

1 - 1ª Jornada

12.11.16 - 15:30

Prova 1	Femin., 200m Estilos				Infantis B
12.11.16					Lista inscritos
Rec Regional	2:31.96	Susana Patricia Miguel	SFUAP		2002
Rec Regional Absoluto	2:12.37	Victoria Kaminskaya	ESJB	Netanya (ISR)	2015
Rec Nacional	2:30.96	Filipa Vilas Ruivo	DNMG	Alcoçaba	2009
Rec Nacional Absoluto	2:12.37	Victoria Kaminskaya	ESJB	Netanya (ISR)	2015

Mínimo Acesso 50m: 3:30.13 - 25m: 3:26.01

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis B									
1	Isadora Maia Andre	05	Inf B	132800	SFUAP	2:50.70 S	24.4.16	Reboleira (POR)	2:50.70
2	Soraia Alexandra Delgado	05	Inf B	153438	CPCD	2:52.47 S	16.10.16	Alges (POR)	2:52.47
3	Maria Correia Ricardo	05	Inf B	129496	CNS	2:57.91 S	16.10.16	Alges (POR)	2:57.91
4	Ana Beatriz Simoes	05	Inf B	153354	SCP	2:58.70 S	4.6.16	Lisboa (POR)	2:58.70
5	Marta Joao Pires	05	Inf B	147235	SAD	2:59.16 S	16.10.16	Alges (POR)	2:59.16
6	Erica Cristina Reis	05	Inf B	200201	SCP	2:59.19 S	16.10.16	Alges (POR)	2:59.19
7	Nicole Patriarca França	05	Inf B	153435	CPCD	2:59.41 S	16.10.16	Alges (POR)	2:59.41
8	Mafalda Sofia Costa	05	Inf B	132453	ADRCIMM	3:01.60 S	10.7.16	Alges (POR)	3:01.60
9	Margarida Domingues Nunes	05	Inf B	201398	AEULCCD	3:03.09 S	4.6.16	Lisboa (POR)	3:03.09
10	Luciana Rodrigues Moura	05	Inf B	129624	AONDA	3:03.35 S	10.7.16	Alges (POR)	3:03.35
11	Joana Fernandes Gama	05	Inf B	153361	SCP	3:03.78 S	10.7.16	Alges (POR)	3:03.78
12	Soraia Brilhante Salgado	05	Inf B	132513	AEFDTV	3:04.06 S	16.10.16	Alges (POR)	3:04.06
13	Mafalda Oliveira Ribeiro	05	Inf B	201326	ASC	3:04.89 S	16.10.16	Alges (POR)	3:04.89
14	Mariana Marques Santos	05	Inf B	150757	GESL	3:04.92 S	10.7.16	Alges (POR)	3:04.92
15	Sara Carreira Melo	05	Inf B	153366	SCP	3:07.41 S	16.10.16	Alges (POR)	3:07.41
16	Mariana Geraldo Pombo	05	Inf B	132348	ANAM	3:07.84 S	24.4.16	Reboleira (POR)	3:07.84
17	Mafalda Pereira Matos	05	Inf B	200898	CPCD	3:08.10 S	10.7.16	Alges (POR)	3:08.10
18	Catarina Martins Ferreira	05	Inf B	132506	AONDA	3:08.36 S	16.10.16	Alges (POR)	3:08.36
19	Mariana Andreia Silva	05	Inf B	141810	SCP	3:11.65 S	4.6.16	Lisboa (POR)	3:11.65
20	Filipa Raposo Silva	05	Inf B	153359	SCP	3:12.19 S	4.6.16	Lisboa (POR)	3:12.19
21	Eva Santos Martins	05	Inf B	127276	GDSE	3:12.51 S	4.6.16	Lisboa (POR)	3:12.51
22	Marta Maria Costa	05	Inf B	132525	AHBE	3:12.92 S	16.10.16	Alges (POR)	3:12.92
23	Carolina Machado Bastardinho	05	Inf B	202199	GESL	3:13.02 S	16.10.16	Alges (POR)	3:13.02
24	Joana Rocha Ferreira	05	Inf B	201560	SLB	3:13.23 S	24.4.16	Reboleira (POR)	3:13.23
25	Beatriz Frota Carvalho	05	Inf B	153313	CPCD	3:13.45 S	10.7.16	Alges (POR)	3:13.45
26	Luisa Morais Marques	05	Inf B	137863	AEFDTV	3:13.67 S	16.10.16	Alges (POR)	3:13.67
27	Rafaela Diogo Martins	05	Inf B	132214	CNS	3:15.91 S	4.6.16	Lisboa (POR)	3:15.91
28	Madalena Sampaio Torgal	05	Inf B	132521	AHBE	3:16.20 S	10.7.16	Alges (POR)	3:16.20
29	Mariana Reis Ferreira	05	Inf B	200724	AONDA	3:16.27 S	10.7.16	Alges (POR)	3:16.27
30	Ana Belo Braga	05	Inf B	132505	AONDA	3:16.36 S	16.10.16	Alges (POR)	3:16.36
31	Leonor Oliveira Caratao	05	Inf B	133339	ADST	3:16.41 S	10.7.16	Alges (POR)	3:16.41
32	Iris Pereira Carrao	05	Inf B	201392	ANAM	3:17.72 S	10.7.16	Alges (POR)	3:17.72
33	Sofia Antunes Sebastiao	05	Inf B	147121	CNA	3:18.24 S	4.6.16	Lisboa (POR)	3:18.24
34	Marisa Almeida Lamego	05	Inf B	200899	GESL	3:19.15 S	10.7.16	Alges (POR)	3:19.15
35	Francisca Otavo Tribuna	05	Inf B	132463	SLB	3:19.24 S	4.6.16	Lisboa (POR)	3:19.24
36	Sara Nunes Conceicao	05	Inf B	201393	ANAM	3:20.75 S	10.7.16	Alges (POR)	3:20.75
37	Barbara Cunha Ventura	05	Inf B	132458	SLB	3:21.35 S	4.6.16	Lisboa (POR)	3:21.35
38	Neuza Velho Magalhaes	05	Inf B	131096	SLB	3:21.45 S	16.10.16	Alges (POR)	3:21.45
39	Maria Martins Pereira	05	Inf B	132212	CNS	3:21.82 S	16.10.16	Alges (POR)	3:21.82
40	Carmo Dias Vieira	05	Inf B	201319	AEULCCD	3:22.74 S	16.10.16	Alges (POR)	3:22.74
41	Carolina Lima Lopes	05	Inf B	132606	CNMJ	3:24.49 S	16.10.16	Alges (POR)	3:24.49
42	Daniela Silva Futre	05	Inf B	133340	PDEM	3:24.79 S	16.10.16	Alges (POR)	3:24.79
43	Maria Ines Reis	05	Inf B	150772	PDEM	3:25.47 S	16.10.16	Alges (POR)	3:25.47
44	Marta Sofia Carvalho	05	Inf B	133331	ADRCIMM	3:26.01	1.11.16	Lisboa (POR)	3:26.01
45	Maria Neto Ferreira	05	Inf B	132524	AHBE	3:26.01 S			3:26.01
46	Rita Fernandes Almeida	05	Inf B	200478	CNA	3:26.01 S			3:26.01
47	Laura Nascimento Araújo	05	Inf B	200719	CNA	3:26.01 S			3:26.01
48	Bruna Monteiro Rocha	05	Inf B	147115	CNA	3:26.01 S			3:26.01
49	Mariana Maiato Paulino	05	Inf B	133001	CNCVG	3:26.01 S			3:26.01
50	Maria Sousa Caxaria	05	Inf B	148574	CNMJ	3:26.01 S			3:26.01
51	Carolina Alexandra Silva	05	Inf B	133296	GDSE	3:26.01 S			3:26.01
52	Madalena Osório Brasão	05	Inf B	202200	GESL	3:26.01 S			3:26.01
53	Joana Matilde Inácio	05	Inf B	201035	INDANL	3:26.01 S			3:26.01
54	Marta Beatriz Mota	05	Inf B	144727	MO	3:26.01			3:26.01
55	Ines Azinheira Serra	05	Inf B	153113	PDEM	3:26.01 S			3:26.01

Prova 2
12.11.16

Masc., 200m Estilos

Infantis B
Lista inscritos

Rec Regional	2:22.40	Pedro Fontoura Oliveira	CFB		2003
Rec Regional Absoluto	1:55.40	Alexis Manacas Santos	SCP	Netanya (ISR)	2015
Rec Nacional	2:17.96	Andre Vilas Ruivo	DNMG	Nazaré	2013
Rec Nacional Absoluto	1:53.45	Diogo Filipe Carvalho	CGA	Netanya (ISR)	2015

Mínimo Acesso : 3:08.84

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis B									
1	Bernardo Jorge Simoes	04	Inf B	130250	CNCVG	2:35.13 S	9.7.16	Alges (POR)	2:35.13
2	Antonio Lombardi Carvalho	04	Inf B	129886	CFB	2:37.46 S	4.6.16	Lisboa (POR)	2:37.46
3	Bernardo Victorino Almeida	04	Inf B	153357	SCP	2:43.72 S	16.10.16	Alges (POR)	2:43.72
4	Andre Azevedo Baraona	04	Inf B	123965	CNMJ	2:44.03 S	9.7.16	Alges (POR)	2:44.03
5	Gonçalo Gomes Augusto	04	Inf B	127270	AONDA	2:44.52 S	9.7.16	Alges (POR)	2:44.52
6	Tiago Miguel Trombinhas	04	Inf B	201495	ADRCIMM	2:48.61 S	16.10.16	Alges (POR)	2:48.61
7	Joao Lourenco Rebelo	04	Inf B	132558	SAD	2:51.84 S	16.10.16	Alges (POR)	2:51.84
8	Tiago Fanha Lopes	04	Inf B	129520	CNMJ	2:51.97 S	16.10.16	Alges (POR)	2:51.97
9	Miguel Costa Simoes	04	Inf B	132350	ANAM	2:53.93 S	9.7.16	Alges (POR)	2:53.93
10	Duarte Cadima Goncalves	04	Inf B	153295	PDEM	2:56.09 S	16.10.16	Alges (POR)	2:56.09
11	Rodrigo Neves Fernandes	04	Inf B	150758	GESL	2:56.29 S	16.10.16	Alges (POR)	2:56.29
12	Afonso Cipriano Pinto	04	Inf B	153352	SCP	2:56.44 S	9.7.16	Alges (POR)	2:56.44
13	Guilherme Miguel Carneiro	04	Inf B	132518	AHBE	2:56.61 S	16.10.16	Alges (POR)	2:56.61
14	Yann Forjaz Fock	04	Inf B	129699	AEULCCD	2:57.13 S	9.7.16	Alges (POR)	2:57.13
15	Guilherme Machado Santos	04	Inf B	200202	SFUAP	2:57.95 S	16.10.16	Alges (POR)	2:57.95
16	Tomás Rebelo Dias	04	Inf B	148500	AEULCCD	2:58.33 S	9.7.16	Alges (POR)	2:58.33
17	Joao Afonso Santos	04	Inf B	153371	SCP	2:58.40 S	24.4.16	Reboleira (POR)	2:58.40
18	Tiago Barroso Proença	04	Inf B	129698	AEULCCD	2:59.15 S	4.6.16	Lisboa (POR)	2:59.15
19	Diogo Miguel Monteiro	04	Inf B	147200	INDANL	2:59.66 S	16.10.16	Alges (POR)	2:59.66
20	Marcelo Felix Alves	04	Inf B	130240	CNCVG	3:00.02 S	9.7.16	Alges (POR)	3:00.02
21	Gonçalo Filipe Carrapito	04	Inf B	129666	SFUAP	3:00.21 S	16.10.16	Alges (POR)	3:00.21
22	Duarte Brito Justino	04	Inf B	130802	ADRCIMM	3:00.23 S	16.10.16	Alges (POR)	3:00.23
23	Francisco Amaro Santos	04	Inf B	201404	GESL	3:00.71 S	16.10.16	Alges (POR)	3:00.71
24	Pedro Barroso Rosa	04	Inf B	153365	SCP	3:00.76 S	16.10.16	Alges (POR)	3:00.76
25	Tiago Queiroga Amaral	04	Inf B	130937	AEULCCD	3:00.97 S	9.7.16	Alges (POR)	3:00.97
26	Alexandre Duarte Morais	04	Inf B	132645	PDEM	3:01.98 S	16.10.16	Alges (POR)	3:01.98
27	Francisco Ribeiro Vieira	04	Inf B	130443	AEFDTV	3:02.05 S	4.6.16	Lisboa (POR)	3:02.05
28	Jaeden Michael Nunes	04	Inf B	202508	SAD	3:02.16 S	16.10.16	Alges (POR)	3:02.16
29	Joao Silva Angelino	04	Inf B	132832	PDEM	3:04.27 S	16.10.16	Alges (POR)	3:04.27
30	Joao Pedro Penelas	04	Inf B	150754	GESL	3:04.33 S	4.6.16	Lisboa (POR)	3:04.33
31	Afonso Gonçalves de Jorge	04	Inf B	201702	GESL	3:04.36 S	9.7.16	Alges (POR)	3:04.36
32	Joao Ramos Cardoso	04	Inf B	150755	GESL	3:04.83 S	16.10.16	Alges (POR)	3:04.83
33	Rafael Caceres Lopes	04	Inf B	201395	ANAM	3:05.10 S	16.10.16	Alges (POR)	3:05.10
34	Tomas Pratas Neto	04	Inf B	132652	PDEM	3:05.89 S	16.10.16	Alges (POR)	3:05.89
35	David Jorge Sequeira	04	Inf B	130234	CNCVG	3:06.76 S	24.4.16	Reboleira (POR)	3:06.76
36	Afonso Figueiredo Frasquilho	04	Inf B	153353	SCP	3:07.18 S	4.6.16	Lisboa (POR)	3:07.18
37	Miguel Filipe Anjo	04	Inf B	201394	ANAM	3:08.84 S			3:08.84
38	Tiago Ferreira Fernandes	04	Inf B	132473	CNA	3:08.84 S			3:08.84
39	Alexandre Gonçalves Silva	04	Inf B	148433	CNA	3:08.84 S			3:08.84
40	Vasco Melo Pinto	04	Inf B	132008	CNCVG	3:08.84 S			3:08.84
41	André Bernardo Tavares	04	Inf B	201333	CNCVG	3:08.84			3:08.84
42	David Azevedo Casaca	04	Inf B	147176	COL	3:08.84			3:08.84
43	Tomas Miguel Ferreira	04	Inf B	150759	GESL	3:08.84 S			3:08.84
44	Frederico Marques Pinto	04	Inf B	132463	AEULCCD	3:08.84 S			3:08.84
45	Guilherme Pinto Restolho	04	Inf B	200488	CPCD	3:08.84 S			3:08.84
46	Luis Miguel Raposo	04	Inf B	201950	CPCD	3:08.84 S			3:08.84
47	Marcos Nunes Santos	04	Inf B	153468	PDEM	3:08.84 S			3:08.84

Prova 3
12.11.16

Femin., 400m Estilos

Infantis A
Lista inscritos

Rec Regional	5:07.22	Susana Patricia Miguel	SFUAP	Santarem	2003
Rec Regional Absoluto	4:37.41	Victoria Kaminskaya	ESJB	Porto	2015
Rec Nacional	5:05.68	Filiipa Vilas Ruivo	DNMG	Leiria	2010
Rec Nacional Absoluto	4:37.41	Victoria Kaminskaya	ESJB	Porto	2015

Mínimo Acesso 50m: 7:04.35 - 25m: 6:56.03

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Leonor Alves Morganho	04	Inf A	126315	SAD	5:29.40 S	18.3.16	Tomar (POR)	5:29.40
2	Lidiana Correia Rodrigues	04	Inf A	130399	CFB	5:34.50 S	18.3.16	Tomar (POR)	5:34.50
3	Maria Gomes Pereira	04	Inf A	129510	SAD	5:36.11 S	18.3.16	Tomar (POR)	5:36.11
4	Susana Chanoca Narciso	04	Inf A	129388	GDSE	5:55.87 L	3.7.16	Setubal (POR)	5:48.75
5	Carolina Porem Henriques	04	Inf A	129802	CNA	5:59.13 L	3.7.16	Setubal (POR)	5:51.94
6	Rita Santos Boioes	04	Inf A	128951	CNMJ	5:59.39 L	3.7.16	Setubal (POR)	5:52.20
7	Alice Jesus Morgado	04	Inf A	131016	ADST	6:00.31 L	3.7.16	Setubal (POR)	5:53.10
8	Madalena da Graca Geraldes	04	Inf A	131511	SCP	6:07.34 L	3.7.16	Setubal (POR)	5:59.99
9	Alice Carvalho Amigo Amigo	04	Inf A	127275	GDSE	6:00.00			6:00.00
10	Carolina Pinto Luz	04	Inf A	127274	GDSE	6:00.00			6:00.00
11	Carolina Jose Nascimento	04	Inf A	153425	CPCD	6:00.00			6:00.00
12	Sofia Vilardell Rodrigues	04	Inf A	132308	GESL	6:18.88 L	3.7.16	Setubal (POR)	6:11.30
13	Marta Pereira Domingos	04	Inf A	132529	SFUAP	6:23.45 L	5.6.16	Vendas Novas (POR)	6:15.78
14	Vera Figueiredo Narra	04	Inf A	131121	CNA	6:31.65 L	5.6.16	Vendas Novas (POR)	6:23.81
15	Daniela Filipa Marques	04	Inf A	130792	AONDA	6:42.39 L	3.7.16	Setubal (POR)	6:34.34
16	Raquel Raposo Lopes	04	Inf A	153469	ANAM	6:38.22			6:38.22
17	Ines Marques Joaquim	04	Inf A	130368	SLB	6:42.63 S	4.3.16	Alapraia (POR)	6:42.63
18	Clara Patricia Rolo	04	Inf A	147056	GESL	6:47.15 S	21.2.16	S. Antonio Cavaleiros (POR)	6:47.15
19	Marta Silva Figueiredo	04	Inf A	132530	ANAM	6:49.41 S			6:49.41
20	Carolina Fale Costa	04	Inf A	129801	ADRCIMM	6:56.03			6:56.03
21	Maria Freire Alves	04	Inf A	132522	AHBE	6:56.03			6:56.03
22	Margarida Filipe Ferreira	04	Inf A	132347	ANAM	6:56.03			6:56.03
23	Rafaela Salsinha Fontes	04	Inf A	132532	ANAM	6:56.03			6:56.03
24	Margarida Carvalho Barao	04	Inf A	130241	CNCVG	6:56.03			6:56.03
25	Matilde Carvalho Barao	04	Inf A	130243	CNCVG	6:56.03			6:56.03
26	Catarina Alexandra Marques	04	Inf A	130232	CNCVG	6:56.03			6:56.03
27	Daniela Alexandra Pedro	04	Inf A	130864	CNCVG	6:56.03			6:56.03
28	Barbara Almeida Ribeiro	04	Inf A	130249	CNCVG	6:56.03			6:56.03
29	Andreia Santos Silva	04	Inf A	130248	CNCVG	6:56.03			6:56.03
30	Sara Alexandra Castro	04	Inf A	126049	CNMJ	6:56.03			6:56.03
31	Alice Castico Moreira	04	Inf A	123963	CNMJ	6:56.03			6:56.03
32	Alisa Bekauri	04	Inf A	128989	COL	6:56.03			6:56.03
33	Yonina Brancourt	04	Inf A	202082	GESL	6:56.03			6:56.03
34	Carolina Osório Brasão	04	Inf A	200900	GESL	6:56.03			6:56.03
35	Catarina Nunes Costa	04	Inf A	131376	GESL	6:56.03			6:56.03
36	Maria Ferreira Moura	04	Inf A	131382	GESL	6:56.03			6:56.03
37	Marta Macedo Inacio	04	Inf A	132536	SCP	6:56.03			6:56.03
38	Mariana Fragoso Guterres	04	Inf A	200475	SLB	6:56.03			6:56.03
39	Leonor Esteves Santos	04	Inf A	130603	AEULCCD	6:56.03			6:56.03
40	Mariana Morais Delfino	04	Inf A	132603	AEULCCD	6:56.03			6:56.03
41	Carolina Anjos Frischknecht	04	Inf A	129489	CNS	6:56.03			6:56.03
42	Ana Sofia Inácio	04	Inf A	202686	CPCD	6:56.03			6:56.03
43	Mafalda Mousinho Esteves	04	Inf A	137859	CIRL	6:56.03			6:56.03
44	Maria Silva Angelino	04	Inf A	132833	PDEM	6:56.03			6:56.03

Prova 4
12.11.16

Masc., 400m Estilos

Infantis A
Lista inscritos

Rec Regional	4:47.72	Joao Alexandre Vital	ADRCIMM	Sto Antº Cavaleiros	2012
Rec Regional Absoluto	4:10.55	Pedro Miguel Pinotes	SCP	Leiria	2009
Rec Nacional	4:40.32	Tomas Miguel Freitas	CDN	Funchal	2004
Rec Nacional Absoluto	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009

Mínimo Acesso 50m: 6:31.08 - 25m: 6:23.41

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Ricardo Novikov	03	Inf A	129524	SAD	5:19.62 S	18.3.16	Tomar (POR)	5:19.62
2	Rodrigo Reis Dias	03	Inf A	129003	CFB	5:38.88 L	17.7.16	Famalicao (POR)	5:32.10
3	Salvador Ataíde Parente	03	Inf A	131383	GESL	5:45.69 L	3.7.16	Setubal (POR)	5:38.77
4	Duarte Silva Taleigo	03	Inf A	128327	CNA	5:50.61 L	3.7.16	Setubal (POR)	5:43.59
5	Luis Maia Pegado	03	Inf A	131701	SCP	6:10.00			6:10.00
6	Alexandre Coelho Vieira	03	Inf A	131516	SCP	6:10.01 S	21.2.16	S. Antonio Cavaleiros (POR)	6:10.01
7	Fabio Miguel Farinha	03	Inf A	128886	SLB	6:10.42 S	4.3.16	Alapraia (POR)	6:10.42
8	Dinis Viola Caroco	03	Inf A	131696	SCP	6:20.00			6:20.00
9	Joao Pedro Rodrigues	03	Inf A	200156	CPCD	6:20.00			6:20.00
10	Francisco Figueiredo Dias	03	Inf A	129055	ADRCIMM	6:20.33 S	21.2.16	S. Antonio Cavaleiros (POR)	6:20.33
11	Pedro Esteves Duarte	03	Inf A	132531	ANAM	6:20.72 S			6:20.72
12	Afonso Esteves Tome	03	Inf A	128467	ADRCIMM	6:23.41			6:23.41
13	Goncalo Miguel Rodrigues	03	Inf A	126830	AHBE	6:23.41			6:23.41
14	Francisco Teixeira Monteiro	03	Inf A	132527	ANAM	6:23.41			6:23.41
15	Ricardo Martins Ferreira	03	Inf A	127307	AONDA	6:23.41			6:23.41
16	Andre Santos Costa	03	Inf A	129963	CNA	6:23.41			6:23.41
17	Guilherme Carmo Manz	03	Inf A	148571	CNCVG	6:23.41			6:23.41
18	Joao Luis Matos	03	Inf A	130239	CNCVG	6:23.41			6:23.41
19	Pedro Miguel Matos	03	Inf A	130244	CNCVG	6:23.41			6:23.41
20	Tomas Augusto Teixeira	03	Inf A	148572	CNCVG	6:23.41			6:23.41
21	Henrique Pinheiro Valente	03	Inf A	130237	CNCVG	6:23.41			6:23.41
22	Diogo Miguel Duraes	03	Inf A	123448	CNMJ	6:23.41			6:23.41
23	Andre Martins Sousa	03	Inf A	126474	CNMJ	6:23.41			6:23.41
24	David Manuel Vale	03	Inf A	148339	GESL	6:23.41			6:23.41
25	Goncalo Filipe Valente	03	Inf A	131380	GESL	6:23.41			6:23.41
26	Bernardo Araujo Freire	03	Inf A	129532	SAD	6:23.41			6:23.41
27	Tomas Almeida Leitao	03	Inf A	129525	SAD	6:23.41			6:23.41
28	Goncalo Vieira Almeida	03	Inf A	129986	SFUAP	6:23.41			6:23.41
29	Guilherme Matias Cristino	03	Inf A	132528	SFUAP	6:23.41			6:23.41
30	Tomas Nogueira Gomes	03	Inf A	126626	SFUAP	6:23.41			6:23.41
31	David Van Ossenbruggen	03	Inf A	126428	SFUAP	6:23.41			6:23.41
32	Joao Matos Fidalgo	03	Inf A	128885	SLB	6:23.41			6:23.41
33	João Miguel Cascalheira	03	Inf A	201621	CNS	6:23.41			6:23.41
34	José Miguel Oliveira	03	Inf A	129493	CNS	6:23.41			6:23.41
35	Pedro Pires Gomes	03	Inf A	129534	CFB	6:23.41			6:23.41
36	Nicolae Iachimovschi	03	Inf A	130036	CFB	6:23.41			6:23.41
37	Luis Cabral Junior	03	Inf A	129805	CFB	6:23.41			6:23.41
38	Guilherme Guerreiro Sousa	03	Inf A	128734	CFB	6:23.41			6:23.41
39	Bernardo Pinto Coelho	03	Inf A	128144	PDEM	6:23.41			6:23.41
40	Rodrigo Beja Lopes	03	Inf A	132651	PDEM	6:23.41			6:23.41
41	Goncalo Nuno Raposo	03	Inf A	126880	PDEM	6:23.41 S			6:23.41
42	Rodrigo Alcides Silva	03	Inf A	132650	PDEM	6:23.41			6:23.41

Prova 5
12.11.16

Femin., 400m Estilos

Juvenis
Lista inscritos

Rec Regional Juv B	4:57.68	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Regional Juv A	4:51.85	Ana Claudia Santos	SFUAP	Setubal	2004
Rec Regional Absoluto	4:37.41	Victoria Kaminskaya	ESJB	Porto	2015
Rec Nacional Juv B	4:57.68	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Nacional Juv A	4:51.85	Ana Claudia Santos	SFUAP	Setubal	2004
Rec Nacional Absoluto	4:37.41	Victoria Kaminskaya	ESJB	Porto	2015

Mínimo Acesso Juv B: 6:22.72; Juv A: 6:11.99

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Juvenis B								
1	Sara Moura Cruz	03	Juv B	127488	SAD	5:13.06 S	18.3.16 Tomar (POR)	5:13.06
2	Joana Ribeiro Martins	03	Juv B	129164	SLB	5:19.72 S	18.3.16 Tomar (POR)	5:19.72
3	Filipa Ramos Peixeira	03	Juv B	129008	SCP	5:41.06 S	14.11.15 Alapraia (POR)	5:41.06
4	Daniela Mascarenhas Henriques	03	Juv B	128827	GESL	5:41.23 S	18.3.16 Tomar (POR)	5:41.23
5	Catarina Guimaraes Moreira	03	Juv B	131755	SAD	5:41.24 S	18.3.16 Tomar (POR)	5:41.24
6	Beatriz Quintao Amantes	03	Juv B	132798	SFUAP	5:43.52 S	4.3.16 Alapraia (POR)	5:43.52
7	Margarida Mota Silva	03	Juv B	122224	PDEM	5:48.82 S	14.11.15 Alapraia (POR)	5:48.82
8	Mafalda Viegas Cruz	03	Juv B	129018	SCP	5:50.82 S	18.3.16 Tomar (POR)	5:50.82
9	Ema Jeronimo Conceicao	03	Juv B	129812	AEFDTV	5:52.46 S	14.11.15 Alapraia (POR)	5:52.46
10	Rafaela Sofia Silva	03	Juv B	127686	SLB	6:01.70 S	4.3.16 Alapraia (POR)	6:01.70
11	Beatriz Vaz Rebelo	03	Juv B	128829	GESL	6:02.78 S	21.2.16 S. Antonio Cavaleiros (POR)	6:02.78
12	Claudia Beatriz Martins	03	Juv B	128830	GESL	6:07.12 S	14.11.15 Alapraia (POR)	6:07.12
13	Joana Isabel Pulquerio	03	Juv B	126427	SFUAP	6:09.89 S	4.3.16 Alapraia (POR)	6:09.89
14	Sofia Peres Ferrao	03	Juv B	133280	ADST	6:10.00		6:10.00
15	Beatriz Picanço Martins	03	Juv B	127247	SLB	6:10.28 S	14.11.15 Alapraia (POR)	6:10.28
16	Andreia Wongsangnoi Alves	03	Juv B	130956	ADRCIMM	6:10.84 S	21.2.16 S. Antonio Cavaleiros (POR)	6:10.84
17	Bruna Simoes Inacio	03	Juv B	131013	ADST	6:15.00		6:15.00
18	Tatiana Valentim Oliveira	03	Juv B	129818	AEFDTV	6:16.17 S	14.11.15 Alapraia (POR)	6:16.17
19	Madalena Reis Cerdeira	03	Juv B	130053	AEULCCD	6:17.00 S	14.11.15 Alapraia (POR)	6:17.00
20	Margarida Sousa Gaspar	03	Juv B	127250	ADRCIMM	6:17.04 S	21.2.16 S. Antonio Cavaleiros (POR)	6:17.04
21	Leonor Sequeira Barardo	03	Juv B	129816	AEFDTV	6:22.72 S		6:22.72
22	Laura Morais Marques	03	Juv B	137862	AEFDTV	6:22.72 S		6:22.72
23	Rafaela Rodrigues Moura	03	Juv B	127272	AONDA	6:22.72		6:22.72
24	Marta Viola Marques	03	Juv B	208870	CNCVG	6:22.72		6:22.72
25	Marta Sousa Caxaria	03	Juv B	130756	CNMJ	6:22.72		6:22.72
26	Barbara Sofia Amaral	03	Juv B	130785	GESL	6:22.72		6:22.72
27	Leonor Maria Neves	03	Juv B	131015	GESL	6:22.72		6:22.72
28	Mariana Bança Ferreira	03	Juv B	127071	CNS	6:22.72 S		6:22.72
29	Leonor Ramos Zacarias	03	Juv B	127070	CNS	6:22.72		6:22.72
30	Beatriz Pedro Ferreira	03	Juv B	200146	CPCD	6:22.72		6:22.72
31	Margarida Teixeira Moreira	03	Juv B	127698	CFB	6:22.72 S		6:22.72
32	Mariana Valente Fernandes	03	Juv B	147148	PDEM	6:22.72 S		6:22.72

Juvenis A

1	Mariana Amaral Mendes	02	Juv A	123959	ADRCIMM	5:12.56 L	22.7.16 Oeiras (POR)	5:06.30
2	Clara Gomes Pereira	02	Juv A	124393	SAD	5:06.77 S	4.12.15 Setubal (POR)	5:06.77
3	Francisca Salvador Mesquita	02	Juv A	123935	ADRCIMM	5:13.49 L	22.7.16 Oeiras (POR)	5:07.22
4	Maria Margarida Belo	02	Juv A	126587	SCP	5:19.15 L	22.7.16 Oeiras (POR)	5:12.76
5	Rafaela Gomes Azevedo	02	Juv A	122048	SAD	5:20.25 S	14.11.15 Alapraia (POR)	5:20.25
6	Natacha Sofia Silva	02	Juv A	125594	SLB	5:32.38 L	22.7.16 Oeiras (POR)	5:25.73
7	Leticia Maia Andre	02	Juv A	132801	SFUAP	5:32.77 L	22.7.16 Oeiras (POR)	5:26.11
8	Leonor Camacho Fernandes	02	Juv A	126576	SCP	5:27.60 S	14.11.15 Alapraia (POR)	5:27.60
9	Ana Rita Matos	02	Juv A	127501	GESL	5:39.23 L	11.3.16 Oeiras (POR)	5:32.44
10	Madalena Maria Ferreira	02	Juv A	126572	SCP	5:42.11 L	27.2.16 Vila Franca de Xira (POR)	5:35.26
11	Carolina Barros Domingos	02	Juv A	126585	SCP	5:45.40 S	14.11.15 Alapraia (POR)	5:45.40
12	Margarida Cunha Barros	02	Juv A	127076	SFUAP	5:53.37 L	1.7.16 Setubal (POR)	5:46.30
13	Ana Raquel Graveto	02	Juv A	129628	SLB	5:52.17 S	14.11.15 Alapraia (POR)	5:52.17
14	Maria Mousinho Esteves	02	Juv A	131944	CIRL	5:52.59 S	14.11.15 Alapraia (POR)	5:52.59
15	Filipa Inacio Cazeiro	02	Juv A	121158	CIRL	5:52.68 S	14.11.15 Alapraia (POR)	5:52.68
16	Mariana Pedro Pereira	02	Juv A	126180	GESL	5:54.63 S	14.11.15 Alapraia (POR)	5:54.63
17	Mafalda Marques Pinto	02	Juv A	125422	AEULCCD	5:57.88 S	14.11.15 Alapraia (POR)	5:57.88
18	Ana Catarina Barata	02	Juv A	126477	SFUAP	6:08.40 L	1.7.16 Setubal (POR)	6:01.03
19	Iolanda Sofia Clérigo	02	Juv A	126878	CNS	6:03.57 S	14.11.15 Alapraia (POR)	6:03.57
20	Carolina Ganhao Ferro	02	Juv A	126267	GESL	6:03.59		6:03.59
21	Catarina Pinho Estevez	02	Juv A	124325	CNS	6:04.75 S	14.11.15 Alapraia (POR)	6:04.75

Prova 5, Femin., 400m Estilos

22	Patrícia Alexandra Boto	02	Juv A	124329	ANAM	6:11.99	6:11.99
23	Daniela Sofia Fernandes	02	Juv A	200164	CPCD	6:11.99	6:11.99
24	Sofia Pinto Simeao	02	Juv A	122053	CIRL	6:11.99	6:11.99
25	Joana Filipa Varandas	02	Juv A	124305	CIRL	6:11.99	6:11.99

Prova 6

Masc., 400m Estilos

Juvenis

12.11.16

Lista inscritos

Rec Regional Juv B	4:35.68	João Alexandre Vital	ADRCIMM	Alapraia	2013
Rec Regional Juv A	4:25.04	João Alexandre Vital	ADRCIMM	Tomar	2013
Rec Regional Absoluto	4:10.55	Pedro Miguel Pinotes	SCP	Leiria	2009
Rec Nacional Juv B	4:35.02	Diogo Filipe Carvalho	CGA	Braga	2003
Rec Nacional Juv A	4:25.04	Joao Alexandre Vital	ADRCIMM	Tomar	2013
Rec Nacional Absoluto	4:06.83	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009

Mínimo Acesso Juv B 50m: 5:58.68 - 25m: 5:51.64; Juv A 50m: 5:52.09 - 25m: 5:45.19

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
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Juvenis B

1	Vicente Oliveira Gomes	02	Juv B	129022	SCP	4:56.57 S	18.3.16 Tomar (POR)	4:56.57
2	Martim Rebelo Malfeito	02	Juv B	129023	SCP	4:59.43 S	18.3.16 Tomar (POR)	4:59.43
3	Ruy Manuel Domingos	02	Juv B	129012	SCP	5:00.20 S	18.3.16 Tomar (POR)	5:00.20
4	Tomas Penha Monteiro	02	Juv B	132566	SAD	5:04.71 S	18.3.16 Tomar (POR)	5:04.71
5	Diogo Santos Costa	02	Juv B	126007	ADRCIMM	5:11.02 L	3.7.16 Setubal (POR)	5:04.80
6	Pedro Miguel Pinto	02	Juv B	129924	AEFDTV	5:11.61 L	17.7.16 Famalicao (POR)	5:05.37
7	Goncalo Morais Gordo	02	Juv B	126006	ADRCIMM	5:08.91 S	18.3.16 Tomar (POR)	5:08.91
8	Daniel Rodrigues Alves	02	Juv B	123454	CFB	5:20.14 L	3.7.16 Setubal (POR)	5:13.73
9	Bernardo Safara Inverno	02	Juv B	129021	SCP	5:21.07 S	18.3.16 Tomar (POR)	5:21.07
10	Rodrigo Neves Pacheco	02	Juv B	126476	ADRCIMM	5:25.62 S	18.3.16 Tomar (POR)	5:25.62
11	Afonso Amaro Santos	02	Juv B	131510	GESL	5:33.65 L	3.7.16 Setubal (POR)	5:26.97
12	Diogo Nuno Valente	02	Juv B	130425	SCP	5:27.85 S	14.11.15 Alapraia (POR)	5:27.85
13	Joao Silva Bernardo	02	Juv B	128146	ADRCIMM	5:28.18 S	18.3.16 Tomar (POR)	5:28.18
14	Rafael Moreira Oliveira	02	Juv B	128325	CFB	5:32.19 S	14.11.15 Alapraia (POR)	5:32.19
15	Bernardo Geada Brito	02	Juv B	130621	SFUAP	5:33.17 S	14.11.15 Alapraia (POR)	5:33.17
16	Henrique Chan Machado	02	Juv B	126835	SAD	5:36.18 S	14.11.15 Alapraia (POR)	5:36.18
17	Tiago Leite Barreiros	02	Juv B	127804	SAD	5:37.97 S	14.11.15 Alapraia (POR)	5:37.97
18	Gonçalo Francisco Neves	02	Juv B	126866	AHBE	5:40.52 S	4.3.16 Alapraia (POR)	5:40.52
19	Tomas Patricio Martins	02	Juv B	132351	AEFDTV	5:42.97 S	14.11.15 Alapraia (POR)	5:42.97
20	Rafael Alves Costa	02	Juv B	128173	SCP	5:44.91 S	14.11.15 Alapraia (POR)	5:44.91
21	Rodrigo Rosa Fernandes	02	Juv B	153437	CPCD	5:47.27 S	14.11.15 Alapraia (POR)	5:47.27
22	Henrique Rodrigues Cruz	02	Juv B	128145	ADRCIMM	5:51.64 S		5:51.64
23	Guilherme Neto Ferreira	02	Juv B	131405	AHBE	5:51.64		5:51.64
24	Pedro Alves Martinho	02	Juv B	129482	AHBE	5:51.64 S		5:51.64
25	Diogo Garcez Mateus	02	Juv B	129622	AONDA	5:51.64 S		5:51.64
26	Joao Garcez Mateus	02	Juv B	129623	AONDA	5:51.64		5:51.64
27	Diogo Rogado Guerreiro	02	Juv B	122046	AONDA	5:51.64 S		5:51.64
28	Martim Primavera Alfama	02	Juv B	128833	GESL	5:51.64		5:51.64
29	Francisco Alves Souza	02	Juv B	128881	GESL	5:51.64 S		5:51.64
30	Ruan Lage Tigre	02	Juv B	121281	SFUAP	5:51.64		5:51.64
31	Pedro Almeida Marques	02	Juv B	127176	CNS	5:51.64 S		5:51.64
32	Vasco Camacho Ramos	02	Juv B	201622	CNS	5:51.64		5:51.64
33	Claudio Bularo Freitas	02	Juv B	153426	CPCD	5:51.64 S		5:51.64
34	Joao Nogueira Mendes	02	Juv B	128745	CIRL	5:51.64 S		5:51.64
35	Rafael Rodrigues Jacinto	02	Juv B	129002	CFB	5:51.64 S		5:51.64
36	Joao Miguel Martins	02	Juv B	127267	CFB	5:51.64		5:51.64
37	Nuno Xavier Cardoso	02	Juv B	126879	PDEM	5:51.64 S		5:51.64
38	Rodrigo Gomes Gamito	02	Juv B	130850	PDEM	5:51.64 S		5:51.64

Juvenis A

1	Diogo Santos Cardoso	01	Juv A	122969	ADRCIMM	4:48.57 S	4.12.15 Setubal (POR)	4:48.57
2	David Matias Cristino	01	Juv A	127872	SFUAP	4:57.00 L	22.7.16 Oeiras (POR)	4:51.06
3	Alexandre Miguel Branco	01	Juv A	126584	SAD	4:55.07 S	4.12.15 Setubal (POR)	4:55.07
4	Jose Maria Pereira	01	Juv A	126579	SCP	4:59.10 S	14.11.15 Alapraia (POR)	4:59.10
5	Rafael Alcantara Aires	01	Juv A	125130	SFUAP	5:04.52 S	14.11.15 Alapraia (POR)	5:04.52
6	Edgar Filipe Santos	01	Juv A	127750	SFUAP	5:06.22 S	14.11.15 Alapraia (POR)	5:06.22
7	Tiago Maria Camoes	01	Juv A	121851	SFUAP	5:07.86 S	14.11.15 Alapraia (POR)	5:07.86

Prova 6, Masc., 400m Estilos

8	Ricardo Martins Bras	01	Juv A	121508	CFB	5:11.62 S	4.12.15	Setubal (POR)	5:11.62
9	Afonso Maria Carvalho	01	Juv A	126580	SCP	5:19.94 L	27.2.16	Vila Franca de Xira (POR)	5:13.54
10	Diogo Alexandre Casteleiro	01	Juv A	126581	SCP	5:24.31 L	1.7.16	Setubal (POR)	5:17.82
11	Renato Barros Frischknecht	01	Juv A	122051	SAD	5:18.64 S	14.11.15	Alapraia (POR)	5:18.64
12	Francisco Martins Pedro	01	Juv A	125349	GESL	5:18.86 S	14.11.15	Alapraia (POR)	5:18.86
13	Rodrigo Almeida Cabrito	01	Juv A	121510	CFB	5:20.32 S	22.11.15	Alges (POR)	5:20.32
14	Rodrigo Ponte Jorge	01	Juv A	127873	SFUAP	5:24.06 S	14.11.15	Alapraia (POR)	5:24.06
15	Miguel Monteiro Dinis	01	Juv A	124394	SAD	5:24.27 S	22.11.15	Alges (POR)	5:24.27
16	Bernardo Craveiro Bandarra	01	Juv A	127357	SAD	5:25.87 S	14.11.15	Alapraia (POR)	5:25.87
17	Ricardo Correia Teixeira	01	Juv A	130134	CFB	5:33.12 L	1.7.16	Setubal (POR)	5:26.45
18	Henrique Rasteiro Luis	01	Juv A	123961	ADRCIMM	5:42.52 S	14.11.15	Alapraia (POR)	5:42.52
19	Carlos Filipe Lopes	01	Juv A	127265	SFUAP	5:45.19			5:45.19
20	Filipe Ferrão Melo	01	Juv A	200171	CNS	5:45.19			5:45.19
21	Filipe Eduardo Morais	01	Juv A	200145	CPCD	5:45.19 S			5:45.19

2 - 2ª Jornada - 1ª Sessão

13.11.16 - 9:00

Prova 7	Femin., 1500m Livres				Juvenis
13.11.16					Lista inscritos
Rec Regional Juv B	17:32.97	Ana Cláudia Correia Santos	SFUAP	Loures	2003
Rec Regional Juv A	17:49.40	Barbara Marques Rodrigues	SAD	Algés	2012
Rec Regional Absoluto	16:54.48	Beatriz Paulo Ranito	SCP	Porto	2014
Rec Nacional Juv B	17:17.43	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	2013
Rec Nacional Juv A	16:54.39	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	2014
Rec Nacional Absoluto	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	2015

Mínimo Acesso Juv B: 20:34.50; Juv A: 19:59.89

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Juvenis B								
1	Ema Jeronimo Conceicao	03	Juv B	129812	AEFDTV	20:18.00		20:18.00
2	Filipa Ramos Peixeira	03	Juv B	129008	SCP	20:20.00		20:20.00
3	Mafalda Viegas Cruz	03	Juv B	129018	SCP	20:34.00		20:34.00
4	Tatiana Valentim Oliveira	03	Juv B	129818	AEFDTV	20:34.50		20:34.50
5	Rafaela Rodrigues Moura	03	Juv B	127272	AONDA	20:34.50		20:34.50
6	Marta Viola Marques	03	Juv B	208870	CNCVG	20:34.50		20:34.50
7	Daniela Mascarenhas Henriques	03	Juv B	128827	GESL	20:34.50		20:34.50
8	Claudia Beatriz Martins	03	Juv B	128830	GESL	20:34.50		20:34.50
9	Leonor Maria Neves	03	Juv B	131015	GESL	20:34.50		20:34.50
10	Sara Moura Cruz	03	Juv B	127488	SAD	20:34.50		20:34.50
11	Catarina Guimaraes Moreira	03	Juv B	131755	SAD	20:34.50		20:34.50
12	Beatriz Quintao Amantes	03	Juv B	132798	SFUAP	20:34.50		20:34.50
13	Beatriz Picanço Martins	03	Juv B	127247	SLB	20:34.50		20:34.50
14	Joana Ribeiro Martins	03	Juv B	129164	SLB	20:34.50		20:34.50
15	Rafaela Sofia Silva	03	Juv B	127686	SLB	20:34.50		20:34.50
16	Madalena Reis Cerdeira	03	Juv B	130053	AEULCCD	20:34.50 S		20:34.50
17	Ana Margarida Soares	03	Juv B	129488	CNS	20:34.50		20:34.50
18	Margarida Teixeira Moreira	03	Juv B	127698	CFB	20:34.50		20:34.50
19	Margarida Mota Silva	03	Juv B	122224	PDEM	20:34.50		20:34.50

Juvenis A

1	Mariana Amaral Mendes	02	Juv A	123959	ADRCIMM	18:08.58 S	15.11.15 Alapraia (POR)	18:08.58
2	Rafaela Gomes Azevedo	02	Juv A	122048	SAD	18:24.42 S	15.11.15 Alapraia (POR)	18:24.42
3	Clara Gomes Pereira	02	Juv A	124393	SAD	18:38.22 S	15.11.15 Alapraia (POR)	18:38.22
4	Maria Margarida Belo	02	Juv A	126587	SCP	18:54.15 S	15.11.15 Alapraia (POR)	18:54.15
5	Francisca Salvador Mesquita	02	Juv A	123935	ADRCIMM	19:00.00		19:00.00
6	Leonor Camacho Fernandes	02	Juv A	126576	SCP	19:06.12 S	15.11.15 Alapraia (POR)	19:06.12
7	Madalena Maria Ferreira	02	Juv A	126572	SCP	19:20.04 S	15.11.15 Alapraia (POR)	19:20.04
8	Carolina Barros Domingos	02	Juv A	126585	SCP	19:32.18 S	15.11.15 Alapraia (POR)	19:32.18
9	Joana Filipa Varandas	02	Juv A	124305	CIRL	19:42.91 S	15.11.15 Alapraia (POR)	19:42.91
10	Carolina Ganhao Ferro	02	Juv A	126267	GESL	19:59.89 S		19:59.89
11	Ana Rita Matos	02	Juv A	127501	GESL	19:59.89 S		19:59.89
12	Leticia Maia Andre	02	Juv A	132801	SFUAP	19:59.89		19:59.89
13	Margarida Cunha Barros	02	Juv A	127076	SFUAP	19:59.89 S		19:59.89
14	Ana Raquel Graveto	02	Juv A	129628	SLB	19:59.89 S		19:59.89
15	Natacha Sofia Silva	02	Juv A	125594	SLB	19:59.89 S		19:59.89
16	Mafalda Marques Pinto	02	Juv A	125422	AEULCCD	19:59.89 S		19:59.89
17	Iolanda Sofia Clérigo	02	Juv A	126878	CNS	19:59.89		19:59.89
18	Catarina Pinho Estevez	02	Juv A	124325	CNS	19:59.89 S		19:59.89
19	Lara Moutinho Silva	02	Juv A	126286	PDEM	19:59.89 S		19:59.89

Prova 8
13.11.16

Masc., 1500m Livres

Juvenis
Lista inscritos

Rec Regional Juv B	16:25.03	Pedro Fontoura Oliveira	CFB	Cantanhede	2004
Rec Regional Juv A	16:03.51	Andre Filipe Farinha	SLB	Algés	2012
Rec Regional Absoluto	15:00.65	Rafael Lourenco Gil	SFUAP	Porto	2015
Rec Nacional Juv B	16:09.71	Luis Miguel Monteiro	FCP	Felgueiras	1998
Rec Nacional Juv A	15:36.31	Rui Filipe Costa	VSC		2007
Rec Nacional Absoluto	15:00.65	Rafael Lourenco Gil	SFUAP	Porto	2015

Mínimo Acesso Juv B 50m: 20:03.93 - 25m: 19:40.33; Juv A 50m: 19:41.84 - 25m: 19:18.66

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Juvenis B								
1	Tomas Penha Monteiro	02	Juv B	132566	SAD	18:07.40 S	20.3.16 Tomar (POR)	18:07.40
2	Pedro Miguel Pinto	02	Juv B	129924	AEFDTV	18:19.00		18:19.00
3	Francisco Alves Souza	02	Juv B	128881	GESL	18:20.91 S	20.3.16 Tomar (POR)	18:20.91
4	Goncalo Morais Gordo	02	Juv B	126006	ADRCIMM	18:30.00		18:30.00
5	Ruy Manuel Domingos	02	Juv B	129012	SCP	18:53.86 L	30.6.16 Setubal (POR)	18:31.18
6	Vicente Oliveira Gomes	02	Juv B	129022	SCP	18:42.14 S		18:42.14
7	Rodrigo Neves Pacheco	02	Juv B	126476	ADRCIMM	19:05.92 L	30.6.16 Setubal (POR)	18:43.00
8	Diogo Santos Costa	02	Juv B	126007	ADRCIMM	18:53.25 S	6.3.16 Alapraia (POR)	18:53.25
9	Joao Miguel Martins	02	Juv B	127267	CFB	19:28.55 L	30.6.16 Setubal (POR)	19:05.17
10	Martim Rebelo Malfeito	02	Juv B	129023	SCP	19:31.61 L		19:08.17
11	Bernardo Safara Inverno	02	Juv B	129021	SCP	19:20.24		19:20.24
12	Rafael Alves Costa	02	Juv B	128173	SCP	19:40.00		19:40.00
13	Diogo Nuno Valente	02	Juv B	130425	SCP	19:40.00		19:40.00
14	Guilherme Neto Ferreira	02	Juv B	131405	AHBE	19:40.33		19:40.33
15	Pedro Alves Martinho	02	Juv B	129482	AHBE	19:40.33		19:40.33
16	Diogo Garcez Mateus	02	Juv B	129622	AONDA	19:40.33		19:40.33
17	Joao Garcez Mateus	02	Juv B	129623	AONDA	19:40.33		19:40.33
18	Diogo Rogado Guerreiro	02	Juv B	122046	AONDA	19:40.33		19:40.33
19	Martim Primavera Alfama	02	Juv B	128833	GESL	19:40.33		19:40.33
20	Tiago Leite Barreiros	02	Juv B	127804	SAD	19:40.33		19:40.33
21	Henrique Chan Machado	02	Juv B	126835	SAD	19:40.33		19:40.33
22	Bernardo Geada Brito	02	Juv B	130621	SFUAP	19:40.33		19:40.33
23	Ruan Lage Tigre	02	Juv B	121281	SFUAP	19:40.33		19:40.33
24	Joao Nogueira Mendes	02	Juv B	128745	CIRL	19:40.33		19:40.33
25	Daniel Rodrigues Alves	02	Juv B	123454	CIRL	19:40.33		19:40.33
26	Rafael Rodrigues Jacinto	02	Juv B	129002	CFB	19:40.33		19:40.33
27	Rafael Moreira Oliveira	02	Juv B	128325	CFB	19:40.33		19:40.33
28	Nuno Xavier Cardoso	02	Juv B	126879	PDEM	19:40.33		19:40.33

Juvenis A

1	Diogo Santos Cardoso	01	Juv A	122969	ADRCIMM	16:42.41 L	21.7.16 Oeiras (POR)	16:22.36
2	David Matias Cristino	01	Juv A	127872	SFUAP	16:45.89 S	6.12.15 Setubal (POR)	16:45.89
3	Jose Maria Pereira	01	Juv A	126579	SCP	17:21.38 L	21.7.16 Oeiras (POR)	17:00.55
4	Rafael Alcantara Aires	01	Juv A	125130	SFUAP	17:10.10 S	15.11.15 Alapraia (POR)	17:10.10
5	Alexandre Miguel Branco	01	Juv A	126584	SAD	17:27.06 S	15.11.15 Alapraia (POR)	17:27.06
6	Diogo Alexandre Casteleiro	01	Juv A	126581	SCP	17:54.32 L	21.7.16 Oeiras (POR)	17:32.83
7	Edgar Filipe Santos	01	Juv A	127750	SFUAP	17:42.67 S	15.11.15 Alapraia (POR)	17:42.67
8	Ricardo Martins Bras	01	Juv A	121508	CFB	18:36.87 L	30.6.16 Setubal (POR)	18:14.53
9	Tiago Maria Camoes	01	Juv A	121851	SFUAP	18:39.69 L	26.2.16 Vila Franca de Xira (POR)	18:17.29
10	Renato Barros Frischknecht	01	Juv A	122051	SAD	18:26.19 S	15.11.15 Alapraia (POR)	18:26.19
11	Henrique Rasteiro Luis	01	Juv A	123961	ADRCIMM	18:57.47 L	26.2.16 Vila Franca de Xira (POR)	18:34.72
12	Bernardo Craveiro Bandarra	01	Juv A	127357	SAD	18:36.66 S	15.11.15 Alapraia (POR)	18:36.66
13	Rodrigo Ponte Jorge	01	Juv A	127873	SFUAP	18:41.52 S	15.11.15 Alapraia (POR)	18:41.52
14	Miguel Monteiro Dinis	01	Juv A	124394	SAD	19:18.66		19:18.66
15	Afonso Maria Carvalho	01	Juv A	126580	SCP	19:18.66 S		19:18.66
16	Filipe Ferrão Melo	01	Juv A	200171	CNS	19:18.66		19:18.66
17	Rodrigo Almeida Cabrito	01	Juv A	121510	CFB	19:18.66		19:18.66
18	Ricardo Correia Teixeira	01	Juv A	130134	CFB	19:18.66		19:18.66

3 - 2ª Jornada - 2ª Sessão

13.11.16 - 15:30

Prova 9	Femin., 400m Livres				Infantis B
13.11.16					Lista inscritos
Rec Regional	4:42.86	Beatriz Rodrigues Conde	SCP	Alges	2010
Rec Regional Absoluto	4:18.39	Ana Cláudia Correia Santos	SFUAP	Cantanhede	2004
Rec Nacional	4:38.40	Filipa Vilas Ruivo	DNMG	Alcobaça	2009
Rec Nacional Absoluto	4:10.22	Diana Margarida Duraes	FCP	Porto	2015

Mínimo Acesso 50m: 6:09.12 - 25m: 6:01.88

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Infantis B								
1	Isadora Maia Andre	05	Inf B	132800	SFUAP	5:13.13 S	9.7.16 Alges (POR)	5:13.13
2	Soraia Alexandra Delgado	05	Inf B	153438	CPCD	5:18.45 S	9.7.16 Alges (POR)	5:18.45
3	Ana Beatriz Simoes	05	Inf B	153354	SCP	5:19.51 S	9.7.16 Alges (POR)	5:19.51
4	Nicole Patriarca França	05	Inf B	153435	CPCD	5:25.99 S	9.7.16 Alges (POR)	5:25.99
5	Mafalda Sofia Costa	05	Inf B	132453	ADRCIMM	5:29.48 S	9.7.16 Alges (POR)	5:29.48
6	Filipa Raposo Silva	05	Inf B	153359	SCP	5:40.16 S	9.7.16 Alges (POR)	5:40.16
7	Luciana Rodrigues Moura	05	Inf B	129624	AONDA	5:44.05 S	9.7.16 Alges (POR)	5:44.05
8	Erica Cristina Reis	05	Inf B	200201	SCP	5:44.56 S	9.7.16 Alges (POR)	5:44.56
9	Marta Joao Pires	05	Inf B	147235	SAD	5:45.24 S	9.7.16 Alges (POR)	5:45.24
10	Mariana Geraldo Pombo	05	Inf B	132348	ANAM	5:47.06 S	9.7.16 Alges (POR)	5:47.06
11	Mariana Marques Santos	05	Inf B	150757	GESL	5:47.77 S	9.7.16 Alges (POR)	5:47.77
12	Marta Beatriz Mota	05	Inf B	144727	MO	5:51.60 S	9.7.16 Alges (POR)	5:51.60
13	Francisca Otao Tribuna	05	Inf B	132463	SLB	5:53.04 S	9.7.16 Alges (POR)	5:53.04
14	Soraia Brilhante Salgado	05	Inf B	132513	AEFDTV	5:53.65 S	9.7.16 Alges (POR)	5:53.65
15	Leonor Oliveira Caratao	05	Inf B	133339	ADST	5:53.73 S	9.7.16 Alges (POR)	5:53.73
16	Margarida Domingues Nunes	05	Inf B	201398	AEULCCD	5:55.78 S	22.5.16 Lisboa (POR)	5:55.78
17	Mariana Andreia Silva	05	Inf B	141810	SCP	5:55.86 S	22.5.16 Lisboa (POR)	5:55.86
18	Mariana Reis Ferreira	05	Inf B	200724	AONDA	5:57.38 S	9.7.16 Alges (POR)	5:57.38
19	Beatriz Frota Carvalho	05	Inf B	153313	CPCD	5:59.54 S	9.7.16 Alges (POR)	5:59.54
20	Luisa Morais Marques	05	Inf B	137863	AEFDTV	6:01.88 S		6:01.88
21	Marta Maria Costa	05	Inf B	132525	AHBE	6:01.88 S		6:01.88
22	Madalena Sampaio Torgal	05	Inf B	132521	AHBE	6:01.88 S		6:01.88
23	Iris Pereira Carrao	05	Inf B	201392	ANAM	6:01.88 S		6:01.88
24	Ana Belo Braga	05	Inf B	132505	AONDA	6:01.88 S		6:01.88
25	Catarina Martins Ferreira	05	Inf B	132506	AONDA	6:01.88 S		6:01.88
26	Mafalda Oliveira Ribeiro	05	Inf B	201326	ASC	6:01.88 S		6:01.88
27	Mariana Maiato Paulino	05	Inf B	133001	CNCVG	6:01.88 S		6:01.88
28	Victoria Gabrielle Jeronimo	05	Inf B	130148	CNN	6:01.88 S		6:01.88
29	Carolina Alexandra Silva	05	Inf B	133296	GDSE	6:01.88 S		6:01.88
30	Eva Santos Martins	05	Inf B	127276	GDSE	6:01.88 S		6:01.88
31	Carolina Machado Bastardinho	05	Inf B	202199	GESL	6:01.88 S		6:01.88
32	Joana Fernandes Gama	05	Inf B	153361	SCP	6:01.88 S		6:01.88
33	Sara Carreira Melo	05	Inf B	153366	SCP	6:01.88 S		6:01.88
34	Joana Rocha Ferreira	05	Inf B	201560	SLB	6:01.88 S		6:01.88
35	Carmo Dias Vieira	05	Inf B	201319	AEULCCD	6:01.88 S		6:01.88
36	Rafaela Diogo Martins	05	Inf B	132214	CNS	6:01.88 S		6:01.88
37	Maria Correia Ricardo	05	Inf B	129496	CNS	6:01.88 S		6:01.88
38	Maria Martins Pereira	05	Inf B	132212	CNS	6:01.88 S		6:01.88
39	Mafalda Pereira Matos	05	Inf B	200898	CPCD	6:01.88 S		6:01.88
40	Filipa Alexandre Aragao	05	Inf B	202010	CIRL	6:01.88 S		6:01.88

Prova 10
13.11.16

Masc., 400m Livres

Infantis B
Lista inscritos

Rec Regional	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	2003
Rec Regional Absoluto	3:48.02	Rafael Lourenco Gil	SFUAP	Porto	2015
Rec Nacional	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	2003
Rec Nacional Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	2009

Mínimo Acesso : 5:32.45

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis B									
1	Bernardo Jorge Simoes	04	Inf B	130250	CNCVG	4:50.64 S	10.7.16	Alges (POR)	4:50.64
2	Antonio Lombardi Carvalho	04	Inf B	129886	CFB	4:57.48 S	30.1.16	Loures (POR)	4:57.48
3	Andre Azevedo Baraona	04	Inf B	123965	CNMJ	4:59.63 S	10.7.16	Alges (POR)	4:59.63
4	Bernardo Victorino Almeida	04	Inf B	153357	SCP	5:00.81 S	10.7.16	Alges (POR)	5:00.81
5	Tiago Miguel Trombinhas	04	Inf B	201495	ADRCIMM	5:10.45 S	10.7.16	Alges (POR)	5:10.45
6	Gonçalo Gomes Augusto	04	Inf B	127270	AONDA	5:13.49 S	10.7.16	Alges (POR)	5:13.49
7	Tiago Queiroga Amaral	04	Inf B	130937	AEULCCD	5:20.21 S	10.7.16	Alges (POR)	5:20.21
8	Tiago Fanha Lopes	04	Inf B	129520	CNMJ	5:20.51 S	10.7.16	Alges (POR)	5:20.51
9	Miguel Costa Simoes	04	Inf B	132350	ANAM	5:25.26 S	10.7.16	Alges (POR)	5:25.26
10	Rodrigo Neves Fernandes	04	Inf B	150758	GESL	5:28.33 S	10.7.16	Alges (POR)	5:28.33
11	Tiago Barroso Proença	04	Inf B	129698	AEULCCD	5:28.61 S	10.7.16	Alges (POR)	5:28.61
12	Duarte Brito Justino	04	Inf B	130802	ADRCIMM	5:30.97 S	21.5.16	Lisboa (POR)	5:30.97
13	Guilherme Miguel Carneiro	04	Inf B	132518	AHBE	5:32.08 S	10.7.16	Alges (POR)	5:32.08
14	Yann Forjaz Fock	04	Inf B	129699	AEULCCD	5:32.15 S	21.5.16	Lisboa (POR)	5:32.15
15	Francisco Ribeiro Vieira	04	Inf B	130443	AEFDTV	5:32.45 S			5:32.45
16	Marcelo Felix Alves	04	Inf B	130240	CNCVG	5:32.45 S			5:32.45
17	Vasco Melo Pinto	04	Inf B	132008	CNCVG	5:32.45 S			5:32.45
18	David Jorge Sequeira	04	Inf B	130234	CNCVG	5:32.45 S			5:32.45
19	André Bernardo Tavares	04	Inf B	201333	CNCVG	5:32.45 S			5:32.45
20	Gianluca Seremi Sousa	04	Inf B	131760	CNN	5:32.45 S			5:32.45
21	Pedro Arsenio Vitorino	04	Inf B	131761	CNN	5:32.45 S			5:32.45
22	Tomas Miguel Ferreira	04	Inf B	150759	GESL	5:32.45 S			5:32.45
23	Afonso Gonçalves de Jorge	04	Inf B	201702	GESL	5:32.45 S			5:32.45
24	Francisco Amaro Santos	04	Inf B	201404	GESL	5:32.45 S			5:32.45
25	Diogo Miguel Monteiro	04	Inf B	147200	INDANL	5:32.45 S			5:32.45
26	Jaeden Michael Nunes	04	Inf B	202508	SAD	5:32.45 S			5:32.45
27	Joao Lourenco Rebelo	04	Inf B	132558	SAD	5:32.45 S			5:32.45
28	Afonso Figueiredo Frasquilho	04	Inf B	153353	SCP	5:32.45 S			5:32.45
29	Afonso Cipriano Pinto	04	Inf B	153352	SCP	5:32.45 S			5:32.45
30	Pedro Barroso Rosa	04	Inf B	153365	SCP	5:32.45 S			5:32.45
31	Joao Afonso Santos	04	Inf B	153371	SCP	5:32.45 S			5:32.45
32	Gonçalo Filipe Carrapito	04	Inf B	129666	SFUAP	5:32.45 S			5:32.45
33	Guilherme Machado Santos	04	Inf B	200202	SFUAP	5:32.45 S			5:32.45
34	Tomás Rebelo Dias	04	Inf B	148500	AEULCCD	5:32.45 S			5:32.45
35	Frederico Marques Pinto	04	Inf B	132463	AEULCCD	5:32.45 S			5:32.45
36	Guilherme Pinto Restolho	04	Inf B	200488	CPCD	5:32.45 S			5:32.45
37	Luis Miguel Raposo	04	Inf B	201950	CPCD	5:32.45 S			5:32.45
38	Joao Silva Angelino	04	Inf B	132832	PDEM	5:32.45 S			5:32.45
39	Duarte Cadima Goncalves	04	Inf B	153295	PDEM	5:32.45 S			5:32.45
40	Alexandre Duarte Morais	04	Inf B	132645	PDEM	5:32.45 S			5:32.45
41	Tomas Pratas Neto	04	Inf B	132652	PDEM	5:32.45 S			5:32.45
42	Marcos Nunes Santos	04	Inf B	153468	PDEM	5:32.45 S			5:32.45

Prova 11
13.11.16

Femin., 800m Livres

Infantis A
Lista inscritos

Rec Regional	9:27.51	Rafaela Gomes Azevedo	SAD	Algés	2015
Rec Regional Absoluto	8:45.91	Marta Andreia Lopes Ferreira	SCP	Riesa (GER)	2002
Rec Nacional	9:03.90	Alexandra Maria Silva	FCP	Porto	1980
Rec Nacional Absoluto	8:32.83	Tamila Hryhorivna Holub	SCB	Porto	2015

Mínimo Acesso 50m: 11:57.11 - 25m: 11:43.05

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Lidiana Correia Rodrigues	04	Inf A	130399	CFB	10:22.99 L	15.7.16	Famalicao (POR)	10:10.53
2	Leonor Alves Morganho	04	Inf A	126315	SAD	10:13.16 S	19.3.16	Tomar (POR)	10:13.16
3	Carolina Jose Nascimento	04	Inf A	153425	CPCD	10:38.69 L	15.7.16	Famalicao (POR)	10:25.91
4	Susana Chanoca Narciso	04	Inf A	129388	GDSE	10:35.88 S	5.3.16	Alapraia (POR)	10:35.88
5	Madalena da Graca Geraldes	04	Inf A	131511	SCP	10:54.15 L	30.6.16	Setubal (POR)	10:41.06
6	Raquel Raposo Lopes	04	Inf A	153469	ANAM	11:02.27 S	19.3.16	Tomar (POR)	11:02.27
7	Maria Gomes Pereira	04	Inf A	129510	SAD	11:04.11 S			11:04.11
8	Marta Pereira Domingos	04	Inf A	132529	SFUAP	11:19.38 L	30.6.16	Setubal (POR)	11:05.79
9	Maria Ferreira Moura	04	Inf A	131382	GESL	11:11.04 S			11:11.04
10	Marta Silva Figueiredo	04	Inf A	132530	ANAM	11:32.02 S			11:32.02
11	Alice Jesus Morgado	04	Inf A	131016	ADST	11:38.39 S	24.5.16	Alapraia	11:38.39
12	Carolina Fale Costa	04	Inf A	129801	ADRCIMM	11:43.05 S			11:43.05
13	Maria Freire Alves	04	Inf A	132522	AHBE	11:43.05			11:43.05
14	Joana Miguel Sousa	04	Inf A	130442	AHBE	11:43.05			11:43.05
15	Margarida Filipe Ferreira	04	Inf A	132347	ANAM	11:43.05 S			11:43.05
16	Daniela Filipa Marques	04	Inf A	130792	AONDA	11:43.05			11:43.05
17	Carolina Porem Henriques	04	Inf A	129802	CNA	11:43.05 S			11:43.05
18	Vera Figueiredo Narra	04	Inf A	131121	CNA	11:43.05 S			11:43.05
19	Margarida Carvalho Barao	04	Inf A	130241	CNCVG	11:43.05			11:43.05
20	Matilde Carvalho Barao	04	Inf A	130243	CNCVG	11:43.05			11:43.05
21	Daniela Alexandra Pedro	04	Inf A	130864	CNCVG	11:43.05			11:43.05
22	Barbara Almeida Ribeiro	04	Inf A	130249	CNCVG	11:43.05			11:43.05
23	Rita Santos Boioes	04	Inf A	128951	CNMJ	11:43.05			11:43.05
24	Sara Alexandra Castro	04	Inf A	126049	CNMJ	11:43.05			11:43.05
25	Alice Carvalho Amigo Amigo	04	Inf A	127275	GDSE	11:43.05			11:43.05
26	Carolina Pinto Luz	04	Inf A	127274	GDSE	11:43.05			11:43.05
27	Carolina Osório Brasão	04	Inf A	200900	GESL	11:43.05			11:43.05
28	Catarina Nunes Costa	04	Inf A	131376	GESL	11:43.05			11:43.05
29	Sofia Vilardell Rodrigues	04	Inf A	132308	GESL	11:43.05			11:43.05
30	Marta Macedo Inacio	04	Inf A	132536	SCP	11:43.05			11:43.05
31	Mariana Fragoso Guterres	04	Inf A	200475	SLB	11:43.05			11:43.05
32	Leonor Esteves Santos	04	Inf A	130603	AEULCCD	11:43.05			11:43.05
33	Mariana Morais Delfino	04	Inf A	132603	AEULCCD	11:43.05			11:43.05
34	Ana Sofia Inácio	04	Inf A	202686	CPCD	11:43.05			11:43.05
35	Mafalda Mousinho Esteves	04	Inf A	137859	CIRL	11:43.05 S			11:43.05
36	Diana Valadas Horta	04	Inf A	201782	CIRL	11:43.05 S			11:43.05
37	Maria Silva Angelino	04	Inf A	132833	PDEM	11:43.05			11:43.05

Prova 12
13.11.16

Masc., 800m Livres

Infantis A
Lista inscritos

Rec Regional	8:42.19	Pedro Fontoura Oliveira	CFB	Reboleira	2004
Rec Regional Absoluto	7:49.89	Rafael Lourenco Gil	SFUAP	Porto	2015
Rec Nacional	8:38.30	Andre Vilas Ruivo	DNMG	Campo Maior	2014
Rec Nacional Absoluto	7:49.89	Rafael Lourenco Gil	SFUAP	Porto	2015

Mínimo Acesso 50m: 11:29.02 - 25m: 11:15.51

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Infantis A									
1	Duarte Silva Taleigo	03	Inf A	128327	CNA	10:14.20 L	15.7.16	Famalicao (POR)	10:01.91
2	Rodrigo Reis Dias	03	Inf A	129003	CFB	10:22.05 S	20.3.16	Tomar (POR)	10:22.05
3	Andre Martins Sousa	03	Inf A	126474	CNMJ	10:48.18 L	30.6.16	Setubal (POR)	10:35.21
4	Ricardo Novikov	03	Inf A	129524	SAD	10:43.13 S	20.3.16	Tomar (POR)	10:43.13
5	Alexandre Coelho Vieira	03	Inf A	131516	SCP	11:00.00			11:00.00
6	Luis Maia Pegado	03	Inf A	131701	SCP	11:10.00			11:10.00
7	Fabio Miguel Farinha	03	Inf A	128886	SLB	11:13.49 S	6.3.16	Alapraia (POR)	11:13.49
8	Dinis Viola Caroco	03	Inf A	131696	SCP	11:15.00			11:15.00
9	Pedro Esteves Duarte	03	Inf A	132531	ANAM	11:15.39 S			11:15.39
10	Afonso Esteves Tome	03	Inf A	128467	ADRCIMM	11:15.51			11:15.51
11	Francisco Teixeira Monteiro	03	Inf A	132527	ANAM	11:15.51 S			11:15.51
12	Ricardo Martins Ferreira	03	Inf A	127307	AONDA	11:15.51			11:15.51
13	Andre Santos Costa	03	Inf A	129963	CNA	11:15.51			11:15.51
14	Guilherme Carmo Manz	03	Inf A	148571	CNCVG	11:15.51			11:15.51
15	Joao Luis Matos	03	Inf A	130239	CNCVG	11:15.51			11:15.51
16	Pedro Miguel Matos	03	Inf A	130244	CNCVG	11:15.51			11:15.51
17	Tomas Augusto Teixeira	03	Inf A	148572	CNCVG	11:15.51			11:15.51
18	Henrique Pinheiro Valente	03	Inf A	130237	CNCVG	11:15.51			11:15.51
19	Diogo Miguel Duraes	03	Inf A	123448	CNMJ	11:15.51			11:15.51
20	Antonio Cinca Festas	03	Inf A	124422	CNN	11:15.51			11:15.51
21	Daniel Alexandre Ascenso	03	Inf A	131377	GESL	11:15.51 S			11:15.51
22	Salvador Ataide Parente	03	Inf A	131383	GESL	11:15.51			11:15.51
23	David Manuel Vale	03	Inf A	148339	GESL	11:15.51			11:15.51
24	Goncalo Filipe Valente	03	Inf A	131380	GESL	11:15.51			11:15.51
25	Bernardo Araujo Freire	03	Inf A	129532	SAD	11:15.51 S			11:15.51
26	Tomas Almeida Leitao	03	Inf A	129525	SAD	11:15.51 S			11:15.51
27	Goncalo Vieira Almeida	03	Inf A	129986	SFUAP	11:15.51			11:15.51
28	Guilherme Matias Cristino	03	Inf A	132528	SFUAP	11:15.51			11:15.51
29	Tomas Nogueira Gomes	03	Inf A	126626	SFUAP	11:15.51			11:15.51
30	David Van Ossenbruggen	03	Inf A	126428	SFUAP	11:15.51			11:15.51
31	Joao Matos Fidalgo	03	Inf A	128885	SLB	11:15.51			11:15.51
32	João Miguel Cascalheira	03	Inf A	201621	CNS	11:15.51			11:15.51
33	José Miguel Oliveira	03	Inf A	129493	CNS	11:15.51			11:15.51
34	Pedro Pires Gomes	03	Inf A	129534	CFB	11:15.51			11:15.51
35	Nicolae Iachimovschi	03	Inf A	130036	CFB	11:15.51			11:15.51
36	Luis Cabral Junior	03	Inf A	129805	CFB	11:15.51			11:15.51
37	Guilherme Guerreiro Sousa	03	Inf A	128734	CFB	11:15.51			11:15.51
38	Bernardo Pinto Coelho	03	Inf A	128144	PDEM	11:15.51			11:15.51
39	Rodrigo Beja Lopes	03	Inf A	132651	PDEM	11:15.51			11:15.51
40	Goncalo Nuno Raposo	03	Inf A	126880	PDEM	11:15.51			11:15.51
41	Rodrigo Alcides Silva	03	Inf A	132650	PDEM	11:15.51			11:15.51