



SÃO
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CLASSIFICAÇÃO

31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|------------------|---------------|------------------|---------------|----------------|----------------------------|---------|-------------------|
| 1 | 2 | Rui Pinto | 00:15:50 | 00:30:25 | 00:30:22 | 1 | Sport Lisboa e Benfica | Senior | 1 |
| 2 | 4 | Samuel Barata | 00:15:51 | 00:30:28 | 00:30:25 | 2 | Sport Lisboa e Benfica | Senior | 2 |
| 3 | 7 | Hugo Correia | 00:15:51 | 00:30:47 | 00:30:44 | 3 | Sporting Clube de Portugal | Senior | 3 |
| 4 | 10 | André Pereira | 00:15:50 | 00:30:51 | 00:30:48 | 4 | Sport Lisboa e Benfica | Senior | 4 |
| 5 | 1033 | Miguel Borges | 00:15:50 | 00:30:53 | 00:30:49 | 5 | Sport Lisboa e Benfica | Senior | 5 |
| 6 | 5 | Licínio Pimentel | 00:15:55 | 00:30:53 | 00:30:49 | 6 | Sporting Clube de Portugal | V35 | 1 |
| 7 | 905 | Guilherme Pinto | 00:15:51 | 00:30:57 | 00:30:54 | 7 | | Senior | 6 |
| 8 | 8 | Hugo Almeida | 00:15:51 | 00:31:16 | 00:31:12 | 8 | Sporting Clube de Portugal | Senior | 7 |
| 9 | 1229 | Eduardo Mbengani | 00:15:51 | 00:31:16 | 00:31:12 | 9 | Sport Lisboa e Benfica | Senior | 8 |
| 10 | 727 | Oswald Freitas | 00:15:51 | 00:31:34 | 00:31:30 | 10 | Clube Natação de Rio Maior | Senior | 9 |
| 11 | 910 | Carlos Costa | 00:15:55 | 00:31:41 | 00:31:41 | 11 | | Senior | 10 |
| 12 | 907 | Rodrigo Santos | 00:15:57 | 00:31:59 | 00:31:52 | 12 | | Senior | 11 |
| 13 | 1192 | Luís Macau | 00:15:56 | 00:32:01 | 00:31:57 | 13 | Juventude Vidigalense | Senior | 12 |
| 14 | 728 | Bruno Batista | 00:15:58 | 00:32:03 | 00:31:59 | 14 | Clube Natação de Rio Maior | Senior | 13 |
| 15 | 1034 | Fernando Serrão | 00:15:51 | 00:32:12 | 00:32:06 | 15 | Sporting Clube de Portugal | Senior | 14 |
| 16 | 1008 | Filipe Ferreira | 00:16:12 | 00:32:41 | 00:32:37 | 16 | ACR de Vale de Cambra | Senior | 15 |
| 17 | 1230 | Abílio Gonçalves | 00:16:22 | 00:32:43 | 00:32:39 | 17 | ACRS Desterro | Senior | 16 |
| 18 | 1028 | Celso Pinto | 00:16:35 | 00:32:47 | 00:32:43 | 18 | | Senior | 17 |
| 19 | 729 | Filipe Vitorino | 00:16:31 | 00:33:04 | 00:33:00 | 19 | Clube Natação de Rio Maior | Junior | 1 |
| 20 | 909 | Nuno Costa | 00:16:47 | 00:33:47 | 00:33:44 | 20 | | Senior | 18 |



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|---------------|---------------|-------------------|-----------------------|--------------------------|-----------------------|------------------------|----------------------------|----------------|---------------------------|
| 21 | 581 | Vitor Oliveira | 00:16:59 | 00:33:54 | 00:33:50 | 21 | ASC Vale Grande | Senior | 19 |
| 22 | 363 | Carlos Tiago | 00:17:12 | 00:34:03 | 00:33:59 | 22 | BELEM RUNNERS | V35 | 2 |
| 23 | 315 | André Dias | 00:17:01 | 00:34:03 | 00:33:59 | 23 | | Senior | 20 |
| 24 | 1 | Catarina Ribeiro | 00:17:03 | 00:34:05 | 00:34:02 | 24 | | Senior | 1 |
| 25 | 1142 | João Fernandes | 00:17:12 | 00:34:38 | 00:34:30 | 25 | Grupo Atletismo Fatima | Senior | 21 |
| 26 | 1346 | Luís Liino | 00:17:25 | 00:34:42 | 00:34:38 | 26 | | V45 | 1 |
| 27 | 3 | Salomé Rocha | 00:17:31 | 00:34:58 | 00:34:55 | 28 | | Senior | 2 |
| 28 | 779 | Francisco Pedro | 00:17:02 | 00:34:58 | 00:34:54 | 27 | clube de atletismo odimarq | V45 | 2 |
| 29 | 445 | Carlos Alpoim | 00:17:49 | 00:35:35 | 00:35:29 | 29 | CASA DO PESSOAL DA RTP | Senior | 22 |
| 30 | 468 | João Boa | 00:17:57 | 00:35:39 | 00:35:29 | 30 | Kainágua | Senior | 23 |
| 31 | 1205 | Cláudia Pereira | 00:18:02 | 00:35:40 | 00:35:37 | 31 | | V40 | 1 |
| 32 | 1164 | Fernando Gomes | 00:18:06 | 00:35:43 | 00:35:37 | 32 | JUNTA-TE À JUNTA | Senior | 24 |
| 33 | 6 | Marisa Barros | 00:17:50 | 00:35:50 | 00:35:49 | 33 | | V35 | 1 |
| 34 | 360 | Carlos Freitas | 00:18:16 | 00:36:05 | 00:36:01 | 34 | BELEM RUNNERS | V45 | 3 |
| 35 | 1024 | José Martins | 00:18:01 | 00:36:08 | 00:36:03 | 36 | | V50 | 1 |
| 36 | 1316 | Nelson Graça | 00:18:01 | 00:36:11 | 00:36:06 | 38 | AM Atibá | Senior | 25 |
| 37 | 959 | Daniel Dias | 00:18:11 | 00:36:15 | 00:36:06 | 37 | | Senior | 26 |
| 38 | 239 | Leonardo Coelho | 00:18:11 | 00:36:15 | 00:36:01 | 35 | RunLovers | Senior | 27 |
| 39 | 145 | Eduardo Eustaquio | 00:18:19 | 00:36:24 | 00:36:18 | 39 | Amigos Atletismo Mafra | V50 | 2 |
| 40 | 189 | João Miranda | 00:18:19 | 00:36:40 | 00:36:34 | 40 | Clube Vodafone | V45 | 4 |



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|---------------|---------------|--------------------|-----------------------|--------------------------|-----------------------|------------------------|--------------------------|----------------|---------------------------|
| 41 | 896 | António Gonçalves | 00:18:32 | 00:36:55 | 00:36:49 | 41 | LEBRE | V45 | 5 |
| 42 | 452 | Joel Rodrigues | 00:18:36 | 00:37:07 | 00:37:01 | 44 | Amigos Atletismo Mafra | V40 | 1 |
| 43 | 1362 | Carlos Almeida | 00:18:35 | 00:37:07 | 00:37:01 | 43 | | V40 | 2 |
| 44 | 1349 | Sérgio Paiva | 00:18:48 | 00:37:13 | 00:37:09 | 46 | | V40 | 3 |
| 45 | 1018 | Paulo Ffwpu | 00:18:48 | 00:37:18 | 00:37:12 | 47 | | V45 | 6 |
| 46 | 914 | Ricardo Oliveira | 00:18:48 | 00:37:18 | 00:37:09 | 45 | Marinha-CEFA | V35 | 3 |
| 47 | 1037 | Vera Fernandes | 00:18:35 | 00:37:19 | 00:37:16 | 50 | AABV | Senior | 3 |
| 48 | 1355 | Vitor Lima | 00:18:44 | 00:37:21 | 00:37:15 | 49 | | V45 | 7 |
| 49 | 362 | Pedro Cavilhas | 00:18:45 | 00:37:27 | 00:37:17 | 51 | BELEM RUNNERS | V45 | 8 |
| 50 | 599 | Gonçalo Oliveira | 00:19:30 | 00:37:32 | 00:37:14 | 48 | | Senior | 28 |
| 51 | 220 | António Murteira | 00:19:21 | 00:37:32 | 00:37:17 | 52 | G. R. D. Ribeira da Lage | V45 | 9 |
| 52 | 1158 | Filipe Batista | 00:18:54 | 00:37:36 | 00:37:31 | 53 | JUNTA-TE À JUNTA | Senior | 29 |
| 53 | 1035 | Mussa Djau | 00:19:07 | 00:37:37 | 00:37:33 | 54 | Beja AC | Senior | 30 |
| 54 | 1039 | Sandra Protásio | 00:18:58 | 00:37:49 | 00:37:47 | 56 | J.O.M.A | Senior | 4 |
| 55 | 170 | José Borges | 00:19:12 | 00:38:00 | 00:37:44 | 55 | | V40 | 4 |
| 56 | 488 | Fernando Santos | 00:19:17 | 00:38:14 | 00:38:02 | 58 | BELEM RUNNERS | V45 | 10 |
| 57 | 1102 | Roberto Rolandone | 00:19:34 | 00:38:22 | 00:38:16 | 59 | | Senior | 31 |
| 58 | 682 | Alexandre Monteiro | 00:19:27 | 00:38:23 | 00:37:58 | 57 | RB RUNNING | V40 | 5 |
| 59 | 744 | Duarte Cruz | 00:19:08 | 00:38:35 | 00:38:30 | 61 | | Senior | 32 |
| 60 | 1354 | Tiago Vermelho | 00:19:24 | 00:38:36 | 00:38:29 | 60 | | Senior | 33 |



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|--------|--------|---------------------|---------------|------------------|---------------|----------------|-----------------------------------|---------|-------------------|
| 61 | 451 | Margarida Dionísio | 00:19:15 | 00:38:39 | 00:38:35 | 63 | | Senior | 5 |
| 62 | 1015 | Luís Ffwpu | 00:19:31 | 00:38:49 | 00:38:33 | 62 | | Senior | 34 |
| 63 | 917 | Pedro Semedo | 00:19:31 | 00:38:51 | 00:38:38 | 64 | sporting clube reboleira e damaia | V40 | 6 |
| 64 | 469 | Nuno Silva | 00:19:16 | 00:38:54 | 00:38:44 | 65 | M&B | V35 | 4 |
| 65 | 1364 | Bruno Dias | 00:19:16 | 00:38:54 | 00:38:47 | 66 | | V40 | 7 |
| 66 | 1231 | Antonino Vaz | 00:19:34 | 00:38:56 | 00:38:52 | 67 | sporting clube reboleira e damaia | V40 | 8 |
| 67 | 934 | Jose Teixeira | 00:18:52 | 00:38:58 | 00:38:52 | 68 | | V40 | 9 |
| 68 | 895 | João Lopes | 00:19:55 | 00:39:02 | 00:38:56 | 70 | LEBRE | V55 | 1 |
| 69 | 128 | Ângelo Silva | 00:19:40 | 00:39:06 | 00:38:55 | 69 | CCDTMETROLX | Senior | 35 |
| 70 | 990 | André Tomé | 00:19:10 | 00:39:08 | 00:39:02 | 72 | AABV Lagoa | Junior | 2 |
| 71 | 875 | Manuel Sousa | 00:19:42 | 00:39:12 | 00:38:57 | 71 | Marinha - CEFA | V45 | 11 |
| 72 | 428 | Agostinho Rodrigues | 00:19:48 | 00:39:17 | 00:39:04 | 73 | | V50 | 3 |
| 73 | 828 | José Lopes | 00:20:06 | 00:39:22 | 00:39:13 | 74 | RB RUNNING | V50 | 4 |
| 74 | 151 | David Karim | 00:20:05 | 00:39:32 | 00:39:24 | 75 | | V35 | 5 |
| 75 | 1014 | Luis Trindade | 00:19:41 | 00:39:33 | 00:39:25 | 76 | | V35 | 6 |
| 76 | 582 | Paulo Ramos | 00:20:02 | 00:39:42 | 00:39:31 | 77 | ASC Vale Grande | V50 | 5 |
| 77 | 65 | Carlos Caetano | 00:20:20 | 00:39:50 | 00:39:39 | 78 | | V40 | 10 |
| 78 | 306 | Liliana Alexandre | 00:19:54 | 00:39:56 | 00:39:50 | 85 | | Senior | 6 |
| 79 | 121 | Mário Sá | 00:20:35 | 00:39:58 | 00:39:47 | 82 | | V35 | 7 |
| 80 | 913 | Paulo Henriques | 00:21:04 | 00:39:59 | 00:39:40 | 79 | | Senior | 36 |



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|--------|--------|--------------------|---------------|------------------|---------------|----------------|---------------------------------------|---------|-------------------|
| 81 | 194 | Pedro Ferreira | 00:20:34 | 00:39:59 | 00:39:44 | 80 | RB RUNNING | V45 | 12 |
| 82 | 90 | Luis Mesquita | 00:19:58 | 00:40:00 | 00:39:54 | 87 | | V40 | 11 |
| 83 | 203 | Isidro Duarte | 00:20:38 | 00:40:00 | 00:39:44 | 81 | RB RUNNING | V45 | 13 |
| 84 | 1058 | João Ferreira | 00:20:17 | 00:40:00 | 00:39:47 | 83 | | V35 | 8 |
| 85 | 354 | Inocência Amorim | 00:20:21 | 00:40:04 | 00:39:53 | 86 | BELEM RUNNERS | V35 | 9 |
| 86 | 694 | Antonio Rebelo | 00:20:42 | 00:40:17 | 00:39:50 | 84 | | V45 | 14 |
| 87 | 1322 | Mónica Vieira | 00:20:11 | 00:40:18 | 00:40:10 | 90 | | V40 | 2 |
| 88 | 462 | Luis Santos | 00:20:50 | 00:40:21 | 00:39:54 | 88 | | Senior | 37 |
| 89 | 600 | Paulo Robalo | 00:20:21 | 00:40:27 | 00:40:16 | 91 | | V35 | 10 |
| 90 | 361 | Pedro Pereira | 00:20:36 | 00:40:31 | 00:40:21 | 92 | BELEM RUNNERS | V40 | 12 |
| 91 | 466 | Constantino Araujo | 00:21:07 | 00:40:34 | 00:40:07 | 89 | sporting clube reboleira e damaia | V45 | 15 |
| 92 | 646 | Antonio Louro | 00:20:12 | 00:40:34 | 00:40:24 | 94 | GD SANTANDERTOTTA | V40 | 13 |
| 93 | 39 | Joel Rodrigues | 00:20:21 | 00:40:35 | 00:40:25 | 95 | | V35 | 11 |
| 94 | 628 | Sara Marinho | 00:20:27 | 00:40:37 | 00:40:30 | 96 | | Senior | 7 |
| 95 | 649 | Carlos Teixeira | 00:20:12 | 00:40:38 | 00:40:24 | 93 | GD SANTANDERTOTTA | V40 | 14 |
| 96 | 606 | Eduardo Quaresma | 00:20:34 | 00:40:50 | 00:40:30 | 97 | | V35 | 12 |
| 97 | 731 | José Batista | 00:19:59 | 00:40:51 | 00:40:45 | 101 | | V50 | 6 |
| 98 | 411 | Vitor Silva | 00:20:53 | 00:40:52 | 00:40:42 | 98 | Casa do Benfica Algueirão Mem Martins | V50 | 7 |
| 99 | 1132 | Paulo Garcia | 00:20:39 | 00:40:56 | 00:40:44 | 100 | Os Galgos | V40 | 15 |
| 100 | 358 | Steven Santos | 00:21:01 | 00:40:59 | 00:40:42 | 99 | BELEM RUNNERS | Senior | 38 |



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|---------------|---------------|---------------------|-----------------------|--------------------------|-----------------------|------------------------|---|----------------|---------------------------|
| 101 | 365 | Gonçalo Ferreira | 00:20:34 | 00:41:01 | 00:40:56 | 107 | BELEM RUNNERS | V40 | 16 |
| 102 | 871 | Hélder Silva | 00:20:51 | 00:41:02 | 00:40:45 | 102 | | V35 | 13 |
| 103 | 130 | Carlos Dias | 00:20:59 | 00:41:04 | 00:40:51 | 105 | CCDTMETROLX | V55 | 2 |
| 104 | 885 | Edmundo Fonte | 00:20:51 | 00:41:09 | 00:40:51 | 104 | | V50 | 8 |
| 105 | 960 | Manuel Gonçalves | 00:20:39 | 00:41:11 | 00:41:01 | 110 | | V55 | 3 |
| 106 | 518 | Carlos Cardoso | 00:20:50 | 00:41:12 | 00:41:08 | 115 | GD BANCO BPI | V60 | 1 |
| 107 | 228 | Vasco Murteira | 00:20:57 | 00:41:13 | 00:40:58 | 109 | CARRASCO & AMIGOS | Junior | 3 |
| 108 | 31 | António Graça | 00:20:35 | 00:41:15 | 00:41:08 | 114 | | V50 | 9 |
| 109 | 1064 | Pedro Marques | 00:21:09 | 00:41:15 | 00:40:49 | 103 | CONQUISTA GINÁSIO | V50 | 10 |
| 110 | 1082 | Agostinho Torres | 00:20:58 | 00:41:17 | 00:41:04 | 111 | Desportivo Operário do Rangel | V55 | 4 |
| 111 | 225 | Abel Assemblano | 00:21:04 | 00:41:18 | 00:40:53 | 106 | | V35 | 14 |
| 112 | 973 | Valter Oliveira | 00:20:54 | 00:41:21 | 00:41:16 | 118 | | V35 | 15 |
| 113 | 554 | Vitor Sousa | 00:20:45 | 00:41:21 | 00:41:06 | 112 | GFD RUNNING | V40 | 17 |
| 114 | 433 | Carlos Gomes | 00:21:42 | 00:41:24 | 00:40:58 | 108 | Clube EDP Lisboa | V50 | 11 |
| 115 | 1331 | José Machado | 00:20:48 | 00:41:24 | 00:41:14 | 117 | | V60 | 2 |
| 116 | 1115 | Paulo Marques | 00:20:53 | 00:41:26 | 00:41:12 | 116 | | V40 | 18 |
| 117 | 114 | Tiago Sousa | 00:21:02 | 00:41:31 | 00:41:08 | 113 | | Senior | 39 |
| 118 | 814 | Edmilson Santos | 00:21:05 | 00:41:32 | 00:41:26 | 122 | | V50 | 12 |
| 119 | 172 | Luis Carvalho | 00:20:44 | 00:41:34 | 00:41:18 | 119 | | V45 | 16 |
| 120 | 1138 | Elizângela Oliveira | 00:20:31 | 00:41:37 | 00:41:27 | 123 | J.O.M.A. - Juventude Operária do Monte Abraão | Junior | 1 |



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|--------|--------|---------------------|---------------|------------------|---------------|----------------|--|---------|-------------------|
| 121 | 486 | Gabriel Gonçalves | 00:21:09 | 00:41:38 | 00:41:29 | 124 | | V60 | 3 |
| 122 | 148 | Alice Roma | 00:21:16 | 00:41:39 | 00:41:32 | 127 | Amigos Atletismo Mafra | V45 | 1 |
| 123 | 279 | Nelson Costa | 00:21:14 | 00:41:44 | 00:41:23 | 120 | CLUBE MILLENNIUM BCP | Senior | 40 |
| 124 | 651 | Anastácio Valadas | 00:21:13 | 00:41:46 | 00:41:37 | 130 | GD SANTANDERTOTTA | V60 | 4 |
| 125 | 1120 | Paulo Lamego | 00:21:02 | 00:41:47 | 00:41:30 | 125 | | V45 | 17 |
| 126 | 11 | Antonio Figueiredo | 00:20:47 | 00:41:48 | 00:41:37 | 131 | | V35 | 16 |
| 127 | 223 | André Oliveira | 00:21:05 | 00:41:53 | 00:41:41 | 133 | G. R. D. Ribeira da Lage | Senior | 41 |
| 128 | 564 | Francisco Rodrigues | 00:21:40 | 00:41:54 | 00:41:30 | 126 | Amigos Atletismo Mafra | V40 | 19 |
| 129 | 259 | Nuno Ruela | 00:20:50 | 00:41:58 | 00:41:43 | 134 | | V40 | 20 |
| 130 | 1079 | Filipe Marques | 00:21:30 | 00:41:58 | 00:41:35 | 129 | | Senior | 42 |
| 131 | 603 | Bruno Safara | 00:20:26 | 00:42:00 | 00:41:53 | 139 | | V35 | 17 |
| 132 | 876 | Patricia Rivotti | 00:21:14 | 00:42:01 | 00:41:47 | 136 | Marinha - CEFA | V35 | 2 |
| 133 | 364 | Hugo Augusto | 00:21:14 | 00:42:03 | 00:41:39 | 132 | BELEM RUNNERS | Senior | 43 |
| 134 | 874 | Mário Rosa | 00:21:13 | 00:42:04 | 00:41:49 | 137 | Marinha - CEFA | V50 | 13 |
| 135 | 1308 | Arsénio Fernandes | 00:21:15 | 00:42:05 | 00:41:58 | 141 | ARSM - Associação Recreativa de São Miguel | V60 | 5 |
| 136 | 1133 | André Coelho | 00:20:38 | 00:42:05 | 00:41:52 | 138 | Os Galgos | V40 | 21 |
| 137 | 889 | Nuno Lino | 00:21:33 | 00:42:11 | 00:41:56 | 140 | | V35 | 18 |
| 138 | 587 | João Oliveira | 00:21:43 | 00:42:11 | 00:41:32 | 128 | METRO 2011 | V40 | 22 |
| 139 | 1194 | Fernando Feijão | 00:21:11 | 00:42:15 | 00:42:11 | 146 | Clube Olimpico de Oeiras | V55 | 5 |
| 140 | 712 | Ruben Costa | 00:21:09 | 00:42:16 | 00:42:03 | 143 | | V35 | 19 |



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|--------|--------|-------------------|---------------|------------------|---------------|----------------|--|---------|-------------------|
| 141 | 450 | Bruno Amaro | 00:22:00 | 00:42:17 | 00:41:25 | 121 | | V35 | 20 |
| 142 | 1186 | Ricardo Pascoal | 00:21:57 | 00:42:24 | 00:42:01 | 142 | | Senior | 44 |
| 143 | 186 | Paulo Rodrigues | 00:21:42 | 00:42:25 | 00:42:12 | 147 | Rail Runners | V40 | 23 |
| 144 | 1063 | Adriano Araújo | 00:21:18 | 00:42:27 | 00:42:06 | 144 | CONQUISTA GINÁSIO | V40 | 24 |
| 145 | 1190 | Nelia Gouveia | 00:21:40 | 00:42:31 | 00:42:23 | 150 | DAVID VAZ | V35 | 3 |
| 146 | 1210 | Rosa Mota | 00:21:42 | 00:42:34 | 00:42:29 | 156 | | V55 | 1 |
| 147 | 971 | Sónia Túbal | 00:21:28 | 00:42:34 | 00:42:30 | 157 | | V35 | 4 |
| 148 | 1105 | Pedro Barreirão | 00:21:25 | 00:42:34 | 00:42:27 | 155 | | Senior | 45 |
| 149 | 532 | Artur Pereira | 00:21:26 | 00:42:36 | 00:42:30 | 158 | Magic Runners - Enterprom brindes promocionais | V45 | 18 |
| 150 | 1284 | Telmo Biage | 00:22:02 | 00:42:37 | 00:42:06 | 145 | JUNTA-TE À JUNTA | Junior | 4 |
| 151 | 988 | Nelson Furtado | 00:22:44 | 00:42:37 | 00:41:44 | 135 | | Senior | 8 |
| 152 | 1110 | João Santos | 00:21:32 | 00:42:40 | 00:42:19 | 149 | Clube Atlético São Brás | Senior | 46 |
| 153 | 790 | Fernando Candeias | 00:22:34 | 00:42:43 | 00:42:14 | 148 | SS CGD | V45 | 19 |
| 154 | 491 | Nuno Martins | 00:21:45 | 00:42:44 | 00:42:25 | 153 | | V35 | 21 |
| 155 | 497 | Rute Martins | 00:21:28 | 00:42:45 | 00:42:37 | 163 | | Senior | 9 |
| 156 | 397 | José Marcelino | 00:21:43 | 00:42:46 | 00:42:32 | 162 | CLUBE DESPORTIVO ESTRELA | V50 | 14 |
| 157 | 1092 | José Figueiredo | 00:22:02 | 00:42:47 | 00:42:32 | 161 | Desportivo Operário do Rangel | V55 | 6 |
| 158 | 822 | Joao Chumbinho | 00:22:04 | 00:42:49 | 00:42:31 | 159 | SS CGD | V45 | 20 |
| 159 | 672 | Emanuel Freitas | 00:21:13 | 00:42:50 | 00:42:43 | 165 | | V50 | 15 |
| 160 | 147 | Jorge Ginja | 00:21:57 | 00:42:51 | 00:42:25 | 154 | Amigos Atletismo Mafra | V40 | 25 |



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|--------|--------|------------------|---------------|------------------|---------------|----------------|---------------------------------------|---------|-------------------|
| 161 | 634 | Edgar Fernandes | 00:22:17 | 00:42:54 | 00:42:24 | 152 | | Senior | 47 |
| 162 | 1109 | Gonçalo Brás | 00:22:06 | 00:42:54 | 00:42:32 | 160 | Clube Atlético São Brás | V35 | 22 |
| 163 | 629 | João Rodrigues | 00:21:42 | 00:42:58 | 00:42:44 | 166 | | V45 | 21 |
| 164 | 227 | Fernando Correia | 00:21:42 | 00:42:59 | 00:42:49 | 169 | CARRASCO & AMIGOS | V50 | 16 |
| 165 | 559 | Nuno Mestre | 00:22:07 | 00:42:59 | 00:42:48 | 168 | Unidos da Manutenção | V40 | 26 |
| 166 | 1298 | Jorge Alves | 00:21:49 | 00:43:01 | 00:42:37 | 164 | | V45 | 22 |
| 167 | 912 | Lucília Soares | 00:21:49 | 00:43:02 | 00:42:57 | 175 | | V50 | 1 |
| 168 | 353 | Jose Serrano | 00:21:30 | 00:43:05 | 00:42:51 | 171 | | V45 | 23 |
| 169 | 1045 | Orlando Correia | 00:22:17 | 00:43:08 | 00:42:24 | 151 | Associação do Bairro de Campolide | V45 | 24 |
| 170 | 412 | Helder Lopes | 00:21:59 | 00:43:13 | 00:43:02 | 179 | Casa do Benfica Algueirão Mem Martins | V45 | 25 |
| 171 | 168 | Rafael Abrunhosa | 00:21:41 | 00:43:15 | 00:42:55 | 173 | | V50 | 17 |
| 172 | 333 | António Marçal | 00:21:44 | 00:43:17 | 00:43:07 | 182 | | V55 | 7 |
| 173 | 1309 | Bruno Godinho | 00:22:11 | 00:43:17 | 00:42:55 | 174 | | V35 | 23 |
| 174 | 243 | Lino Santos | 00:22:26 | 00:43:19 | 00:42:51 | 170 | | V50 | 18 |
| 175 | 1144 | Luis Cordeiro | 00:21:14 | 00:43:20 | 00:43:06 | 181 | | V35 | 24 |
| 176 | 870 | Ricardo Nunes | 00:21:54 | 00:43:21 | 00:43:05 | 180 | | V40 | 27 |
| 177 | 472 | Lúcia Oliveira | 00:22:06 | 00:43:24 | 00:43:08 | 183 | Generg | V35 | 5 |
| 178 | 631 | João Nunes | 00:22:18 | 00:43:25 | 00:42:57 | 176 | | V50 | 19 |
| 179 | 1152 | Brigitte Cardoso | 00:21:29 | 00:43:27 | 00:43:22 | 190 | | Senior | 10 |
| 180 | 688 | Vitor Batista | 00:22:05 | 00:43:28 | 00:42:52 | 172 | | V45 | 26 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|---------------------|---------------|------------------|---------------|----------------|-----------------------------|---------|-------------------|
| 181 | 1155 | Fernando Figueiredo | 00:22:48 | 00:43:30 | 00:42:46 | 167 | | V45 | 27 |
| 182 | 1070 | Paulo Pinto | 00:22:17 | 00:43:31 | 00:43:02 | 178 | GC Estrelas da Amadora | V40 | 28 |
| 183 | 116 | Tiago Gabriel | 00:21:45 | 00:43:33 | 00:43:18 | 187 | | Senior | 48 |
| 184 | 707 | David Pinheiro | 00:22:08 | 00:43:33 | 00:42:59 | 177 | | V35 | 25 |
| 185 | 326 | Duarte Sares | 00:22:32 | 00:43:35 | 00:43:11 | 185 | Clube do Sargento da Armada | V55 | 8 |
| 186 | 330 | José Gouveia | 00:22:09 | 00:43:38 | 00:43:17 | 186 | Clube do Sargento da Armada | V45 | 28 |
| 187 | 1136 | Fernando Corda | 00:22:07 | 00:43:39 | 00:43:19 | 188 | | V50 | 20 |
| 188 | 670 | Antonio Cumbre | 00:22:13 | 00:43:45 | 00:43:24 | 192 | | V35 | 26 |
| 189 | 1162 | Miguel Almeida | 00:22:08 | 00:43:51 | 00:43:22 | 189 | JUNTA-TE À JUNTA | Senior | 49 |
| 190 | 357 | Apolo Pereira | 00:22:18 | 00:43:51 | 00:43:36 | 197 | BELEM RUNNERS | V45 | 29 |
| 191 | 356 | Pedro Favinha | 00:22:18 | 00:43:51 | 00:43:38 | 198 | BELEM RUNNERS | V40 | 29 |
| 192 | 371 | Vitor Carvalho | 00:22:31 | 00:43:53 | 00:43:29 | 193 | GFD RUNNING | V50 | 21 |
| 193 | 1214 | Paula Basilio | 00:22:09 | 00:43:54 | 00:43:43 | 204 | | V35 | 6 |
| 194 | 489 | Pedro Pereira | 00:21:26 | 00:43:54 | 00:43:43 | 203 | | V45 | 30 |
| 195 | 551 | Luís Monteiro | 00:22:19 | 00:43:57 | 00:43:50 | 208 | | V45 | 31 |
| 196 | 1276 | Marco Sousa | 00:22:26 | 00:43:58 | 00:43:36 | 196 | JUNTA-TE À JUNTA | V35 | 27 |
| 197 | 331 | Fernando Salgueiro | 00:22:50 | 00:43:58 | 00:43:23 | 191 | SALGUEIROS | V40 | 30 |
| 198 | 1247 | Luis Azul | 00:21:54 | 00:43:59 | 00:43:34 | 194 | | V40 | 31 |
| 199 | 169 | Victor Marques | 00:22:03 | 00:44:01 | 00:43:35 | 195 | | V45 | 32 |
| 200 | 1289 | João Lisboa | 00:22:52 | 00:44:03 | 00:43:09 | 184 | | Senior | 50 |



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CLASSIFICAÇÃO

31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|-------------------|---------------|------------------|---------------|----------------|-------------------------------------|---------|-------------------|
| 201 | 265 | Antonio Angelino | 00:22:00 | 00:44:03 | 00:43:50 | 207 | ASSOCIAÇÃO DESPORTIVA REAL ACADEMIA | V45 | 33 |
| 202 | 47 | Óscar Santos | 00:22:45 | 00:44:03 | 00:43:42 | 201 | Clube Atlético das Patameiras | V55 | 9 |
| 203 | 1095 | Manuel Araújo | 00:22:14 | 00:44:08 | 00:43:51 | 209 | Desportivo Operário do Rangel | V55 | 10 |
| 204 | 630 | Ana Frutuoso | 00:22:07 | 00:44:08 | 00:43:59 | 212 | | V40 | 3 |
| 205 | 319 | Chantal Xhervelle | 00:22:15 | 00:44:13 | 00:44:08 | 219 | | V45 | 2 |
| 206 | 897 | João Narra | 00:21:52 | 00:44:16 | 00:43:58 | 211 | LEBRE | V45 | 34 |
| 207 | 398 | Joaquim Ruivo | 00:23:11 | 00:44:17 | 00:43:48 | 205 | CLUBE DESPORTIVO ESTRELA | V50 | 22 |
| 208 | 619 | Carlos Santos | 00:22:56 | 00:44:20 | 00:43:38 | 199 | | V40 | 32 |
| 209 | 33 | Ricardo Martins | 00:22:01 | 00:44:20 | 00:44:02 | 216 | | Senior | 51 |
| 210 | 132 | Gualdino Freire | 00:23:33 | 00:44:22 | 00:43:42 | 202 | CCDTMETROLX | V70 | 1 |
| 211 | 75 | José Freitas | 00:22:47 | 00:44:25 | 00:44:13 | 221 | | V40 | 33 |
| 212 | 541 | Helder Batista | 00:23:12 | 00:44:27 | 00:43:59 | 213 | G. R. D. Ribeira da Lage | V45 | 35 |
| 213 | 1160 | Mário Cruz | 00:23:12 | 00:44:27 | 00:43:59 | 214 | JUNTA-TE À JUNTA | Senior | 52 |
| 214 | 158 | José Penela | 00:22:34 | 00:44:28 | 00:44:18 | 222 | | V35 | 28 |
| 215 | 366 | Maria Lucas | 00:23:00 | 00:44:31 | 00:44:05 | 218 | Pumas do Guncho | V45 | 3 |
| 216 | 1208 | Vitor Oliveira | 00:23:23 | 00:44:33 | 00:43:49 | 206 | CÂMARA MUNICIPAL DA AMADORA | V55 | 11 |
| 217 | 1127 | Luis Silva | 00:22:50 | 00:44:34 | 00:44:19 | 223 | | Senior | 53 |
| 218 | 146 | Helena Martins | 00:22:29 | 00:44:37 | 00:44:30 | 227 | Amigos Atletismo Mafra | V55 | 2 |
| 219 | 754 | Jorge Nunes | 00:23:45 | 00:44:39 | 00:43:38 | 200 | | V50 | 23 |
| 220 | 515 | Bruno Silva | 00:23:04 | 00:44:43 | 00:44:26 | 224 | | V40 | 34 |



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CLASSIFICAÇÃO

31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|---------------------------------------|---------|-------------------|
| 221 | 261 | Rui Carvalho | 00:23:00 | 00:44:47 | 00:43:55 | 210 | | V45 | 36 |
| 222 | 734 | Rui Pereira | 00:22:24 | 00:44:48 | 00:44:32 | 228 | | Junior | 5 |
| 223 | 951 | Nuno | 00:22:25 | 00:44:48 | 00:44:29 | 225 | DDN | V35 | 29 |
| 224 | 1226 | José Nunes | 00:23:07 | 00:44:53 | 00:44:11 | 220 | | V45 | 37 |
| 225 | 82 | Bruno Ribeiro | 00:23:21 | 00:44:53 | 00:44:01 | 215 | Kaninos | V35 | 30 |
| 226 | 687 | João Nabais | 00:22:32 | 00:44:55 | 00:44:46 | 233 | | V50 | 24 |
| 227 | 282 | Fernando Ferreira | 00:23:12 | 00:44:57 | 00:44:41 | 231 | CLUBE MILLENNIUM BCP | V65 | 1 |
| 228 | 560 | Gil Alves | 00:22:14 | 00:44:58 | 00:44:51 | 239 | Unidos da Manutenção | V40 | 35 |
| 229 | 1182 | Pedro Andrade | 00:22:16 | 00:45:02 | 00:44:53 | 243 | | Senior | 54 |
| 230 | 1294 | Francisco Teixeira | 00:23:30 | 00:45:04 | 00:44:37 | 230 | | Senior | 55 |
| 231 | 287 | Nuno Lopes | 00:23:03 | 00:45:06 | 00:44:35 | 229 | CLUBE MILLENNIUM BCP | V40 | 36 |
| 232 | 410 | Vitor Santos | 00:22:33 | 00:45:07 | 00:44:55 | 245 | Casa do Benfica Algueirão Mem Martins | V45 | 38 |
| 233 | 166 | Carlos Craveira | 00:22:39 | 00:45:09 | 00:44:53 | 242 | | V45 | 39 |
| 234 | 1078 | Sérgio Pires | 00:22:51 | 00:45:10 | 00:45:04 | 252 | | V40 | 37 |
| 235 | 1122 | José Bastos | 00:22:27 | 00:45:12 | 00:45:00 | 249 | Toka a Correr | V35 | 31 |
| 236 | 467 | Jose Reis | 00:23:13 | 00:45:12 | 00:44:47 | 234 | sporting clube reboleira e damaia | V60 | 6 |
| 237 | 162 | Nuno Pereira | 00:22:28 | 00:45:14 | 00:45:03 | 251 | | V40 | 38 |
| 238 | 666 | André Guerreiro | 00:23:26 | 00:45:15 | 00:44:29 | 226 | | Senior | 56 |
| 239 | 1266 | João Maria | 00:23:13 | 00:45:16 | 00:44:04 | 217 | | Senior | 57 |
| 240 | 133 | João Mendes | 00:23:38 | 00:45:16 | 00:44:53 | 241 | CCDTMETROLX | V45 | 40 |



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31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|------------------|---------------|------------------|---------------|----------------|--------------------------|---------|-------------------|
| 241 | 280 | Paulo Sousa | 00:23:54 | 00:45:18 | 00:44:50 | 238 | CLUBE MILLENNIUM BCP | V50 | 25 |
| 242 | 196 | Arnaldo Trindade | 00:22:58 | 00:45:20 | 00:44:57 | 247 | RB RUNNING | V45 | 41 |
| 243 | 478 | António Merujo | 00:23:22 | 00:45:20 | 00:44:56 | 246 | | V55 | 12 |
| 244 | 320 | Carlos Monteiro | 00:23:30 | 00:45:23 | 00:44:45 | 232 | | V65 | 2 |
| 245 | 704 | Raul Rodrigues | 00:23:01 | 00:45:23 | 00:44:58 | 248 | G.D. Chelas | V55 | 13 |
| 246 | 217 | José Matos | 00:23:25 | 00:45:24 | 00:44:50 | 237 | G. R. D. Ribeira da Lage | V40 | 39 |
| 247 | 681 | Paulo Basilio | 00:23:55 | 00:45:27 | 00:44:54 | 244 | Os Zatopeques | V45 | 42 |
| 248 | 185 | Tiago Ferreira | 00:23:03 | 00:45:28 | 00:45:16 | 259 | Rail Runners | Junior | 6 |
| 249 | 113 | Sérgio Manso | 00:22:53 | 00:45:30 | 00:45:15 | 258 | | Senior | 58 |
| 250 | 816 | Telma Catarino | 00:23:04 | 00:45:31 | 00:45:09 | 254 | | V35 | 7 |
| 251 | 925 | Ricardo Tiago | 00:23:15 | 00:45:31 | 00:44:53 | 240 | | V45 | 43 |
| 252 | 836 | Bruno Bernardo | 00:23:04 | 00:45:31 | 00:45:09 | 255 | | V35 | 32 |
| 253 | 263 | Miguel Aleixo | 00:22:22 | 00:45:31 | 00:45:24 | 268 | | V35 | 33 |
| 254 | 1154 | Luis Silva | 00:23:09 | 00:45:33 | 00:45:12 | 257 | | V45 | 44 |
| 255 | 835 | Miguel Rocha | 00:23:11 | 00:45:33 | 00:45:19 | 261 | | V45 | 45 |
| 256 | 1270 | Pedro Duarte | 00:22:33 | 00:45:35 | 00:45:27 | 270 | Galheteiro | V35 | 34 |
| 257 | 1356 | Amândio Caetano | 00:23:04 | 00:45:36 | 00:45:23 | 265 | | V50 | 26 |
| 258 | 232 | Tiago Gamboa | 00:23:41 | 00:45:38 | 00:44:48 | 235 | Amigos Atletismo Mafra | V40 | 40 |
| 259 | 341 | José Dias | 00:23:02 | 00:45:40 | 00:45:36 | 277 | Rail Runners | V50 | 27 |
| 260 | 844 | José Rosa | 00:23:57 | 00:45:41 | 00:44:50 | 236 | | V40 | 41 |



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| <i>Class.</i> | <i>Dorsal</i> | <i>Atleta</i> | <i>Tempo 5 Km</i> | <i>Tempo Oficial</i> | <i>Tempo Chip</i> | <i>Class. Chip</i> | <i>Clube</i> | <i>Escalão</i> | <i>Class. Escalão</i> |
|---------------|---------------|--------------------|-----------------------|--------------------------|-----------------------|------------------------|-------------------------------|----------------|---------------------------|
| 261 | 1163 | Eduardo Tanganhito | 00:23:27 | 00:45:42 | 00:45:32 | 275 | JUNTA-TE À JUNTA | V65 | 3 |
| 262 | 1265 | João Rica | 00:21:51 | 00:45:42 | 00:45:20 | 263 | | V35 | 35 |
| 263 | 431 | Eduardo Ribeiro | 00:23:29 | 00:45:43 | 00:45:21 | 264 | | Senior | 59 |
| 264 | 1291 | Sérgio Viegas | 00:23:44 | 00:45:44 | 00:45:23 | 266 | | V40 | 42 |
| 265 | 1239 | Paulo Paias | 00:23:15 | 00:45:45 | 00:45:25 | 269 | | V35 | 36 |
| 266 | 193 | Carlos Henriques | 00:23:30 | 00:45:45 | 00:45:24 | 267 | RB RUNNING | V35 | 37 |
| 267 | 873 | João Pacheco | 00:23:45 | 00:45:46 | 00:45:28 | 271 | | Senior | 60 |
| 268 | 796 | Nuno Costa | 00:23:45 | 00:45:46 | 00:45:29 | 273 | SS CGD | V40 | 43 |
| 269 | 749 | Ricardo Neto | 00:23:03 | 00:45:48 | 00:45:06 | 253 | SOURE MOV | V35 | 38 |
| 270 | 17 | Pedro Carvalho | 00:23:31 | 00:45:52 | 00:45:18 | 260 | | V40 | 44 |
| 271 | 919 | José Brito | 00:24:16 | 00:45:52 | 00:45:32 | 274 | | V50 | 28 |
| 272 | 1086 | Domingos Penedo | 00:23:23 | 00:45:54 | 00:45:34 | 276 | Desportivo Operário do Rangel | V55 | 14 |
| 273 | 580 | Acacio Conceição | 00:23:29 | 00:45:55 | 00:45:28 | 272 | Primos | V50 | 29 |
| 274 | 323 | Rui Lacerda | 00:22:40 | 00:45:58 | 00:45:49 | 288 | | V40 | 45 |
| 275 | 1256 | Nuno Santos | 00:23:24 | 00:45:58 | 00:45:43 | 284 | | V40 | 46 |
| 276 | 1100 | Nuno Gonçalves | 00:23:30 | 00:45:59 | 00:45:36 | 278 | RB RUNNING | V35 | 39 |
| 277 | 812 | Luís Pedro | 00:22:56 | 00:46:00 | 00:45:50 | 289 | | V40 | 47 |
| 278 | 725 | Laura Grilo | 00:23:30 | 00:46:02 | 00:45:19 | 262 | Matilha da Atalaia | Senior | 11 |
| 279 | 724 | Paulo Santos | 00:23:28 | 00:46:03 | 00:45:46 | 286 | | V45 | 46 |
| 280 | 107 | Paulo Louro | 00:24:24 | 00:46:05 | 00:45:02 | 250 | | V50 | 30 |



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CLASSIFICAÇÃO

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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|----------------------------------|---------|-------------------|
| 281 | 578 | Paulo Rodrigues | 00:23:54 | 00:46:06 | 00:45:38 | 279 | grupo desportivo leoes de veneza | V50 | 31 |
| 282 | 400 | Tomas Duarte | 00:24:04 | 00:46:07 | 00:45:39 | 280 | CLUBE DESPORTIVO ESTRELA | Junior | 7 |
| 283 | 930 | Ricardo Torrão | 00:24:00 | 00:46:09 | 00:45:12 | 256 | | V35 | 40 |
| 284 | 1198 | Ricardo Santos | 00:23:31 | 00:46:11 | 00:45:45 | 285 | Clube Olimpico de Oeiras | V35 | 41 |
| 285 | 967 | Joaquim Lopes | 00:23:53 | 00:46:13 | 00:45:58 | 292 | | V50 | 32 |
| 286 | 867 | João Micaelo | 00:23:08 | 00:46:19 | 00:46:00 | 295 | | Senior | 61 |
| 287 | 656 | Jorge Pardal | 00:24:16 | 00:46:19 | 00:45:52 | 291 | | V40 | 48 |
| 288 | 295 | Welvis Teodoro | 00:23:24 | 00:46:20 | 00:45:43 | 283 | | Senior | 62 |
| 289 | 1227 | Porfirio Pereira | 00:24:07 | 00:46:21 | 00:45:51 | 290 | | V45 | 47 |
| 290 | 390 | João Venancio | 00:23:30 | 00:46:24 | 00:46:13 | 302 | CLUBE DESPORTIVO ESTRELA | V65 | 4 |
| 291 | 640 | Pedro Campos | 00:23:45 | 00:46:30 | 00:46:05 | 298 | Jatapanho | V40 | 49 |
| 292 | 998 | Rui Carvalho | 00:23:44 | 00:46:33 | 00:45:59 | 293 | | V40 | 50 |
| 293 | 574 | Fernando Faria | 00:23:48 | 00:46:35 | 00:45:59 | 294 | JUNTA-TE À JUNTA | V35 | 42 |
| 294 | 340 | José Simões | 00:23:52 | 00:46:36 | 00:45:41 | 281 | O MUNDO DA CORRIDA | V50 | 33 |
| 295 | 474 | Paulo Santos | 00:23:39 | 00:46:37 | 00:46:32 | 314 | LOURDETE PERFUMARIAS | V45 | 48 |
| 296 | 1021 | João Ffwpu | 00:23:59 | 00:46:37 | 00:46:12 | 300 | | V65 | 5 |
| 297 | 1312 | Maria Carmo | 00:23:37 | 00:46:39 | 00:46:16 | 304 | AM Atibá | V45 | 4 |
| 298 | 770 | Paulo Nunes | 00:24:27 | 00:46:39 | 00:45:41 | 282 | | V40 | 51 |
| 299 | 535 | Nuno Carrilho | 00:24:06 | 00:46:39 | 00:46:18 | 306 | G. R. D. Ribeira da Lage | V40 | 52 |
| 300 | 325 | Francisco Curtinha | 00:24:55 | 00:46:41 | 00:46:05 | 297 | Clube do Sargento da Armada | V55 | 15 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|------------------|---------------|------------------|---------------|----------------|---------------------------------------|---------|-------------------|
| 301 | 970 | Paulo Gomes | 00:23:54 | 00:46:41 | 00:46:08 | 299 | | V40 | 53 |
| 302 | 142 | Pedro Nunes | 00:24:06 | 00:46:42 | 00:46:12 | 301 | Clube do Stress | V45 | 49 |
| 303 | 222 | João Oliveira | 00:23:42 | 00:46:42 | 00:46:30 | 313 | G. R. D. Ribeira da Lage | V50 | 34 |
| 304 | 794 | José Dimas | 00:24:01 | 00:46:47 | 00:46:15 | 303 | SS CGD | V45 | 50 |
| 305 | 1345 | Ercilia Machado | 00:23:33 | 00:46:50 | 00:36:59 | 42 | Sporting Clube de Portugal | Senior | 12 |
| 306 | 373 | Artur Gonçalves | 00:24:24 | 00:46:50 | 00:45:47 | 287 | | V40 | 54 |
| 307 | 393 | Manuel Martins | 00:23:46 | 00:46:51 | 00:46:42 | 325 | CLUBE DESPORTIVO ESTRELA | V70 | 2 |
| 308 | 1036 | Catarina Lima | 00:23:33 | 00:46:53 | 00:46:47 | 329 | U D VARZEA | Senior | 13 |
| 309 | 267 | Vitor Marques | 00:23:41 | 00:46:53 | 00:46:33 | 315 | CLUBE MILLENNIUM BCP | V45 | 51 |
| 310 | 1007 | Victor Saraiva | 00:24:33 | 00:46:55 | 00:46:04 | 296 | Kaninos | V45 | 52 |
| 311 | 802 | Rodrigo Almeida | 00:23:53 | 00:46:57 | 00:46:39 | 320 | SS CGD | V35 | 43 |
| 312 | 1052 | José Guerreiro | 00:24:06 | 00:46:57 | 00:46:29 | 312 | | V55 | 16 |
| 313 | 980 | José Ferreira | 00:23:53 | 00:46:59 | 00:46:44 | 327 | | V40 | 55 |
| 314 | 367 | Cristina Gavinho | 00:23:51 | 00:47:01 | 00:46:43 | 326 | Pumas do Guncho | V40 | 4 |
| 315 | 134 | José Alves | 00:23:51 | 00:47:01 | 00:46:37 | 318 | CCDTMETROLX | V45 | 53 |
| 316 | 1129 | Nuno Lucas | 00:24:18 | 00:47:03 | 00:46:41 | 324 | Pernas de Gafanhoto | V35 | 44 |
| 317 | 98 | Carlos Noronha | 00:24:36 | 00:47:04 | 00:46:33 | 316 | | V35 | 45 |
| 318 | 416 | Carlos Fernandes | 00:24:23 | 00:47:05 | 00:46:40 | 322 | Casa do Benfica Algueirão Mem Martins | Senior | 63 |
| 319 | 868 | Vitor Martins | 00:23:53 | 00:47:06 | 00:46:24 | 308 | | V45 | 54 |
| 320 | 1059 | Pedro Gabriel | 00:24:39 | 00:47:08 | 00:46:34 | 317 | C.A.Amigos Parque da Paz | V40 | 56 |



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CLASSIFICAÇÃO

31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|-----------------|---------------|------------------|---------------|----------------|---------------------------------------|---------|-------------------|
| 321 | 1301 | André Nunes | 00:23:42 | 00:47:08 | 00:46:56 | 332 | | Senior | 64 |
| 322 | 608 | Horácio Santos | 00:24:48 | 00:47:10 | 00:46:28 | 311 | | Senior | 65 |
| 323 | 1094 | Leonel Seleiro | 00:24:38 | 00:47:12 | 00:46:27 | 310 | Desportivo Operário do Rangel | V55 | 17 |
| 324 | 417 | Jorge Santos | 00:24:22 | 00:47:12 | 00:46:47 | 330 | Casa do Benfica Algueirão Mem Martins | V60 | 7 |
| 325 | 1049 | Jorge Prazeres | 00:23:49 | 00:47:14 | 00:46:40 | 321 | | V40 | 57 |
| 326 | 1121 | Bruno Canhão | 00:24:23 | 00:47:15 | 00:46:25 | 309 | | Senior | 66 |
| 327 | 1026 | Pedro Reis | 00:23:50 | 00:47:15 | 00:47:01 | 339 | | V40 | 58 |
| 328 | 1065 | Renato Inácio | 00:23:50 | 00:47:16 | 00:47:00 | 335 | CONQUISTA GINÁSIO | V55 | 18 |
| 329 | 1178 | Edinson Sanchez | 00:23:57 | 00:47:17 | 00:46:41 | 323 | | V35 | 46 |
| 330 | 1277 | Paulo Cabinda | 00:26:17 | 00:47:17 | 00:46:46 | 328 | JUNTA-TE À JUNTA | Junior | 8 |
| 331 | 890 | Vitor Marques | 00:23:36 | 00:47:19 | 00:46:56 | 333 | | V35 | 47 |
| 332 | 800 | Paulo Pires | 00:24:39 | 00:47:22 | 00:46:48 | 331 | SS CGD | V50 | 35 |
| 333 | 1302 | Onésio Soda | 00:22:49 | 00:47:25 | 00:47:14 | 350 | | Senior | 67 |
| 334 | 1104 | Bruno Martinho | 00:23:44 | 00:47:29 | 00:47:02 | 340 | CSB_RF | Senior | 68 |
| 335 | 430 | Pedro Santos | 00:24:04 | 00:47:29 | 00:47:08 | 346 | | Senior | 69 |
| 336 | 37 | Carlos Marques | 00:24:26 | 00:47:31 | 00:46:18 | 305 | | V35 | 48 |
| 337 | 1130 | Antonio Pedroso | 00:24:24 | 00:47:31 | 00:47:01 | 338 | GC Estrelas da Amadora | V45 | 55 |
| 338 | 409 | Luis Barbosa | 00:25:25 | 00:47:31 | 00:46:21 | 307 | Casa do Benfica Algueirão Mem Martins | V45 | 56 |
| 339 | 117 | Eurico Gomes | 00:24:30 | 00:47:32 | 00:47:02 | 341 | | V50 | 36 |
| 340 | 257 | Ricardo Garcia | 00:24:09 | 00:47:34 | 00:47:01 | 337 | | V40 | 59 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|------------------|---------------|------------------|---------------|----------------|---|---------|-------------------|
| 341 | 202 | Luis Antunes | 00:24:35 | 00:47:38 | 00:47:21 | 353 | RB RUNNING | V40 | 60 |
| 342 | 931 | César Avó | 00:24:17 | 00:47:40 | 00:47:01 | 336 | | V40 | 61 |
| 343 | 855 | Inês Marques | 00:24:45 | 00:47:43 | 00:47:19 | 351 | | V35 | 8 |
| 344 | 36 | António Orlando | 00:25:03 | 00:47:44 | 00:47:11 | 348 | | V40 | 62 |
| 345 | 618 | Helder Cabana | 00:24:06 | 00:47:44 | 00:47:26 | 357 | | V40 | 63 |
| 346 | 396 | Abílio Marinho | 00:24:47 | 00:47:45 | 00:46:38 | 319 | CLUBE DESPORTIVO ESTRELA | V45 | 57 |
| 347 | 758 | Rui Gonçalves | 00:24:26 | 00:47:45 | 00:47:40 | 368 | | V40 | 64 |
| 348 | 508 | Jose Melo | 00:24:57 | 00:47:46 | 00:47:07 | 345 | Pastelaria Rio de Mel | V55 | 19 |
| 349 | 167 | Ricardo Pereira | 00:24:36 | 00:47:49 | 00:47:04 | 342 | | V40 | 65 |
| 350 | 1088 | Francisco Pessoa | 00:24:38 | 00:47:50 | 00:47:05 | 343 | Desportivo Operário do Rangel | V40 | 66 |
| 351 | 48 | Inês Santos | 00:23:55 | 00:47:50 | 00:47:36 | 364 | Clube Atlético das Patameiras | Senior | 14 |
| 352 | 1091 | José Alves | 00:24:37 | 00:47:53 | 00:47:23 | 356 | Desportivo Operário do Rangel | V65 | 6 |
| 353 | 938 | Miguel Marques | 00:24:02 | 00:47:53 | 00:47:44 | 370 | | V45 | 58 |
| 354 | 831 | Carlos Calado | 00:24:05 | 00:47:53 | 00:47:11 | 349 | | V40 | 67 |
| 355 | 1103 | Nuno Bairinhas | 00:25:25 | 00:47:55 | 00:46:56 | 334 | | Senior | 70 |
| 356 | 1184 | Carlos Soares | 00:24:53 | 00:47:55 | 00:47:22 | 355 | Correr Lisboa | V45 | 59 |
| 357 | 546 | Ventura Saraiva | 00:24:15 | 00:47:56 | 00:47:47 | 374 | G. R. D. Ribeira da Lage | V65 | 7 |
| 358 | 743 | José Amaral | 00:24:28 | 00:47:56 | 00:47:32 | 360 | CAPEP Clube de Atletismo Prof Emilia Pisoeiro | V40 | 68 |
| 359 | 1000 | Ricardo Madeira | 00:24:25 | 00:47:58 | 00:47:22 | 354 | | V35 | 49 |
| 360 | 759 | Miguel Lopes | 00:24:56 | 00:47:59 | 00:47:07 | 344 | | V35 | 50 |



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31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|-----------------------|---------------|------------------|---------------|----------------|--------------------------|---------|-------------------|
| 361 | 429 | João Cardoso | 00:24:52 | 00:47:59 | 00:47:47 | 373 | | V50 | 37 |
| 362 | 345 | José Cardoso | 00:24:52 | 00:47:59 | 00:47:45 | 372 | | V55 | 20 |
| 363 | 1016 | Paula Ffwpu | 00:24:29 | 00:48:00 | 00:47:54 | 381 | | V40 | 5 |
| 364 | 1340 | Filipe Sarmento | 00:24:49 | 00:48:01 | 00:47:11 | 347 | | V35 | 51 |
| 365 | 745 | Tiago Guerreiro | 00:25:24 | 00:48:02 | 00:47:19 | 352 | | V35 | 52 |
| 366 | 1279 | Pedro Santos | 00:26:18 | 00:48:02 | 00:47:34 | 363 | JUNTA-TE À JUNTA | Junior | 9 |
| 367 | 1041 | Mahendrasinh Bassangy | 00:24:06 | 00:48:03 | 00:47:33 | 361 | | V50 | 38 |
| 368 | 1366 | Pedro Macedo | 00:24:24 | 00:48:06 | 00:47:40 | 367 | | V40 | 69 |
| 369 | 1113 | Rui Santos | 00:23:44 | 00:48:10 | 00:47:48 | 376 | Clube Atlético São Brás | V35 | 53 |
| 370 | 872 | Luis Aires | 00:24:37 | 00:48:13 | 00:47:29 | 358 | | V45 | 60 |
| 371 | 219 | Fernanda Camacho | 00:24:26 | 00:48:13 | 00:47:59 | 386 | G. R. D. Ribeira da Lage | V45 | 5 |
| 372 | 1025 | Alexandre Jorge | 00:23:25 | 00:48:14 | 00:48:03 | 392 | | Senior | 71 |
| 373 | 765 | Luis Cipriano | 00:25:17 | 00:48:14 | 00:47:36 | 366 | | V40 | 70 |
| 374 | 613 | Rui Rodrigues | 00:24:44 | 00:48:14 | 00:47:42 | 369 | | V35 | 54 |
| 375 | 961 | Daniel Martins | 00:24:47 | 00:48:14 | 00:47:31 | 359 | | V40 | 71 |
| 376 | 1168 | Joao Martins | 00:24:26 | 00:48:15 | 00:48:04 | 393 | | V50 | 39 |
| 377 | 224 | António Santos | 00:24:17 | 00:48:15 | 00:47:36 | 365 | G. R. D. Ribeira da Lage | V70 | 3 |
| 378 | 88 | Luis Amorim | 00:24:46 | 00:48:17 | 00:47:57 | 385 | | V55 | 21 |
| 379 | 165 | Carlos Sequeira | 00:23:54 | 00:48:17 | 00:48:00 | 388 | | V45 | 61 |
| 380 | 937 | Antonio Vieira | 00:24:31 | 00:48:19 | 00:48:12 | 396 | | V65 | 8 |



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31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|-------------------|---------------|------------------|---------------|----------------|---|---------|-------------------|
| 381 | 621 | Rui Lopes | 00:24:33 | 00:48:21 | 00:47:55 | 382 | CSB_RF | Senior | 72 |
| 382 | 1072 | José Mira | 00:24:43 | 00:48:25 | 00:47:53 | 380 | Bip | V45 | 62 |
| 383 | 1071 | Paulo Domingues | 00:24:44 | 00:48:25 | 00:47:52 | 379 | Bip | V50 | 40 |
| 384 | 422 | Rui Emídio | 00:24:20 | 00:48:29 | 00:48:15 | 399 | Casa do Benfica Algueirão Mem Martins | V60 | 8 |
| 385 | 176 | Bruno Maia | 00:24:55 | 00:48:31 | 00:48:07 | 394 | | Senior | 73 |
| 386 | 598 | Liberto Santos | 00:24:59 | 00:48:31 | 00:47:50 | 378 | | V45 | 63 |
| 387 | 590 | António Patricio | 00:25:10 | 00:48:32 | 00:47:56 | 384 | | V45 | 64 |
| 388 | 947 | Romão Bandarrinha | 00:25:28 | 00:48:32 | 00:47:34 | 362 | DDN | V55 | 22 |
| 389 | 1147 | Daniela Vinagre | 00:24:23 | 00:48:33 | 00:48:26 | 405 | J.O.M.A. - Juventude Operária do Monte Abraão | Senior | 15 |
| 390 | 1099 | Vítor Rocha | 00:25:24 | 00:48:34 | 00:47:45 | 371 | Desportivo Operário do Rangel | V55 | 23 |
| 391 | 355 | Sandra Carvalho | 00:24:48 | 00:48:36 | 00:48:14 | 397 | BELEM RUNNERS | V45 | 6 |
| 392 | 1019 | Isabel Ffwpu | 00:24:49 | 00:48:39 | 00:48:33 | 409 | | V45 | 7 |
| 393 | 78 | António Costa | 00:25:22 | 00:48:39 | 00:48:03 | 391 | | V50 | 41 |
| 394 | 495 | Paulo Ferreira | 00:25:23 | 00:48:40 | 00:48:20 | 402 | | V50 | 42 |
| 395 | 612 | Joao Galhordas | 00:24:35 | 00:48:41 | 00:48:00 | 389 | | V45 | 65 |
| 396 | 1252 | Sergio Borges | 00:25:31 | 00:48:42 | 00:47:49 | 377 | Panoplia Numerica | V55 | 24 |
| 397 | 1118 | Henrique Ferreira | 00:25:18 | 00:48:42 | 00:48:01 | 390 | | V45 | 66 |
| 398 | 650 | Rui Cunha | 00:24:55 | 00:48:43 | 00:47:59 | 387 | GD SANTANDERTOTTA | V50 | 43 |
| 399 | 1357 | Duarte Escobar | 00:25:04 | 00:48:46 | 00:48:19 | 401 | | V40 | 72 |
| 400 | 264 | Alvaro Pinto | 00:25:58 | 00:48:46 | 00:47:56 | 383 | ASSOCIAÇÃO DESPORTIVA REAL ACADEMIA | V55 | 25 |



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31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|-------------------------------|---------|-------------------|
| 401 | 811 | Paulo Martins | 00:24:40 | 00:48:49 | 00:48:15 | 400 | | V45 | 67 |
| 402 | 1112 | Pedro Caseiro | 00:24:35 | 00:48:49 | 00:48:26 | 404 | Clube Atlético São Brás | Senior | 74 |
| 403 | 732 | Jose Lopes | 00:24:51 | 00:48:51 | 00:48:30 | 408 | | V50 | 44 |
| 404 | 540 | Henrique Ramos | 00:24:34 | 00:48:53 | 00:48:27 | 406 | G. R. D. Ribeira da Lage | V55 | 26 |
| 405 | 1002 | Christine Miki | 00:25:00 | 00:48:54 | 00:48:33 | 410 | | V40 | 6 |
| 406 | 453 | Dinis Ribas | 00:25:27 | 00:48:55 | 00:48:12 | 395 | desportivo lameira grande | V45 | 68 |
| 407 | 394 | Rui Trindade | 00:26:09 | 00:48:58 | 00:47:48 | 375 | CLUBE DESPORTIVO ESTRELA | V45 | 69 |
| 408 | 40 | Diogo Leite | 00:24:29 | 00:49:00 | 00:48:37 | 412 | | Senior | 75 |
| 409 | 1089 | João Soares | 00:25:31 | 00:49:01 | 00:48:24 | 403 | Desportivo Operário do Rangel | V60 | 9 |
| 410 | 1310 | Eduardo Braz | 00:24:54 | 00:49:03 | 00:48:45 | 414 | | V45 | 70 |
| 411 | 575 | Ricardo Gonçalves | 00:24:37 | 00:49:06 | 00:48:30 | 407 | JUNTA-TE À JUNTA | V35 | 55 |
| 412 | 260 | Firmino Duarte | 00:25:31 | 00:49:08 | 00:48:15 | 398 | ADCR PJ | V40 | 73 |
| 413 | 761 | Amadeu Pereira | 00:24:43 | 00:49:12 | 00:48:51 | 421 | | V50 | 45 |
| 414 | 544 | Ricardo Pimenta | 00:24:59 | 00:49:12 | 00:48:46 | 415 | | V40 | 74 |
| 415 | 70 | Fernando Rodrigues | 00:25:32 | 00:49:13 | 00:48:56 | 424 | Criminalistic Runners | V40 | 75 |
| 416 | 283 | Joao Pires | 00:24:55 | 00:49:15 | 00:49:04 | 429 | CLUBE MILLENNIUM BCP | Senior | 76 |
| 417 | 524 | Fernando Santos | 00:25:54 | 00:49:18 | 00:48:36 | 411 | GD BANCO BPI | V50 | 46 |
| 418 | 661 | Mazoel Santos | 00:24:28 | 00:49:32 | 00:49:08 | 430 | | Senior | 77 |
| 419 | 1241 | Adelino Gomes | 00:25:10 | 00:49:33 | 00:48:55 | 423 | | V45 | 71 |
| 420 | 1286 | Guilherme Silva | 00:27:17 | 00:49:39 | 00:49:10 | 431 | JUNTA-TE À JUNTA | Junior | 10 |



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31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|-------------------------------|---------|-------------------|
| 421 | 191 | Luis Martins | 00:25:41 | 00:49:39 | 00:48:51 | 420 | ECl Running Team | V40 | 76 |
| 422 | 854 | Miguel Lopes | 00:25:23 | 00:49:40 | 00:49:12 | 432 | | V40 | 77 |
| 423 | 230 | Josue Frade | 00:26:42 | 00:49:42 | 00:48:49 | 419 | CARRASCO & AMIGOS | V40 | 78 |
| 424 | 958 | Carlos Marques | 00:25:41 | 00:49:42 | 00:48:58 | 425 | | V55 | 27 |
| 425 | 1329 | Bruno Rodrigues | 00:26:25 | 00:49:43 | 00:49:02 | 427 | | Senior | 78 |
| 426 | 1318 | Tiago Lage | 00:26:07 | 00:49:44 | 00:48:48 | 417 | AM Atibá | Senior | 79 |
| 427 | 838 | Marco Pires | 00:25:51 | 00:49:47 | 00:49:13 | 434 | | Senior | 80 |
| 428 | 809 | Orlando Duarte | 00:25:54 | 00:49:49 | 00:49:02 | 428 | | V55 | 28 |
| 429 | 273 | Fernando Rodrigues | 00:25:47 | 00:49:50 | 00:49:15 | 436 | CLUBE MILLENNIUM BCP | V50 | 47 |
| 430 | 700 | António Fernandes | 00:26:43 | 00:49:54 | 00:49:00 | 426 | Clube do Stress | V50 | 48 |
| 431 | 1009 | Jose Pereira | 00:26:04 | 00:49:55 | 00:48:48 | 416 | GD SANTANDERTOTTA | V45 | 72 |
| 432 | 795 | Jose Martins | 00:26:20 | 00:49:58 | 00:48:55 | 422 | SS CGD | V40 | 79 |
| 433 | 28 | Ildebrando Aires | 00:25:05 | 00:50:00 | 00:49:27 | 442 | | V40 | 80 |
| 434 | 1097 | Manuel Rodrigues | 00:26:06 | 00:50:00 | 00:49:15 | 435 | Desportivo Operário do Rangel | V55 | 29 |
| 435 | 1087 | Fernando Santos | 00:25:48 | 00:50:01 | 00:49:47 | 453 | Desportivo Operário do Rangel | V60 | 10 |
| 436 | 1172 | Pedro Antunes | 00:25:21 | 00:50:01 | 00:49:40 | 447 | | V40 | 81 |
| 437 | 118 | Carlos Francisco | 00:26:14 | 00:50:02 | 00:49:23 | 439 | | Senior | 81 |
| 438 | 246 | Rui Simões | 00:25:44 | 00:50:03 | 00:49:24 | 440 | | V35 | 56 |
| 439 | 552 | Paulo Pires | 00:25:30 | 00:50:04 | 00:49:40 | 446 | | V45 | 73 |
| 440 | 66 | José Pedro | 00:25:58 | 00:50:05 | 00:49:12 | 433 | | V40 | 82 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|---------------------------------------|---------|-------------------|
| 441 | 92 | Luis Santos | 00:25:47 | 00:50:05 | 00:49:25 | 441 | | V50 | 49 |
| 442 | 1108 | Luis Neto | 00:25:47 | 00:50:06 | 00:49:48 | 455 | | Senior | 82 |
| 443 | 542 | Rui Silva | 00:25:31 | 00:50:10 | 00:49:42 | 451 | | V45 | 74 |
| 444 | 388 | Paulo Sousa | 00:25:21 | 00:50:10 | 00:49:38 | 445 | | V45 | 75 |
| 445 | 427 | Vitor Revés | 00:25:23 | 00:50:11 | 00:49:22 | 438 | CARRASCO & AMIGOS | V55 | 30 |
| 446 | 391 | João Galamba | 00:25:40 | 00:50:12 | 00:49:58 | 466 | CLUBE DESPORTIVO ESTRELA | V65 | 9 |
| 447 | 337 | Pedro Fernandes | 00:25:54 | 00:50:12 | 00:48:39 | 413 | | V50 | 50 |
| 448 | 221 | Joaquim Guerra | 00:26:42 | 00:50:13 | 00:49:20 | 437 | G. R. D. Ribeira da Lage | V50 | 51 |
| 449 | 1135 | Gonçalo Sousa | 00:23:59 | 00:50:13 | 00:49:51 | 461 | Pernas de Gafanhoto | Senior | 83 |
| 450 | 565 | Bernardino Pereira | 00:25:41 | 00:50:14 | 00:49:56 | 465 | SS CGD | V80 | 1 |
| 451 | 327 | Henrique Alvaredo | 00:25:25 | 00:50:15 | 00:49:50 | 458 | Clube do Sargento da Armada | V55 | 31 |
| 452 | 1283 | Inês Santos | 00:26:17 | 00:50:15 | 00:49:48 | 454 | JUNTA-TE À JUNTA | Junior | 2 |
| 453 | 423 | Albino Neiva | 00:25:07 | 00:50:18 | 00:50:10 | 472 | Casa do Benfica Algueirão Mem Martins | V65 | 10 |
| 454 | 922 | Mauro Castro | 00:26:07 | 00:50:18 | 00:49:50 | 459 | | V40 | 83 |
| 455 | 664 | David Silva | 00:25:49 | 00:50:22 | 00:49:54 | 464 | CSB_RF | V35 | 57 |
| 456 | 860 | Armindo Ffwpu | 00:25:47 | 00:50:24 | 00:49:54 | 463 | | V55 | 32 |
| 457 | 954 | Ana Correia | 00:26:10 | 00:50:25 | 00:49:41 | 448 | | V35 | 9 |
| 458 | 139 | Rui Julião | 00:27:01 | 00:50:28 | 00:49:42 | 450 | Georunners | V50 | 52 |
| 459 | 771 | Francisco Cid | 00:27:01 | 00:50:29 | 00:49:42 | 449 | | V50 | 53 |
| 460 | 192 | Luis Afonso | 00:27:01 | 00:50:29 | 00:49:43 | 452 | Georunners | V45 | 76 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|------------------|---------------|------------------|---------------|----------------|-----------------------------|---------|-------------------|
| 461 | 769 | Pedro Rodrigues | 00:25:37 | 00:50:30 | 00:50:09 | 471 | | V45 | 77 |
| 462 | 593 | Nelson Barreiros | 00:26:42 | 00:50:30 | 00:49:51 | 460 | | V45 | 78 |
| 463 | 1151 | Gonçalo Peres | 00:26:10 | 00:50:32 | 00:49:32 | 443 | | V35 | 58 |
| 464 | 498 | Pedro Goncalves | 00:25:09 | 00:50:32 | 00:50:14 | 475 | | V35 | 59 |
| 465 | 766 | Paulo Sousa | 00:25:53 | 00:50:33 | 00:50:04 | 470 | | V40 | 84 |
| 466 | 683 | Cláudia Borralho | 00:26:07 | 00:50:33 | 00:50:11 | 474 | BELEM RUNNERS | V40 | 7 |
| 467 | 447 | Nuno Antunes | 00:26:19 | 00:50:37 | 00:50:03 | 469 | | V45 | 79 |
| 468 | 517 | Manuel Alves | 00:25:56 | 00:50:40 | 00:49:49 | 457 | | V35 | 60 |
| 469 | 963 | Miguel Reis | 00:26:19 | 00:50:41 | 00:49:37 | 444 | | V40 | 85 |
| 470 | 611 | Nuno Cardetas | 00:26:54 | 00:50:41 | 00:49:48 | 456 | | Senior | 84 |
| 471 | 470 | Manuel Costa | 00:25:30 | 00:50:43 | 00:50:27 | 491 | M&B | V60 | 11 |
| 472 | 1074 | Vasco Ramos | 00:26:02 | 00:50:44 | 00:49:53 | 462 | Bamoximbora | V40 | 86 |
| 473 | 318 | Jaime Lamego | 00:24:39 | 00:50:46 | 00:50:40 | 502 | | V55 | 33 |
| 474 | 679 | Sílvio Paiva | 00:26:06 | 00:50:47 | 00:50:30 | 494 | | V65 | 11 |
| 475 | 785 | Antonio Taborda | 00:25:59 | 00:50:48 | 00:50:26 | 490 | SS CGD | V65 | 12 |
| 476 | 926 | Joao Pacheco | 00:25:55 | 00:50:54 | 00:49:58 | 467 | CÂMARA MUNICIPAL DA AMADORA | V40 | 87 |
| 477 | 678 | Helder Palhas | 00:24:59 | 00:50:54 | 00:50:11 | 473 | | V40 | 88 |
| 478 | 160 | Ricardo Jesus | 00:26:33 | 00:50:57 | 00:50:01 | 468 | | V40 | 89 |
| 479 | 566 | Pedro Lopes | 00:25:49 | 00:50:58 | 00:50:19 | 483 | SS CGD | V35 | 61 |
| 480 | 241 | Nuno Anastacio | 00:25:44 | 00:51:00 | 00:50:16 | 477 | RunLovers | V35 | 62 |



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| <i>Class.</i> | <i>Dorsal</i> | <i>Atleta</i> | <i>Tempo 5 Km</i> | <i>Tempo Oficial</i> | <i>Tempo Chip</i> | <i>Class. Chip</i> | <i>Clube</i> | <i>Escalão</i> | <i>Class. Escalão</i> |
|---------------|---------------|--------------------|-----------------------|--------------------------|-----------------------|------------------------|---------------------------------|----------------|---------------------------|
| 481 | 1083 | Alberto Fernandes | 00:26:27 | 00:51:00 | 00:50:24 | 487 | Desportivo Operário do Rangel | V60 | 12 |
| 482 | 563 | Jorge Pinheiro | 00:26:15 | 00:51:03 | 00:50:18 | 480 | RUN 4 FUN | V50 | 54 |
| 483 | 199 | César Costa | 00:26:19 | 00:51:04 | 00:50:18 | 478 | | V40 | 90 |
| 484 | 521 | Luis Calheiros | 00:25:48 | 00:51:04 | 00:50:22 | 485 | GD BANCO BPI | V40 | 91 |
| 485 | 14 | Paulo Sousa | 00:25:54 | 00:51:05 | 00:50:24 | 486 | | V40 | 92 |
| 486 | 124 | Rui Carvalho | 00:27:11 | 00:51:05 | 00:50:25 | 488 | DAVID VAZ | V45 | 80 |
| 487 | 432 | Antonio Figueiredo | 00:26:04 | 00:51:06 | 00:50:39 | 498 | Clube EDP Lisboa | V55 | 34 |
| 488 | 1234 | Edgar Cristeta | 00:25:38 | 00:51:06 | 00:50:51 | 510 | | Senior | 85 |
| 489 | 711 | Joaquim Sande | 00:26:04 | 00:51:06 | 00:50:39 | 499 | | V55 | 35 |
| 490 | 1200 | Teresa Sepúlveda | 00:25:56 | 00:51:07 | 00:50:53 | 512 | Clube Olimpico de Oeiras | V35 | 10 |
| 491 | 757 | João Caetano | 00:26:19 | 00:51:07 | 00:50:15 | 476 | | V35 | 63 |
| 492 | 737 | Joaquim Pedrosa | 00:27:01 | 00:51:08 | 00:50:19 | 484 | | V55 | 36 |
| 493 | 38 | Sérgio Eira | 00:26:36 | 00:51:09 | 00:50:33 | 495 | | V40 | 93 |
| 494 | 1017 | António Ffwpu | 00:26:17 | 00:51:11 | 00:50:48 | 509 | | V45 | 81 |
| 495 | 18 | Rui Barros | 00:26:11 | 00:51:13 | 00:50:52 | 511 | | V45 | 82 |
| 496 | 709 | Joel Ginga | 00:26:59 | 00:51:15 | 00:50:18 | 479 | | V35 | 64 |
| 497 | 1225 | Hugo Medronheira | 00:25:24 | 00:51:20 | 00:51:09 | 524 | | V35 | 65 |
| 498 | 1224 | Sofia Medronheira | 00:25:24 | 00:51:20 | 00:51:09 | 525 | | V35 | 11 |
| 499 | 956 | Miguel Cruz | 00:26:05 | 00:51:20 | 00:51:05 | 522 | | V45 | 83 |
| 500 | 305 | Paulo Lourinho | 00:28:04 | 00:51:21 | 00:50:19 | 481 | Clube Atletismo Amigos de Belém | V45 | 84 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|---------------------------------------|---------|-------------------|
| 501 | 736 | Miguel San-Payo | 00:26:51 | 00:51:21 | 00:50:36 | 496 | | V50 | 55 |
| 502 | 349 | Rui Silva | 00:27:06 | 00:51:24 | 00:50:42 | 503 | | V40 | 94 |
| 503 | 1106 | Jorge Correia | 00:27:06 | 00:51:24 | 00:50:43 | 504 | | V40 | 95 |
| 504 | 419 | Carlos Oleastro | 00:28:17 | 00:51:24 | 00:50:25 | 489 | Casa do Benfica Algueirão Mem Martins | V50 | 56 |
| 505 | 79 | Ana Pereira | 00:25:51 | 00:51:25 | 00:51:13 | 528 | SFRAA | V45 | 8 |
| 506 | 1156 | Rui Pinto | 00:26:16 | 00:51:25 | 00:50:48 | 508 | | V40 | 96 |
| 507 | 64 | Nuno Silva | 00:25:37 | 00:51:27 | 00:51:03 | 520 | | Senior | 86 |
| 508 | 62 | Ricardo Figueiredo | 00:27:12 | 00:51:28 | 00:50:19 | 482 | | V45 | 85 |
| 509 | 526 | Paulo Gonçalves | 00:27:26 | 00:51:28 | 00:50:39 | 500 | camara lisboa clube | V45 | 86 |
| 510 | 525 | Miguel Velez | 00:27:26 | 00:51:29 | 00:50:40 | 501 | camara lisboa clube | V50 | 57 |
| 511 | 1176 | Rui Madruga | 00:25:17 | 00:51:30 | 00:51:20 | 536 | | V45 | 87 |
| 512 | 605 | Jorge Adivinha | 00:27:08 | 00:51:32 | 00:50:30 | 492 | | V35 | 66 |
| 513 | 755 | João Ferreira | 00:26:10 | 00:51:32 | 00:51:00 | 516 | | V50 | 58 |
| 514 | 617 | Rui Carmo | 00:27:08 | 00:51:32 | 00:50:30 | 493 | | Senior | 87 |
| 515 | 668 | Filipe Reis | 00:26:22 | 00:51:33 | 00:51:02 | 518 | | V45 | 88 |
| 516 | 288 | Fernando Garcia | 00:25:49 | 00:51:34 | 00:51:03 | 521 | CLUBE MILLENNIUM BCP | V45 | 89 |
| 517 | 610 | Pedro Pinto | 00:26:17 | 00:51:35 | 00:50:45 | 507 | | V35 | 67 |
| 518 | 1363 | Rúben Almeida | 00:26:41 | 00:51:35 | 00:50:38 | 497 | | Senior | 88 |
| 519 | 110 | Ricardo Ferreira | 00:26:40 | 00:51:35 | 00:50:58 | 514 | | Senior | 89 |
| 520 | 1030 | Paulo Almeida | 00:25:59 | 00:51:37 | 00:51:23 | 539 | | V45 | 90 |



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|---------------|---------------|--------------------|-----------------------|--------------------------|-----------------------|------------------------|---------------------------------------|----------------|---------------------------|
| 521 | 96 | André Borges | 00:25:19 | 00:51:37 | 00:51:17 | 534 | | Senior | 90 |
| 522 | 195 | Olga Martins | 00:26:29 | 00:51:39 | 00:51:17 | 533 | RB RUNNING | V40 | 8 |
| 523 | 1245 | Ricardo Silva | 00:25:49 | 00:51:41 | 00:50:58 | 515 | | V35 | 68 |
| 524 | 245 | António Teixeira | 00:26:03 | 00:51:44 | 00:51:06 | 523 | | V35 | 69 |
| 525 | 1233 | José Aires | 00:27:06 | 00:51:48 | 00:50:44 | 506 | CCD TRANQUILIDADE | V55 | 37 |
| 526 | 56 | Pedro Salgueiro | 00:26:49 | 00:51:49 | 00:51:03 | 519 | Sawadee Team | V35 | 70 |
| 527 | 1134 | Paulo Ramos | 00:27:25 | 00:51:50 | 00:51:02 | 517 | | V50 | 59 |
| 528 | 585 | Filipe Almeida | 00:25:57 | 00:51:50 | 00:50:43 | 505 | 100fobias | V35 | 71 |
| 529 | 735 | Alvaro Alpoim | 00:25:50 | 00:51:51 | 00:51:25 | 541 | | V50 | 60 |
| 530 | 413 | Anabela Ferreira | 00:25:52 | 00:51:51 | 00:51:43 | 556 | Casa do Benfica Algueirão Mem Martins | V45 | 9 |
| 531 | 86 | Madalena Fontinhas | 00:27:11 | 00:51:53 | 00:51:13 | 529 | 3B - Samorunning - Correr Benavente | Senior | 16 |
| 532 | 83 | Hugo Gomes | 00:27:10 | 00:51:53 | 00:51:15 | 531 | 3B - Samorunning - Correr Benavente | Senior | 91 |
| 533 | 85 | João Caniço | 00:27:10 | 00:51:53 | 00:51:14 | 530 | 3B - Samorunning - Correr Benavente | V35 | 72 |
| 534 | 87 | Paula Salvador | 00:27:11 | 00:51:53 | 00:51:16 | 532 | 3B - Samorunning - Correr Benavente | Senior | 17 |
| 535 | 1215 | Ana Fortes | 00:26:21 | 00:51:54 | 00:51:40 | 552 | | V35 | 12 |
| 536 | 939 | Paulo Marques | 00:26:13 | 00:51:56 | 00:51:23 | 538 | | V50 | 61 |
| 537 | 302 | Ricardo Cano | 00:28:04 | 00:51:56 | 00:50:55 | 513 | Clube Atletismo Amigos de Belém | V35 | 73 |
| 538 | 343 | João Fernandes | 00:26:36 | 00:51:57 | 00:51:11 | 526 | | V35 | 74 |
| 539 | 660 | Pedro Pereira | 00:26:49 | 00:52:04 | 00:51:28 | 545 | | V35 | 75 |
| 540 | 881 | Daniel Matias | 00:26:34 | 00:52:05 | 00:51:18 | 535 | | Senior | 92 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|--|---------|-------------------|
| 541 | 446 | Nuno Patricio | 00:26:03 | 00:52:08 | 00:51:35 | 548 | CASA DO PESSOAL DA RTP | V45 | 91 |
| 542 | 1218 | Jorge Cordeiro | 00:27:00 | 00:52:09 | 00:51:24 | 540 | SOURE MOV | V50 | 62 |
| 543 | 659 | Filipe Martins | 00:26:36 | 00:52:09 | 00:51:42 | 554 | | V35 | 76 |
| 544 | 1341 | Marcos Santos | 00:25:24 | 00:52:10 | 00:51:42 | 553 | | Senior | 93 |
| 545 | 456 | Adriana Turenschi | 00:25:51 | 00:52:11 | 00:51:59 | 568 | ENJOADAS DO ASFALTO | Senior | 18 |
| 546 | 1273 | Vitor Ferreira | 00:27:13 | 00:52:12 | 00:51:27 | 543 | | V40 | 97 |
| 547 | 1360 | Rui Fernandes | 00:26:02 | 00:52:13 | 00:51:55 | 564 | | V45 | 92 |
| 548 | 426 | José Canhoto | 00:27:30 | 00:52:14 | 00:51:27 | 544 | Casa do Benfica Algueirão Mem Martins | V60 | 13 |
| 549 | 932 | Bruno Dias | 00:26:41 | 00:52:16 | 00:51:42 | 555 | | V40 | 98 |
| 550 | 399 | António Batista | 00:28:46 | 00:52:18 | 00:51:12 | 527 | CLUBE DESPORTIVO ESTRELA | V65 | 13 |
| 551 | 825 | Luis Almeida | 00:26:28 | 00:52:19 | 00:51:26 | 542 | Grupo Unidos e Progresso de Gralhas | V40 | 99 |
| 552 | 1238 | José Maia | 00:26:23 | 00:52:19 | 00:51:23 | 537 | | V50 | 63 |
| 553 | 1023 | Francisco Ribeiro | 00:26:46 | 00:52:20 | 00:52:06 | 572 | | V50 | 64 |
| 554 | 1264 | Pedro Borges | 00:29:04 | 00:52:21 | 00:51:32 | 547 | | Senior | 94 |
| 555 | 45 | António Morais | 00:27:50 | 00:52:24 | 00:51:28 | 546 | Clube Atlético das Patameiras | V60 | 14 |
| 556 | 774 | Bernardo Emidio | 00:27:59 | 00:52:26 | 00:51:36 | 549 | | Senior | 95 |
| 557 | 19 | Carlos Pena | 00:27:08 | 00:52:27 | 00:51:57 | 566 | | V45 | 93 |
| 558 | 464 | Aristides Monteiro | 00:26:00 | 00:52:28 | 00:52:15 | 577 | | V45 | 94 |
| 559 | 533 | Sara Cunha | 00:26:37 | 00:52:29 | 00:52:21 | 580 | Magic Runners - Enterprom brindes promocionais | V40 | 9 |
| 560 | 112 | João Teixeira | 00:26:49 | 00:52:29 | 00:51:49 | 559 | | V35 | 77 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|-----------------------------------|---------|-------------------|
| 561 | 865 | Cristiano Marques | 00:26:57 | 00:52:29 | 00:51:38 | 550 | | V40 | 100 |
| 562 | 903 | Hugo Rosas | 00:26:08 | 00:52:30 | 00:51:58 | 567 | | V40 | 101 |
| 563 | 123 | Rui Goncalves | 00:27:16 | 00:52:30 | 00:51:52 | 560 | DAVID VAZ | V40 | 102 |
| 564 | 866 | Luis Azevedo | 00:26:07 | 00:52:30 | 00:52:14 | 576 | | V50 | 65 |
| 565 | 126 | Vera Vaz | 00:27:37 | 00:52:30 | 00:51:52 | 561 | DAVID VAZ | V40 | 10 |
| 566 | 1260 | Joao Antunes | 00:26:50 | 00:52:33 | 00:52:00 | 569 | | V45 | 95 |
| 567 | 1191 | Paulo Sousa | 00:26:46 | 00:52:34 | 00:51:47 | 557 | | V35 | 78 |
| 568 | 175 | Maria Silva | 00:26:47 | 00:52:35 | 00:51:56 | 565 | | V55 | 3 |
| 569 | 1047 | Manuel Fonseca | 00:26:21 | 00:52:37 | 00:52:21 | 582 | Associação do Bairro de Campolide | V50 | 66 |
| 570 | 324 | Magnífica Alvaredo | 00:26:30 | 00:52:40 | 00:52:30 | 588 | Clube do Sargento da Armada | V60 | 1 |
| 571 | 492 | Maria Branco | 00:27:07 | 00:52:40 | 00:52:21 | 581 | | V45 | 10 |
| 572 | 449 | Noemia Monteiro | 00:26:14 | 00:52:41 | 00:52:34 | 592 | | V40 | 11 |
| 573 | 793 | João Henriques | 00:27:33 | 00:52:41 | 00:51:38 | 551 | SS CGD | V40 | 103 |
| 574 | 76 | Rodrigo Conchinha | 00:27:16 | 00:52:42 | 00:51:47 | 558 | | V35 | 79 |
| 575 | 1006 | Ana Duarte | 00:26:47 | 00:52:43 | 00:51:53 | 562 | Kaninos | V45 | 11 |
| 576 | 1358 | Mário Burrica | 00:27:28 | 00:52:45 | 00:52:01 | 571 | | V35 | 80 |
| 577 | 677 | Diogo Barros | 00:26:08 | 00:52:45 | 00:52:29 | 585 | | V35 | 81 |
| 578 | 509 | Pedro Marques | 00:28:03 | 00:52:47 | 00:51:55 | 563 | g.d.chelas | V40 | 104 |
| 579 | 190 | Eduardo Mendes | 00:26:56 | 00:52:49 | 00:52:30 | 587 | Clube Vodafone | V50 | 67 |
| 580 | 44 | Paulo Gamboa | 00:26:55 | 00:52:50 | 00:52:13 | 575 | Clube Atlético das Patameiras | V45 | 96 |



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| <i>Class.</i> | <i>Dorsal</i> | <i>Atleta</i> | <i>Tempo 5 Km</i> | <i>Tempo Oficial</i> | <i>Tempo Chip</i> | <i>Class. Chip</i> | <i>Clube</i> | <i>Escalão</i> | <i>Class. Escalão</i> |
|---------------|---------------|---------------------|-----------------------|--------------------------|-----------------------|------------------------|-----------------------------------|----------------|---------------------------|
| 581 | 994 | Maria Silva | 00:26:55 | 00:52:50 | 00:52:13 | 574 | | V55 | 4 |
| 582 | 405 | Hipolito Ferreira | 00:27:26 | 00:52:52 | 00:52:36 | 597 | | V50 | 68 |
| 583 | 777 | Paulo Almeida | 00:26:19 | 00:52:53 | 00:52:01 | 570 | | V45 | 97 |
| 584 | 723 | Nuno Dias | 00:26:54 | 00:53:01 | 00:52:36 | 596 | | V40 | 105 |
| 585 | 1326 | Jose Alvarez | 00:27:19 | 00:53:02 | 00:52:33 | 590 | | V45 | 98 |
| 586 | 436 | Paulo Silva | 00:27:08 | 00:53:03 | 00:52:34 | 594 | | V35 | 82 |
| 587 | 471 | Marco Pacheco | 00:27:35 | 00:53:03 | 00:52:08 | 573 | | V35 | 83 |
| 588 | 153 | Jorge Marques | 00:28:03 | 00:53:07 | 00:52:15 | 578 | | V35 | 84 |
| 589 | 1085 | Bernardo Gradissimo | 00:28:04 | 00:53:09 | 00:52:32 | 589 | Desportivo Operário do Rangel | V40 | 106 |
| 590 | 25 | Duarte Costa | 00:28:24 | 00:53:10 | 00:53:01 | 613 | | Senior | 96 |
| 591 | 493 | Arlindo Salgueiro | 00:27:10 | 00:53:11 | 00:52:44 | 599 | | V50 | 69 |
| 592 | 328 | Albano Ginja | 00:27:30 | 00:53:12 | 00:52:18 | 579 | Clube do Sargento da Armada | V60 | 15 |
| 593 | 823 | Bento Galamba | 00:27:48 | 00:53:15 | 00:52:34 | 593 | sporting clube reboleira e damaia | V50 | 70 |
| 594 | 1114 | Fernando Tavares | 00:26:48 | 00:53:16 | 00:52:56 | 607 | | V60 | 16 |
| 595 | 1359 | César Tomas | 00:27:43 | 00:53:18 | 00:52:25 | 583 | | Senior | 97 |
| 596 | 481 | Rui Matos | 00:27:38 | 00:53:21 | 00:52:35 | 595 | | V35 | 85 |
| 597 | 156 | Filipa Ferro | 00:26:53 | 00:53:21 | 00:53:13 | 618 | | V35 | 13 |
| 598 | 1259 | Ana Pires | 00:27:14 | 00:53:22 | 00:52:57 | 608 | | V35 | 14 |
| 599 | 1268 | Bruno Dias | 00:28:35 | 00:53:26 | 00:52:29 | 586 | | Senior | 98 |
| 600 | 1367 | Sergio Santos | 00:27:34 | 00:53:27 | 00:52:33 | 591 | | Senior | 99 |



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| <i>Class.</i> | <i>Dorsal</i> | <i>Atleta</i> | <i>Tempo 5 Km</i> | <i>Tempo Oficial</i> | <i>Tempo Chip</i> | <i>Class. Chip</i> | <i>Clube</i> | <i>Escalão</i> | <i>Class. Escalão</i> |
|---------------|---------------|--------------------|-----------------------|--------------------------|-----------------------|------------------------|---------------------------------------|----------------|---------------------------|
| 601 | 1137 | Luís Luís | 00:27:36 | 00:53:27 | 00:52:56 | 606 | | V50 | 71 |
| 602 | 171 | Vitor Martins | 00:27:20 | 00:53:30 | 00:52:59 | 611 | | V65 | 14 |
| 603 | 485 | Sandra Teixeira | 00:28:04 | 00:53:31 | 00:52:52 | 604 | | V40 | 12 |
| 604 | 483 | Joana Miranda | 00:28:04 | 00:53:31 | 00:52:52 | 603 | | V35 | 15 |
| 605 | 801 | Ricardo Coelho | 00:28:07 | 00:53:31 | 00:52:28 | 584 | SS CGD | V45 | 99 |
| 606 | 696 | Ricardo Mendes | 00:26:31 | 00:53:32 | 00:52:47 | 601 | Road Runners | V35 | 86 |
| 607 | 594 | António Galheto | 00:27:17 | 00:53:35 | 00:53:27 | 628 | | V65 | 15 |
| 608 | 964 | Fernando Rodrigues | 00:26:16 | 00:53:35 | 00:53:10 | 616 | | V40 | 107 |
| 609 | 256 | Francisco Sardinha | 00:26:31 | 00:53:35 | 00:53:17 | 620 | | V45 | 100 |
| 610 | 1253 | Sergio Borges | 00:27:34 | 00:53:36 | 00:52:44 | 600 | Panoplia Numerica | Senior | 100 |
| 611 | 1073 | Plinio Marques | 00:27:00 | 00:53:39 | 00:53:07 | 615 | Bip | V50 | 72 |
| 612 | 35 | Paulo Santos | 00:28:17 | 00:53:40 | 00:52:42 | 598 | Clube Amigos Garmin | V45 | 101 |
| 613 | 891 | Diogo Cruz | 00:26:34 | 00:53:40 | 00:52:52 | 602 | | Senior | 101 |
| 614 | 978 | Sergio Caneira | 00:28:02 | 00:53:40 | 00:53:20 | 622 | | V40 | 108 |
| 615 | 1090 | Joaquim Neiva | 00:28:03 | 00:53:46 | 00:52:58 | 610 | Desportivo Operário do Rangel | V70 | 4 |
| 616 | 1054 | José Saraiva | 00:27:32 | 00:53:48 | 00:53:11 | 617 | Correr Lisboa | V50 | 73 |
| 617 | 1319 | Peter Hoffman | 00:27:56 | 00:53:49 | 00:52:53 | 605 | | V70 | 5 |
| 618 | 276 | Pedro Fernandes | 00:27:56 | 00:53:49 | 00:53:02 | 614 | CLUBE MILLENNIUM BCP | V40 | 109 |
| 619 | 103 | Nuno Oliveira | 00:27:17 | 00:53:56 | 00:53:49 | 636 | Luso-Atlântica Corretor de Seguros SA | V40 | 110 |
| 620 | 1350 | Flávio Lourenço | 00:26:36 | 00:53:57 | 00:52:58 | 609 | | Senior | 102 |



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|---------------|---------------|--------------------|-----------------------|--------------------------|-----------------------|------------------------|--------------------------|----------------|---------------------------|
| 621 | 1240 | Luis Boleto | 00:28:04 | 00:53:59 | 00:53:23 | 625 | | V35 | 87 |
| 622 | 316 | Luis Correia | 00:27:07 | 00:54:00 | 00:53:48 | 635 | | V45 | 102 |
| 623 | 43 | Luiz Chatillon | 00:27:30 | 00:54:02 | 00:53:14 | 619 | Chatillon | V55 | 38 |
| 624 | 738 | Adriano Cunha | 00:28:03 | 00:54:03 | 00:53:20 | 623 | | V60 | 17 |
| 625 | 778 | Alexandre Drake | 00:28:16 | 00:54:03 | 00:53:01 | 612 | | V45 | 103 |
| 626 | 294 | Paulo Santos | 00:27:46 | 00:54:06 | 00:53:26 | 627 | | V50 | 74 |
| 627 | 255 | Patrícia Alves | 00:27:26 | 00:54:07 | 00:54:00 | 644 | | V35 | 16 |
| 628 | 401 | Joaquim Costa | 00:27:28 | 00:54:10 | 00:53:41 | 633 | CLUBE DESPORTIVO ESTRELA | V65 | 16 |
| 629 | 339 | Manuela Pinto | 00:28:01 | 00:54:11 | 00:53:18 | 621 | O MUNDO DA CORRIDA | V50 | 2 |
| 630 | 692 | Jose Miranda | 00:28:05 | 00:54:14 | 00:53:33 | 629 | | V50 | 75 |
| 631 | 155 | Luís Fouto | 00:28:03 | 00:54:14 | 00:53:56 | 639 | | V45 | 104 |
| 632 | 54 | João Antunes | 00:27:48 | 00:54:18 | 00:53:39 | 632 | | V60 | 18 |
| 633 | 216 | Hermínio Cabaceira | 00:27:42 | 00:54:21 | 00:54:05 | 649 | G. R. D. Ribeira da Lage | V55 | 39 |
| 634 | 77 | Jose Reis | 00:27:35 | 00:54:23 | 00:53:57 | 641 | | V55 | 40 |
| 635 | 1287 | Adil Graoui | 00:28:03 | 00:54:24 | 00:53:55 | 637 | JUNTA-TE À JUNTA | Junior | 11 |
| 636 | 1220 | Nuno Batista | 00:27:43 | 00:54:25 | 00:53:45 | 634 | | V40 | 111 |
| 637 | 476 | Ricardo Conceição | 00:27:11 | 00:54:27 | 00:54:22 | 656 | LOURDETE PERFUMARIAS | Senior | 103 |
| 638 | 609 | Paula Cardoso | 00:26:43 | 00:54:29 | 00:54:20 | 654 | | V40 | 13 |
| 639 | 1116 | Paulo Soares | 00:27:29 | 00:54:29 | 00:54:03 | 647 | | V35 | 88 |
| 640 | 1323 | Joséc Martins | 00:28:15 | 00:54:30 | 00:53:35 | 630 | | V50 | 3 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|-------------------|---------------|------------------|---------------|----------------|--|---------|-------------------|
| 641 | 347 | Miguel Castela | 00:27:52 | 00:54:32 | 00:53:25 | 626 | Associação de Atletismo Lebres do Sado | V45 | 105 |
| 642 | 641 | Jorge Bicho | 00:27:15 | 00:54:33 | 00:53:55 | 638 | | V55 | 41 |
| 643 | 1304 | Fernando Alves | 00:25:48 | 00:54:33 | 00:54:24 | 659 | | V35 | 89 |
| 644 | 137 | Rafael Santos | 00:29:31 | 00:54:33 | 00:53:22 | 624 | CCDTMETROLX | V45 | 106 |
| 645 | 883 | Nuno Almeida | 00:27:37 | 00:54:35 | 00:54:02 | 646 | | V40 | 112 |
| 646 | 792 | João Correia | 00:28:10 | 00:54:37 | 00:53:35 | 631 | SS CGD | V55 | 42 |
| 647 | 1285 | Olivia Borges | 00:28:07 | 00:54:40 | 00:54:13 | 651 | JUNTA-TE À JUNTA | Junior | 3 |
| 648 | 1288 | Lizeida Chantre | 00:28:07 | 00:54:40 | 00:54:13 | 652 | JUNTA-TE À JUNTA | Junior | 4 |
| 649 | 1213 | Carlos Pereira | 00:27:50 | 00:54:42 | 00:53:57 | 642 | | V45 | 107 |
| 650 | 499 | Fernando Almeida | 00:27:45 | 00:54:44 | 00:54:21 | 655 | | V40 | 113 |
| 651 | 1216 | António Pinto | 00:27:38 | 00:54:44 | 00:54:25 | 660 | | V55 | 43 |
| 652 | 1292 | Pedro Sarmiento | 00:27:58 | 00:54:49 | 00:54:28 | 663 | | V45 | 108 |
| 653 | 1293 | Maria Moreira | 00:27:58 | 00:54:49 | 00:54:29 | 665 | | V45 | 12 |
| 654 | 94 | Carla Magina | 00:27:25 | 00:54:50 | 00:54:44 | 675 | | V35 | 17 |
| 655 | 1251 | Sergio Borges | 00:27:53 | 00:54:51 | 00:53:59 | 643 | Panoplia Numerica | V40 | 114 |
| 656 | 448 | Mario Rodrigues | 00:26:29 | 00:54:52 | 00:54:18 | 653 | | V40 | 115 |
| 657 | 974 | Jandiro Monteiro | 00:28:01 | 00:54:55 | 00:53:57 | 640 | | Senior | 104 |
| 658 | 815 | Tiago Rodrigues | 00:28:41 | 00:54:56 | 00:54:02 | 645 | | Senior | 105 |
| 659 | 183 | Luís Ferreira | 00:27:26 | 00:54:56 | 00:54:42 | 672 | Rail Runners | V45 | 109 |
| 660 | 109 | Frederico Almeida | 00:27:37 | 00:55:00 | 00:54:09 | 650 | | Senior | 106 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|--|---------|-------------------|
| 661 | 215 | Elizabete Filipe | 00:27:56 | 00:55:02 | 00:54:51 | 679 | G. R. D. Ribeira da Lage | V35 | 18 |
| 662 | 115 | Carlos Morais | 00:28:29 | 00:55:04 | 00:54:24 | 658 | | V50 | 76 |
| 663 | 686 | Sônia Caixeirinho | 00:28:19 | 00:55:07 | 00:54:55 | 681 | | V45 | 13 |
| 664 | 444 | Nuno Martins | 00:28:10 | 00:55:13 | 00:54:33 | 667 | | V35 | 90 |
| 665 | 842 | Pauo Tomé | 00:27:54 | 00:55:14 | 00:54:04 | 648 | CSB_RF | Senior | 107 |
| 666 | 127 | Bianca Accioly | 00:28:24 | 00:55:14 | 00:54:35 | 669 | DAVID VAZ | Senior | 19 |
| 667 | 999 | Bruno Claro | 00:27:07 | 00:55:15 | 00:54:35 | 668 | | V35 | 91 |
| 668 | 537 | Bruno Duque | 00:29:24 | 00:55:15 | 00:54:27 | 661 | | V35 | 92 |
| 669 | 845 | Hugo Teixeira | 00:26:46 | 00:55:17 | 00:54:50 | 678 | | Senior | 108 |
| 670 | 655 | Vitor Ludwig | 00:27:28 | 00:55:18 | 00:54:42 | 673 | | V40 | 116 |
| 671 | 381 | Antonio Cardoso | 00:28:45 | 00:55:23 | 00:54:22 | 657 | G A Monsanto Gascan | V65 | 17 |
| 672 | 460 | Ana Cabaço | 00:28:11 | 00:55:25 | 00:54:58 | 682 | | V35 | 19 |
| 673 | 752 | Francisco Bastos | 00:27:58 | 00:55:25 | 00:55:10 | 693 | Magic Runners - Enterprom brindes promocionais | Senior | 109 |
| 674 | 941 | Carlos | 00:28:43 | 00:55:26 | 00:54:28 | 664 | DDN | V65 | 18 |
| 675 | 46 | Rute Santos | 00:28:00 | 00:55:27 | 00:55:15 | 702 | Clube Atlético das Patameiras | V50 | 4 |
| 676 | 403 | Natividade Cardoso | 00:28:02 | 00:55:27 | 00:55:19 | 704 | CLUBE DESPORTIVO ESTRELA | V65 | 1 |
| 677 | 950 | Fernando | 00:28:43 | 00:55:28 | 00:54:27 | 662 | DDN | V60 | 19 |
| 678 | 74 | Luis Amorim | 00:28:09 | 00:55:30 | 00:55:06 | 689 | | V45 | 110 |
| 679 | 689 | Francisco Amaro | 00:29:21 | 00:55:32 | 00:54:47 | 677 | | V45 | 111 |
| 680 | 742 | Pedro Pires | 00:28:48 | 00:55:36 | 00:55:14 | 700 | Associação de Atletismo Lebres do Sado | V50 | 77 |



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31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|--------------------------|---------|-------------------|
| 681 | 496 | Paulo Pereira | 00:28:36 | 00:55:36 | 00:54:38 | 670 | | V40 | 117 |
| 682 | 549 | José Roseiro | 00:29:03 | 00:55:37 | 00:54:39 | 671 | | V55 | 44 |
| 683 | 1195 | António Bila | 00:29:26 | 00:55:37 | 00:54:54 | 680 | Clube Olimpico de Oeiras | V60 | 20 |
| 684 | 1228 | Miguel Carvalho | 00:29:01 | 00:55:37 | 00:54:32 | 666 | | V35 | 93 |
| 685 | 1189 | Camil Nava | 00:29:12 | 00:55:39 | 00:54:42 | 674 | | Senior | 110 |
| 686 | 1337 | Alexandre Ferreira | 00:27:44 | 00:55:39 | 00:55:33 | 719 | | V55 | 45 |
| 687 | 898 | Eugénia Ribeiro | 00:27:43 | 00:55:39 | 00:55:31 | 716 | LEBRE | V45 | 14 |
| 688 | 591 | Maria Conchinha | 00:27:56 | 00:55:40 | 00:55:31 | 715 | | V55 | 5 |
| 689 | 435 | Luis Fernandes | 00:27:52 | 00:55:41 | 00:55:22 | 708 | | V45 | 112 |
| 690 | 662 | Andre Tavares | 00:27:11 | 00:55:41 | 00:55:16 | 703 | | V35 | 94 |
| 691 | 53 | Hugo Dionisio | 00:28:52 | 00:55:43 | 00:54:45 | 676 | | V35 | 95 |
| 692 | 1140 | João Veiga | 00:28:39 | 00:55:46 | 00:55:11 | 697 | | Senior | 111 |
| 693 | 693 | Liliana Santos | 00:27:39 | 00:55:46 | 00:55:41 | 723 | | V35 | 20 |
| 694 | 335 | Susana Amorim | 00:28:39 | 00:55:46 | 00:55:12 | 699 | | Senior | 20 |
| 695 | 1027 | Jose Lindo | 00:28:28 | 00:55:49 | 00:55:40 | 722 | | V70 | 6 |
| 696 | 285 | Mario Marcelino | 00:29:26 | 00:55:49 | 00:55:02 | 687 | CLUBE MILLENNIUM BCP | V55 | 46 |
| 697 | 277 | Vanda Rosa | 00:28:42 | 00:55:49 | 00:55:00 | 685 | CLUBE MILLENNIUM BCP | V40 | 14 |
| 698 | 791 | Francisco Clerigo | 00:28:09 | 00:55:50 | 00:55:08 | 691 | SS CGD | V60 | 21 |
| 699 | 1012 | Nuno Jesus | 00:28:42 | 00:55:50 | 00:54:59 | 684 | | V35 | 96 |
| 700 | 281 | Oscar Marques | 00:28:42 | 00:55:50 | 00:54:59 | 683 | CLUBE MILLENNIUM BCP | V60 | 22 |



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31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|--------------------------|---------|-------------------|
| 701 | 251 | Luis Segadães | 00:28:44 | 00:55:51 | 00:55:07 | 690 | Matilha da Atalaia | V40 | 118 |
| 702 | 392 | Virgilio Rodrigues | 00:28:58 | 00:55:51 | 00:55:23 | 709 | CLUBE DESPORTIVO ESTRELA | V65 | 19 |
| 703 | 787 | Céu | 00:28:42 | 00:55:51 | 00:55:01 | 686 | SS CGD | V45 | 15 |
| 704 | 389 | Armando Tavares | 00:28:30 | 00:55:53 | 00:55:21 | 706 | CLUBE DESPORTIVO ESTRELA | V65 | 20 |
| 705 | 638 | Natalino Pereira | 00:29:01 | 00:55:54 | 00:55:06 | 688 | | V60 | 23 |
| 706 | 240 | Luisa Palminhas | 00:28:30 | 00:55:54 | 00:55:10 | 695 | RunLovers | V45 | 16 |
| 707 | 236 | Iris Mauricio | 00:28:30 | 00:55:54 | 00:55:10 | 694 | RunLovers | V40 | 15 |
| 708 | 254 | Inês Teixeira | 00:28:46 | 00:55:54 | 00:55:11 | 698 | Matilha da Atalaia | V35 | 21 |
| 709 | 622 | António Lopes | 00:27:38 | 00:55:59 | 00:55:32 | 718 | CSB_RF | V60 | 24 |
| 710 | 72 | Edgar Magro | 00:28:39 | 00:55:59 | 00:55:15 | 701 | | V35 | 97 |
| 711 | 604 | Sandra Silva | 00:28:14 | 00:56:00 | 00:55:20 | 705 | | V40 | 16 |
| 712 | 864 | Mercedes Fonseca | 00:28:15 | 00:56:01 | 00:55:54 | 732 | | V60 | 2 |
| 713 | 1124 | Maria Resende | 00:28:08 | 00:56:03 | 00:55:51 | 728 | Toka a Correr | V45 | 17 |
| 714 | 1180 | Afonso Belo | 00:27:37 | 00:56:05 | 00:55:54 | 733 | | V45 | 113 |
| 715 | 22 | Vítor Gonçalves | 00:29:40 | 00:56:05 | 00:55:10 | 692 | 4 ao Km | V45 | 114 |
| 716 | 21 | Isadora Costa | 00:29:41 | 00:56:06 | 00:55:11 | 696 | 4 ao Km | Senior | 21 |
| 717 | 272 | Leonel Brandao | 00:29:07 | 00:56:12 | 00:55:24 | 710 | CLUBE MILLENNIUM BCP | V45 | 115 |
| 718 | 987 | Joana Chouriço | 00:28:22 | 00:56:13 | 00:56:06 | 739 | | Senior | 22 |
| 719 | 375 | Jorge Barros | 00:27:40 | 00:56:16 | 00:56:01 | 737 | | V40 | 119 |
| 720 | 915 | Sérgio Galó | 00:28:25 | 00:56:16 | 00:55:34 | 721 | Opticalia Running Team | V35 | 98 |



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31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|------------------|---------------|------------------|---------------|----------------|----------------------|---------|-------------------|
| 721 | 843 | Joao Almeida | 00:27:51 | 00:56:17 | 00:55:26 | 712 | Kaninos | V45 | 116 |
| 722 | 1351 | Sérgio Rodrigues | 00:27:16 | 00:56:18 | 00:56:13 | 743 | | V40 | 120 |
| 723 | 763 | Nuno Oliveira | 00:28:37 | 00:56:18 | 00:55:44 | 724 | Correr Lisboa | V35 | 99 |
| 724 | 286 | Carla Ribeiro | 00:29:07 | 00:56:20 | 00:55:32 | 717 | CLUBE MILLENNIUM BCP | V35 | 22 |
| 725 | 923 | João Costa | 00:29:08 | 00:56:21 | 00:55:22 | 707 | | V35 | 100 |
| 726 | 579 | Pedro Valente | 00:28:16 | 00:56:27 | 00:56:15 | 744 | Primos | V40 | 121 |
| 727 | 786 | Carlos Albano | 00:28:36 | 00:56:28 | 00:55:25 | 711 | SS CGD | V45 | 117 |
| 728 | 782 | Adelia Cabral | 00:28:19 | 00:56:29 | 00:55:48 | 727 | SS CGD | V35 | 23 |
| 729 | 140 | Nuno Molero | 00:28:07 | 00:56:34 | 00:56:17 | 745 | | V40 | 122 |
| 730 | 803 | Severino Rosa | 00:28:07 | 00:56:35 | 00:55:58 | 736 | SS CGD | V60 | 25 |
| 731 | 434 | Carlos Morgado | 00:28:56 | 00:56:36 | 00:56:03 | 738 | Clube EDP Lisboa | V50 | 78 |
| 732 | 1344 | Pedro Bação | 00:28:53 | 00:56:38 | 00:55:51 | 729 | | V35 | 101 |
| 733 | 1338 | João Silva | 00:29:23 | 00:56:40 | 00:55:30 | 714 | | Senior | 112 |
| 734 | 321 | Jorge Camoesas | 00:29:24 | 00:56:41 | 00:55:30 | 713 | | Senior | 113 |
| 735 | 235 | Nuno Tempera | 00:31:11 | 00:56:41 | 00:55:56 | 734 | RunLovers | V45 | 118 |
| 736 | 667 | Luis Silva | 00:28:56 | 00:56:42 | 00:55:48 | 726 | | V40 | 123 |
| 737 | 1257 | João Brites | 00:28:45 | 00:56:43 | 00:56:19 | 746 | | V45 | 119 |
| 738 | 268 | Vasco Ourelo | 00:28:41 | 00:56:43 | 00:56:22 | 748 | CLUBE MILLENNIUM BCP | V40 | 124 |
| 739 | 1248 | João Leandro | 00:28:59 | 00:56:44 | 00:55:53 | 731 | | V40 | 125 |
| 740 | 1249 | Marta Cardoso | 00:29:00 | 00:56:44 | 00:55:53 | 730 | | V35 | 24 |



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31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|-------------------|---------------|------------------|---------------|----------------|-------------------------------|---------|-------------------|
| 741 | 99 | Carlos Pereira | 00:27:27 | 00:56:47 | 00:56:11 | 741 | | Senior | 114 |
| 742 | 596 | Pepe Pereira | 00:29:34 | 00:56:49 | 00:55:34 | 720 | | Senior | 115 |
| 743 | 691 | João Marques | 00:28:57 | 00:56:52 | 00:55:46 | 725 | | V35 | 102 |
| 744 | 839 | Mario Lopes | 00:29:12 | 00:56:58 | 00:56:29 | 751 | | V70 | 7 |
| 745 | 500 | Antonio Fonseca | 00:28:43 | 00:57:01 | 00:56:11 | 742 | | V70 | 8 |
| 746 | 102 | Inês Monteiro | 00:28:21 | 00:57:04 | 00:56:10 | 740 | Kaninos | Senior | 23 |
| 747 | 1161 | Rui Barros | 00:28:38 | 00:57:07 | 00:56:32 | 755 | JUNTA-TE À JUNTA | V40 | 126 |
| 748 | 977 | António Mateus | 00:30:02 | 00:57:09 | 00:56:36 | 757 | Os Zatopeques | V70 | 9 |
| 749 | 513 | Vitório Damas | 00:28:51 | 00:57:10 | 00:56:37 | 758 | | V35 | 103 |
| 750 | 636 | Sérgio Calado | 00:29:20 | 00:57:11 | 00:56:42 | 761 | | V50 | 79 |
| 751 | 120 | Fernando Oliveira | 00:28:46 | 00:57:13 | 00:56:59 | 769 | | Senior | 116 |
| 752 | 129 | Carla Manteigas | 00:29:55 | 00:57:14 | 00:55:57 | 735 | CCDTMETROLX | V35 | 25 |
| 753 | 1096 | Manuel Emídio | 00:29:26 | 00:57:16 | 00:56:40 | 759 | Desportivo Operário do Rangel | V60 | 26 |
| 754 | 152 | Jose Correia | 00:28:17 | 00:57:17 | 00:57:03 | 771 | | V55 | 47 |
| 755 | 1232 | Tiago Almeida | 00:28:58 | 00:57:19 | 00:56:30 | 752 | | Senior | 117 |
| 756 | 1187 | Paulo Roxo | 00:29:24 | 00:57:19 | 00:56:29 | 750 | | V40 | 127 |
| 757 | 184 | Manuel António | 00:28:33 | 00:57:23 | 00:57:10 | 776 | Rail Runners | V45 | 120 |
| 758 | 384 | Victor Rodrigues | 00:29:31 | 00:57:25 | 00:56:20 | 747 | G A Monsanto Gascan | V60 | 27 |
| 759 | 1081 | Pedro Ferreira | 00:29:40 | 00:57:27 | 00:56:26 | 749 | | Senior | 118 |
| 760 | 918 | Abilio Tavares | 00:28:34 | 00:57:28 | 00:57:14 | 777 | | V60 | 28 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|------------------|---------------|------------------|---------------|----------------|-----------------------------------|---------|-------------------|
| 761 | 308 | Mario Jesus | 00:30:02 | 00:57:30 | 00:56:33 | 756 | | V40 | 128 |
| 762 | 303 | José Castro | 00:30:53 | 00:57:32 | 00:56:30 | 753 | Clube Atletismo Amigos de Belém | V55 | 48 |
| 763 | 304 | Julio Castro | 00:30:53 | 00:57:32 | 00:56:31 | 754 | Clube Atletismo Amigos de Belém | V55 | 49 |
| 764 | 372 | Estela Gonçalves | 00:28:53 | 00:57:34 | 00:57:21 | 780 | | V35 | 26 |
| 765 | 20 | João Lima | 00:29:45 | 00:57:35 | 00:56:40 | 760 | 4 ao Km | V55 | 50 |
| 766 | 271 | Andreia Costa | 00:28:50 | 00:57:37 | 00:57:26 | 782 | CLUBE MILLENNIUM BCP | V40 | 17 |
| 767 | 1046 | António Lima | 00:29:08 | 00:57:42 | 00:57:25 | 781 | Associação do Bairro de Campolide | V50 | 80 |
| 768 | 52 | David Simão | 00:28:38 | 00:57:43 | 00:57:10 | 775 | | V45 | 121 |
| 769 | 314 | Carlos Marques | 00:30:00 | 00:57:45 | 00:56:49 | 764 | | V45 | 122 |
| 770 | 439 | Bruno Aguiar | 00:29:49 | 00:57:45 | 00:56:47 | 763 | | V35 | 104 |
| 771 | 200 | Marco Jesus | 00:30:00 | 00:57:45 | 00:56:50 | 765 | | V35 | 105 |
| 772 | 313 | Marcos Serrano | 00:30:00 | 00:57:45 | 00:56:50 | 766 | | V35 | 106 |
| 773 | 916 | Paula Lima | 00:29:58 | 00:57:47 | 00:57:05 | 772 | Opticalia Running Team | V35 | 27 |
| 774 | 830 | Manuel Costa | 00:29:43 | 00:57:48 | 00:57:05 | 773 | | V55 | 51 |
| 775 | 624 | Luis Rosa | 00:29:51 | 00:57:50 | 00:57:14 | 778 | | V55 | 52 |
| 776 | 829 | Mario S.Sousa | 00:29:43 | 00:57:50 | 00:56:43 | 762 | GRD OS FIXES | V60 | 29 |
| 777 | 1167 | Eduardo Moutinho | 00:30:20 | 00:57:56 | 00:56:56 | 768 | | V45 | 123 |
| 778 | 346 | Carla Henriques | 00:29:17 | 00:57:57 | 00:57:31 | 786 | | V40 | 18 |
| 779 | 157 | Jorge Fradique | 00:29:19 | 00:57:58 | 00:57:32 | 787 | | V55 | 53 |
| 780 | 307 | Vitor Figueiredo | 00:30:29 | 00:57:59 | 00:57:09 | 774 | | V35 | 107 |



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| <i>Class.</i> | <i>Dorsal</i> | <i>Atleta</i> | <i>Tempo 5 Km</i> | <i>Tempo Oficial</i> | <i>Tempo Chip</i> | <i>Class. Chip</i> | <i>Clube</i> | <i>Escalão</i> | <i>Class. Escalão</i> |
|---------------|---------------|-------------------|-----------------------|--------------------------|-----------------------|------------------------|--|----------------|---------------------------|
| 781 | 187 | Luís Costa | 00:29:17 | 00:58:02 | 00:57:20 | 779 | Os Conta-Kilómetros | Senior | 119 |
| 782 | 1325 | Jorge Brito | 00:31:30 | 00:58:02 | 00:56:52 | 767 | | V45 | 124 |
| 783 | 13 | Paulo Viegas | 00:29:49 | 00:58:05 | 00:57:02 | 770 | | V40 | 129 |
| 784 | 1361 | Tatiana Ildefonso | 00:29:29 | 00:58:07 | 00:57:28 | 784 | | Senior | 120 |
| 785 | 635 | Paulo Roberto | 00:28:38 | 00:58:14 | 00:57:28 | 783 | | V40 | 130 |
| 786 | 182 | Helena Pires | 00:29:36 | 00:58:15 | 00:58:08 | 799 | Rail Runners | V45 | 18 |
| 787 | 174 | Paulo Silva | 00:29:36 | 00:58:15 | 00:57:37 | 789 | | V55 | 54 |
| 788 | 1255 | João Martins | 00:28:58 | 00:58:18 | 00:57:29 | 785 | | Senior | 121 |
| 789 | 1199 | Susana Almeida | 00:29:55 | 00:58:19 | 00:58:07 | 798 | Clube Olimpico de Oeiras | V35 | 28 |
| 790 | 455 | Patricia Almeida | 00:29:56 | 00:58:19 | 00:58:07 | 797 | ENJOADAS DO ASFALTO | V40 | 19 |
| 791 | 740 | Catarina Varges | 00:29:20 | 00:58:20 | 00:58:06 | 795 | Associação de Atletismo Lebres do Sado | V40 | 20 |
| 792 | 1307 | Eduardo Alves | 00:29:26 | 00:58:23 | 00:57:48 | 793 | | V35 | 108 |
| 793 | 1010 | Ana Santos | 00:30:20 | 00:58:31 | 00:58:07 | 796 | QuartetoMaravilha | V35 | 29 |
| 794 | 657 | Hugo Reis | 00:30:29 | 00:58:31 | 00:57:34 | 788 | | V40 | 131 |
| 795 | 805 | Vítor Barata | 00:29:37 | 00:58:37 | 00:57:39 | 790 | SS CGD | V55 | 55 |
| 796 | 1352 | Sónia Capitão-Mor | 00:28:53 | 00:58:40 | 00:58:14 | 801 | | V35 | 30 |
| 797 | 332 | Silvino Martins | 00:30:53 | 00:58:41 | 00:57:40 | 791 | | V65 | 21 |
| 798 | 946 | Alfredo | 00:30:24 | 00:58:42 | 00:58:16 | 802 | DDN | V45 | 125 |
| 799 | 407 | João Correia | 00:29:41 | 00:58:45 | 00:58:36 | 813 | Casa do Benfica Algueirão Mem Martins | V60 | 30 |
| 800 | 684 | Pedro Silva | 00:30:11 | 00:58:46 | 00:57:45 | 792 | | V45 | 126 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|-------------------|---------------|------------------|---------------|----------------|-----------------------------|---------|-------------------|
| 801 | 722 | Joana Pereira | 00:29:31 | 00:58:48 | 00:58:29 | 810 | | Senior | 24 |
| 802 | 750 | Ana Beja | 00:30:05 | 00:58:52 | 00:58:09 | 800 | SOURE MOV | V40 | 21 |
| 803 | 568 | Fernando Martins | 00:29:53 | 00:58:53 | 00:58:04 | 794 | SS CGD | V50 | 81 |
| 804 | 125 | Sandra Antunes | 00:29:30 | 00:58:53 | 00:58:16 | 804 | DAVID VAZ | V45 | 19 |
| 805 | 1051 | Carlos Azevedo | 00:29:48 | 00:58:59 | 00:58:22 | 807 | | V55 | 56 |
| 806 | 226 | Elisabete Farinha | 00:29:47 | 00:59:02 | 00:58:51 | 820 | | V50 | 5 |
| 807 | 212 | Carla Galhano | 00:29:52 | 00:59:02 | 00:58:52 | 821 | | V40 | 22 |
| 808 | 846 | Dinis Candeias | 00:30:35 | 00:59:04 | 00:58:22 | 805 | | V35 | 109 |
| 809 | 63 | Casimiro Silva | 00:30:35 | 00:59:04 | 00:58:22 | 806 | | V40 | 132 |
| 810 | 674 | Pedro Vieira | 00:29:51 | 00:59:05 | 00:58:23 | 808 | Opticalia Running Team | V35 | 110 |
| 811 | 1242 | Ana Martins | 00:30:24 | 00:59:05 | 00:58:41 | 814 | | V50 | 6 |
| 812 | 935 | Bruno Ribeiro | 00:29:50 | 00:59:07 | 00:58:30 | 811 | | Senior | 122 |
| 813 | 1150 | Inês Silva | 00:29:50 | 00:59:07 | 00:58:30 | 812 | | Senior | 25 |
| 814 | 1250 | Michele Correia | 00:31:03 | 00:59:09 | 00:58:16 | 803 | BELEM RUNNERS | V40 | 23 |
| 815 | 454 | Ana Candeias | 00:29:56 | 00:59:12 | 00:59:00 | 824 | ENJOADAS DO ASFALTO | V40 | 24 |
| 816 | 706 | Fábio Lopes | 00:29:55 | 00:59:13 | 00:58:42 | 815 | G.D. Chelas | Senior | 123 |
| 817 | 929 | João Pereira | 00:29:13 | 00:59:17 | 00:59:04 | 827 | | V40 | 133 |
| 818 | 789 | Fernando Alves | 00:30:33 | 00:59:21 | 00:58:26 | 809 | SS CGD | V50 | 82 |
| 819 | 940 | Ricardo Faria | 00:28:52 | 00:59:25 | 00:59:20 | 834 | CÂMARA MUNICIPAL DA AMADORA | V40 | 134 |
| 820 | 1313 | Mónica Moreiras | 00:35:54 | 00:59:32 | 00:48:49 | 418 | AM Atibá | V40 | 25 |



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| <i>Class.</i> | <i>Dorsal</i> | <i>Atleta</i> | <i>Tempo 5 Km</i> | <i>Tempo Oficial</i> | <i>Tempo Chip</i> | <i>Class. Chip</i> | <i>Clube</i> | <i>Escalão</i> | <i>Class. Escalão</i> |
|---------------|---------------|----------------------|-----------------------|--------------------------|-----------------------|------------------------|---------------------------------------|----------------|---------------------------|
| 821 | 840 | Luis Proença | 00:29:43 | 00:59:39 | 00:58:47 | 817 | | V45 | 127 |
| 822 | 726 | Luís Nabais | 00:31:03 | 00:59:40 | 00:59:02 | 825 | Correr Lisboa | V35 | 111 |
| 823 | 329 | Fernando Oliveira | 00:31:13 | 00:59:40 | 00:58:43 | 816 | Clube do Sargento da Armada | V60 | 31 |
| 824 | 368 | Anabela Ruivo | 00:31:03 | 00:59:40 | 00:59:02 | 826 | Correr Lisboa | V40 | 26 |
| 825 | 301 | Ana Macedo | 00:30:27 | 00:59:48 | 00:59:13 | 829 | União Atletico Povoense | V40 | 27 |
| 826 | 1119 | José Tomé | 00:30:20 | 00:59:50 | 00:58:55 | 823 | | V40 | 135 |
| 827 | 68 | José Piçarra | 00:30:26 | 00:59:50 | 00:59:15 | 830 | Casa do Benfica Algueirão Mem Martins | V60 | 32 |
| 828 | 783 | Álvaro Furtado | 00:32:12 | 00:59:53 | 00:58:47 | 818 | SS CGD | V55 | 57 |
| 829 | 567 | Silvia Pedro | 00:30:34 | 00:59:53 | 00:59:05 | 828 | SS CGD | V45 | 20 |
| 830 | 798 | Paulo Bailão | 00:31:15 | 00:59:54 | 00:58:47 | 819 | SS CGD | V45 | 128 |
| 831 | 49 | Pedro Murtinhal | 00:30:33 | 00:59:55 | 00:58:55 | 822 | | V45 | 129 |
| 832 | 673 | Henrique Coelho | 00:29:52 | 01:00:09 | 00:59:27 | 835 | Opticalia Running Team | V35 | 112 |
| 833 | 420 | Joaquim Hermenegildo | 00:31:09 | 01:00:11 | 00:59:51 | 840 | Casa do Benfica Algueirão Mem Martins | V50 | 83 |
| 834 | 475 | Isabel Santos | 00:30:16 | 01:00:12 | 01:00:08 | 842 | LOURDETE PERFUMARIAS | V45 | 21 |
| 835 | 1295 | Rita Machado | 00:30:42 | 01:00:14 | 00:59:42 | 838 | Marretas | V40 | 28 |
| 836 | 645 | Carlos Pereira | 00:31:07 | 01:00:16 | 00:59:19 | 832 | GD SANTANDERTOTTA | V45 | 130 |
| 837 | 648 | Salvador Afonso | 00:31:08 | 01:00:16 | 00:59:19 | 833 | GD SANTANDERTOTTA | V60 | 33 |
| 838 | 632 | Paulo Onofre | 00:30:51 | 01:00:17 | 00:59:15 | 831 | | V45 | 131 |
| 839 | 104 | Antonio Pais | 00:30:26 | 01:00:20 | 00:59:35 | 837 | NUCLEOEIRAS ADNO | V65 | 22 |
| 840 | 762 | Jorge Palma | 00:30:53 | 01:00:21 | 00:59:31 | 836 | | V40 | 136 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|--|---------|-------------------|
| 841 | 556 | Miguel Barbosa | 00:30:41 | 01:00:26 | 01:00:16 | 849 | Unidos da Manutenção | V60 | 34 |
| 842 | 382 | Cidalia Cardoso | 00:29:59 | 01:00:34 | 01:00:15 | 848 | G A Monsanto Gascan | V60 | 3 |
| 843 | 24 | José Magro | 00:31:08 | 01:00:38 | 00:59:48 | 839 | Runners da Frente Ribeirinha da Póvoa de Santa | V45 | 132 |
| 844 | 218 | Maria Fatuda | 00:30:07 | 01:00:41 | 01:00:26 | 851 | G. R. D. Ribeira da Lage | V60 | 4 |
| 845 | 1020 | Fátima Ffwpu | 00:30:43 | 01:00:45 | 01:00:36 | 857 | | V75 | 1 |
| 846 | 534 | Catarina Mesquita | 00:30:29 | 01:00:46 | 01:00:29 | 853 | Magic Runners - Enterprom brindes promocionais | V50 | 7 |
| 847 | 751 | Maria Bastos | 00:30:24 | 01:00:46 | 01:00:31 | 854 | Magic Runners - Enterprom brindes promocionais | Senior | 26 |
| 848 | 291 | Marlene Oliveira | 00:30:49 | 01:00:47 | 01:00:33 | 856 | | V40 | 29 |
| 849 | 336 | Céu Miguel | 00:30:04 | 01:00:47 | 01:00:28 | 852 | | V50 | 8 |
| 850 | 602 | Nuno Matias | 00:29:55 | 01:00:56 | 01:00:43 | 861 | | V40 | 137 |
| 851 | 601 | Carla Robalo | 00:29:55 | 01:00:56 | 01:00:44 | 862 | | V35 | 31 |
| 852 | 545 | Marco Martins | 00:29:25 | 01:01:01 | 01:00:13 | 843 | | V35 | 113 |
| 853 | 577 | Gilberto Gonçalves | 00:31:17 | 01:01:08 | 01:00:06 | 841 | Clube Atletismo Amigos de Belém | V65 | 23 |
| 854 | 487 | Ana Folgado | 00:30:53 | 01:01:08 | 01:00:39 | 859 | | V45 | 22 |
| 855 | 100 | Marco Cachinho | 00:30:51 | 01:01:10 | 01:00:17 | 850 | Kaninos | V35 | 114 |
| 856 | 67 | Paulo Silva | 00:28:26 | 01:01:12 | 01:00:15 | 847 | | V55 | 58 |
| 857 | 12 | João Campos | 00:28:26 | 01:01:12 | 01:00:15 | 846 | | V40 | 138 |
| 858 | 30 | Joel Silva | 00:30:06 | 01:01:12 | 01:00:15 | 844 | | V40 | 139 |
| 859 | 1029 | Carolina Manuel | 00:31:40 | 01:01:15 | 01:00:15 | 845 | O MUNDO DA CORRIDA | V40 | 30 |
| 860 | 1166 | Carla Correia | 00:31:10 | 01:01:21 | 01:00:48 | 864 | JUNTA-TE À JUNTA | V35 | 32 |



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31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|-------------------|---------------|------------------|---------------|----------------|---------------------------------------|---------|-------------------|
| 861 | 1175 | João Anjos | 00:30:15 | 01:01:32 | 01:01:10 | 866 | | V45 | 133 |
| 862 | 1174 | Ana Anjos | 00:30:14 | 01:01:32 | 01:01:11 | 867 | | Senior | 27 |
| 863 | 1306 | Vítor Pimenta | 00:31:32 | 01:01:33 | 01:00:32 | 855 | | V35 | 115 |
| 864 | 821 | Esmeraldo Pereira | 00:31:44 | 01:01:33 | 01:00:47 | 863 | SS CGD | V70 | 10 |
| 865 | 274 | Susana Feliciano | 00:31:04 | 01:01:36 | 01:01:19 | 868 | CLUBE MILLENNIUM BCP | V40 | 31 |
| 866 | 440 | Paulo Silva | 00:30:54 | 01:01:39 | 01:00:36 | 858 | | V40 | 140 |
| 867 | 1068 | Antonio Cravo | 00:31:12 | 01:01:44 | 01:00:42 | 860 | GC Estrelas da Amadora | V45 | 134 |
| 868 | 760 | Valeria Moreira | 00:32:25 | 01:01:44 | 01:00:56 | 865 | | V45 | 23 |
| 869 | 623 | Ana Romano | 00:31:26 | 01:01:48 | 01:01:29 | 872 | | V45 | 24 |
| 870 | 1169 | Maria Sanches | 00:31:36 | 01:02:00 | 01:01:41 | 878 | | V45 | 25 |
| 871 | 516 | Aliete Rodrigues | 00:30:25 | 01:02:02 | 01:01:55 | 880 | | V35 | 33 |
| 872 | 775 | António Fernandes | 00:31:29 | 01:02:07 | 01:01:26 | 869 | | V50 | 84 |
| 873 | 1157 | Ineida Gomes | 00:30:52 | 01:02:18 | 01:01:44 | 879 | JUNTA-TE À JUNTA | V35 | 34 |
| 874 | 61 | Vanuzza Silva | 00:31:04 | 01:02:19 | 01:01:36 | 875 | | V40 | 32 |
| 875 | 847 | Ana Caldeira | 00:31:05 | 01:02:19 | 01:01:37 | 876 | | Senior | 28 |
| 876 | 415 | Rosa Gonçalves | 00:31:10 | 01:02:20 | 01:02:11 | 885 | Casa do Benfica Algueirão Mem Martins | V45 | 26 |
| 877 | 1075 | Rui Paz | 00:32:14 | 01:02:27 | 01:01:27 | 870 | Bamoximbora | V40 | 141 |
| 878 | 1243 | Zé Falcato | 00:32:14 | 01:02:27 | 01:01:28 | 871 | | V40 | 142 |
| 879 | 1330 | Madalena Pires | 00:31:49 | 01:02:28 | 01:02:05 | 884 | #letsrunazores | V55 | 6 |
| 880 | 1053 | Irene Inácio | 00:31:36 | 01:02:32 | 01:01:58 | 881 | Correr Lisboa | V45 | 27 |



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31 DEZEMBRO '16

| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|------------------------|---------|-------------------|
| 881 | 1060 | Tânia Agostinho | 00:31:25 | 01:02:35 | 01:02:16 | 886 | Health Team | V35 | 35 |
| 882 | 1061 | Roberta Goes | 00:31:25 | 01:02:35 | 01:02:16 | 887 | Health Team | V35 | 36 |
| 883 | 633 | Sara Valadares | 00:32:12 | 01:02:36 | 01:01:33 | 873 | | V40 | 33 |
| 884 | 1188 | Renato Saragoça | 00:32:33 | 01:02:38 | 01:01:35 | 874 | | V40 | 143 |
| 885 | 342 | Luisa Santos | 00:31:14 | 01:02:39 | 01:02:19 | 889 | | V45 | 28 |
| 886 | 1069 | Bruno Marques | 00:32:02 | 01:02:45 | 01:01:41 | 877 | GC Estrelas da Amadora | V35 | 116 |
| 887 | 293 | Luís Piedade | 00:32:22 | 01:02:47 | 01:02:37 | 893 | | V45 | 135 |
| 888 | 882 | Ana Almeida | 00:31:52 | 01:02:50 | 01:02:16 | 888 | | V35 | 37 |
| 889 | 1324 | Élia Granja | 00:31:31 | 01:03:00 | 01:02:01 | 882 | | V40 | 34 |
| 890 | 1305 | Inacio Serralheiro | 00:31:31 | 01:03:01 | 01:02:02 | 883 | | V60 | 35 |
| 891 | 948 | João | 00:30:16 | 01:03:02 | 01:02:53 | 901 | DDN | V50 | 85 |
| 892 | 616 | Laurinda Castro | 00:32:32 | 01:03:04 | 01:02:34 | 892 | | V55 | 7 |
| 893 | 543 | Paulo Costa | 00:29:25 | 01:03:06 | 01:02:44 | 896 | | V40 | 144 |
| 894 | 1317 | Paulo Santos | 00:29:25 | 01:03:06 | 01:02:43 | 895 | AM Atibá | V45 | 136 |
| 895 | 962 | Claudio Bonito | 00:30:11 | 01:03:08 | 01:02:20 | 890 | | Senior | 124 |
| 896 | 1181 | Mario Santos | 00:32:31 | 01:03:13 | 01:02:42 | 894 | | V45 | 137 |
| 897 | 1282 | Jéssica Baessa | 00:31:47 | 01:03:16 | 01:02:56 | 902 | JUNTA-TE À JUNTA | Junior | 5 |
| 898 | 57 | Tiago Salgueiro | 00:31:51 | 01:03:16 | 01:02:29 | 891 | Sawadee Team | Senior | 125 |
| 899 | 810 | Marco Mendes | 00:31:26 | 01:03:18 | 01:02:51 | 900 | | V40 | 145 |
| 900 | 1050 | Esmeralda Gomes | 00:32:11 | 01:03:48 | 01:03:36 | 913 | | V50 | 9 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|-------------------|---------------|------------------|---------------|----------------|---------------------------------------|---------|-------------------|
| 901 | 784 | André Noronha | 00:32:46 | 01:03:50 | 01:02:45 | 897 | SS CGD | V50 | 86 |
| 902 | 806 | Cristiana Almeida | 00:32:46 | 01:03:51 | 01:02:46 | 898 | SS CGD | V50 | 10 |
| 903 | 1057 | Carla Patrício | 00:31:59 | 01:03:51 | 01:03:17 | 909 | Correr Lisboa | V40 | 35 |
| 904 | 788 | Claudia Lourenço | 00:31:18 | 01:03:51 | 01:02:47 | 899 | SS CGD | V40 | 36 |
| 905 | 1055 | Terera Bom | 00:32:30 | 01:03:53 | 01:03:21 | 910 | Correr Lisboa | Senior | 29 |
| 906 | 233 | Nuno Marques | 00:31:18 | 01:03:55 | 01:03:10 | 908 | RunLovers | V45 | 138 |
| 907 | 234 | Joana Peralta | 00:31:18 | 01:03:55 | 01:03:10 | 907 | RunLovers | V40 | 37 |
| 908 | 730 | Renata Gomes | 00:32:36 | 01:03:58 | 01:03:40 | 914 | | V35 | 38 |
| 909 | 51 | Tiago Rocha | 00:32:22 | 01:03:59 | 01:03:00 | 903 | | Senior | 126 |
| 910 | 589 | Duarte Fialho | 00:32:02 | 01:04:07 | 01:03:03 | 905 | | Senior | 127 |
| 911 | 1067 | Ricardo Louro | 00:32:01 | 01:04:07 | 01:03:03 | 904 | GC Estrelas da Amadora | V35 | 117 |
| 912 | 105 | Edmundo Cardeira | 00:32:49 | 01:04:20 | 01:03:09 | 906 | Leões de Barcarena | V65 | 24 |
| 913 | 583 | Manuel Azevedo | 00:32:03 | 01:04:28 | 01:03:29 | 912 | Veteranos de Massamá | V55 | 59 |
| 914 | 106 | José Lamego | 00:32:51 | 01:04:31 | 01:03:22 | 911 | Leões de Barcarena | V60 | 36 |
| 915 | 421 | Rui Castilho | 00:31:12 | 01:04:33 | 01:04:26 | 935 | Casa do Benfica Algueirão Mem Martins | Senior | 128 |
| 916 | 1040 | José Nunes | 00:31:25 | 01:04:34 | 01:03:44 | 915 | | V40 | 146 |
| 917 | 644 | António Inácio | 00:32:52 | 01:04:38 | 01:03:49 | 922 | CLUBE DESPORTIVO ESTRELA | V70 | 11 |
| 918 | 1236 | David Pereira | 00:31:33 | 01:04:41 | 01:04:24 | 933 | | V35 | 118 |
| 919 | 1244 | Bruno Correia | 00:31:33 | 01:04:41 | 01:04:25 | 934 | | V35 | 119 |
| 920 | 1275 | Ana Fernandes | 00:32:29 | 01:04:43 | 01:04:16 | 931 | JUNTA-TE À JUNTA | V45 | 29 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|----------------------|---------------|------------------|---------------|----------------|--|---------|-------------------|
| 921 | 188 | Carlos Fernandes | 00:32:30 | 01:04:43 | 01:04:15 | 929 | Clube Vodafone | V50 | 87 |
| 922 | 1123 | Teresa Morais | 00:33:26 | 01:04:44 | 01:03:54 | 925 | Toka a Correr | V40 | 38 |
| 923 | 1271 | António Pinho | 00:33:04 | 01:04:49 | 01:04:23 | 932 | | V60 | 37 |
| 924 | 741 | Paulo Fernandes | 00:33:04 | 01:04:49 | 01:03:54 | 924 | Associação de Atletismo Lebres do Sado | V40 | 147 |
| 925 | 1179 | Fátima Belo | 00:33:10 | 01:04:53 | 01:04:42 | 939 | | V40 | 39 |
| 926 | 209 | Paulo Pereira | 00:33:42 | 01:04:58 | 01:03:48 | 917 | Serviços Sociais Montepio | V45 | 139 |
| 927 | 211 | Rute Morna | 00:33:40 | 01:04:58 | 01:03:51 | 923 | Serviços Sociais Montepio | V40 | 40 |
| 928 | 206 | Ana Saramago | 00:33:40 | 01:04:58 | 01:03:49 | 918 | Serviços Sociais Montepio | V40 | 41 |
| 929 | 207 | João Santos | 00:33:40 | 01:04:58 | 01:03:49 | 921 | Serviços Sociais Montepio | V35 | 120 |
| 930 | 826 | Guilherme Albino | 00:33:40 | 01:04:58 | 01:03:49 | 920 | Serviços Sociais Montepio | V40 | 148 |
| 931 | 208 | Jorge Sousa | 00:33:40 | 01:04:58 | 01:03:49 | 919 | Serviços Sociais Montepio | V40 | 149 |
| 932 | 647 | Fabio Pio | 00:33:42 | 01:04:59 | 01:03:46 | 916 | GD SANTANDERTOTTA | V45 | 140 |
| 933 | 573 | Isabel Venâncio | 00:32:36 | 01:05:05 | 01:04:29 | 936 | JUNTA-TE À JUNTA | V35 | 39 |
| 934 | 1274 | Joaquim Fonseca | 00:32:41 | 01:05:08 | 01:04:44 | 942 | JUNTA-TE À JUNTA | V60 | 38 |
| 935 | 807 | Deolinda Santos | 00:33:23 | 01:05:10 | 01:04:02 | 926 | | V45 | 30 |
| 936 | 443 | Laurindo Oliveira | 00:33:55 | 01:05:14 | 01:04:15 | 930 | | V50 | 88 |
| 937 | 442 | Filomena Barrancos | 00:33:54 | 01:05:14 | 01:05:01 | 947 | | V45 | 31 |
| 938 | 310 | João Silva | 00:33:20 | 01:05:22 | 01:04:12 | 928 | | Senior | 129 |
| 939 | 309 | Catarina Vasconcelos | 00:33:20 | 01:05:22 | 01:04:12 | 927 | | Senior | 30 |
| 940 | 408 | Susana Figueiredo | 00:32:31 | 01:05:25 | 01:04:59 | 946 | Casa do Benfica Algueirão Mem Martins | V45 | 32 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|-----------------|---------------|------------------|---------------|----------------|--|---------|-------------------|
| 941 | 32 | Rui Franco | 00:33:38 | 01:05:27 | 01:04:43 | 940 | | V35 | 121 |
| 942 | 869 | Ricardo Silva | 00:33:38 | 01:05:27 | 01:04:43 | 941 | | V35 | 122 |
| 943 | 1165 | Maria Piedade | 00:32:55 | 01:05:30 | 01:04:57 | 945 | JUNTA-TE À JUNTA | V55 | 8 |
| 944 | 91 | Miguel Leal | 00:33:29 | 01:05:32 | 01:04:33 | 937 | | V55 | 60 |
| 945 | 943 | Paula | 00:33:31 | 01:05:43 | 01:05:33 | 953 | DDN | V50 | 11 |
| 946 | 991 | José Sousa | 00:33:42 | 01:05:48 | 01:04:39 | 938 | | V55 | 61 |
| 947 | 122 | Cecília Nicolau | 00:33:42 | 01:05:49 | 01:05:38 | 956 | Associação de Atletismo Lebres do Sado | V45 | 33 |
| 948 | 639 | João Santo | 00:33:01 | 01:05:50 | 01:04:50 | 943 | | V35 | 123 |
| 949 | 1347 | Bernardo Ferrão | 00:33:08 | 01:05:57 | 01:05:19 | 949 | | V35 | 124 |
| 950 | 859 | André Trindade | 00:35:54 | 01:06:03 | 01:04:55 | 944 | CSB_RF | Senior | 130 |
| 951 | 1062 | Jorge Monteiro | 00:32:48 | 01:06:05 | 01:05:36 | 955 | Health Team | V35 | 125 |
| 952 | 1066 | Pedro Marques | 00:33:19 | 01:06:09 | 01:05:04 | 948 | GC Estrelas da Amadora | V40 | 150 |
| 953 | 879 | Manuel Prates | 00:33:33 | 01:06:13 | 01:05:21 | 950 | Atletismo Vidense | V40 | 151 |
| 954 | 880 | Sara Prates | 00:33:33 | 01:06:13 | 01:05:21 | 951 | Atletismo Vidense | V35 | 40 |
| 955 | 34 | Paulo Rodrigues | 00:32:53 | 01:06:23 | 01:05:21 | 952 | | Senior | 131 |
| 956 | 1297 | Mário Dias | 00:34:43 | 01:06:31 | 01:06:00 | 958 | Marretas | V45 | 141 |
| 957 | 1296 | Filipe Romão | 00:34:30 | 01:06:31 | 01:06:01 | 959 | Marretas | V40 | 152 |
| 958 | 1077 | Jacinta Almeida | 00:32:49 | 01:06:39 | 01:06:26 | 965 | Rail Runners | V50 | 12 |
| 959 | 59 | Eduardo Pestana | 00:33:27 | 01:06:41 | 01:05:48 | 957 | Kaninos | V35 | 126 |
| 960 | 369 | Fátima Flora | 00:33:11 | 01:06:43 | 01:06:05 | 961 | Correr Lisboa | V45 | 34 |



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| Class. | Dorsal | Atleta | Tempo 5 Km | Tempo Oficial | Tempo Chip | Class. Chip | Clube | Escalão | Class. Escalão |
|--------|--------|--------------------|---------------|------------------|---------------|----------------|---|---------|-------------------|
| 961 | 95 | Sofia Carvalho | 00:34:00 | 01:06:45 | 01:05:36 | 954 | | V45 | 35 |
| 962 | 108 | Beatriz Figueiredo | 00:31:50 | 01:06:49 | 01:06:31 | 967 | | V40 | 42 |
| 963 | 538 | Carlos Crespo | 00:34:23 | 01:07:11 | 01:06:03 | 960 | | V50 | 89 |
| 964 | 42 | Ana Chatillon | 00:33:23 | 01:07:13 | 01:06:26 | 966 | Chatillon | Senior | 31 |
| 965 | 290 | Luis Torrão | 00:34:14 | 01:07:15 | 01:06:25 | 964 | G.D.C.T. REPSOL POLÍMEROS | V60 | 39 |
| 966 | 972 | Carla Miranda | 00:33:48 | 01:07:19 | 01:06:12 | 963 | | V40 | 43 |
| 967 | 159 | Luísa Penela | 00:32:55 | 01:07:27 | 01:07:15 | 969 | | V35 | 41 |
| 968 | 933 | Maria Andrade | 00:34:45 | 01:07:31 | 01:06:10 | 962 | | V55 | 9 |
| 969 | 1343 | Ana Seabra | 00:33:58 | 01:07:32 | 01:07:18 | 971 | | V50 | 13 |
| 970 | 479 | Ricardo Leitão | 00:33:58 | 01:07:32 | 01:07:15 | 970 | | V40 | 153 |
| 971 | 404 | Beatriz Franco | 00:33:48 | 01:07:53 | 01:07:03 | 968 | CLUBE DESPORTIVO ESTRELA | V60 | 5 |
| 972 | 461 | Celia Azenha | 00:33:48 | 01:07:53 | 01:07:43 | 976 | Associação de Atletismo Lebres do Sado | V50 | 14 |
| 973 | 1004 | Maria Ffwpu | 00:33:41 | 01:07:58 | 01:07:47 | 977 | Federação da Família para a Paz Mundial e Unifi | V70 | 1 |
| 974 | 626 | José Elias | 00:34:54 | 01:08:04 | 01:07:28 | 973 | | V45 | 142 |
| 975 | 625 | Carlos Maruta | 00:34:55 | 01:08:04 | 01:07:29 | 974 | | V35 | 127 |
| 976 | 414 | Sonia Ferreira | 00:32:42 | 01:08:15 | 01:08:06 | 984 | Casa do Benfica Algueirão Mem Martins | V35 | 42 |
| 977 | 136 | Orlando Sousa | 00:34:03 | 01:08:21 | 01:07:27 | 972 | CCDTMETROLX | V50 | 90 |
| 978 | 773 | Marta Emidio | 00:34:31 | 01:08:32 | 01:07:42 | 975 | | Senior | 32 |
| 979 | 249 | Ana Serra | 00:35:30 | 01:08:37 | 01:07:54 | 981 | Matilha da Atalaia | V40 | 44 |
| 980 | 714 | António Guedes | 00:34:03 | 01:08:39 | 01:07:52 | 978 | AÇOREANA | V45 | 143 |



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| <i>Class.</i> | <i>Dorsal</i> | <i>Atleta</i> | <i>Tempo 5 Km</i> | <i>Tempo Oficial</i> | <i>Tempo Chip</i> | <i>Class. Chip</i> | <i>Clube</i> | <i>Escalão</i> | <i>Class. Escalão</i> |
|---------------|---------------|------------------|-----------------------|--------------------------|-----------------------|------------------------|---------------------|----------------|---------------------------|
| 981 | 713 | Tam Afonso | 00:34:02 | 01:08:39 | 01:07:52 | 979 | AÇOREANA | V60 | 40 |
| 982 | 715 | Sofia Guedes | 00:34:03 | 01:08:39 | 01:07:53 | 980 | AÇOREANA | V40 | 45 |
| 983 | 719 | Pedro Burquette | 00:34:03 | 01:08:39 | 01:07:54 | 982 | AÇOREANA | V40 | 154 |
| 984 | 718 | João Melo | 00:34:02 | 01:08:39 | 01:07:54 | 983 | AÇOREANA | Senior | 132 |
| 985 | 1272 | António Moura | 00:34:03 | 01:09:12 | 01:09:01 | 985 | | V60 | 41 |
| 986 | 952 | Raquel | 00:34:30 | 01:09:42 | 01:09:23 | 987 | DDN | V35 | 43 |
| 987 | 627 | Maria Neves | 00:34:53 | 01:09:50 | 01:09:31 | 989 | | V55 | 10 |
| 988 | 1177 | Maria | 00:34:16 | 01:09:55 | 01:09:46 | 993 | DDN | V50 | 15 |
| 989 | 942 | Anabela | 00:35:00 | 01:10:04 | 01:09:54 | 994 | DDN | V50 | 16 |
| 990 | 944 | Susana | 00:34:33 | 01:10:04 | 01:09:54 | 995 | DDN | V35 | 44 |
| 991 | 1336 | Filomena Correia | 00:34:46 | 01:10:06 | 01:10:01 | 996 | | V60 | 42 |
| 992 | 58 | Carla Martins | 00:34:45 | 01:10:23 | 01:09:36 | 992 | Sawadee Team | Senior | 33 |
| 993 | 746 | Ana Lopes | 00:36:40 | 01:10:32 | 01:09:22 | 986 | | V45 | 36 |
| 994 | 1107 | Paulo Miranda | 00:36:40 | 01:10:35 | 01:09:26 | 988 | | V45 | 144 |
| 995 | 1254 | Polliana Mello | 00:35:50 | 01:10:37 | 01:10:01 | 997 | Correr Lisboa | Senior | 34 |
| 996 | 23 | Eberhard Wilhelm | 00:35:10 | 01:10:39 | 01:10:13 | 998 | 4 ao Km | V65 | 25 |
| 997 | 383 | Leonor Antunes | 00:35:52 | 01:10:42 | 01:09:34 | 990 | G A Monsanto Gascan | V55 | 11 |
| 998 | 378 | João Pinto | 00:35:52 | 01:10:42 | 01:09:34 | 991 | G A Monsanto Gascan | V55 | 62 |
| 999 | 904 | Sarah Miranda | 00:36:32 | 01:11:31 | 01:10:34 | 999 | | Senior | 35 |
| 1000 | 387 | Ana Sousa | 00:35:22 | 01:11:57 | 01:11:25 | 1001 | | V45 | 37 |



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| <i>Class.</i> | <i>Dorsal</i> | <i>Atleta</i> | <i>Tempo 5 Km</i> | <i>Tempo Oficial</i> | <i>Tempo Chip</i> | <i>Class. Chip</i> | <i>Clube</i> | <i>Escalão</i> | <i>Class. Escalão</i> |
|---------------|---------------|---------------------|-----------------------|--------------------------|-----------------------|------------------------|------------------------------|----------------|---------------------------|
| 1001 | 457 | Marina Marques | 00:35:37 | 01:12:00 | 01:11:46 | 1002 | ENJOADAS DO ASFALTO | V35 | 45 |
| 1002 | 101 | João Cachinho | 00:37:34 | 01:12:08 | 01:11:16 | 1000 | Kaninos | V65 | 26 |
| 1003 | 570 | Ana Venâncio | 00:36:19 | 01:13:19 | 01:12:44 | 1004 | JUNTA-TE À JUNTA | V40 | 46 |
| 1004 | 572 | Dolores Reis | 00:36:19 | 01:13:19 | 01:12:44 | 1005 | JUNTA-TE À JUNTA | V55 | 12 |
| 1005 | 813 | Rui Santos | 00:36:23 | 01:13:23 | 01:12:42 | 1003 | | V50 | 91 |
| 1006 | 899 | Vera Bexiga | 00:35:38 | 01:13:29 | 01:13:20 | 1007 | | V35 | 46 |
| 1007 | 676 | António Nascimento | 00:37:32 | 01:13:55 | 01:12:54 | 1006 | | V50 | 92 |
| 1008 | 1125 | Mário Resende | 00:37:14 | 01:14:46 | 01:13:57 | 1008 | Toka a Correr | V50 | 93 |
| 1009 | 15 | Lina Baia | 00:35:43 | 01:15:13 | 01:14:48 | 1013 | | Senior | 36 |
| 1010 | 402 | Júlia Tavares | 00:37:02 | 01:15:14 | 01:15:05 | 1015 | CLUBE DESPORTIVO ESTRELA | V65 | 2 |
| 1011 | 527 | Sandra Ferreira | 00:36:51 | 01:15:39 | 01:15:27 | 1016 | ENJOADAS DO ASFALTO | V45 | 38 |
| 1012 | 377 | Luis Antunes | 00:36:16 | 01:15:40 | 01:14:34 | 1009 | G A Monsanto Gascan | V50 | 94 |
| 1013 | 380 | Antonio Pardal | 00:35:53 | 01:15:41 | 01:14:35 | 1010 | G A Monsanto Gascan | V60 | 43 |
| 1014 | 150 | João Faria | 00:35:51 | 01:15:49 | 01:14:37 | 1011 | Coyote and Road Runner, Inc. | V35 | 128 |
| 1015 | 149 | Ivone Costa | 00:35:51 | 01:15:49 | 01:14:37 | 1012 | Coyote and Road Runner, Inc. | V35 | 47 |
| 1016 | 858 | José Amado | 00:37:39 | 01:16:10 | 01:15:01 | 1014 | CSB_RF | V60 | 44 |
| 1017 | 253 | Jorge Santos | 00:36:38 | 01:16:12 | 01:15:28 | 1017 | Matilha da Atalaia | V35 | 129 |
| 1018 | 965 | Ana Miranda | 00:37:34 | 01:16:43 | 01:16:02 | 1018 | | V40 | 47 |
| 1019 | 1219 | Paula Rodrigues | 00:37:35 | 01:16:43 | 01:16:02 | 1019 | | V35 | 48 |
| 1020 | 1365 | Francisco Mouchinho | 00:40:56 | 01:19:56 | 01:19:37 | 1020 | | V65 | 27 |



SÃO
SILVESTRE
AMADORA

CLASSIFICAÇÃO

31 DEZEMBRO '16

| <i>Class.</i> | <i>Dorsal</i> | <i>Atleta</i> | <i>Tempo 5 Km</i> | <i>Tempo Oficial</i> | <i>Tempo Chip</i> | <i>Class. Chip</i> | <i>Clube</i> | <i>Escalão</i> | <i>Class. Escalão</i> |
|---------------|---------------|------------------|-----------------------|--------------------------|-----------------------|------------------------|-----------------------|----------------|---------------------------|
| 1021 | 520 | Pedro Trabucho | 00:37:38 | 01:20:04 | 01:19:47 | 1021 | GD BANCO BPI | V50 | 95 |
| 1022 | 512 | Jorge Ribeiro | 00:40:55 | 01:20:53 | 01:19:47 | 1022 | | V65 | 28 |
| 1023 | 953 | João | 00:41:01 | 01:21:09 | 01:20:49 | 1023 | DDN | V35 | 130 |
| 1024 | 250 | Mafalda Segadães | 00:42:25 | 01:24:18 | 01:23:36 | 1024 | Matilha da Atalaia | V40 | 48 |
| 1025 | 1221 | Lucinda | 00:41:19 | 01:28:03 | 01:27:58 | 1027 | Freguesia de Venteira | V65 | 3 |
| 1026 | 877 | Filomena Barros | 00:41:32 | 01:28:03 | 01:27:41 | 1026 | QuartetoMaravilha | V45 | 39 |
| 1027 | 1011 | Marina Santos | 00:41:32 | 01:28:04 | 01:27:40 | 1025 | QuartetoMaravilha | V40 | 49 |