

TRAIL ULTRA - STAGE 1

50 KM

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OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	08:30	8.5°C	87%
End	17:56	8.5°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
1	31	Sergio Sá	águias de alvelos	Senior Masculino	04:31:35		05:26
2	277	Pedro Barros	oralklass-amigos do trail	Senior Masculino	04:33:25	+01:49	05:28
3	65	André Duarte	c.d.c. nave / trail runners	Senior Masculino	04:39:39	+08:03	05:36
4	280	Luís Pedro Martins	oralklass-amigos do trail	Veterano M40	04:40:13	+08:37	05:36
5	10	Paulo Costa	a.d.amarante	Veterano M40	04:45:42	+14:06	05:43
6	26	Bruno Ribeiro	águias de alvelos	Senior Masculino	04:50:10	+18:34	05:48
7	27	Hugo Araujo	águias de alvelos	Senior Masculino	04:50:12	+18:36	05:48
8	105	Pedro Manuel Reis Caprichoso	edv-viana trail	Senior Masculino	04:51:16	+19:40	05:50
9	252	Nuno Carneiro	nast - núcleo associativo de santo tirso	Senior Masculino	04:51:26	+19:50	05:50
10	170	Seninho Ribeiro	oralklass-amigos do trail	Senior Masculino	04:52:54	+21:18	05:51
11	70	Luiz Carlos Carvalho da Mota	casa do benfica em abrantas	Veterano M45	04:53:09	+21:33	05:52
12	51	Daniel Batata	atletismo clube da tocha	Senior Masculino	04:53:53	+22:17	05:53
13	310	Nelson Teixeira	nast - núcleo associativo de santo tirso	Senior Masculino	04:55:52	+24:16	05:55
14	273	João Nogueira	oralklass-amigos do trail	Senior Masculino	04:59:02	+27:26	05:59
15	250	Mário Fonseca	nast - núcleo associativo de santo tirso	Senior Masculino	04:59:40	+28:04	06:00
16	294	António Ferreira	runners do demo	Veterano M45	05:02:08	+30:32	06:03
17	151	Eduardo Fonseca	individual	Senior Masculino	05:02:56	+31:20	06:04
18	83	Luis Miguel Cunha	coimbra trail running	Veterano M45	05:04:06	+32:30	06:05
19	94	Artur Costa	desnível positivo	Veterano M40	05:06:38	+35:02	06:08
20	68	Bruno Bondoso	c.d.c. nave / trail runners	Veterano M45	05:08:31	+36:55	06:10
21	348	Pablo Conde Estévez	boavista trail	Veterano M40	05:08:59	+37:23	06:11
22	237	Carlos Pacheco	monsanto running team	Senior Masculino	05:12:36	+41:00	06:15
23	41	Simão Seíça	amcf - arrábida trail team	Senior Masculino	05:13:05	+41:29	06:16
24	161	moises	individual	Senior Masculino	05:14:57	+43:21	06:18
25	95	José Carlos Macedo Pereira	desnível positivo	Veterano M45	05:15:51	+44:15	06:19
26	101	Ricardo Miguel Sousa Amorim	edl trail	Senior Masculino	05:16:06	+44:31	06:19
27	42	Nélson Amaral	amcf - arrábida trail team	Veterano M40	05:18:45	+47:09	06:23
28	67	Jorge Santos	c.d.c. nave / trail runners	Senior Masculino	05:19:35	+48:00	06:24
29	64	Lino Pinto	btt alegría // tubani	Veterano M40	05:20:07	+48:31	06:24
30	342	Daniel Silva Pereira	viseu running team	Senior Masculino	05:20:38	+49:03	06:25
31	152	Fábio Filipe	individual	Senior Masculino	05:21:18	+49:42	06:26
32	298	Rodrigo Quintal	sc povoense - caracóis de corrida	Veterano M40	05:23:47	+52:11	06:29
33	329	Nuno Oliveira	team sindeq	Veterano M40	05:24:01	+52:25	06:29
34	199	Carlos Sá	individual	Veterano M45	05:25:52	+54:16	06:31
35	155	Germano Figueira	individual	Senior Masculino	05:27:04	+55:28	06:32
36	228	Hugo Silva	lion runners - g. d. leões da guarda	Senior Masculino	05:27:49	+56:14	06:33
37	59	António Daniel da Silva Ribeiro	bitrunners	Senior Masculino	05:28:00	+56:24	06:34
38	116	Gabriel Fagundes Meira	edv-viana trail	Veterano M45	05:28:08	+56:32	06:34
39	330	Vitor Coelho	team sindeq	Veterano M45	05:28:30	+56:55	06:34
40	295	José Costa	runners do demo	Veterano M50	05:28:45	+57:09	06:35
41	276	Nuno Pereira	oralklass-amigos do trail	Senior Masculino	05:28:58	+57:22	06:35
42	227	Celso Oliveira	lion runners - g. d. leões da guarda	Senior Masculino	05:31:32	+59:56	06:38

TRAIL ULTRA - STAGE 1

50 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	63	Carlos Ferreira	btt alegria // tubani	Veterano M40	05:32:12	+01:00:36	06:39
44	13	Alexandre Mendes	abutres	Veterano M40	05:33:08	+01:01:32	06:40
45	343	MIGUEL RIBEIRO	zona alta trail	Veterano M40	05:35:12	+01:03:37	06:42
46	60	JOAO ESPIGUINHA	borba trail / help 4 u	Veterano M40	05:35:27	+01:03:51	06:43
47	54	Vitor Faim	atletismo clube da tocha	Veterano M55	05:35:57	+01:04:21	06:43
48	9	Bruno Santos	a.d.amarante	Veterano M40	05:37:36	+01:06:00	06:45
49	338	Nuno Guimarães	trogloditas runners	Senior Masculino	05:37:43	+01:06:07	06:45
50	57	Oscar Ferreira	aztrail/mercentro	Veterano M55	05:39:30	+01:07:54	06:47
51	292	Narciso Machado	profisio eupago team	Veterano M50	05:39:36	+01:08:00	06:48
52	293	Paulo Jorge Morais Pires	runners do demo	Veterano M40	05:39:46	+01:08:10	06:48
53	66	Carlos Freitas	c.d.c. nave / trail runners	Senior Masculino	05:40:03	+01:08:27	06:48
54	11	Vitor Costa	a.d.amarante	Veterano M40	05:41:08	+01:09:32	06:49
55	245	João Amândio	montanha clube trail running/efapel	Senior Masculino	05:42:26	+01:10:50	06:51
56	267	Paulo Domingues	olimpico vianense trail	Veterano M50	05:43:14	+01:11:38	06:52
57	100	Pedro Costa	douroconta gabinete de apoio e contabilidade	Veterano M40	05:43:40	+01:12:04	06:52
58	281	Óscar Rodrigues	oralklass-amigos do trail	Veterano M40	05:45:07	+01:13:31	06:54
59	241	João Repas Gonçalves	monsanto running team	Veterano M40	05:46:27	+01:14:51	06:56
60	197	Arturo Piñeiro rey	individual	Veterano M45	05:47:09	+01:15:33	06:57
61	98	José Miguel Fortuna Pinto	douroconta gabinete de apoio e contabilidade	Senior Masculino	05:47:50	+01:16:14	06:57
62	198	Carlos do Aido	individual	Veterano M45	05:47:59	+01:16:23	06:58
63	308	Mark Macedo	sport events	Senior Masculino	05:49:51	+01:18:15	07:00
64	306	Paulino Manuel de Abreu	solopisadas team	Veterano M45	05:49:52	+01:18:17	07:00
65	274	João Ribeiro	oralklass-amigos do trail	Senior Masculino	05:50:06	+01:18:30	07:00
66	194	RUI PEREIRA	individual	Veterano M40	05:50:33	+01:18:57	07:01
67	271	Nádia Casteleiro	oralklass-amigos do trail	Senior Feminino	05:51:31	+01:19:55	07:02
68	231	Miguel Ferreira	lion runners - g. d. leões da guarda	Veterano M40	05:52:24	+01:20:48	07:03
69	249	Carlos Figueiredo	morcegos trail	Veterano M40	05:52:54	+01:21:18	07:03
70	247	Raquel Clemente Pedro	montanha clube trail running/efapel	Veterana F45	05:54:18	+01:22:42	07:05
71	248	paulo nogueira	montanha clube trail running/efapel	Veterano M40	05:54:21	+01:22:45	07:05
72	141	Paulo Santos	grupo desportivo ferreirense	Veterano M50	05:54:36	+01:23:00	07:06
73	339	André Cunha	vimarunners	Senior Masculino	05:54:41	+01:23:05	07:06
74	38	Paulo Machado	aliados trail running team	Senior Masculino	05:54:47	+01:23:11	07:06
75	238	Jaime Cardoso	monsanto running team	Senior Masculino	05:54:56	+01:23:20	07:06
76	279	Julia Alexandra Fernandes	oralklass-amigos do trail	Veterana F50	05:55:18	+01:23:42	07:06
77	30	Ricardo Miranda	águias de alvelos	Senior Masculino	05:55:22	+01:23:46	07:06
78	158	Luís Silva	abcansado trail	Senior Masculino	05:56:17	+01:24:41	07:08
79	36	João Afonso	alexandra carvalho team	Sub 23 Masculino	05:56:32	+01:24:56	07:08
80	163	Nuno Correia	individual	Senior Masculino	05:57:00	+01:25:24	07:08
81	191	miguel sousa	os santa apolonia	Veterano M40	05:58:13	+01:26:38	07:10
82	242	Didier Valente	monsanto running team	Veterano M45	05:59:18	+01:27:42	07:11
83	240	João Correia Pereira	monsanto running team	Veterano M40	05:59:23	+01:27:47	07:11
84	20	Amândio Antunes	afifense trail	Veterano M40	06:01:06	+01:29:31	07:13
85	112	Sérgio Ramos	edv-viana trail	Veterano M40	06:01:07	+01:29:31	07:13
86	28	Marcelo Ramos Martins	águias de alvelos	Senior Masculino	06:01:17	+01:29:41	07:14
87	215	Nuno Paiva	individual	Veterano M50	06:02:33	+01:30:57	07:15

TRAIL ULTRA - STAGE 1

50 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	78	Rui Fernandes	clube atletismo fafe	Senior Masculino	06:03:00	+01:31:25	07:16
89	135	Alice Lopes	ginásio fit4fun	Veterana F40	06:03:05	+01:31:29	07:16
90	287	João Ferreira	porto de mós a correr	Senior Masculino	06:03:14	+01:31:38	07:16
91	251	Filipe Fernandes	palmeira runners	Senior Masculino	06:03:20	+01:31:44	07:16
92	12	Miguel Barros	a.d.amarante	Veterano M45	06:03:27	+01:31:51	07:16
93	180	Artur jorge andrade ferreira	individual	Veterano M40	06:03:29	+01:31:54	07:16
94	262	Rui Lima	olimpico vianense trail	Senior Masculino	06:04:38	+01:33:02	07:18
95	286	Nelson Leal	phoenix-evorun	Senior Masculino	06:05:26	+01:33:51	07:19
96	225	Jorge Domingues	lebres minhotas	Veterano M45	06:05:28	+01:33:53	07:19
97	285	Paulo Osório	outdoor clube de setúbal-strendure running team	Veterano M50	06:05:49	+01:34:14	07:19
98	301	Paula Lage	sim summit	Veterana F40	06:08:45	+01:37:09	07:23
99	282	LUIS FILIPE FREITAS DA SILVA	os santa apolónia	Senior Masculino	06:09:00	+01:37:24	07:23
100	327	Manuel Costa	team lantemil	Veterano M45	06:09:35	+01:37:59	07:24
101	79	António Francisco Galveia da Silva Madeira	clube de praças da armada	Veterano M55	06:10:07	+01:38:31	07:24
102	148	Rosália Silva	team lantemil	Senior Feminino	06:10:21	+01:38:45	07:24
103	316	Tiago Sousa	team lantemil	Senior Masculino	06:10:52	+01:39:16	07:25
104	107	João Ramos	edv-viana trail	Sub 23 Masculino	06:11:27	+01:39:51	07:26
105	109	Goreti Correia	edv-viana trail	Veterana F40	06:11:27	+01:39:51	07:26
106	132	Eurico Moura	gdr retorta	Veterano M40	06:12:06	+01:40:30	07:27
107	130	Flávio Miguel Pastor Oliveira	gdr retorta	Senior Masculino	06:12:07	+01:40:31	07:27
108	230	Luis Sá	lion runners - g. d. leões da guarda	Veterano M40	06:12:37	+01:41:02	07:27
109	113	stephane simoes	edv-viana trail	Veterano M40	06:12:54	+01:41:18	07:27
110	50	Sara Silva	atletismo clube da tocha	Senior Feminino	06:13:45	+01:42:09	07:29
111	296	Nuno Silva	salgueiros running	Veterano M40	06:14:15	+01:42:39	07:29
112	164	Nuno Monteiro	individual	Senior Masculino	06:14:22	+01:42:46	07:29
113	21	Carlos Neto	afifense trail	Veterano M40	06:15:46	+01:44:11	07:31
114	81	Paulo Silva	clube zipper	Senior Masculino	06:16:02	+01:44:27	07:31
115	97	Ricardo Sousa	dive into the mountains	Senior Masculino	06:16:11	+01:44:35	07:31
116	346	LUIS PINHO	ginásio fit4fun	Veterano M45	06:17:26	+01:45:50	07:33
117	246	Jocelina Jesus Ferreira	montanha clube trail running/efapel	Veterana F45	06:17:28	+01:45:52	07:33
118	217	Alfredo costa	individual	Veterano M55	06:17:47	+01:46:11	07:33
119	255	Fernando Almeida	nocturnos de paredes	Veterano M40	06:17:50	+01:46:14	07:33
120	318	Elisabete Santos	team lantemil	Veterana F45	06:18:45	+01:47:09	07:35
121	216	Paulo Barbosa	team lantemil	Veterano M50	06:18:45	+01:47:09	07:35
122	52	António Batata	atletismo clube da tocha	Veterano M40	06:19:10	+01:47:35	07:35
123	74	Ângelo Pereira	centro ciclista de gondomar	Veterano M55	06:19:22	+01:47:47	07:35
124	111	pedro caldas	edv-viana trail	Veterano M40	06:19:59	+01:48:23	07:36
125	272	Rita Loureiro	oralklass-amigos do trail	Senior Feminino	06:20:12	+01:48:36	07:36
126	129	Samuel Amorim	gd castelense	Senior Masculino	06:21:34	+01:49:59	07:38
127	108	Fernanda Verde	edv-viana trail	Veterana F40	06:22:49	+01:51:13	07:39
128	147	Cristiana Ferreira	individual	Senior Feminino	06:23:06	+01:51:30	07:40
129	125	Manuel Avelino Reis Pinheiro	fridão sem limites	Veterano M50	06:23:06	+01:51:30	07:40
130	53	José Manuel Jesus Zananar	atletismo clube da tocha	Veterano M50	06:25:56	+01:54:20	07:43
131	72	Fernando Remelgado	ccd siemens	Veterano M40	06:26:16	+01:54:40	07:44

TRAIL ULTRA - STAGE 1

50 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	49	Pedro Alves	associação brunheiro natural	Veterano M40	06:27:03	+01:55:27	07:44
133	187	Marco Pereira	individual	Veterano M40	06:27:20	+01:55:44	07:45
134	243	Carlos Tomé	monsanto running team	Veterano M50	06:28:05	+01:56:29	07:46
135	55	António Fraga Miranda	atr-algarve trail running	Veterano M45	06:28:47	+01:57:11	07:47
136	233	Luciano Pires	melgaço alvarinho trail team	Senior Masculino	06:29:45	+01:58:10	07:48
137	309	Júlia Conceição	sport events	Veterana F50	06:29:47	+01:58:11	07:48
138	106	Ricardo Silva	edv-viana trail	Senior Masculino	06:29:47	+01:58:11	07:48
139	278	Sérgio Suzano	oralklass-amigos do trail	Senior Masculino	06:30:29	+01:58:54	07:49
140	223	Fabio Chaves Rodriguez	la clasica	Senior Masculino	06:30:34	+01:58:58	07:49
141	76	Lina Marques	clac entroncamento/ondatrilhos	Veterana F40	06:30:47	+01:59:12	07:49
142	77	Pedro Anjos	clac entroncamento/ondatrilhos	Veterano M40	06:30:48	+01:59:12	07:49
143	204	Nelson Castro	individual	Veterano M45	06:31:02	+01:59:27	07:49
144	15	Mario Rui Martins	abutres	Veterano M45	06:33:55	+02:02:20	07:53
145	234	Marco Rodrigues	melgaço alvarinho trail team	Veterano M40	06:36:22	+02:04:46	07:56
146	291	Abilio Pereira	profisio eupago team	Veterano M50	06:36:30	+02:04:55	07:56
147	259	Adriano Ferreira	o que queremos é monte	Senior Masculino	06:36:31	+02:04:55	07:56
148	33	António Gomes	águias de alvelos	Veterano M45	06:37:23	+02:05:47	07:57
149	270	Ana Vieira	oralklass-amigos do trail	Senior Feminino	06:38:43	+02:07:07	07:58
150	157	Luis	individual	Senior Masculino	06:41:17	+02:09:42	08:02
151	127	Paulo Santos	g.r. corredoura	Senior Masculino	06:42:03	+02:10:27	08:02
152	244	Fernando Bastos	montanha clube trail running/efapel	Senior Masculino	06:42:04	+02:10:28	08:02
153	168	Pedro Nunes	individual	Senior Masculino	06:42:49	+02:11:14	08:03
154	288	TANIA BATEIRA	portocargo runners	Veterana F40	06:42:50	+02:11:14	08:03
155	172	Tiago Miguel Silva Sousa	individual	Senior Masculino	06:42:50	+02:11:15	08:03
156	121	Patrício Afonso	equipa a	Veterano M45	06:45:51	+02:14:15	08:07
157	226	Bruno Monteiro	lion runners - g. d. leões da guarda	Senior Masculino	06:46:14	+02:14:38	08:07
158	14	José Coelho	abutres	Veterano M45	06:46:18	+02:14:43	08:08
159	337	Daniel Alves	trepadores	Veterano M45	06:49:34	+02:17:58	08:11
160	336	Renato Martins	trepadores	Veterano M40	06:49:37	+02:18:01	08:12
161	333	Fernando Carneiro	trepadores	Senior Masculino	06:49:38	+02:18:02	08:12
162	304	David Lafuente Alves	solopisadas team	Veterano M45	06:50:07	+02:18:31	08:12
163	154	Filipe Machado	individual	Senior Masculino	06:50:28	+02:18:52	08:13
164	166	Paulo Melo	individual	Senior Masculino	06:50:37	+02:19:01	08:13
165	326	Joaquim Silva	team lanternil	Veterano M45	06:50:54	+02:19:18	08:13
166	37	Jose Silva	alexandra carvalho team	Veterano M40	06:51:02	+02:19:26	08:13
167	73	Ana Amaral	centro ciclista de gondomar	Veterana F45	06:51:02	+02:19:27	08:13
168	162	Nelson Frias Amaral	individual	Senior Masculino	06:52:48	+02:21:12	08:15
169	214	Martinho costa	individual	Veterano M50	06:53:55	+02:22:19	08:17
170	167	Pedro Nogueira	individual	Senior Masculino	06:55:02	+02:23:26	08:18
171	261	Fernando Rodrigues	olimpico vianense trail	Senior Masculino	06:55:47	+02:24:11	08:19
172	235	Pascoal Melo	minho aventura	Veterano M45	06:56:01	+02:24:26	08:19
173	183	Hernani Correia	individual	Veterano M40	06:56:02	+02:24:26	08:19
174	56	Conceição Ferreira	aztrail/mercentro	Veterana F50	06:56:30	+02:24:54	08:20
175	47	David Ferreira	amigos do empeno - trail running	Senior Masculino	06:56:49	+02:25:14	08:20
176	224	Miguel Angel Esmoris Garcia	la clasica	Veterano M45	06:58:00	+02:26:25	08:22
177	341	Luis Miguel	vimarunners	Senior Masculino	06:58:16	+02:26:40	08:22

TRAIL ULTRA - STAGE 1

50 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
178	209	vitlor santos	individual	Veterano M45	06:58:30	+02:26:54	08:22
179	268	Fernando Alves	olimpico vianense trail	Veterano M55	06:59:07	+02:27:32	08:23
180	19	Gil Araujo	afifense trail	Senior Masculino	06:59:51	+02:28:16	08:24
181	75	José Gomes	ceveira team running	Veterano M50	06:59:51	+02:28:16	08:24
182	189	Miguel Ângelo	individual	Veterano M40	07:00:28	+02:28:52	08:25
183	102	Carla Araújo	edv-viana trail	Senior Feminino	07:00:52	+02:29:16	08:25
184	359	Catarina Amorim	gd castelense	Senior Feminino	07:01:46	+02:30:10	08:26
185	182	Francisco Carneiro	individual	Veterano M40	07:01:51	+02:30:16	08:26
186	114	Wilson Fonseca	edv-viana trail	Veterano M40	07:03:28	+02:31:53	08:28
187	190	Miguel Pimenta	individual	Veterano M40	07:03:42	+02:32:06	08:28
188	48	Pedro Rafael Pinheiro Fernandes	amigos do empeno - trail running	Senior Masculino	07:04:56	+02:33:20	08:30
189	325	Ângelo Nogueira	team lantermil	Veterano M45	07:05:21	+02:33:45	08:30
190	134	Rogério Coelho	gdr retorta	Veterano M40	07:06:22	+02:34:46	08:32
191	110	Cláudia Cálix	edv-viana trail	Veterana F45	07:07:59	+02:36:24	08:34
192	45	Domingos Barrois	amigos da montanha	Veterano M45	07:07:59	+02:36:24	08:34
193	334	Ivo Miguel Lemos Martins	trepadores	Senior Masculino	07:13:17	+02:41:41	08:40
194	126	António Carlos Silva Teixeira	fridão sem limites	Veterano M55	07:13:21	+02:41:45	08:40
195	290	LUIS RIBEIRO	portocargo runners	Veterano M40	07:14:21	+02:42:45	08:41
196	71	Vasco Faria	cb run	Senior Masculino	07:14:22	+02:42:46	08:41
197	120	Ricardo Carvalho	equipa a	Veterano M40	07:14:38	+02:43:02	08:42
198	24	Ricardo Fernandes	afrikanrunners	Veterano M40	07:14:45	+02:43:10	08:42
199	23	Nelson Nunes	afrikanrunners	Veterano M40	07:14:46	+02:43:11	08:42
200	34	Miguel de Oliveira	airão trail team	Veterano M40	07:15:16	+02:43:41	08:42
201	118	FERNANDO CUNHA	edv-viana trail	Veterano M50	07:15:22	+02:43:46	08:42
202	139	Paulo Jorge da Silva Gama	gondomar futsal clube	Veterano M50	07:15:56	+02:44:20	08:43
203	319	Marcelo Ferreira	team lantermil	Veterano M40	07:16:08	+02:44:32	08:43
204	321	Miguel Araújo	team lantermil	Veterano M40	07:16:08	+02:44:32	08:43
205	315	Pedro Coelho	team lantermil	Senior Masculino	07:16:08	+02:44:32	08:43
206	254	José Cunha	nocturnos de paredes	Senior Masculino	07:16:09	+02:44:33	08:43
207	213	Manuel Vaz	individual	Veterano M50	07:17:05	+02:45:30	08:45
208	153	Felisberto Arcipreste	individual	Senior Masculino	07:18:35	+02:46:59	08:46
209	40	Nelson Carvalho	alvelinhos running	Veterano M45	07:19:03	+02:47:27	08:47
210	136	ANGELO PINHO	ginásio fit4fun	Veterano M45	07:20:27	+02:48:52	08:49
211	140	Lurdes Gil	grupo desportivo ferreirense	Veterana F45	07:21:07	+02:49:31	08:49
212	122	fernando manuel cação costa	figueira kayak club	Veterano M55	07:21:08	+02:49:32	08:49
213	307	Filipe Rodrigues Gonçalves	solopisadas team	Veterano M50	07:21:30	+02:49:54	08:50
214	345	Artur Ferreira	unidos à fresca	Veterano M40	07:22:36	+02:51:00	08:51
215	344	Daniela Soares	unidos à fresca	Senior Feminino	07:22:36	+02:51:00	08:51
216	178	Afonso Gonçalves	individual	Veterano M40	07:23:58	+02:52:22	08:53
217	176	Maria de Fátima da Silva Lopes	individual	Veterana F45	07:24:01	+02:52:25	08:53
218	18	Marinha Pires	afifense trail	Senior Feminino	07:25:08	+02:53:33	08:54
219	22	Carlos Pereira	afifense trail	Veterano M45	07:25:34	+02:53:58	08:55
220	300	José Leça	sem medo	Veterano M55	07:26:59	+02:55:23	08:56
221	269	Manuel Carlos Martins	opraticante.pt	Veterano M40	07:28:43	+02:57:07	08:58
222	184	João Ricardo Duarte	individual	Veterano M40	07:29:44	+02:58:09	09:00

TRAIL ULTRA - STAGE 1

50 KM

[illegible]

OFFICIAL RESULT

[illegible]

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	201	Filipe Martins	individual	Veterano M45	07:29:45	+02:58:09	09:00
224	181	Filipe Pereira	individual	Veterano M40	07:29:45	+02:58:10	09:00
225	25	Domingos Gonçalves	afrikanrunners	Veterano M45	07:32:52	+03:01:17	09:03
226	103	Patricia Palma	edv-viana trail	Senior Feminino	07:32:54	+03:01:18	09:03
227	188	Marcos Gandra	individual	Veterano M40	07:34:09	+03:02:33	09:05
228	218	ARMANDO ADELINO CEPEDA MORENO	individual	Veterano M55	07:34:09	+03:02:33	09:05
229	317	Vitor Silva	team lantermil	Senior Masculino	07:36:13	+03:04:37	09:07
230	312	Marta Ferreira	team lantermil	Senior Feminino	07:36:14	+03:04:38	09:07
231	232	Henrique da Silva	melgaço alvarinho trail team	Senior Masculino	07:37:28	+03:05:53	09:09
232	61	Samy Costa	braguinhas runners	Veterana F50	07:38:10	+03:06:35	09:10
233	193	Rui da Silva Santos	individual	Veterano M40	07:38:11	+03:06:35	09:10
234	144	nuno almeida	guimarunning	Senior Masculino	07:39:07	+03:07:32	09:11
235	220	Adelino Jorge DE OLIVEIRA	individual	Veterano M60	07:39:26	+03:07:50	09:11
236	82	Pedro Cancelo	clube zipper	Senior Masculino	07:39:51	+03:08:15	09:12
237	58	Sandra Silva	befitness runners	Senior Feminino	07:40:27	+03:08:51	09:13
238	84	José Manuel Botelho da Costa de Aguiar da Câmara	coimbra trail running	Veterano M60	07:41:33	+03:09:57	09:14
239	143	FERNANDO AREZES	gtt-armazém do caffè	Veterano M50	07:42:32	+03:10:57	09:15
240	173	Vitor costa	individual	Senior Masculino	07:43:13	+03:11:38	09:16
241	206	rogerio abreu	a. d. carril	Veterano M45	07:43:14	+03:11:38	09:16
242	263	Elena Gonzalez	olimpico vianense trail	Veterana F40	07:43:47	+03:12:11	09:17
243	124	Filipe Reis Pinheiro	fridão sem limites	Veterano M40	07:43:47	+03:12:11	09:17
244	305	José Asorey Cacheda	solopisadas team	Veterano M45	07:47:00	+03:15:25	09:20
245	196	António Oliveira	individual	Veterano M45	07:48:22	+03:16:46	09:22
246	212	João Silva	individual	Veterano M50	07:48:26	+03:16:51	09:22
247	179	André Santa	individual	Veterano M40	07:50:31	+03:18:55	09:25
248	192	Ricardo Santa	individual	Veterano M40	07:50:34	+03:18:59	09:25
249	320	Marco Filipe Silva Moreira	team lantermil	Veterano M40	07:51:30	+03:19:54	09:26
250	314	Helio Borges	team lantermil	Senior Masculino	07:51:31	+03:19:55	09:26
251	258	Luís Álvaro	o mundo da corrida	Veterano M50	07:56:06	+03:24:30	09:31
252	207	Rui Pena	individual	Veterano M45	07:58:59	+03:27:23	09:35
253	177	Flor Madureira	individual	Veterana F50	07:59:55	+03:28:19	09:36
254	253	PEDRO BARROS	noatum shipping agency running team	Veterano M40	07:59:55	+03:28:20	09:36
255	202	PEDRO GAIO	individual	Veterano M40	07:59:55	+03:28:20	09:36
256	85	Daniel Pinto	comdor runners	Senior Masculino	08:01:43	+03:30:07	09:38
257	86	EMANUEL ALMEIDA	comdor runners	Senior Masculino	08:01:44	+03:30:08	09:38
258	160	Miguel Cruz	individual	Senior Masculino	08:03:13	+03:31:37	09:40
259	175	Susana Neta	clube zipper	Veterana F40	08:03:13	+03:31:38	09:40
260	90	Inês Peres	desliza team/oztreme	Senior Feminino	08:06:44	+03:35:08	09:44
261	165	Nuno Nunes	individual	Senior Masculino	08:06:44	+03:35:09	09:44
262	142	Nuno Costa	grupo desportivo limpeza urbana	Veterano M40	08:08:22	+03:36:46	09:46
263	200	Eduardo Benigno	individual	Veterano M45	08:11:49	+03:40:14	09:50
264	80	Silvério Oliveira Santos	clube pessoal águas gaia	Veterano M45	08:14:00	+03:42:25	09:53
265	283	Bruno Filipe Ribeiro Ferreira	osteo performance 360º	Senior Masculino	08:14:20	+03:42:44	09:53
266	322	Miguel Teixeira	team lantermil	Veterano M40	08:17:09	+03:45:34	09:57
267	311	Andreia Pereira	team lantermil	Senior Feminino	08:17:10	+03:45:34	09:57

TRAIL ULTRA - STAGE 1

50 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
268	185	Luis	individual	Veterano M40	08:21:32	+03:49:56	10:02
269	236	Inês Jordão	monsanto running team	Senior Feminino	08:21:33	+03:49:57	10:02
270	35	Alexandra Carvalho	alexandra carvalho team	Senior Feminino	08:22:24	+03:50:48	10:03
271	69	Filipe Conceição	c.d.c. nave / trail runners	Veterano M45	08:22:28	+03:50:53	10:03
272	257	Luis Calheiros	o mundo da corrida	Veterano M45	08:23:35	+03:51:59	10:04
273	171	Silvio Freitas	individual	Senior Masculino	08:27:23	+03:55:48	10:09
274	303	Bruno Silva	smile team	Senior Masculino	08:27:35	+03:55:59	10:09
275	17	Carlos Carreira	ade trail running	Veterano M40	08:33:05	+04:01:29	10:16
276	211	Hélder Abilio Martins Ferreira	individual	Veterano M50	08:34:30	+04:02:54	10:17
277	88	Bruno Gomes	crocodilos/misterpc	Senior Masculino	08:35:32	+04:03:56	10:19
278	39	Artur Silva	all about	Veterano M50	08:40:07	+04:08:31	10:24
279	123	Artur Costa	frezite - fmt	Veterano M40	08:40:08	+04:08:32	10:24
280	222	Rui Pedras	individual	Veterano M60	08:51:28	+04:19:52	10:38
281	138	Sandra Cabral	ginásio clube de bragança	Veterana F45	08:51:29	+04:19:53	10:38
282	89	Inês Mendonça	desliza team/oztreme	Senior Feminino	09:15:15	+04:43:39	11:06
283	284	Eugénio Santos	out 2 run/miro	Senior Masculino	09:15:15	+04:43:39	11:06
284	332	Paulo Carvalho	trailistas "eu é que sei"	Veterano M50	09:25:09	+04:53:33	11:18
285	195	Álvaro nunes	individual	Veterano M45	09:25:09	+04:53:33	11:18
286	203	José Neves	individual	Veterano M45	09:25:09	+04:53:33	11:18

Trail Ultra

50 KM

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	Time	Temperature	Humidity
Start	08:30	8.5°C	87%
End	17:56	8.5°C	87%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	271	Nádia Casteleiro	ORALKLASS-AMIGOS DO TRAIL	Senior Feminino	05:51:31	+01:19:55	07:02:26
2	148	Rosália Silva	Team Lantemil	Senior Feminino	06:10:21	+01:38:45	07:24:06
3	50	Sara Silva	Atletismo Clube da Tocha	Senior Feminino	06:13:45	+01:42:09	07:29:54
4	272	Rita Loureiro	ORALKLASS-AMIGOS DO TRAIL	Senior Feminino	06:20:12	+01:48:36	07:36:48
5	147	Cristiana Ferreira	Individual	Senior Feminino	06:23:06	+01:51:30	07:40:36
6	270	Ana Vieira	ORALKLASS-AMIGOS DO TRAIL	Senior Feminino	06:38:43	+02:07:07	07:58:50
7	102	Carla Araújo	EDV-Viana Trail	Senior Feminino	07:00:52	+02:29:16	08:25:08
8	359	Catarina Amorim	GD Castelense	Senior Feminino	07:01:46	+02:30:10	08:26:56
9	344	Daniela Soares	Unidos à Fresca	Senior Feminino	07:22:36	+02:51:00	08:51:36
10	18	Marinha Pires	Afifense Trail	Senior Feminino	07:25:08	+02:53:33	08:54:41
11	103	Patrícia Palma	EDV-Viana Trail	Senior Feminino	07:32:54	+03:01:18	09:03:12
12	312	Marta Ferreira	Team Lantemil	Senior Feminino	07:36:14	+03:04:38	09:07:52
13	58	Sandra Silva	Befitness Runners	Senior Feminino	07:40:27	+03:08:51	09:13:18
14	90	Inês Peres	Desliza Team/Oztreme	Senior Feminino	08:06:44	+03:35:08	09:44:52
15	311	Andreia Pereira	Team Lantemil	Senior Feminino	08:17:10	+03:45:34	09:57:44
16	236	Inês Jordão	Monsanto Running Team	Senior Feminino	08:21:33	+03:49:57	10:02:30
17	35	Alexandra Carvalho	Alexandra Carvalho Team	Senior Feminino	08:22:24	+03:50:48	10:03:12
18	89	Inês Mendonça	Desliza Team/Oztreme	Senior Feminino	09:15:15	+04:43:39	11:06:54

Senior Masculino

1	31	Sergio Sá	Águias de Alvelos	Senior Masculino	04:31:35	05:26
2	277	Pedro Barros	ORALKLASS-AMIGOS DO TRAIL	Senior Masculino	04:33:25	+01:49 05:28
3	65	André Duarte	C.D.C. Nave / Trail Runners	Senior Masculino	04:39:39	+08:03 05:36
4	26	Bruno Ribeiro	Águias de Alvelos	Senior Masculino	04:50:10	+18:34 05:48
5	27	Hugo Araujo	Águias de Alvelos	Senior Masculino	04:50:12	+18:36 05:48
6	105	Pedro Manuel Reis Caprichoso	EDV-Viana Trail	Senior Masculino	04:51:16	+19:40 05:50
7	252	Nuno Carneiro	NAST - Núcleo Associativo de Santo Tirso	Senior Masculino	04:51:26	+19:50 05:50
8	170	Seninho Ribeiro	ORALKLASS-AMIGOS DO TRAIL	Senior Masculino	04:52:54	+21:18 05:51
9	51	Daniel Batata	Atletismo Clube da Tocha	Senior Masculino	04:53:53	+22:17 05:53
10	310	Nelson Teixeira	NAST - Núcleo Associativo de Santo Tirso	Senior Masculino	04:55:52	+24:16 05:55
11	273	João Nogueira	ORALKLASS-AMIGOS DO TRAIL	Senior Masculino	04:59:02	+27:26 05:59
12	250	Mário Fonseca	NAST - Núcleo Associativo de Santo Tirso	Senior Masculino	04:59:40	+28:04 06:00
13	151	Eduardo Fonseca	Individual	Senior Masculino	05:02:56	+31:20 06:04
14	237	Carlos Pacheco	Monsanto Running Team	Senior Masculino	05:12:36	+41:00 06:15
15	41	Simão Seiça	AMCF - Arrábida Trail Team	Senior Masculino	05:13:05	+41:29 06:16
16	161	moises	Individual	Senior Masculino	05:14:57	+43:21 06:18

Official Timekeeper: Lap2Go	1 / 8	generate 18-Feb-2019 15:28
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Trail Ultra

50 KM

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17	101	Ricardo Miguel Sousa Amorim	EDL Trail	Senior Masculino	05:16:06	+44:31	06:19
18	67	Jorge Santos	C.D.C. Nave / Trail Runners	Senior Masculino	05:19:35	+48:00	06:24
19	342	Daniel Silva Pereira	Viseu Running Team	Senior Masculino	05:20:38	+49:03	06:25
20	152	Fábio Filipe	Individual	Senior Masculino	05:21:18	+49:42	06:26
21	155	Germano Figueira	Individual	Senior Masculino	05:27:04	+55:28	06:32
22	228	Hugo Silva	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	05:27:49	+56:14	06:33
23	59	António Daniel da Silva Ribeiro	BITRUNNERS	Senior Masculino	05:28:00	+56:24	06:34
24	276	Nuno Pereira	ORALKLASS-AMIGOS DO TRAIL	Senior Masculino	05:28:58	+57:22	06:35
25	227	Celso Oliveira	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	05:31:32	+59:56	06:38
26	338	Nuno Guimarães	Trogloditas runners	Senior Masculino	05:37:43	+01:06:07	06:45
27	66	Carlos Freitas	C.D.C. Nave / Trail Runners	Senior Masculino	05:40:03	+01:08:27	06:48
28	245	João Amândio	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Senior Masculino	05:42:26	+01:10:50	06:51
29	98	José Miguel Fortuna Pinto	Douroconta Gabinete de apoio e Contabilidade	Senior Masculino	05:47:50	+01:16:14	06:57
30	308	Mark Macedo	Sport Events	Senior Masculino	05:49:51	+01:18:15	07:00
31	274	João Ribeiro	ORALKLASS-AMIGOS DO TRAIL	Senior Masculino	05:50:06	+01:18:30	07:00
32	339	André Cunha	Vimarunners	Senior Masculino	05:54:41	+01:23:05	07:06
33	38	Paulo Machado	Aliados Trail Running Team	Senior Masculino	05:54:47	+01:23:11	07:06
34	238	Jaime Cardoso	Monsanto Running Team	Senior Masculino	05:54:56	+01:23:20	07:06
35	30	Ricardo Miranda	Águias de Alvelos	Senior Masculino	05:55:22	+01:23:46	07:06
36	158	Luís Silva	ABCansado Trail	Senior Masculino	05:56:17	+01:24:41	07:08
37	163	Nuno Correia	Individual	Senior Masculino	05:57:00	+01:25:24	07:08
38	28	Marcelo Ramos Martins	Águias de Alvelos	Senior Masculino	06:01:17	+01:29:41	07:14
39	78	Rui Fernandes	Clube Atletismo Fafe	Senior Masculino	06:03:00	+01:31:25	07:16
40	287	João Ferreira	Porto de Mós a Correr	Senior Masculino	06:03:14	+01:31:38	07:16
41	251	Filipe Fernandes	Palmeira Runners	Senior Masculino	06:03:20	+01:31:44	07:16
42	262	Rui Lima	Olimpico Vianense Trail	Senior Masculino	06:04:38	+01:33:02	07:18
43	286	Nelson Leal	Phoenix-Evorun	Senior Masculino	06:05:26	+01:33:51	07:19
44	282	LUIS FILIPE FREITAS DA SILVA	Os Santa Apolónia	Senior Masculino	06:09:00	+01:37:24	07:23
45	316	Tiago Sousa	Team Lantemil	Senior Masculino	06:10:52	+01:39:16	07:25
46	130	Flávio Miguel Pastor Oliveira	GDR Retorta	Senior Masculino	06:12:07	+01:40:31	07:27
47	164	Nuno Monteiro	Individual	Senior Masculino	06:14:22	+01:42:46	07:29
48	81	Paulo Silva	Clube Zupper	Senior Masculino	06:16:02	+01:44:27	07:31
49	97	Ricardo Sousa	Dive into the mountains	Senior Masculino	06:16:11	+01:44:35	07:31
50	129	Samuel Amorim	GD CASTELENSE	Senior Masculino	06:21:34	+01:49:59	07:38
51	233	Luciano Pires	Melgaço Alvarinho Trail Team	Senior Masculino	06:29:45	+01:58:10	07:48
52	106	Ricardo Silva	EDV-Viana Trail	Senior Masculino	06:29:47	+01:58:11	07:48
53	278	Sérgio Suzano	ORALKLASS-AMIGOS DO TRAIL	Senior Masculino	06:30:29	+01:58:54	07:49
54	223	Fabio Chaves Rodriguez	LA CLASICA	Senior Masculino	06:30:34	+01:58:58	07:49
55	259	Adriano Ferreira	O Que Queremos é Monte	Senior Masculino	06:36:31	+02:04:55	07:56
56	157	Luis	Individual	Senior Masculino	06:41:17	+02:09:42	08:02
57	127	Paulo Santos	G.R. Corredoura	Senior Masculino	06:42:03	+02:10:27	08:02
58	244	Fernando Bastos	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Senior Masculino	06:42:04	+02:10:28	08:02
59	168	Pedro Nunes	Individual	Senior Masculino	06:42:49	+02:11:14	08:03

Trail Ultra

50 KM

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OFFICIAL RESULT

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60	172	Tiago Miguel Silva Sousa	Individual	Senior Masculino	06:42:50	+02:11:15	08:03
61	226	Bruno Monteiro	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	06:46:14	+02:14:38	08:07
62	333	Fernando Carneiro	Trepadores	Senior Masculino	06:49:38	+02:18:02	08:12
63	154	Filipe Machado	Individual	Senior Masculino	06:50:28	+02:18:52	08:13
64	166	Paulo Melo	Individual	Senior Masculino	06:50:37	+02:19:01	08:13
65	162	Nelson Frias Amaral	Individual	Senior Masculino	06:52:48	+02:21:12	08:15
66	167	Pedro Nogueira	Individual	Senior Masculino	06:55:02	+02:23:26	08:18
67	261	Fernando Rodrigues	Olimpico Vianense Trail	Senior Masculino	06:55:47	+02:24:11	08:19
68	47	David Ferreira	Amigos Do Empeno - Trail Running	Senior Masculino	06:56:49	+02:25:14	08:20
69	341	Luis Miguel	Vimarunners	Senior Masculino	06:58:16	+02:26:40	08:22
70	19	Gil Araujo	Afifense Trail	Senior Masculino	06:59:51	+02:28:16	08:24
71	48	Pedro Rafael Pinheiro Fernandes	Amigos Do Empeno - Trail Running	Senior Masculino	07:04:56	+02:33:20	08:30
72	334	Ivo Miguel Lemos Martins	Trepadores	Senior Masculino	07:13:17	+02:41:41	08:40
73	71	Vasco Faria	CB RUN	Senior Masculino	07:14:22	+02:42:46	08:41
74	315	Pedro Coelho	Team Lantemil	Senior Masculino	07:16:08	+02:44:32	08:43
75	254	José Cunha	Nocturnos de Paredes	Senior Masculino	07:16:09	+02:44:33	08:43
76	153	Felisberto Arcipreste	Individual	Senior Masculino	07:18:35	+02:46:59	08:46
77	317	Vítor Silva	Team Lantemil	Senior Masculino	07:36:13	+03:04:37	09:07
78	232	Henrique da Silva	Melgaço Alvarinho Trail Team	Senior Masculino	07:37:28	+03:05:53	09:09
79	144	nuno almeida	GUIMARUNNING	Senior Masculino	07:39:07	+03:07:32	09:11
80	82	Pedro Cancelo	Clube Zupper	Senior Masculino	07:39:51	+03:08:15	09:12
81	173	Vitor costa	Individual	Senior Masculino	07:43:13	+03:11:38	09:16
82	314	Helio Borges	Team Lantemil	Senior Masculino	07:51:31	+03:19:55	09:26
83	85	Daniel Pinto	Comdor Runners	Senior Masculino	08:01:43	+03:30:07	09:38
84	86	EMANUEL ALMEIDA	COMDOR RUNNERS	Senior Masculino	08:01:44	+03:30:08	09:38
85	160	Miguel Cruz	Individual	Senior Masculino	08:03:13	+03:31:37	09:40
86	165	Nuno Nunes	Individual	Senior Masculino	08:06:44	+03:35:09	09:44
87	283	Bruno Filipe Ribeiro Ferreira	Osteo Performance 360º	Senior Masculino	08:14:20	+03:42:44	09:53
88	171	Silvio Freitas	Individual	Senior Masculino	08:27:23	+03:55:48	10:09
89	303	Bruno Silva	Smile Team	Senior Masculino	08:27:35	+03:55:59	10:09
90	88	Bruno Gomes	Crocodilos/MisterPC	Senior Masculino	08:35:32	+04:03:56	10:19
91	284	Eugénio Santos	Out 2 run/Miro	Senior Masculino	09:15:15	+04:43:39	11:06

Sub 23 Masculino

1	36	João Afonso	Alexandra Carvalho Team	Sub 23 Masculino	05:56:32	+01:24:56	07:08
2	107	João Ramos	EDV-VIANA TRAIL	Sub 23 Masculino	06:11:27	+01:39:51	07:26

Veterana F40

1	135	Alice Lopes	Ginásio Fit4Fun	Veterana F40	06:03:05	+01:31:29	07:16
2	301	Paula Lage	Sim Summit	Veterana F40	06:08:45	+01:37:09	07:23
3	109	Goreti Correia	EDV-Viana Trail	Veterana F40	06:11:27	+01:39:51	07:26
4	108	Fernanda Verde	EDV-Viana Trail	Veterana F40	06:22:49	+01:51:13	07:39
5	76	Lina Marques	CLAC Entroncamento/OndaTrilhos	Veterana F40	06:30:47	+01:59:12	07:49

Official Timekeeper: Lap2Go	3 / 8	generate 18-Feb-2019 15:28
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Trail Ultra

50 KM

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OFFICIAL RESULT

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6	288	TANIA BATEIRA	PORTOCARGO RUNNERS	Veterana F40	06:42:50	+02:11:14	08:03
7	263	Elena Gonzalez	Olimpico Vianense Trail	Veterana F40	07:43:47	+03:12:11	09:17
8	175	Susana Neta	Clube zipper	Veterana F40	08:03:13	+03:31:38	09:40

Veterana F45

1	247	Raquel Clemente Pedro	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Veterana F45	05:54:18	+01:22:42	07:05
2	246	Jocelina Jesus Ferreira	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Veterana F45	06:17:28	+01:45:52	07:33
3	318	Elisabete Santos	Team Lantermil	Veterana F45	06:18:45	+01:47:09	07:35
4	73	Ana Amaral	Centro Ciclista de Gondomar	Veterana F45	06:51:02	+02:19:27	08:13
5	110	Cláudia Cálix	EDV-Viana Trail	Veterana F45	07:07:59	+02:36:24	08:34
6	140	Lurdes Gil	Grupo Desportivo Ferreirense	Veterana F45	07:21:07	+02:49:31	08:49
7	176	Maria de Fátima da Silva Lopes	Individual	Veterana F45	07:24:01	+02:52:25	08:53
8	138	Sandra Cabral	Ginásio Clube de Bragança	Veterana F45	08:51:29	+04:19:53	10:38

Veterana F50

1	279	Julia Alexandra Fernandes	ORALKLASS-AMIGOS DO TRAIL	Veterana F50	05:55:18	+01:23:42	07:06
2	309	Júlia Conceição	Sport Events	Veterana F50	06:29:47	+01:58:11	07:48
3	56	Conceição Ferreira	AZtrail/Mercentro	Veterana F50	06:56:30	+02:24:54	08:20
4	61	Samy Costa	Braguinhas Runners	Veterana F50	07:38:10	+03:06:35	09:10
5	177	Flor Madureira	Individual	Veterana F50	07:59:55	+03:28:19	09:36

Veterano M40

1	280	Luís Pedro Martins	ORALKLASS-AMIGOS DO TRAIL	Veterano M40	04:40:13	+08:37	05:36
2	10	Paulo Costa	A.D.Amarante	Veterano M40	04:45:42	+14:06	05:43
3	94	Artur Costa	Desnível Positivo	Veterano M40	05:06:38	+35:02	06:08
4	348	Pablo Conde Estévez	Boavista Trail	Veterano M40	05:08:59	+37:23	06:11
5	42	Nélson Amaral	AMCF - Arrábida Trail Team	Veterano M40	05:18:45	+47:09	06:23
6	64	Lino Pinto	BTT Alegria // TUBANI	Veterano M40	05:20:07	+48:31	06:24
7	298	Rodrigo Quintal	SC Povoense - Caracóis de Corrida	Veterano M40	05:23:47	+52:11	06:29
8	329	Nuno Oliveira	Team Sindeq	Veterano M40	05:24:01	+52:25	06:29
9	63	Carlos Ferreira	BTT Alegria // TUBANI	Veterano M40	05:32:12	+01:00:36	06:39
10	13	Alexandre Mendes	Abutres	Veterano M40	05:33:08	+01:01:32	06:40
11	343	MIGUEL RIBEIRO	ZONA ALTA TRAIL	Veterano M40	05:35:12	+01:03:37	06:42
12	60	JOAO ESPIGUINHA	BORBA TRAIL / HELP 4 U	Veterano M40	05:35:27	+01:03:51	06:43
13	9	Bruno Santos	A.D.Amarante	Veterano M40	05:37:36	+01:06:00	06:45
14	293	Paulo Jorge Morais Pires	Runners do Demo	Veterano M40	05:39:46	+01:08:10	06:48
15	11	Vitor Costa	A.D.Amarante	Veterano M40	05:41:08	+01:09:32	06:49
16	100	Pedro Costa	Douroconta Gabinete de apoio e Contabilidade	Veterano M40	05:43:40	+01:12:04	06:52
17	281	Óscar Rodrigues	ORALKLASS-AMIGOS DO TRAIL	Veterano M40	05:45:07	+01:13:31	06:54

Trail Ultra

50 KM

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18	241	João Repas Gonçalves	Monsanto Running team	Veterano M40	05:46:27	+01:14:51	06:56
19	194	RUI PEREIRA	Individual	Veterano M40	05:50:33	+01:18:57	07:01
20	231	Miguel Ferreira	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	05:52:24	+01:20:48	07:03
21	249	Carlos Figueiredo	Morcegos Trail	Veterano M40	05:52:54	+01:21:18	07:03
22	248	paulo nogueira	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	Veterano M40	05:54:21	+01:22:45	07:05
23	191	miguel sousa	Os Santa Apolonia	Veterano M40	05:58:13	+01:26:38	07:10
24	240	João Correia Pereira	Monsanto Running Team	Veterano M40	05:59:23	+01:27:47	07:11
25	20	Amândio Antunes	Afifense Trail	Veterano M40	06:01:06	+01:29:31	07:13
26	112	Sérgio Ramos	EDV-Viana Trail	Veterano M40	06:01:07	+01:29:31	07:13
27	180	Artur jorge andrade ferreira	Individual	Veterano M40	06:03:29	+01:31:54	07:16
28	132	Eurico Moura	GDR Retorta	Veterano M40	06:12:06	+01:40:30	07:27
29	230	Luis Sá	LION RUNNERS - G. D. Leões da Guarda	Veterano M40	06:12:37	+01:41:02	07:27
30	113	stephane simoes	EDV-Viana Trail	Veterano M40	06:12:54	+01:41:18	07:27
31	296	Nuno Silva	Salgueiros Running	Veterano M40	06:14:15	+01:42:39	07:29
32	21	Carlos Neto	Afifense Trail	Veterano M40	06:15:46	+01:44:11	07:31
33	255	Fernando Almeida	Nocturnos de Paredes	Veterano M40	06:17:50	+01:46:14	07:33
34	52	António Batata	Atletismo Clube da Tocha	Veterano M40	06:19:10	+01:47:35	07:35
35	111	pedro caldas	EDV-Viana Trail	Veterano M40	06:19:59	+01:48:23	07:36
36	72	Fernando Remelgado	Ccd Siemens	Veterano M40	06:26:16	+01:54:40	07:44
37	49	Pedro Alves	Associação Brunheiro Natural	Veterano M40	06:27:03	+01:55:27	07:44
38	187	Marco Pereira	Individual	Veterano M40	06:27:20	+01:55:44	07:45
39	77	Pedro Anjos	CLAC Entroncamento/OndaTrilhos	Veterano M40	06:30:48	+01:59:12	07:49
40	234	Marco Rodrigues	Melgaço Alvarinho Trail Team	Veterano M40	06:36:22	+02:04:46	07:56
41	336	Renato Martins	Trepadores	Veterano M40	06:49:37	+02:18:01	08:12
42	37	Jose Silva	Alexandra Carvalho Team	Veterano M40	06:51:02	+02:19:26	08:13
43	183	Hernani Correia	Individual	Veterano M40	06:56:02	+02:24:26	08:19
44	189	Miguel Ângelo	Individual	Veterano M40	07:00:28	+02:28:52	08:25
45	182	Francisco Carneiro	Individual	Veterano M40	07:01:51	+02:30:16	08:26
46	114	Wilson Fonseca	EDV-Viana Trail	Veterano M40	07:03:28	+02:31:53	08:28
47	190	Miguel Pimenta	Individual	Veterano M40	07:03:42	+02:32:06	08:28
48	134	Rogério Coelho	GDR Retorta	Veterano M40	07:06:22	+02:34:46	08:32
49	290	LUIS RIBEIRO	PORTOCARGO RUNNERS	Veterano M40	07:14:21	+02:42:45	08:41
50	120	Ricardo Carvalho	Equipa A	Veterano M40	07:14:38	+02:43:02	08:42
51	24	Ricardo Fernandes	Afrikanrunners	Veterano M40	07:14:45	+02:43:10	08:42
52	23	Nelson Nunes	Afrikanrunners	Veterano M40	07:14:46	+02:43:11	08:42
53	34	Miguel de Oliveira	Airão Trail Team	Veterano M40	07:15:16	+02:43:41	08:42
54	319	Marcelo Ferreira	Team Lantermil	Veterano M40	07:16:08	+02:44:32	08:43
55	321	Miguel Araújo	Team Lantermil	Veterano M40	07:16:08	+02:44:32	08:43
56	345	Artur Ferreira	Unidos à Fresca	Veterano M40	07:22:36	+02:51:00	08:51
57	178	Afonso Gonçalves	Individual	Veterano M40	07:23:58	+02:52:22	08:53
58	269	Manuel Carlos Martins	Opraticante.pt	Veterano M40	07:28:43	+02:57:07	08:58
59	184	João Ricardo Duarte	Individual	Veterano M40	07:29:44	+02:58:09	09:00
60	181	Filipe Pereira	Individual	Veterano M40	07:29:45	+02:58:10	09:00
61	188	Marcos Gandra	Individual	Veterano M40	07:34:09	+03:02:33	09:00

Trail Ultra

50 KM

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OFFICIAL RESULT

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62	193	Rui da Silva Santos	Individual	Veterano M40	07:38:11	+03:06:35	09:10
63	124	Filipe Reis Pinheiro	Fridão Sem Limites	Veterano M40	07:43:47	+03:12:11	09:17
64	179	André Santa	Individual	Veterano M40	07:50:31	+03:18:55	09:25
65	192	Ricardo Santa	Individual	Veterano M40	07:50:34	+03:18:59	09:25
66	320	Marco Filipe Silva Moreira	Team Lantemil	Veterano M40	07:51:30	+03:19:54	09:26
67	253	PEDRO BARROS	NOATUM SHIPPING AGENCY RUNNING TEAM	Veterano M40	07:59:55	+03:28:20	09:36
68	202	PEDRO GAIO	Individual	Veterano M40	07:59:55	+03:28:20	09:36
69	142	Nuno Costa	Grupo Desportivo Limpeza Urbana	Veterano M40	08:08:22	+03:36:46	09:46
70	322	Miguel Teixeira	Team Lantemil	Veterano M40	08:17:09	+03:45:34	09:57
71	185	Luis	Individual	Veterano M40	08:21:32	+03:49:56	10:02
72	17	Carlos Carreira	ADE Trail Running	Veterano M40	08:33:05	+04:01:29	10:16
73	123	Artur Costa	FREZITE - FMT	Veterano M40	08:40:08	+04:08:32	10:24

Veterano M45

1	70	Luiz Carlos Carvalho da Mota	Casa do Benfica em Abrantes	Veterano M45	04:53:09	+21:33	05:52
2	294	António Ferreira	RUNNERS DO DEMO	Veterano M45	05:02:08	+30:32	06:03
3	83	Luis Miguel Cunha	Coimbra Trail Running	Veterano M45	05:04:06	+32:30	06:05
4	68	Bruno Bondoso	C.D.C. Nave / Trail Runners	Veterano M45	05:08:31	+36:55	06:10
5	95	José Carlos Macedo Pereira	Desnível Positivo	Veterano M45	05:15:51	+44:15	06:19
6	199	Carlos Sá	Individual	Veterano M45	05:25:52	+54:16	06:31
7	116	Gabriel Fagundes Meira	EDV-Viana Trail	Veterano M45	05:28:08	+56:32	06:34
8	330	Vitor Coelho	Team Sindeq	Veterano M45	05:28:30	+56:55	06:34
9	197	Arturo Piñeiro rey	Individual	Veterano M45	05:47:09	+01:15:33	06:57
10	198	Carlos do Aido	Individual	Veterano M45	05:47:59	+01:16:23	06:58
11	306	Paulino Manuel de Abreu	SOLOPISADAS TEAM	Veterano M45	05:49:52	+01:18:17	07:00
12	242	Didier Valente	Monsanto Running Team	Veterano M45	05:59:18	+01:27:42	07:11
13	12	Miguel Barros	A.D.Amarante	Veterano M45	06:03:27	+01:31:51	07:16
14	225	Jorge Domingues	LEBRES MINHOTAS	Veterano M45	06:05:28	+01:33:53	07:19
15	327	Manuel Costa	TEAM LANTEMIL	Veterano M45	06:09:35	+01:37:59	07:24
16	346	LUIS PINHO	Ginásio Fit4Fun	Veterano M45	06:17:26	+01:45:50	07:33
17	55	António Fraga Miranda	ATR-Algarve Trail Running	Veterano M45	06:28:47	+01:57:11	07:47
18	204	Nelson Castro	Individual	Veterano M45	06:31:02	+01:59:27	07:49
19	15	Mario Rui Martins	Abutres	Veterano M45	06:33:55	+02:02:20	07:53
20	33	António Gomes	Águias de Alvelos	Veterano M45	06:37:23	+02:05:47	07:57
21	121	Patrício Afonso	Equipa A	Veterano M45	06:45:51	+02:14:15	08:07
22	14	José Coelho	Abutres	Veterano M45	06:46:18	+02:14:43	08:08
23	337	Daniel Alves	TREPADORES	Veterano M45	06:49:34	+02:17:58	08:11
24	304	David Lafuente Alves	SOLOPISADAS TEAM	Veterano M45	06:50:07	+02:18:31	08:12
25	326	Joaquim Silva	Team Lantemil	Veterano M45	06:50:54	+02:19:18	08:13
26	235	Pascoal Melo	Minho Aventura	Veterano M45	06:56:01	+02:24:26	08:19
27	224	Miguel Angel Esmoris Garcia	LA CLASICA	Veterano M45	06:58:00	+02:26:25	08:22
28	209	vit0r santos	Individual	Veterano M45	06:58:30	+02:26:54	08:22
29	325	Ângelo Nogueira	Team Lantemil	Veterano M45	07:05:21	+02:33:45	08:30
30	45	Domingos Barrois	Amigos da Montanha	Veterano M45	07:07:59	+02:36:24	08:34

Trail Ultra

50 KM

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OFFICIAL RESULT

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31	40	Nelson Carvalho	Alvelinhos running	Veterano M45	07:19:03	+02:47:27	08:47
32	136	ANGELO PINHO	Ginásio Fit4Fun	Veterano M45	07:20:27	+02:48:52	08:49
33	22	Carlos Pereira	Afifense Trail	Veterano M45	07:25:34	+02:53:58	08:55
34	201	Filipe Martins	Individual	Veterano M45	07:29:45	+02:58:09	09:00
35	25	Domingos Gonçalves	Afrikanrunners	Veterano M45	07:32:52	+03:01:17	09:03
36	206	rogerio abreu	A. D. Carril	Veterano M45	07:43:14	+03:11:38	09:16
37	305	José Asorey Cacheda	SOLOPISADAS TEAM	Veterano M45	07:47:00	+03:15:25	09:20
38	196	António Oliveira	Individual	Veterano M45	07:48:22	+03:16:46	09:22
39	207	Rui Pena	Individual	Veterano M45	07:58:59	+03:27:23	09:35
40	200	Eduardo Benigno	Individual	Veterano M45	08:11:49	+03:40:14	09:50
41	80	Silvério Oliveira Santos	Clube Pessoal Águas Gaia	Veterano M45	08:14:00	+03:42:25	09:53
42	69	Filipe Conceição	C.D.C. Nave / Trail Runners	Veterano M45	08:22:28	+03:50:53	10:03
43	257	Luis Calheiros	O MUNDO DA CORRIDA	Veterano M45	08:23:35	+03:51:59	10:04
44	195	Álvaro nunes	Individual	Veterano M45	09:25:09	+04:53:33	11:18
45	203	José Neves	Individual	Veterano M45	09:25:09	+04:53:33	11:18

Veterano M50

1	295	José Costa	RUNNERS DO DEMO	Veterano M50	05:28:45	+57:09	06:35
2	292	Narciso Machado	ProFisio eupago Team	Veterano M50	05:39:36	+01:08:00	06:48
3	267	Paulo Domingues	Olimpico Vianense Trail	Veterano M50	05:43:14	+01:11:38	06:52
4	141	Paulo Santos	Grupo Desportivo Ferreirense	Veterano M50	05:54:36	+01:23:00	07:06
5	215	Nuno Paiva	Individual	Veterano M50	06:02:33	+01:30:57	07:15
6	285	Paulo Osório	Outdoor clube de Setúbal-strendure running team	Veterano M50	06:05:49	+01:34:14	07:19
7	216	Paulo Barbosa	Team Lantemil	Veterano M50	06:18:45	+01:47:09	07:35
8	125	Manuel Avelino Reis Pinheiro	Fridão Sem Limites	Veterano M50	06:23:06	+01:51:30	07:40
9	53	José Manuel Jesus Zananar	Atletismo Clube da Tocha	Veterano M50	06:25:56	+01:54:20	07:43
10	243	Carlos Tomé	Monsanto Running Team	Veterano M50	06:28:05	+01:56:29	07:46
11	291	Abilio Pereira	ProFisio eupago Team	Veterano M50	06:36:30	+02:04:55	07:56
12	214	Martinho costa	Individual	Veterano M50	06:53:55	+02:22:19	08:17
13	75	José Gomes	Cerveira Team Running	Veterano M50	06:59:51	+02:28:16	08:24
14	118	FERNANDO CUNHA	EDV-Viana Trail	Veterano M50	07:15:22	+02:43:46	08:42
15	139	Paulo Jorge da Silva Gama	Gondomar Futsal Clube	Veterano M50	07:15:56	+02:44:20	08:43
16	213	Manuel Vaz	Individual	Veterano M50	07:17:05	+02:45:30	08:45
17	307	Filipe Rodrigues Gonçalves	SOLOPISADAS TEAM	Veterano M50	07:21:30	+02:49:54	08:50
18	143	FERNANDO AREZES	Gtt-armazém do caffe	Veterano M50	07:42:32	+03:10:57	09:15
19	212	João Silva	Individual	Veterano M50	07:48:26	+03:16:51	09:22
20	258	Luís Álvaro	O MUNDO DA CORRIDA	Veterano M50	07:56:06	+03:24:30	09:31
21	211	Hélder Abilio Martins Ferreira	Individual	Veterano M50	08:34:30	+04:02:54	10:17
22	39	Artur Silva	All About	Veterano M50	08:40:07	+04:08:31	10:24
23	332	Paulo Carvalho	Trailistas "eu é que sei"	Veterano M50	09:25:09	+04:53:33	11:18

Veterano M55

1	54	Vitor Faim	Atletismo Clube da Tocha	Veterano M55	05:35:57	+01:04:21	06:43
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50 KM

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2	57	Oscar Ferreira	AZtrail/Mercentro	Veterano M55	05:39:30	+01:07:54	06:47
3	79	António Francisco Galveia da Silva Madeira	Clube de Praças da Armada	Veterano M55	06:10:07	+01:38:31	07:24
4	217	Alfredo costa	Individual	Veterano M55	06:17:47	+01:46:11	07:33
5	74	Ângelo Pereira	Centro Ciclista de Gondomar	Veterano M55	06:19:22	+01:47:47	07:35
6	268	Fernando Alves	Olimpico Vianense Trail	Veterano M55	06:59:07	+02:27:32	08:23
7	126	António Carlos Silva Teixeira	Fridão Sem Limites	Veterano M55	07:13:21	+02:41:45	08:40
8	122	fernando manuel cação costa	figueira kayak club	Veterano M55	07:21:08	+02:49:32	08:49
9	300	José Leça	Sem medo	Veterano M55	07:26:59	+02:55:23	08:56
10	218	ARMANDO ADELINO CEPEDA MORENO	Individual	Veterano M55	07:34:09	+03:02:33	09:05

1	220	Adelino Jorge DE OLIVEIRA	Individual	Veterano M60	07:39:26	+03:07:50	09:11
2	84	José Manuel Botelho da Costa de Aguiar da Câmara	Coimbra Trail Running	Veterano M60	07:41:33	+03:09:57	09:14
3	222	Rui Pedras	Individual	Veterano M60	08:51:28	+04:19:52	10:38

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