

6º Trail CTM Vila Pouca de Aguiar - Resultados Provisórios

TRAIL LONGO

TRAIL CURTO

GERAL

GERAL/GÉNERO

ESCALÃO

TRAIL LONGO - 30.00km

Pos. Dorsal			Atleta	Clube	Pos. Escalão		Tempo	Diferença
1	136	PT	LEONEL CUNHA	TEAM TRAIL BIFASE	1	M30	03:01:00.800	
2	107	PT	VITOR COSTA	A.D.AMARANTE TRAIL RUNNING	1	M40	03:01:05.733	+00:00:04.933
3	125	PT	PAULO COSTA	A.D.AMARANTE TRAIL RUNNING	2	M40	03:01:08.141	+00:00:07.341
4	55	PT	RAFAEL CRUZ	ORALKLASS - AMIGOS DO TRAIL	2	M30	03:11:52.811	+00:10:52.011
5	121	PT	FILIPE CARNEIRO	ORALKLASS - AMIGOS DO TRAIL	3	M30	03:26:18.176	+00:25:17.376
6	88	PT	TIAGO SUBTIL	AFIFENSE TRAIL	4	M30	03:27:10.412	+00:26:09.612
7	130	PT	RICARDO NUNES	FRIDÃO SEM LIMITES	5	M30	03:28:56.350	+00:27:55.550
8	143	PT	BRUNO SILVA	BRAVOS & BRAVITAS	6	M30	03:30:53.178	+00:29:52.378
9	106	PT	RICARDO PEREIRA	RP STUDIO / TRAIL RUNNING SCHOOL	7	M30	03:33:04.094	+00:32:03.294
10	82	PT	ANDRE MACHADO	ADOSA - OS SANTA APOLÓNIA	1	Seniores	03:38:18.183	+00:37:17.383

M									
11	92	PT	MANUEL CHANTRE	CLUBE DE TRAIL DO ALVÃO	1	M50	03:38:45.983	+00:37:45.183	
12	42	PT	NORBERTO COSTA	CHAVES RUNNING TEAM	1	M60	03:38:52.360	+00:37:51.560	
13	1	PT	JOÃO OLIVEIRA	CHAVES RUNNING TEAM	3	M40	03:39:25.410	+00:38:24.610	
14	51	PT	ARTHUR MATOS	EDV-VIANATRIL	2	M50	03:39:48.564	+00:38:47.764	
15	14	PT	FRANCISCO LEMOS	NOS ACREDITAMOS	3	M50	03:39:56.655	+00:38:55.855	
16	37	PT	GONÇALO MORAIS	CHAVES RUNNING TEAM	4	M40	03:40:01.831	+00:39:01.031	
17	16	PT	JOSE PINTO	NOS ACREDITAMOS	8	M30	03:40:03.132	+00:39:02.332	
18	63	PT	VITOR FONSECA	ÉJÁLI...CLUBE DE AMIGOS TRAILRUNNERS	9	M30	03:42:34.676	+00:41:33.876	
19	127	PT	JOSÉ ANTÓNIO SOUSA	EQUIPA HORA DO LOBO TRAIL - C.F. DE PEROSINHO ATLETISMO	10	M30	03:43:49.057	+00:42:48.257	
20	80	PT	AMADEU TEIXEIRA	NÓS ACREDITAMOS	4	M50	03:43:57.250	+00:42:56.450	
21	61	PT	MARCO SILVA	S. MAMEDE DO CORONADO - TROFA	11	M30	03:48:14.190	+00:47:13.390	
22	66	PT	JOÃO SILVA	INDIVIDUAL	12	M30	03:48:23.181	+00:47:22.381	
23	74	PT	JOSE FARIA	TEAM LANTEMIL	13	M30	03:49:17.230	+00:48:16.430	
24	129	PT	ANDREIA ALMEIDA	FRIDÃO SEM LIMITES	1	Seniores F	03:55:07.253	+00:54:06.453	
25	109	PT	MANU CRUZ	VAIATEONDEOSPESTELEVAREM	5	M50	03:55:17.828	+00:54:17.028	
26	50	PT	SERGIO RAMOS	EDV-VIANATRIL	5	M40	03:56:02.582	+00:55:01.782	

27	86	PT	ROSALIA SILVA	TEAM LANTEMIL	1	F30	03:56:30.779	+00:55:29.979
28	134	PT	CARLOS SOUSA	CTM VILA POUCA DE AGUIAR	6	M50	04:00:53.957	+00:59:53.157
29	87	PT	FÁBIO RODRIGUES	INDIVIDUAL	2	Seniores M	04:02:42.614	+01:01:41.814
30	56	PT	LUÍS PEREIRA	TEAM LANTEMIL	6	M40	04:02:44.232	+01:01:43.432
31	85	PT	ELISABETE SANTOS	TEAM LANTEMIL	1	F40	04:03:51.499	+01:02:50.699
32	62	PT	CARLOS AZEVEDO	ÉJÁLI...CLUBE DE AMIGOS TRAILRUNNERS	7	M40	04:03:59.232	+01:02:58.432
33	77	PT	LUIS FERREIRA	INDIVIDUAL	14	M30	04:05:45.860	+01:04:45.060
34	73	PT	LUIS NOVAIS	INDIVIDUAL	8	M40	04:05:47.296	+01:04:46.496
35	10	PT	JORGE BARBOSA	PAREDES AVENTURA	9	M40	04:05:51.368	+01:04:50.568
36	76	PT	NUNO PERDIGÃO	INDIVIDUAL	15	M30	04:07:25.020	+01:06:24.220
37	12	PT	JOSÉ NETO	CLUBE DE TRAIL DO ALVÃO	7	M50	04:09:14.372	+01:08:13.572
38	137	PT	ELISEU LEITE	LAUNDOS-POVOA DE VARZIM	10	M40	04:09:56.235	+01:08:55.435
39	122	PT	MARIA GONÇALVES	ORALKLASS - AMIGOS DO TRAIL	2	F30	04:10:22.473	+01:09:21.673
40	100	PT	JORGE QUEIRÓS	BRAVOS & BRAVITAS	11	M40	04:12:04.275	+01:11:03.475
41	27	PT	JOAQUIM SILVA	TEAM LANTEMIL	12	M40	04:12:42.690	+01:11:41.890
42	25	PT	LUÍS RIBEIRO	ARRASTASSOLAS	13	M40	04:16:12.728	+01:15:11.928
43	24	PT	PEDRO CARVALHO	ARRASTASSOLAS	14	M40	04:16:17.140	+01:15:16.340
44	45	PT	ARTUR DIAS	CHAVES RUNNING TEAM	8	M50	04:16:18.737	+01:15:17.937

45	154	PT	RICARDO SOUSA	A.D.AMARANTE TRAIL RUNNING	16	M30	04:16:21.545	+01:15:20.745
46	126	PT	RUI GOMES	EQUIPA HORA DO LOBO TRAIL - C.F. DE PEROSINHO ATLETISMO	17	M30	04:18:27.088	+01:17:26.288
47	118	PT	ANA VIEIRA	ORALKLASS - AMIGOS DO TRAIL	3	F30	04:18:44.821	+01:17:44.021
48	131	PT	RAFAELA BENTO	CTM VILA POUCA DE AGUIAR	4	F30	04:20:03.463	+01:19:02.663
49	84	PT	RICARDO MENDES	ADOSA - OS SANTA APOLÓNIA	18	M30	04:21:29.765	+01:20:28.965
50	78	PT	ELISABETE ALVES	TROGLODITAS RUNNERS	5	F30	04:23:05.989	+01:22:05.189
51	94	PT	VALTER PINHO	BRAVOS & BRAVITAS	3	Seniores M	04:24:07.508	+01:23:06.708
52	89	PT	LUIS MANUEL OLIVEIRA	GRUPO DESPORTIVO SANTANDER TOTTA	15	M40	04:25:48.866	+01:24:48.066
53	105	PT	JOÃO CLARO	INDIVIDUAL	9	M50	04:26:41.739	+01:25:40.939
54	110	PT	EDGAR TAVARES	EVORAMONTE	19	M30	04:27:57.959	+01:26:57.159
55	116	PT	ELISABETE REPAS	GAIA-RUNNING	1	F50	04:29:45.511	+01:28:44.711
56	26	PT	SILVIO FREITAS	INDIVIDUAL	20	M30	04:30:55.646	+01:29:54.846
57	83	PT	SILVIA PEREIRA	ADOSA - OS SANTA APOLÓNIA	2	F40	04:31:54.103	+01:30:53.303
58	102	PT	ANA SILVA	BRAVOS & BRAVITAS	3	F40	04:32:07.735	+01:31:06.935
59	98	PT	NUNO ALBERGARIA	BRAVOS & BRAVITAS	21	M30	04:33:31.965	+01:32:31.165
60	101	PT	DANIEL OLIVEIRA	BRAVOS & BRAVITAS	22	M30	04:33:34.249	+01:32:33.449
61	31	PT	JOÃO LAGE	MIRANDELA A CORRER	16	M40	04:35:30.090	+01:34:29.290

62	133	PT	ÂNGELO COSTA	CTM VILA POUCA DE AGUIAR	23	M30	04:39:34.344	+01:38:33.544
63	108	PT	FÁBIO CAMPOS	INDIVIDUAL	4	Seniores M	04:40:33.926	+01:39:33.126
64	79	PT	VITOR GONÇALVES	TROGLODITAS RUNNERS	24	M30	04:41:06.125	+01:40:05.325
65	72	PT	NUNO MESQUITA	CLÃ DO NORTE	25	M30	04:52:30.071	+01:51:29.271
66	44	PT	VITOR CORREIA	ARRASTASSOLAS	17	M40	04:58:10.408	+01:57:09.608
67	119	PT	MÁRIO SANTOS	ARRASTASSOLAS	26	M30	04:58:12.075	+01:57:11.275
68	67	PT	LILIANA CARVALHO	PIMENTINHAS	6	F30	05:03:47.658	+02:02:46.858
69	68	PT	SAAVEDRA DUARTE	PIMENTINHAS	18	M40	05:04:00.837	+02:03:00.037
70	111	PT	JOSÉ GASPAR FERNANDES	VAIATEONDEOSTEUSPESTELEVAR	10	M50	05:06:40.561	+02:05:39.761
71	57	PT	JOSÉ RODRIGUES	MIRANDELA A CORRER	19	M40	05:11:08.250	+02:10:07.450
72	52	PT	ANDREIA PEREIRA	TEAM LANTEMIL	7	F30	05:14:39.623	+02:13:38.823
73	128	PT	MIGUEL TEIXEIRA	TEAM LANTEMIL	20	M40	05:14:44.659	+02:13:43.859
74	99	PT	MIKE MIKE	BRAVOS & BRAVITAS	21	M40	05:16:36.715	+02:15:35.915
75	95	PT	RUI TEIXEIRA	BRAVOS & BRAVITAS	27	M30	05:16:42.402	+02:15:41.602
76	69	PT	CRISTINA MOURA	EQUIPA HORA DO LOBO TRAIL - C.F. DE PEROSINHO ATLETISMO	2	F50	05:21:24.386	+02:20:23.586
77	13	PT	EDUARDO PINTO	INDIVIDUAL	22	M40	05:23:34.825	+02:22:34.025
78	117	PT	EDUARDO JOSÉ TEIXEIRA	GAIA-RUNNING	11	M50	05:28:08.729	+02:27:07.929

79	103	PT	ANA ANJOS	BRAVOS & BRAVITAS	2	Seniores F	05:32:12.919	+02:31:12.119
80	96	PT	PAULA FERREIRA	BRAVOS & BRAVITAS	8	F30	05:32:14.048	+02:31:13.248
81	70	PT	MARGARIDA NEVES	EQUIPA HORA DO LOBO TRAIL - C.F. DE PEROSINHO ATLETISMO	3	F50	05:33:30.113	+02:32:29.313
82	153	PT	PEDRO GONÇALVES	INDIVIDUAL	28	M30	05:40:00.911	+02:39:00.111
83	123	PT	ANTONIO CONDE	-	12	M50	05:44:53.873	+02:43:53.073
84	81	PT	AFONSO CARVALHAIS	CASA LAPÃO	5	Seniores M	05:59:18.639	+02:58:17.839