELINO F P VESTIAS	M	64	00:53:06	00:53:06	INDIVIDUAL
28	473	JOAQUIM FRAGOSO	M	64	00:54:16	00:53:41	GD CHELAS
29	878	FRANCISCO CLERIGO	M	60	00:54:38	00:54:07	SS CGD
30	421	JOAO SANTOS	M	64	00:55:42	00:55:31	MULTIFLOW
31	406	VITOR MARTINS	M	63	00:55:55	00:55:44	INDIVIDUAL
32	99	LUIS LARA	M	64	00:55:58	00:55:13	INDIVIDUAL
33	398	ALVARO COSTA	M	67	00:56:18	00:55:41	O MUNDO CORRIDA
34	343	JOSE RICARDO	M	60	00:57:15	00:56:40	OS ATLETAS
35	793	ANTONIO FERNANDES	M	77	00:57:45	00:57:45	INDIVIDUAL
36	312	DOMINGOS DA COSTA	M	65	00:58:31	00:57:37	INDIVIDUAL
37	919	JOSE MONTEIRO	M	64	00:58:56	00:58:54	GD SANTANDER TOTTA
38	58	JOAO BATISTA	M	60	00:59:40	00:58:55	INDIVIDUAL
39	608	NUNO GONÇALVES	M	60	00:59:48	00:59:35	INDIVIDUAL
40	198	FRANCISCO RIBEIRO	M	66	01:00:21	01:00:12	INDIVIDUAL

VII CORRIDA SAO DOMINGOS BENFICA2014 - 02/02/2014

Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	619	ILIDIO MONTEIRO	M	64	01:00:32	00:59:45	BESMART
42	156	JOSE RODRIGUES	M	61	01:01:07	01:01:04	CLUBE ROBBIALAC
43	476	ANTONIO NUNES	M	74	01:01:40	01:01:15	C SARGENTO ARMADA
44	831	JOSE GONÇALVES	M	63	01:02:32	01:01:52	A JORGE PINA
45	921	JOSE RIBEIRO	M	68	01:03:02	01:02:06	GD SANTANDER TOTTA
46	924	LUIS SILVA	M	71	01:03:02	01:02:18	GD SANTANDER TOTTA
47	780	JOSE PIRES	M	78	01:03:12	01:02:23	CCDT METRO LX
48	874	AURELIO CALADO	M	64	01:03:13	01:02:20	SS CGD
49	518	ANTONIO PINHO	M	61	01:04:16	01:03:57	AA LEBRES SADO
50	122	RUI HENRIQUES	M	66	01:05:14	01:04:49	ADRC MATA BENFICA
51	375	MANUEL GONÇALVES	M	65	01:05:51	01:04:59	NECAS TEAM
52	321	ANTONIO MARQUES	M	67	01:06:38	01:06:34	INDIVIDUAL
53	326	JOAO GRAÇA	M	74	01:06:39	01:05:47	ND AUTOCOOPE
54	529	JOSE BATISTA	M	61	01:06:40	01:06:40	INDIVIDUAL
55	819	GONÇALO NEVES	M	73	01:07:55	01:07:55	INDIVIDUAL
56	803	BENTO FERREIRA	M	67	01:08:20	01:07:22	INDIVIDUAL
57	692	JOSE ARRUDA	M	64	01:14:46	01:13:49	INDIVIDUAL