



27 DEZEMBRO'14
Av. da Liberdade

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1	6	Hermano Ferreira	00:14:36	00:29:52	00:29:52	1	Sporting Clube de Portugal	Senior	1	00:02:35	2
2	2	Rui Silva	00:14:36	00:30:09	00:30:08	2	Sporting Clube de Portugal	V35	1	00:02:47	7
3	4	Ricardo Ribas	00:14:36	00:30:32	00:30:32	3	Sport Lisboa e Benfica	V35	2	00:02:45	4
4	8	João Pereira	00:14:37	00:31:21	00:31:20	4	Sport Lisboa e Benfica	Senior	2	00:02:33	1
5	9979	João Valente	00:15:20	00:31:34	00:31:34	5	Clube de Atletismo de Ferreira do Zêzere	Senior	3	00:02:46	6
6	9374	Miguel Arraiolos	00:15:20	00:31:49	00:31:49	6	Sport Lisboa e Benfica	Senior	4	00:02:52	12
7	1	Dulce Félix	00:15:52	00:32:16	00:32:15	7	Sport Lisboa e Benfica	Senior	1	00:02:49	8
8	8668	Pedro Nogueira	00:15:41	00:32:31	00:32:30	8	MAFRA COM VENTO	Senior	5	00:02:57	30
9	9376	Alexandre Nobre	00:16:03	00:32:34	00:32:33	9		Senior	6	00:02:49	9
10	9375	Rafael Domingos	00:16:03	00:32:34	00:32:34	10	Sport Lisboa e Benfica	Junior	1	00:02:50	10
11	9377	Pedro Gaspar	00:16:03	00:32:56	00:32:55	11		Senior	7	00:02:53	17
12	7701	Duarte Marques	00:16:03	00:32:57	00:32:57	12	Águias de Alpiarça	Senior	8	00:02:55	22
13	9970	Antonio Travassos	00:16:06	00:33:04	00:33:03	14		V40	1	00:02:52	11
14	7698	Filipe Azevedo	00:16:03	00:33:09	00:33:08	16	Águias de Alpiarça	Senior	9	00:02:57	29
15	3041	Fábio Azinheirinha	00:13:54	00:33:10	00:33:00	13	Bombeiros Voluntários de Montemor-o-Novo	Senior	10	00:03:08	78
16	9038	Claudio Cardoso	00:16:22	00:33:15	00:33:14	17	A.M.Atibá	V35	3	00:02:58	33
17	9517	Filipe Branco	00:14:16	00:33:15	00:33:05	15		Senior	11	00:03:22	230
18	5	Sara Moreira	00:15:55	00:33:16	00:33:16	18	Sporting Clube de Portugal	Senior	2	00:02:59	38
19	9379	David Luis	00:16:02	00:33:17	00:33:16	20	Águias de Alpiarça	Junior	2	00:02:52	14

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20	9062	Vasco Vilaça	00:16:03	00:33:19	00:33:16	19	A.M.Atibá	Junior	3	00:03:10	89
21	5978	Tomás Azevedo	00:16:18	00:33:24	00:33:23	21	Kainágua	Junior	4	00:02:57	26
22	9967	Marco Costa	00:16:17	00:33:24	00:33:23	22	Clube Olimpico de Oeiras	Senior	12	00:03:03	55
23	2668	Nuno Romão	00:16:05	00:33:27	00:33:27	23	GFD Running	V40	2	00:03:00	40
24	9721	Egdar Monteiro	00:16:12	00:33:34	00:33:32	24		Senior	13	00:02:53	15
25	9301	Andre Braga	00:16:32	00:33:35	00:33:34	25	Sporting Clube de Portugal	Junior	5	00:02:55	19
26	2623	António Correia	00:16:21	00:33:36	00:33:34	26	ACLIS LIBERTY SEGUROS	V55	1	00:02:54	18
27	9382	João Pereira	00:16:03	00:33:43	00:33:43	28	Sport Lisboa e Benfica	Junior	6	00:02:59	39
28	8719	Celso Pinto	00:16:23	00:33:46	00:33:43	29		Senior	14	00:02:52	13
29	7647	João Gomes	00:15:08	00:33:48	00:33:38	27		V55	2	00:03:28	344
30	323	José Ferreira	00:16:25	00:33:48	00:33:46	30	Centro Cultural e Recreativo do Alto do Moinho	V40	3	00:03:05	61
31	8989	Nuno André	00:16:21	00:33:51	00:33:50	31	Clube Olimpico de Oeiras	Junior	7	00:02:55	20
32	10051	Nelson Graça	00:16:23	00:33:58	00:33:58	32	A.M.Atibá	Senior	15	00:03:00	43
33	3049	Ezequiel Lobo	00:16:21	00:34:00	00:33:59	34	Bombeiros Voluntários de Montemor-o-Novo	V40	4	00:03:02	50
34	10284	Fernando Carmo	00:14:36	00:34:08	00:33:58	33		V45	1	00:03:21	222
35	7580	David Fernandes	00:16:43	00:34:11	00:34:10	36	GFD Running	V40	5	00:02:53	16
36	2260	João Ginja	00:16:33	00:34:12	00:34:10	37		V45	2	00:02:55	21
37	3371	Hugo Freire	00:14:31	00:34:12	00:34:02	35	Associação GD Academia do Korpo	V35	4	00:03:22	237
38	8647	Hélder Silva	00:16:33	00:34:14	00:34:11	38		V40	6	00:02:58	32



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39	9378	Leonardo Nunes	00:16:43	00:34:14	00:34:14	43		Senior	16	00:02:59	37
40	2660	António Sousa	00:16:51	00:34:15	00:34:13	40	GFD Running	V40	7	00:02:57	23
41	7699	Pedro Ribeiro	00:16:35	00:34:15	00:34:14	42	Águias de Alpiarça	Senior	17	00:02:57	24
42	2785	Diogo Baena	00:16:35	00:34:16	00:34:13	41		Senior	18	00:02:57	25
43	5754	Rodrigo Duarte	00:16:52	00:34:18	00:34:17	45	NúcleOeiras / Sportzone	Senior	19	00:03:01	46
44	4452	Nuno Almeida	00:12:55	00:34:22	00:34:12	39	CLUBE MILLENNIUM BCP	V40	8	00:03:37	622
45	6907	Luis Cipriano	00:14:43	00:34:25	00:34:15	44	AMCR Fonte Grada	V40	9	00:03:15	131
46	5972	Nuno Carpinteiro	00:16:44	00:34:26	00:34:24	46	Kainágua	Senior	20	00:03:03	53
47	7803	Ricardo Pereira	00:16:44	00:34:28	00:34:26	47	GRFH - IMPORTAÇÃO E EXPORTAÇÃO	V35	5	00:03:07	75
48	2751	Rodrigo Costa	00:16:36	00:34:33	00:34:33	48	Escola Atletismo Rui Silva	Senior	21	00:03:01	44
49	9006	Diogo Custódio	00:16:45	00:34:40	00:34:39	50	Clube Olimpico de Oeiras	Senior	22	00:03:00	42
50	5746	Luis Barata	00:16:57	00:34:41	00:34:40	51	NúcleOeiras / Sportzone	V40	10	00:03:05	60
51	9	Luis Feiteira	00:15:20	00:34:41	00:34:41	52	Sporting Clube de Portugal	V40	11	00:03:44	908
52	2620	Paulo Guimarães	00:17:14	00:34:45	00:34:44	53	ACLIS LIBERTY SEGUROS	V35	6	00:02:59	36
53	5809	Paulo Pinto	00:14:54	00:34:46	00:34:36	49	trafaria e caparica	V40	12	00:03:18	161
54	7558	Hugo Ganchas	00:16:44	00:34:47	00:34:46	54		Junior	8	00:03:05	63
55	6699	Vitor Oliveira	00:17:20	00:34:58	00:34:57	55	Weventual	Senior	23	00:03:02	48
56	1411	Diogo Ramalheira	00:16:34	00:35:01	00:34:59	56		Senior	24	00:03:11	103
57	9383	Sérgio Dias	00:16:46	00:35:04	00:35:03	58		V35	7	00:03:04	57



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58	4019	Rui Belo	00:17:22	00:35:05	00:35:03	59		V35	8	00:03:06	66
59	7700	Vasco Pessoa	00:16:52	00:35:06	00:35:05	61	Águias de Alpiarça	Senior	25	00:03:13	115
60	7706	Sérgio Santos	00:17:21	00:35:06	00:35:06	62	Águias de Alpiarça	V45	3	00:03:03	54
61	1539	Leonor Carneiro	00:17:28	00:35:08	00:35:08	65	Sporting Clube de Portugal	V35	1	00:02:57	31
62	4408	Andre Januario	00:17:28	00:35:09	00:35:06	63	CLUBE MILLENNIUM BCP	Senior	26	00:02:57	27
63	3307	Nuno Rocha	00:17:02	00:35:09	00:35:07	64	GRCD Leião	V35	9	00:03:06	65
64	8273	David Oliveira	00:17:14	00:35:10	00:35:08	66	GOC	Senior	27	00:03:01	45
65	9051	Marco Mello	00:16:53	00:35:10	00:35:10	67	A.M.Atibá	V40	13	00:03:07	69
66	2655	Eugenio Neto	00:16:57	00:35:11	00:35:11	68	GFD Running	V50	1	00:03:14	120
67	7576	Claudia Pereira	00:17:28	00:35:13	00:35:13	70	GFD Running	V35	2	00:03:02	49
68	647	Vitor Marques	00:17:06	00:35:13	00:35:13	71	Correr Lisboa	V35	10	00:03:09	81
69	9918	Miguel Guerreiro	00:14:55	00:35:14	00:35:04	60		V45	4	00:03:31	416
70	6630	Carlos Papacinha	00:16:43	00:35:18	00:35:13	69	CNAlvito	Senior	28	00:03:27	325
71	1990	Virgilio Gomes	00:17:01	00:35:22	00:35:20	72		V45	5	00:03:10	91
72	2662	Fernando Pereira	00:17:21	00:35:25	00:35:24	73	GFD Running	V40	14	00:03:07	72
73	407	Paulo Santos	00:16:58	00:35:28	00:35:27	74		V40	15	00:03:10	93
74	1213	Olaide Ogunronbi	00:17:26	00:35:34	00:35:33	76		Senior	29	00:03:07	73
75	9292	João Ferreira	00:16:53	00:35:35	00:35:35	77	Clube Olimpico de Oeiras	V35	11	00:03:12	105
76	3995	João Piteira	00:17:51	00:35:36	00:35:03	57		Senior	30	00:03:07	74



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77	2621	Rui Baltazar	00:17:17	00:35:37	00:35:36	78	ACLIS LIBERTY SEGUROS	V45	6	00:03:12	106
78	10461	João Pascoal	00:15:46	00:35:38	00:35:28	75		Senior	31	00:03:22	229
79	399	Rui Narigueta	00:17:07	00:35:38	00:35:38	80	Volkswagen Autoeuropa	V35	12	00:03:11	102
80	3254	Joao Boa	00:17:20	00:35:41	00:35:40	81	Clube de Atletismo Odimarq	Senior	32	00:02:59	35
81	7494	Edgar Jacinto	00:17:35	00:35:44	00:35:36	79	AutoJacinto	Senior	33	00:03:04	56
82	5755	Ricardo Lanceiro	00:16:58	00:35:45	00:35:43	83	NúcleOeiras / Sportzone	V35	13	00:03:16	147
83	7964	João Gonçalves	00:17:20	00:35:46	00:35:45	85		V45	7	00:03:10	92
84	3044	Rodrigo Carrilho	00:17:21	00:35:46	00:35:45	84	Bombeiros Voluntários de Montemor-o-Novo	Senior	34	00:03:15	134
85	6408	Mário Ferreira	00:17:41	00:35:56	00:35:54	89	Clube Olimpico de Oeiras	Senior	35	00:03:06	64
86	183	Rui Miguel	00:17:03	00:35:56	00:35:54	90		Senior	36	00:03:32	456
87	4723	Carlos Gomes	00:17:20	00:35:56	00:35:54	88	Clube EDP - Lisboa	V50	2	00:03:13	117
88	13	Joaquim Carvalho	00:17:21	00:35:56	00:35:53	87		V40	16	00:03:12	104
89	3374	Ricardo Gutierres	00:15:30	00:35:59	00:35:49	86	Associação GD Academia do Korpo	V35	14	00:03:27	338
90	2656	Ernesto Ferreira	00:17:43	00:36:01	00:36:00	91	GFD Running	V40	17	00:03:10	90
91	9002	Pedro Martin	00:17:58	00:36:03	00:35:42	82	Clube Olimpico de Oeiras	V35	15	00:03:08	77
92	8985	David Maia	00:17:42	00:36:09	00:36:07	92	Clube Olimpico de Oeiras	Senior	37	00:03:07	71
93	3660	Diogo Lima	00:17:47	00:36:12	00:36:11	94	Lebre e Tartaruga	Senior	38	00:03:07	76
94	5823	Paulo Alves	00:17:33	00:36:12	00:36:09	93	GDCTIN Casa da Moeda	V35	16	00:03:14	128
95	2617	Jose Caramelo	00:17:30	00:36:14	00:36:12	95	ACLIS LIBERTY SEGUROS	V40	18	00:03:06	68



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96	63	Rodrigo Noivo	00:18:21	00:36:16	00:36:14	96	GO!Runners	Senior	39	00:02:58	34
97	8996	Miguel Silva	00:17:42	00:36:19	00:36:18	97	Clube Olimpico de Oeiras	Junior	9	00:03:11	101
98	8667	Fábio Durão	00:17:28	00:36:19	00:36:19	99	Clube Desportivo Ribeirense	Senior	40	00:03:12	108
99	3444	José Figueira	00:17:32	00:36:23	00:36:22	102		V45	8	00:03:10	84
100	3624	Pedro Mota	00:17:58	00:36:23	00:36:19	100		V40	19	00:03:00	41
101	4617	João Guerreiro	00:18:17	00:36:24	00:36:18	98		Senior	41	00:03:05	62
102	7	Ercilia Machado	00:17:28	00:36:27	00:36:27	104	Sporting Clube de Portugal	Senior	3	00:03:20	190
103	8544	Joaquim Mouraia	00:17:42	00:36:28	00:36:21	101	EXICTOS Running Team	V45	9	00:03:04	59
104	8987	André Fernandes	00:17:43	00:36:29	00:36:28	107	Clube Olimpico de Oeiras	Junior	10	00:03:14	127
105	3630	João Andrade	00:17:42	00:36:30	00:36:28	105	GFD Running	V45	10	00:03:29	368
106	5117	João Colaço	00:17:42	00:36:30	00:36:28	106	NEL - Pédatleta	V40	20	00:03:17	159
107	9409	José Barros	00:16:27	00:36:33	00:36:23	103		Senior	42	00:03:30	401
108	7578	Carlos Freitas	00:17:57	00:36:35	00:36:34	109	GFD Running	V40	21	00:03:10	88
109	3698	Nuno Sebastião	00:17:56	00:36:36	00:36:30	108		V35	17	00:03:12	111
110	3400	Jorge Rodrigues	00:17:55	00:36:37	00:36:34	110		V45	11	00:03:07	70
111	8986	Afonso Garcia	00:17:21	00:36:38	00:36:37	113	Clube Olimpico de Oeiras	Junior	11	00:03:33	481
112	2343	José Lopes	00:17:51	00:36:38	00:36:36	111		V45	12	00:03:11	96
113	1025	Nuno Soares	00:17:50	00:36:39	00:36:36	112	Correr Lisboa	Senior	43	00:03:19	181
114	8993	Afonso Feijão	00:17:51	00:36:39	00:36:38	114	Clube Olimpico de Oeiras	Junior	12	00:03:17	157



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115	3587	Alcino Nunes	00:17:56	00:36:40	00:36:38	115	CLAC - Entroncamento	V40	22	00:03:09	79
116	1338	Paulo Benevente	00:17:52	00:36:46	00:36:41	116	C. A. Amigos Parque da Paz	Senior	44	00:03:11	94
117	7686	João Lopes	00:17:43	00:36:51	00:36:49	120	Águias de Alpiarça	Junior	13	00:03:26	321
118	3223	Luís Rio	00:18:15	00:36:52	00:36:42	117	G D C Banco de Portugal	V40	23	00:03:02	51
119	353	Carlos Jorge	00:18:23	00:36:54	00:36:48	118		V45	13	00:03:04	58
120	813	Pedro Mestre	00:17:42	00:36:55	00:36:53	122	Netcourier Logistica	V40	24	00:03:01	47
121	3046	Mário Grilo	00:17:39	00:36:55	00:36:52	121	Bombeiros Voluntários de Montemor-o-Novo	Junior	14	00:03:17	158
122	9963	José Dias	00:17:52	00:36:55	00:36:49	119	A.M.Atibá	V35	18	00:03:14	124
123	3786	João Ribeiro	00:17:52	00:36:56	00:36:54	123	Centro Cultural e Recreativo do Alto do Moinho	V40	25	00:03:16	148
124	7688	Miguel Cassiano	00:17:34	00:37:01	00:36:58	125	Águias de Alpiarça	Junior	15	00:03:20	203
125	2032	Miguel Teixeira	00:17:53	00:37:01	00:37:00	129		V40	26	00:03:09	83
126	1285	Carlos Silva	00:18:14	00:37:02	00:36:57	124		V50	3	00:03:14	118
127	9057	Pedro Carlos	00:17:51	00:37:02	00:36:59	126	A.M.Atibá	Junior	16	00:03:13	114
128	9004	Miguel Fragoso	00:18:15	00:37:03	00:36:59	127	Clube Olimpico de Oeiras	V45	14	00:03:15	130
129	3357	João Ferreira	00:18:15	00:37:06	00:37:00	128	RSB	V35	19	00:03:11	100
130	3787	António Rodrigues	00:18:13	00:37:09	00:37:01	130		Senior	45	00:03:15	136
131	7696	Nuno Lima	00:18:13	00:37:10	00:37:09	135	Águias de Alpiarça	Senior	46	00:03:14	119
132	9152	Edgar Ganilho	00:17:42	00:37:13	00:37:13	136	OFFTEL RUNNERS	Senior	47	00:03:23	269
133	8947	Rui Cabeças	00:18:15	00:37:15	00:37:09	133		V40	27	00:03:12	110



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134	7702	Filipa Santos	00:18:18	00:37:15	00:37:15	138	Águias de Alpiarça	Senior	4	00:03:16	145
135	7635	Celso Gouveia	00:18:11	00:37:15	00:37:15	139		V45	15	00:03:15	135
136	3757	André Jesus	00:17:55	00:37:16	00:37:08	132		Senior	48	00:03:09	82
137	2624	Pedro Correia	00:17:52	00:37:16	00:37:09	134	ACLIS LIBERTY SEGUROS	Senior	49	00:03:28	349
138	6776	Ricardo Franco	00:18:52	00:37:18	00:37:08	131		Senior	50	00:03:11	98
139	4595	Paulo Jesus	00:17:59	00:37:19	00:37:18	141		V40	28	00:03:18	164
140	8991	João Jacinto	00:17:58	00:37:19	00:37:18	142	Clube Olimpico de Oeiras	Junior	17	00:03:21	216
141	5986	Luis Alegrias	00:18:17	00:37:20	00:37:20	145	Kainágua	V35	20	00:03:18	170
142	6410	Rui Almeida	00:16:32	00:37:24	00:37:14	137		V40	29	00:03:32	462
143	9504	Miguel Araujo	00:17:59	00:37:25	00:37:23	147		V45	16	00:03:19	183
144	2618	João Cardoso	00:19:01	00:37:27	00:37:19	143	ACLIS LIBERTY SEGUROS	V50	4	00:03:15	132
145	2320	Nuno Silva	00:17:30	00:37:28	00:37:27	150	Clube Atletismo Amigos de Belém	Senior	51	00:03:53	1306
146	10447	Rodrigo Esteves	00:18:10	00:37:29	00:37:27	151		V35	21	00:03:16	142
147	4004	André Gaga	00:18:14	00:37:31	00:37:21	146		Senior	52	00:03:12	113
148	6833	Pedro Melitão	00:18:00	00:37:32	00:37:26	149		Senior	53	00:03:28	347
149	9293	Hugo Ferreira	00:17:51	00:37:32	00:37:32	156	Clube Olimpico de Oeiras	V35	22	00:03:30	415
150	557	Pedro Amigo	00:18:16	00:37:33	00:37:29	153	Team Bellissimus Caffé	Senior	54	00:03:18	174
151	7828	Luis Pereira	00:17:58	00:37:33	00:37:30	154		V40	30	00:03:21	219
152	7021	Carlos Carvalho	00:18:32	00:37:33	00:37:17	140	Núcleo Sportinguista de Galveias	Senior	55	00:03:14	122



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153	3647	Daniel Silva	00:18:33	00:37:35	00:37:24	148		Junior	18	00:03:15	139
154	3067	Ricardo Patrício	00:18:02	00:37:36	00:37:32	157	CCD Crédito Agrícola Mútuo	V35	23	00:03:25	293
155	3372	Hugo Barroso	00:16:25	00:37:38	00:37:28	152	Associação GD Academia do Korpo	V35	24	00:03:36	598
156	3589	José Gomes	00:18:15	00:37:38	00:37:34	158	CLAC - Entroncamento	V50	5	00:03:21	207
157	8612	João Pateira	00:18:20	00:37:38	00:37:38	163		V35	25	00:03:14	126
158	9061	Telmo Silva	00:19:06	00:37:39	00:37:37	162	A.M.Atibá	V35	26	00:02:42	3
159	5826	Ricardo Neves	00:18:13	00:37:39	00:37:37	161	GDCTIN Casa da Moeda	V35	27	00:03:26	310
160	9381	Ana Ramos	00:18:29	00:37:40	00:37:40	165	CAPGE	Junior	1	00:03:19	188
161	2935	Hugo Reis	00:18:34	00:37:41	00:37:35	159	GDINE	V45	17	00:03:09	80
162	1839	Armando Pessoa	00:18:09	00:37:44	00:37:40	164	SS CGD	V45	18	00:03:15	133
163	7297	João Ferreira	00:17:57	00:37:48	00:37:45	167		Senior	56	00:03:32	475
164	3370	Miguel Sobral	00:18:21	00:37:49	00:37:46	168	Associação GD Academia do Korpo	V35	28	00:03:14	121
165	9003	Estefânia Calvo	00:18:33	00:37:51	00:37:30	155	Clube Olímpico de Oeiras	Senior	5	00:03:20	205
166	1989	Carlos Henriques	00:18:28	00:37:51	00:37:44	166	RB RUNNING	V35	29	00:03:15	141
167	3795	João Inocêncio	00:19:22	00:37:51	00:37:19	144	Amigos Vale Silencio	V40	31	00:03:10	85
168	365	Sérgio Silva	00:18:47	00:37:53	00:37:51	171		V35	30	00:03:10	86
169	9980	Carlos Ferreira	00:18:47	00:37:53	00:37:51	172		V45	19	00:03:10	87
170	9951	Mário Ferreira	00:18:17	00:37:53	00:37:50	170	Clube Olímpico de Oeiras	Senior	57	00:03:18	166
171	2871	Alexandre Felício	00:18:10	00:37:53	00:37:36	160	Correr Lisboa	Senior	58	00:03:36	597



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172	9299	Sérgio Claro	00:18:16	00:37:55	00:37:54	174	Clube Olimpico de Oeiras	Senior	59	00:03:19	182
173	8728	Sergio Costa	00:18:18	00:37:56	00:37:54	175		V40	32	00:03:21	218
174	2348	Jose Santos	00:18:19	00:37:56	00:37:54	176		V45	20	00:03:16	143
175	9971	José Geada	00:18:28	00:37:56	00:37:52	173		V40	33	00:03:17	156
176	6469	Nuno Torres	00:18:24	00:37:57	00:37:54	177		V35	31	00:03:22	235
177	4374	Miguel Baltazar	00:18:33	00:37:58	00:37:58	183	CLUBE MILLENNIUM BCP	Junior	19	00:03:21	217
178	2448	Sávio Silva	00:17:21	00:37:59	00:37:55	178		Junior	20	00:03:46	970
179	2354	Luis Matos	00:18:30	00:38:02	00:37:59	184		V40	34	00:03:17	152
180	2874	Miguel Macieira	00:19:02	00:38:02	00:37:56	181		V35	32	00:03:19	177
181	8677	Pedro Marques	00:18:24	00:38:03	00:37:58	182		V35	33	00:03:21	206
182	7607	Pedro Vieira	00:18:28	00:38:03	00:37:55	180		V35	34	00:03:21	212
183	6548	Diogo Lopes	00:18:42	00:38:04	00:37:55	179		V40	35	00:03:17	153
184	8787	David Inácio	00:17:16	00:38:04	00:38:02	187	Juventude Desportiva Almansor	Senior	60	00:03:53	1325
185	10463	Duarte Abreu	00:18:43	00:38:05	00:38:05	195		V40	36	00:03:18	167
186	5977	José Piteira	00:18:02	00:38:09	00:38:04	190	Kainágua	Junior	21	00:03:22	246
187	65	Paulo Santos	00:18:27	00:38:09	00:38:01	186		Senior	61	00:03:26	320
188	9905	Ricardo Pita	00:18:34	00:38:09	00:38:05	194		Senior	62	00:03:16	146
189	2915	Rui Henriques	00:18:26	00:38:09	00:38:06	200	Serviços Sociais Montepio Geral	V35	35	00:03:21	221
190	2359	Nuno Teixeira	00:18:19	00:38:10	00:38:04	191		V35	36	00:03:24	278



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
191	9059	Sergio Trindade	00:18:13	00:38:11	00:38:05	193	A.M.Atibá	V35	37	00:03:18	171
192	6119	Frederico Mesquita	00:15:15	00:38:11	00:38:01	185	Hot Runners	Junior	22	00:03:59	1651
193	1744	Gonçalo Caldeira	00:18:30	00:38:12	00:38:02	188		Junior	23	00:03:21	223
194	2645	Diogo Pinhao	00:19:03	00:38:12	00:38:07	202		Junior	24	00:03:14	125
195	9015	Pedro Mendes	00:18:20	00:38:12	00:38:05	196	Clube Olimpico de Oeiras	Senior	63	00:03:26	319
196	2670	Pedro Sobral	00:18:33	00:38:12	00:38:08	203	GFD Running	V35	38	00:03:11	99
197	6086	Luis Rodrigues	00:18:48	00:38:13	00:38:03	189		V40	37	00:03:18	165
198	9014	Ricardo Santos	00:18:50	00:38:13	00:38:09	204	Clube Olimpico de Oeiras	Senior	64	00:03:20	204
199	10390	Nuno Delicado	00:18:17	00:38:14	00:38:12	207		V35	39	00:03:39	677
200	4835	Fernando Gomes	00:18:26	00:38:14	00:38:10	206	Unidos da Manutenção	V40	38	00:03:22	240
201	9380	Melanie Santos	00:18:29	00:38:15	00:38:14	209	Alhandra Sporting Clube	Junior	2	00:03:25	291
202	2665	Luís Pereira	00:18:44	00:38:15	00:38:07	201	GFD Running	V45	21	00:03:18	168
203	2176	Nuno Jacinto	00:16:20	00:38:16	00:38:06	199	Os Galgos	V35	40	00:03:41	750
204	4646	Francisco Monte	00:19:07	00:38:16	00:38:10	205		Senior	65	00:03:18	169
205	3776	Alexandre Ferreira	00:19:40	00:38:16	00:38:06	198		V50	6	00:03:12	109
206	10486	Rui Cochilha	00:19:16	00:38:16	00:38:05	192		V40	39	00:03:18	175
207	5968	Carlos Gomes	00:16:10	00:38:16	00:38:06	197	CLAC - Entroncamento	Junior	25	00:03:42	804
208	7575	Anabela Gomes	00:18:42	00:38:20	00:38:20	214	GFD Running	V35	3	00:03:27	324
209	5778	André Lopes	00:19:04	00:38:22	00:38:13	208	Furões do Alentejo	Senior	66	00:03:19	179



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
210	7834	Daniel Mendes	00:19:45	00:38:22	00:37:49	169		Senior	67	00:03:02	52
211	10356	Artur Lopes	00:18:39	00:38:23	00:38:23	220		V40	40	00:03:20	189
212	7740	Pedro Barata	00:19:21	00:38:23	00:38:14	210	Clube ANA Lisboa	Senior	68	00:03:11	97
213	7570	Mário Boucinha	00:19:21	00:38:23	00:38:15	211		V40	41	00:03:11	95
214	9048	José Heitor	00:19:06	00:38:24	00:38:21	218	A.M.Atibá	V50	7	00:03:26	322
215	7581	Fábio Domingos	00:19:06	00:38:24	00:38:20	215	GFD Running	Senior	69	00:03:26	323
216	5976	Nuno Piteira	00:18:31	00:38:25	00:38:20	216	Kainágua	Senior	70	00:03:27	327
217	3602	Ricardo Silva	00:18:32	00:38:25	00:38:20	217	CLAC - Entroncamento	Senior	71	00:03:35	547
218	5753	Rodrigo Santos	00:19:12	00:38:26	00:38:23	219	NúcleOeiras / Sportzone	V35	41	00:03:14	129
219	5325	Julio Almeida	00:18:58	00:38:28	00:38:25	222	CCD Sintrense	V45	22	00:03:20	193
220	4576	Paulo Costa	00:18:50	00:38:29	00:38:20	213		V40	42	00:03:20	194
221	118	Fernando Almeida	00:18:53	00:38:30	00:38:26	224	VFF 1896	V35	42	00:03:21	209
222	9832	Samuel Santoa	00:18:47	00:38:30	00:38:15	212		Senior	72	00:03:25	302
223	5982	André Costa	00:18:35	00:38:31	00:38:26	223	Kainágua	V35	43	00:03:23	263
224	7282	Pedro Isidoro	00:18:33	00:38:33	00:38:28	225	Run-Lovers	Senior	73	00:03:30	413
225	7241	João Martins	00:18:41	00:38:34	00:38:24	221	G D C Banco de Portugal	Senior	74	00:03:23	262
226	1999	Paulo Costa	00:19:30	00:38:35	00:38:29	227	RB RUNNING	V45	23	00:03:13	116
227	2405	José Lemos	00:18:53	00:38:36	00:38:30	228	Valejas Atlético Clube	V50	8	00:03:25	295
228	8235	João Marques	00:18:42	00:38:36	00:38:28	226		V50	9	00:03:29	378

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
229	5216	Daniel Pereira	00:18:43	00:38:38	00:38:33	231	Papa-almoços	Senior	75	00:03:21	214
230	3799	Fernando Rodrigues	00:18:53	00:38:38	00:38:34	233	Amigos Vale Silencio	V45	24	00:03:24	282
231	2652	Rui Palma	00:19:04	00:38:40	00:38:34	234	GFD Running	V40	43	00:03:26	313
232	4104	Pedro Cardoso	00:19:06	00:38:41	00:38:34	232	Correr Lisboa	Senior	76	00:03:28	354
233	10601	Luis Lourenço	00:14:53	00:38:41	00:38:31	229		V40	44	00:03:58	1608
234	8263	Duarte Ribeiro	00:19:06	00:38:43	00:38:32	230		Senior	77	00:03:22	238
235	878	João Maia	00:18:57	00:38:43	00:38:38	237	Falcões Selvagens	V50	10	00:03:30	402
236	3596	Abreu Moura	00:18:51	00:38:44	00:38:38	238	CLAC - Entroncamento	V55	3	00:03:27	332
237	7550	Hélder Ferreira	00:18:40	00:38:45	00:38:43	242		V50	11	00:03:21	224
238	1984	Miguel Nunes	00:18:59	00:38:46	00:38:42	241	Tartarugas	V35	44	00:03:28	343
239	2222	Luis Luciano	00:18:56	00:38:46	00:38:39	239		V45	25	00:03:29	373
240	6908	José Dias	00:16:38	00:38:47	00:38:37	235	AMCR Fonte Grada	V40	45	00:03:43	864
241	8368	João Aguilar	00:17:30	00:38:47	00:38:37	236	RESTAURANTE O CARTAXEIRO-CANEÇAS	Senior	78	00:03:31	430
242	6342	Licínio Santos	00:18:33	00:38:48	00:38:43	243		Senior	79	00:03:32	469
243	8789	Sérgio Oliveira	00:18:52	00:38:49	00:38:43	244	Juventude Desportiva Almansor	Senior	80	00:03:21	215
244	4212	Luis Vidinha	00:18:51	00:38:49	00:38:43	245	CAN-Clube de Atletismo da Nazaré	V45	26	00:03:30	411
245	4348	Pedro Martins	00:19:14	00:38:50	00:38:50	253	CLUBE MILLENNIUM BCP	V45	27	00:03:24	287
246	5205	António Varandas	00:19:19	00:38:50	00:38:45	247		V40	46	00:03:29	370
247	5098	João Veiga	00:19:04	00:38:50	00:38:48	249	BRRnightRUNNERS - Barreiro	V40	47	00:03:24	286



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248	3074	Artur Freire	00:17:43	00:38:52	00:38:42	240	CCD Crédito Agrícola Mútuo	Senior	81	00:03:23	259
249	16	Antonio Figueiredo	00:18:52	00:38:53	00:38:49	251		Senior	82	00:03:26	312
250	1335	Pedro Gabriel	00:19:08	00:38:54	00:38:49	250	C. A. Amigos Parque da Paz	V40	48	00:03:24	285
251	984	Pedro Vieira	00:19:16	00:38:54	00:38:47	248		V35	45	00:03:24	288
252	7177	Vitor Venda	00:17:39	00:38:55	00:38:45	246		V40	49	00:03:38	658
253	8992	Pedro Silva	00:17:56	00:38:55	00:38:53	256	Clube Olimpico de Oeiras	Junior	26	00:03:57	1540
254	3342	Fernando Janeiro	00:18:56	00:38:55	00:38:54	258	Bombeiros Voluntários de Montemor-o-Novo	V40	50	00:03:26	311
255	1612	Carlos Nunes	00:19:07	00:38:55	00:38:50	254	MENU DE ATLETA	Senior	83	00:03:19	185
256	9325	Alexandre França	00:17:15	00:39:00	00:38:50	252		Junior	27	00:03:53	1309
257	5370	David Rosa	00:19:22	00:39:01	00:38:54	257		V35	46	00:03:22	234
258	4007	Nuno Casaca	00:19:07	00:39:02	00:38:58	261		Senior	84	00:03:23	253
259	10438	Jose Silva	00:17:18	00:39:02	00:38:52	255		V50	12	00:03:39	683
260	8022	Mark Ribeiro	00:18:14	00:39:03	00:38:56	260	Ginásio Vivência Explosiva	Senior	85	00:03:37	615
261	3373	Alexandre Silva	00:17:01	00:39:05	00:38:55	259	Associação GD Academia do Korpo	V35	47	00:03:44	918
262	9050	Madalena Almeida	00:18:23	00:39:06	00:39:03	265	A.M.Atibá	Junior	3	00:03:31	419
263	7984	Pedro Nunes	00:18:42	00:39:08	00:38:59	262		Senior	86	00:03:23	250
264	1484	Jaime Lamego	00:18:48	00:39:08	00:39:04	266	MultiRunners	V50	13	00:03:28	345
265	7377	Wilson Bento	00:18:41	00:39:09	00:39:09	277		Senior	87	00:03:32	447
266	102	Claudio Leal	00:19:07	00:39:09	00:39:05	269		Senior	88	00:03:23	258

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
267	9968	Rui Martins	00:18:49	00:39:09	00:39:05	270		Senior	89	00:03:29	384
268	9952	Pedro Salvador	00:17:07	00:39:11	00:39:01	263		V35	48	00:03:41	746
269	9042	Gabriel Teixeira	00:18:44	00:39:11	00:39:08	274	A.M.Atibá	Junior	28	00:03:25	290
270	6097	Joaquim Pato	00:19:06	00:39:11	00:39:07	273		V40	51	00:03:24	283
271	95	Armando Rafael	00:19:20	00:39:15	00:39:08	276		V40	52	00:03:21	220
272	3226	António Simões	00:19:33	00:39:15	00:39:06	271	G D C Banco de Portugal	V40	53	00:03:18	160
273	8057	Diogo Silva	00:18:45	00:39:16	00:39:13	278		V35	49	00:03:23	264
274	3593	Nelson Oliveira	00:19:16	00:39:17	00:39:07	272	CLAC - Entroncamento	V35	50	00:03:26	314
275	3594	Luis Mota	00:18:52	00:39:18	00:39:14	283	CLAC - Entroncamento	V40	54	00:03:26	315
276	5232	Ricardo Passos	00:19:19	00:39:19	00:39:05	267	Bloco de Este	Senior	90	00:03:22	243
277	2807	José Mota	00:19:03	00:39:19	00:39:13	279		Senior	91	00:03:23	249
278	8486	António Texugo	00:18:36	00:39:20	00:39:14	282		Senior	92	00:03:44	920
279	375	Nuno Pereira	00:19:04	00:39:21	00:39:13	280		V35	51	00:03:15	138
280	2123	Fernando Silva	00:18:54	00:39:21	00:39:17	287	Escola Atletismo Rui Silva	V50	14	00:03:22	232
281	2642	Luis Santos	00:19:35	00:39:21	00:39:15	285	LUSO-ATLANTICA SA	Senior	93	00:03:20	198
282	3681	Bruno Gonçalves	00:18:50	00:39:22	00:39:17	288		V35	52	00:03:26	317
283	5196	Nelson Fernandes	00:19:19	00:39:22	00:39:14	281		V35	53	00:03:24	273
284	3784	Jorge Miranda	00:19:02	00:39:23	00:39:19	290	Centro Cultural e Recreativo do Alto do Moinho	Senior	94	00:03:46	982
285	5905	Filipe Inácio	00:19:19	00:39:24	00:39:15	284	Ecocalcario	Senior	95	00:03:26	309



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286	1485	Luis Paulo	00:19:20	00:39:24	00:39:18	289	MultiRunners	V45	28	00:03:25	298
287	5620	João Pastor	00:18:48	00:39:24	00:39:19	291	Amigos Atletismo Mafra	V40	55	00:03:29	381
288	2949	Marcos Oliveira	00:19:21	00:39:25	00:39:19	292	GDINE	V40	56	00:03:28	341
289	479	Filipe Torres	00:19:03	00:39:27	00:39:21	295		Senior	96	00:03:32	454
290	3362	Antonio Louro	00:19:19	00:39:27	00:39:17	286		V40	57	00:03:22	241
291	6295	Pedro Fernandes	00:19:53	00:39:28	00:39:21	294	VdAtletas	Senior	97	00:03:17	150
292	4591	Emanuel Oliveira	00:19:00	00:39:28	00:39:27	304	Kalorias Runners	V40	58	00:03:12	107
293	9310	Marco Pinto	00:18:58	00:39:29	00:39:28	306		Senior	98	00:03:28	348
294	863	Sérgio Macatrão	00:19:42	00:39:29	00:39:22	296		V55	4	00:03:16	144
295	5832	Mário Duarte	00:19:10	00:39:30	00:39:30	308		V50	15	00:03:30	406
296	7675	Jorge Fontes	00:19:50	00:39:30	00:39:24	298		V50	16	00:03:20	202
297	4833	Rui Cardoso	00:19:02	00:39:31	00:39:22	297	Unidos da Manutenção	V40	59	00:03:33	478
298	7663	Vasco Rijo	00:18:53	00:39:31	00:39:26	301	Os Metralhas BTT / Running	Senior	99	00:03:24	272
299	8994	Hugo Pereira	00:17:21	00:39:32	00:39:29	307	Clube Olimpico de Oeiras	Junior	29	00:03:32	449
300	8518	Pedro Guarita	00:19:11	00:39:32	00:39:27	302		V40	60	00:03:34	526
301	7454	José Gomes	00:18:48	00:39:32	00:39:28	305		V35	54	00:03:35	558
302	2183	Ricardo Alves	00:19:08	00:39:33	00:39:26	299	Açoreana Clube Banif	Senior	100	00:03:25	297
303	7687	Alexandra Santos	00:19:06	00:39:33	00:39:32	313	Águias de Alpiarça	Junior	4	00:03:33	494
304	7617	Miguel Lourenço	00:19:12	00:39:33	00:39:26	300		V40	61	00:03:30	407



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305	2712	João Rebelo	00:19:06	00:39:33	00:39:27	303		Senior	101	00:03:34	531
306	1412	Nuno Almeida	00:19:51	00:39:35	00:39:02	264	RB RUNNING	V40	62	00:03:22	239
307	1672	Germano Silva	00:19:19	00:39:37	00:39:33	316		V55	5	00:03:25	300
308	666	Miguel Gonçalves	00:19:43	00:39:38	00:39:32	311	CCD Crédito Agrícola Mútuo	V35	55	00:03:23	257
309	159	Jose Esteves	00:19:12	00:39:39	00:39:36	318		V45	29	00:03:26	308
310	9729	Mauro Eduardo	00:19:28	00:39:39	00:39:20	293	Beer Boys	Senior	102	00:03:35	560
311	491	Pedro Soares	00:19:10	00:39:41	00:39:37	321	Correr Lisboa	V35	56	00:03:24	275
312	2131	André Quarenta	00:19:42	00:39:41	00:39:36	317	Açoreana Clube Banif	V40	63	00:03:23	266
313	3145	Heitor Cardoso	00:19:32	00:39:41	00:39:33	315		V50	17	00:03:23	268
314	4424	Artur Botao	00:14:44	00:39:41	00:39:31	309	CLUBE MILLENNIUM BCP	V40	64	00:04:08	2223
315	7470	Paulo Oliveira	00:19:11	00:39:42	00:39:37	319		V45	30	00:03:29	375
316	7955	José Lagariço	00:19:13	00:39:43	00:39:41	327	Amigos Atletismo Mafra	V40	65	00:03:30	403
317	2128	Alexandra Alves	00:19:13	00:39:43	00:39:40	325	Açoreana Clube Banif	Senior	6	00:03:27	339
318	4043	Mário Gomes	00:20:00	00:39:44	00:39:37	320	Açoreana Clube Banif	V40	66	00:03:23	260
319	4098	Bruno Lencastre	00:20:08	00:39:45	00:39:31	310		Senior	103	00:03:18	162
320	9161	Marcelo Ferreira	00:19:34	00:39:45	00:39:39	324		Senior	104	00:03:21	210
321	2674	Victor Carvalho	00:19:43	00:39:45	00:39:40	326	GFD Running	V50	18	00:03:24	270
322	1011	Luís Pisco	00:19:17	00:39:46	00:39:32	312		Senior	105	00:03:30	405
323	3241	João Catalão	00:19:04	00:39:46	00:39:39	323	Rail Runners	Senior	106	00:03:38	646

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
324	8872	Francisco Gomes	00:19:21	00:39:48	00:39:42	329		V45	31	00:03:20	199
325	4293	Pedro Silva	00:19:35	00:39:49	00:39:48	334	CLUBE MILLENNIUM BCP	V45	32	00:03:28	355
326	466	Carlos Caetano	00:19:00	00:39:49	00:39:48	335	BRRnightRUNNERS - Barreiro	V40	67	00:03:28	356
327	3239	Inocêncio Amorim	00:20:07	00:39:49	00:39:43	330	Rail Runners	V35	57	00:03:23	254
328	7146	Nuno Santos	00:19:31	00:39:50	00:39:44	331	INDEG-ISCTE	V35	58	00:03:34	546
329	8515	André Valente	00:19:19	00:39:52	00:39:41	328	Clube Recreativo Alturense	Junior	30	00:03:28	357
330	8997	Frederico Marques	00:19:06	00:39:52	00:39:51	339	Clube Olimpico de Oeiras	Junior	31	00:03:34	540
331	17	Osvaldo Ferreira	00:19:13	00:39:53	00:39:52	342		V35	59	00:03:30	409
332	10265	Joaquim Capela	00:19:18	00:39:53	00:39:53	345		V40	68	00:03:30	404
333	238	Abilio Fernandes	00:19:48	00:39:54	00:39:45	333		V40	69	00:03:22	233
334	3447	Carlos Cardoso	00:18:02	00:39:54	00:39:44	332	GD Banco BPI	V60	1	00:03:39	676
335	10515	4 Min/Km	00:20:07	00:39:54	00:39:48	336		Junior	32	00:03:32	450
336	9160	João Rodrigues	00:19:03	00:39:54	00:39:54	347	U.F.DEGOLADOS	V55	6	00:03:28	363
337	8907	Henrique Matias	00:19:28	00:39:55	00:39:49	337		V35	60	00:03:31	424
338	6492	Sérgio Soares	00:18:49	00:39:57	00:39:56	349		V40	70	00:03:25	301
339	9047	João Canas	00:18:52	00:39:57	00:39:52	341	A.M.Atibá	Junior	33	00:03:14	123
340	10372	Hugo Luz	00:19:36	00:39:58	00:39:58	352	RESTAURANTE O CARTAXEIRO-CANEÇAS	V35	61	00:03:31	442
341	1413	Paulo Mata	00:19:19	00:39:59	00:39:49	338		V50	19	00:03:35	568
342	2559	António Santos	00:20:09	00:39:59	00:39:54	346	Clube Atletismo Amigos de Belém	V50	20	00:03:26	306



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343	3252	Joaquim Martins	00:19:06	00:40:02	00:39:56	348	Clube de Atletismo Odimarq	V50	21	00:03:24	276
344	4057	Nuno Gonçalo	00:19:34	00:40:02	00:39:59	353		Senior	107	00:03:26	304
345	3253	Tiago Martins	00:19:06	00:40:02	00:39:57	350	Clube de Atletismo Odimarq	Senior	108	00:03:44	873
346	4425	Antonio Botao	00:19:41	00:40:04	00:40:02	359	CLUBE MILLENNIUM BCP	Senior	109	00:03:23	247
347	2754	Manuel Proença	00:19:54	00:40:05	00:39:57	351	RB RUNNING	V55	7	00:03:29	374
348	562	Luís Valente	00:19:17	00:40:05	00:40:02	357		V40	71	00:03:35	570
349	4832	Manuel Soares	00:19:22	00:40:06	00:40:00	355	Unidos da Manutenção	V50	22	00:03:30	410
350	1997	Antonio Nunes	00:19:02	00:40:07	00:40:01	356	CASA DO PESSOAL DA RTP	V40	72	00:03:31	445
351	4211	Miguel Silva	00:19:00	00:40:07	00:40:02	358	CAN-Clube de Atletismo da Nazaré	V45	33	00:03:45	934
352	9147	Paulo Rodrigues	00:20:33	00:40:07	00:39:08	275		V35	62	00:03:20	201
353	9036	António Adro	00:19:33	00:40:10	00:40:05	362	A.M.Atibá	V45	34	00:03:27	329
354	2104	Ricardo Silva	00:19:09	00:40:11	00:40:07	371		Senior	110	00:03:41	771
355	7695	Andreia Ferrum	00:19:11	00:40:12	00:40:11	377	Águias de Alpiarça	Junior	5	00:03:34	521
356	662	Jorge Serra	00:19:49	00:40:12	00:40:05	364		V45	35	00:03:27	328
357	351	Luis Onça	00:20:24	00:40:12	00:39:52	343	BRRnightRUNNERS - Barreiro	V40	73	00:03:19	178
358	4632	António Serra	00:19:42	00:40:13	00:40:07	370	CAN-Clube de Atletismo da Nazaré	V40	74	00:03:30	408
359	4548	Nuno Almeida	00:20:03	00:40:13	00:40:04	360		V35	63	00:03:19	180
360	9552	Rui Andrade	00:19:20	00:40:13	00:40:13	382	LMAC - Leiria Marcha Atlético Clube	V40	75	00:03:29	382
361	2508	Bento Palma	00:20:28	00:40:13	00:39:33	314		V40	76	00:03:24	280



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
362	5272	Leonardo Cabaceira	00:20:08	00:40:13	00:40:04	361	Cabaceira Sports & Run	Junior	34	00:03:29	383
363	9570	Joao Mendes	00:19:25	00:40:13	00:40:12	381		V55	8	00:03:37	630
364	6039	Pedro Farto	00:19:43	00:40:14	00:40:07	368		V35	64	00:03:33	506
365	9009	Rui Lacerda	00:20:06	00:40:15	00:40:05	365	Clube Olimpico de Oeiras	V40	77	00:03:23	251
366	457	Romeu Silva	00:19:38	00:40:15	00:40:05	366		V35	65	00:03:42	797
367	6211	Orlando Silva	00:19:35	00:40:15	00:40:06	367	CCDTMetroLX	V55	9	00:03:36	600
368	7737	Francisco Calçada	00:19:32	00:40:16	00:40:12	378	C.C.D. O Alvitejo	V50	23	00:03:30	398
369	4815	João Machado	00:20:44	00:40:16	00:39:53	344		Senior	111	00:03:20	200
370	8999	Marco Vieira	00:20:07	00:40:16	00:40:00	354	Clube Olimpico de Oeiras	V35	66	00:03:30	414
371	5252	Filipe Torres	00:19:29	00:40:16	00:40:12	380	Follow Runs	V35	67	00:03:32	458
372	4993	Hélder Canivete	00:19:59	00:40:17	00:40:14	387	Homem Bala	V40	78	00:03:30	399
373	6455	Eduardo Carmona	00:19:21	00:40:17	00:40:10	376	LINDA-A-PASTORA SPORTING CLUBE	V35	68	00:03:36	602
374	10383	Bruno Silva	00:19:44	00:40:17	00:40:14	388		V40	79	00:03:28	358
375	6222	Luis Mendes	00:19:17	00:40:17	00:40:12	379	NAPA	V40	80	00:03:36	603
376	1928	Carlos Tiago	00:19:59	00:40:17	00:40:08	373	Keep Running	V35	69	00:03:29	367
377	3048	Carlos Silva	00:17:11	00:40:17	00:40:07	369	Bombeiros Voluntários de Montemor-o-Novo	V35	70	00:03:56	1451
378	5757	Luciano Correia	00:19:59	00:40:18	00:40:05	363	Proaventuras	V40	81	00:03:28	362
379	2677	Filipe Carvalheiro	00:19:41	00:40:18	00:40:10	375		V50	24	00:03:25	294
380	7540	Tiago Castela	00:19:08	00:40:20	00:40:14	386		Senior	112	00:03:43	862

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
381	9978	Rodolfo Lourenço	00:19:06	00:40:21	00:40:16	396	Clube Olimpico de Oeiras	Senior	113	00:03:59	1670
382	8227	Pedro Videira	00:20:26	00:40:21	00:39:51	340		Senior	114	00:03:25	292
383	2675	Vitor Sousa	00:20:04	00:40:21	00:40:16	397	GFD Running	V40	82	00:03:36	604
384	1516	Valter Realista	00:19:27	00:40:22	00:40:22	404		V35	71	00:03:34	537
385	2956	Ivo Tavares	00:19:45	00:40:23	00:40:23	406	Açoreana Clube Banif	V35	72	00:03:17	154
386	5441	Rui Bernardo	00:19:43	00:40:23	00:40:16	395		V45	36	00:03:32	467
387	8328	José Rua	00:20:10	00:40:25	00:40:14	383		V35	73	00:03:31	435
388	1445	Cláudio Canavilhas	00:20:08	00:40:25	00:40:15	389		Senior	115	00:03:30	412
389	6018	Alfredo Gualdino	00:20:07	00:40:25	00:40:16	394	COAC	Senior	116	00:03:32	473
390	8326	José Rua	00:20:10	00:40:25	00:40:14	384		V35	74	00:03:31	433
391	4836	Gil Alves	00:19:15	00:40:25	00:40:22	403	Unidos da Manutenção	V35	75	00:03:34	536
392	5822	Nuno Sousa	00:19:42	00:40:25	00:40:21	402	GDCTIN Casa da Moeda	V40	83	00:03:35	557
393	6944	Pedro Gonçalves	00:19:47	00:40:26	00:40:16	391	Road Runners	V35	76	00:03:32	472
394	496	Jorge Mimoso	00:20:09	00:40:26	00:40:16	393		V40	84	00:03:22	236
395	8365	Arlindo Paixão	00:20:07	00:40:28	00:40:20	399	RESTAURANTE O CARTAXEIRO-CANEÇAS	V50	25	00:03:27	337
396	1914	José Gordilho	00:20:08	00:40:28	00:40:20	400	Clube Atletismo Amigos de Belém	V50	26	00:03:28	346
397	7778	José Silva	00:20:23	00:40:28	00:40:10	374		V45	37	00:03:28	350
398	9732	Raquel Carvalho	00:19:48	00:40:28	00:40:27	416	OFFTEL RUNNERS	Senior	7	00:03:22	227
399	3661	Miguel Lima	00:19:39	00:40:28	00:40:16	392	Lebre e Tartaruga	V55	10	00:03:19	187



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400	4968	João Silva	00:20:00	00:40:28	00:40:16	390		Senior	117	00:03:28	361
401	922	Hernâni Fernandes	00:20:01	00:40:29	00:40:20	401		V40	85	00:03:30	385
402	4883	Jose Serrano	00:19:23	00:40:29	00:40:23	405		V40	86	00:03:41	778
403	4563	Nuno Figueira	00:20:08	00:40:30	00:40:24	408		V50	27	00:03:32	463
404	4813	Francisco Rocha	00:20:09	00:40:30	00:40:28	417	MAFRA COM VENTO	V45	38	00:03:33	502
405	4162	Bruno Luis	00:20:04	00:40:31	00:40:25	410	Clube Desportivo TCPI	V35	77	00:03:27	331
406	2772	Gonçalo Santos	00:20:08	00:40:32	00:40:26	414	GDC Porto Sines	V40	87	00:03:39	687
407	745	Paulo Rodrigues	00:20:01	00:40:32	00:40:28	418		V45	39	00:03:33	499
408	3874	Tiago Galão	00:19:41	00:40:32	00:40:23	407		Junior	35	00:03:27	335
409	9731	Tiago Guerreiro	00:19:55	00:40:33	00:40:14	385	Beer Boys	Senior	118	00:03:32	461
410	2116	Nuno Gonçalves	00:20:07	00:40:34	00:40:27	415		V35	78	00:03:33	505
411	1019	Rui Mestre	00:20:03	00:40:34	00:40:19	398		Senior	119	00:03:31	441
412	305	Vasco Tavares	00:19:31	00:40:36	00:40:32	430	Correr Lisboa	V35	79	00:03:27	334
413	667	Nuno Rosa	00:20:07	00:40:37	00:40:30	420	CCD Crédito Agrícola Mútuo	V35	80	00:03:27	333
414	3590	José Marçal	00:19:48	00:40:37	00:40:31	427	CLAC - Entroncamento	V50	28	00:03:30	387
415	2074	João Carreto	00:20:04	00:40:37	00:40:26	413		V50	29	00:03:34	543
416	2113	Fernando Vicente	00:20:08	00:40:37	00:40:32	429		V45	40	00:03:40	744
417	8651	Pedro Martins	00:19:29	00:40:38	00:40:32	428	Pedros	V35	81	00:03:41	768
418	2585	Luis Neves	00:19:26	00:40:38	00:40:32	431		V35	82	00:03:33	500



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
419	6495	Goncalo Zagalo	00:20:47	00:40:39	00:39:38	322		V35	83	00:03:25	289
420	1211	José Fachadas	00:20:20	00:40:39	00:40:26	411		V40	88	00:03:30	388
421	4405	Antonio Santos	00:16:13	00:40:40	00:40:30	421	CLUBE MILLENNIUM BCP	V55	11	00:04:16	2815
422	1403	Antonio Moeda	00:09:43	00:40:40	00:40:30	422		V55	12	00:05:10	5939
423	7814	Liliana Alexandre	00:19:17	00:40:41	00:40:40	437	Casa do Benfica em Torres Vedras	Senior	8	00:03:50	1142
424	5457	Paulo Ferreira	00:19:57	00:40:42	00:40:37	434		V45	41	00:03:33	495
425	2884	Paulo Miguel	00:20:26	00:40:43	00:40:31	426	Os Kotas	V40	89	00:03:18	172
426	6094	Paulo Teles	00:20:06	00:40:43	00:40:30	423	GRUPO DOS AMIGOS DO ATLETISMO DE VIL	V40	90	00:03:37	626
427	5984	Daniel Cochicho	00:20:20	00:40:44	00:40:08	372	Kainágua	Senior	120	00:03:22	245
428	7917	Lino Luz	00:20:02	00:40:44	00:40:37	433		V35	84	00:03:35	553
429	5695	Manuel Nogueira	00:19:49	00:40:45	00:40:40	436		V45	42	00:03:34	519
430	5985	Paulo Carvalhinho	00:19:39	00:40:45	00:40:44	440	Kainágua	V45	43	00:03:31	417
431	6693	André Sousa	00:20:02	00:40:46	00:40:35	432		Senior	121	00:03:28	351
432	8739	Tiago Amado	00:19:33	00:40:46	00:40:38	435		Senior	122	00:03:37	625
433	749	Manuel Tavares	00:19:25	00:40:48	00:40:44	438	Clube Banif	V40	91	00:03:40	717
434	4664	Nuno Silva	00:19:55	00:40:49	00:40:30	424	Correr Lisboa	V35	85	00:03:32	457
435	587	Joaquim Santos	00:19:50	00:40:51	00:40:48	446		V55	13	00:03:32	466
436	2007	Alexandra Lamas	00:19:49	00:40:52	00:40:48	447		V40	1	00:03:33	504
437	7673	Rui Paredes	00:19:37	00:40:53	00:40:47	444		V35	86	00:03:36	599



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
438	8314	António Pulquério	00:20:12	00:40:54	00:40:53	455		V50	30	00:03:33	503
439	4870	Albino Tomás	00:18:08	00:40:55	00:40:45	441	CLUBE ATLÉTICO PATAMEIRAS	V55	14	00:03:44	883
440	6247	António Antas	00:19:55	00:40:57	00:40:53	454	Furões do Alentejo	V50	31	00:03:36	591
441	1381	Paulo Dasilva	00:20:23	00:40:57	00:40:24	409		V40	92	00:03:27	326
442	3147	Diogo Pereira	00:20:22	00:40:58	00:40:31	425		V40	93	00:03:29	377
443	559	José Amigo	00:19:53	00:40:59	00:40:55	461	Team Bellissimus Caffé	V60	2	00:03:30	390
444	9214	Antonio Santos	00:20:21	00:40:59	00:40:26	412		V40	94	00:03:31	425
445	10561	Ricardo Valente	00:17:21	00:40:59	00:40:49	448		Senior	123	00:03:58	1611
446	2404	Kcénia Bougrova	00:20:08	00:41:00	00:40:55	462	Valejas Atlético Clube	Senior	9	00:03:31	426
447	3036	António Gaspar	00:20:20	00:41:00	00:40:47	445	Bombeiros Voluntários de Montemor-o-Novo	V50	32	00:03:30	397
448	9039	Cristina Garcia	00:19:49	00:41:00	00:40:56	464	A.M.Atibá	V40	2	00:03:42	799
449	4669	João Martins	00:19:47	00:41:01	00:40:54	457	Clube Ferroviario de Portugal	V50	33	00:03:36	596
450	1693	Eduardo Pena	00:20:23	00:41:01	00:40:52	453	Keep Running	V50	34	00:03:30	391
451	573	Renato Morais	00:18:12	00:41:01	00:40:51	451		Senior	124	00:04:08	2283
452	2086	Luis Barata	00:19:55	00:41:01	00:40:53	456		V45	44	00:03:25	299
453	9910	João Figueiredo	00:19:38	00:41:01	00:41:01	470		V55	15	00:03:36	594
454	1140	Pedro Nunes	00:19:52	00:41:02	00:41:01	469	Clube do Stress	V45	45	00:03:35	566
455	8863	Luís Marques	00:20:02	00:41:02	00:40:56	463		V35	87	00:03:31	427
456	3604	José Vital	00:20:26	00:41:04	00:40:49	449	CLAC - Entroncamento	V50	35	00:03:23	261



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457	9564	Edgar Trigo	00:20:01	00:41:05	00:40:58	467	SPEM	V45	46	00:03:39	696
458	3198	Luís Fidalgo	00:20:12	00:41:05	00:40:58	465		V40	95	00:03:26	307
459	9742	Humberto Spínola	00:20:01	00:41:06	00:41:02	475		V40	96	00:03:25	296
460	7477	Rui Vieira	00:19:30	00:41:07	00:41:02	474		V45	47	00:03:45	955
461	6583	Tiago Varanda	00:20:33	00:41:07	00:40:46	443		V40	97	00:03:26	305
462	8998	Mafalda Costa	00:19:34	00:41:08	00:41:05	482	Clube Olimpico de Oeiras	Junior	6	00:03:46	976
463	8364	Rui Ferreira	00:20:18	00:41:09	00:41:00	468	RESTAURANTE O CARTAXEIRO-CANEÇAS	V40	98	00:03:41	759
464	4069	Miguel Pisco	00:19:31	00:41:09	00:41:07	486		V50	36	00:03:34	535
465	2894	Nuno Gomes	00:20:20	00:41:09	00:40:55	460		Senior	125	00:03:26	303
466	354	Jorge Gonçalves	00:20:01	00:41:10	00:40:58	466		V45	48	00:03:39	689
467	5390	Pedro Santos	00:18:43	00:41:11	00:41:02	471		Senior	126	00:04:19	2991
468	175	João Faria	00:20:11	00:41:12	00:40:55	459		Senior	127	00:03:40	718
469	9708	Guillermo Diaz	00:18:18	00:41:12	00:41:02	472		V45	49	00:03:43	840
470	9041	Fernando Figueiredo	00:20:09	00:41:12	00:41:02	473	A.M.Atibá	V40	99	00:03:35	562
471	929	Marco Silva	00:20:30	00:41:12	00:40:46	442	Hot Runners	Senior	128	00:03:28	360
472	2468	Rafael Santos	00:21:23	00:41:13	00:40:29	419		V40	100	00:03:22	228
473	7631	Paulo Justo	00:17:33	00:41:13	00:41:03	478		V40	101	00:03:53	1298
474	9672	João Simões	00:20:00	00:41:13	00:41:09	488		Senior	129	00:03:41	749
475	8370	Pedro Gomes	00:20:08	00:41:13	00:41:02	476	RESTAURANTE O CARTAXEIRO-CANEÇAS	V40	102	00:03:43	870



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476	3039	José Varela	00:20:09	00:41:13	00:41:02	477	Bombeiros Voluntários de Montemor-o-Novo	V40	103	00:03:31	440
477	2943	Gonçalo Ferreira	00:20:17	00:41:13	00:41:06	485	GDINE	V40	104	00:03:29	379
478	4607	André Patrício	00:20:07	00:41:14	00:41:03	479		Senior	130	00:03:41	762
479	3435	Francisco Lopes	00:20:09	00:41:14	00:41:04	481	Volkswagen Autoeuropa	V45	50	00:03:34	539
480	6082	Jose Martins	00:20:19	00:41:15	00:41:06	483		V55	16	00:03:23	256
481	6471	Rui Lopes	00:20:08	00:41:18	00:41:06	484		V60	3	00:03:27	336
482	868	Luis Aguiar	00:20:08	00:41:18	00:41:11	492		V40	105	00:03:31	439
483	10396	João Lapa	00:16:24	00:41:18	00:41:08	487		V35	88	00:04:35	3967
484	9806	Sadiq Kassamo	00:19:41	00:41:18	00:41:16	501		V40	106	00:03:38	659
485	4762	Paulo Pinto	00:20:37	00:41:19	00:40:50	450	Escola Atletismo Rui Silva	V35	89	00:03:29	364
486	9318	Joao Luz	00:18:36	00:41:20	00:41:10	490		V50	37	00:03:50	1157
487	4913	Carlos Almeida	00:20:10	00:41:20	00:41:17	502		V40	107	00:03:38	663
488	1167	Rui Duarte	00:20:31	00:41:22	00:40:52	452	Os Metralhas BTT / Running	V40	108	00:03:37	629
489	471	Vitor Pereira	00:20:09	00:41:22	00:41:10	491		Senior	131	00:03:40	708
490	6917	João Machado	00:19:50	00:41:23	00:41:16	499	"Os Matrecos"	V50	38	00:03:32	470
491	7616	Anderson Dias	00:20:16	00:41:23	00:41:09	489	Run Buddy Run	Senior	132	00:03:50	1170
492	3648	Joao Cabecas	00:20:09	00:41:24	00:41:14	497		V40	109	00:03:43	852
493	4042	Henrique Barata	00:19:56	00:41:26	00:41:18	504	Açoreana Clube Banif	Junior	36	00:03:38	651
494	5069	Pedro Cabral	00:19:53	00:41:26	00:41:12	494	Correr Lisboa	Junior	37	00:04:02	1823



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495	7842	Jorge Santos	00:20:15	00:41:28	00:41:20	505	Associação GD Academia do Korpo	V40	110	00:03:36	593
496	9701	António Lobo	00:20:47	00:41:30	00:40:44	439		V35	90	00:03:34	527
497	6218	Noel Brandley	00:21:34	00:41:30	00:41:20	507		Senior	133	00:03:17	151
498	8403	Luis Sales	00:20:06	00:41:31	00:41:28	520		V35	91	00:03:34	528
499	6160	Luís Ferreira	00:19:56	00:41:32	00:41:27	518		V40	111	00:03:40	704
500	4166	Rui Monteiro	00:20:49	00:41:32	00:41:23	512	Clube Desportivo TCPI	Senior	134	00:03:37	617
501	8013	Antonio Dolores	00:20:09	00:41:32	00:41:22	508		V40	112	00:03:50	1176
502	4393	Tiago Mendes	00:19:52	00:41:33	00:41:32	528	CLUBE MILLENNIUM BCP	V40	113	00:03:43	837
503	6250	Rodrigo Silva	00:20:41	00:41:33	00:41:20	506		V45	51	00:03:24	274
504	8847	Joao Nunes	00:20:36	00:41:34	00:41:13	495	ASC - Alhandra Cotas	V45	52	00:03:30	396
505	4502	Bruno Raposeira	00:20:06	00:41:34	00:41:24	513		Senior	135	00:03:33	483
506	6474	Nuno Setúbal	00:20:20	00:41:35	00:41:23	511		Senior	136	00:03:34	524
507	9092	Xavier Sousa	00:19:56	00:41:35	00:41:31	524		V40	114	00:03:38	642
508	6702	Miguel Rodrigues	00:20:25	00:41:36	00:41:25	514	Weventual	V35	92	00:03:32	453
509	1431	Helder Borges	00:20:28	00:41:37	00:41:14	496		V35	93	00:03:42	824
510	3108	Diogo Leal	00:20:56	00:41:37	00:41:15	498	Timão	Senior	137	00:03:34	545
511	8510	Lúcio Alves	00:20:36	00:41:38	00:41:16	500		V40	115	00:03:34	544
512	6965	Bruno Marrão	00:20:21	00:41:38	00:41:03	480	Clube ANA Lisboa	V35	94	00:03:43	847
513	7644	Mário Marques	00:20:08	00:41:38	00:41:31	525	Kalorias Runners	V40	116	00:03:46	960



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514	8407	Tiago Cordas	00:20:08	00:41:38	00:41:26	517		V35	95	00:03:40	716
515	1106	Ruben Monteiro	00:20:24	00:41:39	00:41:32	530		Senior	138	00:03:44	913
516	5173	Alcides Estrela	00:20:34	00:41:39	00:40:55	458		V35	96	00:03:33	488
517	6004	Jorge Pires	00:20:28	00:41:39	00:41:26	515		V55	17	00:03:37	633
518	5687	João Narciso	00:20:15	00:41:40	00:41:28	519	Pés Troikados	Senior	139	00:03:40	703
519	8025	Manuel Nabeiro	00:20:32	00:41:41	00:41:22	509	Ginásio Vivência Explosiva	V40	117	00:03:40	706
520	7563	Miguel Rocha	00:20:19	00:41:42	00:41:37	535		V40	118	00:03:44	872
521	10324	José Mestre	00:19:38	00:41:42	00:41:40	540		Senior	140	00:04:33	3842
522	9176	Carlos Couto	00:20:23	00:41:43	00:41:31	526		V35	97	00:03:36	601
523	8685	Ines Antunes	00:20:24	00:41:43	00:41:41	544		V35	4	00:03:37	627
524	456	Jorge Sobral	00:19:50	00:41:43	00:41:42	550		V35	98	00:03:48	1077
525	1598	Oscar Santos	00:20:50	00:41:43	00:41:39	539		V55	18	00:03:31	423
526	3322	Amável Figueiredo	00:20:38	00:41:44	00:41:38	536		V50	39	00:03:45	929
527	4215	Luís Silvério	00:20:38	00:41:44	00:41:30	522	CAN-Clube de Atletismo da Nazaré	Senior	141	00:03:33	492
528	5048	Jose Quaresma	00:20:27	00:41:44	00:41:35	533	JO^3 e CA	Senior	142	00:03:37	610
529	439	João Gomes	00:20:31	00:41:44	00:41:32	529	Gomes & Gois, Joalheiros	V45	53	00:03:35	567
530	6912	Marco Miguel	00:20:50	00:41:45	00:41:17	503		V35	99	00:03:19	186
531	2637	André Sabino	00:19:54	00:41:45	00:41:28	521	Equipa Dos Lentos	Senior	143	00:03:47	1045
532	10357	Jorge Ginja	00:20:42	00:41:46	00:41:44	556		V40	119	00:03:44	878



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533	2308	César Costa	00:20:14	00:41:46	00:41:38	538		V40	120	00:03:48	1083
534	5983	Vitor Catambas	00:20:29	00:41:47	00:41:11	493	Kainágua	Senior	144	00:03:37	619
535	5663	Francisco Macedo	00:20:49	00:41:47	00:41:41	543		Senior	145	00:03:33	485
536	2158	Nuno Avó	00:21:05	00:41:47	00:41:26	516	Açoreana Clube Banif	V45	54	00:03:21	213
537	4653	Sofia Marmelo	00:20:25	00:41:49	00:41:48	564	Clube de Atletismo de Ferreira do Zêzere	Senior	10	00:03:48	1071
538	5236	Gonçalo Vicente	00:20:10	00:41:49	00:41:42	548		V35	100	00:03:50	1144
539	2649	Carla Ribeiro	00:20:11	00:41:49	00:41:47	561	GFD Running	Senior	11	00:03:43	835
540	9355	Albert García	00:21:38	00:41:50	00:41:22	510		V45	55	00:03:32	471
541	3653	Francisco Pacheco	00:20:41	00:41:51	00:41:41	542	GD " O Independente"	V40	121	00:03:29	371
542	8374	José Massuça	00:20:35	00:41:51	00:41:31	527		V40	122	00:03:34	520
543	5402	Pedro Sanguino	00:20:01	00:41:52	00:41:40	541		Senior	146	00:03:42	829
544	3352	Luis Branco	00:21:01	00:41:53	00:41:38	537	Grupo Recreativo e Desportivo Ribeira da Lage	V50	40	00:03:34	522
545	8125	Miguel Silva	00:19:58	00:41:53	00:41:52	578		V40	123	00:03:38	645
546	3092	David Lima	00:20:15	00:41:55	00:41:43	554	Hellrunners	Senior	147	00:03:40	721
547	9964	Jorge Melo	00:20:59	00:41:55	00:41:42	549		V35	101	00:03:43	844
548	5781	Paulo Roque	00:20:19	00:41:56	00:41:54	584	Os Beirões no Ribatejo	V40	124	00:03:44	914
549	8576	Martin Poot	00:20:13	00:41:56	00:41:51	575		V45	56	00:03:45	935
550	577	Jorge Fraga	00:20:23	00:41:56	00:41:46	560		V45	57	00:03:44	919
551	9312	Gil Jorge	00:20:40	00:41:57	00:41:49	565		V45	58	00:03:38	637



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552	8367	Fernando Godinho	00:21:07	00:41:57	00:41:33	532	RESTAURANTE O CARTAXEIRO-CANEÇAS	V40	125	00:03:31	418
553	2634	Miguel Costa	00:20:32	00:41:58	00:41:41	545	Equipa Dos Lentos	V40	126	00:03:36	592
554	2045	Antonio Godinho	00:20:14	00:41:58	00:41:49	567		Senior	148	00:03:37	605
555	3242	José Dias	00:20:42	00:41:58	00:41:50	571	Rail Runners	V45	59	00:03:33	493
556	8356	Gil Oliveira	00:19:55	00:41:58	00:41:57	592		V45	60	00:03:50	1165
557	3251	Rui Geraledes	00:20:08	00:41:58	00:41:50	570	Rail Runners	V40	127	00:03:40	726
558	5448	Rui Rebocho	00:20:35	00:41:59	00:41:42	547	Furões do Alentejo	V35	102	00:03:40	724
559	7337	Luis Vieira	00:19:52	00:41:59	00:41:56	589		V40	128	00:03:45	944
560	688	Lúcia Oliveira	00:19:51	00:41:59	00:41:54	587	GENERG	V35	5	00:03:48	1093
561	7690	Maria Vidigueira	00:20:14	00:41:59	00:41:57	593	Águias de Alpiarça	Junior	7	00:03:42	819
562	1709	João Bento	00:20:21	00:41:59	00:41:46	559		Senior	149	00:03:34	534
563	2171	Mário Monteiro	00:19:17	00:41:59	00:41:49	569	Os Galgos	V40	129	00:04:12	2507
564	5588	Carlos Morais	00:20:47	00:42:01	00:41:44	555		V45	61	00:03:24	279
565	9296	João Mouta	00:20:45	00:42:01	00:41:54	586	Clube Olimpico de Oeiras	V35	103	00:03:35	550
566	4378	Pedro Martins	00:17:40	00:42:02	00:41:52	576	CLUBE MILLENNIUM BCP	V35	104	00:04:16	2813
567	9916	Alexandre Silva	00:20:08	00:42:03	00:42:00	599		V35	105	00:03:40	729
568	117	Eduardo Santos	00:20:35	00:42:04	00:41:54	585	VFF 1896	V35	106	00:03:39	674
569	4649	Joao Santos	00:20:45	00:42:04	00:41:43	552	Ericsson	Senior	150	00:03:39	694
570	1306	Sandra Silva	00:16:12	00:42:04	00:41:54	583		V40	130	00:04:25	3379

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
571	4579	Augusto Portugal	00:20:35	00:42:04	00:41:49	568	Serviços Sociais Montepio Geral	V40	131	00:03:55	1378
572	164	João Domingos	00:20:34	00:42:05	00:41:50	572		V40	132	00:03:42	828
573	2167	Jorge Martinho	00:20:09	00:42:06	00:41:53	579	Os Galgos	V45	62	00:03:41	765
574	9186	Francisco Rodrigues	00:20:44	00:42:06	00:41:56	588		V50	41	00:03:42	825
575	4139	Patrick Reis	00:20:13	00:42:06	00:41:59	596		Senior	151	00:03:45	925
576	2610	Elmar Derkitsch	00:21:04	00:42:07	00:41:51	574	MARRIOTT LISBOA	V55	19	00:03:28	359
577	3180	Pedro Soares	00:21:30	00:42:09	00:41:42	546		V40	133	00:03:31	437
578	9477	Jorge Letosa	00:20:40	00:42:09	00:42:03	604		Senior	152	00:03:40	737
579	3358	Pedro Rodrigues	00:20:34	00:42:09	00:41:52	577	RSB	Senior	153	00:03:38	665
580	5056	Carlos Batista	00:20:48	00:42:09	00:41:57	590		V40	134	00:03:34	509
581	1611	Carlos Nunes	00:20:41	00:42:09	00:41:53	581	MENU DE ATLETA	V55	20	00:03:40	741
582	334	Paulo Camacho	00:20:38	00:42:10	00:41:48	563	BRRnightRUNNERS - Barreiro	V40	135	00:03:44	915
583	6150	Mário Nunes	00:21:01	00:42:10	00:41:36	534		Senior	154	00:03:15	140
584	4999	Nelson Pereira	00:20:40	00:42:11	00:41:58	595	GO!Runners	V45	63	00:03:38	667
585	5713	Pedro Henriques	00:21:03	00:42:11	00:41:45	558	namorados	Senior	155	00:03:41	767
586	4731	José Arede	00:21:03	00:42:12	00:41:51	573	Clube EDP - Lisboa	V40	136	00:03:28	342
587	6571	António Pinto	00:21:16	00:42:12	00:42:11	615	Escola Atletismo Rui Silva	V40	137	00:03:31	432
588	8840	Luis Ventura	00:20:21	00:42:13	00:42:04	607		V35	107	00:04:06	2061
589	9961	João Vaz	00:20:47	00:42:14	00:42:00	597	Ásia	V45	64	00:03:37	614

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
590	7957	Helga Girão	00:20:16	00:42:15	00:42:14	621	Caracol Turbo	V60	1	00:03:52	1254
591	8777	António Fernandes	00:21:10	00:42:16	00:41:57	594	Clube do Stress	V50	42	00:03:38	666
592	4023	Henrique Adrega	00:21:28	00:42:18	00:41:43	551	amigosdacorrída.com	V60	4	00:03:32	476
593	2952	Renato Vieira	00:20:36	00:42:18	00:41:54	582	Açoreana Clube Banif	V40	138	00:03:44	909
594	4498	Luís Valinho	00:21:01	00:42:19	00:41:57	591		Senior	156	00:03:26	318
595	3099	Augusto Ferreira	00:20:03	00:42:19	00:42:14	623	CCD Loures - Correr para Viver +	V40	139	00:03:48	1065
596	4671	Marcos Luis	00:21:02	00:42:19	00:42:10	611		V40	140	00:03:41	754
597	3528	António Almeida	00:20:43	00:42:20	00:42:09	610		V40	141	00:03:35	563
598	2570	Alcindo Almeida	00:21:07	00:42:21	00:41:53	580		V55	21	00:03:37	609
599	7755	Diogo Silva	00:19:48	00:42:22	00:42:19	630		Senior	157	00:03:48	1059
600	4091	Miguel Cunha	00:20:45	00:42:22	00:42:00	600		Senior	158	00:03:31	431
601	6456	Bruno Fernandes	00:20:07	00:42:23	00:42:15	626		Senior	159	00:03:46	997
602	5611	Joaquim Frade	00:20:32	00:42:24	00:42:12	616	SS CGD	V55	22	00:03:48	1090
603	3316	Nuno Quintela	00:21:24	00:42:25	00:41:44	557	GRCD Leião	Senior	160	00:03:30	386
604	5480	Tiago Lopes	00:21:27	00:42:25	00:42:02	602		Senior	161	00:03:36	574
605	3249	Rafael Assunção	00:20:49	00:42:25	00:42:16	628	Rail Runners	Senior	162	00:03:40	715
606	7020	Pedro Rodrigues	00:20:29	00:42:25	00:42:10	612	BLUEIP	V40	142	00:03:33	482
607	9354	Sandra Burdallo	00:22:08	00:42:28	00:42:04	606		V35	6	00:03:24	277
608	8394	Mariano Rita	00:20:48	00:42:28	00:42:13	617		Senior	163	00:03:44	907



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
609	7482	Hugo Aguiar	00:21:07	00:42:28	00:41:48	562	Atletas Ribatejanos	V40	143	00:03:40	731
610	1881	Yuri Figueiredo	00:21:29	00:42:28	00:42:15	627		V35	108	00:03:28	353
611	2417	Bruno Campos	00:20:54	00:42:28	00:42:20	636	Volkswagen Autoeuropa	Senior	164	00:03:39	678
612	6843	Hugo Paredes	00:20:17	00:42:29	00:42:27	651		V35	109	00:03:46	974
613	9016	Paulo Santos	00:21:02	00:42:29	00:42:20	638	Clube Olimpico de Oeiras	V45	65	00:03:34	511
614	4205	Patrícia Pinheiro	00:20:43	00:42:29	00:42:26	649	Amigos Atletismo Mafra	Junior	8	00:03:36	583
615	123	Paulo Marques	00:20:27	00:42:30	00:42:14	622	GO!Runners	V35	110	00:03:46	973
616	2419	Jorge Cosme	00:20:59	00:42:30	00:42:30	657	Escola Atletismo Rui Silva	V40	144	00:02:45	5
617	9345	Joaquim Rosa	00:20:46	00:42:31	00:42:24	645	Amigos Atletismo da Charneca	V50	43	00:03:43	861
618	6187	Joao Caldas	00:21:12	00:42:31	00:42:08	608	NUCLEO DESPORTIVO AUTOCOOPE	V45	66	00:03:33	479
619	3581	Hugo Fernandes	00:20:22	00:42:32	00:42:19	633	Pocariça Runners	Senior	165	00:03:46	983
620	2978	Tiago Pereira	00:16:30	00:42:32	00:42:22	642	H2Ovita	Senior	166	00:04:39	4178
621	9538	Pedro Sebastião	00:22:07	00:42:32	00:41:31	523		V40	145	00:03:21	225
622	5814	Carlos Cristóvão	00:21:48	00:42:32	00:42:19	631	GDCTIN Casa da Moeda	V35	111	00:03:30	389
623	2619	Paulo Lopes	00:20:42	00:42:33	00:42:27	650	ACLIS LIBERTY SEGUROS	V45	67	00:03:50	1180
624	3038	José Caravela	00:20:26	00:42:34	00:42:24	644	Bombeiros Voluntários de Montemor-o-Novo	V50	44	00:03:49	1114
625	9049	Luis Martins	00:19:25	00:42:34	00:42:30	660	A.M.Atibá	Junior	38	00:04:08	2272
626	8531	Chan Kwai	00:21:03	00:42:35	00:42:29	654		V55	23	00:03:47	1003
627	2458	Alexandre Conceição	00:20:28	00:42:35	00:42:20	639	Os Metralhas BTT / Running	V35	112	00:03:50	1179



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
628	610	Daniel Louro	00:20:25	00:42:36	00:42:36	675		Senior	167	00:03:52	1278
629	1209	Pedro Ferreira	00:20:57	00:42:36	00:42:28	653	RB RUNNING	V45	68	00:03:43	867
630	6559	Mário Lourenço	00:21:33	00:42:36	00:42:13	620		V45	69	00:03:39	693
631	5403	Rufino Silva	00:21:08	00:42:36	00:42:00	598		V35	113	00:03:46	987
632	2235	José Matos	00:21:33	00:42:37	00:42:13	618	Clube de Praças da Armada	V45	70	00:03:39	691
633	5733	Bruno Carvalho	00:21:08	00:42:38	00:42:01	601		Senior	168	00:03:47	1032
634	3927	Rui Vieira	00:21:15	00:42:39	00:42:15	624	Os Homens do Laço	V40	146	00:03:44	899
635	5752	José Teixeira	00:20:19	00:42:40	00:42:33	668	NúcleOeiras / Sportzone	V35	114	00:04:00	1699
636	5208	Jorge Pardal	00:20:45	00:42:40	00:42:31	662		V40	147	00:03:40	722
637	7508	Paulo Aires	00:20:59	00:42:40	00:42:37	677		V50	45	00:03:38	669
638	772	Carlos Pedro	00:20:36	00:42:41	00:42:19	634	LINDA-A-PASTORA SPORTING CLUBE	V40	148	00:03:50	1162
639	146	Sérgio Pereira	00:20:32	00:42:41	00:42:33	667		V45	71	00:03:54	1342
640	7091	Pedro Barreirão	00:20:50	00:42:42	00:42:34	669	INDEG-ISCTE	Senior	169	00:03:45	940
641	9880	Bruno Correia	00:21:51	00:42:42	00:41:32	531		Senior	170	00:03:31	444
642	669	Rui Moreira	00:21:34	00:42:42	00:42:08	609	CCD Crédito Agrícola Mútuo	V40	149	00:03:23	267
643	5875	Jorge Cochicho	00:21:06	00:42:43	00:42:22	641		V40	150	00:03:41	747
644	1065	José Neves	00:22:09	00:42:43	00:41:43	553	Café do Rui	Senior	171	00:03:20	192
645	779	Joaquim Afonso	00:21:19	00:42:44	00:42:34	671		V55	24	00:03:38	655
646	2108	Paulo Mata	00:21:07	00:42:44	00:42:29	656		Senior	172	00:03:36	587



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
647	6367	João Gonçalves	00:20:25	00:42:44	00:42:34	670	RB RUNNING	V35	115	00:03:44	916
648	4046	Alberto Araujo	00:21:02	00:42:44	00:42:36	676	RB RUNNING	V40	151	00:03:45	939
649	3040	Nuno Rebocho	00:20:24	00:42:45	00:42:44	691	Bombeiros Voluntários de Montemor-o-Novo	Senior	173	00:03:33	487
650	5524	Andre Oliveira	00:20:10	00:42:45	00:42:30	658	Bloco de Este	Senior	174	00:03:48	1070
651	3907	Pedro Cunha	00:21:02	00:42:46	00:42:28	652		V35	116	00:03:45	946
652	3705	Paulo Coelho	00:20:49	00:42:46	00:42:31	664		V35	117	00:03:41	748
653	6225	Antonio Rico	00:21:03	00:42:46	00:42:40	683	NAPA	V40	152	00:03:42	820
654	7925	Bernardo Guerra	00:21:40	00:42:47	00:42:19	629		Junior	39	00:03:42	813
655	6149	Rui Sampaio	00:21:06	00:42:48	00:42:15	625		V35	118	00:03:37	616
656	191	Armando Dias	00:21:06	00:42:48	00:42:43	688	MASSAMÁ RUN	V45	72	00:03:17	149
657	6101	Ricardo Beatriz	00:20:15	00:42:48	00:42:42	687		Senior	175	00:04:16	2812
658	4821	Nuno Calha	00:21:06	00:42:49	00:42:24	646	JO^3 e CA	Senior	176	00:03:53	1292
659	6748	António Pereira	00:20:18	00:42:49	00:42:40	681	CLUBE COLABORADORES AXA	V50	46	00:03:46	993
660	7890	Ricardo Filipe	00:21:07	00:42:49	00:42:25	647	Jobrinde Montes-Saloios	Senior	177	00:03:43	833
661	7258	Virgilio Vinagre	00:21:57	00:42:49	00:42:25	648		V45	73	00:03:30	392
662	315	Luís Mealha	00:21:44	00:42:49	00:42:11	614		V40	153	00:03:24	284
663	9893	João Nunes	00:20:34	00:42:49	00:42:49	697		V50	47	00:03:42	826
664	8091	Nuno Silva	00:21:03	00:42:51	00:42:50	700		Senior	178	00:03:40	740
665	9179	Nuno Espanha	00:20:50	00:42:52	00:42:45	693		Senior	179	00:03:47	1022



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
666	8553	João Silva	00:20:58	00:42:52	00:42:49	698	EXICTOS Running Team	Senior	180	00:03:42	827
667	5179	Paulo Alpalhão	00:21:37	00:42:53	00:42:20	637		V35	119	00:03:29	372
668	2841	Carlos Dias	00:20:53	00:42:53	00:42:47	696		V50	48	00:03:38	644
669	4423	Luis Sousa	00:18:16	00:42:53	00:42:43	690	CLUBE MILLENNIUM BCP	V50	49	00:04:21	3097
670	122	Diogo Pisco	00:21:30	00:42:53	00:42:31	661		Senior	181	00:03:32	468
671	4668	Nuno Lopes	00:20:13	00:42:53	00:42:46	695	Clube Ferroviario de Portugal	V35	120	00:03:50	1174
672	5961	Nuno Alcobia	00:21:55	00:42:54	00:42:29	655		V35	121	00:03:32	460
673	7493	António Jacinto	00:21:20	00:42:54	00:42:51	704	AutoJacinto	V50	50	00:03:36	581
674	8740	Jorge Ferreira	00:21:39	00:42:54	00:42:13	619		V45	74	00:03:33	491
675	3738	Nelson Lopes	00:21:14	00:42:56	00:42:43	689	BOTA FOGO RUNNERS	Senior	182	00:03:41	783
676	5756	João Lourenço	00:20:52	00:42:56	00:42:46	694	NúcleOeiras / Sportzone	V45	75	00:03:41	774
677	2661	Fernando Lopes	00:21:31	00:42:57	00:42:30	659	GFD Running	V40	154	00:03:35	569
678	6935	Marco Conceição	00:21:22	00:42:58	00:42:32	666		Senior	183	00:03:38	650
679	4623	Francisco Diegues	00:20:25	00:42:58	00:42:55	711		Junior	40	00:03:36	575
680	5716	Jaime Figueiredo	00:21:05	00:42:59	00:42:59	726		V45	76	00:03:18	176
681	2367	António Palma	00:21:42	00:42:59	00:42:23	643	Academia Fitness Militar	V35	122	00:03:38	640
682	88	Ricardo Cunha	00:20:07	00:42:59	00:42:49	699		Senior	184	00:03:43	841
683	883	Carlos Grego	00:21:04	00:43:00	00:42:52	707	Cascais Pandilha redux	V45	77	00:03:44	893
684	1028	Pedro Fernandes	00:21:04	00:43:01	00:42:53	709	Cascais Pandilha redux	V40	155	00:03:44	889



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
685	7710	Pedro Ferreira	00:22:11	00:43:01	00:42:20	640		V40	156	00:03:34	508
686	5964	Rui Simões	00:20:10	00:43:01	00:42:59	725	CLAC - Entroncamento	V45	78	00:03:39	673
687	2427	Luis Mendes	00:21:57	00:43:01	00:42:04	605		V40	157	00:03:31	428
688	1897	João Freitas	00:21:07	00:43:02	00:42:44	692		V35	123	00:03:40	735
689	2741	Nuno Pires	00:21:35	00:43:02	00:42:42	686	BRRnightRUNNERS - Barreiro	Senior	185	00:03:39	675
690	3421	Joaquim Viegas	00:21:28	00:43:03	00:42:35	673		V45	79	00:03:46	963
691	8402	Sérgio Reis	00:21:53	00:43:03	00:42:20	635		Senior	186	00:03:29	369
692	1063	Luis Marques	00:22:10	00:43:03	00:42:03	603	Café do Rui	V40	158	00:03:40	734
693	7334	Bruno Pinto	00:21:41	00:43:04	00:42:35	672		Senior	187	00:03:23	248
694	735	José Melo	00:20:54	00:43:05	00:42:51	705	GDC Fidelidade	V50	51	00:03:44	917
695	9384	Bruno Salvador	00:20:46	00:43:06	00:42:57	719		V35	124	00:03:56	1477
696	8323	Nuno Noritake	00:18:50	00:43:06	00:42:56	717		Junior	41	00:03:51	1222
697	8962	Nuno Lino	00:21:52	00:43:07	00:42:32	665		Senior	188	00:03:40	736
698	2379	Pedro Duarte	00:21:27	00:43:07	00:42:50	701	Galheteiro	Senior	189	00:03:31	421
699	4138	Nuno Cardoso	00:20:26	00:43:07	00:42:55	712		V35	125	00:03:49	1118
700	1042	Nuno Mendão	00:21:09	00:43:07	00:43:00	728		V40	159	00:03:34	507
701	1198	Pedro Crispim	00:20:13	00:43:08	00:43:00	729	Rasmalah	Senior	190	00:04:18	2948
702	1655	Helder Valadas	00:21:54	00:43:08	00:42:39	679	Os Perigosos	Senior	191	00:03:36	580
703	611	José Marques	00:20:33	00:43:08	00:42:56	718		V45	80	00:03:46	972



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704	3011	Célia Monteiro	00:19:45	00:43:08	00:42:58	721	Tarolas Team	V40	3	00:04:30	3685
705	8163	Susana Martins	00:21:07	00:43:09	00:43:05	745	Animesalus	V35	7	00:03:43	860
706	8265	Pedro Rainho	00:21:17	00:43:09	00:42:58	722		Senior	192	00:03:49	1136
707	8164	Miguel Baltazar	00:21:08	00:43:09	00:43:05	747	Animesalus	V40	160	00:03:43	869
708	5318	Paula Moreira	00:21:18	00:43:09	00:42:59	727	CCD Sintrense	V45	1	00:03:49	1135
709	7572	Paulo Silva	00:20:41	00:43:10	00:43:09	755		Senior	193	00:03:48	1092
710	478	Nuno Caeiro	00:20:55	00:43:10	00:43:03	739		V35	126	00:03:47	1034
711	5804	Pedro Relha	00:21:12	00:43:11	00:43:02	736		V45	81	00:03:40	743
712	1666	Sergio Figueiras	00:21:33	00:43:11	00:42:38	678		V35	127	00:03:42	821
713	5947	Nuno Carvalho	00:20:47	00:43:11	00:43:02	738	Keep Running	Senior	194	00:03:49	1131
714	5045	Carlos Sá	00:20:34	00:43:11	00:43:07	751		V45	82	00:03:48	1074
715	9447	João Maral	00:20:35	00:43:12	00:43:12	768	SS CGD	V45	83	00:03:55	1383
716	9901	Daniel Antunes	00:19:59	00:43:12	00:43:02	737		V50	52	00:03:52	1274
717	314	Pedro Reis	00:21:53	00:43:12	00:43:00	732		V40	161	00:03:37	613
718	4906	Byron Rodrigues	00:21:33	00:43:12	00:42:35	674		V35	128	00:03:34	533
719	4214	Helder Pereira	00:21:18	00:43:13	00:43:00	731	CAN-Clube de Atletismo da Nazaré	Senior	195	00:03:56	1471
720	1970	Joao Correia	00:21:17	00:43:13	00:43:12	767		V45	84	00:03:26	316
721	5108	Nuno Venancio	00:20:18	00:43:14	00:43:08	753		V35	129	00:03:54	1377
722	3961	Francisco Trocado	00:21:08	00:43:14	00:43:01	735		V35	130	00:03:54	1357



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723	1735	Eduardo Pinto	00:21:00	00:43:14	00:42:51	703		Senior	196	00:03:56	1462
724	2928	Nuno Correia	00:21:55	00:43:14	00:42:55	710	GDINE	V45	85	00:03:47	1019
725	4696	Filipe Patricio	00:20:39	00:43:15	00:43:10	758		Senior	197	00:03:57	1533
726	4754	Manuel Pinto	00:21:19	00:43:15	00:43:05	746		V45	86	00:03:53	1318
727	10468	Paulo Reis	00:20:49	00:43:15	00:43:09	754		V40	162	00:03:48	1058
728	2407	Sérgio Pires	00:21:37	00:43:16	00:43:06	750	Valejas Atlético Clube	V35	131	00:03:35	564
729	892	Carlos Luz	00:21:37	00:43:17	00:42:58	723	BRRnightRUNNERS - Barreiro	V40	163	00:03:30	393
730	295	António Merujo	00:21:47	00:43:17	00:42:40	682		V55	25	00:03:45	956
731	3935	Hélio Palma	00:20:30	00:43:18	00:43:17	781	CCD TRANQUILIDADE	Senior	198	00:04:01	1746
732	3125	Jorge Pedroso	00:20:53	00:43:18	00:42:55	713		V40	164	00:03:56	1449
733	219	Gonçalo Brito	00:21:21	00:43:18	00:42:50	702		Senior	199	00:03:42	818
734	3080	José Vidais	00:21:32	00:43:18	00:43:03	740	CCD Crédito Agrícola Mútuo	V45	87	00:03:37	628
735	1752	Jorge Nabais	00:20:37	00:43:19	00:43:09	756		Senior	200	00:03:47	1036
736	1983	Manuel Nunes	00:21:18	00:43:20	00:43:05	748	Tartarugas	V45	88	00:03:44	891
737	511	Pedro Carrapato	00:21:39	00:43:20	00:42:56	715		V35	132	00:03:38	649
738	4281	Nelson Costa	00:22:29	00:43:21	00:43:16	780	CLUBE MILLENNIUM BCP	Senior	201	00:03:29	376
739	10572	Ramon Valle	00:21:24	00:43:21	00:43:20	793		V40	165	00:03:42	817
740	9887	Luis Caetano	00:21:15	00:43:22	00:43:10	759		V45	89	00:03:41	769
741	3225	Adelino Semedo	00:21:35	00:43:22	00:43:12	769	G D C Banco de Portugal	V60	5	00:03:44	880

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
742	3831	João Oliveira	00:21:49	00:43:23	00:42:56	716	U.D.F.A.C.	V40	166	00:03:33	486
743	10504	Alejandro Calabuig	00:21:35	00:43:23	00:43:20	791		V40	167	00:03:30	395
744	4507	Miguel Ribeiro	00:21:51	00:43:23	00:42:40	680		V35	133	00:03:49	1119
745	100	José Nunes	00:21:26	00:43:24	00:43:03	741		V45	90	00:03:46	967
746	2539	João Moniz	00:21:30	00:43:24	00:42:55	714		Junior	42	00:03:45	951
747	6371	Luis Sá	00:21:53	00:43:24	00:43:10	761		Senior	202	00:03:20	196
748	1283	Mário Couto	00:20:54	00:43:24	00:43:19	786		V35	134	00:03:52	1264
749	4084	Telmo Velez	00:20:52	00:43:25	00:43:15	775	OFFTEL RUNNERS	Senior	203	00:03:47	1004
750	4907	Victor Carapelho	00:21:01	00:43:25	00:43:16	779		V50	53	00:03:38	643
751	8322	Solange Fernandes	00:21:05	00:43:26	00:43:18	785		Senior	12	00:03:44	902
752	6704	Alcindo Ramalho	00:22:02	00:43:26	00:43:10	757	Weventual	Senior	204	00:03:20	195
753	5919	Paulo Matos	00:22:41	00:43:27	00:42:19	632	Ganha...dores	V45	91	00:03:31	443
754	4603	Nelson Pereira	00:20:08	00:43:27	00:43:22	796		V35	135	00:03:49	1128
755	2112	Luís Loureiro	00:21:38	00:43:28	00:43:00	730	Run Crew T-Mtj	Senior	205	00:03:32	455
756	3375	Luís Paisana	00:21:03	00:43:28	00:43:19	787	Associação GD Academia do Korpo	V40	168	00:03:59	1634
757	568	Helder Tavares	00:21:50	00:43:28	00:42:58	720		V35	136	00:03:44	900
758	7274	Martino Montez	00:21:38	00:43:29	00:43:08	752		V40	169	00:03:41	761
759	1473	Alfredo Valente	00:21:03	00:43:29	00:43:13	771	spor lisboa campolide	V50	54	00:03:49	1121
760	5311	Rogério Azevedo	00:21:52	00:43:29	00:43:22	797	CCD Sintrense	V40	170	00:03:23	265



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761	8162	Miguel Lopes	00:21:47	00:43:30	00:43:11	762		Junior	43	00:03:47	1020
762	101	Americo Ferreira	00:21:00	00:43:30	00:43:13	770	Associação dos Pupilos do Exército	V55	26	00:03:42	822
763	7843	Nuno Calisto	00:22:08	00:43:30	00:43:01	733	Escola Atletismo Rui Silva	V35	137	00:03:42	830
764	5980	Pedro Bilro	00:22:07	00:43:31	00:43:12	765	Kainágua	V35	138	00:03:43	842
765	6755	Telmo Simões	00:22:29	00:43:31	00:42:42	685		Senior	206	00:03:40	705
766	9317	João Gaspar	00:20:58	00:43:31	00:43:20	790		Senior	207	00:03:45	957
767	6637	Bruno Loureiro	00:20:48	00:43:31	00:43:19	789		V40	171	00:03:46	992
768	9531	Tiago Ramos	00:21:06	00:43:33	00:43:22	798		V35	139	00:03:50	1159
769	6884	Pedro Reis	00:21:48	00:43:33	00:42:53	708		Senior	208	00:03:53	1299
770	7130	Paulo Simões	00:23:24	00:43:33	00:42:31	663	INDEG-ISCTE	V35	140	00:03:24	271
771	550	Luis Martins	00:21:25	00:43:33	00:43:16	777	Os Pinheiros	V50	55	00:03:50	1146
772	9309	Rute Martins	00:21:09	00:43:34	00:43:23	799		Senior	13	00:03:42	814
773	2121	Ricardo Vieira	00:21:31	00:43:34	00:43:19	788	Escola Atletismo Rui Silva	V40	172	00:03:39	702
774	9900	Paulo Ermezilha	00:21:09	00:43:35	00:43:23	800		V35	141	00:03:48	1052
775	9899	João Cândido	00:21:10	00:43:35	00:43:24	806		V50	56	00:03:48	1051
776	5326	Miguel Gualdino	00:21:50	00:43:35	00:43:04	744	COAC	Senior	209	00:03:37	618
777	4938	Gerry Sanitz	00:21:38	00:43:36	00:43:23	801	ODEBRECHT PORTUGAL	V45	92	00:03:40	714
778	973	Paulo Sousa	00:21:19	00:43:36	00:43:21	794	Volkswagen Autoeuropa	V35	142	00:03:46	986
779	7267	Fernando Capitão	00:21:06	00:43:36	00:43:17	782		V40	173	00:03:55	1389



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780	3206	Joaquim Azevedo	00:21:38	00:43:38	00:43:26	813		V50	57	00:03:39	695
781	7628	David Perez	00:22:02	00:43:38	00:43:01	734		V40	174	00:03:43	871
782	8233	Fernando Jorge	00:22:05	00:43:38	00:43:25	807		V45	93	00:03:31	434
783	9153	Rui Fernandes	00:22:29	00:43:39	00:42:58	724		V40	175	00:03:38	653
784	2413	João Gaspar	00:21:17	00:43:39	00:43:29	823		Senior	210	00:03:48	1069
785	9052	Maria Carmo	00:21:05	00:43:40	00:43:36	841	A.M.Atibá	V40	4	00:03:50	1173
786	1696	Germano Pires	00:21:20	00:43:40	00:43:33	834	Keep Running	V55	27	00:03:41	756
787	4773	Sílvia Ferreira	00:21:04	00:43:40	00:43:31	830		V40	5	00:03:51	1232
788	6192	Joao Caires	00:20:34	00:43:41	00:43:40	858	NUCLEO DESPORTIVO AUTOCOOPE	V45	94	00:04:08	2248
789	9174	Tony Anacleto	00:22:09	00:43:41	00:42:42	684		Senior	211	00:03:44	896
790	4900	Carlos Antunes	00:21:52	00:43:41	00:43:14	773	SS CGD	V40	176	00:03:45	953
791	10503	Ricardo Capriotti	00:21:08	00:43:42	00:43:40	856		V45	95	00:03:49	1096
792	5928	João Silva	00:21:25	00:43:42	00:43:16	778	Ganha...dores	Senior	212	00:03:58	1591
793	68	João Fonseca	00:20:49	00:43:42	00:43:39	852		V45	96	00:03:50	1140
794	9209	Ricardo Rodrigues	00:20:53	00:43:43	00:43:43	864		V35	143	00:03:47	1025
795	97	Liberto Santos	00:21:34	00:43:44	00:43:24	803		V45	97	00:03:40	710
796	6892	Pedro Cordeiro	00:21:40	00:43:44	00:43:32	831		V45	98	00:03:48	1078
797	5553	Ricardo Martins	00:22:12	00:43:44	00:43:24	805		V40	177	00:03:35	556
798	6784	Virgínia Pereira	00:20:49	00:43:44	00:43:44	869	Em Agosto saí do sofa	V45	2	00:03:53	1326



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799	8484	Tiago Ferreira	00:20:47	00:43:44	00:43:39	853		Senior	213	00:04:19	2983
800	2298	José Badalo	00:22:23	00:43:44	00:43:15	776	ADCSA Baldio	V45	99	00:03:35	555
801	4213	António Alexandre	00:21:21	00:43:45	00:43:24	802	CAN-Clube de Atletismo da Nazaré	V55	28	00:04:01	1773
802	9396	Nelson Lima	00:22:27	00:43:45	00:42:51	706		V40	178	00:03:39	686
803	5748	João Mendes	00:21:39	00:43:45	00:43:20	792	NúcleOeiras / Sportzone	V40	179	00:03:47	1037
804	10571	Luis Semedo	00:21:39	00:43:45	00:43:43	862		Senior	214	00:03:44	884
805	140	Hugo Rocha	00:21:51	00:43:45	00:43:04	743		V35	144	00:03:42	791
806	2608	Carlos Rosado	00:22:23	00:43:45	00:43:15	774	CLUBE RUGBY JUROMENHA	V45	100	00:03:36	585
807	8574	Luis Lucio	00:21:28	00:43:46	00:43:37	844	CLUBE ACCENTURE	V35	145	00:03:50	1169
808	616	Nuno Silva	00:22:09	00:43:47	00:43:21	795		V40	180	00:03:33	497
809	1526	Diogo Sousa	00:22:08	00:43:47	00:43:31	828	GO!Runners	Senior	215	00:03:34	525
810	975	Diogo Ferreira	00:21:25	00:43:47	00:43:46	876		V40	181	00:03:48	1064
811	6791	Filipe Martins	00:20:36	00:43:48	00:43:38	848		Senior	216	00:03:52	1277
812	3089	Rui Melo	00:21:32	00:43:48	00:43:31	825	CCD Crédito Agrícola Mútuo	V40	182	00:03:52	1287
813	6588	Rui Oliveira	00:21:08	00:43:49	00:43:38	847		V35	146	00:03:57	1519
814	8820	João Barnabé	00:21:42	00:43:49	00:43:47	883		Senior	217	00:03:32	448
815	3047	José Delca	00:21:15	00:43:49	00:43:32	832	Bombeiros Voluntários de Montemor-o-Novo	Junior	44	00:04:01	1785
816	6800	João Raquel	00:22:10	00:43:49	00:43:27	819		V35	147	00:03:43	854
817	3376	João Veiga	00:22:02	00:43:49	00:43:24	804	Correr Lisboa	Senior	218	00:03:44	894



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818	9526	Emanuel Freitas	00:21:50	00:43:50	00:43:10	760		V50	58	00:03:41	757
819	8844	Bruno Vitorino	00:21:44	00:43:51	00:43:25	808	ASC - Alhandra Cotas	V35	148	00:03:46	990
820	7324	Rogério Machado	00:21:29	00:43:51	00:43:28	821		Senior	219	00:03:43	857
821	3962	Alexandre Costa	00:21:58	00:43:52	00:43:40	855		V40	183	00:03:43	858
822	8414	Miguel Nunes	00:22:12	00:43:52	00:43:12	766	Feijo!	Senior	220	00:03:39	680
823	9461	David Cunha	00:20:35	00:43:52	00:43:42	860		Senior	221	00:04:06	2085
824	4569	José Valentim	00:19:34	00:43:53	00:43:43	867	Clube Bolinha	Senior	222	00:04:05	2043
825	9359	Marcelo Oliveira	00:21:06	00:43:53	00:43:50	891		V35	149	00:03:54	1376
826	3732	Carlos Moraes	00:22:10	00:43:54	00:43:26	816	Amigos Atletismo Mafra	V50	59	00:03:38	657
827	950	Goncalo Palma	00:21:13	00:43:54	00:43:36	839		Senior	223	00:03:45	947
828	5974	José Mateus	00:21:00	00:43:54	00:43:37	845	Kainágua	V35	150	00:04:17	2828
829	6650	Julio Gamito	00:20:59	00:43:54	00:43:51	898		V50	60	00:03:55	1382
830	3550	Pedro Martins	00:18:48	00:43:55	00:43:45	873	Futebol Clube Estrelas Lisboa	V35	151	00:04:11	2434
831	4648	João Almeida	00:21:37	00:43:55	00:43:47	882		Senior	224	00:03:49	1103
832	4850	Fernando Santos	00:21:20	00:43:55	00:43:49	889	A.M.Atibá	V50	61	00:03:34	530
833	2671	Pedro Vieira	00:22:32	00:43:55	00:43:17	784	GFD Running	V40	184	00:03:29	380
834	6333	Vitor Lopes	00:22:27	00:43:56	00:43:35	838		Senior	225	00:03:39	701
835	2666	Miguel Martinho	00:21:35	00:43:56	00:43:38	849	GFD Running	V35	152	00:03:41	764
836	8845	João Hipolito	00:22:01	00:43:56	00:43:31	827	ASC - Alhandra Cotas	V45	101	00:03:41	758



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837	1310	Nuno Viegas	00:21:05	00:43:56	00:43:46	877		V35	153	00:03:58	1575
838	3629	Fernando Gomes	00:22:19	00:43:56	00:43:25	810	GFD Running	V35	154	00:03:30	394
839	1734	Fernando Rosete	00:21:07	00:43:56	00:43:47	881		V40	185	00:03:53	1324
840	6291	António Ramalho	00:21:27	00:43:57	00:43:42	861	Os Galgos	V50	62	00:03:44	897
841	246	Paulo Louro	00:21:55	00:43:57	00:43:25	809		V50	63	00:03:44	898
842	2042	António Ventura	00:21:49	00:43:57	00:43:50	892		V35	155	00:03:46	968
843	7471	Paulo Santos	00:21:01	00:43:58	00:43:56	916		V40	186	00:03:52	1237
844	8258	Fábio Santos	00:21:58	00:43:59	00:43:39	854		Junior	45	00:03:43	834
845	5520	Pedro Pereira	00:21:06	00:43:59	00:43:44	871	Furões do Alentejo	Senior	226	00:03:48	1050
846	6718	Rui Lamy	00:22:03	00:43:59	00:43:17	783	Runners do Travesseiro	V35	156	00:03:42	801
847	6392	Hugo Santos	00:22:16	00:44:00	00:43:12	763		Senior	227	00:03:39	688
848	1580	Bruno Henriques	00:21:35	00:44:01	00:43:37	843	Flechas	V35	157	00:03:35	561
849	4483	João Gregório	00:21:30	00:44:01	00:43:48	885		V35	158	00:03:46	959
850	6154	Manuel Abrantes	00:21:55	00:44:01	00:43:27	818		Senior	228	00:03:41	745
851	3350	Bruno Amorim	00:22:32	00:44:02	00:43:33	833		Senior	229	00:03:21	208
852	1589	Hugo Lampeira	00:21:41	00:44:02	00:43:33	835		V35	159	00:03:46	988
853	6093	Bruno Bonito	00:18:40	00:44:02	00:43:52	904		Senior	230	00:04:01	1772
854	777	José Andrade	00:21:20	00:44:02	00:43:54	913		V35	160	00:03:47	1008
855	15	Nuno Carmo	00:21:30	00:44:02	00:43:54	911		V40	187	00:03:43	839



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856	2186	Sérgio Simoes	00:22:00	00:44:02	00:43:05	749	Açoreana Clube Banif	V35	161	00:03:36	578
857	3224	José Monteiro	00:22:45	00:44:03	00:43:27	817	G D C Banco de Portugal	V55	29	00:03:52	1260
858	6816	Jose Assis	00:22:46	00:44:03	00:43:14	772		V50	64	00:03:38	636
859	4647	Hugo Gonçalves	00:21:54	00:44:03	00:43:28	822		V35	162	00:03:46	977
860	9728	João Braz	00:21:43	00:44:03	00:43:45	872	Beer Boys	Senior	231	00:03:53	1302
861	1501	Marco Souza	00:21:20	00:44:04	00:43:48	886		V45	102	00:03:49	1127
862	5202	Leonído Afonso	00:21:31	00:44:04	00:43:52	905		V50	65	00:03:53	1290
863	8039	Nuno Oliveira	00:22:47	00:44:04	00:43:04	742	ONE TRIBE METRALHAS	Senior	232	00:03:39	681
864	5864	Virgínio Pateiro	00:21:58	00:44:05	00:43:47	879		V40	188	00:03:42	788
865	9872	Artur Duarte	00:23:03	00:44:05	00:43:12	764		V40	189	00:03:23	252
866	10505	Carmen Ayuso	00:21:35	00:44:06	00:44:04	934		V40	6	00:03:38	638
867	8708	Sérgio Oliveira	00:21:48	00:44:08	00:43:36	840		V35	163	00:03:54	1333
868	6210	Nuno Pita	00:21:40	00:44:08	00:44:04	933	CCDTMetroLX	V35	164	00:03:47	1021
869	8853	António Moreira	00:21:54	00:44:08	00:44:02	925		V50	66	00:03:49	1126
870	5302	Marco Brito	00:21:20	00:44:09	00:44:07	946		V35	165	00:04:04	1973
871	8121	Mário Amaro	00:21:19	00:44:10	00:44:08	951		V45	103	00:03:33	496
872	3059	Helder Alvalade	00:22:16	00:44:11	00:43:39	851	GURUS	V40	190	00:03:31	420
873	1170	Gabriel Frade	00:22:14	00:44:11	00:43:38	846	Os Zatopeques	V45	104	00:03:44	912
874	3028	Rui Batista	00:21:08	00:44:12	00:44:02	926		V50	67	00:04:00	1692



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875	7211	Bernardo Pinto-Coelho	00:22:26	00:44:12	00:43:31	824		V35	166	00:03:36	590
876	5642	Luís Carvalhinho	00:21:54	00:44:12	00:43:53	908	Carvalhinhos	V45	105	00:03:34	512
877	1472	Ildebrando Aires	00:22:25	00:44:13	00:43:50	894	Correr Lisboa	V35	167	00:03:50	1182
878	5536	Pedro Barroso	00:21:42	00:44:13	00:43:31	826		Senior	233	00:03:45	954
879	7682	Javier Sarasa	00:21:57	00:44:14	00:43:54	910		Senior	234	00:03:38	641
880	3066	Osvaldo Cipriano	00:21:38	00:44:14	00:44:02	930	Agenda Desportiva	Senior	235	00:03:47	1001
881	3290	José Bernardino	00:21:45	00:44:14	00:43:38	850	Foz365	Senior	236	00:03:39	690
882	5564	Rui Martins	00:21:57	00:44:14	00:43:52	901		V55	30	00:03:43	836
883	9017	Paulo Menezes	00:22:31	00:44:14	00:43:48	887	Clube Olimpico de Oeiras	V40	191	00:03:42	803
884	6414	Sergio Santos	00:22:24	00:44:15	00:43:48	888		V40	192	00:03:55	1408
885	6156	Luis Pinto	00:20:32	00:44:15	00:44:14	975		V45	106	00:03:57	1503
886	5913	Rui Silva	00:21:50	00:44:16	00:43:56	917	Família Silva	Senior	237	00:04:05	2029
887	9178	Joao Fernandes	00:21:16	00:44:16	00:44:08	954		V35	168	00:03:45	958
888	5948	Pedro Tavares	00:22:09	00:44:16	00:43:34	837		V35	169	00:03:52	1261
889	8282	Hugo Borges	00:21:29	00:44:16	00:44:12	971		Senior	238	00:03:46	991
890	8624	Pedro Guimarães	00:21:24	00:44:16	00:44:06	942		Senior	239	00:03:41	782
891	4749	Fernando Alves	00:22:05	00:44:16	00:43:47	880	Correr Lisboa	Senior	240	00:04:09	2345
892	8622	Daniel Sousa	00:22:52	00:44:16	00:43:43	865	Albertos	Senior	241	00:03:32	474
893	2985	Luis Mendes	00:22:41	00:44:17	00:43:44	870	H2Ovita	V35	170	00:03:41	772



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894	453	Francisco Rodrigues	00:21:42	00:44:17	00:44:07	945		V35	171	00:03:49	1122
895	177	João Lourenço	00:21:32	00:44:17	00:44:07	948	Magic Runners	V50	68	00:03:44	885
896	1182	Rui Caeiro	00:21:56	00:44:17	00:43:46	878		V45	107	00:03:37	620
897	462	Ricardo Pereira	00:21:49	00:44:18	00:43:52	900		V35	172	00:03:34	510
898	8441	Antonio Cumbre	00:22:26	00:44:18	00:43:43	863	Pernas de Gafanhoto	V35	173	00:03:42	806
899	6130	João Cegonho	00:21:40	00:44:18	00:44:09	958		V35	174	00:03:46	962
900	4052	Joao Saldanha	00:21:29	00:44:18	00:44:05	935		V40	193	00:03:48	1082
901	6402	Carlos Rodrigues	00:22:19	00:44:19	00:43:46	875	Amigos Atletismo Mafra	V55	31	00:03:45	950
902	4895	Sérgio Viegas	00:21:16	00:44:19	00:44:18	995		V35	175	00:03:36	584
903	4391	Maria Roque	00:21:54	00:44:19	00:44:09	957	CLUBE MILLENNIUM BCP	V45	3	00:03:56	1491
904	4110	Euclides Soares	00:21:02	00:44:20	00:43:57	919		Senior	242	00:03:54	1348
905	5528	André Antas	00:21:40	00:44:21	00:44:05	936	Furões do Alentejo	Senior	243	00:03:58	1610
906	3747	Bruno Girao	00:20:53	00:44:21	00:44:17	988		V35	176	00:03:56	1478
907	3076	Carlos Silva	00:21:34	00:44:21	00:44:07	947	CCD Crédito Agrícola Mútuo	V50	69	00:03:56	1463
908	3968	Tiago Gabriel	00:22:18	00:44:21	00:43:40	859		Senior	244	00:03:45	948
909	4316	Antonio Ramos	00:21:32	00:44:21	00:44:08	950	CLUBE MILLENNIUM BCP	V40	194	00:03:50	1148
910	368	António Reis	00:21:42	00:44:21	00:44:19	996	Amigos Atletismo Mafra	V55	32	00:03:50	1153
911	222	Rui Rodas	00:21:13	00:44:21	00:44:17	984		V40	195	00:03:49	1129
912	9105	José Jesus	00:21:51	00:44:21	00:44:07	949		V45	108	00:03:50	1151



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913	4890	Sara Marinho	00:21:43	00:44:22	00:43:57	920		Senior	14	00:03:47	1039
914	7318	Luis Pereira	00:21:52	00:44:22	00:43:51	896	G.D.C. FONSECAS E CALÇADA	V35	177	00:03:52	1268
915	5862	Fernando Lourenço	00:21:49	00:44:22	00:44:10	964		V45	109	00:03:47	1041
916	4300	Paulo Sousa	00:22:27	00:44:22	00:44:17	983	CLUBE MILLENNIUM BCP	V50	70	00:03:29	366
917	8176	João Martins	00:21:57	00:44:22	00:44:09	956		V35	178	00:03:44	892
918	9969	Joaquim Vieira	00:22:44	00:44:22	00:43:45	874		V45	110	00:03:43	863
919	1600	Luis Sousa	00:21:41	00:44:22	00:44:15	979		V40	196	00:03:46	994
920	4838	Fábio Moço	00:21:10	00:44:23	00:44:10	963		Senior	245	00:03:42	800
921	6613	Carlos Monteiro	00:22:06	00:44:23	00:44:05	939	Falcões Selvagens	V60	6	00:03:49	1134
922	6115	Paulo Gamboa	00:22:08	00:44:23	00:44:15	981	CLUBE ATLÉTICO PATAMEIRAS	V40	197	00:04:09	2347
923	2257	Rui Menas	00:21:54	00:44:24	00:43:55	914		V35	179	00:04:09	2348
924	3	Jéssica Augusto	00:22:08	00:44:24	00:44:22	1008	AMERICAN NIKE	Senior	15	00:04:10	2384
925	2140	Fausto Isaac	00:22:04	00:44:24	00:43:52	902	Açoreana Clube Banif	V45	111	00:04:10	2379
926	9013	Luciano Dantas	00:21:03	00:44:24	00:44:23	1010	Clube Olimpico de Oeiras	V45	112	00:04:10	2380
927	955	Carlos Ferreira	00:22:15	00:44:24	00:43:53	909		V55	33	00:03:51	1233
928	7683	Pedro Silva	00:20:09	00:44:25	00:44:15	977		V35	180	00:04:11	2476
929	45	Ricardo Martins	00:23:53	00:44:25	00:43:43	868		Senior	246	00:03:55	1417
930	3611	Jose Gerardo	00:21:22	00:44:25	00:44:22	1007		V50	71	00:03:57	1535
931	3745	Henrique Tomé	00:22:16	00:44:25	00:43:56	915		V45	113	00:03:42	812



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932	3933	Antonio Vieira	00:21:53	00:44:26	00:44:11	969	CASA DO PESSOAL DA RTP	V45	114	00:03:47	1049
933	4097	Rui Nascimento	00:22:07	00:44:27	00:44:03	932		V40	198	00:03:51	1227
934	228	Rui Lóio	00:21:19	00:44:27	00:44:11	967	Volkswagen Autoeuropa	V45	115	00:03:54	1340
935	156	António Ferreira	00:22:42	00:44:27	00:43:53	907		Senior	247	00:03:52	1242
936	7533	António Lopes	00:22:11	00:44:28	00:44:18	990		V45	116	00:03:40	719
937	3321	Rui Carvalho	00:21:37	00:44:28	00:44:11	968		V45	117	00:04:12	2555
938	5945	Paulo Silva	00:21:15	00:44:29	00:44:19	999	cleverti	Senior	248	00:03:57	1539
939	6889	Joao Mana	00:21:01	00:44:29	00:44:12	972		Senior	249	00:04:17	2849
940	635	Orlando Silva	00:22:22	00:44:30	00:44:17	989		V40	199	00:03:48	1068
941	3540	Nuno Silva	00:22:26	00:44:30	00:43:53	906	Ginásio Clube Português	V45	118	00:03:44	876
942	9855	Daniel Pereira	00:21:58	00:44:30	00:43:54	912		V35	181	00:03:56	1448
943	8503	Paulo Costa	00:21:41	00:44:30	00:44:17	985		V40	200	00:03:46	999
944	144	Pedro Esteves	00:22:11	00:44:31	00:43:57	921		V40	201	00:03:50	1158
945	2352	Carlos Pereira	00:21:59	00:44:31	00:43:52	903		Senior	250	00:03:50	1172
946	4246	Pedro Ramos	00:22:02	00:44:31	00:43:50	893	GRCD Leião	V35	182	00:03:55	1421
947	2402	Alexandrina Barros	00:21:37	00:44:33	00:44:26	1021	Valejas Atlético Clube	V40	7	00:03:49	1125
948	3152	Miguel Penedo	00:21:33	00:44:33	00:44:22	1006	Homem Bala	Senior	251	00:03:55	1423
949	7681	Montse Zabal	00:21:59	00:44:34	00:44:13	974		Senior	16	00:03:51	1226
950	744	Gonçalo Jacinto	00:21:57	00:44:34	00:44:16	982		V40	202	00:03:56	1440



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951	4893	Sílvia Antunes	00:20:15	00:44:34	00:44:24	1014		V35	8	00:04:03	1888
952	1171	Paulo Frade	00:22:10	00:44:34	00:44:01	923	Os Zatopeques	V45	119	00:03:40	707
953	5459	Alexandre Teixeira	00:22:35	00:44:35	00:44:10	959		Senior	252	00:03:41	779
954	5967	Carlos Pereira	00:21:17	00:44:35	00:44:28	1032	CLAC - Entroncamento	V40	203	00:04:13	2612
955	3365	Nuno Pinto	00:21:23	00:44:35	00:44:30	1043		Senior	253	00:03:56	1446
956	9908	Ernesto Monteiro	00:23:18	00:44:36	00:43:43	866		V40	204	00:03:38	647
957	819	António Vilela	00:22:08	00:44:36	00:44:09	955		V45	120	00:03:53	1327
958	5645	Sérgio Manso	00:21:58	00:44:36	00:44:20	1000		Senior	254	00:03:56	1447
959	7496	Victor André	00:23:07	00:44:37	00:44:06	943	Ratões do Faial	V50	72	00:03:31	422
960	2256	Carlos Agostinho	00:22:36	00:44:37	00:44:00	922		V40	205	00:03:44	881
961	9650	Nelson Lopes	00:21:05	00:44:37	00:44:36	1060		V40	206	00:03:52	1250
962	4645	Bavieche Samgi	00:22:09	00:44:37	00:44:02	928		Senior	255	00:03:55	1388
963	8479	António Reis	00:22:02	00:44:37	00:44:21	1003		V35	183	00:03:51	1221
964	8113	Paulo Figueira	00:21:30	00:44:37	00:44:26	1024		V50	73	00:03:59	1637
965	5002	João Fernandes	00:22:34	00:44:38	00:43:50	895	C. A. Amigos Parque da Paz	Senior	256	00:03:39	682
966	8436	Carlos Silva	00:22:53	00:44:38	00:43:51	897	IronesSilvas	V45	121	00:03:35	549
967	716	Jorge Bernardo	00:21:28	00:44:38	00:44:30	1042		V40	207	00:03:53	1307
968	2887	Henrique Rafael	00:21:40	00:44:38	00:44:24	1011	Os Kotas	V35	184	00:03:52	1240
969	1068	Luis Oliveira	00:23:46	00:44:38	00:43:40	857	Café do Rui	V40	208	00:03:31	438



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970	1057	Artur Correia	00:22:07	00:44:39	00:44:10	960	Foz365	V40	209	00:03:48	1072
971	2734	Pedro Rio	00:22:26	00:44:39	00:44:10	961	Clube Robbialac	Senior	257	00:03:45	921
972	5567	Jorge Sobrinho	00:21:47	00:44:40	00:44:26	1020		V45	122	00:04:05	2004
973	217	Pedro Felício	00:22:06	00:44:40	00:44:18	991	BRRnightRUNNERS - Barreiro	V40	210	00:03:47	1048
974	5406	Luis Caetano	00:22:26	00:44:41	00:44:30	1040		V50	74	00:03:40	742
975	2673	Rui Freitas	00:22:20	00:44:41	00:44:03	931	GFD Running	V35	185	00:03:44	887
976	5262	Jorge Sousa	00:23:15	00:44:41	00:43:25	812		V45	123	00:03:45	926
977	8377	Matheus Almeida	00:22:53	00:44:41	00:44:10	962		Senior	258	00:03:31	436
978	3394	João Matias	00:21:59	00:44:42	00:44:17	986		Senior	259	00:03:42	795
979	3199	Carlos Jacinto	00:22:08	00:44:42	00:44:27	1029		V45	124	00:03:54	1359
980	7876	Marcelo Simões	00:25:06	00:44:42	00:39:05	268		Senior	260	00:03:15	137
981	5164	António Pedro	00:21:17	00:44:43	00:44:33	1051		V50	75	00:03:54	1350
982	2650	Jorge Correia	00:22:33	00:44:43	00:44:05	937	GFD Running	V40	211	00:03:47	1042
983	2313	Sérgio Matos	00:21:50	00:44:43	00:44:28	1033		V35	186	00:03:40	739
984	104	João Teixeira	00:21:54	00:44:43	00:44:24	1017		V45	125	00:03:48	1088
985	3684	Rodrigo Almeida	00:21:38	00:44:44	00:44:37	1064		V35	187	00:03:58	1577
986	5901	Luis Soares	00:21:52	00:44:44	00:44:22	1005	APOGMA	V45	126	00:03:34	514
987	2888	Pedro Sousa	00:22:29	00:44:44	00:44:37	1063	RSB	Senior	261	00:03:52	1285
988	5839	Mario Batista	00:21:26	00:44:44	00:44:30	1041		V35	188	00:03:53	1313



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
989	3493	Miguel Melo	00:21:59	00:44:45	00:44:15	978		Junior	46	00:03:47	1040
990	3395	Joao Bogalheiro	00:21:57	00:44:46	00:44:35	1057		V45	127	00:03:55	1393
991	6224	Francisco Mendes	00:21:39	00:44:46	00:44:38	1066	NAPA	Junior	47	00:04:03	1880
992	6226	João Paixao	00:21:23	00:44:46	00:44:41	1073	NAPA	V40	212	00:04:10	2388
993	2750	Tiago Santos	00:21:46	00:44:46	00:44:38	1065	Escola Atletismo Rui Silva	Senior	262	00:03:44	882
994	5352	Artur Pinto	00:22:45	00:44:47	00:43:37	842	Ginásio Clube Português	V35	189	00:03:42	793
995	3753	Nelson Faria	00:22:00	00:44:47	00:44:34	1054	Agenda Desportiva	Senior	263	00:03:47	1035
996	596	Pedro Simplicio	00:22:43	00:44:47	00:44:05	938		Senior	264	00:03:42	798
997	3276	Telmo Nogueira	00:21:47	00:44:48	00:44:24	1015	Flashteam	Senior	265	00:03:55	1391
998	812	António Costa	00:22:09	00:44:49	00:44:31	1046		V40	213	00:03:51	1219
999	483	Nuno Pimpão	00:21:28	00:44:50	00:44:49	1100		Senior	266	00:03:59	1660
1000	5608	Henrique Amador	00:21:52	00:44:50	00:44:40	1071	SS CGD	V40	214	00:03:55	1420
1001	9810	Ricardo Martins	00:22:04	00:44:50	00:44:18	994	Os Conta-Kilómetros	Senior	267	00:03:48	1081
1002	8526	André Almeida	00:22:04	00:44:50	00:44:18	992	Os Conta-Kilómetros	Senior	268	00:03:46	969
1003	7360	Rui Carvalho	00:22:12	00:44:50	00:44:27	1027		Senior	269	00:03:34	516
1004	8700	Fábio Duarte	00:23:08	00:44:51	00:43:25	811		Senior	270	00:03:40	713
1005	6786	Luis Costa	00:22:01	00:44:51	00:44:29	1035		V40	215	00:03:51	1228
1006	485	Nuno Jacinto	00:21:26	00:44:51	00:44:33	1050		V40	216	00:04:06	2081
1007	200	Sérgio Póvoa	00:22:31	00:44:51	00:44:27	1028	BRRnightRUNNERS - Barreiro	V40	217	00:03:41	777



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1008	8144	Eduardo Quaresma	00:23:37	00:44:51	00:43:28	820	YouTurbe Team	V35	190	00:03:46	966
1009	6923	Fernando Valério	00:21:26	00:44:52	00:44:47	1089		V35	191	00:04:05	2001
1010	9233	António Miranda	00:22:44	00:44:52	00:44:42	1076		V40	218	00:03:46	975
1011	278	Hugo Dória	00:21:38	00:44:52	00:44:25	1018		Senior	271	00:04:05	2026
1012	3258	Luis Trigo	00:22:44	00:44:53	00:44:17	987	SappecGroup Team	V45	128	00:03:41	773
1013	2501	Arnaldo Trindade	00:22:08	00:44:53	00:44:29	1036	RB RUNNING	V40	219	00:03:44	890
1014	3845	Ana Vieira	00:22:10	00:44:53	00:44:43	1079	EVELX - Associação de Estilos de Vida Saudável	V35	9	00:03:56	1442
1015	3480	Carlos Baptista	00:23:13	00:44:53	00:44:21	1004	Sporting Clube de Casainhos	V50	76	00:03:34	518
1016	6993	Carlos Maurício	00:22:33	00:44:53	00:44:18	993		V45	129	00:03:46	961
1017	3582	Rolando Jesus	00:21:59	00:44:54	00:44:40	1070	Pocariça Runners	Senior	272	00:04:06	2089
1018	1096	Pedro Lima	00:21:51	00:44:54	00:44:43	1080		V45	130	00:03:50	1154
1019	9238	Ricardo Ferreira	00:22:08	00:44:55	00:44:46	1087		V35	192	00:03:55	1427
1020	1495	Nuno Anjos	00:22:34	00:44:55	00:44:36	1059	amigosdacorrída.com	V40	220	00:03:55	1431
1021	5061	Paulo Vieira	00:22:42	00:44:55	00:44:35	1056		V35	193	00:03:43	848
1022	5237	Nuno Lima	00:22:42	00:44:56	00:44:12	970	Kenianos do montijo	Senior	273	00:03:45	932
1023	8662	André Santos	00:21:41	00:44:56	00:44:40	1069		V35	194	00:03:59	1671
1024	10385	Hugo Silva	00:21:48	00:44:56	00:44:54	1109		V35	195	00:03:54	1346
1025	3713	Bruno Martins	00:23:17	00:44:57	00:44:24	1012		V35	196	00:03:24	281
1026	2436	Fernando Ribeiro	00:22:30	00:44:57	00:44:24	1013		V45	131	00:03:48	1079



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1027	575	Lourenco Sampaio	00:21:03	00:44:57	00:44:57	1129		V35	197	00:04:07	2155
1028	840	Rui Santos	00:21:46	00:44:58	00:44:47	1088		Senior	274	00:03:52	1258
1029	10423	Ricardo Pereira	00:19:35	00:44:58	00:44:48	1097		V40	221	00:04:32	3783
1030	2735	Pedro Ferreira	00:22:26	00:44:58	00:44:30	1044	Clube Robbialac	V35	198	00:03:45	930
1031	10365	Nuno Maltez	00:21:47	00:44:58	00:44:55	1116		V40	222	00:03:38	648
1032	124	Herberto Monteiro	00:22:01	00:44:59	00:44:51	1104		V40	223	00:03:19	184
1033	2267	João Cardoso	00:23:16	00:44:59	00:43:56	918	Pés de Chumbo	V35	199	00:03:34	541
1034	3548	Pedro Pires	00:22:18	00:44:59	00:44:20	1002	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V45	132	00:03:53	1303
1035	6044	Nuno Mestre	00:23:19	00:44:59	00:44:11	966	Unidos da Manutenção	V40	224	00:03:41	786
1036	9957	Martim Menezes	00:21:35	00:45:00	00:44:49	1098		V45	133	00:03:55	1399
1037	7260	Manuel Silva	00:21:49	00:45:00	00:44:55	1113		V55	34	00:03:57	1548
1038	7460	Antonio Pucariço	00:23:22	00:45:00	00:44:15	980		V50	77	00:03:40	728
1039	1387	Carlos Noronha	00:22:25	00:45:00	00:44:36	1058		Senior	275	00:03:33	501
1040	2597	Abel Pina	00:22:32	00:45:00	00:44:29	1037		V50	78	00:03:43	849
1041	2800	Romão Correia	00:21:56	00:45:00	00:44:24	1016	Devagar, devagarinho...	V35	200	00:04:07	2159
1042	3549	Rodrigo Oliveira	00:21:06	00:45:01	00:44:57	1128	Futebol Clube Estrelas Lisboa	V35	201	00:03:54	1337
1043	9841	Geoffray Ramos	00:22:05	00:45:01	00:44:27	1026		V35	202	00:03:43	831
1044	6782	Paulo Cabral	00:21:26	00:45:02	00:45:00	1149	Em Agosto sai do sofa	Senior	276	00:03:54	1336
1045	3212	Joel Guedes	00:23:24	00:45:02	00:44:41	1074	CLUBE COLABORADORES AXA	V40	225	00:03:42	807

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1046	8412	Hugo Matos	00:22:55	00:45:03	00:44:23	1009	Feijo!	Senior	277	00:03:40	738
1047	9945	António Franco	00:22:46	00:45:03	00:44:02	927		V45	134	00:03:54	1335
1048	8976	António Maurício	00:22:12	00:45:03	00:45:02	1161		V60	7	00:03:54	1334
1049	10591	Gonçalo Lage	00:22:29	00:45:03	00:45:02	1163		V40	226	00:03:47	1027
1050	7323	Jose Martins	00:22:33	00:45:03	00:44:56	1121		V45	135	00:03:36	577
1051	3871	Rodrigo Sarroeira	00:22:12	00:45:04	00:44:47	1090		Junior	48	00:03:57	1553
1052	9000	Tiago Camilo	00:21:54	00:45:04	00:44:48	1094	Clube Olimpico de Oeiras	V35	203	00:03:58	1583
1053	417	Bruno Pissarra	00:22:06	00:45:04	00:44:47	1091		V35	204	00:04:03	1893
1054	6173	Andreia Zeferino	00:20:58	00:45:04	00:44:54	1111		Senior	17	00:03:49	1124
1055	9432	Nuno Archer	00:23:06	00:45:04	00:44:11	965		V45	136	00:03:47	1014
1056	4208	António Martins	00:22:55	00:45:05	00:44:28	1030		V45	137	00:03:42	796
1057	6465	António Leal	00:22:27	00:45:05	00:44:40	1072	Marinhais AC	V40	227	00:03:47	1007
1058	4340	Ilidio Rodrigues	00:22:45	00:45:05	00:45:01	1160	CLUBE MILLENNIUM BCP	V60	8	00:03:38	639
1059	4389	Goncalo Dinis	00:22:31	00:45:05	00:45:04	1168	CLUBE MILLENNIUM BCP	Senior	278	00:03:33	484
1060	3591	Pedro Carmo	00:21:59	00:45:06	00:44:55	1114	CLAC - Entroncamento	V35	205	00:04:02	1846
1061	2397	Miguel Silva	00:23:04	00:45:06	00:44:29	1034	Clube Desportivo de Mafra	V45	138	00:03:45	933
1062	6499	Eduardo Nunes	00:21:54	00:45:06	00:44:56	1120		V35	206	00:04:00	1716
1063	2428	Rui Pena	00:22:26	00:45:07	00:44:37	1061		V40	228	00:03:56	1486
1064	649	Joao Fonseca	00:22:13	00:45:07	00:44:42	1075		V40	229	00:03:51	1234



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1065	4810	Fernando Costa	00:22:54	00:45:07	00:44:25	1019		V35	207	00:03:39	679
1066	5649	Filipe Silva	00:21:03	00:45:07	00:44:55	1115		Senior	279	00:03:47	1024
1067	3689	Paulo Pires	00:23:00	00:45:07	00:44:51	1105	GD Banco BPI	V45	139	00:03:39	670
1068	2710	Nuno Inácio	00:22:51	00:45:07	00:44:49	1099		V35	208	00:03:51	1235
1069	1982	João Pinheiro	00:22:04	00:45:08	00:44:28	1031	Synopsys Runners	V35	209	00:04:09	2322
1070	3354	Francisco Vilela	00:22:14	00:45:08	00:44:53	1108	Grupo Recreativo e Desportivo Ribeira da Lage	V40	230	00:03:47	1026
1071	1067	Pedro Neves	00:22:34	00:45:08	00:44:08	952	Café do Rui	Senior	280	00:03:56	1496
1072	244	Hugo Sequeira	00:22:51	00:45:08	00:44:26	1023		Senior	281	00:03:28	340
1073	526	Artur Pereira	00:22:39	00:45:09	00:44:44	1082	Magic Runners	V45	140	00:03:46	978
1074	1478	Severo Melo	00:21:19	00:45:09	00:44:59	1144	MultiRunners	V45	141	00:03:53	1305
1075	5747	Abílio Amado	00:21:31	00:45:09	00:44:59	1146	NúcleOeiras / Sportzone	V35	210	00:04:06	2128
1076	7796	Ricardo Nunes	00:21:46	00:45:09	00:44:56	1123		V40	231	00:04:11	2482
1077	9700	Pedro Serra	00:21:40	00:45:09	00:44:56	1124		Senior	282	00:04:00	1705
1078	5820	Luis Machado	00:22:15	00:45:09	00:44:56	1126	GDCTIN Casa da Moeda	V45	142	00:03:47	1011
1079	6350	Pedro Isabel	00:21:33	00:45:10	00:44:59	1141		V35	211	00:03:56	1461
1080	7748	Jose Lopes	00:22:51	00:45:10	00:44:38	1067		V45	143	00:03:37	611
1081	1679	Edgar Ferreira	00:22:41	00:45:10	00:44:27	1025		Senior	283	00:03:42	802
1082	3348	Paulo Campos	00:22:26	00:45:10	00:44:30	1039	Pernas de Gafanhoto	V40	232	00:03:58	1605
1083	10479	Diogo Cunha	00:23:30	00:45:10	00:44:06	944		Senior	284	00:03:39	685



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1084	3033	José Marques	00:21:50	00:45:10	00:45:01	1155	Bombeiros Voluntários de Montemor-o-Novo	V50	79	00:03:55	1394
1085	7443	Luis Rodrigues	00:22:05	00:45:11	00:44:58	1135	FSG Collonge Bellerive	V40	233	00:03:47	1010
1086	2870	Eduardo Luís	00:23:08	00:45:11	00:44:31	1047	Atomic Team	V35	212	00:03:51	1223
1087	3778	Bernardo Pinto	00:22:24	00:45:11	00:44:34	1055		V40	234	00:03:53	1315
1088	2029	André Fernandes	00:22:47	00:45:11	00:44:32	1049	DRunners	V35	213	00:03:48	1053
1089	3804	Jorge Mendes	00:21:37	00:45:11	00:44:44	1084	KUALITY KONTAS	V35	214	00:04:03	1913
1090	7875	Bruno Ferreira	00:23:05	00:45:12	00:43:34	836		Senior	285	00:03:44	903
1091	6601	Mário Cunha	00:21:43	00:45:12	00:44:59	1142	Agenda Desportiva	V40	235	00:03:51	1225
1092	9394	Nuno Gonçalves	00:22:19	00:45:12	00:44:58	1133		Senior	286	00:03:46	989
1093	6620	José Bica	00:23:57	00:45:12	00:43:31	829		Senior	287	00:03:32	451
1094	866	Pedro Encarnação	00:21:36	00:45:13	00:45:02	1162		V40	236	00:04:02	1804
1095	9473	João Oliveira	00:23:38	00:45:13	00:44:20	1001		V35	215	00:03:47	1031
1096	2622	Álvaro Coelho	00:23:03	00:45:13	00:44:48	1096	ACLIS LIBERTY SEGUROS	V55	35	00:03:40	725
1097	6850	Miguel Machado	00:22:30	00:45:13	00:44:37	1062		V45	144	00:03:57	1538
1098	1301	Leonel Lucas	00:21:50	00:45:14	00:45:08	1177	CAPenafirme	V35	216	00:04:03	1919
1099	9018	Paulo Cravo	00:22:31	00:45:14	00:44:43	1081	Clube Olimpico de Oeiras	V45	145	00:03:48	1060
1100	3077	Dinis Mantas	00:21:38	00:45:15	00:45:15	1207	CCD Crédito Agrícola Mútu	V35	217	00:04:05	2022
1101	405	Antonio Domingues	00:21:53	00:45:15	00:44:58	1134		V55	36	00:03:57	1536
1102	9911	Licínio Fidalgo	00:23:52	00:45:16	00:44:29	1038		V55	37	00:03:37	606

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
1103	846	Ricardo Duarte	00:21:51	00:45:16	00:44:59	1138		V35	218	00:03:52	1263
1104	1975	Ivo Pina	00:21:34	00:45:16	00:45:07	1175		V40	237	00:04:00	1700
1105	2939	Carlos Santos	00:21:50	00:45:16	00:44:56	1125	GDINE	V45	146	00:04:01	1767
1106	3929	Manuel Gomes	00:22:07	00:45:17	00:44:59	1143		V55	38	00:03:59	1672
1107	5975	Luís Galrito	00:21:47	00:45:17	00:45:16	1209	Kainágua	Senior	288	00:03:58	1568
1108	5523	André Caetano	00:22:13	00:45:17	00:44:59	1145	Furões do Alentejo	Senior	289	00:04:03	1908
1109	7430	João Costa	00:22:06	00:45:18	00:44:43	1078	Road Runners	V35	219	00:03:57	1507
1110	4072	Jácome Silva	00:23:01	00:45:18	00:44:43	1077		Senior	290	00:03:48	1061
1111	7694	Helena Carvalho	00:22:07	00:45:18	00:45:15	1202	Águias de Alpiarça	Junior	9	00:03:46	965
1112	4602	Ivo Abrantes	00:23:10	00:45:18	00:44:52	1106		V40	238	00:04:00	1696
1113	5895	Fernando Fernandes	00:22:23	00:45:18	00:44:56	1122	APOGMA	V50	80	00:03:52	1262
1114	3411	David Resina	00:22:15	00:45:18	00:44:44	1083		V50	81	00:03:56	1468
1115	4328	Nuno Raminhos	00:22:50	00:45:19	00:44:58	1136	CLUBE MILLENNIUM BCP	V45	147	00:03:40	733
1116	4873	Paulo Santos	00:22:26	00:45:19	00:45:04	1166	LOURDETE PERFUMARIAS	V45	148	00:03:35	565
1117	556	Diogo Travassos	00:22:53	00:45:19	00:44:47	1092		V35	220	00:03:46	980
1118	6896	Pedro Batista	00:22:38	00:45:19	00:44:47	1093		Senior	291	00:03:48	1063
1119	5866	Mario Moreira	00:22:18	00:45:19	00:45:09	1182		V35	221	00:03:43	868
1120	4238	Alexandre Costa	00:22:19	00:45:19	00:45:14	1201		V35	222	00:04:08	2247
1121	8680	Rafael Monteiro	00:22:57	00:45:19	00:44:45	1085		V35	223	00:03:43	866



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1122	3182	Anastácio Neto	00:22:45	00:45:20	00:44:50	1101		V35	224	00:03:56	1460
1123	6489	Ricardo Venâncio	00:22:09	00:45:21	00:45:06	1173	BLUEIP	V35	225	00:03:54	1329
1124	7336	Ricardo Pedro	00:24:30	00:45:21	00:43:26	814		V35	226	00:03:40	723
1125	1017	Victor Silva	00:23:01	00:45:21	00:45:09	1183		V45	149	00:03:41	763
1126	2095	Emanuel Marques	00:24:21	00:45:22	00:44:08	953	AASM - Triatlo	V50	82	00:03:32	464
1127	5604	Antonio Taborda	00:22:34	00:45:23	00:44:59	1139	SS CGD	V60	9	00:03:48	1062
1128	8835	Rodrigo Enes	00:23:05	00:45:23	00:44:56	1119	EXICTOS Running Team	V40	239	00:03:45	938
1129	2927	Nuno Martins	00:22:43	00:45:23	00:44:51	1102	GDINE	V40	240	00:03:53	1289
1130	3763	Pedro Serrano	00:22:46	00:45:23	00:44:48	1095	Karamelos Running	V35	227	00:03:46	984
1131	214	Pedro Nogueira	00:21:39	00:45:23	00:45:23	1244		V35	228	00:04:05	2010
1132	8346	Ricardo Santos	00:21:47	00:45:24	00:45:16	1212		V35	229	00:03:54	1365
1133	7736	Carla Calçada	00:22:09	00:45:24	00:45:13	1199	C.C.D. O Alvitejo	V45	4	00:03:49	1104
1134	4311	Celia Rato	00:22:38	00:45:24	00:45:12	1196	CLUBE MILLENNIUM BCP	V45	5	00:03:52	1272
1135	4288	Luis Campos	00:22:38	00:45:24	00:45:11	1187	CLUBE MILLENNIUM BCP	V45	150	00:03:53	1320
1136	499	Alexandre Monteiro	00:22:01	00:45:24	00:45:21	1233		V35	230	00:03:54	1375
1137	91	Mário Mateus	00:22:59	00:45:24	00:45:05	1169		V45	151	00:03:38	654
1138	9830	Manuel Araújo	00:21:36	00:45:24	00:45:23	1247		V50	83	00:04:07	2169
1139	5046	António Valente	00:22:06	00:45:25	00:45:22	1243		V40	241	00:03:53	1293
1140	4567	Raquel Tavares	00:20:08	00:45:25	00:45:15	1205	Clube Bolinha	Senior	18	00:04:32	3776

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1141	8424	Mário Porfírio	00:22:38	00:45:25	00:45:00	1148		V40	242	00:03:41	760
1142	3926	Nuno Ferreira	00:22:24	00:45:25	00:45:01	1154	Os Homens do Laço	V45	152	00:03:52	1243
1143	3387	Fernanda Santinha	00:22:33	00:45:25	00:45:01	1153		V40	8	00:03:52	1248
1144	9860	Paulo Carouco	00:22:52	00:45:26	00:44:45	1086		V35	231	00:03:47	1002
1145	1678	Daniel Silva	00:22:34	00:45:26	00:45:10	1184		Senior	292	00:03:49	1115
1146	1848	João Silva	00:22:32	00:45:26	00:44:57	1131	SS CGD	V45	153	00:03:51	1230
1147	1076	Pedro Freitas	00:21:34	00:45:26	00:45:22	1241	Volkswagen Autoeuropa	V45	154	00:04:02	1826
1148	2408	José Tomaz	00:22:12	00:45:27	00:45:09	1179	Valejas Atlético Clube	V35	232	00:04:04	1950
1149	7503	Hugo Nogueira	00:22:15	00:45:27	00:45:14	1200		V35	233	00:03:44	906
1150	7056	Frederico Nobre	00:22:19	00:45:27	00:45:11	1191	INDEG-ISCTE	V35	234	00:04:01	1749
1151	4128	José Neto	00:22:12	00:45:27	00:45:19	1227		V55	39	00:03:59	1654
1152	6992	Egil D'almeida	00:23:25	00:45:28	00:44:39	1068		Senior	293	00:03:38	656
1153	7839	Paulo Simões	00:22:35	00:45:28	00:45:21	1236		V35	235	00:03:49	1102
1154	8308	Fernando Simões	00:22:17	00:45:28	00:45:16	1208	ACADEMIA DO LUMIAR	V45	155	00:03:44	901
1155	7693	Sara Tenrinho	00:20:43	00:45:29	00:45:27	1265	Águias de Alpiarça	Junior	10	00:04:31	3758
1156	3058	Ilidio Janeiro	00:24:09	00:45:29	00:43:49	890	GURUS	V35	236	00:03:34	529
1157	8707	Catarina Ferreira	00:21:56	00:45:29	00:45:24	1254		Senior	19	00:03:51	1236
1158	10576	Domingos Silva	00:22:43	00:45:29	00:44:58	1137		V35	237	00:03:55	1379
1159	7316	Ruben (Filho)	00:22:49	00:45:29	00:44:58	1132	G.D.C. FONSECAS E CALÇADA	Senior	294	00:03:36	589

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1160	6950	Bruno Lucas	00:23:28	00:45:29	00:44:14	976	MAIN	Senior	295	00:03:59	1657
1161	3088	Rui Graça	00:21:36	00:45:30	00:45:28	1273	CCD Crédito Agrícola Mútuo	V50	84	00:04:04	1972
1162	2815	Maurício Rodrigues	00:22:28	00:45:30	00:45:12	1197	CCRD BURINHOSA	V35	238	00:03:54	1352
1163	30	Ricardo Martins	00:22:25	00:45:30	00:45:15	1206		V35	239	00:03:55	1380
1164	7465	Ivan Ramos	00:23:32	00:45:30	00:44:51	1103		Senior	296	00:03:40	730
1165	4040	Virgílio Madeira	00:22:39	00:45:30	00:45:10	1185	Açoreana Clube Banif	V55	40	00:03:53	1322
1166	9117	Ana Sobreira	00:22:27	00:45:30	00:45:22	1242		V40	243	00:03:53	1319
1167	5231	Nuno Oliveira	00:22:18	00:45:31	00:45:17	1218	Bloco de Este	Senior	297	00:04:00	1711
1168	5389	Carlos Pereira	00:21:54	00:45:31	00:45:29	1275		V40	244	00:04:02	1828
1169	7809	Vitor Novais	00:23:36	00:45:31	00:44:05	940	GRUPO DOS AMIGOS DO ATLETISMO DE VIL	V35	240	00:03:43	856
1170	9679	Armando Boto	00:25:14	00:45:31	00:43:26	815		V35	241	00:03:18	163
1171	4683	António Rodrigues	00:23:45	00:45:32	00:44:26	1022	H2Ovita	V40	245	00:03:34	517
1172	7303	Pedro Pinto	00:22:11	00:45:32	00:45:20	1232	G D C Banco de Portugal	Senior	298	00:04:01	1783
1173	3812	Rui Pinto	00:22:45	00:45:32	00:45:09	1180		V45	156	00:03:52	1239
1174	349	Antonio Dasilva	00:22:15	00:45:32	00:45:19	1226		V55	41	00:03:54	1372
1175	8453	João Martins	00:22:35	00:45:32	00:45:05	1170		Senior	299	00:04:13	2596
1176	704	Joana Castro	00:22:27	00:45:33	00:45:30	1276		Senior	20	00:03:55	1395
1177	7577	Margarida Godinho	00:22:28	00:45:33	00:45:26	1258	GFD Running	V55	1	00:04:00	1687
1178	8482	Salete Guarda	00:22:51	00:45:33	00:45:00	1151	Clube de Atletismo da Barreira	V40	9	00:03:54	1362



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1179	9337	Alberto Capela	00:21:59	00:45:33	00:45:22	1240	Winners Team	V55	42	00:03:51	1220
1180	7438	Pedro Frazão	00:21:41	00:45:33	00:45:24	1253		V35	242	00:03:58	1562
1181	3078	Gonçalo Ferreira	00:21:36	00:45:33	00:45:17	1216	CCD Crédito Agrícola Mútuo	Senior	300	00:03:47	1006
1182	8773	Fernando Gil	00:21:54	00:45:34	00:45:24	1252		V55	43	00:04:11	2473
1183	2868	Ivo Ferreira	00:22:35	00:45:34	00:45:12	1195	Coininha Runners	V35	243	00:03:51	1224
1184	1796	Pedro Duarte	00:22:42	00:45:34	00:45:12	1194	Clube do Stress	V60	10	00:03:49	1112
1185	6314	Pedro Carvalho	00:22:30	00:45:34	00:45:11	1190	VdAtletas	Senior	301	00:03:38	662
1186	7922	Ricardo Sousa	00:22:46	00:45:34	00:45:06	1174		V40	246	00:04:01	1784
1187	682	Carlos Marques	00:22:08	00:45:35	00:45:26	1260		V40	247	00:03:56	1489
1188	6585	João F. Correia	00:22:38	00:45:36	00:45:22	1239		Senior	302	00:03:37	624
1189	2134	Carlos Fonseca	00:22:23	00:45:36	00:45:21	1234	Açoreana Clube Banif	V50	85	00:03:37	623
1190	4339	Luis Monteiro	00:19:30	00:45:36	00:45:26	1263	CLUBE MILLENNIUM BCP	V40	248	00:04:31	3761
1191	1268	Vitor Rodrigues	00:22:13	00:45:36	00:45:26	1261	NúcleOeiras/SportZone	V45	157	00:03:59	1642
1192	8393	Luís Godinho	00:22:43	00:45:36	00:45:04	1164		V35	244	00:03:45	923
1193	9850	Daniel Junior	00:22:10	00:45:37	00:45:04	1167		V35	245	00:04:18	2883
1194	7140	Pedro Cunha	00:22:54	00:45:37	00:44:56	1118	INDEG-ISCTE	V40	249	00:03:51	1229
1195	9230	Pedro Sequeira	00:22:54	00:45:37	00:44:54	1112		V35	246	00:03:49	1108
1196	7405	João Costa	00:23:02	00:45:37	00:45:01	1156		V40	250	00:03:45	922
1197	2344	Gonçalo Seabra	00:21:49	00:45:37	00:45:31	1283		V45	158	00:04:00	1725



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1198	3839	Manuel Almeida	00:22:11	00:45:38	00:45:18	1223	Lá Vão ... de Almeirim	V55	44	00:04:07	2148
1199	629	Vítor Alvito	00:22:27	00:45:38	00:45:28	1268		Senior	303	00:03:59	1669
1200	678	Manuel Correia	00:23:11	00:45:39	00:45:01	1157	O MUNDO DA CORRIDA	V40	251	00:03:41	751
1201	2149	Jorge Canteiro	00:22:00	00:45:39	00:45:33	1291	Açoreana Clube Banif	V45	159	00:03:56	1485
1202	5099	Rui Canteiro	00:22:00	00:45:39	00:45:34	1295		V40	252	00:03:55	1432
1203	2182	Pedro Burguette	00:23:15	00:45:39	00:44:54	1110	Açoreana Clube Banif	V35	247	00:03:44	911
1204	3210	Vitor Lourenço	00:21:52	00:45:39	00:45:39	1315		V40	253	00:04:02	1816
1205	10280	Nuno Pintão	00:22:19	00:45:40	00:45:37	1306		V40	254	00:03:55	1414
1206	5808	Jose Cabral	00:22:43	00:45:40	00:45:16	1211	trafaria e caparica	V55	45	00:03:56	1435
1207	1660	Luís Moreno	00:23:15	00:45:40	00:45:01	1158		Senior	304	00:03:49	1116
1208	8530	João Pinto	00:22:00	00:45:40	00:45:30	1278		V45	160	00:04:06	2127
1209	1582	Ricardo Rodrigues	00:21:28	00:45:40	00:45:16	1210	Flechas	V35	248	00:03:56	1484
1210	9143	David Afonso	00:23:21	00:45:40	00:45:20	1229	ASC - Alhandra Cotas	Senior	305	00:03:44	910
1211	3797	Luis Ferreira	00:23:28	00:45:41	00:44:33	1053	Amigos Vale Silencio	V40	255	00:03:50	1164
1212	4886	Eduardo Rodrigues	00:23:24	00:45:41	00:44:33	1052		V55	46	00:03:50	1168
1213	10379	Fernando Blasco	00:21:53	00:45:41	00:45:38	1311		V35	249	00:04:33	3871
1214	9158	Daniel Silva	00:23:53	00:45:41	00:44:31	1045		Senior	306	00:03:41	752
1215	10380	Roberto Salgueiro	00:21:53	00:45:41	00:45:38	1310		Senior	307	00:04:32	3798
1216	785	Rui Duarte	00:22:46	00:45:41	00:45:08	1178		V35	250	00:03:51	1188

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1217	2707	Luis Cruz	00:22:17	00:45:42	00:45:34	1297		V40	256	00:03:54	1354
1218	6035	Antonio Pereira	00:22:24	00:45:42	00:45:24	1248		V50	86	00:03:55	1381
1219	6131	Paulo Marques	00:22:35	00:45:42	00:45:23	1246		V45	161	00:03:54	1361
1220	4630	Mário Filipe	00:22:00	00:45:42	00:45:25	1255		V45	162	00:03:50	1171
1221	6593	Eduardo Miguel	00:22:05	00:45:43	00:45:34	1294	MENU DE ATLETA	Senior	308	00:04:02	1835
1222	2595	Fernando Contreiras	00:21:56	00:45:43	00:45:37	1304		V35	251	00:04:05	2011
1223	5979	Joaquim Barroso	00:22:32	00:45:44	00:45:18	1220	Kainágua	V35	252	00:04:06	2126
1224	8016	Romulo Teixeira	00:23:31	00:45:44	00:45:06	1171		V35	253	00:03:41	753
1225	7134	Isabel Luis	00:23:57	00:45:44	00:44:01	924	INDEG-ISCTE	V40	10	00:03:41	755
1226	7684	Rita Fardilha	00:21:04	00:45:45	00:45:44	1342	Águias de Alpiarça	Junior	11	00:04:29	3645
1227	4322	Vitorino Goncalves	00:24:14	00:45:45	00:45:17	1217	CLUBE MILLENNIUM BCP	V60	11	00:03:22	231
1228	1406	Ricardo Pereira	00:23:04	00:45:45	00:45:06	1172	Putos Running	V35	254	00:03:47	1018
1229	2866	Luís Silvestre	00:22:51	00:45:46	00:45:24	1249	Coininha Runners	V35	255	00:03:34	538
1230	2696	Hugo Ferreira	00:23:09	00:45:46	00:44:53	1107		Senior	309	00:03:59	1655
1231	998	Joao Pinheiro	00:22:45	00:45:46	00:45:00	1150		Senior	310	00:03:59	1653
1232	9285	José Piçarra	00:23:36	00:45:47	00:45:17	1213	UA Povoense	V55	47	00:03:51	1189
1233	6629	Domingos Neca	00:21:49	00:45:48	00:45:47	1355	Jovens da Serra das Minas	V60	12	00:04:06	2113
1234	3595	José Garraão	00:21:35	00:45:48	00:45:34	1296	CLAC - Entroncamento	V50	87	00:04:19	2990
1235	1056	João Bento	00:22:51	00:45:48	00:45:27	1267	BueRápidos	V45	163	00:03:55	1384



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1236	4792	Paulo Fonseca	00:22:28	00:45:48	00:45:42	1334	Volkswagen Autoeuropa	V45	164	00:03:52	1281
1237	4568	Pedro Pinto	00:20:58	00:45:49	00:45:39	1316	Clube Bolinha	V45	165	00:04:10	2369
1238	2934	António Santos	00:22:59	00:45:49	00:45:24	1251	GDINE	V55	48	00:04:05	2013
1239	8126	Fernando Rodrigues	00:22:11	00:45:49	00:45:31	1281		V45	166	00:04:08	2234
1240	7528	Manuel Martinho	00:22:17	00:45:49	00:45:48	1358		Senior	311	00:03:58	1590
1241	1847	Joao Marques	00:21:48	00:45:49	00:45:33	1292	SS CGD	V35	256	00:04:26	3458
1242	2823	Luís Bastos	00:22:46	00:45:49	00:45:15	1203	CCD Siemens	V50	88	00:03:53	1310
1243	4774	Rui Toscano	00:22:37	00:45:50	00:45:20	1230		V40	257	00:03:59	1668
1244	5888	Pedro Favinha	00:22:35	00:45:50	00:45:39	1318	Recta Brilhante	V40	258	00:03:56	1498
1245	7664	Vitor Santos	00:23:20	00:45:50	00:45:19	1224	LINDA-A-PASTORA SPORTING CLUBE	V35	257	00:03:49	1113
1246	8072	Francisco Pereira	00:23:14	00:45:50	00:45:19	1228		Junior	49	00:03:59	1666
1247	1227	José Pinto-Coelho	00:23:03	00:45:50	00:44:57	1127		Senior	312	00:03:51	1207
1248	4457	Paulo Felício	00:22:02	00:45:50	00:45:41	1331	CLUBE MILLENNIUM BCP	V45	167	00:04:06	2133
1249	4984	Tiago Coelho	00:21:50	00:45:51	00:45:38	1309		Senior	313	00:04:14	2626
1250	9303	João Pires	00:23:33	00:45:51	00:45:24	1250		Senior	314	00:03:38	661
1251	2194	José Gomes	00:22:26	00:45:51	00:45:26	1262		V35	258	00:04:08	2235
1252	9043	Hugo Cecílio	00:21:23	00:45:52	00:45:47	1356	A.M.Atibá	Junior	50	00:04:05	2015
1253	1887	Paulo Santos	00:23:18	00:45:52	00:45:25	1256		V40	259	00:03:40	732
1254	306	Mário Bastardo	00:23:03	00:45:52	00:45:12	1192		V35	259	00:03:56	1493

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1255	1083	Paulo Garcia	00:22:57	00:45:52	00:45:11	1186		V40	260	00:03:55	1392
1256	3733	Edgar Geada	00:22:54	00:45:52	00:45:43	1337	LINDA-A-PASTORA SPORTING CLUBE	V50	89	00:04:23	3253
1257	266	Antonio Nogueira	00:22:37	00:45:52	00:45:28	1270		V40	261	00:03:49	1110
1258	4012	Miguel Ribeiro	00:23:22	00:45:52	00:45:12	1193	Mendes Ribeiro	V40	262	00:03:52	1241
1259	9199	Higino Silva	00:22:00	00:45:53	00:45:43	1336		V45	168	00:04:10	2397
1260	8213	Luís Santos	00:24:41	00:45:53	00:44:19	998		V45	169	00:03:42	787
1261	6204	Humberto Brito	00:23:49	00:45:53	00:44:59	1140	CCDTMetroLX	V35	260	00:03:47	1033
1262	4559	Tiago Marques	00:23:00	00:45:53	00:45:38	1314		Senior	315	00:03:47	1028
1263	3351	João Marques	00:23:42	00:45:53	00:45:35	1300	Grupo Recreativo e Desportivo Ribeira da Lage	V45	170	00:03:38	668
1264	3731	Rui Pereira	00:22:41	00:45:54	00:45:31	1282	CD Salvaterrense/CME	V35	261	00:04:00	1682
1265	7194	Luis Gonçalves	00:22:08	00:45:54	00:45:49	1365	HP CLUB	V40	263	00:04:00	1685
1266	4306	Vitor Marques	00:22:41	00:45:55	00:45:45	1348	CLUBE MILLENNIUM BCP	V40	264	00:03:49	1099
1267	2718	José Santos	00:22:21	00:45:55	00:45:36	1303		V40	265	00:03:45	924
1268	6378	Hugo Monteiro	00:22:19	00:45:55	00:45:45	1345		Senior	316	00:03:58	1570
1269	1287	Nelson Rolo	00:23:06	00:45:56	00:45:39	1322		V40	266	00:03:58	1571
1270	1912	Vítor Jorge	00:23:17	00:45:56	00:45:18	1219	Clube Atletismo Amigos de Belém	V50	90	00:03:37	634
1271	1005	Nuno Couto	00:22:30	00:45:57	00:45:27	1266		V35	262	00:03:49	1101
1272	1402	Sérgio Pontes	00:22:42	00:45:57	00:45:35	1299	Tartarugas Solidárias	V35	263	00:03:35	548
1273	5485	Luis Almeida	00:22:51	00:45:57	00:45:40	1323		V55	49	00:04:02	1831



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1274	3279	João Leal	00:22:26	00:45:57	00:45:33	1289		V35	264	00:04:03	1868
1275	6223	Célia Cecilio	00:22:03	00:45:57	00:45:50	1368	NAPA	V40	11	00:04:12	2524
1276	9803	João Branquinho	00:22:41	00:45:58	00:45:00	1147		V35	265	00:04:08	2236
1277	148	Carlos Rodrigues	00:22:29	00:45:58	00:45:38	1312		V45	171	00:04:01	1792
1278	652	Vitor Galego	00:21:51	00:45:59	00:45:44	1340		V40	267	00:04:15	2742
1279	5309	Pedro Alves	00:22:55	00:46:00	00:45:32	1286	GCD Sintrense	V40	268	00:03:48	1095
1280	6274	Bruno Moita	00:24:43	00:46:00	00:44:32	1048		Senior	317	00:03:31	446
1281	2296	Fernando Vicente	00:21:55	00:46:01	00:45:52	1377	Os Galgos	V50	91	00:04:14	2622
1282	9232	Bruno Mendes	00:22:21	00:46:01	00:45:55	1396		V35	266	00:03:35	551
1283	8665	António Palmeira	00:22:52	00:46:01	00:45:28	1272	Clube Desportivo Ribeirense	V35	267	00:04:03	1862
1284	1147	Ricardo Pereira	00:23:30	00:46:02	00:45:35	1298		V35	268	00:03:46	985
1285	8252	Rui Gomes	00:22:56	00:46:02	00:45:29	1274	Correr Lisboa	Senior	318	00:03:48	1091
1286	5234	Pedro Moita	00:23:30	00:46:02	00:45:20	1231		V35	269	00:03:51	1212
1287	182	Filipe Santos	00:23:11	00:46:02	00:45:30	1277		V40	269	00:03:54	1366
1288	1141	João Barreira	00:23:29	00:46:02	00:45:36	1301	Run 4 Fun	Senior	319	00:03:49	1109
1289	6631	Jose Pernandes	00:22:30	00:46:02	00:45:55	1395		V60	13	00:04:09	2323
1290	6763	Paulo Pereira	00:22:37	00:46:03	00:45:50	1371		V35	270	00:03:52	1244
1291	782	Leandro Reis	00:22:23	00:46:03	00:45:54	1389		V40	270	00:03:58	1616
1292	6895	Rui Antunes	00:23:18	00:46:03	00:45:33	1288		V45	172	00:03:51	1211



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1293	619	Paulo Silva	00:22:46	00:46:03	00:45:34	1293		Senior	320	00:03:51	1210
1294	9525	Orlando Nogueira	00:22:48	00:46:03	00:45:42	1332	Coininha Runners	V35	271	00:03:44	895
1295	2163	Paulo Fernandes	00:22:48	00:46:04	00:45:50	1372	Açoreana Clube Banif	V45	173	00:04:03	1869
1296	7902	Miguel Marques	00:22:43	00:46:04	00:45:51	1374		V35	272	00:03:54	1358
1297	210	Antonio Godinho	00:22:50	00:46:04	00:45:41	1328		V40	271	00:03:50	1155
1298	6389	Vitor Moraes	00:22:00	00:46:04	00:46:03	1415	N.A."OS PAPAGAIOS DE CASCAIS"	V50	92	00:04:11	2455
1299	3825	Ana Pereira	00:23:03	00:46:04	00:45:52	1379		V45	6	00:03:51	1209
1300	614	António Marques	00:22:33	00:46:05	00:45:41	1326	Volkswagen Autoeuropa	V45	174	00:04:00	1710
1301	10286	Tomás Teigão	00:23:13	00:46:05	00:45:17	1215		Senior	321	00:03:54	1355
1302	4370	Joao Almeida	00:22:44	00:46:05	00:46:03	1416	CLUBE MILLENNIUM BCP	Senior	322	00:03:57	1523
1303	9154	Miguel Caetano	00:21:56	00:46:05	00:45:56	1398		V40	272	00:04:00	1708
1304	5289	Paulo Cecilio	00:23:02	00:46:05	00:45:21	1235		V40	273	00:04:06	2119
1305	395	Pedro Tavares	00:23:09	00:46:06	00:45:31	1285		Senior	323	00:03:55	1428
1306	8786	Daniel Inácio	00:22:45	00:46:06	00:45:45	1344	Juventude Desportiva Almansor	Senior	324	00:04:03	1877
1307	2382	Tiago Boleto	00:22:19	00:46:06	00:45:49	1362	Galheteiro	Senior	325	00:03:56	1473
1308	3217	Ricardo Alves	00:21:37	00:46:06	00:45:55	1394	CLUBE COLABORADORES AXA	Senior	326	00:04:18	2926
1309	5724	Carlos Dias	00:23:05	00:46:06	00:45:36	1302		V35	273	00:03:48	1094
1310	9543	António Teófilo	00:23:02	00:46:06	00:45:30	1280		V35	274	00:04:06	2120
1311	727	Helio Marques	00:24:18	00:46:07	00:42:10	613		V35	275	00:03:36	588

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1312	8330	Aldónio Fernandes	00:23:18	00:46:07	00:45:32	1287	LINDA-A-PASTORA SPORTING CLUBE	V60	14	00:03:58	1604
1313	243	João Paulino	00:22:13	00:46:07	00:45:52	1381		V50	93	00:04:03	1861
1314	2942	Francisco Caldeira	00:22:43	00:46:07	00:45:47	1354	GDINE	V40	274	00:03:50	1181
1315	731	Rafael Lavouras	00:22:34	00:46:08	00:45:46	1350		V45	175	00:03:59	1667
1316	4229	Carlos Constancio	00:22:47	00:46:08	00:45:47	1357	Os Caracois Moles	V35	276	00:04:02	1803
1317	8790	Hugo Gomes	00:22:47	00:46:08	00:45:39	1321	Juventude Desportiva Almansor	Senior	327	00:03:52	1280
1318	4571	Fernando Celestino	00:22:37	00:46:09	00:45:50	1370	Açoreana Clube Banif	V55	50	00:03:54	1360
1319	6153	Vasco Alves	00:22:14	00:46:09	00:45:39	1320	Proaventuras	V40	275	00:03:57	1532
1320	6033	Vasco Leal	00:23:02	00:46:09	00:45:43	1339		V55	51	00:03:55	1403
1321	8793	Madalena Fontinhas	00:22:47	00:46:09	00:45:40	1324	Juventude Desportiva Almansor	Senior	21	00:03:52	1266
1322	1875	Daniel Botelho	00:22:10	00:46:10	00:46:08	1431	SS CGD	V35	277	00:03:51	1208
1323	8231	Gustavo Silva	00:23:26	00:46:10	00:45:01	1159		V35	278	00:03:58	1607
1324	2122	Suzete Silva	00:23:06	00:46:11	00:45:42	1333	Escola Atletismo Rui Silva	V40	12	00:03:50	1178
1325	2946	José Magalhães	00:23:18	00:46:11	00:45:28	1271	GDINE	V60	15	00:03:49	1106
1326	1060	Ricardo Balau	00:22:23	00:46:11	00:45:55	1393	Os Conta-Kilómetros	Senior	328	00:04:11	2457
1327	634	Marco Vaz	00:22:38	00:46:12	00:45:53	1385	Falcões Selvagens	Senior	329	00:03:49	1105
1328	3726	Monica Neto	00:24:30	00:46:12	00:45:19	1225	SapexGroup Team	Senior	22	00:03:39	699
1329	2907	Marco Mangas	00:22:26	00:46:12	00:45:57	1399	Serviços Sociais Montepio Geral	V40	276	00:04:03	1858
1330	4118	Tiago Brito	00:24:03	00:46:13	00:45:33	1290		Senior	330	00:03:48	1087



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1331	8794	Vera Venâncio	00:22:27	00:46:14	00:46:00	1408	Juventude Desportiva Almansor	Senior	23	00:03:59	1676
1332	248	Paulo Santos	00:22:54	00:46:14	00:45:38	1307		V35	279	00:03:48	1086
1333	6206	José Santos	00:23:50	00:46:14	00:45:27	1264	CCDTMetroLX	V45	176	00:03:55	1413
1334	9295	Barbara Clemente	00:22:10	00:46:14	00:46:09	1433	Clube Olimpico de Oeiras	Senior	24	00:04:14	2656
1335	5176	Lino Martins	00:22:50	00:46:14	00:45:44	1343		V35	280	00:04:07	2163
1336	890	Rui Azevedo	00:22:24	00:46:15	00:46:05	1422		V40	277	00:03:56	1479
1337	4733	Paulo Pinto	00:23:26	00:46:16	00:45:31	1284	Clube EDP - Lisboa	V35	281	00:03:54	1344
1338	9977	Jose Português	00:23:53	00:46:16	00:45:39	1319		V45	177	00:03:38	652
1339	5436	Nuno Gomes	00:22:21	00:46:16	00:46:14	1457		V35	282	00:04:08	2238
1340	385	Rui Alegre	00:23:25	00:46:16	00:45:43	1338		Senior	331	00:03:51	1203
1341	3534	Fernando Fernandes	00:22:34	00:46:16	00:45:54	1387		V45	178	00:04:00	1698
1342	6167	João Casqueira	00:22:53	00:46:17	00:45:53	1384		V35	283	00:04:06	2125
1343	3572	Julio Ferreira	00:23:21	00:46:17	00:45:49	1366	ESTAFADOS DO ASFALTO	V60	16	00:03:49	1111
1344	8500	Tiago Palma	00:25:09	00:46:17	00:45:11	1189		Senior	332	00:03:21	211
1345	10528	Jorge Jiménez	00:23:01	00:46:18	00:46:12	1447		V40	278	00:03:57	1508
1346	3695	Berto Martins	00:22:08	00:46:18	00:46:17	1473		V45	179	00:04:02	1825
1347	6203	Eduardo Lagoa	00:23:36	00:46:18	00:45:30	1279	CCDTMetroLX	V45	180	00:03:59	1664
1348	57	Nuno Carvalho	00:22:36	00:46:18	00:45:38	1308		Senior	333	00:04:02	1837
1349	9222	João Anacleto	00:22:46	00:46:18	00:46:16	1470		V35	284	00:03:55	1416



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1350	9008	Susana Almeida	00:23:08	00:46:18	00:45:48	1359	Clube Olimpico de Oeiras	V40	13	00:03:48	1055
1351	8006	Carlos Ferreira	00:23:12	00:46:19	00:45:46	1352		V50	94	00:03:50	1163
1352	2834	Luis Ferreira	00:23:17	00:46:19	00:45:52	1378	RunLovers	V45	181	00:03:53	1296
1353	7279	Belchior Barrocas	00:22:10	00:46:19	00:46:10	1437		V45	182	00:04:12	2528
1354	324	Miguel Soares	00:23:22	00:46:19	00:45:55	1392		Senior	334	00:03:36	582
1355	3906	Paulo Mendes	00:23:33	00:46:19	00:45:46	1351	Homem Bala	V35	285	00:04:07	2174
1356	3154	Bruno Mendes	00:23:21	00:46:19	00:45:47	1353	Homem Bala	Senior	335	00:03:57	1504
1357	5321	Adriano Felício	00:22:34	00:46:20	00:45:59	1407	CCD Sintrense	V35	286	00:03:48	1056
1358	3652	Nuno Lopes	00:23:44	00:46:20	00:45:26	1259	Associação dos Pupilos do Exército	V40	279	00:03:57	1506
1359	4713	Mário Zorro	00:24:05	00:46:20	00:45:17	1214		V35	287	00:03:43	832
1360	384	Sérgio Ramos	00:21:48	00:46:20	00:46:10	1442		V40	280	00:04:12	2529
1361	6034	Vasco Leal	00:22:30	00:46:20	00:46:20	1488		Junior	51	00:04:01	1763
1362	3459	Pedro Trabucho	00:22:45	00:46:20	00:45:51	1376	GD Banco BPI	V50	95	00:03:56	1469
1363	3735	Nuno Melo	00:22:39	00:46:20	00:46:10	1439		V40	281	00:04:01	1777
1364	4800	Pedro Cabral	00:22:01	00:46:21	00:45:53	1383		V35	288	00:04:02	1802
1365	936	João Xavier	00:23:42	00:46:22	00:45:45	1349		V45	183	00:03:43	845
1366	3315	Pedro Quintela	00:23:37	00:46:22	00:45:40	1325	GRC D Leião	Senior	336	00:03:42	810
1367	7657	Tiago Trigo	00:23:32	00:46:22	00:45:43	1335	Árbitros	V40	282	00:03:57	1542
1368	247	Alexandre Bento	00:23:32	00:46:22	00:45:45	1346		V40	283	00:03:58	1582



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1369	7205	Pedro Proença	00:23:33	00:46:23	00:45:44	1341	Árbitros	V40	284	00:03:58	1595
1370	9796	João Deus	00:22:10	00:46:23	00:46:22	1498		Senior	337	00:04:02	1817
1371	6914	José Santos	00:22:58	00:46:24	00:46:11	1444		V45	184	00:04:03	1912
1372	6460	Joaquim Correia	00:23:20	00:46:25	00:46:21	1492		V40	285	00:03:56	1494
1373	1663	Rui Estevez	00:23:27	00:46:25	00:45:54	1386		V35	289	00:03:48	1076
1374	497	Luís Gonçalves	00:22:41	00:46:26	00:46:07	1430		V45	185	00:04:09	2335
1375	5634	Nuno Peniche	00:21:28	00:46:26	00:46:21	1490	Furões do Alentejo	Senior	338	00:05:03	5588
1376	9488	Bruno Carvalho	00:22:35	00:46:26	00:46:03	1413	Coininha Runners	Senior	339	00:04:13	2587
1377	1873	Teresa Domingues	00:22:19	00:46:26	00:46:25	1512	SS CGD	V45	7	00:04:04	1963
1378	3222	Joaquim Ferrão	00:23:01	00:46:27	00:46:10	1435	G D C Banco de Portugal	V50	96	00:03:52	1252
1379	6915	Pedro Macedo	00:23:06	00:46:27	00:46:01	1411		Senior	340	00:04:12	2542
1380	9782	Pedro Pinguinha	00:22:53	00:46:27	00:45:58	1403		V35	290	00:04:03	1915
1381	8355	António Pinto	00:22:57	00:46:27	00:45:37	1305		Senior	341	00:03:45	936
1382	7281	Ilda Aguiar	00:22:45	00:46:28	00:46:23	1504	Run-Lovers	V45	8	00:04:05	2021
1383	3682	Ruben Moreira	00:22:52	00:46:28	00:46:05	1423	Tálenos Team	Senior	342	00:03:51	1195
1384	5481	Tiago Silva	00:23:01	00:46:28	00:45:50	1369		Senior	343	00:04:03	1917
1385	5912	Pedro Silva	00:23:14	00:46:28	00:45:55	1391	Família Silva	V40	286	00:03:51	1196
1386	1614	Pedro Prates	00:23:18	00:46:29	00:45:41	1329	Lebres de Pegões	V35	291	00:03:50	1161
1387	7182	Vasco Quental	00:22:33	00:46:29	00:46:14	1461		V50	97	00:03:58	1601



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1388	4123	Carlos Calado	00:22:39	00:46:29	00:46:16	1468		V40	287	00:04:14	2665
1389	1878	Carlos Carvalho	00:23:03	00:46:29	00:45:59	1404	RB RUNNING	V40	288	00:03:57	1537
1390	8753	Mária Santos	00:22:41	00:46:29	00:46:19	1479		Senior	25	00:03:45	943
1391	9257	Rui Araújo	00:22:21	00:46:30	00:46:24	1509		V35	292	00:04:04	1960
1392	5717	Mario Seabra	00:22:47	00:46:31	00:45:49	1364		V40	289	00:03:52	1256
1393	4923	Rui Gama	00:23:16	00:46:31	00:46:04	1418		V40	290	00:03:49	1130
1394	7332	Hugo Sequeira	00:20:10	00:46:31	00:46:21	1493		V35	293	00:04:08	2250
1395	687	Carla Mendes	00:22:30	00:46:31	00:46:13	1452	Tartarugas Solidárias	V35	10	00:04:09	2329
1396	4480	Paulo Malaquias	00:22:55	00:46:31	00:46:12	1446		V40	291	00:04:00	1703
1397	8970	António Monteiro	00:23:10	00:46:31	00:45:54	1390		V45	186	00:04:03	1918
1398	2811	Américo Santos	00:23:07	00:46:32	00:46:10	1441	CCDEL Efacec Lisboa	V55	52	00:03:51	1197
1399	9393	Paulo Caldas	00:23:17	00:46:32	00:46:01	1410	Correr Lisboa	Senior	344	00:03:35	554
1400	5666	Cristina Antunes	00:22:40	00:46:32	00:46:22	1496		V35	11	00:04:02	1806
1401	8666	João Justo	00:22:52	00:46:32	00:45:59	1405	Clube Desportivo Ribeirense	V40	292	00:04:11	2463
1402	391	Paulo Santos	00:23:09	00:46:32	00:46:10	1434		V50	98	00:03:52	1247
1403	4894	Luís Viegas	00:23:43	00:46:32	00:45:54	1388		V40	293	00:03:39	684
1404	1271	Pedro Silva	00:22:40	00:46:32	00:46:04	1421	Foz365	V35	294	00:03:50	1166
1405	3244	Luís Ferreira	00:23:25	00:46:33	00:45:51	1375	Rail Runners	V45	187	00:03:44	905
1406	10470	Joao Diogo	00:22:09	00:46:33	00:46:25	1513		Senior	345	00:04:15	2722



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1407	4691	Sergio Mesquita	00:22:20	00:46:33	00:46:18	1475	Run Buddy Run	V35	295	00:03:56	1474
1408	474	António Almeida	00:23:06	00:46:33	00:46:22	1494	VIA3Runners	V50	99	00:03:51	1198
1409	4338	Joao Silva	00:22:41	00:46:34	00:46:33	1548	CLUBE MILLENNIUM BCP	V50	100	00:03:58	1606
1410	7856	Luís Santos	00:23:49	00:46:34	00:45:48	1361		V40	294	00:03:45	937
1411	8988	Inês Melo	00:23:22	00:46:34	00:46:16	1467	Clube Olimpico de Oeiras	Junior	12	00:03:51	1199
1412	3214	Miguel Sousa	00:21:30	00:46:34	00:46:26	1517	CLUBE COLABORADORES AXA	V35	296	00:04:23	3224
1413	9297	Nuno Almeida	00:23:22	00:46:34	00:46:15	1462	Clube Olimpico de Oeiras	V45	188	00:03:51	1201
1414	8145	Pedro Ferreira	00:23:01	00:46:34	00:45:58	1401	YouTurbe Team	V35	297	00:03:55	1406
1415	7924	Luis Silva	00:23:47	00:46:34	00:46:03	1412		Senior	346	00:04:02	1849
1416	8102	Nuno Beijoca	00:22:32	00:46:35	00:46:31	1537		V35	298	00:04:02	1852
1417	9328	Bruno Leite	00:22:46	00:46:35	00:46:13	1453	Winners Team	Senior	347	00:04:03	1889
1418	7292	Paulo Tomas	00:22:21	00:46:36	00:46:22	1499	Tertulia da Julia	V35	299	00:04:22	3145
1419	2081	Gabriel Henriques	00:25:04	00:46:36	00:45:04	1165		Senior	348	00:03:18	173
1420	4987	João Baptista	00:23:07	00:46:36	00:46:13	1451	Os Galgos de Tancos	V45	189	00:03:53	1308
1421	7908	Paulo Toledo	00:23:21	00:46:36	00:46:20	1489		V50	101	00:03:48	1066
1422	2210	Eduardo Fazenda	00:22:47	00:46:36	00:46:19	1481		V50	102	00:03:59	1645
1423	2537	Filipe Duque	00:23:06	00:46:36	00:45:58	1402		Senior	349	00:04:06	2129
1424	300	Carlos Rebelo	00:22:23	00:46:37	00:46:20	1483		V35	300	00:04:03	1883
1425	9298	Paula Lemos	00:22:46	00:46:37	00:46:20	1487	Clube Olimpico de Oeiras	V45	9	00:04:01	1745



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1426	2583	Diogo Rebelo	00:21:50	00:46:38	00:46:37	1560		Junior	52	00:04:16	2796
1427	1139	Pedro Cruz	00:22:45	00:46:38	00:46:22	1500	Clube do Stress	V45	190	00:04:08	2219
1428	2708	Paulo Ramos	00:22:14	00:46:38	00:46:23	1501		V40	295	00:04:09	2325
1429	335	Renato Franco	00:22:41	00:46:39	00:46:20	1485		V35	301	00:04:08	2220
1430	9854	Bruno Gonlaves	00:23:49	00:46:39	00:46:03	1414		V35	302	00:03:50	1147
1431	4244	Ricardo Pedro	00:23:22	00:46:39	00:45:07	1176	GRCD Leião	V35	303	00:04:00	1702
1432	1092	Luis Raimundo	00:22:59	00:46:39	00:46:12	1448		Senior	350	00:04:08	2221
1433	2616	Jose Costa	00:22:31	00:46:40	00:46:36	1558	ACLIS LIBERTY SEGUROS	V65	1	00:04:08	2227
1434	5334	Daniel Malheiro	00:21:37	00:46:40	00:46:18	1476		V50	103	00:05:22	6434
1435	3284	Antonio Inglês	00:22:59	00:46:41	00:46:13	1454	GA Monsanto Gascan	V55	53	00:04:02	1839
1436	9962	Francisco Mendes	00:23:49	00:46:41	00:46:06	1425		V35	304	00:03:42	789
1437	5673	Francisco Fernandes	00:23:10	00:46:41	00:46:07	1427	Lagartixas	V35	305	00:04:21	3131
1438	1695	Pedro Dias	00:23:08	00:46:41	00:46:32	1542	Keep Running	V40	296	00:04:00	1715
1439	8152	Rui Marques	00:23:48	00:46:41	00:46:07	1429	GDINE	V40	297	00:03:36	579
1440	4514	Gonçalo Pereira	00:23:56	00:46:41	00:46:20	1482		V35	306	00:03:20	197
1441	894	Pedro Serra	00:23:13	00:46:41	00:46:22	1495	Correr Lisboa	V35	307	00:03:46	981
1442	583	Paulo Ramos	00:23:23	00:46:42	00:46:19	1477		V45	191	00:03:55	1410
1443	6185	Antonio Almeida	00:22:56	00:46:42	00:46:42	1586	NUCLEO DESPORTIVO AUTOCOOPE	V50	104	00:04:01	1752
1444	8445	Patricia Correia	00:22:40	00:46:43	00:46:40	1579		V35	12	00:04:11	2496



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
1445	8596	Fernando Azevedo	00:23:41	00:46:43	00:46:07	1428		V60	17	00:03:54	1374
1446	9033	Hugo Sousa	00:22:19	00:46:43	00:46:39	1575		Senior	351	00:04:11	2467
1447	9902	José Mendes	00:24:07	00:46:43	00:45:59	1406		V35	308	00:03:39	700
1448	1168	Jose Dionisio	00:23:19	00:46:43	00:46:28	1527	trancoseiros	V50	105	00:03:47	1015
1449	7593	Justiniano Silva	00:23:18	00:46:43	00:46:05	1424		V45	192	00:04:04	1975
1450	176	Tiago Domingues	00:22:37	00:46:44	00:46:25	1511		V35	309	00:04:13	2620
1451	8241	Fernando Faleiro	00:22:55	00:46:44	00:46:13	1450		V35	310	00:03:49	1123
1452	7487	Bruno Custódio	00:22:46	00:46:44	00:46:04	1419	Atletas Ribatejanos	Senior	352	00:03:59	1658
1453	5359	Paulo Reis	00:23:19	00:46:44	00:46:40	1580		V40	298	00:03:51	1206
1454	6135	Ivo Amendoeira	00:23:30	00:46:44	00:46:01	1409		Senior	353	00:04:10	2400
1455	2837	Carlos Lopes	00:23:17	00:46:44	00:46:16	1469	RunLovers	V50	106	00:03:59	1644
1456	1673	Victor Rodrigues	00:24:46	00:46:44	00:45:28	1269		V45	193	00:03:47	1017
1457	5759	Cláudia Marques	00:23:03	00:46:44	00:46:28	1525	Proaventuras	V35	13	00:03:57	1552
1458	4319	Luis Goncalves	00:24:14	00:46:45	00:46:17	1471	CLUBE MILLENNIUM BCP	V35	311	00:03:42	794
1459	4295	Rui Magalhaes	00:23:03	00:46:45	00:46:28	1524	CLUBE MILLENNIUM BCP	V45	194	00:03:55	1402
1460	5831	João Neves	00:22:58	00:46:46	00:46:26	1514	CCDEL Efacec Lisboa	Senior	354	00:03:53	1311
1461	475	Luis Guilherme	00:23:10	00:46:46	00:46:27	1523		Senior	355	00:03:58	1589
1462	1542	Fausto Pereira	00:23:21	00:46:46	00:46:08	1432		Senior	356	00:03:51	1194
1463	1129	Francisco Almeida	00:24:26	00:46:46	00:44:56	1117	Clube do Stress	V35	312	00:03:53	1304



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
1464	8952	Luis Antunes	00:22:57	00:46:46	00:46:12	1445		V40	299	00:04:07	2160
1465	7641	João Correia	00:23:49	00:46:46	00:45:48	1360	afrs	Senior	357	00:03:47	1009
1466	9239	Rui Antunes	00:22:43	00:46:47	00:46:19	1480		V35	313	00:04:03	1894
1467	2732	Jorge Pinto	00:22:47	00:46:47	00:46:14	1459	Clube Robbialac	V40	300	00:03:58	1566
1468	3436	Luís Gutierrez	00:22:08	00:46:48	00:46:38	1568	Volkswagen Autoeuropa	V55	54	00:04:18	2905
1469	7509	Gonçalo Santos	00:23:00	00:46:48	00:46:47	1607		Senior	358	00:03:56	1436
1470	1339	Hugo Benevente	00:22:01	00:46:48	00:46:41	1583	C. A. Amigos Parque da Paz	Senior	359	00:04:10	2371
1471	5151	Raimundo Pechilga	00:24:04	00:46:48	00:46:13	1449		V50	107	00:03:49	1120
1472	3423	Bruno Roxo	00:24:01	00:46:48	00:46:06	1426		V35	314	00:03:45	931
1473	7914	José Cruz	00:22:18	00:46:48	00:46:48	1610		V35	315	00:04:01	1782
1474	137	João Pinto	00:23:41	00:46:48	00:46:03	1417		Senior	360	00:03:40	727
1475	718	João Rosa	00:23:00	00:46:49	00:46:33	1547		V35	316	00:03:59	1656
1476	6703	Ana Ferreira	00:22:45	00:46:49	00:46:30	1533	Weventual	Senior	26	00:04:03	1897
1477	7366	Pedro Rodrigues	00:23:25	00:46:49	00:46:23	1505		Senior	361	00:03:52	1284
1478	2692	Ivan Costa	00:23:54	00:46:49	00:45:57	1400		Senior	362	00:03:56	1458
1479	8021	Rui Gonçalves	00:22:12	00:46:50	00:46:39	1572		V35	317	00:04:04	1970
1480	7517	Dinis Gokaydin	00:23:38	00:46:50	00:46:27	1518		V35	318	00:03:50	1143
1481	3034	Abilio Catarro	00:22:09	00:46:50	00:46:39	1573	Bombeiros Voluntários de Montemor-o-Novo	V55	55	00:04:34	3902
1482	8026	Luis Caeiro	00:23:13	00:46:50	00:46:16	1466	Ginásio Vivência Explosiva	Senior	363	00:04:08	2214



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1483	1397	Telmo Viegas	00:23:09	00:46:51	00:46:31	1535		V35	319	00:04:04	1974
1484	9269	Miguel Machado	00:24:11	00:46:51	00:45:52	1380		Junior	53	00:03:57	1541
1485	2633	Márcio Horta	00:22:53	00:46:51	00:46:34	1550	Equipa Dos Lentos	Senior	364	00:03:58	1619
1486	6174	João Branco	00:23:01	00:46:51	00:46:18	1474		Senior	365	00:04:02	1854
1487	9498	Alexandre Lavareda	00:24:02	00:46:51	00:45:00	1152		V40	301	00:03:53	1312
1488	5483	Pedro Rosa	00:23:17	00:46:51	00:46:41	1584		V40	302	00:04:00	1688
1489	693	Tiago Campos	00:23:10	00:46:51	00:46:32	1545	06:30	V40	303	00:04:01	1795
1490	3746	Pedro Fontoura	00:22:36	00:46:52	00:46:49	1611		V40	304	00:04:04	1977
1491	7646	Pedro Amor	00:23:16	00:46:52	00:46:37	1563		V35	320	00:03:50	1145
1492	5767	Helder Mendes	00:22:26	00:46:53	00:46:40	1582	Agenda Desportiva	V35	321	00:04:07	2153
1493	7929	João Gomes	00:22:48	00:46:53	00:46:50	1612		V40	305	00:04:13	2595
1494	2462	Carlos Loures	00:22:50	00:46:53	00:46:39	1578	LUSO-ATLANTICA SA	Senior	366	00:04:01	1789
1495	1084	Paulo Sena	00:23:12	00:46:53	00:46:31	1539		V40	306	00:04:12	2515
1496	7645	Vasco Ramires	00:23:17	00:46:53	00:46:38	1567		V40	307	00:03:51	1213
1497	9429	Bruno Cruz	00:22:49	00:46:53	00:46:45	1599		Senior	367	00:04:01	1780
1498	6252	Bruno Godinho	00:23:17	00:46:53	00:46:10	1440		Senior	368	00:04:13	2598
1499	8646	Miguel Montalvão	00:24:31	00:46:53	00:46:04	1420		V40	308	00:03:42	805
1500	2867	Renato Ramalho	00:22:47	00:46:53	00:46:31	1538	Coininha Runners	Senior	369	00:04:12	2516
1501	5644	Ricardo Pebre	00:24:10	00:46:53	00:45:18	1222	GO!Runners	Senior	370	00:03:56	1437



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1502	6947	José Rosa	00:23:29	00:46:53	00:46:25	1510	Tá-len-tos	V35	322	00:04:10	2389
1503	1290	Ricardo Correia	00:23:12	00:46:54	00:46:36	1559		V35	323	00:04:01	1788
1504	4582	Jose Ferreira	00:22:54	00:46:54	00:46:42	1587	Serviços Sociais Montepio Geral	V40	309	00:03:48	1080
1505	558	Mario Cunha	00:23:32	00:46:54	00:46:34	1551	Team Bellissimus Caffé	V35	324	00:04:02	1821
1506	4493	José Rodrigues	00:22:51	00:46:54	00:46:44	1596		V35	325	00:04:05	2025
1507	5049	Jose Nobre	00:23:22	00:46:54	00:46:22	1497	sfuap	V50	108	00:04:08	2254
1508	1243	Nuno Martins	00:23:49	00:46:55	00:46:27	1521		V40	310	00:03:37	607
1509	2831	Cristina Caldeira	00:23:12	00:46:55	00:46:29	1531	RunLovers	V45	10	00:03:48	1084
1510	6190	Juvenal Moreira	00:21:58	00:46:55	00:46:45	1601	NUCLEO DESPORTIVO AUTOCOOPE	V50	109	00:04:14	2668
1511	8463	Manel Carvalho	00:22:32	00:46:55	00:46:37	1564	Bacalhau Runners	Senior	371	00:04:34	3908
1512	9879	Pedro Santos	00:22:41	00:46:55	00:46:40	1581		V35	326	00:04:12	2511
1513	2077	Bruno Esteves	00:23:39	00:46:56	00:46:17	1472		Senior	372	00:03:52	1259
1514	4728	Hélder Martins	00:23:24	00:46:56	00:46:11	1443	Clube EDP - Lisboa	V35	327	00:04:03	1898
1515	3774	Fernando Baptista	00:23:18	00:46:56	00:46:34	1553		V40	311	00:03:59	1661
1516	6586	Pedro Amaral	00:23:09	00:46:56	00:46:35	1557		V40	312	00:03:56	1445
1517	8969	José Fernandes	00:23:29	00:46:56	00:46:32	1546	GDCT Unicre	Senior	373	00:04:06	2092
1518	7314	Ruben Silva	00:23:20	00:46:57	00:46:26	1515	G.D.C. FONSECAS E CALÇADA	V55	56	00:04:02	1808
1519	7948	Pedro Luzio	00:23:55	00:46:57	00:45:49	1367	SS CGD	V35	328	00:03:52	1238
1520	5962	Carlos Martins	00:23:27	00:46:58	00:46:29	1529		V40	313	00:03:51	1214



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1521	7328	João Abrantes	00:24:00	00:46:58	00:46:34	1555		V55	57	00:03:35	571
1522	539	Rogério Jardim	00:23:02	00:46:58	00:46:43	1591		Senior	374	00:03:58	1586
1523	9372	Joao Rodrigues	00:24:28	00:46:58	00:45:13	1198		Senior	375	00:03:55	1409
1524	2981	Pedro Cotrim	00:24:14	00:46:59	00:46:15	1465	H2Ovita	Senior	376	00:03:43	846
1525	2157	Nélson Mota	00:23:31	00:46:59	00:46:23	1502	Açoreana Clube Banif	V40	314	00:04:06	2088
1526	3662	João Damasio	00:22:40	00:46:59	00:46:58	1655	GD " O Independente"	V40	315	00:03:57	1510
1527	3431	Jorge Esteves	00:23:11	00:47:00	00:46:37	1561	Run 4 Fun	V50	110	00:03:59	1662
1528	9881	Eurico Pereira	00:22:40	00:47:00	00:47:00	1661		V55	58	00:03:58	1618
1529	241	Marco Borges	00:23:08	00:47:00	00:46:39	1574		V35	329	00:04:06	2111
1530	1212	Antonio Soares	00:23:11	00:47:01	00:46:46	1603		V50	111	00:04:00	1713
1531	7995	João Micaelo	00:23:02	00:47:01	00:46:30	1532		Senior	377	00:04:06	2084
1532	4398	Joao Carvalho	00:23:58	00:47:01	00:46:46	1604	CLUBE MILLENNIUM BCP	V50	112	00:03:39	672
1533	9446	Miguel Núñez	00:23:07	00:47:01	00:46:38	1570		V35	330	00:04:02	1810
1534	4289	Helder Diogo	00:23:11	00:47:02	00:46:38	1569	CLUBE MILLENNIUM BCP	V40	316	00:04:00	1739
1535	4181	André Mendonça	00:23:21	00:47:02	00:46:44	1593	ADRC Mata de Benfica	Senior	378	00:03:56	1441
1536	8918	Fernando Pereira	00:23:44	00:47:02	00:46:21	1491		V50	113	00:03:58	1600
1537	5018	Rui Martins	00:23:46	00:47:02	00:46:13	1456		V40	317	00:03:54	1338
1538	8492	Carlos Coelho	00:22:04	00:47:02	00:46:56	1636		Senior	379	00:04:25	3351
1539	729	Paulo Gonçalves	00:22:53	00:47:02	00:46:43	1588		V35	331	00:04:04	1921



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1540	6496	Marta Antas	00:22:43	00:47:03	00:46:52	1623		Senior	27	00:04:06	2082
1541	4724	Carlos Rodrigues	00:22:35	00:47:03	00:46:57	1643	Clube EDP - Lisboa	V55	59	00:03:56	1439
1542	8577	Alaor Filho	00:22:38	00:47:03	00:47:00	1663		V35	332	00:04:19	3001
1543	5500	Diogo Carneiro	00:23:39	00:47:03	00:46:32	1543		Senior	380	00:03:53	1288
1544	9068	Jorge Fonseca	00:22:00	00:47:03	00:46:57	1641		V35	333	00:04:26	3424
1545	1548	Paulo Sousa	00:23:42	00:47:03	00:46:24	1508		Senior	381	00:04:00	1737
1546	8319	Hugo Jesus	00:22:04	00:47:04	00:46:54	1630		V35	334	00:04:26	3459
1547	6633	José Morgado	00:22:59	00:47:04	00:46:33	1549		V45	195	00:03:59	1640
1548	2044	Bruno Reis	00:22:29	00:47:04	00:46:53	1624		Senior	382	00:04:04	1943
1549	3236	Carlos Bento	00:23:40	00:47:05	00:46:24	1507	Rail Runners	V40	318	00:04:00	1735
1550	1181	Luis Duarte	00:24:02	00:47:06	00:46:23	1503		V40	319	00:03:41	766
1551	26	Pedro Silva	00:22:42	00:47:06	00:46:35	1556		Senior	383	00:03:57	1525
1552	1808	Filipe Nunes	00:23:19	00:47:07	00:46:19	1478	Lebres de Pegões	Senior	384	00:04:07	2152
1553	5494	Alexander Ehler	00:23:16	00:47:07	00:46:32	1541		Senior	385	00:03:55	1405
1554	3469	André Vaz	00:24:12	00:47:07	00:46:28	1526	ACD BOCAL	Senior	386	00:03:53	1301
1555	3468	João Carvalho	00:24:13	00:47:08	00:46:27	1522	ACD BOCAL	V40	320	00:03:53	1300
1556	9785	Pedro Fragoso	00:23:00	00:47:08	00:47:02	1670	Run Away Team	V35	335	00:04:15	2719
1557	907	Fernando Soares	00:23:02	00:47:09	00:46:57	1639		V40	321	00:03:55	1401
1558	9055	Martim Figueiras	00:21:52	00:47:09	00:47:06	1681	A.M.Atibá	Junior	54	00:04:33	3835



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1559	1991	Luisa Santo	00:23:05	00:47:10	00:46:46	1605		V45	11	00:03:57	1531
1560	3486	Nuno Figueiras	00:23:31	00:47:10	00:47:04	1674		V40	322	00:03:57	1530
1561	1258	Alfredo Falcao	00:23:03	00:47:10	00:46:47	1608		V45	196	00:04:05	1999
1562	3479	Sara Loureiro	00:22:59	00:47:11	00:46:57	1646	Sporting Clube de Casinhos	Senior	28	00:04:19	2960
1563	5212	Telmo Matos	00:23:43	00:47:11	00:46:45	1600	Papa-almoços	Senior	387	00:03:51	1204
1564	9493	José Penela	00:22:43	00:47:11	00:46:52	1621		V35	336	00:04:08	2286
1565	5585	Nuno Vieira	00:23:04	00:47:12	00:46:52	1620		Senior	388	00:04:08	2287
1566	1223	Manuel Ambrósio	00:23:27	00:47:12	00:46:57	1638		V40	323	00:04:04	1931
1567	7305	Luiz Jr	00:22:11	00:47:13	00:47:11	1705		Senior	389	00:03:54	1363
1568	8041	Nelson Vieira	00:22:36	00:47:13	00:47:01	1667	CLAC - Entroncamento	V40	324	00:04:08	2290
1569	7348	Pedro Lourenço	00:22:39	00:47:13	00:46:58	1654		V35	337	00:04:11	2438
1570	7319	Paulo Lucas	00:23:46	00:47:13	00:46:44	1594	G.D.C. FONSECAS E CALÇADA	V40	325	00:03:57	1527
1571	6709	Diogo Brehm	00:23:23	00:47:14	00:46:50	1614		Senior	390	00:04:26	3471
1572	2144	Gonçalo Santos	00:24:54	00:47:14	00:46:30	1534	Açoreana Clube Banif	Senior	391	00:03:22	244
1573	5122	Bruno Martins	00:23:37	00:47:14	00:46:34	1552	FERAS DE MASSAMÁ	Senior	392	00:04:07	2165
1574	2371	Jorge Sebastião	00:25:35	00:47:14	00:45:18	1221	Famelga	V35	338	00:03:34	513
1575	9324	João França	00:24:21	00:47:15	00:45:45	1347		Senior	393	00:03:53	1323
1576	7504	Nuno Bogalheiro	00:22:49	00:47:16	00:47:05	1676		V40	326	00:03:59	1652
1577	8409	Pedro Antunes	00:23:44	00:47:16	00:46:53	1625		Senior	394	00:03:57	1526

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1578	1790	António Duarte	00:23:27	00:47:16	00:46:57	1644	Clube do Stress	V60	18	00:04:07	2166
1579	5546	António Cruz	00:22:51	00:47:16	00:47:01	1666		V60	19	00:04:22	3183
1580	9366	Tiago Machado	00:21:43	00:47:16	00:47:14	1728	Racing Barbies & Ken	V40	327	00:04:04	1948
1581	8349	Tiago Oliveira	00:22:56	00:47:16	00:47:12	1716		Senior	395	00:04:22	3188
1582	9045	Joana Pires	00:23:29	00:47:16	00:47:03	1672	A.M.Atibá	V35	14	00:03:56	1453
1583	186	Tiago Costa	00:26:26	00:47:16	00:45:23	1245		Senior	396	00:03:45	927
1584	7055	Francisco Teixeira	00:25:26	00:47:17	00:45:15	1204	INDEG-ISCTE	Senior	397	00:03:46	971
1585	9066	Tiago Lage	00:22:49	00:47:17	00:47:05	1680	A.M.Atibá	Senior	398	00:04:05	1995
1586	6272	Bruno Silva	00:22:32	00:47:17	00:47:14	1722		Senior	399	00:04:25	3404
1587	3851	Paulo Duarte	00:19:56	00:47:17	00:47:07	1686		V35	339	00:04:56	5225
1588	9882	Mauro Pimenta	00:25:03	00:47:17	00:45:51	1373		V35	340	00:03:37	635
1589	1916	Carlos Preciso	00:24:13	00:47:17	00:46:27	1520	Clube Atletismo Amigos de Belém	V40	328	00:03:56	1465
1590	7728	Ricardo Rodrigues	00:24:12	00:47:17	00:46:27	1519		V40	329	00:03:57	1534
1591	9290	Jorge Canelhas	00:23:39	00:47:18	00:46:59	1657	Clube Olimpico de Oeiras	V40	330	00:03:35	552
1592	9590	Luiz Caracol	00:22:31	00:47:18	00:47:16	1736		V35	341	00:04:23	3276
1593	7538	Pedro Silva	00:23:14	00:47:18	00:46:46	1602		Senior	400	00:03:59	1647
1594	10500	Hugo Froes	00:23:10	00:47:18	00:46:58	1649		V35	342	00:04:04	1939
1595	2568	Carlos Afonso	00:23:35	00:47:18	00:46:57	1640		V55	60	00:04:09	2360
1596	4268	Luis Guedes	00:24:19	00:47:18	00:46:39	1577		V35	343	00:03:55	1390



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1597	2271	Margarida Azevedo	00:21:57	00:47:18	00:47:08	1693		Senior	29	00:04:30	3707
1598	4071	Ana Maia	00:23:20	00:47:19	00:46:44	1592		Senior	30	00:03:56	1457
1599	9635	Alfredo Almeida	00:22:45	00:47:19	00:47:05	1679		V50	114	00:04:04	1945
1600	9727	Ricardo Cortes	00:23:13	00:47:19	00:47:00	1664	Beer Boys	Senior	401	00:04:12	2550
1601	617	Diogo Leite	00:23:15	00:47:19	00:46:39	1576		Senior	402	00:04:03	1903
1602	5560	Daniel Tomás	00:23:50	00:47:20	00:46:53	1626	Os Caldenses	Senior	403	00:03:57	1521
1603	660	Rui Parente	00:24:02	00:47:20	00:46:32	1540		Senior	404	00:04:00	1719
1604	4506	José Alves	00:23:48	00:47:20	00:46:51	1616		V45	197	00:04:06	2079
1605	6744	Luis Vargas	00:22:52	00:47:21	00:47:03	1673		V40	331	00:04:16	2763
1606	9118	João Jorge	00:23:35	00:47:21	00:46:47	1606		V35	344	00:03:55	1386
1607	1648	Jorge Tavares	00:23:04	00:47:22	00:46:51	1618	SAPATISTAS	V35	345	00:03:50	1152
1608	9401	Joaquim Marinho	00:24:12	00:47:22	00:46:15	1463		V55	61	00:03:59	1675
1609	4674	Bruno Ferreira	00:23:35	00:47:23	00:46:51	1617		Senior	405	00:04:05	1996
1610	3465	Ernesto Guia	00:24:12	00:47:23	00:46:43	1590	ACD BOCAL	V60	20	00:03:51	1215
1611	8046	Ricardo Sousa	00:21:55	00:47:23	00:47:12	1715	Serviços Sociais Montepio Geral	Senior	406	00:04:18	2882
1612	4294	Jose Ferreira	00:23:27	00:47:23	00:46:56	1637	CLUBE MILLENNIUM BCP	V45	198	00:03:57	1517
1613	6562	David Almeida	00:24:58	00:47:23	00:46:13	1455		Senior	407	00:03:54	1373
1614	2070	Adelino Trindade	00:23:17	00:47:24	00:46:57	1645	Correr Lisboa	V40	332	00:04:03	1907
1615	8081	Belmiro Façanha	00:24:29	00:47:24	00:46:48	1609		V35	346	00:03:46	996

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1616	9489	Joao Almeida	00:24:14	00:47:24	00:46:15	1464		V40	333	00:03:50	1156
1617	1417	Diogo Henriques	00:23:49	00:47:24	00:46:51	1619		Junior	55	00:03:57	1516
1618	8673	Oto Oliveira	00:23:38	00:47:24	00:46:56	1635		V45	199	00:03:59	1665
1619	5633	Pedro Peniche	00:21:54	00:47:24	00:47:19	1745	Furões do Alentejo	Senior	408	00:04:16	2752
1620	9798	Tiago Rocha	00:22:38	00:47:25	00:47:14	1723		V35	347	00:04:12	2553
1621	4435	Eduardo Ferreira	00:24:12	00:47:25	00:47:07	1687	CLUBE MILLENNIUM BCP	V35	348	00:04:02	1811
1622	8605	Pedro Nunes	00:23:50	00:47:25	00:46:41	1585		Senior	409	00:04:06	2104
1623	1510	João Marques	00:23:28	00:47:26	00:47:06	1683		Junior	56	00:04:15	2709
1624	370	Hélder Cotrim	00:23:03	00:47:26	00:47:00	1659		Senior	410	00:04:15	2711
1625	6796	José Augusto	00:23:26	00:47:26	00:47:19	1746	Falcões Selvagens	V50	115	00:04:00	1736
1626	4176	Bruno Martins	00:24:21	00:47:26	00:46:14	1458		V35	349	00:03:58	1578
1627	3075	Cândido Alves	00:22:35	00:47:26	00:47:11	1707	CCD Crédito Agrícola Mútuo	V40	334	00:04:16	2791
1628	869	Nelson Carneiro	00:23:42	00:47:27	00:46:57	1642		V50	116	00:03:56	1433
1629	1055	Luis Penteado	00:23:11	00:47:27	00:47:05	1677	BueRapidos	V40	335	00:04:11	2443
1630	584	Nélson Isidoro	00:24:41	00:47:27	00:46:43	1589		Senior	411	00:03:43	850
1631	7909	Tiago Batista	00:22:09	00:47:27	00:47:24	1777		Senior	412	00:04:09	2355
1632	346	Pedro Gaspar	00:23:18	00:47:27	00:46:58	1647		V45	200	00:04:10	2374
1633	5798	Diogo Lucas	00:24:27	00:47:28	00:47:27	1786		Junior	57	00:03:32	459
1634	9533	Antonio Girão	00:23:10	00:47:28	00:46:45	1598		Senior	413	00:04:11	2495



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1635	5970	Carlos Lopes	00:23:05	00:47:28	00:47:10	1702	Furões do Alentejo	Senior	414	00:04:18	2909
1636	5527	Vitor Amaro	00:23:05	00:47:28	00:47:11	1708	Furões do Alentejo	Senior	415	00:04:18	2928
1637	4324	Virgilio Costa	00:23:21	00:47:29	00:47:07	1688	CLUBE MILLENNIUM BCP	V40	336	00:04:00	1722
1638	534	Nuno Andrade	00:23:14	00:47:29	00:46:38	1565		Senior	416	00:03:51	1192
1639	7301	Paulo Silva	00:23:48	00:47:29	00:46:50	1615		V40	337	00:04:03	1920
1640	3216	Pedro Peleja	00:23:12	00:47:29	00:47:15	1729	CLUBE COLABORADORES AXA	V35	350	00:04:00	1724
1641	6411	Paulo Ramalho	00:23:11	00:47:29	00:47:16	1734		V40	338	00:04:06	2110
1642	9528	João Silva	00:25:04	00:47:30	00:45:41	1327		V35	351	00:03:43	855
1643	452	André Vaz	00:23:41	00:47:30	00:46:55	1631		Senior	417	00:04:05	2000
1644	5244	Antonio Ramalho	00:22:58	00:47:30	00:47:16	1735		V50	117	00:03:58	1561
1645	9087	Salvador Afonso	00:23:18	00:47:30	00:47:25	1780		V60	21	00:03:58	1565
1646	1900	David Jesus	00:23:52	00:47:31	00:46:54	1627		V45	201	00:04:07	2171
1647	2638	Carlos Gonçalves	00:22:26	00:47:31	00:47:30	1801	Equipa Dos Lentos	V35	352	00:04:11	2486
1648	9462	Hugo Pinto	00:24:11	00:47:31	00:46:39	1571		V35	353	00:04:01	1766
1649	912	António Varela	00:23:06	00:47:32	00:47:26	1784		V45	202	00:04:00	1723
1650	7257	Francisco Sanches-Osório	00:23:34	00:47:32	00:47:05	1678		V45	203	00:03:56	1456
1651	2050	Nuno Damião	00:25:49	00:47:32	00:45:09	1181	Quinta do guiks friends	Senior	418	00:03:41	780
1652	9034	Bastian Hebmuller	00:21:55	00:47:33	00:47:30	1800		Senior	419	00:04:35	3953
1653	6762	Nuno Catarro	00:23:36	00:47:33	00:46:58	1650		V35	354	00:04:06	2109



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1654	4764	Vanda Matias	00:23:38	00:47:33	00:47:01	1669	Escola Atletismo Rui Silva	V40	14	00:04:02	1850
1655	4133	Edgar Caldeira	00:24:20	00:47:34	00:47:09	1697		Senior	420	00:03:51	1191
1656	4140	João Pereira	00:23:00	00:47:34	00:47:21	1764		Senior	421	00:04:13	2588
1657	1773	José Gomes	00:24:08	00:47:34	00:46:59	1656		V60	22	00:03:50	1183
1658	6521	Luis Santos	00:24:05	00:47:34	00:47:00	1660	Amigos Vale Silencio	V55	62	00:04:23	3223
1659	8075	Hugo Pereira	00:22:57	00:47:35	00:47:15	1730	les cousins	V35	355	00:04:12	2502
1660	283	José Silva	00:23:40	00:47:35	00:47:02	1671		V45	204	00:03:46	995
1661	6651	Henrique Belmar	00:23:23	00:47:35	00:47:25	1782		V55	63	00:04:02	1836
1662	2084	João Silveira	00:23:39	00:47:35	00:46:58	1648		V45	205	00:04:01	1750
1663	6417	Pedro Nunes	00:23:51	00:47:36	00:46:58	1652		V40	339	00:03:59	1630
1664	3686	Jorge Atalaia	00:23:40	00:47:36	00:47:11	1710	GD Banco BPI	Senior	422	00:04:00	1731
1665	4983	Rui Dias	00:23:31	00:47:36	00:47:19	1749		V50	118	00:04:01	1774
1666	5213	João Mestre	00:23:43	00:47:37	00:47:12	1717	Papa-almoços	Senior	423	00:04:00	1732
1667	4598	Rui Sousa	00:22:52	00:47:37	00:47:20	1755	Digio Outdoor	V35	356	00:04:07	2173
1668	6365	Ed Richardson	00:23:53	00:47:37	00:47:10	1703		V35	357	00:04:01	1786
1669	25	Paulo Torres	00:23:12	00:47:37	00:47:13	1721		V40	340	00:04:10	2403
1670	8375	Nuno Cruz	00:23:31	00:47:37	00:46:55	1632		Senior	424	00:04:22	3170
1671	2234	Luis Conceição	00:22:41	00:47:38	00:47:31	1807	Clube de Praças da Armada	V35	358	00:03:57	1513
1672	1079	André Guerreiro	00:23:19	00:47:38	00:47:00	1662		Senior	425	00:04:22	3179



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1673	9346	Antonio Riscado	00:23:35	00:47:38	00:47:34	1824	Amigos Atletismo da Charneca	V65	2	00:04:09	2356
1674	2547	Carlos Silva	00:24:05	00:47:38	00:47:14	1725		V45	206	00:03:57	1502
1675	1078	Domingos Janela	00:22:47	00:47:39	00:47:23	1772	O MUNDO DA CORRIDA	V65	3	00:04:06	2106
1676	689	Alexandra Matias	00:23:27	00:47:39	00:47:20	1757	06:30	V40	15	00:04:06	2105
1677	1012	Paulo Lopes	00:22:36	00:47:39	00:47:23	1771		V35	359	00:04:10	2402
1678	5200	Paulo Santos	00:23:50	00:47:39	00:47:08	1695		V40	341	00:04:10	2413
1679	7329	José Monteiro	00:24:00	00:47:39	00:47:15	1731		V65	4	00:04:03	1890
1680	7939	Antonio Nascimento	00:24:00	00:47:39	00:47:14	1727	SS CGD	V55	64	00:04:03	1879
1681	690	Agostinho Matias	00:23:26	00:47:39	00:47:21	1763	06:30	V40	342	00:04:08	2260
1682	3981	Henrique Samora	00:23:23	00:47:41	00:47:33	1817		V50	119	00:04:15	2720
1683	708	Luis Martinho	00:23:28	00:47:41	00:47:20	1754		V40	343	00:03:57	1505
1684	654	António Castro	00:23:47	00:47:41	00:47:16	1733		V70	1	00:04:03	1892
1685	1043	Luis Tavares	00:23:31	00:47:41	00:47:29	1796		V40	344	00:04:04	1938
1686	9946	Bruno Sardex	00:23:43	00:47:41	00:47:31	1808		V35	360	00:04:00	1718
1687	4549	Duarte Franjoso	00:23:53	00:47:41	00:46:58	1651		V35	361	00:04:04	1936
1688	6213	Rui Araujo	00:24:24	00:47:41	00:46:54	1629	CCDTMetroLX	V55	65	00:04:05	2019
1689	3282	João Pinto	00:23:02	00:47:42	00:47:31	1806	GA Monsanto Gascan	V50	120	00:04:07	2135
1690	7432	Sergi Figuerola	00:24:04	00:47:42	00:46:44	1597	Elite	V35	362	00:03:56	1438
1691	1390	Cristiano Rodrigues	00:23:39	00:47:42	00:47:24	1778	Adónis Clube de Portugal	Senior	426	00:03:58	1587



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1692	1932	Fernando Gonçalves	00:23:07	00:47:43	00:47:36	1833		V45	207	00:04:17	2848
1693	9795	Sílvio Horta	00:24:13	00:47:43	00:46:20	1486		Senior	427	00:04:07	2136
1694	2229	Alexandre Abade	00:23:48	00:47:43	00:47:11	1706		V40	345	00:04:09	2358
1695	8337	Manuela Fonseca	00:23:15	00:47:43	00:47:24	1775	Tartarugas Solidárias	V45	12	00:04:06	2103
1696	2697	Sandra Brito	00:23:23	00:47:44	00:47:18	1742		V40	16	00:04:05	2007
1697	5711	Nuno Luzia	00:22:31	00:47:44	00:47:29	1792		V35	363	00:04:17	2873
1698	2698	Rui Brito	00:23:23	00:47:44	00:47:18	1740		V45	208	00:04:05	2008
1699	2046	Bruno Palma	00:23:51	00:47:45	00:47:16	1737		Senior	428	00:04:12	2506
1700	1587	Inês Neto	00:23:40	00:47:45	00:47:27	1785	Flechas	Senior	31	00:04:01	1790
1701	3442	Tiago Dias	00:23:49	00:47:46	00:47:12	1713		V35	364	00:04:12	2504
1702	1358	Carlos Costa	00:23:35	00:47:46	00:47:08	1689		V35	365	00:04:09	2359
1703	6248	Carlos Lóios	00:23:34	00:47:46	00:47:41	1868	Furões do Alentejo	V40	346	00:04:00	1681
1704	9073	Fábio Almeida	00:23:01	00:47:46	00:47:43	1880		Junior	58	00:04:45	4566
1705	5032	Pedro Ramos	00:23:44	00:47:46	00:47:14	1724	Clube ANA Lisboa	V45	209	00:03:48	1067
1706	9613	Daniel Carvalho	00:21:10	00:47:46	00:47:36	1835		Junior	59	00:04:37	4096
1707	4234	Paulo Gil	00:22:33	00:47:46	00:47:40	1857		V35	366	00:04:10	2408
1708	7992	Sergio Teixeira	00:24:52	00:47:46	00:46:58	1653		V40	347	00:03:55	1424
1709	5625	Paulo Pires	00:25:27	00:47:47	00:46:50	1613	SS CGD	V45	210	00:03:22	226
1710	8792	Liliana Filipe	00:23:40	00:47:47	00:47:24	1773	Juventude Desportiva Almansor	Senior	32	00:04:03	1886



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1711	6428	Ricardo Mesquita	00:23:24	00:47:47	00:47:22	1765	Scalkokas	V35	367	00:04:31	3750
1712	9058	Sara Ganchas	00:22:07	00:47:47	00:47:44	1890	A.M.Atibá	Junior	60	00:04:36	4046
1713	1204	Miguel Marques	00:24:00	00:47:47	00:47:06	1685		V50	121	00:03:58	1609
1714	5499	Pedro Louro	00:23:27	00:47:47	00:47:21	1761		V40	348	00:04:10	2412
1715	109	Paulo Ratilal	00:22:53	00:47:48	00:47:36	1830		V40	349	00:04:15	2731
1716	2068	João Trindade	00:23:36	00:47:48	00:47:21	1762	Correr Lisboa	Junior	61	00:03:56	1459
1717	9177	José Aleixo	00:23:45	00:47:48	00:47:22	1767		V45	211	00:04:05	2046
1718	8674	João Luz	00:23:11	00:47:48	00:47:37	1836		V35	368	00:04:02	1797
1719	7512	Ricardo Sequeira	00:24:46	00:47:48	00:46:31	1536	Clube Ferroviário de Portugal	Senior	429	00:03:44	875
1720	5047	Paulo Sousa	00:23:39	00:47:48	00:47:38	1845	RB RUNNING	V40	350	00:04:10	2411
1721	4667	Rui Teixeira	00:24:46	00:47:48	00:46:32	1544	Clube Ferroviario de Portugal	V40	351	00:03:44	877
1722	8494	António Mina	00:23:48	00:47:48	00:47:22	1769		V50	122	00:04:00	1686
1723	3592	Renato Martins	00:24:15	00:47:49	00:47:18	1744	CLAC - Entroncamento	V40	352	00:04:07	2144
1724	10501	António Apura	00:23:01	00:47:49	00:47:46	1900		V40	353	00:04:16	2775
1725	4570	Jorge Silva	00:21:06	00:47:49	00:47:39	1851	Clube Bolinha	V60	23	00:04:27	3523
1726	7723	Filipe Santos	00:23:35	00:47:50	00:47:00	1665		V35	369	00:04:03	1900
1727	2209	Paulo Francisco	00:24:46	00:47:50	00:47:18	1741		V45	212	00:03:41	775
1728	870	Joao Adegas	00:23:12	00:47:50	00:47:32	1812		V40	354	00:04:09	2334
1729	290	Daniel Gomes	00:25:33	00:47:50	00:46:44	1595		V35	370	00:03:51	1185



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1730	5657	Paulo Ferreira	00:24:10	00:47:51	00:47:25	1781		V35	371	00:04:02	1848
1731	1446	Jorge Fernandes	00:23:50	00:47:51	00:47:22	1770		V45	213	00:04:09	2332
1732	8502	Pedro Ferreira	00:24:58	00:47:51	00:46:29	1528		V40	355	00:03:46	998
1733	7854	Ricardo Lopes	00:23:46	00:47:52	00:47:42	1876	VdAtletas	V35	372	00:03:47	1030
1734	6715	Cláudio Rocha	00:25:52	00:47:52	00:45:26	1257	Caracol Turbo	V40	356	00:03:42	792
1735	2008	Ricardo Santos	00:24:00	00:47:52	00:47:20	1756		Senior	430	00:04:09	2331
1736	4612	Henrique Sebastião	00:23:30	00:47:52	00:47:46	1905	Pão de Negrais	V40	357	00:04:00	1684
1737	7398	Andreia Mendes	00:23:34	00:47:52	00:47:38	1842		V35	15	00:04:19	2986
1738	2910	Nuno Rodrigues	00:23:49	00:47:52	00:47:13	1720	Serviços Sociais Montepio Geral	V35	373	00:04:09	2330
1739	1898	Ricardo Franco	00:24:05	00:47:52	00:47:10	1701		V40	358	00:04:00	1683
1740	1279	Jose Oliveira	00:24:05	00:47:52	00:47:11	1704		V40	359	00:04:01	1793
1741	2028	Jorge Russo	00:24:33	00:47:52	00:47:40	1856		V45	214	00:03:47	1013
1742	1568	Hugo Gomes	00:24:21	00:47:53	00:47:12	1718	run 4 you	V35	374	00:03:55	1387
1743	4182	Eduardo Coelho	00:23:53	00:47:53	00:47:09	1699	ADRC Mata de Benfica	Senior	431	00:04:07	2145
1744	5184	Bruno Pinho	00:24:05	00:47:53	00:47:06	1684		V40	360	00:04:05	2045
1745	458	Eduardo Rodrigues	00:23:06	00:47:54	00:47:46	1906		V40	361	00:04:15	2726
1746	2241	Marco Jacinto	00:26:36	00:47:54	00:45:41	1330	Panela Mágica	V35	375	00:03:44	879
1747	320	Rui Branco	00:24:04	00:47:54	00:47:11	1709		V40	362	00:04:07	2139
1748	4845	Joao Nogueira	00:24:14	00:47:54	00:47:19	1748		V35	376	00:04:11	2465



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1749	406	Antonio Neto	00:23:28	00:47:54	00:47:31	1803		V45	215	00:03:59	1620
1750	2434	Nuno Estacio	00:23:56	00:47:54	00:47:04	1675		V35	377	00:03:58	1584
1751	3984	Luis Antunes	00:22:41	00:47:54	00:47:47	1908	RB RUNNING	V40	363	00:04:20	3068
1752	6968	Vitor Ferreira	00:23:47	00:47:54	00:47:20	1753	Clube ANA Lisboa	V35	378	00:03:57	1554
1753	7347	Francisco Virtuoso	00:23:50	00:47:54	00:47:28	1787		V55	66	00:04:01	1791
1754	9848	Marco Graça	00:23:36	00:47:55	00:47:41	1867		V35	379	00:04:19	2959
1755	5838	Pedro Maia	00:22:41	00:47:55	00:47:38	1847		V35	380	00:04:18	2947
1756	822	Mário Alves	00:22:55	00:47:55	00:47:39	1854		V40	364	00:04:16	2751
1757	2930	Júlio Robalo	00:23:32	00:47:55	00:47:53	1939	GDINE	V50	123	00:04:01	1794
1758	4504	António Gonçalves	00:24:54	00:47:55	00:47:01	1668		V50	124	00:03:54	1330
1759	7648	Fernando Marques	00:23:16	00:47:55	00:47:44	1892		V50	125	00:04:00	1704
1760	4594	Miguel Capela	00:22:47	00:47:56	00:47:52	1936		V35	381	00:04:10	2404
1761	5592	Jorge Morgado	00:23:51	00:47:56	00:47:50	1919	Clube TAP PORTUGAL	V50	126	00:03:58	1580
1762	5922	Hugo Hilário	00:23:38	00:47:57	00:47:32	1809		V35	382	00:03:59	1622
1763	227	António Pereira	00:23:47	00:47:57	00:47:21	1760		V45	216	00:04:17	2854
1764	5412	Diogo Guerreiro	00:22:57	00:47:57	00:47:43	1885	Bloco de Este	Senior	432	00:04:05	2041
1765	5299	Pedro Trigueira	00:23:17	00:47:57	00:47:41	1865		V40	365	00:04:09	2328
1766	1746	Nuno Malaquias	00:23:18	00:47:58	00:47:41	1862		V35	383	00:04:23	3216
1767	2704	Lucia Azevedo	00:24:54	00:47:58	00:47:08	1692		V45	13	00:03:52	1275



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
1768	706	Adventino C	00:22:42	00:47:58	00:47:47	1909		V45	217	00:04:45	4587
1769	7458	Alexandra Machado	00:24:24	00:47:58	00:47:22	1768		Senior	33	00:03:47	1005
1770	7346	Joaquim Bacalhau	00:23:36	00:47:58	00:47:37	1839		V60	24	00:04:09	2318
1771	8165	Gonçalo Neves	00:23:18	00:47:59	00:47:39	1850		Junior	62	00:04:04	1982
1772	4828	Mário Baião	00:22:47	00:47:59	00:47:25	1783		V45	218	00:03:52	1273
1773	1206	Mario Apolinario	00:23:24	00:47:59	00:47:38	1846		V35	384	00:04:04	1984
1774	4558	Jacinto Romeiras	00:23:52	00:47:59	00:47:20	1751		V40	366	00:04:06	2100
1775	1040	Cláudia Medeiros	00:23:22	00:47:59	00:47:55	1947	ATLÉTICO CLUBE SÃO MAMEDE	V45	14	00:04:02	1833
1776	6106	Carlos Torrão	00:24:56	00:47:59	00:47:18	1743	Running Trolls	Senior	433	00:03:43	859
1777	2065	Eduardo Moutinho	00:23:29	00:48:00	00:47:45	1894	O MUNDO DA CORRIDA	V45	219	00:04:07	2150
1778	3818	Tiago Dias	00:23:52	00:48:00	00:47:21	1758		Senior	434	00:04:06	2099
1779	5413	Daniel Tomas	00:24:03	00:48:00	00:47:32	1810	BIVAC IBERICA	V35	385	00:04:09	2326
1780	3420	Jorge Silva	00:23:30	00:48:00	00:47:34	1823		V40	367	00:04:05	2028
1781	1075	Luis Amorim	00:24:06	00:48:00	00:47:29	1797		V55	67	00:04:11	2450
1782	9427	Nuno Vaz	00:23:51	00:48:01	00:47:11	1711		V35	386	00:04:06	2098
1783	7769	Fernanda Martins	00:23:05	00:48:01	00:47:51	1930	GDC Porto Sines	V50	1	00:04:04	1952
1784	1732	Ricardo Neiva	00:24:43	00:48:01	00:47:17	1738		V40	368	00:04:01	1740
1785	7376	Pedro Carvalho	00:24:42	00:48:01	00:46:59	1658		V35	387	00:04:03	1911
1786	9110	Alexandre Rico	00:23:21	00:48:01	00:47:42	1874	ASC - Alhandra Cotas	V35	388	00:04:11	2461



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1787	8131	Paulo Fernandes	00:25:19	00:48:01	00:46:20	1484		V40	369	00:03:48	1073
1788	6924	Nuno Pinto	00:23:41	00:48:01	00:47:30	1799		V40	370	00:04:00	1709
1789	1995	Sérgio Feliciano	00:23:26	00:48:02	00:47:41	1864		V35	389	00:04:21	3132
1790	1981	Rui Calado	00:24:06	00:48:02	00:47:35	1829		V45	220	00:04:04	1954
1791	6903	Joao Mata	00:22:51	00:48:02	00:48:01	1971	PepeRapido	V40	371	00:04:04	1955
1792	1251	Bernardo Falcão	00:23:03	00:48:02	00:47:39	1852		Junior	63	00:04:00	1707
1793	1149	Antonio Machado	00:23:07	00:48:03	00:47:55	1949		V55	68	00:04:21	3109
1794	2904	Antonio Franco	00:23:54	00:48:03	00:47:36	1832	Serviços Sociais Montepio Geral	V45	221	00:04:03	1881
1795	750	Bruno Amaro	00:24:48	00:48:03	00:44:05	941		V35	390	00:04:13	2568
1796	4842	Carlos Taveira	00:25:07	00:48:04	00:47:06	1682		V40	372	00:03:43	843
1797	8725	Jorge Ferreira	00:23:49	00:48:04	00:47:32	1814		V40	373	00:04:08	2274
1798	5571	Jacinto Pereira	00:23:28	00:48:04	00:47:52	1932	Lis Running C.P.A.	V55	69	00:04:07	2140
1799	6969	Paula Almeida	00:24:00	00:48:04	00:47:34	1820	Clube ANA Lisboa	V45	15	00:03:57	1549
1800	5532	Ana Silva	00:21:32	00:48:04	00:47:54	1943		Junior	13	00:04:40	4247
1801	1710	Regina Mendes	00:23:35	00:48:05	00:47:51	1928		V35	16	00:04:08	2275
1802	8570	Jorge Carmo	00:23:13	00:48:05	00:48:02	1976	CLUBE ACCENTURE	V40	374	00:04:13	2562
1803	2188	Tam Afonso	00:23:20	00:48:05	00:47:45	1895	Açoreana Clube Banif	V60	25	00:04:01	1775
1804	2651	Francisco Campos	00:22:57	00:48:05	00:47:54	1942	GFD Running	Senior	435	00:03:52	1253
1805	8604	Cátia Nascimento	00:23:18	00:48:05	00:47:53	1940	Correr Lisboa	Senior	34	00:04:15	2737

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1806	694	Fernanda Gil	00:23:29	00:48:05	00:47:48	1916	CDUL-Centro Desportivo Universitário de Lisboa	V45	16	00:03:56	1475
1807	2178	Paulo Torrão	00:23:08	00:48:06	00:47:44	1888	Açoreana Clube Banif	V40	375	00:03:56	1476
1808	9361	Duarte Branco	00:26:05	00:48:06	00:46:14	1460		Senior	436	00:03:59	1633
1809	3107	Nuno Constâncio	00:23:17	00:48:06	00:47:44	1886	Timão	V35	391	00:04:09	2324
1810	9886	Duarte Faria	00:24:37	00:48:07	00:47:21	1759		Senior	437	00:03:54	1339
1811	7735	Miguel Constante	00:23:06	00:48:07	00:47:42	1877		Junior	64	00:04:32	3806
1812	3081	Luís Zêzere	00:23:27	00:48:07	00:47:52	1933	CCD Crédito Agrícola Mútuo	V35	392	00:04:18	2924
1813	6700	Pedro Carvalho	00:23:00	00:48:07	00:47:51	1927	Weventual	Senior	438	00:04:16	2764
1814	1313	Carlos Loureiro	00:23:27	00:48:07	00:47:45	1893		V40	376	00:04:06	2094
1815	4872	Humberto Borges	00:23:47	00:48:07	00:47:40	1859		V45	222	00:03:59	1632
1816	7231	Orlando Martins	00:24:06	00:48:07	00:47:43	1879		V55	70	00:04:05	2030
1817	1798	João Batista	00:22:49	00:48:08	00:47:48	1915	Movimento	V35	393	00:04:29	3643
1818	8179	Davide Mendes	00:24:26	00:48:09	00:47:33	1816		V35	394	00:03:56	1481
1819	8593	Patricia Krug	00:23:40	00:48:09	00:47:24	1776	Authentic Pilates Lisboa	Senior	35	00:04:14	2676
1820	3728	João André	00:22:43	00:48:09	00:48:06	1998	Grupo Desportivo Diana	Senior	439	00:04:20	3046
1821	5105	Vitor Marques	00:23:20	00:48:09	00:47:50	1920		V35	395	00:04:29	3644
1822	3209	Renato Santana	00:22:45	00:48:09	00:48:08	2014		Senior	440	00:04:21	3099
1823	2393	Jorge Paulino	00:25:14	00:48:09	00:47:37	1837	Clube Desportivo de Mafra	V55	71	00:03:47	1044
1824	9220	Pedro Gouveia	00:23:43	00:48:10	00:47:25	1779		V35	396	00:03:57	1560



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1825	1537	Margarida Amaro	00:24:11	00:48:10	00:47:41	1863	RiTom	V35	17	00:04:07	2201
1826	1380	Bruno Afonso	00:23:51	00:48:10	00:47:56	1954		V35	397	00:03:59	1626
1827	821	Manuel Robalo	00:23:57	00:48:11	00:47:46	1902		V65	5	00:04:02	1800
1828	404	Paulo Caldeira	00:24:35	00:48:11	00:47:57	1957		V35	398	00:03:44	888
1829	273	Miguel Heitor	00:25:01	00:48:11	00:47:38	1840	Correr Lisboa	Senior	441	00:02:57	28
1830	9469	João Dinis	00:24:07	00:48:12	00:47:42	1870		Senior	442	00:04:10	2414
1831	8240	Bruno Sousa	00:24:21	00:48:12	00:48:04	1992		Senior	443	00:03:33	498
1832	171	Bernardo Aguiar	00:23:36	00:48:13	00:47:43	1884		Junior	65	00:03:58	1579
1833	3586	Antonio Reis	00:24:29	00:48:13	00:48:03	1985		V45	223	00:04:02	1822
1834	10556	Antonio Alverca	00:23:41	00:48:13	00:48:06	2001		V40	377	00:04:24	3318
1835	4972	Henrique Brito	00:23:48	00:48:13	00:48:03	1986	Cada da Dízima	V55	72	00:04:04	1964
1836	4874	Ricardo Conceição	00:22:41	00:48:13	00:47:58	1960	LOURDETE PERFUMARIAS	Senior	444	00:04:24	3311
1837	4665	Duarte Silva	00:23:49	00:48:14	00:47:38	1841	Clube Ferroviario de Portugal	V40	378	00:04:08	2271
1838	504	Alexandra Pires	00:24:39	00:48:14	00:47:31	1805		V45	17	00:03:40	720
1839	8095	Angelo Caneto	00:24:03	00:48:14	00:47:08	1690	EAP RUNNERS	Senior	445	00:04:21	3101
1840	8096	Eugenia Pereira	00:24:04	00:48:14	00:47:08	1694	EAP RUNNERS	V40	17	00:04:21	3085
1841	5783	Carlos Almeida	00:23:28	00:48:15	00:47:51	1922	Pernas de Gafanhoto	Senior	446	00:04:18	2944
1842	9436	Francisco Moser	00:23:50	00:48:15	00:47:59	1962		V50	127	00:04:06	2101
1843	1094	Manuel Ferreira	00:23:53	00:48:15	00:47:44	1889		V60	26	00:04:11	2451



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1844	1834	Paulo Lopes	00:24:12	00:48:15	00:47:14	1726	Corredores de Paredão	V35	399	00:03:52	1269
1845	9656	Miguel Pereira	00:23:26	00:48:15	00:47:57	1956		V35	400	00:04:19	2973
1846	8461	Jorge Paulino	00:25:26	00:48:15	00:46:10	1436	Volkswagen Autoeuropa	V35	401	00:03:50	1139
1847	5136	Ricardo Luís	00:23:35	00:48:15	00:47:43	1883		V35	402	00:04:00	1695
1848	769	Paulo Gonçalves	00:23:54	00:48:16	00:47:38	1844	BeSmart	V40	379	00:04:01	1757
1849	7190	Fernando Maior	00:23:01	00:48:16	00:48:13	2039	HP CLUB	V45	224	00:04:08	2267
1850	1575	Miguel Pires	00:23:37	00:48:16	00:47:43	1878	Flechas	V35	403	00:04:19	2987
1851	4769	Manuel Agapito	00:23:28	00:48:16	00:47:40	1860		Senior	447	00:04:00	1694
1852	44	Jorge Sousa	00:23:31	00:48:16	00:47:52	1934		V40	380	00:04:17	2868
1853	4024	Sérgio Henrique	00:25:17	00:48:16	00:47:19	1747		V40	381	00:03:41	785
1854	10555	Manuel Martins	00:23:12	00:48:16	00:48:01	1970		V50	128	00:04:24	3284
1855	3456	Luis Calheiros	00:23:41	00:48:17	00:47:52	1931	GD Banco BPI	V40	382	00:04:22	3198
1856	2272	Vitor Frutuoso	00:25:46	00:48:17	00:47:42	1875		V35	404	00:03:35	573
1857	9954	Miguel Sousa	00:23:50	00:48:17	00:48:04	1993		V40	383	00:04:11	2494
1858	8236	Paulo Santos	00:23:59	00:48:17	00:48:07	2007		V45	225	00:04:00	1693
1859	3296	Pedro Costa	00:22:59	00:48:17	00:47:54	1941	Os Lobos	Senior	448	00:04:19	2966
1860	5416	António Pereira	00:23:59	00:48:18	00:47:39	1849		V35	405	00:04:06	2107
1861	4637	Ricardo Capelo	00:24:15	00:48:18	00:47:38	1843		Senior	449	00:04:00	1697
1862	8750	João Nunes	00:23:38	00:48:19	00:47:42	1873		Senior	450	00:04:01	1762



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
1863	2864	Joao Barata	00:23:41	00:48:19	00:48:16	2053	clube bbva	V50	129	00:04:05	2035
1864	1922	Carlos Fachada	00:23:43	00:48:19	00:47:42	1872	Synopsys Runners	V40	384	00:04:10	2373
1865	3801	Fernando Silva	00:24:48	00:48:19	00:47:47	1912	Amigos Vale Silencio	V50	130	00:04:06	2108
1866	111	Carlos Teixeira	00:23:53	00:48:20	00:47:35	1828		V50	131	00:04:07	2185
1867	10109	Gilson Bernardo	00:25:23	00:48:20	00:44:12	973	CGI	V35	406	00:04:19	2985
1868	6262	Joao Simoes	00:23:16	00:48:20	00:47:59	1961		V35	407	00:04:25	3392
1869	7983	Nuno Santos	00:23:41	00:48:20	00:47:44	1891		Senior	451	00:04:07	2177
1870	3963	Pedro Cardoso	00:23:17	00:48:20	00:48:00	1968		Senior	452	00:04:26	3460
1871	6092	João Aguiar	00:24:05	00:48:20	00:48:11	2030		Senior	453	00:04:08	2282
1872	2316	Rui Rodrigues	00:23:41	00:48:21	00:47:51	1924		V35	408	00:04:15	2728
1873	2722	Miguel Tavares	00:24:06	00:48:21	00:47:48	1913		V40	385	00:04:02	1807
1874	10318	Nuno Freitas	00:23:42	00:48:21	00:48:17	2064		V35	409	00:04:02	1801
1875	9767	Diogo Pinto	00:23:42	00:48:22	00:48:17	2063		V35	410	00:04:14	2651
1876	8892	Manuel Peras	00:23:16	00:48:22	00:48:11	2027		V55	73	00:03:59	1638
1877	658	Henrique Ruivo	00:23:30	00:48:22	00:48:03	1984		V50	132	00:04:09	2353
1878	1244	Graça Roldão	00:23:50	00:48:22	00:47:53	1937		V50	2	00:04:08	2253
1879	4734	Rui Ribeiro	00:24:35	00:48:23	00:47:39	1853	Clube EDP - Lisboa	V35	411	00:04:09	2321
1880	8585	Joaquim Guerra	00:23:31	00:48:23	00:48:13	2037	Grupo Recreativo e Desportivo Ribeira da Lage	V50	133	00:04:09	2320
1881	3211	Carlos Venâncio	00:23:36	00:48:23	00:48:06	1999	CLUBE COLABORADORES AXA	V50	134	00:04:10	2361



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1882	4952	Jose Agapito	00:24:10	00:48:23	00:47:47	1911		V45	226	00:04:07	2194
1883	7756	Francisco Mendes	00:24:19	00:48:23	00:47:42	1871		V50	135	00:04:04	1956
1884	6904	Manuel Lopesdacosta	00:23:15	00:48:24	00:48:23	2093	PepeRapido	V45	227	00:04:07	2195
1885	9094	Carlos Pereira	00:23:34	00:48:24	00:48:10	2025		V45	228	00:05:10	5984
1886	7997	Pedro Xavier	00:22:52	00:48:25	00:48:22	2089	PepeRapido	Senior	454	00:04:19	2972
1887	684	Carlos Rangel	00:24:44	00:48:25	00:47:45	1897		V60	27	00:04:03	1866
1888	4636	Joaquim Sereno	00:23:06	00:48:25	00:48:24	2097		V35	412	00:04:07	2179
1889	5331	João Costa	00:23:57	00:48:25	00:47:58	1958		Senior	455	00:04:18	2878
1890	165	Rui Sá	00:23:24	00:48:25	00:48:15	2048		Senior	456	00:04:13	2579
1891	4688	Bruno Maciel	00:25:10	00:48:25	00:47:46	1898		Senior	457	00:03:56	1466
1892	4477	Ângelo Chalo	00:25:29	00:48:25	00:47:41	1869	Caracóis Running Team	Senior	458	00:03:53	1297
1893	8283	Hugo Figueiredo	00:24:00	00:48:25	00:47:49	1917		Senior	459	00:04:11	2490
1894	2573	Marta Anselmo	00:24:06	00:48:25	00:47:55	1948		V40	18	00:04:22	3187
1895	1038	Carlos Simões	00:23:36	00:48:25	00:48:20	2078		V35	413	00:04:17	2838
1896	3268	Joao Lazaro	00:23:20	00:48:26	00:48:03	1987	SappecGroup Team	Senior	460	00:04:10	2367
1897	3109	Renato Constâncio	00:23:17	00:48:26	00:48:04	1991	Timão	Senior	461	00:04:07	2178
1898	10108	Ricardo Firmino	00:25:22	00:48:26	00:44:19	997	CGI	V35	414	00:04:09	2319
1899	925	Luis Oliveira	00:23:17	00:48:26	00:48:03	1988	BRRnightRUNNERS - Barreiro	V40	386	00:04:12	2530
1900	3085	Nuno Simões	00:24:03	00:48:26	00:47:55	1950	CCD Crédito Agrícola Mútuo	V35	415	00:04:07	2184

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
1901	1687	Emanuel Ribeiro	00:23:30	00:48:26	00:47:46	1899		Senior	462	00:04:32	3794
1902	6266	João Feliciano	00:23:43	00:48:27	00:48:12	2035		Senior	463	00:04:25	3386
1903	2115	José Figueiredo	00:24:18	00:48:27	00:47:51	1929		V40	387	00:04:09	2344
1904	5690	Carlos Dias	00:23:17	00:48:27	00:48:15	2047		V35	416	00:04:26	3437
1905	4369	Vitor Almeida	00:23:52	00:48:28	00:48:26	2106	CLUBE MILLENNIUM BCP	V50	136	00:03:56	1464
1906	8846	Rui Pinto	00:23:56	00:48:28	00:48:02	1978	ASC - Alhandra Cotas	V40	388	00:04:07	2205
1907	3149	Nelson Carrasquinha	00:24:44	00:48:28	00:47:54	1944	Homem Bala	V35	417	00:04:05	2039
1908	1751	João Cuto	00:25:13	00:48:29	00:47:17	1739		V35	418	00:03:40	712
1909	223	Tiago Pinto	00:23:40	00:48:29	00:48:17	2059		V35	419	00:04:15	2745
1910	719	Fernando Fiéis	00:23:37	00:48:29	00:48:09	2020		V40	389	00:04:19	2957
1911	6962	Diogo Silva	00:23:45	00:48:29	00:48:17	2062		V45	229	00:04:08	2280
1912	3481	Fábio Pereira	00:25:18	00:48:29	00:47:56	1951	Sporting Clube de Casainhos	Senior	464	00:03:42	811
1913	143	Bruno Pandaio	00:23:51	00:48:30	00:48:09	2018		V35	420	00:03:42	808
1914	502	Jorge Varatojo	00:22:52	00:48:30	00:48:03	1983		V45	230	00:04:16	2766
1915	6547	Martin Santos	00:23:21	00:48:30	00:48:16	2052		Senior	465	00:04:01	1779
1916	924	Dinis Ribas	00:23:36	00:48:30	00:48:19	2074		V40	390	00:04:13	2561
1917	356	Oleksandr Bodyanchuk	00:24:05	00:48:30	00:48:07	2009		Junior	66	00:04:11	2487
1918	362	Marco Cachinho	00:24:08	00:48:31	00:47:43	1881	Kaninos	Senior	466	00:04:09	2346
1919	10518	Bernardo Gaivão	00:23:44	00:48:31	00:47:51	1923		Senior	467	00:04:14	2655



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
1920	6754	Daniel Feiteirona	00:24:28	00:48:31	00:47:46	1904		Senior	468	00:03:54	1353
1921	4099	Carlos Costa	00:24:09	00:48:31	00:48:05	1996		V45	231	00:04:06	2090
1922	2699	Rita Novo	00:24:09	00:48:31	00:48:05	1995		V35	18	00:04:06	2091
1923	3870	Paulo Sarroeira	00:23:40	00:48:32	00:48:15	2049		V40	391	00:04:12	2547
1924	4996	Pedro Óscar	00:24:16	00:48:32	00:48:00	1966		V40	392	00:04:08	2279
1925	5175	Jose Rodrigues	00:23:47	00:48:32	00:47:56	1952		V55	74	00:04:22	3180
1926	7327	Alexandre Paulo	00:25:37	00:48:32	00:47:34	1826		V35	421	00:03:59	1631
1927	83	Antonio Carvalho	00:23:01	00:48:32	00:48:28	2116		V40	393	00:04:24	3288
1928	5563	Vitor Pereira	00:23:48	00:48:33	00:47:51	1925		V35	422	00:04:04	1929
1929	9263	Frederico Baião	00:25:30	00:48:33	00:47:20	1750		Senior	469	00:03:37	608
1930	2982	Nuno Fialho	00:24:14	00:48:33	00:47:50	1918	H2Ovita	V35	423	00:04:08	2218
1931	884	Gonçalo Rey	00:24:07	00:48:33	00:47:41	1866		V35	424	00:04:02	1818
1932	1625	Sérgio Lopes	00:23:49	00:48:33	00:47:59	1963		V40	394	00:04:08	2215
1933	1809	Nuno Macedo	00:24:35	00:48:33	00:47:43	1882		V35	425	00:04:12	2517
1934	2833	João Leitão	00:23:56	00:48:33	00:48:07	2012	RunLovers	V40	395	00:04:11	2460
1935	3809	Nuno Moleiro	00:24:04	00:48:33	00:47:59	1964		V35	426	00:04:15	2686
1936	2989	Manuel Pereira	00:24:05	00:48:34	00:48:07	2013		V55	75	00:04:03	1878
1937	954	Roberto Silva	00:21:47	00:48:34	00:48:24	2099		V40	396	00:04:29	3611
1938	9849	Pedro Lopes	00:24:06	00:48:34	00:47:57	1955		V35	427	00:04:10	2368

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
1939	5669	Nuno Anastacio	00:23:42	00:48:34	00:48:07	2006	RunLovers	V35	428	00:04:13	2591
1940	2862	Nuno Marques	00:23:35	00:48:34	00:48:28	2117	Resmas	Senior	470	00:04:09	2327
1941	132	José Calheiros	00:24:29	00:48:35	00:47:44	1887		V40	397	00:03:49	1100
1942	5241	Nuno Carvalho	00:23:39	00:48:35	00:48:23	2092		Senior	471	00:04:23	3255
1943	3052	Ricardo Cunha	00:23:32	00:48:35	00:47:46	1901	GURUS	Senior	472	00:04:14	2631
1944	781	Mauricio Costa	00:24:10	00:48:35	00:48:18	2067		V45	232	00:04:11	2479
1945	4388	Carlos Dinis	00:23:46	00:48:35	00:48:34	2152	CLUBE MILLENNIUM BCP	V50	137	00:04:14	2632
1946	7243	Gleiber Mendes	00:25:03	00:48:35	00:46:34	1554	4Client	V35	429	00:03:52	1270
1947	4178	Rui Matos	00:24:19	00:48:35	00:47:55	1946	Be2Run	V35	430	00:04:04	1947
1948	3741	Jorge Banha	00:23:05	00:48:35	00:48:26	2109	Gatos Fedorentos	V35	431	00:04:26	3432
1949	5172	Pedro Leitao	00:23:27	00:48:35	00:48:27	2113		V40	398	00:04:04	1940
1950	916	Manuel Gonçalves	00:24:39	00:48:36	00:47:47	1910		V40	399	00:04:02	1845
1951	2503	Gonçalo Barradas	00:22:56	00:48:36	00:48:36	2163	CASA DO PESSOAL DA RTP	V35	432	00:04:27	3510
1952	2609	Antonio Alves	00:23:52	00:48:36	00:48:18	2069	MARRIOTT LISBOA	V50	138	00:04:24	3287
1953	1416	Paulo Santos	00:24:01	00:48:36	00:48:12	2036		V50	139	00:04:11	2478
1954	4562	Faizal Ismael	00:23:47	00:48:36	00:47:51	1921		V35	433	00:04:17	2837
1955	4433	Pedro Santos	00:23:27	00:48:36	00:48:09	2017	CLUBE MILLENNIUM BCP	Senior	473	00:04:31	3769
1956	6375	Nuno Antunes	00:24:55	00:48:36	00:47:37	1838		V45	233	00:04:01	1741
1957	134	Rui Ferreira	00:24:14	00:48:37	00:48:04	1994		V40	400	00:03:52	1271



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1958	1334	Paulo Esperança	00:23:36	00:48:37	00:48:23	2091		V40	401	00:04:03	1860
1959	9949	Fernando Silva	00:23:56	00:48:37	00:48:06	2005		V55	76	00:04:04	1941
1960	1520	António Santos	00:23:31	00:48:37	00:48:27	2111	Volkswagen Autoeuropa	V50	140	00:04:07	2210
1961	7638	Gonçalo Silva	00:24:17	00:48:37	00:47:36	1831	afrs	V35	434	00:04:14	2645
1962	8720	Eliseu Almeida	00:23:34	00:48:37	00:48:27	2112		V55	77	00:04:17	2832
1963	5323	Luis Viera	00:24:35	00:48:37	00:47:59	1965	CCD Sintrense	V45	234	00:04:06	2131
1964	7473	Ruben Gonçalves	00:24:12	00:48:37	00:48:18	2070		V35	435	00:04:05	2006
1965	7549	Horácio Ferreira	00:23:14	00:48:37	00:48:26	2108		V45	235	00:04:22	3205
1966	4547	Mário Oliveira	00:24:28	00:48:38	00:48:29	2128		V35	436	00:04:07	2191
1967	7868	Pedro Vendeirinho	00:23:26	00:48:38	00:48:16	2055		V45	236	00:04:17	2824
1968	8432	Pedro Seixas	00:24:21	00:48:38	00:48:29	2122		Senior	474	00:04:00	1728
1969	5916	Filipe Coelho	00:25:01	00:48:38	00:47:09	1696	SapacGroup Team	V35	437	00:04:08	2213
1970	4273	Eulália Almeida	00:24:13	00:48:38	00:48:02	1977	ROTAPRO	V35	19	00:04:12	2556
1971	2420	João Gameiro	00:23:33	00:48:38	00:48:12	2034	Escola Atletismo Rui Silva	V60	28	00:03:59	1629
1972	6217	Eduardo Ferreira	00:24:10	00:48:38	00:48:37	2167		V35	438	00:03:49	1117
1973	52	Antonio Iria	00:23:42	00:48:39	00:48:11	2029		V45	237	00:04:10	2392
1974	2908	Liliana Baltazar	00:24:48	00:48:39	00:48:00	1967	Correr Lisboa	Senior	36	00:04:09	2350
1975	197	Romao Santos	00:23:45	00:48:39	00:48:25	2102	Magic Runners	V40	402	00:04:08	2244
1976	5780	Bruno Galdes	00:23:36	00:48:39	00:48:36	2165	Os Beirões no Ribatejo	V35	439	00:04:04	1959

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1977	7204	Hugo Miguel	00:24:22	00:48:39	00:47:55	1945	Árbitros	V35	440	00:04:41	4336
1978	9766	Luís Martins	00:24:07	00:48:40	00:48:36	2160		V50	141	00:04:04	1953
1979	9212	Zulmira Belo	00:23:29	00:48:40	00:48:39	2179		V45	18	00:04:06	2124
1980	5149	Daniel Mota	00:23:30	00:48:40	00:48:31	2134		V40	403	00:04:09	2349
1981	1088	Pedro Viegas	00:23:26	00:48:40	00:48:21	2082		Senior	475	00:04:17	2872
1982	2635	Rui Pires	00:22:53	00:48:40	00:48:39	2178	Equipa Dos Lentos	V35	441	00:04:21	3126
1983	1827	Ricardo Canas	00:24:46	00:48:41	00:48:16	2051		V40	404	00:04:07	2182
1984	149	João Antunes	00:24:01	00:48:41	00:48:18	2068		V55	78	00:04:15	2704
1985	377	Nuno Oliveira	00:24:11	00:48:42	00:48:01	1969	Santos e Oliveira Lda	V35	442	00:04:11	2431
1986	2350	Hugo Guerreiro	00:23:02	00:48:42	00:48:12	2031		V35	443	00:04:24	3337
1987	8225	Maria Sa	00:24:42	00:48:42	00:47:34	1819	COAC	Senior	37	00:04:15	2703
1988	155	Antonio Ribeiro	00:23:41	00:48:42	00:48:12	2033		V45	238	00:04:07	2176
1989	6557	Gonçalo Santos	00:24:43	00:48:42	00:48:06	2002		Senior	476	00:03:52	1267
1990	8224	Hugo Agua	00:24:41	00:48:43	00:47:34	1821	COAC	Senior	477	00:04:15	2701
1991	3451	Jorge Nunes	00:26:03	00:48:43	00:47:12	1712	GD Banco BPI	V35	444	00:03:51	1200
1992	9736	Ivone Duarte	00:24:45	00:48:43	00:48:07	2010	Urban Hiit	Senior	38	00:04:02	1832
1993	5418	Carlos Cerqueira	00:23:35	00:48:43	00:48:14	2040		V35	445	00:04:41	4345
1994	2049	Pedro Filipe	00:24:42	00:48:43	00:48:02	1975	Clube Atletismo Amigos de Belém	Senior	478	00:04:02	1843
1995	5966	Carlos Mauricio	00:24:07	00:48:43	00:48:26	2107	CLAC - Entroncamento	V50	142	00:04:07	2212



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1996	128	Silvio Paiva	00:24:12	00:48:43	00:48:17	2060		V60	29	00:03:58	1594
1997	9858	Pedro Borges	00:23:52	00:48:44	00:48:10	2023		V35	446	00:03:54	1349
1998	150	Fernando Oliveira.	00:23:11	00:48:44	00:48:32	2139		V45	239	00:04:17	2858
1999	914	Bruno Ruas	00:24:03	00:48:44	00:48:03	1989		V40	405	00:04:22	3154
2000	3246	Nelson Brito	00:24:00	00:48:44	00:48:17	2061	Rail Runners	V40	406	00:04:17	2850
2001	3959	João Marques	00:24:13	00:48:45	00:48:02	1974	CCD TRANQUILIDADE	V40	407	00:04:06	2114
2002	3173	Joaquim Dias	00:24:37	00:48:45	00:48:20	2075		V40	408	00:03:35	559
2003	3954	Luís Passos	00:24:13	00:48:45	00:48:02	1973	CCD TRANQUILIDADE	V40	409	00:04:06	2123
2004	6799	João Rodrigues	00:24:01	00:48:45	00:48:23	2090		V35	447	00:04:11	2423
2005	455	Rui Belo	00:24:38	00:48:46	00:48:11	2026		V35	448	00:04:04	1928
2006	3391	Natalia Pinho	00:24:38	00:48:46	00:48:12	2032		V50	3	00:04:04	1944
2007	5949	Eduardo Álvaro	00:24:16	00:48:46	00:48:32	2142		V55	79	00:04:07	2197
2008	9783	Helder Esteves	00:23:19	00:48:46	00:48:40	2185	Run Away Team	V35	449	00:04:29	3629
2009	9781	Paula Nunes	00:23:25	00:48:46	00:48:40	2191		V40	19	00:04:16	2805
2010	9809	João Rodrigues	00:23:25	00:48:46	00:48:40	2186		V50	143	00:04:15	2697
2011	9786	Pedro Castanha	00:23:01	00:48:46	00:48:41	2197	Run Away Team	V35	450	00:04:37	4058
2012	5106	Nelson Gomes	00:24:13	00:48:46	00:48:02	1979		V35	451	00:04:16	2816
2013	3073	Andreia Rodrigues	00:23:48	00:48:46	00:48:31	2136	CCD Crédito Agrícola Mútuo	V35	20	00:04:09	2336
2014	3769	João Reis	00:23:43	00:48:47	00:48:21	2081	Academia Fitness Militar	V35	452	00:04:12	2552



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2015	1646	João Pereira	00:24:25	00:48:47	00:48:22	2086	SAPATISTAS	V50	144	00:04:16	2811
2016	980	Jose Correia	00:23:21	00:48:47	00:48:37	2170		V55	80	00:04:09	2354
2017	5361	Paula Tempêro	00:25:48	00:48:48	00:47:52	1935	GDC Fidelidade	V40	20	00:03:57	1547
2018	4989	Nelson Cardoso	00:23:44	00:48:48	00:48:26	2110	Os Galgos de Tancos	V40	410	00:04:19	2994
2019	169	Tomás Pipa	00:24:02	00:48:49	00:48:08	2015		Senior	479	00:04:16	2804
2020	1533	Idalécio Barros	00:23:47	00:48:50	00:48:28	2120		V60	30	00:04:07	2203
2021	4849	André Belezas	00:23:57	00:48:50	00:48:22	2087		Senior	480	00:04:43	4460
2022	296	João Antunes	00:23:31	00:48:50	00:48:25	2104		V45	240	00:04:17	2826
2023	4575	Rita Machado	00:24:26	00:48:50	00:48:13	2038	Forrest Gumpinas	Senior	39	00:04:23	3241
2024	2143	Francisco Pereira	00:24:21	00:48:51	00:48:41	2194	Açoreana Clube Banif	V45	241	00:04:07	2199
2025	3912	Afonso Casqueiro	00:24:41	00:48:51	00:48:10	2022		Junior	67	00:03:57	1557
2026	7573	Rui Alves	00:23:46	00:48:51	00:48:33	2150		Senior	481	00:04:18	2900
2027	3262	Filipe Ferrador	00:25:22	00:48:52	00:47:24	1774	SaptecGroup Team	Senior	482	00:04:04	1979
2028	6372	Carlos Correia	00:23:19	00:48:52	00:48:39	2180		V35	453	00:04:20	3060
2029	9800	Francisco Sousa	00:24:54	00:48:52	00:48:03	1990		Senior	483	00:04:14	2634
2030	372	Tiago Andrade	00:22:11	00:48:53	00:48:50	2238		Senior	484	00:05:24	6521
2031	10588	Alexandre Silva	00:25:32	00:48:53	00:48:28	2121		V35	454	00:04:10	2365
2032	7821	Paulo Marques	00:24:13	00:48:53	00:48:11	2028		V40	411	00:04:03	1916
2033	1550	Carlos Santos	00:25:21	00:48:53	00:48:16	2054		V40	412	00:03:51	1190



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2034	6752	Nuno Damiães	00:24:00	00:48:53	00:48:07	2008	Team do Bairro	Senior	485	00:04:13	2610
2035	8447	Christoph Fetkenheuer	00:24:50	00:48:53	00:48:06	1997		Senior	486	00:04:01	1768
2036	249	Pedro Maria	00:24:42	00:48:53	00:48:14	2045		Senior	487	00:03:55	1411
2037	2094	Joana Cunha	00:25:47	00:48:54	00:47:39	1855	AASM - Triatlo	Senior	40	00:03:48	1057
2038	3452	José Gama	00:24:22	00:48:54	00:48:31	2137	GD Banco BPI	V45	242	00:04:08	2232
2039	9084	Pedro Silva	00:25:16	00:48:54	00:47:56	1953		V40	413	00:04:01	1751
2040	7092	Pedro Cordeiro	00:23:58	00:48:54	00:48:49	2231	INDEG-ISCTE	V40	414	00:04:09	2343
2041	1325	Mário Almeida	00:22:42	00:48:55	00:48:34	2153		Senior	488	00:04:33	3832
2042	371	Luis Cecilio	00:23:21	00:48:55	00:48:44	2209		V40	415	00:04:15	2727
2043	454	João Medinas	00:23:51	00:48:55	00:48:31	2133		V40	416	00:04:14	2640
2044	673	Joao Vieira	00:24:32	00:48:55	00:48:29	2125		Senior	489	00:04:11	2444
2045	3721	Frederico Pinto	00:24:19	00:48:55	00:48:07	2011		V35	455	00:04:11	2426
2046	9397	Luis Jacinto	00:23:25	00:48:56	00:48:46	2224		V45	243	00:04:22	3173
2047	7024	Hugo Sousa	00:24:22	00:48:56	00:48:41	2192	Núcleo Sportinguista de Galveias	V35	456	00:04:08	2266
2048	2282	José Morais	00:23:08	00:48:56	00:48:47	2227	N.A."OS PAPAGAIOS DE CASCAIS"	V50	145	00:04:25	3376
2049	10052	Anibal Carvalho	00:23:29	00:48:56	00:48:48	2229	A.M.Atibá	V60	31	00:04:30	3712
2050	7941	Carlos Chaves	00:24:03	00:48:56	00:48:40	2184	SS CGD	V40	417	00:04:22	3184
2051	7515	Bruno Garcia	00:24:15	00:48:56	00:48:20	2077		V35	457	00:03:55	1404
2052	2950	Miguel Bastos	00:23:58	00:48:56	00:48:41	2196	GDINE	V45	244	00:04:18	2897



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2053	24	Pedro Pinho	00:23:14	00:48:57	00:48:37	2172		Senior	490	00:04:00	1738
2054	189	João Marreiros	00:24:08	00:48:57	00:48:14	2044	Sea Wolfs	V40	418	00:04:05	1985
2055	2838	Sandro Pinto	00:24:17	00:48:57	00:48:28	2118	RunLovers	V35	458	00:04:09	2342
2056	2529	João Simões	00:24:01	00:48:57	00:48:29	2124		V50	146	00:04:15	2744
2057	8222	Antonio Joaquim	00:23:15	00:48:57	00:48:41	2193		Senior	491	00:04:35	3970
2058	4260	Bruno Almendra	00:24:57	00:48:57	00:47:34	1822	Branças de Neve e os Sacanões	Senior	492	00:04:13	2580
2059	2640	Fred Manuel	00:24:09	00:48:58	00:48:40	2182	Equipa Dos Lentos	V35	459	00:04:07	2208
2060	7860	Jose Lopes	00:23:40	00:48:58	00:48:55	2259		V45	245	00:04:16	2819
2061	7259	Diogo Godinho	00:23:51	00:48:58	00:48:53	2251		Senior	493	00:04:29	3606
2062	692	Filipe Sergio	00:24:10	00:48:59	00:48:38	2175	06:30	V40	419	00:04:06	2077
2063	3314	Jony Pereira	00:24:58	00:48:59	00:48:23	2095	GRCD Leião	Senior	494	00:04:02	1851
2064	9442	Joao Calisto	00:23:57	00:48:59	00:48:23	2094		V50	147	00:04:21	3123
2065	2777	Miguel Dias	00:23:38	00:48:59	00:48:37	2173	GDC Porto Sines	V40	420	00:04:01	1754
2066	9502	José Filipe	00:24:11	00:49:00	00:48:44	2217		V50	148	00:04:11	2433
2067	6132	Rui Duarte	00:24:05	00:49:00	00:48:34	2151	Caracóis de Pedra	Senior	495	00:04:20	3044
2068	8196	Miguel Gaivão	00:24:00	00:49:01	00:48:44	2211		V50	149	00:04:22	3203
2069	8936	Mónica Fonseca	00:25:09	00:49:01	00:48:14	2041		Senior	41	00:03:50	1177
2070	4829	Pedro Rodrigues	00:23:37	00:49:02	00:48:53	2250		Senior	496	00:04:12	2531
2071	2552	Nuno Baixinho	00:24:08	00:49:02	00:48:19	2071	RUNSOX RUNNERS	V35	460	00:04:11	2430



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2072	2626	Ricardo Silva	00:24:21	00:49:02	00:48:32	2138	ACLIS LIBERTY SEGUROS	Senior	497	00:04:11	2428
2073	5686	Catarina Costa	00:23:45	00:49:02	00:48:49	2232	Pés Troikados	Senior	42	00:04:12	2526
2074	3424	Gabriel Lúcio	00:24:23	00:49:02	00:48:24	2098		Senior	498	00:04:06	2056
2075	9678	Manuel Romarigo	00:24:21	00:49:03	00:47:51	1926		V40	421	00:04:12	2525
2076	1942	Paulo Palminha	00:23:55	00:49:03	00:48:29	2126		V40	422	00:04:12	2522
2077	1355	Mariana Marques	00:24:10	00:49:03	00:48:41	2198		Senior	43	00:04:10	2420
2078	3111	Bruno Martiniano	00:24:00	00:49:03	00:48:17	2057	Lenita Runners & Sportbillys	V35	461	00:03:51	1186
2079	7797	Lúcio Luís	00:25:39	00:49:03	00:47:28	1789	Chitas de Alcobaca	Senior	499	00:03:55	1418
2080	7913	Rui Mestre	00:24:46	00:49:03	00:48:32	2144		V40	423	00:04:04	1932
2081	7912	Rui Parola	00:24:46	00:49:03	00:48:33	2149		V40	424	00:04:04	1935
2082	8473	Pedro Faustino	00:25:40	00:49:03	00:47:29	1793	Chitas de Alcobaca	V35	462	00:03:56	1490
2083	9818	Paulo Pereira	00:26:21	00:49:04	00:44:02	929		Senior	500	00:03:49	1132
2084	5467	João Mântua	00:27:42	00:49:04	00:43:48	884		Senior	501	00:03:49	1137
2085	2302	Jorge Gonçalves	00:24:04	00:49:05	00:48:40	2190	Tálenos Team	Senior	502	00:04:18	2925
2086	2156	Nélson Cabaço	00:24:09	00:49:05	00:48:33	2148	Açoreana Clube Banif	V40	425	00:04:18	2930
2087	10110	João Coelho	00:25:26	00:49:05	00:44:57	1130	CGI	Senior	503	00:04:13	2616
2088	7858	Artur Alfama	00:23:58	00:49:05	00:48:44	2213		V35	463	00:04:19	2962
2089	641	Luis Leite	00:24:00	00:49:05	00:48:37	2168		V40	426	00:04:18	2932
2090	2292	Alexandre Oliveira	00:24:01	00:49:05	00:48:44	2216		V35	464	00:04:17	2859



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2091	274	Pedro Matos	00:24:50	00:49:05	00:48:30	2129		V50	150	00:03:59	1639
2092	8829	Rafael Rodrigues	00:24:11	00:49:05	00:47:38	1848	EXICTOS Running Team	Senior	504	00:04:48	4751
2093	229	Alexandre Dâmaso	00:23:24	00:49:05	00:49:00	2289		V45	246	00:04:06	2055
2094	9065	Monica Teixeira	00:23:53	00:49:06	00:48:54	2257	A.M.Atibá	Senior	44	00:04:11	2441
2095	9833	Luis Pereira	00:22:46	00:49:06	00:49:00	2290		V50	151	00:04:26	3454
2096	5344	Jose Palma	00:23:41	00:49:06	00:48:43	2206		V45	247	00:04:17	2842
2097	2996	Moises Garcia	00:24:53	00:49:06	00:48:32	2141		V35	465	00:04:06	2051
2098	6812	Jacinto Batista	00:24:16	00:49:07	00:48:31	2135		V55	81	00:04:02	1842
2099	7724	Márcio Figueiredo	00:23:35	00:49:07	00:48:57	2271		Senior	505	00:04:30	3684
2100	5278	Davide Cardeira	00:26:27	00:49:07	00:47:40	1861		Senior	506	00:03:43	838
2101	5670	Rui Almeida	00:25:25	00:49:07	00:47:33	1815	GO!Runners	Senior	507	00:03:55	1419
2102	8352	Nuno Zulmiro	00:24:42	00:49:08	00:48:36	2166		V40	427	00:04:05	2034
2103	10424	Ana Lemos	00:18:44	00:49:08	00:48:58	2283		V35	21	00:05:02	5535
2104	5305	Agostinho Valente	00:24:05	00:49:08	00:48:58	2280	Falcões Selvagens	V40	428	00:03:54	1351
2105	4950	João Fernandes	00:23:47	00:49:08	00:48:56	2268		V35	466	00:04:15	2730
2106	5954	Jose Teixeira	00:26:51	00:49:08	00:47:31	1802		V40	429	00:03:42	816
2107	7240	Rui Borralho	00:24:39	00:49:08	00:48:42	2202	G D C Banco de Portugal	V40	430	00:04:06	2073
2108	19	João Baptista	00:24:02	00:49:08	00:48:20	2079		V45	248	00:04:17	2866
2109	8481	Luis Martins	00:24:14	00:49:08	00:48:28	2115		V40	431	00:04:20	3042



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2110	10304	Miguel Castilho	00:23:59	00:49:08	00:48:09	2019		Senior	508	00:04:32	3788
2111	4177	João Santos	00:24:28	00:49:08	00:49:02	2304		V40	432	00:04:04	1967
2112	5647	Edgar Conceição	00:24:55	00:49:09	00:48:10	2024		V35	467	00:04:03	1863
2113	6862	Claudio Ferreira	00:25:08	00:49:10	00:48:18	2065		V35	468	00:03:55	1412
2114	2945	Nuno Valente	00:23:49	00:49:10	00:48:36	2156	GDINE	V45	249	00:04:03	1874
2115	6313	Rui Carvalho	00:25:04	00:49:10	00:48:45	2221	VdAtletas	V50	152	00:03:58	1617
2116	9853	Joana Domingos	00:24:53	00:49:10	00:48:32	2143		V35	22	00:04:12	2532
2117	2071	Jose Mouquinho	00:23:33	00:49:10	00:49:03	2309		V40	433	00:04:13	2563
2118	2377	Luis Esteves	00:25:36	00:49:11	00:47:15	1732	Famelga	V45	250	00:03:48	1054
2119	8489	Pedro Sesões	00:23:12	00:49:11	00:48:55	2261		V45	251	00:04:18	2874
2120	9064	Viriato Figueiras	00:22:41	00:49:11	00:49:06	2329	A.M.Atibá	Junior	68	00:04:30	3687
2121	1356	Luis Marques	00:24:41	00:49:12	00:48:45	2219	RB RUNNING	V55	82	00:04:07	2181
2122	6263	Francisco Silva	00:24:21	00:49:12	00:48:58	2275	Falcões Selvagens	V50	153	00:04:04	1966
2123	7201	Filipe Ribeiro	00:24:33	00:49:12	00:48:32	2146	HP CLUB	V40	434	00:04:08	2261
2124	1438	Joaquim Condeça	00:24:08	00:49:12	00:48:29	2123		V40	435	00:04:09	2341
2125	1784	António Nicolau	00:24:33	00:49:12	00:48:32	2147		V55	83	00:04:08	2264
2126	2124	Vitor Santos	00:23:33	00:49:12	00:48:46	2225	Escola Atletismo Rui Silva	V50	154	00:04:47	4711
2127	90	Joao Braz	00:23:58	00:49:13	00:48:40	2189	Clube de Atletismo Odimarq	V50	155	00:04:28	3583
2128	304	Samuel Trancoso	00:23:54	00:49:13	00:49:04	2317	BRRnightRUNNERS - Barreiro	V45	252	00:04:19	2961



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2129	917	João Afonso	00:23:53	00:49:13	00:48:55	2260		V40	436	00:04:31	3762
2130	9756	Sérgio Faia	00:24:44	00:49:13	00:48:37	2169	Urban Hiit	V35	469	00:04:07	2209
2131	7090	Paulo Branco	00:24:38	00:49:13	00:48:32	2145	INDEG-ISCTE	V45	253	00:04:01	1760
2132	9726	Elisabete Fonseca	00:24:44	00:49:13	00:48:36	2161	Urban Hiit	V35	23	00:04:07	2207
2133	4197	Diogo Fernando	00:24:50	00:49:13	00:48:28	2119	ADRC Mata de Benfica	Senior	509	00:04:11	2440
2134	8676	Bruno Silva	00:25:14	00:49:13	00:47:34	1825		Senior	510	00:04:37	4059
2135	5469	João Caetano	00:23:45	00:49:13	00:49:11	2353		V40	437	00:04:18	2880
2136	3930	Carlos Arraiolos	00:25:37	00:49:13	00:48:44	2214		Senior	511	00:04:07	2202
2137	7518	Luís Pedro	00:23:47	00:49:13	00:49:03	2305		V40	438	00:04:12	2510
2138	5290	Luis Calha	00:23:31	00:49:14	00:49:12	2361		V45	254	00:04:15	2694
2139	4990	António Assentiz	00:25:09	00:49:14	00:48:51	2243	Os Galgos de Tancos	V35	470	00:03:53	1291
2140	3388	Pedro Rodrigues	00:23:15	00:49:15	00:49:00	2293		V35	471	00:04:12	2520
2141	3538	Eduardo Lagoa	00:23:09	00:49:15	00:49:13	2366	Flytime	V45	255	00:04:20	3025
2142	5275	Vasco Lopes	00:24:38	00:49:15	00:48:37	2171		Senior	512	00:04:22	3202
2143	6463	Afonso Costa	00:24:00	00:49:16	00:48:58	2279		V50	156	00:04:17	2840
2144	738	Guilherme Leite	00:25:31	00:49:17	00:48:19	2073	Leite Runners	Senior	513	00:03:54	1347
2145	3024	Fernando Lima	00:23:59	00:49:17	00:49:04	2315	SS CGD	V45	256	00:04:06	2059
2146	4650	Paulo Lucad	00:26:04	00:49:17	00:46:56	1633		V35	472	00:03:52	1255
2147	1985	André Nunes	00:24:03	00:49:18	00:49:00	2292	Tartarugas	Senior	514	00:04:28	3577



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2148	552	Alexandre Santos	00:23:42	00:49:18	00:49:07	2333		V35	473	00:04:16	2810
2149	5610	Joaquim Antunes	00:25:11	00:49:18	00:48:38	2176	SS CGD	V35	474	00:04:07	2141
2150	4710	Cláudia Correia	00:24:18	00:49:18	00:49:15	2378		V35	24	00:04:09	2340
2151	1108	Filipe Gonçalves	00:23:45	00:49:18	00:49:09	2345		V35	475	00:04:11	2425
2152	3196	Luís Matos	00:24:10	00:49:18	00:48:50	2240		V45	257	00:04:02	1853
2153	9638	Nuno Dimas	00:25:30	00:49:19	00:48:06	2000	InvestQuest, SA.	V45	258	00:03:57	1550
2154	8398	Miguel Veludo	00:24:00	00:49:19	00:49:02	2300		V40	439	00:04:20	3024
2155	9511	Jorge Leite	00:24:07	00:49:20	00:49:04	2319		V45	259	00:04:14	2679
2156	2600	Jorge Oliveira	00:24:57	00:49:20	00:48:41	2195		V50	157	00:04:12	2559
2157	7542	João Silva	00:23:37	00:49:20	00:49:17	2394		Junior	69	00:04:32	3784
2158	9085	Helena Silva	00:24:21	00:49:20	00:49:09	2342		V45	19	00:04:07	2143
2159	3583	Ana Marques	00:24:18	00:49:20	00:49:07	2335	BRRnightRUNNERS - Barreiro	V45	20	00:04:03	1902
2160	6307	João Cadete	00:23:48	00:49:21	00:49:11	2354	VdAtletas	V45	260	00:03:33	480
2161	8174	Bruno Almeida	00:24:57	00:49:21	00:48:40	2183		Senior	515	00:03:58	1588
2162	2592	Carlos Pires	00:24:42	00:49:21	00:48:52	2246		V40	440	00:04:04	1980
2163	9844	Antonio Morezo	00:24:25	00:49:21	00:49:08	2341		V55	84	00:04:09	2339
2164	604	Maurício Marques	00:24:38	00:49:21	00:48:44	2218	Nanos	V40	441	00:04:19	2952
2165	1939	Vitor Aguilar	00:25:05	00:49:21	00:48:53	2255	Run 4 Fun	V60	32	00:04:08	2228
2166	7233	Jorge Rodrigues	00:24:39	00:49:21	00:48:43	2208		V35	476	00:04:09	2338

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
2167	8200	Jorge Pinho	00:24:56	00:49:21	00:48:32	2140		V35	477	00:04:09	2337
2168	755	João Medeiros	00:24:03	00:49:22	00:49:05	2323		V35	478	00:04:14	2677
2169	968	João Alves	00:24:48	00:49:23	00:48:36	2158	Volkswagen Autoeuropa	V45	261	00:04:16	2799
2170	6133	Nuno Serrão	00:24:39	00:49:23	00:48:48	2230		Senior	516	00:04:06	2060
2171	9389	João Teixeira	00:23:39	00:49:23	00:49:14	2374		V40	442	00:04:33	3882
2172	6899	Gil Sousa	00:25:25	00:49:23	00:48:52	2247		V40	443	00:03:57	1512
2173	2577	Fernando Marques	00:24:13	00:49:23	00:49:01	2295		V60	33	00:04:13	2614
2174	8147	Jose Veracruz	00:26:04	00:49:24	00:48:18	2066	eGAS Runners	V35	479	00:03:37	612
2175	7949	Pedro Sequeira	00:23:44	00:49:24	00:49:20	2407	SS CGD	V45	262	00:04:21	3114
2176	6859	Hugo Quental	00:23:45	00:49:24	00:49:16	2384		Senior	517	00:04:14	2638
2177	2693	João Pereira	00:24:57	00:49:24	00:48:48	2228		Senior	518	00:03:54	1370
2178	6117	Bruno Mesquita	00:24:58	00:49:25	00:48:49	2234	Hot Runners	V40	444	00:03:55	1415
2179	6815	Luis Carvalho	00:24:51	00:49:25	00:48:50	2237		V40	445	00:04:12	2543
2180	8040	Rui Vila	00:24:20	00:49:25	00:48:43	2204	Rotaract	Senior	519	00:04:10	2385
2181	6682	Nuno Cruz	00:26:27	00:49:25	00:45:21	1237		Senior	520	00:03:37	631
2182	9762	Nuno Rosado	00:23:50	00:49:25	00:49:24	2433		V35	480	00:04:25	3369
2183	554	Tiago Silva	00:24:01	00:49:25	00:48:49	2235		V35	481	00:03:57	1522
2184	8539	João Fino	00:24:31	00:49:26	00:49:12	2363		Junior	70	00:04:07	2149
2185	8779	Duarte Rato	00:24:01	00:49:26	00:49:03	2311		Senior	521	00:03:58	1585



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2186	4736	Vitor Moreira	00:24:49	00:49:26	00:48:58	2273	Clube EDP - Lisboa	V60	34	00:03:50	1150
2187	1551	Ricardo Mota	00:24:07	00:49:26	00:49:08	2337		V35	482	00:04:14	2653
2188	5292	Raul Coelho	00:23:32	00:49:26	00:49:14	2375		V35	483	00:04:40	4231
2189	775	Marília Macieira	00:24:46	00:49:26	00:49:00	2291	Macieirinhas	V35	25	00:04:01	1755
2190	3417	Pedro Caetano	00:24:23	00:49:26	00:49:09	2343		V45	263	00:04:11	2497
2191	9851	Mario Vitoria	00:24:52	00:49:27	00:48:49	2236		V45	264	00:04:02	1815
2192	1658	Carlos Sousa	00:24:26	00:49:27	00:48:58	2276	Os Perigosos	V55	85	00:04:26	3431
2193	251	José Ferreira	00:23:47	00:49:27	00:48:53	2252		Senior	522	00:04:13	2572
2194	4787	Gonçalo Garcia	00:24:54	00:49:27	00:48:30	2130		Senior	523	00:04:07	2168
2195	963	Carlos Marques	00:24:54	00:49:27	00:48:39	2177		V35	484	00:04:43	4494
2196	1941	André Carvalho	00:26:28	00:49:28	00:48:21	2083		Junior	71	00:03:39	698
2197	2224	Eurico Loureiro	00:23:45	00:49:28	00:49:17	2391		Senior	524	00:04:05	1994
2198	6600	Vanda Fernandes	00:23:34	00:49:28	00:49:16	2387	CCD Crédito Agrícola Mútuo	V35	26	00:04:16	2753
2199	3433	Patrícia Esteves	00:25:00	00:49:28	00:49:06	2328	Run 4 Fun	Senior	45	00:04:11	2501
2200	5816	João Freire	00:25:00	00:49:28	00:48:50	2241	GDCTIN Casa da Moeda	V45	265	00:04:13	2619
2201	1161	João Costa	00:25:01	00:49:28	00:48:40	2187		Senior	525	00:04:23	3260
2202	5159	António Baptista	00:24:26	00:49:28	00:49:06	2330	PELEGAS	V45	266	00:04:10	2386
2203	2713	Helder Santos	00:24:36	00:49:28	00:48:44	2212		Senior	526	00:04:09	2351
2204	9367	Falcão Fernandes	00:23:36	00:49:28	00:49:26	2447	Federação da Família para a Paz Mundial e Unifi	V50	158	00:04:19	3009



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2205	4932	Manuel Paulo	00:23:31	00:49:29	00:49:18	2396	ODEBRECHT PORTUGAL	V55	86	00:04:18	2903
2206	6735	Cirilo Mendes	00:22:53	00:49:29	00:49:22	2423		V35	485	00:04:23	3245
2207	4410	Arlindo Deus	00:25:08	00:49:29	00:49:19	2404	CLUBE MILLENNIUM BCP	V65	6	00:03:55	1430
2208	2020	João Magalhães	00:24:17	00:49:29	00:49:15	2382		V35	486	00:04:25	3368
2209	6753	Hugo Carabineiro	00:25:17	00:49:29	00:48:42	2201	Team do Bairro	V35	487	00:03:51	1218
2210	10364	Miguel Carmo	00:24:47	00:49:29	00:49:12	2364		V40	446	00:04:13	2602
2211	5828	Rui Correia	00:25:33	00:49:29	00:48:51	2242	GDCTIN Casa da Moeda	V35	488	00:04:14	2637
2212	9632	Jorge Silva	00:26:30	00:49:29	00:47:30	1798		Senior	527	00:03:41	781
2213	754	João Serôdio	00:23:28	00:49:30	00:49:15	2383		Senior	528	00:04:18	2885
2214	6172	Daniel Zeferino	00:25:51	00:49:30	00:48:06	2003		Senior	529	00:04:13	2608
2215	291	Nuno Rijo	00:25:20	00:49:30	00:49:03	2307		V35	489	00:04:00	1677
2216	7124	Jose Viegas	00:25:17	00:49:31	00:48:43	2205	INDEG-ISCTE	V35	490	00:04:00	1678
2217	1874	Vanessa Rocha	00:24:56	00:49:31	00:48:57	2272	SS CGD	Senior	46	00:04:04	1923
2218	6470	André Carinhas	00:25:08	00:49:31	00:48:40	2181		V35	491	00:03:54	1343
2219	11	Joel Silva	00:23:59	00:49:31	00:49:21	2418		V40	447	00:04:11	2499
2220	5630	Tiago Avelãs	00:25:08	00:49:31	00:48:45	2222	SS CGD	V35	492	00:04:01	1781
2221	3640	Antonio Sousa	00:24:23	00:49:31	00:49:10	2351		V35	493	00:04:04	1957
2222	4045	Fabio Leitao	00:27:06	00:49:31	00:47:28	1788	RUN CHELAS RUN	Senior	530	00:03:34	515
2223	3402	Filipe Marques	00:24:37	00:49:31	00:49:07	2331		V35	494	00:04:19	2989



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2224	7469	Paula Machado	00:24:12	00:49:31	00:49:21	2421		V60	2	00:04:18	2899
2225	2990	Ana Ramos	00:24:31	00:49:32	00:49:06	2327		V35	27	00:04:12	2539
2226	2225	Gonçalo Silva	00:24:03	00:49:32	00:48:53	2248		V40	448	00:04:23	3254
2227	9817	João Ambrósio	00:24:07	00:49:32	00:49:01	2296		Senior	531	00:04:25	3388
2228	3563	Antonio Fonseca	00:24:53	00:49:32	00:48:58	2282		V45	267	00:04:14	2649
2229	7239	Joaquim Borralho	00:23:45	00:49:32	00:49:31	2481	G D C Banco de Portugal	V65	7	00:04:22	3207
2230	1172	Óscar Oliveira	00:25:56	00:49:33	00:48:02	1980	Os Zatopeques	V45	268	00:04:07	2158
2231	9338	Renato Silva	00:24:03	00:49:33	00:49:11	2355	Winners Team	Senior	532	00:04:18	2937
2232	5486	Nuno Araújo	00:24:27	00:49:33	00:48:59	2287		V40	449	00:04:03	1895
2233	730	João Velez	00:24:55	00:49:34	00:49:01	2297		Senior	533	00:04:21	3134
2234	2514	Rui Esteves	00:26:39	00:49:34	00:47:29	1794	GDC Fidelidade	V40	450	00:03:53	1316
2235	5355	Joao Teixeira	00:23:23	00:49:34	00:49:20	2412		V35	495	00:04:30	3703
2236	5632	Jorge Garcia	00:23:19	00:49:34	00:49:19	2405	Clube ANACOM	V35	496	00:04:10	2391
2237	5091	Sérgio Coimbra	00:24:53	00:49:34	00:48:59	2284		V40	451	00:04:04	1968
2238	7216	Eduardo Aquino	00:24:18	00:49:34	00:49:21	2420		V40	452	00:04:06	2075
2239	4315	Carlos Ramos	00:24:37	00:49:35	00:48:42	2199	CLUBE MILLENNIUM BCP	V45	269	00:04:00	1714
2240	4834	Carlos Rosa	00:25:00	00:49:35	00:49:12	2362	Unidos da Manutenção	V40	453	00:04:05	2024
2241	2579	Joao Vidinha	00:24:39	00:49:35	00:48:52	2245		V40	454	00:04:01	1743
2242	3035	Agostinho Pinto	00:25:49	00:49:35	00:48:35	2155	Bombeiros Voluntários de Montemor-o-Novo	V55	87	00:04:10	2370



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2243	3547	Isabel Ribeiro	00:23:34	00:49:35	00:49:24	2435	Ginásio Clube Português	V40	21	00:04:06	2054
2244	4672	Francisco Silveira	00:24:42	00:49:35	00:48:57	2270		Junior	72	00:03:42	809
2245	1226	Nuno Dantas	00:24:15	00:49:35	00:49:08	2340		V35	497	00:04:19	2975
2246	3230	Jorge Testos	00:24:11	00:49:35	00:49:07	2336	G D C Banco de Portugal	Senior	534	00:04:06	2048
2247	4788	Luís Gonçalves	00:24:00	00:49:36	00:49:00	2294		V35	498	00:04:14	2673
2248	6761	Vitor Revés	00:24:44	00:49:36	00:49:02	2303		V55	88	00:04:22	3155
2249	7251	Paulo Simões	00:26:46	00:49:36	00:47:45	1896	iRun	V40	455	00:04:01	1761
2250	3911	Carlos Silva	00:24:40	00:49:37	00:48:56	2266		V45	270	00:04:04	1965
2251	3798	Paulo Barbeito	00:25:12	00:49:37	00:48:53	2254	Amigos Vale Silencio	V50	159	00:04:03	1864
2252	1426	João Silva	00:24:04	00:49:37	00:49:26	2446		Senior	535	00:04:08	2245
2253	69	Francisco Sardinha	00:23:50	00:49:37	00:49:24	2441		V40	456	00:04:20	3081
2254	3739	Paulo Rodrigues	00:23:23	00:49:37	00:49:28	2458	Gatos Fedorentos	V35	499	00:04:27	3518
2255	7344	Filipe Vale	00:24:29	00:49:37	00:49:20	2410		V35	500	00:03:59	1646
2256	3450	João Antunes	00:25:28	00:49:37	00:49:04	2314	GD Banco BPI	V40	457	00:04:15	2736
2257	8735	Pedro Paixão	00:23:30	00:49:38	00:49:36	2513		Junior	73	00:04:18	2933
2258	9944	Francisco Fernandes	00:26:20	00:49:38	00:47:32	1811		V55	89	00:04:02	1855
2259	6336	Rui Dias	00:22:52	00:49:38	00:49:27	2456		Senior	536	00:04:41	4305
2260	7601	Nuno Rebelo	00:23:35	00:49:38	00:49:09	2346		V35	501	00:04:43	4480
2261	3311	João Cruz	00:25:20	00:49:38	00:48:31	2132	GRCD Leião	V45	271	00:04:06	2058



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2262	3130	Jorge Leitão	00:24:37	00:49:38	00:49:11	2360		V45	272	00:04:09	2333
2263	3323	Francisco Santos	00:23:48	00:49:39	00:49:11	2359		V35	502	00:04:19	2979
2264	3146	Nuno Rito	00:23:18	00:49:39	00:49:18	2399		V35	503	00:05:01	5477
2265	517	Filipe Fernandes	00:24:47	00:49:39	00:49:10	2352	Carlos e os seus alunos	V40	458	00:04:18	2945
2266	2687	Luís Moura	00:24:34	00:49:39	00:49:07	2334		V40	459	00:04:08	2237
2267	4871	Jorge Henriques	00:24:11	00:49:39	00:49:14	2376	JO^3 e CA	Senior	537	00:04:05	2027
2268	7571	Rui Duarte	00:23:38	00:49:39	00:49:30	2473		V40	460	00:04:26	3468
2269	3403	Elsa Moreira	00:24:16	00:49:39	00:49:24	2439		V35	28	00:04:20	3055
2270	4799	Ricardo Videira	00:25:51	00:49:40	00:48:02	1972		Senior	538	00:04:20	3072
2271	112	Miguel Almeida	00:22:55	00:49:40	00:49:29	2471		V35	504	00:04:46	4666
2272	9231	José Coelho	00:23:56	00:49:40	00:49:26	2448		V45	273	00:04:07	2137
2273	1879	João Alves	00:23:59	00:49:41	00:49:10	2348	Air Runners	V35	505	00:04:27	3529
2274	6072	Pedro Passarinho	00:24:14	00:49:41	00:48:58	2281		Senior	539	00:04:12	2541
2275	7590	Ivan N'zau	00:23:46	00:49:42	00:49:24	2437	Unidade 3	V35	506	00:04:12	2548
2276	7485	Luis Paulo	00:24:23	00:49:42	00:49:02	2301	Atletas Ribatejanos	V50	160	00:04:09	2357
2277	2992	Pedro Ventura	00:24:17	00:49:42	00:49:23	2429		V45	274	00:04:14	2659
2278	2141	Fernando Andrade	00:25:02	00:49:42	00:48:58	2278	Açoreana Clube Banif	V60	35	00:04:03	1873
2279	3496	Pedro Almeida	00:25:08	00:49:42	00:48:57	2269		V55	90	00:04:08	2231
2280	4141	Paula Caetano	00:24:05	00:49:42	00:49:29	2469		V40	22	00:04:13	2573



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2281	10557	Nuno Martins	00:24:00	00:49:42	00:49:35	2509		V35	507	00:04:14	2669
2282	8239	Miguel Carvalho	00:24:20	00:49:42	00:49:34	2503		Senior	540	00:04:21	3105
2283	805	Carlos Luis	00:23:13	00:49:42	00:49:26	2445		V40	461	00:04:23	3263
2284	3569	Rui Guerreiro	00:25:22	00:49:42	00:48:46	2223		V40	462	00:04:20	3058
2285	9241	Jose Afonso	00:24:41	00:49:43	00:49:22	2425		V60	36	00:04:11	2498
2286	1779	Ricardo Oliveira	00:26:02	00:49:43	00:47:34	1818		V35	508	00:03:54	1364
2287	5725	Sergio Bastos	00:24:48	00:49:43	00:49:09	2347		V35	509	00:03:57	1515
2288	6098	Ana Marques	00:24:06	00:49:43	00:49:30	2480		V35	29	00:04:14	2681
2289	8711	Vasco Nunes	00:26:26	00:49:43	00:47:31	1804		V35	510	00:04:00	1727
2290	8710	Joao Sousa	00:26:31	00:49:43	00:47:29	1795		V35	511	00:03:47	1029
2291	10373	Mário Oliveira	00:24:38	00:49:43	00:49:41	2549		Senior	541	00:04:16	2760
2292	3584	Renato Marques	00:26:12	00:49:43	00:45:39	1317		V35	512	00:03:55	1398
2293	2311	Vitor Pinto	00:24:29	00:49:43	00:49:03	2312		Senior	542	00:04:12	2558
2294	10498	Pedro Queirós	00:24:15	00:49:44	00:49:38	2533		V40	463	00:04:28	3599
2295	3505	Luis Almeida	00:25:43	00:49:44	00:48:06	2004	Novos Trilhos	V50	161	00:03:47	1038
2296	29	Jacinto Bastos	00:24:09	00:49:44	00:49:11	2357		V45	275	00:04:15	2708
2297	9037	Carla Adro	00:24:30	00:49:44	00:49:18	2397	A.M.Atibá	V40	23	00:04:19	2980
2298	578	Noemia Monteiro	00:24:30	00:49:44	00:49:18	2395		V35	30	00:04:19	2981
2299	360	Clara Raimundo	00:24:59	00:49:44	00:49:04	2318	Pernas de Gafanhoto	V35	31	00:04:08	2233

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
2300	9316	Mário Ramos	00:24:34	00:49:44	00:49:21	2416		V55	91	00:04:21	3100
2301	10374	Cristiano Rodrigues	00:24:38	00:49:44	00:49:42	2553		Senior	543	00:04:16	2777
2302	9475	Renato Neves	00:25:04	00:49:45	00:48:36	2159		V35	513	00:04:20	3019
2303	1117	Ruben Fernandes	00:24:38	00:49:45	00:48:53	2249		Senior	544	00:04:10	2366
2304	676	Carlos Melo	00:23:49	00:49:45	00:49:33	2494	Correr Lisboa	V45	276	00:04:15	2691
2305	5692	Miguel Palma	00:24:15	00:49:45	00:49:33	2493		V50	162	00:04:20	3029
2306	10375	Dário Rodrigues	00:24:38	00:49:45	00:49:42	2555		V35	514	00:04:16	2754
2307	585	Paulo Brás	00:23:39	00:49:45	00:49:26	2451		V50	163	00:04:22	3164
2308	3483	Jorge Lourenço	00:25:20	00:49:46	00:49:13	2365	Sporting Clube de Casainhos	Senior	545	00:04:03	1857
2309	2830	Nuno Marques	00:24:25	00:49:46	00:49:19	2403	RunLovers	V45	277	00:04:25	3348
2310	7978	Miguel Ramalho	00:25:20	00:49:46	00:49:02	2298	Turbo-Lento	Senior	546	00:03:44	904
2311	2273	Hélio Serra	00:24:37	00:49:46	00:49:39	2538		Senior	547	00:04:19	2998
2312	2274	Isidro Serra	00:24:37	00:49:47	00:49:40	2539		V55	92	00:04:19	3012
2313	5900	Mario Ramos	00:25:04	00:49:47	00:49:11	2358	APOGMA	V55	93	00:04:21	3098
2314	2586	Rui Silva	00:24:51	00:49:47	00:48:56	2265		V35	515	00:04:05	2014
2315	9046	Joana Teixeira	00:23:20	00:49:47	00:49:43	2561	A.M.Atibá	Junior	14	00:04:41	4294
2316	1986	Bruno Nunes	00:23:38	00:49:47	00:49:30	2476	Tartarugas	Senior	548	00:04:05	2016
2317	3816	Rui Albuquerque	00:24:31	00:49:47	00:49:28	2462		Senior	549	00:04:15	2746
2318	5876	César Pereira	00:23:32	00:49:47	00:49:30	2474		Senior	550	00:04:15	2748



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2319	4945	Rui Teixeira	00:25:24	00:49:47	00:49:25	2443	NovosAmadores	Senior	551	00:03:59	1659
2320	3308	Albino Ferreira	00:23:38	00:49:47	00:49:36	2511	GRCD Leião	V50	164	00:04:23	3221
2321	1664	Marcos Heitor	00:24:44	00:49:47	00:48:56	2262		V35	516	00:04:13	2567
2322	6344	Nuno Sousa	00:23:44	00:49:48	00:49:29	2467		V35	517	00:04:15	2723
2323	4089	Maria Roldao	00:24:54	00:49:48	00:49:20	2411		V40	24	00:04:08	2251
2324	6865	Orlando Cruz	00:24:09	00:49:48	00:49:22	2424		V65	8	00:04:26	3418
2325	5802	Nuno Figueiredo	00:24:05	00:49:48	00:49:37	2518		V40	464	00:04:36	4018
2326	4090	Carla Roldao	00:24:54	00:49:48	00:49:20	2413		V40	25	00:04:09	2308
2327	3482	Manuel Bento	00:25:18	00:49:48	00:49:03	2308	Sporting Clube de Casainhos	V35	518	00:03:53	1328
2328	3096	Adelaide Pereira	00:24:57	00:49:48	00:49:10	2350	CCD Loures - Correr para Viver +	V40	26	00:04:14	2674
2329	3169	Adriano Gominho	00:23:15	00:49:48	00:49:36	2514		V45	278	00:04:25	3381
2330	4484	Pedro Soares	00:24:13	00:49:48	00:49:23	2431	cruz de pau feito	V40	465	00:04:37	4090
2331	7725	Tiago Matos	00:24:51	00:49:48	00:49:03	2313		V40	466	00:04:14	2664
2332	9563	João Campos	00:23:53	00:49:48	00:49:38	2532	SPEM	V40	467	00:04:02	1847
2333	4101	Carlos Ribeirinho	00:24:53	00:49:49	00:49:21	2419		V40	468	00:04:09	2310
2334	2500	Pedro Martins	00:24:28	00:49:49	00:49:24	2434	RB RUNNING	V40	469	00:04:18	2936
2335	60	António Vilela	00:24:12	00:49:49	00:49:33	2498		V45	279	00:04:26	3425
2336	6241	Hugo Dinis	00:25:20	00:49:50	00:49:17	2389		V35	519	00:04:13	2574
2337	5258	José Cecílio	00:25:13	00:49:50	00:49:05	2325		V40	470	00:04:01	1744



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2338	486	Vera Abreu	00:24:40	00:49:50	00:49:27	2452		V35	32	00:04:20	3061
2339	4640	Hugo Magalhães	00:25:08	00:49:50	00:49:29	2470		V35	520	00:03:56	1482
2340	5150	Marco Oliveira	00:24:52	00:49:50	00:49:02	2302		V35	521	00:04:20	3080
2341	8953	Elton Almeida	00:29:03	00:49:50	00:49:40	2542		Senior	552	00:03:17	155
2342	2686	Carlos Lopes	00:24:57	00:49:50	00:49:10	2349		Senior	553	00:04:06	2053
2343	2804	Manuel Pungo	00:26:49	00:49:50	00:49:40	2540		V40	471	00:03:45	945
2344	8416	Fernando Alvarenga	00:24:43	00:49:51	00:49:49	2590	GRUPO DOS AMIGOS DO ATLETISMO DE VIL	V65	9	00:04:14	2678
2345	3541	Maria Oliveira	00:24:41	00:49:51	00:49:45	2571	Ginásio Clube Português	V45	21	00:04:13	2597
2346	5078	Mario Verdingola	00:24:43	00:49:51	00:49:37	2523		V40	472	00:04:20	3050
2347	397	Joaquim Palmeiro	00:25:09	00:49:51	00:49:36	2512		V40	473	00:04:03	1876
2348	7822	João Costa	00:24:29	00:49:52	00:49:17	2392		Senior	554	00:04:20	3043
2349	1052	Cristiano Marques	00:23:45	00:49:52	00:49:42	2559		V40	474	00:04:07	2161
2350	121	André Wiborg	00:25:39	00:49:52	00:49:13	2370	VFF 1896	V55	94	00:03:31	429
2351	2355	Paulo Silva	00:24:10	00:49:52	00:49:48	2584		V45	280	00:04:20	3028
2352	4629	José Pedro	00:24:19	00:49:52	00:49:22	2422		V60	37	00:04:23	3246
2353	6002	Hugo Santos	00:25:49	00:49:53	00:49:24	2438		V35	522	00:03:59	1643
2354	3247	Pedro Pereira	00:27:21	00:49:53	00:45:11	1188	Rail Runners	V35	523	00:04:00	1712
2355	947	Luis Andrade	00:24:22	00:49:53	00:49:39	2537		V40	475	00:04:25	3390
2356	7853	Sandeep Jha	00:25:17	00:49:53	00:48:54	2256	Clube Vodafone	Senior	555	00:04:06	2069



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2357	5583	Pedro Palminha	00:23:32	00:49:53	00:49:27	2453		V35	524	00:04:28	3603
2358	110	Luis Martins	00:24:49	00:49:53	00:49:08	2338		V40	476	00:04:06	2074
2359	6765	Luis Oliveira	00:24:09	00:49:53	00:49:37	2519	ACB Condomínios	V40	477	00:04:09	2311
2360	6584	André Faria	00:24:35	00:49:53	00:49:38	2526		Senior	556	00:04:20	3047
2361	6032	Bruno Matias	00:25:15	00:49:53	00:49:02	2299	FunFriends4Run	Senior	557	00:03:41	770
2362	6369	Carlos Lopes	00:24:41	00:49:54	00:49:17	2388		V40	478	00:04:09	2307
2363	7025	Nuno Barradas	00:24:47	00:49:54	00:49:37	2524	Núcleo Sportinguista de Galveias	Senior	558	00:04:07	2157
2364	4276	Pedro Canas	00:24:19	00:49:55	00:49:27	2455	CLUBE MILLENNIUM BCP	V40	479	00:04:49	4850
2365	9580	Adam Isenberg	00:27:01	00:49:55	00:48:14	2043	Internacional	Senior	559	00:03:32	452
2366	9636	Luis Patricio	00:24:15	00:49:55	00:49:50	2597		Senior	560	00:04:35	3986
2367	3201	Paulo Luis	00:25:09	00:49:55	00:49:39	2536		V45	281	00:04:09	2304
2368	1463	Hugo Louro	00:26:26	00:49:55	00:48:38	2174		V40	480	00:03:52	1279
2369	1925	Gonçalo Minderico	00:24:34	00:49:55	00:49:17	2393	Synopsys Runners	V40	481	00:04:29	3651
2370	5786	Luísa Nogueira	00:25:03	00:49:56	00:49:21	2415	Correr Lisboa	Senior	47	00:04:29	3649
2371	2133	Artur Graça	00:25:16	00:49:56	00:49:26	2450	Açoreana Clube Banif	V45	282	00:04:01	1747
2372	4170	Manuel Dias	00:24:45	00:49:57	00:49:32	2491		V45	283	00:04:13	2586
2373	9904	Paulo Gonçalves	00:26:51	00:49:57	00:48:17	2058		V40	482	00:03:36	595
2374	187	Joana Miranda	00:26:04	00:49:57	00:48:43	2207		Senior	561	00:04:03	1899
2375	1152	José Dias	00:23:43	00:49:57	00:49:37	2517		V35	525	00:04:16	2761

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2376	7468	Luis Reis	00:25:09	00:49:57	00:49:13	2367		V55	95	00:04:04	1922
2377	367	Mario Cruz	00:24:12	00:49:57	00:49:41	2544		V45	284	00:04:10	2362
2378	8223	Bruno Fonseca	00:26:22	00:49:58	00:48:14	2042		Senior	562	00:04:07	2172
2379	9937	Paulo Pires	00:26:15	00:49:58	00:49:23	2430		V40	483	00:03:12	112
2380	9288	André Machado	00:25:37	00:49:58	00:47:48	1914		Senior	563	00:04:11	2500
2381	1698	Manuel Romano	00:25:08	00:49:59	00:49:30	2475	Run 4 Fun	V50	165	00:04:19	3004
2382	3884	Antonio Marchini	00:25:24	00:49:59	00:49:15	2380	Os Caldeiras	V45	285	00:03:59	1663
2383	8607	Rogério Lopes	00:25:53	00:49:59	00:48:22	2088		V35	526	00:03:56	1452
2384	8597	Carla Mourão	00:24:26	00:49:59	00:49:47	2577		V40	27	00:04:08	2285
2385	7720	Mário Lúcio	00:26:57	00:49:59	00:48:35	2154		V50	166	00:03:47	1047
2386	8698	Nuno Simões	00:26:24	00:50:00	00:48:56	2263		V35	527	00:03:47	1016
2387	6186	Carlos Ferreira	00:24:25	00:50:00	00:49:50	2596	NUCLEO DESPORTIVO AUTOCOOPE	V55	96	00:04:09	2313
2388	8606	Sonia Faria	00:25:53	00:50:00	00:48:24	2096		V35	33	00:03:57	1529
2389	6031	João Branco	00:27:35	00:50:00	00:47:36	1834	FunFriends4Run	Senior	564	00:03:37	621
2390	2001	André Lourenço	00:25:02	00:50:00	00:49:22	2428	COFACO AÇORES, SA	Senior	565	00:04:08	2289
2391	2534	Paulo Moniz	00:24:41	00:50:01	00:49:31	2485		V55	97	00:04:05	2017
2392	8011	Benjamim Filho	00:24:14	00:50:01	00:49:32	2490		V40	484	00:04:17	2839
2393	35	José Cordeiro	00:23:55	00:50:01	00:49:42	2552		Senior	566	00:04:08	2284
2394	9458	Pedro Preto	00:23:40	00:50:01	00:49:49	2592		V40	485	00:04:23	3238

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2395	3367	Pedro Digio	00:24:44	00:50:01	00:49:51	2604	Digio Outdoor	Senior	567	00:04:16	2793
2396	4497	João Martinho	00:24:12	00:50:01	00:49:38	2528		Senior	568	00:04:18	2918
2397	8472	Ricardo Bernardes	00:25:39	00:50:01	00:48:36	2157		Senior	569	00:04:10	2393
2398	609	Joaquim Lima	00:24:27	00:50:01	00:49:25	2444		V50	167	00:04:15	2721
2399	7599	Nelson Risso	00:26:19	00:50:02	00:47:46	1907		V35	528	00:04:02	1827
2400	1383	Jorge Mestre	00:25:06	00:50:02	00:49:16	2386	Volkswagen Autoeuropa	V40	486	00:04:19	2993
2401	1920	Goncalo Lince	00:25:02	00:50:02	00:49:23	2432	Synopsys Runners	V35	529	00:04:23	3236
2402	6003	Julie Chatelain	00:25:49	00:50:02	00:49:35	2506		Senior	48	00:03:59	1649
2403	3864	Rui Moura	00:24:40	00:50:02	00:49:29	2468		V55	98	00:04:13	2570
2404	3865	David Moura	00:24:40	00:50:03	00:49:28	2459		Senior	570	00:04:14	2628
2405	8930	António Aranha	00:25:41	00:50:03	00:49:21	2417		V55	99	00:04:02	1824
2406	9271	Nuno Gonçalves	00:25:25	00:50:03	00:49:19	2401		V35	530	00:04:21	3136
2407	5950	Prudente Canellas	00:25:19	00:50:04	00:49:59	2647		V45	286	00:04:06	2070
2408	2385	Bruno Gomes	00:27:19	00:50:04	00:45:21	1238	RAG Family	V40	487	00:03:47	1043
2409	2714	Joao Almeida	00:25:01	00:50:04	00:49:16	2385		V45	287	00:04:19	3000
2410	361	Nuno Pereira	00:25:06	00:50:04	00:49:24	2440	Pernas de Gafanhoto	V35	531	00:04:44	4548
2411	8008	Paulo Campos	00:24:16	00:50:04	00:49:48	2585		V45	288	00:04:06	2066
2412	9790	Teresa Cardoso	00:25:43	00:50:04	00:48:36	2164	BFOUR	V35	34	00:04:00	1734
2413	2984	Eduardo Pinto	00:25:05	00:50:04	00:49:22	2426	H2Ovita	Senior	571	00:04:08	2258



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2414	7232	Mário Godinho	00:24:23	00:50:05	00:49:55	2614		V40	488	00:04:26	3415
2415	3291	Fábio Lopes	00:25:48	00:50:05	00:49:43	2564	Os Lobos	Senior	572	00:03:58	1603
2416	3800	José Moga	00:24:54	00:50:05	00:49:33	2492	Amigos Vale Silencio	V55	100	00:04:27	3512
2417	2962	Carlos Lopes	00:24:45	00:50:06	00:49:47	2578		V55	101	00:04:12	2519
2418	3492	Alberto Oliveira	00:24:49	00:50:06	00:49:24	2436	Garcia Runners	Senior	573	00:04:25	3349
2419	6883	Eduardo Santos	00:25:22	00:50:06	00:48:49	2233		Senior	574	00:04:19	3017
2420	2394	Douglas Fry	00:25:15	00:50:06	00:49:34	2502	Clube Desportivo de Mafra	V55	102	00:04:18	2884
2421	5180	Telmo Fragueira	00:24:02	00:50:07	00:49:34	2501		Senior	575	00:04:33	3877
2422	2290	Ricardo Onofre	00:24:21	00:50:07	00:49:34	2504		V35	532	00:04:22	3158
2423	6151	Gonçalo Carpinteiro	00:26:42	00:50:07	00:45:53	1382		V35	533	00:04:06	2072
2424	4797	Carlos Vieira	00:23:47	00:50:07	00:49:30	2479		Senior	576	00:04:54	5134
2425	5769	Pedro Martins	00:24:28	00:50:07	00:50:06	2675		V35	534	00:04:14	2654
2426	7075	Luis Almeida	00:27:21	00:50:07	00:48:02	1981	INDEG-ISCTE	Senior	577	00:04:01	1748
2427	221	André Pereira	00:23:15	00:50:07	00:50:02	2658		Senior	578	00:04:34	3930
2428	5110	Ana Figueiredo	00:25:13	00:50:07	00:49:28	2461		V35	35	00:04:10	2417
2429	6934	Abel Rebelo	00:24:35	00:50:08	00:49:32	2489		V55	103	00:04:32	3790
2430	4804	Pedro Severino	00:23:40	00:50:08	00:50:01	2655		Senior	579	00:04:30	3682
2431	2289	Joaquim Pinto	00:26:03	00:50:08	00:49:44	2566		V55	104	00:04:21	3093
2432	9625	Sílvio Reis	00:25:24	00:50:08	00:48:47	2226		Senior	580	00:04:19	2974



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2433	8706	José Ginó	00:24:57	00:50:09	00:49:42	2558		V45	289	00:04:30	3695
2434	3170	Francisco Santos	00:24:10	00:50:10	00:50:08	2691		V50	168	00:04:18	2890
2435	451	João Estevão	00:24:42	00:50:10	00:49:40	2541		Senior	581	00:04:14	2671
2436	1889	Luís Pinto	00:24:22	00:50:10	00:49:57	2637		V40	489	00:04:33	3888
2437	2358	Luis Tomé	00:24:22	00:50:10	00:49:55	2616		V40	490	00:04:18	2902
2438	4992	Luís Garcia	00:24:41	00:50:10	00:49:47	2576	Os Galgos de Tancos	V45	290	00:04:08	2276
2439	4995	Gonçalo Pais	00:25:29	00:50:10	00:49:43	2563	La Surena	V35	535	00:04:05	2032
2440	1849	Joaquim Carrilho	00:24:46	00:50:11	00:49:44	2569	SS CGD	V45	291	00:04:19	2997
2441	8512	Francisco Fonseca	00:25:03	00:50:11	00:49:18	2398		V40	491	00:04:23	3225
2442	1739	Hugo Abreu	00:24:39	00:50:11	00:49:19	2406		Senior	582	00:04:35	3950
2443	9594	Bruno Pereira	00:25:46	00:50:11	00:49:05	2322		Senior	583	00:04:20	3018
2444	6849	Manuel Leite	00:24:56	00:50:11	00:49:27	2454		V40	492	00:04:13	2569
2445	3788	Aníbal Santos	00:25:02	00:50:11	00:49:33	2496		V45	292	00:04:14	2641
2446	3948	Sérgio Saltão	00:25:34	00:50:12	00:49:33	2495	CCD TRANQUILIDADE	V35	536	00:04:19	2999
2447	3819	Barbara Pinto	00:24:32	00:50:12	00:49:36	2515		V35	36	00:04:18	2942
2448	4808	Rui Cruzinha	00:24:55	00:50:12	00:49:28	2465		V35	537	00:04:19	3014
2449	1006	Jesus Jorge	00:24:27	00:50:12	00:49:41	2548		V40	493	00:04:17	2834
2450	8687	Nelson Calvinho	00:25:09	00:50:12	00:49:51	2602		V35	538	00:04:18	2915
2451	1532	Pedro Araujo	00:24:29	00:50:12	00:49:29	2466		Senior	584	00:04:27	3475



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2452	2863	Paulo Silva	00:25:08	00:50:12	00:49:58	2645	clube bbva	V50	169	00:04:19	3006
2453	5521	Duarte Vargas	00:27:29	00:50:13	00:45:38	1313	Authentic Pilates Lisboa	Senior	585	00:03:34	542
2454	904	Ricardo Marques	00:24:41	00:50:13	00:49:55	2619		V35	539	00:04:11	2491
2455	2509	Jorge Marques	00:23:31	00:50:13	00:49:56	2629		Senior	586	00:04:43	4457
2456	6159	Fernando Almeida	00:24:12	00:50:13	00:50:12	2700		V45	293	00:04:31	3726
2457	10467	João Reis	00:25:01	00:50:13	00:49:20	2409		V35	540	00:04:30	3708
2458	5201	Rui Costa	00:24:29	00:50:13	00:49:42	2556		V45	294	00:04:20	3064
2459	185	João Frade	00:23:31	00:50:13	00:49:56	2630		V40	494	00:04:43	4474
2460	1049	Amilcar Gomes	00:23:35	00:50:14	00:49:55	2618		V40	495	00:04:40	4253
2461	2145	Hugo Sousa	00:24:09	00:50:14	00:50:05	2669	Açoreana Clube Banif	V35	541	00:04:23	3240
2462	9422	Claudio Sarmiento	00:25:10	00:50:14	00:49:48	2587		V45	295	00:04:20	3054
2463	2846	Luis Fonseca	00:24:59	00:50:14	00:49:35	2508		V45	296	00:04:22	3181
2464	2951	João Prelhaz	00:24:09	00:50:15	00:50:06	2674	Açoreana Clube Banif	V35	542	00:04:23	3250
2465	359	Nuno Sobral	00:23:58	00:50:15	00:50:07	2682	Run Buddy Run	V35	543	00:04:13	2581
2466	6746	Jorge Figueira	00:25:06	00:50:15	00:49:37	2522	CLUBE COLABORADORES AXA	V35	544	00:04:19	2968
2467	9868	Guilherme Relvas	00:23:42	00:50:15	00:50:12	2699		Junior	74	00:04:12	2546
2468	2730	Raúl Costa	00:25:46	00:50:15	00:49:47	2575	Clube Robbialac	V50	170	00:04:17	2851
2469	8975	Paulo Pinto	00:24:58	00:50:15	00:49:41	2550		Senior	587	00:04:39	4191
2470	10583	João Lopes	00:24:49	00:50:16	00:49:46	2573		V40	496	00:04:30	3693



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2471	3084	Miguel Vinagre	00:24:08	00:50:16	00:50:02	2657	CCD Crédito Agrícola Mútuo	V35	545	00:04:27	3474
2472	5332	Guta Costa	00:25:28	00:50:16	00:49:49	2588		V45	297	00:03:54	1345
2473	4305	Heloisa Galha	00:25:00	00:50:16	00:50:04	2668	CLUBE MILLENNIUM BCP	Senior	49	00:04:03	1896
2474	6592	Eduardo Sousa	00:25:37	00:50:16	00:49:14	2373	MENU DE ATLETA	V50	171	00:04:21	3087
2475	6541	Rui Guerreiro	00:25:38	00:50:16	00:49:30	2472		V40	497	00:04:05	2044
2476	10516	5 Min/Km	00:25:08	00:50:17	00:50:06	2677		Junior	75	00:04:22	3199
2477	4729	Hugo Severino	00:24:17	00:50:17	00:49:54	2612	Clube EDP - Lisboa	V35	546	00:04:05	2042
2478	10437	Renato Luis	00:24:54	00:50:17	00:49:56	2627		Senior	588	00:04:06	2062
2479	3773	António Rodrigues	00:24:20	00:50:17	00:49:56	2626		V40	498	00:04:25	3367
2480	9532	Dário Salvador	00:26:36	00:50:17	00:48:27	2114		Senior	589	00:03:56	1499
2481	5818	José Liberato	00:25:07	00:50:17	00:49:41	2547	GDCTIN Casa da Moeda	V35	547	00:04:22	3150
2482	7280	José Rodrigues	00:26:34	00:50:18	00:46:23	1506	Run-Lovers	V40	499	00:04:05	2036
2483	5938	Joao Fonseca	00:24:24	00:50:18	00:49:28	2463		V35	548	00:04:23	3226
2484	6405	Joao Soares	00:26:24	00:50:18	00:49:03	2306	um ano +	V40	500	00:03:43	865
2485	960	Humberto Valentim	00:24:40	00:50:18	00:49:48	2582		V35	549	00:04:21	3128
2486	7192	Joao Fardilha	00:24:18	00:50:18	00:50:16	2715	HP CLUB	V40	501	00:04:21	3116
2487	5171	Luis Pereira	00:25:25	00:50:19	00:50:08	2689	Clube ANACOM	V45	298	00:04:04	1971
2488	5178	Nuno Teixeira	00:23:43	00:50:19	00:50:05	2672		Senior	590	00:04:49	4821
2489	1291	Gonçalo Rodrigues	00:25:03	00:50:19	00:49:57	2638		V40	502	00:04:01	1776



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2490	8791	Tiago Pereira	00:27:09	00:50:20	00:49:58	2644	Juventude Desportiva Almansor	Junior	76	00:03:46	979
2491	76	Luís Chaveiro	00:26:14	00:50:20	00:49:08	2339		V40	503	00:04:16	2817
2492	5327	Luis Baião	00:25:50	00:50:20	00:48:56	2264	O ESTRONDO	V35	550	00:04:15	2684
2493	2602	Renato Gomes	00:25:01	00:50:20	00:49:52	2606		V35	551	00:04:19	3013
2494	6919	André Machado	00:23:58	00:50:20	00:50:12	2701	"Os Matrecos"	Senior	591	00:04:06	2068
2495	6205	Joao Miranda	00:25:55	00:50:20	00:49:31	2486	CCDTMetroLX	V55	105	00:04:00	1717
2496	9272	Simão Rodrigues	00:24:12	00:50:20	00:50:18	2719		V40	504	00:04:49	4794
2497	2601	Camila Gomes	00:25:02	00:50:20	00:49:51	2601		Senior	50	00:04:17	2822
2498	9074	Américo Caldeira	00:24:21	00:50:20	00:50:12	2704		V45	299	00:04:28	3578
2499	2593	Nelson Gomes	00:25:02	00:50:20	00:49:51	2603		V35	552	00:04:20	3040
2500	2791	Pedro Serra	00:24:17	00:50:20	00:50:05	2671	SAMIPE	V40	505	00:04:23	3218
2501	2847	Bruno Dias	00:24:33	00:50:20	00:49:51	2600		V35	553	00:04:41	4319
2502	4586	Eduardo Jorge	00:24:55	00:50:21	00:50:02	2656	FAB4	V60	38	00:04:14	2658
2503	319	Joana Chouriço	00:24:02	00:50:21	00:50:09	2693		Senior	51	00:04:16	2800
2504	8143	Paulo Paias	00:26:18	00:50:21	00:48:58	2277	YouTurbe Team	V35	554	00:04:00	1701
2505	1826	Vasco Armes	00:25:08	00:50:21	00:49:50	2595		V40	506	00:04:30	3690
2506	1233	Afonso Pires	00:24:55	00:50:22	00:50:03	2663		V45	300	00:04:14	2661
2507	1367	Luis Ferreira	00:24:19	00:50:22	00:50:04	2667		V60	39	00:04:19	3005
2508	1567	Dieter Hernández	00:28:02	00:50:22	00:48:58	2274		Senior	592	00:03:33	477



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2509	648	Rui Ferreira	00:24:52	00:50:22	00:49:37	2525		V40	507	00:04:19	2995
2510	7234	Marco Nunes	00:25:40	00:50:22	00:49:44	2568		Senior	593	00:04:15	2690
2511	6200	António Gonçalves	00:27:10	00:50:23	00:48:25	2101	CCDTMetroLX	V45	301	00:03:45	942
2512	4819	Diogo Inácio	00:25:05	00:50:23	00:49:35	2507	E.C.	Senior	594	00:04:15	2692
2513	9096	Gilberto Lopes	00:26:53	00:50:23	00:48:59	2288		V45	302	00:03:52	1265
2514	225	Rui Rodrigues	00:25:53	00:50:23	00:49:31	2487		V45	303	00:04:03	1909
2515	1846	João Cabrito	00:25:08	00:50:23	00:49:50	2598	SS CGD	V50	172	00:04:09	2302
2516	2719	Marco Moutinho	00:26:16	00:50:23	00:49:37	2520		Senior	595	00:03:58	1602
2517	7244	Adolfo Nunes	00:25:08	00:50:23	00:49:34	2499	Bacalhau Runners	V35	555	00:04:11	2424
2518	2669	Pedro Rodrigues	00:25:01	00:50:24	00:49:48	2586	GFD Running	V40	508	00:04:07	2206
2519	480	António Vale	00:25:27	00:50:24	00:49:38	2531		Senior	596	00:04:13	2613
2520	4127	Sergio Brota	00:24:19	00:50:24	00:50:21	2742		V35	556	00:04:15	2718
2521	670	Luis Pires	00:24:11	00:50:24	00:50:19	2729		V40	509	00:04:29	3614
2522	8257	Rui Santos	00:24:45	00:50:24	00:49:59	2646		V40	510	00:04:23	3211
2523	5449	Ivo Rebocho	00:23:35	00:50:25	00:50:19	2727	Furões do Alentejo	Senior	597	00:04:41	4328
2524	725	Ricardo Teixeira	00:26:15	00:50:25	00:49:19	2400		Junior	77	00:04:11	2447
2525	5615	Luis Martins	00:25:08	00:50:25	00:49:39	2535	SS CGD	V40	511	00:04:20	3066
2526	7527	Antonio Pereira	00:24:33	00:50:25	00:50:20	2738		V45	304	00:04:17	2852
2527	3676	Artur Martins	00:23:38	00:50:25	00:50:08	2686		V45	305	00:04:16	2809



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2528	6964	Catarina Carvoeiras	00:26:02	00:50:25	00:48:44	2215	Clube ANA Lisboa	V35	37	00:04:02	1813
2529	2667	Miguel Varela	00:25:02	00:50:25	00:49:49	2594	GFD Running	V45	306	00:04:08	2252
2530	2147	João Serra	00:24:17	00:50:25	00:50:07	2679	Açoreana Clube Banif	V40	512	00:04:22	3178
2531	8902	João Galhordas	00:23:11	00:50:26	00:50:24	2751		V40	513	00:04:44	4528
2532	3237	Carlos D'água	00:26:18	00:50:26	00:48:51	2244	Rail Runners	V40	514	00:04:10	2398
2533	8386	Eduardo Santos	00:25:51	00:50:26	00:49:52	2607		Senior	598	00:04:24	3293
2534	2575	Marta Andrade	00:24:05	00:50:26	00:49:41	2546		V35	38	00:04:33	3838
2535	6906	Rodrigo Durao	00:24:00	00:50:27	00:50:25	2755	PepeRapido	V40	515	00:04:26	3466
2536	6212	Rafael Santos	00:25:55	00:50:27	00:49:38	2530	CCDTMetroLX	V45	307	00:04:06	2071
2537	3455	Luís Álvaro	00:25:29	00:50:28	00:50:08	2688	GD Banco BPI	V45	308	00:03:27	330
2538	1924	António Leal	00:26:15	00:50:29	00:48:09	2021	Synopsys Runners	V40	516	00:04:00	1691
2539	5063	Pedro Frade	00:26:22	00:50:29	00:48:53	2253		Senior	599	00:03:58	1613
2540	5590	Jorge Gonçalves	00:27:21	00:50:29	00:48:21	2084	Clube TAP PORTUGAL	Senior	600	00:03:33	490
2541	5545	Daniel Carapau	00:24:53	00:50:29	00:50:01	2653		V35	557	00:04:28	3584
2542	7733	Nuno Ventura	00:24:05	00:50:30	00:50:19	2724		V35	558	00:04:43	4471
2543	7779	Nuno Reis	00:25:52	00:50:30	00:49:41	2551	SPORT 4FUN RUNNING	V35	559	00:03:54	1367
2544	768	Miguel Bermonte	00:24:46	00:50:30	00:49:52	2608	BeSmart	V35	560	00:04:12	2540
2545	6783	Amândio Pimenta	00:27:02	00:50:31	00:49:31	2484	Em Agosto saí do sofa	V40	517	00:04:04	1962
2546	233	Hugo Barreto	00:23:57	00:50:31	00:50:15	2711		Senior	601	00:04:26	3417



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2547	6231	Rogério Quintas	00:24:27	00:50:31	00:50:29	2776		V35	561	00:04:19	2971
2548	10337	Ana Fernandes	00:25:11	00:50:31	00:50:07	2680		Senior	52	00:04:26	3422
2549	5697	Miguel Franco	00:24:54	00:50:32	00:50:30	2777	Nel-Péd atleta	V40	518	00:04:18	2919
2550	9327	Carlos Peralta	00:24:03	00:50:33	00:50:12	2703	Winners Team	V45	309	00:04:34	3928
2551	434	Daniel Lima	00:25:25	00:50:33	00:49:53	2611	Matos, Fonseca & Friends	V35	562	00:04:07	2192
2552	9842	Duarte Delgado	00:24:18	00:50:33	00:50:05	2670		Junior	78	00:04:07	2193
2553	7261	Francisco Carvalho	00:22:25	00:50:34	00:50:24	2752		Junior	79	00:04:47	4707
2554	3628	João Pereira	00:25:12	00:50:34	00:49:57	2639	Devagar, devagarinho...	Senior	602	00:04:19	2982
2555	7712	João Prelhaz	00:24:48	00:50:34	00:50:25	2757		V50	173	00:04:21	3095
2556	3982	Joao Caeiro	00:23:55	00:50:34	00:50:19	2725		V40	519	00:04:40	4284
2557	10346	Marcos Farias	00:25:02	00:50:34	00:49:53	2610		V35	563	00:04:17	2861
2558	5055	António Torres	00:24:42	00:50:35	00:50:31	2784		V55	106	00:03:45	941
2559	2612	Vitor Monteiro	00:25:13	00:50:35	00:49:59	2648	MARRIOTT LISBOA	V50	174	00:04:18	2922
2560	226	Hugo Costa	00:25:35	00:50:35	00:49:45	2570		Senior	603	00:04:06	2076
2561	8086	Tiago Carvalho	00:24:15	00:50:35	00:50:34	2801		Senior	604	00:04:29	3655
2562	8741	Sónia Ramalho	00:25:43	00:50:36	00:49:05	2320		Senior	53	00:04:21	3130
2563	4678	Licínio Simões	00:24:56	00:50:36	00:49:56	2624	Atomic Team	Senior	605	00:04:42	4360
2564	536	Pedro Dias	00:25:24	00:50:36	00:49:41	2545		V40	520	00:04:06	2050
2565	5538	Carlos Afonso	00:26:25	00:50:36	00:49:13	2372		V35	564	00:04:02	1838



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2566	1457	João Crisóstomo	00:25:15	00:50:38	00:50:18	2718		V50	175	00:04:20	3063
2567	1850	José Alves	00:26:27	00:50:38	00:49:47	2580	SS CGD	V65	10	00:03:57	1524
2568	7045	Carlos Luis	00:27:00	00:50:38	00:49:13	2371	INDEG-ISCTE	V35	565	00:03:52	1249
2569	3203	Nádia Santos	00:25:53	00:50:39	00:49:17	2390		Senior	54	00:04:17	2860
2570	10596	Henrique Mendes	00:25:30	00:50:39	00:50:23	2748		V55	107	00:04:11	2435
2571	9448	Jose Pacheco	00:24:01	00:50:39	00:50:35	2805		V45	310	00:04:33	3834
2572	9527	Antonio Silva	00:25:31	00:50:39	00:49:26	2449		Senior	606	00:04:47	4726
2573	10347	Luis Monteiro	00:24:35	00:50:40	00:50:34	2802		V50	176	00:04:23	3264
2574	3303	Vitor Nunes	00:24:25	00:50:40	00:50:20	2740	GRCD Leião	Senior	607	00:04:35	3989
2575	9931	João Caldeira	00:23:57	00:50:40	00:50:32	2791		Senior	608	00:04:39	4177
2576	6000	Pedro Matos	00:24:43	00:50:40	00:50:10	2695		V50	177	00:04:19	2954
2577	7634	Mónica Henriques	00:24:35	00:50:40	00:50:24	2754		Senior	55	00:04:27	3536
2578	4854	Ricardo Cebola	00:24:06	00:50:40	00:50:32	2794	Unidos da Manutenção	Senior	609	00:04:20	3075
2579	588	Adriano Soeiro	00:25:11	00:50:40	00:50:08	2683	BRRnightRUNNERS - Barreiro	V35	566	00:04:20	3073
2580	3220	João Batista	00:25:59	00:50:41	00:50:09	2692	G D C Banco de Portugal	V55	108	00:04:24	3325
2581	4622	Paulo Diegues	00:24:36	00:50:41	00:50:38	2816		V50	178	00:04:07	2188
2582	6269	Sidney Neto	00:27:14	00:50:41	00:45:56	1397		Senior	610	00:04:02	1819
2583	3703	Pedro Gouveia	00:24:42	00:50:42	00:50:29	2775	Agenda Desportiva	V40	521	00:04:27	3493
2584	9568	Francisco Gomes	00:26:17	00:50:42	00:50:32	2788	SPEM	Senior	611	00:04:02	1809



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2585	10325	Sergio Ramos	00:27:02	00:50:42	00:49:04	2316		V35	567	00:04:16	2803
2586	8097	Mário Faria	00:25:34	00:50:42	00:49:33	2497	EAP RUNNERS	Senior	612	00:03:59	1635
2587	2778	Rui Candeias	00:24:40	00:50:42	00:50:35	2804	GDC Porto Sines	V35	568	00:04:32	3778
2588	7168	Paulo Lopes	00:26:39	00:50:43	00:49:03	2310	INDEG-ISCTE	Senior	613	00:04:17	2829
2589	5464	J. Tavares	00:26:27	00:50:43	00:49:28	2460		V40	522	00:04:06	2057
2590	2452	Carlos Costa	00:25:29	00:50:43	00:49:57	2631		V45	311	00:04:08	2226
2591	1856	Luisa Landeiro	00:24:56	00:50:43	00:50:19	2723	SS CGD	V40	28	00:04:23	3243
2592	1987	Carlos Branco	00:24:56	00:50:43	00:50:18	2720		V40	523	00:04:21	3091
2593	263	Vítor Canto	00:24:50	00:50:44	00:50:03	2662		V40	524	00:04:32	3787
2594	9873	Luis Carioca	00:26:15	00:50:44	00:50:07	2681		V45	312	00:03:55	1426
2595	7611	Filipe Rito	00:25:41	00:50:45	00:49:42	2554		Senior	614	00:04:26	3426
2596	59	Jorge Ramos	00:24:14	00:50:45	00:50:22	2744		V35	569	00:04:39	4187
2597	1819	Bruno Azambujo	00:23:50	00:50:45	00:50:30	2781		V40	525	00:04:38	4143
2598	8781	Pedro Nunes	00:22:50	00:50:45	00:50:35	2806	Associação GD Academia do Korpo	V35	570	00:04:38	4144
2599	2913	Paulo Rainho	00:25:44	00:50:45	00:49:55	2620	Serviços Sociais Montepio Geral	V45	313	00:04:01	1756
2600	7810	Carlos Mira	00:25:34	00:50:45	00:50:24	2753	GRUPO DOS AMIGOS DO ATLETISMO DE VIL	V40	526	00:04:04	1976
2601	7015	Alberto Matias	00:25:22	00:50:45	00:50:30	2780		V55	109	00:04:21	3102
2602	935	Joaquim Seco	00:24:51	00:50:45	00:50:13	2705		V45	314	00:04:16	2798
2603	10363	Pedro Gomes	00:25:37	00:50:46	00:50:26	2761		Senior	615	00:04:06	2052



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2604	4064	Jorge Romão	00:24:29	00:50:46	00:50:36	2810	NúcleOeiras/SportZone	V45	315	00:04:32	3781
2605	294	João Vintém	00:24:51	00:50:46	00:50:11	2696		V40	527	00:04:14	2625
2606	4302	Fernando Almeida	00:24:47	00:50:46	00:50:46	2857	CLUBE MILLENNIUM BCP	V45	316	00:04:26	3435
2607	5360	Rui Freitas	00:26:51	00:50:46	00:49:43	2560		V40	528	00:04:12	2527
2608	7805	Cláudio Mira	00:25:35	00:50:46	00:50:26	2765	GRUPO DOS AMIGOS DO ATLETISMO DE VIL	V45	317	00:04:05	1990
2609	4403	Augusto Lourenco	00:25:38	00:50:47	00:50:26	2764	CLUBE MILLENNIUM BCP	V50	179	00:04:04	1981
2610	4857	Egídio Portela	00:24:19	00:50:47	00:50:44	2854	Amigos Atletismo Mafra	V55	110	00:04:26	3414
2611	4831	Miguel Barbosa	00:24:39	00:50:47	00:50:29	2772	Unidos da Manutenção	V60	40	00:04:22	3197
2612	627	João Vagos	00:25:09	00:50:47	00:50:32	2790		V40	529	00:04:21	3118
2613	6893	Telmo Oliveira	00:24:56	00:50:47	00:50:19	2733		V35	571	00:04:30	3694
2614	9115	João Macau	00:25:48	00:50:47	00:50:24	2750	Os Lobos	Senior	616	00:04:15	2734
2615	2997	Cláudia Alcaso	00:24:34	00:50:47	00:50:43	2839		V40	29	00:04:18	2941
2616	6645	Nuno Fernandes	00:25:04	00:50:47	00:50:04	2665		Senior	617	00:04:32	3785
2617	190	Hugo Favinha	00:24:29	00:50:48	00:50:05	2673	Sea Wolfs	Senior	618	00:04:19	2964
2618	4209	Manuel Roque	00:26:37	00:50:48	00:46:37	1562		Senior	619	00:04:14	2652
2619	1699	Joaquim Bexiga	00:25:17	00:50:48	00:50:08	2685	Clube OGMA	V45	318	00:04:07	2183
2620	5450	Rui Tomás	00:24:12	00:50:48	00:50:31	2785	CCD Crédito Agrícola Mútuo	V40	530	00:04:34	3943
2621	9054	Marta Costa	00:24:50	00:50:48	00:50:36	2808	A.M.Atibá	V40	30	00:04:23	3259
2622	7225	Avelino Correia	00:24:54	00:50:48	00:50:48	2866		V50	180	00:04:26	3473



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2623	8366	Gilberto Lapa	00:25:04	00:50:49	00:50:33	2798	RESTAURANTE O CARTAXEIRO-CANEÇAS	V45	319	00:04:27	3494
2624	5617	Nuno José	00:27:59	00:50:49	00:49:13	2369	SS CGD	V40	531	00:04:05	1987
2625	6001	João Esteveira	00:24:09	00:50:49	00:50:44	2848		V45	320	00:04:25	3387
2626	9138	Roland Hopkinson	00:26:50	00:50:50	00:49:13	2368		V50	181	00:04:04	1961
2627	3495	Jose Pita	00:25:48	00:50:50	00:50:19	2731		V50	182	00:04:13	2571
2628	4356	Karsten Sommer	00:24:46	00:50:50	00:50:28	2770	CLUBE MILLENNIUM BCP	V40	532	00:04:30	3711
2629	8362	Carlos Ramírez	00:25:46	00:50:50	00:50:19	2730		V40	533	00:04:10	2376
2630	5489	Nuno Jesus	00:26:12	00:50:51	00:49:38	2527		V35	572	00:03:58	1593
2631	8540	Nuno Madeira	00:24:52	00:50:51	00:50:19	2728		V40	534	00:04:38	4115
2632	2676	Pedro Tomé	00:27:37	00:50:51	00:45:49	1363	Hellrunners	V35	573	00:03:53	1295
2633	841	Jorge Frazão	00:26:02	00:50:51	00:50:16	2714		V35	574	00:04:04	1946
2634	10323	Margarida Leite	00:24:19	00:50:51	00:50:50	2875	Ginásio Clube Português	V35	39	00:04:27	3490
2635	537	Carlos Silva	00:25:00	00:50:51	00:50:08	2684	Sea Wolfs	V45	321	00:04:30	3710
2636	5504	Manuel Rocha	00:27:08	00:50:52	00:48:42	2203	Escola Atletismo Rui Silva	Senior	620	00:03:57	1544
2637	9478	Pedro Dias	00:25:37	00:50:52	00:48:42	2200		Senior	621	00:04:47	4721
2638	1294	Carlos Costa	00:28:06	00:50:52	00:46:38	1566		V50	183	00:03:43	853
2639	4054	Francisco Julião	00:25:19	00:50:52	00:50:19	2726		V55	111	00:04:15	2747
2640	2422	Marco Fidalgo	00:27:07	00:50:53	00:48:44	2210	Escola Atletismo Rui Silva	V35	575	00:03:59	1673
2641	2449	Eva Rosa	00:25:04	00:50:54	00:50:39	2821		V45	22	00:04:31	3766



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2642	9326	Nuno Cardoso	00:26:46	00:50:54	00:49:37	2521		V40	535	00:04:01	1759
2643	5835	Francisco Pereira	00:24:01	00:50:54	00:50:52	2881		Senior	622	00:04:16	2808
2644	681	Marco Sol	00:25:08	00:50:55	00:50:36	2807	BRRnightRUNNERS - Barreiro	V40	536	00:04:30	3713
2645	1020	Carlos Pereira	00:25:51	00:50:55	00:49:15	2381		Senior	623	00:04:40	4270
2646	1812	Hermínio Sousa	00:25:55	00:50:55	00:50:11	2697		V45	322	00:04:04	1926
2647	10101	Manuel Nascimento	00:25:56	00:50:55	00:50:00	2652	C. A. Amigos Parque da Paz	V55	112	00:04:42	4381
2648	6773	Rui Pereira	00:25:43	00:50:55	00:49:38	2529		V40	537	00:04:13	2583
2649	9287	Marcelo Xavier	00:25:48	00:50:56	00:48:45	2220		Senior	624	00:04:18	2943
2650	8452	Carlos Gorjão	00:25:05	00:50:56	00:50:54	2890		V40	538	00:03:56	1483
2651	2440	Antonio Lavajo	00:25:45	00:50:56	00:50:28	2767		V35	576	00:04:23	3281
2652	9192	Carlos Jesus	00:26:54	00:50:56	00:49:58	2643		V40	539	00:03:52	1245
2653	3996	Valter Ferreira	00:25:38	00:50:56	00:50:36	2809		Senior	625	00:04:15	2695
2654	1766	Miguel Carvalho	00:27:05	00:50:57	00:49:31	2483		V35	577	00:04:08	2229
2655	5393	Vesna Bozanic	00:27:04	00:50:57	00:49:31	2482		V40	31	00:04:08	2230
2656	4550	Miguel Suárez	00:27:35	00:50:57	00:48:59	2286		V35	578	00:03:33	489
2657	1544	Jorge Silva	00:23:37	00:50:58	00:50:44	2851		V40	540	00:04:33	3830
2658	5120	Sérgio Teles	00:24:19	00:50:58	00:50:43	2844	A.D.C.Catujal	Senior	626	00:04:48	4742
2659	1481	Pedro Ferreira	00:25:30	00:50:58	00:50:12	2702	MultiRunners	V45	323	00:04:15	2693
2660	9275	Tomás Branco	00:26:06	00:50:58	00:49:05	2326		Junior	80	00:04:07	2198

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Aleata</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2661	5220	Nelson Romão	00:25:33	00:50:59	00:50:47	2864	runicetos	V40	541	00:04:27	3482
2662	4740	Pedro Marques	00:24:17	00:50:59	00:50:56	2901		V35	579	00:04:14	2636
2663	9909	Eduardo Aleixo	00:26:35	00:50:59	00:49:57	2632		V50	184	00:04:01	1770
2664	7958	Ricardo Carvalho	00:25:11	00:50:59	00:50:20	2736		V40	542	00:05:12	6027
2665	8485	Isidro Ferreira	00:27:44	00:51:00	00:46:29	1530		V55	113	00:03:59	1650
2666	4030	João Nunes	00:25:39	00:51:00	00:50:20	2735		V40	543	00:04:32	3802
2667	6655	Gonçalo Pimenta	00:26:25	00:51:00	00:49:53	2609		Senior	627	00:04:05	1988
2668	9334	Gonçalo Almeida	00:24:46	00:51:00	00:50:07	2678	Winners Team	Senior	628	00:04:31	3732
2669	43	Maria Conchinha	00:24:45	00:51:00	00:50:50	2871		V55	2	00:04:26	3448
2670	8524	João Matias	00:25:29	00:51:00	00:50:32	2789	La Surena	Senior	629	00:04:02	1834
2671	8065	Joaquim Carrufa	00:26:14	00:51:00	00:50:45	2856		V40	544	00:04:02	1840
2672	2219	Pedro Gonçalves	00:30:39	00:51:01	00:41:49	566	RB RUNNING	Senior	630	00:03:41	776
2673	6747	Pedro Botelho	00:25:20	00:51:01	00:50:20	2734	CLUBE COLABORADORES AXA	V40	545	00:04:23	3279
2674	87	Pedro Barroso	00:26:31	00:51:01	00:49:27	2457		Senior	631	00:04:02	1805
2675	2615	Sergio Borges	00:26:42	00:51:01	00:49:49	2589	MARRIOTT LISBOA	V40	546	00:04:05	1991
2676	7666	Hugo Lousada	00:22:26	00:51:01	00:50:51	2877		V40	547	00:04:22	3161
2677	7391	Luis Boavida	00:26:40	00:51:03	00:50:08	2690		V55	114	00:04:10	2363
2678	5914	Rita Amaro	00:25:13	00:51:03	00:50:44	2853	Família Silva	V35	40	00:04:25	3353
2679	8477	Nuno Gomes	00:25:54	00:51:03	00:49:35	2510		Senior	632	00:04:11	2439



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2680	2849	Nuno Amaral	00:24:25	00:51:03	00:51:01	2927		V40	548	00:04:40	4262
2681	5841	Alexandre Rodrigues	00:28:16	00:51:03	00:46:10	1438	Amigos Atletismo Mafra	V35	580	00:03:44	874
2682	9260	David Pernes	00:25:11	00:51:04	00:50:32	2793		Senior	633	00:04:11	2449
2683	551	Sergio Paulo	00:25:56	00:51:04	00:50:14	2707	Os Pinheiros	V35	581	00:04:18	2946
2684	874	João Anjos	00:24:42	00:51:04	00:50:49	2869		V40	549	00:04:46	4630
2685	5715	João Ferreira	00:24:44	00:51:04	00:50:19	2732	ADRC Mata de Benfica	Senior	634	00:05:10	5964
2686	3461	Ricardo Martins	00:25:29	00:51:04	00:50:40	2826	GD Banco BPI	V40	550	00:04:13	2615
2687	2614	Rui Gaspar	00:26:40	00:51:05	00:49:32	2488	MARRIOTT LISBOA	V55	115	00:04:01	1742
2688	10540	Bernardo Costa	00:26:37	00:51:05	00:49:57	2636		Senior	635	00:03:45	952
2689	9248	Ivo Nogueira	00:26:48	00:51:05	00:49:07	2332	Pai Natal	Senior	636	00:04:19	3010
2690	8768	Pedro Ribeiro	00:25:07	00:51:05	00:50:56	2899		V35	582	00:04:29	3633
2691	5092	Vitor Martins	00:27:24	00:51:05	00:49:34	2500		V60	41	00:03:52	1283
2692	1700	Fernanda França	00:25:17	00:51:05	00:50:26	2766	Clube OGMA	V40	32	00:04:24	3329
2693	1000	Alexandre Livério	00:25:32	00:51:05	00:50:14	2708		V40	551	00:04:02	1798
2694	4065	Fernando Polónio	00:22:24	00:51:05	00:50:56	2900	NúcleOeiras/SportZone	V45	324	00:06:27	7884
2695	1802	Carla Silva	00:27:47	00:51:05	00:50:46	2860		V40	33	00:04:01	1764
2696	8972	Ricardo Fernandes	00:26:05	00:51:06	00:50:38	2819		Senior	637	00:04:06	2122
2697	7355	Pedro Silva	00:26:25	00:51:06	00:49:43	2562		V35	583	00:04:20	3026
2698	4120	Jorge Silva	00:25:01	00:51:06	00:50:48	2865		V45	325	00:04:31	3747



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2699	4758	João Pinheiro	00:25:42	00:51:06	00:50:30	2779		Senior	638	00:04:20	3030
2700	2303	João Sousa	00:26:41	00:51:06	00:46:54	1628	Tálenos Team	V45	326	00:04:11	2448
2701	851	Gonçalo Nobre	00:26:49	00:51:07	00:50:20	2739		Senior	639	00:03:55	1429
2702	5589	Manuel Mexia	00:27:22	00:51:07	00:48:59	2285	Clube TAP PORTUGAL	V45	327	00:04:10	2394
2703	9551	Vítor Nobre	00:24:54	00:51:07	00:50:40	2830		V40	552	00:04:20	3021
2704	7944	Maria Ricardo	00:25:12	00:51:07	00:50:50	2873	SS CGD	V45	23	00:04:19	3011
2705	939	José Ferreira	00:24:37	00:51:08	00:50:37	2815		V35	584	00:04:30	3714
2706	64	Mario Costa	00:25:31	00:51:08	00:50:36	2811		V35	585	00:04:16	2806
2707	4722	Arlindo Parra	00:24:30	00:51:08	00:50:57	2904	Clube EDP - Lisboa	V50	185	00:04:23	3278
2708	4429	Manuel Pereira	00:25:34	00:51:08	00:50:55	2897	CLUBE MILLENNIUM BCP	V50	186	00:04:16	2801
2709	8378	Luís Henriques	00:28:00	00:51:09	00:49:05	2324		V50	187	00:03:39	692
2710	6797	José Mendes	00:25:21	00:51:09	00:50:51	2880		V40	553	00:04:20	3082
2711	2931	Ana Portugal	00:24:42	00:51:09	00:51:07	2944	GDINE	V45	24	00:03:58	1612
2712	7197	Paulo Cabrita	00:24:58	00:51:10	00:50:29	2773	HP CLUB	V45	328	00:04:34	3901
2713	8509	João Ferreira	00:26:35	00:51:10	00:49:57	2634		V50	188	00:03:56	1444
2714	8945	Ricardo Garcia	00:26:35	00:51:10	00:49:57	2633		V40	554	00:03:57	1558
2715	5880	Vanessa Carvalho	00:27:08	00:51:10	00:50:29	2771		Senior	56	00:03:54	1341
2716	3616	Carlos Soares	00:25:41	00:51:10	00:50:30	2782		V45	329	00:04:26	3416
2717	8136	João Alves	00:25:22	00:51:10	00:49:39	2534		Senior	640	00:04:21	3117



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<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2718	4702	Fernando Macieira	00:25:40	00:51:11	00:50:30	2778		V40	555	00:04:28	3592
2719	2114	Carlos Filipe	00:26:11	00:51:11	00:49:55	2617		V35	586	00:04:15	2698
2720	7302	Pedro Morgado	00:25:36	00:51:11	00:49:28	2464	G D C Banco de Portugal	Senior	641	00:04:04	1978
2721	224	Cidalia Pimentel	00:25:12	00:51:12	00:50:42	2837		V40	34	00:04:15	2700
2722	373	Rui Dias	00:24:34	00:51:12	00:50:44	2849		V45	330	00:04:41	4351
2723	4753	Luis Santos	00:27:03	00:51:12	00:49:14	2377		V40	556	00:04:06	2116
2724	10388	Francisco Carvalho	00:24:48	00:51:13	00:51:09	2959		V35	587	00:04:27	3499
2725	7511	Luis Raquel	00:25:20	00:51:13	00:51:08	2954		V50	189	00:04:25	3347
2726	1613	Mário Silva	00:25:30	00:51:13	00:50:26	2759	Lebres de Pegões	V35	588	00:04:13	2599
2727	6422	Fernando Teixeira	00:26:41	00:51:13	00:49:42	2557	LUSO-ATLANTICA SA	V50	190	00:04:09	2305
2728	9467	Miguel Barradas	00:25:07	00:51:13	00:50:44	2847		V40	557	00:04:38	4140
2729	5514	Paulo Morgado	00:25:56	00:51:14	00:47:22	1766	Georunners	V40	558	00:04:27	3500
2730	8111	Ana Guia	00:24:36	00:51:14	00:51:12	2976		V40	35	00:04:28	3593
2731	1845	Hugo Venancio	00:23:21	00:51:14	00:51:04	2928	SS CGD	V35	589	00:04:01	1771
2732	9950	Vanessa Pais	00:25:07	00:51:14	00:50:46	2858		Senior	57	00:04:29	3622
2733	4332	Paulo Pais	00:25:58	00:51:14	00:51:07	2945	CLUBE MILLENNIUM BCP	V45	331	00:04:08	2241
2734	4291	Fernando Rodrigues	00:25:59	00:51:14	00:51:07	2941	CLUBE MILLENNIUM BCP	V50	191	00:04:08	2242
2735	9666	Rui Agostinho	00:24:47	00:51:15	00:50:44	2850		V45	332	00:04:30	3709
2736	1046	Samuel Branco	00:26:39	00:51:15	00:49:59	2650		Senior	642	00:04:05	1986

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2737	9323	Vasco Ferreira	00:25:13	00:51:16	00:50:52	2885		V45	333	00:04:36	4016
2738	538	Pedro Brandão	00:27:21	00:51:16	00:46:52	1622		V40	559	00:04:03	1905
2739	1144	João Lopes	00:25:29	00:51:16	00:50:55	2894		V45	334	00:04:16	2762
2740	409	Nuno Vinagre	00:24:36	00:51:16	00:50:57	2906		V35	590	00:04:33	3868
2741	8181	Edgar Anastacio	00:24:15	00:51:16	00:51:06	2936	Correr Lisboa	V50	192	00:04:27	3502
2742	9273	Rui Matos	00:26:27	00:51:17	00:49:44	2567		V50	193	00:04:06	2121
2743	7202	Rodrigo Ferreira	00:24:50	00:51:18	00:50:38	2818	HP CLUB	V45	335	00:04:33	3867
2744	3416	Fernando Carrilho	00:24:24	00:51:19	00:51:00	2918		V55	116	00:04:33	3865
2745	8028	Paulo Grilo	00:25:25	00:51:19	00:50:43	2845	Ginásio Vivência Explosiva	V40	560	00:04:35	3992
2746	325	André Borralho	00:25:45	00:51:19	00:50:25	2758		Senior	643	00:04:15	2705
2747	4358	Filipe Sommer	00:24:46	00:51:19	00:50:57	2907	CLUBE MILLENNIUM BCP	Junior	81	00:04:28	3594
2748	4396	Arnaldo Pinteus	00:26:00	00:51:19	00:51:14	2989	CLUBE MILLENNIUM BCP	V50	194	00:04:02	1856
2749	3004	João Neto	00:26:05	00:51:19	00:49:49	2593	Flash Gordos	Senior	644	00:04:01	1753
2750	7591	Vitor Santos	00:25:17	00:51:20	00:51:18	3005	Nel-Péd atleta	V45	336	00:04:20	3045
2751	9280	João Mota	00:27:32	00:51:20	00:49:11	2356		Senior	645	00:04:08	2246
2752	5586	João Fernandes	00:25:28	00:51:20	00:50:54	2891		Senior	646	00:04:28	3595
2753	6207	José Cunha	00:25:50	00:51:20	00:50:53	2886	CCDTMetroLX	V50	195	00:04:17	2864
2754	7341	Rui Pinto	00:26:31	00:51:20	00:50:14	2710		V35	591	00:04:11	2474
2755	691	Filipa Sergio	00:25:32	00:51:20	00:51:01	2921	06:30	V40	36	00:04:25	3371

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2756	3810	Manuel Alves	00:25:43	00:51:21	00:50:11	2698		V35	592	00:04:29	3621
2757	7120	Hélio Martins	00:25:36	00:51:21	00:50:40	2824	INDEG-ISCTE	V35	593	00:04:07	2190
2758	5955	Jose Otero	00:27:24	00:51:22	00:49:45	2572		V40	561	00:04:02	1812
2759	8230	Gonçalo Lagoa	00:26:06	00:51:22	00:50:26	2763		Senior	647	00:04:24	3317
2760	668	João Gonçalves	00:29:29	00:51:22	00:49:05	2321		Senior	648	00:03:36	576
2761	8474	Miguel Passarinho	00:25:40	00:51:22	00:49:56	2623		V35	594	00:04:14	2643
2762	8731	Fábio Varanda	00:27:44	00:51:23	00:50:41	2832	GMASA	Senior	649	00:03:38	664
2763	9398	Bruno Trincheiras	00:27:26	00:51:23	00:49:30	2477		V40	562	00:04:16	2755
2764	997	José Amaral	00:26:14	00:51:24	00:49:35	2505		V35	595	00:04:15	2707
2765	3381	Nuno Ferreira	00:24:10	00:51:24	00:51:10	2967		V35	596	00:04:32	3780
2766	5260	Vitor Pinto	00:25:54	00:51:24	00:50:38	2817	MENU DE ATLETA	V50	196	00:04:33	3861
2767	2030	João Lobo	00:27:32	00:51:24	00:49:40	2543	DRunners	Senior	650	00:03:55	1396
2768	6332	Ana Mourato	00:24:09	00:51:24	00:51:13	2984		V35	41	00:04:47	4720
2769	9403	João Pereira	00:26:27	00:51:24	00:50:42	2838		V50	197	00:04:10	2382
2770	2940	Valter Reis	00:25:08	00:51:24	00:50:51	2879	GDINE	V35	597	00:04:28	3596
2771	3363	Pedro Nascimento	00:25:33	00:51:25	00:51:01	2922		V40	563	00:04:27	3504
2772	3317	Teresa Canudo	00:25:32	00:51:25	00:51:09	2957		V45	25	00:04:26	3423
2773	5795	Florival Lucas	00:28:16	00:51:25	00:47:35	1827		V50	198	00:03:40	711
2774	7999	Rui Faustino	00:25:58	00:51:26	00:50:18	2722	Ganha...dores	V40	564	00:03:54	1356



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2775	3960	João Rodrigues	00:26:26	00:51:26	00:50:01	2654	CCD TRANQUILIDADE	V40	565	00:04:32	3793
2776	8454	Luis Campos	00:25:09	00:51:27	00:51:23	3029		V35	598	00:04:17	2835
2777	6742	Patrícia Encarnação	00:25:09	00:51:27	00:51:24	3036		V40	37	00:04:23	3258
2778	75	Fernando Correia	00:25:09	00:51:27	00:51:01	2919		V45	337	00:04:24	3341
2779	8563	Antonio Duarte	00:24:20	00:51:27	00:51:14	2990	CLUBE ACCENTURE	V35	599	00:04:32	3789
2780	2280	António Teixeira	00:25:16	00:51:27	00:51:13	2977	N.A."OS PAPAGAIOS DE CASCAIS"	V65	11	00:04:12	2545
2781	9228	Carlos Teixeira	00:26:29	00:51:27	00:50:33	2795		V40	566	00:04:08	2224
2782	7002	Carlos Gonçalves	00:24:35	00:51:28	00:50:45	2855		V45	338	00:04:33	3844
2783	1189	Abilio Campos	00:25:17	00:51:28	00:51:09	2955		V40	567	00:04:20	3034
2784	2461	Nuno Oliveira	00:24:26	00:51:28	00:51:14	2987	LUSO-ATLANTICA SA	V40	568	00:04:35	3958
2785	5081	Miguel Passos	00:24:28	00:51:28	00:51:06	2937		V40	569	00:04:40	4224
2786	9151	José Lopes	00:26:23	00:51:28	00:50:40	2829		V40	570	00:04:12	2551
2787	4092	João Cleto	00:25:53	00:51:28	00:51:09	2961	Cleto	V35	600	00:04:10	2383
2788	2301	Nuno Lucas	00:25:10	00:51:29	00:51:06	2939	Tálenos Team	V40	571	00:04:28	3590
2789	7760	David Martinho	00:27:12	00:51:29	00:50:09	2694		Senior	651	00:03:47	1046
2790	1396	José Dias	00:26:05	00:51:29	00:50:33	2797	Café do Rui	V35	601	00:04:14	2644
2791	5803	Alexandre Ferreira	00:25:27	00:51:29	00:51:08	2952		V40	572	00:04:28	3589
2792	3293	Gonçalo Queiroz	00:25:53	00:51:30	00:51:09	2958	Os Lobos	Senior	652	00:03:56	1487
2793	3031	Manuel Alves	00:25:18	00:51:30	00:51:11	2972		V50	199	00:04:34	3913



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2794	1311	Nuno Oliveira	00:26:04	00:51:30	00:51:06	2938		Senior	653	00:03:29	365
2795	3568	Miguel Dábrio	00:26:46	00:51:31	00:51:05	2933		Senior	654	00:04:07	2204
2796	9724	Marco Ferraz	00:26:09	00:51:31	00:51:10	2965		Senior	655	00:03:55	1385
2797	2701	Hugo Paulo	00:25:46	00:51:31	00:50:32	2792		V35	602	00:04:42	4386
2798	3822	Gonçalo Silva	00:24:01	00:51:31	00:51:22	3022		Senior	656	00:04:43	4489
2799	390	Helder Cruz	00:25:12	00:51:32	00:50:58	2910		V40	573	00:04:18	2950
2800	2765	Paulo Teixeira	00:26:50	00:51:32	00:49:30	2478	Fast & Furious Runners Team	V40	574	00:04:20	3036
2801	5343	Joao Caldas	00:25:15	00:51:32	00:50:50	2872		V40	575	00:04:28	3587
2802	1662	António Barradas	00:25:32	00:51:33	00:50:55	2895		V40	576	00:04:34	3917
2803	5626	Pedro Claudio	00:25:09	00:51:33	00:50:52	2884	SS CGD	V45	339	00:04:25	3357
2804	8275	João Carvalho	00:27:10	00:51:33	00:50:02	2659	GOC	Junior	82	00:03:47	1012
2805	6654	Pedro Santos	00:24:02	00:51:33	00:51:30	3061		V35	603	00:04:56	5273
2806	1232	Maria Vaz	00:25:16	00:51:33	00:51:15	2994		V45	26	00:04:06	2132
2807	6970	José Almeida	00:25:16	00:51:33	00:51:15	2995	Clube ANA Lisboa	V45	340	00:04:06	2130
2808	4991	Edgar Fortuna	00:25:34	00:51:33	00:51:10	2964	Os Galgos de Tancos	Senior	657	00:04:09	2296
2809	10366	Alexandre Leiria	00:25:47	00:51:34	00:50:34	2799		V40	577	00:04:37	4106
2810	2098	Marina Henriques	00:25:25	00:51:34	00:51:22	3023		V50	4	00:04:32	3807
2811	5240	Filipe Passarinho	00:25:53	00:51:34	00:50:50	2874	Kenianos do montijo	V35	604	00:03:51	1187
2812	211	José Carretas	00:25:18	00:51:34	00:50:55	2898		V45	341	00:04:23	3257

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2813	8290	Pedro Alves	00:26:02	00:51:34	00:49:56	2628	PowerBoost Club	Senior	658	00:04:20	3051
2814	8276	Amilcar Santos	00:27:09	00:51:34	00:50:03	2664	GOC	V35	605	00:03:49	1098
2815	5248	Mário Duarte	00:26:18	00:51:35	00:50:42	2834		V40	578	00:04:18	2934
2816	875	Pedro Correia	00:24:59	00:51:35	00:51:05	2934		V35	606	00:04:19	3003
2817	10523	Nuno Costa	00:26:23	00:51:35	00:50:54	2893		V35	607	00:04:03	1871
2818	507	Nuno Rodrigues	00:25:46	00:51:35	00:51:17	3001		V45	342	00:04:23	3252
2819	3861	Rui Morais	00:26:01	00:51:36	00:50:47	2863	The Foreigners	Senior	659	00:04:16	2781
2820	7588	Victor Isidoro	00:25:35	00:51:36	00:51:11	2970	Unidade 3	Senior	660	00:04:25	3363
2821	4309	Armando Lima	00:24:51	00:51:37	00:51:21	3018	CLUBE MILLENNIUM BCP	V45	343	00:04:55	5220
2822	5991	António Ramos	00:25:09	00:51:37	00:50:55	2896		V60	42	00:04:08	2216
2823	8448	Gloria Garcia	00:25:31	00:51:37	00:51:05	2931		V40	38	00:04:35	3969
2824	1671	Avelino Vestias	00:23:28	00:51:37	00:51:27	3049	Os Indomaveis	V65	12	00:04:41	4298
2825	4439	Rui Rijo	00:25:19	00:51:37	00:50:58	2911	CLUBE MILLENNIUM BCP	V45	344	00:04:25	3366
2826	8675	Francisco Silva	00:26:53	00:51:37	00:49:59	2649		Senior	661	00:04:29	3609
2827	2917	Jorge Sousa	00:25:49	00:51:37	00:50:52	2882	Serviços Sociais Montepio Geral	V40	579	00:04:21	3120
2828	2861	João Faustino	00:25:29	00:51:37	00:51:30	3059	Resmas	Senior	662	00:04:26	3446
2829	3458	Pedro Barrela	00:27:13	00:51:37	00:47:40	1858	GD Banco BPI	V40	580	00:04:04	1937
2830	592	Antonio Martinho	00:25:36	00:51:37	00:51:18	3012		V60	43	00:04:22	3160
2831	780	Joao Lopes	00:27:46	00:51:37	00:49:20	2408		V35	608	00:03:54	1371

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2832	10200	Rui Silva	00:25:21	00:51:38	00:51:31	3066		V35	609	00:04:13	2589
2833	6516	Antonio Cascais	00:27:22	00:51:39	00:49:52	2605		V45	345	00:04:19	3007
2834	4078	Carlos Pinto	00:27:22	00:51:39	00:49:51	2599		V45	346	00:04:19	3008
2835	2515	Pedro Mortágua	00:25:30	00:51:39	00:50:41	2833	GDC Fidelidade	V40	581	00:04:38	4168
2836	990	José Coelho	00:25:38	00:51:39	00:50:51	2876	Volkswagen Autoeuropa	V45	347	00:04:21	3138
2837	4421	Pedro Sa	00:25:00	00:51:39	00:51:34	3073	CLUBE MILLENNIUM BCP	V40	582	00:04:43	4483
2838	826	João Jacinto	00:25:41	00:51:40	00:50:43	2846	Tartarugas Solidárias	Senior	663	00:04:18	2907
2839	7629	Jorge Morgado	00:25:57	00:51:40	00:51:12	2973		V50	200	00:04:15	2685
2840	8465	Sérgio Lee	00:26:06	00:51:40	00:50:28	2769	Monte Lee	V35	610	00:04:22	3167
2841	8413	Pedro Matos	00:25:26	00:51:40	00:50:40	2823	Feijo!	Senior	664	00:04:34	3944
2842	4917	Manuel Casimiro	00:25:34	00:51:41	00:51:26	3047		V50	201	00:04:27	3514
2843	4853	Miguel Travanca	00:25:34	00:51:41	00:51:31	3062		V45	348	00:04:27	3488
2844	3791	Manuela Folgado	00:25:18	00:51:41	00:51:21	3015	Falcões Selvagens	V60	3	00:04:35	3979
2845	9595	Francisco Ferreira	00:26:46	00:51:42	00:49:57	2635		Senior	665	00:03:51	1205
2846	7722	José Francisco	00:24:23	00:51:42	00:51:00	2917		Senior	666	00:04:54	5110
2847	8446	Susana Correia	00:24:58	00:51:42	00:51:39	3097		V35	42	00:04:26	3472
2848	3768	Rodrigo Soares	00:24:30	00:51:42	00:51:39	3096	Soares Family & Friends	Junior	83	00:04:53	5056
2849	5100	Helder Pontes	00:24:56	00:51:42	00:51:13	2981		V35	611	00:04:31	3757
2850	9846	Helena Nunes	00:25:25	00:51:43	00:51:10	2966		V45	27	00:04:26	3445

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2851	5963	Luis Roseiro	00:26:41	00:51:43	00:50:14	2709	LUSO-ATLANTICA SA	V50	202	00:04:38	4165
2852	3288	Rui Borges	00:25:08	00:51:43	00:51:31	3063	GA Monsanto Gascan	V50	203	00:04:34	3934
2853	2406	João Reis	00:25:09	00:51:43	00:51:38	3087	Valejas Atlético Clube	V50	204	00:04:29	3657
2854	2790	Nuno Monteiro	00:25:24	00:51:43	00:50:58	2908		Senior	667	00:04:38	4163
2855	8586	Pedro Ventura	00:27:10	00:51:43	00:50:40	2822		Senior	668	00:04:05	2038
2856	5627	Pedro Lopes	00:24:51	00:51:43	00:50:58	2909	SS CGD	V35	612	00:04:48	4772
2857	2793	Miguel Marques	00:24:17	00:51:44	00:51:41	3112	SAMIPE	V35	613	00:04:24	3300
2858	721	Artur Soares	00:27:37	00:51:44	00:49:48	2583		V40	583	00:04:04	1930
2859	9203	Susana Almeida	00:25:36	00:51:44	00:51:29	3054		V40	39	00:04:34	3897
2860	5898	Jose Loureiro	00:26:39	00:51:44	00:50:31	2786	APOGMA	V50	205	00:04:11	2422
2861	2146	João Fernandes	00:24:31	00:51:45	00:51:32	3069	Açoreana Clube Banif	Senior	669	00:04:38	4149
2862	8289	António Leão	00:26:45	00:51:45	00:50:08	2687	PowerBoost Club	V40	584	00:04:14	2635
2863	9276	Luís Duarte	00:25:31	00:51:46	00:51:45	3133		V65	13	00:04:10	2387
2864	4201	Evaristo Cutileiro	00:26:13	00:51:46	00:51:11	2968	Fé no Pau	Senior	670	00:04:15	2696
2865	9581	Maria Cruz	00:25:43	00:51:46	00:51:30	3057		V45	28	00:04:11	2484
2866	4959	Rui Lourenço	00:24:31	00:51:46	00:51:33	3071		V35	614	00:04:47	4681
2867	2860	João Faustino	00:25:28	00:51:47	00:51:40	3099	Resmas	V60	44	00:04:29	3656
2868	1787	Hugo Ribeiro	00:24:24	00:51:47	00:51:35	3077		V35	615	00:04:48	4769
2869	8684	Claudio Gonçalves	00:27:45	00:51:47	00:49:58	2641		Senior	671	00:04:03	1872

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2870	2066	Nuno Silva	00:27:30	00:51:47	00:49:24	2442	Quinta do guiks friends	Senior	672	00:04:03	1859
2871	4956	Miguel Nolasco	00:25:12	00:51:47	00:51:08	2951		V35	616	00:05:03	5583
2872	3938	Bruno Duarte	00:25:28	00:51:47	00:51:09	2960	CCD TRANQUILIDADE	Senior	673	00:03:49	1107
2873	3069	António Vieira	00:25:34	00:51:47	00:51:36	3083		Senior	674	00:04:42	4383
2874	163	Egídio Gonçalves	00:25:37	00:51:48	00:51:18	3008		Senior	675	00:04:22	3177
2875	4889	Américo Carvalho	00:25:19	00:51:48	00:51:09	2962		V40	585	00:04:23	3270
2876	7119	Cláudia Garcia	00:26:01	00:51:48	00:50:56	2903	INDEG-ISCTE	Senior	58	00:04:22	3176
2877	9730	Rui Nunes	00:24:46	00:51:48	00:51:28	3052	Beer Boys	Senior	676	00:04:17	2845
2878	1045	Mauro Gonçalves	00:26:15	00:51:48	00:51:13	2979		V40	586	00:04:23	3269
2879	2912	Paulo Pereira	00:25:49	00:51:48	00:51:11	2969	Serviços Sociais Montepio Geral	V40	587	00:04:20	3079
2880	6587	Jorge Luis	00:27:48	00:51:48	00:49:55	2615		V40	588	00:04:00	1689
2881	996	Victor Moutinho	00:25:31	00:51:49	00:51:45	3131		V45	349	00:04:14	2642
2882	1288	Joaquim Pedrosa	00:26:00	00:51:49	00:51:25	3037		V55	117	00:04:27	3485
2883	4666	João Pereira	00:25:25	00:51:50	00:51:16	2999	Clube Ferroviario de Portugal	V40	589	00:04:20	3070
2884	8491	Rosa Afonso	00:24:55	00:51:50	00:51:38	3091		V45	29	00:04:16	2787
2885	8532	Wong Lin	00:24:56	00:51:50	00:51:44	3126		V45	30	00:04:40	4246
2886	991	Cesar Rodrigues	00:24:20	00:51:51	00:51:41	3111	Run Buddy Run	V40	590	00:04:47	4723
2887	992	Sérgio Teixeira	00:24:20	00:51:51	00:51:41	3108	Run Buddy Run	Senior	677	00:04:48	4749
2888	8007	Patrícia Antunes	00:26:18	00:51:51	00:51:12	2974		Senior	59	00:03:56	1472



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2889	7883	David Beja	00:26:19	00:51:51	00:51:13	2983		Senior	678	00:03:58	1573
2890	6459	Bernardo Santos	00:26:12	00:51:51	00:51:07	2942		Senior	679	00:04:38	4152
2891	8264	José Nunes	00:25:36	00:51:52	00:51:52	3169		Senior	680	00:03:57	1514
2892	3113	José Silva	00:25:08	00:51:52	00:51:06	2940	Lenita Runners & Sportbillys	V45	350	00:04:26	3447
2893	7521	Alexandra Lopes	00:21:55	00:51:52	00:51:42	3117		V40	40	00:05:09	5887
2894	9671	Antonio Soares	00:26:52	00:51:53	00:50:23	2747		V40	591	00:04:17	2847
2895	6292	Isabel Oleiro	00:25:49	00:51:53	00:51:12	2975		V40	41	00:04:23	3261
2896	6719	Tiago Magalhaes	00:26:00	00:51:53	00:51:10	2963	Runners do Travesseiro	V35	617	00:04:25	3412
2897	309	Paulo Lopes	00:25:34	00:51:53	00:51:07	2943		V45	351	00:04:32	3800
2898	3618	Marco Martins	00:25:11	00:51:53	00:51:17	3000		Senior	681	00:04:39	4185
2899	3524	Henrique Garcia	00:26:40	00:51:53	00:51:41	3107		V35	618	00:03:59	1625
2900	4299	Pedro Pires	00:22:59	00:51:53	00:51:43	3124	CLUBE MILLENNIUM BCP	V45	352	00:04:53	5052
2901	7788	Joaquim Cardoso	00:26:16	00:51:54	00:51:26	3044		V40	592	00:04:12	2505
2902	10319	José Freitas	00:24:14	00:51:54	00:51:49	3153		V35	619	00:04:42	4363
2903	7364	Carlos Costa	00:24:43	00:51:54	00:51:35	3078		V45	353	00:04:34	3910
2904	622	Gonçalo Vieira	00:27:40	00:51:54	00:47:13	1719	Os Moleiro do Colibride	Senior	682	00:04:06	2086
2905	6623	Lígia Costa	00:26:48	00:51:54	00:50:59	2912	Pastelaria Charly's	V45	31	00:04:10	2364
2906	1647	João Torrado	00:26:10	00:51:54	00:51:30	3060	SAPATISTAS	V65	14	00:04:16	2795
2907	5581	Hélia Freire	00:27:12	00:51:54	00:50:28	2768		V35	43	00:04:16	2790

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2908	8679	Humberto Nunes	00:25:13	00:51:54	00:51:24	3033		V35	620	00:04:40	4286
2909	8877	Domingos Rodrigues	00:25:13	00:51:54	00:51:53	3177		V45	354	00:04:23	3242
2910	5016	Rui Fernandes	00:26:15	00:51:55	00:50:43	2843		V40	593	00:04:16	2788
2911	4795	Carlos Brandão	00:27:07	00:51:55	00:50:23	2746	EggBreakers	V35	621	00:04:08	2281
2912	2947	Luís Reis	00:26:00	00:51:55	00:51:22	3020	GDINE	V55	118	00:04:14	2627
2913	8617	Hugo Simões	00:27:43	00:51:55	00:47:32	1813		V35	622	00:04:06	2083
2914	9329	Vanessa Sequeira	00:25:33	00:51:55	00:51:33	3070	Winners Team	Senior	60	00:04:32	3795
2915	369	Fernanda Costa	00:25:16	00:51:55	00:51:54	3182	Amigos Atletismo Mafra	V50	5	00:04:15	2749
2916	4125	Ricardo Freitas	00:28:33	00:51:56	00:46:56	1634		Senior	683	00:03:54	1368
2917	1191	José Pereira	00:25:51	00:51:56	00:51:13	2985		V40	594	00:04:38	4167
2918	1825	Juvenal Gonçalves	00:26:10	00:51:57	00:51:18	3010		V40	595	00:04:04	1983
2919	5168	Paulo Cruz	00:26:58	00:51:57	00:50:51	2878		V45	355	00:03:50	1167
2920	2460	Pedro Santos	00:26:10	00:51:57	00:51:18	3009	Volkswagen Autoeuropa	V40	596	00:04:05	2033
2921	10	Bruno Pais	00:24:33	00:51:58	00:51:51	3165	Sport Lisboa e Benfica	Senior	684	00:04:37	4064
2922	2571	Carlos Seco	00:26:04	00:51:58	00:51:07	2946	grupo desportivo águias da moita	V50	206	00:04:15	2739
2923	671	Paulo Enes	00:26:09	00:51:58	00:51:19	3013		V40	597	00:04:16	2794
2924	8614	André Ribeiro	00:26:11	00:51:59	00:50:53	2887		Senior	685	00:04:24	3290
2925	1503	Jose Vermelhudo	00:25:29	00:51:59	00:51:34	3074		V55	119	00:04:21	3110
2926	9133	Paulo Martins	00:25:27	00:52:00	00:51:37	3085	Coininha Runners	V45	356	00:04:28	3582



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2927	2117	Luis Silva	00:27:38	00:52:00	00:47:10	1700		V45	357	00:03:59	1627
2928	5293	Francisco Passos	00:25:52	00:52:00	00:51:40	3102		V50	207	00:04:25	3396
2929	8949	Jorge Perales	00:26:04	00:52:00	00:51:31	3064		V40	598	00:04:15	2724
2930	2369	José Maurício	00:24:43	00:52:00	00:51:52	3170	Academia Fitness Militar	V50	208	00:04:14	2646
2931	5606	Carlos Leitão	00:25:12	00:52:00	00:51:43	3122	SS CGD	V50	209	00:04:41	4295
2932	2368	Bruna Rocha	00:24:43	00:52:00	00:51:52	3171	Academia Fitness Militar	Senior	61	00:04:14	2647
2933	5050	Filomena Jesus	00:25:25	00:52:01	00:51:51	3166	sfuap	V40	42	00:04:21	3121
2934	8613	Fernando Gomes	00:27:04	00:52:01	00:51:15	2996		V50	210	00:03:47	1000
2935	7516	António Fernandes	00:24:48	00:52:02	00:51:59	3207		V60	45	00:04:43	4485
2936	3526	Luís Azevedo	00:26:21	00:52:03	00:50:40	2825		V50	211	00:04:18	2906
2937	1639	Marcos Faustino	00:24:53	00:52:03	00:51:54	3179	C. A. Amigos Parque da Paz	V55	120	00:04:42	4370
2938	9959	Pedro Carvalho	00:25:22	00:52:03	00:51:50	3162		Senior	686	00:04:33	3870
2939	7421	Carlos Mendes	00:24:28	00:52:03	00:51:46	3139		V45	358	00:04:49	4803
2940	8437	Alexandre Silva	00:26:57	00:52:03	00:51:17	3002	IronesSilvas	Senior	687	00:03:51	1202
2941	4505	António Gonçalves	00:26:32	00:52:03	00:51:16	2998		Junior	84	00:04:22	3162
2942	7826	Nuno Epifânio	00:26:16	00:52:04	00:51:18	3006		V35	623	00:04:31	3725
2943	9611	Carlos Porto	00:26:02	00:52:04	00:51:36	3082		V60	46	00:04:21	3125
2944	8867	Diogo Miragaia	00:27:03	00:52:04	00:51:25	3040		Senior	688	00:04:02	1829
2945	5904	Vitor Narciso	00:26:29	00:52:04	00:51:25	3039	Ecocalcario	Senior	689	00:04:07	2180

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2946	4589	Jose Raposo	00:25:39	00:52:04	00:51:42	3119	FAB4	V55	121	00:04:34	3915
2947	8192	Vilma Bento	00:27:22	00:52:05	00:51:01	2926		V45	32	00:04:08	2263
2948	8193	Francisco Nunes	00:27:22	00:52:05	00:51:01	2923		Senior	690	00:04:09	2317
2949	481	Ana Martins	00:25:48	00:52:05	00:52:03	3217		V40	43	00:04:23	3251
2950	2288	António Costa	00:25:38	00:52:05	00:51:49	3155		V70	2	00:04:41	4331
2951	9928	Tiago Ribeiro	00:26:37	00:52:05	00:50:17	2717		V40	599	00:04:09	2294
2952	8644	Antonio Anunciada	00:24:58	00:52:06	00:51:48	3150		V40	600	00:04:39	4205
2953	4346	Jorge Soares	00:26:05	00:52:06	00:51:55	3193	CLUBE MILLENNIUM BCP	V45	359	00:03:56	1480
2954	6293	Sandro Silva	00:27:49	00:52:06	00:47:09	1698		V35	624	00:04:14	2648
2955	8808	Ricardo Ramos	00:27:40	00:52:06	00:47:08	1691		Senior	691	00:03:55	1425
2956	2784	Sofia Barbosa	00:24:42	00:52:06	00:51:46	3136		Senior	62	00:04:35	3973
2957	10448	Miguel Aires	00:27:13	00:52:06	00:50:48	2867		V55	122	00:04:11	2481
2958	3972	Hugo Ferreira	00:25:24	00:52:06	00:51:37	3086		Senior	692	00:04:40	4267
2959	3667	Matheus Silva	00:26:46	00:52:06	00:50:18	2721		Senior	693	00:04:04	1958
2960	5062	Rui Ferreira	00:27:50	00:52:07	00:50:17	2716		V35	625	00:03:50	1175
2961	8836	Pedro Rodrigues	00:27:26	00:52:07	00:50:40	2827	EXICTOS Running Team	V45	360	00:04:07	2189
2962	1036	Jacinto Rosa	00:26:43	00:52:07	00:50:54	2892		Senior	694	00:04:03	1875
2963	5935	Julio Barao	00:26:28	00:52:07	00:51:40	3100		V35	626	00:04:20	3033
2964	1031	Nuno Galvão	00:25:49	00:52:07	00:51:22	3024	Segunda Quarta Sexta	V50	212	00:04:34	3894

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2965	9164	Paulo Parrilha	00:26:57	00:52:08	00:50:34	2800	Chitas de Alcobaça	V45	361	00:04:21	3137
2966	3985	Duarte Sousa	00:26:47	00:52:08	00:51:13	2980		V35	627	00:04:07	2175
2967	1252	Nuno Marques	00:28:53	00:52:08	00:47:28	1791		V40	601	00:03:59	1621
2968	8602	Alberto Valente	00:25:04	00:52:08	00:51:46	3135		V50	213	00:04:17	2853
2969	4988	Fernando Neves	00:26:17	00:52:08	00:51:44	3128	Os Galgos de Tancos	V45	362	00:04:55	5168
2970	2304	Carlos Fernandes	00:24:42	00:52:09	00:51:43	3123	Tálenos Team	V40	602	00:04:12	2537
2971	8554	Carlos Santos	00:26:11	00:52:09	00:51:30	3058	EXICTOS Running Team	V40	603	00:04:16	2789
2972	590	José Duarte	00:27:44	00:52:09	00:50:53	2888		V40	604	00:04:12	2536
2973	8396	Cesário Rodrigues	00:26:45	00:52:09	00:49:43	2565		Senior	695	00:04:17	2844
2974	7387	Pedro Neves	00:27:35	00:52:09	00:51:59	3203		Senior	696	00:03:47	1023
2975	908	Sandra Carvalho	00:27:50	00:52:09	00:50:37	2813		V40	44	00:04:07	2196
2976	5854	Ricardo Carvalho	00:28:44	00:52:09	00:50:03	2661		Senior	697	00:04:15	2732
2977	4585	Teresa Cardoso	00:26:22	00:52:10	00:51:18	3011	Serviços Sociais Montepio Geral	Senior	63	00:04:11	2493
2978	7256	Rui Carvalho	00:24:31	00:52:10	00:52:09	3252		V35	628	00:04:55	5164
2979	4519	Rúben Lino	00:27:32	00:52:10	00:50:37	2814		Senior	698	00:04:08	2259
2980	3945	Tiago Belo	00:27:10	00:52:10	00:49:56	2622	CCD TRANQUILIDADE	V35	629	00:04:17	2871
2981	2914	Pedro Carrasco	00:26:21	00:52:10	00:51:20	3014	Serviços Sociais Montepio Geral	V40	605	00:04:09	2314
2982	126	Joao Marques	00:26:23	00:52:10	00:51:28	3050		V40	606	00:04:13	2590
2983	5338	Ivo Roque	00:27:26	00:52:11	00:50:40	2831		V35	630	00:04:09	2312



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
2984	6984	Nelson Prazeres	00:24:31	00:52:11	00:52:10	3256		V35	631	00:04:55	5159
2985	2975	António Lopes	00:26:45	00:52:11	00:51:13	2982		V40	607	00:04:11	2462
2986	6678	Pedro Figueira	00:26:08	00:52:11	00:52:05	3227		V35	632	00:04:21	3135
2987	6677	Mafalda Moreira	00:26:08	00:52:12	00:52:05	3228		Senior	64	00:04:22	3193
2988	3462	Vasco Santos	00:26:59	00:52:12	00:50:42	2835	GD Banco BPI	V50	214	00:04:07	2186
2989	4565	Hugo Realinho	00:26:08	00:52:12	00:52:05	3229		V35	633	00:04:22	3192
2990	3598	Ana Abegão	00:26:09	00:52:12	00:51:55	3195	CLAC - Entroncamento	V45	33	00:04:11	2485
2991	9784	João Catalão	00:25:04	00:52:12	00:52:02	3214	Run Away Team	V35	634	00:04:27	3495
2992	3600	José Fidélio	00:26:08	00:52:12	00:51:55	3194	CLAC - Entroncamento	V60	47	00:04:11	2483
2993	9438	Amilcar Figueiredo	00:26:02	00:52:12	00:51:26	3046	Clube Robbialac	V55	123	00:04:26	3420
2994	5918	Isabel Pisco	00:25:30	00:52:13	00:51:44	3127	Proaventuras	V45	34	00:04:24	3332
2995	3876	Miguel Gregório	00:25:47	00:52:13	00:52:01	3211		Senior	699	00:04:05	2031
2996	4785	Maria Olveira	00:29:46	00:52:14	00:52:09	3250		V50	6	00:06:09	7638
2997	4218	Fernando Araújo	00:25:05	00:52:14	00:52:12	3268		V40	608	00:04:55	5218
2998	6108	João Rosário	00:26:37	00:52:14	00:51:06	2935	Running Trolls	Senior	700	00:04:12	2521
2999	9923	José Ferreira	00:26:52	00:52:15	00:51:07	2947		V60	48	00:04:14	2621
3000	4904	Diogo Correia	00:26:18	00:52:15	00:51:25	3038		Senior	701	00:04:05	2037
3001	7524	Damião Santos	00:26:34	00:52:16	00:50:43	2842		V35	635	00:03:56	1467
3002	5993	Marco Ferreira	00:24:42	00:52:16	00:51:47	3142		Senior	702	00:04:52	4980



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3003	6020	Nuno Henriques	00:27:22	00:52:16	00:50:46	2859	LUSO-ATLANTICA SA	V45	363	00:04:16	2772
3004	4509	Luís Conceição	00:26:10	00:52:16	00:51:42	3118	CCRD BURINHOSA	V50	215	00:04:08	2270
3005	10597	Alexandre Évora	00:25:00	00:52:17	00:51:24	3032		V35	636	00:04:25	3389
3006	6732	Daniel Jesus	00:26:08	00:52:17	00:52:09	3249		Junior	85	00:04:31	3743
3007	7859	Rui Antunes	00:25:38	00:52:17	00:51:56	3196		Senior	703	00:04:24	3336
3008	10425	Luís Oliveira	00:25:34	00:52:17	00:51:39	3094		Senior	704	00:04:37	4057
3009	8626	Pedro Quina	00:26:07	00:52:18	00:51:29	3055		V45	364	00:04:39	4172
3010	4392	Vitor Mata	00:24:27	00:52:18	00:52:12	3266	CLUBE MILLENNIUM BCP	Senior	705	00:04:36	4049
3011	1669	Pedro Pinto	00:27:09	00:52:18	00:52:08	3242	Os Indomaveis	V60	49	00:04:24	3338
3012	8399	Henrique Guedes	00:26:15	00:52:19	00:51:41	3113		V45	365	00:04:25	3385
3013	8363	Julia Landazuri	00:25:09	00:52:19	00:52:14	3275		Senior	65	00:04:38	4147
3014	5320	Céu Leitão	00:25:37	00:52:19	00:51:49	3157	CCD Sintrense	V45	35	00:04:26	3428
3015	1800	André Batista	00:27:20	00:52:19	00:50:15	2713	Movimento	V35	637	00:04:18	2916
3016	535	Ricardo Gomes	00:27:14	00:52:19	00:50:59	2913		Senior	706	00:04:06	2097
3017	1218	Bruno Veiga	00:23:31	00:52:19	00:52:09	3247		Senior	707	00:04:57	5281
3018	713	Paulo Prata	00:24:55	00:52:19	00:51:55	3190		V45	366	00:04:40	4287
3019	3142	Ludgero Santana	00:25:55	00:52:19	00:52:12	3265	Santana	V50	216	00:04:11	2452
3020	8427	Jose Alves	00:27:50	00:52:19	00:51:14	2986		Senior	708	00:04:11	2453
3021	8191	João Adónis	00:25:04	00:52:19	00:51:54	3181		V40	609	00:04:36	4033

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3022	9877	Mario Vicente	00:27:30	00:52:20	00:50:26	2762		Senior	709	00:04:12	2523
3023	1794	Manuel Duarte	00:25:45	00:52:20	00:51:51	3163	Clube do Stress	V45	367	00:04:28	3572
3024	329	Almerindo Silva	00:27:11	00:52:20	00:48:16	2056	A.D.C.Catujal	V55	124	00:04:31	3722
3025	1610	Rogério Folgado	00:25:01	00:52:20	00:51:50	3160	MENU DE ATLETA	V50	217	00:04:28	3571
3026	8565	Paulo Brito	00:25:31	00:52:20	00:52:15	3278	CLUBE ACCENTURE	V40	610	00:04:35	3991
3027	1570	Rogério Ciríaco	00:25:57	00:52:20	00:51:38	3092	run 4 you	V35	638	00:04:14	2672
3028	9109	António Ribeiro	00:25:20	00:52:21	00:52:20	3314		V60	50	00:04:24	3326
3029	8207	Rita Garrido	00:26:22	00:52:21	00:51:35	3079		Senior	66	00:04:20	3023
3030	8572	Filipe Marques	00:25:31	00:52:21	00:52:17	3286	CLUBE ACCENTURE	Senior	710	00:04:36	4043
3031	4947	Carlos Mustra	00:24:51	00:52:21	00:52:11	3261	Starfish	V35	639	00:04:50	4885
3032	8307	Fernando Rosa	00:25:00	00:52:21	00:52:13	3272	VdAtletas	V50	218	00:04:39	4199
3033	3106	Raúl Grilo	00:25:01	00:52:21	00:51:50	3161	MENU DE ATLETA	V55	125	00:04:28	3580
3034	8755	Maria Vaz	00:26:16	00:52:21	00:51:45	3134		V35	44	00:04:18	2910
3035	8188	Sérgio Rodrigues	00:26:24	00:52:22	00:51:05	2932	Clube Ferroviário de Portugal	V35	640	00:04:24	3307
3036	6636	Armando Loureiro	00:26:04	00:52:22	00:51:55	3191		V65	15	00:04:08	2273
3037	1824	Amílcar Póvoa	00:24:31	00:52:22	00:52:20	3308	C. A. Amigos Parque da Paz	V65	16	00:04:24	3319
3038	5605	Carlos Albano	00:26:46	00:52:23	00:51:35	3081	SS CGD	V40	611	00:04:30	3659
3039	7199	Hugo Casaca	00:26:30	00:52:23	00:51:35	3080	HP CLUB	V35	641	00:04:23	3239
3040	9627	Pedro Lapa	00:26:59	00:52:23	00:50:39	2820		Senior	711	00:04:07	2200

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3041	1193	Inês Gonçalves	00:26:12	00:52:23	00:51:40	3105		Senior	67	00:04:11	2454
3042	8215	Francisco Franca	00:26:14	00:52:23	00:51:24	3031		V45	368	00:05:03	5589
3043	7014	João Fernandes	00:28:05	00:52:23	00:50:43	2841		Junior	86	00:03:59	1623
3044	7367	Rui Martins	00:27:17	00:52:23	00:51:08	2948		V45	369	00:04:11	2456
3045	3042	Alexandre Serrano	00:26:38	00:52:23	00:48:29	2127	Bombeiros Voluntários de Montemor-o-Novo	Senior	712	00:04:35	3955
3046	2659	Ana Pereira	00:26:02	00:52:24	00:51:46	3140	GFD Running	V40	45	00:04:31	3718
3047	5181	Inacio Gonçalves	00:25:37	00:52:24	00:52:05	3232		V60	51	00:04:35	3946
3048	4345	Paulo Pinto	00:26:11	00:52:24	00:52:11	3260	CLUBE MILLENNIUM BCP	V50	219	00:04:22	3146
3049	2805	Jorge Bento	00:24:47	00:52:24	00:51:52	3173		V40	612	00:04:30	3662
3050	8762	Joaquim Cruz	00:27:07	00:52:24	00:51:01	2920		V50	220	00:04:30	3664
3051	5760	Sara Velho	00:25:38	00:52:24	00:52:21	3320	Proaventuras	V35	45	00:04:31	3751
3052	4297	Fernando Rosa	00:26:01	00:52:24	00:52:11	3259	CLUBE MILLENNIUM BCP	V35	642	00:04:09	2301
3053	9424	Nuno Soares	00:27:39	00:52:25	00:51:41	3109		Senior	713	00:04:01	1769
3054	1861	Miraldo Ramos	00:27:41	00:52:25	00:51:08	2950	SS CGD	V35	643	00:03:45	949
3055	4515	António Lima	00:25:49	00:52:26	00:52:22	3325	spor lisboa campolide	V60	52	00:04:09	2306
3056	3012	António Clemente	00:26:27	00:52:26	00:51:18	3007	Tarolas Team	V45	370	00:04:27	3538
3057	2512	Gonçalo Azenha	00:26:34	00:52:26	00:51:38	3089		Senior	714	00:04:16	2759
3058	2685	Luis Lopes	00:24:28	00:52:26	00:52:05	3230		V35	644	00:04:53	5068
3059	374	Carlos Gonçalves	00:27:43	00:52:27	00:50:34	2803		V55	126	00:04:04	1949



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3060	9100	Maria Gonzalez	00:27:10	00:52:27	00:50:57	2905		Senior	68	00:04:07	2134
3061	174	Julio Serras	00:27:45	00:52:27	00:50:20	2737		V40	613	00:03:58	1599
3062	8480	David Ferro	00:25:18	00:52:28	00:51:47	3143		Senior	715	00:04:25	3375
3063	544	Gonçalo João	00:26:00	00:52:28	00:51:48	3146	Caracóis Running Team	Senior	716	00:04:22	3151
3064	170	Rodrigo Santos	00:25:10	00:52:29	00:52:16	3280		V40	614	00:04:59	5376
3065	8686	Rúben Silva	00:27:45	00:52:29	00:51:14	2992		Senior	717	00:04:23	3277
3066	5865	Cristina Pires	00:26:39	00:52:29	00:51:22	3019		V40	46	00:04:30	3671
3067	8619	José Tiago	00:27:45	00:52:29	00:51:14	2991		Senior	718	00:04:23	3280
3068	8160	Henrique Martins	00:24:32	00:52:29	00:52:17	3292	LUSO-ATLANTICA SA	V50	221	00:04:45	4615
3069	4233	Victor Saraiva	00:26:45	00:52:29	00:51:14	2988		V45	371	00:04:24	3324
3070	7560	João Ferro	00:27:55	00:52:29	00:51:01	2925	AquaRunners	Senior	719	00:03:35	572
3071	8854	João Melo	00:26:36	00:52:29	00:51:08	2953		V35	645	00:04:31	3745
3072	8575	Paulo Ruivo	00:25:31	00:52:30	00:52:27	3356	CLUBE ACCENTURE	Senior	720	00:04:27	3537
3073	814	Claudia Novais	00:26:20	00:52:30	00:51:31	3065	Netcourier Logistica	V45	36	00:04:11	2459
3074	4115	Bruno Domingos	00:28:06	00:52:30	00:50:31	2783		V35	646	00:03:57	1511
3075	3095	Susana Freitas	00:25:41	00:52:31	00:51:53	3174	CCD Loures - Correr para Viver +	V35	46	00:04:24	3309
3076	1586	Pedro Quaresma	00:27:31	00:52:31	00:48:22	2085	Flechas	Senior	721	00:03:50	1149
3077	8281	Paulo Correia	00:25:46	00:52:31	00:51:41	3115		Senior	722	00:04:24	3322
3078	2287	Luis Gabirro	00:26:20	00:52:31	00:52:14	3273		V35	647	00:04:06	2096



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3079	7718	Antonio Correia	00:26:15	00:52:31	00:52:04	3221		V50	222	00:04:33	3879
3080	5375	Pedro Doroana	00:28:44	00:52:31	00:50:26	2760		V35	648	00:03:51	1216
3081	631	Paulo Alves	00:24:18	00:52:32	00:52:25	3345	Falcões Selvagens	V35	649	00:04:50	4893
3082	2919	Ricardo Dias	00:25:50	00:52:32	00:51:48	3147	Serviços Sociais Montepio Geral	V40	615	00:04:37	4105
3083	347	Ricardo Madrinha	00:28:29	00:52:32	00:47:58	1959		Senior	723	00:04:07	2151
3084	2856	Bruno Fragoso	00:30:13	00:52:33	00:47:20	1752	Resmas	Senior	724	00:03:51	1217
3085	5664	Alfredo Martins	00:25:40	00:52:33	00:51:51	3167		V35	650	00:04:25	3411
3086	9631	Paulo Serra	00:25:15	00:52:33	00:52:17	3282		V35	651	00:04:50	4891
3087	9024	Jose Baixinho	00:26:37	00:52:33	00:51:52	3168		V55	127	00:04:29	3626
3088	5554	António Galheto	00:26:17	00:52:33	00:52:20	3312		V65	17	00:04:22	3149
3089	9772	Rui Lopes	00:25:12	00:52:33	00:52:21	3321		V40	616	00:04:35	3982
3090	6356	Ricardo Costa	00:25:57	00:52:34	00:51:50	3159		Senior	725	00:04:26	3429
3091	4242	Alejandro Fernandez	00:26:10	00:52:34	00:52:05	3233		V35	652	00:04:19	2958
3092	7255	Carlos Patusco	00:27:34	00:52:34	00:50:42	2836	iRun	Senior	726	00:04:20	3069
3093	9550	Paulo Carvalho	00:26:10	00:52:34	00:52:08	3240		V45	372	00:04:28	3602
3094	8727	Rui Jorge	00:27:46	00:52:34	00:51:00	2916	Chitas de Alcobaça	V45	373	00:04:03	1885
3095	4750	Valdemar Damião	00:24:54	00:52:34	00:52:24	3344		V65	18	00:04:23	3266
3096	5618	Germano Matos	00:27:22	00:52:35	00:51:21	3017	LINDA-A-PASTORA SPORTING CLUBE	V65	19	00:04:03	1887
3097	8155	Diogo Assis	00:27:23	00:52:35	00:50:48	2868		V35	653	00:04:27	3526



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3098	4409	Jose Marques	00:25:10	00:52:35	00:52:25	3346	CLUBE MILLENNIUM BCP	V45	374	00:04:25	3400
3099	6990	Luis Damião	00:26:07	00:52:35	00:52:12	3264		V45	375	00:04:23	3273
3100	5850	Gonçalo Sacoto	00:24:42	00:52:35	00:52:22	3332		V35	654	00:04:55	5190
3101	1250	Fernando Coutinho	00:27:31	00:52:35	00:51:26	3045		V45	376	00:04:09	2300
3102	2321	Sandra Vicente	00:24:59	00:52:35	00:52:32	3379	Clube Atletismo Amigos de Belém	Senior	69	00:04:08	2269
3103	3379	Ana Correia	00:25:54	00:52:36	00:52:20	3307		V45	37	00:04:31	3738
3104	8699	Pedro Bastos	00:25:42	00:52:36	00:51:54	3184		V40	617	00:04:37	4084
3105	3229	Claudia Belo	00:25:53	00:52:36	00:52:06	3236	G D C Banco de Portugal	V40	47	00:04:39	4213
3106	4327	Mario Mendes	00:25:59	00:52:36	00:52:19	3303	CLUBE MILLENNIUM BCP	V45	377	00:04:25	3409
3107	8580	Isidoro Romero	00:26:51	00:52:36	00:51:49	3152		V50	223	00:04:02	1841
3108	3304	Manuel Machado	00:25:40	00:52:36	00:51:55	3189	GRCD Leião	V40	618	00:04:07	2147
3109	1820	Vitor Vieira	00:25:53	00:52:36	00:52:01	3210		V40	619	00:04:33	3885
3110	1838	Antonio Negrinho	00:28:25	00:52:37	00:51:23	3030	SS CGD	V50	224	00:03:56	1501
3111	6070	Jorge Costa	00:26:06	00:52:37	00:52:19	3300		V35	655	00:04:22	3152
3112	4199	Diogo Gonçalves	00:28:43	00:52:37	00:50:22	2745	Fé no Pau	Senior	727	00:03:52	1276
3113	5139	Rui Costa	00:27:07	00:52:37	00:52:10	3254	Red Runners	V40	620	00:04:11	2464
3114	4918	Mafalda Martinho	00:25:53	00:52:37	00:52:09	3251		Senior	70	00:04:38	4126
3115	4200	Sebastião Guerra	00:28:43	00:52:37	00:50:22	2743	Fé no Pau	Senior	728	00:03:51	1184
3116	2014	Ricardo Antunes	00:28:05	00:52:37	00:51:04	2930	Line Runners	V35	656	00:04:04	1951

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3117	9927	João Moleira	00:23:12	00:52:38	00:52:28	3360		V35	657	00:05:34	6817
3118	4331	Jose Teixeira	00:26:12	00:52:38	00:52:19	3306	CLUBE MILLENNIUM BCP	V40	621	00:04:39	4203
3119	5280	João Lopes	00:25:50	00:52:38	00:52:18	3293	Amigos da Mini	Senior	729	00:04:51	4920
3120	5279	Valter Forno	00:25:50	00:52:38	00:52:18	3299	Amigos da Mini	Senior	730	00:04:51	4919
3121	6890	Helder Simas	00:27:21	00:52:38	00:51:25	3041		V45	378	00:04:03	1884
3122	5638	Ivo Sousa	00:25:51	00:52:38	00:52:18	3298	Amigos da Mini	V35	658	00:04:51	4909
3123	790	Bruno Santos	00:26:13	00:52:38	00:51:53	3175	Panquecas	V35	659	00:04:54	5136
3124	158	Manuel Canané	00:26:55	00:52:38	00:52:11	3258		V45	379	00:04:12	2535
3125	5463	Diana Gomes	00:28:07	00:52:39	00:50:29	2774		Senior	71	00:04:06	2112
3126	978	Joana Ribeiro	00:27:00	00:52:39	00:51:53	3176		Senior	72	00:04:21	3115
3127	6384	Hugo Silva	00:24:51	00:52:39	00:52:35	3387		Senior	731	00:04:23	3234
3128	8251	Paulo Santos	00:25:31	00:52:39	00:52:20	3315		V40	622	00:04:41	4343
3129	4272	Duarte Almeida	00:24:56	00:52:39	00:52:02	3213	ROTAPRO	V45	380	00:05:05	5715
3130	2335	Mário Cardoso	00:26:33	00:52:39	00:52:24	3342	Bombeiros Voluntários de Montemor-o-Novo	V45	381	00:04:18	2913
3131	5217	Albertino Pacheco	00:26:13	00:52:39	00:51:59	3202	Papa-almoços	V50	225	00:04:47	4673
3132	2657	Margarida Pinto	00:26:01	00:52:39	00:52:03	3219	GFD Running	V40	48	00:04:21	3127
3133	811	Carlos Dias	00:25:07	00:52:40	00:51:53	3178		V40	623	00:04:39	4206
3134	600	António Quaresma	00:26:10	00:52:40	00:52:26	3353	LINDA-A-PASTORA SPORTING CLUBE	V40	624	00:04:33	3881
3135	2672	Rodrigo Serra	00:26:00	00:52:40	00:52:02	3216	GFD Running	V35	660	00:04:20	3032



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
3136	8156	Fernando Gonçalves	00:27:36	00:52:40	00:51:25	3043		V40	625	00:03:58	1572
3137	7625	Rita Carvalho	00:25:39	00:52:41	00:52:26	3352	Surf Runners	Senior	73	00:04:21	3112
3138	7866	António Silva	00:26:24	00:52:41	00:52:20	3317	SilvaPortela	Senior	732	00:04:24	3321
3139	9252	Rui Santos	00:26:57	00:52:41	00:51:37	3084		Senior	733	00:03:59	1628
3140	518	Pedro Alfaiate	00:25:09	00:52:41	00:52:12	3269	Carlos e os seus alunos	V35	661	00:05:00	5462
3141	8587	Nádia Rocha	00:25:30	00:52:41	00:52:32	3383		Senior	74	00:04:38	4121
3142	9917	Eduardo Manso	00:27:14	00:52:42	00:51:40	3101		V50	226	00:04:12	2538
3143	5561	Luis Marques	00:24:07	00:52:43	00:52:16	3281	Os Caldenses	Senior	734	00:05:46	7171
3144	8650	Pedro Ferraz	00:25:35	00:52:43	00:52:02	3215	Pedros	V35	662	00:04:23	3214
3145	9330	Nuno Jesus	00:26:13	00:52:43	00:52:08	3241	Winners Team	Senior	735	00:04:35	3975
3146	2054	Paulo Duarte	00:27:40	00:52:43	00:51:09	2956	GDCT Unicre	V45	382	00:03:58	1574
3147	6481	Pedro Matos	00:27:12	00:52:44	00:52:36	3397		Junior	87	00:03:50	1160
3148	909	Sandra Vieira	00:25:31	00:52:44	00:52:18	3297		V40	49	00:04:30	3660
3149	6875	Paulo Angelino	00:26:40	00:52:44	00:52:08	3245	Foz365	V40	626	00:04:22	3204
3150	2721	Pedro Santos	00:26:02	00:52:44	00:51:54	3185		V40	627	00:04:24	3314
3151	5357	Isabel Gomes	00:26:55	00:52:44	00:52:14	3276		V45	38	00:04:22	3189
3152	2551	Luis Macedo	00:24:57	00:52:46	00:52:26	3348		V40	628	00:04:35	3948
3153	7603	Pedro Sousa	00:24:55	00:52:46	00:52:22	3327		V45	383	00:04:15	2733
3154	9892	João Paúl	00:25:36	00:52:46	00:52:28	3362		V40	629	00:04:33	3884



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3155	1902	Jorge Alves	00:25:31	00:52:46	00:52:16	3279		V35	663	00:04:16	2783
3156	6244	David Silva	00:27:55	00:52:47	00:51:33	3072	Correr Lisboa	Senior	736	00:03:53	1317
3157	4986	Nuno Tadeu	00:25:15	00:52:47	00:52:08	3243		Senior	737	00:04:45	4595
3158	4969	Maria Marques	00:27:01	00:52:48	00:52:08	3244		V55	3	00:04:14	2683
3159	32	Paula Jorge	00:24:45	00:52:48	00:52:42	3425	Casal Maravilha	V35	47	00:04:42	4377
3160	1770	Arnaldo Machado	00:26:04	00:52:48	00:52:38	3405		V60	53	00:04:24	3339
3161	7326	André Botão	00:25:50	00:52:48	00:52:44	3432		Senior	738	00:04:21	3104
3162	4527	Telmo Carvalho	00:26:29	00:52:49	00:51:25	3042		V35	664	00:04:37	4099
3163	1894	Paulo Rodrigues	00:29:13	00:52:49	00:48:16	2050		V40	630	00:03:52	1282
3164	5969	Célia Silva	00:26:51	00:52:49	00:52:17	3284	CLAC - Entroncamento	V45	39	00:04:18	2911
3165	2169	Rogério Gonçalves	00:25:12	00:52:49	00:52:31	3373	Os Galgos	V45	384	00:04:30	3669
3166	9443	Luis Damião	00:25:15	00:52:49	00:52:48	3456		V40	631	00:04:28	3601
3167	10360	Miguel Cristina	00:26:09	00:52:50	00:51:54	3183		Senior	739	00:04:38	4148
3168	2168	Carlos Ribeiro	00:25:12	00:52:50	00:52:32	3380	Os Galgos	V40	632	00:04:30	3663
3169	10497	Sandra Raposinho	00:25:22	00:52:50	00:52:44	3433		V40	50	00:04:28	3597
3170	4583	Paulo Jesus	00:26:52	00:52:50	00:52:19	3304	Serviços Sociais Montepio Geral	V40	633	00:04:09	2299
3171	4060	Pedro Mendes	00:26:50	00:52:50	00:51:47	3144		V40	634	00:04:24	3335
3172	5430	Bernardo Ferreira	00:27:11	00:52:50	00:52:08	3246		Senior	740	00:04:11	2468
3173	8146	Emanuel Santos	00:26:19	00:52:50	00:51:27	3048	YouTurbe Team	V35	665	00:04:37	4060



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3174	4232	Luis Brunheta	00:26:43	00:52:50	00:52:05	3225	Os Caracois Moles	Senior	741	00:04:25	3394
3175	548	Susana Paiva	00:26:19	00:52:52	00:52:07	3239	Caracóis Running Team	Senior	75	00:04:33	3840
3176	3306	Elisabete Rocha	00:25:35	00:52:52	00:52:49	3459	GRC D Leião	V35	48	00:04:38	4138
3177	9501	Hugo Pedro	00:27:46	00:52:53	00:50:36	2812		Senior	742	00:04:38	4114
3178	5591	José Sosua	00:27:24	00:52:53	00:52:27	3354	Clube TAP PORTUGAL	V50	227	00:03:58	1598
3179	8697	Luis Toste	00:27:34	00:52:53	00:51:24	3034		V45	385	00:04:22	3206
3180	1923	Narciso Neves	00:28:36	00:52:54	00:50:33	2796	Synopsys Runners	Senior	743	00:04:02	1799
3181	5169	Tiago Gamboa	00:24:16	00:52:54	00:52:45	3439		V35	666	00:04:44	4513
3182	8764	José Silva	00:27:09	00:52:54	00:51:47	3145		V45	386	00:04:18	2876
3183	1471	Luis Mira	00:26:42	00:52:54	00:52:12	3267	H2H	V45	387	00:04:11	2470
3184	6085	Jose Ferreira	00:27:43	00:52:55	00:51:57	3199		V40	635	00:04:06	2078
3185	7184	Abel Martins	00:27:22	00:52:55	00:51:23	3025		V45	388	00:04:11	2471
3186	6201	Carlos Moreira	00:26:33	00:52:56	00:52:40	3416	CCDTMetroLX	V60	54	00:04:28	3570
3187	4739	Luís Ferreira	00:25:39	00:52:56	00:52:45	3440		V35	667	00:04:16	2776
3188	3999	Tiago Raimundo	00:26:29	00:52:56	00:52:54	3485		V35	668	00:04:19	2969
3189	4230	Pedro Marques	00:26:43	00:52:56	00:52:11	3263	Os Caracois Moles	V40	636	00:04:27	3534
3190	7874	Pedro Ramos	00:25:56	00:52:57	00:52:15	3277		Senior	744	00:04:02	1820
3191	4756	Paulo Craveiro	00:26:28	00:52:57	00:52:56	3500		V35	669	00:04:19	2970
3192	3918	Carlos Augusto	00:22:38	00:52:57	00:52:47	3452	Sea Wolfs	V45	389	00:05:10	5951



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3193	8909	Marco Tael	00:27:03	00:52:57	00:51:23	3028		V35	670	00:04:14	2660
3194	8816	Juliana Dornelles	00:25:45	00:52:57	00:52:55	3493		Senior	76	00:04:55	5172
3195	4880	Nelson Silva	00:26:29	00:52:58	00:52:56	3502		Senior	745	00:04:20	3020
3196	1441	Sérgio Coelho	00:26:09	00:52:58	00:52:28	3361		V35	671	00:04:34	3932
3197	1336	Fernando Vergamota	00:26:19	00:52:58	00:52:44	3434	C. A. Amigos Parque da Paz	V55	128	00:04:37	4073
3198	4117	João Caeiro	00:25:32	00:52:58	00:52:17	3285		Senior	746	00:04:49	4845
3199	1163	José Sítima	00:27:06	00:52:58	00:52:34	3386		V45	390	00:04:17	2836
3200	234	Pedro Loureiro	00:27:10	00:52:59	00:51:56	3198		V40	637	00:03:59	1624
3201	6240	Jorge Vieira	00:28:37	00:52:59	00:51:23	3027		V45	391	00:04:17	2833
3202	3309	Pedro Pedro	00:29:07	00:52:59	00:48:02	1982	GRCDC Leião	V40	638	00:03:37	632
3203	3513	Pedro Fernandes	00:28:40	00:52:59	00:51:17	3004	Novos Trilhos	V45	392	00:03:59	1636
3204	5602	André Coelho	00:26:00	00:52:59	00:52:35	3392	SS CGD	Senior	747	00:04:38	4111
3205	3658	Jorge Duque	00:27:35	00:52:59	00:51:38	3090	ESCT	V50	228	00:04:16	2786
3206	6169	Tiago Rebelo	00:24:15	00:52:59	00:52:58	3512		Senior	748	00:05:00	5452
3207	3331	Luis Coelho	00:26:51	00:52:59	00:52:21	3323	A CAMINHO DA MEIA	V40	639	00:04:07	2138
3208	1888	Cláudia Romão	00:25:43	00:53:00	00:52:48	3455		V35	49	00:04:43	4449
3209	7009	Luis Antunes	00:29:15	00:53:00	00:51:17	3003	PPK	Senior	749	00:04:01	1778
3210	1255	Carla Cerqueira	00:27:06	00:53:00	00:52:36	3401		Senior	77	00:04:19	2953
3211	2374	Frederico Richart	00:28:11	00:53:01	00:51:01	2924	Famelga	Senior	750	00:03:52	1286

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<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3212	9601	Constantino Pinto	00:27:40	00:53:01	00:51:15	2993		V50	229	00:04:19	2956
3213	9906	Miguel Velez	00:27:15	00:53:02	00:52:00	3208		V50	230	00:04:31	3765
3214	2391	Etelvina Vidal	00:26:14	00:53:02	00:52:52	3476		V45	40	00:04:24	3292
3215	10585	Manuel Mexia	00:26:55	00:53:02	00:52:24	3338	Clube TAP PORTUGAL	V45	393	00:04:05	1993
3216	1450	Hugo Domingues	00:27:55	00:53:02	00:51:35	3076		Senior	751	00:04:08	2262
3217	1758	Angelo Ferreira	00:25:07	00:53:03	00:52:36	3396		V50	231	00:04:59	5403
3218	7059	Gonçalo Rangel	00:26:44	00:53:03	00:51:54	3180	INDEG-ISCTE	Senior	752	00:04:52	5035
3219	8721	Miguel Adam	00:27:32	00:53:03	00:51:11	2971	Alverca Urban Runners	V35	672	00:04:30	3679
3220	7407	Pedro Costa	00:25:36	00:53:03	00:52:42	3428		V35	673	00:04:40	4285
3221	1688	Tomás Sousa	00:25:34	00:53:04	00:52:31	3376	Os Super	V35	674	00:04:33	3866
3222	1366	Jose Santo	00:25:06	00:53:04	00:52:45	3443		V40	640	00:04:35	3993
3223	5315	Mara Araújo	00:26:12	00:53:04	00:52:34	3384	CCD Sintrense	Senior	78	00:04:32	3815
3224	3585	Andreia Tourais	00:26:02	00:53:04	00:52:26	3350	GFD Running	Senior	79	00:04:36	4045
3225	8939	João Carvalho	00:29:10	00:53:04	00:48:40	2188	Etiopes e Quenianos	V35	675	00:03:57	1556
3226	56	Carlos Freitas	00:25:23	00:53:04	00:52:51	3466		Senior	753	00:04:47	4693
3227	2080	Luis Faria	00:27:27	00:53:04	00:51:49	3156		V50	232	00:04:21	3083
3228	7397	José Costa	00:26:20	00:53:05	00:52:32	3382		V40	641	00:04:20	3071
3229	4951	João Nobre	00:27:51	00:53:05	00:51:43	3121	JO³ e CA	Senior	754	00:04:26	3451
3230	8921	Alexandre Carvalho	00:27:39	00:53:06	00:52:21	3322		Senior	755	00:04:16	2769



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3231	7880	Antonio Tavares	00:27:41	00:53:06	00:51:42	3120		V55	129	00:04:11	2466
3232	696	Miguel Esteves	00:25:59	00:53:06	00:52:48	3454	Run Buddy Run	V40	642	00:04:17	2843
3233	7285	Diogo Soares	00:27:34	00:53:07	00:51:59	3206	Clube ANA Lisboa	Senior	756	00:04:00	1726
3234	10361	Marco Capitão	00:26:14	00:53:07	00:52:37	3402		V35	676	00:04:47	4710
3235	8067	Nuno Gonçalves	00:26:34	00:53:07	00:52:27	3358		V40	643	00:04:38	4162
3236	3707	Nuno Mendes	00:25:20	00:53:08	00:53:07	3547		V45	394	00:04:34	3911
3237	700	Vitor Ferreira	00:25:16	00:53:08	00:52:21	3324	Ginja Team	V45	395	00:04:54	5107
3238	5497	Fernando Castela	00:27:07	00:53:08	00:52:39	3412		V40	644	00:04:27	3528
3239	6434	Rúben Afonso	00:26:01	00:53:08	00:51:32	3067	No Pain No Gain	Senior	757	00:05:11	6012
3240	9193	André Carvalho	00:26:25	00:53:08	00:52:39	3413		Senior	758	00:04:13	2609
3241	2239	Gonçalo Galante	00:28:25	00:53:09	00:50:59	2914	Panela Mágica	V35	677	00:04:04	1942
3242	733	Maria Fonseca	00:26:04	00:53:09	00:52:55	3489		V55	4	00:04:33	3854
3243	9279	Sofia Fernandes	00:26:25	00:53:09	00:52:20	3310		Senior	80	00:04:37	4104
3244	7446	Luís Bernardo	00:27:13	00:53:09	00:52:41	3420		V45	396	00:04:16	2757
3245	2389	Ana Monteiro	00:25:51	00:53:09	00:52:39	3411		V40	51	00:04:32	3825
3246	9680	Nuno Lima	00:27:42	00:53:10	00:51:24	3035		V35	678	00:04:06	2095
3247	7304	Manuel Barros	00:26:51	00:53:10	00:52:38	3407	Clube ANACOM	V55	130	00:04:24	3302
3248	6818	Vasco Coelho	00:26:02	00:53:10	00:52:37	3403		V35	679	00:04:22	3185
3249	7544	António Verissimo	00:27:56	00:53:10	00:51:44	3130	AquaRunners	V35	680	00:04:05	2005



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
3250	9702	Luís Revés	00:26:23	00:53:10	00:52:44	3435		V40	645	00:04:28	3586
3251	9371	Sergio Sebastião	00:28:00	00:53:11	00:51:04	2929	BRRnightRUNNERS - Barreiro	V40	646	00:04:12	2509
3252	2936	Carla Lopes	00:26:27	00:53:11	00:52:28	3359	GDINE	V40	52	00:04:10	2396
3253	736	Joao Leite	00:28:02	00:53:11	00:52:13	3271	Leite Runners	Senior	759	00:03:06	67
3254	1389	Tiago Silva	00:25:43	00:53:11	00:52:54	3488	Adónis Clube de Portugal	Senior	760	00:04:49	4846
3255	6040	Artur Amaral	00:25:24	00:53:12	00:52:28	3363		V40	647	00:04:59	5411
3256	9020	Nuno Gonçalves	00:26:29	00:53:12	00:52:45	3438	Clube Olimpico de Oeiras	V40	648	00:04:32	3824
3257	871	Susana Adegas	00:25:27	00:53:12	00:52:55	3490		V45	41	00:04:46	4654
3258	4681	Rui Pereira	00:28:14	00:53:12	00:51:43	3125		V40	649	00:04:05	2003
3259	9021	Luis Quintela	00:26:29	00:53:12	00:52:46	3446	Clube Olimpico de Oeiras	V40	650	00:04:33	3847
3260	7185	David Avelar	00:27:32	00:53:13	00:52:41	3421		Senior	761	00:04:20	3056
3261	2821	João Fernandes	00:28:30	00:53:13	00:50:49	2870	CCD Siemens	Senior	762	00:04:00	1720
3262	1151	Joao Matos	00:26:50	00:53:13	00:52:10	3255		V35	681	00:04:20	3077
3263	8267	Francisco Neves	00:25:09	00:53:13	00:53:03	3532		Junior	88	00:04:52	4984
3264	8024	Luciano Marques	00:26:33	00:53:13	00:52:36	3398	Ginásio Vivência Explosiva	V55	131	00:04:36	4002
3265	6827	João Teixeira	00:26:26	00:53:13	00:52:47	3450		V45	397	00:04:30	3681
3266	8068	António Pereira	00:26:20	00:53:13	00:52:59	3514		V60	55	00:04:27	3530
3267	5587	Carla Marques	00:27:34	00:53:14	00:49:20	2414		V40	53	00:04:21	3124
3268	5097	Pedro Almeida	00:29:24	00:53:14	00:48:08	2016		V35	682	00:03:58	1597

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3269	5074	Filipe Sobral	00:25:31	00:53:14	00:52:59	3515	Bacalhau Runners	V35	683	00:04:50	4884
3270	3565	César Viegas	00:25:27	00:53:14	00:52:58	3509	Construtenis	V55	132	00:04:51	4962
3271	5336	Vitor Vicente	00:28:17	00:53:15	00:51:39	3093		V60	56	00:04:10	2372
3272	2444	Helder Batista	00:26:45	00:53:15	00:52:22	3326		Senior	763	00:04:03	1882
3273	5026	Hugo Sa	00:28:14	00:53:15	00:51:29	3053		Senior	764	00:04:13	2594
3274	9433	Danyel Cunha	00:27:15	00:53:15	00:51:41	3114		V40	651	00:04:24	3297
3275	1618	Paulo Lourenço	00:27:09	00:53:15	00:51:48	3149	O Coelho é um franganote!	V40	652	00:04:20	3031
3276	8066	Monica Carrufa	00:26:20	00:53:16	00:53:02	3526		Senior	81	00:04:40	4241
3277	9697	Jose Antunes	00:28:46	00:53:16	00:48:20	2080		V40	653	00:04:12	2512
3278	773	Rui Vieitas	00:27:16	00:53:16	00:52:11	3262	MITCH TEAM RUNNERS	V35	684	00:04:05	1992
3279	1409	Domingos Farinho	00:27:02	00:53:16	00:53:06	3538	Putos Running	V35	685	00:04:15	2689
3280	8940	Eugénio Ribeiro	00:27:38	00:53:16	00:51:41	3110	CT4	Senior	765	00:03:58	1614
3281	1027	Pedro Lopes	00:24:55	00:53:17	00:52:59	3516	Run Buddy Run	V40	654	00:04:45	4561
3282	3184	Jorge Nunes	00:25:32	00:53:17	00:52:51	3471		V70	3	00:04:58	5325
3283	6723	Leandro Santos	00:25:41	00:53:17	00:52:35	3395		V55	133	00:04:42	4375
3284	3603	Vítor Silva	00:27:19	00:53:17	00:52:44	3437	CLAC - Entroncamento	V50	233	00:04:11	2489
3285	92	Frederico Miranda	00:25:06	00:53:17	00:53:04	3533		V35	686	00:04:47	4704
3286	800	Paulo Caldeirinha	00:24:54	00:53:17	00:52:58	3508	Run Buddy Run	V40	655	00:04:45	4563
3287	8431	Carlos Varatojo	00:24:59	00:53:18	00:53:18	3599		Senior	766	00:04:38	4157



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3288	2240	Joana Galante	00:28:25	00:53:18	00:51:08	2949	Panela Mágica	Senior	82	00:03:55	1407
3289	3235	Sérgio Dionísio	00:25:35	00:53:19	00:52:45	3441		V40	656	00:04:33	3857
3290	38	Alexandre Tam	00:25:56	00:53:19	00:53:07	3548		V35	687	00:04:12	2514
3291	2499	Olga Martins	00:26:01	00:53:19	00:52:53	3482	RB RUNNING	V40	54	00:04:37	4062
3292	8035	Silvia Valente	00:27:30	00:53:20	00:51:55	3192	CunhaValente	Senior	83	00:04:18	2901
3293	4538	Joaquim Ramalho	00:26:29	00:53:20	00:53:15	3585		V40	657	00:04:33	3859
3294	515	Diogo Alves	00:26:02	00:53:20	00:52:50	3460	Carlos e os seus alunos	Senior	767	00:04:46	4644
3295	7547	Pedro Brandão	00:27:02	00:53:20	00:52:56	3504		Senior	768	00:04:28	3591
3296	9098	Rui Santos	00:26:41	00:53:20	00:53:04	3534		Senior	769	00:04:23	3233
3297	3557	Nuno Lopes	00:26:21	00:53:21	00:52:43	3429	Futebol Clube Estrelas Lisboa	V40	658	00:04:57	5300
3298	4044	Ricardo Leitao	00:30:54	00:53:21	00:47:28	1790	RUN CHELAS RUN	Senior	770	00:03:34	523
3299	1656	Mário Lopes	00:26:47	00:53:21	00:52:51	3468	Os Perigosos	V45	398	00:04:30	3680
3300	230	Ricardo Jesus	00:26:18	00:53:21	00:53:06	3541		V40	659	00:04:33	3860
3301	7148	Artur Serrano	00:26:26	00:53:21	00:52:55	3498	INDEG-ISCTE	V40	660	00:04:24	3285
3302	2416	Rui Faria	00:28:13	00:53:22	00:52:10	3253	Run 4 Fun	V40	661	00:04:14	2667
3303	6118	Rosarinho Silva	00:28:22	00:53:23	00:52:13	3270	Hot Runners	V40	55	00:03:58	1567
3304	1363	Ivo Vieira	00:26:20	00:53:23	00:53:07	3546		Senior	771	00:04:57	5307
3305	8032	Francisco Plínio	00:26:35	00:53:23	00:52:55	3497	CCDTMetroLX	V55	134	00:04:24	3340
3306	3027	Joaquim Barroso	00:24:45	00:53:23	00:53:02	3525		V50	234	00:04:08	2257

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3307	5391	David Cardoso	00:27:59	00:53:24	00:52:07	3237		V35	688	00:04:18	2921
3308	2929	Salomé Ferreira	00:26:45	00:53:24	00:52:51	3464	GDINE	V40	56	00:04:27	3532
3309	7456	Alberto Abreu	00:26:59	00:53:24	00:52:17	3287		V45	399	00:04:38	4166
3310	1103	Paulo Cabaço	00:26:16	00:53:25	00:52:55	3495		V45	400	00:04:35	3977
3311	9103	Luis Santos	00:26:04	00:53:25	00:53:15	3588		V45	401	00:04:35	3998
3312	2630	Luis Cabral	00:26:45	00:53:25	00:52:54	3486	ACLIS LIBERTY SEGUROS	V45	402	00:04:33	3864
3313	7176	Ana Cabral	00:24:35	00:53:25	00:53:24	3637		V50	7	00:04:42	4384
3314	6933	Bruno Rebelo	00:25:21	00:53:25	00:52:51	3470		Senior	772	00:05:18	6271
3315	7674	Acácio Mendes	00:25:41	00:53:25	00:53:20	3616	Tartarugas Solidárias	V65	20	00:04:41	4338
3316	7073	José Cardinho	00:26:49	00:53:25	00:52:14	3274	INDEG-ISCTE	Senior	773	00:04:56	5256
3317	3869	Sérgio Ribeiro	00:25:10	00:53:26	00:53:12	3575		V35	689	00:04:56	5253
3318	1534	Mário Pereira	00:25:03	00:53:26	00:53:05	3536		V40	662	00:04:52	4994
3319	3409	David Pereira	00:26:45	00:53:26	00:53:11	3568		Senior	774	00:04:47	4709
3320	2683	Hugo Costa	00:28:12	00:53:26	00:51:58	3201	Walking deads	V35	690	00:04:13	2606
3321	287	Rita Xavier	00:26:29	00:53:27	00:53:12	3569		Senior	84	00:04:39	4197
3322	527	Sandra Magalhães	00:26:15	00:53:27	00:53:13	3580	Magic Runners	V50	8	00:04:30	3716
3323	6265	Inês Coutinho	00:26:12	00:53:27	00:53:27	3656		Senior	85	00:04:29	3632
3324	9852	Joao Nunes	00:24:56	00:53:27	00:53:23	3629		Senior	775	00:05:06	5763
3325	5584	Ricardo Páscoa	00:27:59	00:53:27	00:52:40	3417		Senior	776	00:04:08	2255



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3326	5944	Luís Cravo	00:27:00	00:53:28	00:53:09	3553	cleverti	V35	691	00:04:18	2929
3327	7669	Jorge Martinho	00:26:25	00:53:28	00:52:27	3357		V40	663	00:04:50	4869
3328	3902	Gonçalo Malheiro	00:26:36	00:53:28	00:52:55	3491		V40	664	00:04:32	3816
3329	9237	Carlos Hipólito	00:28:15	00:53:28	00:49:09	2344		V45	403	00:04:16	2779
3330	10350	Rui Fernandes	00:24:33	00:53:29	00:53:19	3611		V50	235	00:04:43	4500
3331	7996	Jorge Costa	00:24:32	00:53:29	00:53:26	3651	PepeRapido	Senior	777	00:04:58	5337
3332	8464	Alexandre Lee	00:26:50	00:53:29	00:52:17	3283	Monte Lee	V35	692	00:04:44	4533
3333	1202	Vitor Marques	00:29:17	00:53:29	00:48:36	2162		V50	236	00:04:13	2607
3334	3694	João Figueiredo	00:27:11	00:53:29	00:53:06	3540		V45	404	00:04:41	4309
3335	4597	António Monteiro	00:25:41	00:53:29	00:53:19	3612	Os Galgos	V65	21	00:04:45	4588
3336	8190	Marta Labucha	00:25:35	00:53:30	00:53:18	3603		Senior	86	00:04:56	5255
3337	1330	João Ramos	00:27:34	00:53:30	00:52:19	3302		Senior	778	00:03:32	465
3338	5137	David Teodósio	00:27:07	00:53:31	00:53:03	3529	Red Runners	Senior	779	00:04:49	4818
3339	9333	Bruno Marques	00:27:11	00:53:31	00:52:37	3404	Winners Team	V35	693	00:04:30	3715
3340	579	Jorge Pereiralopes	00:25:29	00:53:31	00:53:31	3666		V45	405	00:04:44	4545
3341	8718	Carlos Coelho	00:25:39	00:53:31	00:52:56	3501		V45	406	00:04:39	4216
3342	5455	Miguel Lopes	00:27:27	00:53:31	00:52:22	3328	Almada Running	Senior	780	00:04:24	3310
3343	5162	Manuel Sobral	00:26:19	00:53:32	00:53:16	3594		V65	22	00:04:31	3729
3344	952	João Fernandes	00:26:49	00:53:33	00:52:58	3511		V65	23	00:04:40	4256

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3345	8417	Maria Patas	00:26:18	00:53:33	00:53:10	3561	Proaventuras	V55	5	00:04:28	3588
3346	7084	Mario Soares	00:26:01	00:53:33	00:53:00	3520	INDEG-ISCTE	V50	237	00:05:03	5610
3347	9600	Pedro Gaspar	00:28:44	00:53:33	00:51:39	3098		V45	407	00:03:57	1520
3348	9524	Nuno Teixeira	00:27:53	00:53:33	00:52:03	3218		V40	665	00:04:10	2378
3349	9284	David Branco	00:26:38	00:53:33	00:53:04	3535		Senior	781	00:04:31	3764
3350	6191	Sergio Borges	00:27:17	00:53:34	00:52:24	3343	NUCLEO DESPORTIVO AUTOCOOPE	V40	666	00:04:25	3343
3351	1219	Luís Nunes	00:27:26	00:53:34	00:51:39	3095		V40	667	00:04:23	3217
3352	4249	Tiago Marques	00:28:47	00:53:34	00:48:20	2076	Branças de Neve e os Sacanões	Senior	782	00:04:08	2265
3353	6188	Jose Dias	00:27:20	00:53:34	00:52:23	3336	NUCLEO DESPORTIVO AUTOCOOPE	V55	135	00:04:25	3342
3354	8197	Nuno Ribeiro	00:26:07	00:53:34	00:52:55	3492	Muralhas	Senior	783	00:04:56	5271
3355	151	Leonel Gama	00:26:08	00:53:35	00:53:21	3623		V55	136	00:04:42	4380
3356	3474	João Serra	00:27:01	00:53:35	00:53:26	3650		V40	668	00:04:22	3194
3357	607	Carlos Barata	00:26:17	00:53:35	00:53:24	3634	Carro Maluco	V60	57	00:04:43	4491
3358	8628	Hugo Vinagre	00:27:02	00:53:36	00:52:01	3212	Chitas de Alcobaça	Senior	784	00:04:23	3209
3359	6610	Joao Santos	00:24:21	00:53:36	00:53:26	3648	Os Perigosos	V35	694	00:04:49	4814
3360	8938	Afonso Pino	00:26:53	00:53:36	00:53:03	3528	Etiopes e Quenianos	V35	695	00:04:21	3086
3361	5253	Ricardo Pinto	00:24:56	00:53:36	00:53:17	3595	Follow Runs	V35	696	00:04:45	4579
3362	2232	Fabio Piedade	00:27:08	00:53:37	00:53:09	3556	BOTA FOGO RUNNERS	Senior	785	00:04:54	5106
3363	1891	Paulo Marques	00:28:00	00:53:37	00:51:41	3116		V40	669	00:04:12	2544



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<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3364	3644	Maria Burguete	00:26:16	00:53:37	00:53:33	3673		V35	50	00:04:26	3441
3365	8450	Ricardo Ramos	00:29:07	00:53:37	00:49:15	2379		V35	697	00:04:15	2710
3366	4147	Andrey Rodrigues	00:27:01	00:53:37	00:52:24	3340		Senior	786	00:04:18	2891
3367	1259	Luís Correia	00:27:33	00:53:38	00:53:22	3626	Criminalistic Runners	V35	698	00:04:25	3405
3368	2286	Pedro Canto	00:26:41	00:53:38	00:53:14	3584	Volkswagen Autoeuropa	V35	699	00:04:29	3612
3369	6221	Fernando Jerónimo	00:27:31	00:53:38	00:52:35	3391	C. A. Amigos Parque da Paz	V50	238	00:04:23	3227
3370	4761	Filipa Vieira	00:27:26	00:53:38	00:52:41	3422	Rolha Cycling Club	Senior	87	00:04:28	3585
3371	2901	Fernando Rpdrigues	00:28:23	00:53:38	00:51:16	2997	Quinta do guiks friends	Senior	787	00:04:09	2309
3372	8466	Honorato Moura	00:26:03	00:53:38	00:53:16	3593	CCDTMetroLX	Senior	788	00:04:18	2879
3373	796	Daniel Colla	00:26:29	00:53:38	00:53:30	3664		V40	670	00:04:11	2432
3374	2678	Rui Barracha	00:27:42	00:53:38	00:52:40	3418		V40	671	00:04:34	3933
3375	7189	Joao Moradas	00:26:42	00:53:38	00:52:56	3499	HP CLUB	V45	408	00:04:32	3819
3376	5140	Nuno Stoffel	00:27:08	00:53:38	00:53:10	3564	Red Runners	V40	672	00:04:15	2714
3377	6813	José Ferreira	00:27:20	00:53:39	00:52:42	3424		V55	137	00:04:29	3654
3378	9173	Rui Gordacho	00:25:24	00:53:39	00:53:36	3687		V45	409	00:05:06	5757
3379	1113	Lina Rosa	00:26:36	00:53:39	00:52:41	3419		V40	57	00:04:32	3822
3380	1074	Carlos Silva	00:27:51	00:53:39	00:52:30	3367		V50	239	00:04:05	1998
3381	6684	Paulo Marques	00:26:07	00:53:40	00:53:32	3668		V50	240	00:04:27	3476
3382	6653	Nuno Teixeira	00:26:38	00:53:40	00:53:23	3631		V35	700	00:04:15	2713

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3383	5675	Rita Martins	00:26:40	00:53:40	00:52:17	3291	Padrinhos e Convidado	Senior	88	00:04:25	3384
3384	1840	Céu Movilha	00:27:30	00:53:40	00:52:30	3370	SS CGD	V45	42	00:04:23	3237
3385	6642	Carlos Rodrigues	00:26:08	00:53:40	00:53:32	3672		V50	241	00:04:28	3579
3386	3053	Maria Santos	00:26:27	00:53:40	00:52:52	3477	GURUS	Senior	89	00:04:42	4362
3387	1954	Irimia Eduard	00:29:11	00:53:41	00:48:50	2239	Rebola Caixotes	V40	673	00:04:00	1729
3388	5507	Rui Pires	00:29:49	00:53:42	00:51:40	3104	Georunners	V45	410	00:03:54	1369
3389	8542	João Pinto	00:27:15	00:53:42	00:52:35	3394		V40	674	00:04:33	3887
3390	4715	Paulo Quin	00:26:22	00:53:42	00:52:46	3447	Holmes Place Fit2Run	Senior	789	00:04:20	3039
3391	1081	Carlos Vaz	00:26:09	00:53:43	00:52:31	3377		V45	411	00:04:56	5232
3392	3445	Ana Fórneas	00:26:42	00:53:43	00:53:08	3549	GD Banco BPI	V45	43	00:04:17	2869
3393	8957	Manuel Garrinhas	00:26:24	00:53:43	00:52:52	3478		V55	138	00:04:25	3393
3394	2709	Miguel Fonseca	00:25:38	00:53:44	00:53:25	3640		V35	701	00:04:40	4225
3395	7795	Bruno Castro	00:28:23	00:53:44	00:52:50	3462		Senior	790	00:04:06	2087
3396	7448	Efthimios Angelakis	00:28:23	00:53:44	00:52:50	3461		V40	675	00:04:05	1997
3397	5751	Artur Vicente	00:25:15	00:53:44	00:53:18	3601	NúcleOeiras / Sportzone	V35	702	00:05:00	5428
3398	8306	Rui Dinis	00:28:55	00:53:44	00:51:58	3200	PowerBoost Club	V35	703	00:04:03	1904
3399	2336	António Malhão	00:26:44	00:53:44	00:53:14	3582	Bombeiros Voluntários de Montemor-o-Novo	V45	412	00:04:01	1758
3400	560	Margarida Amigo	00:26:35	00:53:44	00:53:12	3573	Team Bellissimus Caffé	V50	9	00:04:40	4242
3401	2925	Jose Gaspar	00:25:05	00:53:45	00:53:15	3586	Serviços Sociais Montepio Geral	V55	139	00:04:48	4735



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3402	7428	Marco Dias	00:26:09	00:53:45	00:53:40	3707	Os Metralhas BTT / Running	Senior	791	00:04:28	3568
3403	8775	Rosalina Gil	00:27:25	00:53:45	00:52:36	3400		Senior	90	00:04:17	2856
3404	4615	Rodrigo Costa	00:26:57	00:53:45	00:52:53	3481	Loureiros	Senior	792	00:04:25	3398
3405	5612	Jose Gaspar	00:27:06	00:53:46	00:52:54	3484	SS CGD	V50	242	00:04:31	3723
3406	4618	Telma Mota	00:26:08	00:53:46	00:53:41	3709	Os Metralhas BTT / Running	V35	51	00:04:29	3639
3407	2999	Ricardo Silva	00:26:43	00:53:46	00:52:39	3410		V35	704	00:04:37	4109
3408	2628	Cláudio Moreira	00:26:51	00:53:46	00:53:09	3558	ACLIS LIBERTY SEGUROS	Senior	793	00:04:35	3983
3409	8905	Pedro Ferreira	00:26:02	00:53:46	00:53:32	3670		V35	705	00:04:28	3598
3410	4655	Rui Melo	00:27:04	00:53:47	00:52:29	3365		V40	676	00:04:33	3875
3411	5190	Rui Silva	00:27:57	00:53:47	00:52:20	3318	amigosdacorrida.com	V35	706	00:04:31	3746
3412	7472	Pedro Ramos	00:25:54	00:53:47	00:53:19	3606		Senior	794	00:04:45	4605
3413	4725	Célia Santos	00:25:43	00:53:47	00:53:03	3530	Clube EDP - Lisboa	V35	52	00:04:34	3919
3414	8855	Mafala Nunes	00:26:35	00:53:47	00:53:36	3685		V45	44	00:04:34	3918
3415	7431	Pedro Pereira	00:27:58	00:53:48	00:52:49	3458	Elite	V50	243	00:04:10	2409
3416	3502	Fernando Oliveira	00:28:41	00:53:48	00:52:05	3231	Novos Trilhos	V55	140	00:04:06	2102
3417	1249	Pedro Anacleto	00:26:21	00:53:48	00:53:26	3647		V45	413	00:04:43	4490
3418	10269	Nelson Aranha	00:27:00	00:53:48	00:52:50	3463	CGI	V35	707	00:04:41	4296
3419	7089	Paulo Almeida	00:28:21	00:53:48	00:52:28	3364	INDEG-ISCTE	V40	677	00:04:06	2080
3420	10345	Nuno Ferreira	00:26:12	00:53:49	00:53:09	3554		V40	678	00:04:33	3883



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
3421	1955	Flávio Delfino	00:30:03	00:53:49	00:51:46	3137	Rebola Caixotes	Senior	795	00:03:58	1563
3422	5956	Paulo Braga	00:29:16	00:53:50	00:52:04	3224		V45	414	00:04:15	2702
3423	9541	João Branco	00:26:18	00:53:50	00:53:29	3661		Senior	796	00:04:23	3256
3424	3083	Miguel Mendanha	00:25:20	00:53:50	00:53:37	3692	CCD Crédito Agrícola Mútuo	V35	708	00:04:52	4998
3425	2548	Nuno Rosa	00:28:34	00:53:50	00:52:23	3334	Team Pipoca	V35	709	00:04:11	2429
3426	9320	Pedro Ribeiro	00:28:59	00:53:50	00:48:55	2258		V40	679	00:04:20	3053
3427	3873	Paulo Pessoa	00:29:18	00:53:51	00:51:38	3088		V50	244	00:04:15	2699
3428	1966	Bruno Almeida	00:26:46	00:53:51	00:53:37	3691		Senior	797	00:04:22	3153
3429	5233	Paulo Almeida	00:27:29	00:53:51	00:49:49	2591		Senior	798	00:04:25	3346
3430	2259	Miguel Oliveira	00:25:41	00:53:52	00:53:12	3572		V40	680	00:04:40	4266
3431	1308	Nuno Miguel	00:25:21	00:53:53	00:53:10	3560		V40	681	00:06:01	7498
3432	3192	Armando Martins	00:27:49	00:53:53	00:52:30	3371		V50	245	00:04:16	2765
3433	2532	Joaquim Melo	00:26:19	00:53:53	00:53:39	3700		V45	415	00:04:50	4862
3434	3814	Pedro Rebelo	00:26:36	00:53:53	00:52:09	3248		V35	710	00:04:56	5254
3435	9760	Danilo Teixeira	00:25:13	00:53:53	00:53:36	3683	RPGSI	Senior	799	00:04:33	3892
3436	2193	Marisa Coelho	00:27:50	00:53:54	00:51:50	3158		Senior	91	00:04:10	2410
3437	9838	Ana Januario	00:26:00	00:53:54	00:53:38	3696		V35	53	00:04:39	4201
3438	10534	Nuno Ramos	00:27:29	00:53:54	00:53:24	3636		V35	711	00:04:26	3440
3439	4312	Francisco Rato	00:27:21	00:53:54	00:53:40	3706	CLUBE MILLENNIUM BCP	Senior	800	00:04:12	2554



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3440	4310	Paulo Rato	00:27:21	00:53:54	00:53:40	3708	CLUBE MILLENNIUM BCP	V50	246	00:04:12	2557
3441	9681	Victor Ribeiro	00:27:55	00:53:54	00:52:39	3415		V50	247	00:04:24	3298
3442	312	Alexandre Capucha	00:26:40	00:53:54	00:53:13	3579		V40	682	00:04:37	4086
3443	3992	Jorge Esteves	00:26:33	00:53:54	00:52:34	3385		V40	683	00:04:37	4110
3444	864	Rui Machado	00:27:56	00:53:54	00:52:38	3406		V50	248	00:04:23	3274
3445	3736	José Lourenço	00:23:49	00:53:55	00:52:57	3505	Agenda Desportiva	V40	684	00:04:48	4745
3446	5330	Adérito Carrelhas	00:26:16	00:53:55	00:53:42	3713		V60	58	00:04:49	4804
3447	6772	Vinicyus Felix	00:28:20	00:53:55	00:52:55	3496		Junior	89	00:04:10	2405
3448	5896	Carlos Sousa	00:27:26	00:53:56	00:52:42	3426	APOGMA	V45	416	00:04:31	3748
3449	5897	Jose Andre	00:27:27	00:53:56	00:53:03	3531	APOGMA	V55	141	00:04:31	3749
3450	4333	Filipe Horta	00:25:35	00:53:56	00:53:49	3752	CLUBE MILLENNIUM BCP	V50	249	00:04:57	5291
3451	5899	Paulo Pires	00:27:29	00:53:56	00:52:42	3427	APOGMA	V45	417	00:04:25	3407
3452	3858	Conceição Alves	00:28:04	00:53:56	00:53:12	3577	KOXUS	V50	10	00:04:20	3074
3453	7439	Claudia Duarte	00:25:52	00:53:56	00:53:35	3678		Senior	92	00:04:41	4293
3454	5401	Henrique Koenders	00:25:38	00:53:56	00:53:16	3592		V40	685	00:04:42	4378
3455	6508	Hugo Santos	00:30:09	00:53:56	00:48:30	2131	H&R	V35	712	00:03:48	1089
3456	10476	Pedro Costa	00:26:12	00:53:56	00:53:08	3552	Os Verdadeiros Pés de Chumbo	V40	686	00:04:35	3980
3457	3380	Susana Frazão	00:25:28	00:53:56	00:53:40	3704		Senior	93	00:04:48	4762
3458	4908	Telmo Barroso	00:31:34	00:53:57	00:48:15	2046		V40	687	00:03:34	532



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
3459	9935	Joao Correia	00:29:10	00:53:57	00:51:35	3075	Correias	V55	142	00:03:56	1450
3460	9763	Alberto Bento	00:25:32	00:53:57	00:53:47	3734		V45	418	00:04:38	4131
3461	3208	André Dionisio	00:27:14	00:53:57	00:53:26	3649		Junior	90	00:04:37	4101
3462	4154	Cesaltina Gregório	00:25:55	00:53:58	00:53:48	3747		V55	6	00:04:40	4248
3463	4153	Carlos Gregório	00:25:54	00:53:58	00:53:49	3757		V55	143	00:04:41	4314
3464	10521	Diogo Cardoso	00:26:29	00:53:58	00:53:17	3598		Senior	801	00:04:21	3119
3465	3207	Paulo Dionisio	00:27:14	00:53:58	00:53:27	3652		V45	419	00:04:38	4134
3466	623	Eduardo Pinto	00:25:05	00:53:58	00:53:27	3653		Senior	802	00:04:46	4651
3467	6846	Vitor Lemos	00:25:01	00:53:58	00:53:18	3602		Senior	803	00:04:09	2298
3468	2505	Jorge Pires	00:27:37	00:53:59	00:53:18	3604	CASA DO PESSOAL DA RTP	V45	420	00:04:26	3455
3469	7567	Paulo Inácio	00:29:42	00:53:59	00:51:46	3138		Senior	804	00:03:57	1528
3470	6100	Miguel Marecos	00:26:32	00:53:59	00:53:06	3544		V40	688	00:04:49	4847
3471	7965	André Gomes	00:28:14	00:54:00	00:52:55	3494		V35	713	00:04:28	3545
3472	4066	Manuel Pardal	00:28:45	00:54:00	00:52:56	3503	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V60	59	00:04:17	2821
3473	7741	André Baptista	00:28:24	00:54:00	00:52:45	3442	S.A	Senior	805	00:04:11	2442
3474	8238	Alberto Pimenta	00:26:26	00:54:00	00:53:32	3671		V55	144	00:04:32	3818
3475	5328	Sergio Silva	00:29:04	00:54:00	00:52:19	3301	O ESTRONDO	Senior	806	00:03:56	1443
3476	344	Luis Coutinho	00:27:32	00:54:00	00:52:51	3467		V35	714	00:04:40	4277
3477	5614	Luis Madeira	00:28:11	00:54:00	00:52:25	3347	SS CGD	V40	689	00:04:39	4174



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3478	1870	Rui Pereira	00:28:11	00:54:00	00:52:58	3513	SS CGD	V40	690	00:04:18	2938
3479	1844	Francisco Clerigo	00:26:13	00:54:00	00:53:25	3641	SS CGD	V60	60	00:04:49	4852
3480	2262	Afonso Cardoso	00:29:42	00:54:01	00:52:06	3235		Senior	807	00:03:44	886
3481	2565	Mariana Dias	00:28:38	00:54:01	00:51:44	3129	Clube ANACOM	Senior	94	00:04:15	2716
3482	9778	João Santos	00:28:47	00:54:01	00:52:17	3290		Senior	808	00:04:02	1844
3483	9602	André Alvarez	00:25:05	00:54:01	00:54:00	3798		V40	691	00:04:39	4186
3484	644	João Silva	00:27:49	00:54:01	00:52:41	3423		V40	692	00:04:24	3295
3485	10050	Francisco Sousa	00:26:49	00:54:02	00:53:20	3617		Junior	91	00:04:22	3182
3486	5167	Rui Pinto	00:26:28	00:54:02	00:53:12	3574		Senior	809	00:05:00	5439
3487	6065	Antonio Gomes	00:25:21	00:54:02	00:53:58	3791		V40	693	00:04:32	3811
3488	5694	Paulo Estopa	00:26:39	00:54:02	00:53:43	3718		V45	421	00:04:49	4824
3489	2507	Afonso Ferreira	00:29:41	00:54:02	00:52:07	3238		Senior	810	00:03:46	964
3490	6331	Irina Freitas	00:25:47	00:54:02	00:53:39	3699		Senior	95	00:04:36	4012
3491	1274	Cristiano Rocha	00:26:13	00:54:02	00:53:50	3758		V40	694	00:04:42	4369
3492	9761	Pedro Baltazar	00:27:39	00:54:02	00:53:19	3613	GMASA	Senior	811	00:04:58	5353
3493	1275	Antonio Rocha	00:26:13	00:54:02	00:53:50	3761		V35	715	00:04:42	4373
3494	8645	Ricardo Luiz	00:26:06	00:54:02	00:53:09	3559		V35	716	00:04:29	3607
3495	3958	João Silva	00:26:12	00:54:03	00:53:19	3609	CCD TRANQUILIDADE	V50	250	00:04:39	4192
3496	2317	Rui Rato	00:27:44	00:54:03	00:53:22	3627		V40	695	00:04:20	3057



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<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3497	10502	Jacques Valentin	00:26:04	00:54:03	00:53:59	3796		V55	145	00:04:42	4379
3498	2625	Fernando Nuno	00:25:21	00:54:03	00:53:35	3681	ACLIS LIBERTY SEGUROS	V50	251	00:05:00	5444
3499	10506	Carina Dorp	00:26:04	00:54:03	00:54:01	3807		V40	58	00:04:43	4458
3500	920	Pedro Pastilha	00:28:11	00:54:04	00:49:22	2427	Os Moleiro do Colibride	Senior	812	00:04:13	2593
3501	5959	Ricardo Maurício	00:25:53	00:54:04	00:54:00	3799		V35	717	00:04:34	3945
3502	752	Mário Sanches	00:28:36	00:54:04	00:52:18	3295		V35	718	00:04:08	2277
3503	8922	Noel Gomes	00:30:23	00:54:04	00:48:26	2105		V35	719	00:03:54	1331
3504	10579	Joao Oliveira	00:26:16	00:54:04	00:54:00	3797		Senior	813	00:04:51	4915
3505	10378	Vera Fernandes	00:25:33	00:54:04	00:54:03	3813		Senior	96	00:05:19	6308
3506	8911	Wilson Gomes	00:30:23	00:54:04	00:48:25	2103		V35	720	00:03:54	1332
3507	3566	Céu Viegas	00:25:45	00:54:05	00:53:50	3762	Construtenis	V50	11	00:04:46	4624
3508	10580	Pedro Mogaleira	00:26:16	00:54:05	00:54:01	3804		V40	696	00:04:52	5039
3509	9060	Tania Alves	00:26:02	00:54:05	00:53:53	3773	A.M.Atibá	V35	54	00:04:47	4695
3510	9815	André Marinho	00:26:34	00:54:05	00:53:46	3732		Senior	814	00:04:47	4685
3511	4719	Pedro Vieira	00:28:20	00:54:05	00:53:06	3539		V35	721	00:04:19	3002
3512	5451	Ricardo Palma	00:28:41	00:54:06	00:52:57	3506	Almada Running	Senior	815	00:04:23	3219
3513	10349	Manuel Piedade	00:27:08	00:54:06	00:53:33	3674		V55	146	00:04:23	3222
3514	3227	Filipa Gonçalves	00:28:10	00:54:06	00:52:43	3431	G D C Banco de Portugal	Senior	97	00:04:09	2291
3515	3228	Gina Cheio	00:28:10	00:54:06	00:52:43	3430	G D C Banco de Portugal	V40	59	00:04:08	2278



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3516	2277	Joao Miguel	00:26:47	00:54:06	00:53:49	3753	Tangas Club	V75	1	00:04:36	4028
3517	4102	Ernesto Carvalho	00:26:40	00:54:06	00:53:40	3703		V55	147	00:04:33	3831
3518	3065	Miguel Azevedo	00:29:27	00:54:06	00:49:37	2516		V40	697	00:04:17	2820
3519	1175	Joaquim Bentes	00:26:32	00:54:07	00:53:47	3736	quarteto	V60	61	00:04:19	3016
3520	8732	Mauro Santos	00:27:53	00:54:07	00:53:25	3639	GMASA	Senior	816	00:04:22	3163
3521	951	Augusto Caria	00:26:02	00:54:07	00:53:47	3737		V60	62	00:04:44	4515
3522	8149	Pedro Henriques	00:26:06	00:54:07	00:53:02	3527	eGAS Runners	V35	722	00:04:57	5301
3523	8127	Andreia Alves	00:25:58	00:54:07	00:53:56	3785		Senior	98	00:04:53	5072
3524	6671	Pedro Coimbra	00:29:22	00:54:08	00:53:26	3645		Junior	92	00:03:55	1422
3525	3552	Sérgio Nunes	00:26:23	00:54:08	00:53:47	3740	Futebol Clube Estrelas Lisboa	V35	723	00:04:46	4663
3526	4523	Vasco Alpalhão	00:29:02	00:54:08	00:52:47	3449		V40	698	00:04:20	3027
3527	4227	João Martins	00:27:57	00:54:09	00:51:59	3205		Senior	817	00:04:21	3096
3528	941	Ricardo Preguiça	00:28:10	00:54:09	00:52:31	3378		Senior	818	00:04:11	2480
3529	4456	Joaquim Fulgencio	00:26:40	00:54:09	00:53:54	3780	CLUBE MILLENNIUM BCP	V55	148	00:04:07	2156
3530	4431	Miguel Santos	00:26:37	00:54:09	00:53:43	3722	CLUBE MILLENNIUM BCP	V50	252	00:04:36	4022
3531	4165	Steve Gabadinho	00:28:46	00:54:09	00:51:54	3187	Clube Desportivo TCPI	Senior	819	00:04:13	2611
3532	4285	Luis Costa	00:28:10	00:54:09	00:53:19	3610	CLUBE MILLENNIUM BCP	V45	422	00:03:59	1641
3533	348	Diane Dasilva	00:26:16	00:54:10	00:54:05	3824		V50	12	00:04:42	4371
3534	1203	Orlando Pereira	00:28:07	00:54:10	00:53:10	3562		V55	149	00:04:27	3533



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
3535	9690	Hugo Neves	00:26:05	00:54:10	00:53:48	3744		Senior	820	00:05:03	5608
3536	10321	Iurie Solomon	00:26:04	00:54:10	00:54:04	3818		Senior	821	00:04:16	2774
3537	1791	António Duarte	00:26:48	00:54:10	00:53:35	3679	Clube do Stress	V50	253	00:04:27	3531
3538	4336	Humberto Cabral	00:28:11	00:54:10	00:53:20	3620	CLUBE MILLENNIUM BCP	V40	699	00:04:00	1680
3539	180	Sandra Arraias	00:28:07	00:54:11	00:53:05	3537	Os Arraias	Senior	99	00:04:26	3456
3540	476	Joaquim Mendes	00:25:10	00:54:11	00:54:10	3853		Senior	822	00:04:45	4616
3541	836	Henrique Dias	00:27:57	00:54:11	00:53:20	3618		V60	63	00:04:13	2600
3542	2012	Hugo Alves	00:28:06	00:54:11	00:52:35	3390	Line Runners	V35	724	00:04:35	3949
3543	7286	Pedro Ponte	00:25:41	00:54:12	00:54:07	3836	Clube ANA Lisboa	V35	725	00:05:01	5511
3544	2480	Sérgio Alves	00:28:55	00:54:12	00:51:49	3154	Quinta do guiks friends	Senior	823	00:04:07	2154
3545	9932	Ricardo Santos	00:28:15	00:54:12	00:52:06	3234		V35	726	00:04:19	2996
3546	5911	Henrique Silva	00:26:24	00:54:12	00:53:52	3764	Família Silva	V65	24	00:04:52	5012
3547	10348	Jose Lopes	00:27:08	00:54:13	00:53:39	3701		V45	423	00:04:29	3635
3548	8752	Marta Lopes	00:26:41	00:54:13	00:53:42	3715		V45	45	00:04:49	4815
3549	7598	Gonçalo Bordalo	00:27:18	00:54:13	00:54:04	3819		Junior	93	00:04:15	2688
3550	8751	Natalino Lopes	00:26:41	00:54:14	00:53:42	3717		V55	150	00:04:51	4925
3551	2774	Sérgio Timóteo	00:29:21	00:54:14	00:52:35	3389	GDC Porto Sines	V50	254	00:04:06	2093
3552	31	Hugo Pereira	00:26:10	00:54:14	00:54:08	3843	Casal Maravilha	V40	700	00:04:48	4760
3553	10485	Aldina Marques	00:27:44	00:54:15	00:52:35	3388		V40	60	00:04:29	3604

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3554	10539	Carlos Marques	00:26:39	00:54:15	00:54:05	3825		V40	701	00:04:07	2170
3555	4096	Luís Machado	00:25:33	00:54:16	00:54:00	3800		V35	727	00:04:52	5015
3556	1132	João Faustino	00:28:41	00:54:16	00:53:11	3567	Clube do Stress	V40	702	00:03:57	1545
3557	8971	Paulo Silva	00:28:54	00:54:16	00:52:51	3472		V35	728	00:04:08	2222
3558	5103	Márcio Castro	00:28:15	00:54:16	00:52:36	3399		Senior	824	00:04:00	1679
3559	6811	Luís Dias	00:26:45	00:54:17	00:53:16	3591		V35	729	00:04:33	3848
3560	8649	Laurent Duarte	00:26:18	00:54:17	00:54:00	3801		Senior	825	00:04:51	4910
3561	4363	Oscar Marques	00:26:47	00:54:17	00:54:05	3826	CLUBE MILLENNIUM BCP	V60	64	00:04:45	4559
3562	529	Carlos Craveira	00:28:31	00:54:17	00:50:00	2651	AC TEAM	V40	703	00:04:24	3303
3563	4698	Pedro Lopes	00:27:51	00:54:17	00:52:30	3368		V40	704	00:04:37	4079
3564	4365	Filipa Marques	00:26:47	00:54:17	00:54:04	3821	CLUBE MILLENNIUM BCP	Senior	100	00:04:45	4596
3565	10338	Tiago Patricio	00:25:01	00:54:18	00:54:09	3850		Junior	94	00:05:23	6454
3566	3571	Jorge Pinto	00:26:14	00:54:18	00:53:48	3743	ESTAFADOS DO ASFALTO	V65	25	00:04:58	5326
3567	9471	Ricardo Aguiar	00:27:11	00:54:18	00:53:47	3735		V50	255	00:04:17	2830
3568	7594	Filipe Matos	00:27:25	00:54:19	00:53:35	3680		Junior	95	00:04:08	2225
3569	9319	Jorge Menau	00:26:17	00:54:19	00:54:08	3842		V40	705	00:04:37	4092
3570	6918	Rui Lopes	00:26:47	00:54:19	00:54:11	3867	"Os Matrecos"	V50	256	00:04:44	4507
3571	9304	Luis Gomes	00:27:49	00:54:19	00:53:47	3738		V55	151	00:04:23	3232
3572	1588	Ricardo Correia	00:29:00	00:54:20	00:53:00	3521	Flechas	Senior	826	00:04:40	4280

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3573	1276	Paula Pontinha	00:24:59	00:54:20	00:54:10	3852		V40	61	00:05:06	5759
3574	8242	Carlos Costa	00:25:46	00:54:20	00:54:03	3814		V40	706	00:04:45	4571
3575	7807	José Serafim	00:27:59	00:54:20	00:52:54	3487	GRUPO DOS AMIGOS DO ATLETISMO DE VIL	V55	152	00:04:32	3817
3576	106	Mario Freire	00:27:19	00:54:20	00:54:16	3898		V55	153	00:04:32	3826
3577	1064	Tiago Gouveia	00:31:42	00:54:20	00:48:25	2100	Café do Rui	V35	730	00:03:56	1434
3578	6304	Luis Grangeia	00:26:53	00:54:20	00:53:52	3766	VdAtletas	V35	731	00:04:33	3855
3579	5319	Rui Pinheiro	00:26:44	00:54:20	00:54:04	3822	CCD Sintrense	V40	707	00:04:40	4249
3580	5679	António Hortega	00:28:14	00:54:20	00:52:18	3296	Hortega Serviços	V50	257	00:04:18	2908
3581	9305	Manuel Balata	00:27:48	00:54:21	00:53:49	3754		V60	65	00:04:25	3410
3582	9589	Luisa Mendes	00:26:08	00:54:21	00:54:19	3916		Senior	101	00:04:52	5021
3583	9617	Tiago Carneiro	00:28:36	00:54:21	00:52:30	3372		V35	732	00:04:10	2395
3584	419	Bruno Gonçalves	00:26:44	00:54:21	00:53:45	3729		V35	733	00:04:58	5328
3585	7071	João Cocharro	00:28:36	00:54:21	00:52:05	3226	INDEG-ISCTE	V35	734	00:04:26	3449
3586	2589	Marta Vaz	00:28:19	00:54:22	00:53:49	3750		Senior	102	00:04:13	2605
3587	5310	Rodrigo Correia	00:29:28	00:54:22	00:52:22	3330	CCD Sintrense	V35	735	00:04:12	2508
3588	10594	João Leitão	00:27:08	00:54:22	00:53:52	3765		V45	424	00:04:37	4075
3589	5322	Mário Lageiro	00:29:28	00:54:22	00:52:22	3333	CCD Sintrense	V45	425	00:04:13	2585
3590	6076	Filipe Pires	00:28:34	00:54:22	00:52:24	3339		V35	736	00:04:16	2768
3591	2590	Ana Braganca	00:28:20	00:54:22	00:53:49	3751		Senior	103	00:04:13	2564



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3592	3430	André Serralheiro	00:27:50	00:54:23	00:52:20	3309		Senior	827	00:04:40	4258
3593	8423	Lúcia Silva	00:27:24	00:54:23	00:53:26	3646		V35	55	00:04:14	2670
3594	9483	Nelson Gaspar	00:28:22	00:54:23	00:52:27	3355		V35	737	00:04:14	2680
3595	8216	Luis Monteiro	00:25:53	00:54:23	00:54:19	3917		V35	738	00:04:50	4863
3596	5067	Marta Andrade	00:27:15	00:54:24	00:53:38	3698		Senior	104	00:04:31	3731
3597	6476	Miguel Pino	00:28:44	00:54:24	00:53:17	3596		V50	258	00:04:17	2823
3598	7462	Antonio Tavares	00:27:41	00:54:24	00:53:43	3721		V50	259	00:04:23	3228
3599	6355	Alexandre Pais	00:26:19	00:54:24	00:54:03	3812		Senior	828	00:04:50	4865
3600	9468	Heller Silva	00:28:01	00:54:25	00:54:09	3851		V50	260	00:04:20	3059
3601	4943	Ricardo Sequeira	00:27:26	00:54:25	00:52:53	3479		V35	739	00:04:37	4067
3602	3037	Manuel Antonio	00:27:36	00:54:25	00:53:26	3644	Bombeiros Voluntários de Montemor-o-Novo	V55	154	00:04:28	3555
3603	9357	Paulo Morao	00:29:34	00:54:26	00:52:18	3294		V50	261	00:03:56	1500
3604	5388	Leonel Marques	00:27:33	00:54:26	00:53:23	3630		V40	708	00:04:31	3724
3605	7867	Daniel Portela	00:26:24	00:54:26	00:54:05	3827	SilvaPortela	Senior	829	00:04:22	3190
3606	7614	Ilda Barata	00:27:31	00:54:26	00:53:44	3723		V50	13	00:04:38	4142
3607	9358	João Anjos	00:29:34	00:54:26	00:52:19	3305		V50	262	00:03:57	1555
3608	1360	Soledade Pereira	00:29:22	00:54:27	00:52:48	3457		V45	46	00:04:19	2967
3609	4130	Paulo Machado	00:28:19	00:54:27	00:53:08	3551		V45	426	00:04:09	2315
3610	7865	Rosa Viveiros	00:26:13	00:54:28	00:54:22	3929	Falcões Selvagens	Senior	105	00:04:33	3837

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3611	8703	Rui Neves	00:25:49	00:54:28	00:54:07	3837		Senior	830	00:05:28	6660
3612	2139	Eduardo Braz	00:25:33	00:54:28	00:54:23	3931	Açoreana Clube Banif	V40	709	00:04:59	5402
3613	6401	Rodolfo Silva	00:26:30	00:54:28	00:54:24	3945	Agenda Desportiva	V35	740	00:04:44	4531
3614	6652	Antonio Faia	00:28:36	00:54:28	00:52:21	3319		Senior	831	00:04:20	3022
3615	5090	Andreia Pragosa	00:27:40	00:54:28	00:52:53	3483		Senior	106	00:04:45	4590
3616	3853	João Mendes	00:24:47	00:54:29	00:54:01	3805		V35	741	00:05:32	6759
3617	9414	Ricardo Andorinho	00:28:41	00:54:29	00:52:22	3329	Turbo-Lento	V35	742	00:04:13	2578
3618	9711	Nuno Restolho	00:28:34	00:54:29	00:52:51	3465		Senior	832	00:04:09	2316
3619	1228	José Martins	00:27:34	00:54:29	00:53:27	3657		V40	710	00:04:29	3653
3620	6856	Célia Francisco	00:26:32	00:54:29	00:54:07	3834	Tartarugas Solidárias	V40	62	00:04:32	3821
3621	8545	Alexandre Figueiredo	00:28:11	00:54:29	00:52:31	3374	EXICTOS Running Team	V40	711	00:04:46	4652
3622	4371	Pedro Almeida	00:26:47	00:54:30	00:54:28	3968	CLUBE MILLENNIUM BCP	Senior	833	00:04:13	2584
3623	5348	Carlos Morais	00:25:23	00:54:30	00:54:26	3958		V45	427	00:05:00	5421
3624	1131	João Catarino	00:28:46	00:54:30	00:52:30	3369	Clube do Stress	V55	155	00:04:18	2949
3625	5739	Rui Letras	00:26:26	00:54:31	00:54:25	3951		V40	712	00:04:41	4317
3626	5148	Pedro Lopes	00:26:37	00:54:31	00:54:07	3839		Senior	834	00:04:52	5008
3627	1972	Jorge Francisco	00:25:13	00:54:31	00:54:21	3923		V35	743	00:04:56	5228
3628	2345	João Pratas	00:25:39	00:54:31	00:54:30	3981		V50	263	00:04:59	5393
3629	9131	Jose Cardoso	00:27:47	00:54:31	00:53:41	3711	Volkswagen Autoeuropa	V45	428	00:04:39	4220

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3630	6722	Orlano Guerreiro	00:27:26	00:54:31	00:53:45	3730		V35	744	00:04:23	3213
3631	93	Pedro Lopes	00:29:54	00:54:32	00:52:48	3453		V40	713	00:03:58	1569
3632	8469	Luis Bilau	00:26:27	00:54:33	00:54:04	3817		V60	66	00:04:41	4335
3633	7561	Antonio Arnaut	00:29:30	00:54:33	00:53:12	3571	R+A	V35	745	00:04:15	2725
3634	4657	Pedro Silva	00:26:41	00:54:33	00:53:49	3749		Senior	835	00:04:27	3521
3635	2504	Mafalda Gameiro	00:27:26	00:54:34	00:53:53	3771	CASA DO PESSOAL DA RTP	V45	47	00:04:28	3561
3636	9913	Carlos Raposo	00:24:56	00:54:34	00:54:31	3988		V40	714	00:05:33	6785
3637	2132	Armando Parreira	00:26:26	00:54:34	00:54:25	3952	Açoreana Clube Banif	V45	429	00:04:38	4129
3638	937	Tânia Calado	00:28:09	00:54:34	00:53:36	3688		Senior	107	00:04:10	2407
3639	2341	Leonardo Malhão	00:26:44	00:54:35	00:54:05	3828	Bombeiros Voluntários de Montemor-o-Novo	Junior	96	00:04:54	5133
3640	3891	Joel Ginga	00:26:28	00:54:35	00:54:24	3940		Senior	836	00:04:43	4482
3641	2127	Albano Alves	00:26:26	00:54:35	00:54:26	3959	Açoreana Clube Banif	V55	156	00:04:39	4210
3642	3401	Luis Rasteiro	00:26:46	00:54:35	00:53:57	3788	Tálenos Team	V35	746	00:04:41	4303
3643	2281	Maria Olivera	00:26:02	00:54:35	00:54:32	3991	N.A."OS PAPAGAIOS DE CASCAIS"	V50	14	00:04:35	3978
3644	213	Sara Silva	00:26:50	00:54:36	00:54:19	3914	Correr Lisboa	V35	56	00:04:48	4741
3645	3186	Armanda Modesto	00:26:43	00:54:36	00:54:14	3880		V50	15	00:04:56	5258
3646	970	Pedro Silva	00:26:58	00:54:36	00:53:54	3778		V40	715	00:04:31	3739
3647	341	Rui Lopes	00:27:15	00:54:36	00:53:56	3783		V40	716	00:04:30	3672
3648	1661	Mónica Bastos	00:28:02	00:54:37	00:53:14	3583		V35	57	00:04:34	3898



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3649	9816	Carlos Mota	00:26:13	00:54:37	00:54:15	3892		Senior	837	00:04:34	3921
3650	3273	Jorge Vaz	00:28:13	00:54:37	00:52:31	3375	BRRnightRUNNERS - Barreiro	V40	717	00:04:34	3924
3651	1579	João Lameira	00:26:10	00:54:37	00:54:12	3871	Flechas	V35	747	00:04:46	4640
3652	7526	Paulo Silva	00:29:18	00:54:37	00:52:44	3436		V40	718	00:04:08	2217
3653	7420	Ana Luz	00:26:59	00:54:37	00:54:18	3908		V40	63	00:04:44	4553
3654	9620	Ricardo Rosa	00:27:20	00:54:38	00:53:20	3615		V35	748	00:04:41	4292
3655	7564	Tiago Oliveira	00:29:18	00:54:38	00:52:45	3444		V35	749	00:04:08	2240
3656	8736	Daniel Vieira	00:29:13	00:54:38	00:53:00	3522		V35	750	00:04:19	2977
3657	8115	Angelo Silva	00:25:49	00:54:38	00:54:15	3891		V60	67	00:05:09	5892
3658	6948	Manuel Sobral	00:28:18	00:54:38	00:53:19	3614	MAIN	V55	157	00:04:18	2923
3659	2703	Antonio Fernandes	00:27:21	00:54:38	00:53:47	3739		V50	264	00:04:41	4352
3660	6949	Filipe Fraga	00:28:18	00:54:39	00:53:20	3619	MAIN	V50	265	00:04:18	2920
3661	4026	Hugo Roxo	00:28:26	00:54:39	00:52:30	3366	Panela Mágica	V35	751	00:04:35	3971
3662	5917	Paula Nunes	00:27:58	00:54:39	00:54:02	3811	Proaventuras	V50	16	00:04:22	3148
3663	10343	Casimiro Ferreira	00:28:46	00:54:39	00:53:10	3563		V70	4	00:04:16	2792
3664	4245	Fernando Pestana	00:26:41	00:54:39	00:54:10	3854	GRCD Leião	V65	26	00:04:32	3786
3665	8501	Tiago Pinhel	00:30:04	00:54:39	00:52:35	3393		Senior	838	00:04:17	2846
3666	2572	Jaime Mestre	00:27:08	00:54:40	00:53:47	3742	grupo desportivo águias da moita	V40	719	00:04:41	4311
3667	9619	António Figueiredo	00:28:32	00:54:40	00:52:53	3480		V40	720	00:04:16	2756



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3668	7655	Carlos Beites	00:29:11	00:54:40	00:53:18	3605		Senior	839	00:04:00	1690
3669	620	Hugo Pereira	00:28:49	00:54:40	00:52:39	3409		V35	752	00:04:09	2297
3670	1248	Ricardo Alves	00:28:24	00:54:40	00:52:17	3289	Quinta do guiks friends	Senior	840	00:04:31	3737
3671	8033	Joaquim Carronha	00:25:49	00:54:40	00:54:26	3954	N.A."OS PAPAGAIOS DE CASCAIS"	V60	68	00:04:51	4967
3672	1694	José Nunes	00:25:18	00:54:40	00:54:33	4001	Keep Running	V45	430	00:04:55	5163
3673	8229	João Duarte	00:26:48	00:54:41	00:53:27	3655		V50	266	00:04:51	4978
3674	961	João Pereira	00:28:14	00:54:41	00:53:37	3690		Junior	97	00:04:05	2023
3675	10354	Rui Reis	00:26:25	00:54:41	00:53:44	3726		V45	431	00:04:39	4221
3676	4708	Gonçalo Carregueiro	00:28:42	00:54:41	00:52:20	3313	Quinta do guiks friends	Senior	841	00:04:18	2935
3677	3485	Bruno Pereira	00:27:33	00:54:41	00:53:37	3689		V35	753	00:04:18	2939
3678	9125	Jorge Aguiar	00:27:40	00:54:41	00:53:25	3643		V45	432	00:04:40	4240
3679	6511	Frederico Raposo	00:27:44	00:54:41	00:54:10	3858		Senior	842	00:04:08	2249
3680	1453	Pedro Gil	00:27:27	00:54:42	00:53:58	3793		V35	754	00:04:35	3999
3681	281	Pedro Guimaraes	00:27:05	00:54:42	00:54:05	3829		V40	721	00:04:59	5417
3682	493	Joao Moreira	00:29:38	00:54:42	00:50:25	2756		V45	433	00:03:56	1495
3683	4776	Paulo Gouveia	00:28:33	00:54:42	00:54:15	3886	Mariachis	V35	755	00:04:03	1910
3684	5903	Jorge Ferreira	00:27:06	00:54:42	00:54:03	3815	Ecocalcario	V35	756	00:04:32	3777
3685	7759	Pedro Castro	00:27:47	00:54:42	00:54:05	3830		V40	722	00:04:37	4107
3686	737	Sofia Leite	00:28:02	00:54:42	00:53:44	3724	Leite Runners	Senior	108	00:04:34	3927

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3687	663	Maria Oliveira	00:27:06	00:54:43	00:54:06	3832		V40	64	00:04:55	5155
3688	6127	Nelson Kopke	00:26:46	00:54:43	00:54:12	3870		V40	723	00:04:33	3873
3689	5163	António Jubilado	00:27:50	00:54:43	00:54:18	3911		V55	158	00:04:02	1814
3690	672	Nuno Pinheiro	00:28:17	00:54:43	00:52:24	3341		V40	724	00:04:52	5000
3691	10456	Nelson Moreira	00:29:49	00:54:44	00:49:46	2574		Senior	843	00:04:05	2020
3692	3274	Sara Mesquita	00:26:57	00:54:44	00:53:54	3775	Flashteam	Senior	109	00:04:42	4374
3693	4283	Eduardo Pinto	00:26:43	00:54:44	00:54:34	4012	CLUBE MILLENNIUM BCP	V45	434	00:04:25	3399
3694	1054	Fernando Carvalho	00:26:27	00:54:45	00:54:24	3947	BueRapidos	V40	725	00:04:54	5101
3695	1241	Jorge Matinho	00:27:09	00:54:45	00:53:37	3693		V45	435	00:04:45	4558
3696	1296	Luís Lopes	00:28:40	00:54:46	00:53:30	3662		V35	757	00:04:29	3608
3697	8128	Miguel Vale	00:28:16	00:54:46	00:54:09	3847		V40	726	00:05:07	5796
3698	36	Luis Proença	00:28:42	00:54:46	00:53:17	3597		V45	436	00:04:22	3142
3699	2900	Vitor Valadas	00:25:27	00:54:46	00:54:22	3926		V35	758	00:05:33	6781
3700	10118	Vitor Cabral	00:28:16	00:54:46	00:54:09	3849		V45	437	00:05:07	5805
3701	7307	Renato Costa	00:26:53	00:54:46	00:53:56	3782		V45	438	00:04:44	4526
3702	7306	Teresa Bispo	00:26:53	00:54:47	00:53:57	3790		V45	48	00:04:44	4539
3703	2881	João Silva	00:27:07	00:54:47	00:53:48	3746		V40	727	00:04:42	4368
3704	1947	Pedro Marques	00:28:58	00:54:47	00:49:54	2613	Rebola Caixotes	V35	759	00:04:18	2914
3705	8440	Madalena Patrao	00:27:25	00:54:47	00:54:13	3876	Pernas de Gafanhoto	V35	58	00:04:21	3122



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
3706	6688	Nuno Pereira	00:27:35	00:54:48	00:54:31	3987		V35	760	00:04:29	3646
3707	5762	Maria Felizardo	00:25:42	00:54:48	00:54:44	4056	Proaventuras	V40	65	00:04:53	5096
3708	8804	Bruno Claro	00:27:53	00:54:49	00:54:11	3864		Senior	844	00:04:22	3147
3709	3560	Bruno Lopes	00:27:48	00:54:49	00:54:24	3942		Senior	845	00:04:41	4315
3710	1394	Alberto Bacchiega	00:28:56	00:54:49	00:53:45	3727	escaria&friends	V45	439	00:04:18	2917
3711	3294	Nuno Lopes	00:25:49	00:54:50	00:54:27	3962	Os Lobos	Senior	846	00:05:03	5604
3712	7289	André Fonseca	00:25:34	00:54:50	00:54:17	3901		Senior	847	00:04:45	4593
3713	3026	Filipe Sousa	00:29:21	00:54:50	00:53:09	3555	GO!Runners	V35	761	00:04:10	2415
3714	4296	Vanda Rosa	00:26:46	00:54:50	00:54:38	4038	CLUBE MILLENNIUM BCP	V35	59	00:04:34	3940
3715	4385	Antonio Almeida	00:26:53	00:54:50	00:54:44	4059	CLUBE MILLENNIUM BCP	V45	440	00:04:39	4189
3716	1440	Paulo Reixa	00:28:18	00:54:51	00:54:11	3866		V50	267	00:04:38	4136
3717	3240	Jacinta Almeida	00:26:32	00:54:51	00:54:33	4002	Rail Runners	V45	49	00:04:38	4137
3718	5758	Augusto Reis	00:26:49	00:54:51	00:54:16	3896	Proaventuras	V45	441	00:04:49	4854
3719	7433	Bruno Batista	00:27:58	00:54:52	00:53:53	3772	Elite	V35	762	00:04:45	4591
3720	7374	Vitor Ramos	00:28:03	00:54:52	00:53:12	3576	Os Zatopeques	V35	763	00:04:54	5111
3721	2684	Andreia Monteiro	00:28:30	00:54:52	00:53:24	3633	Walking deads	V35	60	00:04:41	4329
3722	7221	Pedro Silva	00:27:18	00:54:52	00:53:24	3635	Branças de Neve e os Sacanões	V35	764	00:04:49	4851
3723	1952	João Santos	00:29:59	00:54:52	00:49:58	2642	Rebola Caixotes	Senior	848	00:04:17	2831
3724	4781	Alcides Paulo	00:26:42	00:54:52	00:54:11	3865		V45	442	00:04:52	4989



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3725	6261	Rui Sousa	00:27:45	00:54:53	00:53:54	3774		V40	728	00:04:29	3652
3726	5215	António Matos	00:26:18	00:54:53	00:54:14	3883	Papa-almoços	V45	443	00:05:04	5631
3727	8807	Luis Ramos	00:29:19	00:54:53	00:49:55	2621		Senior	849	00:04:10	2418
3728	2544	Yohann Leboeuf	00:27:37	00:54:53	00:54:22	3928		Senior	850	00:04:42	4358
3729	4414	Joao Canas	00:26:56	00:54:53	00:54:42	4049	CLUBE MILLENNIUM BCP	Senior	851	00:04:20	3037
3730	8876	Daniel Carvalho	00:25:09	00:54:53	00:54:51	4104		Senior	852	00:05:05	5691
3731	4416	Sofia Ramalho	00:27:33	00:54:53	00:54:50	4102	CLUBE MILLENNIUM BCP	Junior	15	00:04:20	3035
3732	1665	Pedro Borrego	00:30:57	00:54:53	00:48:56	2267		V35	765	00:03:53	1294
3733	4415	Rui Ramalho	00:27:33	00:54:53	00:54:50	4099	CLUBE MILLENNIUM BCP	V45	444	00:04:06	2118
3734	5160	João Rita	00:27:42	00:54:53	00:54:32	3994	PELEGAS	V55	159	00:04:39	4193
3735	1337	João Benevente	00:28:54	00:54:54	00:53:15	3589	C. A. Amigos Parque da Paz	V60	69	00:04:08	2239
3736	2991	Paulo Mendes	00:28:54	00:54:54	00:52:45	3445		V45	445	00:04:14	2639
3737	1109	João Quaresma	00:27:24	00:54:54	00:54:46	4070		V50	268	00:04:55	5184
3738	8778	Fernando Silveiro	00:26:57	00:54:54	00:54:23	3939	Futebol Clube Estrelas Lisboa	V45	446	00:05:12	6035
3739	3091	Sérgio Tavares	00:26:12	00:54:54	00:54:39	4041	CCD Crédito Agrícola Mútuo	Senior	853	00:04:33	3836
3740	3811	Nuno Carrôlo	00:28:34	00:54:54	00:53:09	3557		V40	729	00:04:29	3637
3741	8092	Tiago Felizardo	00:27:53	00:54:55	00:53:44	3725		V35	766	00:04:44	4525
3742	5429	Melissa Lopes	00:26:48	00:54:55	00:54:14	3884		Senior	110	00:04:49	4828
3743	5648	Mario Pires	00:28:00	00:54:55	00:54:24	3943		V40	730	00:04:33	3843



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3744	3302	Paulo Barreira	00:25:36	00:54:56	00:54:32	3995	GRCD Leião	V40	731	00:05:06	5730
3745	3955	Luís Bilro	00:29:53	00:54:56	00:53:02	3524	CCD TRANQUILIDADE	V50	269	00:04:07	2164
3746	330	Ricardo Brito	00:29:48	00:54:56	00:53:14	3581		Senior	854	00:04:06	2115
3747	5312	Alexandra Alves	00:27:50	00:54:56	00:54:08	3845	CCD Sintrense	V40	66	00:04:27	3519
3748	2644	João Neves	00:28:29	00:54:56	00:53:34	3675	Riverside Eagles	V40	732	00:04:14	2624
3749	3191	Pedro Caetano	00:27:24	00:54:56	00:54:35	4021		V35	767	00:04:35	3976
3750	2314	Valter Amadinho	00:27:40	00:54:56	00:54:15	3887		Senior	855	00:04:32	3804
3751	5629	Sabir Kanji	00:27:39	00:54:56	00:54:14	3881	SS CGD	V35	768	00:04:31	3728
3752	105	Telma Silva	00:26:18	00:54:56	00:54:37	4029		Senior	111	00:04:45	4585
3753	3007	Heitor Amorim	00:29:03	00:54:57	00:53:29	3659	Tarolas Team	Senior	856	00:04:19	2963
3754	1506	Luis Jesus	00:28:38	00:54:57	00:53:40	3705		Senior	857	00:03:58	1564
3755	8232	Fernando Moreira	00:26:23	00:54:57	00:54:20	3919		V50	270	00:04:48	4753
3756	7937	Antonio Carpinteiro	00:26:53	00:54:57	00:54:33	4007	SS CGD	V65	27	00:04:51	4979
3757	2933	António Portugal	00:26:40	00:54:58	00:54:24	3949	GDINE	V45	447	00:04:33	3829
3758	2938	Carlos Martins	00:25:38	00:54:58	00:54:51	4105	GDINE	V55	160	00:04:41	4300
3759	8005	Filipa Marques	00:27:42	00:54:58	00:54:48	4091		Senior	112	00:04:49	4837
3760	7726	Carlos Francisco	00:29:11	00:54:58	00:53:36	3684		Senior	858	00:04:12	2533
3761	2613	Jorge Guerreiro	00:26:50	00:54:58	00:54:23	3934	MARRIOTT LISBOA	V35	769	00:04:45	4582
3762	7790	Helder Monteiro	00:28:32	00:54:59	00:52:47	3448		V35	770	00:04:46	4659



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<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3763	1805	Marco Bastos	00:25:36	00:54:59	00:54:21	3921		V40	733	00:05:21	6404
3764	8129	Rui Alves	00:26:34	00:54:59	00:54:39	4042		V40	734	00:04:36	4036
3765	6864	Mario Lopes	00:28:27	00:54:59	00:53:36	3682		V35	771	00:04:15	2735
3766	107	Carlos Marques	00:26:50	00:55:00	00:54:18	3912		V50	271	00:04:43	4456
3767	10473	Miguel Ferrinho	00:27:33	00:55:00	00:54:11	3863	Os Verdadeiros Pés de Chumbo	V40	735	00:04:34	3906
3768	9408	Francisco Torres	00:26:11	00:55:00	00:54:56	4136		Senior	859	00:04:33	3827
3769	3015	Rafael Ribeiro	00:26:45	00:55:00	00:54:07	3833	Tarolas Team	Senior	860	00:05:20	6362
3770	4778	Delfim Pratas	00:28:33	00:55:01	00:54:35	4018	Mariachis	V45	448	00:04:21	3139
3771	8247	José Barradas	00:28:56	00:55:01	00:54:07	3838		V35	772	00:03:59	1674
3772	4735	Ruo Xavier	00:26:48	00:55:01	00:54:22	3927	Clube EDP - Lisboa	V45	449	00:04:24	3286
3773	9735	Luis Lopes	00:27:32	00:55:01	00:54:14	3882		V40	736	00:04:14	2650
3774	1158	Emanuel Batalha	00:27:14	00:55:02	00:54:02	3809		V35	773	00:04:42	4356
3775	680	Vitor Afonso	00:26:58	00:55:03	00:54:35	4020		V50	272	00:04:28	3562
3776	1778	Filipe Costa	00:28:56	00:55:03	00:52:38	3408		Senior	861	00:04:22	3172
3777	10524	Luis Dias	00:26:47	00:55:04	00:54:28	3967		V35	774	00:04:46	4622
3778	10434	Paulo Farinha	00:26:27	00:55:04	00:53:41	3710		V40	737	00:05:03	5601
3779	1860	Mario Pereira	00:26:27	00:55:04	00:54:54	4124	SS CGD	V35	775	00:04:40	4259
3780	5130	Helder Rosário	00:26:32	00:55:05	00:53:50	3760		Senior	862	00:04:45	4576
3781	9306	Eurico Semedo	00:27:38	00:55:06	00:54:35	4022		V65	28	00:04:37	4097



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3782	1066	Hugo Ricardo	00:29:50	00:55:06	00:52:58	3510	Café do Rui	Senior	863	00:04:28	3553
3783	3815	Luís Lopes	00:23:09	00:55:07	00:54:57	4143	Associação GD Academia do Korpo	V60	70	00:05:06	5728
3784	10478	Ana Prieto	00:28:33	00:55:07	00:53:45	3728		Senior	113	00:04:29	3647
3785	1007	Ricardo Silva	00:29:17	00:55:07	00:50:14	2706		V35	776	00:04:16	2785
3786	8522	Miguel Mateus	00:28:56	00:55:08	00:52:47	3451		V40	738	00:04:20	3052
3787	5908	João Sousa	00:28:22	00:55:08	00:53:46	3731	Sousas	Junior	98	00:03:57	1518
3788	9031	Hugo Vicente	00:26:15	00:55:08	00:54:47	4072		V35	777	00:04:54	5128
3789	2079	Paulo Cassaca	00:26:52	00:55:08	00:54:46	4066		V40	739	00:04:26	3470
3790	6882	José Martins	00:25:41	00:55:08	00:54:26	3956	Falcões Selvagens	V35	778	00:05:04	5664
3791	5842	António Rodrigues	00:26:51	00:55:08	00:54:29	3971	Amigos Atletismo Mafra	V35	779	00:04:32	3808
3792	2174	António Pinheiro	00:27:19	00:55:08	00:54:17	3906	Os Galgos	V40	740	00:04:25	3383
3793	7742	Saul Marques	00:28:24	00:55:08	00:53:52	3767	S.A	V35	780	00:04:17	2825
3794	5378	Pedro Singéis	00:27:07	00:55:09	00:54:56	4139	Volkswagen Autoeuropa	V40	741	00:04:35	3972
3795	1841	Claudia Lourenço	00:28:28	00:55:09	00:54:24	3944	SS CGD	V40	67	00:04:28	3558
3796	4656	Henrique Girão	00:26:33	00:55:09	00:55:05	4205		V60	71	00:04:55	5177
3797	8950	João Vitorino	00:28:49	00:55:09	00:54:16	3894		V50	273	00:04:22	3171
3798	4977	Mario Alves	00:29:22	00:55:10	00:52:52	3475	sfuap	V55	161	00:04:16	2782
3799	8951	João Oliveira	00:28:49	00:55:10	00:54:17	3907		V55	162	00:04:22	3186
3800	6894	João Vidigueira	00:21:56	00:55:10	00:54:58	4162		Senior	864	00:06:59	8124



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
3801	4008	Ruben Costa	00:25:40	00:55:10	00:54:30	3979		V35	781	00:05:52	7275
3802	1399	Joaquim Gamito	00:27:52	00:55:10	00:53:36	3686		V50	274	00:04:33	3862
3803	8956	Fernando Costa	00:28:18	00:55:10	00:54:50	4103		V35	782	00:04:18	2898
3804	3265	Sandra Franco	00:27:27	00:55:11	00:54:15	3885	SaptecGroup Team	V40	68	00:04:30	3670
3805	2594	Ana Santos	00:27:00	00:55:11	00:54:40	4044		V35	61	00:04:42	4365
3806	145	Sandro Prates	00:26:03	00:55:11	00:54:27	3964		V35	783	00:05:02	5558
3807	7229	Rui Nogueira	00:28:56	00:55:11	00:53:13	3578		V45	450	00:04:28	3563
3808	71	José Veloso	00:26:45	00:55:12	00:55:04	4202		V45	451	00:04:35	3956
3809	7363	Phelim O' Kane	00:27:28	00:55:12	00:54:38	4036		V55	163	00:04:44	4535
3810	4051	Bruno Delfino	00:30:04	00:55:12	00:53:08	3550		Senior	865	00:04:13	2566
3811	2278	Mario Lopes	00:27:26	00:55:12	00:54:45	4060	Tangas Club	V65	29	00:04:35	3959
3812	2410	Susana Gomes	00:28:38	00:55:13	00:54:15	3890	Valejas Atlético Clube	V45	50	00:04:23	3247
3813	6435	Paulo Jerónimo	00:26:31	00:55:13	00:55:03	4194		V50	275	00:05:05	5684
3814	5444	Nuno Bernardo	00:28:45	00:55:13	00:54:13	3873		V35	784	00:04:12	2503
3815	8766	Manuel Matos	00:28:16	00:55:14	00:54:38	4037		V40	742	00:04:23	3275
3816	9642	Tiago Farias	00:27:48	00:55:14	00:53:56	3784		V45	452	00:04:42	4357
3817	1609	Joana Rainho	00:26:25	00:55:15	00:55:14	4261	Cut and Run	Senior	114	00:04:50	4888
3818	7066	João Dias	00:27:02	00:55:16	00:54:34	4010	INDEG-ISCTE	V40	743	00:05:10	5972
3819	7383	Paulo Silva	00:27:51	00:55:16	00:54:21	3924		V40	744	00:04:53	5076



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
3820	4440	Antonio Correia	00:27:59	00:55:16	00:55:07	4213	CLUBE MILLENNIUM BCP	V55	164	00:04:05	2012
3821	4441	Pedro Araujo	00:28:00	00:55:16	00:55:07	4212	CLUBE MILLENNIUM BCP	V45	453	00:04:04	1924
3822	854	Fernando Oliveira	00:29:00	00:55:16	00:52:59	3519		V40	745	00:04:31	3753
3823	8320	António Costa	00:28:36	00:55:16	00:54:07	3835		V40	746	00:04:28	3554
3824	9480	Luís Evangelista	00:28:22	00:55:16	00:53:19	3607		V40	747	00:04:30	3667
3825	5796	Luis Faria	00:28:35	00:55:16	00:53:23	3632		V40	748	00:04:19	2992
3826	838	João Silvestre	00:28:55	00:55:17	00:53:28	3658		V40	749	00:04:41	4308
3827	5797	Ines Faria	00:28:35	00:55:17	00:53:25	3638		V40	69	00:04:20	3076
3828	4109	João Malcata	00:27:13	00:55:17	00:54:53	4119		V35	785	00:04:17	2865
3829	5535	Ruth Lopes	00:30:12	00:55:17	00:50:40	2828		V40	70	00:04:12	2513
3830	4536	João Cortesão	00:26:31	00:55:18	00:55:08	4229		V45	454	00:04:47	4724
3831	4537	Pedro Martinho	00:26:31	00:55:18	00:55:09	4236		V45	455	00:04:47	4725
3832	1165	Flávio Rodrigues	00:25:30	00:55:18	00:54:34	4013		Senior	866	00:05:14	6107
3833	2832	Helena Leitão	00:27:28	00:55:18	00:54:52	4111	RunLovers	V40	71	00:04:36	4052
3834	6281	Pedro Samorrinha	00:25:42	00:55:18	00:55:08	4230	Link	Senior	867	00:05:57	7400
3835	7780	Nelson Pinto	00:25:51	00:55:18	00:54:30	3980	SPORT 4FUN RUNNING	V35	786	00:05:08	5871
3836	3204	Carina Cordeiro	00:26:40	00:55:19	00:54:42	4051		Senior	115	00:04:46	4632
3837	7386	Paulo Matias	00:27:39	00:55:19	00:53:53	3770		V45	456	00:05:07	5804
3838	3678	Sara Martinez	00:29:16	00:55:19	00:53:16	3590		V40	72	00:04:06	2117



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3839	5038	António Pulido	00:28:29	00:55:19	00:54:23	3936	Clube ANA Lisboa	V40	750	00:04:30	3666
3840	10130	Sandra Seco	00:26:38	00:55:19	00:55:09	4231	UA Povoense	V40	73	00:04:48	4776
3841	7768	Pedro Caramba	00:27:06	00:55:19	00:55:16	4280		V35	787	00:04:46	4633
3842	2872	Joana Fernandes	00:26:42	00:55:19	00:55:02	4183	Correr Lisboa	Senior	116	00:05:04	5656
3843	7217	Miguel Rodrigues	00:26:37	00:55:20	00:54:49	4093		V35	788	00:05:00	5451
3844	1535	Pedro Laranjeira	00:27:01	00:55:20	00:53:51	3763		V45	457	00:04:15	2687
3845	7372	Carla Fernandes	00:26:50	00:55:20	00:55:04	4200	Correr Lisboa	V35	62	00:04:57	5285
3846	2843	Luis Ricardo	00:28:40	00:55:20	00:54:27	3963	GD Cimpor & Amigos	V40	751	00:04:32	3773
3847	8875	Alexandra Gomes	00:27:42	00:55:20	00:54:34	4016		V40	74	00:04:51	4974
3848	4183	Nuno Guerreiro	00:24:52	00:55:20	00:54:35	4019	ADRC Mata de Benfica	Senior	868	00:05:59	7461
3849	8027	Diogo Mendes	00:28:06	00:55:21	00:54:45	4063	Ginásio Vivência Explosiva	Junior	99	00:04:08	2243
3850	3368	Sara Gonçalves	00:26:09	00:55:21	00:55:07	4220	Dígio Outdoor	Senior	117	00:05:16	6199
3851	9219	Nuno Silva	00:28:51	00:55:21	00:53:06	3543		V35	789	00:04:28	3560
3852	7040	Armando Custódio	00:28:12	00:55:21	00:54:02	3810	INDEG-ISCTE	V45	458	00:04:36	4001
3853	10431	Paulo Baião	00:27:28	00:55:21	00:55:03	4191		V35	790	00:04:00	1706
3854	6931	Filipe Morais	00:28:51	00:55:21	00:53:06	3542		V35	791	00:04:27	3505
3855	9218	Luis Matias	00:28:51	00:55:22	00:53:07	3545		V45	459	00:04:29	3642
3856	8724	Cláudia Fustiga	00:27:59	00:55:22	00:54:57	4145		V35	63	00:04:29	3615
3857	3687	Mario Pinho	00:28:58	00:55:22	00:53:43	3720	GD Banco BPI	V45	460	00:04:25	3370



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
3858	337	Luis Isidoro	00:27:44	00:55:22	00:54:39	4040		Senior	869	00:04:52	5038
3859	4621	Mário Marques	00:28:10	00:55:22	00:54:48	4080		V60	72	00:04:29	3613
3860	8862	Pedro Pereira	00:30:50	00:55:23	00:49:48	2581		Senior	870	00:03:52	1257
3861	3187	Sandra Silva	00:28:38	00:55:23	00:54:14	3879		V40	75	00:04:17	2870
3862	9120	Jorge Vazquez	00:27:40	00:55:23	00:54:20	3918		V60	73	00:04:22	3191
3863	2097	Jose Henriques	00:29:13	00:55:23	00:51:21	3016		V40	752	00:04:31	3727
3864	3712	António Martins	00:28:06	00:55:24	00:54:24	3946		V50	276	00:04:29	3617
3865	2162	Paulo Barrigola	00:27:05	00:55:24	00:54:48	4082	Açoreana Clube Banif	V40	753	00:04:37	4080
3866	7677	Jovana Paunovic	00:27:21	00:55:24	00:55:00	4177		Senior	118	00:04:54	5129
3867	8747	Gonçalo Andrade	00:25:47	00:55:25	00:55:00	4174		V35	792	00:05:09	5900
3868	7293	Luis Moleiro	00:27:09	00:55:25	00:55:07	4214	Tertulia da Julia	V35	793	00:04:58	5324
3869	8332	Antonio Gomes	00:26:40	00:55:25	00:55:19	4294		V60	74	00:04:58	5333
3870	3410	Acacio Pereira	00:26:24	00:55:25	00:54:13	3875		V50	277	00:04:55	5166
3871	9503	Maria Macedo	00:25:39	00:55:25	00:55:15	4264		V50	17	00:04:37	4088
3872	5890	Paula Santos	00:27:05	00:55:26	00:54:47	4071	Ecocalcario	V35	64	00:04:45	4598
3873	2731	José Vilela	00:27:05	00:55:26	00:54:59	4167	Clube Robbialac	V45	461	00:04:35	3964
3874	4714	Joana Albuquerque	00:28:13	00:55:26	00:54:29	3972	Holmes Place Fit2Run	V40	76	00:04:21	3108
3875	630	Nuno Loureiro	00:27:21	00:55:26	00:54:48	4084	Falcões Selvagens	V45	462	00:04:37	4108
3876	9808	Ricardo Farinha	00:26:27	00:55:26	00:55:08	4225	RPGSI	Senior	871	00:05:04	5668



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
3877	10290	Luis Alves	00:27:43	00:55:27	00:54:40	4045		V35	794	00:04:39	4188
3878	10459	Manuel Flor	00:28:55	00:55:27	00:54:00	3802		V65	30	00:04:22	3200
3879	2415	Carla Rebelo	00:28:13	00:55:27	00:54:15	3893	Run 4 Fun	V45	51	00:04:26	3463
3880	2048	Infante Teixeira	00:28:19	00:55:27	00:54:55	4130		V55	165	00:04:36	4026
3881	3390	Leonardo Santos	00:27:39	00:55:27	00:54:36	4026		V35	795	00:04:41	4337
3882	6975	Luisa Mesquita	00:27:42	00:55:27	00:55:09	4234	spartacas e fraquinhos	Senior	119	00:05:03	5599
3883	205	Luis Teixeira	00:28:57	00:55:27	00:53:30	3665		Senior	872	00:04:26	3457
3884	6242	Nuno Água	00:28:13	00:55:28	00:54:47	4078		V40	754	00:04:34	3923
3885	3503	Carlos Freire	00:29:22	00:55:28	00:53:47	3741	ADCR Policia Judiciaria	V40	755	00:04:25	3356
3886	10371	João Nogueira	00:29:03	00:55:28	00:53:12	3570		V35	796	00:04:05	2002
3887	2890	Luis Vicente	00:27:50	00:55:29	00:54:52	4112		V50	278	00:04:42	4366
3888	2459	José Magalhães	00:26:29	00:55:29	00:55:07	4216	Run 4 Fun	V45	463	00:05:11	6010
3889	8801	Antonio Correia	00:26:16	00:55:29	00:54:52	4113		V45	464	00:05:25	6547
3890	4417	Paulo Rebocho	00:26:55	00:55:29	00:55:20	4302	CLUBE MILLENNIUM BCP	V50	279	00:05:14	6115
3891	2762	Francisco Vieira	00:28:48	00:55:30	00:53:27	3654	Fast & Furious Runners Team	V45	465	00:04:40	4244
3892	7734	João Pedro	00:26:44	00:55:30	00:55:15	4263		Senior	873	00:04:53	5088
3893	6273	Nuno Ferreira	00:25:33	00:55:30	00:55:18	4292		V40	756	00:04:40	4227
3894	8648	Ulisses Sousa	00:26:05	00:55:30	00:55:07	4215		V35	797	00:05:07	5775
3895	2010	Pedro Correia	00:29:20	00:55:30	00:53:50	3759	Line Runners	V35	798	00:04:41	4323



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3896	1262	João Brito	00:27:57	00:55:31	00:54:54	4126		V35	799	00:04:43	4468
3897	6015	Olga Figueiredo	00:29:23	00:55:31	00:53:21	3624	UGC	V40	77	00:04:25	3355
3898	4284	Pedro Figueiredo	00:27:01	00:55:31	00:55:21	4306	CLUBE MILLENNIUM BCP	V50	280	00:04:43	4469
3899	981	Inês Cardoso	00:27:51	00:55:31	00:54:29	3975		V40	78	00:04:42	4359
3900	9224	André Morgado	00:29:21	00:55:31	00:53:21	3625	UGC	V70	5	00:04:26	3444
3901	8954	Francisco Silva	00:27:16	00:55:31	00:55:22	4311		Senior	874	00:04:04	1969
3902	4194	Herminio Duarte	00:27:22	00:55:31	00:55:24	4324		V40	757	00:04:43	4470
3903	5009	Ricardo Matos	00:28:30	00:55:32	00:54:04	3816		V35	800	00:04:38	4161
3904	4105	Vania Silva	00:26:56	00:55:32	00:55:30	4346	Correr Lisboa	Senior	120	00:04:36	4024
3905	8923	Paula Veiga	00:26:56	00:55:33	00:55:03	4195		V35	65	00:04:52	5014
3906	9194	Ricardo Fabiana	00:28:07	00:55:33	00:55:23	4316		V40	758	00:04:27	3515
3907	8973	Catarina Martins	00:28:07	00:55:33	00:54:48	4083	SS CGD	V40	79	00:04:24	3333
3908	5093	Marco Krüger	00:29:44	00:55:33	00:54:10	3857	Riverside Eagles	V35	801	00:04:16	2784
3909	10426	Nuno França	00:26:17	00:55:33	00:54:57	4147		V45	466	00:05:31	6724
3910	1093	Hugo Cavacas	00:28:21	00:55:33	00:54:58	4156		V35	802	00:04:37	4072
3911	7074	Luis Abreu	00:28:12	00:55:34	00:54:24	3948	INDEG-ISCTE	V45	467	00:04:31	3768
3912	7630	Vanessa Sousa	00:25:50	00:55:34	00:55:24	4320		Senior	121	00:04:51	4922
3913	2825	João Diniz	00:26:23	00:55:34	00:55:07	4218	CCD Siemens	Senior	875	00:05:04	5669
3914	6847	Luis Godinho	00:29:01	00:55:34	00:53:56	3787		V45	468	00:04:16	2758



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3915	5102	Adilson Correia	00:28:53	00:55:35	00:50:44	2852		Senior	876	00:04:26	3427
3916	6105	Sérgio Pedro	00:29:01	00:55:35	00:53:19	3608	Running Trolls	Senior	877	00:04:40	4271
3917	784	Tiago Alves	00:25:36	00:55:35	00:55:26	4332		Senior	878	00:04:51	4923
3918	759	Gonçalo Santos	00:25:37	00:55:35	00:55:26	4330		Senior	879	00:04:51	4918
3919	4905	Pedro Ferreira	00:26:43	00:55:35	00:54:37	4032		V35	803	00:04:25	3361
3920	2513	Mário Gonçalves	00:28:46	00:55:36	00:54:47	4079	Gil Eanes Running	V40	759	00:04:47	4703
3921	7076	Luís Gomes	00:31:36	00:55:36	00:49:47	2579	INDEG-ISCTE	Senior	880	00:03:50	1141
3922	3708	Ricardo Brito	00:26:33	00:55:36	00:55:25	4325		Senior	881	00:05:07	5794
3923	9425	Miguel Silva	00:29:25	00:55:36	00:54:16	3895		Senior	882	00:04:24	3331
3924	1146	Catarina Pinheiro	00:26:27	00:55:36	00:55:32	4360		V35	66	00:04:54	5122
3925	7846	Vasco Picamilho	00:27:17	00:55:36	00:54:45	4065	Alibaba	Senior	883	00:04:37	4066
3926	9540	José Nieto	00:27:39	00:55:36	00:54:58	4160		V55	166	00:04:24	3330
3927	8243	Ricardo Bordalo	00:27:14	00:55:37	00:55:06	4206		V45	469	00:05:03	5623
3928	7039	Antonio Mendes	00:29:06	00:55:37	00:50:32	2787	INDEG-ISCTE	V45	470	00:04:29	3620
3929	10590	Rafael Franco	00:28:04	00:55:37	00:53:58	3795		V40	760	00:04:20	3048
3930	3854	Augusto Fonseca	00:29:03	00:55:37	00:53:54	3776		V55	167	00:04:33	3863
3931	9208	Ana Silva	00:28:08	00:55:37	00:54:16	3897		V35	67	00:04:58	5354
3932	9185	Marco Costa	00:29:17	00:55:37	00:53:11	3566		V35	804	00:04:18	2931
3933	6141	Carla Martins	00:27:20	00:55:38	00:54:29	3970	Ganha...dores	V35	68	00:04:50	4883

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3934	4068	Vítor Martins	00:28:11	00:55:38	00:54:21	3922		V35	805	00:04:22	3157
3935	7349	Sandra Mencucci	00:27:25	00:55:38	00:54:55	4132		V35	69	00:04:48	4756
3936	2202	Joao Meruje	00:27:06	00:55:38	00:55:12	4252		V60	75	00:04:44	4518
3937	5837	Carla Correia	00:27:03	00:55:38	00:55:02	4187		V35	70	00:05:05	5674
3938	5195	Domingos Aleixo	00:27:33	00:55:39	00:55:00	4176		V45	471	00:04:49	4822
3939	1160	Joaquim Costa	00:28:09	00:55:39	00:54:51	4106		V55	168	00:04:37	4069
3940	4499	Pedro Courela	00:29:15	00:55:39	00:53:25	3642	Caracóis Velozes	V40	761	00:04:22	3143
3941	1703	Manuel Gomes	00:28:31	00:55:40	00:54:22	3925	MONSTROS DAS BOLACHAS	V55	169	00:04:33	3856
3942	8600	Tiago Rodrigues	00:28:27	00:55:40	00:54:33	3998		Senior	884	00:04:11	2421
3943	9259	João Correia	00:28:25	00:55:40	00:53:57	3789		Senior	885	00:04:38	4159
3944	3701	Alexandre Teixeira	00:26:51	00:55:40	00:55:36	4382		V60	76	00:04:40	4265
3945	913	João Carrinho	00:27:46	00:55:40	00:54:51	4109		V50	281	00:04:23	3267
3946	8261	Paulo Gonçalves	00:27:52	00:55:40	00:54:59	4170		V40	762	00:04:49	4827
3947	4231	Ana Bigode	00:27:45	00:55:40	00:54:56	4137	Os Caracois Moles	V35	71	00:04:42	4355
3948	473	Jorge Carreiras	00:27:44	00:55:40	00:54:51	4108		V45	472	00:05:06	5743
3949	4973	José Nogueira	00:27:04	00:55:40	00:55:37	4394	CAN-Clube de Atletismo da Nazaré	V40	763	00:04:51	4914
3950	6998	João Priolé	00:28:17	00:55:40	00:54:49	4096		V45	473	00:04:43	4499
3951	2214	Carla Oliveira	00:27:35	00:55:40	00:55:08	4227		V40	80	00:05:03	5620
3952	8274	Ivo Carvalho	00:28:55	00:55:40	00:54:10	3855	GOC	Senior	886	00:04:20	3078



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3953	7311	André Marta	00:29:16	00:55:40	00:53:15	3587		V35	806	00:04:10	2381
3954	4881	Leonia Ceban	00:26:47	00:55:41	00:55:31	4347		V50	18	00:04:58	5345
3955	8561	Ivo Leal	00:28:35	00:55:41	00:55:18	4291	Jarclim	V45	474	00:04:28	3550
3956	3131	Liliana Louro	00:26:20	00:55:41	00:55:03	4192	BIVAC IBERICA	V35	72	00:04:38	4113
3957	2957	Pedro Alves	00:27:40	00:55:41	00:55:03	4193	Açoreana Clube Banif	V35	807	00:04:53	5078
3958	3905	Silvano Monteiro	00:27:01	00:55:41	00:55:33	4364		V60	77	00:04:39	4202
3959	8214	Martim Franca	00:27:54	00:55:41	00:54:42	4055		V40	764	00:04:42	4354
3960	6725	Antonio Borla	00:28:25	00:55:42	00:54:58	4157		V65	31	00:04:21	3111
3961	1759	Sérgio Santos	00:29:23	00:55:42	00:53:38	3695		Senior	887	00:04:34	3905
3962	5125	Luis Almeida	00:28:58	00:55:42	00:54:42	4054		V50	282	00:04:42	4372
3963	7335	Francisco Lopes	00:28:22	00:55:42	00:55:06	4210		V40	765	00:04:36	4017
3964	7105	Susana Duro	00:26:01	00:55:42	00:54:58	4161	INDEG-ISCTE	V35	73	00:05:17	6242
3965	8426	Marco Pacheco	00:26:23	00:55:42	00:55:37	4396		V35	808	00:05:15	6172
3966	6406	Jesus Fita	00:28:01	00:55:43	00:54:27	3961	um ano +	V35	809	00:04:38	4116
3967	10509	Jorge Carvalho	00:32:52	00:55:43	00:54:26	3955		V35	810	00:03:57	1559
3968	1494	Joaquim Venâncio	00:26:11	00:55:43	00:55:38	4401	Clube OGMA	V55	170	00:04:56	5241
3969	4862	Paula Hultberg	00:26:42	00:55:43	00:55:39	4405		V45	52	00:04:55	5178
3970	6037	José Martins	00:28:26	00:55:43	00:55:07	4221		V55	171	00:04:36	4015
3971	1197	José Aurélio	00:27:44	00:55:43	00:54:46	4069		V40	766	00:05:03	5628



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
3972	4458	Antonio Seixas	00:27:25	00:55:43	00:55:32	4357	CLUBE MILLENNIUM BCP	V50	283	00:04:52	5028
3973	1493	João Simões	00:26:11	00:55:43	00:55:38	4403	Clube OGMA	V50	284	00:04:57	5306
3974	79	Ricardo Lopes	00:27:18	00:55:43	00:54:37	4028		Senior	888	00:04:22	3201
3975	3507	Paulo Vieira	00:28:13	00:55:44	00:54:01	3806	Novos Trilhos	V50	285	00:04:32	3805
3976	5702	Miguel Bastos	00:27:12	00:55:44	00:55:29	4341		V60	78	00:04:59	5379
3977	4803	João Freire	00:28:07	00:55:44	00:55:40	4411	GURUS	V35	811	00:04:23	3265
3978	5222	João Aniceto	00:30:20	00:55:45	00:50:47	2861	runicetos	Junior	100	00:04:26	3461
3979	1815	Hugo Baleizao	00:30:06	00:55:45	00:53:40	3702		V35	812	00:04:08	2256
3980	6416	Pedro Pedro	00:28:01	00:55:45	00:55:24	4322		Senior	889	00:04:18	2889
3981	9793	Tiago Catalão	00:28:03	00:55:45	00:54:35	4023		Senior	890	00:04:17	2867
3982	9444	Mário Lança	00:29:04	00:55:45	00:54:18	3910		V40	767	00:04:59	5371
3983	4372	Antonio Baltazar	00:27:59	00:55:45	00:55:26	4329	CLUBE MILLENNIUM BCP	V45	475	00:04:56	5252
3984	5142	João Gomes	00:28:00	00:55:45	00:55:15	4262		V40	768	00:05:08	5862
3985	4826	Jorge Teixeira	00:28:06	00:55:46	00:55:12	4249	Clube Vodafone	V45	476	00:04:39	4171
3986	1956	Pedro Alves	00:29:24	00:55:46	00:50:53	2889	Rebola Caixotes	V35	813	00:04:33	3833
3987	10261	Paulo Santos	00:29:22	00:55:46	00:54:11	3860	TUA	V45	477	00:04:13	2560
3988	5946	João Silva	00:29:06	00:55:46	00:54:17	3902	cleverti	Senior	891	00:04:19	2978
3989	5628	Ricardo Coelho	00:29:40	00:55:46	00:54:08	3840	SS CGD	V40	769	00:04:15	2729
3990	8937	Carlos Oliveira	00:29:54	00:55:46	00:51:23	3026	Etiopes e Quenianos	V60	79	00:04:36	4013



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3991	6974	Sérgio Cavaco	00:28:02	00:55:47	00:54:54	4128	Volkswagen Autoeuropa	V40	770	00:04:35	3996
3992	3957	José Sousa	00:28:10	00:55:47	00:54:16	3899	CCD TRANQUILIDADE	V50	286	00:04:40	4288
3993	2142	Fernando Santos	00:27:23	00:55:47	00:54:34	4011	Açoreana Clube Banif	V40	771	00:04:48	4774
3994	8000	Marta Abreu	00:27:01	00:55:47	00:55:36	4385		Junior	16	00:04:56	5249
3995	96	Rui Girão	00:28:45	00:55:47	00:54:36	4027		Senior	892	00:04:34	3925
3996	1704	Miguel Sequeira	00:29:08	00:55:48	00:54:29	3973	MONSTROS DAS BOLACHAS	Senior	893	00:04:11	2427
3997	4717	Natal Luz	00:28:18	00:55:48	00:55:12	4250	Clube Ferroviário de Portugal	V60	80	00:04:42	4367
3998	6707	Luis Rosario	00:27:26	00:55:48	00:54:56	4135		V45	478	00:04:43	4444
3999	1811	Ivo Joaquim	00:27:46	00:55:48	00:55:01	4179		V40	772	00:04:28	3548
4000	8061	Tânia Pinheiro	00:25:55	00:55:48	00:55:36	4386	samorunning	V35	74	00:04:37	4070
4001	9661	Rute Ramalho	00:28:13	00:55:48	00:54:33	3999	Turbo-Lento	Senior	122	00:04:26	3433
4002	8060	Carlos Pinheiro	00:25:55	00:55:49	00:55:35	4376	samorunning	V40	773	00:04:37	4063
4003	9388	Paulo Padrão	00:26:46	00:55:49	00:55:39	4404		V40	774	00:05:03	5619
4004	10510	José Sargaço	00:32:51	00:55:49	00:54:33	4000		V40	775	00:04:03	1870
4005	9644	Hugo Salvado	00:26:45	00:55:49	00:55:46	4444	CGD Monsanto	V40	776	00:04:50	4886
4006	1490	Luís Filipe	00:28:19	00:55:49	00:54:11	3862	Colinas Bike Tour	V35	814	00:04:43	4448
4007	4298	Acacio Lopes	00:28:11	00:55:50	00:55:01	4180	CLUBE MILLENNIUM BCP	V45	479	00:04:42	4364
4008	9769	Diogo Palhinha	00:27:48	00:55:50	00:55:40	4414		Senior	894	00:04:57	5317
4009	7410	Alberto Cabo	00:29:07	00:55:50	00:54:23	3930		V45	480	00:04:11	2446



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4010	5186	Martins Barata	00:27:20	00:55:50	00:55:29	4339	Clube Ferroviário de Portugal	V70	6	00:04:42	4361
4011	2489	Sofia Junqueiro	00:26:38	00:55:50	00:55:36	4383	BBGold	Senior	123	00:05:03	5616
4012	2689	Ricardo Gonçalves	00:29:13	00:55:50	00:54:57	4148	Os Padrinhos	V35	815	00:04:13	2575
4013	7918	Jose Catarino	00:27:57	00:55:51	00:54:55	4131		V50	287	00:04:52	5003
4014	9799	Nuno Neves	00:27:46	00:55:51	00:55:04	4198		V40	777	00:04:48	4764
4015	1950	Bruno Ricardo	00:30:04	00:55:51	00:53:48	3748	Rebola Caixotes	Senior	895	00:04:12	2534
4016	7966	Tito Santos	00:27:46	00:55:51	00:55:05	4204		V35	816	00:04:49	4823
4017	5379	Maria Guedes	00:29:30	00:55:51	00:53:35	3677		Senior	124	00:04:07	2187
4018	7636	Diogo Correia	00:31:32	00:55:51	00:47:12	1714		Senior	896	00:04:22	3156
4019	2426	Daniel Costa	00:27:37	00:55:52	00:55:22	4312		V60	81	00:04:56	5227
4020	8582	Rui Pereira	00:27:53	00:55:52	00:55:22	4310		V40	778	00:04:35	3990
4021	7732	Ricardo Romão	00:29:11	00:55:52	00:54:18	3909		V35	817	00:04:06	2049
4022	5815	Graciete Baptista	00:27:27	00:55:53	00:55:00	4171	GDCTIN Casa da Moeda	V45	53	00:04:44	4541
4023	742	Luis Agulhas	00:29:08	00:55:53	00:54:47	4077	Pilotis di Competizione	V40	779	00:04:11	2436
4024	8278	Irina Leal	00:26:50	00:55:54	00:55:47	4446		Senior	125	00:04:35	3994
4025	8516	Filipe Carvalho	00:27:12	00:55:54	00:54:48	4089		V35	818	00:04:56	5264
4026	8601	Rui Violante	00:30:23	00:55:54	00:50:43	2840		Senior	897	00:04:03	1865
4027	3645	António Simões	00:28:08	00:55:54	00:54:59	4165		V55	172	00:04:59	5374
4028	2488	Carla Domingos	00:27:13	00:55:55	00:55:40	4409	BBGold	Senior	126	00:04:34	3935

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4029	8966	Ricardo Alves	00:26:11	00:55:55	00:55:48	4455		V40	780	00:04:50	4877
4030	2857	Ricardo Nunes	00:28:47	00:55:55	00:54:33	4004	Resmas	V35	819	00:04:51	4940
4031	2853	André Fernandes	00:28:46	00:55:55	00:54:33	4003	Resmas	Senior	898	00:04:51	4926
4032	9628	João Nascimento	00:30:52	00:55:55	00:50:52	2883		V45	481	00:04:06	2067
4033	1571	João Pereira	00:27:04	00:55:55	00:55:42	4421	Os Pé Ligeiro...	V35	820	00:05:04	5638
4034	2490	João Belchior	00:27:13	00:55:55	00:55:42	4420	BBGold	Senior	899	00:04:35	3997
4035	712	Gonçalo Augusto	00:30:14	00:55:55	00:54:24	3941		Senior	900	00:04:06	2065
4036	3022	Rodrigo Cândido	00:29:04	00:55:56	00:54:29	3977	Tarolas Team	V35	821	00:04:38	4139
4037	10595	Carlos Dias	00:27:08	00:55:56	00:55:20	4304		Senior	901	00:04:35	3954
4038	119	Frederico Wiborg	00:30:01	00:55:56	00:54:27	3965	VFF 1896	V40	781	00:03:45	928
4039	763	Adalberto Grilo	00:28:32	00:55:57	00:54:48	4087		V50	288	00:04:40	4230
4040	4738	Nuno Rolo	00:27:01	00:55:57	00:55:45	4431		V35	822	00:05:05	5704
4041	6674	Rodolfo Carneiro	00:29:31	00:55:57	00:54:13	3874	JOÃO CARNEIRO SAD	Senior	902	00:04:40	4228
4042	7325	Bruno Reis	00:25:53	00:55:57	00:55:52	4484		Senior	903	00:05:16	6198
4043	8688	António Reis	00:28:06	00:55:58	00:55:54	4491		V50	289	00:04:49	4826
4044	1080	Paulo Fernandes	00:27:05	00:55:58	00:55:32	4358		V45	482	00:04:53	5097
4045	3414	Frederico Rodrigues	00:29:21	00:55:58	00:54:46	4068		Senior	904	00:04:22	3159
4046	9404	Daniel Pereira	00:28:07	00:55:58	00:55:15	4267		Senior	905	00:04:50	4906
4047	1814	Bruno Baleizão	00:28:39	00:55:58	00:54:57	4150		Senior	906	00:04:35	3968



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4048	4841	Nuno Matos	00:29:58	00:55:58	00:54:30	3978		V40	782	00:04:08	2288
4049	7907	Sónia Borges	00:27:48	00:55:58	00:54:49	4095		V35	75	00:04:43	4438
4050	9150	Elsa Carvalho	00:28:10	00:55:58	00:55:08	4223		V35	76	00:04:38	4120
4051	1379	Fernando Chaveiro	00:29:45	00:55:58	00:54:53	4115	Homem Bala	V40	783	00:04:14	2657
4052	8641	Helena Freitas	00:27:07	00:55:58	00:55:48	4453		Senior	127	00:04:35	3961
4053	3952	Miguel Matos	00:26:50	00:55:58	00:55:20	4303	GCD TRANQUILIDADE	V40	784	00:04:52	5010
4054	3896	Catarina Zagalo	00:28:33	00:55:59	00:54:12	3869		V35	77	00:04:36	4007
4055	6229	Fernando Vieira	00:28:06	00:55:59	00:54:26	3960	LUSO-ATLANTICA SA	V45	483	00:04:43	4464
4056	953	Miguel Carvalho	00:27:46	00:55:59	00:55:44	4428		V35	823	00:04:30	3696
4057	1555	Mario Valerio	00:32:51	00:55:59	00:54:09	3846	NB Run	V45	484	00:03:48	1075
4058	2706	Ricardo Viegas	00:28:55	00:55:59	00:54:32	3989		V35	824	00:04:33	3891
4059	5707	Mafalda Pereira	00:29:21	00:55:59	00:54:28	3966		Senior	128	00:04:28	3542
4060	10282	Miguel Conde	00:27:40	00:55:59	00:54:42	4050		V40	785	00:04:52	4999
4061	1418	João Mourato	00:26:59	00:55:59	00:55:12	4251		V35	825	00:05:11	6003
4062	2279	Antonio Fonseca	00:26:47	00:55:59	00:55:41	4416	Tangas Club	V65	32	00:05:17	6227
4063	5350	Francisco Martinho	00:29:39	00:55:59	00:54:23	3932	CT4	Senior	907	00:03:56	1454
4064	4971	Nuno Trindade	00:29:15	00:55:59	00:54:42	4053	NúcleOeiras/SportZone	V40	786	00:04:33	3889
4065	10314	Ricardo Mergulhão	00:29:18	00:56:00	00:54:50	4100		Senior	908	00:04:28	3557
4066	5415	Filipe Roberto	00:29:40	00:56:00	00:54:23	3935	CT4	Senior	909	00:03:57	1551



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<i>Class.</i>	<i>Dorsal</i>	<i>Aleata</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4067	6522	Nuno Marques	00:26:58	00:56:00	00:55:51	4475		V35	826	00:04:55	5176
4068	8133	Bruno Afonso	00:28:20	00:56:01	00:55:12	4247		Senior	910	00:04:15	2706
4069	490	Fernanda Moura	00:28:44	00:56:01	00:54:48	4088		V50	19	00:04:26	3443
4070	5518	Telmo Ambrósio	00:27:21	00:56:01	00:55:55	4498	Furões do Alentejo	Senior	911	00:04:50	4904
4071	9603	Emidio Santos	00:29:36	00:56:02	00:54:15	3888		V45	485	00:04:34	3929
4072	4784	Antonio Oliveira	00:25:48	00:56:02	00:55:35	4375		V55	173	00:05:19	6328
4073	1876	Joaquim Albernaz	00:26:56	00:56:02	00:55:37	4393	Volkswagen Autoeuropa	V40	787	00:05:16	6202
4074	9026	Daniel Oliveira	00:27:17	00:56:02	00:55:53	4488		Senior	912	00:04:32	3801
4075	5549	Alberto Ramires	00:27:07	00:56:02	00:55:36	4381		V60	82	00:05:08	5873
4076	5623	Vitor Cruz	00:28:59	00:56:03	00:54:57	4149	Primos Em Brasa	V50	290	00:04:17	2857
4077	5576	David Aragão	00:30:46	00:56:03	00:49:56	2625	Os Corredores	Junior	101	00:04:10	2419
4078	5119	Idália Caeiro	00:26:58	00:56:03	00:55:51	4480	As Caeiro	V40	81	00:04:52	4995
4079	8738	Ana Nogueira	00:28:39	00:56:03	00:53:56	3781		V40	82	00:04:23	3272
4080	4159	Flávio Oliveira	00:28:46	00:56:03	00:54:36	4025	G.A."Os Tartarugas"	V45	486	00:04:19	2984
4081	6929	Pedro Franca	00:28:17	00:56:03	00:54:34	4014		V50	291	00:04:46	4638
4082	8813	Pedro Costa	00:28:51	00:56:04	00:54:12	3868		V35	827	00:04:46	4649
4083	5358	Armando Rodrigues	00:28:30	00:56:04	00:55:13	4254		V45	487	00:04:22	3208
4084	7023	Telmo Campos	00:26:13	00:56:04	00:55:48	4456	Núcleo Sportinguista de Galveias	Senior	913	00:04:51	4932
4085	8504	Paulo Dias	00:29:06	00:56:05	00:54:30	3983	Chitas de Alcobça	V45	488	00:04:53	5082



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
4086	6844	Rui Chambel	00:28:54	00:56:05	00:54:37	4030		V40	788	00:04:44	4537
4087	2726	Pedro Silva	00:28:18	00:56:06	00:54:41	4048		V45	489	00:04:38	4130
4088	1724	Duarte Francisco	00:27:45	00:56:06	00:55:45	4438		Senior	914	00:04:42	4376
4089	8618	José Martins	00:26:53	00:56:06	00:55:56	4504		V40	789	00:04:58	5350
4090	9255	Olimpio Carvalho	00:29:03	00:56:07	00:54:33	3997		V55	174	00:04:58	5352
4091	5603	Angela Cruz	00:27:57	00:56:07	00:55:17	4286	SS CGD	V40	83	00:04:27	3509
4092	5270	Hermínio Cabaceira	00:27:39	00:56:07	00:55:02	4189	Cabaceira Sports & Run	V50	292	00:04:43	4465
4093	2897	Nuno Ferreira	00:28:18	00:56:07	00:55:07	4219		V35	828	00:04:31	3721
4094	2399	Francisco André	00:27:13	00:56:07	00:55:33	4367	Clube Desportivo de Mafra	V45	490	00:04:30	3698
4095	5616	Luis Quental	00:27:57	00:56:07	00:55:17	4285	SS CGD	V45	491	00:04:27	3497
4096	3121	Claudio Monteiro	00:27:18	00:56:07	00:55:43	4425	Run 4 Fun	V50	293	00:05:07	5813
4097	2398	Tiago André	00:27:11	00:56:07	00:55:32	4362	Clube Desportivo de Mafra	Senior	915	00:04:30	3699
4098	7767	Hugo Serodio	00:29:00	00:56:07	00:54:12	3872		Senior	916	00:04:34	3909
4099	5034	Deolinda Santos	00:27:58	00:56:07	00:55:39	4407	Clube ANA Lisboa	V40	84	00:04:47	4715
4100	2483	Susana Climas	00:28:03	00:56:08	00:55:10	4241	Os Caracóis Furiosos	Senior	129	00:04:28	3564
4101	2948	Marco Moura	00:28:32	00:56:08	00:55:40	4413	GDINE	V35	829	00:04:45	4609
4102	1192	Rui Gonçalves	00:28:40	00:56:08	00:54:57	4144		V50	294	00:04:42	4382
4103	7539	Wagner Matoso	00:31:21	00:56:08	00:49:57	2640		Senior	917	00:04:28	3566
4104	9875	Maria Cruz	00:27:08	00:56:08	00:55:19	4299		V40	85	00:05:06	5752

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4105	8821	Sílvia Santos	00:27:40	00:56:08	00:55:25	4327		V35	78	00:04:43	4487
4106	8208	Carlos Rodrigues	00:28:29	00:56:08	00:54:48	4085		V40	790	00:04:36	4021
4107	4202	Francisco Guerra	00:29:10	00:56:08	00:53:54	3777	Fé no Pau	Senior	918	00:04:41	4307
4108	141	Luis Lapa	00:28:02	00:56:08	00:54:46	4067		V50	295	00:04:54	5151
4109	7418	Cláudio Nicomédo	00:28:12	00:56:08	00:55:15	4265		V35	830	00:04:43	4477
4110	7417	Carla Nicomédo	00:28:13	00:56:08	00:55:15	4266		V35	79	00:04:42	4385
4111	6724	Manuel Cardim	00:28:25	00:56:09	00:55:27	4334		V60	83	00:04:48	4744
4112	4770	Hugo Castanheira	00:29:23	00:56:09	00:54:01	3803		V35	831	00:04:34	3914
4113	1733	Ana Varela	00:28:39	00:56:09	00:55:11	4242		V45	54	00:04:31	3733
4114	8112	Pedro Ascensão	00:29:11	00:56:09	00:54:34	4017		V35	832	00:04:13	2604
4115	4837	Ana Pascoal	00:28:57	00:56:09	00:55:12	4253		Senior	130	00:04:36	4025
4116	4639	Jose Abreu	00:27:18	00:56:10	00:54:56	4134		V45	492	00:04:49	4805
4117	5283	Sandro Bica	00:29:00	00:56:11	00:53:46	3733		Senior	919	00:04:40	4237
4118	6028	Mario Coelho	00:28:09	00:56:11	00:55:53	4489	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V45	493	00:04:40	4235
4119	509	Joaquim Galvão	00:29:31	00:56:12	00:53:49	3756		V60	84	00:04:15	2743
4120	10409	Rita Rodrigues	00:28:13	00:56:12	00:55:49	4459		V35	80	00:04:31	3752
4121	1199	Ricardo Santana	00:29:57	00:56:12	00:54:23	3938	Rasmalah	Senior	920	00:04:13	2582
4122	2902	Henrique Rodrigues	00:28:45	00:56:12	00:53:48	3745	Quinta do guiks friends	Senior	921	00:05:14	6132
4123	4543	Nuno Fernandes	00:31:00	00:56:12	00:50:15	2712		V35	833	00:04:09	2295



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4124	9797	Diogo Franca	00:27:55	00:56:12	00:54:44	4058		V45	494	00:04:53	5077
4125	1711	Miguel Valente	00:28:54	00:56:12	00:53:49	3755	Quinta do guiks friends	Senior	922	00:04:35	3963
4126	4811	Jorge Garradas	00:28:37	00:56:12	00:54:47	4076		V40	791	00:04:44	4542
4127	5156	Paulo Jorge	00:27:29	00:56:13	00:55:16	4276	Os Caracóis Furiosos	Senior	923	00:04:45	4614
4128	723	João Duarte	00:28:44	00:56:13	00:55:04	4197		V35	834	00:04:30	3706
4129	1964	Pedro Gonçalves	00:28:16	00:56:14	00:55:32	4361		V40	792	00:04:34	3937
4130	974	Pedro Lucas	00:27:01	00:56:14	00:55:43	4424		V35	835	00:04:25	3359
4131	3334	Inês Pinho	00:28:21	00:56:14	00:55:31	4348	Bombeiros Voluntários de Montemor-o-Novo	Senior	131	00:04:59	5399
4132	2212	João Santos	00:28:07	00:56:14	00:55:37	4395	Tartarugas Solidárias	V45	495	00:04:18	2951
4133	9435	Sérgio Duarte	00:28:36	00:56:14	00:54:54	4127		V55	175	00:04:36	4005
4134	2414	Bruno Madeira	00:29:15	00:56:14	00:55:21	4309		V35	836	00:04:21	3106
4135	2700	Cheila Dias	00:28:27	00:56:15	00:55:50	4470		Senior	132	00:04:32	3782
4136	10453	Hugo Albuquerque	00:29:01	00:56:15	00:54:32	3993		Senior	924	00:04:42	4414
4137	7321	Hugo Colaço	00:27:09	00:56:15	00:55:36	4380		Senior	925	00:05:00	5430
4138	10450	Hugo Cardoso	00:29:00	00:56:15	00:54:34	4008		V35	837	00:04:41	4316
4139	7784	João Corte-Real	00:28:44	00:56:15	00:55:08	4228	CORREDORES RESINEIROS CORGAS	V35	838	00:04:23	3231
4140	2248	Paulo Dias	00:28:26	00:56:15	00:55:51	4476		V45	496	00:04:33	3874
4141	1753	Nelson Grilo	00:28:39	00:56:16	00:55:18	4290		V40	793	00:04:38	4122
4142	1329	David Almeida	00:25:33	00:56:16	00:55:39	4406		V40	794	00:05:23	6453



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4143	7476	Rui Vasques	00:28:04	00:56:16	00:55:10	4239		V45	497	00:04:36	4003
4144	3934	António Pais	00:28:29	00:56:17	00:54:56	4141	Vale de Madeiros SC	V65	33	00:04:36	4004
4145	683	António Lobo	00:27:42	00:56:17	00:55:36	4388		V55	176	00:04:51	4927
4146	2599	António Pires	00:26:37	00:56:17	00:55:35	4377		V50	296	00:04:49	4802
4147	5551	Clara Faro	00:29:22	00:56:18	00:55:36	4387		V50	20	00:04:31	3740
4148	5438	Luis Magalhaes	00:28:20	00:56:18	00:54:52	4114		V40	795	00:04:37	4091
4149	1483	Hugo Araújo	00:28:09	00:56:18	00:55:32	4355	MultiRunners	Senior	926	00:04:25	3344
4150	3622	Renato Lopes	00:29:57	00:56:18	00:55:14	4259		V35	839	00:04:19	2988
4151	4864	Jorge Gomes	00:26:46	00:56:18	00:56:13	4596		V35	840	00:05:29	6687
4152	392	José Vale	00:27:27	00:56:18	00:56:18	4630		V50	297	00:05:10	5959
4153	9673	Ricardo Figueiredo	00:30:04	00:56:18	00:53:58	3794		V45	498	00:04:27	3520
4154	624	Nelson Santos	00:27:54	00:56:18	00:55:25	4326		Senior	927	00:04:40	4234
4155	3836	Luis Rato	00:27:23	00:56:19	00:56:09	4567	U.D.F.A.C.	V45	499	00:05:40	6999
4156	2487	Paulo Vicente	00:27:28	00:56:19	00:55:21	4308	Os Caracóis Furiosos	V40	796	00:04:51	4928
4157	9664	João Pinheiro	00:29:55	00:56:19	00:54:48	4092		V35	841	00:04:22	3144
4158	9116	Ricardo Azurara	00:28:43	00:56:19	00:54:14	3878		Senior	928	00:04:38	4124
4159	4942	Thelmo Cunha	00:29:03	00:56:20	00:54:33	4005	ODEBRECHT PORTUGAL	V50	298	00:04:25	3401
4160	541	Bruno Oliveira	00:28:37	00:56:20	00:55:49	4458		V35	842	00:04:47	4713
4161	9692	Hugo Guerreiro	00:29:55	00:56:20	00:54:48	4086		V35	843	00:04:24	3334



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4162	9670	Luís Nunes	00:29:55	00:56:20	00:54:49	4094		Senior	929	00:04:24	3327
4163	2175	António Escalda	00:26:30	00:56:20	00:56:10	4576	Os Galgos	V45	500	00:05:01	5470
4164	5999	Rafael Roque	00:29:39	00:56:20	00:54:26	3957		Senior	930	00:04:33	3886
4165	3063	Rui Fazendeiro	00:27:01	00:56:21	00:55:59	4515	Serviços Sociais Montepio Geral	V35	844	00:05:20	6364
4166	4772	Luís Pimenta	00:27:45	00:56:21	00:55:19	4293		V35	845	00:04:40	4238
4167	567	Manuel Pereira	00:27:45	00:56:21	00:55:20	4305		Senior	931	00:04:39	4212
4168	1951	Nuno Dias	00:30:03	00:56:21	00:54:17	3903	Rebola Caixotes	Senior	932	00:04:42	4430
4169	10359	João Santos	00:28:05	00:56:21	00:55:50	4467		V50	299	00:05:00	5441
4170	9549	Rui Mota	00:29:02	00:56:22	00:54:31	3985		Senior	933	00:04:44	4551
4171	8120	Deolinda Pinheiro	00:28:19	00:56:22	00:56:05	4549		V45	55	00:04:23	3249
4172	179	Diogo Arraias	00:30:51	00:56:22	00:51:28	3051	Os Arraias	V60	85	00:04:15	2738
4173	1230	José Martins	00:28:20	00:56:22	00:55:19	4296		Junior	102	00:04:30	3704
4174	3971	Jose Manita	00:30:33	00:56:22	00:54:11	3861		V35	846	00:03:30	400
4175	2365	Nuno Branco	00:26:31	00:56:22	00:56:17	4624		V40	797	00:05:15	6187
4176	695	João Luis	00:27:51	00:56:23	00:56:00	4524	CDUL-Centro Desportivo Universitário de Lisboa	V40	798	00:04:28	3551
4177	5891	Carlos Prazeres	00:30:03	00:56:23	00:55:02	4185	Bulldozers	V35	847	00:04:26	3419
4178	7747	Pedro Órfão	00:27:35	00:56:23	00:56:17	4625	Resmas	Senior	934	00:04:46	4642
4179	7180	Nuno Abreu	00:27:46	00:56:23	00:55:32	4363		Senior	935	00:04:55	5156
4180	9210	Nuno Pinheiro	00:28:38	00:56:23	00:55:45	4435		Senior	936	00:04:36	4020



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4181	6395	João Vieira	00:30:30	00:56:23	00:54:32	3990	Sintra Runners	Junior	103	00:03:42	790
4182	2794	João Granja	00:29:25	00:56:24	00:54:17	3904		V35	848	00:04:16	2773
4183	850	João Copeto	00:29:24	00:56:24	00:54:31	3984		V55	177	00:04:30	3702
4184	9920	Adelino Pires	00:27:16	00:56:24	00:55:37	4397		V50	300	00:04:24	3296
4185	637	José Magalhães	00:28:44	00:56:24	00:55:39	4408		Senior	937	00:05:01	5500
4186	3743	Luis Grilo	00:28:07	00:56:24	00:55:43	4426		V40	799	00:05:46	7159
4187	6128	André Carvalho	00:31:47	00:56:24	00:50:06	2676		Senior	938	00:04:18	2895
4188	22	Ricardo Baptista	00:26:00	00:56:24	00:56:18	4628		V35	849	00:05:07	5809
4189	10508	Gonçalo Patrício	00:26:31	00:56:25	00:56:23	4656		Senior	939	00:05:36	6900
4190	10574	Mariano Magalhaes	00:27:02	00:56:25	00:55:54	4494		Senior	940	00:05:00	5464
4191	6059	Duarte Aguiar	00:27:41	00:56:25	00:54:49	4097		Senior	941	00:04:55	5183
4192	7388	Andreia Guerra	00:29:17	00:56:25	00:55:38	4398		V35	81	00:04:25	3350
4193	6817	Ricardo Figueiroa	00:29:17	00:56:25	00:55:38	4399		V35	850	00:04:25	3373
4194	1772	Fernando Lopes	00:29:17	00:56:25	00:55:32	4359	Gil Eanes Running	V40	800	00:04:32	3796
4195	7399	Pedro Mendonça	00:28:37	00:56:25	00:54:30	3982		V35	851	00:05:02	5523
4196	3171	Carlos Neves	00:29:43	00:56:25	00:52:20	3311		V45	501	00:04:33	3876
4197	4941	Sandra Letras	00:28:24	00:56:26	00:56:09	4566	ODEBRECHT PORTUGAL	Senior	133	00:04:42	4412
4198	7931	Pedro Vieira	00:26:58	00:56:26	00:56:00	4532	VdAtletas	Senior	942	00:04:55	5175
4199	6733	Luís Martinho	00:29:54	00:56:26	00:55:09	4237		Senior	943	00:04:16	2818

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4200	932	Hugo Ratinho	00:28:25	00:56:26	00:55:29	4344	Corre@Correr	Senior	944	00:04:41	4290
4201	601	Bento Quaresma	00:28:01	00:56:26	00:56:12	4587	LINDA-A-PASTORA SPORTING CLUBE	V40	801	00:04:40	4223
4202	5447	Carlos Belo	00:30:04	00:56:27	00:54:32	3996		V45	502	00:04:17	2855
4203	3364	Manuel Vaz	00:28:38	00:56:27	00:54:59	4163		V45	503	00:04:48	4739
4204	9577	Rui Ferreira	00:28:36	00:56:27	00:54:47	4074	Internacional	V45	504	00:04:32	3791
4205	3857	Abel Costa	00:29:08	00:56:27	00:54:59	4166	Walking deads	V55	178	00:04:45	4603
4206	9647	Gil Gonçalves	00:29:21	00:56:27	00:55:16	4274		Senior	945	00:04:51	4933
4207	4436	Aurelio Silva	00:26:22	00:56:27	00:56:25	4670	CLUBE MILLENNIUM BCP	V45	505	00:04:53	5080
4208	4470	Joao Lourenco	00:28:10	00:56:28	00:55:48	4457	CLUBE MILLENNIUM BCP	Junior	104	00:04:47	4698
4209	389	Carlos Salgueiro	00:27:18	00:56:28	00:56:11	4583		V45	506	00:04:43	4495
4210	3397	João Cunha	00:30:34	00:56:28	00:54:54	4129		V50	301	00:04:18	2896
4211	6911	Paulo Martins	00:29:21	00:56:28	00:55:17	4281		V35	852	00:04:52	4997
4212	66	Paulo Onofre	00:28:55	00:56:28	00:54:32	3992		V40	802	00:04:38	4132
4213	2724	Cíntia Lopes	00:27:11	00:56:29	00:56:00	4533		Senior	134	00:04:50	4903
4214	9535	Diogo Rego	00:29:40	00:56:29	00:54:53	4121		Senior	946	00:04:24	3304
4215	4744	Pedro Melo	00:31:36	00:56:29	00:50:47	2862		V40	803	00:04:13	2617
4216	418	António Tavares	00:28:54	00:56:29	00:56:04	4543		V40	804	00:04:36	4011
4217	2396	Diamantino Albuquerque	00:28:51	00:56:29	00:55:46	4442	Clube Desportivo de Mafra	V60	86	00:04:37	4074
4218	7041	Avelino Soares	00:29:15	00:56:29	00:54:35	4024	INDEG-ISCTE	V45	507	00:04:15	2715



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4219	120	Tomás Wiborg	00:30:01	00:56:30	00:55:01	4182	VFF 1896	V40	805	00:04:12	2549
4220	10391	Filipe Gil	00:29:44	00:56:30	00:54:14	3877		V40	806	00:04:35	3960
4221	3536	Bernardo Azevedo	00:27:36	00:56:30	00:56:15	4609	Os Manos	Senior	947	00:04:45	4606
4222	7395	Pedro Velho	00:26:26	00:56:30	00:56:20	4643		V45	508	00:04:55	5180
4223	6338	Ricardo Nogueira	00:26:32	00:56:30	00:56:08	4563		V35	853	00:04:53	5086
4224	1130	João Cabeleira	00:28:09	00:56:30	00:55:52	4486	Clube do Stress	V40	807	00:04:25	3382
4225	6071	Nuno Charrua	00:29:49	00:56:30	00:55:01	4181		V35	854	00:04:25	3397
4226	4152	João Santos	00:27:41	00:56:30	00:56:27	4681		V65	34	00:04:55	5208
4227	7394	Nuno Santos	00:26:27	00:56:31	00:55:49	4461		V45	509	00:04:56	5229
4228	5001	Sandra Amaro	00:28:48	00:56:31	00:56:12	4589		V40	86	00:04:28	3565
4229	5906	Tiago Soveral	00:29:45	00:56:31	00:55:06	4211	Riverside Eagles	Senior	948	00:04:14	2682
4230	9843	Marta Lopes	00:29:08	00:56:31	00:52:24	3337		V40	87	00:04:52	5004
4231	8757	Jorge Anjos	00:26:59	00:56:31	00:56:21	4649		V45	510	00:04:54	5138
4232	6848	João Pereira	00:27:16	00:56:31	00:56:12	4588		V45	511	00:04:30	3691
4233	12	Daniel Leitao	00:27:25	00:56:32	00:56:20	4642		V55	179	00:04:43	4505
4234	3361	Francisco Furão	00:27:03	00:56:32	00:56:06	4552		Senior	949	00:05:09	5883
4235	2019	João Infante	00:28:28	00:56:32	00:55:12	4246		V50	302	00:04:50	4908
4236	615	Luis Leitao	00:28:22	00:56:32	00:55:35	4379		V40	808	00:04:52	5009
4237	2238	Joaquim Tomé	00:28:47	00:56:32	00:54:24	3950	Panela Mágica	V40	809	00:04:42	4424

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4238	5987	Luis Chibeles	00:30:24	00:56:32	00:54:08	3844	Total Gym	V35	855	00:04:21	3088
4239	1527	Rita Ventura	00:28:11	00:56:32	00:56:11	4582		Senior	135	00:04:54	5135
4240	6139	Luís Gomes	00:28:11	00:56:33	00:56:13	4590		Senior	950	00:04:55	5195
4241	3189	Manuel Bento	00:31:48	00:56:33	00:47:53	1938		V35	856	00:03:58	1615
4242	3535	Catarina Azevedo	00:27:36	00:56:33	00:56:18	4631	Os Manos	V35	82	00:04:47	4696
4243	964	Rodolfo Rapaz	00:28:28	00:56:33	00:55:47	4450		V40	810	00:04:45	4601
4244	1893	Helia Santos	00:28:21	00:56:33	00:55:22	4315		Senior	136	00:04:42	4393
4245	2306	Hernâni Saldanha	00:31:19	00:56:34	00:50:21	2741	Quinta do guiks friends	Senior	951	00:04:34	3938
4246	8806	Renato Ramos	00:31:57	00:56:34	00:47:46	1903		V35	857	00:03:52	1251
4247	7766	Sérgio Catalão	00:28:17	00:56:34	00:55:59	4517		Senior	952	00:04:46	4657
4248	2918	Luis Pardal	00:27:32	00:56:34	00:56:13	4591	Serviços Sociais Montepio Geral	V45	512	00:05:13	6086
4249	5387	João Pinto	00:28:57	00:56:34	00:55:33	4369		Senior	953	00:04:30	3689
4250	976	Luís Oliveira	00:28:57	00:56:34	00:55:33	4366		V35	858	00:04:30	3688
4251	2758	Miguel Pardal	00:29:02	00:56:35	00:54:56	4133	Fast & Furious Runners Team	Senior	954	00:04:23	3210
4252	2764	Cecília Pardal	00:29:02	00:56:35	00:54:56	4140	Fast & Furious Runners Team	V40	88	00:04:23	3212
4253	9315	Vítor França	00:29:16	00:56:35	00:56:33	4726		V45	513	00:04:05	2009
4254	5052	António Raposo	00:30:26	00:56:35	00:55:02	4188		V45	514	00:04:23	3215
4255	1851	José Dimas	00:28:52	00:56:35	00:55:47	4451	SS CGD	V45	515	00:04:22	3175
4256	345	Pedro Ruas	00:26:03	00:56:35	00:56:19	4633		V35	859	00:05:36	6872



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
4257	4280	Virgilio Araujo	00:26:46	00:56:36	00:55:47	4449	CLUBE MILLENNIUM BCP	V65	35	00:05:25	6550
4258	7486	Nuno Neto	00:27:05	00:56:36	00:56:20	4637	Atletas Ribatejanos	V35	860	00:05:10	5957
4259	597	João Vidigal	00:28:47	00:56:36	00:54:57	4152		Senior	955	00:04:26	3438
4260	4290	Helena Diogo	00:28:59	00:56:36	00:55:15	4273	CLUBE MILLENNIUM BCP	V40	89	00:04:42	4409
4261	5015	João Ferreira	00:31:15	00:56:36	00:51:32	3068		V35	861	00:03:58	1592
4262	1971	Rui Afonso	00:28:15	00:56:36	00:56:22	4651		V45	516	00:04:11	2437
4263	7897	Fernando Barbosa	00:29:53	00:56:36	00:54:42	4052	OS AMIGOS DA ALAMEDA	V45	517	00:04:16	2802
4264	9933	Sílvio Raposo	00:28:42	00:56:37	00:54:31	3986		V35	862	00:04:26	3462
4265	839	João Pedro	00:30:38	00:56:37	00:54:15	3889		V40	811	00:04:19	2965
4266	7220	Goncalo Mendes	00:28:17	00:56:37	00:56:10	4578	PepeRapido	V45	518	00:04:37	4071
4267	8295	Sérgio Torrinha	00:28:13	00:56:37	00:55:58	4513	PowerBoost Club	Senior	956	00:05:06	5737
4268	7264	Luis Sançana	00:28:50	00:56:37	00:55:11	4243		Senior	957	00:04:51	4938
4269	6798	Ricardo Ribeiro	00:29:23	00:56:37	00:55:10	4238		Senior	958	00:04:25	3395
4270	8566	Julio Miranda	00:27:27	00:56:38	00:56:22	4652	CLUBE ACCENTURE	V55	180	00:04:41	4327
4271	5192	Bruno Caramelo	00:28:18	00:56:38	00:56:17	4620		V35	863	00:04:58	5358
4272	5384	Tércio Alves	00:29:58	00:56:38	00:55:06	4207		Senior	959	00:04:25	3380
4273	3124	Manuel Santos	00:28:47	00:56:38	00:56:30	4700		Senior	960	00:04:20	3049
4274	9722	Carla Costa	00:28:51	00:56:38	00:55:17	4282		V40	90	00:04:44	4550
4275	8116	João Alves	00:29:33	00:56:38	00:55:04	4196		Junior	105	00:04:55	5194



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4276	4113	Carmen Cuna	00:28:51	00:56:39	00:54:34	4009	BRRnightRUNNERS - Barreiro	V35	83	00:04:30	3686
4277	9723	Jaime Beato	00:28:50	00:56:39	00:55:18	4288		V35	864	00:04:45	4617
4278	7510	Margarida Santos	00:23:53	00:56:39	00:56:29	4694		Senior	137	00:05:07	5787
4279	6323	Cristina Silva	00:27:22	00:56:39	00:56:10	4572		Senior	138	00:05:09	5885
4280	1504	Vânia Rwezaura	00:26:27	00:56:39	00:56:29	4691		Senior	139	00:05:18	6280
4281	4763	Ana Fonseca	00:28:07	00:56:39	00:55:45	4433	Escola Atletismo Rui Silva	V35	84	00:04:55	5206
4282	7985	Jorge Oliveira	00:27:40	00:56:40	00:55:16	4278		Senior	961	00:05:57	7423
4283	5925	Daniel Santos	00:29:39	00:56:40	00:55:08	4226		Senior	962	00:04:54	5105
4284	1852	José Guia	00:28:01	00:56:40	00:56:17	4621	SS CGD	V65	36	00:04:48	4767
4285	3803	Maria Mota	00:28:10	00:56:40	00:56:18	4627	Amigos Vale Silencio	V50	21	00:04:47	4691
4286	591	Ricardo Reis	00:28:24	00:56:40	00:55:26	4328		V40	812	00:05:21	6387
4287	2878	Darlindo Fortuna	00:28:10	00:56:41	00:56:19	4636		V50	303	00:04:48	4775
4288	2401	Verbena Dias	00:28:00	00:56:41	00:56:17	4623	Valejas Atlético Clube	V60	4	00:04:50	4887
4289	10550	Teresa Menezes	00:29:17	00:56:41	00:56:31	4715		Junior	17	00:04:42	4421
4290	6479	Pedro Almeida	00:30:19	00:56:41	00:54:33	4006		Senior	963	00:04:54	5117
4291	986	Joao Sotomayor	00:29:14	00:56:42	00:55:00	4178		V50	304	00:04:28	3541
4292	1425	Carlos Goncalves	00:32:33	00:56:42	00:50:59	2915		V65	37	00:04:05	2047
4293	6111	Diogo Paulo	00:27:31	00:56:42	00:56:26	4674	SS CGD	Junior	106	00:03:39	671
4294	9114	José Azurara	00:28:49	00:56:42	00:54:37	4035		V55	181	00:04:43	4445

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4295	9445	Lourenço Arriaga	00:30:03	00:56:42	00:54:53	4117		Senior	964	00:04:25	3374
4296	6507	Guilherme Silva	00:28:23	00:56:42	00:56:29	4688	Os Vaz da Silva	Junior	107	00:04:30	3683
4297	3179	Bruno Moreira	00:27:55	00:56:42	00:56:04	4545		Senior	965	00:04:51	4946
4298	5989	Nuno Tomé	00:30:24	00:56:42	00:54:19	3913	Total Gym	V40	813	00:04:31	3756
4299	1929	Luis Bastos	00:29:28	00:56:42	00:55:15	4268		V40	814	00:04:21	3113
4300	9499	Lilian Calaim	00:27:14	00:56:43	00:56:30	4706		Senior	140	00:05:03	5618
4301	5057	Sergio Carvalhal	00:27:40	00:56:43	00:55:59	4516		V35	865	00:04:39	4181
4302	1154	Augusto Ferreira	00:27:47	00:56:43	00:56:06	4556		V65	38	00:04:38	4146
4303	6506	Antonio Silva	00:28:23	00:56:43	00:56:29	4689	Os Vaz da Silva	V45	519	00:04:31	3754
4304	3521	Abilio Tavares	00:26:19	00:56:43	00:56:31	4714		V55	182	00:05:17	6249
4305	1340	Maria Benevente	00:28:20	00:56:44	00:56:34	4728	C. A. Amigos Parque da Paz	V60	5	00:04:39	4182
4306	7253	Ana Conceição	00:28:27	00:56:44	00:54:54	4125	iRun	V35	85	00:04:44	4509
4307	6245	Manuel Anastácio	00:28:41	00:56:44	00:56:16	4618		V45	520	00:04:43	4450
4308	4939	Jorge Monteiro	00:28:42	00:56:44	00:56:15	4607	ODEBRECHT PORTUGAL	V45	521	00:04:43	4462
4309	940	João Bermejo	00:29:53	00:56:45	00:54:45	4062		Senior	966	00:04:18	2940
4310	4000	Nuno Galvão	00:29:38	00:56:45	00:54:23	3937		Senior	967	00:04:39	4173
4311	5650	Rita Orvalho	00:26:18	00:56:45	00:56:45	4796		Senior	141	00:05:09	5908
4312	1899	João David	00:29:53	00:56:45	00:54:45	4061		Senior	968	00:04:18	2875
4313	4330	Filipa Vilar	00:25:25	00:56:45	00:56:35	4740	CLUBE MILLENNIUM BCP	Senior	142	00:05:02	5559

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4314	9207	Nuno Pessoa	00:29:57	00:56:45	00:54:56	4138	Os donos de isto tudo	V35	866	00:04:22	3169
4315	987	Maria Moreno	00:27:36	00:56:45	00:56:36	4744		V45	56	00:04:58	5335
4316	707	Antonio David	00:29:53	00:56:45	00:54:45	4064		Senior	969	00:04:18	2894
4317	2009	Susana Garcia	00:29:20	00:56:45	00:55:05	4203	Line Runners	V35	86	00:04:40	4275
4318	4459	Fernando Serrano	00:27:18	00:56:46	00:56:30	4699	CLUBE MILLENNIUM BCP	V45	522	00:04:49	4788
4319	8058	Nuno Lopes	00:29:10	00:56:46	00:54:58	4158		V35	867	00:04:40	4257
4320	5223	Rui Margarido	00:29:53	00:56:46	00:55:02	4184	RM/RO	V35	868	00:04:32	3771
4321	2102	Filipe Junot	00:28:29	00:56:47	00:55:46	4445		Senior	970	00:04:23	3244
4322	5037	Miguel Ferreira	00:28:29	00:56:47	00:55:50	4469	Clube ANA Lisboa	V40	815	00:04:58	5339
4323	8083	Jose Santos	00:29:03	00:56:47	00:56:29	4692		V40	816	00:04:37	4078
4324	5496	Samuel Martins	00:28:19	00:56:47	00:54:37	4034		V35	869	00:04:56	5260
4325	1638	João Franco	00:30:12	00:56:47	00:55:07	4222	C. A. Amigos Parque da Paz	V55	183	00:04:20	3038
4326	3579	Bruno Ramos	00:29:21	00:56:47	00:54:44	4057	Starfish	V35	870	00:04:46	4631
4327	6056	Costa	00:29:41	00:56:48	00:55:45	4437	BRRnightRUNNERS - Barreiro	V40	817	00:04:24	3291
4328	2061	Gonçalo Oliveira	00:29:46	00:56:48	00:55:16	4275	GDCT Unicre	V50	305	00:04:27	3496
4329	2425	Maria Knapic	00:27:50	00:56:48	00:56:29	4695		V60	6	00:04:48	4763
4330	4035	Leandro Dionísio	00:27:37	00:56:48	00:55:31	4352	Açoreana Clube Banif	Senior	971	00:05:28	6638
4331	2057	Eduardo Ribeiro	00:29:45	00:56:49	00:55:16	4279	GDCT Unicre	V45	523	00:04:27	3480
4332	2150	Luís Baptista	00:29:31	00:56:49	00:55:45	4439	Açoreana Clube Banif	V45	524	00:04:40	4282



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
4333	382	Orlando Fung	00:27:22	00:56:49	00:56:14	4598		V35	871	00:04:54	5150
4334	9856	Edite Machado	00:27:54	00:56:50	00:56:15	4610		V45	57	00:04:52	5031
4335	3806	Susana Lino	00:26:36	00:56:50	00:56:45	4792		V35	87	00:05:01	5497
4336	766	Goncalo Lopes	00:27:38	00:56:50	00:56:47	4807	Run Buddy Run	V35	872	00:05:05	5685
4337	1562	Antonio Martinho	00:30:35	00:56:50	00:54:37	4033		V45	525	00:04:24	3306
4338	4247	Luis Damiao	00:28:15	00:56:51	00:55:42	4419	NARM	V40	818	00:05:10	5961
4339	2745	Gonçalo Loureiro	00:29:07	00:56:51	00:54:53	4116	MFPT	V35	873	00:04:41	4306
4340	6967	Pedro Machado	00:30:35	00:56:51	00:54:40	4043	Clube ANA Lisboa	V45	526	00:04:25	3360
4341	8311	Luis Sousa	00:26:41	00:56:51	00:56:04	4542	ACADEMIA DO LUMIAR	V40	819	00:05:42	7042
4342	2742	Paulo Vasconcelos	00:29:07	00:56:51	00:54:53	4120	MFPT	V45	527	00:04:41	4312
4343	6486	Miguel Fernandes	00:27:28	00:56:51	00:56:21	4647		V40	820	00:04:13	2576
4344	6396	Chris Alves	00:30:31	00:56:51	00:54:59	4168	Sintra Runners	V40	821	00:04:09	2293
4345	3862	Svetlana Krekotina	00:28:10	00:56:51	00:56:02	4536	The Foreigners	Senior	143	00:04:46	4636
4346	6461	Rita Joaquim	00:26:25	00:56:52	00:56:48	4809		Senior	144	00:04:54	5116
4347	3613	Tiago Costa	00:30:20	00:56:52	00:55:15	4270		Junior	108	00:04:40	4289
4348	3922	Vasco Costa	00:30:19	00:56:52	00:55:15	4271		Junior	109	00:04:41	4340
4349	1430	Rui Almeida	00:31:48	00:56:52	00:51:47	3141		V35	874	00:03:58	1576
4350	1667	Jose Neves	00:28:28	00:56:52	00:55:31	4354	Os Indomaveis	V60	87	00:04:29	3630
4351	942	Tania Regencio	00:27:15	00:56:52	00:56:17	4622		V35	88	00:05:01	5503



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4352	8299	Nuno Braga	00:31:05	00:56:52	00:50:24	2749	PowerBoost Club	Senior	972	00:04:24	3313
4353	5035	Ricardo Severino	00:28:57	00:56:52	00:55:21	4307	Clube ANA Lisboa	Junior	110	00:04:37	4087
4354	4816	Arlindo Conde	00:29:52	00:56:53	00:55:31	4351		V50	306	00:04:46	4667
4355	2817	Ira Litwinoff	00:29:09	00:56:53	00:55:27	4333	CCD Siemens	V45	58	00:04:29	3618
4356	2002	Fernando Lourenço	00:27:43	00:56:53	00:56:21	4650	COFACO AÇORES, SA	V60	88	00:04:56	5234
4357	7535	Paulo Caires	00:28:31	00:56:53	00:56:14	4602		V45	528	00:04:42	4396
4358	6549	António Villacampa	00:29:25	00:56:53	00:55:23	4319		V40	822	00:04:21	3084
4359	3841	André Almeida	00:28:14	00:56:54	00:55:40	4412	Lá Vão ... de Almeirim	Senior	973	00:04:43	4498
4360	3608	Joaquim Costa	00:29:10	00:56:54	00:55:11	4245		V55	184	00:04:47	4699
4361	3156	António Ramos	00:29:56	00:56:54	00:55:50	4465	Homem Bala	V40	823	00:04:29	3636
4362	9857	Emilio Machado	00:27:57	00:56:54	00:56:18	4629		V45	529	00:05:07	5783
4363	7927	Ana Gil	00:31:12	00:56:54	00:51:48	3148		Senior	145	00:04:15	2740
4364	6525	Nuno Silva	00:28:52	00:56:54	00:55:57	4509	Scalkokas	V40	824	00:05:01	5521
4365	3840	Sofia Rodrigues	00:28:14	00:56:54	00:55:40	4410	Lá Vão ... de Almeirim	Senior	146	00:04:43	4503
4366	10124	Pedro Pereira	00:30:39	00:56:55	00:52:26	3349	A CAMINHO DA MEIA	V40	825	00:04:21	3103
4367	8009	Luis Liberato	00:28:35	00:56:55	00:56:25	4672		V45	530	00:04:41	4325
4368	9249	Ricardo Morgado	00:30:49	00:56:55	00:55:59	4523		V40	826	00:04:14	2623
4369	181	Nuno Simões	00:28:26	00:56:55	00:55:58	4514	Corre@Correr	V35	875	00:04:29	3624
4370	2470	Ana Pinto	00:28:51	00:56:55	00:55:19	4300	Pinto Family	Senior	147	00:04:34	3899



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4371	1423	Joao Duarte	00:31:03	00:56:56	00:52:17	3288		V40	827	00:04:29	3623
4372	5188	Paulo Barata	00:27:20	00:56:56	00:56:35	4736	Clube Ferroviário de Portugal	V40	828	00:04:40	4263
4373	6705	Paulo Angélica	00:25:28	00:56:56	00:56:41	4766	Weventual	V35	876	00:05:32	6769
4374	6867	José Goulão	00:28:06	00:56:56	00:56:50	4820	Furões do Alentejo	V50	307	00:05:17	6256
4375	9023	Judite Baixinho	00:28:07	00:56:57	00:56:16	4611		Senior	148	00:04:57	5318
4376	3824	Pedro Gonçalves	00:29:02	00:56:57	00:55:55	4500		Senior	974	00:04:41	4304
4377	256	Elsa Silva	00:28:26	00:56:57	00:56:40	4758	Os primos	V40	91	00:04:37	4083
4378	3823	Cátia Silva	00:29:02	00:56:57	00:55:55	4499		Senior	149	00:04:41	4302
4379	2808	Rita Monteiro	00:28:38	00:56:58	00:56:05	4548		V35	89	00:04:34	3896
4380	9420	Julieta Caldarella	00:28:21	00:56:58	00:56:27	4683		V40	92	00:04:39	4208
4381	3181	Nuno Mendes	00:28:35	00:56:58	00:55:14	4258		V40	829	00:04:40	4281
4382	10427	Marlene Almeida	00:29:24	00:56:58	00:55:50	4471		Senior	150	00:04:37	4100
4383	1681	Rui Afonso	00:29:25	00:56:58	00:54:41	4046		V35	877	00:04:39	4195
4384	5410	Luis Friaças	00:27:18	00:56:58	00:56:55	4854		V40	830	00:04:46	4662
4385	1781	Jose Coelho	00:28:50	00:56:58	00:56:23	4657		V55	185	00:04:38	4153
4386	6836	Guilherme Candelária	00:27:53	00:56:59	00:55:43	4423		Junior	111	00:05:29	6668
4387	1854	Luis Jesus	00:29:39	00:56:59	00:55:45	4430	SS CGD	V45	531	00:04:27	3501
4388	1757	Pedro Rodrigues	00:27:37	00:56:59	00:56:20	4638	PT7	V35	878	00:05:10	5955
4389	4721	Adolfo Salazar	00:28:50	00:56:59	00:56:49	4813	Clube EDP - Lisboa	V70	7	00:04:39	4214

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4390	834	Mário Santos	00:28:59	00:57:00	00:56:00	4530	Tartarugas Solidárias	V50	308	00:04:34	3904
4391	4584	Fernando Calçada	00:28:43	00:57:00	00:56:08	4565	Serviços Sociais Montepio Geral	V35	879	00:04:43	4476
4392	949	Miguel Mendonça	00:28:30	00:57:00	00:56:24	4661		V40	831	00:04:03	1891
4393	7643	Alberto Carvalho	00:28:37	00:57:00	00:55:58	4512	afrs	V55	186	00:05:25	6540
4394	5491	Luis Lima	00:29:09	00:57:00	00:56:05	4551		V50	309	00:04:27	3503
4395	1540	Iolanda Batista	00:29:49	00:57:00	00:54:57	4146		V40	93	00:04:25	3364
4396	1541	Rui Dias	00:29:49	00:57:00	00:54:57	4151		V40	832	00:04:25	3372
4397	2738	Magali Guerreiro	00:30:04	00:57:01	00:55:28	4336	Clube Robbialac	Senior	151	00:04:18	2912
4398	4111	João Borges	00:28:19	00:57:01	00:56:03	4541		V45	532	00:04:48	4754
4399	2769	Pedro Araújo	00:28:48	00:57:01	00:55:00	4175	Fast & Furious Runners Team	V35	880	00:04:57	5279
4400	6647	Marco Branco	00:29:15	00:57:01	00:55:36	4384		V35	881	00:04:43	4475
4401	6419	João Fernandes	00:28:37	00:57:02	00:54:53	4118		V35	882	00:05:02	5563
4402	5004	Ricardo Sousa	00:31:17	00:57:02	00:51:29	3056	Os Papoilas Saltitantes	V35	883	00:04:21	3129
4403	905	Fernando Pereira	00:29:57	00:57:02	00:55:28	4335		V35	884	00:04:32	3797
4404	9170	Hélder Coelho	00:29:52	00:57:02	00:55:04	4201		V40	833	00:04:38	4158
4405	2165	Paulo Moradias	00:28:41	00:57:03	00:56:20	4641	Açoreana Clube Banif	V50	310	00:04:52	5022
4406	6058	Frederico Paz	00:29:58	00:57:03	00:55:14	4257		Senior	975	00:04:41	4350
4407	9479	Carlos Aguiar	00:28:36	00:57:03	00:55:52	4485		Senior	976	00:04:42	4426
4408	8189	José Fernandes	00:27:04	00:57:03	00:56:37	4749		V45	533	00:05:16	6218



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
4409	6284	Sara Leal	00:28:31	00:57:03	00:56:09	4571	Link	Senior	977	00:04:55	5171
4410	1073	Jose Batista	00:26:32	00:57:03	00:56:58	4867		V45	534	00:05:22	6422
4411	9725	Isac Pratas	00:27:57	00:57:03	00:56:47	4804	Digio Outdoor	Senior	978	00:04:50	4876
4412	7940	Bruno Dias	00:25:57	00:57:03	00:56:56	4857	SS CGD	V35	885	00:05:23	6467
4413	6591	Rui Cardoso	00:29:15	00:57:04	00:56:09	4570	Scalkokas	V40	834	00:04:29	3627
4414	2562	Isaac Carrêlo	00:28:22	00:57:04	00:56:35	4738	Clube ANACOM	V50	311	00:04:42	4417
4415	6057	Daniel Gomes	00:30:16	00:57:04	00:55:15	4272		Senior	979	00:04:42	4420
4416	6787	Francisco Cardoso	00:27:42	00:57:04	00:56:54	4849		Junior	112	00:05:23	6466
4417	8664	Cristina Pereira	00:29:09	00:57:04	00:55:29	4343	Chitas de Alcobaça	Senior	152	00:04:47	4717
4418	1162	Ricardo Ferreira	00:28:27	00:57:04	00:56:30	4702		Senior	980	00:04:43	4479
4419	3880	Filipe Paixao	00:29:44	00:57:04	00:55:04	4199	Active People	V40	835	00:04:34	3939
4420	1217	Jose Veiga	00:28:17	00:57:05	00:55:59	4522		V55	187	00:04:57	5283
4421	595	Cátia Couveiro	00:28:27	00:57:05	00:56:32	4719		Senior	153	00:04:44	4511
4422	3850	Mário Ferro	00:27:17	00:57:05	00:56:56	4861		V60	89	00:04:41	4326
4423	5453	Rogério Rodrigues	00:28:41	00:57:05	00:55:57	4507	Almada Running	Senior	981	00:04:27	3506
4424	1016	Vasco Nascimento	00:33:01	00:57:05	00:48:19	2072		V35	886	00:04:05	2040
4425	5116	Hilton Pfister	00:29:45	00:57:06	00:55:43	4427	Riverside Eagles	V35	887	00:04:27	3508
4426	9623	André Carreira	00:30:59	00:57:06	00:55:35	4374		Senior	982	00:03:51	1231
4427	2911	Paulo Almeida	00:28:37	00:57:06	00:56:11	4584	Serviços Sociais Montepio Geral	V40	836	00:04:48	4752



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4428	1437	Augusto Fernandes	00:31:27	00:57:07	00:56:06	4553		V55	188	00:03:48	1085
4429	2839	Franco Wudich	00:28:21	00:57:07	00:56:15	4605	RunLovers	V50	312	00:04:51	4921
4430	1547	Luís Marcelo	00:29:27	00:57:07	00:55:12	4248		Senior	983	00:04:38	4160
4431	3148	Norberto Silva	00:34:00	00:57:07	00:51:55	3188		V35	888	00:03:56	1455
4432	6570	João Guerreiro	00:30:02	00:57:07	00:55:02	4186		Senior	984	00:04:59	5373
4433	5204	José Mira	00:28:29	00:57:07	00:56:37	4748		V40	837	00:04:54	5124
4434	4163	Ana Coutinho	00:29:47	00:57:08	00:54:51	4107	Clube Desportivo TCPI	Senior	154	00:04:42	4392
4435	5471	João Bras	00:31:33	00:57:08	00:55:00	4172		V35	889	00:03:52	1246
4436	8415	Madalena Ribeiro	00:26:57	00:57:08	00:56:58	4866	samorunning	Senior	155	00:05:05	5680
4437	2052	Miguel Castela	00:30:30	00:57:08	00:54:58	4155	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V40	838	00:04:14	2629
4438	5329	Gonçalo Santos	00:29:56	00:57:08	00:55:08	4224		Senior	985	00:04:30	3675
4439	6658	Nuno Berton	00:28:56	00:57:09	00:55:48	4452		V40	839	00:04:49	4853
4440	6561	Pedro Nicolau	00:30:34	00:57:09	00:54:59	4169		V40	840	00:04:15	2717
4441	2802	Vitorino Carvalho	00:28:21	00:57:09	00:56:12	4586	Tartarugas Solidárias	V45	535	00:04:57	5292
4442	3319	Afonso Oliveira	00:30:12	00:57:09	00:55:14	4260		Senior	986	00:04:49	4838
4443	933	Paula Coelho-Da-Silva	00:29:13	00:57:09	00:56:25	4667		V45	59	00:04:40	4254
4444	4775	Maria Barreira	00:28:33	00:57:09	00:56:43	4783	Mariachis	Senior	156	00:04:40	4252
4445	709	José Magalhães	00:28:05	00:57:09	00:56:49	4818		V55	189	00:05:00	5461
4446	2469	Rita Pinto	00:29:07	00:57:09	00:55:33	4365	Pinto Family	Senior	157	00:04:35	3965

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4447	5941	Nuno Saraiva	00:28:17	00:57:10	00:56:58	4868	Os Saraivas	V35	890	00:05:04	5666
4448	1788	Eduardo Delgado	00:27:23	00:57:10	00:56:51	4834		Senior	987	00:05:06	5747
4449	3928	João Dias	00:27:04	00:57:10	00:57:01	4891	Os Homens do Laço	V40	841	00:04:48	4777
4450	6298	Pedro Branco	00:27:22	00:57:10	00:57:06	4922	VdAtletas	V45	536	00:05:22	6448
4451	8654	Mitó Redmont	00:28:36	00:57:10	00:56:25	4666	Volkswagen Autoeuropa	Junior	113	00:04:47	4680
4452	4777	Paulo Oliveira	00:28:33	00:57:11	00:56:44	4790	Mariachis	V40	842	00:04:42	4403
4453	1603	Luis Daniel	00:30:33	00:57:11	00:51:56	3197	Cut and Run	Senior	988	00:04:30	3673
4454	1384	Pedro Borges	00:27:53	00:57:11	00:57:06	4924		V45	537	00:04:56	5268
4455	2119	Andre Graça	00:27:20	00:57:11	00:56:33	4725		Senior	989	00:05:14	6136
4456	6234	Luis Silva	00:31:19	00:57:12	00:52:04	3222	Os Kotas	V35	891	00:04:27	3511
4457	5071	Pau Storch	00:30:09	00:57:12	00:55:03	4190		V35	892	00:04:43	4493
4458	9507	José Garrido	00:30:31	00:57:12	00:54:59	4164		V50	313	00:03:59	1648
4459	1706	Carolina Gomes	00:31:20	00:57:12	00:52:04	3223	MONSTROS DAS BOLACHAS	Senior	158	00:04:27	3513
4460	1133	Joaquim Leal	00:30:51	00:57:12	00:55:18	4289	Clube do Stress	V50	314	00:04:33	3852
4461	4136	Paulo Rito	00:28:02	00:57:13	00:56:24	4665		V45	538	00:04:52	5026
4462	5516	Mafalda Gonçalves	00:29:12	00:57:13	00:55:10	4240	Georunners	V40	94	00:04:43	4501
4463	7265	Hélène Vanneste	00:28:51	00:57:13	00:56:00	4527		V40	95	00:04:48	4780
4464	5513	Luís Afonso	00:29:13	00:57:13	00:55:09	4235	Georunners	V40	843	00:04:44	4521
4465	1801	Hugo Pinheiro	00:30:47	00:57:13	00:54:48	4081	Movimento	Senior	990	00:04:33	3849



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4466	8318	Bruno Lopes	00:31:40	00:57:13	00:52:03	3220		V35	893	00:04:02	1830
4467	6980	Ana Pais	00:28:07	00:57:13	00:56:52	4835		V35	90	00:04:47	4700
4468	1242	Luís Minga	00:28:26	00:57:13	00:56:58	4874		V40	844	00:04:44	4512
4469	2799	João Bernardino	00:28:47	00:57:14	00:56:38	4752	Devagar, devagarinho...	V35	894	00:04:34	3920
4470	5267	Lisa Santos	00:25:27	00:57:14	00:57:04	4910		V35	91	00:05:20	6343
4471	9430	Pedro Macedo	00:27:52	00:57:15	00:57:07	4930		V35	895	00:04:56	5250
4472	4994	Marco Carvalho	00:33:05	00:57:15	00:51:52	3172	Correr Lisboa	V35	896	00:04:13	2565
4473	7844	João Pinto	00:30:58	00:57:15	00:56:10	4577	Alverca Urban Runners	Senior	991	00:04:12	2518
4474	9891	José Cavaco	00:30:23	00:57:15	00:54:57	4153		Senior	992	00:04:52	5040
4475	10122	José Milagres	00:31:26	00:57:15	00:51:54	3186	GDCT Unicre	V55	190	00:04:18	2881
4476	2891	Joao Duarte	00:28:21	00:57:15	00:56:37	4747		V60	90	00:05:09	5902
4477	2075	Carlos Soeiro	00:30:00	00:57:16	00:56:00	4525		V35	897	00:04:25	3362
4478	7928	Sofia Santos	00:29:48	00:57:16	00:56:00	4529		V35	92	00:04:39	4204
4479	6537	Marco Silva	00:31:18	00:57:17	00:54:49	4098		V40	845	00:04:22	3166
4480	1963	Sonia Lopes	00:28:06	00:57:17	00:56:44	4787		V35	93	00:05:07	5774
4481	42	José Conchinha	00:27:39	00:57:17	00:57:06	4917		V60	91	00:05:02	5570
4482	2877	Afonso Simões	00:28:26	00:57:17	00:55:29	4340		Senior	993	00:04:46	4658
4483	703	Nuno Sá	00:31:12	00:57:17	00:55:09	4232	Ginja Team	V40	846	00:03:56	1492
4484	6237	Fernando Dias	00:28:24	00:57:17	00:56:46	4797		V50	315	00:04:50	4897

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4485	5368	Bruno Santos	00:31:21	00:57:17	00:55:50	4468	ARDD Clube	Senior	994	00:04:17	2841
4486	7150	David Murargi	00:27:45	00:57:17	00:57:01	4897	INDEG-ISCTE	V35	898	00:05:04	5660
4487	1572	João Cruz	00:29:02	00:57:17	00:57:04	4909	Os Pé Ligeiro...	V35	899	00:04:34	3936
4488	6477	Mabel Rodriguez	00:28:10	00:57:18	00:56:46	4799		V45	60	00:04:44	4508
4489	5341	Luis Ramos	00:25:46	00:57:18	00:57:07	4931		V35	900	00:05:21	6412
4490	7714	Vasco Metelo	00:28:12	00:57:18	00:57:08	4932		V35	901	00:04:55	5169
4491	9572	Filipe Cardoso	00:29:51	00:57:19	00:56:46	4801	SPEM	Junior	114	00:04:23	3271
4492	2319	Santos Neta	00:27:57	00:57:19	00:56:50	4824	Clube Atletismo Amigos de Belém	V70	8	00:05:10	5934
4493	4641	Carolina Manuel	00:27:59	00:57:19	00:56:35	4741	O MUNDO DA CORRIDA	V40	96	00:04:57	5284
4494	282	João Desirat	00:26:39	00:57:19	00:56:58	4873		Senior	995	00:05:42	7066
4495	6271	Manuel Carlos	00:30:21	00:57:19	00:55:22	4313		V55	191	00:04:49	4811
4496	2236	Ricardo Sardinheiro	00:32:14	00:57:20	00:51:22	3021	Panela Mágica	V40	847	00:04:14	2633
4497	9387	Rita Sales	00:28:33	00:57:20	00:56:44	4788		Senior	159	00:04:45	4581
4498	943	Nuno Almeida	00:30:29	00:57:21	00:52:01	3209		V35	902	00:04:36	4051
4499	6619	Ana Pardal	00:28:46	00:57:21	00:55:51	4477		Senior	160	00:04:36	4050
4500	2254	Sérgia Narciso	00:27:05	00:57:21	00:57:04	4908		V50	22	00:05:03	5592
4501	1689	Joaquim Fonseca	00:27:55	00:57:21	00:56:46	4802	Os Super	V55	192	00:04:53	5089
4502	862	Filipe Rodrigues	00:27:50	00:57:21	00:56:16	4617		Senior	996	00:05:18	6292
4503	4600	Alberto Gonçalves	00:30:40	00:57:21	00:54:58	4159		V55	193	00:04:18	2893



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4504	6953	Rui Silva	00:31:00	00:57:21	00:51:59	3204		V40	848	00:04:28	3552
4505	5643	Luísa Carvalhinho	00:29:04	00:57:22	00:56:45	4794	Carvalhinhos	V45	61	00:04:41	4301
4506	9197	Tiago Ramos	00:28:46	00:57:22	00:56:56	4858	Chitas de Alcobaca	Senior	997	00:04:52	5037
4507	5860	Mário Ribeiro	00:28:47	00:57:22	00:56:29	4693		V45	539	00:04:59	5420
4508	173	Antonio Baldo	00:33:03	00:57:22	00:51:45	3132		Senior	998	00:03:56	1470
4509	6873	Sónia Silva	00:30:04	00:57:22	00:55:47	4448	VdAtletas	Senior	161	00:04:26	3453
4510	9453	Rita Certã	00:28:14	00:57:22	00:57:00	4884		V40	97	00:04:33	3850
4511	2166	Paulo Saramago	00:31:31	00:57:22	00:51:51	3164	Açoreana Clube Banif	V40	849	00:04:18	2888
4512	3993	Paulo Carvalho	00:29:14	00:57:23	00:56:02	4537		V45	540	00:04:18	2886
4513	9470	Elsa Mendes	00:28:55	00:57:23	00:56:54	4847		V45	62	00:04:59	5397
4514	9454	Marina Andrade	00:28:14	00:57:23	00:57:01	4895		V45	63	00:04:34	3895
4515	3664	Cesar Lourenco	00:29:35	00:57:23	00:55:57	4510		V40	850	00:04:33	3853
4516	10578	Flavio Toscano	00:30:56	00:57:23	00:55:32	4356		Senior	999	00:04:04	1934
4517	5170	João Oliveira	00:28:28	00:57:24	00:56:53	4842	Clube ANACOM	V40	851	00:05:08	5878
4518	6874	Ana Marques	00:29:39	00:57:24	00:56:11	4585	Falcões Selvagens	V40	98	00:04:39	4217
4519	2836	Paulo Ribeiro	00:29:29	00:57:24	00:56:33	4724	RunLovers	V50	316	00:04:40	4255
4520	6122	Fernando Zacarias	00:27:15	00:57:24	00:57:09	4935	SomosNos	V40	852	00:05:08	5881
4521	792	Rogério Nobre	00:27:58	00:57:24	00:56:43	4780		V45	541	00:04:59	5389
4522	8449	Paulo Leal	00:30:00	00:57:24	00:53:01	3523		V40	853	00:04:50	4880



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4523	3749	Sergio Teixeira	00:28:25	00:57:24	00:56:20	4639		Senior	1000	00:04:34	3903
4524	503	Tomas Cepeda	00:29:03	00:57:24	00:57:04	4902		Junior	115	00:04:11	2488
4525	1392	Vitor Escária	00:29:01	00:57:25	00:56:20	4640	escaria&friends	V40	854	00:04:53	5087
4526	1657	Marco Caseiro	00:28:10	00:57:25	00:56:55	4851	Os Perigosos	V35	903	00:04:48	4765
4527	6801	Artur Gonçalves	00:30:19	00:57:25	00:55:16	4277		V35	904	00:04:25	3406
4528	6802	Estela Gonçalves	00:30:19	00:57:25	00:55:17	4287		V35	94	00:04:24	3294
4529	8623	Pedro Neto	00:30:22	00:57:25	00:57:14	4958		Senior	1001	00:04:04	1933
4530	9267	Carolina Leal	00:28:49	00:57:25	00:56:57	4864	RUNNING MUMS	Senior	162	00:04:57	5286
4531	7053	Francisco Bastos	00:29:19	00:57:25	00:56:06	4557	INDEG-ISCTE	V45	542	00:04:42	4418
4532	1633	Miguel Lopes	00:31:32	00:57:25	00:51:13	2978	Fund Box	Senior	1002	00:04:26	3439
4533	8324	Rita Noritake	00:28:34	00:57:26	00:56:29	4690		Junior	18	00:04:47	4683
4534	1300	Vanessa Neves	00:30:03	00:57:26	00:55:54	4493		Senior	163	00:04:26	3464
4535	2189	Vasco Barbosa	00:27:46	00:57:26	00:56:41	4767	Açoreana Clube Banif	V35	905	00:04:36	4031
4536	6569	Pedro Moura	00:29:50	00:57:26	00:55:34	4371		Senior	1003	00:04:07	2146
4537	5994	Mário Santos	00:29:57	00:57:27	00:55:55	4501		V45	543	00:04:36	4042
4538	9360	Pedro Martins	00:29:42	00:57:27	00:55:34	4372		Senior	1004	00:04:57	5287
4539	5128	Ricardo Filipe	00:30:38	00:57:27	00:55:06	4209		Senior	1005	00:04:45	4572
4540	1644	Carla Marques	00:28:20	00:57:27	00:57:18	4977	SAPATISTAS	V40	99	00:04:56	5245
4541	2300	Armando Queimado	00:30:27	00:57:28	00:56:11	4581	ADCSA Baldio	V45	544	00:04:27	3489

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4542	8955	Ana Mascote	00:29:48	00:57:28	00:55:50	4466		Senior	164	00:04:30	3674
4543	6152	José Pinto	00:28:29	00:57:28	00:55:29	4342		Senior	1006	00:05:11	5985
4544	3104	Maria Quitéria	00:28:34	00:57:28	00:57:14	4957		V40	100	00:04:50	4875
4545	7193	Carlos Janeiro	00:28:03	00:57:28	00:56:48	4810	HP CLUB	V40	855	00:04:51	4963
4546	3879	Margarida Gonçalves	00:29:05	00:57:28	00:56:21	4648	Run 4 Fun	V45	64	00:04:51	4961
4547	7300	Diamantino Freire	00:30:04	00:57:29	00:55:56	4502		V40	856	00:04:35	3962
4548	972	Paulo Marques	00:29:00	00:57:29	00:56:25	4669		V45	545	00:04:56	5244
4549	4789	Isabel Lino	00:27:50	00:57:29	00:57:22	5000	LINDA-A-PASTORA SPORTING CLUBE	V65	1	00:05:04	5662
4550	4791	Fernando Andrade	00:27:50	00:57:29	00:57:23	5001	LINDA-A-PASTORA SPORTING CLUBE	V65	39	00:05:04	5652
4551	8639	Vera Morais	00:28:12	00:57:29	00:56:56	4859		Senior	165	00:05:14	6148
4552	4912	Pedro Carvalheiro	00:28:44	00:57:30	00:55:20	4301		Senior	1007	00:05:02	5557
4553	2961	Alberto Correia	00:27:29	00:57:30	00:57:24	5012		V50	317	00:04:48	4766
4554	3730	Nuno André	00:29:13	00:57:30	00:56:58	4872	Grupo Desportivo Diana	V35	906	00:04:41	4310
4555	10386	Carlos Serra	00:31:23	00:57:30	00:55:06	4208		V40	857	00:04:31	3763
4556	1089	Joaquim Zambana	00:27:48	00:57:31	00:56:50	4822		V45	546	00:05:28	6659
4557	428	Cristina Lavrador	00:27:55	00:57:31	00:57:26	5023	run4fun	V45	65	00:04:57	5274
4558	6362	Paulo Veiga	00:29:53	00:57:31	00:56:24	4663		V45	547	00:04:32	3792
4559	5477	Inês Funcke	00:29:59	00:57:31	00:56:28	4686		V55	7	00:04:10	2377
4560	7529	Orlando Rodrigues	00:27:54	00:57:31	00:57:05	4912	trancoseiros	V45	548	00:05:01	5514



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4561	9490	Rui Pereira	00:31:23	00:57:31	00:55:07	4217		V40	858	00:04:32	3803
4562	5509	António Costa	00:33:39	00:57:31	00:51:40	3106	Georunners	V45	549	00:03:53	1321
4563	5506	Rui Julião	00:33:39	00:57:31	00:51:40	3103	Georunners	V45	550	00:03:56	1488
4564	8959	Moiken Feddersen	00:29:04	00:57:31	00:56:31	4713		V40	101	00:04:51	4968
4565	8390	Cátia Rodrigues	00:27:41	00:57:31	00:57:21	4987	Not Fast But Fabulous	Senior	166	00:04:58	5355
4566	8434	Rui Pinto	00:30:22	00:57:32	00:55:13	4255		V35	907	00:04:44	4543
4567	7163	João Gens	00:28:38	00:57:32	00:55:23	4317	INDEG-ISCTE	V35	908	00:04:31	3767
4568	608	Madalena Caninas	00:27:59	00:57:32	00:57:22	4998	Carro Maluco	V50	23	00:05:02	5533
4569	7488	Teresa Aranha	00:28:58	00:57:32	00:56:52	4838	Atletas Ribatejanos	V40	102	00:04:46	4620
4570	798	Diogo Assunção	00:29:06	00:57:32	00:56:22	4655		V40	859	00:04:55	5179
4571	993	António Ferreira	00:30:07	00:57:32	00:55:50	4463		V35	909	00:04:37	4095
4572	8202	Pedro Martins	00:32:15	00:57:32	00:56:07	4559		Senior	1008	00:03:51	1193
4573	6436	José Ribeiro	00:28:31	00:57:32	00:56:42	4774		V45	551	00:04:47	4682
4574	1690	Mercedes Fonseca	00:28:29	00:57:32	00:56:58	4875	Os Super	V55	8	00:04:53	5085
4575	6484	Patricia Lopes	00:28:46	00:57:32	00:57:17	4974		V40	103	00:05:01	5518
4576	8802	João Vasconcelos	00:29:34	00:57:33	00:55:28	4338		Senior	1009	00:04:36	4056
4577	4752	Márcio Castelhana	00:27:29	00:57:33	00:57:23	5006		Senior	1010	00:05:23	6479
4578	2253	Diogo Santos	00:28:20	00:57:34	00:56:42	4776		V35	910	00:04:50	4872
4579	6579	João Inacio	00:28:40	00:57:34	00:56:51	4833		V35	911	00:04:56	5226



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4580	6835	Bernardo Candelária	00:28:12	00:57:35	00:56:18	4626		Junior	116	00:05:13	6101
4581	8843	Susana Ferreira	00:28:32	00:57:35	00:57:18	4978	ASC - Alhandra Cotas	V35	95	00:05:03	5621
4582	9111	Monica Marques	00:28:32	00:57:35	00:57:17	4973	ASC - Alhandra Cotas	V35	96	00:05:03	5598
4583	4486	Pedro Neiva	00:30:28	00:57:35	00:56:13	4595	cruz de pau feito	V40	860	00:04:27	3507
4584	6925	Ricardo Silva	00:29:52	00:57:35	00:55:46	4441		V35	912	00:04:43	4455
4585	1455	Paulo Benido	00:28:12	00:57:35	00:56:33	4720		V55	194	00:05:02	5534
4586	4079	José Lourenço	00:29:57	00:57:36	00:56:19	4634		V40	861	00:04:35	3981
4587	9958	Diogo Chaparro	00:25:30	00:57:36	00:57:22	4994		Senior	1011	00:05:21	6402
4588	8715	Filipa Ponciano	00:29:43	00:57:36	00:55:14	4256	Hares with Heavy Brains	Senior	167	00:04:42	4401
4589	6727	Rui Neves	00:28:41	00:57:36	00:55:37	4389	AC do Caracol	V35	913	00:04:45	4583
4590	472	José Castro	00:27:34	00:57:36	00:56:44	4786		V55	195	00:04:36	4034
4591	5668	Diego Mattos	00:31:05	00:57:36	00:55:15	4269	Synopsys Runners	Senior	1012	00:04:22	3165
4592	6013	Nuno Antunes	00:31:16	00:57:37	00:55:22	4314	GA Monsanto Gascan	Senior	1013	00:04:39	4209
4593	1404	Ana Fatela	00:09:44	00:57:37	00:57:27	5028		V50	24	00:09:54	8485
4594	4100	José Neto	00:29:57	00:57:37	00:56:34	4727	Homem Bala	V35	914	00:04:42	4406
4595	6490	Fernando Alves	00:29:03	00:57:37	00:56:15	4606	BLUEIP	V40	862	00:04:48	4731
4596	2055	Nuno Duarte	00:28:55	00:57:38	00:56:07	4560	GDCT Unicre	V35	915	00:04:40	4273
4597	8726	João Carreiro	00:30:28	00:57:38	00:56:06	4555		Senior	1014	00:03:22	242
4598	8333	Jorge Bento	00:34:42	00:57:38	00:57:28	5032		V35	916	00:03:49	1097

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
4599	77	Sara Rosa	00:28:37	00:57:38	00:56:26	4676		V40	104	00:04:48	4770
4600	6524	Nuno Neves	00:29:47	00:57:38	00:55:31	4350	UGC	V40	863	00:04:33	3869
4601	2880	Rodrigo Valgôde	00:30:59	00:57:39	00:56:23	4659		Senior	1015	00:04:13	2618
4602	113	Pedro Almeida	00:27:51	00:57:39	00:56:49	4814		V35	917	00:05:12	6058
4603	5902	Luis Moutinho	00:28:46	00:57:39	00:56:49	4815	Gil Eanes Running	V40	864	00:05:35	6862
4604	957	Ricardo Bordalo	00:27:27	00:57:39	00:57:33	5048		V45	552	00:04:52	4982
4605	2245	Hilário Torres	00:29:51	00:57:39	00:56:32	4717	Run 4 Fun	V50	318	00:04:28	3546
4606	3213	José Valentim	00:28:35	00:57:40	00:57:02	4899	CLUBE COLABORADORES AXA	V40	865	00:04:49	4832
4607	286	Ricardo Vicente	00:29:01	00:57:40	00:57:06	4927		V40	866	00:04:37	4065
4608	9399	Carlos Bernardino	00:27:38	00:57:40	00:57:04	4904	SlowRiders Running Team	Senior	1016	00:06:26	7869
4609	1926	João Ralha	00:29:51	00:57:40	00:56:33	4722	Run 4 Fun	V50	319	00:04:29	3640
4610	1395	Nuno Gouveia	00:30:54	00:57:40	00:55:34	4373	Café do Rui	V35	918	00:04:48	4737
4611	1377	Pedro Machado	00:29:41	00:57:40	00:56:35	4742	Run 4 Fun	V50	320	00:04:31	3717
4612	9415	Maria Carapinha	00:30:06	00:57:40	00:56:03	4540	Os amigos da kika	Senior	168	00:04:43	4453
4613	3646	Luís Conceição	00:30:12	00:57:40	00:57:00	4889		V40	867	00:04:07	2162
4614	1312	Jorge Paulo	00:31:32	00:57:41	00:52:52	3473		V55	196	00:04:41	4321
4615	6807	Frederico Ferreira	00:30:15	00:57:41	00:55:42	4418		V35	919	00:04:27	3535
4616	4050	Jose Banha	00:30:04	00:57:41	00:57:13	4953		V40	868	00:04:22	3196
4617	6357	David Pires	00:29:16	00:57:41	00:56:53	4840		Senior	1017	00:04:58	5362



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4618	7847	Joao Romao	00:30:25	00:57:41	00:56:40	4761	Alibaba	V45	553	00:04:24	3312
4619	5040	Antonio Morgado	00:28:38	00:57:41	00:55:59	4521	Clube ANA Lisboa	V55	197	00:04:54	5109
4620	9368	Romão Pedroso	00:30:05	00:57:41	00:56:04	4544	Os amigos da kika	Senior	1018	00:04:44	4529
4621	3777	João Batista	00:30:26	00:57:41	00:56:14	4603		V35	920	00:04:16	2771
4622	3637	Ana Monteiro	00:29:25	00:57:42	00:55:55	4495	Authentic Pilates Lisboa	V45	66	00:04:43	4442
4623	1962	Fernando Chasqueira	00:27:59	00:57:42	00:57:34	5050		V60	92	00:04:46	4655
4624	1100	José Antunes	00:30:26	00:57:42	00:56:16	4616		V40	869	00:04:16	2770
4625	1456	José Barata	00:28:55	00:57:42	00:57:13	4954		V50	321	00:04:28	3556
4626	49	Marco Miguel	00:28:11	00:57:42	00:57:25	5015		V35	921	00:05:10	5980
4627	4121	Ricardo Costa	00:26:58	00:57:42	00:56:46	4800		Senior	1019	00:05:36	6876
4628	3639	António Lopes	00:28:18	00:57:43	00:56:35	4739		Senior	1020	00:04:30	3661
4629	4963	Manuel Sequeira	00:28:47	00:57:43	00:57:15	4962	G.D.C.T. REPSOL POLÍMEROS	V60	93	00:04:58	5343
4630	2390	Tiago Rocha	00:28:23	00:57:43	00:57:23	5002		Senior	1021	00:04:51	4976
4631	7653	Elisa Piteira	00:29:43	00:57:43	00:56:14	4597		V45	554	00:04:47	4678
4632	1101	Carlos Pessoa	00:30:26	00:57:43	00:56:18	4632		V45	555	00:04:05	2018
4633	3234	Inês Campos	00:28:35	00:57:43	00:57:22	4995	Academia Fitness Militar	Senior	169	00:04:53	5071
4634	4248	Ricardo Damiao	00:28:32	00:57:43	00:56:23	4658	NARM	V35	922	00:05:08	5869
4635	4406	Nelson Guimaraes	00:28:03	00:57:43	00:57:28	5033	CLUBE MILLENNIUM BCP	V65	40	00:05:03	5603
4636	2965	Carla Mendes	00:28:34	00:57:43	00:55:59	4519		V40	105	00:04:46	4653



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4637	4492	Catarina Fonseca	00:28:50	00:57:44	00:56:26	4675		V35	97	00:04:47	4692
4638	3916	João Caldeira	00:29:32	00:57:44	00:56:54	4846		V65	41	00:04:41	4313
4639	3499	Mário Gaspar	00:27:20	00:57:44	00:57:41	5087	Hortega Serviços	V50	322	00:05:30	6713
4640	6808	Pedro Sa	00:30:59	00:57:45	00:55:50	4472		V45	556	00:04:11	2458
4641	3256	Pedro Namora	00:29:37	00:57:45	00:56:21	4645	Os Foguetes	Senior	1022	00:04:41	4334
4642	1977	Jorge Boim	00:31:06	00:57:45	00:56:00	4531		V35	923	00:04:24	3320
4643	8467	Nuno Maia	00:27:38	00:57:45	00:57:32	5043	Agenda Desportiva	V35	924	00:04:48	4757
4644	3917	Carlos Franco	00:29:32	00:57:45	00:56:55	4853		V40	870	00:04:43	4496
4645	5609	João Correia	00:30:15	00:57:45	00:56:10	4575	SS CGD	V50	323	00:04:28	3559
4646	8901	Analice Silva	00:29:25	00:57:45	00:56:50	4821		V70	1	00:04:42	4394
4647	2006	Rodrigo Carvalho	00:30:14	00:57:46	00:56:27	4684		V50	324	00:04:58	5344
4648	3055	Dalila Nina	00:28:48	00:57:46	00:56:55	4852	GURUS	Senior	170	00:04:47	4675
4649	7884	João Santos	00:29:25	00:57:46	00:56:03	4539		Senior	1023	00:04:45	4584
4650	3830	Luis Dias	00:30:06	00:57:46	00:56:52	4837	U.D.F.A.C.	V40	871	00:04:24	3323
4651	2276	Artur Martins	00:27:35	00:57:46	00:57:29	5035	Tangas Club	V70	9	00:05:14	6141
4652	5498	Carlos Varela	00:29:21	00:57:46	00:56:43	4784		V45	557	00:04:49	4843
4653	9770	Luís Fazenda	00:29:48	00:57:46	00:55:31	4349		V35	925	00:04:43	4497
4654	8514	Vera Pisani	00:27:58	00:57:46	00:57:31	5040		V45	67	00:05:00	5426
4655	1715	Pedro Camilo	00:30:36	00:57:47	00:56:14	4601		V40	872	00:04:31	3744



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4656	2228	Andreia Pereira	00:29:36	00:57:47	00:57:04	4903		Senior	171	00:04:40	4251
4657	2227	Nuno Santiago	00:29:36	00:57:47	00:57:05	4913		V35	926	00:04:40	4250
4658	1201	Carlos Parente	00:30:02	00:57:47	00:56:00	4526		V35	927	00:04:43	4504
4659	4590	Basilio Leal	00:27:23	00:57:47	00:56:22	4654	FAB4	V55	198	00:05:07	5807
4660	9649	Joao Pacheco	00:28:12	00:57:48	00:57:44	5107		V35	928	00:05:00	5427
4661	9648	Benjamim Simões	00:28:12	00:57:48	00:57:45	5112		V35	929	00:05:00	5457
4662	1940	Elisabete Farinha	00:29:20	00:57:48	00:56:42	4772		V50	25	00:04:54	5102
4663	508	Luís Fagulha	00:30:02	00:57:48	00:56:01	4535		Senior	1024	00:04:45	4570
4664	5501	Fernando Figueiredo	00:31:46	00:57:48	00:55:38	4402		V35	930	00:03:57	1509
4665	9674	Paulo Mendes	00:30:31	00:57:48	00:56:43	4781		V50	325	00:04:24	3308
4666	484	Henrique Ventura	00:30:04	00:57:48	00:55:31	4353		V35	931	00:04:49	4790
4667	7568	Alexandra Inácio	00:30:00	00:57:48	00:55:35	4378		V40	106	00:04:48	4750
4668	6880	Pedro Maia	00:29:14	00:57:48	00:56:29	4696		V65	42	00:04:53	5093
4669	1111	Marco Rosa	00:27:53	00:57:48	00:56:51	4829		V45	558	00:04:47	4686
4670	7088	Paulo Gonçalves	00:32:15	00:57:48	00:52:11	3257	INDEG-ISCTE	V45	559	00:04:25	3403
4671	3994	Lina Esteves	00:29:48	00:57:49	00:56:02	4538		V35	98	00:04:46	4646
4672	5881	João Dias	00:30:20	00:57:49	00:56:21	4646		V40	873	00:04:34	3900
4673	1150	Luis Martins	00:27:55	00:57:49	00:57:17	4972		V50	326	00:05:15	6154
4674	1901	Nidia Fererira	00:27:51	00:57:49	00:57:19	4980		V35	99	00:05:06	5726



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4675	8119	Conceicao Pina	00:28:19	00:57:49	00:57:32	5041		V45	68	00:04:53	5083
4676	4616	Pedro Marinho	00:32:53	00:57:50	00:51:48	3151		V40	874	00:04:03	1914
4677	3467	Telmo Coelho	00:24:13	00:57:50	00:57:10	4943	ACD BOCAL	V35	932	00:15:26	8513
4678	4149	Mario Pires	00:27:41	00:57:50	00:57:40	5081		V50	327	00:05:07	5810
4679	8371	Luis Pilar	00:29:22	00:57:50	00:56:46	4798		V45	560	00:04:45	4564
4680	512	Inês Abrantes	00:30:24	00:57:50	00:56:36	4743	Balhelhas	Senior	172	00:04:37	4082
4681	1836	Albertino Semedo	00:29:22	00:57:50	00:56:35	4730	SS CGD	V55	199	00:04:38	4127
4682	9097	Jorge Marques	00:31:05	00:57:51	00:56:50	4819		V60	94	00:04:10	2401
4683	5191	Rafael Calado	00:28:05	00:57:51	00:57:35	5061		Senior	1025	00:05:08	5861
4684	7770	Arménio Andrade	00:30:17	00:57:51	00:56:01	4534		V60	95	00:04:55	5160
4685	3305	Jorge Barreira	00:27:09	00:57:52	00:57:40	5083	GRC D Leião	V70	10	00:04:40	4239
4686	4395	Artur Leite	00:27:35	00:57:52	00:57:35	5057	CLUBE MILLENNIUM BCP	V45	561	00:05:15	6153
4687	2051	Cecília Nicolau	00:30:34	00:57:52	00:55:42	4422	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V45	69	00:04:37	4085
4688	5764	Luis Neves	00:28:49	00:57:52	00:56:30	4701	Run 4 T Fun	V40	875	00:04:41	4299
4689	6145	Alexandra Manata	00:30:24	00:57:52	00:56:30	4703	Proaventuras	V35	100	00:04:29	3625
4690	10103	Nuno Guerra	00:31:21	00:57:52	00:55:24	4323		V40	876	00:04:31	3736
4691	1235	Ricardo Silvestre	00:30:33	00:57:52	00:55:41	4417	BRRnightRUNNERS - Barreiro	Senior	1026	00:04:46	4643
4692	8017	Miguel Pereira	00:29:54	00:57:53	00:56:58	4876		Senior	1027	00:04:42	4434
4693	8837	Rui Rebelo	00:30:26	00:57:53	00:55:50	4462	EXICTOS Running Team	V35	933	00:04:44	4552



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4694	9070	Ana Tobias	00:27:43	00:57:53	00:57:47	5120		V40	107	00:05:10	5969
4695	5510	Pedro Mourão	00:30:08	00:57:54	00:55:51	4479	Georunners	V50	328	00:04:50	4900
4696	8838	Pedro Varela	00:30:25	00:57:54	00:55:52	4483	EXICTOS Running Team	V35	934	00:04:45	4568
4697	8671	João Caboverde	00:30:57	00:57:54	00:57:02	4900		Junior	117	00:03:53	1314
4698	6555	José Conchinha	00:29:01	00:57:54	00:57:06	4923		V35	935	00:04:48	4743
4699	6527	Nuno Marques	00:31:34	00:57:54	00:55:44	4429		V40	877	00:03:57	1543
4700	8439	Andreia Fernandes	00:30:32	00:57:54	00:55:38	4400	Só + 1 KM	Senior	173	00:04:40	4232
4701	8890	João Mendanha	00:28:31	00:57:55	00:56:55	4855		Senior	1028	00:05:12	6042
4702	8888	Bruno Maia	00:28:31	00:57:55	00:56:56	4860		Senior	1029	00:05:13	6087
4703	8082	Pedro Palrão	00:29:12	00:57:55	00:57:00	4885		V45	562	00:05:09	5898
4704	3295	Ema Borges	00:27:28	00:57:55	00:57:32	5042	Os Lobos	Senior	174	00:05:03	5605
4705	5723	Tiago Fiel	00:30:57	00:57:55	00:56:40	4760		V35	936	00:04:41	4318
4706	4314	Dulce Ramos	00:28:12	00:57:55	00:57:06	4921	CLUBE MILLENNIUM BCP	V45	70	00:05:12	6028
4707	5053	Luis Gradíssimo	00:29:39	00:57:55	00:56:15	4604		V35	937	00:04:30	3678
4708	6689	Pedro Jordão	00:29:40	00:57:56	00:53:53	3769		V45	563	00:04:38	4151
4709	3172	Dania Costa	00:27:49	00:57:56	00:57:26	5021		Senior	175	00:04:52	4992
4710	6258	Augusto Pires	00:27:47	00:57:56	00:57:49	5137	Correr Lisboa	V45	564	00:05:47	7181
4711	6568	Mauro Pernadas	00:29:54	00:57:57	00:56:10	4574		V35	938	00:05:06	5742
4712	1009	Ricardo Matos	00:32:18	00:57:57	00:52:39	3414		Senior	1030	00:04:17	2862

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4713	7589	Bruno Almeida	00:28:09	00:57:57	00:57:40	5076	Unidade 3	Senior	1031	00:05:16	6213
4714	2216	Bruno Albino	00:30:28	00:57:57	00:57:18	4979		V35	939	00:04:13	2577
4715	1741	António Lucas	00:29:58	00:57:58	00:57:48	5124		V45	565	00:04:26	3430
4716	8702	Milton Dias	00:29:19	00:57:58	00:57:48	5126		V40	878	00:05:01	5494
4717	9733	Diogo Simão	00:30:07	00:57:58	00:55:45	4434		Senior	1032	00:04:48	4740
4718	5333	Hugo Matos	00:29:24	00:57:58	00:56:22	4653		V35	940	00:04:50	4896
4719	2485	André Silva	00:30:16	00:57:58	00:56:33	4723	Os Caracóis Furiosos	Senior	1033	00:04:51	4912
4720	7519	Anabela Santos	00:27:28	00:57:58	00:57:57	5172		V45	71	00:05:16	6214
4721	6501	Joaquim Morgado	00:30:02	00:57:59	00:55:56	4503		V45	566	00:04:57	5315
4722	9281	Rui Castanheira	00:29:40	00:57:59	00:55:50	4464		Senior	1034	00:04:45	4560
4723	6825	Georg Dutschke	00:29:14	00:58:00	00:57:16	4967		V50	329	00:05:01	5522
4724	7820	António Lopes	00:30:18	00:58:00	00:55:37	4392		V35	941	00:04:50	4867
4725	5266	Dinis Silva	00:28:18	00:58:00	00:57:51	5143		V45	567	00:05:10	5949
4726	1668	Antonio Silva	00:29:23	00:58:00	00:56:40	4757	Os Indomaveis	V55	200	00:04:49	4813
4727	2557	Eliseu Pinto	00:27:19	00:58:01	00:57:48	5129	SS CGD	V60	96	00:05:19	6314
4728	1577	Eduardo Rodrigues	00:29:45	00:58:01	00:56:42	4771	Flechas	V35	942	00:05:13	6079
4729	525	Sara Cunha	00:28:44	00:58:01	00:56:47	4806	Magic Runners	V35	101	00:04:27	3522
4730	275	Nuno Alves	00:27:03	00:58:01	00:58:00	5186		V60	97	00:05:35	6846
4731	9534	João Saraiva	00:29:59	00:58:01	00:55:58	4511		V35	943	00:05:04	5637



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4732	501	Mario Espanha	00:29:03	00:58:01	00:57:40	5078		V70	11	00:04:47	4674
4733	8758	Sandra Gaspar	00:29:37	00:58:02	00:56:42	4775		V35	102	00:04:50	4860
4734	9487	Vera Neves	00:29:36	00:58:02	00:56:27	4680		V40	108	00:04:41	4344
4735	7534	Carla Morgado	00:29:51	00:58:02	00:57:00	4886		V40	109	00:04:44	4538
4736	6740	Francisco Linhol	00:29:51	00:58:02	00:56:59	4879		V60	98	00:04:44	4536
4737	8038	Carlos Serra	00:30:22	00:58:02	00:56:32	4716	ONE TRIBE METRALHAS	V45	568	00:04:16	2778
4738	7402	Maria Carvalho	00:27:34	00:58:03	00:57:41	5094		V35	103	00:05:26	6561
4739	5211	Marco Feteira	00:30:58	00:58:03	00:55:45	4432	Salvaterra Night Runners	Senior	1035	00:04:30	3658
4740	2786	Hugo Cordeiro	00:30:04	00:58:03	00:56:47	4803		Senior	1036	00:04:37	4061
4741	3023	António Cândido	00:29:03	00:58:03	00:56:36	4745	Tarolas Team	V60	99	00:04:50	4855
4742	1996	Jacinto Godinho	00:30:29	00:58:03	00:55:49	4460	CASA DO PESSOAL DA RTP	V50	330	00:04:33	3841
4743	9861	Pedro Trigo	00:30:02	00:58:03	00:55:59	4518	Os Conta-Kilómetros	Senior	1037	00:04:44	4534
4744	5138	Marco Canelas	00:27:09	00:58:03	00:57:35	5058	Red Runners	V35	944	00:05:45	7127
4745	8848	João Sousa	00:31:12	00:58:03	00:55:51	4478	Pro Emigras	Senior	1038	00:04:23	3229
4746	1018	Nuno Rosado	00:30:29	00:58:03	00:56:25	4668		V40	879	00:04:31	3719
4747	9835	João Cachinho	00:29:47	00:58:03	00:56:16	4613		V50	331	00:04:55	5216
4748	830	Marta Albuquerque	00:29:28	00:58:04	00:56:55	4856		V40	110	00:04:52	4986
4749	4351	Bruno Santos	00:27:21	00:58:04	00:57:57	5167	CLUBE MILLENNIUM BCP	V45	569	00:05:27	6596
4750	2135	João Fernandes	00:28:23	00:58:04	00:57:28	5031	Açoreana Clube Banif	V35	945	00:04:55	5193

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4751	7776	Laura Pitov	00:30:08	00:58:04	00:56:13	4592		Senior	176	00:04:44	4530
4752	9960	Tiago Cordeiro	00:27:50	00:58:05	00:57:49	5135		Senior	1039	00:05:29	6662
4753	3734	Gonçalo Rosado	00:24:48	00:58:05	00:57:26	5022		V35	946	00:05:07	5806
4754	5960	Marlene Oliveira	00:28:37	00:58:05	00:57:24	5011		V40	111	00:04:50	4866
4755	710	António Augusto	00:29:27	00:58:05	00:56:33	4721		V35	947	00:04:58	5341
4756	2728	Gizela Mota	00:29:11	00:58:05	00:57:05	4915		V40	112	00:04:46	4656
4757	178	José Caldeirinha	00:27:58	00:58:05	00:57:44	5105		V35	948	00:05:07	5822
4758	5907	Filipe Sousa	00:28:34	00:58:05	00:56:43	4782	Sousas	V45	570	00:04:46	4619
4759	6523	Marina Monteiro	00:29:15	00:58:05	00:56:57	4863		Senior	177	00:04:59	5388
4760	5420	Pedro Silveira	00:28:34	00:58:05	00:57:25	5016		V40	880	00:05:05	5702
4761	3782	Rui Pereira	00:30:11	00:58:05	00:56:07	4561	Vamos lá	V40	881	00:04:35	3988
4762	3675	Manuel Gomes	00:30:45	00:58:05	00:56:13	4593	clube marginal	V45	571	00:04:29	3638
4763	7916	Davide Gonçalves	00:28:48	00:58:05	00:57:48	5122		Senior	1040	00:04:54	5153
4764	7915	Ana Santos	00:28:48	00:58:05	00:57:48	5121		V35	104	00:04:54	5114
4765	8694	Ricardo Elisiário	00:29:53	00:58:06	00:56:38	4751		Senior	1041	00:04:49	4842
4766	6618	Joaquim Pedroso	00:30:17	00:58:06	00:57:22	4996		V40	882	00:04:28	3547
4767	2521	Daniel Pereira	00:30:42	00:58:06	00:55:51	4481	GDC Fidelidade	V40	883	00:04:42	4422
4768	5126	Gonçalo Ferreira	00:30:22	00:58:06	00:57:23	5007		Junior	118	00:05:03	5606
4769	642	Jose Ferreira	00:30:50	00:58:06	00:56:24	4664		V50	332	00:04:40	4260



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4770	2533	Rodrigo Godinho	00:27:58	00:58:06	00:57:11	4946		Senior	1042	00:05:03	5607
4771	1022	Ricardo Lampreia	00:30:00	00:58:06	00:56:47	4805		V35	949	00:04:53	5084
4772	1435	João Mota	00:29:35	00:58:07	00:56:41	4768		V45	572	00:04:51	4954
4773	6439	Isac Dinis	00:30:07	00:58:07	00:56:34	4729	ASAS	V60	100	00:04:44	4510
4774	6721	Gonçalo Martinho	00:29:04	00:58:07	00:57:38	5069		V35	950	00:04:55	5197
4775	3508	José Magro	00:30:13	00:58:07	00:56:26	4677	Novos Trilhos	V40	884	00:04:22	3174
4776	8175	Fernando Margal	00:30:11	00:58:07	00:56:44	4789		V40	885	00:04:29	3648
4777	3544	Cristina Caetano	00:30:59	00:58:08	00:55:46	4443	Ginásio Clube Português	V45	573	00:04:28	3539
4778	3543	Pedro Santos	00:30:59	00:58:08	00:55:45	4436	Ginásio Clube Português	V50	333	00:04:29	3650
4779	9168	Nuno Pereira	00:29:24	00:58:08	00:55:55	4497		V45	574	00:05:16	6210
4780	5146	Daniel Coelho	00:30:03	00:58:08	00:55:52	4487		Senior	1043	00:04:42	4433
4781	9889	João Bastos	00:29:38	00:58:08	00:56:51	4827		Senior	1044	00:04:36	4047
4782	8850	Renato Alves	00:31:13	00:58:09	00:55:56	4505	Pro Emigras	Senior	1045	00:04:28	3540
4783	5372	José Plácido	00:29:22	00:58:09	00:57:39	5072		V45	575	00:04:42	4390
4784	6649	Adelaide Palma	00:27:47	00:58:10	00:58:08	5231		V40	113	00:05:00	5440
4785	467	Nuno Barreto	00:29:35	00:58:10	00:57:04	4911		V40	886	00:04:50	4856
4786	2041	David Santos	00:30:06	00:58:10	00:55:55	4496		Senior	1046	00:04:51	4953
4787	1708	Paulo Roxo	00:28:00	00:58:10	00:57:41	5093		V35	951	00:05:20	6360
4788	7670	Andreia Gonçalves	00:27:46	00:58:10	00:58:02	5195		Senior	178	00:04:59	5405

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4789	9866	Sérgio Pimenta	00:30:06	00:58:10	00:56:19	4635		Senior	1047	00:04:40	4245
4790	6648	Julio Santos	00:27:15	00:58:10	00:58:09	5235		V50	334	00:04:31	3760
4791	9196	Alfredo Desterro	00:30:48	00:58:10	00:56:50	4825		V50	335	00:04:16	2767
4792	2275	Luís Gouveia	00:29:20	00:58:10	00:56:31	4711		V40	887	00:04:39	4218
4793	3353	Carlos Fernandes	00:29:20	00:58:10	00:56:31	4710	Grupo Recreativo e Desportivo Ribeira da Lage	V40	888	00:04:40	4236
4794	8826	Ricardo Pulguinhas	00:30:20	00:58:11	00:57:08	4933	EXICTOS Running Team	Senior	1048	00:04:36	4055
4795	2680	Luis Lopes	00:29:55	00:58:11	00:56:30	4704		V55	201	00:04:38	4164
4796	9689	Paulo Vilhena	00:30:06	00:58:11	00:56:20	4644		V35	952	00:04:41	4330
4797	9755	Pedro Fernandes	00:27:20	00:58:11	00:58:05	5212		V35	953	00:05:01	5515
4798	1156	Bruno Dias	00:27:37	00:58:11	00:58:03	5198		V40	889	00:04:51	4970
4799	7652	Carlos Piteira	00:30:05	00:58:11	00:56:43	4778		V45	576	00:04:46	4634
4800	594	Avelino Fernandes	00:28:09	00:58:12	00:57:44	5102		V40	890	00:04:46	4635
4801	9215	Antonio Sergio	00:30:49	00:58:12	00:55:59	4520		V35	954	00:04:43	4466
4802	3440	Maria Jesus	00:29:51	00:58:12	00:56:24	4662		V50	26	00:04:45	4592
4803	8488	Frederico Silva	00:30:06	00:58:12	00:56:39	4756		V40	891	00:04:50	4857
4804	2215	Filipe Augusto	00:30:29	00:58:12	00:57:33	5047		V35	955	00:04:28	3543
4805	8744	Nuno Sottomayor	00:28:39	00:58:12	00:56:05	4546		V40	892	00:04:53	5099
4806	2373	Maria Sebastião	00:30:34	00:58:13	00:56:13	4594	Famelga	Senior	179	00:04:33	3846
4807	4577	Mukesh Carsane	00:29:55	00:58:13	00:55:57	4508		V35	956	00:04:29	3610



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4808	2604	Vitor Figueiredo	00:30:29	00:58:13	00:57:01	4893		V35	957	00:04:18	2904
4809	6041	Joaquim Gomes	00:30:52	00:58:13	00:55:48	4454		Senior	1049	00:04:24	3301
4810	6199	Alberto Martinho	00:30:24	00:58:13	00:54:08	3841	CCDTMetroLX	V50	336	00:04:43	4502
4811	9413	Luís Coelho	00:30:03	00:58:14	00:56:06	4554	Turbo-Lento	V50	337	00:04:50	4864
4812	10522	Estela Costa	00:28:55	00:58:14	00:57:33	5049		Senior	180	00:05:08	5864
4813	7365	Mário Varela	00:28:06	00:58:14	00:58:07	5223		Senior	1050	00:05:06	5761
4814	1142	Cláudia Ramos	00:29:19	00:58:14	00:57:18	4975		V40	114	00:04:43	4451
4815	5000	Miguel Monteiro	00:27:18	00:58:14	00:57:55	5161		V45	577	00:05:15	6175
4816	9688	Nuno Gomes	00:28:22	00:58:14	00:57:22	4991		V40	893	00:05:00	5447
4817	426	Nuno Moreira	00:29:43	00:58:15	00:57:48	5130	MOREIRA	Junior	119	00:04:26	3467
4818	5671	João Luis	00:29:13	00:58:15	00:56:51	4832	Lagartixas	V40	894	00:05:13	6094
4819	422	Nuno Moreira	00:29:44	00:58:15	00:57:48	5123	MOREIRA	V40	895	00:04:26	3465
4820	1143	Nuno Bento	00:29:43	00:58:15	00:56:54	4845		V40	896	00:04:48	4755
4821	6306	Francisco Noronha	00:29:01	00:58:15	00:57:23	5005	VdAtletas	V50	338	00:04:49	4791
4822	6607	José Marques	00:29:22	00:58:15	00:57:50	5138		V65	43	00:04:38	4154
4823	10457	Rui Figueira	00:27:25	00:58:15	00:58:07	5222		V35	958	00:05:37	6909
4824	7963	Jose Cacheira	00:30:17	00:58:16	00:58:11	5240		V45	578	00:04:02	1796
4825	3704	Antonio Aniceto	00:30:54	00:58:16	00:56:35	4733		V55	202	00:04:42	4419
4826	3061	Manuel Santos	00:28:59	00:58:16	00:57:25	5019	Serviços Sociais Montepio Geral	V40	897	00:04:46	4668



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4827	4765	Miguel Matos	00:31:11	00:58:17	00:56:05	4547	Dor de Burro	V45	579	00:04:03	1901
4828	4437	Miguel Ferreira	00:28:09	00:58:17	00:58:14	5257	CLUBE MILLENNIUM BCP	V45	580	00:04:53	5094
4829	2528	António Romão	00:28:48	00:58:17	00:57:06	4916		V60	101	00:05:14	6130
4830	1596	Rute Santos	00:29:49	00:58:17	00:57:16	4970		V45	72	00:04:55	5210
4831	4343	Patricia Dinis	00:28:05	00:58:17	00:58:15	5265	CLUBE MILLENNIUM BCP	V45	73	00:05:05	5695
4832	4342	Joao Seborro	00:28:06	00:58:17	00:58:15	5261	CLUBE MILLENNIUM BCP	V45	581	00:05:04	5651
4833	3828	Domingos Amador	00:30:14	00:58:17	00:56:51	4828		V40	898	00:04:37	4068
4834	7551	Henrique Ferreira	00:27:28	00:58:18	00:57:48	5127		Junior	120	00:04:52	5016
4835	1615	Rui Custódio	00:30:40	00:58:18	00:56:49	4812	O Coelho é um franganote!	V35	959	00:04:22	3195
4836	8094	Mirna Mota	00:28:28	00:58:18	00:57:09	4941	EAP RUNNERS	Senior	181	00:04:51	4955
4837	3625	Nuno Lopes	00:28:48	00:58:18	00:56:11	4580		V35	960	00:04:59	5406
4838	827	Bruna Polena	00:28:54	00:58:18	00:57:21	4990	Tartarugas Solidárias	Senior	182	00:04:53	5090
4839	4953	Joao Monteiro	00:27:42	00:58:19	00:58:13	5251		Senior	1051	00:05:52	7277
4840	4075	Ricardo Bernardo	00:29:40	00:58:19	00:57:21	4986		V35	961	00:04:48	4773
4841	7437	Pedro Alferes	00:30:32	00:58:19	00:56:00	4528		V50	339	00:04:32	3814
4842	6399	Nuno Almeida	00:27:20	00:58:19	00:57:52	5145	Serviços Sociais Montepio Geral	V35	962	00:04:46	4665
4843	1863	Nuno Paulo	00:27:31	00:58:20	00:58:04	5205	SS CGD	V40	899	00:05:14	6131
4844	6472	Bruno Bispo	00:29:53	00:58:20	00:57:02	4898		Senior	1052	00:04:32	3812
4845	6614	Vitória Monteiro	00:27:57	00:58:21	00:58:18	5273	Falcões Selvagens	V60	7	00:04:59	5394

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4846	6427	João Fernandes	00:30:21	00:58:21	00:57:58	5177		V35	963	00:04:36	4019
4847	6930	Rui Freixo	00:30:27	00:58:21	00:56:05	4550		Senior	1053	00:04:49	4799
4848	4985	Carlos Fialho	00:29:40	00:58:21	00:57:22	4992		V40	900	00:04:48	4787
4849	299	Paulo Lapao	00:30:42	00:58:21	00:57:05	4914		V45	582	00:04:40	4268
4850	4712	Fábio Areias	00:30:56	00:58:21	00:56:15	4608		Senior	1054	00:04:49	4817
4851	9537	Marco Baptista	00:30:56	00:58:22	00:56:14	4599		V35	964	00:04:49	4797
4852	6634	António Boavida	00:29:41	00:58:22	00:56:48	4808		V50	340	00:04:47	4719
4853	4863	Tim Hultberg	00:28:26	00:58:22	00:58:18	5278		V50	341	00:04:56	5236
4854	4263	Rui Alves	00:28:32	00:58:23	00:58:08	5225	Salvaterra Night Runners	V40	901	00:05:07	5793
4855	2233	Maria Santos	00:27:51	00:58:23	00:58:21	5287	BOTA FOGO RUNNERS	V50	27	00:05:06	5769
4856	8217	Rui Lúcio	00:29:38	00:58:23	00:57:59	5181	Running Geeks	V40	902	00:04:55	5196
4857	8408	Nuno Neves	00:31:01	00:58:23	00:56:54	4850		V40	903	00:04:16	2780
4858	7048	David Garrett	00:29:52	00:58:24	00:56:49	4817	INDEG-ISCTE	Senior	1055	00:04:49	4819
4859	4743	Pedro Afonso	00:32:16	00:58:24	00:52:59	3517		V45	583	00:04:13	2601
4860	8372	Ana Pina	00:30:05	00:58:24	00:57:21	4989		V40	115	00:04:47	4689
4861	8912	Inês Brito	00:29:19	00:58:24	00:58:08	5224		V40	116	00:04:53	5075
4862	7262	Nuno Duarte	00:29:51	00:58:25	00:56:31	4707		V40	904	00:04:53	5069
4863	8709	Joana Sousa	00:30:15	00:58:25	00:56:09	4569		Senior	183	00:04:46	4650
4864	1524	Emanuel Pereira	00:29:40	00:58:25	00:57:06	4919	Team PDI	V45	584	00:04:55	5200



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4865	2818	Dinis Morais	00:33:06	00:58:25	00:52:26	3351	CCD Siemens	V40	905	00:04:01	1787
4866	1523	Paulo Roque	00:29:41	00:58:25	00:57:06	4918	Team PDI	V40	906	00:04:55	5219
4867	3720	Gonçalo Rodrigues	00:31:54	00:58:25	00:52:22	3331		Junior	121	00:04:36	4014
4868	403	Luis Castanheta	00:27:44	00:58:25	00:58:17	5272		Senior	1056	00:05:29	6685
4869	8123	Diana Silva	00:30:17	00:58:25	00:56:39	4755		Senior	184	00:04:55	5212
4870	8124	Dejan Pangercic	00:30:18	00:58:26	00:56:40	4762		Senior	1057	00:04:56	5223
4871	2909	Nuno Carvalho	00:29:00	00:58:26	00:57:48	5132	Serviços Sociais Montepio Geral	V35	965	00:04:46	4648
4872	1869	Rui Oliveira	00:28:17	00:58:26	00:58:14	5253	SS CGD	V45	585	00:04:49	4841
4873	7552	Carlos Suissas	00:28:49	00:58:26	00:57:12	4949		V40	907	00:04:59	5419
4874	1948	Tiago Rodrigues	00:27:58	00:58:26	00:58:16	5266	Rebola Caixotes	Senior	1058	00:05:35	6831
4875	8839	Fabian Rincon	00:30:25	00:58:27	00:56:25	4671	EXICTOS Running Team	V35	966	00:04:38	4145
4876	4144	Paulo Salustio	00:29:01	00:58:27	00:56:39	4754		V50	342	00:05:23	6461
4877	8300	João Maia	00:30:30	00:58:28	00:56:41	4770	PowerBoost Club	V40	908	00:04:34	3941
4878	2883	Carlos Alves	00:29:51	00:58:28	00:57:16	4968		V45	586	00:05:10	5937
4879	9256	João Marques	00:27:35	00:58:28	00:58:09	5236		V35	967	00:05:36	6896
4880	9258	Scott Polzen	00:30:01	00:58:28	00:57:48	5133		V35	968	00:04:29	3634
4881	7624	Henrique Bonfim	00:29:27	00:58:28	00:56:32	4718		Senior	1059	00:05:06	5753
4882	2587	Rui Teixeira	00:27:55	00:58:28	00:57:34	5051		Senior	1060	00:05:26	6577
4883	650	Anabela Constante	00:30:04	00:58:28	00:56:57	4865		V40	117	00:04:51	4935



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4884	1931	António Novas	00:29:24	00:58:29	00:57:54	5156		V35	969	00:04:49	4848
4885	5051	Nuno Almeida	00:29:42	00:58:29	00:54:23	3933	Corre@Correr	V60	102	00:04:52	5006
4886	9545	João Boavida	00:29:23	00:58:29	00:56:38	4750		Senior	1061	00:04:57	5282
4887	6589	Vasco Taborda	00:30:28	00:58:29	00:57:15	4964		V50	343	00:04:42	4413
4888	9558	José Tomé	00:30:46	00:58:29	00:56:16	4614	Pernas de Gafanhoto	V35	970	00:04:40	4283
4889	9484	João Forte	00:28:50	00:58:29	00:56:59	4880		V40	909	00:05:08	5867
4890	3525	Fernanda Poças	00:28:23	00:58:29	00:58:18	5277		V35	105	00:05:12	6059
4891	1102	Rui Santos	00:30:12	00:58:29	00:56:58	4869		V45	587	00:04:34	3926
4892	8520	Tânia Oliveira	00:28:43	00:58:29	00:56:59	4882		Senior	185	00:04:58	5359
4893	598	Américo Francisco	00:30:38	00:58:30	00:57:04	4907		V35	971	00:04:33	3839
4894	2252	Mário Lima	00:29:10	00:58:30	00:57:58	5175		V35	972	00:04:40	4229
4895	8105	Esther Elvira	00:29:59	00:58:30	00:56:50	4826		V40	118	00:04:39	4175
4896	5613	Jose Martins	00:31:07	00:58:30	00:56:40	4764	SS CGD	V40	910	00:04:23	3268
4897	5840	António Pereira	00:29:02	00:58:30	00:57:40	5075	Gil Eanes Running	V60	103	00:04:55	5204
4898	7497	Pedro Nunes	00:29:35	00:58:30	00:56:56	4862	Tá-len-tos	V40	911	00:05:05	5673
4899	4287	Joana Timóteo	00:29:28	00:58:30	00:54:34	4015		Senior	186	00:05:16	6196
4900	204	Paulo Borges	00:31:20	00:58:31	00:53:37	3694		V45	588	00:04:18	2892
4901	2206	Pedro Pereira	00:30:43	00:58:31	00:56:09	4568		V40	912	00:04:42	4399
4902	569	Miguel Ribeiro	00:31:36	00:58:31	00:54:04	3820		V40	913	00:04:36	4009



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4903	9466	Miguel Eufémio	00:30:43	00:58:31	00:56:10	4573		Senior	1062	00:04:42	4410
4904	7380	Filipe Santos	00:27:34	00:58:32	00:58:04	5207	Os Chalados	V35	973	00:04:54	5143
4905	1782	Liliana Batista	00:30:06	00:58:32	00:57:37	5066		V35	106	00:04:53	5079
4906	4126	Ivo Lima	00:29:29	00:58:32	00:57:49	5134		V35	974	00:04:41	4347
4907	1783	David Ramos	00:30:07	00:58:33	00:57:37	5063		Senior	1063	00:04:52	4996
4908	724	Joao Teixeira	00:30:13	00:58:33	00:57:27	5026		V50	344	00:04:32	3810
4909	4015	Rodrigo Charraz	00:29:24	00:58:33	00:58:25	5307		Junior	122	00:05:00	5434
4910	3193	Miguel Campo	00:30:33	00:58:33	00:56:41	4769		V45	589	00:04:42	4408
4911	2555	David Hick	00:31:05	00:58:33	00:57:09	4937	Clube Atletismo Amigos de Belém	V45	590	00:04:29	3641
4912	2581	Vasco Rebelo	00:29:06	00:58:33	00:56:35	4734		V45	591	00:05:04	5645
4913	1531	Sofia Cardoso	00:30:11	00:58:33	00:57:06	4925		Senior	187	00:04:50	4871
4914	5915	Eduardo Silva	00:29:55	00:58:33	00:57:01	4896	SapacGroup Team	V55	203	00:04:51	4930
4915	4877	Hugo Xavier	00:30:02	00:58:33	00:56:16	4612		V35	975	00:04:41	4342
4916	350	João Eusébio	00:29:05	00:58:34	00:56:35	4731		V45	592	00:05:05	5682
4917	9342	Teresa Pinto	00:29:36	00:58:34	00:57:55	5162	PINTO FINO	Senior	188	00:04:53	5095
4918	4766	Emídio Carrapeiro	00:31:11	00:58:34	00:56:23	4660	Dor de Burro	V50	345	00:04:20	3065
4919	1642	Alzira Pereira	00:28:20	00:58:34	00:58:25	5308	SAPATISTAS	V45	74	00:05:02	5549
4920	8722	Maria Santos	00:27:28	00:58:34	00:58:31	5326		Junior	19	00:05:26	6570
4921	131	Diogo Lopes	00:32:29	00:58:34	00:53:31	3667		Senior	1064	00:04:29	3616



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4922	5008	António Pinharanda	00:28:29	00:58:35	00:57:48	5131		V55	204	00:05:02	5550
4923	528	Andreia Oliveira	00:27:28	00:58:35	00:58:07	5220	AC TEAM	Senior	189	00:05:27	6609
4924	9626	João Neto	00:29:33	00:58:35	00:56:26	4678		V45	593	00:04:40	4243
4925	7107	Tânia Costa	00:28:16	00:58:35	00:58:03	5202	INDEG-ISCTE	Senior	190	00:05:17	6259
4926	9078	Mário Emídio	00:27:56	00:58:35	00:58:32	5328	Tálenos Team	V50	346	00:05:17	6263
4927	6538	Nuno Fortes	00:31:19	00:58:35	00:56:08	4564		V40	914	00:05:00	5429
4928	6599	Henrique Ruas	00:27:56	00:58:36	00:58:11	5241	C.C.D. O Alvitejo	V70	12	00:05:17	6264
4929	9591	Armando Ruivo	00:28:30	00:58:36	00:58:24	5303		V50	347	00:05:08	5872
4930	9966	Miguel Moia	00:32:05	00:58:36	00:54:10	3856		V35	976	00:05:07	5777
4931	10491	Nuno Gomes	00:29:08	00:58:37	00:58:08	5226		Senior	1065	00:04:56	5246
4932	4204	Marco Campaniço	00:31:36	00:58:37	00:53:56	3786	Volkswagen Autoeuropa	Senior	1066	00:04:30	3701
4933	2003	Rogério Dias	00:30:04	00:58:37	00:57:43	5101	COFACO AÇORES, SA	V40	915	00:04:43	4467
4934	3755	João Faria	00:30:10	00:58:37	00:57:38	5070		V45	594	00:04:25	3352
4935	10329	Fernando Oliveira	00:29:08	00:58:37	00:57:56	5166		V55	205	00:04:54	5132
4936	3060	Ricardo Correia	00:33:51	00:58:37	00:49:19	2402	GURUS	Senior	1067	00:03:49	1133
4937	5943	Carlos Silva	00:29:07	00:58:37	00:57:09	4940	cleverti	V50	348	00:04:59	5410
4938	10330	Luis Sanches	00:28:15	00:58:38	00:57:33	5045		V35	977	00:05:05	5675
4939	1640	Ana Lima	00:30:46	00:58:38	00:56:59	4881	C. A. Amigos Parque da Paz	V40	119	00:04:27	3477
4940	7408	Pedro Loureiro	00:30:38	00:58:38	00:56:42	4777		V40	916	00:04:32	3813



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4941	1229	Isabel Martins	00:28:46	00:58:38	00:57:35	5060		V45	75	00:05:02	5548
4942	10398	Jorge Pereira	00:31:25	00:58:38	00:56:16	4615		V45	595	00:04:34	3912
4943	8425	Teresa Sepúlveda	00:28:43	00:58:39	00:57:52	5148		Senior	191	00:05:10	5973
4944	6309	Luis Martins	00:29:05	00:58:39	00:58:14	5256	VdAtletas	V45	596	00:04:56	5248
4945	1553	Ana Ferreira	00:30:43	00:58:39	00:56:51	4830	NB Run	V45	76	00:04:34	3907
4946	3719	Nuno Correia	00:30:16	00:58:39	00:57:22	4999		V40	917	00:04:38	4123
4947	9557	Ricardo Alves	00:29:02	00:58:39	00:56:54	4848		Senior	1068	00:04:39	4207
4948	4027	Nelson Lopes	00:29:33	00:58:39	00:56:30	4705	Panela Mágica	V35	978	00:04:58	5327
4949	1315	Luis Santos	00:30:50	00:58:40	00:56:42	4773		V45	597	00:04:21	3089
4950	7825	João Valente	00:34:55	00:58:40	00:52:59	3518		V40	918	00:04:07	2167
4951	1714	Sofia Pereira	00:30:07	00:58:40	00:57:16	4969		Senior	192	00:05:06	5766
4952	7845	Nuno Picamilho	00:28:53	00:58:41	00:57:44	5106	Alibaba	V35	979	00:04:57	5297
4953	5482	Bruno Costa	00:29:51	00:58:41	00:57:40	5084		V40	919	00:04:20	3067
4954	6464	Gonçalo Carvalho	00:29:14	00:58:42	00:57:42	5097		Senior	1069	00:04:59	5412
4955	8678	Ricardo Foquim	00:29:31	00:58:42	00:58:12	5247		V35	980	00:04:43	4488
4956	9132	Hugo Gaspar	00:26:46	00:58:42	00:58:25	5310		V35	981	00:05:44	7100
4957	4979	Cassiana Bruel	00:31:29	00:58:42	00:53:21	3622		V50	28	00:04:31	3734
4958	722	Renato Portela	00:30:53	00:58:43	00:56:50	4823		V35	982	00:04:24	3316
4959	6991	Ricardo Morais	00:27:14	00:58:43	00:58:42	5370		V35	983	00:04:47	4684



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4960	6060	Nuno Almeida	00:29:57	00:58:43	00:56:49	4816		Senior	1070	00:05:31	6749
4961	5893	Alexandra Queiroz	00:29:27	00:58:43	00:57:21	4984	Bulldozers	V45	77	00:05:14	6128
4962	10446	Arlindo Brandão	00:29:13	00:58:43	00:57:51	5140		V50	349	00:05:01	5487
4963	9500	Carlos Duarte	00:31:40	00:58:43	00:57:25	5017		Senior	1071	00:05:06	5751
4964	7057	Gonçalo Moura	00:29:53	00:58:44	00:57:09	4939	INDEG-ISCTE	Senior	1072	00:04:37	4089
4965	6960	Filipe Vasconcelos	00:28:33	00:58:44	00:58:33	5334		V40	920	00:05:11	6022
4966	3002	Tony Tam	00:29:24	00:58:44	00:57:15	4961	Flash Gordos	Senior	1073	00:04:49	4849
4967	1454	José Gil	00:27:57	00:58:44	00:58:01	5187		V40	921	00:05:04	5665
4968	3501	Anabela Pacheco	00:30:13	00:58:44	00:57:04	4906	Novos Trilhos	V40	120	00:04:26	3469
4969	2486	Rita Mina	00:28:45	00:58:44	00:57:42	5095	Os Caracóis Furiosos	V40	121	00:05:00	5435
4970	7291	Pedro Rodrigues	00:29:59	00:58:45	00:56:43	4785		V40	922	00:04:43	4492
4971	7459	Antonio Bugalho	00:28:34	00:58:45	00:58:03	5200		V40	923	00:04:48	4758
4972	216	Mario Sá	00:29:44	00:58:45	00:57:34	5052		V35	984	00:04:42	4415
4973	2963	Carlos Martins	00:27:30	00:58:45	00:58:39	5362		Senior	1074	00:05:04	5650
4974	215	Luis Fonseca	00:29:44	00:58:45	00:57:34	5055		V45	598	00:04:42	4416
4975	4368	Ricardo Gomes	00:28:44	00:58:45	00:57:54	5153	CLUBE MILLENNIUM BCP	V40	924	00:05:00	5450
4976	7991	Ivan Mónica	00:31:33	00:58:45	00:57:54	5155		Senior	1075	00:04:26	3452
4977	8908	Cláudio Ribeiro	00:29:39	00:58:45	00:57:11	4945		Senior	1076	00:04:51	4936
4978	8435	Ana Silva	00:29:03	00:58:46	00:57:59	5180	IronesSilvas	V45	78	00:05:10	5950



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4979	3767	Iolanda Soares	00:32:34	00:58:46	00:53:29	3660	Soares Family & Friends	V45	79	00:04:10	2399
4980	6116	Raquel Barata	00:31:15	00:58:46	00:56:35	4735	UGC	V40	122	00:04:38	4128
4981	804	Marcos Leonardo	00:30:04	00:58:46	00:57:45	5110		V60	104	00:04:53	5061
4982	2682	Bruno Romão	00:28:56	00:58:46	00:57:57	5171	Run Buddy Run	Senior	1077	00:05:50	7252
4983	1188	Nuno Seabra	00:32:19	00:58:46	00:52:57	3507		Senior	1078	00:04:30	3697
4984	236	Filipe Silva	00:30:00	00:58:47	00:57:28	5029		V50	350	00:05:03	5613
4985	1499	Pedro Ribeiro	00:32:14	00:58:47	00:53:42	3716	amigosdacorrída.com	V55	206	00:04:31	3720
4986	3415	Ricardo Oliveira	00:28:29	00:58:47	00:58:33	5337		Senior	1079	00:05:02	5543
4987	2558	Pedro Costa	00:30:58	00:58:48	00:56:58	4871	SS CGD	V35	985	00:04:43	4459
4988	10399	João Maneira	00:32:49	00:58:48	00:56:53	4844		V35	986	00:04:04	1925
4989	7237	Hugo Pereira	00:31:15	00:58:48	00:57:15	4966		Senior	1080	00:04:53	5057
4990	2013	João Graça	00:32:38	00:58:48	00:53:18	3600	Line Runners	V45	599	00:04:28	3574
4991	7870	Bruno Ramos	00:31:31	00:58:48	00:54:48	4090		V35	987	00:04:50	4858
4992	5210	Fernando Martins	00:32:08	00:58:48	00:56:30	4697	Salvaterra Night Runners	V40	925	00:04:33	3893
4993	9719	Joaquim Teixeira	00:30:06	00:58:48	00:56:35	4732		Senior	1081	00:05:04	5639
4994	3337	Rosa Cosme	00:27:35	00:58:49	00:58:47	5394	Bombeiros Voluntários de Montemor-o-Novo	V50	29	00:05:03	5612
4995	2922	Fernando Palma	00:30:47	00:58:49	00:57:06	4926	Serviços Sociais Montepio Geral	V35	988	00:04:43	4473
4996	6558	Duarte Furtado	00:32:21	00:58:50	00:52:52	3474		Senior	1082	00:04:32	3823
4997	4727	Francisco Álvares	00:29:31	00:58:50	00:56:53	4843	Clube EDP - Lisboa	Senior	1083	00:05:04	5648



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
4998	2941	Elsa Soares	00:29:41	00:58:50	00:58:15	5262	GDINE	V40	123	00:04:45	4610
4999	6047	Joao Silva	00:27:17	00:58:50	00:58:46	5384	GD Cimpor & Amigos	V50	351	00:05:24	6520
5000	1420	Adolfo Veiga	00:28:09	00:58:50	00:58:31	5325		Senior	1084	00:05:01	5472
5001	9205	Rui Guerreiro	00:29:58	00:58:50	00:57:00	4888	Os donos de isto tudo	Senior	1085	00:04:45	4618
5002	50	Sérgio Martinho	00:31:02	00:58:51	00:54:01	3808	Banzão Team	Senior	1086	00:04:42	4436
5003	5768	Inês Inácio	00:31:29	00:58:51	00:56:31	4709		Senior	193	00:04:21	3107
5004	4955	Leonardo Chung	00:31:31	00:58:51	00:56:31	4708		Senior	1087	00:04:21	3094
5005	4920	Nuno Brites	00:31:30	00:58:51	00:56:31	4712		Senior	1088	00:04:21	3092
5006	655	Tiago Figo	00:30:49	00:58:52	00:57:22	4997		Senior	1089	00:04:51	4943
5007	7401	Carlos Sequeira	00:27:13	00:58:52	00:58:30	5323		V35	989	00:05:23	6458
5008	7990	Patrick Mónica	00:31:36	00:58:52	00:58:01	5191		Senior	1090	00:04:36	4008
5009	10577	Edgar Serrano	00:30:55	00:58:52	00:57:01	4894		Senior	1091	00:04:21	3133
5010	2801	Renato Jácome	00:29:16	00:58:52	00:57:20	4983	Devagar, devagarinho...	V45	600	00:05:07	5789
5011	5749	Susana Mendes	00:28:22	00:58:53	00:58:05	5209	NúcleOeiras / Sportzone	V40	124	00:05:03	5611
5012	7717	Rui Barros	00:30:14	00:58:53	00:57:26	5024		V40	926	00:05:22	6437
5013	1993	Sandra Alves	00:29:12	00:58:53	00:58:21	5288		Senior	194	00:05:10	5982
5014	2424	Otelinda Sousa	00:30:23	00:58:53	00:56:49	4811		V35	107	00:04:46	4628
5015	1444	Ricardo Barreiro	00:29:30	00:58:53	00:58:01	5188		V35	990	00:05:04	5644
5016	3439	Pedro Reis	00:29:47	00:58:53	00:57:41	5090		V35	991	00:04:50	4868

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5017	5466	Jeremias Ribeiro	00:30:22	00:58:53	00:57:58	5174		V70	13	00:04:37	4076
5018	3324	Paulo Brito	00:30:20	00:58:54	00:57:41	5091		V50	352	00:04:49	4789
5019	10289	Nuno Marques	00:32:27	00:58:54	00:57:57	5169		V40	927	00:03:50	1138
5020	1595	Carlos Correia	00:28:39	00:58:54	00:58:32	5330		V35	992	00:05:04	5643
5021	7170	Rui Pereira	00:28:57	00:58:54	00:57:35	5059	INDEG-ISCTE	V45	601	00:05:18	6283
5022	127	Pedro Faro	00:29:55	00:58:55	00:57:55	5164		V45	602	00:05:08	5877
5023	2797	Marco Faria	00:30:01	00:58:56	00:57:43	5100		Senior	1092	00:05:17	6262
5024	3783	Tiago Henriques	00:30:24	00:58:56	00:56:58	4870	Vamos lá	Senior	1093	00:04:45	4607
5025	3562	Paulo Salsa	00:31:38	00:58:56	00:53:43	3719		V35	993	00:04:55	5203
5026	9780	Carlos Carracha	00:30:27	00:58:58	00:56:37	4746		V40	928	00:04:54	5112
5027	3827	Miguel Duarte	00:30:33	00:58:58	00:57:09	4938		Junior	123	00:04:39	4183
5028	7483	Sofia Aguiar	00:28:58	00:58:58	00:58:18	5274	Atletas Ribatejanos	V40	125	00:05:12	6060
5029	7424	Nuno Carrancho	00:30:18	00:58:58	00:57:46	5115		V40	929	00:04:26	3436
5030	6805	Valter Salgado	00:28:59	00:58:59	00:58:46	5385		V55	207	00:05:01	5509
5031	8638	Paulo Costa	00:30:20	00:58:59	00:57:30	5039		V50	353	00:04:47	4676
5032	4946	Ana Fonseca	00:30:31	00:58:59	00:56:52	4839	Starfish	V35	108	00:05:01	5483
5033	9890	Manuel Ogando	00:30:45	00:58:59	00:56:41	4765		Senior	1094	00:04:38	4118
5034	10327	Nuno Cerqueira	00:30:52	00:58:59	00:56:45	4791		Senior	1095	00:04:47	4714
5035	1552	Jorge Reis	00:29:16	00:58:59	00:58:03	5204		V40	930	00:05:21	6386

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
5036	5349	Ron Franken	00:28:40	00:59:00	00:58:52	5424		V60	105	00:04:56	5267
5037	9779	Mario Santos	00:30:42	00:59:00	00:56:40	4763		V45	603	00:04:52	5013
5038	5382	Daniel Dias	00:29:48	00:59:00	00:57:28	5030		Senior	1096	00:05:18	6276
5039	9286	Nuno Moura-Pinheiro	00:29:55	00:59:00	00:57:26	5025		V40	931	00:04:48	4779
5040	313	João Domingues	00:29:10	00:59:00	00:58:26	5312		V40	932	00:04:48	4784
5041	9746	Pedro Costa	00:29:50	00:59:00	00:57:11	4947		Senior	1097	00:04:49	4807
5042	1536	Pedro Rodrigues	00:29:44	00:59:00	00:58:31	5324		V50	354	00:05:10	5935
5043	3178	Mariana Passos	00:30:14	00:59:00	00:57:13	4956		Senior	195	00:04:57	5311
5044	1799	Teresa Estevão	00:27:58	00:59:01	00:58:49	5403	Movimento	V40	126	00:05:00	5449
5045	4156	Paulo Paredes	00:28:19	00:59:01	00:58:41	5365		V40	933	00:04:49	4808
5046	3054	Margariada Rosa	00:29:24	00:59:01	00:58:12	5245	GURUS	V45	80	00:04:48	4783
5047	4335	Rui Reis	00:28:23	00:59:01	00:58:52	5425	CLUBE MILLENNIUM BCP	V35	994	00:05:03	5609
5048	8704	Manuel Horta	00:30:21	00:59:01	00:58:39	5359		V35	995	00:04:40	4272
5049	8034	Carlos Cunha	00:29:57	00:59:02	00:57:37	5065	CunhaValente	V40	934	00:04:44	4549
5050	3691	Filomena Barrancos	00:30:55	00:59:02	00:58:36	5346	GD Banco BPI	V40	127	00:04:46	4637
5051	2493	Célia Vieira	00:29:41	00:59:03	00:58:06	5214	Catch me if you can	V35	109	00:05:04	5640
5052	4927	Miguel Tavares	00:28:47	00:59:03	00:58:42	5367	NovosAmadores	Senior	1098	00:05:08	5870
5053	6491	Fernando Santos	00:29:04	00:59:04	00:57:41	5086	BLUEIP	V40	935	00:04:45	4577
5054	162	Liliana Dâmaso	00:28:36	00:59:04	00:58:26	5313		Senior	196	00:05:37	6910

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5055	1651	Nuno Romano	00:29:37	00:59:04	00:57:42	5096	SAPATISTAS	V35	996	00:05:02	5539
5056	1014	Isabel Alpiarca	00:28:33	00:59:04	00:58:36	5348		V45	81	00:05:10	5944
5057	161	João Palmela	00:28:36	00:59:04	00:58:26	5316		Senior	1099	00:05:38	6930
5058	2955	Raquel Tavares	00:29:07	00:59:04	00:58:51	5419	Açoreana Clube Banif	V35	997	00:04:49	4844
5059	2034	Alexandre Miguel	00:31:41	00:59:04	00:57:58	5178		V45	604	00:04:45	4586
5060	9149	Cristina Santos	00:29:17	00:59:05	00:58:02	5197		V35	110	00:05:02	5551
5061	2648	José Pinto	00:30:29	00:59:05	00:57:37	5064	Os Leões de Alverca	Senior	1100	00:04:39	4194
5062	5878	Lina Cruz	00:29:13	00:59:05	00:58:51	5415		V50	30	00:04:54	5108
5063	6646	Joao Paulo	00:31:34	00:59:06	00:58:21	5289	Os Metralhas BTT / Running	V40	936	00:04:32	3820
5064	7464	Bruno Santos	00:30:51	00:59:06	00:57:45	5109		Senior	1101	00:04:24	3315
5065	8611	Paulo Pereira	00:31:14	00:59:06	00:58:19	5282	Os Metralhas BTT / Running	V45	605	00:04:33	3858
5066	1044	João Machado	00:31:45	00:59:06	00:56:43	4779		V40	937	00:04:21	3090
5067	7178	Jorge Gonçalves	00:30:40	00:59:06	00:57:04	4905		V40	938	00:04:46	4660
5068	2184	Rui Barata	00:28:34	00:59:06	00:57:53	5150	Açoreana Clube Banif	V45	606	00:05:55	7361
5069	1621	Márcia Oliveira	00:30:00	00:59:06	00:57:39	5074	O Coelho é um franganote!	V40	128	00:04:58	5338
5070	5342	Nuno Rocha	00:29:06	00:59:06	00:57:21	4988		Senior	1102	00:05:09	5910
5071	4931	Luis Santos	00:25:00	00:59:07	00:58:57	5457	ODEBRECHT PORTUGAL	V55	208	00:05:49	7225
5072	5005	Joel Coelho	00:30:22	00:59:07	00:57:22	4993	Os Papoilas Saltitantes	V40	939	00:05:02	5537
5073	5006	João Vicente	00:30:22	00:59:07	00:57:25	5020	Os Papoilas Saltitantes	Senior	1103	00:05:01	5498

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
5074	7434	Mário Balseiro	00:30:52	00:59:07	00:58:07	5219	Elite	V35	998	00:04:28	3567
5075	9863	Catarina Nolasco	00:28:54	00:59:07	00:58:55	5443	N.A."OS PAPAGAIOS DE CASCAIS"	V45	82	00:04:43	4486
5076	828	Julieta Santos	00:29:32	00:59:07	00:58:09	5234	Tartarugas Solidárias	V50	31	00:04:57	5298
5077	674	João Carçoço	00:29:53	00:59:08	00:58:03	5203		V55	209	00:04:48	4734
5078	2792	Sandra Serra	00:28:36	00:59:08	00:59:05	5498	SAMIPE	V40	129	00:05:06	5758
5079	5209	Carla Simões	00:28:43	00:59:08	00:58:23	5293	Correr Lisboa	V45	83	00:05:05	5713
5080	3820	Luis Rodrigues	00:30:11	00:59:08	00:57:47	5117		V45	607	00:05:10	5958
5081	1930	Manuel Dias	00:29:40	00:59:08	00:57:12	4950		Senior	1104	00:05:28	6642
5082	9134	António Vicente	00:30:00	00:59:08	00:57:52	5147		V35	999	00:04:55	5158
5083	3772	Antonio Soares	00:29:48	00:59:08	00:57:57	5168		V40	940	00:04:51	4975
5084	9621	Rui Pinheiro	00:30:14	00:59:09	00:57:50	5139		V40	941	00:04:51	4973
5085	89	Telma Moreira	00:29:53	00:59:09	00:57:54	5159		Senior	197	00:05:05	5711
5086	7495	Jorge Narciso	00:29:09	00:59:09	00:58:49	5405	Ratões do Faial	V50	355	00:04:36	4023
5087	5472	Marta Jorge	00:31:34	00:59:09	00:56:59	4877		V35	111	00:04:42	4427
5088	1641	São Galvão	00:30:46	00:59:09	00:57:30	5036	C. A. Amigos Parque da Paz	V45	84	00:04:42	4429
5089	3807	Andreia Sousa	00:27:54	00:59:09	00:59:04	5488		Senior	198	00:05:07	5797
5090	2096	Luis Pires	00:30:47	00:59:09	00:57:30	5037	Volkswagen Autoeuropa	V45	608	00:04:42	4425
5091	860	João Coutinho	00:30:24	00:59:09	00:58:19	5280		V55	210	00:04:39	4196
5092	1341	José Silva	00:30:45	00:59:10	00:57:30	5038	C. A. Amigos Parque da Paz	V60	106	00:04:44	4523



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5093	10117	Luís Domingues	00:32:28	00:59:10	00:53:42	3712		V45	609	00:04:23	3230
5094	8309	Sónia Simões	00:28:33	00:59:10	00:58:57	5455	ACADEMIA DO LUMIAR	V40	130	00:05:14	6140
5095	450	João Gaspar	00:30:08	00:59:11	00:57:40	5077		V50	356	00:04:50	4895
5096	1574	Ricardo Almeida	00:28:19	00:59:11	00:59:02	5483	Os Pé Ligeiro...	V35	1000	00:05:05	5707
5097	2729	Cristina Silva	00:31:08	00:59:11	00:57:47	5118		V40	131	00:04:44	4540
5098	1180	Teresa Moreno	00:28:25	00:59:11	00:58:53	5430		V45	85	00:05:02	5536
5099	5255	João Neto	00:30:43	00:59:12	00:58:20	5285		V40	942	00:04:35	3966
5100	280	Jorge Modesto	00:27:41	00:59:12	00:57:40	5079		V35	1001	00:05:27	6622
5101	2896	Paulo Almeida	00:32:47	00:59:12	00:53:42	3714		V45	610	00:04:24	3282
5102	1124	Miguel Silva	00:31:11	00:59:12	00:53:30	3663	FOCASANAFADAS	V35	1002	00:04:42	4387
5103	3086	Pedro Sérgio	00:28:20	00:59:12	00:58:57	5456	CCD Crédito Agrícola Mútuo	V45	611	00:04:52	5002
5104	6533	Fernando Martins	00:29:29	00:59:12	00:58:16	5267		V45	612	00:05:13	6099
5105	8841	Vanda Lima	00:28:37	00:59:12	00:59:05	5495		Senior	199	00:05:18	6272
5106	6019	Teresa Henriques	00:29:59	00:59:12	00:57:44	5104	LUSO-ATLANTICA SA	V45	86	00:04:52	4988
5107	9706	José Serra	00:32:09	00:59:12	00:54:17	3905	Bué da Serras	V60	107	00:04:36	4027
5108	2481	Miguel Silva	00:28:45	00:59:13	00:58:11	5242	Os Caracóis Furiosos	V40	943	00:05:30	6703
5109	2218	Filipe Ribeiro	00:32:09	00:59:13	00:54:05	3823	Karamelos Running	Senior	1105	00:04:24	3299
5110	7587	Luis Correia	00:30:16	00:59:13	00:57:48	5128	Branças de Neve e os Sacanões	V55	211	00:04:52	5001
5111	7404	Alberto Santos	00:27:26	00:59:13	00:58:33	5331	GD Banco BPI	V55	212	00:04:56	5263

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5112	289	Catarina Pereira	00:30:35	00:59:14	00:57:41	5088		V35	112	00:04:53	5059
5113	3910	Ricardo Santos	00:29:00	00:59:14	00:59:01	5481		V35	1003	00:05:01	5505
5114	9130	João Loureiro	00:29:51	00:59:15	00:57:40	5082	Chitas de Alcobaça	Senior	1106	00:04:50	4902
5115	2603	Madalena Andrade	00:27:54	00:59:15	00:59:11	5524		V35	113	00:05:11	6007
5116	3329	Manuel Varela	00:29:56	00:59:15	00:58:10	5237	Homem Bala	V45	613	00:05:18	6296
5117	2510	André Cabral	00:27:54	00:59:15	00:59:11	5525		V35	1004	00:05:11	6020
5118	3756	Isabel Vieira	00:30:10	00:59:15	00:58:15	5264		V40	132	00:04:50	4874
5119	8392	André Basílio	00:28:33	00:59:15	00:58:16	5268		Senior	1107	00:05:12	6039
5120	9181	Sandra Moura	00:28:24	00:59:16	00:59:14	5544		V35	114	00:05:28	6648
5121	2360	Claudia Simplício	00:29:30	00:59:16	00:58:57	5454		V35	115	00:04:54	5115
5122	1842	Esmeraldo Pereira	00:30:45	00:59:16	00:57:44	5108	SS CGD	V65	44	00:04:39	4219
5123	4660	Sandra Simplício	00:29:31	00:59:16	00:58:57	5452		V35	116	00:04:54	5118
5124	2574	Helena Moreira	00:30:10	00:59:17	00:58:18	5275		V40	133	00:04:55	5187
5125	8941	Flavia Pereira	00:30:35	00:59:17	00:58:17	5271	Feijo!	Senior	200	00:04:33	3845
5126	8054	Ricardo Reis	00:27:52	00:59:17	00:59:06	5502		V35	1005	00:04:25	3345
5127	8158	Carlos Duarte	00:28:34	00:59:17	00:59:10	5521		V55	213	00:05:24	6517
5128	8159	Flor Duarte	00:28:35	00:59:18	00:59:11	5529		Senior	201	00:05:25	6541
5129	7716	Miguel Gaspar	00:26:00	00:59:18	00:59:16	5564		Senior	1108	00:06:20	7805
5130	5929	Maria Gonçalves	00:27:56	00:59:18	00:59:02	5482		Senior	202	00:05:31	6752



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5131	5519	Nuno Sousa	00:29:18	00:59:18	00:58:56	5448	Run Buddy Run	V35	1006	00:04:53	5053
5132	1545	Alberto Monteiro	00:29:37	00:59:18	00:58:24	5305		V40	944	00:05:01	5502
5133	258	Conceição Ferreira	00:28:10	00:59:18	00:59:14	5548	Ferreira	V60	8	00:04:43	4441
5134	7678	Jordi Llorens	00:28:28	00:59:18	00:58:54	5431		V35	1007	00:05:09	5894
5135	613	Joao Silva	00:29:47	00:59:18	00:58:08	5228		V45	614	00:04:59	5416
5136	1432	Anabela Vidigal	00:29:39	00:59:18	00:58:22	5292		V35	117	00:05:01	5491
5137	4461	Goncalo Serrano	00:28:51	00:59:19	00:59:04	5487	CLUBE MILLENNIUM BCP	Junior	124	00:05:01	5499
5138	8562	João Brandão	00:28:37	00:59:19	00:58:55	5445	Jarclim	V45	615	00:05:15	6183
5139	6124	Anabela Alves	00:34:17	00:59:19	00:53:10	3565	Proaventuras	V45	87	00:04:17	2863
5140	4794	Joana Brandão	00:29:47	00:59:19	00:57:49	5136	EggBreakers	V35	118	00:05:05	5709
5141	7419	Joana Ceitil	00:30:18	00:59:20	00:58:08	5229		V35	119	00:04:48	4736
5142	8442	Alberto Sousa	00:30:33	00:59:20	00:58:00	5183		V45	616	00:05:01	5495
5143	9759	Renato Correia	00:31:48	00:59:20	00:57:23	5003		V35	1008	00:04:35	3947
5144	5817	José Abreu	00:28:33	00:59:20	00:58:58	5462	GDCTIN Casa da Moeda	V65	45	00:05:17	6235
5145	7270	Patrícia Maurício	00:30:34	00:59:21	00:58:45	5381	Caralhotas Pseudo Runners	Senior	203	00:04:57	5308
5146	4055	Pedro Tomé	00:28:12	00:59:21	00:59:10	5522		V35	1009	00:05:04	5636
5147	1719	Fernando Chaves	00:30:06	00:59:21	00:57:51	5141		V45	617	00:05:10	5948
5148	9069	Magno Jacinto	00:29:13	00:59:21	00:58:43	5372		V35	1010	00:05:25	6548
5149	7411	Jaime Gomes	00:31:12	00:59:21	00:57:38	5071	Serviços Sociais Montepio Geral	V55	214	00:04:45	4594



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5150	2803	Catarina Lagoa	00:29:15	00:59:21	00:58:24	5302	Tartarugas Solidárias	V45	88	00:05:00	5456
5151	3794	Leonel Neves	00:35:13	00:59:21	00:53:38	3697	Amigos Vale Silencio	V60	108	00:03:36	586
5152	9405	Pedro Silva	00:31:04	00:59:21	00:57:15	4963		V40	945	00:04:41	4348
5153	6473	João Ferreira	00:29:23	00:59:21	00:58:38	5352		V45	618	00:05:25	6553
5154	726	Pedro Ribeiro	00:31:50	00:59:22	00:54:25	3953		V40	946	00:05:06	5744
5155	1804	Jorge Zambujo	00:28:05	00:59:22	00:58:47	5389		V40	947	00:05:26	6590
5156	4633	Pedro Rocha	00:31:09	00:59:22	00:58:13	5249	Run Extraclick	V45	619	00:04:42	4389
5157	8380	Marta Cunha	00:30:02	00:59:22	00:59:09	5514		Senior	204	00:04:36	4048
5158	6165	Paulo Lourenço	00:29:24	00:59:22	00:58:46	5386		V50	357	00:05:01	5508
5159	1684	Carlos Martins	00:30:19	00:59:23	00:57:14	4959		V40	948	00:04:42	4400
5160	2129	Alexandre Cardoso	00:29:43	00:59:23	00:58:06	5213	Açoreana Clube Banif	V40	949	00:05:03	5602
5161	7632	Ricardo Sousa	00:29:56	00:59:23	00:58:01	5190		V40	950	00:05:08	5880
5162	4844	Joao Bolina	00:30:10	00:59:23	00:58:24	5306		V50	358	00:06:10	7662
5163	5239	Maria Pereira	00:31:55	00:59:23	00:57:01	4892	Kenianos do montijo	V35	120	00:04:27	3527
5164	8866	José Monteiro	00:29:41	00:59:23	00:59:11	5526		V55	215	00:04:39	4190
5165	5238	Marta Lima	00:31:54	00:59:23	00:57:00	4887	Kenianos do montijo	Senior	205	00:04:28	3576
5166	6626	Paulo Costa	00:31:04	00:59:23	00:58:15	5258	Pastelaria Charly's	V40	951	00:04:27	3486
5167	4814	Orlando Rebelo	00:29:05	00:59:24	00:58:17	5270	MAFRA COM VENTO	V55	216	00:04:59	5404
5168	7804	Antonio Fonseca	00:30:15	00:59:24	00:57:25	5018	AC do Caracol	V35	1011	00:05:07	5827

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5169	5790	Rui Machado	00:30:15	00:59:24	00:57:37	5067		Senior	1109	00:04:42	4437
5170	9695	Carlos Serra	00:28:58	00:59:24	00:57:15	4960		V40	952	00:05:22	6436
5171	2959	Fabio Carvalho	00:28:12	00:59:24	00:59:21	5585		V35	1012	00:05:10	5967
5172	8182	Guilherme Rosa	00:30:39	00:59:24	00:57:13	4955	N&A CNAS	V50	359	00:04:59	5401
5173	2203	Manuel Vasquez	00:28:18	00:59:24	00:58:58	5467		V55	217	00:05:17	6245
5174	2768	Eduardo Freitas	00:30:51	00:59:24	00:57:27	5027	Fast & Furious Runners Team	V45	620	00:04:27	3516
5175	2294	Patrícia Calado	00:30:18	00:59:24	00:58:14	5252	Run 4 Fun	V40	134	00:05:11	6001
5176	2191	Vítor Rafael	00:30:44	00:59:25	00:58:34	5339	Açoreana Clube Banif	V50	360	00:04:45	4574
5177	6022	José Paio	00:30:31	00:59:25	00:58:43	5373		V40	953	00:04:27	3525
5178	2295	César Moreira	00:30:18	00:59:25	00:58:15	5259	Run 4 Fun	V35	1013	00:05:12	6033
5179	5859	Carlos Azevedo	00:30:45	00:59:25	00:58:33	5338		V45	621	00:04:47	4688
5180	4716	Ana Almeida	00:29:21	00:59:25	00:58:30	5321	Rolha Cycling Club	Senior	206	00:05:10	5940
5181	7975	Nuno Almeida	00:30:32	00:59:25	00:58:05	5211	Mama's Kitchen	V35	1014	00:04:53	5055
5182	5144	Gustavo Luís	00:32:02	00:59:26	00:59:16	5561		Senior	1110	00:04:31	3730
5183	4473	Luis Policarpo	00:27:51	00:59:26	00:59:16	5557		V50	361	00:05:16	6211
5184	8636	Mónica Iglésias	00:30:29	00:59:26	00:57:55	5163		V35	121	00:04:56	5238
5185	1909	Luiz Rosa	00:23:41	00:59:26	00:59:16	5554	Clube Atletismo Amigos de Belém	V60	109	00:05:21	6415
5186	3310	Carmen Cristino	00:30:33	00:59:26	00:58:02	5194	GRCD Leião	V40	135	00:04:36	4040
5187	5488	Elisabete Pinhel	00:29:03	00:59:26	00:58:56	5449		V35	122	00:05:04	5635

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5188	3057	Catia Pinto	00:29:23	00:59:26	00:58:36	5344	GURUS	Senior	207	00:05:13	6081
5189	376	Gonçalo Florindo	00:30:54	00:59:27	00:57:46	5116		V35	1015	00:04:47	4677
5190	7837	Jorge Antunes	00:29:47	00:59:27	00:58:36	5345	Volkswagen Autoeuropa	V35	1016	00:05:18	6270
5191	8519	Frederico Carlota	00:31:28	00:59:27	00:58:12	5244		Senior	1111	00:05:02	5538
5192	2876	Paula Marques	00:30:09	00:59:27	00:57:57	5173		V45	89	00:04:36	4035
5193	3327	Luis Marques	00:28:55	00:59:27	00:58:35	5341		V55	218	00:05:09	5924
5194	3913	Joana Rebelo	00:29:43	00:59:28	00:57:43	5099		V35	123	00:05:18	6267
5195	9864	Verónica Vinhas	00:28:53	00:59:28	00:59:16	5559	N.A."OS PAPAGAIOS DE CASCAIS"	V45	90	00:05:02	5530
5196	9592	Ana Martinho	00:29:53	00:59:28	00:59:12	5531		Senior	208	00:04:46	4626
5197	7961	Rui Carneiro	00:31:27	00:59:28	00:58:13	5250		V40	954	00:05:03	5614
5198	431	Marta Machado	00:28:51	00:59:28	00:58:48	5398	Matos, Fonseca & Friends	V35	124	00:05:15	6159
5199	9529	Pedro Antão	00:29:53	00:59:28	00:59:10	5518		Senior	1112	00:04:46	4629
5200	5383	Luis Fernandes	00:32:17	00:59:28	00:53:52	3768		V35	1017	00:04:23	3220
5201	879	Ana Martins	00:28:59	00:59:29	00:59:13	5536	Falcões Selvagens	V50	32	00:05:07	5824
5202	8268	Helder Martinho	00:29:58	00:59:29	00:57:24	5010		Senior	1113	00:05:11	6002
5203	2920	Manuel Narciso	00:28:59	00:59:29	00:58:38	5353	Serviços Sociais Montepio Geral	V50	362	00:04:53	5064
5204	6809	Susana Amorim	00:28:27	00:59:29	00:59:23	5597	Correr Lisboa	Senior	209	00:05:01	5473
5205	355	Bogdan Bodyanchuk	00:28:16	00:59:30	00:59:06	5501		Senior	1114	00:05:11	5994
5206	1382	Claudia Mestre	00:31:58	00:59:30	00:54:53	4122	Volkswagen Autoeuropa	V35	125	00:04:38	4133

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
5207	715	Sérgio Martins	00:31:08	00:59:30	00:57:19	4981		V40	955	00:04:44	4514
5208	4252	Jaime Ribeiro	00:30:07	00:59:30	00:57:54	5158	Branças de Neve e os Sacanões	Senior	1115	00:04:50	4879
5209	1634	Diogo Rebelo	00:30:07	00:59:30	00:57:53	5151	Fund Box	Senior	1116	00:04:51	4958
5210	1705	Alessandro Margheri	00:29:45	00:59:31	00:58:12	5246	MONSTROS DAS BOLACHAS	V50	363	00:04:45	4580
5211	823	Sara Reis	00:30:05	00:59:31	00:57:41	5089	Leitaria	Senior	210	00:05:03	5597
5212	9347	José Leitão	00:30:38	00:59:31	00:57:10	4944		V40	956	00:04:45	4599
5213	7596	Joao Duarte	00:32:01	00:59:31	00:58:54	5434		Senior	1117	00:04:11	2469
5214	5073	Catarina Silva	00:28:15	00:59:31	00:59:14	5547	Bacalhau Runners	Senior	211	00:05:14	6135
5215	824	Diogo Santos	00:30:05	00:59:31	00:57:41	5092	Leitaria	Senior	1118	00:05:03	5596
5216	8313	Carlos Macedo	00:28:44	00:59:31	00:58:42	5368		Junior	125	00:05:39	6960
5217	9536	Sónia Maurício	00:30:51	00:59:31	00:57:10	4942		V35	126	00:04:51	4957
5218	3418	Daniel Costa	00:29:08	00:59:32	00:59:05	5493		Senior	1119	00:05:01	5484
5219	9508	Susana Pinheiro	00:30:15	00:59:32	00:58:14	5255		Senior	212	00:04:51	4977
5220	10112	Nuno Dinis	00:31:46	00:59:32	00:54:41	4047	CGI	Senior	1120	00:04:26	3421
5221	4058	Diogo Matos	00:30:11	00:59:32	00:57:24	5009		Senior	1121	00:04:44	4516
5222	6977	Maria Fernandes	00:28:49	00:59:32	00:58:03	5201		V45	91	00:05:09	5919
5223	801	Luís Martins	00:31:17	00:59:33	00:57:25	5013		V45	622	00:04:54	5125
5224	5165	Custodio Quibina	00:30:45	00:59:33	00:57:18	4976		Senior	1122	00:04:37	4098
5225	7236	Luís Alves	00:29:55	00:59:33	00:57:47	5119		Senior	1123	00:05:34	6823

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5226	5242	António Raposo	00:30:55	00:59:33	00:58:37	5349		V50	364	00:04:30	3677
5227	3477	José Moreira	00:29:19	00:59:34	00:58:20	5283		V40	957	00:05:05	5710
5228	10406	Andreia Vale	00:27:37	00:59:34	00:59:30	5626		V35	127	00:05:13	6104
5229	4404	Cristina Lourenco	00:29:31	00:59:34	00:59:14	5541	CLUBE MILLENNIUM BCP	V45	92	00:05:00	5459
5230	8312	Carlos Guerra	00:28:15	00:59:34	00:59:21	5583	Clube Vodafone	V40	958	00:04:52	5027
5231	316	Alexandre Costa	00:28:29	00:59:34	00:59:01	5479		V50	365	00:05:10	5956
5232	4082	Rui Nunes	00:29:38	00:59:34	00:58:38	5354	Volkswagen Autoeuropa	V50	366	00:05:09	5906
5233	6615	Eduardo Correia	00:28:53	00:59:35	00:58:44	5375		V60	110	00:05:08	5876
5234	5166	José Vasconcelos	00:29:28	00:59:35	00:58:37	5351		V40	959	00:05:02	5569
5235	3699	Luís Carreira	00:30:29	00:59:35	00:58:07	5217		V35	1018	00:04:57	5293
5236	967	Jackie Gaspar	00:29:38	00:59:35	00:58:47	5391	Volkswagen Autoeuropa	V35	128	00:05:11	5988
5237	7956	Raul Girão	00:31:08	00:59:35	00:57:09	4936	Caracol Turbo	V55	219	00:04:51	4945
5238	10455	Patricia Dias	00:32:14	00:59:35	00:58:18	5279		Senior	213	00:04:36	4030
5239	4658	Nuno Carvalho	00:30:23	00:59:36	00:57:12	4951		V35	1019	00:04:55	5167
5240	886	Alexandre Rodrigues	00:29:48	00:59:36	00:58:51	5421		V35	1020	00:05:03	5594
5241	4210	Ricardo Cano	00:30:21	00:59:36	00:58:51	5418	Clube Atletismo Amigos de Belém	V35	1021	00:04:59	5414
5242	2588	José Ribeiro	00:30:44	00:59:36	00:59:07	5507		V60	111	00:04:25	3378
5243	1915	Paulo Lourinho	00:31:22	00:59:36	00:58:51	5420	Clube Atletismo Amigos de Belém	V45	623	00:04:59	5413
5244	7943	Fernando Alves	00:30:20	00:59:37	00:58:20	5284	SS CGD	V50	367	00:04:45	4597



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5245	8073	Alexandre Marques	00:29:09	00:59:37	00:59:17	5565	H2Ovita	V40	960	00:05:01	5489
5246	8074	Paula Pires	00:29:09	00:59:37	00:59:17	5566	H2Ovita	V35	129	00:05:01	5488
5247	6253	Sonia Santos	00:30:17	00:59:37	00:58:54	5435		Senior	214	00:05:12	6031
5248	268	Rui Barros	00:30:01	00:59:37	00:55:33	4370		V45	624	00:04:56	5259
5249	6239	Antonio Junior	00:29:18	00:59:38	00:59:20	5581		V35	1022	00:05:38	6922
5250	7878	Joana Correia	00:28:31	00:59:38	00:59:18	5570		V35	130	00:05:17	6261
5251	1148	Joana Pereira	00:29:57	00:59:38	00:58:53	5428		V35	131	00:04:57	5278
5252	3176	Diana Florindo	00:28:14	00:59:38	00:59:33	5644		Senior	215	00:05:12	6050
5253	1284	Paulo Bentes	00:32:27	00:59:39	00:57:34	5053		V40	961	00:04:25	3377
5254	1368	José Peixoto	00:31:22	00:59:39	00:57:59	5182		V35	1023	00:04:36	4054
5255	9510	Ana Ribeiro	00:30:46	00:59:39	00:58:23	5299	Bebuxos	Senior	216	00:05:21	6394
5256	9509	Joel Couto	00:30:45	00:59:39	00:58:23	5298	Bebuxos	Senior	1124	00:05:21	6392
5257	2246	Filipa Lima	00:30:13	00:59:39	00:58:04	5206	TFM	V35	132	00:05:00	5424
5258	6069	Elisabete Costa	00:28:54	00:59:39	00:59:34	5646		V40	136	00:04:56	5266
5259	902	Ana Pedroto	00:29:53	00:59:40	00:58:55	5444		V35	133	00:04:57	5302
5260	901	Rui Pedroto	00:29:52	00:59:40	00:58:55	5442		V35	1024	00:04:57	5275
5261	8730	Ricardo Miranda	00:30:16	00:59:40	00:58:39	5361		V35	1025	00:04:45	4555
5262	7869	Carlos Brazao	00:30:32	00:59:40	00:58:26	5315		V50	368	00:04:56	5257
5263	1010	Sandra Caldeira	00:30:13	00:59:41	00:59:07	5505		V40	137	00:05:00	5463



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<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5264	1207	Gabriel Cruz	00:29:39	00:59:41	00:59:08	5508		V70	14	00:05:08	5866
5265	8050	Nádia Lucas	00:30:01	00:59:41	00:59:30	5627		Senior	217	00:04:40	4233
5266	4207	Paulo Santos	00:30:42	00:59:41	00:57:52	5146		V35	1026	00:04:51	4917
5267	7218	Arlindo Oliveira	00:29:31	00:59:41	00:59:14	5542	PepeRapido	V50	369	00:04:57	5288
5268	10115	Rui Salema	00:33:04	00:59:41	00:54:51	4110	CGI	V40	962	00:04:29	3619
5269	7019	Gilberto Cardoso	00:30:03	00:59:41	00:59:00	5475		V35	1027	00:04:59	5377
5270	2715	Ana Peixoto	00:30:09	00:59:42	00:58:11	5238		V45	93	00:04:50	4894
5271	576	João Figueiredo	00:33:20	00:59:42	00:53:35	3676		V35	1028	00:04:08	2268
5272	2756	Paula Bakker	00:30:49	00:59:42	00:57:40	5080	Fast & Furious Runners Team	V40	138	00:04:45	4569
5273	1281	Graça Santos	00:29:42	00:59:42	00:59:06	5500		V45	94	00:05:04	5663
5274	7987	Cláudia Bicho	00:30:41	00:59:42	00:59:31	5632		Senior	218	00:04:54	5130
5275	806	Alexandra Correia	00:30:21	00:59:42	00:59:22	5594		V40	139	00:04:42	4432
5276	2851	Rui Braz	00:28:12	00:59:43	00:59:08	5512		Senior	1125	00:05:48	7197
5277	9187	José Ramos	00:29:55	00:59:43	00:59:28	5616		V50	370	00:04:31	3735
5278	3232	Joana Baptista	00:29:46	00:59:44	00:58:19	5281	G D C Banco de Portugal	Senior	219	00:05:01	5468
5279	8297	Carlos Cortês	00:30:49	00:59:45	00:58:09	5233	PowerBoost Club	V50	371	00:04:47	4712
5280	10560	Diogo Tavares	00:30:48	00:59:45	00:59:22	5595		Senior	1126	00:04:46	4669
5281	6900	Ana Monteiro	00:28:51	00:59:45	00:59:15	5552		Senior	220	00:05:23	6476
5282	9974	Pedro Martins	00:29:28	00:59:45	00:59:13	5538		V40	963	00:05:04	5653



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5283	5698	Claudia Silva	00:28:36	00:59:45	00:59:41	5681	Nel-Péd atleta	V40	140	00:05:09	5917
5284	4928	Adelino Pereira	00:29:28	00:59:45	00:59:35	5649	ODEBRECHT PORTUGAL	V50	372	00:05:04	5661
5285	9282	Luís Mota	00:31:01	00:59:45	00:57:39	5073		Senior	1127	00:05:38	6934
5286	6376	Jorge Almeida	00:30:42	00:59:45	00:58:48	5396		Senior	1128	00:04:54	5146
5287	9975	Pedro Ribeiro	00:29:28	00:59:45	00:59:14	5546		V45	625	00:05:04	5654
5288	6233	Pedro Santos	00:29:59	00:59:45	00:58:58	5458		V40	964	00:04:48	4746
5289	8475	Marina Gabão	00:29:51	00:59:46	00:59:43	5693		V40	141	00:04:53	5065
5290	6397	Carla Conchinha	00:31:04	00:59:46	00:57:29	5034	Serviços Sociais Montepio Geral	V35	134	00:04:51	4916
5291	3382	Jorge Maia	00:29:28	00:59:46	00:58:35	5342		V50	373	00:04:52	5017
5292	4839	Sérgio Matos	00:33:47	00:59:47	00:54:29	3976		V35	1029	00:04:07	2142
5293	4817	Luis Silva	00:29:48	00:59:47	00:59:15	5553		V35	1030	00:05:07	5798
5294	7592	Filipe Madeira	00:29:15	00:59:47	00:58:53	5426		V40	965	00:05:17	6222
5295	9278	Jorge Rodrigues	00:31:11	00:59:47	00:58:23	5296		V50	374	00:04:37	4102
5296	919	Micael Carreira	00:31:34	00:59:47	00:54:53	4123	Os Moleiro do Colibride	Senior	1129	00:04:32	3770
5297	6360	João Santos	00:29:03	00:59:48	00:59:29	5624		V40	966	00:04:30	3676
5298	1200	Alexandre Baptista	00:31:36	00:59:48	00:59:01	5480	Run Buddy Run	Senior	1130	00:04:44	4520
5299	6640	José Teles	00:28:33	00:59:48	00:59:37	5658		V50	375	00:05:26	6579
5300	7600	Bruno Silva	00:27:13	00:59:48	00:59:46	5707		V35	1031	00:05:23	6472
5301	8122	João Seguro	00:30:35	00:59:48	00:57:34	5056		V35	1032	00:04:46	4661



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5302	7974	Ricardo Santos	00:30:32	00:59:49	00:58:29	5320	Mama's Kitchen	Senior	1131	00:04:53	5062
5303	8329	Antonio Rosa	00:30:59	00:59:49	00:58:05	5210		V50	376	00:04:11	2472
5304	1933	Francisco Maia	00:30:00	00:59:49	00:58:33	5333		V55	220	00:04:49	4825
5305	5852	Osvaldo Almada	00:28:33	00:59:49	00:59:38	5663		V35	1033	00:05:27	6602
5306	8879	Abel Vieira	00:29:32	00:59:49	00:57:57	5170		V35	1034	00:04:51	4939
5307	8118	Pedro Santos	00:29:52	00:59:49	00:59:03	5484		V40	967	00:05:11	6000
5308	6337	Sandro Lavado	00:30:13	00:59:49	00:57:45	5113		Senior	1132	00:04:57	5313
5309	1048	António Ferreira	00:29:23	00:59:50	00:59:27	5614		V65	46	00:04:59	5386
5310	8535	Luís Pedro	00:30:39	00:59:50	00:59:22	5590		V50	377	00:04:32	3775
5311	7003	João Zarro	00:30:06	00:59:50	00:58:42	5369		V35	1035	00:05:17	6232
5312	4124	José Gomes	00:27:06	00:59:50	00:59:40	5677		Senior	1133	00:05:17	6260
5313	5619	Miguel Silva	00:29:00	00:59:50	00:59:33	5642	Bacalhau Runners	Senior	1134	00:05:10	5968
5314	8926	Francisco Ferreira	00:30:03	00:59:51	00:57:23	5004		Senior	1135	00:04:54	5119
5315	4604	Joel Ferreira	00:30:03	00:59:51	00:58:51	5417		Senior	1136	00:05:32	6768
5316	2702	Rosa Dias	00:31:18	00:59:51	00:58:12	5243		V45	95	00:04:45	4611
5317	7639	Mario Silva	00:29:40	00:59:51	00:58:50	5413	afrs	V45	626	00:04:55	5185
5318	2453	Tiago Pito	00:30:17	00:59:51	00:58:50	5410		V35	1036	00:04:52	5041
5319	4611	Fernando Torres	00:29:53	00:59:51	00:59:25	5604		V50	378	00:04:36	4037
5320	9234	José Amado	00:28:51	00:59:52	00:59:44	5698		V65	47	00:04:48	4786

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5321	9750	Tiago Fernandes	00:33:27	00:59:52	00:58:30	5322		Senior	1137	00:03:57	1546
5322	2629	Duarte Sousa	00:33:47	00:59:52	00:54:09	3848	ACLIS LIBERTY SEGUROS	V40	968	00:04:16	2750
5323	259	Dorindo Ferreira	00:27:43	00:59:52	00:59:47	5717	Ferreira	V65	48	00:05:04	5657
5324	284	Sofia Moura	00:29:32	00:59:53	00:59:38	5664		Senior	221	00:04:59	5384
5325	1945	Pedro Coelho	00:31:15	00:59:53	00:54:50	4101		V45	627	00:04:55	5188
5326	8761	Carlos Varela	00:31:28	00:59:53	00:58:02	5193		V45	628	00:04:42	4431
5327	5744	Isabel França	00:29:05	00:59:54	00:59:52	5736		V40	142	00:05:01	5506
5328	1946	Catarina Castro	00:30:03	00:59:54	00:58:54	5436	Tartarugas Solidárias	Senior	222	00:04:45	4613
5329	3559	Ines Guimaraes	00:31:10	00:59:55	00:59:34	5647		Senior	223	00:04:41	4322
5330	8177	André Durães	00:30:05	00:59:55	00:58:06	5215		Senior	1138	00:04:58	5320
5331	2895	Daniel Sebastiao	00:30:36	00:59:55	00:57:58	5176		Senior	1139	00:04:42	4411
5332	946	Vitor Pessanha	00:28:37	00:59:55	00:59:23	5596		V35	1037	00:05:20	6350
5333	8948	Dinis Martins	00:30:23	00:59:56	00:58:45	5379		V40	969	00:05:08	5860
5334	253	Marta Berneaud	00:30:25	00:59:56	00:58:27	5318		Senior	224	00:05:02	5554
5335	6425	Joao Martins	00:28:45	00:59:56	00:58:50	5408		V40	970	00:05:41	7020
5336	6806	Raul Santos	00:30:24	00:59:56	00:59:36	5656		V35	1038	00:04:36	4038
5337	2819	Carlos Cagica	00:28:12	00:59:57	00:59:29	5625	CCD Siemens	V45	629	00:05:32	6763
5338	4460	Cristina Serrano	00:29:58	00:59:57	00:59:40	5675	CLUBE MILLENNIUM BCP	V45	96	00:04:33	3878
5339	5199	Judite Basilio	00:29:44	00:59:57	00:59:15	5550		V50	33	00:05:14	6117

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5340	2299	António Serra	00:29:08	00:59:57	00:59:41	5680	ADCSA Baldio	V50	379	00:05:00	5425
5341	7310	Ana Marcelino	00:30:21	00:59:57	00:57:33	5046		Senior	225	00:04:59	5380
5342	6254	João Fontes	00:30:47	00:59:58	00:58:45	5380		V35	1039	00:05:00	5422
5343	1231	Liliana Monteiro	00:29:40	00:59:58	00:58:15	5260		V35	135	00:05:26	6584
5344	9032	Victor Riscado	00:31:05	00:59:58	00:57:54	5157		V40	971	00:04:42	4402
5345	7113	Vasco Vieira	00:32:01	00:59:58	00:57:58	5179	INDEG-ISCTE	V35	1040	00:04:36	4044
5346	21	Miguel Frade	00:32:59	00:59:59	00:53:54	3779		Senior	1140	00:04:42	4398
5347	4535	Pedro Amaral	00:26:28	00:59:59	00:59:56	5764		V40	972	00:07:23	8249
5348	6310	Rui Branco	00:33:49	00:59:59	00:50:56	2902	VdAtletas	V40	973	00:04:15	2741
5349	8634	Bernardo Rodrigues	00:30:06	00:59:59	00:58:58	5464		V40	974	00:04:44	4517
5350	6319	Nuno Pinto	00:27:58	00:59:59	00:59:54	5749		V45	630	00:05:12	6032
5351	7827	Ana Barata	00:29:29	01:00:00	00:59:22	5593		V60	9	00:05:23	6481
5352	4489	João Furtado	00:30:00	01:00:00	00:59:12	5533		V40	975	00:04:52	5032
5353	7213	Jorge Silva	00:30:48	01:00:00	00:58:24	5304		V40	976	00:04:47	4716
5354	2412	João Lourenço	00:32:05	01:00:00	00:57:42	5098		Senior	1141	00:04:41	4333
5355	1538	Pedro Silva	00:30:48	01:00:00	00:58:24	5301	RiTom	V40	977	00:04:47	4687
5356	6287	Maria Correia	00:31:04	01:00:00	00:57:53	5152		V45	97	00:04:51	4947
5357	9801	João Madeira	00:28:39	01:00:01	00:59:14	5543		V35	1041	00:05:19	6332
5358	5883	Cláudia Pereira	00:29:12	01:00:01	00:59:43	5687		V35	136	00:05:10	5962



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5359	2155	Maria Sanches	00:29:06	01:00:01	00:58:48	5400	Açoreana Clube Banif	V40	143	00:05:07	5772
5360	5884	Luís Ferreira	00:29:13	01:00:01	00:59:43	5688		V40	978	00:05:10	5960
5361	5031	Claudia Lopes	00:29:01	01:00:02	00:59:54	5748	Clube ANA Lisboa	V40	144	00:05:12	6036
5362	2932	Ana Santos	00:30:52	01:00:02	00:59:25	5603	GDINE	V50	34	00:04:49	4840
5363	1357	João Sousa	00:31:45	01:00:02	00:57:38	5068		V55	221	00:05:01	5513
5364	1500	Ana Varejão	00:29:41	01:00:02	00:58:58	5463	Run 4 Fun	V50	35	00:04:59	5378
5365	1512	Catia Mariano	00:30:26	01:00:03	00:58:59	5473		Senior	226	00:04:47	4690
5366	4610	Claudio Casali	00:30:41	01:00:03	00:58:33	5336		V45	631	00:04:49	4839
5367	6282	Fernando Faria	00:29:13	01:00:04	00:59:10	5516	Link	V50	380	00:05:00	5446
5368	1398	Paulo Ferreira	00:31:31	01:00:04	00:54:06	3831		V40	979	00:05:05	5716
5369	1564	Rui Alves	00:31:37	01:00:04	00:58:48	5397		V40	980	00:04:36	4041
5370	8910	Luciano Paixão	00:29:44	01:00:04	00:59:20	5576		V35	1042	00:05:19	6339
5371	859	Joao Rodrigues	00:31:59	01:00:04	00:58:42	5371		Junior	126	00:04:09	2303
5372	10436	André Sousa	00:30:22	01:00:05	00:58:15	5263		Senior	1142	00:05:03	5587
5373	887	Pedro Beato	00:29:47	01:00:05	00:59:20	5580		V35	1043	00:05:04	5667
5374	3802	António Silva	00:29:34	01:00:05	00:59:45	5700	Amigos Vale Silencio	V65	49	00:05:20	6344
5375	1762	Tiago Tremeço	00:30:59	01:00:05	00:57:45	5111	Somust	Senior	1143	00:05:26	6588
5376	10517	6 Min/Km	00:30:16	01:00:06	01:00:05	5805		Junior	127	00:05:44	7110
5377	1833	Carlos Dias	00:31:16	01:00:06	00:59:05	5491	Corredores de Paredão	V35	1044	00:04:28	3573



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5378	8053	André Matos	00:27:53	01:00:06	00:59:55	5755		V35	1045	00:05:13	6085
5379	7919	Rui Louzeiro	00:31:20	01:00:07	00:57:44	5103	Ginásio Clube Português	V50	381	00:04:40	4264
5380	2478	João Lino	00:29:11	01:00:07	00:59:48	5718	Salvaterra Night Runners	Senior	1144	00:04:58	5356
5381	394	Carlos Sampaio	00:30:24	01:00:08	00:58:37	5350		V50	382	00:05:12	6030
5382	7489	Fernando Contente	00:31:35	01:00:08	00:59:22	5587	Os Metralhas BTT / Running	V45	632	00:04:51	4941
5383	9941	Olimpio Farragolo	00:31:35	01:00:08	00:59:22	5588	Os Metralhas BTT / Running	V45	633	00:04:51	4950
5384	7933	Vitor Duarte	00:29:34	01:00:08	00:59:26	5607	cruz de pau feito	V35	1046	00:05:03	5626
5385	2524	Bernanrdo Maia	00:30:50	01:00:09	00:57:46	5114	GDC Fidelidade	V40	981	00:05:03	5625
5386	5540	Cláudia Matos	00:30:47	01:00:09	00:58:01	5189		V35	137	00:05:03	5624
5387	2475	Paulo Almeida	00:30:56	01:00:09	00:57:56	5165	Lebres de Pegões	V35	1047	00:05:00	5437
5388	6672	Manuel Hortega	00:31:29	01:00:09	00:58:05	5208	Hortega Serviços	Junior	128	00:04:43	4461
5389	1868	Paulo Bailão	00:30:47	01:00:09	00:58:54	5439	SS CGD	V40	982	00:04:38	4119
5390	5719	Bruno Lucas	00:29:52	01:00:09	00:59:35	5653		Senior	1145	00:05:15	6155
5391	3168	Joaquim Campino	00:30:53	01:00:09	00:58:32	5329		V35	1048	00:04:58	5366
5392	5121	Cátia Nogueira	00:29:16	01:00:10	00:59:18	5569	FERAS DE MASSAMÁ	V35	138	00:04:50	4882
5393	8737	Julio Coelho	00:30:15	01:00:10	00:58:59	5469		V40	983	00:04:56	5242
5394	4236	Ana Duarte	00:30:25	01:00:10	00:58:55	5440		V40	145	00:04:55	5207
5395	720	Gonçalo Pedro	00:31:00	01:00:10	00:57:52	5144		Senior	1146	00:04:46	4627
5396	5594	João Vasconcelos	00:28:07	01:00:10	00:59:43	5690	Clube TAP PORTUGAL	V50	383	00:05:01	5480



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5397	3071	Luís Matias	00:30:19	01:00:10	00:59:49	5724		V55	222	00:05:15	6150
5398	39	Joaquim Correia	00:30:08	01:00:10	00:58:57	5453		V40	984	00:05:25	6554
5399	5743	Helder Silvério	00:31:22	01:00:11	00:58:45	5378		V40	985	00:04:49	4820
5400	1486	António Pinto	00:29:48	01:00:11	00:59:24	5602	MultiRunners	V40	986	00:05:05	5718
5401	1482	Daniel Raposo	00:29:48	01:00:11	00:59:24	5599	MultiRunners	Senior	1147	00:05:06	5738
5402	4628	Carolina Santos	00:30:00	01:00:11	00:59:05	5490		V35	139	00:05:01	5469
5403	1479	João Pereira	00:32:02	01:00:11	00:55:17	4284	MultiRunners	V45	634	00:05:06	5741
5404	7152	Ricardo Dimas	00:31:09	01:00:11	00:58:27	5317	INDEG-ISCTE	Senior	1148	00:04:36	4029
5405	1864	Patricia Morais	00:30:15	01:00:11	00:58:53	5429	SS CGD	V35	140	00:05:18	6289
5406	9497	Pedro Macedo	00:30:26	01:00:12	00:59:01	5477		V50	384	00:04:38	4117
5407	1477	José Alípio	00:29:48	01:00:12	00:59:26	5609	MultiRunners	V40	987	00:05:07	5781
5408	1988	Nuno Teixeira	00:33:55	01:00:12	01:00:02	5788		V35	1049	00:04:03	1906
5409	5271	Carlos Cabaceira	00:30:29	01:00:12	00:59:10	5515	Cabaceira Sports & Run	Junior	129	00:04:51	4934
5410	5766	Paulo Rodrigues	00:29:40	01:00:12	00:58:50	5411	Run 4 T Fun	V35	1050	00:05:27	6628
5411	6603	José Almeida	00:29:12	01:00:13	00:58:38	5358		V40	988	00:05:06	5733
5412	4793	Arménio Patricio	00:30:32	01:00:13	00:59:13	5540	LINDA-A-PASTORA SPORTING CLUBE	V70	15	00:04:37	4103
5413	5512	Gonçalo Vieira	00:33:39	01:00:13	00:54:21	3920	Georunners	V40	989	00:04:21	3140
5414	7815	Liliana Rodrigues	00:28:59	01:00:13	00:59:19	5575	Serviços Sociais Montepio Geral	Senior	227	00:05:33	6787
5415	9747	Luciano Reis	00:29:09	01:00:14	01:00:02	5787		Senior	1149	00:04:53	5067



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5416	1476	José Finuras	00:29:48	01:00:14	00:59:28	5621	MultiRunners	V40	990	00:05:11	6004
5417	5365	Bruno Casadinho	00:31:21	01:00:15	00:58:50	5409	ARDD Clube	Senior	1150	00:05:27	6625
5418	7413	Hugo Henriques	00:34:11	01:00:15	00:54:10	3859		V35	1051	00:04:10	2375
5419	977	João Ribeiro	00:29:00	01:00:16	00:59:52	5740		Senior	1151	00:05:21	6383
5420	1304	Rui Casimiro	00:30:38	01:00:16	01:00:01	5785		V40	991	00:04:58	5330
5421	7514	Miguel Campos	00:27:48	01:00:16	01:00:15	5853		V35	1052	00:05:55	7363
5422	1280	Elsa Gaspar	00:31:30	01:00:16	00:55:17	4283		Senior	228	00:04:53	5060
5423	1519	Miguel Crespo	00:33:09	01:00:16	00:58:59	5470		V45	635	00:04:38	4112
5424	2205	Patrícia Miranda	00:26:54	01:00:17	01:00:07	5818		V40	146	00:05:49	7239
5425	6871	João Funcke	00:29:58	01:00:17	00:59:14	5549	VdAtletas	Senior	1152	00:05:13	6089
5426	7242	João Ramos	00:30:47	01:00:17	00:58:16	5269	4Client	V40	992	00:04:59	5381
5427	10586	Sérgio Nunes	00:27:55	01:00:18	01:00:09	5824		Senior	1153	00:05:20	6361
5428	1903	Vitor Dinis	00:28:56	01:00:18	00:59:42	5684		V50	385	00:05:16	6219
5429	9622	Mauro Santos	00:31:01	01:00:19	00:58:49	5402		Senior	1154	00:04:54	5137
5430	4450	Eduardo Vilhena	00:31:43	01:00:19	00:59:28	5619	CLUBE MILLENNIUM BCP	V45	636	00:04:33	3828
5431	1569	André Carmo	00:30:37	01:00:19	00:58:00	5184	run 4 you	V35	1053	00:05:05	5723
5432	292	Jorge Costa	00:29:40	01:00:19	00:59:40	5678		V55	223	00:05:17	6225
5433	1090	Ricardo Simões	00:28:23	01:00:20	00:59:10	5520	Quinta do guiks friends	V35	1054	00:05:28	6654
5434	41	Madalena Dordio	00:28:32	01:00:20	01:00:11	5832		V35	141	00:05:29	6669



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5435	3185	César Modesto	00:28:32	01:00:20	00:59:57	5768		Senior	1155	00:04:47	4671
5436	1953	Bruno Freire	00:30:32	01:00:20	00:55:26	4331	Rebola Caixotes	Senior	1156	00:04:28	3575
5437	8769	Liliana Santos	00:30:11	01:00:20	01:00:10	5831		Senior	229	00:05:06	5748
5438	3407	Joaquim Santos	00:29:49	01:00:21	01:00:03	5791		V60	112	00:05:17	6230
5439	9053	Maria Alves	00:30:48	01:00:21	00:56:17	4619	A.M.Atibá	V45	98	00:04:54	5141
5440	5194	Pedro Monteiro	00:29:07	01:00:21	00:59:49	5725		V40	993	00:05:08	5879
5441	8883	Filipe Costa	00:30:49	01:00:21	00:59:06	5499		V35	1055	00:04:49	4792
5442	9028	Carlos Pardelha	00:29:42	01:00:21	01:00:17	5868		V45	637	00:05:07	5817
5443	8552	Sandra Cardoso	00:29:37	01:00:21	00:59:19	5574	EXICTOS Running Team	V40	147	00:05:10	5953
5444	574	Frederico Valles	00:30:25	01:00:21	00:59:57	5771		V35	1056	00:04:56	5221
5445	6315	Ricardo Rodrigues	00:29:16	01:00:21	01:00:13	5845		Senior	1157	00:05:39	6985
5446	2151	Luís Carvalho	00:31:38	01:00:22	00:55:30	4345	Açoreana Clube Banif	V40	994	00:04:53	5044
5447	8205	Beatriz Santos	00:29:28	01:00:22	01:00:16	5860		Senior	230	00:06:03	7533
5448	2998	Maria Silva	00:29:59	01:00:22	00:59:13	5537		V45	99	00:04:59	5387
5449	8852	Alexandra Branco	00:31:26	01:00:22	00:58:02	5192	CABRAL BRANCOS ON FIRE	V40	148	00:04:47	4729
5450	3545	Helena Estevinha	00:31:20	01:00:22	00:58:00	5185	Ginásio Clube Português	V50	36	00:04:48	4747
5451	3754	Paulo Cruz	00:30:52	01:00:22	00:59:05	5497		V45	638	00:04:59	5391
5452	6177	Sergio Neves	00:31:28	01:00:22	00:58:29	5319	Run Buddy Run	V55	224	00:04:49	4806
5453	6442	António S.Marques	00:30:58	01:00:22	00:58:49	5404	ASAS	V65	50	00:05:06	5732



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5454	6438	Helena Cunha	00:30:58	01:00:22	00:58:49	5406	ASAS	V55	9	00:05:06	5764
5455	8851	Luis Branco	00:31:26	01:00:23	00:58:02	5196	CABRAL BRANCOS ON FIRE	V40	995	00:04:47	4706
5456	9077	Maria Emídio	00:29:35	01:00:23	01:00:20	5880	Tálenos Team	V45	100	00:04:36	4053
5457	8343	Sofia Rebocho	00:31:00	01:00:23	00:58:08	5232	Conheira Team	Senior	231	00:05:23	6486
5458	8344	João Santos	00:31:00	01:00:23	00:58:08	5230	Conheira Team	Senior	1158	00:05:23	6477
5459	1892	Pedro Ferreira	00:32:04	01:00:23	00:55:23	4318		V35	1057	00:04:43	4478
5460	6430	Nuno Almeida	00:31:02	01:00:23	00:58:48	5401	No Pain No Gain	V35	1058	00:04:42	4428
5461	9777	Tiago Brandão	00:29:33	01:00:23	01:00:01	5786		Senior	1159	00:05:15	6160
5462	53	Sandra Batista	00:29:22	01:00:24	01:00:18	5870		V40	149	00:05:03	5615
5463	9520	Artur Santos	00:30:33	01:00:24	00:58:18	5276		V35	1059	00:05:07	5771
5464	8070	Joao Goncalves	00:32:19	01:00:25	00:54:38	4039		V40	996	00:04:55	5209
5465	4180	Carlos Antunes	00:31:11	01:00:25	00:58:39	5360	ADRC Mata de Benfica	Junior	130	00:04:19	2976
5466	495	Paulo Lima	00:33:22	01:00:25	00:54:19	3915		V35	1060	00:04:23	3262
5467	4169	Alexandre Janicas	00:31:14	01:00:25	00:58:23	5295	Correr Lisboa	Senior	1160	00:05:17	6223
5468	9897	Andreia Castro	00:26:08	01:00:25	01:00:15	5856		Senior	232	00:05:02	5526
5469	8513	Marta Oliveira	00:29:05	01:00:26	01:00:15	5854		Senior	233	00:05:04	5642
5470	9665	Carla Garrett	00:30:53	01:00:26	00:58:50	5407		Senior	234	00:05:02	5527
5471	3346	Sara Ladeiras	00:27:35	01:00:26	01:00:24	5902	Bombeiros Voluntários de Montemor-o-Novo	Junior	20	00:05:38	6921
5472	6685	Ricardo Nunes	00:30:19	01:00:26	00:59:22	5591		V35	1061	00:05:07	5790



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
5473	1886	Ricardo Alves	00:30:44	01:00:26	00:58:23	5294		Senior	1161	00:04:42	4423
5474	9607	Valter Martinho	00:30:53	01:00:27	00:58:51	5416		Senior	1162	00:05:03	5574
5475	7829	João Emílio	00:32:52	01:00:27	00:58:45	5377		V35	1062	00:04:27	3492
5476	8568	Carlos Rodrigues	00:29:41	01:00:27	01:00:09	5822	CLUBE ACCENTURE	Senior	1163	00:04:55	5191
5477	7290	Christophe Silva	00:29:50	01:00:27	00:59:56	5762		Senior	1164	00:04:51	4929
5478	10258	Gonçalo Ferreira	00:32:14	01:00:27	00:58:41	5366	Team Gourmet	V35	1063	00:04:35	3987
5479	5810	Francisco Aires	00:34:01	01:00:27	00:54:57	4142	trafaria e caparica	V60	113	00:04:27	3491
5480	7612	Álvaro Santos	00:30:07	01:00:27	00:58:46	5383		V40	997	00:05:53	7303
5481	3434	Raquel Gaiveo	00:30:08	01:00:27	00:59:55	5754	Volkswagen Autoeuropa	Senior	235	00:04:39	4179
5482	4620	Pedro Paiva	00:29:56	01:00:27	00:59:18	5573		V40	998	00:05:05	5712
5483	7830	Cláudio Mateus	00:32:53	01:00:28	00:58:46	5382		V35	1064	00:04:28	3581
5484	1937	Nuno Infante	00:30:45	01:00:28	00:59:09	5513		V40	999	00:04:58	5342
5485	8960	Joao Saraiva	00:29:04	01:00:28	01:00:11	5834		V50	386	00:05:18	6302
5486	2578	Dina Vidinha	00:28:54	01:00:28	01:00:22	5890		V35	142	00:05:14	6112
5487	1636	Paulo Pimpão	00:34:15	01:00:29	00:54:17	3900	Fund Box	Senior	1165	00:04:19	2955
5488	1256	António Ramos	00:30:11	01:00:29	01:00:06	5814		V40	1000	00:05:01	5490
5489	701	Luis Libanio	00:30:32	01:00:29	00:59:34	5645	Ginja Team	V55	225	00:04:50	4901
5490	8629	Jorge Serra	00:29:29	01:00:29	00:59:47	5709	GMASA	V40	1001	00:05:30	6697
5491	3679	Teresa Costa	00:28:35	01:00:29	00:59:39	5670		Senior	236	00:05:20	6372



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5492	1682	Fernando Pires	00:29:13	01:00:29	01:00:05	5807		V70	16	00:05:00	5465
5493	7230	Tiago Fernandes	00:31:27	01:00:30	00:59:27	5610		Senior	1166	00:04:50	4905
5494	3537	Antonia Horta	00:30:57	01:00:30	00:59:00	5476	Foz365	V45	101	00:05:18	6300
5495	7727	Ricardo Vale	00:30:26	01:00:30	00:59:27	5611		Senior	1167	00:04:45	4600
5496	6431	Carlos José	00:30:04	01:00:30	00:58:54	5437	No Pain No Gain	V45	639	00:05:04	5671
5497	9717	João Santos	00:32:11	01:00:30	00:55:33	4368		V35	1065	00:04:53	5043
5498	8085	Vitor Fernandes	00:31:51	01:00:30	00:58:38	5357	Clara Serino - Pasión Por Correr	V40	1002	00:04:38	4155
5499	2092	Vitor Lucas	00:29:06	01:00:30	01:00:17	5866		V50	387	00:05:05	5722
5500	8084	José Pinheiro	00:31:52	01:00:30	00:58:38	5356	Clara Serino - Pasión Por Correr	V50	388	00:04:37	4077
5501	9604	Pedro Isidoro	00:30:16	01:00:31	00:59:53	5745		V40	1003	00:04:44	4522
5502	3506	Arménio Neves	00:30:58	01:00:31	00:58:48	5395	Novos Trilhos	V45	640	00:05:00	5431
5503	5621	Carla Costa	00:29:43	01:00:31	00:59:25	5605	Primos Em Brasa	V35	143	00:04:54	5120
5504	1247	Filipa Queiroz	00:29:14	01:00:31	01:00:24	5901		Senior	237	00:05:35	6858
5505	5425	Francisco Agostinho	00:30:02	01:00:31	01:00:04	5798		V35	1066	00:05:29	6666
5506	3724	Paulo Jacinto	00:30:20	01:00:31	00:59:18	5571		V40	1004	00:05:06	5750
5507	2746	José Lourenço	00:30:23	01:00:32	00:59:50	5729	Familia Cordeiro	V50	389	00:05:22	6423
5508	1410	Mário Lameirão	00:28:45	01:00:32	01:00:30	5932		V65	51	00:05:28	6632
5509	2636	Nuno Farinho	00:28:27	01:00:32	01:00:22	5892	Equipa Dos Lentos	V35	1067	00:05:17	6258
5510	10266	Rui Madruga	00:30:24	01:00:32	00:59:33	5643	CGI	Senior	1168	00:04:27	3478



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5511	2255	Sónia Agostinho	00:30:11	01:00:32	00:59:33	5641		V40	150	00:04:55	5217
5512	4132	Teresa Escarduça	00:31:20	01:00:32	00:58:26	5311		Senior	238	00:04:57	5303
5513	10270	Hugo Tender	00:30:25	01:00:32	00:59:29	5623	CGI	Senior	1169	00:04:25	3408
5514	9775	Pedro Silva	00:31:53	01:00:32	00:58:22	5291		Senior	1170	00:04:27	3487
5515	948	Nuno Prudêncio	00:30:04	01:00:32	01:00:05	5810	Run Buddy Run	Senior	1171	00:04:30	3668
5516	7935	Miguel Pimenta	00:31:40	01:00:33	00:58:59	5474	SS CGD	Junior	131	00:04:18	2887
5517	10333	Rita Silva	00:27:09	01:00:34	01:00:24	5900		V35	144	00:05:48	7195
5518	5490	Maria Anton	00:29:19	01:00:34	01:00:27	5918		V45	102	00:05:28	6635
5519	5522	Fábio Pontes	00:28:47	01:00:34	01:00:28	5927	Furões do Alentejo	Senior	1172	00:05:20	6367
5520	232	Pedro Mucharreira	00:28:25	01:00:34	00:59:59	5775		V35	1068	00:05:29	6664
5521	5693	Tomé Vardasca	00:30:54	01:00:35	00:59:18	5572		Senior	1173	00:04:56	5270
5522	1837	André Noronha	00:31:07	01:00:35	00:59:22	5589	SS CGD	V50	390	00:04:42	4407
5523	7016	Nuno Amorim	00:29:46	01:00:35	01:00:09	5826		V50	391	00:05:33	6797
5524	6087	Pedro Oliveira	00:31:17	01:00:35	00:58:08	5227		V35	1069	00:04:50	4892
5525	9677	Ana Bráz	00:31:07	01:00:35	00:59:24	5600	GDC Fidelidade	V45	103	00:04:42	4435
5526	5651	Rute B	00:31:53	01:00:35	00:58:55	5441	Microsoft One	V35	145	00:04:49	4829
5527	8655	Luís Graça	00:30:34	01:00:35	00:59:12	5532		V40	1005	00:04:54	5140
5528	9618	David Donaire	00:30:21	01:00:36	01:00:07	5819		Senior	1174	00:04:43	4484
5529	1867	Paulo Abreu	00:30:55	01:00:36	00:58:57	5450	SS CGD	V35	1070	00:04:35	3951



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5530	5264	Íris Neves	00:30:20	01:00:36	00:59:38	5665	BRRnightRUNNERS - Barreiro	V35	146	00:05:24	6509
5531	1061	Ana Correia	00:28:24	01:00:37	01:00:33	5947	Os Conta-Kilómetros	Senior	239	00:05:35	6840
5532	3134	Miguel Vasconcelos	00:29:49	01:00:37	00:59:27	5612	BIVAC IBERICA	V40	1006	00:04:27	3484
5533	3200	Ana Fragoso	00:30:39	01:00:37	00:59:35	5650		V45	104	00:05:11	5998
5534	5654	Miguel Ribeiro	00:28:36	01:00:37	00:59:30	5629		V40	1007	00:05:49	7219
5535	4948	Duarte Cabral	00:31:21	01:00:37	01:00:13	5839		V40	1008	00:03:55	1397
5536	4271	João Luz	00:31:07	01:00:37	00:58:25	5309		V45	641	00:05:33	6792
5537	8256	Alexandre Coelho	00:31:46	01:00:37	00:59:39	5671		V40	1009	00:04:35	3952
5538	2960	José Roseiro	00:31:08	01:00:38	00:58:26	5314		V55	226	00:05:33	6795
5539	3138	Alipio Costa	00:30:15	01:00:38	00:59:26	5608	BIVAC IBERICA	V50	392	00:05:02	5568
5540	168	Frederico Sousa	00:29:36	01:00:38	00:59:52	5742		V50	393	00:05:21	6419
5541	6625	Pedro Costa	00:31:04	01:00:38	00:59:28	5617	Pastelaria Charly's	Junior	132	00:04:33	3851
5542	5478	Sara Lopes	00:31:00	01:00:38	00:59:20	5578		Senior	240	00:04:42	4395
5543	5479	Rui Araújo	00:31:00	01:00:38	00:59:20	5579		Senior	1175	00:04:42	4388
5544	3843	Fernanda Santos	00:30:51	01:00:38	00:59:27	5613	EVELX - Associação de Estilos de Vida Saudável	V55	10	00:04:47	4708
5545	4445	Vasco Ourelo	00:31:43	01:00:39	00:59:48	5721	CLUBE MILLENNIUM BCP	V35	1071	00:04:53	5049
5546	6289	António Coucelo	00:29:53	01:00:39	01:00:04	5801		V35	1072	00:05:26	6583
5547	5770	Mauro Machado	00:31:50	01:00:39	00:59:45	5701		Senior	1176	00:04:27	3483
5548	9451	Fernando Exposto	00:31:26	01:00:39	00:59:28	5618		Senior	1177	00:04:36	4039



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5549	3612	Carlos Costa	00:34:08	01:00:39	00:55:11	4244		V45	642	00:04:38	4150
5550	340	Joao Almeida	00:31:20	01:00:39	00:58:21	5290		V50	394	00:04:44	4519
5551	6176	Lucienne Neves	00:31:37	01:00:39	00:58:46	5388	Run Buddy Run	Senior	241	00:05:01	5475
5552	10263	Ricardo Palma	00:31:22	01:00:40	00:59:37	5660		Senior	1178	00:04:36	4032
5553	2958	Nuno Carmelo	00:33:20	01:00:40	00:55:46	4440	Açoreana Clube Banif	Senior	1179	00:04:41	4297
5554	5351	Carla Marques	00:31:39	01:00:40	00:58:47	5393	Run Buddy Run	Senior	242	00:05:01	5476
5555	8379	Alexandre Antunes	00:29:15	01:00:40	00:58:51	5423		Senior	1180	00:05:09	5909
5556	1257	Lidia Ramos	00:30:11	01:00:40	01:00:17	5865		V40	151	00:05:12	6024
5557	9921	José Figueiras	00:28:16	01:00:41	01:00:31	5938		V60	114	00:05:21	6381
5558	9874	Ivan Hoosseneni	00:31:26	01:00:41	00:58:48	5399		Senior	1181	00:05:18	6273
5559	10121	Viorica Veres	00:31:38	01:00:42	00:59:17	5567	Riverside Eagles	V40	1010	00:04:31	3759
5560	10569	Carla Miranda	00:31:31	01:00:42	00:59:47	5714		V45	105	00:04:50	4889
5561	6819	Francisco Silva	00:34:11	01:00:42	00:54:37	4031		V35	1073	00:04:26	3450
5562	4279	Rosimeire Serafim	00:31:56	01:00:42	00:59:51	5731	CLUBE MILLENNIUM BCP	V45	106	00:04:52	5023
5563	8754	Tiago Branco	00:30:48	01:00:42	00:59:28	5620		V40	1011	00:05:10	5932
5564	1401	Alexandre Pereira	00:32:54	01:00:43	00:59:43	5691		Senior	1182	00:04:37	4093
5565	3062	Rita Gonçalves	00:29:48	01:00:43	00:59:50	5728	Serviços Sociais Montepio Geral	V35	147	00:04:54	5103
5566	4095	Ricardo Gomes	00:30:24	01:00:43	01:00:22	5891		V40	1012	00:04:32	3772
5567	6550	Luis Cabral	00:33:14	01:00:43	00:55:24	4321		V40	1013	00:04:20	3062



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5568	8259	Ana Nunes	00:30:40	01:00:43	01:00:26	5908		Senior	243	00:05:01	5520
5569	5800	António Caiado	00:31:39	01:00:43	00:55:54	4492		V40	1014	00:04:50	4881
5570	1573	Nuno Carvalho	00:29:02	01:00:43	01:00:29	5930	Os Pé Ligeiro...	V35	1074	00:05:01	5493
5571	1047	Sérgio Seixo	00:30:38	01:00:43	00:59:28	5622		V40	1015	00:05:13	6095
5572	945	Jose Teixeira	00:30:45	01:00:44	01:00:13	5843		V55	227	00:05:18	6274
5573	7605	José Rainho	00:30:45	01:00:44	01:00:13	5842		V40	1016	00:05:18	6275
5574	8260	Fernando Ferreira	00:30:40	01:00:44	01:00:27	5920		V50	395	00:05:01	5504
5575	135	Rui Videira	00:30:29	01:00:44	00:59:43	5689	Tartarugas Solidárias	V35	1075	00:04:57	5305
5576	125	Cristina Brizado	00:30:05	01:00:45	01:00:03	5792		V35	148	00:05:01	5510
5577	7762	Diane Detollenaere	00:30:19	01:00:45	00:59:57	5769		V45	107	00:04:55	5162
5578	10441	Jorge Souto	00:34:32	01:00:45	00:54:47	4073		V40	1017	00:04:09	2292
5579	5990	Andreia Lopes	00:29:54	01:00:46	00:59:08	5511		Senior	244	00:05:07	5799
5580	8873	Vítor Chagas	00:31:22	01:00:46	00:58:44	5376		V40	1018	00:04:43	4463
5581	9311	Rui Veiga	00:28:40	01:00:46	01:00:42	5991		V50	396	00:05:10	5936
5582	4679	Alexandra Rodrigues	00:30:02	01:00:46	00:59:59	5780	Atomic Team	Senior	245	00:05:09	5901
5583	1749	Rui Alexandre	00:29:02	01:00:46	00:59:40	5676		V35	1076	00:05:23	6457
5584	5131	Teresa Garcia	00:30:05	01:00:47	01:00:20	5878		V45	108	00:05:03	5579
5585	4471	Leonel Brandao	00:31:28	01:00:47	01:00:14	5852	CLUBE MILLENNIUM BCP	V45	643	00:04:35	3985
5586	5007	Bruno Silva	00:30:20	01:00:47	00:59:06	5503	Os Papoilas Saltitantes	V35	1077	00:04:51	4951



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5587	4307	Ana Gama	00:30:51	01:00:47	00:59:46	5704	CLUBE MILLENNIUM BCP	V35	149	00:04:54	5127
5588	7798	Bárbara Conceição	00:31:56	01:00:47	00:58:51	5422		V45	109	00:05:01	5519
5589	6014	Ana Deodato	00:31:53	01:00:48	00:58:36	5347	UGC	V35	150	00:04:39	4200
5590	6954	Helena Adegas	00:29:49	01:00:48	00:59:36	5654		V50	37	00:05:23	6464
5591	10417	Diogo Madaleno	00:30:43	01:00:48	01:00:29	5929		V35	1078	00:04:53	5063
5592	9865	Joaquim Barrocas	00:33:18	01:00:48	00:58:58	5461	N.A."OS PAPAGAIOS DE CASCAIS"	V60	115	00:04:14	2630
5593	2810	Ricardo Sepúlveda	00:31:53	01:00:49	00:58:58	5460	CCDEL Efacec Lisboa	V35	1079	00:04:45	4575
5594	2136	Claúdia Tam	00:30:04	01:00:49	01:00:06	5813	Açoreana Clube Banif	Senior	246	00:05:13	6097
5595	6790	Joaquim Direitinho	00:29:18	01:00:49	01:00:18	5873		V60	116	00:05:15	6178
5596	7799	Jose Ribeiro	00:31:47	01:00:49	00:58:50	5414		V45	644	00:04:58	5360
5597	8906	Carlos Matias	00:30:57	01:00:49	01:00:28	5926		V70	17	00:04:51	4949
5598	4580	Catarina Dias	00:27:23	01:00:50	01:00:22	5888	Serviços Sociais Montepio Geral	V35	151	00:04:43	4452
5599	9554	Claudia Teodosio	00:31:34	01:00:50	00:59:21	5586		Senior	247	00:05:08	5868
5600	1979	Rafael Figueiredo	00:30:32	01:00:50	00:59:31	5634		V40	1019	00:04:51	4944
5601	10397	Tiago Pereira	00:32:49	01:00:50	00:58:54	5432		Senior	1183	00:04:35	3995
5602	9929	Afonso Lopes	00:32:45	01:00:50	00:58:54	5438		V35	1080	00:04:35	3957
5603	4444	Antonio Antunes	00:29:36	01:00:50	01:00:40	5977	CLUBE MILLENNIUM BCP	V40	1020	00:05:12	6045
5604	3580	Vera Fonseca	00:30:35	01:00:50	00:58:40	5364	Starfish	V35	152	00:05:04	5646
5605	7806	Aires Pedro	00:34:30	01:00:51	00:54:47	4075	GRUPO DOS AMIGOS DO ATLETISMO DE VIL	V60	117	00:04:10	2390



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5606	8869	Hugo Pereira	00:29:15	01:00:51	01:00:07	5817		V35	1081	00:05:31	6739
5607	6214	Joao Brito	00:30:45	01:00:51	00:59:07	5506	PPK	Senior	1184	00:05:17	6243
5608	6215	Joao Lucas	00:30:45	01:00:51	00:59:08	5510	PPK	Senior	1185	00:05:18	6278
5609	6366	José Féria	00:29:59	01:00:51	01:00:23	5895		V50	397	00:05:22	6444
5610	6285	André Cardoso	00:31:59	01:00:52	00:59:57	5767		Senior	1186	00:04:54	5104
5611	6852	Carlos Oliveira	00:30:45	01:00:52	00:59:08	5509	PPK	Senior	1187	00:05:19	6316
5612	7950	Ramiro Jorge	00:30:31	01:00:52	00:59:33	5639	SS CGD	V60	118	00:05:00	5436
5613	10600	Sofia Simões	00:28:45	01:00:52	01:00:44	6000		Senior	248	00:05:39	6966
5614	9669	Manuel Mestre	00:34:07	01:00:52	00:55:19	4298		V55	228	00:04:24	3289
5615	1221	Nuno Rodrigues	00:30:13	01:00:53	01:00:04	5794	Tartarugas Solidárias	V40	1021	00:04:52	4990
5616	837	Luís Matias	00:30:27	01:00:53	00:58:38	5355		V35	1082	00:04:32	3799
5617	9807	Joel Lutas	00:31:20	01:00:54	00:59:11	5528		Senior	1188	00:05:07	5778
5618	10250	Francisco Magalhães	00:27:09	01:00:54	01:00:22	5893		Junior	133	00:05:13	6084
5619	1921	Isabel Falé	00:31:05	01:00:54	00:58:33	5335	Synopsys Runners	V35	153	00:05:13	6065
5620	4732	Paulo Carvalho	00:32:54	01:00:54	00:55:37	4390	Clube EDP - Lisboa	V60	119	00:04:30	3665
5621	10251	Manuel Magalhaes	00:27:09	01:00:54	01:00:22	5887		V40	1022	00:05:13	6066
5622	7900	Filomena Jacinto	00:31:56	01:00:54	00:58:59	5468	OS AMIGOS DA ALAMEDA	V45	110	00:05:02	5547
5623	1157	Luís Simões	00:31:47	01:00:54	00:59:31	5633		V55	229	00:04:45	4604
5624	5177	Antônio Gonçalves	00:30:04	01:00:55	00:59:47	5713		V40	1023	00:04:53	5045



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5625	7899	Odete Nogueira	00:31:58	01:00:55	00:58:59	5471	OS AMIGOS DA ALAMEDA	V60	10	00:05:00	5432
5626	7894	Joaquim Costa	00:31:58	01:00:55	00:58:58	5459	OS AMIGOS DA ALAMEDA	V50	398	00:05:01	5485
5627	799	Joao Vieira	00:30:56	01:00:55	01:00:28	5924		V50	399	00:05:01	5482
5628	4253	José Marques	00:31:09	01:00:55	00:59:28	5615	Branças de Neve e os Sacanões	V55	230	00:05:00	5433
5629	3287	Constancio Almeida	00:31:36	01:00:55	00:58:44	5374	GA Monsanto Gascan	V50	400	00:04:55	5211
5630	4143	Artur Pires	00:30:32	01:00:55	00:59:07	5504		V60	120	00:05:04	5672
5631	9682	Jorge Duarte	00:29:56	01:00:55	00:59:40	5674	GFD Running	V45	645	00:05:05	5676
5632	2457	Sofia Bernardes	00:31:07	01:00:55	01:00:11	5836		Senior	249	00:04:58	5367
5633	6066	Pedro Mota	00:29:43	01:00:55	01:00:32	5941		Senior	1189	00:04:53	5081
5634	5155	Victor Raimundo	00:28:58	01:00:56	01:00:34	5949		V45	646	00:05:17	6248
5635	4360	Henrique Alves	00:27:58	01:00:56	01:00:53	6025	CLUBE MILLENNIUM BCP	V50	401	00:05:31	6745
5636	5574	Sabine Aragão	00:30:45	01:00:56	00:59:33	5638	Os Corredores	V50	38	00:04:44	4527
5637	7117	Ana Alves	00:33:31	01:00:56	00:54:29	3974	INDEG-ISCTE	V35	154	00:04:40	4274
5638	7121	João Alves	00:33:31	01:00:56	00:54:29	3969	INDEG-ISCTE	V35	1083	00:04:40	4226
5639	5366	Bruno Dias	00:31:24	01:00:56	00:59:30	5630	ARDD Clube	V35	1084	00:05:08	5863
5640	9748	Sandra Cunha	00:30:06	01:00:56	01:00:46	6005	RPGSI	Senior	250	00:04:50	4861
5641	7668	Francisco Pinheiro	00:30:53	01:00:57	00:59:52	5743		V60	121	00:04:51	4911
5642	7238	Olga Viana	00:31:17	01:00:57	00:59:25	5606		Senior	251	00:04:57	5304
5643	8968	Carlos Viegas	00:29:48	01:00:57	00:59:24	5601	GDCT Unicre	V55	231	00:04:58	5368



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5644	3577	Nuno Fernandes	00:33:26	01:00:57	00:55:00	4173	Starfish	V35	1085	00:04:50	4870
5645	3915	Rogério Mendes	00:30:47	01:00:58	00:59:43	5692		Senior	1190	00:04:46	4621
5646	2711	Francisco Rebelo	00:31:29	01:00:58	00:59:57	5770		V45	647	00:04:52	5018
5647	3082	Luísa Mourão	00:29:43	01:00:58	01:00:30	5933	CCD Crédito Agrícola Mútuo	V35	155	00:05:10	5941
5648	10559	André Figueiredo	00:30:05	01:00:58	01:00:20	5879		V35	1086	00:05:36	6873
5649	1370	António Garcia	00:30:23	01:00:59	01:00:14	5849		V55	232	00:05:15	6163
5650	1369	Margarida Brites	00:30:23	01:00:59	01:00:14	5848		V45	111	00:05:16	6194
5651	6311	António Loureiro	00:29:22	01:00:59	01:00:26	5913	VdAtletas	V60	122	00:05:37	6908
5652	1286	José Sousa	00:31:19	01:01:00	00:59:41	5682		Senior	1191	00:04:45	4578
5653	643	Francisco Casaca	00:30:15	01:01:00	01:00:55	6032		V75	2	00:05:12	6048
5654	4168	Mariana Silva	00:31:14	01:01:00	00:58:58	5466	Correr Lisboa	Senior	252	00:05:13	6072
5655	1994	Liliana Rodrigues	00:32:29	01:01:00	01:00:07	5820		V40	152	00:04:11	2475
5656	7269	Patrícia Jesuíta	00:30:34	01:01:00	01:00:26	5912	Caralhotas Pseudo Runners	Senior	253	00:05:08	5865
5657	10257	Julia Ermer	00:32:59	01:01:00	01:00:17	5867	ermuschamorim	Senior	254	00:04:31	3741
5658	9713	Inês Drummond	00:30:16	01:01:00	01:00:22	5886		V40	153	00:05:12	6054
5659	10256	Rainer Muschaweck	00:32:59	01:01:00	01:00:17	5869	ermuschamorim	V35	1087	00:04:32	3779
5660	3748	Nuno Fernandes	00:31:12	01:01:01	00:59:24	5598		Senior	1192	00:04:51	4965
5661	8108	Goreti Cabeleira	00:30:01	01:01:01	00:59:38	5668		V45	112	00:05:23	6462
5662	7315	Ana Silva	00:32:01	01:01:01	00:59:50	5730	G.D.C. FONSECAS E CALÇADA	V50	39	00:04:40	4261



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5663	8584	Veronica Cruz	00:30:11	01:01:01	01:00:13	5840		V35	156	00:05:13	6077
5664	9530	Carlos Pellegrini	00:29:10	01:01:02	01:00:58	6044		V50	402	00:05:07	5811
5665	5154	Jose Morais	00:31:08	01:01:02	00:59:10	5517		V35	1088	00:05:03	5578
5666	7977	José Ramalho	00:31:27	01:01:02	00:59:47	5716	Turbo-Lento	V55	233	00:04:55	5161
5667	5392	André Carvalho	00:32:17	01:01:03	00:59:31	5631		Senior	1193	00:04:31	3742
5668	3737	Ana Santos	00:28:05	01:01:03	01:01:01	6056	BOTA FOGO RUNNERS	Senior	255	00:05:11	6015
5669	4033	Marcos Andrade	00:31:10	01:01:03	00:59:37	5657		V60	123	00:04:58	5331
5670	4700	Marina Padinha	00:30:06	01:01:03	01:00:52	6021		V40	154	00:04:54	5100
5671	4524	António Carvalho	00:26:46	01:01:03	01:00:53	6024		V35	1089	00:05:12	6055
5672	5857	Alexandra Dinis	00:29:55	01:01:04	01:00:36	5958		V35	157	00:05:15	6174
5673	5023	Vasco Rebelo	00:30:50	01:01:04	01:00:06	5811		V35	1090	00:04:57	5312
5674	8345	Raquel Martins	00:28:57	01:01:04	01:00:59	6049	Os Conta-Kilómetros	Senior	256	00:05:14	6122
5675	5012	Francisco Rebelo	00:30:40	01:01:04	01:00:05	5806		V40	1024	00:04:58	5321
5676	449	Carla Geada	00:30:38	01:01:04	01:00:50	6014		V35	158	00:04:55	5189
5677	10570	Luis Inácio	00:31:31	01:01:05	01:00:11	5835		V40	1025	00:04:20	3041
5678	9668	Vanda Oliveira	00:30:05	01:01:05	01:00:54	6030		V40	155	00:04:56	5265
5679	2737	Inês Cunha	00:30:37	01:01:05	00:59:33	5636	Clube Robbialac	Senior	257	00:04:59	5409
5680	427	Carlos Lavrador	00:29:16	01:01:06	01:01:00	6051	run4fun	V45	648	00:05:08	5874
5681	6256	Pedro Lopes	00:30:03	01:01:06	00:59:52	5737	Reencontro	V35	1091	00:04:58	5369



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5682	1328	João Bento	00:29:53	01:01:06	01:00:18	5872		Senior	1194	00:04:53	5091
5683	4949	Luís Barroso	00:31:35	01:01:06	00:59:16	5558		V55	234	00:05:11	5992
5684	3443	Teresa Casteleira	00:29:20	01:01:06	01:00:33	5942		Senior	258	00:05:08	5859
5685	5456	Luís Dias	00:32:18	01:01:06	00:59:35	5652		V35	1092	00:04:35	4000
5686	1906	Ângelo Alexandre	00:31:41	01:01:07	01:00:04	5800		Senior	1195	00:05:05	5705
5687	1529	Henrique Rodrigues	00:31:40	01:01:07	01:00:04	5799		Senior	1196	00:05:05	5692
5688	3668	Francisco Coito	00:31:36	01:01:07	00:59:16	5556	clube marginal	V60	124	00:04:34	3916
5689	6208	José Pires	00:28:57	01:01:07	01:00:57	6040	CCDTMetroLX	V75	3	00:05:33	6784
5690	3835	Paulo Sá	00:30:51	01:01:08	01:00:16	5864	U.D.F.A.C.	V40	1026	00:05:22	6449
5691	3636	Joaquim Monteiro	00:30:30	01:01:08	00:59:21	5584	Authentic Pilates Lisboa	V45	649	00:05:15	6169
5692	469	Paula Geada	00:30:38	01:01:08	01:00:54	6026		V40	156	00:04:59	5390
5693	379	José Figueiredo	00:28:32	01:01:08	01:00:00	5782	Santos e Oliveira Lda	V60	125	00:06:09	7637
5694	2542	Paulo Horta	00:31:55	01:01:08	00:59:55	5757		V40	1027	00:04:55	5182
5695	2047	Jose Teixeira	00:29:14	01:01:09	01:00:37	5962		V55	235	00:05:20	6354
5696	2605	Paulo Luz	00:28:54	01:01:09	01:00:31	5935		V45	650	00:05:10	5979
5697	342	Luis Baltazar	00:29:53	01:01:10	01:00:28	5921		V45	651	00:05:22	6445
5698	8019	Luís Costa	00:31:39	01:01:10	00:59:05	5496		Senior	1197	00:05:07	5821
5699	8743	Gonçalo Sousa	00:32:18	01:01:10	00:58:47	5390		Senior	1198	00:04:52	5005
5700	1272	Ana Silva	00:28:54	01:01:10	01:00:33	5946		Senior	259	00:05:12	6049



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5701	3641	Possidonio Cachapa	00:30:52	01:01:11	00:59:48	5719		V40	1028	00:04:52	5036
5702	7272	Luis Encarnação	00:29:19	01:01:11	01:00:48	6011	Os Morcegos	V40	1029	00:05:30	6693
5703	7273	Claudino Almeida	00:29:09	01:01:11	01:00:48	6010	Os Morcegos	V40	1030	00:05:36	6885
5704	1637	João Pereira	00:33:21	01:01:11	00:54:57	4154	Fund Box	Senior	1199	00:05:13	6092
5705	4157	Manuel Raposo	00:31:19	01:01:12	00:59:14	5545		V65	52	00:04:43	4447
5706	1866	Paula Gonçalves	00:31:07	01:01:12	01:00:02	5789	SS CGD	V35	159	00:04:59	5415
5707	3881	Saida Morais	00:31:30	01:01:12	00:59:12	5534	Active People	V40	157	00:04:56	5239
5708	7994	Vitor Rocha	00:30:53	01:01:12	01:00:43	5993		V45	652	00:05:15	6166
5709	8357	João Melo	00:29:46	01:01:13	01:01:03	6061		V35	1093	00:05:01	5467
5710	7993	Sandra Rocha	00:30:54	01:01:13	01:00:44	5998		V35	160	00:05:16	6209
5711	67	Sara Valadares	00:32:53	01:01:13	00:55:28	4337		V40	158	00:04:51	4966
5712	2905	Carlos Melo	00:31:16	01:01:13	00:59:30	5628	Serviços Sociais Montepio Geral	V35	1094	00:05:34	6821
5713	3714	Jaime Filipe	00:34:59	01:01:13	00:55:09	4233		V40	1031	00:04:27	3498
5714	9506	Bruno Morais	00:31:00	01:01:14	00:59:11	5527		V35	1095	00:05:16	6200
5715	5411	João Rodrigues	00:32:13	01:01:14	00:55:53	4490		V45	653	00:05:13	6091
5716	7409	Liliana Santos	00:30:44	01:01:15	00:59:54	5751		Senior	260	00:05:02	5573
5717	787	Tiago Oliveira	00:31:19	01:01:15	00:59:42	5685	Correr Lisboa	Senior	1200	00:04:45	4589
5718	2099	Carlos Sebastião	00:32:37	01:01:15	00:55:37	4391		V50	403	00:04:52	5033
5719	1488	Marcos Noritake	00:32:24	01:01:16	00:56:30	4698	MultiRunners	V45	654	00:04:48	4785



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5720	2554	Francisco Vitorino	00:30:42	01:01:16	01:00:04	5803		V60	126	00:05:01	5471
5721	3000	André Matos	00:30:22	01:01:16	00:59:46	5706	Flash Gordos	Senior	1201	00:05:07	5776
5722	8507	Tânia Vieira	00:32:31	01:01:16	01:00:07	5815	Chitas de Alcobaça	V35	161	00:05:08	5875
5723	10439	Carlos Ludovico	00:34:31	01:01:16	00:55:19	4295		Senior	1202	00:04:37	4094
5724	843	Ana Oliveira	00:30:51	01:01:16	01:01:03	6063		V35	162	00:05:16	6201
5725	4694	José Grazina	00:31:20	01:01:17	01:00:53	6023		V40	1032	00:04:35	3974
5726	3766	Albertino Soares	00:31:07	01:01:17	00:59:49	5723	Soares Family & Friends	V50	404	00:05:21	6390
5727	4137	Amadeu Silva	00:30:08	01:01:17	01:00:37	5961		V65	53	00:05:13	6088
5728	4534	Ricardo Sardinha	00:30:00	01:01:17	01:00:41	5980		Senior	1203	00:05:11	6016
5729	9834	Francisco Ferreira	00:33:07	01:01:17	00:59:01	5478	Salvaterra Night Runners	V45	655	00:04:05	1989
5730	6902	Cristiana Sobreiro	00:31:03	01:01:18	01:00:07	5816		V40	159	00:04:49	4833
5731	9090	Sofia Viana	00:31:03	01:01:18	01:00:08	5821		V35	163	00:04:49	4835
5732	3393	Francisco Barradas	00:30:29	01:01:18	00:59:50	5727		V40	1033	00:05:12	6023
5733	844	Luís Febre	00:30:51	01:01:18	01:01:04	6065		V40	1034	00:05:17	6229
5734	464	João Franco	00:33:38	01:01:18	00:55:51	4473		V35	1096	00:04:29	3631
5735	982	Jose Blanco	00:31:20	01:01:18	01:00:26	5911		V40	1035	00:04:58	5323
5736	845	Liliana Ferreira	00:30:52	01:01:18	01:01:05	6071		V35	164	00:05:17	6241
5737	994	Patricia Alexandrino	00:31:19	01:01:18	01:00:26	5915		Senior	261	00:04:58	5364
5738	9789	Marco Rebelo	00:27:10	01:01:19	01:01:12	6097	Run Away Team	Senior	1204	00:06:26	7875



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5739	2759	Andreia Rodrigues	00:31:43	01:01:19	00:59:16	5555	Fast & Furious Runners Team	Senior	262	00:05:33	6779
5740	4216	João Castro	00:28:50	01:01:19	01:01:06	6077	Clube ANACOM	V50	405	00:05:18	6285
5741	500	Stelio Lopes	00:31:34	01:01:19	00:59:22	5592		V45	656	00:04:56	5231
5742	2195	Vitor Janeiro	00:30:16	01:01:19	01:00:31	5937		V45	657	00:05:32	6757
5743	714	Alexandre Fernandes	00:29:42	01:01:20	01:01:16	6109		V40	1036	00:05:11	6018
5744	8578	Liam Conway	00:31:03	01:01:20	00:59:47	5715		V45	658	00:05:09	5915
5745	9579	Alexandra Ferreira	00:31:22	01:01:20	00:59:39	5669	Internacional	Senior	263	00:05:03	5576
5746	1862	Nilda Silva	00:30:21	01:01:20	01:00:24	5899	SS CGD	Senior	264	00:05:07	5795
5747	8795	David Storch	00:32:12	01:01:20	00:59:04	5489		V40	1037	00:04:56	5230
5748	7584	Diogo Moreno	00:30:51	01:01:21	01:00:16	5861		Junior	134	00:04:11	2445
5749	7595	Marta Mota	00:32:12	01:01:21	00:59:05	5492		Senior	265	00:04:57	5309
5750	9294	Isabel Rodrigues	00:34:27	01:01:21	00:55:19	4297	Clube Olimpico de Oeiras	V40	160	00:04:15	2712
5751	4129	João Pardal	00:30:19	01:01:21	01:01:00	6054		V50	406	00:04:56	5222
5752	1087	Edmundo Simoes	00:30:57	01:01:21	00:59:47	5712		V55	236	00:05:05	5690
5753	3620	Marco Costa	00:33:11	01:01:21	00:59:56	5765		Senior	1205	00:04:01	1765
5754	3259	Luis Oliveira	00:31:48	01:01:22	00:58:58	5465	SaptecGroup Team	V40	1038	00:04:35	3984
5755	84	Luís Rosa	00:30:41	01:01:22	01:00:30	5931		V45	659	00:04:47	4728
5756	776	Salette Macieira	00:30:51	01:01:22	01:00:13	5846	Macieirinhas	V40	161	00:05:09	5922
5757	7802	Nuno Silva	00:31:34	01:01:23	00:59:33	5640		Senior	1206	00:04:54	5144



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5758	7583	Nuno Antunes	00:30:52	01:01:23	01:00:18	5871		V40	1039	00:04:13	2592
5759	7198	Marco Oliveira	00:29:19	01:01:23	01:00:42	5990	HP CLUB	V35	1097	00:05:15	6182
5760	5791	Alexandre Arroyo	00:33:34	01:01:23	00:56:28	4687		Senior	1207	00:04:19	3015
5761	6669	Isabel Magalhães	00:30:48	01:01:23	01:00:44	5996		V55	11	00:04:56	5269
5762	2230	Filipa Malheiro	00:29:45	01:01:23	01:00:51	6019		V40	162	00:05:31	6726
5763	6312	Nuno Vieira	00:29:55	01:01:24	01:00:58	6045	VdAtletas	V50	407	00:05:30	6706
5764	6412	Edgar Marques	00:30:36	01:01:24	01:00:31	5936		V60	127	00:05:04	5634
5765	4676	Pedro Ribeiro	00:29:32	01:01:25	01:01:04	6067	Volkswagen Autoeuropa	V40	1040	00:04:47	4697
5766	8334	Bruno Domingos	00:27:28	01:01:25	01:01:06	6073	BBGold	V35	1098	00:06:33	7939
5767	4860	Gonçalo Carvalho	00:32:45	01:01:25	01:00:37	5959	EngenhariaLiquida	Junior	135	00:04:24	3305
5768	7934	Joana Gabriel	00:31:40	01:01:25	00:59:51	5735	SS CGD	V50	40	00:04:56	5235
5769	8974	Vitor Pinto	00:28:56	01:01:26	00:59:43	5694		V35	1099	00:05:40	7008
5770	8927	Diogo Baltazar	00:31:34	01:01:26	01:00:26	5914		Senior	1208	00:04:47	4672
5771	6121	Francisco Oliveira	00:33:23	01:01:26	00:59:16	5563	Na Pagas Nada? Team	Senior	1209	00:03:43	851
5772	2378	Jeronimo Santos	00:30:42	01:01:27	01:00:04	5797	Os Indomaveis	V65	54	00:05:14	6133
5773	9025	Pedro Verdasca	00:31:14	01:01:27	01:00:40	5979		V35	1100	00:05:24	6489
5774	6170	Marina Figueiredo	00:31:01	01:01:27	00:59:56	5759		Senior	266	00:04:54	5149
5775	3770	António Cardoso	00:30:10	01:01:28	00:59:56	5760	RunningTotos	Senior	1210	00:05:21	6400
5776	8438	Ricardo Matias	00:30:53	01:01:28	00:59:12	5535	Só + 1 KM	Senior	1211	00:05:27	6626



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5777	9542	Sandra Antunes	00:30:37	01:01:28	01:00:33	5945		V45	113	00:05:16	6207
5778	3771	Joana Cardoso	00:30:10	01:01:28	00:59:56	5761	RunningTotos	Senior	267	00:05:21	6401
5779	5226	Olga Quintais	00:30:14	01:01:28	01:00:35	5950	Kalorias Runners	V35	165	00:05:14	6120
5780	4400	Carlos Tome	00:30:49	01:01:28	01:00:36	5956	CLUBE MILLENNIUM BCP	V60	128	00:04:57	5314
5781	154	José Monteiro	00:29:45	01:01:29	01:01:10	6087		V55	237	00:04:49	4809
5782	2865	Catarina Mesquita	00:30:16	01:01:29	01:01:06	6074	clube bbva	V50	41	00:04:57	5280
5783	2611	Vitor Carvalho	00:29:56	01:01:29	00:59:59	5778	MARRIOTT LISBOA	V55	238	00:05:24	6513
5784	6657	Jorge Oliveira	00:31:08	01:01:30	01:00:10	5830		V55	239	00:04:55	5192
5785	4329	Jorge Colaco	00:29:31	01:01:30	01:01:20	6123	CLUBE MILLENNIUM BCP	V50	408	00:05:02	5542
5786	206	Valter Lopes	00:31:27	01:01:30	00:59:36	5655		V35	1101	00:04:58	5363
5787	218	Silvia Lopes	00:31:27	01:01:30	00:59:35	5651		V35	166	00:04:58	5334
5788	1220	Elsa Nunes	00:30:40	01:01:30	00:59:35	5648		V40	163	00:05:11	6005
5789	2873	Dália Leite	00:29:44	01:01:31	01:01:29	6163		V50	42	00:05:22	6442
5790	1974	Maria Ferreira	00:32:29	01:01:32	01:00:39	5968		V40	164	00:04:42	4391
5791	2646	Américo Pinto	00:30:48	01:01:32	01:00:04	5796	Os Leões de Alverca	V55	240	00:04:59	5418
5792	8776	João Figueiredo	00:30:12	01:01:32	01:00:55	6036		V45	660	00:05:03	5581
5793	4087	Pedro Peixoto	00:28:15	01:01:33	01:01:18	6117		V40	1041	00:05:24	6522
5794	2954	Francisco Perdigão	00:33:05	01:01:33	00:59:44	5696	Açoreana Clube Banif	Senior	1212	00:04:24	3283
5795	4532	Teresa Figueiredo	00:30:57	01:01:33	01:00:10	5829	GDCT Unicre	V45	114	00:04:55	5215



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5796	7857	José Piedade	00:30:10	01:01:33	01:01:06	6076		V60	129	00:05:08	5835
5797	7660	Hélder Malheiro	00:32:27	01:01:34	00:56:45	4793	Árbitros	Senior	1213	00:04:53	5070
5798	2516	João Gonçalves	00:30:58	01:01:34	01:00:14	5850	GDC Fidelidade	V40	1042	00:05:13	6067
5799	5036	Tiago Severino	00:31:41	01:01:34	01:00:03	5793	Clube ANA Lisboa	Junior	136	00:04:47	4722
5800	2953	Carlos Perdigão	00:33:03	01:01:34	00:59:45	5699	Açoreana Clube Banif	V50	409	00:04:25	3402
5801	2270	Tiago Terraquente	00:30:46	01:01:34	00:59:42	5686	Pés de Chumbo	Senior	1214	00:05:20	6363
5802	3567	João Gonçalves	00:30:57	01:01:35	01:00:15	5857	GDC Fidelidade	Junior	137	00:05:14	6127
5803	3702	Helder Fernandes	00:33:03	01:01:35	00:59:46	5705		V35	1102	00:04:26	3442
5804	7422	Gisele Kulay	00:32:23	01:01:35	00:59:53	5747		V35	167	00:04:49	4830
5805	199	Teresa Torres	00:30:24	01:01:35	01:00:51	6018	Franco	V40	165	00:03:40	709
5806	7423	Luiz Kulay	00:32:23	01:01:35	00:59:53	5746		V45	661	00:04:48	4782
5807	3266	Pedro Marreiros	00:31:48	01:01:35	00:59:11	5523	SapexGroup Team	V35	1103	00:04:48	4778
5808	7895	Mauro Pereira	00:31:57	01:01:36	00:59:39	5672	OS AMIGOS DA ALAMEDA	Senior	1215	00:05:17	6238
5809	7901	Monica Veiga	00:31:58	01:01:36	00:59:40	5673	OS AMIGOS DA ALAMEDA	Senior	268	00:05:16	6205
5810	5088	João Macário	00:30:11	01:01:36	01:00:42	5988		V60	130	00:05:17	6236
5811	4009	Rossana Martins	00:29:19	01:01:36	01:01:33	6184	maratonistas sexys	V35	168	00:05:11	5997
5812	3510	Luísa Lopes	00:30:38	01:01:36	00:59:55	5753	Novos Trilhos	V45	115	00:05:31	6747
5813	2606	Helder Mendes	00:35:30	01:01:37	00:52:23	3335		V35	1104	00:04:06	2064
5814	272	Ricardo Costa	00:31:59	01:01:38	00:59:38	5661		V35	1105	00:04:54	5147



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5815	3100	João Rosa	00:28:40	01:01:38	01:00:37	5960		V40	1043	00:06:00	7465
5816	6466	Nuno Alexandre	00:30:51	01:01:38	01:00:46	6004	Sub50	Senior	1216	00:05:09	5918
5817	6235	Antônio Parreira	00:27:36	01:01:39	01:01:18	6116	Os Kotas	V55	241	00:05:38	6944
5818	1347	Pedro Berjano	00:28:28	01:01:39	01:01:30	6167		V40	1044	00:05:31	6730
5819	849	Bruno Catarino	00:33:16	01:01:39	00:59:47	5711		V35	1106	00:04:44	4506
5820	927	Samuel Reis	00:35:35	01:01:39	00:55:40	4415		Senior	1217	00:03:58	1581
5821	8203	José Martins	00:32:17	01:01:40	01:00:15	5859		V55	242	00:04:48	4781
5822	1234	Miguel Esteves	00:29:26	01:01:40	00:59:56	5763		V40	1045	00:04:06	2063
5823	572	José Amaral	00:34:18	01:01:40	00:56:07	4558		V50	410	00:04:22	3168
5824	3377	Miguel Duarte	00:31:35	01:01:40	00:59:58	5774	Line Runners	V35	1107	00:05:02	5555
5825	3601	Octávio Dias	00:32:02	01:01:41	00:57:20	4982	CLAC - Entroncamento	V50	411	00:04:23	3235
5826	4919	Antonio Braga	00:30:51	01:01:41	01:00:42	5982		V60	131	00:05:20	6365
5827	4016	Angelica Tavares	00:29:11	01:01:42	01:01:40	6220		Senior	269	00:05:17	6234
5828	1817	Rui Sá	00:35:21	01:01:42	00:55:52	4482		V35	1108	00:04:31	3755
5829	3494	Artur Melo	00:29:01	01:01:42	01:01:10	6088		V50	412	00:05:43	7084
5830	9071	Rodolfo Salvado	00:29:07	01:01:42	01:01:16	6112		V45	662	00:05:12	6047
5831	5118	Sofia Caeiro	00:30:23	01:01:43	01:01:31	6171	As Caeiro	Senior	270	00:05:26	6587
5832	7789	Ricardo Pimenta	00:31:21	01:01:43	01:00:05	5804		V35	1109	00:05:11	6019
5833	3821	Ricardo Gaspar	00:30:19	01:01:43	01:01:22	6128		V60	132	00:05:06	5746

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5834	7160	Daniel Valente	00:32:11	01:01:43	00:59:37	5659	INDEG-ISCTE	V35	1110	00:03:55	1400
5835	786	Nuno Carvalho	00:29:46	01:01:44	01:00:16	5862		Senior	1218	00:05:36	6898
5836	8418	João Costa	00:30:49	01:01:44	01:01:19	6121	Proaventuras	V45	663	00:05:11	6008
5837	6971	Miguel Lopes	00:31:02	01:01:44	01:00:37	5964	Clube ANA Lisboa	V35	1111	00:05:14	6123
5838	593	Serafim Gonçalves	00:34:10	01:01:45	00:55:51	4474		V60	133	00:04:38	4135
5839	580	Rui Duarte	00:29:14	01:01:45	01:00:48	6009		V40	1046	00:05:14	6116
5840	5039	Gisela Padre	00:31:02	01:01:45	01:00:38	5965	Clube ANA Lisboa	V40	166	00:05:15	6188
5841	3692	Laurindo Oliveira	00:31:32	01:01:45	01:01:19	6119	GD Banco BPI	V45	664	00:05:08	5857
5842	2757	Jaquelina Vieira	00:31:43	01:01:45	00:59:45	5702	Fast & Furious Runners Team	V35	169	00:05:13	6068
5843	2988	Esmeralda Alves	00:30:22	01:01:46	01:00:42	5987	O MUNDO DA CORRIDA	V35	170	00:05:26	6593
5844	2892	Carla Mota	00:29:56	01:01:46	01:01:40	6218		V40	167	00:05:07	5791
5845	2987	António Pereira	00:30:21	01:01:46	01:00:43	5992	O MUNDO DA CORRIDA	V50	413	00:05:28	6641
5846	4757	Carlos Getha	00:33:08	01:01:46	01:00:40	5978		Senior	1219	00:04:59	5372
5847	2126	Carminho Letra	00:31:05	01:01:46	01:00:21	5883	Escola Atletismo Rui Silva	V35	171	00:04:56	5237
5848	5112	Cláudia Rosado	00:31:10	01:01:46	00:59:52	5741		Senior	271	00:05:25	6530
5849	2125	João Capão	00:31:05	01:01:46	01:00:22	5889	Escola Atletismo Rui Silva	V40	1047	00:04:55	5170
5850	8098	Sónia Faria	00:30:17	01:01:47	01:01:37	6204	EAP RUNNERS	V35	172	00:05:08	5856
5851	4323	Pedro Aboim	00:29:19	01:01:47	01:00:57	6042	CLUBE MILLENNIUM BCP	Junior	138	00:06:05	7577
5852	3570	Manuel Magalhães	00:29:53	01:01:47	01:01:20	6122	ESTAFADOS DO ASFALTO	V70	18	00:05:18	6284



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
5853	2025	Marta Sarroeira	00:29:50	01:01:47	01:01:34	6195		Junior	21	00:05:12	6025
5854	3883	Sandra Caldeira	00:31:18	01:01:47	01:01:37	6208	Os Caldeiras	V40	168	00:04:48	4759
5855	7254	Bruno Jacob	00:31:05	01:01:48	00:59:55	5752	iRun	Senior	1220	00:05:09	5913
5856	7378	Susana Alexandre	00:30:02	01:01:48	01:01:19	6118	Os Chalados	Senior	272	00:05:30	6709
5857	3275	João Antunes	00:29:24	01:01:49	01:00:23	5898	Flashteam	Senior	1221	00:05:43	7088
5858	10507	Carlos Melro	00:29:38	01:01:49	01:01:26	6149		V40	1048	00:05:23	6460
5859	5656	Rui Gonçalves	00:31:54	01:01:49	01:00:13	5841		Senior	1222	00:04:55	5165
5860	7400	Patrícia Costa	00:29:28	01:01:50	01:01:32	6177		V35	173	00:05:32	6773
5861	9836	Ana Leitão	00:31:07	01:01:50	01:00:46	6003		Senior	273	00:05:05	5677
5862	8106	João Ribeiro	00:31:21	01:01:50	01:00:11	5837		V40	1049	00:05:08	5854
5863	2024	Rui Sarroeira	00:29:50	01:01:50	01:01:37	6203		V45	665	00:05:15	6184
5864	6840	Julio Pereira	00:29:39	01:01:51	01:01:44	6231	Furões do Alentejo	Senior	1223	00:05:43	7071
5865	3195	Ilda Rodrigues	00:30:13	01:01:52	01:01:09	6081		V45	116	00:05:20	6353
5866	10477	Noélia Guerra	00:28:39	01:01:52	01:01:30	6168	Juventude Desportiva Almansor	Senior	274	00:05:29	6681
5867	1176	Rita Bentes	00:30:30	01:01:52	01:01:26	6147	quarteto	Senior	275	00:05:27	6608
5868	1173	Antonio Ribeiro	00:30:30	01:01:52	01:01:28	6159	quarteto	V50	414	00:05:27	6607
5869	2383	Orlando Silva	00:31:14	01:01:52	01:01:21	6127	SANTOS & SILVA	V60	134	00:05:02	5566
5870	6505	Jorge Graça	00:31:50	01:01:52	01:01:14	6103		Senior	1224	00:05:10	5978
5871	1174	Antonio Catalino	00:30:30	01:01:52	01:01:27	6154	quarteto	V45	666	00:05:26	6582



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5872	1460	João Veiga	00:29:49	01:01:52	01:01:44	6233		V65	55	00:05:13	6090
5873	4786	Cristina Ribeiro	00:30:53	01:01:53	01:00:31	5934		V45	117	00:05:30	6722
5874	5187	Miguel Barata	00:29:38	01:01:53	01:01:32	6174	Clube Ferroviário de Portugal	V40	1050	00:05:29	6678
5875	5939	Inês Fonseca	00:30:51	01:01:53	01:01:04	6068		V35	174	00:05:27	6616
5876	2263	Marcelo Marques	00:30:31	01:01:53	01:01:25	6141		V35	1112	00:05:04	5670
5877	1492	Manuel Barros	00:30:58	01:01:53	01:00:22	5885	Foz365	V55	243	00:05:10	5974
5878	1911	João Fandango	00:32:00	01:01:53	01:00:45	6001	Clube Atletismo Amigos de Belém	V60	135	00:04:49	4812
5879	8871	João Pais	00:30:09	01:01:53	01:01:47	6241		V40	1051	00:05:21	6406
5880	6104	Filipe Leitão	00:30:08	01:01:54	01:01:48	6251	60m	V40	1052	00:05:21	6382
5881	8194	Joaquim Pinheiro	00:34:47	01:01:54	00:57:12	4952		V35	1113	00:04:03	1867
5882	9332	André Silveira	00:29:14	01:01:54	01:01:00	6053	Winners Team	V35	1114	00:05:50	7249
5883	5339	Paulo Alves	00:31:57	01:01:54	00:59:51	5733		V40	1053	00:04:58	5346
5884	4574	Marta Seródio	00:32:20	01:01:54	01:00:04	5802	Forrest Gumpinas	Senior	276	00:04:47	4718
5885	2968	Nuno Correia	00:29:58	01:01:54	01:01:38	6210	SomosNos	V35	1115	00:03:42	815
5886	4572	Ana Rebelo	00:32:21	01:01:54	01:00:05	5809	Forrest Gumpinas	V45	118	00:04:47	4670
5887	4759	Alexandre Pereira	00:28:41	01:01:54	01:01:34	6189		V50	415	00:06:32	7931
5888	4573	Carla Rebelo	00:32:21	01:01:55	01:00:05	5808	Forrest Gumpinas	V40	169	00:04:48	4732
5889	2443	Valdemar Viegas	00:28:13	01:01:55	01:01:23	6137		V35	1116	00:06:10	7668
5890	6260	Joao Carvalho	00:30:14	01:01:55	01:01:14	6105		V45	667	00:05:10	5977



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5891	4922	João Afonso	00:32:26	01:01:55	00:56:59	4878		V35	1117	00:04:51	4971
5892	5659	Luis Tonicher	00:31:21	01:01:55	00:59:51	5734		V35	1118	00:05:08	5851
5893	5225	Raquel Cunha	00:32:43	01:01:55	00:59:48	5720	Kalorias Runners	V40	170	00:04:43	4443
5894	5174	Arlindo Sou	00:31:13	01:01:56	01:01:32	6178		V40	1054	00:05:00	5455
5895	5295	Manuel Cardoso	00:31:49	01:01:56	01:00:09	5827		V45	668	00:04:43	4454
5896	2430	António Espada	00:30:42	01:01:56	01:00:45	6002		V65	56	00:05:40	7002
5897	8652	Miguel Redmont	00:33:21	01:01:57	00:56:25	4673	Volkswagen Autoeuropa	V40	1055	00:04:47	4705
5898	2967	Pedro Pereira	00:30:27	01:01:57	01:01:09	6083		V35	1119	00:05:20	6355
5899	7122	João Florência	00:33:27	01:01:57	00:59:32	5635	INDEG-ISCTE	Senior	1225	00:05:05	5687
5900	8881	Ricardo Silva	00:30:20	01:01:57	01:01:33	6187		Senior	1226	00:05:55	7359
5901	6860	André Cardoso	00:28:37	01:01:57	01:01:49	6258		Senior	1227	00:06:23	7838
5902	8882	Joana Magalhães	00:30:21	01:01:57	01:01:32	6180		Senior	277	00:05:55	7362
5903	5340	João Capelo	00:31:57	01:01:58	00:59:55	5756		V40	1056	00:05:01	5507
5904	9407	Gonçalo Abreu	00:30:56	01:01:58	01:00:38	5967		Senior	1228	00:04:58	5349
5905	6216	Antonino Silva	00:32:16	01:01:58	00:59:44	5695		V55	244	00:05:03	5582
5906	3449	Ines Barradas	00:30:11	01:01:58	01:01:32	6172	GD Banco BPI	V35	175	00:05:29	6674
5907	9406	Francisco Almeida	00:30:57	01:01:59	01:00:40	5976		V35	1120	00:04:59	5408
5908	4790	Carlos Marques	00:32:03	01:01:59	01:01:44	6232	LINDA-A-PASTORA SPORTING CLUBE	V75	4	00:05:11	6021
5909	9822	Luis Fortes	00:30:51	01:01:59	01:00:13	5844	The Last Ones	V35	1121	00:05:07	5803



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5910	3460	Renato Cruz	00:29:58	01:01:59	01:00:56	6037	GD Banco BPI	V45	669	00:04:58	5322
5911	4978	Mario Maximino	00:31:04	01:01:59	00:59:52	5738		V35	1122	00:05:20	6345
5912	4150	Pedro Oliveira	00:33:02	01:01:59	01:00:37	5963		V40	1057	00:04:41	4332
5913	5595	Rui Soero	00:32:12	01:01:59	01:00:36	5957	Clube TAP PORTUGAL	Senior	1229	00:04:40	4279
5914	3796	Ricardo Pereira	00:32:02	01:02:00	01:00:06	5812	Amigos Vale Silencio	V35	1123	00:04:53	5074
5915	8148	Silvia Veracruz	00:31:47	01:02:00	01:00:15	5855	eGAS Runners	V35	176	00:05:03	5580
5916	6326	Ricardo Rodrigues	00:30:44	01:02:00	01:00:44	5997		Senior	1230	00:05:18	6281
5917	5942	Fernando Saraiva	00:30:01	01:02:00	01:01:47	6245	Os Saraivas	V55	245	00:05:38	6954
5918	7773	Pedro Galvão	00:33:29	01:02:00	01:00:09	5825		Senior	1231	00:04:40	4276
5919	8150	Jorge Domingues	00:31:48	01:02:00	01:00:14	5847	eGAS Runners	V60	136	00:05:03	5585
5920	2576	Rudolfo Nobre	00:31:33	01:02:01	01:00:43	5995		V35	1124	00:04:57	5316
5921	9169	Paulo Lopes	00:30:50	01:02:01	01:00:03	5790		V35	1125	00:05:21	6379
5922	9694	Kensaku Nomoto	00:32:58	01:02:01	01:00:51	6020		V40	1058	00:04:52	4983
5923	8774	Jessica Gil	00:30:44	01:02:01	01:00:54	6027		Senior	278	00:04:40	4222
5924	7043	Carla Simões	00:30:38	01:02:01	01:01:03	6062	INDEG-ISCTE	V50	43	00:05:27	6604
5925	8151	Alexandra Forte	00:31:05	01:02:01	01:00:39	5972		V40	171	00:05:07	5819
5926	9079	Maria Font	00:29:47	01:02:01	01:01:54	6277	Ketaminas	V40	172	00:05:29	6672
5927	2403	Maria Franco	00:30:38	01:02:02	01:01:03	6060	Valejas Atlético Clube	V40	173	00:05:27	6627
5928	5607	Dora Pires	00:30:58	01:02:02	01:01:05	6069	SS CGD	V45	119	00:05:14	6105



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5929	4185	Maritza Valdes	00:31:43	01:02:02	01:00:16	5863	ADRC Mata de Benfica	V45	120	00:04:55	5202
5930	1447	João Martins	00:36:09	01:02:02	00:52:32	3381		V35	1126	00:04:07	2211
5931	2906	Fernanda Mangas	00:30:17	01:02:03	01:01:23	6138	Serviços Sociais Montepio Geral	V35	177	00:05:11	6011
5932	8253	Francisco Dias	00:34:15	01:02:04	00:56:35	4737	GMASA	V40	1059	00:04:36	4010
5933	8443	Irina Lopes	00:31:44	01:02:04	00:59:59	5779	Volkswagen Autoeuropa	Senior	279	00:04:44	4544
5934	6027	Carlos Pereira	00:31:38	01:02:04	01:01:02	6057	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V55	246	00:04:51	4956
5935	4005	Ernesto Barroso	00:29:34	01:02:04	01:00:50	6013		V45	670	00:05:55	7350
5936	6026	Alberto Carolino	00:31:40	01:02:04	01:01:01	6055	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V60	137	00:04:51	4964
5937	4122	Bruno Martins	00:31:56	01:02:04	01:00:19	5876		V35	1127	00:04:52	5024
5938	6488	João Valentim	00:31:39	01:02:05	01:01:32	6181		V45	671	00:04:55	5198
5939	6810	Sérgio Oliveira	00:31:56	01:02:05	01:00:20	5881	GD Banco BPI	V35	1128	00:04:53	5073
5940	3221	António Pereira	00:31:31	01:02:05	01:00:36	5953	G D C Banco de Portugal	V70	19	00:04:56	5243
5941	267	José Ferreira	00:29:42	01:02:05	01:01:50	6261		V50	416	00:05:52	7285
5942	7832	Isabel Martinez	00:30:43	01:02:06	01:00:15	5858		V40	174	00:05:02	5544
5943	10420	Sara Oliveira	00:32:15	01:02:06	01:00:00	5783		V35	178	00:05:03	5575
5944	198	Filipe Franco	00:30:24	01:02:06	01:01:22	6133	Franco	V40	1060	00:04:10	2406
5945	8538	Carlos Simão	00:31:03	01:02:06	01:01:02	6059		V40	1061	00:06:07	7611
5946	6454	Patricia Almeida	00:31:29	01:02:06	01:01:22	6134	ENJOADAS DO ASFALTO	V40	175	00:05:05	5683
5947	8178	Ana Marques	00:31:37	01:02:06	01:01:15	6106		Senior	280	00:04:58	5332



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
5948	3248	Pedro Falcato	00:33:09	01:02:06	01:00:41	5981	Rail Runners	V40	1062	00:04:34	3942
5949	10116	João Medeiros	00:32:16	01:02:06	00:59:59	5776		V45	672	00:05:02	5546
5950	8965	Marta Franco	00:31:21	01:02:07	01:01:29	6164		Senior	281	00:05:24	6495
5951	5303	Carlos Lopes	00:33:23	01:02:07	00:59:57	5766	Na Pagas Nada? Team	Senior	1232	00:04:25	3365
5952	8062	João Gomes	00:28:36	01:02:07	01:01:40	6221		V35	1129	00:05:49	7238
5953	1818	Mário Teixeira	00:29:13	01:02:07	01:00:58	6046	Volkswagen Autoeuropa	V35	1130	00:05:49	7227
5954	9740	Carla Cardoso	00:31:08	01:02:07	01:00:19	5877		V35	179	00:05:41	7022
5955	4039	Helena Santos	00:31:31	01:02:08	01:00:25	5905	Açoreana Clube Banif	V50	44	00:04:58	5348
5956	4038	António Jorge	00:31:33	01:02:08	01:00:25	5904	Açoreana Clube Banif	V60	138	00:04:58	5357
5957	4599	Paula Sousa	00:29:03	01:02:08	01:01:54	6276	Digio Outdoor	V35	180	00:05:44	7111
5958	8932	Pedro Rebelo	00:30:44	01:02:08	01:01:35	6198		V40	1063	00:05:44	7116
5959	8931	Tiago Nobre	00:30:43	01:02:08	01:01:35	6196		V45	673	00:05:45	7133
5960	9845	Jose Campos	00:31:17	01:02:08	00:57:48	5125		V45	674	00:04:52	4985
5961	2297	Regina Badalo	00:31:54	01:02:08	01:00:27	5919	ADCSA Baldio	V45	121	00:05:05	5719
5962	5578	Manuel Oliveira	00:31:56	01:02:08	01:00:51	6016	Associação BNU	V75	5	00:05:08	5838
5963	8729	Nuno Macário	00:34:50	01:02:09	00:55:47	4447	TFM	V35	1131	00:04:25	3358
5964	6878	Juan Silva	00:31:33	01:02:09	01:00:55	6035		V35	1132	00:04:52	4981
5965	254	Antonio Domingos	00:31:44	01:02:10	01:00:26	5916	Corre@Correr	V65	57	00:04:53	5054
5966	5135	Catarina Magalhães	00:32:00	01:02:10	00:59:48	5722		Senior	282	00:05:31	6741



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
5967	5936	Fernando Silva	00:30:41	01:02:10	01:01:12	6094		V40	1064	00:05:19	6321
5968	98	Carlos Pena	00:32:09	01:02:10	01:00:22	5894		V45	675	00:04:51	4952
5969	4644	Nuno Fonseca	00:33:17	01:02:11	01:01:26	6151		V40	1065	00:04:46	4625
5970	1386	Rui Afonso	00:33:17	01:02:11	01:01:27	6153		V40	1066	00:04:47	4727
5971	5123	António Sietra	00:30:23	01:02:11	01:01:11	6093	Clube Vodafone	V40	1067	00:05:22	6452
5972	4711	Marcelo Areias	00:34:45	01:02:11	00:56:14	4600		V35	1133	00:04:49	4798
5973	3326	Álvaro Rodrigues	00:33:32	01:02:11	00:53:32	3669		Senior	1233	00:04:45	4567
5974	9434	Daniel Pinto	00:29:17	01:02:12	01:02:03	6303		Senior	1234	00:04:17	2827
5975	6879	Andreia Raposo	00:30:21	01:02:13	01:01:50	6259		Senior	283	00:05:19	6333
5976	7167	Nuno Dias	00:31:25	01:02:13	01:00:35	5951	INDEG-ISCTE	Senior	1235	00:05:04	5632
5977	8834	Rui Fernandes	00:30:47	01:02:14	01:01:47	6247	EXICTOS Running Team	V45	676	00:05:19	6335
5978	2283	João Fernandes	00:31:44	01:02:14	01:00:28	5922	DRunners	Senior	1236	00:04:48	4738
5979	4699	Dina Oliveira	00:30:05	01:02:14	01:02:03	6306		V45	122	00:05:21	6376
5980	1750	Luis Santos	00:35:57	01:02:14	00:56:08	4562		V45	677	00:04:14	2663
5981	4063	Carla Talaia	00:30:29	01:02:14	01:01:27	6157	Urban Trail Samora Correia	V35	181	00:05:01	5501
5982	1774	Bruno Delgado	00:31:42	01:02:14	01:00:20	5882		V35	1134	00:05:02	5531
5983	765	João Henriques	00:29:02	01:02:15	01:01:40	6217		V40	1068	00:05:33	6778
5984	9749	Gonçalo Santos	00:33:04	01:02:15	01:00:40	5974		Senior	1237	00:04:41	4324
5985	7642	Marta Correia	00:29:45	01:02:16	01:01:15	6108	afrs	Senior	284	00:06:07	7608



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
5986	3706	Paulo Barreiros	00:36:37	01:02:16	00:52:20	3316		V45	678	00:03:56	1497
5987	9768	Frederico Pinto	00:28:17	01:02:16	01:02:06	6310		Senior	1238	00:06:16	7750
5988	6863	Ana Inacio	00:30:17	01:02:16	01:01:26	6148		V35	182	00:05:59	7454
5989	4037	Nuno Santo	00:31:33	01:02:17	01:00:32	5940	Açoreana Clube Banif	V40	1069	00:05:02	5540
5990	9867	Catarina Ribeiro	00:30:13	01:02:17	01:00:57	6041		V35	183	00:05:24	6504
5991	928	Patricia Pires	00:31:37	01:02:17	01:00:09	5828		Senior	285	00:05:19	6330
5992	4036	Sandra Martins	00:31:33	01:02:17	01:00:33	5943	Açoreana Clube Banif	V35	184	00:05:03	5584
5993	8360	André Pessoa	00:29:17	01:02:17	01:01:48	6256		Senior	1239	00:05:24	6514
5994	8420	Rosa Falardo	00:30:02	01:02:17	01:01:46	6235		V50	45	00:05:24	6512
5995	4474	José Prisal	00:33:19	01:02:17	00:57:24	5008		V50	417	00:04:49	4795
5996	1566	Pedro José	00:29:09	01:02:18	01:01:48	6254		V40	1070	00:05:38	6929
5997	2023	Maria Godinho	00:31:41	01:02:18	01:01:52	6269		V40	176	00:04:39	4176
5998	3349	Carlos Fernandes	00:33:20	01:02:19	00:57:25	5014		V50	418	00:04:54	5123
5999	9426	Cristina Pereira	00:31:24	01:02:19	01:01:35	6200		V35	185	00:05:06	5740
6000	1675	Luisa Santos	00:31:05	01:02:19	01:00:42	5989		V45	123	00:05:21	6410
6001	6780	Claudia Amaral	00:30:59	01:02:19	01:01:43	6228	Em Agosto saí do sofa	V40	177	00:05:05	5714
6002	6781	Teresa Teixeira	00:30:59	01:02:19	01:01:42	6224	Em Agosto saí do sofa	V45	124	00:05:05	5720
6003	9091	Rui Teodoro	00:32:40	01:02:19	01:01:10	6085		V35	1135	00:04:37	4081
6004	6081	Tiago Silva	00:31:35	01:02:19	01:00:39	5969		V35	1136	00:05:20	6347



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6005	9308	Isabel Dias	00:30:35	01:02:19	01:01:30	6165		V35	186	00:05:26	6586
6006	4453	Sergio Anjos	00:31:27	01:02:20	01:01:56	6288	CLUBE MILLENNIUM BCP	V65	58	00:05:02	5567
6007	7536	Paulo Silva	00:35:51	01:02:20	00:56:10	4579		V50	419	00:04:14	2666
6008	5127	Ricardo Mestre	00:32:06	01:02:20	01:01:14	6102		V35	1137	00:04:53	5042
6009	8296	João Gonçalves	00:29:49	01:02:20	01:01:41	6222	PowerBoost Club	V45	679	00:05:03	5577
6010	5145	Jose Borges	00:32:06	01:02:20	01:01:14	6104		V50	420	00:04:51	4948
6011	5660	Sérgio Balseiro	00:30:50	01:02:20	01:02:20	6357		V40	1071	00:05:12	6043
6012	3975	Pedro Cavaco	00:31:18	01:02:21	01:01:03	6064	Corredios	Senior	1240	00:05:29	6665
6013	2053	Joaquim Pereira	00:27:05	01:02:22	01:02:12	6327	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V75	6	00:06:02	7516
6014	8462	Andre Jorge	00:31:13	01:02:23	01:00:14	5851	Ginja Team	Senior	1241	00:05:20	6375
6015	1775	Lara Valente	00:31:42	01:02:23	01:00:28	5925		Senior	286	00:05:10	5963
6016	9898	Pedro Brandão	00:29:06	01:02:23	01:02:12	6329		Senior	1242	00:05:39	6977
6017	1530	Luis Cardoso	00:33:57	01:02:23	00:57:07	4928		V40	1072	00:04:50	4890
6018	5787	Cecília Neves	00:31:01	01:02:23	01:00:55	6033		Senior	287	00:05:31	6743
6019	8361	Isabel Rodrigues	00:30:02	01:02:23	01:01:51	6264		V45	125	00:05:30	6721
6020	3438	André Gutierrez	00:32:01	01:02:23	01:00:59	6050	Volkswagen Autoeuropa	Senior	1243	00:05:06	5745
6021	6335	Bruno Neves	00:31:01	01:02:23	01:00:54	6028		Senior	1244	00:05:31	6737
6022	6457	Augusto Ribeiro	00:27:55	01:02:24	01:01:48	6250		V45	680	00:07:36	8286
6023	4301	Paula Batalha	00:30:22	01:02:24	01:02:10	6324	CLUBE MILLENNIUM BCP	V45	126	00:05:30	6699

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6024	4224	Hugo Fialho	00:29:34	01:02:24	01:02:11	6325	Correr Lisboa	V35	1138	00:05:26	6592
6025	5421	Nádia Antunes	00:31:08	01:02:24	01:00:25	5907		Senior	288	00:05:20	6356
6026	513	Sofia Abrantes	00:30:07	01:02:24	01:01:11	6089	Balhelhas	Senior	289	00:05:21	6403
6027	463	Carla Silva	00:29:37	01:02:25	01:02:19	6355		V35	187	00:05:25	6534
6028	6698	Joana Aguiar	00:31:04	01:02:25	01:01:14	6101	Weventual	V35	188	00:05:18	6301
6029	1077	Mário Lima	00:32:02	01:02:25	01:00:27	5917	O MUNDO DA CORRIDA	V60	139	00:05:01	5516
6030	5511	Andreia Oliveira	00:32:02	01:02:26	01:00:23	5896	Georunners	V35	189	00:05:01	5517
6031	3842	Joaquim Santos	00:31:34	01:02:26	01:00:56	6038	EVELX - Associação de Estilos de Vida Saudável	V65	59	00:05:08	5855
6032	8012	Valter Eduardo	00:32:47	01:02:26	00:57:40	5085		Senior	1245	00:04:59	5383
6033	9245	Bruno Cardoso	00:32:11	01:02:27	01:00:09	5823	Kaninos	Senior	1246	00:05:09	5891
6034	8581	Regina Labent	00:30:26	01:02:28	01:01:46	6236		V35	190	00:05:53	7312
6035	2854	Andreia Ferreira	00:30:58	01:02:28	01:01:53	6271	Resmas	Senior	290	00:05:20	6366
6036	938	Antonio Trinca	00:35:21	01:02:28	00:56:38	4753		V35	1139	00:04:39	4180
6037	3578	Helder Alexandre	00:32:09	01:02:28	01:00:21	5884	Starfish	V40	1073	00:05:06	5749
6038	6277	Sónia Beato	00:35:28	01:02:28	00:56:27	4682	LINDA-A-PASTORA SPORTING CLUBE	V35	191	00:04:14	2675
6039	6257	Manuela Raimundo	00:31:56	01:02:28	01:00:48	6008	Novos Trilhos	V45	127	00:04:49	4834
6040	3740	Mário Rodrigues	00:29:21	01:02:28	01:02:19	6350	Gatos Fedorentos	V60	140	00:05:31	6723
6041	1035	Ricardo Martins	00:31:18	01:02:29	01:01:29	6162		V35	1140	00:05:19	6325
6042	4767	Pedro Dias	00:32:05	01:02:29	01:00:18	5875	Dor de Burro	V40	1074	00:04:58	5351



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6043	6279	Pedro Magalhães	00:35:27	01:02:29	00:56:28	4685	LINDA-A-PASTORA SPORTING CLUBE	V40	1075	00:04:16	2814
6044	4768	João Reis	00:32:06	01:02:29	01:00:18	5874	Dor de Burro	V40	1076	00:04:59	5385
6045	8663	João Bossa	00:34:32	01:02:29	00:56:51	4831	NB Run	Senior	1247	00:04:34	3931
6046	10494	Júlio Vilanova	00:31:34	01:02:29	01:01:28	6158		V35	1141	00:05:04	5633
6047	27	Ricardo Farinha	00:31:12	01:02:30	01:01:54	6279		Senior	1248	00:05:09	5914
6048	5317	Paula Serra	00:31:18	01:02:30	01:02:13	6330	CCD Sintrense	V40	178	00:05:18	6298
6049	988	João Domingos	00:30:32	01:02:30	01:00:39	5971		Senior	1249	00:05:36	6895
6050	3674	Richard Jesus	00:31:36	01:02:31	01:00:39	5970	clube marginal	Senior	1250	00:05:27	6618
6051	5708	Jorge Manso	00:32:27	01:02:31	01:01:34	6193		V35	1142	00:04:00	1721
6052	7606	Giovanna Franchi	00:30:16	01:02:31	01:02:19	6351		Senior	291	00:05:45	7138
6053	8745	Manuel Rosas	00:33:00	01:02:31	01:01:27	6156		V40	1077	00:04:51	4931
6054	8765	Marta Chorão	00:33:00	01:02:31	01:01:27	6155		Senior	292	00:04:52	4993
6055	2384	Isabel Santos	00:33:35	01:02:31	00:57:15	4965	SANTOS & SILVA	V50	46	00:04:49	4816
6056	835	Sérgio Matos	00:34:50	01:02:31	00:56:45	4795		Senior	1251	00:04:41	4291
6057	5706	Diana Silva	00:32:27	01:02:31	01:01:34	6190		Senior	293	00:04:00	1730
6058	995	Artur Silva	00:30:52	01:02:31	01:01:14	6100		V35	1143	00:05:45	7144
6059	7186	Luis Lara	00:32:19	01:02:32	01:00:26	5910		V65	60	00:04:46	4639
6060	7546	Bruno Grácio	00:32:47	01:02:32	01:01:11	6090	Aero2002	Senior	1252	00:04:44	4547
6061	4167	Bruno Marques	00:30:09	01:02:32	01:01:37	6205		Senior	1253	00:06:04	7559



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6062	4171	Henrique Serrano	00:35:18	01:02:32	00:53:21	3621		Senior	1254	00:04:32	3809
6063	2899	Carlos Cruz	00:31:01	01:02:32	01:01:25	6143		V40	1078	00:05:24	6508
6064	985	Ricardo Sousa	00:30:59	01:02:33	01:00:35	5952		Senior	1255	00:05:27	6621
6065	1205	Rogério Dias	00:29:55	01:02:33	01:02:24	6366		V65	61	00:04:56	5233
6066	3897	João Elvas	00:32:10	01:02:33	01:00:42	5983		V40	1079	00:05:04	5641
6067	10368	António Junior	00:31:36	01:02:33	01:01:09	6082		V45	681	00:04:50	4898
6068	6712	Bernardo Ratilal	00:31:35	01:02:33	01:00:36	5955		V35	1144	00:04:46	4645
6069	2309	Filipe Almeida	00:30:34	01:02:34	01:02:31	6393		V35	1145	00:04:46	4647
6070	260	Lurdes Vale	00:28:41	01:02:34	01:02:28	6385	Correr Lisboa	V45	128	00:05:20	6351
6071	3437	Fábio Gutierres	00:32:01	01:02:34	01:01:10	6086	Volkswagen Autoeuropa	Senior	1256	00:04:57	5290
6072	9794	Mónica Martins	00:30:50	01:02:34	01:01:49	6257		Senior	294	00:05:08	5834
6073	10493	Rui Monteiro	00:31:35	01:02:35	01:01:33	6185		V35	1146	00:05:09	5899
6074	3980	Rui Teixeira	00:32:35	01:02:36	01:01:22	6135		V40	1080	00:05:05	5724
6075	983	Rita Silva	00:31:08	01:02:36	01:00:46	6006		V35	192	00:05:21	6388
6076	6275	Soli Fransson	00:30:40	01:02:37	01:01:08	6079		Senior	295	00:05:31	6742
6077	7333	Sofia Lopes	00:32:55	01:02:37	01:02:36	6408		Senior	296	00:04:39	4169
6078	8864	Michele Correia	00:32:12	01:02:37	01:00:36	5954		V40	179	00:05:01	5478
6079	7871	Nuno Leão	00:29:32	01:02:37	01:02:32	6398		V35	1147	00:05:59	7457
6080	4472	Ana Ferreira	00:31:25	01:02:38	01:01:45	6234		Senior	297	00:05:06	5725



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6081	4014	Jose Charraz	00:29:24	01:02:38	01:02:31	6392		V40	1081	00:05:46	7157
6082	6046	Vera Santos	00:29:47	01:02:38	01:02:22	6363	Bacalhau Runners	Senior	298	00:05:47	7180
6083	4025	Hugo Pinto	00:33:29	01:02:39	01:00:34	5948		V35	1148	00:05:05	5721
6084	9226	Jeremy Teixeira	00:32:12	01:02:39	01:00:42	5984		Senior	1257	00:05:21	6407
6085	7754	Leonor Cunha	00:32:12	01:02:39	01:00:42	5985		Senior	299	00:05:21	6377
6086	9076	Tiago Silva	00:32:12	01:02:39	01:00:42	5986	Tartarugas Solidárias	V35	1149	00:05:21	6378
6087	2824	Sabrina Serra	00:33:05	01:02:39	00:56:40	4759	CCD Siemens	Senior	300	00:05:26	6585
6088	2498	João Calado	00:29:33	01:02:40	01:02:33	6401	No Limits	Junior	139	00:05:21	6380
6089	2242	Sara Alberto	00:32:48	01:02:40	01:00:28	5923	Panela Mágica	Senior	301	00:04:57	5295
6090	4858	Paulo Carvalho	00:30:20	01:02:40	01:01:53	6273	EngenhariaLiquida	V45	682	00:05:13	6080
6091	1910	Alberto Cano	00:32:33	01:02:40	01:01:54	6278	Clube Atletismo Amigos de Belém	V60	141	00:04:44	4524
6092	7252	Nuno Pereira	00:31:39	01:02:40	01:00:47	6007	iRun	V40	1082	00:05:22	6447
6093	2496	Luis Garção	00:29:33	01:02:41	01:02:35	6406	No Limits	V45	683	00:05:23	6474
6094	7800	Jorge Ferro	00:35:35	01:02:41	00:56:52	4836		V45	684	00:04:28	3600
6095	6578	Carlota Pereira	00:30:59	01:02:42	01:02:01	6300		Senior	302	00:05:11	6006
6096	1973	Ana Neves	00:32:29	01:02:42	01:01:48	6252		V40	180	00:05:02	5524
6097	542	José Aguiar	00:32:00	01:02:42	01:00:44	5999		V45	685	00:05:02	5525
6098	4179	Monica Matos	00:31:35	01:02:42	01:00:38	5966	Be2Run	V35	193	00:05:26	6581
6099	8860	Andreia Ventura	00:33:20	01:02:43	01:00:31	5939		Senior	303	00:04:30	3700



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6100	8569	Miguel Pires	00:30:44	01:02:43	01:01:55	6280	CLUBE ACCENTURE	V35	1150	00:05:34	6810
6101	7100	Rui Marques	00:38:02	01:02:43	00:57:16	4971	INDEG-ISCTE	V35	1151	00:04:04	1927
6102	8460	Pedro Chaves	00:30:05	01:02:43	01:01:21	6124		V40	1083	00:06:12	7685
6103	7569	Rui Pereira	00:29:40	01:02:43	01:02:31	6394		V40	1084	00:05:24	6524
6104	9612	Nuno Lopes	00:32:02	01:02:44	01:01:34	6191		V35	1152	00:05:03	5617
6105	8894	Sónia Fevereiro	00:30:47	01:02:44	01:02:22	6365		V40	181	00:05:37	6915
6106	8410	Carlos Pinto	00:31:42	01:02:44	01:01:16	6110		V40	1085	00:04:58	5365
6107	3280	Carlos Picado	00:30:04	01:02:44	01:01:58	6293		Senior	1258	00:05:38	6953
6108	8433	Ricardo Alves	00:31:43	01:02:44	01:01:16	6111		V40	1086	00:04:58	5329
6109	94	Natalia Guerreiro	00:31:55	01:02:45	01:02:09	6320		V40	182	00:05:09	5893
6110	414	Alexandra Leal	00:31:55	01:02:45	01:02:09	6321		V35	194	00:05:10	5947
6111	9464	Dulce Caldeira	00:30:25	01:02:45	01:02:19	6352		V45	129	00:05:13	6075
6112	2372	Carla Pereira	00:31:46	01:02:45	01:00:49	6012	Famelga	V40	183	00:05:10	5946
6113	4634	Bruno Jorge	00:32:02	01:02:46	01:01:46	6238	Parrameiros	V35	1153	00:05:01	5481
6114	8271	Evelyn Young	00:30:36	01:02:46	01:01:57	6290		V50	47	00:04:53	5058
6115	4265	Gabriela Marques	00:30:38	01:02:46	01:02:19	6354		V35	195	00:05:02	5571
6116	6824	Nancy Almeida	00:29:57	01:02:46	01:02:32	6396		V40	184	00:05:34	6811
6117	4266	Lurdes Santos	00:30:37	01:02:46	01:02:19	6349		V35	196	00:05:02	5552
6118	318	Joanadarc Chouriço	00:28:58	01:02:46	01:02:40	6420		V50	48	00:05:17	6240



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6119	4555	Cristiano Santos	00:34:28	01:02:47	00:57:36	5062		V35	1154	00:04:25	3391
6120	9705	Rodolfo Serra	00:32:42	01:02:47	00:57:53	5149	Bué da Serras	Senior	1259	00:04:24	3328
6121	2540	Pedro Lopes	00:29:48	01:02:47	01:02:13	6335		V35	1155	00:05:13	6076
6122	9140	Nuno Branco	00:31:19	01:02:48	01:00:58	6047		V40	1087	00:05:07	5792
6123	9553	Paulo Lourenço	00:31:10	01:02:48	01:01:26	6150		V45	686	00:05:49	7240
6124	6134	Ana Amendoeira	00:30:06	01:02:48	01:02:06	6311		Senior	304	00:05:28	6649
6125	5101	Pedro Rodrigues	00:28:27	01:02:48	01:02:38	6412		Senior	1260	00:05:57	7422
6126	1583	Filipe Santa-Clara	00:30:01	01:02:48	01:01:15	6107	Flechas	V35	1156	00:05:41	7019
6127	2244	Francisco Ralha	00:32:20	01:02:48	01:01:43	6229	Run 4 Fun	Senior	1261	00:04:50	4873
6128	6123	João Fonseca	00:38:05	01:02:49	00:52:51	3469	Proaventuras	V45	687	00:03:58	1596
6129	381	Miguel Leal	00:31:22	01:02:49	01:02:21	6358		Senior	1262	00:04:50	4878
6130	923	Mário Gomes	00:28:46	01:02:49	01:02:35	6405		V35	1157	00:06:02	7514
6131	2103	Henrique Vilhena	00:32:39	01:02:49	01:02:01	6302		V55	247	00:05:00	5442
6132	10262	Ana Cabral	00:31:27	01:02:49	01:01:25	6142		Senior	305	00:04:51	4942
6133	2560	José Barreiros	00:31:40	01:02:50	01:01:32	6175		V40	1088	00:04:58	5347
6134	5600	Ana Azevedo	00:30:57	01:02:50	01:01:53	6272	SS CGD	V35	197	00:05:22	6446
6135	5601	Anabela Esteves	00:30:58	01:02:50	01:01:52	6267	SS CGD	V50	49	00:05:22	6431
6136	10575	Bernhard Werner	00:32:03	01:02:51	01:02:07	6314		V45	688	00:05:25	6546
6137	2775	João Santos	00:30:54	01:02:51	01:01:48	6255	GDC Porto Sines	V35	1158	00:05:36	6864

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6138	5703	João Pereira	00:30:54	01:02:51	01:01:48	6248	GDC Porto Sines	Senior	1263	00:05:36	6879
6139	3833	Orlando Rolo	00:30:51	01:02:51	01:02:00	6298		V55	248	00:05:31	6751
6140	1507	Pedro Ferreira	00:35:41	01:02:51	00:57:21	4985		V50	421	00:04:39	4198
6141	4608	Cintia Guedes	00:32:15	01:02:51	01:00:33	5944		V45	130	00:05:26	6589
6142	9247	Adozinda Rito	00:31:22	01:02:52	01:02:05	6308	Pai Natal	V50	50	00:05:29	6675
6143	6386	Tiago Vardasca	00:31:04	01:02:52	01:01:35	6199		Senior	1264	00:05:14	6129
6144	3428	André Pinto	00:29:03	01:02:52	01:02:26	6373	OS PINTOS	Senior	1265	00:05:05	5717
6145	2506	Rui Gameiro	00:34:53	01:02:52	00:53:58	3792	CASA DO PESSOAL DA RTP	V40	1089	00:04:51	4937
6146	6536	André Rijo	00:32:38	01:02:52	01:02:08	6317		Junior	140	00:04:30	3705
6147	3132	Tatiana Louro	00:30:15	01:02:52	01:02:14	6337	BIVAC IBERICA	Senior	306	00:05:56	7391
6148	2421	Rui Pratas	00:35:01	01:02:53	00:56:53	4841	Escola Atletismo Rui Silva	V40	1090	00:04:33	3890
6149	435	Pedro Colaço	00:29:07	01:02:53	01:02:13	6332	Matos, Fonseca & Friends	Senior	1266	00:06:33	7935
6150	5763	Sandra Neves	00:30:39	01:02:53	01:01:32	6179	Run 4 T Fun	V40	185	00:05:13	6103
6151	5765	Ana Antunes	00:30:37	01:02:53	01:01:32	6182	Run 4 T Fun	V35	198	00:05:13	6102
6152	5460	João Rodrigues	00:31:23	01:02:54	01:01:28	6160		Senior	1267	00:05:33	6796
6153	5043	Pedro Rodrigues	00:31:22	01:02:54	01:01:29	6161	Riverside Eagles	Senior	1268	00:05:33	6794
6154	10125	Janaina Plessmann	00:33:39	01:02:55	00:57:51	5142		Senior	307	00:04:44	4546
6155	2788	Dora Cordeiro	00:31:19	01:02:55	01:01:26	6146		V35	199	00:05:18	6293
6156	6441	José Ferrabelo	00:30:59	01:02:55	01:01:21	6126	ASAS	V60	142	00:05:29	6676



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6157	1944	Cátia Torres	00:32:08	01:02:55	01:02:37	6410		Senior	308	00:04:55	5201
6158	115	João Veloso	00:32:11	01:02:55	01:01:04	6066	João e Sandra	V40	1091	00:04:49	4793
6159	1118	Manuel Silva	00:32:11	01:02:56	01:01:05	6070	João e Sandra	V55	249	00:04:49	4796
6160	4029	Rui Luis	00:30:55	01:02:56	01:02:00	6297		V55	250	00:05:03	5590
6161	7545	Maria Lascas	00:32:47	01:02:56	01:01:34	6188	Aero2002	Senior	309	00:04:59	5375
6162	810	Frederico Reino	00:31:37	01:02:57	01:01:39	6214		V40	1092	00:05:59	7446
6163	7574	Antonio Gomes	00:31:33	01:02:57	01:02:03	6305		V50	422	00:05:10	5966
6164	2580	Nuno Cordeiro	00:33:27	01:02:58	01:00:53	6022		V40	1093	00:05:07	5770
6165	1628	Joana Ferreira	00:33:06	01:02:58	01:01:33	6183	Fund Box	Senior	310	00:04:49	4810
6166	5440	Lénio Marinho	00:30:11	01:02:58	01:02:50	6457		V60	143	00:05:25	6531
6167	9585	Maria Nunes	00:32:34	01:02:59	01:02:14	6338		Senior	311	00:05:01	5496
6168	7848	Antonio Albuquerque	00:31:16	01:02:59	01:01:58	6292	Alibaba	V45	689	00:05:07	5773
6169	734	Ricardo Viana	00:30:18	01:02:59	01:02:58	6483		V35	1159	00:05:41	7021
6170	4022	Patrícia Rosa	00:33:03	01:03:01	00:58:06	5216	Os Moleiro do Colibríde	Senior	312	00:04:41	4346
6171	4217	Gonçalo	00:33:44	01:03:01	00:58:07	5218	Os Moleiro do Colibríde	V35	1160	00:04:41	4353
6172	10322	Bartolomeu Pereira	00:32:03	01:03:01	01:01:37	6202		V40	1094	00:05:05	5706
6173	7161	Diogo Rosa	00:32:14	01:03:01	01:00:55	6031	INDEG-ISCTE	V35	1161	00:05:09	5903
6174	142	Ana Marques	00:30:38	01:03:02	01:02:33	6402	BRRnightRUNNERS - Barreiro	V45	131	00:05:21	6408
6175	10355	Paulo Silva	00:30:10	01:03:02	01:02:47	6442		V45	690	00:05:45	7131

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6176	5699	Patricia Guerra	00:30:11	01:03:02	01:02:58	6481	Nel-Péd atleta	V35	200	00:05:36	6874
6177	9266	Maria Medeiros	00:30:18	01:03:03	01:02:35	6404	RUNNING MUMS	V35	201	00:05:45	7141
6178	8293	Ana Correia	00:33:20	01:03:03	01:01:09	6080	PowerBoost Club	Senior	313	00:04:56	5272
6179	2647	João Pinto	00:30:53	01:03:03	01:01:34	6192	Os Leões de Alverca	Senior	1269	00:05:04	5659
6180	6726	Marco Antunes	00:31:10	01:03:04	01:01:05	6072	AC do Caracol	V40	1095	00:05:12	6046
6181	6668	Marianela Andrade	00:30:43	01:03:04	01:02:47	6443		V35	202	00:05:32	6764
6182	6667	Pedro Andrade	00:30:43	01:03:04	01:02:46	6438		V35	1162	00:05:32	6760
6183	741	Sergio Sampaio	00:32:35	01:03:04	01:01:59	6295	Pilotis di Competizione	V45	691	00:04:47	4701
6184	815	Luís Costa	00:35:25	01:03:04	00:57:03	4901		V45	692	00:04:41	4320
6185	3651	Mauro Peliquito	00:30:57	01:03:05	01:02:11	6326	Associação dos Pupilos do Exército	Senior	1270	00:05:43	7079
6186	5892	João Costa	00:33:53	01:03:05	00:57:54	5154	Bulldozers	V35	1163	00:05:27	6598
6187	8218	Diogo Lourenço	00:31:18	01:03:05	01:02:43	6428	Running Geeks	V35	1164	00:05:35	6843
6188	4930	Joaquim Simao	00:31:40	01:03:06	01:01:42	6225	ODEBRECHT PORTUGAL	V50	423	00:04:59	5382
6189	586	Catarina Sá	00:31:56	01:03:06	01:02:54	6472		Senior	314	00:05:35	6834
6190	3466	João Baptista	00:31:23	01:03:06	01:02:27	6379	ACD BOCAL	V35	1165	00:05:16	6195
6191	6760	Eugénia Borracha	00:29:37	01:03:06	01:03:00	6490		V50	51	00:05:27	6599
6192	4394	Raquel Mendes	00:27:47	01:03:06	01:02:56	6476	CLUBE MILLENNIUM BCP	V35	203	00:06:02	7510
6193	3464	Marco Baptista	00:31:23	01:03:06	01:02:26	6374	ACD BOCAL	Senior	1271	00:05:16	6197
6194	6759	José Borracha	00:29:37	01:03:07	01:03:01	6491		V50	424	00:05:28	6645



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6195	8353	Tiago Santos	00:29:24	01:03:07	01:03:03	6498		V35	1166	00:05:53	7300
6196	10202	Ana Barradas	00:33:55	01:03:07	00:57:55	5160		V35	204	00:05:02	5553
6197	1393	Sofia Escária	00:31:19	01:03:07	01:02:03	6304	escaria&friends	Junior	22	00:05:10	5976
6198	9428	Nelson Gil	00:30:16	01:03:07	01:02:06	6312		V35	1167	00:06:06	7586
6199	3718	Marta Rodrigues	00:31:18	01:03:07	01:01:50	6260		Junior	23	00:05:12	6053
6200	9691	Mafalda Matos	00:29:57	01:03:07	01:02:45	6436		Senior	315	00:05:33	6783
6201	2187	Susana Cunha	00:31:45	01:03:08	01:01:52	6268	Açoreana Clube Banif	V35	1168	00:05:42	7067
6202	5655	Susana Ribeiro	00:30:48	01:03:08	01:02:00	6296		V35	205	00:05:25	6527
6203	4028	Carlos Dinis	00:31:25	01:03:08	01:01:30	6166	Run Buddy Run	Senior	1272	00:05:20	6342
6204	2916	Sónia Quintino	00:33:03	01:03:08	01:00:51	6017	Serviços Sociais Montepio Geral	V35	206	00:04:55	5157
6205	8317	Bruno Coimbra	00:29:44	01:03:08	01:02:56	6475		V35	1169	00:06:24	7841
6206	9419	Claudia Faria	00:32:13	01:03:08	01:00:56	6039		V35	207	00:05:00	5458
6207	1880	Sandra Torres	00:32:57	01:03:09	01:01:07	6078	Air Runners	Senior	316	00:05:08	5853
6208	5075	Rita Alves	00:29:47	01:03:09	01:02:53	6467	Bacalhau Runners	Senior	317	00:06:13	7711
6209	7287	José Martins	00:32:28	01:03:09	01:00:57	6043	Clube ANA Lisboa	V60	144	00:05:02	5556
6210	3532	Ana Correia	00:32:01	01:03:09	01:00:55	6034		V35	208	00:05:24	6518
6211	10303	Jose Fonseca	00:31:59	01:03:10	01:01:47	6246	Riverside Eagles	V45	693	00:04:57	5319
6212	6520	Karen Sosua	00:29:12	01:03:10	01:03:10	6522	Ginja Team	V50	52	00:05:30	6701
6213	6958	Miguel Caldas	00:31:44	01:03:11	01:01:00	6052		V45	694	00:05:01	5492

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6214	4564	Ana Margarido	00:29:47	01:03:11	01:03:04	6503		V35	209	00:05:33	6802
6215	7361	Maria Regalo	00:31:42	01:03:11	01:01:39	6216	Derretebanha	V40	186	00:05:22	6443
6216	7331	Ricardo Fialho	00:31:13	01:03:11	01:01:38	6209	Rio Maior Team	Senior	1273	00:05:27	6595
6217	7362	Bruno Regalo	00:31:42	01:03:11	01:01:39	6215	Derretebanha	V40	1096	00:05:22	6435
6218	2185	Rui Jorge	00:34:02	01:03:11	00:57:12	4948	Açoreana Clube Banif	V35	1170	00:04:53	5066
6219	5207	Anabela Valadas	00:30:37	01:03:11	01:03:06	6511		V35	210	00:05:59	7463
6220	7330	Jorge Fialho	00:31:16	01:03:11	01:01:39	6211	Rio Maior Team	Senior	1274	00:05:27	6605
6221	4812	Carlos Teófilo	00:31:30	01:03:12	01:02:14	6339		V40	1097	00:05:35	6850
6222	8327	Susana Rua	00:29:36	01:03:12	01:02:40	6421		V35	211	00:05:29	6679
6223	7960	Maria Marcelino	00:31:13	01:03:13	01:02:22	6364		Senior	318	00:05:19	6326
6224	6453	Ana Candeias	00:31:01	01:03:13	01:02:28	6383	ENJOADAS DO ASFALTO	V40	187	00:05:30	6692
6225	633	João Vaz	00:30:29	01:03:13	01:02:57	6480	Falcões Selvagens	V35	1171	00:04:45	4565
6226	338	Pedro Santos	00:33:52	01:03:14	00:59:10	5519		V40	1098	00:04:38	4125
6227	4164	Isabel Ferreira	00:34:32	01:03:14	01:00:58	6048	Clube Desportivo TCPI	V50	53	00:04:49	4836
6228	4929	Antonio Alves	00:31:03	01:03:15	01:02:18	6347	ODEBRECHT PORTUGAL	V55	251	00:04:57	5277
6229	6232	Fernanda Pinheiro	00:31:42	01:03:15	01:01:12	6095		Senior	319	00:06:01	7491
6230	9894	João Martins	00:33:27	01:03:15	01:02:13	6333		Senior	1275	00:04:32	3774
6231	10264	Elena Tejada	00:33:27	01:03:15	01:02:13	6334		V45	132	00:04:33	3872
6232	6383	Maria Silva	00:31:42	01:03:15	01:01:12	6096		Senior	320	00:06:02	7507



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6233	1405	Hugo Colaço	00:34:16	01:03:15	00:57:34	5054		V35	1172	00:04:51	4913
6234	7522	Pedro Lima	00:31:52	01:03:16	01:02:48	6446		V50	425	00:05:07	5816
6235	5777	Ana Fernandes	00:30:33	01:03:16	01:03:12	6526	Agenda Desportiva	Senior	321	00:05:29	6680
6236	5727	Elisabete Pio	00:31:39	01:03:17	01:02:54	6468	Os Frenéticos	Senior	322	00:05:12	6051
6237	10514	Rita Machado	00:32:10	01:03:17	01:02:26	6372		V40	188	00:05:19	6340
6238	2000	Ricardo Figueira	00:30:23	01:03:17	01:02:22	6361	COFACO AÇORES, SA	V35	1173	00:05:34	6814
6239	8550	Bruna Macedo	00:33:54	01:03:17	01:01:17	6113	EXICTOS Running Team	Senior	323	00:04:57	5276
6240	1670	Antonio Castanheira	00:35:51	01:03:18	00:57:06	4920	Os Indomáveis	V70	20	00:04:27	3479
6241	1179	Jose Martins	00:30:07	01:03:18	01:03:04	6504	CTJD	V55	252	00:05:14	6121
6242	10472	Inês Fernandes	00:32:43	01:03:18	01:02:59	6489		V35	212	00:04:53	5046
6243	1908	Gilberto Gonçalves	00:35:51	01:03:18	00:57:07	4929	Clube Atletismo Amigos de Belém	V65	62	00:04:29	3628
6244	8832	Kuniyoshi Ishii	00:33:55	01:03:18	01:01:17	6115	EXICTOS Running Team	Senior	1276	00:04:57	5296
6245	4080	Isabel Tempero	00:31:32	01:03:18	01:02:00	6299	BRRnightRUNNERS - Barreiro	V40	189	00:05:25	6526
6246	893	João Barroso	00:31:01	01:03:19	01:02:01	6301	BRRnightRUNNERS - Barreiro	V40	1099	00:05:44	7102
6247	4926	Tiago Rodrigues	00:30:23	01:03:19	01:02:55	6474	NovosAmadores	Senior	1277	00:05:33	6780
6248	7188	Sónia Nobre	00:29:30	01:03:19	01:03:16	6537	HP CLUB	V35	213	00:05:24	6502
6249	4160	Maria Batista	00:31:52	01:03:19	01:01:51	6265	G.A."Os Tartarugas"	V45	133	00:05:03	5593
6250	9869	João Teodosio	00:33:35	01:03:20	01:01:51	6266		Senior	1278	00:04:53	5048
6251	8705	Tânia Ginó	00:29:01	01:03:21	01:03:12	6529		Senior	324	00:06:26	7867



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
6252	9870	Vitalina Teodosio	00:33:36	01:03:21	01:01:52	6270		V50	54	00:04:54	5131
6253	8658	João Fonseca	00:32:37	01:03:21	01:01:42	6223		Senior	1279	00:05:23	6482
6254	6324	Cristiano Simões	00:28:35	01:03:22	01:03:16	6538		V35	1174	00:05:57	7411
6255	5577	João Branco	00:32:42	01:03:22	01:02:05	6309	Associação BNU	V65	63	00:05:27	6612
6256	7371	Elsa Mendes	00:30:50	01:03:22	01:02:44	6432		V60	11	00:05:21	6389
6257	4190	Rita Papoula-Pereira	00:30:31	01:03:22	01:03:01	6492		V35	214	00:05:01	5486
6258	3426	Pedro Pinto	00:30:32	01:03:22	01:02:56	6477	OS PINTOS	V55	253	00:05:34	6824
6259	2598	Graciete Pires	00:28:53	01:03:23	01:03:13	6536		V50	55	00:06:07	7610
6260	3941	Sónia Rodrigues	00:33:02	01:03:23	01:01:56	6287	CCD TRANQUILIDADE	V35	215	00:05:06	5739
6261	9088	Nuno Martins	00:32:01	01:03:23	01:02:18	6348		Senior	1280	00:05:25	6533
6262	147	João Frade	00:32:27	01:03:23	01:01:19	6120		V40	1100	00:05:15	6179
6263	2152	Luís Neves	00:32:17	01:03:23	01:01:39	6212	Açoreana Clube Banif	V40	1101	00:05:11	5995
6264	302	Marco Barbosa	00:30:24	01:03:24	01:03:05	6506		V35	1175	00:05:46	7163
6265	3512	Céu Miguel	00:31:26	01:03:24	01:01:47	6240	Novos Trilhos	V50	56	00:05:11	5991
6266	1059	Paula Sobral	00:31:39	01:03:24	01:02:27	6380	Tartarugas Solidárias	V40	190	00:05:08	5852
6267	7772	Nuno Silva	00:33:44	01:03:24	01:01:32	6176		Senior	1281	00:03:23	255
6268	9265	Diogo Leite	00:31:21	01:03:24	01:02:36	6409	Pai Natal	Senior	1282	00:05:59	7456
6269	807	Ana Dias	00:34:59	01:03:25	00:58:03	5199		Senior	325	00:04:54	5126
6270	9450	Sérgio Almeida	00:31:26	01:03:25	01:02:14	6340		Senior	1283	00:05:15	6165

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6271	5256	Emilia Janela	00:31:37	01:03:25	01:02:25	6371	Tartarugas Solidárias	V45	134	00:05:10	5943
6272	9264	Filipa Santos	00:31:20	01:03:25	01:02:39	6414	Pai Natal	Senior	326	00:06:00	7466
6273	10326	Magda Castro	00:30:55	01:03:25	01:01:11	6091		V35	216	00:05:12	6057
6274	5779	Carla Sequeira	00:29:23	01:03:26	01:03:23	6564	Os Beirões no Ribatejo	Senior	327	00:05:50	7245
6275	9089	Carlos Canhota	00:31:44	01:03:26	01:03:05	6509		V55	254	00:05:09	5886
6276	6363	José Gonçalves	00:29:27	01:03:26	01:02:51	6461		V40	1102	00:05:25	6537
6277	7877	Ricardo Correia	00:32:20	01:03:27	00:59:17	5568		V40	1103	00:05:16	6203
6278	5683	Víctor Monteiro	00:33:31	01:03:27	01:01:26	6145	IIKE A runner	V40	1104	00:05:08	5846
6279	3758	Carlos Alfeirão	00:33:31	01:03:27	01:01:26	6144	IIKE A runner	Senior	1284	00:05:08	5849
6280	6227	Filipa Pinto	00:33:31	01:03:28	01:01:27	6152	IIKE A runner	Senior	328	00:05:09	5923
6281	7498	Ana Duarte	00:31:31	01:03:28	01:01:55	6283	Tá-len-tos	V35	217	00:05:17	6239
6282	10593	David Amaro	00:31:48	01:03:28	01:03:24	6567		Senior	1285	00:05:16	6206
6283	10408	Sofia Arruda	00:31:48	01:03:28	01:03:24	6568		Senior	329	00:05:16	6208
6284	9440	Mª Lopes	00:33:23	01:03:29	01:02:47	6441	N.A."OS PAPAGAIOS DE CASCAIS"	Senior	330	00:04:09	2352
6285	1943	Rui Almeida	00:30:40	01:03:29	01:02:56	6478		V40	1105	00:05:52	7287
6286	293	Sandra Machado	00:31:21	01:03:29	01:03:19	6552		V40	191	00:05:28	6640
6287	2969	Paulo Correia	00:29:58	01:03:29	01:03:13	6534	SomosNos	V40	1106	00:05:17	6266
6288	8733	Sandra Santos	00:32:59	01:03:30	01:02:47	6439	GMASA	Senior	331	00:04:57	5294
6289	388	Marcos Madeira	00:31:00	01:03:30	01:02:41	6423		V40	1107	00:05:08	5836



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6290	6565	Maria Nunes	00:30:26	01:03:30	01:03:20	6553		V40	192	00:05:08	5847
6291	5132	Catarina Mota	00:31:32	01:03:30	01:03:05	6508		Senior	332	00:05:24	6515
6292	1365	Joaquim Filipe	00:31:30	01:03:31	01:02:29	6387		V40	1108	00:05:34	6813
6293	4875	Isabel Santos	00:30:45	01:03:31	01:03:21	6558	LOURDETE PERFUMARIAS	V45	135	00:05:37	6918
6294	5058	Pedro Duarte	00:32:27	01:03:31	00:58:36	5343		V35	1176	00:05:46	7172
6295	7114	Ana Balejko	00:31:23	01:03:31	01:02:28	6382	INDEG-ISCTE	V35	218	00:04:56	5261
6296	2067	Isabel Nobre	00:31:09	01:03:31	01:03:03	6500	Clube Atletismo Amigos de Belém	V60	12	00:05:09	5896
6297	8204	Belina Marques	00:32:12	01:03:32	01:02:57	6479		V45	136	00:05:07	5825
6298	6400	Filipe Mendonça	00:31:51	01:03:32	01:02:39	6413		Senior	1286	00:05:12	6026
6299	2563	Rosário Matos	00:29:40	01:03:33	01:03:06	6512	Clube ANACOM	V45	137	00:05:40	6998
6300	184	Sérgio Florindo	00:30:58	01:03:33	01:01:53	6275		Senior	1287	00:05:24	6511
6301	6140	Silvia Esteves	00:32:37	01:03:33	01:01:37	6206	Fast & Furious Runners Team	V35	219	00:05:22	6440
6302	8404	Rui Pinto	00:30:59	01:03:33	01:03:16	6539		V50	426	00:05:32	6765
6303	6038	Lucilia Casanova	00:31:10	01:03:34	01:02:58	6487		V55	12	00:05:09	5905
6304	9582	Ana Lourenço	00:31:29	01:03:34	01:02:52	6465	N.A."OS PAPAGAIOS DE CASCAIS"	V35	220	00:05:43	7093
6305	5772	Telma Alves	00:35:40	01:03:34	00:57:32	5044		Senior	333	00:04:28	3569
6306	4557	Sofia Pires	00:30:51	01:03:34	01:03:03	6499		V35	221	00:05:23	6480
6307	10113	Luis Fernandes	00:33:10	01:03:35	00:58:47	5392		V40	1109	00:05:12	6034
6308	3097	Alexandra Cardão	00:30:28	01:03:35	01:03:26	6576	CCD Loures - Correr para Viver +	V50	57	00:05:22	6438



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6309	5435	Antonio Lopes	00:29:27	01:03:35	01:03:22	6562		V35	1177	00:05:37	6911
6310	7467	Jose Fialho	00:31:52	01:03:35	01:02:29	6388		V55	255	00:04:56	5224
6311	8865	Teresa Biscaia	00:31:48	01:03:35	01:01:22	6129		Senior	334	00:05:35	6842
6312	7373	Arnaldo David	00:32:18	01:03:35	01:01:21	6125	Os Zatopeques	V60	145	00:05:14	6149
6313	8859	Tiago Pinto	00:31:48	01:03:35	01:01:22	6130		Senior	1288	00:05:35	6838
6314	2315	Cláudia Pereira	00:31:50	01:03:35	01:01:31	6169		Senior	335	00:05:11	5990
6315	1195	Antonio Costa	00:30:51	01:03:36	01:02:58	6485		V60	146	00:05:47	7186
6316	3286	Antonio Pardal	00:33:21	01:03:36	01:01:23	6136	GA Monsanto Gascan	V55	256	00:04:53	5050
6317	6526	Domingos Costa	00:31:31	01:03:37	01:02:16	6341		V65	64	00:05:32	6770
6318	5882	Paulo Cachudo	00:30:55	01:03:37	01:01:51	6263		V45	695	00:06:07	7609
6319	5124	Sandra Almeida	00:31:52	01:03:37	01:02:37	6411		V40	193	00:05:39	6975
6320	352	Luís Fulgêncio	00:32:28	01:03:37	01:02:32	6395		Senior	1289	00:05:07	5826
6321	3281	Luis Antunes	00:32:32	01:03:38	01:01:24	6140	GA Monsanto Gascan	V50	427	00:05:18	6290
6322	9686	Francisco Jorge	00:32:04	01:03:38	01:01:34	6194	runtogether4ever	V50	428	00:05:21	6411
6323	9685	Ana Jorge	00:32:04	01:03:38	01:01:35	6197	runtogether4ever	V35	222	00:05:21	6418
6324	5894	João Quitalo	00:31:47	01:03:38	01:02:26	6375	APOGMA	V60	147	00:05:11	5989
6325	802	Maria Martins	00:28:10	01:03:38	01:03:37	6612		V40	194	00:06:23	7837
6326	6701	Luis Neves	00:30:26	01:03:39	01:03:22	6561	Weventual	Senior	1290	00:05:28	6644
6327	6737	Maria Rosado	00:31:29	01:03:40	01:03:34	6604		V45	138	00:05:10	5983



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6328	3663	João Casal	00:30:31	01:03:40	01:02:22	6360		Senior	1291	00:06:01	7487
6329	3297	Rui Cardoso	00:29:05	01:03:40	01:03:17	6547	Os Lobos	Senior	1292	00:05:36	6881
6330	7816	João Mosso	00:30:59	01:03:40	01:01:58	6294		Senior	1293	00:05:53	7301
6331	6738	Dercio Guia	00:31:31	01:03:40	01:03:34	6600		V40	1110	00:05:09	5882
6332	5533	Custodio Silva	00:35:07	01:03:41	00:58:12	5248		V50	429	00:04:45	4573
6333	8961	João Fumega	00:33:05	01:03:42	01:02:07	6315		Senior	1294	00:05:10	5975
6334	612	Angela Brito	00:30:22	01:03:43	01:02:32	6397		V50	58	00:05:59	7458
6335	4018	Leonor Cotrim	00:30:31	01:03:43	01:03:39	6619		V55	13	00:05:16	6192
6336	1508	Bruno Mina	00:31:59	01:03:43	01:02:10	6322		V35	1178	00:05:22	6430
6337	3441	Julio Duarte	00:31:31	01:03:43	01:01:55	6284		V50	430	00:05:40	7001
6338	8270	Durwood Young	00:31:06	01:03:44	01:02:54	6469		V50	431	00:05:53	7313
6339	8101	Armando Marques	00:33:57	01:03:45	01:01:40	6219		V55	257	00:05:02	5529
6340	5502	Marta Neves	00:30:50	01:03:45	01:03:11	6525	Escola Atletismo Rui Silva	Senior	336	00:05:01	5512
6341	9356	Raquel Franco	00:32:46	01:03:45	01:02:51	6460		V35	223	00:05:24	6493
6342	5534	Leonel Ferreirinha	00:31:31	01:03:45	01:02:42	6424		V65	65	00:05:28	6636
6343	5493	Carla Costa	00:31:37	01:03:45	01:01:43	6226		V40	195	00:05:03	5600
6344	3404	Monica Pereira	00:32:19	01:03:45	01:02:40	6419		V35	224	00:04:59	5400
6345	7313	Susana Ribeiro	00:31:32	01:03:45	01:03:29	6585		V40	196	00:05:19	6309
6346	5492	Fernando Leão	00:31:36	01:03:45	01:01:43	6227		V45	696	00:05:03	5586

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6347	8029	Rui Antão	00:31:27	01:03:45	01:03:09	6517	Ginásio Vivência Explosiva	V40	1111	00:05:04	5629
6348	6897	Antonio Gabriel	00:34:05	01:03:46	00:59:05	5494		V70	21	00:04:48	4768
6349	1969	Carla Carvalho	00:31:41	01:03:46	01:02:54	6470		V40	197	00:06:20	7800
6350	4094	Ana Cleto	00:31:38	01:03:47	01:03:28	6580		Senior	337	00:05:54	7339
6351	6745	Catarina Morgado	00:29:25	01:03:47	01:03:37	6614	CLUBE COLABORADORES AXA	V35	225	00:05:48	7192
6352	3497	Paulo Dias	00:29:59	01:03:47	01:02:55	6473		V40	1112	00:05:14	6114
6353	1115	Miguel Cabaça	00:33:33	01:03:47	01:02:07	6313		V40	1113	00:04:57	5310
6354	3649	Mario Angelo	00:31:17	01:03:48	01:02:40	6418	Run Extraclick	Senior	1295	00:05:52	7272
6355	833	Telmo Hing	00:32:05	01:03:49	01:02:43	6429		V40	1114	00:05:30	6700
6356	5445	Rui Euzébio	00:32:47	01:03:49	01:01:46	6239		V65	66	00:05:18	6294
6357	832	Joana Carvalho	00:32:05	01:03:49	01:02:44	6433		V35	226	00:05:30	6696
6358	4418	Liliana Carraco	00:32:19	01:03:49	01:03:38	6618	CLUBE MILLENNIUM BCP	V35	227	00:05:13	6071
6359	1318	Marta Neves	00:32:50	01:03:49	01:02:50	6456	Os Marretas	V35	228	00:05:12	6040
6360	10376	Joana Martins	00:34:03	01:03:50	00:58:31	5327		Senior	338	00:05:13	6062
6361	4419	Goncalo Camacho	00:32:19	01:03:50	01:03:39	6620	CLUBE MILLENNIUM BCP	V45	697	00:05:14	6147
6362	400	Ana Narigueta	00:30:47	01:03:50	01:03:25	6570	Volkswagen Autoeuropa	V35	229	00:05:32	6754
6363	1194	Ana Gonçalves	00:31:02	01:03:50	01:02:40	6416		Senior	339	00:05:25	6555
6364	1717	Francisco Vaz	00:33:19	01:03:51	01:02:20	6356		Junior	141	00:05:07	5823
6365	6955	Marta Gomes	00:32:01	01:03:51	01:02:49	6450		Senior	340	00:05:35	6859



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
6366	6509	Raquel Roque	00:32:23	01:03:51	01:02:18	6346	H&R	V35	230	00:05:09	5895
6367	2447	Miguel Cristão	00:31:09	01:03:52	01:03:37	6613		V40	1115	00:05:23	6487
6368	5886	André Monteiro	00:31:29	01:03:52	01:03:12	6532		Senior	1296	00:05:13	6078
6369	2546	Carla Batista	00:31:10	01:03:53	01:03:38	6616		V40	198	00:05:24	6490
6370	2284	João Jacinto	00:33:08	01:03:53	01:01:37	6207	Salvaterra Night Runners	Senior	1297	00:05:14	6124
6371	3511	Ricardo Magalhães	00:32:04	01:03:53	01:02:10	6323	Novos Trilhos	V40	1116	00:05:46	7146
6372	5452	João Morgado	00:32:25	01:03:53	01:02:45	6437	Almada Running	Senior	1298	00:04:53	5051
6373	8712	Luis Guerrinha	00:33:34	01:03:53	01:01:47	6244	Clube ANA Lisboa	V40	1117	00:04:40	4278
6374	7953	Paulo Calado	00:33:34	01:03:54	01:01:46	6237	SS CGD	V40	1118	00:04:39	4215
6375	5114	Teresa Kettman	00:30:56	01:03:54	01:03:37	6615		V50	59	00:06:16	7756
6376	2285	Susana Maurício	00:33:08	01:03:54	01:01:37	6201	Salvaterra Night Runners	V35	231	00:05:15	6191
6377	7721	Vanda Drago	00:35:28	01:03:54	00:58:57	5451		V40	199	00:04:49	4831
6378	3742	Pedro Matias	00:30:10	01:03:54	01:03:35	6609		V40	1119	00:05:45	7124
6379	6325	Vânia Ferreira	00:29:39	01:03:55	01:03:47	6649		Senior	341	00:05:20	6373
6380	8511	Vanessa Cunha	00:31:06	01:03:56	01:03:01	6494		V35	232	00:05:20	6371
6381	9926	Carlos Ferreira	00:33:27	01:03:56	00:58:50	5412		V50	432	00:05:06	5736
6382	4609	Luis Guedes	00:33:10	01:03:56	01:02:25	6369		V50	433	00:04:59	5395
6383	7530	Clara Lopes	00:31:13	01:03:56	01:02:28	6384		V40	200	00:05:38	6949
6384	7531	Sara Faria	00:31:13	01:03:57	01:02:28	6386		V45	139	00:05:38	6945



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6385	1785	Luis Morais	00:31:36	01:03:57	01:02:41	6422		Senior	1299	00:05:16	6217
6386	2789	Pedro Duque	00:30:53	01:03:57	01:02:27	6376		V35	1179	00:04:25	3413
6387	5622	Rui Costa	00:30:38	01:03:57	01:02:51	6463	Primos Em Brasa	V40	1120	00:05:39	6986
6388	7200	Nuno Cotrim	00:31:33	01:03:57	01:02:42	6425	HP CLUB	V40	1121	00:04:52	4987
6389	1468	Inês Inácio	00:30:22	01:03:57	01:03:12	6528	Os Marretas	Senior	342	00:05:55	7367
6390	2761	João Galileu	00:33:40	01:03:58	00:58:07	5221	Fast & Furious Runners Team	V40	1122	00:05:14	6108
6391	9645	Edgar Cardeira	00:31:54	01:03:58	01:03:54	6683	CGD Monsanto	Senior	1300	00:05:40	6996
6392	4407	Luis Januario	00:32:41	01:03:59	01:02:49	6453	CLUBE MILLENNIUM BCP	V55	258	00:04:56	5240
6393	5933	Isabel Guerra	00:32:48	01:03:59	01:01:57	6291		V55	14	00:05:12	6029
6394	3283	Antonio Reyes	00:33:21	01:03:59	01:01:48	6253	GA Monsanto Gascan	V60	148	00:05:15	6185
6395	4254	Miguel Ribeiro	00:32:48	01:03:59	01:02:34	6403	Branças de Neve e os Sacanões	Senior	1301	00:05:20	6358
6396	9040	Elisete Martins	00:30:36	01:04:00	01:03:50	6659	A.M.Atibá	V50	60	00:05:22	6429
6397	8220	Filipe Machado	00:31:20	01:04:00	01:03:36	6611	Running Geeks	V35	1180	00:05:28	6658
6398	4539	Paulo Fernandes	00:32:46	01:04:00	01:02:39	6415		V35	1181	00:05:43	7081
6399	4206	Maria Fonseca	00:33:13	01:04:01	01:02:13	6331		Senior	343	00:05:17	6233
6400	8643	José Freitas	00:33:13	01:04:01	01:02:12	6328		V60	149	00:05:17	6231
6401	717	Antonio Brito	00:30:52	01:04:01	01:02:49	6455		V50	434	00:05:33	6800
6402	10511	Sonia Jorgense	00:32:56	01:04:01	01:02:44	6431		V35	233	00:05:05	5708
6403	7952	Paula Costa	00:33:34	01:04:01	01:01:55	6282	SS CGD	V40	201	00:04:48	4761



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
6404	6437	João Fino	00:33:40	01:04:02	00:59:04	5486		V45	698	00:05:07	5802
6405	881	Daniel Barata	00:30:39	01:04:02	01:02:48	6447	Sementes do Asfalto	Senior	1302	00:06:20	7806
6406	6343	Cláudia Raposo	00:30:34	01:04:02	01:03:59	6702		V35	234	00:05:29	6661
6407	7490	Luis Mota	00:31:23	01:04:03	01:03:30	6587		V40	1123	00:05:41	7029
6408	9127	Cristina Toscano	00:31:10	01:04:03	01:03:42	6631		V50	61	00:05:42	7060
6409	10512	Rita Valverde	00:32:53	01:04:03	01:02:47	6440		Senior	344	00:05:07	5812
6410	3520	Miguel Querido	00:33:58	01:04:03	00:59:03	5485		Senior	1303	00:05:10	5952
6411	9965	Carlos Moia	00:32:56	01:04:04	00:59:38	5662		V40	1124	00:05:44	7098
6412	9914	Anabela Meia-Via	00:32:10	01:04:04	01:02:08	6318		V45	140	00:05:23	6484
6413	4588	Jose Bernardo	00:33:04	01:04:04	01:02:08	6316	FAB4	V55	259	00:05:14	6146
6414	9544	Rodrigo Pinto	00:29:43	01:04:05	01:03:38	6617		Senior	1304	00:06:41	7996
6415	2347	Maria Rosa	00:30:22	01:04:05	01:04:04	6719		V55	15	00:05:23	6465
6416	4651	Maria Marcelino	00:32:10	01:04:05	01:02:04	6307		V55	16	00:05:15	6186
6417	882	Cesário Garcia	00:30:39	01:04:05	01:02:51	6462	Sementes do Asfalto	Senior	1305	00:06:23	7830
6418	460	Teresa Paquete	00:32:31	01:04:06	01:02:44	6434		V40	202	00:05:04	5630
6419	7562	Raquel Arnaut	00:32:09	01:04:06	01:02:47	6444	R+A	V35	235	00:05:15	6168
6420	328	Joana Silva	00:33:38	01:04:06	01:01:56	6285	Na Pagas Nada? Team	Senior	345	00:05:08	5845
6421	327	Júlio Alvadia	00:33:38	01:04:06	01:01:55	6281	Na Pagas Nada? Team	Senior	1306	00:05:08	5837
6422	326	Bruno Letra	00:33:39	01:04:07	01:01:56	6286	Na Pagas Nada? Team	Senior	1307	00:05:08	5844



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
6423	4258	Gonçalo Envia	00:32:47	01:04:07	01:02:42	6426	Branças de Neve e os Sacanões	Senior	1308	00:05:26	6562
6424	4387	Alexandre Moita	00:33:29	01:04:07	01:03:13	6535	CLUBE MILLENNIUM BCP	V40	1125	00:04:52	5007
6425	6290	Ana Filipa	00:28:40	01:04:07	01:04:02	6717		Senior	346	00:05:39	6969
6426	9588	Isabel Gonçalves	00:30:51	01:04:07	01:03:16	6542		V50	62	00:05:28	6650
6427	4485	Nuno Rodrigues	00:31:57	01:04:07	01:02:48	6448	cruz de pau feito	V40	1126	00:05:36	6882
6428	5732	Jorge Abreu	00:34:51	01:04:07	00:58:14	5254		V40	1127	00:04:47	4702
6429	2089	João Cordeiro	00:35:10	01:04:07	00:58:34	5340		V35	1182	00:04:45	4557
6430	136	Elisabete Pinto	00:32:08	01:04:07	01:03:39	6622		V40	203	00:05:24	6505
6431	2484	Renato Vieira	00:31:14	01:04:08	01:02:42	6427	Os Caracóis Furiosos	V40	1128	00:04:47	4679
6432	6708	Maria Cotrim	00:31:39	01:04:08	01:03:09	6518		Senior	347	00:05:49	7218
6433	8226	João Pinto	00:32:48	01:04:08	01:01:53	6274		V35	1183	00:05:17	6255
6434	7671	Luis Rodrigues	00:31:19	01:04:08	01:03:18	6550		V55	260	00:05:44	7121
6435	8497	Veloso Manuela	00:30:34	01:04:09	01:04:07	6722		V60	13	00:05:57	7403
6436	4933	Tiago Cardoso	00:31:08	01:04:09	01:02:44	6430	ODEBRECHT PORTUGAL	Senior	1309	00:05:51	7259
6437	5597	Sofia Santos	00:32:51	01:04:09	01:03:12	6530	Clube TAP PORTUGAL	V35	236	00:05:35	6835
6438	8255	Mário Marques	00:29:00	01:04:09	01:02:49	6454		Senior	1310	00:06:23	7835
6439	6963	Marco Carvalho	00:30:45	01:04:10	01:03:02	6496	Clube ANA Lisboa	V35	1184	00:05:50	7248
6440	4487	Paulo Eusebio	00:33:17	01:04:10	01:02:49	6452	cruz de pau feito	V40	1129	00:04:44	4532
6441	5773	João Perleques	00:30:56	01:04:11	01:03:56	6695		V40	1130	00:05:31	6734



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6442	5771	Marta Conceição	00:30:56	01:04:11	01:03:56	6696		Senior	348	00:05:30	6691
6443	2526	Pedro Ferreira	00:32:07	01:04:11	01:02:17	6342	GDC Fidelidade	V40	1131	00:05:46	7167
6444	2073	Maria Carreto	00:31:37	01:04:11	01:03:26	6575		V50	63	00:05:32	6767
6445	915	Rui Sameiro	00:31:25	01:04:11	01:02:18	6345		V45	699	00:05:42	7062
6446	9943	Palmira Relvas	00:30:58	01:04:12	01:03:34	6603		V45	141	00:05:14	6111
6447	4003	Edgar Durao	00:30:32	01:04:13	01:03:36	6610		V35	1185	00:05:37	6917
6448	2727	José Silva	00:33:53	01:04:14	00:59:16	5560		V40	1132	00:05:00	5423
6449	7898	Diogo Carvalho	00:31:58	01:04:14	01:02:18	6344	OS AMIGOS DA ALAMEDA	Senior	1311	00:05:08	5843
6450	6556	Liliana Salgueiro	00:33:40	01:04:14	01:01:51	6262		Senior	349	00:05:15	6181
6451	8878	Rui Morte	00:33:30	01:04:14	01:02:30	6390		V40	1133	00:04:56	5247
6452	9135	Susana Freire	00:32:20	01:04:14	01:03:12	6527		V50	64	00:05:10	5938
6453	7615	Inês Patricio	00:30:27	01:04:14	01:03:32	6591		Senior	350	00:05:42	7065
6454	271	Helena Pissarra	00:32:39	01:04:15	01:03:23	6566		V40	204	00:05:10	5927
6455	8924	Pedro Fonseca	00:33:29	01:04:15	01:03:43	6633		Senior	1312	00:04:27	3481
6456	3478	Elisabeth Loureiro	00:31:18	01:04:15	01:03:35	6607	Sporting Clube de Casainhos	V55	17	00:05:22	6421
6457	2376	Duarte Farinha	00:32:38	01:04:16	01:02:17	6343	Famelga	V35	1186	00:04:53	5047
6458	3509	Cristina Ferreira	00:33:05	01:04:16	01:02:36	6407	Novos Trilhos	V40	205	00:05:21	6384
6459	6551	João Magalhães	00:33:11	01:04:16	01:03:22	6560		Senior	1313	00:05:10	5928
6460	2798	Paulo Duran	00:33:19	01:04:16	01:01:56	6289		V50	435	00:05:31	6735

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6461	3112	Paula Martiniano	00:31:07	01:04:17	01:03:51	6668	Lenita Runners & Sportbillys	V35	237	00:05:20	6368
6462	10332	Susana Ferreira	00:33:01	01:04:17	01:03:35	6606		Senior	351	00:05:08	5842
6463	10316	Joana Patinha	00:33:01	01:04:18	01:03:35	6605		Senior	352	00:05:09	5912
6464	3489	Ricardo Ferreira	00:33:32	01:04:18	01:02:19	6353	Garcia Runners	V35	1187	00:04:43	4472
6465	7771	Luis Andrade	00:33:45	01:04:19	01:02:27	6381		Senior	1314	00:04:16	2807
6466	3454	José Mestre	00:34:23	01:04:20	00:58:53	5427	GD Banco BPI	V55	261	00:04:59	5398
6467	3844	Mariana Pereira	00:33:33	01:04:21	00:59:33	5637	EVELX - Associação de Estilos de Vida Saudável	V55	18	00:05:08	5841
6468	7466	João Paixão	00:32:33	01:04:21	01:03:21	6554		V60	150	00:05:06	5760
6469	7478	Sara Henriques	00:32:33	01:04:21	01:03:21	6557		V40	206	00:05:06	5762
6470	7787	Ana Coelho	00:31:40	01:04:21	01:03:03	6497	BRRnightRUNNERS - Barreiro	V40	207	00:04:46	4664
6471	4556	Luís Silva	00:34:28	01:04:21	00:59:12	5530		Senior	1315	00:05:14	6137
6472	6294	Fernando Silva	00:32:55	01:04:22	01:02:09	6319	VdAtletas	V50	436	00:05:38	6941
6473	1343	Ana Seabra	00:31:52	01:04:22	01:02:29	6389	Aero Runners	V45	142	00:05:16	6193
6474	269	Luisa Costa	00:30:44	01:04:22	01:03:51	6669		V45	143	00:05:41	7027
6475	2069	Ana Trindade	00:30:50	01:04:22	01:04:13	6739	Correr Lisboa	V40	208	00:05:28	6646
6476	4531	Osvaldo Rodrigues	00:31:39	01:04:22	01:04:12	6736	BRRnightRUNNERS - Barreiro	V40	1134	00:05:09	5888
6477	2966	Maria Neves	00:31:27	01:04:22	01:03:10	6523		V50	65	00:05:29	6684
6478	443	Ricardo Floriano	00:31:13	01:04:23	01:04:11	6732	Gomes & Gois, Joalheiros	V35	1188	00:05:17	6247
6479	8780	José Ramalho	00:30:51	01:04:23	01:04:21	6762		V45	700	00:05:14	6145



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6480	2519	Marco Dias	00:33:38	01:04:23	00:58:54	5433	GDC Fidelidade	V35	1189	00:05:52	7290
6481	2520	António Sá	00:32:13	01:04:24	01:03:05	6510	GDC Fidelidade	V45	701	00:05:52	7282
6482	7379	Elisabete Marques	00:30:03	01:04:24	01:03:54	6680	Os Chalados	V35	238	00:06:08	7625
6483	9283	Joaquim Paula	00:30:37	01:04:24	01:03:56	6692		V40	1135	00:05:25	6544
6484	4277	Telma Carvalheira	00:31:48	01:04:24	01:03:41	6628	CLUBE MILLENNIUM BCP	Senior	353	00:05:39	6973
6485	5652	Hugo B	00:35:42	01:04:25	00:58:55	5446	Microsoft One	V40	1136	00:04:50	4859
6486	8919	João Lavado	00:33:29	01:04:25	01:03:53	6678		Senior	1316	00:04:36	4006
6487	1050	Teresa Graça	00:32:02	01:04:25	01:03:47	6651		V60	14	00:05:27	6613
6488	5261	Tiago Neves	00:34:08	01:04:26	00:59:38	5667	BRRnightRUNNERS - Barreiro	V40	1137	00:05:24	6503
6489	6952	Ana Mauricio	00:31:33	01:04:27	01:03:47	6650		V40	209	00:05:35	6861
6490	6951	Catia Oliveira	00:31:33	01:04:27	01:03:46	6643		Senior	354	00:05:35	6849
6491	5728	Sónia Pio	00:31:40	01:04:27	01:04:05	6721	Os Frenéticos	V35	239	00:05:13	6073
6492	10294	Florbela Morais	00:31:42	01:04:28	01:03:54	6681		V35	240	00:05:07	5785
6493	5672	Sandra Pereira	00:31:48	01:04:28	01:03:04	6505	Lagartixas	V40	210	00:05:35	6853
6494	8734	Marisa Santos	00:32:59	01:04:28	01:03:45	6638	GMASA	V35	241	00:05:24	6498
6495	7415	Sónia Teixeira	00:31:35	01:04:28	01:04:01	6709		V35	242	00:05:40	6992
6496	6286	Filipe Reis	00:30:58	01:04:29	01:03:17	6545		V40	1138	00:05:58	7429
6497	5405	Filipe Nogueira	00:32:01	01:04:29	01:03:51	6667		V35	1190	00:05:26	6578
6498	9459	Luis Tavares	00:35:34	01:04:30	00:59:20	5577		V45	702	00:04:45	4602



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6499	10573	Rebeca Calhau	00:30:17	01:04:31	01:04:24	6770		V35	243	00:06:19	7788
6500	7566	Pedro Catarino	00:30:39	01:04:31	01:03:58	6699		Senior	1317	00:05:19	6310
6501	6534	Fernando Martins	00:32:10	01:04:31	01:03:39	6621		V45	703	00:05:53	7318
6502	853	Beatriz Franco	00:32:10	01:04:31	01:03:55	6690		V55	19	00:05:14	6110
6503	6764	Margarida Costa	00:33:14	01:04:31	01:03:58	6700		Senior	355	00:05:24	6516
6504	7077	Luís Ferreira	00:33:37	01:04:32	01:02:25	6370	INDEG-ISCTE	V40	1139	00:05:02	5541
6505	1895	Pedro Santos	00:31:24	01:04:32	01:03:32	6592		V35	1191	00:05:56	7389
6506	7730	Rita Vale	00:32:31	01:04:32	01:03:29	6583		Senior	356	00:05:35	6830
6507	23	José Agapito	00:32:54	01:04:32	01:02:32	6400		V35	1192	00:04:13	2603
6508	7223	Claudia Santos	00:30:58	01:04:33	01:02:49	6451	PPK	Senior	357	00:06:18	7781
6509	2100	Rogério Gaspar	00:30:39	01:04:33	01:03:58	6698		V50	437	00:05:29	6689
6510	2199	Sérgio Martins	00:37:22	01:04:33	00:58:11	5239	TFM	Senior	1318	00:03:38	660
6511	8100	Laura Nunes	00:32:52	01:04:34	01:03:53	6675		Senior	358	00:05:15	6167
6512	3120	Andreia Ramos	00:31:45	01:04:34	01:04:17	6748	Fitness Playground	Senior	359	00:05:49	7228
6513	7962	Teresa Carneiro	00:31:45	01:04:34	01:03:18	6549		V40	211	00:05:33	6776
6514	3978	Elisa Teixeira	00:32:35	01:04:34	01:03:21	6555		Senior	360	00:05:43	7068
6515	8099	Bogdan Jaranovic	00:32:53	01:04:34	01:03:53	6677		Senior	1319	00:05:15	6164
6516	3717	Ana Filipe	00:33:07	01:04:35	01:03:16	6540		Junior	24	00:05:31	6736
6517	3979	Paulo Pinto	00:32:35	01:04:35	01:03:22	6563		V35	1193	00:05:44	7113



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
6518	9804	João Martins	00:31:57	01:04:35	01:04:15	6741		V55	262	00:05:46	7161
6519	9802	Paulo Amaral	00:31:57	01:04:35	01:04:15	6742		V45	704	00:05:47	7178
6520	1731	Gonçalo Avillez	00:33:09	01:04:35	01:03:18	6548		V40	1140	00:05:22	6433
6521	7813	Raquel Garcia	00:35:30	01:04:36	00:58:21	5286		Senior	361	00:05:10	5971
6522	1240	Ricardo Negrão	00:33:51	01:04:36	01:03:04	6502		V40	1141	00:04:58	5361
6523	6988	Inês Henriques	00:33:55	01:04:37	01:04:01	6710		V35	244	00:04:39	4184
6524	9123	Antonio Oliveira	00:30:00	01:04:37	01:04:04	6720		V40	1142	00:06:16	7748
6525	547	Susana Simão	00:31:42	01:04:38	01:03:33	6598	Caracóis Running Team	Senior	362	00:05:26	6580
6526	5337	Ana Roque	00:32:30	01:04:38	01:03:09	6519		V35	245	00:05:12	6041
6527	5885	Pedro Machado	00:33:52	01:04:38	01:03:13	6533		V35	1194	00:05:08	5839
6528	546	Jorge Machado	00:31:42	01:04:39	01:03:33	6599	Caracóis Running Team	V45	705	00:05:27	6619
6529	6989	Patrícia Mestre	00:33:55	01:04:39	01:04:02	6714		V35	246	00:04:41	4339
6530	5316	Sérgio Chaves	00:33:16	01:04:39	01:02:27	6378	CCD Sintrense	V35	1195	00:04:45	4612
6531	4663	Joaquim Silva	00:32:19	01:04:39	01:03:47	6648	Loureiros	V45	706	00:05:42	7034
6532	5129	Pedro Barros	00:32:07	01:04:39	01:03:22	6559		V35	1196	00:05:01	5474
6533	1513	Rui Carvalho	00:36:16	01:04:39	00:58:56	5447		V35	1197	00:04:25	3354
6534	4997	André Braga	00:33:04	01:04:39	01:03:10	6521		V35	1198	00:05:13	6083
6535	7054	Francisco Esteves	00:33:15	01:04:40	01:03:53	6679	INDEG-ISCTE	V35	1199	00:05:43	7073
6536	7086	Patrícia Mota	00:33:15	01:04:40	01:03:54	6682	INDEG-ISCTE	Senior	363	00:05:42	7052



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6537	5788	Paulo Sousa	00:31:22	01:04:40	01:03:41	6630		V45	707	00:05:46	7151
6538	8476	Filomena Gabão	00:30:28	01:04:40	01:04:37	6819		V45	144	00:06:26	7870
6539	6838	Rui Dias	00:34:24	01:04:40	00:58:40	5363	Girafense FC	V40	1143	00:05:04	5647
6540	9687	Maria Guimaraes	00:32:15	01:04:40	01:04:02	6716		V40	212	00:05:30	6718
6541	5193	Leonor Machado	00:31:02	01:04:41	01:04:37	6821		V40	213	00:05:15	6176
6542	8003	Bruno Pinto	00:35:26	01:04:41	00:58:33	5332		V35	1200	00:04:48	4730
6543	5726	Ana Baptista	00:30:38	01:04:42	01:04:29	6789	LUSO-ATLANTICA SA	Senior	364	00:05:42	7055
6544	5836	Ana Varela	00:33:01	01:04:42	01:03:11	6524		Senior	365	00:05:18	6286
6545	3764	Catia Viegas	00:31:14	01:04:42	01:04:19	6754	Karamelos Running	Senior	366	00:05:36	6880
6546	6535	Carlos Rijo	00:31:51	01:04:42	01:03:59	6701		V55	263	00:05:42	7035
6547	1720	Jose Vicente	00:31:43	01:04:42	01:04:23	6768		V50	438	00:05:41	7017
6548	9659	Ana Amaral	00:33:44	01:04:42	00:59:47	5708	Bué da Serras	Senior	367	00:05:09	5925
6549	1813	Susana Gato	00:32:32	01:04:43	01:04:27	6783		V40	214	00:05:18	6287
6550	2783	Humberto Chaves	00:30:25	01:04:44	01:04:38	6827		V60	151	00:05:35	6841
6551	7785	Fernanda André	00:32:22	01:04:44	01:02:58	6486		V55	20	00:05:25	6545
6552	2518	Rui Patrício	00:33:55	01:04:44	01:02:30	6391	GDC Fidelidade	V35	1201	00:04:55	5213
6553	270	Luis Costa	00:30:51	01:04:45	01:04:13	6737		V45	708	00:04:59	5407
6554	8690	Patrícia Romão	00:32:38	01:04:45	01:03:45	6637		Senior	368	00:05:26	6591
6555	3553	Pedro Carvalho	00:32:30	01:04:45	01:04:11	6733	Futebol Clube Estrelas Lisboa	V35	1202	00:03:28	352



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6556	3555	Sandra Lourenço	00:31:39	01:04:45	01:04:11	6734	Futebol Clube Estrelas Lisboa	V35	247	00:05:28	6633
6557	7271	José Sequeira	00:30:34	01:04:46	01:04:08	6725	Caralhotas Pseudo Runners	Senior	1320	00:05:29	6686
6558	237	Johnny Thomassen	00:30:22	01:04:46	01:04:44	6841		V50	439	00:05:36	6883
6559	9584	Vânia Pereira	00:31:06	01:04:46	01:04:37	6818		Senior	369	00:06:06	7589
6560	2631	Sofia Candeias	00:31:23	01:04:46	01:04:02	6712	Movimento	V35	248	00:05:32	6766
6561	5133	Joaquim Pereira	00:34:20	01:04:46	00:59:21	5582		V40	1144	00:05:19	6303
6562	1810	Cristina Cunha	00:32:54	01:04:46	01:03:46	6641		Senior	370	00:05:11	6017
6563	6138	Joana Jacinto	00:32:39	01:04:47	01:03:26	6573		Senior	371	00:05:37	6902
6564	2994	Filipe Vargas	00:31:27	01:04:47	01:02:58	6484		V35	1203	00:05:38	6936
6565	2093	Olivia Lucas	00:31:20	01:04:48	01:04:37	6816		V45	145	00:05:34	6815
6566	5030	Ana Pereira	00:33:47	01:04:48	00:59:53	5744	Clube ANA Lisboa	Senior	372	00:05:13	6061
6567	4508	Eliseu Maia	00:31:29	01:04:48	01:03:47	6652	Os Moleiro do Colibride	Senior	1321	00:07:06	8160
6568	2767	Rute Oliveira	00:32:39	01:04:49	01:02:52	6464	Fast & Furious Runners Team	V40	215	00:05:35	6857
6569	1448	Ricardo Figueira	00:31:50	01:04:49	01:04:20	6759		Senior	1322	00:05:24	6491
6570	788	Nuno Ribeiro	00:31:29	01:04:49	01:03:48	6655	Os Moleiro do Colibride	Senior	1323	00:06:34	7947
6571	1449	Ivana Mendes	00:31:51	01:04:50	01:04:21	6765		V35	249	00:05:26	6558
6572	1026	Marco Romao	00:31:20	01:04:50	01:04:10	6729	Run Buddy Run	V35	1204	00:05:21	6397
6573	5775	Daniela Torres	00:32:08	01:04:50	01:04:31	6794		Senior	373	00:05:49	7220
6574	4551	João Silva	00:32:10	01:04:50	01:03:34	6602		Senior	1324	00:05:13	6093



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6575	6656	Alexandrino Malheiro	00:31:08	01:04:50	01:03:30	6588		V60	152	00:05:51	7266
6576	3386	João Barros	00:31:29	01:04:51	01:04:00	6704		V45	709	00:06:08	7616
6577	3656	Dora Ralão	00:33:07	01:04:51	01:03:26	6571	ESCT	V35	250	00:05:39	6959
6578	3654	Pedro Maia	00:33:07	01:04:51	01:03:26	6572	ESCT	V45	710	00:05:39	6965
6579	5376	João Sousa	00:31:08	01:04:51	01:04:37	6822		V40	1145	00:05:04	5649
6580	506	Pedro Henriques	00:31:24	01:04:52	01:03:08	6516		V40	1146	00:05:38	6946
6581	9129	Sandra Gaspar	00:31:15	01:04:52	01:04:36	6815		V35	251	00:05:07	5780
6582	6515	Maria Dinis	00:31:47	01:04:53	01:04:08	6724		Junior	25	00:05:37	6913
6583	6512	Rita Dinis	00:32:32	01:04:54	01:04:08	6723		Senior	374	00:05:27	6631
6584	3946	Teresa Gray	00:33:02	01:04:54	01:03:28	6582	CCD TRANQUILIDADE	V50	66	00:05:10	5942
6585	1736	Carlos Dias	00:33:58	01:04:55	01:02:40	6417		V55	264	00:05:43	7085
6586	3942	Verónica Filipe	00:32:28	01:04:56	01:04:19	6753	CCD TRANQUILIDADE	V40	216	00:05:39	6970
6587	9322	Diana Monteiro	00:33:13	01:04:57	01:03:49	6657		Senior	375	00:05:26	6559
6588	3475	Tiago Carvalho	00:32:28	01:04:57	01:02:45	6435		V45	711	00:05:30	6714
6589	1461	Nuno Filipe	00:36:40	01:04:57	00:59:13	5539		V35	1205	00:04:38	4156
6590	6381	Tiago Laurentino	00:33:39	01:04:58	01:03:50	6658		Senior	1325	00:05:06	5767
6591	3882	Rui Caldeira	00:31:53	01:04:58	01:03:08	6514	Os Caldeiras	Senior	1326	00:05:36	6866
6592	3693	Ana Coelho	00:30:28	01:04:58	01:04:45	6844		Senior	376	00:05:25	6552
6593	6710	Carlos Monteiro	00:31:47	01:04:58	01:04:10	6730	Os Metralhas BTT / Running	Senior	1327	00:05:42	7033



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6594	6102	Filipa Magalhães	00:31:45	01:04:59	01:04:52	6855	60m	V40	217	00:05:19	6305
6595	6103	Sónia Leitão	00:31:45	01:04:59	01:04:53	6860	60m	V40	218	00:05:19	6306
6596	2531	Sonia Caixeirinho	00:30:59	01:04:59	01:03:48	6653		V40	219	00:05:11	6009
6597	6632	Teresa Lourenço	00:33:26	01:04:59	01:03:53	6676		V40	220	00:05:19	6315
6598	5042	Pedro Morgado	00:31:57	01:04:59	01:03:17	6543	Clube ANA Lisboa	Senior	1328	00:05:45	7137
6599	3685	Ana Catarina	00:33:26	01:04:59	01:02:58	6482		Junior	26	00:05:07	5782
6600	2584	Rui Cordeiro	00:33:26	01:04:59	01:02:59	6488		V70	22	00:05:07	5784
6601	6792	Ana Rachid	00:32:56	01:05:00	01:04:21	6764	Muralhas	Senior	377	00:05:42	7045
6602	3903	Alexandra Courela	00:32:21	01:05:00	01:04:25	6776		V35	252	00:05:26	6574
6603	386	Ana Santos	00:31:04	01:05:00	01:04:51	6852		V35	253	00:05:29	6683
6604	408	Joao Ferreira	00:33:17	01:05:00	00:59:52	5739		V50	440	00:05:36	6877
6605	6147	Patrícia Gomes	00:33:05	01:05:00	01:04:26	6780		Senior	378	00:05:18	6282
6606	6987	Patrocínia Eusébio	00:31:23	01:05:01	01:04:01	6708		Senior	379	00:05:58	7431
6607	1278	Paulo Frango	00:31:59	01:05:01	01:04:18	6750		V35	1206	00:05:14	6143
6608	1277	Cláudia Nunes	00:31:59	01:05:01	01:04:18	6752		Senior	380	00:05:14	6113
6609	311	Paulo Fonseca	00:31:47	01:05:01	01:03:33	6596		V50	441	00:04:55	5214
6610	2291	Ricardo Eira	00:30:22	01:05:02	01:04:10	6728		V35	1207	00:06:05	7580
6611	6659	Rui Silva	00:31:47	01:05:02	01:03:55	6685		V45	712	00:05:57	7420
6612	3867	Miguel Ribeiro	00:30:18	01:05:02	01:04:15	6743		V40	1147	00:06:41	7993



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6613	5745	Joaquim Correia	00:31:37	01:05:02	01:03:45	6640		Senior	1329	00:05:24	6497
6614	235	Sandra Cardoso	00:31:55	01:05:02	01:03:31	6590		V40	221	00:05:23	6459
6615	7640	João Correia	00:32:48	01:05:03	01:03:53	6674	afrs	V45	713	00:05:17	6265
6616	9250	Jorge Castanheira	00:32:56	01:05:03	01:03:07	6513		V45	714	00:04:52	4991
6617	9683	Sónia Soares	00:31:19	01:05:03	01:03:27	6578	PowerBoost Club	V35	254	00:05:55	7353
6618	7143	Bruno Sousa	00:37:17	01:05:03	00:58:59	5472	INDEG-ISCTE	Senior	1330	00:04:47	4694
6619	5250	Ana Novais	00:31:09	01:05:04	01:04:56	6870		Senior	381	00:05:52	7274
6620	1502	Maria Simoes	00:32:22	01:05:04	01:03:45	6639		V45	146	00:05:23	6463
6621	1309	Paulo Lopes	00:27:15	01:05:04	01:04:57	6877		Senior	1331	00:06:10	7665
6622	3965	Marcos Castiel	00:31:26	01:05:05	01:03:17	6544		V35	1208	00:05:37	6905
6623	2120	Eberhard Wilhelm	00:30:13	01:05:05	01:04:42	6836	4 ao Km	V65	67	00:05:45	7140
6624	564	Gonçalo Sousa	00:31:57	01:05:05	01:04:09	6727		Senior	1332	00:05:09	5889
6625	333	Sandra Campaniço	00:32:54	01:05:05	01:03:05	6507		Senior	382	00:04:46	4641
6626	2771	Patrícia Fernandes	00:34:19	01:05:06	01:02:48	6445	Salvaterra Night Runners	V35	255	00:04:58	5336
6627	3551	Paula Oliveira	00:31:01	01:05:06	01:04:33	6802	Futebol Clube Estrelas Lisboa	V35	256	00:05:07	5788
6628	8534	Daniela Fernandes	00:31:25	01:05:06	01:04:34	6806		Senior	383	00:04:54	5152
6629	6467	Basilio Vieira	00:31:25	01:05:06	01:04:34	6808	Sub50	V40	1148	00:04:54	5148
6630	5932	Rebeca Guerra	00:33:19	01:05:06	01:03:03	6501		Senior	384	00:05:24	6496
6631	6793	Ana Pina	00:32:56	01:05:06	01:04:27	6784	Muralhas	Senior	385	00:05:02	5545



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6632	8411	Nuno Lopes	00:30:55	01:05:07	01:03:28	6581		V35	1209	00:06:08	7617
6633	8696	Cristina Carvalho	00:32:39	01:05:07	01:04:22	6767		V35	257	00:05:10	5931
6634	8695	Pedro Rosa	00:32:39	01:05:07	01:04:21	6761		V40	1149	00:05:10	5926
6635	1828	Patricia Santos	00:31:59	01:05:08	01:04:37	6817	Rockers29	V35	258	00:05:49	7236
6636	1829	Pedro Conceição	00:32:00	01:05:08	01:04:38	6829	Rockers29	V40	1150	00:05:50	7241
6637	7099	Rui Almeida	00:29:44	01:05:08	01:04:57	6876	INDEG-ISCTE	V40	1151	00:05:29	6688
6638	6770	José Lagarto	00:33:26	01:05:09	01:04:02	6711		V55	265	00:05:08	5850
6639	1871	Rui Santos	00:34:37	01:05:09	01:03:51	6664	SS CGD	V45	715	00:05:30	6717
6640	5424	Andre Chen	00:33:26	01:05:09	01:03:33	6594	CHIPIS	V35	1210	00:05:06	5754
6641	5423	Elena Cervino	00:33:26	01:05:09	01:03:33	6593	CHIPIS	V35	259	00:05:06	5755
6642	8047	Joana Perez	00:31:26	01:05:10	01:04:59	6881		Junior	27	00:05:43	7090
6643	8048	Jorge Perez	00:31:26	01:05:10	01:04:59	6882		V50	442	00:05:43	7092
6644	421	Jorge Lourenço	00:32:16	01:05:11	01:03:01	6493	Hollywood Runners	V35	1211	00:05:13	6064
6645	6573	Sara Conceicao	00:32:19	01:05:11	01:04:25	6774		Senior	386	00:05:44	7103
6646	808	Paula Pinto	00:34:59	01:05:12	00:59:50	5726		V40	222	00:05:39	6987
6647	3366	Paulo Lopes	00:31:05	01:05:12	01:04:38	6823		Senior	1333	00:05:39	6989
6648	10097	Clarisse Maire	00:30:56	01:05:12	01:04:38	6824		V40	223	00:05:37	6903
6649	10098	Manuel Maire	00:30:56	01:05:12	01:04:38	6825		V40	1152	00:05:38	6943
6650	4846	José Adegas	00:33:11	01:05:12	01:04:35	6811		V40	1153	00:05:08	5840



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6651	7481	Emmanuelle Wallaert	00:30:57	01:05:12	01:04:38	6826		V35	260	00:05:38	6933
6652	10513	Margarida Ferreira	00:32:55	01:05:12	01:03:54	6684		V35	261	00:05:46	7169
6653	10276	Ricardo Medeiros	00:32:28	01:05:13	01:04:17	6749		Senior	1334	00:05:01	5466
6654	8470	Diana Tavares	00:32:28	01:05:13	01:03:27	6579		Senior	387	00:05:37	6920
6655	5704	Marta Lopes	00:33:52	01:05:13	01:03:55	6688	Tive uma ideia	Senior	388	00:05:00	5443
6656	7007	Victor Pires	00:33:26	01:05:13	01:03:12	6531	CCD Sintrense	V45	716	00:05:38	6935
6657	5705	Manuel Barrento	00:33:52	01:05:13	01:03:55	6686	Tive uma ideia	Senior	1335	00:05:00	5445
6658	789	Gerardo Atienza	00:32:35	01:05:14	01:04:30	6790	Run 4 Fun	V50	443	00:05:47	7182
6659	7775	Rosa Silva	00:33:44	01:05:14	01:03:23	6565		Senior	389	00:05:06	5765
6660	3920	Dora Duarte	00:32:01	01:05:14	01:04:35	6809		V50	67	00:05:28	6651
6661	4885	André Almeida	00:33:35	01:05:14	01:00:40	5973		V35	1212	00:05:11	5993
6662	2536	Álvaro Eça	00:31:12	01:05:15	01:04:01	6707		Senior	1336	00:05:27	6617
6663	10111	Luis Eanes	00:34:02	01:05:16	01:00:26	5909	CGI	V40	1154	00:05:20	6359
6664	7219	Ana Freitas	00:31:15	01:05:17	01:04:50	6850	PepeRapido	V45	147	00:05:34	6825
6665	4737	Pedro Soveral	00:33:23	01:05:17	01:04:10	6731	Rolha Cycling Club	Senior	1337	00:03:39	697
6666	4522	Ana Alpalhão	00:32:28	01:05:18	01:03:57	6697		V40	224	00:05:11	5996
6667	8819	Paulo Turras	00:34:06	01:05:18	01:03:52	6672		V45	717	00:05:10	5930
6668	2582	António Eusébio	00:33:58	01:05:18	01:03:19	6551		V45	718	00:05:28	6634
6669	10370	Miguel Almeida	00:34:36	01:05:18	01:04:15	6740		Senior	1338	00:04:45	4608

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6670	8579	Leandro Souza	00:34:06	01:05:18	00:59:54	5750		V45	719	00:04:52	5029
6671	9616	Dina Oliveira	00:32:15	01:05:18	01:03:55	6689		V35	262	00:05:30	6715
6672	1697	Fatima Nunes	00:32:14	01:05:19	01:05:09	6909	Keep Running	V45	148	00:05:25	6539
6673	9615	Rute Patrocinio	00:32:15	01:05:19	01:03:55	6687		V35	263	00:05:31	6738
6674	3817	António Tavares	00:34:31	01:05:19	01:03:29	6586		V35	1213	00:05:27	6623
6675	7679	Rodrigo Alvarenga	00:34:06	01:05:19	00:59:55	5758		V35	1214	00:04:53	5092
6676	10469	Nuno Fidelis	00:31:56	01:05:19	01:04:25	6775		V35	1215	00:05:47	7188
6677	10471	Anabela Rodrigues	00:31:56	01:05:20	01:04:26	6778		V35	264	00:05:48	7208
6678	10331	Maria Rodrigues	00:30:51	01:05:20	01:04:40	6834		V55	21	00:06:00	7472
6679	6519	Bernardo Baptista	00:34:28	01:05:20	01:04:32	6798		Junior	142	00:04:51	4924
6680	803	Anabela Sousa	00:35:01	01:05:20	00:59:59	5777		V45	149	00:05:18	6279
6681	522	Ana Gaio	00:32:04	01:05:21	01:04:53	6858	Carlos e os seus alunos	V35	265	00:05:38	6940
6682	524	Carlos Almeida	00:32:05	01:05:21	01:04:53	6859	Carlos e os seus alunos	Senior	1339	00:05:39	6971
6683	1001	Rita Livério	00:31:15	01:05:21	01:05:11	6916		V45	150	00:05:19	6311
6684	797	José Pimentel	00:32:16	01:05:21	01:05:16	6935		V60	153	00:04:55	5205
6685	6942	Susana Quaresma	00:33:41	01:05:21	01:04:00	6706	CORREDORES RESINEIROS CORGAS	Senior	390	00:05:18	6277
6686	1239	Anabela Pereira	00:32:53	01:05:21	01:04:16	6746		V35	266	00:05:38	6942
6687	6866	Ana Maia	00:30:20	01:05:22	01:05:05	6896		V35	267	00:05:49	7224
6688	7557	Joao Brazao	00:33:52	01:05:22	01:03:45	6636		V40	1155	00:05:15	6170

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6689	7370	Marta Leitão	00:33:52	01:05:23	01:03:47	6646		Senior	391	00:05:17	6252
6690	5953	Maria Aldeia	00:30:27	01:05:23	01:05:22	6950		V50	68	00:05:59	7449
6691	570	Sandra Prata	00:32:17	01:05:24	01:04:51	6854		V40	225	00:05:48	7204
6692	6788	Fernando Martins	00:35:22	01:05:24	01:00:29	5928		V50	444	00:04:52	5020
6693	9716	Ana Pinheiro	00:32:09	01:05:24	01:04:56	6872		V60	15	00:05:39	6968
6694	7353	Isabel Costa	00:33:06	01:05:24	01:03:08	6515		V40	226	00:05:30	6694
6695	7320	Ana Almeida	00:32:07	01:05:24	01:05:22	6953		Senior	392	00:05:41	7026
6696	6803	Paulo Tápia	00:32:43	01:05:24	01:05:04	6893		Senior	1340	00:05:42	7044
6697	6675	João Carneiro	00:32:25	01:05:25	01:03:41	6629	JOÃO CARNEIRO SAD	V55	266	00:05:42	7039
6698	8287	Eduardo Correia	00:32:39	01:05:25	01:03:25	6569	PowerBoost Club	V40	1156	00:05:19	6312
6699	7893	Paulo Pires	00:35:46	01:05:26	00:59:41	5683	OS AMIGOS DA ALAMEDA	V45	720	00:05:16	6220
6700	6088	Dina Bicá	00:32:02	01:05:26	01:03:01	6495		V35	268	00:05:00	5438
6701	7896	Tiago Abreu	00:35:46	01:05:26	00:59:38	5666	OS AMIGOS DA ALAMEDA	Senior	1341	00:05:18	6299
6702	5636	Fernanda Cruz	00:32:34	01:05:27	01:04:02	6715	Evolution	V35	269	00:05:39	6962
6703	4465	Paulo Caetano	00:32:26	01:05:28	01:04:09	6726	CLUBE MILLENNIUM BCP	V45	721	00:06:08	7620
6704	8558	Pedro Caiano	00:32:34	01:05:29	01:03:30	6589	EXICTOS Running Team	V35	1216	00:05:33	6804
6705	1691	Jose Andrade	00:29:36	01:05:29	01:05:19	6943	Keep Running	V45	722	00:05:35	6833
6706	4962	Élio Coelho	00:31:13	01:05:29	01:05:13	6927		V35	1217	00:05:43	7072
6707	7885	Raquel Baia	00:32:10	01:05:30	01:03:47	6647		Senior	393	00:05:23	6475

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6708	4412	Pedro Geada	00:34:32	01:05:30	01:05:00	6886	CLUBE MILLENNIUM BCP	V45	723	00:04:26	3434
6709	7147	Ana Nunes	00:36:49	01:05:31	00:59:40	5679	INDEG-ISCTE	Senior	394	00:04:48	4771
6710	3102	Artur Dinis	00:32:53	01:05:32	01:04:42	6838		V55	267	00:05:30	6690
6711	5021	Francisco Ribeiro	00:33:26	01:05:32	01:00:43	5994		V65	68	00:05:09	5904
6712	4635	Filomena Jorge	00:32:41	01:05:33	01:04:34	6807	Parrameiros	V35	270	00:05:37	6901
6713	3103	Paula Couto	00:32:53	01:05:33	01:04:44	6843		V50	69	00:05:31	6744
6714	7541	Ariana Rocha	00:32:05	01:05:33	01:05:04	6894		Senior	395	00:05:24	6506
6715	606	Ricardo Ribeiro	00:36:00	01:05:33	01:00:23	5897	Karamelos Running	V35	1218	00:04:34	3922
6716	7659	Luis Estrela	00:29:43	01:05:34	01:04:54	6864	Árbitros	Senior	1342	00:06:21	7812
6717	2342	Dipech Guiga	00:33:09	01:05:34	01:04:29	6787		V35	1219	00:05:09	5907
6718	9126	Teresa Vasconcelos	00:31:57	01:05:34	01:05:13	6924		Junior	28	00:05:23	6483
6719	6779	João Seguro	00:33:39	01:05:36	01:03:40	6626	Pernas de Gafanhoto	Senior	1343	00:05:05	5693
6720	7793	Carla Silva	00:32:17	01:05:36	01:05:19	6942		V40	227	00:05:36	6889
6721	468	Sandra Monteiro	00:32:05	01:05:36	01:04:30	6791		V35	271	00:05:43	7074
6722	157	Gleysson Felix	00:30:41	01:05:36	01:05:10	6911		V35	1220	00:05:22	6451
6723	6778	Paulo Rocha	00:33:40	01:05:37	01:03:40	6625	Pernas de Gafanhoto	Senior	1344	00:05:06	5756
6724	7451	Nuno Morais	00:33:42	01:05:37	01:03:50	6661		V40	1157	00:06:12	7692
6725	10274	Elvira Patricio	00:32:04	01:05:37	01:05:12	6922		V45	151	00:05:50	7246
6726	7450	Paulo Calixto	00:33:42	01:05:37	01:03:50	6663		V40	1158	00:06:12	7698



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6727	8763	João Quiterio	00:33:41	01:05:37	01:03:50	6660		V35	1221	00:06:12	7687
6728	1289	Joana Lisboa	00:30:45	01:05:38	01:05:28	6971	PepeRapido	Senior	396	00:05:31	6748
6729	958	Cristina Caeiro	00:31:28	01:05:38	01:05:28	6972		V35	272	00:05:44	7095
6730	3677	Miguel Silva	00:32:53	01:05:39	01:03:34	6601		V40	1159	00:06:10	7666
6731	2977	Rita Marques	00:32:30	01:05:39	01:05:16	6936		V35	273	00:05:21	6413
6732	857	Alberto Rodrigues	00:34:56	01:05:39	01:04:16	6744		V45	724	00:05:11	6013
6733	4925	Paulo Ferreira	00:30:34	01:05:40	01:05:20	6948	NovosAmadores	Senior	1345	00:07:07	8170
6734	2976	Paulo Marques	00:32:31	01:05:40	01:05:17	6937		V35	1222	00:05:23	6471
6735	2310	Carmen Pinto	00:33:25	01:05:40	01:03:40	6624		Senior	397	00:05:39	6988
6736	3688	Paulo Loureiro	00:29:58	01:05:41	01:05:07	6899	GD Banco BPI	V35	1223	00:07:07	8169
6737	5381	Inês Fradique	00:33:02	01:05:41	01:05:20	6946		V35	274	00:05:36	6884
6738	10272	Ana Boto	00:31:50	01:05:41	01:04:43	6839	CGI	V35	275	00:05:49	7226
6739	1565	Mafalda Araújo	00:32:34	01:05:41	01:04:25	6773		V40	228	00:05:05	5701
6740	2748	Mercedes Cordeiro	00:31:38	01:05:42	01:05:00	6885	Familia Cordeiro	Senior	398	00:06:10	7661
6741	5568	Adriana Pires	00:34:59	01:05:42	01:00:11	5838	Os 5 Estrelas	V35	276	00:05:50	7250
6742	9463	Luís Cabaça	00:30:26	01:05:42	01:05:18	6939		V35	1224	00:05:22	6420
6743	3263	Pedro Rosa	00:34:01	01:05:43	01:00:01	5784	SaptecGroup Team	V35	1225	00:05:32	6756
6744	3936	Gonçalo Sá	00:34:00	01:05:43	01:03:46	6645	CCD TRANQUILIDADE	V45	725	00:05:20	6348
6745	9261	Antonio Coutinho	00:32:57	01:05:43	01:04:20	6757		V50	445	00:05:15	6190



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6746	7501	Filipe Chagas	00:35:04	01:05:44	01:04:51	6851		V35	1226	00:04:54	5139
6747	4386	Fernando Ferreira	00:32:14	01:05:44	01:05:35	6989	CLUBE MILLENNIUM BCP	V65	69	00:05:05	5700
6748	5367	Nuno Pinheiro	00:32:07	01:05:44	01:04:18	6751	ARDD Clube	V35	1227	00:06:06	7595
6749	2903	Ana Saramago	00:33:20	01:05:44	01:03:27	6577	Serviços Sociais Montepio Geral	V35	277	00:05:07	5800
6750	6832	Monica Abreu	00:32:51	01:05:44	01:03:26	6574	Serviços Sociais Montepio Geral	Senior	399	00:05:28	6656
6751	5161	Ana Pereira	00:33:20	01:05:44	01:03:40	6627		Senior	400	00:05:09	5897
6752	3167	Teresa Brissos	00:33:22	01:05:45	01:04:32	6799	BIVAC IBERICA	V45	152	00:05:05	5699
6753	3514	Amadeu Agostinho	00:33:44	01:05:45	01:03:40	6623	Novos Trilhos	V55	268	00:05:36	6894
6754	3657	André Ribeiro	00:31:37	01:05:46	01:04:24	6771	ESCT	Senior	1346	00:05:34	6816
6755	8897	Afsy Nadina	00:31:42	01:05:46	01:05:28	6970		Senior	401	00:05:42	7057
6756	3219	Victor Ramos	00:32:03	01:05:46	01:04:28	6786	CLUBE COLABORADORES AXA	V40	1160	00:06:16	7749
6757	8543	Bi Silvestre	00:33:14	01:05:46	01:03:44	6635	EXICTOS Running Team	V40	229	00:05:30	6705
6758	9163	Manuela Parrilha	00:33:44	01:05:46	01:04:38	6828	Chitas de Alcobaça	V65	2	00:05:06	5768
6759	4390	Sara Cerdeira	00:31:55	01:05:46	01:04:52	6856	CLUBE MILLENNIUM BCP	V35	278	00:05:35	6828
6760	9083	Bárbara Direito	00:34:47	01:05:47	01:05:08	6904		V35	279	00:05:25	6543
6761	2455	Francisco Naia	00:34:19	01:05:47	01:03:29	6584		V40	1161	00:04:55	5154
6762	7479	Tania Valentim	00:35:02	01:05:47	01:00:04	5795		Senior	402	00:05:19	6313
6763	4355	Carla Medeiros	00:32:28	01:05:48	01:04:53	6857	CLUBE MILLENNIUM BCP	Senior	403	00:05:36	6897
6764	6146	Sofia Lopes	00:32:47	01:05:48	01:03:51	6670		V35	280	00:05:46	7150

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6765	5714	Vânia Santos	00:31:44	01:05:48	01:05:40	7003	namorados	Senior	404	00:06:08	7629
6766	7731	Frederico Teixeira	00:34:46	01:05:48	01:00:40	5975		Senior	1347	00:04:59	5392
6767	6532	Ana Miranda	00:32:10	01:05:49	01:04:58	6879		V40	230	00:05:49	7222
6768	5853	Ricardo Vilas	00:31:31	01:05:49	01:05:03	6890		Senior	1348	00:05:49	7214
6769	4619	Vanessa Paiva	00:33:05	01:05:50	01:04:40	6833		V40	231	00:05:46	7148
6770	4482	Paulo Rodrigues	00:32:46	01:05:51	01:04:39	6832		Senior	1349	00:05:41	7030
6771	4512	António Marques	00:32:44	01:05:51	01:05:09	6906		V45	726	00:05:57	7421
6772	9593	Julia Calisto	00:31:38	01:05:51	01:05:14	6931		V50	70	00:06:34	7948
6773	8457	Sara Sousa	00:33:20	01:05:52	01:05:23	6957		Senior	405	00:05:11	6014
6774	8637	Carlos Iglésias	00:30:29	01:05:52	01:04:20	6756		V40	1162	00:06:29	7904
6775	5409	Isabel Cardoso	00:32:41	01:05:53	01:05:20	6945		V45	153	00:05:25	6557
6776	816	Sara Fulgêncio	00:36:11	01:05:53	00:59:51	5732		V35	281	00:04:51	4972
6777	2445	João Vieira	00:34:33	01:05:53	01:04:26	6777		V35	1228	00:05:05	5698
6778	9519	Ana Andrade	00:30:50	01:05:53	01:05:08	6903		V35	282	00:05:31	6746
6779	4840	João Lourenço	00:32:05	01:05:53	01:05:06	6898		V35	1229	00:05:56	7373
6780	2446	Carla Vieira	00:34:30	01:05:53	01:04:26	6782		V35	283	00:05:07	5818
6781	4782	Paula Cunha	00:32:54	01:05:53	01:05:12	6920		V35	284	00:05:45	7145
6782	711	Helena Lopes	00:33:05	01:05:54	01:04:21	6763		V35	285	00:05:27	6615
6783	1965	José Carlos	00:32:52	01:05:56	01:04:50	6849		V65	70	00:04:51	4969

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6784	8559	Paulo Dias	00:31:53	01:05:57	01:04:28	6785	EXICTOS Running Team	Senior	1350	00:06:21	7817
6785	5847	Pedro Marques	00:37:16	01:05:57	00:58:46	5387	Rolha Cycling Club	Senior	1351	00:04:50	4899
6786	6513	Cristina Dinis	00:32:34	01:05:57	01:05:10	6913		V45	154	00:05:36	6893
6787	8603	Antonio Antunes	00:32:35	01:05:58	01:05:10	6910	Os Metralhas BTT / Running	V45	727	00:05:36	6890
6788	9715	Paulo Cabral	00:33:06	01:05:58	01:04:48	6848		V40	1163	00:05:23	6469
6789	6514	José Dinis	00:32:34	01:05:58	01:05:14	6928		V45	728	00:05:37	6906
6790	6898	David Xavier	00:35:20	01:05:58	01:00:11	5833		V40	1164	00:05:39	6984
6791	7619	Nuno Madeira	00:34:23	01:05:58	01:04:32	6800		V35	1230	00:05:40	7003
6792	2040	Joao Cardoso	00:32:13	01:05:59	01:05:02	6888		V45	729	00:05:49	7221
6793	7618	Antonino Barras	00:34:23	01:05:59	01:04:33	6803		V35	1231	00:05:39	6967
6794	7855	Cristóvão Marau	00:34:23	01:05:59	01:04:33	6805		V35	1232	00:05:39	6957
6795	1629	Vítor Domingos	00:35:28	01:05:59	00:59:47	5710	Fund Box	Senior	1352	00:05:33	6788
6796	8874	Teresa Guedes	00:34:53	01:05:59	01:04:56	6871		V35	286	00:04:54	5142
6797	9634	Joana Queiroz	00:34:53	01:05:59	01:04:56	6874		Senior	406	00:04:54	5145
6798	1822	Carlos Lima	00:30:47	01:06:00	01:04:20	6758	C. A. Amigos Parque da Paz	V40	1165	00:05:43	7077
6799	3575	Vinay Pranjivan	00:33:55	01:06:00	01:03:46	6642		V40	1166	00:05:39	6955
6800	3573	Filipa Rendo	00:33:55	01:06:00	01:03:46	6644		Senior	407	00:05:40	7010
6801	4399	Abel Louro	00:33:36	01:06:00	01:05:12	6921	CLUBE MILLENNIUM BCP	V55	269	00:05:25	6556
6802	6768	Sílvia Barra	00:31:14	01:06:01	01:05:52	7042	ACB Condomínios	V35	287	00:05:35	6848



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<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6803	1107	Jorge Baptista	00:32:04	01:06:01	01:05:44	7017		V55	270	00:04:57	5299
6804	6821	Marta Pires	00:33:28	01:06:01	01:03:52	6671		V40	232	00:05:58	7445
6805	6789	Jorge Pereira	00:33:28	01:06:01	01:03:52	6673		V45	730	00:05:58	7434
6806	880	Micaela Lizardo	00:31:58	01:06:02	01:05:34	6988	Sementes do Asfalto	Senior	408	00:05:48	7201
6807	9743	Carla Correia	00:32:16	01:06:03	01:05:52	7041		V35	288	00:05:46	7160
6808	9739	Filipa Rocha	00:32:16	01:06:03	01:05:51	7037		V35	289	00:05:46	7152
6809	2664	Jorge Costa	00:29:48	01:06:03	01:05:30	6977	GFD Running	V45	731	00:06:41	7991
6810	4851	Jose Pinto	00:32:31	01:06:03	01:05:29	6974		V35	1233	00:05:08	5858
6811	7173	Sónia Rodrigues	00:33:53	01:06:03	01:04:31	6795	INDEG-ISCTE	V35	290	00:05:45	7134
6812	5024	Débora Traesel	00:31:31	01:06:04	01:04:40	6835		Senior	409	00:05:12	6038
6813	9156	Raul Chefe	00:33:04	01:06:04	01:04:46	6846		V35	1234	00:05:33	6798
6814	7967	Alexandre Soares	00:33:35	01:06:04	01:05:41	7005		V40	1167	00:04:44	4554
6815	2456	Cristina Brigham	00:34:19	01:06:05	01:03:48	6654		V40	233	00:05:14	6109
6816	1119	Joana Antunes	00:35:37	01:06:05	01:00:24	5903	FOCASANAFADAS	V35	291	00:05:10	5965
6817	8590	Lourenço Menezes	00:34:03	01:06:05	01:04:16	6745		V40	1168	00:05:34	6812
6818	2770	Alexandre Fernandes	00:34:18	01:06:06	01:03:48	6656	Salvaterra Night Runners	V35	1235	00:05:15	6152
6819	2201	Raquel Martins	00:37:22	01:06:06	00:59:44	5697	TFM	Senior	410	00:05:09	5890
6820	5251	Elsa Sousa	00:34:19	01:06:06	01:03:50	6662	Salvaterra Night Runners	V45	155	00:05:14	6134
6821	1949	Nuno Roque	00:34:30	01:06:07	01:01:13	6098	Rebola Caixotes	Senior	1353	00:05:06	5727



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
6822	1725	Sofia Tomaz	00:31:38	01:06:07	01:05:46	7023		Senior	411	00:05:42	7048
6823	2220	António Silva	00:36:45	01:06:08	01:00:00	5781		V50	446	00:04:45	4562
6824	1967	Gonçalo Alves	00:32:51	01:06:10	01:04:22	6766		V35	1236	00:05:12	6052
6825	7343	Teresa Ferreira	00:32:11	01:06:10	01:04:58	6880		Senior	412	00:05:47	7175
6826	9826	Ricardo Mendes	00:31:29	01:06:11	01:06:00	7057		V35	1237	00:05:35	6827
6827	969	Ana Alves	00:33:19	01:06:11	01:04:19	6755		V40	234	00:05:49	7231
6828	4377	Antonio Mories	00:30:31	01:06:12	01:05:45	7020	CLUBE MILLENNIUM BCP	V50	447	00:05:44	7115
6829	1033	Marcos Pereira	00:33:08	01:06:12	01:05:47	7026		V55	271	00:05:43	7083
6830	1034	Cátia Pereira	00:32:43	01:06:13	01:05:48	7027		V35	292	00:05:44	7112
6831	3238	Helder Coelho	00:39:08	01:06:13	00:57:00	4883	Rail Runners	Senior	1354	00:04:10	2416
6832	3250	Rita Jesus	00:39:09	01:06:13	00:57:01	4890	Rail Runners	Senior	413	00:04:11	2492
6833	5408	Ricardo Santos	00:34:56	01:06:14	01:00:25	5906		Senior	1355	00:05:21	6416
6834	9812	Filipa Abreu	00:33:49	01:06:15	01:04:29	6788	The Last Ones	Senior	414	00:05:07	5808
6835	8785	Joaquim Cardoso	00:33:27	01:06:15	01:04:16	6747		V40	1169	00:05:57	7416
6836	1857	Manuel Brás	00:31:45	01:06:15	01:05:39	7001	SS CGD	V45	732	00:05:32	6762
6837	4070	João Miranda	00:30:42	01:06:15	01:05:33	6986		Senior	1356	00:06:25	7853
6838	6597	Elisabete Águas	00:31:44	01:06:16	01:05:51	7039	C.C.D. O Alvitejo	V45	156	00:05:20	6341
6839	1961	Fernando Claudino	00:33:55	01:06:16	01:05:20	6947		V60	154	00:05:46	7153
6840	9270	Mariana Machado	00:33:39	01:06:16	01:05:03	6891		Junior	29	00:05:15	6156



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CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
6841	6680	Indira Minsal	00:33:25	01:06:16	01:05:09	6905		Senior	415	00:05:56	7388
6842	6606	Francisco Bessa	00:33:25	01:06:16	01:05:09	6907		Junior	143	00:05:57	7427
6843	7175	Rui Domingues	00:32:56	01:06:16	01:02:25	6368		V50	448	00:05:14	6138
6844	8228	Sara Ramos	00:36:25	01:06:17	00:59:58	5773		V35	293	00:04:50	4907
6845	6429	Alípio Oliveira	00:33:38	01:06:17	01:04:54	6866	CCDTMetroLX	V50	449	00:05:36	6892
6846	1776	Pedro Fonseca	00:33:56	01:06:17	01:04:30	6793		V35	1238	00:05:47	7189
6847	5712	Inês Santos	00:33:34	01:06:17	01:04:30	6792		Senior	416	00:05:42	7046
6848	3231	Ana Acácio	00:32:39	01:06:18	01:04:53	6861	G D C Banco de Portugal	Senior	417	00:05:19	6304
6849	6278	Carlos Beato	00:39:17	01:06:18	00:56:26	4679	LINDA-A-PASTORA SPORTING CLUBE	V40	1170	00:04:14	2662
6850	1517	Alexandre Ramos	00:31:19	01:06:19	01:06:05	7064		V35	1239	00:05:53	7298
6851	8896	David Nóvoas	00:31:10	01:06:19	01:04:33	6804		Senior	1357	00:06:01	7486
6852	6681	Joao Lobo	00:35:35	01:06:20	01:01:10	6084		V45	733	00:05:09	5920
6853	6679	Cristina Martins	00:32:11	01:06:20	01:05:52	7043		V50	71	00:05:22	6428
6854	10422	Ana Martins	00:32:57	01:06:20	01:05:05	6895		V35	294	00:05:23	6468
6855	8018	Pedro Antunes	00:32:08	01:06:21	01:05:16	6934		Senior	1358	00:05:40	7007
6856	7317	Mario Costa	00:32:00	01:06:21	01:05:11	6914	G.D.C. FONSECAS E CALÇADA	V35	1240	00:05:36	6899
6857	1136	Jorge Gonçalves	00:33:18	01:06:22	01:05:52	7040	Clube do Stress	V45	734	00:05:26	6575
6858	4998	Rita Alvarez	00:32:51	01:06:22	01:04:54	6863		Senior	418	00:05:35	6836
6859	1748	Margarida Morais	00:32:17	01:06:22	01:05:36	6994		Senior	419	00:05:47	7187



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
6860	1470	Mariana Mira	00:33:11	01:06:22	01:05:40	7004	H2H	Junior	30	00:05:56	7375
6861	3951	Natália Bernardo	00:33:22	01:06:22	01:04:56	6873	CCD TRANQUILIDADE	V50	72	00:05:35	6851
6862	8395	Daniel Baeta	00:33:12	01:06:23	01:03:56	6693		V60	155	00:05:30	6712
6863	9113	Jorge Machado	00:33:16	01:06:23	01:05:12	6919		Senior	1359	00:05:07	5814
6864	9112	Joana Luiz	00:33:17	01:06:23	01:05:13	6925		Senior	420	00:05:07	5801
6865	257	Camilo Silva	00:32:41	01:06:23	01:06:05	7066	Os primos	V35	1241	00:04:16	2797
6866	7513	Joana Coelho	00:33:24	01:06:25	01:05:35	6990		Senior	421	00:05:21	6395
6867	8335	Catarina Vasconcelos	00:32:25	01:06:25	01:05:27	6969	Holmes Place Fit2Run	Senior	422	00:05:34	6808
6868	3383	Nuno Moreira	00:32:52	01:06:25	01:05:22	6949	Alverca Urban Runners	Senior	1360	00:05:44	7105
6869	10259	Luis Gomes	00:32:54	01:06:25	01:04:39	6831	Team Gourmet	V40	1171	00:05:12	6056
6870	1177	Cesar Guerra	00:31:30	01:06:25	01:06:09	7071	CTJD	V45	735	00:05:49	7232
6871	2820	Lara Simons	00:31:59	01:06:26	01:04:02	6713	CCD Siemens	Senior	423	00:05:13	6070
6872	1835	Carla Gomes	00:31:49	01:06:26	01:05:25	6962	Corredores de Paredão	V35	295	00:05:54	7342
6873	3898	João Dias	00:33:43	01:06:26	01:01:39	6213		V45	736	00:04:23	3248
6874	8206	Ana Mota	00:31:43	01:06:27	01:05:30	6978		Senior	424	00:05:38	6951
6875	1619	Carlos Cardadeiro	00:33:41	01:06:27	01:04:59	6883	O Coelho é um franganote!	V45	737	00:05:44	7109
6876	1314	Paula Loureiro	00:31:37	01:06:27	01:06:16	7087		V40	235	00:05:29	6673
6877	8455	Francisco Santos	00:33:04	01:06:27	01:05:15	6932		V55	272	00:05:27	6614
6878	8691	António Oliva	00:31:43	01:06:27	01:05:31	6980		Senior	1361	00:05:39	6972



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6879	9518	Ana Aleixo	00:33:47	01:06:28	01:05:06	6897		V35	296	00:05:35	6845
6880	4540	Jorge Pinto	00:31:50	01:06:28	01:04:39	6830		V35	1242	00:06:53	8081
6881	3527	Joel Sousa	00:40:17	01:06:28	00:55:57	4506		V40	1172	00:05:15	6177
6882	3709	Carlos Martins	00:36:34	01:06:29	01:01:06	6075		V50	450	00:04:42	4397
6883	4006	Paulo Rodrigues	00:34:23	01:06:30	01:05:38	6999		V45	738	00:05:13	6098
6884	4320	Regina Antunes	00:32:46	01:06:31	01:05:48	7031	CLUBE MILLENNIUM BCP	V40	236	00:05:33	6803
6885	8015	José Garcia	00:39:37	01:06:31	00:50:03	2660		Senior	1362	00:04:54	5113
6886	3488	Francisco Garcia	00:33:32	01:06:31	01:04:32	6801	Garcia Runners	V55	273	00:05:40	6995
6887	7060	Helena Fernandes	00:32:11	01:06:31	01:05:35	6991	INDEG-ISCTE	V40	237	00:05:48	7202
6888	3832	Pedro Fernandes	00:32:45	01:06:32	01:05:44	7016	U.D.F.A.C.	V35	1243	00:05:13	6096
6889	8063	Susana Carvalho	00:33:05	01:06:32	01:06:17	7091		V35	297	00:06:06	7592
6890	8898	Donni Akbar	00:32:18	01:06:32	01:06:14	7084		V40	1173	00:06:14	7720
6891	8014	João Garcia	00:39:38	01:06:32	00:50:04	2666		Senior	1363	00:04:55	5186
6892	8168	Pedro Alcântara	00:33:32	01:06:33	01:05:08	6902	BIP BIP	V45	739	00:06:10	7654
6893	1041	Vitor Nobre	00:31:40	01:06:33	01:06:05	7065		V35	1244	00:06:19	7787
6894	1319	Vasco Paulo	00:32:57	01:06:34	01:05:35	6992	Os Marretas	V45	740	00:06:13	7710
6895	3498	Cláudia Moreira	00:34:20	01:06:35	01:05:47	7025		Senior	425	00:05:16	6216
6896	3558	Sara Coelho	00:34:21	01:06:36	01:05:48	7028		Senior	426	00:05:18	6268
6897	10553	Diana Nunes	00:30:19	01:06:36	01:06:26	7105		V35	298	00:05:33	6805

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6898	5920	Gonçalo Henriques	00:36:36	01:06:37	01:05:33	6985		Senior	1364	00:04:43	4440
6899	8198	Antonio Alter	00:34:19	01:06:37	01:05:30	6976		V50	451	00:05:07	5828
6900	10567	Telmo Pires	00:33:08	01:06:39	01:05:32	6982		V35	1245	00:06:15	7731
6901	10568	Diogo Almeida	00:33:12	01:06:39	01:05:32	6984		Senior	1365	00:06:15	7737
6902	6148	Filipe Marques	00:34:31	01:06:39	01:05:55	7050		Senior	1366	00:05:04	5655
6903	5385	Jorge Fonte	00:33:23	01:06:40	01:06:02	7063		V35	1246	00:06:13	7714
6904	5386	Ricardo Cardoso	00:33:23	01:06:40	01:06:01	7058		Senior	1367	00:06:13	7707
6905	8610	Gonçalo Ginga	00:34:31	01:06:40	01:05:55	7049		Senior	1368	00:05:05	5686
6906	6168	José Maio	00:32:40	01:06:40	01:06:15	7085		V60	156	00:04:42	4404
6907	6714	Ana Oliveira	00:34:29	01:06:40	01:05:13	6926	Caracol Turbo	Senior	427	00:05:05	5703
6908	3944	Ana Martins	00:33:34	01:06:40	01:05:14	6929	CCD TRANQUILIDADE	V35	299	00:05:41	7031
6909	3943	Miguel Pinhal	00:33:34	01:06:41	01:05:14	6930	CCD TRANQUILIDADE	V45	741	00:05:41	7032
6910	3197	Ana Almeida	00:31:17	01:06:41	01:05:58	7054		Senior	428	00:06:20	7801
6911	1489	Tomás Turbando	00:34:36	01:06:41	01:01:13	6099	Colinas Bike Tour	V35	1247	00:05:30	6708
6912	4001	Susana Costa	00:33:50	01:06:42	01:05:18	6941		V35	300	00:05:53	7305
6913	8589	Michael Dias	00:33:56	01:06:42	01:06:10	7074		Senior	1369	00:05:23	6470
6914	9828	Ivana Schneider	00:31:16	01:06:42	01:06:39	7123		Senior	429	00:06:04	7549
6915	8588	Marianne Wohlwend	00:33:57	01:06:42	01:06:10	7073		V50	73	00:05:23	6488
6916	3425	Jorge Goncalves	00:33:10	01:06:42	01:05:54	7047		V45	742	00:05:21	6399



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6917	6939	Joana Portela	00:33:12	01:06:42	01:05:35	6993	CORREDORES RESINEIROS CORGAS	Senior	430	00:05:05	5688
6918	6922	Virgolino Pedro	00:35:22	01:06:43	01:01:47	6243		V60	157	00:05:00	5454
6919	425	Maria Moreira	00:33:38	01:06:43	01:06:16	7086	MOREIRA	Junior	31	00:06:05	7582
6920	6976	Fabio Duarte	00:31:55	01:06:43	01:06:25	7101	spartacas e fraquinhos	Senior	1370	00:06:18	7774
6921	6831	Ana Canelhas	00:34:01	01:06:43	01:04:25	6772	Serviços Sociais Montepio Geral	Senior	431	00:05:16	6215
6922	7892	Helena Serra	00:33:05	01:06:44	01:06:11	7078	grup.desp.chelas	V45	157	00:05:39	6979
6923	665	Angela Costa	00:33:47	01:06:44	01:04:44	6842		Senior	432	00:05:03	5595
6924	6377	Mateus Medina	00:33:39	01:06:44	01:05:36	6996		Senior	1371	00:05:40	6991
6925	4240	Adriana Albuquerque	00:30:53	01:06:44	01:06:13	7083		V35	301	00:06:14	7722
6926	7753	Zaida Piteira	00:33:10	01:06:44	01:05:55	7051		V40	238	00:05:22	6441
6927	6676	Tiago Bessa	00:32:59	01:06:44	01:06:29	7111	VdAtletas	Senior	1372	00:06:21	7815
6928	5399	Alexandre Freire	00:32:37	01:06:45	01:05:51	7038	H2Ovita	V40	1174	00:06:03	7532
6929	9624	Angela Fonseca	00:34:22	01:06:45	01:04:31	6796		V40	239	00:05:25	6525
6930	9221	Ricardo Fonseca	00:34:22	01:06:45	01:04:31	6797		V35	1248	00:05:26	6569
6931	8171	Pedro Batista	00:32:53	01:06:45	01:05:19	6944	BIP BIP	V50	452	00:05:30	6698
6932	4151	Isabel Afonso	00:33:45	01:06:46	01:05:23	6955		V40	240	00:05:55	7354
6933	2043	Violeta Reis	00:31:46	01:06:46	01:06:36	7122		Senior	433	00:06:52	8072
6934	7275	Sergio Fialho	00:31:41	01:06:46	01:05:59	7056		V35	1249	00:05:42	7036
6935	645	Alexandra Esteves	00:34:09	01:06:47	01:05:31	6979		V40	241	00:05:26	6576



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6936	8635	Neuza Jesus	00:33:10	01:06:47	01:06:23	7098		V35	302	00:05:41	7025
6937	4239	Carlos Aguiar	00:34:30	01:06:47	01:04:37	6820		V35	1250	00:05:02	5532
6938	4760	Bruno Alberto	00:33:38	01:06:47	01:05:42	7008	Rolha Cycling Club	V35	1251	00:05:17	6237
6939	1164	Jose Oliveira	00:30:52	01:06:48	01:05:44	7015		V35	1252	00:05:24	6510
6940	9141	Pedro Silva	00:31:55	01:06:49	01:05:34	6987		Senior	1373	00:05:46	7168
6941	1978	Carla Barbosa	00:33:37	01:06:49	01:05:03	6889		V35	303	00:05:25	6529
6942	9596	Luis Raposo	00:33:58	01:06:50	01:05:22	6952		Senior	1374	00:05:32	6758
6943	6091	Antonio Guerra	00:34:12	01:06:50	01:05:36	6995		V55	274	00:05:05	5694
6944	4533	José Galveia	00:36:26	01:06:50	01:01:02	6058	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V60	158	00:04:51	4960
6945	3826	Ana Sousa	00:32:41	01:06:50	01:05:00	6884		V50	74	00:05:27	6606
6946	6487	Luis Silva	00:36:26	01:06:51	01:01:32	6173		V35	1253	00:04:55	5174
6947	1683	Maria Alexandre	00:32:13	01:06:51	01:06:27	7106		V60	16	00:06:05	7576
6948	7905	Helio Duarte	00:33:00	01:06:52	01:04:43	6840		Senior	1375	00:05:21	6409
6949	4701	Sofia Torrão	00:33:23	01:06:53	01:05:45	7022	Rolha Cycling Club	V40	242	00:05:11	5999
6950	9597	Vânia Padeiro	00:33:58	01:06:54	01:05:27	6967		Senior	434	00:05:37	6904
6951	3457	Paulo Godinho	00:33:24	01:06:55	01:04:36	6814	GD Banco BPI	V45	743	00:05:54	7341
6952	3378	Rui Pereira	00:33:44	01:06:55	01:05:16	6933	Line Runners	V35	1254	00:05:43	7076
6953	10344	Filipe Conceção	00:32:05	01:06:56	01:05:32	6983		Senior	1376	00:06:03	7536
6954	4241	Clara Duran	00:31:41	01:06:56	01:06:25	7102		V35	304	00:05:53	7310



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6955	10260	António Rego	00:33:43	01:06:56	01:05:10	6912	Team Gourmet	V40	1175	00:05:40	7009
6956	4980	Pedro Guedes	00:33:11	01:06:56	01:05:25	6964		Senior	1377	00:05:42	7040
6957	1730	Tânia Santo	00:34:09	01:06:56	01:06:36	7121		Senior	435	00:05:09	5916
6958	6622	Judite Viegas	00:34:12	01:06:57	01:04:54	6862	Pastelaria Charly's	V40	243	00:05:14	6126
6959	6409	Susana Ferreira	00:34:12	01:06:57	01:04:54	6865		Senior	436	00:05:13	6063
6960	6029	Nuno Mota	00:37:25	01:06:57	01:00:51	6015	FunFriends4Run	V35	1255	00:04:21	3141
6961	910	Vasco Dias	00:31:42	01:06:57	01:06:25	7099		V45	744	00:05:48	7191
6962	1003	Vanessa Silvestre	00:31:43	01:06:57	01:06:25	7100		Senior	437	00:05:48	7199
6963	5294	Miguel Oliveira	00:31:15	01:06:58	01:06:17	7090		V45	745	00:05:42	7041
6964	3050	Joaquim Mantas	00:31:33	01:06:58	01:06:32	7115	Bombeiros Voluntários de Montemor-o-Novo	V45	746	00:05:15	6151
6965	10320	Liliana Henriques	00:33:48	01:06:59	01:04:55	6868		Senior	438	00:05:42	7043
6966	563	São Gião	00:34:10	01:07:00	01:05:55	7052		V55	275	00:05:38	6938
6967	2814	António Lopes	00:34:40	01:07:00	01:05:09	6908	CCDEL Efacec Lisboa	V65	71	00:05:16	6204
6968	3522	Liliane Miliciano	00:32:09	01:07:01	01:05:49	7033		V40	244	00:05:27	6603
6969	2812	Júlio Faria	00:34:40	01:07:01	01:05:11	6917	CCDEL Efacec Lisboa	V45	747	00:05:18	6291
6970	5667	Liliana Dias	00:31:34	01:07:01	01:06:09	7070	Authentic Pilates Lisboa	V35	305	00:05:14	6125
6971	2400	Dulcina Antunes	00:33:04	01:07:02	01:06:18	7092	Valejas Atlético Clube	Senior	439	00:06:02	7509
6972	3885	Fernando Ruas	00:35:27	01:07:02	01:05:59	7055	Banzão Team	V45	748	00:04:59	5396
6973	3725	Pedro Azevedo	00:31:07	01:07:02	01:05:50	7036	SapacGroup Team	Senior	1378	00:06:32	7926



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6974	5068	Maria Amado	00:33:46	01:07:05	01:06:12	7079	Correr Lisboa	Senior	440	00:05:44	7104
6975	9137	Fábio Serra	00:37:44	01:07:05	01:05:08	6901		Senior	1379	00:04:43	4446
6976	5799	Fernando Luís	00:35:46	01:07:05	01:01:43	6230	Ganha...dores	V50	453	00:05:05	5697
6977	10558	Filipa Figueiredo	00:32:37	01:07:06	01:06:28	7109		V40	245	00:05:35	6826
6978	7224	Alexandre Coelho	00:31:24	01:07:06	01:06:10	7077		V45	749	00:05:44	7118
6979	9437	Lina Santos	00:33:06	01:07:06	01:06:32	7117		V35	306	00:05:22	6432
6980	4730	Inês Barroso	00:34:33	01:07:07	01:04:57	6875	Clube EDP - Lisboa	V40	1176	00:05:48	7205
6981	8595	Carlos Morais	00:34:07	01:07:07	01:05:26	6965		Senior	1380	00:05:34	6818
6982	9608	José Guimarães	00:34:33	01:07:07	01:04:58	6878		V40	1177	00:05:48	7212
6983	514	António Abrantes	00:33:43	01:07:07	01:05:53	7044	Balhelhas	V55	276	00:05:34	6820
6984	7247	Telma Matias	00:31:14	01:07:07	01:06:57	7149		V35	307	00:05:55	7347
6985	2879	Fernando Sebastião	00:31:52	01:07:08	01:05:11	6915		V35	1256	00:06:43	8010
6986	2924	João Catarino	00:39:40	01:07:08	00:57:08	4934	Serviços Sociais Montepio Geral	V45	750	00:04:28	3549
6987	4546	Paulo Silva	00:34:20	01:07:08	01:05:48	7030		V35	1257	00:05:44	7096
6988	903	André Calado	00:33:42	01:07:08	01:05:01	6887		Senior	1381	00:05:23	6473
6989	7245	Carla Tavares	00:31:13	01:07:08	01:06:58	7153		V40	246	00:05:56	7393
6990	8714	Joana Lopes	00:34:02	01:07:09	01:04:47	6847	Hares with Heavy Brains	Senior	441	00:05:48	7213
6991	3516	José Silva	00:34:47	01:07:09	01:05:27	6968	Novos Trilhos	V55	277	00:05:31	6740
6992	4970	Custódio Januário	00:34:00	01:07:10	01:05:03	6892	Clube Ferroviário de Portugal	V60	159	00:05:33	6799

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
6993	757	Nuno Oliveira	00:31:40	01:07:10	01:07:02	7165		V40	1178	00:05:51	7264
6994	3904	Ana-Alice Pereira	00:32:03	01:07:10	01:07:06	7172		V50	75	00:05:41	7028
6995	9704	Isabel Bué	00:33:51	01:07:10	01:02:14	6336	Bué da Serras	Senior	442	00:05:26	6572
6996	6756	Telma Parreira	00:34:05	01:07:12	01:06:02	7062		Senior	443	00:05:35	6837
6997	3846	António Monteiro	00:31:22	01:07:12	01:06:44	7127	EVELX - Associação de Estilos de Vida Saudável	V45	751	00:05:48	7211
6998	459	Lurdes Alves	00:33:59	01:07:12	01:05:56	7053		V55	22	00:05:07	5820
6999	6063	Secundino Carvalho	00:33:38	01:07:12	01:05:08	6900		Senior	1382	00:05:38	6932
7000	1224	Susana Dias	00:34:42	01:07:13	01:06:31	7113		V45	158	00:04:54	5121
7001	9441	Diogo Allegro	00:36:15	01:07:14	01:01:47	6242	N.A."OS PAPAGAIOS DE CASCAIS"	V35	1258	00:04:40	4269
7002	1556	António Mortal	00:33:44	01:07:14	01:04:56	6869	Turtles	V45	752	00:06:07	7607
7003	2269	Nuno Terraquente	00:34:51	01:07:15	01:05:23	6954	Pés de Chumbo	V40	1179	00:05:21	6414
7004	1292	Nuno Cunha	00:34:15	01:07:16	01:06:32	7116		V40	1180	00:05:07	5815
7005	2011	Márcia Damas	00:34:29	01:07:16	01:05:43	7011	Line Runners	V35	308	00:05:17	6257
7006	3634	Julien Ponte	00:34:47	01:07:16	01:01:33	6186		V35	1259	00:05:38	6927
7007	3356	Manuel Alves	00:36:45	01:07:17	01:01:11	6092		Senior	1383	00:04:51	4959
7008	5113	Rui Mendes	00:33:52	01:07:17	01:05:42	7006		V35	1260	00:05:29	6671
7009	8381	Ana Miranda	00:32:08	01:07:19	01:06:55	7147		V40	247	00:06:29	7905
7010	2318	Cláudia Grilo	00:31:45	01:07:19	01:06:59	7155	Academia Fitness Militar	V35	309	00:05:05	5679
7011	1110	Isabel Bettencourt	00:31:58	01:07:19	01:06:25	7103		V55	23	00:06:25	7851



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7012	8508	Cátia Barroso	00:33:23	01:07:19	01:07:15	7194		Senior	444	00:05:17	6253
7013	2720	Maria Purificação	00:31:58	01:07:20	01:06:26	7104		V50	76	00:06:25	7854
7014	3973	Vítor Costa	00:32:08	01:07:20	01:06:58	7154		V50	454	00:05:30	6711
7015	10547	Jose Salvador	00:37:49	01:07:20	01:01:22	6131		V35	1261	00:04:42	4405
7016	10548	Monica Ibañez	00:37:49	01:07:20	01:01:22	6132		V35	310	00:04:43	4439
7017	8250	João Machado	00:33:05	01:07:21	01:07:17	7203		V50	455	00:05:42	7064
7018	8269	Bruno Reis	00:33:38	01:07:21	01:04:55	6867		V35	1262	00:04:56	5262
7019	5662	Fernando Rodrigues	00:31:29	01:07:21	01:06:35	7119		V35	1263	00:05:14	6144
7020	5085	Sara Valadares	00:33:04	01:07:22	01:06:58	7152	Academia Fitness Militar	Senior	445	00:05:19	6327
7021	4454	Orlanda Martins	00:32:08	01:07:22	01:07:17	7201	CLUBE MILLENNIUM BCP	V40	248	00:05:59	7462
7022	4455	Joaquim Martins	00:32:09	01:07:22	01:07:17	7199	CLUBE MILLENNIUM BCP	V45	753	00:05:59	7455
7023	5086	Junia Anacleto	00:33:04	01:07:22	01:06:58	7151	Academia Fitness Militar	V55	24	00:05:19	6307
7024	2545	Ana Rosa	00:31:48	01:07:23	01:06:52	7146		Senior	446	00:06:12	7689
7025	5957	Sílvia Costa	00:32:42	01:07:24	01:07:14	7192		V40	249	00:05:36	6867
7026	2569	Francisco Afonso	00:39:23	01:07:24	00:58:24	5300		V50	456	00:04:18	2877
7027	5958	Anabela Costa	00:32:42	01:07:24	01:07:14	7193		V40	250	00:05:36	6868
7028	8078	Sonia Rosa	00:33:01	01:07:24	01:07:00	7160	les cousins	V35	311	00:05:51	7265
7029	5505	José Simões	00:34:14	01:07:26	01:05:25	6959	Georunners	V55	278	00:05:21	6417
7030	3243	José Rodrigues	00:33:09	01:07:26	01:06:01	7059	Rail Runners	V40	1181	00:06:07	7606

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7031	297	Adriano Dias	00:32:34	01:07:26	01:07:06	7174		V45	754	00:05:44	7101
7032	1071	Filipa Bento	00:32:34	01:07:26	01:07:06	7171		Junior	32	00:05:44	7099
7033	533	João Brito	00:32:34	01:07:26	01:07:06	7173		Senior	1384	00:05:45	7142
7034	8533	Gonçalo Silva	00:34:00	01:07:27	01:06:19	7093	Chitas de Alcobaça	V35	1264	00:05:36	6869
7035	7010	Pedro Ferreira	00:34:37	01:07:27	01:05:44	7013	CUN Boston	V35	1265	00:05:20	6349
7036	7011	Carla Ferreira	00:34:38	01:07:27	01:05:44	7018	CUN Boston	V35	312	00:05:20	6352
7037	4184	Ângela Figueira	00:34:58	01:07:28	01:05:53	7045	ADRC Mata de Benfica	Senior	447	00:05:52	7283
7038	3792	José Rebocho	00:31:27	01:07:29	01:07:20	7213	Amigos Vale Silencio	V55	279	00:05:55	7345
7039	5307	Carlos Pereira	00:33:34	01:07:29	01:06:16	7088	CCD Sintrense	V45	755	00:05:31	6725
7040	2653	Luisa Andreia	00:32:40	01:07:29	01:07:13	7188	GFD Running	Senior	448	00:05:27	6597
7041	6426	João Silva	00:33:26	01:07:29	01:06:06	7067		V40	1182	00:06:24	7842
7042	9820	Nelson Silva	00:33:24	01:07:30	01:05:48	7029	Dupla.	V35	1266	00:04:49	4800
7043	6529	Mafalda Neto	00:35:33	01:07:30	01:02:22	6359		V40	251	00:05:37	6916
7044	8893	Nuno Fevereiro	00:35:33	01:07:31	01:02:22	6362		V40	1183	00:05:38	6924
7045	9227	João Lourenço	00:31:16	01:07:31	01:05:38	6998		Junior	144	00:05:47	7183
7046	3970	Maria Sampaio	00:32:48	01:07:31	01:07:10	7178	Academia Fitness Militar	V50	77	00:05:12	6044
7047	7429	Rita Corda	00:34:04	01:07:31	01:06:35	7120	Road Runners	Senior	449	00:05:39	6961
7048	8292	Cristiana Rodrigues	00:34:17	01:07:31	01:05:37	6997	PowerBoost Club	Senior	450	00:05:21	6391
7049	6777	Ana Antunes	00:33:22	01:07:32	01:07:01	7162		Senior	451	00:05:19	6318



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7050	7553	Andreia Almeida	00:33:22	01:07:32	01:07:01	7163		Senior	452	00:05:19	6322
7051	3986	Catarina Ferreira	00:32:42	01:07:32	01:07:11	7179		Senior	453	00:06:08	7618
7052	3988	Miguel Braz	00:32:42	01:07:32	01:07:12	7184		Senior	1385	00:06:07	7604
7053	4158	Maria Cordeiro	00:33:42	01:07:32	01:06:47	7135		V40	252	00:05:57	7401
7054	5572	Luís Almeida	00:33:01	01:07:33	01:05:25	6960	Lis Running C.P.A.	V50	457	00:05:33	6789
7055	10410	Weza Silva	00:32:08	01:07:33	01:07:11	7180		V35	313	00:05:45	7129
7056	4882	Rafael Lopez	00:33:02	01:07:33	01:05:24	6958		V35	1267	00:05:32	6774
7057	5263	Celia Lourenco	00:32:59	01:07:33	01:07:23	7218	BRRnightRUNNERS - Barreiro	V40	253	00:06:06	7591
7058	8798	Julia Almeida	00:33:17	01:07:33	01:05:25	6961		V50	78	00:05:31	6732
7059	5889	Pedro Loureiro	00:38:49	01:07:34	00:58:23	5297	Recta Brilhante	V45	756	00:04:53	5098
7060	2859	Celine Silva	00:32:24	01:07:34	01:06:59	7156	Resmas	V35	314	00:05:43	7091
7061	3554	Gisela Carvalho	00:32:30	01:07:34	01:07:00	7158	Futebol Clube Estrelas Lisboa	Senior	454	00:05:54	7337
7062	8071	Filipa Remigio	00:36:28	01:07:35	01:01:48	6249		V40	254	00:05:25	6532
7063	5397	Mauro Ferreira	00:35:03	01:07:35	01:06:41	7124	H2Ovita	V35	1268	00:04:38	4141
7064	9373	Tânia Sampaio	00:34:26	01:07:36	01:06:27	7107	Chitas de Alcobaca	V35	315	00:05:32	6761
7065	5855	Nuno Ameixial	00:33:58	01:07:36	01:05:32	6981		V40	1184	00:05:31	6728
7066	2474	Alexandra Oliveira	00:32:35	01:07:37	01:07:25	7223	LUSO-ATLANTICA SA	V40	255	00:05:36	6875
7067	8109	Eduardo Morais	00:34:42	01:07:37	01:05:18	6940		V50	458	00:06:09	7642
7068	3484	Cláudia André	00:31:54	01:07:38	01:07:36	7253	Sporting Clube de Casinhos	V35	316	00:05:52	7284

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
7069	7989	Domingas Santos	00:34:08	01:07:39	01:06:49	7138		V55	25	00:05:24	6501
7070	7750	Ricardo Beira	00:32:56	01:07:39	01:07:28	7236	BEIRA&LOPES	V35	1269	00:06:30	7915
7071	889	Gonçalo Mateus	00:34:05	01:07:40	01:05:23	6956		Senior	1386	00:05:12	6037
7072	6590	Telma Eusébio	00:33:40	01:07:40	01:06:45	7128	Scalkokas	Senior	455	00:06:02	7511
7073	5474	Miguel Cunha	00:37:44	01:07:41	01:01:23	6139		V35	1270	00:05:20	6346
7074	9734	Verónica Pereira	00:33:07	01:07:42	01:05:29	6973		Senior	456	00:06:06	7588
7075	4525	Sofia Carvalho	00:30:08	01:07:42	01:07:32	7243		Senior	457	00:05:56	7380
7076	5677	João Leite	00:32:02	01:07:42	01:06:20	7096	Padrinhos e Convidado	V40	1185	00:06:02	7512
7077	5019	Nidia Silva	00:33:00	01:07:42	01:07:27	7228		V55	26	00:05:39	6981
7078	6595	Rosario Martins	00:35:17	01:07:43	01:05:25	6963	O Duo Dinamico	V35	317	00:05:15	6157
7079	4528	Pedro Fernandes	00:33:43	01:07:44	01:05:22	6951		V35	1271	00:05:57	7408
7080	6775	Sílvia Pedro	00:36:09	01:07:44	01:02:49	6449		V45	159	00:05:03	5591
7081	2026	Prudêncio Brusco	00:32:48	01:07:44	01:06:01	7061		V65	72	00:06:01	7488
7082	1631	Nuno Trindade	00:37:53	01:07:44	01:01:31	6170	Fund Box	Senior	1387	00:04:49	4801
7083	7794	António Castro	00:32:18	01:07:45	01:07:27	7229		V45	757	00:06:13	7704
7084	6009	Mário Vinhas	00:34:50	01:07:45	01:07:08	7175		V45	758	00:05:00	5460
7085	2062	Rui Ferreira	00:33:24	01:07:46	01:06:10	7075	GDCT Unicre	V35	1272	00:05:21	6396
7086	6851	Bruno Martins	00:33:15	01:07:46	01:07:23	7219		V35	1273	00:05:57	7409
7087	7715	Tiara Teixeira	00:32:29	01:07:47	01:07:45	7271		Senior	458	00:06:07	7615



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7088	6695	Ana Baptista	00:33:20	01:07:48	01:06:12	7080		Senior	1388	00:05:34	6819
7089	6276	Magda Cabral	00:33:25	01:07:48	01:06:32	7118	LINDA-A-PASTORA SPORTING CLUBE	V40	256	00:05:46	7165
7090	2326	Vitoria Courelas	00:31:32	01:07:49	01:07:48	7277	Bombeiros Voluntários de Montemor-o-Novo	V55	27	00:05:55	7360
7091	2328	Hortense Faria	00:31:32	01:07:50	01:07:49	7279	Bombeiros Voluntários de Montemor-o-Novo	V55	28	00:05:56	7381
7092	430	Nuno Matos	00:35:06	01:07:50	01:07:22	7216	Matos, Fonseca & Friends	V45	759	00:05:17	6221
7093	1563	Isabel Martinho	00:34:29	01:07:51	01:05:45	7021		V45	160	00:05:35	6855
7094	1624	António Lima	00:32:20	01:07:52	01:06:46	7133		V45	760	00:06:00	7471
7095	8114	Elisabete Carapuça	00:33:37	01:07:53	01:05:43	7010		V35	318	00:06:16	7743
7096	2438	António Moura	00:31:23	01:07:53	01:07:41	7262		V55	280	00:05:57	7396
7097	6166	Inês Maio	00:32:41	01:07:53	01:07:28	7234		Senior	459	00:05:38	6950
7098	581	Carla Duarte	00:32:33	01:07:53	01:07:32	7242		V40	257	00:06:02	7508
7099	8397	Fátima Cavaleiro	00:33:26	01:07:53	01:07:17	7202		V50	79	00:05:29	6663
7100	2375	Ana Sebastião	00:33:29	01:07:54	01:05:54	7048	Famelga	Senior	460	00:05:52	7281
7101	10362	Paula Calisto	00:32:33	01:07:54	01:07:24	7220		V35	319	00:06:05	7579
7102	7013	Miguel Rijo	00:34:36	01:07:55	01:05:42	7007		V40	1186	00:06:12	7696
7103	9630	Fernando Blasco	00:34:36	01:07:55	01:05:42	7009		V35	1274	00:06:12	7695
7104	6415	Rita Pedro	00:31:32	01:07:55	01:07:31	7239		Senior	461	00:06:06	7596
7105	1320	Hernâni Bonifácio	00:32:51	01:07:56	01:06:59	7157	Os Marretas	V40	1187	00:05:46	7173
7106	1692	Nuno Gonçalves	00:29:36	01:07:56	01:07:45	7270	Keep Running	V60	160	00:06:30	7912

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7107	3856	Cristina Lourenço	00:33:36	01:07:56	01:07:16	7195		V50	459	00:05:49	7234
7108	3855	Jorge Lourenço	00:33:36	01:07:57	01:07:17	7204		V55	281	00:05:49	7235
7109	6300	João Lopes	00:32:31	01:07:57	01:07:36	7254	VdAtletas	V40	1188	00:05:38	6947
7110	6540	Sofia Norberto	00:33:54	01:07:58	01:06:23	7097		V35	320	00:05:26	6571
7111	1053	Rui Santos	00:33:52	01:08:00	01:06:28	7108		V45	761	00:05:42	7059
7112	2527	Paulo Alves	00:34:12	01:08:00	01:06:01	7060	GDC Fidelidade	V45	762	00:05:56	7378
7113	5846	Marta Carreira	00:34:43	01:08:00	01:06:46	7132	CCD Siemens	V35	321	00:05:54	7340
7114	9321	Carlos Heleno	00:32:00	01:08:00	01:05:39	7000		Senior	1389	00:07:09	8182
7115	6927	Sofia Gomes	00:32:49	01:08:00	01:06:46	7134		V35	322	00:05:58	7437
7116	2755	Claudia Macara	00:31:45	01:08:00	01:07:40	7260	Academia Fitness Militar	V40	258	00:05:46	7170
7117	8468	Eunice Cardoso	00:35:19	01:08:02	01:03:10	6520	Agenda Desportiva	V35	323	00:05:28	6647
7118	6560	Ana Sobral	00:32:17	01:08:02	01:07:50	7281		Senior	462	00:06:04	7566
7119	7932	Miguel Fernandes	00:31:35	01:08:02	01:07:20	7209	cruz de pau feito	V40	1189	00:05:29	6682
7120	2530	João Mayor	00:33:02	01:08:03	01:07:58	7298		V65	73	00:06:06	7602
7121	6083	Andreia Martins	00:35:06	01:08:03	01:06:52	7145		Senior	463	00:05:23	6478
7122	6084	João Sousa	00:35:06	01:08:03	01:06:52	7144		Senior	1390	00:05:24	6500
7123	10581	Filipa Cabaça	00:34:15	01:08:03	01:07:34	7249		V35	324	00:04:58	5340
7124	7972	Hugo Silva	00:32:40	01:08:05	01:07:52	7286		V35	1275	00:05:40	6993
7125	7556	Ana Grácio	00:32:48	01:08:05	01:06:43	7126	Aero2002	Senior	464	00:06:03	7545



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7126	255	Júlio Silva	00:32:40	01:08:06	01:07:47	7274	Os primos	V40	1190	00:05:57	7415
7127	6329	Andreia Maruta	00:34:04	01:08:06	01:07:48	7276		V35	325	00:05:30	6707
7128	153	Sara Serra	00:32:58	01:08:06	01:07:02	7168		Senior	465	00:06:12	7700
7129	8656	Pedro Silva	00:36:48	01:08:09	00:59:15	5551		Senior	1391	00:05:55	7364
7130	2170	Marisa Gonçalves	00:33:32	01:08:09	01:07:18	7206	Os Galgos	V35	326	00:05:39	6963
7131	4827	Isabel Neto	00:33:01	01:08:10	01:07:34	7247		V40	259	00:05:31	6733
7132	7212	Lia Jesus	00:35:05	01:08:10	01:07:17	7200		V35	327	00:05:26	6567
7133	4965	Maria Teixeira	00:32:19	01:08:11	01:08:03	7308	G.D.C.T. REPSOL POLÍMEROS	V40	260	00:05:30	6720
7134	516	Paula Alves	00:32:08	01:08:12	01:07:44	7268	Carlos e os seus alunos	V35	328	00:05:52	7289
7135	2159	Nuno Forte	00:34:39	01:08:12	01:04:13	6738	Açoreana Clube Banif	V40	1191	00:05:27	6629
7136	1374	João Costa	00:32:55	01:08:12	01:07:05	7170	Sem limites	V35	1276	00:05:46	7174
7137	9155	Ana Assunção	00:32:59	01:08:12	01:07:40	7259		Senior	466	00:05:42	7058
7138	5579	Manuel Ribeiro	00:33:52	01:08:12	01:07:04	7169	Associação BNU	V65	74	00:05:44	7107
7139	8567	Sofia Marques	00:33:44	01:08:12	01:07:40	7258	CLUBE ACCENTURE	Senior	467	00:05:26	6560
7140	1344	Alexandra Pires	00:32:09	01:08:13	01:06:20	7094	Aero Runners	V45	161	00:06:10	7652
7141	9086	Sandra Figueiredo	00:32:58	01:08:13	01:07:35	7251		V45	162	00:05:02	5565
7142	8817	Rodrigo Rodrigues	00:32:11	01:08:13	01:07:17	7198		Senior	1392	00:06:03	7546
7143	9947	António Bila	00:36:27	01:08:14	01:03:17	6546		V55	282	00:05:15	6158
7144	2639	Fernando Jesus	00:30:42	01:08:14	01:08:05	7310	Equipa Dos Lentos	V35	1277	00:06:42	7998



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7145	9813	Carlos Lapa	00:33:01	01:08:14	01:06:31	7112		Senior	1393	00:05:42	7056
7146	9814	Ana Roxo	00:33:02	01:08:14	01:06:31	7114		Senior	468	00:05:43	7082
7147	4146	Ana Cabrita	00:33:25	01:08:15	01:07:38	7256		V45	163	00:06:04	7547
7148	8134	Manuela Janicas	00:32:22	01:08:16	01:07:53	7287		V35	329	00:06:06	7597
7149	8219	Filipa Ferreira	00:32:56	01:08:16	01:07:54	7289	Running Geeks	Senior	469	00:06:07	7612
7150	6602	Bruno Cantinho	00:33:45	01:08:16	01:05:54	7046		Senior	1394	00:05:26	6566
7151	6594	Antonio Pinho	00:34:30	01:08:16	01:06:13	7082	O MUNDO DA CORRIDA	V60	161	00:05:40	6997
7152	9562	Maria Ferreira	00:34:13	01:08:16	01:07:18	7207		Senior	470	00:05:48	7194
7153	5287	Diogo Santos	00:35:29	01:08:16	01:02:51	6459		Junior	145	00:05:38	6925
7154	5369	Rodrigo Cordeiro	00:32:07	01:08:17	01:06:51	7142	ARDD Clube	Senior	1395	00:06:25	7864
7155	7582	José Moreno	00:31:58	01:08:17	01:07:12	7187		V45	763	00:04:27	3524
7156	5557	João Peixoto	00:32:48	01:08:18	01:07:43	7265		V35	1278	00:05:46	7154
7157	5550	Cristina Leal	00:32:48	01:08:18	01:07:43	7267		Senior	471	00:05:46	7155
7158	4011	Elsa Ribeiro	00:32:29	01:08:18	01:08:10	7320	Mendes Ribeiro	V40	261	00:05:39	6976
7159	5422	Célia Júlio	00:34:38	01:08:18	01:07:29	7237		V40	262	00:05:02	5564
7160	7881	Paulo Barreto	00:34:56	01:08:18	01:07:57	7297		Senior	1396	00:05:13	6074
7161	10460	João Barreto	00:34:56	01:08:19	01:07:58	7300		V35	1279	00:05:14	6118
7162	2882	Elisabete Peleja	00:34:38	01:08:20	01:06:08	7068		V40	263	00:05:35	6844
7163	6171	Gustavo Simões	00:34:28	01:08:24	01:07:59	7301		V40	1192	00:06:05	7578



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7164	5446	José Amorim	00:35:23	01:08:24	01:07:02	7166		V40	1193	00:05:29	6670
7165	705	Ismar Ferreira	00:33:47	01:08:25	01:07:13	7191		V50	460	00:05:47	7190
7166	4219	Maria Ferreira	00:35:45	01:08:27	01:06:08	7069		V55	29	00:05:26	6565
7167	1726	Amilcar Santiago	00:34:45	01:08:28	01:07:55	7293		V65	75	00:05:26	6564
7168	10541	Miguel Tavares	00:32:25	01:08:29	01:07:56	7295		Senior	1397	00:05:39	6974
7169	6972	Rute Casimiro	00:34:25	01:08:29	01:06:16	7089	Clube ANA Lisboa	V35	330	00:05:54	7343
7170	5306	Carlos Marina	00:37:06	01:08:29	01:02:27	6377	CCD Sintrense	V40	1194	00:04:45	4556
7171	6189	Joao Graça	00:35:04	01:08:29	01:07:55	7290	NUCLEO DESPORTIVO AUTOCOOPE	V75	7	00:04:59	5370
7172	4116	João Santos	00:33:30	01:08:30	01:08:29	7359		V45	764	00:05:59	7448
7173	7139	Paulo Morais	00:37:33	01:08:31	01:02:50	6458	INDEG-ISCTE	V40	1195	00:05:24	6492
7174	4552	Claudia Morais	00:34:16	01:08:31	01:07:50	7283		V35	331	00:05:26	6563
7175	771	Sílvia Marçal	00:32:39	01:08:31	01:07:26	7227	BeSmart	V35	332	00:05:33	6782
7176	1907	Luis Sousa	00:32:55	01:08:31	01:07:54	7288		V35	1280	00:05:56	7377
7177	770	Ilidio Monteiro	00:32:38	01:08:32	01:07:25	7222	BeSmart	V60	162	00:05:33	6793
7178	9211	Antonio Painha	00:33:09	01:08:33	01:06:47	7136		V45	765	00:06:02	7523
7179	999	Francisco Silva	00:32:30	01:08:33	01:08:28	7356		V70	23	00:06:09	7636
7180	2250	Patrícia Antunes	00:34:30	01:08:33	01:07:35	7252		Senior	472	00:05:33	6791
7181	6751	Paulo Paixão	00:34:11	01:08:33	01:06:10	7076	CLUBE COLABORADORES AXA	V40	1196	00:05:48	7198
7182	9201	Rita Pica	00:32:58	01:08:34	01:08:02	7306		Senior	473	00:06:04	7555

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7183	4592	Nuno Frazão	00:33:51	01:08:34	01:08:24	7346		V55	283	00:05:18	6295
7184	487	André Campos	00:32:28	01:08:35	01:07:26	7225		Senior	1398	00:05:42	7050
7185	8880	Mónica Quarenta	00:33:11	01:08:35	01:06:51	7143		V40	264	00:06:04	7558
7186	1780	Isabel Coelho	00:33:52	01:08:35	01:07:40	7261		V45	164	00:05:37	6919
7187	7525	Vera Amorim	00:33:24	01:08:35	01:07:45	7272		Senior	474	00:05:53	7316
7188	7426	Joao Gomes	00:31:49	01:08:35	01:07:50	7280	VILA FRIA/JG Seguros	V60	163	00:05:47	7185
7189	2781	Rute Nunes	00:34:50	01:08:36	01:07:16	7196	Os fenómenos	Senior	475	00:05:36	6887
7190	8980	Ana Lourenço	00:33:05	01:08:37	01:07:27	7231	Proaventuras	Senior	476	00:06:11	7673
7191	5761	Rui Barbosa	00:32:57	01:08:37	01:07:27	7232	Proaventuras	V35	1281	00:06:11	7672
7192	7026	Alice Neves	00:34:45	01:08:39	01:06:45	7130	INDEG-ISCTE	V40	265	00:05:24	6519
7193	6068	Vera Carvalho	00:32:46	01:08:39	01:08:15	7330		V35	333	00:05:54	7338
7194	764	Sérgio Maia	00:33:43	01:08:39	01:06:29	7110		V35	1282	00:06:48	8049
7195	7103	Sara Cabral	00:34:45	01:08:39	01:06:45	7131	INDEG-ISCTE	V40	266	00:05:25	6542
7196	5812	António Gaspar	00:32:25	01:08:39	01:08:16	7332	GDCTIN Casa da Moeda	V70	24	00:06:05	7583
7197	1521	Nuno Oliveira	00:33:26	01:08:39	01:07:19	7208	Team PDI	V45	766	00:05:33	6801
7198	10267	Alexandra Miranda	00:34:16	01:08:40	01:07:42	7264	CGI	V45	165	00:05:13	6069
7199	8657	Cristina Dias	00:33:48	01:08:40	01:07:18	7205		V40	267	00:05:35	6863
7200	9561	Catia Basto	00:34:16	01:08:40	01:07:42	7263		Senior	477	00:05:28	6653
7201	2451	Bruno Garcia	00:33:38	01:08:41	01:07:26	7226		V40	1197	00:06:20	7808



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7202	5153	Ana Rocha	00:35:07	01:08:42	01:08:01	7303		Senior	478	00:04:52	5030
7203	7921	Maria Rodrigues	00:33:08	01:08:42	01:07:47	7275		V50	80	00:05:45	7128
7204	8304	Patricia Santos	00:34:17	01:08:42	01:06:48	7137	PowerBoost Club	Senior	479	00:06:25	7855
7205	8055	Patrícia Martins	00:34:10	01:08:43	01:07:13	7189		V35	334	00:06:20	7799
7206	5734	Rui Osório	00:36:27	01:08:43	01:02:53	6466		V40	1198	00:05:20	6357
7207	4879	Alexandra Pereira	00:33:37	01:08:44	01:06:50	7139	O Casal Tartarugas	V35	335	00:06:12	7690
7208	9821	Carina Esteves	00:33:25	01:08:44	01:07:02	7167	Dupla.	Senior	480	00:06:03	7541
7209	4878	Carlos Ludovino	00:33:37	01:08:44	01:06:50	7140	O Casal Tartarugas	V35	1283	00:06:11	7680
7210	756	Helia Oliveira	00:31:40	01:08:46	01:08:38	7376		V35	336	00:06:20	7794
7211	6624	Leonel Viegas	00:37:56	01:08:47	01:02:54	6471	Pastelaria Charly's	V35	1284	00:05:00	5453
7212	8717	Nuno Santos	00:36:19	01:08:47	01:02:25	6367		V45	767	00:05:34	6809
7213	7824	Susana Mota	00:32:56	01:08:48	01:08:11	7321		V35	337	00:05:53	7319
7214	9183	Celine Reis	00:38:05	01:08:49	00:59:45	5703		V35	1285	00:04:52	5034
7215	6062	Silvia Carvalhal	00:33:39	01:08:50	01:06:45	7129		V35	338	00:06:36	7958
7216	47	Joao Venancio	00:35:36	01:08:51	01:03:33	6595		V40	1199	00:04:55	5173
7217	8598	Adriano Lira	00:36:20	01:08:52	01:07:58	7299		V45	768	00:04:52	5019
7218	7923	Ana Teixeira	00:32:58	01:08:52	01:08:21	7342		Senior	481	00:06:05	7570
7219	2180	Pedro Andrade	00:37:51	01:08:53	01:03:33	6597	Açoreana Clube Banif	V35	1286	00:05:23	6485
7220	5542	Herlander Braz	00:32:56	01:08:54	01:08:49	7398		V55	284	00:05:33	6786

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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7221	4357	Maria Sommer	00:32:18	01:08:54	01:08:32	7362	CLUBE MILLENNIUM BCP	V40	268	00:06:29	7909
7222	5740	António Fernandes	00:36:46	01:08:54	01:07:16	7197		V45	769	00:05:10	5954
7223	2056	Paulo França	00:33:39	01:08:56	01:07:22	7217	GDCT Unicre	V50	461	00:06:12	7684
7224	8280	Bruno Colaço	00:34:32	01:08:56	01:03:56	6694		V35	1287	00:05:24	6507
7225	7308	Luís Oliveira	00:33:53	01:08:57	01:08:16	7335		Senior	1399	00:05:43	7070
7226	7268	Beatriz Grenho	00:33:50	01:08:57	01:08:16	7333		Senior	482	00:05:44	7117
7227	2247	Luis Marques	00:36:10	01:08:57	01:03:51	6666	Academia Fitness Militar	V35	1288	00:05:04	5658
7228	5635	Silvia Cintra	00:33:51	01:08:57	01:07:32	7240	Evolution	V35	339	00:05:57	7399
7229	1376	Cláudia Gaspar	00:32:58	01:08:58	01:07:51	7285	Sem limites	V35	340	00:05:48	7206
7230	1436	Fernando Mendes	00:33:25	01:08:58	01:08:24	7347		V45	770	00:05:42	7051
7231	9744	José Batista	00:33:37	01:08:58	01:08:57	7423		V60	164	00:05:05	5696
7232	6228	Pedro Fernandes	00:32:20	01:09:00	01:08:14	7327	Guilty Pleasures	Senior	1400	00:05:55	7357
7233	9505	Rita Borbinha	00:34:26	01:09:00	01:08:25	7349		V35	341	00:05:39	6958
7234	3790	Lénia Sobral	00:32:39	01:09:00	01:08:53	7411		V40	269	00:06:54	8093
7235	6125	Filipe Vasconcelos	00:32:20	01:09:01	01:08:15	7329	Guilty Pleasures	V35	1289	00:05:56	7383
7236	412	Carla Gomes	00:34:30	01:09:01	01:08:04	7309		Senior	483	00:05:29	6667
7237	3072	Gonçalo Pereira	00:33:22	01:09:02	01:08:48	7397		V35	1290	00:05:52	7271
7238	2495	Jorge Reis	00:35:06	01:09:03	01:08:03	7307	Catch me if you can	Senior	1401	00:05:15	6162
7239	8388	Paula Martins	00:35:29	01:09:04	01:08:02	7305	tetecas	Senior	484	00:05:38	6926



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7240	9349	Maria Condeço	00:33:25	01:09:04	01:08:26	7351		V50	81	00:06:00	7464
7241	7543	Isabel Monteiro	00:33:47	01:09:05	01:07:27	7230		Senior	485	00:05:17	6224
7242	7228	Ana Nogueira	00:34:41	01:09:05	01:07:48	7278		V45	166	00:05:51	7269
7243	9939	José Rodrigues	00:33:25	01:09:05	01:08:27	7353		V40	1200	00:06:02	7519
7244	6155	Julia Meneses	00:32:50	01:09:05	01:07:45	7269		V45	167	00:05:48	7210
7245	9159	Miguel Ferraz	00:33:48	01:09:05	01:07:28	7235		Senior	1402	00:05:17	6226
7246	2207	Marta Dias	00:34:20	01:09:06	01:07:01	7161		Senior	486	00:06:02	7518
7247	10308	Inês Machado	00:33:19	01:09:06	01:08:11	7323		V35	342	00:05:38	6928
7248	2787	Eunice Batalha	00:34:20	01:09:07	01:07:01	7164		Senior	487	00:06:03	7528
7249	1316	João Batalha	00:32:58	01:09:07	01:08:08	7317		V35	1291	00:05:41	7014
7250	4106	Carlos Gonçalves	00:31:39	01:09:07	01:08:21	7340		V35	1292	00:06:59	8118
7251	3278	Inês Nogueira	00:33:38	01:09:08	01:08:15	7331	Flashteam	Senior	488	00:05:49	7223
7252	2130	Ana Canaveira	00:36:06	01:09:08	01:04:35	6810	Açoreana Clube Banif	V45	168	00:05:11	5987
7253	1650	Natalia Duarte	00:29:26	01:09:08	01:08:58	7431	SAPATISTAS	V55	30	00:07:02	8132
7254	1645	Dulce Aguamel	00:29:27	01:09:08	01:08:58	7430	SAPATISTAS	V45	169	00:07:02	8133
7255	3419	Rosária Silva	00:36:07	01:09:08	01:08:18	7336		V40	270	00:05:17	6254
7256	343	Fernanda Almeida	00:34:31	01:09:08	01:06:50	7141		V45	170	00:06:05	7568
7257	9335	Carlos Morais	00:34:25	01:09:08	01:07:21	7214	Winners Team	V45	771	00:05:53	7304
7258	2717	Vanessa Alves	00:34:30	01:09:08	01:08:29	7358		Senior	489	00:06:02	7521

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7259	4964	Manuel Santos	00:33:47	01:09:10	01:08:07	7316	G.D.C.T. REPSOL POLÍMEROS	V65	76	00:06:35	7955
7260	6834	Rui Raposo	00:36:34	01:09:10	01:03:43	6632		V50	462	00:05:28	6652
7261	2479	Sofia Marques	00:32:12	01:09:11	01:08:51	7406	Salvaterra Night Runners	Senior	490	00:06:32	7922
7262	4682	Ana Ribeiro	00:34:46	01:09:11	01:08:28	7355		V35	343	00:05:50	7243
7263	7500	Ana Ferreira	00:33:06	01:09:11	01:08:39	7379		Senior	491	00:05:58	7438
7264	5269	José Cabaceira	00:33:01	01:09:12	01:07:51	7284	Cabaceira Sports & Run	V50	463	00:05:11	5986
7265	1509	Ana Marques	00:33:54	01:09:12	01:06:58	7150		V40	271	00:05:38	6939
7266	3775	Carlos Rosado	00:34:32	01:09:13	01:07:22	7215		V35	1293	00:05:39	6978
7267	6010	Hugo Maia	00:37:09	01:09:13	01:08:48	7396		Senior	1403	00:04:55	5181
7268	2107	Francisco Mata	00:35:07	01:09:13	01:07:50	7282		V55	285	00:05:22	6426
7269	4041	Idalina Madeira	00:34:25	01:09:14	01:07:32	7241	Açoreana Clube Banif	V50	82	00:05:54	7336
7270	8933	Sofia Baptista	00:34:27	01:09:14	01:08:50	7404		Senior	492	00:05:57	7417
7271	10249	Maria Magalhães	00:36:31	01:09:14	01:04:21	6760		Junior	33	00:05:07	5786
7272	7027	Ana Cantanhede	00:34:10	01:09:14	01:07:20	7211	INDEG-ISCTE	Senior	493	00:05:58	7435
7273	8661	Sandra Cruz	00:33:00	01:09:14	01:08:29	7360		V35	344	00:05:49	7217
7274	6966	Célia Macieira	00:34:29	01:09:15	01:07:10	7177	Clube ANA Lisboa	V40	272	00:06:00	7482
7275	5682	João Henriques	00:33:35	01:09:17	01:07:13	7190	Hortega Serviços	Senior	1404	00:06:15	7736
7276	4443	Carla Lourenco	00:34:18	01:09:18	01:09:09	7445	CLUBE MILLENNIUM BCP	V35	345	00:05:53	7309
7277	2980	Mafalda Duarte	00:37:29	01:09:18	01:03:21	6556	H2Ovita	Senior	494	00:05:18	6297



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7278	6945	Dália Ferreira	00:34:43	01:09:19	01:08:23	7345	Road Runners	V40	273	00:05:22	6427
7279	285	António Marques	00:32:52	01:09:19	01:09:15	7454		V65	77	00:06:17	7757
7280	9167	Leonel Afonso	00:33:23	01:09:19	01:08:54	7415	Chitas de Alcobaça	V65	78	00:06:06	7601
7281	8076	Marta Pereira	00:33:01	01:09:20	01:08:56	7419	les cousins	Senior	495	00:05:56	7386
7282	549	Diogo Paisana	00:32:15	01:09:20	01:08:14	7328	Caracóis Running Team	Senior	1405	00:06:48	8042
7283	9166	Maria Parrilha	00:33:23	01:09:21	01:08:55	7416	Chitas de Alcobaça	V60	17	00:06:07	7605
7284	3722	Paulo Rodrigues	00:37:53	01:09:21	01:03:16	6541		V45	772	00:05:31	6729
7285	1904	Luis Goncalves	00:33:48	01:09:21	01:08:06	7312		V40	1201	00:05:53	7314
7286	5454	Tito Chaves	00:33:28	01:09:21	01:08:12	7324	Almada Running	Senior	1406	00:06:00	7478
7287	1767	Isaura Atanásio	00:33:12	01:09:22	01:08:43	7388		V60	18	00:05:45	7122
7288	9145	Milene Batista	00:35:58	01:09:23	01:08:06	7313		Senior	496	00:05:44	7114
7289	5345	Joao Salazar	00:38:41	01:09:23	01:04:00	6705		V45	773	00:04:39	4170
7290	9175	Rui Branco	00:35:25	01:09:23	01:07:33	7246		V35	1294	00:05:30	6695
7291	8180	Mariana Boleta	00:36:20	01:09:24	01:08:35	7370		Senior	497	00:05:06	5735
7292	8132	Joao Mateus	00:36:19	01:09:24	01:08:35	7372		Senior	1407	00:05:06	5734
7293	7358	Pedro Santos	00:32:18	01:09:24	01:08:37	7374		V35	1295	00:06:10	7660
7294	6563	Margarida Almeida	00:35:34	01:09:25	01:08:16	7334		V35	346	00:05:27	6620
7295	8249	Natália Beja	00:34:59	01:09:25	01:07:55	7292		V35	347	00:05:36	6888
7296	1576	Ana Cajada	00:34:47	01:09:25	01:07:34	7248	Flechas	V35	348	00:05:55	7369



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7297	8248	Eládio Manuel	00:34:59	01:09:25	01:07:55	7291		V40	1202	00:05:36	6886
7298	9200	Tiago Miranda	00:31:59	01:09:26	01:09:23	7466		Senior	1408	00:05:49	7216
7299	7155	Tiago Louro	00:36:49	01:09:26	01:03:35	6608	INDEG-ISCTE	Senior	1409	00:05:02	5561
7300	7781	Joaquim Farinha	00:34:48	01:09:27	01:08:19	7337	CORREDORES RESINEIROS CORGAS	V60	165	00:05:45	7130
7301	99	Ana Santos	00:33:43	01:09:27	01:08:53	7410		V45	171	00:06:06	7590
7302	7791	Carla Martins	00:32:33	01:09:27	01:09:01	7437		V45	172	00:06:15	7739
7303	5029	Sergio Catita	00:33:37	01:09:27	01:08:40	7381	Clube ANA Lisboa	V35	1296	00:05:48	7203
7304	876	Rui Oliveira	00:33:54	01:09:28	01:08:51	7407	Falcões Selvagens	V50	464	00:05:41	7015
7305	6841	Susana Martins	00:34:35	01:09:28	01:08:22	7343		V35	349	00:05:38	6937
7306	3908	Maria Costa	00:34:12	01:09:28	01:08:39	7380		V50	83	00:06:01	7497
7307	9583	José Allegro	00:33:24	01:09:30	01:08:49	7403	N.A."OS PAPAGAIOS DE CASCAIS"	V65	79	00:06:20	7796
7308	2596	Catarina Vargas	00:34:04	01:09:30	01:07:56	7296		V40	274	00:06:39	7984
7309	3974	Maria Barroso	00:32:48	01:09:30	01:09:09	7446	Academia Fitness Militar	V40	275	00:06:00	7473
7310	9102	Ricardo Coimbra	00:33:46	01:09:31	01:08:29	7357		V50	465	00:05:34	6822
7311	7354	Ângela Fernandes	00:31:48	01:09:31	01:08:55	7417	Caralhotas Pseudo Runners	V55	31	00:06:24	7848
7312	1960	Bruno Soares	00:37:36	01:09:31	01:04:46	6845		V40	1203	00:05:28	6643
7313	739	Jaime Roque	00:35:14	01:09:31	01:08:26	7352	Pilotis di Competizione	V45	774	00:05:25	6535
7314	7406	Ana Brandão	00:34:27	01:09:32	01:09:08	7442		Senior	498	00:06:15	7730
7315	201	Helena Mendo	00:34:23	01:09:32	01:08:47	7395		V45	173	00:05:37	6914

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7316	8913	António Cachorreiro	00:33:05	01:09:32	01:09:16	7458		V40	1204	00:06:52	8076
7317	9229	Cristina Amaro	00:35:03	01:09:33	01:08:49	7400		V35	350	00:05:32	6772
7318	2351	Elisabete Silva	00:34:30	01:09:33	01:09:02	7438		Senior	499	00:05:46	7149
7319	1323	Sara Lopes	00:35:58	01:09:33	01:07:12	7186		Senior	500	00:06:02	7522
7320	1322	Rute Lopes	00:35:58	01:09:33	01:07:12	7183		Senior	501	00:06:02	7525
7321	4191	Ana Calafate	00:32:40	01:09:33	01:09:22	7464		V45	174	00:05:40	7006
7322	1072	António Lopes	00:35:58	01:09:33	01:07:12	7182		V60	166	00:06:02	7520
7323	6043	Elisabete Vale	00:32:19	01:09:34	01:09:28	7472	Correr Lisboa	V40	276	00:05:56	7392
7324	8004	Sara Mahomed	00:34:55	01:09:34	01:07:26	7224		Senior	502	00:05:14	6139
7325	7777	Susana Silva	00:34:54	01:09:35	01:07:27	7233	CAPenafirme	Senior	503	00:05:15	6161
7326	4308	Jorge Gama	00:33:17	01:09:35	01:08:34	7364	CLUBE MILLENNIUM BCP	V35	1297	00:05:37	6912
7327	8760	Rita Bravo	00:35:36	01:09:35	01:07:09	7176		Senior	504	00:05:54	7320
7328	7764	César Correia	00:35:30	01:09:36	01:08:08	7318		V35	1298	00:05:19	6334
7329	7761	Alice Martins	00:35:30	01:09:36	01:08:08	7319		V35	351	00:05:20	6369
7330	6078	Nelson Moreira	00:36:36	01:09:37	01:03:51	6665		V35	1299	00:05:45	7125
7331	2923	Isabel Oliveira	00:36:48	01:09:37	01:04:12	6735	Serviços Sociais Montepio Geral	V50	84	00:05:05	5689
7332	1716	Teresa Chaves	00:34:15	01:09:38	01:08:07	7314		V40	277	00:06:27	7882
7333	5873	Nuno Oliveira	00:33:25	01:09:38	01:08:35	7368		V35	1300	00:05:21	6398
7334	3427	Elisabete Pinto	00:33:38	01:09:38	01:09:11	7448	OS PINTOS	V55	32	00:05:49	7215



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7335	1505	Liliana Alves	00:36:05	01:09:38	01:08:21	7341		Senior	505	00:05:43	7089
7336	4317	Joao Cunha	00:35:03	01:09:39	01:08:39	7378	CLUBE MILLENNIUM BCP	V55	286	00:05:28	6639
7337	7506	Joaquim Rodrigues	00:32:40	01:09:39	01:07:38	7255		V45	775	00:06:10	7658
7338	7136	Juan Botta	00:37:42	01:09:39	01:04:51	6853	INDEG-ISCTE	V35	1301	00:05:15	6171
7339	8499	Rui Carvalho	00:34:41	01:09:39	01:08:38	7375		V60	167	00:06:03	7542
7340	10287	Custodio Teigao	00:32:38	01:09:40	01:08:53	7412		V60	168	00:06:50	8056
7341	9546	Luis Falcão	00:32:05	01:09:41	01:09:35	7485		Senior	1410	00:07:12	8199
7342	9251	Clara Papança	00:34:14	01:09:41	01:07:46	7273		V35	352	00:06:32	7927
7343	1623	Eva Caetano	00:34:03	01:09:43	01:09:10	7447		Senior	506	00:05:07	5779
7344	3888	Miguel Martinho	00:35:23	01:09:43	01:08:42	7385	Banzão Team	Senior	1411	00:06:04	7554
7345	5458	Fernando Guimarães	00:33:48	01:09:43	01:09:37	7494		V40	1205	00:05:45	7126
7346	3887	Raquel Martinho	00:35:23	01:09:43	01:08:41	7384	Banzão Team	Senior	507	00:06:04	7551
7347	5995	Ana Guerra	00:34:55	01:09:45	01:08:31	7361		V35	353	00:05:44	7120
7348	5324	Tiago Pinto	00:36:55	01:09:45	01:04:36	6812	CCD Sintrense	Senior	1412	00:05:45	7136
7349	3476	Rui Ferreira	00:33:23	01:09:46	01:08:49	7399		V40	1206	00:05:48	7193
7350	6297	Caio Sarti	00:34:10	01:09:46	01:09:13	7452	VdAtletas	Senior	1413	00:06:18	7777
7351	2844	Ana Braid	00:35:46	01:09:46	01:08:45	7392		V35	354	00:05:20	6370
7352	8373	Nate Pina	00:32:50	01:09:46	01:08:42	7386		V40	278	00:06:23	7836
7353	1112	Miguel Garcia	00:33:33	01:09:47	01:08:06	7311		V40	1207	00:05:57	7414



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7354	2154	Maria Barata	00:34:18	01:09:48	01:08:35	7371	Açoreana Clube Banif	V45	175	00:05:57	7412
7355	4367	David Jorge	00:33:48	01:09:48	01:08:49	7401	CLUBE MILLENNIUM BCP	Senior	1414	00:05:53	7311
7356	5104	Maria Rocha	00:35:07	01:09:49	01:09:09	7444		Senior	508	00:05:39	6956
7357	10464	João Basilio	00:32:15	01:09:49	01:09:29	7473		V45	776	00:07:12	8198
7358	7745	Nuno Gonçalves	00:36:24	01:09:49	01:08:27	7354	Os Últimos	Senior	1415	00:05:17	6246
7359	7744	Pedro Amado	00:36:31	01:09:49	01:08:25	7348	Os Últimos	Senior	1416	00:05:17	6251
7360	6673	Déborá Pires	00:33:02	01:09:49	01:09:31	7477	Salvaterra Night Runners	Senior	509	00:06:12	7697
7361	6743	Séfora Monteiro	00:34:31	01:09:50	01:08:53	7413		V35	355	00:05:32	6771
7362	4262	Rita Alves	00:33:02	01:09:50	01:09:32	7479	Salvaterra Night Runners	V35	356	00:06:12	7694
7363	6729	Maria Coelho	00:32:44	01:09:51	01:09:37	7493		V45	176	00:05:54	7325
7364	8842	João Lima	00:35:02	01:09:52	01:08:57	7422		Senior	1417	00:06:09	7639
7365	6270	Humberto Delgado	00:38:12	01:09:55	01:04:03	6718		V35	1302	00:05:08	5848
7366	2226	Nuno Silva	00:38:59	01:09:55	01:00:54	6029		V35	1303	00:05:17	6250
7367	9831	José Cerqueira	00:38:11	01:09:56	01:03:43	6634		V35	1304	00:05:02	5560
7368	6858	Rui Ferreira	00:34:43	01:09:57	01:08:42	7387		Senior	1418	00:06:06	7585
7369	9202	Silvia Pinto	00:36:06	01:09:58	01:08:40	7382		Senior	510	00:05:25	6536
7370	10440	Jorge Moreira	00:34:01	01:09:58	01:08:43	7389		Senior	1419	00:06:48	8047
7371	8103	Tito Teixeira	00:39:21	01:09:59	00:59:58	5772		V35	1305	00:05:06	5731
7372	8389	Teresa Martins	00:35:29	01:09:59	01:08:57	7424	tetecas	V55	33	00:05:44	7108



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7373	8783	João Pinheiro	00:36:07	01:09:59	01:09:15	7455	Correr pelo Mundo	V40	1208	00:05:17	6244
7374	3408	Rodrigo Santos	00:33:25	01:10:00	01:08:19	7338		V35	1306	00:05:54	7332
7375	9421	Mafalda Machado	00:34:49	01:10:00	01:08:57	7425		V40	279	00:06:18	7772
7376	7947	Pedro Costa	00:32:25	01:10:02	01:09:50	7520	SS CGD	V40	1209	00:05:56	7394
7377	3194	Paula Martins	00:35:52	01:10:02	01:08:52	7409		V50	85	00:05:31	6731
7378	9522	Carlos Pinto	00:33:40	01:10:02	01:10:00	7533		V45	777	00:06:19	7786
7379	3453	José Magalhães	00:34:46	01:10:03	01:07:43	7266	GD Banco BPI	V50	466	00:05:40	6994
7380	7836	Maria Pinho	00:34:47	01:10:04	01:08:00	7302		Senior	511	00:05:25	6538
7381	8354	Rui Ramos	00:32:01	01:10:04	01:08:20	7339		Senior	1420	00:07:33	8272
7382	1128	Cristina Bento	00:33:19	01:10:04	01:09:35	7484	Clube do Stress	V45	177	00:06:13	7706
7383	10481	Patricia Guerreiro	00:34:04	01:10:05	01:09:04	7441		Senior	512	00:06:02	7517
7384	6941	Daniel Guedelha	00:38:27	01:10:05	01:03:59	6703	CORREDORES RESINEIROS CORGAS	Senior	1421	00:05:16	6212
7385	4934	Luisa Alves	00:33:58	01:10:05	01:09:45	7507	ODEBRECHT PORTUGAL	Senior	513	00:06:03	7531
7386	3068	Cândida Esteves	00:34:11	01:10:06	01:09:35	7486	CCD Crédito Agrícola Mútuo	V40	280	00:05:52	7294
7387	2736	Silvia Rodrigues	00:34:38	01:10:06	01:08:34	7367	Clube Robbialac	Senior	514	00:06:22	7821
7388	2733	Josè Rodrigues	00:34:38	01:10:06	01:08:34	7365	Clube Robbialac	V60	169	00:06:22	7822
7389	2494	Paulo Silva	00:34:10	01:10:06	01:09:08	7443	Catch me if you can	V35	1307	00:06:11	7675
7390	5701	Vera Góis	00:33:38	01:10:07	01:09:37	7489		Senior	515	00:06:18	7776
7391	470	Lúcia Cavaleiro	00:34:14	01:10:07	01:09:52	7525		V35	357	00:05:46	7158



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7392	1443	Dulce Brites	00:32:31	01:10:08	01:09:04	7440		V40	281	00:06:04	7548
7393	9773	João Faria	00:35:15	01:10:08	01:08:45	7391		V40	1210	00:05:43	7078
7394	3472	Luis Simões	00:34:52	01:10:08	01:08:53	7414		Senior	1422	00:05:46	7147
7395	1935	Miguel Gomes	00:39:52	01:10:09	01:03:55	6691		V45	778	00:05:00	5448
7396	7222	Vanessa Santos	00:34:19	01:10:09	01:08:26	7350	PPK	Senior	516	00:06:13	7713
7397	10369	Osvaldo Santos	00:34:46	01:10:10	01:08:46	7393		V45	779	00:05:42	7053
7398	9365	Patricia Ferreira	00:36:02	01:10:11	01:08:33	7363	Racing Barbies & Ken	V35	358	00:05:22	6424
7399	3405	Maria Costa	00:36:55	01:10:11	01:09:00	7436		V40	282	00:05:38	6923
7400	4203	Tiago Vilarinho	00:34:18	01:10:11	01:07:56	7294	Fé no Pau	Senior	1423	00:06:52	8074
7401	9362	Margarida Egea	00:36:02	01:10:12	01:08:34	7366	Racing Barbies & Ken	V45	178	00:05:23	6455
7402	5845	Susana Antunes	00:34:43	01:10:13	01:08:59	7433	CCD Siemens	V35	359	00:07:49	8325
7403	3504	Francisco Rodrigues	00:34:02	01:10:14	01:08:35	7369	Novos Trilhos	V50	467	00:07:00	8128
7404	4112	Lucilia Brito	00:31:03	01:10:14	01:09:48	7516		V55	34	00:07:00	8129
7405	3607	Margarida Perdigão	00:35:23	01:10:14	01:09:12	7450		V45	179	00:05:53	7308
7406	4685	André Capelo	00:35:24	01:10:15	01:08:11	7322		Senior	1424	00:05:32	6753
7407	5033	Carla Leitão	00:33:40	01:10:15	01:09:34	7483	Clube ANA Lisboa	V45	180	00:06:05	7569
7408	167	Andreia Correia	00:35:52	01:10:15	01:08:44	7390		Senior	517	00:06:18	7778
7409	8310	Francisco Mouchinho	00:34:10	01:10:16	01:10:07	7543	ACADEMIA DO LUMIAR	V60	170	00:05:55	7352
7410	6581	Carla Marques	00:36:24	01:10:16	01:09:26	7469		V35	360	00:05:18	6288



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7411	9567	Fernanda Teixeira	00:32:18	01:10:17	01:10:13	7558	SPEM	V55	35	00:06:30	7913
7412	7474	Rui Querido	00:36:00	01:10:18	01:08:57	7420		V35	1308	00:04:52	5025
7413	86	Susana Fonseca	00:35:25	01:10:19	01:09:44	7506		V45	181	00:06:04	7560
7414	10271	Brigida Cruz	00:34:16	01:10:20	01:09:18	7459	CGI	Senior	518	00:05:40	7004
7415	6767	Nélson Barra	00:32:44	01:10:20	01:10:10	7550	ACB Condomínios	V35	1309	00:06:14	7725
7416	2153	Ma Hung	00:34:38	01:10:21	01:09:39	7499	Açoreana Clube Banif	V60	19	00:06:03	7534
7417	7118	António Ferreira	00:33:30	01:10:21	01:09:50	7519	INDEG-ISCTE	V40	1211	00:05:55	7358
7418	7115	Ana Ferreira	00:33:30	01:10:22	01:09:52	7523	INDEG-ISCTE	V40	283	00:05:56	7387
7419	9512	Patrícia Trovão	00:33:53	01:10:22	01:09:52	7527		V35	361	00:06:17	7765
7420	753	Ana Conceição	00:35:24	01:10:23	01:08:52	7408		V35	362	00:05:42	7047
7421	9646	Carlos Sampaio	00:31:54	01:10:23	01:10:20	7572	CGD Monsanto	V35	1310	00:06:01	7495
7422	8746	Joana Leite	00:34:39	01:10:23	01:10:21	7573		Junior	34	00:06:00	7481
7423	7559	Paulo Leite	00:34:39	01:10:23	01:10:21	7575		V40	1212	00:06:01	7496
7424	9633	Marta Queiroz	00:36:20	01:10:24	01:09:22	7463		V35	363	00:05:24	6523
7425	8117	Luis Silva	00:35:59	01:10:24	01:09:40	7503		V40	1213	00:05:18	6269
7426	4062	Ana Sequeira	00:33:54	01:10:25	01:09:36	7487	Urban Trail Samora Correia	V35	364	00:05:47	7184
7427	9095	Sérgio Patrício	00:36:08	01:10:25	01:05:27	6966		V40	1214	00:05:15	6180
7428	2739	Miguel Silva	00:32:00	01:10:25	01:09:56	7531	Clube Robbialac	V35	1311	00:06:49	8054
7429	3983	Filipa Prata	00:34:38	01:10:27	01:09:49	7518		V45	182	00:05:39	6964



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7430	9764	Jose Morujo	00:33:08	01:10:27	01:08:07	7315		V50	468	00:05:59	7459
7431	5531	Isabel Silva	00:34:02	01:10:28	01:10:22	7579		V55	36	00:05:59	7460
7432	6774	Paulo Amorim	00:34:44	01:10:29	01:10:18	7570		V35	1312	00:05:52	7279
7433	10279	Margarida Garcia	00:34:57	01:10:30	01:09:32	7478		V35	365	00:05:58	7440
7434	4518	Elisabete Fonseca	00:36:14	01:10:30	01:09:52	7526		V40	284	00:05:19	6331
7435	1348	Nuno Monteiro	00:35:21	01:10:30	01:09:24	7468		Senior	1425	00:05:39	6980
7436	4695	Carlos Martins	00:33:14	01:10:31	01:10:28	7589		V70	25	00:06:18	7780
7437	1584	Vera Basto	00:33:57	01:10:31	01:08:57	7421	Flechas	V35	366	00:06:03	7530
7438	540	Acácio Negrão	00:37:15	01:10:32	01:04:23	6769		V35	1313	00:05:56	7390
7439	1354	Joaquim Abegao	00:33:17	01:10:33	01:10:07	7542		V50	469	00:06:02	7524
7440	1353	Miguel Costa	00:33:10	01:10:33	01:10:07	7541		V40	1215	00:07:41	8306
7441	10462	Paulino Correa	00:35:58	01:10:33	01:08:58	7426		V40	1216	00:05:33	6775
7442	1896	Antonio Castañera	00:35:58	01:10:33	01:08:58	7427		V40	1217	00:05:32	6755
7443	1299	João Simões	00:35:58	01:10:33	01:08:58	7428		V65	80	00:05:33	6806
7444	4843	António Silva	00:37:32	01:10:33	01:04:26	6781	CCD TRANQUILIDADE	V40	1218	00:05:13	6100
7445	6598	Victor Rodrigues	00:31:43	01:10:34	01:10:09	7549	C.C.D. O Alvitejo	V45	780	00:06:20	7803
7446	3680	Carlos Carvalho	00:34:46	01:10:35	01:09:37	7495		Senior	1426	00:05:58	7428
7447	2482	Carlos Capelo	00:33:46	01:10:35	01:09:33	7480	Os Caracóis Furiosos	V40	1219	00:05:19	6319
7448	873	Teresa Dâmaso	00:37:23	01:10:36	01:05:18	6938		V35	367	00:05:35	6860



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7449	4553	Carina Flora	00:34:23	01:10:38	01:10:11	7555		Senior	519	00:06:25	7857
7450	2471	Fausto Pinto	00:33:48	01:10:38	01:09:02	7439	Pinto Family	V50	470	00:05:52	7291
7451	4783	Vera Anselmo	00:34:55	01:10:39	01:09:21	7462		Senior	520	00:06:23	7833
7452	2993	Luis Carreira	00:39:51	01:10:40	01:01:17	6114		V40	1220	00:05:09	5911
7453	8615	Paulo Pontes	00:42:49	01:10:41	00:53:23	3628		V35	1314	00:04:46	4623
7454	4541	João Correia	00:33:41	01:10:41	01:08:50	7405	João e Sandra	V35	1315	00:06:56	8102
7455	5965	Maria Carrelo	00:34:44	01:10:42	01:10:10	7552	CLAC - Entroncamento	V50	86	00:05:27	6624
7456	5041	André Morgado	00:33:23	01:10:43	01:09:00	7435	Clube ANA Lisboa	Senior	1427	00:06:21	7809
7457	3412	Joao Resina	00:37:13	01:10:43	01:05:13	6923		Junior	146	00:03:41	784
7458	317	Maria Cesário	00:33:25	01:10:43	01:10:11	7553		V45	183	00:06:02	7515
7459	2231	Gabriel Figueiredo	00:33:38	01:10:45	01:10:41	7606		V65	81	00:06:19	7793
7460	6075	Jorge Neta	00:35:39	01:10:45	01:09:22	7465		V35	1316	00:05:31	6727
7461	7412	Hélia Batista	00:35:57	01:10:46	01:09:13	7451		Senior	521	00:05:54	7323
7462	2090	Cristina Oliveira	00:36:50	01:10:47	01:09:50	7521		V40	285	00:05:25	6549
7463	9703	Mariana Brito	00:36:27	01:10:47	01:09:43	7505		Senior	522	00:06:07	7614
7464	6575	Eduardo Eusébio	00:36:27	01:10:47	01:10:22	7581		V50	471	00:06:08	7621
7465	5470	Eduardo Santos	00:35:41	01:10:47	01:09:30	7476		V55	287	00:05:50	7253
7466	6380	Nuno Gomes	00:36:03	01:10:49	01:08:49	7402		V40	1221	00:05:50	7244
7467	1578	Teresa Afonso	00:34:47	01:10:50	01:08:59	7432	Flechas	V35	368	00:05:57	7398



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7468	8010	Maria Melo	00:34:41	01:10:50	01:10:17	7568		Senior	523	00:05:58	7430
7469	1349	Cátia Siopa	00:35:22	01:10:51	01:09:45	7510		Senior	524	00:06:00	7469
7470	8030	António Alves	00:36:08	01:10:51	01:10:07	7544	Correr pelo Mundo	V45	781	00:06:00	7470
7471	4048	Nuno Carvalho	00:35:11	01:10:51	01:08:58	7429		V35	1317	00:06:13	7709
7472	4047	Solange Figueira	00:35:11	01:10:51	01:08:59	7434		V35	369	00:06:13	7715
7473	8031	Rita Mota	00:36:07	01:10:51	01:10:07	7538	Correr pelo Mundo	Senior	525	00:06:00	7474
7474	7063	Isabel Machado	00:38:02	01:10:55	01:05:29	6975	INDEG-ISCTE	V40	286	00:05:31	6750
7475	5833	An Leonardo	00:34:05	01:10:55	01:10:15	7563		Senior	526	00:06:00	7477
7476	8079	Jose Rocha	00:34:04	01:10:56	01:10:14	7561		Senior	1428	00:06:03	7538
7477	4076	Renato Correia	00:33:11	01:10:56	01:09:47	7513		Senior	1429	00:05:55	7346
7478	6566	André Neves	00:34:55	01:10:56	01:10:47	7614		Senior	1430	00:05:55	7348
7479	6959	Joao Bettencourt	00:36:25	01:10:56	01:09:39	7500		V50	472	00:05:58	7436
7480	732	Pritesh Manilal	00:34:47	01:10:56	01:08:41	7383		V35	1318	00:05:57	7406
7481	6567	Filipa Henriques	00:34:57	01:10:56	01:10:47	7613		Senior	527	00:05:55	7349
7482	8660	Isabel Bettencourt	00:36:25	01:10:56	01:09:38	7497		V50	87	00:05:58	7443
7483	8080	Lenia Rodrigues	00:34:05	01:10:57	01:10:15	7562		Senior	528	00:06:03	7529
7484	6986	Ramon Gonzalez	00:36:53	01:10:57	01:09:37	7490		Senior	1431	00:05:30	6716
7485	6985	Estela Perez	00:36:53	01:10:57	01:09:37	7491		Senior	529	00:05:30	6710
7486	6979	Iria Perez	00:36:53	01:10:57	01:09:37	7496		V35	370	00:05:30	6702

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7487	3976	Cátia Milheiro	00:35:07	01:10:58	01:09:39	7501	Corredios	Senior	530	00:05:54	7329
7488	8199	Rute Pinho	00:33:27	01:10:59	01:10:08	7546		V40	287	00:06:32	7932
7489	4869	Filipa Lopes	00:37:55	01:10:59	01:05:50	7035	Madeira Lopes	V35	371	00:05:08	5832
7490	4868	Luis Lopes	00:37:54	01:11:00	01:05:50	7034	Madeira Lopes	V40	1222	00:05:08	5831
7491	9936	Marta Correia	00:34:26	01:11:00	01:08:38	7377	Correias	Senior	531	00:06:07	7613
7492	6920	Rui Soares	00:34:54	01:11:00	01:10:26	7586		V35	1319	00:06:00	7476
7493	6368	Rita Rodrigues	00:34:53	01:11:00	01:10:27	7588		V35	372	00:06:01	7483
7494	9246	Silvia Rito	00:32:30	01:11:00	01:10:13	7559	Pai Natal	Senior	532	00:05:09	5884
7495	3834	Nuno Romão	00:35:03	01:11:01	01:10:07	7539	U.D.F.A.C.	V35	1320	00:05:52	7295
7496	152	Cristina Cunha	00:35:57	01:11:01	01:08:46	7394		V40	288	00:04:29	3605
7497	6006	Luís Monteiro	00:39:36	01:11:02	01:04:42	6837		V35	1321	00:05:51	7262
7498	2835	Carmen Greff	00:34:04	01:11:02	01:10:11	7554	RunLovers	V50	88	00:06:26	7877
7499	4077	Susana Alves	00:33:11	01:11:02	01:09:53	7529		Senior	533	00:06:01	7484
7500	9204	Paulo Freitas	00:38:27	01:11:03	01:05:11	6918	BLUEIP	V40	1223	00:05:01	5479
7501	2492	Angela Pimenta	00:35:57	01:11:04	01:10:05	7535	Catch me if you can	V40	289	00:05:44	7106
7502	10443	Luis Pissara	00:35:11	01:11:05	01:09:47	7515		V45	782	00:05:56	7384
7503	10444	Maria Pina	00:35:11	01:11:05	01:09:47	7514		V45	184	00:05:56	7374
7504	9171	Neuza Alves	00:34:52	01:11:06	01:09:36	7488		V35	373	00:05:50	7242
7505	4186	Rui Henriques	00:35:35	01:11:07	01:09:51	7522	ADRC Mata de Benfica	V65	82	00:06:04	7562



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<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7506	3127	Manuel Rebolo	00:31:29	01:11:07	01:10:57	7623	Volkswagen Autoeuropa	V50	473	00:07:09	8178
7507	5111	Carlos Vieira	00:34:06	01:11:07	01:10:05	7536		V45	783	00:05:46	7166
7508	1769	Carlos Teixeira	00:34:33	01:11:09	01:09:16	7457		V65	83	00:06:20	7804
7509	5997	Claudia Barata	00:35:17	01:11:09	01:09:38	7498		Senior	534	00:05:57	7410
7510	3126	Carlos Durães	00:31:30	01:11:09	01:10:59	7629	Volkswagen Autoeuropa	V40	1224	00:07:10	8189
7511	6340	Sandra Neves	00:33:52	01:11:10	01:11:08	7642		V35	374	00:05:49	7237
7512	6280	Tiago Alves	00:34:19	01:11:11	01:10:17	7565	Link	Senior	1432	00:06:45	8028
7513	8183	António Nascimento	00:34:03	01:11:11	01:10:59	7630	N&A CNAS	V45	784	00:06:03	7544
7514	5028	Paula Campos	00:33:45	01:11:12	01:10:21	7576	Clube ANA Lisboa	V35	375	00:05:58	7439
7515	208	Fernando Basto	00:34:24	01:11:12	01:10:27	7587		V45	785	00:06:14	7718
7516	7757	Pedro Russiano	00:37:23	01:11:12	01:09:52	7524		Senior	1433	00:05:21	6385
7517	10389	Margarida Carvalho	00:33:01	01:11:12	01:11:11	7649		Senior	535	00:05:57	7419
7518	6539	Hugo Calado	00:34:02	01:11:12	01:10:13	7560		Senior	1434	00:08:17	8385
7519	1622	Rui Fernandes	00:35:34	01:11:13	01:09:45	7509	O Coelho é um franganote!	V35	1322	00:04:55	5199
7520	9198	Liliana Santos	00:34:54	01:11:14	01:10:06	7537	Chitas de Alcobaca	Senior	536	00:06:51	8063
7521	7153	Rita Lourenço	00:35:58	01:11:15	01:09:56	7532	INDEG-ISCTE	V35	376	00:05:55	7351
7522	5300	Patricia Costa	00:34:04	01:11:15	01:10:58	7624		Senior	537	00:06:28	7890
7523	5465	Aida Costa	00:34:54	01:11:15	01:10:34	7595		Senior	538	00:04:48	4733
7524	3837	António Jesus	00:34:50	01:11:15	01:09:14	7453	Lá Vão ... de Almeirim	V70	26	00:06:33	7940



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7525	6339	António Roberto	00:34:50	01:11:16	01:10:52	7620		V35	1323	00:05:25	6551
7526	3838	Júlio Parreira	00:34:50	01:11:17	01:09:15	7456	Lá Vão ... de Almeirim	V65	84	00:06:35	7949
7527	9573	Júlio Verde	00:34:36	01:11:18	01:10:33	7593	SPEM	V50	474	00:06:42	8006
7528	9571	António Cardoso	00:34:35	01:11:18	01:10:33	7594	SPEM	V45	786	00:06:42	8004
7529	9606	Susana Cruz	00:35:03	01:11:21	01:09:40	7502		Senior	539	00:05:54	7322
7530	6493	Jose Ruivo	00:37:14	01:11:21	01:09:21	7461		V40	1225	00:05:27	6630
7531	1546	Patrícia Paulo	00:34:15	01:11:21	01:11:09	7647		V35	377	00:06:16	7751
7532	9605	Mário Dias	00:35:02	01:11:22	01:09:41	7504		V45	787	00:05:56	7385
7533	5417	Cristina Friaças	00:33:05	01:11:26	01:11:23	7660		V45	185	00:06:19	7790
7534	899	Margarida Queluz	00:38:17	01:11:26	01:10:21	7574	Cheetahs	Junior	35	00:06:04	7567
7535	7555	Baltazar Lopes	00:36:08	01:11:26	01:10:17	7567		V50	475	00:05:48	7209
7536	646	Rosa Reis	00:35:06	01:11:26	01:09:34	7482		V55	37	00:05:44	7119
7537	5973	Laura Barroso	00:33:18	01:11:27	01:11:22	7659	Kainágua	V35	378	00:05:55	7368
7538	589	Anabela Martins	00:34:13	01:11:27	01:10:10	7551	BRRnightRUNNERS - Barreiro	V40	290	00:05:54	7321
7539	4382	Ana Goncalves	00:34:30	01:11:28	01:11:24	7662	CLUBE MILLENNIUM BCP	V35	379	00:06:09	7635
7540	8669	Carlos Ramos	00:33:18	01:11:28	01:10:40	7603	Urban Trail Samora Correia	Senior	1435	00:06:00	7475
7541	6869	Cecilia Morais	00:33:43	01:11:28	01:11:25	7664		V35	380	00:06:32	7928
7542	2690	Rita Pimentel	00:35:54	01:11:29	01:10:35	7596	Os Padrinhos	V35	381	00:05:41	7016
7543	2688	Nuno Gonçalves	00:35:54	01:11:29	01:10:35	7597	Os Padrinhos	V35	1324	00:05:41	7024



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7544	1593	Luis Pereira	00:37:44	01:11:29	01:05:44	7019		V40	1226	00:05:15	6173
7545	9556	Adriano Marques	00:33:27	01:11:31	01:11:05	7638		V45	788	00:06:08	7623
7546	8301	Ricardo Carvalho	00:34:15	01:11:31	01:09:45	7508	PowerBoost Club	Senior	1436	00:07:46	8318
7547	1511	Mariana Marques	00:36:21	01:11:32	01:09:18	7460		Junior	36	00:05:26	6568
7548	6940	Hugo Guedelha	00:37:58	01:11:34	01:05:40	7002	CORREDORES RESINEIROS CORGAS	Senior	1437	00:05:10	5929
7549	7065	João Rosa	00:38:44	01:11:34	01:09:53	7528	INDEG-ISCTE	Senior	1438	00:06:22	7826
7550	3264	Susana Rosa	00:34:49	01:11:35	01:10:40	7604	SapacGroup Team	V35	382	00:06:08	7619
7551	7649	Luis Marques	00:34:47	01:11:36	01:10:45	7610		V50	476	00:05:57	7405
7552	7502	Cláudia Chagas	00:35:05	01:11:36	01:10:42	7607		Senior	540	00:05:52	7286
7553	530	Luis Estêvão	00:33:10	01:11:37	01:10:54	7621	Corre@Correr	V45	789	00:06:11	7682
7554	6861	Henrique Faustino	00:35:19	01:11:37	01:10:48	7616		V60	171	00:06:30	7920
7555	6913	Maria Gonçalves	00:35:19	01:11:37	01:10:48	7615		Senior	541	00:06:29	7903
7556	6694	Manuel Valença	00:37:09	01:11:37	01:06:13	7081		Senior	1439	00:05:35	6847
7557	677	Nuno Jacinto	00:33:10	01:11:38	01:10:56	7622	Corre@Correr	V45	790	00:06:12	7683
7558	2535	Carlos Fernandes	00:39:13	01:11:38	01:02:32	6399	BRRnightRUNNERS - Barreiro	V40	1227	00:05:22	6450
7559	3919	Ana Nunes	00:33:33	01:11:39	01:11:31	7676		Senior	542	00:06:04	7550
7560	5373	Luis Rosa	00:36:40	01:11:40	01:10:47	7612		V35	1325	00:05:42	7037
7561	1607	Rui Marques	00:35:13	01:11:40	01:11:21	7658	Cut and Run	V40	1228	00:05:19	6320
7562	5569	Miguel Pires	00:35:10	01:11:41	01:06:09	7072	Os 5 Estrelas	V40	1229	00:05:47	7176



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7563	1480	Florbela Soares	00:35:16	01:11:41	01:11:09	7645	MultiRunners	V45	186	00:06:46	8032
7564	10465	Sofia Almeida	00:35:08	01:11:41	01:11:25	7665		Senior	543	00:06:12	7688
7565	9693	Ana Gomes	00:35:08	01:11:41	01:11:25	7668		Senior	544	00:06:12	7686
7566	7729	Victor Mabere	00:34:05	01:11:42	01:11:10	7648		Senior	1440	00:05:45	7143
7567	432	Filipa Colaço	00:35:06	01:11:42	01:11:14	7654	Matos, Fonseca & Friends	Senior	545	00:05:39	6983
7568	5867	Joana Barros	00:36:36	01:11:43	01:10:38	7599		Senior	546	00:05:24	6499
7569	276	M. Azevedo	00:35:26	01:11:43	01:10:12	7556		V40	291	00:05:47	7179
7570	2243	Margarida Ralha	00:38:23	01:11:44	01:10:39	7600	Run 4 Fun	Senior	547	00:05:02	5562
7571	1927	Luísa Ralha	00:38:23	01:11:45	01:10:39	7601	Run 4 Fun	V50	89	00:05:03	5622
7572	4511	Anabela Marques	00:33:53	01:11:47	01:11:09	7646		V45	187	00:06:26	7878
7573	6361	Xavier Andresen	00:36:26	01:11:50	01:10:22	7580		V35	1326	00:05:57	7407
7574	605	Catarina Reis	00:37:08	01:11:51	01:10:31	7591	Nanos	V40	292	00:05:42	7038
7575	9223	Tatiana Trepado	00:35:57	01:11:52	01:09:37	7492		Senior	548	00:05:19	6324
7576	6023	Marco Batista	00:40:28	01:11:52	01:05:44	7014		V35	1327	00:04:11	2477
7577	7312	Inês Barbosa	00:36:27	01:11:53	01:10:26	7585		V35	383	00:06:00	7468
7578	2522	Diana Alves	00:39:03	01:11:53	01:05:46	7024	GDC Fidelidade	Senior	549	00:05:51	7255
7579	4693	Joana Janeiro	00:34:15	01:11:53	01:10:46	7611	Rolha Cycling Club	V35	384	00:06:28	7898
7580	7005	Sara Caldeira	00:33:24	01:11:53	01:11:05	7639		Senior	550	00:06:59	8125
7581	5930	Eunice Carvalho	00:32:52	01:11:53	01:11:29	7672		Senior	551	00:06:55	8096

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7582	10527	Carla Almeida	00:35:15	01:11:55	01:10:40	7605		Senior	552	00:06:19	7784
7583	74	Sandra Madaleno	00:35:44	01:11:57	01:11:26	7669		V35	385	00:06:02	7513
7584	7191	Fernando Leal	00:33:45	01:11:57	01:11:27	7671	HP CLUB	V45	791	00:06:27	7888
7585	5646	Manuel Martins	00:32:28	01:11:59	01:11:54	7706		V70	27	00:05:52	7273
7586	5573	Fernando Aragão	00:37:57	01:12:00	01:10:37	7598	Os Corredores	V50	477	00:05:10	5970
7587	3333	Paulo Ferreira	00:34:46	01:12:01	01:10:59	7628	Bombeiros Voluntários de Montemor-o-Novo	V35	1328	00:06:09	7647
7588	9555	Ana Fialho	00:34:45	01:12:04	01:11:21	7657		Senior	553	00:06:20	7802
7589	6259	Maria Prazeres	00:39:21	01:12:04	01:05:49	7032		V45	188	00:05:27	6594
7590	9423	Ana Nava	00:36:16	01:12:05	01:11:03	7636		V45	189	00:06:14	7724
7591	9862	Álvaro Amado	00:22:44	01:12:06	01:11:54	7707		V55	288	00:09:39	8472
7592	8521	Adolfo Paz	00:35:13	01:12:07	01:12:00	7712		V45	792	00:06:11	7671
7593	6605	Marcio Lourenço	00:39:03	01:12:07	01:07:11	7181		V35	1329	00:04:18	2927
7594	10451	Elisabete Machado	00:35:24	01:12:08	01:11:38	7682		V35	1330	00:05:51	7256
7595	3218	Vanda Sequeira	00:33:11	01:12:09	01:12:05	7720	CLUBE COLABORADORES AXA	V40	293	00:07:06	8166
7596	9598	Ana Castro	00:36:48	01:12:09	01:10:58	7626		Senior	554	00:05:41	7018
7597	9599	Miguel Silveira	00:36:47	01:12:09	01:10:58	7625		Senior	1441	00:05:41	7023
7598	519	Regina Catroga	00:34:09	01:12:11	01:11:41	7684	Carlos e os seus alunos	V35	386	00:06:17	7764
7599	2491	Filipa Lopes	00:34:11	01:12:11	01:11:13	7653	Catch me if you can	V35	387	00:06:25	7858
7600	7116	Ana Rodrigues	00:32:44	01:12:11	01:11:08	7643	INDEG-ISCTE	V35	388	00:06:00	7480



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7601	3141	Filomena Santana	00:34:39	01:12:11	01:12:03	7715	Santana	V45	190	00:05:54	7334
7602	8107	Cristina Barata	00:34:05	01:12:12	01:10:51	7619		V35	389	00:06:09	7643
7603	5249	Adelaide Leitão	00:35:18	01:12:12	01:11:02	7635		V40	294	00:06:10	7657
7604	1183	Célia Moisés	00:35:21	01:12:14	01:11:41	7686		V40	295	00:05:51	7258
7605	264	Sara Prates	00:36:38	01:12:14	01:11:04	7637	G D Vidense	V35	390	00:05:36	6878
7606	265	Manuel Prates	00:36:36	01:12:14	01:11:05	7640	G D Vidense	V40	1230	00:05:36	6871
7607	767	Catarina Lopes	00:36:07	01:12:16	01:11:17	7656	Run Buddy Run	V35	1331	00:06:13	7703
7608	657	Rui Tigeleiro	00:34:18	01:12:17	01:11:02	7634		V40	1231	00:06:24	7846
7609	1632	Tânia Lopes	00:36:05	01:12:18	01:10:50	7617	Fund Box	Senior	555	00:06:12	7699
7610	8020	Natalia Lopes	00:33:48	01:12:19	01:12:11	7729		V55	38	00:06:19	7783
7611	8916	António Domingos	00:36:14	01:12:20	01:10:07	7540		V55	289	00:07:09	8184
7612	8915	Bruno Gonçalves	00:36:14	01:12:20	01:10:08	7547		Senior	1442	00:07:09	8185
7613	8917	Rita Gonçalves	00:36:14	01:12:20	01:10:08	7545		Senior	556	00:07:09	8181
7614	1225	Pedro Leal	00:37:45	01:12:20	01:06:43	7125		V35	1332	00:05:55	7344
7615	1210	Célia Luz	00:35:21	01:12:21	01:11:49	7696		V35	391	00:05:58	7432
7616	9741	Anabela Nicolau	00:35:14	01:12:21	01:10:33	7592		V35	392	00:06:28	7893
7617	6238	Manuela Pereira	00:37:08	01:12:21	01:11:02	7633		V35	393	00:05:43	7080
7618	699	Monica Girão	00:37:44	01:12:22	01:10:09	7548	Ginja Team	V35	394	00:05:51	7260
7619	1853	Lidia Bailão	00:34:51	01:12:25	01:11:09	7644	SS CGD	V40	296	00:05:51	7254



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7620	8810	Mário Batista	00:35:00	01:12:25	01:11:45	7690		V40	1232	00:05:54	7331
7621	3190	Susana Leite	00:35:01	01:12:25	01:11:45	7691		V35	395	00:05:53	7296
7622	2523	Armando Alves	00:38:14	01:12:27	01:06:20	7095	GDC Fidelidade	V55	290	00:05:42	7063
7623	3143	Joana Santana	00:34:40	01:12:28	01:12:20	7737	Santana	Senior	557	00:06:11	7677
7624	7035	Anabela Marques	00:38:09	01:12:28	01:07:00	7159	INDEG-ISCTE	V45	191	00:05:22	6425
7625	8266	Alexandra Machado	00:35:14	01:12:30	01:11:53	7704		V45	192	00:06:15	7738
7626	8350	Alexandra Franco	00:35:36	01:12:31	01:11:56	7709		V40	297	00:06:26	7873
7627	7449	Lucia Franchi	00:34:02	01:12:31	01:11:44	7688		V60	20	00:05:52	7280
7628	7032	Ana Alter	00:34:46	01:12:32	01:11:25	7666	INDEG-ISCTE	Senior	558	00:06:40	7987
7629	8056	Tito Henriques	00:37:59	01:12:32	01:07:12	7185		V40	1233	00:06:20	7807
7630	7052	Fabio Passos	00:34:45	01:12:32	01:11:25	7667	INDEG-ISCTE	Senior	1443	00:06:40	7988
7631	7196	Maria Miguel	00:37:45	01:12:32	01:07:25	7221	HP CLUB	V35	396	00:05:57	7397
7632	2782	Rogério Agudo	00:34:49	01:12:33	01:11:12	7652	Os fenómenos	V35	1333	00:05:53	7297
7633	2780	Margarida Nunes	00:34:50	01:12:33	01:11:12	7651	Os fenómenos	V35	397	00:05:54	7326
7634	8316	João Campos	00:36:45	01:12:35	01:11:30	7674		Senior	1444	00:05:29	6677
7635	3849	Ricardo Boaventura	00:37:31	01:12:37	01:06:56	7148		V35	1334	00:05:40	7005
7636	2058	Eduardo Cardoso	00:35:37	01:12:37	01:10:25	7582	GDCT Unicre	V45	793	00:06:37	7972
7637	2059	Mariana Cardoso	00:35:37	01:12:38	01:10:26	7584	GDCT Unicre	Junior	37	00:06:36	7957
7638	1265	Fátima Gil	00:37:27	01:12:38	01:11:44	7687		Senior	559	00:05:41	7012



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7639	5219	Carla Aniceto	00:34:55	01:12:38	01:12:03	7716	runicetos	V40	298	00:06:46	8036
7640	5750	Alexandra Vieira	00:33:23	01:12:38	01:11:49	7697	NúcleOeiras / Sportzone	Senior	560	00:06:15	7733
7641	10413	Patricia Carvalho	00:35:20	01:12:39	01:11:24	7661		Senior	561	00:05:19	6337
7642	10536	Ines Candido	00:35:20	01:12:39	01:11:24	7663		Senior	562	00:05:19	6336
7643	46	Raquel Barreira	00:34:17	01:12:39	01:12:11	7730		V35	398	00:05:52	7270
7644	3413	Filipe Almeida	00:35:45	01:12:40	01:10:58	7627		Senior	1445	00:06:17	7769
7645	3574	Ana Pereira	00:35:45	01:12:41	01:11:00	7632		Senior	563	00:06:18	7773
7646	4256	Nuno Bernardes	00:34:05	01:12:41	01:11:16	7655	Branças de Neve e os Sacanões	Senior	1446	00:06:14	7723
7647	8934	Rui Santos	00:36:37	01:12:41	01:11:31	7677		Senior	1447	00:05:27	6600
7648	5017	Tânia Silva	00:37:36	01:12:41	01:11:12	7650		V35	399	00:05:24	6494
7649	1058	Natercia Correia	00:34:35	01:12:42	01:12:22	7739	Foz365	V40	299	00:05:51	7268
7650	9657	Sandra Travassos	00:36:17	01:12:42	01:10:29	7590		V40	300	00:05:57	7404
7651	1270	Rita Cipriano	00:34:35	01:12:42	01:12:23	7740	Foz365	V35	400	00:05:51	7267
7652	2213	Carlos Manta	00:35:46	01:12:46	01:11:44	7689		V35	1335	00:06:29	7907
7653	2038	Angela Morais	00:37:25	01:12:46	01:11:41	7685		V35	401	00:05:19	6338
7654	8759	Custódio Bravo	00:35:36	01:12:47	01:10:21	7577		V50	478	00:05:54	7328
7655	5371	Paulo Silva	00:33:39	01:12:49	01:12:18	7733		V40	1234	00:06:23	7840
7656	5398	Fátima Ferreira	00:35:03	01:12:51	01:11:56	7708	H2Ovita	V35	402	00:06:17	7759
7657	6195	Mónica Pedro	00:36:43	01:12:51	01:12:07	7722	já chegámos???	V35	403	00:06:21	7814



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7658	6196	Paula Melo	00:36:43	01:12:52	01:12:08	7724	já chegámos???	Senior	564	00:06:22	7820
7659	2027	Sónia Peleja	00:34:22	01:12:54	01:12:24	7743		V40	301	00:06:10	7653
7660	5537	João Pereira	00:37:26	01:12:54	01:07:30	7238		V45	794	00:05:36	6870
7661	2361	Helena Franco	00:33:59	01:12:54	01:12:20	7735		V40	302	00:06:09	7634
7662	751	Joao Nogueira	00:33:59	01:12:54	01:12:20	7734		V50	479	00:06:09	7646
7663	9514	Hugo Duarte	00:34:06	01:12:55	01:12:25	7745		Senior	1448	00:05:45	7139
7664	9513	Cátia Cristovão	00:34:06	01:12:55	01:12:26	7748		Senior	565	00:05:45	7132
7665	378	Diogo Figueiredo	00:32:42	01:12:56	01:11:47	7694	Santos e Oliveira Lda	Senior	1449	00:07:08	8172
7666	492	Helena Afonso	00:36:20	01:12:56	01:12:04	7718	Correr Lisboa	V40	303	00:05:14	6119
7667	7986	Verónica Bicho	00:35:08	01:12:57	01:12:46	7773		V35	404	00:06:43	8009
7668	8110	Liliana Lopes	00:35:48	01:13:00	01:11:53	7703		Senior	566	00:06:04	7557
7669	7910	Nádia Mauricio	00:35:48	01:13:00	01:11:53	7702		Senior	567	00:06:04	7561
7670	10442	Antonio Canas	00:34:00	01:13:02	01:12:08	7725		V70	28	00:06:29	7902
7671	1429	Nuno Simões	00:37:05	01:13:03	01:12:04	7717		V40	1235	00:05:02	5572
7672	3101	Rui Rosa	00:37:05	01:13:03	01:12:05	7721		V35	1336	00:05:02	5528
7673	9751	Ivo Rosa	00:35:04	01:13:03	01:12:43	7762		Senior	1450	00:06:16	7753
7674	10412	Sofia Fernandes	00:34:24	01:13:03	01:12:57	7782		V40	304	00:06:53	8082
7675	618	Bruno Novais	00:34:35	01:13:04	01:11:53	7705		Senior	1451	00:05:56	7372
7676	5077	Pedro Graca	00:38:03	01:13:06	01:11:58	7711		V35	1337	00:06:01	7485



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
7677	10127	Paulo Matos	00:37:45	01:13:06	01:07:34	7250		V35	1338	00:05:50	7247
7678	4481	Haroldo Pamplona	00:32:06	01:13:08	01:13:01	7786		V65	85	00:07:15	8219
7679	5426	Carlos Rafael	00:39:24	01:13:08	01:07:33	7244		V45	795	00:05:06	5729
7680	3765	João Ferreira	00:37:51	01:13:09	01:09:12	7449	GD Cimpor & Amigos	V40	1236	00:05:51	7257
7681	6073	Marta Alves	00:36:00	01:13:10	01:11:51	7699		Senior	568	00:06:17	7758
7682	7427	Carlos Bandeijas	00:34:55	01:13:10	01:13:03	7788	VILA FRIA/JG Seguros	V50	480	00:06:57	8110
7683	2106	Carla Costa	00:36:35	01:13:12	01:11:51	7701		V40	305	00:06:03	7537
7684	9639	Ana Pimenta	00:35:46	01:13:12	01:12:18	7732	InvestQuest, SA.	V35	405	00:06:32	7921
7685	3848	Reinaldo Pereira	00:33:49	01:13:13	01:12:31	7751		V50	481	00:05:53	7307
7686	9386	Bruno Branco	00:35:30	01:13:14	01:11:36	7680		V35	1339	00:06:02	7504
7687	9385	João Faria	00:35:30	01:13:14	01:11:37	7681		V35	1340	00:06:01	7493
7688	8358	Ringo Godinho	00:35:08	01:13:15	01:12:51	7778		V40	1237	00:05:59	7451
7689	6687	Rute Lau	00:39:21	01:13:15	01:12:01	7713		V40	306	00:05:43	7069
7690	2525	Helena Oliveira	00:40:12	01:13:15	01:07:20	7210	GDC Fidelidade	V45	193	00:05:19	6329
7691	8483	Ângela Baltasar	00:36:05	01:13:19	01:11:51	7698		V35	406	00:06:10	7655
7692	8633	Claudia Laranjo	00:36:07	01:13:21	01:12:03	7714		V35	407	00:06:51	8069
7693	465	Sandra Caetano	00:35:20	01:13:21	01:12:37	7757		V40	307	00:05:57	7402
7694	461	Délia Boino	00:35:20	01:13:21	01:12:38	7758		V35	408	00:05:56	7379
7695	7298	Maria Ferreira	00:34:22	01:13:22	01:13:12	7802		V65	3	00:06:36	7959



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7696	8043	Daniel Bruno	00:34:32	01:13:25	01:12:17	7731	CLAC - Entroncamento	Junior	147	00:05:17	6228
7697	4554	Nuno Flora	00:36:38	01:13:26	01:08:13	7325		Senior	1452	00:06:32	7923
7698	9847	Rui Sequeira	00:35:23	01:13:26	01:12:50	7775		V35	1341	00:06:03	7540
7699	9859	Joana Smith	00:35:23	01:13:27	01:12:51	7777		V35	409	00:06:03	7539
7700	1237	Marco Costa	00:35:55	01:13:28	01:12:31	7753		Senior	1453	00:05:26	6573
7701	4806	Luisa Seixas	00:34:51	01:13:29	01:13:27	7816		V45	194	00:06:54	8094
7702	7872	António Santos	00:34:56	01:13:31	01:12:10	7727		Senior	1454	00:07:20	8241
7703	561	Daniela Ferreira	00:31:54	01:13:32	01:13:15	7808		Senior	569	00:06:44	8018
7704	8087	António Sousa	00:34:31	01:13:32	01:13:07	7795		V50	482	00:07:08	8175
7705	4517	Sandra Andrade	00:36:15	01:13:33	01:12:55	7781		V40	308	00:05:48	7196
7706	2829	Manuela Fontes	00:39:29	01:13:34	01:07:33	7245	CCD Siemens	V40	309	00:05:55	7355
7707	5314	Rosa Carita	00:40:44	01:13:34	01:04:36	6813	CCD Sintrense	V50	90	00:05:45	7123
7708	6978	Luis Fernandes	00:37:10	01:13:36	01:12:49	7774		V55	291	00:05:49	7233
7709	4131	Mario Rito	00:34:22	01:13:37	01:12:57	7783		V40	1238	00:06:35	7953
7710	9837	Camila Sávio	00:37:37	01:13:38	01:12:34	7756		Senior	570	00:06:05	7574
7711	6137	Manuela Lopes	00:36:37	01:13:39	01:12:30	7750		V35	410	00:05:39	6990
7712	7250	Isaurinda Letras	00:35:03	01:13:39	01:13:05	7791	Proaventuras	V55	39	00:06:05	7575
7713	7249	Ângelo Letras	00:35:03	01:13:39	01:13:05	7792	Proaventuras	V35	1342	00:06:05	7584
7714	9268	Silvestre Machado	00:35:20	01:13:40	01:12:26	7746		V50	483	00:06:53	8084



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7715	5432	Maria Coutinho	00:34:49	01:13:40	01:12:32	7755	Tartarugas Solidárias	V35	411	00:06:06	7593
7716	2181	Pedro Brandão	00:36:01	01:13:40	01:12:45	7770	Açoreana Clube Banif	V55	292	00:05:56	7382
7717	9104	Liliana Santos	00:36:17	01:13:42	01:12:44	7764		V35	412	00:06:03	7535
7718	4225	Olga Galvão	00:37:01	01:13:43	01:11:30	7673	Segunda Quarta Sexta	V50	91	00:06:13	7702
7719	4226	Patricia Avões	00:37:00	01:13:43	01:11:31	7675	Segunda Quarta Sexta	V35	413	00:06:14	7719
7720	6553	João Martins	00:35:43	01:13:43	01:13:08	7797		V45	796	00:06:10	7667
7721	6157	Isabel Longo	00:34:37	01:13:44	01:13:31	7822		V45	195	00:06:15	7726
7722	9093	Catarina Santos	00:36:40	01:13:45	01:13:06	7793		Senior	571	00:06:56	8101
7723	4341	Tiago Rodrigues	00:34:13	01:13:46	01:13:30	7821	CLUBE MILLENNIUM BCP	Junior	148	00:06:21	7811
7724	697	Antonio Lima	00:35:48	01:13:46	01:11:33	7678	Ginja Team	V45	797	00:04:52	5011
7725	9738	Paula Raimundo	00:35:23	01:13:47	01:12:24	7742		V35	414	00:05:27	6610
7726	9745	Joana Vilela	00:35:24	01:13:47	01:12:24	7741		V35	415	00:05:27	6611
7727	565	Hernani Silva	00:36:08	01:13:48	01:12:26	7747		V50	484	00:05:57	7413
7728	1273	Joao Dias	00:36:50	01:13:50	01:12:53	7779		V45	798	00:05:20	6374
7729	6877	Inês Duarte	00:34:25	01:13:52	01:13:39	7838		Senior	572	00:06:56	8100
7730	877	Luís Reis	00:36:38	01:13:52	01:11:58	7710	Falcões Selvagens	V50	485	00:06:08	7622
7731	6334	Filipa Vicente	00:37:51	01:13:52	01:12:38	7759		Senior	573	00:06:30	7916
7732	566	Silvana Furini	00:36:16	01:13:53	01:12:31	7754		V45	196	00:06:02	7506
7733	2845	Silvia Frazão	00:36:36	01:13:54	01:12:45	7771		V35	416	00:06:30	7919



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
7734	5089	Claudia Elias	00:36:46	01:13:54	01:12:24	7744		V40	310	00:06:45	8025
7735	1743	Jose Caldeira	00:34:20	01:13:55	01:13:47	7847		V50	486	00:06:54	8090
7736	3533	Helder Verissimo	00:35:22	01:13:55	01:13:47	7848		V60	172	00:06:51	8064
7737	9195	Anúplio Matos	00:32:02	01:13:55	01:13:29	7820		V55	293	00:06:54	8089
7738	4859	Patricia Carvalho	00:35:06	01:13:56	01:13:09	7798	EngenhariaLiquida	Junior	38	00:06:43	8011
7739	5844	João Coelho	00:37:52	01:13:56	01:13:20	7811		Senior	1455	00:05:44	7097
7740	7276	Gilda Rodrigues	00:35:59	01:13:59	01:13:56	7865		V35	417	00:06:24	7850
7741	6870	Filipe Garcia	00:35:58	01:13:59	01:13:56	7864		Senior	1456	00:06:25	7863
7742	3530	Sergio Santos	00:36:01	01:14:00	01:12:54	7780		V35	1343	00:05:55	7356
7743	8682	Ulrich Gasch	00:35:09	01:14:00	01:13:56	7866		V50	487	00:06:09	7649
7744	9942	António Relvas	00:38:36	01:14:01	01:08:36	7373		V50	488	00:06:46	8033
7745	1238	Tânia Monteiro	00:35:55	01:14:01	01:13:04	7789		Senior	574	00:06:00	7467
7746	9236	Claudia Reis	00:35:44	01:14:01	01:13:21	7812		V40	311	00:06:11	7676
7747	9452	Vitor Lopes	00:34:32	01:14:02	01:13:22	7813		V45	799	00:06:44	8021
7748	9449	Regina Rosa	00:34:19	01:14:03	01:13:52	7856		V45	197	00:07:15	8220
7749	9720	Camilla Watson	00:34:45	01:14:03	01:13:44	7844		V45	198	00:06:37	7975
7750	2747	Ana Amaral	00:37:28	01:14:04	01:13:23	7814	Familia Cordeiro	V45	199	00:05:59	7453
7751	2087	Paula Cabaço	00:35:39	01:14:08	01:13:46	7846		V45	200	00:06:17	7762
7752	207	J Lóio	00:34:58	01:14:08	01:13:36	7827		V60	173	00:06:14	7721



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7753	7284	Pedro Simões	00:38:23	01:14:10	01:12:07	7723	Clube ANA Lisboa	V45	800	00:05:45	7135
7754	4402	Jose Arruda	00:36:26	01:14:11	01:13:55	7860	CLUBE MILLENNIUM BCP	V65	86	00:05:57	7426
7755	4401	Fock Chiu	00:36:26	01:14:11	01:13:55	7863	CLUBE MILLENNIUM BCP	V60	21	00:05:57	7425
7756	9825	Maria Rebelo	00:36:00	01:14:12	01:14:06	7875		Senior	575	00:06:32	7924
7757	1414	Maria Chagas	00:35:14	01:14:13	01:13:02	7787		V45	201	00:07:24	8255
7758	9121	João Queiroz	00:36:20	01:14:13	01:13:09	7799		V60	174	00:06:11	7674
7759	1777	José Costa	00:35:48	01:14:16	01:13:00	7785		V50	489	00:07:21	8247
7760	5185	Rui Malhado	00:36:48	01:14:17	01:13:39	7837		Senior	1457	00:05:42	7054
7761	364	Eduardo Pestana	00:40:09	01:14:19	01:08:01	7304	Kaninos	V35	1344	00:04:56	5251
7762	5468	Maria Andrade	00:34:54	01:14:19	01:13:38	7834		V50	92	00:06:28	7892
7763	10384	Paulo Carmo	00:37:06	01:14:19	01:09:26	7470		V35	1345	00:06:28	7900
7764	7812	Isabel Rodrigues	00:37:35	01:14:20	01:12:51	7776		V40	312	00:06:15	7732
7765	5282	Luis Farinha	00:34:46	01:14:20	01:13:37	7833	Serviços Sociais Montepio Geral	V45	801	00:07:35	8281
7766	3886	Silvia Ruas	00:35:27	01:14:21	01:13:18	7810	Banzão Team	V45	202	00:06:37	7974
7767	2423	Elisabete Sá	00:35:16	01:14:22	01:14:13	7886		V35	418	00:05:35	6839
7768	10377	Marcelo Prates	00:37:52	01:14:22	01:12:21	7738		Senior	1458	00:03:42	823
7769	555	Catarina Azevedo	00:35:42	01:14:23	01:13:46	7845		V35	419	00:06:26	7872
7770	3950	Nuno Clemente	00:41:19	01:14:23	01:04:26	6779	CCD TRANQUILIDADE	V45	802	00:05:13	6082
7771	553	Filipa Figueira	00:35:42	01:14:23	01:13:47	7849		V35	420	00:06:12	7701

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
7772	5229	Helena Sécio	00:37:35	01:14:24	01:13:05	7790	PAI&FILHAS	V45	203	00:06:09	7641
7773	2691	Ana Chumbinho	00:36:22	01:14:24	01:13:31	7823	Os Padrinhos	V35	421	00:06:33	7933
7774	7523	Sofia Lima	00:35:42	01:14:25	01:13:57	7867		Senior	576	00:06:04	7556
7775	5530	Miguel Farias	00:36:56	01:14:27	01:13:25	7815		V40	1239	00:06:14	7716
7776	7849	Vitor Reis	00:35:23	01:14:27	01:13:27	7817	Alibaba	V55	294	00:05:58	7442
7777	10392	Natália Gil	00:36:48	01:14:27	01:12:10	7728		Senior	577	00:06:30	7910
7778	5539	Carla Grades	00:36:56	01:14:27	01:13:27	7818		V40	313	00:06:14	7717
7779	8818	Luísa Rosa	00:36:26	01:14:28	01:13:32	7824		V35	422	00:07:15	8223
7780	3016	Rodrigo Guerreiro	00:36:31	01:14:28	01:13:17	7809	Tarolas Team	Senior	1459	00:06:03	7526
7781	1872	Severino Rosa	00:35:00	01:14:31	01:13:42	7841	SS CGD	V55	295	00:07:02	8134
7782	3025	Ana Catarina	00:35:00	01:14:31	01:13:42	7842	SS CGD	Senior	578	00:07:01	8130
7783	8339	Sergio Ferreira	00:38:28	01:14:32	01:12:30	7749	Pernocas DAço	Senior	1460	00:04:00	1733
7784	6181	Rui Duro	00:37:39	01:14:35	01:13:55	7862	WALK4FUN	V40	1240	00:05:25	6528
7785	9019	Nuno Silva	00:35:17	01:14:38	01:14:13	7884	Clube Olimpico de Oeiras	Senior	1461	00:07:21	8244
7786	1604	Filipe Estevao	00:36:54	01:14:39	01:14:10	7881	Cut and Run	Senior	1462	00:05:35	6852
7787	791	Angela Morais	00:37:55	01:14:41	01:13:55	7859	Panquecas	V35	423	00:05:10	5981
7788	8331	Mário Amaral	00:33:47	01:14:43	01:14:30	7898		Senior	1463	00:07:46	8319
7789	7627	Mafalda Almeida	00:38:09	01:14:44	01:13:08	7796		V35	424	00:05:56	7370
7790	7626	Artur Fonseca	00:38:09	01:14:44	01:13:07	7794		Senior	1464	00:05:56	7376

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7791	6451	Paulo Figueiredo	00:39:51	01:14:45	01:13:15	7807		V35	1346	00:05:36	6865
7792	8967	Liliane Santos	00:37:36	01:14:47	01:13:38	7836	Chitas de Alcobaga	Senior	579	00:05:33	6777
7793	8942	Lurdes Borges	00:36:16	01:14:47	01:14:14	7888	Em Agosto saí do sofa	V40	314	00:06:33	7942
7794	8884	Cristina Soares	00:36:16	01:14:47	01:14:13	7887	Em Agosto saí do sofa	V50	93	00:06:33	7938
7795	9758	Vítor Pinheiro	00:38:26	01:14:49	01:10:00	7534		V40	1241	00:06:19	7785
7796	8348	Charlotte Johnson	00:35:38	01:14:51	01:14:35	7903		V65	4	00:06:46	8037
7797	1592	Cátia Fragoso	00:37:36	01:14:51	01:13:41	7840		Senior	580	00:06:23	7832
7798	6982	Soraia Estevez	00:37:01	01:14:52	01:13:32	7826		V35	425	00:06:10	7650
7799	7215	Fernanda Duarte	00:37:01	01:14:52	01:13:32	7825		V50	94	00:06:10	7651
7800	3517	José Lima	00:38:11	01:14:53	01:13:14	7805	Novos Trilhos	Senior	1465	00:04:27	3517
7801	10551	Gonçalo Ferreira	00:37:35	01:14:54	01:14:01	7868		Junior	149	00:05:53	7315
7802	2196	Elisabete Cabral	00:39:00	01:14:54	01:09:54	7530		V40	315	00:05:47	7177
7803	9390	Ana Galvão	00:39:48	01:14:55	01:11:00	7631		V40	316	00:05:48	7200
7804	1740	Ines Lucas	00:37:17	01:14:55	01:13:36	7830		Senior	581	00:06:21	7818
7805	1742	Luzia Ramos	00:37:17	01:14:55	01:13:36	7831		V45	204	00:06:21	7816
7806	2082	Paula Penha	00:35:22	01:14:57	01:14:50	7919		V35	426	00:06:24	7847
7807	8037	Luisa Zigue	00:36:44	01:14:58	01:13:43	7843	ONE TRIBE METRALHAS	V45	205	00:06:02	7505
7808	7209	Sofia Gião	00:38:22	01:14:58	01:12:45	7766	Ginja Team	V45	206	00:06:04	7563
7809	4898	Filipa Malta	00:38:22	01:14:58	01:12:45	7769	Ginja Team	Junior	39	00:06:01	7494



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7810	4896	Susana Caldeira	00:38:18	01:14:58	01:12:44	7763	Ginja Team	V40	317	00:06:03	7527
7811	7210	Sofia Torrinha	00:35:48	01:14:58	01:12:45	7768	Ginja Team	Junior	40	00:06:01	7492
7812	698	Susana Silva	00:38:21	01:14:58	01:12:45	7767	Ginja Team	V40	318	00:06:04	7565
7813	702	Irene Brito	00:38:22	01:14:58	01:12:46	7772	Ginja Team	V45	207	00:06:02	7503
7814	4899	Natacha Nogueira	00:38:18	01:14:58	01:12:44	7765	Ginja Team	V40	319	00:06:04	7564
7815	4013	Margarida Ribeiro	00:34:09	01:15:01	01:14:52	7921	Mendes Ribeiro	V40	320	00:07:17	8229
7816	1858	Marcolino Veríssimo	00:34:41	01:15:02	01:13:13	7803	SS CGD	V40	1242	00:06:50	8055
7817	6390	João Fernandes	00:38:13	01:15:05	01:13:36	7829	Movet	V45	803	00:06:38	7977
7818	5811	Ana Morais	00:36:57	01:15:06	01:13:11	7801	GDCTIN Casa da Moeda	V35	427	00:06:12	7693
7819	5827	Rita Lopes	00:35:53	01:15:06	01:13:11	7800	GDCTIN Casa da Moeda	Senior	582	00:06:36	7962
7820	9676	Adriana Mestre	00:35:17	01:15:07	01:14:58	7926		V35	428	00:06:44	8022
7821	4264	Filipe Barbosa	00:33:49	01:15:09	01:15:05	7929		Senior	1466	00:06:25	7862
7822	3632	Carlos Rocha	00:39:38	01:15:10	01:09:27	7471		V35	1347	00:05:28	6637
7823	4108	Margarida Catarino	00:37:08	01:15:11	01:14:04	7873		V50	95	00:06:38	7979
7824	3446	António Sanches	00:37:09	01:15:11	01:14:03	7870	GD Banco BPI	V55	296	00:06:38	7976
7825	930	Sara Machado	00:38:54	01:15:12	01:09:47	7512	Hot Runners	V35	429	00:05:33	6790
7826	1789	Susana Mourato	00:38:49	01:15:12	01:09:48	7517	Hot Runners	Senior	583	00:05:35	6832
7827	6385	Nuno Bastos	00:36:56	01:15:17	01:13:39	7839		V40	1243	00:06:27	7881
7828	6670	Barbara Gaioso	00:36:23	01:15:19	01:14:36	7904		Junior	41	00:06:34	7944



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
7829	4318	Rui Garcia	00:34:54	01:15:21	01:15:04	7928	CLUBE MILLENNIUM BCP	V50	490	00:06:08	7630
7830	7886	José Mateus	00:37:16	01:15:21	01:14:06	7877	AASM - Triatlo	V45	804	00:06:30	7911
7831	8870	Ana Serra	00:35:50	01:15:21	01:14:49	7918		Senior	584	00:06:29	7908
7832	7887	Sandra Almeida	00:37:16	01:15:22	01:14:07	7878	AASM - Triatlo	V40	321	00:06:30	7918
7833	7181	Simone Farinha	00:38:41	01:15:23	01:14:25	7896		Senior	585	00:06:06	7599
7834	7396	Cecilia Jaime	00:37:26	01:15:23	01:13:51	7854	Ginja Team	V45	208	00:05:56	7371
7835	1515	David Costa	00:36:43	01:15:23	01:14:03	7869		Senior	1467	00:06:11	7679
7836	5439	Ana Dias	00:35:52	01:15:24	01:14:16	7890		Senior	586	00:06:45	8030
7837	5189	Maria Paixão	00:36:32	01:15:24	01:13:55	7861	Clube Ferroviário de Portugal	V35	430	00:06:32	7929
7838	5487	Orlinda Pinheiro	00:35:53	01:15:24	01:14:16	7889		V35	431	00:06:45	8031
7839	4503	Ana Freitas	00:40:42	01:15:25	01:14:03	7871		Senior	587	00:05:38	6952
7840	6837	Rita Raposo	00:36:38	01:15:26	01:13:49	7851		Junior	42	00:05:52	7292
7841	8279	Rita Saldanha	00:36:21	01:15:28	01:14:39	7906		Senior	588	00:06:16	7755
7842	7151	João Espadinha	00:37:46	01:15:28	01:10:17	7569	INDEG-ISCTE	Senior	1468	00:05:52	7293
7843	7154	Rodrigo Madeira	00:37:46	01:15:29	01:10:18	7571	INDEG-ISCTE	Senior	1469	00:05:54	7327
7844	10487	Mário Marques	00:36:52	01:15:29	01:13:49	7850		Senior	1470	00:06:42	8001
7845	6498	Sandra Ferreira	00:36:16	01:15:29	01:14:45	7913	ENJOADAS DO ASFALTO	V40	322	00:06:26	7874
7846	6120	Paulo Varela	00:38:29	01:15:30	01:14:10	7880	Clube Atletismo Amigos de Belém	V45	805	00:06:16	7752
7847	10283	João Barros	00:35:22	01:15:31	01:15:01	7927		Senior	1471	00:06:11	7678



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
7848	6617	Bento Ferreira	00:37:00	01:15:33	01:14:08	7879		V65	87	00:06:37	7966
7849	10537	Tiago Alves	00:36:32	01:15:34	01:14:10	7882	Os Últimos	Senior	1472	00:07:17	8230
7850	3043	Maria Mocisso	00:37:07	01:15:34	01:15:18	7936	Bombeiros Voluntários de Montemor-o-Novo	V40	323	00:05:15	6189
7851	5691	Helder Magalhaes	00:34:49	01:15:35	01:15:27	7950		V70	29	00:07:38	8298
7852	510	Hélder Pombo	00:37:05	01:15:36	01:14:37	7905		V40	1244	00:06:33	7941
7853	7070	João Cabaço	00:37:14	01:15:36	01:13:52	7857	INDEG-ISCTE	Senior	1473	00:06:17	7768
7854	7044	Carla Ferreira	00:37:14	01:15:36	01:13:52	7855	INDEG-ISCTE	Senior	589	00:06:16	7747
7855	7911	Ricardo Rodrigues	00:39:27	01:15:36	01:10:16	7564		V35	1348	00:05:59	7452
7856	9575	Patricia Figueiredo	00:38:45	01:15:37	01:14:47	7916		V40	324	00:06:28	7894
7857	4692	Gonçalo Baptista	00:40:09	01:15:37	01:09:45	7511	Rolha Cycling Club	V40	1245	00:06:00	7479
7858	9491	Cristina Pinho	00:38:45	01:15:37	01:14:48	7917		V35	432	00:06:28	7901
7859	7491	José Pires	00:35:26	01:15:40	01:14:31	7899		V40	1246	00:05:21	6393
7860	6021	Carlos Dias	00:36:33	01:15:41	01:15:23	7942		V55	297	00:06:15	7734
7861	10564	Tiago Santos	00:46:17	01:15:41	00:46:26	1516		Senior	1474	00:11:32	8506
7862	1245	Paulo Paixão	00:37:40	01:15:41	01:14:23	7893		V35	1349	00:06:48	8046
7863	6820	Rita Peixoto	00:37:41	01:15:41	01:14:23	7894		Senior	590	00:06:48	8044
7864	1246	Sara Pires	00:37:41	01:15:41	01:14:24	7895		Senior	591	00:06:48	8043
7865	7981	Luisa Pereira	00:38:15	01:15:42	01:15:24	7944		V35	433	00:06:12	7691
7866	10307	Carolina Pego	00:38:31	01:15:44	01:14:29	7897		Senior	592	00:06:37	7970



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7867	4174	Maria Anjos	00:36:49	01:15:46	01:14:58	7925	JUNTA FREGUESIA DA PORTELA	V65	5	00:05:49	7229
7868	9190	Dora Pinheiro	00:37:41	01:15:46	01:14:50	7920		Senior	593	00:05:19	6323
7869	7042	Bruno Marques	00:38:25	01:15:46	01:10:17	7566	INDEG-ISCTE	V50	491	00:06:25	7852
7870	8089	José Marques	00:34:24	01:15:49	01:14:39	7907		V45	806	00:07:45	8314
7871	5473	Rita Ramos	00:40:32	01:15:49	01:09:33	7481		V35	434	00:05:34	6807
7872	5285	Pedro Ramos	00:38:06	01:15:50	01:14:42	7911		Senior	1475	00:05:38	6948
7873	5284	Bina Bică	00:38:06	01:15:51	01:14:43	7912		Senior	594	00:05:37	6907
7874	520	Ana Carreiro	00:40:57	01:15:51	01:09:30	7474	Carlos e os seus alunos	V35	435	00:05:42	7061
7875	2200	Fernando Alves	00:40:56	01:15:51	01:09:30	7475	TFM	Senior	1476	00:05:42	7049
7876	3780	Sérgio Rodrigues	00:37:39	01:15:53	01:13:29	7819	S & S Runners	V40	1247	00:03:20	191
7877	5718	Sonia Dickmeyer	00:37:36	01:15:54	01:14:20	7891		Senior	595	00:06:10	7664
7878	3406	Jorge Domingues	00:37:36	01:15:54	01:14:21	7892		V60	175	00:06:10	7663
7879	8827	Tiago Rafael	00:37:07	01:15:54	01:13:53	7858	EXICTOS Running Team	Senior	1477	00:06:41	7989
7880	7672	Susana Rodrigues	00:35:43	01:15:56	01:15:06	7930		Senior	596	00:05:53	7317
7881	7171	Sandra Almeida	00:36:57	01:15:57	01:13:50	7852	INDEG-ISCTE	Senior	597	00:06:34	7943
7882	1332	Maria Sá	00:35:47	01:15:57	01:15:44	7959		V60	22	00:06:32	7930
7883	5700	André Dias	00:36:42	01:15:58	01:15:19	7938		Senior	1478	00:06:01	7489
7884	5027	João Ribeiro	00:38:32	01:15:58	01:14:33	7900	Clube ANA Lisboa	V45	807	00:05:58	7433
7885	477	Sandra Paulos	00:36:41	01:15:58	01:15:19	7939		V35	436	00:06:01	7490



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7886	5785	Mariana Alves	00:35:31	01:15:58	01:15:36	7957	Pernas de Gafanhoto	Senior	598	00:07:23	8250
7887	1885	Sandro Azevedo	00:35:40	01:16:01	01:14:55	7922		Senior	1479	00:06:25	7860
7888	1884	Vania Morais	00:37:25	01:16:01	01:14:56	7924		Senior	599	00:06:25	7856
7889	8935	Catarina Amaral	00:36:36	01:16:05	01:14:56	7923		Senior	600	00:06:26	7866
7890	10099	Filipa Moreira	00:39:53	01:16:07	01:10:22	7578		V35	437	00:05:50	7251
7891	5020	Carla Jaime	00:35:47	01:16:10	01:15:55	7973		V45	209	00:07:03	8137
7892	6666	Ana Reis	00:36:47	01:16:12	01:15:24	7945		V45	210	00:06:23	7827
7893	1015	Sónia Brandão	00:40:07	01:16:14	01:10:51	7618		V35	438	00:05:54	7324
7894	8338	Diana Gonçalves	00:38:28	01:16:14	01:14:13	7885	Pernocas DAço	Senior	601	00:05:43	7094
7895	1021	Vânia Pereira	00:36:27	01:16:15	01:14:42	7910		Senior	602	00:06:51	8068
7896	7763	Martelle Bertens	00:36:21	01:16:16	01:15:27	7951		V50	96	00:06:25	7859
7897	3997	Nídea Pires	00:36:19	01:16:16	01:14:04	7872		V35	439	00:06:41	7990
7898	4222	Andreia Lourenço	00:36:49	01:16:26	01:10:26	7583	4Sis	V35	440	00:06:38	7982
7899	7164	João Marques	00:39:40	01:16:29	01:11:06	7641	INDEG-ISCTE	V40	1248	00:05:52	7276
7900	3272	Paulo Vinagre	00:41:01	01:16:30	01:05:43	7012	Monkey boys	V40	1249	00:06:01	7499
7901	8391	Sérgia Lemos	00:35:28	01:16:32	01:16:22	7981	Not Fast But Fabulous	Senior	603	00:06:42	7999
7902	2632	José Rego	00:36:32	01:16:32	01:15:47	7963	Movimento	V35	1350	00:07:14	8214
7903	5640	Eunice Torres	00:37:40	01:16:35	01:15:22	7941	TED Team	V35	441	00:07:10	8186
7904	7554	Sonia Alves	00:38:01	01:16:35	01:15:26	7949		V35	442	00:06:50	8057



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7905	3389	Pedro Diniz	00:37:09	01:16:39	01:15:12	7933		V45	808	00:05:21	6405
7906	7008	Ana Neves	00:38:25	01:16:40	01:14:39	7908	CCD Sintrense	V45	211	00:06:09	7648
7907	5543	Filipa Matos	00:40:25	01:16:41	01:10:39	7602		Senior	604	00:06:08	7632
7908	3177	Rute Moreira	00:36:27	01:16:42	01:15:21	7940		Senior	605	00:05:57	7418
7909	3605	José Santos	00:40:11	01:16:43	01:15:44	7958	CLAC - Entroncamento	V55	298	00:04:48	4748
7910	73	Edgar Madaleno	00:40:30	01:16:43	01:11:26	7670		V35	1351	00:06:02	7500
7911	651	Fernando Vasconcelos	00:39:16	01:16:45	01:16:13	7977		V50	492	00:05:59	7450
7912	209	Susana Jesus	00:37:06	01:16:46	01:16:39	7994		V50	97	00:06:53	8083
7913	10382	Filipa Carioca	00:37:54	01:16:46	01:14:45	7914		Senior	606	00:06:04	7552
7914	2004	Luis Pedroso	00:41:27	01:16:47	01:11:46	7693		V40	1250	00:05:22	6439
7915	3666	Paulo Coelho	00:36:27	01:16:48	01:15:18	7935		V50	493	00:06:52	8077
7916	5265	Carla Fernandes	00:42:21	01:16:49	01:10:44	7608	PAI&FILHAS	V35	443	00:05:08	5833
7917	5157	Carlos Pereira	00:42:21	01:16:50	01:10:45	7609	PAI&FILHAS	V45	809	00:05:10	5933
7918	3937	Eduardo Cabrita	00:42:01	01:16:51	01:07:39	7257	CCD TRANQUILIDADE	V45	810	00:06:05	7573
7919	9391	Nuno Markl	00:39:55	01:16:52	01:12:59	7784		V40	1251	00:06:17	7761
7920	3117	Marisa Taveira	00:37:37	01:16:56	01:16:24	7982	Fitness Playground	V40	325	00:06:42	7997
7921	8811	Mara Santos	00:36:07	01:16:59	01:16:06	7975		Senior	607	00:05:57	7424
7922	8376	Ana Filipe	00:38:28	01:16:59	01:15:49	7966		V40	326	00:07:04	8153
7923	7322	Elisabeta Sousa	00:38:27	01:17:00	01:15:49	7967		V35	444	00:07:05	8159



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
7924	926	Ana Oliveira	00:37:06	01:17:02	01:16:52	8000	BRRnightRUNNERS - Barreiro	V40	327	00:06:28	7895
7925	6450	Ana Figueiredo	00:39:50	01:17:02	01:15:33	7956		Senior	608	00:05:54	7335
7926	2439	Patrícia André	00:37:52	01:17:04	01:16:25	7983		Senior	609	00:06:24	7843
7927	6403	Isabel Castro	00:36:16	01:17:06	01:15:51	7972	um ano +	V40	328	00:07:14	8213
7928	6404	Ana Castro	00:36:16	01:17:06	01:15:51	7970	um ano +	V35	445	00:07:14	8215
7929	9640	Fernanda Costa	00:36:44	01:17:09	01:16:15	7978	InvestQuest, SA.	V35	446	00:06:09	7644
7930	3519	José Vitorino	00:38:11	01:17:10	01:15:31	7954	Novos Trilhos	V45	811	00:06:45	8027
7931	3518	Dina Marques	00:38:13	01:17:11	01:15:32	7955	Novos Trilhos	V50	98	00:06:43	8016
7932	5996	Cheila Ginjeira	00:38:52	01:17:12	01:12:20	7736		V40	329	00:05:54	7333
7933	1968	Sara Silva	00:37:03	01:17:13	01:16:38	7993		V35	447	00:06:55	8098
7934	6074	Vanda Carvalho	00:37:11	01:17:14	01:15:51	7971		V35	448	00:06:08	7626
7935	9578	Pilar Gracia	00:40:52	01:17:15	01:11:35	7679	Internacional	V45	212	00:05:56	7395
7936	8341	Claúdia Santos	00:38:26	01:17:16	01:15:15	7934	Pernocas DAço	V40	330	00:06:42	8002
7937	4325	Bruno Vaz	00:36:11	01:17:16	01:17:11	8015	CLUBE MILLENNIUM BCP	V40	1252	00:05:55	7366
7938	4321	Fatima Goncalves	00:36:13	01:17:16	01:17:11	8018	CLUBE MILLENNIUM BCP	V55	40	00:05:55	7365
7939	8670	Carla Dias	00:35:49	01:17:17	01:17:14	8022	Agenda Desportiva	Senior	610	00:06:05	7572
7940	2258	Maria Moreira	00:36:56	01:17:18	01:15:30	7953		V50	99	00:06:44	8017
7941	3744	Claudio Colaco	00:38:21	01:17:19	01:15:47	7964		V35	1352	00:05:05	5678
7942	9652	Tania Fuste	00:37:13	01:17:23	01:15:49	7968		Senior	611	00:06:18	7775



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7943	9653	Hugo Santos	00:37:11	01:17:23	01:15:51	7969		V35	1353	00:06:19	7789
7944	9348	Tatiana Gomes	00:41:57	01:17:23	01:16:37	7992		Senior	612	00:05:43	7086
7945	5218	João Aniceto	00:39:41	01:17:25	01:12:05	7719	runicetos	V45	812	00:06:48	8050
7946	5678	Gonçalo Hortega	00:38:19	01:17:28	01:15:24	7943	Hortega Serviços	V50	494	00:05:35	6854
7947	396	Carla Palmeiro	00:36:40	01:17:28	01:17:11	8016		V40	331	00:06:27	7887
7948	5433	Pedro Andrade	00:38:38	01:17:28	01:12:31	7752		V40	1253	00:06:06	7587
7949	398	Meg Garcia	00:36:40	01:17:29	01:17:12	8019		V35	449	00:06:28	7891
7950	523	Vasco Catroga	00:37:14	01:17:29	01:17:00	8010	Carlos e os seus alunos	V40	1254	00:07:24	8252
7951	6828	Fernando Lopes	00:38:24	01:17:32	01:15:45	7961	Nós dois	V40	1255	00:06:48	8041
7952	2039	Ricardo Carvalho	00:40:26	01:17:32	01:11:41	7683		V35	1354	00:05:19	6317
7953	6829	Margarida Lopo	00:38:24	01:17:32	01:15:44	7960	Nós dois	Senior	613	00:06:47	8038
7954	7064	Joana Rodrigues	00:38:36	01:17:38	01:11:45	7692	INDEG-ISCTE	Senior	614	00:06:38	7980
7955	7266	Joana Silvestre	00:35:59	01:17:40	01:16:56	8001		V35	450	00:06:18	7782
7956	7338	Lúcia Parreira	00:35:59	01:17:40	01:16:56	8003		V35	451	00:06:18	7779
7957	3956	José Pousinho	00:36:51	01:17:43	01:17:35	8038	CCD TRANQUILIDADE	V65	88	00:07:19	8237
7958	4687	Luis Pinto	00:36:33	01:17:43	01:16:57	8005		V35	1355	00:07:19	8238
7959	6327	Manuel Santos	00:36:13	01:17:44	01:17:38	8039		Senior	1480	00:07:03	8138
7960	2037	Susana Dias	00:38:54	01:17:46	01:16:40	7995		Senior	615	00:06:16	7741
7961	423	Rosa Moreira	00:35:50	01:17:46	01:17:19	8027	MOREIRA	V45	213	00:06:16	7745

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
7962	5152	Ivone Pereira	00:37:30	01:17:48	01:16:20	7980		Senior	616	00:06:38	7981
7963	9660	Joao Dedeiras	00:37:32	01:17:48	01:16:33	7987		Senior	1481	00:05:35	6856
7964	9662	Lajos Nikell	00:37:32	01:17:49	01:16:34	7990		V45	813	00:05:36	6891
7965	5084	Margarida Alves	00:36:35	01:17:50	01:17:34	8036		Senior	617	00:06:59	8115
7966	1807	Nuno Hilario	00:38:25	01:17:51	01:15:47	7965	Movimento	V35	1356	00:06:43	8012
7967	8315	Margarida Godinho	00:45:20	01:17:51	01:08:13	7326		Senior	618	00:05:23	6456
7968	7973	Carla Galhano	00:42:19	01:17:52	01:17:48	8048		V40	332	00:05:43	7075
7969	632	Nuno Vaz	00:40:28	01:17:53	01:12:09	7726	Falcões Selvagens	Senior	1482	00:06:10	7656
7970	6061	Marta Catarino	00:40:46	01:17:56	01:11:51	7700		Senior	619	00:06:17	7760
7971	8943	Alexandra Roque	00:37:08	01:17:59	01:17:14	8020	C. A. Amigos Parque da Paz	Junior	43	00:06:20	7795
7972	8944	João Roque	00:37:08	01:17:59	01:17:14	8023	C. A. Amigos Parque da Paz	V45	814	00:06:20	7798
7973	1120	Ana Coelho	00:37:08	01:18:00	01:17:26	8032	FOCASANAFADAS	V40	333	00:06:39	7985
7974	3345	Carolina Ladeiras	00:35:04	01:18:01	01:18:00	8059	Bombeiros Voluntários de Montemor-o-Novo	V45	214	00:06:33	7936
7975	3344	Susana Curto	00:35:03	01:18:01	01:17:59	8056	Bombeiros Voluntários de Montemor-o-Novo	Senior	620	00:06:33	7934
7976	9136	João Reis	00:37:44	01:18:02	01:16:05	7974		V55	299	00:06:24	7849
7977	6005	Luís Lopes	00:38:41	01:18:02	01:12:42	7761		V35	1357	00:07:04	8152
7978	6543	Angela Rodrigues	00:34:58	01:18:04	01:18:00	8058		V50	100	00:06:59	8120
7979	3271	Ana Pereira	00:43:39	01:18:08	01:07:20	7212	Monkey boys	V35	452	00:05:27	6601
7980	3270	Mario Pereira	00:43:39	01:18:11	01:08:22	7344	Monkey boys	V40	1256	00:05:30	6719



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7981	8285	Vera Manuel	00:41:57	01:18:13	01:16:19	7979	PowerBoost Club	V35	453	00:06:05	7581
7982	7082	Maria Vilhena	00:38:15	01:18:14	01:16:33	7988	INDEG-ISCTE	V40	334	00:06:41	7995
7983	7126	Maria Martins	00:38:15	01:18:14	01:16:34	7991	INDEG-ISCTE	V45	215	00:06:42	8000
7984	4466	Maria Sequeira	00:39:01	01:18:16	01:16:58	8008	CLUBE MILLENNIUM BCP	V65	6	00:06:53	8085
7985	3529	Antónia Machado	00:36:43	01:18:16	01:17:30	8034		V60	23	00:07:15	8222
7986	6510	Pedro Mota	00:37:38	01:18:17	01:17:10	8014		Senior	1483	00:07:33	8273
7987	6485	Patricia Martins	00:37:38	01:18:17	01:17:10	8013		Senior	621	00:07:34	8279
7988	4500	Vítor Nogueira	00:38:13	01:18:18	01:17:39	8041	Caracóis Velozes	V40	1257	00:07:00	8127
7989	10335	Estafeta Spem	00:36:11	01:18:20	01:16:57	8006	SPEM	Senior	1484	00:08:13	8370
7990	3990	Mário Sobral	00:40:15	01:18:20	01:16:58	8009		V40	1258	00:05:28	6657
7991	8471	Sofia Gomes	00:35:54	01:18:21	01:17:47	8047		Senior	622	00:06:13	7712
7992	6854	Birgit Casquinho	00:38:56	01:18:23	01:17:20	8028	Clube do Stress	V45	216	00:06:19	7791
7993	6853	Pedro Casquinho	00:38:55	01:18:25	01:17:22	8031	Clube do Stress	V50	495	00:06:21	7813
7994	9189	Sergio Rodelo	00:36:53	01:18:26	01:17:07	8012		V45	815	00:06:16	7746
7995	7833	Jose Soares	00:37:56	01:18:27	01:17:53	8053		V50	496	00:07:07	8168
7996	7850	Aurora Correia	00:37:09	01:18:27	01:18:00	8060		V40	335	00:06:40	7986
7997	9516	Maria Anselmo	00:36:22	01:18:27	01:17:57	8054		V45	217	00:06:46	8035
7998	8340	Joaquim Ferreira	00:38:26	01:18:29	01:16:30	7986	Pernocas DAço	V60	176	00:06:53	8080
7999	8857	Pedro Neves	00:38:51	01:18:30	01:17:03	8011		V50	497	00:06:06	7600



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CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8000	9494	Luisa Penela	00:37:15	01:18:31	01:17:46	8046		V35	454	00:06:50	8058
8001	9698	Helena Magalhaes	00:38:18	01:18:33	01:18:09	8066	Runners do Travesseiro	V35	455	00:06:22	7825
8002	6175	Rosário Rodrigues	00:36:54	01:18:33	01:17:14	8021	RunLovers	V45	218	00:06:11	7669
8003	5107	Raquel Silva	00:37:52	01:18:38	01:16:26	7984		V35	456	00:07:41	8308
8004	4257	Vanessa Capella	00:38:33	01:18:39	01:17:15	8025	Branças de Neve e os Sacanões	Senior	623	00:06:23	7828
8005	4940	Rosa Paulo	00:38:09	01:18:40	01:18:33	8080	ODEBRECHT PORTUGAL	V55	41	00:06:16	7754
8006	8209	Ana Viegas	00:37:39	01:18:40	01:17:44	8045		V45	219	00:06:57	8106
8007	628	Carla Magalhães	00:37:26	01:18:41	01:17:49	8049		Senior	624	00:06:11	7670
8008	5525	Arnaldo Graça	00:36:31	01:18:42	01:17:21	8029	Os Bufas	Senior	1485	00:07:47	8320
8009	5526	Rossana Casimiro	00:36:31	01:18:42	01:17:22	8030	Os Bufas	Senior	625	00:07:48	8323
8010	1763	Dinis Melro	00:37:45	01:18:42	01:18:10	8067		V35	1358	00:07:08	8171
8011	4432	Maria Santos	00:37:32	01:18:45	01:18:18	8073	CLUBE MILLENNIUM BCP	V45	220	00:06:22	7819
8012	5313	José Carita	00:36:07	01:18:45	01:16:46	7997	CCD Sintrense	V55	300	00:07:18	8234
8013	6475	Jens Mahlow	00:38:24	01:18:46	01:16:29	7985		V45	816	00:06:17	7763
8014	8211	Jorge Silva	00:37:16	01:18:48	01:17:51	8050		V45	817	00:07:06	8163
8015	8210	João Cruz	00:37:16	01:18:49	01:17:51	8052		V45	818	00:07:06	8165
8016	1039	Joaquim Silva	00:41:03	01:18:50	01:13:14	7806		V40	1259	00:05:51	7261
8017	3989	Ana Pereira	00:40:15	01:18:51	01:17:29	8033		V40	336	00:05:59	7447
8018	9548	Carmen Nieto	00:41:17	01:18:51	01:18:41	8087		V40	337	00:05:43	7087



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
8019	4056	Valter Leandro	00:39:44	01:18:52	01:17:58	8055		V35	1359	00:06:21	7810
8020	2173	José João	00:37:33	01:18:55	01:18:45	8089	Os Galgos	V55	301	00:06:43	8014
8021	1282	Marialda Serra	00:37:02	01:18:55	01:17:35	8037		V65	7	00:06:17	7766
8022	2517	Isabel Caldeira	00:40:00	01:18:56	01:16:57	8004	GDC Fidelidade	V40	338	00:07:11	8195
8023	6197	Ana Branco	00:39:03	01:18:58	01:18:13	8068	já chegámos???	Senior	626	00:07:19	8239
8024	2679	Ana Alves	00:40:46	01:18:58	01:14:06	7874		V35	457	00:06:33	7937
8025	5688	Nuno Lucas	00:40:14	01:18:59	01:13:13	7804	Pernas de Gafanhoto	Senior	1486	00:08:05	8362
8026	6518	Hélio Marques	00:38:57	01:19:01	01:18:14	8070		Senior	1487	00:04:28	3544
8027	10428	André Ascensão	00:42:10	01:19:03	01:12:41	7760		Senior	1488	00:06:42	8003
8028	18	Andreia Pinto	00:40:44	01:19:06	01:13:38	7835		V35	458	00:06:26	7868
8029	5926	Pedro Jaime	00:43:11	01:19:06	01:08:56	7418	Ginja Team	V45	819	00:06:18	7771
8030	4017	João Rodrigues	00:43:54	01:19:06	01:09:23	7467		V40	1260	00:05:40	7011
8031	5988	Maria Tomé	00:38:40	01:19:08	01:16:44	7996	Total Gym	V40	339	00:06:17	7767
8032	7356	Rosely Franco	00:37:45	01:19:15	01:18:29	8077		V45	221	00:07:18	8236
8033	6359	Marco Silva	00:37:21	01:19:15	01:18:26	8076		V35	1360	00:06:39	7983
8034	6868	Patricia Fernandes	00:38:29	01:19:16	01:18:06	8061		V35	459	00:06:51	8062
8035	3008	Sofia Ribeiro	00:38:30	01:19:17	01:18:07	8063	Tarolas Team	Senior	627	00:06:51	8066
8036	3006	Joana Grais	00:38:30	01:19:17	01:18:07	8064	Tarolas Team	Senior	628	00:06:51	8067
8037	4661	Joaquim Mendes	00:37:56	01:19:19	01:19:16	8104		V65	89	00:06:42	8008

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8038	7520	Casimiro Cristo	00:34:36	01:19:20	01:18:30	8078		V60	177	00:09:11	8447
8039	4259	Maria Lima	00:38:33	01:19:23	01:17:59	8057	Branças de Neve e os Sacanões	Senior	629	00:07:01	8131
8040	3045	Marco Catarro	00:40:56	01:19:24	01:15:18	7937	Bombeiros Voluntários de Montemor-o-Novo	Senior	1489	00:05:14	6106
8041	1605	Elvira Jose	00:41:41	01:19:25	01:14:11	7883	Cut and Run	V35	460	00:05:35	6829
8042	4976	Afonso Pedroso	00:38:58	01:19:26	01:17:42	8043		Senior	1490	00:06:19	7792
8043	6938	Susana Guedelha	00:37:25	01:19:27	01:18:14	8071	CORREDORES RESINEIROS CORGAS	V55	42	00:07:56	8336
8044	1602	Ondina Teodoro	00:38:26	01:19:31	01:19:02	8099	Cut and Run	V35	461	00:07:14	8212
8045	1608	Pedro Fernandes	00:38:26	01:19:31	01:19:01	8098	Cut and Run	Senior	1491	00:07:14	8209
8046	1606	Rita Maria	00:38:27	01:19:31	01:19:01	8097	Cut and Run	V35	462	00:07:14	8216
8047	3515	Maria Silva	00:37:01	01:19:32	01:17:51	8051	Novos Trilhos	V55	43	00:07:36	8287
8048	2543	Andreia Palmeirao	00:40:13	01:19:33	01:18:21	8074		V35	463	00:06:38	7978
8049	5066	Ivy Silva	00:40:06	01:19:34	01:18:08	8065		Senior	630	00:07:12	8196
8050	6660	Afonso Rodrigues	00:45:22	01:19:34	01:18:13	8069		Senior	1492	00:05:30	6704
8051	6943	João Rodrigues	00:37:55	01:19:35	01:18:51	8091	Panquecas	V40	1261	00:07:03	8139
8052	1439	Maria Sousa	00:38:41	01:19:37	01:19:33	8111		V40	340	00:06:46	8034
8053	5566	Samuel Joaquim	00:37:22	01:19:39	01:19:00	8096		V60	178	00:07:00	8126
8054	8831	Nuno Santos	00:42:35	01:19:39	01:19:29	8109	EXICTOS Running Team	V35	1361	00:05:53	7306
8055	10582	Mónica Lopes	00:38:06	01:19:41	01:19:12	8103		V35	464	00:06:28	7897
8056	6143	José Barrinha	00:36:47	01:19:46	01:19:39	8116	VILA FRIA JG SEGUROS	V40	1262	00:07:45	8315



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8057	6144	Ana Rodrigues	00:36:48	01:19:47	01:19:40	8117	VILA FRIA JG SEGUROS	V45	222	00:07:47	8322
8058	1561	Paulo Artilheiro	00:38:05	01:19:50	01:17:32	8035	Turtles	V40	1263	00:05:28	6655
8059	5639	Teresa Aguiar	00:37:41	01:19:50	01:18:37	8085	TED Team	V40	341	00:09:28	8468
8060	1114	Paulo Viegas	00:42:59	01:19:50	01:13:36	7828		V40	1264	00:06:37	7968
8061	3392	Maria Pereira	00:37:31	01:19:51	01:19:48	8123		V45	223	00:07:56	8337
8062	2889	Romão Moita	00:37:30	01:19:51	01:19:37	8115		V50	498	00:07:56	8338
8063	7906	Graça Fernandes	00:37:11	01:19:51	01:19:26	8107		Senior	631	00:07:13	8203
8064	5819	Luis Matos	00:43:19	01:19:54	01:13:36	7832	GDCTIN Casa da Moeda	V45	820	00:05:09	5921
8065	2773	António Certã	00:44:46	01:19:55	01:10:12	7557	GDC Porto Sines	V45	821	00:05:52	7278
8066	6639	Marta Duque	00:38:35	01:19:56	01:19:44	8120		V35	465	00:06:51	8060
8067	6758	Ana Henriques	00:38:35	01:19:56	01:19:44	8118		V40	342	00:06:51	8061
8068	4606	Elizabete Serra	00:39:04	01:19:57	01:19:02	8100		V45	224	00:06:45	8026
8069	1557	Sandra Mortal	00:40:00	01:20:00	01:17:42	8042	Turtles	V40	343	00:05:38	6931
8070	1558	Vishal Gupta	00:40:00	01:20:01	01:17:42	8044	Turtles	V35	1362	00:05:40	7000
8071	1121	Manuela Padua	00:38:25	01:20:01	01:19:05	8101	FOCASANAFADAS	V40	344	00:08:22	8396
8072	7452	João Guerreiro	00:45:09	01:20:01	01:14:06	7876		Senior	1493	00:05:03	5627
8073	6766	Alexandra Gonçalves	00:38:02	01:20:01	01:19:49	8125	ACB Condomínios	V40	345	00:07:11	8191
8074	5070	Carolina Storch	00:39:01	01:20:02	01:18:46	8090		V35	466	00:06:43	8013
8075	1806	André Costa	00:40:35	01:20:03	01:18:37	8086		Senior	1494	00:05:58	7444



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8076	5927	Sofia Cardador	00:42:21	01:20:09	01:13:50	7853	Ginja Team	V40	346	00:05:54	7330
8077	8692	Francisco Jesus	00:38:17	01:20:09	01:19:33	8113		Senior	1495	00:07:31	8267
8078	8693	Maria Nunes	00:38:18	01:20:09	01:19:33	8112		Senior	632	00:07:31	8268
8079	7746	José Rodrigues	00:36:31	01:20:13	01:18:51	8092	Os Últimos	V40	1265	00:05:05	5681
8080	7263	Eduardo Costs	00:39:55	01:20:13	01:18:22	8075		V40	1266	00:06:09	7640
8081	10104	Alexandra Simões	00:40:45	01:20:13	01:14:35	7902		V40	347	00:06:16	7744
8082	9124	Ana Carrapato	00:40:46	01:20:14	01:19:25	8106		Senior	633	00:07:30	8266
8083	5741	Dora Moreira	00:37:54	01:20:16	01:20:03	8132		Senior	634	00:06:56	8105
8084	7214	Aníbal Ferreira	00:39:41	01:20:17	01:19:05	8102		V50	499	00:06:35	7954
8085	3292	Marília Freire	00:38:10	01:20:22	01:19:56	8128	Os Lobos	Senior	635	00:07:15	8218
8086	1685	Paulo Domingues	00:38:56	01:20:24	01:18:15	8072		V35	1363	00:06:07	7603
8087	7499	Marcelo Lobato	00:36:50	01:20:26	01:18:06	8062		V40	1267	00:08:38	8418
8088	1122	Andre Silva	00:40:33	01:20:27	01:14:45	7915	FOCASANAFADAS	V35	1364	00:06:43	8015
8089	7537	Ricardo Pereira	00:43:01	01:20:29	01:15:25	7948		V35	1365	00:06:13	7705
8090	4581	Dora Portugal	00:37:17	01:20:29	01:19:50	8126	Serviços Sociais Montepio Geral	V35	467	00:06:56	8104
8091	4966	Alda Oliveira	00:39:40	01:20:30	01:19:28	8108	G.D.C.T. REPSOL POLÍMEROS	V60	24	00:06:27	7886
8092	9027	Maria Vinagre	00:39:18	01:20:32	01:19:30	8110		V50	101	00:06:42	8007
8093	6580	Jaime Palma	00:39:06	01:20:35	01:20:18	8145		V70	30	00:06:36	7963
8094	4807	Inês Seixas	00:33:22	01:20:37	01:20:18	8146		Junior	44	00:09:16	8455



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8095	2566	Carlos Fernandes	00:37:20	01:20:38	01:18:53	8093	Clube ANACOM	V50	500	00:06:45	8029
8096	6769	Bruno Bento	00:36:33	01:20:38	01:20:26	8157	ACB Condomínios	V40	1268	00:07:24	8254
8097	6517	Catarina Baptista	00:38:57	01:20:41	01:19:53	8127		Senior	636	00:06:08	7627
8098	7381	Lucinda Henriques	00:38:08	01:20:44	01:20:19	8148		V65	8	00:06:48	8048
8099	5565	Ana Gois	00:37:47	01:20:47	01:20:17	8143		V40	348	00:07:08	8173
8100	6432	Alice José	00:37:56	01:20:49	01:20:31	8160	No Pain No Gain	V45	225	00:06:27	7885
8101	3866	Lourdes Bugalho	00:39:08	01:20:50	01:19:49	8124		V55	44	00:07:02	8136
8102	7751	Bruno Lopes	00:38:10	01:20:50	01:20:40	8163	BEIRA&LOPES	V35	1366	00:07:33	8276
8103	402	Teresa Rocha	00:36:50	01:20:51	01:20:32	8161		V35	468	00:07:50	8328
8104	1737	Rui Pinto	00:36:50	01:20:51	01:20:32	8162		V40	1269	00:07:50	8329
8105	897	António Rodrigues	00:38:48	01:20:52	01:19:47	8121	Cheetahs	V50	501	00:06:54	8091
8106	6109	Vitor Silveira	00:40:14	01:20:53	01:18:33	8084	Silveira Family	V40	1270	00:05:46	7164
8107	6110	Olga Canudo	00:40:14	01:20:53	01:18:33	8083	Silveira Family	V40	349	00:05:46	7162
8108	8928	Augusto Martins	00:40:14	01:20:54	01:19:35	8114		V65	90	00:04:43	4481
8109	6007	Catarina Saraiva	00:38:41	01:20:54	01:19:20	8105		V40	350	00:07:13	8204
8110	8498	Francisco Feliciano	00:41:08	01:20:57	01:20:18	8144		V40	1271	00:07:36	8285
8111	8828	Paula Duarte	00:44:13	01:20:58	01:20:45	8165	EXICTOS Running Team	Senior	637	00:06:08	7628
8112	7104	Sílvia Crescido	00:38:42	01:20:59	01:18:33	8082	INDEG-ISCTE	Senior	638	00:05:53	7302
8113	7098	Rogério Garcia	00:38:40	01:20:59	01:18:33	8081	INDEG-ISCTE	V45	822	00:05:53	7299



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8114	10300	José Maciel	00:38:47	01:21:02	01:20:14	8140		V35	1367	00:07:14	8217
8115	5923	Paula Carrelo	00:38:48	01:21:03	01:20:15	8141		V55	45	00:07:15	8221
8116	9485	Ana Ribeiro	00:40:20	01:21:06	01:19:48	8122		V45	226	00:06:34	7945
8117	9465	Sofia Marques	00:39:11	01:21:09	01:19:56	8129		V40	351	00:06:57	8108
8118	2237	Margarete Cruz	00:36:04	01:21:09	01:21:04	8175	Panela Mágica	V35	469	00:08:20	8393
8119	7676	Marta Pinto	00:37:54	01:21:10	01:20:57	8171		Senior	639	00:06:27	7880
8120	7792	Lara Fernandes	00:37:54	01:21:10	01:20:57	8172		Senior	640	00:06:27	7883
8121	1620	João Nêu	00:38:53	01:21:11	01:19:44	8119	O Coelho é um franganote!	V45	823	00:07:27	8259
8122	9254	Antonio Reis	00:39:22	01:21:11	01:19:58	8131		V35	1368	00:07:44	8313
8123	4741	Maria Rosa	00:40:23	01:21:13	01:20:22	8153	Loureiros	V45	227	00:06:41	7994
8124	10544	Susana Rebocho	00:37:33	01:21:13	01:19:56	8130		Senior	641	00:07:14	8211
8125	1919	Carla Leitão	00:43:16	01:21:13	01:15:07	7932	Clube Atletismo Amigos de Belém	V35	470	00:06:16	7742
8126	1913	Rui Varela	00:43:15	01:21:14	01:15:07	7931	Clube Atletismo Amigos de Belém	V50	502	00:06:15	7727
8127	3360	Rui Tavares	00:39:10	01:21:14	01:20:15	8142		Senior	1496	00:07:13	8205
8128	5843	Tânia Jesus	00:38:18	01:21:16	01:20:40	8164		Senior	642	00:06:44	8023
8129	7403	Paula Fernandes	00:40:12	01:21:17	01:15:24	7947	Clube Vodafone	V35	471	00:06:13	7708
8130	1761	Francisco Silva	00:39:48	01:21:17	01:18:58	8095	Somust	V40	1272	00:07:13	8206
8131	1434	Miguel San-Payo	00:40:25	01:21:18	01:20:04	8133		V50	503	00:06:59	8119
8132	1433	Luisa Bastos	00:40:25	01:21:18	01:20:04	8134		V50	102	00:06:59	8117



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8133	9188	Isabel Bargão	00:39:36	01:21:19	01:21:15	8179		V60	25	00:06:06	7594
8134	4334	Angela Horta	00:40:38	01:21:20	01:21:14	8178	CLUBE MILLENNIUM BCP	V45	228	00:07:22	8248
8135	10543	Ricardo Saraiva	00:40:00	01:21:21	01:20:25	8155		V35	1369	00:06:15	7729
8136	10542	Julia Saraiva	00:39:59	01:21:21	01:20:26	8156		V35	472	00:06:15	7735
8137	9472	Paula Leitão	00:40:21	01:21:22	01:20:05	8135		V40	352	00:06:49	8053
8138	9641	Pedro Palmeiro	00:40:50	01:21:22	01:20:28	8158	InvestQuest, SA.	Senior	1497	00:06:32	7925
8139	4915	Rodrigo Pinto	00:38:14	01:21:23	01:20:22	8151		V40	1273	00:09:20	8458
8140	4916	Patricia Pinto	00:38:14	01:21:23	01:20:23	8154		V40	353	00:09:20	8459
8141	8359	Joana Guedes	00:39:24	01:21:30	01:21:01	8174		Senior	643	00:06:53	8088
8142	10466	Paula Diogo	00:38:38	01:21:36	01:21:19	8183		V40	354	00:06:52	8073
8143	505	Pedro Mesquita	00:46:12	01:21:37	01:21:27	8193		Senior	1498	00:05:10	5945
8144	5937	Carlos Esteves	00:38:34	01:21:39	01:20:59	8173		V45	824	00:08:51	8433
8145	7758	Margarida Russiano	00:39:27	01:21:39	01:20:19	8147		Senior	644	00:07:23	8251
8146	5547	Joaquim Furtado	00:39:42	01:21:40	01:20:13	8138		V65	91	00:07:03	8140
8147	3289	Luis Alves	00:41:25	01:21:43	01:21:18	8181	GA Monsanto Gascan	V50	504	00:07:37	8289
8148	6576	Maria Piedade	00:39:04	01:21:44	01:21:20	8185		V35	473	00:07:06	8164
8149	5065	Maristela Traesel	00:40:06	01:21:47	01:20:21	8150		V55	46	00:07:18	8233
8150	6946	Maria Antónia	00:39:36	01:21:49	01:20:22	8152	Road Runners	V65	9	00:05:58	7441
8151	3090	Sandra Frazão	00:39:35	01:21:51	01:21:20	8186	CCD Crédito Agrícola Mútuo	V40	355	00:06:25	7865



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8152	5685	Rita Silva	00:43:14	01:21:57	01:15:46	7962	Tintol e Tramoços	Senior	645	00:05:51	7263
8153	6822	Elisabete Alexandre	00:42:30	01:21:57	01:20:48	8167		V40	356	00:05:46	7156
8154	6728	Fernando Coelho	00:38:04	01:21:57	01:21:39	8205		V45	825	00:07:37	8296
8155	9565	Vera Santos	00:39:46	01:21:59	01:21:22	8188	SPEM	V45	229	00:06:58	8111
8156	9106	Rui Branco	00:41:05	01:22:01	01:21:34	8198		V35	1370	00:04:57	5289
8157	5951	Beatriz Canellas	00:40:36	01:22:03	01:17:11	8017		Junior	45	00:06:05	7571
8158	5856	Catarina Ameixial	00:38:05	01:22:07	01:21:39	8203		V40	357	00:08:13	8375
8159	2723	Rita Neves	00:38:05	01:22:07	01:20:55	8169		Senior	646	00:08:13	8374
8160	1331	Francisco Bernardo	00:38:05	01:22:07	01:20:55	8170		V35	1371	00:08:13	8372
8161	3136	Ricardo Mateus	00:41:47	01:22:12	01:16:07	7976	BIVAC IBERICA	V35	1372	00:06:25	7861
8162	4361	Carla Machado	00:41:51	01:22:13	01:21:24	8189	CLUBE MILLENNIUM BCP	V35	474	00:06:54	8095
8163	4353	Marina Ferreira	00:41:51	01:22:13	01:21:24	8192	CLUBE MILLENNIUM BCP	V40	358	00:06:53	8086
8164	4352	Vasco Ferreira	00:41:51	01:22:14	01:21:24	8190	CLUBE MILLENNIUM BCP	V45	826	00:06:55	8099
8165	5427	Rui Afonso	00:38:51	01:22:20	01:21:38	8201		V40	1274	00:07:30	8265
8166	5428	Carla Afonso	00:38:51	01:22:20	01:21:38	8200		V40	359	00:07:30	8264
8167	6785	Sónia Andrade	00:40:20	01:22:26	01:21:53	8209	Em Agosto saí do sofa	V35	475	00:07:12	8197
8168	7597	Susaninha Gomes	00:40:21	01:22:26	01:21:53	8208		V35	476	00:07:12	8200
8169	9819	Eduardo Cunha	00:40:19	01:22:29	01:22:25	8226		V45	827	00:07:08	8176
8170	4686	Nelson Soares	00:41:20	01:22:29	01:16:56	8002		V35	1373	00:07:20	8242



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<i>Class.</i>	<i>Dorsal</i>	<i>Aleata</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8171	1652	Raquel Alecrim	00:39:45	01:22:32	01:21:18	8182	SAPATISTAS	Senior	647	00:08:29	8409
8172	1649	Leontina Cruz	00:39:45	01:22:33	01:21:20	8184	SAPATISTAS	V40	360	00:07:27	8256
8173	7079	Luisa Madeira	00:40:26	01:22:35	01:20:10	8136	INDEG-ISCTE	V35	477	00:06:20	7797
8174	3174	Alexandra Mateus	00:38:54	01:22:35	01:21:56	8210		Senior	648	00:06:41	7992
8175	10598	Maria Silva	00:40:39	01:22:35	01:21:24	8191		V50	103	00:06:59	8116
8176	7049	Eduardo Madeira	00:40:26	01:22:37	01:20:12	8137	INDEG-ISCTE	V35	1374	00:06:22	7823
8177	4476	Maria Quaresma	00:39:52	01:22:39	01:21:09	8176	Quaresmas	Senior	649	00:08:28	8406
8178	4475	Paulo Quaresma	00:39:52	01:22:39	01:21:09	8177	Quaresmas	V45	828	00:08:28	8405
8179	3805	Mónica Santos	00:39:28	01:22:41	01:20:53	8168	KUALITY KONTAS	Senior	650	00:08:45	8427
8180	1169	Ana Dionisio	00:39:05	01:22:44	01:22:18	8223	trancoseiros	V45	230	00:06:51	8059
8181	1487	Fernando Marques	00:41:51	01:22:45	01:17:16	8026	MultiRunners	V45	829	00:06:23	7834
8182	2972	Wânia Campos	00:39:39	01:22:46	01:22:43	8234		Senior	651	00:07:48	8324
8183	4411	Felicidade Assane	00:40:13	01:22:47	01:22:16	8221	CLUBE MILLENNIUM BCP	V55	47	00:06:36	7960
8184	8887	Sara Carvalho	00:40:57	01:22:50	01:21:39	8202	BIVAC IBERICA	V40	361	00:06:34	7946
8185	8889	Luis Lopes	00:40:57	01:22:51	01:21:39	8204	BIVAC IBERICA	V60	179	00:06:35	7950
8186	4362	Helder Machado	00:40:17	01:22:57	01:22:37	8231	CLUBE MILLENNIUM BCP	V35	1375	00:07:16	8226
8187	5475	Maria Azevedo	00:40:22	01:22:59	01:22:03	8215		V55	48	00:07:57	8341
8188	5558	Victor Moita	00:40:19	01:22:59	01:22:04	8216		V60	180	00:07:57	8342
8189	8428	Patrícia Lourenço	00:40:39	01:23:01	01:22:08	8217		V35	478	00:06:26	7871



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8190	10526	João Pacheco	00:52:42	01:23:02	00:59:16	5562		Senior	1499	00:04:30	3692
8191	7942	Cristina Santos	00:39:09	01:23:03	01:21:44	8206	SS CGD	V45	231	00:06:36	7965
8192	1855	Luis Paris	00:39:09	01:23:03	01:21:58	8211	SS CGD	V45	830	00:06:37	7973
8193	416	José Carvalho	00:32:20	01:23:06	01:21:59	8212		V40	1275	00:23:54	8516
8194	2083	Artur Madeira	00:38:27	01:23:09	01:22:51	8240		V60	181	00:08:15	8381
8195	1123	Vânia Silva	00:40:20	01:23:10	01:22:35	8230	FOCASANAFADAS	V35	479	00:07:07	8167
8196	3925	Sara Pereira	00:45:01	01:23:11	01:16:47	7998	Cangurus	V35	480	00:06:09	7645
8197	3924	Pedro Pereira	00:45:02	01:23:11	01:16:47	7999	Cangurus	V35	1376	00:06:09	7633
8198	9392	Pedro Raposo	00:40:27	01:23:15	01:22:27	8228	Urban Trail Samora Correia	V35	1377	00:06:30	7914
8199	5268	Patricia Santo	00:41:14	01:23:18	01:22:02	8214		V35	481	00:07:13	8207
8200	1756	Marcia Rodrigues	00:40:47	01:23:20	01:22:40	8233		Senior	652	00:07:15	8224
8201	240	Isabel Machado	00:39:20	01:23:27	01:22:48	8237		V40	362	00:07:03	8143
8202	4578	Rui Cabral	00:39:19	01:23:27	01:22:47	8235		V45	831	00:07:03	8141
8203	1934	Olga Maia	00:40:24	01:23:32	01:23:30	8250		V50	104	00:07:38	8299
8204	193	José Gaspar	00:37:31	01:23:33	01:23:06	8244	MASSAMÁ RUN	V50	505	00:08:14	8380
8205	3140	Teresa Sousa	00:39:45	01:23:37	01:22:24	8224	BIVAC IBERICA	V40	363	00:08:43	8422
8206	3139	Rui Ferreira	00:39:45	01:23:38	01:22:25	8225	BIVAC IBERICA	V40	1276	00:08:44	8424
8207	7951	José Rodrigues	00:40:04	01:23:42	01:22:51	8239	SS CGD	V45	832	00:06:23	7839
8208	3626	Isabel Silva	00:41:48	01:23:44	01:21:37	8199		V40	364	00:06:42	8005



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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão	Tempo Ult. KM	Class. Ult. KM
8209	3531	Monica Santos	00:40:53	01:23:44	01:22:39	8232		V40	365	00:06:35	7952
8210	6433	Nelson Florentino	00:37:54	01:23:45	01:23:08	8245	No Pain No Gain	V35	1378	00:07:04	8150
8211	9162	Vítor Nunes	00:39:28	01:23:48	01:21:21	8187		V35	1379	00:07:03	8142
8212	9122	Rita Abel	00:40:59	01:23:50	01:22:49	8238		V35	482	00:07:05	8154
8213	3448	Fernando Santos	00:45:16	01:23:50	01:14:34	7901	GD Banco BPI	V50	506	00:08:25	8397
8214	5653	Rita Joaquim	00:39:20	01:24:02	01:23:22	8248		Senior	653	00:07:49	8326
8215	1125	Tatiana Silva	00:40:20	01:24:15	01:23:41	8256	FOCASANAFADAS	V35	483	00:07:42	8309
8216	3700	Andreia Vilhena	00:40:58	01:24:16	01:23:39	8253		Senior	654	00:06:52	8075
8217	1185	Nuno Almeida	00:41:02	01:24:20	01:23:35	8252		V35	1380	00:07:33	8271
8218	1187	Claudia Faria	00:41:02	01:24:20	01:23:34	8251		V35	484	00:07:33	8270
8219	2971	Clarissa Soares	00:39:39	01:24:22	01:24:19	8273		V35	485	00:08:34	8414
8220	9684	Rita Lima	00:40:34	01:24:23	01:22:26	8227	PowerBoost Club	Senior	655	00:07:58	8349
8221	1616	Patrícia Domingues	00:40:38	01:24:24	01:22:56	8241	O Coelho é um franganote!	V40	366	00:06:52	8071
8222	6053	Carlos Ouro	00:43:28	01:24:27	01:24:00	8266	GD Cimpor & Amigos	V45	833	00:06:30	7917
8223	7299	Manuel Ferreira	00:43:11	01:24:27	01:23:49	8261		V75	8	00:06:49	8052
8224	7179	António Sequeira	00:48:37	01:24:31	01:14:40	7909		V40	1277	00:04:41	4349
8225	10291	Nuno Rodrigues	00:41:57	01:24:33	01:23:41	8255		V40	1278	00:05:39	6982
8226	8195	Iolanda José	00:40:37	01:24:34	01:24:10	8271		Senior	656	00:07:09	8183
8227	8170	Ana Machado	00:40:30	01:24:35	01:23:09	8246	BIP BIP	Senior	657	00:07:37	8290



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8228	9610	Victor Nascimento	00:41:57	01:24:35	01:23:43	8257		V40	1279	00:05:41	7013
8229	2796	Carla Duran	00:40:35	01:24:35	01:22:13	8219		V40	367	00:07:29	8263
8230	4223	Magda Lourenço	00:40:35	01:24:35	01:22:14	8220	4Sis	V40	368	00:07:28	8262
8231	9829	Ana Silva	00:39:37	01:24:37	01:24:37	8282		V55	49	00:06:52	8070
8232	6382	Alexandra Silva	00:41:12	01:24:37	01:23:59	8265		V40	369	00:06:44	8019
8233	3021	Carolina Santos	00:43:22	01:24:37	01:23:28	8249	Tarolas Team	Senior	658	00:04:39	4211
8234	8169	Teresa Alcântara	00:37:26	01:24:38	01:23:12	8247	BIP BIP	V50	105	00:07:41	8305
8235	3998	Jose Santos	00:43:45	01:24:39	01:22:30	8229		V40	1280	00:06:35	7951
8236	4495	Paulo Alves	00:42:17	01:24:43	01:22:57	8242		V35	1381	00:05:48	7207
8237	4496	Carla Alves	00:42:17	01:24:43	01:22:58	8243		V35	486	00:05:49	7230
8238	3318	Daniela Alves	00:40:05	01:24:46	01:24:07	8267		Senior	659	00:06:51	8065
8239	1497	Martinho Tojo	00:45:22	01:24:48	01:15:24	7946	amigosdacorrida.com	V55	302	00:06:23	7831
8240	8796	Natasha Carvalho	00:43:46	01:24:48	01:18:45	8088		Senior	660	00:06:44	8020
8241	6937	Hugo Crescido	00:42:31	01:24:48	01:18:32	8079		V35	1382	00:05:52	7288
8242	1350	Ana Nunes	00:40:05	01:24:48	01:24:08	8268		Senior	661	00:06:53	8087
8243	8797	Isabel Alvarez	00:39:16	01:24:48	01:22:48	8236		V65	10	00:07:37	8292
8244	5515	Ricardo Leal	00:43:58	01:24:52	01:18:56	8094	Georunners	V45	834	00:07:33	8274
8245	8800	Ana Lavado	00:41:09	01:24:54	01:24:19	8274		V35	487	00:07:04	8147
8246	8632	José Coelho	00:39:01	01:24:56	01:23:52	8262		V35	1383	00:07:24	8253



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8247	441	Teresa Gomes	00:41:09	01:24:57	01:24:29	8279	Gomes & Gois, Joalheiros	Junior	46	00:06:02	7502
8248	440	Claudia Paulino	00:41:10	01:24:57	01:24:29	8278	Gomes & Gois, Joalheiros	V35	488	00:06:02	7501
8249	7350	Tânia Nobre	00:40:23	01:25:02	01:23:53	8263		Senior	662	00:07:58	8347
8250	5296	Claudia Lourenço	00:40:31	01:25:02	01:23:44	8258		Senior	663	00:07:40	8304
8251	5297	Rui Ramos	00:40:31	01:25:03	01:23:45	8259		Senior	1500	00:07:41	8307
8252	1590	Ana Felix	00:40:44	01:25:07	01:23:47	8260		Senior	664	00:07:50	8327
8253	3487	Bruno Luis	00:41:54	01:25:09	01:25:02	8285		V35	1384	00:06:24	7844
8254	7926	Tiago Galhano	00:47:07	01:25:10	01:20:20	8149		Senior	1501	00:06:49	8051
8255	3277	Ana Cotovio	00:42:03	01:25:21	01:23:54	8264	Flashteam	Senior	665	00:07:36	8288
8256	4910	Ana Mesquita	00:41:56	01:25:24	01:24:25	8275		V40	370	00:07:34	8280
8257	4909	Claudia Barroso	00:41:56	01:25:24	01:24:26	8276		V40	371	00:07:33	8275
8258	10102	Gonçalo Alves	00:45:14	01:25:33	01:21:17	8180		Senior	1502	00:07:37	8293
8259	8291	Maria Freitas	00:44:13	01:25:42	01:23:40	8254	PowerBoost Club	Senior	666	00:06:08	7631
8260	488	Pedro Machado	00:45:08	01:25:47	01:16:34	7989		Senior	1503	00:06:28	7899
8261	3064	Ricardo Dias	00:43:34	01:25:49	01:20:14	8139		Senior	1504	00:07:16	8225
8262	2435	João Palmela	00:45:31	01:25:54	01:15:30	7952		V45	835	00:06:44	8024
8263	1721	Sónia Vicente	00:41:46	01:25:59	01:25:40	8297		V40	372	00:06:06	7598
8264	6794	Nuno Mourato	00:45:37	01:26:00	01:24:10	8269	Corre@Correr	V45	836	00:05:08	5829
8265	1474	Ana Lima	00:45:56	01:26:00	01:24:10	8270	Corre@Correr	Senior	667	00:05:08	5830

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<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8266	9108	Nelvia Mesias	00:41:11	01:26:15	01:25:48	8298		V35	1385	00:08:35	8415
8267	4823	Catarina Paço	00:42:14	01:26:15	01:25:20	8289	Saiam da freeeente!	V35	489	00:08:13	8371
8268	4822	Ana Martins	00:42:15	01:26:15	01:25:20	8290	Saiam da freeeente!	V35	490	00:08:09	8366
8269	8904	Mónica Maymone	00:39:43	01:26:28	01:26:18	8310		V40	373	00:07:35	8283
8270	8903	David Botelho	00:39:43	01:26:28	01:26:18	8311		V35	1386	00:07:39	8303
8271	6052	Antonio Francisco	00:42:26	01:26:28	01:26:02	8300	GD Cimpor & Amigos	V45	837	00:08:33	8413
8272	10305	Filipa Valério	00:39:43	01:26:28	01:26:18	8309		V35	491	00:07:35	8282
8273	3939	João Mimoso	00:43:36	01:26:31	01:26:04	8301	CCD TRANQUILIDADE	V40	1281	00:06:15	7728
8274	3940	Dália Mimoso	00:43:36	01:26:32	01:26:04	8302	CCD TRANQUILIDADE	V40	374	00:06:16	7740
8275	8321	Luis Roque	00:45:40	01:26:35	01:17:15	8024	C. A. Amigos Parque da Paz	V45	838	00:06:23	7829
8276	442	Sandra Gomes	00:41:09	01:26:35	01:26:07	8303	Gomes & Gois, Joalheiros	V40	375	00:07:37	8295
8277	895	Joana Serra	00:44:28	01:26:36	01:21:47	8207	Correr Lisboa	Senior	668	00:06:11	7681
8278	279	Ana Dias	00:42:32	01:26:37	01:26:12	8306		Senior	669	00:06:08	7624
8279	1134	Catarina Leal	00:42:59	01:26:39	01:24:44	8283	Clube do Stress	V45	232	00:07:11	8193
8280	1137	Mariana Almeida	00:43:00	01:26:39	01:24:44	8284	Clube do Stress	V35	492	00:07:11	8194
8281	1713	Nina Correira	00:41:39	01:26:40	01:25:14	8288		V40	376	00:08:26	8398
8282	1712	Nuno Júlio	00:41:38	01:26:40	01:25:14	8287		V40	1282	00:08:26	8399
8283	3659	Teresa Batista	00:41:59	01:26:41	01:25:20	8291	ESCT	V50	106	00:07:05	8155
8284	3655	Margarida Fonseca	00:41:59	01:26:41	01:25:21	8292	ESCT	V55	50	00:07:05	8156



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<i>Class.</i>	<i>Dorsal</i>	<i>Athleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8285	1105	Lurdes Santos	00:43:25	01:26:42	01:26:23	8314		Senior	670	00:08:19	8389
8286	1591	André Velez	00:42:57	01:26:42	01:20:46	8166		Senior	1505	00:08:14	8377
8287	8771	Ângela Alves	00:40:24	01:26:46	01:26:13	8308		V55	51	00:07:08	8174
8288	7295	Sandra Fernandes	00:42:25	01:26:49	01:26:32	8316	Tertulia da Julia	V35	493	00:06:52	8079
8289	7294	Marta Tomas	00:42:25	01:26:49	01:26:31	8315	Tertulia da Julia	V35	494	00:06:52	8078
8290	2776	Telmo Macarrão	00:44:32	01:26:55	01:16:57	8007	GDC Porto Sines	V35	1387	00:08:13	8373
8291	7288	Jorge Sobral	00:42:02	01:27:01	01:25:28	8293		V75	9	00:08:14	8379
8292	4021	Vera Machado	00:40:04	01:27:03	01:25:37	8295	Tartarugas Solidárias	Senior	671	00:07:17	8228
8293	4020	Carla Rogerio	00:40:05	01:27:04	01:25:39	8296	Tartarugas Solidárias	Senior	672	00:07:18	8235
8294	10301	Carla Ortiz	00:40:52	01:27:13	01:26:11	8305	EXICTOS Running Team	Senior	673	00:07:27	8260
8295	8825	Sofia Schiappa	00:40:53	01:27:13	01:26:10	8304	EXICTOS Running Team	Senior	674	00:07:27	8258
8296	2353	Helena Pinto	00:45:09	01:27:20	01:21:28	8195		V35	495	00:06:59	8123
8297	5025	Sara Leitão	00:45:09	01:27:20	01:21:29	8196		V35	496	00:06:59	8122
8298	2261	Ana Nunes	00:45:23	01:27:20	01:21:28	8194		V35	497	00:06:54	8092
8299	9710	João Marquez	00:44:25	01:27:22	01:25:58	8299		V45	839	00:06:36	7964
8300	20	Susana Bénard	00:41:55	01:27:28	01:27:21	8336		V40	377	00:07:38	8297
8301	6030	Lilia Mota	00:42:24	01:27:31	01:26:13	8307	FunFriends4Run	Senior	675	00:08:07	8364
8302	3161	Leonor Almeida	00:44:30	01:27:32	01:26:19	8312	GINÁSIO ATIVAS	Senior	676	00:06:28	7896
8303	8557	Carolina Coimbra	00:44:13	01:27:35	01:26:33	8317	EXICTOS Running Team	Senior	677	00:07:05	8157



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8304	9157	Rita Picarra	00:42:39	01:27:37	01:27:23	8337		V35	498	00:07:37	8291
8305	10313	Monica Pinheiro	00:44:48	01:27:37	01:22:17	8222		V35	499	00:06:26	7876
8306	3009	Mafalda Faria	00:42:33	01:27:43	01:26:35	8318	Tarolas Team	Senior	678	00:07:10	8188
8307	8983	Júlia Santos	00:42:18	01:27:46	01:27:00	8328		V45	233	00:07:56	8335
8308	8979	José Santos	00:42:18	01:27:46	01:27:00	8327		V45	840	00:07:56	8340
8309	6876	Hugo Pinto	00:45:26	01:27:48	01:22:09	8218		Senior	1506	00:06:27	7889
8310	6483	Ana Mendes	00:35:50	01:27:52	01:26:54	8324		V40	378	00:15:59	8514
8311	7863	Ana Gonçalves	01:00:26	01:27:53	00:43:52	899		Senior	679	00:04:33	3880
8312	7351	Ana Ramalhete	00:41:41	01:27:53	01:26:39	8322		Senior	680	00:08:44	8423
8313	2161	Paula Fonseca	00:43:36	01:27:53	01:27:02	8329	Açoreana Clube Banif	V50	107	00:07:06	8161
8314	7352	Paula Ramalhete	00:41:41	01:27:54	01:26:39	8323		V35	500	00:08:45	8426
8315	8212	Susana Viegas	00:42:09	01:27:54	01:26:58	8326		V40	379	00:08:35	8416
8316	3716	Patricia Filipe	00:43:20	01:27:57	01:26:38	8320		Junior	47	00:07:09	8180
8317	3715	Zulmira Filipe	00:43:20	01:27:57	01:26:38	8321		V45	234	00:07:09	8177
8318	8823	Luis Carlos	00:41:21	01:28:02	01:27:58	8342	EXICTOS Running Team	V45	841	00:07:04	8148
8319	8555	Cristina Carlos	00:41:21	01:28:03	01:27:59	8343	EXICTOS Running Team	V45	235	00:07:05	8158
8320	6243	Tânia Santo	00:46:01	01:28:05	01:22:02	8213		V40	380	00:07:12	8201
8321	2190	Vitor Lobo	00:43:07	01:28:07	01:27:14	8332	Açoreana Clube Banif	V40	1283	00:06:37	7967
8322	2137	Cristina Carvalho	00:43:07	01:28:07	01:27:15	8333	Açoreana Clube Banif	V50	108	00:06:36	7956



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8323	3269	Mario Marques	00:48:01	01:28:11	01:17:39	8040	Monkey boys	V35	1388	00:06:24	7845
8324	8833	Carla Almeida	00:44:13	01:28:21	01:28:08	8345	EXICTOS Running Team	Senior	681	00:06:36	7961
8325	1728	Joana Fragoso	00:42:58	01:28:34	01:27:18	8335		Senior	682	00:07:45	8317
8326	1727	João Quarenta	00:42:56	01:28:34	01:27:18	8334		V35	1389	00:07:45	8316
8327	3723	Tânia Costa	00:44:46	01:28:35	01:27:11	8331		Senior	683	00:08:04	8359
8328	5782	Marta Feio	00:44:08	01:28:41	01:28:08	8344	4 ao Km	Senior	684	00:07:10	8187
8329	8799	Vitor Frango	00:44:59	01:28:43	01:24:18	8272		V40	1284	00:07:03	8144
8330	6178	Pedro Silva	00:48:50	01:28:50	01:27:51	8341	Fenix	V35	1390	00:06:27	7879
8331	8895	Carlos André	00:42:05	01:28:50	01:28:30	8349		V50	507	00:07:28	8261
8332	9709	Norberto Barroso	00:44:19	01:28:51	01:27:27	8338		Senior	1507	00:08:05	8363
8333	3019	Vitor Santos	00:43:22	01:28:53	01:27:44	8340	Tarolas Team	V50	508	00:08:19	8391
8334	9737	Cristina Fernandes	00:44:30	01:28:55	01:26:58	8325		Senior	685	00:06:57	8107
8335	8294	Sofia Nunes	00:43:11	01:29:04	01:27:10	8330	PowerBoost Club	Senior	686	00:07:56	8339
8336	4469	Maria Lourenco	00:41:02	01:29:07	01:28:27	8348	CLUBE MILLENNIUM BCP	V45	236	00:08:10	8367
8337	7475	Rui Soares	00:31:04	01:29:10	01:11:47	7695		V40	1285	00:44:11	8517
8338	6661	Margarida Alves	00:45:23	01:29:34	01:28:14	8346		Senior	687	00:07:20	8243
8339	4626	Carla Mendes	00:43:31	01:29:34	01:29:30	8359		Senior	688	00:07:19	8240
8340	9476	Maria Gouveia	00:44:35	01:29:43	01:29:37	8363	Agenda Desportiva	V45	237	00:06:47	8039
8341	8049	Inês Pequeno	00:44:35	01:29:43	01:29:37	8362	Agenda Desportiva	V40	381	00:06:47	8040



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8342	9253	Mónica Oliveira	00:42:35	01:29:48	01:28:44	8351		V35	501	00:08:00	8352
8343	8506	Tânia Dias	00:44:59	01:29:50	01:28:42	8350	Chitas de Alcobaça	Senior	689	00:06:29	7906
8344	1186	Maria Carvalho	00:43:51	01:29:58	01:29:12	8358		V65	11	00:08:09	8365
8345	8505	Susana Serrano	00:44:59	01:29:58	01:28:49	8352	Chitas de Alcobaça	V45	238	00:06:37	7971
8346	9165	Cecilia Parrilha	00:44:59	01:29:59	01:28:50	8353	Chitas de Alcobaça	V45	239	00:06:37	7969
8347	6887	Sandra Oliveira	00:44:56	01:30:03	01:28:54	8354		V40	382	00:06:18	7770
8348	6179	Lígia Santos	00:48:52	01:30:07	01:29:10	8356	Fenix	V35	502	00:06:10	7659
8349	6886	Elsa Teixeira	00:44:57	01:30:07	01:28:58	8355		V35	503	00:06:22	7824
8350	6757	José Pinho	00:43:08	01:30:14	01:30:06	8367		V65	92	00:08:04	8358
8351	4114	Maria Lopes	00:43:06	01:30:16	01:29:34	8360		V35	504	00:07:31	8269
8352	6621	José Marques	00:44:49	01:30:27	01:29:36	8361		V65	93	00:08:18	8387
8353	5684	Cláudio Braga	00:47:03	01:30:31	01:20:31	8159	Tintol e Tramoços	V35	1391	00:10:03	8490
8354	7667	Joaquim Gonçalves	00:42:55	01:30:37	01:30:21	8372		V60	182	00:10:29	8501
8355	7622	Maria Trindade	00:34:04	01:30:39	01:30:23	8375		V45	240	00:11:05	8504
8356	5998	Maria Barata	00:47:09	01:30:42	01:29:11	8357		V50	109	00:07:21	8246
8357	1263	Catarina Rosa	00:42:38	01:30:52	01:30:00	8366		Senior	690	00:08:15	8382
8358	934	Pedro Gil	00:42:38	01:30:52	01:29:59	8365		Senior	1508	00:08:15	8383
8359	2322	Maria Mira	00:40:12	01:31:01	01:30:20	8370	Bombeiros Voluntários de Montemor-o-Novo	V40	383	00:09:15	8454
8360	2323	Susana Flamino	00:40:12	01:31:01	01:30:21	8371	Bombeiros Voluntários de Montemor-o-Novo	V40	384	00:09:22	8462



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8361	2324	Fátima Roque	00:40:13	01:31:01	01:30:19	8368	Bombeiros Voluntários de Montemor-o-Novo	V50	110	00:09:22	8463
8362	5011	Pedro C.C.Almeida	00:49:12	01:31:10	01:21:29	8197		V35	1392	00:06:55	8097
8363	10253	Mario Santiago	00:45:56	01:31:13	01:30:23	8373		V50	509	00:08:29	8410
8364	4751	Maria Damião	00:44:44	01:31:19	01:30:59	8381		V65	12	00:07:56	8334
8365	1859	Marília Pereira	00:43:41	01:31:34	01:25:14	8286	SS CGD	V55	52	00:08:51	8436
8366	8284	Maria Santos	00:43:49	01:31:34	01:30:27	8378		V55	53	00:07:37	8294
8367	8406	Cristina Couto	00:43:48	01:31:34	01:30:27	8379		V45	241	00:07:34	8278
8368	7651	Helena Matos	00:44:45	01:31:37	01:31:00	8382		V40	385	00:08:03	8357
8369	7585	Susana Camara	00:45:27	01:31:47	01:31:37	8391	AquaRunners	Senior	691	00:06:57	8109
8370	231	Sara Sousa	00:44:50	01:31:48	01:25:36	8294	Tartarugas Solidárias	V35	505	00:07:16	8227
8371	7414	Sandra Cristino	00:46:37	01:31:48	01:30:20	8369		V40	386	00:06:56	8103
8372	7586	Paulo Patricio	00:46:36	01:31:49	01:30:23	8374	AquaRunners	V40	1286	00:06:58	8114
8373	4155	Guiomar Rua	00:43:32	01:31:51	01:30:46	8380		V50	111	00:08:35	8417
8374	7979	Joaquim Valadares	00:47:05	01:31:53	01:29:55	8364	Turbo-Lento	V50	510	00:07:47	8321
8375	8541	Alice Nascimento	00:43:52	01:31:53	01:31:42	8392		V50	112	00:08:45	8425
8376	9609	Romeu Colaço	00:43:25	01:32:07	01:30:26	8376		V35	1393	00:07:14	8210
8377	9643	Fabiana Negri	00:43:26	01:32:07	01:30:26	8377		Senior	692	00:07:14	8208
8378	6079	Mónica Silva	00:46:36	01:32:11	01:31:26	8389		Senior	693	00:07:18	8232
8379	6885	Carla Jardim	00:45:12	01:32:25	01:31:16	8386		V40	387	00:08:21	8394



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<i>Class.</i>	<i>Dorsal</i>	<i>Alela</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8380	7127	Maria Franco	00:45:00	01:32:25	01:31:23	8387	INDEG-ISCTE	Senior	694	00:07:58	8348
8381	4809	Nuno Miranda	00:47:25	01:32:28	01:27:27	8339		V35	1394	00:07:42	8310
8382	3010	Hugo Rodrigues	00:47:19	01:32:30	01:26:36	8319	Tarolas Team	Senior	1509	00:07:11	8190
8383	931	Carlos Lopes	00:45:55	01:32:57	01:31:07	8384	Corre@Correr	V60	183	00:07:04	8145
8384	9629	Ana Antas	00:43:38	01:33:02	01:32:10	8395		Senior	695	00:09:21	8460
8385	2840	Miguel Quintanilha	00:50:59	01:33:09	01:24:29	8277	RunLovers	V35	1395	00:06:58	8113
8386	2848	Jose Dias	00:50:59	01:33:09	01:24:31	8280		V65	94	00:06:58	8112
8387	2411	Pedro Carvalho	00:50:57	01:33:09	01:24:31	8281	Correr Lisboa	V40	1287	00:06:59	8121
8388	6267	Sofia Courinha	00:43:51	01:33:12	01:32:37	8399		V35	506	00:08:51	8438
8389	6249	Sofia Freitas	00:43:52	01:33:12	01:32:36	8397		V35	507	00:08:51	8437
8390	1098	Maria Salles	00:47:14	01:33:19	01:31:46	8393		V55	54	00:08:16	8384
8391	6826	Claudia Fonseca	00:45:37	01:33:20	01:32:02	8394		Senior	696	00:08:46	8428
8392	4935	Ana Santos	00:44:38	01:33:22	01:33:16	8406	ODEBRECHT PORTUGAL	Senior	697	00:09:10	8446
8393	4937	Conceicao Santos	00:44:38	01:33:29	01:33:22	8407	ODEBRECHT PORTUGAL	V55	55	00:09:17	8456
8394	8303	Cristina Silva	00:47:51	01:33:30	01:31:29	8390	PowerBoost Club	Senior	698	00:07:13	8202
8395	9515	Andreia Costa	00:43:27	01:33:35	01:33:06	8404		Senior	699	00:09:44	8475
8396	3183	João Oliveira	00:45:24	01:33:35	01:33:23	8408		V55	303	00:08:11	8368
8397	10254	André Campos	00:44:46	01:33:36	01:32:54	8401	ermuschamorim	Senior	1510	00:05:14	6142
8398	10255	Ana Ribeiro	00:44:46	01:33:37	01:32:55	8402	ermuschamorim	Senior	700	00:07:33	8277



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8399	5720	Carlos Valente	00:47:19	01:33:37	01:28:14	8347		V40	1288	00:07:11	8192
8400	1676	Cláudia Rato	00:42:34	01:33:43	01:33:27	8409		Senior	701	00:07:17	8231
8401	498	Antonio Cardoso	00:47:18	01:33:53	01:32:22	8396		V45	842	00:09:12	8449
8402	1466	Rui Goes	00:49:22	01:34:06	01:33:05	8403	Os Marretas	V35	1396	00:04:41	4341
8403	4282	Ana Albuquerque	00:45:36	01:34:38	01:34:18	8413	CLUBE MILLENNIUM BCP	Senior	702	00:08:51	8435
8404	1099	Juliana Salles	00:47:48	01:34:40	01:33:07	8405		Senior	703	00:07:06	8162
8405	3159	Cristina Ferreira	00:49:37	01:34:46	01:33:31	8410	GINÁSIO ATIVAS	V45	242	00:07:02	8135
8406	3160	Irene Almeida	00:46:07	01:34:47	01:33:33	8411	GINÁSIO ATIVAS	Senior	704	00:07:21	8245
8407	1104	Angelo Ribeiro	00:52:01	01:35:19	01:26:23	8313		Senior	1511	00:08:19	8390
8408	2926	Manuel Ferreira	00:48:50	01:35:24	01:34:56	8421	Serviços Sociais Montepio Geral	V55	304	00:07:27	8257
8409	3335	Patrícia Malhão	00:50:10	01:35:29	01:34:45	8419	Bombeiros Voluntários de Montemor-o-Novo	Junior	48	00:07:04	8149
8410	1554	Patricia Santos	00:36:48	01:35:30	01:33:41	8412	NB Run	V40	388	00:18:32	8515
8411	2339	Helena Malhão	00:50:12	01:35:32	01:34:48	8420	Bombeiros Voluntários de Montemor-o-Novo	V35	508	00:07:04	8146
8412	3017	Neusa Anjos	00:46:47	01:35:37	01:34:27	8415	Tarolas Team	V35	509	00:09:35	8470
8413	4375	Marco Carrola	00:47:02	01:35:38	01:34:36	8416	CLUBE MILLENNIUM BCP	V35	1397	00:08:47	8429
8414	4286	Andreia Costa	00:47:02	01:35:39	01:34:36	8417	CLUBE MILLENNIUM BCP	V40	389	00:08:48	8430
8415	6180	Fátima Pacheco	00:48:52	01:35:43	01:34:44	8418	Fenix	V55	56	00:09:00	8440
8416	4720	Glória Silva	00:45:23	01:35:48	01:34:20	8414	Clube Ferroviário de Portugal	V60	26	00:08:21	8395
8417	4032	Pedro Lopes	00:47:17	01:36:01	01:35:10	8423		V35	1398	00:07:38	8300

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8418	4684	Ana Manhita	00:47:17	01:36:01	01:35:10	8422		V35	510	00:07:38	8301
8419	1462	Vanda Costa	00:46:51	01:36:12	01:35:21	8424		V40	390	00:08:14	8378
8420	7125	Luís Franco	00:48:49	01:36:15	01:31:23	8388	INDEG-ISCTE	Senior	1512	00:07:58	8351
8421	7711	Célia Gil	00:49:31	01:36:24	01:31:02	8383		V40	391	00:08:04	8360
8422	8458	Sofia Lopes	00:47:45	01:36:42	01:36:12	8433		V35	511	00:08:31	8412
8423	8459	Sonia Lopes	00:47:45	01:36:42	01:36:11	8432		V35	512	00:08:30	8411
8424	5064	Ana Frade	00:44:44	01:36:43	01:35:25	8425		Senior	705	00:09:49	8479
8425	1475	Sofia Silva	00:49:44	01:36:46	01:31:07	8385	Corre@Correr	V35	513	00:07:04	8151
8426	5224	Rosário Margarido	00:42:21	01:36:48	01:36:37	8436	RM/RO	V35	514	00:11:09	8505
8427	2325	Vitalina Arraiolos	00:48:38	01:36:53	01:36:16	8435	Bombeiros Voluntários de Montemor-o-Novo	V60	27	00:08:05	8361
8428	1843	Fatima Semedo	00:46:55	01:36:54	01:35:39	8426	SS CGD	V55	57	00:08:40	8419
8429	3164	Emília Antunes	00:46:08	01:37:24	01:36:09	8430	GINÁSIO ATIVAS	V50	113	00:09:40	8473
8430	3162	Mafalda Guimarães	00:49:38	01:37:24	01:36:09	8429	GINÁSIO ATIVAS	Senior	706	00:09:38	8471
8431	3163	Carla Cunha	00:46:06	01:37:26	01:36:10	8431	GINÁSIO ATIVAS	V40	392	00:09:43	8474
8432	3158	Brunna Luz	00:46:07	01:37:30	01:36:14	8434	GINÁSIO ATIVAS	Senior	707	00:09:59	8488
8433	3336	Jaime Peniche	00:50:10	01:37:30	01:36:45	8437	Bombeiros Voluntários de Montemor-o-Novo	V35	1399	00:08:41	8420
8434	2338	Cláudia Pombinho	00:50:09	01:37:31	01:36:45	8438	Bombeiros Voluntários de Montemor-o-Novo	V35	515	00:08:41	8421
8435	6158	Lurdes Pinto	00:48:38	01:37:58	01:32:37	8398		V45	243	00:08:52	8439
8436	8298	Marta Silva	00:45:31	01:38:03	01:36:05	8428	PowerBoost Club	Senior	708	00:10:46	8502

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8437	8277	Ana Martins	00:45:31	01:38:03	01:36:05	8427	PowerBoost Club	Senior	709	00:10:46	8503
8438	2327	Ezequiel Courelas	00:48:38	01:38:08	01:38:05	8444	Bombeiros Voluntários de Montemor-o-Novo	V65	95	00:09:19	8457
8439	8173	Ana Cruz	00:47:31	01:38:30	01:37:04	8439	BIP BIP	V45	244	00:07:09	8179
8440	1514	Manuela Ferreira	00:49:26	01:38:47	01:37:27	8441		Senior	710	00:08:01	8355
8441	8767	Luis Félix	00:49:26	01:38:47	01:37:25	8440		V50	511	00:08:01	8356
8442	1373	Fátima Ferreira	00:47:55	01:38:57	01:38:10	8445	Força da Natureza	V45	245	00:09:51	8480
8443	1764	José Ferreira	00:47:55	01:38:58	01:38:11	8448	Força da Natureza	V50	512	00:09:52	8482
8444	1372	Lurdes Videira	00:47:55	01:38:58	01:38:10	8446	Força da Natureza	V45	246	00:09:52	8481
8445	1371	José Videira	00:47:55	01:38:58	01:38:10	8447	Força da Natureza	V50	513	00:09:53	8484
8446	1467	Rita Cerqueira	00:49:21	01:39:00	01:38:01	8443	Os Marretas	V35	516	00:09:35	8469
8447	4175	Ana Serra	00:47:42	01:39:00	01:38:20	8454	CCD Loures - Correr para Viver +	V35	517	00:09:24	8465
8448	5863	Ana Barrosa	00:47:30	01:39:01	01:38:17	8449		Senior	711	00:08:28	8404
8449	5834	André Morais	00:47:30	01:39:01	01:38:17	8450		Senior	1513	00:08:27	8400
8450	4673	Catarina Lebre	00:49:26	01:39:01	01:38:17	8451		Senior	712	00:08:28	8407
8451	288	Cátia Mesquita	00:47:29	01:39:01	01:38:18	8452		Senior	713	00:08:27	8401
8452	387	Ana Camilo	00:49:26	01:39:01	01:38:18	8453		Senior	714	00:08:27	8402
8453	4251	Rodrigo Dias	00:50:01	01:39:05	01:37:41	8442	Branças de Neve e os Sacanões	Senior	1514	00:09:03	8443
8454	10296	Amílcar Morais	00:35:34	01:39:39	01:39:04	8457		V65	96	00:11:40	8508
8455	10295	Maria Loureiro	00:35:34	01:39:39	01:39:04	8458		V65	13	00:11:39	8507



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8456	9587	Liliana Hidalgo	00:46:29	01:40:02	01:38:33	8456		Senior	715	00:09:02	8442
8457	9586	Maria Carvalho	00:46:43	01:40:02	01:38:33	8455		V35	518	00:09:02	8441
8458	3339	Carlota Lobo	00:51:16	01:40:17	01:39:54	8466	Bombeiros Voluntários de Montemor-o-Novo	Junior	49	00:07:51	8330
8459	3338	Cláudia Lobo	00:51:16	01:40:17	01:39:54	8465	Bombeiros Voluntários de Montemor-o-Novo	V35	519	00:07:51	8331
8460	3341	Elsa Janeiro	00:50:35	01:40:18	01:39:56	8468	Bombeiros Voluntários de Montemor-o-Novo	V45	247	00:07:52	8332
8461	3343	Mariana Janeiro	00:50:35	01:40:18	01:39:56	8467	Bombeiros Voluntários de Montemor-o-Novo	Junior	50	00:07:52	8333
8462	9144	Sónia Silva	00:49:52	01:40:45	01:39:39	8462	Tarolas Team	Senior	716	00:09:58	8486
8463	3013	Pedro Fernandes	00:49:52	01:40:46	01:39:39	8463	Tarolas Team	Senior	1515	00:10:00	8489
8464	3014	Catarina Barata	00:49:51	01:40:46	01:39:40	8464	Tarolas Team	Senior	717	00:09:59	8487
8465	6050	Ana Gouveia	00:51:36	01:40:58	01:40:31	8471	GD Cimpor & Amigos	V50	114	00:08:50	8431
8466	3617	Lídia Aderneira	00:49:52	01:40:58	01:40:24	8469		V50	115	00:08:14	8376
8467	6054	Maria Ramalheira	00:51:36	01:40:58	01:40:30	8470	GD Cimpor & Amigos	V45	248	00:08:51	8434
8468	6194	Luciana Silva	00:50:17	01:41:17	01:40:43	8472	NUCLEO DESPORTIVO AUTOCOOPE	V70	2	00:08:51	8432
8469	8302	Natacha Dinis	00:48:07	01:41:22	01:39:20	8461	PowerBoost Club	V35	520	00:09:25	8466
8470	10531	Ana Sousa	00:52:17	01:41:52	01:41:38	8483		Junior	51	00:07:35	8284
8471	10530	Diogo Sousa	00:52:17	01:41:53	01:41:39	8484		Junior	150	00:07:38	8302
8472	2330	Maria Correia	00:51:31	01:41:57	01:41:09	8476	Bombeiros Voluntários de Montemor-o-Novo	V45	249	00:07:57	8343
8473	2332	Jorge Facas	00:51:12	01:41:57	01:41:13	8479	Bombeiros Voluntários de Montemor-o-Novo	Senior	1516	00:07:57	8344
8474	2334	Lília Espadinha	00:51:11	01:41:57	01:41:13	8480	Bombeiros Voluntários de Montemor-o-Novo	V35	521	00:07:57	8345



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8475	2329	Elisabete Vermelho	00:51:32	01:41:58	01:41:09	8477	Bombeiros Voluntários de Montemor-o-Novo	V50	116	00:07:58	8346
8476	2331	Eugénia Murteira	00:51:32	01:41:58	01:41:09	8478	Bombeiros Voluntários de Montemor-o-Novo	V45	250	00:07:58	8350
8477	3133	Teresa Borges	00:52:11	01:42:07	01:40:49	8475	BIVAC IBERICA	V40	393	00:08:00	8353
8478	8886	Cristina Martins	00:52:11	01:42:07	01:40:49	8474	BIVAC IBERICA	V45	251	00:08:00	8354
8479	4521	Raquel Beato	00:49:17	01:42:12	01:41:29	8481	Metropolis	Senior	718	00:08:28	8403
8480	4520	Gabriela Morais	00:49:18	01:42:13	01:41:30	8482	Metropolis	Senior	719	00:08:29	8408
8481	9072	António Saraiva	00:50:41	01:42:19	01:40:45	8473		V65	97	00:10:16	8500
8482	2337	Antonio Pombinho	00:51:55	01:42:24	01:41:41	8485	Bombeiros Voluntários de Montemor-o-Novo	V60	184	00:08:12	8369
8483	2340	Fátima Pombinho	00:51:55	01:42:29	01:41:45	8486	Bombeiros Voluntários de Montemor-o-Novo	V60	28	00:08:17	8386
8484	4422	Paula Sousa	00:52:17	01:42:37	01:42:23	8494	CLUBE MILLENNIUM BCP	V50	117	00:08:19	8392
8485	10532	Diana Nunes	00:52:17	01:42:37	01:42:23	8493		V35	522	00:08:19	8388
8486	10545	Susana Santos	00:49:27	01:43:00	01:42:18	8490		Senior	720	00:06:03	7543
8487	10546	Nuno Trindade	00:49:28	01:43:01	01:42:19	8491		Senior	1517	00:06:04	7553
8488	5721	Pedro Vale	00:52:10	01:43:01	01:32:47	8400		V35	1400	00:06:48	8045
8489	9313	Isabel Pinto	00:50:25	01:43:06	01:42:04	8487		V55	305	00:09:46	8476
8490	9314	Nelson Pinto	00:50:25	01:43:08	01:42:06	8489		V60	185	00:09:48	8477
8491	2312	Maria Parada	00:50:25	01:43:08	01:42:05	8488		V60	29	00:09:48	8478
8492	3093	Sandra Miranda	00:52:28	01:43:46	01:42:23	8495	CCD Loures - Correr para Viver +	V40	394	00:09:23	8464
8493	3098	Luisa Candeias	00:52:28	01:43:47	01:42:23	8492	CCD Loures - Correr para Viver +	V50	118	00:09:25	8467



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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>	<i>Tempo Ult. KM</i>	<i>Class. Ult. KM</i>
8494	7968	Sandra Santos	00:37:38	01:43:54	01:42:54	8498		V35	523	00:14:07	8512
8495	9637	Ana Oliveira	00:37:38	01:43:54	01:42:55	8499		V40	395	00:14:07	8511
8496	2138	Diogo Ferreira	00:50:33	01:44:13	01:39:18	8460	Açoreana Clube Banif	V40	1289	00:11:45	8510
8497	2160	Patricia Gaspar	00:50:32	01:44:13	01:39:17	8459	Açoreana Clube Banif	V40	396	00:11:42	8509
8498	1738	Inês Pinto	00:51:05	01:44:39	01:44:18	8503		Junior	52	00:09:06	8444
8499	322	Isabel Gonçalves	00:51:05	01:44:40	01:44:19	8504		V60	30	00:09:07	8445
8500	1127	Carlos Noronha	00:51:19	01:44:42	01:42:47	8496	Clube do Stress	V45	843	00:10:13	8497
8501	1126	Alexandra Cabeleira	00:51:19	01:44:42	01:42:47	8497	Clube do Stress	V35	524	00:10:13	8498
8502	532	Catarina Dias	00:53:22	01:45:01	01:44:37	8505		V40	397	00:09:22	8461
8503	6184	Luis Martins	00:52:53	01:45:01	01:44:09	8501	WALK4FUN	Junior	151	00:10:07	8493
8504	6183	Elsa Martins	00:52:53	01:45:02	01:44:09	8500	WALK4FUN	V40	398	00:10:07	8491
8505	6182	Sandra Duro	00:52:52	01:45:02	01:44:10	8502	WALK4FUN	V40	399	00:10:08	8496
8506	7818	Nádia Amado	00:54:20	01:45:13	01:44:46	8506		Senior	721	00:07:43	8311
8507	6542	Paulo Alves	00:54:11	01:45:13	01:45:12	8508		Senior	1518	00:07:43	8312
8508	9805	Marta Henriques	00:53:45	01:46:43	01:46:14	8509		V35	525	00:09:53	8483
8509	4705	Francisca Silva	00:53:29	01:46:51	01:46:23	8511	GD Cimpor & Amigos	Junior	53	00:10:07	8492
8510	6051	Ana Francisco	00:53:29	01:46:52	01:46:26	8513	GD Cimpor & Amigos	V45	252	00:10:08	8494
8511	4706	Helena Silva	00:53:29	01:46:52	01:46:24	8512	GD Cimpor & Amigos	V50	119	00:10:08	8495
8512	4530	Rui Tomás	00:52:59	01:47:07	01:46:26	8514	BRRnightRUNNERS - Barreiro	V35	1401	00:09:12	8448



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8513	4529	Bárbara Gomes	00:53:01	01:47:08	01:46:27	8515	BRRnightRUNNERS - Barreiro	V40	400	00:09:13	8453
8514	192	Cristina Alves	00:54:01	01:49:28	01:49:15	8517	MASSAMÁ RUN	V55	58	00:09:13	8451
8515	196	Sandra Teixeira	00:54:01	01:49:28	01:49:14	8516	MASSAMÁ RUN	V45	253	00:09:13	8452
8516	6973	Élia Granja	00:56:06	01:50:46	01:45:01	8507	Clube ANA Lisboa	V40	401	00:10:14	8499
8517	1559	Joana Mortal	00:59:28	01:51:53	01:46:21	8510	Turtles	Senior	722	00:09:12	8450