

MEO URBANTRAIL SINTRA 2015 - 24/10/2015

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	12224	Jonathan Wyatt	M	42		00:48:15	00:48:15	SALOMON
2	12225	Armando Teixeira	M	39		00:49:25	00:49:25	SALOMON
3	11237	Nuno Miguel Ferreira Gonçalves	M	38		00:50:49	00:50:49	
4	11550	Nelson Graça	M	27		00:51:14	00:51:14	
5	11274	Vitor TavaresMarques	M	38		00:51:20	00:51:20	CORRER LISBOA
6	11410	RUI LUZ	M	35		00:52:36	00:52:32	SALAMANDRECOS
7	12114	Jose Azevedo	M	36		00:53:05	00:53:03	
8	12132	Hugo Santos	M	31		00:53:37	00:53:37	
9	11474	Jaime Dias	M	30		00:54:09	00:54:09	
10	11620	Luis Pereira	M	45		00:54:24	00:54:24	Gang Running
11	12612	bruno fernandes	M	39		00:54:39	00:54:39	MONSANTO RUNNING TEAM
12	11278	Tiago Sousa	M	32		00:55:53	00:55:52	GO!RUNNERS
13	11335	Ines Marques	F	22		00:56:33	00:56:33	SALAMANDRECOS
14	11407	Samuel Castela	M	0		00:56:53	00:56:53	SALAMANDRECOS
15	11491	Pedro Escadas	M	28		00:57:04	00:56:52	Aroo
16	12112	Tiago Freitas	M	37		00:57:22	00:57:17	
17	12066	João Repas	M	36		00:57:26	00:57:10	
18	11631	Paulo Gomes	M	35		00:57:28	00:57:23	
19	12221	Bruno Dias	M	39		00:57:35	00:57:35	Mag8 Bike Team
20	11573	Luis Filipe Ramos Cardoso	M	26		00:57:40	00:57:40	
21	12610	Didier Valente	M	44		00:57:43	00:57:43	MONSANTO RUNNING TEAM
22	11792	Guilherme M. F. Branquinho	M	42		00:57:45	00:57:45	
23	11339	marco silva	M	34		00:57:45	00:57:44	SALAMANDRECOS
24	11779	Pedro Simões	M	36		00:57:47	00:57:14	PEOPLE OUTDOOR
25	11338	João Alves	M	32		00:57:55	00:57:55	SALAMANDRECOS
26	11384	paulo hermesilhas	M	39		00:58:10	00:58:10	MENTE TRAQUINA
27	11344	Rui Cruz	M	42		00:58:22	00:58:22	
28	10996	Guilherme Pereira	M	16		00:58:35	00:58:35	SALAMANDRECOS
29	11793	Edmundo Andre	M	42		00:58:47	00:58:47	
30	12142	Rui Lamy	M	38		00:59:17	00:59:03	Lagartixas de Sintra
31	12210	André Monteiro	M	28		00:59:22	00:59:22	OS GALGOS
32	11352	João Toscano	M	17		00:59:25	00:59:25	
33	12464	Nuno Filipe Amorim da Silva	M	40		00:59:46	00:59:45	OS COXOS
34	12227	Sheila Marques	F	33		01:00:18	01:00:18	
35	12315	Paulo Neves	M	38		01:00:30	01:00:18	SALAMANDRECOS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
36	10899	Humberto Spínola	M	43		01:00:40	01:00:37	SALAMANDRECOS
37	11610	Manuel Abrantes	M	22		01:00:45	01:00:45	
38	11600	Pedro Miguel Martins Cachão	M	24		01:00:49	01:00:48	
39	11575	Paulo Frango	M	37		01:00:53	01:00:34	MONSANTO RUNNING TEAM
40	10866	Luis André Pisco	M	29		01:01:03	01:01:03	
41	11252	David Alberto Ferreira Fonseca	M	25		01:01:11	01:00:45	
42	12001	Eduardo Pinto	M	42		01:01:25	01:01:16	ALL ABOUT
43	11477	Amílcar Santos	M	41		01:01:32	01:01:11	
44	10543	LUIS PEREIRA	M	27		01:01:45	01:01:30	DESENTOPE VEIAS
45	12392	FILIFE COSTA	M	22		01:01:55	01:01:26	Faneca Running
46	11360	Antonio Soares	M	48		01:02:01	01:02:00	
47	11333	João Marques	M	53		01:02:04	01:02:03	
48	11334	Amélia Costa	F	49		01:02:04	01:02:04	SALAMANDRECOS
49	12262	Hugo Gonçalves	M	27		01:02:05	01:02:05	Pine Sun Team
50	11741	Sérgio Barros	M	42		01:02:13	01:02:13	
51	11554	Rui Pereira	M	51		01:02:41	01:02:39	
52	11399	Lino Luz	M	40		01:02:44	01:02:40	SALAMANDRECOS
53	12604	Margarida Roque Amaro	F	38		01:02:47	01:02:47	SALAMANDRECOS
54	12038	João Paulo Gonçalves	M	35		01:02:49	01:02:23	
55	11574	João Faustino	M	46		01:03:19	01:03:16	
56	11356	Nuno Simões	M	32		01:03:23	01:03:16	BARCLAYS VIDA
57	11977	Henrique José Mota de Sousa	M	30		01:03:26	01:03:14	PEDRAS DE DEUS
58	11670	Ricardo Carragosela	M	25		01:03:36	01:03:22	
59	11678	Luis Torres	M	43		01:03:36	01:03:35	
60	11622	Gonçalo Prudencio	M	15		01:03:37	01:03:28	SALAMANDRECOS
61	12440	Nuno Domingues	M	31		01:03:48	01:03:29	PÂNICO
62	12209	José João	M	56		01:04:09	01:04:09	OS GALGOS
63	11233	Mário Couto	M	38		01:04:12	01:04:07	
64	11659	Ricardo Firmino	M	38		01:04:19	01:04:19	
65	10608	José Costa	M	47		01:04:22	01:04:22	
66	12373	Elton Almeida	M	25		01:04:26	01:04:25	OS COXOS
67	11385	ATLETA NÃO CADASTRADO	M	0		01:04:26	01:04:22	
68	12426	Marcelo Graça	M	23		01:04:40	01:04:23	2705 - Destreinados
69	12289	Samuel Guedes	M	29		01:04:50	01:04:04	CORVOS
70	12293	Bruno Antunes	M	32		01:04:51	01:04:07	CORVOS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
71	11629	Miguel Cardoso	M	37		01:04:58	01:04:15	
72	11677	Nelson Branco	M	39		01:05:07	01:04:56	FOLLOW ME
73	12014	PEDRO GOMES	M	57		01:05:34	01:05:33	
74	12056	Nuno Santos	M	37		01:05:36	01:05:34	4ANY1
75	11377	JOÃO SILVA	M	47		01:05:45	01:05:41	SS CGD
76	11601	Luis Carlos da Silva Casaca	M	27		01:05:46	01:05:45	
77	12025	Nuno Rodrigues	M	35		01:05:50	01:05:19	CilNet
78	11673	Pedro Prudencio	M	46		01:05:56	01:05:43	SALAMANDRECOS
79	12260	Bruno Silva	M	19		01:06:02	01:06:02	Pine Sun Team
80	10882	Luis Ferreira	M	39		01:06:08	01:05:58	SALAMANDRECOS
81	10881	Ricardo Leitão	M	39		01:06:09	01:05:59	SALAMANDRECOS
82	11674	Jorge Manuel da Silva Mendes	M	40		01:06:13	01:06:05	
83	10657	jony domingos	M	39		01:06:13	01:06:05	
84	12428	Nuno Pedro Gaspar	M	34		01:06:17	01:05:52	
85	11683	Marisa Vieira	F	33		01:06:34	01:06:33	ALL ABOUT
86	11990	Nuno Miguel Cruz	M	35		01:06:34	01:06:33	
87	12388	paulo reis	M	44		01:06:46	01:06:15	
88	11482	André Miranda	M	29		01:06:51	01:06:36	MotoRatos and Friends
89	11547	Francisco Pereira	M	48		01:06:58	01:06:56	AÇOREANA CLUBE BANIF
90	11101	Francisco Santos Paredes Quartin de Macedo	M	24		01:07:00	01:06:28	
91	12235	João Alves	M	31		01:07:01	01:06:42	PÂNICO
92	11508	Pedro Miguel Almeida Costa	M	38		01:07:01	01:06:55	
93	12369	Carlos Barros	M	34		01:07:03	01:06:54	SALAMANDRECOS
94	11991	Jorge Sobrinho	M	46		01:07:06	01:07:06	
95	12456	Luis Leite	M	42		01:07:08	01:06:47	
96	12204	Carlos Pereira	M	42		01:07:13	01:07:09	
97	11294	José Correia	M	52		01:07:18	01:07:14	
98	11490	Carlos Duarte	M	50		01:07:21	01:07:11	
99	11742	Hugo Rodrigo Silva Carlos	M	37		01:07:22	01:07:15	VELOZES
100	12276	Dâmaso Barros	M	37		01:07:28	01:07:04	CARAPUS DE CORRIDA
101	12164	Rui Ascensão	M	38		01:07:29	01:07:29	
102	11660	joão Gomes	M	34		01:07:31	01:07:24	
103	10884	Nuno Gonçalves	M	40		01:07:38	01:07:28	SALAMANDRECOS
104	12421	Rodrigo Oliveira	M	37		01:07:51	01:07:31	FUTEBOL CLUBE ESTRELAS LISBOA
105	11693	Hugo Torres	M	39		01:07:52	01:07:49	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
106	11787	ATLETA NÃO CADASTRADO	M	0		01:07:54	01:07:51	
107	11411	Ricardo Basílio	M			01:07:56	01:07:41	
108	11734	Paulo Ferreira	M	38		01:07:57	01:07:26	CilNet
109	11684	Elizabete Vieira	F	29		01:07:58	01:07:57	ALL ABOUT
110	11234	Paulo Calixto	M	43		01:07:59	01:07:53	
111	11336	Manuel Maria Correia	M	42		01:08:01	01:07:56	
112	11337	Diogo Simão	M	36		01:08:01	01:08:01	
113	12037	Tiago Pires	M	24		01:08:02	01:07:47	CORRER LISBOA
114	11710	Paulo Paiva	M	39		01:08:04	01:07:15	ALL ABOUT
115	12430	Helder Palhas	M	43		01:08:21	01:07:34	
116	11235	João Pedro Magalhães	M	38		01:08:24	01:08:02	
117	12152	Saifudino Ossman Badrú Cane	M	29		01:08:26	01:08:10	Janas F.C
118	11386	ATLETA NÃO CADASTRADO	M	0		01:08:28	01:08:25	
119	11614	Mario Santos	M	40		01:08:29	01:08:25	
120	12410	António Luis	M	47		01:08:30	01:08:27	JOBRINDE - MONTES SALOIOS
121	11682	Liliana Gomes	F	29		01:08:46	01:08:45	ALL ABOUT
122	11727	Rui Santos	M	42		01:08:48	01:08:39	ALL ABOUT
123	12049	Tiago Filipe Monteiro Botelho	M	29		01:08:49	01:08:32	Janas F.C
124	12298	Luís Marques	M	38		01:08:50	01:07:45	Os Incriveis
125	11371	Luís Miguel Graça da silva e Sousa	M	41		01:08:51	01:08:51	
126	11750	Cátia Rodrigues	F	30		01:08:53	01:08:53	
127	11400	Pedro Gomes	M	35		01:08:54	01:08:54	SALAMANDRECOS
128	12158	Mário Rui Gomes Remédios	M	41		01:08:55	01:08:39	Janas F.C
129	11330	Eduardo Rodrigues	M	35		01:08:57	01:08:48	SS CGD
130	11230	JORGE MIGUEL P F FERREIRA	M	44		01:08:58	01:08:33	
131	11740	Rodrigo Correia	M	36		01:09:00	01:08:33	
132	12257	Nuno Monteiro	M	32		01:09:01	01:08:30	
133	11560	Nelson Mota	M	45		01:09:05	01:09:02	AÇOREANA CLUBE BANIF
134	11469	luis carlos lobo	M	43		01:09:09	01:08:59	ALL-TITUDES TRAIL TEAM
135	11664	Orlando Brízida	M	36		01:09:16	01:09:12	
136	11246	Fulvio Esteves	M	37		01:09:20	01:09:06	
137	11332	Nuno Marques	M	18		01:09:28	01:09:27	
138	10593	Manuel Moura	M	36		01:09:32	01:08:28	Gym4
139	10893	Nuno Reis	M	38		01:09:36	01:09:30	KorreDores
140	12411	João Alberto	M	48		01:09:45	01:09:43	JOBRINDE - MONTES SALOIOS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
141	11534	José Tomás Correia	M	29		01:09:57	01:09:40	
142	11253	João Duarte	M	33		01:10:00	01:09:26	PEOPLE OUTDOOR
143	11110	Ricardo Frois	M	30		01:10:06	01:09:02	Bananas
144	12180	Alexandre Apostolo	M	38		01:10:08	01:09:40	Runners Network
145	11626	Ricardo Jorge Ferreira dos Santos	M	41		01:10:10	01:09:08	
146	11001	João Santos Jorge	M	17		01:10:12	01:10:12	TURBO LENTOS
147	11236	Samuel Teixeira	M	31		01:10:13	01:09:44	
148	12125	Aurélio Quiaios	M	39		01:10:16	01:10:01	Lagartixas de Sintra
149	10592	Antonio Pereira	M	36		01:10:18	01:09:15	Gym4
150	12605	César da Silva Nogueira	M	23		01:10:22	01:09:56	
151	10656	Américo Santos	M	46		01:10:25	01:10:18	
152	12211	Fernando Vicente	M	55		01:10:30	01:10:30	OS GALGOS
153	11724	Alexandra Fernandes	F	48		01:10:32	01:10:16	ALL ABOUT
154	11003	Miguel Santos Jorge	M	46		01:10:39	01:09:36	TURBO LENTOS
155	11712	Marco Marques	M	34		01:10:40	01:10:34	ALL ABOUT
156	12292	Miguel Jorge	M	33		01:10:46	01:09:59	CORVOS
157	12466	Hélder Cunha	M	35		01:10:51	01:10:41	OS COXOS
158	10862	Paulo Lopes	M	38		01:10:58	01:10:19	
159	11644	Giovani Ricciardi	M	46		01:10:59	01:10:46	SALAMANDRECOS
160	12433	Raquel Candeias	F	35		01:11:01	01:10:43	
161	11367	Pontes	M	40		01:11:01	01:11:00	
162	12463	Gonçalo Cardoso	M	26		01:11:03	01:10:52	OS COXOS
163	11406	Rui Martinho	M	41		01:11:05	01:11:05	
164	11383	jorge silva	M	41		01:11:06	01:11:02	MENTE TRAQUINA
165	10647	Arnaldo Silva	M	35		01:11:07	01:10:11	OS NETOS
166	12465	Sandra Maria Finisterra Araújo Travessas	F	41		01:11:07	01:11:06	OS COXOS
167	11480	Luis Carlos	M	32		01:11:08	01:11:07	
168	10643	David Miranda	M	29		01:11:09	01:11:09	OS NETOS
169	10995	Pedro Pereira	M	44		01:11:10	01:10:26	SALAMANDRECOS
170	12136	Antonio Costa	M	41		01:11:12	01:11:06	Olha lá!
171	12425	Rui Pereira	M	19		01:11:12	01:10:58	2705 - Destreinados
172	12069	Ricardo Luís	M	39		01:11:16	01:10:56	
173	12609	Paulo Picão	M	41		01:11:22	01:10:39	MONSANTO RUNNING TEAM
174	12611	ATLETA NÃO CADASTRADO	M	0		01:11:22	01:10:38	
175	11788	ATLETA NÃO CADASTRADO	M	0		01:11:23	01:11:17	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
176	10653	Pedro Tabora	M	23		01:11:23	01:10:51	Monte da Lua
177	12089	David Saraiva	M	45		01:11:25	01:11:06	ALL ABOUT
178	12290	Luis Franqueira	M	31		01:11:25	01:10:35	CORVOS
179	10894	Nelson Pinto	M	37		01:11:25	01:11:19	KorreDores
180	11555	Marta Mendes de Sousa	F	16		01:11:27	01:11:19	
181	10652	Hugo Santos	M	38		01:11:28	01:10:56	
182	12028	Rui Henriques	M	39		01:11:37	01:11:06	CilNet
183	12022	PEDRO PEIXOTO	M	24		01:11:45	01:11:42	XEXEXE
184	11263	João Matos Ferreira	M	46		01:11:46	01:11:44	
185	11353	Pedro Ribeiro	M	35		01:11:48	01:11:43	
186	11715	Patrick Taube	M	17		01:11:48	01:11:15	
187	12413	ATLETA NÃO CADASTRADO	M	0		01:11:49	01:11:19	
188	11762	Ruben Vicente	M	35		01:12:00	01:11:34	URBAN TRAIL SAMORA CORREIA
189	11647	Alexandre Santos	M	44		01:12:12	01:11:59	
190	11726	Estela Martins	F	37		01:12:13	01:11:57	ALL ABOUT
191	10410	JOÃO OLIVEIRA	M	36		01:12:14	01:12:02	DESENTOPE VEIAS
192	12011	Pedro Fontoura	M	45		01:12:16	01:12:12	SS CGD
193	11219	Duarte	M	26		01:12:18	01:11:50	Os Verídicos
194	11690	Paulo Fernandes	M	47		01:12:19	01:12:17	AÇOREANA CLUBE BANIF
195	11261	Luis Romano	M	33		01:12:21	01:11:56	LSBAC
196	11783	João Cabrito	M	52		01:12:24	01:12:24	SS CGD
197	10898	Nelson Santos	M	44		01:12:26	01:12:17	SALAMANDRECOS
198	10999	Rui Silva	M	41		01:12:27	01:11:20	SMILE TEAM
199	11672	Paulo Curado	M	37		01:12:30	01:12:08	
200	10874	Nuno calisto	M	26		01:12:35	01:11:37	
201	10998	Elsa Mação	F	39		01:12:44	01:11:36	SMILE TEAM
202	10997	Vasco Levita	M	42		01:12:44	01:11:36	SMILE TEAM
203	11570	Hugo Miguel Ribeiro	M	40		01:12:45	01:12:32	MAU MAUS
204	12437	António Cardoso	M	40		01:12:45	01:12:22	TALVEZ...
205	12603	Paulo Ribeiro	M	34		01:12:49	01:12:26	
206	10544	PAULO PINTO	M	42		01:13:00	01:12:46	DESENTOPE VEIAS
207	11696	Pedro Delagado	M	34		01:13:02	01:12:52	FOLLOW ME
208	12165	Duarte Carvalho	M	37		01:13:09	01:13:09	
209	12267	Paulo Jorge Santos de Sousa	M	45		01:13:11	01:12:46	
210	11767	FILIPE RIO	M	34		01:13:13	01:13:05	ALGYMNS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
211	12212	Jorge Martinho	M	46		01:13:15	01:13:14	OS GALGOS
212	11637	ANTONIO FRANCISCO	M	46		01:13:21	01:13:20	
213	11270	Carlos Conceicao	M	35		01:13:22	01:13:08	
214	11807	Igor Cardoso	M	31		01:13:23	01:12:40	
215	11368	RUI GONÇALVES	M	40		01:13:24	01:13:23	
216	11291	Luiz Caracol	M	39		01:13:24	01:12:45	
217	11703	Rui Leitão	M	41		01:13:28	01:13:28	
218	11694	Pedro Simões De Albuquerque Rocha	M	41		01:13:29	01:13:26	Príncipes De Monsanto
219	11987	Paulo Jorge Ribeiro Pinto	M	39		01:13:30	01:12:51	
220	11780	Catarina Henriques	F	33		01:13:33	01:13:01	PEOPLE OUTDOOR
221	11630	Inês peixoto	F	36		01:13:34	01:13:29	
222	11654	Luis Guedes	M	39		01:13:34	01:13:25	
223	11300	Rui Freitas	M	32		01:13:35	01:12:26	URBAN BITCHES
224	12354	João Gancho	M	38		01:13:37	01:13:22	CARREGA VENDA
225	11214	João Soares	M	37		01:13:38	01:12:45	
226	11387	António Varela	M	49		01:13:40	01:13:38	
227	11370	Rui Esteves	M	41		01:13:41	01:13:29	SALAMANDRECOS
228	12287	Rúben Miguel Tomé Malta	M	17		01:13:41	01:13:19	OS PERGUIÇAS
229	12151	MARCO FRANCISCO	M	32		01:13:45	01:12:53	
230	12387	João Teixeira	M	35		01:13:50	01:12:58	ALVERCA URBAN RUNNERS
231	10603	JOAO PINTO	M	33		01:13:50	01:13:02	ALVERCA URBAN RUNNERS
232	12239	Pedro Ribeiro	M	36		01:13:50	01:12:48	RUN 4 FUN
233	11687	Arthur Furman	M	15		01:13:51	01:13:29	
234	11795	Pedro Miguel Anastácio Pereira	M	38		01:13:54	01:13:48	Olha lá!
235	11806	Paulo Malheiro	M	44		01:13:57	01:13:44	Aroo
236	11714	Carlos Jorge Oliveira	M	51		01:13:59	01:13:32	
237	11103	Miguel Branco	M	27		01:14:09	01:13:09	
238	11231	Mariana Leite Braga	F	36		01:14:13	01:14:04	MONSANTO RUNNING TEAM
239	12192	Telmo Alegre	M	30		01:14:17	01:13:20	A Turma do Spald
240	11488	Carlos Afonso Ferreira	M	33		01:14:17	01:14:04	PEDRAS DE DEUS
241	11999	Fernando Monteiro	M	45		01:14:19	01:14:10	ALL ABOUT
242	12282	Ricardo Manuel Morais Patrício	M	29		01:14:19	01:13:58	OS PERGUIÇAS
243	12283	Paulo Jorge Morais Patrício	M	34		01:14:20	01:13:59	OS PERGUIÇAS
244	12286	Bruno Miguel Tomé Malta	M	32		01:14:20	01:13:57	OS PERGUIÇAS
245	11571	Nuno Carrasco	M	40		01:14:20	01:14:08	MAU MAUS

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
246	11238	jorge amnuel andrade antunes	M	40		01:14:39	01:14:09	
247	11652	Emerson Costa	M	27		01:14:40	01:13:58	Kings of Trail
248	11653	Jorge Tavares	M	28		01:14:40	01:13:57	Kings of Trail
249	11503	Luis Agnelo Carvalho	M	27		01:14:44	01:13:53	
250	11581	Pedro Sousa	M	33		01:14:46	01:14:13	PEOPLE OUTDOOR
251	12127	João Oliveira	M	33		01:14:48	01:14:05	Devagar, devagarinho!!
252	12057	Patricia Caldas	F	32		01:14:49	01:14:05	
253	11689	Samuel Sebastiao	M	33		01:14:49	01:14:05	
254	11749	Rute Marina Fernandes Monteiro	F	29		01:14:50	01:14:38	PEDRAS DE DEUS
255	11484	João Dias	M	29		01:14:53	01:14:37	MotoRatos and Friends
256	11506	José Silveirinha	M	38		01:14:53	01:14:41	Cabritos do Mato QUEIJADINHAS
257	11745	Ricardo Jorge Balau	M	29		01:14:54	01:14:28	CORRER LISBOA
258	10411	Maria Manuela Machado	F	51		01:14:54	01:13:49	RUN 4 FUN
259	12468	Francisco Vaz	M	48		01:14:55	01:14:30	
260	11613	Marco Ferraz	M	33		01:15:02	01:15:01	
261	12284	António Alberto Patrício Cardoso	M	35		01:15:02	01:14:41	OS PERGUIÇAS
262	11372	Pedro Santos Vicente	M	38		01:15:05	01:15:05	
263	11350	Edgar Cardeira	M	35		01:15:06	01:14:45	SALAMANDRECOS
264	11275	Diogo Sousa	M	27		01:15:08	01:12:18	GO!RUNNERS
265	11276	Pedro Carmona	M	31		01:15:08	01:12:17	GO!RUNNERS
266	11111	Filipa Lopes	F	25		01:15:10	01:14:03	Bananas
267	11277	Tiago Marques	M	30		01:15:16	01:12:29	GO!RUNNERS
268	12012	eduardo fazenda	M	52		01:15:19	01:14:59	
269	11228	João Ferreira	M	30		01:15:22	01:14:35	POWERBOOST CLUB
270	11382	jorge oliveira	M	58		01:15:26	01:15:22	MENTE TRAQUINA
271	11483	Luis Carreira	M	29		01:15:27	01:15:09	MotoRatos and Friends
272	11346	Helena Ferreira	F	30		01:15:28	01:15:06	
273	11347	André Carvalho	M	31		01:15:29	01:15:07	
274	11988	Maria Nôemia Sequeira	F	47		01:15:31	01:15:30	SS CGD
275	11609	Carlos Leitão	M	52		01:15:31	01:15:30	SS CGD
276	12261	Manuel Martins	M	53		01:15:39	01:15:39	Pine Sun Team
277	11796	JOSÉ RODRIGUES	M	51		01:15:41	01:15:32	PRESTÍGIO
278	11774	Mariana Danif	F	16		01:15:42	01:15:35	
279	11567	Mafalda Machado	F	36		01:15:42	01:14:41	CLUBE DESPORTIVO TCPI
280	10897	José Felix	M	47		01:15:42	01:15:09	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
281	11362	Luis Rodrigues	M	37		01:15:44	01:15:01	
282	11284	Jorge Mendes	M	30		01:15:44	01:14:36	URBAN BITCHES
283	11716	Bjoern Taube	M	47		01:15:55	01:15:19	
284	10853	Marco Henriques	M	32		01:16:02	01:15:27	UDRS Guerreiros do Rio
285	12299	Paulo Silveira	M	36		01:16:03	01:14:57	Os Incriveis
286	10600	Francisco Marques	M	49		01:16:06	01:15:40	
287	11802	Artur Vieira	M	45		01:16:07	01:15:56	Aroo
288	12185	Fábio Santos	M	28		01:16:10	01:15:24	Casa Benfica Charneca Caparica
289	12188	Hugo Crescido	M	36		01:16:10	01:15:24	Casa Benfica Charneca Caparica
290	11697	Joel Calado	M	34		01:16:13	01:16:02	FOLLOW ME
291	12139	Hugo Dias	M	36		01:16:19	01:16:10	Olha lá!
292	11345	André Santos	M	31		01:16:22	01:16:04	
293	10596	Pedro Rocha	M	34		01:16:23	01:15:20	Gym4
294	11706	Adolfo Almeida	M	37		01:16:24	01:16:13	ALL ABOUT
295	11633	DAVID	M	52		01:16:26	01:15:29	
296	12178	Rui Costa	M	44		01:16:26	01:15:27	A Turma do Spald
297	10588	Rui Pedro Fernandes	M	30		01:16:28	01:15:56	Faneca Running
298	11705	Nuno Henriques	M	42		01:16:34	01:16:17	ALL ABOUT
299	12480	Rogério Becho	M	39		01:16:35	01:16:33	
300	11649	Valter Filipe Monteiro da Silva Alves Guerreiro	M	31		01:16:37	01:16:03	Kings of Trail
301	12414	ATLETA NÃO CADASTRADO	M	0		01:16:38	01:16:09	
302	11639	Ana Carla Adro	F	43		01:16:38	01:16:38	SALAMANDRECOS
303	11640	António Adro	M	46		01:16:38	01:16:38	SALAMANDRECOS
304	11559	RAFAEL FERNANDES	M	27		01:16:39	01:16:23	
305	12291	Mário Tavares	M	35		01:16:39	01:15:52	CORVOS
306	11388	Pedro Costa	M	38		01:16:41	01:15:59	
307	11351	Nuno Almeida	M	38		01:16:45	01:16:40	
308	12472	Bruno Campos	M	40		01:16:49	01:16:48	Aroo
309	10645	Rui Pereira	M	32		01:16:49	01:15:51	OS NETOS
310	12360	NELSON RIBEIRO	M	41		01:16:59	01:16:43	
311	11582	Carlos Vaz	M	47		01:17:00	01:16:20	
312	12270	Pedro Namora	M	30		01:17:05	01:16:49	Starves trailers
313	12427	Tomás Graça	M	19		01:17:10	01:16:56	2705 - Destreinados
314	12058	Paulo Flor	M	38		01:17:11	01:16:53	
315	11729	Alexandre Domingos	M	42		01:17:12	01:16:24	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
316	11551	Claudio Quelhas	M	32		01:17:20	01:17:16	
317	12222	Pedro Nunes	M	43		01:17:22	01:17:17	Mag8 Bike Team
318	12143	Tiago Magalhaes	M	36		01:17:24	01:17:07	Lagartixas de Sintra
319	11496	Angelo Filipe Lobo	M	38		01:17:27	01:17:17	ALL-TITUDES TRAIL TEAM
320	11809	Luis Chibeles	M	40		01:17:27	01:16:56	CilNet
321	12159	Rafael Ricardo Lopes Madeira	M	39		01:17:28	01:17:10	Janas F.C
322	12155	Frederico Alexandre Brandão Rilhas	M	32		01:17:29	01:17:11	Janas F.C
323	12370	António Ventura	M	44		01:17:33	01:17:33	OS COXOS
324	12146	Nuno Marques	M	40		01:17:41	01:17:23	Lagartixas de Sintra
325	12479	Fátima Pacheco do Cruzeiro	F	39		01:17:45	01:17:44	
326	11279	Joana Monteiro	F	22		01:17:48	01:17:48	GO!RUNNERS
327	10575	Luisa Santo	F	19		01:17:49	01:16:54	
328	11725	Antonio Monteiro	M	50		01:17:51	01:17:33	ALL ABOUT
329	11688	José Miguel Weinberg	M	37		01:17:53	01:17:33	
330	12223	João Raposo	M	29		01:17:53	01:17:35	
331	12115	Pedro Broges	M	40		01:17:53	01:17:49	
332	12219	Francisco Amaro	M	48		01:17:56	01:17:53	Mag8 Bike Team
333	10856	Sérgio Manuel Isidoro Rodrigues	M	38		01:17:59	01:17:19	
334	11297	Pedro Miranda Rebelo	M	42		01:18:02	01:17:23	
335	11648	Hugo Almeida	M	34		01:18:03	01:17:19	
336	12473	Bruno Pimenta	M	34		01:18:06	01:18:06	Aroo
337	11584	Luis Mateus	M	32		01:18:09	01:18:04	
338	10867	Nuno Fidalgo	M	40		01:18:12	01:18:02	
339	11104	Manuel Leitão	M	37		01:18:14	01:17:44	Runners Network
340	12166	João Colaco	M	45		01:18:16	01:17:45	Runners Network
341	12263	Mário Rui	M	33		01:18:17	01:18:17	Pine Sun Team
342	12458	Filipe Cunha	M	35		01:18:17	01:18:15	OS COXOS
343	12460	Renato Gomes	M	38		01:18:20	01:18:06	OS COXOS
344	11005	Daniel Raposo	M	34		01:18:21	01:17:37	
345	12220	Rui Pereira	M	38		01:18:27	01:18:25	Mag8 Bike Team
346	11568	Sérgio Oliveira	M	33		01:18:28	01:17:26	CLUBE DESPORTIVO TCPI
347	12269	nuno miguel dias dos santos	M	35		01:18:30	01:17:49	
348	12268	Luis Apolinario	M	41		01:18:32	01:17:52	PEOPLE OUTDOOR
349	10951	Henrique Sebastião	M	45		01:18:36	01:18:31	
350	11735	Hugo Ferreira	M	38		01:18:37	01:18:07	CilNet

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
351	10309	Sónia Barros	F	40		01:18:39	01:18:39	
352	10648	João Pereira	M	33		01:18:39	01:17:43	OS NETOS
353	12491	Luis Aires	M	47		01:18:40	01:17:52	Equipa da Maria
354	11529	Ricardo Valadares	M	32		01:18:41	01:18:41	
355	11239	Marco Campaniço	M	33		01:18:42	01:18:12	
356	12005	Luís Fernandes	M	28		01:18:53	01:18:14	
357	12245	Carlos Isidoro	M	50		01:18:54	01:18:14	
358	11650	Igor Manuel Valente de Sousa	M	29		01:18:56	01:18:22	Kings of Trail
359	12054	Nelson Dias	M	35		01:18:57	01:17:55	AÇO TEAM
360	11675	TANIA SARAIVA	F	31		01:18:57	01:18:51	
361	12377	Thierry Silva	M	30		01:18:58	01:18:28	Faneca Running
362	12467	Carlos José Monteiro	M	54		01:19:00	01:18:54	
363	12126	Milton Fernandes	M	26		01:19:00	01:18:54	
364	11784	João Henriques	M	41		01:19:02	01:18:57	SS CGD
365	11396	Pedro Lucas	M	35		01:19:04	01:18:03	Elite Trail Team
366	12195	Bruno Bras	M	36		01:19:08	01:18:09	A Turma do Spald
367	12104	Pedro Costa	M	33		01:19:18	01:18:14	AÇO TEAM
368	11499	Nuno Lopes	M	40		01:19:20	01:19:14	Bandidos
369	11495	Hugo Paulo	M	30		01:19:24	01:18:55	URBAN TRAIL SAMORA CORREIA
370	11502	Carlos Cardoso	M	21		01:19:30	01:19:24	Bandidos
371	11265	Ricardo Valente Bento	M	41		01:19:38	01:19:35	Príncipes De Monsanto
372	11380	Luis Silva	M	40		01:19:41	01:18:55	
373	11732	Pedro Farinha	M	45		01:19:43	01:19:13	Kotas & Companhia
374	11119	Manuel José Maia Fernandes de Sá	M	31		01:19:44	01:19:02	
375	11293	Nuno Miguel Almeida Pereira	M	24		01:19:44	01:19:29	
376	10610	Alberto Cabo	M	47		01:19:46	01:19:27	
377	11612	Telmo Timoteo	M	29		01:19:47	01:19:47	
378	12016	Nuno Gonçalo Dinis dos Santos Pinto	M	31		01:19:48	01:19:26	
379	11505	Carina Gaspar	F	25		01:19:53	01:19:41	Cabritos do Mato QUEIJADINHAS
380	11507	Tânia Ferreira	F	27		01:19:53	01:19:41	Cabritos do Mato QUEIJADINHAS
381	12364	Vasco Braz	M	35		01:19:56	01:19:52	
382	10864	Nelson Santos	M	41		01:19:59	01:19:42	
383	12110	Ricardo Fabiana	M	40		01:19:59	01:19:55	
384	12272	João Saraiva	M	36		01:20:05	01:19:42	Amigos do Amílcar
385	12000	Pedro Lourenço	M	34		01:20:07	01:19:58	ALL ABOUT

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
386	12048	Maria Lourenço	F	41		01:20:09	01:19:44	Farol.Media
387	12047	Vitor Reis	M	41		01:20:09	01:19:46	Farol.Media
388	12082	Artur Pereira	M	46		01:20:11	01:20:04	
389	11713	Mário Carvalho	M	39		01:20:12	01:19:34	PEOPLE OUTDOOR
390	11801	Paulo Santos	M	50		01:20:13	01:19:33	
391	11112	Patrícia Antunes	F	26		01:20:14	01:19:07	Bananas
392	12029	Francisco Miguel Duarte Barata	M	27		01:20:27	01:19:49	
393	11606	PEDRO GOMES	M	35		01:20:29	01:20:08	SS CGD
394	12078	Sara Cunha	M	39		01:20:31	01:20:23	
395	12418	Alexandre Pereira	M	29		01:20:36	01:20:15	
396	11398	Ligia Pires coelho	M	45		01:20:36	01:20:36	
397	10863	Vitor Cruz	M	51		01:20:40	01:20:30	SALAMANDRECOS
398	11739	Fernando Andrade	M	60		01:20:41	01:20:29	AÇOREANA CLUBE BANIF
399	11389	Nuno Matos Teixeira	M	43		01:20:45	01:20:04	
400	12317	Júlio Moreira	M	39		01:20:48	01:20:34	
401	12045	José Luis Tomás	M	42		01:20:49	01:20:23	Farol.Media
402	10604	Paulo Lopes	M	44		01:20:52	01:20:04	ALVERCA URBAN RUNNERS
403	11255	Vasco Costa	M	61		01:20:54	01:20:52	
404	12383	Antonio Palma	M	42		01:20:56	01:20:27	
405	11651	Rogério Manuel Monteiro da Silva Alves Guerreiro	M	40		01:20:57	01:20:16	Kings of Trail
406	11215	Sergio Ferreira	M	35		01:20:59	01:20:09	Pernocas D'aço
407	12095	LUIS SANTOS	M	43		01:21:00	01:20:14	BOLINHAS RUNNERS
408	11599	Luis Belbute	M	47		01:21:01	01:20:31	
409	12026	Filipe Oliveira	M	39		01:21:02	01:20:30	CilNet
410	12019	ANA MARGARIDA	F	26		01:21:03	01:20:59	XEXEXE
411	12352	Jose Caiado Silva	M	47		01:21:16	01:20:37	PEOPLE OUTDOOR
412	11244	Gonçalo Martins Ferreira	M	33		01:21:20	01:20:57	PEOPLE OUTDOOR
413	11805	Gonçalo Martins	M	39		01:21:21	01:21:09	Aroo
414	11583	Pedro Gomes	M	43		01:21:21	01:21:10	
415	11707	Paulo Carvalho	M	49		01:21:21	01:21:11	ALL ABOUT
416	12156	Nuno Miguel Carvalho dos Santos	M	40		01:21:23	01:21:06	Janas F.C
417	11572	Marco Rodrigues	M	40		01:21:24	01:21:11	MAU MAUS
418	12275	Eduardo Costa	M	23		01:21:25	01:21:25	Amigos do Amílcar
419	12371	Artur Almeida	M	35		01:21:25	01:21:16	OS COXOS
420	12395	Luis Revés	M	41		01:21:28	01:20:31	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
421	11242	Tiago Castro	M	30		01:21:29	01:20:25	PEOPLE OUTDOOR
422	11632	Ricardo Franco	M	43		01:21:30	01:21:10	
423	12409	Mario Caneira	M	45		01:21:33	01:21:18	JOBRINDE - MONTES SALOIOS
424	11723	Paula Santos	M	44		01:21:35	01:21:24	ALL ABOUT
425	11118	João Faustino	M	41		01:21:37	01:21:05	Príncipes De Monsanto
426	12184	Bruno Santos	M	38		01:21:38	01:20:51	Casa Benfica Charneca Caparica
427	11718	Glenn B. LeMasters Jr.	M	48		01:21:43	01:21:09	
428	12233	Luisa Landeiro	F	45		01:21:43	01:21:39	SS CGD
429	12471	José Magalhães	M	48		01:21:44	01:20:41	
430	11211	Nuno Seara	M	31		01:21:49	01:20:55	Pernocas D'aço
431	10990	Nuno Martins	M	37		01:21:52	01:21:14	
432	12198	Jorge Proença	M	40		01:21:56	01:20:57	Night Team
433	12391	Tiago Francisco	M	32		01:21:57	01:21:02	
434	12477	Natasha Planas Dias	F	45		01:22:04	01:22:01	
435	12138	Paulo Bras	M	37		01:22:15	01:22:07	Olha lá!
436	11989	Paulo Silva	M	54		01:22:18	01:21:58	SALAMANDRECOS
437	12197	Fábio Dias	M	22		01:22:18	01:21:15	Night Team
438	12189	Ana Rodrigues	F	30		01:22:24	01:21:37	Casa Benfica Charneca Caparica
439	12187	Tânia Azevedo	F	34		01:22:24	01:21:37	Casa Benfica Charneca Caparica
440	12186	Vitor Baixinho	M	42		01:22:24	01:21:38	Casa Benfica Charneca Caparica
441	11607	RUI PEREIRA	M	45		01:22:25	01:21:46	SS CGD
442	11765	Helena Madeira	F	33		01:22:29	01:21:38	CURIOSOS
443	11764	Paulo Parreira	M	32		01:22:29	01:21:37	CURIOSOS
444	12488	Raul Jesus	M	47		01:22:31	01:21:43	Equipa da Maria
445	12339	Pedro Correa	M	42		01:22:32	01:22:21	
446	11541	Bruno Alves	M	32		01:22:32	01:22:00	
447	11540	Marisa Santos	F	37		01:22:32	01:21:59	
448	11354	Jorge Antunes	M	44		01:22:33	01:21:38	POWERBOOST CLUB
449	12497	Luís Roquete	M	41		01:22:33	01:22:28	
450	12108	João Luís Cardoso Monteiro	M	27		01:22:34	01:21:22	
451	12107	José Manuel Gonçalves Coelho	M	30		01:22:35	01:21:23	
452	12294	Sílvia Silva	F	32		01:22:36	01:21:46	CORVOS
453	12237	Claudia Pargana	F	50		01:22:40	01:21:37	RUN 4 FUN
454	11604	FRANCISCO CLERIGO	M	62		01:22:44	01:22:29	SS CGD
455	11527	Carlos Brandão	M	39		01:22:46	01:22:07	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
456	12163	Rafael Fernandes	M	31		01:22:47	01:21:42	AÇO TEAM
457	11232	João Serra	M	43		01:22:49	01:22:30	AÇOREANA CLUBE BANIF
458	12077	Filipe Sousa	M	32		01:22:50	01:22:07	
459	12173	ATLETA NÃO CADASTRADO	M	0		01:22:54	01:22:54	
460	12172	miguel guimarães	M	41		01:22:54	01:22:22	
461	12415	Ana Catarina Gregório	F	31		01:22:56	01:22:32	PEOPLE OUTDOOR
462	11402	Gonçalo Pinto	M	28		01:22:59	01:22:33	
463	11645	ricardo pinto	M	40		01:23:00	01:22:44	
464	11557	PEDRO LOURO	M	32		01:23:04	01:23:00	SS CGD
465	11537	Anthony Bento	M	31		01:23:06	01:22:52	PEDRAS DE DEUS
466	11603	Margarida Fernandes	F	31		01:23:08	01:23:06	
467	12128	Tiago Oliveira	M	29		01:23:10	01:22:28	Devagar, devagarinho!!
468	11373	Carlos Correia	M	49		01:23:14	01:22:12	atlétic via rara
469	11375	Carlos Vidais	M	42		01:23:14	01:22:12	atlétic via rara
470	10948	Luis Baião	M	36		01:23:15	01:22:18	O ESTRONDO
471	10950	João Bernardino	M	36		01:23:15	01:23:15	O ESTRONDO
472	11366	PAULO BAILÃO	M	45		01:23:18	01:22:22	SS CGD
473	12031	Manuel Sequeira	M	65		01:23:28	01:23:10	
474	11002	Tiago Santos Jorge	M	16		01:23:28	01:22:24	TURBO LENTOS
475	10595	Nuno Teixeira	M	40		01:23:29	01:22:23	Gym4
476	11115	David Beja	M	35		01:23:35	01:22:28	Bananas
477	12234	Olga Borges	F	40		01:23:36	01:23:32	SS CGD
478	12450	Rute Fernandes	M	35		01:23:36	01:23:09	
479	11409	ATLETA NÃO CADASTRADO	M	0		01:23:37	01:22:28	
480	11776	Mário Joao Pité	M	40		01:23:42	01:23:05	Kangurus S.A.
481	10649	João Sousa	M	31		01:23:49	01:22:52	OS NETOS
482	10644	Paulo Gonçalves	M	31		01:23:49	01:22:53	OS NETOS
483	11658	João Caninhas	M	40		01:24:11	01:23:47	Os Corre e Foge
484	11553	Nuno Pignatelli	M	34		01:24:11	01:23:05	Bananas
485	10852	João Robalo	M	54		01:24:12	01:23:37	UDRS Guerreiros do Rio
486	11591	Luis Catita	M	48		01:24:16	01:23:39	Kangurus S.A.
487	11266	Miriam Czepiecová	F	23		01:24:19	01:23:40	
488	12182	Pedro Miguel da Costa Faustino	M	36		01:24:22	01:23:54	G FORCE
489	11695	António Simões Moura	M	43		01:24:22	01:24:19	Príncipes De Monsanto
490	11298	minne bouma	M	40		01:24:23	01:24:23	ABWE

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
491	11268	Pedro Barroso	M	34		01:24:25	01:24:11	
492	11267	Martina Kloubová	F	24		01:24:26	01:23:47	
493	12113	Monica Paias	F	36		01:24:26	01:24:21	
494	11280	Bruno Monteiro	M	28		01:24:27	01:21:34	GO!RUNNERS
495	11355	Luis Andrade	M	33		01:24:27	01:24:23	
496	11292	FABIANA GONÇALVES	F	29		01:24:30	01:23:49	CASA DO PESSOAL DA RTP
497	12050	Henrique Neto	M	39		01:24:33	01:24:25	
498	12259	Fábio Soares	M	28		01:24:34	01:24:33	Pine Sun Team
499	10606	Rui Soares	M	40		01:24:39	01:24:32	SS CGD
500	12457	Marta Vieira	F	39		01:24:43	01:24:04	
501	12062	Catarina Nascimento	F	26		01:24:46	01:23:50	jataquase
502	12098	José Martins	M	36		01:24:46	01:23:51	jataquase
503	11753	LUIS MIGUEL MARTINS	M	44		01:24:47	01:23:57	
504	11494	Bruno Carinhas	M	42		01:24:55	01:24:42	ALL-TITUDES TRAIL TEAM
505	11744	Paulo Quintans	M	43		01:24:55	01:24:15	
506	11800	Henrique Quintans	M	15		01:24:56	01:24:56	
507	12443	André Morita da Silva Graça	M	14		01:25:05	01:24:58	SALAMANDRECOS
508	12442	Luis Melo da Silva Graça	M	45		01:25:05	01:24:56	SALAMANDRECOS
509	12447	Vasco Cova	M	45		01:25:06	01:24:59	SALAMANDRECOS
510	11602	João Lourenço	M	36		01:25:06	01:25:04	
511	12353	Nuno	M	38		01:25:08	01:24:56	
512	11997	Pedro Matos	M	45		01:25:23	01:25:08	ALL ABOUT
513	10679	Andrea Ferreirinha	F	39		01:25:27	01:24:38	ALVERCA URBAN RUNNERS
514	10680	Cheila Henriques	F	25		01:25:27	01:24:38	ALVERCA URBAN RUNNERS
515	11295	Antonio Cameira	M	53		01:25:27	01:24:44	
516	11475	sandra	F	34		01:25:28	01:25:13	
517	11288	fernando rodrigues	M	42		01:25:29	01:24:59	
518	11476	Jorge Miguel Oliveira	M	39		01:25:30	01:25:14	
519	12481	Elizabete Santos	F	42		01:25:31	01:25:29	
520	11290	Amilcar Barreto	M	43		01:25:32	01:24:44	Equipa da Maria
521	11728	Henrique Matos	M	45		01:25:33	01:25:33	ALL ABOUT
522	12484	Cristina Manuela Rodrigues Chaves	F	46		01:25:33	01:24:46	Equipa da Maria
523	11401	David Emanuel Soares Massena	M	27		01:25:36	01:25:09	
524	11608	RUI SANTOS	M	47		01:25:38	01:24:41	SS CGD
525	12157	Marco Aurélio Colimão Antunes	M	30		01:25:39	01:25:20	Janas F.C

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
526	12035	Diogo Rodrigues	M	35		01:25:39	01:24:46	POWERBOOST CLUB
527	10388	Sofia Sousa	F	38		01:25:40	01:25:40	
528	11789	Mariana Ortigoso	M	36		01:25:41	01:25:30	
529	11790	Claudio Vicente	M	36		01:25:41	01:25:29	FOLLOW ME
530	11359	Bo Irik	M	26		01:25:43	01:25:16	
531	11374	José Correia	M	57		01:25:49	01:24:45	atlétic via rara
532	11376	Carlos Pedro	M	44		01:25:49	01:24:47	atlétic via rara
533	11769	Paulo Cesar Silva	M	34		01:25:50	01:25:23	URBAN TRAIL SAMORA CORREIA
534	11116	Hugo Marçal	M	30		01:25:51	01:24:41	URBAN BITCHES
535	11245	daniela pitrez	F	29		01:25:52	01:25:28	PEOPLE OUTDOOR
536	12088	Nuno Marques	M	28		01:25:54	01:25:54	Os INcapazes
537	12086	Fernando Gaspar	M	39		01:25:54	01:25:17	Os INcapazes
538	12085	João Ribeiro	M	36		01:25:54	01:25:16	Os INcapazes
539	12087	Rui Lança	M	37		01:25:54	01:25:16	Os INcapazes
540	11102	Pedro Lopes	M	31		01:25:54	01:25:54	URBAN BITCHES
541	12181	Ricardo Filipe Pires Silva	M	36		01:26:03	01:25:36	G FORCE
542	11533	Nuno Filipe da Silva Monteiro	M	40		01:26:05	01:25:56	BARCLAYS VIDA
543	12120	Rogério Fernandes	M	42		01:26:07	01:25:43	Vamos lá dar tudo!
544	11327	Mario Porfirio	M	42		01:26:08	01:25:28	SALAMANDRECOS
545	11326	Lucia Silva	F	36		01:26:09	01:25:28	SALAMANDRECOS
546	11544	Abilio Gomes	M	51		01:26:11	01:26:05	
547	12381	Gilberto Rosa	M	32		01:26:12	01:25:44	Faneca Running
548	10870	Luis Canais	M	28		01:26:14	01:25:39	
549	11381	Julio Almeida	M	38		01:26:21	01:25:34	
550	12439	Rui Teixeira	M	36		01:26:31	01:26:09	TALVEZ...
551	11590	ATLETA NÃO CADASTRADO	M	0		01:26:38	01:26:25	
552	11587	ATLETA NÃO CADASTRADO	M	0		01:26:39	01:26:26	
553	12277	Aires Afonseca	M	38		01:26:42	01:26:17	CARAPUS DE CORRIDA
554	12280	Nadia Martins	F	35		01:26:42	01:26:18	CARAPUS DE CORRIDA
555	11105	Pedro Serrano	M	25		01:26:43	01:26:27	
556	12247	Paulo Jorge Mourato Cabaço	M	48		01:26:45	01:26:01	
557	11746	Ana Sofia Correia	F	27		01:26:46	01:26:21	CORRER LISBOA
558	10658	Jorge Ribeiro	M	35		01:26:47	01:25:44	
559	10659	Bruno Rodrigues	M	39		01:26:47	01:25:44	
560	12453	Susana Novais Santos	F	40		01:26:54	01:26:54	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
561	11364	Vanessa Pais	F	30		01:26:57	01:26:48	
562	11378	António Eduardo Silva Coelho	M	59		01:26:57	01:26:48	
563	11363	João Paulo Duarte Caetano	M	43		01:26:57	01:26:48	
564	11548	João Silva	M	23		01:26:59	01:26:48	
565	11549	Miguel José Rodrigues Teixeira Miguel	M	26		01:26:59	01:26:48	
566	11595	Gustavo Mendes	M	42		01:27:04	01:26:30	Kangurus S.A.
567	11804	Rui Gorgulho	M	20		01:27:05	01:26:53	Aroo
568	12446	Sérgio Dias	M	35		01:27:07	01:26:47	PÂNICO
569	12407	Filipe Junot	M	33		01:27:09	01:25:57	
570	11397	Pedro Gandara	M	35		01:27:11	01:26:09	Elite Trail Team
571	11472	Tam Afonso	M	62		01:27:15	01:26:56	AÇOREANA CLUBE BANIF
572	10988	VitorRoquete da Costa	M	47		01:27:17	01:27:13	
573	11391	Martim Costa Seco	M	45		01:27:19	01:27:10	SALAMANDRECOS
574	12361	JOSÉ MOREIRA	M	41		01:27:20	01:27:03	
575	12255	Katja Goettsche	F	51		01:27:21	01:26:45	
576	11497	Carlos Manuel Guedes	M	39		01:27:27	01:27:15	ALL-TITUDES TRAIL TEAM
577	11512	Tiago Abreu	M	29		01:27:34	01:26:43	POWERBOOST CLUB
578	11576	Susana Climas	F	27		01:27:40	01:26:32	OS CARACÓIS FURIOSOS
579	11579	Ruben Sousa	M	32		01:27:40	01:26:30	OS CARACÓIS FURIOSOS
580	11580	Ruben Martins	M	28		01:27:40	01:26:32	OS CARACÓIS FURIOSOS
581	10609	Rui Xavier	M	48		01:27:42	01:27:23	CLUBE EDP - LISBOA
582	11667	Vilma Nummila	F	19		01:27:46	01:27:00	
583	11702	Emmi Koskenvesa	F	19		01:27:47	01:27:02	
584	12435	Vitor loureiro	M	47		01:27:48	01:27:48	
585	12476	Luis Almeida	M	50		01:27:50	01:27:47	Aroo
586	12434	Rute briganti	F	37		01:27:50	01:27:49	
587	11747	Nuno Campos	M	41		01:27:56	01:27:43	ALL-TITUDES TRAIL TEAM
588	10880	jorge gonçalves	M	35		01:27:58	01:27:24	AS LOUCAS
589	12129	Catarina Lourenço	F	26		01:27:59	01:27:16	Devagar, devagarinho!!
590	12027	João Silva	M	38		01:27:59	01:27:26	CilNet
591	11618	Nuno Marques	M	38		01:28:00	01:27:39	
592	11619	Bárbara Sá Marques	F	35		01:28:00	01:27:39	
593	11349	Rui Lopes dos Santos	M	40		01:28:03	01:28:03	
594	11220	Francisco	M	25		01:28:04	01:27:35	Os Verídicos
595	11221	Manuel	M	25		01:28:05	01:28:05	Os Verídicos

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
596	10611	Paulo Carvalho	M	61		01:28:11	01:27:52	CLUBE EDP - LISBOA
597	12438	Orlando Custodio	M	39		01:28:34	01:28:14	TALVEZ...
598	12162	Tiago Veiga	M	36		01:28:37	01:28:00	
599	10650	Eurico Marinho	M	35		01:28:43	01:28:12	
600	10651	Bruno Fernandes	M	37		01:28:43	01:28:09	
601	12424	FRANCISCO RAMIRES TOJAL	M	33		01:28:44	01:27:59	
602	11282	Cátia Ramalho	F	33		01:28:47	01:27:42	URBAN BITCHES
603	11522	Bruno Proenca	M	35		01:28:49	01:28:07	TANTADOR
604	11358	André Preto	M	34		01:28:50	01:28:42	SALAMANDRECOS
605	11229	Andreia Lemos	M	31		01:28:50	01:28:42	SALAMANDRECOS
606	11791	Carlos Gonçalves	M	45		01:28:52	01:28:24	
607	12213	Pedro Nunes	M	42		01:28:53	01:28:01	
608	11249	joao meruje	M	61		01:28:54	01:28:38	
609	11542	Sara Rainho	F	41		01:28:56	01:28:45	
610	12385	Nuno Moreira	M	34		01:28:58	01:28:15	ALVERCA URBAN RUNNERS
611	12243	Tiago Soares	M	19		01:28:58	01:28:35	Gambozinos de Sintra
612	12241	Rui Marques	M	44		01:28:58	01:28:34	Gambozinos de Sintra
613	12242	Nuno Almeida	M	38		01:28:59	01:28:34	Gambozinos de Sintra
614	11516	Rodrigo Vieira	M	29		01:28:59	01:28:42	MotoRatos and Friends
615	11770	Marisa Ferreira	F	33		01:28:59	01:28:33	URBAN TRAIL SAMORA CORREIA
616	11803	Milene Ferreira	F	40		01:29:00	01:28:48	Aroo
617	11676	SOLANGE PORTELA	F	29		01:29:00	01:28:54	
618	11394	Carlos Lopes	M	56		01:29:05	01:28:05	Elite Trail Team
619	12372	Ricardo Costa	M	37		01:29:11	01:28:57	OS COXOS
620	11556	Pedro Manuel Moreira Vaz Antunes de Sousa	M	50		01:29:12	01:29:03	
621	11223	andre viseu	M	20		01:29:29	01:29:27	MENTE TRAQUINA
622	11283	Rui Medeiros	M	29		01:29:30	01:28:24	URBAN BITCHES
623	12362	PAULO CORREIA	M	44		01:29:34	01:29:14	
624	11296	Andreia Varandas	F	25		01:29:44	01:29:30	
625	11299	Ricardo Silva	M	27		01:29:56	01:28:47	URBAN BITCHES
626	12036	bruno ferreira	M	35		01:29:56	01:28:51	os fojeiros
627	12102	Paulo Oliveira	M	46		01:30:03	01:29:40	
628	11379	SÉRGIO ANTUNES	M	48		01:30:12	01:29:43	CLUBE ANACOM
629	12010	Cristina Silvestre	F	40		01:30:20	01:29:41	
630	12228	FERNANDO CORREIA	M	48		01:30:26	01:30:07	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
631	11403	Pedro Carvalho	M	44		01:30:29	01:29:49	
632	11348	Pedro Custódio	M	41		01:30:30	01:30:30	
633	11661	Pedro Neves	M	46		01:30:30	01:30:16	
634	11663	Mariana Silva	F	38		01:30:34	01:30:07	CORRER LISBOA
635	12358	João Azevedo	M	42		01:30:36	01:29:51	CARREGA VENDA
636	12253	Fabio Carvalho	M	23		01:30:37	01:29:36	Starves trailers
637	12051	Rafael Caetano	M	22		01:30:38	01:30:24	
638	12052	Ana Sofia Carrajola Nunes	F	22		01:30:38	01:30:24	
639	11781	Pedro Freitas	M	30		01:30:48	01:30:22	
640	12408	Armando Costa	M	42		01:30:49	01:30:33	JOBRINDE - MONTES SALOIOS
641	11259	Pedro	M	31		01:30:49	01:28:56	LSBAC
642	11260	Nuno Mendonça	M	28		01:30:50	01:28:58	LSBAC
643	11592	Rui Alves	M	44		01:30:51	01:30:16	Kangurus S.A.
644	12281	Natacha Martins	F	33		01:30:52	01:30:28	CARAP AUS DE CORRIDA
645	12006	Patrícia Gomes	F	26		01:30:56	01:30:16	
646	12389	Jose Carlos de Castro	M	28		01:30:58	01:30:33	
647	12202	Rui Pedro Goncalves	M	42		01:31:02	01:30:02	Starves trailers
648	12203	Vera Vaz	F	39		01:31:02	01:30:03	Starves trailers
649	12251	Pedro Figueira	M	37		01:31:02	01:30:02	Starves trailers
650	11671	Pedro Miguel Alves dos Santos e Silva	M	31		01:31:07	01:30:04	
651	11526	Joana Brandão	F	38		01:31:09	01:30:31	
652	12039	Sara Alexandra Dias	F	33		01:31:09	01:30:42	
653	12149	Nuno Galvão	M	52		01:31:10	01:30:21	
654	11566	Isabel Ferreira	F	52		01:31:14	01:30:12	CLUBE DESPORTIVO TCPI
655	11565	Maria Santos	F	47		01:31:14	01:30:12	CLUBE DESPORTIVO TCPI
656	11523	Ricardo Martins	M	34		01:31:17	01:30:36	TANTADOR
657	12496	Rui Alexandre Henriques Bolais Mónica	M	16		01:31:18	01:31:17	
658	11562	João Churro	M	38		01:31:19	01:30:25	OS MESMOS
659	11342	PEDRO SERRA	M	31		01:31:29	01:31:19	
660	11616	Carla Sequeira	F	34		01:31:51	01:31:42	
661	11615	Bruno Geraldes	M	37		01:31:51	01:31:42	
662	11281	Tiago Gonçalves	M	30		01:31:57	01:30:51	URBAN BITCHES
663	11390	João Costa Seco	M	44		01:31:57	01:31:49	SALAMANDRECOS
664	10602	HELENA PINTO	F	37		01:31:58	01:31:08	ALVERCA URBAN RUNNERS
665	12478	Nuno Fernandes	M	39		01:32:02	01:31:59	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
666	12194	Catarina Vicente	F	21		01:32:03	01:31:04	A Turma do Spald
667	12174	Gonçalo Miranda	M	51		01:32:04	01:31:08	A Turma do Spald
668	10387	Joana Morgadinho	F	34		01:32:05	01:32:05	
669	10574	Alexandre Santos	M	35		01:32:06	01:31:11	Sala Ilidia
670	12489	Ana Cristina Dias	F	48		01:32:10	01:31:22	Equipa da Maria
671	11393	Leila Lopes	F	31		01:32:11	01:31:09	Elite Trail Team
672	11392	Carlos Martins	M	31		01:32:11	01:31:09	Elite Trail Team
673	11593	Sara Fulgêncio	F	38		01:32:16	01:31:41	Kangurus S.A.
674	11539	Margarida Pinto	F	43		01:32:18	01:31:58	SS CGD
675	11815	Patricia Monteiro	F	30		01:32:20	01:31:10	URBAN BITCHES
676	11816	Miguel Teixeira	M	30		01:32:20	01:31:09	URBAN BITCHES
677	11636	Rui Raposo	M	38		01:32:22	01:31:56	
678	11635	Mário Raposo	M	65		01:32:22	01:31:57	
679	12250	Rui Carvalho	M	47		01:32:24	01:31:24	Starves trailers
680	12248	Sandra Antunes	F	46		01:32:24	01:31:25	Starves trailers
681	11493	João Silva	M	27		01:32:25	01:32:18	
682	11492	Sofia Correia	F	25		01:32:26	01:32:19	
683	12024	João Maia	M	40		01:32:29	01:31:36	POWERBOOST CLUB
684	12214	Carlos Henrique	M	48		01:32:32	01:31:40	
685	12495	Tiago Nunes	M	23		01:32:33	01:31:45	Equipa da Maria
686	10589	Vitor	M	41		01:32:33	01:31:42	Os Incriveis
687	12244	José Alves	M	65		01:32:34	01:32:02	SS CGD
688	10896	José Alberto	M	33		01:32:34	01:32:01	
689	11509	ademar pereira	M	43		01:32:38	01:31:50	
690	11709	Joana Vaz	M	31		01:32:42	01:32:24	ALL ABOUT
691	11708	Luis Saraiva	M	29		01:32:42	01:32:23	ALL ABOUT
692	12216	João Xavier Rita	M	29		01:32:43	01:32:16	
693	12218	Christoph Fetkenheuer	M	28		01:32:44	01:32:17	
694	12448	claudia bicho	F	35		01:32:49	01:32:09	
695	12375	Nicolau Silva	M	34		01:32:54	01:32:54	Faneca Running
696	12140	Rui Rodrigues	M	38		01:32:56	01:32:49	Olha lá!
697	12161	Sandro António Marques Nobre	M	32		01:33:03	01:32:45	Janas F.C
698	10605	Nuno Rodrigues	M	32		01:33:03	01:32:43	
699	12154	David Alexandre dos Reis Louro	M	31		01:33:03	01:32:45	Janas F.C
700	11657	João Lopes	M	38		01:33:05	01:32:41	Os Corre e Foge

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
701	12015	Joana Gomes	F	27		01:33:13	01:32:11	Night Team
702	11395	Alberto Correia	M	55		01:33:14	01:32:13	Elite Trail Team
703	12417	Pedro Cortegaça	M	24		01:33:21	01:32:57	PEOPLE OUTDOOR
704	11272	Elsa Rute Mendes	F	49		01:33:27	01:32:34	Pernocas D'ação
705	11273	Pedro santos	M	46		01:33:27	01:32:33	Pernocas D'ação
706	11471	João Marques dos Santos	M	32		01:33:34	01:33:19	
707	12462	Tiago Marques	M	35		01:33:35	01:33:20	OS COXOS
708	11412	Luis Policarpo	M	51		01:33:49	01:33:29	960092051
709	12271	Bruno Vilarinho	M	38		01:33:53	01:33:29	Amigos do Amílcar
710	12273	Daniel Gaio	M	30		01:33:54	01:33:29	Amigos do Amílcar
711	11486	Pedro Martins	M	34		01:33:57	01:33:23	PEOPLE OUTDOOR
712	12183	Luís Filipe Lopes Romão	M	33		01:33:59	01:33:31	G FORCE
713	12023	ATLETA NÃO CADASTRADO	M	0		01:34:05	01:33:58	
714	11109	ROSÁRIO FIGUEIRAL	F	48		01:34:06	01:33:32	ALGYMNS
715	12067	Dora Empis	F	37		01:34:07	01:33:24	
716	11546	Sandra Gaspar	M	40		01:34:10	01:33:54	
717	11328	Ricardo Martins	M	36		01:34:13	01:33:16	
718	11106	carlos noronha	M	35		01:34:13	01:33:17	
719	12406	Patricia Matos	F	41		01:34:15	01:33:16	Até os cumiémus. Ou não!
720	12498	Pedro Vitorino	M	39		01:34:16	01:33:17	Até os cumiémus. Ou não!
721	11598	Cristina Barbosa	F	44		01:34:22	01:33:50	
722	11528	Hugo Gaspar	M	37		01:34:24	01:34:09	
723	12179	Patricia Costa	F	34		01:34:25	01:33:56	Runners Network
724	12169	Pedro Trigueira	M	41		01:34:25	01:33:55	Runners Network
725	12053	Jorge Santos Jesus	M	41		01:34:27	01:33:58	NanoMicroMiniParticles
726	11704	David Rocha	M	22		01:34:41	01:34:41	BARCLAYS VIDA
727	11669	Dalila Ruivo	F	51		01:34:41	01:34:33	BARCLAYS VIDA
728	11536	Rui Serrano	M	34		01:34:41	01:33:36	PEOPLE OUTDOOR
729	12350	Sandra Isabel Martins	F	38		01:34:47	01:34:00	
730	12351	Jorge Miguel Martins	M	40		01:34:47	01:34:00	
731	12459	Alexandra Gonçalves	F	45		01:34:48	01:34:48	OS COXOS
732	11108	José Saraiva	M	52		01:34:57	01:34:30	CORRER LISBOA
733	11976	Marisa Bomba	F	31		01:35:01	01:34:53	VELOZES
734	10885	Jorge Manuel Marques de Almeida	M	41		01:35:04	01:34:55	SALAMANDRECOS
735	10598	Sergio Cura	M	39		01:35:04	01:34:09	Sala Ildia

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
736	11500	Simao Santana	M	38		01:35:06	01:34:59	Bandidos
737	12485	Marina Pimentel	F	54		01:35:11	01:34:26	Equipa da Maria
738	12487	Pedro Pereira	M	41		01:35:12	01:34:25	Equipa da Maria
739	10865	Sonia Marques	F	50		01:35:15	01:34:54	
740	12394	Filipa Leitão	F	40		01:35:16	01:34:19	
741	12492	Mario Monteiro	M	49		01:35:21	01:34:35	Equipa da Maria
742	10895	Ana Marques	F	45		01:35:22	01:34:58	
743	12238	Paula Carvalho	F	43		01:35:22	01:34:32	RUN 4 FUN
744	11757	ATLETA NÃO CADASTRADO	M	0		01:35:23	01:35:17	
745	11569	Tiago Brandão	M	30		01:35:28	01:34:55	
746	12124	Guilherme Henriques	M	42		01:35:30	01:35:25	
747	11257	Miguel Labrusco	M	28		01:35:32	01:33:39	LSBAC
748	10409	MIGUEL FREITAS	M	40		01:35:44	01:35:31	DESENTOPE VEIAS
749	11777	Paulo alexandre ferreira peixoto	M	49		01:35:51	01:35:16	Kangurus S.A.
750	12295	Filipe Alves	M	30		01:35:58	01:34:51	Os Incriveis
751	12297	Manuel Alves	M	62		01:35:58	01:34:51	Os Incriveis
752	11501	Francisco Paulos	M	40		01:36:01	01:35:54	Bandidos
753	11794	Dario Pedro	M	42		01:36:03	01:35:53	FOLLOW ME
754	10949	Cátia Dobrões	F	36		01:36:05	01:35:09	O ESTRONDO
755	11262	Pedro Silva	M	36		01:36:07	01:34:16	LSBAC
756	11799	Otelinda Sousa	F	38		01:36:10	01:35:49	
757	12030	Nidia Valadares	F	38		01:36:10	01:35:48	
758	11798	Liliana Monteiro	F	37		01:36:11	01:35:50	
759	12419	Luis Delgado	M	37		01:36:11	01:35:05	Centro Social Quinta Boa Vista
760	10886	Helena Ribeiro	F	44		01:36:19	01:36:17	Príncipes De Monsanto
761	11692	João Vieira	M	57		01:36:26	01:35:28	OS Rurais na Vlla
762	11691	Pedro Costa	M	43		01:36:26	01:35:26	OS Rurais na Vlla
763	11771	Luis Miguel Anacleto Raposo	M	38		01:36:27	01:35:18	Os Duros
764	11983	Susana Isabel dos Santos	F	34		01:36:27	01:35:18	Os Duros
765	11597	Antonio Malheiros	M	34		01:36:29	01:35:47	TANTADOR
766	12249	Susana Ribeiro	F	43		01:36:30	01:35:31	Starves trailers
767	11264	João Pedro Dias	M	38		01:36:34	01:35:56	
768	12278	Ana Almeida	F	38		01:36:34	01:36:09	CARAPUS DE CORRIDA
769	12279	Miguel Salgueiro	M	38		01:36:35	01:36:10	CARAPUS DE CORRIDA
770	11478	Maria de Correia Pais Lopes Escabelado	F	24		01:36:35	01:35:59	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
771	11510	Ricardo Silva	M	24		01:36:35	01:35:59	
772	12034	Tiago Almeida	M	34		01:36:41	01:35:50	POWERBOOST CLUB
773	11642	Luis Decq Mota	M	36		01:36:41	01:35:45	
774	10613	VERA CRUZ	F	32		01:36:41	01:35:52	FÓRCIS
775	12141	Carlos Alberto Gonçalves Ferreira	M	44		01:36:42	01:36:34	Olha lá!
776	10607	ATLETA NÃO CADASTRADO	M	0		01:36:43	01:35:49	
777	10599	ATLETA NÃO CADASTRADO	M	0		01:36:43	01:35:49	
778	12232	João Oliveira	M	42		01:36:44	01:36:31	Ambitare.com
779	12123	Elisabete Fernandes	F	41		01:36:49	01:36:25	Vamos lá dar tudo!
780	10851	Daniela Carvalho	F	39		01:36:56	01:36:20	UDRS Guerreiros do Rio
781	10854	Luís Santos	M	36		01:36:57	01:36:20	UDRS Guerreiros do Rio
782	10855	Renato Saragoça	M	39		01:36:59	01:36:23	UDRS Guerreiros do Rio
783	11518	Nuno Gonçalves	M	28		01:36:59	01:36:41	MotoRatos and Friends
784	12490	Artur Vicente	M	58		01:37:05	01:36:17	Equipa da Maria
785	11289	Alexandre Arana	M	50		01:37:06	01:36:17	RUNNERS DO KANEKO
786	11681	Paulo Eusébio	M	41		01:37:07	01:36:48	FOLLOW ME
787	11287	Chiara Bedini	F	43		01:37:09	01:36:20	RUNNERS DO KANEKO
788	12288	Paulo Jorge da Costa Delgado	M	30		01:37:09	01:36:47	OS PERGUIÇAS
789	11286	Eva Silva	F	40		01:37:10	01:36:22	RUNNERS DO KANEKO
790	12200	Nádia Proença	F	36		01:37:18	01:36:20	Night Team
791	12193	Sara Silva	F	36		01:37:18	01:36:18	A Turma do Spald
792	12199	Ema Dias	F	46		01:37:19	01:36:17	Night Team
793	12137	Livio Rodrigues	M	47		01:37:19	01:37:11	Olha lá!
794	12135	Rui Duarte	M	44		01:37:22	01:37:12	Olha lá!
795	12429	ANTONIO SOUSA COUTINHO	M	33		01:37:24	01:36:40	
796	11535	Bruno Matos	M	35		01:37:31	01:37:15	
797	11733	Filipa Boavida	F	36		01:37:34	01:37:02	CilNet
798	10530	CARLOS ESTEVES	M	48		01:37:37	01:36:48	FÓRCIS
799	10384	CARLA PENEDO	F	41		01:37:37	01:36:47	FÓRCIS
800	12349	Rui Pinto	M	51		01:37:41	01:37:41	
801	12167	Bruno Alexandre Pimentel Lucas	M	35		01:37:42	01:37:13	Runners Network
802	11975	Célia das Neves	F	26		01:37:42	01:37:36	VELOZES
803	12106	Ricardo Tomaz	M	28		01:37:47	01:36:46	AÇO TEAM
804	12366	Dulce Marques	F	51		01:37:48	01:36:48	AÇO TEAM
805	11759	Andreia Sofia Reis Vaz	F	23		01:37:50	01:37:41	VELOZES

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
806	12074	Cátia Torres	F	32		01:37:54	01:37:12	
807	11994	ESMERALDA ALVES	F	39		01:38:01	01:37:10	
808	11995	ANTONIO PEREIRA	M	51		01:38:02	01:37:11	
809	12230	Susana Baltazar	F	40		01:38:04	01:37:51	Ambitare.com
810	12103	Luisa Rego	F	44		01:38:05	01:37:40	
811	12190	Rebeca Calhau	F	41		01:38:05	01:37:41	
812	12367	Teresa Sardinha	F	45		01:38:26	01:37:25	AÇO TEAM
813	12131	Bruno Reis	M	32		01:38:28	01:37:48	Devagar, devagarinho!!
814	12130	Vasco Cipriano	M	38		01:38:29	01:37:47	Devagar, devagarinho!!
815	11775	Renato Santos	M	50		01:38:34	01:38:27	
816	12119	Vasco Dias	M	47		01:38:43	01:38:20	Vamos lá dar tudo!
817	12386	Cláudia Esteves	F	35		01:38:43	01:37:53	ALVERCA URBAN RUNNERS
818	12118	Vanessa Silvestre	F	35		01:38:44	01:38:18	Vamos lá dar tudo!
819	12384	PEDRO MIGUEL SANTOS	M	37		01:38:45	01:37:51	ALVERCA URBAN RUNNERS
820	12436	bruno garces	M	36		01:38:53	01:38:32	TALVEZ...
821	11617	Tânia Graça	F	33		01:39:00	01:38:51	
822	12064	Eduardo Coelho	M	42		01:39:06	01:38:23	
823	12065	Patrícia Teixeira	F	34		01:39:06	01:38:23	
824	12055	moises pires	M	49		01:39:11	01:38:07	os fojeiros
825	11479	Cristele Rodrigues	F	37		01:39:12	01:38:43	
826	11361	Danila Marlene Lopes MOrreira	F	26		01:39:12	01:38:36	As princesas da Serra
827	11772	Carolina Gonçalves	F	37		01:39:12	01:38:44	
828	12341	Sara Filomena Costa Crespo	F	38		01:39:12	01:38:37	As princesas da Serra
829	12122	José Amaral	M	39		01:39:31	01:39:06	Vamos lá dar tudo!
830	12121	Carla Fernandes	F	44		01:39:32	01:39:08	Vamos lá dar tudo!
831	12073	Daniela Torres	F	31		01:39:35	01:38:54	
832	12374	Rui Meneses	M	43		01:39:38	01:38:47	Os Incriveis
833	11634	Pedro Alexandre de Oliveira Serras	M	44		01:39:43	01:38:59	
834	11760	ANDRÉ COELHO	M	32		01:39:53	01:39:11	SS CGD
835	12226	viktor andrade	M	39		01:40:02	01:39:42	SALAMANDRECOS
836	12091	Bernardete Morita	M	41		01:40:03	01:39:17	
837	12090	Sonia Dionisio	M	34		01:40:04	01:39:18	
838	11504	Patrícia Silveirinha	F	39		01:40:10	01:39:58	Cabritos do Mato QUEIJADINHAS
839	12191	Susana Arantes	F	43		01:40:23	01:39:30	
840	12500	Frederico Martins	M	45		01:40:31	01:39:33	Até os cumiémus. Ou não!

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
841	12422	Carlos Machado	M	45		01:40:42	01:40:21	FUTEBOL CLUBE ESTRELAS LISBOA
842	11627	Paulo Fonseca	M	51		01:40:43	01:40:23	
843	12003	Filipa Pires	M	45		01:40:46	01:40:33	ALL ABOUT
844	12002	Elizabete Araujo	M	33		01:40:46	01:40:35	ALL ABOUT
845	11998	Elsa Silva	M	39		01:40:47	01:40:34	ALL ABOUT
846	11213	Vanessa Oliveira	F	32		01:40:47	01:39:55	Pernocas D'aço
847	12013	joana napoles	F	53		01:40:47	01:40:28	
848	10541	SAMUEL VALENTE	M	35		01:40:48	01:40:33	TURMA DO APERTOPAPO
849	12096	Rui Arantes	M	36		01:40:48	01:39:52	jataquase
850	12101	ISMAR FERREIRA	M	55		01:40:49	01:39:56	
851	12455	Manuela Lopes	F	40		01:40:49	01:40:38	
852	11341	Liliana Moreira	F	31		01:41:00	01:40:35	
853	11340	Luis Moura	M	41		01:41:00	01:40:35	
854	10946	João Melo	M	29		01:41:37	01:41:16	AÇOREANA CLUBE BANIF
855	12470	DIOGO RODRIGUES	M	34		01:41:39	01:40:57	
856	12469	RITA FALCATO	F	22		01:41:39	01:40:57	
857	10992	Bruno Miguel Pereira Silva	M	31		01:41:39	01:41:16	
858	10991	Marília Andreia Nogueira Oliveira	F	29		01:41:39	01:41:17	
859	12231	Nuno Marques	M	42		01:41:40	01:41:28	Ambitare.com
860	10868	Sérgio Guerra Silva	M	36		01:41:42	01:40:41	O ESTRONDO
861	12258	João Carlos Antunes Vicente	M	34		01:41:42	01:41:12	Faneca Running
862	12254	Ricardo João Fernandes Gonçalves	M	34		01:41:42	01:41:12	Faneca Running
863	12344	Vania MOnica Carvalho Abelho	F	36		01:41:43	01:41:07	As princesas da Serra
864	12346	Patricia Sofia Morais Carneiro	F	33		01:41:43	01:41:05	As princesas da Serra
865	10654	Elsa Nunes	F	47		01:41:44	01:41:06	
866	11578	Renato Vieira	M	40		01:41:47	01:40:39	OS CARACÓIS FURIOSOS
867	11577	André Silva	M	28		01:41:47	01:40:41	OS CARACÓIS FURIOSOS
868	12017	Catarina Carvalho	F	22		01:41:49	01:40:58	CURIOSOS
869	12018	Daniel Fidalgo	M	23		01:41:49	01:40:55	CURIOSOS
870	12316	Pedro Nuno Carochas Brites	M	42		01:41:50	01:41:36	
871	10947	Cláudia Ferreira	F	25		01:41:51	01:41:28	AÇOREANA CLUBE BANIF
872	11405	ANA SOFIA VARANDAS	F	25		01:41:52	01:41:24	
873	11736	Susana valente	F	39		01:41:54	01:41:21	CiiNet
874	11586	ATLETA NÃO CADASTRADO	M	0		01:41:54	01:41:40	
875	11531	João Mourato	M	40		01:41:55	01:41:40	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
876	11589	ATLETA NÃO CADASTRADO	M	0		01:41:55	01:41:42	
877	11730	Joaquim Monteiro	M	38		01:41:56	01:41:35	FOLLOW ME
878	11731	Gina Sofia Alves	F	35		01:41:56	01:41:36	FOLLOW ME
879	12215	Maria Helena Nunes	F	44		01:41:58	01:41:12	
880	12357	Ricardo Pires	M	40		01:42:05	01:41:20	CARREGA VENDA
881	10646	Marco Silva	M	34		01:42:07	01:41:11	OS NETOS
882	10601	Fábio Soares	M	27		01:42:08	01:41:23	ALVERCA URBAN RUNNERS
883	11686	Aaron Furman	M	53		01:42:17	01:41:54	
884	11343	Lúcia Saiegh	M	40		01:42:24	01:41:41	SALAMANDRECOS
885	12393	JOSE EDMUNDO COSTA	M	55		01:42:24	01:41:54	Faneca Running
886	11222	augusta almeida	F	52		01:42:30	01:42:24	MENTE TRAQUINA
887	12168	Luis Miguel Alves Vaz	M	29		01:42:31	01:42:01	Runners Network
888	12475	Paula Silva	F	43		01:42:34	01:42:34	Aroo
889	12474	Henrique Cola	M	42		01:42:34	01:42:31	Aroo
890	12412	johnny thomassen	M	55		01:42:35	01:41:50	
891	10892	Vitor Silva	M	30		01:42:43	01:41:48	KorreDores
892	10383	MONICA PEREIRA	F	29		01:42:46	01:41:57	FÓRCIS
893	10612	LINA GONÇALVES	F	46		01:42:47	01:41:57	FÓRCIS
894	12246	Paula Serra	F	46		01:43:03	01:42:19	
895	11107	Irene Inácio	F	46		01:43:23	01:42:56	CORRER LISBOA
896	11210	Victor pires	M	46		01:43:28	01:42:37	Pernocas D'aço
897	11520	Deny Domingos	M	26		01:43:32	01:43:14	
898	12363	João Pires	M	46		01:43:48	01:42:52	POWERBOOST CLUB
899	12109	Andreia Correia	F	30		01:44:08	01:43:59	
900	12400	Neusa Almeida	F	38		01:44:22	01:43:20	100% A.S.
901	12398	Salomé André	F	41		01:44:22	01:43:18	100% A.S.
902	11331	Luis Madeira	M	45		01:44:30	01:43:57	SS CGD
903	11538	Margarida Madeira	F	44		01:44:30	01:43:56	SS CGD
904	12145	Ana Marques	F	38		01:44:58	01:44:42	Lagartixas de Sintra
905	12144	Nuno Mestre	M	43		01:44:59	01:44:41	Lagartixas de Sintra
906	11243	Pedro Pinto Marques	M	27		01:45:00	01:43:55	PEOPLE OUTDOOR
907	11561	Rui Durão	M	36		01:45:33	01:44:38	OS MESMOS
908	11114	Catarina Ranhel	F	23		01:45:34	01:44:28	Bananas
909	11563	Pedro Fondinho	M	34		01:45:35	01:44:38	OS MESMOS
910	12376	Clara Mendes	F	31		01:45:35	01:45:06	Faneca Running

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
911	11524	Bruno Almeida	M	35		01:45:36	01:44:55	TANTADOR
912	11369	Vasco Lopes Paulo	M	48		01:45:36	01:44:29	
913	11978	ARTUR DINIS	M	58		01:45:37	01:45:31	ALGYMNS
914	11980	MARIA QUITÉRIA	F	42		01:45:37	01:45:31	ALGYMNS
915	11357	Maria Faustino	F	29		01:45:38	01:45:24	
916	11525	Bruno Santos	M	31		01:45:39	01:44:58	TANTADOR
917	12420	Rodrigo Bandeiras	M	36		01:45:41	01:44:34	Centro Social Quinta Boa Vista
918	11778	Sérgio Seixo	M	42		01:45:41	01:45:02	Kangurus S.A.
919	12451	Paulo Serrano	M	39		01:45:43	01:44:48	KorreDores
920	11514	André Griilo	M	26		01:45:49	01:44:55	POWERBOOST CLUB
921	11552	Joana Graça	M	31		01:45:58	01:45:20	
922	12134	Paulo Amor	M	34		01:46:29	01:46:21	Olha lá!
923	10542	RUBEN VALENTE	M	32		01:46:29	01:46:14	TURMA DO APERTOPAPO
924	12133	Marco Oliveira	M	37		01:46:30	01:46:22	Olha lá!
925	10858	Sidia Seidi	M	28		01:46:39	01:46:01	BARCLAYS VIDA
926	12032	Maria José Teixeira	F	45		01:46:49	01:46:29	
927	12079	Nuno Rosa	M	42		01:46:53	01:46:18	CilNet
928	11752	RUI DURO	M	43		01:46:59	01:46:09	
929	11545	Ligia Rodrigues	F	36		01:47:05	01:46:46	
930	11217	Miguel	M	26		01:47:16	01:46:47	Os Verídicos
931	11218	Leonor	F	25		01:47:16	01:46:46	Os Verídicos
932	11324	Alexandre Lopes	M	54		01:47:20	01:46:08	URBAN BITCHES
933	11814	Daniel Costa	M	32		01:47:20	01:46:07	URBAN BITCHES
934	11325	Marta Lopes	F	32		01:47:21	01:46:08	URBAN BITCHES
935	11761	Hélder José Pereira Salema	M	23		01:47:24	01:46:56	URBAN TRAIL SAMORA CORREIA
936	11748	Carla Talaia	F	37		01:47:25	01:46:56	URBAN TRAIL SAMORA CORREIA
937	12196	Joaquim Dias	M	47		01:47:27	01:46:25	Night Team
938	12176	Carla Sam Pedro	F	43		01:47:30	01:46:30	A Turma do Spald
939	11000	Rita Branco	F	39		01:47:32	01:46:24	SMILE TEAM
940	10872	Carlos Rodrigues	M	47		01:47:41	01:47:06	
941	11758	Manuel Silva Gonçalves	M	33		01:47:43	01:47:34	VELOZES
942	11285	Pedro Caneco	M	42		01:47:56	01:47:08	RUNNERS DO KANEKO
943	11701	João Veiga	M	26		01:47:57	01:47:05	CORRER LISBOA
944	11700	Susana Cristina Serra Amorim	F	29		01:47:58	01:47:05	CORRER LISBOA
945	10873	Paulo Ingrês	M	44		01:48:01	01:47:26	

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
946	12201	Ana Luísa Alves	F	34		01:48:07	01:47:51	nus abaixo do cotovelo
947	11625	Bárbara Belchior	F	36		01:48:09	01:47:21	
948	11624	José Luis	M	38		01:48:09	01:47:21	
949	12266	Ana Luísa Gonçalves do Nascimento Sousa	F	43		01:48:15	01:47:49	
950	11225	Tiago Miguel Acciaioli Aldeia	M	31		01:48:16	01:47:12	
951	12445	Ana Cova	F	47		01:48:30	01:48:22	SALAMANDRECOS
952	11473	Cláudia Tam	F	33		01:48:33	01:47:59	AÇOREANA CLUBE BANIF
953	11113	Camila Morais	F	24		01:48:34	01:47:30	Bananas
954	12397	Dulce Taborda	F	35		01:48:45	01:47:42	100% A.S.
955	12399	Cristina Coelho	F	50		01:48:46	01:47:44	100% A.S.
956	12396	Carlos Rebelo	M	27		01:49:16	01:48:14	100% A.S.
957	12171	Margarida Pereira	F	18		01:49:19	01:49:16	
958	12170	José Pereira	M	47		01:49:21	01:49:18	
959	11247	Dora Rodrigues	F	33		01:49:25	01:48:32	4vagarosos
960	11248	Paulo Cardoso	M	33		01:49:26	01:48:33	4vagarosos
961	12404	João Soares	M	49		01:49:30	01:48:31	Até os cumiémus. Ou não!
962	12046	Teresa Reis	F	40		01:49:41	01:49:15	Farol.Media
963	12044	Gabriel Pestana	M	41		01:49:41	01:49:15	Farol.Media
964	11984	Ana Patrícia	F	32		01:50:05	01:49:28	PEOPLE OUTDOOR
965	10591	Sofia Teles	F	36		01:50:06	01:48:59	Gym4
966	12486	Ricardo Bernardo	M	31		01:50:06	01:48:59	Equipa da Maria
967	11985	Catarina Alves	F	29		01:50:07	01:49:30	PEOPLE OUTDOOR
968	11481	Manuel Cunha	M	30		01:50:08	01:49:16	POWERBOOST CLUB
969	11227	Patrícia Santos	F	28		01:50:10	01:49:18	POWERBOOST CLUB
970	10590	Rosa Ferreira	F	37		01:50:43	01:49:36	Gym4
971	10597	Sonia Matias	F	36		01:50:43	01:49:36	Gym4
972	11585	Maria Margarida Pinheiro	F	29		01:51:06	01:50:01	
973	12431	Sofia Minchin	F	37		01:51:11	01:50:24	
974	12432	Ana Alpalhão	F	42		01:51:12	01:50:24	
975	12379	Paulo Soares	M	39		01:51:18	01:50:48	Faneca Running
976	12256	Bruno Francisco Martins	M	38		01:51:19	01:50:51	Faneca Running
977	11797	ERMESINDA CARVALHO	F	48		01:52:41	01:52:30	PRESTÍGIO
978	11224	André Gonçalo Acciaioli Aldeia	M	32		01:53:09	01:52:05	
979	12105	Nuno Clerigo	M	39		01:53:12	01:52:08	AÇO TEAM
980	10869	Francisco Alves	M	40		01:53:13	01:52:10	AÇO TEAM

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
981	12454	Rute Lopes	F	42		01:53:13	01:53:03	
982	11992	Ondina Teodoro	F	38		01:53:19	01:52:28	
983	11993	Rogério Condeço	M	40		01:53:21	01:52:29	
984	11628	Ana Filipa Almeida Silva	F	29		01:53:31	01:52:38	CORRER LISBOA
985	12405	Joana Caria	F	35		01:53:44	01:52:46	Até os cumiémus. Ou não!
986	12070	Luis Monteiro	M	40		01:53:46	01:52:47	PEDALAR PARA MORFAR
987	12072	Jorge Pego	M	38		01:53:46	01:52:48	PEDALAR PARA MORFAR
988	11117	Luís Seguro	M	36		01:53:47	01:52:37	URBAN BITCHES
989	10876	lina fernandes	F	46		01:53:47	01:53:12	AS LOUCAS
990	11786	Tiago Fonseca	M	41		01:53:48	01:53:48	PEDALAR PARA MORFAR
991	12075	Mario Ferreira	M	37		01:54:53	01:54:23	
992	10994	ATLETA NÃO CADASTRADO	M	0		01:54:54	01:54:12	
993	12076	Alexandra Bento	F	38		01:54:54	01:54:24	
994	11743	Ana Rita Varela	F	24		01:54:54	01:54:48	VELOZES
995	12444	Patricia Santos	M	45		01:55:44	01:55:37	SALAMANDRECOS
996	12416	Ana Maria Antunes	F	25		01:57:44	01:57:20	
997	12061	LUIS BRÁS	M	38		01:57:48	01:57:04	BOLINHAS RUNNERS
998	12059	PAULO SARAIVA	M	50		01:57:48	01:57:04	BOLINHAS RUNNERS
999	12093	JOÃO VIEIRA	M	38		01:57:49	01:57:04	BOLINHAS RUNNERS
1000	12060	CARLA SARAIVA	F	50		01:57:49	01:57:05	BOLINHAS RUNNERS
1001	12094	CIBELE COSTA	F	30		01:57:49	01:57:02	BOLINHAS RUNNERS
1002	11521	Rínia Pedro	F	22		01:57:49	01:57:31	
1003	11655	André Leitão	M	32		01:58:03	01:57:39	Os Corre e Foge
1004	11656	Telma Leitão	F	30		01:58:03	01:57:38	Os Corre e Foge
1005	12068	Bruno Jacinto	M	39		01:58:17	01:57:34	
1006	11271	Catarina Beato	F	37		01:58:31	01:58:12	
1007	11241	João Campos	M	43		01:58:31	01:58:12	SALAMANDRECOS
1008	11404	CLAUDIA VARANDAS	F	23		01:58:51	01:58:22	
1009	11558	Filipe Cardoso	M	36		01:59:07	01:58:14	4vagarosos
1010	10986	Elsa Silva	F	33		01:59:10	01:58:18	4vagarosos
1011	12403	Olivia Soares	F	43		02:01:03	02:00:05	Até os cumiémus. Ou não!
1012	12499	Susana Canto	F	40		02:01:04	02:00:04	Até os cumiémus. Ou não!
1013	11513	Duarte Meneses	M	27		02:01:16	02:00:22	POWERBOOST CLUB
1014	12033	Daniel Veiga	M	35		02:01:16	02:00:21	POWERBOOST CLUB
1015	11096	PAULO PINTO	M	37		02:01:19	02:00:01	CASA DO PESSOAL DA RTP

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1016	11098	MARISA GONÇALVES	F	30		02:01:20	02:00:00	CASA DO PESSOAL DA RTP
1017	10857	Fernando Manuel da Fonseca Maurício	M	36		02:01:58	02:01:19	BARCLAYS VIDA
1018	12345	Dulce Maria Gomes Rodrigues	F	36		02:02:33	02:01:56	As princesas da Serra
1019	12348	Ines da Fonseca Martins	F	15		02:02:33	02:01:56	As princesas da Serra
1020	12347	Maria Leonor Fonseca	F	40		02:02:34	02:01:56	As princesas da Serra
1021	10878	betina barros	F	50		02:04:54	02:04:17	AS LOUCAS
1022	10877	teresa calado	F	48		02:04:55	02:04:19	AS LOUCAS
1023	12097	Tania Gomes	F	36		02:05:32	02:04:37	jataquase
1024	12063	Alexandra Anjos	F	33		02:05:33	02:04:38	jataquase
1025	12229	Luís Baltazar	M	49		02:07:25	02:07:12	Ambitare.com
1026	11596	Ricardo Moura	M	36		02:07:25	02:06:50	Kangurus S.A.
1027	12382	Andrea Soares	F	35		02:07:27	02:06:56	Faneca Running
1028	11216	Diana Gonçalves	F	30		02:14:07	02:13:15	Pernocas D'aço
1029	11212	Bernardo Santos	M	16		02:14:08	02:13:16	Pernocas D'aço
1030	12342	Ana Filipa Pires Sanches	F	32		02:14:32	02:13:54	As princesas da Serra
1031	12340	Maria Joao Mendes Pereira	F	34		02:14:32	02:13:54	As princesas da Serra
1032	11737	Dora Maria Nina Miguel	F	42		02:16:00	02:14:53	
1033	11738	Mauricio Mavile	M	39		02:16:01	02:14:55	
1034	12401	Silvia Almeida	F	40		02:19:29	02:18:30	Até os cumiémus. Ou não!
1035	12402	Renata Ricardo	F	37		02:19:30	02:18:30	Até os cumiémus. Ou não!

Total de registros: 1035