

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	1º Sector	2º Sector	3º Sector	4º Sector	Tempo	Ritmo	Esc.
1.	249	Gonçalo Carita	AC Portalegre / UTSM	M	M Sen	02:10:36	02:34:01	02:32:21	02:55:48	10:12:46	06:01	1
2.	141	Rufino Paiva	Outdoor Clube de Setúbal - Strendure Running Team	M	M 45	02:04:49	02:29:45	02:47:50	03:08:28	10:30:52	06:11	1
3.	100	Luiz Mota	Casa do Benfica em Abrantes	M	M 45	02:04:45	02:38:10	02:54:53	02:58:32	10:36:20	06:14	2
4.	276	Ricardo Parada	AMCF - Arrábida Trail Team	M	M Sen	02:14:28	02:46:19	02:45:07	03:01:31	10:47:25	06:21	2
5.	328	Vitor Cordeiro	EDV Viana Trail	M	M 55	02:04:51	02:57:27	03:18:40	03:15:13	11:36:11	06:50	1
6.	248	Luis Narciso	O MUNDO DA CORRIDA	M	M Sen	02:20:26	03:05:06	03:14:22	03:03:09	11:43:03	06:53	3
7.	226	Pedro Cardoso	Runners da Frente Ribeirinha da Póvoa de Santa Iria	M	M Sen	02:15:56	03:49:15	02:50:43	02:55:03	11:50:57	06:58	4
8.	337	Gil Vicente	Caracol Trail Team	M	M 45	02:37:25	03:06:07	02:58:39	03:08:48	11:50:59	06:58	3
9.	280	Luis Martins	AMCF - Arrábida Trail Team	M	M 45	02:16:11	03:20:46	02:59:36	03:22:00	11:58:33	07:02	4
10.	326	Pedro Marques	COA / CORVUS TRAIL TEAM	M	M Sen	02:22:13	03:05:08	03:09:18	03:23:43	12:00:22	07:04	5
11.	236	Elvino Galego	Trepa Montes	M	M Sen	02:16:16	03:06:20	03:12:28	03:30:05	12:05:09	07:07	6
12.	320	Cristóvão Chaves	Runners do Demo	M	M 40	02:45:05	03:17:43	02:52:06	03:11:59	12:06:53	07:08	1
13.	278	Vitor Pinto	AMCF - Arrábida Trail Team	M	M Sen	02:34:51	03:15:48	03:05:08	03:13:06	12:08:53	07:09	7
14.	196	Lino Luz	Algarunners	M	M 40	02:22:41	03:03:36	03:26:11	03:23:20	12:15:48	07:13	2
15.	143	Filipe Pires	Barbaris Team	M	M Sen	02:34:25	03:13:11	02:58:35	03:30:50	12:17:01	07:14	8
16.	279	Bének Morais	AMCF - Arrábida Trail Team	M	M 40	02:35:08	03:02:23	03:13:18	03:27:53	12:18:42	07:14	3
17.	360	José Monteiro	Clube de Futebol Guadiana	M	M Sen	02:42:31	03:05:33	03:03:58	03:30:16	12:22:18	07:17	9
18.	181	Vitor Coelho	Team Sindeq	M	M 45	02:24:41	03:10:41	03:15:29	03:34:30	12:25:21	07:19	5
19.	142	José Fonseca	União FCI de Tomar	M	M 50	02:31:12	03:13:14	03:11:49	03:29:57	12:26:12	07:19	1
20.	171	José Brandão	AC Portalegre / UTSM	M	M 45	02:23:00	03:17:23	03:12:28	03:34:05	12:26:56	07:19	6
21.	206	Nuno Santiago		M	M 40	02:32:49	03:13:31	03:06:02	03:35:37	12:27:59	07:20	4
22.	108	Belarmino Catroga	Casa do Benfica em Abrantes	M	M 40	02:35:08	03:06:51	03:04:40	03:43:42	12:30:21	07:22	5
23.	251	Manuel Martins	EIC-BRR	M	M Sen	02:34:01	03:07:57	03:09:48	03:42:03	12:33:49	07:23	10
24.	298	Vera Bernardo	ARCD Venda da Luisa	F	F Sen	02:37:04	03:14:36	03:09:38	03:32:39	12:33:57	07:23	1
25.	271	Vitor Monteiro	SCD Glória do Ribatejo	M	M Sen	02:47:29	03:12:20	03:18:16	03:22:08	12:40:13	07:27	11
26.	215	Paulo Ferreira	Porto de Mós a Correr	M	M Sen	02:14:00	03:50:20	03:23:35	03:35:40	13:03:35	07:41	12
27.	231	Paulo Roque	Casa do Benfica em Abrantes	M	M 45	02:24:31	03:26:58	03:36:28	03:35:39	13:03:36	07:41	7
28.	200	Jorge Tiago	Coimbra Trail Running	M	M 45	02:42:23	03:09:29	03:26:37	03:46:28	13:04:57	07:42	8
29.	127	Rui Martins	Associação Vale Grande	M	M Sen	02:54:03	03:26:26	03:18:28	03:33:22	13:12:19	07:46	13
30.	237	Antonio Soares	OPraticante.pt	M	M 50	02:36:45	03:18:48	03:27:37	03:52:06	13:15:16	07:48	2
31.	266	Nuno Nunes	Clube de Atletismo de Ferreira do Zêzere	M	M Sen	02:46:34	03:17:04	03:24:19	03:51:11	13:19:08	07:50	14
32.	291	Rui Silva	Salamandrecos	M	M 45	02:36:02	03:28:38	03:35:03	03:45:41	13:25:24	07:54	9
33.	314	Ricardo Mendonça	Morcegos Trail	M	M 40	02:34:59	03:06:32	03:24:50	04:21:25	13:27:46	07:55	6
34.	138	Avelino Alves	Santa Ana Geriatria	M	M 55	02:36:18	03:45:43	03:17:47	03:48:15	13:28:03	07:55	2
35.	161	Henrique Barbosa		M	M 40	02:39:42	03:22:19	03:45:01	03:42:44	13:29:46	07:56	7
36.	186	Pedro Fernandes	Monsanto Running Team	M	M 40	02:32:07	03:54:30	02:58:14	04:07:10	13:32:01	07:58	8
37.	342	Luis Lobato	COA / CORVUS TRAIL TEAM	M	M 45	02:41:30	03:26:41	03:26:33	03:58:59	13:33:43	07:59	10
38.	347	Isabel Moleiro	SS CGD	F	F 50	02:54:03	03:22:20	03:26:15	03:55:06	13:37:44	08:01	1
39.	182	Nuno Oliveira	Team Sindeq	M	M 40	02:24:03	03:23:22	03:20:55	04:30:53	13:39:13	08:02	9
40.	263	Rui Carvalho	Bruxos Runners	M	M 40	02:39:44	04:05:04	03:20:55	03:39:28	13:45:11	08:05	10
41.	134	Helder Cardoso	ATR - Algarve Trail Running	M	M 40	02:40:15	03:30:27	03:30:26	04:10:08	13:51:16	08:09	11
42.	256	Daniel Boriceanu	ATR - Algarve Trail Running	M	M 40	02:49:35	03:38:51	03:20:57	04:02:06	13:51:29	08:09	12
43.	340	Joaquim Madureira	Clube Zupper	M	M 40	02:39:37	03:21:47	03:46:05	04:05:07	13:52:36	08:10	13
44.	346	David Faustino	SS CGD	M	M 50	02:57:33	03:36:58	03:35:46	03:43:40	13:53:57	08:11	3
45.	152	João Espiguinha	Borba Trail / Help 4U	M	M 40	02:48:15	03:23:58	03:30:55	04:13:37	13:56:45	08:12	14
46.	308	Luis Carvalho	Talentos Team	M	M 50	02:36:01	03:28:18	03:42:37	04:13:05	14:00:01	08:14	4
47.	125	Nuno Abílio	AMCF - Arrábida Trail Team	M	M Sen	02:53:47	03:16:48	03:36:22	04:24:01	14:10:58	08:20	15

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	1º Sector	2º Sector	3º Sector	4º Sector	Tempo	Ritmo	Esc.
48.	262	João Frade	GDAK	M	M 40	02:42:01	03:26:59	04:02:40	04:03:50	14:15:30	08:23	15
49.	107	Lúcio Sustelo	ATR - Algarve Trail Running	M	M Sen	02:37:45	03:41:05	03:48:20	04:08:22	14:15:32	08:23	16
50.	211	Luís Froes	Boavista Trail	M	M Sen	02:53:37	03:44:39	03:44:43	03:54:43	14:17:42	08:25	17
51.	175	Emanuel Janeiro	Gurus-SUP	M	M 40	02:56:53	03:37:53	03:27:29	04:16:26	14:18:41	08:25	16
52.	129	Vitor Camões	Quenianos do Ribatejo	M	M Sen	03:01:05	03:40:51	03:35:18	04:06:27	14:23:41	08:28	18
53.	338	Diogo Silva	Quenianos do Ribatejo	M	M Sen	03:01:33	03:40:22	03:35:18	04:06:29	14:23:42	08:28	19
54.	269	Francisco Pinheiro	CTAD-Consumo Zero	M	M 45	02:45:27	03:53:02	03:25:16	04:25:32	14:29:17	08:31	11
55.	228	Jose Martins		M	M 40	02:51:28	03:36:58	03:43:46	04:20:35	14:32:47	08:34	17
56.	210	Paulo Pacheco	TPP Mountain Runners	M	M Sen	02:51:38	03:45:59	03:58:46	03:58:17	14:34:40	08:35	20
57.	354	Márcio Neves	Peniche Amigos Clube - Triatlo	M	M Sen	02:32:50	03:25:51	04:05:51	04:30:45	14:35:17	08:35	21
58.	355	Valdo Neves	União FCI de Tomar	M	M 40	02:33:15	03:44:37	03:46:39	04:30:47	14:35:18	08:35	18
59.	339	Cláudia Guerreiro	ATR - Algarve Trail Running	F	F 40	02:53:10	03:43:35	03:51:20	04:07:24	14:35:29	08:35	1
60.	293	Ricardo Roncon	ATR - Algarve Trail Running	M	M 40	03:00:32	03:39:12	03:48:24	04:07:44	14:35:52	08:35	19
61.	325	Carlos Esteves		M	M Sen	02:43:06	03:39:03	03:45:52	04:28:28	14:36:29	08:35	22
62.	154	Carla Henriques	Associação Vale Grande	F	F 40	03:14:41	03:49:12	03:41:05	03:52:18	14:37:16	08:36	2
63.	163	Tiago Correia	Sharish Gin/GD Piranhas do Alqueva	M	M 45	02:50:41	03:38:32	03:55:59	04:16:24	14:41:36	08:38	12
64.	164	Ricardo Ferreira		M	M Sen	03:05:18	03:47:53	03:52:23	04:00:36	14:46:10	08:41	23
65.	306	Clara Fonseca	Grupo Deportivo Velense	F	F 40	02:59:29	03:38:54	04:01:53	04:06:44	14:47:00	08:42	3
66.	148	Marco Pinto	Outdoor Clube de Setúbal - Strendure Running Team	M	M Sen	02:47:30	03:36:19	04:00:40	04:23:06	14:47:35	08:42	24
67.	103	Vitor Pereira	ÁGUEDA ACTION CLUB - ACTIB	M	M Sen	03:10:01	03:34:20	03:55:49	04:14:06	14:54:16	08:46	25
68.	195	Bruno Macedo	Os Caga Tacos Running Team	M	M 40	02:49:27	03:46:51	04:03:39	04:14:31	14:54:28	08:46	20
69.	159	Diogo Caniço	A20Km Trail Running Team	M	M Sen	02:46:21	03:40:31	03:45:06	04:49:06	15:01:04	08:50	26
70.	137	Rui Machado	Boavista Trail	M	M 40	02:45:05	03:46:57	03:44:05	04:44:59	15:01:06	08:50	21
71.	106	José Moreira	Viriathvs Runners de Viseu	M	M 50	02:56:01	04:00:35	04:00:28	04:08:19	15:05:23	08:53	5
72.	225	Bruno Vilaça	Atalanta runners	M	M Sen	03:07:33	03:54:44	03:47:41	04:18:12	15:08:10	08:54	27
73.	244	Gonçalo Raposo	Morcegos Trail	M	M Sen	02:42:41	03:52:39	03:35:53	04:59:38	15:10:51	08:56	28
74.	158	Nuno Lopes	Trilhos dos Templários / Xporfit	M	M 40	02:44:55	03:52:33	03:51:21	04:45:59	15:14:48	08:58	22
75.	362	Sofia Coelho	Boavista Trail	F	F 45	03:09:19	04:04:43	03:40:30	04:22:04	15:16:36	08:59	1
76.	192	Rui Pereira	Patos Bravos	M	M 55	02:58:54	03:50:51	03:55:31	04:31:24	15:16:40	08:59	3
77.	318	José Simões	O MUNDO DA CORRIDA	M	M 55	03:10:55	03:47:30	03:41:33	04:38:52	15:18:50	09:01	4
78.	246	João Mendes	ATR - Algarve Trail Running	M	M 40	02:53:13	04:05:04	03:46:13	04:35:10	15:19:40	09:01	23
79.	180	Luis Rasteiro	Tálenos Team	M	M 40	03:03:17	03:43:22	03:47:07	04:47:25	15:21:11	09:02	24
80.	356	Miguel Silva	Minho Aventura	M	M 45	03:00:15	03:49:09	03:52:04	04:44:34	15:26:02	09:05	13
81.	300	Daniel Silva	Minho Aventura	M	M 45	03:00:32	03:49:20	03:51:39	04:44:31	15:26:02	09:05	14
82.	265	Luis Rodrigues		M	M 40	03:03:16	03:54:05	03:48:07	04:41:03	15:26:31	09:05	25
83.	361	Adelino Carvalho	Monsanto Running Team	M	M 45	02:45:25	03:37:35	04:00:01	05:15:27	15:38:28	09:12	15
84.	160	Raquel Vasconcelos	No Tomorrow Running Team	F	F 40	03:00:00	03:59:10	04:16:30	04:35:34	15:51:14	09:20	4
85.	166	Paulo Gomes	No Tomorrow Running Team	M	M 45	03:00:52	03:58:29	04:16:43	04:35:11	15:51:15	09:20	16
86.	209	Vitor Ribeiro	Alter Runners	M	M Sen	02:57:11	04:05:30	03:50:24	05:00:49	15:53:54	09:21	29
87.	198	Nuno Cabeça		M	M 50	03:04:34	03:56:32	04:02:27	04:50:46	15:54:19	09:22	6
88.	105	Nuno Figueiredo	COA / CORVUS TRAIL TEAM	M	M 40	03:05:47	03:56:05	04:20:41	04:32:56	15:55:29	09:22	26
89.	101	Claudio Silva	COA / CORVUS TRAIL TEAM	M	M 40	03:02:07	04:06:19	04:13:50	04:33:14	15:55:30	09:22	27
90.	303	Miguel Cruz	Clube Millenniumbcp	M	M 50	03:13:24	04:10:47	03:52:25	04:41:02	15:57:38	09:23	7
91.	302	Pedro Correia	Clube Millenniumbcp	M	M 40	03:13:47	03:51:31	04:11:18	04:41:03	15:57:39	09:23	28
92.	235	Joao Oliveira		M	M Sen	03:22:18	03:57:13	03:59:23	04:39:12	15:58:06	09:23	30
93.	168	Humberto Canilhas	Alpalhão	M	M 40	03:03:12	03:49:39	04:06:38	04:59:55	15:59:24	09:25	29
94.	202	Rafael Monteiro		M	M 40	03:03:28	03:56:58	03:59:05	04:59:57	15:59:28	09:25	30

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	1º Sector	2º Sector	3º Sector	4º Sector	Tempo	Ritmo	Esc.
95.	332	Roberto Caneira	SCD Glória do Ribatejo	M	M 45	03:13:07	04:02:37	03:58:16	04:48:02	16:02:02	09:26	17
96.	335	Alexandre Fonseca	SCD Glória do Ribatejo	M	M Sen	03:11:42	03:54:22	04:09:35	04:46:23	16:02:02	09:26	31
97.	309	Flor Madureira		F	F 50	03:12:35	04:07:22	04:06:16	04:36:49	16:03:02	09:26	2
98.	151	Hermenegildo Mendes	Boavista Trail	M	M Sen	02:47:50	04:18:23	04:35:40	04:23:27	16:05:20	09:28	32
99.	330	Fernando Oliveira	Hora do Lobo Trail-CF Perosinho-Atletismo	M	M 60	02:39:09	04:10:49	04:05:15	05:10:35	16:05:48	09:28	1
100.	270	Rui Gomes	Hora do Lobo Trail	M	M Sen	02:55:33	03:46:33	04:31:56	04:51:51	16:05:53	09:28	33
101.	177	José Mendes	Boavista Trail	M	M 55	02:56:25	04:31:58	04:10:50	04:26:41	16:05:54	09:28	5
102.	197	Paulo Cosma		M	M 40	03:04:08	03:58:16	04:20:48	04:47:02	16:10:14	09:31	31
103.	312	Fernando Mendes	Paulo Loureiro Seguros	M	M 45	03:09:32	04:04:35	04:02:41	04:55:27	16:12:15	09:32	18
104.	322	Rui Venâncio		M	M Sen	02:53:00	04:39:55	03:57:43	04:43:25	16:14:03	09:33	34
105.	287	José Marçal	CLAC Entroncamento/OndaTrilhos	M	M 55	03:12:29	04:15:51	04:24:24	04:28:52	16:21:36	09:37	6
106.	317	Luis Carvalho		M	M Sen	03:19:26	04:00:39	04:24:21	04:38:26	16:22:52	09:38	35
107.	170	Weslen Gomes	Associação 20kms de Almeirim - Trail Running	M	M Sen	03:06:32	04:08:45	04:15:52	04:55:01	16:26:10	09:40	36
108.	140	Antonino Gonçalves	Desnivel Positivo	M	M 50	02:50:58	03:54:38	04:23:48	05:17:07	16:26:31	09:40	8
109.	139	Filipe Alves	Desnivel Positivo	M	M 40	02:50:55	03:56:51	04:22:00	05:16:45	16:26:31	09:40	32
110.	213	António Almeida	Dive Into the Mountains	M	M Sen	02:42:32	04:06:16	04:12:29	05:30:02	16:31:19	09:43	37
111.	207	Ricardo Godinho	Monsanto Running Team	M	M 40	03:03:25	03:58:26	04:48:55	04:40:51	16:31:37	09:43	33
112.	204	Silvia Duarte		F	F 45	03:25:34	04:02:32	04:14:52	04:49:11	16:32:09	09:44	2
113.	305	Francisco Nogueira	Clube Millenniumbcp	M	M 50	03:06:18	04:17:57	04:18:41	04:49:17	16:32:13	09:44	9
114.	283	Paulo Costa	CLAC Entroncamento/OndaTrilhos	M	M 40	03:22:43	04:21:27	04:40:51	04:09:19	16:34:20	09:45	34
115.	188	João Pinho	Coimbra Trail Running	M	M 45	03:13:13	04:19:55	04:10:04	04:53:05	16:36:17	09:46	19
116.	315	Paulo Sousa	Outdoor Clube de Setúbal - Strendure Running Team	M	M 40	03:31:28	04:57:25	03:45:47	04:22:14	16:36:54	09:46	35
117.	121	Sara Nogueira	GRCD Leão - Cobras Trailistas	F	F 40	03:18:05	04:21:24	04:08:26	04:49:18	16:37:13	09:47	5
118.	295	Diogo Viana		M	M Sen	03:00:33	04:04:41	04:34:50	04:58:31	16:38:35	09:47	38
119.	296	Nuno José	ADRM	M	M Sen	03:00:05	04:30:58	04:09:03	04:58:32	16:38:38	09:47	39
120.	334	Augusto Oliveira	Amigos do Pedal	M	M 45	02:59:14	04:03:44	04:14:05	05:23:26	16:40:29	09:49	20
121.	123	Casimiro Silva	GRCD Leão - Cobras Trailistas	M	M 45	03:19:57	04:07:54	04:28:34	04:48:13	16:44:38	09:51	21
122.	212	Ricardo Pereira	GRVilaverdense	M	M Sen	02:47:30	03:13:33	04:00:49	06:44:33	16:46:25	09:52	40
123.	301	Marco Neves	CLAC Entroncamento/OndaTrilhos	M	M Sen	03:16:45	03:55:19	04:13:21	05:21:25	16:46:50	09:52	41
124.	119	Renato Ferreira	Viseu Running Team	M	M 40	02:49:35	04:18:36	04:12:00	05:27:40	16:47:51	09:53	36
125.	120	Ana Nascimento	Viseu Running Team	F	F 45	02:49:49	04:19:37	04:10:48	05:27:38	16:47:52	09:53	3
126.	252	Filipe Leite	Os Finos	M	M Sen	03:21:44	03:47:30	04:30:40	05:08:02	16:47:56	09:53	42
127.	185	Hugo Marinho	Banco CTT	M	M 40	03:28:45	04:41:17	03:57:38	04:40:20	16:48:00	09:53	37
128.	176	David Clemente	Associação 20kms de Almeirim - Trail Running	M	M Sen	03:08:36	04:13:15	04:31:21	04:55:43	16:48:55	09:53	43
129.	247	Fernando Carneiro	Clube Zupper	M	M 45	03:24:49	04:10:33	04:31:39	04:42:37	16:49:38	09:54	22
130.	307	João Rodrigues		M	M 50	03:14:30	04:00:26	04:13:17	05:22:24	16:50:37	09:55	10
131.	285	Nelson Pereira	CLAC Entroncamento/OndaTrilhos	M	M 45	03:02:11	03:47:48	04:41:13	05:21:49	16:53:01	09:56	23
132.	257	Sérgio Amado		M	M Sen	03:42:15	04:09:21	04:24:57	04:41:20	16:57:53	09:59	44
133.	126	Nuno Barata	COA / CORVUS TRAIL TEAM	M	M 45	03:02:06	04:05:49	04:32:10	05:25:18	17:05:23	10:03	24
134.	187	Diogo Leite		M	M 50	03:25:23	04:12:34	04:33:35	04:56:15	17:07:47	10:05	11
135.	201	João Perneco	CLUBE COLABORADORES AGEAS	M	M 40	03:26:41	04:10:52	04:33:58	04:56:21	17:07:52	10:05	38
136.	128	Liliana Rodrigues	A Descoberta - Ass Trab.Autárq.Conc.Vila do Bispo	F	F Sen	03:13:59	04:14:25	04:30:42	05:18:13	17:17:19	10:10	2
137.	313	Jorge Nunes		M	M 45	03:17:15	04:10:38	04:42:32	05:09:30	17:19:55	10:12	25
138.	373	Rui Martins	Núcleo de Montanha de Espinho	M	M Sen	02:52:42	04:03:40	04:59:15	05:26:42	17:22:19	10:13	45
139.	290	José Silva	Núcleo de Montanha de Espinho	M	M 40	02:54:52	04:01:28	04:59:04	05:27:02	17:22:26	10:13	39
140.	216	Filipe Escobar	EQUIPA A CANIDELO	M	M 40	03:15:28	04:25:01	04:51:50	04:50:22	17:22:41	10:13	40
141.	359	Eduardo Benigno		M	M 45	03:26:49	04:13:43	04:51:18	04:50:59	17:22:49	10:13	26

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	1º Sector	2º Sector	3º Sector	4º Sector	Tempo	Ritmo	Esc.
142.	358	Diogo Magriço	Marinhais AC	M	M Sen	03:11:31	04:10:06	04:30:08	05:31:35	17:23:20	10:14	46
143.	172	José Cunha	Nocturnos de Paredes	M	M Sen	03:00:19	03:51:58	04:15:20	06:15:48	17:23:25	10:14	47
144.	116	Jacqui Saffery		F	F 55	04:09:59	04:19:57	04:05:35	04:48:26	17:23:57	10:14	1
145.	333	Esmeralda Fiúza	FKC - Figueira Kayak Clube	F	F 55	03:25:03	04:19:29	04:35:18	05:05:41	17:25:31	10:15	2
146.	267	João Silva	SS CGD	M	M 50	03:12:08	04:28:47	04:39:31	05:05:06	17:25:32	10:15	12
147.	150	Elena Domínguez		F	F 40	03:24:52	04:17:32	04:36:54	05:06:16	17:25:34	10:15	6
148.	145	Edgar Gaspar	Casa do Benfica em Abrantes	M	M Sen	02:59:44	04:01:06	04:40:33	05:50:51	17:32:14	10:19	48
149.	157	Rui Perdigão	C.A.S.P.A. - Clube Amador Só Para Atletismo	M	M 50	03:05:10	04:26:58	04:33:14	05:28:27	17:33:49	10:20	13
150.	220	Miguel Marques	Gangue das 6h10	M	M 40	03:07:56	04:09:52	04:56:53	05:20:59	17:35:40	10:21	41
151.	324	Sofia Garcez		F	F 45	03:25:27	04:18:33	04:54:09	05:11:05	17:49:14	10:29	4
152.	167	Fernando Banca	Wikaboo	M	M 40	03:48:28	04:32:13	04:07:29	05:25:58	17:54:08	10:32	42
153.	179	Edgar Santos	Mercenários da Penha	M	M 40	03:32:53	04:16:49	04:38:26	05:26:31	17:54:39	10:32	43
154.	174	Maria Barreto	Gurus-SUP	F	F Sen	03:26:03	04:03:13	04:36:29	05:50:24	17:56:09	10:33	3
155.	268	Manuel Victorino	CCD ALVITEJO	M	M 60	03:12:41	04:14:50	04:39:38	05:51:43	17:58:52	10:35	2
156.	162	Francisco Reis	PRAIATRIL	M	M 45	03:15:05	04:38:49	04:45:11	05:20:42	17:59:47	10:35	27
157.	165	Jorge Barbosa	Paredes Aventura	M	M 40	03:18:39	04:24:10	04:56:13	05:21:15	18:00:17	10:35	44
158.	331	César Ramalho	ARCD Venda da Luisa	M	M Sen	03:10:16	04:13:59	04:52:22	05:44:40	18:01:17	10:36	49
159.	343	José Neto	Associação Lebres do Sado	M	M Sen	03:06:30	04:00:27	04:15:38	06:48:12	18:10:47	10:41	50
160.	238	Pedro Barros	HAPPYRUN	M	M 40	03:32:41	04:39:38	04:42:36	05:18:58	18:13:53	10:43	45
161.	240	Luis Almeida	LION RUNNERS - G. D. LEÕES DA GUARDA	M	M 55	03:32:40	04:40:06	04:42:21	05:18:48	18:13:55	10:43	7
162.	255	Jorge Cruz		M	M 45	03:27:06	04:45:37	04:42:21	05:18:55	18:13:59	10:44	28
163.	363	João Neto	Zimbrafoxrunners	M	M 40	03:07:41	04:12:39	04:02:00	06:53:01	18:15:21	10:44	46
164.	241	Nuno Carrasco	Cork Trail Team	M	M 40	03:17:30	05:00:37	04:19:58	05:37:42	18:15:47	10:44	47
165.	348	Tiago Marinho	#Musg@41	M	M Sen	03:22:56	04:35:45	04:35:00	05:42:10	18:15:51	10:44	51
166.	286	José Duarte	CLAC Entroncamento/OndaTrilhos	M	M 40	03:24:30	04:31:15	04:37:46	05:42:20	18:15:51	10:44	48
167.	329	Nuno Mendes	Xporfit	M	M Sen	03:22:02	04:13:22	04:58:10	05:42:18	18:15:52	10:44	52
168.	345	António Gonçalves	O MUNDO DA CORRIDA	M	M 55	03:21:01	04:24:04	04:27:59	06:09:03	18:22:07	10:49	8
169.	344	Fátima Gonçalves	O MUNDO DA CORRIDA	F	F 50	03:21:00	04:30:13	04:21:40	06:09:14	18:22:07	10:49	3
170.	208	Victor Almeida Domínguez	Aromon	M	M 40	04:12:55	04:17:50	04:36:09	05:17:06	18:24:00	10:49	49
171.	350	Antonio Gonzalez Fernandez	Club de montaña xistra	M	M 60	03:44:08	04:44:46	04:37:57	05:17:19	18:24:10	10:50	3
172.	282	Pedro Carmo	CLAC Entroncamento/OndaTrilhos	M	M 40	03:21:33	04:29:49	04:46:21	05:49:38	18:27:21	10:52	50
173.	284	João Lopes	CLAC Entroncamento/OndaTrilhos	M	M 45	03:25:48	04:10:29	05:01:51	05:49:14	18:27:22	10:52	29
174.	239	Paulo Silva	Outdoor Clube de Setúbal - Strendure Running Team	M	M Sen	03:31:36	04:56:42	04:32:52	05:27:24	18:28:34	10:52	53
175.	203	Ivo Roque	ATR - Algarve Trail Running	M	M 40	03:22:11	04:29:11	04:43:56	05:58:38	18:33:56	10:55	51
176.	122	Jorge Coelho	Sporting Clube de Espinho/António Leitão	M	M 45	03:35:55	04:39:36	04:39:35	05:39:36	18:34:42	10:56	30
177.	254	Pedro Santos		M	M 40	03:33:06	04:21:22	05:04:12	05:39:29	18:38:09	10:58	52
178.	144	Duarte Caldeira		M	M 40	03:26:44	04:47:33	04:49:01	05:41:34	18:44:52	11:02	53
179.	275	Sérgio Jesus	COA / CORVUS TRAIL TEAM	M	M 45	03:14:31	04:37:58	05:25:05	05:36:10	18:53:44	11:07	31
180.	146	Luis Oliveira		M	M 40	03:30:55	04:46:48	05:10:35	05:27:23	18:55:41	11:08	54
181.	136	Gonçalo Aroso	ArosoSport	M	M 40	03:37:10	04:41:38	05:09:22	05:27:53	18:56:03	11:08	55
182.	112	Carlos Almeida	Quenianos do Ribatejo	M	M Sen	04:00:10	04:16:37	04:38:17	06:04:05	18:59:09	11:10	54
183.	316	Antonio Hortega		M	M 55	03:31:05	04:17:02	05:27:05	05:56:20	19:11:32	11:17	9
184.	297	Paulo Fernandes	Dream team	M	M Sen	03:46:08	04:45:50	04:43:06	05:56:32	19:11:36	11:17	55
185.	135	Rui Lima	Trilhos de Costume	M	M 45	03:16:06	04:46:35	05:12:20	05:56:37	19:11:38	11:17	32
186.	261	Pedro Domingues	Villa Running	M	M 40	03:24:17	04:56:05	05:06:04	05:51:12	19:17:38	11:21	56
187.	357	Stephane Puchala		M	M 50	03:25:21	04:17:20	05:04:12	06:34:45	19:21:38	11:23	14
188.	232	Victor Ferreira	Aromon	M	M 60	04:12:29	04:55:07	05:06:27	05:31:44	19:45:47	11:38	4

Lugar	Dorsal	Nome	Equipa	Sexo	Escalão	1º Sector	2º Sector	3º Sector	4º Sector	Tempo	Ritmo	Esc.
189.	149	Raquel Oliveira	Grupo Desportivo da Parreira	F	F Sen	03:33:26	04:56:32	04:55:04	06:21:35	19:46:37	11:38	4
190.	178	Luís Oliveira	Grupo Desportivo da Parreira	M	M 40	03:39:23	04:52:33	04:53:06	06:21:37	19:46:39	11:38	57
191.	289	Rui Monteiro	ARCD Venda da Luisa	M	M Sen	03:13:58	04:10:45	05:29:44	07:18:18	20:12:45	11:53	56
192.	353	Fellipe Conceição		M	M Sen	03:36:11	04:43:38	05:16:39	07:07:04	20:43:32	12:11	57
193.	117	Filipe Paulino	Associação Vale Grande	M	M Sen	03:47:41	05:09:53	05:16:14	06:31:40	20:45:28	12:13	58
194.	323	Helena Marques	VESPINGA SAUDÁVEL/FET	F	F 40	03:53:38	05:46:17	05:29:31	05:46:26	20:55:52	12:19	7
195.	115	Clive Saffery		M	M 60	04:10:15	05:07:06	05:29:05	06:16:33	21:02:59	12:23	5
196.	288	Ricardo Murteira		M	M Sen	03:52:45	05:09:04	05:39:34	06:30:23	21:11:46	12:28	59
197.	327	Cândida Vilas-Boas	Clube Zupper	F	F 45	04:00:34	05:19:33	05:58:19	06:25:54	21:44:20	12:47	5
198.	274	Vasco Catroga	COA / CORVUS TRAIL TEAM	M	M 45	04:00:14	05:11:39	06:06:25	06:26:04	21:44:22	12:47	33
199.	341	António Costa	COA / CORVUS TRAIL TEAM	M	M 55	04:00:26	05:12:27	06:05:45	06:25:48	21:44:26	12:47	10
200.	227	Paulo Simão	COA / CORVUS TRAIL TEAM	M	M 55	04:00:44	05:12:25	06:05:32	06:25:47	21:44:28	12:47	11
201.	272	Carlos Brito	VITÓRIA FC Trail Running	M	M 45	03:26:41	05:25:29	06:06:59	06:46:22	21:45:31	12:48	34
202.	219	Severino Rosa	SS CGD	M	M 60	03:47:51	05:22:21	05:45:36	06:51:12	21:47:00	12:49	6
203.	233	Paulo Bailão	SS CGD	M	M 45	03:47:55	05:22:38	05:45:17	06:51:10	21:47:00	12:49	35
204.	299	Ricardo Silva	Go!Runners / Outpro Store	M	M 40	03:40:22	05:26:19	06:24:54	06:24:54	21:56:29	12:55	58
205.	109	Rafael Sousa	Go!Runners / Outpro Store	M	M Sub23	03:49:59	05:44:05	06:03:54	06:18:32	21:56:30	12:55	1
206.	352	Carlos Costa	Viriatos Trail Team	M	M Sen	03:39:39	05:08:04	06:12:39	07:37:38	22:38:00	13:19	60
207.	113	Isadora Costa	4 ao km	F	F Sen	03:56:45	05:08:48	05:53:21	07:53:09	22:52:03	13:27	5
208.	114	Vitor Gonçalves	4 ao km	M	M 50	03:57:30	05:02:37	05:58:49	07:53:07	22:52:03	13:27	15
-	319	Augusto Piedade	Barbaris Team	M	M 45	02:24:44	03:08:02	03:28:43				
-	245	Elvino Gonçalves	OcsProaventuras	M	M Sen							
-	147	Paulo Alves	ARCD Venda da Luisa	M	M 40	03:42:30	04:54:44	05:53:27				
-	259	Leonardo Loureiro	Caracóis de Pedra	M	M 40	02:22:30	02:50:27					
-	281	Adriano Pimentel	Caracóis de Pedra	M	M Sen	03:42:23	04:11:26					
-	102	André Vaz	KMC	M	M 45	03:53:30	06:06:33					
-	223	Francisco Gaio	Caracol Trail Team	M	M 55	02:46:50						
-	253	Alexandre Andrade	BOTA LAMBRA	M	M 40	02:59:29						
-	194	Pedro Coelho	Moreira Relax Runners	M	M 50	03:12:48						
-	191	Carlos Ribeiro	Dive Into the Mountains	M	M Sen	02:47:40				Desclassificados		
-	155	Porfírio Pereira	SC Espinho-Atletismo/Antonio Leitão	M	M 45	03:39:53				Desclassificados		
-	368	Pedro Moreira	No Tomorrow Running Team	M	M 45	03:08:54	05:05:56			Desclassificados		
-	351	Guadalupe Outeiral Resúa	Club Cornelios Montaña	F	F 45	04:12:55				Desclassificados		
-	349	Davide Marques	AMCF - Arrábida Trail Team	M	M Sen	02:03:48	03:01:33			Desclassificados		
-	264	José Narciso	Boavista Trail	M	M 45	02:22:54	03:10:30			Desclassificados		
-	199	Joao Santos	Monsanto Running Team	M	M Sen	03:03:07	04:05:52			Desclassificados		
-	104	Alberto Barreiro	#equipadecampeoes	M	M 55	04:07:27	05:53:01			Desclassificados		
-	205	Paulo Ferreira	Dive Into the Mountains	M	M Sen	02:23:54	02:56:17	03:15:01		Desclassificados		
-	243	Gislaine Costa	Safados do Trail	F	F 40	03:24:23	04:57:37			Desclassificados		
-	242	Hugo Carolino	Safados do Trail	M	M Sen	03:29:46	05:23:23			Desclassificados		
-	369	Paula Alves		F	F 40					Desclassificados		
-	260	Maria Franco	Villa Running	F	F Sen	03:30:17	04:27:23	05:28:53		Desclassificados		
-	218	José Nunes	ARSM - Associação Recreativa de S. Miguel	M	M 40	03:32:38	04:29:55	04:42:31		Desclassificados		
-	133	Joel Simões	Associação 20kms de Almeirim - Trail Running	M	M Sen	02:40:58	03:42:59	03:52:36		Desclassificados		
-	310	Hermínio Amaral		M	M 45	03:15:56				Desclassificados		