

Pos	Bib	Name	Time	Group	Team
1.	175	Fábio Foutoura	02:07:31.0	Mseniores	Aminhacorrída/Kalenji
2.	90	João Pedro	02:18:16.7	M40	Individual
3.	104	Renato Hernandez	02:18:19.1	M40	Nutrimania Sports Nutrition
4.	149	Davide Marques	02:25:16.8	Mseniores	Nutrimania Sports Nutrition
5.	3	Nuno Pimpão	02:35:22.5	Mseniores	Rolling Team
6.	30	Vitor Marques	02:42:25.8	Mseniores	R da Frente Ribeirinha da P. de S. Iria
7.	161	João Paulo Da Silva Santos	02:42:49.1	Mseniores	Individual
8.	43	Rui Carvalho	02:42:55.0	M40	Bruxos Runners
9.	5	Hugo Caldeira	02:44:57.9	Mseniores	Fast N' Furious
10.	134	Pedro Fernando Costa Martins	02:45:05.7	Mseniores	Romantic Runners
11.	162	Luis Barbosa	02:45:51.1	M40	Individual
12.	86	Joaquim Capela	02:46:08.8	M40	kaninos
13.	125	Nuno Eduardo De Oliveira Lopes	02:46:36.2	Mseniores	Individual
14.	71	Luis Pedro Peixoto Nunes	02:46:46.8	M40	individual
15.	91	Paulo Jorge Costa Santos	02:47:19.9	M40	Individual
16.	14	João Miguel De Oliveira Martins Balsinha	02:47:23.2	M40	Clube BTT Lisboa
17.	84	Sergio Manuel Rebelo Teixeira	02:48:46.6	M40	Individual
18.	61	Paulo Rita	02:48:59.8	M40	R da Frente Ribeirinha da P. de S. Iria
19.	151	Luís Nunes	02:50:45.7	Mseniores	Individual
20.	63	Pedro Alexandre Nunes Sousa Tavares	02:50:49.6	M40	R da Frente Ribeirinha da P. de S. Iria
21.	83	Paulo Oliveira	02:51:07.7	Mseniores	Glria Running
22.	165	Hugo Gonçalves	02:51:13.1	Mseniores	Pine Sun Team
23.	102	João Costa	02:52:25.0	M40	Individual
24.	9	Nuno Pereira	02:52:30.9	Mseniores	Individual
25.	22	Marco Vinagre	02:52:58.1	Mseniores	Individual
26.	20	Alcindo Almeida	02:53:03.0	M50	Ka100
27.	145	Carlos Ricardo	02:53:12.5	M40	Tough Trails Alenquer
28.	103	Helder Ferreira Branco	02:53:48.8	M40	Matilha Running
29.	17	Paula Penedo	02:54:51.7	Sseniores	Rail Runers
30.	16	Jorge Rodrigues	02:54:54.6	M40	Rail Runers
31.	37	Diogo Jos Matos Carlos	02:54:57.4	Mseniores	Individual
32.	167	Bruno Silva	02:55:27.4	MSub23	Pine Sun Team
33.	121	Luis Eanes	02:55:36.1	M40	Individual
34.	31	Pedro Ferreira	02:59:26.2	M40	R da Frente Ribeirinha da P. de S. Iria
35.	48	Flávio José Prudencio Reis	03:01:28.1	Mseniores	Bruxos Runners
36.	81	António Lus Ribeiro Morais Ferreira	03:01:32.2	Mseniores	individual
37.	154	Ivo Santos	03:03:46.7	Mseniores	Dolce Furadouro
38.	101	Vitor Saraiva	03:04:27.4	M40	falcoes selvagens
39.	33	Carlos Manuel Fernandes Martins	03:04:43.0	M40	Individual
40.	157	Francisco Dias	03:05:19.7	M40	Individual
41.	89	Marco Andr Duarte Francisco	03:06:20.4	Mseniores	OneManShow
42.	164	Luis Caetano	03:06:26.5	M50	descompasso
43.	163	Rui Manuel D. F: Loureno	03:06:31.8	M50	descompasso
44.	105	Marta Isabel Dos Santos Anselmo	03:06:35.4	S40	Alenquer runers
45.	176	Heitor Santos	03:07:36.7	M50	Correr Lisboa

Pos	Bib	Name	Time	Group	Team
46.	94	Helder Bexiga	03:11:11.1	M40	Friends 2 Run
47.	146	Gonçalo Manuel Reis Carregueiro	03:12:58.1	Mseniores	Individual
48.	18	Ruben Vicente	03:14:02.8	Mseniores	Urban Trail Samora Correia
49.	137	Carlos Antonio Barros Egidio Alegre	03:14:11.1	M50	TOLEDO
50.	106	Armando Cardoso	03:14:15.6	Mseniores	R da Frente Ribeirinha da P. de S. Iria
51.	93	Fernando Vicente	03:14:31.9	M50	Os Galgos
52.	56	Helena Taube	03:15:03.9	S40	Aminhacorrída/Kalenji
53.	100	Ana Duarte	03:15:09.6	S40	falcoes selvagens
54.	65	Carlos Alberto Vieira Oleastro	03:15:20.7	M50	Individual
55.	130	Marcelo Pessoa	03:15:45.8	Mseniores	RUN 2 LIVE
56.	57	Francisco Vaz	03:15:58.0	M40	Frufresh Runners
57.	54	João Ventura Fernandes	03:16:15.7	Mseniores	Individual
58.	119	Mario Seabra	03:16:54.2	M40	Runners da Frente Ribeirinha da Pvoa de Santa Iria
59.	120	Vitor Pereira	03:17:01.5	Mseniores	Runners da Frente Ribeirinha da Pvoa de Santa Iria
60.	150	Luís Agnelo Pipa Carvalho	03:17:10.5	Mseniores	Beastybob Runners
61.	147	Vasco Santos	03:17:41.1	Mseniores	individual
62.	28	Pedro Miguel Quadrio	03:17:43.9	M40	Individual
63.	24	João Trindade	03:17:47.1	MSub23	Correr Lisboa
64.	46	Antonio Gonçalves	03:17:49.9	M50	Alverca Urban Runners
65.	168	Carlos Silva	03:17:52.6	Mseniores	Individual
66.	148	Américo Pereira	03:20:05.9	M40	RUN 2 LIVE
67.	47	Raúl Sousa	03:20:50.2	Mseniores	Individual
68.	70	João Duarte	03:22:22.7	M50	BDM RUNNERS TEAM
69.	77	José Magro	03:22:48.5	M40	R da Frente Ribeirinha da P. de S. Iria
70.	140	Ramiro Inacio	03:23:06.0	M60	Kaninos
71.	62	Nuno Alexandre Gomes Bogalheiro	03:23:17.0	M40	Amigos Vale do Silncio
72.	166	Manuel Martins	03:24:37.6	M50	Pine Sun Team
73.	66	Henrique Sacadura	03:26:28.2	M60	individual
74.	27	António Duarte	03:27:20.4	Mseniores	Kaninos
75.	2	Ana Martins	03:27:23.8	S40	Rolling Team
76.	88	Angelo Relvas	03:28:12.2	Mseniores	Individual
77.	42	Jaime Beato	03:28:15.5	M40	R da Frente Ribeirinha da P. de S. Iria
78.	41	Carla Costa	03:28:18.7	S40	R da Frente Ribeirinha da P. de S. Iria
79.	40	Ruben Mauricio	03:28:21.6	Mseniores	Individual
80.	64	Filipe Garranas	03:28:24.2	Mseniores	Falces Selvagens
81.	155	Nelson Ferreira	03:28:28.7	Mseniores	Individual
82.	99	Cristovo D'almeida Marcos	03:28:37.2	Mseniores	Individual
83.	15	Bruno Carvalho	03:30:05.8	Mseniores	BRUXOS RUNNERS - CCSEGUROS
84.	116	Alexandre Santana	03:31:07.5	M40	Dolce Furadouro
85.	11	Douglas Fry	03:32:40.6	M50	Clube Desportivo de Mafra
86.	7	Catarina Maria Gomes Duarte Da Silva	03:33:04.7	S40	Individual
87.	68	Pedro Teixeira	03:33:08.9	M40	Individual
88.	111	Carlos Pascoal	03:33:44.6	M50	Individual
89.	74	Nuno Reis	03:33:48.5	Mseniores	Entra Vades
90.	173	Fernando Gustavo G Silva	03:38:50.9	M50	C.D.MAFRA

Pos	Bib	Name	Time	Group	Team
91.	113	Jana Ramalho	03:39:23.1	S40	Ramalho
92.	112	Vitor Ramalho	03:39:29.2	M40	Ramalho
93.	51	Luís Miguel Relvas Pedro	03:39:32.2	M40	Individual
94.	82	José Subtil	03:39:57.9	M40	CORREMISTO
95.	123	Ruben Dias	03:40:02.4	Mseniores	Individual
96.	124	Mário Dias	03:40:07.6	M40	Ginsio Quinta do Valbom - AAA
97.	23	Adelino Trindade	03:42:22.3	M40	Correr Lisboa
98.	25	António Cerejo	03:42:25.2	M40	Correr Lisboa
99.	131	Silvestre Rosa	03:42:31.0	M40	Individual
100.	26	António Iria	03:42:34.9	M40	Individual
101.	52	Nuno Filipe De Freitas Ramalho Correia	03:42:37.8	Mseniores	R da Frente Ribeirinha da P. de S. Iria
102.	169	Filipe Carvalho Balsa	03:44:34.3	Mseniores	Individual
103.	158	João Valente	03:47:50.4	M40	Individual
104.	98	Paulo Miguel Santos Moniz	03:47:55.1	M40	Individual
105.	85	Joao Paulo Almeida	03:49:00.1	M40	kaninos
106.	55	José Martins	03:49:07.5	M50	Aminhacorrida/Kalenji
107.	32	Antonio Soares	03:50:57.7	M40	R da Frente Ribeirinha da P. de S. Iria
108.	92	Marco Paulo Martins Cachinho	03:51:19.1	Mseniores	Sim
109.	156	Vasco Fernandes Romozinho	03:51:24.5	M40	Individual
110.	79	Edgar Jorge Moniz Serrano	03:51:32.4	Mseniores	Rompetocas RT
111.	97	Francisco Figueiredo	03:51:38.8	M50	UnApAMAS
112.	95	Alberto Pereira Do Cabo	03:51:45.7	M40	UnApAMAS
113.	115	Adelaide Pereira	03:52:01.1	S40	R da Frente Ribeirinha da P. de S. Iria
114.	109	Paula Cristina Duarte Pontinha	03:52:04.8	S40	R da Frente Ribeirinha da P. de S. Iria
115.	107	Sónia Alexandra Ferrinho De Almeida	03:52:08.2	Sseniores	Individual
116.	118	Nuno Jose Cardoso Honrado	03:52:33.9	Mseniores	Individual
117.	170	Nelson Carvalho Santos	03:53:15.2	M40	Individual
118.	172	Ricardo João Soares Da Silva	03:53:19.6	Mseniores	RunBrothers
119.	144	Vitor Grazina	03:54:28.0	Mseniores	Coutada/Areias Team
120.	143	Luis Serafim	03:54:30.9	Mseniores	Coutada/Areias Team
121.	13	Amadeu Carvalho	03:54:35.2	M40	Individual
122.	29	Ana Pereira	03:54:44.9	S40	R da Frente Ribeirinha da P. de S. Iria
123.	127	Joaquim Leito	03:54:49.6	M40	Individual
124.	73	Cesar Domingos Diogo Silvestre	03:55:25.2	Mseniores	Individual
125.	128	Rui Pinela	03:59:28.0	M40	Bladerunners
126.	1	Manuel Dimas E Silva Cordeiro	04:07:03.5	M60	Individual
127.	6	Tania Cunha	04:12:38.9	Sseniores	Fast N' Furious
128.	174	Rogério Paulo Santos Jorge	04:13:58.2	Mseniores	Individual
129.	171	Fábio Paulo	04:15:41.1	Mseniores	Individual
130.	21	Hugo Paulo	04:16:50.9	Mseniores	Individual
131.	4	Carla Talaia	04:16:53.7	Sseniores	Urban Trail Samora Correia
132.	132	Helena Maria Alves Lopes	04:18:29.0	S40	Individual
133.	38	Catherine De Freitas	04:18:34.0	S50	ADA Desnvel
134.	39	Rogério Morais	04:18:38.0	M50	ADA Desnvel
135.	60	Flávio Toscano	04:27:33.8	Mseniores	RTRT

Pos	Bib	Name	Time	Group	Team
136.	142	Patricia Machado	04:29:14.6	S40	Machadinhos
137.	141	Rui Machado	04:29:18.0	M40	Machadinhos
138.	10	Gisela Padre	04:29:36.8	S40	Individual
139.	139	Celso Landim	04:32:53.2	Mseniores	Individual
140.	138	Liliana Da Silva Rodrigues	04:39:13.6	Sseniores	Individual
141.	49	Sónia Nobre	04:42:47.0	Sseniores	CorreMisto
142.	36	Filipe Miguel Pereira Branco	04:48:44.2	Mseniores	Treino personalizado com Mrio S
143.	19	Antonio Jose Carapito Da Silva Pardal	05:01:08.7	M50	GASCAN
144.	75	João Sequeira	05:01:12.1	Mseniores	Entra Vades
145.	58	Daniel Santana	05:30:31.9	Mseniores	RTRT
DNS	8	Mário Pires	-	M50	Individual
DNS	12	Jose Carlos Avelar Soares	-	M50	Individual
DNS	34	Pedro Vasconcelos	-	Mseniores	Le Canard
DNS	35	Mário Sá	-	Mseniores	Individual
DNS	44	Joao Manuel Carvalho	-	M40	Individual
DNS	45	Augusto Sousa	-	M40	RASGANTE
DNS	50	David Goncalves	-	M40	CorreMisto
DNS	53	Pedro Bernardo De Mascarenhas Dos Santos Simes	-	Mseniores	Individual
DNS	59	Nuno Antunes	-	Mseniores	RTRT
DNS	67	João Goncalves	-	Mseniores	Trail Cascais Runners
DNS	69	A Aa	-	S40	individual
DNS	72	João Nunes	-	Mseniores	Entra Vades
DNS	76	João Paulo Serdio	-	Mseniores	Individual
DNS	78	Nuno Loureno	-	M40	Evelx
DNS	80	Pedro Tavares	-	Mseniores	Individual
DNS	87	Paulo Tomas	-	Mseniores	kaninos
DNS	96	Susana Bras Santos	-	Sseniores	Individual
DNS	108	Amilcar Fernandes	-	M40	Individual
DNS	110	Eduardo Gregrio	-	Mseniores	Individual
DNS	114	Fábio Vitorino	-	Mseniores	Individual
DNS	117	Aureliano Antnio Vasconcelos	-	M50	Individual
DNS	122	Mónica Alexandra Da Cunha Dos Santos	-	Sseniores	Individual
DNS	126	Francisco Garoto	-	M40	Bladerunners
DNS	129	Leandra Pessoa	-	Sseniores	RUN 2 LIVE
DNS	133	Liliana Pereira	-	Sseniores	RUN 2 LIVE
DNS	135	Joo Manuel Da Cruz	-	M40	Bladerunners
DNS	136	Sofia Silva	-	Sseniores	RUN 2 LIVE
DNS	152	Fabio Vicente	-	Mseniores	Dolce Furadouro
DNS	153	Paulo Paredes	-	M40	Dolce Furadouro
DNS	159	Daniel Costa	-	Mseniores	Saloios Trail Running
DNS	160	Katja Goettsche	-	S50	Individual
DNS	177	Unnamed Racer	-		
DNS	178	Unnamed Racer	-		
DNS	179	Unnamed Racer	-		