

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1	SÉRGIO SILVA	M	9289	00:15:43.90	00:31:22.61	00:31:22.61	Sport Lisboa e Benfica
2	CARLOS SILVA	M	8633	00:15:44.32	00:31:26.31	00:31:27.14	GFD Running
3	PAULO PINHEIRO	M	8811	00:15:43.96	00:31:39.52	00:31:39.52	
4	BRUNO FRAGA	M	8631	00:15:50.37	00:32:03.51	00:32:04.07	GFD Running
5	JOSE GASPAS	M	5041	00:15:50.68	00:32:12.21	00:32:12.21	Clube de Atletismo Odimarq
6	BRUNO VARELA	M	9998	00:16:04.15	00:32:16.51	00:32:16.51	NucleOeiras/SportZONE - ADNO
7	PEDRO ARSENIO	M	5040	00:16:04.36	00:32:16.29	00:32:17.01	Clube de Atletismo Odimarq
8	CARLOS CARDOSO	M	8632	00:15:50.25	00:32:21.90	00:32:21.90	GFD Running
9	NUNO CARRAÇA	M	6928		00:32:25.05	00:32:25.47	U.R.C.Abrunheira
10	MIGUEL PEREIRA	M	10000	00:15:46.14	00:32:36.65	00:32:36.74	
11	RUBEN ALEXANDRE NOBRE SILVA	M	9964	00:16:05.10	00:32:45.46	00:32:45.46	
12	HUMBERTO FRANÇÊS	M	9063	00:16:04.42	00:33:22.35	00:33:25.17	Maratona Clube de Portugal
13	LUIS RAÇOES	M	5042	00:16:15.39	00:33:48.49	00:33:49.03	Clube de Atletismo Odimarq
14	PEDRO CONCEIÇÃO	M	5968	00:16:12.87	00:34:04.27	00:34:04.99	LINDA-A-PASTORA SPORTING CLUBE
15	EUGÉNIO NETO	M	8635	00:16:45.45	00:34:11.79	00:34:12.01	GFD Running
16	NUNO ROMÃO	M	8644	00:16:45.90	00:34:32.03	00:34:32.76	GFD Running
17	LUIS GINJA	M	8641	00:17:02.64	00:34:33.64	00:34:34.36	GFD Running
18	FILIFE ALVES JANUARIO	M	3759		00:34:35.36	00:34:37.93	CLUBE MILLENNIUM BCP
19	DAVID FERNANDES	M	4497	00:17:10.12	00:34:46.09	00:34:47.84	GRD Os Fixes
20	LUÍS SILVA	M	4781	00:17:45.27	00:34:50.52	00:34:54.88	CR Leões de Porto Salvo
21	ANTONIO PINTO	M	4483	00:17:10.61	00:35:03.62	00:35:04.44	GRD Os Fixes
22	JOÃO PEFRO FERREIRA PEREIRA	M	7639	00:17:37.00	00:35:14.23	00:35:15.70	
23	FERNANDO ALLEN	M	6885		00:35:16.35	00:35:16.53	
24	JOSÉ ANTUNES	M	8639	00:17:15.58	00:35:17.81	00:35:18.88	GFD Running
25	DIOGO MORGADO	M	4976	00:17:39.50	00:35:22.74	00:35:23.14	LINDA-A-PASTORA SPORTING CLUBE
26	PAULO ROLA	M	4855	00:17:24.54	00:35:22.93	00:35:23.20	Naza-Aboboda
27	RICARDO MESTRE	M	6770	00:17:37.62	00:35:31.23	00:35:31.23	NucleOeiras/SportZONE - ADNO
28	HUGO RODRIGUES	M	6746	00:17:36.27	00:35:32.37	00:35:32.37	NucleOeiras/SportZONE - ADNO
29	DIOGO RAMALHEIRA	M	2784	00:16:53.27	00:35:33.65	00:35:36.58	
30	PEDRO CARREIRA	M	1716	00:17:36.30	00:35:37.29	00:35:39.49	
31	JOSE MONTEIRO	M	9533	00:17:49.02	00:35:47.49	00:35:48.33	Sportzone
32	BRUNO GONÇALO LOURENÇO	M	5109	00:17:51.04	00:35:55.06	00:35:55.48	Holmes Place Algés - Fit 2 Run
33	VITOR TAVARES MARQUES	M	7736	00:17:47.90	00:35:56.55	00:35:57.38	Ass Para-quedistas Tejo Norte
34	GONÇALO CASIMIRO	M	9065	00:18:05.02	00:35:59.22	00:36:02.70	Maratona Clube de Portugal
35	MARIO CASSACA	M	5083	00:17:46.51	00:35:58.89	00:36:03.50	Clube de Atletismo Odimarq
36	HUGO GANCHAS	M	8650	00:17:37.20	00:36:16.06	00:36:18.03	GFD Running
37	JOÃO PEDRO DA SILVA FONTE-BOA	M	6366	00:17:48.12	00:36:20.45	00:36:23.49	Clube de Atletismo Odimarq
38	RICARDO BARBOSA	M	8651	00:17:37.00	00:36:26.19	00:36:27.66	GFD Running
39	PAULO MOREIRA	M	8645	00:17:59.97	00:36:29.85	00:36:32.00	GFD Running
40	NUNO GONÇALVES	M	9889	00:18:04.90	00:36:32.75	00:36:35.77	
41	JOSÉ CARLOS CAMACHO	M	4992	00:17:47.63	00:36:45.39	00:36:46.14	LINDA-A-PASTORA SPORTING CLUBE
42	ANDRE ALVES JANUARIO	M	3758		00:36:44.50	00:36:48.90	CLUBE MILLENNIUM BCP
43	ERNESTO FERREIRA	M	8603	00:18:04.95	00:36:51.61	00:36:52.58	GFD Running
44	JOSE FERREIRA	M	6753	00:17:59.92	00:36:52.21	00:36:56.90	NucleOeiras/SportZONE - ADNO
45	LUÍS FILIPE TERRINHA OLIVEIRA	M	8193	00:18:06.02	00:37:04.63	00:37:08.13	
46	TIAGO CORVO	M	5183	00:18:41.64	00:37:12.31	00:37:15.21	
47	NUNO SILVA	M	2304	00:18:08.10	00:37:14.34	00:37:16.16	Clube Atletismo Amigos Belém
48	VÍTOR OLIVEIRA	M	3254	00:18:58.47	00:37:11.28	00:37:16.29	Weventual 2
49	JOSE TEIXEIRA	M	6752	00:18:05.25	00:37:14.20	00:37:17.96	NucleOeiras/SportZONE - ADNO
50	LICINIO PEREIRA	M	8011	00:18:24.84	00:37:10.70	00:37:18.24	
51	JOSÉ MÁRIO RIBEIRO	M	8434	00:18:19.44	00:37:16.97	00:37:18.95	
52	SÉRGIO SANTOS	M	9279	00:18:55.37	00:37:16.57	00:37:19.01	
53	NUNO RAPOSO	M	3478	00:18:20.72	00:37:16.31	00:37:20.15	Volkswagen Autoeuropa
54	JOSÉ GIL	M	4993	00:18:21.69	00:37:20.78	00:37:21.44	LINDA-A-PASTORA SPORTING CLUBE
55	PEDRO MESTRE	M	7497	00:18:55.42	00:37:22.65	00:37:25.39	
56	MARCO QUEDAS	M	9671	00:18:13.28	00:37:24.87	00:37:26.30	Clube de Atletismo Odimarq
57	PEDRO MIGUEL FERNANDES CARVALHO	M	6636	00:18:42.24	00:37:17.59	00:37:27.88	
58	JOAO DANIEL FERREIRA	M	8064	00:18:20.41	00:37:26.17	00:37:29.92	
59	ANTÓNIO MURTEIRA	M	4714	00:18:22.79	00:37:27.68	00:37:31.58	CR Leões de Porto Salvo
60	JOÃO ANTÓNIO	M	7878	00:18:27.37	00:37:34.51	00:37:37.00	CDC Nave
61	NUNO ANDRÉ FERREIRA GRACA	M	6348	00:18:40.90	00:37:35.24	00:37:38.24	BP2SEA
62	RICARDO PEREIRA	M	4717	00:18:27.02	00:37:33.76	00:37:39.07	CR Leões de Porto Salvo
63	ANTÓNIO RODRIGUES	M	2714	00:18:26.54	00:37:37.82	00:37:41.93	
64	MANUEL FREIRE DA SILVA	M	2806	00:18:39.98	00:37:40.72	00:37:44.05	
65	LUIS BARATA	M	6756	00:18:37.62	00:37:44.57	00:37:45.02	NucleOeiras/SportZONE - ADNO
66	ELIAS MONTEIRO FORTES	M	5774	00:18:10.78	00:37:54.00	00:37:56.51	
67	RUI GOMINHO	M	7101	00:19:10.66	00:37:53.35	00:37:59.56	
68	DAVID VILAS	M	4780	00:18:37.34	00:37:58.96	00:38:01.08	CR Leões de Porto Salvo
69	DIOGO CALMEIRO	M	6717	00:18:10.87	00:37:58.98	00:38:03.31	
70	ANTONIO SIMÕES	M	6813	00:18:56.31	00:38:01.92	00:38:06.49	G D C BANCO DE PORTUGAL
71	LUÍS MIRA NUNES	M	9868	00:19:18.72	00:37:59.90	00:38:09.32	
72	JOAQUIM ANTUNES	M	7735	00:18:54.37	00:38:06.36	00:38:13.06	Ass Para-quedistas Tejo Norte
73	JOSE MIGUEL CORREIA	M	6994	00:18:53.77	00:38:07.50	00:38:14.42	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
74	JOÃO MANUEL DA SILVA	M	7386	00:18:29.77	00:38:12.82	00:38:14.64	Naza-Aboboda
75	PEDRO SOBRAL	M	8619	00:18:57.67	00:38:13.13	00:38:15.00	GFD Running
76	PEDRO MOTA	M	8618	00:19:11.78	00:38:10.98	00:38:18.17	GFD Running
77	PEDRO A MARQUES	M	890	00:18:56.91	00:38:10.33	00:38:19.97	
78	SUSANA CUNHA	F	5018	00:19:00.91	00:38:20.30	00:38:20.62	LINDA-A-PASTORA SPORTING CLUBE
79	FERNANDO ARTUR MELO DE MIRANDA	M	7177	00:19:00.86	00:38:15.51	00:38:20.75	
80	ARETINO MOTA	M	4950	00:18:45.35	00:38:20.05	00:38:20.88	LINDA-A-PASTORA SPORTING CLUBE
81	JOSÉ BARRINHA	M	7206	00:18:47.29	00:38:23.76	00:38:25.29	CLUBE DESPORTIVO VILA FRIA
82	JOÃO CARLOS GOMES	M	3408	00:18:59.43	00:38:31.67	00:38:36.31	Clube Pessoal EDP - Lisboa
83	RUI FILIPE VICENTE	M	4417	00:19:32.38	00:38:23.36	00:38:39.28	BVB Bombarral
84	AFONSO MOREIRA	M	4782	00:19:07.59	00:38:36.09	00:38:40.78	CR Leões de Porto Salvo
85	ANDRÉ FILIPE LOPES GAGA	M	8563	00:19:00.03	00:38:32.91	00:38:41.22	
86	FRANCISCO LANETA	M	5633	00:18:54.95	00:38:35.71	00:38:44.49	GRD Ribeira da Lage
87	JORGE CORREIA	M	8638	00:19:23.46	00:38:38.81	00:38:45.65	GFD Running
88	PEDRO CHAGAS BRAVO	M	2014	00:18:54.06	00:38:40.30	00:38:45.83	
89	PEDRO CAVILHAS	M	6657		00:38:49.75	00:38:49.75	
90	LUÍS A. M. REIS	M	4096	00:18:38.99	00:38:49.81	00:38:50.24	
91	SÉRGIO PAULO DA SILVA FAIA	M	3395	00:19:23.66	00:38:18.65	00:38:51.54	
92	LUÍS MIGUEL SANTOS	M	2634		00:38:39.15	00:38:52.37	LUSO-ATLÁNTICA SA
93	LUÍS FERNANDES	M	9061	00:19:58.39	00:38:49.39	00:38:55.18	Maratona Clube de Portugal
94	RUI HENRIQUES	M	7134	00:18:53.71	00:38:52.88	00:38:56.01	
95	LUÍS RIO	M	6810	00:18:56.66	00:38:53.71	00:38:58.64	G D C BANCO DE PORTUGAL
96	AURELIO AGUIAR	M	8423	00:18:57.89	00:39:01.13	00:39:01.63	
97	RODRIGO NOIVO	M	1133	00:18:25.65	00:38:53.33	00:39:01.89	
98	LUIS FERNANDES	M	8023	00:19:37.04	00:39:06.41	00:39:10.10	
99	RUI CABEÇAS	M	7535	00:19:29.12	00:39:00.08	00:39:12.02	
100	CELSO PINTO	M	7484	00:20:30.02	00:37:31.58	00:39:13.46	
101	ROMEU CORREIA	M	8459	00:19:42.98	00:39:02.86	00:39:14.11	
102	ÉLIO MACIEIRA BARREIRA	M	6649	00:19:10.52	00:39:11.39	00:39:14.86	
103	ARTUR DUARTE	M	2037	00:19:26.97	00:39:19.04	00:39:19.04	
104	NUNO MIGUEL LOPES RAPOSO	M	6698	00:20:01.37	00:39:09.97	00:39:21.13	
105	BERNARDO SILVEIRA	M	9180	00:19:02.44	00:39:24.41	00:39:24.71	
106	LUIS FINO	M	7834	00:19:54.63	00:39:19.53	00:39:25.07	
107	MARIO BOUCINHA	M	7668	00:19:35.79	00:39:04.96	00:39:26.35	
108	JOÃO VIEIRA	M	8637	00:19:28.68	00:39:20.40	00:39:26.80	GFD Running
109	JOSÉ MARIA FERREIRA	M	8155	00:18:58.52	00:39:20.36	00:39:27.37	
110	LUIS FERNADES	M	5652		00:39:28.50	00:39:28.50	GRD Ribeira da Lage
111	JOÃO PEDRO DO ROSÁRIO FERREIRA	M	8668	00:19:26.77	00:39:24.83	00:39:30.59	
112	ANDRÉ JESUS	M	8267	00:20:08.89	00:38:39.77	00:39:30.92	
113	LUIS FILIPE CARDOSO	M	9924	00:19:20.33	00:39:14.88	00:39:31.95	
114	JOÃO LOURENÇO	M	6748	00:19:35.78	00:39:20.94	00:39:34.53	NucleOeiras/SportZONE - ADNO
115	DAVID NOGUEIRA	M	9062	00:18:47.55	00:39:35.67	00:39:36.08	Maratona Clube de Portugal
116	ANTÓNIO VARANDAS	M	7622	00:19:52.92	00:39:28.33	00:39:36.71	
117	HUGO AFONSO	M	4778	00:18:37.20	00:39:35.71	00:39:37.47	CR Leões de Porto Salvo
118	NUNO BALAS	M	6646	00:19:22.45	00:39:32.02	00:39:40.40	
119	FRANCISCO PEDROSO	M	9591	00:19:09.98	00:39:24.75	00:39:40.93	
120	LUIS TOMÉ	M	4930	00:19:56.44	00:39:21.68	00:39:41.30	SERUL
121	FRANCISCO SACADURA	M	8414	00:19:25.42	00:39:22.05	00:39:41.32	
122	VASCO TAVARES	M	9338	00:19:31.56	00:39:36.58	00:39:41.42	Correr Lisboa, --
123	RICHARDSON FERREIRA	M	3221	00:19:51.28	00:39:32.83	00:39:41.70	G.D.R. São Francisco da Serra
124	MONICA MOREIRAS	F	6763	00:19:42.25	00:39:41.26	00:39:42.12	NucleOeiras/SportZONE - ADNO
125	LUIS SALES	M	8012		00:39:39.26	00:39:43.96	
126	RUI CAMPOS	M	6540	00:19:31.55	00:39:36.04	00:39:43.98	Garmin Clube Olímpico Oeiras
127	JOÃO MEDEIRO	M	6529	00:19:41.93	00:39:38.35	00:39:45.00	Garmin Clube Olímpico Oeiras
128	FERNANDO GOMES	M	4693	00:19:28.22	00:39:41.25	00:39:45.41	Unidos da Manutenção
129	JOSÉ GEADAS	M	9563	00:19:15.08	00:39:41.07	00:39:46.92	
130	SAMUEL GALVEIA	M	4620	00:19:50.98	00:39:39.41	00:39:47.27	Ass. Atletismo Lebres do Sado
131	MARCO VELOSO	M	4999		00:39:47.11	00:39:48.43	LINDA-A-PASTORA SPORTING CLUBE
132	ANTÓNIO MOUTA	M	4524	00:19:25.44	00:39:48.58	00:39:48.58	
133	FERNANDO PEREIRA	M	8606	00:20:01.30	00:39:43.03	00:39:48.78	GFD Running
134	MARCO MELO	M	4136	00:19:35.94	00:39:42.24	00:39:49.07	SCALABIS NIGHT RUNNERS
135	LUIS NEIVA LUCIANO	M	7387	00:19:39.85	00:39:39.17	00:39:49.32	Naza-Aboboda
136	FELIX PAULOS	M	4496	00:19:35.53	00:39:46.48	00:39:51.15	GRD Os Fixes
137	JOÃO ALFREDO AFONSO	M	9917	00:20:01.56	00:39:43.37	00:39:53.82	
138	SÉRGIO TAVARES	M	9631	00:18:58.55	00:39:45.60	00:39:54.58	
139	ORLANDO RAMOS	M	4065	00:19:48.60	00:39:46.58	00:39:56.15	
140	NUNO MIGUEL ALMEIDA	M	6533	00:19:32.56	00:39:51.59	00:39:57.74	Garmin Clube Olímpico Oeiras
141	ARMANDO PESSOA	M	6201	00:19:18.77	00:39:54.26	00:40:00.13	SS CGD
142	DIOGO SIMÕES DA SILVA SOARES	M	7615	00:19:57.89	00:39:47.27	00:40:01.30	
143	RICARDO SANTOS	M	6539	00:19:51.84	00:39:57.55	00:40:01.32	Garmin Clube Olímpico Oeiras
144	GIL XAVIER ALVES	M	4579	00:19:34.92	00:39:57.27	00:40:01.94	Unidos da Manutenção
145	FERNANDO RODRIGUES	M	3092	00:19:53.73	00:39:52.77	00:40:03.55	
146	NUNO GOMES	M	6669	00:19:54.83	00:40:08.07	00:40:19.35	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
147	PEDRO ALVES SANTOS MARTINS	M	3705	00:20:08.71	00:40:06.53	00:40:19.87	CLUBE MILLENNIUM BCP
148	LICÍNIO FIDALGO	M	2877	00:20:25.24	00:40:08.19	00:40:20.44	Câmara Lisboa Clube
149	CARLOS MENDES	M	4772	00:19:57.00	00:40:19.06	00:40:21.00	CR Leões de Porto Salvo
150	PEDRO GONÇALVES	M	2227	00:20:06.41	00:40:06.97	00:40:21.24	Road Runners
151	LUÍS VENÂNCIO OLIVEIRA	M	6921	00:20:01.91	00:40:13.20	00:40:21.75	
152	MIGUEL BATISTA RIBEIRO DOS SANTOS	M	8041	00:20:02.57	00:40:16.33	00:40:23.66	Clube Desportivo da Novabase
153	PAULO FERREIRA	M	5762	00:20:01.67	00:40:19.53	00:40:25.44	
154	RUI BENTO MAIA	M	1046	00:19:57.75	00:40:12.30	00:40:25.64	
155	CÉU NUNES	F	8249	00:19:42.76	00:40:25.81	00:40:25.81	Correr Lisboa
156	JOSE ESTEVES	M	2393	00:19:48.89	00:40:21.99	00:40:26.86	
157	HELDER ALMEIDA	M	9594	00:20:19.62	00:40:20.98	00:40:29.45	
158	FERNANDO VICENTE	M	1006	00:20:01.68	00:40:22.50	00:40:30.76	
159	ALEXANDRA CARDÃO	F	1564	00:19:57.96	00:39:47.96	00:40:32.78	CCD Loures-Correr para Viver+
160	PAULO HERMEZILHA	M	9580	00:19:19.81	00:40:35.37	00:40:36.84	
161	RODRIGO SANTOS	M	6773	00:20:20.79	00:40:32.21	00:40:39.20	NucleOeiras/SportZONE - ADNO
162	LUÍS DE BORJA SANTOS NEVES FRANCO	M	5518	00:20:15.07	00:40:30.11	00:40:39.39	INDEG
163	WILSON BENTO	M	8733	00:19:35.86	00:40:35.82	00:40:40.16	
164	FRANCISCO JOSE LOPES PALMA GOMES	M	5186	00:20:00.05	00:40:29.93	00:40:40.47	
165	MANUEL SOARES	M	4578	00:20:00.68	00:40:33.09	00:40:41.73	Unidos da Manutenção
166	RAQUEL CRISTINA FRADE CABAÇO	F	1925	00:19:58.92	00:40:39.93	00:40:42.48	Grupo Desportivo Diana
167	TIAGO CRUZ	M	6904	00:19:35.66	00:40:29.85	00:40:42.83	
168	JOÃO MANUEL DOS SANTOS ANDRÉ	M	1924	00:19:59.09	00:40:40.20	00:40:42.83	Grupo Desportivo Diana
169	DIOGO ARAÚJO	M	7158	00:19:56.81	00:40:41.20	00:40:45.97	
170	EDGAR GEADA	M	4978	00:19:50.16	00:40:44.17	00:40:46.82	LINDA-A-PASTORA SPORTING CLUBE
171	GONÇALO FRANCISCO	M	1244		00:40:47.24	00:40:47.24	u.r.d.arranhô
172	SÉRGIO PAIVA	M	3172	00:19:41.88	00:40:46.37	00:40:47.43	
173	INOCÊNCIO AMORIM	M	4738	00:20:27.81	00:40:40.71	00:40:48.82	Grupo Desportivo de Barcarena
174	MARCOS OLIVEIRA	M	3625	00:20:19.00	00:40:41.85	00:40:49.28	gdine
175	JOSÉ JORGE	M	739	00:20:24.31	00:40:32.26	00:40:49.65	
176	NICOLAU TEISSEIRE MOREIRA	M	8440	00:19:50.36	00:40:43.59	00:40:50.10	
177	NUNO GONÇALO	M	7935	00:20:21.24	00:40:43.16	00:40:50.79	
178	LUIS REBELO	M	5247	00:19:45.48	00:40:45.98	00:40:51.40	
179	NÉLIO CARVALHO	M	3896	00:19:03.38	00:40:49.64	00:40:53.69	SCALABIS NIGHT RUNNERS
180	TIAGO VERMELHO	M	5642	00:20:04.78	00:40:31.01	00:40:54.40	GRD Ribeira da Lage
181	PATRICK COELHO BORGES DOS REIS	M	6015	00:20:49.77	00:40:41.11	00:40:55.43	
182	PAULO JOSÉ FERREIRA GONÇALVES	M	7281	00:20:25.36	00:40:46.40	00:41:00.29	
183	JOSÉ BRITO	M	4854	00:20:00.72	00:40:51.27	00:41:00.54	Naza-Aboboda
184	GABRIEL CARDOSO	M	7293	00:20:48.75	00:40:28.19	00:41:00.57	CascaGrossista
185	MIGUEL OLIVEIRA	M	4746	00:20:38.67	00:40:53.88	00:41:01.90	Grupo Desportivo de Barcarena
186	CARLOS TIAGO	M	2498	00:19:43.74	00:40:57.77	00:41:02.75	Keep Running
187	SÉRGIO SEROMENHO	M	7879	00:20:46.37	00:40:55.85	00:41:03.92	CDC Nave
188	FRANCISCO LOPES	M	2027	00:20:02.45	00:40:51.53	00:41:04.01	Volkswagen Autoeuropa
189	PAULO SALVADOR P. RODRIGUES	M	1988	00:20:02.63	00:40:59.58	00:41:06.31	
190	LUIS AGUIAR	M	1476	00:20:27.92	00:40:58.27	00:41:06.48	
191	PEDRO GOMES	M	8938	00:20:07.63	00:40:59.76	00:41:10.17	F.S.C.D. da CBSS
192	ORLANDO SILVA	M	3319	00:19:59.36	00:41:05.68	00:41:10.69	CCDTMetroLX
193	MIGUEL GASPAS	M	6762	00:20:31.87	00:41:03.14	00:41:15.34	NucleOeiras/SportZONE - ADNO
194	TIAGO VIANA MACHADO	M	8941	00:19:50.74	00:41:05.69	00:41:15.46	
195	DANIEL DA SILVA	M	2805	00:20:07.97	00:41:12.03	00:41:17.10	
196	NUNO RAPOSEIRO	M	6764	00:19:37.34	00:41:16.64	00:41:18.27	NucleOeiras/SportZONE - ADNO
197	JOSÉ A LEMOS	M	4826	00:20:17.96	00:41:14.95	00:41:20.64	Valejas Atlético Clube
198	PEDRO RODRIGUES	M	8620	00:20:43.63	00:41:14.39	00:41:22.44	GFD Running
199	MARCOS MENDES	M	976	00:21:42.93	00:40:28.17	00:41:22.84	
200	GONÇALO SANTOS	M	4280	00:20:47.40	00:41:14.62	00:41:23.39	GDC Porto Sines
201	JOÃO MARTINS	M	4860	00:19:40.49	00:41:20.11	00:41:23.74	Beletrans S.A.
202	ALEXANDRE CANTIGA	M	4253	00:20:02.39	00:41:16.64	00:41:24.84	
203	NUNO SANTOS	M	4886	00:20:21.05	00:41:13.56	00:41:25.51	GRCD Leião
204	HUGO NALHA	M	510	00:20:03.60	00:41:19.01	00:41:26.62	
205	MANUEL FIGUEIREDO	M	5640	00:20:10.42	00:41:17.26	00:41:27.57	GRD Ribeira da Lage
206	FRANCISCO DE OLIVEIRA RATO	M	3752	00:21:51.11	00:39:58.57	00:41:28.52	CLUBE MILLENNIUM BCP
207	RUI PEDRO JULIAO	M	201	00:20:18.00	00:41:18.73	00:41:28.63	Georunners
208	PAULO SILVA	M	6115	00:20:01.76	00:41:25.35	00:41:33.00	
209	ANABELA DELGADO	F	4465	00:20:19.74	00:41:31.62	00:41:33.46	GRD Os Fixes
210	MIGUEL ALEXANDRE SANTOS NUNES	M	691	00:19:57.03	00:41:27.52	00:41:33.81	
211	BRUNO SOUSA	M	1055	00:19:24.85	00:41:29.82	00:41:36.08	hot runners
212	LUIS MENDES	M	2751	00:20:23.68	00:41:20.69	00:41:36.17	
213	LUIS CARLOS SANTOS	M	4995	00:20:06.45	00:41:36.95	00:41:36.95	LINDA-A-PASTORA SPORTING CLUBE
214	ANTONIO LOPES	M	6706	00:20:12.89	00:41:33.77	00:41:38.63	NucleOeiras/SportZONE - ADNO
215	JOSÉ CORRÊA DE BARROS	M	7995	00:20:06.30	00:41:33.83	00:41:38.70	
216	MIGUEL ÂNGELO TOMÉ	M	218	00:19:50.55	00:41:29.70	00:41:38.92	
217	TIAGO CASTELA	M	2366	00:20:30.84	00:41:26.69	00:41:40.16	
218	RUI CANDEIAS	M	3222	00:20:01.51	00:41:32.77	00:41:41.39	G.D.R. São Francisco da Serra
219	PAULO DIAS	M	6766	00:20:01.42	00:41:41.54	00:41:41.54	NucleOeiras/SportZONE - ADNO

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
220	VASCO FARIA	M	6555	00:20:02.71	00:41:35.90	00:41:41.73	
221	ANDRÉ QUARENTA	M	4342	00:20:42.37	00:41:31.78	00:41:41.75	Açoreana Clube Banif
222	VANESSA AGULHA	F	6777	00:20:03.80	00:41:40.68	00:41:41.94	NucleOeiras/SportZONE - ADNO
223	MARCOS ANTONIO PEREIRA	M	5696	00:20:54.33	00:41:34.06	00:41:42.85	
224	LUÍS PREGO	M	4996	00:20:41.11	00:41:38.42	00:41:44.58	LINDA-A-PASTORA SPORTING CLUBE
225	TIAGO MARQUES TRINDADE	M	4199	00:21:10.72	00:41:32.90	00:41:45.33	
226	FILIPPE TORRES	M	839	00:20:52.13	00:41:35.45	00:41:46.13	Follow Runs
227	JULIO MANUEL FINOTE DE ALMEIDA	M	4555	00:21:13.10	00:41:34.07	00:41:47.19	CCD Sintrense
228	FERNANDO FARINHA	M	1146	00:20:22.65	00:41:39.39	00:41:48.01	
229	JOSÉ MANUEL ARAGÃO	M	417	00:20:23.51	00:41:40.91	00:41:50.05	
230	DIOGO TEIXEIRA	M	9372	00:21:22.51	00:40:16.58	00:41:51.04	
231	GONÇALO FERREIRA	M	9188	00:20:30.86	00:41:50.07	00:41:51.35	
232	NUNO LINO	M	4634	00:20:10.70	00:41:45.19	00:41:51.81	Correr Lisboa
233	SIMÃO SEIÇA	M	425	00:20:00.81	00:41:43.13	00:41:52.36	
234	JOSÉ BAPTISTA	M	7215	00:20:18.15	00:41:38.86	00:41:52.65	CLUBE DESPORTIVO VILA FRIA
235	PAULO SILVA	M	8648	00:20:14.93	00:41:46.86	00:41:53.30	GFD Running
236	ANTÓNIO SILVA	M	4946	00:20:04.29	00:41:46.04	00:41:54.09	LINDA-A-PASTORA SPORTING CLUBE
237	JOAO CALDAS	M	4458	00:20:04.46	00:41:49.59	00:41:55.36	NUCLEO DESPORTIVO AUTOCOOPE
238	BRUNO BRITO	M	9545	00:20:45.67	00:41:55.69	00:41:57.39	Sportzone
239	SANCHO TAVARES	M	5922	00:19:41.95	00:41:56.20	00:41:58.14	Keep Running
240	JOÃO PASTOR	M	2753	00:20:41.30	00:41:50.91	00:41:58.64	
241	ANTONIO JOSE PASCOAL BRAGA	M	3663	00:20:46.64	00:41:54.30	00:41:59.16	CLUBE MILLENNIUM BCP
242	RENATO VIEIRA	M	4397	00:20:31.69	00:41:36.03	00:41:59.33	Açoreana Clube Banif
243	PAULO PACHECO	M	1896		00:41:38.10	00:41:59.49	Friends2Run
244	RICARDO PITA	M	2880	00:20:30.68	00:41:47.83	00:41:59.57	Câmara Lisboa Clube
245	FERNANDO SOUSA	M	5620	00:20:19.39	00:41:54.46	00:41:59.59	GRD Ribeira da Lage
246	VITOR SOUSA	M	8628	00:20:53.68	00:41:48.43	00:41:59.80	GFD Running
247	REINALDO RODRIGUES	M	2282	00:20:37.96	00:41:48.30	00:42:00.93	Volkswagen Autoeuropa
248	LUÍS ALBUQUERQUE	M	4372	00:21:15.93	00:41:54.73	00:42:01.89	Açoreana Clube Banif
249	MARCO CAMPOS	M	1002	00:20:38.79	00:41:45.67	00:42:02.05	
250	PAULO MARQUES	M	3832	00:19:47.40	00:41:55.03	00:42:02.17	Amigos Atletismo Mafra
251	RUI SOEIRO	M	470	00:20:32.33	00:41:45.42	00:42:04.87	Só Mais um Blog de Corrida
252	TIAGO MACHADO	M	2324	00:20:58.28	00:41:53.66	00:42:05.91	
253	JOÃO MARQUES	M	8604	00:21:20.02	00:42:06.35	00:42:06.82	GFD Running
254	NUNO GONÇALVES	M	2803	00:20:42.90	00:41:41.09	00:42:07.35	
255	VALTER SOARES	M	3224	00:21:32.57	00:41:57.51	00:42:08.10	G.D.R. São Francisco da Serra
256	ANTONIO SABIDO	M	6707	00:20:03.51	00:42:04.98	00:42:09.02	NucleOeiras/SportZONE - ADNO
257	IVO NOGUEIRA	M	2884	00:20:30.59	00:41:59.15	00:42:09.43	Câmara Lisboa Clube
258	SAMUEL CASTELA	M	5045	00:20:51.01	00:41:53.86	00:42:10.07	
259	VITOR PEREIRA	M	2166	00:20:44.21	00:41:57.08	00:42:11.71	
260	JOÃO AMARO	M	289	00:20:53.11	00:41:52.45	00:42:13.63	Clube Desportivo TCPI
261	RICARDO JORDÃO	M	5687	00:22:01.89	00:40:40.79	00:42:14.55	A minha corrida / Fitness Hut, --
262	JOSÉ MOREIRA	M	863	00:20:27.77	00:42:14.89	00:42:16.08	CCDT do Município de Odivelas
263	ANTÓNIO PIRES	M	3226	00:21:16.81	00:42:05.48	00:42:16.36	G.D.R. São Francisco da Serra
264	LUÍS ANDRÉ PISCO	M	1385	00:21:05.42	00:42:00.86	00:42:17.09	
265	JOÃO COUTINHO	M	1870	00:21:01.58	00:42:03.18	00:42:22.25	Correr Lisboa
266	MÁRIO MARQUES	M	7278		00:42:10.91	00:42:22.35	Kalorias Runners
267	GONÇALO CORREIA SOEIRO	M	6091	00:21:49.92	00:42:02.10	00:42:27.84	
268	JOÃO ALBERTO V. FREITAS	M	1877	00:20:57.90	00:42:18.24	00:42:28.45	
269	CARLOS PEDRO	M	4969	00:21:40.62	00:41:38.74	00:42:31.02	LINDA-A-PASTORA SPORTING CLUBE
270	GONÇALO CARVALHO	M	6056	00:21:02.60	00:42:22.77	00:42:33.63	
271	SERGIO SANTOS	M	5665	00:21:11.41	00:42:17.28	00:42:33.84	
272	JORGE MARTINHO	M	1735	00:20:48.79	00:42:21.54	00:42:34.58	Os Galgos
273	JOÃO DIAS	M	8497	00:20:45.19	00:42:34.96	00:42:34.96	Astrazeneca
274	NUNO MANUEL ALVES	M	263	00:20:11.47	00:42:25.00	00:42:36.49	
275	CARLOS MANUEL ALVES CAETANO	M	838	00:20:51.70	00:42:36.73	00:42:38.99	
276	PAULO TELES	M	8491	00:20:29.93	00:42:32.08	00:42:41.84	Colt
277	JOAQUIM ALEXANDRE	M	1242	00:21:24.16	00:42:20.42	00:42:43.56	u.r.d.arranhò
278	BRUNO MANUEL DIAS PENTRISCO	M	896	00:21:47.22	00:42:17.05	00:42:43.58	
279	TIAGO MANUEL TRINDADE S. LOPES	M	855	00:20:31.34	00:42:19.87	00:42:43.83	Clube Desportivo da Novabase
280	ANTÓNIO BATALHA	M	3892	00:21:53.15	00:42:36.42	00:42:43.97	SCALABIS NIGHT RUNNERS
281	ANDRÉ EDGAR PINHEIRO DE MELO	M	1186	00:20:43.95	00:42:35.02	00:42:44.11	Bubilões
282	PEDRO RAMOS	M	9968	00:21:01.29	00:42:31.60	00:42:45.45	GRCD Leirão
283	NELSON MANUEL OLIVEIRA	M	6513	00:20:43.04	00:42:37.39	00:42:47.29	CLAC - Entroncamento
284	FRANCISCO CARMO	M	3219	00:21:32.99	00:42:33.36	00:42:47.66	G.D.R. São Francisco da Serra
285	CARLOS NELSON DIAS	M	2332	00:21:11.18	00:42:37.81	00:42:48.30	
286	FILIPPE GOMES	M	8599	00:20:49.53	00:42:42.72	00:42:51.80	TomTom
287	PAULO SOUSA	M	2779	00:20:38.63	00:42:38.53	00:42:51.88	Volkswagen Autoeuropa
288	JORGE BRUNO MARRÃO	M	6025	00:20:41.82	00:42:50.20	00:42:52.20	Clube ANA Lisboa
289	RUI FREITAS	M	8625	00:21:23.48	00:42:41.34	00:42:52.49	GFD Running
290	MANUEL ANTONIO NABEIRO	M	4643	00:21:00.23	00:42:52.89	00:42:52.89	Ginásio Vivência Explosiva
291	HELDER REBELO	M	4716	00:22:06.69	00:42:42.44	00:42:53.01	CR Leões de Porto Salvo
292	SANDRA MARISA CONCEIÇÃO	F	3585	00:21:54.40	00:42:32.66	00:42:54.98	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
293	JOAO MORO	M	9145		00:42:52.15	00:42:55.93	HP
294	ABILIO FERNANDES	M	1946		00:42:39.30	00:42:57.70	
295	GIL ALMEIDA	M	7269	00:21:15.71	00:42:35.11	00:42:58.46	Lá Vão... de Almeirim
296	MÁRIO NUNES	M	8516	00:21:36.88	00:42:33.03	00:42:58.53	
297	SOFIA NUNES	F	6575	00:21:00.43	00:42:41.99	00:42:59.04	
298	JOSE MACHADO	M	5623	00:20:00.54	00:42:57.16	00:42:59.51	GRD Ribeira da Lage
299	NUNO NATARIO FERREIRA	M	2497	00:21:48.50	00:42:30.67	00:42:59.53	
300	ANÍBAL COSTA	M	8684	00:21:34.02	00:42:57.23	00:43:00.38	Sanofi
301	DELFIN DUARTE	M	7514	00:20:57.16	00:42:51.59	00:43:02.55	
302	CARLOS CERDEIRA	M	3863	00:21:09.37	00:42:43.43	00:43:02.69	
303	DUARTE PATARRA DE ALMEIDA	M	7153	00:21:02.98	00:42:42.16	00:43:03.22	
304	LUÍS VALINHO	M	2369	00:21:16.53	00:42:54.48	00:43:03.91	
305	RUI SIMÕES	M	6510	00:22:00.48	00:42:27.73	00:43:04.19	CLAC - Entroncamento
306	NUNO FILIPE COSTA BAUDOUIN CARDOSO	M	6013	00:20:52.63	00:42:51.04	00:43:05.28	
307	ANSELMO BARATA	M	6705	00:21:09.11	00:43:00.90	00:43:05.44	NucleOeiras/SportZONE - ADNO
308	NUNO ALCOBIA	M	958	00:21:59.69	00:42:35.92	00:43:05.90	
309	AMÉRICO MOREIRA ALEXANDRE	M	1047		00:42:47.16	00:43:06.60	
310	MANUEL ELISEU	M	1011	00:20:59.09	00:42:55.43	00:43:06.68	
311	DAVID ROSA	M	7486	00:20:51.51	00:42:44.60	00:43:06.70	
312	RICARDO SILVA	M	6936	00:20:20.84	00:42:59.82	00:43:06.90	
313	FERNANDO CANDEIAS	M	6211	00:22:09.15	00:42:42.58	00:43:06.95	SS CGD
314	JOSE JOAQUIM PINHEIRO MARTINS	M	8410	00:21:37.11	00:42:46.20	00:43:07.35	
315	PEDRO BARATA	M	7748	00:21:36.80	00:42:45.96	00:43:07.46	Clube ANA Lisboa
316	LUÍS DEUS	M	7952	00:21:04.11	00:42:48.22	00:43:07.82	
317	PAULO ALVES ALMEIDA	M	1569	00:21:03.94	00:42:40.21	00:43:09.35	
318	SEM DADOS		9911	00:21:58.76	00:43:02.88	00:43:09.51	
319	JOSE PIRES	M	1501	00:21:14.57	00:42:34.28	00:43:09.99	
320	GONÇALO RIJO	M	6844	00:21:39.46	00:42:47.99	00:43:10.24	
321	ALEXANDRE CONCEIÇÃO	M	822	00:21:10.00	00:42:58.45	00:43:10.86	
322	JOSÉ VITAL	M	8404	00:22:01.30	00:42:34.04	00:43:10.97	CLAC - Entroncamento
323	DANIEL ANTUNES	M	2873	00:22:46.72	00:41:34.31	00:43:12.15	Câmara Lisboa Clube
324	EDGAR CONSTÂNCIO	M	8334	00:21:13.39	00:43:09.04	00:43:12.15	
325	FILIPA COSTA	F	4651	00:21:17.50	00:42:58.32	00:43:13.94	Ginásio Vivência Explosiva
326	PEDRO AGUIAR	M	7106	00:21:30.31	00:43:02.33	00:43:14.09	
327	EDGAR FERREIRA	M	6345	00:21:53.62	00:42:49.67	00:43:15.41	BP2SEA
328	RICARDO DIAS	M	393	00:21:41.45	00:42:57.56	00:43:16.49	Correr Lisboa
329	PAULO COELHO	M	1969	00:21:11.58	00:43:04.01	00:43:16.96	
330	TEOTÓNIO XAVIER NETO	M	5130	00:21:33.91	00:43:00.26	00:43:17.13	ADRC MATA DE BENFICA
331	CARLOS MARQUES	M	7583	00:21:21.54	00:42:56.30	00:43:17.97	
332	PEDRO MARTINS	M	1098	00:21:10.24	00:42:58.02	00:43:18.80	
333	RUI SAMPAIO	M	8515	00:21:37.00	00:42:55.25	00:43:19.55	
334	PEDRO MANUEL DA SILVA FERREIRA	M	7296	00:21:17.15	00:43:02.06	00:43:19.55	ITEN
335	JOÃO PEDRO DOMINGOS	M	315	00:21:29.31	00:43:10.14	00:43:20.18	Correr Lisboa
336	ALCINDO ALMEIDA	M	4941	00:21:56.35	00:42:40.76	00:43:21.82	LINDA-A-PASTORA SPORTING CLUBE
337	CARLA SANTOS	F	4773	00:21:58.90	00:42:58.91	00:43:22.79	CR Leões de Porto Salvo
338	LUIS BRANCO	M	5641	00:21:42.97	00:42:48.81	00:43:23.67	GRD Ribeira da Lage
339	AMÂNDIO PEREIRA	M	2139	00:21:22.90	00:43:12.00	00:43:24.06	Pés de Chumbo
340	PEDRO FERREIRA	M	1711	00:20:52.92	00:43:09.44	00:43:25.32	
341	ANTONIO PALMA	M	6281	00:21:01.77	00:42:58.88	00:43:25.86	ACADEMIA FITNESS MILITAR, --
342	HELDER VAZ	M	4440	00:21:46.66	00:43:14.70	00:43:27.44	CCD Sintrense
343	VITOR LEBRE	M	3083	00:21:24.14	00:43:20.30	00:43:27.77	
344	JORGE CANTEIRO	M	4367	00:21:19.23	00:43:14.43	00:43:27.80	Açoreana Clube Banif
345	JOÃO PEDRO FARIA CEGONHO	M	8341	00:21:54.89	00:43:17.01	00:43:27.80	
346	MANUEL COELHO	M	5624	00:21:15.23	00:43:18.69	00:43:28.19	GRD Ribeira da Lage
347	EUCLIDES MENDES	M	5681	00:20:48.60	00:43:17.70	00:43:29.96	
348	JOSÉ DIOGO	M	5094	00:21:30.19	00:43:10.87	00:43:32.20	Lis Running CPA
349	ARMINDO ROMANA	M	4940	00:22:34.96	00:42:58.26	00:43:32.53	
350	ANDRÉ V. FERNANDES	M	5660	00:21:48.25	00:43:08.28	00:43:33.22	DRunners
351	BRUNO MIGUEL DA ENCARNAÇÃO CHORA	M	4068	00:22:40.19	00:43:00.00	00:43:33.81	
352	OLIVIER BOONEN	M	469	00:21:10.94	00:43:12.85	00:43:34.61	
353	PAULO GALEGO	M	6184	00:22:00.66	00:41:05.24	00:43:35.44	GRD Ribeira da Lage
354	NUNO GRAÇA	M	4383	00:22:09.11	00:43:06.66	00:43:35.95	Açoreana Clube Banif
355	AUGUSTO FERREIRA	M	1563	00:21:28.68	00:43:19.29	00:43:36.07	CCD Loures-Correr para Viver+
356	AUGUSTO FERNANDES	M	4056	00:20:54.73	00:43:19.89	00:43:36.33	10 P'ras 11, --
357	HÉLIO MARQUES	M	859	00:22:09.38	00:43:23.88	00:43:37.58	
358	PEDRO ALEXANDRE CARDOSO DUARTE	M	4598	00:21:28.17	00:43:12.03	00:43:38.02	
359	PAULO ALEXANDRE REIS	M	2129	00:21:12.28	00:43:30.16	00:43:38.23	
360	JOSÉ A TEIXEIRA	M	6754	00:20:56.17	00:43:38.63	00:43:38.63	NucleOeiras/SportZONE - ADNO
361	KCÉNIA BOUGROVA	F	4822	00:21:17.35	00:43:33.40	00:43:39.99	Valejas Atlético Clube
362	NUNO ALVES	M	6557	00:21:15.16	00:43:36.56	00:43:41.14	
363	MATTEO FEROLDI	M	6358	00:21:57.80	00:43:25.36	00:43:44.28	
364	NUNO LIMA	M	9293	00:21:05.65	00:43:41.05	00:43:46.40	Compressport
365	HELDER BORGES	M	3010	00:21:25.55	00:43:27.94	00:43:47.70	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
366	RUI DUARTE	M	7559	00:20:50.98	00:43:33.17	00:43:48.49	Casa Pessoal Estradas Portugal
367	PEDRO TAROUCA	M	1857	00:22:10.47	00:43:01.51	00:43:50.19	
368	TIAGO DE ALMEIDA SIMÕES LOPES	M	6364	00:22:37.07	00:43:26.18	00:43:50.60	
369	LUÍS VALVERDE	M	8027	00:20:52.40	00:43:49.26	00:43:51.22	
370	JOAQUIM FRADE	M	6219	00:21:44.27	00:43:41.29	00:43:52.52	SS CGD
371	NUNO CIDADE DO CARMO	M	411	00:22:07.77	00:43:43.52	00:43:53.49	
372	JOAQUIM MARQUES	M	4935	00:21:31.81	00:43:33.58	00:43:53.61	SERUL
373	SÉRGIO MOREIRAS	M	7002	00:22:05.00	00:43:47.62	00:43:54.54	Correr Lisboa
374	ANDRÉ MONTEIRO	M	1746	00:21:12.87	00:43:43.77	00:43:54.59	Os Galgos
375	PEDRO JOAO REIS	M	2958	00:21:49.55	00:43:45.92	00:43:55.47	
376	SERGIO FIGUEIRAS	M	7674	00:21:16.29	00:43:45.13	00:43:55.64	
377	LUIS FILIPE GONÇALVES DA COSTA	M	6857	00:21:53.68	00:43:32.55	00:43:56.21	
378	PAULO COSTA	M	3703	00:20:33.42	00:43:49.00	00:43:56.78	
379	NÉLSON LOPES	M	1223	00:21:59.41	00:43:10.75	00:43:57.19	
380	TELMO VELEZ	M	6353	00:21:48.31	00:43:42.93	00:43:58.85	
381	PEDRO VIEIRA	M	8621	00:22:18.25	00:43:39.34	00:43:59.28	GFD Running
382	NUNO CARMELO	M	4379	00:22:13.19	00:43:24.31	00:44:00.06	Açoreana Clube Banif
383	ANDRÉ OLIVEIRA	M	9069	00:23:22.98	00:43:52.83	00:44:01.00	Maratona Clube de Portugal
384	ARTON ANTUNES	M	9072	00:23:23.44	00:43:53.11	00:44:02.12	Maratona Clube de Portugal
385	JOSÉ GERARDO	M	6562	00:21:38.15	00:43:55.91	00:44:02.18	CAN - CLUBE ATLETISMO NAZARE
386	PAULO MONTEIRO	M	1317	00:22:07.85	00:43:42.92	00:44:02.39	
387	DIOGO LOPES PEREIRA	M	2126	00:20:57.49	00:43:38.79	00:44:02.83	
388	EMANUEL DA COSTA DIAS	M	8170	00:22:58.07	00:42:52.19	00:44:03.05	
389	JOSÉ MARQUES ANDRADE	M	2201	00:20:51.42	00:43:54.32	00:44:04.38	
390	JOSÉ FRANCISCO MIRANDA	M	1080	00:21:45.65	00:43:45.07	00:44:04.47	
391	PEDRO COSTA LIMA	M	4510	00:21:53.32	00:43:49.57	00:44:04.64	
392	ANTÓNIO SALVIANO MARQUES PERAS	M	8503	00:20:53.24	00:44:05.35	00:44:05.35	Astrazeneca
393	JOÃO RODRIGUES	M	6749	00:21:23.19	00:43:47.02	00:44:05.45	NucleOeiras/SportZONE - ADNO
394	ANTÓNIO VALE	M	4721	00:22:11.46	00:43:58.63	00:44:06.33	CR Leões de Porto Salvo
395	MIGUEL MARTINHO	M	8616	00:21:34.44	00:43:58.16	00:44:06.68	GFD Running
396	HUGO FONSECA	M	6953	00:22:13.17	00:43:54.41	00:44:07.15	Sonae Sierra
397	MARIANA MOTA	F	8815	00:21:13.33	00:43:51.94	00:44:07.75	
398	DIOGO CORREIA	M	2604	00:21:47.66	00:43:56.79	00:44:08.01	
399	ARMINDO MENDES	M	9669	00:21:24.02	00:44:00.39	00:44:08.02	
400	RUBEN BRANCO	M	5257	00:21:35.85	00:43:51.11	00:44:09.57	
401	HUGO ROCHA	M	9541	00:22:02.02	00:44:07.65	00:44:09.71	Sportzone
402	DIOGO BATISTA	M	6741	00:21:14.62	00:44:07.51	00:44:11.66	NucleOeiras/SportZONE - ADNO
403	HERALDO PEIXE	M	6560	00:22:15.25	00:43:49.32	00:44:11.77	CAN - CLUBE ATLETISMO NAZARE
404	PEDRO LEMOS	M	9073	00:23:23.48	00:44:04.60	00:44:12.01	Maratona Clube de Portugal
405	FILIPE CARVALHO	M	9071	00:23:23.91	00:44:04.29	00:44:12.18	Maratona Clube de Portugal
406	JOSÉ LUÍS DIAS	M	4741	00:21:21.18	00:44:09.44	00:44:13.14	Grupo Desportivo de Barcarena
407	RUI LÓIO	M	2173	00:21:12.38	00:44:00.09	00:44:13.53	Volkswagen Autoeuropa
408	RUI LOPES	M	2438	00:22:22.72	00:43:54.65	00:44:14.83	CLUBE GRUPO BES
409	ANDRÉ MORAIS PEREIRA FERREIRA	M	6637	00:21:52.08	00:43:44.83	00:44:14.90	Buéda rápidos
410	RUI LOPES	M	9217	00:22:23.69	00:43:54.73	00:44:15.26	
411	GONÇALO FILIPE ALMEIDA MACHADO C TAVARES	M	8263	00:21:20.69	00:44:06.21	00:44:15.32	
412	MARIA JOÃO PEREIRA DO NASCIMENTO	F	9991	00:22:18.07	00:43:16.55	00:44:15.46	
413	SOLANGE FERNANDES	F	8035	00:22:08.04	00:43:50.22	00:44:16.17	
414	PAULO SANTOS	M	6538		00:43:59.30	00:44:17.41	Garmin Clube Olímpico Oeiras
415	RICARDO PASCOAL	M	4502	00:22:36.52	00:44:02.43	00:44:17.73	GRD Os Fixes
416	PAULO ORLANDO JESUS SILVA	M	6080	00:21:23.11	00:44:03.41	00:44:19.46	
417	EDUARDO PENA	M	2502	00:21:47.64	00:44:03.73	00:44:19.69	Keep Running
418	POMPEU AIRES	M	5629	00:22:36.67	00:43:46.57	00:44:20.53	GRD Ribeira da Lage
419	FÁBIO TEIXEIRA	M	4639	00:21:31.88	00:44:04.20	00:44:21.09	
420	PEDRO ALVES	M	8237	00:23:10.16	00:43:30.88	00:44:21.42	
421	ABEL PINA	M	3426	00:21:55.34	00:44:11.62	00:44:21.48	GFD Running
422	ANTONIO JOSE CARNEIRO	M	8669	00:21:44.37	00:44:08.51	00:44:21.62	
423	NUNO NEVES	M	9943	00:21:35.44	00:44:10.53	00:44:22.72	
424	JOSÉ LUIZ FERRÃO	M	4994	00:21:34.44	00:44:13.90	00:44:23.16	LINDA-A-PASTORA SPORTING CLUBE
425	ALBERTO MANUEL DE SOUSA COVAS	M	2837	00:21:49.17	00:44:04.55	00:44:23.23	
426	MÁRIO GOMES	M	4377	00:22:22.87	00:43:40.88	00:44:23.43	Açoreana Clube Banif
427	JORGE COSTA	M	8610	00:22:48.03	00:44:11.31	00:44:24.29	GFD Running
428	PEDRO MARTINS	M	8182	00:23:08.07	00:43:34.76	00:44:25.04	Clube Desportivo da Novabase
429	PEDRO SANGUINO	M	3194	00:22:22.87	00:44:10.59	00:44:25.42	CLUBE GRUPO BES
430	PEDRO FERREIRA	M	5616	00:22:23.93	00:44:11.07	00:44:25.78	
431	ANTÓNIO ALMEIDA	M	4949	00:22:11.80	00:44:13.38	00:44:26.25	LINDA-A-PASTORA SPORTING CLUBE
432	PAULO MATOS	M	961	00:21:49.48	00:44:13.56	00:44:26.42	
433	PEDRO CRUZINHA	M	686	00:21:49.57	00:44:26.69	00:44:26.69	
434	JOSÉ PRAZERES	M	5655	00:21:43.58	00:44:26.54	00:44:28.58	GRD Ribeira da Lage
435	EDUARDO LAGOA	M	3320	00:21:45.57	00:44:13.61	00:44:28.94	CCDTMetroLX
436	PEDRO GOMES	M	5039	00:23:15.44	00:43:46.14	00:44:29.37	Clube de Atletismo Odimarq
437	MARISA ANTUNES	F	6760	00:21:51.71	00:44:28.09	00:44:29.55	NucleOeiras/SportZONE - ADNO
438	FERNANDO MARTINS	M	6816	00:21:42.27	00:44:13.99	00:44:31.21	G D C BANCO DE PORTUGAL

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
439	BRUNO BERNARDO	M	9173	00:21:11.61	00:44:29.24	00:44:31.58	
440	NUNO SILVA	M	4482	00:22:05.30	00:44:33.25	00:44:33.25	GRD Os Fixes
441	JOAO CARVALHO	M	7584	00:22:26.28	00:44:13.38	00:44:34.22	
442	ANTÓNIO PEREIRA	M	9169	00:21:19.34	00:44:29.21	00:44:34.47	
443	MARCO LUÍS DE SOUSA SILVA	M	1188	00:21:01.99	00:44:26.89	00:44:36.11	Bubilões
444	ALBERTO SILVA	M	2596	00:21:35.03	00:44:25.56	00:44:36.37	
445	NELSON MANUEL CARDOSO FERNANDES	M	4435	00:24:43.56	00:44:12.36	00:44:36.99	
446	NUNO NEVES	M	1350	00:22:03.23	00:44:18.34	00:44:37.94	Falcões Selvagens
447	RUI LACERDA	M	6541	00:22:04.34	00:44:29.77	00:44:39.54	Garmin Clube Olímpico Oeiras
448	JOÃO FERREIRA	M	1316	00:22:28.84	00:43:47.54	00:44:39.83	OVELHA CREW
449	HUGO DOURADO	M	5136	00:22:32.67	00:44:14.71	00:44:39.91	
450	MARCO VIEIRA	M	938	00:22:28.56	00:44:22.62	00:44:40.01	tá-len-tos
451	CLÁUDIO CANAVILHAS	M	5671		00:44:28.22	00:44:40.03	
452	FERNANDO POLONIO	M	6742		00:44:33.59	00:44:40.39	NucleOeiras/SportZONE - ADNO
453	JORGE GONÇALVES	M	8910	00:21:33.63	00:44:38.67	00:44:40.56	Pepsico
454	MIGUEL QUINTANILHA	M	2695	00:22:35.49	00:44:03.24	00:44:40.64	RunLovers
455	CARLOS SANTOS	M	5625	00:21:46.24	00:44:30.54	00:44:41.03	GRD Ribeira da Lage
456	JAIME FERNANDES	M	5099	00:22:01.07	00:44:30.34	00:44:41.31	Lis Running CPA
457	JOÃO JOSÉ PEREIRA BALTAZAR MENDES	M	9186	00:21:43.42	00:44:41.69	00:44:41.69	
458	NUNO ANJOS	M	5970	00:22:27.46	00:44:25.74	00:44:43.20	LINDA-A-PASTORA SPORTING CLUBE
459	MÁRIO SANTANA	M	5767	00:23:20.52	00:43:39.06	00:44:43.41	CD Salvaterrense/CME
460	NUNO PRATA	M	4427	00:22:08.59	00:44:34.38	00:44:43.70	
461	SÉRGIO MANSO	M	349	00:22:06.75	00:44:26.36	00:44:44.11	
462	JOÃO SOLANO DE ALMEIDA	M	3633	00:23:17.24	00:43:55.02	00:44:44.39	
463	FERNANDO ALVES	M	9274	00:22:12.87	00:44:32.13	00:44:45.15	Correr Lisboa
464	SERGIO MESQUITA	M	9976	00:22:10.21	00:44:20.58	00:44:45.23	Run Buddy Run
465	ANTONIO FIGUEIREDO	M	1291	00:20:39.43	00:44:45.33	00:44:45.33	
466	JOÃO MARQUES	M	5628	00:23:18.03	00:44:06.45	00:44:46.33	GRD Ribeira da Lage
467	PEDRO RIO	M	3480	00:22:25.59	00:44:28.76	00:44:47.53	Clube Robbialac
468	DANIEL GOMES DA COSTA	M	3392	00:21:44.15	00:44:29.97	00:44:48.67	
469	RUI JANUÁRIO PAULO	M	388		00:44:48.84	00:44:48.84	
470	RICARDO MARTINS	M	713	00:22:26.68	00:44:32.28	00:44:48.86	
471	MANUEL ANTÓNIO SANTOS NUNES	M	690	00:22:06.10	00:44:33.07	00:44:49.05	
472	JORGE MIGUEL CLARA NABAIS	M	4067	00:22:31.14	00:44:00.49	00:44:49.50	
473	DIOGO BOBONE	M	249	00:22:08.66	00:44:32.37	00:44:50.36	Correr Lisboa
474	ALEXANDRE SOLPOSTO	M	6728	00:22:22.30	00:44:28.98	00:44:50.99	
475	DAVID VENTURA GONÇALVES	M	7680	00:21:36.24	00:44:26.65	00:44:51.91	
476	HAMILTON DIA	M	6255	00:22:16.35	00:44:35.13	00:44:51.94	
477	DIOGO CARNEIRO	M	3390	00:22:29.18	00:44:26.67	00:44:52.15	
478	JOÃO GARRINHAS	M	7983	00:23:38.36	00:44:33.51	00:44:52.36	
479	NUNO JESUS	M	832	00:22:48.09	00:44:33.42	00:44:52.66	
480	ANDRÉ CAMPOS	M	1929	00:22:25.78	00:44:26.77	00:44:53.85	404, --
481	PEDRO POMBO	M	4200	00:20:47.19	00:44:53.99	00:44:53.99	
482	JUAN COSTA	M	6601	00:22:32.87	00:44:33.68	00:44:54.56	
483	JOÃO BRANCO	M	6596	00:22:54.23	00:44:16.59	00:44:54.70	
484	TIAGO VARANDA	M	4615	00:22:45.34	00:44:26.89	00:44:56.00	
485	ALEXANDRE LUCAS	M	2681	00:21:53.21	00:44:25.21	00:44:56.10	Caracóis de Pedra
486	HUGO M. GONÇALVES	M	6279	00:21:46.75	00:44:34.60	00:44:56.22	
487	DJAMICO QUARESMA NETO	M	8052	00:22:13.58	00:44:29.77	00:44:56.26	
488	FILIPA RAMOS	F	587	00:23:59.56	00:43:32.02	00:44:56.91	
489	ANDRÉ MIRANDA	M	7991	00:21:41.58	00:44:36.66	00:44:56.96	
490	PAULO CABRITA	M	5232	00:22:28.33	00:44:54.41	00:44:57.44	HP CLUB
491	HUGO CARAGO	M	2432	00:22:09.43	00:44:45.30	00:44:57.82	CLUBE GRUPO BES
492	HUGO CARNEIRO	M	3391	00:22:11.67	00:44:33.76	00:44:58.74	
493	HUMBERTO BRITO	M	3126	00:22:18.25	00:44:34.51	00:44:59.17	CCDTMetroLX
494	PEDRO CORDEIRO	M	7381	00:22:03.70	00:44:41.19	00:44:59.23	
495	HERCULANO DOMINGUES	M	5649	00:21:23.50	00:44:54.00	00:44:59.51	GRD Ribeira da Lage
496	PAULO NOGUEIRA	M	8021	00:21:42.13	00:44:45.37	00:45:00.06	OS LUCENAS
497	MARCO LOURENÇO	M	4998	00:22:11.78	00:45:00.78	00:45:00.78	LINDA-A-PASTORA SPORTING CLUBE
498	TELMO ROCHA	M	7216	00:23:04.76	00:44:23.38	00:45:00.82	
499	PEDRO VIEGAS	M	253	00:22:48.75	00:44:46.18	00:45:01.16	Tartarugas Solidarias
500	DIOGO ALAGADOR	M	4975	00:22:31.87	00:44:39.49	00:45:01.34	LINDA-A-PASTORA SPORTING CLUBE
501	ALEXANDRE BENTO	M	1194	00:22:07.09	00:44:50.13	00:45:02.09	
502	JORGE CANELHAS	M	6530	00:22:46.74	00:44:34.49	00:45:02.20	Garmin Clube Olímpico Oeiras
503	RUI CARMO	M	3336	00:21:48.23	00:44:39.11	00:45:02.63	Correr Lisboa
504	PEDRO RODRIGUES	M	6290	00:22:47.75	00:44:41.01	00:45:03.14	
505	MASSIMO CAVALLI	M	3555	00:22:48.51	00:45:03.37	00:45:03.37	
506	SEM DADOS		9995	00:23:24.95	00:44:13.74	00:45:03.83	
507	JOÃO MANUEL OLIVEIRA DA ROSA	M	10509	00:22:26.12	00:44:53.77	00:45:04.18	Delta Cafés
508	BRAD AHRENS	M	8978		00:45:04.45	00:45:04.45	
509	SERGIO PAULO FERREIRA DOS SANTOS	M	8431	00:21:45.30	00:44:50.13	00:45:04.59	
510	MARCO SILVA	M	1053	00:22:13.53	00:44:56.60	00:45:04.70	hot runners
511	PEDRO PEREIRA	M	4748	00:22:50.05	00:44:09.23	00:45:04.92	Grupo Desportivo de Barcarena

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
512	LUIS FIGUEIREDO	M	980		00:45:05.06	00:45:05.06	
513	JORGE LOPES	M	1786	00:22:43.90	00:44:43.69	00:45:05.21	gdine
514	MARCO PINTO	M	3592	00:22:22.91	00:44:47.84	00:45:05.54	
515	NUNO FILIPE B. MENDÃO	M	5300	00:22:43.83	00:44:52.03	00:45:07.00	
516	SERGIO BATALHA	M	7217	00:23:05.12	00:44:29.59	00:45:07.06	
517	PEDRO RODRIGUES FELÍCIO	M	1551	00:22:28.54	00:44:40.72	00:45:07.76	
518	DANIEL MORAIS	M	1812	00:22:43.75	00:44:44.83	00:45:08.28	
519	MANUEL AZEVEDO	M	8999	00:22:18.06	00:45:01.34	00:45:08.89	
520	NELSON CALDEIRA	M	10103	00:22:01.52	00:45:09.43	00:45:10.40	
521	SÉRGIO PIRES	M	4832	00:22:53.76	00:45:01.53	00:45:10.49	Valejas Atlético Clube
522	ARTUR CORREIA	M	8643	00:22:17.71	00:44:50.53	00:45:10.86	GFD Running
523	LUIS A. MARTINS	M	579	00:21:44.51	00:44:57.39	00:45:11.32	
524	GUSTAVO ESTEVENS	M	5639	00:22:40.95	00:44:58.40	00:45:11.43	GRD Ribeira da Lage
525	GONÇALO FERREIRA	M	811	00:22:04.41	00:45:00.21	00:45:11.53	
526	JOSÉ AREDE	M	1639	00:22:03.95	00:44:59.75	00:45:12.30	Clube Pessoal EDP - Lisboa
527	ANDRÉ OLIVEIRA	M	5643	00:22:23.40	00:44:51.47	00:45:12.62	GRD Ribeira da Lage
528	JORGE MIGUEL AZENHA BERNARDO	M	706	00:22:24.05	00:44:56.83	00:45:12.72	
529	ANDRÉ COELHO	M	1740	00:22:05.88	00:44:59.40	00:45:12.75	Os Galgos
530	JOÃO PAULINO	M	1976	00:21:59.06	00:44:58.73	00:45:13.15	
531	JOAO VIEIRA	M	9200	00:22:36.23	00:45:08.74	00:45:13.27	
532	PEDRO MIGUEL GOMES VICENTE	M	4415	00:22:22.08	00:44:59.48	00:45:13.79	BVB Bombarral
533	MIGUEL CAMPOS	M	9616	00:22:07.29	00:44:51.86	00:45:13.87	
534	PAULO LOPES	M	5631	00:21:46.47	00:45:04.91	00:45:16.43	GRD Ribeira da Lage
535	MARK FAIRLEY	M	3031	00:22:55.40	00:44:53.42	00:45:16.80	
536	RICARDO MARCHÃO	M	6769	00:20:45.85	00:45:10.37	00:45:18.12	NucleOeiras/SportZONE - ADNO
537	HENRIQUE OLIVEIRA	M	1553	00:22:14.84	00:44:49.30	00:45:18.37	
538	JOSE RAMALHO	M	8252	00:21:51.57	00:45:16.54	00:45:18.75	Correr Lisboa
539	FERNANDO TAVARES	M	6677	00:23:38.11	00:43:47.62	00:45:18.76	MARRIOTT LISBOA
540	RUI MIGUEL DOMINGUES BARATA	M	7483	00:21:32.72	00:45:03.91	00:45:19.06	
541	RUI CAEIRO	M	1727	00:22:03.74	00:45:07.30	00:45:19.32	Xerox Roadrunners
542	PEDRO CARDOSO	M	9340	00:22:48.56	00:45:00.97	00:45:19.56	Correr Lisboa
543	LUIS MATOS PIRES	M	8612	00:22:48.55	00:45:06.16	00:45:19.67	GFD Running
544	PEDRO ALMEIDA	M	9979	00:22:04.73	00:45:18.94	00:45:20.02	Treino em Casa
545	JOÃO CARLOS MENDES	M	3125	00:22:10.95	00:45:04.14	00:45:20.53	CCDTMetroLX
546	JOÃO SILVEIRA	M	9179	00:22:04.13	00:45:19.77	00:45:20.56	
547	RAFAEL AUGUSTO ALMEIDA	M	2249	00:22:48.09	00:45:08.59	00:45:20.85	
548	FERNANDO SANTOS	M	8607	00:22:48.05	00:45:08.49	00:45:20.92	GFD Running
549	PAULO SANTOS	M	2888	00:22:51.17	00:44:55.20	00:45:20.94	Câmara Lisboa Clube
550	CARLOS DIAS	M	2937	00:20:49.54	00:45:18.88	00:45:20.96	
551	HENRIQUE HÉLDER	M	9282	00:22:17.25	00:45:15.28	00:45:21.26	GFD Running
552	BENTO RIBEIRO	M	6070	00:22:47.92	00:44:57.93	00:45:21.29	
553	JOÃO REBELO	M	4675	00:22:34.60	00:45:06.13	00:45:21.94	
554	MIGUEL TRUNINGER SOUSA	M	2620	00:21:52.80	00:44:59.07	00:45:21.96	CLUBE COLABORADORES AXA
555	LINO ROQUE	M	1062	00:22:46.98	00:44:57.01	00:45:22.13	Danatur
556	GERRY SANITZ	M	3041	00:22:37.48	00:45:01.92	00:45:23.29	ODEBRECHT PORTUGAL
557	FERNANDA MARQUES SANTINHA	F	1997	00:22:48.45	00:44:58.03	00:45:24.90	
558	LUIS MIGUEL LEAL GOMES SEMEDO	M	5116	00:22:47.81	00:45:14.61	00:45:25.38	
559	PEDRO MARIA	M	6573	00:22:42.27	00:45:19.09	00:45:26.10	SCALABIS NIGHT RUNNERS
560	LUIS MIGUEL MENDES ALVES	M	9977	00:21:38.50	00:45:23.80	00:45:26.66	Delta Cafés
561	LUIS MIGUEL MENDES ALVES	M	10510	00:21:38.51	00:45:24.15	00:45:26.74	Delta Cafés
562	PATRICIA ALEXANDRA FERNANDES RIVOTTI	F	4630	00:23:19.11	00:44:28.52	00:45:26.98	
563	ALEXANDRE YIP	M	5646	00:22:48.32	00:45:03.98	00:45:28.14	GRD Ribeira da Lage
564	TIAGO ANDRÉ BAPTISTA BOLETO	M	4599	00:22:48.19	00:45:28.75	00:45:28.75	
565	SERGIA NARCISO	F	3304	00:22:49.95	00:45:07.70	00:45:28.78	
566	MANUEL ROQUE	M	7354	00:22:14.60	00:45:07.15	00:45:30.13	
567	CARLOS MANUEL ALVES FERREIRA	M	2015		00:45:03.86	00:45:30.37	
568	FRANCISCO JOSE PEREIRA ADRO	M	3591	00:21:39.75	00:45:28.48	00:45:30.41	
569	MIGUEL BEJA	M	8113	00:22:17.53	00:45:30.70	00:45:30.70	
570	LEANDRO REIS	M	2802	00:23:17.59	00:44:58.46	00:45:31.54	
571	RUTE MARTINS	F	7504	00:23:08.67	00:44:23.12	00:45:31.72	
572	NUNO LAURENTINO	M	8891	00:22:11.58	00:45:22.94	00:45:31.82	IPDJ
573	LEONEL SELEIRO	M	4803	00:22:17.19	00:45:18.21	00:45:32.89	CR Leões de Porto Salvo
574	RENATO DANIEL RUIVO MORAIS	M	9942	00:23:00.08	00:45:19.40	00:45:34.12	Tartarugas Solidarias
575	EDUARDO BARATA	M	2226	00:23:05.79	00:44:58.08	00:45:34.48	Baratada
576	TELMO BARROSO	M	5132	00:23:25.21	00:45:09.45	00:45:34.74	
577	RICARDO PEREIRA	M	3198	00:23:45.38	00:44:53.36	00:45:36.23	CLUBE GRUPO BES
578	NUNO FORTE	M	4381	00:23:54.44	00:45:08.34	00:45:36.33	Açoreana Clube Banif
579	JOSÉ JOÃO	M	1745	00:22:14.14	00:45:27.80	00:45:38.13	Os Galgos
580	DÁRIO ALEXANDRE CAPINHA FERREIRA	M	4416	00:22:13.43	00:45:23.07	00:45:38.48	BVB Bombarral
581	FILIPE COSTA	M	7435	00:24:04.14	00:43:53.11	00:45:38.81	ELECTRO
582	TIAGO PEREIRA	M	9546	00:22:03.79	00:45:38.42	00:45:39.92	Sportzone
583	RITA MINEIRO	F	4783	00:23:20.79	00:44:44.77	00:45:40.33	CR Leões de Porto Salvo
584	HELDER TAVARES	M	2563	00:22:59.97	00:44:55.23	00:45:40.34	



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
585	CATARINA FERREIRA	F	8065	00:22:38.72	00:45:32.38	00:45:40.68	
586	FERNANDO CORREIA	M	4954	00:22:23.57	00:45:30.75	00:45:40.72	G. R. D. Ribeira da Lage
587	INÉS PARENTE	F	9538	00:22:18.49	00:45:38.68	00:45:40.72	Sportzone
588	MANUEL OLIVEIRA	M	7401	00:22:32.79	00:45:26.46	00:45:42.51	
589	VALTER NUNO PAIXÃO REALISTA	M	3865	00:21:53.05	00:45:25.42	00:45:42.59	
590	ARMANDO LOPES	M	7643	00:22:00.93	00:45:42.77	00:45:42.77	ITEN
591	ANTÓNIO FARINHA MAURÍCIO	M	8359	00:22:28.37	00:45:29.39	00:45:42.90	
592	AMÉRICO BRITO	M	4786	00:23:20.85	00:44:47.86	00:45:43.80	CR Leões de Porto Salvo
593	PAULO VENTURA	M	4391	00:23:54.31	00:45:15.46	00:45:43.83	Açoreana Clube Banif
594	ADELINO SEMEDO	M	6812	00:23:04.83	00:45:44.90	00:45:44.90	G D C BANCO DE PORTUGAL
595	CARLOS MANUEL JACINTO	M	1355	00:22:32.79	00:45:33.31	00:45:47.26	
596	NUNO SETÚBAL	M	4279	00:22:59.67	00:45:12.81	00:45:47.66	
597	VÍTOR JORGE	M	3875	00:22:55.29	00:45:12.57	00:45:48.50	Clube Atletismo Amigos Belém
598	PEDRO FREITAS	M	2010	00:22:15.59	00:45:35.68	00:45:48.90	Volkswagen Autoeuropa
599	MANUEL MARTINS	M	2817	00:22:22.68	00:45:28.48	00:45:49.35	Os Martins
600	PEDRO COSTA MOREIRA	M	9856	00:22:44.60	00:45:44.06	00:45:50.55	
601	DOMINGOS PENEDO	M	5627	00:23:04.90	00:45:34.60	00:45:52.44	GRD Ribeira da Lage
602	JORGE FIGUEIRA	M	2611	00:23:58.16	00:45:14.36	00:45:53.74	CLUBE COLABORADORES AXA
603	TIAGO RAMOS	M	968	00:22:36.51	00:45:32.68	00:45:53.81	GFD Running
604	JOÃO BORRALHO	M	878	00:23:12.25	00:45:26.99	00:45:54.39	aclis liberty seguros
605	PEDRO FERNANDES	M	9027	00:22:33.24	00:45:50.43	00:45:54.73	TomTom
606	JOÃO PAULO TEIXEIRA	M	3890	00:22:35.89	00:45:25.12	00:45:54.94	
607	MATEUS COELHO	M	5100	00:22:04.31	00:45:45.76	00:45:56.16	Lis Running CPA
608	NUNO QUINTELA	M	5062	00:23:51.50	00:45:14.98	00:45:56.42	GRCD Leião
609	ALBERTO DOS SANTOS OLIVEIRA	M	8509	00:23:48.69	00:45:03.57	00:45:56.91	
610	LUÍS AMADO	M	8020	00:22:37.39	00:45:41.47	00:45:57.26	OS LUCENAS
611	MARÇAL PACHECO	M	5251	00:23:05.58	00:45:05.12	00:45:57.83	Ginásio Clube Português
612	CLÁUDIO ROCHA	M	5097	00:22:17.20	00:45:45.40	00:45:57.83	Lis Running CPA
613	MARIA DO CARMO SANCHES TAVARES	F	8062	00:22:01.50	00:45:50.53	00:45:57.86	
614	JORGE CORREIA	M	8609	00:23:01.41	00:45:38.54	00:45:58.04	GFD Running
615	CARLOS COSTA	M	2979	00:22:27.50	00:45:19.27	00:45:59.72	
616	CARLOS MAGALHÃES	M	2825	00:22:25.27	00:45:34.20	00:46:00.00	
617	JOSÉ MONTEIRO	M	6811	00:23:56.81	00:45:09.08	00:46:00.93	G D C BANCO DE PORTUGAL
618	JOSÉ FÉLIX	M	2886	00:23:38.04	00:44:22.90	00:46:01.38	Câmara Lisboa Clube
619	MARIO LOURENÇO	M	5979	00:23:30.13	00:44:44.39	00:46:01.57	
620	LINO SANTOS	M	6755	00:22:07.79	00:45:50.03	00:46:01.96	NucleOeiras/SportZONE - ADNO
621	ARMANDO CORREIA	M	3103	00:22:24.94	00:45:51.64	00:46:02.17	
622	VIRGINIA PEREIRA	F	5676	00:22:33.15	00:45:05.95	00:46:02.35	
623	CATARINA ALVES	F	6739	00:22:11.47	00:46:02.34	00:46:03.56	NucleOeiras/SportZONE - ADNO
624	RICARDO RIBEIRO	M	6771	00:22:11.19	00:45:58.38	00:46:03.60	NucleOeiras/SportZONE - ADNO
625	ARMINDO MANUEL GARISO	M	1448	00:23:08.34	00:45:31.28	00:46:04.68	
626	LUÍS TOSCANO FONSECA JUDÍCIBUS	M	8348	00:22:40.24	00:45:21.61	00:46:05.99	
627	DAVID CHARRINHO	M	1329	00:23:45.27	00:44:57.10	00:46:06.92	
628	MARIA LUCAS	F	8615	00:22:59.04	00:45:58.61	00:46:07.42	GFD Running
629	PAULO JORGE SIMÕES MARQUES	M	8321	00:25:01.00	00:43:41.11	00:46:09.72	
630	JOSÉ GARRAFAO	M	6511	00:23:02.64	00:45:13.75	00:46:10.26	CLAC - Entroncamento
631	CLAUDIO BERNARDINO	M	5991	00:22:04.70	00:46:00.45	00:46:10.28	Clube Ferroviário de Portugal
632	PEDRO VALENTE	M	6118	00:22:55.87	00:45:27.92	00:46:10.46	
633	JOÃO CATALÃO	M	4739	00:22:34.00	00:46:04.22	00:46:11.23	Grupo Desportivo de Barcarena
634	FRANCISCO MONTEIRO GOMES	M	4219	00:23:43.21	00:45:29.34	00:46:12.51	
635	LUÍS DIAS	M	3858	00:22:34.04	00:45:48.83	00:46:13.30	
636	ANTÓNIO MANUEL GRILO	M	1288	00:23:08.48	00:45:26.88	00:46:13.49	Correr Lisboa
637	EURICO NICHÓ	M	1734	00:22:53.33	00:46:00.90	00:46:13.63	Os Galgos
638	ALEXANDRE DIAS	M	7164	00:22:34.84	00:45:56.74	00:46:13.87	
639	RICARDO MARTA	M	6171	00:23:12.42	00:45:42.55	00:46:14.92	
640	BRUNO FERNANDO PIEDADE	M	8218	00:22:50.43	00:46:02.38	00:46:16.39	
641	EDUARDO JOSÉ EXCELENTE PINTO	M	1353	00:23:03.15	00:45:44.96	00:46:18.04	
642	GONÇALO LIGORNE OLIVEIRA	M	9088	00:23:43.54	00:46:01.44	00:46:19.18	Maratona Clube de Portugal
643	JOÃO AMBRÓSIO	M	5290	00:23:06.23	00:45:50.34	00:46:19.76	
644	LUIA ANDRÉ	F	8627	00:22:35.46	00:45:57.65	00:46:20.47	GFD Running
645	MARCOS TORRES	M	841	00:23:18.07	00:45:33.94	00:46:20.70	Follow Runs
646	FERNANDO MANUEL MENDES	M	4642	00:22:34.48	00:46:03.38	00:46:20.88	Ginásio Vivência Explosiva
647	ANTÓNIO MARTINS	M	1487	00:22:15.32	00:46:05.04	00:46:20.90	
648	CARLOS GONÇALVES	M	2035	00:23:53.38	00:45:24.41	00:46:20.91	Os Caracóis Furiosos
649	JOÃO BELTRÃO	M	3853	00:23:42.60	00:44:41.25	00:46:21.39	
650	ANTÓNIO MARQUES	M	9373	00:23:00.25	00:46:02.44	00:46:21.46	Chitas de Alcobaça
651	FILIPE MESQUITA	M	1461	00:23:02.53	00:45:55.13	00:46:22.40	
652	LOURENÇO SAMPAIO	M	429	00:22:30.73	00:46:10.26	00:46:22.46	
653	NUNO M F SILVANUNO M F SILVA	M	4830	00:22:51.54	00:46:01.35	00:46:22.58	Valejas Atlético Clube
654	JOÃO OLIVEIRA	M	4957	00:22:31.52	00:46:12.84	00:46:22.83	G. R. D. Ribeira da Lage
655	JOSÉ CORDA	M	8951	00:23:36.89	00:45:13.36	00:46:23.92	
656	MIGUEL REIS	M	9155	00:22:50.37	00:46:20.58	00:46:24.84	HP
657	CARLOS LOURES	M	2633	00:22:47.82	00:46:11.61	00:46:24.91	LUSO-ATLÂNTICA SA

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
658	JORGE SOUSA	M	3162	00:22:32.42	00:46:01.66	00:46:25.26	
659	ARTUR GONÇALVES	M	7173	00:23:16.02	00:45:56.70	00:46:26.25	
660	CARLOS BENTO	M	4735	00:22:33.82	00:46:21.24	00:46:26.94	Grupo Desportivo de Barcarena
661	JOÃO PRISAL	M	4740	00:22:34.17	00:46:21.55	00:46:26.96	Grupo Desportivo de Barcarena
662	BRUNO AMARO	M	1517	00:22:36.49	00:46:07.65	00:46:27.86	
663	FRANCISCO COTRIM DE VILHENA DIEGUES	M	4927	00:22:43.14	00:45:57.37	00:46:28.06	
664	DIOGO JOSÉ LEAL NOBRE	M	1492	00:22:47.87	00:46:28.74	00:46:28.74	
665	PEDRO QUINTELA	M	5058	00:22:33.46	00:45:48.23	00:46:28.99	GRCD Leião
666	RICARDO PEDROSO	M	4216	00:26:00.46	00:44:20.96	00:46:29.26	NO LIMITS
667	JOÃO SEDAS NUNES	M	8286	00:23:24.15	00:45:56.43	00:46:31.18	
668	BRUNO DE SOUSA R. C. FERNANDES	M	809	00:22:37.93	00:45:55.39	00:46:31.43	
669	LUIS CALEIRAS	M	3171	00:23:20.75	00:46:14.84	00:46:31.51	
670	FILIFE BRANCO SANTOS	M	2323	00:22:35.49	00:46:14.46	00:46:33.53	
671	FERNANDO LOPES	M	8605	00:22:58.81	00:46:11.46	00:46:33.72	GFD Running
672	FERNANDO MANUEL CORREIA	M	2608	00:22:46.73	00:46:12.52	00:46:35.69	CLUBE COLABORADORES AXA
673	FABIO FERREIRA	M	4484	00:22:14.52	00:46:19.76	00:46:36.02	GRD Os Fixes
674	PAULO JORGE NEVES REIS	M	2506	00:23:07.19	00:46:20.61	00:46:38.17	
675	PAULO SANTOS	M	8268	00:22:57.26	00:46:18.68	00:46:38.79	
676	IVO PINA	M	1057	00:22:49.48	00:46:21.86	00:46:38.79	
677	RICARDO LOURO	M	6602	00:23:47.36	00:46:12.69	00:46:39.33	
678	ELMAR DERKITSCH	M	6676	00:23:23.36	00:46:02.26	00:46:39.60	MARRIOTT LISBOA
679	LUIS FERREIRA	M	1240	00:23:10.75	00:46:17.04	00:46:39.93	u.r.d.arranhò
680	JOSÉ MARTINS	M	1661	00:22:33.78	00:46:25.40	00:46:40.98	
681	JOSÉ PRIOR	M	1108	00:23:26.54	00:46:20.81	00:46:41.44	
682	FERNANDO MOREIRA	M	3828	00:23:25.08	00:46:09.17	00:46:42.42	
683	NUNO VAZ	M	475	00:23:17.23	00:45:57.91	00:46:42.53	
684	HUGO ROCHA	M	206		00:44:26.64	00:46:43.23	
685	JOÃO CÂNDIDO	M	9579	00:22:58.27	00:46:33.15	00:46:43.38	
686	RICARDO BALEIA	M	8855	00:22:39.98	00:46:15.51	00:46:43.67	
687	JORGE TAVARES	M	2046	00:23:57.82	00:45:11.51	00:46:44.14	SAPATISTAS
688	JOÃO NUNO ANDRADE LOBO	M	5661	00:22:41.88	00:46:19.53	00:46:44.55	DRunners
689	MARIO MENDES AMARO	M	5932	00:24:03.78	00:46:26.27	00:46:45.37	
690	PEDRO REIS	M	3270	00:23:06.50	00:46:24.12	00:46:47.23	
691	CARLOS MANUEL LOPES	M	2697	00:22:49.16	00:46:26.61	00:46:47.93	RunLovers
692	SERGIO PEREIRA ANJOS	M	3774	00:21:03.17	00:46:49.48	00:46:49.48	CLUBE MILLENNIUM BCP
693	NUNO MARQUES	M	2796	00:22:49.06	00:46:30.49	00:46:49.89	
694	LUIS VIEIRA	M	3889	00:23:44.25	00:45:08.09	00:46:50.04	brandoa corre
695	ANDRÉ MARQUES	M	2795	00:22:48.67	00:46:50.15	00:46:50.15	
696	NUNO RIBEIRO	M	2069	00:22:48.67	00:46:33.07	00:46:50.33	
697	FERNANDO ROSETE	M	2922	00:23:23.27	00:46:24.04	00:46:50.61	
698	JOSÉ MATOS	M	5622	00:23:40.37	00:46:31.84	00:46:52.36	GRD Ribeira da Lage
699	MANUEL ALMEIDA	M	7267	00:23:23.24	00:46:31.30	00:46:52.49	Lá Vão... de Almeirim
700	MIGUEL PEREIRA	M	7268	00:23:18.68	00:46:31.10	00:46:52.53	Lá Vão... de Almeirim
701	PEDRO PEDRO	M	5059	00:22:37.84	00:46:24.23	00:46:53.62	GRCD Leião
702	JOÃO CABELLEIRA	M	3450	00:22:34.37	00:46:31.45	00:46:54.06	Clube do Stress
703	RUI VIEIRA	M	4486	00:24:59.13	00:44:25.28	00:46:54.20	GRD Os Fixes
704	FILIFE BRANCO	M	1238	00:23:18.72	00:46:31.09	00:46:54.21	u.r.d.arranhò
705	PEDRO MELO	M	5131	00:23:29.54	00:46:28.61	00:46:54.59	
706	EDGAR FRANCISCO	M	1239	00:23:12.35	00:46:31.97	00:46:54.67	u.r.d.arranhò
707	PAULO RAMOS .	M	3261	00:26:07.08	00:42:24.52	00:46:55.65	Weventual 2, --
708	RENATO MARTINS	M	6512	00:23:29.22	00:46:14.35	00:46:55.69	CLAC - Entroncamento
709	JOÃO MANUEL GREGÓRIO	M	7837	00:22:43.10	00:46:42.89	00:46:56.24	
710	DIOGO BARROS	M	2616	00:23:31.54	00:45:54.90	00:46:56.36	
711	PAULO MALHO	M	7618	00:24:00.80	00:45:30.38	00:46:57.31	
712	CASIMIRO ABREU	M	4971	00:23:29.95	00:46:14.20	00:46:57.34	LINDA-A-PASTORA SPORTING CLUBE
713	ANDRÉ MOTA	M	1241	00:23:14.02	00:46:35.60	00:46:57.61	u.r.d.arranhò
714	PEDRO ANDRÉ DOS SANTOS BRANCO LOUREIRO	M	4688	00:23:17.96	00:45:54.29	00:46:57.77	ProfitnessRun
715	PAULO JORGE FERNANDES	M	2179	00:22:50.10	00:46:32.36	00:46:57.91	Microsoft One
716	BRUNO MESQUITA E SILVA	M	2056	00:23:27.95	00:46:18.07	00:46:58.49	
717	NUNO MOREIRA PRATAS	M	312	00:23:51.04	00:46:01.89	00:46:58.53	
718	FILIFE NUNES MAGALHÃES	M	4212	00:22:05.42	00:46:30.16	00:46:58.80	
719	PAULO TORRÃO	M	4390	00:24:09.77	00:46:07.55	00:47:00.08	Açoreana Clube Banif
720	NUNO DA COSTA RICARDO	M	5194	00:23:47.22	00:46:09.53	00:47:00.78	
721	RUI CARVALHO	M	8624	00:23:43.69	00:46:39.74	00:47:00.95	GFD Running
722	JORGE BONITO	M	8756	00:22:53.49	00:46:47.97	00:47:01.75	
723	BRUNO ROXO	M	1049	00:23:44.39	00:46:32.15	00:47:01.79	
724	RUI GERALDES	M	9297	00:23:20.01	00:46:56.67	00:47:02.26	Compressport
725	JOAO LUZ	M	1638	00:23:44.59	00:46:29.75	00:47:02.44	
726	JOAO RIBAU	M	5256	00:24:06.58	00:45:55.17	00:47:02.49	
727	JOÃO VAZ	M	2600	00:24:18.59	00:45:20.29	00:47:02.69	TURBO-LENTO
728	ANTÓNIO COSTA	M	1945	00:22:15.69	00:46:45.29	00:47:03.16	
729	RICARDO MEDEIROS LEMOS	M	1771	00:22:44.81	00:46:50.35	00:47:03.25	
730	BERNARDO MALHADOR	M	4333	00:22:31.94	00:46:46.60	00:47:03.99	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
731	JOÃO LOPES	M	3185	00:22:43.34	00:46:42.80	00:47:04.27	
732	RUI SANTOS	M	1889	00:24:04.89	00:46:48.74	00:47:04.46	Volkswagen Autoeuropa
733	ANTÓNIO MARQUES	M	2011	00:24:04.70	00:46:48.38	00:47:04.55	Volkswagen Autoeuropa
734	BERNARDINO PEREIRA	M	6203	00:22:41.96	00:46:53.75	00:47:05.60	SS CGD
735	JOSÉ MARIO ALMEIDA	M	1453	00:24:22.03	00:46:11.27	00:47:05.85	
736	LUIS CAETANO	M	494	00:22:43.63	00:46:39.90	00:47:06.06	
737	JOÃO REVÉS	M	435	00:23:39.16	00:46:46.15	00:47:06.24	Lesmas Alopradas
738	ARMANDO JORGE LOUREIRO SILVA	M	1039	00:22:55.17	00:46:39.65	00:47:06.58	
739	ALESSANDRO ASCIUTO	M	562	00:24:17.34	00:46:23.45	00:47:06.90	
740	LUCIANO DANTAS	M	6531	00:23:27.65	00:46:59.93	00:47:07.37	Garmin Clube Olímpico Oeiras
741	VITOR ROQUE	M	9531	00:21:53.98	00:47:04.79	00:47:07.39	Sportzone
742	JOÃO DOMINGUES	M	2052	00:24:16.90	00:46:20.31	00:47:07.81	
743	PAULA FERNANDES	F	6535	00:22:59.77	00:46:53.25	00:47:08.42	Garmin Clube Olímpico Oeiras
744	JOAO CARLOS BELO SILVA	M	956	00:23:41.77	00:46:42.60	00:47:08.50	
745	FELIX LOPES	M	6884	00:22:53.52	00:46:41.07	00:47:08.70	
746	VITOR LEMOS	M	5738	00:24:14.83	00:46:22.76	00:47:09.02	
747	JOÃO PAULO GASPAR	M	318	00:22:07.17	00:46:48.07	00:47:09.63	
748	VASCO HENRIQUE AMARAL GRILO	M	957	00:22:53.66	00:46:25.76	00:47:09.72	
749	JORGE AUGUSTO VEIGA SEABRA	M	9148	00:23:47.93	00:46:47.52	00:47:10.23	HP
750	DAVID AZENHA	M	5980	00:24:09.16	00:45:53.61	00:47:10.89	
751	PEDRO PEREIRA	M	9529	00:22:45.05	00:47:09.47	00:47:11.11	Sportzone
752	JOSÉ VILHENA	M	6929	00:23:28.22	00:46:30.48	00:47:11.25	
753	PAULO VIVAS	M	10506	00:22:47.16	00:47:03.13	00:47:12.17	Delta Cafés
754	CARLOS SANTOS	M	1784	00:23:38.02	00:46:54.87	00:47:13.24	gdine
755	PEDRO MACHADO	M	409	00:22:50.54	00:46:58.40	00:47:13.71	
756	JOSÉ F TOMAZ	M	4833	00:22:27.10	00:46:54.42	00:47:14.53	Valejas Atlético Clube
757	JOÃO GONÇALO FARIA	M	743	00:26:08.27	00:42:57.55	00:47:15.24	
758	CARLOS MIGUEL FERNANDES PIEDADE	M	10508	00:22:25.51	00:47:05.73	00:47:15.30	Delta Cafés
759	MIGUEL AZEVEDO	M	7207	00:23:39.25	00:47:16.08	00:47:16.08	CLUBE DESPORTIVO VILA FRIA
760	JULIO PEREIRA	M	9104	00:25:46.44	00:43:39.77	00:47:16.10	Pernod Ricard Portugal
761	RICARDO JORGE TORRES PEREIRA	M	733	00:23:54.17	00:46:31.72	00:47:16.20	
762	NUNO MIGUEL DE JESUS SOARES	M	3137	00:23:31.02	00:46:38.31	00:47:17.36	
763	ANA TERESA MACHADO	F	2797	00:23:04.35	00:47:07.47	00:47:17.56	
764	ANTONIO DASILVA	M	984	00:23:30.60	00:46:38.54	00:47:18.71	
765	JORGE AFONSO CARVALHO	M	1452	00:24:23.11	00:46:22.82	00:47:18.88	
766	ANTÓNIO ESTRELA	M	6523	00:23:05.70	00:46:58.40	00:47:19.18	Garmin Clube Olímpico Oeiras
767	ANDRÉ COSTA	M	4663	00:24:06.14	00:45:46.20	00:47:19.88	
768	JOÃO PAULO CUNHA	M	2591	00:22:57.36	00:47:02.83	00:47:20.26	
769	TELMO PEDRO	M	5985	00:23:39.46	00:46:53.02	00:47:20.58	
770	JOÃO MONTEIRO	M	2727	00:23:44.02	00:46:53.65	00:47:21.12	
771	JOAQUIM MACHADO	M	4784	00:22:37.25	00:47:15.05	00:47:21.15	CR Leões de Porto Salvo
772	FERNANDO BERNARDO	M	4982	00:23:17.35	00:46:55.59	00:47:21.89	LINDA-A-PASTORA SPORTING CLUBE
773	CRISTÓVÃO RAMOS	M	8745	00:23:30.01	00:47:05.98	00:47:23.09	Tabaqueira
774	LUIS CARDOSO	M	8158	00:23:27.05	00:46:51.71	00:47:23.13	
775	JOSÉ CARLOS GASPAR	M	7607	00:24:11.99	00:46:48.07	00:47:23.28	
776	RICARDO NUNO OLIVEIRA	M	6938	00:24:01.31	00:46:29.78	00:47:23.63	
777	DIOGO C. ESPERANÇA	M	314	00:23:49.66	00:46:46.28	00:47:23.63	
778	TIAGO OLIVEIRA	M	1497	00:23:26.75	00:47:12.78	00:47:23.73	
779	PEDRO MIGUEL VIEIRA DE LIMA	M	4396	00:24:37.51	00:44:55.92	00:47:23.83	Açoreana Clube Banif
780	HELDER HENRIQUES	M	9595	00:22:51.51	00:47:13.35	00:47:25.07	
781	DANIEL BOTELHO	M	7512	00:22:58.99	00:47:07.83	00:47:25.11	
782	DAVID CONSTANTINO	M	6162	00:24:03.44	00:46:21.60	00:47:25.50	Clube ANACOM
783	ARNALDO TRINDADE	M	1979	00:23:11.85	00:47:11.49	00:47:25.66	
784	JOÃO ANDRÉ COELHO	M	6954	00:23:58.81	00:46:36.58	00:47:25.68	Sonae Sierra
785	ROMÃO BANDARRINHA	M	4493	00:24:11.87	00:46:44.83	00:47:26.04	GRD Os Fixes
786	GONÇALO FILIPE BERNARDINO MARQUES	M	8285	00:24:36.92	00:46:23.94	00:47:26.69	
787	JOÃO TRANCOSO	M	1582	00:22:48.58	00:47:19.70	00:47:27.03	
788	CARLOS FILIPE RODA	M	4635	00:23:15.45	00:47:00.81	00:47:27.47	
789	FERNANDO COSTA	M	8525	00:23:22.92	00:46:52.12	00:47:27.79	
790	MÁRIA SANTOS	F	1279	00:24:00.04	00:47:07.01	00:47:27.81	
791	PEDRO JORGE VICENTE CASTANHEIR	M	2164	00:24:04.30	00:45:42.20	00:47:27.90	
792	FERNANDO CONCEIÇÃO	M	3586	00:24:12.59	00:46:41.04	00:47:28.14	
793	AFONSO LOPES	M	7751	00:23:49.82	00:46:47.62	00:47:29.27	
794	ARLINDO FRIAS DEUS	M	3753	00:23:40.89	00:47:03.06	00:47:29.81	CLUBE MILLENNIUM BCP
795	JOÃO PEDRO AGOSTINHO SOUSA	M	3228	00:24:47.27	00:44:27.64	00:47:29.99	
796	PEDRO CANELAS	M	5015	00:23:24.26	00:47:01.84	00:47:30.36	LINDA-A-PASTORA SPORTING CLUBE
797	RUI CARLOS DE ALMEIDA	M	6127	00:23:50.31	00:46:46.87	00:47:34.14	
798	PAULO ALEXANDRE SANTOS ALMEIDA	M	8089	00:22:11.27	00:47:21.39	00:47:34.48	
799	LUIS FILIPE FERREIRA GARCIA	M	8024	00:23:33.14	00:46:30.49	00:47:34.65	
800	MANUEL MARIA CORREIA	M	9158	00:22:54.52	00:47:33.16	00:47:36.12	HP
801	CARLOS FERNANDES	M	3396	00:24:21.80	00:46:51.20	00:47:36.19	Correr na Cidade
802	RUI SANTOS	M	9350	00:24:20.40	00:46:44.28	00:47:36.63	
803	ANA RITA CAJADA	F	2441	00:23:04.42	00:46:43.21	00:47:37.67	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
804	JORGE M. B. SANTOS	M	272	00:22:55.04	00:47:31.29	00:47:38.02	
805	JORGE VIEIRA	M	7585	00:23:06.86	00:47:14.55	00:47:38.20	
806	MÁRIO DE ALMEIDA	M	8456	00:23:06.83	00:47:03.57	00:47:39.16	
807	PAULO SANTOS	M	525	00:23:46.15	00:47:07.36	00:47:39.38	
808	FRANCISCO FERNANDES	M	4498		00:47:31.10	00:47:39.49	GRD Os Fixes
809	MÁRCIO CAMPOS	M	2424	00:24:43.71	00:46:52.04	00:47:39.52	Quebra Desafios
810	JAIME SOUSA	M	6747	00:22:47.08	00:47:26.10	00:47:40.56	NucleOeiras/SportZONE - ADNO
811	BRUNO POULIQUEN	M	1328	00:24:15.48	00:47:07.32	00:47:40.61	
812	BRUNO LOPES	M	5128	00:23:22.30	00:47:26.18	00:47:41.06	Amigos Atletismo Mafra
813	ORLANDO AUGUSTO SANTOS SILVA	M	408	00:22:49.81	00:47:31.17	00:47:41.59	
814	JOÃO RODRIGUES	M	3895	00:22:57.72	00:47:21.79	00:47:41.66	SCALABIS NIGHT RUNNERS
815	PAULO JORGE MENDONCA FELICIO	M	3660	00:24:00.44	00:46:53.12	00:47:42.10	CLUBE MILLENNIUM BCP
816	JOSÉ ANTÓNIO FERREIRA DUARTE	M	5597	00:24:17.47	00:47:10.10	00:47:42.18	
817	FERNANDO ANTONIO SANTOS	M	7611	00:22:29.72	00:47:36.14	00:47:42.18	
818	DIOGO COSTA SOUSA	M	7100	00:22:38.02	00:47:40.60	00:47:42.67	
819	DANY .	M	6840	00:23:12.48	00:47:01.53	00:47:42.85	
820	BRUNO PINTO	M	8115	00:25:53.38	00:44:39.84	00:47:42.91	
821	LUIS MANUEL SOUSA SANTOS	M	2977	00:24:21.41	00:47:03.27	00:47:42.99	MDS
822	VÍTOR ALVITO	M	2654	00:23:42.14	00:46:57.85	00:47:43.68	
823	FILIFE ARRIETA PESTANA MIRANDA CEIA	M	7726	00:24:42.60	00:46:54.97	00:47:43.79	
824	BRUNO SIMÕES	M	8212	00:25:41.20	00:44:43.35	00:47:44.06	
825	ANÍBAL MATEUS	M	6661	00:23:01.16	00:47:44.13	00:47:44.13	
826	JOAQUIM FERRÃO	M	6809	00:23:53.68	00:47:26.42	00:47:44.21	G D C BANCO DE PORTUGAL
827	JOÃO PEDRO RIBEIRO	M	8531	00:23:44.95	00:46:47.26	00:47:44.60	
828	JOÃO .	M	7758	00:24:00.61	00:46:16.70	00:47:44.82	
829	EDUARDO MARQUES	M	373	00:22:48.34	00:47:33.00	00:47:44.86	
830	RUI BELO	M	4519	00:23:06.80	00:47:26.08	00:47:45.10	
831	NUNO PIRES	M	1308	00:23:34.32	00:47:18.59	00:47:45.63	
832	TIAGO NUNES	M	6178	00:22:05.17	00:47:35.71	00:47:46.19	GRD Ribeira da Lage
833	DANIEL DE ALMEIDA	M	2296	00:24:03.54	00:47:02.36	00:47:46.25	
834	MARIO JORGE DA COSTA BERNARDINO	M	6621	00:24:01.01	00:47:04.54	00:47:47.00	OS GALGOS DE TANCOS
835	JOAO PEDRO DIAS BAPTISTA	M	6620	00:24:04.38	00:47:05.51	00:47:47.23	OS GALGOS DE TANCOS
836	LUÍS PASSOS	M	2243	00:23:53.40	00:47:18.32	00:47:47.41	CCD TRANQUILIDADE
837	FERNANDO BRAZ	M	2834	00:24:09.93	00:47:31.20	00:47:47.58	
838	JOÃO MIRANDA	M	3122	00:24:25.50	00:47:24.72	00:47:48.16	CCDTMetroLX
839	PEDRO CHAVES FERREIRA	M	2154	00:24:23.29	00:46:57.84	00:47:48.49	Microsoft One
840	BRUNO ABREU	M	3064	00:23:15.49	00:47:16.66	00:47:49.04	
841	SEM DADOS		9858	00:23:13.27	00:47:48.61	00:47:50.44	
842	CARLOS FONSECA	M	4349	00:24:20.22	00:47:01.75	00:47:50.73	Açoreana Clube Banif
843	BRUNO ARAUJO	M	6647	00:24:24.13	00:46:39.90	00:47:50.96	
844	HENRIQUE AMADOR	M	6095	00:23:31.95	00:47:16.36	00:47:51.00	
845	FERNANDO ALCIDES RODRIGUES	M	3672	00:24:20.42	00:47:10.48	00:47:51.34	CLUBE MILLENNIUM BCP
846	RUI MIGUEL OLIVEIRA LOPES	M	2844	00:22:50.03	00:47:29.88	00:47:51.42	
847	ANTÓNIO CERTÃ	M	4288	00:24:07.29	00:47:10.74	00:47:51.91	GDC Porto de Sines
848	TELMO MACARRÃO	M	4281	00:23:50.47	00:47:10.39	00:47:52.37	GDC Porto Sines
849	NUNO SIMÕES	M	1432	00:23:53.02	00:47:04.23	00:47:52.62	CCD Crédito Agrícola Mútu
850	VASCO DIAS	M	8889	00:23:42.71	00:47:42.97	00:47:53.55	IPDJ
851	SEM DADOS		9901	00:24:00.84	00:47:39.36	00:47:53.82	
852	CARLOS VENÂNCIO	M	4970	00:23:02.68	00:47:50.79	00:47:54.43	LINDA-A-PASTORA SPORTING CLUBE
853	PEDRO SOARES	M	7703	00:22:42.15	00:47:48.42	00:47:54.98	Correr Lisboa
854	JORGE VARATOJO	M	2544	00:23:19.18	00:47:33.24	00:47:55.07	Aero Runners
855	FRANCISCO VIELELA	M	5651	00:23:44.27	00:47:14.95	00:47:55.54	GRD Ribeira da Lage
856	ALCINDO RAMALHO	M	3255	00:26:07.24	00:43:23.25	00:47:55.78	Weventual 2
857	CARLOS SILVA	M	9677	00:24:34.50	00:47:06.24	00:47:55.98	CCD Crédito Agrícola Mútu
858	ALEXANDRA MACHADO	F	9941	00:24:00.46	00:47:43.95	00:47:56.01	hot runners
859	VITOR TEIXEIRA	M	5019	00:25:14.48	00:46:01.18	00:47:57.44	LINDA-A-PASTORA SPORTING CLUBE
860	AMERICO COSTA	M	8937	00:24:24.75	00:46:25.23	00:47:57.59	F.S.C.D. da CBSS
861	PAULO GONÇALVES	M	267	00:23:59.00	00:47:23.86	00:47:57.61	
862	FERNANDO SILVA	M	7947	00:25:12.41	00:46:23.50	00:47:58.13	Volkswagen Autoeuropa
863	MANUEL MÁRIO DA COSTA	M	6906	00:23:18.80	00:47:07.50	00:47:58.61	
864	JOAO MANUEL RODRIGUES SILVA	M	3700	00:24:34.06	00:46:35.96	00:47:58.64	CLUBE MILLENNIUM BCP
865	JOAO LUIS GOMES BOGALHEIRO	M	2602	00:23:41.80	00:47:27.97	00:47:59.11	
866	VASCO RAMIRES	M	7692	00:23:35.29	00:47:57.06	00:47:59.36	BMW
867	VASCO RAMIRES	M	2949	00:23:36.16	00:47:57.12	00:47:59.42	
868	FILIFE PINTO	M	2339	00:22:51.68	00:47:26.46	00:48:00.39	
869	HUGO PINTO	M	3123	00:24:14.81	00:47:41.96	00:48:01.12	CCDTMetroLX
870	PAULO PEREIRA	M	2020	00:24:04.90	00:47:45.13	00:48:01.33	Volkswagen Autoeuropa
871	NELSON COELHO	M	5229	00:23:15.23	00:47:35.15	00:48:01.76	HP CLUB
872	FERNANDO VICENTE	M	601	00:22:34.94	00:47:47.07	00:48:01.95	
873	IVONE DUARTE	F	3536	00:23:57.29	00:47:28.57	00:48:01.96	
874	JOÃO LUÍS MARQUES	M	4036	00:23:41.53	00:47:35.08	00:48:02.06	CCD TRANQUILIDADE
875	MIGUEL DAVID	M	8055	00:23:49.30	00:47:05.99	00:48:02.21	
876	TIAGO MIGUEL MARTINS SANTOS SILVA	M	9505	00:24:53.06	00:46:43.03	00:48:02.66	Correr Lisboa

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
877	MARCOS SANTOS	M	2997	00:24:23.26	00:47:13.47	00:48:03.22	Microsoft One
878	RICARDO MARTINS	M	307	00:23:59.78	00:47:33.22	00:48:04.27	
879	TIAGO GASPAR	M	1020	00:25:04.42	00:44:47.32	00:48:04.30	
880	EDUARDO AUGUSTO RODRIGUES	M	3684	00:24:36.59	00:47:14.42	00:48:04.54	CLUBE MILLENNIUM BCP
881	ISIDRO BATISTA DUARTE	M	5497	00:24:21.41	00:47:12.59	00:48:05.53	INDEG
882	MANUEL TAVARES	M	2864	00:24:09.85	00:47:14.71	00:48:05.89	
883	HÉLDER SOARES	M	3570	00:24:17.82	00:47:25.83	00:48:05.89	
884	RICARDO SANTOS	M	4130	00:23:42.04	00:47:50.96	00:48:06.15	
885	DAVID RODRIGUES PASEIRO	M	4273	00:23:04.59	00:47:55.85	00:48:06.52	
886	RICARDO NUNO	M	8791	00:24:09.84	00:47:45.50	00:48:07.08	
887	CLÁUDIO BRAGA	M	238	00:23:35.14	00:47:43.58	00:48:08.24	
888	TIAGO GUERRA	M	7985	00:24:56.51	00:46:18.82	00:48:08.52	
889	ALVARO RODRIGUES FERREIRA	M	8545	00:23:57.57	00:47:16.27	00:48:09.14	
890	RUI CORREIA	M	10520	00:24:06.05	00:47:33.11	00:48:09.79	Delta Cafés
891	CARLOS MORAIS	M	2599	00:24:42.19	00:46:25.69	00:48:10.08	TURBO-LENTO
892	LUÍS CORREIA	M	9041	00:23:39.40	00:47:32.74	00:48:10.11	A minha corrida / Fitness Hut, --
893	LUÍS DE MATOS	M	5744	00:22:39.07	00:47:41.21	00:48:10.65	
894	DE OLIVEIRA ELDER	M	3236	00:27:38.99	00:40:43.31	00:48:10.90	
895	JOSÉ MAGALHÃES	F	1778	00:23:58.75	00:47:59.87	00:48:11.52	gdine
896	FERNANDO MACIAS FERNANDES	M	4664	00:23:57.13	00:47:38.94	00:48:11.59	
897	PEDRO AMOR	M	2950	00:23:36.14	00:48:09.38	00:48:12.16	
898	DIOGO INÁCIO	M	2838	00:24:27.84	00:47:13.39	00:48:12.81	
899	RICARDO RODRIGUES	M	5615	00:23:09.21	00:47:59.77	00:48:13.77	
900	BRUNO MARTINS	M	2007	00:24:18.15	00:47:26.20	00:48:13.82	
901	HELOISA MARIA ANDRADE GALHA	F	3644	00:23:55.72	00:47:43.30	00:48:14.11	CLUBE MILLENNIUM BCP
902	SÉRGIO PÓVOA	M	599	00:24:21.66	00:47:33.59	00:48:15.44	
903	CARLOS ALBERTO	M	1782	00:23:58.42	00:47:50.37	00:48:15.62	gdine
904	JOSÉ MAURICIO PORTUGUÊS	M	1729	00:24:16.95	00:47:31.43	00:48:16.16	
905	PAULO SIMÕES	M	5084	00:25:04.43	00:47:41.22	00:48:16.60	
906	HUGO FIGUEIREDO	M	7886	00:22:53.03	00:47:49.06	00:48:16.74	
907	PAULO FERNANDES	M	4387	00:24:15.17	00:47:44.72	00:48:17.00	Açoreana Clube Banif
908	MÁRIO JOÃO P.DE JESUS CARVALHO	M	634	00:24:00.22	00:47:52.68	00:48:17.14	
909	NUNO DOMINGUES	M	8518	00:24:39.92	00:47:17.54	00:48:17.41	
910	CARLOS MILHEIRO	M	8346	00:23:11.26	00:47:51.01	00:48:17.84	
911	TIAGO CAPÍTULO ALEIXO	M	8243	00:23:50.93	00:47:07.37	00:48:17.95	
912	HELDER MENDES	M	7690	00:23:51.46	00:47:59.10	00:48:18.45	SCALABIS NIGHT RUNNERS
913	OSVALDO CIPRIANO	M	5151	00:23:51.57	00:47:59.31	00:48:18.50	SCALABIS NIGHT RUNNERS
914	PAULO SANTOS	M	2488	00:23:03.76	00:48:01.25	00:48:19.00	
915	ANTONIO ALMEIDA	M	4456	00:24:02.30	00:48:06.68	00:48:19.77	NUCLEO DESPORTIVO AUTOCOOPE
916	FÁBIO MARTINS	M	6561	00:24:17.62	00:47:48.18	00:48:20.56	CAN - CLUBE ATLETISMO NAZARE
917	FERNANDA SERVOLO	F	5179	00:25:29.45	00:47:29.19	00:48:20.99	
918	JOÃO CARLOS LOURENÇO	M	770	00:24:17.74	00:47:31.15	00:48:21.85	
919	BERNARDO GRADÍSSIMO	M	4789	00:24:15.12	00:47:46.02	00:48:22.74	CR Leões de Porto Salvo
920	CARLOS M. D. ASSUNÇÃO	M	5967	00:25:12.99	00:46:44.38	00:48:23.28	
921	RICARDO DUARTE	M	3164	00:23:48.89	00:47:39.76	00:48:23.34	
922	PEDRO RAPOSO	M	8156	00:25:12.56	00:47:01.95	00:48:23.81	
923	RICARDO VARELA	M	5557	00:24:22.48	00:47:30.39	00:48:24.37	INDEG
924	PAULO GONÇALVES	M	220	00:23:41.06	00:47:54.75	00:48:24.98	
925	JOSÉ VESTEAS	M	3814	00:24:01.29	00:47:45.37	00:48:25.15	Volkswagen Autoeuropa
926	NUNO BASÍLIO	M	4887	00:24:27.33	00:47:40.75	00:48:26.61	GRCD Leião
927	HUGO MIRANDA	M	1591	00:24:32.83	00:47:52.82	00:48:26.71	
928	LUIS FERREIRA	M	2696	00:24:43.80	00:47:48.61	00:48:27.00	RunLovers
929	PAULO DI-LIGHT	M	6614	00:24:33.65	00:47:45.32	00:48:27.45	
930	PEDRO MIGUEL RAPOSO DOS REIS	M	3093	00:24:06.37	00:48:00.37	00:48:27.76	Grupo Desportivo Diana
931	HUGO BARRETO	M	1572	00:24:46.86	00:47:42.99	00:48:28.18	
932	PAULO JORGE GARCIA	M	3909	00:23:45.01	00:48:03.20	00:48:28.53	
933	CARLOS ANTUNES	M	6204		00:46:50.46	00:48:28.61	SS CGD
934	JOÃO CARLOS SOARES	M	6864	00:24:23.95	00:48:02.73	00:48:28.77	
935	MIGUEL RIBEIRO DA SILVA	M	2030	00:24:07.82	00:47:32.47	00:48:29.02	Os Caracóis Furiosos
936	JOÃO PINTO	M	327	00:23:36.59	00:47:52.77	00:48:29.12	
937	RUI ESTRELINHA	M	6558	00:24:18.37	00:47:57.94	00:48:29.60	CAN - CLUBE ATLETISMO NAZARE
938	GILBERO CARLOS JARDIM PEREIRA	M	4762	00:24:57.30	00:47:26.24	00:48:30.86	
939	DOMINGOS AUGUSTO MARQUES JANELA	M	7633	00:23:26.86	00:48:10.78	00:48:31.42	
940	ANTÓNIO DOLORES	M	2094	00:27:38.54	00:43:38.56	00:48:31.58	
941	JOSÉ SANTOS	M	3225		00:48:07.27	00:48:31.83	G.D.R. São Francisco da Serra
942	MÓNICA FONSECA	F	8408	00:24:38.01	00:47:52.23	00:48:32.08	
943	FERNANDO CELESTINO	M	4355	00:23:58.63	00:48:17.51	00:48:32.31	Açoreana Clube Banif
944	ARTHUR BRUEL	M	7178	00:24:31.43	00:48:32.53	00:48:32.53	The 3 Degrees
945	PAULO GONÇALVES	M	2887	00:23:53.12	00:47:58.41	00:48:33.14	Câmara Lisboa Clube
946	HELENA MARQUES	F	4418	00:24:26.17	00:48:01.31	00:48:33.17	
947	MIGUEL CABRAL	M	8958	00:24:16.32	00:48:07.43	00:48:33.37	
948	FILIPPE DUQUE	M	1056	00:23:34.21	00:47:59.16	00:48:33.79	
949	TELMO MATOS	M	4284	00:24:51.51	00:47:31.43	00:48:34.29	GDC Porto Sines

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
950	LUIS POITEVIN	M	572	00:21:47.26	00:48:29.67	00:48:34.74	ITEN
951	HELDER BATISTA	M	5632	00:23:59.33	00:48:24.55	00:48:34.80	GRD Ribeira da Lage
952	JOSÉ FERREIRA	M	7928	00:24:53.81	00:48:03.35	00:48:34.91	
953	JOAO PAULO FERNANDES FARIA	M	3483	00:22:04.97	00:48:14.68	00:48:35.65	
954	JOAO CAMACHO	M	4893	00:23:04.46	00:48:10.73	00:48:36.37	
955	AMADEU BRIGAS	M	5648	00:23:58.91	00:48:02.97	00:48:37.03	GRD Ribeira da Lage
956	FRANCISCO CEIA	M	7723	00:24:27.95	00:47:49.13	00:48:37.48	
957	HÉLDER COSTA	M	2711	00:23:42.73	00:48:22.53	00:48:37.89	Keep Running
958	ANTÓNIO MORGADO	M	8283	00:23:28.96	00:48:07.67	00:48:38.40	Chitas de Alcobaça
959	ACÁCIO PAIXÃO	M	7115	00:23:45.82	00:48:12.05	00:48:39.24	
960	NUNO SANTOS	M	8269	00:25:29.36	00:48:16.25	00:48:39.28	
961	LAURA GRILO	F	3090	00:24:50.66	00:47:35.79	00:48:39.40	COLIBRIS
962	RICARDO FREIRE	M	3091	00:24:50.82	00:47:36.74	00:48:39.58	COLIBRIS
963	PEDRO PÓVOAS	M	231	00:25:22.41	00:48:05.10	00:48:40.02	
964	PEDRO RIBEIRO	M	8652	00:24:21.37	00:46:53.46	00:48:40.44	
965	JORGE ALBANO SILVA	M	6854	00:24:35.01	00:48:24.24	00:48:40.93	
966	JORGE POMBO	M	5673	00:24:19.68	00:48:16.79	00:48:40.95	
967	CÉU LEITÃO	F	4563	00:24:22.03	00:48:05.88	00:48:41.24	CCD Sintrense
968	FERNANDO CLAUDINO	M	602	00:23:10.09	00:47:45.39	00:48:42.73	
969	SEM DADOS		5267	00:23:48.48	00:48:14.25	00:48:43.02	
970	RICARDO PEREIRA	M	204	00:24:47.33	00:47:52.67	00:48:43.23	
971	LUÍS ALMEIDA	M	1252	00:23:32.38	00:48:37.66	00:48:43.75	
972	PEDRO PASSOS	M	2356	00:25:20.13	00:46:32.65	00:48:44.11	ITEN
973	JOAO MARTINS JERONIMO	M	1418	00:26:09.92	00:46:29.03	00:48:44.82	
974	CARLOS ALBERTO LOUREIRO	M	2150	00:25:00.01	00:47:21.30	00:48:45.01	
975	RUI SANTOS MARTINS	M	4910	00:24:43.20	00:48:01.77	00:48:45.58	Devagar se vai ao longe
976	JOAO ANDRE GONCALVES	M	4755	00:24:51.49	00:47:58.64	00:48:47.03	
977	EDUARDO CHAGAS	M	7655	00:23:57.15	00:48:12.20	00:48:47.21	
978	CARLOS ROCHA	M	4543	00:23:36.05	00:48:22.03	00:48:47.52	Aquanima
979	DAMIÃO MARTINS DOS SANTOS	M	7325	00:24:26.54	00:48:47.68	00:48:47.68	
980	LUIS VASCONCELOS AMORIM	M	2329	00:24:27.94	00:48:04.60	00:48:47.76	
981	PEDRO MARIA	M	1450	00:24:21.14	00:48:22.56	00:48:47.89	
982	PEDRO BARACHO	M	3373	00:25:49.09	00:46:51.95	00:48:48.30	Fast & Furious Runners Team
983	ANDRÉ GUERREIRO	M	9675	00:24:41.03	00:47:44.94	00:48:49.22	CCD Crédito Agrícola Mútuo
984	JOAQUIM ANTÓNIO VELHINHO DIAS	M	6466	00:26:58.35	00:46:19.01	00:48:49.44	
985	LILIANA RODRIGUES	F	354	00:24:35.40	00:48:04.02	00:48:49.54	
986	EBRIMA BAYO	M	506	00:24:35.59	00:48:18.52	00:48:50.44	Os Económicos + AP Gulbenkian
987	PAULO SENA	M	4272	00:23:59.88	00:48:18.85	00:48:50.52	
988	JOSÉ S. AUGUSTO	M	8196	00:24:23.26	00:48:23.68	00:48:50.52	Falcões Selvagens
989	ARTUR JORGE DOS SANTOS PEREIRA	M	848	00:24:56.40	00:47:32.82	00:48:50.75	Magic Runners
990	MARIO PEDRO SOARES	M	1009	00:24:03.00	00:48:23.05	00:48:51.26	
991	PEDRO ADEGAS	M	658	00:24:47.75	00:48:19.51	00:48:51.76	
992	VINOD CARSANE	M	8731	00:25:05.44	00:48:10.03	00:48:52.97	
993	FRANCISCO JOSÉ DOS SANTOS VICENTE SILVA	M	9109	00:22:42.67	00:48:37.39	00:48:53.31	CP
994	ANA MARGARIDA FERREIRA	F	3267	00:25:23.96	00:46:38.64	00:48:53.43	Weventual 2
995	NELSON JOAQUIM SIMÕES VIEIRA	M	1229	00:24:28.69	00:47:53.16	00:48:55.20	
996	EDUARDO CABRITA	M	4033	00:24:23.14	00:48:28.05	00:48:55.50	CCD TRANQUILIDADE
997	VITOR MOREIRA	M	3410	00:24:35.96	00:48:14.39	00:48:55.62	Clube Pessoal EDP - Lisboa
998	CÉLIA PAIVA	F	4878	00:24:16.99	00:48:26.16	00:48:56.07	GRCD Leião
999	RUI PEDRO GUERREIRO	M	3363	00:25:04.39	00:47:56.54	00:48:56.10	Holmes Place Algés - Fit 2 Run
1000	JOÃO DIXO	M	2617	00:23:38.33	00:47:55.77	00:48:56.72	
1001	JOSÉ MANUEL CASIMIRO CAÇÃO	M	1948	00:23:56.31	00:48:37.33	00:48:56.87	
1002	ANTÓNIO MIGUEL RODRIGUES	M	3256	00:22:48.54	00:48:32.85	00:48:56.92	Weventual 2
1003	SOFIA ARGENTINA	F	6239	00:25:25.07	00:47:08.05	00:48:57.17	SS CGD
1004	ANDRÉ LOURENÇO	M	8233	00:25:19.49	00:47:33.37	00:48:58.38	
1005	ARMANDO MANUEL COELHO LIMA	M	3792	00:25:16.29	00:48:14.52	00:48:58.75	CLUBE MILLENNIUM BCP
1006	JOSÉ ROSA	M	939	00:24:59.69	00:48:15.53	00:48:58.79	tá-len-tos
1007	BRUNO PEDREIRA	M	2338	00:24:32.82	00:48:25.84	00:48:58.85	
1008	DUARTE PEREIRA	M	5658	00:24:58.39	00:48:01.70	00:48:59.09	
1009	CÁTIA SOFIA NASCIMENTO	F	5024	00:24:43.34	00:48:10.55	00:48:59.17	Correr Lisboa
1010	TIAGO PAULO	M	4290	00:24:23.22	00:48:17.84	00:48:59.36	GDC Porto de Sines
1011	ABÍLIO OLIVEIRA	M	1306	00:24:02.71	00:48:22.57	00:48:59.39	
1012	MIGUEL RESENDES	M	1488	00:23:30.83	00:48:32.57	00:48:59.48	
1013	SÉRGIO GONÇALO TELES F MALAGUETA LOBATO	M	6320	00:25:27.46	00:47:37.90	00:48:59.55	
1014	ANA FERREIRA	F	5255	00:24:44.11	00:47:52.30	00:49:00.04	
1015	PAULO MARQUES	M	4423	00:24:26.15	00:48:37.69	00:49:00.09	
1016	CATARINA RAQUEL FERNANDES DINIS	F	7224	00:25:09.36	00:47:52.96	00:49:00.18	
1017	PAULO MOURA	M	3154	00:26:45.33	00:47:22.28	00:49:00.34	
1018	AFONSO SILVA	M	8783	00:24:10.40	00:48:21.16	00:49:00.42	
1019	MIGUEL PIRES	M	799	00:24:14.04	00:48:19.84	00:49:00.79	
1020	ANTÓNIO JACINTO	M	6627	00:24:05.79	00:48:34.89	00:49:00.84	CR Leões de Porto Salvo
1021	JORGE FERREIRA	M	1449	00:23:48.12	00:48:31.66	00:49:01.45	
1022	MAURÍCIO MARQUES	M	1010	00:25:15.37	00:47:40.10	00:49:01.60	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1023	MARIO MELO	M	6553	00:24:42.70	00:48:35.92	00:49:02.22	
1024	JORGE SERRA	M	7457	00:23:40.84	00:48:36.21	00:49:02.89	
1025	JOAQUIM GUERRA	M	5630	00:23:36.98	00:48:50.98	00:49:03.21	GRD Ribeira da Lage
1026	ANA CASTELA	F	5044	00:24:08.75	00:48:46.88	00:49:03.23	
1027	JOSE MOUQUINHO	M	1246	00:25:04.55	00:48:06.50	00:49:03.57	
1028	SÉRGIO FIGUEIREDO	M	7021	00:24:46.69	00:48:12.52	00:49:04.77	
1029	ADRIAN MELO DE MELO	M	1347	00:23:56.81	00:48:08.53	00:49:04.99	
1030	RUI SILVA	M	4648	00:24:49.79	00:48:46.55	00:49:05.21	Ginásio Vivência Explosiva
1031	JOÃO MANUEL SIMÕES	M	4316	00:24:56.37	00:48:04.68	00:49:05.44	CLUBE GRUPO BES
1032	RAQUEL CUNHA	F	413	00:24:41.00	00:47:36.22	00:49:05.63	Kalorias Runners
1033	JOSE CARLOS GASPAR	M	7104	00:24:40.90	00:47:36.16	00:49:05.70	
1034	DAVID .	M	642	00:24:42.24	00:48:38.13	00:49:05.90	
1035	ANTÓNIO MANUEL CARVALHO BARBOSA	M	830	00:24:33.82	00:48:31.24	00:49:06.93	
1036	NELSON CARNEIRO	M	1278	00:24:24.76	00:49:07.09	00:49:07.09	
1037	RICARDO PINTO SOUSA	M	7131	00:23:41.91	00:48:29.61	00:49:07.12	
1038	ANA SOARES	F	6310	00:25:34.80	00:47:57.40	00:49:07.14	Unidos da Manutenção
1039	JOSÉ AUGUSTO DO ROSÁRIO VIEIRA	M	1413	00:24:35.17	00:48:00.58	00:49:07.46	
1040	DAVID SILVA VIEIRA	M	1414	00:24:35.42	00:48:00.71	00:49:07.59	
1041	CRISTIANA MADALENA MELO SAMPAIO RODRIGUES	F	9849	00:23:16.64	00:48:55.93	00:49:07.71	CP
1042	PAULO CALDEIRA	M	1972	00:25:18.18	00:48:03.80	00:49:07.95	
1043	PAULO CRAVO	M	6537	00:23:48.33	00:48:47.24	00:49:07.95	Garmin Clube Olímpico Oeiras
1044	ROSÁRIA MORGADO	F	8006	00:24:36.65	00:48:53.99	00:49:08.00	grupo desportivo sao domingos
1045	NUNO FILIPE ROCHA DOS REIS PEREIRA	M	8247	00:24:55.59	00:48:50.69	00:49:08.31	
1046	NUNO MIGUEL LOURENÇO DIMAS	M	3596	00:23:32.96	00:48:23.23	00:49:08.95	
1047	FERNANDO ANACLETO	M	341	00:24:20.11	00:48:40.96	00:49:09.85	
1048	HUGO GUERREIRO	M	1270	00:24:37.16	00:48:20.15	00:49:10.08	
1049	SEM DADOS		9838	00:23:41.18	00:49:05.97	00:49:10.27	
1050	MARIO LOPES	M	7285	00:24:49.35	00:48:49.25	00:49:10.92	
1051	SERGIO RAMOS	M	9250	00:23:15.04	00:48:56.59	00:49:10.99	Continente
1052	LUIS LEMOS	M	726	00:24:08.53	00:49:00.64	00:49:11.50	
1053	NELSON MOREIRA	M	7888	00:23:55.80	00:48:40.79	00:49:11.91	
1054	HELDER SANTOS	M	6664	00:24:35.22	00:48:52.06	00:49:12.72	
1055	ANTONIO REIS	M	2685	00:25:18.05	00:48:27.34	00:49:13.01	
1056	PEDRO LOUREIRO	M	5408	00:24:06.01	00:48:57.97	00:49:13.07	
1057	PAULO A CAETANO MARQUES	M	2684	00:25:02.40	00:48:28.24	00:49:13.20	
1058	LUIS SOARES	M	7027	00:25:22.78	00:48:57.90	00:49:13.66	
1059	ALDÓNIO FERNANDES	M	4942	00:24:59.53	00:48:14.70	00:49:14.09	LINDA-A-PASTORA SPORTING CLUBE
1060	NUNO GOMES	M	7456	00:24:27.13	00:48:47.66	00:49:14.51	
1061	HELDER ESCOBAR	M	3119	00:25:10.59	00:48:21.58	00:49:14.65	
1062	LOURENÇO MENEZES	M	7642	00:23:19.79	00:48:50.17	00:49:14.68	
1063	JOÃO HENRIQUES	M	4888	00:25:19.39	00:47:41.40	00:49:14.82	Falcões Selvagens
1064	ROGERIO GUERREIRO	M	1361	00:24:30.97	00:48:42.24	00:49:15.07	
1065	FAUSTO ALBERTO PEREIRA	M	1837	00:24:38.68	00:48:43.00	00:49:15.58	
1066	PEDRO GONÇALVES	M	9236	00:26:55.40	00:45:52.75	00:49:16.31	
1067	LUIS PEDRO NUNES	M	8821	00:23:18.74	00:49:14.10	00:49:16.65	Jaba-Recordati
1068	GONÇALO FONTES DE MELO	M	2996	00:24:05.92	00:49:07.48	00:49:17.53	
1069	JOÃO SANTOS	M	4364	00:24:27.53	00:48:46.04	00:49:17.63	Açoreana Clube Banif
1070	VITOR FARIA	M	5087	00:25:20.79	00:48:26.00	00:49:17.67	
1071	VITOR NUNES	M	5060	00:25:31.47	00:48:39.69	00:49:18.21	GRCD Leião
1072	ANTÓNIO PALHAS PEREIRA	M	851	00:24:47.45	00:48:31.64	00:49:18.51	
1073	PEDRO NISA	M	10008	00:23:29.57	00:49:14.97	00:49:18.63	Sumol Compal
1074	LUIS ALMEIDA TAVARES	M	705	00:24:53.67	00:49:02.76	00:49:19.18	
1075	LUÍS ZÊZERE	M	2419	00:24:34.15	00:48:45.08	00:49:19.52	CCD Crédito Agrícola Mútuo
1076	CARLOS CASEIRO	M	4967	00:25:02.66	00:48:23.94	00:49:20.77	LINDA-A-PASTORA SPORTING CLUBE
1077	NUNO GAMEIRO	M	4382		00:49:20.91	00:49:20.91	Açoreana Clube Banif
1078	JOAQUIM VARANDA	M	2504	00:24:34.39	00:49:06.24	00:49:21.03	Keep Running
1079	ANTONIO REGO	M	962	00:24:49.13	00:48:19.24	00:49:21.33	
1080	JOÃO PRELHAZ	M	4919	00:23:24.61	00:49:12.79	00:49:22.27	Açoreana Clube Banif
1081	JOÃO RODRIGUES	M	4988	00:23:24.55	00:48:49.82	00:49:22.67	LINDA-A-PASTORA SPORTING CLUBE
1082	DANIEL VINHAIS	M	490	00:24:15.97	00:48:54.72	00:49:23.81	
1083	MANUEL GOMES	M	6715	00:23:54.63	00:49:04.93	00:49:24.64	
1084	ANTÓNIO HIGINO MARQUES	M	8381	00:24:34.12	00:48:57.43	00:49:24.95	
1085	DIOGO LEITE	M	664	00:24:33.61	00:48:42.30	00:49:25.59	
1086	NUNO COSTA	M	7866	00:25:48.64	00:46:15.60	00:49:25.71	CCD TRANQUILIDADE
1087	INÉS SOEIRO	F	471		00:49:25.85	00:49:25.85	Só Mais um Blog de Corrida
1088	VICTOR PEREIRA	M	4317	00:24:06.70	00:49:22.09	00:49:26.07	
1089	JOÃO VENÂNCIO	M	8697	00:23:45.92	00:49:23.31	00:49:26.47	Peugeot
1090	JOÃO BELCHIOR FERNANDES	M	4063	00:25:24.95	00:48:40.86	00:49:26.61	Top Runners
1091	GONÇALO VALENTE	M	4425	00:24:58.79	00:48:00.72	00:49:29.17	
1092	FLÁVIO NAIÁ	M	9540	00:23:30.86	00:49:27.69	00:49:30.56	Sportzone
1093	EDUARDO FAZENDA	M	3423	00:23:21.83	00:49:20.60	00:49:31.46	
1094	PAULO TOMÁS	M	9630	00:24:48.08	00:48:01.01	00:49:32.25	
1095	JOHN REDMAYNE	M	2189	00:25:47.35	00:47:43.04	00:49:32.79	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1096	BRUNO BARATA OLIVEIRA	M	4060	00:25:25.08	00:48:46.55	00:49:32.80	Top Runners
1097	RUI MAIA	M	2507	00:25:08.62	00:48:38.96	00:49:32.89	
1098	JOSÉ SAPO	M	5406	00:23:55.94	00:49:25.60	00:49:33.02	
1099	ANTÓNIO MANUEL OLIVEIRA DUARTE	M	6861	00:24:25.73	00:49:15.15	00:49:33.47	
1100	ANTONIO NOGUEIRA	M	3188	00:23:25.70	00:49:15.79	00:49:33.76	
1101	ICIAR RODRIGO NEVADO	F	8340	00:24:36.28	00:49:03.02	00:49:33.96	
1102	JOÃO CRUZ	M	5063	00:25:08.10	00:48:26.25	00:49:34.05	GRCD Leião
1103	MARIA TERESA DOMINGUES	F	7511		00:49:05.26	00:49:34.58	
1104	PEDRO PLASSEN LOPES	M	545	00:25:22.42	00:48:57.33	00:49:34.61	
1105	VITOR ROCHA	M	5654	00:25:04.85	00:48:36.39	00:49:34.93	GRD Ribeira da Lage
1106	ANTONIO QUEIROS	M	1310	00:23:59.29	00:48:53.95	00:49:35.59	
1107	HUGO MONTEIRO	M	971	00:23:42.69	00:49:24.79	00:49:36.23	
1108	RICARDO SILVA	M	5401	00:25:28.82	00:47:48.99	00:49:36.38	
1109	PAULO SANTOS	M	3571	00:26:30.19	00:47:28.11	00:49:36.88	
1110	GONÇALO LAGE	M	5139	00:24:49.61	00:48:56.30	00:49:36.90	Fonseca Galhão
1111	LUIS A. C. ALVES	M	8375	00:24:38.88	00:48:36.04	00:49:37.41	
1112	ALBERTO FERNANDES	M	4790	00:24:31.49	00:49:01.27	00:49:37.60	CR Leões de Porto Salvo
1113	SÉRGIO BASTINHO	M	1861	00:24:50.41	00:48:39.86	00:49:37.83	
1114	EDUARDO PINTO	M	926	00:25:07.89	00:48:47.82	00:49:37.89	
1115	FREDERICO MELO	M	6907	00:23:47.87	00:49:13.88	00:49:39.09	
1116	RUBEN SILVA	M	2878	00:25:17.95	00:49:04.42	00:49:39.13	Câmara Lisboa Clube
1117	JOÃO LOPES	M	588	00:25:32.42	00:48:13.88	00:49:39.19	
1118	CARLOS SANCHES	M	9248		00:48:44.33	00:49:39.83	Continente
1119	PAULO LOURINHO	M	2742	00:26:21.80	00:49:09.19	00:49:40.88	
1120	SANDRA ROMANO	F	6542	00:24:50.69	00:49:32.03	00:49:41.20	Garmin Clube Olímpico Oeiras
1121	CARLOS LOPES	M	584	00:24:35.49	00:48:53.87	00:49:41.79	
1122	ANTÓNIO ALMEIDA	M	4958	00:26:32.80	00:48:48.56	00:49:42.17	G. R. D. Ribeira da Lage
1123	ALFREDO MATEUS	M	4943	00:24:57.66	00:49:10.89	00:49:42.38	LINDA-A-PASTORA SPORTING CLUBE
1124	CATARINA CARREIRA	F	4972	00:23:54.46	00:49:24.56	00:49:42.47	LINDA-A-PASTORA SPORTING CLUBE
1125	RICARDO FILIPE	M	923	00:25:12.90	00:48:55.12	00:49:42.61	RUNAUDIT
1126	CARLOS MANUEL RAMOS DINIS	M	3711	00:25:01.68	00:48:36.53	00:49:42.81	CLUBE MILLENNIUM BCP
1127	ERNESTO MONTEIRO	M	2882	00:25:44.11	00:48:16.50	00:49:43.18	Câmara Lisboa Clube
1128	MANUEL VAZ	M	7976	00:22:59.90	00:49:43.27	00:49:43.27	
1129	VITOR AGUILAR	M	1472	00:25:32.48	00:49:00.41	00:49:43.60	
1130	CARLOS PIRES	M	503	00:24:49.40	00:49:11.48	00:49:43.99	
1131	SERGIO PAULO CAETANO MENDES	M	4670	00:25:57.79	00:48:12.40	00:49:44.08	
1132	MARGARIDA DE ALMEIDA SANTOS SOBREIRA	F	6782	00:24:33.38	00:49:06.60	00:49:44.33	
1133	JOÃO LEITÃO	M	2701	00:25:21.66	00:49:06.68	00:49:45.20	RunLovers
1134	ALEXANDRA MATIAS	F	2131	00:24:57.82	00:48:49.38	00:49:45.27	06:30, --
1135	FRANCISCO DO VAL	M	6626	00:25:20.60	00:49:19.60	00:49:45.30	CR Leões de Porto Salvo
1136	DIAMILA ANDRÉ CARDONA	F	4094	00:23:22.27	00:49:41.50	00:49:45.55	Pepsico 1
1137	ANTÓNIO GODINHO	M	955	00:24:41.61	00:49:09.79	00:49:45.58	
1138	GUILHERME GONÇALVES	M	5989	00:24:12.33	00:49:34.29	00:49:45.59	Clube Ferroviário de Portugal
1139	ANTONIO SILVA	M	6652	00:26:01.81	00:48:39.67	00:49:45.66	
1140	PATRICIA MORGADO	F	5969	00:24:43.50	00:49:27.62	00:49:46.25	LINDA-A-PASTORA SPORTING CLUBE
1141	PAULO JORGE VICENTE DOS SANTOS BRITO	M	8403	00:24:43.92	00:49:27.58	00:49:46.29	
1142	MIGUEL AIRES DA SILVA	M	6028	00:24:58.58	00:48:57.42	00:49:46.61	i2D - intelligence to drive
1143	ADRIANO FELÍCIO	M	4552	00:24:01.40	00:49:20.91	00:49:46.66	CCD Sintrense
1144	LUIS FRANCO	M	8673	00:23:56.20	00:49:28.29	00:49:47.18	
1145	MIGUEL NUNES	M	596	00:24:44.64	00:49:05.00	00:49:47.32	Xerox Roadrunners
1146	JORGE BRANCO	M	7695	00:21:42.81	00:49:44.09	00:49:47.36	BMW
1147	NUNO CUNHA	M	1031	00:24:05.95	00:49:25.33	00:49:47.55	
1148	JOAO LOPES	M	8522	00:26:14.92	00:48:53.39	00:49:47.64	
1149	PEDRO ESCÁRIA	M	1019	00:26:30.75	00:45:37.72	00:49:48.16	Escária
1150	DANIEL LOURENÇO RODRIGUES	M	2735	00:25:39.82	00:49:16.07	00:49:48.39	
1151	RICARDO MANUEL SILVA RODRIGUES	M	2734	00:25:39.48	00:49:16.03	00:49:48.46	
1152	IVO FERREIRA	M	4489	00:22:57.07	00:49:32.02	00:49:48.61	GRD Os Fixes
1153	PEDRO DOMINGOS SANCHES GOMES	M	9170	00:22:57.25	00:49:43.79	00:49:49.11	
1154	LUÍS FILIPE P TABORDA	M	1704	00:24:50.95	00:48:48.04	00:49:49.20	Os Conta-Kilómetros
1155	RUI FILIPE	M	4129	00:24:25.25	00:49:19.73	00:49:49.55	
1156	JOÃO FILIPE NUNES FERREIRA	M	1394	00:27:04.80	00:47:17.99	00:49:49.56	
1157	RODRIGO SARROEIRA	M	7773	00:27:03.79	00:48:09.47	00:49:50.05	
1158	DIANA BATISTA	F	7448	00:25:09.72	00:49:21.93	00:49:50.22	
1159	ANDREIA RODRIGUES	F	9676	00:25:56.20	00:47:21.11	00:49:50.42	CCD Crédito Agrícola Mútuo
1160	RUI DUARTE	M	7836	00:25:10.57	00:49:36.26	00:49:50.86	
1161	AGOSTINHO MATIAS	M	2132	00:24:57.83	00:48:55.57	00:49:51.21	06:30, --
1162	JOSÉ MANUEL MATOS	M	1469	00:25:33.94	00:48:58.84	00:49:51.28	
1163	SERGIO SOEIRO	M	6093	00:25:48.45	00:49:05.46	00:49:51.29	
1164	PAULO GONÇALVES	M	6932	00:25:15.87	00:49:12.35	00:49:51.92	
1165	RUI GRAÇA	M	1434	00:23:47.30	00:49:24.30	00:49:51.93	CCD Crédito Agrícola Mútuo
1166	RUI ALMEIDA	M	4186	00:25:06.92	00:49:13.44	00:49:52.08	
1167	CRISTIANO ROCHA	M	910	00:25:38.88	00:49:52.12	00:49:52.12	
1168	BRUNO ESTEVES	M	3014	00:25:34.65	00:48:41.84	00:49:52.29	



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1169	JACINTO PEREIRA	M	5092	00:25:04.00	00:49:28.77	00:49:53.24	Lis Running CPA
1170	BERNARDO AGUIAR	M	7107	00:24:07.00	00:49:10.24	00:49:53.45	
1171	PEDRO MIGUEL CRUZ	M	5746	00:25:49.13	00:47:48.80	00:49:53.77	
1172	JORGE OLIVEIRA	M	375	00:24:49.71	00:49:14.27	00:49:54.03	
1173	FRANCISCO AIRES	M	9507	00:25:29.70	00:48:47.87	00:49:54.13	
1174	JOÃO MARTINHO	M	9506	00:25:29.90	00:48:47.97	00:49:54.32	
1175	INÊS MARIA GONÇALVES	F	6522	00:25:14.34	00:48:39.95	00:49:54.76	
1176	JOÃO BARREIRA	M	1024	00:24:57.45	00:49:11.92	00:49:54.90	
1177	NUNO OLIVEIRA	M	981	00:25:29.42	00:49:13.35	00:49:55.28	
1178	JORGE COSTA	M	2749	00:24:23.31	00:49:23.39	00:49:55.33	
1179	HUGO FILIPE DE ALMEIDA MARREIROS	M	7830	00:24:23.76	00:48:59.92	00:49:55.44	
1180	PEDRO FERREIRA	M	3110	00:23:51.00	00:49:36.58	00:49:55.50	Clube Robbialac
1181	ABILIO CAMPOS	M	2345	00:24:41.69	00:49:20.55	00:49:55.68	
1182	JOSE AGAPITO	M	7841	00:25:13.74	00:48:42.98	00:49:56.31	
1183	VID BOGOVIC	M	9351	00:26:05.58	00:48:13.82	00:49:56.33	
1184	FREDERICO COSTA	M	9147	00:24:05.36	00:49:31.12	00:49:56.84	HP
1185	MARCO NANITA	M	1443	00:24:09.32	00:49:49.56	00:49:57.15	
1186	ELTON TAVARES	M	7063	00:24:58.91	00:48:31.78	00:49:57.34	I'IKE A runner
1187	RENATO OSÓRIO	M	5101		00:49:57.38	00:49:57.38	Lis Running CPA
1188	CARLOS TEIXEIRA	M	2686	00:24:32.95	00:49:17.66	00:49:57.56	
1189	HUGO MÁXIMO	M	5270	00:25:00.50	00:49:13.82	00:49:57.60	
1190	ÁLVARO CARAMONA	M	2083	00:27:00.78	00:44:37.29	00:49:57.79	Grupo corrida Joaquim Chaves S
1191	MANUEL ARAÚJO	M	4723	00:23:06.44	00:49:28.63	00:49:57.95	CR Leões de Porto Salvo
1192	MARIA VARELA	F	6759	00:24:46.13	00:49:36.05	00:49:58.49	NucleOeiras/SportZONE - ADNO
1193	MARTIM COSTA SECO	M	3259	00:23:03.40	00:49:34.84	00:49:58.52	Weventual 2
1194	NUNO REIS	M	8767	00:27:12.54	00:47:48.28	00:49:58.53	
1195	NUNO ARCHER	M	6308	00:25:02.21	00:49:36.51	00:49:58.55	
1196	MIGUEL XAVIER	M	6352	00:24:24.16	00:48:49.28	00:49:58.64	BP2SEA
1197	RODRIGO OLIVEIRA	M	2675	00:22:45.62	00:49:34.96	00:49:58.71	Correr na Cidade
1198	BELCHIOR BARROCAS	M	5647	00:25:12.81	00:49:20.20	00:49:59.17	GRD Ribeira da Lage
1199	SUSANA BISCAIA	F	6729	00:25:00.66	00:49:22.66	00:49:59.19	
1200	BRUNO TAVARES	M	3155	00:25:48.66	00:48:23.40	00:49:59.56	
1201	ESMERALDA SARAIVA ALVES DE OLIVEIRA	F	4049	00:24:45.45	00:49:22.32	00:49:59.60	Volkswagen Autoeuropa
1202	PEDRO CORREIA	M	7951	00:25:51.42	00:49:18.10	00:49:59.89	
1203	JOSÉ MARQUES	M	1254	00:24:07.73	00:49:32.72	00:49:59.96	
1204	MIGUEL VASCONCELOS ESTEVES DE AZEVEDO	M	5533	00:24:30.82	00:49:46.05	00:49:59.98	INDEG
1205	PAULO FRANCISCO	M	2314	00:25:56.32	00:49:27.43	00:50:00.14	
1206	MARGARIDA GODINHO	F	8613	00:25:15.75	00:49:35.63	00:50:00.51	GFD Running
1207	CHANTAL XHERVELLE	F	8001	00:25:42.93	00:49:52.37	00:50:00.68	
1208	JAIME LAMEGO	M	8000	00:25:42.92	00:50:00.76	00:50:00.76	
1209	TAM AFONSO	M	4408	00:24:36.35	00:49:50.88	00:50:01.24	Açoreana Clube Banif
1210	NUNO ALVES	M	6792	00:24:51.21	00:49:29.48	00:50:01.82	
1211	BRUNO GONÇALVES	M	3511	00:26:29.61	00:47:01.45	00:50:02.46	
1212	DAVID MIGUEL RODRIGUES DA SILVA	M	8026	00:27:04.50	00:48:22.35	00:50:02.58	
1213	TITO TEIXEIRA	M	4862	00:24:58.29	00:49:20.11	00:50:02.79	CLUBE COLABORADORES AXA
1214	MÁRIO ALEXANDRE ESPERANÇA	M	4631	00:25:48.51	00:48:27.90	00:50:02.91	
1215	JOÃO ANTUNES	M	499	00:25:00.58	00:49:18.94	00:50:03.06	
1216	RICARDO CHASQUEIRA	M	4749	00:25:11.22	00:49:32.67	00:50:03.41	Grupo Desportivo de Barcarena
1217	JOSÉ PEDRO FERREIRA	M	7105	00:25:17.48	00:49:16.44	00:50:03.95	
1218	MIGUEL RAU	M	1831	00:25:13.43	00:49:29.46	00:50:04.02	
1219	FERNANDO FALEIRO	M	8826	00:24:10.13	00:49:32.95	00:50:04.28	
1220	YURI GARCIA	M	5763	00:26:54.05	00:48:04.47	00:50:04.73	
1221	PAULO MARQUES	M	4431	00:25:20.88	00:49:38.95	00:50:04.75	
1222	RUI TIAGO C MARINHEIRO	M	3803	00:25:16.88	00:48:43.31	00:50:05.05	ESMTC
1223	HELIO SANTOS SILVA	M	1525	00:25:42.45	00:49:22.02	00:50:05.11	
1224	APOLO PEREIRA	M	6571	00:25:20.94	00:49:09.29	00:50:05.30	
1225	ANTÓNIO JOSÉ DIAS	M	356	00:25:14.52	00:49:06.37	00:50:06.06	
1226	FERNANDO MARQUES	M	6124	00:25:08.92	00:49:35.15	00:50:06.22	
1227	JOAO MACEDO	M	5143	00:24:48.90	00:49:36.70	00:50:06.30	
1228	CLÁUDIO RIBEIRO FIGUEIRA	M	2412	00:25:01.51	00:48:12.07	00:50:06.37	Tejavista
1229	PEDRO SANTOS	M	3573	00:24:40.72	00:49:36.49	00:50:06.38	
1230	NUNO ALEXANDRE BOGALHEIRO	M	2676	00:23:59.11	00:49:35.41	00:50:06.47	
1231	RUI TENDEIRO	M	7374	00:26:00.75	00:49:18.21	00:50:07.39	
1232	BERNARDO BELLO	M	3634	00:25:20.33	00:49:29.83	00:50:07.98	
1233	PAULO FERNANDES	M	6795		00:49:44.93	00:50:08.02	
1234	CARLOS ANDRÉ LOPES	M	3282	00:24:54.30	00:49:32.36	00:50:08.45	Correr Lisboa
1235	ARMINDO LEITÃO NICOLAU	M	1581	00:24:22.67	00:49:48.21	00:50:08.45	
1236	NUNO MOTA	M	6959	00:25:05.24	00:49:39.72	00:50:08.53	Sonae Sierra
1237	NUNO SILVA	M	355	00:24:58.04	00:49:26.30	00:50:08.78	
1238	LUIS MARTINS	M	1485	00:25:47.68	00:50:09.08	00:50:09.08	
1239	LILIA MOTA	F	4536	00:25:04.87	00:49:40.69	00:50:09.21	
1240	NUNO RIJO	M	4709	00:25:03.92	00:49:58.88	00:50:09.22	
1241	MARCOS VARIZ	M	5000	00:25:08.64	00:49:16.43	00:50:09.23	LINDA-A-PASTORA SPORTING CLUBE

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1242	LUIS TOMÉ	M	4769	00:25:46.22	00:49:33.84	00:50:09.31	
1243	MARIO MONTEIRO	M	2373	00:27:26.32	00:48:29.93	00:50:09.39	Os Galgos
1244	FRANCISCO DIAS	M	4734	00:25:29.40	00:49:22.57	00:50:09.76	N.A. PAPAGAIOS CASCAIS
1245	PAULINO ANDRE PACHECO	M	7385	00:24:25.53	00:49:36.67	00:50:10.19	Naza-Aboboda
1246	NUNO DE CARVALHO E MELO	M	2651	00:24:38.34	00:49:37.30	00:50:10.45	
1247	PEDRO CANECO	M	7429	00:25:54.07	00:48:58.07	00:50:10.52	
1248	FLÁVIO ROBERTO INGLES AMORIM	M	9324	00:24:26.26	00:48:52.13	00:50:10.53	
1249	JOÃO LUIS JORGE LOPES	M	5144	00:25:19.76	00:49:01.63	00:50:10.63	AM 18 de Maio
1250	EDUARDO RODRIGUES	M	1318	00:25:09.90	00:49:46.60	00:50:10.64	
1251	LUIS PEREIRA	M	8642	00:25:43.40	00:49:37.97	00:50:10.84	GFD Running
1252	MARGARIDA BATISTA	F	1486	00:25:48.47	00:48:49.44	00:50:10.92	
1253	TOMÁS GONÇALVES	M	5138	00:25:20.59	00:49:30.13	00:50:10.97	Fonseca Galhão
1254	IDALÉCIO BARROS	M	340	00:24:20.67	00:49:41.40	00:50:11.16	
1255	VITOR CABRITA	M	6545	00:25:43.06	00:49:24.00	00:50:11.17	Garmin Clube Olímpico Oeiras
1256	MIGUEL VELEZ	M	2874	00:25:38.95	00:49:37.50	00:50:11.19	Câmara Lisboa Clube
1257	MIGUEL CAPELA	M	3158	00:24:47.07	00:49:36.53	00:50:11.31	
1258	CARLOS OLIVEIRA RODRIGUES	M	844	00:25:30.39	00:48:56.20	00:50:11.37	Tejavista
1259	JAIME MARQUES SIMÕES	M	6600	00:26:18.54	00:48:31.43	00:50:11.96	
1260	NORBERTO RIO DIEGUES	M	8424	00:25:33.24	00:49:19.31	00:50:12.11	
1261	HELDER CONSTANTINO	M	6332	00:25:43.20	00:49:43.15	00:50:12.11	F.S.C.D. da CBSS
1262	VITOR VALAGAO	M	8304	00:25:03.48	00:49:01.84	00:50:12.27	
1263	VALTER TEIXEIRA	M	3470	00:25:31.42	00:49:26.87	00:50:12.39	
1264	ANÍBAL FREIRE	M	4853	00:25:27.04	00:49:39.30	00:50:12.97	Naza-Aboboda
1265	ADELAIDE PEREIRA	F	1562	00:25:03.17	00:49:46.59	00:50:13.51	CCD Loures-Correr para Viver+
1266	LUIS PEREZ	M	7986	00:25:11.98	00:48:25.99	00:50:13.55	
1267	JOSÉ PAULO SILVA	M	1574	00:24:44.21	00:49:30.69	00:50:14.84	
1268	JOSÉ MARUTA	M	9523	00:25:25.07	00:49:35.14	00:50:15.00	Volkswagen Autoeuropa
1269	VIRGILIO VEDOR CAMPOS COSTA	M	3652	00:25:03.60	00:49:03.77	00:50:15.02	CLUBE MILLENNIUM BCP
1270	JOSÉ CARLOS V AMARAL	M	9044	00:24:52.17	00:49:48.34	00:50:15.44	
1271	SÉRGIO SANTOS	M	9532	00:22:49.19	00:50:12.27	00:50:15.46	Sportzone
1272	PAULO FLOR	M	9354		00:49:20.52	00:50:15.58	Sumol Compal
1273	MIGUEL FREIRE	M	7750	00:25:12.96	00:49:31.29	00:50:15.64	
1274	JOSÉ ANTÓNIO SILVA	M	5973	00:24:17.90	00:49:55.47	00:50:15.78	
1275	BARATELLA EDOARDO	M	9875	00:25:09.39	00:49:27.23	00:50:16.07	
1276	ALEXANDRE NEVES	M	7537	00:25:28.34	00:49:33.10	00:50:16.52	
1277	LUÍS MANUEL SILVA	M	5974	00:24:17.66	00:49:55.68	00:50:16.59	
1278	MEGAN JONES	F	7722	00:25:54.07	00:49:20.98	00:50:16.66	
1279	LUIS CRUZ	M	7472	00:25:19.93	00:49:01.60	00:50:16.91	
1280	PEDRO BRANDÃO	M	3059	00:25:30.58	00:48:30.22	00:50:17.15	
1281	NUNO LOPES	M	8189	00:26:26.28	00:47:50.26	00:50:17.41	
1282	MIGUEL BERMONTE	M	1584	00:24:49.09	00:49:43.68	00:50:17.42	
1283	ZOPPELLI CHIARA	F	9874	00:25:40.23	00:49:29.32	00:50:17.55	
1284	DANIEL TOMÁS	M	4153	00:25:19.12	00:49:28.89	00:50:18.20	BIVAC IBERICA
1285	AMÂNDIO PIMENTA	M	6589	00:25:55.83	00:49:21.84	00:50:19.10	
1286	HERBERT BEAUMONT	M	4986	00:25:15.36	00:49:39.93	00:50:19.14	LINDA-A-PASTORA SPORTING CLUBE
1287	PEDRO RIBEIRO	M	7317	00:27:28.29	00:46:51.10	00:50:19.41	
1288	CARLA CRUZ	F	9610	00:26:11.42	00:49:01.18	00:50:21.48	
1289	AMILCAR ALMEIDA	M	3322	00:24:39.56	00:49:53.15	00:50:21.62	CCDTMetroLX
1290	JOAQUIM LIDORIO ROCHA PINHEIRO	M	8140	00:26:10.98	00:48:18.84	00:50:22.05	
1291	BERNARDO FIGUEREDO	M	7214	00:23:22.19	00:50:07.15	00:50:22.12	CLUBE DESPORTIVO VILA FRIA
1292	MIGUEL MARTI	M	2562	00:25:34.26	00:49:35.78	00:50:23.12	
1293	PAULO TEIXEIRA	M	3375	00:25:43.62	00:48:24.99	00:50:23.27	Fast & Furious Runners Team
1294	ROGÉRIO JARDIM	M	683	00:24:27.97	00:49:48.47	00:50:23.81	
1295	DANIEL GUERREIRO	M	2746	00:25:54.47	00:48:54.50	00:50:23.97	
1296	CARLOS FILIPE	M	7765	00:24:53.12	00:50:01.54	00:50:25.02	
1297	CLÁUDIO PAULO PATRÍCIO DE SÃO BRÁS	M	8544	00:24:57.63	00:48:45.54	00:50:25.18	
1298	JOSE CARLOS SANTOS RODRIGUES	M	3776	00:25:31.27	00:50:00.52	00:50:28.39	CLUBE MILLENNIUM BCP
1299	NUNO SILVA	M	4384	00:24:22.29	00:49:35.18	00:50:28.89	Açoreana Clube Banif
1300	VITOR SANTOS	M	4720	00:24:01.56	00:49:43.84	00:50:28.93	CR Leões de Porto Salvo
1301	HUGO .	M	1747	00:24:37.55	00:50:09.28	00:50:28.99	
1302	DAVIDE HENRIQUE PATRICIO MENDES	M	4629	00:24:37.53	00:50:09.68	00:50:29.13	
1303	MANUEL HORTELÃO	M	1043	00:25:41.23	00:49:40.98	00:50:29.55	AMIGOS DA FLOR
1304	ANDRÉ CID	M	9059	00:25:48.28	00:49:01.32	00:50:30.13	MiRC
1305	PAULA NUNES	F	2520	00:25:22.77	00:49:58.27	00:50:30.44	
1306	HENRIQUE GUEDES	M	8796	00:23:56.69	00:50:29.16	00:50:30.58	
1307	ANDRÉ ANTUNES	M	8747	00:25:26.54	00:49:32.46	00:50:30.68	Tabaqueira
1308	JOSÉ OLIVEIRA	M	8810	00:25:59.79	00:50:09.20	00:50:30.75	
1309	BRUNO REIS	M	4576	00:25:16.99	00:49:54.05	00:50:31.38	
1310	BRUNO FREIRE	M	265	00:25:34.53	00:49:40.07	00:50:32.33	
1311	FERNANDO SANTOS	M	4788	00:25:19.96	00:49:53.82	00:50:32.58	CR Leões de Porto Salvo
1312	SONIA CORREIA	F	5645	00:24:46.20	00:50:08.31	00:50:33.24	GRD Ribeira da Lage
1313	CARLOS MACHADO	M	7720	00:24:29.75	00:49:45.99	00:50:34.00	
1314	ARMANDO BRAVO	M	9512	00:25:24.00	00:50:02.77	00:50:34.19	CR Leões de Porto Salvo

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1315	ALVARO ALMEIDA	M	4817	00:25:55.30	00:48:46.90	00:50:34.22	
1316	RUI GONÇALVES	M	5216	00:24:11.48	00:50:03.00	00:50:34.52	
1317	ANA CRISTINA FRANCISCO	F	2315	00:25:56.69	00:50:01.62	00:50:34.98	
1318	CARLOS EUGÉNIO DIAS DE MELO	M	1320	00:25:17.02	00:49:54.15	00:50:35.61	Correr Lisboa
1319	RUI GOMES	M	1904	00:25:11.06	00:50:15.66	00:50:36.80	
1320	JORGE MATIAS	M	8936	00:25:28.85	00:49:32.76	00:50:36.93	
1321	RICARDO CANAS	M	3196	00:25:48.26	00:49:55.27	00:50:36.94	CLUBE GRUPO BES
1322	MARCO DANIEL CARRILHO COSTA	M	1377	00:24:59.97	00:50:04.66	00:50:37.14	
1323	HENRIQUE JOSE SAMORA	M	6001	00:26:22.49	00:49:17.94	00:50:37.19	Clube Ferroviário de Portugal
1324	SÉRGIO EIRA	M	3204	00:25:58.07	00:49:39.09	00:50:38.80	CLUBE GRUPO BES
1325	JOÃO GOMES	F	564	00:24:57.66	00:50:15.50	00:50:40.30	
1326	JOSÉ FIDÉLIO	M	6506	00:25:03.72	00:50:01.21	00:50:41.57	CLAC - Entroncamento
1327	MARIA LOPES	F	6740	00:25:33.45	00:50:07.04	00:50:41.80	NucleOeiras/SportZONE - ADNO
1328	FRANCISCO JOSÉ FAUSTINO CORREIA	M	8374	00:26:30.48	00:47:09.74	00:50:42.21	
1329	PEDRO CORREIA ANACLE	M	364	00:24:34.81	00:50:10.62	00:50:42.39	
1330	NUNO PEDROSO	M	7753	00:24:28.11	00:50:14.08	00:50:42.48	
1331	NUNO GALVÃO	M	1509	00:25:07.02	00:50:03.10	00:50:42.79	
1332	FERNANDO FERNANDES	M	2461	00:26:10.72	00:50:01.85	00:50:43.08	
1333	ANTÓNIO JANEIRO	M	6799		00:50:40.07	00:50:43.27	
1334	CÁTIA SILVA	F	3572	00:24:40.43	00:50:13.80	00:50:43.55	
1335	SÉRGIO AUGUSTO NETO DA COSTA	M	3248	00:24:45.49	00:49:42.73	00:50:43.70	Color Team
1336	MARTA COLAÇO	F	6564	00:24:49.35	00:50:15.12	00:50:44.08	CAN - CLUBE ATLETISMO NAZARE
1337	HELDER COTRIM	M	1537	00:25:46.75	00:50:07.30	00:50:44.28	
1338	ANTONIO MANUEL DOMINGUES	M	4756	00:26:21.38	00:48:03.11	00:50:44.45	Correr Lisboa
1339	LUCA RANISE	M	3466	00:25:23.38	00:49:51.08	00:50:44.85	
1340	EDUARDO ÁLVARO	M	6064	00:25:44.16	00:50:01.22	00:50:44.87	
1341	NUNO RAMINHAS	M	665	00:24:49.97	00:50:19.25	00:50:45.12	
1342	JOAQUIM BRANQUINHO	M	3174	00:25:00.66	00:50:04.50	00:50:45.15	
1343	JOSÉ FERREIRA	M	2889	00:23:59.71	00:50:32.69	00:50:45.38	Câmara Lisboa Clube
1344	JOSÉ TRINDADE	M	1816	00:23:45.48	00:50:30.78	00:50:45.46	
1345	ALEXANDRE ANTÓNIO FERRO CANTANHEDE	M	3907	00:24:21.09	00:50:26.38	00:50:45.99	
1346	NUNO FLORA	M	9549	00:27:29.36	00:46:16.69	00:50:46.14	Sportzone
1347	JOAO C S CORREIA	M	4897	00:25:28.74	00:50:02.27	00:50:46.58	
1348	JORGE PAULO	M	2564	00:25:21.90	00:50:19.61	00:50:47.32	
1349	CARLOS BALAO	M	3145	00:26:39.26	00:49:22.71	00:50:48.62	CLUBE GRUPO BES
1350	PAULO PLANCHE	M	1013	00:23:42.26	00:50:38.18	00:50:48.92	
1351	JOAO VICTOR	M	8701	00:24:26.79	00:50:41.07	00:50:49.47	Peugeot
1352	PEDRO FERREIRA	M	8266	00:24:36.77	00:50:26.94	00:50:49.61	
1353	PAULO PALMINHA	M	1070	00:24:49.38	00:50:17.92	00:50:51.92	
1354	JOÃO RIBEIRO	M	8986	00:27:42.15	00:47:46.78	00:50:52.76	
1355	DAVID VAN OOTEGHEM	M	7179	00:24:48.90	00:50:02.09	00:50:52.98	The 3 Degrees
1356	ANTÓNIO SÉRGIO C. RAPOSO	M	1943	00:24:49.74	00:50:07.01	00:50:53.43	
1357	RUI JOSÉ RODRIGUES SANTOS	M	2220	00:25:44.81	00:50:15.03	00:50:53.43	
1358	ANTÓNIO RAMALHO	M	1738		00:50:39.00	00:50:53.46	Os Galgos
1359	PEDRO FAVINHA	M	5409	00:25:12.66	00:50:38.30	00:50:53.57	
1360	FILIFE ALMEIDA	M	2410	00:27:21.06	00:46:40.02	00:50:53.70	
1361	PEDRO V MATOS	M	7667	00:24:44.61	00:50:22.91	00:50:54.10	
1362	ANA FIGUEIREDO	F	5603	00:25:47.26	00:50:08.10	00:50:55.20	
1363	JOÃO SILVA	M	7929	00:25:35.19	00:50:24.59	00:50:55.26	
1364	LUÍS MILA FILIPE	M	4135	00:25:31.79	00:50:23.21	00:50:55.46	SCALABIS NIGHT RUNNERS
1365	LEANDRO GAMEIRO NABAIS	M	8517	00:24:59.24	00:50:16.81	00:50:55.55	
1366	FRANCISCO MANUEL PINTO	M	8278	00:24:51.81	00:50:21.27	00:50:56.09	
1367	SERGIO BORGES	M	4462	00:25:05.98	00:50:42.93	00:50:56.34	NUCLEO DESPORTIVO AUTOCOOPE
1368	TIAGO FERREIRA GOMES BELO	M	4045	00:24:42.69	00:50:29.50	00:50:56.60	CCD TRANQUILIDADE
1369	PEDRO ANDRADE	M	3191	00:24:30.52	00:50:26.06	00:50:57.23	CLUBE GRUPO BES
1370	JOÃO FERNANDES	M	2575	00:28:18.61	00:46:55.70	00:50:57.41	
1371	JOSÉ PEREIRA SANTOS	M	2167		00:50:19.65	00:50:57.49	
1372	ORLANDO ALBINO MARTINS	M	3834	00:25:16.22	00:50:22.58	00:50:58.50	
1373	RUI GASPAR	M	6675	00:25:59.79	00:50:12.31	00:50:58.67	MARRIOTT LISBOA
1374	MIGUEL ANTÓNIO MENDES VASCO D'ALMEIDA	M	8102	00:26:45.39	00:47:58.68	00:50:59.34	Kelly Services
1375	NELSON DE SOUSA CARDOSO	M	6622	00:25:07.95	00:50:16.76	00:50:59.40	OS GALGOS DE TANCOS
1376	PEDRO LUIS PIRES ALMEIDA PINHO	M	2638	00:24:58.17	00:50:22.16	00:50:59.54	
1377	JOÃO SOUSA	M	1678	00:26:11.92	00:49:08.59	00:50:59.85	Tämentos Team
1378	JOAO BERNARDO COSTA RIBAS BASTOS MARQUES	M	5675	00:26:46.00	00:49:29.69	00:51:00.29	
1379	JOSE DIAS	M	4459	00:25:00.09	00:50:48.51	00:51:00.74	NUCLEO DESPORTIVO AUTOCOOPE
1380	ERIC VAN LEUVEN	M	540	00:25:40.04	00:50:15.47	00:51:00.94	
1381	FREDERICO DO AMARAL MONTEIRO	M	5480	00:25:53.31	00:49:05.03	00:51:01.02	INDEG
1382	PAULO BATE	M	9251	00:24:42.37	00:50:43.92	00:51:01.04	Continente
1383	MARIA CARMO BARROS	F	2521	00:25:29.40	00:50:27.92	00:51:01.13	
1384	PAULO SANTOS	M	9543	00:24:47.67	00:51:00.20	00:51:01.32	Sportzone
1385	JOAO MANUEL CASTRO PEREIRA	M	6014	00:25:34.87	00:50:31.28	00:51:01.44	
1386	FREDERICO TELES	M	9534	00:24:42.39	00:50:43.45	00:51:01.60	Sportzone
1387	JOAQUIM SEMEDO FIDALGO	M	2414	00:26:00.17	00:49:06.39	00:51:01.65	Tejavista

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1388	RUI ANTUNES	M	8302	00:25:14.48	00:50:28.38	00:51:01.70	
1389	SEM DADOS		9576	00:25:36.79	00:50:06.78	00:51:01.88	
1390	RICARDO CARVALHO	M	5095	00:25:06.27	00:50:37.98	00:51:02.17	Lis Running CPA
1391	FERNANDO CARLOS ALMEIDA	M	2331	00:25:56.42	00:50:29.45	00:51:02.37	
1392	DIOGO SILVA	M	6722	00:25:37.76	00:50:18.88	00:51:03.13	
1393	JOÃO NETO	M	4765	00:25:47.35	00:50:01.23	00:51:03.18	
1394	CARLOS SERRA	M	3583	00:25:44.64	00:49:49.50	00:51:03.51	
1395	MARCO MORGADO	M	3101	00:24:52.44	00:50:08.58	00:51:03.51	
1396	JOÃO FILIPE MARTINHO	M	2368	00:24:50.41	00:50:30.09	00:51:04.08	
1397	JORGE LEITE	M	461	00:25:19.91	00:50:17.08	00:51:04.92	
1398	JOAO MANUEL ROSADO CALISTO	M	6725	00:25:41.23	00:50:21.13	00:51:05.34	
1399	JOSÉ CARLOS	M	2501	00:24:34.70	00:50:50.28	00:51:05.38	Keep Running
1400	LUIS JORGE	M	2554	00:25:21.87	00:50:12.56	00:51:06.11	
1401	LUIS PEGO	M	4687	00:26:14.25	00:50:19.49	00:51:06.39	
1402	JOSÉ NATÁRIO	M	3468	00:25:32.32	00:50:32.87	00:51:06.89	CascaGrossista
1403	TIAGO MANUEL COIMBRA ANTUNES MARTINS	M	5579	00:25:29.07	00:50:17.23	00:51:07.42	INDEG
1404	RICARDO JORGE BALAU	M	446	00:24:43.40	00:50:08.12	00:51:07.48	Os Conta-Kilómetros
1405	VANESSA CARVALHO	F	5098	00:25:06.23	00:50:43.29	00:51:07.54	Lis Running CPA
1406	JORGE COUTINHO	M	9153	00:26:03.80	00:50:44.39	00:51:07.63	HP
1407	FRANCISCO CAPELAS	M	2687	00:25:20.30	00:50:36.82	00:51:07.77	
1408	PAULO ALEXANDRE ESTEVES	M	4256	00:25:07.27	00:50:49.80	00:51:08.18	
1409	CARLOS FERREIRA	M	4457	00:25:05.98	00:51:00.32	00:51:08.47	NUCLEO DESPORTIVO AUTOCOOPE
1410	CARLOS MANUEL RIBEIRO	M	7485	00:26:19.43	00:48:57.85	00:51:08.93	
1411	RUI MANUEL FERREIRA	M	237	00:24:54.84	00:50:26.84	00:51:09.01	
1412	NUNO VAZ	M	1349	00:30:05.90	00:42:19.18	00:51:09.02	Falcões Selvagens
1413	JORGE A. MARTINS	M	254		00:50:11.30	00:51:09.26	
1414	JOÃO FARDILHA	M	5224	00:25:31.13	00:50:32.31	00:51:09.65	HP CLUB
1415	MÁRIO SANTOS	M	1616	00:26:10.81	00:50:28.32	00:51:09.89	OVELHA CREW
1416	PEDRO BARRIAS	M	7779	00:25:36.69	00:50:27.94	00:51:10.16	Round Table Running Team
1417	LUIS DO VALE	M	7489	00:25:40.22	00:49:50.09	00:51:10.83	
1418	GONÇALO CARDOSO PEREIRA	M	5174	00:24:18.11	00:50:44.58	00:51:10.91	
1419	SARA MACHADO	F	1054	00:25:13.27	00:50:41.77	00:51:11.00	hot runners
1420	TIAGO CARDAO-PITO	M	3547	00:25:45.37	00:50:30.98	00:51:11.72	
1421	SIMÃO GONÇALVES FERNANDES	M	7782	00:26:24.96	00:49:18.36	00:51:11.93	Clube Desportivo da Novabase
1422	BRUNA ROCHA	F	6282	00:25:45.18	00:50:24.17	00:51:12.06	ACADEMIA FITNESS MILITAR, --
1423	MÁRIO AUGUSTO LEAL PINTO CLARO	M	3578	00:25:40.13	00:50:53.76	00:51:12.10	
1424	RUI DIAS	M	7133	00:25:13.63	00:50:20.26	00:51:12.16	
1425	CARLOS ALBERTO PARREIRA DIAS	M	1358	00:24:17.55	00:50:47.82	00:51:13.81	
1426	RITA FREITAS	F	4660	00:26:40.45	00:49:12.23	00:51:13.86	
1427	VITOR MONTEIRO	M	6673	00:26:06.77	00:49:43.58	00:51:14.50	MARRIOTT LISBOA
1428	LUIS SILVA	M	4322	00:26:19.86	00:50:31.94	00:51:15.68	
1429	JOSÉ SOUSA	M	6579	00:25:33.37	00:50:34.38	00:51:15.88	Falcões Selvagens
1430	JOAQUIM NUNES CORREIA	M	517	00:26:33.98	00:49:36.23	00:51:16.10	
1431	CARLOS OLIVEIRA	M	3471	00:25:23.85	00:50:30.02	00:51:16.51	
1432	PEDRO REIS	M	6334	00:25:53.78	00:50:48.71	00:51:17.02	F.S.C.D. da CBSS
1433	MÁRIO RIBEIRO	M	4255		00:48:08.35	00:51:17.09	
1434	RICARDO MARQUES	M	1351	00:26:36.71	00:49:34.53	00:51:17.49	Falcões Selvagens
1435	PEDRO SANTOS	M	3469	00:27:37.05	00:47:38.17	00:51:17.79	CascaGrossista
1436	NUNO ANDRADE	M	9004	00:26:12.45	00:49:22.31	00:51:17.96	
1437	JOÃO SILVA PINTO	M	4133	00:26:33.72	00:49:51.50	00:51:18.30	
1438	JOSÉ FERRAZ	M	8208	00:27:01.23	00:48:03.34	00:51:18.80	
1439	FERNANDA DOS SANTOS BARBOZA	F	1755	00:25:13.46	00:50:18.20	00:51:18.82	
1440	PEDRO MIGUEL CABELEIRA NEVES	M	3651	00:27:39.70	00:48:47.24	00:51:19.51	CLUBE MILLENNIUM BCP
1441	NUNO TEMPERA	M	299	00:25:38.53	00:50:40.65	00:51:19.60	
1442	MIGUEL PEREIRA BASTOS	M	2921	00:25:44.78	00:50:30.90	00:51:19.75	gdine
1443	IVAN RAMOS	M	3063	00:25:41.61	00:49:35.46	00:51:20.44	
1444	TOMÁS CRUZ	M	5199	00:23:44.20	00:51:12.59	00:51:20.70	
1445	BRUNO PALMA	M	7861	00:25:08.34	00:50:36.07	00:51:21.07	
1446	GONÇALO VIEIRA	M	211	00:26:10.07	00:50:28.98	00:51:21.20	Georunners
1447	JOÃO CID ALVES	M	1542	00:25:09.49	00:50:43.97	00:51:21.36	Volkswagen Autoeuropa
1448	MIGUEL ANES SOARES	M	3287	00:27:08.56	00:48:29.06	00:51:21.70	
1449	PEDRO FERREIRA	M	1069	00:27:10.31	00:48:52.97	00:51:22.22	
1450	PEDRO PAULINO	M	498	00:24:03.94	00:50:50.51	00:51:22.42	
1451	MIGUEL ANTÓNIO SANTOS JORGE	M	7328	00:26:17.09	00:50:12.50	00:51:22.53	
1452	CARLOS .	M	8010	00:25:50.31	00:49:58.37	00:51:22.88	
1453	NUNO PALMA	M	6190	00:25:59.56	00:49:38.26	00:51:23.21	
1454	JOÃO MIGUEL OLIVEIRA	M	2275	00:28:26.96	00:45:32.88	00:51:23.34	UDFAC
1455	TIAGO DIAS	M	6776	00:25:33.09	00:49:58.66	00:51:23.37	NucleOeiras/SportZONE - ADNO
1456	CARLOS HIPÓLITO	M	9985	00:24:41.98	00:50:35.11	00:51:23.81	
1457	PEDRO SERRA	M	1256	00:25:52.11	00:50:27.22	00:51:24.02	Samipe
1458	DIOGO TOMAZ	M	7783	00:26:04.32	00:49:29.25	00:51:24.23	Clube Desportivo da Novabase
1459	PEDRO TOMÁS	M	5614	00:25:44.87	00:50:55.83	00:51:25.19	
1460	MANUEL MATIAS DE LEMOS PACHECO	M	8025	00:25:11.14	00:50:20.46	00:51:25.25	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1461	JOÃO MIGUEL FAUSTINO PIRES	M	8356	00:25:41.21	00:50:18.69	00:51:25.43	Chitas de Alcobaça
1462	FILIFE GARRANAS	M	1596	00:27:07.43	00:48:46.36	00:51:25.82	Falcões Selvagens
1463	ANA FRUTUOSO	F	1192	00:25:22.57	00:50:29.55	00:51:26.49	
1464	MIGUEL GAIVÃO	M	2067	00:24:51.53	00:51:03.75	00:51:26.71	
1465	SOFIA ESCÁRIA	F	1018	00:26:49.77	00:47:18.74	00:51:26.74	Escária
1466	TIAGO PÁDUA	M	1828	00:26:33.88	00:49:50.72	00:51:27.56	
1467	MARIA MEDEIRO	F	6544	00:24:36.09	00:51:21.27	00:51:28.08	Garmin Clube Olímpico Oeiras
1468	CARLA ALEXANDRA LOPES	F	2918	00:25:12.05	00:51:16.68	00:51:28.41	gdine
1469	CARLOS ANSELMO CARVALHO	M	8394	00:25:37.89	00:50:42.29	00:51:28.49	
1470	FERNANDO AGOSTINHO	M	8774	00:25:45.67	00:50:23.88	00:51:28.60	
1471	PEDRO RODRIGUES	M	2653	00:24:50.97	00:50:53.93	00:51:28.80	
1472	GUILHERME GUERREIRO	M	9007	00:27:51.70	00:49:26.45	00:51:28.96	
1473	JOÃO MEDINAS	M	455	00:26:00.48	00:49:33.08	00:51:29.09	
1474	JOSÉ MANUEL ANDRADE	M	2076	00:25:52.42	00:50:54.23	00:51:29.19	Road Runners
1475	JOSE MANUEL DOMINGOS TEIXEIRA	M	3655	00:27:02.66	00:50:20.07	00:51:29.60	CLUBE MILLENNIUM BCP
1476	PAULO ABREU	M	7250	00:26:35.67	00:51:30.25	00:51:30.25	Cromossomas
1477	JORGE GOMES	M	2453	00:26:42.82	00:49:41.19	00:51:30.62	
1478	MÁRIO PIMENTA	M	4134	00:27:59.54	00:48:40.17	00:51:31.13	
1479	BRUNO LOUREIRO	M	5076	00:28:51.26	00:47:21.38	00:51:31.17	
1480	BRUNO FARIA	M	4012	00:26:04.48	00:50:30.64	00:51:31.35	
1481	NUNO FARIA	M	1008	00:25:46.18	00:50:39.95	00:51:31.82	
1482	CLAUDIA FONSECA	F	4973	00:25:13.78	00:51:25.74	00:51:31.82	LINDA-A-PASTORA SPORTING CLUBE
1483	FERNANDO TRINO	M	906	00:26:00.96	00:50:49.87	00:51:31.88	
1484	VÍTOR MELO	M	1731	00:26:07.81	00:50:37.55	00:51:32.21	
1485	PAULA MACHADO	F	1754	00:25:26.66	00:51:01.89	00:51:32.22	
1486	RUI LAMY	M	8206	00:26:14.62	00:50:19.72	00:51:32.30	
1487	DUARTE ALMADA	M	255	00:25:43.85	00:50:33.36	00:51:32.54	
1488	PAULO JORGE RODRIGUES RAMOS	M	5691	00:25:03.26	00:51:04.43	00:51:32.61	
1489	GONÇALO HENRIQUES	M	7238	00:27:57.51	00:48:36.38	00:51:33.10	
1490	JOÃO BANDARRINHA	M	4488	00:26:02.02	00:50:51.53	00:51:33.23	GRD Os Fixes
1491	VICENTE DIAS	M	1444	00:26:20.10	00:50:49.00	00:51:33.40	
1492	JOSÉ GALAMBA	M	4824	00:26:40.49	00:49:55.64	00:51:34.17	Valejas Atlético Clube
1493	PEDRO SERRANO	M	1235	00:27:28.00	00:46:38.37	00:51:34.19	Karamelos Running
1494	NUNO LOPES	M	1222	00:25:26.83	00:50:13.48	00:51:34.49	
1495	FERNANDO LIMA	M	6212	00:25:51.61	00:51:09.72	00:51:34.94	SS CGD
1496	RAUL JOSE VALENTIM COSTA	M	4144	00:25:45.21	00:51:01.40	00:51:35.66	
1497	LUÍS JOÃO	M	2169	00:27:28.83	00:48:57.26	00:51:35.97	Microsoft One
1498	ALEXANDRE TAM	M	2757		00:51:04.96	00:51:36.24	
1499	MANUEL JOAQUIM DA SILVA DIAS	M	1416	00:26:13.96	00:50:48.09	00:51:36.25	
1500	JOÃO NABAIS ANTUNES	M	813	00:25:31.36	00:50:49.98	00:51:37.26	
1501	ANTONIO CASTRO	M	7996	00:26:35.58	00:49:59.19	00:51:37.96	
1502	JOAQUIM CARREIRA	M	6326	00:25:58.92	00:51:00.42	00:51:38.99	
1503	NELSON GOMES	M	4666	00:25:06.65	00:51:00.08	00:51:39.12	
1504	VITOR RODRIGUES	M	6094	00:25:46.92	00:50:56.63	00:51:39.34	
1505	JOAO PEREIRA SANTOS	M	740	00:25:43.58	00:51:01.18	00:51:39.97	
1506	JOAO MIGUEL LAPA ESTIVEIRA	M	3762	00:26:24.45	00:49:57.92	00:51:40.13	CLUBE MILLENNIUM BCP
1507	VITOR VIEIRA	M	1576	00:26:13.08	00:50:55.53	00:51:40.62	
1508	ALFREDO TEIXEIRA	M	4841	00:25:00.13	00:51:32.41	00:51:40.75	Oeiras Sport Clube
1509	VASCO ALPALHÃO	M	8882	00:25:02.65	00:51:16.75	00:51:41.70	
1510	JOHN HINCHEY	M	6347	00:27:00.73	00:50:00.97	00:51:41.98	BP2SEA
1511	LUÍS MANUEL	M	4618	00:24:39.99	00:51:26.62	00:51:43.04	
1512	PAULO ALEXANDRE DUARTE DE ALMEIDA	M	9528	00:25:31.05	00:51:41.31	00:51:43.35	Sportzone
1513	FERNANDA MARTINS	F	4283	00:25:35.67	00:51:03.31	00:51:43.81	GDC Porto Sines
1514	JOÃO PEDRO DE SOUSA GOMES	M	8789	00:24:48.94	00:51:22.61	00:51:43.86	
1515	LUIS DIAS	M	8164	00:27:06.72	00:50:06.40	00:51:44.29	
1516	MIGUEL ROCHA E MELO	M	681	00:27:49.13	00:50:32.94	00:51:45.23	
1517	HENRIQUE SIMÃO	M	4879	00:25:08.87	00:50:52.69	00:51:45.44	GRCD Leião
1518	DOMINGOS FARINHO	M	8670	00:25:43.40	00:50:55.31	00:51:45.83	
1519	FLÁVIO RODRIGUES	M	8187	00:26:35.65	00:49:18.68	00:51:45.95	
1520	NUNO FIALHO	M	3346	00:26:56.00	00:49:16.70	00:51:46.27	
1521	MAGALI GUERREIRO	F	3481	00:26:37.98	00:50:42.73	00:51:46.55	Clube Robbialac
1522	DAVID HARRISON	M	7195	00:26:18.82	00:50:31.50	00:51:46.88	St. Julian's Team
1523	JORGE TEIXEIRA	M	4831	00:22:18.37	00:51:39.63	00:51:47.72	Valejas Atlético Clube
1524	SUSANA GOMES	F	4819	00:25:57.36	00:51:15.04	00:51:48.25	Valejas Atlético Clube
1525	JOEL FERREIRA	M	7467	00:25:46.74	00:50:29.80	00:51:48.33	
1526	RUI PEDRO FARIA DOS SANTOS	M	9379	00:25:55.04	00:50:53.80	00:51:48.61	
1527	CARLOS LOURENÇO	M	6524	00:25:45.47	00:51:49.10	00:51:49.10	Garmin Clube Olímpico Oeiras
1528	ANTÓNIO VIEIRA	M	1286	00:26:02.81	00:50:40.11	00:51:49.41	
1529	CATARINA VIEIRA	F	1641	00:25:44.39	00:50:45.27	00:51:49.56	
1530	ARLINDO PARRA	M	1614	00:25:56.64	00:50:57.03	00:51:50.00	
1531	ORLANDO ALMEIDA	M	1640	00:25:44.34	00:50:45.76	00:51:50.19	
1532	AMERICO SANTOS	M	4608	00:25:26.95	00:51:21.14	00:51:50.60	CCDEL_Efacec
1533	BRUNO POCAS VAZ	M	3681	00:26:25.01	00:50:30.83	00:51:50.76	CLUBE MILLENNIUM BCP

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1534	MARIA INÊS SANTOS SILVA PORTO	F	8576	00:26:51.82	00:49:13.92	00:51:51.11	
1535	BRUNO MOREIRA	M	7889	00:27:04.25	00:50:14.58	00:51:51.37	
1536	JOSE GUERREIRO	M	7103	00:24:37.92	00:51:18.01	00:51:53.64	
1537	FERNANDA GIL	F	4715	00:25:41.07	00:51:23.64	00:51:54.18	CR Leões de Porto Salvo
1538	MALAQUIAS LUZ	M	1647	00:26:36.08	00:51:06.28	00:51:54.34	
1539	EDUARDO MOREIRA	M	985	00:26:11.60	00:50:53.91	00:51:55.21	
1540	LUIS CHABY	M	2379	00:27:29.61	00:49:16.68	00:51:55.40	Microsoft One
1541	MANUEL MENDES	M	4057	00:25:12.00	00:51:36.55	00:51:56.31	10 P'ras 11, --
1542	SOFIA MONTEIRO	F	9581	00:26:14.97	00:51:51.02	00:51:57.32	
1543	PEDRO MIGUEL PEREIRA MENDES	M	6721	00:28:00.49	00:49:33.90	00:51:57.62	
1544	ALEXANDRE ABADE	M	1899	00:27:45.10	00:48:36.80	00:51:57.65	
1545	SÉRGIO FRANCISCO GUERRA SILVA	M	3588	00:29:29.80	00:45:56.68	00:51:57.88	O ESTRONDO
1546	NUNO BOTELHO	M	3415	00:27:09.06	00:51:58.44	00:51:58.44	
1547	PEDRO ENCARNÇÃO	M	3383	00:25:16.84	00:51:21.17	00:51:58.88	
1548	ANTONIO AUGUSTO CASTRO CORREIA	M	3714	00:25:14.29	00:51:06.76	00:51:59.09	CLUBE MILLENNIUM BCP
1549	PAULO FERNANDES	M	7734	00:24:24.47	00:51:33.88	00:51:59.11	Ass Para-quadistas Tejo Norte
1550	JOSÉ MIGUEL FEIRE RAMALHO	M	950	00:25:10.15	00:51:35.97	00:51:59.49	TURBO-LENTO
1551	JOAO CARVALHO	M	7392	00:27:49.78	00:49:55.48	00:51:59.60	
1552	FERNANDO OLIVEIRA	M	533	00:25:21.10	00:51:23.34	00:52:00.66	
1553	PEDRO TEIGAS	M	2205	00:26:16.94	00:51:11.28	00:52:00.70	Tartarugas Solidarias
1554	RUI DUARTE	M	1154	00:26:11.63	00:50:54.77	00:52:00.73	Tartarugas Solidarias
1555	RUI SÁ	M	887	00:26:00.48	00:51:09.68	00:52:01.12	
1556	JOSE CARLOS MACHADO FARIA	M	3713	00:28:22.35	00:47:21.82	00:52:01.46	CLUBE MILLENNIUM BCP
1557	RUI JOSE RAMALHO DOS SANTOS	M	2747	00:26:07.59	00:51:12.94	00:52:01.54	
1558	BRUNO CAPELO	M	369	00:25:38.35	00:51:36.30	00:52:01.67	
1559	PEDRO MIGUEL VENTURA	M	5553	00:27:08.15	00:50:22.43	00:52:01.75	INDEG
1560	PEDRO MARTINS	M	2821	00:26:03.04	00:50:31.88	00:52:02.03	Os Martins
1561	BRUNO MARTINIANO	M	5175	00:26:04.01	00:50:48.70	00:52:02.32	
1562	LUÍS SANTOS	M	6919	00:26:37.94	00:50:21.81	00:52:02.48	
1563	DIOGO SIMÕES PINTO	M	775	00:25:55.69	00:50:59.05	00:52:03.60	
1564	JOSÉ NEVES	M	6572	00:25:00.31	00:50:50.17	00:52:04.17	
1565	TIAGO MATIAS	M	275	00:25:43.53	00:51:28.60	00:52:04.40	
1566	ALEXANDRE MATEUS	M	7905	00:25:39.32	00:51:10.58	00:52:04.69	
1567	JOÃO CORREIA BOTELHO	M	257	00:26:32.60	00:50:25.15	00:52:04.96	
1568	HUGO SOUSA	M	4359	00:25:39.84	00:51:34.31	00:52:05.35	Açoreana Clube Banif
1569	NELSON RAMUGI BRITO	M	4850	00:25:44.43	00:51:42.73	00:52:05.44	Grupo Desportivo de Barcarena
1570	JOSÉ MENDES	M	7939		00:51:37.37	00:52:05.48	
1571	CARLOS RIBEIRO	M	1744	00:25:58.87	00:51:23.57	00:52:05.88	Os Galgos
1572	MARIA FILOMENA RAMOS MARTINS	F	3857	00:25:20.97	00:52:05.95	00:52:05.95	
1573	EDGAR BELGUINHA RODRIGUES	M	3417	00:27:51.69	00:52:06.21	00:52:06.21	
1574	PEDRO MIGUEL NEVES RIBEIRO PAULO	M	8454	00:26:34.61	00:50:46.33	00:52:06.33	
1575	GENTIL PEREIRA	M	1044	00:25:33.13	00:51:17.15	00:52:06.85	AMIGOS DA FLOR
1576	ISABEL COELHO DIAS DA SILVA	F	4810	00:26:37.50	00:51:33.77	00:52:07.29	
1577	JOAQUIM HENRIQUES SILVERIO	M	2223	00:26:02.56	00:51:28.96	00:52:07.35	
1578	PAULO LOPES	M	2826	00:25:05.36	00:51:33.88	00:52:07.79	
1579	SÓNIA LOBO	F	5768	00:25:57.79	00:51:02.98	00:52:07.90	CD Salvaterrense/CME
1580	MARIO CRUZ	M	6568	00:25:17.21	00:51:39.98	00:52:08.07	
1581	LUIS TAVARES	M	3215	00:25:44.97	00:51:49.55	00:52:08.37	
1582	FRANCISCO MAURICIO	M	1825	00:25:23.06	00:51:21.92	00:52:08.41	
1583	ALCEU PAULO	M	5626	00:25:34.32	00:52:08.67	00:52:08.67	GRD Ribeira da Lage
1584	MANUELA FOLGADO	F	4719	00:25:40.80	00:51:59.23	00:52:08.83	CR Leões de Porto Salvo
1585	CARLA SOFIA COSTA RAMALHO	F	3725	00:26:21.78	00:51:00.78	00:52:08.97	CLUBE MILLENNIUM BCP
1586	ANA BARBOSA	F	7301	00:26:47.10	00:50:36.43	00:52:09.26	
1587	LÍGIA COSTA	F	7595	00:26:42.69	00:51:41.86	00:52:09.62	
1588	LUÍS BRAZINHA	M	5990	00:26:24.72	00:51:19.69	00:52:09.94	Clube Ferroviário de Portugal
1589	PEDRO COELHO	M	879	00:25:40.66	00:51:39.96	00:52:10.13	aclis liberty seguros
1590	CARLA MARIA DINIS MENDES	F	6073	00:26:20.95	00:51:03.21	00:52:10.14	Tartarugas Solidarias
1591	SÉRGIO MARTINS	M	7685	00:27:40.72	00:50:13.06	00:52:10.79	
1592	HUGO REIS	M	7213	00:24:08.15	00:52:00.03	00:52:10.83	CLUBE DESPORTIVO VILA FRIA
1593	FERNANDO C. MARQUES	M	339	00:26:02.51	00:51:45.18	00:52:10.92	
1594	LUIS ANDRE VITORINO FERREIRA	M	8461	00:26:31.22	00:50:22.85	00:52:11.26	
1595	JOSÉ CANHOTO	M	3300	00:25:55.54	00:51:21.73	00:52:11.53	
1596	ANTONIN BISMARA	M	5197	00:26:40.27	00:50:49.48	00:52:12.12	
1597	ANTÓNIO JOSÉ SALES	M	1251	00:25:11.56	00:51:56.29	00:52:12.16	
1598	VITOR REVEZ	M	4959	00:25:42.43	00:51:32.46	00:52:12.61	G. R. D. Ribeira da Lage
1599	ANTÓNIO JOÃO ANTUNES	M	3117		00:50:19.68	00:52:13.07	
1600	ANTÓNIO JOAQUIM PEREIRA RAMOS	M	1176	00:26:13.21	00:51:15.94	00:52:13.65	
1601	RICARDO SILVA	M	880	00:25:41.59	00:51:42.87	00:52:14.20	aclis liberty seguros
1602	JOÃO PAULO COSTA	M	5278	00:25:39.51	00:51:38.14	00:52:14.36	
1603	RODRIGO CORREIA	M	4442	00:25:53.16	00:51:25.22	00:52:14.85	CCD Sintrense
1604	TIAGO FERREIRA	M	1406	00:26:36.60	00:50:22.06	00:52:15.66	
1605	PEDRO MIRANDA	M	8577	00:24:48.26	00:51:55.26	00:52:15.81	
1606	LUÍS SIMÕES	M	8913	00:24:53.81	00:52:12.00	00:52:16.93	Pepsico

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1607	MÁRIO PINTO	M	7422	00:26:07.52	00:51:03.86	00:52:16.99	
1608	FERNANDO MANUEL VALENTE LOPES	M	2969	00:26:53.89	00:50:59.81	00:52:17.74	
1609	RUI ROSA	M	2522	00:25:49.94	00:51:44.45	00:52:18.00	
1610	HELDER MIGUEL NUNES DIOGO	M	3659	00:26:26.41	00:50:37.37	00:52:18.70	CLUBE MILLENNIUM BCP
1611	JOSÉ SAMPAIO	M	10037	00:26:46.64	00:50:33.04	00:52:18.89	
1612	JOSÉ MIGUEL CALHEIROS	M	1748	00:25:49.81	00:51:21.28	00:52:18.99	
1613	JOSE ANTONIO POLIDO FERREIRA	M	3722	00:27:38.21	00:49:49.31	00:52:19.18	CLUBE MILLENNIUM BCP
1614	ANTÓNIO LOPES	M	5069	00:26:52.71	00:50:44.74	00:52:19.29	GRCD Leião
1615	FRANCISCO PARAÍBA	M	924	00:26:17.91	00:51:31.10	00:52:19.33	RUNAUDIT
1616	RUI FILIPE ROQUE MONTEIRO	M	6867	00:30:21.95	00:43:29.54	00:52:19.68	
1617	MARGARIDA ROQUE AMARO	F	1212	00:27:36.46	00:50:20.89	00:52:19.77	
1618	JORGE ALEXANDRE RAMOS	M	420	00:25:51.13	00:51:36.43	00:52:20.12	
1619	PAULO DIEGUES	M	4926	00:26:04.04	00:51:27.50	00:52:20.28	
1620	ROBERTO GONÇALVES	M	3214	00:25:24.26	00:51:51.98	00:52:20.39	
1621	ANTONIO RIBEIRO	M	362	00:25:18.33	00:51:41.97	00:52:20.59	
1622	PAULO BAPTISTA	M	3626	00:26:13.75	00:51:43.83	00:52:21.06	Volkswagen Autoeuropa
1623	CARLA VIEGAS	F	1087	00:26:09.67	00:51:29.53	00:52:21.29	
1624	TIAGO PALHEIRA	M	4650	00:25:23.33	00:52:04.63	00:52:21.34	Ginásio Vivência Explosiva
1625	ANTONIO VILELA	M	1836	00:26:14.24	00:51:33.89	00:52:21.74	
1626	CARLOS EDUARDO DUARTE LAPA	M	6800	00:26:58.94	00:50:53.90	00:52:22.07	
1627	VÍTOR MANUEL CAETANO GONÇALVES	M	1984	00:25:50.10	00:50:40.51	00:52:22.18	
1628	GONÇALO BARRADAS	M	7702	00:26:28.01	00:51:00.30	00:52:22.70	
1629	RUI PEDRO VALENTE M. DIAS	M	3008	00:25:59.95	00:51:42.96	00:52:22.97	
1630	PEDRO MAURÍCIO VIEIRA	M	4768	00:25:31.83	00:51:49.65	00:52:23.38	
1631	IOLANDA MARISA A. BATISTA	F	3009	00:26:00.21	00:51:43.72	00:52:23.42	
1632	ANTÓNIO MANUEL SILVA	M	4031	00:24:42.36	00:51:56.88	00:52:24.45	CCD TRANQUILIDADE
1633	RUI CONCEIÇÃO	M	2959	00:24:14.35	00:52:21.47	00:52:24.49	
1634	CARLOS MANUEL GOMES	M	4539	00:26:27.86	00:50:57.16	00:52:24.61	
1635	JOÃO RUSSO	M	9636	00:25:08.92	00:52:22.02	00:52:24.83	
1636	JORGE SOUSA	M	7102	00:25:33.86	00:51:50.78	00:52:24.98	
1637	MARIA CLEONICE DE OLIVEIRA	F	1750	00:26:36.33	00:51:37.58	00:52:25.07	
1638	LUIS MIGUEL GUINDAÇO CAEIRO	M	7893	00:25:10.13	00:52:07.15	00:52:25.13	
1639	ANA FERNÁNDEZ GONÇALVES	F	8541	00:26:39.66	00:51:03.64	00:52:25.79	
1640	NUNO CORREIA	M	3866	00:28:27.27	00:48:21.94	00:52:25.94	
1641	ODILIA GOMES	F	6765	00:24:54.98	00:52:03.83	00:52:26.02	NucleOeiras/SportZONE - ADNO
1642	PEDRO BASTOS	M	762	00:25:43.67	00:51:43.31	00:52:26.66	
1643	JOSE CARLOS NUNES FERREIRA	M	1040	00:25:08.27	00:52:06.23	00:52:26.78	
1644	LUIS ROMEIRAS	M	7057	00:25:47.66	00:51:36.37	00:52:27.49	LROMEIRAS
1645	RICARDO LANCEIRO	M	6768	00:26:40.29	00:51:27.80	00:52:27.53	NucleOeiras/SportZONE - ADNO
1646	HÉLDER CARVALHEIRA	M	405		00:52:27.58	00:52:27.58	
1647	JOAQUIM COSTA	M	6099	00:25:55.42	00:52:02.68	00:52:27.76	J. O. M. A.
1648	RUI CABRAL	M	8477	00:27:57.91	00:50:14.17	00:52:28.19	
1649	JORGE MIGUEL GONÇALVES	M	9001	00:27:18.62	00:50:37.63	00:52:28.45	
1650	RODRIGO DUARTE	M	6772	00:26:40.17	00:51:28.78	00:52:28.63	NucleOeiras/SportZONE - ADNO
1651	ANTONIO SANTOS	M	2706	00:25:41.80	00:51:57.09	00:52:28.65	Volkswagen Autoeuropa
1652	RUI MIGUEL PAZ ALMEIDA	M	8131	00:25:22.54	00:51:26.21	00:52:28.72	
1653	PAULO CABAÇO	M	966	00:26:17.11	00:51:29.29	00:52:30.89	
1654	EDGAR GUILHERME	M	3081	00:27:14.31	00:50:13.71	00:52:30.95	Restaurante "O Cartaxeiro"
1655	SÉRGIO CAJADO	M	4404	00:26:36.14	00:50:19.12	00:52:31.34	Açoreana Clube Banif
1656	EDGAR MAGRO	M	998	00:27:23.30	00:51:01.85	00:52:31.89	
1657	ADELINO PEREIRA	M	3016	00:26:32.69	00:51:29.13	00:52:32.07	ODEBRECHT PORTUGAL
1658	LUISA SOUSA	F	5635	00:27:42.77	00:49:23.14	00:52:32.18	GRD Ribeira da Lage
1659	MANUEL ANTÓNIO	M	4744	00:25:49.01	00:52:09.92	00:52:32.44	Grupo Desportivo de Barcarena
1660	PEDRO TEIXEIRA DOS SANTOS	M	6452	00:27:46.13	00:48:59.18	00:52:32.48	BP2SEAI
1661	ANDRÉ ALMEIDA	M	1905	00:27:10.93	00:51:20.13	00:52:33.78	
1662	MARIA PEDRO	F	4469	00:23:53.58	00:52:33.86	00:52:33.86	GRD Os Fixes
1663	JOSÉ GUILHERME	M	6335	00:26:53.68	00:51:23.57	00:52:34.03	F.S.C.D. da CBSS
1664	HUGO REGO	M	6346	00:28:07.20	00:49:01.07	00:52:34.05	BP2SEA
1665	JOÃO BARRETO	M	7652	00:27:24.92	00:51:29.00	00:52:34.27	
1666	VITOR MANUEL SANTOS ALMEIDA	M	3745	00:26:59.04	00:50:39.31	00:52:34.28	CLUBE MILLENNIUM BCP
1667	EUNICE AMORIM	F	1642	00:27:25.37	00:51:28.50	00:52:34.38	
1668	RAFAEL RUCHA	M	9064		00:52:34.67	00:52:34.67	Maratona Clube de Portugal
1669	NUNO ROLO	M	8966	00:26:16.79	00:51:47.04	00:52:34.97	
1670	PEDRO LOURO	M	2972	00:26:22.53	00:51:23.72	00:52:35.09	
1671	ANTÓNIO CARVALHO	M	1688	00:27:12.93	00:51:36.42	00:52:35.14	
1672	NUNO SANTOS CARVALHO	M	1687	00:27:13.00	00:51:36.23	00:52:35.30	
1673	PAULO RODRIGUES	M	5010	00:26:24.90	00:51:03.97	00:52:35.91	LINDA-A-PASTORA SPORTING CLUBE
1674	TANIA SRAIVA	F	3206	00:25:45.28	00:52:07.22	00:52:36.17	CLUBE GRUPO BES
1675	JOÃO BILHÓ	M	8763	00:28:36.02	00:46:25.78	00:52:36.22	
1676	BRUNO RUAS	M	4449	00:23:47.73	00:52:01.10	00:52:36.29	
1677	EDUARDO MANSO	M	2875	00:26:14.37	00:51:36.43	00:52:37.18	Câmara Lisboa Clube
1678	ANDRÉ SAINT MAURICE NABO MADURO	M	8455	00:27:21.57	00:49:05.08	00:52:37.24	
1679	JORGE BORGES	M	3413	00:25:41.14	00:50:55.29	00:52:37.58	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1680	PATRICIA LOURENÇO	F	1760	00:25:49.31	00:51:57.22	00:52:37.70	hot runners
1681	JOÃO CARLOS F. SANTOS	M	6324	00:27:39.70	00:51:27.61	00:52:37.77	
1682	JOSÉ MAGRO	M	1798	00:26:15.14	00:52:16.34	00:52:37.77	
1683	MIGUEL CARRACHA	M	2492	00:26:31.68	00:51:35.61	00:52:38.80	
1684	EVA YÉBENES	F	3546	00:26:39.16	00:51:13.80	00:52:39.16	
1685	BRUNO MIGUEL ALMEIDA FIGUEIRA	M	5303	00:26:39.17	00:51:13.86	00:52:39.21	
1686	JOÃO PEDRO MOREIRA GONÇALO	M	8844	00:27:32.82	00:49:37.34	00:52:39.25	Kelly Services
1687	NUNO OILVEIRA	M	925	00:25:42.65	00:51:52.19	00:52:39.31	RUNAUDIT
1688	LUÍS MIGUEL G F FAISCO	M	6027	00:26:43.24	00:50:49.50	00:52:39.39	i2D - intelligence to drive
1689	ANDRÉ VARANDA	M	2505	00:27:11.55	00:51:59.80	00:52:39.51	Keep Running
1690	PEDRO ARES	M	2075	00:25:57.98	00:51:08.37	00:52:39.58	
1691	LUIS ISIDORO	M	1296	00:25:57.96	00:51:54.78	00:52:39.95	Beletrans S.A.
1692	ANTÓNIO MAJOR	M	9308	00:25:37.06	00:52:33.94	00:52:40.10	
1693	MAFALDA MACHADO	F	291	00:28:05.40	00:49:54.69	00:52:40.13	Clube Desportivo TCPI
1694	PAULO AMARAL	M	5171	00:29:32.83	00:49:47.68	00:52:40.31	
1695	PEDRO FERRAZ	M	1097	00:26:53.90	00:51:32.71	00:52:40.70	
1696	MIGUEL BARBOSA	M	4580		00:52:41.25	00:52:41.25	Unidos da Manutenção
1697	BRUNO BARREIROS	M	1446	00:27:57.13	00:51:18.95	00:52:41.40	
1698	RUI ROVISCO	M	8785	00:26:21.93	00:51:02.66	00:52:41.80	
1699	PEDRO MANUEL NUNES BARBOSA	M	468	00:25:41.82	00:51:28.61	00:52:41.83	
1700	VASCO CAMILO ALVES	M	2320	00:24:48.79	00:51:47.42	00:52:42.49	
1701	PAULO RATILAL	M	1255	00:25:24.67	00:52:13.70	00:52:43.27	
1702	MARCO VAZ	M	1995	00:26:51.22	00:51:20.60	00:52:43.40	Falcões Selvagens
1703	FREDERICO FERREIRA COELHO	M	4921	00:26:50.36	00:51:23.88	00:52:43.47	
1704	MARIA JOÃO VAZ	F	9270	00:25:35.83	00:52:38.46	00:52:43.68	
1705	JOAQUIM JOSÉ FERNANDES BACALHAU	M	9963	00:25:24.58	00:52:20.49	00:52:44.23	
1706	NUNO MIGUEL OLIVEIRA	M	2632	00:25:37.75	00:52:14.55	00:52:44.32	LUSO-ATLÂNTICA SA
1707	FERNANDO GONÇALVES	M	4263	00:28:20.68	00:51:31.99	00:52:44.66	
1708	PEDRO FILIPE QUINTINHA SERRA	M	1608	00:27:48.34	00:50:46.46	00:52:44.93	
1709	HUGO MIGUEL BENTO NETO	M	6843	00:25:06.37	00:52:21.09	00:52:45.28	
1710	DAVID JOÃO ALMEIDA	M	1847	00:25:14.62	00:51:47.88	00:52:45.40	
1711	DANYEL CUNHA	M	4271	00:26:59.15	00:51:26.25	00:52:45.60	
1712	FILIPE MAGALHÃES BRANCO	M	6805	00:24:56.00	00:52:02.40	00:52:45.92	
1713	JORGE MORGADO	M	6934	00:28:47.71	00:49:12.98	00:52:46.15	
1714	RICARDO JOSÉ	M	1504	00:27:55.83	00:51:26.10	00:52:46.50	
1715	MIGUEL MIRANDA	M	7255	00:28:43.68	00:49:32.86	00:52:46.70	
1716	VITOR MANUEL ANTUNES SERRANO	M	803	00:25:38.18	00:52:27.00	00:52:46.94	
1717	FREDERICO BASTOS PINTO	M	2450	00:27:03.16	00:51:42.50	00:52:47.43	
1718	NUNO GALVÃO	M	1940	00:26:22.62	00:51:55.86	00:52:47.53	OS TAROLAS
1719	DANIEL S.	M	8046	00:28:41.44	00:47:58.23	00:52:47.67	
1720	JOSE NASCIMENTO	M	4481	00:25:42.29	00:52:19.57	00:52:47.81	GRD Os Fixes
1721	ANTÓNIO RAPOSO	M	325	00:25:29.43	00:52:13.03	00:52:48.25	
1722	ROGÉRIO FOLGADO	M	1390	00:26:12.94	00:51:18.08	00:52:48.30	MENÚ DE ATLETA
1723	CARLOS MIRANDA	M	2737	00:25:32.62	00:52:25.54	00:52:48.70	
1724	EDUARDO SOUSA	M	1391	00:26:12.08	00:51:21.06	00:52:48.96	MENÚ DE ATLETA
1725	RUI BARROS	M	225	00:26:32.70	00:51:26.84	00:52:49.00	
1726	JOANA FREIRE	F	4883	00:26:42.17	00:51:13.27	00:52:49.48	GRCD Leião
1727	MARCOS JOSÉ RAMALHEIRA	M	904	00:26:28.93	00:51:57.98	00:52:49.50	
1728	JOÃO PAULO GONÇALVES	M	298	00:26:28.53	00:51:36.91	00:52:49.61	Correr na Cidade
1729	JOÃO TIAGO BATALHA	M	2464	00:26:39.50	00:51:58.84	00:52:49.77	Microsoft One
1730	PEDRO PIRES FERNANDES	M	3502		00:46:07.41	00:52:50.32	VdAtletas
1731	FRANCISCO RODRIGUES	M	8378	00:26:16.50	00:51:49.96	00:52:50.37	ITEN
1732	NELSON FILIPE RODRIGUES COSTA	M	3657	00:28:28.19	00:49:00.43	00:52:50.42	CLUBE MILLENNIUM BCP
1733	ANTONIO DUARTE	M	3885	00:24:44.89	00:52:25.31	00:52:50.53	
1734	STEFAN PEQUITO	M	6877	00:26:28.61	00:51:39.59	00:52:50.66	Correr na Cidade
1735	JOSE MIRA	M	7906	00:26:47.45	00:51:49.67	00:52:50.78	
1736	MANUEL RODRIGUES	M	4802	00:25:36.11	00:52:13.36	00:52:50.88	CR Leões de Porto Salvo
1737	HELENA MOREIRA	F	423	00:26:29.24	00:51:38.44	00:52:51.02	Correr na Cidade
1738	MARTINHO FIALHO TOJO	M	4914	00:25:40.02	00:52:14.30	00:52:51.10	
1739	EDUARDO ALEXANDRE COELHO	M	3567	00:28:27.45	00:49:01.16	00:52:51.48	ADRC MATA DE BENFICA
1740	MIGUEL PIRES DE MATOS	M	4225	00:27:13.70	00:51:37.43	00:52:51.59	Dor de Burro
1741	OMAR MASSA	M	4884	00:29:10.58	00:51:14.97	00:52:51.71	GRCD Leião
1742	RICARDO JERÓNIMO	M	6633	00:25:54.34	00:51:25.19	00:52:52.57	I'IKE A runner
1743	RICARDO JORGE AMARAL GOMES	M	7379	00:25:48.74	00:51:49.41	00:52:52.63	
1744	LUIS TEIXEIRA	M	816	00:26:03.79	00:52:15.96	00:52:52.77	
1745	JORGE GARCIA	M	6161	00:25:42.55	00:51:44.93	00:52:52.90	Clube ANACOM
1746	JOSÉ SOUSA	M	3299	00:26:21.05	00:52:33.83	00:52:53.14	
1747	CLÁUDIA NOVAIS	F	7498	00:25:52.30	00:52:15.85	00:52:53.28	
1748	GONÇALO REY	M	1113	00:27:26.16	00:51:33.64	00:52:53.34	
1749	RODOLFO HENRIQUE BELCHIOR CANDEIAS	M	7619	00:26:38.60	00:52:02.27	00:52:53.63	
1750	PAULA COSTA	F	6246	00:27:15.10	00:51:37.27	00:52:54.27	SS CGD
1751	JOÃO ALEXANDRE PEKAROVIC	M	8816	00:26:38.26	00:51:37.52	00:52:54.27	
1752	MANUEL MACHADO	M	5065	00:27:56.15	00:50:26.33	00:52:54.68	GRCD Leião



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1753	ANA BEATRIZ MOREIRA	F	8245	00:27:11.25	00:52:13.14	00:52:54.99	
1754	RICARDO PEDRO	M	5761	00:27:56.79	00:50:26.50	00:52:55.25	GRCD Leião
1755	PEDRO DA CÂMARA SAN-BENTO DE N.MENEZES	M	7231	00:24:18.32	00:52:08.79	00:52:55.40	ITEN
1756	ELÍSIO COSTA	M	865	00:27:07.45	00:51:45.20	00:52:55.67	CCDT do Município de Odivelas
1757	TIAGO MIGUEL PIRES MARQUES DE OLIVEIRA	M	5580	00:26:32.26	00:51:46.48	00:52:55.71	INDEG
1758	PAULO CABRAL	M	6835	00:28:34.80	00:49:00.40	00:52:55.72	
1759	JOÃO M REIS	M	4827	00:25:57.30	00:52:48.51	00:52:55.84	Valejas Atlético Clube
1760	DÁRIO DE ALENCAR COSME LIMA	M	7912	00:27:30.40	00:51:04.91	00:52:56.10	
1761	ANA SORAIA GOMES	F	6950	00:25:43.58	00:52:01.81	00:52:56.23	Sonae Sierra
1762	DOMINGOS CARNEIRO	M	4718	00:25:30.20	00:52:38.70	00:52:56.36	CR Leões de Porto Salvo
1763	RUI ARAÚJO	M	6926	00:29:33.87	00:45:31.17	00:52:56.69	
1764	DUARTE PEREIRA	M	2425	00:26:39.30	00:51:11.01	00:52:56.97	Zangões
1765	RUI COUTINHO	M	2312	00:28:25.48	00:51:51.58	00:52:57.04	
1766	ANDREIA RIJO	F	2104	00:26:21.78	00:51:51.75	00:52:57.13	
1767	ANDREIA MENDES	F	7940		00:52:29.02	00:52:57.34	
1768	ANTÓNIO MORAIS PARREIRA BARBOSA	M	7161	00:25:02.96	00:51:56.55	00:52:57.64	
1769	PAULO MIGUEL SILVÉRIO SANTOS	M	4894	00:24:37.11	00:52:04.08	00:52:57.76	Os Coxos
1770	LILIANA BARBOSA BALTAZAR	F	476	00:25:24.19	00:51:40.09	00:52:58.04	Correr Lisboa
1771	FILIPE MIGUEL PEREIRA NUNES	M	8121	00:27:22.34	00:52:29.72	00:52:58.04	
1772	LUIS PEDRO MONTEIRO (DR.)	M	3680	00:25:58.90	00:51:14.87	00:52:58.24	CLUBE MILLENNIUM BCP
1773	RUTE BRIGANTI	F	8068	00:26:15.47	00:52:04.29	00:52:58.40	
1774	GONÇALO ROSADO	M	738	00:24:02.38	00:52:16.18	00:52:58.56	
1775	ANDRÉ MARQUES COSTAL	M	760	00:26:34.24	00:51:59.10	00:52:58.96	
1776	GONÇALO DA ROCHA	M	1881	00:27:31.92	00:50:22.17	00:52:59.25	
1777	ANTÓNIO JOSÉ CORREIA SOARES	M	1225		00:52:10.35	00:52:59.52	
1778	PEDRO LOPES	M	6232	00:26:32.86	00:51:45.74	00:53:00.05	SS CGD
1779	FERNANDO MANUEL DE ALMEIDA	M	3650	00:25:54.91	00:52:45.98	00:53:00.33	CLUBE MILLENNIUM BCP
1780	MARIA DE LURDES VENÂNCIO	F	5002	00:26:40.48	00:51:48.43	00:53:00.57	LINDA-A-PASTORA SPORTING CLUBE
1781	RUI VILAÇA	M	6109	00:30:46.01	00:47:58.19	00:53:01.78	Os Claudicantes
1782	CARLOS ALMEIDA	M	7321		00:50:57.05	00:53:01.93	Pernas de Gafanhoto
1783	JOSÉ MATOS	M	833	00:24:58.79	00:52:37.31	00:53:02.86	
1784	JOSE GUERREIRO	M	485	00:29:11.73	00:50:23.36	00:53:03.27	
1785	PATRICIA .	F	7628	00:25:53.54	00:52:36.00	00:53:03.58	
1786	LUIS MIGUEL SILVA N CALHEIROS	M	2679	00:25:44.76	00:52:32.10	00:53:04.07	
1787	DAVID BERGANO	M	3540	00:26:57.80	00:51:03.80	00:53:05.15	
1788	PAULA LEMOS	F	6536	00:26:31.48	00:52:47.76	00:53:05.21	Garmin Clube Olímpico Oeiras
1789	MARCOS FAUSTINO	M	3244	00:26:38.49	00:52:13.14	00:53:05.33	C.A. Amigos Parque da Paz
1790	HUGO MIGUEL COSTA GUERREIRO	M	2454	00:26:36.22	00:51:59.27	00:53:05.54	Beletrans S.A.
1791	FERNANDO GUERREIRO	M	9844	00:27:15.78	00:51:13.67	00:53:06.45	Clube Desportivo da Novabase
1792	JOÃO PEREIRA	M	2044	00:27:04.11	00:51:36.95	00:53:06.66	SAPATISTAS
1793	ISABEL RODRIGUES	F	6527	00:26:32.16	00:52:49.02	00:53:07.20	Garmin Clube Olímpico Oeiras
1794	THIAGO FERREIRA	M	3641	00:25:39.33	00:53:04.22	00:53:07.50	Pernod Ricard Portugal
1795	RUI AFONSO	M	6049	00:26:30.28	00:52:38.46	00:53:08.36	
1796	PAULO CUNHA FERNANDES	M	9313	00:27:05.12	00:50:48.99	00:53:08.93	
1797	DANIEL SIMÃO	M	4905	00:27:40.54	00:51:54.02	00:53:09.23	Science runners
1798	PEDRO VIDINHA MACHADO	M	783	00:26:58.48	00:50:39.29	00:53:09.41	
1799	PETER FAY	M	381	00:26:51.96	00:52:01.17	00:53:09.92	
1800	CARLOS VISEU	M	3293	00:25:31.54	00:52:55.73	00:53:10.05	
1801	ROSELI MOREIRA RAMALHO	F	6996	00:26:55.12	00:51:56.81	00:53:10.13	
1802	JOANA LOUREIRO	F	3365	00:28:14.61	00:51:24.72	00:53:10.63	
1803	CARLOS JOSE PAULO RAMOS	M	3740	00:28:06.86	00:49:44.59	00:53:10.64	CLUBE MILLENNIUM BCP
1804	NUNO CALÇADA	M	4320	00:28:14.99	00:51:23.86	00:53:10.71	
1805	JOSÉ PEDRO RIBEIRO	M	7186	00:25:28.25	00:52:56.29	00:53:11.18	
1806	JOSE DE MOURA BRANCO	M	3784	00:26:40.52	00:51:56.60	00:53:11.22	CLUBE MILLENNIUM BCP
1807	FRANCISCO COSTA CAMPOS	M	6781	00:26:16.68	00:52:10.52	00:53:11.36	
1808	PEDRO FATELA	M	2355	00:26:54.85	00:51:20.91	00:53:12.17	
1809	RODOLFO ANDRÉ MOTA FARIA JORGE	M	3827	00:27:32.32	00:51:32.57	00:53:12.20	Road Runners
1810	SUSANA FREITAS	F	1561	00:25:58.33	00:52:47.48	00:53:12.93	CCD Loures-Correr para Viver+
1811	LUIS LEÃO	M	4877	00:30:38.88	00:50:47.63	00:53:13.14	Kalorias Runners
1812	HUGO MAGALHÃES	M	4170	00:25:58.36	00:53:02.83	00:53:13.81	
1813	VANESSA ROCHA	F	6242	00:27:55.99	00:51:05.07	00:53:14.37	SS CGD
1814	CRISTIANO MARQUES	M	2895	00:25:14.04	00:52:47.30	00:53:14.88	
1815	JORGE SANTOS FERREIRA SILVA	M	1923	00:28:21.58	00:51:13.54	00:53:15.13	
1816	PAULO ANTUNES	M	434	00:25:16.41	00:52:56.31	00:53:15.70	Lesmas Alopradas
1817	LUDGERO SANTANA	M	1864	00:27:47.54	00:51:20.05	00:53:15.73	Santana
1818	HUGO COSTA	M	5178	00:27:43.78	00:49:36.12	00:53:15.82	
1819	ÂNGELO MARTINS DE BARROS	M	9000	00:26:54.20	00:51:10.84	00:53:16.34	
1820	LUÍS DUARTE	M	1834	00:26:23.18	00:52:45.80	00:53:16.99	
1821	MANUEL ANTÓNIO	M	6004	00:25:48.43	00:52:36.75	00:53:17.32	Clube Ferroviário de Portugal
1822	HUGO MIGUEL JOTA	M	5747	00:26:54.39	00:51:12.29	00:53:17.98	
1823	FRANCISCO PEREIRA	M	4356	00:25:27.78	00:52:58.90	00:53:18.31	Açoreana Clube Banif
1824	DAVIDE MANUEL INÁCIO	M	2971	00:25:32.26	00:52:33.46	00:53:18.76	
1825	ANTONIO MANUEL BARAO SEIXAS	M	3648	00:26:41.21	00:51:55.85	00:53:19.02	CLUBE MILLENNIUM BCP

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1826	PAULO LOPES	M	3427	00:29:05.36	00:49:43.64	00:53:19.48	
1827	JOSE FERRABELO	M	1963	00:26:14.72	00:52:12.17	00:53:19.94	ASAS
1828	PAULO FRIEZAS	M	8760	00:26:46.31	00:52:19.46	00:53:20.01	
1829	TIAGO V CORREIA	M	4898	00:25:31.59	00:52:34.77	00:53:20.09	
1830	JOÃO CARLOS DE ALMEIDA FRANCO	M	1218	00:25:15.80	00:53:08.83	00:53:20.09	
1831	MARTA ANSELMO	F	1977	00:26:23.49	00:52:20.47	00:53:20.31	
1832	BRUNO NICO	M	7907	00:26:48.13	00:52:19.44	00:53:20.41	
1833	JOAO RAMOS	M	2256	00:26:35.22	00:52:06.42	00:53:20.72	CLUBE GRUPO BES
1834	ANA MAFALDA LEITÃO MARTINS	F	5699	00:27:56.70	00:51:47.49	00:53:21.15	
1835	PEDRO COSTA	M	4146	00:27:49.90	00:50:07.39	00:53:21.60	
1836	STEPHEN TAYLOR	M	4733	00:27:56.12	00:51:28.44	00:53:21.62	
1837	NUNO ALEXANDRE SILVEIRA PIMPÃO	M	5700	00:27:55.31	00:51:48.40	00:53:21.71	
1838	DANIEL TOMÁS	M	9982	00:29:02.36	00:49:58.21	00:53:22.11	
1839	DIOGO TRAVASSOS	M	846	00:26:30.22	00:52:52.02	00:53:22.25	
1840	VÍTOR BARATA	M	6244	00:25:51.12	00:52:12.20	00:53:22.68	SS CGD
1841	JOSE ESTEVES	M	1690	00:28:12.08	00:50:53.86	00:53:23.23	
1842	SEM DADOS		9674	00:24:42.70	00:53:17.03	00:53:23.25	
1843	VASCO MATOS COELHO	M	7676	00:29:09.04	00:50:06.91	00:53:23.57	
1844	JOÃO TORRADO	M	2045	00:28:11.79	00:51:50.96	00:53:23.64	SAPATISTAS
1845	JOSÉ CARVALHO	M	2099	00:26:35.75	00:51:39.51	00:53:23.79	
1846	MANUEL BRAZ	M	2786	00:27:05.82	00:51:49.21	00:53:24.01	N.A. PAPAGAIOS CASCAIS
1847	NUNO SILVA	M	1620	00:29:19.82	00:49:57.11	00:53:24.17	Aero Runners
1848	ROSA MARIA ABREU	F	2628	00:28:13.74	00:50:50.79	00:53:24.41	CLUBE COLABORADORES AXA
1849	RUI DIAS	M	2863	00:25:55.65	00:52:30.83	00:53:24.61	
1850	RICARDO FERREIRA ALVES	M	2627	00:28:14.92	00:50:51.64	00:53:24.73	CLUBE COLABORADORES AXA
1851	VITOR FRANGO	M	6883	00:28:17.07	00:51:57.36	00:53:25.00	
1852	JOSÉ FILIPE BATISTA DOS SANTOS	M	853	00:25:14.33	00:53:13.78	00:53:25.26	F.S.C.D. da CBSS
1853	NUNO SOBRAL	M	7843	00:25:54.83	00:52:23.48	00:53:25.45	Run Buddy Run
1854	NUNO MARTINS	M	7580	00:28:49.22	00:50:27.37	00:53:25.55	
1855	PEDRO HENRIQUE RAMOS	M	1271	00:26:15.84	00:51:48.72	00:53:25.55	
1856	NUNO PRATES	M	2018	00:27:35.07	00:52:09.88	00:53:26.31	BE2RUN
1857	JOAQUIM CARRILHO	M	7309	00:27:01.82	00:51:21.49	00:53:26.50	sscgd
1858	JORGE PERALTA	M	2917	00:28:08.11	00:48:05.35	00:53:26.51	Grupo corrida Joaquim Chaves S
1859	CLÁUDIO GONÇALVES	M	3289	00:27:12.74	00:53:11.76	00:53:27.42	
1860	LUIS VALADAS	M	654	00:27:05.95	00:51:56.13	00:53:27.45	
1861	JOÃO ALVES	M	1654	00:25:22.58	00:53:00.52	00:53:27.72	
1862	RUTE COSTA	F	8114	00:30:12.34	00:46:14.42	00:53:28.12	
1863	MIGUEL ROCHA ALVES	M	4028		00:50:38.52	00:53:28.32	
1864	ANTÓNIO NOGUEIRA	M	9510	00:25:07.56	00:52:49.35	00:53:28.35	
1865	PEDRO CARREIRAS SILVA	M	3846	00:28:08.61	00:51:43.91	00:53:28.46	
1866	JOÃO RIBEIRO	M	7746	00:26:53.68	00:51:19.63	00:53:28.78	Clube ANA Lisboa
1867	VITOR CANTO	M	649	00:26:30.95	00:52:21.49	00:53:28.99	
1868	JRF .	M	8275	00:27:26.02	00:52:16.90	00:53:29.09	
1869	LUIS SILVA	M	8519	00:28:03.19	00:50:26.00	00:53:29.24	
1870	PEDRO FLORO	M	913	00:27:35.62	00:51:11.46	00:53:29.26	
1871	ALEXANDRE DÂMASO	M	802	00:27:11.41	00:52:13.06	00:53:29.47	Aero Runners
1872	LUIS SANTOS	M	7159	00:29:46.26	00:48:16.26	00:53:29.68	
1873	CARLOS ALEXANDRE REIS PINTO	M	5459	00:28:12.89	00:50:03.32	00:53:29.96	INDEG
1874	LUIS RIBEIRO	M	7717	00:27:39.20	00:51:14.71	00:53:30.73	
1875	DANIEL MACHADO	M	582	00:25:24.86	00:52:55.99	00:53:30.76	
1876	PEDRO SANTA-CLARA	M	3504	00:27:00.66	00:52:20.63	00:53:31.49	VdAtletas
1877	RICARDO MARTINS PEREIRA	M	8894	00:27:10.92	00:52:52.44	00:53:31.64	Last Lap, --
1878	ADOLFO ABASCAL	M	3047	00:27:00.43	00:52:22.90	00:53:31.87	1495, --
1879	MANUEL ROBALO	M	6468	00:26:50.50	00:52:45.19	00:53:32.13	
1880	PEDRO BARRELA	M	2756	00:26:32.84	00:52:59.27	00:53:32.13	
1881	FILIPA MARIA SERENO FERRO	F	969	00:26:48.21	00:52:39.25	00:53:32.15	
1882	ANTONIO VIEIRA	M	8277	00:25:45.56	00:53:04.37	00:53:32.25	
1883	BRUNO PEREIRA	M	10071	00:27:04.52	00:52:07.78	00:53:32.48	
1884	RUI PRIMO SILVA	M	4528	00:26:24.20	00:52:51.00	00:53:32.67	
1885	ALCINO RAMOS	M	5405	00:25:20.14	00:53:27.63	00:53:33.67	
1886	NUNO FILIPE SILVA	M	6979	00:25:52.86	00:53:33.75	00:53:33.75	Correr Lisboa
1887	JOÃO BATISTA	M	6807	00:24:46.61	00:53:17.44	00:53:33.76	G D C BANCO DE PORTUGAL
1888	JOSÉ GALVEIA	M	4621	00:26:18.28	00:53:07.56	00:53:33.86	Ass. Atletismo Lebres do Sado
1889	NUNO FONSECA MARTINS	M	8573	00:28:33.55	00:51:58.05	00:53:34.01	
1890	DANIEL ALVES	M	6892	00:27:55.39	00:51:44.25	00:53:34.40	
1891	VITOR FERREIRA	M	309	00:27:44.87	00:50:55.03	00:53:34.52	
1892	MARCO AURÉLIO FORTES	M	8574		00:51:58.68	00:53:35.22	
1893	MARCO MARTINS	M	6852	00:26:16.57	00:52:39.59	00:53:35.85	
1894	MAFALDA MOREIRA	F	7597		00:52:41.68	00:53:35.99	AC Portalegre/UTSM, --
1895	PEDRO FILIPE	M	3034	00:27:05.59	00:52:43.50	00:53:36.08	Clube Atletismo Amigos Belém
1896	PATRIC STIELER	M	3566	00:26:17.91	00:52:57.02	00:53:36.40	
1897	PEDRO FIGUEIRA	M	7598	00:27:05.35	00:52:42.11	00:53:36.73	AC Portalegre/UTSM, --
1898	JOSÉ ALMADA	M	2402	00:26:22.49	00:52:53.68	00:53:36.78	Os Coxos

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1899	HELDER SIMÕES	M	2962	00:25:23.74	00:51:25.52	00:53:37.09	
1900	RUI PEREIRA	M	6236	00:27:42.36	00:51:58.82	00:53:37.12	SS CGD
1901	PEDRO MARQUES	M	1465	00:25:52.88	00:52:53.51	00:53:37.13	
1902	LUIS MARTINS	M	776	00:26:30.56	00:52:33.36	00:53:37.14	
1903	ANTÓNIO LOURO	M	3438	00:26:55.97	00:52:40.55	00:53:37.17	WINNERS TEAM
1904	CARLOS REBELO	M	3163		00:52:54.83	00:53:38.71	
1905	ARMANDO GERALDO	M	4261	00:28:19.39	00:51:23.39	00:53:38.99	Volkswagen Autoeuropa
1906	JOSÉ SÍTIMA	M	786	00:28:38.73	00:50:20.12	00:53:39.02	
1907	MANUEL MIRANDA	M	7993	00:27:24.96	00:52:43.29	00:53:39.21	
1908	ISABEL SANTOS JORGE	F	7329	00:27:22.50	00:52:41.90	00:53:39.64	
1909	CARLOS ALFEIRÃO	M	6630	00:24:58.84	00:52:55.90	00:53:40.50	I'KE A runner
1910	LUIS PINTO	M	1226	00:25:54.11	00:53:10.67	00:53:40.52	
1911	ERNESTO XAVIER	M	5282	00:25:45.18	00:53:10.30	00:53:40.71	
1912	JOÃO GOMES	M	7496	00:28:43.36	00:52:40.43	00:53:40.78	
1913	MÁRIO GONÇALVES	M	3128	00:27:18.93	00:53:09.62	00:53:40.83	CCDTMetroLX
1914	MAURO PELIQUITO	M	8186	00:27:39.78	00:51:13.30	00:53:41.63	
1915	LUIS MACHADO	M	8719	00:26:34.44	00:52:58.55	00:53:41.85	Peugeot
1916	CÂNDIDO ALVES	M	1422	00:24:52.51	00:53:07.56	00:53:41.90	CCD Crédito Agrícola Mútuo
1917	MARCOS HEITOR	M	3381	00:27:48.43	00:52:22.88	00:53:42.07	
1918	MANUEL PEDRO	M	3301	00:26:20.87	00:52:52.89	00:53:43.01	
1919	HELENA ESTEVENS	F	9193	00:26:34.04	00:53:39.25	00:53:43.12	
1920	MIGUEL ALEIXO	M	9501	00:29:15.40	00:52:18.29	00:53:43.24	
1921	IVAN PETROCHENKOV	M	7533	00:28:19.83	00:51:34.71	00:53:43.61	
1922	RICARDO PINTO	M	840	00:26:53.09	00:52:24.86	00:53:43.91	Follow Runs
1923	DIOGO CORREIA SOEIRO	M	6092	00:26:29.86	00:52:57.47	00:53:44.04	
1924	FERNANDO FERREIRA	M	379	00:26:19.89	00:51:59.54	00:53:44.14	
1925	ANTÓNIO JOSÉ RUIVO GRILO	M	1478	00:26:31.90	00:53:14.61	00:53:44.23	
1926	ISABEL M. P. R. FERREIRA GRILO	F	1479	00:26:32.13	00:53:15.80	00:53:44.23	
1927	CARLOS ALBUQUERQUE	M	1505	00:27:57.14	00:52:23.18	00:53:44.86	
1928	LEONOR MOREIRA DA SILVA	F	2807	00:26:10.15	00:53:15.05	00:53:45.59	
1929	OSVALDO PINHO	M	1733	00:27:00.47	00:52:34.54	00:53:45.91	Os Galgos
1930	JOÃO FERREIRA	M	1042	00:26:07.61	00:53:00.84	00:53:45.98	AMIGOS DA FLOR
1931	ANA ISABEL GOUVEIA	F	2382	00:26:21.74	00:52:40.38	00:53:46.02	MOVET
1932	NUNO DUARTE	M	10006	00:27:15.75	00:53:34.37	00:53:46.32	Sumol Compal
1933	ANÍBAL SILVA	M	2023	00:27:13.59	00:53:02.40	00:53:47.13	Volkswagen Autoeuropa
1934	MANUEL MORGADO	M	7617	00:26:09.78	00:53:08.38	00:53:47.68	
1935	SANDRO RAMOS	M	7156	00:28:00.61	00:50:03.75	00:53:47.76	
1936	DANIEL SILVA	M	4588	00:28:47.33	00:51:04.40	00:53:48.69	Clube Desportivo TCPI
1937	JAIMÉ TRABUCHO	M	1531	00:27:50.76	00:52:11.58	00:53:49.22	
1938	ANTÓNIO PRIMOR	M	5407	00:26:42.18	00:53:42.59	00:53:49.56	
1939	RUI PEDRO SILVA	M	677	00:27:25.63	00:52:29.64	00:53:50.22	
1940	EMANUEL TAVARES	M	4825	00:26:54.07	00:53:29.19	00:53:50.44	Valejas Atlético Clube
1941	RAFAEL SILVA	M	1507	00:28:13.68	00:52:29.04	00:53:50.45	
1942	JOSE AUGUSTO RODRIGUES	M	4627	00:26:49.10	00:53:06.16	00:53:51.90	
1943	JORGE MANUEL PIRES CARVALHEIRA	M	1023	00:26:59.09	00:52:39.20	00:53:52.68	
1944	ÓSCAR SANTOS	M	864	00:27:45.59	00:53:24.86	00:53:52.82	CCDT do Município de Odivelas
1945	CARLOS PEREIRA	M	9257	00:26:40.09	00:52:10.03	00:53:53.31	Continente
1946	JOAO RODRIGUES	M	1558	00:27:24.33	00:52:36.48	00:53:53.34	
1947	GONÇALO MORGADO	M	3537	00:27:46.86	00:50:54.58	00:53:53.39	
1948	PIERRE GEIN	M	536	00:28:00.27	00:53:00.57	00:53:53.53	
1949	TIAGO PÁSCOA	M	391	00:25:05.22	00:53:27.12	00:53:53.65	
1950	ADELINO PIRES	M	2879	00:27:36.64	00:52:31.94	00:53:53.82	Câmara Lisboa Clube
1951	SÉRGIO LOPES	M	2885	00:28:56.64	00:51:41.43	00:53:53.98	Câmara Lisboa Clube
1952	LUÍS MANUEL SUSANO S. JOÃO	M	2712	00:28:01.79	00:51:15.08	00:53:54.07	Microsoft One
1953	PAULO BRÁS	M	1114	00:25:47.96	00:53:25.71	00:53:54.31	
1954	ANTÓNIO BENTO FERNANDES	M	3443	00:27:38.70	00:51:09.56	00:53:54.36	Clube do Stress
1955	MARIO DUARTE	M	3836	00:28:26.14	00:51:28.33	00:53:54.62	
1956	ANTÓNIO VICENTE RAMALHO	M	5268	00:27:17.07	00:51:50.15	00:53:54.91	
1957	HUGO SILVA	M	3543	00:26:02.17	00:53:27.22	00:53:55.64	
1958	ANTONIO PAIS	M	6708		00:52:55.67	00:53:55.93	NucleOeiras/SportZONE - ADNO
1959	LUIS POLIDO	M	2326	00:26:29.35	00:52:36.29	00:53:56.12	
1960	AMILCAR RIBEIRAL	M	6703	00:26:53.59	00:53:45.58	00:53:56.23	NucleOeiras/SportZONE - ADNO
1961	HENRIQUE BARATA	M	4358	00:27:05.51	00:51:44.82	00:53:56.62	Açoreana Clube Banif
1962	ANDRÉ FERNANDES	M	7004	00:28:50.17	00:49:05.72	00:53:56.98	CLUBE ACCENTURE
1963	LUIS AGUIAR	M	5595	00:26:47.93	00:52:51.31	00:53:57.13	
1964	JOSÉ COELHO	M	1543	00:25:43.64	00:53:19.01	00:53:57.16	Volkswagen Autoeuropa
1965	HERNÂNI AUGUSTO RODRIGUES GASPAR DA SILVA	F	9300	00:28:30.99	00:51:23.03	00:53:57.19	Frenalgil, --
1966	SERGIO FLORIANO	M	8311	00:27:47.69	00:53:57.19	00:53:57.19	
1967	JOSÉ CAEIRO	M	1853	00:25:43.61	00:51:18.22	00:53:57.22	Volkswagen Autoeuropa
1968	PEDRO GUIMARÃES	M	9034	00:28:30.68	00:51:20.31	00:53:57.30	A minha corrida / Fitness Hut, --
1969	JORGE EMANUEL PAULINO ATALAIA	M	2773	00:26:32.47	00:53:25.30	00:53:57.58	
1970	JOÃO FERNANDES	M	7460	00:27:47.56	00:53:07.19	00:53:57.88	
1971	LUIS COSTA	M	6060	00:26:26.79	00:53:29.20	00:53:57.97	LINDA-A-PASTORA SPORTING CLUBE

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
1972	ARMANDO ALEXANDRE PEREIRA	M	4163	00:27:16.48	00:53:57.99	00:53:57.99	
1973	JOSÉ RAMALHO	M	7035		00:51:22.93	00:53:58.19	Holmes Place Algés - Fit 2 Run
1974	BRUNO VARANDAS	M	1876	00:28:26.12	00:51:39.91	00:53:58.47	
1975	MARISA CHEMELA	F	6653		00:53:01.61	00:53:58.78	
1976	CARLOS MARTINS	M	2819	00:26:41.73	00:52:30.17	00:53:59.67	Os Martins
1977	LUIS MANUEL LOPES VICENTE	M	1048	00:27:03.39	00:53:24.54	00:54:00.29	
1978	ALBERTO MONTEIRO	M	759	00:26:16.52	00:53:42.94	00:54:00.39	
1979	JOSÉ CARVALHO	M	2999	00:27:18.03	00:52:43.79	00:54:01.08	
1980	LUÍS MANUEL ALEGRIA CORREIA	M	685	00:27:23.70	00:53:11.70	00:54:01.13	
1981	FERNANDO C. DA F. RODRIGUES	M	684	00:27:23.51	00:53:12.11	00:54:01.44	
1982	RITA MONTEIRO	F	9191	00:26:15.70	00:53:54.98	00:54:01.55	
1983	PEDRO MIGUEL SILVA	M	7304		00:52:57.24	00:54:02.12	
1984	NAZLI TURAN	F	8833	00:27:50.24	00:52:16.17	00:54:02.21	
1985	JOAO AMORIM	M	9544	00:26:12.32	00:53:58.10	00:54:02.43	Sportzone
1986	GERMANO MATOS	M	4985	00:28:54.59	00:51:25.06	00:54:02.54	LINDA-A-PASTORA SPORTING CLUBE
1987	ANDRÉ BORRALHO	M	1921	00:27:30.48	00:51:51.79	00:54:03.13	
1988	ALBERTO REIS	M	8104	00:28:56.55	00:51:19.14	00:54:03.42	
1989	SÉRGIO CARDOSO	M	7028	00:29:24.60	00:48:25.71	00:54:03.75	ProfitnessRun
1990	GONÇALO CAEIRO	M	6967	00:27:49.18	00:50:19.06	00:54:03.77	Infosistema Running Team
1991	JOÃO GRAÇA	M	801	00:27:18.61	00:52:34.08	00:54:04.51	
1992	JOÃO SOTOMAYOR	M	2993	00:25:32.33	00:54:04.82	00:54:04.82	
1993	JOSÉ SANTO	M	1628	00:27:02.89	00:52:17.42	00:54:05.60	
1994	RICARDO LUIS COSTA	M	4047	00:26:36.18	00:52:47.03	00:54:05.90	
1995	JOÃO DA CONCEIÇÃO CARRAPIÇO PEREIRA	M	7640	00:27:49.62	00:51:57.75	00:54:06.70	AC Portalegre/UTSM, --
1996	PEDRO BARROSO	M	2708	00:28:08.10	00:51:27.24	00:54:06.89	
1997	PAULO A F RODRIGUES DOMINGOS	M	2976		00:52:25.38	00:54:07.74	MDS
1998	MIGUEL CARMO	M	2970	00:28:11.31	00:52:46.63	00:54:08.09	
1999	ANTÓNIO OLIVEIRA GOMES DA SILV	M	2862	00:26:41.24	00:53:30.59	00:54:08.49	
2000	CARLOS COSTA	M	6082	00:26:30.15	00:53:01.79	00:54:09.50	
2001	RUI ESPADINHA	M	1910	00:28:26.29	00:53:03.95	00:54:09.56	
2002	JOAO CAEIRO	M	6067	00:27:36.00	00:52:26.25	00:54:09.62	
2003	CLAUDIO MONTEIRO	M	7022	00:27:08.54	00:53:24.12	00:54:09.68	
2004	CARLOS JOSE GONÇALVES MACEDO	M	1627	00:27:41.51	00:52:34.11	00:54:10.47	
2005	MANUEL PAULO	M	3021	00:26:33.06	00:53:07.79	00:54:10.47	ODEBRECHT PORTUGAL
2006	CELSO BARATA	M	1692	00:29:13.21	00:51:42.45	00:54:11.18	
2007	NUNO SANTOS	M	7167	00:29:33.48	00:49:21.06	00:54:11.19	
2008	ARTUR GRAÇA	M	4346	00:28:07.30	00:52:06.06	00:54:11.27	Açoreana Clube Banif
2009	ALBINO FERREIRA	M	5056	00:26:29.73	00:53:25.70	00:54:11.39	GRCD Leião
2010	FERNANDO BATALHA	M	1961	00:25:16.61	00:53:34.60	00:54:11.88	
2011	JOÃO FRANCISCO DUARTE	M	1060	00:26:02.08	00:53:35.23	00:54:11.91	
2012	AMÉRICO LOPES CARVALHO	M	7832	00:26:07.29	00:53:54.46	00:54:12.41	
2013	SERGIO CRUZ	M	7471	00:27:04.19	00:52:58.67	00:54:12.51	
2014	HELENA MEDEIRO	F	6525	00:26:47.71	00:53:57.98	00:54:12.74	Garmin Clube Olímpico Oeiras
2015	PATRICIA ROCHA	F	1895	00:27:16.27	00:53:12.41	00:54:12.99	Friends2Run
2016	JOÃO CUNHA	M	2725	00:29:45.57	00:52:01.25	00:54:13.09	
2017	PAULO BARREIROS	M	1894	00:27:23.36	00:53:16.21	00:54:13.09	Friends2Run
2018	LUÍS ROSÁRIO	M	488	00:25:45.93	00:53:41.27	00:54:13.17	
2019	JOSE VERMELHO	M	771	00:27:33.02	00:52:57.49	00:54:13.36	
2020	JOSE REIS ROCHA	M	8723	00:25:00.13	00:53:26.96	00:54:13.81	Peugeot
2021	PAULO ANDRADE DA SILVA	M	6935	00:28:24.51	00:51:58.87	00:54:14.16	
2022	JOÃO TEIXEIRA DE MATOS	M	9310	00:26:52.16	00:54:07.36	00:54:14.42	
2023	MÁRIO PEREIRA	M	342	00:26:21.29	00:53:43.14	00:54:14.54	
2024	JOSE LUIS NUNES MARQUES	M	3723	00:25:30.79	00:53:23.35	00:54:14.61	CLUBE MILLENNIUM BCP
2025	TIAGO CARNEIRO	M	4665	00:25:02.33	00:53:54.87	00:54:14.75	
2026	JOSE G. NOBRE	M	1120	00:25:51.82	00:54:03.28	00:54:14.80	
2027	ANDREA ROQUE	F	3132	00:26:46.95	00:53:08.50	00:54:15.16	
2028	JOÃO CAEIRO	M	595	00:26:56.01	00:53:02.74	00:54:15.54	
2029	ANTÓNIO MANUEL MACHADO DE ALMEIDA	M	6038	00:27:14.06	00:54:03.09	00:54:15.57	
2030	ANDRÉ OLIVEIRA	M	3133	00:26:47.03	00:53:09.63	00:54:15.62	
2031	HELDER COELHO	M	8799	00:27:27.53	00:52:15.06	00:54:15.79	
2032	JOSÉ JOÃO MACHADO DE MORAIS GOUVEIA	M	7550	00:27:01.37	00:51:26.74	00:54:15.95	BP2SEA III
2033	SÉRGIO MIGUEL PAIVA SILVA ALVES PEREIRA	M	1227	00:26:37.96	00:52:22.72	00:54:16.79	
2034	FRANCISCO SINTRA	M	1765	00:27:07.55	00:53:22.45	00:54:16.87	
2035	DIOGO SIMÕES	M	4312	00:29:50.08	00:50:44.17	00:54:17.13	CS Family
2036	LUIS SIMOES	M	3888	00:28:15.00	00:52:35.79	00:54:17.23	brandoa corre
2037	BRUNO SUBTIL	M	8282	00:27:14.75	00:52:45.02	00:54:17.56	
2038	MARIO GODINHO	M	2436	00:27:56.05	00:52:41.34	00:54:17.76	CLUBE GRUPO BES
2039	PEDRO DE OLIVEIRA	M	7171	00:26:39.69	00:53:07.28	00:54:17.76	
2040	FERNANDO MARTINS	M	4593	00:27:07.84	00:53:23.81	00:54:17.90	
2041	CLÁUDIA ALCASO	F	2851	00:27:48.55	00:52:47.12	00:54:18.07	
2042	SÉRGIO PÓ	M	1809	00:28:27.16	00:52:19.79	00:54:18.21	
2043	SÉRGIO NUNO PONTES	M	1139	00:26:44.10	00:53:34.02	00:54:18.43	
2044	ANTONIO MELGÃO	M	5951	00:28:20.27	00:52:39.06	00:54:18.64	Hovione 7casas

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2045	VITOR MATA	M	4098	00:26:28.81	00:53:44.76	00:54:18.68	
2046	FERNANDO RIO MAIOR	M	9151		00:54:19.06	00:54:19.06	HP
2047	TELMO VIEGAS	M	8159	00:27:51.07	00:52:13.02	00:54:19.22	
2048	ISMAR FERREIRA	M	3216	00:27:55.93	00:54:19.27	00:54:19.27	
2049	HUGO PORTELA	M	7016	00:30:03.54	00:49:25.95	00:54:19.57	CLUBE ACCENTURE
2050	CARLOS GONÇALVES	M	7029	00:29:05.17	00:52:13.06	00:54:19.67	
2051	MIGUEL DEUS BARRADAS	M	3153	00:25:45.07	00:53:56.69	00:54:19.72	Correr Lisboa
2052	JOSE FILIPE LOPES	M	7673	00:29:49.09	00:48:55.19	00:54:19.76	
2053	CARLOS CASQUINHA	M	7465	00:26:31.79	00:53:37.89	00:54:19.81	Tamos muta fortes
2054	RUI GONÇALVES	M	6520	00:27:04.56	00:53:01.57	00:54:20.12	
2055	JOÃO COLAÇO	M	8137	00:27:42.40	00:51:59.72	00:54:20.43	Clube Desportivo da Novabase
2056	JAIME ÉVORA	M	993	00:28:27.45	00:54:20.61	00:54:20.61	
2057	FRANCISCO CALMEIRO	M	6716	00:25:32.78	00:54:04.34	00:54:20.66	
2058	HUGO COSTA	M	5956	00:27:27.73	00:53:30.57	00:54:20.67	Hovione 7casas
2059	JORGE ALVES	M	7891	00:28:03.31	00:51:18.01	00:54:20.98	
2060	PEDRO NUNO MATEUS	M	7248	00:26:36.02	00:52:57.45	00:54:21.65	Cromossomas
2061	JOSÉ VALENTIM	M	6003	00:26:52.72	00:54:08.57	00:54:21.84	Clube Ferroviário de Portugal
2062	TERESA SEPÚLVEDA	F	6543	00:26:23.55	00:53:51.03	00:54:21.97	Garmin Clube Olímpico Oeiras
2063	DAVID FERRO	M	5986	00:29:28.96	00:50:31.40	00:54:22.18	
2064	JOSÉ FERREIRA	M	8713	00:25:43.89	00:53:46.25	00:54:22.55	Peugeot
2065	SÓNIA PARENTE	F	2558	00:26:20.13	00:53:24.12	00:54:22.60	ACADEMIA FITNESS MILITAR, --
2066	BRUNO SANTOS	M	1404	00:27:18.88	00:53:35.81	00:54:22.63	
2067	ROSARIO PENIZ	F	4466	00:28:48.88	00:51:25.12	00:54:22.99	GRD Os Fixes
2068	JORGE AIRES SILVA	M	1854	00:27:07.77	00:52:12.92	00:54:23.03	i2D - intelligence to drive
2069	PEDRO LOURENÇO	M	2118	00:27:06.02	00:53:42.51	00:54:23.07	
2070	RAQUEL LOPES	F	8960	00:26:34.89	00:53:56.78	00:54:23.07	
2071	JAIME PEREIRA DE MIRANDA	M	4231	00:27:34.05	00:53:04.85	00:54:23.40	
2072	JOSÉ JOAQUIM DIAS	M	7162	00:29:36.58	00:49:08.69	00:54:23.50	
2073	LUCIANO ASSUNCAO	M	6152	00:27:14.79	00:53:47.51	00:54:23.61	
2074	JOÃO MANUEL REIS SIMOES	M	2021	00:27:13.43	00:53:37.58	00:54:23.67	Volkswagen Autoeuropa
2075	PEDRO ALEXANDRE LOURENCO SA	M	3734	00:28:37.87	00:51:52.75	00:54:23.76	CLUBE MILLENNIUM BCP
2076	JORGE VAZ	M	6026	00:26:59.54	00:52:42.15	00:54:23.87	
2077	PAULO GIL	M	4247	00:27:25.65	00:52:02.65	00:54:23.90	
2078	TIAGO COELHO	M	1664	00:27:28.65	00:53:21.65	00:54:24.06	
2079	ROGÉRIO GONÇALVES	M	1741	00:26:24.87	00:53:42.90	00:54:24.68	Os Galgos
2080	SUSANA FERREIRA	F	1462	00:27:32.18	00:52:40.92	00:54:24.79	
2081	SANDRA RAPOSINHO	F	1309	00:26:29.48	00:53:44.04	00:54:24.81	
2082	JOÃO JACINTO	M	559	00:28:12.94	00:51:16.81	00:54:25.21	OVELHA CREW
2083	TIAGO .	M	9370	00:27:05.98	00:53:39.94	00:54:25.70	
2084	RAIMUNDO PECHILGA	M	374	00:26:33.90	00:52:40.51	00:54:25.76	
2085	VASCO MANUEL CURADO ARMES	M	7264	00:27:27.75	00:53:09.90	00:54:25.99	
2086	BRUNO MIGUEL GASPAS SOARES	M	931	00:28:04.09	00:52:45.07	00:54:26.01	Correr Lisboa
2087	ORLANDO FERREIRA	M	9880	00:27:42.77	00:52:16.60	00:54:26.48	
2088	JOAQUINA FLORES	F	8551	00:27:51.12	00:53:53.53	00:54:26.86	
2089	CARLOS LEITÃO	M	6205	00:27:06.60	00:52:38.03	00:54:27.05	SS CGD
2090	ALBERTO SANTOS	M	7140	00:27:48.07	00:52:54.38	00:54:27.38	
2091	HELDER NUNO BARBACENA CASTANHO	M	687	00:29:08.27	00:52:44.33	00:54:27.92	
2092	MARIO JORGE MATOS SILVA	M	1610	00:26:56.01	00:53:29.07	00:54:28.13	
2093	AVELINO HENRIQUES	M	1324	00:27:41.67	00:53:04.84	00:54:28.40	
2094	TIAGO FERREIRA	M	8047	00:26:32.96	00:53:51.82	00:54:28.94	
2095	NUNO ESTEVES	M	3403	00:26:20.02	00:53:36.76	00:54:29.06	
2096	LUIS PIEDADE	M	614	00:26:59.45	00:52:45.77	00:54:29.87	TRILHOS E TRALHOS
2097	ANDREIA MONTEIRO	F	1204	00:27:28.19	00:53:39.99	00:54:30.05	Walking dead's
2098	IVO MIGUEL JORGE ESTÊVÃO	M	7647	00:28:20.78	00:51:49.57	00:54:30.50	
2099	DAVID SILVA CLEMENTE	M	10512	00:28:57.57	00:51:59.47	00:54:30.52	Delta Cafés
2100	GONÇALO MIGUEL LEMOS SERRÃO E SILVA	M	5173	00:29:42.14	00:51:20.20	00:54:30.55	
2101	FERNANDO ANDRADE	M	4981	00:26:58.40	00:53:33.84	00:54:30.95	LINDA-A-PASTORA SPORTING CLUBE
2102	MANUEL CANANÉ	M	3608	00:26:45.30	00:53:23.55	00:54:31.03	
2103	LUIS RIJO	M	10068		00:54:31.07	00:54:31.07	
2104	PEDRO MORAIS	M	3845	00:28:08.74	00:52:47.45	00:54:31.31	
2105	PEDRO FERNANDES	M	6850	00:29:00.29	00:51:11.64	00:54:31.35	
2106	DANIELA SILVA	F	2528	00:28:08.23	00:52:11.33	00:54:31.64	GFCT POWER
2107	EDUARDO REIS	M	8296	00:28:29.25	00:52:17.48	00:54:31.74	
2108	GUILHERME SILVA LIBÓRIO	M	5485	00:27:51.81	00:53:31.82	00:54:32.07	INDEG
2109	DIOGO FILIPE	M	4752		00:52:56.70	00:54:32.18	Grupo Desportivo de Barcarena
2110	SÉRGIO FRANCLIM	M	8017	00:26:30.67	00:53:53.81	00:54:32.24	OS LUCENAS
2111	MARTÍN SANTOS	M	8415	00:27:50.11	00:52:23.68	00:54:32.48	
2112	CAROLINA MAGALHÃES	F	2340	00:27:33.07	00:52:40.86	00:54:32.57	
2113	HELDER CRUZ	M	2293	00:26:27.52	00:53:59.85	00:54:32.96	
2114	ANTÓNIO RAMOS	M	5591	00:25:43.98	00:54:03.14	00:54:33.05	
2115	NUNO VENTURA	M	2272	00:28:13.87	00:53:37.44	00:54:33.55	
2116	ANTONIO ALVES	M	6670	00:28:36.43	00:53:02.35	00:54:33.64	MARRIOTT LISBOA
2117	VÍTOR JANEIRO	M	6798	00:25:22.02	00:54:30.28	00:54:33.94	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2118	ANTÓNIO GONÇALVES	M	9633	00:27:42.73	00:53:03.85	00:54:34.10	
2119	JOSE CARLOS MACARIO FERREIRA	M	2121	00:28:33.69	00:52:58.72	00:54:34.96	
2120	FRANCISCO JOSÉ BRITO DE MIRANDA	M	8995	00:25:55.37	00:54:14.49	00:54:35.16	
2121	MANUEL GARRINHAS	M	7982	00:25:27.47	00:53:59.69	00:54:35.36	
2122	GIL SOUSA	M	882	00:30:13.32	00:50:02.85	00:54:35.43	Run 4 It
2123	FREDERICO VIDEIRA MARTINS	M	7245	00:25:54.55	00:54:27.27	00:54:35.67	
2124	AFONSO PIRES	M	1938	00:29:48.50	00:51:20.68	00:54:36.23	
2125	SERGIO PAULO	M	580	00:25:47.56	00:54:03.16	00:54:36.33	
2126	ANTÓNIO JOSÉ GASPAR POMBINHO	M	549	00:26:51.57	00:53:59.38	00:54:36.47	
2127	TOMÁS SOUSA	M	4622	00:26:10.22	00:54:00.36	00:54:37.03	Os Super
2128	VITOR MANUEL GODINHO LOURENÇO	M	6172	00:28:31.18	00:52:44.30	00:54:37.55	
2129	JOSÉ EDUARDO REIS	M	821		00:53:32.25	00:54:37.61	
2130	MARCO CAMPANIÇO	M	1138	00:27:40.47	00:53:58.32	00:54:38.06	Volkswagen Autoeuropa
2131	JOÃO CARVALHO	M	9304	00:27:28.43	00:54:36.24	00:54:38.17	
2132	LUIS PIRES	M	1029	00:27:23.61	00:53:38.95	00:54:38.41	
2133	MARCO PINTO	M	4165	00:25:02.89	00:53:54.98	00:54:38.63	
2134	ANTONIO DA SILVA ASSENTIZ	M	6623	00:27:47.16	00:53:56.72	00:54:39.15	OS GALGOS DE TANCOS
2135	CARLOS MONTEIRO	M	402	00:27:32.19	00:53:23.56	00:54:39.56	
2136	JOÃO CARLOS SILVA	M	248	00:26:04.59	00:53:58.29	00:54:39.83	
2137	JORGE MIGUEL VILARINHO RODRIGUES	M	4952	00:29:04.26	00:51:41.01	00:54:39.85	
2138	JOSE NUNO CANONGIA LOPES	M	8973	00:27:39.46	00:53:38.45	00:54:40.07	
2139	RUI MONTEIRO	M	6448	00:29:24.98	00:51:21.29	00:54:40.71	BP2SEAll
2140	JOAQUIM CORRULA	M	3886	00:28:22.66	00:52:59.49	00:54:41.45	brandoa corre
2141	DAMIÃO REGA	M	3208	00:27:02.00	00:53:39.55	00:54:41.45	
2142	PEDRO BUENO	M	3294	00:27:12.48	00:53:58.24	00:54:41.68	
2143	PEDRO RUIVO	M	2168	00:26:57.64	00:53:57.59	00:54:41.87	Microsoft One
2144	PEDRO MANUEL BALEIA	M	1907	00:30:58.96	00:48:48.63	00:54:42.53	Caracóis de Pedra
2145	ISABEL SILVA PEDRO	F	7760	00:26:29.54	00:53:14.50	00:54:42.60	
2146	TIAGO BALEIA	M	1908	00:30:58.10	00:48:48.85	00:54:42.68	Caracóis de Pedra
2147	UTKU MERT AYGUN	M	8353	00:26:08.41	00:53:55.00	00:54:42.98	
2148	VASCO MANUEL ALMEIDA PEREIRA	M	1933	00:27:50.77	00:53:08.86	00:54:43.09	
2149	CLÁUDIO SILVA	M	2741	00:29:17.95	00:51:49.49	00:54:43.47	
2150	KEVIN PRATES	M	5770	00:26:41.26	00:53:36.89	00:54:43.63	Os Pés de Gesso
2151	PAULO MANUEL LOPES RATO	M	3750	00:28:50.95	00:52:52.60	00:54:43.85	CLUBE MILLENNIUM BCP
2152	PAULO MATOS	M	5233	00:26:25.55	00:53:25.45	00:54:44.17	HP CLUB
2153	ANTÓNIO PEREIRA	M	9352	00:27:09.99	00:53:03.36	00:54:44.56	
2154	RAÚL GRILO	M	1392	00:27:30.79	00:53:15.03	00:54:44.84	MENÚ DE ATLETA
2155	RICARDO MATOS	M	6726	00:26:46.17	00:53:46.59	00:54:45.02	Clube Desportivo da Novabase
2156	PAULO MILICIAS	M	8303	00:27:38.03	00:52:19.64	00:54:45.49	
2157	TIAGO NUNES	M	2631	00:27:27.44	00:53:24.46	00:54:46.29	
2158	PAULO PRATA	M	5061	00:25:26.66	00:54:31.77	00:54:46.30	GRCD Leião
2159	EMANUEL AUGUSTO DOS SANTOS	M	1827		00:53:47.30	00:54:46.35	
2160	BRUNO MIGUEL DOS SANTOS PEDRO	M	5609	00:32:16.70	00:49:06.98	00:54:46.44	Rebolation
2161	NUNO CATARRO	M	400	00:27:05.10	00:54:29.00	00:54:46.91	
2162	CARLOS FERNANDES	M	2510	00:27:19.45	00:52:55.43	00:54:47.00	Tämentos Team
2163	MARCO CATARRO	M	399	00:27:05.10	00:54:27.99	00:54:47.02	
2164	JOÃO LOUREIRO	M	3331	00:28:15.77	00:53:01.15	00:54:47.06	
2165	JOÃO JOSÉ VILELA MARTINHO	M	2975	00:27:21.08	00:53:41.34	00:54:47.17	MDS
2166	SEBASTIAO ZARAGOZA	M	4918	00:26:12.13	00:52:55.59	00:54:47.22	DSP RUNNING TEAM
2167	RUI BARREIROS	M	6108	00:31:08.99	00:49:44.28	00:54:47.70	Os Claudicantes
2168	MÓNICA LOUSADA	F	2955	00:27:37.59	00:53:28.00	00:54:47.90	Pernas de Gafanhoto
2169	JOÃO CUNHA FERREIRA	M	4413	00:28:25.28	00:53:24.57	00:54:47.91	
2170	ANDRÉ SILVA	M	3424	00:28:12.51	00:52:23.69	00:54:48.04	
2171	AFONSO CARVALHO	M	8547	00:28:29.57	00:51:47.03	00:54:48.07	
2172	ALEXANDRE PONCIANO	M	3246	00:27:34.48	00:53:33.78	00:54:48.36	
2173	MIGUEL VARELA	M	8617	00:27:34.22	00:54:15.80	00:54:48.55	GFD Running
2174	SANDRA INÉS	F	296	00:28:29.27	00:52:57.51	00:54:48.85	
2175	BRUNO GARCIA	M	7868	00:28:26.87	00:53:16.95	00:54:49.29	
2176	LUÍS AFONSO	M	212	00:27:51.59	00:53:57.08	00:54:49.30	Georunners
2177	VERÔNICA PESTANA	F	210	00:27:51.39	00:53:57.58	00:54:49.71	Georunners
2178	ANABELA CARVALHO	F	8005	00:26:15.19	00:54:33.74	00:54:49.96	grupo desportivo sao domingos
2179	SÉRGIO ARRUDA	M	8007	00:26:15.03	00:54:34.43	00:54:50.01	grupo desportivo sao domingos
2180	VALDIR COSTA	M	3523	00:29:30.25	00:49:16.43	00:54:50.24	BANCO PRIVADO ATLANTICO EUROPA
2181	ANTÓNIO CORREIA	M	4955	00:27:10.97	00:54:19.01	00:54:50.77	G. R. D. Ribeira da Lage
2182	JOSÉ MAURÍCIO	M	2559	00:29:52.18	00:49:51.21	00:54:51.08	ACADEMIA FITNESS MILITAR, --
2183	ARTUR VICENTE	M	6709	00:24:59.58	00:54:33.47	00:54:51.13	NucleOeiras/SportZONE - ADNO
2184	MARCO MARTINS	M	720	00:26:43.14	00:54:51.98	00:54:51.98	Os Coxos
2185	RÚBEN PEDROSO	M	2867	00:25:23.00	00:53:24.06	00:54:52.40	
2186	ANDRÉ SILVA	M	2033	00:28:35.63	00:51:46.71	00:54:52.44	Os Caracóis Furiosos
2187	JOÃO ERNESTO DIAS BERNARDINO	M	7037	00:29:05.47	00:52:54.51	00:54:52.55	
2188	JOÃO GOMES	M	7954	00:28:36.07	00:53:22.18	00:54:52.72	
2189	PAULO SANTOS	M	3104	00:29:28.23	00:51:54.38	00:54:52.76	
2190	CARLOS TELHAL	M	1804	00:27:09.20	00:54:14.90	00:54:52.98	Volkswagen Autoeuropa

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2191	JOSÉ MAIO	M	3296	00:27:12.28	00:54:09.58	00:54:53.14	
2192	RAUL FELIXDACOSTA	M	7188	00:27:21.30	00:53:49.90	00:54:53.27	
2193	JORGE MANUEL	M	7577	00:26:43.90	00:54:30.51	00:54:53.92	
2194	JORGE CORDEIRO	M	1393	00:26:59.39	00:53:26.09	00:54:54.25	MENÚ DE ATLETA
2195	ANTÓNIO QUARESMA	M	4948	00:27:39.14	00:53:10.77	00:54:54.28	LINDA-A-PASTORA SPORTING CLUBE
2196	NUNO RODRIGO MATEUS	M	2729	00:27:34.69	00:54:54.54	00:54:54.54	Correr Lisboa
2197	VITALIANO COSTA	M	6598		00:52:23.50	00:54:54.77	
2198	FÁBIO PASSOS	M	6599	00:27:55.57	00:52:23.09	00:54:54.81	
2199	JOAQUIM LIMA	M	1405	00:26:09.13	00:54:12.49	00:54:54.81	
2200	TIAGO LANCA	M	556	00:27:48.73	00:52:58.60	00:54:54.96	
2201	JOÃO SANTOS	M	1179	00:27:49.01	00:52:59.75	00:54:55.76	
2202	JOÃO CRUZ	M	4791	00:27:49.08	00:52:46.63	00:54:55.77	
2203	FERNANDO GRAÇA LOPES MENDES	M	2637	00:26:57.73	00:53:43.36	00:54:55.82	
2204	DIOGO CORREIA	M	4512	00:29:02.84	00:52:44.58	00:54:55.86	
2205	THELMO CUNHA	M	3045	00:26:32.24	00:53:54.70	00:54:56.24	ODEBRECHT PORTUGAL
2206	LUIS PEREIRA	M	974	00:29:32.69	00:50:53.95	00:54:56.74	
2207	CÉSAR ANTÓNIO RAIMUNDO RIBEIRO	M	2636	00:27:06.36	00:53:43.93	00:54:56.80	
2208	ARMANDO LUIS LOPES CUSTÓDIO	M	5451	00:26:32.84	00:54:53.21	00:54:56.92	INDEG
2209	DIANE DASILVA	F	983	00:27:31.23	00:54:03.06	00:54:57.08	
2210	ANTÓNIO TEIXEIRA	M	2789	00:27:50.09	00:52:34.42	00:54:57.09	N.A. PAPAGAIOS CASCAIS
2211	JOAO MENDES	M	454	00:26:11.92	00:54:18.94	00:54:57.32	
2212	ANA INÊS PEREIRA	F	8602	00:27:52.10	00:53:58.81	00:54:57.90	GFD Running
2213	EDUARDO RIBEIRO	M	8851	00:29:22.90	00:51:18.58	00:54:57.98	Infosistema RunningTeam
2214	HORST LAUW	M	1931	00:27:47.97	00:53:39.95	00:54:58.23	Volkswagen Autoeuropa
2215	JOANA RIBEIRO	F	3819	00:27:30.47	00:53:51.24	00:54:58.25	
2216	MARTA LIMA	F	9292	00:27:39.13	00:54:53.03	00:54:58.26	Compressport
2217	FILIFE RIBEIRO	M	5221	00:26:47.73	00:54:55.33	00:54:58.87	HP CLUB
2218	JOAO SILVA	M	1919	00:25:45.68	00:54:25.25	00:54:58.94	
2219	PEDRO NUNES RODRIGUES	M	4567	00:28:16.73	00:53:40.34	00:54:58.97	
2220	JOÃO JOSÉ FERNANDES	M	4362	00:27:51.67	00:52:32.03	00:54:59.18	Açoreana Clube Banif
2221	DINIS RIBAS	M	2013	00:29:11.50	00:52:53.05	00:54:59.26	
2222	GABRIELA FREITAS	F	578	00:27:03.28	00:54:04.37	00:54:59.28	
2223	RODRIGO FERREIRA	M	5235	00:26:47.61	00:54:55.94	00:54:59.43	HP CLUB
2224	MIGUEL ROQUE	M	6045	00:27:52.14	00:53:11.60	00:54:59.56	
2225	TIAGO GUIA RIBEIRO LOPES	M	857		00:54:08.78	00:54:59.66	
2226	VITORINO SANTOS	M	4766	00:27:54.84	00:54:44.92	00:54:59.97	
2227	SEM DADOS		9804	00:28:02.97	00:54:05.85	00:55:00.16	
2228	DOMINGOS DURO	M	3242	00:28:06.61	00:54:23.43	00:55:00.23	N.A. PAPAGAIOS CASCAIS
2229	ANGELO RIBEIRO	M	1124	00:25:28.86	00:54:25.52	00:55:00.33	
2230	NUNO NUNES	M	7306	00:29:42.75	00:49:01.99	00:55:00.73	
2231	PEDRO MACHADO	M	2801	00:25:56.68	00:54:32.02	00:55:00.82	
2232	PEDRO LEITÃO	M	5918	00:26:45.75	00:54:20.82	00:55:00.88	
2233	ANABELA PERES	F	4059		00:55:00.25	00:55:01.03	10 P'ras 11, --
2234	RICARDO PASSINHAS	M	5984	00:27:52.25	00:53:12.97	00:55:01.14	
2235	JOSE NEVES	M	4870	00:26:24.24	00:54:52.15	00:55:01.24	
2236	MANUELA FONSECA	F	2460	00:29:11.08	00:52:36.88	00:55:01.33	
2237	SEM DADOS		9837	00:26:32.26	00:54:55.51	00:55:01.54	
2238	TIAGO PINTO	M	646	00:26:03.24	00:54:05.70	00:55:01.56	Correr Lisboa
2239	PAULO JORGE FAUSTINO CARÔCO	M	5545	00:32:07.96	00:46:23.01	00:55:01.59	INDEG
2240	SEM DADOS		9836	00:26:32.67	00:55:02.10	00:55:02.10	
2241	MÁRIO VERDINGOLA	M	9929	00:26:15.75	00:54:02.41	00:55:02.42	
2242	TIAGO BOAVIDA	M	5238	00:27:30.79	00:53:40.96	00:55:02.92	HP CLUB
2243	LUIS LOUREIRO DA COSTA	M	3689	00:29:00.59	00:52:40.96	00:55:02.94	CLUBE MILLENNIUM BCP
2244	ALEXANDRE CORREIA	M	5289	00:25:20.36	00:54:33.80	00:55:02.99	
2245	MIGUEL RODRIGUES	M	396	00:28:05.24	00:53:59.70	00:55:03.18	
2246	BEATRIZ CHUMBINHO	F	7151	00:28:33.39	00:53:01.89	00:55:03.26	
2247	DIOGO LIMA	M	9323	00:28:38.50	00:51:40.27	00:55:03.76	
2248	PAULO SOUSA	M	4499	00:28:51.80	00:52:05.89	00:55:04.24	GRD Os Fixes
2249	PEDRO SEQUEIRA	M	6233	00:29:18.10	00:52:16.08	00:55:04.26	SS CGD
2250	MANUEL SILVA	M	6055		00:53:21.99	00:55:04.30	
2251	JOÃO REFORÇO	M	1028	00:29:16.28	00:52:46.55	00:55:04.32	
2252	FERNANDO SANTOS	M	7733	00:28:08.48	00:54:20.16	00:55:04.56	Ass Para-quedistas Tejo Norte
2253	GRACIANO CAMISA PEDRO	M	889	00:26:28.74	00:54:55.53	00:55:04.57	
2254	LUIS GUERREIRO	M	9150	00:32:09.54	00:52:46.65	00:55:04.63	HP
2255	ALEXANDRE M C HENRIQUES	M	8352	00:29:58.42	00:53:14.59	00:55:04.88	
2256	NUNO MIGUEL BATISTA MARTINS	M	7347	00:27:52.47	00:54:19.31	00:55:04.98	
2257	JOÃO CRUZ	M	586	00:27:13.45	00:53:41.27	00:55:05.17	
2258	MANUEL VIEIRA	M	7257	00:27:49.82	00:53:48.35	00:55:05.44	
2259	BÁRBARA GONÇALVES	F	3510	00:27:58.08	00:53:27.24	00:55:05.49	
2260	NUNO SEQUEIRA	M	2100	00:28:13.09	00:52:36.87	00:55:05.79	
2261	PEDRO MORTÁGUA	M	4847	00:27:56.59	00:53:27.63	00:55:05.82	
2262	EDGAR EMANUEL DOS SANTOS SANTINHOS	M	8008	00:28:09.86	00:54:03.03	00:55:05.82	
2263	ANDRE SILVA	M	3167	00:30:31.34	00:50:12.69	00:55:06.65	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2264	RICARDO CORREIA	M	6101	00:28:31.25	00:54:40.10	00:55:06.65	J. O. M. A.
2265	NUNO SOUSA	M	8915	00:26:12.79	00:55:02.06	00:55:07.27	Pepsico
2266	MARTA SILVA	F	4906	00:28:56.72	00:53:52.78	00:55:07.52	Science runners
2267	ÁLVARO JOSÉ DA SILVA FERREIRA	M	9843	00:27:12.88	00:53:14.77	00:55:07.79	Clube Desportivo da Novabase
2268	NUNO APOLO	M	3079	00:27:39.32	00:52:52.06	00:55:07.85	Restaurante "O Cartaxeiro"
2269	GERMÃO LOURO	M	4834	00:26:36.69	00:54:25.69	00:55:08.19	Valejas Atlético Clube
2270	MIGUEL MENDANHA	M	1428	00:27:31.87	00:54:06.80	00:55:08.83	CCD Crédito Agrícola Mútu
2271	FABIO JESUS	M	8153	00:30:12.61	00:52:46.10	00:55:09.13	
2272	ANTONIO CAEIRO	M	2095	00:27:53.11	00:54:08.92	00:55:09.41	
2273	INES GONÇALVES DUARTE	F	8154	00:30:12.44	00:52:47.42	00:55:09.76	
2274	VITOR JORGE DA COSTA MARQUES	M	1897	00:30:04.43	00:51:45.19	00:55:10.54	
2275	ARTUR PAULO ALMEIDA BOTAO	M	3755	00:27:17.54	00:53:30.48	00:55:10.84	CLUBE MILLENNIUM BCP
2276	RODRIGO CANDIDO	M	7340	00:28:58.80	00:52:05.23	00:55:10.91	
2277	ALEXANDRE NEVES	M	3141	00:29:15.49	00:51:23.38	00:55:12.25	CLUBE GRUPO BES
2278	JOÃO PEREIRA	M	4494	00:27:04.66	00:54:31.38	00:55:12.91	GRD Os Fixes
2279	JOSE MANUEL NUNES MARCELINO	M	3721	00:30:05.09	00:51:23.15	00:55:12.95	CLUBE MILLENNIUM BCP
2280	CARLOS GARCIA	M	7025	00:26:35.91	00:54:42.88	00:55:13.05	
2281	LUIS MIRANDA	M	2415	00:28:27.83	00:52:21.07	00:55:13.24	Tejavista
2282	ROGÉRIO GRAÇA	M	2664	00:29:10.10	00:52:29.86	00:55:13.73	
2283	RAÚL COSTA	M	3106	00:27:27.76	00:54:41.42	00:55:13.81	Clube Robbialac
2284	VENTURA SARAIVA	M	4960	00:27:21.04	00:54:55.45	00:55:13.99	G. R. D. Ribeira da Lage
2285	MARCO PAULO DIAS LEBRE ROCHA	M	8843	00:28:53.49	00:52:15.57	00:55:14.82	Kelly Services
2286	PEDRO MARTINS	M	1981	00:26:51.05	00:54:39.05	00:55:14.95	
2287	PEDRO MIGUEL PIRES GIL	M	1645	00:28:31.23	00:53:53.41	00:55:15.06	
2288	PAU STORCH	M	2113	00:31:42.32	00:50:18.13	00:55:15.25	Treino em Casa
2289	SÉRGIO PEDRO NUNES MARTINS	M	4916	00:28:21.04	00:53:24.39	00:55:15.90	DSP RUNNING TEAM
2290	VÍTOR LOUREIRO	M	8069	00:27:38.57	00:55:16.00	00:55:16.00	
2291	SUSANA PAIVA	F	2175	00:28:21.35	00:53:20.13	00:55:16.07	
2292	LUIS FILIPE ANDRADE VALÉRIO	M	6691	00:28:16.90	00:52:53.46	00:55:16.27	
2293	FRANCISCO FREIRE	M	9336	00:29:02.88	00:52:37.90	00:55:16.30	Correr Lisboa
2294	JOSE MARIA DIAS CAETANO	M	3787	00:29:08.96	00:52:49.72	00:55:16.81	CLUBE MILLENNIUM BCP
2295	GONÇALO PINTO CASTELO BRANCO	M	443	00:28:58.28	00:53:04.80	00:55:16.81	
2296	JORGE FRANCISCO	M	7160	00:25:57.69	00:54:58.92	00:55:17.07	
2297	MARIANA SILVA	F	7198	00:27:07.79	00:54:10.28	00:55:17.56	Correr Lisboa
2298	EDGAR ANASTACIO	M	2215	00:29:03.63	00:52:37.24	00:55:17.66	Correr Lisboa
2299	LUIS DAVID VILARDOURO GRANGEIA	M	9565	00:28:32.57	00:52:16.37	00:55:17.91	
2300	JORGE LEITÃO	M	7838	00:28:26.92	00:53:24.28	00:55:18.82	Clube Desportivo da Novabase
2301	LILIANA FILIPE	F	9878	00:28:57.09	00:52:48.36	00:55:19.69	
2302	JORGE ROMÃO	M	6751	00:26:21.09	00:55:08.12	00:55:19.90	NucleOeiras/SportZONE - ADNO
2303	ANTÓNIO AUGUSTO DENIS MARQUES	M	912	00:28:21.39	00:53:44.33	00:55:20.12	
2304	ANTONIO MARQUES	M	6069	00:28:19.99	00:53:55.54	00:55:20.31	
2305	CARLOS RAMALHO	M	2327	00:27:19.08	00:54:00.56	00:55:20.34	
2306	FERNANDO NUNO	M	881	00:26:00.34	00:54:49.28	00:55:20.36	acils liberty seguros
2307	SEM DADOS		9322	00:26:52.74	00:54:01.31	00:55:20.57	
2308	RICARDO JORGE GIL NUNES	M	7714	00:32:01.11	00:52:18.67	00:55:21.24	
2309	MARIA GUEDES	F	8066	00:26:29.26	00:54:09.52	00:55:21.31	Correr na Cidade
2310	NUNO ROMANO	M	2049	00:27:06.78	00:53:47.65	00:55:21.57	SAPATISTAS
2311	TIAGO VICENTE	M	3339	00:29:45.02	00:51:21.39	00:55:21.80	FSIT RUNNERS
2312	BAUKE SCHILDT	M	6123	00:28:27.25	00:53:18.56	00:55:21.83	
2313	GIL BERTO CARNEIRO	M	278	00:28:49.31	00:52:39.54	00:55:22.39	Margil
2314	ANA MARGARIDA CORREI	F	277	00:28:49.36	00:52:40.01	00:55:22.45	Margil
2315	ANDRÉ LAMEGO	M	7409	00:27:03.26	00:54:45.42	00:55:22.92	
2316	MIGUEL ANCIÃES	M	8698	00:27:18.07	00:55:16.94	00:55:22.97	Peugeot
2317	RUI MIGUEL PIRES MOURA SILVA	M	1495	00:28:03.74	00:54:07.30	00:55:23.56	Clube Desportivo da Novabase
2318	FREDERICO CERDEIRA	M	1987	00:28:18.50	00:54:20.97	00:55:24.09	
2319	PEDRO BARREIRA	M	9305	00:27:55.26	00:55:22.20	00:55:24.13	
2320	PAULO JORGE FERNANDES DIONISIO	M	1259	00:28:25.32	00:54:16.43	00:55:24.58	
2321	ANDRÉ JORGE GARÇIA DIONISIO	M	1260	00:28:26.33	00:54:17.07	00:55:25.09	
2322	NUNO JÚLIO	M	806	00:28:22.88	00:53:08.83	00:55:25.13	
2323	JOAQUIM PALMEIRO	M	1216	00:29:01.91	00:51:56.14	00:55:25.29	
2324	JORGE RAMINHAS	M	1147	00:26:35.39	00:54:59.21	00:55:25.40	
2325	RENATO RAMOS	M	1622	00:27:11.85	00:54:05.34	00:55:26.12	MOVET
2326	PEDRO MATOS	M	2204	00:27:50.54	00:54:22.92	00:55:26.54	
2327	MARCOS JOSE NORITAKE	M	3710	00:29:24.29	00:52:59.22	00:55:26.71	CLUBE MILLENNIUM BCP
2328	EMANUEL DE CARVALHO	M	6087	00:23:36.40	00:55:01.79	00:55:27.11	
2329	MARIO FERNANDO MENDES GARCIA	M	5529	00:27:31.16	00:54:23.71	00:55:27.19	INDEG
2330	MIGUEL SERRA	M	2852	00:28:09.63	00:53:57.90	00:55:28.00	
2331	MARIA FATUDA	F	5619	00:27:01.14	00:55:02.34	00:55:28.10	GRD Ribeira da Lage
2332	DIOGO SANTOS SILVA	M	7913	00:27:47.79	00:54:00.10	00:55:28.61	
2333	JOÃO FERRO	M	8705	00:27:24.36	00:55:28.97	00:55:28.97	Peugeot
2334	ELSA LUIS	F	2064	00:27:22.31	00:53:48.02	00:55:29.69	Bifanas de Corrida
2335	NUNO CABECA	M	3173		00:55:29.74	00:55:29.74	
2336	DUARTE GRAY	M	2245	00:26:48.51	00:55:04.55	00:55:29.86	CCD TRANQUILIDADE



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2337	JORGE REIS	M	1665	00:27:10.51	00:54:34.54	00:55:30.01	
2338	ANTÓNIO CANAS	M	4947	00:28:12.63	00:54:21.52	00:55:30.34	LINDA-A-PASTORA SPORTING CLUBE
2339	SEM DADOS		9859	00:26:49.38	00:54:12.56	00:55:30.66	
2340	JOÃO JORGE	M	6853	00:26:50.61	00:54:43.13	00:55:30.74	
2341	PEDRO ANTÃO	M	3210	00:29:29.25	00:52:02.51	00:55:30.91	4x4, --
2342	MARIO BOTAS CAMPOS	M	3770	00:28:31.27	00:53:46.55	00:55:31.33	CLUBE MILLENNIUM BCP
2343	PAULO RAMALHO	M	3352	00:28:25.98	00:52:23.54	00:55:31.44	CLUBE GRUPO BES
2344	CARLA COSTA	F	828	00:32:07.05	00:47:28.56	00:55:31.47	Correr na Cidade
2345	JUAN ESTEBAN VIVAS	M	6648	00:29:24.70	00:53:40.76	00:55:32.25	
2346	NATAL DA LUZ	M	5993	00:27:46.03	00:54:45.67	00:55:32.29	Clube Ferroviário de Portugal
2347	JOAQUIM RAMALHO	M	6997	00:27:34.68	00:54:18.45	00:55:32.59	
2348	ANTÓNIO MARQUES	M	1779	00:26:22.27	00:54:42.94	00:55:32.83	gdine
2349	PEDRO DIAS	M	2503	00:27:45.62	00:54:31.92	00:55:33.07	Keep Running
2350	JOÃO FRANCO	M	7360	00:27:54.50	00:54:53.80	00:55:33.62	
2351	PEDRO MORAIS	M	1109	00:27:05.07	00:54:56.50	00:55:34.15	
2352	CAMILO H A OLIVEIRA	M	5208	00:28:28.09	00:54:19.60	00:55:34.30	
2353	JOSÉ CALHA	M	2334	00:27:19.58	00:54:48.57	00:55:34.51	
2354	NUNO LUCAS	M	1677	00:27:56.12	00:53:43.48	00:55:34.74	Talentos Team
2355	PATRICIA SANTOS	F	5008	00:27:52.49	00:54:16.63	00:55:34.77	LINDA-A-PASTORA SPORTING CLUBE
2356	ANDRE GUIA MARTINS	M	398	00:25:38.84	00:54:54.56	00:55:34.87	
2357	JOÃO MANUEL ESTEVES	M	4277	00:28:06.03	00:54:31.69	00:55:35.24	Ginásio Clube Português
2358	NUNO SILVA	M	5253	00:28:05.52	00:54:30.52	00:55:35.30	Ginásio Clube Português
2359	MARCO CARVALHO	M	6791	00:29:40.72	00:51:19.88	00:55:36.02	Correr Lisboa
2360	LUIS OLIVEIRA	M	1334	00:28:30.67	00:52:55.63	00:55:36.20	ACB CONDOMÍNIOS
2361	DARLAN ALVES DE PAULA	M	8202	00:30:39.07	00:52:06.44	00:55:36.29	Com Tradições
2362	LUIS CHAGAS	M	1602	00:29:50.91	00:51:45.31	00:55:36.33	Amigos da Mini
2363	EDUARDO RIBEIRO	M	4559	00:27:39.35	00:54:51.08	00:55:36.41	GDCT Unicre
2364	VALTER FORNO	M	1600	00:29:50.68	00:51:44.27	00:55:36.48	Amigos da Mini
2365	JOSE CARLOS SILVA	M	2124	00:28:10.48	00:54:04.56	00:55:36.82	
2366	THOMAS STARK	M	9241		00:54:06.29	00:55:36.84	
2367	JOÃO LOPES	M	1601	00:29:51.57	00:51:45.41	00:55:37.30	Amigos da Mini
2368	ORLANDO MANUEL MESTRE CRUZ	M	3389	00:28:10.33	00:53:59.40	00:55:37.60	
2369	DAVID FONSECA	M	6066	00:31:55.02	00:51:14.96	00:55:37.86	
2370	LUIZ RIBEIRO ROSA	M	3873	00:28:20.44	00:54:42.76	00:55:38.08	Clube Atletismo Amigos Belém
2371	PEDRO MAGALHÃES	M	3550	00:28:30.79	00:54:12.49	00:55:38.24	
2372	CÂNDIDO ANDRE SALGADO RAMOS	M	410	00:26:37.44	00:54:36.83	00:55:38.57	
2373	JOSÉ ALVES	M	6220	00:27:33.10	00:55:18.84	00:55:38.83	SS CGD
2374	JOSE MARIA	M	4659	00:28:34.46	00:53:57.55	00:55:39.15	Road Runners
2375	LUIS GONÇALO AFONSO CARVALHO	M	8280	00:28:27.49	00:54:09.22	00:55:39.23	
2376	ANDREIA CUNHA	F	1442	00:25:19.29	00:55:31.03	00:55:39.63	
2377	GONÇALO RODRIGUES	M	6582	00:29:20.75	00:53:56.03	00:55:39.69	C.A. Amigos Parque da Paz
2378	ANTÓNIO JESUS	M	2043	00:27:42.41	00:54:05.42	00:55:39.86	SAPATISTAS
2379	MARGARIDA PINTO	F	8614	00:28:01.81	00:54:40.92	00:55:39.86	GFD Running
2380	JOSÉ LINDO	M	7858	00:27:26.86	00:55:27.15	00:55:39.87	
2381	ANDRÉ JÚDICE	M	7185	00:28:29.33	00:54:34.88	00:55:40.19	
2382	RUI MARQUES	M	4518		00:54:39.74	00:55:40.36	
2383	JOÃO PEDRO RODRIGUES FERREIRA	M	444	00:29:40.55	00:52:48.74	00:55:40.40	
2384	MANUEL RIBEIRO	M	6072	00:28:35.01	00:54:16.48	00:55:40.43	
2385	FERNANDO ARVELAIZ	M	7009	00:29:44.63	00:50:48.73	00:55:40.69	CLUBE ACCENTURE
2386	ANTÓNIO PEREIRA	M	491	00:27:29.05	00:55:11.67	00:55:40.88	
2387	JOÃO NUNES	M	9107	00:28:10.33	00:53:31.53	00:55:41.06	
2388	JOÃO BERNARDINO VELOSO RODRIGUES	M	9319	00:29:43.16	00:52:45.85	00:55:41.26	
2389	GINA CHEIO	F	6820	00:28:25.02	00:54:27.23	00:55:42.01	G D C BANCO DE PORTUGAL
2390	CÉSAR AVÓ	M	8220	00:29:12.68	00:52:33.28	00:55:42.59	
2391	JOSÉ LUIS FERNANDES SOUSA	M	4038	00:26:50.29	00:55:14.33	00:55:43.10	CCD TRANQUILIDADE
2392	FERNANDO JOSÉ VICENTE PEDRO	M	5769	00:27:22.50	00:54:36.36	00:55:43.13	Os Pés de Gesso
2393	PEDRO MIGUEL DUARTE LAPA	M	6804	00:25:00.69	00:54:58.83	00:55:43.57	
2394	NUNO PAULO REI CARROLO	M	5418	00:27:20.43	00:54:24.26	00:55:43.63	
2395	BRUNO NOGUEIRA	M	2232	00:27:00.64	00:55:18.41	00:55:43.88	
2396	MIGUEL VINAGRE	M	1431	00:28:39.05	00:52:19.95	00:55:43.92	CCD Crédito Agrícola Mútuo
2397	DANIEL GRILO	M	1684	00:27:10.64	00:55:07.68	00:55:44.03	
2398	BRUNO TEIXEIRA	M	7289	00:28:36.37	00:54:13.48	00:55:44.08	
2399	NORBERTO MARQUES	M	1605	00:29:18.83	00:53:50.29	00:55:44.23	
2400	LEONEL SOEIRO	M	6090	00:27:23.00	00:54:58.38	00:55:44.26	
2401	GUIDA MOREIRA	F	7955	00:28:38.01	00:54:13.79	00:55:44.45	
2402	LUIS LUIS	M	7113	00:28:45.11	00:53:35.45	00:55:44.57	
2403	FRANCISCO MDP AMARAL	M	788	00:28:27.01	00:54:39.64	00:55:44.69	
2404	MARIA CASTELO	F	5003	00:27:52.49	00:54:25.98	00:55:44.83	LINDA-A-PASTORA SPORTING CLUBE
2405	SANDRO PRATES	M	1250	00:27:12.67	00:54:15.74	00:55:44.87	
2406	SÉRGIO MATOS	M	8998	00:28:50.68	00:54:05.37	00:55:44.96	
2407	AFONSO PINO	M	1175	00:27:41.94	00:54:59.11	00:55:45.60	
2408	ALEXANDRE JOSE COSTA MIGUEL	M	9937		00:54:58.98	00:55:45.74	
2409	JOANA CHOURIÇO	F	3623	00:27:08.72	00:55:01.70	00:55:45.77	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2410	JOSE LUIS CORREIA	M	235	00:26:23.75	00:55:45.17	00:55:45.88	
2411	MÁRIO APOLINÁRIO	M	9038	00:28:37.05	00:52:29.38	00:55:45.93	A minha corrida / Fitness Hut, --
2412	JOSÉ LIMA	M	4640	00:29:26.60	00:52:34.86	00:55:46.22	
2413	ANDRÉ CARVALHO	M	7698	00:26:39.36	00:55:42.44	00:55:46.87	BMW
2414	FILIPPE RACOES	M	6372	00:29:19.73	00:51:36.33	00:55:47.09	
2415	NUNO SESTA	M	5953	00:29:45.61	00:54:10.04	00:55:47.10	Hovione 7casas
2416	CARLOS A P SILVA	M	899	00:28:25.97	00:54:49.23	00:55:47.50	
2417	ANTONIO LAVAJO	M	2726	00:27:14.56	00:54:45.35	00:55:47.79	
2418	PEDRO MIGUEL FARINHA	M	4626	00:29:04.94	00:54:20.70	00:55:48.21	
2419	FERNANDO JORGE MONTEIRO MENDES	M	9240	00:29:52.55	00:53:50.74	00:55:48.29	
2420	FREDERICO PAZ	M	4103	00:27:47.45	00:54:19.51	00:55:48.30	
2421	LUÍS MARCELO	M	6924	00:29:10.03	00:53:20.68	00:55:48.94	
2422	FERNANDO HOMEM	M	701	00:27:33.04	00:55:11.03	00:55:49.08	
2423	JOSE COELHO	M	2406	00:27:05.21	00:55:38.43	00:55:49.15	
2424	PEDRO CLÁUDIO	M	6231	00:28:29.56	00:53:15.43	00:55:49.67	SS CGD
2425	CATARINA LEITÃO AFONSO	F	522	00:26:55.88	00:54:43.50	00:55:49.67	
2426	JOSÉ SILVA	M	5176	00:27:32.79	00:54:35.55	00:55:49.96	
2427	ARTUR SANTOS	M	3323	00:27:04.39	00:55:27.62	00:55:50.23	
2428	RICARDO SANTOS	M	8863	00:27:17.86	00:55:44.32	00:55:50.27	
2429	PAVEL PEDAÇO	M	7033	00:29:07.08	00:53:36.36	00:55:50.30	Volkswagen Autoeuropa
2430	HELDER ROSÁRIO	M	967	00:27:39.87	00:55:04.38	00:55:50.36	
2431	NUNO BARRETO	M	449	00:28:25.79	00:54:55.16	00:55:50.48	
2432	RUI GONCALVES	M	2273	00:27:07.67	00:54:52.97	00:55:50.57	
2433	PAULO PIRES	M	9586	00:26:40.14	00:54:42.94	00:55:50.64	
2434	CARLOS FARIA FONSECA	M	2291	00:27:36.84	00:54:40.79	00:55:50.67	
2435	ROGÉRIO MATEUS SOARES	M	9333	00:26:41.71	00:55:44.00	00:55:50.86	
2436	JORGE LEMOS	M	5781	00:28:17.83	00:54:44.36	00:55:51.06	
2437	AMÉRICO ANTUNES	M	8689	00:26:48.95	00:55:51.22	00:55:51.22	Sanofi
2438	GONÇALO DE BARROS LOBO DE MOURA	M	5483	00:29:17.46	00:51:40.95	00:55:51.44	INDEG
2439	INÁCIO GONÇALVES	M	9298	00:26:29.94	00:55:45.46	00:55:51.47	Compressport
2440	ANTÓNIO JORGE SARAIVA MARCELO	M	5072	00:27:50.93	00:54:39.09	00:55:51.51	
2441	DANIEL JOSÉ AFONSO GOMES	M	9332	00:26:41.86	00:55:44.84	00:55:51.70	
2442	HELENA GONÇALVES	F	2890	00:26:44.52	00:55:24.95	00:55:51.82	Câmara Lisboa Clube
2443	MÁRIO BAÇÃO	M	3275	00:30:23.16	00:52:59.67	00:55:51.94	
2444	LUÍS FERREIRA	M	6886	00:27:33.12	00:54:38.56	00:55:52.12	Dor de Burro
2445	JOSÉ NOGUEIRA	M	1128		00:54:47.91	00:55:52.51	
2446	JEREMIAS DA SILVA RIBEIRO	M	3475	00:29:01.23	00:55:26.05	00:55:52.53	
2447	JOAQUIM COSTA	M	9585	00:27:47.67	00:54:44.01	00:55:53.15	
2448	RONALDO MACHADO	M	6032	00:28:11.76	00:54:43.16	00:55:53.26	
2449	MÁRIO BORDALO	M	870	00:27:29.30	00:55:30.89	00:55:53.33	Quebra Desafios
2450	PAULO DIONISIO DA SILVA FREIRE	M	4511	00:27:09.85	00:54:23.30	00:55:53.56	
2451	NUNO ALEXANDRE VAZ MIGUEL	M	2160	00:28:01.96	00:55:03.29	00:55:53.56	
2452	FRANCISCO CARVALHO	M	5983	00:27:52.25	00:54:36.53	00:55:53.58	
2453	CARLOS MARQUES JANELA	M	3764	00:28:14.57	00:54:01.78	00:55:53.87	CLUBE MILLENNIUM BCP
2454	HUGO PINHEIRO	M	7372	00:26:48.66	00:54:58.47	00:55:53.94	
2455	CARLOS NORONHA	M	3060	00:30:19.17	00:53:30.10	00:55:54.02	
2456	LUIS GUILHERME	M	612	00:27:45.19	00:54:01.59	00:55:54.24	TRILHOS E TRALHOS
2457	ANDRÉ DIOGO PAIS CARREIRO	M	4089	00:25:30.55	00:55:50.85	00:55:54.37	Pepsico 1
2458	TIAGO MATOS	M	2212	00:27:28.96	00:54:40.56	00:55:54.39	
2459	MANUEL ANTUNES	M	6603	00:28:18.07	00:54:44.84	00:55:54.42	
2460	LUIS LOPES	M	1315	00:27:41.17	00:54:57.72	00:55:54.47	
2461	ROGÉRIO MIRANDA	M	7992	00:27:25.03	00:54:58.98	00:55:54.81	
2462	BRUNO MARQUES	M	4724	00:29:56.21	00:53:12.12	00:55:54.83	WINNERS TEAM
2463	TIAGO ABRANCHES LOPES FARIAS	M	6029	00:29:16.84	00:53:43.36	00:55:55.08	i2D - intelligence to drive
2464	ANA PIPIO	F	4338	00:28:12.54	00:55:01.37	00:55:55.33	Açoreana Clube Banif
2465	LUIS REAL	M	6684	00:29:34.68	00:52:29.58	00:55:55.38	
2466	GONÇALO MIGUEL S. CERCAS CABRITA NOBRE	M	5146	00:26:43.97	00:54:44.87	00:55:55.42	AM 18 de Maio
2467	PAULO CESAR RODRIGUES DE ALMEIDA	M	5288	00:29:28.80	00:53:18.06	00:55:55.52	
2468	RUI PEDRO RODRIGUES	M	4195	00:26:17.81	00:55:13.30	00:55:55.56	
2469	DAVID MATIAS	M	8219	00:28:04.93	00:55:00.85	00:55:55.68	Clube Desportivo da Novabase
2470	SILVINO MARTINS	M	3577	00:25:09.33	00:55:55.77	00:55:55.77	
2471	FRANCISCO JOSÉ LOMBA DE PASSOS	M	6446	00:27:20.43	00:54:55.09	00:55:55.86	
2472	RODRIGO OLIVEIRA	M	3527	00:31:03.83	00:52:14.88	00:55:55.87	BANCO PRIVADO ATLANTICO EUROPA
2473	ISAC DINIS	M	1964	00:28:09.61	00:54:48.56	00:55:55.90	ASAS
2474	INES MOREIRA LOPES	F	7163	00:28:26.38	00:54:57.18	00:55:56.34	
2475	VICTOR CARVALHO	M	8629		00:54:57.79	00:55:56.36	GFD Running
2476	RUBEN FERREIRA	M	4485	00:26:21.25	00:54:35.95	00:55:56.51	GRD Os Fixes
2477	FILIPPE SANTOS	M	9317	00:28:18.53	00:52:43.39	00:55:56.53	
2478	DAVID FRÓIS	M	8532	00:30:56.42	00:50:18.32	00:55:56.57	
2479	DANIEL JOSÉ REBELO ROSA	M	3217	00:29:56.30	00:53:32.75	00:55:56.71	
2480	JOÃO BATISTA	M	1129	00:28:47.15	00:54:52.29	00:55:56.78	
2481	VÍTOR MANUEL ANTUNES MARTINS	M	4268	00:27:49.10	00:54:45.16	00:55:56.88	
2482	JOAQUIM SECO	M	3055	00:27:31.28	00:55:00.44	00:55:57.11	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2483	MARCO LEANDRO NEVES DOS SANTOS	M	5585	00:28:42.54	00:54:56.45	00:55:57.45	
2484	CARLOS SILVA	M	3394	00:28:58.03	00:54:25.42	00:55:57.47	
2485	MIGUEL MARQUES	M	1258	00:27:42.70	00:55:00.76	00:55:57.60	Samipe
2486	FERNANDA FIGUEIREDO	F	4779	00:25:52.75	00:55:50.54	00:55:57.66	CR Leões de Porto Salvo
2487	RUI PARÓLA	M	2093	00:31:19.41	00:51:04.11	00:55:57.73	
2488	PEDRO MACEIRA	M	6344	00:28:08.03	00:54:48.02	00:55:58.55	BP2SEA
2489	VITOR PASSARINHO	M	3065	00:29:09.82	00:52:49.61	00:55:58.80	
2490	FILIFE GASPAR	M	5961		00:53:42.95	00:55:58.89	Hovione 7casas
2491	JOAQUIM COSTA	M	8088	00:28:21.43	00:53:27.43	00:55:59.11	
2492	VÍTOR COSTA	M	7458	00:26:52.03	00:55:32.52	00:56:00.01	
2493	JOÃO LOURENÇO	M	721	00:27:25.01	00:55:35.96	00:56:00.07	
2494	SÉRGIO SERAFIM	M	719	00:28:25.26	00:54:16.72	00:56:00.17	
2495	ANDRÉ MARTINS	M	4341	00:29:28.03	00:53:53.11	00:56:00.53	Açoreana Clube Banif
2496	RODRIGO SERRA	M	8623	00:28:25.16	00:55:02.84	00:56:00.60	GFD Running
2497	ANDRÉ BARBOSA	M	8241	00:28:02.00	00:54:23.37	00:56:00.81	
2498	EUGÉNIO MOTA	M	6183		00:55:07.60	00:56:00.92	GRD Ribeira da Lage
2499	ANDRE COSTA PEREIRA	M	1626	00:27:11.92	00:54:39.79	00:56:01.28	MOVET
2500	CARLOS RAMOS	M	6595	00:29:45.41	00:53:22.19	00:56:01.62	Correr Lisboa
2501	CARLOS BRAGANÇA	M	9839	00:29:09.61	00:54:25.14	00:56:01.81	Road Runners
2502	FERNANDO MOREIRA	M	8244	00:27:12.94	00:55:21.44	00:56:02.80	
2503	JORGE SILVA	M	7426	00:27:42.50	00:54:15.78	00:56:02.91	
2504	MARCO VALADA	M	8238	00:28:10.68	00:54:26.01	00:56:03.23	
2505	ANALICE SILVA	F	542	00:27:47.14	00:55:29.57	00:56:03.88	
2506	TIAGO ABREU	M	9588	00:27:09.30	00:54:56.81	00:56:04.55	
2507	SANDRO NUNES	M	948	00:29:58.10	00:53:24.40	00:56:04.70	Correr Lisboa
2508	CLÁUDIA VIEGAS	F	1429	00:29:55.90	00:53:24.36	00:56:05.01	Correr Lisboa
2509	JOÃO BATISTA	M	3348	00:27:26.22	00:54:50.63	00:56:05.23	CLUBE GRUPO BES
2510	JOSÉ CARDOSO	M	989	00:28:56.58	00:54:03.05	00:56:05.70	
2511	MIGUEL OLIVEIRA	M	970	00:28:56.54	00:54:03.53	00:56:05.96	
2512	JORGE DRUMOND SILVA	M	6034	00:26:37.24	00:55:32.12	00:56:06.34	CascaGrossista
2513	HUGO SOUSA	M	6526	00:27:41.06	00:55:20.42	00:56:06.41	Garmin Clube Olímpico Oeiras
2514	JOAQUIM GALVÃO	M	1939	00:30:14.15	00:50:52.50	00:56:06.45	OS TAROLAS
2515	ANTÓNIO LOPES	M	1224	00:29:28.17	00:51:21.96	00:56:07.30	
2516	PEDRO MIGUEL MARQUES NUNES	M	5081	00:28:52.40	00:53:10.36	00:56:07.39	
2517	PEDRO MARQUES LOPES RIBEIRO	M	2128	00:30:23.32	00:50:53.32	00:56:07.45	
2518	PAULO SIMÕES	M	5548	00:29:01.40	00:53:21.85	00:56:07.57	INDEG
2519	FERNANDO FERREIRA	M	3864	00:26:59.39	00:55:26.29	00:56:08.47	
2520	ANDREIA OLIVEIRA	F	209	00:27:54.11	00:55:17.01	00:56:09.16	Georunners
2521	CARLOS RENATO	M	1460	00:30:43.24	00:51:08.67	00:56:09.59	
2522	PAULO JORGE PAIXÃO	M	2623	00:29:11.88	00:53:51.98	00:56:09.65	CLUBE COLABORADORES AXA
2523	CARLOS MIGUEL MARQUES CORREIA	M	4327	00:27:02.26	00:55:18.45	00:56:09.83	VdAtletas
2524	PAULO ESTOPA	M	2466	00:28:26.12	00:55:02.17	00:56:10.02	
2525	LUÍS MIGUEL CORREIA MACEDO	M	670	00:27:59.87	00:54:40.42	00:56:10.59	
2526	SILVIA CRUZ DE ARAUJO GONÇALVES	F	8496	00:26:52.56	00:56:08.02	00:56:10.93	Astrazeneca
2527	ANIBAL AUGUSTO CARVALHO	M	8498	00:26:52.22	00:56:08.02	00:56:11.19	Astrazeneca
2528	CLAIRE VAZQUEZ	F	4801	00:29:18.01	00:54:51.19	00:56:11.29	
2529	JOÃO BEIRÃO	M	1965	00:28:43.19	00:55:04.99	00:56:12.09	ASAS
2530	MARIA INÊS REIS BEIRÃO	F	1382	00:28:43.65	00:55:05.58	00:56:12.14	
2531	CARLOS CARVALHAS	M	7462	00:30:12.93	00:52:47.37	00:56:12.52	
2532	VITOR MIGUEL PEREIRA GOMES	M	3661	00:30:26.41	00:52:23.70	00:56:12.64	CLUBE MILLENNIUM BCP
2533	CARLOSMANUEL SAMPAIO	M	390	00:26:24.50	00:55:44.52	00:56:13.04	
2534	SOFIA INES COSTA RAMALHO	F	3726	00:28:22.50	00:55:52.75	00:56:13.41	CLUBE MILLENNIUM BCP
2535	RUI JORGE SILVA RAMALHO	M	3724	00:28:21.90	00:55:52.61	00:56:13.57	CLUBE MILLENNIUM BCP
2536	ANTONIO SIMOES	M	4193	00:29:13.72	00:54:47.14	00:56:13.66	
2537	ANA RITA CÔRREIA	F	1922	00:28:41.21	00:54:01.95	00:56:13.71	
2538	PAULO CHAVES	M	1304	00:30:50.70	00:53:21.62	00:56:13.78	CSP77
2539	MANUEL PIEDADE	M	4274	00:28:25.85	00:55:11.01	00:56:13.90	
2540	PAULO JORGE REBELO FERREIRA DE ALMEIDA	M	5546	00:28:34.36	00:54:46.88	00:56:14.31	INDEG
2541	NUNO BALTAZAR MENDES	M	9184	00:27:25.73	00:56:10.84	00:56:15.03	
2542	NUNO SILVA	M	9267	00:28:17.11	00:54:06.20	00:56:15.13	
2543	RUI JORGE PEREIRA BAPTISTA	M	4548	00:28:44.39	00:54:02.96	00:56:15.65	Volkswagen Autoeuropa
2544	RENATO REIS	M	8284	00:28:37.62	00:54:55.87	00:56:15.92	
2545	PEDRO M PEREIRA	M	2357	00:28:58.14	00:54:19.78	00:56:16.68	
2546	PEDRO LARANJEIRA	M	1230	00:26:43.23	00:55:27.93	00:56:16.75	
2547	PEDRO CAMILO SANTOS	M	5549	00:30:08.59	00:51:33.50	00:56:17.20	INDEG
2548	HENRIQUE FERREIRA	M	2992	00:26:47.15	00:55:54.30	00:56:17.66	u.r.d.arranhò
2549	ARTUR AMARAL	M	7349	00:29:38.74	00:53:55.46	00:56:17.78	
2550	CAROLINA SILVA	F	4127	00:29:55.36	00:52:31.37	00:56:17.82	
2551	JOÃO LOPES	M	4228	00:29:38.38	00:53:54.91	00:56:18.10	
2552	SANDRA CONSTANTINO	F	6333	00:27:27.20	00:55:49.19	00:56:18.23	F.S.C.D. da CBSS
2553	CARLOS MARTINS	M	1783	00:27:46.10	00:55:08.49	00:56:18.24	gdine
2554	GASPAR DA CHICA	M	7737	00:27:46.58	00:55:40.47	00:56:18.96	Ass Para-quedistas Tejo Norte
2555	PEDRO CAETANO	M	4194	00:29:12.42	00:54:53.21	00:56:19.63	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2556	RUI MESTRE	M	2092	00:31:18.96	00:51:26.10	00:56:19.78	
2557	FRANCISCO MELLO REGO	M	7256	00:29:01.32	00:54:41.48	00:56:19.82	
2558	ANA GIL	F	4110	00:30:50.06	00:51:44.36	00:56:20.05	
2559	NUNO ALEXANDRE FERREIRA DIAS	M	8926	00:30:16.07	00:53:35.42	00:56:20.50	
2560	JOÃO LAMY	M	4269	00:29:44.39	00:54:32.72	00:56:20.58	Road Runners
2561	JOÃO CABRITO	M	6217	00:28:37.16	00:54:10.52	00:56:21.56	SS CGD
2562	CLARA RAIMUNDO	F	2954	00:28:01.73	00:55:01.49	00:56:21.69	Pernas de Gafanhoto
2563	ANTÓNIO VALE	M	448	00:27:09.54	00:55:21.26	00:56:21.97	Os Conta-Kilómetros
2564	PEDRO PASSARINHO	M	1164	00:31:13.69	00:50:28.60	00:56:22.38	KENIANOS DO MONTIJO
2565	SUSANA CLIMAS	F	2032	00:28:24.23	00:55:06.30	00:56:22.80	Os Caracóis Furiosos
2566	NEVES SILVA	M	6008	00:26:33.46	00:56:10.19	00:56:22.86	Clube Ferroviário de Portugal
2567	ERNESTO LEAL CARVALHO	M	4218	00:28:30.53	00:55:08.10	00:56:23.13	
2568	CARLOS BURACA	M	1954	00:28:07.80	00:55:04.86	00:56:23.26	
2569	MIGUEL VERGAMOTA	M	972	00:29:36.92	00:54:35.99	00:56:23.37	
2570	ALEXANDRE PEREIRA DE ATHAYDE DO PASSO	M	8127	00:26:30.30	00:55:09.34	00:56:23.39	
2571	MANUEL DIAS	M	2452	00:30:06.82	00:53:36.23	00:56:23.48	Microsoft One
2572	LUÍS ROLDÃO	M	4211	00:27:59.51	00:55:41.08	00:56:23.48	
2573	PEDRO CANTO	M	3640	00:28:34.07	00:55:03.73	00:56:23.77	Volkswagen Autoeuropa
2574	RUI SANTOS	M	4925	00:28:18.78	00:55:29.91	00:56:23.91	
2575	JOSE LUIS ALVES	M	7605	00:30:27.65	00:51:41.99	00:56:24.04	
2576	DULCE VÁRZEA	F	4595	00:29:35.63	00:55:15.52	00:56:24.09	Hand2Hand Better Living
2577	JOSÉ CORREIA	M	6071	00:28:41.06	00:54:58.92	00:56:24.40	
2578	MIGUEL MOREIRA	M	7415	00:29:51.98	00:53:56.37	00:56:24.72	
2579	JOAQUIM CÂNDIDO NAZÁRIO RODRIGUES	M	4024	00:27:48.78	00:55:10.06	00:56:24.97	GDCT REPSOL POLIMEROS
2580	LUÍS MIRA	M	4596	00:29:34.12	00:55:16.37	00:56:25.11	Hand2Hand Better Living
2581	PAULO BARRIGOLA	M	4386	00:26:46.49	00:55:53.20	00:56:25.15	Açoreana Clube Banif
2582	JULIANA PINTO	F	9928	00:30:25.65	00:53:43.71	00:56:25.47	
2583	HUSSEIN CASSAMO	M	3696	00:28:38.34	00:53:22.78	00:56:25.69	CLUBE MILLENNIUM BCP
2584	CATARINA GIL	F	1439	00:27:10.70	00:56:19.80	00:56:25.86	
2585	PEDRO MANUEL PASSINHAS FONTES	M	3653	00:28:25.21	00:55:18.42	00:56:25.95	CLUBE MILLENNIUM BCP
2586	JOSÉ ROSEIRO	M	6247	00:29:47.74	00:53:42.46	00:56:26.43	
2587	GELSON PINTO	M	7343	00:26:45.31	00:56:26.54	00:56:26.54	
2588	JOSEMIR LIMA	M	436	00:27:22.92	00:56:19.26	00:56:26.57	Lesmas Alopradas
2589	ANDRÉ NETO	M	8567	00:27:27.98	00:55:41.30	00:56:26.64	
2590	MILTON ALEXANDRE P A SONNEMBERG FERNANDE	M	7743	00:27:26.94	00:54:53.53	00:56:26.89	
2591	CAROLINA SOFIA ROQUE COSTA	F	3691	00:29:05.95	00:54:05.34	00:56:27.18	CLUBE MILLENNIUM BCP
2592	TIAGO ALVES	M	10009	00:26:27.10	00:56:13.65	00:56:27.70	Sumol Compal
2593	OSCAR RODRIGUES	M	3891	00:27:28.89	00:55:21.65	00:56:28.23	
2594	FILIPPE DUARTE	M	7984	00:28:49.76	00:53:34.45	00:56:28.30	
2595	JOSÉ MARIA PEDRO	M	2283	00:30:13.21	00:53:31.19	00:56:28.42	
2596	ANTÓNIO BATISTA	M	600	00:28:25.53	00:54:29.83	00:56:28.60	
2597	BRUNO LUÍS	M	6973	00:31:31.27	00:48:57.42	00:56:29.51	Clube Desportivo TCPI
2598	RUI PEREIRA	M	2280	00:27:52.46	00:54:37.62	00:56:30.22	tá-len-tos
2599	EDUARDO JORGE	M	3308	00:30:39.54	00:53:20.07	00:56:30.41	FAB4
2600	JOAQUIM MENDES	M	8018	00:27:01.94	00:55:54.01	00:56:31.72	OS LUCENAS
2601	PEDRO MARQUES HENRIQUES	M	3498	00:30:23.24	00:52:08.02	00:56:33.08	VdAtletas
2602	NELSON MARTINS	M	7204	00:27:57.68	00:54:57.64	00:56:33.12	
2603	NUNO MIGUEL DA SILVA TEIXEIRA	M	7890	00:28:20.28	00:53:54.65	00:56:33.51	
2604	RICARDO CORREIA	M	313	00:29:27.78	00:54:04.13	00:56:34.23	
2605	JOAO TIAGO SANTOS	M	6848	00:29:40.09	00:52:57.38	00:56:34.24	
2606	JOAO MEDEIROS	M	7688	00:28:06.00	00:55:32.56	00:56:34.45	
2607	FERNANDO CARVALHÃO	M	1892	00:29:54.72	00:53:16.69	00:56:34.58	
2608	RICARDO VIEGAS	M	2489	00:27:39.46	00:55:24.47	00:56:35.00	
2609	PEDRO MANUEL PINHEIRO RODRIGUES	M	6017	00:26:23.64	00:55:43.30	00:56:35.16	
2610	SANDRA SERRA	F	1257	00:28:29.04	00:55:38.98	00:56:35.40	Samipe
2611	ANA PUGA	F	2206	00:30:27.50	00:52:33.74	00:56:35.57	Os marretas
2612	PEDRO IVO SILVA	M	656	00:27:04.76	00:55:36.02	00:56:35.81	
2613	NUNO LOPES	M	9988	00:30:23.43	00:53:11.81	00:56:37.68	
2614	JORGE LOPES	M	4991	00:30:17.55	00:53:03.65	00:56:37.70	LINDA-A-PASTORA SPORTING CLUBE
2615	PEDRO DAVID SIMOES	M	9149	00:29:34.11	00:55:18.30	00:56:37.80	HP
2616	LUIS MIGUEL CALHA	M	3393	00:27:35.62	00:55:38.24	00:56:37.84	
2617	JOSÉ CARLOS PATINHA	M	898	00:28:45.43	00:54:20.13	00:56:38.41	
2618	DOMINGOS FOLGADO	M	1971	00:28:06.77	00:55:21.34	00:56:38.51	
2619	JOSE DOS SANTOS CANEDO RODRIGUES	M	4895	00:28:14.07	00:55:40.53	00:56:38.63	
2620	MIGUEL MONTEIRO FERNANDES	M	988	00:27:32.10	00:55:41.60	00:56:39.10	
2621	CARMELO MORELLO	M	6978	00:28:45.51	00:55:34.77	00:56:39.25	
2622	JOÃO GOMES	M	350	00:28:11.88	00:54:49.87	00:56:39.54	
2623	JOSÉ GOMES	M	8888	00:30:43.88	00:54:59.88	00:56:40.29	IPDJ
2624	FILIPPE RITO	M	3032	00:30:19.51	00:52:27.64	00:56:40.62	
2625	SEM DADOS		10461	00:33:48.93	00:45:07.12	00:56:40.99	
2626	JORGE PINTO	M	3307	00:28:18.91	00:55:38.33	00:56:42.12	Clube Robbialac
2627	LUIS MIGUEL MARTINS	M	5159		00:55:25.65	00:56:42.61	
2628	CARLOS LEITÃO	M	4521	00:30:09.96	00:52:05.14	00:56:42.78	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2629	PEDRO LOUREIRO	M	9365	00:28:35.05	00:55:43.20	00:56:44.06	Sumol Compal
2630	PEDRO DAVID MENDES FONTES	M	3654	00:29:47.77	00:54:01.42	00:56:44.07	CLUBE MILLENNIUM BCP
2631	JOAO OLIVEIRA	M	308	00:28:49.65	00:54:04.28	00:56:44.53	Correr Lisboa
2632	JOÃO RODRIGUES	M	1565	00:27:46.17	00:54:42.20	00:56:44.73	CCD Loures-Correr para Viver+
2633	NUNO MENDES	M	8562	00:29:55.19	00:52:59.74	00:56:46.35	
2634	JORGE MIGUEL SOARES VON DOELLINGER	M	4601	00:27:16.56	00:54:53.00	00:56:46.57	
2635	ÉDER SILVA	M	7921	00:31:23.58	00:51:45.77	00:56:46.69	Wannabe's
2636	DIOGO NÚNCIO	M	4811	00:29:22.42	00:53:48.25	00:56:46.92	
2637	ANA CABRAL	F	7065	00:28:10.15	00:55:50.06	00:56:46.95	
2638	JOSE DUQUE PAULO	M	5050	00:29:20.63	00:55:01.14	00:56:47.88	
2639	PEDRO CÉSAR	M	7632	00:28:38.28	00:55:04.23	00:56:48.13	
2640	JOSÉ FARIA	M	7631	00:28:38.15	00:55:04.32	00:56:48.27	
2641	HEITOR AMORIM	M	7342	00:29:52.41	00:53:42.44	00:56:48.85	
2642	RENATO SILVA	M	3434	00:28:30.80	00:53:41.16	00:56:48.96	WINNERS TEAM
2643	PEDRO VOLANTE	M	6688	00:32:15.38	00:51:03.62	00:56:50.05	
2644	CARLA SOFIA GRILO DE OLIVEIRA MARQUES	F	4304	00:29:17.93	00:54:01.73	00:56:50.12	
2645	ILIDIO GOMES RODRIGUES	M	3685		00:55:57.06	00:56:50.14	CLUBE MILLENNIUM BCP
2646	TIAGO MIGUEL RODRIGUES	M	3686	00:28:25.46	00:55:57.08	00:56:50.17	CLUBE MILLENNIUM BCP
2647	ANTÓNIO DUARTE	M	7006	00:30:10.03	00:52:00.09	00:56:50.50	CLUBE ACCENTURE
2648	RICARDO ALVES	M	493	00:28:06.64	00:55:48.24	00:56:50.99	
2649	JOSÉ CARLOS GOMES CERQUEIRA	M	6713	00:28:41.82	00:55:22.77	00:56:51.44	
2650	JOÃO MIGUEL BRANCO MARTINS	M	7602	00:30:34.06	00:52:55.96	00:56:52.58	
2651	RUI MANUEL FIDALGO GUERREIRO	M	4070	00:30:31.33	00:53:57.19	00:56:52.83	FORÇA VEGANA
2652	HUGO TEIXEIRA DA SILVA	M	4026	00:29:58.37	00:54:02.75	00:56:53.36	
2653	NELSON DOMINGUES KOPKE	M	1447	00:28:58.82	00:54:48.54	00:56:53.51	
2654	NUNO JORGE LOPES	M	3457	00:25:50.12	00:56:31.15	00:56:53.82	Clube do Stress
2655	RUI MANUEL BRANQUINHO DIOGO	M	1445	00:28:14.09	00:55:32.68	00:56:54.51	
2656	PAULO PEREIRA	M	6106	00:28:03.91	00:55:08.59	00:56:55.20	
2657	PAULO JORGE SEQUEIRA CAETANO	M	3786	00:29:40.28	00:54:29.65	00:56:55.92	CLUBE MILLENNIUM BCP
2658	RUI REIS	M	8682	00:26:40.84	00:56:43.85	00:56:56.31	
2659	JOSÉ ESCUDERO	M	8240	00:30:35.20	00:52:21.74	00:56:56.57	Clube Desportivo da Novabase
2660	LUIS MANUEL BAPTISTA DE OLIVEIRA	M	4048	00:29:20.55	00:55:28.15	00:56:56.81	Volkswagen Autoeuropa
2661	IGOR EMANUEL PEREIRA DA SILVA	M	9314	00:28:54.67	00:54:28.70	00:56:56.90	
2662	PAULO ALVES	M	8722	00:27:24.29	00:56:57.14	00:56:57.14	Peugeot
2663	JORGE TESTOS	M	6818	00:27:32.92	00:56:04.11	00:56:57.42	G D C BANCO DE PORTUGAL
2664	LENDL .	M	9277	00:28:54.65	00:54:28.78	00:56:57.44	
2665	NÁDIA CAMPOS ROCHA	F	3015		00:55:36.99	00:56:57.78	
2666	ANDRÉ LOPES NUNES	M	692	00:25:53.29	00:56:18.82	00:56:58.12	
2667	LUÍSA INÊS NOGUEIRA	F	9503	00:29:03.35	00:54:19.39	00:56:58.19	Correr Lisboa
2668	JOSÉ ANDRADE	M	2499	00:27:46.08	00:56:19.87	00:56:58.35	Keep Running
2669	FILIPE AUGUSTO	M	7727	00:30:45.98	00:54:53.55	00:56:58.43	
2670	FERNANDO JORGE MOTA DE SOUSA	M	3754	00:27:19.19	00:55:47.41	00:56:58.90	CLUBE MILLENNIUM BCP
2671	CARLOS BARATA	M	2224	00:28:52.58	00:55:50.71	00:56:59.02	Baratada
2672	JOÃO MAIA	M	7903	00:30:45.35	00:54:53.93	00:56:59.14	
2673	GUSTAVO MIGUEL GONZÁLEZ LUÍS	M	8537	00:29:33.66	00:55:52.49	00:56:59.40	
2674	JOSÉ FINO GOMES	M	4690	00:29:49.21	00:54:15.33	00:56:59.92	Tejavista
2675	RUI ALMEIDA	M	2896	00:29:03.98	00:55:29.89	00:57:00.70	
2676	ELISABETE FILIPE	F	4963	00:27:26.52	00:56:49.30	00:57:01.01	G. R. D. Ribeira da Lage
2677	RICARDO SILVA	M	8188	00:27:56.42	00:54:34.00	00:57:01.44	
2678	MANUEL REIA	M	6341	00:27:42.79	00:56:10.48	00:57:01.79	Clube Marginal
2679	NUNO CURTO	M	6905	00:28:22.35	00:54:31.80	00:57:02.05	
2680	RUI HEITOR	M	7056	00:28:54.85	00:55:14.11	00:57:02.45	
2681	JOSÉ COSTA MENDES	M	6189	00:28:39.46	00:55:26.37	00:57:03.94	
2682	CARLA SOFIA SANTOS CERQUEIRA	F	837	00:31:46.53	00:53:43.09	00:57:04.06	
2683	FERNANDO MANUEL PEREIRA BRANDÃO	M	9087	00:28:04.07	00:55:42.10	00:57:04.34	Maratona Clube de Portugal
2684	JOÃO CARLOS SANTOS	M	7098	00:31:17.26	00:52:17.42	00:57:04.73	
2685	BRUNO GODINHO	M	8313	00:28:43.23	00:55:54.24	00:57:04.84	
2686	BRUNO SILVA	M	8314	00:28:43.29	00:55:54.08	00:57:04.90	
2687	FERNANDO BRANDAO	M	3150	00:28:06.87	00:55:41.58	00:57:04.97	CLUBE GRUPO BES
2688	ALEXANDRE ESPÍRITO SANTO	M	1635	00:30:16.50	00:54:30.13	00:57:05.39	
2689	LUÍS CASTILHO	M	4708	00:28:00.87	00:55:31.47	00:57:05.82	
2690	FREDERICO BAPTISTA	M	7013	00:30:32.07	00:52:13.97	00:57:06.16	CLUBE ACCENTURE
2691	MÁRIO MIGUEL CORTES SANCHES	M	5530	00:30:17.91	00:53:21.41	00:57:06.83	INDEG
2692	SARA JOANA CANNAS DA CUNHA	F	847	00:28:45.46	00:55:47.51	00:57:06.86	Magic Runners
2693	JOÃO GIL	M	6634	00:27:21.15	00:55:42.15	00:57:07.01	I'KE A runner
2694	LUIS AZEVEDO	M	6254	00:26:22.14	00:56:48.30	00:57:07.54	
2695	AMELIA GONÇALVES	F	7030	00:29:29.93	00:54:58.82	00:57:07.95	
2696	FERNANDO LUZ	M	4560	00:29:53.45	00:55:11.40	00:57:08.00	GDCT Unicre
2697	VASCO MANUEL DOS SANTOS TAVARES	M	8294	00:26:24.28	00:57:06.25	00:57:08.40	
2698	RUI MATOS	M	2016	00:28:46.41	00:55:52.42	00:57:08.72	BE2RUN
2699	RENATO SOUSA	M	1752	00:28:54.27	00:55:41.46	00:57:09.25	
2700	VITOR NASCIMENTO	M	2947	00:30:20.61	00:52:00.55	00:57:09.32	Grupo corrida Joaquim Chaves S
2701	TIAGO PIRES	M	4210	00:27:59.84	00:56:26.80	00:57:09.71	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2702	JOÃO MARQUES	M	8489	00:27:48.53	00:56:34.20	00:57:10.15	Colt
2703	FREDERICO CARVALHO	M	1983	00:28:27.83	00:56:06.15	00:57:10.49	
2704	MIGUEL FERRINHO	M	2140	00:30:23.29	00:54:20.62	00:57:10.63	Pés de Chumbo
2705	ALDINA DE LURDES MARQUES	F	9119	00:31:08.84	00:51:18.49	00:57:10.64	CP
2706	SEM DADOS		9952	00:30:19.96	00:52:58.60	00:57:10.99	
2707	DANIEL SILVA	M	1607	00:29:35.80	00:55:11.42	00:57:11.13	
2708	MÁRIO REIS DOS SANTOS	M	9136	00:31:09.37	00:51:16.55	00:57:11.29	CP
2709	RUI CARVALHO	M	4321	00:28:02.51	00:55:59.97	00:57:11.32	
2710	ARTUR FREIRE	M	1420	00:26:21.33	00:54:42.66	00:57:12.05	CCD Crédito Agrícola Mútuo
2711	JOSÉ ANTÓNIO DE SOUSA REBELO DOS SANTOS	M	4569	00:29:53.12	00:54:38.99	00:57:12.41	
2712	DANIEL COLLA	M	5080	00:30:13.18	00:55:51.83	00:57:12.53	
2713	MIGUEL COSTA	M	9026	00:26:27.43	00:57:08.16	00:57:12.68	TomTom
2714	JOSÉ SANTOS GONÇALVES	M	6577	00:28:40.38	00:54:47.16	00:57:13.48	
2715	CARLOS PERALTA	M	3430	00:29:49.35	00:52:01.40	00:57:14.15	WINNERS TEAM
2716	MIGUEL ROQUE	M	4437	00:28:44.42	00:55:54.00	00:57:14.46	
2717	DUARTE ROLO	M	7482	00:32:12.22	00:52:38.85	00:57:14.52	
2718	BRUNO LEITE	M	3431	00:31:23.90	00:52:02.47	00:57:14.79	WINNERS TEAM
2719	JOSÉ SIMÕES	M	7784	00:28:01.85	00:55:21.77	00:57:14.83	Clube Desportivo da Novabase
2720	JORGE GUERREIRO	M	6674	00:28:56.37	00:56:28.44	00:57:15.26	MARRIOTT LISBOA
2721	TADEU PEREIRA	M	8921	00:29:09.51	00:55:24.15	00:57:15.38	
2722	JOÃO BRANCO	M	538	00:27:58.07	00:56:29.10	00:57:15.63	
2723	JORGE PINTO	M	4695	00:30:12.79	00:55:37.74	00:57:16.12	
2724	SÉRGIO PAULO DA SILVA JORGE	M	1643	00:31:01.84	00:55:19.29	00:57:16.49	
2725	FILIPA MATIAS	F	697	00:28:07.65	00:55:03.01	00:57:16.90	
2726	NUNO SILVA CARVALHO	M	7183	00:30:00.99	00:54:31.44	00:57:16.91	
2727	FAUSTO ISAAC	M	4354	00:29:49.16	00:55:39.67	00:57:17.70	Açoreana Clube Banif
2728	VASCO SANTOS	M	1522	00:29:20.79	00:54:47.98	00:57:17.82	
2729	TÂNIA ALVES OLIVEIRA	F	1841	00:28:50.46	00:56:01.03	00:57:18.01	Aero Runners
2730	RUI MIGUEL NOGUEIRA	M	9227	00:31:18.94	00:53:00.40	00:57:18.23	
2731	JOAO VIEIRA	M	6369	00:28:52.60	00:56:39.82	00:57:18.33	
2732	ANTONIO JOSE QUEIRO ALMEIDA	M	3747	00:29:10.60	00:54:48.43	00:57:18.58	CLUBE MILLENNIUM BCP
2733	JOSÉ LUIS MARQUES GARRIDO	M	2745	00:29:01.43	00:55:30.14	00:57:19.34	
2734	TIAGO RODRIGUES	M	9339	00:29:55.80	00:54:40.86	00:57:19.40	Correr Lisboa
2735	JOSÉ BASTOS SILVA	M	1401	00:27:42.66	00:56:57.14	00:57:19.49	
2736	CARLOS MANUEL A. VIEGAS	M	4172	00:26:28.23	00:57:10.68	00:57:19.52	
2737	PAULO BARATA	M	6005	00:27:57.37	00:57:08.03	00:57:19.73	Clube Ferroviário de Portugal
2738	LUIS DAVID	M	6041	00:30:12.52	00:53:53.73	00:57:19.78	
2739	JORGE VALERIO SOARES	M	3743	00:30:29.94	00:54:20.55	00:57:20.68	CLUBE MILLENNIUM BCP
2740	ANDRÉ PASSOS	M	6103	00:32:37.92	00:51:27.80	00:57:20.81	OS PASSOS
2741	DIRK TILSNER	M	4923	00:28:07.51	00:56:00.47	00:57:20.94	
2742	MARTA LOPES	F	1052	00:28:35.82	00:56:20.24	00:57:20.99	
2743	MARIA GRAY	F	1210	00:30:21.65	00:54:33.86	00:57:21.06	
2744	NATALINO LOPES	M	1051	00:28:35.87	00:56:20.19	00:57:21.77	
2745	MARIA GABRELA MAURÍCIO CARVALHO	F	6724	00:28:27.50	00:55:44.85	00:57:22.49	
2746	MARIA JOÃO VAZ	F	2841	00:29:48.76	00:54:05.98	00:57:22.69	
2747	CARLOS PORTO	M	8521	00:30:22.12	00:54:40.42	00:57:23.31	
2748	JOAO MIGUEL LORO QUEIROS	M	1612	00:28:34.86	00:56:23.87	00:57:23.34	
2749	LUIS FILIPE ALVES DA COSTA LAP	M	1237	00:26:51.78	00:57:07.18	00:57:23.42	
2750	AMANDIO BUSCA	M	4214	00:29:57.94	00:55:13.44	00:57:23.44	NO LIMITS
2751	JORGE ALCOBIA	M	1560	00:26:44.57	00:56:30.95	00:57:23.50	
2752	ISABEL GOMES	F	2351	00:29:07.10	00:55:14.00	00:57:23.62	
2753	RUI BORRALHO	M	6817	00:30:22.26	00:54:14.14	00:57:24.01	G D C BANCO DE PORTUGAL
2754	RICARDO ROSÁRIO DOS SANTOS	M	6962	00:29:27.07	00:54:44.15	00:57:24.25	Sonae Sierra
2755	PAULO COSTA	M	7594	00:27:58.31	00:56:56.32	00:57:24.62	
2756	ISABEL FILIPA GARCIA MONTEIRO	F	7669	00:29:06.97	00:56:36.72	00:57:25.28	Correr Lisboa
2757	FRANCISCO MAIA	M	1299		00:56:17.68	00:57:25.40	
2758	JOAQUIM BORRALHO	M	6806	00:30:22.26	00:54:15.24	00:57:25.42	G D C BANCO DE PORTUGAL
2759	MARA ARAUJO	F	6460	00:27:48.12	00:56:38.94	00:57:25.73	CCD Sintrense
2760	INÉS CORREIA	F	7596	00:29:06.81	00:55:47.11	00:57:25.99	AC Portalegre/UTSM, --
2761	NUNO SOTTOMAYOR	M	992	00:30:04.36	00:54:36.65	00:57:26.10	
2762	JOÃO PEDRO CORREIA	M	8270	00:29:07.20	00:55:47.41	00:57:26.29	AC Portalegre/UTSM, --
2763	TIAGO MARQUES	M	3157	00:31:04.52	00:53:50.09	00:57:26.35	
2764	CARLOS FERNANDO MARQUES	M	8542	00:27:26.78	00:56:18.87	00:57:26.43	
2765	JOÃO VITORINO	M	8092	00:31:21.57	00:54:55.58	00:57:27.20	SCALABIS NIGHT RUNNERS
2766	DIOGO CUNHA	M	6018	00:30:05.33	00:52:02.53	00:57:27.26	BANCO PRIVADO ATLANTICO EUROPA
2767	ANTÓNIO ELISIO GONÇALVES	M	3124		00:51:34.24	00:57:27.51	CCDTMetroLX
2768	JOÃO GASPAS	M	8091	00:31:20.70	00:54:56.64	00:57:27.99	SCALABIS NIGHT RUNNERS
2769	JOSÉ DOS REIS RAMOS	M	2973	00:28:17.33	00:56:25.64	00:57:28.68	
2770	HERCULES BATISTA	M	6745	00:25:54.47	00:57:19.10	00:57:29.30	NucleOeiras/SportZONE - ADNO
2771	RICARDO JOSÉ NEVES F. SANTOS	M	2311	00:32:04.37	00:52:15.61	00:57:29.35	
2772	SERGIO SIMOES	M	4405	00:29:29.53	00:55:26.27	00:57:29.81	Açoreana Clube Banif
2773	MARIA DE LURDES VAZ	F	9269	00:27:59.08	00:57:25.05	00:57:30.34	
2774	DIOGO DUQUE PAULO	M	5051	00:29:21.06	00:55:43.82	00:57:30.48	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2775	ADALBERTO GRILO	M	6185	00:28:26.83	00:56:51.57	00:57:30.73	
2776	FRANCISCO MONTEIRO	M	8420	00:28:25.28	00:56:13.31	00:57:30.89	
2777	JOEL CARVALHO	M	8584	00:26:07.61	00:57:28.69	00:57:30.93	Combined Insurance
2778	VITOR PINTO	M	1467	00:30:30.25	00:55:39.52	00:57:31.51	MENÚ DE ATLETA
2779	CARLA FREITAS	F	4928	00:31:42.35	00:52:56.18	00:57:31.59	SERUL
2780	PEDRO SA COSTA AZERA NASCIMENTO	M	6862	00:30:01.07	00:55:07.29	00:57:31.71	
2781	CESAR LOURENÇO	M	6459	00:30:12.01	00:54:46.64	00:57:32.53	
2782	RAFAEL PRAZERES	M	2328	00:26:31.51	00:56:12.95	00:57:32.55	
2783	PEDRO AZEVEDO	M	633	00:30:21.62	00:54:48.25	00:57:32.67	
2784	ANA MARGARIDA ROSA	F	1776	00:27:29.05	00:56:41.54	00:57:32.83	gdine
2785	PAULO AH QUIN	M	5110	00:28:18.92	00:56:21.18	00:57:33.53	Holmes Place Algés - Fit 2 Run
2786	AMÉRICO TOMÁS GOMES GARGANTA ANTÓNIO	M	8433	00:29:04.60	00:56:38.80	00:57:33.65	
2787	JOSE JOAQUIM MELO	M	8003	00:29:22.53	00:55:07.50	00:57:33.74	
2788	MIRNA HLBUNA	F	7240	00:28:28.74	00:56:36.54	00:57:34.04	
2789	LUÍS MARTIN GRAÇA	M	8369	00:21:46.68	00:57:34.45	00:57:34.45	Clube do Stress
2790	ALEXANDRE FERNANDES FERREIRA	M	8371	00:21:46.74	00:57:34.53	00:57:34.53	Clube do Stress
2791	RITA CARVALHO	F	8622	00:22:18.08	00:57:28.97	00:57:34.86	GFD Running
2792	VASCO BERNARDES	M	6061	00:29:54.23	00:55:33.47	00:57:35.47	
2793	NUNO RICARDO ENCARNACAO ALMEIDA	M	5129	00:29:52.83	00:55:34.10	00:57:35.84	
2794	JOAQUIM MATOS	M	2579	00:27:13.93	00:57:03.95	00:57:35.93	
2795	ANTÓNIO PEDROSO	M	2866	00:27:47.78	00:56:10.03	00:57:36.16	
2796	JOÃO RIBEIRO	M	1850	00:27:13.59	00:57:20.60	00:57:36.35	
2797	RUI REIS	M	6062	00:27:44.90	00:56:23.36	00:57:36.52	
2798	SUSANA SOUSA LINO	F	8082	00:27:49.98	00:56:25.14	00:57:37.16	CD Salvaterrense/CME
2799	MARIA JOÃO DELGADO	F	8768	00:29:12.12	00:55:27.30	00:57:37.41	
2800	IVAN N'ZAU COSTA	M	8880	00:29:09.56	00:55:34.50	00:57:37.64	
2801	RICARDO SILVA	M	6925	00:30:08.62	00:54:12.88	00:57:37.74	
2802	PAULO JORGE FERREIRA DE	M	2812	00:28:27.25	00:57:01.23	00:57:37.89	
2803	BRUNO RÉGO	M	387	00:28:14.41	00:56:42.00	00:57:37.91	
2804	JOSÉ MARTINS	M	1082	00:29:06.55	00:55:11.88	00:57:38.55	
2805	RUI PEDRO MALTEZ	M	4509	00:29:19.69	00:55:30.25	00:57:38.72	
2806	PEDRO TORRINHA COSTA	M	6234	00:29:55.18	00:54:21.08	00:57:38.74	SS CGD
2807	JOSE RAPOSO	M	3311	00:31:00.80	00:54:22.98	00:57:38.80	FAB4
2808	RICARDO SÁ LEÃO DOMINGUES SILVA	M	4702	00:29:58.89	00:54:09.68	00:57:39.12	
2809	JORGE NUNES	M	2759	00:29:05.55	00:55:55.46	00:57:39.28	
2810	HELDER MAGALHÃES	M	5071	00:28:53.92	00:56:04.36	00:57:39.38	GRCD Leião
2811	CARMEN CRISTINO	F	4880	00:28:54.62	00:56:06.56	00:57:39.71	GRCD Leião
2812	NUNO SARAIVA	M	5602	00:29:17.51	00:57:40.29	00:57:40.29	
2813	JOÃO QUARESMA	M	3200	00:28:44.05	00:56:38.42	00:57:40.33	
2814	MADALENA FIGUEIREDO FONTINHAS	F	10511	00:30:01.19	00:55:10.01	00:57:41.48	Delta Cafés
2815	TIAGO FILIPE S ESPIRITO SANTO	M	3704	00:31:34.58	00:53:14.55	00:57:41.77	CLUBE MILLENNIUM BCP
2816	RENATO MANUEL MOURATO DA CUNHA E SILVA	M	5555	00:31:51.02	00:51:41.03	00:57:41.97	INDEG
2817	CARLOS SANTOS	M	3630	00:28:48.77	00:55:54.11	00:57:42.08	
2818	PAULO JORGE MORGADO MARTINS	M	6889	00:29:43.89	00:55:26.34	00:57:42.73	
2819	PEDRO MIGUEL MARQUES FERREIRA	M	6712	00:31:52.71	00:51:41.15	00:57:42.76	
2820	NUNO CORREIA	M	1790	00:32:50.16	00:50:59.11	00:57:43.69	gdine
2821	ANTÓNIO SANTOS	M	1781	00:32:50.76	00:50:58.44	00:57:44.19	gdine
2822	JORGE HUMBERTO PACHECO LOPES	M	5508	00:32:50.61	00:50:58.50	00:57:44.31	INDEG
2823	VITOR JOSÉ DA SILVA FERREIRA	M	8934	00:27:31.22	00:57:44.39	00:57:44.39	
2824	CARLOS DIAS	M	3624	00:32:50.94	00:50:58.66	00:57:44.51	gdine
2825	PEDRO LUÍS MORGADO	M	4041	00:28:57.15	00:56:21.73	00:57:44.57	CCD TRANQUILIDADE
2826	VASCO BARBOSA	M	4410	00:29:18.21	00:55:04.27	00:57:45.40	Açoreana Clube Banif
2827	MIGUEL COELHO	M	5402		00:57:45.60	00:57:46.56	
2828	JOAO MARTINS	M	3186	00:30:10.44	00:55:48.69	00:57:46.88	
2829	MÓNICA ISABEL ALVES	F	5617	00:29:19.95	00:55:39.97	00:57:47.12	
2830	TIAGO ROMÃO	M	6662	00:31:39.87	00:53:23.37	00:57:47.20	
2831	LUIS GASPAR	M	7394	00:32:32.94	00:53:14.43	00:57:48.30	
2832	HELENA CUSTÓDIO LUCAS	F	2682	00:27:48.50	00:57:17.75	00:57:48.45	Caracóis de Pedra
2833	JOSÉ MONTEIRO	M	6221	00:29:37.87	00:56:31.45	00:57:48.65	SS CGD
2834	SHEZAD ANAVARALI	M	7241	00:28:42.40	00:56:14.72	00:57:48.75	
2835	ANTÓNIO CERREJO	M	947	00:29:57.48	00:55:09.58	00:57:48.90	Correr Lisboa
2836	JOSÉ MANUEL MARTINS TRINDADE	M	3382	00:29:44.46	00:55:59.99	00:57:48.98	
2837	MANUEL VAZ	M	1137	00:27:50.07	00:56:37.96	00:57:49.22	
2838	LUIS REIS	M	6719	00:29:56.44	00:56:48.21	00:57:49.70	
2839	JOÃO NUNES	M	3545	00:28:37.67	00:57:15.70	00:57:49.87	CascaGrossista
2840	EDUARDO RODRIGUES	M	6207	00:29:55.74	00:54:31.73	00:57:49.98	SS CGD
2841	OTELINDA SOUSA	F	4570	00:29:17.44	00:55:43.23	00:57:50.03	ProfitfitnessRun
2842	VITOR BRANQUINHO SIMÕES DE ALBUQUERQUE	M	4239	00:29:14.20	00:56:24.06	00:57:50.56	
2843	FILIPE NEVES	M	5964	00:29:43.31	00:54:44.01	00:57:50.59	Hovione 7casas
2844	GONÇALO NUNO NUNES SILVA REBELO ANDRADE	M	5943	00:29:45.57	00:54:44.14	00:57:51.03	Hovione 7casas
2845	JOÃO BERNARDO CANHA MARUJO	M	6697	00:31:23.54	00:53:45.33	00:57:51.12	
2846	ANDREIA CECÍLIA GONÇALVES COSTA	F	8452	00:29:40.07	00:56:18.71	00:57:51.44	
2847	PEDRO MIGUEL C. O. SCARLATTI QUADRIO	M	9009	00:30:58.52	00:52:06.33	00:57:51.67	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2848	CARLOS BAGULHO	M	6680	00:29:44.95	00:55:47.66	00:57:52.16	
2849	NUNO .	M	2678	00:26:15.73	00:57:28.92	00:57:52.19	
2850	LUÍS TOMÉ	M	217	00:28:36.55	00:56:38.69	00:57:52.30	
2851	HUGO SILVA	M	3544	00:29:24.37	00:55:39.93	00:57:52.43	
2852	PEDRO SILVA	M	8418	00:32:03.33	00:55:32.88	00:57:52.62	
2853	RUI FREIXO	M	4526	00:27:55.37	00:57:09.28	00:57:52.77	
2854	MANUEL ABRANTES	M	8417	00:32:03.01	00:55:33.94	00:57:53.16	
2855	JOANA MARGARIDA TOMÉ	F	219	00:28:37.09	00:56:40.10	00:57:53.79	
2856	TIAGO MAGALHAES	M	8207	00:26:33.27	00:56:41.32	00:57:54.01	
2857	ANDREA PASSEIRA	F	560	00:29:30.88	00:55:29.71	00:57:54.51	OVELHA CREW
2858	ANTONIO CARLOS S RODRIGUES CARVALHO	M	6993	00:29:38.91	00:55:54.41	00:57:54.93	
2859	RICARDO MIGUEL SOUSA DE FREITAS	M	5772	00:29:02.78	00:55:22.46	00:57:54.98	
2860	TELMA SOFIA AFONSO RODRIGUES ALVES	F	5576		00:49:18.46	00:57:55.40	INDEG
2861	ANDREY RODRIGUES	M	4069	00:30:37.85	00:55:01.02	00:57:55.54	FORÇA VEGANA
2862	ANA NOGUEIRA	F	991	00:30:05.77	00:55:06.28	00:57:55.64	
2863	JOSÉ GOMES	M	1217	00:29:20.70	00:55:55.50	00:57:55.82	
2864	PETER PITREZ	M	2598	00:32:04.19	00:52:40.81	00:57:55.87	TURBO-LENTO
2865	RENATO DOMINGUES	M	622	00:29:33.60	00:55:04.84	00:57:56.31	
2866	JOÃO SERZEDELO	M	4366	00:30:31.27	00:56:22.25	00:57:57.10	Açoreana Clube Banif
2867	PAULO LOUREIRO	M	3343	00:30:15.93	00:53:55.73	00:57:57.28	F5IT RUNNERS
2868	PEDRO VIOLANTE	M	897	00:29:55.46	00:56:45.53	00:57:57.61	
2869	GONÇALO DIAS	M	1947	00:28:27.50	00:54:56.57	00:57:57.67	
2870	MIGUEL CARLOS LOPES PARDAL	M	3369	00:29:41.84	00:56:05.57	00:57:57.95	Fast & Furious Runners Team
2871	HUGO CRAVIDAO	M	608	00:30:44.80	00:54:07.99	00:57:58.42	
2872	PEDRO ESTANQUEIRO	M	9326	00:30:05.09	00:55:05.63	00:57:59.17	Last Lap, --
2873	RICARDO ESTEVES	M	7548	00:29:34.11	00:56:09.43	00:57:59.53	BP2SEA III
2874	MÁRIO JOÃO LOPES SANTOS	M	6870	00:31:12.67	00:54:59.52	00:57:59.60	
2875	PEDRO GALVÃO PISCO	M	808	00:28:22.31	00:57:52.07	00:58:00.05	
2876	MARIA GRAÇA SANTOS FONSECA	F	995	00:28:28.68	00:57:09.67	00:58:00.29	
2877	MARIA JOÃO SANCHÓ	F	5287	00:29:41.52	00:55:38.41	00:58:00.72	
2878	DINA OLIVEIRA	F	2178	00:29:28.52	00:55:58.62	00:58:00.78	
2879	PAULO MENEZES	M	6532	00:33:56.51	00:48:40.21	00:58:01.32	Garmin Clube Olímpico Oeiras
2880	BRUNO RAMOS GARCIA	M	5213	00:29:53.53	00:55:59.97	00:58:01.37	
2881	MANUELA ALEXANDRA PEREIRA	F	4091	00:33:56.52	00:58:01.47	00:58:01.47	Pepsico 1
2882	CESAR VIEGAS	M	1101	00:27:34.46	00:57:18.03	00:58:02.99	
2883	JOSE PEDRO PATRICIO FERREIRA	M	2267	00:32:02.10	00:52:03.00	00:58:03.05	
2884	FERNANDO JORGE MATIAS	M	2609	00:31:42.40	00:54:59.06	00:58:03.08	CLUBE COLABORADORES AXA
2885	SÉRGIO COELHO	M	386	00:27:49.38	00:57:05.46	00:58:03.50	
2886	JOSÉ AMARAL	M	8533	00:31:23.63	00:53:00.54	00:58:04.43	
2887	RITA GABRIEL GARRIDO	F	3136	00:29:21.62	00:56:19.55	00:58:05.03	
2888	GUILHERME GONÇALVES	M	9847	00:30:54.02	00:55:07.14	00:58:05.17	CP
2889	PAULO ALEXANDRE AMARAL	M	4713	00:29:37.92	00:56:12.39	00:58:05.25	
2890	CARLOS GONÇALVES	M	7901	00:28:33.16	00:54:58.64	00:58:05.53	
2891	LUIS MARQUES	M	1550	00:29:33.90	00:55:13.84	00:58:05.79	
2892	NUNO FARIA DE MORAIS	M	4840	00:31:55.11	00:54:19.03	00:58:06.24	
2893	PAULO JORGE FERREIRA LOPES	M	7902	00:27:49.80	00:55:57.28	00:58:06.26	
2894	RICARDO BOTÃO	M	2199	00:30:47.36	00:53:57.83	00:58:06.82	
2895	FILIFE JUNQUEIRA	M	8835	00:31:49.46	00:53:02.52	00:58:07.18	
2896	JOANA DE ALMEIDA MARTINS	F	9209	00:31:42.12	00:53:08.51	00:58:07.58	
2897	TIAGO MENDONÇA DOMINGUES LYNAES CRESPO	M	8056	00:31:26.43	00:52:37.39	00:58:07.80	
2898	MÁRIO JOÃO MEIRA BASTARDO	M	1396	00:31:42.31	00:53:09.17	00:58:08.11	
2899	RUI TIAGO DA SILVA SA	M	6016	00:28:57.12	00:56:56.97	00:58:08.20	
2900	MARTA ANTAS	F	7590	00:30:20.55	00:54:43.89	00:58:08.65	
2901	MIGUEL RIBEIRO	M	2404		00:54:14.85	00:58:08.91	
2902	ELOI MARQUES DA SILVA	M	3448	00:32:12.93	00:52:22.17	00:58:09.13	Clube do Stress
2903	JOÃO BORGES	M	208	00:31:42.31	00:53:10.23	00:58:09.18	Georunners
2904	LUIS MIGUEL NUNES	M	319	00:28:22.84	00:55:47.70	00:58:09.21	
2905	ANDRÉ SILVA	M	8441	00:31:05.95	00:56:48.47	00:58:09.30	Georunners
2906	JOSÉ CRESPO	M	5260	00:31:49.76	00:53:44.94	00:58:09.32	Grupo Desp. Roche Portugal
2907	MANUEL ALVES	M	2289	00:28:17.80	00:56:22.33	00:58:09.57	
2908	RUI FERREIRA	M	500	00:31:43.59	00:53:08.49	00:58:09.77	
2909	SALOMÉ FERREIRA	F	8626	00:28:31.63	00:57:10.31	00:58:09.86	GFD Running
2910	MIGUEL CALADO	M	6971	00:30:05.09	00:52:44.87	00:58:10.09	
2911	MARIA DO CÉU VIEGAS	F	1102	00:28:28.88	00:57:21.77	00:58:10.29	
2912	RICARDO ARRAIAS	M	9933	00:30:13.30	00:55:35.64	00:58:10.34	
2913	LUIS TIAGO	M	4815	00:29:16.46	00:56:22.40	00:58:10.52	
2914	TIAGO PIMENTEL	M	2102	00:30:31.01	00:52:51.98	00:58:10.56	
2915	SEM DADOS		9520	00:29:23.72	00:54:57.04	00:58:10.60	
2916	ANDREIA PEREIRA	F	997	00:30:25.46	00:55:41.97	00:58:10.61	
2917	SHANNON GRAYBILL	F	5659	00:31:20.28	00:54:54.31	00:58:11.07	DRunners
2918	TIAGO FLORENTIM	M	2532	00:30:19.40	00:56:55.18	00:58:11.15	Fugitivos
2919	VITOR HUGO RIBEIRO DUARTE	M	8093	00:28:53.10	00:56:16.75	00:58:11.22	Clube Desportivo da Novabase
2920	CARLOS MARQUES	M	4968	00:29:03.20	00:56:55.13	00:58:12.18	LINDA-A-PASTORA SPORTING CLUBE



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2921	PAULO CRUZ	M	1758	00:30:01.46	00:56:21.47	00:58:12.45	fast and furious
2922	JOÃO VIDIGAL	M	4904	00:29:04.77	00:56:56.67	00:58:12.67	Science runners
2923	DIOGO ALARCÃO	M	2103	00:30:37.06	00:52:54.84	00:58:12.74	
2924	JORGE FELIX	M	4795	00:28:22.88	00:56:57.03	00:58:13.56	
2925	JOÃO SANTOS	M	4282	00:28:40.50	00:57:09.51	00:58:13.57	GDC Porto Sines
2926	RICARDO AFONSO	M	4731	00:28:23.76	00:56:56.83	00:58:13.75	
2927	GONÇALO ALMEIDA	M	7859	00:30:29.90	00:55:18.73	00:58:14.09	
2928	PAULO PEIXOTO	M	8707	00:28:55.85	00:57:17.21	00:58:14.21	Peugeot
2929	MIGUEL REDMONT	M	4682	00:30:00.41	00:55:22.88	00:58:14.54	Volkswagen Autoeuropa
2930	EDUARDO SIMAS	M	9573	00:28:11.71	00:56:13.51	00:58:14.82	
2931	CARLOS FIGUEIREDO	M	2782	00:30:03.18	00:55:40.87	00:58:14.94	
2932	MARTA PITTA	F	6761	00:28:18.78	00:57:01.58	00:58:15.14	NucleOeiras/SportZONE - ADNO
2933	MARIA GABRIELA QUARESMA	F	5004	00:28:31.27	00:56:59.94	00:58:15.27	LINDA-A-PASTORA SPORTING CLUBE
2934	JOSE PACHECO	M	1189	00:30:40.58	00:54:22.88	00:58:15.53	
2935	JOSE JANUARIO	M	3019	00:28:54.94	00:56:18.62	00:58:15.55	ODEBRECHT PORTUGAL
2936	NUNO LOPES	M	6248	00:29:20.07	00:56:15.21	00:58:15.57	
2937	PAULO LOURENÇO	M	702	00:30:40.48	00:54:22.34	00:58:15.66	
2938	ANTONIO FERREIRA	M	7840	00:28:14.34	00:58:00.05	00:58:16.65	SS CGD
2939	AIRES JOSÉ DE JESUS MARQUES COSTA	M	4865	00:33:08.83	00:55:08.49	00:58:16.96	
2940	PEDRO JORGE SILVA	M	4924	00:31:14.41	00:55:05.85	00:58:17.13	
2941	NUNO PACHECO	M	9094	00:27:55.87	00:57:28.48	00:58:17.31	
2942	JOSE LUIS MARTINS	M	4166		00:57:21.51	00:58:17.32	Tejavista
2943	CLÁUDIO ROSÁRIO	M	4638	00:31:09.43	00:53:28.73	00:58:17.38	
2944	JEFTER FALQUETE	M	8028	00:32:46.39	00:55:11.28	00:58:17.45	
2945	EMILIA NUNES	F	2495	00:28:52.65	00:57:05.97	00:58:17.95	
2946	FRANCISCO PESSANHA	M	3531	00:31:03.73	00:54:37.32	00:58:18.30	BANCO PRIVADO ATLANTICO EUROPA
2947	SÓNIA SOFIA DOS SANTOS DA SILVA	F	4324	00:31:08.31	00:55:23.89	00:58:18.96	VdAtletas
2948	TIAGO CARVALHO	M	9295	00:30:08.73	00:55:45.24	00:58:18.99	Compressport
2949	JOÃO MOTA LOPES	M	3491	00:31:08.03	00:55:24.18	00:58:19.02	VdAtletas
2950	CELIA SILVEIRA	F	3089	00:28:47.52	00:57:15.27	00:58:19.05	COLIBRIS
2951	ANTONIO IRIA	M	5125	00:31:00.12	00:55:31.46	00:58:19.32	
2952	BENTO QUARESMA	M	4966	00:27:40.92	00:56:35.69	00:58:19.49	LINDA-A-PASTORA SPORTING CLUBE
2953	BRUNO AGOSTINHO	M	8015	00:31:18.72	00:55:07.57	00:58:19.63	
2954	MARIA GALVÃO	F	6608	00:30:56.51	00:54:55.14	00:58:19.64	
2955	MARGARIDA CHAMBEL	F	6689	00:29:49.30	00:55:58.38	00:58:20.00	
2956	PATRÍCIA RIBAS	F	8672	00:29:30.20	00:56:59.45	00:58:20.03	Clube Desportivo da Novabase
2957	NUNO C. R. GONÇALVES	M	4674	00:28:50.51	00:56:34.04	00:58:20.27	
2958	JOSE SILVA	M	5921	00:30:56.42	00:54:54.68	00:58:20.32	
2959	NUNO NAVE	M	7977	00:31:20.19	00:55:08.53	00:58:20.41	
2960	NUNO MARTINS	M	8110	00:31:05.92	00:53:51.99	00:58:20.67	
2961	PEDRO MIGUEL R. DA SILVA	M	4177	00:28:33.56	00:55:39.31	00:58:21.45	
2962	MARCIA MARIA SILVA GUIA CANTANHEDE	F	3910	00:29:35.73	00:58:21.50	00:58:21.50	
2963	LUIS ESTANQUEIRO	M	8896	00:30:06.01	00:55:28.55	00:58:21.64	Last Lap, --
2964	ANTÓNIO PINHEIRO	M	1739	00:27:31.08	00:58:07.27	00:58:22.50	Os Galgos
2965	HUGO FILIPE SOUSA SERÔDIO	M	7936	00:29:23.26	00:56:56.71	00:58:22.93	
2966	VÍTOR MANUEL PEREIRA JUDÍCIBUS	M	8347	00:30:09.64	00:56:20.77	00:58:23.24	
2967	RUI MIGUEL BENFEITAS DE MATOS	M	1595	00:29:25.37	00:56:23.64	00:58:23.86	
2968	RUI DOMINGOS	M	1555	00:30:47.59	00:56:43.27	00:58:23.97	
2969	NUNO BOCHINHA	M	2930	00:30:13.56	00:53:16.04	00:58:24.32	Grupo corrida Joaquim Chaves S
2970	HENRIQUE RODRIGUES	M	1955	00:27:57.22	00:57:00.52	00:58:24.50	Correr Lisboa
2971	LUIS ROMANEIRO	M	1619	00:28:17.09	00:58:07.22	00:58:24.83	
2972	VIRGINIA FONSECA	F	1376	00:28:17.41	00:58:08.00	00:58:25.03	
2973	JOÃO HENRIQUE REIS SILVA	M	8773	00:30:48.66	00:56:42.00	00:58:25.39	
2974	HUGO ALEXANDRE JORGE GONÇALVES	M	8935	00:30:47.83	00:56:42.51	00:58:25.77	
2975	MIGUEL FONTES	M	1769	00:31:11.97	00:55:01.23	00:58:25.86	
2976	JOSÉ VIANA	M	2156	00:27:08.29	00:57:45.67	00:58:25.97	
2977	JOAQUIM BENTES	M	3620	00:29:43.25	00:56:37.98	00:58:26.34	QUARTETO
2978	LUIS CATITA	M	1481	00:29:22.09	00:56:42.16	00:58:26.59	
2979	CARLOS SOARES	M	6315	00:26:09.61	00:57:43.24	00:58:26.92	
2980	HUGO SERAFIM	M	9276	00:30:26.96	00:56:15.55	00:58:27.22	
2981	JOAQUIM MANUEL FULGENCIO	M	3779	00:28:22.28	00:57:36.54	00:58:27.24	CLUBE MILLENNIUM BCP
2982	JOÃO MALCATA	M	3606	00:29:44.84	00:56:46.99	00:58:27.64	
2983	PEDRO NOGUEIRA DA SILVA	M	4414	00:28:22.16	00:55:10.10	00:58:27.86	
2984	NICK HEATON	M	4920	00:28:22.68	00:57:08.34	00:58:27.95	
2985	FRANCISCO REIS	M	8195	00:27:41.86	00:56:48.96	00:58:28.69	
2986	JORGE VAZQUEZ	M	8060	00:30:31.65	00:55:08.39	00:58:28.88	
2987	IRINA LEAL	F	7312	00:29:56.78	00:56:21.30	00:58:28.93	
2988	JOÃO FALÉ	M	3357	00:27:57.98	00:57:17.17	00:58:30.13	
2989	RUI MIGUEL CAIXADO PESCADA R PINHEIRO	M	7540	00:28:17.82	00:57:18.84	00:58:30.20	
2990	ALBERTO RAMIRES	M	4529	00:28:49.00	00:57:06.58	00:58:30.39	
2991	DÁRIO MARCELO GONÇALVES SEQUEIRA	M	9792	00:33:25.46	00:52:56.42	00:58:30.65	BANCO PRIVADO ATLANTICO EUROPA
2992	JOÃO CATARINO	M	7095	00:27:30.41	00:57:22.83	00:58:30.67	
2993	CARLOS HENRIQUE	M	5082	00:31:36.56	00:55:34.10	00:58:30.87	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
2994	JORGE BARREIRA	M	4885	00:27:50.15	00:57:52.54	00:58:31.22	GRCD Leião
2995	LUIS GARÇÃO	M	1034	00:29:58.26	00:56:22.23	00:58:31.31	
2996	ANTONIO S.MARQUES	M	2689	00:29:30.88	00:57:24.22	00:58:32.11	
2997	HUGO GONÇALVES	M	2665		00:53:34.40	00:58:32.34	Treino em Casa
2998	PEDRO CARVALHO	M	6156	00:28:51.99	00:57:05.81	00:58:32.48	
2999	HELENA CUNHA	F	1962	00:29:30.89	00:57:26.01	00:58:33.07	ASAS
3000	ANTÓNIO SANTOS	M	1193		00:54:22.17	00:58:33.13	
3001	CRISTINA TAYLOR	F	4732	00:30:26.23	00:56:41.58	00:58:33.18	
3002	RENATO SANTOS CARDOSO	M	7042	00:29:21.84	00:56:50.02	00:58:34.27	
3003	SANDRA VICENTE	F	2305	00:29:01.22	00:58:09.26	00:58:34.27	Clube Atletismo Amigos Belém
3004	MANUEL ALLEN DE OLIVEIRA VALENÇA	M	8868	00:31:58.26	00:54:33.23	00:58:34.37	
3005	GEOFFRAY RAMOS	M	8595	00:31:37.16	00:53:35.67	00:58:35.39	TomTom
3006	PAULO SOUSA	M	6250	00:31:06.97	00:56:34.69	00:58:35.63	
3007	PAULO PUGA	M	1792	00:27:44.98	00:57:52.71	00:58:35.68	gdine
3008	NUNO FERNANDES	M	4131	00:29:25.17	00:56:50.79	00:58:35.93	
3009	NUNO REIS	M	575	00:29:48.26	00:55:44.96	00:58:35.96	
3010	MARIA ISABEL LINO	F	5005	00:29:24.52	00:57:19.49	00:58:36.14	LINDA-A-PASTORA SPORTING CLUBE
3011	HENRIQUE JORGE DOS SANTOS SIMÃO	M	5605		00:57:07.24	00:58:36.33	
3012	SEM DADOS		9860	00:27:37.37	00:58:36.37	00:58:36.37	
3013	LUIS FELIPE SILVA	M	2527	00:31:18.31	00:56:15.66	00:58:36.69	GFCT POWER
3014	ISABEL BETTENCOURT	F	581	00:28:27.11	00:56:51.40	00:58:37.68	
3015	JOSÉ SANTOS	M	3297	00:28:08.16	00:57:53.88	00:58:37.76	
3016	LUCIDÉIA PITREZ	F	2597	00:32:03.31	00:53:22.84	00:58:38.04	TURBO-LENTO
3017	JORGE ESTEVES	M	2960		00:58:38.13	00:58:38.13	
3018	MADALENA ERACLIDES	F	7359	00:31:02.31	00:57:10.68	00:58:38.42	
3019	RUI MANUEL MARQUES	M	9380		00:56:36.86	00:58:38.98	
3020	LUÍS DE MATOS	M	2361	00:29:03.97	00:57:20.59	00:58:39.08	
3021	ANDRE FIGUEIREDO	M	2763	00:33:01.78	00:52:32.49	00:58:40.16	Figueiredo
3022	LUIS FILIPE	M	7071	00:28:38.57	00:56:14.89	00:58:40.35	
3023	JOSÉ FERREIRA	M	9315	00:28:30.17	00:57:30.00	00:58:40.69	
3024	EDUARDO PASSOS	M	6102	00:31:38.07	00:52:44.48	00:58:40.76	OS PASSOS
3025	EDUARDO FREITAS	M	3367	00:30:03.85	00:56:43.39	00:58:40.86	Fast & Furious Runners Team
3026	ANTÓNIO VERÍSSIMO	M	9178	00:27:08.60	00:58:35.15	00:58:40.86	
3027	JOÃO CARLOS DA CRUZ VICENTE	M	8141	00:31:30.73	00:57:53.65	00:58:41.53	
3028	VIVIANA HIPÓLITO FIGUEIREDO	F	3607	00:28:36.68	00:56:40.51	00:58:41.57	
3029	FERNANDO MOTA	M	7335	00:31:24.08	00:55:35.17	00:58:41.78	
3030	JOAQUIM CARRONHA	M	2790	00:30:27.56	00:56:18.19	00:58:41.90	N.A. PAPAGAIOS CASCAIS
3031	DAVID CARDOSO	M	7355	00:29:04.53	00:57:12.28	00:58:42.71	
3032	LUÍS MAGALHÃES	M	2297	00:27:32.38	00:57:41.79	00:58:42.87	
3033	SEM DADOS		3518	00:33:08.38	00:53:15.80	00:58:42.90	
3034	SUSANA ADEGAS	F	659	00:28:12.23	00:58:11.83	00:58:43.14	
3035	ALBANO COUTINHO	M	4229	00:31:12.41	00:53:57.56	00:58:43.54	
3036	JORGE CARREIRAS	M	689	00:31:48.24	00:53:58.64	00:58:43.69	
3037	RUI MIGUEL NEVES DIAS	M	8561	00:28:01.40	00:57:31.98	00:58:43.81	
3038	NUNO PEREIRA	M	9547	00:26:59.52	00:58:41.91	00:58:44.24	Sportzone
3039	JOAQUIM BEXIGA	M	825	00:31:58.95	00:53:51.47	00:58:44.27	
3040	ANGELICA HELDT	F	780	00:29:28.95	00:57:29.59	00:58:44.35	
3041	MARIA JOSÉ MOURA	F	5917	00:28:25.84	00:57:43.22	00:58:45.16	
3042	NUNO RICARDO MAGALHÃES DA SILVA COSTA	M	5537	00:30:45.27	00:55:35.09	00:58:45.42	INDEG
3043	LUIS DOMINGUES	M	1292	00:29:54.03	00:54:57.75	00:58:45.96	
3044	AMILCAR DIAS	M	6702	00:28:29.29	00:58:08.39	00:58:46.54	NucleOeiras/SportZONE - ADNO
3045	CAMILA WUDICH	F	2704	00:29:27.42	00:57:18.37	00:58:46.58	RunLovers
3046	JOANA LEITÃO	F	1437	00:27:29.94	00:58:41.82	00:58:46.63	
3047	DELMAR H.E. DE ANDRADE	M	9043	00:27:38.92	00:57:42.69	00:58:46.79	
3048	SEM DADOS		9926	00:31:15.17	00:55:53.34	00:58:46.82	
3049	FERNANDO BAETA NABEIRO ARAÚJO	M	699	00:30:51.72	00:55:12.57	00:58:46.96	
3050	LUIS CASTANHETA	M	5709	00:29:41.57	00:56:11.66	00:58:47.31	
3051	DAVID PEDROSA BRANCO	M	8963	00:29:41.17	00:56:11.63	00:58:47.78	
3052	RODOLFO DIAS DE CARVALHO	M	861	00:27:49.82	00:58:47.94	00:58:47.94	
3053	CHRISTIANE MONTEIRO	F	7190	00:29:49.44	00:56:25.96	00:58:48.45	
3054	JORGE DUARTE	M	8611	00:28:30.00	00:58:10.72	00:58:48.64	GFD Running
3055	SANDRA RIBEIRO	F	1851	00:29:56.81	00:57:06.02	00:58:48.79	
3056	RUI MONTEIRO	M	477	00:27:32.68	00:57:46.96	00:58:48.89	
3057	PEDRO MARTINS	M	6894	00:28:59.99	00:56:10.40	00:58:49.38	
3058	FÁTIMA SOARES	F	8211	00:28:48.15	00:57:32.08	00:58:49.45	
3059	MIGUEL PAIS DE ALMEIDA	M	6639	00:28:58.34	00:58:18.92	00:58:49.46	Buéda rápidos
3060	RICARDO SANTANA	M	8239	00:31:53.10	00:53:44.44	00:58:49.62	Clube Desportivo da Novabase
3061	LUIS MONTEIRO	M	3180	00:31:07.83	00:54:55.94	00:58:49.69	CLUBE GRUPO BES
3062	ANTÓNIO SANTOS	M	4961	00:28:42.40	00:57:53.46	00:58:50.18	G. R. D. Ribeira da Lage
3063	BO IRIK	F	6875	00:30:24.88	00:56:53.04	00:58:50.74	Correr na Cidade
3064	MARIA MANUELA ALVES	F	5743	00:30:09.48	00:57:02.28	00:58:50.80	
3065	PATRÍCIA RIBEIRO	F	280	00:30:24.62	00:56:52.18	00:58:51.04	Correr na Cidade
3066	JOÃO SEQUEIRA	M	3129	00:32:28.33	00:52:43.31	00:58:51.16	CCDTMetroLX

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3067	ANA SOFIA ALMEIDA MARQUES	F	8042	00:30:26.61	00:56:59.41	00:58:51.31	
3068	ANTONIO T BALDO	M	241	00:32:33.61	00:52:19.25	00:58:51.38	
3069	BRUNO SIMÃO	M	5653	00:30:16.71	00:58:24.50	00:58:52.27	GRD Ribeira da Lage
3070	ALEXANDRE MANUEL M MOITA	M	3769	00:30:25.78	00:57:11.40	00:58:52.39	CLUBE MILLENNIUM BCP
3071	CRISTINA SALVADO	F	3276	00:31:34.35	00:55:59.89	00:58:53.06	
3072	JOAQUIM ALBERNAZ	M	3482	00:29:07.73	00:57:32.38	00:58:53.30	Volkswagen Autoeuropa
3073	ANTONIO CARAPUÇA	M	607	00:29:36.62	00:57:34.48	00:58:53.80	Volkswagen Autoeuropa
3074	AIRES SÃO PEDRO	M	5992	00:28:57.76	00:58:28.07	00:58:54.12	Clube Ferroviário de Portugal
3075	VASCO TABORDA	M	6053	00:30:33.93	00:58:54.43	00:58:54.43	
3076	NELSON GONÇALVES ALVES	M	4591		00:55:15.47	00:58:54.77	
3077	FERNANDO JERÓNIMO	M	2728	00:31:25.27	00:55:29.27	00:58:55.04	
3078	NUNO JACINTO	M	1773	00:30:11.76	00:57:16.84	00:58:55.72	Os Galgos
3079	NUNO ANTUNES	M	2550	00:30:12.49	00:57:15.83	00:58:55.77	Os Galgos
3080	JOSÉ DUARTE	M	1093	00:29:06.89	00:57:06.25	00:58:55.78	
3081	ANTÓNIO RAMOS GONÇALVES	M	8254	00:28:44.38	00:56:40.36	00:58:56.04	
3082	ANTÓNIO MANUEL GONÇALVES	M	8253	00:28:44.33	00:56:41.16	00:58:56.27	
3083	CLÁUDIO SIMÕES	M	1819	00:30:49.20	00:53:54.36	00:58:57.09	Karamelos Running
3084	JOSÉ DA COSTA LOPES	M	8534	00:30:47.00	00:56:35.98	00:58:57.30	
3085	MARIA JOÃO FIGUEIREDO	F	7908	00:29:51.37	00:57:22.84	00:58:57.56	
3086	FRANCISCO FERREIRA	M	7718	00:30:08.75	00:56:23.22	00:58:57.98	
3087	DIOGO ARRAIAS	M	213	00:32:32.75	00:54:41.39	00:58:58.10	
3088	CARMINDA PIRES REGA	F	3209	00:28:55.83	00:57:56.48	00:58:58.15	
3089	LUÍS ALVES	M	1846	00:30:10.01	00:56:03.21	00:58:58.60	
3090	PEDRO SERRASQUEIRO	M	8570	00:29:42.55	00:56:35.56	00:58:58.84	
3091	MARIO GUERREIRO	M	6122	00:28:09.73	00:58:01.24	00:58:58.93	
3092	LUIS MIGUEL MELO	M	4101	00:26:36.07	00:58:22.91	00:58:59.05	
3093	FILIFE JUNOT	M	359	00:29:53.30	00:56:37.22	00:58:59.74	
3094	MANUEL JOSÉ CARDIM	M	7543	00:31:47.29	00:55:08.47	00:58:59.97	
3095	JOÃO SANTOS	M	6033	00:31:47.35	00:55:08.75	00:59:00.31	
3096	FRANCISCO MORAIS PEREIRA FERREIRA	M	6638	00:26:23.90	00:58:31.36	00:59:01.19	Buéda rápidos
3097	CLARA GOMES	F	2830	00:29:21.40	00:57:32.27	00:59:01.27	
3098	JOÃO RIBEIRO	M	9593	00:30:23.72	00:55:57.64	00:59:01.29	
3099	CARLOS ROMÃO	M	871	00:28:59.75	00:58:14.41	00:59:01.31	Quebra Desafios
3100	VASCO SANTOS	M	6859	00:29:19.10	00:57:53.00	00:59:01.59	
3101	NUNO RODRIGUES	M	7122	00:32:29.98	00:54:16.49	00:59:01.85	
3102	PAULO RAINHO	M	7127	00:32:30.07	00:54:15.82	00:59:01.92	
3103	BERNARDO ACHEGA	M	7610	00:26:13.63	00:58:05.12	00:59:01.93	
3104	CARLOS GONZALEZ PEREIRA	M	8893	00:27:11.11	00:58:23.60	00:59:02.34	Last Lap, --
3105	PAULO ASCENÇÃO	M	1806	00:28:42.52	00:56:04.86	00:59:02.37	GD Cimpor & Amigos
3106	PEDRO PINTO	M	6814	00:33:05.41	00:59:02.62	00:59:02.62	G D C BANCO DE PORTUGAL
3107	ABEL PINHO	M	8724	00:30:00.10	00:57:34.89	00:59:02.91	Peugeot
3108	NUNO COSTA	M	6658	00:30:39.11	00:56:57.27	00:59:03.22	
3109	FERNANDA FRANÇA	F	826	00:31:58.66	00:54:10.83	00:59:03.26	
3110	VÍTOR ALVEIRINHO	M	221	00:28:18.42	00:57:00.68	00:59:03.36	
3111	TIAGO CORREIA	M	2822	00:26:01.83	00:57:33.66	00:59:03.45	Os Martins
3112	VÍTOR MANUEL S. F. CAMPOS	M	2730	00:29:22.00	00:58:29.73	00:59:03.54	
3113	CARLA GOMES	F	7756	00:30:30.63	00:57:16.99	00:59:03.80	
3114	NUNO AFONSO	M	7119	00:32:06.44	00:57:28.80	00:59:04.00	
3115	SUSANA MARTINS	F	2820	00:30:16.40	00:57:34.35	00:59:04.00	Os Martins
3116	NELSON CORREIA	M	8345	00:28:24.20	00:57:47.10	00:59:04.01	Science runners
3117	JOAQUIM CARLOS DA SILVA MORGADO	M	3440	00:31:00.81	00:56:29.00	00:59:04.34	
3118	FRANCISCO BAÑOS GUERRA	M	2755	00:28:48.08	00:58:26.58	00:59:04.34	
3119	FRANCISCO SANCHES-OSÓRIO	M	7854	00:28:04.07	00:58:19.95	00:59:05.30	
3120	ALBERTO MARTINHO	M	3321	00:29:36.99	00:57:37.46	00:59:05.46	CCDTMetroLX
3121	SUSANA NUNES	F	8572	00:29:37.86	00:59:05.58	00:59:05.58	
3122	RODRIGO AFONSO REIS	M	8217	00:31:55.02	00:53:10.41	00:59:05.76	
3123	ISABEL MARTINS	F	1081	00:30:08.02	00:56:38.46	00:59:05.81	
3124	MARCO MASCATE	M	4258	00:33:42.14	00:54:37.10	00:59:05.88	
3125	JOAQUIM LEAL	M	9614	00:33:03.15	00:53:17.53	00:59:05.90	
3126	SUSANA PACHECO FRAZÃO	F	8144	00:30:26.90	00:56:41.93	00:59:05.94	
3127	CARLOS MARQUES	M	1856	00:28:01.65	00:58:03.19	00:59:06.10	
3128	LUÍS BRAZÃO	M	4577	00:29:08.75	00:57:28.14	00:59:06.11	Unidos da Manutenção
3129	RITA CRUZ	F	8854	00:31:00.91	00:56:27.75	00:59:06.18	
3130	RUI JOVINO MARTINS	M	4909	00:31:26.05	00:55:28.45	00:59:06.25	Devagar se vai ao longe
3131	LUIS FILIPE CALEJO MACHADO	M	8495	00:30:27.39	00:56:42.85	00:59:06.44	
3132	HELENA TAUBE	F	2298	00:28:44.94	00:58:32.89	00:59:06.50	
3133	MARCO SILVA	M	8780	00:29:40.91	00:56:45.54	00:59:06.75	
3134	LUÍS OLIVEIRA	M	8737	00:29:40.42	00:56:45.74	00:59:06.99	
3135	PEDRO CARREIRO	M	4243	00:29:41.39	00:57:54.72	00:59:07.35	
3136	CARLOS RAMOS	M	8708	00:28:14.85	00:59:06.77	00:59:07.42	Peugeot
3137	ERIN LOGES	F	4641	00:31:12.83	00:56:19.56	00:59:07.82	
3138	FERNANDO JORGE RIBEIRO	M	9285	00:31:03.51	00:57:15.89	00:59:08.06	3JJJ, --
3139	ANDRÉ MENDES	M	5166	00:32:41.34	00:53:10.46	00:59:08.15	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3140	DELFIN PRATAS	M	8317	00:31:43.78	00:55:53.65	00:59:08.36	Pandas
3141	PEDRO CORDEIRO	M	9318	00:30:37.13	00:55:49.62	00:59:08.48	
3142	ANTONIO PEDRO TEIXEIRA	M	3635	00:28:52.10	00:58:08.29	00:59:09.22	
3143	PAULO GOUVEIA	M	8318	00:31:42.34	00:55:52.51	00:59:09.41	Pandas
3144	JORGE PEREIRA	M	7336	00:31:26.05	00:56:03.03	00:59:09.52	
3145	ANTONIO FERNANDO FERREIRA	M	3683	00:30:42.70	00:56:45.41	00:59:09.64	CLUBE MILLENNIUM BCP
3146	JOEL .	M	4419	00:31:40.28	00:53:15.18	00:59:09.65	
3147	MARIO ADELINO VICENTE MENDES	M	3760	00:30:42.37	00:56:44.58	00:59:09.70	CLUBE MILLENNIUM BCP
3148	LEONEL FERNANDO BRANDAO	M	3761	00:28:56.62	00:58:28.69	00:59:09.72	CLUBE MILLENNIUM BCP
3149	MATHIEU MARTIN	M	4169	00:32:48.93	00:52:02.62	00:59:09.97	
3150	RUI RIBEIRO	M	7558		00:57:55.10	00:59:10.58	Casa Pessoal Estradas Portugal
3151	SÉRGIO PINTO	M	1261	00:28:41.42	00:58:24.56	00:59:10.59	
3152	DAVID MANUEL RESIO MARTINS	M	6355	00:29:07.08	00:57:08.13	00:59:11.02	
3153	JORGE GUERREIRO	M	1096	00:30:30.27	00:56:55.71	00:59:11.11	
3154	PEDRO MENDES	M	4533	00:29:44.34	00:56:24.60	00:59:11.39	Toca Runners
3155	VASCO FERREIRA	M	9842	00:31:53.60	00:57:10.36	00:59:11.62	
3156	JOÃO PEDRO SOARES	M	7276	00:31:14.86	00:54:16.83	00:59:11.75	
3157	MANUEL AZEDO GONÇALVES	M	1705	00:29:54.24	00:57:51.39	00:59:12.52	
3158	JORGE FILIPE CAMPOS GONÇALVES	M	1621	00:30:47.57	00:55:03.12	00:59:12.66	
3159	VITOR CARVALHO	M	6671	00:28:52.05	00:58:25.39	00:59:12.80	MARRIOTT LISBOA
3160	RICARDO PEDROSA	M	7517	00:30:29.71	00:56:53.19	00:59:13.00	
3161	ANA RITA DAVID	F	311	00:30:26.31	00:58:05.74	00:59:13.70	
3162	HUGO QUINZICO	M	1592	00:28:42.15	00:57:19.21	00:59:13.82	
3163	DAVID CARDOSO	M	7651	00:31:57.57	00:54:17.54	00:59:14.26	
3164	ANTÓNIO SILVA	M	8333	00:30:50.42	00:53:25.49	00:59:14.53	
3165	JACINTO LUCAS PIRES	M	7589	00:30:07.04	00:57:26.85	00:59:14.66	
3166	MÓNICA BASTOS	F	8479		00:56:44.06	00:59:14.75	
3167	ALEXANDRA DE CASTRO ALFERES GOMES	F	5187	00:30:31.08	00:57:54.43	00:59:15.13	
3168	AMÍLCAR SANTOS	M	1231	00:32:22.49	00:57:36.78	00:59:15.32	
3169	LEONOR LOBO XAVIER	F	7774	00:32:42.70	00:53:38.34	00:59:15.37	
3170	JORGE PINTO	M	9230	00:31:12.15	00:57:52.49	00:59:15.80	
3171	JOÃO AMARAL GOMES	M	929	00:28:20.89	00:57:54.33	00:59:15.82	Clube Desportivo da Novabase
3172	LUIS FEITEIRA	M	1144	00:32:20.81	00:57:41.87	00:59:16.60	
3173	JOÃO COSTA DUARTE	M	9237	00:28:59.68	00:57:36.45	00:59:16.79	
3174	FAIZAL ISMAEL	M	8073	00:30:32.66	00:57:18.10	00:59:17.28	
3175	FERNANDO PESTANA	M	9967	00:27:23.45	00:59:03.39	00:59:17.44	GRCD Leião
3176	JOSÉ CASTRO	M	7174	00:32:35.55	00:54:49.88	00:59:17.61	Clube Atletismo Amigos Belém
3177	GONÇALO LIMA	M	6309	00:29:09.14	00:57:38.44	00:59:17.72	Unidos da Manutenção
3178	RUBEN DUARTE	M	2137	00:30:36.98	00:58:08.01	00:59:17.84	Os Galgos
3179	JEAN-FRANÇOIS COLLOBERT	M	3642	00:28:06.66	00:59:14.83	00:59:18.00	Pernod Ricard Portugal
3180	LUIS BILAU	M	8401	00:29:01.37	00:58:39.62	00:59:18.33	
3181	INÉS ISABEL DE CAMPOS PEREIRA	F	1932	00:30:18.58	00:57:15.82	00:59:18.47	
3182	MANUEL GALVÃO	M	1131	00:30:01.65	00:57:42.94	00:59:18.52	
3183	PEDRO PIRES	M	9015	00:29:21.62	00:56:19.77	00:59:18.87	
3184	RICARDO MANUEL P. LOPES FIGUEIREDO	M	6256	00:32:10.45	00:54:31.23	00:59:19.33	
3185	MERCEDES FONSECA	F	4624	00:29:16.17	00:58:43.57	00:59:19.44	Os Super
3186	ANTÓNIO JOSÉ FONSECA	M	4453	00:29:54.71	00:58:06.96	00:59:19.92	
3187	JOÃO VASCO FONSECA	M	4454	00:29:54.72	00:58:07.37	00:59:20.04	
3188	GONÇALO JOSÉ GRILO PEDRO	M	5145	00:28:19.89	00:58:09.32	00:59:20.10	AM 18 de Maio
3189	ANTONIO LOPES	M	2761	00:29:00.12	00:58:17.83	00:59:20.11	
3190	RUI MIGUEL VALENTE MARQUES	M	9855	00:31:45.80	00:54:51.61	00:59:20.43	
3191	PAULO KUSSY CORREIA FERNANDES	M	9046	00:31:13.65	00:55:03.12	00:59:20.54	
3192	PAULO ALEXANDRE DA FONSECA SARROEIRA	M	9118		00:57:41.29	00:59:20.67	CP
3193	RICARDO JOSÉ PEREIRA LOPES	M	8407	00:32:36.38	00:53:48.79	00:59:20.95	VdAtletas
3194	CARLOS MORAIS	M	3844	00:29:25.22	00:57:38.23	00:59:21.30	
3195	ALBERTO CAROLINO	M	5103	00:29:18.32	00:58:54.60	00:59:21.49	Ass. Atletismo Lebres do Sado
3196	RUI SOARES	M	4055	00:28:36.22	00:58:15.81	00:59:21.60	
3197	CARLA GARCIA	F	4538	00:29:21.38	00:58:43.04	00:59:21.61	Volkswagen Autoeuropa
3198	FILIPE MATOS	M	2362	00:29:03.90	00:58:03.53	00:59:22.29	
3199	SÓNIA GONÇALVES CARREIRO	F	4242	00:29:41.29	00:58:10.30	00:59:22.34	
3200	PEDRO ALEIXO	M	7345	00:29:48.63	00:57:56.99	00:59:22.44	
3201	TIAGO OLIVEIRA	M	8944	00:29:58.80	00:56:55.82	00:59:22.64	
3202	PEDRO MIGUEL NAVES	M	4902	00:31:48.47	00:56:11.17	00:59:22.76	
3203	JOAO FILIPE MOURAO LOURENCO	M	3669	00:30:34.41	00:57:34.66	00:59:22.90	CLUBE MILLENNIUM BCP
3204	PEDRO JORDÃO	M	3514	00:33:08.52	00:53:55.88	00:59:23.04	BANCO PRIVADO ATLANTICO EUROPA
3205	SÉRGIO FILIPE ALMEIDA TRINDADE	M	1364	00:28:10.26	00:58:23.48	00:59:23.24	
3206	TÂNIA CARDOSO	F	8160	00:30:27.08	00:57:12.77	00:59:23.43	
3207	RUI MANUEL DE OLIVEIRA CARRASQUEIRA	M	7032	00:29:28.89	00:57:24.71	00:59:23.53	
3208	VERA MARIA RIBEIRO DE OLIVEIRA	F	437	00:30:41.30	00:57:46.82	00:59:23.61	
3209	PAULO VERÍSSIMO	M	5996	00:26:43.11	00:58:03.79	00:59:23.94	Clube Ferroviário de Portugal
3210	PAULO BENTO	M	5542	00:31:35.20	00:54:44.56	00:59:23.95	INDEG
3211	LUÍS MIGUEL RODRIGUES BAIÃO	M	3589	00:31:29.34	00:53:20.50	00:59:24.53	O ESTRONDO
3212	RENATO PENAS	M	4291	00:28:40.61	00:58:21.87	00:59:24.53	GDC Porto de Sines

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3213	ANTOINE JÉRÔME H D BERTHE	M	3806	00:28:06.91	00:56:57.45	00:59:24.55	ESMTC
3214	MARTINS BARATA	M	5994	00:28:03.68	00:59:12.15	00:59:24.66	Clube Ferroviário de Portugal
3215	JORGE MENDES	M	8850	00:31:09.52	00:53:38.93	00:59:25.30	Infosistema RunningTeam
3216	RAFAEL SALVADOR LOPEZ	M	1202	00:30:24.13	00:57:52.46	00:59:25.56	
3217	RODRIGO COSTEIRA	M	8543	00:31:58.94	00:55:24.90	00:59:25.58	
3218	PAULO SILVA	M	8232	00:31:36.65	00:56:28.82	00:59:26.03	
3219	HUGO BALEIZAO	M	7957	00:33:12.73	00:53:27.84	00:59:26.10	
3220	LUÍS ALMEIDA	M	5093	00:30:23.78	00:57:53.47	00:59:26.19	Lis Running CPA
3221	PEDRO YAN	M	9378	00:31:52.07	00:56:20.58	00:59:26.28	
3222	SUSANA PEDRO	F	1756	00:31:23.59	00:56:02.06	00:59:26.41	
3223	FRANCISCO JOSÉ SILVA VIEIRA	M	3376	00:31:53.38	00:57:28.26	00:59:26.44	Fast & Furious Runners Team
3224	HENRIQUE .	M	8987	00:33:42.18	00:53:07.11	00:59:26.50	
3225	BRUNO HORTELÃO	M	9144		00:59:26.69	00:59:26.69	HP
3226	ZACARIAS ALVES	M	2788	00:30:46.89	00:56:53.11	00:59:26.93	N.A. PAPAGAIOS CASCAIS
3227	TIAGO SALVADOR	M	2548	00:29:36.26	00:57:29.17	00:59:27.34	
3228	TIAGO GORDO GAMEIRO	M	5608	00:32:16.56	00:53:48.11	00:59:27.57	Rebolation
3229	RAFAEL CANDEIAS	M	3279	00:30:53.58	00:57:15.09	00:59:27.69	
3230	NELSON CANDEIAS	M	3278	00:30:53.04	00:57:15.19	00:59:27.98	
3231	ANDRÉ ROSA	M	392	00:30:29.66	00:55:55.26	00:59:28.00	
3232	SARA GRANJO	F	5169	00:31:29.34	00:57:01.84	00:59:28.04	
3233	FÁBIO DAVID CONDEÇO POÇO	M	8432	00:29:05.70	00:58:33.58	00:59:28.06	
3234	HUGO .	M	9312	00:31:59.08	00:55:27.48	00:59:28.34	
3235	JOÃO PAULO PRIOLÉ	M	7375	00:28:44.28	00:58:39.00	00:59:28.40	
3236	JOÃO MENDES PEDRO	M	8204	00:30:56.44	00:55:50.75	00:59:28.43	
3237	JOAO PEDRO BRETES MENEZES CARIA	M	6681	00:32:57.45	00:56:46.74	00:59:28.78	
3238	ANTÓNIO ROMÃO RAPOSO	M	8795	00:31:46.67	00:56:57.52	00:59:28.78	
3239	DUARTE MIGUEL ALVES	M	1464	00:32:12.88	00:54:31.22	00:59:28.81	
3240	NUNO JESUS	M	3436	00:28:59.08	00:57:39.47	00:59:28.81	WINNERS TEAM
3241	ALTINO SILVA	M	4015	00:29:50.06	00:59:13.98	00:59:29.04	casa do pessoal do iva
3242	ANTÓNIO BEIRÓS	M	8366	00:29:58.18	00:57:02.17	00:59:29.28	breakfast team
3243	DIOGO BAPTISTA	M	8962	00:28:18.05	00:57:26.14	00:59:29.59	
3244	PAULO C. MELO	M	335	00:28:49.69	00:57:59.99	00:59:30.20	
3245	MARCO GRAÇA	M	6983	00:34:03.39	00:54:27.06	00:59:30.31	
3246	RUI MANUEL AARÚJO CLETO	M	1942	00:28:59.37	00:59:20.76	00:59:30.71	
3247	JOÃO TEIXEIRA	M	2246	00:30:17.77	00:59:31.05	00:59:31.05	
3248	CARLOS VENTURA	M	4032	00:28:41.43	00:59:02.18	00:59:31.11	CCD TRANQUILIDADE
3249	ÁLVARO JOSÉ GABOLEIRO CANTEIRO	M	8106	00:31:40.90	00:54:01.12	00:59:31.81	
3250	CLÁUDIA ISABEL ALVES LEITÃO	F	5462	00:31:33.04	00:55:23.43	00:59:32.32	INDEG
3251	NUNO PRATES	M	6367	00:31:09.66	00:56:25.35	00:59:32.67	
3252	HERNANI CALADO	M	9364	00:31:59.59	00:57:18.34	00:59:32.81	Sumol Compal
3253	PAULO FARIA	M	3428	00:31:53.67	00:55:56.72	00:59:34.02	
3254	RODRIGO LOPES	M	5017	00:30:06.30	00:58:14.52	00:59:34.51	LINDA-A-PASTORA SPORTING CLUBE
3255	PEDRO LUIS AMARAL DA CUNHA	M	5550	00:31:34.32	00:54:54.49	00:59:34.75	INDEG
3256	PEDRO BENTO	M	1337		00:59:35.12	00:59:35.12	
3257	LUIS PAIVA DA SILVA	M	7869	00:29:06.73	00:58:21.62	00:59:35.29	
3258	HANNAH MAILIN PORADA	F	8358	00:30:53.08	00:58:00.82	00:59:35.38	
3259	CARLOS NUNES	M	8419	00:28:25.61	00:58:18.03	00:59:35.45	
3260	ARMÉNIO PATRÍCIO	M	4964	00:29:53.78	00:58:25.64	00:59:35.92	LINDA-A-PASTORA SPORTING CLUBE
3261	MARIANA FRAGA ANDRADE SILVA	F	6977	00:30:45.50	00:56:55.46	00:59:36.02	Correr Lisboa
3262	FRANCISCO MESQUITA	M	2070	00:31:33.40	00:55:27.76	00:59:36.20	
3263	CARLOS MANUEL RODRIGUES LOPES	M	10039	00:32:18.49	00:57:08.50	00:59:36.53	
3264	SARA CRISTINA SILVA PATRICIO PEDRO	F	3829		00:56:43.81	00:59:36.72	
3265	PEDRO ALBUQUERQUE ROCHA	M	637	00:30:11.59	00:58:11.65	00:59:37.01	
3266	RUI BARATA	M	4399	00:29:07.69	00:57:26.30	00:59:37.32	Açoreana Clube Banif
3267	CARLOS ALBERTO BARATA FARINHA	M	4285	00:29:05.29	00:58:20.36	00:59:37.53	
3268	MARIA ISABEL RIBEIRO	F	5601	00:32:18.20	00:54:14.56	00:59:38.38	
3269	LUÍS PARDAL	M	7109	00:29:30.70	00:58:08.46	00:59:38.41	
3270	TITO SERRADAS DUARTE	M	8977	00:31:14.68	00:54:40.43	00:59:38.47	
3271	BERNARDETE VAZ LOPES	F	2041	00:29:44.27	00:58:46.29	00:59:38.51	Tartarugas Solidarias
3272	MARTA ANDRADE	F	1974	00:29:02.76	00:58:48.48	00:59:38.90	Treino em Casa
3273	JOSÉ BAIXINHO	M	1800	00:31:08.08	00:57:03.66	00:59:38.93	
3274	JOÃO FIALHO	M	7307	00:31:44.85	00:53:36.71	00:59:39.46	
3275	DANIEL RAMOS	M	1975	00:29:01.75	00:58:49.49	00:59:39.92	
3276	LUÍS MINGA	M	766	00:31:59.79	00:55:29.43	00:59:40.38	
3277	FILIPA ESTEVES LEAL RODRIGUES DE CARVALHO	F	6727	00:30:33.53	00:56:51.25	00:59:40.62	
3278	JOÃO VALLE COSTA	M	5185	00:30:29.80	00:56:51.55	00:59:41.09	
3279	PEDRO CARVALHO	M	3265	00:30:49.90	00:55:07.42	00:59:41.49	Weventual 2
3280	RICARDO PIMENTA-ARAÚJO	M	8557	00:28:55.18	00:58:42.90	00:59:41.71	CascaGrossista
3281	PAULO BATISTA	M	9329	00:27:32.81	00:58:13.65	00:59:42.33	Last Lap, --
3282	FRANCISCO AFONSO	M	4507	00:26:36.85	00:59:22.60	00:59:42.33	
3283	LUÍS FERREIRA	M	8967	00:29:07.14	00:58:54.19	00:59:42.53	
3284	FERNANDO MANUEL DE ALMEIDA	M	5662	00:29:26.83	00:56:59.34	00:59:43.47	
3285	CARLOS MORGADO	M	3407	00:29:51.19	00:58:20.80	00:59:43.57	Clube Pessoal EDP - Lisboa

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3286	JOÃO PEDRO RAMOS	M	7356	00:30:44.50	00:58:03.67	00:59:44.33	
3287	MARCOS MATTA	M	2284	00:28:27.04	00:58:44.30	00:59:44.35	
3288	PATRICK AFONSO	M	7534	00:33:21.35	00:56:15.73	00:59:44.85	
3289	ANTONIO VICENTE FONSECA	M	2529	00:31:06.08	00:55:55.64	00:59:44.98	GFCT POWER
3290	JOSÉ DIONISIO	M	6111	00:33:03.13	00:53:42.01	00:59:45.65	Equipa Dionísio
3291	BRUNO REIS	M	2981	00:30:14.02	00:57:30.60	00:59:45.70	Volkswagen Autoeuropa
3292	PEDRO HENRIQUES	M	7237	00:29:52.33	00:56:49.85	00:59:46.29	
3293	TITO CERQUEIRA	M	4564	00:30:32.14	00:57:31.59	00:59:46.46	Volkswagen Autoeuropa
3294	MARCOS RATOLA	M	1915	00:31:56.50	00:54:55.01	00:59:46.93	
3295	JOSÉ RAFAEL GONÇALVES	M	1221	00:28:29.26	00:58:08.92	00:59:46.94	
3296	HELDER SIMAS	M	1402	00:30:48.87	00:55:08.44	00:59:47.09	
3297	FERNANDO ALVES	M	6210	00:31:04.98	00:57:33.04	00:59:47.21	SS CGD
3298	JOSÉ CORREIA	M	207	00:29:56.88	00:59:06.69	00:59:47.50	Georunners
3299	INÊS VIEIRA SANTOS	F	6365	00:29:02.12	00:58:52.57	00:59:47.83	
3300	JOSE ANTONIO GOMES	M	9504	00:29:57.39	00:59:07.12	00:59:47.93	Correr Lisboa
3301	MÁRIO NOGUEIRA	M	8250	00:30:58.52	00:56:55.39	00:59:48.02	
3302	PEDRO EVANGELISTA	M	1075	00:31:34.38	00:56:55.10	00:59:48.08	
3303	JOÃO TAVARES	M	7305	00:33:19.93	00:53:38.41	00:59:48.11	
3304	CONCEIÇÃO ALVES	F	3075	00:32:22.57	00:55:36.93	00:59:48.40	koxus
3305	SOFIA BRITO	F	3401	00:31:09.69	00:57:58.89	00:59:48.59	
3306	JOAO CAEIRO	M	4450	00:32:35.99	00:57:18.81	00:59:48.64	
3307	SELMA NAIR DE ALMEIDA MARTINS GONÇALVES	F	5047	00:32:03.33	00:55:01.03	00:59:49.47	
3308	MIGUEL ANJOS	M	2535	00:29:36.80	00:57:42.11	00:59:49.49	
3309	SÉRGIO PEREIRA	M	4171	00:26:55.82	00:59:39.53	00:59:49.52	
3310	JOSÉ EDUARDO DA SILVA MONTEIRO	M	512	00:31:37.92	00:56:19.20	00:59:49.60	
3311	GONÇALO FERREIRA	M	964	00:32:02.46	00:58:00.48	00:59:49.79	
3312	ANA PAULA MARQUES	F	3143	00:29:08.95	00:58:49.30	00:59:49.87	CLUBE GRUPO BES
3313	LUIS ROQUE	M	3350	00:28:32.93	00:58:42.45	00:59:50.68	CLUBE GRUPO BES
3314	CARLOS BANDEIRA	M	648	00:32:59.48	00:56:11.34	00:59:51.58	
3315	JOÃO SANTOS	M	5638	00:29:07.76	00:58:23.06	00:59:51.82	GRD Ribeira da Lage
3316	LILIANA LOURO	F	4152	00:30:47.85	00:55:47.37	00:59:52.29	BIVAC IBERICA
3317	RICARDO NUNES	M	7612	00:29:00.98	00:58:44.67	00:59:52.39	
3318	AUGUSTO AGUIAR	M	4122	00:29:30.85	00:56:28.83	00:59:52.72	
3319	LUIS INÁCIO	M	8143	00:28:31.38	00:58:14.66	00:59:52.83	
3320	VICTOR ALEXANDRE DA SILVA PINTO	M	8504	00:28:24.93	00:59:53.13	00:59:53.13	Astrazeneca
3321	MIGUEL SOARES	M	774	00:29:56.49	00:58:02.25	00:59:53.65	TRILHOS E TRALHOS
3322	JOAO PAULO SANTOS	M	4939	00:29:19.75	00:58:31.95	00:59:53.85	
3323	PAULO ANGÉLICA	M	3262	00:31:24.25	00:55:21.88	00:59:54.17	Weventual 2
3324	ANTONIO CANDIDO	M	7341	00:27:28.46	00:58:44.66	00:59:54.51	
3325	JOÃO VALE	M	7062	00:30:25.14	00:58:26.75	00:59:54.68	I'IKE A runner
3326	HENRIQUE KOENDERS	M	4703	00:31:11.75	00:55:36.46	00:59:54.99	
3327	LUIS FILIPE DIXON FERREIRA	M	5519	00:32:38.39	00:55:09.49	00:59:55.13	INDEG
3328	PAULA PINTO	F	7974	00:30:51.33	00:58:22.85	00:59:55.44	
3329	JORGE FERREIRA	M	1604	00:29:55.52	00:58:02.56	00:59:56.18	
3330	LUÍSA LANDEIRO	F	6222	00:33:04.02	00:55:36.69	00:59:56.73	SS CGD
3331	PEDRO ASCENSÃO	M	9176	00:29:28.98	00:58:36.42	00:59:56.74	
3332	RODRIGO DA SILVA RELVA VAZ RISCADO	M	5558	00:32:27.73	00:56:46.16	00:59:56.85	INDEG
3333	MÁRIO RUI ABEGÃO	M	6505	00:30:54.55	00:57:56.28	00:59:57.37	CLAC - Entroncamento
3334	ANA PAULA ABEGÃO	F	6504	00:30:53.04	00:57:56.38	00:59:57.37	CLAC - Entroncamento
3335	RUI MIGUEL GASPAR TEIXEIRA	M	2363	00:30:36.38	00:58:25.38	00:59:57.45	
3336	MANUEL PEREIRA MAIA	M	6508	00:30:53.02	00:57:55.69	00:59:57.71	CLAC - Entroncamento
3337	LUIS LOPES	M	2349	00:30:45.22	00:57:00.41	00:59:57.85	ATLETAS DE PESO
3338	RUI VIEIRA	M	1036	00:31:16.74	00:59:58.99	00:59:58.99	
3339	CARLOS LIMA	M	3243	00:31:42.37	00:56:32.56	00:59:59.02	C.A. Amigos Parque da Paz
3340	DAVID BARROS	M	9542	00:31:16.82	00:59:56.54	00:59:59.22	Sportzone
3341	FERNANDA MOURA	F	441	00:30:33.91	00:57:26.75	00:59:59.40	
3342	VASCO FIGUEIRA	M	7252	00:32:08.28	00:55:55.30	00:59:59.43	
3343	EDUARDO BRAZ	M	4353	00:28:55.52	00:58:28.00	00:59:59.51	Açoreana Clube Banif
3344	PAULO RIBEIRO	M	2699	00:29:32.50	00:58:31.42	00:59:59.71	RunLovers
3345	HUGO RAMALHO	M	2392	00:29:46.40	00:56:40.07	00:59:59.89	
3346	PAULO APARÍCIO	M	2336	00:29:53.52	00:58:07.60	01:00:00.16	
3347	CRISTINA CALDEIRA	F	2693	00:28:59.88	00:59:19.88	01:00:00.21	RunLovers
3348	BRUNO BERNARDO	M	8054	00:30:22.62	00:58:10.78	01:00:00.61	
3349	JOEL MANUEL	M	3522	00:33:08.58	00:54:37.52	01:00:00.95	BANCO PRIVADO ATLANTICO EUROPA
3350	CARLA SILVA	F	2337	00:29:53.40	00:58:08.75	01:00:01.55	
3351	MAURO GONCALVES	M	792	00:32:48.44	00:54:47.19	01:00:01.62	
3352	SUSANA RAPOSO	F	1655	00:32:23.56	00:57:12.83	01:00:01.78	Correr Lisboa
3353	LILIANA MONTEIRO	F	271	00:30:40.20	00:57:42.53	01:00:02.48	
3354	MIGUEL ESTEVES	M	3274	00:30:39.76	00:57:42.85	01:00:02.66	
3355	TERESA FONSECA SANTOS	F	728	00:30:20.41	00:57:49.06	01:00:03.61	
3356	CLÁUDIA CRISTINA C.S. CAPELINHA	F	4093	00:30:42.21	00:57:08.13	01:00:03.82	Pepsico 1
3357	JOAO NUNO	M	768	00:31:31.96	00:56:06.89	01:00:04.24	
3358	ARTUR SANTOS	M	901	00:29:42.71	00:58:19.84	01:00:04.33	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3359	PEDRO CARRASCO	M	7128	00:32:33.78	00:55:18.37	01:00:04.47	
3360	LUIS MATIAS	M	3867	00:30:52.14	00:58:22.30	01:00:04.87	Troika
3361	ARLINDO RAMOS ARAUJO	M	8038	00:30:14.60	00:58:44.48	01:00:05.06	
3362	REVAUX ARTHUR	M	3230	00:34:26.04	00:52:36.60	01:00:06.30	
3363	RUI BARRACHA	M	907	00:31:50.14	00:55:47.13	01:00:06.90	
3364	JOÃO CARRINHO	M	432	00:27:50.42	00:59:02.99	01:00:06.96	
3365	JOSE CARDOSO	M	4178	00:28:44.01	00:57:52.34	01:00:07.35	Volkswagen Autoeuropa
3366	MARCO ROSÁRIO	M	810	00:32:35.30	00:55:44.48	01:00:07.37	
3367	SANDRA DUARTE	F	7054	00:30:20.55	00:59:32.09	01:00:07.45	
3368	NUNO GOMES	M	8306	00:30:30.29	00:57:12.89	01:00:08.52	
3369	PAULO ALEXANDRE	M	620	00:28:16.84	00:58:22.35	01:00:08.93	TRILHOS E TRALHOS
3370	DINIS SANTOS	M	6371	00:28:52.35	00:59:30.48	01:00:09.06	
3371	NICOLÁS EL BUSTO	M	4452	00:31:46.54	00:56:40.73	01:00:09.07	
3372	PEDRO ALEXANDRE AIRES PIRES	M	3647	00:30:41.71	00:57:59.73	01:00:09.19	CLUBE MILLENNIUM BCP
3373	IVO DUARTE PEREIRA JOAQUIM	M	5498	00:30:06.75	00:58:31.07	01:00:09.44	INDEG
3374	CÉLIA MARISA CASTRO	F	2897	00:28:54.83	00:58:51.45	01:00:09.48	
3375	GILBERTO GONÇALVES	M	2303	00:32:46.96	00:55:42.71	01:00:09.62	Clube Atletismo Amigos Belém
3376	MARIA JOÃO ESTEVES	F	9932	00:30:19.41	00:58:50.19	01:00:10.27	
3377	FLAVIO OLIVEIRA	M	8712	00:28:54.40	00:59:02.91	01:00:10.36	Peugeot
3378	CARLOS ALBERTO DIAS GONÇALVES	M	5923	00:28:30.65	00:59:46.52	01:00:10.54	
3379	JAIME ALBINO CORREIA	M	9174	00:31:44.87	00:57:01.79	01:00:10.88	
3380	PAULO MARQUES	M	7852	00:30:46.24	00:58:10.33	01:00:11.02	
3381	LUÍS DINIS	M	7693	00:28:51.95	01:00:06.80	01:00:11.04	BMW
3382	OCTÁVIO FERRO	M	4433	00:29:14.38	00:58:03.09	01:00:11.47	
3383	PEDRO MIGUEL AUGUSTO HENRIQUES	M	6584	00:29:13.66	00:58:20.30	01:00:11.65	
3384	CARLOS JORGE REBELO SOEIRO	M	6615	00:31:44.79	00:57:58.68	01:00:11.80	
3385	JORGE CRESPO	M	6035	00:30:48.55	00:56:38.05	01:00:12.02	
3386	ELISABETE DA FONSECA	F	4029	00:28:11.84	00:58:11.67	01:00:12.02	
3387	RODOLFO MANUEL ROSA TEIXEIRA	M	8261	00:29:37.47	00:58:46.15	01:00:12.17	
3388	ROSA VIVEIROS	F	2391	00:30:48.60	00:58:15.84	01:00:12.30	Falcões Selvagens
3389	RUI SILVA	M	4215	00:29:58.98	00:58:02.33	01:00:12.85	NO LIMITS
3390	MIGUEL ÂNGELO PORTUGAL	M	8940	00:30:22.74	00:58:52.70	01:00:13.47	
3391	JOSÉ SERRADOR	M	8886		00:59:01.32	01:00:13.62	IPDJ
3392	LUIZA SOARES	F	9266	00:30:31.00	00:58:26.11	01:00:13.74	
3393	LOUNÈS CHICKHI	M	1839	00:33:32.39	00:51:12.51	01:00:13.92	
3394	FRANCISCO MOTA	M	9375	00:29:52.28	00:58:33.94	01:00:14.23	
3395	CARLOS JANEIRO	M	5219	00:30:49.65	00:58:40.99	01:00:14.25	HP CLUB
3396	PAULO ALEXANDRE GUERREIRO DIAS	M	5540	00:31:05.98	00:56:56.39	01:00:14.47	INDEG
3397	DORA CRISTINA PEDRO BANDEIRA SIMÃO	F	5604	00:30:30.22	00:58:45.37	01:00:14.75	
3398	LUIS MIRANDA	M	7108	00:31:18.10	00:58:04.80	01:00:14.91	
3399	JORGE MONTEIRO	M	3042	00:30:43.29	00:58:02.94	01:00:15.04	ODEBRECHT PORTUGAL
3400	CARLOS FERREIRA	M	2876	00:29:03.05	00:59:15.19	01:00:15.35	Câmara Lisboa Clube
3401	PEDRO GAMITO	M	7629	00:28:24.26	00:58:26.25	01:00:15.65	
3402	JOSÉ CAIADO SILVA	M	1691	00:30:45.59	00:57:48.17	01:00:15.80	
3403	JOAO SALAZAR	M	3039	00:29:27.87	00:58:29.12	01:00:16.03	
3404	LUÍS REIS	M	7110	00:28:52.72	00:59:25.03	01:00:16.05	
3405	LUIS ALBERTO AZEVEDO SILVA	M	4953	00:32:41.82	00:57:18.37	01:00:16.81	
3406	RAUL CIPRIANO	M	9663	00:32:02.92	00:55:59.92	01:00:16.82	
3407	MADALENA ASSUNCAO	F	4331	00:28:47.96	00:59:42.62	01:00:16.83	
3408	CLAUDIA BARRAGON	F	2163	00:29:14.70	00:59:52.95	01:00:16.89	
3409	VITAL VILARINHO	M	1519	00:31:26.02	00:58:04.67	01:00:17.37	
3410	JOAO CARLOS ALVES	M	1463	00:32:26.63	00:55:20.08	01:00:17.97	
3411	FILIFE SILVA	M	8409	00:29:19.20	00:59:00.90	01:00:18.00	
3412	APOLINARIO MEIRA	M	2422	00:30:18.71	00:57:09.89	01:00:18.48	
3413	ANA MARTINS	F	4467	00:28:47.19	01:00:03.39	01:00:18.62	GRD Os Fixes
3414	FRANCISCO JOSE MELO JORGE	M	4084	00:29:41.54	00:58:55.84	01:00:18.66	Pepsico 1
3415	ANA FILIPA JORGE	F	4085	00:29:42.72	00:58:56.74	01:00:18.69	Pepsico 1
3416	PAULO ALEXANDRE DIAS OLIVEIRA	M	3798	00:30:23.98	00:58:57.71	01:00:19.07	ESMTC
3417	EMANUEL SIMÕES	M	8566	00:31:00.76	00:56:53.15	01:00:19.18	
3418	DIOGO PALHINHA	M	668	00:31:32.52	00:59:04.56	01:00:19.87	VortalRunners
3419	ANTÓNIO PEREIRA	M	5297	00:34:05.63	00:55:50.10	01:00:20.04	
3420	NUNO ALEXANDRE PERALTA	M	667	00:31:32.93	00:59:04.21	01:00:20.06	VortalRunners
3421	LUCIANO MARQUES	M	4645	00:29:58.27	01:00:00.79	01:00:20.10	Ginásio Vivência Explosiva
3422	ANTÓNIO CARPINTEIRO	M	7308	00:32:01.95	00:57:34.32	01:00:20.39	sscgd
3423	NUNO SANTOS	M	7189	00:29:49.84	00:57:57.21	01:00:20.44	
3424	JOANA DOMINGOS	F	4937	00:32:42.06	00:55:18.79	01:00:20.58	
3425	CARLA FERREIRA	F	4647	00:29:57.67	01:00:02.94	01:00:21.12	Ginásio Vivência Explosiva
3426	CARLA GASPAS	F	7606	00:31:35.58	00:57:58.15	01:00:21.29	
3427	NUNO MOURA-PINHEIRO	M	7571	00:29:06.27	00:59:16.23	01:00:21.49	
3428	TIAGO SALVADO	M	1623	00:32:34.33	00:56:35.84	01:00:21.60	MOVET
3429	NUNO FILIPE MARTINS GONÇALVES	M	1327		00:57:09.09	01:00:21.78	
3430	JUANMA GARCÍA	M	7630	00:31:46.56	00:56:54.30	01:00:23.37	
3431	LUIS DOMINGUES	M	772	00:28:30.56	01:00:23.46	01:00:23.46	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3432	RICARDO MIGUEL BRANCO BOAVENTURA	M	8034	00:31:41.81	00:56:17.35	01:00:23.69	
3433	JOAO LOBO	M	4073	00:29:54.36	01:00:23.76	01:00:23.76	
3434	MARIA DO ROSÁRIO GONÇALVES	F	4745	00:29:56.81	00:59:05.28	01:00:24.06	Grupo Desportivo de Barcarena
3435	SANDRA CALDEIRA	F	8776	00:31:05.96	00:58:51.50	01:00:24.53	
3436	CARLOS MONTEIRO	M	6336	00:28:01.45	00:59:26.63	01:00:24.65	F.S.C.D. da CBSS
3437	JOÃO MANUEL JORGE ESTÊVÃO	M	7649	00:28:42.41	00:57:46.23	01:00:24.75	
3438	CASSIANA BRUEL	F	7180	00:29:04.95	00:59:34.63	01:00:25.44	The 3 Degrees
3439	JOAO PEDRO COVAS	M	1865	00:30:45.16	00:58:14.35	01:00:25.78	
3440	TIAGO JOÃO PINTO DA SILVA VEIGA	M	5578	00:33:55.89	00:57:47.41	01:00:26.03	INDEG
3441	ELSA RUTE MENDES	F	5163	00:30:41.07	00:58:58.52	01:00:26.43	
3442	FREDERICO .	M	8392	00:32:32.43	00:57:48.58	01:00:26.96	AC do Caracol, --
3443	MARIA ROSA DUARTE LARANJEIRO CARITA	F	4445	00:28:43.77	00:59:52.02	01:00:27.44	CCD Sintrense
3444	ALEXANDRE CARDOSO	M	4335	00:30:45.17	00:58:22.53	01:00:27.52	Açoreana Clube Banif
3445	FRANCISCO SANTOS	M	7367	00:29:37.06	00:59:06.79	01:00:27.74	
3446	PEDRO ALEXANDRE BANON DE JESUS	M	6074	00:32:57.93	00:56:38.98	01:00:28.05	Tartarugas Solidarias
3447	MANUELA ROMÃO	F	5148	00:32:12.15	00:56:17.55	01:00:28.22	
3448	NUNO PAULO	M	6228	00:28:57.52	00:59:23.94	01:00:28.24	SS CGD
3449	MARCELO XAVIER	M	7152	00:29:01.86	00:59:30.56	01:00:28.31	Clube Desportivo da Novabase
3450	ANTÓNIO NUNES	M	2738	00:33:03.56	00:55:37.27	01:00:28.55	
3451	MARIA DO CÉU CARVALHO	F	2040	00:31:09.30	00:58:02.39	01:00:28.65	Tartarugas Solidarias
3452	TITO FERREIRA DOS SANTOS	M	4173	00:32:48.00	00:55:11.13	01:00:28.96	
3453	TIAGO FILIPE GONÇALVES OLIVEIRA	M	8361	00:29:01.37	00:59:31.39	01:00:29.02	
3454	MANUEL ANTUNES CABRITA	M	3790	00:31:45.91	00:57:27.03	01:00:29.09	CLUBE MILLENNIUM BCP
3455	NUNO DUARTE FRAZÃO	M	1575	00:29:06.02	00:59:21.76	01:00:29.11	
3456	MARIA RITA E. MAGGIOLI ESTEVES PEREIRA	F	8295	00:30:00.32	01:00:07.41	01:00:29.42	
3457	PEDRO FILIPE ALMEIDA	M	2062	00:28:28.53	00:58:47.60	01:00:29.53	Bifanas de Corrida
3458	GONÇALO FLORINDO	M	8699	00:31:31.58	00:58:35.75	01:00:29.71	Peugeot
3459	PEDRO LOUREIRO	M	1264	00:31:51.78	00:57:20.66	01:00:29.74	
3460	RUI PEDRO G GOMES PEREIRA	M	3509	00:28:29.43	00:59:04.46	01:00:30.10	
3461	JOÃO MENDES	M	1686		00:59:09.91	01:00:30.11	
3462	ADEMAR PEREIRA	M	1878	00:31:13.27	00:57:18.24	01:00:30.38	
3463	EDMUNDO PEREIRA SIMOES	M	2952	00:31:21.11	00:58:17.79	01:00:30.47	
3464	HUGO VENÂNCIO	M	6216	00:29:50.49	00:59:17.85	01:00:30.48	SS CGD
3465	HUGO SANTOS	M	5049	00:34:12.22	00:56:25.64	01:00:30.73	
3466	MÁRIO FREITAS	M	10059	00:27:27.10	01:00:28.06	01:00:30.80	
3467	PAULO JOAQUIM SOUSA FERNANDES	M	764	00:29:02.63	00:59:21.31	01:00:30.98	
3468	NUNO ROCHA	M	6359	00:30:30.85	00:58:02.74	01:00:31.14	
3469	MÓNICA VEIGA	M	9589	00:30:22.05	00:59:21.82	01:00:31.20	
3470	JOÃO FIGUEIREDO	M	2881	00:29:46.28	00:59:26.60	01:00:31.20	Câmara Lisboa Clube
3471	VITOR MANUEL GUERREIRO GERMANO GRILO	M	8416	00:32:10.21	00:57:58.31	01:00:31.39	
3472	CRISTINA MARIA DOS SANTOS CAETANO	F	3876	00:30:55.68	00:59:22.77	01:00:31.93	Ginásio Clube Português
3473	TERESA PAULA AIRES GONÇALVES GARCIA	F	4278	00:30:56.05	00:59:24.30	01:00:32.03	Ginásio Clube Português
3474	BRUNO MOÇO MILITÃO	M	301	00:28:45.48	00:59:41.27	01:00:32.03	
3475	RICARDO DIMAS	M	1749	00:31:40.73	00:57:05.41	01:00:32.12	
3476	DINORA MENDONÇA	F	5252	00:30:55.91	00:59:25.01	01:00:32.33	Ginásio Clube Português
3477	PEDRO VALE	M	8487	00:28:07.02	01:00:22.56	01:00:32.65	Colt
3478	RITA PINTO	F	2395	00:31:45.78	00:57:35.12	01:00:32.72	
3479	DANIEL FREIRE	M	7450	00:32:41.73	00:55:32.07	01:00:32.92	
3480	DAVID MARTINS	M	9555	00:29:59.70	00:58:31.65	01:00:32.97	Sportzone
3481	BRUNO FIGUEIREDO	M	2762	00:33:03.79	00:54:24.76	01:00:33.13	Figueiredo
3482	MADALENA CANINAS	F	1540	00:30:47.34	00:58:45.10	01:00:33.46	
3483	MARIO PIRES	M	3120	00:29:20.29	00:59:41.02	01:00:33.55	
3484	FILIPE ROQUE	M	2468	00:33:59.30	00:55:23.36	01:00:33.60	
3485	CARLOS SEMEDO	M	8486	00:28:06.93	01:00:22.22	01:00:33.75	Colt
3486	QUITERIA DA CRUZ MATOS	F	6354	00:31:21.14	00:58:30.17	01:00:33.99	
3487	CÁTIA CRUZ	F	1757	00:30:02.30	00:58:42.47	01:00:34.15	fast and furious
3488	ABEL COSTA	M	1206	00:28:31.47	00:59:51.94	01:00:34.18	Walking dead's
3489	ANGELO SIVA	M	4222	00:29:15.71	00:59:59.03	01:00:34.52	
3490	MARIA DE LURDES ANTONIO	F	7719	00:30:50.95	00:58:44.18	01:00:34.76	
3491	AUGUSTO CARIA	M	279	00:28:57.45	00:58:47.44	01:00:34.80	Margil
3492	JOSE RAPOSO	M	456	00:31:29.38	00:58:30.39	01:00:35.08	
3493	PEDRO MARTINS	M	2287	00:27:00.77	00:59:24.45	01:00:35.77	
3494	MARIO VITORIA	M	3011	00:32:42.01	00:55:33.74	01:00:36.08	
3495	SANDRA MARQUES	F	519	00:31:05.90	00:57:08.84	01:00:36.54	Os Conta-Kilómetros
3496	NUNO JOSE BRUNHETA PEDRO	M	3830	00:30:48.03	00:57:44.41	01:00:36.86	
3497	SÍLVIA SANTOS	F	8225	00:30:47.15	00:57:56.56	01:00:36.94	Correr Lisboa
3498	CARLOS CANDEIAS	M	4348	00:29:25.40	01:00:00.30	01:00:36.99	Açoreana Clube Banif
3499	JOSÉ MARQUES	M	1991	00:30:25.77	00:59:33.64	01:00:37.07	
3500	MARIA ESPERANÇA	F	6251	00:31:08.79	00:58:37.71	01:00:37.22	
3501	LILIANA ANDRADE	F	4371	00:29:25.32	01:00:02.23	01:00:37.91	Açoreana Clube Banif
3502	TOMAS JACOBSSON	M	7515	00:28:57.22	00:59:20.04	01:00:38.06	
3503	MANUEL DUARTE LADEIRAS MINHOTO	M	8013	00:30:18.24	00:58:00.26	01:00:38.46	
3504	MARIA CARMO SANTOS RODRIGUES	F	3777		01:00:38.50	01:00:38.50	CLUBE MILLENNIUM BCP



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3505	JOÃO AGOSTINHO	M	6105	00:32:26.93	00:54:43.69	01:00:38.62	OS PASSOS
3506	CRISTINA CUNHA	F	1195	00:29:27.94	00:59:40.13	01:00:38.72	Correr Lisboa
3507	CÉSAR CARA-LINDA	M	8736	00:28:39.46	00:59:44.16	01:00:39.07	
3508	PEDRO MANUEL RIBEIRO DELGADO	M	3736	00:30:36.22	00:59:00.95	01:00:39.44	CLUBE MILLENNIUM BCP
3509	FILIFE SERRA COSTA	M	1498	00:32:55.55	00:55:56.49	01:00:39.58	
3510	TIAGO MARTINS	M	7739	00:34:40.03	00:55:25.67	01:00:39.92	Ass Para-queadistas Tejo Norte
3511	ANTÓNIO MORGADO	M	5749	00:30:47.64	00:57:57.92	01:00:40.62	Clube ANA Lisboa
3512	CARLOS MORGADO	M	9181	00:29:40.23	01:00:40.04	01:00:40.66	
3513	PEDRO PEREIRA	M	9335	00:31:51.22	00:59:19.66	01:00:40.68	
3514	LUIS MANUEL SANTOS REIS	M	3649	00:32:45.43	00:57:29.98	01:00:40.82	CLUBE MILLENNIUM BCP
3515	ELISABETE MATIAS	F	3868	00:31:09.53	00:58:58.88	01:00:40.88	Troika
3516	JORGE NEVES	M	4726	00:32:04.33	00:58:38.92	01:00:40.93	WINNERS TEAM
3517	RUI MADEIRA	M	640	00:29:17.21	00:58:57.91	01:00:41.06	
3518	PEDRO SÁ	M	4114	00:31:17.16	00:58:05.38	01:00:41.17	
3519	LUIS SANTOS	M	2322	00:29:44.47	00:58:53.47	01:00:41.18	
3520	VANDA SOFIA FERNANDES C ROSA	F	3670	00:30:26.61	00:58:49.02	01:00:41.22	CLUBE MILLENNIUM BCP
3521	GABRIEL LÚCIO	M	7137	00:30:30.38	00:58:05.16	01:00:41.40	
3522	PEDRO DOMINGOS	M	3192	00:30:08.91	00:59:01.86	01:00:41.42	CLUBE GRUPO BES
3523	SUSANA DURO	F	1774	00:32:13.75	00:55:29.01	01:00:41.85	TURBO-LENTO
3524	HASSAM IBRAHIM	M	7425	00:30:33.27	00:58:42.86	01:00:41.90	
3525	ISABEL SANTOS	F	4729	00:31:06.59	00:57:12.71	01:00:41.95	
3526	FERNANDO OLIVEIRA	M	6179	00:31:50.45	00:58:34.41	01:00:42.22	GRD Ribeira da Lage
3527	HENRIQUE GOMES	M	7416	00:31:50.70	00:58:35.62	01:00:42.24	
3528	ALEXANDRE MANUEL BAPTISTA SILVEIRA COSTA	M	5693	00:29:10.16	00:59:45.30	01:00:42.42	
3529	CARLOS DURÃO	M	8759	00:30:26.58	00:58:20.99	01:00:42.56	
3530	JORGE CASINHAS	M	5210		00:58:07.00	01:00:42.88	
3531	JORGE MIGUEL FERREIRA	M	1249	00:29:39.71	00:59:52.89	01:00:42.95	
3532	ADRIANO MACHADO	M	9605	00:28:59.93	00:59:37.78	01:00:43.49	
3533	FILIFE PASSARINHO	M	1162	00:33:23.25	00:54:51.08	01:00:43.59	KENIANOS DO MONTIJO
3534	ANDRÉ CÂNCIO GUIMARÃES	M	464	00:30:27.61	00:59:51.87	01:00:44.06	
3535	CECÍLIA PAULA SILVA OLIVEIRA	F	8090	00:28:55.75	01:00:15.89	01:00:44.06	
3536	NUNO ESPÍRITO SANTO	M	4380	00:30:27.63	00:59:37.46	01:00:44.32	Açoreana Clube Banif
3537	ANTÓNIO JOSÉ AFONSO	M	8146	00:31:42.37	00:59:01.31	01:00:44.34	
3538	RICARDO DE FIGUEIREDO PREGUIÇA	M	6445	00:30:58.28	00:58:28.54	01:00:44.48	
3539	VICTOR RISCADO	M	6793	00:31:20.66	00:58:37.07	01:00:44.51	
3540	JOICE LAVANDOSKI	F	515	00:29:59.31	00:59:31.00	01:00:44.71	
3541	SANDRA MARTINS	F	4402	00:30:29.71	00:59:38.37	01:00:44.73	Açoreana Clube Banif
3542	PEDRO MIGUEL CASTELO SINGÉIS	M	1694	00:32:54.32	00:57:35.68	01:00:44.91	Volkswagen Autoeuropa
3543	CARLA CORREIA	F	3144	00:31:08.92	00:57:15.80	01:00:44.99	CLUBE GRUPO BES
3544	ÉRICA RENATA PEREIRA CARDOSO	F	7044	00:31:18.95	00:59:00.86	01:00:45.00	
3545	SÉRGIO ANTÓNIO NEVES MARTINS	M	7752	00:28:14.95	00:59:35.97	01:00:45.01	
3546	NUNO MIGUEL BONIFÁCIO DA COSTA	M	4915	00:29:08.44	00:58:52.25	01:00:45.12	DSP RUNNING TEAM
3547	CARLOS SEBASTIAO	M	3166	00:31:54.30	00:55:52.43	01:00:45.49	
3548	JOAQUIN MARIA RODRIGUEZ LEON	M	6609	00:30:42.49	00:58:24.15	01:00:46.38	
3549	HUGO GONÇALVES	M	8636	00:31:38.90	00:59:13.41	01:00:46.66	GFD Running
3550	DÁRIO PEREIRA	M	6288	00:33:11.14	00:56:40.44	01:00:46.71	ACADEMIA FITNESS MILITAR, --
3551	JOANA REIMÃO DA SILVA	F	9567	00:30:09.13	00:59:07.29	01:00:46.84	
3552	LUIS GODINHO	M	8330	00:30:42.51	00:58:32.28	01:00:46.87	
3553	DANIEL RENATO MARTINS CARDOSO	M	7043	00:31:18.28	00:59:03.18	01:00:47.12	
3554	JOSE RUIVO	M	492	00:30:00.64	00:59:50.51	01:00:47.62	
3555	FRANCISCO COITO	M	6340	00:29:39.22	00:59:54.50	01:00:47.94	Clube Marginal
3556	ELIANDRO GONÇALVES DA SILVA	M	9325	00:33:55.57	00:57:17.10	01:00:48.33	
3557	DANIEL LEVY LIMA	M	704	00:33:17.52	00:55:24.71	01:00:48.51	
3558	TIAGO CARVALHO	M	4409	00:33:57.82	00:55:33.39	01:00:49.12	Açoreana Clube Banif
3559	JOÃO JOSÉ MARQUES MARTINS	M	8016	00:33:17.38	00:54:03.70	01:00:49.72	
3560	MÁRIO SÁ	M	4838	00:30:58.40	00:59:12.71	01:00:49.75	
3561	LUIS FONSECA	M	4839	00:30:58.39	00:59:13.48	01:00:50.05	
3562	JOSÉ CARLOS SANTOS	M	2107	00:29:09.86	00:59:37.52	01:00:50.67	Treino em Casa
3563	ANA MARIA NETO	F	1263	00:31:16.08	00:58:51.12	01:00:50.83	
3564	SARA VELHO	F	6645	00:29:00.88	01:00:00.78	01:00:51.30	
3565	MIRIAM VISTAS	F	1625	00:32:33.47	00:57:05.89	01:00:51.57	MOVET
3566	EDMUNDO SIMOES	M	2951	00:31:04.06	00:58:40.42	01:00:52.42	
3567	JOAQUIM GAMITO	M	1126	00:30:07.85	00:59:03.94	01:00:53.01	
3568	GABRIEL XAVIER	M	679	00:28:18.81	00:59:29.66	01:00:53.78	
3569	DENISE BERNUCI DA SILVA	F	3229	00:31:33.02	00:59:42.36	01:00:53.82	
3570	PAULA BAKKER	F	3370	00:30:30.04	00:58:56.68	01:00:54.16	Fast & Furious Runners Team
3571	ANA SOFIA PEREIRA DA ROCHA TRANCOSO	F	7315	00:33:19.11	00:54:44.10	01:00:54.40	
3572	EDUARDO VILHENA	M	5243	00:30:58.45	00:58:26.87	01:00:54.43	
3573	MADALENA TEIXEIRA	F	3869	00:31:09.68	00:59:13.26	01:00:55.12	Troika
3574	PEDRO MIGUEL ALÃO CABRITA	M	986	00:32:05.41	00:56:22.79	01:00:55.19	
3575	SÓNIA CRISTIANA DA COSTA GOMES	F	7316	00:33:57.90	00:54:43.24	01:00:55.54	
3576	ROGER NICOLAU	M	9254	00:29:12.37	00:59:59.96	01:00:56.96	Continente
3577	JOSÉ LUÍS GONÇALVES	M	4742	00:29:10.94	00:59:38.57	01:00:57.55	Grupo Desportivo de Barcarena

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3578	MARCO MARTINS	M	281	00:27:56.02	00:59:48.85	01:00:57.90	
3579	JOÃO PEDRO MAGALHÃES	M	1523	00:31:57.66	00:57:13.15	01:00:57.97	
3580	AMÉRICO COSTA	M	7388	00:30:21.03	01:01:00.17	01:01:00.17	
3581	CÁTIA COUVEIRO	F	3211	00:30:59.73	00:58:15.64	01:01:00.60	Correr Lisboa
3582	RICARDO FERREIRA	M	2592	00:30:59.12	00:58:15.87	01:01:01.04	Correr Lisboa
3583	HUGO MAIO	M	9377	00:32:36.76	00:57:05.58	01:01:01.32	
3584	BRUNO ANTUNES	M	7292	00:35:31.75	00:54:23.33	01:01:01.45	
3585	MARCO ANTONIO LUIS GONCALVES DA COSTA	M	8061	00:29:59.11	00:59:12.89	01:01:01.57	
3586	MARIA JOÃO FRANCO	F	4821	00:29:21.65	01:00:28.31	01:01:01.60	Valejas Atlético Clube
3587	NUNO RICARDO M DE O P FILIPE	M	1580	00:31:58.98	00:58:30.31	01:01:01.65	
3588	EVA ROSA	F	8402	00:33:06.96	00:58:09.91	01:01:01.91	Correr Lisboa
3589	MIGUEL ALEXANDRE PAULINO SOBRAL	M	7166	00:29:59.30	00:59:13.86	01:01:02.32	
3590	GONÇALO JOÃO	M	2196	00:30:32.97	00:59:06.77	01:01:02.57	
3591	JOSÉ VICENTE	M	1298	00:32:38.93	00:59:04.77	01:01:03.20	
3592	ANTONIO DUARTE SANTOS	M	3742	00:33:10.14	00:56:37.06	01:01:03.91	CLUBE MILLENNIUM BCP
3593	NUNO FERNANDO MARQUES PAIVA DE ALMEIDA	M	6893	00:32:21.78	00:57:26.56	01:01:04.20	Corre@correr
3594	HERMENIO CUNHA	M	6084	00:33:15.08	00:57:31.59	01:01:04.40	
3595	JOAQUIM CONDE	M	7052	00:30:41.90	00:59:00.20	01:01:04.62	
3596	ODETE NOGUEIRA	F	9587	00:30:21.67	00:59:55.46	01:01:04.68	
3597	MANUEL ANTUNES TEMIDO VIERA DA ROCHA	M	7051	00:31:41.60	00:58:09.52	01:01:04.75	
3598	MANUEL ANTÓNIO VIEIRA DA ROCHA	M	7050	00:31:42.35	00:58:09.44	01:01:04.81	
3599	MÓNICA REBELO	F	4628	00:30:56.33	00:59:01.40	01:01:05.48	ProfitnessRun
3600	VÍTOR ESCÁRIA	M	1016	00:32:17.39	00:56:58.68	01:01:05.86	Escária
3601	CRISTINA C CENTURIO LOURENCO	F	3665	00:30:28.17	00:59:57.14	01:01:06.49	CLUBE MILLENNIUM BCP
3602	AUGUSTO SEABRA LOURENCO	M	3664	00:30:26.77	00:59:57.04	01:01:06.64	CLUBE MILLENNIUM BCP
3603	TIAGO GUERRA MARQUES	M	5779	00:29:18.74	01:00:02.11	01:01:07.26	
3604	MARINA MARTINS	F	597	00:31:17.00	00:57:12.61	01:01:07.33	Xerox Roadrunners
3605	JOSÉ MANUEL MARTINS MARQUES	M	5780	00:29:18.97	01:00:02.97	01:01:07.49	
3606	MARCO LEBRE	M	8435	00:31:37.44	00:59:38.92	01:01:07.99	EXP!
3607	FILIPE RAMOS	M	4625	00:29:05.53	00:59:41.41	01:01:08.43	
3608	JOAO PAULO SILVA	M	1952	00:29:22.31	00:59:52.03	01:01:09.27	
3609	ALEXANDRE RODRIGUES	M	1648	00:29:48.15	01:00:19.96	01:01:10.34	
3610	NELITO CALIXTO	M	8291	00:31:01.38	00:59:09.77	01:01:10.42	
3611	SÓNIA ALCOBIA	F	1513	00:33:06.77	00:56:36.68	01:01:10.70	
3612	VERA NEVES	F	7646	00:30:32.03	00:58:36.46	01:01:11.25	Chitas de Alcobça
3613	NUNO PITTA	M	1247	00:32:41.56	00:56:37.81	01:01:11.61	
3614	PEDRO MIGUEL MACHADO	M	2648	00:31:04.66	00:59:39.83	01:01:11.81	
3615	GONÇALO NOVO	M	2003	00:34:49.33	00:53:18.81	01:01:11.89	Reumaticos em Movimentos
3616	NUNO CORDEIRO	M	5925	00:30:33.33	00:59:35.49	01:01:12.69	CD Salwaterrense/CME
3617	PATRICIA CAMILO SANTOS	F	5538	00:31:56.85	00:56:34.36	01:01:13.66	INDEG
3618	NUNO SALGUEIRO ANTUNES	M	1700	00:31:55.89	00:56:33.94	01:01:13.78	
3619	BRUNO MIGUEL JACOB	M	5299	00:29:49.46	00:59:47.37	01:01:14.46	
3620	PEDRO LOPES	M	8781	00:33:09.89	00:56:17.52	01:01:14.67	Run Buddy Run
3621	CESAR JOAQUIM FELIX RODRIGUES	M	8772	00:33:10.34	00:56:17.64	01:01:14.72	Run Buddy Run
3622	SÓNIA NOBRE	F	5237	00:29:59.72	01:00:17.52	01:01:15.17	HP CLUB
3623	PEDRO CARVALHAIS	M	8877	00:31:39.26	00:59:28.52	01:01:15.29	Escuteiros 297 Algés
3624	BRUNO MANUEL TEIXEIRA ALVES	M	1520	00:33:13.64	00:57:28.82	01:01:15.83	
3625	RUI MANUEL PALMELA CRUZ	M	1521	00:33:13.57	00:57:29.60	01:01:15.93	
3626	VANDA JESUS	F	3356	00:30:49.12	00:59:19.74	01:01:16.06	Falcões Selvagens
3627	RUI MIGUEL LEITÃO NEVES FAZENDEIRO	M	5565	00:31:42.18	00:57:07.58	01:01:16.15	INDEG
3628	LAURA CARMENATES	F	3813	00:29:57.93	01:00:21.28	01:01:16.28	
3629	ANA PAULA ALVES	F	8878	00:29:36.32	01:00:12.78	01:01:16.61	Escuteiros 297 Algés
3630	CARLOS FRANCO	M	3088	00:32:29.17	00:58:41.78	01:01:16.84	
3631	ANTONIO FRANCO	M	7086	00:32:45.90	00:56:32.53	01:01:16.98	
3632	JOSE LUIS OLIVEIRA	M	334	00:29:01.87	01:00:07.54	01:01:17.10	
3633	TIAGO MANUEL MENDES	M	3679	00:32:26.38	00:58:38.43	01:01:17.15	CLUBE MILLENNIUM BCP
3634	ROSÁRIO FIGUEIRAL	F	6166	00:30:31.20	00:59:54.95	01:01:17.25	
3635	JOÃO CARITA CALDEIRA	M	3100	00:32:28.19	00:58:42.92	01:01:17.88	
3636	JOSÉ FRANCISCO COSTA MARQUES	M	3737	00:31:16.32	00:58:33.43	01:01:18.80	CLUBE MILLENNIUM BCP
3637	JOÃO CARLOS MOTA	M	4814	00:31:17.06	00:58:33.60	01:01:18.92	
3638	RUI PIRES	M	5621	00:28:27.47	01:00:55.20	01:01:18.98	GRD Ribeira da Lage
3639	JOSÉ VELOSO	M	1567	00:30:34.23	00:59:20.47	01:01:19.19	
3640	JORGE ZAMBUJO	M	5078	00:28:40.15	00:59:52.99	01:01:20.03	
3641	PAULO NETO LEITE	M	7657	00:30:17.58	00:59:49.18	01:01:20.26	
3642	ANTÓNIO ALBERTO FERNANDES	M	3631	00:30:43.41	01:00:36.59	01:01:20.44	
3643	HENRIQUETA MAJOR	F	9309	00:29:01.34	01:01:15.32	01:01:20.89	
3644	AMARO P SOUSA	M	2553	00:31:08.40	00:59:27.89	01:01:20.93	
3645	RUI FERREIRA	M	9583	00:32:24.22	00:57:25.62	01:01:21.02	
3646	ANTÓNIO GONÇALVES	M	6187	00:30:40.53	00:59:23.92	01:01:21.17	
3647	RUI SÉRGIO FERNANDES BRANCO	M	3501	00:31:18.37	00:57:39.07	01:01:21.65	VdAtletas
3648	RICARDO REIS	M	230	00:31:12.60	00:59:45.36	01:01:22.49	
3649	ANA DIAS	F	8775	00:30:30.30	00:59:47.18	01:01:22.57	
3650	MIGUEL BELO	M	507	00:30:42.30	00:59:11.77	01:01:22.87	Os Económicos + AP Gulbenkian

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3651	RICARDO MIRANDA	M	4190	00:30:45.10	00:59:32.34	01:01:22.91	
3652	CARLOS PEREIRA	M	5104	00:29:18.40	01:00:55.80	01:01:22.95	Ass. Atletismo Lebres do Sado
3653	ALEXANDRE SCHEDEL	M	3345	00:30:11.87	00:59:40.99	01:01:23.38	Road Runners
3654	MARIANA TAVARES	F	4932	00:30:26.40	00:59:51.11	01:01:23.38	SERUL
3655	JOSÉ MANUEL AMARAL FERNANDES	M	5511	00:31:36.64	00:56:45.43	01:01:24.58	INDEG
3656	DANIEL ALEXANDRE COSTA	M	6855	00:29:48.80	01:00:25.53	01:01:24.65	
3657	MANUEL EDUARDO SOBREDA BARBIERI CARDOSO	M	7232		00:57:56.91	01:01:25.12	
3658	JOSÉ CHAVES	M	2916	00:34:37.27	00:56:10.19	01:01:25.22	Grupo corrida Joaquim Chaves S
3659	CRISTIANA NEVES	F	7775	00:32:43.27	00:55:48.81	01:01:25.84	
3660	MARCOS LEONARDO	M	3161	00:31:48.53	00:58:51.83	01:01:26.45	
3661	GONÇALO BRITO INFANTE	M	8397	00:32:03.29	00:59:06.94	01:01:27.05	
3662	RUI FELICIO	M	8524	00:31:51.03	00:58:38.67	01:01:27.39	
3663	PEDRO VIEIRA	M	8014	00:32:06.24	00:58:24.52	01:01:27.63	
3664	TIAGO NOBRE	M	6311	00:29:35.95	01:00:17.02	01:01:28.06	
3665	FLÁVIO BATISTA	M	1141	00:32:21.37	00:59:49.52	01:01:28.27	
3666	BRUNO DIAS	M	996	00:29:12.40	01:00:17.27	01:01:28.45	
3667	PAULO FONSECA	M	8700	00:31:31.56	00:59:35.18	01:01:28.64	Peugeot
3668	ODÍLIA MARIA FERNANDES PEREIRA	F	2589	00:31:03.10	00:59:05.39	01:01:29.46	Tartarugas Solidarias
3669	VANUZA ALVES GRAÇA DA SILVA	F	8575	00:30:26.43	00:59:55.23	01:01:29.71	
3670	ANDRÉ ALMEIDA	M	7270	00:29:52.66	01:01:09.15	01:01:29.87	Lá Vão... de Almeirim
3671	SÓNIA MARIA SALTA REI	F	8386	00:32:05.49	00:59:52.30	01:01:29.90	
3672	CARLOS SALGUEIRO	M	2775	00:30:03.23	01:01:30.24	01:01:30.24	
3673	ANTÓNIO GUERREIRO	M	5265	00:32:05.33	00:59:53.46	01:01:30.91	Grupo Desp. Roche Portugal
3674	NELSON FERREIRA	M	1441	00:32:47.97	00:57:10.70	01:01:30.94	
3675	MARTA MOTA	F	2666	00:32:27.59	00:56:34.63	01:01:30.98	Treino em Casa
3676	CLARA MAGALHÃES	F	8813	00:31:57.68	00:59:52.85	01:01:31.36	
3677	MANUEL DA SILVA ARSÉNIO	M	927	00:31:12.56	00:59:55.32	01:01:31.46	
3678	PEDRO LEITÃO	M	9225	00:32:11.71	00:58:22.44	01:01:32.77	
3679	RITA MARQUES	F	8119	00:33:31.07	00:55:55.17	01:01:33.13	
3680	BRUNA BARBARA SANTOS	F	8568	00:32:52.56	00:57:27.74	01:01:33.87	ACADEMIA FITNESS MILITAR
3681	LUIS VIEIRA	M	4185	00:31:25.37	01:00:05.26	01:01:33.94	
3682	RICARDO MARQUES	M	2170	00:32:52.42	00:57:51.45	01:01:33.98	
3683	SILVIA CORRALES	F	4477	00:31:00.48	00:59:40.66	01:01:34.40	GRD Os Fixes
3684	JOÃO PEREIRA	M	6043	00:28:41.67	00:59:55.03	01:01:34.72	GDC Porto de Sines
3685	MARIO DELGADO	M	7192	00:31:27.79	00:58:47.82	01:01:35.11	St. Julian's Team
3686	CARLOS MARQUES	M	1699	00:29:30.89	01:00:22.73	01:01:35.47	
3687	ALBERTO MARTINHO	M	8593	00:29:12.08	01:00:25.49	01:01:35.82	
3688	VITOR SALVADOR	M	2508	00:32:08.41	00:58:44.93	01:01:36.33	
3689	LUIS DIAS	M	4487	00:31:00.51	00:59:42.04	01:01:36.47	GRD Os Fixes
3690	PATRICIA RUSSO	F	2933	00:32:29.86	00:56:27.52	01:01:36.50	Grupo corrida Joaquim Chaves S
3691	FERNANDO CORREIA	M	1344	00:30:38.55	00:59:36.63	01:01:36.87	
3692	TERESA CARDOSO	F	7136	00:32:24.26	00:56:52.90	01:01:36.94	
3693	CATARINA DIAS	F	7138	00:32:24.33	00:56:53.05	01:01:37.32	
3694	SARA SILVA	F	3535	00:30:31.81	00:59:21.47	01:01:38.00	Chitas de Alcobaça
3695	JOSÉ SARAIVA	M	6048	00:30:40.70	00:58:56.29	01:01:38.17	Correr Lisboa
3696	PAULO MACHADO	M	8383	00:30:40.46	00:58:56.24	01:01:38.21	Correr Lisboa
3697	CARLOS MUESTRA	M	7970	00:33:56.00	00:55:32.40	01:01:38.62	Starfish
3698	JOAO ROXO	M	8448	00:26:55.85	01:00:50.82	01:01:38.82	
3699	JOSÉ MARIA JONET	M	8754	00:30:07.43	00:59:15.63	01:01:38.86	Tabaqueira
3700	ISABEL MARIA JONET	F	8755	00:30:10.50	00:59:16.15	01:01:38.96	Tabaqueira
3701	POSSIDONIO CACHAPA	M	9795	00:31:21.81	00:59:43.48	01:01:39.23	
3702	RITA BENTES	F	3621	00:31:54.25	00:59:50.44	01:01:40.14	QUARTETO
3703	TIAGO MIGUEL CARDOSO DA GRAÇA	M	4600	00:28:34.71	01:01:12.51	01:01:40.17	
3704	ANTÓNIO MEDALHAS FERREIRA	M	3283	00:31:17.81	00:59:37.96	01:01:40.28	
3705	RUI DUARTE	M	598	00:29:22.80	01:00:40.34	01:01:40.32	Xerox Roadrunners
3706	PEDRO CORREIA	M	1345		00:59:40.23	01:01:41.14	
3707	SÉRGIO MIGUEL ROCHA FERREIRA	M	483	00:29:43.50	01:00:36.77	01:01:41.15	
3708	ANDREIA MARTINS GONÇALVES	F	2793	00:31:54.97	00:58:58.24	01:01:41.42	
3709	ANA CORTES	F	9229	00:31:12.44	01:00:18.52	01:01:41.82	
3710	CLAUDIA ABREU	F	6913	00:31:39.58	00:59:26.75	01:01:42.88	
3711	LEONIA CEBAN	F	3817	00:30:58.49	01:00:14.49	01:01:42.93	
3712	BERNARDO FERRAO	M	3366	00:32:06.26	00:59:39.82	01:01:43.10	
3713	MARIA MAGALHÃES	F	5067	00:30:23.45	01:00:04.53	01:01:43.10	GRCD Leião
3714	ANTÓNIO PEREIRA	M	2426	00:29:00.57	00:59:56.46	01:01:43.45	Zangões
3715	PEDRO SILVA E SOUSA	M	7755	00:29:22.77	01:00:31.87	01:01:43.48	Correr Lisboa
3716	CARLA REBELO	F	5261	00:31:30.44	01:00:11.07	01:01:44.89	Grupo Desp. Roche Portugal
3717	ANDRÉ LUIZ GOMES	M	6984	00:29:33.34	01:00:49.21	01:01:45.31	Ginásio Clube Português
3718	DÁRIO MADEIRA	M	7741	00:31:47.52	00:57:15.62	01:01:45.34	
3719	SOFIA GOMES	F	7967	00:33:55.46	00:55:39.42	01:01:45.71	Starfish
3720	JORGE VERGA MATOS	M	353	00:32:29.63	00:57:16.26	01:01:45.73	
3721	RAQUEL SANTOS	F	5554	00:33:13.50	00:57:21.61	01:01:45.75	INDEG
3722	LUIS CARREIRAS	M	6788	00:33:07.83	00:58:33.92	01:01:45.81	
3723	GABRIEL CASTRO	M	8739	00:28:24.37	01:00:47.29	01:01:45.87	Tabaqueira

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3724	NUNO FERNANDES	M	7968	00:33:55.93	00:55:38.83	01:01:46.06	Starfish
3725	JOÃO VASCO SARAMAGO FLORENCIA	M	5507	00:33:14.13	00:57:21.77	01:01:46.14	INDEG
3726	JOÃO SANTOS	M	7424	00:32:41.56	00:59:35.30	01:01:46.30	
3727	ANDRÉ PEREZ ROCHA	M	7547	00:29:29.50	01:00:36.08	01:01:46.42	BP2SEA III
3728	ALEXANDRE SOUSA	M	5068	00:30:16.41	00:59:55.23	01:01:46.47	GRCD Leão
3729	JOÃO BARROS	M	5034	00:30:34.42	00:59:33.04	01:01:46.53	
3730	JOSÉ BOTAS	M	1004	00:31:49.82	01:00:26.44	01:01:47.40	
3731	PEDRO GUILHERME	M	8798	00:31:41.42	01:00:38.76	01:01:48.24	
3732	PEDRO MARTINS	M	7696	00:29:05.48	01:01:44.86	01:01:48.47	BMW
3733	SÉRGIO FLORINDO	M	8704	00:31:31.58	00:59:55.74	01:01:48.98	Peugeot
3734	EUGÉNIA DAVID	F	4646	00:29:58.87	01:01:32.12	01:01:49.12	Ginásio Vivência Explosiva
3735	PAULO DELGADO	M	6629	00:32:26.78	00:58:10.39	01:01:49.24	
3736	VIRGILIO MATA	M	363	00:31:38.93	01:00:18.59	01:01:50.09	
3737	NUNO MIGUEL DIAS	M	8373	00:29:10.54	01:00:31.74	01:01:50.63	
3738	GONÇALO SEABRA	M	9215	00:32:10.81	00:57:39.75	01:01:50.72	
3739	LUÍS CARLOS RATO SILVA	M	2278	00:33:27.01	01:01:50.89	01:01:50.89	UDFAC
3740	ANABELA SOUSA	F	7973	00:31:32.75	01:00:16.32	01:01:51.70	
3741	MÁRCIO SILVA	M	8853	00:30:38.53	00:58:07.94	01:01:51.88	Infosistema RunningTeam
3742	MANUEL SERGIO FELIX RIBEIRO	M	7616	00:31:04.62	00:58:26.36	01:01:52.50	
3743	JOSÉ VALE	M	1151	00:29:32.26	01:00:57.54	01:01:52.61	
3744	TIAGO SANTOS	M	8307	00:33:11.61	00:56:59.09	01:01:53.87	
3745	JOÃO FILIPE MATOSINHOS DINIS	M	8529	00:33:40.46	00:56:07.93	01:01:54.06	
3746	CARLOS HORTA	M	8242	00:29:51.08	01:00:16.29	01:01:54.11	
3747	LUIS MIGUEL CAMPOS	M	4264	00:32:51.35	00:58:08.36	01:01:54.25	
3748	NUNO MARTINS	M	3085	00:31:01.51	01:00:30.82	01:01:54.57	
3749	MARGARIDA INÊS OLIVEIRA	F	5523	00:30:43.64	01:00:36.96	01:01:54.62	INDEG
3750	URSULA WATSON	F	7193	00:31:21.96	00:59:39.77	01:01:54.76	St. Julian's Team
3751	FRANCISCO MANUEL NORONHA	M	3497	00:32:33.38	00:56:50.52	01:01:55.00	VdAtletas
3752	NUNO DUARTE RAMOS	M	2586	00:31:23.09	00:59:05.18	01:01:55.20	Correr Lisboa
3753	CARLOS COSTA	M	3551	00:33:16.01	00:57:02.16	01:01:55.35	C.A. Amigos Parque da Paz
3754	CARLA SUSANA FERNANDES	F	866	00:32:22.71	00:59:05.30	01:01:56.63	CCDT do Município de Odivelas
3755	TOMÁS MIGUEL DOS SANTOS OLIVEIRA	M	8149	00:29:44.44	01:00:09.42	01:01:57.62	
3756	ISABEL FERREIRA	F	293	00:33:21.09	00:59:11.74	01:01:57.85	Clube Desportivo TCPI
3757	MARIA JOSÉ VIEGAS	F	1438	00:29:44.03	01:01:53.51	01:01:57.93	
3758	SANDRA OLIVEIRA	F	5708	00:33:44.63	00:57:23.25	01:01:58.42	
3759	PEDRO ALFERES	M	5987	00:32:31.02	00:57:11.03	01:01:58.50	
3760	NUNO MIGUEL MONTEIRO MENDES	M	3271	00:30:49.41	01:00:38.44	01:01:58.98	
3761	OLGA MARIA COSTA BORGES	F	3872	00:33:05.18	00:57:40.71	01:01:59.24	
3762	MÁRIO REIS	M	336	00:28:56.25	01:01:09.63	01:01:59.57	
3763	ROSÁRIA SOFIA FERREIRA DA SILVA	F	4871	00:33:20.54	00:58:30.13	01:01:59.79	
3764	JOSÉ L. FERREIRA	M	365	00:30:39.65	01:00:37.50	01:02:00.01	
3765	SARA CRISTO E SILVA	F	7389	00:32:23.73	00:59:09.61	01:02:00.55	Correr Lisboa
3766	NUNO SALVADOR	M	886	00:32:08.13	00:59:21.06	01:02:00.95	
3767	BRUNO PAIS	M	8950	00:27:42.60	01:00:27.36	01:02:00.99	
3768	SOFIA FERREIRA	F	4188	00:29:48.47	01:01:56.82	01:02:01.46	
3769	BRUNO DIAS	M	5218	00:29:22.37	01:00:33.63	01:02:01.77	HP CLUB
3770	MARK RIBEIRO	M	4652	00:32:36.87	01:01:45.33	01:02:01.93	Ginásio Vivência Explosiva
3771	FERNANDO SEBASTIÃO	M	2152	00:31:37.55	00:59:53.88	01:02:02.17	
3772	ANACLETO DOS SANTOS ALVES	M	7326	00:32:18.44	00:57:51.92	01:02:02.34	
3773	NATALINA SOBREIRA	F	8430	00:31:43.18	00:59:28.03	01:02:02.90	Chitas de Alcobça
3774	JACINTA ALMEIDA	F	4849	00:31:49.82	01:00:54.69	01:02:03.07	Grupo Desportivo de Barcarena
3775	SÉRGIO PIRES SANTOS	M	8067	00:33:34.81	00:56:05.83	01:02:03.87	
3776	MARTA ALBUQUERQUE	F	928	00:30:36.90	01:00:44.82	01:02:04.45	Clube Desportivo da Novabase
3777	ANTÓNIO QUINTAS	M	7017	00:32:58.84	00:57:55.70	01:02:04.68	CLUBE ACCENTURE
3778	JUDITE VIEGAS	F	7593	00:32:44.62	01:01:36.49	01:02:05.38	
3779	JORGE VIEIRA	M	4345	00:30:41.75	01:01:00.62	01:02:05.56	Açoreana Clube Banif
3780	ROGÉRIO FERNANDES	M	6514	00:32:57.36	00:57:04.55	01:02:05.76	Angry Runners
3781	JOÃO JOTA FERNANDES	M	4363	00:30:41.28	01:01:03.70	01:02:05.76	Açoreana Clube Banif
3782	JOSÉ PAVÃO	M	4369	00:30:16.85	01:00:14.40	01:02:05.81	Açoreana Clube Banif
3783	SANDRA ARRAIAS	F	214	00:32:34.14	00:57:49.47	01:02:05.86	
3784	CARLOS A. B. MARTINS	M	5965	00:30:27.50	00:59:57.64	01:02:06.46	
3785	FRANCISCO ACOSTA	M	9606	00:29:37.15	01:01:00.80	01:02:06.70	
3786	JOÃO FILIPE RODRIGUES	M	4035	00:31:44.83	00:58:52.31	01:02:07.04	CCD TRANQUILIDADE
3787	MATTEO BERGAMO	M	1802	00:31:38.46	00:58:51.72	01:02:07.09	
3788	PEDRO PIRES	M	2141	00:33:21.40	00:59:17.38	01:02:07.39	Pés de Chumbo
3789	GONCALO SOARES SERRANO	M	3688	00:29:39.86	00:59:55.16	01:02:07.65	CLUBE MILLENNIUM BCP
3790	CARLOS CATARINO	M	9172	00:29:04.87	01:02:07.17	01:02:07.87	
3791	ANDRÉ COELHO	M	6196	00:30:32.54	00:59:34.57	01:02:08.55	SS CGD
3792	LUIS SOUSA MONTEIRO	M	4912	00:30:56.52	01:00:14.07	01:02:09.14	
3793	DUARTE NUNO ALVES MARTELO	M	5123	00:30:44.80	00:59:31.68	01:02:10.05	
3794	RICARDO SILVA	M	8558	00:34:13.08	00:58:06.72	01:02:10.71	
3795	ANDREIA MENDES	F	5246	00:34:13.38	00:58:06.58	01:02:10.95	
3796	ISABEL PEREIRA	F	8556	00:32:32.83	00:59:50.38	01:02:11.54	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3797	AMADEU CARVALHO	M	1649	00:34:07.14	00:56:26.73	01:02:12.78	
3798	PEDRO MACIAS	M	10007	00:29:25.39	01:01:59.99	01:02:13.23	Sumol Compal
3799	MARIO JOSÉ DOS SANTOS ÂNGELO	M	1693	00:31:25.44	00:59:45.59	01:02:13.50	
3800	HELDER COELHO	M	4532	00:31:38.29	01:00:28.42	01:02:13.70	Toca Runners
3801	RITA MARIA COSTA RIJO DA SILVA	F	6711	00:31:14.37	01:00:29.64	01:02:13.84	
3802	DÁRIO GUILHERME MENDONÇA TOMÉ	M	2221	00:31:34.89	00:59:40.04	01:02:14.06	
3803	CARLA COSTA	F	9014	00:31:28.92	01:00:48.40	01:02:14.73	
3804	DIOGO SOARES	M	5752	00:33:15.65	00:56:42.47	01:02:15.40	Clube ANA Lisboa
3805	MARIA VARGAS	F	9161	00:30:44.49	00:59:54.55	01:02:15.51	
3806	JOSÉ PEDRO SANTOS SILVA	M	4191	00:33:38.23	00:57:31.28	01:02:15.65	
3807	TIAGO SILVA	M	8442	00:31:36.92	01:00:57.94	01:02:15.72	Georunners
3808	HELDER MARQUES CORREIA DA SILVA	M	4581	00:31:10.09	00:59:45.02	01:02:17.00	
3809	LUIS ALEXANDRE SOBRAL PINTO	M	1084	00:32:51.18	00:57:55.10	01:02:17.52	
3810	JOAQUIM SIMAO	M	3018	00:31:39.47	01:00:04.67	01:02:17.52	ODEBRECHT PORTUGAL
3811	JOAO PAULO CARVALHO	M	9286	00:31:03.72	01:00:26.43	01:02:17.55	3JJJ, --
3812	JAIME CORREIA	M	6075	00:30:41.40	01:00:44.32	01:02:18.24	
3813	GONÇALO LS MADEIRA	M	6186	00:30:38.06	00:59:33.26	01:02:18.59	
3814	ANDRÉ LOUREIRO DA COSTA	M	1571	00:30:54.03	01:00:23.17	01:02:19.52	
3815	ADRIANO MATOS	F	8916	00:28:30.56	01:02:14.94	01:02:19.84	Pepsico
3816	SÉRGIO SEBASTIÃO	M	2848	00:33:11.06	00:56:19.16	01:02:19.86	4x4, --
3817	SEM DADOS		9927	00:33:04.25	00:59:26.49	01:02:20.16	
3818	VASCO .	M	6723	00:36:33.17	00:50:43.34	01:02:20.76	
3819	LUIS ALMEIDA DINIS	M	4174	00:31:12.63	01:00:35.18	01:02:20.84	
3820	DANIEL SIMOES	M	2847	00:33:10.59	00:56:21.49	01:02:21.33	4x4, --
3821	ANTONIO MANUEL ROCHA DA SILVA	M	6036	00:34:10.71	00:55:48.59	01:02:21.51	
3822	TIAGO CAMPOS	M	2133	00:31:55.05	01:00:04.61	01:02:21.81	06:30, --
3823	LEANDRO MIGUEL LOPES ALPEARÇA	M	9275	00:30:30.33	00:59:47.05	01:02:23.05	
3824	MARCELO FERREIRA	M	7203	00:32:41.57	00:58:35.87	01:02:23.54	
3825	CÁTIA ROSALINO	F	5981	00:32:58.60	00:58:55.52	01:02:23.59	
3826	JUDITE BAIXINHO	F	1801	00:32:09.97	00:59:48.05	01:02:23.73	
3827	IVAN MARTINS	M	1883	00:34:27.45	00:58:35.90	01:02:23.88	GIROS ARMADOS EM ATLETISTAS
3828	ANTÓNIO PEREIRA	M	4933	00:32:32.82	00:57:48.28	01:02:24.30	SERUL
3829	CÉSAR LEMOS	M	1145	00:32:21.31	01:00:46.27	01:02:24.30	
3830	SERGIO .	M	820	00:30:55.88	01:02:24.93	01:02:24.93	
3831	FILIPE SOARES ALBERTO	M	7441	00:31:55.09	01:00:08.50	01:02:25.39	
3832	FRANCISCO TOMAS E G TEIXEIRA MOURA	M	4662	00:36:55.30	00:58:33.21	01:02:25.67	
3833	JOÃO CRUZ	M	5198	00:29:38.51	01:00:41.15	01:02:26.55	
3834	PEDRO BOTELHO	M	8508	00:29:38.03	01:00:41.63	01:02:26.98	
3835	RUI RODOLFO GOMES	M	7218	00:28:24.91	01:02:09.12	01:02:28.04	Correr Lisboa
3836	PEDRO SIMÕES	M	2420	00:32:19.65	00:59:54.38	01:02:28.33	CCD Crédito Agrícola Mútuo
3837	TIAGO VICENTE CARVALHO	M	8246	00:30:47.00	00:59:52.04	01:02:28.91	Clube Desportivo da Novabase
3838	ROMÃO VALENTE	M	4504	00:30:58.40	01:00:55.62	01:02:29.40	
3839	ARMINDO MARTINS	M	2560	00:31:58.82	00:58:30.96	01:02:30.08	ACADEMIA FITNESS MILITAR, --
3840	SÓNIA LOUÇÃO	F	8147	00:32:09.86	00:59:32.08	01:02:30.59	
3841	JOAQUIM VENANCIO	M	4514	00:33:01.00	00:56:53.08	01:02:30.87	Clube OGMA
3842	JOANA ENCARNANÇA	F	7287	00:31:56.17	00:59:42.76	01:02:31.17	
3843	JAIME MANUEL CALDEIRA GATO	M	4706	00:32:46.73	00:58:10.81	01:02:31.70	
3844	CARLA DOS SANTOS MENDES	F	3272	00:30:50.05	01:01:11.81	01:02:32.38	
3845	JOSÉ GRAÇA VALENTIM	M	2613	00:32:51.71	00:59:58.66	01:02:32.42	CLUBE COLABORADORES AXA
3846	JOSÉ MANUEL SOUSA SERRA	M	7686	00:32:48.05	00:59:26.25	01:02:32.46	
3847	VICTOR JOSÉ RAMOS	M	4863	00:32:51.53	00:59:39.55	01:02:32.49	CLUBE COLABORADORES AXA
3848	KÁTIA MARTIN	F	4168	00:34:28.76	00:55:24.21	01:02:32.59	
3849	ELISABETE COSTA	F	2750	00:31:08.44	01:00:41.21	01:02:32.64	
3850	EMÍDIO CARRAPEIRO	M	4226	00:31:37.60	01:01:18.89	01:02:32.82	Dor de Burro
3851	PEDRO FILIPE RODRIGUES	M	1287	00:32:12.07	01:00:34.93	01:02:33.04	
3852	DIOGO GONÇALO DE OLIVEIRA MARQUES	M	9017	00:32:17.81	00:57:04.89	01:02:33.18	
3853	ANDRÉ MORGADO	M	7395	00:34:32.30	00:58:03.33	01:02:33.64	
3854	RUI CARVALHO	M	606	00:33:01.68	00:59:48.82	01:02:33.93	
3855	OLGA FIGUEIREDO	F	7393	00:34:11.99	00:57:57.68	01:02:34.13	
3856	RITA ROMERO	F	874	00:31:34.11	01:00:39.51	01:02:34.27	
3857	CÉSAR MACHADO	M	3492	00:32:39.47	00:58:41.64	01:02:34.80	VdAtletas
3858	CLAIRE ELIZABETH CHEETHAM	F	7900	00:32:35.84	00:59:37.58	01:02:35.02	
3859	JÚLIO CASTRO	M	7175	00:34:21.92	00:58:08.79	01:02:35.89	Clube Atletismo Amigos Belém
3860	PEDRO COELHO	M	1475	00:30:04.45	01:00:15.49	01:02:36.37	
3861	VASCO GONÇALVES VIEIRA	M	5582	00:31:22.74	01:01:29.52	01:02:36.39	INDEG
3862	DANIELA ROQUE	F	2065	00:30:29.27	01:00:19.09	01:02:36.61	
3863	JOANA HELENA FERNANDES TEIXEIRA	F	7490	00:29:20.98	01:01:03.87	01:02:36.92	
3864	MARIA EMA PONTE MARTINHO MENDES RUIVO	F	9117	00:35:36.62	00:54:35.96	01:02:37.05	CP
3865	SÓNIA DIAS	F	1753	00:31:17.79	01:00:03.21	01:02:37.10	TURBO-LENTO
3866	VÂNIA SOFIA SANTO ROQUE	F	6882	00:30:27.56	01:00:20.67	01:02:37.13	
3867	GONÇALO MALHEIRO	M	4244	00:31:38.42	00:59:10.09	01:02:37.24	
3868	FERNANDO SANTOS	M	4017	00:30:34.45	01:02:14.18	01:02:37.93	casa do pessoal do iva
3869	TANIA LUISA SANTO	F	1417	00:31:08.42	01:02:15.74	01:02:38.11	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3870	MIGUEL CUNHA	M	2162	00:29:14.97	01:02:14.38	01:02:38.37	
3871	ARMANDO FILIPE LOPES SOARES DOS REIS	M	5450	00:29:38.59	01:00:42.49	01:02:38.51	INDEG
3872	ADELAIDE MANHIÇA	F	4881	00:30:27.68	01:01:46.13	01:02:38.65	GRCD Leião
3873	MANUEL BOAVIDA	M	757	00:31:39.81	01:01:24.23	01:02:39.18	
3874	PEDRO ROCHETE	M	2804	00:31:30.46	01:00:43.43	01:02:39.34	
3875	PAULO SANTOS	M	377	00:30:44.58	00:58:55.82	01:02:39.68	
3876	HUGO PEREIRA EVANGELISTA	M	6349	00:28:37.44	01:01:29.60	01:02:40.71	BP2SEA
3877	ANTÓNIO GONÇALVES	M	4929	00:32:32.77	00:58:05.38	01:02:40.76	SERUL
3878	LUJGERO CALDEIRA	M	4016	00:30:34.05	01:02:18.62	01:02:41.78	casa do pessoal do iva
3879	JOÃO INFANTE	M	1007	00:31:50.74	01:00:12.74	01:02:42.17	
3880	LUIS MIRA	M	1996	00:29:04.19	01:02:19.09	01:02:42.27	
3881	MIGUEL PEIXOTO	M	8706	00:34:26.89	00:56:49.21	01:02:42.46	Peugeot
3882	SÉRGIO TAVARES	M	1436	00:31:09.56	01:00:14.29	01:02:43.76	CCD Crédito Agrícola Mútuo
3883	RICARDO RODRIGUES	M	5196	00:32:15.19	00:59:14.53	01:02:43.89	
3884	ORLANDO JARRA	M	1303	00:32:56.37	00:59:52.90	01:02:44.06	CSP77
3885	ANA CATARINA CARDOSO MONTEIRO	F	4890	00:32:56.84	00:59:52.95	01:02:44.25	CSP77
3886	MARLINE FURTADO	F	2060	00:29:57.53	01:01:08.90	01:02:44.88	
3887	JOANA PUGA	F	6556	00:31:51.73	00:58:42.94	01:02:45.75	
3888	ANTÓNIO AMARAL	M	2061	00:29:58.13	01:01:09.68	01:02:45.76	
3889	PAULA COELHO-DA-SILVA	F	7745	00:33:54.27	00:59:53.57	01:02:46.12	
3890	FILIPE MACHADO	M	8234	00:31:19.99	01:01:20.97	01:02:46.14	
3891	RUI LUCIO	M	7451	00:34:33.89	00:58:36.53	01:02:46.22	Running Geeks
3892	PAULO FIGUEIREDO	M	2622	00:33:39.11	00:59:06.81	01:02:46.58	CLUBE COLABORADORES AXA
3893	CHIARA BEDINI	F	1408	00:32:37.19	00:58:37.89	01:02:46.82	Moamba
3894	RAQUEL BAIA	F	7430	00:32:42.68	01:00:35.15	01:02:46.85	
3895	DIOGO CARVALHO	M	9590	00:30:24.30	01:01:38.32	01:02:47.07	
3896	CATARINA PINTO ARAÚJO	F	3472	00:30:27.68	01:02:16.38	01:02:47.38	
3897	MIGUEL SILVA CRISTINA	M	3808	00:33:48.46	00:59:15.47	01:02:47.41	Miguel's Team
3898	JOÃO SOUSA	M	8380	00:32:09.28	01:00:33.36	01:02:47.60	
3899	NUNO CAMASAO	M	2512	00:31:35.57	01:00:48.23	01:02:47.60	
3900	MAFALDA DIAS	F	4907	00:31:07.19	01:01:31.34	01:02:47.63	Science runners
3901	HUGO DIOGO	M	9388	00:33:14.92	00:55:25.36	01:02:48.50	
3902	MARIA HELENA LOPES	F	6783	00:32:32.02	01:00:12.45	01:02:48.52	
3903	FÁBIO MONTEIRO	M	7003	00:33:31.52	00:57:56.47	01:02:48.59	CLUBE ACCENTURE
3904	PAULO INÁCIO	M	8327	00:32:43.86	00:58:13.05	01:02:48.70	
3905	ALEXANDRA INÁCIO	F	8326	00:32:49.77	00:58:13.43	01:02:49.25	
3906	LUDIMAR GUENDA	M	6174	00:33:08.06	01:00:42.58	01:02:49.41	
3907	VERGILIO TONELO	M	6939	00:33:57.15	00:57:23.15	01:02:49.91	
3908	CARLOS RIBEIRO	M	1534	00:28:25.24	01:01:58.98	01:02:50.63	
3909	MARIA SANTOS	F	4589	00:32:54.97	01:00:06.57	01:02:50.74	Clube Desportivo TCPI
3910	ESMERALDO PEREIRA	M	6209	00:33:56.29	00:58:36.96	01:02:51.12	SS CGD
3911	PEDRO SANTOS	M	2038	00:29:03.76	01:02:29.10	01:02:51.69	
3912	PEDRO SILVA	M	4858	00:33:07.90	01:00:05.97	01:02:51.95	Beletrans S.A.
3913	SOFIA FRAGA	F	8647	00:28:31.20	01:02:19.46	01:02:52.17	GFD Running
3914	OLIVIA LUCAS	F	2740	00:31:49.33	01:01:34.73	01:02:52.33	
3915	VÍTOR ÁLVARO	M	6243	00:28:33.29	01:02:26.48	01:02:52.77	SS CGD
3916	ARIANA PAULO	F	9281	00:32:08.82	01:01:38.73	01:02:53.53	GFD Running
3917	JOSÉ AMARAL	M	7169	00:32:21.55	00:59:42.40	01:02:53.62	
3918	CARLOS TEÓFILO	M	3486	00:33:01.90	01:00:09.44	01:02:54.06	
3919	TOMÁS MIGUEL CUSTODIO DOS SANTOS	M	8716	00:34:54.52	00:57:01.99	01:02:54.16	Peugeot
3920	AURÉLIO CALADO	M	6202	00:32:11.28	00:59:58.34	01:02:55.09	SS CGD
3921	CÁTIA PEDRO	F	1785	00:34:42.79	00:58:25.95	01:02:55.34	gdine
3922	PEDRO RICARDO H. P. DA SILVA	M	6858	00:33:08.94	00:58:22.52	01:02:55.77	
3923	BRUNO ARAGÃO GONÇALVES	M	669	00:33:19.77	00:59:22.17	01:02:55.81	VortalRunners
3924	PAULO SILVA	M	7410	00:32:46.88	00:59:28.03	01:02:55.92	
3925	MANUEL VENÂNCIO	M	8077	00:32:45.28	00:59:25.17	01:02:56.69	
3926	NUNO MIGUEL DA SILVA MATEUS	M	3576	00:31:41.20	00:58:52.23	01:02:56.82	
3927	CARLOS MANUEL MARTINS LOPES	M	6922	00:33:08.40	00:59:13.07	01:02:56.93	
3928	FRANCISCO JOSÉ SANCHES RAFAEL	M	7623	00:32:19.27	01:00:19.38	01:02:57.39	
3929	HUGO PINTO	M	5298	00:31:37.34	01:00:24.33	01:02:57.41	
3930	PATRICIA CAEIRO	F	8076	00:32:45.35	00:59:26.13	01:02:57.61	
3931	ANA .	F	4619	00:33:07.40	00:58:34.29	01:02:57.98	
3932	ALEXANDRE JULIÃO JANICAS	M	6976	00:30:56.37	01:00:18.07	01:02:58.02	Correr Lisboa
3933	SÉRGIO MIGUEL GONÇALVES ARVELO	M	3416	00:32:55.76	01:00:07.36	01:02:58.26	
3934	PAULA ALEXANDRA VEIGA GONÇALVES	F	8453	00:30:59.91	01:01:26.38	01:02:58.66	
3935	VASCO REBELO	M	8839	00:34:48.43	00:57:45.16	01:02:58.99	
3936	CARLOS MARQUES	M	6767	00:28:38.17	01:02:24.81	01:02:59.45	NucleOeiras/SportZONE - ADNO
3937	JOSÉ SANTOS	M	9099	00:31:56.47	00:59:29.93	01:02:59.66	Pernod Ricard Portugal
3938	LEI CHONG HENG	M	3507	00:29:30.07	01:00:00.49	01:03:00.04	VdAtletas
3939	GONCALO SANTOS ALMEIDA	M	5207	00:28:04.10	01:03:00.14	01:03:00.14	
3940	FERNANDO JORGE B SERRANO	M	3687	00:30:03.53	01:00:49.98	01:03:00.57	CLUBE MILLENNIUM BCP
3941	ANTÓNIO EDUARDO MELO COSTA	M	4434	00:30:54.23	01:01:32.39	01:03:00.74	Volkswagen Autoeuropa
3942	BRUNO FERNANDES	M	1993	00:31:44.06	01:00:22.06	01:03:01.16	Falcões Selvagens

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
3943	RAUL .	M	7259	00:32:52.52	00:59:19.95	01:03:02.20	
3944	ANTONIO CARVALHO	M	3134	00:34:59.94	00:59:30.38	01:03:02.75	
3945	MIGUEL ALEXANDRE OLIVEIRA	M	5975	00:31:12.45	01:00:34.85	01:03:02.96	
3946	RUI ARAUJO	M	3127	00:35:42.30	00:56:50.84	01:03:03.24	CCDTMetroLX
3947	FRANCCISCO BATISTA	M	1998	00:34:02.59	00:59:12.09	01:03:03.47	Reumaticos em Movimentos
3948	FILIFE FILIFE	M	8150	00:34:07.81	01:00:48.77	01:03:03.98	
3949	PALMIRA RODRIGUES	F	5007	00:23:41.67	01:03:04.09	01:03:04.09	LINDA-A-PASTORA SPORTING CLUBE
3950	JOSÉ ANTÓNIO DA CRUZ PAIVA E COSTA	M	8039	00:34:35.66	00:59:16.00	01:03:04.47	
3951	SEM DADOS		9852	00:31:20.68	01:01:29.16	01:03:04.71	
3952	ANA CRISTINA M. R. PASSOS	F	1668	00:28:45.18	01:02:48.95	01:03:04.71	
3953	SEM DADOS		9853	00:31:20.15	01:01:29.49	01:03:04.77	
3954	PAULO VIEIRA	M	8044	00:34:34.67	00:59:17.02	01:03:05.17	
3955	JOANA ÁVILA	F	2136	00:33:11.97	00:58:30.49	01:03:05.18	
3956	CARLOS PEREIRA	M	236	00:31:43.37	01:00:14.90	01:03:05.36	
3957	MARIA JOAO CABRAL	F	7072	00:31:49.79	01:01:49.20	01:03:05.71	
3958	JOSÉ MOURA	M	8857	00:31:05.52	01:03:05.74	01:03:05.74	
3959	RICARDO PRATA	M	7358	00:31:03.19	01:01:38.14	01:03:05.86	
3960	PAULA PIRES DE MATOS	F	6887	00:32:21.25	01:00:50.23	01:03:06.06	Dor de Burro
3961	NUNO CAEIRO	M	6659	00:30:40.83	00:59:45.67	01:03:06.83	
3962	CARLOS MANUEL M FERNANDES	M	2181	00:32:07.46	00:58:49.52	01:03:06.88	
3963	RENATO CARREIRA	M	7591	00:31:05.18	01:00:31.04	01:03:07.27	
3964	MÁRIO PIRES	M	6895	00:31:21.79	01:01:48.42	01:03:07.73	
3965	HÉLIO ALVES RIBEIRO	M	8185	00:35:03.79	00:58:09.36	01:03:07.93	
3966	LUIS LOURENÇO	M	7455	00:34:00.54	00:59:16.24	01:03:08.37	Running Geeks
3967	LUIS LOPES	M	8594	00:31:04.67	01:01:34.74	01:03:08.39	TomTom
3968	RUI PEREIRA	M	5766	00:30:31.61	01:02:03.46	01:03:08.63	CD Salvaterrense/CME
3969	PEDRO MIGUEL MORAIS DIOGO VAZ	M	6088	00:29:59.52	01:01:00.38	01:03:09.53	
3970	JOAO DO COUTO	M	6086	00:29:59.59	01:01:00.59	01:03:09.68	
3971	VERÓNICA INÁCIO	F	3067	00:32:38.17	00:59:01.67	01:03:09.95	
3972	CASIMIRO CRISTO	M	3473	00:32:44.50	01:00:30.49	01:03:10.12	
3973	GONÇALO ADRIAO	M	8438	00:31:38.19	01:01:41.58	01:03:10.37	EXP!
3974	DÁRIO PRATES	M	5038	00:33:49.11	00:58:36.59	01:03:11.17	
3975	RUI MIGUEL PALMA	M	569	00:30:56.56	01:01:54.47	01:03:11.20	Os Coxos
3976	FERNANDO LOURENÇO	M	7771	00:32:00.14	01:00:30.40	01:03:11.25	Bom Petisco
3977	SOFIA SALVADOR	F	316	00:31:06.59	01:01:47.25	01:03:11.60	
3978	CARLOS .	M	4145	00:34:06.01	00:58:35.37	01:03:12.04	
3979	DULCE MARIA NOGUEIRA RAMOS	F	3739	00:32:18.00	00:59:46.52	01:03:12.05	CLUBE MILLENNIUM BCP
3980	ANA BERNARDO	F	745	00:28:42.73	01:01:57.03	01:03:12.77	
3981	CARLOS GRAÇA	M	414	00:33:15.67	00:59:37.61	01:03:13.10	Kalorias Runners
3982	ANTONIO DOS SANTOS CORREIA TEIXEIRA	M	4565	00:31:08.38	01:01:41.36	01:03:13.72	
3983	NUNO LOUREIRO	M	1348	00:33:07.67	01:00:33.97	01:03:13.85	Falcões Selvagens
3984	JOAO .	M	7286	00:31:01.28	01:01:33.11	01:03:13.86	
3985	ROGÉRIO NOBRE	M	3036	00:32:45.75	00:59:20.38	01:03:14.00	
3986	EVA SILVA	F	1409	00:32:34.86	00:59:05.51	01:03:14.78	Moamba
3987	ALEXANDRE ARANA	M	1722	00:32:37.92	00:59:06.47	01:03:15.94	
3988	VITOR SANTOS	M	1065	00:31:07.70	01:00:58.47	01:03:16.61	
3989	NAIR CUNHA	F	7785	00:32:51.16	01:00:42.97	01:03:17.05	
3990	GUILHERME DUQUE	M	6343	00:32:48.19	01:01:26.81	01:03:17.17	
3991	PAULO MIGUEL TAINHA	M	829	00:30:28.74	01:03:17.25	01:03:17.25	
3992	CARLOS SANTOS	M	616	00:30:44.64	01:01:29.53	01:03:17.26	TRILHOS E TRALHOS
3993	JORGE BOIM	M	4530	00:31:30.22	01:00:32.14	01:03:17.39	Toca Runners
3994	PAULO CARVALHO	M	2924	00:31:38.47	01:00:13.08	01:03:17.87	
3995	PEDRO ALVES	M	3435	00:29:45.76	01:02:10.81	01:03:18.27	WINNERS TEAM
3996	ANA MARGARIDA TAVARES	F	4945	00:33:54.53	00:59:51.49	01:03:18.33	LINDA-A-PASTORA SPORTING CLUBE
3997	DIOGO FRANCA	M	8387	00:34:24.97	00:55:53.30	01:03:18.48	
3998	CLÁUDIA FERREIRA	F	3446	00:34:09.76	00:57:27.99	01:03:18.84	Clube do Stress
3999	CÁTIA RAMOS	F	1214	00:31:25.04	01:01:38.33	01:03:19.00	
4000	CARLOS ALBERTO PEREIRA GAMEIRO	M	4201	00:30:42.89	01:01:21.75	01:03:19.15	
4001	JOÃO DINIZ	M	5150	00:33:37.30	00:59:06.54	01:03:19.19	
4002	LUÍS MIGUEL CAVACO REVES	M	4681	00:33:38.60	00:59:06.89	01:03:19.20	
4003	GIZELA MOTA	F	2429	00:34:50.47	00:59:59.21	01:03:19.54	
4004	LUIS LOPES	M	3187	00:31:37.23	01:01:21.57	01:03:19.75	
4005	CARLOS BALAU	M	604	00:33:01.09	00:59:59.10	01:03:19.93	
4006	RICARDO REIS	M	5016	00:31:56.28	01:01:37.87	01:03:20.55	LINDA-A-PASTORA SPORTING CLUBE
4007	MIGUEL OLIVEIRA	M	953	00:33:36.19	00:57:56.48	01:03:21.15	TURBO-LENTO
4008	NUNO TIBÉRIO	M	8726	00:28:52.13	01:03:14.00	01:03:21.27	Peugeot
4009	SOFIA ALMEIDA	F	641	00:33:00.46	01:00:00.38	01:03:21.47	
4010	SOFIA MORAIS BRANCO	F	3324	00:31:19.91	01:01:17.77	01:03:21.64	
4011	TIAGO VALENTIM	M	3519	00:34:31.19	00:57:55.25	01:03:21.82	BANCO PRIVADO ATLANTICO EUROPA
4012	MARIANA BRAGA	F	6456	00:32:24.33	01:00:57.39	01:03:21.89	
4013	CRISTINA RÉGO	F	9632	00:30:27.04	01:01:51.56	01:03:21.99	
4014	RUBEN MIGUEL LOPES DA SILVA	M	8943	00:30:30.88	01:00:45.49	01:03:22.11	Chitas de Alcobaça
4015	MARIA ALEXANDRA MARTINS	F	6318	00:33:52.05	01:01:18.25	01:03:23.68	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4016	PAULO JORGE FERREIRA SANTOS	M	1032	00:31:40.37	01:01:59.49	01:03:23.87	
4017	ANTONIO PEREIRA	M	6808	00:32:44.87	01:01:10.03	01:03:23.95	G D C BANCO DE PORTUGAL
4018	SARINA PRAZERES SANTOS	F	6317	00:33:51.56	01:01:18.45	01:03:23.95	
4019	JOSÉ MANUEL AMARO	M	6356	00:34:49.22	00:56:47.46	01:03:24.73	
4020	GILBERTO CARDOSO	M	6824	00:29:07.88	01:02:20.84	01:03:25.52	
4021	LUÍS SILVA	M	7684	00:32:10.86	01:01:20.42	01:03:25.61	
4022	TERESA BACALA	F	7181	00:35:52.10	00:56:21.76	01:03:25.82	
4023	RICARDO RODRIGUES	M	2260	00:31:56.63	01:01:43.43	01:03:25.96	CLUBE GRUPO BES
4024	ANTÓNIO MOURA	M	765	00:30:18.85	01:02:00.02	01:03:26.00	
4025	MIGUEL RODRIGUES	M	1880	00:33:03.72	00:58:41.99	01:03:26.35	
4026	MARTIN ADAMS	M	934	00:31:12.45	01:01:36.11	01:03:26.49	
4027	MIGUEL VELHINHO	M	7184	00:30:54.18	01:00:41.17	01:03:26.70	
4028	RICARDO MARQUES	M	8412	00:32:29.17	01:00:57.35	01:03:28.06	
4029	IGOR FILIPE NUNES MONTES	M	8964	00:30:22.23	01:01:17.18	01:03:28.36	
4030	FLÁVIO SIMÕES	M	8339	00:32:28.81	01:00:57.69	01:03:28.53	
4031	BEATRIZ LOURENÇO	F	6738	00:31:36.31	01:02:15.13	01:03:29.64	NucleOeiras/SportZONE - ADNO
4032	PAULA MACHADO	F	5244	00:32:23.45	01:01:19.81	01:03:30.16	
4033	ANTÓNIO GONÇALVES FERREIRA	M	9111	00:31:03.34	01:01:49.62	01:03:30.17	CP
4034	ANTÓNIO CARLOS CRUZ DOS SANTOS	M	8717	00:34:54.90	00:57:37.84	01:03:30.21	Peugeot
4035	NIDIA FERREIRA	F	7892	00:32:21.08	01:00:05.06	01:03:30.29	
4036	JOÃO SERRA	M	4365	00:28:17.96	01:02:54.80	01:03:30.58	Açoreana Clube Banif
4037	NUNO GONÇALVES	M	2500	00:29:03.37	01:02:51.49	01:03:30.66	Keep Running
4038	JOÃO MENDES	M	7715	00:32:00.22	01:00:49.20	01:03:30.72	
4039	AGAPITO BELGA	M	4845	00:31:07.17	01:03:31.54	01:03:31.54	C.A. Amigos Parque da Paz
4040	JOSÉ ANTÓNIO DAS NEVES RODA	M	2519	00:34:10.97	00:59:23.43	01:03:31.79	
4041	MANUEL LAMEGO	M	8382		01:01:22.47	01:03:32.62	
4042	CARLOS SOUSA	M	2193	00:33:13.47	00:59:24.74	01:03:34.26	
4043	MARTA L REIS MEIRELES CARVALHO	F	1022	00:33:51.67	00:57:50.22	01:03:34.37	
4044	NUNO MIGUEL FERREIRA DOS SANTOS	M	4868	00:28:28.15	01:01:58.42	01:03:35.05	
4045	PEDRO DIAS	M	8898	00:30:11.20	01:00:41.49	01:03:35.41	Last Lap, --
4046	ACACIO PEREIRA	M	8526	00:32:34.24	01:01:23.64	01:03:35.89	
4047	ANTONIO FABIAO	M	902	00:32:51.03	01:03:35.92	01:03:35.92	
4048	GONÇALO BOTO MATOS	M	7290	00:32:06.47	01:00:28.19	01:03:36.36	
4049	VITORINO NUNES	M	6297	00:31:08.23	01:02:16.13	01:03:36.62	
4050	HENRIQUE ALVES	M	748	00:32:26.95	01:00:50.92	01:03:36.94	
4051	LUÍSA MOURÃO	F	2146	00:32:35.62	01:00:58.68	01:03:37.06	CCD Crédito Agrícola Mútu
4052	MÁRIO BATISTA	M	283	00:28:27.11	01:02:59.33	01:03:37.56	
4053	FINLAY HARRISON	M	7194	00:27:05.56	01:02:23.70	01:03:37.64	St. Julian's Team
4054	MARIA JOAO PINA	F	5764	00:31:53.83	01:01:42.51	01:03:37.81	
4055	LUÍS AFONSO	M	1787	00:32:38.64	01:00:25.09	01:03:38.03	gdine
4056	VITOR VAZ	M	615	00:30:27.46	01:01:44.65	01:03:38.29	TRILHOS E TRALHOS
4057	CLÁUDIA NUNES PHILIPPART	F	1407		01:01:54.84	01:03:39.32	Moamba
4058	ANTÓNIO JOSÉ REGO DE SOUSA PINHARANDA	M	7045	00:30:49.12	01:03:40.24	01:03:40.24	
4059	PAULA SOFIA ARAÚJO BRAZ	F	5539	00:32:03.08	01:01:53.78	01:03:41.00	INDEG
4060	CRISTINA GARAGARZA	F	7182	00:35:52.21	00:56:37.16	01:03:41.26	
4061	GABRIEL M	M	9945	00:35:06.13	00:58:46.94	01:03:41.71	Weventual 2
4062	PAULO PATRICIO	M	7860	00:31:01.93	01:01:15.21	01:03:41.75	
4063	CARLOS FERNANDES	M	6177	00:31:34.68	01:03:42.21	01:03:42.21	GRD Ribeira da Lage
4064	HUGO COLAÇO	M	412	00:33:10.61	00:59:46.42	01:03:42.41	
4065	LUÍS MIGUEL FERREIRA RODRIGUES GOUVEIA	M	9232	00:31:34.99	01:01:10.55	01:03:42.61	
4066	PEDRO MIGUEL CHELINHO FERREIRA	M	4197	00:28:21.19	01:02:39.80	01:03:42.74	
4067	MARIO MAXIMINO	M	1510	00:31:52.55	01:00:28.34	01:03:42.97	
4068	LUÍSA MARIA PINTÃO	F	754	00:32:33.88	01:00:50.34	01:03:43.99	
4069	PAULO MATOS	M	1849	00:31:14.16	01:02:15.06	01:03:45.49	
4070	RUI SAMEIRO	M	712	00:31:13.95	01:02:14.67	01:03:45.56	
4071	PAULO MOURA	M	1799	00:31:13.44	01:02:16.10	01:03:45.65	
4072	RUI BRAZ	M	3474	00:30:02.46	01:01:55.80	01:03:45.77	
4073	IGOR NELSON ALVES BATISTA	M	7789	00:33:58.24	00:59:04.03	01:03:46.00	
4074	CORALIE CHODOROWSKI	F	7058	00:31:51.50	01:02:52.59	01:03:46.59	LROMEIRAS
4075	CÁTIA SOFIA FERREIRA DA SILVA	F	2683	00:33:01.38	01:01:17.21	01:03:46.65	
4076	JOÃO GONÇALO SILVA	M	247	00:29:12.66	01:03:04.46	01:03:46.69	
4077	PEDRO GONÇALVES	M	2680	00:33:01.70	01:01:17.25	01:03:46.93	
4078	MARIA FERREIRA	F	7059	00:32:12.76	01:02:53.38	01:03:47.24	LROMEIRAS
4079	JOÃO SEQUEIRA	M	8262	00:33:54.50	00:59:15.59	01:03:47.36	
4080	DIOGO FONTES DE MELO	M	3165	00:30:09.77	01:02:30.22	01:03:47.41	
4081	RUI OLIVEIRA	M	5707	00:33:45.70	00:59:13.39	01:03:48.17	
4082	VALÉRIE THANE COUTINHO	F	4230	00:33:39.87	00:59:04.74	01:03:48.52	
4083	JOSÉ CONCHINHA	M	5189	00:33:29.33	01:01:24.33	01:03:48.95	
4084	JAIMÉ GOMES	M	8183	00:34:19.02	00:58:27.84	01:03:49.58	
4085	MIGUEL CARVALHO	M	7418	00:34:23.11	01:01:23.13	01:03:50.64	
4086	BRUNO CARDOSO	M	7461	00:35:14.89	00:57:46.24	01:03:50.66	
4087	MARCIO NOGUEIRA	M	7376	00:38:46.14	00:58:21.48	01:03:50.68	
4088	JOÃO LUCIANO VALDEZ DOMINGOS	M	6690	00:34:50.42	00:58:55.63	01:03:50.75	



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4089	ELINA MATONSE	F	8199	00:31:02.37	01:02:28.51	01:03:51.19	A minha corrida / Fitness Hut, --
4090	CARLA BEJA	F	7234	00:32:23.55	01:00:25.14	01:03:51.42	
4091	MARIA DO ROSÁRIO MATOS	F	9010	00:31:03.47	01:02:50.84	01:03:52.49	Clube ANACOM
4092	HELENA CHILANDALA	F	7998	00:33:24.39	00:58:55.47	01:03:52.64	
4093	CARLOS QUADROS	M	7997	00:33:23.12	00:58:55.16	01:03:52.94	
4094	CRISTINA ISABEL PAULO DE LA CERDA	F	7141	00:32:40.71	01:01:35.74	01:03:53.12	
4095	JORGE HIPÓLITO	M	5188	00:32:18.00	01:01:05.45	01:03:53.32	
4096	FERNANDO REI	M	5689	00:32:07.70	01:02:14.82	01:03:53.48	
4097	AUGUSTO NASCIMENTO	M	6720	00:34:46.68	00:59:54.84	01:03:53.52	
4098	JOÃO PEREIRA	M	3903	00:35:10.59	00:59:27.80	01:03:53.55	Os pé ligeiro...
4099	JOSÉ AGUIAR	M	7989	00:32:07.94	01:02:14.24	01:03:53.71	
4100	JOSÉ LUIS TEIXEIRA	M	717	00:30:22.82	01:01:15.06	01:03:53.76	
4101	MIGUEL CANSADO	M	5944	00:33:09.68	01:00:31.86	01:03:54.22	Hovione 7casas
4102	VÍTOR MANUEL VIEIRA GONÇALVES	M	3406	00:31:11.65	01:03:37.71	01:03:54.73	
4103	GUILHERME LUIS PEREIRA NUNES	M	3405	00:31:12.19	01:03:38.02	01:03:54.85	
4104	NUNO REBELO	M	5960	00:33:09.39	01:00:32.29	01:03:54.99	Hovione 7casas
4105	ISABEL MARIA C. B. RODRIGUES	F	2399	00:32:20.83	01:02:02.84	01:03:55.08	
4106	INES FALCÃO	F	338	00:31:38.63	01:02:04.73	01:03:55.20	
4107	CARLOS ROSA SILVA	M	8758	00:32:10.16	01:01:33.45	01:03:55.50	
4108	LUÍS REGO	M	7923	00:32:59.52	00:58:55.35	01:03:55.87	Wannabe's
4109	ANA CARRILHO	F	6822	00:31:20.55	01:02:10.58	01:03:55.94	G D C BANCO DE PORTUGAL
4110	ARMINDO LOUREIRO	M	5075	00:35:35.96	00:59:06.08	01:03:56.08	
4111	PEDRO LARANJEIRO	M	6515	00:35:03.90	00:58:57.48	01:03:56.17	Angry Runners
4112	DANIEL FILIPE PIMENTA PEREIRA	M	7641	00:30:22.40	01:01:34.70	01:03:56.24	AC Portalegre/UTSM, --
4113	ROSA FALARDO	F	4052		01:03:56.44	01:03:56.44	
4114	TIAGO ALMEIDA SILVA	M	6891	00:35:07.22	00:58:01.24	01:03:56.69	
4115	RICARDO BURNAY BASTOS	M	2372	00:35:06.61	00:58:00.86	01:03:56.77	
4116	TERESA M COSTA	F	431	00:31:35.33	01:02:05.61	01:03:57.25	
4117	HELENA PIRES	F	4737	00:29:23.88	01:03:15.49	01:03:57.59	Grupo Desportivo de Barcarena
4118	CARLOS MANUEL GD PENA	M	1015	00:33:10.70	01:01:26.97	01:03:57.78	
4119	LUÍS TRIGO	M	518	00:32:34.42	01:00:30.79	01:03:58.41	Os Conta-Kilómetros
4120	BERNARDO MATA	M	1203	00:33:17.72	01:01:24.28	01:03:58.56	
4121	MARIA DA LUZ PEREIRA	F	1163	00:35:54.63	00:58:05.24	01:03:59.01	KENIANOS DO MONTIJO
4122	INÉS SOUSA	F	8399	00:34:10.75	01:01:14.41	01:03:59.34	ITEN
4123	JUAN SIMÓN	M	8790	00:28:39.54	01:03:37.91	01:03:59.52	
4124	JOSÉ BALAU	M	9002	00:31:50.36	01:02:38.23	01:03:59.62	
4125	BRUNO ALEXANDRE	M	8400	00:34:10.82	01:01:15.84	01:03:59.82	ITEN
4126	RODOLFO COSTA	M	6100	00:34:59.92	01:00:27.79	01:04:00.16	J. O. M. A.
4127	HELENA SOUSA	F	4468	00:32:02.55	01:01:53.94	01:04:00.46	GRD Os Fixes
4128	RUI ALEXANDRE CAXARIA SILVÉRIO	M	6586	00:31:09.49	01:03:24.55	01:04:00.52	
4129	LUIS MARREIROS	M	7187	00:31:23.08	01:02:32.75	01:04:00.73	
4130	PAULO PAIS	M	1088	00:27:56.50	01:03:46.25	01:04:00.78	
4131	LUÍS NEVES	M	3264	00:33:11.91	00:59:26.41	01:04:00.99	Weventual 2
4132	JOEL FERREIRA	M	6927	00:32:56.41	01:00:55.55	01:04:01.06	
4133	MIGUEL ANGELO CARVALHO	M	1196	00:35:06.03	01:00:50.82	01:04:01.19	
4134	ISABEL MARIA CAXARIA BOAVIDA	F	6585	00:31:09.46	01:03:25.57	01:04:01.45	
4135	CRISTINA LAVRADOR	F	920	00:30:41.12	01:03:00.20	01:04:01.60	
4136	ROBIN STATFELD	F	4207	00:31:23.28	01:02:32.95	01:04:01.65	
4137	GABRIEL ANTONIO	M	1243	00:29:19.00	01:03:24.93	01:04:01.76	u.r.d.arranhò
4138	FILIPA MALHEIRO	F	1900	00:32:47.32	01:00:33.50	01:04:02.29	
4139	CARLOS GONÇALVES	M	570	00:31:01.23	01:02:44.77	01:04:02.60	Os Coxos
4140	SOFIA SANTOS	F	4108	00:34:33.55	00:59:26.66	01:04:03.08	
4141	CARLOS SERRA	M	6322	00:29:33.81	01:02:52.22	01:04:04.51	
4142	VANESSA RUAS MARTINHO	F	3052	00:33:49.94	01:01:48.42	01:04:04.59	
4143	JORGE BENTO CLEMENTE DURO	M	4696		01:02:42.51	01:04:04.65	
4144	MIGUEL ÂNGELO DA CUNHA GONÇALVES ALMEIDA	M	9163	00:32:06.92	01:00:44.39	01:04:04.72	
4145	RITA MINA	F	2585	00:32:47.24	01:01:15.97	01:04:05.29	Correr Lisboa
4146	FILIPE FORJAZ SAMPAIO	M	1957	00:30:56.17	01:01:48.81	01:04:05.38	
4147	SÉRGIO MARTINHO	M	3051	00:33:48.61	01:01:49.37	01:04:05.39	
4148	LUIS PROENÇA	M	6167	00:32:06.81	01:01:37.15	01:04:06.61	
4149	CARLOS LUÍS R GUERRA	M	3012	00:32:54.37	01:00:57.22	01:04:06.70	
4150	ANTÓNIO JESUS	M	7273	00:30:36.10	01:03:46.06	01:04:06.95	Lá Vão... de Almeirim
4151	JOAO MOREIRA	M	474	00:31:28.40	01:04:02.52	01:04:07.06	
4152	JOÃO RICARDO DUARTE	M	5085	00:34:40.38	00:59:10.09	01:04:07.41	
4153	JOSÉ EDDIE SABÓIA DE CASTRO JÚNIOR	M	6998	00:34:16.50	00:59:15.41	01:04:07.59	
4154	JOÃO SOUSA FERREIRA	M	2703	00:34:44.15	00:58:18.72	01:04:07.87	RunLovers
4155	RÚBEN PAGAIME	M	1085	00:34:16.76	00:59:16.53	01:04:08.20	
4156	ÁLVARO DE ALMEIDA DE EÇA	M	9920	00:33:02.90	01:01:18.77	01:04:08.53	
4157	CARLOS VIDEIRA MARTINS	M	7244	00:32:31.88	01:02:14.04	01:04:08.65	
4158	PAULO LUZ	M	7191	00:32:28.95	01:01:54.30	01:04:08.74	St. Julian's Team
4159	NUNO SOUSA	M	2184	00:32:02.26	01:01:28.97	01:04:09.39	
4160	MANUEL VIDEIRA MARTINS	M	7246	00:32:32.97	01:02:14.80	01:04:09.77	
4161	ALEXANDRA M. PINTO BARBOSA	F	1644	00:32:09.55	01:02:13.21	01:04:10.25	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4162	ELISABETE TEIXEIRA	F	4843	00:30:11.11	01:03:58.37	01:04:10.92	Oeiras Sport Clube
4163	ADOSINDA RITO	F	8139	00:32:21.78	01:01:35.52	01:04:11.71	
4164	ISABEL MARTINEZ	F	2743	00:32:17.27	01:02:04.07	01:04:12.03	
4165	ABÍLIO ABREU	M	1845	00:33:10.28	01:01:12.25	01:04:12.10	
4166	SEM DADOS		9873	00:28:51.80	01:04:12.30	01:04:13.10	
4167	ELSA SILVA	F	628	00:33:08.85	01:01:34.46	01:04:13.71	os primos
4168	BRUNO MANUEL VICENTE RAMOS	M	8666	00:34:23.57	00:58:36.21	01:04:13.84	Sportlife
4169	LUIS RIBEIRO	M	5711	00:33:46.60	00:59:54.84	01:04:14.42	DREAM TEAM
4170	RUI FAUSTO	M	5713		00:59:55.01	01:04:14.42	DREAM TEAM
4171	JOÃO GRANJA	M	1459	00:31:57.08	01:02:37.44	01:04:14.74	
4172	VITOR MARQUES	M	5712	00:33:46.52	00:59:54.86	01:04:14.91	DREAM TEAM
4173	LUIS HENRIQUE DOS SANTOS GASPAR	M	9056	00:33:13.74	01:00:06.53	01:04:14.93	MIRC
4174	RUI CAETANO	M	8675	00:35:09.79	01:03:01.56	01:04:15.15	Clube Desportivo da Novabase
4175	CARLOS DE GOUVEIA FREIRE	M	4736	00:31:09.69	01:02:48.75	01:04:15.26	Grupo Desportivo de Barcarena
4176	JOSÉ HENRIQUE SOARES PENA	M	994	00:34:43.76	01:00:49.07	01:04:15.36	
4177	NUNO MARQUES	M	2694	00:26:55.91	01:03:36.87	01:04:15.50	RunLovers
4178	SARA MARTINS	F	8895	00:31:13.22	01:02:58.44	01:04:15.66	Last Lap, --
4179	RICARDO MIRANDA	M	6467	00:34:31.24	00:56:01.64	01:04:16.57	
4180	MARIA JOÃO CALDEIRA VIEIRA	F	8831	00:31:47.75	01:02:40.10	01:04:16.74	
4181	PEDRO CRUZ	M	3461	00:39:21.36	01:02:27.09	01:04:16.95	Clube do Stress
4182	SOFIA DE CARVALHO SIMÕES	F	9290	00:28:37.70	01:04:09.78	01:04:17.71	Compressport
4183	RUI ANDRÉ PINTO	M	6357	00:32:39.35	01:00:52.91	01:04:17.75	DRunners
4184	PEDRO MIGUEL CAMPOS GOMES	M	1378	00:32:06.37	01:02:46.16	01:04:18.67	
4185	NUNO ANDRADE	M	8667	00:32:41.85	00:59:17.50	01:04:19.07	Sportlife
4186	FERNANDO PRISAL	M	9291		01:04:11.37	01:04:19.47	Compressport
4187	PAULO VON HAFE PINTO VIEIRA	M	7780	00:32:14.96	01:01:27.82	01:04:20.06	Round Table Running Team
4188	JACINTO MAURÍCIO NUNES	M	5089	00:33:49.09	01:01:25.70	01:04:20.20	
4189	PAULO DUARTE	M	1312	00:33:56.93	01:00:12.99	01:04:20.25	
4190	JOANA MARGARIDA SOUSA	F	5088	00:33:47.88	01:01:26.05	01:04:20.47	
4191	EDUARDO MARTINS	M	5948	00:31:59.12	01:02:44.86	01:04:22.06	Hovione 7casas
4192	VITOR CARDOSO	M	7731	00:31:15.94	01:03:38.17	01:04:22.41	Ass Para-quedistas Tejo Norte
4193	ADELINO FIGUEIREDO	M	5947	00:29:46.17	01:02:45.14	01:04:22.58	Hovione 7casas
4194	INÊS MELO	F	4137	00:31:47.33	01:02:16.77	01:04:23.00	SCALABIS NIGHT RUNNERS
4195	JOAQUIM FONSECA	M	4623	00:29:34.12	01:03:47.69	01:04:23.00	Os Super
4196	SANDRA VERÍSSIMO	F	3898	00:31:46.21	01:02:16.94	01:04:23.10	SCALABIS NIGHT RUNNERS
4197	SOFIA LOPES	F	5606	00:31:29.98	01:02:55.42	01:04:23.60	
4198	HUGO HORTA	M	5607	00:31:29.33	01:02:55.54	01:04:23.60	
4199	CARLOS MANUEL MORGADO LAGARTO	M	5690	00:31:38.61	01:02:22.25	01:04:24.09	
4200	JOAQUIM CARVALHO	M	7763	00:29:55.68	01:03:54.67	01:04:24.66	
4201	JOSE LUIS SANTOS	M	5963	00:30:44.12	01:01:17.17	01:04:24.75	Hovione 7casas
4202	DULCE REIS	F	2250	00:33:14.05	01:01:59.65	01:04:24.78	Correr Lisboa
4203	ANA PAULA MATIAS	F	2606	00:34:07.19	01:01:24.97	01:04:24.83	CLUBE COLABORADORES AXA
4204	MANUEL GARCIA	M	3030	00:33:30.36	01:00:07.11	01:04:25.40	
4205	JOSÉ DIMAS	M	7310	00:33:21.79	01:00:20.73	01:04:25.95	sscgd
4206	ANDRÉ MORGADO	M	5750	00:31:33.78	01:01:44.49	01:04:26.48	Clube ANA Lisboa
4207	LUIS MANUEL	M	1168	00:31:39.70	01:01:45.24	01:04:26.57	Luis
4208	JOÃO MIGUEL SOARES	M	2294	00:37:37.10	00:57:53.71	01:04:26.80	
4209	SÉRGIO FERNANDES	M	8136	00:32:34.43	01:02:43.01	01:04:27.29	
4210	MÁRIO GONÇALVES	M	4846	00:32:34.70	01:02:43.77	01:04:27.56	C.A. Amigos Parque da Paz
4211	MANUEL VASQUEZ	M	3029	00:33:30.53	01:00:10.80	01:04:27.65	
4212	CLAUDIA BELO	F	6823	00:32:03.33	01:02:26.30	01:04:27.78	G D C BANCO DE PORTUGAL
4213	LUIS FONSECA E SOUSA	M	8715	00:34:28.90	01:04:28.15	01:04:28.15	Peugeot
4214	JOQUIM ANTONIO MATOS	M	7864	00:34:33.82	01:01:05.71	01:04:28.78	
4215	BRUNO SILVA	M	2063	00:29:48.98	01:02:46.91	01:04:29.07	Bifanas de Corrida
4216	FILIPA PONCIANO	F	3245	00:31:00.92	01:03:14.69	01:04:29.79	
4217	MONICA MATOS	F	2017	00:31:33.85	01:03:13.00	01:04:29.80	BE2RUN
4218	ANA RITA GONÇALVES	F	4339	00:32:36.81	01:01:21.63	01:04:30.00	Açoreana Clube Banif
4219	SUSANA SANTOS	F	4109	00:34:33.55	00:59:55.26	01:04:30.08	
4220	MARTA BORGES	F	9210	00:33:47.26	01:00:59.69	01:04:30.14	
4221	BRUNO REBELO	M	7867	00:28:28.81	01:02:57.52	01:04:30.35	
4222	PEDRO FIGUEIREDO	M	4265	00:32:50.46	01:00:44.22	01:04:30.51	
4223	MARTIM DIAS	M	8989	00:32:22.65	01:01:19.85	01:04:31.21	
4224	ALEXANDRA CENTENO	F	2081	00:35:11.16	00:59:12.89	01:04:31.23	Grupo corrida Joaquim Chaves S
4225	ALEXANDRA FERNANDES	F	1994	00:31:44.98	01:02:19.50	01:04:31.56	Falcões Selvagens
4226	ANTONIO FERREIRA	M	4492	00:31:06.66	01:03:50.89	01:04:32.35	GRD Os Fixes
4227	FRANCISCO PONTES	M	975	00:31:55.57	01:01:04.68	01:04:33.54	
4228	RAUL CHEFE	M	3057	00:33:17.11	01:00:40.77	01:04:33.56	
4229	JOAO PICA	M	9570	00:35:28.60	00:53:01.98	01:04:34.63	
4230	JACINTO GODINHO	M	6463	00:36:24.17	00:58:46.18	01:04:34.87	
4231	HELENA ADEGAS	F	1033	00:32:04.93	01:02:03.27	01:04:35.45	
4232	ANA MOTA	F	2660	00:31:44.01	01:03:16.82	01:04:35.60	
4233	ANTÓNIO OLIVA	M	2661	00:31:43.67	01:03:16.95	01:04:35.62	
4234	IRINA ALVES	F	7070	00:33:06.81	01:02:10.31	01:04:36.16	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4235	HUGO RETO	M	9012	00:34:14.49	01:01:52.31	01:04:36.61	
4236	ANTÓNIO RETO	M	9013	00:34:13.52	01:01:52.90	01:04:36.63	
4237	JOÃO PAULO GOMES SINOSGAS	M	3170	00:33:02.30	01:01:00.73	01:04:37.22	
4238	JOAO MERUJE	M	3028	00:33:30.95	01:00:20.22	01:04:37.37	
4239	VERA GOMES	F	8535	00:32:30.89	01:02:49.85	01:04:37.99	
4240	BRUNO MIGUEL NUNES RAMOS	M	8332	00:34:48.63	00:58:31.31	01:04:38.28	Starfish
4241	CATARINA CARDOSO	F	7759	00:31:50.89	01:03:11.11	01:04:38.49	
4242	PEDRO SESÕES	M	8288	00:32:56.69	01:01:50.80	01:04:39.23	
4243	JOÃO CARLOS BORGES	M	2413	00:31:10.47	01:01:52.55	01:04:39.43	Tejavista
4244	LUIA MARIA MATOS DOS SANTOS CARVALHINHO	F	7339	00:30:45.96	01:03:40.98	01:04:39.80	
4245	JOÃO MACÁRIO	M	3199	00:33:19.36	01:01:32.18	01:04:39.84	
4246	SÉRGIO BRITO	M	3139	00:32:41.18	01:01:38.23	01:04:40.07	
4247	JOANA MOURÃO ANDRADE	F	732	00:33:20.87	01:03:01.55	01:04:40.54	
4248	LUIS ALBERTO DIAS DE CARVALHINHO	M	7338	00:30:45.35	01:03:42.81	01:04:40.67	
4249	LUIS COSTA	M	571	00:30:19.67	01:03:24.49	01:04:41.16	Os Coxos
4250	AMADEU DORES FERREIRA	M	4022	00:33:05.71	01:03:10.05	01:04:41.70	GDCT REPSOL POLIMEROS
4251	LÚCIO LUÍS	M	3533	00:31:21.47	01:02:08.07	01:04:42.15	Chitas de Alcobaça
4252	LUIS CARLOS COELHO	M	3316	00:33:56.67	00:59:25.82	01:04:42.29	TURBO-LENTO
4253	CRISTINA PEIXOTO	F	1855	00:34:05.45	00:59:40.30	01:04:42.48	
4254	RUI REIS	M	2459	00:31:56.76	01:03:00.30	01:04:43.00	
4255	MIGUEL ARAUJO	M	7725	00:32:38.11	01:02:57.11	01:04:43.28	
4256	JOSE FERNANDO REIS FERREIRA	M	8460	00:32:20.39	01:02:41.43	01:04:43.71	
4257	HUGO TÁBUAS	M	1142	00:32:24.06	01:03:05.51	01:04:43.78	
4258	SALOMÉ HENRIQUES	F	850	00:32:02.47	01:04:44.08	01:04:44.08	
4259	MAXIMIANO SANTOS	M	252	00:32:41.71	01:01:09.32	01:04:44.40	
4260	JOÃO PALMA	M	619	00:32:24.14	01:02:50.12	01:04:45.15	TRILHOS E TRALHOS
4261	JOÃO REIS	M	9095	00:31:56.14	01:01:15.82	01:04:45.51	Pernod Ricard Portugal
4262	MARIA LEONOR ALVES PURIFICAÇÃO	F	7648	00:31:40.34	01:02:59.98	01:04:46.16	
4263	RAQUEL PINHEIRO	F	5644	00:30:36.65	01:04:34.37	01:04:46.45	GRD Ribeira da Lage
4264	PAULO DINIS	M	3484	00:32:02.81	01:01:53.49	01:04:46.76	
4265	PEDRO RAFAEL MENDONÇA	M	3087	00:32:03.30	01:01:54.53	01:04:46.93	
4266	FATIMA SANTOS	F	4574	00:32:41.42	01:03:14.30	01:04:46.95	
4267	PEDRO MIGUEL DIAS	M	6581	00:28:58.26	01:03:42.40	01:04:47.33	
4268	DORA RODRIGUES	F	7716	00:32:53.79	01:00:40.46	01:04:47.64	ACADEMIA FITNESS MILITAR
4269	NUNO SACRAMENTO	M	242	00:30:07.89	01:04:12.34	01:04:47.92	
4270	FRANCISCO MAGALHÃES	M	7932	00:33:33.48	01:00:26.25	01:04:47.95	
4271	JOSÉ LAMEGO	M	3421	00:34:02.27	01:00:07.60	01:04:48.25	Leões de Barcarena
4272	JORGE SILVA	M	8914	00:31:29.25	01:04:42.84	01:04:48.60	Pepsico
4273	JORGE BRITO	M	4829	00:38:01.49	00:58:08.94	01:04:49.61	Valejas Atlético Clube
4274	JOSÉ MIGUEL COSTA	M	4686	00:33:16.07	01:02:26.16	01:04:49.74	
4275	JOAQUIM MACHADO	M	3220	00:32:45.41	01:02:32.40	01:04:50.15	G.D.R. São Francisco da Serra
4276	RITA MARQUES	F	3639	00:31:59.63	01:02:29.81	01:04:50.23	
4277	CARMELINA SANTOS	F	3290	00:30:26.84	01:03:35.66	01:04:50.55	
4278	PAULO RENATO	M	1879	00:31:41.55	01:01:36.99	01:04:50.67	
4279	ANABELA BATISTA	F	1906	00:30:51.42	01:03:36.87	01:04:50.73	
4280	TÂNIA COSTA	F	5575	00:32:02.75	01:03:43.91	01:04:50.90	INDEG
4281	CARLOS CORREIA	M	1632	00:27:19.90	01:04:39.10	01:04:51.10	
4282	RICARDO RODRIGUES	M	3528	00:35:18.65	00:59:25.40	01:04:51.17	BANCO PRIVADO ATLANTICO EUROPA
4283	HUGO CASACA	M	5222	00:35:55.57	00:57:27.01	01:04:51.22	HP CLUB
4284	TIAGO WESTENFELD	M	2209	00:37:35.32	00:58:53.94	01:04:51.64	
4285	EUNICE BATALHA	F	2815	00:33:05.89	01:02:28.10	01:04:51.73	
4286	MARTA DIAS	F	3636	00:33:05.50	01:02:29.23	01:04:51.78	4 Mosqueteiras, --
4287	MARIA BATISTA	F	8711	00:31:39.30	01:03:43.14	01:04:52.00	Peugeot
4288	JOÃO COSTA	M	7505	00:33:33.35	01:01:53.70	01:04:52.25	
4289	VASCO COSME	M	7510	00:28:32.94	01:04:22.41	01:04:52.45	
4290	MARCO CARVALHO	M	6020	00:31:41.61	01:01:45.39	01:04:52.58	Clube ANA Lisboa
4291	RUTE OLIVEIRA	F	3372	00:33:04.50	01:02:56.01	01:04:53.58	Fast & Furious Runners Team
4292	SOLANGE CARDOSO	F	3637	00:33:05.04	01:02:31.64	01:04:53.61	4 Mosqueteiras, --
4293	JOSE FARTARIA	M	3074	00:33:53.52	01:00:43.23	01:04:53.92	koxus
4294	MANUEL ALMEIDA OLIVEIRA	M	4700	00:34:12.77	01:01:58.75	01:04:53.99	AAEBNU, --
4295	RITA CERTÃ	F	3822	00:34:20.92	01:02:10.21	01:04:54.02	Correr para comer e conviver
4296	FILIFE VARGAS	M	2210	00:32:16.22	01:02:10.26	01:04:54.39	
4297	MARINA ANDRADE	F	3823	00:34:21.44	01:02:10.34	01:04:54.41	Correr para comer e conviver
4298	SANDRA RODRIGUES	F	8858	00:32:28.85	01:02:28.20	01:04:54.50	breakfast team
4299	HUGO AFONSO	M	6116	00:34:21.67	01:02:11.27	01:04:54.78	
4300	CRISTINA LUCAS	F	3638	00:33:04.91	01:02:33.15	01:04:55.61	4 Mosqueteiras, --
4301	RODRIGO NEUPARTH SOTTOMAYOR VIANA MACHA	M	5559	00:37:22.38	00:58:27.70	01:04:55.79	INDEG
4302	NUNO INFANTE	M	234	00:33:37.37	01:02:27.30	01:04:56.15	
4303	ANA DEODATO	F	9557	00:34:32.51	01:00:25.63	01:04:56.25	Sportzone
4304	ANABELA PEREIRA	F	7870	00:31:37.78	01:04:23.33	01:04:56.57	
4305	PAULO ROXO	M	7371	00:31:37.22	01:03:12.22	01:04:57.74	
4306	ANTÓNIO ESCALDA	M	1772	00:29:34.34	01:04:42.59	01:04:58.03	Os Galgos
4307	VALTER AMADINHO	M	2980	00:33:20.19	00:59:58.82	01:04:58.09	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4308	MARIA DULCE DUARTE	F	8351	00:32:17.40	01:01:56.75	01:04:58.46	
4309	SUSANA FERNANDES	F	7370	00:33:09.32	01:02:32.62	01:04:58.49	
4310	SABIR KANJI	M	6238	00:33:20.17	01:01:40.87	01:04:59.26	SS CGD
4311	RUI LUIS	M	8794	00:31:47.04	01:02:28.20	01:04:59.30	
4312	FERNANDO SANTOS	M	3380	00:31:35.56	01:04:02.31	01:04:59.51	Samipe
4313	PAULO CARRETEIRO	M	2259	00:35:18.05	00:59:48.02	01:04:59.53	CLUBE GRUPO BES
4314	INES CORREIA	F	4139	00:34:12.29	01:01:30.70	01:04:59.59	
4315	CÉLIA CARVALHO	F	4351	00:33:12.25	01:02:07.67	01:04:59.97	Açoreana Clube Banif
4316	ANTONIO RIBEIRO	M	3618	00:31:50.34	01:03:11.62	01:05:00.00	QUARTETO
4317	ANTONIO CATALINO	M	3619	00:31:50.80	01:03:11.15	01:05:00.21	QUARTETO
4318	JOSÉ MARTINS	M	5753	00:32:51.22	01:02:27.68	01:05:00.85	Clube ANA Lisboa
4319	MARCOS CARVALHO	M	4140	00:34:12.36	01:01:31.16	01:05:01.25	
4320	PAULO PAIAS	M	1067	00:32:49.04	01:02:32.58	01:05:01.62	
4321	PAULA CRISTINA LOUREIRO	F	2147	00:32:42.39	01:03:37.59	01:05:02.40	
4322	OCTAVIO ERACLIDES	M	7357	00:31:02.87	01:03:36.11	01:05:03.13	
4323	EURICO MEALHA	M	1533	00:30:20.16	01:03:27.87	01:05:03.27	
4324	ANA PINA	F	8506	00:35:10.55	01:02:09.21	01:05:03.46	
4325	MIGUEL MARQUES DOS REIS ROCHA	M	8132	00:31:58.22	01:02:38.08	01:05:03.96	
4326	ANA MARIA GUIMARÃES	F	2605	00:32:48.83	01:01:43.21	01:05:04.11	CLUBE COLABORADORES AXA
4327	MARIO ESPANHA	M	1875	00:34:38.21	01:00:12.18	01:05:04.20	
4328	JOÃO PAULO PINTO	M	2610	00:32:48.49	01:01:43.68	01:05:04.38	CLUBE COLABORADORES AXA
4329	ELSA PEREIRA DO NASCIMENTO	F	9986	00:33:22.70	01:04:04.93	01:05:04.49	
4330	JOÃO PINTO	M	1547	00:33:52.38	00:59:49.49	01:05:04.59	
4331	ANTONIO COSTA	M	1116	00:31:54.75	01:03:35.62	01:05:06.09	
4332	JOÃO CARRILHO	M	8507	00:30:05.00	01:03:53.51	01:05:06.10	
4333	LUIZA ALEXANDRA V. AGOSTINHO ABREU	F	8376	00:31:00.33	01:03:34.53	01:05:07.30	
4334	ANDRÉ POMBO	M	7447	00:34:28.67	01:01:18.61	01:05:07.32	Fitness Playground
4335	ANA VILELA	F	5650	00:29:38.84	01:04:24.39	01:05:07.42	GRD Ribeira da Lage
4336	MARCO BAPTISTA	M	9140	00:35:14.48	00:59:54.82	01:05:07.54	Pernod Ricard Portugal
4337	ANA COUTINHO	F	292	00:32:23.95	01:02:22.63	01:05:08.06	Clube Desportivo TCPI
4338	JOANA ALFAIA	F	7446	00:34:29.24	01:01:20.81	01:05:08.54	Fitness Playground
4339	RAQUEL PARREIRA	F	6970	00:32:01.64	01:03:25.23	01:05:08.56	
4340	MARIA CÉLIA CARVALHO DIAS AZEVEDO	F	7314	00:33:57.60	00:58:58.26	01:05:08.75	
4341	CARLOS SÉRGIO	M	7463	00:32:05.07	01:03:22.62	01:05:09.42	Tamos muta fortes
4342	ANTÓNIO TAVARES	M	7701	00:32:09.81	01:01:46.89	01:05:09.50	
4343	RITA CASQUINHA	F	7464	00:32:05.29	01:03:22.43	01:05:09.55	Tamos muta fortes
4344	ÂNGELO MARCOS	M	5446	00:34:58.77	01:00:15.25	01:05:10.26	INDEG
4345	ANDREIA TOURAIS	F	1089	00:34:57.64	01:00:16.14	01:05:10.63	
4346	CARLOS PAIVA	M	3445		00:59:23.86	01:05:11.07	Clube do Stress
4347	INÉS PINTO BARRADAS	M	9341	00:33:10.43	01:02:19.39	01:05:11.11	Correr Lisboa, --
4348	CARLA VIEIRA	F	1651	00:34:31.51	01:02:15.68	01:05:11.27	
4349	PEDRO ALMEIDA	M	3459	00:36:25.00	01:05:11.47	01:05:11.47	Clube do Stress
4350	JOSÉ MIRA	M	7621	00:32:58.46	01:02:28.40	01:05:11.83	
4351	DOMINGOS MELÃO MARTINS	M	1858	00:33:03.05	01:02:14.22	01:05:11.91	
4352	DANIEL NOVAIS	M	8289	00:36:33.68	01:00:22.80	01:05:11.99	
4353	ANA RITA GONÇALVES	F	6521	00:32:42.63	01:01:42.11	01:05:12.21	
4354	MARCO PAULO SANTOS	M	1725	00:33:09.12	01:03:17.09	01:05:12.76	Karatecas
4355	FILIPA TEIXEIRA	F	4842	00:30:18.81	01:05:00.26	01:05:13.19	Oeiras Sport Clube
4356	SANDRA ISABEL	F	4508	00:30:49.29	01:04:59.31	01:05:14.23	casa do pessoal do iva
4357	DIOGO GIL	M	3005	00:35:03.94	01:00:57.87	01:05:14.90	Team Innovation Makers
4358	PAULO RASCÃO	M	3338	00:34:15.17	00:58:24.21	01:05:15.04	FSIT RUNNERS
4359	MARIA FILOMENA ALVES JACINTO	F	8981	00:34:14.06	01:02:08.25	01:05:15.53	
4360	JOAQUIM PEDRO MELO	M	1477	00:33:14.81	01:03:27.52	01:05:16.24	
4361	GABRIEL GUERRA	M	6660	00:31:49.70	01:03:29.04	01:05:17.10	Clube Desportivo da Novabase
4362	JOÃO DUARTE	M	8797	00:30:31.36	01:03:16.66	01:05:17.49	
4363	JOAO JOSE CRUZ CUNHA	M	3789	00:34:45.52	01:02:52.55	01:05:17.92	CLUBE MILLENNIUM BCP
4364	MARGARIDA PEREIRA	F	2427	00:30:25.30	01:03:31.60	01:05:18.33	Zangões
4365	JOÃO PEDRO VINTÉM	M	858	00:29:34.12	01:04:48.00	01:05:18.71	
4366	SÉRGIO ANTUNES	M	6160	00:31:21.23	01:04:17.66	01:05:19.93	Clube ANACOM
4367	LILIANA ANDRÉ	F	8671	00:32:07.78	01:03:41.03	01:05:20.23	
4368	ISABEL RODRIGUES	F	6159	00:31:20.72	01:04:18.24	01:05:20.46	Clube ANACOM
4369	HUGO VIEGAS	M	1086	00:33:35.38	01:02:39.97	01:05:20.80	
4370	ANDRÉ REIS	M	6198	00:31:37.65	01:03:32.21	01:05:21.37	SS CGD
4371	MANUEL PEDRO SANTOS PEREIRA	M	3718	00:32:27.64	01:03:03.66	01:05:21.55	CLUBE MILLENNIUM BCP
4372	RUI PINTO	M	3487	00:32:27.86	01:03:03.81	01:05:21.59	
4373	MARIA TERESA LIMA RODRIGUES	F	1363		01:05:21.63	01:05:21.63	
4374	HELENA GARCIA GASPAR FARINHOTE FERNANDES	F	5486	00:34:18.88	01:02:32.14	01:05:22.05	INDEG
4375	ANTÓNIO PAULINO	M	3444	00:36:37.93	00:59:29.67	01:05:22.29	Clube do Stress
4376	SUSANA MOURATO	F	2231	00:35:01.77	01:01:13.79	01:05:22.34	hot runners
4377	CESAR FERROLHO	M	854	00:34:29.52	01:00:38.29	01:05:22.61	
4378	DIOGO SIMÃO	M	932	00:34:01.12	01:00:32.56	01:05:23.02	
4379	TELMO LEANDRO DOS SANTOS BERNARDO	M	6902	00:34:01.18	01:00:32.94	01:05:23.26	
4380	MÁRIO PINHO	M	2269	00:33:32.05	01:02:48.71	01:05:23.53	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4381	RUI JORGE DA FONSECA SARROEIRA	M	8996	00:31:02.44	01:03:45.47	01:05:23.62	
4382	FERNANDO SANTOS	M	5105	00:31:16.03	01:04:06.39	01:05:23.66	
4383	NUNO LUIS POMBO RODRIGUES	M	7634	00:32:33.27	01:02:35.18	01:05:23.77	
4384	ANA MARTA AMORIM SARROEIRA	F	8997	00:30:37.23	01:03:45.82	01:05:24.14	
4385	ANA LUÍSA OLIVEIRA	F	7523	00:34:32.07	01:03:14.29	01:05:24.33	
4386	NÉLSON CABAÇO	M	4378	00:34:58.02	01:01:03.98	01:05:24.67	Açoreana Clube Banif
4387	JOÃO COUTINHO	M	7366	00:33:37.09	01:03:33.93	01:05:24.81	
4388	BRUNO OLIVEIRA	M	593	00:32:54.19	01:02:52.32	01:05:25.39	
4389	EDUARDA PAIVA	F	3447	00:36:23.78	00:59:35.47	01:05:25.54	Clube do Stress
4390	ANA GONÇALVES	F	5120	00:37:44.71	00:58:51.68	01:05:25.76	
4391	JOAQUIM CARDOSO	M	4956	00:29:37.50	01:04:46.56	01:05:26.17	G. R. D. Ribeira da Lage
4392	JOAQUIM BELGA	M	4989	00:30:17.81	01:05:01.88	01:05:26.17	LINDA-A-PASTORA SPORTING CLUBE
4393	LUCIENNE NEVES	F	7845	00:35:34.34	01:00:27.36	01:05:26.55	Run Buddy Run
4394	DIOGO SILVEIRO	M	6338	00:35:47.06	01:02:17.79	01:05:27.26	
4395	MARINA SERRÃO	F	7272	00:31:58.95	01:04:19.14	01:05:27.42	Lá Vão... de Almeirim
4396	FRANCISCO PAULINO	M	4984	00:34:14.69	01:02:43.57	01:05:28.61	LINDA-A-PASTORA SPORTING CLUBE
4397	SANDRA ISABEL ALBINO PEREIRA	F	6443	00:31:52.87	01:03:39.29	01:05:28.74	
4398	HELENA MACEDO OLIVEIRA	F	3062	00:32:36.47	01:03:51.95	01:05:28.89	
4399	NUNO LOPES	M	285	00:31:25.35	01:02:56.67	01:05:29.14	
4400	ALCIDES DA CUNHA PAULO	M	4657	00:33:19.12	01:03:05.74	01:05:29.28	
4401	TIAGO RICARDO	M	703	00:33:25.37	01:02:36.36	01:05:29.59	
4402	FRANCISCO PIRES SOUSA	M	1389	00:32:09.87	01:03:12.94	01:05:29.81	
4403	VÍTOR LUCAS	M	2739	00:32:05.33	01:04:13.17	01:05:30.39	
4404	PEDRO CARVALHO	M	9342	00:33:11.22	01:02:39.28	01:05:30.56	Correr Lisboa
4405	CATARINA OLIVEIRA SANTOS	F	2965	00:35:40.85	01:02:19.08	01:05:30.75	
4406	CARLOS VIDEIRA	M	1659	00:33:46.72	01:03:09.90	01:05:30.86	
4407	JÚLIA ALMEIDA	F	8982	00:32:18.75	01:03:58.58	01:05:31.22	
4408	RUI DE SÁ	M	3884	00:32:40.99	01:03:12.02	01:05:31.81	
4409	JOÃO PAISANA	M	630	00:35:06.56	00:59:01.71	01:05:31.97	
4410	ANA RITA CATARINO ALVES	F	2580	00:35:17.57	01:00:06.88	01:05:32.11	
4411	TOMÁS MORAIS PEREIRA FERREIRA	M	6641	00:29:17.11	01:05:02.40	01:05:32.40	Buêda rápidos
4412	ANA GARCIA MARTINS	F	9203	00:33:13.99	01:02:41.09	01:05:32.50	
4413	ANTÓNIO BRAGA	M	3050	00:33:15.20	01:02:48.29	01:05:32.80	
4414	CATARINA ISABEL CARDÃO VARGES	F	1815	00:32:49.53	01:03:51.08	01:05:33.06	
4415	MARIA JÚLIA ROCHA DA CONCEIÇÃO	F	5527	00:31:45.53	01:03:17.97	01:05:33.12	INDEG
4416	JOÃO PAULO NUNES G. DOMINGUES	M	755	00:34:12.09	01:01:06.14	01:05:33.35	
4417	MIGUEL CARDADOR	M	8328	00:34:29.83	00:59:37.19	01:05:33.44	
4418	CATARINA ISABEL CARDÃO VARGES	F	9113	00:32:49.54	01:03:51.31	01:05:33.52	CP
4419	ALBERTO LUIS PACHECO CORREIA	M	6923	00:33:10.28	01:01:48.80	01:05:33.55	
4420	SUSANA MALHEIRO	F	1901	00:33:24.71	01:02:16.11	01:05:33.63	
4421	EGÍDIO SILVA	M	6208	00:30:26.28	01:04:13.34	01:05:33.85	SS CGD
4422	BRUNO ALMEIDA DA SILVA	M	9299	00:32:43.65	01:02:58.17	01:05:34.23	Frenalgil, --
4423	JOÃO TEIXEIRA MARQUES	M	3581	00:33:17.81	01:03:43.52	01:05:34.77	CORREDORES ANÓNIMOS
4424	DANIEL BARATA ALVES	M	8350	00:37:37.11	00:54:31.14	01:05:34.78	
4425	BRUNO CATARINO	M	7990	00:35:16.50	01:00:09.62	01:05:34.84	
4426	BRUNO MARCOS	M	7493	00:32:32.33	01:02:03.12	01:05:34.95	
4427	RICARDO MATIAS	M	4691	00:33:57.67	01:00:28.81	01:05:35.58	Os Conta-Kilómetros
4428	JÚLIO ALMEIDA	M	7222	00:32:12.27	01:02:58.73	01:05:35.68	
4429	BRUNO MATIAS	M	4692	00:33:58.18	01:00:29.32	01:05:36.31	Os Conta-Kilómetros
4430	CARLOS LOPES PEREIRA	M	1797	00:35:20.87	01:02:27.91	01:05:36.77	
4431	OLGA NEVES	F	7477	00:33:47.30	01:01:56.20	01:05:37.52	
4432	ANTÓNIO SANTOS	M	7478	00:33:47.88	01:01:58.50	01:05:37.74	
4433	PAULO ALEXANDRE DA COSTA VIEIRA	M	4292		01:02:30.91	01:05:37.80	
4434	PEDRO COUTINHO	M	5133	00:34:54.42	01:02:24.52	01:05:39.85	
4435	PEDRO CORREIA	M	1842	00:34:40.86	01:00:37.04	01:05:40.56	
4436	PAULO FERNANDES	M	2396	00:36:14.35	01:01:28.74	01:05:40.93	Microsoft One
4437	ODERLINDO VIDA	M	7530	00:36:14.16	01:01:29.03	01:05:41.19	
4438	EDUARDO DIAS	M	7960	00:32:30.73	01:03:20.42	01:05:41.34	
4439	MARIA LUIZA ARRUDA BOTELHO P. MAGALHÃES	F	6125	00:32:13.21	01:04:06.52	01:05:41.78	
4440	LILIANA LOPES	F	3524	00:32:29.56	01:03:21.01	01:05:41.95	BANCO PRIVADO ATLANTICO EUROPA
4441	MÁRIO DIAS	M	2483	00:32:29.49	01:03:21.58	01:05:41.95	
4442	JOSÉ ANTÓNIO OLIVEIRA	M	4107	00:31:08.24	01:03:37.38	01:05:42.36	ProfitnessRun
4443	NUNO MIGUEL BARROSO MONTEIRO	M	2316	00:33:39.36	01:03:17.33	01:05:42.47	
4444	MARCOS AGOSTINHO	M	1990	00:30:40.08	01:04:41.33	01:05:42.54	
4445	SUSANA RIBEIRO	F	4240	00:34:50.32	01:02:16.40	01:05:42.70	
4446	HONORATO MOURA	M	3130	00:34:25.15	01:02:50.25	01:05:44.03	CCDTMetroLX
4447	CARLOS MELO	M	8045	00:34:04.76	01:03:44.28	01:05:45.37	
4448	MARIANA DIAS	F	2781	00:32:06.79	01:04:28.05	01:05:46.29	Clube ANACOM
4449	RUTE FERRÃO	F	9255	00:30:44.34	01:04:49.32	01:05:46.48	Continente
4450	JOÃO PRATA	M	2005	00:33:58.71	01:01:55.36	01:05:47.62	Reumaticos em Movimentos
4451	LUIS ULIAN	M	5920	00:35:17.98	01:00:36.89	01:05:47.65	
4452	MARIA TERESA ALVES JANELA	F	3763	00:31:43.57	01:03:55.68	01:05:47.69	CLUBE MILLENNIUM BCP
4453	PEDRO VIEIRA	M	1930	00:35:43.65	01:01:47.41	01:05:48.05	404, --

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4454	JORGE GUERREIRO	M	1633	00:32:38.49	01:01:03.78	01:05:49.25	
4455	LUIS SILVA	M	7599	00:32:25.79	01:02:51.99	01:05:49.89	
4456	JOSIANE VIANA DE OLIVEIRA LIMA	F	8657	00:34:02.93	01:04:16.22	01:05:50.48	Sportlife
4457	MARIE AUBERT	F	4669	00:33:11.30	01:03:36.32	01:05:51.26	
4458	MARTA NEVES	F	550	00:34:55.96	01:01:47.27	01:05:51.70	Os marretas
4459	MARIANA GONÇALVES	F	5776	00:35:08.92	01:01:18.13	01:05:52.23	
4460	VITOR GONÇALVES	M	5775	00:35:08.75	01:01:19.91	01:05:52.62	
4461	GONÇALO SÁ	M	4034	00:32:04.89	01:04:29.39	01:05:52.80	CCD TRANQUILIDADE
4462	MIGUEL MATIAS	M	9079	00:33:28.89	01:03:48.97	01:05:53.09	Maratona Clube de Portugal
4463	ANA MAFALDA PINTO C. DA CUNHA	F	2171	00:32:18.87	01:04:51.62	01:05:53.31	
4464	PEDRO MATOS	M	590	00:32:53.99	01:03:20.02	01:05:53.40	
4465	MARCO FILIPE VELEZ	M	8832	00:31:46.44	01:04:17.05	01:05:53.87	
4466	RICARDO DOS SANTOS GOMES	M	3720	00:31:36.03	01:03:33.79	01:05:53.96	CLUBE MILLENNIUM BCP
4467	MIGUEL AMARAL	M	5064	00:32:05.14	01:05:01.46	01:05:53.98	GRCD Leião
4468	LETICIA DE LA FUENTE DE LA MORENA	F	845	00:35:13.12	01:02:13.17	01:05:54.03	
4469	ANDRÉ NORONHA	M	6197	00:36:18.04	01:00:55.85	01:05:54.12	SS CGD
4470	LUIS AUGUSTO LOURENÇO PEREIRA	M	553	00:32:10.19	01:05:54.52	01:05:54.52	
4471	CATIA RODRIGUES	F	8072	00:34:12.38	01:02:54.53	01:05:54.65	
4472	JOEL RENDALL	M	2378	00:35:12.94	01:02:14.02	01:05:54.66	
4473	CRISTIANA MARIA ALMEIDA	F	6871	00:36:17.51	01:00:54.68	01:05:55.52	Tartarugas Solidarias
4474	CARLA MORGADO	F	4299	00:34:17.66	01:03:28.14	01:05:55.81	
4475	JOANA CEITIL	F	908	00:35:09.31	01:01:26.28	01:05:55.87	Clube Desportivo da Novabase
4476	SEM DADOS		9518	00:31:06.92	01:05:50.62	01:05:55.99	
4477	FRANCISCO LINHOL	M	812	00:34:18.50	01:03:28.17	01:05:56.06	
4478	CATARINA ALEXANDRA OLIVEIRA RIBEIRO	F	8687	00:31:07.17	01:05:50.58	01:05:56.21	Sanofi
4479	JOÃO PEREIRA	M	1634	00:33:00.63	01:01:10.13	01:05:56.52	
4480	MARIA JOAO FERNANDES SIMOES	F	2490	00:31:08.44	01:05:50.43	01:05:56.53	Sanofi
4481	CONCEIÇÃO PERES	F	5755	00:33:22.86	01:03:23.34	01:05:56.82	Clube ANA Lisboa
4482	SUSANA ESCÁRIA	F	1017	00:33:20.94	01:01:48.49	01:05:57.17	Escária
4483	SUSANA SIMÃO	F	2587	00:32:16.10	01:04:02.25	01:05:57.74	
4484	MARIA MAGRO	F	1723	00:33:09.18	01:04:01.96	01:05:58.38	Karatecas
4485	HELDER ALEXANDRE	M	2967	00:35:05.85	00:59:55.63	01:05:58.52	Microsoft One
4486	JORGE MACHADO	M	2588	00:32:16.06	01:04:02.56	01:05:58.68	
4487	CARLOS CARRILHO	M	3902	00:35:49.05	01:01:07.84	01:05:58.72	
4488	JOÃO FERREIRA LIMA	M	1425	00:31:15.49	01:05:03.89	01:05:59.57	CCD Crédito Agrícola Mútu
4489	EDUARDO PROENÇA	M	632	00:31:15.66	01:04:20.75	01:05:59.66	
4490	RAQUEL GAIVEO	F	7786	00:32:22.88	01:03:46.48	01:05:59.81	Volkswagen Autoeuropa
4491	LUIS TEIXEIRA	M	9167	00:35:04.90	00:59:27.91	01:06:00.50	
4492	CATARINA FALCAO	F	321	00:35:01.09	01:02:24.80	01:06:00.55	
4493	BRUNO VICENTE	M	6188	00:32:39.55	01:01:38.61	01:06:01.20	
4494	MARIO WESTPHALEN	M	320	00:35:01.11	01:02:24.09	01:06:01.23	
4495	TOMÁS MEIAS	M	6240	00:35:23.42	01:01:43.05	01:06:01.58	SS CGD
4496	ROGÉRIO SIQUEIRA	M	9939	00:32:19.41	01:04:36.39	01:06:01.68	
4497	MARIANA RODRIGUES	F	9049	00:34:07.06	01:01:48.20	01:06:01.98	
4498	JOÃO PALMA	F	7067	00:32:46.46	01:03:04.23	01:06:02.16	
4499	RUI OLIVEIRA	M	6235	00:34:54.69	01:01:57.43	01:06:02.95	SS CGD
4500	MIGUEL EÇA DE MATOS	M	5027	00:34:48.27	01:00:25.55	01:06:03.32	
4501	CÁTIA SANTOS	F	6591	00:33:26.40	01:03:20.18	01:06:04.01	Correr Lisboa
4502	EDMUNDO CARDEIRA	M	3419	00:34:59.10	01:01:24.34	01:06:04.35	Leões de Barcarena
4503	JORGE MANUEL ANTUNES MORAIS	M	824	00:32:14.40	01:04:13.49	01:06:04.42	
4504	PAULA MARGARIDA COUTO	F	1430	00:32:50.07	01:04:19.72	01:06:04.77	
4505	DANIEL MATOS	M	1506	00:35:11.66	01:02:33.65	01:06:04.78	
4506	DANIEL CONCEIÇÃO	M	6565	00:32:39.32	01:03:38.89	01:06:05.85	CAN - CLUBE ATLETISMO NAZARE
4507	ALEXANDRE ISAAC	M	6563	00:32:39.92	01:03:39.00	01:06:05.87	CAN - CLUBE ATLETISMO NAZARE
4508	FRANCISCO SANTOS	M	302	00:34:11.56	01:03:18.56	01:06:06.15	
4509	HERNÂNI BONIFÁCIO	M	552	00:35:00.85	01:02:03.10	01:06:06.56	Os marretas
4510	SARA PAULINO	F	1697	00:34:02.50	01:03:24.41	01:06:06.63	
4511	INÊS LEAL	F	347	00:35:05.89	01:02:26.04	01:06:07.05	
4512	ALEXANDRE DOMINGOS	M	6499	00:33:33.60	00:59:30.54	01:06:08.04	
4513	BRUNO MIGUEL ROMÃO NEVES	M	8393	00:36:21.29	01:00:28.24	01:06:08.18	
4514	TIAGO HENRIQUES	M	3151	00:33:52.80	01:02:16.34	01:06:08.29	
4515	ARTUR ANTÓNIO INÁCIO FARINHA	M	4796	00:33:04.38	01:01:46.38	01:06:08.32	
4516	JOAO SANTOS	M	6847	00:32:37.65	01:06:08.94	01:06:08.94	
4517	ANTÓNIO MIGUEL GOMES PIMPÃO	M	5448	00:30:51.61	01:02:02.51	01:06:09.17	INDEG
4518	SEM DADOS		9569	00:33:13.21	01:04:37.28	01:06:09.62	
4519	NUNO SANTOS	M	3418	00:31:40.80	01:03:51.98	01:06:10.32	
4520	JOSÉ PESTANA	M	2408	00:32:23.88	01:03:59.51	01:06:10.65	ITEN
4521	LUIS AFONSO	M	7300	00:32:23.17	01:04:43.01	01:06:10.66	ITEN
4522	SUSANA MENDES	F	6775	00:32:23.97	01:05:23.21	01:06:10.87	NucleOeiras/SportZONE - ADNO
4523	LISA CRUZ	F	7266	00:33:02.93	01:04:03.67	01:06:11.37	
4524	IVO ALEXANDRE CAPELA LIMA	M	5773	00:33:55.24	01:03:38.70	01:06:11.50	
4525	ANA CATARINA FONSECA	F	7969	00:35:48.81	01:06:11.61	01:06:11.61	Starfish
4526	SÉRGIO SEIXO	M	1583	00:34:11.48	01:02:55.23	01:06:12.18	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4527	JOAO SANTOS	M	7275	00:33:01.04	01:04:05.15	01:06:12.50	
4528	SARA FULGÊNCIO	F	716	00:34:12.53	01:02:56.66	01:06:12.57	
4529	GONZALO SANCHEZ-BORDONA	M	7682	00:35:53.51	01:00:13.73	01:06:12.85	
4530	CLÁUDIA MIRANDA RAMOS	F	700	00:35:20.00	01:02:52.73	01:06:12.88	
4531	JAQUELINA SOFIA PARENTE VIEIRA	F	3368		01:04:16.52	01:06:13.25	Fast & Furious Runners Team
4532	SEBASTIÁN PARENTE	M	9921		01:04:24.26	01:06:13.59	
4533	LUIS GARCIA	M	4537	00:32:22.40	01:05:36.82	01:06:14.77	Volkswagen Autoeuropa
4534	SÍLVIA ANJOS	F	3467	00:34:04.08	01:02:34.11	01:06:14.86	CascaGrossista
4535	JOÃO CAMPOS	M	2343	00:35:38.27	01:01:47.19	01:06:14.91	Correr na Cidade
4536	JOANA RIBEIRO	F	7431	00:35:38.18	01:01:47.51	01:06:15.30	Correr na Cidade
4537	MARTA PARDAL	F	4054	00:36:08.34	00:59:55.68	01:06:16.54	
4538	FILIPPE PAIS DE ALMEIDA	M	6640	00:29:16.96	01:05:46.14	01:06:16.57	Buéda rápidos
4539	MÁRIO CONDUTO	M	4053	00:36:07.99	00:59:57.45	01:06:16.75	
4540	MIGUEL FLORES	M	5600	00:32:19.12	01:04:48.16	01:06:17.47	
4541	DANIEL LAVRADOR	M	8919	00:34:01.30	01:03:27.91	01:06:17.64	Pepsico
4542	JOSÉ EDUARDO FERREIRA SILVA	M	1038	00:30:11.37	01:05:10.16	01:06:18.19	
4543	MARIA JOAO LEITÃO GARCIA	F	6683	00:34:05.15	01:03:33.60	01:06:18.23	
4544	JORGE ROSA	M	4148	00:33:48.49	01:02:02.26	01:06:18.60	
4545	CARLOS NASCIMENTO	M	8384	00:34:16.91	01:03:43.60	01:06:19.75	
4546	ANA BARRADAS	F	8777	00:32:03.27	01:04:45.35	01:06:19.85	
4547	ANTONIO JORGE DOS SANTOS RAMOS	M	836	00:34:35.13	01:02:59.55	01:06:19.86	
4548	LIDIA RAMOS	F	835	00:34:34.93	01:02:59.09	01:06:20.34	
4549	BRUNO SOARES	M	428	00:29:24.87	01:05:21.63	01:06:20.54	
4550	TIAGO CATALÃO	M	8976	00:34:48.73	01:02:07.50	01:06:20.55	
4551	ANDRÉ CARVALHO	M	8226	00:38:08.09	01:01:51.95	01:06:20.67	Pumpers
4552	JOÃO PEDRO SILVA	M	2306	00:33:31.85	01:03:46.08	01:06:20.96	
4553	PEDRO MIGUEL POMBO ALFARO	M	5552	00:32:11.19	01:04:53.84	01:06:21.11	INDEG
4554	RUI DIAS	M	8492	00:32:17.41	01:06:11.85	01:06:21.85	Colt
4555	ISABEL GUERRA	F	6097	00:34:29.78	01:02:38.81	01:06:21.89	
4556	JOANA GONÇALVES	F	7031	00:34:32.17	01:04:13.71	01:06:23.14	
4557	ANTÓNIO REMECHIDO	M	1003	00:31:50.03	01:05:02.38	01:06:23.22	
4558	PEDRO MIGUEL HENRIQUES	M	723	00:33:01.69	01:03:44.46	01:06:23.39	
4559	ANTONIO SANTOS	M	9243	00:34:01.50	01:02:05.96	01:06:23.62	
4560	LUIS RODRIGUES	M	8300	00:32:49.20	01:04:26.23	01:06:23.64	
4561	TIAGO OLIVEIRA	M	6299	00:33:59.30	01:02:06.31	01:06:23.72	Correr Lisboa
4562	JOSÉ DIAS	M	8686	00:33:59.63	01:01:07.32	01:06:24.14	Sanofi
4563	MARLENE OLIVEIRA	F	6169	00:33:23.55	01:04:29.02	01:06:24.41	
4564	PEDRO MACEDO	M	2443	00:30:46.76	01:06:03.46	01:06:24.81	
4565	ORLANDO COSTA	M	2549	00:34:36.25	01:01:44.33	01:06:25.09	
4566	EDUARDO MIGUEL NAVARRO CASTRO	M	6548	00:35:36.74	01:04:17.38	01:06:25.21	
4567	RODRIGO SANTOS	M	876	00:33:17.82	01:05:51.19	01:06:25.24	
4568	PEDRO AMARAL	M	450		01:04:58.74	01:06:25.55	
4569	CARLOS ALVES PEREIRA	M	8523	00:35:55.69	00:59:48.50	01:06:26.53	
4570	PAULO MOREIRA	M	852	00:32:09.94	01:04:34.79	01:06:27.20	
4571	MARIA LUISA LEITÃO	F	1916	00:32:43.61	01:04:37.79	01:06:27.35	
4572	HUGO CORDEIRO	M	232		01:05:11.68	01:06:27.52	
4573	VASCO GUIMARÃES	M	4411	00:35:47.63	00:59:57.67	01:06:27.61	Açoreana Clube Banif
4574	PEDRO VARELA	M	1135	00:35:47.83	00:59:56.70	01:06:27.70	
4575	PAULO CARREIRO GOMES	M	7055	00:30:56.56	01:04:41.31	01:06:28.83	
4576	TIAGO COSTA	M	3854	00:33:58.02	01:05:02.72	01:06:29.53	
4577	ANA GALAMBA	F	6625	00:35:19.29	01:01:58.25	01:06:29.83	Correr Lisboa
4578	INES CARVALHO	F	8439	00:32:32.73	01:05:00.41	01:06:30.00	EXP!
4579	JOSÉ TEIXEIRA	M	6869	00:33:38.64	01:06:30.36	01:06:30.36	
4580	JOSÉ RAMOS	M	1817	00:32:09.43	01:04:39.21	01:06:30.64	
4581	JOANA MIRANDA	F	3855	00:33:56.61	01:05:04.03	01:06:30.66	
4582	JOAO PARREIRA	M	6909	00:35:26.77	01:01:00.16	01:06:31.49	
4583	ANTONIO CORREIA FERNANDES	M	8033	00:31:49.60	01:04:39.58	01:06:32.26	
4584	AUGUSTO PAULO NEVES	M	7681	00:35:46.86	01:01:19.18	01:06:32.41	
4585	JOÃO FERNANDES	M	1680	00:34:55.96	01:01:29.31	01:06:32.73	
4586	CRISTINA CUNHA	F	2601	00:32:45.85	01:04:12.90	01:06:33.05	
4587	PAULO LOPES	M	885	00:28:13.95	01:05:38.61	01:06:33.15	
4588	MANUEL ANASTÁCIO	M	3182	00:35:46.70	01:01:20.53	01:06:33.16	CLUBE GRUPO BES
4589	HUGO REALINHO	M	922	00:32:05.87	01:04:30.95	01:06:33.38	
4590	ALEXANDRINO SILVEIRO	M	6337	00:35:48.79	01:03:24.01	01:06:33.53	
4591	MARIA JULIA BORGES CALISTO	F	9006	00:33:06.76	01:05:06.87	01:06:33.66	
4592	ANA MARGARIDO	F	921	00:32:05.64	01:04:30.91	01:06:33.73	
4593	ANTÓNIO NINA DUARTE	M	3116	00:33:05.30	01:02:39.32	01:06:33.82	Xerox Roadrunners
4594	BRUNO FILIPE MATIAS DE JESUS BALEIZÃO	M	7958	00:34:56.46	01:00:38.49	01:06:34.37	
4595	PEDRO RIBEIRO LOPES	M	395	00:31:09.32	01:04:36.42	01:06:34.53	
4596	PAULO BRIOSO	M	466	00:35:47.50	01:02:41.21	01:06:35.06	
4597	MARGARIDA LUCAS PIRES	F	9003	00:33:43.79	01:03:58.54	01:06:36.36	
4598	INÉS CUNHA	F	3112	00:33:16.50	01:04:25.96	01:06:36.44	Clube Robbialac
4599	LUÍS BANDEIRA	M	2953	00:35:18.54	01:06:36.69	01:06:36.69	Grupo corrida Joaquim Chaves S

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4600	CARLOS MANUEL BRANCO SANTO	M	3702	00:34:57.63	01:01:43.16	01:06:37.75	CLUBE MILLENNIUM BCP
4601	FILIPA QUEIROZ	F	2593	00:34:46.34	01:03:29.57	01:06:38.02	
4602	CLAUDIO PINA	M	9556	00:33:48.78	01:02:06.42	01:06:38.06	Sportzone
4603	ANDREIA LOUZEIRO	F	2371	00:34:57.81	01:01:44.55	01:06:38.96	
4604	MARTA SAMPAIO	F	8157	00:32:59.14	01:05:24.80	01:06:39.16	
4605	CECILIA TAVARES	F	2865	00:32:28.62	01:05:48.13	01:06:39.19	
4606	ANA RITA ALEIXO DEUS	F	1090	00:32:59.31	01:04:58.31	01:06:39.30	
4607	MIGUEL CALDAS	M	4764	00:32:00.54	01:05:38.22	01:06:41.01	
4608	SUSANA DOS SANTOS MARTINS	F	2824	00:31:40.29	01:05:51.51	01:06:41.85	
4609	MARTA ANDRADE	F	1843	00:34:32.70	01:02:40.99	01:06:42.25	
4610	LUÍS SALDANHA	M	5118	00:33:09.27	01:05:48.88	01:06:42.55	
4611	MARCO PAULO LOPES COELHO	M	2810	00:33:22.93	01:04:23.02	01:06:42.62	
4612	FILIFE ABREU	M	7521	00:36:42.52	00:58:23.89	01:06:42.65	
4613	VITOR JOSÉ MENDES BRITES NUNES	M	6718	00:34:50.64	01:01:48.37	01:06:43.34	
4614	JOSE PEDRO DE SOUSA PINTO	M	945	00:31:34.07	01:05:45.18	01:06:44.31	
4615	ANABELA SILVA CUNHA AMARAL	F	3692	00:31:19.26	01:06:40.73	01:06:44.78	CLUBE MILLENNIUM BCP
4616	PAULO BAILÃO	M	7311	00:36:18.02	01:01:46.82	01:06:45.26	sscgd
4617	RUI CARLOS FERNANDES MENEZES CARIA	M	6682	00:34:05.50	01:04:00.55	01:06:45.54	
4618	PAULO JORGE FONSECA	M	2540	00:37:15.96	01:00:42.64	01:06:45.73	UDFAC
4619	ANDRÉ LUÍS M. SOTO ALMEIDA	M	1717	00:36:12.06	01:00:50.44	01:06:46.08	
4620	PEDRO BERJANO	M	1888	00:31:20.33	01:05:37.41	01:06:46.58	
4621	HUGO SANTOS	M	1058	00:38:53.16	01:01:36.55	01:06:46.82	
4622	MÓNICA TRUNINGER SOUSA	F	2612	00:34:07.28	01:03:47.02	01:06:47.21	CLUBE COLABORADORES AXA
4623	VITOR LOPES	M	3156		01:03:09.14	01:06:47.87	
4624	ANTÓNIO CAPELO	M	368	00:32:27.32	01:06:21.78	01:06:47.99	
4625	CARLOS ANJO	M	8908	00:34:15.34	01:01:58.04	01:06:48.15	
4626	JOÃO CAPÃO	M	3894	00:33:46.17	01:04:25.77	01:06:48.25	SCALABIS NIGHT RUNNERS
4627	FERNANDO OLIVEIRA	M	2350	00:36:03.17	01:03:51.32	01:06:48.59	ATLETAS DE PESO
4628	CARMINHO LETRA	F	3893	00:33:46.69	01:04:26.20	01:06:48.67	SCALABIS NIGHT RUNNERS
4629	JOSÉ BAPTISTA	M	1191	00:32:37.24	01:04:33.74	01:06:48.75	
4630	VITOR MANUEL PORFIRIO MARQUES	M	9707	00:33:13.80	01:04:55.03	01:06:48.85	
4631	OLGA SHAKHTARINA	F	7894	00:34:44.02	01:02:08.54	01:06:49.54	
4632	ANA ISABEL DUARTE CHAGAS	F	856	00:35:15.44	01:02:00.94	01:06:51.15	
4633	MARIA ASSUNÇÃO CARVALHOSA	F	2242	00:32:26.26	01:05:53.79	01:06:51.99	CCD TRANQUILIDADE
4634	FRANCISCO CARLOS CRAVEIRO	M	9138	00:30:25.01	01:06:03.64	01:06:52.17	CP
4635	MANUEL JORGE NARCISO	M	7117	00:33:31.24	01:03:53.23	01:06:52.27	
4636	LUIS SILVA	M	1866	00:37:32.02	01:00:54.74	01:06:53.86	Iberia 2
4637	BRUNO FILIFE SOARES SANTOS SOUSA	M	5454	00:34:52.97	01:00:52.46	01:06:54.75	INDEG
4638	NUNO JORGE	M	4605	00:34:47.21	01:03:02.74	01:06:56.10	A fuga dos Galináceos, --
4639	BRUNO GUERREIRO	M	484	00:32:22.73	01:04:16.53	01:06:56.65	
4640	NUNO MARQUES	M	6991	00:32:47.74	01:03:48.61	01:06:56.71	
4641	MARIA SILVA	F	666	00:33:52.11	01:03:29.75	01:06:57.58	
4642	ÓSCAR SILVA	M	7302	00:32:55.28	01:04:07.61	01:06:57.70	Correr Lisboa
4643	HUGO MIGUEL VELOSA	M	7243	00:32:24.33	01:05:37.61	01:06:58.53	
4644	CARLOS TEIXEIRA	M	1669	00:34:17.89	01:04:09.83	01:06:58.59	Tejavista
4645	RUI MANUEL ALVES MARQUES	M	1494	00:33:39.94	01:04:28.84	01:06:58.81	
4646	ISABEL SANTOD	F	9231	00:33:26.98	01:05:22.93	01:06:58.95	
4647	JOANA CRISÓSTOMO RUIVO	F	4913	00:34:54.32	01:03:53.18	01:06:59.03	
4648	OCTÁVIO CARDOSO	M	3263	00:33:09.00	01:02:25.95	01:06:59.19	Weventual 2
4649	SANDRA CARDOSO	F	1265	00:33:16.62	01:03:47.78	01:07:00.21	
4650	MARIA CRISTINA NEIVA PEREIRA	F	6566	00:35:02.99	01:04:24.13	01:07:00.70	Chitas de Alcobça
4651	JAIME .	M	4115	00:34:22.20	01:03:11.43	01:07:00.82	
4652	FERNANDO SOUSA FERREIRA	M	7294	00:31:22.21	01:06:32.27	01:07:01.20	
4653	JOAO CARLOS J CARVALHO	M	3767	00:34:05.26	01:04:37.29	01:07:01.39	CLUBE MILLENNIUM BCP
4654	ANA HIPÓLITO	F	9962	00:33:20.54	01:03:32.45	01:07:01.43	
4655	MARIA QUITÉRIA	F	791	00:33:56.31	01:04:34.44	01:07:01.48	
4656	PAULO ALBERGARIA	M	1859	00:33:53.44	01:03:50.73	01:07:01.66	Os Galgos
4657	PEDRO FAUSTINO	M	3617	00:35:02.99	01:04:25.66	01:07:01.72	Chitas de Alcobça
4658	FRANCISCO REIS SILVA	M	3899	00:35:16.98	01:04:47.61	01:07:01.80	
4659	JOAO FERNANDO SIMOES BRANCO	M	4697	00:34:54.47	01:03:50.84	01:07:01.94	AAEBNU, --
4660	MIGUEL CAMPOS CARVALHO	M	3768	00:34:06.08	01:04:37.84	01:07:02.01	CLUBE MILLENNIUM BCP
4661	ANTONIO CAPUCHO	M	4806	00:36:02.09	01:00:59.69	01:07:02.13	
4662	JOÃO MIGUEL SANTOS	M	8290	00:36:32.90	01:02:14.69	01:07:03.68	
4663	NUNO RODRIGUES	M	4852	00:32:42.80	01:05:49.50	01:07:04.78	
4664	LUIS SCHWAB	M	5193	00:33:21.67	01:04:20.91	01:07:04.83	
4665	FABRIZIO PARADISO	M	3628	00:31:27.52	01:06:00.91	01:07:04.89	
4666	JAIME AFONSO	M	8738	00:35:12.57	01:03:06.25	01:07:04.90	Clube ANACOM
4667	KEVIN PEDRO	M	7438	00:33:32.82	01:05:19.39	01:07:05.68	ELECTRO
4668	MARTA VERISSIMO	F	7437	00:33:33.00	01:05:21.57	01:07:05.81	ELECTRO
4669	RICARDO OLIVEIRA	M	6999	00:38:07.33	01:05:40.31	01:07:06.18	
4670	TIAGO CANHOTO	M	3292	00:28:36.59	01:06:03.10	01:07:06.18	
4671	RHINA CARDENAL	F	6693	00:33:45.89	01:03:44.34	01:07:06.24	
4672	PEDRO NÓBREGA SOUSA	M	2845	00:33:35.04	01:03:26.32	01:07:06.52	



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4673	MIGUEL ALEXANDRE LAVADO PALMA	M	3882	00:36:17.29	01:03:46.84	01:07:06.65	Ginásio Clube Português
4674	ADELINO GONÇALVES	M	7846	00:35:15.36	01:03:04.34	01:07:07.34	
4675	ANABELA ESTER FILIPE VIDIGAL	F	763	00:34:54.46	01:03:45.92	01:07:07.48	
4676	PEDRO MIGUEL PINTO MONTEIRO	M	877	00:31:16.49	01:05:58.71	01:07:07.79	
4677	FERNANDO MONTENEGRO	M	8129	00:36:30.62	01:02:25.26	01:07:07.94	
4678	RIALEIGH YODER	F	9011	00:34:45.47	01:03:45.01	01:07:08.55	
4679	NUNO ROBY AMORIM	M	4730	00:31:45.48	01:06:00.98	01:07:08.71	
4680	CÁTIA BONITO	F	8905	00:32:54.62	01:06:55.43	01:07:09.21	
4681	JOÃO SIMÕES	M	7573	00:35:17.86	01:03:24.13	01:07:09.36	
4682	LUIS SIMÕES	M	7574	00:35:17.91	01:03:24.17	01:07:09.54	
4683	ANA FILIPA RODA	F	4300	00:36:27.96	01:02:37.64	01:07:09.91	
4684	SILVIA FRANCISCO	F	2893	00:36:27.57	01:02:39.55	01:07:10.74	
4685	ELSA BORBINHA	F	4672	00:32:22.07	01:04:41.74	01:07:10.76	
4686	ANTÓNIO FILIPE	M	6461	00:35:37.64	01:03:36.34	01:07:11.62	
4687	RUI ALEXANDRE	M	6361	00:34:12.14	01:01:33.32	01:07:12.13	
4688	CATARINA DIOGO	F	6107	00:34:37.69	01:02:08.72	01:07:12.32	Os Claudicantes
4689	PEDRO CLEMENTE	M	3333	00:36:38.41	01:01:32.10	01:07:13.15	
4690	NUNO CARRANCHO	M	909	00:33:57.20	01:02:42.79	01:07:13.40	
4691	JIMMY CORREIA	M	5286	00:33:11.13	01:04:57.96	01:07:13.55	
4692	HÉLIO MARTINS	M	5487	00:34:03.24	01:02:49.32	01:07:14.61	INDEG
4693	ANA PAZ	F	8365	00:35:22.42	01:02:51.88	01:07:14.61	
4694	ANTÓNIO PORTUGAL	M	1780	00:32:33.42	01:06:25.23	01:07:14.77	gdine
4695	MIGUEL ÂNGELO PENADO LEAL	M	2692	00:32:10.75	01:05:02.92	01:07:14.81	
4696	RICARDO CASACA	M	7924	00:33:58.20	01:02:14.18	01:07:15.13	Wannabe's
4697	PATRICIA FOGAÇA	F	9994	00:34:50.43	01:04:28.05	01:07:15.56	Correr Lisboa
4698	FRANCISCO ROSA	M	4911	00:34:02.45	01:03:39.15	01:07:15.72	Devagar se vai ao longe
4699	PEDRO ARAUJO	M	3766	00:37:16.88	01:02:37.35	01:07:16.49	CLUBE MILLENNIUM BCP
4700	ANDRÉ GOMES	M	2831	00:30:52.71	01:05:46.40	01:07:16.49	
4701	TERESA DÂMASO	F	2310	00:34:09.36	01:04:40.87	01:07:16.75	Microsoft One
4702	PAULO VIEGAS	M	5012	00:34:15.59	01:04:31.76	01:07:16.88	LINDA-A-PASTORA SPORTING CLUBE
4703	JOAO FERREIRA	M	9201	00:30:37.64	01:07:14.21	01:07:16.97	
4704	HUGO RODRIGO XAVIER	M	4938	00:32:39.16	01:03:36.23	01:07:17.87	
4705	NELSON ALVES DOS SANTOS	M	2288	00:33:48.38	01:05:29.90	01:07:17.97	
4706	RUI FILIPE CARVALHO REIS	M	3765	00:37:15.04	01:02:38.18	01:07:18.01	CLUBE MILLENNIUM BCP
4707	REGINALDO SCHIAVINI	M	516	00:31:16.09	01:06:04.47	01:07:18.36	
4708	JOANA PEIXOTO	F	3257	00:35:12.45	01:02:49.80	01:07:18.92	Weventual 2
4709	MARCO MARTINS	M	3812	00:32:13.31	01:04:43.81	01:07:18.99	
4710	JOAQUIM CARVALHO	M	9198	00:30:14.59	01:07:19.46	01:07:19.46	
4711	RITA CALAZ	F	1770	00:36:00.40	01:03:45.58	01:07:19.88	
4712	CATARINA OLIVEIRA	F	5165	00:37:04.34	01:01:22.43	01:07:20.55	
4713	KRASIMIRA IVANOVA MANOYLOVA	F	8201	00:35:34.60	01:03:50.04	01:07:20.75	Com Tradições
4714	ANTONIO FONSECA	M	8391	00:32:40.41	01:04:44.62	01:07:21.54	AC do Caracol, --
4715	RODRIGO ALEXANDRE MORAIS CUNHA	M	8059	00:35:46.71	01:01:39.62	01:07:21.86	
4716	HELENA PISSARRA	F	781	00:35:18.93	01:04:26.73	01:07:21.97	
4717	HENRIQUE GANDAREZ	M	7966	00:31:31.37	01:05:23.19	01:07:22.11	
4718	RICARDO FONSECA	M	5688	00:35:40.70	01:02:07.36	01:07:22.79	A minha corrida / Fitness Hut, --
4719	PAULO TABOAS	M	5686	00:35:40.07	01:02:08.81	01:07:23.27	A minha corrida / Fitness Hut, --
4720	MANUELA ANTON	F	4470	00:31:25.80	01:05:35.02	01:07:23.42	GRD Os Fixes
4721	LUIS MIGUEL DA CRUZ SIMÕES NEVES	M	3095	00:34:27.87	01:02:21.25	01:07:23.94	RUN 4-T FUN
4722	JOÃO MARTINS	M	8956	00:36:49.09	01:02:19.03	01:07:24.12	
4723	ROGÉRIO DIAS	M	7772	00:33:40.20	01:04:43.14	01:07:24.19	Bom Petisco
4724	LUIS MIGUEL ALVES	M	8123	00:36:02.46	01:03:46.24	01:07:24.50	
4725	VASCO INÁCIO	M	7459	00:36:02.38	01:03:46.41	01:07:24.97	
4726	PEDRO FILIPE GONÇALVES	M	8396	00:35:42.70	01:02:16.48	01:07:25.70	
4727	NATALICE ARRUDA	F	7506	00:33:17.82	01:05:20.03	01:07:25.82	
4728	JOAO CRISTINO	M	884	00:38:30.25	01:02:52.30	01:07:26.30	Run 4 It
4729	PAULO LOURO	M	8476	00:37:41.59	01:02:10.61	01:07:26.51	MADE2WEB DIGITAL AGENCY
4730	HUGO OLIVEIRA	M	9235	00:32:17.40	01:06:01.92	01:07:26.75	
4731	BRIGITTE CARDOSO	F	9344	00:32:04.99	01:07:22.94	01:07:27.04	Correr Lisboa
4732	ISABEL NUNES	F	8251	00:32:05.29	01:07:22.17	01:07:27.21	Correr Lisboa
4733	RUI FERNANDES FALÉ	M	1026	00:35:27.27	01:02:53.49	01:07:28.38	
4734	INÉS BARROSO	F	9029	00:35:15.30	01:05:02.70	01:07:28.39	TomTom
4735	PEDRO MIGUEL DIAS ALVES	M	5771	00:31:07.01	01:06:21.76	01:07:28.50	Os Pés de Gesso
4736	FERNANDO LEÃO	M	3860	00:31:30.23	01:06:02.58	01:07:28.54	
4737	MARIA CONCEIÇÃO SILVA	F	5692	00:33:54.37	01:05:36.33	01:07:28.55	
4738	ALEXANDRA ESTEVES	F	1262	00:34:45.94	01:04:52.43	01:07:29.06	
4739	JOÃO SANTOS	M	4753	00:31:13.32	01:05:51.92	01:07:29.09	Grupo Desportivo de Barcarena
4740	CRISTIANA SOBREIRO	F	2569	00:35:50.77	01:02:38.09	01:07:29.10	Trio Maravilha
4741	RUI MIGUEL LOUZEIRO	M	3877	00:30:56.55	01:06:22.54	01:07:29.26	Ginásio Clube Português
4742	PEDRO NUNO MARCELO CARVALHO	M	3643	00:35:39.68	01:03:17.24	01:07:30.02	CLUBE MILLENNIUM BCP
4743	LUIS GRILO	M	6860	00:33:58.87	01:01:51.65	01:07:30.26	ProfitfitnessRun
4744	ROGÉRIO MOTA	M	7697	00:32:48.11	01:07:26.74	01:07:30.50	BMW
4745	JOÃO LUÍS MATIAS GARCIA	M	5211	00:35:36.31	01:05:23.61	01:07:30.71	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4746	EUGÉNIA CID	F	9060	00:31:07.43	01:06:01.73	01:07:30.92	MiRC
4747	PEDRO BANDEIRA PINTO	M	6961	00:33:59.26	01:05:33.29	01:07:31.42	Sonae Sierra
4748	MONICA MIRA	F	6651	00:36:20.14	01:03:17.85	01:07:31.54	
4749	VASCO NUNO SCHMIT LOPES PAULO	M	2375	00:35:04.63	01:03:27.02	01:07:31.54	
4750	FILIPA COSTA	F	6940	00:36:54.48	01:00:56.28	01:07:31.69	
4751	PEDRO FERREIRA	M	3193	00:36:27.44	01:04:06.31	01:07:32.19	CLUBE GRUPO BES
4752	MARIA JOSÉ GOLINELLI	F	7170	00:34:27.70	01:04:20.92	01:07:32.20	
4753	JOAO MORADIAS	M	5225	00:35:15.43	01:02:16.03	01:07:32.86	HP CLUB
4754	MIGUEL MOREIRA	M	8540	00:33:48.98	01:04:02.20	01:07:33.22	
4755	MERVANY G. RODRIGUEZ AGUILERA	F	4763	00:33:31.20	01:06:27.53	01:07:33.46	
4756	RUI GERALDES	M	4750	00:31:49.55	01:07:33.14	01:07:33.75	Grupo Desportivo de Barcarena
4757	HELDER MARTINS	M	2198	00:32:39.22	01:05:37.85	01:07:34.32	
4758	JOÃO GONÇALVES	M	8198	00:32:37.39	01:05:30.71	01:07:34.97	
4759	RUI AGAPITO	M	8928	00:37:55.79	01:04:16.80	01:07:35.32	
4760	SONIA RODRIGUES	F	5571	00:33:55.73	01:06:43.27	01:07:37.03	INDEG
4761	TIAGO BARREIRA	M	2054	00:32:06.69	01:05:19.97	01:07:37.11	
4762	JOÃO FREIRE	M	3575	00:34:32.04	01:04:06.87	01:07:37.43	
4763	FRANCISCO FERRO	M	7542	00:34:42.94	01:03:33.87	01:07:38.06	
4764	JOANA LOUREIRO	F	3574	00:34:32.00	01:04:06.90	01:07:38.18	
4765	DAVID ANTUNES	M	1886	00:34:33.06	01:03:50.08	01:07:38.33	GIROS ARMADOS EM ATLETISTAS
4766	DANIEL LEANDRO GOMES DOS SANTOS	M	5586	00:28:44.70	01:06:39.78	01:07:38.75	
4767	ADRIANA RIBEIRO	F	4540	00:34:09.37	01:04:17.87	01:07:39.48	Aquanima
4768	SHEILA .	F	4463	00:33:49.11	01:04:05.70	01:07:39.50	
4769	JOÃO VIEIRA	M	1650	00:34:42.41	01:04:43.76	01:07:39.58	
4770	RUI DOMINGUES	M	7066	00:33:44.07	01:04:41.19	01:07:39.89	
4771	JOÃO CRUZ	M	3905	00:35:17.25	01:03:14.36	01:07:40.16	Os pé ligeiro...
4772	ANA BRITO	F	8297	00:35:08.38	01:04:16.22	01:07:40.87	
4773	NUNO MIGUEL PEREIRA	M	4807	00:32:31.08	01:06:30.27	01:07:41.16	Familia Pereira
4774	JOÃO MANUEL MARTINS PINTO	M	8979	00:34:38.65	01:02:50.23	01:07:41.25	
4775	RICARDO ALMEIDA	M	3906	00:35:17.17	01:03:16.11	01:07:41.49	Os pé ligeiro...
4776	SERGIO NEVES	M	537	00:36:33.93	01:02:42.92	01:07:41.78	
4777	FÁBIO SILVA	M	7331	00:34:50.56	01:05:05.10	01:07:42.11	Chitas de Alcobaça
4778	MARIA PENA DA COSTA	F	1673	00:33:45.49	01:04:17.35	01:07:42.14	
4779	RAFAELA MOREIRA	F	7330	00:34:51.32	01:05:04.61	01:07:42.15	Chitas de Alcobaça
4780	NUNO GAIO PEREIRA	M	8939	00:35:24.92	01:03:39.92	01:07:42.61	
4781	LUIS FERRO	M	1593	00:34:34.05	01:04:26.44	01:07:42.77	
4782	PEDRO DANIEL PIRES GODINHO	M	9301	00:31:53.56	01:06:00.95	01:07:42.85	Frenalgil, --
4783	TIAGO SARDO	M	529		01:04:27.78	01:07:42.95	
4784	BRUNO MORAIS	M	6650	00:32:28.66	01:03:23.82	01:07:44.10	
4785	PEDRO GONÇALVES	M	729		01:05:29.77	01:07:44.14	
4786	JOSÉ FREIRE	M	4882	00:33:16.15	01:05:50.97	01:07:44.33	GRCD Leão
4787	EUGÉNIA TEIXEIRA	F	4979	00:33:16.29	01:05:51.57	01:07:44.54	LINDA-A-PASTORA SPORTING CLUBE
4788	LUIS RAMOS	M	7155	00:30:55.77	01:05:15.12	01:07:44.86	
4789	MIGUEL SANTOS	M	1066	00:37:13.05	01:05:26.50	01:07:45.31	
4790	JOSÉ ANTÓNIO AZURARA	M	7729	00:32:29.32	01:05:49.82	01:07:45.63	Tejavista
4791	MIGUEL ALVES	M	5742	00:31:40.19	01:05:57.63	01:07:45.77	
4792	HUMBERTO CHAVES	M	3038	00:32:40.24	01:05:45.75	01:07:45.81	
4793	MIGUEL MENDES	M	2724	00:34:58.31	01:05:30.30	01:07:45.91	
4794	CATARINA MIRANDA BERJANO	F	1887	00:32:57.38	01:06:37.62	01:07:46.39	
4795	ANTONIO CARLOS SANTOS	M	4610	00:34:24.53	01:03:01.67	01:07:46.43	CCDEL_Efacec
4796	JOÃO PARRA CAROÇO	M	2025	00:31:50.64	01:05:06.84	01:07:46.78	Tejavista
4797	JANAÍNA FERRAZ PLESSMANN	F	2440	00:35:54.61	01:05:13.16	01:07:46.84	
4798	PATRÍCIA MORAIS	F	6229	00:34:29.12	01:03:28.36	01:07:46.90	SS CGD
4799	ALDA PINTO	F	1685	00:34:38.31	01:05:15.22	01:07:46.96	
4800	HUGO GOMES	M	7495	00:28:43.37	01:06:45.06	01:07:47.08	
4801	JOSÉ DIAS	M	5191	00:33:42.92	01:04:41.87	01:07:47.81	
4802	MANUEL SEABRA	M	8168	00:34:43.09	01:07:47.95	01:07:47.95	
4803	PEDRO AGUILAR	M	8228	00:38:08.03	01:03:18.65	01:07:47.96	Pumpers
4804	CLÁUDIO ANDRÉ DOS SANTOS RIBEIRO	M	5296	00:36:38.58	01:02:20.24	01:07:48.79	
4805	FILIPE GONCALVES	M	7604	00:32:10.62	01:04:44.38	01:07:49.05	
4806	JOSÉ RIBEIRO	M	8965	00:34:30.70	01:03:38.63	01:07:50.08	
4807	CMD .	F	8276	00:33:07.34	01:06:16.92	01:07:50.37	
4808	PAULA SERRA	F	4447	00:33:16.87	01:07:50.40	01:07:50.40	CCD Sintrense
4809	BRUNO LIMA	M	2222	00:31:18.58	01:06:42.16	01:07:52.19	Os Galgos
4810	TIAGO RAMOS	M	8111	00:36:24.17	01:04:03.08	01:07:52.52	
4811	FERNANDO RESINA DA SILVA	M	3489	00:35:52.39	01:02:12.67	01:07:52.69	VdAtletas
4812	MARIA MARGARIDA VILELA LOPES PEREIRA	F	9672	00:35:15.46	01:04:45.17	01:07:52.76	
4813	RITA FERRITO	F	8112	00:36:26.69	01:04:03.29	01:07:53.10	
4814	ANTÓNIO RAFAEL LOUREIRO	M	3508	00:34:03.91	01:04:09.97	01:07:53.54	VdAtletas
4815	JOÃO NOVAIS	M	4891	00:31:37.22	01:06:21.01	01:07:53.64	
4816	PAULO JORGE COSTA VIEIRA PINTO	M	489	00:35:47.61	01:04:03.06	01:07:54.50	
4817	MARIANO GILBERTO ANTUNES MAGALHÃES	M	5528	00:35:25.85	01:02:38.50	01:07:54.66	INDEG
4818	MARTA MACHADO	F	736	00:34:59.57	01:02:31.53	01:07:54.92	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4819	JOSÉ RODRIGUES	M	3111	00:33:11.99	01:05:45.00	01:07:55.05	Clube Robbialac
4820	MARIA CORREIA	F	676	00:32:25.70	01:05:38.85	01:07:56.04	
4821	LUIS PEREIRA	M	1982	00:31:59.70	01:05:25.13	01:07:56.82	
4822	CÁTIA CANOTILHO	F	6946	00:36:47.37	01:01:18.55	01:07:56.94	Sonae Sierra
4823	PEDRO VIANA	M	4020	00:35:23.45	01:02:32.06	01:07:57.72	BANCO PRIVADO ATLANTICO EUROPA
4824	CARLOS MIGUEL CRUZ	M	7228	00:34:11.51	01:05:42.37	01:07:57.88	ITEN
4825	PEDRO FILIPE CORREIA SANTOS	M	1332	00:36:46.69	01:03:04.76	01:07:57.92	
4826	PEDRO SÉRGIO	M	1433	00:32:19.38	01:05:23.73	01:07:58.26	CCD Crédito Agrícola Mútu
4827	JOSE LAGARTO	M	2029	00:33:25.44	01:05:08.59	01:07:58.66	
4828	RUI CHAVES	M	2418	00:33:25.31	01:05:28.38	01:07:58.66	CCD Crédito Agrícola Mútu
4829	ALEXANDRA SANTOS	F	1884	00:34:33.66	01:04:11.48	01:07:59.40	GIROS ARMADOS EM ATLETISTAS
4830	RICARDO FILIPE DOS SANTOS	M	7925	00:34:55.61	01:05:21.52	01:07:59.44	
4831	FERNANDO ALCIDES SOBRAL MACHADO	M	5294	00:31:46.59	01:06:12.94	01:07:59.69	
4832	LOURIVAL BRUNO TEIXEIRA GOMES	M	3378	00:32:19.16	01:06:00.09	01:07:59.97	Fast & Furious Runners Team
4833	ANABELA SOARES	F	3839	00:36:14.55	01:04:34.38	01:08:00.75	
4834	CARLA GOMES	F	1559	00:36:34.42	01:01:47.41	01:08:00.79	KENIANOS DO MONTIJO
4835	VASCO RODEIA	M	4516	00:35:11.48	01:02:42.70	01:08:01.00	
4836	ANDRÉ ORNELAS	M	9337	00:35:08.28	01:05:18.56	01:08:01.39	Correr Lisboa
4837	CLAUDIA MARIA SERPA GARCIA	F	5463	00:35:45.54	01:05:14.78	01:08:01.55	INDEG
4838	CLAUDIA GOMES	F	2594	00:35:44.97	01:05:15.14	01:08:01.63	Correr Lisboa
4839	JOÃO SÁ MONTEIRO	M	7835	00:36:59.73	01:03:39.61	01:08:02.45	
4840	CARLOS LAVRADOR	M	919	00:31:08.24	01:07:01.08	01:08:02.59	
4841	RICARDO FONSECA	M	3842	00:35:08.29	01:04:13.92	01:08:02.66	
4842	INÉS FOLGADO DIOGO	F	5491	00:33:18.73	01:04:51.69	01:08:03.25	INDEG
4843	PEDRO MIGUEL PINHEIRO DA FONSECA	M	7587	00:30:43.33	01:07:06.13	01:08:04.23	
4844	PEDRO GEADA	M	5126	00:36:19.82	01:05:56.12	01:08:05.34	
4845	PEDRO NUNO CASALINHO	M	7297	00:32:09.40	01:05:50.49	01:08:05.44	ITEN
4846	MANUEL CARLOS SANTOS	M	7139	00:34:04.40	01:05:04.75	01:08:05.69	
4847	LEONOR MACHADO	F	2051	00:35:02.07	01:06:17.71	01:08:05.86	
4848	DIOGO MAROUÇO MARTINS	M	8075	00:34:41.09	01:04:34.67	01:08:07.02	
4849	JORGE MENDES	M	1909	00:37:44.92	01:02:16.52	01:08:07.70	Caracóis de Pedra
4850	CARLOS CARTAXO	M	6089	00:36:22.74	01:03:06.52	01:08:07.70	
4851	VITOR FERREIRA	M	2944	00:34:23.12	01:02:41.35	01:08:07.72	Grupo corrida Joaquim Chaves S
4852	PAULA GONÇALVES	F	6230	00:36:22.43	01:03:06.96	01:08:07.75	SS CGD
4853	ADRIANO PIMENTEL	M	1934	00:37:45.12	01:02:16.65	01:08:07.77	Caracóis de Pedra
4854	LUIS COELHO	M	2271	00:37:57.89	01:02:30.83	01:08:07.77	
4855	CATIA NOGUEIRA	F	793	00:32:29.96	01:06:22.00	01:08:08.22	
4856	LUIS MIGUEL AFONSO	M	2614	00:34:05.82	01:05:33.66	01:08:08.30	CLUBE COLABORADORES AXA
4857	PEDRO ALCÂNTARA	M	8683	00:34:35.38	01:05:26.33	01:08:08.43	Sanofi
4858	NUNO VITAL FERREIRA	M	6914	00:32:40.36	01:05:09.28	01:08:09.12	
4859	CARLA RAPOSO	F	1326	00:34:25.58	01:05:21.24	01:08:09.62	Correr Lisboa
4860	BÁRBARA RODRIGUES DE ALMEIDA	F	6245	00:36:31.64	01:03:09.28	01:08:09.81	SS CGD
4861	JOÃO PAULO SACADURA	M	8413	00:32:31.57	01:06:10.88	01:08:10.68	
4862	ALEXANDRA PIRES	F	1105	00:34:02.86	01:04:52.75	01:08:11.31	Aero Runners
4863	PAULO MARQUES	M	3072	00:34:41.39	01:06:30.37	01:08:11.43	
4864	MÁRIO GOMES	M	2012	00:32:54.50	01:06:05.24	01:08:11.58	
4865	ANDREIA FIGUEIREDO PRAGOSA	F	5295	00:36:38.36	01:02:44.62	01:08:13.12	
4866	JOÃO CATARINO	M	3451	00:37:11.24	01:02:25.64	01:08:13.65	Clube do Stress
4867	HENRIQUETA SOLIPA	F	2237	00:36:32.42	01:03:14.32	01:08:14.10	CCD TRANQUILIDADE
4868	RITA GONÇALVES	F	7132	00:34:30.03	01:05:12.64	01:08:14.29	
4869	GONÇALO ANDRADE E SOUSA	M	3070	00:33:40.50	01:05:02.88	01:08:14.62	
4870	NUNO GRANDÃO	M	954	00:35:15.82	01:03:20.29	01:08:15.20	
4871	SANDRA ALVES	F	8879	00:32:09.36	01:08:02.03	01:08:15.67	Escuteiros 297 Algés
4872	JULIO ALVES	M	8870	00:32:08.90	01:08:02.26	01:08:15.72	Escuteiros 297 Algés
4873	ALEXANDRE SIANO MARTIN	M	3240	00:35:18.23	01:03:01.85	01:08:15.90	
4874	MIGUEL EDUARDO NAVARRO DE CASTRO	M	6549	00:35:36.86	01:06:09.09	01:08:15.90	
4875	SÉRGIO MIGUEL SALTÃO	M	4043	00:36:32.35	01:03:15.35	01:08:15.95	CCD TRANQUILIDADE
4876	JOAO RICARDO MARQUES CANAS	M	3781	00:34:32.73	01:05:32.13	01:08:16.31	CLUBE MILLENNIUM BCP
4877	ADILSON SANTOS	M	288	00:31:38.70	01:05:30.56	01:08:16.44	Clube Desportivo TCPI
4878	ANDRÉ GRILO	M	1528	00:36:45.53	01:02:00.24	01:08:16.82	Runners do EP
4879	JOAO .	M	2180	00:35:23.02	01:03:57.66	01:08:17.07	
4880	RICARDO JORGE AGUIAR	M	5164	00:37:39.35	01:06:49.81	01:08:17.27	
4881	RODOLFO JORGE LIMA	M	3780	00:31:27.35	01:06:36.08	01:08:17.35	CLUBE MILLENNIUM BCP
4882	DIOGO ASSUNÇÃO	M	9156	00:33:15.82	01:06:59.60	01:08:17.57	HP
4883	MARCO SANTOS	M	7880	00:29:27.44	01:08:08.11	01:08:17.64	CDC Nave
4884	MÁRIO LAGEIRO	M	4553	00:25:52.88	01:07:28.78	01:08:17.75	CCD Sintrense
4885	ANTONIO DOMINGOS	M	2264	00:34:50.75	01:04:39.50	01:08:17.85	Corre@correr
4886	RICARDO MATEUS	M	4154	00:35:40.83	01:04:13.82	01:08:18.84	BIVAC IBERICA
4887	INÉS AGAPITO	F	1992	00:35:08.10	01:04:48.62	01:08:18.92	
4888	SARA DA SILVA	F	8764	00:37:04.23	01:02:07.21	01:08:19.23	
4889	LUÍS CABAÇA	M	3821	00:34:33.32	01:05:35.15	01:08:19.85	Correr para comer e conviver
4890	CATARINA COELHO	F	9387	00:33:16.96	01:06:14.56	01:08:20.19	sheikmedel
4891	ANDREIA SOUSA	F	8215	00:32:47.87	01:06:21.68	01:08:20.28	Correr na Cidade

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4892	NUNO MALCATA	M	2257	00:32:47.80	01:06:22.68	01:08:20.28	CLUBE GRUPO BES
4893	NUNO OLIVEIRA	M	6876	00:32:48.23	01:06:22.72	01:08:20.61	Correr na Cidade
4894	ANA CATARINA MONTEIRO CASACA	F	2134	00:31:32.31	01:07:58.07	01:08:20.63	
4895	DAVID LITIN MARQUES ANIL MURARGI	M	5468	00:32:45.70	01:05:27.68	01:08:20.75	INDEG
4896	PAULO JORGE FERREIRA DE SÁ	M	2538	00:35:15.53	01:02:31.91	01:08:21.55	UDFAC
4897	JOSE PIEDADE	M	3887	00:31:41.32	01:06:47.89	01:08:22.11	brandoa corre
4898	SANDRA MONTEIRO	F	6797	00:32:59.59	01:06:49.97	01:08:22.36	
4899	SILVIA EDUARDO	F	9584	00:37:14.02	01:03:02.48	01:08:22.52	
4900	VALTER LOPES	M	918	00:37:14.57	01:03:03.54	01:08:22.60	
4901	LUIS MANUEL REIS DIAS	M	2536	00:37:23.50	01:02:17.35	01:08:23.35	UDFAC
4902	JORGE SILVA	M	671	00:34:19.35	01:05:09.16	01:08:23.48	
4903	ANTONIO PESQUEIRA	M	4259	00:34:11.03	01:06:11.93	01:08:23.65	
4904	SANDRA CARVALHO	F	609	00:34:34.94	01:05:09.56	01:08:23.89	hot runners
4905	BASÍLIO C. VIEIRA	M	3288	00:34:52.98	01:05:07.78	01:08:24.47	
4906	LUIS COSTA	M	9025	00:34:52.40	01:05:08.06	01:08:24.49	TomTom
4907	NICOLAU FURTADO	M	7853	00:31:06.22	01:07:17.96	01:08:25.87	
4908	CATARINA BARREIROS COUTO	F	7283	00:33:21.62	01:05:35.41	01:08:25.93	
4909	JOANA PERALTA	F	300	00:33:32.12	01:07:46.10	01:08:26.56	
4910	PEDRO SOUSA E FARO	M	226	00:36:45.69	01:03:28.53	01:08:26.61	
4911	RITA MARQUES	F	3073	00:34:41.32	01:06:45.14	01:08:26.62	
4912	PAULO BORGES	M	862	00:36:44.57	01:03:28.45	01:08:26.74	
4913	ANTÓNIO DOS SANTOS FONSECA	M	2713	00:31:52.51	01:07:10.25	01:08:26.80	
4914	PEDRO LOPES	M	433	00:33:22.14	01:06:42.85	01:08:27.00	
4915	NUNO JESUS	M	568	00:34:34.05	01:05:55.07	01:08:27.07	
4916	ELISABETE PINHEL	F	567	00:34:34.24	01:05:54.69	01:08:27.57	
4917	FÁTIMA RUTE BARBEIRO BRANCO	F	5474	00:33:38.45	01:06:13.19	01:08:27.58	INDEG
4918	HELENA LEITÃO	F	2700	00:33:31.10	01:07:46.28	01:08:27.60	RunLovers
4919	ELSA NUNES	F	1795	00:34:09.03	01:06:10.62	01:08:27.93	
4920	JOÃO MATIAS	M	9076	00:34:01.22	01:06:24.01	01:08:28.26	Maratona Clube de Portugal
4921	TIAGO MIGUEL DAVID JERONIMO	M	1609	00:32:07.94	01:06:31.13	01:08:29.22	
4922	MARTIM FRANCA	M	7609	00:34:24.33	01:01:04.66	01:08:29.71	
4923	MARIA CORREIA	F	9102	00:33:46.71	01:06:47.68	01:08:29.93	Pernod Ricard Portugal
4924	HÉLIA PALMA	F	2911	00:36:11.15	01:03:07.96	01:08:29.95	Grupo corrida Joaquim Chaves S
4925	LUÍS FILIPE ALEXANDRE	M	7223	00:33:51.97	01:05:53.33	01:08:30.17	
4926	CÁTIA TORRES	F	239	00:37:53.85	01:03:52.52	01:08:30.42	
4927	RUTE LEMOS	F	5156	00:35:50.12	01:05:57.17	01:08:30.62	
4928	RUI ANTUNES	M	2939	00:36:39.46	01:03:18.12	01:08:30.69	Grupo corrida Joaquim Chaves S
4929	SANDRA LETRAS	F	3044	00:34:08.59	01:06:09.23	01:08:31.82	ODEBRECHT PORTUGAL
4930	JOANA BUSTORFF	F	2998	00:37:31.80	01:02:26.45	01:08:32.14	Tejavista
4931	LUIS NARCISO	M	4117	00:37:49.26	01:03:10.49	01:08:32.70	Familia Leandro
4932	RUI PEREIRA	M	3152	00:35:44.04	01:04:40.21	01:08:32.83	
4933	SAMUEL ARAUJO	M	7344	00:31:47.96	01:08:22.50	01:08:33.38	
4934	ANA MARGARIDA JACINTO MANUEL	F	8231	00:38:09.47	01:03:09.84	01:08:33.85	
4935	JOANA LUCIO	F	8151	00:34:08.14	01:06:19.45	01:08:34.53	
4936	MARIA COSTA	F	1871	00:35:17.60	01:05:27.08	01:08:34.62	
4937	FILIPE RAFAEL OLIVEIRA	M	478	00:35:18.01	01:05:27.08	01:08:34.80	
4938	FILIPA SIMÕES ISIDORO	F	479	00:35:18.42	01:05:27.35	01:08:34.80	
4939	SANDRA ANTUNES	F	6037	00:32:51.74	01:07:35.83	01:08:34.83	
4940	LUIS ROSA	M	4934	00:35:26.21	01:03:59.42	01:08:35.17	SERUL
4941	GUILHERME MONTEIRO	M	4221	00:32:13.08	01:07:12.27	01:08:35.36	Road Runners
4942	RUBEN SILVA	M	7060	00:30:48.88	01:08:14.88	01:08:35.48	LROMEIRAS
4943	RUI ALVES	M	1207	00:34:15.82	01:05:19.11	01:08:36.62	
4944	CARLA JORGE	F	4475	00:32:40.10	01:06:34.71	01:08:36.89	GRD Os Fixes
4945	MANUEL MAGALHAES	M	4694	00:33:09.25	01:07:33.63	01:08:37.12	
4946	HUMBERTO SOEIMA	M	1384	00:33:37.95	01:05:58.45	01:08:37.91	
4947	JOSE MANUEL SANTOS	M	6975	00:35:14.36	01:06:44.52	01:08:38.23	
4948	LUIS LEE	M	7277	00:32:05.82	01:07:14.71	01:08:39.07	Correr Lisboa
4949	GONCALO NEVES	M	8714	00:33:30.84	01:06:05.24	01:08:39.22	Peugeot
4950	JOANA SANTANA	F	1862	00:33:48.38	01:06:42.78	01:08:39.93	Santana
4951	SOFIA GONÇALVES	F	7284	00:37:35.88	01:04:44.75	01:08:40.03	Correr na Cidade
4952	JÚLIO COELHO	M	6249	00:32:40.82	01:06:40.14	01:08:40.18	
4953	LUIS PILAR	M	8505	00:35:10.92	01:05:46.47	01:08:40.45	
4954	FERNANDO RAMOS FERREIRA	M	3775	00:35:46.60	01:07:59.59	01:08:40.62	CLUBE MILLENNIUM BCP
4955	JOÃO MANUEL LEANDRO NASCIMENTO	M	7656	00:33:19.30	01:06:04.81	01:08:40.81	
4956	RUI SANTOS	M	6237	00:35:09.82	01:04:37.28	01:08:42.00	SS CGD
4957	MADALENA RIBAS	F	7142	00:35:21.98	01:05:50.94	01:08:42.14	Correr Lisboa
4958	ALBERTO ARONS DE CARVALHO	M	9611	00:36:24.29	01:02:52.47	01:08:42.15	
4959	NATÁLIA M.C. COSTA GIL	F	6872	00:37:37.53	01:04:46.51	01:08:42.57	Correr na Cidade
4960	CELESTINO RODRIGUES OLIVEIRA	M	4573	00:35:54.16	01:05:15.46	01:08:42.99	
4961	PATRICK GOETZ	M	1710	00:34:19.40	01:03:59.23	01:08:43.08	
4962	EOIN O'TOOLE	M	2833	00:36:11.23	01:04:07.04	01:08:43.64	
4963	FILOMENA CAPELO	F	2832	00:36:11.17	01:04:07.17	01:08:44.16	
4964	HELDER DUARTE DE ALMEIDA	M	2652	00:36:41.05	01:08:44.87	01:08:44.87	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
4965	PEDRO MATIAS	M	1410	00:35:40.19	01:05:32.92	01:08:45.11	
4966	ARMANDA MARIA PEREIRA MATEUS MODESTO	F	4051	00:35:59.73	01:02:31.23	01:08:45.41	
4967	FILOMENA SANTANA	F	1863	00:33:48.32	01:06:48.66	01:08:45.54	Santana
4968	SONIA FURTADO	F	5765	00:33:17.82	01:06:50.10	01:08:46.22	
4969	JOAQUIM JOSÉ LOPES	M	8949	00:35:24.74	01:04:43.54	01:08:46.24	
4970	GONÇALO OLIVEIRA	M	4558	00:34:11.10	01:08:01.12	01:08:46.32	GDCT Unicre
4971	NUNO ALMEIDA	M	4534	00:33:50.92	01:04:02.92	01:08:46.86	
4972	RUI COSTA	M	7965	00:31:39.90	01:07:03.79	01:08:47.43	
4973	RICARDO VICENTE	M	419	00:31:42.33	01:07:19.67	01:08:48.10	
4974	LUÍS MARQUES	M	5254	00:32:52.99	01:07:42.70	01:08:48.94	Ginásio Clube Português
4975	PEDRO SANTOS	M	9159	00:32:53.50	01:07:43.67	01:08:48.94	Ginásio Clube Português
4976	FREDERICO ANDRADE E SOUSA	M	2923	00:35:29.78	01:05:36.79	01:08:49.10	
4977	JOSÉ ADELINO METELO	M	7916	00:35:31.41	01:06:01.79	01:08:50.22	
4978	JOÃO JERÓNIMO	M	1440	00:34:33.02	01:05:50.17	01:08:50.60	
4979	CECILIA PARDAL	F	3379	00:33:52.14	01:06:58.23	01:08:50.93	Fast & Furious Runners Team
4980	ANA CRISTINA LOUREIRO	F	7915	00:35:30.55	01:06:01.52	01:08:51.45	
4981	RUI RAMADA	M	8596	00:31:05.62	01:05:53.63	01:08:51.78	TomTom
4982	DANIELA OLIVEIRA	F	2919	00:36:30.34	01:04:23.29	01:08:52.03	gdine
4983	MIGUEL ALVES	M	8530	00:37:32.59	01:03:38.23	01:08:52.06	
4984	SEM DADOS		9841	00:37:32.48	01:03:37.99	01:08:52.32	
4985	ELSA SOARES	F	2920	00:36:31.05	01:04:24.10	01:08:52.55	gdine
4986	VERÓNICA SIMÕES	F	946	00:34:50.74	01:06:06.58	01:08:52.92	Correr Lisboa
4987	ANTÓNIO CASAS NOVAS	M	3848		01:03:02.32	01:08:53.11	
4988	LUIS ALBERTO SANTOS JANUARIO	M	3757	00:34:35.97	01:06:05.31	01:08:53.33	CLUBE MILLENNIUM BCP
4989	INÊS CAMPOS	F	7576	00:36:47.84	01:04:45.86	01:08:53.42	ACADEMIA FITNESS MILITAR, --
4990	ANA ALPALHÃO	F	8881	00:36:10.25	01:06:16.79	01:08:55.45	
4991	SOFIA REBELO	F	4903	00:33:45.64	01:07:39.63	01:08:56.08	Science runners
4992	FRANCISCO CLÉRIGO	M	6213	00:35:18.77	01:04:52.33	01:08:56.53	SS CGD
4993	SÍLVIA BARRA	F	1473	00:34:23.87	01:06:18.31	01:08:58.06	
4994	ANA FILIPA GORGUEIRA	F	2019	00:35:14.16	01:05:36.45	01:08:58.09	
4995	CLÁUDIA TAM	F	4352	00:35:31.20	01:05:26.36	01:08:58.77	Açoreana Clube Banif
4996	SUSANA BAPTISTA	F	6121	00:32:23.58	01:08:00.40	01:08:59.01	
4997	ANTONIO FONSECA PAULO	M	7959	00:32:19.33	01:08:22.21	01:08:59.04	
4998	MARIA FERREIRA	F	1072	00:35:52.59	01:05:16.86	01:08:59.09	
4999	JOÃO ALEXANDRE RODRIGUES FERNANDES	M	5739	00:35:43.08	01:05:37.69	01:08:59.46	DRunners
5000	PEDRO AGUIAR FERNANDES	M	4632	00:30:42.72	01:07:42.59	01:08:59.77	
5001	SANDRA C. FERREIRA MOTA	F	769	00:37:18.37	01:02:57.47	01:08:59.94	
5002	LUIS ANACLETO	M	4501	00:35:18.53	01:09:00.17	01:09:00.17	GRD Os Fixes
5003	ANDREIA DAVID	F	4500	00:35:18.86	01:07:44.54	01:09:00.21	GRD Os Fixes
5004	DIOGO SANTOS	M	366	00:33:06.46	01:05:47.63	01:09:00.49	
5005	ANGELINA SEQUEIRA	F	8830	00:35:02.38	01:04:26.93	01:09:00.85	
5006	EDUARDO SANTINI	M	893	00:38:13.06	01:03:04.95	01:09:01.78	
5007	JAOA NUNO RIBEIRO	M	7361	00:34:18.84	01:05:53.10	01:09:02.09	
5008	ANTÓNIO SANTOS	M	7423	00:35:32.69	01:06:50.84	01:09:02.18	
5009	MANUEL RAPOSO	M	8037	00:32:50.96	01:08:18.00	01:09:02.70	
5010	SOFIA MARGARIDA DUARTE	F	8120	00:36:00.85	01:05:28.59	01:09:03.53	Kalorias Runners
5011	NUNO RENATO DE SALDANHA PEREIRA VIEIRA	M	4323	00:35:52.96	01:03:40.39	01:09:03.92	VdAtletas
5012	CARLA SOFIA PEDROSO MEDEIROS	F	3785	00:37:16.37	01:04:24.78	01:09:04.06	CLUBE MILLENNIUM BCP
5013	MARCELO MARQUES	M	1213	00:34:01.51	01:06:36.38	01:09:04.83	
5014	DAVID MIGUEL FERREIRA DIAS	M	8501	00:32:21.54	01:08:34.48	01:09:05.57	Astrazeneca
5015	VINICYUS FELIX	M	3326	00:33:49.09	01:06:40.81	01:09:05.78	
5016	CARINA SOFIA FERREIRA DA SILVA VEIGA	F	5456	00:33:56.05	01:06:28.18	01:09:06.58	INDEG
5017	FILIPA MAGALHÃES	F	7930	00:35:20.53	01:04:45.15	01:09:06.71	
5018	JOANA SILVA	F	2615	00:35:11.91	01:06:11.62	01:09:07.18	Tejavista
5019	PEDRO RODRIGUES	M	1844	00:36:51.38	01:05:05.60	01:09:07.96	
5020	EDMUNDO COSTA	M	7439	00:35:07.96	01:07:24.11	01:09:09.53	ELECTRO
5021	TIAGO ANTÓNIO ROMANO GONÇALVES	M	5577	00:35:18.88	01:06:02.23	01:09:09.70	INDEG
5022	JOÃO MIGUEL SIMÕES DE SOUSA	M	5505	00:35:18.41	01:06:02.36	01:09:09.77	INDEG
5023	PAULO JORGE PEREIRA	M	8782	00:34:35.85	01:04:59.82	01:09:09.99	
5024	BERNARDETE CESAR	F	6758	00:33:27.13	01:08:04.01	01:09:10.88	NucleOeiras/SportZONE - ADNO
5025	LUSA FARIA	F	3456	00:37:00.17	01:03:28.64	01:09:11.20	Clube do Stress
5026	LUIS PINTO	M	1136	00:34:04.57	01:07:37.56	01:09:11.25	
5027	JOÃO RIBEIRO	M	3820	00:31:02.82	01:08:05.79	01:09:11.70	
5028	DÂNIA COSTA	F	6554	00:34:05.87	01:06:13.82	01:09:12.10	
5029	ANTONIO ROSA DOS SANTOS	M	7503	00:35:31.89	01:07:03.25	01:09:12.92	
5030	VERA LIA MACHADO DE MATOS PEREIRA	F	7280	00:35:20.24	01:03:55.32	01:09:12.97	
5031	LUIS MADEIRA LOPES	M	1387	00:37:00.85	01:03:34.07	01:09:14.20	
5032	ARMENIO SILVA	M	2200	00:34:36.27	01:07:43.10	01:09:14.22	
5033	SEM DADOS		3462	00:36:58.37	01:03:33.46	01:09:14.89	
5034	PEDRO MUCHARREIRA	M	233	00:32:32.11	01:07:49.11	01:09:15.03	
5035	GONÇALO AFONSO MARQUES	M	9042	00:36:59.13	01:03:34.20	01:09:15.15	
5036	LUÍS PEDRO AMARAL	M	8779	00:37:01.86	01:04:06.56	01:09:15.46	
5037	CARLOS JOSÉ	M	4535	00:33:51.33	01:04:31.80	01:09:15.68	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5038	ANÍBAL VIEIRA	M	7499	00:34:30.41	01:08:22.70	01:09:16.04	
5039	SEM DADOS		9840	00:29:46.37	01:09:16.10	01:09:16.10	
5040	MÁRIO GONÇALVES FREITAS	M	7048	00:34:06.44	01:06:40.07	01:09:18.16	
5041	SUSANNE WEDERHAKKE	F	5584	00:34:37.55	01:06:46.31	01:09:18.16	
5042	MARIA ISABEL RODRIGUES	F	7501	00:34:30.96	01:08:24.67	01:09:18.21	
5043	JOÃO SEIXAS MARTINS	M	8957	00:32:44.75	01:08:08.17	01:09:18.47	
5044	SARA FILIPA BAPTISTA	F	2172	00:32:38.11	01:08:18.62	01:09:20.10	
5045	CARLA MARIA CARREIRA AUGUSTO SIMÕES	F	4679	00:35:15.23	01:06:36.43	01:09:20.42	Correr Lisboa
5046	PATRICIA DIAS D M BARRETO	F	3662	00:36:28.25	01:06:10.60	01:09:20.46	CLUBE MILLENNIUM BCP
5047	JORGE HUMBERTO ABELHA COLACO	M	3701	00:35:55.98	01:06:55.44	01:09:20.92	CLUBE MILLENNIUM BCP
5048	HELDER XAVIER	M	7149	00:36:23.81	01:06:28.61	01:09:21.78	
5049	NELSON JOÃO	M	7150	00:36:23.30	01:06:29.38	01:09:21.96	
5050	LUISA PISCO	F	3076	00:36:55.24	01:05:10.26	01:09:22.01	koxus
5051	HELENA BARBOSA	F	6744	00:35:30.12	01:07:39.70	01:09:22.65	NucleOeiras/SportZONE - ADNO
5052	WALTER PALMA	M	3880	00:36:18.43	01:06:03.23	01:09:22.92	Ginásio Clube Português
5053	JERÓNIMO AFONSO	M	1167	00:35:02.16	01:04:37.72	01:09:23.58	
5054	ISABEL PERAS	F	9080	00:37:36.41	01:04:33.04	01:09:24.42	Maratona Clube de Portugal
5055	PEDRO BRAZ	M	1470	00:32:39.66	01:06:36.99	01:09:24.66	
5056	JOSÉ PERAS	M	9085	00:37:36.65	01:04:33.54	01:09:24.82	Maratona Clube de Portugal
5057	SEM DADOS		4655	00:34:23.97	01:06:56.92	01:09:25.74	
5058	ISABEL MATOS SANTOS	F	9559	00:34:24.07	01:06:56.90	01:09:25.88	Tartarugas Solidarias
5059	MARCOS MADEIRA	M	1091	00:33:53.93	01:06:57.08	01:09:26.30	
5060	MIGUEL GOUVEIA	M	7777	00:32:30.55	01:07:21.76	01:09:27.08	Pernas de Gafanhoto
5061	VASCO MARIA CORTEZ DE ALMEIDA PEREIRA	M	5657	00:35:48.87	01:03:40.43	01:09:27.95	
5062	GINA DOS SANTOS MARTINS	F	2263	00:32:35.23	01:08:32.63	01:09:28.20	
5063	SARA CRESPO	F	1061	00:34:02.42	01:05:59.02	01:09:29.00	Danatur
5064	ANA CRISTINA RAPOSO ROSA	F	2317	00:34:46.28	01:07:04.87	01:09:29.38	
5065	FERNANDO DUARTE	M	8292	00:35:10.29	01:07:30.37	01:09:29.75	
5066	ANA BELA FERNANDES CARVALHO	F	2518	00:32:34.88	01:08:35.18	01:09:29.81	
5067	MARTA FONSECA	F	2270	00:32:35.95	01:08:34.50	01:09:30.36	
5068	RITA CARVALHO	F	276	00:36:18.87	01:04:50.75	01:09:32.28	
5069	LUIS GUERRA CARDOSO	M	5748	00:33:36.43	01:07:14.73	01:09:34.13	
5070	MARIO ALEMAO	M	7603	00:32:10.90	01:06:29.51	01:09:34.25	
5071	JOSÉ MANUEL RODRIGUES RAMALHO	M	949	00:36:00.14	01:04:15.27	01:09:34.30	TURBO-LENTO
5072	VITOR NOBRE	M	3035	00:33:20.76	01:05:40.66	01:09:34.48	
5073	RAFAEL FIGUEIREDO	M	7400	00:34:17.74	01:06:59.80	01:09:34.71	
5074	PEDRO PIMENTA	M	688	00:36:18.94	01:04:53.73	01:09:34.80	
5075	JOSÉ COELHO DA PIEDADE	M	2115	00:34:17.16	01:06:38.78	01:09:35.36	
5076	MARIA EMILIA JANELA	F	4138	00:36:56.16	01:05:46.71	01:09:35.90	Tartarugas Solidarias
5077	SÉRGIO VALENTE	M	1926	00:34:28.35	01:04:58.43	01:09:36.55	
5078	MARIA GERTRUDES SOUSA	F	3568	00:36:32.71	01:05:53.76	01:09:37.21	ADRC MATA DE BENFICA
5079	ALEXANDRA TOSTOES	F	1248	00:35:18.84	01:05:02.41	01:09:37.40	
5080	JORGE ANDRADE	M	7146	00:35:35.77	01:04:26.04	01:09:37.92	gen
5081	MARIA LUCIO	F	8148	00:34:08.39	01:07:23.26	01:09:38.48	
5082	EDGAR DAVID	M	4491	00:29:33.95	01:08:56.86	01:09:39.21	GRD Os Fixes
5083	ANA MARIA ALMEIDA	F	1890	00:33:51.39	01:08:10.33	01:09:39.92	
5084	VITOR ABRANCHES	M	7738	00:32:39.66	01:08:58.03	01:09:42.77	Ass Para-quedistas Tejo Norte
5085	MANUEL PRATES	M	3548	00:35:35.54	01:06:37.86	01:09:43.79	
5086	ANTONIO BILA	M	8004	00:35:36.33	01:06:30.35	01:09:44.08	
5087	AMÉLIA JOAQUIM	F	1867	00:37:31.11	01:03:44.28	01:09:44.46	Iberia 2
5088	JOYAU HÉLÈNE	F	3238	00:40:31.86	01:02:08.64	01:09:44.91	
5089	JOSE BERNARDO	M	3310	00:35:15.49	01:06:28.76	01:09:44.93	FAB4
5090	SILVIA ANTUNES	F	380	00:33:15.90	01:08:00.71	01:09:45.69	
5091	SOFIA BERNARDES	F	5177	00:35:41.05	01:06:04.62	01:09:45.88	
5092	BRUNO MARQUES	M	4424		01:07:02.96	01:09:46.91	
5093	JOSÉ JOAQUIM PIRES GIL	M	1646	00:33:14.99	01:06:38.17	01:09:46.94	
5094	MARIA AGUIAR	F	7981	00:32:37.03	01:09:00.64	01:09:47.46	
5095	MAURO CHANDE	M	2768	00:36:55.06	01:03:49.01	01:09:47.92	
5096	MARTA MAFRA	F	324	00:33:43.98	01:07:08.38	01:09:48.68	
5097	ANTONIO JORGE RATO PEREIRA FARIA	M	5447	00:34:09.08	01:07:19.75	01:09:49.79	INDEG
5098	ANDRE RAPOSO	M	458	00:32:24.26	01:07:53.90	01:09:50.16	
5099	JOANA SANTOS	F	2547	00:35:08.83	01:08:30.55	01:09:50.48	
5100	RUI LUÍS	M	2659	00:34:09.17	01:07:06.33	01:09:51.00	
5101	PAULA SILVAPAULA SILVA	F	2891	00:36:21.57	01:05:39.09	01:09:51.07	Câmara Lisboa Clube
5102	CELIA VIEIRA	F	4584	00:36:39.32	01:05:12.77	01:09:51.14	Catch me if you can
5103	RUI DAMAS	M	6628	00:33:17.47	01:06:12.85	01:09:51.39	
5104	SEM DADOS		9857	00:36:21.67	01:05:39.45	01:09:51.65	
5105	VITOR DUARTE	M	2485	00:34:22.14	01:07:10.86	01:09:52.01	
5106	JAIMÉ RIBEIRO	M	2394	00:34:37.12	01:06:52.74	01:09:52.29	
5107	BEATRIZ GATA TEIXEIRA SILVA	F	3386	00:37:30.11	01:04:46.84	01:09:52.98	RUN 4-T FUN
5108	RUI TABORDA	M	6888	00:32:26.32	01:07:36.87	01:09:53.13	Dor de Burro
5109	JULIO SILVA	M	626	00:35:12.52	01:07:14.40	01:09:53.18	os primos
5110	FELICIDADE CRISTINA ASSANE	F	3782	00:36:50.55	01:06:24.75	01:09:53.29	CLUBE MILLENNIUM BCP

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5111	CAMILO SILVA	M	627	00:35:12.16	01:07:14.76	01:09:53.67	os primos
5112	ANA RUTE FÉLIX DE SOUSA	F	5414	00:34:40.78	01:06:59.34	01:09:54.55	
5113	ANA RITA BATISTA	F	8569	00:37:07.47	01:05:48.41	01:09:54.76	ACADEMIA FITNESS MILITAR
5114	ROGÉRIO COSTA	F	4571	00:31:41.26	01:07:50.59	01:09:54.81	ProfitnessRun
5115	NUNO AZEVEDO	M	4298	00:31:41.26	01:07:50.30	01:09:54.94	ProfitnessRun
5116	CLÁUDIA PEREIRA	F	4572	00:33:07.69	01:07:51.11	01:09:55.13	ProfitnessRun
5117	MÁRIO PEREIRA	M	7383	00:36:24.15	01:04:56.76	01:09:55.69	
5118	PAULO FIGUEIREDO	M	1489	00:36:39.70	01:05:37.33	01:09:55.90	
5119	SANDRA MONDEGO	F	8974	00:36:35.44	01:06:29.01	01:09:56.05	
5120	ANA ALMEIDA	F	4011	00:35:39.36	01:06:05.60	01:09:56.06	
5121	MIGUEL ARANDA DA SILVA	M	6890	00:35:35.17	01:04:37.09	01:09:56.76	
5122	CRISTINA FERREIRA	F	2319	00:36:54.10	01:04:16.30	01:09:57.92	
5123	FREDERICO CORDA	M	7516	00:36:33.96	01:05:08.93	01:09:58.09	
5124	CARLOS CORREIA	M	4828	00:38:22.11	01:03:10.99	01:09:58.64	Valejas Atlético Clube
5125	RUI LIMA DE ALMEIDA	M	1123	00:35:33.13	01:07:27.70	01:09:58.67	
5126	MANUEL DOMINGOS LEMOS	M	6454	00:35:25.55	01:06:50.86	01:09:58.95	
5127	ANA ISABEL MATOS COELHO	F	8500	00:34:18.32	01:09:19.08	01:09:59.04	Astrazeneca
5128	HÉLIA BATISTA	F	4234	00:36:53.53	01:07:22.00	01:09:59.85	
5129	PEDRO BATISTA	M	4233	00:36:54.44	01:07:21.84	01:09:59.86	
5130	RICARDO COIMBRA	M	7026	00:33:58.43	01:08:36.27	01:10:00.42	
5131	ANTONIO JORGE MARTINHO	M	2216	00:35:21.50	01:07:18.59	01:10:00.45	Road Runners
5132	CLARA PINHEIRO ALVES	F	9978	00:36:03.77	01:08:42.15	01:10:00.66	Delta Cafés
5133	LUIS MORAIS	M	7899	00:33:57.46	01:08:11.02	01:10:00.70	
5134	CLARA PINHEIRO ALVES	F	10507	00:36:03.66	01:08:41.73	01:10:00.70	Delta Cafés
5135	ISABEL GARCIA MARTINHO	F	2217	00:35:21.74	01:07:19.60	01:10:01.12	Road Runners
5136	ANA TONELO	F	4203	00:36:52.61	01:07:43.69	01:10:01.50	
5137	SAGI KOSHET	M	5663	00:37:20.31	01:05:35.26	01:10:02.33	
5138	NUNO INÁCIO	M	9537	00:37:06.81	01:04:04.39	01:10:02.87	Sportzone
5139	ISABEL OLIVEIRA	F	9603	00:35:00.47	01:07:12.77	01:10:03.65	
5140	MÁRIO J. SILVA	M	7440	00:36:35.81	01:05:40.68	01:10:03.71	
5141	JOSÉ VITOR LOPES PEREIRA	M	6624	00:34:16.20	01:06:55.23	01:10:04.26	
5142	MÁRIO NETO	M	7332	00:34:26.23	01:08:00.04	01:10:04.43	
5143	SUSANA RAMOS	F	7333	00:34:26.88	01:08:00.03	01:10:04.48	
5144	SOFIA LEITÃO	F	8483	00:35:07.44	01:06:40.04	01:10:04.88	
5145	JOÃO VAZ	M	2390	00:34:21.03	01:07:43.76	01:10:05.07	Falcões Selvagens
5146	TERESA GRAY	F	2244	00:33:16.03	01:09:07.16	01:10:05.13	CCD TRANQUILIDADE
5147	LOURENÇO TOMÉAZENHA	M	5205	00:35:49.17	01:05:06.54	01:10:05.34	
5148	DAVID XAVIER	M	6917	00:38:28.00	01:04:40.87	01:10:05.50	
5149	JOAQUIM DIREITINHO CAPUCHO	M	9160	00:32:39.00	01:07:11.33	01:10:05.70	
5150	VANESSA FILIPA LEITE RAMOS CUNHA	F	5613	00:33:20.32	01:08:18.44	01:10:05.87	
5151	SÍLVIA CORREIA	F	4667	00:35:32.83	01:07:08.16	01:10:05.96	
5152	DARCIO LEVY EDUARDO	M	8443	00:38:38.02	01:06:36.75	01:10:05.99	
5153	FERNANDO RODRIGUES	M	3516	00:35:37.16	01:04:42.70	01:10:06.39	BANCO PRIVADO ATLANTICO EUROPA
5154	FERNANDO FILIPE	M	3176	00:38:48.89	01:05:36.91	01:10:06.47	CLUBE GRUPO BES
5155	VÂNIA PEREIRA	F	376	00:34:31.63	01:07:20.16	01:10:06.51	
5156	MARISA SILVA	F	1951	00:32:43.14	01:08:49.28	01:10:07.08	
5157	PEDRO MIGUEL SALGADO DA SILVA	M	9166	00:37:00.19	01:03:18.94	01:10:07.11	
5158	ANTONIO BRITO	M	1949	00:32:44.18	01:08:49.56	01:10:07.58	
5159	JOÃO DE CARVALHO	M	2778	00:34:40.00	01:06:30.13	01:10:08.17	
5160	NUNO MIGUEL BARROS OLIVEIRA	M	9108	00:35:07.62	01:06:43.12	01:10:08.30	
5161	PEDRO FRANCISCO ALVAREZ SIMÕES	M	8134	00:37:12.15	01:05:31.89	01:10:08.57	
5162	SUSANA AGOSTINHO	F	8355	00:34:56.52	01:07:49.59	01:10:08.67	
5163	ALZIRA PEREIRA	F	2042	00:32:41.55	01:09:18.43	01:10:09.35	SAPATISTAS
5164	MARGARIDA BAJANCA	F	8293	00:38:16.21	01:04:21.09	01:10:09.52	
5165	ANTONIO RUI PRAZERES VELOSO	M	3731	00:37:22.15	01:07:32.47	01:10:09.61	CLUBE MILLENNIUM BCP
5166	PEDRO BERLENGA	M	1111	00:38:39.41	01:05:25.90	01:10:09.97	
5167	MICHELE CORREIA	F	6252	00:35:18.13	01:08:22.52	01:10:10.02	
5168	SUSANA MARTINS	F	4754	00:35:18.74	01:08:23.17	01:10:10.28	Grupo Desportivo de Barcarena
5169	RICARDO NEGRÃO	M	4426	00:35:55.80	01:07:08.28	01:10:10.57	
5170	LIU HUAN	M	3232	00:39:40.43	01:02:35.12	01:10:10.73	
5171	MADALENA MARQUES VELOSO	F	3733	00:37:22.55	01:07:33.76	01:10:11.24	CLUBE MILLENNIUM BCP
5172	FILIPE MACHADO	M	7452	00:34:31.93	01:06:01.39	01:10:11.27	Running Geeks
5173	MARIA INÊS GONÇALVES SANTOS CESÁRIO	F	5694	00:34:14.40	01:09:14.63	01:10:11.61	
5174	SUSANA FERRO DOUTOR	F	9918	00:37:19.65	01:06:49.56	01:10:12.09	
5175	JOAO GRAVE RODRIGUES	M	487	00:35:46.34	01:06:37.92	01:10:13.36	
5176	CARLOS RIBEIRO	M	8836	00:33:04.85	01:09:02.81	01:10:13.55	
5177	JOAO SANTOS MACHADO	M	4896	00:34:59.52	01:08:50.73	01:10:14.40	
5178	JOAO SIMOES	M	4513	00:33:02.57	01:04:36.86	01:10:15.10	Clube OGMA
5179	GLEYSSON FELIX	M	3325	00:34:35.20	01:07:51.55	01:10:16.50	
5180	JOÃO MORAIS MOURATO	M	711	00:39:40.56	01:04:09.99	01:10:16.58	
5181	ARTUR SOUSA	M	5022	00:37:08.59	01:06:25.95	01:10:16.59	RAK
5182	GONÇALO SANTOS LOPES	M	7842	00:35:03.33	01:05:20.01	01:10:18.08	Run Buddy Run
5183	TOMAS SEMEDO	M	6911	00:35:28.18	01:07:13.59	01:10:18.46	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5184	MIGUEL PASTOR FARIA	M	3402	00:36:33.10	01:07:37.98	01:10:19.31	
5185	ADELAIDE PORTO	F	6042	00:36:19.32	01:07:51.86	01:10:19.61	
5186	NUNO MIGUEL NETO SANTOS	M	5695	00:38:53.79	01:03:38.85	01:10:19.91	
5187	MAFALDA ROCHA	F	7012	00:36:39.19	01:05:27.74	01:10:19.97	CLUBE ACCENTURE
5188	ANTÓNIO PAULO REBELO	M	644	00:35:13.23	01:10:21.21	01:10:21.21	
5189	JOÃO MANUEL PEDROSO	M	9566	00:43:01.86	00:53:30.01	01:10:22.09	VdAtletas
5190	ISABEL AMARAL COUTO	F	7172	00:37:12.02	01:08:00.47	01:10:22.45	
5191	ANDREA RITTER	F	594	00:33:01.67	01:09:09.66	01:10:22.78	
5192	CARLA MARTINIANO	F	1030	00:35:35.67	01:08:04.55	01:10:23.10	
5193	ÍLÍDIO MONTEIRO	M	888	00:35:35.84	01:08:17.43	01:10:23.17	
5194	PEDRO MIGUEL PEREIRA FERNANDES	M	2537	00:33:36.80	01:08:49.99	01:10:24.79	UDFAC
5195	FRANCISCO TEIXEIRA	M	222	00:34:12.63	01:08:25.35	01:10:24.81	
5196	FERNANDO MIGUEL DOS SANTOS INÁCIO	M	8406	00:35:00.33	01:06:42.53	01:10:25.30	VdAtletas
5197	ÁLVARO PITEIRA	M	7541	00:32:13.65	01:07:38.89	01:10:25.54	
5198	MARGARIDA BENTO	F	6119	00:35:58.48	01:08:12.21	01:10:25.57	
5199	ANA FERREIRA	F	6120	00:35:58.04	01:08:12.47	01:10:25.60	
5200	PEDRO MIGUEL COSTA FERNANDES	M	7468	00:32:13.62	01:07:39.70	01:10:26.09	
5201	JORGE DUARTE	M	7507	00:34:31.56	01:07:38.94	01:10:26.49	
5202	SÓNIA SERRA	F	9983	00:36:08.03	01:06:56.39	01:10:26.97	
5203	CARLA CAVALHEIRO	F	7644	00:34:31.09	01:07:39.83	01:10:27.25	
5204	HUGO COELHO FERREIRA	M	8494	00:34:26.08	01:09:01.56	01:10:27.43	
5205	MARTA VIOLA	F	524	00:32:26.61	01:09:09.36	01:10:27.79	
5206	ESTELA PEREIRA	F	2142	00:36:51.99	01:06:25.39	01:10:28.32	Pés de Chumbo
5207	ORLANDO JOSÉ PINHÃO ROLO	M	2274	00:37:25.56	01:04:22.56	01:10:28.79	UDFAC
5208	PRUDENCIO BRUSCO	M	8087	00:35:56.78	01:07:56.10	01:10:28.85	
5209	MONICA ABREU	F	7118	00:37:20.13	01:05:05.64	01:10:28.97	
5210	MIGUEL BARATA	M	5995	00:32:46.09	01:10:17.45	01:10:29.25	Clube Ferroviário de Portugal
5211	RUI NEVES	M	8390	00:35:59.19	01:07:52.92	01:10:29.66	AC do Caracol, --
5212	SIMÃO RIBEIRO	M	1130	00:34:24.80	01:08:02.38	01:10:29.73	
5213	ORLANDO FUNG	M	936	00:36:52.77	01:06:46.70	01:10:30.38	
5214	CATARINA ALVES	F	937	00:36:51.24	01:06:46.77	01:10:30.87	
5215	NUNO AMEIXIAL	M	1603	00:36:07.25	01:06:19.93	01:10:31.07	
5216	PAULO SANTOS	M	819		00:58:10.36	01:10:31.34	
5217	KEUSIA COUTINHO	F	5023	00:37:07.91	01:06:40.40	01:10:31.53	RAK
5218	RUI CAIADO	M	5021	00:37:08.27	01:06:40.18	01:10:31.56	RAK
5219	MANUEL AFONSO DOS SANTOS CARRO	M	800	00:33:53.49	01:09:09.71	01:10:31.85	
5220	FRANCISCA MARUTA	F	3563	00:34:20.80	01:08:16.93	01:10:32.30	Volkswagen Autoeuropa
5221	MARISA GONÇALVES	F	1742	00:35:00.56	01:08:56.55	01:10:32.67	Os Galgos
5222	RUTE SILVA	F	7601	00:37:31.34	01:06:22.65	01:10:33.11	
5223	LUIS RAPOSO	M	2723	00:36:47.19	01:07:00.07	01:10:33.17	
5224	BENARDINO ANTUNES	M	6181	00:35:47.82	01:08:04.70	01:10:33.24	GRD Ribeira da Lage
5225	CARLOS SEPULVEDA	M	603	00:36:47.45	01:07:00.69	01:10:33.59	
5226	MANUEL SILVA	M	7600	00:37:31.02	01:06:23.62	01:10:34.03	
5227	EDUARDO JORGÉ DA SOLEDADE GAMA	M	3629	00:30:14.11	01:09:50.05	01:10:34.52	
5228	ANTÓNIO FONSECA	M	6200		01:08:50.12	01:10:35.17	SS CGD
5229	DOLORES JIMENEZ	F	4711	00:35:03.44	01:06:29.46	01:10:35.52	
5230	CARLA MOTA	F	2333	00:34:38.76	01:09:24.74	01:10:35.52	
5231	SOFIA ALEXANDRA F. PAULA MONTEIRO AMADO	F	5570	00:36:40.18	01:06:05.79	01:10:35.58	INDEG, --
5232	ANTONIO RICARDO FERY ANTUNES	M	3727	00:34:36.87	01:08:26.80	01:10:35.91	CLUBE MILLENNIUM BCP
5233	DIOGO MORGADO	M	5168	00:35:08.47	01:08:09.55	01:10:36.10	
5234	FERNANDO LOPES	M	6303	00:35:04.59	01:06:30.04	01:10:36.78	
5235	LUIS CABRELA	M	4710	00:35:03.94	01:06:30.46	01:10:36.78	
5236	CLAUDINO RESSURREIÇÃO	M	2208	00:36:27.41	01:06:32.36	01:10:37.26	
5237	ANÍBAL PINHEIROSIMÕES PEREIRA	M	9996	00:34:11.57	01:06:29.54	01:10:37.34	
5238	JOÃO CALADO	M	4217	00:31:48.97	01:08:26.39	01:10:37.47	NO LIMITS
5239	JOSÉ VILELA	M	3107	00:33:57.09	01:09:34.14	01:10:37.71	Clube Robbialac
5240	ANA PATRÍCIA GONÇALVES	F	7024	00:37:19.53	01:06:29.44	01:10:37.72	Holmes Place Algés - Fit 2 Run
5241	RICARDO MARTINS	M	7944	00:33:21.98	01:08:13.75	01:10:38.28	
5242	EDUARDO PEDRO MONTEIRO AMADO	M	5472	00:36:40.87	01:06:08.41	01:10:38.41	INDEG
5243	RICARDO MANUEL SANTOS	M	8135	00:36:38.75	01:06:08.92	01:10:38.87	
5244	JÚLIO ELIAS DE FARIA	M	4611	00:37:13.11	01:06:15.78	01:10:39.23	CCDEL_Efacec
5245	HELENA ISABEL RIBEIRO	F	914	00:34:08.92	01:08:21.77	01:10:39.52	
5246	DORA DUARTE	F	1636	00:34:59.90	01:07:48.12	01:10:40.03	
5247	ANA CANHOTO	F	3302	00:23:30.20	01:10:40.64	01:10:40.64	
5248	MARTA SANTOS	F	5167	00:35:09.16	01:08:13.69	01:10:40.69	
5249	JOANA DARC CHOURIÇO	F	3622	00:33:07.35	01:09:56.56	01:10:40.89	
5250	MARIA TOMÁS	F	9103	00:36:02.83	01:07:04.75	01:10:41.09	Pernod Ricard Portugal
5251	SANDRA CRISTINA ANTUNES NEVES	F	3096	00:36:28.29	01:05:37.99	01:10:41.12	RUN 4-T FUN
5252	BRUNO GONÇALO P C CONCEIÇÃO	M	3801	00:32:57.95	01:10:41.28	01:10:41.28	ESMTC
5253	VANESSA HILLEBRAND	F	9278	00:34:55.64	01:08:09.39	01:10:41.43	
5254	MIGUEL SILVA	M	3108	00:34:52.62	01:08:31.17	01:10:42.32	Clube Robbialac
5255	MARGARIDA LEAL COSTA	F	5227	00:37:18.48	01:08:42.87	01:10:43.89	HP CLUB
5256	NUNO MENDES SILVA	M	1789	00:37:20.96	01:06:15.13	01:10:44.57	gdine



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5257	HUGO MIGUEL DÂMASO FRADIQUE	M	5489	00:40:20.87	01:04:26.31	01:10:45.09	INDEG
5258	ALEXANDRA AMORIM	F	1140	00:36:45.58	01:06:37.16	01:10:45.39	Coxas & Companhia
5259	HUGO JERÓNIMO	M	6779	00:34:52.28	01:09:03.69	01:10:45.60	
5260	PAULA JERÓNIMO	F	6780	00:34:52.27	01:09:04.06	01:10:45.69	
5261	JOÃO SILVA	M	4037	00:31:57.87	01:08:32.38	01:10:45.84	CCD TRANQUILIDADE
5262	JOSÉ GUEDES	M	5206	00:33:15.89	01:08:32.06	01:10:46.26	
5263	CAROLINA ALMEIDA	F	9634	00:35:10.48	01:09:33.55	01:10:46.73	
5264	BRUNO SALVADOR	M	9635	00:35:09.63	01:09:33.41	01:10:46.97	
5265	ANA ABREU	F	2084	00:35:43.26	01:05:30.62	01:10:47.68	Grupo corrida Joaquim Chaves S
5266	JOÃO PAULO CARVALHO	M	7670	00:35:54.61	01:08:15.94	01:10:47.75	Correr Lisboa
5267	ARMANDO LOPES	M	2347	00:36:02.91	01:07:51.16	01:10:48.37	ATLETAS DE PESO
5268	PAULO OLIVEIRA	M	8316	00:36:21.01	01:07:32.56	01:10:49.46	Pandas
5269	JOANA CEIA	F	2376	00:36:40.53	01:07:19.01	01:10:49.65	MOVET
5270	MARIA BARREIRA	F	8319	00:36:22.15	01:07:33.53	01:10:49.73	Pandas
5271	SUSANA FERREIRA	F	7592	00:33:34.65	01:10:23.51	01:10:51.58	
5272	PEDRO MORGADO	M	5751	00:35:05.54	01:08:08.08	01:10:51.92	Clube ANA Lisboa
5273	JOAO BOAVIDA	M	6863	00:36:27.35	01:08:03.60	01:10:52.31	
5274	RAFAEL GONÇALVES	M	7436	00:35:08.57	01:09:08.01	01:10:52.35	ELECTRO
5275	RUI PEDRO DUARTE DE ALMEIDA	M	3312	00:34:15.18	01:08:56.51	01:10:52.99	
5276	JOSÉ PEDRO	M	2655	00:36:12.30	01:06:42.83	01:10:53.42	
5277	MARGARIDA MARQUES SIMOES	F	7322	00:36:26.86	01:08:05.33	01:10:54.03	
5278	RUI EUSÉBIO	M	6096	00:35:39.79	01:07:04.99	01:10:54.58	
5279	PAULO FERNANDES	M	509	00:36:17.37	01:05:58.27	01:10:54.65	
5280	FERNANDO CHASQUEIRA	M	1209	00:33:31.23	01:09:20.35	01:10:54.74	
5281	ANA PINHEIRO SALGADO	F	5915	00:35:08.18	01:08:31.68	01:10:54.92	
5282	MAFALDA ALMEIDA	F	5916	00:35:07.32	01:08:31.25	01:10:54.99	
5283	ALEXANDRE SANTIAGO	M	8130	00:35:09.38	01:08:46.49	01:10:58.51	
5284	RUI PEDRO SANTOS	M	4309	00:35:56.11	01:07:57.63	01:10:59.96	
5285	JOÃO PAULO CALDAS DA SILVA	M	3094	00:36:45.17	01:05:57.05	01:11:00.22	RUN 4-T FUN
5286	PEDRO EMÍDIO PINTO SILVA	M	3387	00:36:43.91	01:05:59.45	01:11:00.59	RUN 4-T FUN
5287	PAULA PINA	F	3374	00:35:37.96	01:09:05.12	01:11:01.40	Fast & Furious Runners Team
5288	MARTA TRAVESSA	F	4412	00:35:47.06	01:07:29.31	01:11:01.61	Road Runners
5289	JOAO LEITE VIEIRA	M	357	00:33:41.27	01:09:04.28	01:11:02.32	
5290	CARLA BERNARDO	F	1132	00:35:02.87	01:07:31.80	01:11:02.37	
5291	JOANA ARAÚJO	F	5706	00:36:05.54	01:07:21.96	01:11:02.50	
5292	DIPECH GUIGA	M	990	00:34:22.50	01:07:37.75	01:11:02.95	
5293	CATARINA ABREU	F	2900	00:37:38.72	01:05:42.66	01:11:03.15	Grupo corrida Joaquim Chaves S
5294	LUÍS GARCIA	M	5701	00:38:12.80	01:05:05.79	01:11:04.27	Clube do Stress
5295	JOÃO CARLOS CARNEIRO	M	4987	00:34:53.78	01:07:23.17	01:11:05.42	LINDA-A-PASTORA SPORTING CLUBE
5296	LAETITIA MARTINS	F	3477	00:36:53.13	01:07:42.25	01:11:05.84	
5297	FILIPA MATOS	F	2111	00:38:47.32	01:05:48.95	01:11:06.34	Treino em Casa
5298	EDUARDO RIBEIRO	M	8980	00:36:40.13	01:07:56.47	01:11:06.58	
5299	FRANCISCO TELES	M	3303	00:34:20.38	01:10:10.78	01:11:06.70	
5300	JOAO VIANA	M	9306	00:39:13.72	01:02:42.72	01:11:06.74	
5301	FILIPA ESTEVINHO	F	7927	00:36:00.64	01:07:34.31	01:11:07.78	
5302	JOÃO FLÓRIDO	M	8405	00:37:58.45	01:05:34.36	01:11:07.81	VdAtletas
5303	MARIANA TAVEIRA	F	6790	00:39:48.91	01:05:37.27	01:11:08.51	
5304	AURÉLIO V. M. PAMPLONA	M	3397	00:34:48.18	01:09:35.94	01:11:08.71	
5305	JOÃO TAVEIRA	M	6789	00:39:48.19	01:05:37.48	01:11:08.75	
5306	ERIKA PEREIRA	F	8019	00:35:10.83	01:10:31.48	01:11:10.08	OS LUCENAS
5307	LUIS CARDOSO	M	5190	00:36:53.59	01:06:37.96	01:11:10.31	
5308	LUÍS FILIPE GRANJA	M	3852	00:36:14.39	01:06:25.29	01:11:10.64	Pedro Nunes
5309	DANIELA FERNANDES	F	2906	00:37:38.90	01:05:50.66	01:11:11.05	Grupo corrida Joaquim Chaves S
5310	VASCO GOMES FERREIRA	M	4111	00:34:14.47	01:08:36.13	01:11:11.60	
5311	JOÃO RICARDO	M	1941	00:36:55.50	01:05:50.40	01:11:11.82	OS TAROLAS
5312	FRANCISCO SERRADAS DUARTE	M	680	00:36:13.30	01:06:13.79	01:11:12.02	
5313	RUI VIDEIRA	M	555	00:35:07.37	01:08:19.77	01:11:12.83	
5314	FRANCISCO GONÇALVES	M	9214	00:31:35.72	01:09:26.75	01:11:13.78	
5315	DAHER DINIZ	M	3148	00:35:51.18	01:06:00.89	01:11:14.04	CLUBE GRUPO BES
5316	ORLANDO SILVA	M	4728	00:36:15.39	01:07:44.58	01:11:14.56	
5317	CLAUDIA CARVALHO	F	5682	00:34:01.92	01:09:49.37	01:11:14.66	
5318	JOSÉ MAGALHÃES	M	215	00:37:09.17	01:06:12.25	01:11:14.82	
5319	DUARTE AFONSO	M	472	00:35:57.32	01:08:42.06	01:11:15.07	Só Mais um Blog de Corrida
5320	PAULO MOURÃO	M	8248	00:35:34.18	01:08:41.28	01:11:15.36	
5321	SOFIA SOARES	F	7532	00:35:57.09	01:08:42.92	01:11:15.93	
5322	NUNO MIGUEL OLIVEIRA	M	4861	00:35:04.43	01:08:57.56	01:11:16.49	CLUBE COLABORADORES AXA
5323	PAULO BRANDÃO	M	6597	00:35:53.64	01:06:27.46	01:11:16.64	
5324	IVONE PEREIRA	F	1290	00:39:15.89	01:06:33.57	01:11:16.71	
5325	NUNO MANUEL CORDAS FIDALGO DIAS	M	5534	00:40:21.09	01:04:57.41	01:11:16.73	INDEG
5326	PAULA PORTAS	F	6944	00:35:22.28	01:04:48.45	01:11:17.60	Sonae Sierra
5327	SANDRA TORRES	F	1869	00:38:17.45	01:07:26.76	01:11:17.92	
5328	ELSA MENDES	F	1379	00:38:00.45	01:06:22.28	01:11:18.39	
5329	RICARDO JOÃO LOPES	M	8993	00:35:58.80	01:08:41.87	01:11:20.01	Chitas de Alcobaça

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5330	ANA RAMALHO	F	1471	00:34:21.72	01:09:03.21	01:11:20.47	
5331	MANUEL SANTOS HORTA	M	2590	00:38:11.38	01:07:28.05	01:11:20.62	
5332	HELENA MOREIRA	F	2071	00:35:20.51	01:08:01.59	01:11:21.28	
5333	MARCO NUNES DIAS	M	4295	00:34:20.10	01:09:05.68	01:11:21.73	
5334	JOSÉ TANQUEIRO	M	8972	00:36:40.96	01:08:45.38	01:11:22.13	
5335	LUCIA FRANCHI	F	4296	00:34:20.23	01:09:05.83	01:11:22.15	
5336	SANDRA PRATA	F	2405	00:37:18.72	01:07:28.38	01:11:22.30	
5337	SARA ISABEL GODINHO PINTO MARVÃO	F	5568	00:36:00.27	01:08:05.30	01:11:22.86	INDEG
5338	SUSANA CRISTINA MORAIS DE BASTOS	F	5572	00:35:59.54	01:08:04.49	01:11:23.09	INDEG
5339	ANTÓNIO MACAU	M	2989	00:38:16.39	01:05:47.21	01:11:23.25	
5340	ANA PAULINO	F	3442	00:38:28.60	01:05:32.15	01:11:23.58	Clube do Stress
5341	MANUEL RIBEIRO	M	4420	00:36:18.09	01:08:47.36	01:11:25.10	
5342	PEDRO FERNANDES	M	6165	00:36:09.31	01:08:29.82	01:11:25.46	Clube ANACOM
5343	ISABEL LUCAS	F	5928	00:36:53.50	01:10:00.48	01:11:25.67	
5344	ALEXANDRA COURELA	F	4245	00:36:53.76	01:07:58.36	01:11:25.72	
5345	CLAUDIA LEITÃO	F	7091	00:35:06.07	01:08:29.66	01:11:28.01	
5346	SÓNIA ALEXANDRA ANDRÉ MENDES	F	3247	00:37:22.32	01:07:25.73	01:11:28.91	Color Team
5347	TANIA FERNANDES	F	9321	00:33:25.47	01:09:22.02	01:11:29.23	
5348	NUNO MIGUEL BORGES G. SANTOS	M	2871	00:35:09.90	01:09:07.56	01:11:29.28	
5349	ANDRÉ GORJÃO COSTA	M	9564	00:37:00.59	01:05:46.42	01:11:29.65	VdAtletas
5350	JOÃO MENDES	M	8559	00:37:42.00	01:08:07.15	01:11:29.74	
5351	DIOGO LEITÃO	M	696	00:34:24.29	01:07:55.91	01:11:29.93	VortalRunners
5352	NUNO VASCO HORTA ANJOS	M	3673	00:35:56.29	01:09:02.95	01:11:29.93	CLUBE MILLENNIUM BCP
5353	ISABEL CABRAL	F	6831	00:38:36.39	01:05:56.26	01:11:29.98	
5354	ANA MONTEIRO	F	883	00:38:30.65	01:06:56.97	01:11:30.87	Run 4 It
5355	HUGO LEÃO	M	7114	00:35:53.77	01:05:56.41	01:11:31.31	
5356	ANA AZEVEDO	F	4315	00:36:29.89	01:08:01.22	01:11:31.56	CLUBE GRUPO BES
5357	CATI LOPES	F	3862	00:36:29.43	01:08:01.76	01:11:31.56	
5358	NUNO MIGUEL TEIXEIRA DE JESUS	M	1386	00:35:40.49	01:08:19.25	01:11:31.70	
5359	ANA VELEZ CONDUTO	F	3505	00:36:07.90	01:09:23.98	01:11:33.30	VdAtletas
5360	GONÇALO ANDRADE	M	6930	00:35:51.60	01:08:41.32	01:11:33.33	
5361	PEDRO MACHADO	M	5756	00:36:17.89	01:08:53.55	01:11:33.95	Clube ANA Lisboa
5362	PEDRO MIGUEL ASSANE GEADA	M	3783	00:36:50.57	01:08:05.60	01:11:34.11	CLUBE MILLENNIUM BCP
5363	RUI NICOLAU FERREIRA	M	1050	00:33:52.74	01:11:05.68	01:11:35.55	
5364	NATÁLIA BERNARDO	F	7865	00:36:36.52	01:07:49.96	01:11:36.00	CCD TRANQUILIDADE
5365	JOÃO PIRES	M	2442	00:36:37.02	01:07:58.90	01:11:36.78	
5366	MANUEL MARTA	M	6170	00:39:27.00	01:06:41.05	01:11:37.03	
5367	MIGUEL PINHAL	M	2240	00:36:21.23	01:07:28.08	01:11:37.19	CCD TRANQUILIDADE
5368	CÁRMINE ANDRÉ MARRONE	M	4246	00:36:21.75	01:07:27.98	01:11:37.46	CCD TRANQUILIDADE
5369	CARLOS MARQUES	M	6841	00:35:23.46	01:09:18.55	01:11:37.58	
5370	ANA SEABRA	F	1106	00:36:28.39	01:08:13.18	01:11:38.72	Aero Runners
5371	GABRIEL CABRINHAS	M	7871	00:38:20.40	01:08:36.01	01:11:39.67	
5372	CLAUDIA CRISTÓVÃO	F	1319	00:35:11.07	01:10:42.28	01:11:39.80	
5373	SUSANA MARIA MARQUES	F	3646	00:35:15.74	01:09:14.64	01:11:40.33	CLUBE MILLENNIUM BCP
5374	VITOR NELSON JANUARIO MARQUES	M	3645	00:35:17.22	01:09:14.75	01:11:40.52	CLUBE MILLENNIUM BCP
5375	CARLOS MANUEL DA COSTA CRUZ	M	8457	00:39:01.32	01:08:14.09	01:11:40.82	
5376	MANUEL GOMES	M	4612	00:35:01.37	01:10:49.23	01:11:41.37	CCDEL_Efacec
5377	MIGUEL GARCIA	M	10005	00:35:13.88	01:09:43.39	01:11:41.58	Sumol Compal
5378	VITOR SOUSA	M	7863	00:36:12.97	01:08:18.86	01:11:42.55	
5379	PAULA GUERREIRO	F	7862	00:36:12.83	01:08:20.12	01:11:43.51	
5380	CÁTIA VIEGAS	F	1236	00:37:54.61	01:06:46.97	01:11:44.10	Karamelos Running
5381	RICARDO RIBEIRO	M	1233	00:37:54.67	01:06:47.64	01:11:44.43	Karamelos Running
5382	DAVID VICENTE TOME	M	3795	00:38:34.62	01:04:04.16	01:11:44.99	CLUBE MILLENNIUM BCP
5383	FRANCISCO CASACA	M	2268	00:37:15.09	01:07:19.48	01:11:45.43	
5384	JOAQUIM NUNES PIMENTEL	M	422		01:08:48.71	01:11:46.05	
5385	SUSANA AMORIM	F	3384	00:35:35.97	01:09:38.69	01:11:46.95	
5386	CÉLIA FERREIRA	F	5057	00:33:53.85	01:10:55.32	01:11:47.25	GRCD Leão
5387	SANDRA FILIPE	F	4751	00:33:54.79	01:11:22.28	01:11:47.32	Grupo Desportivo de Barcarena
5388	CATARINA ALVAREZ	F	2770	00:36:31.43	01:09:12.06	01:11:47.89	
5389	RUTE MONTENEGRO	F	528	00:34:31.83	01:08:41.91	01:11:49.63	
5390	JOSÉ FERNANDO SÁ DOS SANTOS	M	9334	00:32:33.24	01:11:42.74	01:11:49.86	
5391	PAULA SOBRAL	F	2279	00:36:04.41	01:08:40.65	01:11:50.15	Tartarugas Solidarias
5392	JOANA PEREIRA	F	2144	00:38:12.62	01:07:47.68	01:11:50.19	Pés de Chumbo
5393	JORGE OLIVEIRA	M	4142	00:37:46.14	01:06:17.44	01:11:51.06	
5394	PAULA SANTOS	F	4141	00:37:47.74	01:06:17.81	01:11:51.36	
5395	LURDES ALVES	F	1973	00:36:18.41	01:08:31.06	01:11:51.44	
5396	JOÃO PEDRO FONSECA PINTO	M	7948	00:40:21.86	01:06:17.34	01:11:52.40	
5397	RUTE CASIMIRO	F	647	00:35:55.78	01:10:17.49	01:11:52.60	
5398	ANTÓNIO MAXIMIANO DIAS GONÇALVES	M	7545	00:40:09.67	01:06:17.13	01:11:52.64	
5399	SANDRA NUNES	F	2455	00:35:26.58	01:07:07.92	01:11:53.01	
5400	JOÃO DANIEL PIRES GODINHO	M	9302	00:33:44.36	01:10:10.42	01:11:53.30	Frenalgil, --
5401	FILIPE SÁ	M	7210	00:42:03.82	01:00:18.69	01:11:53.88	CLUBE DESPORTIVO VILA FRIA
5402	SOFIA TEIXEIRA	F	5037	00:35:25.79	01:07:08.68	01:11:53.92	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5403	RUI PATINHA	M	751	00:37:12.04	01:07:44.94	01:11:54.45	Coxas & Companhia
5404	PAULO DIAS	M	6465	00:34:12.92	01:08:54.37	01:11:54.85	
5405	ANDRÉ SÁ	M	7209	00:42:04.41	01:00:22.01	01:11:54.86	CLUBE DESPORTIVO VILA FRIA
5406	JOAQUIM SANTOS	M	9940	00:42:03.65	01:00:19.75	01:11:55.05	
5407	MANUEL LOURENÇO RODRIGUES	M	1454	00:33:23.39	01:09:58.69	01:11:56.23	
5408	PAULO AMARAL	M	8778	00:37:09.83	01:06:48.97	01:11:57.18	
5409	RUTE MEIRELES	F	5416	00:39:12.80	01:07:58.31	01:11:58.45	
5410	ANA SOFIA BAIÃO AUGUSTO	F	1968	00:33:26.77	01:11:56.59	01:11:58.80	
5411	ANDRÉA SANTOS	F	8911	00:36:22.58	01:08:53.77	01:11:58.86	Pepsico
5412	CATARINA GOUVEIA	F	1112	00:38:39.86	01:07:14.69	01:11:59.04	
5413	CARLOS MALOSSO	M	9908	00:35:05.77	01:07:09.10	01:12:01.92	Correr na Cidade
5414	LUIS FILIPE COSTA	M	727	00:35:02.61	01:09:00.84	01:12:01.93	
5415	SARA GONCALVES	F	9946	00:35:54.40	01:07:09.36	01:12:01.96	Weventual 2
5416	JULIETTE MARIE E GRAVIL-BERTHE	F	3805	00:34:16.43	01:09:35.47	01:12:03.29	ESMTC
5417	ANTÓNIO LOPES	M	4609	00:38:13.16	01:07:40.80	01:12:04.44	CCDEL_Efacec
5418	LUÍS FONSECA	M	4844	00:34:18.49	01:10:21.55	01:12:05.22	C.A. Amigos Parque da Paz
5419	DANIELA SOFIA DIAS FERREIRA	F	8043	00:35:21.54	01:09:21.72	01:12:05.28	Correr Lisboa
5420	VITOR FIGUEIREDO	M	2467	00:38:52.68	01:06:55.63	01:12:05.75	
5421	RAQUEL ROQUE	F	1059	00:38:52.83	01:06:54.78	01:12:05.84	
5422	RAMONN MARTINS	M	5162	00:37:27.77	01:08:08.93	01:12:06.58	
5423	RITA SILVA	F	2800	00:33:50.48	01:11:37.86	01:12:06.74	
5424	CATARINA PAULINO	F	3613	00:34:20.25	01:10:23.45	01:12:06.94	
5425	ANGELA BRITO	F	1950	00:33:31.70	01:10:50.42	01:12:08.12	
5426	NUNO COTRIM	M	5230	00:36:02.23	01:07:24.69	01:12:09.59	HP CLUB
5427	RUTE PATROCINIO	F	7449	00:35:31.30	01:10:50.92	01:12:11.02	
5428	SERGIO FILIPE SOUSA SUZANO	M	4181	00:38:44.91	01:06:24.51	01:12:11.18	
5429	VASCO D'OREY	M	8437	00:33:58.99	01:10:42.64	01:12:11.43	EXP!
5430	CARLA TALAIA	F	7980	00:36:36.75	01:12:12.24	01:12:12.24	
5431	NILA VAZ	F	9252	00:39:17.64	01:06:08.42	01:12:12.79	Continente
5432	FERNANDA DA CONCEIÇÃO DOMINGUES	F	7352	00:35:38.75	01:09:46.94	01:12:12.98	
5433	JOANA BAPTISTA	F	6819	00:37:21.42	01:09:10.84	01:12:13.13	G D C BANCO DE PORTUGAL
5434	RUI T. HENRIQUES	M	3569	00:36:57.99	01:08:29.34	01:12:13.38	ADRC MATA DE BENFICA
5435	FILIPA VICENTE	F	4594	00:37:24.87	01:08:11.42	01:12:14.54	Hand2Hand Better Living
5436	JOSÉ MASSUÇA	M	7572	00:37:24.46	01:08:11.29	01:12:14.64	
5437	ANABELA SANTOS	F	868	00:34:15.55	01:09:20.17	01:12:15.01	CCDT do Município de Odivelas
5438	MIGUEL PIRES	M	7018	00:35:32.02	01:08:05.60	01:12:15.08	CLUBE ACCENTURE
5439	CATARINA PINTO	F	4908	00:34:19.65	01:10:58.59	01:12:15.26	Science runners
5440	MADALENA SANTO	F	1629	00:33:26.26	01:11:53.62	01:12:15.82	
5441	JOAO DARIO COTINHO SOTTO MAYOR	M	3554	00:37:10.45	01:12:15.92	01:12:15.92	
5442	SOFIA FREIRE	F	7613	00:36:24.23	01:09:27.10	01:12:16.30	
5443	ANABELA RIBEIRO	F	8308	00:37:06.40	01:07:47.94	01:12:16.51	
5444	CARIMO CHANDE	M	1340	00:40:27.97	01:06:17.30	01:12:17.38	
5445	PEDRO SIZA VIEIRA	M	8216	00:36:58.96	01:09:44.10	01:12:17.41	
5446	RUI COSTA	M	1959	00:37:13.79	01:07:04.31	01:12:18.25	
5447	ANA CATARINA GUERRA	F	2705	00:38:19.14	01:06:30.28	01:12:18.65	RunLovers
5448	EDUARDO PESTANA	M	7247	00:38:46.26	01:06:14.94	01:12:18.74	
5449	SUSANA MOTA	F	3205	00:36:30.61	01:08:48.36	01:12:18.75	CLUBE GRUPO BES
5450	ALIPIO COSTA	M	4162	00:39:30.85	01:07:58.02	01:12:19.88	BIVAC IBERICA
5451	VANDA CACHOLA	F	4158	00:39:29.98	01:07:57.58	01:12:20.32	BIVAC IBERICA
5452	JOANA MARTINEZ	F	5127	00:36:19.34	01:10:13.00	01:12:21.71	
5453	JOÃO MIMOSO	M	2239	00:37:50.79	01:05:59.34	01:12:22.17	CCD TRANQUILIDADE
5454	JOHNNY THOMASSEN	M	724	00:36:44.26	01:09:49.47	01:12:22.46	
5455	ANTÓNIO JORGE SILVA GUERREIRO MONTEIRO	M	7588	00:35:53.70	01:09:50.96	01:12:22.88	Correr Lisboa
5456	CESAR FIALHO GUERRA	M	1362	00:37:00.34	01:07:51.78	01:12:23.09	
5457	ANA SOFIA RODRIGUES DOS SANTOS	F	7313	00:38:05.19	01:06:12.89	01:12:23.56	
5458	JUAN DA SILVA	M	1412	00:37:34.08	01:07:34.70	01:12:24.31	
5459	RUI TIAGO CORDA GERALDO	M	1099	00:35:04.59	01:10:09.87	01:12:24.46	
5460	LUIS FARIAS	M	406	00:35:18.48	01:10:16.00	01:12:25.45	
5461	JOSE MANOEL PEREIRA	M	5672	00:37:23.84	01:09:31.62	01:12:25.84	
5462	PEDRO SIMÕES	M	5703	00:41:40.42	01:06:27.76	01:12:27.13	Clube do Stress
5463	FLORBELA MARIA CALDEIRA PANTALEÃO	F	5192	00:36:09.12	01:10:43.58	01:12:27.14	
5464	MARGARIDA MARTINS	F	216	00:35:21.41	01:10:24.25	01:12:27.54	
5465	SILVIA RITO	F	8138	00:32:22.38	01:09:51.66	01:12:27.74	
5466	JOAO BENTO	M	710	00:39:40.88	01:06:20.75	01:12:27.84	
5467	TERESA MESQUITA	F	2835	00:39:20.35	01:05:52.16	01:12:28.20	
5468	JOSÉ LAVADO	M	6692	00:38:16.62	01:06:39.89	01:12:28.45	
5469	CARLOS ALBERTO TAVARES CARMO	M	4023	00:36:38.15	01:10:20.89	01:12:29.60	GDCT REPSOL POLIMEROS
5470	LUÍS MANUEL LOURO TORRÃO	M	4025	00:36:37.92	01:10:20.83	01:12:29.81	GDCT REPSOL POLIMEROS
5471	JOSÉ RICARDO OLIVEIRA CARDINHO	M	5514	00:45:00.68	01:07:42.52	01:12:31.09	INDEG
5472	RUI BAJANCA	M	6786	00:38:34.45	01:06:44.86	01:12:32.37	
5473	RAQUEL SANTOS	F	5674	00:35:45.53	01:10:15.38	01:12:32.88	
5474	PAULA CRISTINA MONTEIRO RECHENA DA CUNHA	F	4656	00:35:32.11	01:10:09.16	01:12:33.14	
5475	RUI MANUEL DIAS HENRIQUES FERNANDES	M	7742	00:35:42.39	01:11:02.01	01:12:35.07	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5476	JAIME SANTOS	M	5223	00:37:12.30	01:09:03.47	01:12:35.10	HP CLUB
5477	LUIS GOMES	M	963	00:32:41.96	01:10:46.34	01:12:35.37	
5478	MARGARIDA SEVERINO	F	3541	00:36:14.43	01:09:35.79	01:12:35.52	GD Cimpor & Amigos
5479	FERNANDO SÉRGIO LESTRO SUZANO	M	4179	00:38:44.68	01:06:49.86	01:12:36.43	
5480	FERNANDO LOPES	M	9019	00:40:12.48	01:07:18.74	01:12:36.58	
5481	PEDRO MIGUEL SOUSA SUZANO	M	4182	00:38:44.67	01:06:50.42	01:12:36.84	
5482	BLANDINE MEYER	F	7909	00:38:14.79	01:08:06.74	01:12:37.59	
5483	ANA LAVADO	F	6785	00:38:33.97	01:06:51.95	01:12:39.55	
5484	TÂNIA JACINTO	F	6943	00:36:52.16	01:06:02.88	01:12:39.88	Sonae Sierra
5485	ANDRÉ NEVES	M	1322	00:37:01.17	01:10:14.56	01:12:40.37	
5486	MARGARIDA SANTOS CORREIA	F	9175	00:35:50.47	01:09:32.65	01:12:40.56	
5487	SÉRGIO VITORINO	M	1280	00:33:40.63	01:10:24.07	01:12:40.68	
5488	ANTONIO CORREIA	M	8875	00:36:00.74	01:11:43.73	01:12:41.76	Escuteiros 297 Algés
5489	JOÃO PAULO RODRIGUES	M	6218	00:36:34.62	01:09:09.09	01:12:41.80	SS CGD
5490	CAROLINA OLIVEIRA	F	9223	00:37:26.57	01:07:06.99	01:12:42.34	
5491	FILIPA HENRIQUES	F	1323	00:37:02.22	01:10:16.71	01:12:42.35	
5492	ANTÓNIO CIDADÃO	M	4150	00:36:46.47	01:07:33.48	01:12:43.05	
5493	JOÃO FIGUEIREDO	M	7096	00:36:26.15	01:08:17.05	01:12:43.57	
5494	TIAGO CASTRO	M	6987	00:37:20.97	01:10:00.73	01:12:45.09	
5495	ANA SOARES	F	9039	00:38:30.48	01:07:23.11	01:12:45.78	A minha corrida / Fitness Hut, --
5496	SOFIA GARCIA	F	240	00:37:21.21	01:09:13.30	01:12:45.91	
5497	CLÁUDIA SUSANA DUARTE VARELA	F	5465	00:33:12.76	01:11:51.49	01:12:45.94	INDEG
5498	JOAO GONÇALVES PALMA	M	4698	00:37:17.71	01:08:50.28	01:12:46.24	AAEBNU, --
5499	SÓNIA ENVIA	F	869	00:37:13.72	01:09:50.74	01:12:46.32	CCDT do Município de Odivelas
5500	RICARDO BARREIRO	M	453	00:34:15.02	01:08:31.07	01:12:46.66	
5501	PEDRO CERCA	M	6947	00:36:54.67	01:06:10.04	01:12:47.08	Sonae Sierra
5502	ANA ACÁCIO	F	6821	00:37:20.73	01:09:46.17	01:12:48.13	G D C BANCO DE PORTUGAL
5503	ISABEL GONÇALVES	F	6519	00:37:21.86	01:08:45.98	01:12:49.05	
5504	SEVERO MELO	M	1037	00:36:46.50	01:07:28.54	01:12:50.01	
5505	GONÇALO MARQUES	M	2814	00:38:06.51	01:10:02.85	01:12:50.20	
5506	SOFIA GOMES	F	1411	00:37:33.52	01:08:01.24	01:12:50.81	
5507	MÁRIO MARQUES	M	2813	00:38:05.97	01:10:03.79	01:12:50.91	
5508	HELDER CARREIRA	M	3807	00:38:04.72	01:08:19.74	01:12:51.05	
5509	CARLA NICOMÉDIO	F	1457	00:38:03.46	01:06:59.97	01:12:51.21	
5510	EMILIO FERNANDES	M	8865	00:34:29.62	01:12:49.40	01:12:51.50	
5511	ANA CARINA PERCHEIRO ROXO	F	6801	00:34:29.30	01:11:21.43	01:12:51.83	
5512	ROMÃO PEDROSO	M	7001	00:35:54.33	01:10:21.02	01:12:52.50	Correr Lisboa
5513	LEOPOLDO DONATI	M	7911	00:39:46.21	01:06:51.71	01:12:53.46	
5514	CARLA GOMES	F	4597	00:39:32.13	01:09:35.43	01:12:53.51	
5515	FERNANDA DOURADO	F	7910	00:39:46.19	01:06:51.52	01:12:53.60	
5516	MARIA DO CÉU NEVES	F	1005	00:35:49.70	01:10:14.44	01:12:54.38	
5517	ANA FERNANDES	F	2571	00:36:01.52	01:09:45.41	01:12:54.97	
5518	PAULO A. S. VARELA	M	1253	00:38:03.75	01:10:13.29	01:12:56.70	
5519	FILIPE MONTEIRO	M	7987	00:35:46.10	01:11:14.83	01:12:57.26	
5520	ROSINDA CASTANHA	M	7988	00:35:47.02	01:11:14.73	01:12:57.42	
5521	PAULO PEREIRA	M	7126	00:36:26.22	01:08:12.10	01:12:57.56	
5522	ANTÓNIO JÚNIOR	M	3605	00:38:51.85	01:06:17.72	01:12:57.82	
5523	OSVALDO SANTOS	M	3603	00:38:53.34	01:06:17.59	01:12:58.19	
5524	DAVID SANTOS	M	3604	00:38:53.18	01:06:17.13	01:12:58.25	
5525	CLÁUDIA SILVA LOPES	F	4767	00:36:08.82	01:11:36.00	01:12:59.05	
5526	RUI MANUEL DA SILVA GOMES	M	8656	00:35:48.39	01:10:14.26	01:13:00.10	Sportlife
5527	ANABELA SANTO	F	290	00:36:02.07	01:10:14.15	01:13:00.36	Clube Desportivo TCPI
5528	ACÁCIO DOS SANTOS CLEMENTE	M	8655	00:35:48.89	01:10:15.17	01:13:00.64	Sportlife
5529	PEDRO DIAS	M	2868	00:37:48.61	01:07:36.18	01:13:02.03	
5530	ANTERO MARQUES TEIXEIRA	M	2688	00:35:13.81	01:10:07.79	01:13:02.45	
5531	ANTONIO TEIXEIRA	M	8922	00:35:14.45	01:10:07.59	01:13:02.57	
5532	NUNO FERREIRA MATOS	M	678	00:37:57.76	01:07:41.41	01:13:04.93	
5533	NUNO FLORA	M	8925	00:35:32.90	01:10:20.49	01:13:06.24	Flora
5534	HUGO RICARDO FIGUEIRAS CAEIRO	M	611	00:35:41.28	01:08:56.59	01:13:06.46	
5535	ELISABETE PIO	F	1199	00:36:10.74	01:09:57.02	01:13:06.86	Os Frenéticos
5536	ANA MARQUES	F	2397	00:36:28.64	01:10:11.17	01:13:06.99	
5537	JOÃO BRANCO	M	2022	00:34:59.25	01:12:15.87	01:13:07.40	
5538	MIGUEL BARRADAS	M	8349	00:38:31.65	01:09:37.41	01:13:07.46	
5539	ANA MONTESINOS	F	2471	00:36:28.02	01:10:48.93	01:13:07.55	Volkswagen Autoeuropa
5540	PEDRO MIGUEL PEREIRA DA SILVA	M	6942	00:38:31.75	01:09:36.89	01:13:07.68	
5541	VIRGÍLIO SILVA	M	7711	00:39:58.57	01:07:00.71	01:13:08.30	
5542	ANTÓNIO JOSÉ RIBEIRO DE CARVALHO	M	8846	00:37:30.35	01:07:34.73	01:13:08.32	Kelly Services, --
5543	CARLOS ALBERTO NETO LOPES	M	2470		01:03:31.52	01:13:08.76	Corre@correr
5544	MARIA ALEXANDRA OLIVEIRA	F	749	00:37:50.05	01:09:04.08	01:13:09.65	Coxas & Companhia
5545	FERNANDO BISPO	M	9168	00:38:05.51	01:06:21.87	01:13:09.76	
5546	ROSARIO SILVA	F	8081	00:37:47.09	01:09:38.76	01:13:10.43	
5547	NILDA SILVA	F	6227	00:36:26.51	01:09:50.37	01:13:10.58	SS CGD
5548	RODRIGO PINTO	M	294	00:38:11.77	01:09:19.25	01:13:11.29	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5549	PATRÍCIA FIGUEIRA	F	8912	00:38:53.46	01:07:40.46	01:13:12.46	Pepsico
5550	ANA FILIPA ALMEIDA SILVA	F	4313	00:35:36.29	01:11:05.45	01:13:12.67	
5551	ANA LUISA FONSECA	F	2411	00:35:19.77	01:10:24.89	01:13:13.17	Tejavista
5552	DINA PAULINO	F	5679	00:35:35.00	01:10:23.95	01:13:13.33	
5553	PEDRO CORDEIRO	M	5245	00:41:10.28	01:06:56.67	01:13:13.37	
5554	ANDRÉ PINTO	M	6696	00:34:49.66	01:10:04.00	01:13:14.36	
5555	FÁTIMA CAVALEIRO	F	1127	00:37:46.22	01:08:47.42	01:13:15.44	
5556	MARGARIDA OLIVEIRA MARTINS	F	8992	00:31:45.25	01:11:00.34	01:13:17.03	Chitas de Alcobaça
5557	MAFALDA MACHADO	F	4525	00:36:48.35	01:10:59.42	01:13:17.30	
5558	HENRIQUE FAUSTINO	M	7492	00:35:45.70	01:10:21.77	01:13:17.63	
5559	MANUEL MAGALHÃES	M	7931	00:37:28.62	01:08:56.63	01:13:18.12	
5560	CÁTIA MARIANO	F	3859	00:36:53.14	01:08:44.72	01:13:18.26	
5561	MARIA MAGALHÃES	F	7933	00:37:29.37	01:08:56.22	01:13:18.41	
5562	MIGUEL VIEIRA	M	2364	00:34:28.10	01:11:33.96	01:13:18.52	
5563	GONÇALO MIGUEL SOARES ALVES	M	1702	00:38:54.37	01:07:01.27	01:13:18.58	
5564	BEATRIZ FRANCO	F	6986	00:37:23.47	01:10:35.50	01:13:19.28	
5565	ISABEL COELHO	F	2407	00:36:58.58	01:10:23.56	01:13:19.63	
5566	TERESA DA FONSECA MARTINS	F	3708	00:34:56.63	01:11:46.79	01:13:19.90	CLUBE MILLENNIUM BCP
5567	EUNICE DE FÁTIMA PEREIRA FERREIRA	F	7672	00:36:53.62	01:09:46.92	01:13:20.33	
5568	JOÃO GOMES	M	7211	00:35:11.14	01:12:11.21	01:13:20.40	CLUBE DESPORTIVO VILA FRIA
5569	VITOR PAULINO	M	2642	00:35:48.44	01:10:15.67	01:13:21.40	
5570	FILIPA COLAÇO	F	3334	00:38:00.45	01:07:56.83	01:13:22.18	
5571	RITA CARVALHO	F	4792	00:38:51.64	01:06:23.13	01:13:23.37	
5572	VICTOR CARVALHO	M	4793	00:38:52.15	01:06:23.84	01:13:24.11	
5573	JOÃO MANUEL DOS SANTOS	M	7904	00:34:04.36	01:12:15.20	01:13:24.40	
5574	SÓNIA DOMINGOS	F	1103	00:38:58.23	01:09:59.64	01:13:24.86	Aero Runners
5575	PEDRO BOTELHO	M	2625	00:36:04.17	01:11:07.63	01:13:25.08	CLUBE COLABORADORES AXA
5576	SHEILA CANTIGA	F	4254	00:36:04.08	01:11:08.20	01:13:25.61	
5577	ANDREIA SILVA	F	1083	00:34:51.20	01:10:52.37	01:13:26.60	
5578	RITA PACHECO	F	3400	00:41:04.19	01:08:33.63	01:13:28.71	
5579	VANESSA MARRANITA	F	6168	00:38:44.79	01:08:16.53	01:13:29.22	
5580	JOÃO TEIXEIRA	M	8446	00:38:53.96	01:07:12.35	01:13:29.56	
5581	MARCO FERREIRA BORGES	M	4318	00:36:57.68	01:09:20.74	01:13:29.74	
5582	MARIA GONÇALVES	F	8310	00:38:46.56	01:08:15.82	01:13:29.99	
5583	JOÃO CASTRO	M	4319	00:38:27.70	01:11:36.17	01:13:30.05	
5584	ELSA ALCOBIA	F	7201	00:35:39.32	01:09:03.62	01:13:30.15	
5585	PAULO FONSECA	M	6592	00:38:11.06	01:12:07.22	01:13:30.35	
5586	JOÃO SADLER SIMÕES	M	4275	00:36:52.26	01:10:17.00	01:13:30.89	
5587	SONIA PIO	F	1200	00:36:10.62	01:10:22.12	01:13:32.16	Os Frenéticos
5588	JOSÉ FERNANDO GONÇAVES BRANCO	M	7041	00:35:27.37	01:10:25.74	01:13:34.00	
5589	FILIPA FERREIRA	M	2760	00:38:30.89	01:09:10.17	01:13:34.02	
5590	ANTONIO CASTANERA	M	4276	00:36:51.68	01:10:20.00	01:13:34.37	
5591	MARIA DE FÁTIMA ALMEIDA	F	5001	00:39:48.95	01:10:30.89	01:13:34.62	LINDA-A-PASTORA SPORTING CLUBE
5592	ANABELA MARTINS	F	2472	00:36:27.07	01:11:16.31	01:13:34.83	Volkswagen Autoeuropa
5593	DIOGO NUNES	M	7778	00:39:44.27	01:10:53.55	01:13:35.71	
5594	FILIPA MARECOS DO MONTE	F	9047	00:35:49.10	01:07:28.88	01:13:36.35	Starfish
5595	VANDA SEQUEIRA	F	2629	00:36:43.46	01:11:17.12	01:13:36.46	CLUBE COLABORADORES AXA
5596	CATARINA MORGADO FIGUEIRA	F	2607	00:36:05.00	01:11:19.79	01:13:36.54	CLUBE COLABORADORES AXA
5597	JOSÉ POUSINHO HENRIQUES	M	4039	00:38:40.95	01:10:01.16	01:13:37.13	CCD TRANQUILIDADE
5598	CRISTIANO LUCAS	M	8264	00:38:38.43	01:07:44.49	01:13:37.39	
5599	MANUEL FILIPE TOMÉ AZENHA	M	5202	00:37:35.53	01:08:40.56	01:13:38.32	
5600	ÂNGELO BARATA	M	8580	00:34:25.29	01:12:15.25	01:13:39.38	Cromossomas
5601	JOÃO MANUEL DA CRUZ	M	9132	00:35:11.47	01:12:32.85	01:13:39.54	CP
5602	RUTE ISABEL COSTA JUVANDES CARDOSO	F	4422	00:36:31.93	01:10:45.95	01:13:41.59	
5603	CHRISTIAN MARINI LUWISCH	M	7242	00:36:34.65	01:08:38.26	01:13:41.79	
5604	ANA FERREIRA	F	2086	00:38:18.54	01:08:17.82	01:13:42.31	Grupo corrida Joaquim Chaves S
5605	ALEXANDRA ROSA	F	892	00:35:34.26	01:11:01.43	01:13:42.35	
5606	ADELINO SANTOS	M	5160	00:37:29.50	01:09:45.10	01:13:42.75	
5607	GONÇALO RICARDO	M	2511	00:36:59.66	01:09:39.62	01:13:43.34	Os marretas
5608	LUIS CHAMBEL	M	5161	00:37:29.86	01:09:46.23	01:13:43.42	
5609	CARLOS ROSA	M	7721	00:32:19.39	01:12:19.40	01:13:44.77	
5610	PAULA COUTO	F	790	00:37:16.87	01:11:18.58	01:13:44.94	
5611	SÓNIA ISABEL DOS SANTOS GARCIA	F	1228	00:36:03.68	01:12:41.07	01:13:45.31	
5612	ARTUR DINIS	M	789	00:37:16.73	01:11:18.81	01:13:45.47	
5613	SARA LEITÃO	F	7710	00:36:40.06	01:09:15.24	01:13:45.64	Casa Pessoal Estradas Portugal
5614	VANIA SILVA	F	6298	00:38:46.83	01:09:30.76	01:13:46.23	Correr Lisboa
5615	DAVID SIMÃO	M	9345	00:39:14.56	01:09:31.98	01:13:46.30	Correr Lisboa
5616	NARA FRAGA	F	9031	00:35:46.64	01:11:20.71	01:13:46.91	TomTom
5617	HUGO NOGUEIRA	M	3517	00:37:14.49	01:07:18.30	01:13:46.96	BANCO PRIVADO ATLANTICO EUROPA
5618	ALEXANDRA DE JESUS LOPES PALMA	F	2159	00:38:14.58	01:09:20.52	01:13:47.10	Tartarugas Solidarias
5619	NUNO RITO	M	554	00:38:05.00	01:09:58.91	01:13:47.17	Tartarugas Solidarias
5620	JOSÉ GUIMARÃES	M	9028	00:35:46.19	01:11:22.66	01:13:48.47	TomTom
5621	LUÍS MOREIRA	M	9030	00:35:47.64	01:11:21.83	01:13:48.71	TomTom

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5622	PEDRO LUZ	M	4395	00:35:28.60	01:11:46.18	01:13:50.74	Açoreana Clube Banif
5623	ROGÉRIO PAULO BARREIRA PINTO	M	5758	00:36:36.04	01:11:53.99	01:13:51.78	
5624	RICARDO CORDEIRO	M	5666	00:42:37.51	01:09:38.16	01:13:51.86	
5625	LINO TORCAL	M	7624	00:36:03.21	01:09:44.94	01:13:52.16	
5626	PATRICIA CORDEIRO	F	5667	00:37:12.08	01:09:39.43	01:13:52.57	
5627	TIAGO VIEIRA	M	1314	00:36:37.13	01:09:44.90	01:13:52.62	
5628	EDUARDO AMORIM	M	4198	00:39:57.09	01:08:15.32	01:13:53.79	
5629	FILIFE FERRÃO	M	8873	00:36:00.24	01:12:56.23	01:13:54.49	Escuteiros 297 Algés
5630	ANA LUISA SANTOS	F	4187	00:33:53.66	01:13:50.40	01:13:54.59	
5631	ÉLIO COELHO	M	2568	00:38:28.14	01:09:00.75	01:13:54.92	Trio Maravilha
5632	ISABEL MARIA SOBREDA BARBIERI CARDOSO	F	6319	00:38:38.00	01:10:27.35	01:13:55.05	
5633	ANABELA MEIA - VIA	F	2892	00:34:19.65	01:11:49.82	01:13:55.28	Câmara Lisboa Clube
5634	LUISA FALÉ COSTA	F	714	00:36:41.75	01:10:53.22	01:13:55.36	
5635	ANA LUZIA MARREIROS SOARES	F	6176	00:40:33.15	01:08:00.14	01:13:55.88	
5636	JOAO GRAÇA	M	4460	00:40:28.87	01:08:29.39	01:13:57.38	NUCLEO DESPORTIVO AUTOCOOPE
5637	JOSE VIEIRA SILVA	M	7038	00:36:56.32	01:10:49.80	01:13:57.80	
5638	SORAIA VAZ	F	4899	00:40:34.41	01:08:02.39	01:13:57.85	
5639	MARINA PADINHA	F	2177	00:39:18.29	01:09:04.84	01:13:58.89	
5640	MARIA DONZILIA DE ALMEIDA RODRIGUES	F	6845	00:36:43.46	01:12:08.82	01:13:59.39	
5641	PAULO VIEGAS	M	8490	00:37:59.30	01:12:07.38	01:13:59.46	Colt
5642	ANA GAUDÊNCIO	F	4099	00:35:23.76	01:12:25.76	01:14:00.21	
5643	DANIEL PETRESKI	M	6678		01:14:00.72	01:14:00.72	MARRIOTT LISBOA
5644	FERNANDA PRIM	F	7704	00:39:03.84	01:09:20.37	01:14:01.27	
5645	JOSÉ GONÇALO DIAS FERRÃO	M	7299	00:35:15.50	01:12:34.28	01:14:03.00	ITEN
5646	MARTA MONTEIRO SIMÃO	F	3850	00:38:21.49	01:09:01.40	01:14:04.09	Pedro Nunes
5647	EDGAR ALEXANDRE	M	1025	00:35:09.72	01:10:55.38	01:14:04.81	
5648	TERESA BAUDOUIN	F	613	00:36:36.84	01:12:20.43	01:14:04.81	TRILHOS E TRALHOS
5649	GABRIEL ESPERANÇA PIRES	M	6030	00:32:01.40	01:13:33.35	01:14:06.05	CascaGrossista
5650	ANTONIO ALVES	M	3017	00:37:11.99	01:11:43.41	01:14:06.32	OEBRECHT PORTUGAL
5651	SARA SERRA	F	2669	00:37:40.41	01:10:34.09	01:14:07.04	
5652	CARLOS MARGATO	M	3594		01:10:57.68	01:14:07.52	
5653	FILIFE .	M	8931	00:37:46.33	01:12:14.77	01:14:07.63	
5654	ANTÓNIO JOSÉ SALGADO DA SILVA	M	9165	00:38:44.53	01:07:20.13	01:14:08.48	
5655	VANUZA DE SOUZA RODRIGUES	F	5122	00:34:40.21	01:11:36.35	01:14:08.90	
5656	LUIS SANTOS	M	3020	00:36:12.34	01:13:34.10	01:14:09.14	OEBRECHT PORTUGAL
5657	PEDRO PEREIRA	M	3049	00:37:37.81	01:12:59.90	01:14:10.28	1495, --
5658	JUAN ANTONIO DEL RIO	M	3048	00:37:36.78	01:13:00.18	01:14:10.32	1495, --
5659	CATARINA MAGALHÃES CARVALHO SIMAO	F	6617	00:37:19.27	01:10:47.25	01:14:10.36	
5660	ANTÓNIO COSTA	M	875	00:38:56.02	01:09:20.11	01:14:10.44	
5661	ANA SOFIA CORREIA	F	447	00:36:49.05	01:10:43.99	01:14:11.82	Os Conta-Kilómetros
5662	ANTÓNIO QUINZICO	M	7008	00:37:51.32	01:09:10.66	01:14:12.23	CLUBE ACCENTURE
5663	ANA .	F	8930	00:37:46.52	01:12:20.67	01:14:12.84	
5664	ANDRÉ JOÃO ALVELOS PEREIRA	M	7279	00:36:19.16	01:08:54.86	01:14:13.49	
5665	DAVID FEIJÃO	M	262	00:34:27.17	01:13:02.30	01:14:14.13	
5666	DINA SILVA	F	261	00:34:29.68	01:13:02.31	01:14:14.29	
5667	HENRIQUE GRAÇA	M	3347	00:33:33.03	01:10:57.47	01:14:14.79	
5668	ÉLIA ALVES	F	2091	00:37:46.07	01:10:54.22	01:14:15.40	
5669	TELMO DOURADO	M	6618	00:38:06.31	01:12:40.31	01:14:16.23	
5670	ALICE PARDAL	F	6619	00:38:01.11	01:12:39.03	01:14:16.36	
5671	LUÍS DAMIÃO	M	4776		01:06:11.66	01:14:16.87	CR Leões de Porto Salvo
5672	MARCOS ALEXANDRE	M	6370	00:35:47.44	01:11:13.85	01:14:17.88	
5673	ALAIN YVON	M	5284	00:37:20.00	01:11:51.34	01:14:18.26	
5674	MARINA YVON	F	5285	00:37:20.38	01:11:51.44	01:14:18.43	
5675	IGOR PEREIRA	M	8469	00:37:41.82	01:09:02.42	01:14:19.01	MADE2WEB DIGITAL AGENCY
5676	PAULO JORGE VITORIANO FERREIRA	M	6277	00:38:45.84	01:08:59.89	01:14:19.26	
5677	RICARDO NEVES	M	3610	00:37:55.10	01:10:18.46	01:14:19.27	
5678	JOÃO SEQUEIRA	M	9371	00:38:41.42	01:08:39.56	01:14:19.59	
5679	TIAGO MIGUEL COELHO VICENTE RODRIGUES	M	6278	00:38:46.63	01:09:01.46	01:14:20.88	
5680	PAULO VASCONCELOS	M	8766	00:33:03.95	01:13:32.15	01:14:21.24	
5681	JUNIA ANACLETO	F	6283	00:38:16.46	01:10:13.23	01:14:21.49	ACADEMIA FITNESS MILITAR, --
5682	SARA VALADARES	F	6284	00:38:15.90	01:10:13.21	01:14:21.55	ACADEMIA FITNESS MILITAR, --
5683	ANTÓNIO VASCO AMARO TRAVASSOS	M	2462	00:38:00.69	01:10:15.17	01:14:21.68	
5684	SEM DADOS		9948	00:38:29.40	01:08:09.45	01:14:23.12	
5685	BRUNO CANTINHO	M	2252	00:36:13.83	01:11:20.76	01:14:23.65	
5686	LILIANA SALGUEIRO	F	2251	00:36:13.77	01:11:20.33	01:14:23.78	
5687	ELISABETE DOMINGUES	F	2850	00:38:30.17	01:10:48.75	01:14:23.96	Kalorias Runners
5688	GUSTAVO LEITE	M	462	00:38:25.34	01:09:59.96	01:14:24.44	
5689	JOÃO NUNO FONSECA	M	4100	00:40:43.00	01:07:24.94	01:14:24.96	
5690	VANESSA SEQUEIRA	F	3437	00:41:37.05	01:10:30.59	01:14:25.27	WINNERS TEAM
5691	VERA KOSHET	F	5664	00:37:21.80	01:09:57.39	01:14:26.23	
5692	HELDER PISA	M	3252	00:35:09.73	01:11:17.47	01:14:26.97	
5693	LUÍS FRAQUESA	M	9294	00:35:12.06	01:14:22.00	01:14:27.32	Compressport
5694	SUSANA SILVA	F	1578	00:40:54.47	01:08:10.13	01:14:27.85	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5695	ANA SOFIA LAGE	F	1577	00:40:54.57	01:08:10.78	01:14:27.95	
5696	CARLOS ALBERTO DE ALMEIDA TOME	M	3778	00:37:29.85	01:10:21.08	01:14:29.11	CLUBE MILLENNIUM BCP
5697	NUNO MARES	M	2127	00:34:44.84	01:10:44.05	01:14:30.41	MOVET
5698	RICARDO VINTÉM	M	6796	00:36:43.11	01:10:44.82	01:14:30.78	MOVET
5699	JOÃO COSTA SECO	M	3258	00:35:54.21	01:10:03.37	01:14:31.21	Weventual 2
5700	MARIANA BARREIROS	F	9263	00:38:37.98	01:11:39.94	01:14:31.24	
5701	FÁBIO SANTOS	M	9264	00:38:36.13	01:11:40.14	01:14:31.44	
5702	INÉS PAIS	F	415	00:38:29.84	01:10:56.50	01:14:32.15	Kalorias Runners
5703	CÁTIA CRISTOVÃO	F	2097	00:35:18.80	01:12:20.48	01:14:32.74	
5704	HUGO DUARTE	M	2098	00:35:18.13	01:12:21.13	01:14:32.92	
5705	MARINA CHAVES BALULA	F	8133	00:37:13.34	01:09:57.52	01:14:34.52	
5706	CATARINA VIEIRA	F	2901	00:40:16.67	01:09:15.48	01:14:35.12	Grupo corrida Joaquim Chaves S
5707	PAULO ANDRADE	M	5170	00:36:47.60	01:10:27.29	01:14:35.52	
5708	LUIS FILIPE ALVES	M	2389	00:39:37.49	01:08:39.38	01:14:36.07	Grupo Atletas Monsanto
5709	BRUNO SANTOS	M	6023	00:35:25.25	01:12:27.48	01:14:36.10	Clube ANA Lisboa
5710	JOAO PINTO	M	2383	00:39:37.27	01:08:41.41	01:14:36.73	Grupo Atletas Monsanto
5711	GONÇALO NUNO MARQUES ALVES	M	6011	00:41:20.12	01:09:48.97	01:14:38.27	
5712	BERNARDO BRÁS GONÇALVES	M	2213	00:33:35.36	01:13:03.44	01:14:39.27	
5713	MARIA JOSÉ TEIXEIRA	F	4021	00:37:09.11	01:12:39.09	01:14:39.32	GDCT REPSOL POLIMEROS
5714	JOANA BRITES	F	7377	00:38:46.34	01:09:09.68	01:14:39.40	
5715	MARCO DANIEL FERRA SANTOS	M	7196	00:37:58.22	01:10:34.12	01:14:39.42	
5716	ELISABETE FERNANDES	F	8363	00:38:40.63	01:10:12.83	01:14:39.80	
5717	MARIA JOÃO DE ALMEIDA E SOUSA	F	2313	00:33:35.36	01:13:04.66	01:14:40.08	
5718	RICARDO SEPÚLVEDA	M	4613	00:38:13.86	01:10:19.85	01:14:43.73	CCDEL_Efacec
5719	RICARDO CORREIA	M	9187	00:36:38.89	01:10:31.78	01:14:43.99	
5720	ANA CRISTINA MARTINS ALVARENGA PINTO	F	4520	00:37:55.49	01:08:56.89	01:14:44.31	
5721	SALAÍ PRISCA	F	3231	00:40:31.51	01:07:09.52	01:14:44.79	
5722	MARIA BEATRIZ FERREIRA	F	3602	00:38:34.50	01:09:47.93	01:14:45.32	
5723	PEDRO CANTEIRO	M	451	00:39:48.46	01:14:45.33	01:14:45.33	
5724	TIAGO FRANCO PINHEIRO	M	2486	00:34:02.63	01:13:29.72	01:14:45.57	Os Coxos
5725	RITA BALCAO REIS	F	8367	00:37:34.85	01:12:14.09	01:14:45.91	
5726	FERNANDA FELIZARDO	F	1548	00:36:29.78	01:13:38.21	01:14:46.47	Volkswagen Autoeuropa
5727	JOANA PORTELA	F	9934	00:38:10.37	01:13:32.62	01:14:47.29	BP2SEA
5728	MARIA ALEXANDRA DA C. RAMALHO	F	635	00:38:13.74	01:11:02.09	01:14:47.34	
5729	RITA SOFIA NEVES	F	1848	00:36:29.19	01:12:11.17	01:14:48.52	
5730	GONÇALO FERREIRA	M	3342	00:35:49.94	01:10:46.82	01:14:49.37	F5IT RUNNERS
5731	JOÃO JULIO	M	9572	00:42:43.86	01:03:17.21	01:14:49.49	
5732	SEM DADOS		9854	00:35:59.80	01:14:05.35	01:14:49.54	
5733	PEDRO DIONISIO	M	4196	00:36:15.08	01:13:09.12	01:14:50.09	Road Runners
5734	FILIPA BRÁS CABAÇA	F	2214	00:38:08.64	01:13:14.32	01:14:50.23	
5735	ANA CRISTINA MENDES DA CONCEIÇÃO	F	5428	00:37:02.38	01:10:56.66	01:14:51.42	INDEG
5736	CLÁUDIA PATRICIA PARREIRA GASPAR	F	6685	00:36:20.60	01:09:59.57	01:14:51.79	
5737	JOÃO JORGE GONCALVES COSTA	M	6686	00:36:27.77	01:10:00.42	01:14:52.22	
5738	JORGE MANUEL TEIXEIRA MOURA	M	4661	00:39:34.14	01:11:01.41	01:14:52.98	
5739	MONICA HENRIQUES	F	8272	00:41:07.59	01:09:03.33	01:14:53.23	
5740	NÍDIA SILVA	F	1597	00:36:31.88	01:12:43.58	01:14:54.56	
5741	FERNANDO COELHO	M	1663		01:14:54.56	01:14:54.56	
5742	RAQUEL NEVES	F	2823	00:37:20.23	01:13:24.98	01:14:55.04	Os Martins
5743	CARLOS CARDOSO	M	6915	00:35:53.62	01:13:33.01	01:14:55.88	
5744	NADINE AMORIM	F	2931	00:39:36.56	01:09:26.03	01:14:56.30	Grupo corrida Joaquim Chaves S
5745	MARIA JOAO SILVA	F	2161	00:39:11.34	01:11:32.95	01:14:56.36	
5746	BRUNO LUCAS	M	2898	00:39:36.27	01:09:28.37	01:14:56.44	Grupo corrida Joaquim Chaves S
5747	CÉSAR MATEUS MODESTO	M	4050	00:35:59.83	01:08:42.40	01:14:56.79	
5748	FILIPA FERREIRA	F	7453	00:35:49.09	01:10:47.56	01:14:57.37	Running Geeks
5749	MARIA MANUELA RODRIGUES	F	2794	00:36:53.21	01:10:04.33	01:14:57.67	
5750	ANA SOFIA QUEIRÓS DE PINHO	F	3559	00:40:43.38	01:08:51.60	01:14:57.87	CerRunners
5751	ANTÓNIO CARIAS DE SOUSA	M	9877	00:38:59.45	01:11:18.62	01:14:58.01	
5752	CATARINA RAMOS	F	7090	00:38:37.70	01:11:32.04	01:14:58.69	
5753	PEDRO RAMOS	M	7129	00:38:38.37	01:11:32.73	01:14:58.75	
5754	MARIA FILOMENA LANÇA BARRANCOS	F	2186	00:41:08.86	01:09:07.80	01:15:02.98	B&A
5755	MIGUEL BARRANCOS OLIVEIRA	M	2188	00:41:08.85	01:09:07.07	01:15:03.34	B&A
5756	ANETTE SCHIFFLER	F	5209	00:34:59.95	01:13:48.91	01:15:03.93	
5757	SARA CESTEIRO	F	4517	00:38:12.08	01:11:16.15	01:15:06.14	
5758	CRISTINA RAMOS	F	9249	00:40:29.24	01:13:10.95	01:15:06.47	Continente
5759	ROSA DUARTE	F	8560	00:36:31.47	01:13:21.87	01:15:06.99	
5760	ANTONIO RIBEIRO	M	1588	00:35:24.08	01:13:55.55	01:15:07.46	
5761	ALEXANDRA RODRIGUES	F	2082	00:40:13.56	01:09:49.81	01:15:08.22	Grupo corrida Joaquim Chaves S
5762	MIGUEL PEREIRA	M	7708	00:34:16.05	01:13:24.63	01:15:08.26	Casa Pessoal Estradas Portugal
5763	RUI MENINO	M	295	00:37:45.71	01:08:53.65	01:15:08.82	
5764	SÓNIA VELHO	F	6644	00:37:29.06	01:14:15.09	01:15:09.88	
5765	RICARDO BAPTISTA	M	5958	00:35:09.85	01:13:44.71	01:15:10.21	Hovione 7casas
5766	CARLA BARBOSA	F	4531	00:38:27.82	01:12:23.64	01:15:10.65	Toca Runners
5767	CARLOS VILAR	M	6643	00:37:28.62	01:14:16.74	01:15:11.08	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5768	LUIS ADÃO	M	6289	00:36:49.90	01:13:04.08	01:15:11.79	
5769	INÉS ROSA ESCAPA	F	5611	00:38:29.44	01:09:33.53	01:15:12.92	Rebolation
5770	TERESA MARMELEIRO LEITE	F	7658	00:36:56.15	01:13:43.09	01:15:14.26	
5771	RUI MIGUEL GAMITO PEREIRA JORGE	M	5564	00:41:34.45	01:08:51.49	01:15:14.42	INDEG
5772	FILIPA ALEXANDRA TOMÁS F. SILVA SOARES	F	5475	00:41:33.06	01:08:52.50	01:15:14.73	INDEG
5773	MA FEE HUNGMA FEE HUNG	F	4376	00:38:26.32	01:11:41.78	01:15:14.94	Açoreana Clube Banif
5774	RUI PEREIRA	M	8274	00:38:03.47	01:12:10.50	01:15:15.47	
5775	LUIS FERNANDO JORGE	M	8902	00:36:24.29	01:13:21.33	01:15:15.87	Last Lap, --
5776	ANA MARIA RUNKEL	F	8805	00:37:02.49	01:15:02.05	01:15:17.93	
5777	ANA MASCATE	F	4257	00:38:58.49	01:10:53.04	01:15:20.25	
5778	EVA CAETANO	F	831	00:37:53.51	01:11:24.67	01:15:21.18	Correr na Cidade
5779	CLAUDIA VAZ	F	6287	00:39:30.29	01:10:21.27	01:15:21.29	ACADEMIA FITNESS MILITAR, --
5780	NATACHA DOS SANTOS ATAÍDE	F	3851	00:38:22.50	01:10:20.40	01:15:22.70	Pedro Nunes
5781	MARTA AFONSO	F	6225	00:36:34.71	01:11:50.45	01:15:22.94	SS CGD
5782	FILIFE PIMENTEL	M	1860	00:38:24.51	01:12:12.01	01:15:23.05	Os Galgos
5783	JOHN COSTA	M	4132	00:37:03.42	01:10:35.88	01:15:23.50	
5784	INÉS RAPOSO VIEIRA DA SILVA	F	7039	00:38:09.59	01:12:18.69	01:15:24.55	
5785	MARTA VITOR	F	7522	00:39:44.65	01:11:16.42	01:15:24.78	Holmes Place Algés - Fit 2 Run
5786	ANA DUARTE	F	2641	00:38:08.57	01:12:18.80	01:15:24.83	
5787	LUIS JORGE DIAS MONTEIRO	M	7390	00:37:07.13	01:10:58.34	01:15:25.35	
5788	JOSE AZEVEDO E SILVA	M	7481	00:40:31.11	01:10:52.25	01:15:26.28	
5789	FRANCISCO ROXO	M	7480	00:40:30.66	01:10:50.10	01:15:26.67	
5790	ANTÓNIO CATARINO	M	6157	00:39:56.29	01:11:02.28	01:15:27.73	
5791	JOANA SEQUEIRA COSTA	F	7744	00:41:01.47	01:10:42.20	01:15:29.19	
5792	SUSANA CUNHA	F	4407	00:38:54.42	01:11:02.05	01:15:30.08	Açoreana Clube Banif
5793	JOSÉ MICAEL DA SILVA DESCALÇO	M	7551	00:44:44.10	01:08:01.42	01:15:30.33	BP2SEA III
5794	CARLOS MANUEL DOS SANTOS FERREI	M	3601	00:38:08.32	01:10:34.28	01:15:32.21	
5795	HERMÍNIO JOSÉ CORREIA VENÂNCIO DE SOUSA	M	6837	00:38:40.63	01:12:40.75	01:15:32.78	
5796	ANA SUSANA GATO RIBEIRO	F	6838	00:38:40.70	01:12:41.19	01:15:33.38	
5797	STELA MARIA BAYOMBE BORGES	F	9793	00:39:27.92	01:10:11.39	01:15:33.77	BANCO PRIVADO ATLANTICO EUROPA
5798	CARLOS SALTÃO	M	7895	00:41:10.83	01:09:52.10	01:15:34.69	
5799	ANA CATARINA MACHADO	F	9206	00:38:47.22	01:11:20.66	01:15:35.20	Correr Lisboa
5800	RUI MATEUS	M	9024	00:37:06.10	01:13:41.39	01:15:36.91	
5801	SANDRA MENDES	F	9023	00:37:06.05	01:13:40.71	01:15:37.26	
5802	PATRICIA BAPTISTA	F	1796	00:40:12.16	01:10:23.22	01:15:37.77	TURBO-LENTO
5803	JOÃO MARQUES	M	5670	00:38:03.57	01:11:13.29	01:15:38.67	
5804	ANTONIO JORGE SILVA	M	5301	00:35:55.18	01:13:30.04	01:15:38.89	
5805	CRISTINA BRIZIDO	F	5669	00:38:04.38	01:11:14.37	01:15:39.74	
5806	JORGE PRÓSPERO DOS SANTOS	M	8167	00:36:54.00	01:13:14.68	01:15:40.79	
5807	ANTÓNIO GARCIA	M	5149	00:39:28.06	01:11:21.79	01:15:40.91	
5808	PAULO GONÇALVES	M	3189	00:36:35.46	01:12:14.03	01:15:41.69	CLUBE GRUPO BES
5809	LUIS LINO	M	3349	00:36:33.54	01:12:14.38	01:15:41.69	CLUBE GRUPO BES
5810	JOÃO TOMÁS	M	3177	00:36:35.39	01:12:13.80	01:15:41.78	CLUBE GRUPO BES
5811	CLAUDIA SRAIVA	F	6031	00:35:42.68	01:13:04.21	01:15:41.79	
5812	CATIA ANASTACIO	F	3147	00:36:34.59	01:12:14.43	01:15:41.82	CLUBE GRUPO BES
5813	RUI GAMEIRO	M	2261	00:37:13.43	01:10:31.09	01:15:42.11	CLUBE GRUPO BES
5814	JOÃO BORREGA	M	3175	00:40:18.36	01:12:14.66	01:15:42.11	CLUBE GRUPO BES
5815	ANA FERREIRA	F	2430	00:36:35.41	01:12:16.33	01:15:42.14	CLUBE GRUPO BES
5816	FELICIANA FERREIRA	F	3149	00:36:34.49	01:12:16.62	01:15:42.14	CLUBE GRUPO BES
5817	JULIO FERREIRA	M	2434	00:36:25.32	01:12:14.79	01:15:42.26	CLUBE GRUPO BES
5818	SÍLVIO PAIVA	M	2262	00:36:49.13	01:12:17.35	01:15:42.55	CLUBE GRUPO BES
5819	SANDRA SILVA	F	2439	00:36:32.76	01:12:12.65	01:15:42.59	CLUBE GRUPO BES
5820	JOAO PAULO SILVA	M	2433	00:36:32.45	01:12:13.44	01:15:42.67	CLUBE GRUPO BES
5821	PAULA SILVA	F	3184		01:15:42.69	01:15:42.69	CLUBE GRUPO BES
5822	PEDRO VITOR	M	3195	00:36:28.46	01:12:14.80	01:15:42.81	CLUBE GRUPO BES
5823	PATRICIA SANTOS	F	2258	00:40:18.23	01:12:16.28	01:15:42.86	CLUBE GRUPO BES
5824	LUISA ALVES	F	3022	00:38:24.89	01:13:20.03	01:15:42.96	ODEBRECHT PORTUGAL
5825	PEDRO GABRIEL	M	2721	00:36:29.07	01:12:15.01	01:15:42.98	CLUBE GRUPO BES
5826	RICARDO FERNANDES	M	3197	00:38:15.55	01:09:55.42	01:15:43.14	CLUBE GRUPO BES
5827	MOISÉS FERNANDES	M	2720	00:36:36.03	01:12:14.79	01:15:43.19	CLUBE GRUPO BES
5828	PAULO VERISSIMO	M	3190	00:36:28.64	01:12:15.36	01:15:43.32	CLUBE GRUPO BES
5829	JOAO DIAS	M	2718	00:36:29.64	01:12:14.85	01:15:43.39	CLUBE GRUPO BES
5830	RICARDO SILVA	M	3201	00:36:28.43	01:12:15.28	01:15:43.48	CLUBE GRUPO BES
5831	NUNO MANUEL NUNES	M	4224	00:36:35.38	01:12:15.86	01:15:43.48	CLUBE GRUPO BES
5832	LUIS SOUSA	M	3181	00:36:29.39	01:12:13.05	01:15:43.53	CLUBE GRUPO BES
5833	RUI GAMA	M	2722	00:36:33.48	01:12:15.24	01:15:43.57	CLUBE GRUPO BES
5834	FILIPA PERALTA	F	2909	00:38:38.80	01:10:20.62	01:15:44.91	Grupo corrida Joaquim Chaves S
5835	FRANCISCO ANTÓNIO PINTO	M	5759	00:37:32.47	01:13:48.57	01:15:45.29	
5836	MÁRIO VALÉRIO	M	1266	00:39:12.71	01:12:17.67	01:15:45.31	
5837	RUI ALVES	M	8357	00:32:14.46	01:14:54.01	01:15:46.15	Tartarugas Solidarias
5838	PEDRO VICTOR	M	8718	00:34:27.36	01:15:38.35	01:15:46.78	Peugeot
5839	LUIS DIOGO FERREIRA	M	3037	00:40:04.43	01:11:12.01	01:15:46.81	
5840	MARIALDA SERRA	F	5972	00:35:58.78	01:13:15.87	01:15:49.10	



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5841	ISABEL PRATES REDMONT	F	4683	00:39:05.01	01:10:20.43	01:15:49.56	
5842	JOSÉ CARLOS LOPES SANTOS MATOS	M	1211	00:36:55.75	01:14:29.77	01:15:51.49	
5843	CARLOS MACHADO	M	1814	00:44:36.00	00:58:41.74	01:15:53.69	
5844	SANDRA BATISTA	F	5124	00:37:42.60	01:13:05.58	01:15:53.84	Correr Lisboa
5845	JORGE FERREIRA	M	1813	00:44:36.09	00:58:41.22	01:15:54.47	
5846	CLAUDIO OLIVEIRA	M	7920	00:36:22.67	01:10:54.43	01:15:57.73	Wannabe's
5847	CAROLINA PINTO BARBOSA	F	8710	00:41:06.15	01:10:03.75	01:15:57.88	Peugeot
5848	FLORENCE DOUILLARD	F	9320	00:37:45.95	01:13:01.51	01:15:58.15	
5849	AFONSO PEREIRA BARBOSA	M	8709		01:10:07.18	01:16:00.95	Peugeot
5850	ANA-ALICE SIMÕES PEREIRA	F	752	00:35:42.96	01:13:55.81	01:16:01.12	
5851	TERESA GRAÇA	F	758	00:37:27.76	01:13:34.42	01:16:01.82	
5852	GONÇALO TEIXEIRA	M	1670	00:38:05.06	01:13:13.65	01:16:02.54	Tejavista
5853	TERESA SACRAMENTO	F	7706	00:38:27.95	01:13:40.26	01:16:02.64	Casa Pessoal Estradas Portugal
5854	EDUARDO JORGE CALADO MARQUES	M	2353	00:38:52.05	01:10:35.98	01:16:02.68	
5855	PEDRO ALCOBIA	M	1512	00:39:03.32	01:11:31.67	01:16:03.42	
5856	RICARDO DUQUE	M	8436	00:36:52.12	01:14:32.90	01:16:04.37	EXP!
5857	CÉLIA GARCIA	F	916	00:37:30.64	01:10:46.75	01:16:05.21	
5858	PAULO JORGE DA SILVA MANUEL ABREU	M	5544	00:40:14.16	01:10:15.76	01:16:05.76	INDEG
5859	JORGE MANUEL N. F. MENDES BAPTISTA	M	2290	00:34:17.45	01:14:03.40	01:16:07.80	
5860	ELISABETE JORGE MARQUES	F	782	00:39:19.77	01:10:50.98	01:16:08.04	
5861	PEDRO VINAGRE	M	3534	00:38:09.70	01:13:30.35	01:16:08.30	Chitas de Alcobça
5862	TÁNIA SAMPAIO	F	8985	00:38:09.56	01:13:31.73	01:16:08.56	Chitas de Alcobça
5863	JOÃO MIGUEL GUERRA	M	8932	00:40:17.29	01:11:52.09	01:16:08.62	
5864	SILVIA BREU	F	8807	00:35:44.85	01:15:43.05	01:16:08.73	
5865	VANDA BELO	F	3441	00:40:14.02	01:11:52.51	01:16:08.93	
5866	PEDRO GALVÃO	M	8838	00:40:15.40	01:11:54.45	01:16:08.93	
5867	JOÃO VELOSO	M	817	00:40:17.76	01:11:54.27	01:16:09.08	
5868	SOFIA ALVES	F	9989	00:38:35.38	01:12:45.58	01:16:11.40	
5869	ISABEL .	F	8994	00:40:02.28	01:12:11.64	01:16:11.81	
5870	NATALIA GUERREIRO	F	767	00:37:00.74	01:13:31.91	01:16:11.89	
5871	RUI OLIVEIRA	M	6710	00:36:12.28	01:15:09.81	01:16:12.66	
5872	ANA I MARQUES	F	1671	00:38:15.57	01:12:18.44	01:16:12.79	Correr na Cidade
5873	ÁLVARO HENRIQUE DE SEQUEIRA GONÇALVES	M	5782		01:12:08.86	01:16:13.10	
5874	CÉLIA JÚLIO	F	1618	00:39:43.26	01:13:19.89	01:16:13.82	
5875	TIAGO FILIPE PIRES CHARNECA	M	2344	00:37:25.94	01:11:46.54	01:16:14.07	Correr na Cidade
5876	ANA TEIXEIRA MARQUES	F	3580	00:37:24.65	01:13:38.39	01:16:15.12	CORREDORES ANÓNIMOS
5877	JOAQUIM SILVA	M	1021	00:39:11.46	01:12:52.41	01:16:15.51	
5878	FERNANDA SEBASTIAO	F	3168	00:38:17.57	01:11:13.46	01:16:16.26	
5879	MARIANA BAPTISTA	F	551	00:38:23.57	01:12:15.58	01:16:17.36	Os marretas
5880	ELSA SANCHEZ CORREIA	F	8030	00:38:39.94	01:12:22.65	01:16:17.63	Correr na Cidade
5881	PATRICIA VIEIRA	F	1313	00:36:38.06	01:12:10.60	01:16:18.32	
5882	CARLOS MACHADO	M	7963	00:36:18.37	01:15:27.54	01:16:18.54	LRMEIRAS
5883	JORGE SILVA	M	3476	00:37:08.88	01:12:55.87	01:16:19.27	
5884	RUI GRIJÓ	M	5702	00:41:40.75	01:10:20.30	01:16:19.59	Clube do Stress
5885	CATARINA BEATO	F	2108	00:39:09.17	01:11:03.17	01:16:20.06	Treino em Casa
5886	TERESA CUNHA	F	6175	00:38:09.18	01:10:51.69	01:16:20.92	
5887	REBECA GUERRA	F	6098	00:38:58.14	01:12:32.43	01:16:22.09	
5888	MARIO PIRES	M	1276	00:35:37.92	01:15:38.47	01:16:24.39	
5889	GUIDO COSTA	M	2561	00:39:28.49	01:11:42.40	01:16:25.67	
5890	CARLOS PEDRO	M	3840	00:34:37.57	01:15:19.99	01:16:28.12	
5891	CARLOTA MONTENEGRO	F	6605	00:40:08.40	01:11:47.95	01:16:30.58	
5892	PAULA .	F	1232		01:16:31.12	01:16:31.12	
5893	MIGUEL PEREIRA	M	8255	00:40:50.72	01:11:57.72	01:16:31.65	
5894	MARIA CRISTINA ALVES	F	6078	00:39:45.39	01:11:07.72	01:16:32.03	
5895	CARLOS BERNARDO	M	4592	00:38:46.49	01:13:03.26	01:16:32.03	
5896	PAULA CRISTINA MARQUES CUNHA MARTINIANO	F	6960	00:33:54.02	01:15:17.76	01:16:32.62	Sonae Sierra
5897	JOSE PINHEIRO	M	7544	00:37:05.54	01:11:57.68	01:16:33.18	
5898	SÓNIA GONÇALVES LEÃO	F	5745	00:36:37.52	01:14:40.39	01:16:33.73	
5899	MARCO ANTUNES	M	8389	00:37:37.54	01:13:58.42	01:16:36.34	AC do Caracol, --
5900	INÉS GUERRA	F	1115	00:40:21.64	01:12:22.08	01:16:37.52	
5901	ARMANDO ALBERTO MATOS DURÃO	M	1508	00:34:20.52	01:15:20.34	01:16:37.65	
5902	JOÃO CARLOS D. R. ALVES GUERRA	M	2769	00:40:18.98	01:12:22.96	01:16:37.85	
5903	JOANA M DANTAS	F	4545	00:36:13.42	01:16:38.29	01:16:38.29	
5904	INÉS BANDEIRAS	F	7694	00:37:22.47	01:16:33.76	01:16:38.37	BMW
5905	REINALDO PEREIRA	M	418	00:38:00.79	01:15:30.76	01:16:40.37	
5906	JOAQUIM MANUEL VARELA ABEGAO	M	7368	00:37:16.99	01:14:27.66	01:16:41.43	
5907	PEDRO GONÇALVES	M	7848	00:37:46.09	01:12:38.96	01:16:41.91	
5908	SUSANA OLIVEIRA	F	7849	00:37:35.62	01:12:39.85	01:16:42.04	
5909	ANA FANECA	F	8118	00:37:58.92	01:11:03.50	01:16:42.12	
5910	JOANA CAMBAS	F	394	00:38:25.18	01:12:33.21	01:16:42.24	Correr Lisboa
5911	CLÁUDIA GRILO	F	2556	00:38:48.22	01:11:42.25	01:16:42.27	ACADEMIA FITNESS MILITAR, --
5912	CLÁUDIA MACARA	F	2557	00:38:48.15	01:11:42.65	01:16:42.75	ACADEMIA FITNESS MILITAR, --
5913	PAULO MARQUES ALMEIDA	M	7123	00:38:43.92	01:11:52.17	01:16:44.02	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5914	ELISABETE SILVA	F	2009	00:38:57.09	01:14:04.94	01:16:44.79	
5915	FERNANDO TEIXEIRA	M	7334	00:37:19.03	01:13:40.94	01:16:47.43	
5916	RUI TRAVANCA	M	8488	00:38:00.38	01:14:56.88	01:16:47.93	Colt
5917	SORAIA RODRIGUES	F	7519	00:43:33.18	01:10:02.38	01:16:49.67	
5918	GONÇALO BEATO PRATA	M	9909	00:38:03.85	01:14:11.64	01:16:49.76	
5919	JOSE MANUEL E VALENTIM	M	3772	00:38:21.53	01:14:45.79	01:16:49.96	CLUBE MILLENNIUM BCP
5920	LUCIA GONZAGA AZEVEDO	F	3632	00:36:16.39	01:16:06.16	01:16:50.04	
5921	MARIA LUISA CARMO BEATO	F	3773	00:38:24.46	01:14:46.31	01:16:50.36	CLUBE MILLENNIUM BCP
5922	ANDREIA CORREIA	F	959	00:36:23.01	01:14:13.33	01:16:50.80	
5923	ANA PINTO	F	566	00:36:17.02	01:16:06.77	01:16:50.80	
5924	CATARINA VASCONCELOS	F	5112	00:39:09.45	01:12:43.17	01:16:51.65	Holmes Place Algés - Fit 2 Run
5925	NUNO CARVALHO	M	3904	00:37:44.00	01:12:27.08	01:16:52.96	Os pé ligeiro...
5926	JOÃO ABREU	M	6280	00:37:34.89	01:14:12.49	01:16:55.78	
5927	JOSÉ ORDAZ	M	7378	00:37:43.83	01:16:00.91	01:16:55.98	
5928	MIGUEL ROLO	M	7479	00:40:30.72	01:12:20.36	01:16:56.17	
5929	RUTE MARINA FERREIRA AMADO	F	3377	00:36:34.40	01:14:57.12	01:16:56.35	Fast & Furious Runners Team
5930	CAROLINA RAFAELA SANTOS SILVA	F	3098	00:41:42.26	01:11:50.78	01:16:56.78	RUN 4-T FUN
5931	FÁBIO MIGUEL BAETA	M	1455	00:37:19.05	01:13:42.26	01:16:57.68	Quebra Desafios
5932	JOANA CALADO	F	2914	00:40:16.41	01:11:36.34	01:16:58.16	Grupo corrida Joaquim Chaves S
5933	CARLOS CORREIA	M	2348	00:38:21.39	01:14:00.81	01:16:58.68	ATLETAS DE PESO
5934	CARINA XAVIER	F	2902	00:40:15.82	01:11:36.89	01:16:58.76	Grupo corrida Joaquim Chaves S
5935	SOFIA GALEGO	F	7454	00:35:45.18	01:12:48.57	01:16:58.82	Running Geeks
5936	ROGERIO ALVES	M	8051	00:38:55.21	01:10:20.63	01:16:59.25	
5937	JOSÉ GABRIEL QUARESMA	M	9327	00:41:22.33	01:11:50.31	01:17:00.54	Last Lap, --
5938	JOÃO VICENTE	M	873	00:36:28.23	01:14:32.72	01:17:07.17	Quebra Desafios
5939	SÓNIA QUINTINO	F	7135	00:43:40.56	01:11:45.23	01:17:08.17	
5940	PATRÍCIA BRANCO	F	2663	00:40:54.53	01:12:54.45	01:17:11.33	
5941	ALICE CUNHA	F	5420	00:40:14.11	01:11:20.24	01:17:11.78	INDEG
5942	JOANA HEITOR	F	1293	00:37:48.87	01:13:17.11	01:17:11.80	
5943	NUNO FREITAS LOPES	M	8757	00:36:11.79	01:16:58.21	01:17:11.93	
5944	ESTHER DOMINGUEZ	F	7260	00:37:57.56	01:13:33.21	01:17:12.12	
5945	IDALINA MADEIRA	F	4360	00:36:55.20	01:14:19.94	01:17:13.62	Açoreana Clube Banif
5946	MARTA NUNES RIBEIRO	F	5248	00:38:29.22	01:15:21.79	01:17:15.98	
5947	JOSÉ MIRA	M	784	00:41:22.81	01:10:12.93	01:17:16.14	
5948	NATÁLIA BEJA	F	1936	00:39:41.02	01:14:56.66	01:17:16.18	
5949	JOAO MESQUITA LIMA	M	8071	00:39:13.86	01:11:26.80	01:17:16.66	
5950	ELÁDIO MANUEL	M	1935	00:39:41.27	01:14:57.15	01:17:16.90	
5951	ANA ISA SALGADO FIGUEIRA	F	6916	00:39:58.09	01:11:21.64	01:17:17.27	
5952	PEDRO ROCHA	M	2828	00:42:09.00	01:14:50.34	01:17:19.81	
5953	JOÃO MIGUEL RODRIGUES	M	1707	00:41:02.02	01:11:47.38	01:17:20.31	
5954	ANA MENDES PAULO	F	389	00:36:10.07	01:14:55.77	01:17:20.81	
5955	ISABEL SANTOS	F	1724	00:36:08.64	01:15:25.10	01:17:20.84	Karatecas
5956	ÁLVARO MARQUES	M	779	00:37:38.52	01:15:33.06	01:17:22.39	
5957	FILIPA PEREIRA	F	7282	00:41:51.19	01:11:09.23	01:17:23.09	
5958	JORGE RODRIGUES	M	1706	00:41:01.78	01:11:53.11	01:17:23.40	
5959	SANDRA FRAZÃO	F	1435	00:39:03.27	01:14:45.01	01:17:23.58	CCD Crédito Agrícola Mútu
5960	ANTÓNIO MARTINHO ALMEIDA PINTO	M	8828	00:41:56.53	01:11:07.92	01:17:23.81	
5961	PEDRO RODRIGUES NUNES	M	3849	00:38:58.15	01:12:35.41	01:17:24.89	Pedro Nunes
5962	CÁTIA DOBRÕES	F	3590	00:39:00.45	01:11:22.21	01:17:25.46	O ESTRONDO
5963	MIGUEL LOPES	M	5228	00:39:59.05	01:14:44.27	01:17:26.07	HP CLUB
5964	DOMINGOS FLORA	M	8924	00:39:08.05	01:14:40.90	01:17:26.16	Flora
5965	MAGDA VERISSIMO	F	1696	00:38:25.05	01:14:43.71	01:17:26.59	
5966	PAULO SILVA	M	4585	00:41:19.02	01:12:52.45	01:17:26.66	Catch me if you can
5967	LUÍS SAMARTINHO	M	8588	00:33:06.48	01:16:57.94	01:17:29.98	Combined Insurance
5968	CATARINA LEAL	F	9615	00:41:40.72	01:11:39.80	01:17:30.16	
5969	PEDRO FARIA	M	9517	00:37:10.87	01:11:39.60	01:17:30.56	Clube do Stress
5970	OLIVIO PINTO MOURA	M	539	00:39:32.25	01:14:13.84	01:17:32.12	
5971	MAFALDA PEREIRA	F	8904	00:36:58.54	01:16:22.73	01:17:33.26	Last Lap, --
5972	HENRIQUE DUARTE BALEIA ALEXANDRE	M	5203	00:40:10.24	01:12:35.78	01:17:33.78	
5973	ROSIMEIRE SERAFIM	F	3715	00:39:00.48	01:15:58.98	01:17:33.95	CLUBE MILLENNIUM BCP
5974	JOAO FIGUEIREDO	M	5086	00:39:00.73	01:15:57.15	01:17:33.97	
5975	MARIANA OLIVEIRA	F	4962	00:38:28.71	01:15:18.25	01:17:34.30	G. R. D. Ribeira da Lage
5976	SARA REBELO	F	4566	00:37:27.72	01:16:11.55	01:17:34.47	
5977	JOÃO CARDOSO	M	1715	00:39:26.76	01:14:08.28	01:17:34.68	
5978	MADALENA OLIVEIRA	F	5636	00:38:28.94	01:15:19.63	01:17:35.35	GRD Ribeira da Lage
5979	FANY DIAS	F	4541	00:41:16.30	01:14:15.02	01:17:36.75	Aquanima
5980	PAULA SOFIA METELO	F	3485	00:39:49.49	01:12:45.82	01:17:37.24	
5981	ANA MARGARIDA PEREIRA	F	4542	00:41:16.25	01:14:16.24	01:17:37.36	Aquanima
5982	NUNO SILVA	M	6534	00:37:33.56	01:17:20.48	01:17:37.50	Garmin Clube Olímpico Oeiras
5983	CATIA BARROSO	F	8945	00:40:18.34	01:15:07.16	01:17:37.66	
5984	BENJAMIM JOSÉ MARTINS	M	2276	00:40:54.68	01:11:30.36	01:17:38.71	UDFAC
5985	SILVANA MARQUES	F	823	00:39:45.47	01:12:28.41	01:17:39.70	Mundo da Corrida
5986	VANDA MOREIRA OLIVEIRA	F	5030	00:38:16.16	01:14:16.58	01:17:40.43	Cêlio Lobato (Brasil)

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
5987	ISAURA MARIA ATANÁSIO	F	2026	00:38:57.94	01:12:04.96	01:17:40.45	Tejavista
5988	SANDRA ANTUNES CUNHA	F	5567	00:37:49.80	01:14:51.72	01:17:41.35	INDEG
5989	ANTONIO PARDAL	M	2388	00:40:45.98	01:11:52.96	01:17:42.29	Grupo Atletas Monsanto
5990	JOÃO CARVALHO	M	5035	00:39:10.17	01:14:48.89	01:17:42.29	
5991	PAULO MARTINS	M	2285	00:39:07.32	01:14:55.14	01:17:42.36	
5992	RUI MENEZES	M	6516	00:40:34.67	01:12:43.43	01:17:42.52	Angry Runners
5993	JOEL ALEXANDRE	M	8450	00:38:37.26	01:13:35.41	01:17:42.98	
5994	CONSTANCIA ALMEIDA	M	2386	00:40:45.53	01:11:53.23	01:17:43.75	Grupo Atletas Monsanto
5995	TIAGO LUÍS E. COSTA	M	360	00:38:45.53	01:17:11.65	01:17:43.76	
5996	CARINA GOMES	F	8589	00:38:46.60	01:17:13.12	01:17:44.31	Combined Insurance
5997	MICAELA FRANJA	F	8582	00:38:42.21	01:17:13.20	01:17:44.94	Combined Insurance
5998	TIAGO COSTA	M	8586	00:38:45.31	01:17:13.32	01:17:45.13	Combined Insurance
5999	JOÃO BARBAS	M	8929	00:37:57.21	01:14:27.01	01:17:45.41	
6000	SANDRA PAULOS	F	672	00:40:56.71	01:13:19.61	01:17:47.18	
6001	JOSÉ LÓIO	M	591	00:38:18.93	01:15:33.58	01:17:47.43	
6002	MARISA SERRA	F	2385	00:40:41.17	01:11:52.48	01:17:47.62	Grupo Atletas Monsanto
6003	NATÁLIA DUARTE	F	2048	00:38:19.69	01:16:57.34	01:17:48.43	SAPATISTAS
6004	JOANA MARISA PEREIRA MACIEL DA GRAÇA	F	8124	00:40:53.80	01:14:29.34	01:17:49.24	
6005	CARLA CALADO	F	6842	00:39:01.95	01:15:29.37	01:17:49.32	
6006	INÊS MENDES PAULO	F	5778	00:36:53.04	01:15:25.53	01:17:50.56	
6007	DANIELA TORRES	F	535	00:38:07.49	01:13:12.33	01:17:50.74	
6008	PEDRO ALMEIDA	M	1400	00:35:51.04	01:15:11.71	01:17:51.42	
6009	NELSON BARRA	M	1474	00:37:15.81	01:15:13.22	01:17:52.79	
6010	ALEXANDRE BASTOS	M	9008	00:40:27.70	01:13:23.70	01:17:52.83	
6011	ANA MARGARIDA SOARES	F	8210	00:43:08.02	01:12:03.76	01:17:52.91	
6012	ALVARO PEDRO PEREIRA DE SOUSA	M	8209	00:43:08.07	01:12:04.31	01:17:53.13	
6013	FERNANDO PIRES	M	2266	00:40:05.07	01:13:35.23	01:17:54.96	Corre@correr
6014	SANDRA MOREIRA	F	750	00:40:20.12	01:13:49.21	01:17:55.59	Coxas & Companhia
6015	SOFIA PEREIRA CRISTINA	F	3809	00:39:52.30	01:14:23.17	01:17:56.16	Miguel's Team
6016	CARLOS TAROUCA	M	8983	00:37:37.92	01:16:26.38	01:17:56.79	
6017	JOÃO LUÍS TAVARES CAROLINO	M	8221	00:37:30.93	01:11:27.03	01:17:57.86	
6018	MARIA RIBEIRO	F	4421	00:37:42.33	01:15:20.60	01:17:58.74	
6019	RODRIGO MARCELINO	M	9385	00:35:48.32	01:15:53.24	01:17:59.08	sheikmedel
6020	PEDRO MOTA VARGAS	M	6903	00:38:26.70	01:12:20.89	01:17:59.43	
6021	CRISTINA CORREIA	F	8809	00:38:57.83	01:17:35.16	01:18:00.26	
6022	PEDRO COELHO	M	9386	00:38:41.63	01:15:54.53	01:18:00.52	sheikmedel
6023	MARIA LOURENÇO	F	1372	00:41:33.94	01:11:23.64	01:18:01.50	CCD-TAT-Lx
6024	FERNANDO MANUEL DA FÉ CHAMBEL	M	2539	00:39:57.38	01:11:57.91	01:18:02.93	UDFAC
6025	ALEXANDRA RODRIGUES	F	7488	00:41:50.87	01:11:49.21	01:18:03.08	
6026	SEM DADOS		9958	00:39:27.84	01:12:22.93	01:18:03.17	
6027	SÍLVIA ABRANCHES	F	480	00:38:44.62	01:16:48.68	01:18:04.56	BE2RUN
6028	MIGUEL PORTELA	M	8787	00:40:06.19	01:15:33.56	01:18:05.68	
6029	MARIA JOÃO SANTOS	F	617	00:31:14.95	01:16:18.36	01:18:06.15	TRILHOS E TRALHOS
6030	ANA SOFIA CASCAIS	F	778	00:39:20.03	01:15:46.53	01:18:06.33	
6031	NUNO FILIPE MAIA LUCAS	M	777	00:39:19.42	01:15:47.45	01:18:06.62	
6032	RITA SERRA	F	2484	00:38:59.62	01:15:30.63	01:18:06.75	Microsoft One
6033	RAUL FERNANDES	M	5281	00:41:52.62	01:12:37.21	01:18:07.11	VdAtletas
6034	LUÍS NOGUEIRA	M	1737	00:37:49.11	01:16:30.89	01:18:08.28	Os Galgos
6035	MARIANA LOPES	F	5271	00:40:04.60	01:13:39.17	01:18:09.90	
6036	NUNO ALVES	M	3611	00:39:23.97	01:12:41.38	01:18:09.97	BANCO PRIVADO ATLANTICO EUROPA
6037	CLAUDIA SANTOS	F	310	00:37:52.91	01:15:06.26	01:18:11.38	
6038	JOÃO RAMOS DO Ó	M	2709	00:37:45.40	01:16:08.26	01:18:11.49	
6039	NUNO VIEIRA	M	8906	00:36:54.96	01:13:03.95	01:18:11.52	
6040	CRISTINA BRANSO	F	2710	00:37:44.10	01:16:08.47	01:18:11.87	
6041	PAULA CRISTINA SANTOS CARVALHO	F	7728	00:38:46.80	01:14:56.03	01:18:12.43	
6042	INÊS JULIO	F	2913	00:39:43.40	01:12:50.69	01:18:13.15	Grupo corrida Joaquim Chaves S
6043	JULIA GOMES	F	965	00:34:31.63	01:16:23.84	01:18:13.92	
6044	LÚCIA CAVALEIRO	F	3159	00:39:39.41	01:14:46.48	01:18:14.31	Aero Runners
6045	FELIPE LOPES	M	2143	00:40:59.92	01:14:12.57	01:18:15.15	Pés de Chumbo
6046	MARIANELA FIGUEIREDO	F	8862	00:40:17.29	01:15:45.29	01:18:15.95	breakfast team
6047	ANA FILIPA ALVES	F	4851	00:37:50.23	01:17:02.71	01:18:16.58	
6048	GISELA PADRE	F	6022	00:38:43.43	01:14:42.92	01:18:16.79	Clube ANA Lisboa
6049	JOAQUIM DIAS	M	1134	00:39:47.58	01:12:50.73	01:18:16.83	
6050	NUNO CARLOS GOMES ALVES RIBEIRO	M	4086	00:38:15.64	01:15:42.23	01:18:17.25	Pepsico 1
6051	NUNO MORGADINHO	M	2635	00:40:11.61	01:14:11.80	01:18:17.78	
6052	LUIS AUGUSTO DURBECK AFONSO	M	4090	00:36:33.75	01:14:48.97	01:18:18.04	Pepsico 1
6053	FRANCISCO CARRERA	M	8955	00:37:11.29	01:16:01.05	01:18:20.04	
6054	ANABELA SILVA DOS REIS MARQUES	F	5440	00:37:45.46	01:16:36.68	01:18:20.17	INDEG
6055	ISABEL ALVES	F	5066	00:38:21.05	01:15:54.67	01:18:20.59	GRCD Leião
6056	RITA DIAS	F	4464	00:36:56.05	01:16:27.66	01:18:22.60	GRD Os Fixes
6057	MARIA JOÃO DUARTE	F	7011	00:37:55.23	01:13:31.03	01:18:22.73	CLUBE ACCENTURE
6058	MARTA SOFIA BAJANCA LAVADO	F	7659	00:39:09.35	01:12:35.60	01:18:23.98	
6059	HEITOR BAPTISTA	M	7288	00:32:34.31	01:16:37.87	01:18:25.50	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6060	SANDRA NEVES	F	7000	00:38:06.96	01:16:59.77	01:18:25.85	
6061	PATRICIA PASSOS	F	6517	00:36:34.73	01:14:54.27	01:18:26.65	
6062	PAULO PASSOS	M	6518	00:36:34.96	01:14:54.52	01:18:26.72	
6063	MEHMET AYGUN	M	8354	00:38:02.67	01:17:40.12	01:18:27.23	
6064	MÁRIO RODRIGUES	M	5592	00:40:15.47	01:12:34.05	01:18:28.64	
6065	CATARINA BELEZA	F	4859	00:37:10.83	01:15:46.95	01:18:29.42	Beletrans S.A.
6066	RUI CUNHA	M	4857	00:37:11.61	01:15:43.79	01:18:29.55	Beletrans S.A.
6067	NUNO COSTA	M	1397	00:38:39.85	01:15:10.00	01:18:29.63	
6068	ANTÓNIO MARQUES	M	1852	00:38:48.80	01:16:53.17	01:18:30.40	
6069	JOÃO BATALHA	M	1589	00:38:49.57	01:16:00.16	01:18:31.16	
6070	MARGARIDA COSTA FORTE	F	5400	00:39:12.01	01:15:31.98	01:18:31.46	
6071	MARIA COELHO	F	1656	00:39:09.97	01:16:23.11	01:18:33.77	
6072	CÁTIA RODRIGUES	F	9020	00:40:14.49	01:13:17.51	01:18:35.99	
6073	CARLOS RICARDO	M	8083	00:39:59.32	01:15:12.48	01:18:37.35	
6074	ANTÓNIO FERNANDES MARTINHO	M	4770	00:39:12.44	01:14:06.10	01:18:37.44	
6075	ANA RICARDO	F	2456	00:39:58.96	01:15:13.76	01:18:38.44	
6076	EDUARDO CUNHA	M	5978	00:36:57.03	01:17:20.44	01:18:39.11	Devagar se vai ao longe
6077	FERNANDO COSTA	M	2058	00:41:03.35	01:12:33.90	01:18:39.20	
6078	ANA PAULA SARAMAGO	F	7085	00:42:30.60	01:13:15.78	01:18:40.36	
6079	RUI CASANOVA	M	4812	00:45:40.33	01:12:22.76	01:18:40.78	
6080	PATRÍCIA VENÂNCIO	F	8702	00:37:28.17	01:18:32.73	01:18:41.51	Peugeot
6081	TÂNIA COSTA	F	6931	00:38:09.18	01:15:49.08	01:18:41.58	
6082	BRUNO COSTA	M	9969	00:39:21.63	01:13:27.76	01:18:43.14	
6083	JOÃO MIGUEL	M	5760	00:37:05.69	01:16:55.16	01:18:43.33	
6084	MARIA CARMO ANJOS	F	228	00:39:28.84	01:16:18.14	01:18:44.28	
6085	ANDRÉ LEITE	M	8385	00:39:00.02	01:15:22.60	01:18:44.94	
6086	SANDRA MÔNICA MACHADO DOS SANTOS SILVA	F	7064	00:38:59.71	01:15:22.25	01:18:44.99	
6087	ANTÓNIO MANUEL POTES VARELA	M	1927	00:38:00.04	01:16:13.66	01:18:47.44	Grupo Desportivo Diana
6088	SONIA ALEXANDRA PARDAL BRANDÃO	F	3273	00:38:47.92	01:16:58.66	01:18:48.91	
6089	JORGE CORREIA FONTE	M	8057	00:43:22.50	01:13:06.26	01:18:50.23	
6090	FASTRE KEVIN	M	3237	00:39:03.14	01:11:44.75	01:18:50.50	
6091	CLÁUDIA SOFIA OLIVEIRA CUNHA	F	8058	00:43:22.25	01:13:05.28	01:18:50.84	
6092	ELSA CARDOSO	F	5220	00:40:10.82	01:14:04.47	01:18:52.40	HP CLUB
6093	NUNO OLIVEIRA	M	6163	00:39:19.81	01:17:49.37	01:18:52.86	Clube ANACOM
6094	SÓNIA AGOSTINHO	F	2072	00:39:59.82	01:15:32.72	01:18:53.54	
6095	LUIS PEDROSO	M	8085	00:41:06.25	01:14:58.42	01:18:54.12	
6096	ANA CHANDE	F	1339	00:41:03.33	01:12:54.93	01:18:55.06	
6097	CLÁUDIA SANTOS	F	5214	00:41:02.97	01:12:55.20	01:18:55.30	
6098	DIOGO SIMÕES ALVES RIBEIRO	M	4087	00:37:29.45	01:16:59.35	01:18:56.86	Pepsico 1
6099	HUGO FIALHO	M	1805	00:38:25.01	01:16:02.18	01:18:57.11	Correr Lisboa
6100	ELISABETE PINTO	F	326	00:39:42.23	01:14:11.41	01:18:58.37	
6101	CARLA SILVA	F	6010	00:40:59.75	01:13:48.35	01:19:00.55	
6102	PEDRO ALVES	M	8871	00:36:11.59	01:18:26.43	01:19:01.00	Escuteiros 297 Algés
6103	JOANA MIRANDA	F	6009	00:41:03.63	01:13:48.75	01:19:01.15	
6104	CRISTINA COELHO	F	3317	00:35:59.12	01:13:44.27	01:19:01.52	TURBO-LENTO
6105	TIAGO LOURO	M	7363	00:39:40.50	01:13:42.81	01:19:02.19	
6106	ARMÉNIA RODRIGUES	F	5415	00:39:12.00	01:15:02.15	01:19:02.83	
6107	MONICA MARTINS	F	8975	00:38:53.63	01:14:49.52	01:19:02.93	
6108	ISABEL CORREIA	F	7364	00:39:39.97	01:13:43.66	01:19:03.01	
6109	CARLOS VIEIRA	M	467	00:37:18.34	01:17:03.97	01:19:03.29	
6110	BERNARDO JOSE PARAIBA	M	3675	00:38:59.04	01:16:54.73	01:19:04.38	CLUBE MILLENNIUM BCP
6111	JOSE MANUEL BALINHO DO O	M	3794	00:38:58.80	01:16:54.63	01:19:04.53	CLUBE MILLENNIUM BCP
6112	RITA VILA	F	6896	00:36:50.14	01:17:46.16	01:19:05.58	
6113	RICARDO MENDES	M	655	00:36:47.16	01:17:27.31	01:19:05.64	
6114	DIOGO DIAS	M	7645	00:39:20.62	01:16:20.52	01:19:08.11	
6115	RITA PINHEIRO	F	3330	00:38:29.86	01:17:14.45	01:19:08.29	
6116	PETRA KESSLER	F	5107	00:40:53.56	01:14:47.05	01:19:08.78	
6117	DINIS MELRO	M	3870	00:40:26.07	01:16:43.08	01:19:09.51	
6118	RAQUEL SOBRAL SEQUEIRA	F	7049	00:39:25.62	01:16:49.03	01:19:10.75	
6119	JULIA CARMO	F	7953	00:43:02.06	01:19:11.51	01:19:11.51	
6120	JOSÉ DINIS CABIM CARITA	M	4444	00:36:21.19	01:18:23.93	01:19:12.40	CCD Sintrense
6121	DIANA BRITO NUNES	F	2074	00:42:11.99	01:15:04.40	01:19:13.10	
6122	JOÃO FERNANDES	M	2130	00:36:32.12	01:17:19.01	01:19:13.65	
6123	OLIMPIA ALMEIDA	F	6077	00:41:28.77	01:13:50.89	01:19:16.52	
6124	MARISA TAVEIRA	F	7445	00:41:54.35	01:15:23.52	01:19:16.74	Fitness Playground
6125	FILIPES JESUS	M	8800	00:38:14.11	01:19:08.73	01:19:17.23	
6126	LUIS MARQUES	M	9613	00:41:14.42	01:15:08.90	01:19:17.34	
6127	RUI LUCENA	M	9612	00:41:14.76	01:15:09.20	01:19:17.45	
6128	ANDRE BARRANCOS OLIVEIRA	M	2187	00:41:47.53	01:13:22.35	01:19:17.61	B&A
6129	HUGO FARIA	M	8578	00:37:13.53	01:16:48.15	01:19:19.59	Clube Desportivo da Novabase
6130	LUIS BAPTISTA FERNANDES	M	8808	00:39:18.51	01:18:57.09	01:19:19.98	
6131	JOANA SANTOS	F	618	00:38:34.59	01:17:34.45	01:19:20.48	TRILHOS E TRALHOS
6132	TERESA DARGENT DE FIGUEIREDO	F	4220	00:38:48.11	01:18:36.87	01:19:20.58	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6133	FREDERICO A.SANCHES DE MIRANDA	M	2448	00:42:07.97	01:12:11.54	01:19:21.05	
6134	FILIPA FERNANDES	F	6851	00:40:20.62	01:15:58.77	01:19:21.29	
6135	CARLOS MANUEL PINELA ARSÉNIO	M	7351	00:40:50.83	01:13:24.59	01:19:22.47	
6136	NUNO MARQUES	M	8600	00:43:37.41	01:15:04.76	01:19:22.54	TomTom
6137	SEM DADOS		9562	00:39:44.41	01:16:51.16	01:19:23.13	
6138	HELENA REIS	F	8786	00:40:15.43	01:16:51.63	01:19:23.43	
6139	LUIS FERREIRA	M	2861	00:38:36.51	01:16:54.19	01:19:25.10	
6140	FERNANDO BENTO	M	8458	00:39:02.00	01:15:58.13	01:19:25.18	
6141	LILIANA LOPES	F	2860	00:38:36.70	01:16:54.04	01:19:25.29	
6142	BRUNO TOMÉ AZENHA	M	5204	00:40:09.10	01:14:27.91	01:19:27.40	
6143	GABRIEL FIGUEIREDO	M	6699	00:39:05.65	01:17:41.45	01:19:27.91	
6144	MARIA CLOTILDE SILVA	F	8169	00:40:45.44	01:15:13.21	01:19:29.16	Correr Lisboa
6145	HELENA ISABEL PALMEIRA ESTEVINHA	F	3878	00:37:00.54	01:18:20.21	01:19:29.33	Ginásio Clube Português
6146	LÍDIA MONTEIRO	F	9667	00:37:00.37	01:18:19.60	01:19:29.41	Ginásio Clube Português
6147	JOÃO CAETANO	M	5501	00:37:08.45	01:15:03.52	01:19:30.00	INDEG
6148	ANA RITA DE SOUSA FREIXEIRO	F	718	00:42:25.21	01:13:25.00	01:19:30.37	
6149	HELDER MAGALHÃES	M	5668	00:40:00.26	01:13:35.65	01:19:31.43	
6150	NATÁLIA LOPES	F	6784	00:40:00.68	01:16:54.49	01:19:32.08	
6151	ALEXANDRA CRUZ	F	7047	00:39:57.23	01:14:47.18	01:19:32.58	
6152	ROSA BANON	F	4689	00:37:15.86	01:15:44.54	01:19:32.63	Tartarugas Solidarias
6153	MAFALDA FERNANDES	F	9018	00:38:42.07	01:15:44.03	01:19:33.09	Tartarugas Solidarias
6154	LUIS FILIPE DE JESUS FERREIRA DOS SANTOS	M	6057	00:41:35.88	01:17:49.54	01:19:33.67	
6155	MARTA VEIGA	F	7665	00:39:25.89	01:17:13.81	01:19:34.04	
6156	PAULO LEITE	M	4388	00:42:15.13	01:15:59.20	01:19:34.20	Açoreana Clube Banif
6157	RICARDO GOMES	M	7473	00:39:41.24	01:15:42.33	01:19:34.23	
6158	CARLA PIRES	F	7707	00:38:29.13	01:17:13.35	01:19:35.72	Casa Pessoal Estradas Portugal
6159	ANDRE NUNES	M	8421	00:38:48.33	01:18:02.34	01:19:35.72	
6160	PAULA SOARES	F	2565	00:40:34.97	01:14:29.82	01:19:36.06	Volkswagen Autoeuropa
6161	LUIS CARLOS SILVA	M	2566	00:40:35.71	01:14:30.07	01:19:36.81	Volkswagen Autoeuropa
6162	ANA SANTANA	F	9037	00:41:22.02	01:15:44.52	01:19:36.84	A minha corrida / Fitness Hut, --
6163	JOÃO PEDRO VEIGA	M	3138	00:41:12.74	01:14:36.28	01:19:37.36	
6164	MADALENA SANTIAGO	F	4176	00:40:24.63	01:16:28.55	01:19:38.41	
6165	PAULA MOREIRA	F	4448	00:39:34.79	01:16:49.57	01:19:39.02	CCD Sintrense
6166	MARCO BARRADAS	M	4175	00:40:28.16	01:16:30.25	01:19:40.13	
6167	ALBERTINO SEMEDO	M	6193	00:38:44.80	01:15:34.67	01:19:40.27	SS CGD
6168	HENRIQUE JOSÉ RODRIGUES LEITÃO	M	4522	00:39:29.35	01:17:18.93	01:19:40.41	
6169	NELSON PASSOS	M	6104	00:41:18.86	01:13:50.12	01:19:43.05	OS PASSOS
6170	BARBARA BAIA ALMEIDA MARQUES	F	3730	00:39:22.03	01:15:29.75	01:19:44.23	CLUBE MILLENNIUM BCP
6171	SEM DADOS		1423	00:43:08.76	01:13:16.85	01:19:44.42	
6172	ADRIANA RODRIGUES LEITÃO	F	4523	00:39:30.30	01:17:24.12	01:19:45.52	
6173	MARGARIDA FERREIRA	F	8422	00:38:49.68	01:18:15.12	01:19:48.89	
6174	ANTONIO AIRES SOLDADO	M	7144	00:40:49.04	01:19:49.41	01:19:49.41	gen
6175	ALEXANDRA COSTA GOMES	F	9384	00:40:19.56	01:17:43.38	01:19:49.47	sheikmedel
6176	SERGIO PAULO COELHO	M	9383	00:40:19.01	01:17:43.98	01:19:49.75	sheikmedel
6177	ISABEL ALEXANDRA V. M. DE BETTENCOURT	F	5493	00:42:26.80	01:15:07.23	01:19:50.66	INDEG
6178	JESUINA RIBEIRO	F	5594	00:38:44.37	01:18:13.80	01:19:50.68	
6179	JOÃO PAULO TRIGO DE BETTENCOURT	M	5506	00:42:26.18	01:15:07.50	01:19:50.87	INDEG
6180	HELDER VERISSIMO	M	4658		01:15:52.76	01:19:51.08	
6181	PAULO SANTOS	M	3557	00:37:33.92	01:14:13.98	01:19:51.18	
6182	ANABELA PESSANHA SANTOS	F	3558	00:37:33.98	01:14:13.56	01:19:51.28	
6183	PEDRO BRANDÃO	M	4393	00:38:32.99	01:19:51.75	01:19:51.75	Açoreana Clube Banif
6184	MANUEL GERALDO	M	5971	00:40:49.04	01:15:51.67	01:19:52.35	LINDA-A-PASTORA SPORTING CLUBE
6185	MARTINHO PAULO RODRIGUES ROQUE	M	1185	00:38:37.27	01:15:24.38	01:19:52.93	
6186	ANABELA MARQUES	F	1336	00:38:23.34	01:18:07.86	01:19:53.14	
6187	LURDES DUARTE	F	7666	00:39:32.93	01:17:34.07	01:19:53.59	
6188	BRUNO MIGUEL REIS MARQUES	M	5455	00:38:23.07	01:18:08.72	01:19:53.73	INDEG
6189	PAULO FERNANDO MATIAS DA SILVA	M	935	00:48:09.54	01:17:33.56	01:19:54.23	
6190	BRUNO VEIGA	M	7663	00:39:32.38	01:17:36.54	01:19:55.35	
6191	VERA MENDES	F	7671	00:44:08.10	01:12:31.46	01:19:55.45	
6192	JOÃO LOPES	M	7442	00:39:17.11	01:15:03.55	01:19:55.99	
6193	CARLOS CAETANO SILVA	M	7088	00:41:24.99	01:17:50.27	01:19:56.07	
6194	RICARDO TEIXEIRA	M	2577	00:46:46.61	01:14:54.82	01:19:56.19	
6195	ADELIA SILVA	F	7075	00:41:24.89	01:17:51.98	01:19:57.09	
6196	MARISA RAQUEL FERREIRA DIAS	F	7226	00:40:03.06	01:17:42.32	01:19:58.19	ITEN
6197	MARIA TAVARES	F	9981	00:39:39.65	01:18:29.78	01:19:58.88	I'KE A runner
6198	CARLOS BAPTISTA	M	8364	00:40:53.75	01:15:35.88	01:20:00.80	
6199	BRIGIDA PAIS	F	4189	00:39:55.10	01:16:21.83	01:20:03.41	
6200	SOFIA GOMES RAMALHO	F	3811	00:40:02.86	01:16:32.42	01:20:03.54	Miguel's Team
6201	JOÃO REIS E SILVA	M	3810	00:40:02.37	01:16:32.15	01:20:03.59	Miguel's Team
6202	SARA PRATES	F	3549	00:42:00.14	01:17:01.28	01:20:07.89	
6203	ROGÉRIO FERNANDES FERREIRA	M	8368	00:42:40.63	01:16:20.40	01:20:09.26	Clube do Stress
6204	ALBERTO FERRAZ	M	227	00:38:51.33	01:14:46.37	01:20:09.68	
6205	JOÃO MORGADO	M	8370	00:42:39.94	01:16:20.93	01:20:09.77	Clube do Stress

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6206	TOMÁS FERNANDES FERREIRA	M	8372	00:42:40.25	01:16:20.73	01:20:09.84	Clube do Stress
6207	GONCALO ALEIXO	M	7346	00:38:25.70	01:18:45.86	01:20:11.52	
6208	LURDES SANTOS	F	1125	00:36:50.84	01:18:16.63	01:20:13.53	
6209	DANIEL ROMÃO	M	2576	00:46:45.37	01:15:12.88	01:20:14.43	
6210	DIANA GIRÃO MARQUES DA SILVA	F	3286	00:40:56.99	01:17:39.62	01:20:14.78	
6211	MARCO ANTÓNIO LOPES FERRA	M	3285	00:40:56.48	01:17:39.63	01:20:15.25	
6212	SARA SANTOS	F	5090	00:41:04.27	01:18:01.31	01:20:15.53	
6213	JOSÉ DOS REIS ALMEIDA CORREIA	M	7999	00:37:00.88	01:15:52.88	01:20:15.57	
6214	FILIFE GODOY	M	2910	00:39:36.72	01:14:46.97	01:20:15.83	Grupo corrida Joaquim Chaves S
6215	FILIPA SALDANHA LOPES	F	4583	00:41:15.65	01:15:38.06	01:20:16.83	Catch me if you can
6216	HANS-JÜRGEN MÜLLER	M	1811	00:40:26.79	01:18:30.80	01:20:20.03	
6217	M.MARGARIDA PEREIRA-MÜLLER	F	1810	00:38:21.87	01:18:31.93	01:20:20.08	
6218	ANA SOFIA P FIALHOS REIS GAMA	F	3694	00:40:37.47	01:16:49.98	01:20:20.16	CLUBE MILLENNIUM BCP
6219	HELDER ROQUE	M	2001	00:39:34.47	01:16:28.48	01:20:20.40	Reumaticos em Movimentos
6220	PAULINO REDUTO	M	2935	00:41:09.86	01:15:02.34	01:20:20.56	Grupo corrida Joaquim Chaves S
6221	ANA PAULA SOBREIRO	F	5432	00:40:57.38	01:17:49.65	01:20:21.48	INDEG
6222	LUIS BATATA	M	9944	00:38:07.45	01:20:07.12	01:20:22.40	
6223	PAULA CARRELO	F	7208	00:38:07.11	01:20:07.10	01:20:22.59	CLUBE DESPORTIVO VILA FRIA
6224	ETELVINA DUARTE	F	4476	00:39:47.00	01:18:07.83	01:20:23.63	GRD Os Fixes
6225	ANA CAROLINA REBOUÇAS DE MENEZES	F	6450	00:39:34.57	01:16:12.28	01:20:23.64	BP2SEAIL
6226	JORGE REIS	M	4586	00:41:31.34	01:15:45.25	01:20:24.96	Catch me if you can
6227	JOAQUIM LIMA	M	6750	00:37:34.77	01:19:01.99	01:20:26.05	NucleOeiras/SportZONE - ADNO
6228	ANA RAQUEL DAMAS	F	1100	00:40:12.65	01:16:57.16	01:20:26.20	
6229	JOÃO CARLOS FALCÃO	M	511	00:40:11.01	01:16:57.57	01:20:26.69	
6230	ANDREA MADUREIRA	F	10002	00:39:29.77	01:20:28.05	01:20:28.05	Sumol Compal
6231	PEDRO ANDRADE	M	4392	00:46:18.04	01:13:54.61	01:20:28.39	Açoreana Clube Banif
6232	MARCO MASSANO	M	6957	00:41:09.43	01:20:29.25	01:20:29.25	Sonae Sierra
6233	ÉLIA SILVA	F	903	00:41:40.39	01:15:20.17	01:20:29.50	
6234	AFONSO AIRES	M	4249	00:41:15.32	01:18:11.46	01:20:31.69	
6235	VANESSA SILVA	F	4248	00:41:15.52	01:18:11.69	01:20:32.09	
6236	FÁTIMA GONÇALVES SIMÕES	F	8901	00:39:55.89	01:18:37.53	01:20:32.27	Last Lap, --
6237	RITA SANTOS	F	2155	00:39:43.34	01:17:53.34	01:20:32.84	Microsoft One
6238	ALEXANDRA FRANCO	F	3358	00:42:05.94	01:15:38.22	01:20:33.43	
6239	RITA PICA	F	7660	00:41:06.14	01:14:48.32	01:20:33.95	
6240	MIGUEL MONTALVÃO	M	4149	00:34:17.74	01:17:59.74	01:20:35.00	
6241	ANDRÉ CAVALEIRO	M	3160		01:16:49.39	01:20:36.94	
6242	ANA CATARINA SEQUEIRA	F	7978	00:40:30.33	01:17:12.39	01:20:38.12	
6243	JOAO MATIAS	M	8444	00:44:27.48	01:14:50.38	01:20:38.39	i2D - intelligence to drive
6244	HERNANI SILVA	M	5055	00:41:26.77	01:14:32.85	01:20:39.30	
6245	VERA MORGADO	F	7638	00:38:24.75	01:14:54.97	01:20:39.48	
6246	LUIS BOTELHO	M	7637	00:38:42.50	01:14:57.29	01:20:39.58	
6247	SILVANA FURINI	F	5054	00:41:26.74	01:14:33.88	01:20:39.62	
6248	DANIEL SOBRAL	M	2808	00:52:00.44	00:55:46.07	01:20:40.06	
6249	FÁTIMA PEREIRA BRAGANÇA	F	401	00:39:40.44	01:18:35.03	01:20:40.46	
6250	MARCOS DUARTE	M	3843	00:42:32.60	01:16:52.37	01:20:41.03	
6251	ANA RITA CARDOSO MARQUES	F	3841	00:42:34.67	01:16:52.13	01:20:41.24	
6252	CARLA SOFIA FELICIANO	F	1726	00:41:07.27	01:16:45.96	01:20:41.42	Xerox Roadrunners
6253	SUSANA RODRIGUES	F	8299	00:42:20.47	01:18:44.45	01:20:47.63	
6254	ANA RAPOSO	F	623	00:40:00.39	01:17:59.14	01:20:49.76	
6255	VERBENA VERÁS DIAS	F	4818	00:39:45.57	01:19:17.36	01:20:50.10	Valejas Atlético Clube
6256	MARISA MÓSCA	F	5026	00:35:55.25	01:18:45.95	01:20:50.24	ProfitnessRun
6257	TÂNIA PINHEIRO	F	4813	00:45:40.74	01:14:30.10	01:20:51.17	
6258	MARIANA TEIXEIRA MARQUES	F	3582	00:39:48.36	01:19:00.72	01:20:51.36	CORREDORES ANÓNIMOS
6259	PATRÍCIA CARVALHO ALVES	F	7007	00:39:47.83	01:15:50.94	01:20:53.15	CLUBE ACCENTURE
6260	LUÍS CARVALHO	M	7010	00:39:48.36	01:15:51.47	01:20:53.46	CLUBE ACCENTURE
6261	JOAO FERNANDES	M	8377	00:40:26.01	01:17:31.14	01:20:53.89	
6262	CORREIA CLAUDIO	M	3235	00:42:56.06	01:13:46.98	01:20:54.17	
6263	PAULO JESUS	M	7125	00:40:21.95	01:20:04.11	01:20:54.94	
6264	CLAÚDIA MOTA	M	2904	00:39:38.36	01:15:41.19	01:20:55.50	Grupo corrida Joaquim Chaves S
6265	TERESA SAMPAIO	F	6286	00:40:36.38	01:16:49.17	01:20:56.10	ACADEMIA FITNESS MILITAR, --
6266	MARGARIDA BARROSO	F	6285	00:40:36.67	01:16:49.96	01:20:56.58	ACADEMIA FITNESS MILITAR, --
6267	PEDRO MANUEL DELGADO	M	842	00:42:14.19	01:14:53.10	01:20:57.75	Tejavista
6268	MARIA JOAO LAZANA	F	3542	00:37:44.36	01:17:56.96	01:20:59.49	GD Cimpor & Amigos
6269	ADÃO SOARES PEREIRA DA LUZ	M	407	00:40:35.96	01:16:53.70	01:20:59.70	
6270	SARA PIRES	F	7943	00:42:51.08	01:14:57.60	01:20:59.81	
6271	SUSANA SILVA	F	2006	00:40:35.07	01:17:06.59	01:20:59.89	Reumaticos em Movimentos
6272	ALEXANDRA OLIVEIRA	F	1335	00:39:47.57	01:18:13.31	01:20:59.91	ACB CONDOMÍNIOS
6273	RUI LOPES	M	2417	00:42:48.30	01:15:04.34	01:21:01.86	
6274	PAULO PAIXÃO	M	7942	00:42:51.39	01:15:00.41	01:21:02.03	
6275	LEONOR AZEVEDO	F	344	00:41:13.30	01:15:48.96	01:21:02.37	
6276	PATRICIA BILHÓ	F	7428	00:41:29.42	01:16:21.54	01:21:03.41	
6277	RENATO LUIS	M	7427	00:41:29.37	01:16:22.09	01:21:03.53	
6278	AMÉRICO DE ABREU FERREIRA	M	5425	00:42:10.39	01:15:29.81	01:21:04.41	INDEG

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6279	JORGE GABRIEL GAMA	M	3695	00:40:37.92	01:17:34.62	01:21:04.44	CLUBE MILLENNIUM BCP
6280	MARTA FEIO	F	5029	00:42:05.25	01:16:34.75	01:21:06.13	
6281	NUNO JACINTO	M	2265	00:40:04.27	01:16:50.80	01:21:09.07	Corre@correr
6282	CÁTIA ALVES	F	3053	00:40:51.20	01:18:03.02	01:21:09.33	
6283	ANA RUTE BATISTA GUERREIRO	F	2644	00:41:51.28	01:16:52.01	01:21:11.19	
6284	MARILISA CUNHA	F	2377	00:40:32.85	01:17:40.56	01:21:12.14	MOVET
6285	SÉRGIO NUNES	M	9142	00:40:31.36	01:15:59.08	01:21:12.99	Pernod Ricard Portugal
6286	RAQUEL BRAS GONCALVES	F	4293	00:40:54.10	01:18:07.13	01:21:14.31	
6287	MÁRIO RUI	M	3109	00:39:39.98	01:19:04.98	01:21:18.50	Clube Robbialac
6288	RICARDO FIGUEIRA	M	1720	00:44:12.26	01:15:34.29	01:21:19.38	
6289	PEDRO SEBASTIÃO	M	4671	00:20:01.70	01:21:10.77	01:21:19.52	
6290	FRANCISCO SEBASTIÃO	M	4673	00:42:19.93	01:18:49.44	01:21:19.55	
6291	IVANA MENDES	F	1721	00:44:12.32	01:15:34.21	01:21:19.83	
6292	VANESSA NEVES	F	982	00:40:31.43	01:19:49.76	01:21:20.19	
6293	RUI FRANCO	M	1119	00:42:16.87	01:15:34.83	01:21:21.05	
6294	ANA BRANCO	F	6687	00:42:16.81	01:15:33.51	01:21:21.07	
6295	CHARLOTTE JOHNSON	F	6992	00:38:24.12	01:19:57.52	01:21:22.43	
6296	TIAGO VICENTE	M	1652	00:39:29.44	01:18:11.05	01:21:25.09	
6297	MÁRIO BELGA	M	7408	00:42:33.50	01:15:52.50	01:21:25.14	
6298	ANTONIO DUARTE	M	2639	00:40:33.18	01:18:19.16	01:21:25.21	
6299	CATARINA BEATO	F	9213	00:43:15.35	01:16:08.51	01:21:25.50	
6300	CATARINA BEATO	F	2667	00:43:15.58	01:16:08.76	01:21:25.77	Treino em Casa
6301	CONCEIÇÃO DUARTE	F	2640	00:40:36.70	01:18:20.00	01:21:26.19	
6302	MANUELA BUSTORFF	F	843	00:42:10.97	01:15:22.19	01:21:26.96	Tejavista
6303	LUIS FILIPE LAMEIRA PINTO	M	1177	00:39:29.12	01:21:30.55	01:21:30.55	
6304	MARTA BASTOS	F	9100	00:42:04.59	01:18:00.29	01:21:30.85	Pernod Ricard Portugal
6305	FRANCISCO TEIXEIRA	M	9016	00:42:42.46	01:17:47.40	01:21:32.90	
6306	FREDERICO PACIÊNCIA	M	639	00:43:48.00	01:16:48.81	01:21:36.91	
6307	PAULO ALEXANDRE OLIVEIRA LOPES	M	495	00:39:32.58	01:19:05.17	01:21:37.06	
6308	MARIA DO CARMO PARRILHA NEVES	F	8325	00:40:22.81	01:19:28.59	01:21:37.79	Chitas de Alcobça
6309	LEONEL PEREIRA NEVES AFONSO	M	8324	00:40:20.97	01:19:29.49	01:21:38.12	Chitas de Alcobça
6310	ANDRÉ FIGUEIREDO	M	9233	00:41:35.56	01:16:53.27	01:21:40.26	
6311	NÍDEA PIRES	F	2451	00:39:31.01	01:19:53.90	01:21:40.38	
6312	ANA FILIPA FIGUEIREDO	F	9234	00:41:35.90	01:16:53.02	01:21:40.42	
6313	HENRIQUE MADEIRA	M	504	00:36:35.98	01:20:48.20	01:21:41.28	Os Económicos + AP Gulbenkian
6314	FLÁVIO M. F. VELEZ	M	2515	00:41:47.41	01:18:36.45	01:21:43.49	
6315	CARLOS DIAS	M	2449	00:40:55.68	01:19:20.96	01:21:44.02	
6316	CLÁUDIO M. F. VELEZ	M	2516	00:41:47.77	01:18:47.04	01:21:44.07	
6317	RITA MELO	F	8084	00:40:19.29	01:19:56.76	01:21:48.48	
6318	MARIA CIDALIA RIBEIR	F	358	00:40:24.20	01:19:52.18	01:21:49.01	
6319	CARMEN GREFF	F	2698	00:40:52.57	01:20:21.36	01:21:49.57	RunLovers
6320	MANUEL RODRIGUES	M	8513	00:43:08.26	01:15:05.06	01:21:52.97	
6321	MARIA ADELAIDE FERREIRA	F	5292	00:41:44.25	01:18:40.64	01:21:54.33	
6322	ROSSANA CASIMIRO	F	2509	00:40:10.04	01:17:25.33	01:21:56.76	
6323	LUÍS SANTOS	M	5201	00:41:21.26	01:17:49.15	01:21:59.80	
6324	NATÁLIA PINTO	F	505	00:42:12.92	01:19:49.71	01:21:59.96	Os Económicos + AP Gulbenkian
6325	JOÃO SILVA	M	5927	00:40:21.79	01:16:25.19	01:22:02.00	
6326	PATRICIA PAULO	F	5988	00:40:59.14	01:17:39.27	01:22:06.70	
6327	TÂNIA MARIA DIAS VINAGRE	F	4044	00:40:35.01	01:18:18.88	01:22:07.36	CCD TRANQUILIDADE
6328	PILAR BAQUERO GRACIA	F	9582	00:42:21.24	01:18:10.44	01:22:07.47	
6329	ANA BRITO	F	440	00:37:07.72	01:20:45.87	01:22:07.79	
6330	NATACHA VILANOVA	F	2645	00:38:44.15	01:20:35.29	01:22:07.82	
6331	MANUELA MORAIS	F	1903	00:37:07.87	01:20:44.52	01:22:07.85	
6332	FILIPE SARAMAGO	M	7094	00:42:30.71	01:16:44.14	01:22:08.49	
6333	MARIA JOANA SOBRAL	F	6024	00:38:22.51	01:19:11.70	01:22:09.63	Clube ANA Lisboa
6334	ANDRÉ ALEIXO	M	7956	00:42:16.81	01:16:22.57	01:22:09.84	
6335	PAULO RODRIGUES	M	973	00:39:14.98	01:20:22.52	01:22:10.92	
6336	HUGO SEQUEIRA COSTA	M	2059	00:41:02.27	01:16:09.93	01:22:15.35	
6337	ANABELA MIGUEL FERNANDES	F	7365	00:40:15.55	01:20:42.26	01:22:16.21	
6338	SÓNIA PELEJA	F	284	00:40:56.61	01:18:30.49	01:22:17.66	
6339	PEDRO ANTÓNIO PELEJA	M	2624		01:22:18.25	01:22:18.25	CLUBE COLABORADORES AXA
6340	MARIA MANUEL CALDEIRA	F	827	00:42:22.67	01:19:24.84	01:22:18.54	Tartarugas Solidarias
6341	LUIS FERNANDES	M	8753	00:39:43.99	01:19:23.92	01:22:19.70	Tabaqueira
6342	RUI CARVALHO	M	4400	00:43:24.98	01:16:17.96	01:22:20.90	Açoreana Clube Banif
6343	JOÃO SILVA	M	1928	00:43:01.37	01:18:22.09	01:22:21.95	404, --
6344	SARA SOUSA	F	6794	00:39:42.11	01:20:15.59	01:22:22.85	
6345	DANIEL SOUSA	M	6052	00:41:16.11	01:20:16.70	01:22:23.14	
6346	LUIS .	M	6050	00:39:42.39	01:20:16.19	01:22:23.37	
6347	ANA RAMOS	F	2367	00:41:05.52	01:18:12.70	01:22:23.77	
6348	MARIANA GODINHO	F	2435	00:41:23.35	01:20:42.46	01:22:25.60	CLUBE GRUPO BES
6349	JOÃO SOUSA	M	6065	00:43:27.94	01:18:54.62	01:22:26.14	
6350	LUISA ROSA	F	4794	00:40:09.62	01:17:41.49	01:22:26.38	
6351	JOÃO CORREIA	M	7168	00:42:34.81	01:20:04.66	01:22:26.54	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6352	RAQUEL ALECRIM	F	2856	00:42:52.54	01:20:48.56	01:22:26.92	SAPATISTAS
6353	IVAN EMANUEL HENRIQUES DOUGLAS	M	5698	00:42:05.49	01:19:39.96	01:22:29.01	
6354	PAULO A. C. DOMINGUES	M	5966	00:41:27.87	01:20:20.36	01:22:30.36	
6355	RAUL PAULO POITEVIN	M	5697	00:42:04.78	01:19:40.23	01:22:30.71	
6356	ROSALIE DELGADO	F	2940	00:42:07.25	01:17:11.07	01:22:31.65	Grupo corrida Joaquim Chaves S
6357	JOSÉ ANTÓNIO FERRÃO	M	7724	00:40:08.82	01:20:53.88	01:22:33.43	
6358	ELIAS LUIS	M	328	00:39:42.67	01:17:48.06	01:22:34.83	
6359	FATIMA ADAO	F	5153	00:42:08.81	01:17:47.79	01:22:35.21	
6360	JOAO CALHAU	M	5154	00:42:08.15	01:17:47.98	01:22:35.29	
6361	JUVENAL GUSMÃO	M	4490	00:39:33.41	01:20:36.10	01:22:35.47	GRD Os Fixes
6362	MIGUEL FRANCISCO CABRITA	M	3791	00:43:53.88	01:19:33.64	01:22:35.66	CLUBE MILLENNIUM BCP
6363	TERESA MARCELINO	F	3354	00:41:54.91	01:18:07.41	01:22:36.53	CLUBE GRUPO BES
6364	RUI MANUEL SIMÕES ALMEIDA	M	5562	00:40:42.69	01:18:29.85	01:22:37.14	INDEG
6365	JOÃO CARREIRA	M	6154	00:40:51.98	01:16:50.59	01:22:39.28	i2D - intelligence to drive
6366	PAULO BRANCO BRACONS	M	2621	00:39:10.46	01:21:03.56	01:22:39.45	CLUBE COLABORADORES AXA
6367	LÍGIA MARTINS	F	7661	00:40:19.50	01:20:48.14	01:22:39.77	
6368	PEDRO ANTUNES	M	8690	00:38:46.98	01:22:39.93	01:22:39.93	Sanofi
6369	ANDREIA CRISTINA PALMEIRAO	F	1118	00:44:43.31	01:17:15.33	01:22:42.06	
6370	MANUEL ANTONIO PALMEIRAO	M	1121	00:44:42.76	01:17:15.65	01:22:42.18	
6371	PAULO VASCONCELOS	M	5011	00:42:36.19	01:19:34.55	01:22:42.63	LINDA-A-PASTORA SPORTING CLUBE
6372	BARBARA GONÇALVES	F	4965	00:41:53.37	01:19:34.79	01:22:43.35	LINDA-A-PASTORA SPORTING CLUBE
6373	JORGE BANHA	M	4990	00:42:35.94	01:19:35.27	01:22:43.81	LINDA-A-PASTORA SPORTING CLUBE
6374	MERÍCIA PEREIRA	F	9096	00:39:24.66	01:19:14.93	01:22:44.79	Pernod Ricard Portugal
6375	RODRIGO TORGAL	M	3897	00:40:00.89	01:20:13.81	01:22:45.56	SCALABIS NIGHT RUNNERS
6376	DINIS SILVA	M	6368	00:40:00.62	01:20:13.04	01:22:45.74	SCALABIS NIGHT RUNNERS
6377	CARLOS RODRIGUES	M	5046	00:41:10.75	01:17:03.24	01:22:46.15	
6378	PATRÍCIA MATIAS	F	8959	00:40:59.03	01:20:09.97	01:22:46.29	
6379	ANA PAULA IRINEO	F	2715	00:41:22.84	01:21:03.39	01:22:46.82	CLUBE GRUPO BES
6380	ALEXANDRE PENHA	M	8126	00:44:30.14	01:16:16.44	01:22:47.34	
6381	PEDRO TAVEIRA	M	7444	00:39:30.97	01:18:55.21	01:22:47.51	Fitness Playground
6382	PEDRO SOUSA	M	8309	00:44:29.96	01:16:16.19	01:22:47.63	
6383	MARTA SANTINHOS	F	6881	00:41:06.99	01:18:47.27	01:22:48.39	
6384	LUIS MANUEL DA SILVA DIAS	M	7350	00:44:38.11	01:18:18.12	01:22:48.80	
6385	CÉLIA GIL	F	8260	00:40:58.46	01:20:13.72	01:22:49.39	
6386	HÉLIA ROSA	F	1820	00:41:11.02	01:17:51.87	01:22:50.79	Karamelos Running
6387	FERNANDO LEMOS	M	7531	00:33:17.48	01:21:06.30	01:22:51.28	
6388	ROSA DUARTE	F	8784	00:42:23.50	01:17:43.40	01:22:51.92	
6389	PEDRO FERNANDES	M	8970	00:42:56.40	01:19:01.21	01:22:51.92	
6390	HENRIQUE MOUTA	M	6215	00:39:26.55	01:21:24.63	01:22:53.69	SS CGD
6391	PATRICIA BALAO	F	2437	00:39:44.17	01:21:39.37	01:22:54.39	CLUBE GRUPO BES
6392	ANGELA PIMENTA	F	4587	00:41:26.84	01:18:17.29	01:22:56.47	Catch me if you can
6393	ARMANDO GUILHERMEARMANDO GUILHERME	M	9141	00:41:40.15	01:17:52.38	01:22:59.45	Pernod Ricard Portugal
6394	ILIDIO TORGAL	M	4823	00:38:47.57	01:21:55.51	01:23:00.26	Valejas Atlético Clube
6395	ARTUR AGOSTINHO FAVITA MADEIRA	M	5931	00:39:39.05	01:21:42.15	01:23:00.88	
6396	CELIA MARIA MARTINS ALMEIDA	F	4761	00:41:27.78	01:20:04.85	01:23:01.60	
6397	ADELINO FONTES GOMES	M	4760	00:41:27.44	01:20:05.01	01:23:01.71	
6398	ANA MADALENA SILVA PINTO	F	8827	00:43:02.34	01:16:47.11	01:23:02.85	
6399	MARIA JOÃO OLIVEIRA	F	7402	00:42:34.91	01:20:40.32	01:23:03.32	
6400	JOÃO MARTINS	M	6815	00:43:03.49	01:16:46.92	01:23:03.38	G D C BANCO DE PORTUGAL
6401	MARIA GLORIA GOMES	F	4701	00:37:39.31	01:23:04.09	01:23:04.09	AAEBNU, --
6402	ANTÓNIO MANUEL SANCHES	M	3404	00:44:06.63	01:18:09.20	01:23:07.31	
6403	MARGARIDA ISABEL CATARINO	F	4128	00:44:06.36	01:18:09.28	01:23:07.44	
6404	VITOR RODRIGUES	M	5020	00:41:52.74	01:18:16.23	01:23:09.74	LINDA-A-PASTORA SPORTING CLUBE
6405	ADELAIDE SOUSA	F	4106	00:39:48.32	01:21:31.86	01:23:11.13	nois
6406	SANDRA MARQUES	F	4104	00:39:48.60	01:21:32.16	01:23:11.15	nois
6407	JOSE MANUEL C GUERREIRO INACIO	M	2149	00:38:44.69	01:21:25.73	01:23:13.16	
6408	SANDRA LEITÃO	F	5955	00:41:10.70	01:20:52.01	01:23:13.66	Hovione 7casas
6409	MANUELA JANICAS	F	675	00:41:24.88	01:19:21.65	01:23:13.87	
6410	JOSÉ TÚLIO VASCONCELOS	M	2752	00:41:11.39	01:20:54.33	01:23:14.79	
6411	FILIPE SOUSA	M	5477	00:41:43.68	01:19:21.11	01:23:17.13	INDEG
6412	ANA RAQUEL TEIXEIRA RODRIGUES	F	5434	00:41:44.94	01:19:21.44	01:23:17.20	INDEG
6413	RITA MACEDO DE OLIVEIRA	F	9307	00:40:16.46	01:23:11.38	01:23:17.30	
6414	HELENA SILVEIRINHA	F	8192	00:41:05.36	01:19:08.05	01:23:18.47	
6415	JOANA LEANDRO	F	4116	00:42:20.85	01:17:56.08	01:23:18.89	Familia Leandro
6416	JOSÉ CALDAS DE OLIVEIRA	M	1807	00:38:17.76	01:22:06.73	01:23:20.91	GD Cimpor & Amigos
6417	CAROLINA STORCH	F	2114	00:42:39.12	01:18:04.93	01:23:22.76	Treino em Casa
6418	LARA ALEXANDRA GOMES LIGEIRO	F	7219	00:41:40.15	01:19:28.17	01:23:22.89	Correr na Cidade
6419	CÁTIA ADRIANO MARQUES	F	7608	00:41:39.54	01:19:28.52	01:23:23.35	Correr na Cidade
6420	LILIANA MOREIRA	F	6874	00:41:39.25	01:19:29.30	01:23:23.41	Correr na Cidade
6421	LUÍSA PINHO	F	4997	00:40:07.32	01:22:11.25	01:23:26.62	LINDA-A-PASTORA SPORTING CLUBE
6422	NUNO GODINHO	M	4936	00:41:30.20	01:18:48.61	01:23:26.79	SERUL
6423	PAULO MIRANDA	M	1502	00:39:52.57	01:19:39.27	01:23:27.20	
6424	CARLA ROCHA	F	8801	00:39:18.61	01:23:23.90	01:23:31.24	



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6425	ALEXANDRA FELIZARDO	F	4874	00:41:26.81	01:21:07.14	01:23:31.83	Kalorias Runners
6426	CRISTINA FELIZARDO	F	4875	00:41:25.85	01:21:06.87	01:23:31.92	Kalorias Runners
6427	LICINIO MARQUES CANICEIRO	M	9369	00:40:47.53	01:22:49.00	01:23:35.12	
6428	RUI FERREIRA	M	4161	00:40:59.09	01:19:14.67	01:23:37.85	BIVAC IBERICA
6429	NUNO BOTELHO	M	5704	00:43:50.74	01:17:38.82	01:23:39.16	Clube do Stress
6430	BIRGIT CASQUINHO	F	3458	00:43:51.27	01:17:38.60	01:23:39.26	Clube do Stress
6431	ANÍBAL FERREIRA	M	3609	00:40:56.22	01:21:05.34	01:23:41.00	
6432	ANA LOPES	F	1503	00:39:54.43	01:19:52.82	01:23:41.14	
6433	SUSANA JESUS	F	592	00:41:38.76	01:21:29.08	01:23:43.05	
6434	RITA CATARINA MARQUES GABRIEL	F	7896	00:41:57.64	01:20:10.59	01:23:43.91	
6435	CARLA MARIA ALVES DA SILVA	F	8125	00:40:53.40	01:20:27.47	01:23:47.07	
6436	FERNANDO MATOS	M	7202	00:41:24.05	01:20:00.23	01:23:49.51	
6437	MARIA TERESA GASPAR LOPES NUNE	F	694	00:41:13.05	01:22:21.61	01:23:50.94	
6438	BRUNO LOPES NUNES	M	693	00:41:13.09	01:22:21.94	01:23:51.21	
6439	JOÃO CANAVERDE	M	7922	00:40:52.63	01:18:46.92	01:23:52.10	Wannabe's
6440	MARIANA SIMÕES	F	6192	00:42:22.25	01:19:31.46	01:23:54.82	
6441	JOÃO TIAGO RODRIGUES	M	9222	00:43:32.83	01:18:19.99	01:23:55.40	
6442	ELIZABETE GIL SERRA	F	7687	00:42:14.81	01:20:49.12	01:23:56.27	
6443	PATRICIA FALQUETE	F	8029	00:42:15.09	01:20:49.44	01:23:56.51	
6444	PEDRO CARVOEIRO	M	734	00:37:11.37	01:21:54.09	01:23:56.94	
6445	MÁRIO PIRES	M	735	00:39:39.01	01:21:54.20	01:23:57.59	
6446	DAVID FERREIRA CALDEIRA	M	6046	00:43:14.81	01:18:42.17	01:23:58.79	
6447	RUI CARMONA MALHADO	M	2008		01:20:03.58	01:23:59.23	
6448	SARA ISABEL BRANCO PIRES	F	6047	00:43:15.39	01:18:42.03	01:23:59.31	
6449	CARLOS CAPELO	M	2031	00:42:32.28	01:20:43.76	01:24:00.45	Os Caracóis Furiosos
6450	JOANA WILDERS	F	1357	00:39:13.24	01:21:57.62	01:24:01.52	
6451	CARLA TONELO	F	4202	00:36:53.21	01:21:47.38	01:24:05.36	
6452	JOÃO FRANCISCO FERNANDES	M	1681	00:43:23.06	01:18:13.57	01:24:09.21	
6453	JOÃO PEDRO ALVES VIEIRA	M	1832	00:43:11.98	01:23:30.45	01:24:09.38	Volkswagen Autoeuropa
6454	PEDRO MIGUEL VAZ MARTINS FERNANDES	M	7897	00:42:09.30	01:22:09.62	01:24:13.06	
6455	JOÃO PEDRO FARIA GUERREIRO	M	2991	00:36:19.98	01:23:16.68	01:24:13.65	
6456	PEDRO HORTA CORREIA	M	3500	00:43:16.02	01:18:44.88	01:24:14.14	VdAtletas
6457	JOÃO CARLOS CORREIA	M	4922	00:35:45.83	01:21:28.23	01:24:15.65	
6458	GUILHERME RODRIGUES	M	7526	00:46:18.23	01:20:07.00	01:24:23.59	
6459	PEDRO MANUEL P. LOURENÇO	M	7525	00:46:17.21	01:20:07.08	01:24:23.69	
6460	NUNO JONET	M	8748	00:41:08.98	01:22:00.25	01:24:24.19	Tabaqueira
6461	FERNANDO OLIVEIRA	M	1703	00:41:07.73	01:20:31.86	01:24:25.15	
6462	LUÍS FILIPE MURRAÇAS FULGÊNCIO	M	2374	00:49:41.96	01:06:53.80	01:24:26.28	
6463	BRUNO ROSA	M	7005	00:39:48.63	01:19:25.03	01:24:27.03	CLUBE ACCENTURE
6464	ELISABETE PINTO	F	6695	00:40:40.86	01:21:18.25	01:24:28.50	
6465	PEDRO PINTO	M	6694	00:40:40.49	01:21:18.66	01:24:28.62	
6466	MADALENA SOFIA SANTOS SILVA	F	3099	00:41:51.10	01:19:24.33	01:24:30.84	RUN 4-T FUN
6467	LURDES VALE	F	5025	00:39:42.78	01:20:17.67	01:24:32.46	Correr Lisboa
6468	ISABEL OCHOA	F	4112	00:39:16.86	01:23:30.26	01:24:32.74	
6469	MARTA ELIAS	F	4113	00:39:17.58	01:23:30.05	01:24:33.73	
6470	ANA CRISTINA HERMOSO SERRANO	F	741	00:42:00.92	01:22:05.91	01:24:34.23	
6471	MARTINE GADANHO	F	8395	00:44:32.37	01:19:29.69	01:24:38.93	
6472	ANA FERNANDES	F	2423	00:43:10.05	01:21:28.59	01:24:38.99	
6473	RICARDO .	M	4654	00:45:05.30	01:19:38.79	01:24:39.44	
6474	TIAGO .	M	4757	00:45:05.46	01:19:38.56	01:24:39.46	
6475	RODRIGO ROSA	M	3539	00:49:11.89	01:21:15.63	01:24:40.34	
6476	FILIPA COSTA	F	3538	00:49:11.93	01:21:15.63	01:24:40.57	
6477	JOSÉ BRANCO	M	2963	00:44:39.23	01:19:14.72	01:24:43.01	
6478	SARA DOMINGUES	F	8968	00:43:17.06	01:20:52.56	01:24:43.46	
6479	MANUELA TIMOTEO	F	8969	00:43:17.62	01:20:52.55	01:24:43.77	
6480	RICARDO LUZ	M	8571	00:42:15.15	01:21:54.43	01:24:44.29	
6481	EDUARDO RIBEIRO ALVES SANTOS	M	508	00:42:16.49	01:22:20.32	01:24:44.96	
6482	ISABEL CALDEIRA	F	8685	00:44:04.69	01:23:58.16	01:24:45.36	Sanofi
6483	FERNANDA LUÍSA MATEUS COSTA	F	3597	00:41:34.78	01:21:22.28	01:24:45.81	
6484	LUIZA SILVA	F	8691	00:44:04.89	01:23:58.76	01:24:46.07	Sanofi
6485	VERA LUZ	F	3006	00:48:44.45	01:20:29.78	01:24:46.78	Team Innovation Makers
6486	JORGE PEREIRA	M	6910	00:50:51.10	01:20:54.61	01:24:47.29	
6487	BRUNO BENTO	M	1333	00:39:49.20	01:22:00.92	01:24:48.27	ACB CONDOMÍNIOS
6488	FERNANDO ARAUJO	M	8257	00:43:04.88	01:22:34.42	01:24:48.63	Dream Time
6489	TIAGO SOARES	M	8258	00:43:02.13	01:22:33.70	01:24:48.71	Dream Time
6490	CARLA SOFIA BRÁS DO NASCIMENTO	F	1985	00:42:37.94	01:23:07.17	01:24:50.58	
6491	MARGARIDA LOPO	F	6304	00:41:04.32	01:20:44.88	01:24:52.07	
6492	PAULO BAPTISTA	M	4204	00:42:35.81	01:22:23.08	01:24:52.12	
6493	LUCIANA MESSIAS	F	4205	00:42:34.64	01:22:24.39	01:24:52.61	
6494	ROSARIO FIGUEIREDO	F	4206	00:42:36.92	01:22:24.75	01:24:52.98	
6495	DAVID PINA	M	514	00:46:31.75	01:18:55.92	01:24:53.80	
6496	DÉBORA AZEITONA	F	8918	00:42:37.23	01:22:04.31	01:24:53.88	Pepsico
6497	SEM DADOS		10099	00:42:06.10	01:11:25.72	01:24:54.03	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6498	ISALTINO MORAIS	M	9194	00:44:38.16	01:18:38.03	01:24:55.70	
6499	CATARINA AMEIXIAL	F	1615	00:42:31.59	01:20:41.58	01:24:57.20	
6500	PAULA RAMALHETE	F	1281	00:39:51.33	01:22:06.44	01:24:57.50	
6501	LUIS ANTUNES	M	2387	00:40:46.92	01:18:59.14	01:24:57.70	Grupo Atletas Monsanto
6502	SOLANGE CABEÇAS	F	7536	00:44:30.15	01:21:07.37	01:24:58.18	
6503	OSCAR BRITO	M	3513	00:43:52.03	01:19:34.41	01:24:59.49	BANCO PRIVADO ATLANTICO EUROPA
6504	GUILHERME DE NORONHA SIMÕES	M	4430	00:42:41.66	01:21:47.79	01:25:00.09	
6505	CARLOS MONTEIRO	M	6079	00:42:33.28	01:19:49.25	01:25:00.18	
6506	NATERCIA MIRANDA	F	5043	00:42:33.59	01:19:48.27	01:25:00.23	
6507	FRANCISCO SILVA	M	8869	00:42:33.12	01:19:48.89	01:25:00.53	
6508	LUIS MIGUEL GAMA SIMÕES	M	4429	00:42:41.15	01:21:48.87	01:25:00.92	
6509	SANDRA CAETANO	F	205	00:44:24.25	01:20:01.31	01:25:01.83	
6510	DÉLIA BOINO	F	203	00:44:24.84	01:20:02.20	01:25:01.96	
6511	RUI BRÁS	M	3306	00:44:17.47	01:20:24.33	01:25:04.60	
6512	ANA CRISTINA DA COSTA SOUSA	F	2195	00:44:18.29	01:20:24.16	01:25:05.15	
6513	ANTÓNIA MACHADO	F	6039	00:42:11.20	01:22:31.04	01:25:08.80	
6514	MANUEL RODRIGUES	M	7337	00:45:20.92	01:21:45.23	01:25:09.07	
6515	SÍLVIA DIOGO	F	7851	00:42:47.93	01:21:09.32	01:25:12.80	
6516	GOSSET MARIE-LAURE	F	3234	00:44:14.65	01:18:07.88	01:25:12.81	
6517	FERNANDO TAVARES	M	7850	00:42:47.52	01:21:08.91	01:25:12.96	
6518	FRANCISCO PEREIRA	M	7847	00:42:47.38	01:21:08.61	01:25:13.05	
6519	FERNANDO MENDES	M	645	00:45:44.76	01:19:58.13	01:25:13.51	
6520	ANA MAFALDA BATALHA AGUIAR	F	3698	00:42:54.76	01:20:36.56	01:25:15.42	CLUBE MILLENNIUM BCP
6521	SOFIA CRUZ	F	1500	00:42:25.82	01:19:09.41	01:25:15.74	
6522	PAULO PINHO FERREIRA	M	7124	00:46:21.08	01:22:27.80	01:25:16.41	
6523	ANA CLAUDIA PAIXÃO	F	7084	00:42:02.54	01:20:50.38	01:25:16.43	
6524	FILIPA ALMEIDA	F	7093	00:42:02.74	01:22:18.26	01:25:16.66	
6525	MARIA EUGÉNIA CRUZ	F	7319	00:43:49.00	01:19:40.03	01:25:19.12	CascaGrossista
6526	ANTÓNIO JOÃO RIBEIRO	M	4030	00:43:08.11	01:21:45.25	01:25:21.42	CCD TRANQUILIDADE
6527	INÉS GIL	F	1826	00:44:02.29	01:19:30.84	01:25:21.89	
6528	ANA PAULA BARRA	F	6500	00:43:18.91	01:21:25.04	01:25:28.57	
6529	MARIANA SIMÕES	F	4311	00:44:19.14	01:21:57.97	01:25:33.82	CS Family
6530	ANGELA DIAS	F	7527	00:44:26.43	01:22:14.06	01:25:36.82	
6531	GABRIELA GONÇALVES	F	6551	00:43:19.20	01:21:33.48	01:25:37.11	
6532	MARIANA MATIAS	F	8445	00:44:27.91	01:19:47.81	01:25:37.20	i2D - intelligence to drive
6533	MÁRIO PINA	M	6153	00:43:09.05	01:24:39.19	01:25:39.00	
6534	ANA SANTOS	F	9098	00:46:31.84	01:22:08.93	01:25:39.19	Pernod Ricard Portugal
6535	MARIA RICO	F	9097	00:46:32.00	01:22:08.77	01:25:39.47	Pernod Ricard Portugal
6536	JORGE SOBRAL	M	3082	00:43:16.20	01:21:10.05	01:25:40.68	
6537	DOMINGOS DA COSTA	M	3388	00:41:40.75	01:23:43.52	01:25:42.81	
6538	ANA PINTO	F	7788	00:41:28.30	01:23:37.90	01:25:42.97	
6539	MONICA MONTEIRO	F	7787	00:41:28.36	01:23:38.49	01:25:43.71	
6540	JOAQUIM A FILIPE	M	6462	00:44:43.39	01:21:34.57	01:25:47.42	
6541	JOAQUIM FILIPE	M	6458	00:44:35.90	01:21:33.49	01:25:47.55	
6542	DIOGO MONTEIRO	M	6981	00:43:22.73	01:24:24.29	01:25:51.19	
6543	VANESSA REIS	F	5302	00:41:48.70	01:23:16.80	01:25:51.60	
6544	DINA MONTEIRO	F	6826	00:43:21.96	01:24:28.96	01:25:55.22	
6545	DÁLIA FERREIRA	F	2228	00:42:20.09	01:22:07.86	01:25:55.88	Road Runners
6546	FERNANDA RIBEIRO	F	4980	00:40:07.64	01:24:41.56	01:25:56.75	LINDA-A-PASTORA SPORTING CLUBE
6547	ISABEL RODRIGUES	F	2421	00:43:36.48	01:25:58.08	01:25:58.08	
6548	ANTONIO PEDRO COSTA	M	2428	00:43:36.50	01:23:57.20	01:25:58.71	
6549	MARTHA SEVER	F	6323	00:42:30.32	01:24:44.70	01:26:00.40	
6550	CARLOS FILIPE SALDANHA	M	9947	00:43:11.75	01:21:57.31	01:26:01.03	
6551	DEOLINDA CALDEIRA	F	1913	00:43:22.99	01:20:53.16	01:26:01.78	
6552	INÉS TEIXEIRA DE MATOS	F	9311	00:42:36.61	01:25:57.16	01:26:03.69	
6553	BRUNO MIGUEL BASTOS DA SILVA	M	589	00:44:06.53	01:20:16.50	01:26:05.47	
6554	CARLA MARTINS	F	2286	00:43:47.18	01:23:19.33	01:26:06.09	
6555	NUNO FELIPE ROLDÃO DE ALMEIDA PEREIRA	M	5656	00:44:07.82	01:20:16.80	01:26:06.60	
6556	LUIS FILIPE SANTOS CORREIA	M	3738	00:42:09.34	01:24:06.12	01:26:07.86	CLUBE MILLENNIUM BCP
6557	ANTONIO MANUEL BRAS JORGE	M	3746	00:42:08.17	01:24:05.44	01:26:07.91	CLUBE MILLENNIUM BCP
6558	SARA ELISABETE LOMBA DA SILVA	F	6012	00:41:21.64	01:21:17.95	01:26:08.73	
6559	CÂNDIDA ESTEVES	F	1421	00:41:32.49	01:23:34.15	01:26:09.22	CCD Crédito Agrícola Mútuo
6560	LINO GOMES	M	1427	00:43:08.27	01:19:46.29	01:26:09.81	CCD Crédito Agrícola Mútuo
6561	JOAO MIGUEL FRANCO VALERIO	M	7575	00:44:01.79	01:21:38.09	01:26:10.23	
6562	JOAO ANTONIO V NUNES NOGUEIRA	F	650	00:44:02.16	01:21:37.85	01:26:10.29	
6563	HELENA MARIA CUPERTINO FRANCO	F	651	00:44:04.19	01:21:38.00	01:26:10.48	
6564	MANUELA JUNOT	F	520	00:44:10.80	01:23:38.36	01:26:11.06	
6565	PATRÍCIA FIGUEIREDO	F	8585	00:44:12.68	01:21:20.90	01:26:11.11	Combined Insurance
6566	JOANA SOFIA MARQUES OLIVEIRA	F	1365	00:42:31.44	01:25:12.37	01:26:12.24	
6567	VICTOR PEREIRA	M	6570	00:40:27.35	01:24:32.10	01:26:13.99	
6568	MÁRCIO PINTO OLIVEIRA	M	7197	00:45:23.79	01:22:08.97	01:26:14.30	
6569	CARLOS CRESPO	M	4495	00:38:47.52	01:24:34.02	01:26:14.76	GRD Os Fixes
6570	JOSE GONÇALVES	M	5119	00:43:34.17	01:19:44.53	01:26:18.09	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6571	JOSÉ MÁRIO RODRIGUES	M	7568	00:42:58.84	01:23:44.32	01:26:18.16	Casa Pessoal Estradas Portugal
6572	MARIA ANGELA GOMES	F	7570	00:43:44.46	01:23:43.86	01:26:18.75	Casa Pessoal Estradas Portugal
6573	Mª CÉU RODRIGUES	F	1708	00:43:49.23	01:20:47.18	01:26:18.86	
6574	LEOVIGILDO DUARTE GOMES	M	7569	00:42:58.94	01:23:45.37	01:26:19.32	Casa Pessoal Estradas Portugal
6575	LUCAS RINCÓN	M	4900	00:42:41.61	01:24:11.50	01:26:24.55	
6576	JORGE DOMINGUES	M	2619	00:43:41.58	01:21:02.81	01:26:25.25	
6577	MARIA DO ROSÁRIO SILVA	F	2057	00:43:03.86	01:23:10.61	01:26:25.75	
6578	MAFALDA SOFIA AFONSO CARDOSO	F	3799	00:37:29.95	01:25:03.96	01:26:26.98	ESMTC
6579	ANA JOSEFINA A GOMES	F	3802	00:37:29.62	01:25:04.69	01:26:27.07	ESMTC
6580	HELENA SANTOS	F	8465	00:42:48.39	01:21:18.27	01:26:29.76	MADE2WEB DIGITAL AGENCY
6581	BRUNO GARRANCHO	M	9022	00:42:49.66	01:22:34.14	01:26:29.86	
6582	ANDREIA ROCHA	F	5091	00:41:05.09	01:24:21.21	01:26:35.62	
6583	SOFIA RODRIGUES	F	3515	00:44:30.18	01:21:11.19	01:26:37.58	BANCO PRIVADO ATLANTICO EUROPA
6584	BERNARDO GODINHO	M	3512	00:44:30.09	01:21:10.46	01:26:37.86	BANCO PRIVADO ATLANTICO EUROPA
6585	CARLOS COSTA	M	3530	00:44:30.17	01:21:10.36	01:26:38.00	BANCO PRIVADO ATLANTICO EUROPA
6586	PAULA ALMEIDA	F	4816	00:43:31.33	01:24:51.86	01:26:41.70	
6587	FERNANDO MANUEL NOGUEIRA FRANCISCO	M	8770	00:43:53.66	01:23:03.43	01:26:46.17	
6588	DANIELA FERREIRA FRANCISCO	F	8769	00:43:54.44	01:23:03.70	01:26:46.47	
6589	ANA ALEXANDRA REIS	F	8927	00:44:23.31	01:24:35.20	01:26:48.42	
6590	ANA ORDAZ	F	7961	00:42:57.90	01:25:58.49	01:26:53.65	LRONEIRAS
6591	ANA ISABEL	F	4774	00:39:56.71	01:26:48.33	01:26:55.38	CR Leões de Porto Salvo
6592	MANUEL FERREIRA	M	5291	00:42:16.18	01:23:43.25	01:26:57.11	
6593	DINIS FERREIRA	M	9330	00:42:16.30	01:23:43.08	01:26:57.74	Last Lap, --
6594	MIGUEL AMARO DE OLIVEIRA	M	8122	00:45:15.27	01:20:21.91	01:27:00.45	
6595	ROSÁRIO ANSELMO	F	1978	00:41:53.67	01:24:48.95	01:27:00.64	
6596	SARA DE SOUSA	F	2318	00:41:57.80	01:23:28.69	01:27:02.20	Tartarugas Solidarias
6597	SEM DADOS		9851	00:45:08.38	01:22:13.47	01:27:02.34	
6598	ANA SOFIA FIGUEIREDO	F	1579	00:44:52.30	01:20:48.87	01:27:03.97	
6599	INÉS PATRÍCIO	F	894	00:44:13.06	01:24:32.61	01:27:05.76	
6600	BEATRIZ PATRÍCIO	F	725	00:44:12.73	01:22:15.61	01:27:06.20	
6601	RUI RODRIGUES	M	5236	00:42:32.80	01:24:29.84	01:27:11.43	HP CLUB
6602	RAQUEL MIRA	F	5137	00:44:59.32	01:22:59.77	01:27:14.81	MOVET
6603	TIAGO SILVÉRIO MARQUES	M	5077	00:46:20.57	01:21:32.23	01:27:18.77	
6604	MITO .	F	2229	00:44:13.93	01:23:33.37	01:27:21.25	Road Runners, --
6605	GINA RINCÓN	F	4901	00:47:17.85	01:25:10.72	01:27:24.37	
6606	ANTONIO JOAO FERNANDES	M	2370	00:41:53.30	01:24:57.15	01:27:25.68	
6607	LUIS FERNANDES	M	3837	00:43:17.42	01:27:25.99	01:27:25.99	
6608	SUSANA GASPAR	F	3838	00:43:17.69	01:23:59.15	01:27:26.34	
6609	SONIA DICKMEYER	F	9272	00:45:01.73	01:23:08.07	01:27:31.42	
6610	ANA NETO	F	9271	00:45:01.18	01:23:09.32	01:27:32.10	
6611	MANUELA RODRIGUES	F	4473	00:43:14.70	01:25:15.95	01:27:32.11	GRD Os Fixes
6612	LÚCIA CAETANO	F	930	00:44:23.70	01:25:30.22	01:27:32.14	
6613	CONCEIÇÃO COUTINHO	F	2482	00:44:22.88	01:25:30.41	01:27:32.33	
6614	INDAUÊ BORGES	F	351	00:44:24.00	01:25:31.09	01:27:32.88	
6615	FÁBIO LOUÇÃO	M	6968	00:46:49.94	01:21:53.08	01:27:37.35	Infosistema Running Team
6616	RUTE BAIÃO	F	673	00:43:20.88	01:24:51.77	01:27:38.31	
6617	PAULO CARDOSO	M	674	00:43:20.33	01:24:53.04	01:27:39.39	
6618	SANDRA MARINA MARÇAL	F	4071	00:43:34.94	01:24:43.92	01:27:40.41	FORÇA VEGANA
6619	LEONOR GARCIA	F	915	00:43:12.75	01:22:24.13	01:27:42.28	
6620	ANDRIYANA ROSITSOVA KIROVA	F	4088	00:41:52.26	01:25:45.45	01:27:43.80	Pepsico 1
6621	NATÁLIA VIEIRA	F	638	00:44:03.44	01:22:58.27	01:27:45.77	
6622	LUCIMAR FERNANDES	F	5152	00:44:08.05	01:23:11.95	01:27:50.56	
6623	SARA FERMEIRO	F	5976	00:44:00.74	01:26:06.77	01:27:51.30	
6624	ELISABETE DA FONSECA	F	960	00:46:02.43	01:25:21.21	01:27:51.90	Xerox Roadrunners
6625	RICARDO GAMITO	M	942	00:43:26.65	01:25:21.96	01:27:52.40	Xerox Roadrunners
6626	PATRICIA BERNARDO	F	513	00:46:32.05	01:21:54.83	01:27:52.96	
6627	JOAO BOUÇA DE MORAIS	M	8837	00:45:09.48	01:23:29.20	01:27:53.29	
6628	ISABEL RUTE UCHA DA SILVA	F	8447	00:45:10.36	01:23:28.94	01:27:53.56	
6629	LEONTINA CRUZ	F	2047	00:42:52.03	01:26:18.00	01:27:56.29	SAPATISTAS
6630	ANDREIA MAFALDA ALVES MARTINS	F	8411	00:43:41.41	01:24:55.11	01:27:57.02	
6631	PATRÍCIA FERNANDES	F	3526	00:44:32.84	01:22:29.97	01:27:57.60	BANCO PRIVADO ATLANTICO EUROPA
6632	RITA BURNAY	F	9211	00:44:34.42	01:22:39.56	01:27:57.92	
6633	RENATA SILVA	F	1294	00:44:03.14	01:25:38.20	01:27:58.00	
6634	FERNANDA ALMEIDA	F	2618	00:43:13.98	01:23:39.98	01:27:59.06	
6635	PERPETUA OLIVEIRA	F	4478	00:44:49.04	01:25:51.02	01:27:59.67	GRD Os Fixes
6636	TERESA PEREIRA	F	6241	00:44:48.62	01:25:52.97	01:28:00.81	SS CGD
6637	CARLA PEREIRA	F	9343	00:46:16.59	01:25:08.55	01:28:02.97	Correr Lisboa
6638	MARIA JOAO SANTOS	F	6300	00:45:25.97	01:23:47.38	01:28:03.34	Correr Lisboa
6639	SUSANA BERNARDO	F	8022	00:45:55.06	01:23:10.99	01:28:05.13	
6640	JOÃO PEDRO SANTOS	M	6955	00:43:31.82	01:25:37.54	01:28:08.07	Sonae Sierra
6641	ANA GASPAR	F	7083	00:40:45.23	01:28:06.22	01:28:08.29	
6642	MAFALDA MARQUES VELOSO	F	3732	00:43:32.62	01:25:31.21	01:28:09.32	CLUBE MILLENNIUM BCP
6643	MARIA CLARA MARTINS	F	2541	00:45:09.66	01:22:02.13	01:28:10.12	UDFAC

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6644	ALEXANDRE BAPTISTA	M	2207	00:45:09.75	01:24:08.39	01:28:10.41	Os marretas
6645	PAULA JACOB	F	6868	00:43:51.83	01:25:57.80	01:28:10.98	
6646	VERA SANTOS	F	7626	00:45:53.29	01:23:16.80	01:28:11.14	
6647	IVO BERNARDO	M	7625	00:45:54.31	01:23:18.69	01:28:12.17	
6648	MARIA SILVA	F	8917	00:48:33.77	01:25:08.93	01:28:14.27	Pepsico
6649	MARIA EMILIA CARMO SEQUEIRA	F	3788	00:44:35.85	01:25:47.30	01:28:15.48	CLUBE MILLENNIUM BCP
6650	SUSANA CARVALHO COELHO	F	9202	00:42:35.66	01:27:14.04	01:28:16.25	
6651	CARLOS MORAIS	M	4725	00:44:09.33	01:26:14.57	01:28:16.56	WINNERS TEAM
6652	RENATO BAIÃO	M	8984	00:42:35.63	01:27:14.19	01:28:16.70	
6653	LUIS AMEIXA	M	7261	00:44:55.68	01:24:41.79	01:28:20.95	
6654	ANA BENTO	F	9106	00:44:45.54	01:23:30.89	01:28:23.04	Pernod Ricard Portugal
6655	MÓNICA FERREIRA FRANCISCO	F	8771	00:43:42.34	01:24:46.57	01:28:29.50	
6656	JÚLIO SILVA	M	5678	00:46:21.03	01:24:55.16	01:28:30.09	
6657	CARINA FLORA	F	8923	00:43:38.68	01:25:48.13	01:28:31.78	Flora
6658	JOANA FILIPA SANTOS SOUSA	F	8197	00:44:15.74	01:25:22.31	01:28:33.69	
6659	TIAGO GOMES	M	2078	00:44:30.90	01:22:23.13	01:28:38.08	Runners do EP
6660	SIMONE CALDEIRA	F	2077	00:44:31.25	01:22:23.27	01:28:38.45	Runners do EP
6661	MATILDE DO CARMO BRAZ	F	8337	00:44:33.81	01:22:42.82	01:28:42.82	
6662	JOSE PEDRO OLIVEIRA GOMES	M	4699	00:39:11.28	01:27:19.36	01:28:43.41	AAEBNU, --
6663	MÁRIO BARRADA	M	8335	00:44:34.39	01:22:44.07	01:28:43.67	
6664	SUSANA BARRADA	F	8336	00:46:00.98	01:22:44.42	01:28:44.04	
6665	MARTA MOREIRA	F	1148	00:41:47.20	01:26:19.17	01:28:44.24	
6666	PAULA COSTA	F	1398	00:42:52.03	01:28:44.88	01:28:44.88	
6667	FÁBIO ANTÓNIO DINIS SOARES	M	6447	00:42:39.58	01:27:46.41	01:28:45.27	BP2SEAIL
6668	ISABEL VIEIRA	F	8907	00:45:26.98	01:23:42.90	01:28:49.84	
6669	TERESA CRUZ NEVES	F	5410	00:52:49.40	01:11:15.91	01:28:50.06	
6670	RUI CARLOS FERREIRA DA CUNHA	M	5411	00:52:48.55	01:11:16.23	01:28:50.35	
6671	ROSÁRIO BELGA	F	7407	00:42:08.52	01:27:00.18	01:28:51.49	
6672	CARLA SILVA	F	6665	00:44:47.00	01:25:04.27	01:28:54.56	
6673	CARLA MARILIA M. C. MARTINS SANTOS	F	9382	00:42:41.52	01:23:25.79	01:28:55.35	
6674	PEDRO GOUVEIA	M	5142	00:44:51.71	01:24:41.40	01:28:55.63	MOVET
6675	JOÃO CARLOS PIRES DOS SANTOS	M	9381	00:42:40.99	01:23:26.84	01:28:56.23	
6676	LUIS CAPUCHO VELADAS	M	460	00:43:32.90	01:27:04.40	01:28:58.50	
6677	JORGE SILVA	M	8178	00:54:20.51	01:25:09.87	01:28:58.86	
6678	PAULO GOMES	M	8176	00:54:20.30	01:25:09.76	01:28:59.59	
6679	JOSE SOARES LOPES	M	7143	00:44:43.63	01:25:01.37	01:29:01.14	gen
6680	PERES GOMES	M	8872	00:46:09.60	01:22:50.32	01:29:01.44	Escuteiros 297 Algés
6681	ANA LUEGI DA CRUZ MORGADO	F	8203	00:45:04.80	01:25:34.75	01:29:05.25	Com Tradições
6682	JOÃO DIOGO PINTO	M	8200	00:45:04.45	01:25:35.03	01:29:05.34	Com Tradições
6683	SÓNIA FERNANDES	F	3422	00:45:18.85	01:22:51.53	01:29:05.87	Leões de Barcarena
6684	JOSÉ OLIVEIRA	M	1110	00:46:15.15	01:28:34.33	01:29:07.25	
6685	ANABELA FONTES LOPES MATEUS	F	1273	00:44:27.39	01:27:13.57	01:29:09.88	
6686	FRANCISCO M C NUNES MATEUS	M	1272	00:44:27.29	01:27:14.46	01:29:10.18	
6687	CARLOS FERNANDES	M	6164	00:44:29.19	01:26:17.85	01:29:13.89	Clube ANACOM
6688	ANTONIO ALMEIDA	M	2346	00:46:11.44	01:26:38.36	01:29:14.43	
6689	BEATRIZ MARTINS	F	8971	00:46:19.13	01:26:50.74	01:29:14.85	
6690	JULIETA SANTOS	F	1321	00:44:43.41	01:24:48.53	01:29:15.55	OVELHA CREW
6691	JOSÉ ANTÓNIO CARDOSO BASTOS	M	8329	00:46:18.10	01:26:52.06	01:29:16.16	
6692	JOÃO LOBO	M	7097	00:46:48.78	01:25:49.57	01:29:16.51	
6693	SEM DADOS		10119	00:45:23.71	01:23:49.35	01:29:17.26	
6694	CATARINA MARTINS MORAIS	F	585	00:45:23.55	01:23:48.76	01:29:17.35	Correr Lisboa
6695	LUÍZ COVILLE	M	7419	00:43:13.01	01:26:49.14	01:29:18.35	
6696	JOÃO AMARAL	M	8463	00:44:19.99	01:26:28.70	01:29:20.21	
6697	SARA BATALHA SOTERO	F	3699	00:42:54.25	01:24:42.27	01:29:21.35	CLUBE MILLENNIUM BCP
6698	FOCK YIOT WAN CHIU	F	1818	00:46:26.01	01:24:32.15	01:29:21.77	
6699	JOSE EDUARDO GASPAR ARRUDA	M	1838	00:46:25.63	01:24:32.27	01:29:21.97	
6700	OLGA MAIA	F	1300	00:44:48.65	01:26:09.66	01:29:22.22	
6701	PAULA ISABEL ROSA BATALHA	F	3697	00:42:53.06	01:24:43.57	01:29:22.28	CLUBE MILLENNIUM BCP
6702	CARLA CATARINO	F	2899	00:46:18.50	01:24:06.33	01:29:22.37	Grupo corrida Joaquim Chaves S
6703	CAROLINE BORGES	F	7875	00:44:44.35	01:21:57.07	01:29:26.99	
6704	ANA NOGUEIRA	F	9226	00:43:55.27	01:25:07.64	01:29:28.86	
6705	ALEXANDRA AFONSO DIAS ALVES	F	1701	00:45:17.74	01:23:16.11	01:29:33.52	
6706	ANA CRISTINA FERREIRA	F	9919	00:43:00.56	01:27:30.93	01:29:35.11	
6707	SEM DADOS		9959	00:46:16.56	01:23:47.15	01:29:38.32	
6708	SEM DADOS		9960	00:46:16.22	01:23:47.44	01:29:38.60	
6709	ANA RAMALHETE	F	1150	00:42:17.97	01:26:53.81	01:29:44.32	
6710	MARIA ISABEL PITACAS ALVES	F	3818	00:43:21.85	01:26:25.61	01:29:47.84	
6711	MARTA CUNHA	F	8649	00:43:21.37	01:26:26.08	01:29:47.93	GFD Running
6712	RODRIGO CORDEIRO	M	2754	00:42:38.98	01:25:40.07	01:29:54.20	
6713	JORGE CAREPO	M	7323	00:52:58.96	01:26:03.58	01:29:55.10	
6714	FILIPA CORREIA	F	2908	00:44:46.35	01:24:41.26	01:29:57.93	Grupo corrida Joaquim Chaves S
6715	LURDES MELO	F	1375	00:44:56.66	01:27:53.81	01:29:59.21	CCD-TAT-Lx
6716	JAIME PALMA	M	6990	00:46:05.28	01:26:51.36	01:30:01.83	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6717	JOAO PAULO LOURENCO	M	3667	00:45:58.46	01:28:13.29	01:30:04.49	CLUBE MILLENNIUM BCP
6718	JOAQUIM PARREIRA DA SILVA	M	1490	00:42:14.05	01:26:56.64	01:30:07.88	
6719	FLÁVIA FRANCISCO	F	6635	00:43:03.96	01:28:40.07	01:30:08.78	I'IKE A runner
6720	PEDRO MP SILVA	M	1395	00:42:42.85	01:26:58.71	01:30:08.81	
6721	IOLANDA FELICIANO	F	9971	00:44:23.91	01:27:57.41	01:30:10.05	
6722	ZÉLIA SANDRA LEITÃO	F	9970	00:45:38.43	01:27:57.04	01:30:10.25	
6723	SANDRA ANDRADE	F	941	00:46:03.24	01:27:41.78	01:30:11.91	Xerox Roadrunners
6724	CARLOS RAMOS	M	7979	00:46:51.49	01:26:46.47	01:30:12.04	
6725	MARINA MACAU	F	2990	00:48:32.86	01:24:39.23	01:30:14.93	
6726	VICTOR GOMEZ	M	3000	00:45:34.18	01:24:58.93	01:30:15.04	TURBO-LENTO
6727	MANUEL CRUZ	M	6611	00:47:55.83	01:24:14.40	01:30:15.58	
6728	CAROLINA GOMEZ	F	1751	00:45:35.16	01:25:04.05	01:30:19.44	TURBO-LENTO
6729	ANA PIEDADE	F	621	00:44:37.98	01:28:27.58	01:30:27.02	TRILHOS E TRALHOS
6730	SANCHO BARROSO	M	3552	00:42:25.98	01:27:49.84	01:30:29.62	
6731	JOSE PEÑA DA COSTA	M	1672	00:45:23.08	01:27:11.47	01:30:34.94	
6732	CLÁUDIA PATRÍCIA RODRIGUES BARBOSA	F	5464	00:47:16.00	01:26:29.46	01:30:36.61	INDEG
6733	MARGARIDA SARAGOÇA	F	4325	00:44:07.16	01:25:15.20	01:30:37.84	VdAtletas
6734	DIOGO MANUEL CARVALHO ALBUQUERQUE	M	5470	00:43:54.92	01:27:43.28	01:30:37.89	INDEG
6735	ANA RITA DE OLIVEIRA VAZ QUEIROZ	F	5435	00:43:55.29	01:27:43.50	01:30:38.05	INDEG
6736	MARIA COSTA	F	305	00:43:43.03	01:28:37.61	01:30:49.04	
6737	PAULO PIRES	M	306	00:43:42.52	01:28:37.59	01:30:49.06	
6738	CARLA PALMEIRO	F	1215	00:43:32.44	01:29:18.89	01:30:50.52	
6739	MEG GARCIA	F	1198	00:43:33.08	01:29:19.42	01:30:50.75	
6740	SEM DADOS		9575	00:46:53.07	01:28:00.23	01:30:50.89	
6741	TÂNIA RODRIGUES	F	317	00:45:00.25	01:28:51.98	01:30:55.16	
6742	JOÃO RODRIGUES	M	303	00:44:59.94	01:28:52.63	01:30:55.40	
6743	JOÃO PEDRO VALENTE	M	9220	00:44:23.09	01:29:29.18	01:30:56.59	
6744	ANA SANTOS	F	3023	00:45:59.60	01:29:00.84	01:30:57.12	ODEBRECHT PORTUGAL
6745	VERA SILVA	F	3046	00:45:57.37	01:29:01.75	01:30:57.38	ODEBRECHT PORTUGAL
6746	CARLA AMIGUINHO	F	9221	00:44:22.23	01:29:31.47	01:30:58.98	
6747	FILIPA ANDRADE	F	2578	00:46:45.72	01:26:01.08	01:31:02.68	
6748	RUI MANUEL LOPES DIAS	M	9112	00:45:09.32	01:27:03.24	01:31:06.16	CP
6749	ANDRÉ DIONISIO	M	8301	00:48:10.88	01:25:06.14	01:31:09.86	
6750	ANA GUERREIRO	F	8322	00:48:10.54	01:25:06.57	01:31:10.78	
6751	EDUARDO REBORDAO	M	7972	00:45:52.35	01:31:11.10	01:31:11.10	
6752	BARBARA PIEDADE	F	7971	00:45:51.92	01:31:11.32	01:31:11.32	
6753	HERNANI CALADO	M	8481	00:45:25.97	01:27:28.08	01:31:12.90	
6754	VICTOR MARTINS SILVA RODRIGUES	M	8287	00:47:53.06	01:27:28.13	01:31:13.23	
6755	JOSE PARRANÇA	M	6912	00:40:09.47	01:28:07.22	01:31:13.59	
6756	JOÃO FRANCISCO CORDAS FIDALGO DIAS	M	5502	00:43:56.04	01:24:59.79	01:31:19.07	INDEG
6757	MARIA JOÃO VELADAS	F	459	00:45:15.15	01:29:24.13	01:31:19.10	
6758	MARIA FERNANDA NASCIMENTO	F	3277		01:31:20.36	01:31:20.36	
6759	ARTUR FONSECA	M	4013	00:47:45.28	01:25:50.90	01:31:21.13	
6760	MAFALDA ALMEIDA	F	4014	00:47:45.51	01:25:50.98	01:31:21.15	
6761	ANA MARIA CARVALHO	F	9048	00:46:05.00	01:29:08.28	01:31:23.05	Last Lap, --
6762	SERGIO PATRICIO	M	6667	00:46:44.28	01:27:11.89	01:31:23.64	
6763	CARLA PATRICIO	F	6666	00:47:05.30	01:27:11.27	01:31:23.68	
6764	BRUNO VON AMANN	M	2530	00:46:17.04	01:29:18.28	01:31:28.16	Fugitivos
6765	NILDA CALDEIRA	F	2531	00:46:16.64	01:29:18.09	01:31:28.61	Fugitivos
6766	JOÃO SOARES	M	502	00:37:36.60	01:24:55.98	01:31:29.13	
6767	MAFALDA GRANADO	F	1536	00:37:38.18	01:24:55.54	01:31:29.24	
6768	FÁTIMA MACIEL	F	9637	00:43:49.20	01:31:27.95	01:31:29.81	
6769	RUI PALMA	M	8646	00:45:29.93	01:29:09.82	01:31:31.17	GFD Running
6770	MARIA PEREIRA	F	7709	00:41:34.66	01:29:49.78	01:31:33.42	Casa Pessoal Estradas Portugal
6771	TANIA SANTANA	F	9973	00:46:08.78	01:26:53.02	01:31:35.03	
6772	CLÁUDIA RATO	F	8002	00:45:37.89	01:28:41.23	01:31:35.54	Correr Lisboa
6773	MAFALDA CARDOSO	F	7887	00:51:37.87	01:25:13.42	01:31:43.47	
6774	RUBEN SOUSA	M	3001	00:44:58.70	01:27:19.90	01:31:58.00	
6775	CLÁUDIA SOUSA	F	3002	00:44:59.27	01:27:20.44	01:31:58.52	
6776	NUNO DOS SANTOS PEREIRA CABANAS	M	9303	00:44:58.29	01:27:21.33	01:31:59.10	Frenalgil, --
6777	SALVADOR FRANCO AFONSO	M	6576	00:49:18.21	01:26:12.76	01:32:03.36	
6778	ROBERTA FONSECA FACIOLA	F	5033	00:45:19.98	01:28:41.82	01:32:06.59	Cêlio Lobato (Brasil)
6779	Mª IZAURA MONTEIRO DE ALBUQUERQUE	F	9930	00:45:18.25	01:28:43.25	01:32:07.36	Cêlio Lobato (Brasil)
6780	FILIPA OLIVEIRA	F	8676	00:47:58.07	01:26:58.92	01:32:08.15	
6781	PAULO VIEIRA	M	8677	00:47:58.33	01:26:57.64	01:32:08.22	
6782	FERNANDA OLIVEIRA	F	1514	00:46:55.03	01:27:31.15	01:32:12.48	
6783	RUI MIGUEL MARTINS	M	2542	00:46:49.25	01:26:08.37	01:32:13.46	UDFAC
6784	OCTÁVIO MANUEL MARQUES DIAS	M	9131	00:46:53.10	01:31:08.66	01:32:16.02	CP
6785	GONÇALO FERREIRA	M	7679	00:49:08.39	01:26:41.57	01:32:20.59	
6786	ALINE TRIGO	F	7874	00:50:47.98	01:25:35.39	01:32:21.30	
6787	CARLA ROQUE	F	2000	00:45:45.24	01:28:34.14	01:32:28.35	Reumaticos em Movimentos
6788	CARLOS BANDEIJAS	M	7212	00:45:47.35	01:26:14.51	01:32:28.38	CLUBE DESPORTIVO VILA FRIA
6789	GUILHERME PRATES	M	9974	00:46:43.26	01:28:45.13	01:32:32.82	Prates

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6790	CECÍLIA SILVA	F	7712	00:48:31.78	01:26:25.99	01:32:34.06	
6791	JOSÉ MANUEL OLIVEIRA MARQUES MONTEIRO	M	8181	00:52:28.31	01:16:43.01	01:32:34.78	
6792	NUNO MIGUEL SABINO PAIS	M	5536	00:47:42.08	01:26:42.85	01:32:37.57	INDEG
6793	FRANCISCO MARQUES	M	1917	00:46:42.42	01:28:50.91	01:32:38.90	
6794	CRISTINA NETO	F	7369	00:46:22.35	01:30:06.14	01:32:39.96	
6795	DINA ALMEIDA	F	6830	00:47:32.74	01:27:07.32	01:32:40.56	
6796	LUÍS FERREIRA	M	3455	00:47:42.20	01:26:47.03	01:32:40.69	Clube do Stress
6797	ANTÓNIO MANUEL FONSECA FERREIRA	M	6969	00:49:07.24	01:27:01.72	01:32:40.74	
6798	PAULO PEREIRA	M	452	00:46:33.33	01:28:07.93	01:32:41.76	
6799	NUNO TRINDADE	M	9514	00:49:46.54	01:26:04.51	01:32:41.96	BANCO PRIVADO ATLANTICO EUROPA
6800	ANDREIA COVAS	F	9349	00:46:02.62	01:29:11.97	01:32:43.40	
6801	SUSANA TRINDADE	F	3529	00:49:46.10	01:26:03.16	01:32:43.60	BANCO PRIVADO ATLANTICO EUROPA
6802	JOANA MALCATA	F	2255	00:44:42.77	01:28:52.57	01:32:47.98	CLUBE GRUPO BES
6803	MARIA GRACIETE FERREIRA	F	5599	00:46:51.17	01:30:54.17	01:32:51.68	
6804	SARA LAMPREIA	F	4403	00:43:29.25	01:30:42.49	01:32:52.77	Açoreana Clube Banif
6805	GONÇALO CARLOS SILVA VIEIRA	M	8388	00:43:28.79	01:30:42.11	01:32:52.93	
6806	MARTA CAMILO	F	8954	00:47:20.58	01:30:33.08	01:32:53.50	
6807	MARIA JOAO D MOURAO LOURENCO	F	3668	00:43:42.19	01:31:14.06	01:33:03.86	CLUBE MILLENNIUM BCP
6808	ISABEL SOFIA DA SILVA F. CARVALHO MACHADO	F	5496	00:48:42.59	01:29:04.09	01:33:11.29	INDEG, --
6809	CARLA MARTINS	F	7524	00:33:09.49	01:33:13.00	01:33:13.00	
6810	NUNO ROLO	M	8852	00:47:56.47	01:27:37.32	01:33:23.08	Infosistema RunningTeam
6811	ALEXANDRE LEE	M	6966	00:47:57.11	01:27:38.11	01:33:23.43	Infosistema Running Team
6812	ISABEL GUERREIRO	F	6457	00:46:42.95	01:29:11.05	01:33:24.05	
6813	SEM DADOS			9666	00:47:27.55	01:27:59.83	
6814	CELESTE PRATES	F	9972	00:46:48.30	01:29:40.77	01:33:26.59	Prates
6815	PEDRO HENRIQUES	M	7236	00:45:34.64	01:30:21.88	01:33:26.65	
6816	FATIMA DE LURDES NOBRE URBANO GONÇALVES	F	7414	00:45:34.40	01:30:21.85	01:33:27.06	
6817	ISABEL CALDEIRA	F	2192	00:54:53.63	01:15:57.07	01:33:32.34	
6818	CARLOS ALBERTO ANSELMO LAPA	M	6802	00:46:36.09	01:33:36.10	01:33:36.10	
6819	ANA PAULA VARELA DUARTE LAPA	F	6803	00:46:36.83	01:31:12.47	01:33:36.33	
6820	MELISSA CAMPOS	F	8227	00:41:10.09	01:29:08.80	01:33:37.29	Pumpers
6821	BRUNO CAMBÓIAS	M	8230	00:41:09.81	01:29:09.08	01:33:37.56	Pumpers
6822	MARIA CATARINO	F	6158	00:48:36.12	01:29:12.56	01:33:38.63	
6823	CATARINA PAUL I. J. CARVALHO	F	636	00:48:56.86	01:29:43.45	01:33:41.98	
6824	DIOGO RAMOS GARCIA	M	5212	00:35:36.63	01:31:36.02	01:33:43.12	
6825	BRUNO MACHADO	M	8229	00:44:13.16	01:29:18.66	01:33:46.30	Pumpers
6826	SARA DOMINGUES	F	9558	00:45:51.31	01:32:14.96	01:33:49.23	
6827	MARGARIDA A. ALVES	F	7491	00:45:51.22	01:32:14.60	01:33:49.29	
6828	SEM DADOS			9955	00:46:09.02	01:27:25.97	
6829	SEM DADOS			9957	00:44:36.44	01:27:39.45	
6830	VANESSA LIGEIRO	F	8874	00:46:23.31	01:32:12.92	01:34:00.19	Escuteiros 297 Algés
6831	MIGUEL CARRILHO	M	8876	00:46:22.38	01:34:00.19	01:34:00.19	Escuteiros 297 Algés
6832	PAULA DIAS	F	7950	00:48:04.25	01:29:59.90	01:34:01.56	
6833	CARLOS ALBERTO SANTOS	M	7582	00:48:25.15	01:32:01.79	01:34:02.29	
6834	RITA CRUZ	F	7384	00:47:58.57	01:29:05.21	01:34:04.52	
6835	RICARDO ALVES	M	4503	00:44:24.09	01:32:09.96	01:34:09.40	GRD Os Fixes
6836	MÁRIO NOGUEIRA DOS SANTOS	M	8746	00:47:08.40	01:34:18.33	01:34:18.33	Tabaqueira
6837	LUÍS MANUEL CARVALHO MARQUES	M	8751	00:47:08.80	01:32:06.26	01:34:18.54	Tabaqueira
6838	JOÃO PAULO CORREIA CARRIL	M	8742	00:47:08.04	01:32:06.93	01:34:18.88	Tabaqueira
6839	ANTÓNIO MOURÃO	M	7229	00:46:35.80	01:32:08.15	01:34:24.76	ITEN
6840	ANA ROSADO	F	2758	00:45:08.80	01:32:41.49	01:34:26.33	
6841	SUSANA NUNES	F	8205	00:48:52.07	01:32:50.67	01:34:26.38	
6842	BRUNO SILVA	M	3239	00:45:16.68	01:34:20.38	01:34:27.72	
6843	ALEXANDRA ESTROIA	F	722	00:45:16.28	01:34:20.80	01:34:27.83	
6844	SANDRA ISABEL BASTO	F	9673	00:44:42.19	01:29:55.48	01:34:29.73	
6845	CELIA B T M OLIVEIRA RATO	F	3751	00:49:32.43	01:32:40.54	01:34:31.45	CLUBE MILLENNIUM BCP
6846	ILDA MARIA F OLIVEIRA SERRANO	F	3599	00:42:34.15	01:31:04.62	01:34:33.54	
6847	JOÃO PAULO SERRANO	M	3598	00:42:34.15	01:31:04.87	01:34:33.55	
6848	INÉS FILIPA DINIS MACIDE	F	8095	00:46:56.21	01:28:58.58	01:34:34.87	Kelly Services
6849	CRISTINA MARIA CABRITA F. AFONSO SEGURADO	F	8094	00:46:55.82	01:28:58.99	01:34:35.23	Kelly Services
6850	PEDRO FERNANDES	M	2883	00:46:14.25	01:31:57.21	01:34:44.14	Câmara Lisboa Clube
6851	CLÁUDIO NUNO VIEGAS DAVID MENEZES	M	8840	00:48:07.17	01:28:57.22	01:34:45.73	Kelly Services
6852	LILIANA GOMES	F	867	00:48:05.91	01:31:53.86	01:34:48.88	CCDT do Município de Odivelas
6853	ANDREIA MIRANDA	F	6704	00:47:14.38	01:34:50.80	01:34:50.84	NucleOeiras/SportZONE - ADNO
6854	ALEXANDRA LOURENÇO	F	6701	00:47:15.48	01:32:59.50	01:34:53.13	NucleOeiras/SportZONE - ADNO
6855	CARLOS LOPES	M	5684	00:42:31.60	01:31:53.18	01:34:55.91	A minha corrida / Fitness Hut, --
6856	JESUS VEIGA	M	4472	00:47:41.36	01:32:48.17	01:34:56.32	GRD Os Fixes
6857	RÚBEN AGUIAR	M	4124	00:52:27.57	01:32:12.62	01:34:56.36	
6858	ISABEL CRESPO	F	4471	00:47:42.39	01:32:48.40	01:34:56.42	GRD Os Fixes
6859	NOEMIA COELHO	F	4474	00:47:41.84	01:32:49.27	01:34:56.58	GRD Os Fixes
6860	MARIA DE FÁTIMA SALGUEIRO	F	785	00:47:59.49	01:29:25.96	01:35:00.47	
6861	ANTONIO FRANCISCO CARDOSO	M	2843	00:49:41.02	01:30:10.20	01:35:01.42	
6862	SÓNIA GUERRA VICENTE	F	1297	00:45:59.80	01:33:04.30	01:35:03.03	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6863	ALINE CARDEIRA	F	3420	00:49:33.22	01:28:49.12	01:35:04.75	Leões de Barcarena
6864	MARCO COSTA	M	3815	00:50:09.41	01:29:03.58	01:35:04.94	
6865	ANABELA GOMES	F	8177	00:47:48.11	01:31:23.37	01:35:07.21	
6866	ANABELA MARQUES	F	8172	00:47:49.11	01:31:22.40	01:35:07.27	
6867	MARIA PAULA SILVA PEREIRA RODRIGUES	F	4192	00:49:16.63	01:30:21.99	01:35:07.29	
6868	JOSE EDUARDO MOURA NEVES	M	1284	00:46:15.56	01:33:15.48	01:35:15.51	
6869	MARIA CONCEICAO COSTA MOURA NE	F	1285	00:46:16.20	01:33:15.70	01:35:16.09	
6870	MARIA FILOMENA COSTA	F	8749	00:44:04.93	01:33:21.11	01:35:16.70	Tabaqueira
6871	MARIANA SAMPAIO	F	3612	00:49:36.47	01:29:54.70	01:35:21.46	BANCO PRIVADO ATLANTICO EUROPA
6872	RITA ALMEIDA SOUSA MONTEIRO	F	4095	00:48:34.32	01:32:21.17	01:35:26.34	Pepsico 1
6873	JOSÉ MANUEL LAGOA LOPES	M	442	00:46:08.12	01:33:35.16	01:35:35.52	
6874	FILIPA FIGUEIRA	F	6302	00:48:31.11	01:29:47.82	01:35:45.62	
6875	SOFIA PEDRO	F	3004	00:48:45.25	01:31:29.36	01:35:46.46	Team Innovation Makers
6876	CATARINA AZEVEDO	F	6301	00:48:30.90	01:29:48.82	01:35:47.00	
6877	MARIA JOÃO VIEGAS	F	8036	00:50:46.50	01:30:14.03	01:35:54.12	
6878	CATARINA RAPOSO VIEIRA DA SILVA	F	7040	00:49:56.73	01:32:48.53	01:35:57.76	
6879	ANA ISABEL ALBUQUERQUE	F	3658	00:47:09.39	01:30:14.36	01:35:59.11	CLUBE MILLENNIUM BCP
6880	LUIA MADEIRA	F	5521	00:51:11.92	01:31:35.58	01:36:01.30	INDEG
6881	EDUARDO MADEIRA	M	5471	00:51:11.06	01:31:36.76	01:36:01.99	INDEG
6882	CARLA CONCHINHA	F	7087	00:48:41.77	01:33:05.91	01:36:02.31	
6883	CARMELITA FELIX	F	1999	00:45:41.84	01:32:14.26	01:36:11.35	Reumaticos em Movimentos
6884	CONCEICAO SANTOS	F	3025	00:46:07.59	01:34:31.91	01:36:28.00	ODEBRECHT PORTUGAL
6885	TÂNIA MONTEIRO	F	3816	00:50:08.38	01:30:28.22	01:36:29.51	
6886	FATIMA VICENTE	F	8162	00:47:48.66	01:35:37.80	01:36:43.54	a turma da monica, --
6887	MARTA RODRIGUES	F	2567	00:44:42.33	01:31:51.73	01:36:45.70	Trio Maravilha
6888	PAULA FERNANDES	F	8161	00:47:48.23	01:35:40.56	01:36:46.74	a turma da monica, --
6889	LUIA MARIA CARAS-ALTAS	F	2766	00:47:27.64	01:32:51.29	01:36:52.69	
6890	MIGUEL CARAS-ALTAS	M	2767	00:47:28.66	01:32:52.70	01:36:54.37	
6891	DÁLIA MIMOSO	F	2238	00:50:13.69	01:30:32.26	01:36:55.35	CCD TRANQUILIDADE
6892	ANTONIO FILIPE CARAS-ALTAS	M	2765	00:47:28.13	01:32:54.07	01:36:55.75	
6893	MÓNICA PINTO	F	8511	00:45:22.14	01:30:17.41	01:36:59.82	
6894	MARIANA TOMÉ	F	1373	00:50:07.83	01:29:36.42	01:37:00.15	CCD-TAT-Lx
6895	JOSÉ TEÓFILO BRAGA	M	8342	00:49:19.97	01:28:08.15	01:37:02.55	Pés d'Atleta
6896	MARGARIDA TEÓFILO BRAGA	F	8344	00:49:20.61	01:28:01.38	01:37:02.74	Pés d'Atleta
6897	MARA LÚCIA GONÇALVES SANTOS	F	5413	00:48:38.66	01:34:07.28	01:37:04.02	
6898	JOÃO COELHO	M	8009	00:48:38.17	01:34:07.42	01:37:04.03	
6899	RUI MANUEL MARTINS CABRAL	M	5561	00:50:07.82	01:32:57.01	01:37:04.24	INDEG
6900	PAULA PIRES	F	2050	00:47:13.49	01:31:50.29	01:37:04.64	Falcões Selvagens
6901	AURA ANDRADE ALVES MARTINS	F	9374	00:45:56.00	01:34:08.74	01:37:04.97	
6902	MANUELA BORRALHO	F	1370	00:50:07.08	01:29:44.43	01:37:07.79	CCD-TAT-Lx
6903	ROSA PAULO	F	3043	00:47:38.53	01:35:09.99	01:37:07.89	ODEBRECHT PORTUGAL
6904	SEM DADOS		9519	00:42:55.20	01:36:03.30	01:37:09.89	
6905	ANTÓNIO SOBREIRO	M	9604	00:42:55.62	01:36:02.51	01:37:10.08	
6906	CÉLIA AZEVEDO	F	4562	00:47:18.72	01:35:30.32	01:37:13.58	GDCT Unicre
6907	NUNO AZEVEDO	M	4561	00:47:18.95	01:35:30.56	01:37:13.75	GDCT Unicre
6908	GONÇALO BELO FREITAS	M	4307	00:46:03.37	01:32:58.30	01:37:14.29	
6909	LUIS MANUEL MATOS MARTINS	M	5520	00:47:15.21	01:33:17.78	01:37:18.61	INDEG
6910	JOSÉ RODRIGO ROBALO C. DE MELO E CASTRO	M	5515	00:47:14.93	01:33:17.07	01:37:18.72	INDEG
6911	ANA SOFIA RAIMUNDO PEREIRA DA FONSECA	F	5439	00:47:17.25	01:33:17.99	01:37:19.01	INDEG
6912	LURDES FERREIRA	F	7111	00:49:57.16	01:32:41.04	01:37:24.60	
6913	MARGARIDA POLICARPO	F	1170	00:57:29.74	01:33:09.72	01:37:36.26	Luis
6914	MARIANA GIL	F	2487	00:52:37.05	01:31:45.56	01:37:36.52	
6915	ALEXANDRA C. GOMES PEREIRA	F	2582	00:50:33.21	01:30:44.39	01:37:38.52	OsTartarugas
6916	ERNESTINA S. FELECIANO LUDOVIN	F	2584	00:50:33.61	01:30:44.94	01:37:38.92	OsTartarugas
6917	CARLOS MANUEL LUDOVINO	M	2583	00:50:34.49	01:30:46.39	01:37:40.04	OsTartarugas
6918	CARLOS F. SILVA LUDOVINO	M	2581	00:50:32.20	01:30:47.03	01:37:40.88	OsTartarugas
6919	MARIA JOSÉ LOPES MARQUES	F	7200	00:47:51.87	01:35:45.58	01:37:41.55	
6920	MARIA ARLETTE FERNANDES PONTES	F	7199	00:47:51.60	01:35:46.27	01:37:41.60	
6921	JOAQUIM JORGE C VALADARES	M	951	00:52:11.00	01:32:19.88	01:37:44.68	TURBO-LENTO
6922	ZULMIRA MARIA S VALADARES	F	952	00:52:11.66	01:32:22.16	01:37:46.02	TURBO-LENTO
6923	ALEXANDRA MAMEDE	F	1529	00:52:02.27	01:31:29.09	01:37:48.42	Runners do EP
6924	PAULA PENHA	F	3584	00:48:46.75	01:36:15.24	01:37:54.92	
6925	MARGARIDA FONSECA	F	1277	00:48:45.93	01:36:15.57	01:37:54.99	
6926	HERCILIA MONTENEGRO	F	8128	00:48:58.81	01:34:29.17	01:38:03.67	
6927	FILIPE RODRIGUES	M	5052	00:43:47.38	01:34:42.44	01:38:04.40	
6928	PILAR FRAGUIO	F	1868	00:52:15.99	01:32:00.65	01:38:05.73	Iberia 2
6929	JOSÉ VIEGAS	M	5516	00:51:58.82	01:35:42.35	01:38:12.08	INDEG
6930	ANGELA BRAZ	F	5444	00:51:59.02	01:35:42.65	01:38:12.41	INDEG
6931	MÓNICA MARQUES	F	1709	00:44:55.23	01:33:31.05	01:38:15.16	
6932	CARLA MARQUES	F	1840	00:44:55.43	01:33:31.71	01:38:15.83	
6933	CONCEIÇÃO REDUTO	M	9139	00:50:34.16	01:32:59.60	01:38:16.23	Pernod Ricard Portugal
6934	ANDREIA SOFIA ROQUE COSTA	F	3690	00:49:07.12	01:35:54.77	01:38:16.93	CLUBE MILLENNIUM BCP
6935	CLÁUDIA IRENE BANDEIRA GARCIA	F	6044	00:50:00.51	01:35:51.17	01:38:17.35	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
6936	CAROLINA SOARES	F	773	00:52:28.92	01:36:20.34	01:38:18.77	TRILHOS E TRALHOS
6937	ANA FILIPA LEITÃO CLARO VIANA MACHADO	F	5430	00:50:40.47	01:32:48.92	01:38:25.97	INDEG, --
6938	ISABEL SILVA	F	6191	00:50:50.73	01:33:46.61	01:38:32.76	
6939	RITA SANTOS	F	1458	00:52:28.40	01:36:36.92	01:38:35.10	TRILHOS E TRALHOS
6940	FERNANDA RAPOSO	F	457	00:48:30.49	01:36:42.21	01:38:46.30	
6941	DULCINEIA FERREIRA	F	9331	00:51:40.70	01:35:37.47	01:38:50.96	Last Lap, --
6942	CARLA GOMES	F	8953	00:50:38.02	01:36:28.75	01:38:51.92	
6943	LUIS FERREIRA	M	9328	00:51:40.83	01:35:41.98	01:38:55.18	Last Lap, --
6944	PATRICIA SILVA	F	1307		01:29:48.91	01:38:57.73	
6945	PAULO ELIAS	M	8466	00:37:41.65	01:33:46.30	01:39:01.96	MADE2WEB DIGITAL AGENCY
6946	GUSTAVO PAULA E SOUSA	M	3677	00:47:09.67	01:37:41.07	01:39:04.80	CLUBE MILLENNIUM BCP
6947	PAULO MALHEIRO SOUSA	M	3676	00:47:13.03	01:37:40.48	01:39:04.94	CLUBE MILLENNIUM BCP
6948	CRISTINA TEIXEIRA	F	8194	00:51:13.85	01:34:26.17	01:39:09.73	
6949	AIDA DA CONCEIÇÃO CABRAL PEREIRA	F	9122	00:46:46.97	01:37:25.69	01:39:11.24	CP
6950	ISABEL CARMO CANHÃO SARAIVA AFONSO	F	9239	00:50:22.57	01:35:39.38	01:39:11.25	
6951	PAULO FRANCISCO BENTO ALVARES	M	1631	00:51:48.48	01:15:52.30	01:39:11.90	
6952	HÉLIO PALMA	M	4042	00:49:53.62	01:35:59.20	01:39:12.47	CCD TRANQUILIDADE
6953	MIGUEL MATOS	M	4040	00:49:52.98	01:35:59.56	01:39:12.71	CCD TRANQUILIDADE
6954	NATALIA MARIA RODRIGUES	F	3693	00:51:19.01	01:36:00.27	01:39:22.68	CLUBE MILLENNIUM BCP
6955	JOSÉ FLORO	M	7148	00:51:08.18	01:35:25.05	01:39:26.25	gen
6956	CARLOS AZEVEDO	M	501	00:50:44.95	01:36:22.55	01:39:43.01	
6957	LUIS VEIGA MARTINS	M	4328	00:52:22.32	01:35:40.94	01:39:53.57	VdAtletas
6958	ÂNGELA MARIA VICENTE LOUREIRO	F	4330	00:52:22.53	01:35:40.97	01:39:53.67	VdAtletas
6959	ANDRÉ XAVIER	M	3362	00:48:50.54	01:35:34.85	01:40:00.52	
6960	PAULA PASCOAL	F	2400	00:47:22.63	01:35:41.80	01:40:01.15	
6961	SANDRA SOUSA ASSUNÇÃO	F	2480	00:50:11.01	01:35:41.70	01:40:01.33	
6962	MÓNICA GARCIA	F	3361	00:48:50.45	01:35:35.75	01:40:01.46	
6963	ALEXANDRE GRAÇA	M	2465	00:50:10.54	01:35:40.75	01:40:01.93	
6964	SÉRGIO ASSUNÇÃO	M	2481	00:47:23.66	01:35:42.21	01:40:03.31	
6965	SÍLVIA DINIS	F	4727	00:51:14.41	01:37:07.65	01:40:04.84	
6966	ERNESTO LOURENÇO	M	7121	00:56:50.95	01:35:13.13	01:40:06.27	Correr Lisboa
6967	AMANDA MARQUES	F	4549	00:56:50.82	01:35:13.15	01:40:06.54	Correr Lisboa
6968	ISABEL NOBRE	F	3874	00:44:06.19	01:36:53.95	01:40:08.21	Clube Atletismo Amigos Belém
6969	JOSÉ MARTINS	M	224	00:51:08.28	01:38:09.77	01:40:09.48	
6970	JESSICA RAMOS	F	9258	00:48:39.24	01:38:27.03	01:40:21.55	Continente
6971	ALEXANDRA PRATES	F	1970	00:49:59.04	01:36:36.92	01:40:29.44	
6972	ÂNGELA ALVES	F	708	00:49:48.18	01:39:01.66	01:40:38.12	
6973	SANDRA COSTA	F	4123	00:52:24.88	01:38:00.33	01:40:44.15	
6974	DINA COSTA	F	4125	00:52:25.11	01:38:01.19	01:40:44.39	
6975	VICTOR FRANCISCO	M	4126	00:52:27.35	01:38:00.56	01:40:45.01	
6976	SUSANA SILVA	F	1095	00:49:17.49	01:38:11.54	01:40:45.15	
6977	JOÃO CARLOS OLIVEIRA DA SILVA	M	7023	00:49:19.77	01:37:02.54	01:40:50.57	
6978	PAULO SANTOS	M	1823	00:49:49.13	01:36:41.18	01:40:50.82	
6979	CARLA INFANTE	F	1822	00:49:50.40	01:36:40.71	01:40:50.94	
6980	NUNO BAPTISTA	M	5930	00:52:17.96	01:35:04.64	01:40:54.46	
6981	TANIA TOME	F	5929	00:52:18.37	01:35:04.24	01:40:55.11	
6982	JOSÉ BATALHA	M	445	00:49:16.02	01:38:05.48	01:40:56.27	
6983	ANA MARTINS	F	3595	00:51:09.96	01:34:54.92	01:41:02.40	
6984	CLAUDIA LAVADO PALMA	F	3883	00:53:47.96	01:35:30.21	01:41:03.47	Ginásio Clube Português
6985	MARIA ALEXANDRA LAVADO PALMA	F	3881	00:53:47.39	01:35:34.15	01:41:04.70	Ginásio Clube Português
6986	MARIA JOSE AGUIAR	F	5596	00:48:34.54	01:40:04.82	01:41:12.28	
6987	FERNANDA FIGUEIRA SEABRA SUCENA	F	2068	00:52:03.13	01:38:41.43	01:41:12.72	
6988	FÁBIO LUIS	M	8512	00:45:22.19	01:34:45.05	01:41:27.54	
6989	SANDRA LEITE	F	4401	00:50:49.90	01:37:55.62	01:41:28.90	Açoreana Clube Banif
6990	PAULO CORREIA	M	7949	00:49:31.16	01:37:57.76	01:42:00.00	
6991	HELENA MARTINS	F	2818	00:50:10.26	01:40:30.96	01:42:02.03	Os Martins
6992	CORITA TRABUCHO	F	1532	00:51:16.52	01:38:58.95	01:42:03.03	
6993	EMÍLIA CALHA	F	2335	00:49:35.88	01:41:04.86	01:42:08.89	
6994	PAULO JORGE AMORIM	M	3280	00:53:05.07	01:37:13.19	01:42:10.54	
6995	NUNO MANUEL SUCENA HENRIQUES DA GRAÇA	M	9137	00:56:09.68	01:36:37.63	01:42:31.86	CP
6996	RICARDO JORGE FIGUEIRA B. SOUSA DA SILVA	M	8097	00:50:30.05	01:36:51.69	01:42:32.01	Kelly Services
6997	PAULA TERESA DE JESUS FERREIRA BELO	F	4306	00:54:14.23	01:38:18.61	01:42:38.44	
6998	JOSÉ ANTÓNIO SOARES AUGUSTO GOMES	M	4305	00:54:14.45	01:38:19.04	01:42:38.92	
6999	FILIPPE PEQUITO	M	8473	00:51:11.34	01:37:27.40	01:42:43.77	MADE2WEB DIGITAL AGENCY
7000	Brites Jacinto	F	561	00:51:16.31	01:40:38.68	01:42:45.35	OVELHA CREW
7001	VÍTOR ALVES	M	7396	00:52:29.71	01:37:00.73	01:42:57.75	
7002	FABIO DIAS	M	5949		01:43:01.00	01:43:01.00	Hovione 7casas
7003	SOFIA BLECK RIBEIRO VAZ PINTO	F	3495		01:43:01.88	01:43:01.88	VdAtletas
7004	ALVARO AMADO	M	3142	00:51:37.82	01:41:14.04	01:43:04.74	CLUBE GRUPO BES
7005	MARIA LEONOR ANTUNES	F	3183	00:51:38.26	01:41:12.92	01:43:05.61	CLUBE GRUPO BES
7006	MARTA CORREIA	F	7975	00:52:27.99	01:35:37.23	01:43:07.65	
7007	ANA VIEIRA	F	8952	00:52:31.78	01:40:47.01	01:43:08.42	
7008	FRANCISCO JOSÉ FELICIANO	M	8214	00:54:45.23	01:36:54.88	01:43:08.97	



Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
7009	LUISA BAIRRO	F	7513	00:54:50.38	01:37:53.38	01:43:10.26	
7010	LÍDIA ADERNEIRA	M	6316	00:50:04.64	01:41:48.56	01:43:10.95	
7011	VALTER LEANDRO	M	463	00:53:08.83	01:32:59.43	01:43:14.02	
7012	ANA ESTRELINHA	F	6559	00:53:08.59	01:36:30.11	01:43:14.32	CAN - CLUBE ATLETISMO NAZARE
7013	LUÍS MIGUEL DA CRUZ SIMÕES	M	7262	00:53:02.77	01:39:53.50	01:43:17.03	
7014	SHEILA ROSA DE SOUSA BATISTA	F	7263	00:53:05.20	01:39:54.41	01:43:18.35	
7015	PAULA SIMÕES	F	4310	00:52:47.44	01:39:37.93	01:43:25.12	CS Family
7016	MARIA JOÃO SILVA	F	8484	00:48:40.58	01:41:36.21	01:43:27.26	Colt
7017	NATÁLIA LOPES	F	1882	00:54:18.51	01:38:36.09	01:43:28.28	
7018	SARA CUNHA SERRA	F	8502	00:49:52.13	01:42:56.21	01:43:29.33	Astrazeneca
7019	PATRICA BENTES DA SILVA	F	8499	00:49:50.76	01:43:04.88	01:43:29.84	Astrazeneca
7020	MARIA SILVA	F	8961	00:49:51.56	01:42:58.90	01:43:29.91	
7021	CRISTINA REDONDO	F	9247	00:53:15.26	01:37:26.91	01:43:31.29	Continente
7022	FILIPA MACHADO	F	6743	00:47:43.83	01:42:43.06	01:43:31.76	NucleOeiras/SportZONE - ADNO
7023	SARA DIAS	F	6774	00:47:46.72	01:42:42.95	01:43:31.89	NucleOeiras/SportZONE - ADNO
7024	SUSANA M. F. GAMEIRO	F	2517	00:51:51.79	01:40:26.43	01:43:33.67	
7025	CRISTINA VAZ	F	5982	00:52:05.93	01:41:19.71	01:43:42.53	Falcões Selvagens
7026	CARLA CANHOTO	F	7518	00:52:05.85	01:41:18.54	01:43:42.63	
7027	ANA SOUSA	F	4480	00:50:25.88	01:41:55.84	01:43:55.22	GRD Os Fixes
7028	EVA BUENO	F	4479	00:50:25.76	01:41:55.19	01:43:55.36	GRD Os Fixes
7029	LUIS GARCIA	M	7881	00:57:02.47	01:40:47.28	01:44:02.93	
7030	MARIANA GARCIA	F	7884	00:57:02.21	01:40:48.27	01:44:03.10	
7031	JOSÉ LAVADO	M	3579	00:52:31.15	01:38:14.34	01:44:05.86	
7032	MARIA DE FATIMA SANTOS	F	7581	00:52:20.22	01:42:08.78	01:44:08.98	
7033	RUI COIMBRA	M	1035	00:53:43.21	01:40:30.70	01:44:13.20	
7034	ANA COIMBRA	F	5028	00:53:43.56	01:40:30.92	01:44:13.33	
7035	PAULA FONSECA	F	4385	00:53:35.16	01:40:12.33	01:44:17.24	Açoreana Clube Banif
7036	CÉLIA HENRIQUES	F	7324	00:52:59.71	01:40:24.34	01:44:17.29	
7037	ALIDA .	F	3411	00:55:38.95	01:39:36.49	01:44:20.97	
7038	TOMÁS REI FERNANDES	M	8271	00:54:29.76	01:39:33.01	01:44:21.35	
7039	MARIA PIRES	F	978	00:52:49.95	01:41:08.12	01:44:22.86	
7040	ANTONIO MARQUES	M	977	00:52:50.03	01:41:07.23	01:44:23.00	
7041	ROGÉRIO FERRÃO	M	7654	00:55:28.34	01:41:32.01	01:44:29.82	
7042	FÁTIMA MARQUES	F	1155	00:56:07.66	01:40:47.08	01:44:32.53	
7043	JOSÉ PRATES	M	9975	00:56:07.96	01:40:45.78	01:44:33.40	Prates
7044	MARCOS NIETO VIDAL	M	3824	00:54:36.27	01:39:15.23	01:44:34.30	
7045	MANUELA PAIVA	F	1524	00:55:32.86	01:39:29.01	01:44:36.33	
7046	LUIS SANTOS	M	1518	00:55:32.55	01:39:29.52	01:44:36.71	
7047	MARIA JOÃO ALVES CAETANO	F	8101	00:54:42.69	01:38:54.20	01:44:37.07	Kelly Services
7048	BERNARDO SILVA	M	9288	00:54:10.01	01:40:32.04	01:44:37.12	
7049	ANA PAULA FERNANDES HENRIQUES	F	8099	00:54:42.85	01:38:55.06	01:44:38.11	Kelly Services
7050	RITA RIBEIRO DA SILVA	F	8464	00:54:10.74	01:40:37.22	01:44:42.50	
7051	TERESA MARTINHO	F	8720	00:49:20.71	01:39:28.46	01:44:52.17	Peugeot
7052	CAROLINA FERREIRA	F	7678	00:55:31.50	01:39:11.23	01:44:52.43	
7053	CÉLIA BORGES	F	7677	00:55:31.48	01:39:11.37	01:44:52.79	
7054	CARLA LEITE	F	9524	00:53:26.49	01:39:39.07	01:44:55.59	
7055	SOFIA ELVAS	F	3353	00:53:45.39	01:39:38.64	01:44:56.35	CLUBE GRUPO BES
7056	ANTÓNIA DIOGO	F	3532	00:53:12.90	01:39:39.16	01:45:01.56	BANCO PRIVADO ATLANTICO EUROPA
7057	ANA ALMEIDA	F	3118	00:42:02.43	01:40:12.42	01:45:13.42	
7058	SUSANA CALDEIRA GAIO	F	3169	00:42:03.16	01:40:12.48	01:45:13.68	
7059	MARIA JOSÉ GUERRA SANTOS	F	8514	00:48:22.56	01:44:24.18	01:45:15.29	
7060	SANDRA SOFIA ALMEIDA DOS SANTOS	F	8678		01:45:16.43	01:45:16.43	
7061	CARLOS SANTOS	M	1172	00:52:19.55	01:45:16.66	01:45:16.66	
7062	PEDRO NUNES	M	3463	00:54:59.18	01:45:16.69	01:45:16.69	Clube do Stress
7063	PEDRO CASQUINHO	M	3460	00:55:00.69	01:45:16.80	01:45:16.80	Clube do Stress
7064	TIAGO CASQUINHO	M	3465	00:54:59.59	01:45:17.49	01:45:17.49	Clube do Stress
7065	CATARINA DIAS	F	6631	00:49:13.50	01:43:50.64	01:45:19.13	I'IKE A runner
7066	SOFIA VILAR	F	8273	00:48:51.14	01:39:31.32	01:45:21.49	
7067	LARA SILVA	F	7713	00:54:33.79	01:39:29.47	01:45:37.34	
7068	JOANA CRUZ	F	1499	00:52:12.11	01:39:34.59	01:45:40.03	
7069	MARIA FILOMENA CLARO VITORINO FERREIRA	F	8462	00:54:12.78	01:43:45.38	01:45:40.75	
7070	MARIA MIQUELINA PARDAL	F	3284	00:54:13.33	01:43:46.92	01:45:41.47	
7071	REGINA FERREIRA DE OLIVEIRA	F	3709	00:54:38.58	01:40:58.51	01:45:43.16	CLUBE MILLENNIUM BCP
7072	PRISCILA MIDÕES NIETO VIDAL	F	3825	00:54:39.60	01:40:25.57	01:45:44.38	
7073	LAURA REIS	F	4515	00:53:21.61	01:40:05.23	01:45:44.64	Clube OGMA
7074	MÓNICA SARAMAGO MATOS DE JESUS LUENGO	F	7078	00:57:04.40	01:39:55.55	01:45:58.79	Lindas de correr
7075	MARGARIDA MARIA FERREIRA MOTA LEANDRO	F	7076	00:57:04.10	01:39:54.13	01:45:58.83	Lindas de correr
7076	HUGO PAIXÃO	M	1330	00:53:20.33	01:43:36.30	01:46:10.61	Correr na Cidade
7077	JOÃO GOMES PEREIRA	M	4606	00:55:16.01	01:36:43.72	01:46:14.06	A fuga dos Galináceos, --
7078	GABRIELA VASCONCELOS	F	4607	00:55:16.41	01:38:48.14	01:46:14.32	A fuga dos Galináceos, --
7079	LEONOR BARBOSA	F	4602	00:55:16.43	01:38:48.91	01:46:14.36	A fuga dos Galináceos, --
7080	ÓSCAR SEBE	M	4604	00:55:15.90	01:36:44.02	01:46:14.60	A fuga dos Galináceos, --
7081	JOÃO LIMA	M	332	00:54:53.42	01:41:26.20	01:46:18.51	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
7082	ARMINDA LIMA	F	331	00:54:54.25	01:41:27.22	01:46:19.80	
7083	ISABEL CARDEAL VIANA PEDREIRA	F	7077	00:57:01.76	01:40:17.58	01:46:21.29	Lindas de correr
7084	JACINTA DE FÁTIMA VICENTE DA ROCHA	F	5499	00:55:37.49	01:41:08.09	01:46:22.54	INDEG
7085	FRANCISCO JOSÉ SÁNCHEZ COELHO HENRIQUES	M	5478	00:55:36.21	01:41:09.83	01:46:23.03	INDEG
7086	CATARINA FLORES	F	933	00:56:26.65	01:41:11.81	01:46:25.16	
7087	CLOTILDE JOANA VALENTE ALEGRIA	F	6901	00:56:26.24	01:41:15.28	01:46:25.38	
7088	ANA SOFIA DAMIÃO SOEIRA MONSANTO	F	5438	00:51:13.20	01:43:56.94	01:46:29.90	INDEG
7089	VÍTOR MANUEL RIBEIRO MONSANTO	M	5583	00:51:12.46	01:43:58.09	01:46:29.93	INDEG
7090	ÂNGELA CRUZ	F	6199	00:44:41.79	01:42:15.40	01:46:33.71	SS CGD
7091	CATARINA MARTINS	F	6206	00:44:43.98	01:42:28.09	01:46:34.26	SS CGD
7092	MARIA DE LURDES FERREIRA DA COSTA SILVA	M	8817	00:52:56.20	01:45:53.16	01:46:46.13	Jaba-Recordati
7093	MARIANA BEXIGA	F	8820	00:52:55.89	01:46:00.18	01:46:51.77	Jaba-Recordati
7094	ANTONIO BARATA	M	6305	00:55:33.31	01:42:31.00	01:47:12.12	
7095	CRISTINA SILVA	F	6306	00:55:33.85	01:42:30.58	01:47:12.41	
7096	RUI TORRES	M	6594	00:53:30.81	01:43:21.60	01:47:14.20	
7097	HELENA ISABEL PALMA G. MONTEIRO SALEIRO	F	7081	00:57:13.26	01:41:12.73	01:47:16.91	Lindas de correr
7098	MARCO ALEXANDRE BAPTISTA	M	8885	01:13:02.40	01:47:28.51	01:47:28.51	
7099	LUIS MIGUEL GODINHO	M	3007	00:57:05.52	01:40:45.59	01:47:30.11	Rolas
7100	CONCEIÇÃO RODRIGUES	F	6312	00:55:30.87	01:42:32.31	01:47:31.01	
7101	GRACIETE ALVES	F	6214	00:55:30.95	01:47:31.28	01:47:31.28	SS CGD
7102	SANDRA SOFIA AVELINO	F	2983	00:57:06.20	01:40:55.39	01:47:31.37	Rolas
7103	MARÍLIA PEREIRA	F	6223	00:55:31.50	01:42:32.95	01:47:31.39	SS CGD
7104	SANDRA ALVIM	F	3058	00:57:06.11	01:40:56.10	01:47:31.50	
7105	MARIA DO MAR HERMOSO SERRANO	F	742	00:53:57.92	01:45:01.89	01:47:32.39	
7106	ANTONIO REIS	M	2716	00:51:47.49	01:45:03.46	01:47:35.18	CLUBE GRUPO BES
7107	FATIMA FERREIRA	F	2717	00:51:48.46	01:45:05.14	01:47:36.22	CLUBE GRUPO BES
7108	CECÍLIA FIENS	F	5266	00:56:22.17	01:43:06.86	01:47:40.14	Grupo Desp. Roche Portugal
7109	LILIANA CASTRO	F	5258	00:56:22.39	01:43:07.25	01:47:40.53	Grupo Desp. Roche Portugal
7110	TITO ALEXANDRE NASCIMENTO	M	8884	01:13:08.52	01:47:43.11	01:47:43.11	
7111	BEATRIZ RODRIGUES GARCIA	F	9368	00:58:56.10	01:42:27.76	01:47:53.09	Sumol Compal
7112	PEDRO LUÍS	M	1730	00:52:12.90	01:44:14.06	01:48:02.12	Volkswagen Autoeuropa
7113	FERNANDO VASCONCELOS	M	8597	00:50:20.15	01:42:48.17	01:48:02.48	TomTom
7114	MÓNICA FERREIRA	F	8598	00:50:20.44	01:42:48.88	01:48:03.29	TomTom
7115	ISABEL ANTUNES	F	8688	00:53:14.00	01:47:16.34	01:48:04.77	Sanofi
7116	IVA DIAS	F	8692	00:53:14.34	01:47:17.70	01:48:06.09	Sanofi
7117	MILENA YOU	F	7417	00:53:16.41	01:45:36.05	01:48:08.93	
7118	FRANCESCO CAMPAGNA	M	7476	00:52:12.17	01:44:27.21	01:48:13.12	
7119	CARMEN QUEIJEIRA	F	2672	00:54:38.48	01:44:12.60	01:48:14.06	Curtidos
7120	MARIA JOSÉ GOMES	F	2673	00:54:37.05	01:44:12.81	01:48:14.54	Curtidos
7121	ISABEL TEIXEIRA	F	2671	00:54:37.84	01:44:13.48	01:48:14.76	Curtidos
7122	MAFALDA BORRALHO	F	1371	00:56:00.50	01:43:13.54	01:48:16.35	CCD-TAT-Lx
7123	VASCO BORRALHO	M	1369	00:56:00.90	01:43:14.81	01:48:17.23	CCD-TAT-Lx
7124	FRANCISCO BORRALHO	M	1368	00:56:00.27	01:48:20.62	01:48:20.62	CCD-TAT-Lx
7125	BRUNO SILVA ALVES	M	8803	01:14:33.13	01:48:21.86	01:48:21.86	
7126	VANDA MARIA GUEDES DE BRITO	F	4167	00:56:56.33	01:42:51.62	01:48:36.85	Tejavista
7127	LUIS REIS	M	6613	01:00:58.84	01:35:55.75	01:48:45.64	
7128	MARIA JOSÉ MARREIROS	F	6612	01:00:59.34	01:36:01.59	01:48:46.65	
7129	MANUELA SILVA	F	8179	00:54:22.35	01:45:15.68	01:49:03.08	
7130	SONIA ARAUJO	F	8256	00:51:34.59	01:46:48.61	01:49:03.34	Dream Time
7131	CARMEN COCHOLA	F	8259	00:51:34.95	01:46:48.41	01:49:03.47	Dream Time
7132	JOÃO MARTINS	M	8171	00:54:21.53	01:45:18.61	01:49:03.87	
7133	LUISA CANDEIAS	F	1566	00:54:47.70	01:47:01.37	01:49:08.57	CCD Loures-Correr para Viver+
7134	ISABEL PESQUEIRA	F	4260	00:55:03.30	01:46:51.86	01:49:08.74	
7135	SANDRA PATRICIA MIRANDA	F	629	00:54:47.48	01:49:10.08	01:49:10.08	
7136	SANDRA GASPAR	F	624	00:54:48.54	01:47:03.37	01:49:10.80	
7137	MARIA JOSÉ SOUSA BRANCO	F	4072	00:54:22.41	01:47:29.48	01:49:15.89	
7138	CARLOS MANUEL MATOS NEVES PESSOA	M	7636	00:56:48.22	01:45:03.27	01:49:18.88	
7139	FERNANDA MARIA RIBEIRO VITAL	F	7635	00:56:47.67	01:45:03.27	01:49:19.75	
7140	ANA PAULA CALISTO	F	6995	00:54:56.46	01:47:19.46	01:49:20.93	
7141	SOFIA ANTUNES	F	8587	00:56:46.50	01:48:26.85	01:49:22.46	Combined Insurance
7142	MARISA MIRANDA	F	8583	00:56:46.88	01:48:26.28	01:49:22.79	Combined Insurance
7143	LUÍS SOUSA LARA	M	361	00:56:48.17	01:48:28.68	01:49:25.10	
7144	ISILDA URBANO	F	7413	00:59:48.49	01:46:44.55	01:49:36.27	
7145	ÁLVARO FURTADO	M	6194	00:56:57.65	01:47:35.86	01:49:38.60	SS CGD
7146	ISABEL SANTANA	F	8166	00:57:22.87	01:44:32.79	01:49:42.19	
7147	ANDREIA OLIVEIRA	F	8165	00:57:23.44	01:44:33.37	01:49:42.84	
7148	FILOMENA RAMALHO	F	1743	00:55:54.38	01:48:06.27	01:49:47.56	Os Galgos
7149	CATARINA NICHU	F	1736	00:55:55.04	01:48:06.76	01:49:47.96	Os Galgos
7150	MANUELA VIEIRA	F	1169	00:57:29.67	01:45:29.17	01:49:53.13	Luis
7151	MARIA MANUELA DA CONCEIÇÃO F FERNANDES	F	4270	00:55:35.71	01:45:33.83	01:50:10.05	
7152	PAULA CRISTINA COELHO LINO	F	7079	00:57:01.84	01:44:05.48	01:50:10.44	Lindas de correr
7153	ANA PAULA ANTUNES CASIMIRO	F	7080	00:57:13.70	01:44:05.59	01:50:10.55	Lindas de correr
7154	ANA VITORINO	F	7082	00:57:13.68	01:44:07.44	01:50:11.00	Lindas de correr

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
7155	CRISTINA FIGUEIREDO	F	2764	00:56:58.11	01:43:54.70	01:50:25.39	Figueiredo
7156	JOSÉ MARIANO	M	2380	00:57:31.64	01:43:48.29	01:50:25.53	
7157	JOSÉ MARIANO	M	5113	00:57:31.91	01:43:42.94	01:50:25.74	
7158	MARIA JOSÉ SOARES	F	2295	00:57:32.61	01:43:47.21	01:50:27.52	
7159	NUNO MIGUEL SOARES LOBATO DE F	M	2657	00:58:57.73	01:43:40.66	01:50:45.73	
7160	CÉLIA BAIXINHO	F	2656	00:58:58.07	01:43:41.70	01:50:46.44	
7161	EDITE RODRIGUES	F	5053	00:56:11.91	01:47:36.57	01:50:59.26	
7162	PAULA CRISTINA SILVA S. MEDEIROS PAVÃO	F	8818	00:54:46.23	01:50:10.38	01:51:02.47	Jaba-Recordati
7163	ANA PAULA DOMINGOS POSSIDÔNIO	F	8823	00:54:46.39	01:50:09.85	01:51:02.59	Jaba-Recordati
7164	ANA ALVES	F	3024	00:57:51.04	01:48:40.27	01:51:19.03	ODEBRECHT PORTUGAL
7165	VIRGINIA BRUSCO	F	8086	00:55:06.30	01:50:23.06	01:51:22.88	
7166	SANDRA MARQUES	F	6963	00:57:21.91	01:48:18.60	01:51:41.91	Sonae Sierra
7167	MERCEDES MOURA	F	7420	00:52:45.50	01:51:45.26	01:51:45.60	
7168	ANABELA MONARCA	F	8213	00:57:07.88	01:48:35.89	01:51:59.62	
7169	ÂNGELA SOFIA BOUCAS NEVES FERREIRA	F	6350	00:52:37.70	01:49:08.48	01:52:08.51	BP2SEA
7170	HUGO FERREIRA	M	6449	00:52:37.41	01:49:09.88	01:52:08.53	BP2SEAI
7171	JOSÉ MANUEL SANTOS SILVA MARQUITO	M	5512	01:00:34.59	01:48:58.07	01:52:29.46	INDEG
7172	ANA PEREIRA	F	5433	01:00:34.14	01:48:57.35	01:52:29.80	INDEG
7173	GLORIA PEREIRA	F	5481	01:05:24.30	01:48:58.13	01:52:29.85	INDEG
7174	MARIA LEANDRO	F	4119	01:00:15.43	01:47:11.93	01:52:35.76	Familia Leandro
7175	ANTÓNIO LEANDRO	M	4118	01:00:13.33	01:52:37.31	01:52:37.31	Familia Leandro
7176	DIOGO RODRIGUES GARCIA	M	9367	00:58:56.42	01:47:24.30	01:52:49.45	Sumol Compal
7177	CRISTIANA ARAÚJO SAMBADE NUNES RODRIGUES	F	9366	00:58:56.17	01:47:24.76	01:52:50.23	Sumol Compal
7178	RUTE ALMEIDA	F	8474	00:55:19.48	01:47:19.19	01:52:56.57	MADE2WEB DIGITAL AGENCY
7179	RUI NASCIMENTO	M	8475	00:55:21.27	01:47:21.19	01:52:56.60	MADE2WEB DIGITAL AGENCY
7180	SÓNIA LAREIRO	F	4676	00:55:36.78	01:49:49.46	01:52:58.74	
7181	CARLOS LAREIRO	M	4677	00:55:36.44	01:49:49.49	01:52:58.77	
7182	MARIANA NOVAIS FONSECA MARTINS	F	3706	01:01:50.35	01:51:27.80	01:53:29.06	CLUBE MILLENNIUM BCP
7183	NUNO NOVAIS FONSECA MARTINS	M	3707	01:01:49.98	01:51:28.92	01:53:29.96	CLUBE MILLENNIUM BCP
7184	TERESA ESTEVES	F	6949	01:00:15.82	01:46:57.43	01:53:32.24	Sonae Sierra
7185	ANA ROLO	F	6948	01:00:16.00	01:46:58.72	01:53:33.41	Sonae Sierra
7186	CARLOS JESUS	M	8493	01:00:27.81	01:50:28.99	01:53:33.94	Colt
7187	JOANA OLIVEIRA	F	8546	01:00:29.33	01:50:20.67	01:53:34.14	Colt
7188	FILIPA PONTE	F	4156	01:06:25.46	01:49:04.34	01:53:53.44	BIVAC IBERICA
7189	LETÍCIA ESTANQUEIRO	F	8897	00:56:18.90	01:50:58.41	01:53:53.58	Last Lap, --
7190	LEONOR TOMÁS	F	4155	01:06:36.66	01:49:04.20	01:53:53.75	BIVAC IBERICA
7191	ANA COSTA PEREIRA	F	8899	00:56:18.92	01:50:58.87	01:53:53.84	Last Lap, --
7192	NUNO ANTONIO MARQUES	M	4438	00:57:17.39	01:50:55.00	01:53:57.10	
7193	FERNANDA BORJA	F	8662	01:01:17.35	01:50:01.59	01:53:58.57	Sportlife
7194	JOSE NOGUEIRA	M	8661	01:01:17.77	01:50:02.51	01:53:59.17	Sportlife
7195	MARIA DE FÁTIMA ALMEIDA	F	2985	00:59:41.90	01:47:23.90	01:53:59.94	Rolas
7196	SUSANA SOFIA GODINHO	F	2982	00:59:42.54	01:47:17.98	01:54:02.69	Rolas
7197	DORA LEITÃO	M	2811	01:05:38.69	01:52:10.46	01:54:17.99	
7198	MARIA CRISTINA FERNANDES DOS SANTOS SILVA	F	9268	01:05:36.84	01:52:10.41	01:54:18.24	
7199	MARIA DE FÁTIMA FERRÃO	F	7653	00:59:48.25	01:51:36.92	01:54:30.15	
7200	LUISA ALMEIDA SERRA	F	7761	00:54:40.28	01:52:39.25	01:54:45.25	
7201	JORGE BARREIRA	M	5195	00:55:11.89	01:54:17.38	01:54:47.78	
7202	ANA CLÁUDIA SANTOS SÃO FACUNDO	F	8103	01:00:34.16	01:49:12.39	01:54:54.52	Kelly Services
7203	PEDRO MIGUEL PASCOAL SIMÕES	M	2308	00:58:16.69	01:51:33.88	01:55:03.96	
7204	SUSANA MARIA MENDES PALMIRO	F	2309	00:58:16.84	01:55:04.05	01:55:04.05	
7205	EUGÉNIA PIRES	F	5274	00:57:40.62	01:50:31.27	01:55:04.96	Grupo Desp. Roche Portugal
7206	ELSA GOMES	F	8752	00:58:16.99	01:51:15.98	01:55:05.80	Tabaqueira
7207	HELENA PAIVA	F	8822	00:56:17.27	01:54:14.44	01:55:08.37	Jaba-Recordati
7208	ANA PAULA RODRIGUES CARNOTO SILVA ROLIM	F	8819	00:56:04.31	01:54:14.46	01:55:08.87	Jaba-Recordati
7209	SUSANA GONÇALVES	F	8175	00:58:08.28	01:51:22.23	01:55:13.57	
7210	PEDRO SANTOS	M	9005	00:58:08.05	01:51:22.19	01:55:13.63	
7211	MARIA LOPES	F	7994	01:02:14.71	01:49:47.68	01:55:20.33	
7212	JOANA QUARESMA	F	6834	01:02:14.90	01:49:46.83	01:55:20.68	
7213	MARCOS LESSA	M	1728	00:55:44.20	01:51:21.99	01:55:21.19	Xerox Roadrunners
7214	FILIPE KANEKO	M	8320	00:55:13.38	01:51:21.63	01:55:22.51	
7215	JOSÉ ADELINO GOMES	M	8315	00:55:14.07	01:55:22.74	01:55:22.74	
7216	FÁTIMA SILVA	F	6982	01:02:14.93	01:49:48.25	01:55:22.78	
7217	NOEMIA BRANDÃO	F	6980	01:02:16.58	01:49:49.42	01:55:24.21	
7218	BELMIRO AGUIAR	M	6007	01:04:57.52	01:37:52.14	01:55:30.24	Clube Ferroviário de Portugal
7219	ANDRÉ GARCIA	M	7883	00:58:42.70	01:52:15.05	01:55:30.66	
7220	MARIA AMÁLIA PINTO	F	7885	00:58:44.11	01:52:14.84	01:55:30.68	
7221	CRISTINA GONÇALVES	F	8174	00:58:09.04	01:51:48.99	01:55:32.94	
7222	SILVIA CASTILHO PORTO DA COSTA MARTINS	F	8032	00:49:04.19	01:52:43.58	01:55:37.41	
7223	MARIANA MARTINS	F	521	00:57:52.90	01:52:43.21	01:55:37.74	
7224	ISABEL JOÃO SANTOS SÃO FACUNDO	F	8100	01:00:33.16	01:49:53.20	01:55:38.83	Kelly Services
7225	CÁTIA SUSANA COSTA DA SILVA JÓIA	F	8841	01:00:33.46	01:49:57.39	01:55:40.24	Kelly Services
7226	KARINA RAMOS DOS SANTOS	F	5242	01:00:48.44	01:50:04.69	01:55:41.07	
7227	ANA PAULA JURZE	F	5241	01:00:48.05	01:50:04.82	01:55:41.73	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
7228	SANDRA GARCIA	F	7882	00:58:42.46	01:52:33.85	01:55:47.98	
7229	ALEXANDRA PINTO FOLGADO	F	2988	00:59:45.10	01:49:11.37	01:55:48.70	Rolas
7230	INÉS FILIPA ALMEIDA	F	2986	00:59:44.79	01:49:12.54	01:55:48.87	Rolas
7231	JACINTO NOBRE URBANO	M	7412	01:01:17.02	01:52:55.16	01:55:52.78	
7232	LUCILIA PEREIRA	F	4164	00:57:10.27	01:52:59.00	01:56:23.05	
7233	INES CAPITAO DUARTE DE ALMEIDA	F	7391	01:00:25.47	01:51:53.37	01:56:33.98	
7234	RITA PAZ	F	2936	01:00:07.81	01:51:11.38	01:56:35.55	Grupo corrida Joaquim Chaves S
7235	MARIA CARMO MARQUES	F	2928	01:00:11.92	01:51:12.82	01:56:35.55	Grupo corrida Joaquim Chaves S
7236	PEDRO BASILIO	M	9053	00:59:43.32	01:52:31.04	01:56:43.85	MiRC
7237	PAULO BASILIO	M	9051	00:59:42.33	01:52:33.01	01:56:45.25	MiRC
7238	MARIANA BASILIO	F	9052	00:59:40.93	01:52:33.05	01:56:47.29	MiRC
7239	ELISABETE SILVA	F	7872	01:06:26.20	01:54:00.97	01:56:59.09	
7240	CARLA FIALHO	F	7873	01:06:26.25	01:54:01.35	01:56:59.20	
7241	CARMO TORRES	F	9050	00:59:43.06	01:52:59.06	01:57:10.92	MiRC
7242	CLAUDIA PALMA	F	2907	01:00:06.24	01:51:46.68	01:57:11.65	Grupo corrida Joaquim Chaves S
7243	PAULA GUIMARÃES	F	2934	01:00:07.76	01:51:47.67	01:57:11.70	Grupo corrida Joaquim Chaves S
7244	FERNANDA GAMBOA	F	2946	01:00:12.43	01:51:48.10	01:57:11.90	Grupo corrida Joaquim Chaves S
7245	CRISTINA DOMINGOS	F	2905	01:00:12.23	01:51:47.92	01:57:12.13	Grupo corrida Joaquim Chaves S
7246	ANA FLORES	F	6988	01:01:09.26	01:53:43.20	01:57:14.05	
7247	IRINA COSTA	F	6989	01:01:08.08	01:53:43.49	01:57:14.70	
7248	PAULO DE SOUSA VARELA	M	3666	00:58:26.55	01:55:15.99	01:57:18.74	CLUBE MILLENNIUM BCP
7249	RUTE RIBEIRO	F	6733	01:02:15.22	01:50:48.74	01:57:32.05	NucleOeiras/SportZONE - ADNO
7250	VANDA ALVES	F	6732	01:02:15.89	01:50:45.85	01:57:32.15	NucleOeiras/SportZONE - ADNO
7251	EMANUEL SOARES	M	1201	01:17:37.42	01:57:34.20	01:57:34.20	Os Frenéticos
7252	CECILIA GUERRA	F	6735	01:02:15.48	01:50:58.80	01:57:41.57	NucleOeiras/SportZONE - ADNO
7253	ALCINA LOPES	F	6734	01:02:16.24	01:57:42.02	01:57:42.02	NucleOeiras/SportZONE - ADNO
7254	MARIA LURDES FREITAS	F	8674	00:57:19.22	01:55:34.29	01:57:52.79	
7255	ANA MARCOS	F	7494	00:49:43.68	01:54:14.75	01:57:52.89	
7256	MANUELA GONÇALVES	F	8592	01:01:02.85	01:55:33.79	01:57:58.94	
7257	ANA MARTINS	F	8591	01:01:03.40	01:55:36.42	01:57:59.82	
7258	ROSA SOUSA	F	4398	01:01:07.74	01:55:36.56	01:58:00.66	Açoreana Clube Banif
7259	SEM DADOS		9521	00:58:15.38	01:57:38.25	01:58:17.86	
7260	SEM DADOS		9522	00:58:15.40	01:57:38.09	01:58:17.88	
7261	SOFIA ALMIRO	F	8581	00:57:59.68	01:57:13.06	01:58:18.90	
7262	ANABELA MÁXIMO DA SILVA	F	8825	00:57:21.38	01:56:00.39	01:58:20.10	
7263	ANA BÁRBARA CORVO	F	8472	01:02:33.18	01:53:04.68	01:58:21.51	MADE2WEB DIGITAL AGENCY
7264	BEATRIZ ALEXANDRE DIAS	F	8468	01:02:32.78	01:53:05.12	01:58:21.88	MADE2WEB DIGITAL AGENCY
7265	HERMINIA JESUS DA SILVA FREITAS SANTOS	F	8804	00:57:22.00	01:56:03.35	01:58:22.65	
7266	ANABELA MARQUES	F	1074	01:00:53.59	01:53:29.55	01:58:25.68	
7267	MARIA MAGALHÃES	F	1077	01:00:53.28	01:53:30.05	01:58:26.17	
7268	FÁTIMA PEDROSO	F	1073	01:00:54.38	01:53:37.18	01:58:33.14	
7269	CIDÁLIA MARIA FOLGADO	F	2987	00:59:43.53	01:52:06.05	01:58:40.72	Rolas
7270	JUDITE SANTOS FERNANDES	F	2984	01:06:22.55	01:51:54.49	01:58:41.42	Rolas
7271	PAULA MONTEIRO	F	2120	00:57:00.70	01:56:43.76	01:58:43.91	
7272	OLGA MONTEIRO	F	2119	00:57:00.50	01:56:43.10	01:58:44.16	
7273	PATRICIA MONTEIRO	F	3553	00:58:13.22	01:56:43.41	01:58:44.40	
7274	OLGA SILVA	F	1675	01:02:30.31	01:52:56.95	01:59:17.06	
7275	AURELIA LOPES DINIS	F	5452	01:02:30.92	01:52:54.08	01:59:17.10	INDEG
7276	SEM DADOS		9641	01:06:28.25	01:51:08.91	01:59:36.21	
7277	SEM DADOS		9640	01:06:45.07	01:51:11.18	01:59:38.21	
7278	LIDIA MARQUES	F	9083	01:02:17.54	01:53:44.01	01:59:39.68	Maratona Clube de Portugal
7279	ROSÁRIO ALVES	F	9084	01:02:21.62	01:53:46.05	01:59:40.39	Maratona Clube de Portugal
7280	JOANA ALMEIDA	F	9082	01:02:22.24	01:53:45.66	01:59:40.96	Maratona Clube de Portugal
7281	PAULA FEIJÃO	F	8553	01:00:41.82	01:56:08.40	02:00:02.96	
7282	ZILDA CORREIA	F	8554	01:00:41.56	01:56:07.82	02:00:03.28	
7283	MARIA ALMEIDA	F	8552	01:00:41.56	01:56:11.54	02:00:04.25	
7284	RITA CATARINA CARREIRA SIMÕES	F	8842	01:06:40.11	01:55:42.20	02:01:25.50	Kelly Services
7285	ANA DUARTE	F	6547	01:01:30.94	01:59:21.17	02:01:57.76	
7286	RITA LIMA	F	6578	01:01:30.68	01:59:21.51	02:01:58.80	
7287	VÂNIA COSTA	F	8861	01:03:51.63	01:56:21.32	02:02:04.71	breakfast team
7288	CATARINA MONTEIRO	F	8859	01:03:51.63	02:02:04.77	02:02:04.77	breakfast team
7289	ISABEL ARROBAS	F	8860	01:03:51.67	01:56:21.01	02:02:05.26	breakfast team
7290	DIOGO VON AMANN	M	2533	00:58:49.79	02:00:23.99	02:02:34.39	Fugitivos
7291	SUSANA CORREIA	F	2534	00:58:51.12	02:00:26.04	02:02:36.72	Fugitivos
7292	ANDRÉ FILIPE OLIVEIRA DIAS TEIXEIRA	M	7403	01:02:05.68	01:59:16.59	02:02:51.10	
7293	JÉSSICA ANDREIA O. SERRANO	F	3600	01:02:06.01	01:59:16.60	02:02:51.42	
7294	ANA DIONISIO	F	6112	01:05:41.41	01:56:38.90	02:02:57.28	Equipa Dionísio
7295	JOÃO PINTO	M	6113	01:05:40.97	01:56:37.84	02:02:57.59	Equipa Dionísio
7296	PATRICIA PINTO	F	6114	01:05:58.03	01:56:40.39	02:02:59.22	Equipa Dionísio
7297	HELENA MARQUES	F	6296	01:07:02.40	01:55:29.21	02:03:14.01	
7298	ALICE MARQUES	F	6295	01:07:06.12	01:55:16.53	02:03:14.06	
7299	CARLOS SOUSA	M	6294	01:07:04.16	01:55:22.64	02:03:14.06	
7300	VIRGILIO PALMINHA	M	6292	01:07:06.96	01:55:16.77	02:03:14.21	

Pos.	Nome	Géner	Dorsal	Tempo Km 5	Tempo Chip	Tempo Corrida	Equipa
7301	MANUEL MOSTEIAS	M	6293	01:07:02.56	01:55:29.72	02:03:14.33	
7302	ADRIANA ESTEVÃO	F	6833	01:03:21.18	01:57:56.08	02:03:31.29	
7303	ERMELINDA NASCIMENTO	F	6829	01:03:20.91	01:57:56.70	02:03:31.34	
7304	SÓNIA MONTEIRO	F	2799	01:06:23.77	01:59:11.02	02:03:31.63	
7305	JORGE CARVALHO	M	4835	01:06:24.39	01:59:10.53	02:03:31.70	Valejas Atlético Clube
7306	FERNANDA GONÇALVES	F	6828	01:03:21.33	01:57:56.87	02:03:32.34	
7307	FILOMENA GALHARDO	F	4160	01:05:22.63	01:58:43.36	02:03:34.21	BIVAC IBERICA
7308	CLAUDIA SILVA	F	4159	01:05:23.34	01:58:43.05	02:03:34.35	BIVAC IBERICA
7309	TERESA BORGES	F	4157	01:06:19.19	01:58:45.07	02:03:36.14	BIVAC IBERICA
7310	DAVID HICK	M	2234	01:01:49.43	01:57:19.24	02:03:40.55	
7311	PEDRO MONTEIRO	M	2798	01:03:20.10	01:59:31.76	02:03:46.34	
7312	SERGIO BORGES	M	8520	01:03:19.58	01:59:32.16	02:03:46.78	MARRIOTT LISBOA
7313	CELIA REGINA	F	7399	01:07:27.05	01:59:18.65	02:04:30.06	
7314	ARNALDO CORREIA	M	4428	01:03:23.21	02:00:47.05	02:04:31.80	
7315	LEANDRO PINTO	M	7397	01:07:27.96	01:59:22.63	02:04:33.83	
7316	MARIA LEONOR NOGUEIRA	F	8660	01:04:19.88	02:01:54.37	02:05:52.63	Sportlife
7317	MÓNICA ISABEL VIEIRA REBELO	F	2117	01:06:42.10	02:03:33.45	02:05:54.04	
7318	ANA FATIMA PESSOA	F	8659	01:04:21.56	02:01:56.71	02:05:54.06	Sportlife
7319	ANDREIA CUNHA	F	8664	01:04:21.13	02:01:56.15	02:05:54.59	Sportlife
7320	MARIANA NOGUEIRA	F	8665	01:04:21.58	02:01:57.12	02:05:55.18	Sportlife
7321	ANA SANTOS	F	8663	01:04:21.18	02:01:56.98	02:05:55.33	Sportlife
7322	MARIA JOÃO LUCAS	F	8428	01:06:27.80	01:59:03.29	02:06:12.47	Pé chato
7323	FILIPA RODRIGUES	F	8425	01:06:28.25	01:59:02.13	02:06:12.83	Pé chato
7324	VASCO AMADOR	M	8427	01:08:02.29	01:59:04.11	02:06:14.03	Pé chato
7325	JORGE ISABELINHO	M	8426		01:59:03.92	02:06:14.58	Pé chato
7326	JOSÉ MANUEL RODRIGUES	M	8429	01:06:27.25	01:59:06.50	02:06:15.35	Pé chato