

HEALTH AND BODY CARE

Match the words to the pictures:

toothache / runny nose / fever / cough / backache / broken leg /
headache / sore throat / overweight (adj.) / flu / stomachache

			
1	2	3	4
			
5	6	7	8
			
9	10	11	

Conversation

A: What's wrong? / What's the matter?

B: I have a headache. / I am overweight.

A: How did you get a headache? / Why are you overweight?

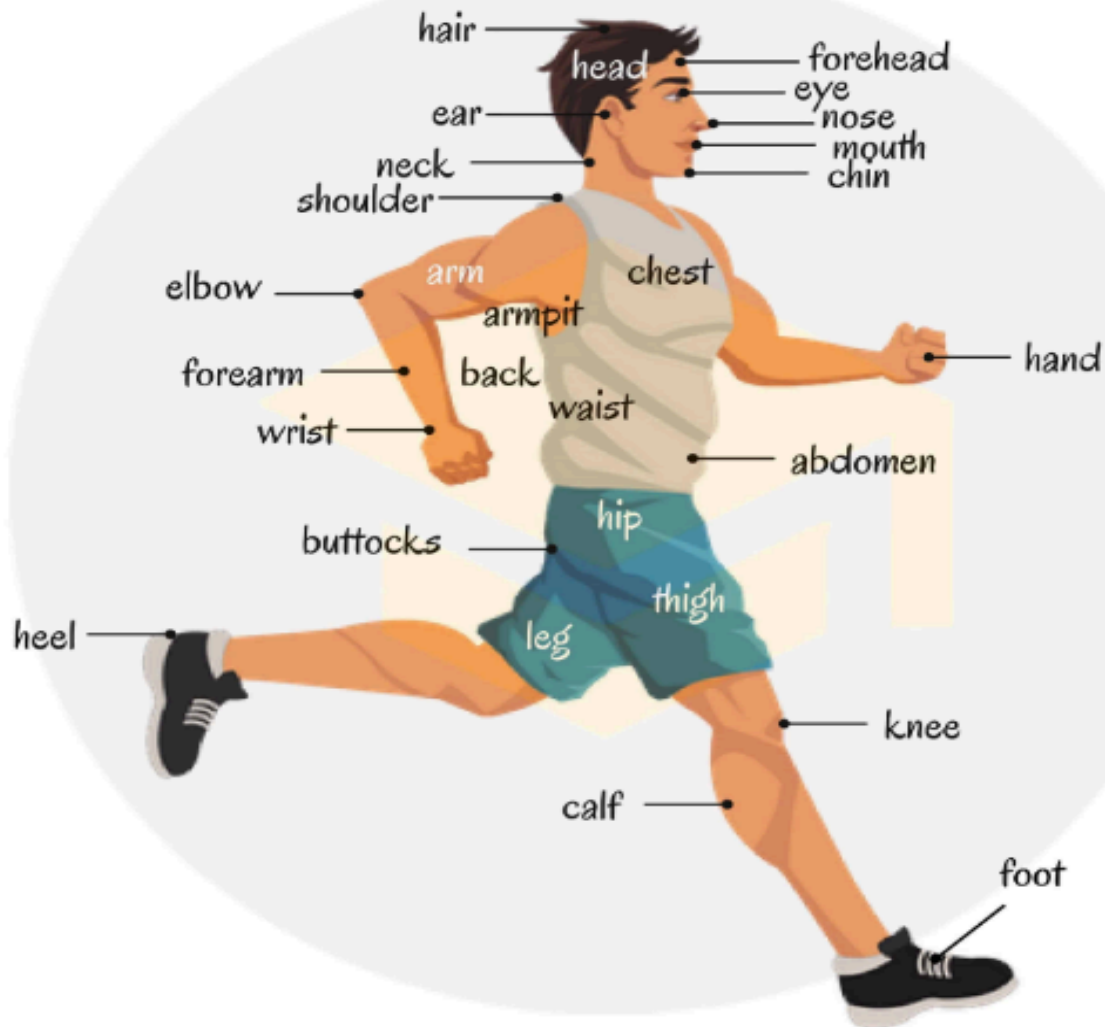
B:.....

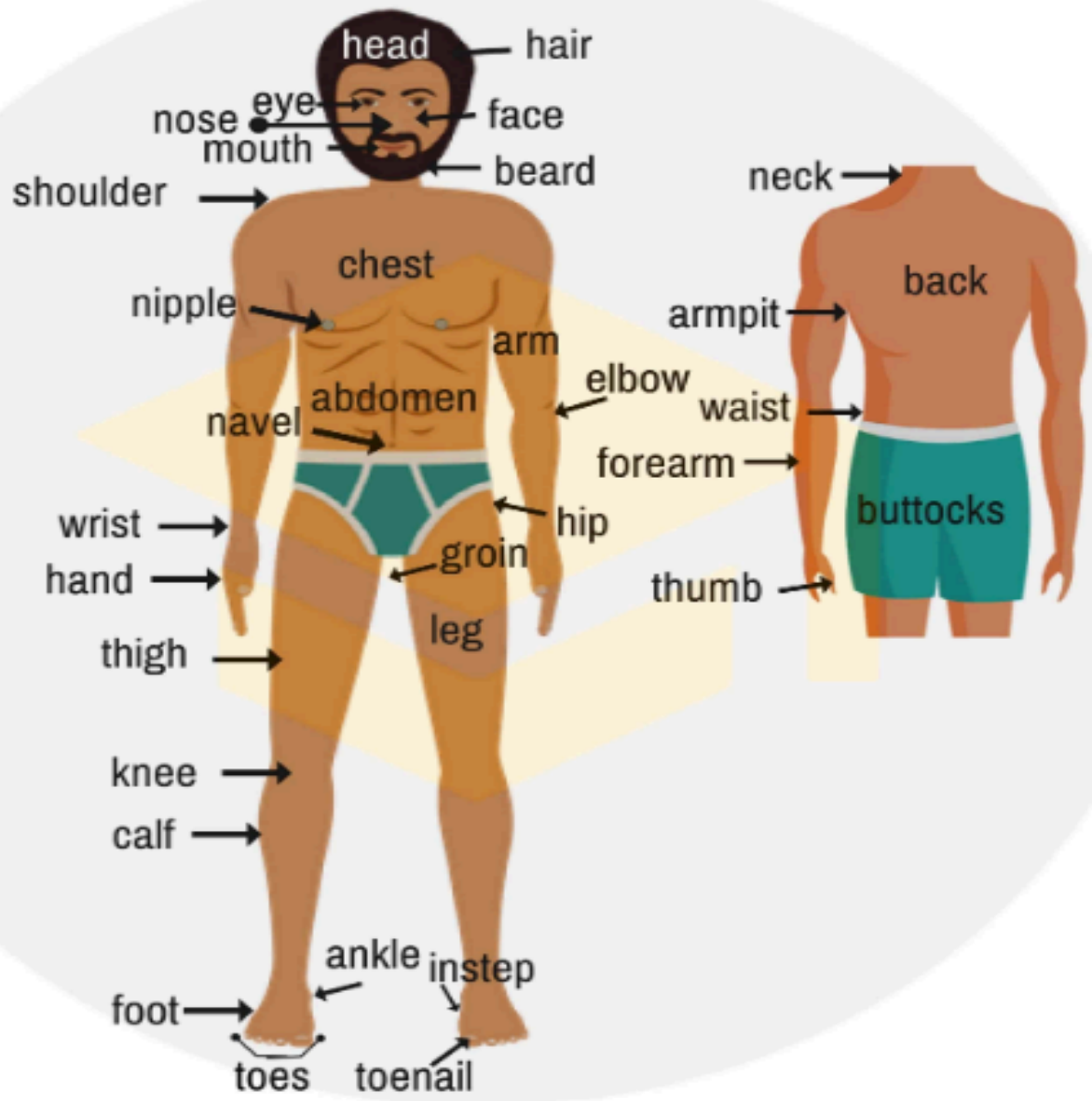
A: I'm really sorry for you / to hear that.

Useful Vocabulary:

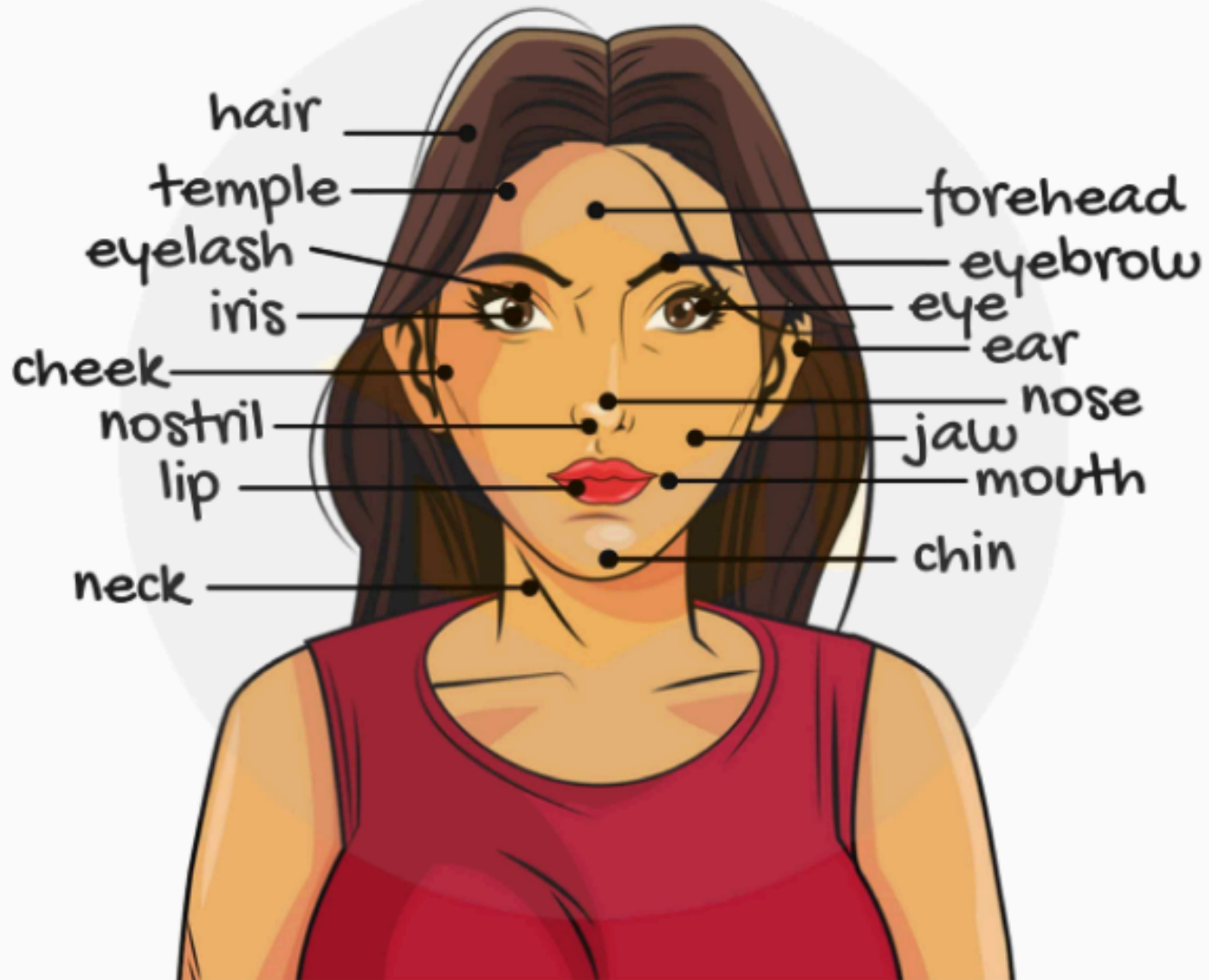
ate too much / fell down some stairs / walked home in the rain / ate too many sweets / caught it from my friend / lifted some heavy boxes / shouted so loudly at the football match / was on the computer all night

PARTS OF THE BODY





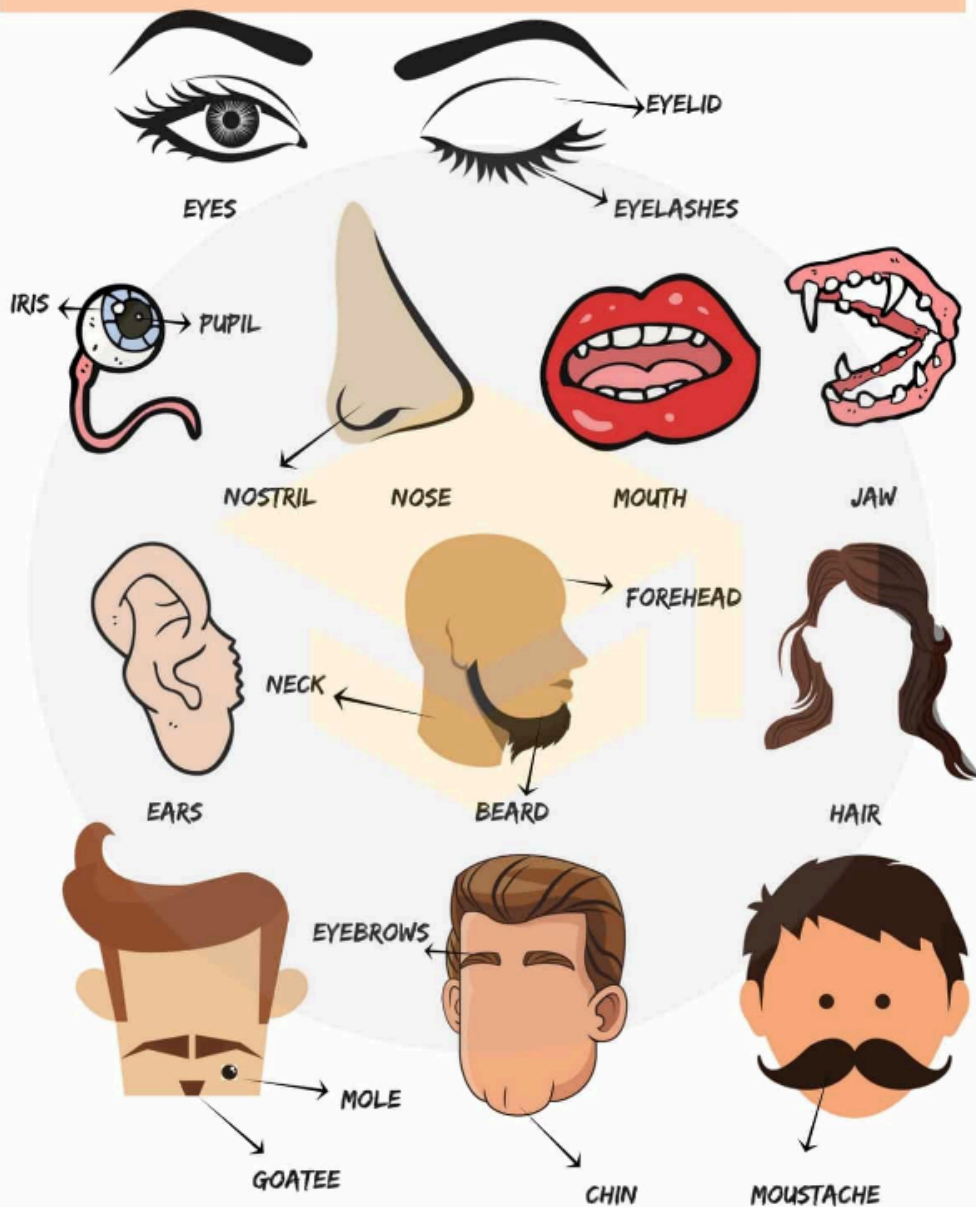
THE HEAD



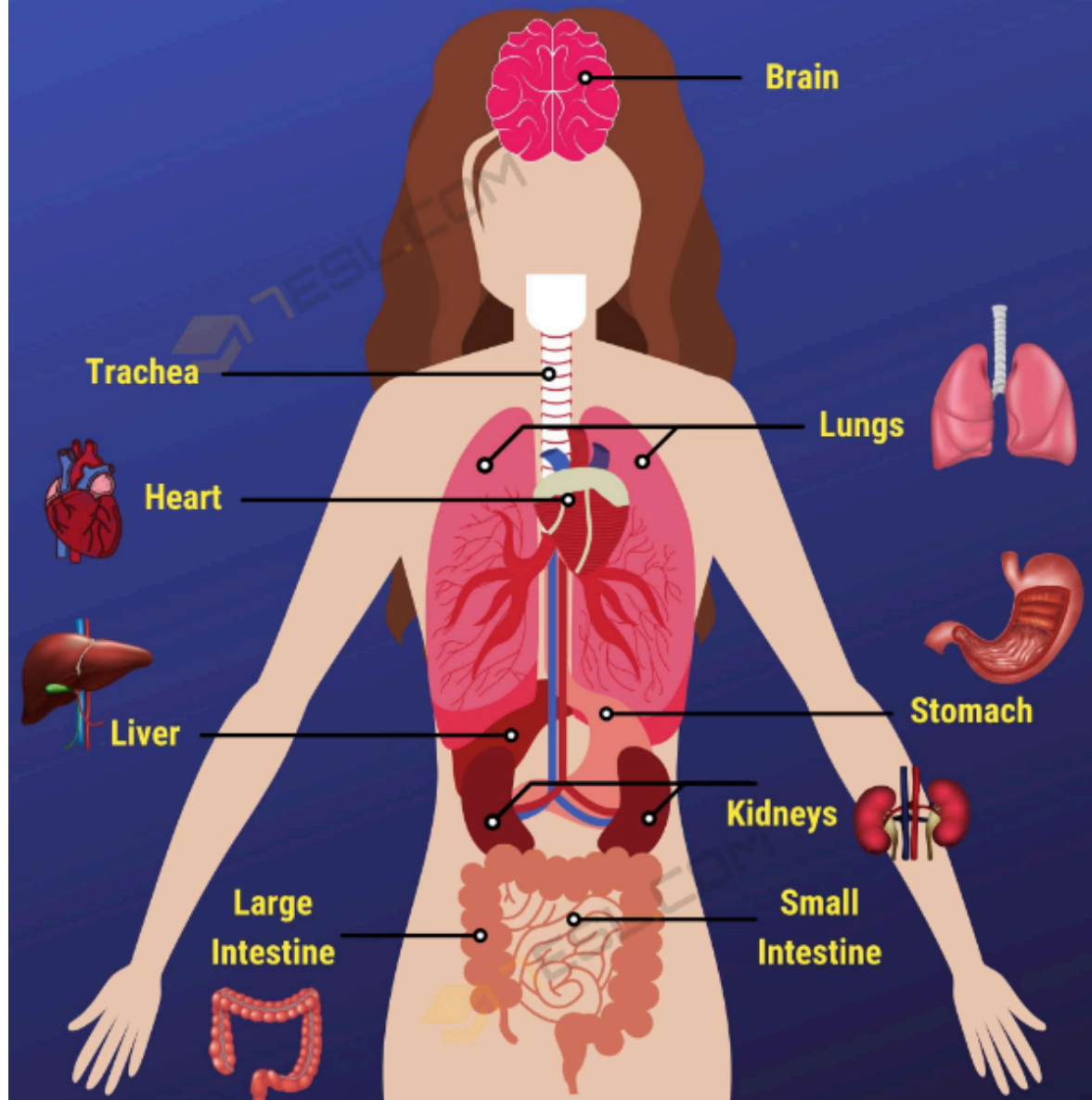


Vocabulary

THE FACE



INTERNAL BODY ORGANS



Illness / Disability / Minor injury						
dry skin	cancer	a cold	a cough	depression	an earache	a rash
the flu	a headache	a heart attack	a heart disease	an infection	an infectious disease	the measles
a pain	scars	a stomachache	a toothache	a virus	a sore throat	AIDS
an allergy	a broken arm	a cut / wound	a fever	a sunburn/sunstroke	a nervous breakdown	diarrhea
				insomnia	a bruise	asthma
Remedies & Treatment						
put on a bandage	check-up	dose	drugs	injection	medicine	cough drops
have an operation	pain-killer	pill	plaster	prescription	therapy	syrup
tranquilizer	bed rest / get plenty of rest	eye drops	put on some ointment	go on a diet	medication	

People					
cardiologist	dentist	dermatologist	doctor / physician	general practitioner	gynecologist
internist	midwife	neurologist	nurse	obstetrician	patient
pediatrician	psychiatrist	radiologist	specialist	surgeon	
Places					
clinic	emergency room	hospital	laboratory	operating room / theatre	waiting room
ward	consulting room	surgery	maternity hospital		
Equipment					
ambulance	blood bag	braces	cane	crutches	syringe
thermometer	stretcher	surgical mask	stethoscope	saline solution	scalpel
first aid kit	tape	scissors	wheelchair	rubber gloves	
Verbs					
be sick	catch	cure	feel sick	heal	hurt
injure	operate on	prescribe	treat	bleed	break
sprain	vomit	write down a prescription			
Adjectives					
fit	healthy	ill	painful	sick	unhealthy
well	swollen	unwell			

I. Translate the sentences

1. Mary is **pregnant**.
2. Steven can't be a driver because he's **colour-blind**.
3. I have a **sore throat** - I smoke too much.
4. **Flu** is an **infectious disease**.
5. If you want to **lose weight**, you must **go on a diet**.
6. My dog was **vaccinated** against **rabies**.
7. You can't buy this **medicine** without a **prescription**.
8. The **nurse** took my **temperature**.
9. This famous **surgeon** has **operated** on my mother.
10. I **sprained** my ankle when I was playing football yesterday.
11. Steven has a **black eye** because he argued with my boyfriend.
12. Five people were severely **injured** in the accident.
13. Steven had a **nervous breakdown** after his dog's death. It's difficult for him to **get over** such a strong shock.

II. Which drug/treatment is:

1. taken by mouth
2. injected into the body
3. applied to the body surface ?

- pills
- cream
- powder
- vaccine
- plaster
- bandage
- ointment
- lotion
- syrup

III. What advice does the doctor give?

1. I'm going to Nepal on business.

2. I can't get into my clothes

3. I can't sleep at night.

4. My eyes are often sore and I sneeze a lot.

5. I often have stomachache.

6. I feel much better, doctor.

7. I've got a terrible cough.

a. Good, you needn't come back for a month.

b. You really must stop smoking.

c. You should do more exercise - it's very relaxing.

d. You'll have to have a few vaccines.

e. You shouldn't eat so much fried food.

f. You really must lose some weight.

g. You should have some allergy tests.

IV. Match the symptoms with the explanations.

1. Why are you sneezing ?
2. Why are you yawning ?
3. Why are you bleeding?
4. Why are you sweating?
5. Why are you shivering?
6. Why are you shaking?
7. Why are you vomiting?

a. I'm terrified by this story
b. I've cut myself with a razor.
c. I'm bored with this lecture.
d. I have a bad cold.
e. I'm very cold.
f. I must have eaten some bad food.
g. It's too warm in here

V. Fill in the gaps with suitable words.

1. If you want to find out someone's temperature, use a
2. The main symptom of hay fever is that you keep.....
3. It was quite a bad cut and it was bleeding, so I put on a
4. I think he's broken his leg. Quick, someone call an
5. If someone is seriously ill, they may go to hospital to have an
6. He was ten kilos overweight and was advised to go on a
7. If you want antibiotics, you'll have to ask the doctor for a
8. If you've got measles, your skin is covered in
9. Flu is- other people can catch it from you.
10. I think you take too many sleeping
11. I've got anose. I suppose it's a cold coming on.

- infectious
- thermometer
- diet
- pills
- ambulance
- spots
- bandage
- operation
- sneezing
- runny
- prescription

VI. Read the following dialogue and try to find the information required:

VICKI: Hey Matt, are you feeling ok? I don't think you're looking too well today. Are you ok?

MATT: Am I ok? No, not really. I've got a temperature, a headache, a sore throat...I think I'm going down with something.

VICKI: Oh dear...I'd say you're going down with the flu! So poor Matt is not very well.

MATT: Yes, I think I'm going down with the flu. But I've got to fight it off Vicki! We've got a programme to do.

VICKI: What a professional, trying not to let yourself get ill, trying to fight it off.

MATT: The show must go on!

VICKI: I've got some pain-killers in my bag somewhere...Here...

MATT: Oh. Thanks, that should bring my temperature down.

VICKI: Yes, hopefully it'll reduce your temperature. And here's some water.

MATT: Thanks. Cold water will cool me down, too.

VICKI: Yes, if you're feeling hot and unwell, drinking water will stop you being so hot.

MATT: (*drinks*) Argh. That hurts my throat!

VICKI: Hmm you're a difficult patient! Why don't you go and have a bit of a lie down?

(...)

VICKI: So, Matt, how are you feeling now?

MATT: Oh...I'm feeling much better thanks! I think I'm getting over it all.

VICKI: Well, that's a relief.

- a) same as "fever"
- b) same as "to resist"
- c) name of medication to avoid feeling pain
- d) same as "I'm recovering"

VII. Here is a conversation at the doctor's.

Patient: Doctor, I'm afraid I have the runs.

Doctor: Are you going to the toilet often?

Patient: Haven't stopped since very early this morning.

Doctor: What did you have for breakfast?

Patient: Just cereal and a few cups of tea.

Doctor: That doesn't seem to be the cause unless the milk was off.

Patient: I doubt it very much, more like the soup last night.

Doctor: Do you think it had gone off?

Patient: I suppose so, it had been in the fridge for a few days.

Doctor: I suggest you eat nothing today and contact me tomorrow.

What was the problem with this patient?

constipation _____

flu _____

diarrhoea _____

stress _____

VIII. Circle the best choice.

1. The doctor **prescribed** / **diagnosed** his patient.
2. The patient is receiving intensive **heal** / **care** in this hospital at the moment.
3. She is still undergoing **treatment** / **recovery** for her condition.
4. The doctor helped to **recover** / **ease** her pain before she died.
5. She is **getting better** / **healing** every day and will soon be on her feet again.
6. The **surgeon** / **physician** took out his patient's appendix.
7. She gave the child some **medicine** / **medicated** sweets for his sore throat.
8. There were 20 **patients** / **casualties** in the train crash.

**IX. With a partner, write a conversation at
the doctor's.**