

## Classificação Geral e Escalão

## Trail Curto

5/10/2019

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P	Esc	Tempo	Diferença
1	25	Tiago Duarte	Atletismo Clube da Tocha	M	MS	1		01:10:36	00:00:00
2	35	Vitor Pleno	CPTSC Sobral Ceira	M	MS	2		01:10:54	00:00:18
3	166	Eduardo Moreira	A.R.Casaense/Escola de Atletismo de Coimbra/Interm	M	M40	1		01:11:46	00:01:10
4	141	Mário Teixeira	A.R.Casaense/Escola de Atletismo de Coimbra/Interm	M	M45	1		01:12:21	00:01:45
5	114	Ricardo Santos	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M	MS	3		01:12:53	00:02:17
6	117	Paulo Neves	CCRD	M	MS	4		01:13:00	00:02:24
7	160	Paulo Amaral	A.R.Casaense/Escola de Atletismo de Coimbra/Interm	M	M40	2		01:13:49	00:03:13
8	6	Bruno Gonçalves	GRVilaverdense	M	MS	5		01:13:54	00:03:18
9	46	Bruno Ribeiro	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M	MS	6		01:14:56	00:04:20
10	151	Jorge Rodrigues	CSCD NORTE e SOURE	M	M45	2		01:15:22	00:04:46
11	52	Mauro Martins	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M	MS	7		01:15:35	00:04:59
12	7	João Silva	ACDRS QUINHENDROS	M	M40	3		01:16:03	00:05:27
13	110	Alex Silva	GRVilaverdense	M	M40	4		01:16:51	00:06:15
14	175	FERNANDO CARVALHO	OZXTREME ADCR PEREIRA	M	M40	5		01:17:30	00:06:54
15	177	FILIPE ISMAEL MAIA ROCHA	OZXTREME ADCR PEREIRA	M	MS	8		01:18:11	00:07:35
16	123	Rodrigo Quintal	Sporting Clube Povoense - Caracois de Corrida	M	M40	6		01:19:05	00:08:29
17	82	Arlindo Ribeiro	ARCD Venda da Luisa	M	M50	1		01:19:09	00:08:33
18	135	Pedro Nunes	Formobike BTT & Trail Running	M	MS	9		01:19:31	00:08:55
19	5	Andre Magalhaes	ARSM - Associação Recreativa de S. Miguel	M	MS	10		01:19:45	00:09:09
20	26	Jorge Simões	GATOESBTT	M	MS	11		01:19:57	00:09:21
21	91	Márcio Felício	SOURE MOV	M	MS	12		01:20:02	00:09:26
22	159	João Simões		M	M40	7		01:20:48	00:10:12
23	38	Paulo Samuel Amaro	PelaEstradaFora	M	M45	3		01:20:59	00:10:23
24	120	José Santos	Sporting Clube Povoense - Caracois de Corrida	M	MS	13		01:21:29	00:10:53
25	168	CESAR ALTINO	GATOESBTT	M	MS	14		01:21:41	00:11:05
26	133	Márcio Cruz	OZXTREME ADCR PEREIRA	M	MS	15		01:22:07	00:11:31
27	204	Vasco Sousa		M	M50	2		01:22:18	00:11:42
28	171	Francisco Pais	O MUNDO DA CORRIDA	M	M50	3		01:22:56	00:12:20
29	121	Tiago Gregório	Sporting Clube Povoense - Caracois de Corrida	M	MS	16		01:23:27	00:12:51
30	138	João Roso	CSCD NORTE e SOURE	M	MS	17		01:23:28	00:12:52
31	137	Pedro Ramos	ARSM - Associação Recreativa de S. Miguel	M	M45	4		01:23:32	00:12:56
32	112	Rafael Matias	GRVilaverdense	M	MS	18		01:23:55	00:13:19
33	176	CARLOS JORGE PEREIRA CORREIA	OZXTREME ADCR PEREIRA	M	MS	19		01:24:06	00:13:30
34	111	Filipe Saltão	ACDRS QUINHENDROS	M	MS	20		01:24:22	00:13:46
35	154	Vitor Cação	GATOESBTT	M	M40	8		01:24:44	00:14:08
36	148	Hélder Nuno Coelho	Os Moitas	M	M40	9		01:25:21	00:14:45

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P Esc	Tempo	Diferença
37	<b>178</b>	José Rodrigues	A.R.Casaense/Escola de Atletismo de Coimbra/Interm	M	M50	4	<b>01:25:48</b>	00:15:12
38	<b>143</b>	Daniel Bexiga	Grupo Desportivo Ferreirense	M	MS	21	<b>01:26:16</b>	00:15:40
39	<b>202</b>	Vitor Faim	Atletismo Clube da Tocha	M	M50	5	<b>01:26:23</b>	00:15:47
40	<b>115</b>	Bruno Andrade		M	MS	22	<b>01:26:29</b>	00:15:53
41	<b>129</b>	Francisco Manuel Floro Missa Missa		M	MS	23	<b>01:26:37</b>	00:16:01
42	<b>10</b>	Bruno Rodrigues	ACDRS QUINHENDROS	M	M40	10	<b>01:26:39</b>	00:16:03
43	<b>80</b>	José Marques	ARCD Venda da Luisa	M	M50	6	<b>01:26:46</b>	00:16:10
44	<b>2</b>	João Abrunheiro	Atletismo Clube da Tocha	M	MS	24	<b>01:27:05</b>	00:16:29
45	<b>150</b>	Nélio Oliveira	Atletismo Clube da Tocha	M	M40	11	<b>01:27:07</b>	00:16:31
46	<b>67</b>	Manuel Fernandes	GRVilaverdense	M	M60	1	<b>01:27:13</b>	00:16:37
47	<b>119</b>	José Miguel Santos	Sporting Clube Povoense - Caracois de Corrida	M	M45	5	<b>01:27:28</b>	00:16:52
48	<b>98</b>	Carlos Palaio	GRVilaverdense	M	M45	6	<b>01:27:46</b>	00:17:10
49	<b>87</b>	Ernesto Nabeiro	SOURE MOV	M	M45	7	<b>01:28:03</b>	00:17:27
50	<b>4</b>	José Correia	ARSM - Associação Recreativa de S. Miguel	M	M50	7	<b>01:28:15</b>	00:17:39
51	<b>136</b>	António Jorge	ACDRS QUINHENDROS	M	M45	8	<b>01:28:27</b>	00:17:51
52	<b>97</b>	João Loureiro	GRVilaverdense	M	M40	12	<b>01:28:37</b>	00:18:01
53	<b>118</b>	Mário Neves	CCRDL	M	M50	8	<b>01:28:46</b>	00:18:10
54	<b>94</b>	André Neto	SOURE MOV	M	MS	25	<b>01:28:55</b>	00:18:19
55	<b>170</b>	Valter Viveiros	GORDOS EM MOVIMENTO	M	MS	26	<b>01:28:55</b>	00:18:19
56	<b>132</b>	José Maçarria	MAREZIA BAR	M	M50	9	<b>01:29:01</b>	00:18:25
57	<b>11</b>	António Figueiredo	CASA DO BENFICA DE ARGANIL	M	MS	27	<b>01:29:49</b>	00:19:13
58	<b>146</b>	Nuno Hélder Silva		M	MS	28	<b>01:29:56</b>	00:19:20
59	<b>77</b>	Francisco Silva	ARCD Venda da Luisa	M	M50	10	<b>01:30:04</b>	00:19:28
60	<b>152</b>	Bruno Ferreira	ACDRS QUINHENDROS	M	M40	13	<b>01:30:10</b>	00:19:34
61	<b>142</b>	Rui Varanda	PAPALEGUAS	M	M40	14	<b>01:30:46</b>	00:20:10
62	<b>63</b>	Paulo Pereira	GRVilaverdense	M	M45	9	<b>01:30:59</b>	00:20:23
63	<b>104</b>	Telmo Santos	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M	MS	29	<b>01:31:03</b>	00:20:27
64	<b>36</b>	Brian Ferreira	Cantanhede	M	MS	30	<b>01:31:07</b>	00:20:31
65	<b>3</b>	Pedro Figueiredo	GRVilaverdense	M	MS	31	<b>01:31:22</b>	00:20:46
66	<b>156</b>	Paulo Marques	Formobike BTT & Trail Running	M	MS	32	<b>01:31:27</b>	00:20:51
67	<b>23</b>	José Julião	Atletismo Clube da Tocha	M	M60	2	<b>01:31:45</b>	00:21:09
68	<b>27</b>	Arnaldo Ferreira	BTTRAIN	M	M40	15	<b>01:32:47</b>	00:22:11
69	<b>100</b>	Tiago Matias	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M	MS	33	<b>01:32:53</b>	00:22:17
70	<b>12</b>	Ricardo Gírio	Casa Benfica Arganil	M	MS	34	<b>01:33:07</b>	00:22:31
71	<b>157</b>	Augusto Silva	Abutres	M	M50	11	<b>01:33:19</b>	00:22:43
72	<b>83</b>	Artur Gândara	ARCD Venda da Luisa	M	M40	16	<b>01:33:31</b>	00:22:55
73	<b>24</b>	Nuno Almeida	Atletismo Clube da Tocha	M	MS	35	<b>01:33:43</b>	00:23:07
74	<b>124</b>	Miguel Ribeiro	Sporting Clube Povoense - Caracois de Corrida	M	M40	17	<b>01:34:16</b>	00:23:40
75	<b>1</b>	José Gil Andrade	Grupo Desportivo Ferreirense	M	MS	36	<b>01:34:19</b>	00:23:43
76	<b>81</b>	José Santos	ARCD Venda da Luisa	M	M50	12	<b>01:34:30</b>	00:23:54
77	<b>62</b>	Luis Vasco	GRVilaverdense	M	M40	18	<b>01:35:09</b>	00:24:33
78	<b>60</b>	Nelson Azenha	GRVilaverdense	M	M45	10	<b>01:35:12</b>	00:24:36
79	<b>15</b>	Eduardo Ferreira	Atletismo Clube da Tocha	M	MS	37	<b>01:35:32</b>	00:24:56
80	<b>205</b>	Ricardo Pereira	Grupo Desportivo Ferreirense	M	MS	38	<b>01:35:41</b>	00:25:05
81	<b>172</b>	Carla Santos	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	F	FS	1	<b>01:35:54</b>	00:25:18
82	<b>155</b>	Nuno Silva		M	M40	19	<b>01:36:08</b>	00:25:32

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83	<b>49</b>	Inês Santos	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	F	FS	2	<b>01:37:01</b>	00:26:25
84	<b>108</b>	Rui Dias	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M	MS	39	<b>01:37:04</b>	00:26:28
85	<b>45</b>	Antonio Melo	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M	M50	13	<b>01:37:12</b>	00:26:36
86	<b>167</b>	José Madeira	SOURE MOV	M	M40	20	<b>01:37:23</b>	00:26:47
87	<b>13</b>	Fernando Fonseca	O MUNDO DA CORRIDA	M	M50	14	<b>01:37:51</b>	00:27:15
88	<b>19</b>	Catarina Zylberberg	Coimbra Trail Running	F	F45	1	<b>01:38:02</b>	00:27:26
89	<b>90</b>	JORGE CORDEIRO	SOURE MOV	M	M50	15	<b>01:38:05</b>	00:27:29
90	<b>206</b>	Anabela Fonseca	Grupo Desportivo Ferreirense	F	F45	2	<b>01:38:06</b>	00:27:30
91	<b>70</b>	Herminio Almeida	GRVilaverdense	M	M45	11	<b>01:38:18</b>	00:27:42
92	<b>209</b>	Diogo Alheio		M	MS	40	<b>01:38:32</b>	00:27:56
93	<b>34</b>	Sofia Simões	Grupo Desportivo Ferreirense	F	FS	3	<b>01:38:45</b>	00:28:09
94	<b>158</b>	Alvaro Centeio	UGAS TRAIL Running	M	M50	16	<b>01:39:10</b>	00:28:34
95	<b>183</b>	Hugo Rodrigues	GORDOS EM MOVIMENTO	M	M40	21	<b>01:39:15</b>	00:28:39
96	<b>37</b>	Jorge Santos	GORDOS EM MOVIMENTO	M	M40	22	<b>01:39:43</b>	00:29:07
97	<b>153</b>	Bruno Marques	Formobike BTT & Trail Running	M	MS	41	<b>01:40:07</b>	00:29:31
98	<b>31</b>	Ricardo Santos	BIO TEAM RUN	M	MS	42	<b>01:40:35</b>	00:29:59
99	<b>95</b>	Marisa Bregieiro	SOURE MOV	F	FS	4	<b>01:40:49</b>	00:30:13
100	<b>30</b>	Raquel Matias	CSCD NORTE e SOURE	F	F40	1	<b>01:40:52</b>	00:30:16
101	<b>169</b>	Bruno Gomes	GORDOS EM MOVIMENTO	M	M40	23	<b>01:41:03</b>	00:30:27
102	<b>116</b>	João Namora	GRVilaverdense	M	M45	12	<b>01:41:45</b>	00:31:09
103	<b>8</b>	Virgílio Neto	OZXTREME ADCR PEREIRA	M	M40	24	<b>01:42:08</b>	00:31:32
104	<b>57</b>	Alexandra Maia	GRVilaverdense	F	F40	2	<b>01:43:59</b>	00:33:23
105	<b>59</b>	António Silva	ACDRS QUINHENDROS	M	M60	3	<b>01:44:28</b>	00:33:52
106	<b>130</b>	Daniel Mateus	Moinho da gândara trail	M	MS	43	<b>01:44:28</b>	00:33:52
107	<b>101</b>	Victor Bernardes	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M	M50	17	<b>01:44:30</b>	00:33:54
108	<b>40</b>	Pedro Gório	CASA DO BENFICA DE ARGANIL	M	MS	44	<b>01:45:04</b>	00:34:28
109	<b>58</b>	Bruno Torreira	ACDRS QUINHENDROS	M	MS	45	<b>01:45:08</b>	00:34:32
110	<b>145</b>	Cidália Maria Oliveira	ACDRS QUINHENDROS	F	F50	1	<b>01:45:08</b>	00:34:32
111	<b>210</b>	Andreia Vicente		F	FS	5	<b>01:45:09</b>	00:34:33
112	<b>126</b>	Paulo Rocha	GRVilaverdense	M	M40	25	<b>01:45:21</b>	00:34:45
113	<b>180</b>	Fausto Carvalho	ARSM - Associação Recreativa de S. Miguel	M	M60	4	<b>01:46:56</b>	00:36:20
114	<b>71</b>	Nelson Simões	ARCD Venda da Luisa	M	M40	26	<b>01:46:57</b>	00:36:21
115	<b>68</b>	Vitor Santos	GRVilaverdense	M	M40	27	<b>01:48:14</b>	00:37:38
116	<b>73</b>	Pedro Silva	ARCD Venda da Luisa	M	M50	18	<b>01:48:18</b>	00:37:42
117	<b>75</b>	Elisabete Girão	ARCD Venda da Luisa	F	F45	3	<b>01:48:19</b>	00:37:43
118	<b>134</b>	LUÍS SOARES		M	M45	13	<b>01:50:24</b>	00:39:48
119	<b>147</b>	Vânia Paixão	ACDRS QUINHENDROS	F	FS	6	<b>01:51:29</b>	00:40:53
120	<b>203</b>	Valter Lopes	ACDRS QUINHENDROS	M	MS	46	<b>01:51:30</b>	00:40:54
121	<b>200</b>	Jorge Cardoso	CCRDL	M	MS	47	<b>01:51:44</b>	00:41:08
122	<b>125</b>	Ana Reis	Sporting Clube Povoense - Caracois de Corrida	F	FS	7	<b>01:52:13</b>	00:41:37
123	<b>122</b>	Hélder Cunha	Sporting Clube Povoense - Caracois de Corrida	M	MS	48	<b>01:52:14</b>	00:41:38
124	<b>29</b>	Fábio Costa		M	MS	49	<b>01:52:17</b>	00:41:41
125	<b>107</b>	Goreti Gaudêncio	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	F	FS	8	<b>01:53:34</b>	00:42:58
126	<b>21</b>	Isabel Trindade	O MUNDO DA CORRIDA	F	F50	2	<b>01:53:42</b>	00:43:06
127	<b>113</b>	Rui Mateus	ARCD Venda da Luisa	M	M50	19	<b>01:54:44</b>	00:44:08
128	<b>42</b>	Carla Simões	BIO TEAM RUN	F	FS	9	<b>01:54:51</b>	00:44:15

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129	<b>41</b>	Rute Bastos	ACT - Atletismo Clube da Tocha	F	FS	10	<b>01:54:55</b>	00:44:19
130	<b>61</b>	João Melanda	GRVilaverdense	M	MS	50	<b>01:54:59</b>	00:44:23
131	<b>182</b>	José Nunes	ARSM - Associação Recreativa de S. Miguel	M	M40	28	<b>01:55:29</b>	00:44:53
132	<b>207</b>	Monica Salvador		F	F40	3	<b>01:56:56</b>	00:46:20
133	<b>181</b>	Isabel Parreiral	Gear up	F	FS	11	<b>01:56:57</b>	00:46:21
134	<b>28</b>	Joaquim Branquinho	ARSM - Associação Recreativa de S. Miguel	M	M60	5	<b>01:57:20</b>	00:46:44
135	<b>149</b>	Daniela Guerra	Team Korpoactivo	F	FS	12	<b>01:57:34</b>	00:46:58
136	<b>84</b>	Carla Freire	ARCD Venda da Luisa	F	F40	4	<b>01:58:12</b>	00:47:36
137	<b>128</b>	Marisa Almeida	Casa do Benfica Condeixa	F	FS	13	<b>01:58:50</b>	00:48:14
138	<b>92</b>	Rosália Duarte	SOURE MOV	F	F50	3	<b>01:59:18</b>	00:48:42
139	<b>64</b>	Pedro Lopes	GRVilaverdense	M	M45	14	<b>01:59:22</b>	00:48:46
140	<b>99</b>	Fátima Oliveira	GRVilaverdense	F	F40	5	<b>01:59:22</b>	00:48:46
141	<b>93</b>	Elisabete Carreira	SOURE MOV	F	F40	6	<b>02:00:37</b>	00:50:01
142	<b>163</b>	CÉU SANTOS	O MUNDO DA CORRIDA	M	M50	20	<b>02:01:57</b>	00:51:21
143	<b>32</b>	Isabel Sousa	BIO TEAM RUN	F	F50	4	<b>02:02:22</b>	00:51:46
144	<b>96</b>	ANTONIO NEVES	SOURE MOV	M	M50	21	<b>02:02:51</b>	00:52:15
145	<b>161</b>	Daniela Ribeiro	Pé D'Atleta RunWalk Team	F	FS	14	<b>02:03:53</b>	00:53:17
146	<b>53</b>	Patricia Simões	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	F	FS	15	<b>02:03:57</b>	00:53:21
147	<b>162</b>	Ligia dos Santos	Pé D'Atleta RunWalk Team	F	FS	16	<b>02:04:09</b>	00:53:33
148	<b>201</b>	Helton Pinto		M	MS	51	<b>02:04:09</b>	00:53:33
149	<b>127</b>	Orlando Almeida	Casa do Benfica Condeixa	M	MS	52	<b>02:04:15</b>	00:53:39
150	<b>43</b>	Alice Ventura	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	F	F50	5	<b>02:05:06</b>	00:54:30
151	<b>55</b>	Sandra Agra	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	F	FS	17	<b>02:05:07</b>	00:54:31
152	<b>51</b>	Luis Caridade	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M	M45	15	<b>02:05:07</b>	00:54:31
153	<b>22</b>	José Simão	MONTESI / HERBALIFE NUTRITION	M	M40	29	<b>02:05:27</b>	00:54:51
154	<b>85</b>	Cristina Melo	ARCD Venda da Luisa	F	F45	4	<b>02:06:26</b>	00:55:50
155	<b>86</b>	António Seródio	SOURE MOV	M	M60	6	<b>02:06:51</b>	00:56:15
156	<b>103</b>	Anabela Cardoso	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	F	FS	18	<b>02:07:45</b>	00:57:09
157	<b>109</b>	Carla Ribeiro	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	F	FS	19	<b>02:07:45</b>	00:57:09
158	<b>44</b>	Ana Melo	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	F	FS	20	<b>02:08:31</b>	00:57:55
159	<b>48</b>	Gonçalo Gonçalves	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M	MS	53	<b>02:08:43</b>	00:58:07
160	<b>72</b>	Paula Palmeira	ARCD Venda da Luisa	F	F50	6	<b>02:12:18</b>	01:01:42
161	<b>39</b>	Raúl Matos	Run 4 Fun	M	M50	22	<b>02:12:27</b>	01:01:51
162	<b>78</b>	Gonçalo Deus	ARCD Venda da Luisa	M	MS	54	<b>02:14:23</b>	01:03:47
163	<b>131</b>	Rui Pedro Fernandes Marques	ACDRS QUINHENDROS	M	M40	30	<b>02:14:26</b>	01:03:50
164	<b>144</b>	Anabela Colaço	ACDRS QUINHENDROS	M	M40	31	<b>02:15:48</b>	01:05:12
165	<b>174</b>	Márcio Silva		M	MS	55	<b>02:16:57</b>	01:06:21
166	<b>510</b>	Nuno Sousa		M	MS	56	<b>02:16:58</b>	01:06:22
167	<b>173</b>	Paula Simoes		F	FS	21	<b>02:16:59</b>	01:06:23
168	<b>164</b>	Sandra Gonçalves	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	F	FS	22	<b>02:23:34</b>	01:12:58
169	<b>165</b>	Célia Carvalho	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	F	F40	7	<b>02:23:35</b>	01:12:59
170	<b>139</b>	Luísa Santos		F	F45	5	<b>02:23:54</b>	01:13:18
171	<b>79</b>	Graça Simões	ARCD Venda da Luisa	F	F40	8	<b>02:25:21</b>	01:14:45
172	<b>74</b>	Tânia Lourenço	ARCD Venda da Luisa	F	FS	23	<b>02:25:21</b>	01:14:45

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P	Esc	Tempo	Diferença
173	<b>76</b>	Elisabete Correia	ARCD Venda da Luisa	F	FS	24		<b>02:25:22</b>	01:14:46
174	<b>66</b>	José Guerra	GRVilaverdense	M	M60	7		<b>02:26:05</b>	01:15:29
175	<b>33</b>	Maria Rodrigues		F	FS	25		<b>02:27:31</b>	01:16:55
176	<b>56</b>	Tiago Guiomar	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	M	MS	57		<b>02:27:31</b>	01:16:55
177	<b>508</b>	Hugo Gonçalves	Liceia	M	MS	58		<b>02:30:27</b>	01:19:51
178	<b>506</b>	Hugo Vila Nova		M	MS	59		<b>02:30:27</b>	01:19:51
179	<b>507</b>	Fábio Sebastião		M	MS	60		<b>02:30:28</b>	01:19:52
180	<b>9</b>	Nuno Miguel Dias Alves	Casa do Benfica Condeixa	M	M45	16		<b>02:31:00</b>	01:20:24
181	<b>69</b>	Fátima Cabeço	GRVilaverdense	F	F50	7		<b>02:35:48</b>	01:25:12
182	<b>65</b>	Fernanda Freitas	GRVilaverdense	F	F45	6		<b>02:35:48</b>	01:25:12
183	<b>504</b>	Margarida Gante		F	F45	7		<b>02:36:23</b>	01:25:47
184	<b>179</b>	Conceição Correia		F	F50	8		<b>02:41:37</b>	01:31:01
185	<b>106</b>	Clara Monteiro	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	F	F50	9		<b>02:55:22</b>	01:44:46