

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
1.	1.	2001	bruno ricardo oliveira silva	afacycles sport	M SEN	1:27:49.671	
2.	1.	2004	Rui Manuel Sampaio Laranjeira	BikeSeven Esposende - KTM	M-40	1:27:50.022	00:00:00.351
3.	2.	2550	Ricardo Alberto Pereira Amorim Rego	VidaAtivaRunners	M SEN	1:27:50.358	00:00:00.687
4.	3.	2520	Antonio Rocha	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M SEN	1:28:26.908	00:00:37.237
5.	4.	2794	Paulo César Teixeira Ferreira	Gondomar Futsal Clube	M SEN	1:29:07.528	00:01:17.857
6.	5.	2516	Bruno Silva	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M SEN	1:30:00.316	00:02:10.645
7.	2.	2558	Asdrual Carlos Freitas	Centro Ciclista de Gondomar	M-40	1:30:12.762	00:02:23.91
8.	6.	2090	Bruno Santiago	MULTIPOWER GAIA TRAIL	M SEN	1:30:39.821	00:02:50.150
9.	3.	2793	Paulo Pinto	Gondomar Futsal Clube	M-40	1:31:15.911	00:03:26.240
10.	7.	2681	Hugo Manuel da Silva Rocha	ProPedal	M SEN	1:31:25.757	00:03:36.86
11.	8.	2655	Nuno Cardoso	OneSoul Crossfit	M SEN	1:31:26.502	00:03:36.831
12.	9.	2542	Miguel Neves	Centro Ciclista de Gondomar	M SEN	1:31:44.759	00:03:55.88
13.	10.	2532	PAULO MANUEL MONTEIRO DA COSTA	A.D.Amarante Trail Running	M SEN	1:31:50.419	00:04:00.748
14.	11.	2647	David Antonio Correia Ferreira	Dr Merino/ Nutrifit	M SEN	1:32:03.416	00:04:13.745
15.	12.	2106	Nuno Miguel Fernandes	Fafe Runners	M SEN	1:32:18.496	00:04:28.825
16.	13.	2023	Carlos Rodrigues	MULTIPOWER GAIA TRAIL	M SEN	1:32:51.427	00:05:01.756
17.	14.	2373	José André Ferreira Fraga		M SEN	1:33:10.815	00:05:21.144
18.	15.	2695	Carlos Rolo	Construções Zininho	M SEN	1:33:41.071	00:05:51.400
19.	16.	2076	Luis Pedro Martins	GTT - Armazém do Caffè	M SEN	1:36:57.837	00:09:08.166
20.	17.	2102	Manuel Luís Miranda de Morais	Rio Neiva A.D.A	M SEN	1:37:01.084	00:09:11.413
21.	4.	2007	Paulo Pereira	Fama Runners	M-40	1:37:08.338	00:09:18.667
22.	18.	2423	Ricardo Manuel Teixeira da Rocha	FAST AO KM/PRR NUTRITION	M SEN	1:37:33.061	00:09:43.390
23.	19.	2140	Nuno Miguel Oliveira Pereira		M SEN	1:37:42.453	00:09:52.782
24.	20.	2204	Jose Fernando Leal da Costa e Silva		M SEN	1:37:47.379	00:09:57.708
25.	1.	2678	Joaquim da Silva Rodrigues	Roriz	M-50	1:38:23.477	00:10:33.806
26.	21.	2656	José Bruno Soares	SPORT CLUB RIO TINTO	M SEN	1:38:46.979	00:10:57.308
27.	22.	2358	Ivo Peko	MULTIPOWER GAIA TRAIL	M SEN	1:38:58.647	00:11:08.976
28.	23.	2563	Pedro Alexandre Alves Marques	GTT - Armazém do Caffè	M SEN	1:39:27.234	00:11:37.563
29.	24.	2005	Nuno Alves	Fama Runners	M SEN	1:40:46.817	00:12:57.146
30.	25.	2618	Paulo Vieira	Fama Runners	M SEN	1:40:46.918	00:12:57.247
31.	5.	2085	Paulo Rui da Costa Pereira		M-40	1:41:13.521	00:13:23.850
32.	26.	2783	António jose pereira oliveira	Trail Trilhos corno de bico	M SEN	1:41:36.867	00:13:47.196
33.	27.	2502	Ivan Joel Ferreira Rocha	Cross The Line	M SEN	1:41:45.746	00:13:56.75
34.	6.	2639	Adriano Paulo Ferreira Oliveira	Lusitanos	M-40	1:41:54.069	00:14:04.398
35.	2.	2411	Dionísio Manuel Correia Sousa		M-50	1:42:02.366	00:14:12.695
36.	28.	2712	Nuno Castel-Branco	Olimpico Vianense Trail / ND Sport	M SEN	1:42:46.633	00:14:56.962
37.	29.	2321	Vitor Carneiro	Fama runners	M SEN	1:42:52.127	00:15:02.456
38.	30.	2717	Nuno Figueiredo Goncalves	GTT - Armazém do Caffè	M SEN	1:43:03.154	00:15:13.483
39.	31.	2275	filipe abreu	A.D.A rio Neiva	M SEN	1:43:28.569	00:15:38.898
40.	3.	2003	David Fernando Rocha Tavares	Centro Ciclista de Gondomar	M-50	1:43:31.432	00:15:41.761
41.	4.	2075	Fernando Noronha	Ginásio Factor X	M-50	1:43:53.664	00:16:03.993
42.	32.	2535	Bruno Daniel Pinto da Silva Vinhós	A.D.Amarante Trail Running	M SEN	1:43:55.479	00:16:05.808
43.	33.	2471	rodrigo joaquim oliveira silva	running team lantemil	M SEN	1:43:58.433	00:16:08.762
44.	5.	2792	António Rocha	Gondomar Futsal Clube	M-50	1:44:07.251	00:16:17.580
45.	34.	2805	Manuel Joaquim Ferreira da Costa	E.Leclerc Barcelos	M SEN	1:44:29.676	00:16:40.5

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
46.	35.	2801	Diogo João	MULTIPOWER GAIA TRAIL	M SEN	1:44:37.141	00:16:47.470
47.	7.	2061	Miguel Figueiredo	AiróRun	M-40	1:45:59.118	00:18:09.447
48.	36.	2070	Manuel Silva	MULTIPOWER GAIA TRAIL	M SEN	1:46:02.559	00:18:12.888
49.	37.	2134	Miguel Jaques	Olimpico Vianense Trail / ND Sport	M SEN	1:46:16.219	00:18:26.548
50.	8.	2063	francisco pereira	AiróRun	M-40	1:46:44.337	00:18:54.666
51.	6.	2557	Henrique Jorge da Silva Ferreira	Centro Ciclista de Gondomar	M-50	1:46:49.662	00:18:59.991
52.	38.	2263	Miguel Ângelo Reis Diamantino	Academia Militar	M SEN	1:47:00.949	00:19:11.278
53.	39.	2645	Tiago Sousa	Dr Merino/ Nutrifit	M SEN	1:47:03.352	00:19:13.681
54.	40.	2221	David Soares Araújo	Facelook	M SEN	1:47:06.702	00:19:17.31
55.	1.	2002	Maria Isabel Justiniano Areias		SEN F	1:47:16.406	00:19:26.735
56.	41.	2253	Filipe Pereira	KeMedo Team	M SEN	1:47:17.618	00:19:27.947
57.	42.	2815	Antonio Mendes	A.D.Amarante Trail Running	M SEN	1:47:18.748	00:19:29.77
58.	43.	2501	Luis Ricardo Tavares Teixeira	Cross The Line	M SEN	1:47:20.581	00:19:30.910
59.	44.	2034	leandro marco roxo pacheco	Monte dos Amigos	M SEN	1:47:20.884	00:19:31.213
60.	45.	2071	Micael Oliveira	MULTIPOWER GAIA TRAIL	M SEN	1:47:21.417	00:19:31.746
61.	46.	2200	Ricardo Francisco Sousa Aires	Fridão Sem Limites	M SEN	1:47:21.615	00:19:31.944
62.	47.	2726	Rui Manuel Campos Silva	Experienciar/C.R Diogo Cardoso/Farmácia de Vila Cova	M SEN	1:47:22.274	00:19:32.603
63.	48.	2526	Bruno Pinto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M SEN	1:47:24.093	00:19:34.422
64.	49.	2512	Pedro Duarte	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M SEN	1:47:29.599	00:19:39.928
65.	9.	2556	Duarte Gil Ribeiro Barbosa		M-40	1:47:47.225	00:19:57.554
66.	10.	2201	Manuel Reis Pinheiro	Fridão Sem Limites	M-40	1:47:48.957	00:19:59.286
67.	50.	2265	Américo Filipe Bastos Costa Pereira	Academia Militar	M SEN	1:48:02.795	00:20:13.124
68.	51.	2433	António José Soares Duarte Gomes	Fernanda Maciel - Material Ortopedico e Hosptilar	M SEN	1:48:13.537	00:20:23.866
69.	52.	2114	Rafael Fernandes de Abreu	Rio Neiva A.D.A	M SEN	1:48:24.559	00:20:34.888
70.	11.	2062	josé pereira	AiróRun	M-40	1:49:03.024	00:21:13.353
71.	12.	2594	Daniel Rocha		M-40	1:49:06.004	00:21:16.333
72.	13.	2753	Eduardo Silva	Barcelos Saudável	M-40	1:49:30.413	00:21:40.742
73.	14.	2059	Luis Filipe Mota	AiróRun	M-40	1:49:33.117	00:21:43.446
74.	2.	2643	marisa alexandra da rocha vieira	Dr Merino/ Nutrifit	SEN F	1:49:49.465	00:21:59.794
75.	53.	2648	Bernardino José das Neves Alves Moreira Pinto	Dr Merino/ Nutrifit	M SEN	1:49:49.681	00:22:00.10
76.	3.	2642	elisabete vieira	Dr Merino/ Nutrifit	SEN F	1:49:49.706	00:22:00.35
77.	54.	2175	Henrique Oliveira	MULTIPOWER GAIA TRAIL	M SEN	1:49:52.313	00:22:02.642
78.	15.	2243	Pedro Miguel da Costa Vieira Miranda		M-40	1:50:18.639	00:22:28.968
79.	7.	2778	Alberto Sampaio	ISEP Runners	M-50	1:51:05.433	00:23:15.762
80.	16.	2713	Paulo Ramirez	NuTriXXion4Fun	M-40	1:51:06.905	00:23:17.234
81.	55.	2235	Ricardo Estevão Ribeiro Carv alho		M SEN	1:51:10.904	00:23:21.233
82.	56.	2522	José Santos	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M SEN	1:51:31.194	00:23:41.523
83.	4.	2668	paula da silva barbosa	AFS ESTOFOS AUTO	SEN F	1:51:34.636	00:23:44.965
84.	57.	2425	Fernando César Barbosa Mendes	guias de Alvelos	M SEN	1:51:36.974	00:23:47.303
85.	58.	2262	José Fernando Almeida de Carvalho	Academia Militar	M SEN	1:51:37.679	00:23:48.8
86.	59.	2266	Carlos Miguel Melo Saraiva	Academia Militar	M SEN	1:51:37.071	00:23:47.400
87.	60.	2711	Pedro Miguel Pereira Gilvaz		M SEN	1:52:03.174	00:24:13.503
88.	61.	2098	Steven Florence Vitorino Pereira	Rio Neiva A.D.A	M SEN	1:52:05.083	00:24:15.412
89.	62.	2521	Mario Taborda	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M SEN	1:52:07.012	00:24:17.341
90.	5.	2430	Adriana Gomes	Minho Aventura	SEN F	1:52:10.749	00:24:21.78

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
91.	17.	2577	Rui Carlos Silva de Azevedo	MTT	M-40	1:52:27.113	00:24:37.442
92.	18.	2281	António Monteiro Figueiredo	guias de Alvelos	M-40	1:52:29.403	00:24:39.732
93.	19.	2013	José Carlos Ferreira Dias	CTAD - trilhos de cinfães	M-40	1:52:56.911	00:25:07.240
94.	20.	2017	Francisco Manuel de Jesus Pinheiro		M-40	1:52:57.938	00:25:08.267
95.	21.	2107	Paulo Jorge da Silva Alves	Gondomar Futsal Clube	M-40	1:53:27.835	00:25:38.164
96.	63.	2693	Rafael Escrivães	R.M.E RUN	M SEN	1:53:43.918	00:25:54.247
97.	64.	2513	Antonio Pinto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M SEN	1:54:36.438	00:26:46.767
98.	65.	2445	Bruno Rafael Marrucho Lemos	IAT	M SEN	1:55:05.887	00:27:16.216
99.	66.	2388	Miguel Meleiro	RUN 4 ALL	M SEN	1:55:27.415	00:27:37.744
100.	67.	2113	Nuno Filipe Meireles de Sousa	AFS Estofos Auto	M SEN	1:55:57.821	00:28:08.150
101.	68.	2819	Marco Maciel		M SEN	1:56:23.047	00:28:33.376
102.	1.	2484	Raul Pereira Fernandes		M-60	1:56:35.497	00:28:45.826
103.	69.	2536	Urbano Filipe de Abreu Vitorino Ribeiro	A.D.Amarante Trail Running	M SEN	1:56:35.935	00:28:46.264
104.	70.	2285	Leonel Gomes Azevedo	guias de Alvelos	M SEN	1:56:36.362	00:28:46.691
105.	71.	2399	Bruno Pereira	E.Leclerc Barcelos	M SEN	1:56:42.283	00:28:52.612
106.	72.	2165	Carlos Manuel Sousa Miranda		M SEN	1:57:10.816	00:29:21.145
107.	22.	2487	Raul Curva	Olimpico Vianense Trail / ND Sport	M-40	1:57:23.063	00:29:33.392
108.	23.	2153	Carlos Alberto Ferreira Carvalho		M-40	1:57:23.767	00:29:34.96
109.	73.	2732	Romulo Martins	Fama Runners	M SEN	1:57:35.974	00:29:46.303
110.	74.	2177	Carlos André Gonçalves Novais	Barcelos Team Portugal	M SEN	1:57:40.478	00:29:50.807
111.	75.	2372	Fabio Marcelo Sequeira Marques		M SEN	1:57:41.798	00:29:52.127
112.	8.	2811	José Casimiro da Silva Araujo	AiróRun	M-50	1:57:47.089	00:29:57.418
113.	6.	2374	Paula Manuela Pereira Machado	Nortaventura	SEN F	1:57:55.581	00:30:05.910
114.	76.	2267	Pedro Miguel da Silva Barbosa	TrilheiMe	M SEN	1:57:59.612	00:30:09.941
115.	77.	2029	José Manuel Rocha Lopes	VidaAtivaRunners	M SEN	1:58:02.597	00:30:12.926
116.	78.	2150	Marco António Veloso Fernandes		M SEN	1:58:10.666	00:30:20.995
117.	24.	2228	Joao Cardoso	SS MONTEPIO	M-40	1:58:15.926	00:30:26.255
118.	25.	2566	Luis Miguel Torres		M-40	1:58:15.996	00:30:26.325
119.	79.	2229	Emanuel Almeida	SS MONTEPIO	M SEN	1:58:16.075	00:30:26.404
120.	80.	2283	Orlando Joel Fernandes Costa	guias de Alvelos	M SEN	1:58:25.104	00:30:35.433
121.	26.	2671	Jorge Manuel Sá Ribeiro		M-40	1:58:26.866	00:30:37.195
122.	27.	2744	José Carlos Rodrigues Cardoso	Barcelos Saudável	M-40	1:58:27.704	00:30:38.33
123.	81.	2790	Jorge Emanuel Barbosa Jaques	Padela Natural Team	M SEN	1:58:46.356	00:30:56.685
124.	28.	2519	Sergio Pinto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M-40	1:58:53.447	00:31:03.776
125.	82.	2384	Hugo Ribeiro	RUN 4 ALL	M SEN	1:58:58.907	00:31:09.236
126.	7.	2641	Liliana Augusta da Rocha Gomes	Dr Merino/ Nutrifit	SEN F	1:58:59.009	00:31:09.338
127.	83.	2378	Paulo Reis	RUN 4 ALL	M SEN	1:59:16.122	00:31:26.451
128.	84.	2575	João Pedro Correia Silva		M SEN	1:59:16.458	00:31:26.787
129.	29.	2000	António Francisco Dantas Barbosa		M-40	1:59:17.269	00:31:27.598
130.	85.	2798	Nuno Gonçalves	Fama Runners	M SEN	1:59:27.885	00:31:38.214
131.	86.	2554	jose manuel padrao ferreira	Fisipadrão/Barcelos Saudável/Trailme	M SEN	1:59:31.062	00:31:41.391
132.	87.	2528	Ruben Martins	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M SEN	1:59:37.409	00:31:47.738
133.	30.	2784	Antonio carlos cerqueira	Trail Trilhos corno de bico	M-40	1:59:56.397	00:32:06.726
134.	88.	2207	PEDRO FELGUEIRAS ABREU E CASTRO	Rumo à Aventura	M SEN	1:59:56.825	00:32:07.154
135.	89.	2802	Paulo Pinho	MULTIPOWER GAIA TRAIL	M SEN	2:00:09.085	00:32:19.414

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
136.	1.	2770	Conceição Cruz	Barcelos Saudável	F-50	2:00:18.367	00:32:28.696
137.	9.	2030	Paulo Alexandre da Costa Martins Graça	Monte dos Amigos	M-50	2:00:20.507	00:32:30.836
138.	90.	2478	José Paulo Teixeira Rodrigues Lima		M SEN	2:00:27.416	00:32:37.745
139.	31.	2661	Cesar Manuel E. da Silva	Leça4ever Team	M-40	2:00:48.083	00:32:58.412
140.	91.	2332	Nuno Fernandes	ArcoRun	M SEN	2:00:53.119	00:33:03.448
141.	32.	2074	João Pedro dos Santos Quintão Jaques		M-40	2:01:09.984	00:33:20.313
142.	10.	2544	Euclides Coimbra	Eu+ Ginásio LMA	M-50	2:01:19.182	00:33:29.511
143.	33.	2112	João Paulo Lopes Barbosa		M-40	2:01:22.151	00:33:32.480
144.	92.	2786	João Luis Carvalho vale		M SEN	2:01:36.945	00:33:47.274
145.	11.	2064	Firmino Manuel Lopes da Silva		M-50	2:01:44.648	00:33:54.977
146.	34.	2282	Avelino Batista Figueiredo	guias de Alvelos	M-40	2:01:55.188	00:34:05.517
147.	93.	2287	Rui Manuel Campinho Vilas Boas	guias de Alvelos	M SEN	2:01:55.344	00:34:05.673
148.	94.	2366	Carlos Vale	DetrasPaFrente Running Team	M SEN	2:01:58.391	00:34:08.720
149.	35.	2280	José António Ferreira Costa	guias de Alvelos	M-40	2:02:15.722	00:34:26.51
150.	36.	2481	MANUEL FERNANDO TORRES AREZES		M-40	2:03:02.382	00:35:12.711
151.	8.	2183	Diana Alexandra Dias Leite Santos	GTT - Armazém do Caffè	SEN F	2:03:02.731	00:35:13.60
152.	37.	2327	Jorge Nuno Silva	ArcoRun	M-40	2:03:10.264	00:35:20.593
153.	95.	2046	Fidel Conde		M SEN	2:03:28.075	00:35:38.404
154.	38.	2799	Franco Costa	Fama Runners	M-40	2:03:34.673	00:35:45.2
155.	96.	2130	Rui Miguel Gonçalves Almeida	Vimarunners	M SEN	2:03:49.732	00:36:00.61
156.	12.	2310	João Fernando de Sousa	Gondomar Futsal Clube	M-50	2:03:51.225	00:36:01.554
157.	39.	2252	Luis Miguel Neco Lima	Barcelos Saudável	M-40	2:03:54.626	00:36:04.955
158.	9.	2745	Constança Brito	Barcelos Saudável	SEN F	2:03:59.671	00:36:10.0
159.	97.	2164	Diogo Domingos Senra Costa	Calca Folhas	M SEN	2:04:10.338	00:36:20.667
160.	98.	2603	Luis Miguel Brás Pinto		M SEN	2:04:19.537	00:36:29.866
161.	99.	2514	Ivo Dias	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M SEN	2:04:27.653	00:36:37.982
162.	100.	2129	Filipe Machado Loureiro Fernandes	CAAC - Clube de Atletismo Arentin e Cunha	M SEN	2:04:43.984	00:36:54.313
163.	10.	2517	Rita Loureiro	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	SEN F	2:04:45.527	00:36:55.856
164.	101.	2597	Sérgio Manuel Alves Martins	Olimpico Vianense Trail / ND Sport	M SEN	2:04:51.194	00:37:01.523
165.	11.	2596	DANIELA BARRETO	Olimpico Vianense Trail / ND Sport	SEN F	2:04:51.732	00:37:02.61
166.	13.	2248	João Batista Ferreira de Sousa		M-50	2:04:52.668	00:37:02.997
167.	102.	2148	Tomé Pereira da Cruz	Rio Neiva A.D.A	M SEN	2:04:57.752	00:37:08.81
168.	103.	2589	Márcio Fernando Batista da Silva	Vimarunners	M SEN	2:05:14.681	00:37:25.10
169.	104.	2069	Fernando Patricio	MULTIPOWER GAIA TRAIL	M SEN	2:05:14.747	00:37:25.76
170.	105.	2167	Sérgio Filipe Cunha Matos	100ncao	M SEN	2:05:30.992	00:37:41.321
171.	106.	2211	Helder Pereira Borges		M SEN	2:05:47.279	00:37:57.608
172.	14.	2768	Lino Moreira	All About	M-50	2:06:11.728	00:38:22.57
173.	40.	2698	José Miguel Santos Barbosa	Usgunas	M-40	2:06:12.053	00:38:22.382
174.	107.	2162	Rui Manuel Dias Faria	Carreira aos Montes	M SEN	2:06:20.145	00:38:30.474
175.	41.	2538	Moises de Jesus Ferreira Frutuoso	INDEVISO.COM	M-40	2:06:33.179	00:38:43.508
176.	108.	2602	José Ricardo Oliveira Martins Pinheiro	A.D.Amarante Trail Running	M SEN	2:06:34.556	00:38:44.885
177.	2.	2817	Constantino Gomes Moreira		M-60	2:06:42.813	00:38:53.142
178.	42.	2791	Nuno Sérgio de Vasconcelos Ferreira	Papaléguas	M-40	2:06:50.936	00:39:01.265
179.	109.	2260	Mario Rui Torres Gouveia	Budeguita Runners	M SEN	2:06:55.933	00:39:06.262
180.	43.	2136	JOAQUIM DA CUNHA GOMES DE SÁ		M-40	2:07:07.891	00:39:18.220

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
181.	44.	2506	Nuno Pedro Abreu Sampaio	Vimarunners	M-40	2:07:08.138	00:39:18.467
182.	45.	2308	Vitor Manuel Cruz da Costa	Piratas das Montanhas	M-40	2:07:13.881	00:39:24.210
183.	46.	2307	Hugo Miguel Ferreira Silva Santos	Piratas das Montanhas	M-40	2:07:14.179	00:39:24.508
184.	110.	2429	José Carlos Macedo	Duartesfer, LDA	M SEN	2:07:18.101	00:39:28.430
185.	111.	2428	Angelo João Tomás Soares	Duartesfer, LDA	M SEN	2:07:18.684	00:39:29.13
186.	112.	2279	André Filipe Miranda Amorim	guias de Alvelos	M SEN	2:07:20.107	00:39:30.436
187.	113.	2347	Luis Miguel Machado Rodrigues		M SEN	2:07:25.116	00:39:35.445
188.	47.	2468	PAULO FERNANDES		M-40	2:07:37.857	00:39:48.186
189.	114.	2101	Nuno Ricardo Soares de Sá	Sulfato de Peúga	M SEN	2:08:01.976	00:40:12.305
190.	48.	2785	João Orlando Coelho Pereira	Santiagotur	M-40	2:08:04.676	00:40:15.5
191.	49.	2334	Vítor Folgado	ArcoRun	M-40	2:08:05.648	00:40:15.977
192.	115.	2632	Hélder Costa	ProFisio Team	M SEN	2:08:06.225	00:40:16.554
193.	50.	2328	Amílcar Ferreira	ArcoRun	M-40	2:08:08.107	00:40:18.436
194.	116.	2424	Diogo Filipe Fernandes da Silva	guias de Alvelos	M SEN	2:08:08.776	00:40:19.105
195.	117.	2607	Jorge Pinheiro	Monte dos Amigos	M SEN	2:08:24.259	00:40:34.588
196.	12.	2289	Margarida La Salete Correia Silva	VidaAtivaRunners	SEN F	2:08:29.605	00:40:39.934
197.	118.	2634	Luis Miguel Alves da Silva	ProFisio Team	M SEN	2:08:38.582	00:40:48.911
198.	51.	2333	Miguel Barros	ArcoRun	M-40	2:08:41.746	00:40:52.75
199.	119.	2124	Ivaro Manuel dos Santos Aguiar		M SEN	2:08:58.234	00:41:08.563
200.	52.	2088	Carlos Manuel Costa Fitas		M-40	2:09:08.449	00:41:18.778
201.	120.	2116	Luis Rafael Lima Coutinho	Team Workout 48	M SEN	2:09:18.429	00:41:28.758
202.	53.	2452	carlos alberto gomes torres		M-40	2:09:22.728	00:41:33.57
203.	121.	2689	Marco Nunes	A.D.Amarante trail running	M SEN	2:09:27.888	00:41:38.217
204.	1.	2060	deolinda faria	AiróRun	F-40	2:09:28.137	00:41:38.466
205.	2.	2149	Isabel Gonçalves	Ori-Estarreja	F-40	2:09:30.912	00:41:41.241
206.	122.	2232	Joao Barbosa	SS MONTEPIO	M SEN	2:09:30.923	00:41:41.252
207.	54.	2435	Carlos Alberto Ribeiro Fernandes	Laundos Runners	M-40	2:09:38.028	00:41:48.357
208.	123.	2582	Paulo Lourenço		M SEN	2:09:49.269	00:41:59.598
209.	124.	2628	Ricardo Jorge Machado Pereira	ProFisio Team	M SEN	2:09:53.474	00:42:03.803
210.	55.	2131	José Augusto Lopes Ferreira	Sparta Team	M-40	2:09:56.831	00:42:07.160
211.	56.	2141	Domingos Manuel Oliveira Peixoto	Sparta Team	M-40	2:09:56.911	00:42:07.240
212.	125.	2139	José Manuel Rodrigues Costa	Sparta Team	M SEN	2:09:56.095	00:42:06.424
213.	126.	2493	Mauro Ricardo Maeiro Martins	Running Team Lantemil	M SEN	2:10:01.074	00:42:11.403
214.	57.	2147	Pedro Vidal	100Fôlego	M-40	2:10:17.687	00:42:28.16
215.	127.	2199	António Joaquim Teixeira Alves	Fridão Sem Limites	M SEN	2:10:17.846	00:42:28.175
216.	3.	2309	Ana Maria Amaral	Gondomar Futsal Clube	F-40	2:10:22.258	00:42:32.587
217.	58.	2227	Carlos Silva	SS MONTEPIO	M-40	2:10:22.303	00:42:32.632
218.	128.	2630	Adriano Filipe Salgado Couto	ProFisio Team	M SEN	2:10:23.867	00:42:34.196
219.	59.	2529	Pedro Seixas	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M-40	2:10:27.239	00:42:37.568
220.	129.	2540	Carlos junco		M SEN	2:10:29.343	00:42:39.672
221.	130.	2099	Vitor Jorge Meira Gonçalves	Rio Neiva A.D.A	M SEN	2:10:46.273	00:42:56.602
222.	60.	2691	Arlindo Ferreira	Piratas das Montanhas	M-40	2:10:50.051	00:43:00.380
223.	4.	2479	Mónica Elisa das Dores Ribeiro Moreira	NAST	F-40	2:10:56.626	00:43:06.955
224.	61.	2196	Carlos Pereira	Eu+ Ginásio LMA	M-40	2:11:05.406	00:43:15.735
225.	131.	2217	Luís Miguel Nascimento Duarte	Papa Nozes	M SEN	2:11:07.718	00:43:18.47

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
226.	62.	2284	Paulo Manuel Silva Vilas Boas	guias de Alvelos	M-40	2:11:11.033	00:43:21.362
227.	63.	2369	Rui Manuel Perestrelo Mesquita		M-40	2:11:18.496	00:43:28.825
228.	132.	2626	Joaquim Manuel Abreu Mesquita	ProFisio Team	M SEN	2:11:20.009	00:43:30.338
229.	133.	2579	Luis Marcelo Ribeiro Teles	M.T	M SEN	2:11:31.458	00:43:41.787
230.	134.	2396	Daniel Cruz Fernandes		M SEN	2:11:31.679	00:43:42.8
231.	135.	2743	David Renato Macedo Alves da Silva		M SEN	2:11:47.083	00:43:57.412
232.	136.	2688	Ricardo Diogo	NuTriXXion4Fun	M SEN	2:11:47.407	00:43:57.736
233.	64.	2230	Hugo Tavares Costa	SS MONTEPIO	M-40	2:11:52.501	00:44:02.830
234.	137.	2530	David Morais	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M SEN	2:12:01.098	00:44:11.427
235.	138.	2694	helder filipe pereira de oliveira	Asas ao peito	M SEN	2:12:06.216	00:44:16.545
236.	139.	2627	Bruno Miguel Machado Pereira	ProFisio Team	M SEN	2:12:09.015	00:44:19.344
237.	65.	2168	Paulo Filipe Fernandes Monteiro		M-40	2:12:09.185	00:44:19.514
238.	140.	2447	Ricardo Pinto da Costa	VidaAtivaRunners	M SEN	2:12:09.284	00:44:19.613
239.	66.	2742	Paulo jorge g. vieira	VidaAtivaRunners	M-40	2:12:09.538	00:44:19.867
240.	141.	2155	António José Ferreira Martins		M SEN	2:12:28.818	00:44:39.147
241.	15.	2314	Vitor Manuel Ribeiro	Gondomar Futsal Clube	M-50	2:12:30.145	00:44:40.474
242.	142.	2329	António Batista	ArcoRun	M SEN	2:12:38.524	00:44:48.853
243.	13.	2483	Andreia Morais	Somos Nós Team	SEN F	2:12:39.591	00:44:49.920
244.	5.	2397	Susana Maria Miranda da Silva	VidaAtivaRunners	F-40	2:12:55.105	00:45:05.434
245.	67.	2152	Pedro Miguel Marques Azevedo	GENEROSOS	M-40	2:13:07.327	00:45:17.656
246.	143.	2675	José Luís Matos Boucinha		M SEN	2:13:15.378	00:45:25.707
247.	144.	2035	Jorge Humberto Soares Garcez Borges		M SEN	2:13:16.845	00:45:27.174
248.	68.	2242	José Luis Oliveira Eusébio	Trail me	M-40	2:13:19.503	00:45:29.832
249.	145.	2315	Joao Pedro Lima Bezerra		M SEN	2:13:30.549	00:45:40.878
250.	146.	2339	Miguel Andrade	ArcoRun	M SEN	2:13:35.861	00:45:46.190
251.	14.	2504	Ana Isabel Maia Álvares		SEN F	2:13:41.756	00:45:52.85
252.	69.	2057	Domingos Pedro Moreira Rocha	Crazy Trailers	M-40	2:13:47.268	00:45:57.597
253.	15.	2588	Cátia Isabel Rodrigues da Silva	GTT - Armazém do Caffè	SEN F	2:13:55.382	00:46:05.711
254.	70.	2714	gonçalo nuno ferreira dos santos costeira	Tartarugas do Asfalto	M-40	2:14:19.961	00:46:30.290
255.	147.	2393	José Luís Gomes Pinto Maciel	Padela Natural Team	M SEN	2:14:24.956	00:46:35.285
256.	148.	2617	Rui Amorim	Fama Runners	M SEN	2:14:26.002	00:46:36.331
257.	149.	2622	Rui Mota	Fama Runners	M SEN	2:14:28.971	00:46:39.300
258.	71.	2549	Carlos Manuel Abreu Cardoso	Red Street Team	M-40	2:14:30.718	00:46:41.47
259.	150.	2203	Carlos Alexandre Moreira Pinto	Fridão Sem Limites	M SEN	2:14:32.815	00:46:43.144
260.	72.	2194	Jorge Miguel Sampaio da Costa	Eu+ Ginásio LMA	M-40	2:14:40.384	00:46:50.713
261.	151.	2323	Rui Pedro Marinho Pinto		M SEN	2:14:56.191	00:47:06.520
262.	152.	2050	Carlos Miguel Borges Pinto	Monte dos Amigos	M SEN	2:14:57.068	00:47:07.397
263.	73.	2716	Joaquim Pinto	Monte dos Amigos	M-40	2:14:57.874	00:47:08.203
264.	153.	2412	Bruno Andrade	Trailgloditas	M SEN	2:15:01.064	00:47:11.393
265.	154.	2448	Rui Fernando Rosas Oliveira	Lusitanos	M SEN	2:15:01.906	00:47:12.235
266.	74.	2418	Joaquim Manuel Lopes Simões		M-40	2:15:02.554	00:47:12.883
267.	6.	2751	Maria da Graça Silva	Barcelos Saudável	F-40	2:15:04.075	00:47:14.404
268.	16.	2450	Joana Pereira da Silva	Padela Natural Team	SEN F	2:15:04.244	00:47:14.573
269.	17.	2157	Ana Cardoso	Fama Runners	SEN F	2:15:04.496	00:47:14.825
270.	155.	2523	João Pinto	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	M SEN	2:15:05.049	00:47:15.378

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
271.	16.	2697	filipe poças de almeida coimbra		M-50	2:15:12.524	00:47:22.853
272.	156.	2270	MARCO MIGUEL FERREIRA GONÇALVES	RUNNERS	M SEN	2:15:14.061	00:47:24.390
273.	157.	2224	Nuno Filipe Silva Dantas		M SEN	2:15:18.915	00:47:29.244
274.	17.	2415	José Graça Rodrigues	PRESTÍGIO	M-50	2:15:18.965	00:47:29.294
275.	18.	2818	Manuel Luis Silva Brito		M-50	2:15:35.642	00:47:45.971
276.	75.	2220	Filipe Duarte Ferreira de Castro		M-40	2:15:36.607	00:47:46.936
277.	158.	2705	Ricardo Alexandre da Silva Santos	Farroncos Papa KM	M SEN	2:15:37.177	00:47:47.506
278.	18.	2518	Joana Gonçalves	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	SEN F	2:15:39.644	00:47:49.973
279.	159.	2225	Marco Moreira	Cross The Line	M SEN	2:15:45.021	00:47:55.350
280.	160.	2255	Hugo Miguel Moreira Ribeiro	Cross The Line	M SEN	2:15:45.304	00:47:55.633
281.	76.	2731	José Rolinho Carvalho Monteiro		M-40	2:15:46.716	00:47:57.45
282.	161.	2375	Pedro Nuno Sousa Reis	Piratas das Montanhas	M SEN	2:15:47.262	00:47:57.591
283.	162.	2546	Antonio Fonseca		M SEN	2:15:47.336	00:47:57.665
284.	77.	2190	Ivaro Reis		M-40	2:16:03.488	00:48:13.817
285.	19.	2640	Fernando Manuel Bastos Rodrigues	Lusitanos	M-50	2:16:15.552	00:48:25.881
286.	20.	2611	Francisco Pereira Faria		M-50	2:16:17.522	00:48:27.851
287.	19.	2515	Andreia Barbosa	ORALKLASS-ALIANÇA-AMIGOS DO TRAIL	SEN F	2:16:17.811	00:48:28.140
288.	20.	2808	Marcia Lourenço	Monção Trail	SEN F	2:16:20.047	00:48:30.376
289.	163.	2156	Rui Miguel Barbosa de Sousa	Padela Natural Team	M SEN	2:16:20.199	00:48:30.528
290.	78.	2159	Miguel Angelo Brito Faria		M-40	2:16:20.673	00:48:31.2
291.	7.	2771	Rosalina Costa	Barcelos Saudável	F-40	2:16:23.546	00:48:33.875
292.	79.	2344	Paulo Jorge Gomes Rito Soares	mfourty	M-40	2:16:30.639	00:48:40.968
293.	164.	2672	Bruno Silva	Fama Runners	M SEN	2:16:32.454	00:48:42.783
294.	165.	2545	Pedro Luís Campos de Almeida		M SEN	2:17:08.124	00:49:18.453
295.	166.	2414	Bruno Filipe Carvalho Rodrigues	PRESTÍGIO	M SEN	2:17:32.008	00:49:42.337
296.	167.	2788	Luís Filipe Vilas Boas Campos		M SEN	2:17:56.752	00:50:07.81
297.	8.	2760	Cristina Silva	Barcelos Saudável	F-40	2:18:06.253	00:50:16.582
298.	21.	2660	Marlene Oliveira Barbosa		SEN F	2:18:06.357	00:50:16.686
299.	168.	2244	Joaquin Dillen	Fama Runners	M SEN	2:18:06.072	00:50:16.401
300.	169.	2144	Antonio Jose de Abreu Almeida Teixeira	AventuresCycling	M SEN	2:18:12.125	00:50:22.454
301.	80.	2587	Manuel Augusto Costa Gomes	Fama Runners	M-40	2:18:25.182	00:50:35.511
302.	81.	2813	Fernando José Miranda Salgado		M-40	2:18:35.926	00:50:46.255
303.	9.	2247	Laurinda Maria Vilas Boas Almeida		F-40	2:18:35.952	00:50:46.281
304.	170.	2346	Pedro Emanuel Madureira Assis Miranda	MM	M SEN	2:18:44.047	00:50:54.376
305.	10.	2482	Fátima Vieira	Somos Nós Team	F-40	2:18:47.595	00:50:57.924
306.	171.	2438	Jose Pedro Matos Fernandes Macedo Silva	JP2	M SEN	2:18:48.008	00:50:58.337
307.	11.	2776	Isabel Maria Ferreira	Barcelos Saudável	F-40	2:18:49.363	00:50:59.692
308.	21.	2787	Nuno Albuquerque	NADV Running Team	M-50	2:18:49.385	00:50:59.714
309.	3.	2359	António Luis Santos da Costa		M-60	2:18:51.306	00:51:01.635
310.	22.	2467	Carla Cristina do Vale Figueiredo		SEN F	2:18:59.129	00:51:09.458
311.	22.	2337	Ernesto Martins	TouQueNemPosso	M-50	2:19:01.128	00:51:11.457
312.	172.	2256	Jorge Carlos Pinheiro Garcia	Generosos	M SEN	2:19:07.375	00:51:17.704
313.	23.	2747	João Cruz	Barcelos Saudável	M-50	2:19:11.308	00:51:21.637
314.	173.	2198	Filipe Reis Pinheiro	Fridão Sem Limites	M SEN	2:19:18.519	00:51:28.848
315.	82.	2394	Pedro Mouro	Trailgloditas	M-40	2:19:24.001	00:51:34.330

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
316.	23.	2498	Andreia Susana Ribeiro Machado	100nacao	SEN F	2:19:40.282	00:51:50.611
317.	174.	2781	SERGIO ALBERTO MACEDO PEREIRA		M SEN	2:19:53.023	00:52:03.352
318.	2.	2173	Maria Paula Sousa Pessoa Amorim		F-50	2:19:56.513	00:52:06.842
319.	175.	2406	Ricardo Pereira	PORTOCARGO	M SEN	2:19:58.057	00:52:08.386
320.	176.	2234	Sergio Oliveira	SS MONTEPIO	M SEN	2:20:23.218	00:52:33.547
321.	83.	2233	Manuel Guedes	SS MONTEPIO	M-40	2:20:23.354	00:52:33.683
322.	12.	2462	Maria Amélia Faria Martins		F-40	2:20:23.416	00:52:33.745
323.	177.	2616	José Carlos Machado	Fama Runners	M SEN	2:21:05.998	00:53:16.327
324.	84.	2764	Avelino Sousa	All About	M-40	2:21:06.081	00:53:16.410
325.	178.	2610	Bruno Pereira	Fama Runners	M SEN	2:21:12.158	00:53:22.487
326.	179.	2404	Luís Augusto Paulo Pinheiro	Trailgloditas	M SEN	2:21:17.081	00:53:27.410
327.	180.	2571	Filipe Machado Leite		M SEN	2:21:25.065	00:53:35.394
328.	181.	2268	João Pedro dos Santos da Conceição		M SEN	2:21:33.178	00:53:43.507
329.	182.	2355	Ricardo Antonio Ribeiro Martins		M SEN	2:21:34.314	00:53:44.643
330.	24.	2657	Mariana Silva ferreira	Running Team Lantemil	SEN F	2:21:34.952	00:53:45.281
331.	183.	2137	João Renato Macedo Peixoto Pereira	GTT - Armazém do Caffè	M SEN	2:21:44.566	00:53:54.895
332.	184.	2609	António Barros	CCDFPJP	M SEN	2:21:53.516	00:54:03.845
333.	85.	2353	Rui Alexandre Martins de Freitas		M-40	2:21:56.908	00:54:07.237
334.	86.	2312	Fernando Pereira	Gondomar Futsal Clube	M-40	2:21:57.407	00:54:07.736
335.	185.	2138	João Pedro Pereira de moura		M SEN	2:21:58.295	00:54:08.624
336.	87.	2564	Pedro Pereira	Bikes & Friends	M-40	2:22:17.313	00:54:27.642
337.	88.	2142	João Vasco Gil da Silva Gomes Ferreira	Clube do Pessoal EDP - Delegação de Gaia	M-40	2:22:25.021	00:54:35.350
338.	13.	2326	Armanda Pinto	The Stigs Invicta	F-40	2:22:37.434	00:54:47.763
339.	89.	2189	Francisco Santos		M-40	2:22:37.459	00:54:47.788
340.	186.	2470	Sérgio Miguel dos Santos Machado Vidal		M SEN	2:22:37.091	00:54:47.420
341.	187.	2752	Rui Pinho	Barcelos Saudável	M SEN	2:22:57.715	00:55:08.44
342.	25.	2490	Jéssica Sá Palma		SEN F	2:22:58.578	00:55:08.907
343.	188.	2635	JoseNuno Lima Faria	ProFisio Team	M SEN	2:23:03.032	00:55:13.361
344.	189.	2143	Bruno Daniel Morais Rodrigues	Team Workout 48	M SEN	2:23:08.547	00:55:18.876
345.	26.	2480	Joana de Castro Aguiar Rodrigues de Sousa	Medicina do Exercício - Clínica Gondomar	SEN F	2:23:12.029	00:55:22.358
346.	190.	2674	Ivo Silva	Associação Desportiva da Efacec	M SEN	2:23:13.297	00:55:23.626
347.	27.	2491	Berta Dalila Carvalho		SEN F	2:23:18.276	00:55:28.605
348.	28.	2670	Telma Castro	Dr Merino/ Nutrifit	SEN F	2:23:22.088	00:55:32.417
349.	90.	2401	Sérgio Fernandes	E.Leclerc Barcelos	M-40	2:23:48.157	00:55:58.486
350.	191.	2400	Marco Sousa	E.Leclerc Barcelos	M SEN	2:23:48.031	00:55:58.360
351.	91.	2376	João Carlos da Silva Gomes		M-40	2:23:55.466	00:56:05.795
352.	92.	2696	Miguel Moreira		M-40	2:23:58.809	00:56:09.138
353.	3.	2336	Luisa Almeida	Tartarugas do Asfalto	F-50	2:24:10.416	00:56:20.745
354.	24.	2676	JOSE LUIS COSTA MOREIRA	LOJA STAFF	M-50	2:24:10.081	00:56:20.410
355.	29.	2031	Sofia Correia	Gramidense Infante F C	SEN F	2:24:14.003	00:56:24.332
356.	192.	2383	Bruno Magalhães	RUN 4 ALL	M SEN	2:24:18.065	00:56:28.394
357.	93.	2736	Luis Mancelos Veloso	TRAILTASKAS	M-40	2:24:55.247	00:57:05.576
358.	193.	2216	Agostinho Xavier Dourado Barreto		M SEN	2:25:01.182	00:57:11.511
359.	14.	2219	Susana Isabel Silva Luís		F-40	2:25:39.756	00:57:50.85
360.	94.	2737	Luis Fernando Carvalho Oliveira Martins		M-40	2:26:18.951	00:58:29.280

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
361.	95.	2290	Marcos António Coutinho Duarte Cerqueira Gomes		M-40	2:26:33.918	00:58:44.247
362.	194.	2352	Luis Filipe Andrade Lima Peixoto		M SEN	2:26:34.013	00:58:44.342
363.	96.	2226	Pedro Soares	SS MONTEPIO	M-40	2:26:41.284	00:58:51.613
364.	97.	2419	David Emanuel Oliveira Malva		M-40	2:26:41.436	00:58:51.765
365.	98.	2511	Teotónio da Silva Boucinha		M-40	2:26:42.272	00:58:52.601
366.	195.	2278	Sergio Martins		M SEN	2:26:44.279	00:58:54.608
367.	196.	2729	Telmo Mendonca	Experienciar/C.R Diogo Cardoso/Farmácia de Vila Cova	M SEN	2:26:44.777	00:58:55.106
368.	99.	2154	Carlos Manuel Leite Ferreira	Depressa & Bem	M-40	2:26:45.747	00:58:56.76
369.	30.	2500	SANDRA CRISTINA MENDES GONÇALVES		SEN F	2:27:06.783	00:59:17.112
370.	100.	2163	Manuel Monteiro Araújo	Calca Folhas	M-40	2:27:09.097	00:59:19.426
371.	31.	2759	Isabel Pereira	Barcelos Saudável	SEN F	2:27:09.679	00:59:20.8
372.	197.	2087	Alvaro Fernando Moreira Santos		M SEN	2:28:22.639	01:00:32.968
373.	198.	2633	Nelson Manuel Fernandes Machado	ProFisio Team	M SEN	2:28:22.725	01:00:33.54
374.	199.	2631	Rui Manuel da Silva Vaz	ProFisio Team	M SEN	2:28:22.765	01:00:33.94
375.	200.	2590	Pedro Diogo Barroso de Castro		M SEN	2:28:34.081	01:00:44.410
376.	32.	2115	Joana Filipa Correia Barros	Team Workout 48	SEN F	2:28:34.274	01:00:44.603
377.	33.	2132	Cristina Esteves Rodrigues	Team Workout 48	SEN F	2:28:34.395	01:00:44.724
378.	34.	2033	Cristina Mota		SEN F	2:29:00.445	01:01:10.774
379.	201.	2032	bruno pena		M SEN	2:29:01.015	01:01:11.344
380.	101.	2058	mario jorge m. pinheiro maciel		M-40	2:29:01.492	01:01:11.821
381.	35.	2079	Ana Sofia da Silva Borges		SEN F	2:29:05.699	01:01:16.28
382.	102.	2379	Jorge Leal	RUN 4 ALL	M-40	2:29:14.882	01:01:25.211
383.	36.	2027	Liliana Araujo	GTT - Armazém do Caffè	SEN F	2:29:47.063	01:01:57.392
384.	202.	2083	Rui Jorge Fontes Costa		M SEN	2:30:11.229	01:02:21.558
385.	4.	2422	Manuel Candido dos Reis Rocha	FAST AO KM/PRR NUTRITION	M-60	2:30:21.637	01:02:31.966
386.	203.	2052	Cláudio José Oliveira Silva	Wolves Run Trail	M SEN	2:30:27.293	01:02:37.622
387.	103.	2049	Antonio Rodrigues Silva Fernandes	Wolves Run Trail	M-40	2:30:27.314	01:02:37.643
388.	204.	2053	Rui Miguel Coelho Sousa	Wolves Run Trail	M SEN	2:30:27.762	01:02:38.91
389.	25.	2212	ALBERTO PINHÃO	CLUBE MONTANHISMO DE BRAGA	M-50	2:30:35.756	01:02:46.85
390.	15.	2680	Margarida Bleck Cunha Reis	Tugas na Estrada	F-40	2:30:39.885	01:02:50.214
391.	104.	2543	Sandro Miguel Carvalho de Sousa	Trailgloditas	M-40	2:30:52.372	01:03:02.701
392.	26.	2022	Augusto José Candoso Tavares	Alive Runners	M-50	2:31:03.415	01:03:13.744
393.	4.	2803	Maria Julia Lopes Costa	Barcelos Saudável	F-50	2:31:03.888	01:03:14.217
394.	16.	2746	Ana Maria Matos	Barcelos Saudável	F-40	2:31:04.032	01:03:14.361
395.	205.	2222	Pedro Gonçalves		M SEN	2:31:15.431	01:03:25.760
396.	105.	2245	João Pedro Gomes da Cunha		M-40	2:31:34.663	01:03:44.992
397.	106.	2469	António Jorge Ferreira Peixoto da Costa		M-40	2:31:34.847	01:03:45.176
398.	206.	2595	Xavier do Vale Quaresma Brites		M SEN	2:31:40.265	01:03:50.594
399.	107.	2205	Francisco Joao Mendes de Sa Cerqueira	MM	M-40	2:31:40.665	01:03:50.994
400.	37.	2206	Maria Silvia Araujo Viana	MM	SEN F	2:31:40.768	01:03:51.97
401.	108.	2331	Jorge Leite	ArcoRun	M-40	2:31:43.436	01:03:53.765
402.	17.	2679	Ana Paula Monteiro Costa	Tugas na Estrada	F-40	2:31:44.356	01:03:54.685
403.	109.	2665	Paulo Vilaverde	EDV - Viana Trail	M-40	2:32:39.048	01:04:49.377
404.	207.	2580	João Baldaia		M SEN	2:32:48.133	01:04:58.462
405.	38.	2109	Sofia Ferreira Rosa Gonçalves		SEN F	2:32:48.435	01:04:58.764

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
406.	39.	2240	SILVIA MARLENE SOUSA ALVES	VidaAtivaRunners	SEN F	2:32:51.327	01:05:01.656
407.	27.	2012	Paulo José Roque Marçal		M-50	2:32:52.031	01:05:02.360
408.	208.	2261	Marco André Moutela Ferreira	Budeguita Runners	M SEN	2:32:58.006	01:05:08.335
409.	209.	2254	José Augusto Pedrosa da Cunha	B.T.M	M SEN	2:33:00.259	01:05:10.588
410.	210.	2178	Bruno Miguel Pereria Ribeiro		M SEN	2:33:09.224	01:05:19.553
411.	211.	2338	Diamantino Torres	ArcoRun	M SEN	2:33:17.283	01:05:27.612
412.	110.	2503	Alberto Aroso		M-40	2:33:45.648	01:05:55.977
413.	212.	2068	Hugo Ribeiro	Corridas de Pernas Pro Ar	M SEN	2:34:15.829	01:06:26.158
414.	40.	2066	Simone Paiva	Corridas de Pernas Pro Ar	SEN F	2:34:15.978	01:06:26.307
415.	111.	2608	Antonio Sá Oliveira Caridade	Running Team Lantemil	M-40	2:34:17.719	01:06:28.48
416.	112.	2330	Pedro Melo	ArcoRun	M-40	2:34:45.904	01:06:56.233
417.	213.	2171	Rui Miguel Simões Ferreira		M SEN	2:34:47.921	01:06:58.250
418.	214.	2796	João Paulo Oliveira Eira	Famagranitos	M SEN	2:34:52.283	01:07:02.612
419.	18.	2223	Sofia oliveira santos mota		F-40	2:34:57.888	01:07:08.217
420.	215.	2814	Orlando Pedro Monteiro Rodrigues		M SEN	2:35:20.645	01:07:30.974
421.	216.	2699	Luis Alfredo Guichard Castro	Maia Cross Team	M SEN	2:35:34.609	01:07:44.938
422.	217.	2547	bruno miguel da costa carvalho		M SEN	2:35:37.866	01:07:48.195
423.	218.	2690	Nuno Cunha	Geadas Running	M SEN	2:35:37.908	01:07:48.237
424.	113.	2724	António Paulo da Silva Quadros	Geadas Running	M-40	2:35:38.288	01:07:48.617
425.	114.	2586	Manuel Arlindo Veloso Couto Ferreira	Fama Runners	M-40	2:36:12.247	01:08:22.576
426.	115.	2021	José Augusto Crespo Dias Figueiredo		M-40	2:36:18.078	01:08:28.407
427.	19.	2541	Clarisse Ivone Baptista ribeiro		F-40	2:36:18.892	01:08:29.221
428.	116.	2555	Paulo Antunes		M-40	2:36:19.588	01:08:29.917
429.	219.	2505	Marco Xavier Mouta Vieira	BYL	M SEN	2:36:27.224	01:08:37.553
430.	220.	2720	André Augusto Cachada Freitas	Poliprint	M SEN	2:36:49.731	01:09:00.60
431.	221.	2158	Rui Cunha Sousa		M SEN	2:36:50.594	01:09:00.923
432.	222.	2638	João Pedro Carvalho Saldanha	ProFisio Team	M SEN	2:36:59.198	01:09:09.527
433.	223.	2637	Miguel Martins	ProFisio Team	M SEN	2:36:59.973	01:09:10.302
434.	41.	2363	celia maria afonso sousa	Invictus Oporto Team	SEN F	2:37:03.507	01:09:13.836
435.	117.	2364	Bruno Perestrelo Coutada	Invictus Oporto Team	M-40	2:37:04.441	01:09:14.770
436.	118.	2170	Sandro Figueiredo Lopes da Silva		M-40	2:37:05.247	01:09:15.576
437.	42.	2715	Eva Ribeiro	Monte dos Amigos	SEN F	2:37:28.397	01:09:38.726
438.	43.	2508	Rosa da Conceição Borges Pinto Almeida	Monte dos Amigos	SEN F	2:37:28.873	01:09:39.202
439.	224.	2039	vitofernando alves da costa	Monte dos Amigos	M SEN	2:37:28.964	01:09:39.293
440.	225.	2360	César Ricardo Reis da Costa		M SEN	2:37:34.306	01:09:44.635
441.	44.	2451	Patrícia Alexandra Faria Cardoso		SEN F	2:37:48.858	01:09:59.187
442.	45.	2271	AURORA MARIA ESTRELA GODINHO	RUNNERS	SEN F	2:37:50.233	01:10:00.562
443.	5.	2624	Ana Paula Simões	Fama Runners	F-50	2:38:23.347	01:10:33.676
444.	226.	2011	Vitor Teixeira	Fama Runners	M SEN	2:38:24.319	01:10:34.648
445.	227.	2567	Rui Pedro Teixeira Ribeiro Reis		M SEN	2:38:38.804	01:10:49.133
446.	20.	2644	Alice Sousa	Dr Merino/ Nutrifit	F-40	2:38:53.005	01:11:03.334
447.	46.	2646	Ana Rita Rodrigues	Dr Merino/ Nutrifit	SEN F	2:38:53.092	01:11:03.421
448.	119.	2562	Jorge Dário Brandão Santos	PowerTeam	M-40	2:38:53.983	01:11:04.312
449.	47.	2325	Isabel Maria Moreira Ferreira	Budeguita Runners	SEN F	2:39:09.141	01:11:19.470
450.	228.	2324	Rui Miguel Airosa da Silva	Budeguita Runners	M SEN	2:39:09.251	01:11:19.580

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
451.	21.	2420	Nina Silva		F-40	2:39:25.739	01:11:36.68
452.	229.	2810	Nuno Miguel Machado Martins		M SEN	2:39:40.382	01:11:50.711
453.	120.	2123	Sérgio Alves	Os Graças	M-40	2:40:08.904	01:12:19.233
454.	22.	2122	Cláudia Maria Guerra Graça	Os Graças	F-40	2:40:09.039	01:12:19.368
455.	48.	2723	vera Fernandes		SEN F	2:40:23.069	01:12:33.398
456.	230.	2741	Pedro Borges Esperança		M SEN	2:40:30.513	01:12:40.842
457.	23.	2161	Alexandra Isabel Durães Coutada	Alvelinhos Running	F-40	2:40:40.136	01:12:50.465
458.	24.	2591	carla dalila lage vilela martins de oliveira		F-40	2:40:49.446	01:12:59.775
459.	231.	2151	Paulo Xavier Barbosa de Sousa		M SEN	2:40:53.049	01:13:03.378
460.	25.	2721	Sónia Alexandra Ramos Teixeira	Keepmoving	F-40	2:41:02.342	01:13:12.671
461.	121.	2126	Rui Filipe Fonseca Gomes do Vale	Maet	M-40	2:41:03.358	01:13:13.687
462.	49.	2078	Ana Rita da Costa Araújo	keepmoving	SEN F	2:41:04.038	01:13:14.367
463.	232.	2351	José Diogo Sousa Pinto	Alvelinhos Running	M SEN	2:41:08.413	01:13:18.742
464.	50.	2238	Inês Carvalho	Mafaldinha	SEN F	2:41:10.368	01:13:20.697
465.	233.	2239	Ricardo Vieira	Mafaldinha	M SEN	2:41:10.054	01:13:20.383
466.	26.	2421	FILOMENA DA SILVA PEIXOTO DA COSTA NETO	A.D.Amarante Trail Running	F-40	2:41:12.533	01:13:22.862
467.	234.	2431	Nuno Filipe Lopes da Cunha	PATRÕES	M SEN	2:41:15.044	01:13:25.373
468.	51.	2704	Marta Isabel Valente França de Sa		SEN F	2:41:22.039	01:13:32.368
469.	27.	2495	alzira de jesus de sousa		F-40	2:41:26.316	01:13:36.645
470.	52.	2188	Paula Susana Araújo Pereira	Alvelinhos Running	SEN F	2:41:28.256	01:13:38.585
471.	6.	2620	Rosa Vilhena	Fama Runners	F-50	2:41:34.665	01:13:44.994
472.	235.	2636	Marco Paulo Carvalho Ferreira	ProFisio Team	M SEN	2:41:58.558	01:14:08.887
473.	122.	2725	José Ricardo Fernandes Silva		M-40	2:42:01.841	01:14:12.170
474.	123.	2718	Fernando Manuel Dias Ferreira Serodio Portela		M-40	2:42:02.194	01:14:12.523
475.	28.	2437	Paulo Henriques	TouQueNemPosso	M-50	2:42:17.274	01:14:27.603
476.	7.	2761	Elisabete Oliveira	Barcelos Saudável	F-50	2:42:50.523	01:15:00.852
477.	53.	2673	Susana Mónica Almeida da Silva		SEN F	2:42:54.465	01:15:04.794
478.	5.	2728	Jose Portela Mendes	Trailgloditas	M-60	2:43:02.098	01:15:12.427
479.	236.	2662	Francisco Joaquim Silva Conde	Leça4ever Team	M SEN	2:43:25.028	01:15:35.357
480.	54.	2775	Cristina Pereira	Barcelos Saudável	SEN F	2:43:59.654	01:16:09.983
481.	55.	2398	Angela Carina da Silva Carvaho		SEN F	2:44:02.149	01:16:12.478
482.	56.	2757	Sónia Ferreira		SEN F	2:44:02.165	01:16:12.494
483.	237.	2669	Luis Reis	Eu+ Ginásio LMA	M SEN	2:44:02.632	01:16:12.961
484.	238.	2317	Hugo Miguel Sousa Magalhães	Irmandade da Roda	M SEN	2:44:04.251	01:16:14.580
485.	57.	2756	Sandra Silva	Barcelos Saudável	SEN F	2:44:12.845	01:16:23.174
486.	58.	2202	Sandra Bernardete Fernandes	Fridão Sem Limites	SEN F	2:44:28.649	01:16:38.978
487.	59.	2692	Ana Luisa De Sousa Ferreira	Team Workout 48	SEN F	2:44:28.921	01:16:39.250
488.	239.	2730	Mário Leandro da Silva Galhano		M SEN	2:44:37.496	01:16:47.825
489.	60.	2559	Célia Maria Portela Sousa		SEN F	2:44:37.974	01:16:48.303
490.	124.	2560	João Miguel Ribeiro Azevedo		M-40	2:44:37.996	01:16:48.325
491.	61.	2601	Rita Pinto Basto	A.D.Amarante Trail Running	SEN F	2:44:40.764	01:16:51.93
492.	28.	2160	Rosa Maria Dias Costa		F-40	2:44:59.156	01:17:09.485
493.	29.	2288	Sandra Filomena Fernandes Correia	Alvelinhos Running	F-40	2:44:59.022	01:17:09.351
494.	62.	2349	Isaura Mónica Ferreira Sousa	Alvelinhos Running	SEN F	2:44:59.314	01:17:09.643
495.	240.	2649	Sérgio Neiva	Ganita Outfit Sportive	M SEN	2:45:03.008	01:17:13.337

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
496.	125.	2653	Manuel Costa	Ganita Outfit Sportive	M-40	2:45:03.116	01:17:13.445
497.	126.	2651	José Manuel Cunha	Ganita Outfit Sportive	M-40	2:45:03.208	01:17:13.537
498.	127.	2652	Jorge Araújo	Ganita Outfit Sportive	M-40	2:45:03.257	01:17:13.586
499.	63.	2650	Diana Brito	Ganita Outfit Sportive	SEN F	2:45:03.385	01:17:13.714
500.	29.	2654	Joaquim Carvalho	Ganita Outfit Sportive	M-50	2:45:03.559	01:17:13.888
501.	241.	2304	Francisco Luís Freitas Pereira Rocha e Costa		M SEN	2:45:21.397	01:17:31.726
502.	242.	2755	Francisco Dias	Barcelos Saudável	M SEN	2:45:45.071	01:17:55.400
503.	243.	2658	Mauro Filipe Martins Ferrão		M SEN	2:46:33.104	01:18:43.433
504.	244.	2209	Nelson Pereira Dantas	A. D. Calca Folhas	M SEN	2:46:34.615	01:18:44.944
505.	64.	2621	Diana Barroso	Fama Runners	SEN F	2:46:40.149	01:18:50.478
506.	30.	2010	Manuel Costa e Sá	Fama Runners	M-50	2:46:40.647	01:18:50.976
507.	30.	2318	Isabel Maria Gonçalves Torres	Alvelinhos Running	F-40	2:47:21.377	01:19:31.706
508.	65.	2446	Ana Isabel Abreu Mendonça	A.D.Amarante Trail Running	SEN F	2:47:35.551	01:19:45.880
509.	66.	2510	Claudia Leitão	Keepmoving	SEN F	2:47:44.424	01:19:54.753
510.	31.	2740	Nuno Paulo da Silva Araújo Malheiro		M-50	2:47:57.622	01:20:07.951
511.	245.	2797	Luis Miguel Brito Faria		M SEN	2:48:12.914	01:20:23.243
512.	128.	2707	Carlos Alberto Silva Pereira		M-40	2:48:29.175	01:20:39.504
513.	31.	2708	Carolina Rodrigues Pereira		F-40	2:48:29.364	01:20:39.693
514.	129.	2258	Amaro Fonseca Sousa	VidaAtivaRunners	M-40	2:48:35.258	01:20:45.587
515.	246.	2395	Paulo Santos	ArcoRun	M SEN	2:48:38.411	01:20:48.740
516.	8.	2772	Fernanda Rocha	Barcelos Saudável	F-50	2:48:46.411	01:20:56.740
517.	67.	2748	Filipa Ferreira	Barcelos Saudável	SEN F	2:48:46.509	01:20:56.838
518.	247.	2553	nuno miguel fernandes cruz	VidaAtivaRunners	M SEN	2:48:46.818	01:20:57.147
519.	68.	2552	Manuela Marques	Alvelinhos Running	SEN F	2:48:49.614	01:20:59.943
520.	130.	2629	Manuel António Saldanha dos Santos	ProFisio Team	M-40	2:49:03.309	01:21:13.638
521.	69.	2733	Cidália Teixeira	Fama Runners	SEN F	2:49:38.158	01:21:48.487
522.	248.	2311	Carlos Filipe Leitao Santos	Gondomar Futsal Clube	M SEN	2:50:39.887	01:22:50.216
523.	32.	2664	Dulce Perestrelo		F-40	2:51:13.785	01:23:24.114
524.	249.	2666	Pedro Miguel da Costa Vieira		M SEN	2:51:33.314	01:23:43.643
525.	70.	2488	Barbara Andreia Vaz Vieira Maia		SEN F	2:51:34.075	01:23:44.404
526.	250.	2322	Hugo José Miguel Pinto	CCPAD	M SEN	2:51:42.382	01:23:52.711
527.	71.	2096	Renata Carriço Almeida		SEN F	2:51:47.587	01:23:57.916
528.	33.	2539	Margarida Oliveira		F-40	2:51:48.585	01:23:58.914
529.	251.	2166	Pedro Xavier Pedrosa Oliveira		M SEN	2:52:05.829	01:24:16.158
530.	252.	2417	Pedro Alexandre Vilas Tavares	Running Team Maia	M SEN	2:52:10.166	01:24:20.495
531.	253.	2548	Pedro Alves	Nice Runners	M SEN	2:52:20.294	01:24:30.623
532.	72.	2276	Mariana Martins Guerra		SEN F	2:52:24.789	01:24:35.118
533.	34.	2494	isaura almeida	Fafe Runners	F-40	2:52:55.066	01:25:05.395
534.	9.	2701	Fernanda Gomes de Almeida		F-50	2:52:56.204	01:25:06.533
535.	131.	2236	João António Barbosa Marques Santos Ramalho	artes de movimento Vila Nova de Famalicão	M-40	2:53:00.676	01:25:11.5
536.	32.	2237	Celestino José Andrade Rodrigues Pires	Artes de Movimento Vila Nova de Famalicão	M-50	2:53:02.229	01:25:12.558
537.	73.	2402	Lisandra Joana Caramalho Moura		SEN F	2:53:07.822	01:25:18.151
538.	254.	2298	Emanuel Vieira	S4L	M SEN	2:53:18.892	01:25:29.221
539.	255.	2286	Hugo Ricardo Brito Pereira	guias de Alvelos	M SEN	2:53:19.013	01:25:29.342
540.	256.	2292	Fernando Pedro Delindro	S4L	M SEN	2:53:19.402	01:25:29.731

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
541.	257.	2294	João Pedro Rodrigues de Sousa	S4L	M SEN	2:53:20.288	01:25:30.617
542.	74.	2145	Claudia Sofia Marques Vieira		SEN F	2:53:20.456	01:25:30.785
543.	258.	2295	Manuel José Costa Freitas		M SEN	2:53:42.716	01:25:53.45
544.	75.	2047	maria luisa reis antunes antunes		SEN F	2:54:16.384	01:26:26.713
545.	76.	2084	Natália Santos	Fama Runners	SEN F	2:54:17.214	01:26:27.543
546.	77.	2537	Juliana Sofia Silva Correia		SEN F	2:54:23.045	01:26:33.374
547.	259.	2605	Pedro Nuno Pinheiro Monteiro		M SEN	2:54:26.958	01:26:37.287
548.	78.	2625	Daniela Marques	Fama Runners	SEN F	2:54:29.998	01:26:40.327
549.	79.	2191	carla alexandra araujo pereira	Alvelinhos Running	SEN F	2:54:44.614	01:26:54.943
550.	260.	2722	CESAR MATOS GOMES	PM BIKERS	M SEN	2:55:14.878	01:27:25.207
551.	35.	2703	Estefania de Jesus Teixeira Matias	Clube Vodafone	F-40	2:55:30.006	01:27:40.335
552.	132.	2048	Fernando Jorge Martins Carvalho Correia Pinheiro		M-40	2:55:40.119	01:27:50.448
553.	261.	2111	Bruno Reis	100Fôlego	M SEN	2:56:04.038	01:28:14.367
554.	262.	2117	Pedro Pacheco	100Fôlego	M SEN	2:56:04.331	01:28:14.660
555.	6.	2215	Manuel Moura Sousa	Os Barriguitas	M-60	2:56:18.242	01:28:28.571
556.	263.	2804	Sergio Vilas Boas	E.Leclerc Barcelos	M SEN	2:56:42.709	01:28:53.38
557.	80.	2082	RITA LEMOS DE ALMEIDA		SEN F	2:56:47.945	01:28:58.274
558.	36.	2739	MARIA PORTUGAL	All About	F-40	2:56:48.211	01:28:58.540
559.	81.	2110	Patricia Simões		SEN F	2:56:51.668	01:29:01.997
560.	10.	2463	Conceição Mano		F-50	2:56:51.734	01:29:02.63
561.	33.	2465	Carlos Santos		M-50	2:56:51.764	01:29:02.93
562.	82.	2659	Patrícia Raquel Monteiro Fernandes		SEN F	2:56:56.336	01:29:06.665
563.	83.	2042	Alexandra Marques		SEN F	2:56:59.997	01:29:10.326
564.	37.	2663	Raquel Campogrande		F-40	2:57:10.197	01:29:20.526
565.	133.	2105	Miguel Pereira Resende	Tartarugas do Asfalto	M-40	2:57:32.906	01:29:43.235
566.	134.	2767	Arménio Ribeiro	All About	M-40	2:57:39.513	01:29:49.842
567.	135.	2014	Paulo Sérgio Carvalho da Silva	Correr Antas à Noite	M-40	2:57:46.972	01:29:57.301
568.	264.	2241	Antonio Augusto Dinis Santos	Budeguita Runners	M SEN	2:57:50.617	01:30:00.946
569.	84.	2449	MARTA GOMES DA SILVA	Budeguita Runners	SEN F	2:57:50.838	01:30:01.167
570.	265.	2461	Ricardo Ramos Afonso Guimarães Teles		M SEN	2:57:54.526	01:30:04.855
571.	85.	2443	Elsa Marisa Filipe Costa	indomáveis	SEN F	2:59:54.969	01:32:05.298
572.	38.	2485	MARTA DOBAO RODRIGUEZ		F-40	2:59:56.389	01:32:06.718
573.	136.	2734	Antonio Pazos Barreira	Galicia Maxica Trail Adventure	M-40	2:59:56.414	01:32:06.743
574.	39.	2735	Pilar Freire Costas		F-40	2:59:56.434	01:32:06.763
575.	86.	2440	Carla Susana Anunciação Monteiro	indomáveis	SEN F	2:59:58.849	01:32:09.178
576.	137.	2051	Rui Vicente de Andrade Mendes		M-40	3:00:10.455	01:32:20.784
577.	40.	2413	Aurora Merlene Candida da Silva		F-40	3:00:10.975	01:32:21.304
578.	87.	2009	Isabel Carneiro	Fama Runners	SEN F	3:00:21.695	01:32:32.24
579.	266.	2008	Vitor Moreira	Fama Runners	M SEN	3:00:21.791	01:32:32.120
580.	41.	2121	Ana Helena Cardoso Carneiro	Minho Aventura	F-40	3:00:43.016	01:32:53.345
581.	88.	2274	Elisabete Félix Ribeiro		SEN F	3:01:05.319	01:33:15.648
582.	89.	2272	DIANA DUARTE VIEIRA	RUNNERS	SEN F	3:01:09.859	01:33:20.188
583.	90.	2340	Cátia Andreia Gonçalves Fernandes	Os Falta D`ar	SEN F	3:01:10.647	01:33:20.976
584.	91.	2348	Raquel Santos		SEN F	3:01:11.198	01:33:21.527
585.	92.	2769	Ana Rocha	All About	SEN F	3:01:11.222	01:33:21.551

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
586.	42.	2551	Susana Sá	Alvelinhos Running	F-40	3:01:28.984	01:33:39.313
587.	43.	2313	Susana Sousa	Gondomar Futsal Clube	F-40	3:01:53.024	01:34:03.353
588.	93.	2738	Sara Luísa Brandão		SEN F	3:02:42.342	01:34:52.671
589.	44.	2684	Sandra Maria Silva da Costa		F-40	3:02:48.254	01:34:58.583
590.	94.	2683	Júlia Manuela Silva da Costa		SEN F	3:02:48.462	01:34:58.791
591.	95.	2246	Cristina Maria da Silva Pinto Figueiredo		SEN F	3:02:48.813	01:34:59.142
592.	96.	2604	Ana Gonçalves	Shots International Runners	SEN F	3:03:24.032	01:35:34.361
593.	45.	2302	Ivete Alves		F-40	3:04:20.392	01:36:30.721
594.	11.	2709	Silvina Maria Teixeira de Carvalho		F-50	3:04:26.947	01:36:37.276
595.	138.	2427	Rui Manuel Oliveira Duarte	Duartesfer, LDA	M-40	3:04:49.484	01:36:59.813
596.	267.	2426	Luis Filipe Oliveira Pereira	Duartesfer, LDA	M SEN	3:04:49.561	01:36:59.890
597.	139.	2780	FERNANDO FERNANDES DE MIRANDA	Spem	M-40	3:05:18.549	01:37:28.878
598.	97.	2257	Isaurinda Manuela Ribeiro Alves Pereira	VidaAtivaRunners	SEN F	3:05:26.435	01:37:36.764
599.	98.	2434	Maria Júlia Correia Iomba	VidaAtivaRunners	SEN F	3:05:27.513	01:37:37.842
600.	46.	2573	Adília da Conceição Ribeiro Pinto Baltazar	Irmandade da Roda	F-40	3:05:37.872	01:37:48.201
601.	140.	2710	CARLOS MANUEL LOBO BALTAZAR	Irmandade da Roda	M-40	3:06:53.095	01:39:03.424
602.	99.	2361	Joana Filipa Correia de Almeida		SEN F	3:06:54.261	01:39:04.590
603.	100.	2354	Ana Sofia Lopes Espanha		SEN F	3:06:54.587	01:39:04.916
604.	101.	2667	Ana Paula Gonçalves da Silva Garrido		SEN F	3:07:49.424	01:39:59.753
605.	102.	2750	Graça Martins	Barcelos Saudável	SEN F	3:08:35.807	01:40:46.136
606.	268.	2773	Vitor Silva	Barcelos Saudável	M SEN	3:08:35.859	01:40:46.188
607.	103.	2774	Sofia Silva	Barcelos Saudável	SEN F	3:08:35.885	01:40:46.214
608.	141.	2777	Francisco Varzim	Barcelos Saudável	M-40	3:08:36.002	01:40:46.331
609.	269.	2749	Vitor Martins	Barcelos Saudável	M SEN	3:08:36.014	01:40:46.343
610.	104.	2758	Tânia Campos		SEN F	3:08:36.168	01:40:46.497
611.	12.	2459	Maria de Lurdes Barros Monteiro		F-50	3:08:38.767	01:40:49.96
612.	105.	2489	Sofia Marisa Paiva Espírito Santo		SEN F	3:09:15.077	01:41:25.406
613.	270.	2507	Tiago Alfredo Natário Barbosa		M SEN	3:09:16.396	01:41:26.725
614.	34.	2186	Joaquim Ferreira	Correr por Diversão	M-50	3:09:33.518	01:41:43.847
615.	47.	2416	Ermesinda Conceição Pereira Carvalho	PRESTÍGIO	F-40	3:09:42.058	01:41:52.387
616.	106.	2492	Cristiana Sofia Machado Martins	Running Team Lantemil	SEN F	3:10:00.239	01:42:10.568
617.	107.	2306	Susana Raquel Correia Faria	Lion Runners	SEN F	3:10:30.133	01:42:40.462
618.	271.	2305	Bruno Filipe Barbosa Monteiro	Lion Runners	M SEN	3:10:30.389	01:42:40.718
619.	272.	2499	ricardo andre pinto afonso	Beat Your Limit!	M SEN	3:10:44.429	01:42:54.758
620.	273.	2086	Nuno Miguel Pinto Santos	Beat Your Limit!	M SEN	3:10:48.828	01:42:59.157
621.	142.	2578	Luis Manuel Soares Espassandim	Budeguita Runners	M-40	3:10:54.532	01:43:04.861
622.	143.	2405	Antonio Martins	PORTOCARGO	M-40	3:10:59.925	01:43:10.254
623.	48.	2410	Laura Vieira	PORTOCARGO	F-40	3:11:00.001	01:43:10.330
624.	144.	2407	Paulo Ferreira	PORTOCARGO	M-40	3:11:01.576	01:43:11.905
625.	145.	2762	Filipe Pires		M-40	3:11:26.971	01:43:37.300
626.	108.	2763	Elsa Silva	All About	SEN F	3:11:26.999	01:43:37.328
627.	274.	2779	Carlos Mendes	All About	M SEN	3:11:27.012	01:43:37.341
628.	49.	2092	Isabel Fazenda	All About	F-40	3:11:27.157	01:43:37.486
629.	50.	2574	Raquel Patrícia Araújo Póvoas		F-40	3:12:00.609	01:44:10.938
630.	51.	2296	FERNANDA MARIA SOUSA MAGALHAES	Irmandade da Roda	F-40	3:12:01.472	01:44:11.801

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
631.	52.	2297	Carla Alexandra Ferreira Vieira Gabriel	Irmandade da Roda	F-40	3:12:01.821	01:44:12.150
632.	35.	2320	António Teixeira	Irmandade da Roda	M-50	3:12:01.951	01:44:12.280
633.	53.	2350	Sónia Marina da Silva Forte	Budeguita Runners	F-40	3:12:23.111	01:44:33.440
634.	54.	2454	Ana Germano		F-40	3:12:38.131	01:44:48.460
635.	109.	2303	Sandra Paula Martinho Rodrigues		SEN F	3:12:39.185	01:44:49.514
636.	110.	2119	Claudia Coelho	GENEROSOS	SEN F	3:12:40.154	01:44:50.483
637.	111.	2120	Cristiana Coelho	GENEROSOS	SEN F	3:12:40.682	01:44:51.11
638.	146.	2118	Rodrigo Ferraz	GENEROSOS	M-40	3:12:40.805	01:44:51.134
639.	55.	2043	Lurdes Alves	Crazy Trailers	F-40	3:14:20.905	01:46:31.234
640.	112.	2371	Maria Araci Queiroga do Monte		SEN F	3:14:56.703	01:47:07.32
641.	113.	2370	Isabel Cristina Queiroga do Monte		SEN F	3:14:59.146	01:47:09.475
642.	114.	2685	Odete Sofia da Silva Lomba de Araújo		SEN F	3:15:40.561	01:47:50.890
643.	56.	2108	Helena Paula Rocha Cardoso	Gondomar Futsal Clube	F-40	3:16:40.782	01:48:51.111
644.	115.	2367	Ivone Torres	DetrasPaFrente Running Team	SEN F	3:18:28.112	01:50:38.441
645.	116.	2368	Raquel Fernandes	DetrasPaFrente Running Team	SEN F	3:18:28.431	01:50:38.760
646.	57.	2809	Claudia Maria da Silva Lopes Pacheco		F-40	3:19:18.492	01:51:28.821
647.	117.	2080	Ana Catarina Moreira Carneiro		SEN F	3:20:58.213	01:53:08.542
648.	36.	2081	José Carlos Martins Carneiro		M-50	3:20:58.398	01:53:08.727
649.	58.	2091	EMILIA GONÇALVES	CLUBE MONTANHISMO DE BRAGA	F-40	3:21:54.776	01:54:05.105
650.	118.	2486	Cláudia Azevedo Leitão	Clube de Montanhismo de Braga	SEN F	3:21:55.463	01:54:05.792
651.	59.	2187	Manuela Ferreira	Correr por Diversão	F-40	3:22:01.084	01:54:11.413
652.	147.	2065	Artur Bernardino da Silva e Sá	Padela Natural Team	M-40	3:23:41.888	01:55:52.217
653.	119.	2182	Sònia Isabel Sà De Miranda	Padela Natural Team	SEN F	3:23:42.153	01:55:52.482
654.	275.	2700	Luís Filipe barbeira Baptista		M SEN	3:25:52.619	01:58:02.948
655.	120.	2072	Ana Margarida Covelo Arriscado	RUN 4 ALL	SEN F	3:26:47.535	01:58:57.864
656.	121.	2387	Anabela Garcia	RUN 4 ALL	SEN F	3:26:47.655	01:58:57.984
657.	60.	2016	ANABELA DE JESUS DE SOUSA RIBEIRO		F-40	3:28:25.244	02:00:35.573
658.	37.	2020	RUI MANUEL NEVES DE PAIVA LIMA		M-50	3:28:25.802	02:00:36.131
659.	148.	2179	Bruno Lopes da Silva	MAGNI7	M-40	3:29:51.916	02:02:02.245
660.	61.	2180	Marta Neves	MAGNI7	F-40	3:29:52.723	02:02:03.52
661.	276.	2600	Helder Vila Pouca		M SEN	3:29:56.045	02:02:06.374
662.	277.	2392	João Guilherme Silva	RUN 4 ALL	M SEN	3:32:49.414	02:04:59.743
663.	122.	2389	Sara Filipa Ribeiro	RUN 4 ALL	SEN F	3:32:49.805	02:05:00.134
664.	123.	2381	Lara Andrade	RUN 4 ALL	SEN F	3:34:16.884	02:06:27.213
665.	62.	2386	Emília Bentes	RUN 4 ALL	F-40	3:34:18.038	02:06:28.367
666.	124.	2316	Cláudia Sofia Lopes Cardia Teixeira	Irmandade da Roda	SEN F	3:34:18.047	02:06:28.376
667.	125.	2273	CARLA SUSANA DA SILVA	RUNNERS	SEN F	3:34:18.868	02:06:29.197
668.	126.	2269	ANA FILIPA MATOS DE OLIVEIRA	RUNNERS	SEN F	3:34:21.078	02:06:31.407
669.	278.	2623	Fernando Acurcio	Fama Runners	M SEN	3:34:21.375	02:06:31.704
670.	149.	2807	André Campante Ferreira		M-40	3:34:33.283	02:06:43.612
671.	279.	2474	Bruno José Silva Moura		M SEN	3:35:15.864	02:07:26.193
672.	127.	2475	Raquel Sofia de Freitas Andrade		SEN F	3:35:16.159	02:07:26.488
673.	128.	2291	Ana Iolanda da Silva Forte	Budeguita Runners	SEN F	3:35:23.835	02:07:34.164
674.	63.	2464	Isabel Vieira	PORTOCARGO	F-40	3:38:37.784	02:10:48.113
675.	150.	2409	Renato Oliveira	PORTOCARGO	M-40	3:38:38.034	02:10:48.363

Lugar	Esc.	Dorsal	Nome	Equipa	Classe	Tempo	Diferença
676.	64.	2250	Maria Manuela Martins Viterbo Silva		F-40	3:45:39.603	02:17:49.932
677.	151.	2251	Joaquim Paulo Ferreira de Oliveira		M-40	3:45:39.689	02:17:50.18
678.	65.	2442	Maria Manuela Silva Santos	indomáveis	F-40	3:45:40.011	02:17:50.340
679.	129.	2441	Cristiana Beatriz Ferreira Campos	indomáveis	SEN F	3:45:40.179	02:17:50.508
680.	66.	2127	Cristina Maria Martins Rodrigues	Maet	F-40	3:45:40.618	02:17:50.947
681.	130.	2453	Begoña Pérez	Eu+ Ginásio LMA	SEN F	3:46:14.888	02:18:25.217
682.	131.	2169	Elva Bonifácio Andrade	Eu+ Ginásio LMA	SEN F	3:46:15.106	02:18:25.435
683.	67.	2195	Joana Vaz	Eu+ Ginásio LMA	F-40	3:46:15.205	02:18:25.534
684.	280.	2677	CESAR ROGERIO BARBOSA MARIZ	Loja STAFF	M SEN	3:46:29.044	02:18:39.373
685.	152.	2457	paulo jorge sousa magalhães	IRMANDADE DA RODA	M-40	3:50:12.374	02:22:22.703
686.	68.	2458	Ana Rita Barros Neves Magalhães	Irmandade da Roda	F-40	3:50:12.708	02:22:23.37
687.	132.	2146	Carla Gomes	GENEROSOS	SEN F	3:50:42.362	02:22:52.691
688.	69.	2045	Carolina Manuela Silva	Crazy Trailers	F-40	3:51:22.587	02:23:32.916
689.	133.	2044	Susana Martins	Crazy Trailers	SEN F	3:51:36.226	02:23:46.555
690.	281.	2436	Bruno Miguel da Cruz Gonçalves Paquete	Budeguita Runners	M SEN	3:52:21.568	02:24:31.897
691.	134.	2259	Sara Filipa Arantes Cruz	Budeguita Runners	SEN F	3:53:37.456	02:25:47.785
692.	135.	2569	Lurdes Couto	Trinca metas	SEN F	3:53:37.517	02:25:47.846
693.	70.	2570	Carla Vieira	Trinca metas	F-40	3:53:37.889	02:25:48.218
694.	282.	2766	Carlos Fonseca	All About	M SEN	3:54:41.001	02:26:51.330
695.	71.	2765	Susana Barbosa	All About	F-40	3:54:41.406	02:26:51.735
696.	1.	2025	Margarida Maria Pereira Faria	Trailistas \"Eu é que sei!\"	F-45	4:00:51.064	02:33:01.393
697.	136.	2185	Ana Chaves	Correr por Diversão	SEN F	4:00:51.409	02:33:01.738
698.	72.	2184	Ana Paula Ferreira Conceição	Trailistas \"Eu é que sei!\"	F-40	4:00:51.493	02:33:01.822
699.	73.	2727	Lu Pinto	GENEROSOS	F-40	4:20:35.306	02:52:45.635
700.	74.	2439	Odete Maria Lameira Conceição Neves	Irmandade da Roda	F-40	4:20:35.064	02:52:45.393