



I Trilhos de Lousa - Trail Curto

21 de Janeiro, 2018

<https://werun.pt/resultados/i-trilhos-de-lousa-trail-curto/>

| Pos. | Dorsal | Nome | Tempo Bruto | Tempo Líquido | Escalão | Equipa | Pos. Escalão |
|------|--------|-------------------|-------------|---------------|---------|------------------------------|-----------------|
| 1 | 1504 | FLORIANO SILVA | 01:10:44.49 | 01:10:44.49 | M2339 | AMINHACORRIDA/MYPROTEIN | 1 |
| 2 | 5740 | LUIS SILVA | 01:11:03.50 | 01:11:03.50 | M2339 | CLUBE DE PRAÇAS DA ARMADA | 2 |
| 3 | 1410 | ROBERTO RODRIGUES | 01:11:04.98 | 01:11:04.98 | M2339 | GORUNNERS - OUTPRO | 3 |
| 4 | 1377 | GONÇALO PRUDÊNCIO | 01:11:57.07 | 01:11:32.61 | M2339 | SPALD GINASIOS | 4 |
| 5 | 1473 | MÁRIO FIRMINO | 01:11:58.47 | 01:11:58.47 | M2339 | DOLCE FURADOURO | 5 |
| 6 | 1402 | TIAGO DUARTE | 01:14:00.23 | 01:13:30.84 | M2339 | SPALD GINASIOS | 6 |
| 7 | 5867 | NUNO GOMES | 01:14:14.08 | 01:14:14.08 | M2339 | GORUNNERS - OUTPRO | 7 |
| 8 | 477 | JOÃO FERREIRA | 01:14:33.96 | 01:14:33.28 | M2339 | FOR SPORTS | 8 |
| 9 | 1305 | PEDRO MONIZ | 01:15:14.98 | 01:15:14.98 | M0022 | PDTG TEAM | 1 |
| 10 | 5866 | RUI RODRIGUES | 01:15:20.09 | 01:15:20.09 | M2339 | GORUNNERS - OUTPRO | 9 |
| 11 | 1509 | JORGE CARVALHO | 01:15:31.14 | 01:15:31.14 | M2339 | GORUNNERS - OUTPRO | 10 |
| 12 | 1536 | LUIS CARDOSO | 01:15:59.14 | 01:15:55.44 | M2339 | PFF PAZ MUNDIAL E UNIFICAÇÃO | 11 |
| 13 | 1525 | CARLOS PINHO | 01:16:07.62 | 01:16:06.82 | M2339 | CROSSFITALPHADEN | 12 |
| 14 | 1304 | BERNARDO PEREIRA | 01:16:44.45 | 01:16:44.45 | M0022 | PDTG TEAM | 2 |
| 15 | 436 | ANDRÉ PIRES | 01:19:25.85 | 01:19:23.82 | M2339 | ADEFACEC | 13 |
| 16 | 1486 | JOSE GEADA | 01:19:35.95 | 01:19:35.95 | M4049 | ASC VALE GRANDE | 1 |
| 17 | 1282 | CARLOS MARQUES | 01:20:51.94 | 01:20:37.37 | M4049 | GD SANTANDER TOTTA | 2 |
| 18 | 1508 | HENRIQUE DELGADO | 01:20:53.35 | 01:20:53.35 | M2339 | GORUNNERS - OUTPRO | 14 |
| 19 | 1458 | LUÍS ROUSSADO | 01:20:56.65 | 01:20:56.65 | M4049 | CARACÓIS DE PEDRA | 3 |
| 20 | 1323 | FILIPA RODRIGUES | 01:20:58.66 | 01:20:58.66 | F0022 | PDTG TEAM | 1 |
| 21 | 1519 | MARIO RODRIGUES | 01:21:48.32 | 01:21:42.89 | M5059 | FF PAZ MUNDIAL E UNIFICAÇÃO | 1 |

| | | | | | | | |
|----|------|-----------------------------|-------------|-------------|-------|--------------------------------------|----|
| 22 | 5870 | JOÃO ALVES | 01:22:11.37 | 01:22:08.91 | M2339 | GORUNNERS - OUTPRO | 15 |
| 23 | 1408 | TIAGO MORAIS | 01:22:38.75 | 01:22:35.23 | M2339 | HOUSEMARTINS BELAS | 16 |
| 24 | 5776 | RUBEN COTRIM | 01:23:38.12 | 01:23:29.69 | M2339 | CLUBE DIRTRUNNERS | 17 |
| 25 | 1489 | HUGO SANTOS | 01:24:42.18 | 01:23:55.38 | M4049 | INDIVIDUAL | 4 |
| 26 | 1422 | MIGUEL BASTOS SANTOS | 01:25:09.80 | 01:25:09.80 | M4049 | UF COMÉRCIO E INDÚSTRIA ATLETISMO | 5 |
| 27 | 1427 | SOUSA | 01:26:08.92 | 01:25:59.59 | M6099 | PALMELENSE F CLUBE | 1 |
| 28 | 1479 | JONI JACINTO | 01:26:39.92 | 01:26:30.48 | M2339 | CLUBE DIRTRUNNERS | 18 |
| 29 | 1343 | BERNARDO MALHADOR | 01:26:59.43 | 01:26:41.22 | M4049 | INDIVIDUAL | 6 |
| 30 | 1283 | NUNO EMÍDIO | 01:27:05.38 | 01:27:05.38 | M2339 | GESTIRUNNER | 19 |
| 31 | 1499 | FLAVIO SANTOS | 01:27:17.89 | 01:27:09.16 | M0022 | FF PAZ MUNDIAL E UNIFICAÇÃO | 3 |
| 32 | 1526 | ANTONIO PIRES | 01:27:21.33 | 01:27:20.14 | M5059 | CROSSFITALPHADEN | 2 |
| 33 | 1527 | MARCELO OLIVEIRA | 01:27:21.50 | 01:27:21.13 | M2339 | CROSSFITALPHADEN | 20 |
| 34 | 1345 | MARCO LOURENÇO | 01:28:15.63 | 01:27:51.46 | M2339 | INDIVIDUAL | 21 |
| 35 | 1361 | JOAO OLIVEIRA | 01:28:29.66 | 01:28:29.66 | M4049 | STJOAOLIVEIRATEAM | 7 |
| 36 | 5739 | BRUNO CARVALHO | 01:28:38.48 | 01:28:15.69 | M4049 | ESPÍRITO INQUIETO OUTDOOR | 8 |
| 37 | 5784 | RUI CARNEIRO | 01:29:11.64 | 01:28:59.28 | M4049 | INDIVIDUAL | 9 |
| 38 | 1280 | JORGE FRANCO | 01:29:28.63 | 01:29:12.65 | M4049 | POL RUNNERS | 10 |
| 39 | 1276 | PAULO GONÇALVES | 01:29:28.77 | 01:29:01.48 | M2339 | POL RUNNERS | 22 |
| 40 | 1481 | FILIPA CASTELA | 01:29:31.77 | 01:29:29.92 | F2339 | GORUNNERS - OUTPRO | 1 |
| 41 | 1507 | JOAO SILVA | 01:30:06.51 | 01:30:06.51 | M2339 | INDIVIDUAL | 23 |
| 42 | 1339 | LÁZARO ALEXANDRE | 01:30:18.82 | 01:30:03.49 | M2339 | TEAM "BROTHERS" | 24 |
| 43 | 1382 | FRANCISCO LOPES | 01:30:34.44 | 01:30:13.33 | M4049 | INDIVIDUAL | 11 |
| 44 | 1202 | ANTÓNIO MARTINS | 01:30:46.52 | 01:30:46.52 | M4049 | HOUSEMARTINS BELAS | 12 |
| 45 | 1492 | MANUEL PEREIRA ARAÚJO | 01:30:51.84 | 01:30:34.47 | M5059 | INDIVIDUAL | 3 |
| 46 | 1201 | FIGUEIREDO | 01:31:09.25 | 01:30:08.13 | M2339 | TREINOS DO AÇO | 25 |
| 47 | 5766 | ANTONIO | 01:31:53.48 | 01:31:48.45 | M5059 | NUCLEO DESPORTIVO | 4 |

| ALMEIDA | | | AUTOCOOPE | | | | |
|---------|------|---------------------------|-------------|-------------|-------|---------------------------------------|----|
| 48 | 1244 | JOSÉ NUNES | 01:32:27.17 | 01:31:58.22 | M5059 | KEEP RUNNING | 5 |
| 49 | 1257 | JOSÉ ANGELINO | 01:32:27.75 | 01:31:45.28 | M0022 | CORK TRAIL TEAM | 4 |
| 50 | 5806 | PAULO SARTY | 01:33:08.54 | 01:33:08.54 | M4049 | INDIVIDUAL | 13 |
| 51 | 1409 | PAULO SANTOS | 01:33:30.52 | 01:33:13.72 | M4049 | HOUSEMARTINS BELAS | 14 |
| 52 | 1357 | MOTA | 01:33:48.65 | 01:33:21.80 | M5059 | ST JOAO OLIVEIRA TEAM | 6 |
| 53 | 5790 | MAFALDA MONIZ | 01:34:26.31 | 01:34:26.31 | F2339 | AMCF - ARRÁBIDA TRAIL TEAM | 2 |
| 54 | 1517 | LUÍS PAULO COSTA CIPRIANO | 01:34:26.41 | 01:34:22.58 | M4049 | CLUBE DIRTRUNNERS | 15 |
| 55 | 260 | GUILHERME HORA | 01:35:45.27 | 01:35:32.91 | M4049 | INDIVIDUAL | 16 |
| 56 | 1466 | CARLOS NUNES | 01:37:27.89 | 01:36:20.71 | M4049 | KANGAROO RUNNERS | 17 |
| 57 | 1352 | LUIS FERREIRA | 01:38:32.03 | 01:38:04.50 | M5059 | STJOAOOLIVEIRATEAM | 7 |
| 58 | 1203 | GONCAX | 01:38:39.82 | 01:38:20.35 | M2339 | AAS | 26 |
| 59 | 1324 | PAULO PINTO | 01:38:55.34 | 01:38:44.12 | M4049 | BTTASCADUXICO | 18 |
| 60 | 1330 | PATRÍCIA ROMÃO | 01:39:23.62 | 01:38:58.83 | F0022 | CORK TRAIL TEAM | 2 |
| 61 | 1292 | AFONSO ATAÍDE | 01:39:33.29 | 01:39:08.41 | M2339 | INDIVIDUAL | 27 |
| 62 | 1385 | CARLOS MARTINS | 01:40:06.41 | 01:39:31.69 | M4049 | BOOM TRAIL TEAM | 19 |
| 63 | 1380 | PAULO ASCENÇÃO | 01:40:06.54 | 01:40:06.54 | M4049 | BOOM TRAIL TEAM | 20 |
| 64 | 1421 | FILIPA FERNANDES | 01:40:14.45 | 01:39:55.46 | F4049 | UF COMÉRCIO E INDÚSTRIA ATLETISMO | 1 |
| 65 | 5871 | ANTÓNIO ALVES | 01:40:39.21 | 01:40:37.23 | M5059 | GORUNNERS - OUTPRO | 8 |
| 66 | 1369 | ANTÓNIO BAPTISTA | 01:40:42.49 | 01:40:29.46 | M4049 | INDIVIDUAL | 21 |
| 67 | 1200 | JAIME COSTA | 01:40:46.23 | 01:40:12.36 | M4049 | INDIVIDUAL | 22 |
| 68 | 1530 | RUI DA CRUZ | 01:42:25.57 | 01:42:04.99 | M4049 | GRUPO CICLOTURIMO ESTRELAS DA AMADORA | 23 |
| 69 | 1405 | CARLOS FERREIRA | 01:42:28.26 | 01:42:20.18 | M6099 | NUCLEO DESPORTIVO AUTOCOOPE | 2 |
| 70 | 1379 | FILIFE RITO | 01:42:38.48 | 01:42:38.48 | M2339 | INDIVIDUAL | 28 |
| 71 | 1476 | CÁTIA | 01:42:51.33 | 01:42:25.84 | F2339 | MONTIQUEIJO | 3 |
| 72 | 1277 | RUI PEREIRA | 01:43:21.95 | 01:42:59.84 | M2339 | POL RUNNERS | 29 |
| 73 | 1341 | MÁRIO | 01:43:30.89 | 01:42:56.41 | M2339 | INDIVIDUAL | 30 |

| | | VICENTE | | | | | |
|----|------|---------------------|-------------|-------------|-------|---------------------------------------|----|
| 74 | 1394 | RUI BARRACHA | 01:43:48.73 | 01:43:26.34 | M4049 | INDIVIDUAL | 24 |
| 75 | 1529 | ANTÓNIO PEDROSO | 01:43:51.40 | 01:43:32.95 | M4049 | GRUPO CICLOTURIMO ESTRELAS DA AMADORA | 25 |
| 76 | 1528 | PEDRO BARATA | 01:43:53.94 | 01:43:34.66 | M2339 | GRUPO CICLOTURIMO ESTRELAS DA AMADORA | 31 |
| 77 | 1460 | JORGE CÔCO | 01:44:33.77 | 01:44:14.54 | M4049 | UF COMÉRCIO E INDÚSTRIA ATLETISMO | 26 |
| 78 | 514 | PEDRO COELHO | 01:44:50.04 | 01:44:50.04 | M2339 | INDIVIDUAL | 32 |
| 79 | 1478 | PEDRO | 01:45:57.57 | 01:45:35.90 | M2339 | MONTIQUEIJO | 33 |
| 80 | 1417 | FRAN TAIBO MERA | 01:46:04.03 | 01:46:04.03 | M2339 | CDM VÉRTICE | 34 |
| 81 | 1376 | ANDRÉ LOPES | 01:46:04.10 | 01:46:00.22 | M2339 | VETERANOS DE MASSAMÁ | 35 |
| 82 | 1436 | JOAO MONIZ | 01:46:27.87 | 01:45:15.80 | M2339 | INDIVIDUAL | 36 |
| 83 | 1452 | ALEXANDRE COSTA | 01:46:28.57 | 01:45:14.68 | M4049 | BLUE-INFINITY | 27 |
| 84 | 1515 | ANTONIO INACIO | 01:46:47.54 | 01:46:46.93 | M6099 | DOLCE FURADOURO | 3 |
| 85 | 1255 | ALEXANDRE RODRIGUES | 01:46:51.43 | 01:46:51.43 | M0022 | CORK TRAIL TEAM | 5 |
| 86 | 1523 | Augusto Ferreira | 01:47:10.32 | 01:46:46.46 | M4049 | CORRER LISBOA | 28 |
| 87 | 5769 | JORGE SOBRINHO | 01:47:22.05 | 01:47:02.91 | M4049 | CARTOON RUM TEAM | 29 |
| 88 | 1278 | JÚLIO MOREIRA | 01:47:28.13 | 01:46:59.31 | M4049 | POL RUNNERS | 30 |
| 89 | 5862 | JOANA MONTEIRO | 01:47:32.52 | 01:47:30.54 | F2339 | GORUNNERS - OUTPRO | 4 |
| 90 | 1438 | RICARDO BEATRIZ | 01:48:22.89 | 01:47:13.11 | M2339 | BLUE-INFINITY | 37 |
| 91 | 1268 | LISETE MOUSINHO | 01:49:25.63 | 01:49:20.12 | F4049 | FITRUNNERS | 2 |
| 92 | 1311 | JOÃO SILVA | 01:49:29.16 | 01:49:29.16 | M4049 | ANDORINHAS | 31 |
| 93 | 1514 | RAFAELA SANTOS | 01:49:38.07 | 01:49:28.68 | F0022 | DOLCE FURADOURO | 3 |
| 94 | 1247 | ANTÓNIO AZEVEDO | 01:49:41.50 | 01:48:27.41 | M2339 | INDIVIDUAL | 38 |
| 95 | 1250 | ZÉ | 01:49:46.22 | 01:48:31.83 | M2339 | INDIVIDUAL | 39 |
| 96 | 5781 | GUIDA SUÁREZ | 01:49:52.71 | 01:49:52.71 | F2339 | FAMÍLIA SUAREZ | 5 |
| 97 | 5881 | MANUEL GERALDO | 01:50:06.74 | 01:50:06.74 | M4049 | UNIÃO CAMIONAGEM DE CARGA | 32 |
| 98 | 1338 | JORGE | 01:50:07.97 | 01:49:43.04 | M2339 | INDIVIDUAL | 40 |

RAMINHAS

| | | | | | | | |
|-----|------|-------------------|-------------|-------------|-------|--------------------------|----|
| 99 | 5736 | ALEXANDRE | 01:50:17.61 | 01:49:19.62 | M4049 | INDIVIDUAL | 33 |
| 100 | 5875 | R FREIXO | 01:50:20.30 | 01:50:20.05 | M2339 | INDIVIDUAL | 41 |
| 101 | 1281 | JOÃO SOUSA | 01:50:21.06 | 01:50:00.23 | M2339 | POL RUNNERS | 42 |
| 102 | 1239 | LUIS SILVA | 01:50:33.13 | 01:50:09.04 | M0022 | INDIVIDUAL | 6 |
| 103 | 1513 | NUNO MIGUEL SILVA | 01:50:43.78 | 01:50:21.62 | M4049 | INDIVIDUAL | 34 |
| 104 | 1370 | JORGE | 01:50:43.97 | 01:48:51.16 | M4049 | CARTOON RUM TEAM | 35 |
| 105 | 1310 | PEDRO GOMES | 01:50:44.87 | 01:50:44.87 | M2339 | SS CGD | 43 |
| 106 | 1532 | JOÃO SEIÇA | 01:51:26.99 | 01:50:57.49 | M2339 | INDIVIDUAL | 44 |
| 107 | 1267 | NUNO SOARES | 01:51:27.64 | 01:51:27.64 | M0022 | INDIVIDUAL | 7 |
| 108 | 389 | RICARDO LEITÃO | 01:51:27.72 | 01:51:27.72 | M4049 | INDIVIDUAL | 36 |
| 109 | 5708 | LUÍS SIMÕES | 01:51:31.31 | 01:50:23.67 | M4049 | LEVEL HC | 37 |
| 110 | 5839 | SERGIO NUNES | 01:51:39.77 | 01:49:54.32 | M0022 | MARVILA JOVEM | 8 |
| 111 | 1245 | EURICO CAROCHA | 01:52:16.37 | 01:51:39.67 | M5059 | KEEP RUNNING | 9 |
| 112 | 1334 | MIGUEL ESTEVES | 01:52:19.69 | 01:51:56.52 | M2339 | GDCF RUNNING TEAM | 45 |
| 113 | 1332 | AFONSO RODRIGUES | 01:52:20.12 | 01:51:53.83 | M2339 | GDCF RUNNING TEAM | 46 |
| 114 | 1325 | RODRIGO & GONÇALO | 01:52:30.15 | 01:51:59.86 | M4049 | CORRER LISBOA | 38 |
| 115 | 1293 | JOSÉ RAPOSO | 01:52:44.29 | 01:51:40.19 | M4049 | GD SANTANDER TOTTA | 39 |
| 116 | 5745 | JORGE FERRAZ | 01:52:45.98 | 01:52:45.98 | M4049 | MTT-MCDONALDS TRAIL TEAM | 40 |
| 117 | 1475 | FRANCISCO | 01:52:57.75 | 01:51:38.01 | M4049 | MONTIQUEIJO | 41 |
| 118 | 1261 | TÂNIA FREITAS | 01:52:59.07 | 01:52:54.23 | F2339 | FITRUNNERS | 6 |
| 119 | 5840 | BRUNO RAIMUNDO | 01:53:16.33 | 01:51:30.26 | M2339 | MARVILA JOVEM | 47 |
| 120 | 5748 | RUI SALVADOR | 01:53:35.89 | 01:51:55.85 | M2339 | INDIVIDUAL | 48 |
| 121 | 1485 | IVO MARTINS | 01:53:39.12 | 01:53:39.12 | M0022 | HOUSEMARTINS BELAS | 9 |
| 122 | 5797 | 666 | 01:53:39.79 | 01:53:28.31 | M4049 | CLUBE DIRTRUNNERS | 42 |
| 123 | 1337 | NUNO RAMINHAS | 01:53:50.30 | 01:53:22.96 | M4049 | INDIVIDUAL | 43 |
| 124 | 1213 | SARMENTO | 01:53:51.98 | 01:53:39.79 | F2339 | INDIVIDUAL | 7 |
| 125 | 1212 | DEMUH | 01:53:55.62 | 01:53:39.82 | M2339 | INDIVIDUAL | 49 |
| 126 | 1497 | DAVID MURTA | 01:54:38.14 | 01:53:52.55 | M2339 | SPORTBILLYS | 50 |
| 127 | 1383 | LUIS SIMÃO | 01:55:02.79 | 01:54:30.84 | M2339 | BOOM TRAIL TEAM | 51 |

| | | | | | | | |
|-----|------|--------------------------|-------------|-------------|-------|-----------------------------|----|
| 128 | 1389 | CLAUDIA MOITA | 01:55:03.53 | 01:54:32.91 | F2339 | BOOM TRAIL TEAM | 8 |
| 129 | 5754 | CARLOS TEIXEIRA | 01:55:13.02 | 01:54:18.98 | M4049 | SGS | 44 |
| 130 | 1306 | GIL PEREIRA | 01:55:24.74 | 01:55:13.95 | M4049 | 1 KM/X | 45 |
| 131 | 1406 | PEDRO SEQUEIRA | 01:55:26.35 | 01:55:20.05 | M2339 | NUCLEO DESPORTIVO AUTOCOOPE | 52 |
| 132 | 1346 | MARTA SOFIA SILVA SANTOS | 01:55:49.91 | 01:55:49.91 | F2339 | INDIVIDUAL | 9 |
| 133 | 5808 | MANUEL COITO | 01:56:35.92 | 01:56:35.92 | M2339 | INDIVIDUAL | 53 |
| 134 | 307 | JOÃO P. SOARES | 01:56:45.87 | 01:55:36.52 | M5059 | INDIVIDUAL | 10 |
| 135 | 1224 | JOÃO MIRANDA | 01:57:05.09 | 01:57:05.09 | M5059 | HOUSEMARTINS BELAS | 11 |
| 136 | 1285 | PEDRO MANZANO | 01:57:23.35 | 01:57:23.35 | M2339 | #ÉSÓISTO | 54 |
| 137 | 1365 | LUIS MARTINHO | 01:57:37.18 | 01:55:56.40 | M4049 | INDIVIDUAL | 46 |
| 138 | 5880 | Diogo Soares | 01:57:47.51 | 01:57:05.75 | M2339 | INDIVIDUAL | 55 |
| 139 | 1262 | PEDRO BRANCO | 01:57:48.65 | 01:57:07.01 | M0022 | CORK TRAIL TEAM | 10 |
| 140 | 5775 | LUÍS | 01:57:48.79 | 01:57:12.30 | M4049 | AMIGOSDACORRIDA.COM | 47 |
| 141 | 5858 | ANTONIO SANTOS | 01:57:50.20 | 01:56:39.76 | M6099 | OS VICENTES | 4 |
| 142 | 5780 | MIGASU | 01:58:01.47 | 01:58:01.47 | M2339 | FAMÍLIA SUAREZ | 56 |
| 143 | 1279 | JOSÉ EZEQUIEL | 01:58:36.35 | 01:58:08.50 | M2339 | POL RUNNERS | 57 |
| 144 | 1321 | NUNO FRADE | 01:58:37.57 | 01:57:01.81 | M2339 | INDIVIDUAL | 58 |
| 145 | 1360 | FILIPE LIMA | 01:58:41.05 | 01:57:21.76 | M2339 | #ÉSÓISTO | 59 |
| 146 | 1531 | BRUNO CORREIA | 01:59:02.50 | 01:59:02.50 | M2339 | INDIVIDUAL | 60 |
| 147 | 1510 | JOSÉ MONTEIRO HENRIQUES | 01:59:02.76 | 01:58:22.42 | M4049 | INDIVIDUAL | 48 |
| 148 | 1487 | JOSÉ RODRIGUES | 01:59:02.82 | 01:58:23.42 | M4049 | INDIVIDUAL | 49 |
| 149 | 1420 | CARLOS GONÇALVES | 01:59:21.32 | 01:59:09.82 | M6099 | INDIVIDUAL | 5 |
| 150 | 1537 | BERNARDINO ANTUNES | 01:59:36.55 | 01:58:03.88 | M5059 | | 12 |
| 151 | 1350 | ANTONIO RIBEIRO | 02:01:00.43 | 01:59:38.78 | M5059 | INDIVIDUAL | 13 |
| 152 | 1368 | JOSÉ VAZ | 02:01:01.64 | 02:00:39.84 | M4049 | STRAVISTAS VP | 50 |

| | | | | | | | |
|-----|------|----------------------------|-------------|-------------|-------|------------------------------------|----|
| 153 | 1512 | RUI SANTOS | 02:01:04.03 | 01:59:43.74 | M4049 | INDIVIDUAL | 51 |
| 154 | 1375 | PAULO QUARESMA | 02:01:40.71 | 02:01:01.05 | M6099 | VETERANOS DE MASSAMÁ | 6 |
| 155 | 5816 | PATRÍCIA GERALDES | 02:01:49.70 | 02:01:39.97 | F4049 | INDIVIDUAL | 3 |
| 156 | 1240 | RITA AZEVEDO | 02:01:51.28 | 02:01:26.96 | F4049 | MTT-MCDONALDS TRAIL TEAM | 4 |
| 157 | 1441 | LUÍS ALVES | 02:01:52.60 | 02:00:44.49 | M2339 | KANGAROO RUNNERS | 61 |
| 158 | 1284 | CLÁUDIO BAIXINHO | 02:02:21.73 | 02:01:10.00 | M2339 | GESTIRUNNER | 62 |
| 159 | 1252 | MIGUEL LUCENA | 02:02:29.70 | 02:02:29.70 | M2339 | HOUSEMARTINS BELAS | 63 |
| 160 | 5864 | ARLETE REGO | 02:02:44.63 | 02:01:34.12 | F2339 | GORUNNERS - OUTPRO | 10 |
| 161 | 5800 | FRANCISCO NOVERSA | 02:02:47.26 | 02:01:57.60 | M2339 | AFIFENSE TRAIL | 64 |
| 162 | 1314 | FILIPE NUNES | 02:02:50.24 | 02:01:59.90 | M4049 | INDIVIDUAL | 52 |
| 163 | 1265 | JESUS LEÃO | 02:02:50.34 | 02:02:50.34 | F5059 | FITRUNNERS | 1 |
| 164 | 1315 | PAULO TORRES | 02:02:50.88 | 02:01:59.12 | M4049 | INDIVIDUAL | 53 |
| 165 | 5720 | FILIPE LOUREIRO | 02:02:56.20 | 02:02:56.20 | M5059 | CORRER LISBOA | 14 |
| 166 | 1400 | BÁRBARA CRUZ | 02:03:02.31 | 02:02:06.90 | F0022 | INDIVIDUAL | 4 |
| 167 | 5794 | JORGE COSTA | 02:04:39.80 | 02:04:23.15 | M4049 | SERVIÇOS SOCIAIS MONTEPIO GERAL | 54 |
| 168 | 5791 | PEDRO BOTO | 02:04:39.87 | 02:04:21.60 | M5059 | SERVIÇOS SOCIAIS MONTEPIO GERAL | 15 |
| 169 | 1335 | CARLOS GIMENEZ DIAS | 02:05:10.23 | 02:03:34.64 | M2339 | INDIVIDUAL | 65 |
| 170 | 1254 | RITA RODRIGUES | 02:05:14.31 | 02:05:14.31 | F2339 | CORK TRAIL TEAM | 11 |
| 171 | 1367 | JOÃO PALMA | 02:06:08.26 | 02:05:26.70 | M0022 | KEEP RUNNING | 11 |
| 172 | 1516 | NUNO CARDEAS | 02:06:08.48 | 02:06:08.48 | M2339 | CCD SIEMENS | 66 |
| 173 | 1243 | PEDRO MIGUEL DIAS | 02:06:10.01 | 02:05:27.38 | M4049 | KEEP RUNNING | 55 |
| 174 | 1313 | JOÃO CARLOS BRITO | 02:06:19.96 | 02:05:12.49 | M4049 | INDIVIDUAL | 56 |
| 175 | 1442 | WILD FAMILY MIND LEADER | 02:07:46.23 | 02:06:08.46 | M4049 | FAMÍLIA SELVAGEM | 57 |
| 176 | 1433 | RUI CARDOSO | 02:08:04.77 | 02:07:07.54 | M2339 | INDIVIDUAL | 67 |
| 177 | 1434 | GONÇALO CARDOSO | 02:08:10.90 | 02:07:11.71 | M4049 | INDIVIDUAL | 58 |

| | | | | | | | |
|-----|------|------------------------|-------------|-------------|-------|---------------------------------|----|
| 178 | 1431 | PAULO SOUTO | 02:08:11.10 | 02:06:36.60 | M5059 | INDIVIDUAL | 16 |
| 179 | 5792 | NUNO SANTOS | 02:08:20.09 | 02:08:05.70 | M4049 | SERVIÇOS SOCIAIS MONTEPIO GERAL | 59 |
| 180 | 5793 | TIAGO GASPAR | 02:08:20.18 | 02:08:05.97 | M2339 | SERVIÇOS SOCIAIS MONTEPIO GERAL | 68 |
| 181 | 1461 | JOÃO | 02:08:58.76 | 02:08:58.76 | M5059 | INDIVIDUAL | 17 |
| 182 | 1220 | CARLOS MARQUES | 02:08:59.39 | 02:07:57.78 | M5059 | TRILHOS E CORRIDAS DE TERCENA | 18 |
| 183 | 1253 | ALEXANDRA SIMON | 02:09:58.48 | 02:08:40.22 | F4049 | INDIVIDUAL | 5 |
| 184 | 1256 | JOSÉ PAULO RAMOS COSTA | 02:10:02.23 | 02:08:43.22 | M5059 | INDIVIDUAL | 19 |
| 185 | 5753 | VIRGÍNIA PEREIRA | 02:10:13.10 | 02:09:08.31 | F5059 | RUNNING FOR LIFE | 2 |
| 186 | 5752 | VITOR PEREIRA | 02:10:19.16 | 02:09:15.33 | M4049 | RUNNING FOR LIFE | 60 |
| 187 | 1521 | DIOGO SANTOS | 02:11:06.59 | 02:10:13.01 | M2339 | INDIVIDUAL | 69 |
| 188 | 272 | ISU | 02:11:08.55 | 02:11:08.55 | M2339 | INDIVIDUAL | 70 |
| 189 | 271 | TONY | 02:11:08.84 | 02:10:13.48 | M2339 | INDIVIDUAL | 71 |
| 190 | 1493 | RITA COSTA | 02:11:09.12 | 02:10:11.46 | F2339 | INDIVIDUAL | 12 |
| 191 | 1398 | AL MAR | 02:11:11.02 | 02:09:59.04 | M5059 | CORRER LISBOA | 20 |
| 192 | 1258 | JORGE PEREIRA | 02:11:14.47 | 02:10:31.90 | M5059 | JOBRINDE - MONTES SALOIOS | 21 |
| 193 | 5841 | PAULO GONÇALVES | 02:11:15.67 | 02:10:04.41 | M5059 | MARVILA JOVEM | 22 |
| 194 | 1271 | JOÃO GAMEIRO | 02:11:16.56 | 02:10:33.21 | M2339 | ACADEMIA FITNESS MILITAR | 72 |
| 195 | 1273 | CARLOS CORREIA | 02:11:17.41 | 02:10:32.23 | M4049 | CLUBE AVENTURA DE MONFORTE | 61 |
| 196 | 1494 | DIOGO COSTA | 02:11:25.87 | 02:11:25.87 | M2339 | INDIVIDUAL | 73 |
| 197 | 5812 | MARCO BARRADAS | 02:11:29.66 | 02:10:38.75 | M5059 | TÁLENTOS TEAM | 23 |
| 198 | 1249 | VITOR LOURENÇO | 02:12:11.74 | 02:12:11.74 | M4049 | JOBRINDE - MONTES SALOIOS | 62 |
| 199 | 1264 | CARINA VEIGA | 02:12:17.66 | 02:11:38.14 | F2339 | GD SANTANDER TOTTA | 13 |
| 200 | 1260 | DANIEL XAREPE | 02:12:18.51 | 02:11:38.93 | M5059 | GD SANTANDER TOTTA | 24 |
| 201 | 1246 | JOSÉ ANDRADE | 02:12:26.69 | 02:11:48.66 | M5059 | KEEP RUNNING | 25 |
| 202 | 5795 | FERNANDO SILVA | 02:13:22.00 | 02:13:22.00 | M2339 | SAPATILHAS FRIENDS | 74 |
| 203 | 5796 | ANA ALMEIDA | 02:13:22.67 | 02:13:22.67 | F2339 | SAPATILHAS FRIENDS | 14 |
| 204 | 1535 | MCHAEL ARAUJO | 02:13:23.51 | 02:13:23.51 | M0022 | | 12 |

| | | | | | | | |
|-----|------|------------------|-------------|-------------|-------|--|----|
| 205 | 1300 | PAULO ALVES | 02:13:24.48 | 02:12:45.34 | M4049 | SPEM | 63 |
| 206 | 1233 | MIGUEL SANTOS | 02:13:25.09 | 02:12:34.28 | M4049 | TRAIL CLUBE DE FUTEBOL DE SASSOEIROS | 64 |
| 207 | 5706 | NUNO OLIVEIRA | 02:13:31.28 | 02:13:31.28 | M4049 | CDCR CTT | 65 |
| 208 | 5807 | RUI FLORES | 02:14:10.02 | 02:13:14.86 | M4049 | INDIVIDUAL | 66 |
| 209 | 1296 | ANTONIO ALMEIDA | 02:15:13.09 | 02:14:35.52 | M5059 | CLUBE MILLENNIUM BCP | 26 |
| 210 | 5733 | NUNO ALMEIDA | 02:15:24.12 | 02:14:00.90 | M2339 | CAVALONIS | 75 |
| 211 | 1205 | SANCHA | 02:15:31.46 | 02:15:11.30 | F2339 | AAS | 15 |
| 212 | 1413 | SÉRGIO SOTA | 02:16:19.19 | 02:16:19.19 | M4049 | INDIVIDUAL | 67 |
| 213 | 1309 | RUTE | 02:16:50.18 | 02:15:54.16 | F2339 | 1 KM/X | 16 |
| 214 | 1204 | TANCHA | 02:16:53.38 | 02:16:35.32 | F2339 | AAS | 17 |
| 215 | 1229 | PAULA SANTOS | 02:18:31.07 | 02:16:55.97 | F4049 | INDIVIDUAL | 6 |
| 216 | 1373 | JOÃO SANTOS | 02:18:42.95 | 02:18:32.23 | M6099 | VETERANOS DE MASSAMÁ | 7 |
| 217 | 1237 | NATALYA MARCHEVA | 02:19:07.35 | 02:18:36.29 | F5059 | JOBRIINDE - MONTES SALOIOS | 3 |
| 218 | 5770 | ANTÓNIO DUARTE | 02:19:17.30 | 02:17:46.95 | M6099 | INDIVIDUAL | 8 |
| 219 | 5762 | RUI | 02:19:32.26 | 02:19:06.53 | M4049 | MTT-MCDONALDS TRAIL TEAM | 68 |
| 220 | 524 | NUNO BAIXINHO | 02:19:41.34 | 02:18:27.05 | M2339 | | 76 |
| 221 | 1351 | JOÃO LEITE | 02:20:02.72 | 02:18:30.00 | M5059 | CENTRO DE MARCHA E CORRIDA DE ALENQUER | 27 |
| 222 | 5801 | NUNO CORREIA | 02:20:13.18 | 02:19:42.43 | M2339 | INDIVIDUAL | 77 |
| 223 | 1503 | CARLA FERNANDES | 02:20:14.92 | 02:20:09.54 | F2339 | AMINHACORRIDA/MYPROTEIN | 18 |
| 224 | 1522 | Vasco Ferreira | 02:20:32.31 | 02:19:38.28 | M4049 | GDCTINCM | 69 |
| 225 | 1227 | PEDRO CUSTÓDIO | 02:20:34.97 | 02:20:13.11 | M4049 | PERNAS DE GAFANHOTO | 70 |
| 226 | 5834 | CARLA CUNHA | 02:20:36.52 | 02:20:08.09 | F4049 | MTT-MCDONALDS TRAIL TEAM | 7 |
| 227 | 5827 | CLÁUDIO MOREIRA | 02:20:37.04 | 02:20:07.41 | M2339 | MTT-MCDONALDS TRAIL TEAM | 78 |
| 228 | 1470 | SOFIA GARCIA | 02:20:53.10 | 02:19:53.85 | F2339 | INDIVIDUAL | 19 |
| 229 | 5734 | RUI LOPES | 02:21:13.96 | 02:19:46.92 | M2339 | INDIVIDUAL | 79 |
| 230 | 5758 | TIAGO RODRIGUES | 02:21:37.70 | 02:19:55.78 | M2339 | DUROS DA LENTIDÃO | 80 |
| 231 | 1446 | PATRICIA | 02:21:40.76 | 02:06:47.40 | F2339 | OS TUGAS SALOIOS | 20 |

| | | JORGE | | | | | |
|-----|------|--------------------|-------------|-------------|-------|-----------------------------|----|
| 232 | 1447 | MICHAEL JORGE | 02:21:41.48 | 02:06:48.12 | M4049 | OS TUGAS SALOIOS | 71 |
| 233 | 1451 | TERESA OLIVEIRA | 02:21:41.48 | 02:06:48.12 | F4049 | OS TUGAS SALOIOS | 8 |
| 234 | 1437 | MIGUEL GUERREIRO | 02:21:52.14 | 02:20:33.43 | M2339 | BLUE-INFINITY | 81 |
| 235 | 5771 | CARLOS JESUS | 02:22:01.55 | 02:22:01.55 | M5059 | INDIVIDUAL | 28 |
| 236 | 1500 | ISABEL SANTOS | 02:22:28.39 | 02:22:20.19 | F4049 | FF PAZ MUNDIAL E UNIFICAÇÃO | 9 |
| 237 | 5705 | VALTER RIBEIRO | 02:22:32.54 | 02:21:48.15 | M2339 | INDIVIDUAL | 82 |
| 238 | 1524 | ISABEL FONTE SANTA | 02:22:49.19 | 02:22:44.11 | F4049 | FITRUNNERS | 10 |
| 239 | 1308 | PAULO | 02:22:53.60 | 02:22:41.59 | M4049 | 1 KM/X | 72 |
| 240 | 1263 | MANUEL DUARTE | 02:22:54.71 | 02:22:19.05 | M5059 | CARAPAUS DE CORRIDA | 29 |
| 241 | 1207 | VITOR SANTOS | 02:22:55.08 | 02:22:22.63 | M4049 | CARAPAUS DE CORRIDA | 73 |
| 242 | 1495 | CLÁUDIO RODRIGUES | 02:22:55.30 | 02:22:21.63 | M5059 | CARAPAUS DE CORRIDA | 30 |
| 243 | 5756 | PEDRO SILVA | 02:22:57.40 | 02:21:32.71 | M4049 | INDIVIDUAL | 74 |
| 244 | 5731 | NUNO TALAIA | 02:22:57.90 | 02:21:31.80 | M2339 | INDIVIDUAL | 83 |
| 245 | 5785 | PAULO L | 02:23:00.18 | 02:21:57.03 | M5059 | INDIVIDUAL | 31 |
| 246 | 5732 | TIAGO PIRES | 02:23:03.95 | 02:21:39.02 | M2339 | INDIVIDUAL | 84 |
| 247 | 1336 | MICAEL SOARES | 02:23:09.71 | 02:23:09.71 | M2339 | INDIVIDUAL | 85 |
| 248 | 1275 | MÁRIO RODRIGUES | 02:23:21.03 | 02:23:21.03 | M2339 | INDIVIDUAL | 86 |
| 249 | 279 | PAULO FIALHO | 02:23:22.48 | 02:23:22.48 | M4049 | AMCF - ARRÁBIDA TRAIL TEAM | 75 |
| 250 | 5809 | VANESSA HENRIQUES | 02:23:26.91 | 02:23:16.32 | F2339 | INDIVIDUAL | 21 |
| 251 | 277 | MARISA COSTA | 02:23:31.77 | 02:22:32.52 | F2339 | INDIVIDUAL | 22 |
| 252 | 1217 | ARMANDO REIS | 02:23:34.96 | 02:23:34.96 | M2339 | HOUSEMARTINS BELAS | 87 |
| 253 | 1228 | RUI RODRIGUES | 02:24:24.71 | 02:22:47.07 | M5059 | OS TUGAS | 32 |
| 254 | 5804 | MARGARIDA LEMOS | 02:24:25.52 | 02:24:14.45 | F0022 | CLUBE DIRTRUNNERS | 5 |
| 255 | 1371 | SONIA SARAMAGO | 02:24:34.18 | 02:22:53.03 | F4049 | INDIVIDUAL | 11 |
| 256 | 1299 | FILIPE JORGE | 02:24:47.04 | 02:23:52.62 | M5059 | INDIVIDUAL | 33 |
| 257 | 5764 | NUNO MONTEIRO | 02:24:51.41 | 02:24:51.41 | M2339 | INDIVIDUAL | 88 |

| | | | | | | | |
|-----|------|---------------------|-------------|-------------|-------|----------------------------|----|
| 258 | 5763 | RICARDO VALE | 02:25:02.12 | 02:23:14.39 | M2339 | INDIVIDUAL | 89 |
| 259 | 1362 | FLORIANO SILVA | 02:25:23.15 | 02:25:23.15 | M4049 | INDIVIDUAL | 76 |
| 260 | 1538 | PEDRO NOGUEIRA | 02:25:24.30 | 02:24:19.14 | M4049 | | 77 |
| 261 | 1454 | ANTÓNIO GUERREIRO | 02:25:36.07 | 02:24:30.01 | M5059 | FORTÍSSIMOS RUNNING TEAM | 34 |
| 262 | 1316 | JOÃO BARRIGOLA | 02:25:42.21 | 02:24:00.90 | M2339 | INDIVIDUAL | 90 |
| 263 | 1353 | SONIA SEQUEIRA | 02:26:06.43 | 02:25:37.93 | F4049 | STJOAOOLIVEIRATEAM | 12 |
| 264 | 1429 | ALEXANDRE GOMES | 02:26:39.97 | 02:25:33.04 | M4049 | FORTÍSSIMOS RUNNING TEAM | 78 |
| 265 | 1363 | FILIPE FRADE | 02:26:59.80 | 02:26:30.17 | M2339 | SEM MEDOS | 91 |
| 266 | 1440 | RÚBEN NUNES | 02:27:38.99 | 02:26:18.63 | M2339 | BLUE-INFINITY | 92 |
| 267 | 1320 | HERMINIA FERREIRA | 02:28:28.82 | 02:27:32.00 | M4049 | FERREIRAS | 79 |
| 268 | 1234 | LUISA GUERRA SANTOS | 02:28:48.71 | 02:27:26.55 | F4049 | NOVOS TRILHOS | 13 |
| 269 | 1348 | VIRITA GREGO | 02:28:55.25 | 02:28:55.25 | F4049 | GREGOS & TROIANOS | 14 |
| 270 | 1347 | BETTE GREGO | 02:28:58.66 | 02:27:57.56 | F4049 | GREGOS & TROIANOS | 15 |
| 271 | 1388 | JULIA ANDRADE | 02:29:15.88 | 02:29:15.88 | F2339 | BOOM TRAIL TEAM | 23 |
| 272 | 1319 | SÉRGIO FERREIRA | 02:29:22.20 | 02:28:24.34 | M4049 | FERREIRAS | 80 |
| 273 | 1288 | LUIS DIAS | 02:29:23.17 | 02:29:23.17 | M4049 | INDIVIDUAL | 81 |
| 274 | 1506 | ADÉLIA:-) | 02:29:37.83 | 02:28:24.91 | F2339 | SS CGD | 24 |
| 275 | 5789 | PI | 02:29:41.57 | 02:29:33.04 | M4049 | AMCF - ARRÁBIDA TRAIL TEAM | 82 |
| 276 | 1210 | SÓNIA DIAS | 02:29:43.45 | 02:29:42.01 | F4049 | 100 ESTRILHOS | 16 |
| 277 | 1209 | CARLA PEREIRA | 02:29:46.90 | 02:29:44.87 | F4049 | 100 ESTRILHOS | 17 |
| 278 | 1455 | TOBIAS ROCHA | 02:29:57.21 | 02:29:16.63 | M5059 | TÁLENTOS TEAM | 35 |
| 279 | 1378 | MARCO TEODORO | 02:30:03.12 | 02:29:31.57 | M4049 | INDIVIDUAL | 83 |
| 280 | 1251 | TÂNIA CARVALHO | 02:30:06.60 | 02:30:06.60 | F2339 | HOUSEMARTINS BELAS | 25 |
| 281 | 1484 | MÓNICA CUNHA | 02:30:19.78 | 02:29:47.96 | F2339 | INDIVIDUAL | 26 |
| 282 | 1419 | CARLA RIBEIRO | 02:30:27.18 | 02:29:57.24 | F4049 | SEM MEDOS | 18 |
| 283 | 1301 | MISSAS | 02:30:28.22 | 02:29:14.67 | M2339 | INDIVIDUAL | 93 |
| 284 | 1303 | JOEL | 02:30:28.41 | 02:29:13.06 | M2339 | INDIVIDUAL | 94 |

| | | | | | | | |
|-----|------|---------------------|-------------|-------------|-------|-----------------------------|----|
| 285 | 5805 | CLAUDIA RAMOS | 02:31:27.28 | 02:30:30.40 | F4049 | CORRIDAS E COMIDAS | 19 |
| 286 | 5743 | LUIS ROMANEIRO | 02:31:27.41 | 02:30:30.00 | M5059 | CORRIDAS E COMIDAS | 36 |
| 287 | 1483 | VALTER NUNES | 02:31:28.58 | 02:31:28.58 | M2339 | INDIVIDUAL | 95 |
| 288 | 5787 | ANTÓNIO BARROS | 02:31:30.53 | 02:30:12.33 | M5059 | INDIVIDUAL | 37 |
| 289 | 1342 | IRYNA DYACHOK | 02:31:31.39 | 02:30:15.14 | F2339 | HOUSEMARTINS BELAS | 27 |
| 290 | 1386 | ANINHAS | 02:31:40.45 | 02:31:04.95 | F4049 | BOOM TRAIL TEAM | 20 |
| 291 | 1415 | RUTE AGUILAR | 02:31:40.86 | 02:31:39.86 | F2339 | RATOS | 28 |
| 292 | 1407 | JUVENAL MOREIRA | 02:32:11.00 | 02:32:05.29 | M5059 | NUCLEO DESPORTIVO AUTOCOOPE | 38 |
| 293 | 5729 | NUNO VIEIRA | 02:32:11.40 | 02:32:11.40 | M4049 | TÉCNICO RUGBY RUNNING TEAM | 84 |
| 294 | 1534 | PAULA ORDONAO | 02:32:14.30 | 02:32:14.30 | F0022 | | 6 |
| 295 | 1366 | ANA JORGE | 02:32:38.14 | 02:30:56.38 | F4049 | INDIVIDUAL | 21 |
| 296 | 1259 | SÉRGIO DIAS | 02:33:12.23 | 02:31:45.57 | M4049 | ULTRA CARACOL | 85 |
| 297 | 5884 | TACIANA RASTEIRO | 02:34:03.15 | 02:32:41.87 | F2339 | GORUNNERS - OUTPRO | 29 |
| 298 | 1384 | ZÉ SALGUEIRO | 02:34:41.19 | 02:34:41.19 | M2339 | BOOM TRAIL TEAM | 96 |
| 299 | 1453 | PAULO PEREIRA | 02:34:44.25 | 02:33:32.70 | M2339 | FORTÍSSIMOS RUNNING TEAM | 97 |
| 300 | 5702 | BEATRZ SÉCIO | 02:34:44.63 | 02:33:04.94 | F0022 | MÃE E FILHA | 7 |
| 301 | 1399 | ANA NETO | 02:34:46.83 | 02:34:06.08 | F2339 | SALAMANDRECOS | 30 |
| 302 | 521 | PAULA SARAIVA | 02:35:02.73 | 02:33:21.02 | F4049 | OPRATICANTE | 22 |
| 303 | 1358 | ANA MATIAS | 02:36:18.70 | 02:35:13.37 | F5059 | INDIVIDUAL | 4 |
| 304 | 1450 | CÉSAR NOVO | 02:36:20.71 | 02:21:27.35 | M4049 | OS TUGAS SALOIOS | 86 |
| 305 | 1359 | FERNANDO MATIAS | 02:36:20.94 | 02:35:14.71 | M6099 | INDIVIDUAL | 9 |
| 306 | 1387 | SONIA ANDRADE | 02:37:00.73 | 02:37:00.73 | F4049 | BOOM TRAIL TEAM | 23 |
| 307 | 1502 | MANUEL RAPOSO | 02:37:05.35 | 02:35:25.30 | M6099 | AA LEBRES SADO | 10 |
| 308 | 5802 | ANA LUISA GUERREIRO | 02:37:37.85 | 02:36:21.06 | F4049 | INDIVIDUAL | 24 |
| 309 | 5726 | MARIA JOÃO ALVES | 02:37:38.12 | 02:36:24.83 | F4049 | INDIVIDUAL | 25 |
| 310 | 1491 | MARIO SANTOS | 02:37:43.42 | 02:37:23.19 | M4049 | MONTE DA LUA RUNNERS | 87 |
| 311 | 1242 | NADINE | 02:37:44.19 | 02:37:44.19 | F0022 | CROSS TRAIL | 8 |

| | | | | | | | |
|-----|------|--------------------------------|-------------|-------------|-------|---------------------------------|----|
| 312 | 5746 | ANA CORREIA | 02:37:44.49 | 02:35:53.43 | F2339 | CROSS TRAIL | 31 |
| 313 | 455 | NUNO DIAS | 02:37:58.48 | 02:37:58.48 | M2339 | FORTÍSSIMOS RUNNING TEAM | 98 |
| 314 | 1477 | ANA | 02:37:59.22 | 02:37:59.22 | F2339 | MONTIQUEIJO | 32 |
| 315 | 1444 | RUTE'S SS (SEXUAL SLAVE) | 02:38:05.58 | 02:38:05.58 | M4049 | FAMÍLIA SELVAGEM | 88 |
| 316 | 1235 | LUCIANA CASEIRO | 02:38:17.49 | 02:36:45.43 | F2339 | INDIVIDUAL | 33 |
| 317 | 1274 | SÉRGIO EUSTÁQUIO | 02:38:18.23 | 02:37:29.59 | M4049 | INDIVIDUAL | 89 |
| 318 | 5701 | HELENA SÉCIO | 02:39:24.22 | 02:37:44.36 | F5059 | MÃE E FILHA | 5 |
| 319 | 1289 | DINA DIAS | 02:39:25.17 | 02:38:38.08 | F4049 | INDIVIDUAL | 26 |
| 320 | 493 | ANDRE LUIZ BARROS VAZ | 02:39:40.12 | 02:39:40.12 | M4049 | KMC | 90 |
| 321 | 1312 | SANDRA LOPO | 02:40:01.60 | 02:40:01.60 | F4049 | ANDORINHAS | 27 |
| 322 | 1322 | ANA TORRES | 02:40:06.91 | 02:39:11.14 | F4049 | INDIVIDUAL | 28 |
| 323 | 1488 | PAULA FÉLIX | 02:40:15.56 | 02:40:00.42 | F4049 | CROSSFITALPHADEN | 29 |
| 324 | 1344 | FERNANDA LOPES | 02:40:17.89 | 02:39:20.92 | F4049 | INDIVIDUAL | 30 |
| 325 | 5728 | MARIA VIEIRA | 02:40:43.63 | 02:40:43.63 | F4049 | TÉCNICO RUGBY RUNNING TEAM | 31 |
| 326 | 1445 | TERESA'S SS (SEXUALSLAVE) | 02:41:05.02 | 02:39:25.73 | M4049 | FAMÍLIA SELVAGEM | 91 |
| 327 | 1435 | PAULO MONIZ | 02:41:47.24 | 02:41:47.24 | M6099 | INDIVIDUAL | 11 |
| 328 | 1425 | CÉU PINTO | 02:42:06.44 | 02:42:06.44 | F5059 | BTT MIRANTE CANEÇAS | 6 |
| 329 | 1356 | MONICA LOPES | 02:42:22.14 | 02:41:56.79 | F4049 | STJOAOOLIVEIRATEAM | 32 |
| 330 | 1465 | NUNO BRANCO | 02:44:03.30 | 02:42:11.18 | M4049 | RUNNING AVENIDAS NOVAS RAN | 92 |
| 331 | 1297 | ANA PEREIRA | 02:44:20.51 | 02:42:56.45 | F2339 | INDIVIDUAL | 34 |
| 332 | 1390 | SARA SANTOS | 02:45:24.60 | 02:44:46.73 | F4049 | BOOM TRAIL TEAM | 33 |
| 333 | 1214 | SAMY | 02:45:58.47 | 02:45:05.22 | M2339 | INDIVIDUAL | 99 |
| 334 | 1215 | MÓNIKE | 02:45:58.78 | 02:45:05.64 | F2339 | INDIVIDUAL | 35 |
| 335 | 5826 | CELIA SOBRAL | 02:46:16.42 | 02:45:27.12 | F4049 | TÁLENTOS TEAM | 34 |
| 336 | 5824 | ANA CANAVEIRA | 02:47:16.13 | 02:45:29.51 | F5059 | TRANQUILIDADE AÇOREANA CLUBE | 7 |
| 337 | 1391 | PILAR CASQUILHO | 02:47:34.36 | 02:47:34.36 | F5059 | BOOM TRAIL TEAM | 8 |
| 338 | 1317 | EDUARDA PEREIRA | 02:47:39.59 | 02:47:11.65 | F4049 | CORRER LISBOA | 35 |
| 339 | 1326 | SÓNIA ENVIA | 02:47:39.94 | 02:47:11.08 | F4049 | CORRER LISBOA | 36 |

| | | | | | | | |
|-----|------|--------------------------|-------------|-------------|-------|------------------------------|-----|
| 340 | 1372 | MANUEL AZEVEDO | 02:48:28.97 | 02:48:24.33 | M6099 | VETERANOS DE MASSAMÁ | 12 |
| 341 | 1298 | LUIS FERREIRA | 02:48:53.53 | 02:48:26.30 | M4049 | INDIVIDUAL | 93 |
| 342 | 5772 | MARINA MATEUS | 02:48:54.85 | 02:47:26.75 | F2339 | INDIVIDUAL | 36 |
| 343 | 5773 | FERNANDO | 02:48:55.51 | 02:47:27.05 | M4049 | INDIVIDUAL | 94 |
| 344 | 1328 | CÉU MIGUEL | 02:48:58.04 | 02:47:37.13 | F5059 | NOVOS TRILHOS | 9 |
| 345 | 1354 | PAULA TELES | 02:49:21.99 | 02:48:57.98 | F5059 | STJOÃOOLIVEIRATEAM | 10 |
| 346 | 1426 | HELENA MENDES | 02:50:31.31 | 02:50:23.69 | F2339 | EUROBIC | 37 |
| 347 | 1424 | NELSON MOREIRA | 02:51:36.03 | 02:49:54.16 | M2339 | INDIVIDUAL | 100 |
| 348 | 1340 | SOFIA SIMÕES | 02:51:56.40 | 02:50:11.21 | F2339 | TEAM ATX CYCLINSTORE | 38 |
| 349 | 274 | ANA AZEVEDO | 02:52:26.18 | 02:51:22.99 | F2339 | SS CGD | 39 |
| 350 | 1467 | SUSANA PORFIRIO DA SILVA | 02:53:27.16 | 02:51:44.24 | F4049 | INDIVIDUAL | 37 |
| 351 | 1414 | CARLA NASCIMENTO | 02:53:34.92 | 02:51:49.08 | F4049 | CORRER LOURES | 38 |
| 352 | 1364 | JOÃO SOUSA | 02:53:57.67 | 02:52:23.78 | M4049 | INDIVIDUAL | 95 |
| 353 | 1411 | FILIPA BRANDÃO | 02:54:28.34 | 02:52:33.41 | F4049 | CORRER LOURES | 39 |
| 354 | 1412 | TERESA SEQUEIROS | 02:54:28.61 | 02:52:23.62 | F2339 | CORRER LOURES | 40 |
| 355 | 1459 | VERA BEXIGA | 02:54:30.40 | 02:53:25.02 | F2339 | INDIVIDUAL | 41 |
| 356 | 1472 | SANDRA BOLAS | 02:54:56.58 | 02:53:51.58 | F4049 | OS PAPOS SECOS | 40 |
| 357 | 1469 | ANA ALMEIDA | 02:55:07.06 | 02:53:22.64 | F2339 | EYECARE4U | 42 |
| 358 | 1468 | ALINE SANTOS | 02:55:07.62 | 02:55:07.62 | F2339 | EYECARE4U | 43 |
| 359 | 1471 | MILENA ALIPIO | 02:55:41.92 | 02:54:39.56 | F4049 | OS PAPOS SECOS | 41 |
| 360 | 1287 | ISMAR FERREIRA | 02:58:21.89 | 02:57:20.71 | M5059 | INDIVIDUAL | 39 |
| 361 | 1393 | MARIA SOARES | 02:58:26.56 | 02:56:37.99 | F5059 | TEAM 143 TASCAS DO ZÉ RUSSO | 11 |
| 362 | 1222 | ALEXANDRA FERNANDES | 02:58:26.83 | 02:56:56.58 | F2339 | CABARÉ DOS COXOS | 44 |
| 363 | 1395 | JOSÉ ALBERTO | 02:58:27.49 | 02:56:37.41 | M2339 | TEAM 143, TASCAS DO ZE RUSSO | 101 |
| 364 | 5803 | JOÃO AFONSO | 02:58:46.53 | 02:58:38.69 | M4049 | INDIVIDUAL | 96 |
| 365 | 5817 | PEDRO DUARTE | 02:59:04.43 | 02:58:55.70 | M4049 | INDIVIDUAL | 97 |
| 366 | 5874 | ANDREA GRAÇA | 02:59:19.48 | 02:58:31.21 | F2339 | INDIVIDUAL | 45 |

| | | | | | | | |
|-----|------|---------------------|-------------|-------------|-------|--------------------------------------|-----|
| 367 | 1416 | FRANCISCO BASTOS | 03:00:08.38 | 02:59:22.52 | M5059 | INDIVIDUAL | 40 |
| 368 | 1464 | ANDRÉ SIMÕES | 03:04:28.60 | 03:02:38.62 | M4049 | RUNNING AVENIDAS NOVAS RAN | 98 |
| 369 | 1230 | CLÁUDIA BARROSO | 03:04:55.07 | 03:04:06.50 | F0022 | TRAIL CLUBE DE FUTEBOL DE SASSOEIROS | 9 |
| 370 | 1231 | SÓ PAULO | 03:04:55.84 | 03:04:07.08 | M0022 | TRAIL CLUBE DE FUTEBOL DE SASSOEIROS | 13 |
| 371 | 1418 | PATROCINIA VARANDAS | 03:07:25.57 | 03:06:59.55 | F4049 | STJOAOOLIVEIRATEAM | 42 |
| 372 | 1206 | CATARINA | 03:08:52.96 | 03:07:37.45 | F2339 | GRCD LEIÃO | 46 |
| 373 | 5821 | FATIMA BRITO | 03:08:55.92 | 03:08:06.28 | F4049 | TÁLENTOS TEAM | 43 |
| 374 | 5725 | ANA RODRIGUES | 03:09:31.14 | 03:08:13.76 | F5059 | INDIVIDUAL | 12 |
| 375 | 1463 | RITA MONTALVÃO | 03:09:57.67 | 03:08:04.79 | F0022 | RUNNING AVENIDAS NOVAS RAN | 10 |
| 376 | 1208 | TÂNIA ANTAS | 03:12:15.12 | 03:12:15.12 | F2339 | 100 ESTRILHOS | 47 |
| 377 | 1218 | DAVID FEIJÃO | 03:13:48.50 | 03:13:48.50 | M2339 | INDIVIDUAL | 102 |
| 378 | 1219 | DINA SILVA | 03:13:48.57 | 03:13:31.68 | F2339 | INDIVIDUAL | 48 |
| 379 | 1216 | ANA OLIVEIRA | 03:13:48.63 | 03:13:27.46 | F2339 | STRAVISTAS VP | 49 |
| 380 | 1432 | GONÇALO DUARTE | 03:14:42.87 | 03:13:09.38 | M4049 | INDIVIDUAL | 99 |
| 381 | 1318 | ROSA PANTALEÃO | 03:15:46.26 | 03:15:33.01 | F5059 | INDIVIDUAL | 13 |
| 382 | 5865 | TIAGO MARQUES | 03:16:27.93 | 03:16:27.93 | M2339 | GORUNNERS - OUTPRO | 103 |
| 383 | 1456 | ROMI | 03:31:07.54 | 03:29:53.59 | F4049 | CRD LEIÃO | 44 |
| 384 | 1221 | LUÍS BRAZ | 03:31:07.60 | 03:29:52.31 | M2339 | GRCD LEIÃO | 104 |
| 385 | 293 | MARINA BAPTISTA | 03:35:29.45 | 03:34:06.40 | F5059 | #LETSRUNAZORES | 14 |
| 386 | 5863 | BRUNO MONTEIRO | 03:35:34.01 | 03:33:14.78 | M2339 | GO! RUNNERS | 105 |
| 387 | 1225 | IVO AZEITONA | 03:39:15.61 | 03:39:09.90 | M4049 | HOUSEMARTINS BELAS | 100 |
| 388 | 1480 | ÁLVARO SILVA | 03:45:00.31 | 03:43:42.49 | M5059 | KANGAROO RUNNERS | 41 |