



Secção Regional do Sul
e Regiões Autónomas

III CORRIDA FARMACÊUTICA CAMINHADA GERAÇÃO SAUDÁVEL



OCTUBRO 2016

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	370	JOSE GASPAR	M	39		00:33:13.38	00:33:13.38	
2	178	PEDRO RIBEIRO	M	28		00:33:24.13	00:33:24.13	CUA BENAVENTENSE
3	108	VITOR OLIVEIRA	M	27		00:33:45.79	00:33:45.79	ASC VALE GRANDE
4	177	ANDRÉ ALVES	M	30		00:33:50.22	00:33:50.22	CUA BENAVENTENSE
5	345	CELSO PINTO	M	32		00:35:24.85	00:35:24.85	
6	31	RAUL CAETANO	M	44		00:35:43.83	00:35:43.83	CUA BENAVENTENSE
7	128	RUI BALTAZAR	M	50		00:36:15.20	00:36:15.20	
8	137	RODRIGO CARRERA	M	30		00:36:19.74	00:36:19.74	FARMÁCIA LEZÍRIA
9	314	LUÍS ABRANTES	M	34		00:36:22.58	00:36:22.58	FARMÁCIAS HOLON
10	315	PEDRO PELADO	M	31		00:37:19.20	00:37:19.20	FARMÁCIAS HOLON
11	87	JOSE LOPES	M	50		00:37:23.84	00:37:23.84	CA ODIMARQ
12	148	HUSSENE KESHAVJEE	M	42		00:37:24.37	00:37:23.44	
13	207	ABEL GLORIA	M	54		00:38:01.13	00:38:01.14	CA ODIMARQ
14	30	JOSÉ PIRES	M	40		00:38:10.85	00:38:10.85	CUA BENAVENTENSE
15	176	JOSÉ BORGES	M	55		00:38:21.50	00:38:21.50	CUA BENAVENTENSE
16	252	ANTÓNIO R LOPES	M	51		00:38:42.89	00:38:42.90	NUCLEOEIRAS-ADNO
17	70	LUÍS REBELO	M	52		00:38:46.83	00:38:46.84	FALCÕES SELVAGENS
18	77	ARETINO MOTA	M	54		00:38:49.88	00:38:49.00	LINDA A PASTORA SC
19	368	RUI MARTINS	M	31		00:39:05.15	00:39:02.95	
20	78	ALMIRO FEIJÃO	M	58		00:39:06.54	00:39:06.27	LINDA A PASTORA SC
21	147	TIAGO A F CASTELA	M	28		00:39:13.64	00:39:12.80	DCI/CCDR PEDRULHA - MEALHADA
22	203	DIOGO SILVA	M	36		00:39:34.67	00:39:34.32	
23	343	ANTONIO GRACA	M	53		00:39:43.61	00:39:43.61	FUZILEIROS
24	43	LUIS NEIVA	M	49		00:39:50.52	00:39:49.16	NAZ ABOBODA
25	198	IVO R F PONA	M	29		00:40:24.72	00:40:08.72	
26	116	MARTINHO AMARO	M	37		00:40:37.29	00:40:34.41	CORRER LISBOA
27	309	LILIANA P ALEXANDRE	F	25		00:40:46.20	00:40:44.91	
28	84	JOSE ESTEVES	M	50		00:40:49.67	00:40:48.42	TARTARUGAS SOLIDÁRIAS
29	133	CARLOS SERRA	M	38		00:41:03.07	00:41:00.98	CA PENAFIRME
30	361	HENRIQUE SANTOS	M	36		00:41:06.25	00:40:48.95	
31	105	JOSE M S R GOMES	M	56		00:41:14.85	00:41:12.89	
32	263	AURELIO AGUIAR	M	61		00:41:18.60	00:41:18.60	A VALE SILENCIO
33	213	JOSE MARCELINO	M	53		00:41:21.56	00:41:20.31	CD ESTRELA
34	367	SARA MARINHO	F	26		00:41:21.85	00:41:21.28	
35	63	GONÇALO FERREIRA	M	42		00:41:30.61	00:41:29.02	
36	341	ORLANDO J BARBOSA	M	59		00:41:47.95	00:41:47.48	



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37	59	VICTOR VARIZO	M	41	00:41:49.99	00:41:47.66	PERNAS DE GAFANHOTO
38	276	PEDRO PAULINO	M	40	00:41:57.12	00:41:52.83	
39	220	BRUNO GARCIA	M	38	00:42:01.15	00:41:57.76	CORRER LISBOA
40	199	RICARDO MENDES	M	37	00:42:22.72	00:42:22.73	CP ALCANENA
41	103	WILLIAM LEMOS	M	28	00:42:42.85	00:42:42.85	
42	104	PAULO LOPES	M	45	00:42:51.43	00:42:51.43	GR RIBEIRA DA LAGE
43	205	LUCILIA SOARES	F	54	00:43:08.04	00:43:07.88	AMINHACORRIDA/MYPROTEIN
44	254	FERNANDO P RIBEIRO	M	49	00:43:10.99	00:43:10.69	
45	75	DANIEL TELES	M	30	00:43:15.90	00:43:13.90	FARMÁCIAS HOLON
46	123	RUI PEREIRA	M	52	00:43:16.66	00:43:14.54	ESC SEC FERREIRA DIAS
47	179	NUNO ALVES	M	41	00:43:22.29	00:43:19.64	MOVET
48	230	RICARDO DEUS	M	31	00:43:25.38	00:43:13.14	PHARMATOMORROWLAND
49	268	ANDRE COELHO	M	42	00:43:26.61	00:43:15.91	
50	186	LINO M SANTOS	M	52	00:43:45.30	00:43:39.74	
51	131	LUÍS CASCÃO	M	44	00:43:49.79	00:43:43.68	
52	86	JOAQUIM MARTINS	M	53	00:43:52.11	00:43:51.80	CA ODIMARQ
53	319	JOAO P SILVA	M	25	00:43:52.11	00:43:42.23	H-RAMOS
54	22	JUVENAL MOREIRA	M	52	00:43:52.30	00:43:50.82	ND AUTOCOOPE
55	202	ALVARO COELHO	M	59	00:43:55.37	00:43:54.08	
56	216	JORGE A L CARREIRA	M	52	00:44:05.11	00:43:57.49	VISEU360
57	215	VITOR BATISTA	M	47	00:44:09.38	00:44:07.93	
58	363	JOAO R MARINHO	M	44	00:44:14.79	00:44:13.57	
59	117	ALEXANDRE FERREIRA	M	40	00:44:32.18	00:44:28.76	
60	342	PETRU NEMES	M	51	00:44:46.75	00:44:41.01	
61	255	CARLOS TEIXEIRA	M	44	00:44:52.16	00:44:47.93	CAA PARQUE PAZ
62	266	ANTONIO MENDES	M	38	00:45:01.52	00:44:50.99	
63	298	HELDER GUERREIRO	M	40	00:45:10.16	00:45:05.25	JUVENTUDE AC
64	324	JOÃO L P GUERRA	M	31	00:45:18.07	00:45:04.75	PUTOS DA MANGUEIRA
65	326	RUI SILVA	M	24	00:45:22.23	00:45:08.77	H-RAMOS
66	300	EDUARDO COSTA	M	25	00:45:37.43	00:45:27.30	
67	339	MARIANA TALHINHAS	F	18	00:45:38.87	00:45:22.69	DAEFFUL16
68	74	ROSALIA SALDANHA	F	43	00:45:45.78	00:45:43.65	FARMÁCIAS HOLON
69	132	NUNO R SANTOS	M	37	00:45:53.97	00:45:47.58	
70	195	ARMANDO CORREIA	M	64	00:45:56.47	00:45:51.52	LESMAS ALOPRADAS
71	238	JOSÉ A R S PINTO	M	53	00:46:10.42	00:46:10.42	
72	292	MARTA ANDRADE	F	41	00:46:13.00	00:46:11.31	EMFORCA/SPEM
73	247	PEDRO R B M MENDONÇA	M	41	00:46:14.85	00:46:08.96	



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74	80	MIGUEL RIBEIRO	M	44	00:46:18.44	00:46:06.53	
75	358	MARCO ALVES	M	33	00:46:19.98	00:46:09.83	BFFS
76	222	PAULO A R NUNES	M	43	00:46:26.28	00:46:23.91	CORRER LISBOA
77	19	ANTONIO ALMEIDA	M	52	00:46:34.19	00:46:31.78	ND AUTOCOOPE
78	41	FILIPE COSTA	M	32	00:46:41.30	00:46:31.41	ENCONTRO DIGUARIAS RT
79	171	ADRIAN SCHWARK	M	29	00:46:42.49	00:46:22.38	
80	322	NUNO F M COSTA	M	25	00:46:52.32	00:46:39.41	
81	327	DANIELA A R AFONSO	F	29	00:46:57.77	00:46:43.14	
82	187	FERNANDO CARREIRO	M	55	00:47:02.61	00:46:57.13	
83	192	LUIS AMORIM	M	58	00:47:05.15	00:46:50.82	NA BDF
84	25	FERNANDO PIRES	M	46	00:47:10.78	00:46:47.27	
85	55	JOÃO B MARUJO	M	31	00:47:19.47	00:46:58.49	
86	197	MAFALDA MARTINHO	F	28	00:47:26.19	00:47:20.47	
87	223	JOSE NETO	M	59	00:47:31.77	00:47:22.37	TEAM NETO
88	224	ORLANDO ALVES	M	44	00:47:36.15	00:47:30.00	
89	219	JOSE MACHADO	M	48	00:47:36.98	00:47:34.51	
90	58	JOAQUIM RAMALHO	M	46	00:47:44.69	00:47:41.11	
91	269	VANESSA MIRANDA	F	32	00:47:53.16	00:47:38.38	
92	149	JOSÉ MONTEIRO	M	59	00:47:55.49	00:47:45.57	
93	237	IDALÉCIO BARROS	M	62	00:48:06.64	00:48:04.01	
94	265	SANDRA CABRITA	F	43	00:48:08.16	00:47:57.97	
95	92	FERNANDO AGOSTINHO	M	53	00:48:17.03	00:48:09.15	
96	109	RUI MENDES	M	44	00:48:23.44	00:48:21.09	
97	138	PAULA TEIXEIRA	F	38	00:48:26.50	00:48:24.22	FALCÕES SELVAGENS
98	61	CARLOS ANTUNES	M	65	00:48:38.39	00:48:34.37	CA ODIMARQ
99	246	FERNANDO CELESTINO	M	57	00:48:39.98	00:48:32.44	AÇOREANA
100	204	TINA OLIVEIRA	F	52	00:48:41.56	00:48:39.86	AMINHACORRIDA/MYPROTEIN
101	71	GONÇALO M C R MARQUES	M	34	00:48:42.83	00:48:34.82	
102	56	ANDRÉ D F S LABORINHO	M	48	00:48:49.90	00:48:46.16	CCD-AT
103	154	PEDRO CLETO	M	43	00:49:10.24	00:48:49.66	
104	299	MARIO A BERGANO	M	21	00:49:14.53	00:48:58.23	DAEFFUL16
105	165	TIAGO FERREIRA	M	37	00:49:16.26	00:49:04.80	OPTICALIA RUNNING TEAM
106	145	MIGUEL MADEIRA	M	22	00:49:21.88	00:49:05.28	
107	143	LUIS CALHA	M	48	00:49:22.52	00:49:20.28	
108	121	FRANCISCO M C PINTO	M	57	00:49:25.85	00:49:25.05	
109	27	PEDRO JOGO	M	24	00:49:39.93	00:49:20.79	
110	296	CARLA MOREIRA	F	39	00:49:45.46	00:49:36.62	



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111	139	NELSON GOMES	M	22	00:49:45.62	00:49:27.32	
112	279	FERNANDO SILVEIRO	M	48	00:49:49.26	00:49:46.93	FC ESTRELAS LISBOA
113	32	JOAQUIM A H SILVÉRIO	M	71	00:49:56.65	00:49:54.94	
114	46	JOSÉ V CRUZ	M	39	00:49:59.97	00:49:36.93	
115	45	SÓNIA REI	F	38	00:50:06.50	00:49:42.21	
116	297	BERNARDO SANTOS	M	22	00:50:17.15	00:50:00.42	DAEFFUL16
117	191	EDUARDO RIBEIRO	M	49	00:50:25.39	00:50:21.79	GDCT UNICRE
118	24	SERGIO BORGES	M	44	00:50:26.01	00:50:17.97	ND AUTOCOOPE
119	28	ANTONIO C NOVAS	M	38	00:50:27.59	00:50:07.97	
120	89	JOÃO J FERNANDES	M	35	00:50:36.18	00:50:24.68	
121	280	FERNANDO ANDRÉ	M	60	00:50:54.75	00:50:49.95	
122	156	SÉRGIO F B HORTELÃO	M	33	00:50:57.56	00:50:51.93	
123	308	PEDRO COSTA	M	26	00:51:00.42	00:50:46.70	PHARMAWONDERS
124	141	JOAO ESCALEIRA	M	59	00:51:04.10	00:50:38.69	
125	23	HUMBERTO CORREIA	M	53	00:51:12.65	00:51:05.24	ND AUTOCOOPE
126	67	BENJAMIN BOELTZIG	M	24	00:51:12.76	00:50:56.14	BILLY-WILDER ULTRAS
127	210	RODRIGO A M C G REIS	M	43	00:51:15.01	00:50:57.96	
128	26	JOÃO F P B MARTINHO	M	32	00:51:25.29	00:51:23.65	PHARMA RUNNERS
129	183	MIGUEL PIRES	M	40	00:51:27.68	00:51:09.25	CD CEPESA
130	160	VERA SACRAMENTO	F	40	00:51:32.84	00:51:32.84	FARMÁCIAS HOLON
131	201	JOSE FERNANDES	M	63	00:51:36.18	00:51:32.85	RESTAURANTE FAZ FIGURA
132	245	JOÃO MELO	M	30	00:51:39.58	00:51:32.71	AÇOREANA
133	20	CARLOS FERREIRA	M	59	00:51:46.03	00:51:43.99	ND AUTOCOOPE
134	227	DANIEL MOREIRA	M	31	00:51:49.02	00:51:37.41	PHARMATOMORROWLAND
135	228	ANDREIA ASCENSO	F	32	00:51:50.13	00:51:37.17	PHARMATOMORROWLAND
136	274	PEDRO M M LOPES	M	41	00:51:50.70	00:51:39.70	
137	211	PEDRO BOUHON	M	54	00:52:09.33	00:51:57.96	
138	356	ANTONIO FORTUNA	M	32	00:52:09.62	00:52:00.27	BFFS
139	348	LUIS MATIAS	M	38	00:52:25.06	00:52:01.86	GL14
140	304	LUIS MIRA	M	52	00:52:27.93	00:52:25.60	
141	303	DULCE VARZEA	F	50	00:52:28.09	00:52:26.59	
142	51	AUGUSTO J T CARIA	M	64	00:52:29.18	00:52:20.22	MARGIL
143	85	NUNO GONÇALVES	M	44	00:52:46.86	00:52:37.96	
144	130	VASCO RODEIA	M	47	00:52:49.08	00:52:39.43	
145	122	PEDRO BATISTA	M	36	00:53:06.28	00:53:02.54	CARACÓIS TURBINADOS
146	115	ANTÓNIO L F NEVES	M	32	00:53:15.57	00:52:59.52	ATLETAS MAS POR TURNOS
147	164	MANUEL REGO	M	44	00:53:17.77	00:52:58.77	



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148	173	CELSE PEREIRA	M	38	00:53:22.71	00:53:17.06	SRCD TESOUREIRA
149	135	JORGE PAULINO	M	60	00:53:35.75	00:53:19.84	MAFRA
150	125	LUIS DOMINGUES	M	35	00:53:38.77	00:53:31.72	
151	242	TAM AFONSO	M	64	00:53:45.52	00:53:42.41	AÇOREANA
152	321	TIAGO F VIEIRA	M	28	00:53:51.87	00:53:37.58	H-RAMOS
153	73	CATARINA MOREIRA	F	28	00:53:58.03	00:53:48.59	TARTARUGAS SOLIDÁRIAS
154	90	ANDRÉ G FIGUEIREDO	M	39	00:53:58.38	00:53:39.99	PERNAS DE GAFANHOTO
155	336	RAFAEL MARTINS	M	35	00:54:09.63	00:54:08.02	NERDS FOR SPEED
156	212	JOÃO TEIXEIRA	M	37	00:54:13.83	00:54:06.33	
157	34	ANTÓNIO J G POMBINHO	M	59	00:54:14.35	00:54:00.84	
158	338	TANMAY VERLEKAR	M	27	00:54:16.44	00:54:15.23	NERDS FOR SPEED
159	316	TÂNIA SARAIVA	F	38	00:54:20.31	00:54:14.26	FARMÁCIAS HOLON
160	88	AIRES J ILDEFONSO	M	61	00:54:30.74	00:54:03.43	
161	193	DIANA CARREIRA	F	28	00:54:45.77	00:54:31.77	
162	33	LUÍS NETO	M	52	00:54:49.70	00:54:43.67	CARAPPAUS DE CORRIDA
163	146	LUÍS REVÉS	M	42	00:54:56.61	00:54:34.73	CCD SIEMENS
164	144	CARLOS A S JESUS	M	52	00:54:56.85	00:54:46.41	
165	239	BRUNO M R TEIXEIRA	M	29	00:55:00.61	00:54:45.50	
166	172	NELSON FERNANDES	M	42	00:55:12.15	00:55:06.88	SRCD TESOUREIRA
167	258	RICARDO BRAS	M	22	00:55:16.41	00:54:39.27	
168	259	RITA PINTO	F	26	00:55:40.58	00:55:35.42	
169	166	HENRIQUE COELHO	M	36	00:55:40.93	00:55:28.32	OPTICALIA RUNNING TEAM
170	277	ANA PAULINO	F	32	00:55:45.12	00:55:40.48	
171	317	DIOGO C RAIMUNDO	M	27	00:55:55.75	00:55:43.71	
172	369	SILVERIO BRAZ	M	56	00:55:59.87	00:55:50.25	
173	21	JOSE DIAS	M	59	00:56:00.30	00:55:51.85	ND AUTOCOOPE
174	29	PEDRO FREITAS	M	24	00:56:02.84	00:55:45.06	
175	66	LISA DÜBEN	F	25	00:56:05.83	00:55:48.71	BILLY-WILDER ULTRAS
176	233	LUIS COITO	M	46	00:56:07.70	00:55:49.23	
177	282	STEPHANIE S BROWN	F	41	00:56:13.75	00:56:03.37	
178	241	NUNO FRAGOSO	M	40	00:56:18.12	00:55:59.70	
179	170	TIAGO BASILIO	M	42	00:56:22.49	00:56:15.86	
180	47	ANTONIO FARIA	M	62	00:56:26.96	00:56:18.56	
181	253	LUIS SOBRAL	M	54	00:56:41.56	00:56:20.77	
182	35	JOSÉ BAIXINHO	M	59	00:56:42.07	00:56:26.58	SANTIAGO FC
183	36	JUDITE BAIXINHO	F	30	00:56:44.38	00:56:28.70	SANTIAGO FC
184	136	EDUARDO J L SANTOS	M	37	00:56:47.48	00:56:43.64	



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185	196	PAULO ANTUNES	M	48	00:56:58.17	00:56:54.23	LESMAS ALOPRADAS
186	350	ATLETA NÃO CADASTRADO	M	0	00:57:11.54	00:56:54.15	
187	234	JOSE LUIS LOPES	M	59	00:57:11.94	00:57:07.50	AMIGOS DA ESTRELA
188	182	FRANCISCO FERNANDES	M	36	00:57:13.08	00:56:51.76	
189	40	ANA COSTA	F	31	00:57:22.30	00:57:12.19	ENCONTRO DIGUARIAS RT
190	129	ALEXANDRA CENTENO	F	44	00:57:28.69	00:57:20.11	
191	161	HELDER ALEXANDRE	M	42	00:57:29.48	00:57:22.97	FARMÁCIAS HOLON
192	62	VITOR J S FERREIRA	M	54	00:57:30.15	00:57:22.03	
193	305	VANESSA PAQUETE	F	26	00:57:39.09	00:57:26.31	PHARMAWONDERS
194	260	MAFALDA REIS	F	27	00:57:48.02	00:57:43.01	
195	346	MONICA MARTINS	F	33	00:57:53.79	00:57:50.17	CARACOIS TURBINADOS
196	347	TIAGO CATALAO	M	33	00:57:53.83	00:57:50.66	CARACOIS TURBINADOS
197	44	PEDRO M F CARVALHO	M	42	00:58:04.20	00:58:03.00	
198	231	CAROLINA TORRES	F	29	00:58:37.67	00:58:25.12	PHARMATOMORROWLAND
199	311	CARLOS MUSTRA	M	39	00:58:43.90	00:58:36.63	FARMÁCIAS HOLON
200	307	SARA CARREIRA	F	26	00:58:50.95	00:58:37.03	PHARMAWONDERS
201	155	JORGE SANTOS	M	51	00:59:17.22	00:58:56.77	
202	69	FLAVIO FILGUEIRAS	M	54	00:59:23.18	00:59:18.63	T A T O
203	126	LUIS LEITÃO	M	45	00:59:37.60	00:59:18.34	CD CEPESA
204	53	CARINA A C CONDEÇO	F	34	00:59:39.81	00:59:33.08	
205	91	FILIPA FIGUEIREDO	F	41	00:59:44.81	00:59:25.64	PERNAS DE GAFANHOTO
206	357	VERA SILVA	F	31	00:59:50.39	00:59:39.00	BFFS
207	359	RITA FERNANDES	F	34	00:59:51.56	00:59:39.81	BFFS
208	163	NUNO SIMÃO	M	48	00:59:56.99	00:59:37.75	
209	289	DIOGO GOUVEIA	M	40	00:59:57.90	00:59:46.42	ORDEM FARMACEUTICOS
210	64	TIAGO NASCIMENTO	M	37	01:00:07.14	01:00:00.38	
211	157	TÂNIA COSTA	F	35	01:00:10.28	00:59:50.41	CD CEPESA
212	200	MARTINHO ROQUE	M	47	01:00:11.51	00:59:54.23	
213	306	ANDREIA VICENTE	F	26	01:00:15.59	01:00:02.44	PHARMAWONDERS
214	328	CATARINA FRAGATA	F	25	01:00:21.15	01:00:10.98	
215	250	FREDERICO ANTUNES	M	35	01:00:21.33	01:00:11.31	
216	340	NUNO SERRAO	M	41	01:00:28.82	00:59:02.24	ENCONTRO DIGUARIAS RT
217	226	PAULO SERRA	M	41	01:00:44.43	01:00:31.32	SERRALHARIA AGOSTINHO DUARTE, LDA
218	52	ANN MACPHERSON	F	38	01:00:47.97	01:00:37.21	EMSA
219	335	JOANNA BACHMATIUK	F	27	01:00:52.49	01:00:52.49	NERDS FOR SPEED
220	287	ALVARO SILVEIRA	M	34	01:01:10.08	01:00:49.52	ORDEM FARMACEUTICOS
221	113	ISABEL GUERRA	F	58	01:01:30.95	01:01:25.18	



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222	349	ANTONIO FERNANDES	M	48	01:01:32.59	01:01:23.66	
223	334	SOFIA RIBEIRO	F	32	01:01:37.79	01:01:36.58	NERDS FOR SPEED
224	236	MANUEL N BAPTISTA	M	51	01:02:02.28	01:01:52.12	
225	158	JOANA D CHOURIÇO	F	53	01:02:09.79	01:02:05.59	
226	68	REGIANE FILGUEIRAS	F	48	01:02:15.26	01:02:11.52	T A T O
227	312	ANA C FONSECA	F	41	01:02:21.18	01:02:13.85	FARMÁCIAS HOLON
228	72	PAULO R JERÓNIMO	M	53	01:02:30.13	01:02:22.17	
229	295	BASILIO PAIXAO	M	47	01:02:33.91	01:02:21.29	
230	257	FAUSTO PINTO	M	24	01:02:53.53	01:02:16.00	
231	256	MARTA ROCHA	F	23	01:02:53.71	01:02:15.72	
232	17	ZUZANA SIMULCIKOVA	F	27	01:03:12.65	01:03:09.80	
233	283	LILIANA RIBEIRO	F	24	01:03:15.92	01:02:58.56	APEF
234	167	PEDRO VIEIRA	M	36	01:03:25.72	01:03:11.89	OPTICALIA RUNNING TEAM
235	119	FERNANDO ROCHA	M	59	01:03:29.70	01:03:20.70	ROCHA TEAM
236	118	SOFIA ROCHA	F	29	01:03:29.72	01:03:20.46	ROCHA TEAM
237	76	RUI MELÃO	M	52	01:03:37.35	01:03:25.76	
238	248	LURDES SERRÃO	F	38	01:03:40.70	01:03:31.11	ENCONTRO DIGUARIAS RT
239	190	CLAUDIA MARQUES	F	35	01:03:41.15	01:03:37.24	GDCT UNICRE
240	110	RICARDO F N BARBOSA	M	27	01:03:47.57	01:03:22.95	
241	221	JOANA ROLÃO	F	25	01:03:47.61	01:03:37.15	
242	162	JOÃO RIBEIRO	M	28	01:03:51.73	01:03:41.47	
243	185	MARGARIDA A A SANTOS	F	18	01:03:58.61	01:03:51.63	
244	39	CÁTIA L M SOUSA	F	34	01:04:08.10	01:03:48.03	
245	235	JÚLIO P O S COSTA	M	41	01:04:08.25	01:03:48.48	
246	114	LUÍS G S OLIVEIRA	M	32	01:04:29.75	01:04:13.13	ATLETAS MAS POR TURNOS
247	329	ANDRÉ ANDRADE	M	28	01:04:31.22	01:04:16.00	
248	325	FILIPA MONTE	F	38	01:04:53.34	01:04:44.43	FARMÁCIAS HOLON
249	12	JOHNNY THOMASSEN	M	56	01:05:02.01	01:04:47.10	
250	168	VITOR C MATA	M	37	01:05:16.69	01:05:04.23	
251	285	TIAGO TOME	M	37	01:05:16.95	01:04:55.59	ORDEM FARMACEUTICOS
252	49	VANDA R P A MARTINS	F	39	01:05:27.19	01:05:27.19	
253	284	GABRIELA RIBEIRO	F	23	01:06:03.95	01:05:46.12	APEF
254	275	LARA VELOSO	F	41	01:06:24.98	01:06:05.92	
255	332	ANDREIA CONIM	F	36	01:06:25.36	01:06:07.00	
256	244	CLAUDIA TAM	F	34	01:06:46.66	01:06:29.75	AÇOREANA
257	150	VITOR LUCAS	M	53	01:06:59.97	01:06:51.65	BREAKAWAY
258	50	NUNO M CONDEÇO	M	36	01:07:34.24	01:07:26.95	



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259	232	JOANA ROSADO	F	31	01:07:41.78	01:07:28.24	PHARMATOMORROWLAND
260	333	MANUEL TALHINHAS	M	23	01:07:43.01	01:07:24.85	DAEFFUL16
261	188	PAULO FRANÇA	M	54	01:07:56.89	01:07:53.63	GDCT UNICRE
262	189	FÁTIMA MANTEIGA	F	47	01:07:57.06	01:07:53.04	GDCT UNICRE
263	320	FÁTIMA P BRAGANÇA	F	56	01:08:16.92	01:08:15.90	
264	151	OLIVIA LUCAS	F	51	01:08:22.44	01:08:14.09	BREAKAWAY
265	302	BERNARDO DUARTE	M	25	01:08:34.97	01:08:25.35	
266	331	CRISTINA CAMPOS	F	45	01:08:40.25	01:08:25.13	
267	267	TERESA CONCEICAO	F	38	01:08:40.49	01:08:24.91	
268	54	ECATERINA BORDOS	F	25	01:08:54.49	01:08:32.55	
269	323	ANA L S F PINTO	F	28	01:09:02.85	01:08:57.70	
270	153	ANA POMBAL	F	38	01:09:09.27	01:08:48.47	
271	360	ILIDIO MONTEIRO	M	66	01:09:20.01	01:08:56.76	CUABENA V
272	337	PREETI YADAV	M	26	01:09:25.69	01:09:24.56	NERDS FOR SPEED
273	94	FILIPA LEITÃO	F	41	01:09:26.48	01:09:03.97	
274	240	LUIA F COSTA	F	47	01:09:34.17	01:09:08.03	QUARENTOES NA BISGA
275	273	Mª TERESA ALMEIDA	F	51	01:09:40.36	01:09:24.69	
276	107	LI MENGXUAN	F	19	01:10:08.00	01:09:55.21	
277	106	LIU JIAYING	F	18	01:10:08.25	01:09:56.24	
278	79	NUNO M S OLIVEIRA	M	40	01:10:22.95	01:09:55.11	
279	180	JOANA S J RODRIGUES	F	34	01:11:18.20	01:11:02.12	
280	120	ALEXANDRE S SOARES	M	43	01:12:32.23	01:12:27.64	DINOS
281	95	CARLA PEREIRA	F	39	01:12:35.21	01:12:29.54	SANOFI
282	206	Mª ROSÁRIO B PINTO	F	53	01:12:35.95	01:12:08.39	
283	218	HELIO SOUSA	M	57	01:13:09.45	01:12:57.03	
284	217	JAIME N FERREIRA	M	57	01:13:10.44	01:12:57.66	
285	194	ANA RITA ANGELINO	F	28	01:13:18.67	01:13:03.49	
286	142	RITA B BAPTISTA	F	24	01:13:31.11	01:13:21.70	
287	290	NUNO CARDOSO	M	26	01:13:59.75	01:13:34.94	ORDEM FARMACEUTICOS
288	291	ANDREIA BRUNO	F	33	01:14:00.11	01:13:38.82	ORDEM FARMACEUTICOS
289	127	ANA PINTO	F	40	01:14:47.10	01:14:27.92	CD CEPSA
290	225	TATIANA SERRA	F	34	01:16:15.70	01:16:02.16	SERRALHARIA AGOSTINHO DUARTE, LDA
291	243	MA FEE HUNG	F	66	01:16:25.56	01:16:08.86	AÇOREANA
292	264	LUIA SANTOS	F	35	01:18:11.37	01:17:55.95	
293	83	SARA DE SOUSA	F	38	01:18:15.77	01:18:05.99	TARTARUGAS SOLIDÁRIAS
294	38	JOSE G ARRUDA	M	67	01:20:17.84	01:19:52.05	CONDOR
295	37	FOCK Y WAN	F	66	01:20:18.58	01:19:52.69	CONDOR



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296	101	LUIZA SILVA	F	48	01:20:48.09	01:20:40.89	SANOFI
297	181	MARLENE A C CUNHA	F	37	01:20:48.32	01:20:32.22	
298	262	Mª CARMO ANJOS	F	70	01:21:54.31	01:21:38.60	CONDOR
299	214	LUCINDA HENRIQUES	F	67	01:24:31.22	01:24:16.15	SEMPRE EM FESTA

Total de registros: 299