

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
1	1	HERMANO FERREIRA	M	32	M0034	1 SPORTING CP	00:31:06
2	969	ANDRELINO FURTADO	M	23	M0034	2 SL BENFICA	00:31:19
3	995	MIGUEL F V SANTOS	M	24	M0034	3 INDIVIDUAL	00:31:36
4	123	PEDRO ARSENIO	M	32	M0034	4 CA ODIMARQ	00:32:04
5	124	LUIS RAÇOES	M	39	M3539	1 CA ODIMARQ	00:33:26
6	481	JOÃO VAZ	M	47	M4549	1 CCD O ALVITEJO	00:33:30
7	120	PEDRO GOMES	M	37	M3539	2 CA ODIMARQ	00:34:02
8	297	JORGE CRUZ	M	50	M5054	1 MAFRA COM VENTO/ESTABIL	00:34:03
9	775	MARIO CASSACA	M	42	M4044	1 CA ODIMARQ	00:34:19
10	830	VITOR OLIVEIRA	M	25	M0034	5 WEVENTUAL	00:34:44
11	1032	ANTÓNIO TRAVASSOS	M	43	M4044	2 CUA BENAVENTENSE	00:34:50
12	729	PEDRO CARREIRA	M	36	M3539	3 INDIVIDUAL	00:35:18
13	137	JOSE A M MARTINS	M	49	M4549	2 INAPA PORTUGAL	00:35:22
14	248	JOSÉ CARLOS	M	48	M4549	3 UA POVOENSE	00:35:37
15	790	EDUARDO EUSTAQUIO	M	51	M5054	2 AA MAFRA	00:35:54
16	484	RICARDO PEREIRA	M	38	M3539	4 GRFH - IMPORTAÇÃO E EXPORTAÇÃO	00:36:07
17	3	SUSANA FRANCISCO	F	24	F0034	1 SPORTING CP	00:36:20
18	1056	HENRIK SANTOS	M	25	M0034	6 NS LOURINHA	00:36:21
19	308	JOSÉ CORREIA	M	48	M4549	4 CA PATAMEIRAS	00:36:22
20	615	ARNALDO SILVA	M	45	M4549	5 PRAFIT CLUB	00:36:37
21	107	RICARDO NEVES	M	40	M4044	3 GDC IN CASA MOEDA	00:37:00
22	118	SILVESTRE GOMES	M	60	M6064	1 CA ODIMARQ	00:37:15
23	296	CARLOS A S ALMEIDA	M	42	M4044	4 MAFRA COM VENTO/ESTABIL	00:37:21
24	119	AIRES PRATAS	M	60	M6064	2 CA ODIMARQ	00:37:42
25	6	AMILCAR DUARTE	M	56	M5559	1 SPORTING CP	00:37:42
26	1223	CARLOS FREITAS	M	44	M4044	5 GFD RUNNING	00:37:45
27	614	MARK RIBEIRO	M	28	M0034	7 PRAFIT CLUB	00:37:46
28	2	RAQUEL TRABUCO	F	28	F0034	2 C ELVENSE NATACAO	00:37:48
29	472	NUNO A M SOARES	M	33	M0034	8 CORRER LISBOA	00:38:04
30	867	JOSE A T LORGA	M	34	M0034	9 HC RUNNERS	00:38:06
31	878	VALTER SOARES	M	40	M4044	6 GDR S FRANCISCO SERRA	00:38:37
32	379	HERNANI JACINTO	M	46	M4549	6 VITORIA FC	00:38:43
33	623	RODRIGO GUERRA	M	39	M3539	5 INDIVIDUAL	00:38:46
34	266	PEDRO MOTA	M	44	M4044	7 ASC VALE GRANDE	00:38:54
35	545	GIL X ALVES	M	38	M3539	6 UNIDOS DA MANUTENÇÃO	00:39:00
36	1228	JOSÉ GUIMARÃES	M	41	M4044	8 CN PARQUE DAS NAÇÕES	00:39:02
37	132	MARGARIDA DIONÍSIO	F	28	F0034	3 ACR SRA DESTERRO	00:39:13
38	1011	GONÇALO RUIVO	M	26	M0034	10 INDIVIDUAL	00:39:15
39	1229	TIAGO DE CASTELA	M	27	M0034	11 CN PARQUE DAS NAÇÕES	00:39:16
40	709	PEDRO NEVES	M	34	M0034	12 ALCATRAZ PENICHE RUNNERS	00:39:21
41	542	MANUEL SOARES	M	50	M5054	3 UNIDOS DA MANUTENÇÃO	00:39:22
42	109	RUI CORREIA	M	39	M3539	7 GDC IN CASA MOEDA	00:39:24
43	50	JOSÉ JORGE	M	28	M0034	13 INDIVIDUAL	00:39:25
44	583	PEDRO FARTO	M	35	M3539	8 ALCATRAZ PENICHE RUNNERS	00:39:26
45	587	BRUNO BRÁS	M	31	M0034	14 PENICHE A CORRER	00:39:29

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
46	882	RUI PEREIRA	M	39	M3539	9 PENICHE A CORRER	00:39:31
47	1029	JOÃO PIRES	M	28	M0034	15 PATOS BRAVOS	00:39:32
48	380	FLORIVAL BACALHAU	M	58	M5559	2 VITORIA FC	00:39:42
49	939	VICTOR M F DOURADO	M	35	M3539	10 INDIVIDUAL	00:39:45
50	84	NUNO ALMEIDA	M	35	M3539	11 INDIVIDUAL	00:39:51
51	172	JOSÉ MORAIS	M	53	M5054	4 OS ALMADENSES RUNNERS TEAM	00:40:01
52	955	MARCOS A F PEREIRA	M	59	M5559	3 INDIVIDUAL	00:40:04
53	365	JAIME LAMEGO	M	55	M5559	4 XTREME LEVEL	00:40:04
54	551	LUIS ALBUQUERQUE	M	45	M4549	7 AÇOREANA C BANIF	00:40:10
55	381	MARCO ROSA	M	37	M3539	12 VITORIA FC	00:40:14
56	25	JOAO PEREIRA	M	52	M5054	5 CCD PM CASCAIS	00:40:16
57	557	ANDRÉ QUARENTA	M	44	M4044	9 AÇOREANA C BANIF	00:40:16
58	427	CONSTANTINO ARAÚJO	M	48	M4549	8 SC REBOLEIRA DAMAIA	00:40:20
59	974	RICARDO PITA	M	34	M0034	16 CÂMARA LISBOA CLUBE	00:40:21
60	122	FERNANDO CHAMUSCA	M	65	M6599	1 CA ODIMARQ	00:40:26
61	543	RUI CARDOSO	M	44	M4044	10 UNIDOS DA MANUTENÇÃO	00:40:27
62	634	GONÇALO ZARCO	M	41	M4044	11 SCALABIS NIGHT RUNNERS	00:40:28
63	616	FILIPA COSTA	F	27	F0034	4 PRAFIT CLUB	00:40:32
64	567	MÁRIO GOMES	M	45	M4549	9 AÇOREANA C BANIF	00:40:34
65	601	BRUNO VERISSIMO	M	31	M0034	17 PENICHE A CORRER	00:40:36
66	857	JOAQUIM ALEXANDRE	M	49	M4549	10 URD ARRANHÔ	00:40:36
67	881	PAULO JOSÉ	M	33	M0034	18 PENICHE A CORRER	00:40:38
68	597	JÓSE L GONÇALVES	M	39	M3539	13 PENICHE A CORRER	00:40:39
69	256	JOSÉ GONÇALVES	M	48	M4549	11 AA MAFRA	00:40:41
70	249	RICARDO C L R RODRIGUES	M	38	M3539	14 GELPINHOS	00:40:42
71	1126	TIAGO M B MENDES	M	41	M4044	12 C MILLENNIUM BCP	00:40:42
72	1013	NUNO FILIPE SILVA	M	39	M3539	15 CORRER LISBOA	00:40:49
73	1039	BRUNO FRANCISCO	M	32	M0034	19 A TRINHÃO PONTE FAJÃO	00:40:52
74	781	RENATO R MORAIS	M	33	M0034	20 TARTARUGAS SOLIDÁRIAS	00:40:54
75	354	HUGO SILVA	M	36	M3539	16 PITUSKOS	00:40:56
76	618	LUIS CAEIRO	M	29	M0034	21 PRAFIT CLUB	00:40:59
77	689	JOSÉ BADALO	M	49	M4549	12 ADCSA BALDIO	00:41:14
78	32	TEOTONIO X NETO	M	51	M5054	6 ADRC MATA BENFICA	00:41:15
79	1174	JOAO RODRIGUES	M	51	M5054	7 CASINO LISBOA	00:41:15
80	745	RENATA FERNANDES	F	34	F0034	5 INDIVIDUAL	00:41:27
81	104	NUNO SOUSA	M	41	M4044	13 GDC IN CASA MOEDA	00:41:29
82	497	PEDRO FERREIRA	M	27	M0034	22 INDIVIDUAL	00:41:37
83	819	EDGAR CONSTÂNCIO	M	25	M0034	23 INDIVIDUAL	00:41:38
84	189	JORGE PARDAL	M	42	M4044	14 INDIVIDUAL	00:41:51
85	291	LUÍS GUERREIRO	M	45	M4549	13 INDIVIDUAL	00:41:54
86	275	NUNO BALULA	M	39	M3539	17 WIKABOO	00:41:54
87	657	JOÃO SILVA	M	56	M5559	5 CDM	00:41:57
88	659	JOSÉ SILVA	M	47	M4549	14 CDM	00:41:57
89	1063	JOÃO JESUS	M	39	M3539	18 GD SANTANDER TOTTA	00:42:11
90	444	AGOSTINHO GONCALVES	M	56	M5559	6 C SARGENTO ARMADA	00:42:16

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
91	1242	BERNARDO MALHADOR	M	38	M3539	19 CN PARQUE DAS NAÇÕES	00:42:20
92	679	PEDRO M P COSTA	M	46	M4549	15 INDIVIDUAL	00:42:24
93	803	RITA A S RIBEIRO	F	31	F0034	6 ESC ATL RUI SILVA	00:42:27
94	703	PAULO GOMES	M	57	M5559	7 CEIFEIRA REAL-PARQUE DAS NACÕES	00:42:28
95	463	MIGUEL S M PAULINO	M	21	M0034	24 INDIVIDUAL	00:42:31
96	504	NORBERTO MARQUES	M	44	M4044	15 RUNNING OF D MARIA	00:42:37
97	121	EDUARDO TANGANHITO	M	68	M6599	2 CA ODIMARQ	00:42:38
98	348	PAULO ALMEIDA	M	50	M5054	8 INDIVIDUAL	00:42:39
99	1194	RICARDO SILVA	M	40	M4044	16 SERVILUSA	00:42:41
100	1068	FILIFE FERREIRA	M	37	M3539	20 GD SANTANDER TOTTA	00:42:47
101	918	NUNO F B MENDÃO	M	41	M4044	17 INDIVIDUAL	00:42:50
102	1017	EDUARDO FERREIRA	M	24	M0034	25 GD SÃO DOMINGOS	00:42:51
103	1061	RUI MACHINHO	M	38	M3539	21 GD SANTANDER TOTTA	00:42:52
104	570	PAULO MORADIAS	M	50	M5054	9 AÇOREANA C BANIF	00:42:52
105	544	FERNANDO GOMES	M	41	M4044	18 UNIDOS DA MANUTENÇÃO	00:42:53
106	4	LUZIA DIAS	F	44	F3544	1 SPORTING CP	00:42:53
107	447	ANTONIO MARQUES	M	51	M5054	10 C SARGENTO ARMADA	00:42:54
108	640	CARLOS ROSADO	M	47	M4549	16 C RUGBY JUROMENHA	00:42:58
109	448	DUARTE SARES	M	58	M5559	8 C SARGENTO ARMADA	00:43:00
110	464	NUNO SEIXAS	M	38	M3539	22 INDIVIDUAL	00:43:06
111	168	LUIS GOMES	M	49	M4549	17 INDIVIDUAL	00:43:08
112	59	PEDRO MARTINS	M	37	M3539	23 PEDROS	00:43:09
113	442	VITOR LEBRE	M	40	M4044	19 SFUAP	00:43:10
114	728	PEDRO SERRA	M	31	M0034	26 TARTARUGAS SOLIDÁRIAS	00:43:19
115	131	SERGIO SANTOS	M	43	M4044	20 INDIVIDUAL	00:43:26
116	673	PAULO BASILIO	M	47	M4549	18 OS ZATOPEQUES	00:43:28
117	994	JOÃO L NOBRE	M	25	M0034	27 INDIVIDUAL	00:43:29
118	443	MARIO ALVES	M	59	M5559	9 SFUAP	00:43:30
119	732	NUNO CARDOSO	M	39	M3539	24 QUENIANOS ALBINOS	00:43:32
120	1067	FABIO PASSOS	M	28	M0034	28 GD SANTANDER TOTTA	00:43:35
121	1055	MIGUEL ROCHA	M	43	M4044	21 INDIVIDUAL	00:43:36
122	1008	ANTONIO S HENRIQUES	M	43	M4044	22 VILA FRIA	00:43:38
123	1283	CONCEIÇÃO CHAVIER	F	45	F4554	1 INDIVIDUAL	00:43:39
124	913	PEDRO GOMES	M	38	M3539	25 INDIVIDUAL	00:43:42
125	407	FAUSTO A B F PEREIRA	M	34	M0034	29 INDIVIDUAL	00:43:43
126	666	RUI FEIO	M	51	M5054	11 INDIVIDUAL	00:43:43
127	759	ANASTÁCIO NETO	M	41	M4044	23 INDIVIDUAL	00:43:45
128	1183	NUNO REBELO	M	36	M3539	26 CASINO LISBOA	00:43:46
129	17	JOAO GIRAO	M	27	M0034	30 CLUBE ACCENTURE	00:43:46
130	1264	ANTÓNIO VIEIRA	M	50	M5054	12 CN PARQUE DAS NAÇÕES	00:43:46
131	344	LUÍS GONÇALVES	M	37	M3539	27 JOBRINDE MONTES SALOIOS	00:43:52
132	265	JOSÉ MOREIRA	M	38	M3539	28 ASC VALE GRANDE	00:43:53
133	930	AUGUSTO GASPAR	M	53	M5054	13 INDIVIDUAL	00:43:54
134	854	FILIFE BRANCO	M	45	M4549	19 URD ARRANHÔ	00:43:58
135	1221	ANA ALBERTO	F	37	F3544	2 AMINHACORRIDA / SKECHERS	00:44:04

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
136	660	MIGUEL SILVA	M	48	M4549	20 CDM	00:44:05
137	1074	SALVADOR AFONSO	M	61	M6064	3 GD SANTANDER TOTTA	00:44:06
138	651	LEONEL NEVES	M	61	M6064	4 A VALE SILENCIO	00:44:07
139	902	FERNANDO AMÂNCIO	M	36	M3539	29 ALCATRAZ PENICHE RUNNERS	00:44:08
140	76	CARLOS M S CAEIRO	M	60	M6064	5 INDIVIDUAL	00:44:09
141	431	JOSÉ REIS	M	61	M6064	6 SC REBOLEIRA DAMAIA	00:44:10
142	1012	NUNO F G SIMÕES	M	32	M0034	31 INDIVIDUAL	00:44:11
143	175	LEONEL SELEIRO	M	58	M5559	10 AA AGUALVA	00:44:12
144	525	JOAQUIM FRADE	M	59	M5559	11 SS CGD	00:44:14
145	387	FERNANDO ROSETE	M	44	M4044	24 RUN 4 FUN	00:44:15
146	743	TIAGO P BRITO	M	30	M0034	32 INDIVIDUAL	00:44:16
147	417	MANUEL TAVARES	M	56	M5559	12 INDIVIDUAL	00:44:22
148	847	BELCHIOR BARROCAS	M	48	M4549	21 WEVENTUAL	00:44:25
149	133	TIAGO VEIGA	M	36	M3539	30 INDIVIDUAL	00:44:28
150	694	HELDER G BORGES	M	39	M3539	31 INDIVIDUAL	00:44:29
151	334	PEDRO AC CARVALHO	M	42	M4044	25 CORRER LISBOA	00:44:29
152	530	ORLINDO FIGUEIREDO	M	67	M6599	3 SS CGD	00:44:31
153	382	AURELIO ANDORINHA	M	41	M4044	26 VITORIA FC	00:44:32
154	1179	BRUNO M B GOUVEIA	M	29	M0034	33 CASINO LISBOA	00:44:40
155	273	ÓSCAR SANTOS	M	58	M5559	13 CA PATAMEIRAS	00:44:42
156	810	ANA VIEIRA	F	40	F3544	3 INDIVIDUAL	00:44:42
157	270	ANTÓNIO FERREIRA	M	31	M0034	34 CA PATAMEIRAS	00:44:43
158	325	RICARDO DUARTE	M	21	M0034	35 BELOURA RUNNERS	00:44:44
159	21	DIOGO HENRIQUES	M	19	M0034	36 CCD PM CASCAIS	00:44:45
160	244	RUI CAEIRO	M	48	M4549	22 XEROX ROAD RUNNERS	00:44:46
161	778	RUBEN FERREIRA	M	20	M0034	37 INDIVIDUAL	00:44:48
162	127	RUI PEREIRA	M	40	M4044	27 CD SALVATERRENSE	00:44:49
163	128	MÁRIO SANTANA	M	44	M4044	28 CD SALVATERRENSE	00:44:49
164	432	JOAO GONCALVES	M	43	M4044	29 MERIDIANOS	00:44:50
165	598	VITOR MANSO	M	53	M5054	14 PENICHE A CORRER	00:44:52
166	760	RUI JORGE	M	42	M4044	30 INDIVIDUAL	00:44:52
167	856	LUIS FERREIRA	M	48	M4549	23 URD ARRANHÒ	00:44:54
168	855	EDGAR FRANCISCO	M	49	M4549	24 URD ARRANHÒ	00:44:54
169	105	PAULO ALVES	M	37	M3539	32 GDC IN CASA MOEDA	00:44:56
170	100	JOÃO FREIRE	M	49	M4549	25 GDC IN CASA MOEDA	00:45:02
171	437	MAURO PIMENTA	M	38	M3539	33 GAA VF XIRA	00:45:04
172	324	ALEXANDRE DUARTE	M	43	M4044	31 BELOURA RUNNERS	00:45:09
173	415	RICARDO FÉLIX	M	35	M3539	34 CCD EFACEC LX	00:45:10
174	414	AMÉRICO SANTOS	M	57	M5559	14 CCD EFACEC LX	00:45:10
175	1087	ANTONIO CRUZ	M	67	M6599	4 GD SANTANDER TOTTA	00:45:14
176	774	HELDER HENRIQUES	M	31	M0034	38 INDIVIDUAL	00:45:14
177	1022	VITORINO SIMÕES	M	27	M0034	39 GD SÃO DOMINGOS	00:45:14
178	1023	JOSÉ FERREIRA	M	24	M0034	40 GD SÃO DOMINGOS	00:45:15
179	620	CARLOS GONÇALVES	M	33	M0034	41 PRAFIT CLUB	00:45:18
180	1103	PAULO ALVES	M	37	M3539	35 GD SANTANDER TOTTA	00:45:21

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
181	564	ARLINDO DUARTE	M	50	M5054	15 AÇOREANA C BANIF	00:45:22
182	524	JOÃO CABRITO	M	52	M5054	16 SS CGD	00:45:23
183	148	JOAQUIM G SILVA	M	46	M4549	26 ADCR PJ	00:45:25
184	610	ARTUR DENOMINATO	M	43	M4044	32 PI-LINHA RUNNERS	00:45:27
185	756	JOSÉ M BARRADAS	M	35	M3539	36 CASCAIS RUNNERS	00:45:30
186	832	ALCINDO A RAMALHO	M	31	M0034	42 WEVENTUAL	00:45:33
187	643	MÁRIO M L DUARTE	M	34	M0034	43 SONAE MC RUNNERS	00:45:34
188	303	TIAGO N ANTUNES	M	35	M3539	37 INDIVIDUAL	00:45:34
189	5	ARMANDO ALVARENGA	M	77	M6599	5 SPORTING CP	00:45:42
190	115	MÁRIO MARQUES	M	45	M4549	27 INDIVIDUAL	00:45:42
191	898	TIAGO VARANDA	M	43	M4044	33 WIKABOO	00:45:45
192	250	MICHAEL DIAS	M	42	M4044	34 INDIVIDUAL	00:45:48
193	180	FRANCISCO PESSOA	M	41	M4044	35 AA AGUALVA	00:45:49
194	342	JOSÉ SARAIVA	M	46	M4549	28 INDIVIDUAL	00:45:51
195	330	DAVID SARAIVA	M	33	M0034	44 AD MANTEIGAS	00:45:52
196	459	GONÇALO MARTINS	M	32	M0034	45 GANHA...DORES	00:45:53
197	837	PAULO RAMOS	M	41	M4044	36 WEVENTUAL	00:45:54
198	1088	FABIO DIAS	M	40	M4044	37 GD SANTANDER TOTTA	00:45:55
199	509	JOAO CALDAS	M	49	M4549	29 CLUBE AUTOCOOPE	00:45:55
200	1018	ELISEU S LEITÃO	M	48	M4549	30 GD SÃO DOMINGOS	00:45:56
201	151	CARLOS M JACINTO	M	46	M4549	31 INDIVIDUAL	00:45:57
202	877	JOÃO H G VIEIRA	M	40	M4044	38 INDIVIDUAL	00:46:00
203	589	VITOR GLÓRIA	M	45	M4549	32 PENICHE A CORRER	00:46:01
204	964	MARIO ZARRO	M	36	M3539	38 PENICHE A CORRER	00:46:01
205	1175	LUIS PEREIRA	M	54	M5054	17 CASINO LISBOA	00:46:03
206	999	MIGUEL RODRIGUES	M	30	M0034	46 BEJA RT	00:46:06
207	571	NUNO GAMEIRO	M	34	M0034	47 AÇOREANA C BANIF	00:46:06
208	356	DIOGO LEITE	M	27	M0034	48 INDIVIDUAL	00:46:08
209	362	JOSÉ M F MATEUS	M	26	M0034	49 INDIVIDUAL	00:46:09
210	299	FERNANDO COSTA	M	38	M3539	39 INDIVIDUAL	00:46:10
211	645	JOÃO NABAIS	M	52	M5054	18 INDIVIDUAL	00:46:11
212	667	JOSE MONTEIRO	M	58	M5559	15 INDIVIDUAL	00:46:12
213	225	RICARDO MOTOMURA	M	41	M4044	39 E-FIT LISBOA EXPO	00:46:12
214	1178	CRISTINA GAVINHO	F	38	F3544	4 CASINO LISBOA	00:46:13
215	757	JOÃO R LUZ	M	38	M3539	40 CASCAIS RUNNERS	00:46:14
216	820	FRANCISCO BANHA	M	39	M3539	41 INDIVIDUAL	00:46:14
217	386	JORGE B LUÍS	M	47	M4549	33 VOYAGERS	00:46:14
218	71	MIGUEL T SOUSA	M	39	M3539	42 C COLAB AXA	00:46:15
219	763	JOSE LUIS ALVES	M	50	M5054	19 INDIVIDUAL	00:46:20
220	83	JOSÉ L CAETANO	M	62	M6064	7 C COLAB AXA	00:46:21
221	52	BRUNO LOPES	M	33	M0034	50 FAMÍLIA BENIGNO LOPES	00:46:22
222	260	GUILHERME GONÇALVES	M	55	M5559	16 C FERROV PORTUGAL	00:46:27
223	385	JOSÉ TAVARES	M	47	M4549	34 3DELTA	00:46:29
224	1231	JOAQUIM C MARINHO	M	57	M5559	17 CN PARQUE DAS NAÇÕES	00:46:29
225	384	PAULO GOMES	M	42	M4044	40 3DELTA	00:46:30

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
226	731	FRANCISCO GRAVITO	M	51	M5054	20 A SACAVENENSE	00:46:30
227	44	PEDRO TRABUCHO	M	50	M5054	21 GD BANCO BPI	00:46:32
228	858	HENRIQUE FERREIRA	M	44	M4044	41 URD ARRANHÔ	00:46:33
229	1206	DIOGO BOBONE	M	41	M4044	42 NOVABASE	00:46:37
230	1234	RICARDO MARTINS	M	39	M3539	43 CN PARQUE DAS NAÇÕES	00:46:40
231	507	ANTONIO ALMEIDA	M	51	M5054	22 CLUBE AUTOCOOPE	00:46:41
232	1102	SUSANA GUERREIRO	F	38	F3544	5 GD SANTANDER TOTTA	00:46:42
233	305	RUI FALHAS	M	40	M4044	43 RB RUNNING	00:46:42
234	959	RUI R V R M C GOMES	M	32	M0034	51 CORRER LISBOA	00:46:44
235	755	MÁRIO J R LÚCIO	M	51	M5054	23 INDIVIDUAL	00:46:44
236	1210	HORACIO OLIVEIRA	M	40	M4044	44 NOVABASE	00:46:47
237	674	JOSÉ CUNHA	M	50	M5054	24 OS ZATOPEQUES	00:46:47
238	1119	SERGIO M N GONCALVES	M	41	M4044	45 C MILLENNIUM BCP	00:46:49
239	439	CARLOS GIONÇALVES	M	51	M5054	25 SFUAP	00:46:50
240	61	NUNO M G G LUZIA	M	40	M4044	46 INDIVIDUAL	00:46:51
241	1169	FERNANDO A GUERREIRO	M	68	M6599	6 INDIVIDUAL	00:46:55
242	704	LUÍS M ROCHA	M	44	M4044	47 OS ROCHAS	00:46:57
243	97	CARLOS CRISTOVÃO	M	40	M4044	48 GDC IN CASA MOEDA	00:46:58
244	581	ANTONIO PAINHA	M	47	M4549	35 INDIVIDUAL	00:46:58
245	15	ANTONIO DUARTE	M	40	M4044	49 CLUBE ACCENTURE	00:46:58
246	1106	JOSE C PEREIRA	M	45	M4549	36 GD SANTANDER TOTTA	00:47:02
247	588	JOAQUIM CARINHAS	M	63	M6064	8 PENICHE A CORRER	00:47:04
248	136	ANTONIO NOGUEIRA	M	42	M4044	50 FARMACIA LUSIADAS	00:47:04
249	236	PAULO CARMO	M	40	M4044	51 #1	00:47:05
250	677	LUIS PALMA	M	38	M3539	44 INDIVIDUAL	00:47:05
251	1171	LUIS C M XAVIER	M	28	M0034	52 INDIVIDUAL	00:47:07
252	449	HENRIQUE ALVAREDO	M	57	M5559	18 C SARGENTO ARMADA	00:47:08
253	758	AUGUSTO CARIA	M	62	M6064	9 INDIVIDUAL	00:47:10
254	352	ALEXANDRE ABADE	M	41	M4044	52 INDIVIDUAL	00:47:10
255	177	FERNANDO SANTOS	M	62	M6064	10 AA AGUALVA	00:47:11
256	486	GEORG WALDSCHÜTZ	M	27	M0034	53 LEBRES E TARTARUGAS	00:47:14
257	1097	ANASTACIO VALADAS	M	61	M6064	11 GD SANTANDER TOTTA	00:47:15
258	565	FERNANDO CELESTINO	M	56	M5559	19 AÇOREANA C BANIF	00:47:15
259	393	ANTÓNIO E GONÇALVES	M	50	M5054	26 METRO 2011	00:47:16
260	301	LUIS PIMENTA	M	41	M4044	53 BEEP BEEP	00:47:16
261	724	HENRIQUE BELMAR	M	56	M5559	20 INDIVIDUAL	00:47:20
262	1292	ANA SOBREIRA	F	43	F3544	6 INDIVIDUAL	00:47:22
263	1040	LUÍS GAMA	M	51	M5054	27 A TRINHÃO PONTE FAJÃO	00:47:22
264	1217	NELSON RISSO	M	39	M3539	45 SPORT LIFE	00:47:22
265	655	DOMINGOS A P N MAFRA	M	57	M5559	21 CDM	00:47:24
266	998	CARLOS MONTEIRO	M	47	M4549	37 INDIVIDUAL	00:47:31
267	220	MIGUEL NUNES	M	42	M4044	54 DRASTOS	00:47:31
268	103	NUNO GONÇALVES	M	40	M4044	55 GDC IN CASA MOEDA	00:47:31
269	506	MÁRIO G V VICENTE	M	66	M6599	7 GIL EANES RUNNING	00:47:35
270	648	CARLOS COSTA	M	48	M4549	38 A VALE SILENCIO	00:47:39

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
271	178	ALBERTO FERNANDES	M	62	M6064	12 AA AGUALVA	00:47:43
272	515	FREDERICO FERNANDES	M	38	M3539	46 MERIDIANOS	00:47:46
273	838	YURI DE FIGUEIREDO	M	45	M4549	39 WEVENTUAL	00:47:47
274	676	JOSÉ TORRES	M	50	M5054	28 OS ZATOPEQUES	00:47:48
275	671	JOSÉ MORAIS	M	53	M5054	29 OS ZATOPEQUES	00:47:49
276	933	ANTONIO GRILO	M	51	M5054	30 INDIVIDUAL	00:47:50
277	608	JAIME COELHO	M	31	M0034	54 OS QUEBRA-MILHAS	00:47:50
278	1137	JOAQUIM J G ARAUJO	M	51	M5054	31 C MILLENNIUM BCP	00:47:51
279	957	HUGO CARABINEIRO	M	36	M3539	47 INDIVIDUAL	00:47:52
280	1048	JAIME MIRANDA	M	61	M6064	13 INDIVIDUAL	00:47:52
281	1092	NUNO DAMIÃES	M	33	M0034	55 GD SANTANDER TOTTA	00:47:53
282	1030	BRUNO M J PALMA	M	31	M0034	56 BP&JP	00:47:54
283	712	GONÇALO MEALHA	M	23	M0034	57 INDIVIDUAL	00:47:54
284	235	ANTÓNIO J VARELA	M	49	M4549	40 INDIVIDUAL	00:47:54
285	983	JOSÉ S AUGUSTO	M	54	M5054	32 FALCÕES SELVAGENS	00:47:55
286	1107	ANTONIO FERREIRA	M	44	M4044	56 GD SANTANDER TOTTA	00:47:56
287	1111	CARLOS TEIXEIRA	M	42	M4044	57 GD SANTANDER TOTTA	00:47:56
288	251	RUI AZEVEDO	M	43	M4044	58 CLUBE VODAFONE	00:47:57
289	195	ALEXANDRE COSTA	M	39	M3539	48 VODAFONE	00:47:57
290	396	NUNO ROMAO	M	47	M4549	41 GD INE	00:48:01
291	423	TOMAS MARTINS	M	20	M0034	58 MMS	00:48:02
292	1143	CARLOS M R DINIS	M	50	M5054	33 C MILLENNIUM BCP	00:48:03
293	968	JOAQUIM RUIVO	M	40	M4044	59 INDIVIDUAL	00:48:03
294	910	RICARDO J C PEREIRA	M	39	M3539	49 INDIVIDUAL	00:48:04
295	92	FERNANDO M L GONÇALVES	M	47	M4549	42 INDIVIDUAL	00:48:08
296	1170	CARLOS M X DIAS	M	56	M5559	22 INDIVIDUAL	00:48:10
297	1172	CESAR MIRANDA	M	39	M3539	50 INDIVIDUAL	00:48:13
298	1024	NUNO CAMPOS	M	43	M4044	60 GD SÃO DOMINGOS	00:48:15
299	548	PAULO TORRÃO	M	43	M4044	61 AÇOREANA C BANIF	00:48:16
300	572	ISABEL MATIAS	F	33	F0034	7 AÇOREANA C BANIF	00:48:16
301	715	RUI MATOS	M	36	M3539	51 MERCEDES-BENZ PORTUGAL	00:48:17
302	717	RICARDO MADEIRA	M	40	M4044	62 MERCEDES-BENZ PORTUGAL	00:48:17
303	329	JOÃO PARADINHA	M	41	M4044	63 AD MANTEIGAS	00:48:21
304	811	BERNARDO S REIS	M	28	M0034	59 PLMJ RUNNERS	00:48:25
305	1281	BERNARDO FIGUEIREDO	M	44	M4044	64 INDIVIDUAL	00:48:32
306	70	MIGUEL F ESTEVES	M	31	M0034	60 C COLAB AXA	00:48:35
307	1248	MÁRIO VERDINGOLA	M	43	M4044	65 CN PARQUE DAS NAÇÕES	00:48:37
308	389	LUÍS MIGUEL PEREIRA	M	38	M3539	52 INDIVIDUAL	00:48:37
309	309	ANDRÉ ROCHA	M	26	M0034	61 INDIVIDUAL	00:48:39
310	719	CARLOS PERALTA	M	46	M4549	43 MERCEDES-BENZ PORTUGAL	00:48:40
311	369	DIOGO A M NEIVA	M	20	M0034	62 INDIVIDUAL	00:48:40
312	1219	CLAUDIA ROMAO	F	36	F3544	7 AMINHACORRIDA / SKECHERS	00:48:43
313	1042	ANA ALBUQUERQUE	F	41	F3544	8 FIDELIDADE	00:48:45
314	850	NUNO SOARES	M	35	M3539	53 WEVENTUAL	00:48:46
315	828	RUI FIGUEIRAL	M	25	M0034	63 INDIVIDUAL	00:48:47

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
316	378	LUIS CRUZ	M	44	M4044	66 VITORIA FC	00:48:49
317	461	CARLOS MIRA	M	43	M4044	67 INDIVIDUAL	00:48:49
318	859	PAULO TOMAS	M	42	M4044	68 URD ARRANHÔ	00:48:50
319	970	GABRIEL LÚCIO	M	31	M0034	64 INDIVIDUAL	00:48:51
320	1279	JORGE FERNADES	M	0	M0034	65 CN PARQUE DAS NAÇÕES	00:48:53
321	635	BENTO J C RAMINHOS	M	45	M4549	44 INDIVIDUAL	00:48:53
322	368	RICARDO J A NEIVA	M	44	M4044	69 INDIVIDUAL	00:48:54
323	1157	LUIS P V MONTEIRO	M	43	M4044	70 C MILLENNIUM BCP	00:48:54
324	956	JOSE HILARIO	M	55	M5559	23 INDIVIDUAL	00:48:55
325	1112	VITOR AGUILAR	M	64	M6064	14 RUN 4 FUN	00:48:56
326	816	PAULA NUNES	F	42	F3544	9 PUMAS DO GUINCHO	00:48:58
327	813	ANTÓNIO ESTRELINHA	M	41	M4044	71 ALCATRAZ PENICHE RUNNERS	00:48:58
328	410	MANUEL FIDALGO	M	62	M6064	15 CCD EFACEC LX	00:48:58
329	815	Mª CARMO BARROS	F	55	F5599	1 PUMAS DO GUINCHO	00:48:58
330	1139	JOSE M BRANCO	M	64	M6064	16 C MILLENNIUM BCP	00:49:00
331	401	JORGE GARCIA	M	39	M3539	54 CLUBE ANACOM	00:49:01
332	687	TIAGO M A ALMEIDA	M	31	M0034	66 INDIVIDUAL	00:49:05
333	907	FERNANDO ANACLETO	M	62	M6064	17 INDIVIDUAL	00:49:05
334	1009	NUNO M P ARAÚJO	M	43	M4044	72 INDIVIDUAL	00:49:06
335	526	JOSE MARTINS	M	40	M4044	73 SS CGD	00:49:07
336	906	IDALÉCIO BARROS	M	60	M6064	18 INDIVIDUAL	00:49:09
337	851	TIAGO CORREIA	M	34	M0034	67 GD BANCO BPI	00:49:11
338	272	INES SANTOS	F	26	F0034	8 CA PATAMEIRAS	00:49:11
339	435	PEDRO NUNES	M	42	M4044	74 INDIVIDUAL	00:49:14
340	911	FLÁVIO A A RODRIGUES	M	28	M0034	68 INDIVIDUAL	00:49:16
341	746	RICARDO SARMENTO	M	30	M0034	69 INDIVIDUAL	00:49:17
342	802	NUNO NAIA	M	41	M4044	75 SOLO PROJECT	00:49:19
343	792	TIAGO LANÇA	M	31	M0034	70 PENICHE A CORRER	00:49:19
344	1089	TIAGO DOMINGUES	M	37	M3539	55 GD SANTANDER TOTTA	00:49:19
345	885	IRINA ARAUJO	F	37	F3544	10 PENICHE A CORRER	00:49:22
346	884	SERGIO ALVES	M	42	M4044	76 PENICHE A CORRER	00:49:22
347	374	RUI TRIGO ALVES	M	42	M4044	77 GA MONSANTO GASCAN	00:49:22
348	446	MAGNIFICA ALVAREDO	F	60	F5599	2 C SARGENTO ARMADA	00:49:23
349	134	CARLOS P RODRIGUES	M	57	M5559	24 CP EDP LISBOA	00:49:27
350	462	ANTÓNIO BERTOLO	M	43	M4044	78 INDIVIDUAL	00:49:28
351	366	ANDRÉ HENRIQUES	M	27	M0034	71 INDIVIDUAL	00:49:31
352	777	ANTÓNIO FERREIRA	M	43	M4044	79 INDIVIDUAL	00:49:33
353	646	PEDRO NABAIS	M	22	M0034	72 INDIVIDUAL	00:49:33
354	322	RICARDO ROSA	M	19	M0034	73 BELOURA RUNNERS	00:49:35
355	920	EDUARDO BRAZ	M	43	M4044	80 INDIVIDUAL	00:49:35
356	1007	MIGUEL RIBEIRO	M	43	M4044	81 PETITOINGA	00:49:36
357	1019	FERNANDO C BERNARDO	M	56	M5559	25 GD SÃO DOMINGOS	00:49:36
358	1101	MARIO RUI COSTA	M	39	M3539	56 GD SANTANDER TOTTA	00:49:39
359	1098	ALEXANDRE CANTIGA	M	40	M4044	82 GD SANTANDER TOTTA	00:49:40
360	290	RUI VIEIRA	M	40	M4044	83 INDIVIDUAL	00:49:40



Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
361	1117	NELSON A I COTA	M	30	M0034	74 C MILLENNIUM BCP	00:49:40
362	1129	CARLOS J P RAMOS	M	48	M4549	45 C MILLENNIUM BCP	00:49:40
363	569	FRANCISCO PEREIRA	M	48	M4549	46 AÇOREANA C BANIF	00:49:41
364	1016	PAULO VIVAS	M	31	M0034	75 INDIVIDUAL	00:49:42
365	738	JOAO MARAL	M	46	M4549	47 SS CGD	00:49:45
366	527	LUIS SANCHEZ	M	54	M5054	34 SS CGD	00:49:45
367	19	ALBERTO ABREU	M	47	M4549	48 CCD PM CASCAIS	00:49:46
368	1205	FERNANDO GUERREIRO	M	42	M4044	84 NOVABASE	00:49:48
369	1207	RAQUEL AFONSO	F	41	F3544	11 NOVABASE	00:49:48
370	390	RAUL CORREIA	M	50	M5054	35 A FAROLIM PENICHE	00:49:50
371	693	NUNO M B MARTINS	M	43	M4044	85 INDIVIDUAL	00:49:52
372	834	NUNO TIBÉRIO	M	50	M5054	36 WEVENTUAL	00:49:56
373	206	HELDER SIMAS	M	46	M4549	49 INDIVIDUAL	00:49:56
374	1062	LUIS CARREIRA	M	29	M0034	76 GD SANTANDER TOTTA	00:49:57
375	176	BERNARDO GRADISSIMO	M	56	M5559	26 AA AGUALVA	00:49:58
376	347	RODRIGO M F SILVA	M	35	M3539	57 CC AREAL PONTÉVEL	00:50:00
377	422	JOSE MARTINS	M	47	M4549	50 MMS	00:50:01
378	827	FRANCISCO BANDO	M	64	M6064	19 INDIVIDUAL	00:50:01
379	349	RAUL QUARESMA	M	34	M0034	77 O MUNDO DA CORRIDA	00:50:01
380	612	JOAQUIM CRISPIM	M	59	M5559	27 UDCA	00:50:02
381	650	ANTÓNIO FERNANDES	M	58	M5559	28 A VALE SILENCIO	00:50:03
382	1192	JOSE C SOARES	M	35	M3539	58 SERVILUSA	00:50:04
383	613	MANUEL CRISPIM	M	63	M6064	20 UDCA	00:50:07
384	577	VÍTOR M C RODRIGUES	M	58	M5559	29 INDIVIDUAL	00:50:09
385	90	MIGUEL PEREIRA	M	42	M4044	86 INDIVIDUAL	00:50:11
386	1110	LUIS COITO	M	47	M4549	51 GD SANTANDER TOTTA	00:50:11
387	1083	RUI SARROEIRA	M	46	M4549	52 GD SANTANDER TOTTA	00:50:11
388	842	PEDRO CARVALHO	M	24	M0034	78 WEVENTUAL	00:50:14
389	201	CLÁUDIO A FIGUEIRA	M	29	M0034	79 INDIVIDUAL	00:50:16
390	1253	PEDRO MARCELINO	M	34	M0034	80 CN PARQUE DAS NAÇÕES	00:50:19
391	367	TIAGO DIAS	M	26	M0034	81 INDIVIDUAL	00:50:21
392	164	LUIS CARLOS	M	32	M0034	82 SONAE MC RUNNERS	00:50:21
393	1123	LUIS M L GODINHO	M	48	M4549	53 C MILLENNIUM BCP	00:50:21
394	744	TIAGO S BARROQUEIRO	M	27	M0034	83 IST RUN LISBOA	00:50:22
395	182	AGOSTINHO TORRES	M	54	M5054	37 AA AGUALVA	00:50:22
396	609	SÉRGIO GONÇALVES	M	37	M3539	59 OS QUEBRA-MILHAS	00:50:23
397	787	LUIS SANTOS	M	42	M4044	87 INDIVIDUAL	00:50:24
398	900	TIAGO LANÇA	M	28	M0034	84 INDIVIDUAL	00:50:26
399	1246	JORGE ESTEVES	M	44	M4044	88 CN PARQUE DAS NAÇÕES	00:50:26
400	126	JOAQUIM A H SILVÉRIO	M	69	M6599	8 INDIVIDUAL	00:50:27
401	1002	JOEL SOUSA	M	43	M4044	89 INDIVIDUAL	00:50:30
402	112	ANTONIO TORRES	M	56	M5559	30 INDIVIDUAL	00:50:30
403	155	FRANCISCO GONÇALVES	M	20	M0034	85 INDIVIDUAL	00:50:31
404	905	VITOR REVEZ	M	55	M5559	31 GRD RIBEIRA LAGE	00:50:31
405	672	JORGE LEITÃO	M	50	M5054	38 OS ZATOPEQUES	00:50:33

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
406	191	JOÃO F FERREIRA	M	59	M5559	32 AMIGOS FLOR	00:50:34
407	475	PEDRO PINTO	M	63	M6064	21 OS INDOMAVEIS	00:50:34
408	762	RODRIGO VICENTE	M	40	M4044	90 INDIVIDUAL	00:50:34
409	58	PEDRO FERRAZ	M	38	M3539	60 PEDROS	00:50:35
410	510	JOSE DIAS	M	57	M5559	33 CLUBE AUTOCOOPE	00:50:35
411	490	CARLOS C TEIXEIRA	M	55	M5559	34 LEBRES E TARTARUGAS	00:50:36
412	1076	RUI CUNHA	M	48	M4549	54 GD SANTANDER TOTTA	00:50:36
413	691	ARMINDO QUEIMADO	M	49	M4549	55 ADCSA BALDIO	00:50:37
414	894	CARLOS MELO	M	48	M4549	56 CORRER LISBOA	00:50:38
415	268	ALBINO TOMÁS	M	58	M5559	35 CA PATAMEIRAS	00:50:39
416	711	PEDRO GONÇALVES	M	60	M6064	22 INDIVIDUAL	00:50:41
417	580	MANUEL J L ALVES	M	36	M3539	61 INDIVIDUAL	00:50:46
418	766	LUIS F E MATEUS	M	31	M0034	86 INDIVIDUAL	00:50:46
419	89	JORGE LEITE	M	45	M4549	57 INDIVIDUAL	00:50:48
420	791	HUGO BARRETO	M	33	M0034	87 INDIVIDUAL	00:50:49
421	739	VITOR BARATA	M	55	M5559	36 SS CGD	00:50:50
422	287	ANTÓNIO J P RAMOS	M	60	M6064	23 PERNAS DE GAFANHOTO	00:50:51
423	202	PEDRO CANELAS	M	42	M4044	91 LINDA PASTORA SC	00:50:51
424	897	MIGUEL FONTES	M	34	M0034	88 INDIVIDUAL	00:50:52
425	784	JOÃO N P FERREIRA	M	44	M4044	92 INDIVIDUAL	00:50:53
426	514	SANDRO PRATES	M	36	M3539	62 ESQUILOS CORREDORES	00:50:53
427	217	ORLANDO COUTO	M	60	M6064	24 4 AO KM	00:50:56
428	922	JOAO C LOPES	M	51	M5054	39 INDIVIDUAL	00:51:00
429	282	NUNO F ALMEIDA	M	38	M3539	63 C NOT PARQUE DAS NAÇÕES	00:51:00
430	37	LUIS C S SANTOS	M	42	M4044	93 RUNASTICOS	00:51:00
431	142	PEDRO RAMOS	M	47	M4549	58 C NOT PARQUE DAS NAÇÕES	00:51:05
432	723	SANDEEP JHA	M	31	M0034	89 CLUBE VODAFONE	00:51:07
433	848	JOAQUIM CARDOSO	M	42	M4044	94 WEVENTUAL	00:51:07
434	205	MANUEL ANTUNES	M	46	M4549	59 INDIVIDUAL	00:51:08
435	619	TIAGO DELGADO	M	29	M0034	90 PRAFIT CLUB	00:51:08
436	190	PEDRO TORRES	M	37	M3539	64 INDIVIDUAL	00:51:13
437	430	ALMERINDO M L SILVA	M	55	M5559	37 ADC CATUJAL	00:51:15
438	631	GONÇALO SANTOS	M	35	M3539	65 INDIVIDUAL	00:51:17
439	561	JOÃO J FERNANDES	M	34	M0034	91 AÇOREANA C BANIF	00:51:19
440	274	RUTE SANTOS	F	48	F4554	2 CA PATAMEIRAS	00:51:21
441	860	GABRIEL ANTONIO	M	51	M5054	40 URD ARRANHÒ	00:51:21
442	186	MANUEL ROMANO	M	52	M5054	41 RUN 4 FUN	00:51:21
443	533	PEDRO TORRINHA	M	39	M3539	66 SS CGD	00:51:22
444	60	VICTOR M B SILVA	M	50	M5054	42 AA LEBRES SADO	00:51:22
445	397	CARLOS M O SILVA	M	50	M5054	43 INDIVIDUAL	00:51:23
446	804	JOÃO C D S SANCHES	M	52	M5054	44 CA AGUALVA	00:51:23
447	764	PEDRO FIGUEIREDO	M	31	M0034	92 FALCÕES SELVAGENS	00:51:23
448	1272	CRISTOVÃO FERNANDO S. RAMOS	M	45	M4549	60 INDIVIDUAL	00:51:24
449	617	TIAGO PALHEIRO	M	24	M0034	93 PRAFIT CLUB	00:51:27
450	517	JOAO FONSECA	M	43	M4044	95 MERIDIANOS	00:51:28

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
451	1057	GONÇALO MARQUES	M	38	M3539	67 INDIVIDUAL	00:51:28
452	741	MÁRIO BORDALO	M	27	M0034	94 QUEBRA DESAFIOS	00:51:29
453	638	HÉLDER J G GUERREIRO	M	38	M3539	68 INDIVIDUAL	00:51:29
454	75	VICTOR J RAMOS	M	44	M4044	96 C COLAB AXA	00:51:29
455	228	JOSE OLIVEIRA	M	41	M4044	97 INDIVIDUAL	00:51:30
456	705	ANTÓNIO M J SOUSA	M	44	M4044	98 INDIVIDUAL	00:51:30
457	65	ANDRÉ F DIAS	M	27	M0034	95 C COLAB AXA	00:51:31
458	242	PAULO SANTOS	M	40	M4044	99 INDIVIDUAL	00:51:31
459	519	EDUARDO RODRIGUES	M	33	M0034	96 SS CGD	00:51:34
460	1251	FERNANDO SERRANO	M	45	M4549	61 CN PARQUE DAS NAÇÕES	00:51:35
461	1077	TIAGO PITO	M	38	M3539	69 GD SANTANDER TOTTA	00:51:35
462	845	VÍTOR VASCONCELOS	M	25	M0034	97 WEVENTUAL	00:51:36
463	468	EDUARDO RIBEIRO	M	47	M4549	62 GDCT UNICRE	00:51:38
464	1286	EDUARDO GOMES	M	37	M3539	70 INDIVIDUAL	00:51:40
465	1243	FERNANDO GIL	M	62	M6064	25 CN PARQUE DAS NAÇÕES	00:51:42
466	1145	JOAQUIM M O FULGENCIO	M	57	M5559	38 C MILLENNIUM BCP	00:51:45
467	798	ADÉRITO COSTA	M	43	M4044	100 JOBRINDE-MONTES SALOIOS	00:51:46
468	489	ANDRÉ CATELA	M	19	M0034	98 LEBRES E TARTARUGAS	00:51:46
469	786	CRISTINA P AZEVEDO	F	40	F3544	12 C COLAB AXA	00:51:47
470	35	DIOGO FERNANDO	M	34	M0034	99 ADRC MATA BENFICA	00:51:47
471	398	LUÍS BASTOS	M	46	M4549	63 INDIVIDUAL	00:51:52
472	1026	NUNO HENRIQUES	M	48	M4549	64 INDIVIDUAL	00:51:54
473	229	ANTÓNIO PAIS	M	67	M6599	9 CCD O ALVITEJO	00:51:54
474	192	MANUEL HORTELÃO	M	46	M4549	65 AMIGOS FLOR	00:51:57
475	1065	LINO OLIVEIRA	M	69	M6599	10 GD SANTANDER TOTTA	00:51:58
476	547	RICARDO ALVES	M	32	M0034	100 AÇOREANA C BANIF	00:51:58
477	1005	BOGDAN SANDU	M	22	M0034	101 INDIVIDUAL	00:51:58
478	683	CARLOS BRAGANÇA	M	35	M3539	71 INDIVIDUAL	00:51:58
479	952	DAVID J ALMEIDA	M	43	M4044	101 INDIVIDUAL	00:52:03
480	991	ANA ALVES	F	32	F0034	9 AÇOREANA C BANIF	00:52:05
481	992	PAULO PIRES	M	36	M3539	72 INDIVIDUAL	00:52:06
482	1197	ANDRE ALMEIDA	M	30	M0034	102 SERVILUSA	00:52:07
483	69	Mª LURDES VENÂNCIO	F	51	F4554	3 C COLAB AXA	00:52:08
484	793	LUIS NOBRE	M	44	M4044	102 PENICHE A CORRER	00:52:08
485	656	JORGE PAULINO	M	59	M5559	39 CDM	00:52:09
486	566	JOÃO SERRA	M	43	M4044	103 AÇOREANA C BANIF	00:52:10
487	892	JORGE M S SILVA	M	39	M3539	73 EDP - DTI	00:52:11
488	716	RENATO SILVA	M	34	M0034	103 MERCEDES-BENZ PORTUGAL	00:52:11
489	383	CARLOS BATISTA	M	41	M4044	104 3DELTA	00:52:15
490	210	ANA P MARTINS	F	49	F4554	4 GRD OS FIXES	00:52:15
491	809	FERNANDO RODRIGUES	M	42	M4044	105 INDIVIDUAL	00:52:17
492	915	HUGO FIGUEIREDO	M	30	M0034	104 INDIVIDUAL	00:52:21
493	404	JOÃO P ALVES	M	39	M3539	74 INDIVIDUAL	00:52:23
494	375	RUI BORGES	M	52	M5054	45 GA MONSANTO GASCAN	00:52:27
495	862	EDMUNDO LOURENÇO	M	36	M3539	75 URD ARRANHÔ	00:52:27

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
496	130	PAULO D S FREIRE	M	48	M4549	66 INDIVIDUAL	00:52:28
497	1188	RAQUEL FROIS	F	37	F3544	13 SERVILUSA	00:52:29
498	594	MARCIO MARQUES	M	36	M3539	76 PENICHE A CORRER	00:52:30
499	20	BRUNO SANTOS	M	33	M0034	105 CCD PM CASCAIS	00:52:31
500	40	FERNANDO M SANTOS	M	52	M5054	46 GD BANCO BPI	00:52:36
501	86	JOSE P P FERREIRA	M	54	M5054	47 INDIVIDUAL	00:52:36
502	394	NUNO A PITA	M	39	M3539	77 METRO 2011	00:52:37
503	395	RAFAEL V SANTOS	M	48	M4549	67 METRO 2011	00:52:37
504	1236	CARLOS GONÇALVES	M	46	M4549	68 CN PARQUE DAS NAÇÕES	00:52:38
505	450	FRANCISCO CURTINHA	M	57	M5559	40 C SARGENTO ARMADA	00:52:40
506	710	LUIS CARREIRA	M	40	M4044	106 K9 ATHLETICS TEAM	00:52:41
507	295	JOAQUIM F C PINTO	M	56	M5559	41 INDIVIDUAL	00:52:41
508	931	JORGE LOPES	M	41	M4044	107 GD CHELAS	00:52:43
509	876	JUSTINO SANTOS	M	34	M0034	106 INDIVIDUAL	00:52:44
510	491	GONÇALO GONÇALVES	M	21	M0034	107 LEBRES E TARTARUGAS	00:52:46
511	492	CARLOS GONÇALVES	M	59	M5559	42 LEBRES E TARTARUGAS	00:52:46
512	28	PAULA MACHADO	F	60	F5599	3 CCD PM CASCAIS	00:52:46
513	174	FERNANDO R P HOMEM	M	44	M4044	108 INDIVIDUAL	00:52:48
514	891	JOÃO CRUZ	M	27	M0034	108 EDP - DTI	00:52:49
515	276	MIGUEL GARCIA	M	41	M4044	109 INDIVIDUAL	00:52:51
516	767	CARLOS ROMÃO	M	51	M5054	48 QUEBRA DESAFIOS	00:52:55
517	1167	VIRGILIO FERRAZ	M	66	M6599	11 FALCOES CHILE	00:52:57
518	1153	JORGE M LOUREIRO	M	49	M4549	69 C MILLENNIUM BCP	00:52:58
519	1064	JOÃO ROCHA	M	63	M6064	26 GD SANTANDER TOTTA	00:52:59
520	826	ABILIO TAVARES	M	60	M6064	27 INDIVIDUAL	00:53:02
521	185	ANTÓNIO ALMEIDA	M	50	M5054	49 INDIVIDUAL	00:53:03
522	727	MIGUEL N FERREIRA	M	40	M4044	110 SAGRADO RUNNERS	00:53:05
523	908	FRANCISCO M A SARDINHA	M	44	M4044	111 CORRER LISBOA	00:53:07
524	99	JOSÉ LIBERATO	M	39	M3539	78 GDC IN CASA MOEDA	00:53:13
525	675	SANDRA RODRIGUES	F	36	F3544	14 OS ZATOPEQUES	00:53:14
526	849	ANTÓNIO CORREIA	M	52	M5054	50 WEVENTUAL	00:53:15
527	340	JOSE COELHO	M	57	M5559	43 ADCR PJ	00:53:17
528	1159	AURELIO M R SILVA	M	47	M4549	70 C MILLENNIUM BCP	00:53:18
529	88	FERNANDO M LOPES	M	43	M4044	112 GIL EANES RUNNING	00:53:20
530	117	MÁRIO S GONÇALVES	M	45	M4549	71 GIL EANES RUNNING	00:53:21
531	814	RUI ROSA	M	58	M5559	44 PUMAS DO GUINCHO	00:53:21
532	707	JOSE M BOUCEIRO	M	50	M5054	51 ADCR PJ	00:53:23
533	661	DIAMANTINO ALBUQUERQUE	M	61	M6064	28 CDM	00:53:25
534	779	ANDREIA M H COSTA	F	38	F3544	15 TARTARUGAS SOLIDÁRIAS	00:53:25
535	579	JOSÉ EUGÉNIO	M	54	M5054	52 INDIVIDUAL	00:53:30
536	200	LUIS CANASTRA	M	40	M4044	113 INDIVIDUAL	00:53:36
537	257	MARTINS BARATA	M	72	M6599	12 C FERROV PORTUGAL	00:53:36
538	156	VERÓNICA INÁCIO	F	28	F0034	10 INDIVIDUAL	00:53:37
539	204	SOFIA CONCEIÇÃO	F	44	F3544	16 NS S MIGUEL	00:53:37
540	996	CLAUDIA S J ABREU	F	39	F3544	17 AMINHACORRIDA / SKECHERS	00:53:40

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
541	751	CARLOS VICENTE	M	25	M0034	109 INDIVIDUAL	00:53:45
542	836	FERNANDO A B SIMÕES	M	45	M4549	72 WEVENTUAL	00:53:47
543	799	LUIS GRAVE	M	57	M5559	45 OS ZATOPEQUES	00:53:48
544	321	PAULO ROSA	M	47	M4549	73 BELOURA RUNNERS	00:53:48
545	899	JOSÉ GRILO PIRES	M	45	M4549	74 ASAS NOS PÉS	00:53:55
546	219	JORGE MARÇAL	M	43	M4044	114 GIL EANES RUNNING	00:53:55
547	818	JOÃO M M PALMEIRO	M	19	M0034	110 INDIVIDUAL	00:53:56
548	602	NUNO SILVA	M	41	M4044	115 PENICHE A CORRER	00:53:57
549	708	AMÉRICO CARVALHO	M	41	M4044	116 INDIVIDUAL	00:53:58
550	233	GONÇALO MALHEIRO	M	42	M4044	117 INDIVIDUAL	00:53:58
551	1254	ARLINDO CONDE	M	53	M5054	53 CN PARQUE DAS NAÇÕES	00:53:58
552	861	GONÇALO FRANCISCO	M	19	M0034	111 URD ARRANHÒ	00:54:01
553	433	JOAO FONSECA	M	43	M4044	118 MERIDIANOS	00:54:07
554	603	ALEXANDRE GONÇALVES	M	42	M4044	119 INDIVIDUAL	00:54:08
555	768	SOFIA GARCIA	F	24	F0034	11 QUEBRA DESAFIOS	00:54:09
556	658	FRANCISCO ANDRÉ	M	49	M4549	75 CDM	00:54:12
557	937	LUIS M L VICENTE	M	54	M5054	54 INDIVIDUAL	00:54:12
558	370	JOÃO PINTO	M	54	M5054	55 GA MONSANTO GASCAN	00:54:18
559	1190	HUGO SALES	M	36	M3539	79 SERVILUSA	00:54:18
560	976	GONÇALO SAMPAIO	M	19	M0034	112 INDIVIDUAL	00:54:18
561	895	GUILHERME VALA	M	20	M0034	113 INDIVIDUAL	00:54:19
562	929	MIGUEL DIAS	M	44	M4044	120 RUN 4 FUN	00:54:20
563	399	ROGÉRIO PINA	M	61	M6064	29 CLUBE ANACOM	00:54:21
564	1045	PEDRO TEIGAS	M	42	M4044	121 FIDELIDADE	00:54:22
565	935	VÍTOR GONÇALVES	M	47	M4549	76 INDIVIDUAL	00:54:23
566	521	FERNANDO ALVES	M	54	M5054	56 SS CGD	00:54:24
567	465	JÚLIO FERREIRA	M	60	M6064	30 LESMAS DO ASFALTO	00:54:24
568	64	GILBERTO GONÇALVES	M	69	M6599	13 CAA BELÉM	00:54:24
569	737	FERNANDO LIMA	M	45	M4549	77 SS CGD	00:54:24
570	163	MANUEL R N SANCHEZ	M	21	M0034	114 INDIVIDUAL	00:54:25
571	541	LUÍS A C SERRA	M	57	M5559	46 GIL EANES RUNNING	00:54:26
572	520	EGIDIO SILVA	M	51	M5054	57 SS CGD	00:54:26
573	1202	PAULO SILVA	M	27	M0034	115 NOVABASE	00:54:27
574	311	JOÃO FERREIRA	M	35	M3539	80 SDA-COFIDIS	00:54:29
575	973	EURICO SEMEDO	M	67	M6599	14 CARACOIS DE SANTA IRIA	00:54:32
576	1195	VANESSA BILRO	F	30	F0034	12 SERVILUSA	00:54:34
577	690	ANTONIO SERRA	M	55	M5559	47 ADCSA BALDIO	00:54:35
578	91	DANIEL GUERREIRO	M	40	M4044	122 INDIVIDUAL	00:54:36
579	535	SEVERINO ROSA	M	59	M5559	48 SS CGD	00:54:37
580	805	ANTONIO NEGRINHO	M	51	M5054	58 SS CGD	00:54:37
581	916	JORGE M V DOELLINGER	M	36	M3539	81 TT TEAM	00:54:38
582	1081	JOSE BARATA	M	54	M5054	59 GD SANTANDER TOTTA	00:54:39
583	607	MIGUEL SANTOS	M	32	M0034	116 OS QUEBRA-MILHAS	00:54:40
584	418	CECÍLIA TAVARES	F	48	F4554	5 INDIVIDUAL	00:54:40
585	1049	JOAO M C LOPES	M	46	M4549	78 INDIVIDUAL	00:54:40

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
586	697	FERNANDO SANTOS	M	33	M0034	117 LOS CAMPEONES	00:54:40
587	1031	NUNO NEVES	M	44	M4044	123 UGC	00:54:42
588	478	AVELINO VESTIAS	M	65	M6599	15 OS INDOMAVEIS	00:54:43
589	654	JOSÉ PEREIRA	M	68	M6599	16 A VALE SILENCIO	00:54:43
590	1187	JOAO BATISTA	M	61	M6064	31 SERVILUSA	00:54:44
591	440	FILOMENA JESUS	F	43	F3544	18 SFUAP	00:54:44
592	812	LUIS CASTILHO	M	28	M0034	118 PLMJ RUNNERS	00:54:44
593	441	ANTÓNIA JORDÃO	F	41	F3544	19 SFUAP	00:54:44
594	377	PAULO MARTINS	M	51	M5054	60 INDIVIDUAL	00:54:46
595	733	PATRICK REIS	M	27	M0034	119 QUENIANOS ALBINOS	00:54:46
596	734	JOÃO PEREIRA	M	32	M0034	120 QUENIANOS ALBINOS	00:54:46
597	181	MANUEL A RODRIGUES	M	56	M5559	49 AA AGUALVA	00:54:47
598	972	LUIS GOMES	M	60	M6064	32 CARACOIS DE SANTA IRIA	00:54:48
599	501	NUNO CHARRUA	M	38	M3539	82 INDIVIDUAL	00:54:48
600	179	MANUEL EMÍDIO	M	58	M5559	50 AA AGUALVA	00:54:49
601	78	JOSE NOGUEIRA	M	54	M5054	61 INDIVIDUAL	00:54:49
602	725	MIGUEL MARQUES	M	37	M3539	83 INDIVIDUAL	00:54:49
603	1082	ANTONIO PEREIRA	M	49	M4549	79 GD SANTANDER TOTTA	00:54:50
604	1094	DINIS SOUSA	M	73	M6599	17 GD SANTANDER TOTTA	00:54:50
605	652	SANDRA BATISTA	F	39	F3544	20 A VALE SILENCIO	00:54:51
606	508	CARLOS FERREIRA	M	58	M5559	51 CLUBE AUTOCOOPE	00:54:51
607	424	MIGUEL A CARVALHO	M	39	M3539	84 INDIVIDUAL	00:54:52
608	982	JOÃO J A PASSEIRO	M	52	M5054	62 INDIVIDUAL	00:54:52
609	512	SERGIO BORGES	M	42	M4044	124 CLUBE AUTOCOOPE	00:54:52
610	896	SUSANA PEDRO	F	28	F0034	13 INDIVIDUAL	00:54:52
611	833	PAULO ANGÉLICA	M	37	M3539	85 WEVENTUAL	00:54:53
612	1099	CARLOS B PEREIRA	M	44	M4044	125 GD SANTANDER TOTTA	00:54:57
613	1104	VITOR TEIXEIRA	M	55	M5559	52 GD SANTANDER TOTTA	00:54:57
614	975	PEDRO VILELA	M	36	M3539	86 INDIVIDUAL	00:55:01
615	336	JOSÉ F A VILELA	M	32	M0034	121 INDIVIDUAL	00:55:02
616	138	CARLOS CABRAL	M	53	M5054	63 SINDETELCO	00:55:10
617	800	RUI OLIVEIRA	M	58	M5559	53 OS ZATOPEQUES	00:55:10
618	316	IVO CLARO	M	37	M3539	87 INDIVIDUAL	00:55:14
619	360	JOÃO RALHA	M	56	M5559	54 RUN 4 FUN	00:55:15
620	555	ALBANO ALVES	M	60	M6064	33 AÇOREANA C BANIF	00:55:16
621	474	ANTONIO SILVA	M	59	M5559	55 OS INDOMAVEIS	00:55:17
622	214	JOÃO M L E CRAVO	M	30	M0034	122 4 AO KM	00:55:17
623	1201	FERNANDO M CRUZ	M	33	M0034	123 NOVABASE	00:55:19
624	960	GIL R FURNERI	M	23	M0034	124 INDIVIDUAL	00:55:20
625	503	DANIEL SILVA	M	23	M0034	125 RUNNING OF D MARIA	00:55:22
626	1156	PAULO H C REBOCHO	M	50	M5054	64 C MILLENNIUM BCP	00:55:23
627	785	DIOGO M LEITE	M	46	M4549	80 C COLAB AXA	00:55:24
628	1131	AUGUSTO S LOURENCO	M	53	M5054	65 C MILLENNIUM BCP	00:55:25
629	41	LUÍS ALVARO	M	47	M4549	81 GD BANCO BPI	00:55:26
630	912	Mª ANDREINA SEQUERA	F	29	F0034	14 INDIVIDUAL	00:55:28

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
631	129	LUIS MATIAS	M	37	M3539	88 GL14	00:55:30
632	496	JOAO L SANTOS	M	40	M4044	126 SANTOS	00:55:33
633	388	CARLOS A P SILVA	M	54	M5054	66 INDIVIDUAL	00:55:34
634	879	SUSANA HONORATO	F	36	F3544	21 PENICHE A CORRER	00:55:35
635	844	FERNANDO SANTOS	M	24	M0034	126 WEVENTUAL	00:55:37
636	1237	SOFIA GOUVEIA	F	42	F3544	22 CN PARQUE DAS NAÇÕES	00:55:39
637	865	NUNO CARVALHO	M	39	M3539	89 INDIVIDUAL	00:55:39
638	460	NUNO ROCHA	M	34	M0034	127 INDIVIDUAL	00:55:39
639	518	CARLOS CRESPO	M	53	M5054	67 SS CGD	00:55:40
640	146	SILVERIO BRAS	M	55	M5559	56 INDIVIDUAL	00:55:43
641	323	HENRIQUE ROSA	M	19	M0034	128 BELOURA RUNNERS	00:55:46
642	106	PAULO SOUSA	M	41	M4044	127 GDC IN CASA MOEDA	00:55:47
643	108	RICARDO ALVES	M	39	M3539	90 GDC IN CASA MOEDA	00:55:47
644	42	RICARDO MARTINS	M	41	M4044	128 GD BANCO BPI	00:55:50
645	271	ORLANDO CORREIA	M	44	M4044	129 CA PATAMEIRAS	00:55:52
646	345	NURIA BRANCO	F	34	F0034	15 JOBRINDE MONTES SALOIOS	00:55:55
647	29	PEDRO RAMOS	M	32	M0034	129 CCD PM CASCAIS	00:56:00
648	1085	LUIS M MARTINS	M	55	M5559	57 GD SANTANDER TOTTA	00:56:02
649	938	JOAO F DUARTE	M	62	M6064	34 INDIVIDUAL	00:56:02
650	153	ANA SILVA	F	45	F4554	6 INDIVIDUAL	00:56:03
651	1220	ANA SILVA	F	32	F0034	16 AMINHACORRIDA / SKECHERS	00:56:04
652	682	PATRÍCIA SILVA	F	35	F3544	23 INDIVIDUAL	00:56:08
653	1075	LUCIO SILVA	M	48	M4549	82 GD SANTANDER TOTTA	00:56:09
654	1070	ANTONIO CASTRO	M	45	M4549	83 GD SANTANDER TOTTA	00:56:09
655	457	JOÃO C A BORGES	M	47	M4549	84 INDIVIDUAL	00:56:10
656	338	MARTA MARÇAL	F	23	F0034	17 INDIVIDUAL	00:56:18
657	495	JOSE M SANTOS	M	42	M4044	130 SANTOS	00:56:20
658	400	ISAAC CARRÊLO	M	54	M5054	68 CLUBE ANACOM	00:56:21
659	402	DAVID CONSTANTINO	M	56	M5559	58 CLUBE ANACOM	00:56:22
660	68	JOSÉ G VALENTIM	M	44	M4044	131 C COLAB AXA	00:56:22
661	198	JOEL A C SILVA	M	43	M4044	132 INDIVIDUAL	00:56:23
662	949	CRISTINA ROQUE LINO	F	40	F3544	24 TUDO OU NADA	00:56:23
663	670	PAUL SANTOS	M	39	M3539	91 SANTOS	00:56:23
664	917	GONÇALO ANTUNES	M	35	M3539	92 TT TEAM	00:56:26
665	261	MÁRIO FERRO	M	62	M6064	35 C FERROV PORTUGAL	00:56:28
666	350	FERRNANDO ALMEIDA	M	36	M3539	93 GELPEIXE	00:56:30
667	961	JOSÉ CATITA	M	57	M5559	59 GARMIN/ CO OEIRAS	00:56:30
668	43	JOSÉ C MAGALHÃES	M	54	M5054	69 GD BANCO BPI	00:56:30
669	529	MIGUEL REIS	M	39	M3539	94 SS CGD	00:56:30
670	351	EDUARDO SANTOS	M	36	M3539	95 GELPEIXE	00:56:30
671	408	ANDRÉ PIRES	M	28	M0034	130 CCD EFACEC LX	00:56:31
672	333	FRANCISCO FERREIRA	M	60	M6064	36 INDIVIDUAL	00:56:31
673	482	JOAQUIM FRAGOSO	M	65	M6599	18 INDIVIDUAL	00:56:31
674	413	JOSÉ CORREIA	M	36	M3539	96 CCD EFACEC LX	00:56:31
675	1120	LEONEL F F G BRANDAO	M	47	M4549	85 C MILLENNIUM BCP	00:56:32

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
676	80	MANUEL A L SEQUEIRA	M	64	M6064	37 GDCT REPSOL	00:56:34
677	246	FERNANDO J L MARQUES	M	50	M5054	70 INDIVIDUAL	00:56:38
678	227	LUIS GARCIA	M	48	M4549	86 INDIVIDUAL	00:56:39
679	942	JOANA GOMES	F	32	F0034	18 TEJAVISTA	00:56:40
680	642	CARLOS CORTÊS	M	51	M5054	71 POWERBOOST	00:56:40
681	355	ANABELA SILVA	F	35	F3544	25 PITUSKOS	00:56:42
682	39	VASCO SANTOS	M	56	M5559	60 GD BANCO BPI	00:56:42
683	171	JOÃO S ANTUNES	M	45	M4549	87 GD BANCO BPI	00:56:42
684	48	JORGE F NUNES	M	37	M3539	97 GD BANCO BPI	00:56:42
685	611	VITOR M N A MARTINS	M	64	M6064	38 INDIVIDUAL	00:56:43
686	267	PAULO GAMBOA	M	44	M4044	133 CA PATAMEIRAS	00:56:43
687	269	ANTÓNIO MORAIS	M	62	M6064	39 CA PATAMEIRAS	00:56:44
688	152	CARLOS PENA	M	46	M4549	88 INDIVIDUAL	00:56:45
689	477	JERONIMO SANTOS	M	69	M6599	19 OS INDOMAVEIS	00:56:47
690	794	CARLA GOMES	F	35	F3544	26 PENICHE A CORRER	00:56:49
691	874	JOÃO M BATISTA	M	54	M5054	72 INDIVIDUAL	00:56:54
692	1287	CARLOS CORREIA	M	47	M4549	89 INDIVIDUAL	00:56:55
693	788	ROLANDO LEMOS	M	37	M3539	98 INDIVIDUAL	00:56:57
694	627	MANUEL A F DIAS	M	26	M0034	131 PAPA KM	00:56:58
695	1290	GONÇALO PINHEIRO	M	38	M3539	99 INDIVIDUAL	00:56:59
696	630	ANDRÉ F C FRANCO	M	22	M0034	132 PAPA KM	00:56:59
697	259	NUNO F M P ALMEIDA	M	65	M6599	20 INDIVIDUAL	00:57:00
698	1173	PEDRO HONORIO	M	50	M5054	73 CASINO LISBOA	00:57:03
699	647	RUI M S ALMEIDA	M	42	M4044	134 CORRER LISBOA	00:57:03
700	1180	CARLOS FARINHA	M	52	M5054	74 CASINO LISBOA	00:57:05
701	1155	ANTONIO J G D SANTOS	M	56	M5559	61 C MILLENNIUM BCP	00:57:05
702	306	JORGE LAGARTO	M	29	M0034	133 INDIVIDUAL	00:57:07
703	193	GENTIL PEREIRA	M	39	M3539	100 AMIGOS FLOR	00:57:11
704	522	FRANCISCO CLERIGO	M	62	M6064	40 SS CGD	00:57:13
705	288	JOÃO BRANCO	M	67	M6599	21 AAE BNU	00:57:13
706	914	PEDRO SANTOS	M	42	M4044	135 INDIVIDUAL	00:57:14
707	806	MARTA CUNHA	F	33	F0034	19 INDIVIDUAL	00:57:15
708	678	CATARINA I VARGES	F	61	F5599	4 AA LEBRES SADO	00:57:16
709	140	RITA CERTÃ	F	39	F3544	27 CORRER P COMER CONVIVER	00:57:17
710	736	ANTONIO CARPINTEIRO	M	70	M6599	22 SS CGD	00:57:18
711	1158	JOAO P P V CALADO	M	49	M4549	90 C MILLENNIUM BCP	00:57:18
712	1128	DULCE M S N RAMOS	F	45	F4554	7 C MILLENNIUM BCP	00:57:18
713	1130	LUIS M L COSTA	M	45	M4549	91 C MILLENNIUM BCP	00:57:18
714	1124	ANA S O F R GAMA	F	38	F3544	28 C MILLENNIUM BCP	00:57:18
715	750	JOÃO E SABINA	M	37	M3539	101 MINIMONGOS	00:57:19
716	685	SANDRA P V PIRES	F	23	F0034	20 INDIVIDUAL	00:57:21
717	289	MANUEL OLIVEIRA	M	74	M6599	23 AAE BNU	00:57:23
718	230	MIGUEL A C RIBAS	M	45	M4549	92 INDIVIDUAL	00:57:27
719	406	CATARINA VALENTE	F	39	F3544	29 INDIVIDUAL	00:57:28
720	559	RUI BARATA	M	49	M4549	93 AÇOREANA C BANIF	00:57:30



Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
721	538	RITA QUEIROZ	F	43	F3544	30 SS CGD	00:57:31
722	139	LUÍS CABAÇA	M	37	M3539	102 CORRER P COMER CONVIVER	00:57:32
723	523	HUGO VENANCIO	M	36	M3539	103 SS CGD	00:57:36
724	824	SARA LEÃO	F	26	F0034	21 INDIVIDUAL	00:57:38
725	476	ANTONIO CASTANHEIRA	M	72	M6599	24 OS INDOMAVEIS	00:57:39
726	160	DOMINGOS A M M MARTINS	M	60	M6064	41 GD INE	00:57:41
727	1025	TERESA HENRIQUES	F	45	F4554	8 INDIVIDUAL	00:57:43
728	49	JOSE E LINDO	M	68	M6599	25 INDIVIDUAL	00:57:44
729	1084	ORLANDO CUNHA	M	37	M3539	104 GD SANTANDER TOTTA	00:57:46
730	965	FABIANA BAUMANN	F	27	F0034	22 PENICHE A CORRER	00:57:48
731	688	REGINA BADALO	F	50	F4554	9 ADCSA BALDIO	00:57:49
732	451	FERNANDO OLIVEIRA	M	59	M5559	62 C SARGENTO ARMADA	00:57:51
733	452	JOSE GOUVEIA	M	46	M4549	94 C SARGENTO ARMADA	00:57:52
734	359	LUÍSA RALHA	F	56	F5599	5 RUN 4 FUN	00:57:54
735	327	RENZO AMARAL	M	39	M3539	105 BELOURA RUNNERS	00:57:55
736	665	JOSE C CORREIA	M	47	M4549	95 INDIVIDUAL	00:58:05
737	1224	CLAUDIA BORRALHO	F	41	F3544	31 GFD RUNNING	00:58:06
738	576	HELENA SANTOS	F	52	F4554	10 AÇOREANA C BANIF	00:58:08
739	584	JAIME F R ÉVORA	M	40	M4044	136 INDIVIDUAL	00:58:09
740	553	CLAUDIA TAM	F	33	F0034	23 AÇOREANA C BANIF	00:58:09
741	403	JOÃO CASTRO	M	54	M5054	75 CLUBE ANACOM	00:58:10
742	575	ANTÓNIO JORGE	M	60	M6064	42 AÇOREANA C BANIF	00:58:10
743	934	RUI RIBEIRO	M	43	M4044	137 INDIVIDUAL	00:58:11
744	207	ANTÓNIO DOMINGOS	M	68	M6599	26 INDIVIDUAL	00:58:12
745	888	HÉLIA JANARDO	F	43	F3544	32 PENICHE A CORRER	00:58:15
746	887	DIANA SAUDADE	F	29	F0034	24 PENICHE A CORRER	00:58:15
747	740	MARGARIDA QUEIROZ	F	41	F3544	33 SS CGD	00:58:16
748	502	JORGE S FERREIRA	M	50	M5054	76 RUNNING OF D MARIA	00:58:17
749	312	RICARDO RODRIGUES	M	32	M0034	134 SDA-COFIDIS	00:58:21
750	46	ALBERTO SANTOS	M	58	M5559	63 GD BANCO BPI	00:58:22
751	1141	JOAO J C CUNHA	M	58	M5559	64 C MILLENNIUM BCP	00:58:23
752	213	ISADORA B B A COSTA	F	27	F0034	25 4 AO KM	00:58:23
753	1142	JOAO A M C CAEIRO	M	44	M4044	138 C MILLENNIUM BCP	00:58:23
754	218	VÍTOR M P GONÇALVES	M	45	M4549	96 4 AO KM	00:58:23
755	56	LUIS PROENÇA	M	45	M4549	97 INDIVIDUAL	00:58:25
756	73	TIAGO NASCIMENTO	M	27	M0034	135 C COLAB AXA	00:58:27
757	1269	DANIEL PEREIRA	M	41	M4044	139 CN PARQUE DAS NAÇÕES	00:58:31
758	425	CARLOS DIAS	M	59	M5559	65 CD	00:58:32
759	730	ANA S AGUIAR	F	44	F3544	34 INDIVIDUAL	00:58:33
760	332	TERESA ARANHA	F	40	F3544	35 INDIVIDUAL	00:58:34
761	941	MARÍLIA RIBEIRO	F	31	F0034	26 TOKANDAR	00:58:39
762	531	PAULO BAILÃO	M	44	M4044	140 SS CGD	00:58:43
763	16	NUNO SANTOS	M	43	M4044	141 CLUBE ACCENTURE	00:58:43
764	534	RUI OLIVEIRA	M	48	M4549	98 SS CGD	00:58:43
765	1079	TIAGO VEIGA	M	31	M0034	136 GD SANTANDER TOTTA	00:58:44

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
766	1078	CARINA SILVA	F	29	F0034	27 GD SANTANDER TOTTA	00:58:44
767	339	ANTÓNIO M M REIS	M	49	M4549	99 GCDNB	00:58:45
768	592	RAFAELA VICENTE	F	26	F0034	28 PENICHE A CORRER	00:58:50
769	1289	ANA PIPA	F	36	F3544	36 CN PARQUE DAS NAÇÕES	00:58:55
770	1273	JOSE CARLOS RIBEIRO COSTA	M	45	M4549	100 INDIVIDUAL	00:58:56
771	231	HELDER M G ALEXANDRE	M	40	M4044	142 STARFISH	00:58:56
772	1116	PEDRO A L SA	M	42	M4044	143 C MILLENNIUM BCP	00:58:57
773	1027	ALBERTO RAMIRES	M	61	M6064	43 INDIVIDUAL	00:58:58
774	649	JOAQUIM GOMES	M	67	M6599	27 A VALE SILENCIO	00:59:02
775	1182	BRUNO SILVA	M	38	M3539	106 CASINO LISBOA	00:59:07
776	1240	CATARINA J V LOURENÇO	F	35	F3544	37 CN PARQUE DAS NAÇÕES	00:59:07
777	114	CECÍLIA NICOLAU	F	48	F4554	11 AA LEBRES SADO	00:59:07
778	222	FRANCISCO PRATES	M	67	M6599	28 AA LEBRES SADO	00:59:08
779	621	ANTÓNIO CARDOSO	M	48	M4549	101 INDIVIDUAL	00:59:08
780	47	HELENA ESTEVINHA	F	45	F4554	12 GD BANCO BPI	00:59:09
781	622	ANA CARDOSO	F	50	F4554	13 INDIVIDUAL	00:59:09
782	574	SANDRA MARTINS	F	38	F3544	38 AÇOREANA C BANIF	00:59:10
783	573	NUNO E SANTO	M	45	M4549	102 AÇOREANA C BANIF	00:59:10
784	45	RUI VIGOÇO	M	70	M6599	29 GD BANCO BPI	00:59:10
785	247	LUIS MORAIS	M	34	M0034	137 INDIVIDUAL	00:59:13
786	585	VÂNIA A C ZARRO	F	33	F0034	29 PENICHE A CORRER	00:59:19
787	67	JOÃO F FRADE	M	43	M4044	144 C COLAB AXA	00:59:19
788	593	CARINA BORGES	F	27	F0034	30 PENICHE A CORRER	00:59:19
789	936	CARLOS TURNES	M	62	M6064	44 INDIVIDUAL	00:59:26
790	1176	VANDA LIMA	F	34	F0034	31 CASINO LISBOA	00:59:30
791	283	TÂNIA M R REGÊNCIO	F	36	F3544	39 CN PARQUE DAS NAÇÕES	00:59:31
792	302	ANA SANTOS	F	45	F4554	14 BEEP BEEP	00:59:32
793	85	LUIS J S B LARA	M	65	M6599	30 INDIVIDUAL	00:59:34
794	215	JOÃO P S LIMA	M	55	M5559	66 4 AO KM	00:59:36
795	135	ANA I G MONTEIRO	F	44	F3544	40 GEORUNNERS	00:59:38
796	1218	GONCALO BORDALO	M	20	M0034	138 SPORT LIFE	00:59:44
797	428	JOÃO CARDOSO	M	41	M4044	145 XENTRA RUNNERS	00:59:55
798	199	DEOLINDA SANTOS	F	44	F3544	41 INDIVIDUAL	00:59:56
799	371	LUIS ANTUNES	M	53	M5054	77 GA MONSANTO GASCAN	01:00:02
800	1160	ANTONIO TAVARES	M	40	M4044	146 RUN4BEER	01:00:03
801	26	JORGE JOURDAN	M	54	M5054	78 CCD PM CASCAIS	01:00:06
802	1006	RUI SANTOS	M	42	M4044	147 PETITOINGA	01:00:09
803	254	VERA DUARTE	F	42	F3544	42 GAZELAS DO OESTE	01:00:15
804	1211	OSVALDO PIRES	M	31	M0034	139 NOVABASE	01:00:15
805	633	PATRÍCIA ALTAZARB	F	41	F3544	43 TORRE VERDE 5B	01:00:16
806	632	VICENTE BALTAZAR	M	19	M0034	140 TORRE VERDE 5B	01:00:16
807	1191	MIGUEL GOMES	M	34	M0034	141 SERVILUSA	01:00:18
808	1249	INÊS BARROSO	F	41	F3544	44 CN PARQUE DAS NAÇÕES	01:00:21
809	636	HÉLDER E L LEMOS	M	26	M0034	142 PAPA KM	01:00:26
810	962	RUI P NASCIMENTO	M	44	M4044	148 SNICKERS WORKWEAR	01:00:28

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
811	1033	ANNA NORBERG	F	40	F3544	45 INDIVIDUAL	01:00:30
812	600	ANTONIO C NOVAS	M	37	M3539	107 INDIVIDUAL	01:00:32
813	1108	LUIS SOUSA	M	73	M6599	31 GD SANTANDER TOTTA	01:00:35
814	429	NUNO TERRAQUENTE	M	43	M4044	149 XENTRA RUNNERS	01:00:36
815	869	PEDRO GONÇALVES	M	41	M4044	150 TURBOLENTOS	01:00:38
816	628	ANGÉLO R M OLIVEIR	M	24	M0034	143 PAPA KM	01:00:38
817	1121	PEDRO J C MURCA	M	48	M4549	103 C MILLENNIUM BCP	01:00:38
818	742	ALVARO FURTADO	M	56	M5559	67 SS CGD	01:00:41
819	735	ANDRE NORONHA	M	50	M5054	79 SS CGD	01:00:41
820	537	VANESSA ROCHA	F	29	F0034	32 SS CGD	01:00:42
821	98	JOSÉ ABREU	M	67	M6599	32 GDC IN CASA MOEDA	01:00:50
822	499	JOSE J C SANTOS	M	49	M4549	104 INDIVIDUAL	01:00:52
823	498	JOAQUIM M C SANTOS	M	63	M6064	45 INDIVIDUAL	01:00:52
824	1215	PAULO J M NOGUEIRA	M	49	M4549	105 INDIVIDUAL	01:00:52
825	211	MARIANA FERNANDES	F	30	F0034	33 INDIVIDUAL	01:00:53
826	560	PEDRO ANDRADE	M	38	M3539	108 AÇOREANA C BANIF	01:01:00
827	36	ROSA M L MARQUES	F	41	F3544	46 RUNASTICOS	01:01:02
828	599	ANA P BANDEIRA	F	36	F3544	47 PENICHE A CORRER	01:01:10
829	880	Mª JOSÉ RODRIGUES	F	44	F3544	48 PENICHE A CORRER	01:01:10
830	582	EMANUEL BANDEIRA	M	39	M3539	109 ALCATRAZ PENICHE RUNNERS	01:01:10
831	372	CONSTÂNCIO ALMEIDA	M	55	M5559	68 GA MONSANTO GASCAN	01:01:13
832	664	JORGE F MARQUES	M	49	M4549	106 INDIVIDUAL	01:01:21
833	456	PEDRO RESENDE	M	43	M4044	151 INDIVIDUAL	01:01:22
834	487	GONÇALO SOUSA	M	24	M0034	144 LEBRES E TARTARUGAS	01:01:24
835	294	CARLOS SEQUEIRA	M	53	M5054	80 CLUBE OGMA	01:01:29
836	292	JOÃO SIMÕES	M	51	M5054	81 CLUBE OGMA	01:01:30
837	293	JOAQUIM VENÂNCIO	M	60	M6064	46 CLUBE OGMA	01:01:30
838	595	ANA INÊS SILVA	F	33	F0034	34 PENICHE A CORRER	01:01:32
839	208	GUILHERME M RELVAS	M	20	M0034	145 INDIVIDUAL	01:01:32
840	831	JOANA PEIXOTO	F	39	F3544	49 WEVENTUAL	01:01:33
841	1213	JOANA CEITIL	F	39	F3544	50 NOVABASE	01:01:33
842	1146	CARLOS A A TOME	M	64	M6064	47 C MILLENNIUM BCP	01:01:34
843	928	PEDRO CARVALHO	M	39	M3539	110 INDIVIDUAL	01:01:35
844	863	NICOLAU FURTADO	M	50	M5054	82 INDIVIDUAL	01:01:35
845	1073	JOSE MONTEIRO	M	66	M6599	33 GD SANTANDER TOTTA	01:01:36
846	919	LUIS C FERNANDES	M	43	M4044	152 INDIVIDUAL	01:01:38
847	958	DANIEL M FEITEIRONA	M	32	M0034	146 INDIVIDUAL	01:01:39
848	932	SARA LOPES	F	29	F0034	35 INDIVIDUAL	01:01:40
849	1274	ANTONIO SILVESTRE	M	45	M4549	107 INDIVIDUAL	01:01:40
850	596	CLAUDIA SILVEIRA	F	43	F3544	51 PENICHE A CORRER	01:01:40
851	1163	MANUEL A CASALTA	M	64	M6064	48 INDIVIDUAL	01:01:45
852	470	JOAO D FINO	M	48	M4549	108 DRASTUS	01:01:46
853	24	JOAO PAIXAO	M	64	M6064	49 CCD PM CASCAIS	01:01:48
854	30	SARA HENRIQUES	F	41	F3544	52 CCD PM CASCAIS	01:01:48
855	1244	PAULO J C MARTINS	M	48	M4549	109 CN PARQUE DAS NAÇÕES	01:01:48

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
856	1166	PAULO J C MARTINS	M	48	M4549	110 INDIVIDUAL	01:01:48
857	22	IVAN RAMOS	M	31	M0034	147 CCD PM CASCAIS	01:01:49
858	23	IVONE PEREIRA	F	48	F4554	15 CCD PM CASCAIS	01:01:49
859	252	DORA MATOS	F	44	F3544	53 GAZELAS DO OESTE	01:01:49
860	485	FRANCISCO J F ISIDORO	M	51	M5054	83 INDIVIDUAL	01:02:01
861	1186	JOAO R DUARTE	M	40	M4044	153 CASINO LISBOA	01:02:03
862	568	JOSÉ PAVÃO	M	58	M5559	69 AÇOREANA C BANIF	01:02:10
863	243	ORLANDO RODRIGUES	M	50	M5054	84 INDIVIDUAL	01:02:21
864	901	WENDEL MENDONÇA	M	32	M0034	148 INDIVIDUAL	01:02:22
865	224	DOMINGOS COSTA	M	66	M6599	34 INDIVIDUAL	01:02:24
866	663	MANUEL L BARBOSA	M	60	M6064	50 INDIVIDUAL	01:02:27
867	216	LÚCIA M C TAVARES	F	35	F3544	54 4 AO KM	01:02:30
868	1268	JORGE MÁXIMO	M	40	M4044	154 CM LISBOA	01:02:30
869	113	PEDRO TORRES	M	21	M0034	149 INDIVIDUAL	01:02:31
870	1282	CLAUDIA GARCIA	F	34	F0034	36 INDIVIDUAL	01:02:31
871	313	RICARDO GARRETE	M	31	M0034	150 SDA-COFIDIS	01:02:31
872	940	LUÍS P M F MACHADO	M	33	M0034	151 INDIVIDUAL	01:02:34
873	641	MARIANA SILVA	F	35	F3544	55 INDIVIDUAL	01:02:39
874	546	CLAUDIO MONTEIRO	M	50	M5054	85 RUN 4 FUN	01:02:39
875	702	ANTONIO BILA	M	58	M5559	70 INDIVIDUAL	01:02:46
876	528	ILÍDIO MONTEIRO	M	65	M6599	35 BE SMART	01:02:47
877	94	ANA MORAIS	F	40	F3544	56 GDC IN CASA MOEDA	01:02:48
878	606	CÉLIA MACIEIRA	F	45	F4554	16 LIKERUN	01:02:50
879	605	PEDRO MACHADO	M	47	M4549	111 LIKERUN	01:02:50
880	419	NUNO GRANDÃO	M	42	M4044	155 INDIVIDUAL	01:02:54
881	184	CLÁUDIA EMÍDIO	F	33	F0034	37 AA AGUALVA	01:02:58
882	488	FREDERICO SOUSA	M	51	M5054	86 LEBRES E TARTARUGAS	01:03:02
883	706	MÁRCIA GASPAS	F	38	F3544	57 INDIVIDUAL	01:03:06
884	346	PEDRO N NUNES	M	35	M3539	111 PULGAS DO ORIENTE	01:03:15
885	770	FERNANDO SANTOS	M	69	M6599	36 CP IVA	01:03:17
886	821	CLARA MINA	F	54	F4554	17 CA VALE FIGUEIRA	01:03:17
887	1294	MARCIA OOLIVEIRA	F	43	F3544	58 INDIVIDUAL	01:03:19
888	493	RICARDO D DIAS	M	36	M3539	112 DIAS E DIAS	01:03:19
889	1252	FILOMENA SERRANO	F	43	F3544	59 CN PARQUE DAS NAÇÕES	01:03:24
890	789	JORGE C REIS	M	40	M4044	156 INDIVIDUAL	01:03:26
891	886	Mª ISABEL GREGÓRIO	F	52	F4554	18 PENICHE A CORRER	01:03:28
892	558	MÓNICA QUARENTA	F	41	F3544	60 AÇOREANA C BANIF	01:03:33
893	516	FRANCISCO COSTA	M	26	M0034	152 MERIDIANOS	01:03:34
894	466	GONÇALO OLIVEIRA	M	53	M5054	87 GDCT UNICRE	01:03:36
895	1080	PAULA FIGUEIREDO	F	57	F5599	6 GD SANTANDER TOTTA	01:03:40
896	358	FILIFE RIBEIRO	M	35	M3539	113 KARAMELOS RUNNING	01:03:41
897	653	EMILIO GONÇALVES	M	48	M4549	112 A VALE SILENCIO	01:03:43
898	1091	RAFAEL PESSOA	M	41	M4044	157 GD SANTANDER TOTTA	01:03:44
899	769	LUDGERO CALDEIRA	M	70	M6599	37 CP IVA	01:03:46
900	298	JOÃO MADUREIRA	M	44	M4044	158 INDIVIDUAL	01:03:47

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
901	337	CARLA BRAZÃO	F	44	F3544	61 INDIVIDUAL	01:03:47
902	12	JORGE PIRES	M	39	M3539	114 CLUBE ACCENTURE	01:03:49
903	695	BRUNO SOUSA	M	36	M3539	115 LOS CAMPEONES	01:03:53
904	822	HUGO J R FIALHO	M	35	M3539	116 CORRER LISBOA	01:04:00
905	1245	LUIS COSTA	M	49	M4549	113 CN PARQUE DAS NAÇÕES	01:04:00
906	1261	JOSÉ M C MADEIRA	M	43	M4044	159 INDIVIDUAL	01:04:01
907	1095	SHEILA CANTIGA	F	39	F3544	62 GD SANTANDER TOTTA	01:04:03
908	669	FERNANDO FILIPE	M	43	M4044	160 INDIVIDUAL	01:04:03
909	1086	SOLANGE FIGUEIRA	F	37	F3544	63 GD SANTANDER TOTTA	01:04:04
910	74	VANDA SEQUEIRA	F	42	F3544	64 C COLAB AXA	01:04:04
911	1136	CARLA S P LOURENCO	F	39	F3544	65 C MILLENNIUM BCP	01:04:10
912	34	ANGELA F GUERREIRO	F	34	F0034	38 ADRC MATA BENFICA	01:04:15
913	1280	NUNO GUERREIRO	M	29	M0034	153 ADRC MATA BENFICA	01:04:15
914	1238	SOFIA V S G S MARTINS	F	40	F3544	66 CN PARQUE DAS NAÇÕES	01:04:16
915	284	PAULA M R JESUS	F	46	F4554	19 5 STARS JP	01:04:16
916	96	ANTONIO NASCIMENTO	M	74	M6599	38 GDC IN CASA MOEDA	01:04:20
917	591	LUIS CAMBEZ	M	38	M3539	117 PENICHE A CORRER	01:04:23
918	434	JOAO NORONHA	M	39	M3539	118 INDIVIDUAL	01:04:26
919	772	RUI PEDRO	M	65	M6599	39 CP IVA	01:04:27
920	796	RUTE A LOURENÇO	F	23	F0034	39 NÓS CONSEGUIMOS TEAM!	01:04:35
921	797	JOÃO R S CARREIRA	M	26	M0034	154 NÓS CONSEGUIMOS TEAM!	01:04:35
922	145	LUIS F LEE	M	54	M5054	88 INDIVIDUAL	01:04:49
923	438	ANA C MONTEIRO	F	29	F0034	40 SFUAP	01:04:53
924	357	RICARDO RIBEIRO	M	39	M3539	119 KARAMELOS RUNNING	01:04:54
925	1239	ANTÓNIO M S MARTINS	M	40	M4044	161 CN PARQUE DAS NAÇÕES	01:04:58
926	1209	RUI VIEIRA	M	45	M4549	114 NOVABASE	01:05:01
927	1212	ANABELA AMARAL	F	41	F3544	67 NOVABASE	01:05:01
928	754	JOANA S C H JERÓNIMO	F	33	F0034	41 INDIVIDUAL	01:05:03
929	14	NUNO REIS	M	33	M0034	155 CLUBE ACCENTURE	01:05:03
930	903	JOÃO LOURENÇO	M	32	M0034	156 ASFALTO ESCORREGADIO	01:05:06
931	194	MANUEL A SANTOS	M	76	M6599	40 OUR ESPIRITO SANTO	01:05:08
932	989	LUISA A G SANTOS	F	55	F5599	7 INDIVIDUAL	01:05:14
933	749	ANA F DIAS	F	38	F3544	68 MINIMONGOS	01:05:20
934	1100	JOSE RIBEIRO	M	70	M6599	41 GD SANTANDER TOTTA	01:05:22
935	753	PAULO CARDOSO	M	32	M0034	157 INDIVIDUAL	01:05:24
936	752	DORA RODRIGUES	F	32	F0034	42 INDIVIDUAL	01:05:25
937	87	FRANCISCO CASACA	M	75	M6599	42 INDIVIDUAL	01:05:27
938	1295	ANTÓNIO LOPES	M	65	M6599	43 CCD EFACEC LX	01:05:27
939	234	ALEXANDRA COURELA	F	38	F3544	69 INDIVIDUAL	01:05:37
940	870	TERESA SANTOS	F	41	F3544	70 TURBOLENTOS	01:05:38
941	963	ANA S SOARES	F	39	F3544	71 SNICKERS WORKWEAR	01:05:40
942	1052	JOANA LUIS	F	20	F0034	43 VOYAGERS	01:05:40
943	467	PAULO FRANÇA	M	53	M5054	89 GDCT UNICRE	01:05:41
944	1127	JORGE H A COLACO	M	55	M5559	71 C MILLENNIUM BCP	01:05:57
945	1150	RODOLFO J C LIMA	M	48	M4549	115 C MILLENNIUM BCP	01:05:57

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
946	1199	JEFFERSON C MELO	M	40	M4044	162 NOVABASE	01:06:03
947	1198	HELDER R C R MACHAQUEIRO	M	41	M4044	163 NOVABASE	01:06:03
948	1010	CAMILA MORAIS	F	23	F0034	44 INDIVIDUAL	01:06:11
949	765	CARLOS BARREIRAS	M	66	M6599	44 INDIVIDUAL	01:06:15
950	341	CARLA ANICETO	F	43	F3544	72 INDIVIDUAL	01:06:24
951	1235	CARLA LEITÃO	F	46	F4554	20 CN PARQUE DAS NAÇÕES	01:06:24
952	1021	NUNO NUNES	M	26	M0034	158 GD SÃO DOMINGOS	01:06:29
953	1020	JOANA ALMEIDA	F	23	F0034	45 GD SÃO DOMINGOS	01:06:29
954	722	JOÃO VICENTE	M	30	M0034	159 INDIVIDUAL	01:06:34
955	1000	ANDREIA SILVA	F	35	F3544	73 INDIVIDUAL	01:06:37
956	532	PAULO NUNES	M	46	M4549	116 SS CGD	01:06:37
957	310	VANIA FERREIRA	F	32	F0034	46 SDA-COFIDIS	01:06:37
958	639	SAMUEL D M GRANJA	M	41	M4044	164 INDIVIDUAL	01:06:40
959	110	VITOR CARDOSO	M	37	M3539	120 GDC IN CASA MOEDA	01:06:44
960	55	MARCO P L COELHO	M	37	M3539	121 INDIVIDUAL	01:06:46
961	839	ANA I P SANTOS	F	40	F3544	74 WEVENTUAL	01:06:51
962	840	ORLANDA S O G MARTINS	F	43	F3544	75 WEVENTUAL	01:06:51
963	95	ANTONIO GASPAR	M	71	M6599	45 GDC IN CASA MOEDA	01:06:54
964	747	VÂNIA MUGE	F	27	F0034	47 INDIVIDUAL	01:07:00
965	212	EBERHARD A WILHELM	M	67	M6599	46 4 AO KM	01:07:02
966	479	FABIO GAUDENCIO	M	32	M0034	160 INDIVIDUAL	01:07:06
967	511	JOAO GRAÇA	M	75	M6599	47 CLUBE AUTOCOOPE	01:07:07
968	1164	PEDRO M SILVA	M	43	M4044	165 INDIVIDUAL	01:07:08
969	1162	MANUEL SILVA	M	60	M6064	51 INDIVIDUAL	01:07:09
970	111	CARLOS CARDOSO	M	49	M4549	117 INDIVIDUAL	01:07:41
971	480	ALINE SANTOS	F	34	F0034	48 INDIVIDUAL	01:07:41
972	846	LUIS NEVES	M	25	M0034	161 WEVENTUAL	01:07:45
973	829	RICARDO CAETANO	M	44	M4044	166 WEVENTUAL	01:07:45
974	698	PEDRO PAULINO	M	38	M3539	122 INDIVIDUAL	01:07:48
975	699	ANA PAULINO	F	32	F0034	49 INDIVIDUAL	01:07:48
976	953	RITA S NEVES	F	28	F0034	50 INDIVIDUAL	01:07:50
977	1047	JOSE CAMILO	M	65	M6599	48 CN PARQUE DAS NAÇÕES	01:07:56
978	1250	SUSANA DO CANTO	F	44	F3544	76 CN PARQUE DAS NAÇÕES	01:07:56
979	1125	FERNANDO H R FERREIRA	M	68	M6599	49 C MILLENNIUM BCP	01:08:02
980	1149	BERNARDO J A PARAIBA	M	60	M6064	52 C MILLENNIUM BCP	01:08:03
981	1144	LEONEL C FERREIRINHA	M	67	M6599	50 C MILLENNIUM BCP	01:08:03
982	748	ANTONIO M HENRIQUES	M	56	M5559	72 INDIVIDUAL	01:08:05
983	926	DIOGO JORDÃO	M	25	M0034	162 INDIVIDUAL	01:08:06
984	1096	HELDER LOPES	M	45	M4549	118 GD SANTANDER TOTTA	01:08:11
985	143	LUIS DIAS	M	44	M4044	167 INDIVIDUAL	01:08:24
986	852	RENATO F SILVA	M	43	M4044	168 INDIVIDUAL	01:08:25
987	264	JOAQUIM PEREIRA	M	75	M6599	51 AA LEBRES SADO	01:08:25
988	1148	MARTA S J C GRIFO	F	34	F0034	51 C MILLENNIUM BCP	01:08:27
989	668	MIGUEL SILVA	M	70	M6599	52 INDIVIDUAL	01:08:27
990	1275	JOANA BRANCO	F	25	F0034	52 INDIVIDUAL	01:08:27

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
991	1147	PEDRO M C DIAS	M	31	M0034	163 C MILLENNIUM BCP	01:08:27
992	159	GUSTAVO VERÍSSIMO	M	41	M4044	169 ESQUILOS SETUBALENSES	01:08:32
993	1225	DIOGO MADALENO	M	40	M4044	170 CN PARQUE DAS NAÇÕES	01:08:35
994	1226	RITA MADALENO	F	38	F3544	77 CN PARQUE DAS NAÇÕES	01:08:35
995	1054	ANA GARRIDO	F	41	F3544	78 CN PARQUE DAS NAÇÕES	01:08:38
996	1230	Mª CÂNDIDA V TEIXEIRA	F	53	F4554	21 CN PARQUE DAS NAÇÕES	01:08:39
997	173	VASCO PIPA	M	52	M5054	90 INDIVIDUAL	01:08:42
998	1278	LUIS FERNANDES	M	69	M6599	53 INDIVIDUAL	01:08:44
999	1271	HENRIQUE NETO	M	45	M4549	119 INDIVIDUAL	01:08:45
1000	209	Mª LUCÍLIA NEVES	F	48	F4554	22 INDIVIDUAL	01:08:46
1001	864	CAROLINA G MATOS	F	20	F0034	53 INDIVIDUAL	01:08:55
1002	1233	ARIANA ROCHA	F	25	F0034	54 CN PARQUE DAS NAÇÕES	01:09:00
1003	984	MARCO CRUZ	M	36	M3539	123 CAA BELÉM	01:09:05
1004	361	ANA C P COELHO	F	24	F0034	55 INDIVIDUAL	01:09:11
1005	77	JOAO NOGUEIRA	M	50	M5054	91 INDIVIDUAL	01:09:17
1006	262	DUARTE FONSECA	M	45	M4549	120 FONSECA	01:09:20
1007	11	JOAO L F CORREIA	M	63	M6064	53 INDIVIDUAL	01:09:23
1008	967	CAMILA G SÁVIO	F	34	F0034	56 INDIVIDUAL	01:09:24
1009	238	CARLA DUARTE	F	44	F3544	79 TARTARUGAS SOLIDÁRIAS	01:09:27
1010	237	RUI DUARTE	M	44	M4044	171 TARTARUGAS SOLIDÁRIAS	01:09:27
1011	170	JORGE PEREIRA	M	27	M0034	164 NJ	01:09:49
1012	169	NÍDIA VICENTE	F	26	F0034	57 NJ	01:09:49
1013	550	ANA ISAAC	F	37	F3544	80 AÇOREANA C BANIF	01:09:53
1014	1177	JOAO LIMA	M	33	M0034	165 CASINO LISBOA	01:10:43
1015	141	Mª INÊS P A BARATA	F	50	F4554	23 INDIVIDUAL	01:10:45
1016	317	FÁTIMA PRAZERES	F	49	F4554	24 INDIVIDUAL	01:10:49
1017	318	ARMÉNIO VICENTE	M	56	M5559	73 INDIVIDUAL	01:10:49
1018	624	ANTÓNIO MARQUES	M	68	M6599	54 INDIVIDUAL	01:10:50
1019	696	ANA SOUSA	F	34	F0034	58 LOS CAMPEONES	01:10:58
1020	1260	JOAQUIM A CAEIRO	M	35	M3539	124 INDIVIDUAL	01:11:15
1021	556	ANA CANAVEIRA	F	48	F4554	25 AÇOREANA C BANIF	01:11:16
1022	966	SOFIA RAPOSO	F	26	F0034	59 INDIVIDUAL	01:11:19
1023	990	SARA LOUREIRO	F	25	F0034	60 INDIVIDUAL	01:11:19
1024	353	FILIPA MALHEIRO	F	41	F3544	81 INDIVIDUAL	01:11:21
1025	873	BRUNO CARDOSO	M	32	M0034	166 INDIVIDUAL	01:11:24
1026	921	NUNO J COSTA	M	42	M4044	172 SS CGD	01:11:27
1027	307	JEREMIAS RIBEIRO	M	72	M6599	55 INDIVIDUAL	01:11:28
1028	116	ANA M ALMEIDA	F	35	F3544	82 INDIVIDUAL	01:11:39
1029	1069	PEDRO DIAS	M	43	M4044	173 GD SANTANDER TOTTA	01:11:40
1030	343	NUNO OLIVEIRA	M	38	M3539	125 #1	01:11:48
1031	1216	ISABEL P COSTA	F	44	F3544	83 SPORT LIFE	01:11:57
1032	33	RUI TEIVES HENRIQUES	M	67	M6599	56 ADRC MATA BENFICA	01:12:07
1033	925	PEDRO JORDÃO	M	19	M0034	167 INDIVIDUAL	01:12:07
1034	1151	ANTONIO J P BRAGA	M	55	M5559	74 C MILLENNIUM BCP	01:12:13
1035	1152	ARINDA P S P BRAGA	F	53	F4554	26 C MILLENNIUM BCP	01:12:13

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo
1036	1168	ANTONIO FERNANDES	M	78	M6599	57 INDIVIDUAL	01:12:29
1037	1262	LUÍS M B RIBEIRO	M	42	M4044	174 INDIVIDUAL	01:12:31
1038	909	LEONTINA CRUZ	F	41	F3544	84 SAPATISTAS	01:12:36
1039	1105	SANDRA CUNHA	F	40	F3544	85 GD SANTANDER TOTTA	01:12:53
1040	1109	Mª GERTRUDES PATRICIO	F	66	F5599	8 GD SANTANDER TOTTA	01:13:00
1041	253	MARTA FERREIRA	F	39	F3544	86 GAZELAS DO OESTE	01:13:14
1042	494	CÁTIA L DIAS	F	38	F3544	87 DIAS E DIAS	01:13:22
1043	875	FERNANDO P RODRIGUES	M	73	M6599	58 INDIVIDUAL	01:13:32
1044	263	PAULA GUERRA	F	44	F3544	88 FONSECA	01:13:37
1045	453	RUI CARNEIRO	M	43	M4044	175 CLUBE ANA LISBOA	01:13:56
1046	454	SANDRA CARNEIRO	F	44	F3544	89 CLUBE ANA LISBOA	01:13:56
1047	1051	MARISA FIGUEIREDO	F	24	F0034	61 SERVILUSA	01:14:29
1048	1291	IRINA KRUK	F	37	F3544	90 INDIVIDUAL	01:14:30
1049	578	CARLOS VIEIRA	M	45	M4549	121 INDIVIDUAL	01:14:31
1050	978	BRUNO PIMENTA	M	32	M0034	168 PORTELA FANS	01:14:31
1051	807	VERA SANCHES	F	35	F3544	91 PORTELA FANS	01:14:31
1052	979	ANA VAZ	F	34	F0034	62 PORTELA FANS	01:14:31
1053	27	JOSE FIALHO	M	55	M5559	75 CCD PM CASCAIS	01:14:36
1054	1014	JOANA PFIGUEIREDO	F	32	F0034	63 JUGADORES	01:14:39
1055	1050	SUSANA FREIRE	F	24	F0034	64 SERVILUSA	01:14:39
1056	1015	PAULO P FIGUEIREDO	M	36	M3539	126 JUGADORES	01:14:40
1057	1181	TANIA PEREIRA	F	25	F0034	65 CASINO LISBOA	01:14:46
1058	883	TIAGO LANÇA	M	31	M0034	169 PENICHE A CORRER	01:14:48
1059	458	ANTÓNIO RAMALHO	M	39	M3539	127 INDIVIDUAL	01:14:55
1060	416	ADELINO CASTRO	M	63	M6064	54 CCD EFACEC LX	01:15:09
1061	409	MANUEL GOMES	M	70	M6599	59 CCD EFACEC LX	01:15:09
1062	1028	CELESTE ROMERO	F	40	F3544	92 INDIVIDUAL	01:15:27
1063	924	PAULO R JORDÃO	M	54	M5054	92 INDIVIDUAL	01:15:29
1064	102	MIGUEL FRAGA	M	44	M4044	176 GDC IN CASA MOEDA	01:16:02
1065	72	RITA I GRADE	F	37	F3544	93 C COLAB AXA	01:16:28
1066	1093	LIDIA LOPES	F	53	F4554	27 GD SANTANDER TOTTA	01:17:01
1067	51	ADELAIDE PÔRTO	F	48	F4554	28 INDIVIDUAL	01:17:10
1068	977	SANDRA ALMEIDA	F	40	F3544	94 PORTELA FANS	01:17:12
1069	808	MIGUEL SANCHES	M	35	M3539	128 PORTELA FANS	01:17:12
1070	981	JORGE VALERIO	M	54	M5054	93 GRANATE	01:17:18
1071	536	TERESA PEREIRA	F	51	F4554	29 SS CGD	01:18:04
1072	167	SANDRA ANDARDE	F	40	F3544	95 INDIVIDUAL	01:18:53
1073	843	RICARDO DIONÍSIO	M	25	M0034	170 WEVENTUAL	01:18:53
1074	161	RICARDO MENDES	M	37	M3539	129 INDIVIDUAL	01:20:24
1075	783	JORGE R C FONSECA	M	56	M5559	76 XIRA BONES	01:21:30
1076	1259	TELMA C R VENTURA	F	34	F0034	66 CN PARQUE DAS NAÇÕES	01:26:14
1077	286	CÁTIA F G M SILVESTRE	F	37	F3544	96 CORRER LISBOA	01:26:14
1078	285	LILIANA S G GOMES	F	36	F3544	97 CORRER LISBOA	01:26:14
1079	1241	SANDRA PAIVA	F	39	F3544	98 CN PARQUE DAS NAÇÕES	01:26:19
1080	776	Mª FÁTIMA C NEIVA	F	55	F5599	9 INDIVIDUAL	01:26:24