

### Prova 1 24.10.15

### Femin., 4 x 50m Livres

### Absolutos Lista inscritos

Rec Nacional Jun	1:46.86	Sporting Clube de Portugal	SCP	Leiria	2009
Rec Nacional Sen	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	2009
Rec Nacional Absoluto	1:43.49	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	2009

Ord.		Categ.	NºLic.	Clube	Tempo Inscr.
<b>Absolutos</b>					
1	Laranjeiro	Abs		Clube Instrucao Laranjeiro	1:55.27
2	Benfica	Abs		Benfica	1:56.21
3	Amorense	Abs		Naval Amorense	1:59.00
4	Nacional Nataçao	Abs		Nacional Nataçao	1:59.99
5	Amadora	Abs		Amadora	2:00.87
6	Nautica do Seixal	Abs		Nautica do Seixal	2:01.21
7	Naval Setubalense	Abs		Naval Setubalense	2:01.98
8	Gesloures	Abs		Gesloures	2:03.93
9	CPCD Sta Iria	Abs		CPCD Póvoa Sta Iria	2:04.22
10	Montijo	Abs		C N Montijo	2:05.00
11	Sesimbra	Abs		Desportivo Sesimbra	2:06.00
12	Palmela Desporto	Abs		Palmela Desporto	2:12.00
13	Avançado EULx	Abs		Avançado EULx	2:17.00

### Prova 2 24.10.15

### Masc., 100m Livres

### Absolutos Lista inscritos

Rec Regional Juv B	52.59	Diogo Gomes Sousa	CNCVG	Ponte de Sor	2009
Rec Regional Juv A	50.82	Tiago André Venâncio	CNS	Braga	2003
Rec Regional 17	49.87	Tiago Andre Venancio	CNS		2004
Rec Regional 18	48.38	Tiago Andre Venancio	CNS	Cantanhede	2004
Rec Regional Sen	47.99	Tiago Andre Venancio	CNS	Berlin (GER)	2011
Rec Regional Absoluto	47.99	Tiago Andre Venancio	CNS	Berlin (GER)	2011
Rec Nacional Juv B	52.59	Diogo Gomes Sousa	CNCVG	Ponte de Sôr	2009
Rec Nacional Juv A	50.82	Tiago Andre Venancio	CNS	Braga	2003
Rec Nacional 17	49.87	Tiago Andre Venancio	CNS		2004
Rec Nacional 18	48.38	Tiago Andre Venancio	CNS	Cantanhede	2004
Rec Nacional Sen	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	2009
Rec Nacional Absoluto	47.64	Alexandre Escudier Agostinho	FPN	Istambul (TUR)	2009

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
<b>Juvenis B</b>								
1	Rafael Alcantara Aires	01	Juv B	125130	ANAM	56.89 L	19.7.15 Oeiras (POR)	55.75
2	Gonçalo Carvalho Ferrao	01	Juv B	127233	ANSE	57.57 L	19.7.15 Oeiras (POR)	56.41
3	Rodrigo Ponte Jorge	01	Juv B	127873	ANAM	57.27 S	10.5.15 Alges (POR)	57.27
4	David Matias Cristino	01	Juv B	127872	ANAM	58.51 L	19.7.15 Oeiras (POR)	57.34
5	Diogo Alexandre Araujo	01	Juv B	122109	ESJB	58.62 L	19.7.15 Oeiras (POR)	57.44
6	Edgar Filipe Santos	01	Juv B	127750	ANAM	1:00.11 L	18.7.15 Oeiras (POR)	58.90
7	Vasco Pulquerio Marques	01	Juv B	122037	GDSE	1:00.39 L	19.7.15 Oeiras (POR)	59.18
8	Tomas Afonso Graca	01	Juv B	127260	SLB	59.62 S	29.3.15 Silves (POR)	59.62
9	Ricardo Martins Bras	01	Juv B	121508	CFB	1:00.42 S	10.5.15 Alges (POR)	1:00.42
10	Tiago Maria Camoes	01	Juv B	121851	SFUAP	1:02.15 L	13.6.15 Vila Franca de Xira (POR)	1:00.90
11	Bernardo Silva Felix	01	Juv B	129061	PDEM	1:02.67 L	28.6.15 Vila Franca de Xira (POR)	1:01.41
12	Joao Batista Silva	01	Juv B	127503	PDEM	1:04.90 L	28.6.15 Vila Franca de Xira (POR)	1:03.60
13	Rodrigo Melo Pinto	01	Juv B	128733	CNCVG	1:05.06 L	13.6.15 Vila Franca de Xira (POR)	1:03.75
14	Guilherme Filipe Alcobia	01	Juv B	126473	SLB	1:05.50 L	27.6.15 Vila Franca de Xira (POR)	1:04.19
15	Hugo Tavares Reis	01	Juv B	123953	ESJB	1:06.01 L	28.6.15 Vila Franca de Xira (POR)	1:04.69
16	Ricardo Correia Teixeira	01	Juv B	130134	CFB	1:04.79 S	10.5.15 Alges (POR)	1:04.79
17	Diogo Afonso Miranda	01	Juv B	118394	SFUAP	1:04.98 S	10.5.15 Alges (POR)	1:04.98
18	Carlos Filipe Lopes	01	Juv B	127265	ANAM	1:06.46 L	13.6.15 Vila Franca de Xira (POR)	1:05.13
19	Rodrigo Almeida Cabrito	01	Juv B	121510	CFB	1:05.23 S	18.4.15 Corroios (POR)	1:05.23
20	Tomas Carvalho Bravo	01	Juv B	132535	ACP	1:08.35 L	28.6.15 Vila Franca de Xira (POR)	1:06.98
21	Rodrigo Mendes	01	Juv B	124303	ESJB	1:09.98 L	28.6.15 Vila Franca de Xira (POR)	1:08.58

### Prova 2, Masc., 100m Livres

22	Claudio Filipe Pedroso	01	Juv B	126292	ABVE	1:09.60 S	8.3.15	Setubal (POR)	1:09.60
23	Andrei Truhanov	01	Juv B	132807	CNS	1:18.35 S	22.2.15	Montemor-o-Novo (POR)	1:18.35
24	Pedro Mendes Ferreira	01	Juv B	129621	CFB	1:19.00			1:19.00
25	Joao Luis Moita	01	Juv B	128283	CFB	1:19.00			1:19.00
26	Filipe Ferrão Melo	01	Juv B		CNS	1:19.00			1:19.00
27	Frederico Marques Mau	01	Juv B	128168	EMDS	1:19.00			1:19.00
28	Maxim Petrea	01	Juv B	122054	SFUAP	1:19.00			1:19.00
29	Goncalo Matos Pereira	01	Juv B	129052	GESL	1:19.00			1:19.00

### Juvenis A

1	João Pedro Silva	00	Juv A	121616	ANAM	55.53 S	14.12.14	Leiria (POR)	55.53
2	João fernandes Garcia	00	Juv A	130054	AEULCCD	58.25 L	7.2.15	Lisboa (POR)	57.08
3	Vicente Morgado Ventoso	00	Juv A	126466	CFB	59.12 L	20.6.15	Rio Maior (POR)	57.93
4	Daniel Nogueira Catalão	00	Juv A	127075	SFUAP	58.20 S	10.5.15	Alges (POR)	58.20
5	Tiago Miguel Silvestre	00	Juv A	122110	SLB	59.56 L	15.3.15	Vila Franca de Xira (POR)	58.36
6	Pedro Barata Neves	00	Juv A	118137	CIRL	59.79 L	5.7.15	Coimbra (POR)	58.59
7	Simão Correia Ricardo	00	Juv A	121405	CNS	59.93 L	11.7.15	Setubal (POR)	58.73
8	Miguel Henriques Marques	00	Juv A	120530	SFUAP	1:00.38 L	12.7.15	Setubal (POR)	59.17
9	Guilherme Maria Matos	00	Juv A	117944	CFB	1:00.87 L	15.3.15	Vila Franca de Xira (POR)	59.65
10	Francisco Nunes Libreiro	00	Juv A	119805	SFUAP	1:00.98 L	5.7.15	Coimbra (POR)	59.76
11	Benkai He	00	Juv A	126903	AEFDTV	1:01.20 L	12.7.15	Setubal (POR)	59.97
12	Daniel Alexandre Filipe	00	Juv A	120475	CNN	1:01.43 L	12.7.15	Setubal (POR)	1:00.20
13	Rodrigo Guerreiro Benavente	00	Juv A	122962	EMDS	1:01.82 L	13.6.15	Vila Franca de Xira (POR)	1:00.58
14	Diogo Puidival Marques	00	Juv A	122045	EMDS	1:01.90 L	12.7.15	Setubal (POR)	1:00.66
15	Diogo Monteiro Sousa	00	Juv A	118406	CNS	1:02.85 L	14.3.15	Vila Franca de Xira (POR)	1:01.59
16	Pedro Henriques Marques	00	Juv A	120529	SFUAP	1:03.31 L	5.7.15	Coimbra (POR)	1:02.04
17	Ricardo Silva Marujo	00	Juv A	125348	GESL	1:03.35 L	11.7.15	Setubal (POR)	1:02.08
18	Diogo Alexandre Santos	00	Juv A	116590	CNMJ	1:04.09 L	12.7.15	Setubal (POR)	1:02.80
19	Nuno Tiago Pinela	00	Juv A	121946	CNCVG	1:03.21 S	10.5.15	Alges (POR)	1:03.21
20	Daniel Fernandes Antao	00	Juv A	124331	CNCVG	1:03.38 S	10.5.15	Alges (POR)	1:03.38
21	Manuel Castelo Branco	00	Juv A	125138	ABVE	1:04.08 S	10.5.15	Alges (POR)	1:04.08
22	Antonio Maria Ferreira	00	Juv A	128468	PDEM	1:10.86 S	10.5.15	Alges (POR)	1:10.86
23	Vasco Manuel Reis	00	Juv A	129145	ACP	1:11.00			1:11.00
24	Tiago Portela Santos	00	Juv A	127500	AEFDTV	1:11.00			1:11.00
25	Oscar Miguel Nascimento	00	Juv A	128282	SLB	1:11.00			1:11.00

### Juniores

1	Jose Paula Carvalho	98	Jun	111450	SFUAP	55.15 L	2.4.15	Coimbra (POR)	54.04
2	Jaime Daniel Correia	99	Jun	111346	ESJB	55.63 L	26.7.15	Coimbra (POR)	54.51
3	Afonso Calais Queiroga	98	Jun	112311	SFUAP	55.17 S	9.11.14	Vila Real St. Antonio (POR)	55.17
4	Ruben Duarte Leitão	98	Jun	122265	EMDS	56.06 S	28.11.14	Alges (POR)	56.06
5	Ricardo Saraiva Pires	98	Jun	107651	CIRL	57.50 L	5.7.15	Coimbra (POR)	56.35
6	Rodrigo Costa Teixeira	99	Jun	108410	CIRL	58.05 L	15.3.15	Vila Franca de Xira (POR)	56.88
7	Tomas Silva Coxixo	99	Jun	118387	PDEM	58.21 L	15.3.15	Vila Franca de Xira (POR)	57.04
8	Tiago Carlos Santos	98	Jun	121330	ANAM	57.15 S	18.10.14	Setubal (POR)	57.15
9	Diogo Picanco Martins	99	Jun	117943	SLB	58.34 L	12.7.15	Setubal (POR)	57.17
10	Diogo Rodrigues Freitas	98	Jun	107680	SFUAP	58.81 L	11.7.15	Setubal (POR)	57.63
11	Henrique Lourenco Ferreira	99	Jun	112534	CNCVG	58.27 S	10.5.15	Alges (POR)	58.27
12	Leandro Rosa Fernandes	99	Jun	153431	CPCD	59.67 L	12.7.15	Setubal (POR)	58.47
13	Filipe Ferreira Luz	98	Jun	112320	GESL	58.59 S	25.4.15	Sines (POR)	58.59
14	Eduardo Garcia Guia	98	Jun	126881	PDEM	1:00.02 L	15.3.15	Vila Franca de Xira (POR)	58.82
15	Rafael Cruz Margarido	99	Jun	129965	CNS	1:00.10 L	15.3.15	Vila Franca de Xira (POR)	58.89
16	Goncalo Filipe Oliveira	98	Jun	112473	EMDS	59.07 S	18.10.14	Setubal (POR)	59.07
17	Afonso Vicente Eva	99	Jun	120461	CFB	59.26 S	13.12.14	Leiria (POR)	59.26
18	André Filipe Magalhães	98	Jun	111394	EMDS	1:00.57 L	16.5.15	Vila Franca de Xira (POR)	59.35
19	Francisco Madruga Silva	98	Jun	129151	ACP	1:00.81 L	12.7.15	Setubal (POR)	59.59
20	Joao Esteves Padrela	99	Jun	119137	CFB	1:00.92 L	15.3.15	Vila Franca de Xira (POR)	59.70
21	Filipe Alexandre Silva	99	Jun	122940	SFUAP	1:01.02 L	12.7.15	Setubal (POR)	59.80
22	Miguel Henriques Pereira	99	Jun	120462	CFB	1:00.24 S	10.5.15	Alges (POR)	1:00.24
23	Tiago Filipe Freitas	99	Jun	111281	SFUAP	1:01.63 L	5.7.15	Coimbra (POR)	1:00.39
24	Daniel Banhudo Lemos	99	Jun	121960	CIRL	1:01.75 L	12.7.15	Setubal (POR)	1:00.51
25	Andre Pires Faria	98	Jun	117961	CFB	1:00.59 S	18.10.14	Setubal (POR)	1:00.59
26	Vitor Diogo Paulino	98	Jun	112303	PDEM	1:01.87 L	15.3.15	Vila Franca de Xira (POR)	1:00.63
27	Dmytro Yantsur	98	Jun	120526	CIRL	1:00.67 S	17.5.15	Entroncamento (POR)	1:00.67
28	Goncalo Lopes Andrade	98	Jun	126617	PDEM	1:02.34 L	15.3.15	Vila Franca de Xira (POR)	1:01.09
29	Pedro Silva Vaz	98	Jun	111379	ABVE	1:02.48 S	18.10.14	Setubal (POR)	1:02.48
30	Miguel Alexandre Canhao	99	Jun	111336	CIRL	1:03.44 S	19.4.15	Coruche (POR)	1:03.44
31	Joao Andre Rodrigues	99	Jun	122968	GESL	1:05.03 L	16.5.15	Vila Franca de Xira (POR)	1:03.72

### Prova 2, Masc., 100m Livres

32	Martim Ferreira Fonseca	99	Jun	128555	CNN	1:04.50 S	19.4.15	Coruche (POR)	1:04.50
33	Gonçalo Alexandre Torgal	99	Jun	126867	ABVE	1:05.85 L	16.5.15	Vila Franca de Xira (POR)	1:04.53
34	Diogo Filipe Reis	99	Jun	132405	CIRL	1:06.60 L	20.6.15	Rio Maior (POR)	1:05.26
35	Diogo Melo Pinto	99	Jun	130024	CNCVG	1:05.94 S	14.2.15	Caldas da Rainha (POR)	1:05.94
36	Bruno Silva Vaz	99	Jun	119423	ABVE	1:13.34 S	18.10.14	Setubal (POR)	1:13.34
37	Frederico Fonseca Marques	99	Jun	132352	PDEM	1:15.26 S	18.10.14	Setubal (POR)	1:15.26
38	Miguel Cruz Guedelha	98	Jun		CNCVG	1:16.00			1:16.00
39	Carlos Antunes Barata	98	Jun		CPCD	1:16.00			1:16.00
40	Valdemar Miguel Brito	98	Jun		CPCD	1:16.00			1:16.00
41	Simao Wellenkamp Carvalho	99	Jun	132063	AEULCCD	1:16.00			1:16.00
42	Renato Manuel Gamito	99	Jun	127502	PDEM	1:16.00			1:16.00

### Seniores

1	Artiom Viatcheslavovitch Poliakov	93	Sen	11114	ESJB	51.88 L	11.4.15	Oeiras (POR)	50.84
2	Joao Duarte Santos	95	Sen	26430	SLB	52.58 L	12.4.15	Oeiras (POR)	51.52
3	Rodrigo Pereira Lopes	95	Sen	26077	SLB	52.26 S	8.11.14	Vila Real St. Antonio (POR)	52.26
4	Guilherme Miguel Teixeira	97	Sen	105091	SLB	53.71 L	24.7.15	Coimbra (POR)	52.63
5	Andre Rafael Marinho	93	Sen	10643	SFUAP	52.66 S	21.12.14	Porto (POR)	52.66
6	David Granja Lopes	90	Sen	22490	PDEM	53.40 S	25.4.15	Sines (POR)	53.40
7	Luis David Rodrigues	96	Sen	124021	SLB	53.46 S	30.11.14	Alges (POR)	53.46
8	João Carlos Santos	96	Sen	104253	SFUAP	53.49 S	6.6.15	Alges (POR)	53.49
9	Frederico Sousa Soares	96	Sen	104260	ABVE	54.34 S	6.12.14	Ponte da Barca (POR)	54.34
10	Miguel Angelo Alves	96	Sen	104760	ANSE	54.80 S	6.12.14	Ponte da Barca (POR)	54.80
11	Goncalo Cunha Barros	95	Sen	127074	ANAM	55.04 S	28.11.14	Alges (POR)	55.04
12	Daniel Filipe Cazeiro	97	Sen	104378	CIRL	56.97 L	15.3.15	Vila Franca de Xira (POR)	55.83
13	Filipe Sebastiao Silva	96	Sen	117306	GESL	55.85 S	6.6.15	Alges (POR)	55.85
14	Frederico Antunes Silva	95	Sen	25578	ANSE	57.10 L	16.5.15	Vila Franca de Xira (POR)	55.95
15	Luis Maria Rosa	91	Sen	25532	ACP	57.11 L	11.7.15	Setubal (POR)	55.96
16	Soner Tunay Hadzhilar	93	Sen	119404	SLB	55.99 S	14.2.15	Caldas da Rainha (POR)	55.99
17	Claudio Alexandre Pinheiro	93	Sen	120973	SFUAP	56.05 S	31.1.15	Torres Novas (POR)	56.05
18	Bruno Rafael Meireles	96	Sen	100245	CIRL	56.36 S	19.4.15	Coruche (POR)	56.36
19	Jose Pedro Rosario	96	Sen	128021	ANSE	56.37 S	19.4.15	Coruche (POR)	56.37
20	Pedro Dordio Carreiro	97	Sen	120560	GESL	57.65 L	14.3.15	Vila Franca de Xira (POR)	56.49
21	Ricardo Cansado Lourenco	97	Sen	100385	ANSE	56.51 S	28.11.14	Alges (POR)	56.51
22	Ivo Manuel Reis	93	Sen	129149	ACP	56.81 S	7.12.14	Ponte da Barca (POR)	56.81
23	Fernando Jorge Rosado	88	Sen	12553	CIRL	57.07 S	31.1.15	Torres Novas (POR)	57.07
24	David Carrasco Correia	97	Sen	108348	CFB	57.21 S	18.10.14	Setubal (POR)	57.21
25	Joao Miguel Cardoso	97	Sen	109124	GESL	57.63 S	16.11.14	Lisboa (POR)	57.63
26	Joao Carlos Pereira	94	Sen	100068	CNN	58.18 S	19.4.15	Coruche (POR)	58.18
27	Joao Paulo Magalhaes	95	Sen	103578	EMDS	58.35 S	2.5.15	Estremoz (POR)	58.35
28	Rodrigo Palmela Costa	96	Sen	104379	CNN	1:00.22 L	15.3.15	Vila Franca de Xira (POR)	59.01
29	Diogo André Pinheiro	97	Sen	125662	SFUAP	59.25 S	16.11.14	Cova da Piedade (POR)	59.25
30	Goncalo Maria Matos	95	Sen	117938	CFB	59.36 S	16.11.14	Cova da Piedade (POR)	59.36
31	Miguel Dordio Carreiro	97	Sen	117307	GESL	1:00.84 L	16.5.15	Vila Franca de Xira (POR)	59.62
32	Bruno Ricardo Custodio	89	Sen	127170	ANSE	1:00.07 S	18.10.14	Setubal (POR)	1:00.07
33	Sergio Alexandre Lopes	86	Sen	13971	CNN	1:00.16 S	19.4.15	Coruche (POR)	1:00.16
34	Joao Francisco Duarte	96	Sen	129150	ACP	1:00.27 S	28.11.14	Alges (POR)	1:00.27
35	Francisco Miguel Costa	96	Sen	129975	ACP	1:01.74 L	16.5.15	Vila Franca de Xira (POR)	1:00.50
36	Ricardo Andrade Belezas	91	Sen	132918	CNA	1:01.88 L	12.7.15	Setubal (POR)	1:00.64
37	Luis Henrique Ferreira	97	Sen	103577	EMDS	1:01.83 S	28.11.14	Alges (POR)	1:01.83
38	Edgar Silva Godinho	95	Sen	111201	ANAM	1:02.96 S	18.10.14	Setubal (POR)	1:02.96
39	Miguel Brás Sérgio	95	Sen	100925	ABVE	1:05.00			1:05.00
40	Diogo Moreira Silveira	94	Sen	25446	ANAM	1:05.00			1:05.00
41	Diogo Andre Catita	88	Sen	10640	ANSE	1:05.00			1:05.00
42	Luis Carlos Lopes	96	Sen		CNCVG	1:05.00			1:05.00
43	Ruben Miguel Caldas	94	Sen	153440	CPCD	1:05.00			1:05.00
44	Joao Luis Sousa	97	Sen		CPCD	1:05.00			1:05.00
45	Sergio Alexandre Dantas	95	Sen		CPCD	1:05.00			1:05.00
46	Renato Manuel Alves	95	Sen		CPCD	1:05.00			1:05.00
47	Rui Miguel Coelho	96	Sen	111850	SLB	1:05.00			1:05.00



Prova 3  
24.10.15

Femin., 200m Estilos

Absolutos  
Lista inscritos

Rec Regional Juv B	2:20.93	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Regional Juv A	2:18.59	Catarina Tiago Nunes	SFUAP	S. Antonio Cavaleiros	2009
Rec Regional 16	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	2009
Rec Regional 17	2:18.85	Diana Duarte Gomes	INDANL	Pinhal Novo	2006
Rec Regional Sen	2:15.67	Nadia Morais Vieira	GESL	S. Antonio Cavaleiros	2012
Rec Regional Absoluto	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	2009
Rec Nacional Juv B	2:20.93	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Nacional Juv A	2:18.59	Catarina Tiago Nunes	SFUAP	S. Antonio Cavaleiros	2009
Rec Nacional 16	2:14.94	Maria Carolina Rosa	SCP	S. António Cavaleiros	2009
Rec Nacional 17	2:16.62	Victoria Kaminskaya	FPN	Uster (SUI)	2012
Rec Nacional Sen	2:12.75	Victoria Kaminskaya	PIMP	Porto	2014
Rec Nacional Absoluto	2:12.75	Victoria Kaminskaya	PIMP	Porto	2014

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
<b>Juvenis B</b>								
1	Ana Rita Matos	02	Juv B	127501	GESL	2:39.44 S	9.5.15 Alges (POR)	2:39.44
2	Filipa Inacio Cazeiro	02	Juv B	121158	CIRL	2:46.09 L	14.6.15 Vila Franca de Xira (POR)	2:42.76
3	Maria Oliveira Paulo	02	Juv B	126497	GDSE	2:46.40 L	14.6.15 Vila Franca de Xira (POR)	2:43.07
4	Ana Raquel Graveto	02	Juv B	129628	SLB	2:47.37 L	27.6.15 Vila Franca de Xira (POR)	2:44.02
5	Patricia Marques Bacelar	02	Juv B	122035	GDSE	2:47.52 L	27.6.15 Vila Franca de Xira (POR)	2:44.17
6	Catarina Pinho Estevez	02	Juv B	124325	CNS	2:44.60 S	9.5.15 Alges (POR)	2:44.60
7	Natacha Sofia Silva	02	Juv B	125594	SLB	2:48.10 L	27.6.15 Vila Franca de Xira (POR)	2:44.73
8	Maria Mousinho Esteves	02	Juv B	131944	CNA	2:49.58 L	27.6.15 Vila Franca de Xira (POR)	2:46.18
9	Margarida Cunha Barros	02	Juv B	127076	ANAM	2:46.73 S	9.5.15 Alges (POR)	2:46.73
10	Carolina Morais Oliveira	02	Juv B	125132	CNA	2:51.08 L	27.6.15 Vila Franca de Xira (POR)	2:47.65
11	Ana Catarina Barata	02	Juv B	126477	SFUAP	2:49.46 S	9.5.15 Alges (POR)	2:49.46
12	Luana Gonçalves Dantas	02	Juv B	124419	CNN	2:50.43 S	9.5.15 Alges (POR)	2:50.43
13	Maria Leonor Pedro	02	Juv B	124425	CNN	2:50.94 S	7.3.15 Setubal (POR)	2:50.94
14	Lara Moutinho Silva	02	Juv B	126286	PDEM	2:55.19 S	7.3.15 Setubal (POR)	2:55.19
15	Ana Marta Pereira	02	Juv B	122034	GDSE	2:56.50 S	9.5.15 Alges (POR)	2:56.50
16	Iolanda Sofia Clérigo	02	Juv B	126878	CNS	3:00.63 L	27.6.15 Vila Franca de Xira (POR)	2:57.01
17	Rita Costa Albuquerque	02	Juv B	126828	CDOM	2:57.32 S	7.3.15 Setubal (POR)	2:57.32
18	Constança Viana Goncalves	02	Juv B	126268	CNMJ	2:58.25 S	9.5.15 Alges (POR)	2:58.25
19	Debora Alexandra Jesus	02	Juv B	122249	GDSE	2:59.09 S	9.5.15 Alges (POR)	2:59.09
20	Daniela Ferreira Pinto	02	Juv B	129225	COL	3:11.26 S	24.1.15 Lisboa (POR)	3:11.26
21	Alexandra Couto Frazao	02	Juv B	125426	CNA	3:12.00		3:12.00

**Juvenis A**

1	Filipa Serrano Rodrigues	01	Juv A	112310	SFUAP	2:27.58 S	9.5.15 Alges (POR)	2:27.58
2	Luisa Maria Machado	01	Juv A	121850	SFUAP	2:31.64 L	14.6.15 Vila Franca de Xira (POR)	2:28.60
3	Mafalda Rato Monteiro	01	Juv A	121445	CNS	2:33.57 L	26.7.15 Coimbra (POR)	2:30.49
4	Mafalda Sofia Dias	01	Juv A	121401	CNS	2:39.76 L	12.7.15 Setubal (POR)	2:36.56
5	Tatiana Raquel Pombo	01	Juv A	121615	ANSE	2:37.00 S	9.5.15 Alges (POR)	2:37.00
6	Tatiana Alexandre Cardoso	01	Juv A	127355	CNA	2:37.43 S	10.6.15 Reboleira (POR)	2:37.43
7	Celeste Santos Ricardo	01	Juv A	121325	ANAM	2:39.18 S	9.5.15 Alges (POR)	2:39.18
8	Ines Rodrigues Ferreira	01	Juv A	125193	SLB	2:43.73 L	14.6.15 Vila Franca de Xira (POR)	2:40.45
9	Filipa Bile Grilo	01	Juv A	121502	SLB	2:42.02 S	9.5.15 Alges (POR)	2:42.02
10	Joana Mira Pereira	01	Juv A	121237	CNS	2:42.61 S	9.5.15 Alges (POR)	2:42.61
11	Sara Rulin Loureiro	01	Juv A	123345	SLB	2:42.90 S	29.11.14 Alges (POR)	2:42.90
12	Adriana Nogueira Mascarenhas	01	Juv A	124319	CNS	2:45.94 S	9.5.15 Alges (POR)	2:45.94
13	Luana Correia Rodrigues	01	Juv A	121504	CNA	2:51.70 L	11.4.15 Oeiras (POR)	2:48.26
14	Madalena Marques Joaquim	01	Juv A	121505	SLB	2:49.16 S	29.11.14 Alges (POR)	2:49.16
15	Juliana Gonçalves Domingues	01	Juv A	129413	SLB	2:53.06 S	24.1.15 Lisboa (POR)	2:53.06
16	Maria Rodrigues Tome	01	Juv A	121262	CDOM	2:54.46 S	24.1.15 Lisboa (POR)	2:54.46
17	Barbara Daniela Quaresma	01	Juv A	121162	ANSE	2:54.81 S	9.5.15 Alges (POR)	2:54.81
18	Mariana Bento Ricardo	01	Juv A	122047	MSMA	3:02.40 L	16.5.15 Vila Franca de Xira (POR)	2:58.75
19	Joana Sales Amaral	01	Juv A	126303	MSMA	2:59.58 S	24.1.15 Lisboa (POR)	2:59.58
20	Rita Figueiredo Narra	01	Juv A	126465	CNA	3:03.48 L	14.6.15 Vila Franca de Xira (POR)	2:59.81
21	Carolina Baiao Ribeiro	01	Juv A	130035	PDEM	3:05.39 S	25.4.15 Sines (POR)	3:05.39
22	Ines Pires Gomes	01	Juv A	127251	CFB	3:06.00		3:06.00

Prova 3, Femin., 200m Estilos

Juniores

1	Ines Figueira Santos	00	Jun	111277	SFUAP	2:29.81 S	9.5.15	Alges (POR)	2:29.81
2	Filipa Carreira Alves	99	Jun	118479	SFUAP	2:30.66 S	29.11.14	Alges (POR)	2:30.66
3	Alice Maria Lopes	00	Jun	119476	SFUAP	2:34.92 L	14.6.15	Vila Franca de Xira (POR)	2:31.82
4	Sofia Isabel Gouveia	00	Jun	121324	SFUAP	2:32.77 S	29.11.14	Alges (POR)	2:32.77
5	Sofia Alexandra Nunes	00	Jun	112322	CIRL	2:34.37 S	9.5.15	Alges (POR)	2:34.37
6	Eva Guerreiro Carvalho	99	Jun	111392	SFUAP	2:37.99 L	15.3.15	Vila Franca de Xira (POR)	2:34.83
7	Margarida Valente Orrico	00	Jun	118395	SFUAP	2:38.05 L	16.5.15	Vila Franca de Xira (POR)	2:34.88
8	Margarida Rito Reis	00	Jun	123713	CFB	2:38.28 S	9.5.15	Alges (POR)	2:38.28
9	Rita Filipa Paulino	00	Jun	118462	CNS	2:38.37 S	9.5.15	Alges (POR)	2:38.37
10	Ema Filipa Rosario	00	Jun	120561	CNMJ	2:38.39 S	29.11.14	Alges (POR)	2:38.39
11	Ana Carolina Mira	00	Jun	118779	CNS	2:39.36 S	29.11.14	Alges (POR)	2:39.36
12	Ana Fernandes Costa	00	Jun	121407	CNMJ	2:43.65 L	16.5.15	Vila Franca de Xira (POR)	2:40.37
13	Joana Miguel Alexandre	99	Jun	111432	CFB	2:41.57 S	18.10.14	Setubal (POR)	2:41.57
14	Catarina Filipa Mosca	99	Jun	118243	ANAM	2:43.23 S	11.1.15	Benedita (POR)	2:43.23
15	Beatriz Pereira Gomes	00	Jun	118766	CFB	2:48.46 L	15.3.15	Vila Franca de Xira (POR)	2:45.09
16	Sandra Filipa Mendes	00	Jun	122480	MSMA	2:48.80 L	16.5.15	Vila Franca de Xira (POR)	2:45.42
17	Daniela Eleuterio Correia	00	Jun	119110	MSMA	2:46.11 S	24.1.15	Lisboa (POR)	2:46.11
18	Ana Catarina Lixa	00	Jun	127061	CNS	2:53.97 L	16.5.15	Vila Franca de Xira (POR)	2:50.49
19	Ana Rita Agostinho	99	Jun	117311	CNMJ	2:51.16 S	11.1.15	Benedita (POR)	2:51.16
20	Filipa Maria Sousa	99	Jun	111365	ABVE	2:52.00			2:52.00
21	Ines Valadares Ramos	99	Jun	124176	AEFDTV	2:52.00			2:52.00
22	Margarida Pereira Correia	99	Jun	153432	CPCD	2:52.00			2:52.00
23	Bruna Lourenco Rodrigues	00	Jun	119112	MSMA	2:52.00			2:52.00

Seniores

1	Rute Margarida Marques	94	Sen	25359	CNA	2:25.45 S	11.1.15	Benedita (POR)	2:25.45
2	Sofia Prates Silvestre	95	Sen	121320	ANAM	2:33.32 L	8.2.15	Lisboa (POR)	2:30.25
3	Bruna Martins Riesenberger	97	Sen	105541	CIRL	2:31.09 S	25.4.15	Sines (POR)	2:31.09
4	Carolina Madeira Santos	96	Sen	104254	ANAM	2:37.03 S	18.10.14	Setubal (POR)	2:37.03
5	Marina Micaela Sequeira	98	Sen	112319	SFUAP	2:37.80 S	31.1.15	Torres Novas (POR)	2:37.80
6	Mafalda Alexandra Henriques	98	Sen	105308	SLB	2:37.84 S	29.11.14	Alges (POR)	2:37.84
7	Ana Sofia Filipe	95	Sen	26887	CNN	2:41.14 L	16.5.15	Vila Franca de Xira (POR)	2:37.91
8	Claudia Alexandra Mendes	95	Sen	126614	ACP	2:54.40 S	1.11.14	Braganca (POR)	2:54.40
9	Rita Oliveira Noritake	98	Sen	107643	ABVE	2:55.00			2:55.00
10	Beatriz Santos Almeida	96	Sen	111199	ANAM	2:55.00			2:55.00
11	Sara Felipe Costa	94	Sen	120971	ANAM	2:55.00			2:55.00
12	Eunice Évora Almeida	94	Sen	147227	CNA	2:55.00			2:55.00
13	Joana Macau Cantante	98	Sen	120521	PDEM	2:55.00			2:55.00
14	Sofia Alexandra Rolao	98	Sen	108413	SLB	2:55.00			2:55.00

Prova 4  
24.10.15

Masc., 100m Bruços

Absolutos  
Lista inscritos

Rec Regional Juv B	1:06.93	André Miguel Silva	PDEM	Pinhal Novo	2006
Rec Regional Juv A	1:05.08	José Guilherme Ferreira Couto	SCP		1994
Rec Regional 17	1:03.11	Jose Guilherme Couto	SCP		
Rec Regional 18	1:01.25	Pedro Miguel Agostinho	SCP	S. Antonio Cavaleiros	2009
Rec Regional Sen	58.48	Carlos Esteves Almeida	ESJB	Porto	2014
Rec Regional Absoluto	58.48	Carlos Esteves Almeida	ESJB	Porto	2014
Rec Nacional Juv B	1:04.22	Andre Goncalo Santos	LSC	Braga	2012
Rec Nacional Juv A	1:03.39	Andre Goncalo Santos	LSC	S. António Cavaleiros	2012
Rec Nacional 17	1:02.99	Andre Goncalo Santos	LSC	Felgueiras	2013
Rec Nacional 18	1:01.25	Pedro Miguel Agostinho	SCP	S. António Cavaleiros	2009
Rec Nacional Sen	58.19	Carlos Esteves Almeida	FPN	Chartres (FRA)	2012
Rec Nacional Absoluto	58.19	Carlos Esteves Almeida	FPN	Chartres (FRA)	2012

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
<b>Juvenis B</b>								
1	Gonçalo Silveirinha Caldeira	01	Juv B	128343	CNA	1:11.69 S	21.2.15 Abrantes (POR)	1:11.69
2	Vasco Pulgerio Marques	01	Juv B	122037	GDSE	1:17.67 S	10.5.15 Alges (POR)	1:17.67
3	Ricardo Correia Teixeira	01	Juv B	130134	CFB	1:18.46 S	10.5.15 Alges (POR)	1:18.46
4	Guilherme Filipe Alcobia	01	Juv B	126473	SLB	1:18.53 S	28.3.15 Silves (POR)	1:18.53
5	Diogo Afonso Miranda	01	Juv B	118394	SFUAP	1:23.30 S	10.5.15 Alges (POR)	1:23.30
6	Luis Martins Tripa	01	Juv B	126312	GESL	1:24.65 S	10.5.15 Alges (POR)	1:24.65
7	Maxim Petrea	01	Juv B	122054	SFUAP	1:25.42 S	16.11.14 Cova da Piedade (POR)	1:25.42
8	Tiago Maria Camoes	01	Juv B	121851	SFUAP	1:25.71 S	10.5.15 Alges (POR)	1:25.71
9	Tomas Silvestre Almeida	01	Juv B	126471	CNA	1:31.39 S	11.1.15 Benedita (POR)	1:31.39
10	Andrei Truhanov	01	Juv B	132807	CNS	1:40.32 S	22.2.15 Montemor-o-Novo (POR)	1:40.32
11	Tomas Carvalho Bravo	01	Juv B	132535	ACP	1:41.00		1:41.00
12	Rodrigo Almeida Cabrito	01	Juv B	121510	CFB	1:41.00		1:41.00
13	Filipe Eduardo Morais	01	Juv B		CPCD	1:41.00		1:41.00
14	Frederico Marques Mau	01	Juv B	128168	EMDS	1:41.00		1:41.00
15	Tiago Henriques Matias	01	Juv B	128276	GESL	1:41.00		1:41.00

**Juvenis A**

1	Daniel Nogueira Catalão	00	Juv A	127075	SFUAP	1:14.16 S	14.2.15 Caldas da Rainha (POR)	1:14.16
2	Rafael Alexandre Garrido	00	Juv A	125543	GESL	1:14.33 S	6.6.15 Alges (POR)	1:14.33
3	Bernardo Antunes Augusto	00	Juv A	122518	CNS	1:15.19 S	10.5.15 Alges (POR)	1:15.19
4	Vasco Manuel Reis	00	Juv A	129145	ACP	1:18.47 S	29.11.14 Alges (POR)	1:18.47
5	Miguel Henriques Marques	00	Juv A	120530	SFUAP	1:19.09 S	6.6.15 Alges (POR)	1:19.09
6	Diogo Alexandre Santos	00	Juv A	116590	CNMJ	1:24.95 S	10.5.15 Alges (POR)	1:24.95
7	Daniel Fernandes Antao	00	Juv A	124331	CNCVG	1:26.44 S	6.6.15 Alges (POR)	1:26.44
8	Pedro Henriques Marques	00	Juv A	120529	SFUAP	1:28.16 S	10.5.15 Alges (POR)	1:28.16
9	Manuel Castelo Branco	00	Juv A	125138	ABVE	1:32.37 S	10.5.15 Alges (POR)	1:32.37
10	Lucas Almeida Livramento	00	Juv A	123715	CNA	1:33.00		1:33.00

**Juniores**

1	Afonso Calais Queiroga	98	Jun	112311	SFUAP	1:09.36 S	29.11.14 Alges (POR)	1:09.36
2	Tiago Carlos Santos	98	Jun	121330	ANAM	1:11.04 S	29.11.14 Alges (POR)	1:11.04
3	Jose Paula Carvalho	98	Jun	111450	SFUAP	1:11.59 S	16.11.14 Cova da Piedade (POR)	1:11.59
4	Rodrigo Ferreira Sousa	99	Jun	122964	GESL	1:11.80 S	10.5.15 Alges (POR)	1:11.80
5	Rafael Ladeiro Santos	98	Jun	117122	GESL	1:12.76 S	18.10.14 Setubal (POR)	1:12.76
6	Miguel Falco Pereira	99	Jun	123714	CFB	1:17.14 S	10.5.15 Alges (POR)	1:17.14
7	Miguel Duarte Cruz	99	Jun	125797	CFB	1:20.46 S	29.11.14 Alges (POR)	1:20.46
8	Diogo Melo Pinto	99	Jun	130024	CNCVG	1:25.22 S	16.11.14 Cova da Piedade (POR)	1:25.22
9	Renato Manuel Gamito	99	Jun	127502	PDEM	1:30.26 S	17.5.15 Entroncamento (POR)	1:30.26
10	Leonardo Rochinha Pedro	98	Jun	111381	ABVE	1:31.00		1:31.00
11	Joao Esteves Padrela	99	Jun	119137	CFB	1:31.00		1:31.00
12	Simao Wellenkamp Carvalho	99	Jun	132063	AEULCCD	1:31.00		1:31.00
13	Goncalo Lopes Andrade	98	Jun	126617	PDEM	1:31.00		1:31.00
14	Filipe Ferreira Luz	98	Jun	112320	GESL	1:31.00		1:31.00

Prova 4, Masc., 100m Bruços

Seniores

1	Guilherme Miguel Teixeira	97	Sen	105091	SLB	1:05.14	S	11.1.15	Benedita (POR)	1:05.14
2	Rodrigo Silverio Carmo	96	Sen	100588	ESJB	1:06.69	S	18.10.14	Setubal (POR)	1:06.69
3	Rui Miguel Coelho	96	Sen	111850	SLB	1:06.70	S	20.12.14	Porto (POR)	1:06.70
4	Joao Carlos Pereira	94	Sen	100068	CNN	1:07.39	S	6.12.14	Ponte da Barca (POR)	1:07.39
5	Bruno Miguel Martins	93	Sen	26891	GESL	1:07.55	S	29.11.14	Alges (POR)	1:07.55
6	Luis Maria Rosa	91	Sen	25532	ACP	1:10.77	S	1.11.14	Braganca (POR)	1:10.77
7	Carlos Miguel Pinto	97	Sen	107661	CNS	1:10.94	S	22.2.15	Montemor-o-Novo (POR)	1:10.94
8	Rui Miguel Correia	96	Sen	105378	CNMJ	1:11.73	S	19.4.15	Coruche (POR)	1:11.73
9	Miguel Brás Sérgio	95	Sen	100925	ABVE	1:11.95	S	19.4.15	Coruche (POR)	1:11.95
10	Joao Paulo Magalhaes	95	Sen	103578	EMDS	1:18.31	S	19.4.15	Coruche (POR)	1:18.31
11	Rafael Filipe Nunes	96	Sen	108344	ANAM	1:19.00				1:19.00
12	Pedro Afonso Centeno	95	Sen	100586	CNCVG	1:19.00				1:19.00
13	Ruben Miguel Caldas	94	Sen	153440	CPCD	1:19.00				1:19.00
14	Joao Luis Sousa	97	Sen		CPCD	1:19.00				1:19.00
15	Diogo André Pinheiro	97	Sen	125662	SFUAP	1:19.00				1:19.00
16	Soner Tunay Hadzhilar	93	Sen	119404	SLB	1:19.00				1:19.00

Prova 5

24.10.15

Femin., 100m Costas

Absolutos

Lista inscritos

Rec Regional Juv B	1:02.96	Ines Camacho Fernandes	SCP	Alapraia	2011
Rec Regional Juv A	1:01.43	Inês Camacho Fernandes	SCP	Mealhada	2011
Rec Regional 16	1:01.55	Inês Camacho Fernandes	SCP	Porto	2012
Rec Regional 17	1:01.56	Ines Camacho Fernandes	SCP	Felgueiras	2013
Rec Regional Sen	1:01.88	Francisca Gomes Azevedo	SAD	Porto	2014
Rec Regional Absoluto	1:01.43	Inês Camacho Fernandes	SCP	Mealhada	2011
Rec Nacional Juv B	1:02.96	Ines Camacho Fernandes	SCP	Alapraia	2011
Rec Nacional Juv A	1:01.43	Ines Camacho Fernandes	SCP	Mealhada	2011
Rec Nacional 16	1:01.55	Ines Camacho Fernandes	SCP	Porto	2012
Rec Nacional 17	1:01.56	Ines Camacho Fernandes	SCP	Felgueiras	2013
Rec Nacional Sen	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	2009
Rec Nacional Absoluto	1:00.69	Marta Vieira Marinho	FCP	S. António Cavaleiros	2009

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.	
<b>Juvenis B</b>										
1	Maria Mousinho Esteves	02	Juv B	131944	CNA	1:10.95	L	17.7.15	Oeiras (POR)	1:09.53
2	Alexandra Couto Frazao	02	Juv B	125426	CNA	1:12.71	L	13.6.15	Vila Franca de Xira (POR)	1:11.25
3	Rita Jorge Pinto	02	Juv B	121250	CIRL	1:13.89	S	17.5.15	Entroncamento (POR)	1:13.89
4	Carolina Morais Oliveira	02	Juv B	125132	CNA	1:17.38	L	13.6.15	Vila Franca de Xira (POR)	1:15.83
5	Ana Rita Matos	02	Juv B	127501	GESL	1:16.05	S	6.6.15	Alges (POR)	1:16.05
6	Mafalda Marques Pinto	02	Juv B	125422	SLB	1:17.66	L	26.6.15	Vila Franca de Xira (POR)	1:16.10
7	Beatriz Matozeiro Machado	02	Juv B	126298	SLB	1:18.72	L	26.6.15	Vila Franca de Xira (POR)	1:17.14
8	Margarida Bento Raposo	02	Juv B	125844	CNMJ	1:18.91	S	10.1.15	Benedita (POR)	1:18.91
9	Catarina Pinho Estevez	02	Juv B	124325	CNS	1:18.92	S	9.5.15	Alges (POR)	1:18.92
10	Carolina Ganhao Ferro	02	Juv B	126267	GESL	1:19.89	S	9.5.15	Alges (POR)	1:19.89
11	Maria Leonor Pedro	02	Juv B	124425	CNN	1:20.21	S	6.3.15	Setubal (POR)	1:20.21
12	Lara Moutinho Silva	02	Juv B	126286	PDEM	1:22.06	S	9.5.15	Alges (POR)	1:22.06
13	Natacha Sofia Silva	02	Juv B	125594	SLB	1:22.83	S	9.5.15	Alges (POR)	1:22.83
14	Mariana Antunes Silva	02	Juv B	137865	AEFDTV	1:24.66	L	26.6.15	Vila Franca de Xira (POR)	1:22.96
15	Mariana Pedro Pereira	02	Juv B	126180	GESL	1:23.86	S	9.5.15	Alges (POR)	1:23.86
16	Rita Costa Albuquerque	02	Juv B	126828	CDOM	1:24.25	S	19.4.15	Corroios (POR)	1:24.25
17	Sara Baptista Antunes	02	Juv B	128754	AEULCCD	1:25.12	S	9.5.15	Alges (POR)	1:25.12
18	Constanca Viana Goncalves	02	Juv B	126268	CNMJ	1:25.13	S	9.5.15	Alges (POR)	1:25.13
19	Daniela Ferreira Pinto	02	Juv B	129225	COL	1:27.06	L	13.6.15	Vila Franca de Xira (POR)	1:25.31
20	Patricia Alexandra Boto	02	Juv B	124329	ANSE	1:25.55	S	9.5.15	Alges (POR)	1:25.55
21	Iolanda Sofia Clérigo	02	Juv B	126878	CNS	1:26.28	S	9.5.15	Alges (POR)	1:26.28
22	Sofia Pinto Simeao	02	Juv B	122053	CIRL	1:29.65	S	17.5.15	Entroncamento (POR)	1:29.65
23	Mariana Lopes Albuquerque	02	Juv B	124323	CNS	1:31.12	S	7.3.15	Setubal (POR)	1:31.12
24	Margarida Migueis Rodrigues	02	Juv B	131873	ACP	1:32.91	S	9.5.15	Alges (POR)	1:32.91



Prova 5, Femin., 100m Costas

Juvenis A

1	Celeste Santos Ricardo	01	Juv A	121325	ANAM	1:09.42 S	6.6.15	Alges (POR)	1:09.42
2	Mafalda Sofia Dias	01	Juv A	121401	CNS	1:11.02 L	4.4.15	Coimbra (POR)	1:09.60
3	Mafalda Rato Monteiro	01	Juv A	121445	CNS	1:11.46 S	19.4.15	Coruche (POR)	1:11.46
4	Filipa Bile Grilo	01	Juv A	121502	SLB	1:12.08 S	6.6.15	Alges (POR)	1:12.08
5	Ana Cruz Antunes	01	Juv A	121501	SLB	1:13.63 L	26.7.15	Coimbra (POR)	1:12.15
6	Luisa Maria Machado	01	Juv A	121850	SFUAP	1:14.90 L	11.7.15	Setubal (POR)	1:13.40
7	Constança Dias Baptista	01	Juv A	126394	SLB	1:13.69 S	30.11.14	Alges (POR)	1:13.69
8	Luana Correia Rodrigues	01	Juv A	121504	CNA	1:16.19 L	13.6.15	Vila Franca de Xira (POR)	1:14.66
9	Joana Mira Pereira	01	Juv A	121237	CNS	1:14.85 S	12.12.14	Leiria (POR)	1:14.85
10	Tatiana Alexandre Cardoso	01	Juv A	127355	CNA	1:17.23 L	15.3.15	Vila Franca de Xira (POR)	1:15.68
11	Barbara Daniela Quaresma	01	Juv A	121162	ANSE	1:15.89 S	10.1.15	Benedita (POR)	1:15.89
12	Sara Rulin Loureiro	01	Juv A	123345	SLB	1:16.06 S	30.11.14	Alges (POR)	1:16.06
13	Juliana Goncalves Domingues	01	Juv A	129413	SLB	1:18.67 L	13.6.15	Vila Franca de Xira (POR)	1:17.09
14	Maria Rodrigues Tome	01	Juv A	121262	CDOM	1:20.14 L	16.5.15	Vila Franca de Xira (POR)	1:18.53
15	Mariana Bento Ricardo	01	Juv A	122047	MSMA	1:21.72 L	11.7.15	Setubal (POR)	1:20.08
16	Olga Santos Lourenco	01	Juv A	130025	CNCVCG	1:20.41 S	14.2.15	Caldas da Rainha (POR)	1:20.41
17	Rafaella Sofia Sobral	01	Juv A	117773	CNMJ	1:21.33 S	18.10.14	Setubal (POR)	1:21.33
18	Adriana Nogueira Mascarenhas	01	Juv A	124319	CNS	1:21.91 S	9.5.15	Alges (POR)	1:21.91
19	Carolina Baiao Ribeiro	01	Juv A	130035	PDEM	1:24.87 L	16.5.15	Vila Franca de Xira (POR)	1:23.17
20	Joana Sales Amaral	01	Juv A	126303	MSMA	1:26.67 L	16.5.15	Vila Franca de Xira (POR)	1:24.93
21	Ana Bárbara Alves	01	Juv A	137860	AEFDTV	1:25.00			1:25.00
22	Ines Pires Gomes	01	Juv A	127251	CFB	1:25.00			1:25.00
23	Rita Figueiredo Narra	01	Juv A	126465	CNA	1:25.00			1:25.00

Juniores

1	Ines Figueira Santos	00	Jun	111277	SFUAP	1:08.54 S	9.5.15	Alges (POR)	1:08.54
2	Sandra Filpa Mendes	00	Jun	122480	MSMA	1:11.49 L	13.6.15	Vila Franca de Xira (POR)	1:10.06
3	Sofia Dias Alves	99	Jun	111393	CNMJ	1:10.13 S	6.12.14	Ponte da Barca (POR)	1:10.13
4	Inês Vieira Almeida	99	Jun	122473	SFUAP	1:10.47 S	30.11.14	Alges (POR)	1:10.47
5	Joana Miguel Alexandre	99	Jun	111432	CFB	1:10.64 S	15.11.14	Portimao (POR)	1:10.64
6	Sofia Isabel Gouveia	00	Jun	121324	SFUAP	1:12.49 S	30.11.14	Alges (POR)	1:12.49
7	Filipa Maria Sousa	99	Jun	111365	ABVE	1:13.10 S	19.4.15	Coruche (POR)	1:13.10
8	Filipa Alves Raposeiro	00	Jun	120523	PDEM	1:14.81 L	7.2.15	Lisboa (POR)	1:13.31
9	Rita Filipa Paulino	00	Jun	118462	CNS	1:13.81 S	22.2.15	Montemor-o-Novo (POR)	1:13.81
10	Ana Catarina Lixa	00	Jun	127061	CNS	1:14.10 S	7.12.14	Ponte da Barca (POR)	1:14.10
11	Beatriz Pereira Gomes	00	Jun	118766	CFB	1:15.14 S	13.12.14	Leiria (POR)	1:15.14
12	Catarina Filipa Mosca	99	Jun	118243	ANAM	1:15.38 S	30.11.14	Alges (POR)	1:15.38
13	Laura Castico Moreira	00	Jun	117771	CNMJ	1:16.92 L	20.6.15	Rio Maior (POR)	1:15.38
14	Ana Madalena Mendes	00	Jun	124022	AEULCCD	1:16.45 S	9.5.15	Alges (POR)	1:16.45
15	Joana Silva Ulpiano	00	Jun	119425	CIRL	1:17.43 S	9.5.15	Alges (POR)	1:17.43
16	Catarina Vasques Couto	00	Jun	112372	CNS	1:21.49 S	19.4.15	Coruche (POR)	1:21.49
17	Ana Sofia Rodrigues	00	Jun	147232	CNCVCG	1:29.63 S	6.6.15	Alges (POR)	1:29.63
18	Mariana Fernandes Lemos	00	Jun	153434	CPCD	1:30.00			1:30.00
19	Patricia Alexandra Fernandes	99	Jun		CPCD	1:30.00			1:30.00
20	Jessica Sofia Maia	99	Jun		CPCD	1:30.00			1:30.00
21	Sofia Pinto Assuncao	99	Jun		CPCD	1:30.00			1:30.00
22	Andreia Mendes Silva	99	Jun	153115	PDEM	1:30.00			1:30.00
23	Carolina Goncalves Luiz	00	Jun	147147	PDEM	1:30.00			1:30.00
24	Ana Catarina Oliveira	99	Jun	112314	GESL	1:30.00			1:30.00

Seniores

1	Ana Marta Miranda	96	Sen	100377	SFUAP	1:06.94 S	20.12.14	Porto (POR)	1:06.94
2	Patricia Miguel Mendes	96	Sen	25590	ANAM	1:07.49 S	20.12.14	Porto (POR)	1:07.49
3	Marina Micaela Sequeira	98	Sen	112319	SFUAP	1:09.32 L	25.7.15	Coimbra (POR)	1:07.93
4	Sofia Alexandra Rolao	98	Sen	108413	SLB	1:08.39 S	20.12.14	Porto (POR)	1:08.39
5	Matilde Ferreira Nita	98	Sen	108412	CIRL	1:08.53 S	30.11.14	Alges (POR)	1:08.53
6	Beatriz Elisabete Pereira	97	Sen	132344	ANSE	1:13.57 L	6.6.15	Badajoz (ESP)	1:12.09
7	Ines Almeida Gomes	98	Sen	120186	CNN	1:13.49 S	29.11.14	Alges (POR)	1:13.49
8	Raquel Teixeira Pena	98	Sen	106326	SFUAP	1:13.56 S	14.2.15	Caldas da Rainha (POR)	1:13.56
9	Francisca Ferreira Fonseca	97	Sen	121585	CNN	1:18.25 L	16.5.15	Vila Franca de Xira (POR)	1:16.68
10	Sofia Raquel Piteira	98	Sen	107666	CNS	1:16.97 S	19.4.15	Coruche (POR)	1:16.97
11	Claudia Alexandra Mendes	95	Sen	126614	ACP	1:20.89 S	2.11.14	Braganca (POR)	1:20.89
12	Rita Oliveira Noritake	98	Sen	107643	ABVE	1:21.00			1:21.00
13	Barbara Rodrigues Pereira	98	Sen	117770	CNMJ	1:21.00			1:21.00
14	Debora Francisca Barata	98	Sen	153429	CPCD	1:21.00			1:21.00
15	Maria Ines Rodrigues	98	Sen	153433	CPCD	1:21.00			1:21.00
16	Rita Marques Pinto	98	Sen	127754	AEULCCD	1:21.00			1:21.00



Prova 5, Femin., 100m Costas

17	Ana Sofia Carvalho	98	Sen	112298	PDEM	1:21.00		1:21.00
18	Joana Macau Cantante	98	Sen	120521	PDEM	1:21.00		1:21.00
19	Ana Marisa Brito	90	Sen	12800	SLB	1:21.00		1:21.00
20	Soraia Guerra Rolim	95	Sen	121321	SLB	1:21.00		1:21.00
21	Catarina Isabel Cachao	98	Sen	108924	PDEM	1:33.13 L	21.6.15 Evora (POR)	1:31.26

Prova 6  
24.10.15

Masc., 100m Mariposa

Absolutos  
Lista inscritos

Rec Regional Juv B	57.70	Diogo Gomes Sousa	CNCVG	Alges	2010
Rec Regional Juv A	55.60	Diogo Gomes Sousa	CNCVG	Porto	2010
Rec Regional 17	53.97	Tiago Andre Venancio	CNS	Alapraia	2004
Rec Regional 18	53.87	Tiago Andre Venancio	CNS	Cantanhede	2004
Rec Regional Sen	51.70	Duarte Rafael Mourao	CNA	Leiria	2009
Rec Regional Absoluto	51.70	Duarte Rafael Mourao	CNA	Leiria	2009
Rec Nacional Juv B	57.32	Diogo Filipe Carvalho	CGA		
Rec Nacional Juv A	55.60	Diogo Gomes Sousa	CNCVG	Porto	2010
Rec Nacional 17	53.97	Tiago Andre Venancio	CNS	Alapraia	2004
Rec Nacional 18	53.87	Tiago Andre Venancio	CNS	Cantanhede	2004
Rec Nacional Sen	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	2009
Rec Nacional Absoluto	51.45	Diogo Filipe Carvalho	FPN	Estocolmo (SWE)	2009

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis B</b>									
1	David Matias Cristino	01	Juv B	127872	ANAM	1:03.58 S	10.5.15	Alges (POR)	1:03.58
2	Edgar Filipe Santos	01	Juv B	127750	ANAM	1:04.77 S	10.5.15	Alges (POR)	1:04.77
3	Tomas Afonso Graca	01	Juv B	127260	SLB	1:07.67 S	19.4.15	Corroios (POR)	1:07.67
4	Diogo Alexandre Araujo	01	Juv B	122109	ESJB	1:07.82 S	10.5.15	Alges (POR)	1:07.82
5	Rodrigo Ponte Jorge	01	Juv B	127873	ANAM	1:08.60 S	10.5.15	Alges (POR)	1:08.60
6	Rafael Alcantara Aires	01	Juv B	125130	ANAM	1:08.86 S	10.5.15	Alges (POR)	1:08.86
7	Ricardo Martins Bras	01	Juv B	121508	CFB	1:10.36 S	10.5.15	Alges (POR)	1:10.36
8	Carlos Filipe Lopes	01	Juv B	127265	ANAM	1:12.12 S	10.5.15	Alges (POR)	1:12.12
9	Gonçalo Silveirinha Caldeira	01	Juv B	128343	CNA	1:14.34 S	10.5.15	Guarda (POR)	1:14.34
10	Pedro Mendes Ferreira	01	Juv B	129621	CFB	1:17.66 S	19.4.15	Corroios (POR)	1:17.66
11	Rodrigo Melo Pinto	01	Juv B	128733	CNCVG	1:17.95 S	10.5.15	Alges (POR)	1:17.95
12	Claudio Filipe Pedroso	01	Juv B	126292	ABVE	1:19.39 S	17.5.15	Entroncamento (POR)	1:19.39
13	Hugo Tavares Reis	01	Juv B	123953	ESJB	1:20.85 S	10.5.15	Alges (POR)	1:20.85
14	Luis Martins Tripa	01	Juv B	126312	GESL	1:21.68 S	10.5.15	Alges (POR)	1:21.68
15	Joao Batista Silva	01	Juv B	127503	PDEM	1:22.70 S	10.5.15	Alges (POR)	1:22.70
16	Joao Luis Moita	01	Juv B	128283	CFB	1:23.00			1:23.00
17	Filipe Ferrão Melo	01	Juv B		CNS	1:23.00			1:23.00
18	Filipe Eduardo Morais	01	Juv B		CPCD	1:23.00			1:23.00
19	Rodrigo Mendes	01	Juv B	124303	ESJB	1:23.00			1:23.00
20	Bernardo Silva Felix	01	Juv B	129061	PDEM	1:39.45 S	10.5.15	Alges (POR)	1:39.45

**Juvenis A**

1	João Pedro Silva	00	Juv A	121616	ANAM	1:00.04 S	10.5.15	Alges (POR)	1:00.04
2	João fernandes Garcia	00	Juv A	130054	AEULCCD	1:02.63 S	13.12.14	Leiria (POR)	1:02.63
3	Simão Correia Ricardo	00	Juv A	121405	CNS	1:03.86 S	19.4.15	Coruche (POR)	1:03.86
4	Diogo Puidival Marques	00	Juv A	122045	EMDS	1:04.26 S	19.4.15	Coruche (POR)	1:04.26
5	Pedro Barata Neves	00	Juv A	118137	CIRL	1:04.32 S	19.4.15	Coruche (POR)	1:04.32
6	Bernardo Antunes Augusto	00	Juv A	122518	CNS	1:07.08 S	10.5.15	Alges (POR)	1:07.08
7	Tiago Miguel Silvestre	00	Juv A	122110	SLB	1:07.36 S	11.1.15	Benedita (POR)	1:07.36
8	Benkai He	00	Juv A	126903	AEFDTV	1:08.67 S	10.5.15	Alges (POR)	1:08.67
9	Diogo Monteiro Sousa	00	Juv A	118406	CNS	1:08.89 S	6.6.15	Alges (POR)	1:08.89
10	Rodrigo Guerreiro Benavente	00	Juv A	122962	EMDS	1:09.38 S	19.4.15	Coruche (POR)	1:09.38
11	Francisco Nunes Libreiro	00	Juv A	119805	SFUAP	1:09.53 S	10.5.15	Alges (POR)	1:09.53
12	Nuno Tiago Pinela	00	Juv A	121946	CNCVG	1:10.98 S	10.5.15	Alges (POR)	1:10.98
13	Oscar Miguel Nascimento	00	Juv A	128282	SLB	1:18.96 S	18.10.14	Setubal (POR)	1:18.96
14	Lucas Almeida Livramento	00	Juv A	123715	CNA	1:19.00			1:19.00
15	Rafael Alexandre Garrido	00	Juv A	125543	GESL	1:19.00			1:19.00
16	Antonio Maria Ferreira	00	Juv A	128468	PDEM	1:34.77 S	18.10.14	Setubal (POR)	1:34.77

Prova 6, Masc., 100m Mariposa

Juniores

1	Diogo Rodrigues Freitas	98	Jun	107680	SFUAP	1:00.77 S	29.11.14	Alges (POR)	1:00.77
2	Andre Tavares Grenho	99	Jun	120605	GESL	1:00.93 S	6.12.14	Ponte da Barca (POR)	1:00.93
3	Ruben Duarte Leitão	98	Jun	122265	EMDS	1:00.97 S	29.11.14	Alges (POR)	1:00.97
4	Tomas Silva Coxixo	99	Jun	118387	PDEM	1:01.55 S	13.12.14	Leiria (POR)	1:01.55
5	Andre Pires Faria	98	Jun	117961	CFB	1:02.34 S	29.11.14	Alges (POR)	1:02.34
6	Rodrigo Costa Teixeira	99	Jun	108410	CIRL	1:03.42 S	10.5.15	Alges (POR)	1:03.42
7	Rodrigo Ferreira Sousa	99	Jun	122964	GESL	1:03.92 S	29.11.14	Alges (POR)	1:03.92
8	Rafael Cruz Margarido	99	Jun	129965	CNS	1:04.54 S	19.4.15	Coruche (POR)	1:04.54
9	Leonardo Rochinha Pedro	98	Jun	111381	ABVE	1:04.87 S	29.11.14	Alges (POR)	1:04.87
10	Miguel Alexandre Canhao	99	Jun	111336	CIRL	1:06.16 S	17.5.15	Entroncamento (POR)	1:06.16
11	Goncalo Filipe Oliveira	98	Jun	112473	EMDS	1:06.92 S	19.4.15	Coruche (POR)	1:06.92
12	André Filipe Magalhães	98	Jun	111394	EMDS	1:07.05 S	19.4.15	Coruche (POR)	1:07.05
13	Vitor Diogo Paulino	98	Jun	112303	PDEM	1:09.11 S	29.11.14	Alges (POR)	1:09.11
14	Eduardo Garcia Guia	98	Jun	126881	PDEM	1:09.57 S	16.11.14	Cova da Piedade (POR)	1:09.57
15	Tiago Filipe Freitas	99	Jun	111281	SFUAP	1:09.82 S	10.5.15	Alges (POR)	1:09.82
16	Joao Andre Rodrigues	99	Jun	122968	GESL	1:11.27 S	6.6.15	Alges (POR)	1:11.27
17	Daniel Banhudo Lemos	99	Jun	121960	CIRL	1:12.60 S	17.5.15	Entroncamento (POR)	1:12.60
18	Gonçalo Alexandre Torgal	99	Jun	126867	ABVE	1:15.14 S	18.10.14	Setubal (POR)	1:15.14
19	Francisco Madruga Silva	98	Jun	129151	ACP	1:16.32 S	18.10.14	Setubal (POR)	1:16.32
20	Bruno Silva Vaz	99	Jun	119423	ABVE	1:17.00			1:17.00
21	Leandro Rosa Fernandes	99	Jun	153431	CPCD	1:17.00			1:17.00
22	Frederico Fonseca Marques	99	Jun	132352	PDEM	1:34.68 S	18.10.14	Setubal (POR)	1:34.68

Seniores

1	Joao Duarte Santos	95	Sen	26430	SLB	57.41 S	9.5.15	Silves (POR)	57.41
2	Fernando Jorge Rosado	88	Sen	12553	CIRL	57.97 S	19.4.15	Coruche (POR)	57.97
3	David Alexandre Lopes	89	Sen	13972	CNN	58.59 S	6.12.14	Ponte da Barca (POR)	58.59
4	Nuno Miguel Martins	96	Sen	105905	PDEM	59.94 S	29.11.14	Alges (POR)	59.94
5	David Granja Lopes	90	Sen	22490	PDEM	1:00.07 S	29.11.14	Alges (POR)	1:00.07
6	Goncalo Cunha Barros	95	Sen	127074	ANAM	1:00.11 S	14.2.15	Caldas da Rainha (POR)	1:00.11
7	Carlos Miguel Pinto	97	Sen	107661	CNS	1:00.78 S	6.6.15	Alges (POR)	1:00.78
8	David Carrasco Correia	97	Sen	108348	CFB	1:00.90 S	16.11.14	Portimao (POR)	1:00.90
9	Rodrigo Silverio Carmo	96	Sen	100588	ESJB	1:00.95 S	18.10.14	Setubal (POR)	1:00.95
10	Rafael Filipe Nunes	96	Sen	108344	ANAM	1:01.17 S	29.11.14	Alges (POR)	1:01.17
11	Miguel Angelo Alves	96	Sen	104760	ANSE	1:01.29 S	29.11.14	Alges (POR)	1:01.29
12	Andre Rafael Marinho	93	Sen	10643	SFUAP	1:01.51 S	29.11.14	Alges (POR)	1:01.51
13	Ricardo Cansado Lourenco	97	Sen	100385	ANSE	1:02.03 S	29.11.14	Alges (POR)	1:02.03
14	Goncalo Maria Matos	95	Sen	117938	CFB	1:02.17 S	29.11.14	Alges (POR)	1:02.17
15	Jose Pedro Rosario	96	Sen	128021	ANSE	1:02.70 S	19.4.15	Coruche (POR)	1:02.70
16	Rodrigo Palmela Costa	96	Sen	104379	CNN	1:03.28 S	19.4.15	Coruche (POR)	1:03.28
17	Frederico Antunes Silva	95	Sen	25578	ANSE	1:05.15 S	18.10.14	Setubal (POR)	1:05.15
18	Rui Miguel Correia	96	Sen	105378	CNMJ	1:05.96 S	2.5.15	Estremoz (POR)	1:05.96
19	Luis David Rodrigues	96	Sen	124021	SLB	1:05.99 S	18.10.14	Setubal (POR)	1:05.99
20	Bruno Ricardo Custodio	89	Sen	127170	ANSE	1:06.46 S	18.10.14	Setubal (POR)	1:06.46
21	Francisco Miguel Costa	96	Sen	129975	ACP	1:06.78 S	1.11.14	Braganca (POR)	1:06.78
22	Luis Henrique Ferreira	97	Sen	103577	EMDS	1:09.03 S	18.10.14	Setubal (POR)	1:09.03
23	Ivo Manuel Reis	93	Sen	129149	ACP	1:11.55 S	18.10.14	Setubal (POR)	1:11.55
24	Miguel Dordio Carreiro	97	Sen	117307	GESL	1:15.64 S	18.10.14	Setubal (POR)	1:15.64
25	Ricardo Andrade Belezas	91	Sen	132918	CNA	1:15.67 S	29.11.14	Alges (POR)	1:15.67
26	Joao Francisco Duarte	96	Sen	129150	ACP	1:17.74 S	18.10.14	Setubal (POR)	1:17.74
27	Edgar Silva Godinho	95	Sen	111201	ANAM	1:18.00			1:18.00
28	Sergio Alexandre Dantas	95	Sen		CPCD	1:18.00			1:18.00
29	João Carlos Santos	96	Sen	104253	SFUAP	1:18.00			1:18.00
30	Joao Miguel Cardoso	97	Sen	109124	GESL	1:18.00			1:18.00
31	Pedro Dordio Carreiro	97	Sen	120560	GESL	1:18.00			1:18.00
32	Daniel Filipe Cazeiro	97	Sen	104378	CIRL	1:18.00			1:18.00

Prova 7  
24.10.15

Femin., 100m Estilos

Absolutos  
Lista inscritos

Rec Regional 16	1:04.11	Maria Carolina Rosa	SCP	Leiria	2009
Rec Regional 17	1:02.68	Ines Camacho Fernandes	SCP	Felgueiras	2013
Rec Regional Sen	1:03.32	Diana Duarte Gomes	CNA	Leiria	2009
Rec Regional Absoluto	1:02.68	Ines Camacho Fernandes	SCP	Felgueiras	2013
Rec Nacional 16	1:04.11	Maria Carolina Rosa	SCP	Leiria	2009
Rec Nacional 17	1:02.68	Ines Camacho Fernandes	SCP	Felgueiras	2013
Rec Nacional Sen	1:02.09	Victoria Kaminskaya	PIMP	Porto	2014
Rec Nacional Absoluto	1:02.09	Victoria Kaminskaya	PIMP	Porto	2014

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
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Juiores

1	Filipa Carreira Alves	99	Jun	118479	SFUAP	1:13.08 S	31.1.15 Torres Novas (POR)	1:13.08
2	Ana Carolina Mira	00	Jun	118779	CNS	1:15.06 S	22.2.15 Montemor-o-Novo (POR)	1:15.06
3	Ana Rita Agostinho	99	Jun	117311	CNMJ	1:20.53 S	18.10.14 Setubal (POR)	1:20.53
4	Ines Valadares Ramos	99	Jun	124176	AEFDTV	1:25.00		1:25.00
5	Margarida Rito Reis	00	Jun	123713	CFB	1:25.00		1:25.00
6	Ana Sofia Rodrigues	00	Jun	147232	CNCVGG	1:25.00		1:25.00
7	Sofia Dias Alves	99	Jun	111393	CNMJ	1:25.00		1:25.00
8	Ana Fernandes Costa	00	Jun	121407	CNMJ	1:25.00		1:25.00
9	Laura Castico Moreira	00	Jun	117771	CNMJ	1:25.00		1:25.00
10	Ema Filipa Rosario	00	Jun	120561	CNMJ	1:25.00		1:25.00
11	Catarina Vasques Couto	00	Jun	112372	CNS	1:25.00		1:25.00
12	Margarida Pereira Correia	99	Jun	153432	CPCD	1:25.00		1:25.00
13	Mariana Fernandes Lemos	00	Jun	153434	CPCD	1:25.00		1:25.00
14	Patricia Alexandra Fernandes	99	Jun		CPCD	1:25.00		1:25.00
15	Daniela Eleuterio Correia	00	Jun	119110	MSMA	1:25.00		1:25.00
16	Bruna Lourenco Rodrigues	00	Jun	119112	MSMA	1:25.00		1:25.00
17	Filipa Alves Raposeiro	00	Jun	120523	PDEM	1:25.00		1:25.00
18	Andreia Mendes Silva	99	Jun	153115	PDEM	1:25.00		1:25.00
19	Carolina Goncalves Luiz	00	Jun	147147	PDEM	1:25.00		1:25.00
20	Inês Vieira Almeida	99	Jun	122473	SFUAP	1:25.00		1:25.00

Seniores

1	Ana Marta Miranda	96	Sen	100377	SFUAP	1:07.64 S	28.11.14 Alges (POR)	1:07.64
2	Bruna Martins Riesenberger	97	Sen	105541	CIRL	1:09.39 S	31.1.15 Torres Novas (POR)	1:09.39
3	Sofia Prates Silvestre	95	Sen	121320	ANAM	1:09.59 S	28.11.14 Alges (POR)	1:09.59
4	Rute Margarida Marques	94	Sen	25359	CNA	1:09.90 S	28.11.14 Alges (POR)	1:09.90
5	Soraia Guerra Rolim	95	Sen	121321	SLB	1:12.50 S	28.11.14 Alges (POR)	1:12.50
6	Margarida Messias Ribeiro	98	Sen	110544	GESL	1:12.98 S	28.11.14 Alges (POR)	1:12.98
7	Cristiana Silva Ulpiano	95	Sen	100250	CIRL	1:13.23 S	28.11.14 Alges (POR)	1:13.23
8	Barbara Rodrigues Pereira	98	Sen	117770	CNMJ	1:13.79 S	18.10.14 Setubal (POR)	1:13.79
9	Sofia Oliveira Pinto	94	Sen	12766	SLB	1:16.06 S	16.11.14 Cova da Piedade (POR)	1:16.06
10	Catarina Natario Moreira	97	Sen	109977	ANSE	1:20.78 S	15.3.15 Ponte de Sor (POR)	1:20.78
11	Cristiana Maria Sanches	95	Sen	26526	ANSE	1:21.67 S	18.10.14 Setubal (POR)	1:21.67
12	Beatriz Santos Almeida	96	Sen	111199	ANAM	1:22.00		1:22.00
13	Patricia Miguel Mendes	96	Sen	25590	ANAM	1:22.00		1:22.00
14	Beatriz Elisabete Pereira	97	Sen	132344	ANSE	1:22.00		1:22.00
15	Eunice Évora Almeida	94	Sen	147227	CNA	1:22.00		1:22.00
16	Debora Francisca Barata	98	Sen	153429	CPCD	1:22.00		1:22.00
17	Maria Ines Rodrigues	98	Sen	153433	CPCD	1:22.00		1:22.00
18	Ana Sofia Carvalho	98	Sen	112298	PDEM	1:22.00		1:22.00
19	Catarina Isabel Cachao	98	Sen	108924	PDEM	1:22.00		1:22.00
20	Raquel Teixeira Pena	98	Sen	106326	SFUAP	1:22.00		1:22.00

Prova 8  
24.10.15

Masc., 4 x 50m Estilos

Absolutos  
Lista inscritos

Rec Nacional Jun	1:44.80	Futebol Clube do Porto	FCP	Felgueiras	2013
Rec Nacional Sen	1:38.95	CCD Estrelas S. Joao de Brito	ESJB	Porto	2014
Rec Nacional Absoluto	1:38.95	CCD Estrelas S. Joao de Brito	ESJB	Porto	2014

Ord.		Categ.	NºLic.	Clube	Tempo Inscr.
<b>Absolutos</b>					
1	Benfica	Abs		Benfica	1:47.74
2	Nacional Natação	Abs		Nacional Natação	1:51.51
3	Palmela Desporto	Abs		Palmela Desporto	1:52.00
4	Nautica do Seixal	Abs		Nautica do Seixal	1:55.03
5	Gesloures	Abs		Gesloures	1:56.63
6	Naval Setubalense	Abs		Naval Setubalense	1:58.88
7	Atlético	Abs		Atlético	2:00.00
8	Naval Amorense	Abs		Naval Amorense	2:00.00
9	CPCD Póvoa Sta Iria	Abs		CPCD Póvoa Sta Iria	2:06.35
10	Amadora	Abs		Amadora	2:22.95
11	Estoris	Abs		Estoris	2:25.00



**Prova 9** **Absolutos**  
**25.10.15** **Lista inscritos**  
**Masc., 4 x 50m Livres**

Rec Nacional Jun	1:35.76	Futebol Clube do Porto/Imperio Bonanca	FCP	Felgueiras	2006
Rec Nacional Sen	1:29.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	2009
Rec Nacional Absoluto	1:29.97	Futebol Clube do Porto/Dolce Vita	FCP	Leiria	2009

Ord. Categ. NºLic. Clube Tempo Inscr.

**Absolutos**

1	Benfica	Abs	Benfica	1:37.04
2	Palmela Desporto	Abs	Palmela Desporto	1:40.00
3	Nautica do Seixal	Abs	Nautica do Seixal	1:42.43
4	Gesloures	Abs	Gesloures	1:44.72
5	Naval Setubalense	Abs	Naval Setubalense	1:46.41
6	Nacional Natação	Abs	Nacional Natação	1:46.44
7	Naval Amorense	Abs	Naval Amorense	1:50.00
8	CPCD Póvoa Sta Iria	Abs	CPCD Póvoa Sta Iria	1:51.55
9	Atlético	Abs	Atlético	1:52.00
10	Amadora	Abs	Amadora	1:57.81
11	Estoris	Abs	Estoris	2:00.00

**Prova 10** **Absolutos**  
**25.10.15** **Lista inscritos**  
**Femin., 100m Livres**

Rec Regional Juv B	59.46	Isabel Pinto Abreu	CFB	Abrantes	2010
Rec Regional Juv A	57.52	Raquel Gomes Pereira	SAD	Algés	2015
Rec Regional 16	56.78	Maria Carolina Rosa	SCP	Leiria	2009
Rec Regional 17	57.31	Rita Barros Frischknecht	SAD	Porto	2014
Rec Regional Sen	55.43	Patricia Vilas Conceicao	CNA	S. Antonio Cavaleiros	2009
Rec Regional Absoluto	55.43	Patricia Vilas Conceicao	CNA	S. Antonio Cavaleiros	2009
Rec Nacional Juv B	59.25	Ana Margarida Guedes	GCVR	Algés	2015
Rec Nacional Juv A	57.52	Raquel Gomes Pereira	SAD	Algés	2015
Rec Nacional 16	56.78	Maria Carolina Rosa	SCP	Leiria	2009
Rec Nacional 17	57.33	Claudia Sofia Monteiro	CFV	Sines	2008
Rec Nacional Sen	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	2009
Rec Nacional Absoluto	55.43	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	2009

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord. Nome Nadador Ano Categ. Lic.Nr Clube Tempo Data Local T.Conv.

**Juvenis B**

1	Maria Oliveira Paulo	02	Juv B	126497	GDSE	1:06.48 L	18.7.15	Oeiras (POR)	1:05.15
2	Rita Jorge Pinto	02	Juv B	121250	CIRL	1:06.58 L	18.7.15	Oeiras (POR)	1:05.24
3	Mafalda Marques Pinto	02	Juv B	125422	SLB	1:06.75 L	18.7.15	Oeiras (POR)	1:05.41
4	Filipa Inacio Cazeiro	02	Juv B	121158	CIRL	1:07.46 L	4.7.15	Rio Maior (POR)	1:06.11
5	Ana Raquel Graveto	02	Juv B	129628	SLB	1:08.81 L	14.6.15	Vila Franca de Xira (POR)	1:07.43
6	Margarida Cunha Barros	02	Juv B	127076	ANAM	1:09.45 L	14.6.15	Vila Franca de Xira (POR)	1:08.06
7	Patricia Marques Bacelar	02	Juv B	122035	GDSE	1:10.08 L	28.6.15	Vila Franca de Xira (POR)	1:08.67
8	Ana Catarina Barata	02	Juv B	126477	SFUAP	1:10.63 L	14.6.15	Vila Franca de Xira (POR)	1:09.21
9	Luana Gonçalves Dantas	02	Juv B	124419	CNN	1:10.94 L	19.7.15	Oeiras (POR)	1:09.52
10	Maria Leonor Pedro	02	Juv B	124425	CNN	1:09.61 S	7.3.15	Setubal (POR)	1:09.61
11	Lara Moutinho Silva	02	Juv B	126286	PDEM	1:09.82 S	7.3.15	Setubal (POR)	1:09.82
12	Rita Costa Albuquerque	02	Juv B	126828	CDOM	1:12.00 S	7.3.15	Setubal (POR)	1:12.00
13	Natacha Sofia Silva	02	Juv B	125594	SLB	1:12.54 S	10.5.15	Alges (POR)	1:12.54
14	Margarida Bento Raposo	02	Juv B	125844	CNMJ	1:13.28 S	10.5.15	Alges (POR)	1:13.28
15	Maria Claro Domingues	02	Juv B	148576	CNN	1:14.93 L	27.6.15	Vila Franca de Xira (POR)	1:13.43
16	Patricia Alexandra Boto	02	Juv B	124329	ANSE	1:16.00 L	14.6.15	Vila Franca de Xira (POR)	1:14.48
17	Beatriz Matozeiro Machado	02	Juv B	126298	SLB	1:14.49 S	10.5.15	Alges (POR)	1:14.49
18	Sara Baptista Antunes	02	Juv B	128754	AEULCCD	1:14.80 S	10.5.15	Alges (POR)	1:14.80
19	Iolanda Sofia Clérigo	02	Juv B	126878	CNS	1:16.47 S	22.2.15	Montemor-o-Novo (POR)	1:16.47
20	Mariana Guimaraes Marques	02	Juv B	131875	ACP	1:17.04 S	10.5.15	Alges (POR)	1:17.04
21	Sofia Pinto Simeao	02	Juv B	122053	CIRL	1:17.62 S	7.3.15	Setubal (POR)	1:17.62
22	Margarida Migueis Rodrigues	02	Juv B	131873	ACP	1:21.06 S	10.5.15	Alges (POR)	1:21.06
23	Mariana Antunes Silva	02	Juv B	137865	AEFDTV	1:22.00			1:22.00

### Prova 10, Femin., 100m Livres

24	Daniela Sofia Fernandes	02	Juv B		CPCD	1:22.00		1:22.00
25	Madalena Dominguez	02	Juv B	NFED	CNN	1:22.00		1:22.00

### Juvenis A

1	Filipa Serrano Rodrigues	01	Juv A	112310	SFUAP	1:02.08 S	10.5.15	Alges (POR)	1:02.08
2	Ana Cruz Antunes	01	Juv A	121501	SLB	1:03.37 L	26.7.15	Coimbra (POR)	1:02.10
3	Mafalda Rato Monteiro	01	Juv A	121445	CNS	1:02.35 S	19.4.15	Coruche (POR)	1:02.35
4	Barbara Francisco Ferreira	01	Juv A	125344	GESL	1:03.68 L	12.4.15	Oeiras (POR)	1:02.40
5	Celeste Santos Ricardo	01	Juv A	121325	ANAM	1:04.15 L	4.4.15	Coimbra (POR)	1:02.86
6	Luisa Maria Machado	01	Juv A	121850	SFUAP	1:04.28 L	17.5.15	Vila Franca de Xira (POR)	1:02.99
7	Sara Rulin Loureiro	01	Juv A	123345	SLB	1:03.43 S	6.6.15	Alges (POR)	1:03.43
8	Carolina Maria Silveiro	01	Juv A	130369	CIRL	1:05.82 L	4.7.15	Rio Maior (POR)	1:04.50
9	Constança Dias Baptista	01	Juv A	126394	SLB	1:06.06 L	14.6.15	Vila Franca de Xira (POR)	1:04.73
10	Juliana Goncalves Domingues	01	Juv A	129413	SLB	1:04.86 S	6.6.15	Alges (POR)	1:04.86
11	Filipa Bile Grilo	01	Juv A	121502	SLB	1:08.23 L	15.3.15	Vila Franca de Xira (POR)	1:06.86
12	Maria Rodrigues Tome	01	Juv A	121262	CDOM	1:08.58 L	15.3.15	Vila Franca de Xira (POR)	1:07.20
13	Ines Rodrigues Ferreira	01	Juv A	125193	SLB	1:07.38 S	28.11.14	Alges (POR)	1:07.38
14	Sara Alexandra Sousa	01	Juv A	125345	GESL	1:07.40 S	10.5.15	Alges (POR)	1:07.40
15	Liliana Simoes Romao	01	Juv A	126179	GESL	1:07.99 S	13.12.14	Leiria (POR)	1:07.99
16	Barbara Daniela Quaresma	01	Juv A	121162	ANSE	1:11.83 L	17.5.15	Vila Franca de Xira (POR)	1:10.39
17	Adriana Nogueira Mascarenhas	01	Juv A	124319	CNS	1:11.40 S	19.4.15	Coruche (POR)	1:11.40
18	Madalena Marques Joaquim	01	Juv A	121505	SLB	1:12.51 S	28.11.14	Alges (POR)	1:12.51
19	Rafaela Sofia Sobral	01	Juv A	117773	CNMJ	1:13.49 S	19.10.14	Setubal (POR)	1:13.49
20	Constanca Neves Carneiro	01	Juv A	153250	ACP	1:20.15 L	17.5.15	Vila Franca de Xira (POR)	1:18.54
21	Ana Bárbara Alves	01	Juv A	137860	AEFDTV	1:20.00			1:20.00
22	Ines Pires Gomes	01	Juv A	127251	CFB	1:20.00			1:20.00

### Juniores

1	Sofia Alexandra Nunes	00	Jun	112322	CIRL	1:00.11 L	26.7.15	Coimbra (POR)	58.90
2	Filipa Carreira Alves	99	Jun	118479	SFUAP	1:01.12 L	12.4.15	Oeiras (POR)	59.89
3	Sofia Isabel Gouveia	00	Jun	121324	SFUAP	1:01.53 L	14.6.15	Vila Franca de Xira (POR)	1:00.29
4	Ines Figueira Santos	00	Jun	111277	SFUAP	1:01.16 S	10.5.15	Alges (POR)	1:01.16
5	Margarida Valente Orrico	00	Jun	118395	SFUAP	1:03.02 L	2.4.15	Coimbra (POR)	1:01.76
6	Claudia Ferreira Borges	99	Jun	116591	SLB	1:02.61 S	31.1.15	Torres Novas (POR)	1:02.61
7	Eva Guerreiro Carvalho	99	Jun	111392	SFUAP	1:03.00 S	28.11.14	Alges (POR)	1:03.00
8	Ema Filipa Rosario	00	Jun	120561	CNMJ	1:03.31 S	28.11.14	Alges (POR)	1:03.31
9	Ana Catarina Oliveira	99	Jun	112314	GESL	1:04.12 S	28.11.14	Alges (POR)	1:04.12
10	Margarida Rito Reis	00	Jun	123713	CFB	1:04.79 S	28.11.14	Alges (POR)	1:04.79
11	Inês Vieira Almeida	99	Jun	122473	SFUAP	1:05.11 S	28.11.14	Alges (POR)	1:05.11
12	Joana Miguel Alexandre	99	Jun	111432	CFB	1:05.29 S	19.10.14	Setubal (POR)	1:05.29
13	Margarida Pereira Correia	99	Jun	153432	CPCD	1:06.90 L	12.7.15	Setubal (POR)	1:05.56
14	Sofia Dias Alves	99	Jun	111393	CNMJ	1:06.02 S	7.12.14	Ponte da Barca (POR)	1:06.02
15	Catarina Filipa Mosca	99	Jun	118243	ANAM	1:07.48 L	15.3.15	Vila Franca de Xira (POR)	1:06.13
16	Alice Maria Lopes	00	Jun	119476	SFUAP	1:06.38 S	10.5.15	Alges (POR)	1:06.38
17	Gabriela Silva Godinho	00	Jun	118453	CIRL	1:07.81 L	20.6.15	Rio Maior (POR)	1:06.45
18	Filipa Alves Raposeiro	00	Jun	120523	PDEM	1:07.92 L	15.3.15	Vila Franca de Xira (POR)	1:06.56
19	Beatriz Pereira Gomes	00	Jun	118766	CFB	1:07.96 L	14.6.15	Vila Franca de Xira (POR)	1:06.60
20	Mariana Fernandes Lemos	00	Jun	153434	CPCD	1:09.63 L	12.7.15	Setubal (POR)	1:08.23
21	Beatriz Jesus Pereira	00	Jun	117772	CNMJ	1:10.17 L	15.3.15	Vila Franca de Xira (POR)	1:08.76
22	Ana Madalena Mendes	00	Jun	124022	AEULCCD	1:09.69 S	10.5.15	Alges (POR)	1:09.69
23	Laura Castico Moreira	00	Jun	117771	CNMJ	1:11.28 L	12.7.15	Setubal (POR)	1:09.85
24	Mariana Rodrigues Santos	00	Jun	128825	GESL	1:10.51 S	6.6.15	Alges (POR)	1:10.51
25	Sofia Pinto Assuncao	99	Jun		CPCD	1:15.00			1:15.00
26	Joana Sofia Rodrigues	00	Jun		CPCD	1:15.00			1:15.00
27	Carolina Goncalves Luiz	00	Jun	147147	PDEM	1:15.00			1:15.00
28	Andreia Mendes Silva	99	Jun	153115	PDEM	1:23.70 L	21.6.15	Evora (POR)	1:22.02

### Seniores

1	Raquel Teixeira Pena	98	Sen	106326	SFUAP	1:01.18 L	2.4.15	Coimbra (POR)	59.95
2	Sofia Alexandra Rolao	98	Sen	108413	SLB	1:01.40 S	6.6.15	Alges (POR)	1:01.40
3	Marina Micaela Sequeira	98	Sen	112319	SFUAP	1:02.72 L	24.7.15	Coimbra (POR)	1:01.46
4	Soraia Guerra Rolim	95	Sen	121321	SLB	1:02.15 S	28.11.14	Alges (POR)	1:02.15
5	Sofia Prates Silvestre	95	Sen	121320	ANAM	1:02.26 S	16.11.14	Cova da Piedade (POR)	1:02.26
6	Filipa Silva Cruz	92	Sen	10928	CIRL	1:02.90 S	30.11.14	Alges (POR)	1:02.90
7	Beatriz Elisabete Pereira	97	Sen	132344	ANSE	1:03.06 S	19.4.15	Coruche (POR)	1:03.06
8	Dalia Sofia Curto	95	Sen	108816	CNN	1:04.47 L	5.7.15	Coimbra (POR)	1:03.18
9	Francisca Ferreira Fonseca	97	Sen	121585	CNN	1:03.20 S	6.12.14	Ponte da Barca (POR)	1:03.20
10	Beatriz Santos Almeida	96	Sen	111199	ANAM	1:04.82 L	15.3.15	Vila Franca de Xira (POR)	1:03.52

Prova 10, Femin., 100m Livres

11	Ana Luisa Santo	95	Sen	117843	SLB	1:05.72 L	15.3.15	Vila Franca de Xira (POR)	1:04.40
12	Mariana Van Ossenbruggen	98	Sen	105545	CIRL	1:05.72 L	8.2.15	Lisboa (POR)	1:04.40
13	Mafalda Alexandra Henriques	98	Sen	105308	SLB	1:04.70 S	19.4.15	Coruche (POR)	1:04.70
14	Ines Almeida Gomes	98	Sen	120186	CNN	1:06.19 L	5.7.15	Coimbra (POR)	1:04.86
15	Patricia Miguel Mendes	96	Sen	25590	ANAM	1:04.90 S	28.11.14	Alges (POR)	1:04.90
16	Ana Sofia Filipe	95	Sen	26887	CNN	1:05.08 S	19.4.15	Coruche (POR)	1:05.08
17	Debora Francisca Barata	98	Sen	153429	CPCD	1:06.71 L	12.7.15	Setubal (POR)	1:05.37
18	Rita Marques Pinto	98	Sen	127754	AEULCCD	1:08.12 S	6.6.15	Alges (POR)	1:08.12
19	Catarina Natario Moreira	97	Sen	109977	ANSE	1:08.71 S	15.3.15	Ponte de Sor (POR)	1:08.71
20	Maria Ines Rodrigues	98	Sen	153433	CPCD	1:11.46 L	12.7.15	Setubal (POR)	1:10.03
21	Beatriz Vicente Santos	97	Sen	104744	AEULCCD	1:12.89 S	25.10.14	Tavira (POR)	1:12.89
22	Claudia Alexandra Mendes	95	Sen	126614	ACP	1:13.00			1:13.00
23	Carolina Madeira Santos	96	Sen	104254	ANAM	1:13.00			1:13.00
24	Sara Felipe Costa	94	Sen	120971	ANAM	1:13.00			1:13.00
25	Ana Sofia Carvalho	98	Sen	112298	PDEM	1:13.00			1:13.00
26	Catarina Isabel Cachao	98	Sen	108924	PDEM	1:13.00			1:13.00
27	Joana Macau Cantante	98	Sen	120521	PDEM	1:13.00			1:13.00
28	Ana Marta Miranda	96	Sen	100377	SFUAP	1:13.00			1:13.00
29	Matilde Ferreira Nita	98	Sen	108412	CIRL	1:13.00			1:13.00

Prova 11

Masc., 200m Estilos

Absolutos

25.10.15

Lista inscritos

Rec Regional Juv B	2:10.75	Diogo Leal Dantas	SCP	Algés	2015
Rec Regional Juv A	2:06.94	Diogo Gomes Sousa	CNCVG	Estoril, Alapraia	2011
Rec Regional 17	2:04.10	Tiago André Venâncio	CNS	Alapraia	2004
Rec Regional 18	2:01.23	Alexis Manacas Santos	SCP	Leiria	2009
Rec Regional Sen	1:55.48	Alexis Manacas Santos	SCP	Porto	2014
Rec Regional Absoluto	1:55.48	Alexis Manacas Santos	SCP	Porto	2014
Rec Nacional Juv B	2:08.27	Diogo Filipe Carvalho	CGA	Fafe	2003
Rec Nacional Juv A	2:05.34	Diogo Filipe Carvalho	CGA	Aveiro	2004
Rec Nacional 17	2:02.96	Diogo Filipe Carvalho	CGA	Mealhada	2005
Rec Nacional 18	2:00.80	Diogo Filipe Carvalho	CGA	Alapraia	2005
Rec Nacional Sen	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009
Rec Nacional Absoluto	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis B</b>									
1	David Matias Cristino	01	Juv B	127872	ANAM	2:24.22 L	19.7.15	Oeiras (POR)	2:21.33
2	Rodrigo Ponte Jorge	01	Juv B	127873	ANAM	2:25.49 S	9.5.15	Alges (POR)	2:25.49
3	Gonçalo Silveirinha Caldeira	01	Juv B	128343	CNA	2:28.46 L	19.7.15	Oeiras (POR)	2:25.49
4	Gonçalo Carvalho Ferrao	01	Juv B	127233	ANSE	2:26.24 S	29.3.15	Silves (POR)	2:26.24
5	Edgar Filipe Santos	01	Juv B	127750	ANAM	2:28.23 S	9.5.15	Alges (POR)	2:28.23
6	Ricardo Martins Bras	01	Juv B	121508	CFB	2:28.26 S	9.5.15	Alges (POR)	2:28.26
7	Rafael Alcantara Aires	01	Juv B	125130	ANAM	2:29.16 S	9.5.15	Alges (POR)	2:29.16
8	Guilherme Filipe Alcobia	01	Juv B	126473	SLB	2:35.10 L	28.6.15	Vila Franca de Xira (POR)	2:31.99
9	Rodrigo Almeida Cabrito	01	Juv B	121510	CFB	2:36.24 L	28.6.15	Vila Franca de Xira (POR)	2:33.11
10	Vasco Pulquerio Marques	01	Juv B	122037	GDSE	2:34.56 S	9.5.15	Alges (POR)	2:34.56
11	Ricardo Correia Teixeira	01	Juv B	130134	CFB	2:40.87 L	28.6.15	Vila Franca de Xira (POR)	2:37.65
12	Carlos Filipe Lopes	01	Juv B	127265	ANAM	2:40.02 S	9.5.15	Alges (POR)	2:40.02
13	Bernardo Silva Felix	01	Juv B	129061	PDEM	2:47.91 L	21.6.15	Evora (POR)	2:44.55
14	Claudio Filipe Pedroso	01	Juv B	126292	ABVE	2:46.72 S	17.5.15	Entroncamento (POR)	2:46.72
15	Frederico Marques Mau	01	Juv B	128168	EMDS	2:48.54 S	25.10.14	Lisboa (POR)	2:48.54
16	Andrei Truhanov	01	Juv B	132807	CNS	2:59.03 L	21.6.15	Evora (POR)	2:55.44
17	Joao Batista Silva	01	Juv B	127503	PDEM	2:55.46 S	25.1.15	Lisboa (POR)	2:55.46
18	Goncalo Matos Pereira	01	Juv B	129052	GESL	2:58.32 S	25.1.15	Lisboa (POR)	2:58.32
19	Joao Luis Moita	01	Juv B	128283	CFB	3:02.03 S	25.1.15	Lisboa (POR)	3:02.03
20	Pedro Mendes Ferreira	01	Juv B	129621	CFB	3:08.00			3:08.00
21	Filipe Ferrão Melo	01	Juv B		CNS	3:08.00			3:08.00
22	Filipe Eduardo Morais	01	Juv B		CPCD	3:08.00			3:08.00

Prova 11, Masc., 200m Estilos

Juvenis A

1	Jose Tomas Simeao	00	Juv A	119420	CIRL	2:17.17 L	26.7.15	Coimbra (POR)	2:14.42
2	Daniel Nogueira Catalão	00	Juv A	127075	SFUAP	2:18.64 S	9.5.15	Alges (POR)	2:18.64
3	Simão Correia Ricardo	00	Juv A	121405	CNS	2:24.71 L	13.6.15	Vila Franca de Xira (POR)	2:21.81
4	João Pedro Silva	00	Juv A	121616	ANAM	2:22.97 S	9.5.15	Alges (POR)	2:22.97
5	Bernardo Antunes Augusto	00	Juv A	122518	CNS	2:25.09 S	9.5.15	Alges (POR)	2:25.09
6	Benkai He	00	Juv A	126903	AEFDTV	2:25.96 S	9.5.15	Alges (POR)	2:25.96
7	Vicente Morgado Ventoso	00	Juv A	126466	CFB	2:30.87 S	9.5.15	Alges (POR)	2:30.87
8	Miguel Henriques Marques	00	Juv A	120530	SFUAP	2:31.98 S	9.5.15	Alges (POR)	2:31.98
9	Francisco Nunes Libreiro	00	Juv A	119805	SFUAP	2:33.40 S	9.5.15	Alges (POR)	2:33.40
10	Diogo Puidival Marques	00	Juv A	122045	EMDS	2:33.44 S	9.5.15	Alges (POR)	2:33.44
11	Diogo Alexandre Santos	00	Juv A	116590	CNMJ	2:35.54 S	9.5.15	Alges (POR)	2:35.54
12	Rodrigo Guerreiro Benavente	00	Juv A	122962	EMDS	2:37.44 S	9.5.15	Alges (POR)	2:37.44
13	Guilherme Maria Matos	00	Juv A	117944	CFB	2:37.65 S	25.1.15	Lisboa (POR)	2:37.65
14	Antonio Maria Ferreira	00	Juv A	128468	PDEM	2:53.35 S	9.5.15	Alges (POR)	2:53.35
15	Lucas Almeida Livramento	00	Juv A	123715	CNA	2:54.00			2:54.00

Juniores

1	Jose Paula Carvalho	98	Jun	111450	SFUAP	2:12.11 S	20.12.14	Porto (POR)	2:12.11
2	Afonso Calais Queiroga	98	Jun	112311	SFUAP	2:17.41 L	4.4.15	Coimbra (POR)	2:14.66
3	Tomas Silva Coxixo	99	Jun	118387	PDEM	2:18.49 S	9.5.15	Alges (POR)	2:18.49
4	Andre Pires Faria	98	Jun	117961	CFB	2:23.53 L	17.5.15	Vila Franca de Xira (POR)	2:20.65
5	Miguel Falco Pereira	99	Jun	123714	CFB	2:23.79 S	9.5.15	Alges (POR)	2:23.79
6	Filipe Alexandre Silva	99	Jun	122940	SFUAP	2:24.75 S	29.11.14	Alges (POR)	2:24.75
7	Eduardo Garcia Guia	98	Jun	126881	PDEM	2:28.82 L	17.5.15	Vila Franca de Xira (POR)	2:25.84
8	Miguel Henriques Pereira	99	Jun	120462	CFB	2:31.03 L	12.7.15	Setubal (POR)	2:28.00
9	André Filipe Magalhães	98	Jun	111394	EMDS	2:29.01 S	29.11.14	Alges (POR)	2:29.01
10	Miguel Duarte Cruz	99	Jun	125797	CFB	2:32.12 L	10.5.15	Povoa de Varzim (POR)	2:29.07
11	Martim Borges Coelho	99	Jun	118771	CFB	2:31.22 S	29.11.14	Alges (POR)	2:31.22
12	Vitor Diogo Paulino	98	Jun	112303	PDEM	2:38.99 L	21.6.15	Evora (POR)	2:35.81
13	Bruno Silva Vaz	99	Jun	119423	ABVE	2:53.25 S	25.1.15	Lisboa (POR)	2:53.25
14	Tiago Carlos Santos	98	Jun	121330	ANAM	2:54.00			2:54.00
15	Afonso Vicente Eva	99	Jun	120461	CFB	2:54.00			2:54.00
16	Joao Esteves Padrela	99	Jun	119137	CFB	2:54.00			2:54.00
17	Leandro Rosa Fernandes	99	Jun	153431	CPCD	2:54.00			2:54.00
18	Goncalo Lopes Andrade	98	Jun	126617	PDEM	2:54.00			2:54.00
19	Frederico Fonseca Marques	99	Jun	132352	PDEM	2:54.00			2:54.00
20	Martim Ferreira Fonseca	99	Jun	128555	CNN	2:54.00			2:54.00
21	Renato Manuel Gamito	99	Jun	127502	PDEM	3:07.61 S	25.1.15	Lisboa (POR)	3:07.61

Seniores

1	Guilherme Miguel Teixeira	97	Sen	105091	SLB	2:10.23 L	11.4.15	Oeiras (POR)	2:07.62
2	João Carlos Santos	96	Sen	104253	SFUAP	2:12.56 S	29.11.14	Alges (POR)	2:12.56
3	Fabio Alcantara Aires	97	Sen	104252	ANSE	2:13.65 S	20.12.14	Porto (POR)	2:13.65
4	Bruno Miguel Martins	93	Sen	26891	GESL	2:16.50 L	17.5.15	Vila Franca de Xira (POR)	2:13.77
5	Rafael Filipe Nunes	96	Sen	108344	ANAM	2:17.32 L	4.4.15	Coimbra (POR)	2:14.57
6	Luis Maria Rosa	91	Sen	25532	ACP	2:19.99 L	12.7.15	Setubal (POR)	2:17.19
7	Claudio Alexandre Pinheiro	93	Sen	120973	SFUAP	2:18.58 S	19.10.14	Setubal (POR)	2:18.58
8	Andre Rafael Marinho	93	Sen	10643	SFUAP	2:21.42 L	17.5.15	Vila Franca de Xira (POR)	2:18.59
9	David Carrasco Correia	97	Sen	108348	CFB	2:19.73 S	19.10.14	Setubal (POR)	2:19.73
10	Tiago Rafael Martins	97	Sen	111267	GESL	2:26.78 L	17.5.15	Vila Franca de Xira (POR)	2:23.84
11	Frederico Antunes Silva	95	Sen	25578	ANSE	2:24.61 S	7.12.14	Ponte da Barca (POR)	2:24.61
12	Rui Miguel Correia	96	Sen	105378	CNMJ	2:30.18 S	19.10.14	Setubal (POR)	2:30.18
13	Goncalo Cunha Barros	95	Sen	127074	ANAM	2:31.00			2:31.00
14	Goncalo Maria Matos	95	Sen	117938	CFB	2:31.00			2:31.00



### Prova 12 25.10.15

### Femin., 100m Bruços

### Absolutos Lista inscritos

Rec Regional Juv B	1:11.76	Diana Duarte Gomes	ABVE	Reboleira	2003
Rec Regional Juv A	1:09.59	Diana Duarte Gomes	ABVE	Tomar	2004
Rec Regional 16	1:09.58	Diana Duarte Gomes	ABVE	Alapraia	2005
Rec Regional 17	1:09.02	Diana Duarte Gomes	FPN	Belo Horizonte (BRA)	2006
Rec Regional Sen	1:07.17	Diana Duarte Gomes	CNA	S. Antonio Cavaleiros	2009
Rec Regional Absoluto	1:07.17	Diana Duarte Gomes	CNA	S. Antonio Cavaleiros	2009
Rec Nacional Juv B	1:11.76	Diana Duarte Gomes	ABVE	Reboleira	2003
Rec Nacional Juv A	1:09.59	Diana Duarte Gomes	ABVE	Tomar	2004
Rec Nacional 16	1:08.85	Ana Pinho Rodrigues	AEJ	Ponte de Sôr	2009
Rec Nacional 17	1:09.02	Diana Duarte Gomes	FPN	Belo Horizonte (BRA)	2006
Rec Nacional Sen	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	2009
Rec Nacional Absoluto	1:07.17	Diana Duarte Gomes	CNA	S. António Cavaleiros	2009

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis B</b>									
1	Ana Marta Pereira	02	Juv B	122034	GDSE	1:26.36 S	8.3.15	Setubal (POR)	1:26.36
2	Mariana Pedro Pereira	02	Juv B	126180	GESL	1:27.43 S	10.5.15	Alges (POR)	1:27.43
3	Catarina Pinho Estevez	02	Juv B	124325	CNS	1:27.53 S	10.5.15	Alges (POR)	1:27.53
4	Natacha Sofia Silva	02	Juv B	125594	SLB	1:27.79 S	18.4.15	Corroios (POR)	1:27.79
5	Luana Gonçalves Dantas	02	Juv B	124419	CNN	1:28.96 S	10.5.15	Alges (POR)	1:28.96
6	Carolina Morais Oliveira	02	Juv B	125132	CNA	1:29.22 S	29.3.15	Silves (POR)	1:29.22
7	Rita Costa Albuquerque	02	Juv B	126828	CDOM	1:30.09 S	29.3.15	Silves (POR)	1:30.09
8	Margarida Bento Raposo	02	Juv B	125844	CNMJ	1:30.43 S	19.4.15	Coruche (POR)	1:30.43
9	Beatriz Matozeiro Machado	02	Juv B	126298	SLB	1:34.90 S	10.5.15	Alges (POR)	1:34.90
10	Sara Baptista Antunes	02	Juv B	128754	AEULCCD	1:37.45 S	10.5.15	Alges (POR)	1:37.45
11	Constanca Viana Goncalves	02	Juv B	126268	CNMJ	1:37.69 S	10.5.15	Alges (POR)	1:37.69
12	Patricia Alexandra Boto	02	Juv B	124329	ANSE	1:37.89 S	10.5.15	Alges (POR)	1:37.89
13	Mariana Guimaraes Marques	02	Juv B	131875	ACP	1:40.37 S	10.5.15	Alges (POR)	1:40.37
14	Mariana Antunes Silva	02	Juv B	137865	AEFDTV	1:41.00			1:41.00
15	Maria Mousinho Esteves	02	Juv B	131944	CNA	1:41.00			1:41.00
16	Alexandra Couto Frazao	02	Juv B	125426	CNA	1:41.00			1:41.00

### Juvenis A

1	Filipa Serrano Rodrigues	01	Juv A	112310	SFUAP	1:21.44 S	10.5.15	Alges (POR)	1:21.44
2	Tatiana Raquel Pombo	01	Juv A	121615	ANSE	1:24.74 S	2.11.14	Braganca (POR)	1:24.74
3	Joana Mira Pereira	01	Juv A	121237	CNS	1:24.84 S	19.4.15	Coruche (POR)	1:24.84
4	Mafalda Sofia Dias	01	Juv A	121401	CNS	1:27.66 S	10.5.15	Alges (POR)	1:27.66
5	Luana Correia Rodrigues	01	Juv A	121504	CNA	1:29.86 S	11.1.15	Benedita (POR)	1:29.86
6	Juliana Gonçalves Domingues	01	Juv A	129413	SLB	1:30.74 S	29.11.14	Alges (POR)	1:30.74
7	Ines Pires Gomes	01	Juv A	127251	CFB	1:34.75 S	29.11.14	Alges (POR)	1:34.75
8	Ana Bárbara Alves	01	Juv A	137860	AEFDTV	1:35.00			1:35.00
9	Maria Rodrigues Tome	01	Juv A	121262	CDOM	1:35.00			1:35.00
10	Carolina Rolo Matos	01	Juv A	124598	CFB	1:35.00			1:35.00
11	Tatiana Alexandre Cardoso	01	Juv A	127355	CNA	1:35.00			1:35.00
12	Rita Figueiredo Narra	01	Juv A	126465	CNA	1:35.00			1:35.00

### Juniores

1	Claudia Ferreira Borges	99	Jun	116591	SLB	1:14.30 S	20.12.14	Porto (POR)	1:14.30
2	Ema Filipa Rosario	00	Jun	120561	CNMJ	1:18.92 S	14.12.14	Leiria (POR)	1:18.92
3	Margarida Rito Reis	00	Jun	123713	CFB	1:20.28 S	29.11.14	Alges (POR)	1:20.28
4	Eva Guerreiro Carvalho	99	Jun	111392	SFUAP	1:23.45 S	31.1.15	Torres Novas (POR)	1:23.45
5	Ana Carolina Mira	00	Jun	118779	CNS	1:23.70 S	22.2.15	Montemor-o-Novo (POR)	1:23.70
6	Rita Filipa Paulino	00	Jun	118462	CNS	1:24.99 S	10.5.15	Alges (POR)	1:24.99
7	Ana Fernandes Costa	00	Jun	121407	CNMJ	1:25.17 S	10.5.15	Alges (POR)	1:25.17
8	Ines Valadares Ramos	99	Jun	124176	AEFDTV	1:28.31 S	29.11.14	Alges (POR)	1:28.31
9	Laura Castico Moreira	00	Jun	117771	CNMJ	1:34.56 S	19.10.14	Setubal (POR)	1:34.56
10	Beatriz Cavaco Conceicao	00	Jun	129146	ACP	1:35.00			1:35.00
11	Beatriz Jesus Pereira	00	Jun	117772	CNMJ	1:35.00			1:35.00
12	Joana Sofia Rodrigues	00	Jun		CPCD	1:35.00			1:35.00
13	Andreia Mendes Silva	99	Jun	153115	PDEM	1:35.00			1:35.00

Prova 12, Femin., 100m Bruços

Seniores

1	Rute Margarida Marques	94	Sen	25359	CNA	1:15.19 S	11.1.15	Benedita (POR)	1:15.19
2	Mafalda Alexandra Henriques	98	Sen	105308	SLB	1:17.10 S	19.4.15	Coruche (POR)	1:17.10
3	Carolina Madeira Santos	96	Sen	104254	ANAM	1:19.24 S	11.1.15	Benedita (POR)	1:19.24
4	Cristiana Silva Ulpiano	95	Sen	100250	CIRL	1:20.43 S	19.4.15	Coruche (POR)	1:20.43
5	Margarida Messias Ribeiro	98	Sen	110544	GESL	1:21.46 S	29.11.14	Alges (POR)	1:21.46
6	Dalia Sofia Curto	95	Sen	108816	CNN	1:21.61 S	29.11.14	Alges (POR)	1:21.61
7	Soraia Guerra Rolim	95	Sen	121321	SLB	1:22.74 S	29.11.14	Alges (POR)	1:22.74
8	Mariana Van Ossenbruggen	98	Sen	105545	CIRL	1:22.84 S	19.4.15	Coruche (POR)	1:22.84
9	Catarina Natario Moreira	97	Sen	109977	ANSE	1:25.48 S	14.3.15	Ponte de Sor (POR)	1:25.48
10	Cristiana Maria Sanches	95	Sen	26526	ANSE	1:29.82 S	19.4.15	Coruche (POR)	1:29.82
11	Sara Felipe Costa	94	Sen	120971	ANAM	1:30.00			1:30.00
12	Eunice Évora Almeida	94	Sen	147227	CNA	1:30.00			1:30.00
13	Debora Francisca Barata	98	Sen	153429	CPCD	1:30.00			1:30.00
14	Ana Sofia Carvalho	98	Sen	112298	PDEM	1:30.00			1:30.00
15	Joana Macau Cantante	98	Sen	120521	PDEM	1:30.00			1:30.00
16	Beatriz Vicente Santos	97	Sen	104744	AEULCCD	1:35.35 S	16.11.14	Portimao (POR)	1:35.35
17	Rita Marques Pinto	98	Sen	127754	AEULCCD	1:37.59 S	19.10.14	Setubal (POR)	1:37.59

Prova 13

Masc., 100m Costas

Absolutos

25.10.15

Lista inscritos

Rec Regional Juv B	1:00.07	João Alexandre Vital	ADRCIMM	Alapraia	2013
Rec Regional Juv A	56.45	Diogo Gomes Sousa	CNCVG	Porto	2010
Rec Regional 17	56.67	Nuno Rafael Duraes	CNS	Leiria	2009
Rec Regional 18	53.88	Alexis Manacas Santos	SCP	Leiria	2009
Rec Regional Sen	52.03	Alexis Manacas Santos	FPN	Herning (DEN)	2013
Rec Regional Absoluto	52.03	Alexis Manacas Santos	FPN	Herning (DEN)	2013
Rec Nacional Juv B	57.38	Gabriel Jose Lopes	CDL	Coimbra	2012
Rec Nacional Juv A	56.45	Diogo Gomes Sousa	CNCVG	Porto	2010
Rec Nacional 17	56.33	Adriano Miguel Niz			
Rec Nacional 18	53.88	Alexis Manacas Santos	SCP	Leiria	2009
Rec Nacional Sen	52.03	Alexis Manacas Santos	FPN	Herning (DEN)	2013
Rec Nacional Absoluto	52.03	Alexis Manacas Santos	FPN	Herning (DEN)	2013

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
1	Rafael Alcantara Aires	01	Juv B	125130	ANAM	1:03.96 S	6.6.15	Alges (POR)	1:03.96
2	David Matias Cristino	01	Juv B	127872	ANAM	1:04.69 S	9.5.15	Alges (POR)	1:04.69
3	Tomas Afonso Graca	01	Juv B	127260	SLB	1:05.23 S	27.3.15	Silves (POR)	1:05.23
4	Gonçalo Carvalho Ferrao	01	Juv B	127233	ANSE	1:07.13 L	26.6.15	Vila Franca de Xira (POR)	1:05.78
5	Edgar Filipe Santos	01	Juv B	127750	ANAM	1:07.99 S	18.4.15	Corroios (POR)	1:07.99
6	Ricardo Martins Bras	01	Juv B	121508	CFB	1:10.27 L	19.7.15	Oeiras (POR)	1:08.86
7	Diogo Afonso Miranda	01	Juv B	118394	SFUAP	1:09.28 S	6.6.15	Alges (POR)	1:09.28
8	Tiago Maria Camoes	01	Juv B	121851	SFUAP	1:09.80 S	9.5.15	Alges (POR)	1:09.80
9	Francisco Martins Pedro	01	Juv B	125349	GESL	1:09.95 S	27.3.15	Silves (POR)	1:09.95
10	Gonçalo Silveirinha Caldeira	01	Juv B	128343	CNA	1:10.69 S	27.3.15	Silves (POR)	1:10.69
11	Rodrigo Ponte Jorge	01	Juv B	127873	ANAM	1:10.80 S	9.5.15	Alges (POR)	1:10.80
12	Tiago Henriques Matias	01	Juv B	128276	GESL	1:13.51 L	14.6.15	Vila Franca de Xira (POR)	1:12.04
13	Guilherme Ventura Carvalho	01	Juv B	121613	GESL	1:12.15 S	9.5.15	Alges (POR)	1:12.15
14	Rodrigo Almeida Cabrito	01	Juv B	121510	CFB	1:13.96 S	18.4.15	Corroios (POR)	1:13.96
15	Joao Batista Silva	01	Juv B	127503	PDEM	1:17.32 L	26.6.15	Vila Franca de Xira (POR)	1:15.77
16	Ricardo Correia Teixeira	01	Juv B	130134	CFB	1:17.17 S	9.5.15	Alges (POR)	1:17.17
17	Joao Luis Moita	01	Juv B	128283	CFB	1:20.49 L	14.6.15	Vila Franca de Xira (POR)	1:18.88
18	Pedro Mendes Ferreira	01	Juv B	129621	CFB	1:21.47 L	20.6.15	Rio Maior (POR)	1:19.84
19	Bernardo Silva Felix	01	Juv B	129061	PDEM	1:22.08 S	6.3.15	Setubal (POR)	1:22.08
20	Tomas Silvestre Almeida	01	Juv B	126471	CNA	1:26.75 L	14.6.15	Vila Franca de Xira (POR)	1:25.01
21	Claudio Filipe Pedroso	01	Juv B	126292	ABVE	1:26.00			1:26.00
22	Filipe Ferrão Melo	01	Juv B		CNS	1:26.00			1:26.00
23	Frederico Marques Mau	01	Juv B	128168	EMDS	1:26.00			1:26.00
24	Maxim Petrea	01	Juv B	122054	SFUAP	1:26.00			1:26.00
25	Guilherme Filipe Alcobia	01	Juv B	126473	SLB	1:26.00			1:26.00

### Prova 13, Masc., 100m Costas

#### Juvenis A

1	Jose Tomas Simeao	00	Juv A	119420	CIRL	1:01.51 S	9.5.15	Alges (POR)	1:01.51
2	Daniel Alexandre Filipe	00	Juv A	120475	CNN	1:05.21 S	25.4.15	Sines (POR)	1:05.21
3	Benkai He	00	Juv A	126903	AEFDTV	1:07.70 L	14.6.15	Vila Franca de Xira (POR)	1:06.34
4	João Pedro Silva	00	Juv A	121616	ANAM	1:06.74 S	9.5.15	Alges (POR)	1:06.74
5	Diogo Monteiro Sousa	00	Juv A	118406	CNS	1:08.66 L	11.7.15	Setubal (POR)	1:07.28
6	Pedro Henriques Marques	00	Juv A	120529	SFUAP	1:08.10 S	9.5.15	Alges (POR)	1:08.10
7	Diogo Puidival Marques	00	Juv A	122045	EMDS	1:09.26 S	30.11.14	Alges (POR)	1:09.26
8	Bernardo Antunes Augusto	00	Juv A	122518	CNS	1:09.98 S	6.6.15	Alges (POR)	1:09.98
9	Tomas Dias Ferreira	00	Juv A	123342	GESL	1:10.18 S	9.5.15	Alges (POR)	1:10.18
10	Simão Correia Ricardo	00	Juv A	121405	CNS	1:10.48 S	22.2.15	Montemor-o-Novo (POR)	1:10.48
11	Vicente Morgado Ventoso	00	Juv A	126466	CFB	1:10.51 S	9.5.15	Alges (POR)	1:10.51
12	Pedro Miguel Serrao	00	Juv A	124341	GDSE	1:12.93 S	10.1.15	Benedita (POR)	1:12.93
13	Ricardo Silva Marujo	00	Juv A	125348	GESL	1:14.70 S	6.6.15	Alges (POR)	1:14.70
14	Rodrigo Guerreiro Benavente	00	Juv A	122962	EMDS	1:16.65 L	14.6.15	Vila Franca de Xira (POR)	1:15.11
15	Antonio Maria Ferreira	00	Juv A	128468	PDEM	1:22.68 S	9.5.15	Alges (POR)	1:22.68
16	Guilherme Maria Matos	00	Juv A	117944	CFB	1:23.00			1:23.00
17	Lucas Almeida Livramento	00	Juv A	123715	CNA	1:23.00			1:23.00

#### Juniores

1	Joao Diogo Fernandes	98	Jun	121542	SLB	1:01.35 L	25.7.15	Coimbra (POR)	1:00.12
2	Ricardo Saraiva Pires	98	Jun	107651	CIRL	1:00.95 S	19.4.15	Coruche (POR)	1:00.95
3	Diogo Rodrigues Freitas	98	Jun	107680	SFUAP	1:02.22 S	16.11.14	Cova da Piedade (POR)	1:02.22
4	Goncalo Filipe Oliveira	98	Jun	112473	EMDS	1:03.53 S	30.11.14	Alges (POR)	1:03.53
5	Filipe Alexandre Silva	99	Jun	122940	SFUAP	1:03.61 S	12.12.14	Leiria (POR)	1:03.61
6	Ruben Duarte Leitão	98	Jun	122265	EMDS	1:04.20 S	19.10.14	Setubal (POR)	1:04.20
7	Andre Pires Faria	98	Jun	117961	CFB	1:05.95 L	17.5.15	Vila Franca de Xira (POR)	1:04.63
8	Leonardo Rochinha Pedro	98	Jun	111381	ABVE	1:05.15 S	19.10.14	Setubal (POR)	1:05.15
9	Rafael Cruz Margarido	99	Jun	129965	CNS	1:06.66 S	6.6.15	Alges (POR)	1:06.66
10	Miguel Henriques Pereira	99	Jun	120462	CFB	1:07.01 S	29.11.14	Alges (POR)	1:07.01
11	Eduardo Garcia Guia	98	Jun	126881	PDEM	1:08.91 L	21.6.15	Evora (POR)	1:07.53
12	Tiago Filipe Freitas	99	Jun	111281	SFUAP	1:08.07 S	9.5.15	Alges (POR)	1:08.07
13	Afonso Vicente Eva	99	Jun	120461	CFB	1:08.91 S	30.11.14	Alges (POR)	1:08.91
14	Francisco Madruga Silva	98	Jun	129151	ACP	1:10.60 L	15.3.15	Vila Franca de Xira (POR)	1:09.18
15	André Filipe Magalhães	98	Jun	111394	EMDS	1:09.70 S	30.11.14	Alges (POR)	1:09.70
16	Martim Borges Coelho	99	Jun	118771	CFB	1:11.31 L	17.5.15	Vila Franca de Xira (POR)	1:09.88
17	Diogo Picanco Martins	99	Jun	117943	SLB	1:14.24 S	19.10.14	Setubal (POR)	1:14.24
18	Vitor Diogo Paulino	98	Jun	112303	PDEM	1:16.04 S	19.10.14	Setubal (POR)	1:16.04
19	Martim Ferreira Fonseca	99	Jun	128555	CNN	1:17.27 S	30.11.14	Alges (POR)	1:17.27
20	Gonçalo Alexandre Torgal	99	Jun	126867	ABVE	1:18.00			1:18.00
21	Joao Esteves Padrela	99	Jun	119137	CFB	1:18.00			1:18.00
22	Carlos Antunes Barata	98	Jun		CPCD	1:18.00			1:18.00
23	Valdemar Miguel Brito	98	Jun		CPCD	1:18.00			1:18.00
24	Goncalo Lopes Andrade	98	Jun	126617	PDEM	1:18.00			1:18.00
25	Renato Manuel Gamito	99	Jun	127502	PDEM	1:18.00			1:18.00
26	Raul Miguel Matzinger	98	Jun	112316	GESL	1:18.00			1:18.00
27	Frederico Fonseca Marques	99	Jun	132352	PDEM	1:29.43 S	19.10.14	Setubal (POR)	1:29.43

#### Seniores

1	David Miguel Leiria	93	Sen	14530	SFUAP	56.05 S	20.12.14	Porto (POR)	56.05
2	Claudio Alexandre Pinheiro	93	Sen	120973	SFUAP	1:04.04 S	30.11.14	Alges (POR)	1:04.04
3	Carlos Miguel Pinto	97	Sen	107661	CNS	1:04.17 S	19.4.15	Coruche (POR)	1:04.17
4	Frederico Antunes Silva	95	Sen	25578	ANSE	1:04.19 S	14.2.15	Caldas da Rainha (POR)	1:04.19
5	Luis Maria Rosa	91	Sen	25532	ACP	1:04.26 S	30.11.14	Alges (POR)	1:04.26
6	Pedro Luis Antunes	96	Sen	106050	SLB	1:04.56 S	30.11.14	Alges (POR)	1:04.56
7	Diogo Andre Catita	88	Sen	10640	ANSE	1:05.13 S	30.11.14	Alges (POR)	1:05.13
8	Sergio Alexandre Lopes	86	Sen	13971	CNN	1:05.54 S	6.12.14	Ponte da Barca (POR)	1:05.54
9	Diogo André Pinheiro	97	Sen	125662	SFUAP	1:06.14 S	30.11.14	Alges (POR)	1:06.14
10	Filipe Sebastiao Silva	96	Sen	117306	GESL	1:07.55 L	17.5.15	Vila Franca de Xira (POR)	1:06.19
11	Ricardo Cansado Lourenco	97	Sen	100385	ANSE	1:07.18 S	19.10.14	Setubal (POR)	1:07.18
12	Joao Francisco Duarte	96	Sen	129150	ACP	1:10.08 S	6.12.14	Ponte da Barca (POR)	1:10.08
13	Luis Henrique Ferreira	97	Sen	103577	EMDS	1:10.59 S	19.10.14	Setubal (POR)	1:10.59
14	Ivo Manuel Reis	93	Sen	129149	ACP	1:14.25 S	19.10.14	Setubal (POR)	1:14.25
15	Miguel Brás Sérgio	95	Sen	100925	ABVE	1:15.00			1:15.00
16	Frederico Sousa Soares	96	Sen	104260	ABVE	1:15.00			1:15.00
17	Renato Manuel Alves	95	Sen		CPCD	1:15.00			1:15.00
18	Nuno Miguel Martins	96	Sen	105905	PDEM	1:15.00			1:15.00
19	Carlos Flores Clara	97	Sen	117120	GESL	1:15.00			1:15.00

Prova 14	Femin., 100m Mariposa				Absolutos	
25.10.15					Lista inscritos	
Rec Regional Juv B	1:04.30	Susana Patricia Miguel	SFUAP	Penafiel	2004	
Rec Regional Juv A	1:03.09	Filipa Vilas Tiago	SCP	Sines	2008	
Rec Regional 16	1:01.56	Filipa Vilas Tiago	SCP	S. António Cavaleiros	2009	
Rec Regional 17	1:02.03	Filipa Vilas Tiago	SCP	Porto	2010	
Rec Regional Sen	1:00.61	Filipa Ferreira Silva	CNA	S. Antonio Cavaleiros	2009	
Rec Regional Absoluto	1:00.61	Filipa Ferreira Silva	CNA	S. Antonio Cavaleiros	2009	
Rec Nacional Juv B	1:03.39	Ana Margarida Guedes	GCVR	Estarreja	2014	
Rec Nacional Juv A	1:03.14	Ana Rita Francisco	SFUAP		1995	
Rec Nacional 16	1:01.56	Filipa Vilas Tiago	SCP	S. António Cavaleiros	2009	
Rec Nacional 17	59.65	Sara Francisco Cruz	ADBA	Leiria	2009	
Rec Nacional Sen	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	2010	
Rec Nacional Absoluto	58.31	Sara Freitas Oliveira	FPN	Dubai (UAE)	2010	

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
<b>Juvenis B</b>								
1	Filipa Inacio Cazeiro	02	Juv B	121158	CIRL	1:11.41 S	10.5.15 Alges (POR)	1:11.41
2	Ana Raquel Graveto	02	Juv B	129628	SLB	1:12.46 S	10.5.15 Alges (POR)	1:12.46
3	Maria Oliveira Paulo	02	Juv B	126497	GDSE	1:12.61 S	10.5.15 Alges (POR)	1:12.61
4	Ana Catarina Barata	02	Juv B	126477	SFUAP	1:14.91 S	10.5.15 Alges (POR)	1:14.91
5	Margarida Cunha Barros	02	Juv B	127076	ANAM	1:16.26 S	10.5.15 Alges (POR)	1:16.26
6	Patricia Marques Bacelar	02	Juv B	122035	GDSE	1:17.22 S	29.3.15 Silves (POR)	1:17.22
7	Catarina Pinho Estevez	02	Juv B	124325	CNS	1:17.45 S	10.5.15 Alges (POR)	1:17.45
8	Mafalda Marques Pinto	02	Juv B	125422	SLB	1:17.90 S	10.5.15 Alges (POR)	1:17.90
9	Debora Alexandra Jesus	02	Juv B	122249	GDSE	1:22.35 S	8.3.15 Setubal (POR)	1:22.35
10	Lara Moutinho Silva	02	Juv B	126286	PDEM	1:25.97 S	10.5.15 Alges (POR)	1:25.97
11	Constanca Viana Goncalves	02	Juv B	126268	CNMJ	1:27.05 S	10.5.15 Alges (POR)	1:27.05
12	Iolanda Sofia Clérigo	02	Juv B	126878	CNS	1:29.45 S	10.5.15 Alges (POR)	1:29.45
13	Maria Mousinho Esteves	02	Juv B	131944	CNA	1:30.00		1:30.00
14	Alexandra Couto Frazao	02	Juv B	125426	CNA	1:30.00		1:30.00
15	Carolina Morais Oliveira	02	Juv B	125132	CNA	1:30.00		1:30.00
16	Daniela Sofia Fernandes	02	Juv B		CPCD	1:30.00		1:30.00

<b>Juvenis A</b>								
1	Mafalda Rato Monteiro	01	Juv A	121445	CNS	1:08.39 S	10.5.15 Alges (POR)	1:08.39
2	Tatiana Raquel Pombo	01	Juv A	121615	ANSE	1:10.53 S	19.4.15 Coruche (POR)	1:10.53
3	Mafalda Sofia Dias	01	Juv A	121401	CNS	1:11.18 S	10.5.15 Alges (POR)	1:11.18
4	Ines Rodrigues Ferreira	01	Juv A	125193	SLB	1:11.98 S	6.6.15 Alges (POR)	1:11.98
5	Joana Mira Pereira	01	Juv A	121237	CNS	1:12.24 S	19.4.15 Coruche (POR)	1:12.24
6	Tatiana Alexandre Cardoso	01	Juv A	127355	CNA	1:12.87 S	9.11.14 Vila Real St. Antonio (POR)	1:12.87
7	Celeste Santos Ricardo	01	Juv A	121325	ANAM	1:13.64 S	10.5.15 Alges (POR)	1:13.64
8	Barbara Francisco Ferreira	01	Juv A	125344	GESL	1:14.20 S	10.5.15 Alges (POR)	1:14.20
9	Carolina Maria Silveiro	01	Juv A	130369	CIRL	1:14.65 S	29.11.14 Alges (POR)	1:14.65
10	Madalena Marques Joaquin	01	Juv A	121505	SLB	1:15.50 S	14.2.15 Caldas da Rainha (POR)	1:15.50
11	Sara Alexandra Sousa	01	Juv A	125345	GESL	1:16.06 S	10.5.15 Alges (POR)	1:16.06
12	Rita Figueiredo Narra	01	Juv A	126465	CNA	1:17.34 S	16.11.14 Lisboa (POR)	1:17.34
13	Constança Dias Baptista	01	Juv A	126394	SLB	1:19.34 S	19.10.14 Setubal (POR)	1:19.34
14	Adriana Nogueira Mascarenhas	01	Juv A	124319	CNS	1:19.90 S	10.5.15 Alges (POR)	1:19.90
15	Liliana Simoes Romao	01	Juv A	126179	GESL	1:20.67 S	10.5.15 Alges (POR)	1:20.67
16	Constanca Neves Carneiro	01	Juv A	153250	ACP	1:21.00		1:21.00
17	Luana Correia Rodrigues	01	Juv A	121504	CNA	1:21.00		1:21.00

<b>Juniores</b>								
1	Alice Maria Lopes	00	Jun	119476	SFUAP	1:08.44 S	14.12.14 Leiria (POR)	1:08.44
2	Sofia Alexandra Nunes	00	Jun	112322	CIRL	1:08.91 S	14.2.15 Caldas da Rainha (POR)	1:08.91
3	Margarida Valente Orrico	00	Jun	118395	SFUAP	1:09.93 S	10.5.15 Alges (POR)	1:09.93
4	Catarina Filipa Mosca	99	Jun	118243	ANAM	1:14.50 S	14.2.15 Caldas da Rainha (POR)	1:14.50
5	Ana Carolina Mira	00	Jun	118779	CNS	1:14.79 S	29.11.14 Alges (POR)	1:14.79
6	Rita Filipa Paulino	00	Jun	118462	CNS	1:15.17 S	10.5.15 Alges (POR)	1:15.17
7	Ana Fernandes Costa	00	Jun	121407	CNMJ	1:16.19 S	10.5.15 Alges (POR)	1:16.19
8	Ines Valadares Ramos	99	Jun	124176	AEFDTV	1:21.00		1:21.00
9	Margarida Pereira Correia	99	Jun	153432	CPCD	1:21.00		1:21.00
10	Jessica Sofia Maia	99	Jun		CPCD	1:21.00		1:21.00
11	Filipa Alves Raposeiro	00	Jun	120523	PDEM	1:21.32 S	10.5.15 Alges (POR)	1:21.32
12	Mariana Rodrigues Santos	00	Jun	128825	GESL	1:21.44 S	6.6.15 Alges (POR)	1:21.44



Prova 14, Femin., 100m Mariposa

Seniores

1	Filipa Vilas Tiago	94	Sen	10634	CNN	1:04.73 S	7.12.14	Ponte da Barca (POR)	1:04.73
2	Patricia Miguel Mendes	96	Sen	25590	ANAM	1:10.19 S	16.11.14	Cova da Piedade (POR)	1:10.19
3	Filipa Silva Cruz	92	Sen	10928	CIRL	1:10.43 S	19.4.15	Coruche (POR)	1:10.43
4	Sofia Alexandra Rolao	98	Sen	108413	SLB	1:10.87 S	11.1.15	Benedita (POR)	1:10.87
5	Rute Margarida Marques	94	Sen	25359	CNA	1:13.80 S	16.11.14	Lisboa (POR)	1:13.80
6	Sofia Prates Silvestre	95	Sen	121320	ANAM	1:14.00			1:14.00
7	Eunice Évora Almeida	94	Sen	147227	CNA	1:14.00			1:14.00
8	Catarina Isabel Cachao	98	Sen	108924	PDEM	1:14.00			1:14.00

Prova 15  
25.10.15

Masc., 100m Estilos

Absolutos  
Lista inscritos

Rec Regional 17	59.04	Pedro André Santos	SAD	Guarda	2010
Rec Regional 18	56.47	Alexis Manacas Santos	SCP	Leiria	2009
Rec Regional Sen	53.81	Alexis Manacas Santos	SCP	Felgueiras	2013
Rec Regional Absoluto	53.81	Alexis Manacas Santos	SCP	Felgueiras	2013
Rec Nacional 17	57.40	Diogo Filipe Carvalho	CGA	Aveiro	2005
Rec Nacional 18	56.47	Alexis Manacas Santos	SCP	Leiria	2009
Rec Nacional Sen	53.28	Diogo Filipe Carvalho	CGA	Viseu	2009
Rec Nacional Absoluto	53.28	Diogo Filipe Carvalho	CGA	Viseu	2009

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<u>Juniores</u>									
1	Joao Diogo Fernandes	98	Jun	121542	SLB	1:05.63 S	28.11.14	Alges (POR)	1:05.63
2	Rafael Ladeiro Santos	98	Jun	117122	GESL	1:05.95 S	19.10.14	Setubal (POR)	1:05.95
3	Ruben Duarte Leitão	98	Jun	122265	EMDS	1:06.23 S	19.10.14	Setubal (POR)	1:06.23
4	Goncalo Filipe Oliveira	98	Jun	112473	EMDS	1:07.69 S	19.10.14	Setubal (POR)	1:07.69
5	Raul Miguel Matzinger	98	Jun	112316	GESL	1:07.89 S	19.10.14	Setubal (POR)	1:07.89
6	Leonardo Rochinha Pedro	98	Jun	111381	ABVE	1:12.00			1:12.00
7	Bruno Silva Vaz	99	Jun	119423	ABVE	1:12.00			1:12.00
8	Gonçalo Alexandre Torgal	99	Jun	126867	ABVE	1:12.00			1:12.00
9	Miguel Duarte Cruz	99	Jun	125797	CFB	1:12.00			1:12.00
10	Miguel Falco Pereira	99	Jun	123714	CFB	1:12.00			1:12.00
11	Leandro Rosa Fernandes	99	Jun	153431	CPCD	1:12.00			1:12.00
12	Tomas Silva Coxixo	99	Jun	118387	PDEM	1:12.00			1:12.00
13	Andre Tavares Grenho	99	Jun	120605	GESL	1:12.00			1:12.00

Seniores

1	Guilherme Miguel Teixeira	97	Sen	105091	SLB	59.02 S	6.6.15	Alges (POR)	59.02
2	Rodrigo Pereira Lopes	95	Sen	26077	SLB	59.10 S	21.12.14	Porto (POR)	59.10
3	Nuno Miguel Martins	96	Sen	105905	PDEM	1:02.24 S	16.11.14	Cova da Piedade (POR)	1:02.24
4	Ricardo Cansado Lourenco	97	Sen	100385	ANSE	1:03.92 S	1.3.15	Tomar (POR)	1:03.92
5	Frederico Sousa Soares	96	Sen	104260	ABVE	1:05.34 S	16.11.14	Cova da Piedade (POR)	1:05.34
6	David Carrasco Correia	97	Sen	108348	CFB	1:05.91 S	28.11.14	Alges (POR)	1:05.91
7	Jose Pedro Rosario	96	Sen	128021	ANSE	1:09.28 S	19.10.14	Setubal (POR)	1:09.28
8	Goncalo Maria Matos	95	Sen	117938	CFB	1:09.57 S	19.10.14	Setubal (POR)	1:09.57
9	Tiago Rafael Martins	97	Sen	111267	GESL	1:10.07 S	19.10.14	Setubal (POR)	1:10.07
10	Rui Miguel Correia	96	Sen	105378	CNMJ	1:10.19 S	19.10.14	Setubal (POR)	1:10.19
11	Luis Henrique Ferreira	97	Sen	103577	EMDS	1:11.95 S	19.10.14	Setubal (POR)	1:11.95
12	Miguel Brás Sérgio	95	Sen	100925	ABVE	1:12.00			1:12.00
13	Goncalo Cunha Barros	95	Sen	127074	ANAM	1:12.00			1:12.00
14	Edgar Silva Godinho	95	Sen	111201	ANAM	1:12.00			1:12.00
15	Rafael Filipe Nunes	96	Sen	108344	ANAM	1:12.00			1:12.00
16	Diogo Moreira Silveira	94	Sen	25446	ANAM	1:12.00			1:12.00
17	Fabio Alcantara Aires	97	Sen	104252	ANSE	1:12.00			1:12.00
18	Ricardo Andrade Belezas	91	Sen	132918	CNA	1:12.00			1:12.00
19	Carlos Miguel Pinto	97	Sen	107661	CNS	1:12.00			1:12.00
20	Ruben Miguel Caldas	94	Sen	153440	CPCD	1:12.00			1:12.00
21	Sergio Alexandre Dantas	95	Sen		CPCD	1:12.00			1:12.00
22	David Granja Lopes	90	Sen	22490	PDEM	1:12.00			1:12.00
23	David Miguel Leiria	93	Sen	14530	SFUAP	1:12.00			1:12.00

Prova 16  
25.10.15

Femin., 4 x 50m Estilos

Absolutos  
Lista inscritos

Rec Nacional Jun	1:58.01	Sport Alges e Dafundo	SAD	Felgueiras	2013
Rec Nacional Sen	1:53.38	Futebol Clube do Porto	FCP	Porto	2012
Rec Nacional Absoluto	1:53.38	Futebol Clube do Porto	FCP	Porto	2012

Ord.		Categ.	NºLic.	Clube	Tempo Inscr.
<b>Absolutos</b>					
1	Benfica	Abs		Benfica	2:05.20
2	Nacional Natação	Abs		Nacional Natação	2:06.02
3	Naval Amorense 1	Abs		Naval Amorense	2:10.00
4	Sesimbra	Abs		Desportivo Sesimbra	2:10.00
5	Amadora	Abs		Amadora	2:11.35
6	Laranjeiro	Abs		Clube Instrucao Laranjeiro	2:14.00
7	Gesloures	Abs		Gesloures	2:17.51
8	Palmela Desporto	Abs		Palmela Desporto	2:18.00
9	Atlético	Abs		Atlético	2:20.00
10	CPCD Póvoa Sta Iria	Abs		CPCD Póvoa Sta Iria	2:20.12
11	Naval Setubalense	Abs		Naval Setubalense	2:20.91
12	Nautica do Seixal	Abs		Nautica do Seixal	2:21.87
13	Montijo	Abs		C N Montijo	2:25.00
14	Avançado EULx	Abs		Avançado EULx	2:40.00