

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	1786	BRUNO LOURENÇO	M	27		00:51:53	00:51:53	EQ HOLMES PLACE
2	646	BRUNO PAIS	M	34		00:52:02	00:52:01	ESTORIL PRAIA
3	1799	PEDRO CRUZ	M	29		00:52:13	00:52:12	GFD RUNNING
4	1737	FRANCISCO PEDRO	M	45		00:52:21	00:52:21	INDIVIDUAL
5	1004	LUIS GOMES	M	35		00:52:32	00:52:31	GA CARANGUEJEIRA
6	694	PAULO GUIMARAES	M	38		00:52:59	00:52:58	AMINHACORRIDA / KALENJI
7	1581	VITOR OLIVEIRA	M	26		00:53:16	00:53:15	ASC VALE GRANDE
8	1113	DAVID INACIO	M	33		00:53:33	00:53:33	JD ALMANSOR
9	1409	CRISTIANO REIS	M	27		00:53:52	00:53:52	AABV-LAGOA ALGARVE
10	1434	JOEL PINHEIRO	M	38		00:54:27	00:54:27	CUA BENAVENTENSE
11	1437	PEDRO RIBEIRO	M	27		00:54:34	00:54:34	CUA BENAVENTENSE
12	1585	JOSE SILVA	M	45		00:55:12	00:55:12	ASC VALE GRANDE
13	1586	PAULO ALVES	M	38		00:55:18	00:55:18	ASC VALE GRANDE
14	998	EDGAR JACINTO	M	29		00:55:38	00:55:37	AUTO_JACINTO
15	1006	ILIDIO DIAS	M	23		00:55:49	00:55:48	GA CARANGUEJEIRA
16	1435	HENRIQUE SANTOS	M	35		00:55:56	00:55:56	CUA BENAVENTENSE
17	1251	PEDRO DIAS	M	44		00:56:18	00:56:18	GD SANTANDER TOTTA
18	1666	MIGUEL DUARTE	M	24		00:56:25	00:56:23	ESTORIL-PRAIA
19	1094	JOÃO INOCÊNCIO	M	45		00:56:28	00:56:27	A VALE SILENCIO
20	1410	SÉNIO MESSIA	M	34		00:56:53	00:56:52	AABV-LAGOA ALGARVE
21	825	MIGUEL VELEZ	M	52		00:57:00	00:57:00	ESTORIL PRAIA
22	1321	JOSÉ CORREIA	M	49		00:57:20	00:57:19	CA PATAMEIRAS
23	1003	LUIS GUARDA	M	51		00:57:38	00:57:38	GA CARANGUEJEIRA
24	170	MARCO CARDOSO	M	29		00:57:41	00:57:40	INDIVIDUAL
25	317	LUIS FERREIRA	M	39		00:57:50	00:57:50	RENERGIA
26	815	PAULO J C GASPAR	M	38		00:57:52	00:57:29	ADCPEREIROBTTRUPE
27	1333	ANTÓNIO RODRIGUES	M	35		00:57:58	00:57:58	GRJA TRIATLO
28	1798	ERNESTO FERREIRA	M	45		00:58:02	00:58:01	GFD RUNNING
29	1691	MIGUEL FRAGOSO	M	36		00:58:07	00:58:04	INDIVIDUAL
30	1449	SÉRGIO SANTOS	M	47		00:58:19	00:58:18	CA PENAFIRME
31	622	RICARDO SIMÕES	M	51		00:58:20	00:58:18	CARTAXO ESC ATLETISMO
32	1725	RICARDO COSTA	M	30		00:58:21	00:58:18	AHBESTORIS
33	629	LUIS VASCONCELOS	M	44		00:58:32	00:58:31	ASC VALE GRANDE
34	1436	JOSÉ BORGES	M	55		00:58:37	00:58:37	CUA BENAVENTENSE
35	157	JOÃO PEDRO	M	45		00:59:10	00:59:09	INDIVIDUAL
36	1064	LUIS M A MIRANDA	M	44		00:59:12	00:59:09	INDIVIDUAL
37	1687	PAULO LOPES	M	42		00:59:13	00:58:54	PSP
38	248	ARMANDO PESSOA	M	46		00:59:14	00:59:14	SS CGD

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
39	1484	PAULO J P COSTA	M	50		00:59:17	00:59:16	INDIVIDUAL
40	1221	FERNANDO CANDEIAS	M	44		00:59:19	00:59:15	SS CGD
41	1770	LUIS BRITO	M	40		00:59:22	00:59:21	INDIVIDUAL
42	1093	PAULO POVÓA	M	52		00:59:26	00:59:26	A VALE SILENCIO
43	562	RODRIGO GUERRA	M	40		00:59:28	00:59:27	INDIVIDUAL
44	843	JAIME MAYORDOMO	M	31		00:59:33	00:59:26	EMSA TEAM
45	263	ANTÓNIO HENRIQUES	M	58		00:59:35	00:59:34	ODIMARQ ALUMÍNIOS
46	1548	HUGO RITO	M	30		00:59:48	00:59:35	CPR A-DO-BARBAS
47	442	JOAQUIM RODRIGUES	M	46		00:59:49	00:59:44	OS CARREGUEIRENSES
48	477	SÉRGIO BATALHA	M	46		00:59:53	00:59:52	GAA VF XIRA
49	762	NUNO COUTO	M	42		00:59:57	00:59:50	GRFH IMPORTAÇÃO E EXPORTAÇÃO
50	1771	RAUL CAETANO	M	43		01:00:04	01:00:03	EQ CUA BENAVENTE
51	1623	ANTÓNIO SIMÕES	M	46		01:00:24	01:00:23	GDC Banco de Portugal
52	1471	BRUNO MIGUEL	M	31		01:00:28	01:00:21	GDP CHÃO DURO
53	379	JOSÉ J C P MOTA	M	28		01:00:29	01:00:17	DOLCE FURADOURO
54	546	VITOR ANTUNES	M	42		01:00:43	01:00:41	SR CAMARNAL
55	1793	NUNO RAFAEL	M	40		01:00:43	01:00:43	
56	31	PEDRO BASSO	M	45		01:00:49	01:00:48	OS COXOS E O MIGUEL
57	1002	ANTONIO FRANCISCO	M	51		01:00:54	01:00:53	GA CARANGUEJEIRA
58	829	CARLOS CUSTÓDIO	M	42		01:00:59	01:00:57	CAMARA L CLUBE
59	673	PAULO ARRENEGA	M	29		01:01:04	01:00:55	UA POVOENSE
60	1154	FÁBIO R R TEIXEIRA	M	31		01:01:12	01:01:05	INDIVIDUAL
61	1608	JORGE GONÇALVES	M	47		01:01:18	01:01:16	SAMORUNNING
62	1067	CARLOS A S MARTINS	M	47		01:01:24	01:01:24	INDIVIDUAL
63	1158	PEDRO CARAVANA	M	41		01:01:30	01:00:50	INDIVIDUAL
64	1493	PEDRO A MARQUES	M	40		01:01:34	01:01:32	GD CHELAS
65	539	BRUNO SEMEDO	M	37		01:01:35	01:01:34	CCD-AT
66	671	JOÃO AFONSO	M	58		01:01:42	01:01:35	UA POVOENSE
67	670	JOÃO DIAS	M	44		01:01:42	01:01:33	UA POVOENSE
68	441	JOAO FRANCO	M	62		01:01:45	01:01:39	OS CARREGUEIRENSES
69	1091	LUIS SANTOS	M	35		01:01:47	01:01:47	A VALE SILENCIO
70	1432	FERNANDO RODRIGUES	M	48		01:01:49	01:01:48	A VALE SILENCIO
71	1092	TIAGO POVÓA	M	33		01:01:51	01:01:50	A VALE SILENCIO
72	1058	NUNO SOUSA	M	42		01:01:51	01:01:50	GDCT IN CASA DA MOEDA
73	92	JOÃO P C M A SILVA	M	35		01:01:57	01:01:55	SAMORUNNING
74	36	BRUNO AMARO	M	37		01:02:00	01:01:57	INDIVIDUAL
75	1060	VALTER OLIVEIRA	M	38		01:02:03	01:02:03	GDCT IN CASA DA MOEDA
76	783	RUI OLIVEIRA	M	45		01:02:10	01:02:08	AÇOREANA

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
77	1654	PEDRO TAVARES	M	40		01:02:11	01:01:59	RF RIBEIRINHA POVOA STA IRIA
78	1299	MIGUEL SILVA	M	47		01:02:12	01:02:11	CA NAZARÉ
79	492	MANUEL SOARES	M	51		01:02:14	01:02:13	UNIDOS DA MANUTENÇÃO
80	856	PAULO OLIVEIRA	M	47		01:02:16	01:02:14	CCD PM CASCAIS
81	780	LUIS ALBUQUERQUE	M	45		01:02:20	01:02:18	AÇOREANA
82	1359	BRUNO GONCALVES	M	37		01:02:22	01:02:21	INDIVIDUAL
83	1753	DAMIEN GALLAND	M	30		01:02:24	01:02:20	VILLEJUIF
84	272	ANGELO SILVA	M	32		01:02:28	01:02:24	CCDT METRO LX
85	1692	JOSE MESTRE	M	25		01:02:30	01:02:24	INDIVIDUAL
86	1184	MÁRIO SÁ	M	36		01:02:31	01:02:28	INDIVIDUAL
87	924	HUGO DOURADO	M	35		01:02:32	01:02:12	INDIVIDUAL
88	271	MÁRCIO PEREIRA	M	33		01:02:34	01:02:28	UA POVOENSE
89	1267	ANASTACIO VALADAS	M	62		01:02:35	01:02:34	GD SANTANDER TOTTA
90	695	CRISTINA PONTE	F	43		01:02:37	01:02:35	AMINHACORRIDA / KALENJI
91	971	MÓNICA A C SANTOS	F	38		01:02:39	01:02:37	GYDARUN
92	1745	LOURENÇO CADIMA	M	31		01:02:41	01:02:25	RUN@FIGUEIRA
93	409	JOSÉ ESTEVES	M	50		01:02:46	01:02:43	TARTARUGAS SOLIDARIAS
94	1635	FERNANDO FIGUEIREDO	M	49		01:02:47	01:02:47	FALCOES SELVAGENS
95	1475	JOAQUIM ALEXANDRE	M	49		01:02:49	01:02:46	URD ARRANHÒ
96	1510	JOSÉ M S SERRANO	M	44		01:02:53	01:02:52	MONSANTO RUNNING TEAM
97	1665	NUNO GONÇALO	M	33		01:02:57	01:02:54	CARAPUS DE CORRIDA
98	1564	ORLANDO CORREIA	M	44		01:03:00	01:02:46	ABC CAMPOLIDE
99	189	GONÇALO ZARCO	M	42		01:03:03	01:03:03	SCALABIS NIGHT RUNNERS
100	1667	JOAO RODRIGUES	M	56		01:03:07	01:03:05	UF DEGOLADOS
101	1559	LEONTINO S LAMPREIA	M	29		01:03:09	01:02:35	C BENFICA SEIXAL
102	1629	FERNANDO MARTINS	M	45		01:03:09	01:03:07	GDC Banco de Portugal
103	1428	MARCUS BONITO	M	41		01:03:10	01:02:56	CASA ANTERO/PACHÁ
104	735	PEDRO FERREIRA	M	43		01:03:12	01:02:59	RF RIBEIRINHA POVOA STA IRIA
105	1399	LUÍS ZÊZERE	M	39		01:03:14	01:02:58	CCD CA MÚTUO
106	1293	LUIS MAZEDA	M	30		01:03:15	01:02:56	ASAS NOS PÉS
107	230	NUNO PITA	M	41		01:03:17	01:03:15	CCDT METRO LX
108	1547	MARCIO SOUSA	M	34		01:03:19	01:03:16	CPR A-DO-BARBAS
109	227	JOAO PASTOR	M	43		01:03:21	01:03:20	CCDT METRO LX
110	1112	PETER STEINHAUSEN	M	63		01:03:23	01:03:22	INDIVIDUAL
111	1000	JOAQUIM CUNHA	M	47		01:03:34	01:03:30	AUTO_JACINTO
112	1714	JOSE BARROS	M	32		01:03:35	01:03:28	INDIVIDUAL
113	544	DINIS PRUDENCIO	M	44		01:03:40	01:03:39	MODIRA SHOES
114	997	ANTÓNIO JACINTO	M	56		01:03:43	01:03:43	AUTO_JACINTO

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
115	895	JOAO R MARTINS	M	51		01:03:45	01:03:44	C FERROV PORTUGAL
116	1756	MICHAEL HOPPE	M	35		01:03:48	01:03:42	VILLEJUIF
117	1364	NUNO FILIPE LINO	M	35		01:03:50	01:03:44	INDIVIDUAL
118	495	LUIS M P CARVALHO	M	40		01:03:53	01:03:49	CLUBE OGMA
119	1649	AFZAL AZIZ	M	28		01:04:03	01:04:01	FOXHOUND
120	229	MANUEL B COSTA	M	59		01:04:10	01:04:02	CCDT METRO LX
121	1558	JOSE BISCAIA	M	32		01:04:11	01:04:05	INDIVIDUAL
122	1052	CARLOS VIEGAS	M	48		01:04:16	01:04:16	SR CAMARNAL
123	1187	ANÍBAL GASPAR	M	46		01:04:18	01:04:16	CCD O ALVITEJO
124	305	VÍTOR NOGUEIRA	M	51		01:04:25	01:04:25	GAA VF XIRA
125	1519	JULIO VICENTE	M	44		01:04:27	01:04:24	INDIVIDUAL
126	1072	CARLOS BAPTISTA	M	55		01:04:28	01:04:21	SC CASAINHOS
127	647	FILIPE MENDONÇA	M	34		01:04:28	01:04:26	ESTORIL PRAIA
128	560	PEDRO LUCAS	M	42		01:04:30	01:04:11	INDIVIDUAL
129	936	LUÍS MONTEIRO	M	44		01:04:36	01:04:33	CLUBE NOVO BANCO
130	142	VITOR RIBEIRO	M	55		01:04:36	01:04:34	OS CANSADOS
131	1540	ARMANDO V SANTOS	M	34		01:04:37	01:03:55	TEJAVISTA
132	1183	EDUARDO SANTOS	M	36		01:04:39	01:04:37	INDIVIDUAL
133	995	JOÃO PEREIRA	M	37		01:04:46	01:04:44	AUTO_JACINTO
134	397	CARLOS SERRA	M	38		01:04:47	01:04:40	INDIVIDUAL
135	1800	PEDRO FAVINHA	M	43		01:04:50	01:04:19	INDIVIDUAL
136	1470	FERNANDO A C FARINHA	M	49		01:04:53	01:04:45	INDIVIDUAL
137	141	DULCINEA SILVA	F	43		01:04:55	01:04:53	OS CANSADOS
138	1621	JOSÉ MONTEIRO	M	59		01:04:56	01:04:26	GDC Banco de Portugal
139	530	PEDRO ABOIM	M	20		01:05:02	01:04:52	C MILLENNIUM BCP
140	396	PEDRO RIBEIRO	M	39		01:05:07	01:04:37	INDIVIDUAL
141	1253	CARLOS TEIXEIRA	M	43		01:05:10	01:05:06	GD SANTANDER TOTTA
142	1404	DIONISIO BAPTISTA	M	54		01:05:13	01:05:02	AABV-LAGOA ALGARVE
143	180	JOSÉ PAJINHA	M	55		01:05:14	01:05:13	ODIMARQ ALUMÍNIOS
144	374	ANTÓNIO DUARTE	M	40		01:05:20	01:05:19	KANINOS
145	293	PEDRO FERREIRA	M	38		01:05:22	01:05:17	INDIVIDUAL
146	746	RICARDO L ALVES	M	33		01:05:24	01:04:51	C BENFICA SEIXAL
147	1190	CARLOS CARAPETO	M	52		01:05:26	01:05:18	CCD O ALVITEJO
148	482	LUIS M PEREIRA	M	44		01:05:27	01:04:21	CCD-AT
149	1061	NUNO HENRIQUES	M	40		01:05:28	01:05:28	GDCT IN CASA DA MOEDA
150	578	JOSÉ MAGALHÃES	M	50		01:05:29	01:05:16	RUNNING & CARING TIL WE DIE
151	147	ANTONIO GONCALVES	M	31		01:05:30	01:05:16	LE CLUB RUNNERS
152	945	RUI LOPES	M	63		01:05:36	01:05:32	CLUBE NOVO BANCO

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
153	1116	CARLOS PEDRO	M	44		01:05:37	01:05:06	CLUBE TAP PORTUGAL
154	371	ANTONIO SOUSA	M	54		01:05:46	01:05:46	INDIVIDUAL
155	910	PAULO MATA	M	51		01:05:48	01:05:44	INDIVIDUAL
156	1346	BRUNO VITORINO	M	39		01:05:48	01:05:38	INDIVIDUAL
157	117	TIAGO CRUZ	M	29		01:05:48	01:05:01	CUCAS RUNNERS
158	1080	FILIPE SILVA	M	31		01:05:49	01:05:46	CP RTP
159	434	GABRIEL FRADE	M	51		01:05:54	01:05:46	ZAPOTEQUES SABORES DO PAÇO
160	334	JOAQUIM CAPELA	M	44		01:05:57	01:05:57	KANINOS
161	155	ANTONIO M T C SOUSA	M	47		01:05:57	01:05:53	KANINOS
162	949	SÉRGIO GOMES	M	37		01:05:58	01:05:41	INDIVIDUAL
163	1189	ANTÓNIO AZEDO	M	50		01:06:02	01:05:53	CCD O ALVITEJO
164	431	MIGUEL BERTOLO	M	34		01:06:02	01:05:52	ZAPOTEQUES SABORES DO PAÇO
165	231	ORLANDO SILVA	M	58		01:06:05	01:05:42	CCDT METRO LX
166	1738	VITOR CUNHA	M	45		01:06:08	01:05:56	WIKABOO
167	1743	LUIS GRILO	M	48		01:06:08	01:05:58	WIKABOO
168	758	JOÃO GAMEIRO	M	45		01:06:09	01:05:52	INDIVIDUAL
169	433	PAULO FRADE	M	45		01:06:10	01:06:01	ZAPOTEQUES SABORES DO PAÇO
170	1186	FÁBIO MARTINS	M	26		01:06:11	01:05:58	CCD O ALVITEJO
171	1373	AMÉRICO PEREIRA	M	43		01:06:12	01:06:12	INDIVIDUAL
172	1017	ANDRÉ CARDOSO	M	31		01:06:12	01:05:58	INDIVIDUAL
173	1033	DIOGO FERREIRA	M	34		01:06:17	01:05:46	C VETERANOS LIS
174	1690	JOSE LOPES	M	51		01:06:19	01:06:12	RB RUNNING
175	1102	JOSÉ MARQUES	M	48		01:06:23	01:06:15	C PRAÇAS ARMADA
176	736	FERNANDO TAVARES	M	44		01:06:24	01:06:18	LISBOA MARRIOTT HOTEL
177	808	MARIO SEABRA	M	43		01:06:24	01:06:11	RF RIBEIRINHA POVOA STA IRIA
178	853	MÁRIO SANTOS	M	46		01:06:29	01:05:59	CCD PM CASCAIS
179	105	JOSÉ M V FAUSTINO	M	62		01:06:30	01:06:30	INDIVIDUAL
180	1366	LINO SANTOS	M	51		01:06:31	01:06:28	INDIVIDUAL
181	29	JOÃO RODRIGUES	M	18		01:06:36	01:05:20	INDIVIDUAL
182	128	FERNANDO ANDRADE	M	36		01:06:36	01:06:16	OS PERIGOSOS
183	190	RICARDO SILVA	M	34		01:06:37	01:06:35	INDIVIDUAL
184	818	ANTÓNIO MERUJO	M	56		01:06:39	01:06:14	SCU TORREENSE
185	1273	LUIS MILHEIRO	M	55		01:06:43	01:06:24	GD SANTANDER TOTTA
186	1097	TOZÉ CARNEIRO	M	47		01:06:44	01:06:41	CLUBE OGMA
187	704	JOAO CALDAS	M	50		01:06:44	01:06:33	ND AUTOCOOPE
188	501	MARCOS A F PEREIRA	M	60		01:06:51	01:06:48	INDIVIDUAL
189	776	ANDRÉ QUARENTA	M	45		01:06:53	01:06:49	AÇOREANA
190	1545	JOAQUIM GOMES	M	65		01:06:53	01:06:51	CPR A-DO-BARBAS

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
191	303	MAURO PIMENTA	M	39		01:06:55	01:06:35	GAA VF XIRA
192	1595	ELISABETE SOUSA	F	42		01:06:56	01:06:49	CA PENAFIRME
193	366	JOÃO M M CADETE	M	49		01:06:57	01:06:18	LX RUN
194	1594	ANTÓNIO GOUVEIA	M	43		01:06:57	01:06:50	CA PENAFIRME
195	1271	RUI MACHINHO	M	39		01:06:58	01:06:48	GD SANTANDER TOTTA
196	347	VICTOR VARIZO	M	40		01:07:01	01:06:57	PERNAS DE GAFANHOTO
197	121	HELDER VALADAS	M	35		01:07:03	01:06:41	OS PERIGOSOS
198	1640	RICARDO T M D GOMES	M	34		01:07:03	01:06:35	RF RIBEIRINHA POVOA STA IRIA
199	1446	ANDRE LOPES	M	26		01:07:04	01:06:18	CRP/PROFISERV
200	236	BRUNO LOPES	M	34		01:07:06	01:07:02	AA MAFRA
201	674	FERNANDO VAZ	M	46		01:07:10	01:07:08	INDIVIDUAL
202	991	ALEXANDRE LEAL	M	40		01:07:10	01:06:28	CARAPUS DE CORRIDA
203	221	CARLOS N DIAS	M	55		01:07:13	01:06:27	CCDT METRO LX
204	1407	JORGE REIS	M	46		01:07:17	01:07:15	AABV-LAGOA ALGARVE
205	1408	EUNICE FERNANDES	F	41		01:07:17	01:07:15	AABV-LAGOA ALGARVE
206	304	CLÁUDIO MIRA	M	50		01:07:18	01:07:18	GAA VF XIRA
207	438	JOAO BERNARDES	M	40		01:07:18	01:06:04	OS CARREGUEIRENSES
208	559	NUNO F B MENDÃO	M	42		01:07:19	01:07:03	INDIVIDUAL
209	1405	ANTÓNIO FERREIRA	M	49		01:07:21	01:07:19	AABV-LAGOA ALGARVE
210	1709	JOSÉ A A BRITO	M	53		01:07:21	01:07:17	INDIVIDUAL
211	1681	JOAO ALVES	M	33		01:07:24	01:07:18	PSP
212	432	NELSON BERTOLO	M	40		01:07:27	01:07:20	ZAPOTEQUES SABORES DO PAÇO
213	1582	RUI MARTINS	M	30		01:07:27	01:07:24	ASC VALE GRANDE
214	1583	JOSE MOREIRA	M	39		01:07:28	01:07:26	ASC VALE GRANDE
215	797	ANTÓNIO R PEREIRA	M	53		01:07:29	01:07:27	C COLAB AXA
216	1188	FRANCISCO CALÇADA	M	51		01:07:32	01:07:24	CCD O ALVITEJO
217	315	FERNANDO CASTELA	M	44		01:07:34	01:07:24	RENERGIA
218	1261	JOAO JESUS	M	40		01:07:36	01:07:27	GD SANTANDER TOTTA
219	901	GERMANO SILVA	M	57		01:07:39	01:07:29	AD REAL ACADEMIA
220	219	ANTONIO PEREIRA	M	51		01:07:39	01:07:19	CCDT METRO LX
221	196	HELDER BEXIGA	M	47		01:07:40	01:06:42	ALVERCA URBAN RUNNERS
222	1544	NUNO JORGE	M	40		01:07:42	01:07:37	CPR A-DO-BARBAS
223	1229	JOAQUIM FRADE	M	60		01:07:43	01:07:25	SS CGD
224	1499	OZEIAS GESSO	M	38		01:07:44	01:07:15	INDIVIDUAL
225	1109	RUI M P HENRIQUES	M	40		01:07:47	01:07:01	INDIVIDUAL
226	1106	JOÃO HIPÓLITO	M	50		01:07:49	01:07:33	INDIVIDUAL
227	1037	PAULO BASÍLIO	M	48		01:07:51	01:07:25	OS ZATOPEQUES
228	1171	PAULO HENRIQUE	M	47		01:07:53	01:07:02	GAA VF XIRA

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
229	770	PAULO PEREIRA	M	48		01:07:55	01:07:52	AÇOREANA
230	346	LÚCIA OLIVEIRA	F	36		01:07:55	01:07:53	GENERG
231	284	JOÃO FERNANDES	M	27		01:07:56	01:07:35	INDIVIDUAL
232	436	JOEL RODRIGUES	M	36		01:08:00	01:07:51	INDIVIDUAL
233	1693	ANGELINA SANTOS	F	54		01:08:00	01:08:00	CCD HOSPITAL VF XIRA
234	826	JOÃO VALHELHAS	M	44		01:08:00	01:07:51	CAMARA L CLUBE
235	1014	LUIS MARTINS	M	52		01:08:01	01:07:50	INDIVIDUAL
236	1075	ARMANDO CORREIA	M	33		01:08:01	01:07:54	SC CASAINHOS
237	1096	ANDRÉ SANTOS	M	39		01:08:01	01:07:50	A VALE SILENCIO
238	302	VÍTOR NOVAIS	M	40		01:08:03	01:07:42	GAA VF XIRA
239	1403	PEDRO ONOFRE	M	54		01:08:05	01:08:04	AABV-LAGOA ALGARVE
240	919	RAUL B COELHO	M	38		01:08:05	01:08:00	INDIVIDUAL
241	106	PAULO FERREIRA	M	45		01:08:08	01:07:48	INDIVIDUAL
242	652	HUGO ROCHA	M	34		01:08:09	01:07:28	INDIVIDUAL
243	150	TIAGO RAIMUNDO	M	36		01:08:10	01:07:34	JATAPANHO
244	151	NELSON SILVA	M	33		01:08:10	01:07:34	JATAPANHO
245	868	JOÃO SALVADOR	M	29		01:08:11	01:08:08	SAMORUNNING
246	824	RICARDO PITA	M	35		01:08:11	01:08:09	CAMARA L CLUBE
247	1720	CARLOS HIPÓLITO	M	41		01:08:19	01:08:09	SCALABIS NIGHT RUNNERS
248	738	JULIO C ROQUE	M	50		01:08:25	01:08:14	A VALE SILENCIO
249	1300	JOSÉ GERARDO	M	53		01:08:26	01:08:22	CA NAZARÉ
250	612	PAULO FONSECA	M	46		01:08:27	01:08:10	INDIVIDUAL
251	337	SERGIO M R TEIXEIRA	M	40		01:08:29	01:08:28	INDIVIDUAL
252	181	DANIEL SILVA	M	56		01:08:30	01:08:25	ODIMARQ ALUMÍNIOS
253	1029	JORGE NABAIS	M	33		01:08:32	01:08:27	INDIVIDUAL
254	494	GIL XAVIER ALVES	M	39		01:08:38	01:08:37	UNIDOS DA MANUTENÇÃO
255	64	ANTÓNIO VALENTE	M	33		01:08:41	01:08:16	INDIVIDUAL
256	1521	ÁLVARO J L MENDONÇA	M	33		01:08:42	01:08:30	GÁFETERUNNERS
257	1160	MICKAEL GONÇALVES	M	26		01:08:43	01:07:49	FORCE61
258	1652	JOÃO RAQUEL	M	37		01:08:43	01:08:20	INDIVIDUAL
259	1628	PEDRO FERREIRA	M	29		01:08:45	01:08:17	GDC Banco de Portugal
260	733	LUÍS MENDES	M	36		01:08:45	01:07:37	INDIVIDUAL
261	38	JORGE P CURTO	M	40		01:08:48	01:08:46	COXOS E O MIGUEL
262	168	LUÍS ALVES	M	37		01:08:51	01:08:38	CAD A CORRER
263	266	NUNO SILVA	M	39		01:08:53	01:08:14	LX RUN
264	687	CARLOS LOPES	M	41		01:08:54	01:08:52	AMINHACORRIDA / KALENJI
265	1578	FERNANDA S BARBOZA	F	36		01:08:55	01:08:43	INDIVIDUAL
266	1443	JOÃO VAZ	M	50		01:08:55	01:08:12	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
267	1140	HÉLIO MARQUES	M	41		01:08:57	01:08:52	INGLESES FC
268	306	ANTÓNIO RIBEIRO	M	54		01:08:59	01:08:38	GAA VF XIRA
269	681	CARLOS MENDES	M	49		01:09:00	01:08:58	INDIVIDUAL
270	1319	ANTÓNIO FERREIRA	M	32		01:09:01	01:08:45	CA PATAMEIRAS
271	427	PEDRO FERREIRA	M	38		01:09:05	01:09:02	CLUBE ROBBIALAC
272	66	CARLOS VIEIRA	M	31		01:09:07	01:08:38	INDIVIDUAL
273	218	ANTONIO GONÇALVES	M	50		01:09:09	01:08:24	CCDT METRO LX
274	990	PAULO VIEIRA	M	48		01:09:12	01:08:35	INDIVIDUAL
275	680	ANTONIO MENDES	M	59		01:09:14	01:09:11	INDIVIDUAL
276	1431	CARLOS A S SANTOS	M	42		01:09:14	01:08:22	INDIVIDUAL
277	215	PAULO TORRES	M	40		01:09:15	01:09:04	GAREHOTELRUNNING
278	435	OSCAR OLIVEIRA	M	50		01:09:19	01:09:11	ZAPOTEQUES SABORES DO PAÇO
279	1590	ALMERINDO SILVA	M	50		01:09:21	01:09:16	INDIVIDUAL
280	1089	LEONEL NEVES	M	62		01:09:22	01:09:12	A VALE SILENCIO
281	672	FÁBIO FERREIRA	M	29		01:09:24	01:09:17	UA POVOENSE
282	1459	LUIS CALEIRAS	M	43		01:09:28	01:09:21	INDIVIDUAL
283	237	BRUNO FERREIRA	M	24		01:09:29	01:09:28	AA MAFRA
284	39	MIGUEL SIMÕES	M	37		01:09:31	01:09:09	INDIVIDUAL
285	1254	NUNO CARVALHO	M	40		01:09:33	01:08:39	GD SANTANDER TOTTA
286	756	NUNO PEREIRA	M	39		01:09:34	01:09:30	CLUBE OGMA
287	1406	JOAQUIM GONÇALVES	M	63		01:09:36	01:09:15	AABV-LAGOA ALGARVE
288	37	FERNANDO TEIXEIRA	M	54		01:09:37	01:09:29	INDIVIDUAL
289	787	VIRGILIO MADEIRA	M	56		01:09:37	01:09:28	AÇOREANA
290	127	MARCO CASEIRO	M	37		01:09:38	01:09:17	OS PERIGOSOS
291	1485	CESAR P ANDRADE	M	35		01:09:39	01:09:03	INDIVIDUAL
292	817	MÁRIO J FERNANDES	M	30		01:09:39	01:08:53	3B TRIATLO
293	894	AIRES S PEDRO	M	61		01:09:40	01:09:15	C FERROV PORTUGAL
294	48	DIOGO GARCIA	M	28		01:09:40	01:08:52	OS CONTA-KILÓMETROS
295	547	HELDER MARQUES	M	50		01:09:42	01:09:39	SR CAMARNAL
296	52	ANTÓNIO VALE	M	28		01:09:43	01:08:55	OS CONTA-KILÓMETROS
297	960	NUNO JACINTO	M	41		01:09:43	01:09:31	CLUBE VODAFONE
298	875	JOAQUIM FERNANDES	M	53		01:09:44	01:09:33	AA LEBRES SADO
299	593	NUNO COSTA	M	42		01:09:47	01:09:33	CAD A CORRER
300	1105	CHEN QUN	M	40		01:09:48	01:09:43	INDIVIDUAL
301	732	EDUARDO COSTA	M	40		01:09:49	01:08:41	INDIVIDUAL
302	363	FLORIVAL LUCAS	M	52		01:09:50	01:09:44	OS COXOS E O MIGUEL
303	849	ANTÓNIO PUCARIÇO	M	54		01:09:52	01:09:21	CCD PM CASCAIS
304	1332	CARLOS M PEREIRA	M	48		01:09:52	01:09:52	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
305	201	RUBEN COSTA	M	35		01:09:53	01:09:38	BRRNIGHTRUNNERS
306	214	CARLOS M CONSTANCIO	M	40		01:09:55	01:09:18	ERICSSON
307	1631	BRUNO MARTINS	M	38		01:09:55	01:09:52	CARACÓIS DE CORRIDA
308	43	HUMBERTO R BORGES	M	48		01:09:57	01:09:37	INDIVIDUAL
309	348	DAVID RAMOS	M	35		01:09:58	01:09:53	INDIVIDUAL
310	152	PAULO CRAVEIRO	M	39		01:10:01	01:09:24	JATAPANHO
311	446	DANIEL SIMÕES	M	31		01:10:02	01:08:56	INDIVIDUAL
312	634	ANTONIO J PAINHA	M	48		01:10:02	01:09:58	INDIVIDUAL
313	1095	JOÃO BOGALHEIRO	M	46		01:10:05	01:10:00	A VALE SILENCIO
314	173	FÁBIO RODRIGUES	M	25		01:10:08	01:09:54	JIMBRAS RUNNING
315	1215	CARLOS ANTUNES	M	41		01:10:09	01:09:48	SS CGD
316	613	RUI M M PEREIRA	M	58		01:10:09	01:10:04	INDIVIDUAL
317	312	BENTO RIBEIRO	M	53		01:10:11	01:09:57	CKL RUNING
318	563	RUBEN MAURICIO	M	35		01:10:11	01:09:44	RF RIBEIRINHA POVOA STA IRIA
319	542	ANGELO RELVAS	M	19		01:10:12	01:09:45	RF RIBEIRINHA POVOA STA IRIA
320	529	LUIS GONÇALVES	M	38		01:10:13	01:10:03	C MILLENNIUM BCP
321	1216	CARLOS LEITAO	M	52		01:10:15	01:10:05	SS CGD
322	1369	LUIS DIAS	M	30		01:10:16	01:10:03	JIMBRAS RUNNING
323	1071	EDUARDO LUÍS	M	38		01:10:16	01:10:05	ATÓMICOS
324	1170	CARLOS M G MARQUES	M	44		01:10:25	01:09:57	INDIVIDUAL
325	1247	RUI PEREIRA	M	45		01:10:30	01:09:48	SS CGD
326	1313	MÁRCIO BATISTA	M	25		01:10:30	01:10:30	INDIVIDUAL
327	1790	JUAN COSTA	M	50		01:10:31	01:10:31	
328	1087	JOÃO SALDANHA	M	42		01:10:33	01:09:35	A VALE SILENCIO
329	90	JOÃO A V FREITAS	M	38		01:10:33	01:10:13	INDIVIDUAL
330	723	SÉRGIO VINHAS	M	42		01:10:34	01:10:13	INDIVIDUAL
331	1641	FERNANDO COSTA	M	39		01:10:35	01:10:26	INDIVIDUAL
332	465	FERNANDO ROSETE	M	45		01:10:36	01:09:43	RUN 4 FUN
333	178	JOÃO SILVA	M	36		01:10:38	01:10:12	CASA DA DIZIMA
334	669	VITOR A F CAVACO	M	38		01:10:39	01:09:53	ZFORTES
335	71	ARMANDO CARDOSO	M	29		01:10:42	01:09:47	RF RIBEIRINHA POVOA STA IRIA
336	195	JOAO HENRIQUE	M	47		01:10:43	01:10:43	INDIVIDUAL
337	217	NELSON PEREIRA	M	39		01:10:44	01:09:20	GAREHOTELRUNNING
338	318	PEDRO CARVALHO	M	51		01:10:45	01:10:36	RENERGIA
339	345	NELSON CUSTODIO	M	40		01:10:47	01:10:41	INDIVIDUAL
340	344	BRUNO CARDOSO	M	36		01:10:47	01:10:42	INDIVIDUAL
341	764	FREDERICO BAIÃO	M	35		01:10:48	01:10:46	INDIVIDUAL
342	367	SÉRGIO M P FELICIANO	M	38		01:10:50	01:10:31	CORRER LISBOA

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
343	393	JAIME COELHO	M	32		01:10:51	01:10:05	GYDARUN
344	309	JOSÉ JOÃO TEIXEIRA	M	62		01:10:51	01:10:30	GAA VF XIRA
345	488	JOAO LOBO	M	29		01:10:52	01:10:05	GYDARUN
346	1441	MANUEL TAVARES	M	57		01:10:53	01:10:32	INDIVIDUAL
347	467	FLAVIO R I AMORIM	M	27		01:10:55	01:10:11	GYDARUN
348	1520	ALDINO SILVA	M	47		01:10:55	01:10:43	INDIVIDUAL
349	697	JOSE MARTINS	M	53		01:10:58	01:10:46	AMINHACORRIDA / KALENJI
350	801	MIGUEL T SOUSA	M	40		01:11:00	01:09:41	C COLAB AXA
351	1661	SERGIO SANTOS	M	43		01:11:00	01:10:10	INDIVIDUAL
352	988	VERÓNICA A R CORREIA	F	40		01:11:03	01:11:01	INDIVIDUAL
353	60	RUI VIEITAS	M	40		01:11:04	01:10:50	FAT OLD DUDES
354	1460	JORGE REI	M	41		01:11:05	01:10:55	INDIVIDUAL
355	1658	RÚBEN M SOUSA	M	26		01:11:05	01:10:32	INDIVIDUAL
356	500	JORGE ANTUNES	M	40		01:11:07	01:10:26	VOLKSWAGEN AUTOEUROPA
357	1451	JORGE FREITAS	M	56		01:11:07	01:11:02	UA POVOENSE
358	301	BRUNO SILVA	M	41		01:11:07	01:10:44	GAA VF XIRA
359	1472	FILIPE BRANCO	M	46		01:11:15	01:11:03	URD ARRANHÒ
360	905	AURELIO AFONSO	M	39		01:11:18	01:11:03	ADCR PJ
361	1767	PAULO TOMAS	M	39		01:11:19	01:11:11	
362	1375	CARLOS M JACINTO	M	47		01:11:19	01:11:15	INDIVIDUAL
363	1076	MANUEL BENTO	M	39		01:11:20	01:11:13	SC CASAINHOS
364	836	JÚLIO REIS	M	42		01:11:21	01:11:12	CAMARA L CLUBE
365	963	TIAGO MARTINS	M	34		01:11:24	01:11:07	CLUBE VODAFONE
366	1761	PEDRO GUEDES	M	41		01:11:32	01:10:54	INDIVIDUAL
367	1622	ADELINO SEMEDO	M	62		01:11:32	01:11:03	GDC Banco de Portugal
368	405	LUIS RELVAS	M	32		01:11:32	01:11:05	RELVASSPEED ATLETISMO
369	1164	NUNO A V ALVES	M	24		01:11:34	01:11:24	INDIVIDUAL
370	906	VIRGILIO OLIVEIRA	M	55		01:11:37	01:11:18	ADCR PJ
371	903	HUGO MONTEIRO	M	39		01:11:37	01:11:18	ADCR PJ
372	611	HILARIO TORRES	M	56		01:11:40	01:11:23	INDIVIDUAL
373	1104	RICARDO MATIAS	M	30		01:11:40	01:11:40	INDIVIDUAL
374	706	JUVENAL MOREIRA	M	52		01:11:41	01:11:26	ND AUTOCOOPE
375	1574	MARIO ALVES	M	60		01:11:43	01:10:54	SFUAP
376	1575	PEDRO ALVAREZ	M	43		01:11:44	01:10:55	SFUAP
377	942	PEDRO GABRIEL	M	41		01:11:44	01:10:55	CLUBE NOVO BANCO
378	437	RAUL QUARESMA	M	35		01:11:47	01:09:46	O MUNDO DA CORRIDA
379	1562	RUI P RODRIGUES	M	41		01:11:48	01:11:20	ABC CAMPOLIDE
380	1315	NUNO CORDEIRO	M	47		01:11:48	01:11:32	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
381	1130	RICARDO MENDES	M	26		01:11:50	01:11:42	INDIVIDUAL
382	1340	TIAGO GAMEIRO	M	32		01:11:51	01:11:48	INDIVIDUAL
383	1306	ANTÓNIO CAMACHO	M	63		01:11:54	01:11:44	CA VALE FIGUEIRA
384	1677	NUNO CRUZ	M	35		01:11:55	01:11:21	INDIVIDUAL
385	172	FILIPE OLIVEIRA	M	40		01:11:57	01:11:30	RF RIBEIRINHA POVOA STA IRIA
386	59	JOÃO S MELO	M	38		01:11:58	01:11:23	INDIVIDUAL
387	1481	FERNANDO PAULINO	M	39		01:11:59	01:11:21	ASAS NOS PÉS
388	1320	ANTÓNIO MORAIS	M	63		01:11:59	01:11:44	CA PATAMEIRAS
389	193	HELIO M P PEREIRA	M	34		01:12:00	01:11:34	INDIVIDUAL
390	616	MANUEL M M COSTA	M	39		01:12:02	01:11:22	A JORGE PINA
391	1556	NUNO ALVES	M	40		01:12:02	01:11:11	MOVET
392	1367	CARLOS D F ASSEICEIRA	M	31		01:12:03	01:11:36	MELRO RUNNERS
393	1626	PEDRO PINTO	M	30		01:12:04	01:10:55	GDC Banco de Portugal
394	341	CRISTOVÃO A MARCOS	M	31		01:12:04	01:11:42	INDIVIDUAL
395	970	MÁRIO J S FETEIRA	M	41		01:12:06	01:11:40	INDIVIDUAL
396	57	PATRICIA CALDAS	F	33		01:12:07	01:12:02	INDIVIDUAL
397	164	FRANCISCO BORGES	M	36		01:12:07	01:11:11	ALVERCA URBAN RUNNERS
398	58	SAMUEL SEBASTIAO	M	33		01:12:07	01:12:02	INDIVIDUAL
399	927	CARLOS NABIÇA	M	52		01:12:08	01:11:49	CLUBE NOVO BANCO
400	159	RUI PEREIRA	M	41		01:12:09	01:11:30	CDS SALVATERRENSE
401	1528	FILIPE ARCADINHO	M	35		01:12:10	01:11:47	INDIVIDUAL
402	1185	CARLA CALÇADA	F	46		01:12:11	01:12:03	CCD O ALVITEJO
403	489	JOAO CARVALHO	M	41		01:12:14	01:11:45	INDIVIDUAL
404	747	JORGE M C M DUARTE	M	41		01:12:15	01:12:09	CHESTER TEAM
405	184	JOAO PEREIRA	M	53		01:12:16	01:11:52	SAPATISTAS
406	389	HUGO PINTO	M	40		01:12:18	01:11:53	CCDT METRO LX
407	1193	LUIS M DUARTE	M	43		01:12:20	01:11:47	C BENFICA SEIXAL
408	46	PEDRO TRIGO	M	30		01:12:20	01:11:33	OS CONTA-KILÓMETROS
409	1395	PEDRO TRABUCHO	M	51		01:12:20	01:12:07	GD BANCO BPI
410	1243	PEDRO FONTOURA	M	45		01:12:21	01:12:11	SS CGD
411	445	MARCO CAMPANIÇO	M	33		01:12:22	01:11:44	VOLKSWAGEN AUTOEUROPA
412	183	HUGO M C S S SILVA	M	39		01:12:24	01:11:59	INDIVIDUAL
413	1039	JOSÉ CUNHA	M	51		01:12:24	01:11:57	OS ZATOPEQUES
414	1159	BRUNO MARCELINO	M	38		01:12:25	01:11:45	INDIVIDUAL
415	1543	GONÇALO JANUARIO	M	31		01:12:29	01:12:26	CPR A-DO-BARBAS
416	809	FERNANDO FERNANDES	M	54		01:12:31	01:12:22	APOGMA
417	511	SERGIO GONÇALVES	M	42		01:12:32	01:11:55	C MILLENNIUM BCP
418	545	MARCO FIDALGO	M	38		01:12:32	01:11:55	SR CAMARNAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
419	549	JOSUÉ FRANCISCO	M	44		01:12:33	01:12:16	SR CAMARNAL
420	384	ANTÓNIO J SILVA	M	35		01:12:34	01:11:59	INDIVIDUAL
421	448	PAULO N C CAMPOS	M	45		01:12:36	01:12:20	PERNAS DE GAFANHOTO
422	702	ANTONIO ALMEIDA	M	52		01:12:36	01:12:20	ND AUTOCOOPE
423	1129	JOAQUIM SILVA	M	43		01:12:38	01:11:27	GINGINHA RUNNERS
424	472	MARTA I S ANSELMO	F	44		01:12:38	01:12:22	INDIVIDUAL
425	796	ANDRÉ F DIAS	M	28		01:12:41	01:12:32	C COLAB AXA
426	1453	HELDER GUERREIRO	M	39		01:12:44	01:12:28	OMDPE - ORG MUNDIAL DESENV PESSOAL E ESPIRITUAL
427	111	HUGO MARREIROS	M	34		01:12:46	01:11:52	CORREDORES DA ADEGA
428	278	FILIPA MENDES	F	30		01:12:46	01:12:17	INDIVIDUAL
429	1561	LUIS M C SANTOS	M	45		01:12:48	01:12:11	ALVERCA URBAN RUNNERS
430	1132	TIAGO N ANTUNES	M	35		01:12:48	01:12:10	INDIVIDUAL
431	548	JOSE FRANCO	M	57		01:12:51	01:12:48	SR CAMARNAL
432	1283	JOSÉ NETO	M	58		01:12:51	01:12:30	TEAM NETO
433	1565	RUI RODRIGUES	M	50		01:12:52	01:12:38	ABC CAMPOLIDE
434	273	ABILIO TAVARES	M	60		01:12:52	01:12:12	INDIVIDUAL
435	662	JAIME CORREIA	M	36		01:12:52	01:11:44	INDIVIDUAL
436	1748	LUIS CRUZ	M	33		01:12:53	01:12:29	INDIVIDUAL
437	583	CARLOS DA COSTA	M	44		01:12:56	01:12:39	CCD-AT
438	1596	JOÃO BARROS	M	42		01:12:57	01:12:34	INDIVIDUAL
439	1532	JOAQUIM FIDALGO	M	55		01:12:58	01:12:56	TEJAVISTA
440	1211	ANTONIO TABORDA	M	65		01:12:58	01:12:30	SS CGD
441	625	NUNO M A FONSECA	M	40		01:12:58	01:11:50	INDIVIDUAL
442	1237	NOEMIA SEQUEIRA	F	47		01:12:59	01:12:49	SS CGD
443	1419	LUÍS CARLOS SILVA	M	40		01:13:00	01:12:26	C BENFICA SEIXAL
444	967	FREDERICO PACHECO	M	33		01:13:00	01:12:37	INDIVIDUAL
445	1291	ROGÉRIO CARREIRO	M	54		01:13:02	01:12:22	ASAS NOS PÉS
446	503	SÉRGIO PIRES	M	40		01:13:04	01:13:01	INDIVIDUAL
447	1196	JOSÉ COSTA	M	46		01:13:06	01:12:13	INDIVIDUAL
448	240	LUIS AMARAL	M	49		01:13:09	01:12:45	LA CONSULTORES
449	1473	EDGAR FRANCISCO	M	50		01:13:14	01:13:02	URD ARRANHÒ
450	750	RUI REGO	M	28		01:13:14	01:12:46	QUALY - PRODUTOS DE LIMPEZA
451	759	VITOR GAMEIRO	M	49		01:13:15	01:12:57	INDIVIDUAL
452	1274	ANTONIO CRUZ	M	68		01:13:16	01:12:03	GD SANTANDER TOTTA
453	1350	NUNO CRUZ	M	33		01:13:17	01:13:01	INDIVIDUAL
454	822	MANUEL G SILVA	M	56		01:13:19	01:13:06	INDIVIDUAL
455	133	MIGUEL RODRIGUES	M	39		01:13:20	01:13:07	INDIVIDUAL
456	1474	LUIS FERREIRA	M	49		01:13:20	01:13:08	URD ARRANHÒ

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
457	1424	ANTÓNIO C TEIXEIRA	M	46		01:13:23	01:13:02	INDIVIDUAL
458	1766	CRISTINA GODINHO	F	45		01:13:23	01:12:59	
459	1345	BRUNO M N GARCIA	M	35		01:13:24	01:13:11	INDIVIDUAL
460	1224	HENRIQUE AMADOR	M	44		01:13:26	01:13:05	SS CGD
461	1636	NELSON M SANTOS	M	35		01:13:26	01:13:04	INDIVIDUAL
462	1361	LUÍS CAETANO	M	54		01:13:27	01:13:21	DESCOMPASSO
463	566	ANTONIO SOARES	M	43		01:13:28	01:12:58	RF RIBEIRINHA POVOA STA IRIA
464	508	RICARDO J P WENCESLAU	M	33		01:13:29	01:13:13	INDIVIDUAL
465	846	ANA I BRÁS	F	31		01:13:31	01:13:29	CCD PM CASCAIS
466	1360	RUI LOURENÇO	M	47		01:13:32	01:13:26	DESCOMPASSO
467	414	NUNO M R SOARES	M	34		01:13:33	01:12:44	RUN4MINIS
468	1114	ANTONIO IRIA	M	47		01:13:33	01:13:09	CLUBE TAP PORTUGAL
469	1318	PAULO GAMBOA	M	45		01:13:34	01:13:18	CA PATAMEIRAS
470	1287	CARLOS COELHO	M	54		01:13:35	01:13:23	GA MONSANTO/GASCAN
471	989	DOMINGOS SILVA	M	40		01:13:35	01:13:00	INDIVIDUAL
472	72	FILIPE MARQUES	M	38		01:13:36	01:12:42	ATLETAS MADRUGADA
473	1226	JOAO CABRITO	M	52		01:13:36	01:13:23	SS CGD
474	1686	RICARDO TAVARES	M	34		01:13:38	01:13:04	PSP
475	350	MANUEL CRISPIM	M	64		01:13:41	01:13:38	UDCA
476	1174	DÉCIO P ANDRADE	M	32		01:13:43	01:13:08	INDIVIDUAL
477	784	NELSON MOTA	M	45		01:13:44	01:13:21	AÇOREANA
478	1506	NUNO VIEGAS	M	38		01:13:45	01:13:41	INDIVIDUAL
479	807	VITOR PEREIRA	M	39		01:13:47	01:13:33	RF RIBEIRINHA POVOA STA IRIA
480	589	LUIS PEREIRA	M	32		01:13:47	01:12:48	ALVERCA URBAN RUNNERS
481	831	LICÍNIO FIDALGO	M	56		01:13:51	01:13:41	CAMARA L CLUBE
482	1491	JOSÉ RIBEIRO	M	53		01:13:53	01:13:29	TOUGH TRAILS ALENQUER
483	1482	CARMEN FERREIRA	F	48		01:13:54	01:13:20	ASC VALE GRANDE
484	289	NUNO A G BOGALHEIRO	M	43		01:14:00	01:13:55	A VALE SILENCIO
485	1515	JOSE OLIVEIRA	M	42		01:14:01	01:13:20	INDIVIDUAL
486	1393	JOSÉ GAMA	M	49		01:14:03	01:13:40	GD BANCO BPI
487	996	LUIS FERREIRA	M	38		01:14:03	01:13:49	AUTO_JACINTO
488	1396	JOSÉ MAGALÃES	M	54		01:14:04	01:14:04	GD BANCO BPI
489	994	EDUARDO GRILO	M	48		01:14:04	01:13:49	AUTO_JACINTO
490	772	FRANCISCO PEREIRA	M	48		01:14:04	01:13:42	AÇOREANA
491	1500	RAFAELA SANTOS	F	18		01:14:06	01:13:44	DOLCE FURADOURO
492	696	CIDALIA MARTINS	F	51		01:14:08	01:13:56	AMINHACORRIDA / KALENJI
493	1338	TELMO TORRES	M	32		01:14:10	01:12:47	GAREHOTELRUNNING
494	827	PAULO SANTOS	M	50		01:14:11	01:13:43	CAMARA L CLUBE

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
495	343	ANDRÉ SOUSA	M	29		01:14:14	01:13:50	ESCOLA DO MOVIMENTO
496	984	LOURENÇO ROSÁRIO	M	42		01:14:15	01:12:58	EQUIPAS/ MADRUGA RUNNERS
497	1242	PAULO CORREIA	M	49		01:14:22	01:13:53	SS CGD
498	1429	BERNARDO RODRIGUES	M	46		01:14:23	01:14:08	CASA ANTERO/PACHÁ
499	407	VITOR SANTOS	M	36		01:14:23	01:13:49	INDIVIDUAL
500	126	CARLOS SOUSA	M	58		01:14:25	01:14:04	OS PERIGOSOS
501	637	LUÍS FERREIRA	M	44		01:14:28	01:13:29	INDIVIDUAL
502	1503	RODOLFO SERRA	M	33		01:14:33	01:14:32	BUÉ DA SERRAS
503	1284	MÁRCIO NETO	M	37		01:14:33	01:14:11	TEAM NETO
504	1303	ANTÓNIO MARTINS	M	61		01:14:34	01:14:33	CA NAZARÉ
505	717	CARLOS M D CARRANCA	M	50		01:14:36	01:14:12	INDIVIDUAL
506	579	ANDREIA MENDES	F	40		01:14:36	01:14:23	RUNNING & CARING TIL WE DIE
507	1162	CARLOS RAMOS	M	28		01:14:41	01:13:46	FORCE61
508	550	RICARDO VICENTE	M	37		01:14:41	01:13:50	SR CAMARNAL
509	401	CARLOS AZEVEDO	M	50		01:14:41	01:13:52	EQUIPA DE CICLISMO CACB
510	867	LUIS ALMEIDA	M	42		01:14:43	01:14:09	GUP GRALHAS
511	689	FLORIMUNDO SILVA	M	60		01:14:45	01:14:25	AMINHACORRIDA / KALENJI
512	886	MARCO PALMA	M	36		01:14:47	01:13:57	FALCOES SELVAGENS
513	1619	JOAQUIM FERRÃO	M	55		01:14:53	01:14:24	GDC Banco de Portugal
514	1085	JOAQUIM SANTOS	M	57		01:14:55	01:14:09	FALCOES SELVAGENS
515	1568	MANUEL MARTINS	M	59		01:14:55	01:14:43	ABC CAMPOLIDE
516	1233	LUIS MARTINS	M	44		01:14:56	01:14:46	SS CGD
517	1398	CARLOS SILVA	M	42		01:14:58	01:14:41	CCD CA MÚTUO
518	296	PAULO FERNANDES	M	41		01:14:59	01:13:45	SERR AGOSTINHO DUARTE, LDA
519	75	RICARDO J A L CAPELO	M	31		01:14:59	01:13:58	CLUBE CIMPOR
520	715	VASCO ROSÁRIO	M	40		01:15:02	01:14:40	INDIVIDUAL
521	751	TIAGO BARBOSA	M	24		01:15:02	01:14:33	QUALY - PRODUTOS DE LIMPEZA
522	606	GONÇALO RANGEL	M	29		01:15:03	01:14:12	INDIVIDUAL
523	1257	MARIO COSTA	M	40		01:15:06	01:14:09	GD SANTANDER TOTTA
524	1673	NUNO M C MARTINS	M	39		01:15:06	01:14:54	WIKABOO
525	585	NUNO FIALHO	M	37		01:15:08	01:14:21	RUN4MINIS
526	803	PAULO J PAIXÃO	M	42		01:15:08	01:14:14	C COLAB AXA
527	552	NUNO A V MIGUEL	M	43		01:15:09	01:14:30	INDIVIDUAL
528	1155	PAULO C SILVA	M	34		01:15:09	01:14:31	URBAN TRAIL SAMORA CORREIA
529	1099	NUNO SALVADOR	M	41		01:15:09	01:14:31	URBAIN TRAIL SAMORA CORREIA
530	711	PEDRO FIGUEIREDO	M	32		01:15:09	01:14:43	FALCOES SELVAGENS
531	165	FERNANDO PEDRO	M	42		01:15:09	01:15:06	ALVERCA URBAN RUNNERS
532	1120	JORGE GONÇALVES	M	30		01:15:13	01:13:34	CLUBE TAP PORTUGAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
533	1505	PEDRO RATO	M	40		01:15:14	01:14:30	INDIVIDUAL
534	727	JORGE BORGES	M	39		01:15:14	01:14:50	INDIVIDUAL
535	316	NUNO STOFFEL	M	42		01:15:14	01:15:00	RENERGIA
536	1376	CARLOS TEIXEIRA	M	55		01:15:15	01:14:40	LEBRES E TARTARUGAS
537	898	ANTONIO SANTOS	M	57		01:15:17	01:14:54	GD INE
538	885	ANTÓNIO C MARTINS	M	54		01:15:17	01:14:45	FALCOES SELVAGENS
539	452	FERNANDO OLIVEIRA	M	57		01:15:18	01:15:08	CLUBE ANACOM
540	56	BRUNO PERDIGAO	M	39		01:15:19	01:14:52	EQUIPA
541	385	SERGIO R DORES	M	41		01:15:20	01:14:54	OS COXOS E O MIGUEL
542	1356	DIOGO LEITE	M	28		01:15:21	01:15:00	CENAS RUNNING
543	900	JOSE MAGALHAES	M	61		01:15:21	01:15:21	GD INE
544	950	RUI OLIVEIRA	M	46		01:15:21	01:14:56	LOS PEREGRINOS
545	42	JOÃO M H CARDOSOS	M	53		01:15:26	01:15:20	INDIVIDUAL
546	1592	JORGE FERREIRA	M	57		01:15:27	01:15:25	HOVIONE
547	594	JOSÉ C H CARDOSO	M	55		01:15:27	01:15:21	INDIVIDUAL
548	778	NUNO COELHO	M	47		01:15:28	01:15:20	AÇOREANA
549	1602	FREDERICO RICHART	M	29		01:15:29	01:14:55	INDIVIDUAL
550	1059	RUI CORREIA	M	39		01:15:31	01:13:59	GDCT IN CASA DA MOEDA
551	1056	JOÃO FREIRE	M	50		01:15:31	01:14:00	GDCT IN CASA DA MOEDA
552	1031	AMERICO SANTOS	M	61		01:15:31	01:14:40	C VETERANOS LIS
553	336	CARLOS RANGEL	M	62		01:15:32	01:14:53	INDIVIDUAL
554	890	JOSE GALVAO	M	49		01:15:32	01:15:04	CAMARA L CLUBE
555	383	JOÃO M J ESTEVÃO	M	35		01:15:33	01:15:11	INDIVIDUAL
556	731	FILIPE RAMOS	M	42		01:15:34	01:14:26	INDIVIDUAL
557	1536	CLAUDIO FIGUEIRA	M	30		01:15:39	01:14:26	TEJAVISTA
558	1537	CARLOS RODRIGUES	M	47		01:15:41	01:14:28	TEJAVISTA
559	716	ARNALDO J G ROLO	M	49		01:15:42	01:15:15	RF RIBEIRINHA POVOA STA IRIA
560	582	JOAQUIM DIAS	M	41		01:15:43	01:14:49	KENIANNUS ALBINNUS
561	1329	JOAO CALISTO	M	55		01:15:43	01:15:35	INDIVIDUAL
562	372	MAURO FERREIRA	M	38		01:15:44	01:15:18	INDIVIDUAL
563	1276	JOSE C PEREIRA	M	46		01:15:45	01:15:15	GD SANTANDER TOTTA
564	658	CAMILA GOMES	F	34		01:15:46	01:15:26	INDIVIDUAL
565	659	RENATO GOMES	M	37		01:15:46	01:15:26	INDIVIDUAL
566	660	NELSON GOMES	M	37		01:15:46	01:15:26	INDIVIDUAL
567	364	ROBSON LIMA	M	36		01:15:47	01:15:21	INDIVIDUAL
568	241	ANA MARTINS	F	49		01:15:49	01:15:26	LA CONSULTORES
569	580	JOÃO VEIGA	M	48		01:15:49	01:15:34	RUNNING & CARING TIL WE DIE
570	160	PAULA TEIXEIRA	F	38		01:15:50	01:15:42	FALCOES SELVAGENS

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
571	851	IVAN RAMOS	M	32		01:15:51	01:15:23	CCD PM CASCAIS
572	135	PEDRO REGO	M	38		01:15:53	01:15:08	INDIVIDUAL
573	464	JORGE CAMPOS	M	41		01:15:53	01:15:37	INDIVIDUAL
574	1454	CLÁUDIA FUSTIGA	F	37		01:15:53	01:15:39	TREINO PERSONALIZADO COM MÁRIO SÁ
575	1713	CARLOS RODRIGUES	M	41		01:15:56	01:14:33	NEPN
576	1461	NUNO M R T MARQUES	M	42		01:15:56	01:14:33	INDIVIDUAL
577	256	MÁRIO OLIVEIRA	M	40		01:16:00	01:15:34	OS COXOS E O MIGUEL
578	748	FERNANDO VERÍSSIMO	M	54		01:16:02	01:15:18	CHESTER TEAM
579	1146	JOSÉ GUERREIRO	M	58		01:16:03	01:14:53	SS MONTEPIO GERAL
580	1584	PAULO MONTEIRO	M	42		01:16:05	01:16:00	ASC VALE GRANDE
581	1700	MARCO GASPAR	M	33		01:16:06	01:15:18	CCD HOSPITAL VF XIRA
582	1542	RENATO FILHO	M	40		01:16:09	01:15:31	INDIVIDUAL
583	913	JOSÉ C PEREIRA	M	46		01:16:10	01:14:57	INDIVIDUAL
584	955	FERNANDO GOMES	M	35		01:16:10	01:15:03	BruXos Runners
585	570	MÁRCIO BASÍLIO	M	32		01:16:11	01:16:06	INDIVIDUAL
586	1008	ERNESTO GUIA	M	61		01:16:13	01:15:45	ACD BOCAL
587	1110	EDUARDO COELHO	M	33		01:16:16	01:15:39	ADRC MATA BENFICA
588	974	VALTER R M L N SANTOS	M	26		01:16:17	01:16:13	INDIVIDUAL
589	1527	JOÃO QUELHAS	M	41		01:16:17	01:15:20	CLUBE OGMA
590	1016	ANDRÉ LEAL	M	28		01:16:18	01:15:23	INDIVIDUAL
591	908	BRUNO GONÇALVES	M	30		01:16:18	01:15:22	INDIVIDUAL
592	1149	NUNO RODRIGUES	M	40		01:16:20	01:15:10	SS MONTEPIO GERAL
593	235	ZULMIRA N M R BELO	F	49		01:16:20	01:16:18	UA POVOENSE
594	1046	MARIO ZORRO	M	40		01:16:21	01:16:17	AA MAFRA
595	1656	MIGUEL RAMALHO	M	34		01:16:23	01:15:43	VALADARES
596	1365	BRUNO DELFINO	M	34		01:16:28	01:16:26	INDIVIDUAL
597	832	EDUARDO MANSO	M	54		01:16:28	01:16:03	CAMARA L CLUBE
598	375	EDGAR J S ANASTACIO	M	51		01:16:29	01:15:44	GYDARUN
599	1630	JOSE CARLOS	M	56		01:16:30	01:16:22	INDIVIDUAL
600	1383	JOÃO FERNANDES	M	35		01:16:31	01:15:02	INDIVIDUAL
601	1723	RUI AFONSO	M	47		01:16:31	01:15:59	INDIVIDUAL
602	1762	MARTA NUNES	F	33		01:16:31	01:15:59	INDIVIDUAL
603	1344	NELSON R G MORAIS	M	36		01:16:31	01:15:02	INDIVIDUAL
604	907	EURICO GOMES	M	53		01:16:33	01:16:19	ADCR PJ
605	904	JOAO COSTA	M	45		01:16:33	01:16:19	ADCR PJ
606	1088	ANTÓNIO FERNANDES	M	59		01:16:33	01:16:14	A VALE SILENCIO
607	1697	NUNO FILIPE PERES	M	36		01:16:34	01:15:44	CCD HOSPITAL VF XIRA
608	626	MIGUEL S PAYO	M	53		01:16:35	01:15:41	RUN 4 FUN

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
609	828	IVAN COSTA	M	27		01:16:38	01:15:51	CAMARA L CLUBE
610	1397	ANTÓNIO AMARAL	M	38		01:16:47	01:16:31	CCD CA MÚTUO
611	1391	JORGE ATALIA	M	35		01:16:47	01:15:28	GD BANCO BPI
612	1311	JOSÉ MONTEIRO	M	59		01:16:48	01:16:46	INDIVIDUAL
613	1036	JOSÉ MORAIS	M	54		01:16:48	01:16:22	OS ZATOPEQUES
614	1662	DANIEL MADUREIRA	M	38		01:16:48	01:16:06	INDIVIDUAL
615	793	VITOR G MARTINS	M	56		01:16:49	01:15:48	INDIVIDUAL
616	1228	JOAO HENRIQUES	M	41		01:16:52	01:16:41	SS CGD
617	40	JOÃO FIALHO	M	37		01:16:53	01:16:35	CCD-AT
618	479	BRUNO PEREIRA	M	39		01:16:55	01:16:54	INDIVIDUAL
619	786	PAULO FERNANDES	M	47		01:16:56	01:16:34	AÇOREANA
620	734	PEDRO FARINHA	M	34		01:16:56	01:15:47	INDIVIDUAL
621	679	EDUARDO MARTINS	M	41		01:16:56	01:15:46	GINJINHAS RUNNERS
622	962	RUI P ALMEIDA	M	39		01:16:58	01:15:49	CLUBE VODAFONE
623	872	ALEXANDRE CAPUCHA	M	45		01:17:00	01:16:40	INDIVIDUAL
624	940	JOAO SANTOS	M	50		01:17:01	01:16:30	CLUBE NOVO BANCO
625	1414	NUNO SILVA	M	30		01:17:02	01:16:19	AC SALVATERRA
626	1119	FERNANDO COELHO	M	50		01:17:04	01:16:32	CLUBE TAP PORTUGAL
627	307	JOSÉ SERAFIM	M	60		01:17:04	01:16:45	GAA VF XIRA
628	1117	CARLOS SILVA	M	50		01:17:04	01:16:33	CLUBE TAP PORTUGAL
629	1024	ALEXANDRE VICENTE	M	29		01:17:04	01:16:34	LINK
630	1490	ORLANDO MARTINS	M	50		01:17:04	01:16:31	CA AGUALVA
631	766	VERA S CARVALHO	F	41		01:17:05	01:16:21	URBAN TRAIL SAMORA CORREIA
632	1068	VITOR MORAIS	M	57		01:17:05	01:17:05	INDIVIDUAL
633	1571	TIAGO CORREIA	M	25		01:17:05	01:16:41	ABC CAMPOLIDE
634	964	CÉSAR AGUIAR	M	27		01:17:06	01:15:29	INDIVIDUAL
635	1181	JOSE P LOPES	M	58		01:17:08	01:16:31	INDIVIDUAL
636	1489	JOÃO SANCHES	M	53		01:17:11	01:16:39	CA AGUALVA
637	1480	JOÃO BONIFÁCIO	M	37		01:17:11	01:16:56	INDIVIDUAL
638	914	MIGUEL FERRINHO	M	43		01:17:12	01:15:48	PÉS DE CHUMBO
639	410	EDUARDO MARQUES	M	30		01:17:12	01:17:11	INDIVIDUAL
640	1123	NUNO SEABRA	M	43		01:17:14	01:16:49	CLUBE TAP PORTUGAL
641	1764	GUILHERME BARON	M	38		01:17:15	01:16:11	INDIVIDUAL
642	1496	NORBERTO MARQUES	M	45		01:17:16	01:16:01	RUNNING OF Dª MARIA
643	156	RUI MATOS	M	38		01:17:16	01:16:43	BE2RUN
644	1322	MIGUEL TAVARES	M	43		01:17:19	01:16:40	CA PATAMEIRAS
645	131	VASCO ARMES	M	43		01:17:20	01:16:37	CARAPUS DE CORRIDA
646	1757	VITOR B CORREIA	M	40		01:17:21	01:16:55	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
647	504	JOSE DUARTE	M	48		01:17:21	01:17:03	BOM RETIRO TRAIL RUNNERS
648	911	CARLOS M BARROSO	M	38		01:17:21	01:17:03	BOM RETIRO TRAIL RUNNERS
649	565	EUGÉNIO PISCO	M	64		01:17:21	01:16:56	INDIVIDUAL
650	701	FERNANDO N CORREIA	M	47		01:17:21	01:17:03	INDIVIDUAL
651	1264	TIAGO DOMINGUES	M	38		01:17:23	01:16:30	GD SANTANDER TOTTA
652	265	RUI NEVES	M	27		01:17:23	01:16:36	CUCAS RUNNERS
653	392	PAULO GONÇALVES	M	43		01:17:24	01:17:11	BE SMART
654	67	JOAQUIM RAMALHO	M	46		01:17:27	01:17:20	INDIVIDUAL
655	1343	JOÃO J FERNANDES	M	34		01:17:28	01:16:42	INDIVIDUAL
656	667	JORGE REIS NETO	M	49		01:17:30	01:17:13	INDIVIDUAL
657	1062	VASCO FERREIRA	M	40		01:17:35	01:17:35	GDCT IN CASA DA MOEDA
658	1479	ANDRÈ MOTA	M	39		01:17:35	01:17:23	URD ARRANHÒ
659	1439	FERNANDO AVELINO	M	55		01:17:39	01:17:39	A VALE SILENCIO
660	1142	DANIEL FARINHA	M	31		01:17:39	01:17:26	SS MONTEPIO GERAL
661	331	SUSANA FRAZÃO	F	34		01:17:39	01:16:56	SAMORUNNING
662	123	MÁRIO LOPES	M	47		01:17:40	01:17:12	OS PERIGOSOS
663	458	JOSÉ VAZ	M	57		01:17:42	01:17:33	CLUBE ANACOM
664	577	EZEQUIEL PESSOA	M	38		01:17:43	01:17:30	RUNNING & CARING TIL WE DIE
665	954	LEONEL NEVES	M	44		01:17:43	01:17:30	INDIVIDUAL
666	1413	LUIS ANDRADE	M	33		01:17:44	01:17:00	AC SALVATERRA
667	845	ALBERTO ABREU	M	48		01:17:44	01:17:12	CCD PM CASCAIS
668	1418	ANTÓNIO FONSECA	M	46		01:17:46	01:17:25	INDIVIDUAL
669	144	NUNO NUNES	M	40		01:17:47	01:17:02	INDIVIDUAL
670	1161	RICARDO RAMOS	M	33		01:17:47	01:16:51	FORCE61
671	1312	FRANCISCO BANDO	M	65		01:17:50	01:17:48	INDIVIDUAL
672	1726	RICARDO J F FRANCO	M	43		01:17:51	01:17:09	INDIVIDUAL
673	1597	PAULO ALVES	M	52		01:17:52	01:17:13	ARMADA TORREENSE
674	447	FRANCISCO M C PINTO	M	56		01:17:53	01:17:50	INDIVIDUAL
675	700	CRISTINA CAETANO	F	38		01:17:54	01:17:19	AMINHACORRIDA / KALENJI
676	1246	ROGERIO LUIS	M	44		01:17:56	01:16:52	SS CGD
677	930	JOÃO BATISTA	M	40		01:17:56	01:17:02	CLUBE NOVO BANCO
678	132	PAULO J G MARQUES	M	30		01:17:56	01:17:15	INDIVIDUAL
679	175	RUI GAMEIRO	M	42		01:17:56	01:16:46	CP RTP
680	850	HUGO LOURENÇO	M	41		01:17:57	01:17:29	CCD PM CASCAIS
681	422	MÁRCIO CASTRO	M	35		01:17:57	01:16:27	INDIVIDUAL
682	1135	JOÃO H S DIONISIO	M	37		01:17:58	01:17:33	INDIVIDUAL
683	110	JOÃO P F SILVA	M	45		01:18:00	01:17:13	INDIVIDUAL
684	576	MIGUEL SERRA	M	43		01:18:00	01:17:46	RUNNING & CARING TIL WE DIE

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
685	338	TIAGO PINTO	M	37		01:18:01	01:17:35	CORRER LISBOA
686	280	MARCO MENDES	M	37		01:18:01	01:17:35	CORRER LISBOA
687	1388	LUIS CALHEIROS	M	41		01:18:01	01:16:41	GD BANCO BPI
688	113	IGOR BATISTA	M	31		01:18:02	01:17:07	CORREDORES DA ADEGA
689	199	MIGUEL CASTELA	M	45		01:18:02	01:17:20	AA LEBRES SADO
690	358	JOSÉ ROSA	M	30		01:18:03	01:17:36	INDIVIDUAL
691	987	JOÃO CARAPINHA	M	41		01:18:05	01:16:50	EQUIPAS/ MADRUGA RUNNERS
692	1122	MANUEL MEXIA	M	50		01:18:05	01:16:26	CLUBE TAP PORTUGAL
693	986	PAULO SOUSA	M	40		01:18:07	01:16:50	EQUIPAS/ MADRUGA RUNNERS
694	421	LUIS FARIA	M	53		01:18:08	01:17:50	CARTAXO NIGHT RUNNERS
695	403	NELSON SALDANHA	M	38		01:18:09	01:16:47	INDIVIDUAL
696	327	MIGUEL SIMÕES	M	37		01:18:09	01:16:47	INDIVIDUAL
697	378	NUNO LOPES	M	41		01:18:09	01:16:49	FC ESTRELAS LISBOA
698	1111	BERNARDO GARCIA	M	31		01:18:10	01:17:56	ADRC MATA BENFICA
699	1516	RICARDO LOURENÇO	M	34		01:18:12	01:17:00	INDIVIDUAL
700	745	VASCO PALMA	M	53		01:18:13	01:18:05	INDIVIDUAL
701	1245	PEDRO TORRINHA	M	39		01:18:13	01:17:11	SS CGD
702	944	RODRIGO ALMEIDA	M	36		01:18:14	01:18:02	CLUBE NOVO BANCO
703	648	JOÃO M COCHARRO	M	39		01:18:14	01:17:07	INDIVIDUAL
704	1260	RUI CUNHA	M	49		01:18:15	01:17:26	GD SANTANDER TOTTA
705	1688	CARLOS FERNANDES	M	48		01:18:16	01:17:25	PSP
706	1177	MARCO VENÂNCIO	M	35		01:18:16	01:17:06	GINJINHAS RUNNERS
707	956	ANTÓNIO J H FERREIRA	M	57		01:18:17	01:18:00	INDIVIDUAL
708	391	MIGUEL BERMONTE	M	39		01:18:19	01:18:07	BE SMART
709	802	MÓNICA T SOUSA	F	43		01:18:19	01:17:42	C COLAB AXA
710	841	VITOR LEMOS	M	35		01:18:20	01:17:52	INDIVIDUAL
711	1248	RUI SANTOS	M	48		01:18:21	01:18:09	SS CGD
712	63	ORLANDO A S SILVA	M	45		01:18:22	01:16:52	INDIVIDUAL
713	79	PAULO M SALSA	M	37		01:18:22	01:16:53	INDIVIDUAL
714	1445	PAULO LEANDRO	M	48		01:18:27	01:17:41	CRP/PROFISERV
715	1250	VITOR AGUILAR	M	65		01:18:27	01:18:19	RUN 4 FUN
716	973	FERNANDO M L GONÇALVES	M	47		01:18:27	01:18:22	INDIVIDUAL
717	1317	FREDERICO ANTUNES	M	34		01:18:28	01:17:53	INDIVIDUAL
718	200	GONÇALO GUIOMAR	M	22		01:18:33	01:17:45	CUCAS RUNNERS
719	1392	PAULO LUZ	M	49		01:18:33	01:17:14	GD BANCO BPI
720	896	NEVES SILVA	M	63		01:18:39	01:18:20	C FERROV PORTUGAL
721	624	DANIELA A R AFONSO	F	29		01:18:39	01:17:54	INDIVIDUAL
722	1045	CARLOS MIRA	M	44		01:18:40	01:18:33	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
723	1477	PAULO TOMAS	M	43		01:18:41	01:18:35	URD ARRANHÒ
724	551	CARLOS MARTINHO	M	46		01:18:43	01:18:10	CAD A CORRER
725	1599	DIAMANTINO GAMITO	M	50		01:18:43	01:17:57	ATLÉTICO VIA RARA
726	806	JORGE FERRAZ	M	44		01:18:46	01:17:49	EQUIPA FI RONALD MCDONALD
727	1030	JOSE FELICIANO	M	41		01:18:47	01:17:32	AERO RUNNERS
728	592	HELDER MENDES	M	40		01:18:47	01:18:21	INDIVIDUAL
729	811	MARIO RAMOS	M	56		01:18:49	01:18:33	APOGMA
730	1090	JOSÉ MOGA	M	57		01:18:49	01:18:30	A VALE SILENCIO
731	881	JOAQUIM DINIZ	M	44		01:18:50	01:17:27	INDIVIDUAL
732	1438	TITO TEIXEIRA	M	38		01:18:52	01:18:14	C COLAB AXA
733	1421	JOAO POMBINHO	M	33		01:18:52	01:18:18	INDIVIDUAL
734	948	PEDRO M S V COSTA	M	49		01:18:54	01:18:47	CORRER LISBOA
735	918	RUI SIMÕES	M	42		01:18:55	01:17:58	EQUIPA FI RONALD MCDONALD
736	285	RUI SILVA	M	44		01:18:57	01:17:32	INDIVIDUAL
737	471	ILISITO FERREIRA	M	32		01:18:57	01:18:23	CAD A CORRER
738	1035	JACINTO FERREIRA	M	59		01:18:58	01:17:48	C VETERANOS LIS
739	1280	ICIAR NEVADO	F	39		01:19:04	01:18:54	INDIVIDUAL
740	889	JULIO PATRICIO	M	53		01:19:04	01:18:35	BV BOMBARRAL
741	765	TELMO F R F CARVALHO	M	38		01:19:07	01:18:54	JIMBRAS RUNNING TEAM
742	97	PEDRO RIBEIRO	M	40		01:19:08	01:18:11	ALVERCA URBAN RUNNERS
743	109	VANDA CHAVES	F	37		01:19:08	01:19:05	RF RIBEIRINHA POVOA STA IRIA
744	1448	PAULO PEREIRA	M	42		01:19:08	01:18:47	CA PENAFIRME
745	238	JOSÉ A PEDRO	M	43		01:19:09	01:18:15	INDIVIDUAL
746	209	CARLO COSTA PINHO	M	42		01:19:14	01:18:39	INDIVIDUAL
747	360	PAULO OLIVEIRA	M	39		01:19:14	01:18:39	INDIVIDUAL
748	1455	RICARDO CAMPOS	M	40		01:19:17	01:18:25	CCD-AT
749	475	NUNO PEREIRA	M	36		01:19:19	01:18:47	INDIVIDUAL
750	1653	SÍLVIA BARRA	F	38		01:19:24	01:18:28	RF RIBEIRINHA POVOA STA IRIA
751	1020	JOÃO PERLEQUES	M	42		01:19:26	01:18:39	Lost Runners
752	299	SÉRGIO CATALÃO	M	29		01:19:31	01:19:27	INDIVIDUAL
753	1795	JOAO DIAS	M	50		01:19:32	01:18:10	
754	122	ALCIDES NUNES	M	57		01:19:33	01:19:06	OS PERIGOSOS
755	722	PAULA MADEIRA	F	31		01:19:36	01:19:18	UA POVOENSE
756	1352	PEDRO SERRA	M	33		01:19:36	01:18:18	INDIVIDUAL
757	335	RAMIRO INACIO	M	64		01:19:38	01:19:19	KANINOS
758	454	ROGÉRIO PINA	M	61		01:19:39	01:19:30	CLUBE ANACOM
759	1231	JOSE PEREIRA	M	60		01:19:39	01:18:49	SS CGD
760	1703	MIGUEL BARRADAS	M	43		01:19:41	01:18:51	CCD HOSPITAL VF XIRA

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
761	1768	VITOR LUIS	M	41		01:19:43	01:19:35	
762	1549	VITOR CARDEIRA	M	49		01:19:43	01:19:35	CPR A-DO-BARBAS
763	216	FERNANDO TORRES	M	54		01:19:44	01:18:22	GAREHOTELRUNNING
764	80	PEDRO PATRICIO	M	55		01:19:47	01:18:39	INDIVIDUAL
765	790	JOÃO SERRA	M	43		01:19:48	01:19:27	AÇOREANA
766	982	PEDRO RUAS	M	36		01:19:49	01:19:27	INDIVIDUAL
767	418	VITOR RAMOS	M	36		01:19:51	01:18:28	CUCAS RUNNERS
768	1048	RICARDO M J GOMES	M	33		01:19:53	01:18:56	GOTCHA
769	1212	BRUNO DIAS	M	39		01:19:54	01:19:38	SS CGD
770	1166	JOSE A RODRIGUES	M	56		01:19:54	01:19:16	INDIVIDUAL
771	162	RUI REIS	M	37		01:19:57	01:18:41	INDIVIDUAL
772	1230	JOSE ALVES	M	66		01:19:58	01:19:28	SS CGD
773	1754	JULIEN GIRAUDOU	M	27		01:20:01	01:19:27	VILLEJUIF
774	922	ABDURAMANÉ SEIDI	M	39		01:20:01	01:18:58	SC CASAINHOS
775	1796	HUGO RODRIGUES	M	41		01:20:03	01:20:03	
776	1642	EDUARDO CABRITA	M	46		01:20:04	01:18:42	CCD TRANQUILIDADE
777	1643	ANDRÉ MEDEIROS	M	28		01:20:04	01:18:44	CCD TRANQUILIDADE
778	210	ISIDRO CARVALHO	M	45		01:20:05	01:19:21	INDIVIDUAL
779	1244	PEDRO SEQUEIRA	M	48		01:20:07	01:19:23	SS CGD
780	1379	JOÃO FERREIRA	M	60		01:20:08	01:18:55	AMIGOS DA FLOR
781	1195	CARLOS GRADÍSSIMO	M	33		01:20:08	01:18:54	INDIVIDUAL
782	882	INÊS S ARAÚJO	F	33		01:20:09	01:19:19	OS CONTA-KILÓMETROS
783	1380	MANUEL HORTELÃO	M	46		01:20:09	01:18:56	AMIGOS DA FLOR
784	1651	LUÍS DUARTE	M	46		01:20:10	01:20:07	INDIVIDUAL
785	1262	NUNO DAMIAES	M	34		01:20:10	01:18:53	GD SANTANDER TOTTA
786	1647	JOSÉ COELHO	M	57		01:20:10	01:20:05	SCALABIS NIGHT RUNNERS
787	1308	RICARDO D M B BRAZ	M	43		01:20:10	01:19:51	INDIVIDUAL
788	713	HENRIQUE VENTURA	M	36		01:20:12	01:19:05	INDIVIDUAL
789	1259	LINO OLIVEIRA	M	70		01:20:13	01:20:08	GD SANTANDER TOTTA
790	666	ANTÓNIO PATRÃO	M	46		01:20:13	01:19:51	INDIVIDUAL
791	279	HUGO CARABINEIRO	M	36		01:20:13	01:18:56	INDIVIDUAL
792	443	JOAO TRAVADO	M	46		01:20:14	01:18:59	OS CARREGUEIRENSES
793	1452	JOSÉ R M V AFONSO	M	23		01:20:15	01:19:09	INDIVIDUAL
794	1555	ANDRÉ SEQUEIRA	M	38		01:20:18	01:19:42	LX RUN
795	820	JOSÉ VIEIRA	M	38		01:20:18	01:19:40	LX RUN
796	390	GONÇALO SEABRA	M	46		01:20:18	01:19:42	INDIVIDUAL
797	1729	JOAQUIM BACALHAU	M	63		01:20:19	01:19:52	INDIVIDUAL
798	840	ANDRÉ MARTINS	M	31		01:20:21	01:19:04	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
799	1307	JOSÉ LINDO	M	69		01:20:21	01:20:18	CA VALE FIGUEIRA
800	254	PEDRO MARQUES	M	41		01:20:22	01:19:47	ERICSSON
801	255	LUIS BRUNHETA	M	37		01:20:22	01:19:46	ERICSSON
802	1468	CARLOS F L F CORREIA	M	30		01:20:22	01:20:21	INDIVIDUAL
803	1165	SÉRGIO PAULO	M	39		01:20:23	01:20:10	INDIVIDUAL
804	1625	FILIPA GONÇALVES	F	34		01:20:25	01:20:23	GDC Banco de Portugal
805	661	ANA SANTOS	F	38		01:20:25	01:20:05	INDIVIDUAL
806	1624	GINA CHEIO	F	44		01:20:25	01:20:23	GDC Banco de Portugal
807	1620	LUÍS RIO	M	44		01:20:26	01:20:24	GDC Banco de Portugal
808	167	FERNANDO MARQUES	M	66		01:20:30	01:20:27	CP EDP CARREGADO
809	120	FILIPE J SILVA	M	55		01:20:31	01:20:11	INDIVIDUAL
810	757	ISIDRO M SERRA	M	60		01:20:31	01:20:20	INDIVIDUAL
811	487	ANTONIO G FERREIRA	M	53		01:20:32	01:19:09	INDIVIDUAL
812	1022	JOAO P ADEGAS	M	45		01:20:35	01:19:40	INSTRUMONIT
813	188	NUNO SANTOS	M	42		01:20:35	01:20:29	CLUBE OGMA
814	1325	MANUEL J S DIAS	M	49		01:20:36	01:20:03	INDIVIDUAL
815	571	RUI M D MORGADO	M	40		01:20:36	01:19:15	INDIVIDUAL
816	1394	LUCIANO MARQUES	M	56		01:20:37	01:20:20	GD BANCO BPI
817	1235	LUISA LANDEIRO	F	45		01:20:38	01:20:27	SS CGD
818	400	MICHAEL TOITO	M	27		01:20:39	01:19:27	INDIVIDUAL
819	621	HELENA TAUBE	F	42		01:20:40	01:20:26	TOUGH TRAILS ALENQUER
820	1199	PAULO CARDOSO	M	38		01:20:41	01:19:56	INDIVIDUAL
821	206	RUI SIMOES	M	38		01:20:41	01:19:17	INDIVIDUAL
822	574	JOSÉ CASTRO	M	57		01:20:43	01:19:32	CAA BELÉM
823	166	CARLOS PEREIRA	M	34		01:20:44	01:19:20	ZAPOTEQUES SABORES DO PAÇO
824	686	PEDRO ALVES	M	42		01:20:45	01:19:28	MADRUGA RUNNERS
825	1309	LUIS RIBEIRO	M	39		01:20:47	01:20:40	TERTÚLIA DA FESFORRA
826	1420	ADELINO TEIXEIRA	M	56		01:20:50	01:20:01	INDIVIDUAL
827	1632	RUI M S ALVES	M	41		01:20:51	01:20:07	GYDARUN
828	600	MIGUEL MARQUES	M	55		01:20:51	01:20:00	INDIVIDUAL
829	1591	ARSENIO FERNANDES	M	59		01:20:52	01:20:01	CA AMIGOS PARQUE PAZ
830	311	ANTONIO MARQUES	M	51		01:20:53	01:20:38	CKL RUNING
831	623	PAULO NICOLAU	M	47		01:20:57	01:20:15	GYDARUN
832	651	JOAO RODRIGUES	M	36		01:20:58	01:20:16	INDIVIDUAL
833	714	ANA I MARQUES	F	46		01:21:00	01:20:42	BRRNIGHTRUNNERS
834	603	JOÃO BORGES	M	52		01:21:02	01:20:28	INDIVIDUAL
835	602	LUÍS MENDONÇA	M	33		01:21:02	01:20:28	INDIVIDUAL
836	1270	ANTONIO CASTRO	M	46		01:21:02	01:20:54	GD SANTANDER TOTTA

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
837	107	CARLOS ALMEIDA	M	59		01:21:04	01:21:00	INDIVIDUAL
838	491	MIGUEL BARBOSA	M	61		01:21:05	01:21:00	UNIDOS DA MANUTENÇÃO
839	618	LUÍS RAMALHO	M	42		01:21:07	01:20:18	INDIVIDUAL
840	737	VITOR MONTEIRO	M	53		01:21:07	01:21:01	LISBOA MARRIOTT HOTEL
841	246	NUNO M LOPES	M	39		01:21:07	01:20:56	CCD-AT
842	319	DANIEL MARTINHO	M	45		01:21:08	01:19:41	INDIVIDUAL
843	76	LUIS S CAGAREU	M	38		01:21:09	01:20:15	ATLETAS MADRUGADA
844	979	HUGO DUARTE	M	37		01:21:11	01:20:36	INDIVIDUAL
845	980	MIGUEL ESTEVES	M	33		01:21:11	01:20:35	INDIVIDUAL
846	978	PAULO COSTA	M	36		01:21:12	01:20:38	INDIVIDUAL
847	223	FRANCISCO PLINIO	M	60		01:21:12	01:20:14	CCDT METRO LX
848	1151	PEDRO CARRASCO	M	44		01:21:14	01:20:02	SS MONTEPIO GERAL
849	1173	RUI GONCALVES	M	43		01:21:17	01:21:08	CCD O ALVITEJO
850	1010	JOSÉ COSTA	M	51		01:21:18	01:20:40	INDIVIDUAL
851	22	PEDRO CORREIA	M	38		01:21:18	01:20:49	INDIVIDUAL
852	1249	OLGA BORGES	F	40		01:21:19	01:21:08	SS CGD
853	1028	SANDRA DASSILVA	F	40		01:21:20	01:20:28	LINK
854	925	ANTÓNIO CRUZ	M	60		01:21:21	01:20:59	CLUBE NOVO BANCO
855	1573	CARLOS GONÇALVES	M	51		01:21:24	01:20:54	SFUAP
856	921	DAVID CHARRINHO	M	33		01:21:25	01:20:22	SC CASAINHOS
857	1074	FÁBIO PEREIRA	M	23		01:21:25	01:20:23	SC CASAINHOS
858	101	PEDRO QUADRIO	M	44		01:21:25	01:19:56	INDIVIDUAL
859	1021	MARTA CONCEIÇÃO	F	31		01:21:28	01:20:42	Lost Runners
860	897	CARLOS NEVES	M	63		01:21:32	01:20:57	AD REAL ACADEMIA
861	453	MANUEL BARROS	M	59		01:21:33	01:21:21	CLUBE ANACOM
862	1191	JOSÉ GRILATE	M	71		01:21:34	01:20:58	CCD O ALVITEJO
863	1079	NUNO VENTURA	M	42		01:21:37	01:20:39	GA MONSANTO/GASCAN
864	466	VASCO SANTOS	M	38		01:21:38	01:20:57	CANIANOS
865	655	HUGO COSTA	M	43		01:21:39	01:21:09	INDIVIDUAL
866	823	DANIEL ANTUNES	M	54		01:21:41	01:21:39	CAMARA L CLUBE
867	1462	CARLOS GIL	M	42		01:21:44	01:20:58	INDIVIDUAL
868	34	AMÉRICO D VAZ	M	61		01:21:45	01:21:35	INDIVIDUAL
869	1617	JOAQUIM BORRALHO	M	69		01:21:48	01:21:33	GDC Banco de Portugal
870	943	PEDRO MORGADO	M	46		01:21:49	01:20:57	CLUBE NOVO BANCO
871	1348	JORGE ESTEVES	M	51		01:21:50	01:20:59	RUN 4 FUN
872	1349	TEODORO TRINDADE	M	54		01:21:50	01:20:58	RUN 4 FUN
873	49	ANTÓNIO ALMEIDA	M	36		01:21:51	01:21:06	OS CONTA-KILÓMETROS
874	983	FRANCISCO VIEIRA	M	42		01:21:52	01:20:35	EQUIPAS/ MADRUGA RUNNERS

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
875	630	RICARDO CASTELO	M	32		01:21:52	01:20:55	INDIVIDUAL
876	1025	CARLOS PALMA	M	47		01:21:53	01:21:25	LINK
877	985	DÉCIO CARVALHO	M	39		01:21:53	01:20:36	EQUIPAS/ MADRUGA RUNNERS
878	1724	JOÃO VENTURA	M	31		01:21:53	01:21:04	INDIVIDUAL
879	1463	FREDERICO WIBORG	M	44		01:21:54	01:21:07	INDIVIDUAL
880	102	ANDRÉ FIGUEIREDO	M	39		01:21:54	01:21:31	PERNAS DE GAFANHOTO
881	440	RUI SALES	M	49		01:21:56	01:20:41	OS CARREGUEIRENSES
882	888	DIOGO G S MARTINS	M	23		01:21:57	01:20:48	INDIVIDUAL
883	1488	TOMÁS FERNANDES	M	19		01:22:00	01:21:35	CORRER LISBOA
884	946	SÍLVIO PAIVA	M	64		01:22:01	01:21:11	CLUBE NOVO BANCO
885	86	JULIO M C ALVADIA	M	35		01:22:01	01:21:08	ATLETAS MADRUGADA
886	1600	EDUARDO BENTO	M	44		01:22:01	01:21:05	ATLETAS MADRUGADA
887	869	BRUNO MARTINS	M	39		01:22:02	01:22:02	INDIVIDUAL
888	1739	NUNO RAFAEL	M	36		01:22:03	01:20:55	AUTO_JACINTO
889	993	JOÃO GRILO	M	28		01:22:03	01:20:56	AUTO_JACINTO
890	1374	PAULO SILVESTRE	M	46		01:22:05	01:21:47	RF RIBEIRINHA POVOA STA IRIA
891	854	NUNO ALMEIDA	M	43		01:22:05	01:21:34	CCD PM CASCAIS
892	1727	LUIZ PEREIRA	M	35		01:22:06	01:20:48	INDIVIDUAL
893	220	CARLOS MOREIRA	M	62		01:22:07	01:21:38	CCDT METRO LX
894	1524	JORGE SANTOS	M	41		01:22:08	01:21:51	OS COXOS E O MIGUEL
895	1731	JOSE MATA	M	48		01:22:09	01:20:46	INDIVIDUAL
896	805	VICTOR JOSÉ RAMOS	M	44		01:22:10	01:21:31	C COLAB AXA
897	631	FRANCISCA RAPOSO	F	25		01:22:10	01:21:16	INDIVIDUAL
898	294	HELIA SANTOS	F	31		01:22:12	01:21:25	INDIVIDUAL
899	1302	MARTA COLAÇO	F	39		01:22:14	01:22:13	CA NAZARÉ
900	91	NUNO NUNES	M	41		01:22:15	01:21:57	CCD-AT
901	73	ARMANDO MARTINS	M	52		01:22:15	01:20:45	INDIVIDUAL
902	1567	ANTONIO LIMA	M	53		01:22:16	01:22:15	ABC CAMPOLIDE
903	125	JOSÉ HENRIQUES	M	61		01:22:17	01:21:58	OS PERIGOSOS
904	225	ISABEL FRANÇA	F	43		01:22:18	01:21:32	CCDT METRO LX
905	129	JOSÉ BELCHIOR	M	64		01:22:18	01:21:58	OS PERIGOSOS
906	1101	PEDRO FIGUEIRA	M	38		01:22:20	01:21:37	INDIVIDUAL
907	510	PEDRO FONTES	M	50		01:22:21	01:21:20	C MILLENNIUM BCP
908	855	PAULA MACHADO	F	61		01:22:21	01:22:10	CCD PM CASCAIS
909	1281	JOÃO J A PASSEIRO	M	53		01:22:23	01:20:55	INDIVIDUAL
910	1504	JOSÉ SERRA	M	62		01:22:23	01:22:23	BUÉ DA SERRAS
911	1285	ANDRÉ OLIVEIRA	M	26		01:22:23	01:21:08	RIBATEXANOS
912	1486	JORGE RODRIGUES	M	39		01:22:24	01:22:10	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
913	1363	HELENA PINTO	F	37		01:22:28	01:21:27	ALVERCA URBAN RUNNERS
914	96	ANTONIO GONÇALVES	M	54		01:22:29	01:21:28	ALVERCA URBAN RUNNERS
915	114	PAULO LOPES	M	44		01:22:29	01:21:28	CP EDP CARREGADO
916	398	ANTONIO MELGAO	M	36		01:22:30	01:21:22	INDIVIDUAL
917	1710	NUNO PINELA	M	37		01:22:31	01:21:34	MIRÒBRIGA TRAIL RUN
918	1572	JOSE NASCIMENTO	M	41		01:22:33	01:21:35	INDIVIDUAL
919	1605	ANA PEREIRA	F	47		01:22:36	01:22:01	RF RIBEIRINHA POVOA STA IRIA
920	992	JOAQUIM GRILO	M	59		01:22:37	01:21:30	AUTO_JACINTO
921	1023	FERNANDO FARIA	M	53		01:22:37	01:22:09	LINK
922	232	RAFAEL SANTOS	M	48		01:22:39	01:21:41	CCDT METRO LX
923	514	ALBERTO NUNES	M	52		01:22:42	01:21:52	C MILLENNIUM BCP
924	524	ANTONIO ALMEIDA	M	49		01:22:42	01:21:41	C MILLENNIUM BCP
925	204	MÁRIO SANTOS	M	50		01:22:43	01:21:38	INDIVIDUAL
926	506	JORGE FERRO	M	49		01:22:43	01:21:38	INDIVIDUAL
927	1672	SUSANA FERREIRA	F	38		01:22:49	01:22:35	SCALABIS NIGHT RUNNERS
928	404	JOÃO TELO	M	41		01:22:49	01:21:28	INDIVIDUAL
929	1711	ANTÓNIO VARDASCA	M	40		01:22:50	01:21:37	INDIVIDUAL
930	1660	RUI NOGUEIRA	M	47		01:22:50	01:21:38	NOZES
931	1415	PEDRO GALVÃO	M	35		01:22:53	01:22:10	AC SALVATERRA
932	755	FABIANO BORTOLOTTI	M	41		01:22:53	01:21:53	INDIVIDUAL
933	590	NUNO SILVA	M	34		01:22:55	01:21:44	CAA BELÉM
934	1339	FILIPE MARQUES	M	28		01:22:57	01:21:41	INDIVIDUAL
935	268	JOSÉ RAMOS	M	35		01:22:59	01:22:30	INDIVIDUAL
936	1670	ISA RIBEIRO	F	31		01:23:00	01:22:31	EQUIPA
937	1295	EDUARDO LOBITO	M	40		01:23:03	01:22:25	ASAS NOS PÉS
938	1296	JOSÉ LEITÃO	M	46		01:23:03	01:22:24	ASAS NOS PÉS
939	1456	NUNO MOREIRA	M	40		01:23:06	01:22:41	INDIVIDUAL
940	1182	PAULO A GONÇALVES	M	57		01:23:06	01:22:04	INDIVIDUAL
941	835	JOÃO PEREIRA	M	45		01:23:07	01:22:42	CAMARA L CLUBE
942	205	ANTONIO TEIXEIRA	M	38		01:23:07	01:21:43	INDIVIDUAL
943	1494	MARTA M S ANDRADE	F	41		01:23:08	01:22:15	TREINO EM CASA
944	1223	FRANCISCO VIEIRA	M	47		01:23:09	01:22:37	SS CGD
945	207	AUGUSTO J RAMÔA	M	63		01:23:10	01:23:04	INDIVIDUAL
946	586	DANIEL RAMOS	M	39		01:23:13	01:22:19	JOBRINDE MONTES SALOIOS
947	773	TAM AFONSO	M	63		01:23:14	01:23:12	AÇOREANA
948	617	RUI ALMEIDA	M	38		01:23:14	01:22:05	INDIVIDUAL
949	1342	DAVID CARDOSO	M	36		01:23:14	01:22:05	TEAM MARAVILHA
950	507	RICARDO BORDALO	M	46		01:23:16	01:23:10	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
951	564	JOÃO RAMOS	M	55		01:23:17	01:22:26	INDIVIDUAL
952	744	FILIPE PINTO	M	37		01:23:18	01:21:48	INDIVIDUAL
953	1423	RICARDO M J S TEODORO	M	35		01:23:18	01:21:58	ÁGUIA RIBATEJANA
954	752	Mª JOÃO CORTESÃO	F	30		01:23:19	01:23:15	CP EDP LISBOA
955	177	PEDRO BAPTISTA	M	35		01:23:20	01:22:52	CASA DA DIZIMA
956	1498	SARA VIDAL	F	29		01:23:22	01:22:46	INDIVIDUAL
957	1627	INÊS MARIQUITOS	F	26		01:23:23	01:22:29	GDC Banco de Portugal
958	819	HELENA MOREIRA	F	39		01:23:23	01:23:17	C BENFICA ALG M MARTINS
959	1669	ANTONIO NUNES	M	46		01:23:24	01:22:35	INDIVIDUAL
960	1657	ARTUR SANTOS	M	38		01:23:24	01:22:44	VALADARES
961	1051	BRUNO QUENTAL	M	41		01:23:27	01:21:53	INDIVIDUAL
962	1427	FERNANDA FRANÇA	F	42		01:23:28	01:22:45	CLUBE OGMA
963	1426	JOAQUIM BEXIGA	M	47		01:23:28	01:22:45	CLUBE OGMA
964	61	MIGUEL CASTRO	M	48		01:23:31	01:22:47	FAT OLD DUDES
965	1145	JORGE SOUSA	M	42		01:23:31	01:22:20	SS MONTEPIO GERAL
966	968	DANIEL E G REIS	M	30		01:23:32	01:22:42	OS CONTA-KILÓMETROS
967	1152	RICARDO DIAS	M	42		01:23:32	01:22:17	SS MONTEPIO GERAL
968	726	JOAO FERREIRA	M	30		01:23:33	01:23:12	INDIVIDUAL
969	1234	LUIS QUENTAL	M	49		01:23:38	01:22:35	SS CGD
970	532	PEDRO FERNANDES	M	39		01:23:39	01:23:09	C MILLENNIUM BCP
971	708	SERGIO BORGES	M	43		01:23:40	01:23:21	ND AUTOCOOPE
972	413	JOSÉ MAGRO	M	46		01:23:41	01:23:23	RF RIBEIRINHA POVOA STA IRIA
973	705	JOSE DIAS	M	58		01:23:42	01:23:24	ND AUTOCOOPE
974	499	JOÃO SANTOS	M	32		01:23:42	01:22:53	INDIVIDUAL
975	417	RAFAELA PÉREZ	F	32		01:23:43	01:23:15	INDIVIDUAL
976	1065	HÉLDER SALEMA	M	24		01:23:44	01:23:31	SAMORUNNING
977	1358	HÉLIO CARREIRA	M	30		01:23:45	01:23:27	INDIVIDUAL
978	1577	MANUELA GONÇALVES	F	48		01:23:47	01:23:15	SFUAP
979	130	JOÃO MENDES	M	40		01:23:49	01:22:59	OS CONTA-KILÓMETROS
980	112	LUIS BATISTA	M	34		01:23:51	01:22:58	CORREDORES DA ADEGA
981	1659	CARLOTA V PINTO	F	29		01:23:54	01:23:03	INDIVIDUAL
982	1634	PAULO MOUTINHO	M	44		01:23:55	01:23:37	INDIVIDUAL
983	269	TÂNIA VEIGA	F	35		01:23:57	01:23:57	INDIVIDUAL
984	1769	PEDRO RAMOS	M	20		01:23:59	01:22:56	
985	1526	JOANA A FERNANDES	F	26		01:24:00	01:23:34	CORRER LISBOA
986	812	PAULO PIRES	M	50		01:24:01	01:23:47	APOGMA
987	813	CARLOS SOUSA	M	48		01:24:01	01:23:44	APOGMA
988	1018	ADÉRITO CARRELHAS	M	61		01:24:02	01:23:58	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
989	1118	DAVID AFONSO	M	50		01:24:02	01:23:02	CLUBE TAP PORTUGAL
990	1314	FRANCISCO AGRA	M	52		01:24:03	01:23:41	OS ZATOPEQUES
991	1086	LUIS LISBOA	M	57		01:24:05	01:23:46	A VALE SILENCIO
992	649	JOÃO E REBOCHO	M	43		01:24:05	01:23:07	INDIVIDUAL
993	915	PEDRO PIRES	M	43		01:24:06	01:22:43	PÉS DE CHUMBO
994	537	AURORA SOARES	F	45		01:24:07	01:22:42	C MILLENNIUM BCP
995	1328	LUIS PINTO	M	39		01:24:08	01:22:49	INDIVIDUAL
996	1637	RUI PEDROSO	M	39		01:24:09	01:23:28	INDIVIDUAL
997	792	LUIS PINHEIRO	M	42		01:24:09	01:23:11	INDIVIDUAL
998	1054	RUI F R CAMPOS	M	39		01:24:09	01:23:27	INDIVIDUAL
999	572	LUIZ ROSA	M	62		01:24:09	01:22:58	CAA BELÉM
1000	527	JOAO CAEIRO	M	44		01:24:10	01:23:40	C MILLENNIUM BCP
1001	575	JOSÉ GORDILHO	M	52		01:24:10	01:23:32	CAA BELÉM
1002	1464	RUI M R SILVA	M	49		01:24:12	01:23:32	INDIVIDUAL
1003	1156	CARLOS HILÁRIO	M	49		01:24:13	01:23:45	INDIVIDUAL
1004	1009	ÂNGELO FERREIRA	M	51		01:24:13	01:23:43	INDIVIDUAL
1005	349	JOAQUIM CRISPIM	M	59		01:24:14	01:22:51	UDCA
1006	179	MARIA MARTINS	F	25		01:24:16	01:23:50	CASA DA DIZIMA
1007	1717	RENATO SARAGOÇA	M	39		01:24:17	01:23:44	UDRS GUERREIRO DO RIO
1008	1382	SÉRGIO CANÁRIO	M	40		01:24:18	01:23:43	INDIVIDUAL
1009	1788	PAULO AH QUIN	M	37		01:24:18	01:24:18	EQ HOLMES PLACE
1010	608	JOÃO FAUSTINO	M	63		01:24:24	01:24:20	INDIVIDUAL
1011	1330	JULIA CALISTO	F	52		01:24:24	01:24:17	INDIVIDUAL
1012	320	ANTÓNIO ALMEIDA	M	44		01:24:26	01:23:01	INDIVIDUAL
1013	528	MIGUEL MARQUES	M	33		01:24:26	01:23:10	C MILLENNIUM BCP
1014	1176	SUSANA RIBEIRO	F	43		01:24:27	01:23:45	STARVES TRAILERS & RUNNERS
1015	534	SERGIO SA	M	41		01:24:27	01:23:11	C MILLENNIUM BCP
1016	912	JOÃO BOLINHAS	M	35		01:24:27	01:23:21	SAGRES UNITED
1017	461	SEERGIO CRISPIM	M	35		01:24:28	01:23:22	GDM TEAMAÇO
1018	1040	ELISIO COSTA	M	60		01:24:28	01:23:05	OS ZATOPEQUES
1019	124	JOSÉ PEREIRA	M	59		01:24:45	01:24:17	OS PERIGOSOS
1020	1646	ANA MARQUES	F	38		01:24:45	01:24:40	SCALABIS NIGHT RUNNERS
1021	23	SILVANO MONTEIRO	M	64		01:24:45	01:24:15	INDIVIDUAL
1022	1210	ANGELA CRUZ	F	45		01:24:46	01:23:44	SS CGD
1023	314	MANUEL RIBEIRO	M	61		01:24:46	01:24:32	CKL RUNNING
1024	313	JOSÉ CORREIA	M	55		01:24:47	01:24:32	CKL RUNNING
1025	1747	LUIS ALVES	M	32		01:24:47	01:24:47	INDIVIDUAL
1026	1180	PAULO LOURENÇO	M	33		01:24:48	01:23:34	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1027	395	ANDREIA MONTEIRO	F	37		01:24:48	01:23:39	WALKING DEADS
1028	1220	FERNANDO ALVES	M	54		01:24:49	01:23:49	SS CGD
1029	917	JOÃO GARCIA	M	43		01:24:50	01:23:25	PÉS DE CHUMBO
1030	1353	JOSÉ SERRA	M	58		01:24:57	01:23:39	INDIVIDUAL
1031	439	ANTONIO BERNARDES	M	66		01:24:59	01:23:44	OS CARREGUEIRENSES
1032	1733	FATIMA LAVRADOR	F	43		01:25:02	01:24:15	INDIVIDUAL
1033	1606	RUI TEIXEIRA	M	33		01:25:03	01:24:13	INDIVIDUAL
1034	415	HELDER MENEZES	M	37		01:25:05	01:23:57	INDIVIDUAL
1035	158	JOÃO OLIVEIRA	M	61		01:25:08	01:23:56	INDIVIDUAL
1036	47	LILIANA HENRIQUES	F	29		01:25:11	01:24:20	OS CONTA-KILÓMETROS
1037	134	LUIS CAMPOS	M	66		01:25:12	01:24:12	ALVERCA URBAN RUNNERS
1038	50	JOANA COSTA	F	28		01:25:12	01:24:21	OS CONTA-KILÓMETROS
1039	83	NUNO MOREIRA	M	34		01:25:13	01:24:12	ALVERCA URBAN RUNNERS
1040	1514	KIM TOMÉ	M	44		01:25:14	01:24:05	PANELA MAGICA
1041	675	JOÃO ESTEVES	M	46		01:25:14	01:24:05	PANELA MAGICA
1042	1593	RICARDO FIGUEIREDO	M	33		01:25:15	01:24:05	PANELA MÁGICA
1043	1554	FABIO ABREU	M	27		01:25:15	01:24:05	PANELA MAGICA
1044	540	ANTONIO MATIAS	M	41		01:25:15	01:24:05	PANELA MÁGICA
1045	1553	LUIS LOPES	M	48		01:25:15	01:24:08	PANELA MAGICA
1046	1513	RICARDO SARDINHEIRO	M	42		01:25:16	01:24:05	PANELA MAGICA
1047	749	JULIO PARREIRA	M	67		01:25:17	01:24:33	CHESTER TEAM
1048	597	LUIS FILIPE	M	40		01:25:17	01:24:37	BEER RUNNERS
1049	1288	CARLOS IPE	M	40		01:25:17	01:24:37	ASAS NOS PÉS
1050	352	ACACIO BARATA	M	40		01:25:20	01:24:43	ERICSSON
1051	211	ANTÓNIO A M MOREIRA	M	52		01:25:20	01:23:54	INDIVIDUAL
1052	569	PEDRO CARVALHO	M	31		01:25:20	01:24:47	CAD A CORRER
1053	95	TÂNIA OLIVEIRA	F	34		01:25:21	01:25:05	RF RIBEIRINHA POVOA STA IRIA
1054	1255	SALVADOR AFONSO	M	62		01:25:23	01:24:48	GD SANTANDER TOTTA
1055	668	LUIS FERREIRA	M	61		01:25:27	01:24:50	INDIVIDUAL
1056	916	CARLOS COSTA	M	44		01:25:31	01:24:08	PÉS DE CHUMBO
1057	329	FABIO BATISTA	M	38		01:25:32	01:24:44	INDIVIDUAL
1058	1442	CECÍLIA TAVARES	F	49		01:25:32	01:25:09	INDIVIDUAL
1059	1038	ORLANDO SILVA	M	56		01:25:34	01:25:08	OS ZATOPEQUES
1060	1589	DANIEL A L COSTA	M	23		01:25:37	01:24:21	CCD HOSPITAL VF XIRA
1061	354	JOÃO SILVA	M	45		01:25:47	01:24:51	INDIVIDUAL
1062	1144	JAIME GOMES	M	59		01:25:52	01:24:39	SS MONTEPIO GERAL
1063	118	PAULO LOPES	M	35		01:25:52	01:24:48	ALVERCA URBAN RUNNERS
1064	1530	LUIS MOURA	M	58		01:25:54	01:24:39	TEJAVISTA

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1065	1730	LUIS FOUTO	M	44		01:25:55	01:25:47	CLUBE VODAFONE
1066	394	HUGO COSTA	M	37		01:25:56	01:24:48	WALKING DEADS
1067	425	JOSÉ VILELA	M	51		01:25:59	01:25:57	CLUBE ROBBIALAC
1068	1125	NUNO RIBEIRO	M	41		01:26:01	01:25:49	INDIVIDUAL
1069	1206	ALVARO FURTADO	M	57		01:26:01	01:24:57	SS CGD
1070	1324	JORGE LOPES	M	49		01:26:01	01:25:54	INDIVIDUAL
1071	782	PAULO TORRÃO	M	44		01:26:02	01:24:40	AÇOREANA
1072	781	FAUSTO ISAAC	M	46		01:26:02	01:24:40	AÇOREANA
1073	1168	AMANDIO BUSCA	M	48		01:26:03	01:25:30	INDIVIDUAL
1074	1603	MARIA SEBASTIÃO	F	25		01:26:04	01:25:32	INDIVIDUAL
1075	1007	MARCO P A R GONÇALVES	M	42		01:26:08	01:24:59	INDIVIDUAL
1076	862	ROGÉRIO FERREIRA	M	43		01:26:09	01:25:04	INDIVIDUAL
1077	1098	JOÃO VALÉRIO	M	44		01:26:10	01:25:28	URBAIN TRAIL SAMORA CORREIA
1078	1227	JOAO FONTES	M	38		01:26:13	01:25:09	SS CGD
1079	1222	FRANCISCO CLERIGO	M	62		01:26:14	01:25:13	SS CGD
1080	933	JORGE MONTEIRO	M	48		01:26:16	01:25:14	CLUBE NOVO BANCO
1081	791	JOANA RUIVO	F	33		01:26:16	01:25:19	INDIVIDUAL
1082	412	JOSÉ RUIVO	M	65		01:26:17	01:25:20	ARANAV
1083	108	SOFIA ALMEIDA	F	25		01:26:17	01:26:13	INDIVIDUAL
1084	614	CLAUDIA L FERREIRA	F	49		01:26:19	01:26:02	INDIVIDUAL
1085	1335	CARLOS VIDAIS	M	42		01:26:20	01:25:32	ATLÉTICO VIA RARA
1086	1507	RICARDO AGUIAR	M	53		01:26:22	01:24:52	INDIVIDUAL
1087	1797	MANUEL PACHECO	M	34		01:26:23	01:25:07	
1088	834	PAULO GORDINHO	M	41		01:26:25	01:25:59	CAMARA L CLUBE
1089	481	VASCO FRIJA	M	18		01:26:25	01:25:36	AQUATEAM
1090	923	CUSTÓDIO QUIBINA	M	30		01:26:26	01:25:24	SC CASAINHOS
1091	365	SÓNIA C MOR	F	35		01:26:32	01:26:12	CORRER LISBOA
1092	340	FRANCISCO VITORINO	M	65		01:26:36	01:25:32	INDIVIDUAL
1093	893	ANTONIO G FERREIRA	M	59		01:26:43	01:25:24	C FERROV PORTUGAL
1094	428	JORGE PINTO	M	45		01:26:44	01:26:43	CLUBE ROBBIALAC
1095	1614	SONIA REI	F	37		01:26:44	01:26:00	EQUIPA GYDRUN AZAMBUJA
1096	444	Mª JOÃO CORREIA	F	43		01:26:44	01:26:00	GYDARUN
1097	525	RICARDO MENDES	M	43		01:26:45	01:26:21	C MILLENNIUM BCP
1098	1372	CARLA P FERNANDES	F	39		01:26:45	01:26:29	CORRER LISBOA
1099	1580	MARCOS PINTO	M	36		01:26:46	01:26:20	C FERROV PORTUGAL
1100	1509	ROGÉRIO BREIA	M	27		01:26:47	01:26:31	CORRER LISBOA
1101	1476	HENRIQUE FERREIRA	M	44		01:26:50	01:26:38	URD ARRANHÒ
1102	1294	JOSÉ GOUVEIA	M	49		01:26:50	01:26:07	ASAS NOS PÉS

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1103	632	GUILHERME BORBA	M	43		01:26:51	01:25:52	INDIVIDUAL
1104	260	JORGE SILVA	M	38		01:26:54	01:25:59	EQUIPA A PENSAR NA SOPA
1105	245	MIGUEL A C RIBAS	M	46		01:26:55	01:26:17	INDIVIDUAL
1106	536	JORGE SOARES	M	50		01:26:56	01:25:31	C MILLENNIUM BCP
1107	581	PEDRO LOPES	M	38		01:26:56	01:25:27	INDIVIDUAL
1108	1759	PAULA GONÇALVES	F	40		01:26:58	01:25:55	SS CGD
1109	1758	NUNO COSTA	M	41		01:26:59	01:26:46	SS CGD
1110	799	FERNANDO J MATIAS	M	59		01:27:01	01:26:30	C COLAB AXA
1111	556	NUNO ALMEIDA	M	38		01:27:01	01:25:58	COALA
1112	288	VASCO ALPALHÃO	M	46		01:27:02	01:25:30	ALPALHÃO
1113	1644	SANDRA FREITAS	F	40		01:27:02	01:26:59	CCD TRANQUILIDADE
1114	468	SARA COLAÇO	F	41		01:27:02	01:26:43	CA AMIGOS PARQUE PAZ
1115	387	FRANCISCO LINHOL	M	61		01:27:03	01:25:58	INDIVIDUAL
1116	1143	FERNANDO PALMA	M	40		01:27:04	01:25:55	SS MONTEPIO GERAL
1117	1197	ANA C PINHEIRO	F	35		01:27:06	01:25:54	INDIVIDUAL
1118	104	RUI ALMEIDA	M	39		01:27:07	01:26:36	RF RIBEIRINHA POVOA STA IRIA
1119	810	JOSE ANDRE	M	60		01:27:10	01:26:56	APOGMA
1120	814	HELDER GANDARINHO	M	47		01:27:10	01:26:56	APOGMA
1121	596	FILIPE FERREIRA	M	29		01:27:10	01:26:08	INDIVIDUAL
1122	842	RODRIGO CARVALHO	M	51		01:27:11	01:26:39	INDIVIDUAL
1123	760	SILVINA GAMEIRO	F	48		01:27:13	01:26:55	INDIVIDUAL
1124	239	JOSE S M VERMELHUDO	M	56		01:27:17	01:26:03	AERO RUNNERS
1125	380	HUGO XAVIER	M	38		01:27:21	01:27:02	INDIVIDUAL
1126	654	MANUEL ROCHA	M	62		01:27:24	01:26:44	INDIVIDUAL
1127	1041	LUIS GRAVE	M	58		01:27:25	01:27:20	OS ZATOPEQUES
1128	1153	RITA GONÇALVES	M	40		01:27:30	01:26:20	SS MONTEPIO GERAL
1129	55	FILIPA VICENTE	F	32		01:27:31	01:26:39	INDIVIDUAL
1130	93	JOÃO TELES	M	33		01:27:31	01:26:55	INDIVIDUAL
1131	645	ANN MACPHERSON	F	37		01:27:32	01:26:32	EMSA TEAM
1132	1198	ANTÓNIO M S MURTA	M	56		01:27:33	01:26:13	INDIVIDUAL
1133	292	ANDRÉ SALVADO	M	41		01:27:40	01:26:00	INDIVIDUAL
1134	656	PEDRO M P SANTOS	M	38		01:27:41	01:26:40	ALVERCA URBAN RUNNERS
1135	502	CARLA M P SILVA	F	43		01:27:41	01:26:59	GYDARUN
1136	26	CARLOS LAVRADOR	M	50		01:27:43	01:27:06	RUN 4 FUN
1137	41	PEDRO ALMEIDA	M	57		01:27:45	01:27:05	LOBIFANCA
1138	1638	JOSÉ CATITA	M	57		01:27:51	01:26:30	GARMIN/ CO OEIRAS
1139	1787	JOANA ALBUQUERQUE	F	42		01:27:53	01:26:22	EQ HOLMES PLACE
1140	1722	JOAO FREITAS	M	49		01:27:55	01:27:54	PAPAVERONAIR

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1141	137	JOAQUIM VENÂNCIO	M	60		01:27:59	01:27:17	CLUBE OGMA
1142	136	JOÃO SIMÕES	M	52		01:28:00	01:27:19	CLUBE OGMA
1143	1336	JOSÉ CORREIA	M	58		01:28:00	01:27:13	ATLÉTICO VIA RARA
1144	619	DAMIÃO REGA	M	54		01:28:01	01:27:19	INDIVIDUAL
1145	1508	RUTE MENDES	F	49		01:28:02	01:28:02	INDIVIDUAL
1146	1334	CARLOS CORREIA	M	50		01:28:02	01:27:16	ATLÉTICO VIA RARA
1147	78	JOÃO C SEQUEIRA	M	44		01:28:03	01:27:10	INDIVIDUAL
1148	1685	GABRIEL MATEUS	M	37		01:28:06	01:27:58	PSP
1149	321	JOÃO P ALMEIDA	M	48		01:28:07	01:27:59	KANINOS
1150	1466	GORETI FERNANDES	F	52		01:28:08	01:27:10	CLUBE CIMPOR
1151	163	CARINA ALMEIDA	F	37		01:28:11	01:27:56	RF RIBEIRINHA POVOA STA IRIA
1152	382	LUIS DUARTE	M	41		01:28:11	01:27:32	RF RIBEIRINHA POVOA STA IRIA
1153	1511	LUIS LOURENCO	M	29		01:28:13	01:27:30	INDIVIDUAL
1154	721	JOÃO OLIVAL	M	47		01:28:14	01:27:20	INDIVIDUAL
1155	1290	PAULO LIBÂNIO	M	41		01:28:19	01:28:19	ASAS NOS PÉS
1156	538	HELDER LOURENÇO	M	44		01:28:20	01:27:21	ALVERCA URBAN RUNNERS
1157	1354	MAURO SILVA	M	37		01:28:23	01:27:29	INDIVIDUAL
1158	381	BRUNO GONÇALVES	M	37		01:28:28	01:28:07	INDIVIDUAL
1159	1073	NUNO PEREIRA	M	44		01:28:28	01:28:27	SC CASAINHOS
1160	1047	BRUNO M R BATISTA	M	44		01:28:29	01:27:05	INDIVIDUAL
1161	1167	LUIS GARÇÃO	M	48		01:28:29	01:27:56	INDIVIDUAL
1162	879	ISABEL MARTINS	F	46		01:28:31	01:28:30	INDIVIDUAL
1163	191	PEDRO PINEL	M	46		01:28:32	01:27:40	NAV RUNNERS
1164	326	FRANCISCO DIAS	M	46		01:28:32	01:27:11	INDIVIDUAL
1165	753	RUI XAVIER	M	49		01:28:33	01:28:30	CP EDP LISBOA
1166	192	JOSE MACHADO	M	50		01:28:33	01:27:39	NAV RUNNERS
1167	1050	HELENA QUENTAL	F	46		01:28:34	01:27:01	INDIVIDUAL
1168	386	MARCO RODRIGUES	M	41		01:28:35	01:28:01	INDIVIDUAL
1169	1792	JOAQUIM CASQUINHA	M	51		01:28:42	01:27:46	
1170	145	PEDRO MACHADO	M	40		01:28:45	01:27:32	INDIVIDUAL
1171	703	CARLOS FERREIRA	M	59		01:28:50	01:28:33	ND AUTOCOOPE
1172	1362	LUIS CATITA	M	57		01:28:51	01:27:58	INDIVIDUAL
1173	595	CESAR D D SILVESTRE	M	39		01:28:52	01:27:23	INDIVIDUAL
1174	1107	JOAO FERREIRA	M	56		01:28:53	01:28:02	CORRER LISBOA
1175	469	RUBEM SOUSA	M	22		01:28:54	01:28:45	ZAPOTEQUES SABORES DO PAÇO
1176	665	SÉRGIO ANTUNES	M	40		01:28:58	01:28:01	QUEIMA BORRACHA
1177	664	ELISABETE VINAGRE	F	30		01:28:58	01:28:02	QUEIMA BORRACHA
1178	351	JOSÉ RODRIGUES	M	62		01:29:00	01:28:52	UDCA

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1179	419	NUNO PINHEIRO	M	28		01:29:00	01:28:02	INDIVIDUAL
1180	459	JOSÉ BAIXINHO	M	58		01:29:00	01:27:46	SANTIAGO FC
1181	1736	ALICE VILAÇA	F	37		01:29:02	01:27:54	INDIVIDUAL
1182	1552	PEDRO RIBEIRO	M	47		01:29:03	01:27:56	CP RTP
1183	1551	PEDRO MARTINS	M	45		01:29:04	01:27:57	CP RTP
1184	863	FERNANDO CASTANHEIRA	M	65		01:29:07	01:27:43	CORR RESINEIROS DE CORGAS
1185	969	JOÃO P FERREIRA	M	37		01:29:07	01:28:07	ORTOBEST RUNNING TEAM
1186	460	JUDITE BAIXINHO	F	29		01:29:08	01:27:55	SANTIAGO FC
1187	1655	JOAQUIM VALADARES	M	53		01:29:09	01:28:29	VALADARES
1188	725	PEDRO GONÇALVES	M	42		01:29:11	01:28:21	TURBOLENTOS
1189	1178	SILVERIO BRAS	M	56		01:29:14	01:27:54	INDIVIDUAL
1190	451	SÉRGIO ANTUNES	M	48		01:29:14	01:29:04	CLUBE ANACOM
1191	1401	SÉRGIO TAVARES	M	33		01:29:15	01:28:59	CCD CA MÚTUO
1192	1612	RUI PEDRO	M	34		01:29:18	01:27:57	OS PERIGOSOS
1193	1124	PEDRO FERNANDES	M	50		01:29:20	01:28:21	CLUBE TAP PORTUGAL
1194	1241	PAULO BAILAO	M	45		01:29:21	01:28:19	SS CGD
1195	1497	RICARDO SIMOES	M	46		01:29:24	01:28:08	RUNNING OF Dª MARIA
1196	1570	CARINA MARTINS	F	27		01:29:24	01:29:00	ABC CAMPOLIDE
1197	1752	MANUEL FONSECA	M	52		01:29:24	01:29:24	ABC CAMPOLIDE
1198	1569	SUSANA MARTINS	F	26		01:29:24	01:28:59	ABC CAMPOLIDE
1199	957	ANTÓNIO R SIETRA	M	44		01:29:26	01:28:30	CLUBE VODAFONE
1200	28	JORGE RODRIGUES	M	47		01:29:30	01:28:12	INDIVIDUAL
1201	25	ANTÓNIO SILVA	M	53		01:29:30	01:28:12	INDIVIDUAL
1202	591	OLEKSANDR PASTUKH	M	40		01:29:31	01:28:11	OS PERIGOSOS
1203	1613	RUSLAN DUBOV	M	38		01:29:31	01:28:11	OS PERIGOSOS
1204	138	CARLOS SEQUEIRA	M	54		01:29:31	01:28:48	CLUBE OGMA
1205	1078	CONSTÂNCIO ALMEIDA	M	56		01:29:34	01:28:26	GA MONSANTO/GASCAN
1206	767	LUIS FEIO	M	55		01:29:36	01:29:04	INDIVIDUAL
1207	1721	PAULO BARRETO	M	35		01:29:37	01:28:36	INDIVIDUAL
1208	860	TÂNIA VALENTIM	F	33		01:29:37	01:28:28	CCD PM CASCAIS
1209	1502	ISABEL BUÉ	F	34		01:29:38	01:29:34	BUÉ DA SERRAS
1210	1269	LUCIO SILVA	M	49		01:29:42	01:28:31	GD SANTANDER TOTTA
1211	1121	LUIS FORTUNATO	M	35		01:29:43	01:29:42	CLUBE TAP PORTUGAL
1212	1136	RUI M S R CARVALHO	M	47		01:29:45	01:29:34	INDIVIDUAL
1213	821	PAULA SOARES	F	42		01:29:45	01:29:28	RF RIBEIRINHA POVOA STA IRIA
1214	1297	CLÁUDIA VALENTIM	F	29		01:29:45	01:29:13	INDIVIDUAL
1215	554	ANA SILVA	F	35		01:29:45	01:28:39	INDIVIDUAL
1216	663	MÁRCIA FREIRE	F	38		01:29:47	01:28:53	QUEIMA BORRACHA

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1217	1534	JOÃO BORGES	M	48		01:29:49	01:28:33	TEJAVISTA
1218	899	CARLA A LOPES	F	43		01:29:52	01:29:16	GD INE
1219	1607	GONÇALO SEABRA	M	38		01:29:52	01:28:28	OS ZATOPEQUES
1220	1789	HUGO BERTOLO	M	41		01:29:53	01:29:53	
1221	1417	MOISÉS GARCIA	M	36		01:29:54	01:29:32	INDIVIDUAL
1222	262	MARGARIDA SANTOS	F	36		01:29:54	01:28:59	EQUIPA A PENSAR NA SOPA
1223	33	LUIS PROENÇA	M	46		01:29:56	01:29:22	INDIVIDUAL
1224	1742	MIGUEL FONSECA	M	36		01:29:58	01:29:06	INDIVIDUAL
1225	678	FILIPE JUNQUEIRA	M	34		01:29:58	01:29:08	INDIVIDUAL
1226	330	ROGÉRIO DIAS	M	35		01:30:00	01:29:46	INDIVIDUAL
1227	1070	ANA NUNES	F	32		01:30:01	01:29:17	EQUIPA COELHOS DE CORRIDA
1228	1069	TIAGO ANTUNES	M	34		01:30:01	01:29:17	EQUIPA COELHOS DE CORRIDA
1229	833	JOÃO FIGUEIREDO	M	59		01:30:02	01:29:39	CAMARA L CLUBE
1230	143	NUNO CORDEIRO	M	41		01:30:05	01:29:25	A MATA DE ESCAROUPIM
1231	754	DANIELA SANTOS	F	41		01:30:09	01:28:43	INDIVIDUAL
1232	187	CARLA MARQUES	F	43		01:30:14	01:29:48	SAPATISTAS
1233	1077	ANTÓNIO REYES	M	61		01:30:18	01:29:09	GA MONSANTO/GASCAN
1234	1707	RUI ALEXANDRE	M	24		01:30:19	01:29:22	CCD HOSPITAL VF XIRA
1235	1538	JOSE AZURARA	M	57		01:30:22	01:29:07	TEJAVISTA
1236	275	MARCOS RATOLA	M	36		01:30:25	01:29:50	CONTA GOTAS
1237	1057	NUNO GONÇALVES	M	40		01:30:31	01:28:59	GDCT IN CASA DA MOEDA
1238	1108	RUI J B AMADOR	M	41		01:30:35	01:29:32	INDIVIDUAL
1239	941	PAULO VERÍSSIMO	M	48		01:30:42	01:29:50	CLUBE NOVO BANCO
1240	1175	NUNO J T SANTOS	M	45		01:30:45	01:29:34	INDIVIDUAL
1241	1134	JOANA ALMEIDA	F	35		01:30:48	01:29:19	INDIVIDUAL
1242	1133	ALEXANDRE MARTINS	M	34		01:30:50	01:29:21	INDIVIDUAL
1243	1049	ANTÓNIO ALMEIDA	M	50		01:30:57	01:29:44	INDIVIDUAL
1244	45	SANDRA MARQUES	F	33		01:31:00	01:30:11	OS CONTA-KILÓMETROS
1245	140	RICARDO J L MATOS	M	44		01:31:01	01:30:03	ALVERCA URBAN RUNNERS
1246	486	NUNO SANTOS	M	39		01:31:03	01:29:41	CONDORES
1247	1518	DAVID BARBOTIN	M	31		01:31:08	01:29:46	TOKANDAR
1248	1517	MARÍLIA RIBEIRO	F	32		01:31:09	01:29:47	TOKANDAR
1249	1286	PATRÍCIA ALVES	F	34		01:31:13	01:30:44	INDIVIDUAL
1250	1194	JOSÉ VERAS	M	55		01:31:13	01:30:43	ALDIPONTENSES
1251	1533	JOÃO P CAROÇO	M	59		01:31:14	01:30:00	TEJAVISTA
1252	558	GASPAR LANEIRO	M	56		01:31:17	01:31:09	VETERANOS DE MASSAMÁ
1253	423	JAIME VEIGA	M	52		01:31:17	01:30:15	EMSA TEAM
1254	1219	ESMERALDO PEREIRA	M	69		01:31:18	01:30:13	SS CGD

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1255	1740	MARIO PATACAS	M	44		01:31:19	01:30:58	INDIVIDUAL
1256	1458	DEOLINDA URBANO	F	60		01:31:19	01:31:13	UA POVOENSE
1257	1741	MARGARIDA SILVA	F	31		01:31:20	01:30:25	INDIVIDUAL
1258	653	SUSANA BARREIROS	F	31		01:31:21	01:30:40	INDIVIDUAL
1259	424	RAÚL COSTA	M	55		01:31:27	01:31:24	CLUBE ROBBIALAC
1260	858	RUI SYMANIC	M	36		01:31:33	01:30:21	CCD PM CASCAIS
1261	1645	HUGO GASPAR	M	40		01:31:41	01:31:38	CCD TRANQUILIDADE
1262	1525	RICARDO NEVES	M	38		01:31:42	01:30:40	INDIVIDUAL
1263	462	TELMA MOREIRA	F	30		01:31:42	01:30:51	INDIVIDUAL
1264	972	SOFIA COMPLETO	F	43		01:31:43	01:30:54	OS CONTA-KILÓMETROS
1265	1012	RUI BELO	M	30		01:31:45	01:30:57	INDIVIDUAL
1266	1013	MIGUEL LINO	M	28		01:31:45	01:30:58	INDIVIDUAL
1267	598	LUIS GONÇALVES	M	39		01:31:45	01:31:05	BEER RUNNERS
1268	1279	TERESA SEPULVEDA	F	35		01:31:55	01:31:26	GARMIN/ CO OEIRAS
1269	1763	JOAO CRAVO	M	27		01:32:04	01:31:08	INDIVIDUAL
1270	1746	CARLOS ALVES	M	32		01:32:07	01:32:07	INDIVIDUAL
1271	512	EDUARDO PINTO	M	48		01:32:16	01:31:59	C MILLENNIUM BCP
1272	928	FELICINA FERREIRA	F	50		01:32:21	01:31:48	CLUBE NOVO BANCO
1273	1201	RUI CABAÇO	M	45		01:32:23	01:31:03	OS BRAVOS
1274	377	RODRIGO OLIVEIRA	M	38		01:32:24	01:31:04	FC ESTRELAS LISBOA
1275	1200	Mª JOAO CABAÇO	F	44		01:32:24	01:31:04	OS BRAVOS
1276	376	PAULA LEITÃO	F	36		01:32:24	01:31:02	FC ESTRELAS LISBOA
1277	769	HELENA SANTOS	F	53		01:32:30	01:32:20	AÇOREANA
1278	557	MANUEL AZEVEDO	M	59		01:32:31	01:32:21	VETERANOS DE MASSAMÁ
1279	368	LUIS MARTINS	M	60		01:32:32	01:31:40	NAV RUNNERS
1280	1169	PEDRO CARVALHO	M	43		01:32:32	01:31:58	INDIVIDUAL
1281	768	ANTÓNIO JORGE	M	61		01:32:32	01:32:22	AÇOREANA
1282	1225	JAQUELINA VIEIRA	F	40		01:32:33	01:32:02	SS CGD
1283	719	MARTA BERNEAUD	F	34		01:32:33	01:31:33	ORTOBEST RUNNING TEAM
1284	323	PAULO PEREIRA	M	38		01:32:37	01:31:12	ADCR PJ
1285	975	RUI NETO	M	27		01:32:40	01:31:36	PROJOELHO
1286	795	ANA P MATIAS	F	50		01:32:42	01:31:45	C COLAB AXA
1287	1650	MIGUEL RIBEIRO	M	41		01:32:45	01:32:06	INDIVIDUAL
1288	1587	CARLOS A P CORDEIRO	M	59		01:32:48	01:31:50	CCD HOSPITAL VF XIRA
1289	1794	ATLETA NÃO CADASTRADO	M	0		01:32:49	01:32:28	
1290	69	ANA M MARTINS	F	48		01:32:50	01:32:02	FALCOES SELVAGENS
1291	70	LUIS REIS	M	53		01:32:50	01:32:01	FALCOES SELVAGENS
1292	1671	JULIA ROCHA	F	44		01:32:54	01:32:07	FALCOES SELVAGENS

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1293	561	HÉLIA C M MACHADO	F	29		01:32:58	01:32:45	INDIVIDUAL
1294	277	CLAUDIA OLIVEIRA	F	32		01:32:59	01:32:34	CCD-AT
1295	1751	BELMIRO AGUIAR	M	52		01:33:01	01:31:45	ABC CAMPOLIDE
1296	1495	JORGE FERREIRA	M	50		01:33:07	01:31:50	RUNNING OF D ^a MARIA
1297	683	PAULO SANTOS	M	41		01:33:08	01:32:28	INDIVIDUAL
1298	1550	INÊS A V PAIS	F	35		01:33:08	01:32:15	MOVET
1299	535	ABEL LOURO	M	58		01:33:09	01:32:46	C MILLENNIUM BCP
1300	1326	RICARDO PEREIRA	M	35		01:33:11	01:31:48	INDIVIDUAL
1301	1323	LUCINDA TAVARES	F	39		01:33:13	01:32:36	CA PATAMEIRAS
1302	515	TELMA MIRANDA	F	36		01:33:14	01:32:39	C MILLENNIUM BCP
1303	1214	CRISTIANA ALMEIDA	F	51		01:33:15	01:32:12	SS CGD
1304	456	ISAAC CARRÊLO	M	55		01:33:15	01:33:05	CLUBE ANACOM
1305	1213	ANDRE NORONHA	M	51		01:33:16	01:32:13	SS CGD
1306	258	SANDRA BATISTA	F	43		01:33:18	01:32:55	INDIVIDUAL
1307	1277	NUNO SILVA	M	33		01:33:20	01:32:50	GARMIN/ CO OEIRAS
1308	1292	PATRICIA SANTOS	F	31		01:33:24	01:32:43	ASAS NOS PÉS
1309	1141	BRUNO CATARINO	M	37		01:33:28	01:32:17	SS MONTEPIO GERAL
1310	1618	ANTÓNIO PEREIRA	M	74		01:33:29	01:33:09	GDC Banco de Portugal
1311	100	SERGIO SUSANO	M	24		01:33:31	01:32:02	INDIVIDUAL
1312	30	EDUARDO AMORIM	M	44		01:33:35	01:32:17	INDIVIDUAL
1313	587	CARLOS LUIS	M	52		01:33:36	01:32:59	INDIVIDUAL
1314	588	FERNANDO MONTEIRO	M	45		01:33:36	01:32:59	INDIVIDUAL
1315	139	VANDA PEREIRA	F	39		01:33:37	01:32:08	INDIVIDUAL
1316	952	MANUEL VAZQUEZ	M	60		01:33:38	01:33:15	LOS PEREGRINOS
1317	1615	ELIA GRANJA	F	43		01:33:39	01:32:33	INDIVIDUAL
1318	1616	RENATO FARIA	M	38		01:33:39	01:32:32	INDIVIDUAL
1319	44	LUÍS TRIGO	M	35		01:33:43	01:32:54	OS CONTA-KILÓMETROS
1320	1668	SÓNIA MARQUES	F	35		01:33:44	01:32:27	INDIVIDUAL
1321	476	TIAGO CASTRO	M	23		01:33:45	01:32:41	INDIVIDUAL
1322	478	ANA CARRASCO	F	26		01:33:46	01:32:41	INDIVIDUAL
1323	148	ANTONIO CID	M	31		01:33:47	01:33:36	LE CLUB RUNNERS
1324	981	ALEXANDRE MAURICIO	M	43		01:33:51	01:33:22	INDIVIDUAL
1325	99	FERNANDO SUSANO	M	48		01:33:51	01:32:23	INDIVIDUAL
1326	98	AMADEU CARVALHO	M	48		01:33:52	01:32:23	INDIVIDUAL
1327	976	MIGUEL LUCAS	M	27		01:33:53	01:32:48	PROJOELHO
1328	951	JOÃO DIAS	M	61		01:33:53	01:33:29	LOS PEREGRINOS
1329	599	MIGUEL VASCONCELOS	M	45		01:33:53	01:33:30	INDIVIDUAL
1330	1487	JOSÉ OLIVEIRA	M	48		01:33:57	01:33:12	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1331	68	GISELA PADRE	F	41		01:33:58	01:32:43	INDIVIDUAL
1332	1560	MIRIAM VISTAS	F	34		01:34:01	01:33:08	MOVET
1333	497	ACÁCIO GAMBOA	M	45		01:34:12	01:33:07	INDIVIDUAL
1334	541	CARLOS FERREIRA	M	41		01:34:12	01:33:07	HL&CF RUNNER LOVERS
1335	82	HUGO M F HENRIQUES	M	39		01:34:12	01:33:05	INDIVIDUAL
1336	838	ANABELA M VIA	F	47		01:34:17	01:33:52	CAMARA L CLUBE
1337	1732	CARLA PEREIRA	F	43		01:34:17	01:33:17	INDIVIDUAL
1338	961	REBECA SANTOS	F	23		01:34:18	01:33:15	CLUBE VODAFONE
1339	847	ANTÓNIO BUGALHO	M	41		01:34:19	01:33:09	CCD PM CASCAIS
1340	1457	HELENA PEREIRA	F	39		01:34:24	01:34:01	INDIVIDUAL
1341	844	ANDRÉ F E CANITO	M	26		01:34:26	01:33:11	INDIVIDUAL
1342	1027	LURDES ANTÓNIO	F	46		01:34:31	01:34:04	LINK
1343	1026	LUIS OCHÔA	M	42		01:34:32	01:33:53	LINK
1344	1381	ANABELA PEREEIRA	F	42		01:34:35	01:33:22	AMIGOS DA FLOR
1345	837	CARLOS FERREIRA	M	51		01:34:38	01:34:13	CAMARA L CLUBE
1346	261	CLAUDIA SANTOS	F	37		01:34:46	01:33:51	EQUIPA A PENSAR NA SOPA
1347	724	TERESA F SANTOS	F	41		01:34:47	01:33:56	TURBOLENTOS
1348	1433	JOÃO PARDAL	M	36		01:34:48	01:33:47	INDIVIDUAL
1349	197	MAYER RAPOSO	M	68		01:34:54	01:34:45	AA LEBRES SADO
1350	839	MARTINHO ROQUE	M	47		01:34:55	01:33:46	INDIVIDUAL
1351	620	CARMINDA PIRES	F	53		01:34:56	01:34:16	INDIVIDUAL
1352	1483	RUI GONÇALVES	M	49		01:34:58	01:34:23	ASC VALE GRANDE
1353	1465	JOÃO FERREIRA	M	43		01:35:02	01:34:01	CLUBE CIMPOR
1354	1541	CARLOS CUNHA	M	28		01:35:04	01:35:04	INDIVIDUAL
1355	865	NUNO VALENTE	M	32		01:35:08	01:34:09	INDIVIDUAL
1356	866	PEDRO VALENTE	M	38		01:35:08	01:34:08	INDIVIDUAL
1357	87	RAQUEL D M DUQUE	F	29		01:35:12	01:34:50	INDIVIDUAL
1358	186	ALZIRA PEREIRA	F	49		01:35:15	01:34:49	SAPATISTAS
1359	496	INÊS BRANCO	F	39		01:35:16	01:34:13	INDIVIDUAL
1360	977	JOANA DIAS	F	28		01:35:18	01:34:15	PROJOELHO
1361	1084	JOÃO FERNANDES	M	31		01:35:19	01:34:31	INDIVIDUAL
1362	1131	MARISA MARRUZ	F	29		01:35:19	01:34:31	GYDARUN
1363	876	FRANCISCO PRATES	M	68		01:35:21	01:34:39	AA LEBRES SADO
1364	1478	GABRIEL ANTONIO	M	52		01:35:24	01:34:11	URD ARRANHÒ
1365	636	VITOR GONÇALVES	M	46		01:35:27	01:34:13	4 AO KM
1366	635	ISADORA COSTA	F	28		01:35:28	01:34:14	4 AO KM
1367	1601	JOSE PALHA	M	39		01:35:29	01:34:27	INDIVIDUAL
1368	470	IVAN OLIVEIRA	M	19		01:35:30	01:35:21	ZAPOTEQUES SABORES DO PAÇO

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1369	457	FERNANDO VARELA	M	41		01:35:34	01:35:23	CLUBE ANACOM
1370	1015	SÉRGIO N P VIÇOSO	M	34		01:35:39	01:34:39	ALHANDRA RIO - CONDOMÍNIO
1371	816	JORGE H PEREIRA	M	52		01:35:43	01:34:17	INDIVIDUAL
1372	1529	DANIELA MOURA	F	55		01:35:43	01:34:28	TEJAVISTA
1373	553	JULIETA CALDARELLA	F	42		01:35:48	01:34:41	INDIVIDUAL
1374	1217	CELINA COUTINHO	F	45		01:35:52	01:34:47	SS CGD
1375	1208	ANA CALINAS	F	43		01:35:52	01:34:47	SS CGD
1376	94	HUGO SANTOS	M	38		01:35:54	01:34:23	INDIVIDUAL
1377	1268	PAULA FIGUEIREDO	M	58		01:35:55	01:34:43	GD SANTANDER TOTTA
1378	1011	MARIA CONCEIÇÃO	F	53		01:35:55	01:35:25	INDIVIDUAL
1379	785	ALBANO ALVES	M	61		01:35:57	01:35:42	AÇOREANA
1380	399	JOSÉ A BARREIROS	M	45		01:35:58	01:34:59	INDIVIDUAL
1381	27	CRISTINA LAVRADOR	F	49		01:36:01	01:35:24	RUN 4 FUN
1382	684	ORLANDO RODRIGUES	M	50		01:36:04	01:35:21	INDIVIDUAL
1383	1240	PATRICIA TAVARES	F	36		01:36:05	01:34:54	SS CGD
1384	1258	SUSANA GUERREIRO	F	39		01:36:08	01:35:13	GD SANTANDER TOTTA
1385	692	CARLA ANDRE	F	38		01:36:19	01:35:09	AMINHACORRIDA / KALENJI
1386	939	PATRICIA SANTOS	F	44		01:36:19	01:35:08	CLUBE NOVO BANCO
1387	324	SUSANA PEREIRA	F	39		01:36:22	01:34:55	ADCR PJ
1388	411	ANÁLIA CLAUDINO	F	32		01:36:22	01:34:57	INDIVIDUAL
1389	1232	LIDIA BILAO	F	46		01:36:34	01:35:31	SS CGD
1390	1680	Mª CONCEICAO TOMAS	F	46		01:36:34	01:35:48	ASAS NOS PÉS
1391	353	ALEXANDRA PIRES	F	48		01:36:37	01:35:40	INDIVIDUAL
1392	1674	RAQUEL F MARTINS	F	28		01:36:40	01:36:36	INDIVIDUAL
1393	1100	JORGE PIRES	M	37		01:36:40	01:35:56	INDIVIDUAL
1394	1716	DANIELA CARVALHO	F	39		01:36:41	01:36:09	UDRS GUERREIRO DO RIO
1395	1384	JOAQUIM FRAGOSO	M	66		01:36:42	01:35:36	CCD CASA PIA
1396	739	ADRIANA PAIS	F	31		01:36:46	01:35:16	INDIVIDUAL
1397	505	CLÁUDIO MILHEIRO	M	39		01:36:46	01:35:41	INDIVIDUAL
1398	298	PAULO SERRA	M	41		01:36:49	01:35:37	SERR AGOSTINHO DUARTE, LDA
1399	295	ELISABETE FERNANDES	F	38		01:36:49	01:35:34	SERR AGOSTINHO DUARTE, LDA
1400	153	SANDRA RAIMUNDO	F	35		01:37:01	01:36:18	JATAPANHO
1401	1147	LUIS FARINHA	M	47		01:37:03	01:36:21	SS MONTEPIO GERAL
1402	1377	FRDERICO SOUSA	M	52		01:37:10	01:36:34	LEBRES E TARTARUGAS
1403	953	RUI MELÃO	M	51		01:37:10	01:36:29	INDIVIDUAL
1404	1066	CAROLINE BAKEROOT	F	37		01:37:21	01:36:13	INDIVIDUAL
1405	521	JOAO GONÇALVES	M	49		01:37:21	01:36:10	C MILLENNIUM BCP
1406	520	PEDRO MATIAS	M	46		01:37:21	01:36:08	C MILLENNIUM BCP

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1407	1138	JOSÉ LAMEGO	M	64		01:37:24	01:36:00	AGUIAS DO CARTAXO
1408	775	JOÃO MELO	M	29		01:37:24	01:36:07	AÇOREANA
1409	1447	IVO PEREIRA	M	37		01:37:25	01:37:01	URBAN TRAIL SAMORA CORREIA
1410	779	CLAUDIA TAM	F	34		01:37:25	01:36:04	AÇOREANA
1411	513	RODOLFO LIMA	M	48		01:37:28	01:37:20	C MILLENNIUM BCP
1412	874	NUNO JESUS	M	38		01:37:28	01:36:38	NJEP
1413	873	ELISABETE PINHEL	F	42		01:37:28	01:36:38	NJEP
1414	406	EBERHARD A WILHELM	M	68		01:37:32	01:36:58	4 AO KM
1415	1203	INÊS BRITO	F	26		01:37:35	01:36:17	OS BRAVOS
1416	1204	PEDRO VICENTE	M	32		01:37:39	01:36:20	OS BRAVOS
1417	1202	PEDRO SILVA	F	43		01:37:39	01:36:19	OS BRAVOS
1418	999	ANDREIA SILVA	F	28		01:37:40	01:37:08	AUTO_JACINTO
1419	1385	ALBERTO SANTOS	M	59		01:37:43	01:36:24	GD BANCO BPI
1420	1272	FABIO DIAS	M	44		01:37:48	01:37:13	GD SANTANDER TOTTA
1421	1368	ALEXANDRA SILVA	F	42		01:37:52	01:36:43	GINJINHA RUNNERS
1422	718	ADELAIDE LEITÃO	F	44		01:37:53	01:36:44	GINJINHAS RUNNERS
1423	1357	MÁRIO TORRES	M	29		01:37:59	01:36:36	GAREHOTELRUNNING
1424	1128	TANIA MARTINS	F	31		01:37:59	01:37:13	ZUMBASTICAS
1425	247	SOFIA FORTE	F	45		01:38:05	01:36:55	INDIVIDUAL
1426	870	MARIO CATITA	M	44		01:38:06	01:37:26	INDIVIDUAL
1427	804	VANDA SEQUEIRA	F	43		01:38:30	01:37:33	C COLAB AXA
1428	798	CATARINA M FIGUEIRA	F	37		01:38:30	01:37:34	C COLAB AXA
1429	310	EGLANTINO CHARNECA	M	77		01:38:31	01:38:12	GAA VF XIRA
1430	1266	HELDER LOPES	M	46		01:38:31	01:37:54	GD SANTANDER TOTTA
1431	455	JOÃO CASTRO	M	55		01:38:44	01:38:34	CLUBE ANACOM
1432	1042	DAVID LOPES	M	31		01:38:47	01:37:13	INDIVIDUAL
1433	1043	JOÃO PACHECO	M	32		01:38:48	01:37:14	INDIVIDUAL
1434	176	MÁRIO LIMA	M	36		01:38:52	01:37:27	BV BOMBARRAL
1435	62	MONICA PEREIRA	F	39		01:38:53	01:37:25	INDIVIDUAL
1436	677	MARIA QUITÉRIA	F	42		01:38:59	01:38:13	ALGYMNS
1437	891	MANUEL AUGUSTO	M	77		01:39:00	01:37:32	OUR ESP SANTO
1438	1712	MARTA S EMÍDIO	F	33		01:39:03	01:37:42	INDIVIDUAL
1439	1425	MARTA FILIPE	F	36		01:39:04	01:37:37	INDIVIDUAL
1440	892	GUILHERME GONÇALVES	M	55		01:39:04	01:37:41	C FERROV PORTUGAL
1441	573	GILBERTO GONÇALVES	M	67		01:39:13	01:39:13	CAA BELÉM
1442	333	BRUNO F S CARMONA	M	35		01:39:21	01:38:27	INDIVIDUAL
1443	77	PEDRO SILVA	M	43		01:39:31	01:38:37	INDIVIDUAL
1444	1450	MIGUEL T SOUSA	F	38		01:39:38	01:38:19	INDIVIDUAL

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1445	929	FERNANDO FILIPE	M	47		01:39:38	01:38:45	CLUBE NOVO BANCO
1446	789	ELIZABETE DUARTE	F	57		01:39:49	01:38:59	AÇOREANA
1447	771	ARMANDO PARREIRA	M	47		01:39:49	01:39:00	AÇOREANA
1448	463	FÁTIMA CARDOSO	F	23		01:39:51	01:39:24	INDIVIDUAL
1449	1139	EDMUNDO CARDEIRA	M	68		01:39:52	01:38:27	AGUIAS DO CARTAXO
1450	1467	FATIMA FERNANDES	F	54		01:39:55	01:38:55	CLUBE CIMPOR
1451	1760	PAULA COSTA	F	44		01:39:56	01:38:39	SS CGD
1452	1719	ISABEL SANTOS	F	55		01:40:12	01:38:51	SANTOS & SILVA
1453	369	INÊS MARTINS	F	32		01:40:15	01:39:22	NAV RUNNERS
1454	1337	JOAO CUNHA	M	47		01:40:24	01:39:01	INDIVIDUAL
1455	555	PAULA RODRIGUES	F	35		01:40:25	01:39:17	INDIVIDUAL
1456	1718	ORLANDO SILVA	M	63		01:40:30	01:39:10	SANTOS & SILVA
1457	182	DÁLIA LEITE	F	53		01:40:32	01:40:26	UA POVOENSE
1458	644	PAULO GUEDES	M	43		01:40:33	01:39:11	INDIVIDUAL
1459	85	ISABEL DIAS	F	49		01:40:36	01:39:20	INDIVIDUAL
1460	1699	Mª VIRGINIA CARVALHO	F	30		01:40:38	01:40:38	CCD HOSPITAL VF XIRA
1461	1390	HUGO REIS	M	38		01:40:40	01:39:19	GD BANCO BPI
1462	1563	JOSE GOMES	M	42		01:40:45	01:39:27	ABC CAMPOLIDE
1463	1127	SUSANA MENDES	F	37		01:40:46	01:40:00	ZUMBASTICAS
1464	115	PAULO VIEIRA	M	43		01:40:50	01:39:48	CP EDP CARREGADO
1465	1238	MIGUEL ANGELO	M	40		01:40:57	01:39:54	SS CGD
1466	794	ANA M GUIMARÃES	F	58		01:41:03	01:40:07	C COLAB AXA
1467	800	JOÃO P PINTO	M	47		01:41:03	01:40:07	C COLAB AXA
1468	1750	REGINA SOARES	F	44		01:41:06	01:39:50	ABC CAMPOLIDE
1469	281	SILVIA MENDES	F	35		01:41:10	01:40:49	CORRER LISBOA
1470	483	CÁTIA COELHO	F	26		01:41:25	01:40:56	BESJOGING
1471	657	LUIS ROSA	M	40		01:41:27	01:40:20	INDIVIDUAL
1472	642	MILENA ALIPIO	F	48		01:41:43	01:41:09	INDIVIDUAL
1473	643	SANDRA BOLAS	F	44		01:41:44	01:41:10	INDIVIDUAL
1474	1701	MARIANA SILVA	F	30		01:42:04	01:42:04	CCD HOSPITAL VF XIRA
1475	1523	JORGE PEREIRA	M	28		01:42:06	01:41:35	EQUIPA
1476	1522	NÍDIA VICENTE	F	27		01:42:07	01:41:35	EQUIPA
1477	373	JOAO LANDEIRO	M	69		01:42:11	01:40:42	INDIVIDUAL
1478	1347	ANDREA MARQUES	F	37		01:42:18	01:41:17	RF RIBEIRINHA POVOA STA IRIA
1479	1663	ISABEL MARQUES	F	46		01:42:23	01:41:41	INDIVIDUAL
1480	676	ARTUR DINIS	M	58		01:42:33	01:41:44	ALGYMNS
1481	887	ANTÓNIO PINHO	M	63		01:42:34	01:42:01	AA LEBRES SADO
1482	228	JOSE LUIS SANTOS	M	46		01:42:34	01:41:36	CCDT METRO LX

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1483	852	JOSÉ FIALHO	M	56		01:43:00	01:41:53	CCD PM CASCAIS
1484	920	VASCO PAULO	M	49		01:43:00	01:41:33	INDIVIDUAL
1485	154	CLAUDIA VARELA	F	30		01:43:22	01:42:38	JATAPANHO
1486	1791	RICARDO NASCIMENTO	M	45		01:43:25	01:41:51	
1487	1019	REBECA GUERRA	F	57		01:43:25	01:42:22	INDIVIDUAL
1488	938	MARTA NEVES	F	40		01:43:27	01:41:59	CLUBE NOVO BANCO
1489	937	MARIANA BATISTA	F	35		01:43:30	01:42:04	CLUBE NOVO BANCO
1490	777	MÓNICA QUARENTA	F	42		01:43:37	01:42:52	AÇOREANA
1491	1400	PEDRO SÉRGIO	M	48		01:43:40	01:43:24	CCD CA MÚTUO
1492	1609	ANA NUNES	F	43		01:44:40	01:44:23	INDIVIDUAL
1493	1610	ANTÓNIO NUNES	M	53		01:44:40	01:44:23	INDIVIDUAL
1494	484	OFÉLIA AUGUSTO	F	57		01:44:48	01:44:17	BESJOGING
1495	222	FERNANDO FERNANDES	M	63		01:44:49	01:43:27	CCDT METRO LX
1496	174	BRUNO MARTINS	M	37		01:44:57	01:44:01	INDIVIDUAL
1497	641	SERGIO LEOTE	M	35		01:44:59	01:43:40	INDIVIDUAL
1498	640	PEDRO B CAROÇO	M	36		01:45:00	01:43:42	INDIVIDUAL
1499	194	CARLOS JESUS	M	33		01:45:00	01:44:02	INDIVIDUAL
1500	526	CARLOS TOME	M	64		01:45:03	01:44:10	C MILLENNIUM BCP
1501	328	CARLA PINTO	F	45		01:45:05	01:44:18	INDIVIDUAL
1502	1351	ANA PARDAL	F	42		01:45:06	01:44:06	INDIVIDUAL
1503	226	JOAO BARBOSA	M	55		01:45:07	01:43:44	CCDT METRO LX
1504	1053	LUIS M V VARANDAS	M	51		01:45:08	01:44:02	INDIVIDUAL
1505	1082	ANA PEREIRA	F	42		01:45:26	01:43:58	INDIVIDUAL
1506	1749	MARIA AGUIAR	F	44		01:45:34	01:44:19	ABC CAMPOLIDE
1507	877	JOSÉ L T ALMEIDA	M	56		01:45:35	01:44:57	TELLES
1508	1310	MANSOOR AZIZ	M	25		01:45:35	01:45:28	TERTÚLIA DA FESFORRA
1509	1531	FATIMA RIBEIRO	F	52		01:45:57	01:44:43	TEJAVISTA
1510	1416	SANDRA M NUNES	F	38		01:45:59	01:44:34	INDIVIDUAL
1511	1715	ANA SEABRA	F	50		01:46:03	01:44:47	INDIVIDUAL
1512	202	CLAUDIA COLAÇO	F	34		01:46:06	01:45:48	BRRNIGHTRUNNERS
1513	420	DORA PINHEIRO	F	34		01:46:31	01:45:55	INDIVIDUAL
1514	116	NUNO SILVA	M	29		01:46:32	01:45:07	CMUPCV
1515	54	INÊS C MARQUES	F	32		01:46:32	01:45:08	INDIVIDUAL
1516	53	PATRICK MAGALHÃES	M	33		01:46:34	01:45:10	INDIVIDUAL
1517	788	IDALINA MADEIRA	F	55		01:46:50	01:46:05	AÇOREANA
1518	339	CARLA FERREIRA	F	38		01:47:04	01:46:43	CORRER LISBOA
1519	1566	LUIS GAMA	M	52		01:47:05	01:45:52	ABC CAMPOLIDE
1520	1218	EDUARDO RODRIGUES	M	35		01:47:45	01:46:40	SS CGD

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1521	1205	SUSANA MATOS	F	34		01:47:45	01:46:40	SS CGD
1522	1402	VICTOR LOBO	M	44		01:47:49	01:47:33	CCD CA MÚTUO
1523	89	LURDES OLAS	F	43		01:47:56	01:46:27	INDIVIDUAL
1524	74	PAULA MRTINSA	F	51		01:47:56	01:46:27	INDIVIDUAL
1525	356	JOAQUIM A B CARREIRO	M	51		01:48:09	01:47:19	INDIVIDUAL
1526	1157	JOSE NUNES	M	42		01:48:17	01:47:06	INDIVIDUAL
1527	1588	MARIANA V M CORDEIRO	F	19		01:48:21	01:47:23	CCD HOSPITAL VF XIRA
1528	84	SONIA DOMINGOS	F	37		01:48:38	01:47:22	INDIVIDUAL
1529	297	TATIANA SERRA	F	33		01:48:39	01:47:24	SERR AGOSTINHO DUARTE, LDA
1530	276	SOFIA MINCHIN	M	37		01:48:42	01:47:10	CONTA GOTAS
1531	274	SILVIA NUNES	F	37		01:48:42	01:47:11	CONTA GOTAS
1532	287	ANA ALPALHÃO	F	42		01:48:43	01:47:11	ALPALHÃO
1533	233	CATARINA SOARES	F	34		01:49:41	01:49:20	CORRER LISBOA
1534	161	NUNO LOUREIRO	M	49		01:50:09	01:49:19	FALCOES SELVAGENS
1535	1679	ANA C PEREIRA	F	41		01:50:09	01:48:41	SPORTLIFE
1536	1734	CONCEICAO CUNHA	F	45		01:50:09	01:49:24	INDIVIDUAL
1537	1678	MARIO SOBRAL	M	41		01:50:10	01:48:42	SPORTLIFE
1538	1765	ATLETA NÃO CADASTRADO	M	0		01:50:12	01:49:11	
1539	1209	ANABELA ESTEVES	F	52		01:50:35	01:49:48	SS CGD
1540	1207	ANA AZEVEDO	F	37		01:50:36	01:49:50	SS CGD
1541	208	VANDA FREDERICO	F	40		01:50:42	01:49:34	INDIVIDUAL
1542	1535	ISAURA ATANASIO	F	63		01:51:08	01:49:53	TEJAVISTA
1543	1327	RITA FILIPE	F	34		01:51:38	01:50:19	INDIVIDUAL
1544	947	XANA FILIPE	F	44		01:51:56	01:51:05	CLUBE NOVO BANCO
1545	1103	ÂNGELO BORGES	M	28		01:51:58	01:51:26	INDIVIDUAL
1546	774	MA FEE HUNG	F	65		01:52:14	01:51:31	AÇOREANA
1547	429	MIGUEL SILVA	M	41		01:52:56	01:52:54	CLUBE ROBBIALAC
1548	1126	MARTA SANTOS	F	41		01:53:15	01:52:30	ZUMBASTICAS
1549	610	HERNÂNI TOMÁS	M	40		01:53:25	01:52:58	SR CAMARNAL
1550	609	ANA TOMÁS	F	40		01:53:27	01:53:00	SR CAMARNAL
1551	878	VANESSA S CODEA	F	34		01:53:30	01:52:18	INDIVIDUAL
1552	1412	MARCO A R LOPES	M	43		01:53:59	01:53:28	ALVERCA URBAN RUNNERS
1553	20	ANA MIRANDA	F	43		01:54:06	01:53:07	INDIVIDUAL
1554	1539	MANUELA BUSTORFF	F	60		01:54:26	01:53:13	TEJAVISTA
1555	361	NUNO M S OLIVEIRA	M	39		01:54:28	01:53:18	INDIVIDUAL
1556	243	NÉLIA SANTOS	F	38		01:54:40	01:53:49	INDIVIDUAL
1557	426	DANIEL RODRIGUES	M	35		01:54:54	01:54:51	CLUBE ROBBIALAC
1558	430	PAULO CABRAL	M	41		01:54:54	01:54:50	CLUBE ROBBIALAC

CORRIDA DAS LEZIRIAS 2016 - 06/03/2016

Relatório Masculino e Feminino Geral

Classificação Geral Provisória

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1559	213	MARTA TEIXEIRA	F	40		01:54:57	01:54:33	INDIVIDUAL
1560	212	JOÃO NOGUEIRA	M	51		01:54:57	01:54:34	INDIVIDUAL
1561	1705	ALEXANDRA CALIXTO	F	29		01:55:45	01:55:45	CCD HOSPITAL VF XIRA
1562	864	MARCO CASTANHEIRA	M	38		01:56:58	01:55:33	CORR RESINEIROS DE CORGAS
1563	51	RITA LEA	F	28		01:57:46	01:57:00	OS CONTA-KILÓMETROS
1564	742	HUGO C BRANCO	M	40		01:58:32	01:57:03	INDIVIDUAL
1565	601	Mª FERNANDES M CONDECO	F	52		01:59:37	01:59:13	INDIVIDUAL
1566	848	ANTÓNIO TAVARES	M	51		01:59:59	01:58:49	CCD PM CASCAIS
1567	1371	JOSÉ MESTRE	M	35		02:00:28	01:59:10	INDIVIDUAL
1568	1389	JOSÉ MESTRE	M	58		02:00:28	01:59:10	GD BANCO BPI
1569	1370	SILVIA CARVALHAL	F	38		02:00:29	01:59:11	INDIVIDUAL
1570	473	VERA AGUIAR	F	30		02:01:54	02:00:27	INDIVIDUAL
1571	935	LUÍS CAETANO	M	51		02:03:47	02:02:59	CLUBE NOVO BANCO
1572	408	SARA DE SOUSA	F	37		02:03:50	02:03:49	TARTARUGAS SOLIDARIAS
1573	264	CRISTINA BARATA	F	38		02:05:01	02:03:51	INDIVIDUAL
1574	325	DEOLINDA CALDEIRA	F	61		02:05:52	02:04:20	INDIVIDUAL
1575	1744	LIDIA I C D SABOGA	F	38		02:07:47	02:06:27	INDIVIDUAL
1576	259	VASCO COELHO	M	41		02:08:20	02:07:09	CARACÓIS DE CORRIDA
1577	743	CÉLIA PINTO	F	37		02:08:22	02:06:52	INDIVIDUAL

Total de registros: 1577