

# CORRIDA DO DESTAK 2012

**Patrocínio:** DESTAK  
**Data** 23/09/2012

**Apoio:** DESTAK

**Classif.:** Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1	2098	ARTUR SANTIAGO	41	M4044	1	M			NUCLEOEIRAS/	00:32:47	00:32:45
2	1867	LUIS LIMA	41	M4044	2	M			NUCLEOEIRAS/	00:33:23	00:33:22
3	2096	NUNO CARDOSO	21	M2034	1	M			NUCLEOEIRAS/	00:33:25	00:33:23
4	3637	TELMO SILVA	33	M2034	2	M			AM ATIBA	00:33:43	00:33:39
5	2269	JOAO MARQUES	42	M4044	3	M			GDR REBOLEIRA/	00:33:45	00:33:42
6	1032	PEDRO NOGUEIRA	30	M2034	3	M			ADFA EVORA	00:33:52	00:33:50
7	3084	VIRGILIO GOMES	43	M4044	4	M			CR LEOES P SALVO	00:33:54	00:33:51
8	3629	MARCO MELLO	42	M4044	5	M			AM ATIBA	00:34:02	00:34:01
9	2222	BENEK MORAIS	35	M3539	1	M			INDIVIDUAL	00:34:06	00:34:04
10	3297	DAVID FERNANDES	38	M3539	2	M			GD JOANINHAS	00:34:08	00:34:04
11	3388	ABDOULAYE BARRY	29	M2034	4	M			JOMA	00:34:41	00:34:39
12	1973	MARCO GRILEIRO	32	M2034	5	M			AA MAFRA	00:34:43	00:34:42
13	3083	ANTONIO MANETA	47	M4549	1	M			CR LEOES P SALVO	00:34:44	00:34:41
14	3291	LUIS FRANCISCO	26	M2034	6	M			SCU TORREENSE	00:34:45	00:34:42
15	3616	CLAUDIO CARDOSO	34	M2034	7	M			AM ATIBA	00:34:48	00:34:46
16	3603	PAULO ROLA	46	M4549	2	M			NAZ ABOBODA	00:34:52	00:34:51
17	3620	JOAO BRITO	33	M2034	8	M			AM ATIBA	00:35:09	00:35:07
18	3082	RICARDO PEREIRA	35	M3539	3	M			CR LEOES P SALVO	00:35:13	00:35:11
19	1574	HUGO LEAL	28	M2034	9	M			Q PINTA	00:35:28	00:35:25
20	3628	LUIS DIAS	32	M2034	10	M			AM ATIBA	00:35:31	00:35:26
21	2097	JOAO BERTOLO	18	M1819	1	M			NUCLEOEIRAS/	00:35:46	00:35:44
22	3081	ALEXANDRE SORES	50	M5054	1	M			CR LEOES P SALVO	00:36:03	00:36:01
23	930	PEDRO SILVA	41	M4044	6	M			FSG COLLONGE	00:36:04	00:36:02
24	3085	HELDER REBELO	44	M4044	7	M			CR LEOES P SALVO	00:36:04	00:36:01
25	1177	JORGE CRUZ	47	M4549	3	M			AA MAFRA	00:36:13	00:36:07
26	820	JOAO MIRANDA	42	M4044	8	M			CLUBE VODAFONE	00:36:20	00:36:14
27	564	JOAO GOMES	52	M5054	2	M			ACOREANA C BANIF	00:36:23	00:36:18
28	3625	PAULO MOTA	35	M3539	4	M			AM ATIBA	00:36:26	00:36:22
29	3624	JOSE HEITOR	51	M5054	3	M			AM ATIBA	00:36:35	00:36:26
30	1501	JORGE RODRIGUES	46	M4549	4	M			GRD RIBEIRA LAGE	00:36:37	00:36:33
31	1868	VITOR LIMA	45	M4549	5	M			NUCLEOEIRAS/	00:36:40	00:36:37
32	2113	JOEL RODRIGUES	38	M3539	5	M			AA MAFRA	00:36:44	00:36:38
33	3363	ANTONIO MURTEIRA	44	M4044	9	M			CR LEOES P SALVO	00:36:45	00:36:42
34	2242	ARETINO MOTA	50	M5054	4	M			LINDA PASTORA SC	00:36:46	00:36:43
35	1715	JOSE SOBRAL	45	M4549	6	M			INDIVIDUAL	00:37:03	00:36:59
36	1428	LICINIO PEREIRA	56	M5559	1	M			INDIVIDUAL	00:37:08	00:36:50

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
37	3622	JOSE BORGES	44	M4044	10	M			AM ATIBA	00:37:13	00:37:08
38	31	MANUEL MASCARENHAS	29	M2034	11	M			INDIVIDUAL	00:37:15	00:37:13
39	3634	RUI RODRIGUES	29	M2034	12	M			AM ATIBA	00:37:24	00:37:20
40	3630	NUNO FELICIO	35	M3539	6	M			AM ATIBA	00:37:25	00:37:22
41	3598	JOAO SILVA	49	M4549	7	M			NAZ ABOBODA	00:37:27	00:37:25
42	1429	LUIS BARATA	40	M4044	11	M			NUCLEOEIRAS/	00:37:35	00:37:33
43	12	ROGERIO AZEVEDO	42	M4044	12	M			CCD SINTRENSE	00:37:41	00:37:37
44	3152	ALEXANDRE MONTEIRO	38	M3539	7	M			RB RUNNING	00:37:42	00:37:37
45	3611	ANTONIO COSTA	36	M3539	8	M			AM ATIBA	00:37:53	00:37:47
46	2236	FILIFE BRAS	26	M2034	13	M			INDIVIDUAL	00:37:54	00:37:51
47	3292	ANDRE DINIS	24	M2034	14	M			SCU TORREENSE	00:37:55	00:37:51
48	1121	CLEBY ARAUJO	37	M3539	9	M			CA AMIGOS PARQUE	00:38:01	00:37:54
49	2137	ANTONIO DIAS	52	M5054	5	M			INDIVIDUAL	00:38:02	00:37:58
50	3058	MIGUEL MARTINS	20	M2034	15	M			BV MONTEMOR	00:38:03	00:38:02
51	3061	NUNO ALDINHAS	28	M2034	16	M			BV MONTEMOR	00:38:04	00:38:03
52	1329	JORGE BANHA	33	M2034	17	M			INDIVIDUAL	00:38:06	00:38:06
53	3555	HUMBERTO VIAIS	49	M4549	8	M			C FERROV	00:38:13	00:38:07
54	740	LUIS DE MATOS	42	M4044	13	M			INDIVIDUAL	00:38:14	00:38:10
55	1244	FERNANDO CANDEIAS	41	M4044	14	M			SS CGD	00:38:14	00:38:08
56	693	RICARDO FERREIRA	35	M3539	10	M			INDIVIDUAL	00:38:18	00:38:12
57	3327	ANABELA GOMES	33	F2034	1	F			GD JOANINHAS	00:38:25	00:38:23
58	1186	FRANCISCO ROCHA	45	M4549	9	M			AA MAFRA	00:38:36	00:38:36
59	3463	PEDRO F CUNHA	52	M5054	6	M			INDIVIDUAL	00:38:36	00:38:36
60	2241	PAULO GOMES	42	M4044	15	M			AA MAFRA	00:38:37	00:38:34
61	2267	NUNO SANTOS	40	M4044	16	M			CCD O ALVITEJO	00:38:38	00:38:37
62	3043	ANTONIO SANTOS	54	M5054	7	M			GD INE	00:38:40	00:38:37
63	3100	ORLANDO SILVA	55	M5559	2	M			CCDT METRO LX	00:38:42	00:38:35
64	421	EDMIR CORREIA	21	M2034	18	M			INDIVIDUAL	00:38:45	00:38:40
65	3056	ALEXANDRE SERRANO	19	M1819	2	M			BV MONTEMOR	00:38:45	00:38:43
66	3057	MARIO GRILO	20	M2034	19	M			BV MONTEMOR	00:39:00	00:38:58
67	3167	MARCO PEREIRA	35	M3539	11	M			RB RUNNING	00:39:02	00:38:50
68	3296	JOAO D FERREIRA	26	M2034	20	M			GD JOANINHAS	00:39:07	00:39:01
69	423	CELSE GOUVEIA	45	M4549	10	M			INDIVIDUAL	00:39:09	00:39:06
70	569	MARIO GOMES	42	M4044	17	M			ACOREANA C BANIF	00:39:11	00:39:07
71	3087	CARLOS MENDES	46	M4549	11	M			CR LEOES P SALVO	00:39:12	00:39:09
72	1677	ANTONIO MOUTA	35	M3539	12	M			INDIVIDUAL	00:39:13	00:38:51
73	747	LILIANA ALEXANDRE	21	F2034	2	F			INDIVIDUAL	00:39:14	00:39:12
74	1828	ANTONIO SILVESTRE	43	M4044	18	M			CCDP MUN CASCAIS	00:39:15	00:39:12
75	1431	RODRIGO SANTOS	37	M3539	13	M			NUCLEOEIRAS/	00:39:20	00:39:16
76	1030	JOSE BARRINHA	41	M4044	19	M			VILA FRIA/ JG	00:39:25	00:39:22
77	1180	ALFREDO PRAZERES	51	M5054	8	M			AA MAFRA	00:39:27	00:39:20
78	2084	AUGUSTO PIRES	60	M6099	1	M			AA CHARNECA	00:39:28	00:39:23

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
79	3618	HENRIQUE COELHO	40	M4044	20	M			AM ATIBA	00:39:30	00:39:27
80	3259	CONSTANTINO ARAUJO	45	M4549	12	M			CLUBE GRUPO BES	00:39:31	00:38:50
81	2290	DIOGO ENNES	38	M3539	14	M			INDIVIDUAL	00:39:32	00:39:30
82	466	JOAO ANDRADE	46	M4549	13	M			FOZ 365	00:39:33	00:39:23
83	392	RUI HENRIQUES	33	M2034	21	M			INDIVIDUAL	00:39:34	00:39:31
84	3086	ALMIRO FEIJAO	54	M5054	9	M			CR LEOES P SALVO	00:39:37	00:39:33
85	814	OLIVIER DELMOTTE	40	M4044	21	M			CLUBE VODAFONE	00:39:40	00:39:38
86	3067	ANTONIO GASPAR	51	M5054	10	M			BV MONTEMOR	00:39:40	00:39:36
87	3163	ARTUR ANTUNES	23	M2034	22	M			RB RUNNING	00:39:41	00:39:28
88	3627	LUIS CANDELAS	24	M2034	23	M			AM ATIBA	00:39:43	00:39:41
89	3577	PAULO OLIVEIRA	43	M4044	22	M			CCDP MUN CASCAIS	00:39:46	00:39:43
90	1638	FERNANDO GOMES	39	M3539	15	M			UNIDOS	00:39:47	00:38:56
91	1184	JOSE LAGARICO	41	M4044	23	M			AA MAFRA	00:39:49	00:39:41
92	2039	JOSE LEMOS	50	M5054	11	M			VALEJAS AC	00:39:50	00:39:41
93	3425	PAULO PALMA	34	M2034	24	M			INDIVIDUAL	00:39:50	00:39:43
94	438	ALVARO SILVA	40	M4044	24	M			INDIVIDUAL	00:39:52	00:39:45
95	1632	RICARDO SILVA	30	M2034	25	M			INDIVIDUAL	00:39:52	00:39:36
96	3008	GERMANO SILVA	59	M5559	3	M			AD REAL ACADEMIA	00:39:52	00:39:46
97	3295	MARCO SOUSA	47	M4549	14	M			GD JOANINHAS	00:39:53	00:39:43
98	1430	ABILIO AMADO	34	M2034	26	M			NUCLEOEIRAS/	00:39:56	00:39:50
99	3265	LUIS MONTEIRO	40	M4044	25	M			CLUBE GRUPO BES	00:39:58	00:39:45
100	713	GONCALO SANTOS	39	M3539	16	M			GDC PORTO SINES	00:39:59	00:39:52
101	3429	MYKOLA STOYKO	48	M4549	15	M			INDIVIDUAL	00:40:00	00:39:55
102	967	AMANDIO GOUVEIA	36	M3539	17	M			ADC CATUJAL	00:40:01	00:39:39
103	1874	ANTONIO PIRES	44	M4044	26	M			C PRAÇAS ARMADA	00:40:03	00:39:54
104	2313	MARCOS PEREIRA	56	M5559	4	M			INDIVIDUAL	00:40:04	00:39:58
105	3443	LUCILIA SOARES	50	F4554	1	F			INDIVIDUAL	00:40:04	00:40:02
106	3383	FILIFE FERNANDES	24	M2034	27	M			INDIVIDUAL	00:40:05	00:39:56
107	193	DAVID KARIM	34	M2034	28	M			INDIVIDUAL	00:40:06	00:39:59
108	1226	RUI S XAVIER	45	M4549	16	M			CP EDP LISBOA	00:40:12	00:39:45
109	3349	RUI DUARTE	44	M4044	27	M			INDIVIDUAL	00:40:12	00:39:45
110	3594	JOAO GINJA	46	M4549	17	M			NAZ ABOBODA	00:40:12	00:40:04
111	3599	JOSE JARMELA	48	M4549	18	M			NAZ ABOBODA	00:40:12	00:39:59
112	3159	RUI LACERDA	40	M4044	28	M			RB RUNNING	00:40:20	00:40:07
113	41	GONCALO COSTA	40	M4044	29	M			INDIVIDUAL	00:40:21	00:40:18
114	1866	MONICA MOREIRAS	32	F2034	3	F			NUCLEOEIRAS/	00:40:21	00:40:15
115	870	HELDER VARANDA	34	M2034	29	M			ACADEMIA KORPO	00:40:23	00:40:17
116	3607	JORGE FERNANDES	27	M2034	30	M			NAZ ABOBODA	00:40:34	00:40:29
117	899	DIOGO BAENA	29	M2034	31	M			INDIVIDUAL	00:40:36	00:40:18
118	2243	HUGO MACHADO	35	M3539	18	M			INDIVIDUAL	00:40:36	00:40:25
119	1591	JOSE LOPES	48	M4549	19	M			INDIVIDUAL	00:40:39	00:40:33
120	1747	TOBIAS RABENSTEIN	26	M2034	32	M			INDIVIDUAL	00:40:40	00:40:22

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
121	2018	ADOLFO LEAL	45	M4549	20	M			REST O	00:40:46	00:40:40
122	3047	NUNO CORREIA	46	M4549	21	M			GD INE	00:40:47	00:40:45
123	1631	LEANDRO REIS	43	M4044	30	M			AA MAFRA	00:40:48	00:40:41
124	3661	PAULO JERONIMO	43	M4044	31	M			D MONTE REAL	00:40:51	00:40:43
125	1110	FERNANDO SOARES	37	M3539	19	M			INDIVIDUAL	00:40:52	00:40:46
126	1895	ANTONIO GASPARINHO	34	M2034	33	M			GD INE	00:40:52	00:40:49
127	1161	IDALECIO BARROS	57	M5559	5	M			INDIVIDUAL	00:40:57	00:40:51
128	3269	NUNO PINTO	38	M3539	20	M			CLUBE GRUPO BES	00:40:58	00:40:43
129	1977	LUIS SALES	36	M3539	21	M			INDIVIDUAL	00:40:59	00:40:49
130	2100	ANDREW PENDLEBURY	29	M2034	34	M			INDIVIDUAL	00:40:59	00:40:42
131	2046	JOAQUIM ALVES	60	M6099	2	M			CCD O ALVITEJO	00:41:01	00:40:58
132	3612	ARNALDO BRAGANCA	55	M5559	6	M			AM ATIBA	00:41:01	00:40:41
133	27	RUI PEDRO JULIAO	47	M4549	22	M			GEORUNNERS	00:41:03	00:40:22
134	2141	JOAO MARQUES	32	M2034	35	M			CCD	00:41:04	00:40:57
135	131	MIGUEL SOUSA	37	M3539	22	M			C COLAB AXA	00:41:07	00:40:29
136	1643	DUARTE CORDEIRO	40	M4044	32	M			INDIVIDUAL	00:41:08	00:40:30
137	2170	MARIO J P SANTOS	28	M2034	36	M			INDIVIDUAL	00:41:08	00:40:34
138	3440	TIAGO CRUZ	28	M2034	37	M			INDIVIDUAL	00:41:10	00:39:47
139	3293	ARLINDO LEONARDO	43	M4044	33	M			SCU TORREENSE	00:41:13	00:41:10
140	3608	SERGIO MONTES	34	M2034	38	M			NAZ ABOBODA	00:41:14	00:41:04
141	3610	ANTONIO ADRO	43	M4044	34	M			AM ATIBA	00:41:15	00:41:10
142	3032	AUGUSTO LOPES	58	M5559	7	M			GD SANTANDER	00:41:16	00:40:59
143	47	JOAO P G PIRES	37	M3539	23	M			INDIVIDUAL	00:41:18	00:41:13
144	1929	PAULO CARDOSO	58	M5559	8	M			GD CHELAS	00:41:18	00:41:17
145	3651	JOAO MARQUES	43	M4044	35	M			D MONTE REAL	00:41:19	00:41:16
146	3640	JOAO SALVADO	46	M4549	23	M			D MONTE REAL	00:41:20	00:41:16
147	3263	LUIS NGODINHO	46	M4549	24	M			CLUBE GRUPO BES	00:41:21	00:41:06
148	3052	MARCOS OLIVEIRA	40	M4044	36	M			GD INE	00:41:22	00:41:18
149	3638	ABEL COSTA	48	M4549	25	M			D MONTE REAL	00:41:22	00:41:12
150	3325	JOAO MARQUES	47	M4549	26	M			GRD RIBEIRA LAGE	00:41:23	00:41:21
151	3379	PEDRO A MARQUES	37	M3539	24	M			INDIVIDUAL	00:41:25	00:41:16
152	708	DUARTE CORREIA	36	M3539	25	M			GDC PORTO SINES	00:41:26	00:41:18
153	1051	RICARDO CUNHA	30	M2034	39	M			INDIVIDUAL	00:41:27	00:40:43
154	3562	PEDRO RAMOS	37	M3539	26	M			C FERROV	00:41:28	00:41:22
155	912	RUI CORREIA	36	M3539	27	M			GD IN CASA MOEDA	00:41:29	00:41:20
156	304	PEDRO GOMES	19	M1819	3	M			INDIVIDUAL	00:41:32	00:41:12
157	1207	TIAGO CASTELA	24	M2034	40	M			INDIVIDUAL	00:41:32	00:41:24
158	2095	KATARINA LARSSON	27	F2034	4	F			NUCLEOEIRAS/	00:41:34	00:41:30
159	3490	PAULO LOPES	43	M4044	37	M			INDIVIDUAL	00:41:34	00:41:29
160	815	RUI P ALMEIDA	36	M3539	28	M			CLUBE VODAFONE	00:41:37	00:41:23
161	148	DINIS MENDES	46	M4549	27	M			INDIVIDUAL	00:41:38	00:41:35
162	3492	LUIS SALGUEIRO	54	M5054	12	M			GOLD NUTRITION	00:41:40	00:41:28

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
163	3674	NELSON COSTA	43	M4044	38	M			NA PAPAGAIOS	00:41:41	00:41:34
164	2288	LUIS REIS	43	M4044	39	M			INDIVIDUAL	00:41:44	00:41:42
165	3050	GONÇALO FERREIRA	39	M3539	29	M			GD INE	00:41:44	00:41:40
166	206	CLAUDIO CANAVILHAS	29	M2034	41	M			INDIVIDUAL	00:41:46	00:41:40
167	1637	RUI CARDOSO	41	M4044	40	M			UNIDOS	00:41:48	00:41:40
168	3615	CARLOS LOPES	49	M4549	28	M			AM ATIBA	00:41:50	00:41:38
169	1157	ANTONIO MARCAL	53	M5054	13	M			INDIVIDUAL	00:41:52	00:41:48
170	3060	NUNO REBOCHO	20	M2034	42	M			BV MONTEMOR	00:41:52	00:41:50
171	457	JOSE MOUQUINHO	38	M3539	30	M			INDIVIDUAL	00:41:53	00:41:47
172	3062	JOSE VARELA	38	M3539	31	M			BV MONTEMOR	00:41:53	00:41:51
173	3099	NUNO PITA	36	M3539	32	M			CCDT METRO LX	00:41:53	00:41:42
174	3582	AUGUSTO DIOGO	44	M4044	41	M			NAZ ABOBODA	00:41:55	00:41:30
175	2087	JOAQUIM ROSA	50	M5054	14	M			AA CHARNECA	00:41:57	00:41:54
176	3160	LUIS ANTUNES	40	M4044	42	M			RB RUNNING	00:41:57	00:41:48
177	3532	PAULO PIRES	41	M4044	43	M			INDIVIDUAL	00:41:57	00:41:54
178	2013	PEDRO CUNHA	36	M3539	33	M			INDIVIDUAL	00:41:59	00:41:59
179	2086	FERNANDO DOMINGOS	49	M4549	29	M			AA CHARNECA	00:41:59	00:41:56
180	509	JOAO CONSTANTINO	33	M2034	43	M			INDIVIDUAL	00:42:00	00:41:56
181	1048	NUNO ANJOS	38	M3539	34	M			AMIGOS	00:42:00	00:41:44
182	3165	ISIDRO DUARTE	45	M4549	30	M			RB RUNNING	00:42:01	00:41:51
183	1529	NELSON EDGAR	38	M3539	35	M			RAIL RUNNERS	00:42:02	00:41:49
184	3641	BERNARDO OLIVEIRA	19	M1819	4	M			D MONTE REAL	00:42:05	00:41:54
185	1031	JOAQUIM SANTOS	40	M4044	44	M			VILA FRIA/ JG	00:42:07	00:41:57
186	3486	NELSON DIAS	28	M2034	44	M			SC CASAINHOS	00:42:08	00:41:48
187	3281	RUI LOPES	60	M6099	3	M			CLUBE GRUPO BES	00:42:10	00:41:56
188	20	ANDRE WIBORG	53	M5054	15	M			VFF 1896	00:42:11	00:42:06
189	1046	LUIZ FERRAO	60	M6099	4	M			LINDA PASTORA SC	00:42:12	00:41:59
190	3643	CARLOS VAZ	23	M2034	45	M			D MONTE REAL	00:42:13	00:42:08
191	2231	JOAO FONSECA	43	M4044	45	M			INDIVIDUAL	00:42:14	00:41:33
192	3314	ARTUR TAVARES	46	M4549	31	M			INDIVIDUAL	00:42:14	00:42:12
193	2017	RUI FERREIRA	41	M4044	46	M			REST O	00:42:15	00:42:06
194	531	OSVALDO RODRIGUES	41	M4044	47	M			INDIVIDUAL	00:42:16	00:42:11
195	3294	LUIS SANTOS	46	M4549	32	M			SCU TORREENSE	00:42:17	00:42:09
196	1114	MARIO LOURENCO	47	M4549	33	M			C PRAÇAS ARMADA	00:42:19	00:42:02
197	3581	ARMINDO SANTOS	57	M5559	9	M			NAZ ABOBODA	00:42:20	00:42:16
198	987	ANTONIO NASCIMENTO	47	M4549	34	M			INDIVIDUAL	00:42:24	00:42:06
199	1859	JOAO PEREIRA	21	M2034	46	M			INDIVIDUAL	00:42:27	00:42:04
200	1	GONCALO FERREIRA	38	M3539	36	M			INDIVIDUAL	00:42:28	00:42:12
201	3544	JOSE DIAS	46	M4549	35	M			RAIL RUNNERS	00:42:28	00:42:26
202	3493	RUI PAREDES	37	M3539	37	M			GOLD NUTRITION	00:42:29	00:42:16
203	1075	MARIA LUCAS	45	F4554	2	F			INDIVIDUAL	00:42:30	00:42:26
204	2088	FABIO DOMINGOS	23	M2034	47	M			AA CHARNECA	00:42:30	00:42:27

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
205	674	RUI MARQUES	38	M3539	38	M			INDIVIDUAL	00:42:31	00:42:16
206	910	NUNO SOUSA	38	M3539	39	M			GD IN CASA MOEDA	00:42:35	00:42:27
207	3436	PAULO M F L SANTOS	45	M4549	36	M			RFM	00:42:36	00:42:17
208	1178	JOAO FRIAS	45	M4549	37	M			AA MAFRA	00:42:37	00:42:33
209	1179	MARIA FRIAS	47	F4554	3	F			AA MAFRA	00:42:37	00:42:37
210	1974	MANUEL ZORRO	50	M5054	16	M			AA MAFRA	00:42:37	00:42:29
211	1385	JOAO BRAZ	48	M4549	38	M			INDIVIDUAL	00:42:42	00:42:16
212	3459	RUI ROMANA	45	M4549	39	M			CCDP MUN CASCAIS	00:42:42	00:42:29
213	3579	ALMERINDO SECO	53	M5054	17	M			NAZ ABOBODA	00:42:43	00:42:34
214	1176	JOSE GONCALVES	45	M4549	40	M			AA MAFRA	00:42:44	00:42:35
215	1069	JOAQUIM BELO	46	M4549	41	M			A VALE SILENCIO	00:42:45	00:42:42
216	39	JOAQUIM MARQUES	43	M4044	48	M			INDIVIDUAL	00:42:47	00:42:40
217	3076	CARLOS CARDOSO	60	M6099	5	M			GD BANCO BPI	00:42:47	00:42:47
218	2315	CARLOS FONSECA	48	M4549	42	M			31 ECO	00:42:49	00:41:56
219	203	ALEXANDRA LAMAS	40	F3544	1	F			INDIVIDUAL	00:42:50	00:42:47
220	1927	CARLOS RODRIGUES	39	M3539	40	M			GD CHELAS	00:42:50	00:42:50
221	2138	ANTONIO CABACO	42	M4044	49	M			INDIVIDUAL	00:42:53	00:41:53
222	2047	PEDRO PIRES	47	M4549	43	M			AA LEBRES SADO	00:42:55	00:42:08
223	2085	ANTONIO RISCADO	62	M6099	6	M			AA CHARNECA	00:42:55	00:42:51
224	1754	JOSE OLIVEIRA	39	M3539	41	M			AA LEBRES SADO	00:42:56	00:42:27
225	3088	ANTONIO GONÇALVES	47	M4549	44	M			CCDT METRO LX	00:42:57	00:42:31
226	382	JOSE ROLDAO	50	M5054	18	M			INDIVIDUAL	00:42:58	00:42:43
227	1291	MANUEL ALMEIDA	54	M5054	19	M			GRUPO CARMO	00:42:59	00:42:41
228	2197	GUILHERME D MELLO	25	M2034	48	M			INDIVIDUAL	00:43:00	00:42:41
229	3279	RICARDO PEREIRA	41	M4044	50	M			CLUBE GRUPO BES	00:43:02	00:42:49
230	1021	ANTONIO RELVAS	49	M4549	45	M			INDIVIDUAL	00:43:03	00:43:00
231	1704	NELSON SANTOS	29	M2034	49	M			INDIVIDUAL	00:43:03	00:42:55
232	530	DAVID GONCALVES	29	M2034	50	M			INDIVIDUAL	00:43:07	00:43:07
233	183	SERGIO SANTOS	40	M4044	51	M			INDIVIDUAL	00:43:10	00:42:57
234	3031	ANTONIO FERREIRA	41	M4044	52	M			GD SANTANDER	00:43:12	00:43:06
235	3090	BARROS COSTA	56	M5559	10	M			CCDT METRO LX	00:43:12	00:42:45
236	698	MANUEL ARAUJO	51	M5054	20	M			INDIVIDUAL	00:43:14	00:43:07
237	1500	JOAO SOARES	58	M5559	11	M			GRD RIBEIRA LAGE	00:43:17	00:43:17
238	3670	JOSE CARLOS	49	M4549	46	M			NA PAPAGAIOS	00:43:18	00:43:10
239	3650	JANUARIO COELHO	59	M5559	12	M			D MONTE REAL	00:43:19	00:42:46
240	3046	CARLOS ALBERTO	54	M5054	21	M			GD INE	00:43:20	00:43:15
241	669	MANUEL ALVES	46	M4549	47	M			CD ARNEIRO	00:43:21	00:42:47
242	2324	SAMUEL CASTRO	18	M1819	5	M			INDIVIDUAL	00:43:23	00:43:16
243	3583	AUGUSTO LOPES	58	M5559	13	M			NAZ ABOBODA	00:43:23	00:43:05
244	1133	JOSE MARTINS	47	M4549	48	M			INAPA PORTUGAL	00:43:24	00:43:16
245	3304	JOAO GAMA	37	M3539	42	M			AMIGOS FONTE	00:43:25	00:43:03
246	3705	MARIO CARVALHO	32	M2034	51	M			DESTAK	00:43:25	00:42:26

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
247	763	MIGUEL ROCHA	41	M4044	53	M			INDIVIDUAL	00:43:26	00:43:15
248	1076	CARLOS ALMEIDA	54	M5054	22	M			INDIVIDUAL	00:43:26	00:43:02
249	255	LUIS MEALHA	41	M4044	54	M			INDIVIDUAL	00:43:27	00:42:47
250	68	RUI SOEIRO	32	M2034	52	M			SOEIRO	00:43:28	00:43:17
251	284	HELDER VAZ	32	M2034	53	M			CCD SINTRENSE	00:43:29	00:43:14
252	668	PEDRO BUENO	44	M4044	55	M			CD ARNEIRO	00:43:29	00:42:56
253	751	PEDRO SESOES	45	M4549	49	M			INDIVIDUAL	00:43:30	00:43:22
254	1676	DIOGO VICTOR	24	M2034	54	M			INDIVIDUAL	00:43:30	00:42:57
255	202	RUI PINELA	41	M4044	56	M			INDIVIDUAL	00:43:33	00:42:34
256	1499	FERNANDO CORREIA	47	M4549	50	M			GRD RIBEIRA LAGE	00:43:33	00:43:29
257	2054	HUGO BATISTA	37	M3539	43	M			INDIVIDUAL	00:43:34	00:42:56
258	3476	XAVIER VILAÇA	24	M2034	55	M			INDIVIDUAL	00:43:34	00:43:14
259	1187	NUNO RODRIGUES	37	M3539	44	M			AA MAFRA	00:43:36	00:43:13
260	2019	ARLINDO PAIXAO	49	M4549	51	M			REST O	00:43:36	00:43:30
261	3118	ARLINDO DEUS	63	M6099	7	M			C MILLENNIUM BCP	00:43:38	00:43:28
262	303	VITOR SANTOS	44	M4044	57	M			INDIVIDUAL	00:43:39	00:43:32
263	579	FRANCISCO CALCADA	48	M4549	52	M			ACOREANA C BANIF	00:43:41	00:43:36
264	1691	VASCO SANTOS	28	M2034	56	M			INDIVIDUAL	00:43:41	00:43:34
265	3600	JOSE MELO	51	M5054	23	M			NAZ ABOBODA	00:43:41	00:43:16
266	2264	RICARDO JORDAO	30	M2034	57	M			INDIVIDUAL	00:43:42	00:43:15
267	3298	PEDRO GOMES	32	M2034	58	M			GD JOANINHAS	00:43:42	00:43:17
268	492	PEDRO VICENTE	35	M3539	45	M			PORTUGAL	00:43:43	00:43:38
269	667	JOSE MAIO	49	M4549	53	M			CD ARNEIRO	00:43:43	00:43:09
270	1248	JOAQUIM FRADE	57	M5559	14	M			SS CGD	00:43:43	00:43:36
271	2302	ISABEL MALDONADO	49	F4554	4	F			GR QTA LOMBA	00:43:44	00:43:44
272	3308	ARMANDO CORREIA	60	M6099	8	M			LESMAS	00:43:44	00:43:28
273	2254	PEDRO CRUZINHA	39	M3539	46	M			INDIVIDUAL	00:43:45	00:43:06
274	1877	JOAO SANTOS	48	M4549	54	M			C PRAÇAS ARMADA	00:43:46	00:43:38
275	3378	PAULA FERNANDES	47	F4554	5	F			GARMIN CO OEIRAS	00:43:46	00:43:43
276	219	DUARTE AMARAL	43	M4044	58	M			FAMILIA AMARAL	00:43:47	00:43:18
277	874	MIGUEL RODRIGUES	32	M2034	59	M			ACADEMIA KORPO	00:43:47	00:43:27
278	3013	HAMILTON DIAS	36	M3539	47	M			GD SANTANDER	00:43:51	00:42:57
279	3030	ANTONIO CRUZ	64	M6099	9	M			GD SANTANDER	00:43:51	00:43:32
280	811	JOAO M ROSA	37	M3539	48	M			CLUBE VODAFONE	00:43:52	00:43:39
281	3320	QUELUNTAN TURE	48	M4549	55	M			INDIVIDUAL	00:43:52	00:43:17
282	81	STEVAN PAVLOVIC	42	M4044	59	M			INDIVIDUAL	00:43:53	00:43:25
283	730	JOSE C F COSTA	53	M5054	24	M			INDIVIDUAL	00:43:54	00:43:46
284	808	CARLOS VIEGAS	50	M5054	25	M			CLUBE VODAFONE	00:43:54	00:43:40
285	878	PAULO PEREIRA	35	M3539	49	M			INDIVIDUAL	00:43:54	00:43:44
286	1702	MARIO NEVES	57	M5559	15	M			INDIVIDUAL	00:43:55	00:43:36
287	576	PAULO VENTURA	42	M4044	60	M			ACOREANA C BANIF	00:43:56	00:43:27
288	195	NUNO C CARMO	38	M3539	50	M			CIDADE CARMO	00:43:57	00:43:51

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
289	575	PAULO TORRAO	41	M4044	61	M			ACOREANA C BANIF	00:43:59	00:43:32
290	1764	PAULO ARRENEGA	46	M4549	56	M			INDIVIDUAL	00:44:00	00:43:32
291	2022	BRUNO SILVA	22	M2034	60	M			INDIVIDUAL	00:44:00	00:43:05
292	101	LAURENT MILLARDET	51	M5054	26	M			INDIVIDUAL	00:44:01	00:44:01
293	320	CARLOS FERREIRA	57	M5559	16	M			INDIVIDUAL	00:44:02	00:42:36
294	714	JOAO CARVALHO	64	M6099	10	M			GDC PORTO SINES	00:44:02	00:43:31
295	1798	ANTONIO LOPES	48	M4549	57	M			INDIVIDUAL	00:44:02	00:43:54
296	3703	LUIS FERREIRA	32	M2034	61	M			DESTAK	00:44:02	00:43:03
297	697	VALTER CUNHA	26	M2034	62	M			INDIVIDUAL	00:44:03	00:43:57
298	1270	STEPHAN KOENIG	44	M4044	62	M			INDIVIDUAL	00:44:04	00:43:35
299	3051	JOSE MAGALHAES	58	M5559	17	M			GD INE	00:44:04	00:43:29
300	1938	NUNO SANTOS	18	M1819	6	M			INDIVIDUAL	00:44:05	00:43:50
301	567	LUIS ALBUQUERQUE	42	M4044	63	M			ACOREANA C BANIF	00:44:12	00:43:30
302	572	NUNO E SANTO	42	M4044	64	M			ACOREANA C BANIF	00:44:12	00:43:30
303	953	PEDRO LOPES	34	M2034	63	M			INDIVIDUAL	00:44:13	00:44:02
304	871	ALEXANDRE SILVA	34	M2034	64	M			ACADEMIA KORPO	00:44:14	00:43:51
305	3089	ANTONIO PEREIRA	48	M4549	58	M			CCDT METRO LX	00:44:14	00:43:52
306	3592	JOAO CARVALHO	55	M5559	18	M			NAZ ABOBODA	00:44:14	00:44:02
307	149	JOSE BAPTISTA	46	M4549	59	M			INDIVIDUAL	00:44:16	00:44:09
308	1785	PEDRO CAMACHO	39	M3539	51	M			INDIVIDUAL	00:44:17	00:43:30
309	3435	GONÇALO T L SANTOS	18	M1819	7	M			RFM	00:44:17	00:43:58
310	1115	PAULO SANTOS	42	M4044	65	M			INDIVIDUAL	00:44:18	00:43:59
311	1188	ALEXANDRE RODRIGUES	37	M3539	52	M			AA MAFRA	00:44:19	00:43:57
312	1169	ALBERTO XAVIER	40	M4044	66	M			INDIVIDUAL	00:44:20	00:43:52
313	3585	CARLOS DUARTE	61	M6099	11	M			NAZ ABOBODA	00:44:20	00:44:09
314	3302	BRUNO FRANCISCO	29	M2034	65	M			AMIGOS FONTE	00:44:22	00:43:56
315	781	PEDRO FERNANDES	40	M4044	67	M			CASCAIS PANDILHA	00:44:23	00:43:27
316	484	NUNO PRATA	40	M4044	68	M			INDIVIDUAL	00:44:24	00:43:49
317	1519	GERMANO PIRES	55	M5559	19	M			GDOA	00:44:24	00:43:59
318	2175	ANTONIO MAURICIO	61	M6099	12	M			INDIVIDUAL	00:44:25	00:43:49
319	3111	ANTONINO OLIVEIRA	47	M4549	60	M			C MILLENNIUM BCP	00:44:25	00:44:11
320	2321	VASCO TEIXEIRA	18	M1819	8	M			INDIVIDUAL	00:44:26	00:43:37
321	3034	CARLOS TEIXEIRA	40	M4044	69	M			GD SANTANDER	00:44:28	00:44:21
322	2	RICARDO S CORREIA	40	M4044	70	M			INDIVIDUAL	00:44:29	00:44:18
323	670	CARLOS DUARTE	59	M5559	20	M			CD ARNEIRO	00:44:29	00:43:57
324	1684	CAROLINA HENRIQUE	20	F2034	5	F			INDIVIDUAL	00:44:29	00:44:03
325	28	JOSE CORREIA	51	M5054	27	M			GEORUNNERS	00:44:31	00:43:53
326	1261	JOAO MARREIROS	49	M4549	61	M			INDIVIDUAL	00:44:31	00:44:26
327	1837	SAMUEL CASTELA	26	M2034	66	M			BICHINHOS SEM	00:44:32	00:44:20
328	846	FERNANDO SANTOS	49	M4549	62	M			INDIVIDUAL	00:44:34	00:44:28
329	3324	TIAGO TELES	28	M2034	67	M			CLUBE AUTOCOOPE	00:44:34	00:44:14
330	1198	TOM PETT	20	M2034	68	M			INDIVIDUAL	00:44:35	00:43:45

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
331	1209	CARLOS JACINTO	43	M4044	71	M			INDIVIDUAL	00:44:35	00:44:18
332	3286	LUIS FARELO	47	M4549	63	M			O VELHO FARELO	00:44:35	00:44:08
333	3626	JOSE SAMPAIO	48	M4549	64	M			AM ATIBA	00:44:35	00:44:31
334	1117	PEDRO FAVINHA	33	M2034	69	M			BOA FORMA	00:44:38	00:44:15
335	2369	EDGAR JACINTO	25	M2034	70	M			INDIVIDUAL	00:44:38	00:42:59
336	1119	JOSE JULIO SILVA	42	M4044	72	M			BOA FORMA	00:44:39	00:44:17
337	1118	PAULO CASTELO	39	M3539	53	M			BOA FORMA	00:44:40	00:44:12
338	1705	JOAO SOARES	40	M4044	73	M			INDIVIDUAL	00:44:42	00:44:33
339	1849	ADRIANO FILIPE	30	M2034	71	M			INDIVIDUAL	00:44:42	00:44:05
340	2031	PAULO MOTA	30	M2034	72	M			VALEJAS AC	00:44:44	00:44:26
341	3704	TIAGO FERREIRA	25	M2034	73	M			DESTAK	00:44:46	00:43:44
342	141	PEDRO SILVA	38	M3539	54	M			INDIVIDUAL	00:44:48	00:44:28
343	470	JOSE MIRANDA	52	M5054	28	M			INDIVIDUAL	00:44:48	00:44:11
344	1624	NUNO CAETANO	34	M2034	74	M			OS MAIORES	00:44:48	00:44:24
345	769	NUNO GAMEIRO	28	M2034	75	M			GOODLIFE	00:44:51	00:44:49
346	997	PEDRO CUSTODIO	41	M4044	74	M			INDIVIDUAL	00:44:51	00:44:48
347	3299	PAULO LOPES	41	M4044	75	M			CD CA TE ESPERO	00:44:51	00:43:48
348	1136	CARLOS MARQUES	50	M5054	29	M			TRILHOS CORRIDAS	00:44:52	00:44:48
349	3377	PAULA LEMOS	46	F4554	6	F			GARMIN CO OEIRAS	00:44:52	00:44:46
350	1944	CARLOS FOLGADO	52	M5054	30	M			GRD RIBEIRA LAGE	00:44:53	00:43:11
351	3074	PAULO ALMEIDA	44	M4044	76	M			GD BANCO BPI	00:44:56	00:44:26
352	3417	CARLOS VICENTE	32	M2034	76	M			DESTAK	00:44:57	00:43:01
353	757	MALAQUIAS LUZ	40	M4044	77	M			INDIVIDUAL	00:45:01	00:44:56
354	1941	JOSE PASCOA	42	M4044	78	M			INDIVIDUAL	00:45:02	00:44:43
355	556	ALEXANDRA ALVES	29	F2034	6	F			ACOREANA C BANIF	00:45:04	00:44:24
356	561	FAUSTO ISAAC	43	M4044	79	M			ACOREANA C BANIF	00:45:04	00:44:06
357	872	HUGO BARROSO	33	M2034	77	M			ACADEMIA KORPO	00:45:08	00:44:44
358	3595	JOAO OLIVEIRA	47	M4549	65	M			NAZ ABOBODA	00:45:10	00:45:00
359	93	PAULO ALMEIDA	48	M4549	66	M			INDIVIDUAL	00:45:11	00:45:01
360	236	JOSE MADUREIRA	44	M4044	80	M			INDIVIDUAL	00:45:11	00:45:08
361	3166	RUI FALHAS	37	M3539	55	M			RB RUNNING	00:45:11	00:44:53
362	133	CARLOS VENANCIO	51	M5054	31	M			C COLAB AXA	00:45:12	00:45:07
363	2093	JOAO GARRINHAS	18	M1819	9	M			INDIVIDUAL	00:45:12	00:44:51
364	3415	PEDRO PINHA	41	M4044	81	M			DESTAK	00:45:12	00:43:14
365	704	RENATO MARTINHO	25	M2034	78	M			INDIVIDUAL	00:45:13	00:44:29
366	1339	JOSE GUEDES	39	M3539	56	M			INDIVIDUAL	00:45:13	00:44:58
367	1459	CARLOS SOUSA	55	M5559	21	M			INDIVIDUAL	00:45:17	00:45:12
368	2045	LUIS VENTURA	33	M2034	79	M			INDIVIDUAL	00:45:17	00:44:17
369	2169	RICARDO PEDRO	27	M2034	80	M			INDIVIDUAL	00:45:18	00:44:22
370	3631	MARIA ALVES	45	F4554	7	F			AM ATIBA	00:45:19	00:45:02
371	889	EDUARDO CHAGAS	50	M5054	32	M			INDIVIDUAL	00:45:20	00:44:55
372	3633	CARLA MARTINS	36	F3544	2	F			AM ATIBA	00:45:20	00:45:07

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
373	655	SADIQ KASSAMO	38	M3539	57	M			INDIVIDUAL	00:45:22	00:44:36
374	980	MANUEL FIDALGO	60	M6099	13	M			CCD EFACEC LX	00:45:22	00:45:12
375	1312	DAMAO SANTOS	36	M3539	58	M			INDIVIDUAL	00:45:22	00:44:36
376	614	JOAO CADETE	46	M4549	67	M			INDIVIDUAL	00:45:23	00:44:56
377	1068	CARLOS GONCALVES	41	M4044	82	M			INDIVIDUAL	00:45:23	00:44:43
378	875	LUIS PAISANA	38	M3539	59	M			ACADEMIA KORPO	00:45:25	00:45:18
379	3201	RAQUEL CAMPOS	32	F2034	7	F			CLUBE STRESS	00:45:26	00:45:20
380	3568	ANTONIO PUCARICO	50	M5054	33	M			CCDP MUN CASCAIS	00:45:26	00:44:14
381	3689	MARIO SANTOS	59	M5559	22	M			CM CASCAIS	00:45:26	00:44:53
382	1120	PEDRO GABRIEL	38	M3539	60	M			CA AMIGOS PARQUE	00:45:28	00:44:31
383	3678	JOAQUIM CUNHA	43	M4044	83	M			NA ALCABIDECHE	00:45:28	00:45:06
384	671	JOSE SOUSA	62	M6099	14	M			CD ARNEIRO	00:45:29	00:44:56
385	26	PEDRO REIS	41	M4044	84	M			GEORUNNERS	00:45:32	00:44:46
386	1937	PAULO SANTOS	44	M4044	85	M			INDIVIDUAL	00:45:32	00:45:18
387	150	JOAO MENDES	21	M2034	81	M			INDIVIDUAL	00:45:36	00:45:16
388	2056	RUI FERREIRA	50	M5054	34	M			INDIVIDUAL	00:45:37	00:44:57
389	3303	LUIS GAMA	49	M4549	68	M			AMIGOS FONTE	00:45:37	00:45:15
390	3309	FERNANDO ANACLETO	60	M6099	15	M			INDIVIDUAL	00:45:37	00:45:28
391	3336	SERGIO ARRUDA	55	M5559	23	M			GD SAO DOMINGOS	00:45:37	00:45:23
392	1490	NUNO NORITAKE	18	M1819	10	M			FAMILIA NORITAKE	00:45:38	00:45:34
393	469	ARTUR CORREIA	39	M3539	61	M			FOZ 365	00:45:40	00:45:28
394	349	LUIS ESTEVAO	44	M4044	86	M			INDIVIDUAL	00:45:44	00:45:11
395	639	CASIMIRO ABREU	54	M5054	35	M			INDIVIDUAL	00:45:44	00:45:20
396	471	CARLOS CAETANO	39	M3539	62	M			INDIVIDUAL	00:45:46	00:45:43
397	2070	RICARDO FRANCO	40	M4044	87	M			INDIVIDUAL	00:45:47	00:45:19
398	2343	LUIS BRASIO	49	M4549	69	M			INDIVIDUAL	00:45:49	00:44:57
399	2365	BRUNO SILVA	37	M3539	63	M			O MUNDO CORRIDA	00:45:49	00:45:33
400	3300	PAULO RAMOS	42	M4044	88	M			CA GALINHEIRAS	00:45:49	00:45:44
401	1425	JORGE LOPES	28	M2034	82	M			INDIVIDUAL	00:45:50	00:45:28
402	2345	SALVADOR FERREIRA	36	M3539	64	M			FERAS	00:45:50	00:45:38
403	3642	CAMILO TARMAHOMED	40	M4044	89	M			D MONTE REAL	00:45:50	00:45:45
404	1712	RICARDO MADEIRA	37	M3539	65	M			INDIVIDUAL	00:45:51	00:45:03
405	3096	JOAO SEQUEIRA	50	M5054	36	M			CCDT METRO LX	00:45:51	00:45:13
406	3487	MANUEL BENTO	36	M3539	66	M			SC CASAINHOS	00:45:51	00:44:50
407	565	JOAQUIM GUERREIRO	52	M5054	37	M			ACOREANA C BANIF	00:45:52	00:45:45
408	3636	DIOGO ROQUETE	32	M2034	83	M			AM ATIBA	00:45:54	00:45:42
409	3584	LUIS CORREIA	24	M2034	84	M			NAZ ABOBODA	00:45:55	00:45:45
410	1353	PAULO TORRES	41	M4044	90	M			INDIVIDUAL	00:45:56	00:45:06
411	1681	HUGO SILVA	25	M2034	85	M			INDIVIDUAL	00:45:56	00:45:14
412	2292	LUIS XAVIER	40	M4044	91	M			INDIVIDUAL	00:45:56	00:45:51
413	1096	ORLANDO MARTINS	56	M5559	24	M			INDIVIDUAL	00:45:58	00:45:22
414	2001	JOAQUIM CORRULA	46	M4549	70	M			BRANDOA CORRE	00:45:58	00:45:08

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
415	2035	JOSE GALAMBA	62	M6099	16	M			VALEJAS AC	00:45:58	00:45:39
416	3589	CARLOS SOARES	31	M2034	86	M			NAZ ABOBODA	00:45:59	00:45:21
417	3606	PEDRO RODRIGUES	28	M2034	87	M			NAZ ABOBODA	00:45:59	00:45:21
418	3672	JOSE PEREIRA	63	M6099	17	M			NA PAPAGAIOS	00:45:59	00:45:50
419	1894	JOAO P CRESPO	31	M2034	88	M			INDIVIDUAL	00:46:00	00:44:05
420	2040	BRUNO FELICIO	37	M3539	67	M			INDIVIDUAL	00:46:00	00:44:57
421	1985	FERNANDO LUZ	43	M4044	92	M			GDCT UNICRE	00:46:01	00:45:29
422	2328	PEDRO MARINHO	42	M4044	93	M			INDIVIDUAL	00:46:01	00:45:57
423	3491	JAIME FIGUEIREDO	45	M4549	71	M			GOLD NUTRITION	00:46:01	00:45:49
424	1635	GIL X ALVES	35	M3539	68	M			UNIDOS	00:46:02	00:45:53
425	857	MAURICIO MARQUES	38	M3539	69	M			INDIVIDUAL	00:46:03	00:45:35
426	3452	VANESSA A SILVA	27	F2034	8	F			INDIVIDUAL	00:46:03	00:45:59
427	367	JOAO FERREIRA	48	M4549	72	M			INDIVIDUAL	00:46:04	00:45:52
428	1758	LUIS BARRETO	41	M4044	94	M			INDIVIDUAL	00:46:04	00:45:48
429	3433	FILIPA FIGUEIREDO	29	F2034	9	F			INDIVIDUAL	00:46:04	00:45:46
430	3488	ARMANDO CORREIA	30	M2034	89	M			SC CASAINHOS	00:46:05	00:45:02
431	42	ANDRE GUERREIRO	20	M2034	90	M			INDIVIDUAL	00:46:07	00:45:43
432	3451	TIAGO SOUSA	35	M3539	70	M			INDIVIDUAL	00:46:07	00:44:52
433	130	FULVIO ESTEVES	34	M2034	91	M			INDIVIDUAL	00:46:08	00:44:47
434	660	JOAO BORRALHO	37	M3539	71	M			INDIVIDUAL	00:46:08	00:45:37
435	1714	PEDRO ALMEIDA	37	M3539	72	M			INDIVIDUAL	00:46:08	00:45:57
436	59	LOURENCO SAMPAIO	34	M2034	92	M			INDIVIDUAL	00:46:10	00:45:48
437	2247	MIGUEL SILVA	41	M4044	95	M			INDIVIDUAL	00:46:11	00:46:03
438	1175	CARLOS RODRIGUES	55	M5559	25	M			AA MAFRA	00:46:13	00:45:50
439	1504	JOAQUIM ALBUQUERQUE	44	M4044	96	M			5 + UMA	00:46:13	00:45:17
440	3588	CARLOS SIMOES	68	M6099	18	M			NAZ ABOBODA	00:46:13	00:46:09
441	3550	LUIS PEREIRA	30	M2034	93	M			INDIVIDUAL	00:46:14	00:46:09
442	2050	JOSE DIOGO	30	M2034	94	M			CC LINDA A VELHA	00:46:15	00:46:01
443	3654	JOSE RAUL SANTOS	54	M5054	38	M			D MONTE REAL	00:46:15	00:46:07
444	3596	JOAO PAIVA	47	M4549	73	M			NAZ ABOBODA	00:46:17	00:46:13
445	1138	RICARDO ALVES	29	M2034	95	M			ACOREANA C BANIF	00:46:19	00:46:01
446	1127	MARIO CARVALHO	57	M5559	26	M			EQUIPA 1	00:46:20	00:45:50
447	805	ALEXANDRE COSTA	36	M3539	73	M			CLUBE VODAFONE	00:46:21	00:46:09
448	365	JORGE R CARDOSO	54	M5054	39	M			INDIVIDUAL	00:46:23	00:46:14
449	422	MIGUEL MARQUES	52	M5054	40	M			INDIVIDUAL	00:46:23	00:46:12
450	1923	LUIS MARTINS	48	M4549	74	M			OS PINHEIROS	00:46:23	00:45:30
451	3039	ABDUL RAICHANDE	47	M4549	75	M			GD INE	00:46:23	00:46:12
452	3551	GUILHERME GONCALVES	52	M5054	41	M			C FERROV	00:46:24	00:46:12
453	923	NUNO LUCAS	32	M2034	96	M			PERNAS	00:46:25	00:46:12
454	656	JOAO GONCALVES	36	M3539	74	M			INDIVIDUAL	00:46:26	00:46:13
455	762	TITO HENRIQUES	38	M3539	75	M			INDIVIDUAL	00:46:26	00:45:17
456	3012	ANTONIO LOURO	39	M3539	76	M			GD SANTANDER	00:46:26	00:45:44

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
457	371	PEDRO BRITO	28	M2034	97	M			INDIVIDUAL	00:46:27	00:45:33
458	958	JOAQUIM SEITA	54	M5054	42	M			INDIVIDUAL	00:46:28	00:46:09
459	2181	ALVARO MARQUES	61	M6099	19	M			INDIVIDUAL	00:46:28	00:46:28
460	3059	ANDRE SANTOS	20	M2034	98	M			BV MONTEMOR	00:46:28	00:46:26
461	3078	LUISA SANTOS	45	F4554	8	F			CR LEOES P SALVO	00:46:29	00:46:13
462	3262	JULIO FERREIRA	58	M5559	27	M			CLUBE GRUPO BES	00:46:29	00:46:14
463	764	MARCO CHARRUA	44	M4044	97	M			INDIVIDUAL	00:46:30	00:45:57
464	3264	LUIS LINO	42	M4044	98	M			CLUBE GRUPO BES	00:46:30	00:46:16
465	393	JOAO GONCALVES	40	M4044	99	M			INDIVIDUAL	00:46:31	00:46:19
466	1135	JOAQUIM LOPES	48	M4549	76	M			TRILHOS CORRIDAS	00:46:31	00:46:27
467	3765	VLADIMIR KARDASH	37	M3539	77	M			HOLMES PLACE	00:46:31	00:44:43
468	3766	NUNO RIBEIRO	34	M2034	99	M			HOLMES PLACE	00:46:31	00:44:43
469	338	ANTONIO CASTRO	68	M6099	20	M			INDIVIDUAL	00:46:33	00:46:16
470	518	RUI VIEIRA	41	M4044	100	M			INDIVIDUAL	00:46:33	00:46:26
471	3621	JOCELINE ANTUNES	35	F3544	3	F			AM ATIBA	00:46:34	00:46:29
472	3247	ALEXANDRE NEVES	40	M4044	101	M			CLUBE GRUPO BES	00:46:35	00:46:20
473	3277	PEDRO VITOR	42	M4044	102	M			CLUBE GRUPO BES	00:46:35	00:45:50
474	1239	GONCALO BARRADAS	37	M3539	78	M			INDIVIDUAL	00:46:36	00:46:28
475	3068	ABILIO CATARRO	56	M5559	28	M			BV MONTEMOR	00:46:36	00:46:34
476	3305	JACINTO PEREIRA	55	M5559	29	M			CC LINDA A VELHA	00:46:36	00:46:20
477	946	LUIS M DEUS	40	M4044	103	M			INDIVIDUAL	00:46:38	00:46:20
478	1185	HELENA MARTINS	50	F4554	9	F			AA MAFRA	00:46:39	00:46:22
479	1699	MICHAEL WIESER	24	M2034	100	M			INDIVIDUAL	00:46:40	00:46:21
480	253	TIAGO CABRAL	35	M3539	79	M			INDIVIDUAL	00:46:41	00:46:03
481	821	HELDER LOPES	38	M3539	80	M			CLUBE VODAFONE	00:46:41	00:46:37
482	1506	ISAURO GIGANTE	46	M4549	77	M			5 + UMA	00:46:44	00:45:48
483	1930	JORGE MARQUES	46	M4549	78	M			GD CHELAS	00:46:45	00:46:41
484	1505	AGUSTO CHIOTE	53	M5054	43	M			5 + UMA	00:46:46	00:45:49
485	1528	PAULO PEREIRA	39	M3539	81	M			RAIL RUNNERS	00:46:46	00:46:26
486	853	DANIEL SOBRAL	33	M2034	101	M			INDIVIDUAL	00:46:47	00:46:10
487	1432	JOAO MELO	51	M5054	44	M			INDIVIDUAL	00:46:47	00:46:36
488	3387	PAULO BRITO	41	M4044	104	M			JOMA	00:46:47	00:46:45
489	364	ALBISIO MAGALHAES	58	M5559	30	M			INDIVIDUAL	00:46:48	00:46:33
490	2089	RICARDO RODRIGUES	28	M2034	102	M			INDIVIDUAL	00:46:48	00:45:54
491	3227	CARLOS BATISTA	52	M5054	45	M			SC CASAINHOS	00:46:48	00:45:47
492	3306	LUIS ALMEIDA	51	M5054	46	M			CC LINDA A VELHA	00:46:48	00:46:31
493	3571	JOAO PEREIRA	49	M4549	79	M			CCDP MUN CASCAIS	00:46:48	00:46:24
494	1854	JOAO CORREIA	19	M1819	11	M			2SPEED	00:46:51	00:46:44
495	3215	SERGIO HENRIQUE	41	M4044	105	M			ODEBRECHT/BPC	00:46:51	00:46:04
496	3140	ARTUR BOTAO	43	M4044	106	M			C MILLENNIUM BCP	00:46:52	00:46:34
497	3601	PAULINO PACHECO	55	M5559	31	M			NAZ ABOBODA	00:46:52	00:46:34
498	817	CARLOS ESTEVES	43	M4044	107	M			CLUBE VODAFONE	00:46:53	00:46:44

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
499	1825	ANTONIO HORTA	59	M5559	32	M			CCDP MUN CASCAIS	00:46:53	00:46:16
500	972	JOAO LUZ	36	M3539	82	M			PANDILHA JOVEM	00:46:54	00:46:47
501	1164	MARIA POLICARPO	38	F3544	4	F			INDIVIDUAL	00:46:54	00:46:42
502	789	MIGUEL GOMES	41	M4044	108	M			INDIVIDUAL	00:46:55	00:44:56
503	1771	BRUNO BATISTA	33	M2034	103	M			INDIVIDUAL	00:46:55	00:46:36
504	212	IVO SILVA	62	M6099	21	M			FAMILIA SILVA	00:46:56	00:45:51
505	1249	JOSE ALVES	62	M6099	22	M			SS CGD	00:46:56	00:46:35
506	3652	JOAO OLIVEIRA	21	M2034	104	M			D MONTE REAL	00:46:56	00:46:46
507	1562	TIAGO RAMOS	36	M3539	83	M			PREGO A FUNDO	00:46:59	00:46:49
508	1836	ANA F CORDEIRO	32	F2034	10	F			BICHINHOS SEM	00:46:59	00:46:49
509	3328	JOAO HENRIQUES	48	M4549	80	M			AD REAL ACADEMIA	00:46:59	00:46:00
510	1648	EDUARDO ENCARNACAO	48	M4549	81	M			INDIVIDUAL	00:47:00	00:45:56
511	3104	NUNO ALMEIDA	40	M4044	109	M			C MILLENNIUM BCP	00:47:00	00:46:01
512	3271	PAULA SILVA	42	F3544	5	F			CLUBE GRUPO BES	00:47:01	00:46:36
513	3282	SILVIO PAIVA	60	M6099	23	M			CLUBE GRUPO BES	00:47:01	00:46:36
514	966	ALMERINDO SILVA	53	M5054	47	M			ADC CATUJAL	00:47:02	00:46:41
515	1028	FILIFE SA	41	M4044	110	M			VILA FRIA/ JG	00:47:02	00:46:50
516	1029	ANDRE SA	36	M3539	84	M			VILA FRIA/ JG	00:47:02	00:46:51
517	1087	FILIFE C REAL	48	M4549	82	M			INDIVIDUAL	00:47:02	00:47:02
518	1871	FRANCISCO ROMBERT	39	M3539	85	M			INDIVIDUAL	00:47:02	00:46:33
519	2107	JORGE SOUSA	51	M5054	48	M			GD CHELAS	00:47:02	00:46:55
520	419	CARLOS CRAVEIRA	41	M4044	111	M			AC TEAM	00:47:03	00:46:27
521	3414	BERNARDO D EÇA LEAL	30	M2034	105	M			DESTAK	00:47:04	00:45:28
522	835	FERNANDO CARREIRO	51	M5054	49	M			INDIVIDUAL	00:47:05	00:46:55
523	3317	JOSE NASCIMENTO	48	M4549	83	M			INDIVIDUAL	00:47:05	00:46:21
524	3275	PEDRO GONÇALVES	27	M2034	106	M			CLUBE GRUPO BES	00:47:06	00:46:36
525	9	JOAO FERNANDES	35	M3539	86	M			INDIVIDUAL	00:47:07	00:46:54
526	1469	TIAGO BALEIA	34	M2034	107	M			AMIGOS REBANQUE	00:47:07	00:45:39
527	3339	JOSE MORAIS	50	M5054	50	M			GD SAO DOMINGOS	00:47:07	00:45:38
528	3646	FRANSCICO GAROTO	42	M4044	112	M			D MONTE REAL	00:47:07	00:46:08
529	1863	MARCO HENRIQUES	30	M2034	108	M			GUERREIROS RIO	00:47:09	00:46:58
530	379	JOSE SANTOS	46	M4549	84	M			INDIVIDUAL	00:47:10	00:46:34
531	780	WALTER SAMPAIO	39	M3539	87	M			CASCAIS PANDILHA	00:47:10	00:46:14
532	1633	FRANCISCO MADEIRA	50	M5054	51	M			INDIVIDUAL	00:47:10	00:46:48
533	1969	LUIS MUCHACHO	39	M3539	88	M			INDIVIDUAL	00:47:11	00:46:31
534	78	CARLOS CONCEICAO	32	M2034	109	M			INDIVIDUAL	00:47:12	00:45:49
535	1942	MIGUEL NUNES	39	M3539	89	M			INDIVIDUAL	00:47:12	00:47:03
536	126	NUNO PACHECO	40	M4044	113	M			INDIVIDUAL	00:47:13	00:45:58
537	969	DANIEL GONCALVES	31	M2034	110	M			ADC CATUJAL	00:47:13	00:46:47
538	1991	NELSON SANTOS	41	M4044	114	M			INDIVIDUAL	00:47:14	00:46:56
539	3669	JOAO DURAO	61	M6099	24	M			NA PAPAGAIOS	00:47:14	00:46:41
540	1820	JOSE MATOS	44	M4044	115	M			C PRAÇAS ARMADA	00:47:15	00:47:05

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
541	1334	NUNO SILVA	37	M3539	90	M			INDIVIDUAL	00:47:16	00:47:16
542	1853	SILVERIO CORREIA	45	M4549	85	M			2SPEED	00:47:16	00:47:09
543	1352	JORGE COSTA	57	M5559	33	M			INDIVIDUAL	00:47:17	00:46:52
544	1640	PEDRO CUSTODIO	32	M2034	111	M			INDIVIDUAL	00:47:18	00:46:39
545	3391	ANTONIO COSTA	40	M4044	116	M			DESTAK	00:47:18	00:46:44
546	3410	PEDRO SOUSA	38	M3539	91	M			DESTAK	00:47:18	00:46:43
547	3253	EDUARQDO FIGUEIREDO	41	M4044	117	M			CLUBE GRUPO BES	00:47:19	00:46:52
548	964	HERNANI FERNANDES	51	M5054	52	M			INDIVIDUAL	00:47:20	00:47:20
549	2378	JOSE AGAPITO	49	M4549	86	M			INDIVIDUAL	00:47:20	00:46:06
550	224	PAULO DURAO	38	M3539	92	M			INDIVIDUAL	00:47:21	00:46:53
551	312	HUGO MARTINS	33	M2034	112	M			INDIVIDUAL	00:47:21	00:46:51
552	448	PEDRO RODRIGUES	27	M2034	113	M			O ULTIMO APAGA A	00:47:21	00:45:38
553	1027	NUNO ALMEIDA	34	M2034	114	M			INDIVIDUAL	00:47:23	00:46:32
554	2177	GONCALO OLIVEIRA	50	M5054	53	M			GDCT UNICRE	00:47:23	00:47:18
555	2380	ANTONIO B MARTINS	52	M5054	54	M			INDIVIDUAL	00:47:24	00:47:12
556	3597	CATIA SILVA	25	F2034	11	F			NAZ ABOBODA	00:47:24	00:47:19
557	180	ANGELO SILVA	62	M6099	25	M			INDIVIDUAL	00:47:26	00:47:00
558	1839	LUIS POLIDO	38	M3539	93	M			INDIVIDUAL	00:47:27	00:47:12
559	177	PEDRO CASTANHA	37	M3539	94	M			INDIVIDUAL	00:47:29	00:46:15
560	1563	JOSE FILIPE	50	M5054	55	M			PREGO A FUNDO	00:47:29	00:47:17
561	1644	ANIBAL D MATEUS	55	M5559	34	M			INDIVIDUAL	00:47:29	00:47:02
562	1647	HUGO FAISCA	19	M1819	12	M			INDIVIDUAL	00:47:30	00:45:48
563	2268	MANUEL MARTINS	56	M5559	35	M			INDIVIDUAL	00:47:30	00:46:12
564	1474	DIOGO PINTO	19	M1819	13	M			INDIVIDUAL	00:47:32	00:47:09
565	2123	MIGUEL RAMALHO	31	M2034	115	M			VALADARES	00:47:33	00:47:05
566	3276	PEDRO SANGUINO	29	M2034	116	M			CLUBE GRUPO BES	00:47:33	00:47:18
567	1697	RICARDO FIGUEIREDO	30	M2034	117	M			GRUPO CARMO	00:47:34	00:47:05
568	3384	ANTONIO ANAIA	43	M4044	118	M			INDIVIDUAL	00:47:34	00:47:04
569	301	FERNANDO MARQUES	62	M6099	26	M			CP EDP	00:47:35	00:47:22
570	736	LUIS RIBEIRO	32	M2034	118	M			INDIVIDUAL	00:47:35	00:46:33
571	1299	GIL ALMEIDA	28	M2034	119	M			GRUPO CARMO	00:47:35	00:47:07
572	1928	CARLOS SA	45	M4549	87	M			GD CHELAS	00:47:36	00:47:31
573	3289	DINIS PEREIRA	34	M2034	120	M			J FREG TORRAO	00:47:36	00:47:02
574	2272	LEONEL LUCAS	37	M3539	95	M			CA PENAFIRME	00:47:38	00:47:11
575	3464	LUIS FRANCO	37	M3539	96	M			INDIVIDUAL	00:47:41	00:47:31
576	1981	EDUARDO RIBEIRO	45	M4549	88	M			GDCT UNICRE	00:47:42	00:47:05
577	2037	JOAO REIS	48	M4549	89	M			VALEJAS AC	00:47:42	00:47:29
578	2042	GONCALO DIAS	22	M2034	121	M			INDIVIDUAL	00:47:42	00:46:57
579	3614	CARLA ADRO	40	F3544	6	F			AM ATIBA	00:47:42	00:47:36
580	4	CARLOS SILVA	47	M4549	90	M			INDIVIDUAL	00:47:43	00:47:31
581	1192	JORGE CANELHAS	37	M3539	97	M			PE LEVE	00:47:43	00:47:10
582	11	RICARDO FRADE	49	M4549	91	M			CCD SINTRENSE	00:47:44	00:47:37

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
583	3053	MIGUEL BASTOS	47	M4549	92	M			GD INE	00:47:44	00:47:32
584	1181	PAULO SILVA	37	M3539	98	M			AA MAFRA	00:47:45	00:46:30
585	615	PEDRO TEIXEIRA	39	M3539	99	M			PORTELAS	00:47:46	00:46:57
586	3462	RUI MARTINS	28	M2034	122	M			INDIVIDUAL	00:47:46	00:46:21
587	1525	MANUEL ANTONIO	43	M4044	119	M			RAIL RUNNERS	00:47:47	00:47:25
588	3335	ANABELA CARVALHO	48	F4554	10	F			GD SAO DOMINGOS	00:47:48	00:47:34
589	3587	CARLOS PORTELA	40	M4044	120	M			NAZ ABOBODA	00:47:48	00:46:52
590	2012	VITOR LOURENCO	38	M3539	100	M			INDIVIDUAL	00:47:49	00:47:46
591	2337	JOSE GONÇALVES	39	M3539	101	M			INDIVIDUAL	00:47:49	00:47:37
592	2020	GILBERTO LAPA	47	M4549	93	M			REST O	00:47:50	00:47:35
593	3095	JOAO MIRANDA	53	M5054	56	M			CCDT METRO LX	00:47:51	00:47:25
594	3179	ANTONIO ALMEIDA	48	M4549	94	M			CLUBE AUTOCOOPE	00:47:52	00:47:29
595	3183	JUVENAL MOREIRA	48	M4549	95	M			CLUBE AUTOCOOPE	00:47:52	00:47:27
596	105	HELDER MARTINHO	29	M2034	123	M			INDIVIDUAL	00:47:53	00:47:18
597	913	RODRIGO RODRIGUES	22	M2034	124	M			INDIVIDUAL	00:47:54	00:47:13
598	3635	SOFIA ROQUETE	26	F2034	12	F			AM ATIBA	00:47:54	00:47:54
599	2237	TONY ALMEIDA	30	M2034	125	M			INDIVIDUAL	00:47:55	00:46:38
600	8	MIGUEL TORGAL	35	M3539	102	M			INDIVIDUAL	00:47:57	00:47:57
601	136	RICARDO ALVES	30	M2034	126	M			C COLAB AXA	00:47:57	00:47:19
602	432	MARGARIDA FERNANDES	28	F2034	13	F			INDIVIDUAL	00:47:57	00:47:11
603	1168	RUI COSTA	26	M2034	127	M			INDIVIDUAL	00:47:57	00:47:13
604	3164	VOLODYMYR STEPANYK	20	M2034	128	M			RB RUNNING	00:47:58	00:47:46
605	19	FERNANDO VICENTE	52	M5054	57	M			INDIVIDUAL	00:47:59	00:47:58
606	63	RUI VARAO	25	M2034	129	M			INDIVIDUAL	00:47:59	00:47:57
607	397	JOAO RODRIGUES	40	M4044	121	M			INDIVIDUAL	00:48:00	00:47:40
608	1718	JOSE MORGADO	44	M4044	122	M			INDIVIDUAL	00:48:00	00:47:26
609	77	JOSE CORREIA	53	M5054	58	M			INDIVIDUAL	00:48:01	00:48:00
610	1861	DANIELA CARVALHO	36	F3544	7	F			GUERREIROS RIO	00:48:02	00:47:52
611	229	RAUL COSTA	51	M5054	59	M			CLUBE ROBBIALAC	00:48:04	00:47:46
612	232	PEDRO FERREIRA	34	M2034	130	M			CLUBE ROBBIALAC	00:48:04	00:47:46
613	1812	CARLOS TEIXEIRA	52	M5054	60	M			LEBRES	00:48:04	00:47:27
614	234	RUBEN COSTA	21	M2034	131	M			CLUBE ROBBIALAC	00:48:05	00:47:45
615	954	CLAUDIA SOUSA	31	F2034	14	F			INDIVIDUAL	00:48:05	00:47:54
616	1862	MANUEL GUERREIRO	59	M5559	36	M			GUERREIROS RIO	00:48:05	00:47:54
617	635	JOAO CRUZ	42	M4044	123	M			INDIVIDUAL	00:48:06	00:47:05
618	3422	CARLOS COSTA	41	M4044	124	M			PES CHUMBO	00:48:06	00:46:28
619	3423	PEDRO COSTA	40	M4044	125	M			PES CHUMBO	00:48:06	00:46:29
620	3066	JOSE MARQUES	49	M4549	96	M			BV MONTEMOR	00:48:07	00:48:05
621	3102	RUI ARAUJO	54	M5054	61	M			CCDT METRO LX	00:48:07	00:47:41
622	405	MARIO SANTOS	36	M3539	103	M			INDIVIDUAL	00:48:08	00:47:47
623	3097	JOSE CUNHA	49	M4549	97	M			CCDT METRO LX	00:48:08	00:48:08
624	139	VITOR REVEZ	53	M5054	62	M			INDIVIDUAL	00:48:09	00:47:56

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
625	1280	PAULO ALEXANDRE	22	M2034	132	M			TRILHOS TRALHOS	00:48:09	00:48:09
626	672	ARMINDO NICOLAU	43	M4044	126	M			INDIVIDUAL	00:48:10	00:47:34
627	893	MARCO ALMEIDA	33	M2034	133	M			INDIVIDUAL	00:48:10	00:47:45
628	1055	CARLOS CUPETO	52	M5054	63	M			INDIVIDUAL	00:48:10	00:48:10
629	1875	MANUEL CARDIM	60	M6099	27	M			C PRAÇAS ARMADA	00:48:10	00:47:57
630	3560	NEVES SILVA	59	M5559	37	M			C FERROV	00:48:10	00:47:51
631	563	JOAO CABRITA	54	M5054	64	M			ACOREANA C BANIF	00:48:11	00:47:29
632	673	RICARDO JUNIOR	36	M3539	104	M			INDIVIDUAL	00:48:11	00:47:36
633	608	RUBEN COSTA	48	M4549	98	M			INDIVIDUAL	00:48:12	00:48:03
634	968	CESAR GONCALVES	39	M3539	105	M			ADC CATUJAL	00:48:12	00:47:49
635	1043	JOAO LUZ	52	M5054	65	M			INDIVIDUAL	00:48:14	00:47:29
636	3156	ANTONIO ALVES	44	M4044	127	M			RB RUNNING	00:48:14	00:47:58
637	1507	VITOR COELHO	31	M2034	134	M			5 + UMA	00:48:15	00:47:20
638	2334	MANUEL MORGADO	48	M4549	99	M			INDIVIDUAL	00:48:16	00:47:48
639	2038	CARLOS ANJO	37	M3539	106	M			VALEJAS AC	00:48:17	00:48:03
640	5	NUNO SOARES	30	M2034	135	M			INDIVIDUAL	00:48:18	00:46:08
641	2117	MARCOS VARIZ	33	M2034	136	M			LINDA PASTORA SC	00:48:18	00:47:34
642	652	JOSE LOPES	46	M4549	100	M			INDIVIDUAL	00:48:19	00:47:31
643	750	FILIPE SANTOS	20	M2034	137	M			INDIVIDUAL	00:48:19	00:47:54
644	3683	MARIO MALHEIRO	50	M5054	66	M			NA ALCABIDECHE	00:48:19	00:48:09
645	1335	JOAO FALCAO	43	M4044	128	M			INDIVIDUAL	00:48:20	00:47:25
646	1669	MILTON RODRIGUES	26	M2034	138	M			INDIVIDUAL	00:48:20	00:47:38
647	1044	DOMINGOS JANELA	66	M6099	28	M			INDIVIDUAL	00:48:21	00:47:06
648	2021	NUNO ALMEIDA	41	M4044	129	M			REST O	00:48:21	00:48:09
649	245	JOAO SILVA	45	M4549	101	M			INDIVIDUAL	00:48:22	00:48:01
650	754	ANTONIO SOUSA	53	M5054	67	M			INDIVIDUAL	00:48:22	00:47:44
651	3553	CARLOS ALVES	55	M5559	38	M			C FERROV	00:48:23	00:48:12
652	571	NELSON MOTA	42	M4044	130	M			ACOREANA C BANIF	00:48:24	00:47:38
653	2122	MANUEL MAGALHAES	45	M4549	102	M			VALADARES	00:48:24	00:47:55
654	249	RICARDO RODRIGUES	37	M3539	107	M			INDIVIDUAL	00:48:25	00:47:57
655	3673	MANUEL JOAQUIM	69	M6099	29	M			NA PAPAGAIOS	00:48:25	00:47:30
656	487	PAULO PEREIRA	26	M2034	139	M			INDIVIDUAL	00:48:26	00:48:07
657	3080	CONCEIÇÃO LOPES	45	F4554	11	F			CR LEOES P SALVO	00:48:26	00:48:20
658	268	BRUNO REIS	36	M3539	108	M			REIS	00:48:29	00:47:21
659	1561	RAMIRO SILVA	34	M2034	140	M			INDIVIDUAL	00:48:29	00:46:59
660	454	ANDRE GUERREIRO	27	M2034	141	M			INDIVIDUAL	00:48:31	00:48:11
661	1970	EGIDIO SILVA	48	M4549	103	M			SS CGD	00:48:31	00:48:09
662	1091	JOAO COUCEIRO	25	M2034	142	M			INDIVIDUAL	00:48:32	00:47:49
663	1722	MILTON PERPETUA	35	M3539	109	M			INDIVIDUAL	00:48:33	00:47:01
664	2030	RUI PESSOA	21	M2034	143	M			VALEJAS AC	00:48:33	00:48:14
665	3572	JOSE C PATINHAS	41	M4044	131	M			CCDP MUN CASCAIS	00:48:33	00:47:48
666	24	MARIO AMARO	45	M4549	104	M			INDIVIDUAL	00:48:34	00:47:40

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
667	1480	VALTER OLIVEIRA	34	M2034	144	M			INDIVIDUAL	00:48:34	00:48:26
668	2318	MIRIAM SILVA	29	F2034	15	F			CP EDP LISBOA	00:48:34	00:46:57
669	6	AMILCAR ALMEIDA	49	M4549	105	M			AHBE-3 IRON	00:48:35	00:48:12
670	51	TOMAS GONCALVES	32	M2034	145	M			INDIVIDUAL	00:48:35	00:47:36
671	264	TIAGO MATIAS	30	M2034	146	M			INDIVIDUAL	00:48:36	00:47:28
672	1224	CARLOS P RODRIGUES	55	M5559	39	M			CP EDP LISBOA	00:48:36	00:48:33
673	3676	VITOR MORAES	51	M5054	68	M			NA PAPAGAIOS	00:48:37	00:48:23
674	1520	JOAQUIM VARANDA	50	M5054	69	M			GDOA	00:48:39	00:48:12
675	2257	JOSE FERREIRA	56	M5559	40	M			INDIVIDUAL	00:48:39	00:48:09
676	2377	ELISEU ALMEIDA	54	M5054	70	M			INDIVIDUAL	00:48:40	00:47:22
677	546	FRANCISCO S OSORIO	46	M4549	106	M			INDIVIDUAL	00:48:41	00:47:42
678	936	LUIS COSTA	35	M3539	110	M			AMIGOS	00:48:41	00:48:11
679	1636	MIGUEL BARBOSA	58	M5559	41	M			UNIDOS	00:48:42	00:48:34
680	3408	JOAO PEDRAS	41	M4044	132	M			DESTAK	00:48:42	00:47:07
681	2234	FRANCISCO FERNANDES	36	M3539	111	M			ADRITEAM	00:48:43	00:47:50
682	3128	NUNO PEREIRA	41	M4044	133	M			C MILLENNIUM BCP	00:48:44	00:48:33
683	2225	MANUEL NASCIMENTO	55	M5559	42	M			CA AMIGOS PARQUE	00:48:45	00:48:38
684	3453	AKIRA MATSUMURA	46	M4549	107	M			INDIVIDUAL	00:48:46	00:48:28
685	843	ANTONIO QUARESMA	39	M3539	112	M			LINDA PASTORA SC	00:48:47	00:48:26
686	1383	GONCALO ROSA	25	M2034	147	M			INDIVIDUAL	00:48:48	00:47:19
687	89	ZE FALCATO	37	M3539	113	M			INDIVIDUAL	00:48:49	00:47:49
688	1174	ANTONIO REIS	57	M5559	43	M			AA MAFRA	00:48:49	00:48:28
689	3124	NUNO TAVARES	25	M2034	148	M			C MILLENNIUM BCP	00:48:50	00:48:32
690	218	MARIO BASTARDO	34	M2034	149	M			INDIVIDUAL	00:48:51	00:47:57
691	360	ALVARO QUITERIO	47	M4549	108	M			INDIVIDUAL	00:48:51	00:48:29
692	1361	SERGIO ALBERTO	31	M2034	150	M			TIK TAK RUN	00:48:51	00:48:13
693	1362	SOFIA PORTELA	35	F3544	8	F			TIK TAK RUN	00:48:51	00:48:14
694	3354	JOSE FERNANDES	59	M5559	44	M			REST FAZ FIGURA	00:48:51	00:47:52
695	29	VITOR TEIXEIRA	52	M5054	71	M			INDIVIDUAL	00:48:53	00:48:22
696	375	MANUEL BATISTA	47	M4549	109	M			INDIVIDUAL	00:48:53	00:48:10
697	3195	MADALENA JANEIRO	35	F3544	9	F			CLUBE STRESS	00:48:54	00:48:25
698	3574	JULIO MEIRELES	60	M6099	30	M			CCDP MUN CASCAIS	00:48:54	00:48:16
699	3677	JOAO RODRIGUES	53	M5054	72	M			NA ALCABIDECHE	00:48:54	00:48:39
700	23	JOAO REIS	60	M6099	31	M			INDIVIDUAL	00:48:55	00:48:28
701	963	MARIA VENANCIO	48	F4554	12	F			INDIVIDUAL	00:48:55	00:48:50
702	1315	MARIO VITORIA	42	M4044	134	M			VITORIAS	00:48:55	00:48:05
703	182	JORGE RAMOS	34	M2034	151	M			INDIVIDUAL	00:48:56	00:48:51
704	247	CARLOS RENATO	52	M5054	73	M			CONNECT2RUN	00:48:56	00:48:13
705	1366	PAULO BARRA	40	M4044	135	M			INDIVIDUAL	00:48:57	00:48:49
706	559	ARMANDO PARREIRA	43	M4044	136	M			ACOREANA C BANIF	00:48:58	00:48:12
707	2320	PAULO J F AZEVEDO	43	M4044	137	M			INDIVIDUAL	00:48:59	00:47:43
708	3446	VERBRUGGENDIRY	49	M4549	110	M			INDIVIDUAL	00:48:59	00:48:49

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
709	82	LUIS SANTOS	49	M4549	111	M			INDIVIDUAL	00:49:00	00:48:49
710	675	ANDRE MACHADO	24	M2034	152	M			OS ESTAROLAS	00:49:00	00:46:55
711	1211	LUIS AMORIM	54	M5054	74	M			NA BEIERSDORF	00:49:00	00:48:35
712	1313	JOANA DOMINGOS	36	F3544	10	F			VITORIAS	00:49:01	00:48:09
713	524	RICARDO CUNHA	26	M2034	153	M			INDIVIDUAL	00:49:02	00:47:35
714	741	LUIS VIDOEIRA	55	M5559	45	M			CD ARNEIRO	00:49:02	00:48:27
715	1526	JOAO PRISAL	40	M4044	138	M			RAIL RUNNERS	00:49:02	00:48:40
716	3341	LUIS CHAVIER	25	M2034	154	M			GD SAO DOMINGOS	00:49:02	00:48:45
717	3545	Mª JOAO DIAS	49	F4554	13	F			RAIL RUNNERS	00:49:02	00:48:37
718	1380	ANTONIO OLIVEIRA	54	M5054	75	M			INDIVIDUAL	00:49:03	00:47:38
719	1527	RUI GERALDES	38	M3539	114	M			RAIL RUNNERS	00:49:03	00:48:40
720	1521	JOSE NUNES	45	M4549	112	M			GDOA	00:49:04	00:48:38
721	402	JOSE CORREIA	42	M4044	139	M			INDIVIDUAL	00:49:05	00:48:38
722	467	VIC BLANCHARD	69	M6099	32	M			FOZ 365	00:49:05	00:49:05
723	3706	FRANCISCO PINTO	35	M3539	115	M			DESTAK	00:49:05	00:48:25
724	127	RENATO SILVA	40	M4044	140	M			INDIVIDUAL	00:49:06	00:48:58
725	1902	JOSE SANTOS	54	M5054	76	M			INDIVIDUAL	00:49:06	00:48:59
726	1945	FERNANDO OLIVEIRA	45	M4549	113	M			GRD RIBEIRA LAGE	00:49:06	00:48:40
727	363	PEDRO RUIVO	38	M3539	116	M			INDIVIDUAL	00:49:07	00:48:26
728	1466	HUGO BERNARDO	31	M2034	155	M			INDIVIDUAL	00:49:09	00:48:07
729	1056	JOSE NOBRE	51	M5054	77	M			INDIVIDUAL	00:49:10	00:48:56
730	1166	ANTONIO REIS	37	M3539	117	M			INDIVIDUAL	00:49:10	00:47:57
731	3228	NUNO SANTOS	21	M2034	156	M			SC CASAINHOS	00:49:10	00:48:08
732	746	CARLOS PINTO	40	M4044	141	M			INDIVIDUAL	00:49:12	00:48:52
733	1131	JOAO GREGORIO	35	M3539	118	M			INDIVIDUAL	00:49:13	00:48:31
734	3036	FERNANDO CARDOSO	64	M6099	33	M			GD SANTANDER	00:49:13	00:49:08
735	788	ANDRE LEITE	34	M2034	157	M			INDIVIDUAL	00:49:14	00:48:42
736	1296	MANUEL RUSSO	62	M6099	34	M			GRUPO CARMO	00:49:14	00:47:58
737	3752	LUIS TAVARES	46	M4549	114	M			HOLMES PLACE	00:49:14	00:47:48
738	266	GONCALO LAGE	32	M2034	158	M			INDIVIDUAL	00:49:15	00:48:17
739	1409	NELSON RIBEIRO	38	M3539	119	M			INDIVIDUAL	00:49:15	00:47:48
740	970	JOSE VALERIO	67	M6099	35	M			ADC CATUJAL	00:49:17	00:49:02
741	1298	JOAO PAULO	47	M4549	115	M			GRUPO CARMO	00:49:18	00:48:14
742	1236	ANDRE TAVARES	23	M2034	159	M			INDIVIDUAL	00:49:19	00:48:37
743	3334	ROSARIO MORGADO	38	F3544	11	F			GD SAO DOMINGOS	00:49:19	00:49:06
744	3664	MANUEL RODRIGUES	54	M5054	78	M			D MONTE REAL	00:49:19	00:49:14
745	263	MIGUEL PULIDO	47	M4549	116	M			INDIVIDUAL	00:49:21	00:49:10
746	2376	PEDRO PINHO	33	M2034	160	M			FAMILIA TOTO	00:49:21	00:49:04
747	3605	PEDRO MARTINS	39	M3539	120	M			NAZ ABOBODA	00:49:21	00:47:14
748	1796	DOMINGOS AGUIAR	47	M4549	117	M			INDIVIDUAL	00:49:22	00:49:02
749	1857	LUIS RODRIGUES	39	M3539	121	M			INDIVIDUAL	00:49:22	00:48:55
750	3370	ANTONIO S NOBRE	40	M4044	142	M			DESTAK	00:49:22	00:48:49

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
751	1124	CARLOS LIMA	41	M4044	143	M			CA AMIGOS PARQUE	00:49:23	00:48:43
752	1701	PEDRO PIMENTA	33	M2034	161	M			INDIVIDUAL	00:49:23	00:49:23
753	1703	RICARDO MESTRE	29	M2034	162	M			INDIVIDUAL	00:49:23	00:49:03
754	3019	JOAO JESUS	36	M3539	122	M			GD SANTANDER	00:49:23	00:49:05
755	3270	PAULA JACOB	34	F2034	16	F			CLUBE GRUPO BES	00:49:23	00:49:05
756	404	RAUL MATOS	44	M4044	144	M			RUN 4 FUN	00:49:24	00:48:48
757	1189	LUIS CARREIRA	38	M3539	123	M			INDIVIDUAL	00:49:24	00:48:07
758	2296	RICRADO MARQUES	25	M2034	163	M			DOMINGUEIROS	00:49:24	00:48:42
759	1040	GERMANO MATOS	64	M6099	36	M			LINDA PASTORA SC	00:49:25	00:48:42
760	3017	LUCIO SILVA	46	M4549	118	M			GD SANTANDER	00:49:25	00:49:16
761	1577	HUGO DOMINGOS	34	M2034	164	M			INDIVIDUAL	00:49:28	00:48:39
762	37	JOAQUIM BEXIGA	44	M4044	145	M			BEXIGA	00:49:29	00:49:17
763	752	ANTONIO CANELAS	40	M4044	146	M			LINDA PASTORA SC	00:49:29	00:48:45
764	3180	CARLOS FERREIRA	55	M5559	46	M			CLUBE AUTOCOOPE	00:49:29	00:49:04
765	2316	EDGAR CAMPOS	31	M2034	165	M			INDIVIDUAL	00:49:30	00:48:22
766	387	RICARDO RODRIGUES	39	M3539	124	M			AB 30/34	00:49:31	00:48:59
767	909	JOAO FREIRE	47	M4549	119	M			GD IN CASA MOEDA	00:49:32	00:48:53
768	3539	PAULO LOURINHO	43	M4044	147	M			INDIVIDUAL	00:49:32	00:47:39
769	1807	TIAGO FERREIRA	30	M2034	166	M			INDIVIDUAL	00:49:33	00:48:45
770	2055	AARNOUT SALWEGTER	54	M5054	79	M			INDIVIDUAL	00:49:34	00:49:00
771	3480	ANTONIO GRAZINA	32	M2034	167	M			INDIVIDUAL	00:49:34	00:49:03
772	1311	LUIS RODRIGUES	40	M4044	148	M			INDIVIDUAL	00:49:35	00:48:38
773	2148	ABILIO CAMPOS	40	M4044	149	M			INDIVIDUAL	00:49:36	00:48:41
774	3041	ANTONIO MARQUES	57	M5559	47	M			GD INE	00:49:36	00:49:26
775	451	JOAO MIGUEL	74	M6099	37	M			TANGAS CLUBE	00:49:37	00:49:37
776	749	RICARDO CHASQUEIRA	35	M3539	125	M			INDIVIDUAL	00:49:37	00:49:05
777	154	ALBERTO CORDEIRO	40	M4044	150	M			INDIVIDUAL	00:49:38	00:48:55
778	3116	JOSE RODRIGUES	62	M6099	38	M			C MILLENNIUM BCP	00:49:38	00:49:17
779	65	RUI MATOS	35	M3539	126	M			INDIVIDUAL	00:49:39	00:49:05
780	1070	SERGIO SILVA	36	M3539	127	M			INDIVIDUAL	00:49:39	00:49:26
781	1463	JOSE CALHEIROS	38	M3539	128	M			INDIVIDUAL	00:49:39	00:48:17
782	3332	FERNANDO GUERREIRO	65	M6099	39	M			GD SAO DOMINGOS	00:49:39	00:49:25
783	327	FRANCISCO MOREIRINHAS	37	M3539	129	M			INDIVIDUAL	00:49:40	00:48:20
784	947	ANDREIA LOPES	31	F2034	17	F			INDIVIDUAL	00:49:40	00:48:20
785	649	JOAO COSTA	27	M2034	168	M			INDIVIDUAL	00:49:43	00:48:32
786	2090	MARIO PAIVA	47	M4549	120	M			INDIVIDUAL	00:49:44	00:49:23
787	313	FRANCISCO CUADRADO	43	M4044	151	M			INDIVIDUAL	00:49:46	00:49:08
788	3194	JOAQUIM CAMOES	51	M5054	80	M			CLUBE STRESS	00:49:46	00:49:03
789	2101	JOAQUIM PANCHO	42	M4044	152	M			INDIVIDUAL	00:49:47	00:49:12
790	3484	SARA LOUREIRO	24	F2034	18	F			SC CASAINHOS	00:49:48	00:49:01
791	147	PEDRO E CARVALHO	35	M3539	130	M			INDIVIDUAL	00:49:49	00:49:10
792	172	JOSE E MONTEIRO	54	M5054	81	M			INDIVIDUAL	00:49:49	00:49:08

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
793	644	TIAGO REIS	19	M1819	14	M			INDIVIDUAL	00:49:50	00:49:02
794	2322	DANIEL AGUIAR	38	M3539	131	M			INDIVIDUAL	00:49:50	00:49:08
795	35	JORGE PIRES	57	M5559	48	M			INDIVIDUAL	00:49:51	00:49:15
796	207	TOMAS SOUSA	35	M3539	132	M			OS SUPER	00:49:51	00:49:11
797	134	JOSE L CAETANO	60	M6099	40	M			C COLAB AXA	00:49:52	00:48:38
798	710	PAULO GOMES	50	M5054	82	M			GDC PORTO SINES	00:49:52	00:48:14
799	934	AMERICO COSTA	54	M5054	83	M			TECNOSPIE, SA	00:49:52	00:49:00
800	3409	GONÇALO ESTEVES	31	M2034	169	M			DESTAK	00:49:53	00:48:02
801	3522	ISOLDA GUEDES	30	F2034	19	F			GOODLIFE	00:49:53	00:49:03
802	533	PEDRO PROENCA	32	M2034	170	M			INDIVIDUAL	00:49:55	00:49:12
803	1876	ANTONIO BORLA	67	M6099	41	M			C PRAÇAS ARMADA	00:49:56	00:49:30
804	2151	JOAO CUNHA	24	M2034	171	M			OS LENTOS	00:49:56	00:48:30
805	809	ELIA S SILVA	41	F3544	12	F			CLUBE VODAFONE	00:49:57	00:49:35
806	1568	JOAO SANTOS	41	M4044	153	M			INDIVIDUAL	00:49:57	00:49:39
807	250	ANTONIO V SILVA	45	M4549	121	M			INDIVIDUAL	00:49:58	00:49:41
808	1388	ANDRE S CLARA	21	M2034	172	M			AINDA FALTA MUITO	00:49:58	00:48:16
809	1746	PEDRO BARREIRAO	26	M2034	173	M			INDIVIDUAL	00:49:58	00:49:44
810	949	CARLOS PIRES	37	M3539	133	M			INDIVIDUAL	00:49:59	00:49:33
811	2006	DANIEL PORTELA	28	M2034	174	M			INDIVIDUAL	00:49:59	00:49:55
812	1595	DANIEL NEVES	31	M2034	175	M			INDIVIDUAL	00:50:00	00:48:38
813	3322	JOSE CAVACO	51	M5054	84	M			INDIVIDUAL	00:50:00	00:49:15
814	1569	ANGELO CONCEICAO	47	M4549	122	M			INDIVIDUAL	00:50:01	00:49:16
815	3563	PAULO DIOGO	30	M2034	176	M			C FERROV	00:50:01	00:49:47
816	787	ANA ALMEIDA	33	F2034	20	F			INDIVIDUAL	00:50:02	00:49:45
817	2106	JOSE JUSTO	46	M4549	123	M			INDIVIDUAL	00:50:02	00:47:57
818	3161	ALBERTO ARAUJO	39	M3539	134	M			RB RUNNING	00:50:02	00:49:50
819	3287	TIAGO BASTOS	35	M3539	135	M			ORISTARS PRO	00:50:02	00:49:16
820	3448	JOSE GANDAREZ	38	M3539	136	M			INDIVIDUAL	00:50:03	00:48:49
821	472	ALEXANDRE TAM	33	M2034	177	M			INDIVIDUAL	00:50:04	00:49:18
822	795	RUI ALMEIDA	35	M3539	137	M			INDIVIDUAL	00:50:04	00:49:46
823	452	MARIO ANTONIO	65	M6099	42	M			TANGAS CLUBE	00:50:05	00:49:59
824	719	MIGUEL BERMONTE	36	M3539	138	M			INDIVIDUAL	00:50:05	00:49:58
825	3427	AVELINO CABETE	62	M6099	43	M			INDIVIDUAL	00:50:05	00:49:32
826	985	HUGO PRATAS	28	M2034	178	M			CCD EFACEC LX	00:50:06	00:49:25
827	128	MARCELO DIAS	37	M3539	139	M			INDIVIDUAL	00:50:07	00:49:04
828	3371	PEDRO A SA	43	M4044	154	M			DESTAK	00:50:07	00:48:17
829	1109	ALEXANDRE SANTANA	39	M3539	140	M			INDIVIDUAL	00:50:08	00:49:25
830	3543	ANA RODRIGUES	22	F2034	21	F			INDIVIDUAL	00:50:09	00:49:12
831	482	CARLOS BARRENTO	47	M4549	124	M			OS AMIGOS	00:50:10	00:49:52
832	483	FERNANDO COELHO	46	M4549	125	M			OS AMIGOS	00:50:10	00:49:52
833	1494	CARLOS PESSOA	45	M4549	126	M			INDIVIDUAL	00:50:10	00:49:46
834	3525	NUNO F L TENREIRO	32	M2034	179	M			GOODLIFE	00:50:10	00:49:23

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
835	591	DIOGO TRAVASSOS	35	M3539	141	M			TRAVASSOS	00:50:11	00:49:50
836	1264	MANUEL GONCALVES	39	M3539	142	M			GONCALVES	00:50:11	00:49:17
837	1952	VITOR AGUILAR	61	M6099	44	M			INDIVIDUAL	00:50:11	00:49:33
838	3411	FRANCISCO SILVA	43	M4044	155	M			DESTAK	00:50:11	00:48:35
839	3580	ANTONIO PASCOA	44	M4044	156	M			NAZ ABOBODA	00:50:11	00:49:14
840	403	VITOR SEQUEIRA	41	M4044	157	M			INDIVIDUAL	00:50:12	00:49:45
841	1137	MARCO DURAO	35	M3539	143	M			INDIVIDUAL	00:50:12	00:49:37
842	1182	LEONEL AMARO	48	M4549	127	M			AA MAFRA	00:50:12	00:48:58
843	3054	NUNO VALENTE	34	M2034	180	M			GD INE	00:50:12	00:50:03
844	3566	ALBERTO ABREU	44	M4044	158	M			CCDP MUN CASCAIS	00:50:13	00:48:12
845	876	PEDRO NUNES	37	M3539	144	M			ACADEMIA KORPO	00:50:14	00:50:07
846	2336	BERNARDO P COELHO	34	M2034	181	M			INDIVIDUAL	00:50:14	00:50:00
847	711	MIGUEL DIAS	36	M3539	145	M			GDC PORTO SINES	00:50:15	00:49:15
848	1126	MIGUEL LOPES	36	M3539	146	M			EQUIPA 1	00:50:15	00:49:38
849	3690	JORGE JOURDAN	51	M5054	85	M			CM CASCAIS	00:50:15	00:49:40
850	727	FRANCISCO GOMES	47	M4549	128	M			CLUBE BITIZ	00:50:16	00:48:19
851	3301	Mª ORLETE MENDES	60	F5599	1	F			CA GALINHEIRAS	00:50:16	00:50:14
852	3397	BERNARDO MOTA	39	M3539	147	M			DESTAK	00:50:16	00:48:25
853	861	MARIA ESPERANCA	35	F3544	13	F			INDIVIDUAL	00:50:17	00:49:44
854	975	AMERICO SANTOS	55	M5559	49	M			CCD EFACEC LX	00:50:17	00:50:11
855	2053	LUIS PEREIRA	40	M4044	159	M			INDIVIDUAL	00:50:17	00:50:02
856	1690	HENRIQUE NARCISO	47	M4549	129	M			TOKAATODOS	00:50:19	00:49:37
857	1840	CARLOS RAMALHO	38	M3539	148	M			INDIVIDUAL	00:50:19	00:50:04
858	2189	JOSE M TEIXEIRA	61	M6099	45	M			INDIVIDUAL	00:50:19	00:49:32
859	399	OSVALDO NICOLAU	45	M4549	130	M			INDIVIDUAL	00:50:20	00:49:05
860	510	ANTONIO POMBINHO	55	M5559	50	M			POMBINHOS	00:50:20	00:50:09
861	3142	JOSE MARQUES	42	M4044	160	M			C MILLENNIUM BCP	00:50:20	00:49:48
862	3473	TIAGO VALENTIM	26	M2034	182	M			DOR BURRO	00:50:20	00:49:56
863	468	VASCO SOARES	53	M5054	86	M			FOZ 365	00:50:21	00:50:10
864	2281	PEDRO BALEIA	34	M2034	183	M			INDIVIDUAL	00:50:21	00:48:51
865	1766	EDUARDO PINTO	31	M2034	184	M			INDIVIDUAL	00:50:22	00:48:55
866	2034	SERGIO PIRES	35	M3539	149	M			VALEJAS AC	00:50:22	00:50:04
867	3346	MIGUEL GRAÇA	44	M4044	161	M			INDIVIDUAL	00:50:22	00:49:02
868	544	JORGE CARMO	42	M4044	162	M			INDIVIDUAL	00:50:23	00:49:15
869	950	JORGE ROSA	30	M2034	185	M			INDIVIDUAL	00:50:23	00:49:49
870	3347	RUI FRANGO	46	M4549	131	M			INDIVIDUAL	00:50:23	00:49:03
871	3105	PAULO REBOCHO	47	M4549	132	M			C MILLENNIUM BCP	00:50:24	00:49:15
872	3556	MARIO FERRO	59	M5559	51	M			C FERROV	00:50:26	00:49:53
873	1419	JOAO CARVALHO	48	M4549	133	M			OS CARVALHINHOS	00:50:27	00:49:55
874	1800	CARLOS PINTO	47	M4549	134	M			INDIVIDUAL	00:50:27	00:50:07
875	612	JORGE MORGADO	51	M5054	87	M			INDIVIDUAL	00:50:28	00:48:50
876	1297	ANDRE BALELA	29	M2034	186	M			GRUPO CARMO	00:50:29	00:49:03

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
877	2005	LUIS SIMOES	37	M3539	150	M			BRANDOA CORRE	00:50:29	00:49:09
878	3494	MARIA OLIVEIRA	52	F4554	14	F			INDIVIDUAL	00:50:29	00:50:22
879	1979	FERNANDO GONCALVES	45	M4549	135	M			GDCT UNICRE	00:50:33	00:49:57
880	164	PAULO MARQUES	41	M4044	163	M			INDIVIDUAL	00:50:34	00:50:03
881	333	ROGERIO MATOS	50	M5054	88	M			INDIVIDUAL	00:50:34	00:49:59
882	1183	ANGELO PEREIRA	54	M5054	89	M			AA MAFRA	00:50:34	00:49:39
883	16	ROSA CARITA	42	F3544	14	F			CCD SINTRENSE	00:50:35	00:50:19
884	326	TERESA PALMA	50	F4554	15	F			INDIVIDUAL	00:50:35	00:48:46
885	2245	PEDRO L BASTO	42	M4044	164	M			INDIVIDUAL	00:50:35	00:50:20
886	3318	ANTONIO A FERNANDES	65	M6099	46	M			INDIVIDUAL	00:50:35	00:50:35
887	99	JOAO DUARTE	59	M5559	52	M			INDIVIDUAL	00:50:36	00:50:06
888	420	ANDREIA OLIVEIRA	28	F2034	22	F			AC TEAM	00:50:36	00:50:01
889	3162	PAULO SOUSA	38	M3539	151	M			RB RUNNING	00:50:36	00:49:35
890	15	ELSA DESIDERIO	42	F3544	15	F			CCD SINTRENSE	00:50:38	00:50:23
891	1162	ABILIO OLIVEIRA	47	M4549	136	M			INDIVIDUAL	00:50:38	00:50:15
892	1498	JESUS JORGE	39	M3539	152	M			INDIVIDUAL	00:50:38	00:50:14
893	2082	ANTONIO MATOS	47	M4549	137	M			INDIVIDUAL	00:50:38	00:49:41
894	2289	GONÇALO S MATOS	49	M4549	138	M			INDIVIDUAL	00:50:38	00:50:27
895	3001	MARIO ALVES	56	M5559	53	M			SFUAP	00:50:38	00:49:32
896	418	ANA P SANTIAGO	28	F2034	23	F			INDIVIDUAL	00:50:39	00:49:37
897	1821	MIGUEL RIBEIRO	41	M4044	165	M			INDIVIDUAL	00:50:41	00:49:02
898	684	NUNO CRUZ	30	M2034	187	M			INDIVIDUAL	00:50:42	00:50:16
899	3593	LEONOR SILVA	42	F3544	16	F			NAZ ABOBODA	00:50:42	00:50:38
900	945	PAULO LUZ	34	M2034	188	M			INDIVIDUAL	00:50:45	00:50:18
901	3120	ORLANDO CHINA	64	M6099	47	M			C MILLENNIUM BCP	00:50:45	00:49:55
902	1258	MARIO PEREIRA	39	M3539	153	M			INDIVIDUAL	00:50:47	00:49:12
903	2062	NUNO PURIFICACAO	47	M4549	139	M			INDIVIDUAL	00:50:47	00:50:17
904	606	JOSE SERRA	59	M5559	54	M			BUE DA SERRAS	00:50:50	00:50:43
905	3756	ANTONIO ABREU	45	M4549	140	M			HOLMES PLACE	00:50:50	00:49:58
906	1263	AMILCAR POVOA	66	M6099	48	M			CA AMIGOS PARQUE	00:50:51	00:50:43
907	2094	MANUEL GARRINHAS	53	M5054	90	M			INDIVIDUAL	00:50:51	00:50:30
908	3258	JOAO TOMAS	28	M2034	189	M			CLUBE GRUPO BES	00:50:52	00:49:20
909	3260	JOSE GONÇALVES	47	M4549	141	M			CLUBE GRUPO BES	00:50:53	00:50:41
910	3421	MIGUEL FERRINHO	39	M3539	154	M			PES CHUMBO	00:50:53	00:49:14
911	1002	DAVID ALMEIDA	41	M4044	166	M			DAVID E	00:50:54	00:49:36
912	1216	JORGE RODRIGUES	33	M2034	190	M			INDIVIDUAL	00:50:54	00:50:14
913	1797	BRUNO FERREIRA	33	M2034	191	M			INDIVIDUAL	00:50:54	00:49:53
914	398	SOFIA MARTINS	40	F3544	17	F			INDIVIDUAL	00:50:55	00:49:39
915	359	PATRICIA GOMES	30	F2034	24	F			INDIVIDUAL	00:50:56	00:50:33
916	1229	PAULO SALAZAR	44	M4044	167	M			INDIVIDUAL	00:50:57	00:49:24
917	3018	DANIEL SIMOES	39	M3539	155	M			GD SANTANDER	00:50:57	00:49:23
918	1564	ENNIO D ANNO	27	M2034	192	M			PREGO A FUNDO	00:51:02	00:50:49

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
919	1367	NEUZA LOPES	30	F2034	25	F			INDIVIDUAL	00:51:03	00:50:55
920	151	AMAVEL LUZ	51	M5054	91	M			INDIVIDUAL	00:51:04	00:49:41
921	3530	JOSE FREITAS	34	M2034	193	M			INDIVIDUAL	00:51:04	00:50:45
922	887	MIGUEL MACHADO	20	M2034	194	M			MAC TEAM	00:51:06	00:51:06
923	1481	MIGUEL DUARTE	47	M4549	142	M			INDIVIDUAL	00:51:06	00:49:35
924	1614	ANTONIO REGO	40	M4044	168	M			ALCATEL L	00:51:07	00:49:17
925	2207	JOSE FREITAS	60	M6099	49	M			INDIVIDUAL	00:51:08	00:49:21
926	1386	PEDRO S CLARA	46	M4549	143	M			AINDA FALTA MUITO	00:51:09	00:49:26
927	3261	JOSE PEDRO	64	M6099	50	M			CLUBE GRUPO BES	00:51:09	00:50:43
928	50	JOAO ANTUNES	57	M5559	55	M			INDIVIDUAL	00:51:10	00:51:06
929	2033	BRUNO COELHO	34	M2034	195	M			VALEJAS AC	00:51:10	00:49:20
930	3073	RICARDO MARTINS	39	M3539	156	M			GD BANCO BPI	00:51:10	00:50:04
931	3680	JOSE RIBEIRO	30	M2034	196	M			NA ALCABIDECHE	00:51:10	00:49:55
932	1142	ARLINDO BRAS	48	M4549	144	M			AMIGOS ESTRELA	00:51:11	00:51:04
933	2051	RICARDO LOURO	37	M3539	157	M			INDIVIDUAL	00:51:11	00:50:23
934	866	JAIME COUTO	37	M3539	158	M			JARBS	00:51:12	00:49:14
935	810	JOAO B TOME	42	M4044	169	M			CLUBE VODAFONE	00:51:15	00:50:26
936	1517	BOGDAN BODYANCHUK	21	M2034	197	M			INDIVIDUAL	00:51:15	00:50:28
937	38	ANTONIO DINIS	35	M3539	159	M			INDIVIDUAL	00:51:16	00:50:45
938	587	JOSE FARIA	51	M5054	92	M			INDIVIDUAL	00:51:16	00:51:05
939	2119	NUNO VEIGA	43	M4044	170	M			VALADARES	00:51:16	00:50:48
940	3564	ROSA PRATAS	53	F4554	16	F			C FERROV	00:51:16	00:51:00
941	1951	ROBERTO GONCALVES	36	M3539	160	M			INDIVIDUAL	00:51:18	00:50:46
942	2064	FILIPA PEREIRA	23	F2034	26	F			INDIVIDUAL	00:51:20	00:51:16
943	513	PEDRO COSTA	34	M2034	198	M			INDIVIDUAL	00:51:21	00:49:44
944	1212	VICENTE DIAS	58	M5559	56	M			NA BEIERSDORF	00:51:21	00:50:59
945	2015	JOANA BELCHIOR	23	F2034	27	F			INDIVIDUAL	00:51:21	00:51:16
946	2195	ALEXANDRE DIAS	22	M2034	199	M			INDIVIDUAL	00:51:21	00:50:58
947	1053	PEDRO NAVES	38	M3539	161	M			INDIVIDUAL	00:51:22	00:49:41
948	935	MANUEL PERAS	56	M5559	57	M			INDIVIDUAL	00:51:23	00:50:52
949	3659	NUNO SANTOS	23	M2034	200	M			D MONTE REAL	00:51:23	00:51:14
950	459	SALVADOR SANTOS	51	M5054	93	M			INDIVIDUAL	00:51:24	00:50:06
951	2330	DOMINGOS FERNANDES	52	M5054	94	M			INDIVIDUAL	00:51:25	00:51:00
952	1675	FERNANDO CARRILHO	54	M5054	95	M			INDIVIDUAL	00:51:26	00:51:09
953	1655	PEDRO CAETANO	45	M4549	145	M			INDIVIDUAL	00:51:27	00:51:10
954	1897	VITOR FERREIRA	48	M4549	146	M			INDIVIDUAL	00:51:28	00:50:03
955	3093	HUGO PINTO	36	M3539	162	M			CCDT METRO LX	00:51:28	00:51:09
956	3153	JOSE ALVES	42	M4044	171	M			RB RUNNING	00:51:28	00:51:08
957	3700	ARMANDO TAVARES	63	M6099	51	M			DESTAK	00:51:28	00:50:56
958	88	LUIS FERREIRA	58	M5559	58	M			INDIVIDUAL	00:51:29	00:51:01
959	2307	PEDRO JAIME	43	M4044	172	M			INDIVIDUAL	00:51:29	00:51:08
960	3558	MARTINS BARATA	69	M6099	52	M			C FERROV	00:51:29	00:51:21

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
961	3038	NUNO DAMIAES	31	M2034	201	M			GD SANTANDER	00:51:30	00:49:48
962	1473	PEDRO CUNHA	34	M2034	202	M			INDIVIDUAL	00:51:31	00:50:55
963	388	CARLOS MACKAY	42	M4044	173	M			AB 30/34	00:51:32	00:51:01
964	1041	GONCALO ALMEIDA	20	M2034	203	M			INDIVIDUAL	00:51:33	00:50:41
965	3524	ALESSANDRO FERRARI	32	M2034	204	M			GOODLIFE	00:51:33	00:50:42
966	1158	MARIO MARGARIDO	34	M2034	205	M			AMIGOS MARIOS	00:51:34	00:50:20
967	3285	RICARDO POREM	39	M3539	163	M			CLUBE GRUPO BES	00:51:34	00:50:03
968	842	BENTO QUARESMA	39	M3539	164	M			LINDA PASTORA SC	00:51:35	00:51:13
969	852	PEDRO RODRIGUES	38	M3539	165	M			INDIVIDUAL	00:51:35	00:50:54
970	1883	RUTE GALVAO	36	F3544	18	F			INDIVIDUAL	00:51:35	00:50:19
971	3272	PAULO GONÇALVES	44	M4044	174	M			CLUBE GRUPO BES	00:51:35	00:50:02
972	1010	PEDRO ABRANTES	39	M3539	166	M			INDIVIDUAL	00:51:36	00:51:16
973	1460	FERNANDO GOMES	52	M5054	96	M			INDIVIDUAL	00:51:36	00:50:30
974	1156	GONCALO CAEIRO	40	M4044	175	M			INFOSISTEMA RT	00:51:37	00:50:52
975	270	SERGIO PEDRO	30	M2034	206	M			INDIVIDUAL	00:51:38	00:50:38
976	2283	RICRADO LOPES	27	M2034	207	M			INDIVIDUAL	00:51:38	00:46:11
977	3315	JOAQUIM PARREIRA	51	M5054	97	M			INDIVIDUAL	00:51:39	00:50:32
978	908	JOSE LIBERATO	36	M3539	167	M			GD IN CASA MOEDA	00:51:40	00:51:12
979	3671	JOAQUIM BARROCAS	60	M6099	53	M			NA PAPAGAIOS	00:51:40	00:49:52
980	3701	JOAO GONCALVES	32	M2034	208	M			DESTAK	00:51:41	00:49:41
981	1886	JOAO VERISSIMO	54	M5054	98	M			TOCANDAR	00:51:42	00:49:33
982	2258	PEDRO MARIA	27	M2034	209	M			INDIVIDUAL	00:51:42	00:46:17
983	2327	LUIS MARTINS	52	M5054	99	M			INDIVIDUAL	00:51:42	00:49:52
984	443	JOAO PEREIRA	53	M5054	100	M			INDIVIDUAL	00:51:45	00:50:29
985	2180	PEDRO BARRIAS	30	M2034	210	M			INDIVIDUAL	00:51:45	00:50:13
986	3375	EBRIMA BAYO	21	M2034	211	M			OS ECONOMICOS	00:51:46	00:51:28
987	3273	PEDRO ANDRADE	41	M4044	176	M			CLUBE GRUPO BES	00:51:47	00:51:22
988	3724	JOAO MANZARRA	32	M2034	212	M			GLAM	00:51:47	00:51:20
989	396	ANTONIO NOGUEIRA	46	M4549	147	M			INDIVIDUAL	00:51:48	00:51:36
990	529	JORGE MENDES	38	M3539	168	M			AMIGOS REBANQUE	00:51:48	00:50:20
991	1903	PAULO LUIS	48	M4549	148	M			INDIVIDUAL	00:51:48	00:51:40
992	3723	MIGUEL F COSTA	32	M2034	213	M			GLAM	00:51:48	00:51:19
993	962	ANGELO MARCOS	31	M2034	214	M			INDIVIDUAL	00:51:49	00:51:26
994	1613	PAULO MENEZES	39	M3539	169	M			ALCATEL L	00:51:49	00:50:36
995	3329	LUIS ROSA	59	M5559	59	M			CAA BELEM	00:51:50	00:51:17
996	462	JOAO P VIEIRA	54	M5054	101	M			INDIVIDUAL	00:51:51	00:50:53
997	560	CARLA CALCADA	42	F3544	19	F			ACOREANA C BANIF	00:51:51	00:51:45
998	819	JOAO SANTANA	42	M4044	177	M			CLUBE VODAFONE	00:51:51	00:51:11
999	498	SANDRA MENCUCCI	36	F3544	20	F			MENCUCCI/	00:51:52	00:50:39
1000	3208	MANUEL PAULO	55	M5559	60	M			ODEBRECHT/BPC	00:51:52	00:51:04
1001	1472	RODRIGO SANTOS	39	M3539	170	M			INDIVIDUAL	00:51:53	00:51:32
1002	562	FRANCISCO PEREIRA	45	M4549	149	M			ACOREANA C BANIF	00:51:54	00:51:08

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1003	577	PEDRO BURGUETTE	37	M3539	171	M			ACOREANA C BANIF	00:51:54	00:51:09
1004	578	FERNANDO CELESTINO	53	M5054	102	M			ACOREANA C BANIF	00:51:54	00:51:10
1005	1240	ANTONIO CARPINTEIRO	67	M6099	54	M			SS CGD	00:51:54	00:51:39
1006	3070	SONIA BRAZAO	40	F3544	21	F			GD BANCO BPI	00:51:54	00:51:30
1007	2277	JOANA BARROS	22	F2034	28	F			CA PENAFIRME	00:51:55	00:51:32
1008	3710	RODOLFO MARTINS	44	M4044	178	M			SERRA ESTRELA	00:51:55	00:51:25
1009	2157	NUNO LOUREIRO	46	M4549	150	M			FALCOES	00:51:56	00:51:31
1010	2317	ALEXANDRA PAULA	22	F2034	29	F			INDIVIDUAL	00:51:56	00:51:56
1011	83	MANUEL TRINDADE	56	M5559	61	M			INDIVIDUAL	00:51:58	00:51:22
1012	496	NUNO MARQUES	45	M4549	151	M			RUN 4 FUN	00:51:58	00:50:58
1013	699	JOAO GREGORIO	38	M3539	172	M			INDIVIDUAL	00:51:58	00:51:08
1014	1414	FRANCO WUDICH	48	M4549	152	M			RUN 4 FUN	00:51:58	00:50:57
1015	1667	FREDERICO RAPOSO	20	M2034	215	M			INDIVIDUAL	00:51:59	00:50:17
1016	2212	JOAO RUIPO	37	M3539	173	M			INDIVIDUAL	00:51:59	00:50:52
1017	3212	GERRY SANITZ	49	M4549	153	M			ODEBRECHT/BPC	00:51:59	00:51:59
1018	799	FERNANDO MARTINS	38	M3539	174	M			INDIVIDUAL	00:52:01	00:51:41
1019	1462	NELSON FERREIRA	39	M3539	175	M			INDIVIDUAL	00:52:02	00:51:02
1020	1924	SERGIO PAULO	36	M3539	176	M			OS PINHEIROS	00:52:02	00:51:06
1021	738	VICTOR REIS	45	M4549	154	M			INDIVIDUAL	00:52:03	00:51:28
1022	3150	Mª CARMO RIBEIRO	52	F4554	17	F			C MILLENNIUM BCP	00:52:03	00:51:43
1023	586	MARIO SANTOS	42	M4044	179	M			INDIVIDUAL	00:52:04	00:51:17
1024	2344	JOAO LOURO	18	M1819	15	M			INDIVIDUAL	00:52:05	00:51:21
1025	3174	ANDRE LOURENÇO	31	M2034	216	M			BOM PETISCO	00:52:05	00:51:43
1026	2154	RICARDO INACIO	24	M2034	217	M			OS LENTOS	00:52:06	00:50:40
1027	2291	DIOGO GOMES	24	M2034	218	M			INDIVIDUAL	00:52:06	00:51:24
1028	3715	FREDERICO O PINTO	25	M2034	219	M			DESTAK	00:52:06	00:50:14
1029	1984	JOSE MILAGRES	55	M5559	62	M			GDCT UNICRE	00:52:07	00:51:37
1030	1560	EDUARDO SOUSA	51	M5054	103	M			INDIVIDUAL	00:52:08	00:52:08
1031	1049	MARTA ALVES	33	F2034	30	F			INDIVIDUAL	00:52:10	00:51:06
1032	1171	FERNANDO MENDES	41	M4044	180	M			INDIVIDUAL	00:52:10	00:51:11
1033	210	JOAO ALVES	37	M3539	177	M			OS MAGROS	00:52:11	00:52:05
1034	211	REGINA MENDES	36	F3544	22	F			OS MAGROS	00:52:11	00:52:06
1035	3338	ORLANDO SILVA	56	M5559	63	M			GD SAO DOMINGOS	00:52:11	00:51:40
1036	366	JOAO SANTOS	41	M4044	181	M			INDIVIDUAL	00:52:12	00:51:11
1037	1193	RUI PENIM	34	M2034	220	M			PE LEVE	00:52:13	00:51:36
1038	1933	AMERICO PIMENTA	47	M4549	155	M			GD CHELAS	00:52:13	00:52:13
1039	1934	FILIPE RODRIGUES	19	M1819	16	M			GD CHELAS	00:52:13	00:52:08
1040	3055	PAULO PUGA	46	M4549	156	M			GD INE	00:52:13	00:51:37
1041	3216	THELMO CUNHA	52	M5054	104	M			ODEBRECHT/BPC	00:52:13	00:51:23
1042	1687	NUNO RIBEIRO	32	M2034	221	M			INDIVIDUAL	00:52:14	00:51:33
1043	176	MARTA ANDRADE	37	F3544	23	F			INDIVIDUAL	00:52:15	00:50:20
1044	431	JORGE NORTE	45	M4549	157	M			INDIVIDUAL	00:52:15	00:51:30

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1045	900	DIRK TILSNER	46	M4549	158	M			INDIVIDUAL	00:52:16	00:51:38
1046	1817	ANA CHANDE	31	F2034	31	F			INDIVIDUAL	00:52:16	00:51:35
1047	2273	CARLA FONSECA	20	F2034	32	F			CA PENAFIRME	00:52:16	00:51:54
1048	2274	SUSANA SILVA	22	F2034	33	F			CA PENAFIRME	00:52:16	00:51:55
1049	3617	FERNANDO FIGUEIREDO	42	M4044	182	M			AM ATIBA	00:52:16	00:52:10
1050	818	NUNO PEDROSO	42	M4044	183	M			CLUBE VODAFONE	00:52:17	00:51:38
1051	998	ALBERTINO MOTA	33	M2034	222	M			INDIVIDUAL	00:52:17	00:50:50
1052	344	ARTUR VICENTE	34	M2034	223	M			INDIVIDUAL	00:52:18	00:51:56
1053	350	BRUNO DIAS	28	M2034	224	M			INDIVIDUAL	00:52:18	00:50:54
1054	761	CARLOS FERREIRA	34	M2034	225	M			INDIVIDUAL	00:52:18	00:50:15
1055	3749	PAULO CALDEIRA	45	M4549	159	M			HOLMES PLACE	00:52:18	00:50:26
1056	1919	MANUEL PEREIRA	55	M5559	64	M			GYM2010	00:52:19	00:51:56
1057	40	FABRIZIO PARADISO	38	M3539	178	M			INDIVIDUAL	00:52:21	00:51:01
1058	2112	NELSON PARCELAS	32	M2034	226	M			AA MAFRA	00:52:21	00:51:29
1059	3508	ORLANDO GONCALVES	40	M4044	184	M			SERRA ESTRELA	00:52:21	00:50:44
1060	1413	NUNO MARTINS	40	M4044	185	M			INDIVIDUAL	00:52:22	00:51:14
1061	335	JOSE ESCUDERO	30	M2034	227	M			INDIVIDUAL	00:52:25	00:50:44
1062	1355	RICARDO PEREIRA	26	M2034	228	M			INDIVIDUAL	00:52:25	00:50:54
1063	1783	JAIME COELHO	25	M2034	229	M			INDIVIDUAL	00:52:25	00:51:05
1064	3711	FRANCISCO P BARBOSA	36	M3539	179	M			DESTAK	00:52:25	00:51:48
1065	2136	MIGUEL SERRANINHO	22	M2034	230	M			INDIVIDUAL	00:52:26	00:50:54
1066	918	PEDRO TEIGAS	39	M3539	180	M			INDIVIDUAL	00:52:27	00:51:46
1067	1283	VITOR VAZ	25	M2034	231	M			TRILHOS TRALHOS	00:52:27	00:52:16
1068	1939	LUIS DUARTE	65	M6099	55	M			INDIVIDUAL	00:52:28	00:52:27
1069	282	JOSE REIS	58	M5559	65	M			INDIVIDUAL	00:52:29	00:51:44
1070	806	ANTONIO R SIETRA	40	M4044	186	M			CLUBE VODAFONE	00:52:29	00:52:04
1071	2294	HUGO GONÇALVES	35	M3539	181	M			INDIVIDUAL	00:52:29	00:50:38
1072	1602	EDNEY VIEIRA	43	M4044	187	M			GD CIMPOR	00:52:30	00:51:17
1073	100	ALEX SIQUEIRA	26	M2034	232	M			INDIVIDUAL	00:52:31	00:52:28
1074	1090	TIAGO SANTOS	25	M2034	233	M			INDIVIDUAL	00:52:31	00:51:02
1075	1495	JOAO EIRA	36	M3539	182	M			INDIVIDUAL	00:52:31	00:51:59
1076	683	CARLOS A P SILVA	51	M5054	105	M			INDIVIDUAL	00:52:32	00:51:13
1077	2116	EUGENIA TEIXEIRA	29	F2034	34	F			LINDA PASTORA SC	00:52:33	00:51:49
1078	3257	JOAO SIMOES	58	M5559	66	M			CLUBE GRUPO BES	00:52:33	00:50:39
1079	1694	LUIS NEVES	54	M5054	106	M			INDIVIDUAL	00:52:34	00:51:46
1080	3045	CARLA LOPES	40	F3544	24	F			GD INE	00:52:34	00:51:58
1081	458	JORGE C S COSTA	32	M2034	234	M			INDIVIDUAL	00:52:35	00:51:15
1082	1626	FILIFE PEDRO	26	M2034	235	M			OS MAIORES	00:52:35	00:52:13
1083	534	NUNO DUARTE	41	M4044	188	M			INDIVIDUAL	00:52:36	00:52:17
1084	1497	TIAGO MARGARIDO	22	M2034	236	M			INDIVIDUAL	00:52:36	00:51:22
1085	3523	PEDRO N C F VAZ	33	M2034	237	M			GOODLIFE	00:52:36	00:52:16
1086	316	ANA AZEVEDO	33	F2034	35	F			INDIVIDUAL	00:52:37	00:51:55

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1087	1920	PAULO ENES	46	M4549	160	M			GYM2010	00:52:37	00:52:14
1088	3655	LILIANA CORREIA	22	F2034	36	F			D MONTE REAL	00:52:37	00:52:07
1089	502	MARIO FREITAS	44	M4044	189	M			OS 3 FANTASTICOS	00:52:38	00:51:20
1090	2108	CARLOS NITA	42	M4044	190	M			INDIVIDUAL	00:52:38	00:52:13
1091	1277	CARLOS SANTOS	46	M4549	161	M			TRILHOS TRALHOS	00:52:39	00:52:25
1092	3757	JORGE R SILVA	58	M5559	67	M			HOLMES PLACE	00:52:39	00:50:55
1093	525	VAJK KRAMER	35	M3539	183	M			INDIVIDUAL	00:52:41	00:51:26
1094	376	PAULO PIRES	47	M4549	162	M			INDIVIDUAL	00:52:42	00:51:58
1095	527	JOSE C FRAGA	32	M2034	238	M			INDIVIDUAL	00:52:42	00:50:49
1096	194	BRUNO ANDRADE	33	M2034	239	M			INDIVIDUAL	00:52:43	00:52:30
1097	1838	JOAO ALVES	44	M4044	191	M			INDIVIDUAL	00:52:43	00:52:30
1098	2014	FILIFE MENDES	28	M2034	240	M			INDIVIDUAL	00:52:43	00:50:51
1099	2262	FILIFE GONÇALVES	32	M2034	241	M			INDIVIDUAL	00:52:43	00:50:55
1100	755	PAULO MARQUES	47	M4549	163	M			INDIVIDUAL	00:52:44	00:52:31
1101	486	ANTONIO CORREIA	50	M5054	107	M			INDIVIDUAL	00:52:45	00:52:13
1102	391	TIAGO BELO	34	M2034	242	M			CCD	00:52:46	00:51:48
1103	598	JOAO ALBERTO	28	M2034	243	M			INDIVIDUAL	00:52:46	00:52:00
1104	654	JOAQUIM CARDOSO	39	M3539	184	M			INDIVIDUAL	00:52:46	00:52:13
1105	1774	ANIBAL SIMOES	45	M4549	164	M			INDIVIDUAL	00:52:46	00:52:16
1106	1586	PEDRO SILVINO	41	M4044	192	M			INDIVIDUAL	00:52:47	00:52:00
1107	3442	ANTONIO GONÇALVES	48	M4549	165	M			INDIVIDUAL	00:52:47	00:52:43
1108	3578	DIANA RIBEIRO	29	F2034	37	F			NAZ ABOBODA	00:52:47	00:52:35
1109	3567	ANTONIO J TAVARES	48	M4549	166	M			CCDP MUN CASCAIS	00:52:48	00:51:37
1110	231	DANIEL RODRIGUES	32	M2034	244	M			CLUBE ROBBIALAC	00:52:49	00:52:28
1111	285	MARA ARAUJO	35	F3544	25	F			CCD SINTRENSE	00:52:49	00:52:35
1112	2233	JOAO LUIS	41	M4044	193	M			ADRTEAM	00:52:49	00:51:57
1113	1488	MARCOS NORITAKE	45	M4549	167	M			FAMILIA NORITAKE	00:52:50	00:52:30
1114	2092	NUNO PEDROSO	39	M3539	185	M			INDIVIDUAL	00:52:51	00:51:09
1115	1274	RAUL CARVALHO	53	M5054	108	M			FALCOES	00:52:53	00:52:41
1116	1954	JORGE DE MELO	39	M3539	186	M			INDIVIDUAL	00:52:53	00:51:59
1117	3123	ARNALDO PINTEUS	51	M5054	109	M			C MILLENNIUM BCP	00:52:53	00:52:34
1118	288	DOMINGOS BARREIROS	75	M6099	56	M			INDIVIDUAL	00:52:54	00:52:51
1119	58	JOAQUIM PALMEIRO	42	M4044	194	M			INDIVIDUAL	00:52:55	00:51:47
1120	776	CARLOS AZEVEDO	54	M5054	110	M			INDIVIDUAL	00:52:56	00:52:31
1121	1769	RICARDO RIBEIRO	37	M3539	187	M			INDIVIDUAL	00:52:57	00:51:50
1122	1775	PEDRO SERRANO	34	M2034	245	M			INDIVIDUAL	00:52:57	00:51:49
1123	739	ANTONIO CAMPOS	63	M6099	57	M			INDIVIDUAL	00:52:58	00:52:29
1124	1739	ALBINO FERREIRA	47	M4549	168	M			LESMAS	00:53:01	00:52:46
1125	2041	ANTONIO TEIXEIRA	51	M5054	111	M			INDIVIDUAL	00:53:01	00:52:13
1126	121	MARIO LUCIO	48	M4549	169	M			INDIVIDUAL	00:53:02	00:52:13
1127	276	MIGUEL MATOS	42	M4044	195	M			CCD	00:53:03	00:52:53
1128	1035	TIAGO MINEIRO	31	M2034	246	M			INDIVIDUAL	00:53:03	00:51:18

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1129	3514	BRUNO VELOSO	25	M2034	247	M			LNPF	00:53:03	00:51:25
1130	1294	RUI ROCHA	36	M3539	188	M			GRUPO CARMO	00:53:04	00:51:24
1131	3356	SERGIO RODRIGUES	37	M3539	189	M			GOODLIFE	00:53:04	00:51:36
1132	1199	JOSE C CARDOSO	36	M3539	190	M			INDIVIDUAL	00:53:05	00:52:14
1133	3439	FREDERICO PINHEIRO	26	M2034	248	M			INDIVIDUAL	00:53:05	00:52:09
1134	603	ANTONIO CARAVELA	52	M5054	112	M			INDIVIDUAL	00:53:06	00:52:13
1135	826	VITAL LACERDA	45	M4549	170	M			INDIVIDUAL	00:53:07	00:52:24
1136	1620	ANTONIO CARRILHO	47	M4549	171	M			OS MAIORES	00:53:07	00:53:07
1137	123	PEDRO BASTOS	42	M4044	196	M			INDIVIDUAL	00:53:08	00:51:40
1138	1767	LUIS AMORIM	43	M4044	197	M			INDIVIDUAL	00:53:08	00:52:17
1139	43	PAULO SENA	40	M4044	198	M			INDIVIDUAL	00:53:09	00:52:21
1140	1340	LUIS MARTINS	42	M4044	199	M			INDIVIDUAL	00:53:10	00:51:22
1141	1457	RICARDO SARDINHEIRO	39	M3539	191	M			INDIVIDUAL	00:53:10	00:51:22
1142	1518	PEDRO BORREGO	36	M3539	192	M			INDIVIDUAL	00:53:10	00:51:22
1143	914	CARLOS RODRIGUES	48	M4549	172	M			INDIVIDUAL	00:53:11	00:52:30
1144	1268	ANTONIO MOREIRA	56	M5559	68	M			SLOW MOTION	00:53:11	00:52:04
1145	856	CESAR SANTOS	39	M3539	193	M			INDIVIDUAL	00:53:12	00:52:52
1146	2011	GONCALO MALHEIRO	40	M4044	200	M			INDIVIDUAL	00:53:12	00:52:12
1147	715	JOAO SANTOS	35	M3539	194	M			GDC PORTO SINES	00:53:13	00:51:47
1148	1084	SAMUEL PEREIRA	34	M2034	249	M			INDIVIDUAL	00:53:13	00:52:22
1149	318	MANUEL CLEMENTE	63	M6099	58	M			INDIVIDUAL	00:53:14	00:52:28
1150	1143	JOSE LOPES	55	M5559	69	M			AMIGOS ESTRELA	00:53:14	00:52:53
1151	3457	NELSON CARNEIRO	52	M5054	113	M			INDIVIDUAL	00:53:14	00:51:47
1152	1129	ANTONIO RIBEIRO	47	M4549	173	M			INDIVIDUAL	00:53:15	00:51:11
1153	526	CRISTIANO RODRIGUES	27	M2034	250	M			INDIVIDUAL	00:53:16	00:52:57
1154	1590	MARIO FERREIRA	49	M4549	174	M			INDIVIDUAL	00:53:16	00:52:22
1155	3040	ANA M ROSA	45	F4554	18	F			GD INE	00:53:16	00:53:11
1156	3554	FERNANDO PESTANA	65	M6099	59	M			C FERROV	00:53:16	00:53:09
1157	3	DOMINGOS PIRES	59	M5559	70	M			INDIVIDUAL	00:53:17	00:52:49
1158	1354	JOAO BASTOS	26	M2034	251	M			INDIVIDUAL	00:53:18	00:51:47
1159	1588	TIAGO OLIVEIRA	30	M2034	252	M			INDIVIDUAL	00:53:19	00:52:28
1160	3071	ALBERTO SANTOS	55	M5559	71	M			GD BANCO BPI	00:53:19	00:52:16
1161	3751	FRANCISCO AFONSO	51	M5054	114	M			HOLMES PLACE	00:53:21	00:51:56
1162	3316	ALBERTO SOARES	50	M5054	115	M			INDIVIDUAL	00:53:23	00:52:39
1163	3477	IVAN RAMOS	28	M2034	253	M			INDIVIDUAL	00:53:24	00:52:09
1164	609	MIGUEL MENDES	37	M3539	195	M			INDIVIDUAL	00:53:25	00:52:40
1165	1247	HUGO VENANCIO	33	M2034	254	M			SS CGD	00:53:25	00:52:05
1166	2203	JIN SUYONG	37	M3539	196	M			INDIVIDUAL	00:53:25	00:52:39
1167	3006	GILBERTO GONÇALVES	63	M6099	60	M			CR ALVORADA	00:53:26	00:52:14
1168	109	CARLOS ROCHA	38	M3539	197	M			CARACOIS ASFALTO	00:53:27	00:52:38
1169	658	CAROLINA MANUEL	38	F3544	26	F			O MUNDO CORRIDA	00:53:29	00:53:05
1170	1230	ROSARIO ROSA	57	F5599	2	F			INDIVIDUAL	00:53:30	00:53:01

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1171	217	PAULO GONCALVES	40	M4044	201	M			INDIVIDUAL	00:53:31	00:53:24
1172	465	JOAO TEIXEIRA	43	M4044	202	M			HAIRCUT 2011	00:53:34	00:52:35
1173	1122	LUIS PIRES	44	M4044	203	M			CA AMIGOS PARQUE	00:53:34	00:52:36
1174	1713	MARIO ALVES	38	M3539	198	M			INDIVIDUAL	00:53:34	00:53:09
1175	3739	PEDRO PINTO	45	M4549	175	M			HOLMES PLACE	00:53:35	00:51:49
1176	1438	DOMINGOS PEREIRA	58	M5559	72	M			CLUBE MARGINAL	00:53:36	00:53:33
1177	2214	MARCO SILVA	26	M2034	255	M			CP EDP LISBOA	00:53:37	00:52:31
1178	881	OLANDO ZACARIAS	60	M6099	61	M			INDIVIDUAL	00:53:38	00:51:49
1179	3755	FILIPA FIGUEIREDO	44	F3544	27	F			HOLMES PLACE	00:53:38	00:51:54
1180	351	LUIS PROENCA	42	M4044	204	M			INDIVIDUAL	00:53:39	00:53:24
1181	3441	JORGE LOURENÇO	53	M5054	116	M			INDIVIDUAL	00:53:39	00:53:02
1182	3454	ANA M RAMOS	34	F2034	38	F			INDIVIDUAL	00:53:39	00:52:56
1183	155	JORGE TESTOS	28	M2034	256	M			THE LEAGUE	00:53:40	00:52:46
1184	3745	JOAQUIM BOTELHO	53	M5054	117	M			HOLMES PLACE	00:53:40	00:51:55
1185	34	SANTOS GUEREIRO	49	M4549	176	M			INDIVIDUAL	00:53:41	00:52:13
1186	79	JOSE VEMELHUDO	52	M5054	118	M			INDIVIDUAL	00:53:41	00:53:24
1187	463	PAULO PADRAO	44	M4044	205	M			HAIRCUT 2011	00:53:41	00:52:42
1188	3146	ANTONIO GALADIM	46	M4549	177	M			C MILLENNIUM BCP	00:53:41	00:52:13
1189	858	JOSE LIMA	47	M4549	178	M			INDIVIDUAL	00:53:42	00:52:19
1190	1786	MIGUEL GUERRA	36	M3539	199	M			FAMILIA GUERRA	00:53:43	00:52:07
1191	709	CARLOS PALHINHAS	38	M3539	200	M			GDC PORTO SINES	00:53:44	00:52:18
1192	840	RUI BARROS	29	M2034	257	M			INDIVIDUAL	00:53:44	00:52:07
1193	1509	JORGE CARVALHEIRA	38	M3539	201	M			5 + UMA	00:53:44	00:52:42
1194	166	TOMES PRAZERES	19	M1819	17	M			GODINHO	00:53:46	00:52:38
1195	286	ALBERTO RAMIRES	58	M5559	73	M			INDIVIDUAL	00:53:46	00:53:18
1196	3413	JOSE VALENTIM	30	M2034	258	M			DESTAK	00:53:46	00:51:48
1197	302	NUNO MARQUES	38	M3539	202	M			CP EDP	00:53:47	00:52:28
1198	494	MIGUEL VERGAMOTA	43	M4044	206	M			INDIVIDUAL	00:53:47	00:53:24
1199	602	RUI PEPE	37	M3539	203	M			GUILTY PLEASURES	00:53:47	00:52:08
1200	1689	FRANCISCO NORONHA	51	M5054	119	M			INDIVIDUAL	00:53:47	00:52:02
1201	3042	ANTONIO PORTUGAL	46	M4549	179	M			GD INE	00:53:47	00:53:33
1202	3667	ARMENIO JOAQUIM	74	M6099	62	M			NA PAPAGAIOS	00:53:47	00:52:34
1203	62	IVAN MOVCHAN	63	M6099	63	M			INDIVIDUAL	00:53:48	00:53:27
1204	3376	FERNANDO PIRES	42	M4044	207	M			INDIVIDUAL	00:53:50	00:52:48
1205	485	CINTIA LOPES	30	F2034	39	F			INDIVIDUAL	00:53:52	00:52:45
1206	921	HUGO TAVARES	35	M3539	204	M			INDIVIDUAL	00:53:52	00:52:17
1207	686	HUGO MATOS	33	M2034	259	M			INDIVIDUAL	00:53:53	00:53:19
1208	3169	CLAUDIA BORRALHO	38	F3544	28	F			RB RUNNING	00:53:53	00:53:39
1209	770	DAVID LI	38	M3539	205	M			INDIVIDUAL	00:53:54	00:53:43
1210	1753	HOMERO MAGALHOES	42	M4044	208	M			AA LEBRES SADO	00:53:54	00:53:04
1211	3469	FILIPE PIRES	35	M3539	206	M			INDIVIDUAL	00:53:54	00:53:54
1212	3649	ISABEL OLEIRO	39	F3544	29	F			D MONTE REAL	00:53:55	00:53:39

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1213	52	RICARDO PREGUICA	27	M2034	260	M			INDIVIDUAL	00:53:56	00:53:26
1214	1278	Mª JOAO SANTOS	49	F4554	19	F			TRILHOS TRALHOS	00:53:56	00:53:43
1215	97	GONCALO FONSECA	35	M3539	207	M			INDIVIDUAL	00:53:57	00:52:39
1216	838	GONCALO LINCE	34	M2034	261	M			INDIVIDUAL	00:53:59	00:53:17
1217	340	TIAGO MATOS	38	M3539	208	M			INDIVIDUAL	00:54:00	00:52:40
1218	1904	JOAO PINTO	33	M2034	262	M			INDIVIDUAL	00:54:02	00:48:36
1219	2312	MANUEL MAGALHAES	40	M4044	209	M			INDIVIDUAL	00:54:02	00:53:42
1220	3126	JOAQUIM FULGENCIO	54	M5054	120	M			C MILLENNIUM BCP	00:54:02	00:53:35
1221	3762	JOSE VALENTIM	30	M2034	263	M			HOLMES PLACE	00:54:02	00:52:06
1222	3129	MARIO ROMAO	39	M3539	209	M			C MILLENNIUM BCP	00:54:03	00:52:44
1223	1038	JOSE ALAGADOR	66	M6099	64	M			LINDA PASTORA SC	00:54:05	00:53:23
1224	1039	FERNANDO ANDRADE	65	M6099	65	M			LINDA PASTORA SC	00:54:05	00:53:23
1225	1036	ISABEL LINO	64	F5599	3	F			LINDA PASTORA SC	00:54:06	00:53:24
1226	1606	FRANCISCO DIAS	40	M4044	210	M			ALCATEL L	00:54:06	00:52:20
1227	1610	HUGO DIAS	34	M2034	264	M			ALCATEL L	00:54:06	00:52:19
1228	246	HENRIQUETA SOLIPA	50	F4554	20	F			CONNECT2RUN	00:54:07	00:53:23
1229	3352	ANTONIO BRITO	61	M6099	66	M			GD SAO DOMINGOS	00:54:07	00:53:51
1230	3760	NUNO LUIS	35	M3539	210	M			HOLMES PLACE	00:54:07	00:52:20
1231	3714	DIOGO S PINTO	32	M2034	265	M			DESTAK	00:54:08	00:52:17
1232	2323	LEONARDO SANTOS	36	M3539	211	M			INDIVIDUAL	00:54:09	00:52:39
1233	779	TIAGO COSTA	38	M3539	212	M			CASCAIS PANDILHA	00:54:10	00:52:10
1234	2384	CARLA LEAO	41	F3544	30	F			WIKABOO	00:54:10	00:53:17
1235	3393	JORGE PEREIRA	45	M4549	180	M			DESTAK	00:54:10	00:52:25
1236	122	RUI CRUZ	38	M3539	213	M			INDIVIDUAL	00:54:11	00:53:24
1237	3738	JORGE MELO	34	M2034	266	M			HOLMES PLACE	00:54:11	00:52:26
1238	528	TIAGO SILVA	26	M2034	267	M			INDIVIDUAL	00:54:13	00:53:56
1239	3527	ANTONIO HORTEGA	49	M4549	181	M			GOODLIFE	00:54:13	00:53:40
1240	3743	JOAO LOBO	46	M4549	182	M			HOLMES PLACE	00:54:13	00:52:48
1241	3744	RAQUEL TAVARES	22	F2034	40	F			HOLMES PLACE	00:54:13	00:52:26
1242	994	RICARDO ALMEIDA	30	M2034	268	M			POUCOS POR	00:54:14	00:51:07
1243	1885	MAURO TEIXEIRA	32	M2034	269	M			TOCANDAR	00:54:14	00:53:36
1244	3741	SANDRA INES	38	F3544	31	F			HOLMES PLACE	00:54:14	00:52:24
1245	1200	JOAO ALMEIDA	29	M2034	270	M			INDIVIDUAL	00:54:15	00:52:26
1246	1202	FILIPE RODRIGUES	58	M5559	74	M			ANGELIC	00:54:16	00:53:05
1247	2383	FERNANDO LEAO	44	M4044	211	M			WIKABOO	00:54:18	00:53:25
1248	3321	NUNO ALVES	58	M5559	75	M			INDIVIDUAL	00:54:18	00:53:48
1249	3542	PAULINO RODRIGUES	52	M5054	121	M			INDIVIDUAL	00:54:19	00:51:33
1250	3256	JOAO DIAS	41	M4044	212	M			CLUBE GRUPO BES	00:54:20	00:52:47
1251	611	NUNO PACHECO	42	M4044	213	M			INDIVIDUAL	00:54:21	00:52:28
1252	1749	BRUNO COSTA	35	M3539	214	M			INDIVIDUAL	00:54:21	00:53:50
1253	1062	LUIS DIAS	33	M2034	271	M			INDIVIDUAL	00:54:22	00:53:01
1254	450	ARTUR MARTINS	73	M6099	67	M			TANGAS CLUBE	00:54:23	00:54:19

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1255	1792	LILIANA RODRIGUES	26	F2034	41	F			INDIVIDUAL	00:54:23	00:53:51
1256	240	ANTONIO RODRIGUES	49	M4549	183	M			INDIVIDUAL	00:54:24	00:53:35
1257	3307	JOSEMIR LIMA	61	M6099	68	M			LESMAS	00:54:24	00:53:46
1258	383	PEDRO GORDO	43	M4044	214	M			INDIVIDUAL	00:54:25	00:53:36
1259	3503	DIOGO P DIAS	45	M4549	184	M			SERRA ESTRELA	00:54:25	00:53:53
1260	3134	ANTONIO LIMA	39	M3539	215	M			INDIVIDUAL	00:54:26	00:53:53
1261	3137	GONÇALVES	32	F2034	42	F			INDIVIDUAL	00:54:26	00:53:52
1262	3489	ANA AFONSO	21	F2034	43	F			INDIVIDUAL	00:54:26	00:54:02
1263	192	FERNANDO J MATIAS	56	M5559	76	M			C COLAB AXA	00:54:27	00:53:12
1264	801	JOAQUIM CUNHA	41	M4044	215	M			CUNHA	00:54:27	00:52:33
1265	3474	HENRIQUE TELHADO	57	M5559	77	M			OS GLORIOSOS	00:54:27	00:54:03
1266	1502	PAULO HUERTA	41	M4044	216	M			INDIVIDUAL	00:54:28	00:52:33
1267	2331	NUNO NUNES	37	M3539	216	M			INDIVIDUAL	00:54:29	00:52:29
1268	3188	CLAUDIA FERREIRA	46	F4554	21	F			CLUBE STRESS	00:54:29	00:53:49
1269	3198	PAULO FERREIRA	43	M4044	217	M			CLUBE STRESS	00:54:29	00:54:29
1270	2109	JOAO NITA	38	M3539	217	M			INDIVIDUAL	00:54:30	00:54:03
1271	1439	MANUEL REIA	64	M6099	69	M			CLUBE MARGINAL	00:54:32	00:54:23
1272	3468	FILIFE MEDEIRO	18	M1819	18	M			INDIVIDUAL	00:54:32	00:53:03
1273	1720	JOAO ANJOS	41	M4044	218	M			INDIVIDUAL	00:54:33	00:53:50
1274	3586	CARLOS MENDES	44	M4044	219	M			NAZ ABOBODA	00:54:33	00:53:51
1275	2160	RICARDO LIMA	46	M4549	185	M			GD CIMPOR	00:54:35	00:53:21
1276	434	LUIS ALVES	35	M3539	218	M			INDIVIDUAL	00:54:37	00:54:13
1277	1943	MARIA FATUDA	56	F5599	4	F			GRD RIBEIRA LAGE	00:54:39	00:54:13
1278	1953	FREDERICO NOBRE	36	M3539	219	M			INDIVIDUAL	00:54:39	00:53:35
1279	2159	PAULO VISEU	33	M2034	272	M			INDIVIDUAL	00:54:41	00:53:39
1280	687	VITOR VICENTE	58	M5559	78	M			INDIVIDUAL	00:54:44	00:53:58
1281	138	VICTOR RAMOS	41	M4044	220	M			C COLAB AXA	00:54:45	00:54:45
1282	616	CARLOS OLIVEIRA	58	M5559	79	M			INDIVIDUAL	00:54:45	00:53:10
1283	277	JOSE LOURENCO	56	M5559	80	M			INDIVIDUAL	00:54:46	00:53:09
1284	617	AFONSO PINO	36	M3539	220	M			INDIVIDUAL	00:54:46	00:53:08
1285	490	INACIO DUARTE	31	M2034	273	M			GELPINHOS	00:54:47	00:53:57
1286	491	FERNANDO MALHEIROS	55	M5559	81	M			GELPINHOS	00:54:47	00:53:57
1287	1228	JOAO QUELHAS	45	M4549	186	M			INDIVIDUAL	00:54:47	00:53:49
1288	1735	SERGIO ESTEVINHA	30	M2034	274	M			INDIVIDUAL	00:54:47	00:53:45
1289	553	VALTER MOREIRA	31	M2034	275	M			INDIVIDUAL	00:54:48	00:53:38
1290	3688	LUIS LIMA	29	M2034	276	M			CM CASCAIS	00:54:48	00:54:35
1291	433	LUIS PAIVA	47	M4549	187	M			INDIVIDUAL	00:54:49	00:53:33
1292	3035	DINIS SOUSA	71	M6099	70	M			GD SANTANDER	00:54:49	00:52:41
1293	3037	LIDIA LOPES	49	F4554	22	F			GD SANTANDER	00:54:49	00:52:40
1294	3467	MIGUEL MEDEIRO	35	M3539	221	M			INDIVIDUAL	00:54:49	00:53:20
1295	3337	LUIS GRAVE	55	M5559	82	M			GD SAO DOMINGOS	00:54:50	00:54:18
1296	3340	ELISIO COSTA	56	M5559	83	M			GD SAO DOMINGOS	00:54:50	00:54:50

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1297	272	ANTONIO ROMAO	60	M6099	71	M			INDIVIDUAL	00:54:51	00:53:20
1298	1057	MARIO SANTOS	48	M4549	188	M			INDIVIDUAL	00:54:51	00:53:58
1299	1890	JOAO FELICIO	22	M2034	277	M			INDIVIDUAL	00:54:52	00:53:07
1300	3535	JOAO MANSO	29	M2034	278	M			INDIVIDUAL	00:54:52	00:53:44
1301	3536	HELENA MANSO	28	F2034	44	F			INDIVIDUAL	00:54:52	00:53:42
1302	505	ANTONIO BATISTA	52	M5054	122	M			SANTOS BATISTA	00:54:53	00:53:48
1303	2301	BRUNO MACEDO	31	M2034	279	M			31 ECO	00:54:53	00:54:00
1304	259	CARLOS FREIRE	40	M4044	221	M			ADCR P JUDICIARIA	00:54:54	00:54:30
1305	1404	ALEXANDRA RODRIGUES	40	F3544	32	F			INDIVIDUAL	00:54:56	00:54:47
1306	3122	CARLOS JANELA	55	M5559	84	M			C MILLENNIUM BCP	00:54:56	00:53:37
1307	124	PAULO MARQUES	39	M3539	222	M			INDIVIDUAL	00:54:57	00:53:30
1308	748	LUIS BATISTA	42	M4044	222	M			INDIVIDUAL	00:54:57	00:53:52
1309	1845	ANTONIO MORGADO	55	M5559	85	M			CLUBE ANA LISBOA	00:54:58	00:54:50
1310	439	ALEXANDRA JERONIMO	31	F2034	45	F			INDIVIDUAL	00:54:59	00:54:52
1311	2066	NUNO BARRETO	39	M3539	223	M			INDIVIDUAL	00:55:00	00:53:21
1312	3151	FRANCISCO LOBO	31	M2034	280	M			C MILLENNIUM BCP	00:55:00	00:55:00
1313	1437	FRANCISCO COITO	60	M6099	72	M			CLUBE MARGINAL	00:55:01	00:54:52
1314	1440	LUIS SILVA	66	M6099	73	M			CLUBE MARGINAL	00:55:01	00:55:01
1315	1794	RUI MONTEIRO	44	M4044	223	M			INDIVIDUAL	00:55:01	00:54:30
1316	3460	CARLOS TORRES	33	M2034	281	M			INDIVIDUAL	00:55:01	00:53:38
1317	3602	PAULO MAFRA	44	M4044	224	M			NAZ ABOBODA	00:55:02	00:55:00
1318	1260	JOSE SERRA	54	M5054	123	M			INDIVIDUAL	00:55:03	00:54:52
1319	1323	JOAO P SANTOS	52	M5054	124	M			INDIVIDUAL	00:55:03	00:54:51
1320	1130	ANA TORRAO	42	F3544	33	F			INDIVIDUAL	00:55:04	00:52:59
1321	1822	NUNO ANACLETO	44	M4044	225	M			INDIVIDUAL	00:55:04	00:53:01
1322	3645	FLORENCIO COELHO	66	M6099	74	M			D MONTE REAL	00:55:04	00:54:50
1323	705	MARGARIDA PRACA	46	F4554	23	F			INDIVIDUAL	00:55:05	00:53:57
1324	3666	TIMOTEO PFUMO	62	M6099	75	M			D MONTE REAL	00:55:05	00:54:42
1325	1279	JOANA SANTOS	21	F2034	46	F			TRILHOS TRALHOS	00:55:06	00:54:51
1326	3187	ANTONIO T DUARTE	50	M5054	125	M			CLUBE STRESS	00:55:06	00:53:34
1327	25	HEITOR GOMES	40	M4044	226	M			GEORUNNERS	00:55:07	00:54:23
1328	125	ANTONIO PAIS	65	M6099	76	M			VALE MADEIROS SC	00:55:07	00:54:33
1329	2295	BRUNO JORGE	26	M2034	282	M			DOMINGUEIROS	00:55:07	00:54:25
1330	3252	CARLA ANDRE	35	F3544	34	F			CLUBE GRUPO BES	00:55:07	00:54:24
1331	3520	PAULO VILAO	33	M2034	283	M			GOODLIFE	00:55:07	00:53:58
1332	3717	SERGIO MATOS	35	M3539	224	M			RFM	00:55:07	00:53:23
1333	435	NUNO GIAO	39	M3539	225	M			INDIVIDUAL	00:55:08	00:54:09
1334	3575	LUIS REIS	53	M5054	126	M			CCDP MUN CASCAIS	00:55:08	00:53:07
1335	315	JOAO CAMPOS	40	M4044	227	M			INDIVIDUAL	00:55:09	00:53:26
1336	1617	DANIEL GUERREIRO	37	M3539	226	M			INDIVIDUAL	00:55:09	00:54:30
1337	3007	ALVARO PJNTO	55	M5559	86	M			AD REAL ACADEMIA	00:55:09	00:53:44
1338	3591	MANUEL CORREIA	52	M5054	127	M			NAZ ABOBODA	00:55:10	00:54:54

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1339	3623	JOSE COSTA	71	M6099	77	M			AM ATIBA	00:55:11	00:54:56
1340	812	JOAQUIM LIMA	48	M4549	189	M			CLUBE VODAFONE	00:55:12	00:54:32
1341	1892	CARLOS MARCOS	51	M5054	128	M			INDIVIDUAL	00:55:12	00:53:59
1342	2028	RICARDO GONCALVES	31	M2034	284	M			VALEJAS AC	00:55:12	00:53:23
1343	2036	JOSE COELHO	57	M5559	87	M			VALEJAS AC	00:55:12	00:53:24
1344	436	JOSE SANTOS	51	M5054	129	M			INDIVIDUAL	00:55:13	00:54:38
1345	506	ALEXANDRE BATISTA	26	M2034	285	M			SANTOS BATISTA	00:55:14	00:54:11
1346	1275	LUIS GUILHERME	48	M4549	190	M			TRILHOS TRALHOS	00:55:14	00:55:02
1347	400	DIOGO ALFARELOS	28	M2034	286	M			INDIVIDUAL	00:55:15	00:54:31
1348	2387	SARA OLIVEIRA	30	F2034	47	F			INDIVIDUAL	00:55:15	00:54:44
1349	377	JOAQUIM SANTOS	60	M6099	78	M			INDIVIDUAL	00:55:16	00:54:41
1350	1717	Mª HELENA COSTA	45	F4554	24	F			MARTINS	00:55:16	00:54:59
1351	2029	VITOR ANTUNES	35	M3539	227	M			VALEJAS AC	00:55:16	00:53:26
1352	504	TERESA BARRADAS	50	F4554	25	F			OS 3 FANTASTICOS	00:55:17	00:54:00
1353	2163	EDGAR SANTINHOS	26	M2034	287	M			INDIVIDUAL	00:55:17	00:54:40
1354	1061	DANIEL COLLA	41	M4044	228	M			INDIVIDUAL	00:55:18	00:54:43
1355	3249	ANA FERREIRA	43	F3544	35	F			CLUBE GRUPO BES	00:55:18	00:55:07
1356	3132	MARIO MENDES	48	M4549	191	M			C MILLENNIUM BCP	00:55:20	00:54:36
1357	659	PEDRO PELEJA	39	M3539	228	M			INDIVIDUAL	00:55:21	00:54:40
1358	3333	BALTAZAR GARCIA	36	M3539	229	M			GD SAO DOMINGOS	00:55:21	00:54:59
1359	798	JOSE MAURICIO	57	M5559	88	M			INDIVIDUAL	00:55:24	00:53:38
1360	1680	NUNO PINTO	28	M2034	288	M			INDIVIDUAL	00:55:25	00:54:20
1361	1878	JOSE ISIDORO	72	M6099	79	M			C PRAÇAS ARMADA	00:55:25	00:55:02
1362	3353	Mª JOSE DIAS	47	F4554	26	F			GD SAO DOMINGOS	00:55:25	00:55:11
1363	1666	HUGO GUERREIRO	28	M2034	289	M			INDIVIDUAL	00:55:26	00:54:20
1364	3481	RUI P SOARES	25	M2034	290	M			INDIVIDUAL	00:55:26	00:53:56
1365	1190	NUNO MOLERO	29	M2034	291	M			INDIVIDUAL	00:55:27	00:54:36
1366	643	JOSE REIS	51	M5054	130	M			INDIVIDUAL	00:55:28	00:54:38
1367	831	NUNO ESTACIO	35	M3539	230	M			INDIVIDUAL	00:55:28	00:54:45
1368	1865	AUGUSTO VIEIRA	41	M4044	229	M			INDIVIDUAL	00:55:28	00:54:16
1369	3131	PEDRO RUA	36	M3539	231	M			C MILLENNIUM BCP	00:55:28	00:54:16
1370	1548	CRISTINA SILVA	39	F3544	36	F			INDIVIDUAL	00:55:29	00:53:59
1371	3172	JOAO LOZANO	20	M2034	292	M			JORGE LOZANO	00:55:29	00:54:49
1372	3720	FERNANDO SANTOS	66	M6099	80	M			RFM	00:55:29	00:55:00
1373	1113	JOSE LAMEIRA	33	M2034	293	M			INDIVIDUAL	00:55:30	00:54:47
1374	3229	PEDRO AFONSO	27	M2034	294	M			CLUBE ANACOM	00:55:30	00:54:13
1375	3465	ANA MARCELINO	20	F2034	48	F			INDIVIDUAL	00:55:31	00:54:43
1376	80	PAULO ROXO	37	M3539	232	M			INDIVIDUAL	00:55:32	00:55:17
1377	1443	PEDRO FERREIRA	33	M2034	295	M			INDIVIDUAL	00:55:34	00:55:01
1378	3244	ZACARIAS ALVES	51	M5054	131	M			NA PAPAGAIOS	00:55:35	00:55:00
1379	1225	PAULO CARVALHO	58	M5559	89	M			CP EDP LISBOA	00:55:36	00:55:30
1380	1627	JOAO CUNHA	60	M6099	81	M			INDIVIDUAL	00:55:37	00:54:26

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1381	1751	MIGUEL CASTELA	41	M4044	230	M			AA LEBRES SADO	00:55:38	00:54:32
1382	3182	JOSE DIAS	55	M5559	90	M			CLUBE AUTOCOOPE	00:55:38	00:55:16
1383	3323	SERGIO BORGES	39	M3539	233	M			CLUBE AUTOCOOPE	00:55:38	00:55:16
1384	108	CARLOS SEPULVEDA	38	M3539	234	M			CARACOIS ASFALTO	00:55:39	00:54:52
1385	53	FERNANDO CORREIA	45	M4549	192	M			OS CORREIAS	00:55:40	00:54:59
1386	688	CARLOS BERNARDO	40	M4044	231	M			INDIVIDUAL	00:55:40	00:54:27
1387	1201	JACQUELINE OWEN	46	F4554	27	F			ANGELIC	00:55:40	00:54:31
1388	1850	CARLOS ALMEIDA	46	M4549	193	M			INDIVIDUAL	00:55:40	00:54:30
1389	54	PEDRO CORREIA	18	M1819	19	M			OS CORREIAS	00:55:42	00:55:01
1390	3154	HELDER MACHADO	39	M3539	235	M			RB RUNNING	00:55:42	00:55:26
1391	555	CARLOS SAMPAIO	50	M5054	132	M			INDIVIDUAL	00:55:43	00:54:55
1392	860	RUI DIAS	45	M4549	194	M			INDIVIDUAL	00:55:44	00:54:59
1393	3718	JOSE A SILVA	67	M6099	82	M			RFM	00:55:45	00:55:17
1394	1478	FRANCISCO JOAO	30	M2034	296	M			INDIVIDUAL	00:55:46	00:55:06
1395	791	JOSE MONTEIRO	55	M5559	91	M			INDIVIDUAL	00:55:47	00:54:12
1396	661	BRUNO DIAS	37	M3539	236	M			FAMILIA DIAS	00:55:48	00:54:31
1397	662	JOSE DIAS	68	M6099	83	M			FAMILIA DIAS	00:55:49	00:54:33
1398	2188	HELENA FREITAS	29	F2034	49	F			INDIVIDUAL	00:55:49	00:54:03
1399	1879	RUI MATOS	27	M2034	297	M			INDIVIDUAL	00:55:50	00:54:31
1400	1852	LINO TUDELA	47	M4549	195	M			INDIVIDUAL	00:55:51	00:55:33
1401	476	JOEL M GUEDES	37	M3539	237	M			C COLAB AXA	00:55:52	00:54:48
1402	85	MARIA SEBASTIAO	50	F4554	28	F			INDIVIDUAL	00:55:53	00:55:36
1403	3022	JOSE RIBEIRO	67	M6099	84	M			GD SANTANDER	00:55:53	00:54:52
1404	3665	TIAGO LIMA	21	M2034	298	M			D MONTE REAL	00:55:54	00:55:26
1405	1654	JORGE MOSA	63	M6099	85	M			INDIVIDUAL	00:55:55	00:55:35
1406	782	JOAO REIS	40	M4044	232	M			CASCAIS PANDILHA	00:55:57	00:53:57
1407	1000	FRANCISCO CARVALHO	41	M4044	233	M			INDIVIDUAL	00:55:58	00:55:03
1408	3280	RICARDO SILVA	35	M3539	238	M			CLUBE GRUPO BES	00:55:59	00:55:15
1409	720	CARLOS FERRO	37	M3539	239	M			INDIVIDUAL	00:56:00	00:55:49
1410	1163	VITOR MARTINS	37	M3539	240	M			INDIVIDUAL	00:56:00	00:55:42
1411	3237	PEDRO CARRASCO	40	M4044	234	M			SS MONTEPIO	00:56:00	00:54:54
1412	1011	PEDRO MORAIS	38	M3539	241	M			INDIVIDUAL	00:56:01	00:56:01
1413	3470	MIGUEL MATOS	42	M4044	235	M			DOR BURRO	00:56:03	00:54:00
1414	1444	JORGE DUARTE	43	M4044	236	M			INDIVIDUAL	00:56:05	00:55:28
1415	242	NUNO LOPES	41	M4044	237	M			INDIVIDUAL	00:56:06	00:55:58
1416	2293	JOAO PEREIRA	40	M4044	238	M			INDIVIDUAL	00:56:06	00:55:50
1417	664	CARLOS PEREIRA	40	M4044	239	M			INDIVIDUAL	00:56:07	00:55:58
1418	756	MIGUEL VALE	39	M3539	242	M			INDIVIDUAL	00:56:07	00:55:12
1419	3447	PAULO CORREIA	35	M3539	243	M			INDIVIDUAL	00:56:07	00:54:26
1420	707	FERNANDO FRAGATEIRO	52	M5054	133	M			GDC PORTO SINES	00:56:08	00:54:41
1421	1402	HENRIQUE RUAS	72	M6099	86	M			CCD O ALVITEJO	00:56:08	00:55:34
1422	3359	BRUNO PINTO	36	M3539	244	M			JARBS	00:56:08	00:54:12

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1423	13	PAULO NEVES	35	M3539	245	M			CCD SINTRENSE	00:56:09	00:55:05
1424	3176	ROGERIO DIAS	41	M4044	240	M			BOM PETISCO	00:56:10	00:55:48
1425	3657	MARGARIDA COELHO	64	F5599	5	F			D MONTE REAL	00:56:10	00:55:57
1426	1750	CECILIA NICOLAU	45	F4554	29	F			AA LEBRES SADO	00:56:11	00:55:08
1427	3653	JOSE MAN	71	M6099	87	M			D MONTE REAL	00:56:11	00:55:21
1428	3515	NUNO TAVARES	31	M2034	299	M			LNPF	00:56:12	00:55:07
1429	685	IVONE MATOS	30	F2034	50	F			INDIVIDUAL	00:56:13	00:55:39
1430	3358	RICARDO TEIXEIRA	19	M1819	20	M			LNPF	00:56:13	00:55:10
1431	1996	NUNO ALMEIDA	27	M2034	300	M			INDIVIDUAL	00:56:14	00:55:17
1432	3108	JORGE LOURENÇO	37	M3539	246	M			C MILLENNIUM BCP	00:56:14	00:54:38
1433	2354	JORGE MATOS	44	M4044	241	M			INDIVIDUAL	00:56:15	00:55:13
1434	191	ANA P MATIAS	47	F4554	30	F			C COLAB AXA	00:56:17	00:55:02
1435	760	NUNO GUERREIRO	33	M2034	301	M			INDIVIDUAL	00:56:17	00:54:14
1436	1128	ANTONIO MARQUES	63	M6099	88	M			EQUIPA 1	00:56:17	00:55:03
1437	437	RUI VILA	29	M2034	302	M			INDIVIDUAL	00:56:18	00:50:13
1438	1799	FILIFE NASCIMENTO	30	M2034	303	M			INDIVIDUAL	00:56:18	00:55:52
1439	2375	JOAO DESIRA	22	M2034	304	M			FAMILIA TOTO	00:56:18	00:56:00
1440	45	JOSE NOGUEIRA	51	M5054	134	M			INDIVIDUAL	00:56:20	00:55:15
1441	3472	EMIDIO CARRAPEIRO	51	M5054	135	M			DOR BURRO	00:56:20	00:54:17
1442	2008	JOAO BATISTA	59	M5559	92	M			INDIVIDUAL	00:56:21	00:55:17
1443	1255	EDUARDO RODRIGUES	32	M2034	305	M			SS CGD	00:56:22	00:55:31
1444	49	VITOR GONCALVES	42	M4044	242	M			INDIVIDUAL	00:56:23	00:55:27
1445	1253	PEDRO COSTA	36	M3539	247	M			SS CGD	00:56:23	00:55:32
1446	2211	MARIO SANTOS	48	M4549	196	M			INDIVIDUAL	00:56:23	00:55:01
1447	3311	JOAO LANDEIRO	66	M6099	89	M			INDIVIDUAL	00:56:25	00:55:35
1448	3175	FERNANDO LOURENÇO	61	M6099	90	M			BOM PETISCO	00:56:26	00:56:03
1449	1768	MARTIM FRANCA	41	M4044	243	M			INDIVIDUAL	00:56:27	00:54:21
1450	1146	JOHANNA MOLINA	42	F3544	37	F			MEGACAMPO.COM.P	00:56:28	00:56:19
1451	1206	PEDRO BRETES	47	M4549	197	M			INDIVIDUAL	00:56:28	00:55:36
1452	1390	FRANCISCO VARANDAS	21	M2034	306	M			AINDA FALTA MUITO	00:56:28	00:54:46
1453	1145	PEDRO C OLIVEIRA	41	M4044	244	M			MEGACAMPO.COM.P	00:56:29	00:56:19
1454	2229	EMIDIO SANTOS	47	M4549	198	M			INDIVIDUAL	00:56:29	00:55:07
1455	273	PEDRO GIL	35	M3539	248	M			INDIVIDUAL	00:56:31	00:55:40
1456	1384	DANIEL ENES	26	M2034	307	M			INDIVIDUAL	00:56:32	00:55:51
1457	1052	PEDRO BARBOSA	49	M4549	199	M			INDIVIDUAL	00:56:33	00:55:43
1458	1243	FERNANDO ALVES	50	M5054	136	M			SS CGD	00:56:33	00:55:10
1459	663	ANTONIO PACHECO	56	M5559	93	M			INDIVIDUAL	00:56:34	00:54:48
1460	2111	NICOLAS COUTY	38	M3539	249	M			INDIVIDUAL	00:56:34	00:55:20
1461	330	ANTONIO FERREIRA	63	M6099	91	M			INDIVIDUAL	00:56:35	00:55:38
1462	850	CATARINA LAMEGO	21	F2034	51	F			INDIVIDUAL	00:56:35	00:55:15
1463	919	RICARDO SILVA	35	M3539	250	M			INDIVIDUAL	00:56:35	00:56:14
1464	3331	JOAO RODRIGUES	53	M5054	137	M			UF DEGOLADOS	00:56:35	00:55:26

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1465	2255	BERNARDO NUNES	29	M2034	308	M			INDIVIDUAL	00:56:36	00:54:33
1466	3313	HENRIQUE PARENTE	27	M2034	309	M			INDIVIDUAL	00:56:36	00:54:29
1467	2204	GONCALO AMARO	35	M3539	251	M			INDIVIDUAL	00:56:37	00:55:58
1468	951	JOAO JACINTO	31	M2034	310	M			INDIVIDUAL	00:56:38	00:55:48
1469	1683	ISABEL FLORES	43	F3544	38	F			INDIVIDUAL	00:56:38	00:56:11
1470	115	PAULO CORREIA	44	M4044	245	M			INDIVIDUAL	00:56:41	00:55:20
1471	321	JOAO PINTO	42	M4044	246	M			INDIVIDUAL	00:56:43	00:53:25
1472	187	NUNO ANDRADE	40	M4044	247	M			INDIVIDUAL	00:56:45	00:53:36
1473	368	RAFAEL SANTOS	29	M2034	311	M			INDIVIDUAL	00:56:48	00:51:27
1474	1508	MARTA CARVALHO	35	F3544	39	F			5 + UMA	00:56:48	00:55:53
1475	1483	HUGO ALMEIDA	31	M2034	312	M			INDIVIDUAL	00:56:50	00:55:47
1476	1708	PAULO CARVALHO	25	M2034	313	M			CONSUELA	00:56:50	00:52:07
1477	2139	PAULO ANTUNES	41	M4044	248	M			INDIVIDUAL	00:56:50	00:55:50
1478	2389	TIAGO CORREIA	28	M2034	314	M			INDIVIDUAL	00:56:50	00:55:50
1479	3656	MANUEL ROSADO	63	M6099	92	M			D MONTE REAL	00:56:52	00:56:27
1480	1072	EDGAR MARQUES	57	M5559	94	M			INDIVIDUAL	00:56:53	00:56:05
1481	1813	FREDERICO SOUSA	49	M4549	200	M			LEBRES	00:56:54	00:56:16
1482	3236	PATRICIA FALCAO	38	F3544	40	F			SS MONTEPIO	00:56:56	00:55:15
1483	1408	MIGUEL RIJO	40	M4044	249	M			INDIVIDUAL	00:56:57	00:55:30
1484	1033	BRUNO CERQUEIRA	40	M4044	250	M			INDIVIDUAL	00:56:58	00:56:04
1485	408	FRANCISCO M REGO	43	M4044	251	M			INDIVIDUAL	00:56:59	00:55:11
1486	1781	ANDRE C GUIMARAES	29	M2034	315	M			TEJAVISTA	00:57:00	00:55:00
1487	955	CLAUDIA BARRAGON	40	F3544	41	F			INDIVIDUAL	00:57:02	00:56:32
1488	957	MIGUEL CUNHA	42	M4044	252	M			INDIVIDUAL	00:57:02	00:56:32
1489	3138	ERNESTO MORUJO	75	M6099	93	M			C MILLENNIUM BCP	00:57:02	00:56:38
1490	3178	JOAO PEREIRA	40	M4044	253	M			BOM PETISCO	00:57:02	00:56:38
1491	678	PAULO MARTINS	37	M3539	252	M			OS ESTAROLAS	00:57:04	00:55:00
1492	2348	DANIEL NUNES	33	M2034	316	M			INDIVIDUAL	00:57:08	00:56:15
1493	2251	LUIS PETISCA	58	M5559	95	M			INDIVIDUAL	00:57:09	00:55:08
1494	75	JOSE VALE	52	M5054	138	M			INDIVIDUAL	00:57:12	00:57:05
1495	2176	CARLOS VIEGAS	54	M5054	139	M			GDCT UNICRE	00:57:12	00:56:35
1496	1982	PAULO DUARTE	47	M4549	201	M			GDCT UNICRE	00:57:13	00:56:37
1497	735	ALEXANDRE RAMOS	22	M2034	317	M			INDIVIDUAL	00:57:14	00:56:42
1498	1486	RITA SOUSA	20	F2034	52	F			INDIVIDUAL	00:57:14	00:55:39
1499	3133	JOSE DIAS	48	M4549	202	M			C MILLENNIUM BCP	00:57:15	00:56:17
1500	3217	ADELINO PEREIRA	48	M4549	203	M			ODEBRECHT/BPC	00:57:15	00:56:24
1501	3434	ANTONIO PIÇARRA	64	M6099	94	M			INDIVIDUAL	00:57:15	00:55:59
1502	816	SERGIO PEREIRA	40	M4044	254	M			CLUBE VODAFONE	00:57:17	00:56:37
1503	352	Mª TERESA FERNANDES	47	F4554	31	F			INDIVIDUAL	00:57:18	00:55:12
1504	1641	SERGIO GALO	32	M2034	318	M			INDIVIDUAL	00:57:18	00:56:12
1505	1814	TIAGO FERREIRA	33	M2034	319	M			INDIVIDUAL	00:57:18	00:56:13
1506	753	ARMENIO PATRICIO	72	M6099	95	M			LINDA PASTORA SC	00:57:19	00:56:37

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1507	1037	CARLOS MARQUES	74	M6099	96	M			LINDA PASTORA SC	00:57:19	00:56:36
1508	1579	RUI ARAUJO	31	M2034	320	M			LOPES ARAUJO	00:57:19	00:57:04
1509	1826	DOMINGOS COELHO	38	M3539	253	M			CCDP MUN CASCAIS	00:57:19	00:57:19
1510	595	RUI GONCALVES	28	M2034	321	M			INDIVIDUAL	00:57:20	00:51:13
1511	3405	LOURENÇO MENEZES	42	M4044	255	M			DESTAK	00:57:20	00:57:20
1512	181	FERNANDO FIAES	48	M4549	204	M			INDIVIDUAL	00:57:23	00:56:01
1513	271	PAULO TAINHA	48	M4549	205	M			INDIVIDUAL	00:57:23	00:57:19
1514	596	GIUSEPPE RUSSO	52	M5054	140	M			INDIVIDUAL	00:57:24	00:57:17
1515	1416	PEDRO GOMES	55	M5559	96	M			INDIVIDUAL	00:57:24	00:56:49
1516	2105	RICARDO VINAGRE	32	M2034	322	M			GRUPO CARMO	00:57:24	00:56:08
1517	1295	ANTONIO JESUS	68	M6099	97	M			GRUPO CARMO	00:57:25	00:56:01
1518	3278	RICARDO FERNANDES	53	M5054	141	M			CLUBE GRUPO BES	00:57:25	00:57:09
1519	248	PEDRO AZEVEDO	43	M4044	256	M			INDIVIDUAL	00:57:26	00:56:24
1520	1328	NUNO PRATES	41	M4044	257	M			INDIVIDUAL	00:57:26	00:56:32
1521	3729	ALEXANDRA TORRES	42	F3544	42	F			HOLMES PLACE	00:57:26	00:56:38
1522	1827	ALEXANDRA MACHADO	32	F2034	53	F			CCDP MUN CASCAIS	00:57:27	00:56:55
1523	3576	PAULA MACHADO	58	F5599	6	F			CCDP MUN CASCAIS	00:57:29	00:57:29
1524	289	MIGUEL M REGO	46	M4549	206	M			INDIVIDUAL	00:57:30	00:55:42
1525	3613	AUREA SEQUEIRA	46	F4554	32	F			AM ATIBA	00:57:30	00:57:17
1526	877	IOLANDA SILVA	32	F2034	54	F			ACADEMIA KORPO	00:57:31	00:56:41
1527	1793	ANTONIO RIBEIRO	27	M2034	323	M			INDIVIDUAL	00:57:31	00:56:00
1528	706	PEDRO LOURENCO	37	M3539	254	M			INDIVIDUAL	00:57:32	00:56:50
1529	725	SANDRA NUNES	34	F2034	55	F			INDIVIDUAL	00:57:32	00:56:46
1530	726	SOFIA TEIXEIRA	32	F2034	56	F			INDIVIDUAL	00:57:32	00:56:45
1531	3219	LUIS ROQUE	40	M4044	258	M			ODEBRECHT/BPC	00:57:32	00:56:43
1532	208	JOAQUIM FONSECA	56	M5559	97	M			OS SUPER	00:57:34	00:57:03
1533	1841	RITA MONTALVAO	37	F3544	43	F			DREAM TEAM	00:57:35	00:56:42
1534	3232	ROGERIO PINA	58	M5559	98	M			CLUBE ANACOM	00:57:36	00:57:29
1535	2063	Mª LEONOR PURIFICACAO	49	F4554	33	F			INDIVIDUAL	00:57:37	00:57:04
1536	1978	FILIPA REIS	40	F3544	44	F			INDIVIDUAL	00:57:40	00:56:44
1537	3590	FERNANDO CARDOSO	60	M6099	98	M			NAZ ABOBODA	00:57:40	00:57:02
1538	499	CAROLE JOMBART	35	F3544	45	F			MENCUCCI/	00:57:41	00:56:28
1539	2071	MARTIM FIGUEIREDO	40	M4044	259	M			INDIVIDUAL	00:57:42	00:56:22
1540	3044	BERNARDO PEREIRA	22	M2034	324	M			GD INE	00:57:44	00:57:44
1541	84	MARIA LEITAO	51	F4554	34	F			INDIVIDUAL	00:57:45	00:57:11
1542	3537	NUNO FONSECA	37	M3539	255	M			INDIVIDUAL	00:57:45	00:56:52
1543	917	LOURENCO SABINO	43	M4044	260	M			INDIVIDUAL	00:57:46	00:57:01
1544	3233	JAIME GOMES	56	M5559	99	M			SS MONTEPIO	00:57:46	00:55:52
1545	3238	PEDRO RAMOS	52	M5054	142	M			SS MONTEPIO	00:57:46	00:55:52
1546	2182	JOSE VEIGA	63	M6099	99	M			INDIVIDUAL	00:57:47	00:57:15
1547	3145	FERNANDO DOMINGUES	59	M5559	100	M			C MILLENNIUM BCP	00:57:47	00:56:05
1548	204	JOAO DIAS	40	M4044	261	M			INDIVIDUAL	00:57:49	00:57:43

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1549	1205	PAUL O RODRIGUES	41	M4044	262	M			ANGELIC	00:57:49	00:56:37
1550	2352	PAULO SANTOS	44	M4044	263	M			INDIVIDUAL	00:57:50	00:56:14
1551	3639	ANTONIA OLEIRO	45	F4554	35	F			D MONTE REAL	00:57:50	00:57:34
1552	291	NUNO MONTENEGRO	41	M4044	264	M			GRANDES CHEFES	00:57:51	00:57:05
1553	1844	MANUEL NORTE	45	M4549	207	M			CLUBE ANA LISBOA	00:57:53	00:55:49
1554	2240	CESAR VIEIRA	37	M3539	256	M			INDIVIDUAL	00:57:53	00:57:53
1555	1686	FRANCISCO TEIXEIRA	39	M3539	257	M			INDIVIDUAL	00:57:54	00:56:30
1556	3726	BRUNO SANTOS	19	M1819	21	M			HOLMES PLACE	00:57:55	00:55:56
1557	3746	RICARDO FERREIRA	35	M3539	258	M			HOLMES PLACE	00:57:57	00:56:05
1558	3748	MARTA COELHO	29	F2034	57	F			HOLMES PLACE	00:57:57	00:56:06
1559	280	JOAO FONSECA	58	M5559	101	M			INDIVIDUAL	00:57:58	00:56:30
1560	1471	HUGO CASTANHEIRA	33	M2034	325	M			INDIVIDUAL	00:57:58	00:51:23
1561	948	TIAGO SILVA	35	M3539	259	M			INDIVIDUAL	00:58:00	00:56:41
1562	1476	MARIANA MARQUES	23	F2034	58	F			INDIVIDUAL	00:58:01	00:56:35
1563	1477	JOAO PEREIRA	25	M2034	326	M			INDIVIDUAL	00:58:02	00:56:37
1564	1533	SOFIA DELGADO	24	F2034	59	F			RAIL RUNNERS	00:58:03	00:56:41
1565	215	FILIPE GIL	38	M3539	260	M			INDIVIDUAL	00:58:04	00:57:48
1566	1470	RENATO SILVA	31	M2034	327	M			INDIVIDUAL	00:58:04	00:57:10
1567	3288	IDALECIO MOURAO	71	M6099	100	M			J FREG TORRAO	00:58:05	00:57:07
1568	60	PAUL ECKARDT	55	M5559	102	M			INDIVIDUAL	00:58:06	00:57:58
1569	2110	NUNO PEREIRA	36	M3539	261	M			INDIVIDUAL	00:58:06	00:57:02
1570	265	ELENA IABANJI	45	F4554	36	F			INDIVIDUAL	00:58:07	00:57:34
1571	1376	RICARDO NUNES	44	M4044	265	M			INDIVIDUAL	00:58:07	00:57:12
1572	481	RICARDO LUCIO	36	M3539	262	M			INDIVIDUAL	00:58:09	00:57:02
1573	636	JACKIE CORREIA	54	F4554	37	F			INDIVIDUAL	00:58:09	00:57:12
1574	695	PEDRO F COSTA	41	M4044	266	M			C COLAB AXA	00:58:09	00:56:58
1575	3432	PAULO PIMENTEL	51	M5054	143	M			INDIVIDUAL	00:58:10	00:57:52
1576	973	LUCELIA TAVARES	29	F2034	60	F			INDIVIDUAL	00:58:12	00:57:08
1577	1160	JOSE VIANA	37	M3539	263	M			INDIVIDUAL	00:58:12	00:57:31
1578	2216	CARLOS MORGADO	49	M4549	208	M			CP EDP LISBOA	00:58:12	00:57:29
1579	279	GRACA FONSECA	54	F4554	38	F			INDIVIDUAL	00:58:13	00:56:47
1580	1634	JOAO OLIVEIRA	58	M5559	103	M			INDIVIDUAL	00:58:13	00:57:41
1581	2325	JOAO MARCOS	18	M1819	22	M			INDIVIDUAL	00:58:14	00:58:14
1582	1990	ISABEL RIBEIRO	40	F3544	46	F			QUARTETO	00:58:15	00:56:40
1583	3507	VALTER SALGADO	54	M5054	144	M			SERRA ESTRELA	00:58:15	00:56:58
1584	1245	FRANCISCO CLERIGO	59	M5559	104	M			SS CGD	00:58:17	00:56:50
1585	1292	JOSE FARRICA	50	M5054	145	M			GRUPO CARMO	00:58:17	00:56:37
1586	3604	Mª JOAO SILVA	37	F3544	47	F			NAZ ABOBODA	00:58:17	00:57:23
1587	1415	RUI DORES	30	M2034	328	M			INDIVIDUAL	00:58:18	00:58:18
1588	2287	RICRADO CARVALHO	42	M4044	267	M			INDIVIDUAL	00:58:20	00:57:39
1589	3609	VIRGILIO CARLOS	50	M5054	146	M			NAZ ABOBODA	00:58:20	00:57:25
1590	862	RUI AFONSO	43	M4044	268	M			INDIVIDUAL	00:58:21	00:58:03

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1591	2285	ANA CARVALHO	42	F3544	48	F			INDIVIDUAL	00:58:22	00:57:40
1592	2297	SAMUEL JACINTO	24	M2034	329	M			INDIVIDUAL	00:58:22	00:57:40
1593	1891	JORGE GONCALVES	32	M2034	330	M			INDIVIDUAL	00:58:23	00:56:16
1594	3495	FRANCISCO FIGUEIREDO	54	M5054	147	M			INDIVIDUAL	00:58:23	00:56:44
1595	190	PEDRO PARREIRA	35	M3539	264	M			INDIVIDUAL	00:58:24	00:57:03
1596	342	MARIO RIBEIRO	39	M3539	265	M			INDIVIDUAL	00:58:25	00:56:25
1597	737	SARA PAULINO	30	F2034	61	F			INDIVIDUAL	00:58:26	00:57:26
1598	999	MARIA CARVALO	37	F3544	49	F			INDIVIDUAL	00:58:26	00:57:29
1599	2199	LUIS FURA	27	M2034	331	M			INDIVIDUAL	00:58:26	00:57:37
1600	3478	ANDRE FERNANDO	23	M2034	332	M			INDIVIDUAL	00:58:26	00:52:39
1601	3685	PAULO SOARES	47	M4549	209	M			NA ALCABIDECHE	00:58:26	00:57:58
1602	2121	MIGUEL OLIVEIRA	39	M3539	266	M			VALADARES	00:58:28	00:57:44
1603	2350	LEONEL LOPES	56	M5559	105	M			INDIVIDUAL	00:58:28	00:57:55
1604	3197	MIGUEL RANGEL	36	M3539	267	M			CLUBE STRESS	00:58:29	00:56:56
1605	3692	LUIS LOURENCO	42	M4044	269	M			CM CASCAIS	00:58:29	00:56:44
1606	3268	JOAO SOARES	40	M4044	270	M			CCDP MUN CASCAIS	00:58:30	00:56:46
1607	3516	GONCALO UVA	35	M3539	268	M			GOODLIFE	00:58:30	00:57:51
1608	7	ANTONIO COSTA	61	M6099	101	M			INDIVIDUAL	00:58:31	00:57:04
1609	694	PAULO PONTES	45	M4549	210	M			INDIVIDUAL	00:58:31	00:56:19
1610	1559	JOSE C ANTUNES	38	M3539	269	M			INDIVIDUAL	00:58:31	00:58:05
1611	2326	SAGI KOSHET	46	M4549	211	M			INDIVIDUAL	00:58:31	00:57:13
1612	3517	PEDRO UVA	33	M2034	333	M			GOODLIFE	00:58:31	00:57:52
1613	493	EDGAR BONITO	27	M2034	334	M			INDIVIDUAL	00:58:32	00:58:32
1614	1603	MICAELA ARAUJO	39	F3544	50	F			GD CIMPOR	00:58:32	00:57:25
1615	1833	HUMBERTO VALENTIM	34	M2034	335	M			INDIVIDUAL	00:58:32	00:58:07
1616	3173	CARLOS MIRANDA	50	M5054	148	M			JORGE LOZANO	00:58:32	00:57:52
1617	1600	JOAO C FERREIRA	40	M4044	271	M			GD CIMPOR	00:58:34	00:57:24
1618	322	MARIO PIRES	53	M5054	149	M			INDIVIDUAL	00:58:35	00:57:46
1619	444	MARTINHO TOJO	53	M5054	150	M			INDIVIDUAL	00:58:36	00:57:32
1620	3569	GRACIANO MUCHAXO	52	M5054	151	M			CCDP MUN CASCAIS	00:58:36	00:56:38
1621	1823	CARLOS GRACA	45	M4549	212	M			CCDP MUN CASCAIS	00:58:37	00:57:27
1622	2253	EMIDIO ALEXANDRE	54	M5054	152	M			INDIVIDUAL	00:58:37	00:57:44
1623	2367	EMANUEL EBRERO	38	M3539	270	M			INDIVIDUAL	00:58:39	00:57:06
1624	3686	RUI SOARES	37	M3539	271	M			CM CASCAIS	00:58:39	00:58:18
1625	3402	ANA FARO	32	F2034	62	F			DESTAK	00:58:40	00:57:43
1626	2278	CRISTIANA SANTOS	20	F2034	63	F			CA PENAFIRME	00:58:41	00:58:17
1627	72	CRISTINA LOUREIRO	33	F2034	64	F			MARGINALARM	00:58:42	00:57:15
1628	2270	PAULO PEREIRA	39	M3539	272	M			CA PENAFIRME	00:58:42	00:58:19
1629	73	JOSE METELO	53	M5054	153	M			MARGINALARM	00:58:43	00:57:15
1630	3458	CARLOS GOMES	52	M5054	154	M			INDIVIDUAL	00:58:43	00:57:58
1631	48	JOAO P S PIRES	18	M1819	23	M			INDIVIDUAL	00:58:45	00:58:38
1632	146	RON FRANKEN	57	M5559	106	M			INDIVIDUAL	00:58:46	00:57:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1633	3147	PEDRO FERNANDES	36	M3539	273	M			C MILLENNIUM BCP	00:58:49	00:58:23
1634	3570	IVONE PEREIRA	45	F4554	39	F			CCDP MUN CASCAIS	00:58:51	00:58:36
1635	244	ANTONIO LOPES	57	M5559	107	M			INDIVIDUAL	00:58:52	00:57:47
1636	3319	FERNANDO PIRES	42	M4044	272	M			INDIVIDUAL	00:58:53	00:57:11
1637	3239	TERESA CARDOSO	33	F2034	65	F			SS MONTEPIO	00:58:55	00:58:08
1638	120	FILIPE LEITAO	35	M3539	274	M			INDIVIDUAL	00:58:56	00:56:30
1639	428	SUSANA FERREIRA	25	F2034	66	F			PAREDE	00:58:56	00:57:02
1640	1391	LUIS MARTINS	46	M4549	213	M			AINDA FALTA MUITO	00:58:58	00:57:14
1641	3240	RUI PAULO	47	M4549	214	M			NA PAPAGAIOS	00:58:59	00:58:25
1642	640	MARCO DINIS	44	M4044	273	M			INDIVIDUAL	00:59:00	00:56:49
1643	1293	DUARTE RIBEIRO	38	M3539	275	M			GRUPO CARMO	00:59:00	00:57:19
1644	1262	PAULO QUENDERA	37	M3539	276	M			INDIVIDUAL	00:59:01	00:58:03
1645	3679	JOSE FARTARIA	59	M5559	108	M			NA ALCABIDECHE	00:59:02	00:57:22
1646	416	SERGIO PASCOA	47	M4549	215	M			INDIVIDUAL	00:59:03	00:58:10
1647	3682	MARIA ALVES	50	F4554	40	F			NA ALCABIDECHE	00:59:03	00:57:23
1648	1594	CATARINA CORREIA	23	F2034	67	F			INDIVIDUAL	00:59:04	00:58:06
1649	1752	PAULO PAREDES	39	M3539	277	M			AA LEBRES SADO	00:59:04	00:58:13
1650	3681	MARIA ALBERTO	50	F4554	41	F			NA ALCABIDECHE	00:59:04	00:57:25
1651	700	ANTONIO PAULINO	59	M5559	109	M			PAULINOS	00:59:05	00:58:25
1652	570	MIGUEL PEIXOTO	45	M4549	216	M			ACOREANA C BANIF	00:59:06	00:58:20
1653	3135	JOSE SILVA	46	M4549	217	M			C MILLENNIUM BCP	00:59:06	00:58:19
1654	574	PAULO PEIXOTO	53	M5054	155	M			ACOREANA C BANIF	00:59:07	00:58:20
1655	942	JOSE AMOREIRA	45	M4549	218	M			INDIVIDUAL	00:59:07	00:56:51
1656	61	NUNO MONIZ	39	M3539	278	M			INDIVIDUAL	00:59:08	00:58:45
1657	167	JACINTO GODINHO	48	M4549	219	M			GODINHO	00:59:08	00:57:56
1658	64	RICARDO ALVES	42	M4044	274	M			INDIVIDUAL	00:59:10	00:58:22
1659	1398	LUIS SOUSA	35	M3539	279	M			INDIVIDUAL	00:59:11	00:59:11
1660	3360	JOSE M J S AMARO	53	M5054	156	M			INDIVIDUAL	00:59:12	00:59:12
1661	1237	MARTA HORTENCIO	34	F2034	68	F			INDIVIDUAL	00:59:13	00:57:33
1662	1338	MARIA MARTINS	42	F3544	51	F			INDIVIDUAL	00:59:13	00:57:25
1663	3357	JORGE M BRITO	41	M4044	275	M			INDIVIDUAL	00:59:14	00:53:08
1664	1582	CESAR C LINDA	40	M4044	276	M			INDIVIDUAL	00:59:16	00:58:45
1665	3106	RODOLFO LIMA	45	M4549	220	M			C MILLENNIUM BCP	00:59:19	00:58:54
1666	173	JOAO BIO	34	M2034	336	M			INDIVIDUAL	00:59:20	00:57:24
1667	369	FRANCISCO SANTOS	56	M5559	110	M			INDIVIDUAL	00:59:20	00:58:24
1668	3330	MARCO CRUZ	33	M2034	337	M			CR ALVORADA	00:59:20	00:58:46
1669	989	NUNO SEQUEIRA	32	M2034	338	M			POUCOS POR	00:59:21	00:56:13
1670	992	ANTONIO CASTANHEIRA	39	M3539	280	M			POUCOS POR	00:59:21	00:56:13
1671	3020	JOAO ROCHA	61	M6099	102	M			GD SANTANDER	00:59:25	00:59:01
1672	389	MARIA MORENO	47	F4554	42	F			INDIVIDUAL	00:59:27	00:58:56
1673	1948	FERNANDO VILELAS	37	M3539	281	M			INDIVIDUAL	00:59:27	00:58:17
1674	2364	PAULA MENEZES	45	F4554	43	F			INDIVIDUAL	00:59:28	00:58:54

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1675	718	MANUEL AZEDO	51	M5054	157	M			INDIVIDUAL	00:59:29	00:59:03
1676	390	HEITOR BAPTISTA	48	M4549	221	M			INDIVIDUAL	00:59:30	00:58:51
1677	1578	SARA LOPES	27	F2034	69	F			LOPES ARAUJO	00:59:30	00:59:15
1678	3234	JOAQUIM MELO	44	M4044	277	M			SS MONTEPIO	00:59:30	00:59:06
1679	1670	Mª ISABEL RODRIGUES	48	F4554	44	F			INDIVIDUAL	00:59:31	00:59:15
1680	3632	MONICA TEIXEIRA	27	F2034	70	F			AM ATIBA	00:59:34	00:59:22
1681	3312	AMERICO CARVALHO	39	M3539	282	M			INDIVIDUAL	00:59:35	00:57:46
1682	185	TANIA ZACARIAS	36	F3544	52	F			INDIVIDUAL	00:59:36	00:57:42
1683	771	FERNANDO NUNES	36	M3539	283	M			INDIVIDUAL	00:59:37	00:59:08
1684	258	SOREN BISHOP	34	M2034	339	M			INDIVIDUAL	00:59:42	00:58:18
1685	554	MARIA GRAY	48	F4554	45	F			CCD	00:59:43	00:59:33
1686	1616	GONCALO MESTRE	18	M1819	24	M			ALCATEL L	00:59:43	00:57:53
1687	1063	TIAGO RAMOS	34	M2034	340	M			INDIVIDUAL	00:59:45	00:58:24
1688	3220	JOAO BRANCO	65	M6099	103	M			AAE BNU	00:59:45	00:58:58
1689	3011	FABIO DIAS	40	M4044	278	M			GD SANTANDER	00:59:46	00:59:11
1690	558	ANTONIO GUEDES	41	M4044	279	M			ACOREANA C BANIF	00:59:50	00:57:27
1691	1241	AURELIO CALADO	63	M6099	104	M			SS CGD	00:59:50	00:58:26
1692	2004	JOSE DIAS	52	M5054	158	M			BRANDOA CORRE	00:59:50	00:58:26
1693	1465	JOSE MARTINS	64	M6099	105	M			INDIVIDUAL	00:59:51	00:59:10
1694	2002	JOSE PIEDADE	50	M5054	159	M			BRANDOA CORRE	00:59:51	00:58:28
1695	2061	ANTONIO REALINHO	61	M6099	106	M			INDIVIDUAL	00:59:51	00:58:04
1696	637	EMMA ASHTON	34	F2034	71	F			INDIVIDUAL	00:59:52	00:58:56
1697	1227	RUI MADEIRA	37	M3539	284	M			INDIVIDUAL	00:59:53	00:59:10
1698	153	SOFIA GOMES	36	F3544	53	F			FGF	00:59:54	00:57:53
1699	152	NUNO FERNANDES	36	M3539	285	M			FGF	00:59:55	00:57:54
1700	1485	CATIA RAMOS	30	F2034	72	F			INDIVIDUAL	00:59:58	00:59:37
1701	165	ANTONIO C NOVA	34	M2034	341	M			GODINHO	00:59:59	00:58:45
1702	3444	NUNO FIGUEIREDO	36	M3539	286	M			GOODLIFE	00:59:59	00:58:27
1703	254	ISABEL FELIX	40	F3544	54	F			INDIVIDUAL	01:00:01	00:59:20
1704	824	FERNANDO SILVA	51	M5054	160	M			INDIVIDUAL	01:00:02	00:59:21
1705	3406	PEDRO BOTELHO	39	M3539	287	M			DESTAK	01:00:06	00:58:29
1706	3416	ANDRE CUNHA	40	M4044	280	M			DESTAK	01:00:06	00:58:10
1707	17	CARLOS PEREIRA	45	M4549	222	M			CCD SINTRENSE	01:00:07	00:59:51
1708	689	PEDRO ALMEIDA	41	M4044	281	M			INDIVIDUAL	01:00:08	00:58:50
1709	473	ANA CARVALHO	35	F3544	55	F			INDIVIDUAL	01:00:09	00:58:52
1710	18	LUIZA PINTAO	58	F5599	7	F			INDIVIDUAL	01:00:10	00:59:37
1711	540	FERNANDO CLAUDINO	60	M6099	107	M			INDIVIDUAL	01:00:10	00:59:16
1712	1782	HENRIQUE GUIMARAES	60	M6099	108	M			TEJAVISTA	01:00:11	00:58:10
1713	2191	ANA CRISTINA	38	F3544	56	F			INDIVIDUAL	01:00:11	00:59:36
1714	979	JOSE CORREIA	33	M2034	342	M			CCD EFACEC LX	01:00:12	00:58:54
1715	982	RICARDO FELIX	33	M2034	343	M			CCD EFACEC LX	01:00:12	00:58:54
1716	2144	CARLOS MONTEIRO	59	M5559	111	M			INDIVIDUAL	01:00:12	01:00:12

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1717	2230	CARLOS NORTE	40	M4044	282	M			INDIVIDUAL	01:00:13	00:59:58
1718	1646	ANTONIO BERGANO	37	M3539	288	M			INDIVIDUAL	01:00:14	00:59:29
1719	3687	ANA PINHEIRO	31	F2034	73	F			CM CASCAIS	01:00:14	00:59:52
1720	2248	JOAO FIALHO	33	M2034	344	M			INDIVIDUAL	01:00:15	00:58:16
1721	545	ISABEL MONTEIRO	25	F2034	74	F			INDIVIDUAL	01:00:16	00:58:32
1722	3374	ANTONIO GARCIA	64	M6099	109	M			OS ECONOMICOS	01:00:16	00:58:51
1723	3557	MARIO MELO	61	M6099	110	M			C FERROV	01:00:16	01:00:16
1724	66	ANTONIO MOURA	55	M5559	112	M			INDIVIDUAL	01:00:17	01:00:02
1725	1400	ELISABETE AGUAS	47	F4554	46	F			CCD O ALVITEJO	01:00:17	01:00:00
1726	1401	VITOR RODRIGUES	45	M4549	223	M			CCD O ALVITEJO	01:00:17	01:00:00
1727	841	JORGE R BARROS	39	M3539	289	M			INDIVIDUAL	01:00:19	00:55:09
1728	3428	JOAQUIM GAMITO	51	M5054	161	M			INDIVIDUAL	01:00:19	01:00:16
1729	2156	ALEXANDRA COURELA	35	F3544	57	F			INDIVIDUAL	01:00:20	00:59:20
1730	1358	CARLA GRANCHO	39	F3544	58	F			GRANCHO TEAM	01:00:22	00:58:44
1731	1707	MAFALDA HIPOLITO	23	F2034	75	F			CONSUELA	01:00:23	00:55:41
1732	3110	NUNO ANJOS	45	M4549	224	M			C MILLENNIUM BCP	01:00:23	00:59:53
1733	864	ANA ANDRADE	35	F3544	59	F			JARBS	01:00:24	00:58:40
1734	585	JOAO LIMA	52	M5054	162	M			4 AO KM	01:00:26	00:59:00
1735	1695	ISABEL NEVES	51	F4554	47	F			INDIVIDUAL	01:00:27	00:59:39
1736	3072	ANTONIO SANCHES	56	M5559	113	M			GD BANCO BPI	01:00:28	00:59:23
1737	3373	JORGE BATISTA	37	M3539	290	M			OS ECONOMICOS	01:00:28	01:00:10
1738	541	BRUNO CLAUDINO	38	M3539	291	M			INDIVIDUAL	01:00:30	00:59:35
1739	2218	ANUPLIO MATOS	54	M5054	163	M			INDIVIDUAL	01:00:34	00:59:10
1740	3753	IVAN GUERRA	35	M3539	292	M			HOLMES PLACE	01:00:35	00:58:49
1741	745	JOAO P MARQUES	35	M3539	293	M			FIAT NAVIRGE	01:00:37	00:57:43
1742	794	VITOR F BRAGA	38	M3539	294	M			INDIVIDUAL	01:00:38	00:59:27
1743	1949	INES MAGALHAES	28	F2034	76	F			INDIVIDUAL	01:00:38	00:57:44
1744	3559	MIGUEL BARATA	39	M3539	295	M			C FERROV	01:00:39	01:00:02
1745	209	MERCEDES FONSECA	56	F5599	8	F			OS SUPER	01:00:40	01:00:06
1746	3362	RUI ROMAO	41	M4044	283	M			WEETABIX	01:00:40	00:58:53
1747	345	ANTONIO DOMINGOS	64	M6099	111	M			INDIVIDUAL	01:00:41	00:59:50
1748	3290	SANDRA FERNANDES	40	F3544	60	F			SCU TORREENSE	01:00:42	01:00:42
1749	690	PEDRO BARREIRA	46	M4549	225	M			INDIVIDUAL	01:00:43	00:59:36
1750	1706	JAIME RIBEIRO	24	M2034	345	M			CONSUELA	01:00:44	00:56:00
1751	604	ISABEL BUE	30	F2034	77	F			BUE DA SERRAS	01:00:45	01:00:37
1752	605	RODOLFO SERRA	30	M2034	346	M			BUE DA SERRAS	01:00:45	01:00:37
1753	300	EDUARDO COELHO	37	M3539	296	M			INDIVIDUAL	01:00:46	01:00:44
1754	786	NUNO COSTA	59	M5559	114	M			INDIVIDUAL	01:00:46	01:00:20
1755	990	CARLOS FERNANDES	32	M2034	347	M			POUCOS POR	01:00:46	00:57:35
1756	3437	DIOGO LIMA	39	M3539	297	M			INDIVIDUAL	01:00:46	00:59:57
1757	1289	PEDRO PINTO	26	M2034	348	M			PINTO	01:00:47	00:58:46
1758	317	LUIS TEIXEIRA	43	M4044	284	M			INDIVIDUAL	01:00:48	01:00:34

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1759	1159	MARIO ANGELO	27	M2034	349	M			AMIGOS MARIOS	01:00:48	00:59:34
1760	3248	ALEXANDRINA FILIPE	41	F3544	61	F			CLUBE GRUPO BES	01:00:48	01:00:35
1761	3426	TOMAS NUNES	19	M1819	25	M			INDIVIDUAL	01:00:48	00:59:18
1762	3396	PEDRO SILVA	39	M3539	298	M			DESTAK	01:00:49	00:59:01
1763	1625	RITA SANTOS	35	F3544	62	F			OS MAIORES	01:00:50	01:00:28
1764	1623	CARLOS PASSOS	32	M2034	350	M			OS MAIORES	01:00:51	01:00:29
1765	3740	DOMINGOS BRITO	36	M3539	299	M			HOLMES PLACE	01:00:51	00:58:59
1766	886	SILVESTRE MACHADO	47	M4549	226	M			MAC TEAM	01:00:53	01:00:53
1767	2368	CRISTINA FERREIRA	41	F3544	63	F			INDIVIDUAL	01:00:54	01:00:33
1768	1493	PAULO CABRAL	43	M4044	285	M			INDIVIDUAL	01:00:55	00:59:45
1769	3026	PAULA FIGUEIREDO	55	F5599	9	F			GD SANTANDER	01:00:55	01:00:03
1770	256	LUIS COITO	40	M4044	286	M			INDIVIDUAL	01:00:56	01:00:17
1771	523	TELMA MOREIRA	26	F2034	78	F			INDIVIDUAL	01:00:59	00:59:09
1772	3157	MANUEL PROENÇA	56	M5559	115	M			RB RUNNING	01:00:59	01:00:48
1773	3158	LIDIA FERREIRA	53	F4554	48	F			RB RUNNING	01:00:59	01:00:47
1774	3385	ANTONIO JS SILVA	42	M4044	287	M			CM CASCAIS	01:01:01	00:59:01
1775	119	JOAO SILVA	48	M4549	227	M			INDIVIDUAL	01:01:03	00:59:48
1776	1599	PAULO ASCENCAO	41	M4044	288	M			GD CIMPOR	01:01:03	00:59:52
1777	2104	JOSE CALDAS	56	M5559	116	M			GD CIMPOR	01:01:03	00:59:50
1778	274	JOSE GIL	40	M4044	289	M			INDIVIDUAL	01:01:04	01:00:12
1779	692	ANA PONTES	45	F4554	49	F			INDIVIDUAL	01:01:05	00:58:55
1780	3230	JAIME AFONSO	47	M4549	228	M			CLUBE ANACOM	01:01:05	01:00:13
1781	228	JOSE VILELA	47	M4549	229	M			CLUBE ROBBIALAC	01:01:06	01:00:47
1782	2226	CARLOS COSTA	56	M5559	117	M			INDIVIDUAL	01:01:06	00:59:33
1783	1629	PEDRO CORREIA	36	M3539	300	M			INDIVIDUAL	01:01:07	01:01:07
1784	2115	PAULA NOGUEIRA	36	F3544	64	F			INDIVIDUAL	01:01:07	01:00:11
1785	3048	ELSA SOARES	37	F3544	65	F			GD INE	01:01:07	01:00:53
1786	488	PAULO FERREIRA	47	M4549	230	M			INDIVIDUAL	01:01:08	00:59:36
1787	3713	RAUL ANDRADE	41	M4044	290	M			DESTAK	01:01:08	00:58:31
1788	3348	NUNO GONÇALVES	38	M3539	301	M			INDIVIDUAL	01:01:09	00:59:39
1789	3712	MARGARIDA CONDADO	34	F2034	79	F			DESTAK	01:01:09	00:58:32
1790	3345	CARLOS LOURENÇO	50	M5054	164	M			INDIVIDUAL	01:01:10	00:59:40
1791	290	ANTONIO FABIAO	48	M4549	231	M			INDIVIDUAL	01:01:11	01:00:02
1792	2143	JOAO MARQUES	32	M2034	351	M			CCD	01:01:13	01:01:01
1793	3079	MANUELA ANTON	45	F4554	50	F			CR LEOES P SALVO	01:01:13	00:59:32
1794	2366	HELDER VARANDAS	65	M6099	112	M			INDIVIDUAL	01:01:14	01:01:06
1795	2370	MARIA SIMOES	43	F3544	66	F			INDIVIDUAL	01:01:16	01:01:00
1796	107	JOSE C SANTOS	38	M3539	302	M			INDIVIDUAL	01:01:19	00:59:24
1797	110	PEDRO ALMEIDA	31	M2034	352	M			INDIVIDUAL	01:01:19	00:59:25
1798	1379	MARIO CRESPO	31	M2034	353	M			INDIVIDUAL	01:01:21	00:54:56
1799	1544	SERGIO CANDEIAS	38	M3539	303	M			INDIVIDUAL	01:01:27	00:59:55
1800	1550	SONIA SANTOS	26	F2034	80	F			TCHUTCHA ESPUMA	01:01:29	00:57:52

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1801	828	PEDRO MARQUES	37	M3539	304	M			INDIVIDUAL	01:01:31	00:59:49
1802	2232	MARIO BAI RRADA	60	M6099	113	M			INDIVIDUAL	01:01:31	00:59:29
1803	1601	RUI ZENOGLIO	39	M3539	305	M			GD CIMPOR	01:01:35	00:55:49
1804	1191	OLIMPIO GONCALVES	37	M3539	306	M			PE LEVE	01:01:38	01:01:01
1805	568	LUIS NEVES	39	M3539	307	M			ACOREANA C BANIF	01:01:40	01:00:38
1806	904	JOSE ABREU	64	M6099	114	M			GD IN CASA MOEDA	01:01:41	01:01:11
1807	3168	PAULO VALENTE	40	M4044	291	M			RB RUNNING	01:01:44	01:00:47
1808	230	JOSE RODRIGUES	60	M6099	115	M			CLUBE ROBBIALAC	01:01:45	01:01:25
1809	1123	AGAPITO BELGA	61	M6099	116	M			CA AMIGOS PARQUE	01:01:47	01:01:31
1810	3155	NUNO BENTO	39	M3539	308	M			RB RUNNING	01:01:48	01:01:13
1811	260	MANUEL PRATES	40	M4044	292	M			INDIVIDUAL	01:01:49	01:00:57
1812	1134	MARIO LAMEIRAO	64	M6099	117	M			C BENFICA ALG M	01:01:50	01:01:36
1813	594	HUGO MATIAS	34	M2034	354	M			INDIVIDUAL	01:01:54	01:01:52
1814	2217	FRANCISCO AMARAL	37	M3539	309	M			INDIVIDUAL	01:01:55	00:59:59
1815	2329	RUI COUTINHO	36	M3539	310	M			INDIVIDUAL	01:01:56	01:00:01
1816	884	JOAQUIM LEOMARO	56	M5559	118	M			LEOMARO	01:01:57	01:00:33
1817	977	ANTONIO SANTOS	50	M5054	165	M			CCD EFACEC LX	01:01:59	00:59:53
1818	346	MIGUEL CARVALHO	36	M3539	311	M			INDIVIDUAL	01:02:00	01:00:56
1819	552	RODRIGO LEITAO	32	M2034	355	M			INDIVIDUAL	01:02:00	01:00:36
1820	743	HUGO MONTEIRO	26	M2034	356	M			INDIVIDUAL	01:02:02	01:00:10
1821	2249	LUISA COUTINHO	56	F5599	10	F			INDIVIDUAL	01:02:03	01:01:21
1822	2215	NUNO VALVERDE	27	M2034	357	M			CP EDP LISBOA	01:02:04	01:00:59
1823	3456	FRANCISCO MAIA	37	M3539	312	M			INDIVIDUAL	01:02:04	01:00:36
1824	851	MANUEL LAMEGO	55	M5559	119	M			INDIVIDUAL	01:02:05	01:00:42
1825	3573	JOSE FIALHO	52	M5054	166	M			CCDP MUN CASCAIS	01:02:05	01:00:55
1826	1054	RUI FERNANDES	38	M3539	313	M			INDIVIDUAL	01:02:08	01:00:59
1827	1085	CARLOS MONTEIRO	29	M2034	358	M			INDIVIDUAL	01:02:08	01:00:46
1828	477	EMILIO MACHADO	57	M5559	120	M			INDIVIDUAL	01:02:09	01:01:14
1829	1846	ANDRE MORGADO	22	M2034	359	M			CLUBE ANA LISBOA	01:02:13	01:02:05
1830	3101	ORLANDO SOUSA	50	M5054	167	M			CCDT METRO LX	01:02:13	01:01:35
1831	3098	JOSE PIRES	76	M6099	118	M			CCDT METRO LX	01:02:14	01:01:37
1832	3404	JOAO P DURO	21	M2034	360	M			DESTAK	01:02:14	01:01:16
1833	2007	FRANCISCO RIBEIRO	24	M2034	361	M			INDIVIDUAL	01:02:23	01:00:49
1834	939	FERNANDA MOURA	51	F4554	51	F			INDIVIDUAL	01:02:25	01:01:31
1835	2349	FILIPA PONCIANO	30	F2034	81	F			INDIVIDUAL	01:02:26	01:01:30
1836	1461	BRUNO MAINHAS	34	M2034	362	M			INDIVIDUAL	01:02:27	01:01:41
1837	2263	JORGE SILVA	57	M5559	121	M			INDIVIDUAL	01:02:29	01:01:21
1838	2351	Mª ESTER PACHECO	51	F4554	52	F			INDIVIDUAL	01:02:29	01:01:45
1839	156	JOANA RODRIGUES	29	F2034	82	F			THE LEAGUE	01:02:30	01:01:37
1840	865	SONIA ARRUDA	36	F3544	67	F			JARBS	01:02:32	00:59:02
1841	1855	MARCO SILVA	42	M4044	293	M			CARACOIS ASFALTO	01:02:32	01:00:34
1842	1856	PAULO CUNHA	38	M3539	314	M			CARACOIS ASFALTO	01:02:32	01:00:35

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1843	417	RUI MARTINS	41	M4044	294	M			INDIVIDUAL	01:02:33	01:01:23
1844	3619	HERCULANO DOMINGUES	57	M5559	122	M			AM ATIBA	01:02:33	01:02:20
1845	2192	JOSE BATISTA	55	M5559	123	M			INDIVIDUAL	01:02:34	01:01:59
1846	168	JOAO CORDEIRO	37	M3539	315	M			CORDEIROS	01:02:36	01:01:26
1847	3127	CARLOS TOME	61	M6099	119	M			C MILLENNIUM BCP	01:02:37	01:00:44
1848	3707	ANTONIO ZILHAO	36	M3539	316	M			DESTAK	01:02:37	01:01:59
1849	3709	JOAO ZILHAO	37	M3539	317	M			DESTAK	01:02:37	01:01:58
1850	641	CATIA NOGUEIRA	34	F2034	83	F			CD MASSAMA O	01:02:38	01:02:07
1851	3513	EDUARDO JORGE	27	M2034	363	M			SERRA ESTRELA	01:02:38	01:01:35
1852	543	ANTONIO SILVA	58	M5559	124	M			INDIVIDUAL	01:02:39	01:01:02
1853	621	JOSE FERREIRA	39	M3539	318	M			INDIVIDUAL	01:02:44	01:01:43
1854	3663	TERESA JERONIMO	43	F3544	68	F			D MONTE REAL	01:02:45	01:02:29
1855	3518	TOMAS PIPA	24	M2034	364	M			GOODLIFE	01:02:46	01:01:12
1856	3691	ALBERTO COUTINHO	30	M2034	365	M			CM CASCAIS	01:02:46	01:00:36
1857	1615	CARLOS BARATA	42	M4044	295	M			ALCATEL L	01:02:48	01:00:58
1858	1349	NIDIA SILVA	57	F5599	11	F			INDIVIDUAL	01:02:50	01:02:19
1859	550	PEDRO SILVA	38	M3539	319	M			INDIVIDUAL	01:02:53	01:02:37
1860	1532	CATARINA BRIZIDA	20	F2034	84	F			RAIL RUNNERS	01:02:53	01:01:43
1861	3255	ISMAEL TEIXEIRA	37	M3539	320	M			CLUBE GRUPO BES	01:02:54	01:02:09
1862	223	VITOR CORDEIRO	59	M5559	125	M			INDIVIDUAL	01:02:56	01:01:45
1863	2390	ANIBAL SILVESTRE	57	M5559	126	M			INDIVIDUAL	01:02:56	01:02:45
1864	76	MIGUEL JORGE	46	M4549	232	M			INDIVIDUAL	01:02:58	01:00:57
1865	186	RICARDO ANTON	50	M5054	168	M			INDIVIDUAL	01:02:58	01:00:57
1866	3130	JOAO ALVES	64	M6099	120	M			C MILLENNIUM BCP	01:03:00	01:01:42
1867	1842	ANDRE B SIMOES	38	M3539	321	M			DREAM TEAM	01:03:01	01:03:01
1868	1045	ARMANDO S REIS	42	M4044	296	M			INDIVIDUAL	01:03:06	01:02:01
1869	74	VERA ABREU	45	F4554	53	F			INDIVIDUAL	01:03:08	01:01:08
1870	993	RICARDO CANDIDO	30	M2034	366	M			POUCOS POR	01:03:09	00:59:59
1871	1790	CATARINA PEIXOTO	21	F2034	85	F			INDIVIDUAL	01:03:17	01:01:56
1872	163	RUTE ALMEIDA	30	F2034	86	F			INDIVIDUAL	01:03:18	01:03:02
1873	981	MANUEL GOMES	67	M6099	121	M			CCD EFACEC LX	01:03:18	01:02:41
1874	132	ANA GUIMARAES	54	F4554	54	F			C COLAB AXA	01:03:19	01:02:05
1875	680	PAULO MOREIRA	41	M4044	297	M			OS ESTAROLAS	01:03:20	01:01:15
1876	1047	JOAQUIM CAPUCHO	61	M6099	122	M			INDIVIDUAL	01:03:22	01:03:13
1877	2374	GABRIEL MATEUS	39	M3539	322	M			INDIVIDUAL	01:03:22	01:02:42
1878	3479	ANA SILVEIRA	36	F3544	69	F			INDIVIDUAL	01:03:22	01:02:43
1879	1222	DONALD SMALE	61	M6099	123	M			INDIVIDUAL	01:03:23	01:02:54
1880	1830	ANDREIA RAMOS	33	F2034	87	F			INDIVIDUAL	01:03:25	01:02:58
1881	3023	JOSE SIMOES	63	M6099	124	M			GD SANTANDER	01:03:25	01:01:58
1882	829	RUI PINTO	47	M4549	233	M			INDIVIDUAL	01:03:27	00:57:30
1883	2346	JOANA LOPES	30	F2034	88	F			INDIVIDUAL	01:03:27	01:02:29
1884	3528	DIOGO F V R D FERREIRA	25	M2034	367	M			GOODLIFE	01:03:31	01:03:00

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1885	92	ALEXANDRE FARIA	56	M5559	127	M			INDIVIDUAL	01:03:32	01:03:06
1886	1531	HELENA PIRES	45	F4554	55	F			RAIL RUNNERS	01:03:32	01:02:07
1887	3094	JOAO CONSTANCIO	65	M6099	125	M			CCDT METRO LX	01:03:36	01:03:08
1888	500	BEATRIZ FIGUEIREDO	36	F3544	70	F			INDIVIDUAL	01:03:37	01:02:29
1889	3005	PAULA COSTA	42	F3544	71	F			SFUAP	01:03:37	01:02:34
1890	1987	PAULO CAPELA	42	M4044	298	M			QUARTETO	01:03:38	01:03:01
1891	1998	DIAMANTINO TEIXEIRA	49	M4549	234	M			INDIVIDUAL	01:03:38	01:03:00
1892	1442	PEDRO BENTO	33	M2034	368	M			INDIVIDUAL	01:03:41	01:03:11
1893	2280	MARIA CONCEIÇÃO	55	F5599	12	F			INDIVIDUAL	01:03:41	01:03:11
1894	679	DAVID LEITE	34	M2034	369	M			OS ESTAROLAS	01:03:42	01:01:36
1895	601	JOAO SANTANA	39	M3539	323	M			GUILTY PLEASURES	01:03:44	01:02:05
1896	767	JOAQUIM LOPES	63	M6099	126	M			INDIVIDUAL	01:03:44	01:02:09
1897	1064	ANDREIA TOURAIS	26	F2034	89	F			INDIVIDUAL	01:03:44	01:02:23
1898	1012	MARIA SOUSA	43	F3544	72	F			INDIVIDUAL	01:03:45	01:01:49
1899	319	PAULA SANTOS	36	F3544	73	F			INDIVIDUAL	01:03:46	01:02:29
1900	425	PAULO SEQUEIRA	42	M4044	299	M			INDIVIDUAL	01:03:46	01:03:24
1901	3003	JOSE SOUSA	53	M5054	169	M			SFUAP	01:03:50	01:02:43
1902	1050	PATRICIA PEREIRA	25	F2034	90	F			INDIVIDUAL	01:03:51	01:03:08
1903	3386	FERNANDO BISPO	53	M5054	170	M			CM CASCAIS	01:03:51	01:01:51
1904	3735	Mª FE RIBEIRO	51	F4554	56	F			HOLMES PLACE	01:03:52	01:03:23
1905	1546	ANTONIO SILVA	50	M5054	171	M			INDIVIDUAL	01:03:54	01:03:01
1906	3450	DIANA VALENTE	30	F2034	91	F			INDIVIDUAL	01:03:54	01:02:31
1907	3466	LUIS CLEMENTE	36	M3539	324	M			INDIVIDUAL	01:03:54	01:02:31
1908	2135	PEDRO PEDROSA	42	M4044	300	M			INDIVIDUAL	01:03:55	01:03:55
1909	2371	MANUEL RIBEIRO	58	M5559	128	M			INDIVIDUAL	01:03:58	01:03:30
1910	522	MARCOS MADEIRA	38	M3539	325	M			INDIVIDUAL	01:04:00	01:03:39
1911	184	ELISA REIS	37	F3544	74	F			INDIVIDUAL	01:04:01	01:02:03
1912	495	LEONIA CEBAN	48	F4554	57	F			INDIVIDUAL	01:04:01	01:02:21
1913	3420	DIOGO BASTOS	19	M1819	26	M			INDIVIDUAL	01:04:02	01:03:10
1914	2252	Mª JOAO RIBEIRO	47	F4554	58	F			INDIVIDUAL	01:04:03	01:03:47
1915	3009	LUIS SILVA	70	M6099	127	M			GD SANTANDER	01:04:03	01:02:10
1916	1214	RUI SARROEIRA	44	M4044	301	M			INDIVIDUAL	01:04:06	01:02:12
1917	3200	PEDRO T DUARTE	58	M5559	129	M			CLUBE STRESS	01:04:07	01:02:34
1918	2025	JULIO BISCAIA	66	M6099	128	M			INDIVIDUAL	01:04:10	01:02:57
1919	2184	JOANA COSTA	22	F2034	92	F			INDIVIDUAL	01:04:13	01:03:50
1920	2185	CARLOS LOURENCO	42	M4044	302	M			LOURENÇO	01:04:13	01:03:50
1921	46	ELSA MENDES	59	F5599	13	F			INDIVIDUAL	01:04:16	01:02:41
1922	3141	ANTONIO BOTAO	19	M1819	27	M			C MILLENNIUM BCP	01:04:16	01:02:49
1923	3449	PATRICIA BAPTISTA	36	F3544	75	F			INDIVIDUAL	01:04:17	01:02:54
1924	1154	FABIO LOUCAO	26	M2034	370	M			INFOSISTEMA RT	01:04:18	01:03:22
1925	2145	VLADIMIR BORCIC	44	M4044	303	M			INDIVIDUAL	01:04:18	01:02:50
1926	2003	JOAO VAZ	48	M4549	235	M			BRANDOA CORRE	01:04:19	01:02:56

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1927	800	JOAO J FERNANDES	35	M3539	326	M			INDIVIDUAL	01:04:22	01:03:00
1928	3445	ANA FERNANDES	32	F2034	93	F			INDIVIDUAL	01:04:22	01:03:00
1929	3412	PEDRO CABAÇO	47	M4549	236	M			DESTAK	01:04:24	01:02:29
1930	1997	LAURA CARMENATES	54	F4554	59	F			INDIVIDUAL	01:04:25	01:02:00
1931	3218	JORGE BASTOS	45	M4549	237	M			ODEBRECHT/BPC	01:04:26	01:03:38
1932	252	DAVID BACELAR	49	M4549	238	M			INDIVIDUAL	01:04:31	01:02:29
1933	3241	LENIA CARLOS	32	F2034	94	F			NA PAPAGAIOS	01:04:31	01:03:57
1934	1231	JUSTINO ROSA	62	M6099	129	M			INDIVIDUAL	01:04:32	01:02:36
1935	1692	ANTONIO MARTINHO	61	M6099	130	M			GDCT REPSOL	01:04:33	01:03:16
1936	3644	CATIA PAULINO	21	F2034	95	F			D MONTE REAL	01:04:35	01:03:06
1937	863	RICARDO FREIRE	36	M3539	327	M			JARBS	01:04:36	01:01:07
1938	1901	ANTONIO MESQUITA	48	M4549	239	M			INDIVIDUAL	01:04:39	01:04:27
1939	1001	SILVANA CARVALHO	43	F3544	76	F			INDIVIDUAL	01:04:40	01:02:54
1940	701	ANA PAULINO	60	F5599	14	F			PAULINOS	01:04:41	01:04:04
1941	657	HUGO MANUEL	35	M3539	328	M			O MUNDO CORRIDA	01:04:44	01:03:13
1942	116	JOAO ADEGAS	41	M4044	304	M			GONCADEGAS	01:04:45	01:02:36
1943	117	SUSANA ADEGAS	42	F3544	77	F			GONCADEGAS	01:04:45	01:02:38
1944	3121	Mª TERESA JANELA	54	F4554	60	F			C MILLENNIUM BCP	01:04:47	01:03:30
1945	3077	JOSE MAGALHAES	51	M5054	172	M			GD BANCO BPI	01:04:49	01:04:49
1946	597	MONICA GIGANTE	42	F3544	78	F			INDIVIDUAL	01:04:50	01:03:05
1947	2075	GONCALO SANTOS	25	M2034	371	M			INDIVIDUAL	01:04:52	01:03:21
1948	1363	SANDRA FIGUEIREDO	34	F2034	96	F			TIK TAK RUN	01:04:54	01:04:16
1949	2120	JOAQUIM VALADARES	50	M5054	173	M			VALADARES	01:04:54	01:04:10
1950	613	PAULO SOUSA	46	M4549	240	M			RUN 4 FUN	01:05:03	01:03:27
1951	790	MIGUEL SAN-PAYO	50	M5054	174	M			RUN 4 FUN	01:05:03	01:03:30
1952	988	JOSE SILVA	45	M4549	241	M			POUCOS POR	01:05:04	01:01:55
1953	995	NELSON SOBREDA	29	M2034	372	M			POUCOS POR	01:05:05	01:01:54
1954	91	NUNO ALMEIDA	36	M3539	329	M			SPORTINGS	01:05:06	01:04:06
1955	3696	TANIA VALENTIM	30	F2034	97	F			CM CASCAIS	01:05:07	01:05:07
1956	456	Mª GORETTEH ALFAIA	53	F4554	61	F			INDIVIDUAL	01:05:08	01:04:31
1957	536	VANIA MACHADO	33	F2034	98	F			INDIVIDUAL	01:05:08	01:04:14
1958	2196	EUGENIA CARROLL	40	F3544	79	F			INDIVIDUAL	01:05:08	01:03:03
1959	3119	ROSIMEIRE SERAFIM	47	F4554	62	F			C MILLENNIUM BCP	01:05:11	01:04:13
1960	3136	HENRIQUE SILVA	19	M1819	28	M			C MILLENNIUM BCP	01:05:11	01:04:11
1961	1678	VICTOR RAMOS	65	M6099	131	M			CORRE CORRE F	01:05:13	01:03:50
1962	430	HORTENSE CORREIRA	61	F5599	15	F			PAREDE	01:05:14	01:03:20
1963	3372	HENRIQUE MADEIRA	37	M3539	330	M			OS ECONOMICOS	01:05:15	01:03:44
1964	1604	JOANA CHOURICO	20	F2034	99	F			INDIVIDUAL	01:05:19	01:03:36
1965	2074	MARIO FERREIRA	52	M5054	175	M			INDIVIDUAL	01:05:19	01:04:01
1966	3326	INACIO CHARNECA	66	M6099	132	M			INDIVIDUAL	01:05:20	01:05:05
1967	370	JOAO SANTOS	25	M2034	373	M			INDIVIDUAL	01:05:22	01:04:24
1968	1259	MIGUEL ROBALO	38	M3539	331	M			INDIVIDUAL	01:05:28	01:05:04

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1969	1381	FATIMA OLIVEIRA	50	F4554	63	F			INDIVIDUAL	01:05:30	01:04:05
1970	1427	TIAGO SILVA	24	M2034	374	M			INDIVIDUAL	01:05:32	01:05:32
1971	2152	RICARDO MOURA	29	M2034	375	M			OS LENTOS	01:05:32	01:03:57
1972	1426	PAULO VARELA	28	M2034	376	M			INDIVIDUAL	01:05:33	01:05:33
1973	911	VITOR CARDOSO	35	M3539	332	M			GD IN CASA MOEDA	01:05:34	01:04:58
1974	3221	MANUEL OLIVEIRA	73	M6099	133	M			AAE BNU	01:05:35	01:04:17
1975	460	FERNANDO CHASQUEIRA	62	M6099	134	M			INDIVIDUAL	01:05:36	01:04:18
1976	497	CRISTINA CALDEIRA	43	F3544	80	F			RUN 4 FUN	01:05:36	01:04:35
1977	1412	CAMILA WUDICH	23	F2034	100	F			RUN 4 FUN	01:05:36	01:04:35
1978	449	PEDRO RAPOSO	29	M2034	377	M			O ULTIMO APAGA A	01:05:42	01:03:55
1979	1282	MIGUEL SOARES	18	M1819	29	M			TRILHOS TRALHOS	01:05:46	01:05:29
1980	3394	JORGE CASTANHEIRA	43	M4044	305	M			DESTAK	01:05:47	01:03:59
1981	1639	ANA SOARES	20	F2034	101	F			UNIDOS	01:05:48	01:05:39
1982	903	FRANCISCO P SILVA	69	M6099	135	M			INDIVIDUAL	01:05:54	01:05:41
1983	1281	RITA SANTOS	20	F2034	102	F			TRILHOS TRALHOS	01:05:58	01:05:42
1984	1542	MARCO OLIVEIRA	35	M3539	333	M			INDIVIDUAL	01:06:00	01:03:54
1985	3235	MARCO NEVES	33	M2034	378	M			SS MONTEPIO	01:06:01	01:04:19
1986	1716	SANDRA MARTINS	39	F3544	81	F			MARTINS	01:06:04	01:05:46
1987	3758	SUSANA HENRIQUES	29	F2034	103	F			HOLMES PLACE	01:06:05	01:04:18
1988	71	JORGE BAPTISTA	57	M5559	130	M			INDIVIDUAL	01:06:08	01:04:43
1989	793	JOAO MOREIRA	40	M4044	306	M			INDIVIDUAL	01:06:09	01:05:16
1990	1787	LILIANA GUERRA	39	F3544	82	F			FAMILIA GUERRA	01:06:09	01:04:30
1991	3754	SOFIA VIANA	36	F3544	83	F			HOLMES PLACE	01:06:09	01:06:09
1992	3242	DANIEL CONCEIÇÃO	47	M4549	242	M			NA PAPAGAIOS	01:06:11	01:06:11
1993	3511	CELIO RAMOS	38	M3539	334	M			SERRA ESTRELA	01:06:12	01:05:08
1994	386	JORGE BOIM	36	M3539	335	M			INDIVIDUAL	01:06:13	01:05:22
1995	3184	JOAO GRAÇA	72	M6099	136	M			CLUBE AUTOCOOPE	01:06:13	01:05:20
1996	566	LUCIA C SILVA	32	F2034	104	F			ACOREANA C BANIF	01:06:14	01:05:12
1997	573	NUNO C SILVA	36	M3539	336	M			ACOREANA C BANIF	01:06:15	01:05:13
1998	374	ALFREDO PEREIRA	60	M6099	137	M			INDIVIDUAL	01:06:18	01:04:57
1999	925	NUNO ABRANTES	32	M2034	379	M			PERNAS	01:06:19	01:04:27
2000	214	JOAO FREIRE	42	M4044	307	M			INDIVIDUAL	01:06:22	01:05:21
2001	239	JOANA LOUREIRO	35	F3544	84	F			INDIVIDUAL	01:06:22	01:05:22
2002	3207	JOAQUIM SIMAO	49	M4549	243	M			ODEBRECHT/BPC	01:06:22	01:00:30
2003	3662	ANTONIO PAULINO	60	F5599	16	F			D MONTE REAL	01:06:22	01:04:51
2004	3205	ANTONIO ALVES	56	M5559	131	M			ODEBRECHT/BPC	01:06:23	01:06:17
2005	797	MAGDA MAGRO	46	F4554	64	F			INDIVIDUAL	01:06:26	01:06:12
2006	2256	FABIO KAKUDATE	21	M2034	380	M			INDIVIDUAL	01:06:27	01:04:25
2007	1348	MANUEL GONCALVES	63	M6099	138	M			INDIVIDUAL	01:06:33	01:06:02
2008	2314	ANTONIO LIMA	38	M3539	337	M			INDIVIDUAL	01:06:34	01:04:34
2009	3343	CATIA ANASTACIO	30	F2034	105	F			CLUBE GRUPO BES	01:06:36	01:05:02
2010	14	JOSE CARITA	53	M5054	176	M			CCD SINTRENSE	01:06:37	01:05:32

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
2011	3171	JORGE LOZANO	52	M5054	177	M			JORGE LOZANO	01:06:38	01:05:57
2012	3485	ELISABETH LOUREIRO	56	F5599	17	F			SC CASAINHOS	01:06:40	01:05:51
2013	305	JOANA SILVA	20	F2034	106	F			INDIVIDUAL	01:06:41	01:06:36
2014	3658	PRISCILLA SANTOS	21	F2034	107	F			D MONTE REAL	01:06:41	01:06:08
2015	324	LUIS MATIAS	59	M5559	132	M			INDIVIDUAL	01:06:46	01:05:27
2016	3015	CATIA SOUSA	25	F2034	108	F			GD SANTANDER	01:06:46	01:05:51
2017	3382	EDNA SANTOS	38	F3544	85	F			INDIVIDUAL	01:06:47	01:06:35
2018	721	NATALIA SOUSA	33	F2034	109	F			INDIVIDUAL	01:06:53	01:06:44
2019	281	SERGIO SOUSA	40	M4044	308	M			INDIVIDUAL	01:06:55	01:06:45
2020	1658	ISABEL MARTINEZ	38	F3544	86	F			INDIVIDUAL	01:06:55	01:06:23
2021	1645	CRISTINA AFONSO	32	F2034	110	F			INDIVIDUAL	01:06:56	01:05:50
2022	1698	RUI MALHA	51	M5054	178	M			GRUPO CARMO	01:06:58	01:05:53
2023	1492	JOAO DUARTE	37	M3539	338	M			INDIVIDUAL	01:07:01	01:04:53
2024	118	ANDRE REIS	27	M2034	381	M			INDIVIDUAL	01:07:02	01:05:10
2025	589	CARLOS LEITAO	49	M4549	244	M			INDIVIDUAL	01:07:04	01:05:13
2026	677	DORA VERISSIMO	40	F3544	87	F			OS ESTAROLAS	01:07:05	01:04:59
2027	1254	ANTONIO FONSECA	43	M4044	309	M			SS CGD	01:07:05	01:05:20
2028	401	OLIVIO MOURA	39	M3539	339	M			INDIVIDUAL	01:07:06	01:05:04
2029	1956	ANTONIO VASCONCELOS	54	M5054	179	M			INDIVIDUAL	01:07:06	01:06:38
2030	216	DANIEL DIAS	22	M2034	382	M			INDIVIDUAL	01:07:11	01:05:34
2031	3533	LUIS MIRANDA	29	M2034	383	M			INDIVIDUAL	01:07:14	01:06:06
2032	3648	ETELVINA PAULINO	21	F2034	111	F			D MONTE REAL	01:07:18	01:05:49
2033	3546	JOAQUIM QUERIDO	50	M5054	180	M			INDIVIDUAL	01:07:28	01:05:35
2034	356	JOANA LOPES	30	F2034	112	F			INDIVIDUAL	01:07:29	01:05:35
2035	3471	PEDRO DIAS	42	M4044	310	M			DOR BURRO	01:07:30	01:05:28
2036	839	NATALIA LOPES	57	F5599	18	F			INDIVIDUAL	01:07:31	01:06:46
2037	983	RICARDO SOUSA	34	M2034	384	M			CCD EFACEC LX	01:07:36	01:05:28
2038	978	FERNANDO MAGALHAES	55	M5559	133	M			CCD EFACEC LX	01:07:38	01:05:29
2039	783	CARLOS GREGO	43	M4044	311	M			CASCAIS PANDILHA	01:07:42	01:05:41
2040	213	ANABELA PINELA	52	F4554	65	F			FAMILIA SILVA	01:07:44	01:06:25
2041	1086	LUANDA NASCIMENTO	23	F2034	113	F			FAMILIA NASCDIAS	01:07:45	01:06:05
2042	1083	MANUEL DIAS	23	M2034	385	M			FAMILIA NASCDIAS	01:07:46	01:06:07
2043	339	BRUNO RAMOS	36	M3539	340	M			INDIVIDUAL	01:07:50	01:04:40
2044	1009	MAURO VICENTE	34	M2034	386	M			INDIVIDUAL	01:07:50	01:06:49
2045	1909	MARCO ANDRADE	33	M2034	387	M			INDIVIDUAL	01:07:50	01:06:49
2046	1082	SANDRA PINHO	35	F3544	88	F			INDIVIDUAL	01:07:52	01:07:21
2047	1276	TERESA BAUDOUIN	50	F4554	66	F			TRILHOS TRALHOS	01:07:52	01:07:40
2048	731	MARIO MOREIRA	35	M3539	341	M			INDIVIDUAL	01:07:54	01:05:54
2049	3254	FERNANDO FILIPE	44	M4044	312	M			CLUBE GRUPO BES	01:07:56	01:07:43
2050	732	JOSE VALADA	47	M4549	245	M			INDIVIDUAL	01:07:57	01:05:57
2051	642	Mª SALOME HENRIQUES	38	F3544	89	F			CD MASSAMA O	01:07:59	01:07:28
2052	823	SONIA PIO	34	F2034	114	F			INDIVIDUAL	01:07:59	01:06:26

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
2053	1653	TIAGO SOUSA	40	M4044	313	M			INDIVIDUAL	01:07:59	01:07:02
2054	1988	TERESA CAPELA	43	F3544	90	F			QUARTETO	01:08:02	01:06:28
2055	926	FILIPA LIMA	36	F3544	91	F			INDIVIDUAL	01:08:03	01:07:33
2056	306	JOAO SILVA	48	M4549	246	M			INDIVIDUAL	01:08:06	01:08:01
2057	1320	FERNANDA BORGES	52	F4554	67	F			RUN 4 FUN	01:08:07	01:07:28
2058	1365	CARLOS OLIVEIRA	41	M4044	314	M			INDIVIDUAL	01:08:09	01:07:11
2059	3361	Mª CARMO RIBEIRO	52	F4554	68	F			C MILLENNIUM BCP	01:08:16	01:07:35
2060	3694	ANTONIO BUGALHO	38	M3539	342	M			CM CASCAIS	01:08:19	01:06:11
2061	3695	RUI DOMINGUES	33	M2034	388	M			CM CASCAIS	01:08:20	01:06:09
2062	3660	PAULA SIMOES	39	F3544	92	F			D MONTE REAL	01:08:22	01:07:50
2063	1745	PEDRO GODINHO	35	M3539	343	M			INDIVIDUAL	01:08:32	01:07:54
2064	905	ANTONIO NASCIMENTO	71	M6099	139	M			GD IN CASA MOEDA	01:08:36	01:08:07
2065	501	JOSE CARVALHO	58	M5559	134	M			CCD SEG SOCIAL	01:08:37	01:08:28
2066	3742	Mª JOAO LOPES	31	F2034	115	F			HOLMES PLACE	01:08:40	01:06:49
2067	90	ANA ALMEIDA	35	F3544	93	F			SPORTINGS	01:08:42	01:07:42
2068	114	JOSE MARTINS	55	M5559	135	M			CTJ	01:08:43	01:07:34
2069	1946	JORGE LOURENCO	31	M2034	389	M			INDIVIDUAL	01:08:47	01:07:31
2070	1947	ANA SOUSA	34	F2034	116	F			INDIVIDUAL	01:08:47	01:07:31
2071	3365	BRUNO OLIVEIRA	29	M2034	390	M			GOODLIFE	01:08:53	01:07:59
2072	3366	CATARINA BASTOS	27	M2034	391	M			GOODLIFE	01:08:53	01:07:59
2073	3759	ISABEL CORREIA	35	F3544	94	F			HOLMES PLACE	01:08:54	01:07:11
2074	55	LURDES ALVES	56	F5599	19	F			INDIVIDUAL	01:08:56	01:07:36
2075	2210	ANTONIO FERREIRA	72	M6099	140	M			INDIVIDUAL	01:08:57	01:07:57
2076	784	GONCALO COSTA	33	M2034	392	M			CASCAIS PANDILHA	01:09:03	01:07:04
2077	328	MARIALDA SERRA	64	F5599	20	F			INDIVIDUAL	01:09:04	01:07:38
2078	758	HUGO COLACO	34	M2034	393	M			INDIVIDUAL	01:09:04	01:07:33
2079	1433	MANUEL CECILIO	38	M3539	344	M			MC	01:09:06	01:08:01
2080	1434	ANDREIA CARNEIRO	32	F2034	117	F			MC	01:09:06	01:08:00
2081	691	SERGIO AFONSO	46	M4549	247	M			INDIVIDUAL	01:09:18	01:08:15
2082	676	LUIS LOPES	36	M3539	345	M			OS ESTAROLAS	01:09:21	01:07:16
2083	3002	JOAQUIM ALMEIDA	61	M6099	141	M			SFUAP	01:09:21	01:08:14
2084	638	Mª CARMO ANJOS	66	F5599	21	F			JF PORTELA	01:09:24	01:08:44
2085	1551	BRUNO VICENTE	28	M2034	394	M			TCHUTCHA ESPUMA	01:09:25	01:05:47
2086	3728	JOAO MARQUES	41	M4044	315	M			HOLMES PLACE	01:09:25	01:08:34
2087	3113	CARLOS SANCHES	48	M4549	248	M			C MILLENNIUM BCP	01:09:26	01:09:26
2088	21	VASCO ALPALHAO	42	M4044	316	M			ALPALHAO	01:09:27	01:07:30
2089	22	ANA I ALPALHAO	39	F3544	95	F			ALPALHAO	01:09:27	01:07:31
2090	1719	BRUNO SILVESTRE	33	M2034	395	M			INDIVIDUAL	01:09:28	01:08:59
2091	2153	SOFIA INACIO	26	F2034	118	F			OS LENTOS	01:09:29	01:07:54
2092	3245	PEDRO LOPES	31	M2034	396	M			NA PAPAGAIOS	01:09:29	01:08:27
2093	3246	SOLLARI ALLEGRO	64	M6099	142	M			NA PAPAGAIOS	01:09:29	01:08:28
2094	733	CRISTINA MENDES	42	F3544	96	F			INDIVIDUAL	01:09:31	01:07:33

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
2095	2166	STEFANIE SCHLATTMANN	25	F2034	119	F			INDIVIDUAL	01:09:32	01:08:21
2096	825	SILVIA RODRIGUES	37	F3544	97	F			INDIVIDUAL	01:09:46	01:08:24
2097	920	ANABELA MATIAS	42	F3544	98	F			INDIVIDUAL	01:09:46	01:08:55
2098	1074	ANTONIO ALVES	43	M4044	317	M			INDIVIDUAL	01:09:47	01:08:56
2099	2271	BRUNO POLICARPO	29	M2034	397	M			CA PENAFIRME	01:09:50	01:09:23
2100	2276	ANA PEREIRA	20	F2034	120	F			CA PENAFIRME	01:09:50	01:09:28
2101	378	RODRIGO SANTOS	35	M3539	346	M			INDIVIDUAL	01:09:51	01:09:14
2102	3419	ALEXANDRE BASTOS	45	M4549	249	M			INDIVIDUAL	01:09:56	01:09:04
2103	906	MIGUEL FRAGA	41	M4044	318	M			GD IN CASA MOEDA	01:09:58	01:09:28
2104	3534	JOAO MIRANDA	26	M2034	398	M			INDIVIDUAL	01:09:58	01:08:50
2105	309	LUIS ROSA	44	M4044	319	M			BOAVISTA	01:09:59	01:08:17
2106	310	LUCILIA L PEREIRA	43	F3544	99	F			BOAVISTA	01:09:59	01:08:17
2107	311	RAQUEL MADEIRA	40	F3544	100	F			BOAVISTA	01:09:59	01:08:13
2108	1815	LUIS DOMINGUES	31	M2034	399	M			INDIVIDUAL	01:09:59	01:07:59
2109	996	Mª JOAO CORDEIRO	41	F3544	101	F			INDIVIDUAL	01:10:00	01:08:47
2110	3027	PAULA SAPINA	42	F3544	102	F			GD SANTANDER	01:10:00	01:08:31
2111	3029	IVONE PEREIRA	31	F2034	121	F			GD SANTANDER	01:10:01	01:08:20
2112	3033	CARLOS PEREIRA	42	M4044	320	M			GD SANTANDER	01:10:01	01:08:32
2113	2206	ELISETE MARTINS	60	F5599	22	F			INDIVIDUAL	01:10:09	01:09:14
2114	2073	SUSANA SILVA	44	F3544	103	F			INDIVIDUAL	01:10:13	01:08:06
2115	409	PAULO CARVALHO	45	M4549	250	M			ENGENHARIA	01:10:14	01:08:33
2116	3024	CATARINA FERREIRA	30	F2034	122	F			GD SANTANDER	01:10:18	01:08:36
2117	960	PEDRO SANTOS	24	M2034	400	M			INDIVIDUAL	01:10:22	01:08:20
2118	961	JOSE SANTOS	27	M2034	401	M			INDIVIDUAL	01:10:22	01:08:21
2119	140	JOAO ABREU	64	M6099	143	M			INDIVIDUAL	01:10:24	01:08:57
2120	1269	CARIN ISACSON	52	F4554	69	F			SLOW MOTION	01:10:24	01:09:17
2121	1364	ANNE ROQUE	28	F2034	123	F			TIK TAK RUN	01:10:26	01:09:48
2122	1870	PAULO FAVINHA	49	M4549	251	M			INDIVIDUAL	01:10:26	01:08:26
2123	3529	MARTA C MARTINS	30	F2034	124	F			GOODLIFE	01:10:32	01:09:00
2124	984	FRANCISCO FERREIRA	58	M5559	136	M			CCD EFACEC LX	01:10:34	01:08:47
2125	3203	SILVIA DUARTE	46	F4554	70	F			CLUBE STRESS	01:10:34	01:09:03
2126	3016	SILVIA RODRIGUES	35	F3544	104	F			GD SANTANDER	01:10:35	01:06:14
2127	1957	NUNO NEVES	28	M2034	402	M			INDIVIDUAL	01:10:45	01:09:00
2128	744	JOANA FONSECA	36	F3544	105	F			FIAT NAVIRGE	01:10:48	01:07:58
2129	3014	ANTONIO PEREIRA	47	M4549	252	M			GD SANTANDER	01:10:49	01:10:49
2130	3028	SALVADOR AFONSO	58	M5559	137	M			GD SANTANDER	01:10:49	01:10:49
2131	1819	SANDRO PRATES	33	M2034	403	M			INDIVIDUAL	01:10:50	01:09:12
2132	1983	PAULO FRANCA	50	M5054	181	M			GDCT UNICRE	01:10:51	01:10:13
2133	1980	NUNO DUARTE	37	M3539	347	M			GDCT UNICRE	01:10:52	01:10:13
2134	3395	CLARA PAPANÇA	37	F3544	106	F			DESTAK	01:10:52	01:09:05
2135	1097	TIAGO ROXO	25	M2034	404	M			SAPATILHAS	01:10:53	01:10:53
2136	1101	VANIA SERRA	28	F2034	125	F			SAPATILHAS	01:10:54	01:10:54

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
2137	111	JAN CARR	32	M2034	405	M		INDIVIDUAL	01:10:59	01:09:54
2138	3403	DANIEL SOUSA	40	M4044	321	M		DESTAK	01:11:00	01:10:00
2139	539	EDUARDO AMORIM	41	M4044	322	M		INDIVIDUAL	01:11:09	01:09:12
2140	3351	CARLOS AMARAL	46	M4549	253	M		INDIVIDUAL	01:11:12	01:10:17
2141	2208	JOAO VICENTE	27	M2034	406	M		INDIVIDUAL	01:11:25	01:10:34
2142	1273	JORGE ANDRADE	46	M4549	254	M		INDIVIDUAL	01:11:29	01:09:25
2143	3552	CARLOS SANTOS	60	M6099	144	M		C FERROV	01:11:31	01:11:19
2144	813	Mª LEONOR AZEVEDO	41	F3544	107	F		CLUBE VODAFONE	01:11:33	01:09:34
2145	1092	VERA TIAGO	32	M2034	407	M		INDIVIDUAL	01:11:35	01:10:06
2146	1093	CARLOS GONCALVES	64	M6099	145	M		INDIVIDUAL	01:11:35	01:10:06
2147	1106	RICARDO HIPOLITO	27	M2034	408	M		INDIVIDUAL	01:11:35	01:10:48
2148	354	BJORN CASTEGREN	52	M5054	182	M		INDIVIDUAL	01:11:40	01:11:00
2149	3191	FILIPA STOSBERG	43	F3544	108	F		CLUBE STRESS	01:11:40	01:10:24
2150	1888	MARIO AGUILERA	49	M4549	255	M		TOCANDAR	01:11:43	01:09:56
2151	2077	SUSANA SANTOS	26	F2034	126	F		NORTE SUL	01:11:43	01:09:46
2152	3526	ALBERTO FERRAZ	48	M4549	256	M		GOODLIFE	01:11:43	01:10:08
2153	343	PATRICIA VIANA	35	F3544	109	F		INDIVIDUAL	01:11:44	01:09:50
2154	325	ALEXANDRE MATEUS	36	M3539	348	M		INDIVIDUAL	01:11:45	01:09:48
2155	1389	MARTIM LINO	24	M2034	409	M		AINDA FALTA MUITO	01:11:50	01:10:06
2156	243	SARA LOPES	23	F2034	127	F		INDIVIDUAL	01:11:51	01:10:30
2157	1387	ANA CONDUTO	49	F4554	71	F		AINDA FALTA MUITO	01:11:51	01:10:06
2158	1605	JOANA D CHOURICO	49	F4554	72	F		INDIVIDUAL	01:11:59	01:10:15
2159	1251	MANUEL BRAS	44	M4044	323	M		SS CGD	01:12:02	01:10:36
2160	3684	MARIA SOARES	42	F3544	110	F		NA ALCABIDECHE	01:12:05	01:11:37
2161	2155	LUIS GONCALVES	36	M3539	349	M		INDIVIDUAL	01:12:06	01:12:06
2162	742	OLGA CASTRO	26	F2034	128	F		INDIVIDUAL	01:12:20	01:10:28
2163	3698	ANABELA SILVA	34	F2034	129	F		DESTAK	01:12:21	01:10:22
2164	3699	PAULO TAVARES	36	M3539	350	M		DESTAK	01:12:22	01:10:23
2165	2275	SARA DIAS	20	F2034	130	F		CA PENAFIRME	01:12:29	01:12:03
2166	2279	ANA REIS	20	F2034	131	F		CA PENAFIRME	01:12:29	01:12:04
2167	723	JOSE INACIO	46	M4549	257	M		INDIVIDUAL	01:12:33	01:10:30
2168	728	TERESA GOMES	45	F4554	73	F		CLUBE BITIZ	01:12:34	01:10:38
2169	822	ELISABETE PIO	30	F2034	132	F		INDIVIDUAL	01:12:40	01:11:06
2170	3455	MARIA SILVA	48	F4554	74	F		INDIVIDUAL	01:12:47	01:12:22
2171	896	ANA S PIMENTA	36	F3544	111	F		INDIVIDUAL	01:12:51	01:12:01
2172	952	RAQUEL CARDOSO	25	F2034	133	F		INDIVIDUAL	01:12:58	01:12:25
2173	1736	PEDRO DUQUE	45	M4549	258	M		INDIVIDUAL	01:13:09	01:11:54
2174	1755	MIRALDO RAMOS	34	M2034	410	M		MAIS UMA	01:13:14	01:11:14
2175	1756	RICARDO SILVA	27	M2034	411	M		MAIS UMA	01:13:14	01:11:13
2176	1757	MONICA CARDOSO	33	F2034	134	F		MAIS UMA	01:13:14	01:11:14
2177	3010	MARIA GERTRUDES	64	F5599	23	F		GD SANTANDER	01:13:16	01:12:36
2178	1808	MADALENA BARATA	28	F2034	135	F		INDIVIDUAL	01:13:19	01:12:29

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
2179	2319	HELDER VERISSIMO	62	M6099	146	M			INDIVIDUAL	01:13:21	01:11:56
2180	2016	GONCALO TELES	39	M3539	351	M			INDIVIDUAL	01:13:24	01:11:00
2181	2048	FILIPA OLIVEIRA	38	F3544	112	F			INDIVIDUAL	01:13:24	01:10:56
2182	3399	VERONICA HUNZIKER	34	F2034	136	F			DESTAK	01:13:25	01:11:29
2183	296	NUNO MARTINS	29	M2034	412	M			FAMILIA REBELO	01:13:26	01:11:21
2184	1105	ALEXANDRE GOMES	39	M3539	352	M			INDIVIDUAL	01:13:28	01:12:36
2185	3274	PEDRO FIGUEIREDO	39	M3539	353	M			CLUBE GRUPO BES	01:13:28	01:12:31
2186	765	EMILIA REIS	52	F4554	75	F			INDIVIDUAL	01:13:30	01:13:03
2187	1728	MARGARIDA PEREIRA	34	F2034	137	F			INDIVIDUAL	01:13:31	01:11:22
2188	3719	LUDGERO CALDEIRA	67	M6099	147	M			RFM	01:13:33	01:13:05
2189	32	ANA RECHENA	37	F3544	113	F			GD O	01:13:36	01:12:38
2190	1452	ANA PACHECO	34	F2034	138	F			GD O	01:13:36	01:12:38
2191	557	ANA ISAAC	34	F2034	139	F			ACOREANA C BANIF	01:13:44	01:12:52
2192	67	JOSE REBECA	61	M6099	148	M			INDIVIDUAL	01:13:47	01:12:56
2193	3512	ANA CASCALHO	46	F4554	76	F			SERRA ESTRELA	01:13:58	01:12:54
2194	298	SALVADOR BOBONE	40	M4044	324	M			INDIVIDUAL	01:14:01	01:12:39
2195	299	FRANCISCO BOBONE	19	M1819	30	M			INDIVIDUAL	01:14:01	01:12:39
2196	1317	PAULA COSTA	43	F3544	114	F			VITORIAS	01:14:01	01:12:52
2197	974	ADELINO CASTRO	60	M6099	149	M			CCD EFACEC LX	01:14:11	01:12:05
2198	1552	TIAGO M LOPES	25	M2034	413	M			TCHUTCHA ESPUMA	01:14:13	01:10:37
2199	455	LURDES LOPES	52	F4554	77	F			INDIVIDUAL	01:14:14	01:13:39
2200	3400	SOFIA PIGNATELLI	34	F2034	140	F			DESTAK	01:14:16	01:12:26
2201	2183	MARIANA GARCEZ	31	F2034	141	F			INDIVIDUAL	01:14:17	01:12:27
2202	3149	FELICIDADE ASSANE	43	F3544	115	F			C MILLENNIUM BCP	01:14:20	01:12:24
2203	287	CELESTE ROMERO	37	F3544	116	F			INDIVIDUAL	01:14:27	01:13:59
2204	1403	COSTAN IOAN	43	M4044	325	M			INDIVIDUAL	01:14:32	01:13:43
2205	537	FOCK CHIU	62	F5599	24	F			CONDOR	01:14:34	01:12:43
2206	538	JOSE ARRUDA	63	M6099	150	M			CONDOR	01:14:34	01:12:42
2207	932	EMANUEL SOARES	27	M2034	414	M			INDIVIDUAL	01:14:34	01:12:59
2208	519	LUIS COELHO	33	M2034	415	M			INDIVIDUAL	01:14:40	01:14:40
2209	1382	BENTO FERREIRA	66	M6099	151	M			INDIVIDUAL	01:14:45	01:12:45
2210	332	HORACIO SILVA	64	M6099	152	M			INDIVIDUAL	01:14:51	01:14:51
2211	380	ACACIO PEREIRA	51	M5054	183	M			INDIVIDUAL	01:14:51	01:14:10
2212	1467	CATARINA GOMES	26	F2034	142	F			INDIVIDUAL	01:14:53	01:12:57
2213	1468	BRUNO ROCHA	23	M2034	416	M			INDIVIDUAL	01:14:53	01:12:54
2214	3186	ANTONIO RAIMUNDO	49	M4549	259	M			CLUBE STRESS	01:15:06	01:13:51
2215	1144	JOSE BRAS	20	M2034	417	M			AMIGOS ESTRELA	01:15:09	01:14:47
2216	1103	TELMA SANTOS	34	F2034	143	F			INDIVIDUAL	01:15:10	01:13:01
2217	3483	SUSANA LEITE	37	F3544	117	F			INDIVIDUAL	01:15:10	01:13:02
2218	915	PAULA VEIGA	35	F3544	118	F			INDIVIDUAL	01:15:19	01:13:39
2219	441	ANA LINO	48	F4554	78	F			INDIVIDUAL	01:15:21	01:13:37
2220	759	NUNO ROQUETTE	31	M2034	418	M			INDIVIDUAL	01:15:23	01:14:24

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
2221	1378	TIAGO GALHANO	31	M2034	419	M			INDIVIDUAL	01:15:23	01:14:23
2222	297	PATRICIA REBELO	34	F2034	144	F			FAMILIA REBELO	01:15:46	01:13:41
2223	2202	SOFIA DIAS	24	F2034	145	F			INDIVIDUAL	01:15:47	01:13:40
2224	3367	DIOGO TRABUCO	29	M2034	420	M			GLAM	01:15:50	01:15:50
2225	113	TERESA RODRIGUES	55	F5599	25	F			CTJ	01:15:55	01:14:44
2226	112	CESAR GUERRA	42	M4044	326	M			CTJ	01:15:56	01:14:43
2227	1534	JOSE LUIS GONCALVES	42	M4044	327	M			RAIL RUNNERS	01:16:01	01:14:41
2228	2103	HENRIQUE MOUTA	32	M2034	421	M			INDIVIDUAL	01:16:08	01:14:27
2229	2164	CHARLOTTE JOHNSON	64	F5599	26	F			INDIVIDUAL	01:16:10	01:16:10
2230	1535	Mª ROSARIO PRIZAL	40	F3544	119	F			RAIL RUNNERS	01:16:11	01:14:51
2231	1319	CATIA CRUZ	25	F2034	146	F			INDIVIDUAL	01:16:16	01:14:10
2232	1734	PEDRO OLIVEIRA	36	M3539	354	M			INDIVIDUAL	01:16:16	01:14:07
2233	943	ANDREIA ALMEIDA	23	F2034	147	F			INDIVIDUAL	01:16:26	01:14:48
2234	944	PEDRO ESTRIGA	24	M2034	422	M			INDIVIDUAL	01:16:27	01:14:49
2235	1026	FATIMA BRAGANCA	52	F4554	79	F			INDIVIDUAL	01:16:35	01:16:27
2236	1887	ROSA FEIO	46	F4554	80	F			TOCANDAR	01:16:44	01:15:00
2237	1374	PEDRO TAVEIRA	42	M4044	328	M			INDIVIDUAL	01:16:52	01:15:07
2238	1622	VERA CARVALHO	30	F2034	148	F			OS MAIORES	01:16:57	01:16:57
2239	1073	VERA DUARTE	25	F2034	149	F			INDIVIDUAL	01:16:59	01:15:46
2240	1271	PATRICIA VENTURA	24	F2034	150	F			INDIVIDUAL	01:17:01	01:15:48
2241	1100	ANA L SERRA	30	F2034	151	F			SAPATILHAS	01:17:03	01:17:03
2242	1099	LUIS LIBORIO	29	M2034	423	M			SAPATILHAS	01:17:04	01:17:04
2243	1345	LUCIMAR MARINHO	50	F4554	81	F			MARINHO	01:17:07	01:15:51
2244	3381	Mª JOPSE COSTA	65	F5599	27	F			INDIVIDUAL	01:17:09	01:15:18
2245	3170	TERESA MARTINS	39	F3544	120	F			RB RUNNING	01:17:12	01:16:38
2246	1071	TIAGO SIMEAO	28	M2034	424	M			INDIVIDUAL	01:17:13	01:16:43
2247	1116	NADINE CLAUDIO	24	F2034	152	F			INDIVIDUAL	01:17:13	01:16:43
2248	1619	FERNANDO OLIVEIRA	50	M5054	184	M			OS MAIORES	01:17:31	01:17:08
2249	3764	JOAO SARMENTO	32	M2034	425	M			HOLMES PLACE	01:17:32	01:15:38
2250	174	MARIA BERNARDES	41	F3544	121	F			BERNARDES	01:17:36	01:17:12
2251	175	RUI BERNARDES	36	M3539	355	M			BERNARDES	01:17:36	01:17:12
2252	3647	HUGO REBELO	38	M3539	356	M			D MONTE REAL	01:17:44	01:17:44
2253	891	ISABEL PITTA	41	F3544	122	F			INDIVIDUAL	01:17:51	01:17:37
2254	521	CARLOS SILVA	47	M4549	260	M			INDIVIDUAL	01:18:12	01:16:58
2255	2228	ANDRE DIAS	28	M2034	426	M			INDIVIDUAL	01:18:36	01:16:38
2256	489	CLAUDIA PERNENCAR	38	F3544	123	F			INDIVIDUAL	01:18:43	01:16:42
2257	681	RIDWAN MATOS	34	M2034	427	M			OS ESTAROLAS	01:18:51	01:16:46
2258	682	RIZWANA YOSSFUF	34	F2034	153	F			OS ESTAROLAS	01:18:51	01:16:45
2259	3148	ELISABETE VENTURA	39	F3544	124	F			C MILLENNIUM BCP	01:18:59	01:18:00
2260	2078	PEDRO PORTELA	27	M2034	428	M			NORTE SUL	01:19:42	01:17:46
2261	1907	MANUEL GOMES	55	M5559	138	M			INDIVIDUAL	01:19:43	01:16:44
2262	2076	JOANA ALVES	26	F2034	154	F			NORTE SUL	01:19:43	01:17:46

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
2263	424	ANTONIO MARQUES	66	M6099	153	M			INDIVIDUAL	01:19:55	01:19:30
2264	827	JOAO RODRIGUES	41	M4044	329	M			INDIVIDUAL	01:20:41	01:19:45
2265	3461	CARLA FALOA	48	F4554	82	F			INDIVIDUAL	01:20:50	01:18:56
2266	696	ANA SILVA	53	F4554	83	F			INDIVIDUAL	01:21:01	01:21:01
2267	1696	PEDRO RODRIGUES	38	M3539	357	M			INDIVIDUAL	01:21:03	01:17:23
2268	1060	SUSANA CASEIRO	37	F3544	125	F			INDIVIDUAL	01:21:04	01:19:06
2269	1628	RODOLFO DUARTE	28	M2034	429	M			INDIVIDUAL	01:21:37	01:20:06
2270	137	ROSA CAETANO	42	F3544	126	F			C COLAB AXA	01:21:39	01:20:18
2271	1445	FRANCISCO MACHADO	18	M1819	31	M			INDIVIDUAL	01:21:45	01:19:36
2272	1446	ANDRE MAHADO	52	M5054	185	M			INDIVIDUAL	01:21:45	01:19:37
2273	629	HELDER PISA	26	M2034	430	M			INDIVIDUAL	01:22:05	01:15:39
2274	3438	PAULO J ARENA	33	M2034	431	M			INDIVIDUAL	01:22:26	01:20:18
2275	847	MIGUEL QUINTANILHA	36	M3539	358	M			INDIVIDUAL	01:22:41	01:22:41
2276	848	SONIA QUINTANILHA	29	F2034	155	F			INDIVIDUAL	01:22:41	01:21:43
2277	1104	ANA CARDOSO	27	F2034	156	F			INDIVIDUAL	01:23:12	01:22:30
2278	1975	RUBEN RODRIGUES	27	M2034	432	M			INDIVIDUAL	01:23:12	01:22:26
2279	1203	MARTA PINTADINHO	30	F2034	157	F			ANGELIC	01:23:16	01:22:05
2280	442	ROSA M ABREU	42	F3544	127	F			C COLAB AXA	01:23:17	01:21:55
2281	314	ELSA FONSECA	38	F3544	128	F			INDIVIDUAL	01:24:07	01:22:20
2282	830	CRISTINA PINTO	45	F4554	84	F			INDIVIDUAL	01:24:07	01:24:07
2283	33	MANUELA RIBEIRO	60	F5599	28	F			INDIVIDUAL	01:24:28	01:22:24
2284	36	FERNANDA FRANCA	39	F3544	129	F			BEXIGA	01:24:39	01:24:25
2285	1809	CAROLINA BARATA	23	F2034	158	F			INDIVIDUAL	01:24:43	01:23:53
2286	879	JORGE BARREIRA	51	M5054	186	M			INDIVIDUAL	01:24:48	01:24:28
2287	632	LOURENCO VASCONCELOS	22	M2034	433	M			FAMILIA GP	01:24:54	01:24:54
2288	1448	DIOGO ALMEIDA	20	M2034	434	M			INDIVIDUAL	01:24:54	01:19:12
2289	1447	FILIPA HOMEM	21	F2034	159	F			INDIVIDUAL	01:24:55	01:19:13
2290	1350	CARLOS SANTOS	51	M5054	187	M			INDIVIDUAL	01:25:23	01:24:53
2291	633	CARLOTA VASCONCELOS	22	F2034	160	F			FAMILIA GP	01:25:27	01:25:27
2292	634	VERA V ABRANTES	22	F2034	161	F			FAMILIA GP	01:25:30	01:25:30
2293	630	LUIS VASCONCELOS	60	M6099	154	M			FAMILIA GP	01:25:31	01:25:31
2294	3112	NELIA MARGARIDOF	47	F4554	85	F			C MILLENNIUM BCP	01:25:41	01:25:41
2295	2114	CATARINA BAGULHO	23	F2034	162	F			INDIVIDUAL	01:25:50	01:24:18
2296	3482	JOSE COELHO	33	M2034	435	M			INDIVIDUAL	01:26:24	01:24:46
2297	3109	FILIPA LOURENÇO	37	F3544	130	F			C MILLENNIUM BCP	01:26:25	01:24:50
2298	3224	DANIELA ANDRE	28	F2034	163	F			FAMILIA PIRES	01:26:35	01:25:27
2299	3226	ELAINE CORREIA	30	F2034	164	F			FAMILIA PIRES	01:26:35	01:25:29
2300	2165	LUCINDA HENRIQUES	63	F5599	29	F			INDIVIDUAL	01:26:37	01:26:25
2301	1321	JOSE LOPES	47	M4549	261	M			INDIVIDUAL	01:26:51	01:26:14
2302	1810	JOANA HEITOR	30	F2034	165	F			INDIVIDUAL	01:27:12	01:25:09
2303	427	LAURIBDA FERREIRA	55	F5599	30	F			PAREDE	01:28:06	01:26:11
2304	429	PATRICIA FERREIRA	28	F2034	166	F			PAREDE	01:28:06	01:26:11

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
2305	1778	BRUNO ROSA	29	M2034	436	M		BERNARDINO	01:28:28	01:28:28
2306	2219	PATRICIA COSTA	26	F2034	167	F		INDIVIDUAL	01:29:35	01:28:50
2307	3368	JOAO BRILHA	34	M2034	437	M		GLAM	01:29:41	01:29:41
2308	3369	CARLA RAMALHO	29	F2034	168	F		GLAM	01:29:41	01:29:41
2309	56	MARIA GARCIA	37	F3544	131	F		INDIVIDUAL	01:30:30	01:29:12
2310	57	CARLA PALMEIRO	38	F3544	132	F		INDIVIDUAL	01:30:30	01:29:11
2311	1802	OLGA MEIJINHOS	42	F3544	133	F		AS ATLETAS	01:30:50	01:30:30
2312	1489	REGINA OLIVEIRA	48	F4554	86	F		FAMILIA NORITAKE	01:30:57	01:29:39
2313	3505	CIDALIA ALMEIDA	45	F4554	87	F		SERRA ESTRELA	01:30:59	01:26:54
2314	3506	COLIN COOKE	45	M4549	262	M		SERRA ESTRELA	01:30:59	01:26:54
2315	1059	MARTA CASTRO	36	F3544	134	F		INDIVIDUAL	01:31:00	01:29:03
2316	2178	FRANCISCO AZEVEDO	22	M2034	438	M		INDIVIDUAL	01:31:36	01:31:36
2317	2179	NILZA COSTA	24	F2034	169	F		INDIVIDUAL	01:31:37	01:31:37
2318	3196	MADALENA T DUARTE	55	F5599	31	F		CLUBE STRESS	01:31:52	01:30:18
2319	3310	DARCILEIA SILVA	60	F5599	32	F		INDIVIDUAL	01:31:54	01:31:46
2320	3231	JOSE VAZ	54	M5054	188	M		CLUBE ANACOM	01:32:00	01:30:58
2321	1023	MARISA TAVEIRA	38	F3544	135	F		INDIVIDUAL	01:32:13	01:30:29
2322	1375	HELENA REIS	38	F3544	136	F		INDIVIDUAL	01:32:13	01:30:29
2323	3206	FLORENTINO TEODORO	55	M5559	139	M		ODEBRECHT/BPC	01:32:15	01:31:26
2324	3214	PEDRO TEODORO	20	M2034	439	M		ODEBRECHT/BPC	01:32:15	01:31:26
2325	3549	AIDA CABRAL	60	F5599	33	F		INDIVIDUAL	01:32:34	01:32:14
2326	3210	PAULO SILVA	39	M3539	359	M		ODEBRECHT/BPC	01:32:44	01:30:54
2327	159	HELENA FILIPE	39	F3544	137	F		AS AMIGAS	01:33:07	01:32:50
2328	160	PAULA DIAS	39	F3544	138	F		AS AMIGAS	01:33:07	01:32:50
2329	1252	PAULA SANTOS	48	F4554	88	F		SS CGD	01:33:10	01:31:28
2330	3107	Mª ISABEL GRAÇA	57	F5599	34	F		C MILLENNIUM BCP	01:33:10	01:31:27
2331	158	CELESTE PINTO	54	F4554	89	F		INDIVIDUAL	01:33:44	01:33:23
2332	135	LUIZ PRASSER	49	M4549	263	M		C COLAB AXA	01:33:46	01:32:32
2333	162	ALBERTO ALMEIDA	59	M5559	140	M		INDIVIDUAL	01:33:47	01:33:25
2334	3225	SARA ANDRE	22	F2034	170	F		FAMILIA PIRES	01:34:00	01:32:51
2335	3222	MANUEL TEIXEIRA	32	M2034	440	M		FAMILIA PIRES	01:34:09	01:33:01
2336	2161	DANIEL BASTOS	46	M4549	264	M		GD CIMPOR	01:34:47	01:33:28
2337	2162	ARMANDO SILVA	43	M4044	330	M		GD CIMPOR	01:34:48	01:33:28
2338	1346	CATARINA VAZ	26	F2034	171	F		INDIVIDUAL	01:34:53	01:33:22
2339	1458	MARTA FERREIRA	26	F2034	172	F		INDIVIDUAL	01:34:53	01:33:21
2340	406	SONIA MARQUES	31	F2034	173	F		INDIVIDUAL	01:34:55	01:33:38
2341	551	FILIPA PEREIRA	21	F2034	174	F		INDIVIDUAL	01:34:55	01:33:38
2342	1556	CONCEICAO FERNANDES	62	F5599	35	F		INDIVIDUAL	01:35:59	01:34:37
2343	1557	ANUNCIACAO FERNANDES	59	F5599	36	F		INDIVIDUAL	01:35:59	01:34:37
2344	1287	ANTONIO PINTO	59	M5559	141	M		PINTO	01:36:03	01:34:03
2345	1290	ANA PINTO	20	F2034	175	F		PINTO	01:36:03	01:34:02
2346	1288	MARIA PINTO	56	F5599	37	F		PINTO	01:36:05	01:34:02

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
2347	3213	PAULA RESENDE	38	F3544	139	F			ODEBRECHT/BPC	01:36:45	01:34:55
2348	3475	CARLOS TELHADO	62	M6099	155	M			OS GLORIOSOS	01:36:46	01:36:21
2349	1801	GRACA CORREIA	28	F2034	176	F			AS ATLETAS	01:40:44	01:40:23
2350	1803	ROSARIO CORREIA	52	F4554	90	F			AS ATLETAS	01:40:45	01:40:26
2351	2284	JOSE FERREIRA	21	M2034	441	M			INDIVIDUAL	01:40:45	01:40:23
2352	201	GLORIALDO BRITO	81	M6099	156	M			INDIVIDUAL	01:43:18	01:41:25
2353	882	ANA ROCHA	22	F2034	177	F			INDIVIDUAL	01:44:45	01:43:09
2354	883	ROSA FALARDO	48	F4554	91	F			INDIVIDUAL	01:44:45	01:43:07
2355	3223	PAULA PIRES	45	F4554	92	F			FAMILIA PIRES	01:49:46	01:48:38
2356	3538	CRISTINA FONSECA	36	F3544	140	F			INDIVIDUAL	01:50:53	01:49:59
2357	3185	ALBERTO MARQUES	47	M4549	265	M			CLUBE STRESS	01:53:15	01:51:35
2358	631	MARIANA VASCONCELOS	58	F5599	38	F			FAMILIA GP	01:53:18	01:53:18
2359	3204	TERESA RAIMUNDO	47	F4554	93	F			CLUBE STRESS	01:53:25	01:51:47