

dom 14/10/2018 13:11

Results Dist Longa

created by [MT2003 © Stephan Krämer 2008](#)

Pl	Stno	Name	YB	Club	Time
Open Médio (2) 8.8 km 285 m 9 C					
1	90014	Carolina Rebelo	[123]	UCDA	1:59:42
2	6421	Sara Gonçalves	[123]	UCDA	1:59:54
Open Longo (8) 11.3 km 315 m 14 C					
1	90006	Ivo Gomes	[070]	COC	1:14:41
2	90001	Rafael Filipe Ca Alfacinha	90	[10720] DBTeam	1:18:19
3	90003	Miguel Tomás	74	[1564] Individual POR	1:19:00
4	90002	Mario Silva	65	[1564] Individual POR	1:27:12
5	2533	Arménio Mendes	65	[094] CPOC	1:49:51
	90008	Rui Pires	85	[1564] Individual POR	mp
	5054	Daniel Costa		COA	mp
	90013	Nelson Santos	[123]	UCDA	mp
Formação (1) 6.7 km 165 m 16 C					
1	6242	David Marques	10	[070] COC	1:14:01
H15 (12) 10.8 km 275 m 9 C					
1	6207	Bernardo Rosa	03	[070] COC	45:11
2	6429	Fábio Gonçalves	04	[123] UCDA	45:49
3	6237	Antur Mendonca	04	[105] BTTLoulé/ELEVIS	47:03
4	6455	João Ferreira	04	[123] UCDA	54:53
5	6415	Rudí Cavaco	03	[105] BTTLoulé/ELEVIS	58:54
6	6425	Ricardo Francisco	05	[123] UCDA	1:01:02
7	6234	Rafael Torres	03	[035] CN Alvito	1:11:35
8	5794	Rafael Rusga	03	[133] GDU Azoia	1:19:13
9	90009	Gonçalo Maia		[123] UCDA	1:25:10
10	6007	Pedro Mendes	03	[090] ADFA	1:35:33
11	6423	Francisco Casanova	05	[123] UCDA	1:55:42
	6347	Miguel Sousa	04	[166] ADM Ori-Mondego	dns
D15 (2) 8.4 km 185 m 9 C					
1	6441	Laura Simão	04	[105] BTTLoulé/ELEVIS	46:47
2	6427	Iris Fonseca	05	[123] UCDA	55:24
H17 (5) 11.3 km 375 m 13 C					
1	6010	João Mendonça	01	[105] BTTLoulé/ELEVIS	1:00:46
2	6428	João Francisco	02	[123] UCDA	1:05:24
3	6011	Edgar Sousa	02	[105] BTTLoulé/ELEVIS	1:11:27
4	6118	Diogo Horta	01	[105] BTTLoulé/ELEVIS	1:45:15
	5896	Pedro Peralta	02	[133] GDU Azoia	dns

H20 (1) 15.4 km 390 m 11 C

1	5861	João Fonseca	01	[123]	UCDA	1:32:45
---	------	--------------	----	-------	------	---------

HE (10) 22.6 km 690 m 18 C

1	3173	Davide Machado	88	[102]	.COM	1:19:34
2	1963	João Ferreira	89	[168]	CAB	1:29:04
3	4324	Paul Roothans	95	[035]	CN Alvito	1:30:29
4	2128	Daniel Marques	84	[070]	COC	1:34:46
5	3602	Luis Barreiro	82	[054]	NADA	1:35:15
6	4584	Fernando Henrique	72	[054]	NADA	1:36:32
7	4251	Paulo Palhinha	80	[125]	CP Abrunheira	1:44:10
8	2700	Joel Morgado	77	[070]	COC	2:03:07
	3943	Arnaldo Mendes	79	[166]	ADM Ori-Mondego	dns
	3887	Pedro Rama	84	[166]	ADM Ori-Mondego	dns

DE (5) 18.2 km 500 m 16 C

1	5709	Marisa Costa	00	[105]	BTTLoulé/ELEVIS	1:30:40
2	3445	Ana Filipa Silva	90	[094]	CPOC	1:45:30
3	3799	Tânia Covas Costa	78	[102]	.COM	1:51:09
4	2503	Susana Pontes	71	[070]	COC	2:09:04
	5857	Diana Moreira	87	[168]	CAB	mp

H21A (16) 18.2 km 500 m 16 C

1	5032	Mac-Mahon Moreira	93	[105]	BTTLoulé/ELEVIS	1:35:34
2	3926	Ricardo Jeronimo	88	[123]	UCDA	1:39:12
3	5949	Nuno Loução	80	[178]	NOA	1:42:48
4	25885	Pedro Morais	96	[168]	CAB	1:43:45
5	6186	Luis Oliveira	86	[123]	UCDA	1:51:59
6	5159	Christopher Harvey	92	[105]	BTTLoulé/ELEVIS	1:52:39
7	5359	Duarte Sousa	96	[105]	BTTLoulé/ELEVIS	1:57:10
8	90007	Gonçalo Oliveira	84	[1564]	Individual POR	2:04:06
9	5160	André Gonçalves	93	[105]	BTTLoulé/ELEVIS	2:04:17
10	6471	Carlos Leitão	82	[178]	NOA	2:09:53
11	3633	Marco Martins	94	[022]	CLAC	2:21:05
12	6324	Mauro Duarte	79	[094]	CPOC	2:29:46
13	6416	Leandro Calvete	80	[123]	UCDA	2:56:26
14	6422	António José Lop Santos	77	[123]	UCDA	3:04:54
15	6420	Jorge Lavado	69	[123]	UCDA	3:07:15
	25916	Artur Freitas	80	[166]	ADM Ori-Mondego	dns

D21A (5) 11.2 km 250 m 10 C

1	2587	Sandra Rodrigues	78	[090]	ADFA	1:02:36
2	6262	Carina Centeno	81	[125]	CP Abrunheira	1:25:03
3	6419	Silvia Antunes	75	[123]	UCDA	1:28:06
	4901	Carla Ferreira	79	[166]	ADM Ori-Mondego	dns
	3082	Marisa Barroso	81	[070]	COC	dns

D40	(4)		11.3 km	375 m	13 C		
1	3748	Rita Gomes			74 [105]	BTTLoulé/ELEVIS	1:26:37
2	2936	Anabela Freitas			72 [085]	A Montanha	1:51:32
3	5409	Margarida Correia			69 [105]	BTTLoulé/ELEVIS	1:56:43
	4895	Alda Marcelo			77 [166]	ADM Ori-Mondego	dns

H40	(16)		18.6 km	570 m	14 C		
1	4632	Mario Marinheiro			65 [125]	CP Abrunheira	1:34:31
2	1022	José Marques			73 [105]	BTTLoulé/ELEVIS	1:42:32
3	2078	Inácio Serralheiro			58 [070]	COC	1:45:37
4	4250	Marco Palhinha			[125]	CP Abrunheira	1:48:06
5	1837	Bruno Gonçalves			77 [123]	UCDA	1:48:39
6	2054	Jorge Mendes			75 [090]	ADFA	1:49:06
7	2060	Marco Póvoa			76 [090]	ADFA	1:52:52
8	2613	Alex Liberato			72 [105]	BTTLoulé/ELEVIS	2:01:43
9	2257	Nuno Soares			74 [035]	CN Alvito	2:04:03
10	3936	Norberto Henriques			77 [070]	COC	2:06:31
11	2087	Miguel Agostinho			71 [123]	UCDA	2:24:04
12	4099	Fernando Silvestre			74 [123]	UCDA	3:18:01
13	6418	Paulo Coutinho			78 [123]	UCDA	3:24:06
	2377	Rui Botão			68 [070]	COC	mp
	1810	Octávio Andrade			68 [102]	.COM	dns
	3304	Cesar Conceição			75 [070]	COC	dns

D50	(2)		12.4 km	295 m	9 C		
1	2129	Lúisa Mateus			58 [070]	COC	1:22:02
	4179	Margarida Gonçal Novo			61 [035]	CN Alvito	dns

H50	(23)		16.6 km	490 m	13 C		
1	6232	Jean-Charles Lalevee			60 [035]	CN Alvito	1:26:36
2	1577	Luis Sousa			54 [090]	ADFA	1:40:12
3	1086	Eduardo Sebastião			66 [090]	ADFA	1:49:02
4	1843	António Rocha			66 [003]	CIMO	1:52:33
5	3590	Manuel Relvas			64 [094]	CPOC	1:53:00
6	2894	Jorge Silva			66 [003]	CIMO	2:03:08
7	2789	Helder Faisca			64 [105]	BTTLoulé/ELEVIS	2:04:33
8	1309	Paulo Mourão			63 [022]	CLAC	2:06:11
9	1937	Tozé Silva			66 [070]	COC	2:11:16
10	1704	João Lavado			67 [123]	UCDA	2:16:43
11	2667	João Martins			67 [022]	CLAC	2:20:05
12	3455	José Silva			65 [090]	ADFA	2:25:22
13	4094	Fernando Cerdeira			65 [022]	CLAC	2:27:07
14	4537	Luis Patricio			63 [094]	CPOC	2:28:22
15	4372	Norberto Marques			68 [070]	COC	2:31:56
16	6247	Paulino Silva			68 [168]	CAB	2:32:02
17	4300	Carlos Garrido			59 [166]	ADM Ori-Mondego	2:39:19
18	3933	Mário Costa			61 [003]	CIMO	2:40:41
19	1728	Paulo Gonçalves			68 [123]	UCDA	2:44:37
20	1218	Fontoura			63 [094]	CPOC	2:46:29
21	3111	Tiago Fernandes			67 [1000]	Individual POR Fed	2:47:40
	2130	Pedro Serralheiro			61 [070]	COC	mp
	1093	Jorge Baltazar			66 [133]	GDU Azoia	mp

H60 (7)**14.6 km 390 m 12 C**

1	1190	Carlos Ferreira	56	[168]	CAB	1:31:34
2	3950	Norman Jones	53	[128]	COALA	1:34:20
3	3997	Jorge Artur	55	[090]	ADFA	1:43:14
4	1851	Escada da Costa	56	[128]	COALA	1:47:22
5	1079	Joaquim Patrício	48	[035]	CN Alvito	1:51:10
6	4433	António Rosa	56	[035]	CN Alvito	2:05:07
7	1831	Jorge Santos	50	[128]	COALA	2:05:57