Trail do Zêzere 2018
Ferreira do Zêzere, PT
10-November-2018

K50 - STAGE 1 — 50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	08:00	16ºC	100%
End	19:58	17ºC	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1	Andre Rodrigues	prozis xtrail team / berg outdoor	Senior Masculino	04:58:23		05:58
2	9	Tiago Cantante Romão	individual	Senior Masculino	05:09:20	+10:57	06:11
3	10	Mario Fonseca	dr. merino/4moove	Senior Masculino	05:10:50	+12:27	06:13
4	8	BRUNO SOUSA	trail team bifase	Senior Masculino	05:18:04	+19:41	06:22
5	11	Luís Semedo	ac portalegre/utsm	Senior Masculino	05:22:09	+23:45	06:27
6	18	Pedro André de Freitas Ribeiro	caracol trail team	Senior Masculino	05:31:16	+32:53	06:38
7	3	Nuno Silva	trail team bifase	Senior Masculino	05:39:02	+40:38	06:47
8	55	Sergio Sá	águias de alvelos	Senior Masculino	05:43:38	+45:14	06:52
9	52	Bruno Ribeiro	águias de alvelos	Senior Masculino	05:44:18	+45:54	06:53
10	13	Américo Joaquim de Sousa Caldeira	individual	Veterano M40	05:49:07	+50:43	06:59
11	7	Francisco Freitas	acd jardim da serra	Veterano M40	05:49:32	+51:09	06:59
12	123	Carlos Ferreira	dr. merino/4moove	Senior Masculino	05:49:42	+51:18	07:00
13	16	Vitor Mariano Silva Cordeiro	edv-viana trail	Veterano M50	05:52:49	+54:25	07:03
14	137	Pedro Jorge Silva Barros	factor x / s4l / medense fc	Senior Masculino	05:53:05	+54:41	07:04
15	6	Ricardo Jorge Gonçalves da Silva	edv-viana trail	Senior Masculino	05:55:14	+56:50	07:06
16	4	Jérôme Rocha Rodrigues	edv-viana trail	Senior Masculino	05:55:14	+56:50	07:06
17	20	Rui Luz	amcf - arrábida trail team	Veterano M40	05:55:34	+57:10	07:07
18	184	Frederico Cerdeira	monsanto running team	Senior Masculino	05:56:03	+57:40	07:07
19	15	Leonel Rodrigues da Cunha	trail team bifase	Senior Masculino	05:56:09	+57:45	07:07
20	110	Diogo Pinheiro	coimbra trail running	Senior Masculino	05:56:50	+58:27	07:08
21	125	Miguel Martins	dr. merino/4moove	Senior Masculino	06:01:45	+01:03:22	07:14
22	84	Tiago Manuel Gomes Godinho	caracol trail team	Senior Masculino	06:03:10	+01:04:47	07:16
23	129	Paulo José Cardoso Mesquita	edv-viana trail	Senior Masculino	06:04:46	+01:06:22	07:18
24	130	Pedro Manuel Reis Caprichoso	edv-viana trail	Senior Masculino	06:04:46	+01:06:23	07:18
25	19	Nelson Santos	dão nelas runners	Veterano M40	06:05:20	+01:06:57	07:18
26	68	Pedro Veríssimo	amcf - arrábida trail team	Veterano M40	06:07:56	+01:09:33	07:22
27	69	Marcolino Veríssimo	amcf - arrábida trail team	Veterano M45	06:07:56	+01:09:33	07:22
28	64	Rodrigo Noivo Gregório	amcf - arrábida trail team	Senior Masculino	06:08:21	+01:09:58	07:22
29	22	Paulo Lopes	amcf - arrábida trail team	Veterano M40	06:09:46	+01:11:23	07:24
30	219	António Ferreira	runners do demo	Veterano M45	06:10:00	+01:11:37	07:24
31	24	Hugo Gonçalves	trail team bifase	Senior Masculino	06:12:12	+01:13:48	07:27
32	23	André Filipe António Duarte	clube desportivo e cultura da nave	Senior Masculino	06:12:12	+01:13:49	07:27
33	113	Paulo Andre Carvalho	coimbra trail running	Senior Masculino	06:12:48	+01:14:25	07:27
34	124	Domingos Freitas	dr. merino/4moove	Senior Masculino	06:14:19	+01:15:55	07:29
35	42	Nuno Paiva	ac portalegre/utsm	Senior Masculino	06:19:05	+01:20:41	07:35
36	14	Luis Fernandes	clube de praças da armada	Senior Masculino	06:19:08	+01:20:45	07:35
37	21	Fernando Gomes	clube de atletismo de ferreira do zêzere	Senior Masculino	06:20:39	+01:22:15	07:37
38	115	paulo renato sousa marreiros	coimbra trail running	Veterano M40	06:21:14	+01:22:51	07:37
39	25	Francisco Fernandes	águias de alvelos	Senior Masculino	06:23:17	+01:24:54	07:40
40	47	Silvio Freitas	acd jardim da serra	Senior Masculino	06:23:38	+01:25:14	07:40

K50 - STAGE 1 50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	111	João André Ferreira	coimbra trail running	Senior Masculino	06:27:04	+01:28:40	07:44
42	162	Pedro Mendes	vikings trail runners / ccr alcabideque	Senior Masculino	06:28:35	+01:30:12	07:46
43	99	Jorge Filipe Martins Santos	clube desportivo e cultura da nave	Senior Masculino	06:30:28	+01:32:05	07:49
44	83	Hugo Bento das Neves	caracol trail team	Senior Masculino	06:32:00	+01:33:36	07:50
45	45	Magno Sousa	acd jardim da serra	Senior Masculino	06:34:01	+01:35:37	07:53
46	165	Carlos Barbosa	individual	Veterano M40	06:35:19	+01:36:56	07:54
47	1060	José Daniel Gonzalez Domínguez	individual	Senior Masculino	06:36:19	+01:37:55	07:56
48	100	Jorge Miguel Franco António	clube desportivo e cultura da nave	Senior Masculino	06:36:57	+01:38:33	07:56
49	74	José Guilherme Féteira	arsm - associação recreativa de s. miguel	Veterano M50	06:38:33	+01:40:09	07:58
50	1068	Tiago Filipe Raimundo Cochicho	individual	Senior Masculino	06:40:50	+01:42:26	08:01
51	26	Inês Marques	individual	Senior Feminino	06:42:14	+01:43:51	08:03
52	27	Sofia Lopes Roquete	amcf - arrábida trail team	Senior Feminino	06:44:20	+01:45:56	08:05
53	35	Paula Barbosa	oralklass - amigos do trail	Veterana F40	06:45:28	+01:47:04	08:07
54	244	MIGUEL RIBEIRO	zona alta trail	Senior Masculino	06:47:26	+01:49:02	08:09
55	46	Robert Serrao	acd jardim da serra	Senior Masculino	06:47:46	+01:49:22	08:09
56	204	Rufino Paiva	ocs proaventuras	Veterano M45	06:49:46	+01:51:22	08:12
57	96	Manuel Sousa	clube de praças da armada	Veterano M45	06:50:33	+01:52:10	08:13
58	34	Joana Esperanço	individual	Senior Feminino	06:52:00	+01:53:37	08:14
59	232	Nelson Teixeira	tua saúde	Senior Masculino	06:56:36	+01:58:13	08:20
60	114	Armindo Antunes	coimbra trail running	Veterano M40	06:57:27	+01:59:04	08:21
61	28	Mary Vieira	dr. merino/4moove	Senior Feminino	07:01:31	+02:03:07	08:26
62	77	Daniel Batata	atletismo clube da tocha	Senior Masculino	07:01:41	+02:03:18	08:26
63	238	Samuel Castela	go!runners / outpro store	Senior Masculino	07:08:01	+02:09:37	08:34
64	193	Paulo Nogueira	montanha clube trail running/efapel	Veterano M40	07:09:04	+02:10:41	08:35
65	85	Francisco José Mira Gaio	caracol trail team	Veterano M55	07:10:57	+02:12:33	08:37
66	32	Jocelina Jesus Ferreira	montanha clube trail running/efapel	Veterana F45	07:12:37	+02:14:14	08:39
67	98	Carlos Filipe Bairrão de Freitas	clube desportivo e cultura da nave	Senior Masculino	07:13:21	+02:14:58	08:40
68	188	Bárbara de Carvalho Fernandes	montanha clube trail running/efapel	Senior Feminino	07:16:52	+02:18:29	08:44
69	220	José Costa	runners do demo	Veterano M45	07:17:30	+02:19:06	08:45
70	30	ALICE LOPES	ginasio fit4fun	Veterana F40	07:22:15	+02:23:51	08:51
71	39	Alexandre Mendes	abutres	Veterano M40	07:22:23	+02:24:00	08:51
72	54	Lois Rodriguez	águias de alvelos	Senior Masculino	07:22:30	+02:24:07	08:51
73	202	Allan Apolónio	ocs proaventuras	Senior Masculino	07:23:22	+02:24:59	08:52
74	82	RUI SANTOS	ca barreira	Veterano M45	07:28:02	+02:29:39	08:58
75	218	Pedro Nuno Serra Pires	runners do demo	Veterano M40	07:28:02	+02:29:39	08:58
76	1011	Vitor faim	atletismo clube da tocha	Veterano M50	07:31:31	+02:33:08	09:02
77	190	Raquel Pedro	montanha clube trail running/efapel	Veterana F40	07:33:35	+02:35:12	09:04
78	48	João Ramos	ade trail running	Sub 23 Masculino	07:34:29	+02:36:06	09:05
79	191	Fátima Manuela Gomes Alendouro	montanha clube trail running/efapel	Veterana F45	07:34:45	+02:36:21	09:06
80	176	Jorge Mamede Abrantes	individual	Veterano M50	07:35:17	+02:36:53	09:06
81	1012	Alexandre Herculano Fitas Candeias	bombeiros voluntários de montemor-o-novo	Senior Masculino	07:40:20	+02:41:56	09:12
82	217	JOSE FERNANDES	runners do demo	Veterano M40	07:47:09	+02:48:45	09:21

K50 - STAGE 1 50 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
83	1122	Gonçalo Rodrigues	arsm - associação recreativa de s. miguel	Senior Masculino	07:48:15	+02:49:52	09:22
84	1021	Rui Martins	clac entroncamento/ondatrilhos	Senior Masculino	07:48:43	+02:50:19	09:22
85	164	Alexandra Fernandes	individual	Veterana F50	07:52:29	+02:54:05	09:27
86	211	João Ferreira	porto de mós a correr	Senior Masculino	07:53:42	+02:55:19	09:28
87	1125	Filipe Pires	barbaris team	Senior Masculino	07:55:10	+02:56:47	09:30
88	1115	João Grade	trilhos dos templários / xporfit	Senior Masculino	07:57:24	+02:59:00	09:33
89	1069	Bertasa Cinzia	individual	Veterana F40	08:01:24	+03:03:00	09:38
90	1026	Marco Paulo Meirinho Ramos	clube independente de atletismo ilha azul	Senior Masculino	08:01:24	+03:03:01	09:38
91	97	António Madeira	clube de praças da armada	Veterano M55	08:04:12	+03:05:48	09:41
92	227	Elisabete Loureiro dos Santos	team lantemil	Veterana F40	08:04:18	+03:05:54	09:41
93	1209	Óscar Rodrigues	oralklass amigos do trail	Veterano M40	08:05:11	+03:06:47	09:42
94	1129	LUÍS SOARES	clube ogma	Veterano M50	08:05:50	+03:07:26	09:43
95	1141	Aurélio Araújo Farias	hl runners club	Veterano M40	08:06:04	+03:07:41	09:43
96	1066	Ricardo Neves	individual	Senior Masculino	08:07:07	+03:08:44	09:45
97	1113	ÉLIO ANDRÉ	sr. camarnal	Senior Masculino	08:07:56	+03:09:32	09:46
98	1123	Pedro Alves	associação brunheiro natural	Veterano M40	08:09:46	+03:11:23	09:48
99	236	Bruno Martelo	coimbra trail running	Veterano M40	08:10:37	+03:12:14	09:49
100	1009	Jorge Moita	arsm - associação recreativa de s. miguel	Veterano M40	08:10:53	+03:12:29	09:49
101	1101	Fernando Bastos	montanha clube trail running/efapel	Senior Masculino	08:10:53	+03:12:30	09:49
102	1017	Samuel Sebastiao	caracóis de pedra	Senior Masculino	08:12:45	+03:14:21	09:51
103	81	Fernando Homem	c.a.s.p.a. - clube amador só para atletismo	Veterano M40	08:14:23	+03:16:00	09:53
104	44	João Antônio Fernandes	ac portalegre/utsm	Veterano M55	08:16:03	+03:17:39	09:55
105	1064	Pedro Sa	individual	Senior Masculino	08:17:49	+03:19:25	09:57
106	1044	Ruben Dias	gin. qtª da valbom - aaalcochete	Senior Masculino	08:18:44	+03:20:21	09:58
107	40	Mário Martins	abutres	Veterano M45	08:19:41	+03:21:18	10:00
108	43	José Brandão	ac portalegre/utsm	Veterano M45	08:22:33	+03:24:10	10:03
109	1086	Miguel Marques	individual	Veterano M45	08:23:33	+03:25:10	10:04
110	70	Miguel Pinto	amigos do pedal trailagares	Sub 23 Masculino	08:26:46	+03:28:23	10:08
111	1004	José Coelho	abutres	Veterano M40	08:27:25	+03:29:01	10:09
112	1116	José Fonseca	união fci de tomar	Veterano M50	08:28:03	+03:29:40	10:10
113	1105	José Mota	os matrecos	Veterano M55	08:28:03	+03:29:40	10:10
114	207	Zo Vieira	ocs proaventuras	Veterano M55	08:29:25	+03:31:01	10:11
115	53	Hugo Araujo	águias de alvelos	Senior Masculino	08:30:50	+03:32:26	10:13
116	1061	José Pereira	individual	Senior Masculino	08:32:32	+03:34:09	10:15
117	1084	Francisco Pinheiro	individual	Veterano M45	08:32:53	+03:34:30	10:15
118	59	António Gomes	águias de alvelos	Veterano M45	08:34:40	+03:36:16	10:18
119	1173	Paulo Sá	individual	Veterano M45	08:36:39	+03:38:15	10:20
120	92	Rute Martins	clube de atletismo de ferreira do zêzere	Senior Feminino	08:36:39	+03:38:15	10:20
121	160	Jorge Nabais	individual	Senior Masculino	08:36:42	+03:38:18	10:20
122	1103	Nuno André	nel - pédatleta	Veterano M45	08:37:38	+03:39:14	10:21
123	38	Miguel Barros	a.d.amarante trail running	Veterano M45	08:38:01	+03:39:38	10:22
124	169	Arménio Rodrigues	individual	Veterano M45	08:38:56	+03:40:33	10:23
125	1212	Francisco Borges	runners da frente ribeirinha da póvoa de santa iria	Senior Masculino	08:39:45	+03:41:22	10:24
126	1065	Ricardo Casanova	individual	Senior Masculino	08:39:46	+03:41:22	10:24

K50 - STAGE 1 50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	1127	VIRGILIO VEDOR CAMPOS COSTA	clube millennium bcp	Veterano M45	08:40:28	+03:42:05	10:25
128	153	Marina Alves	individual	Senior Feminino	08:42:31	+03:44:08	10:27
129	57	Daniel Fernandes	águias de alvelos	Veterano M40	08:42:35	+03:44:11	10:27
130	237	Aida Presa	girls4run	Veterana F40	08:44:33	+03:46:10	10:29
131	1112	Ricardo Neto	soure mov	Veterano M40	08:45:40	+03:47:16	10:31
132	1091	RODOLFI MARIO	individual	Veterano M50	08:46:05	+03:47:41	10:31
133	1048	Tiago Almeida	grupo sportivo adicense	Senior Masculino	08:47:00	+03:48:36	10:32
134	143	Romeu Alexandre Taneco Colaço	gin. qtª da valbom - aaalcochete	Senior Masculino	08:47:09	+03:48:46	10:33
135	223	Rosália Marisa Carvalho da Silva	team lantemil	Senior Feminino	08:48:10	+03:49:46	10:34
136	194	RENATO BARROS	montanha clube trail running/efapel	Veterano M50	08:48:22	+03:49:59	10:34
137	1022	Lina Marques	clac entroncamento/ondatrilhos	Veterana F40	08:48:42	+03:50:18	10:34
138	1094	José António Marques Pereira	individual	Veterano M55	08:50:32	+03:52:09	10:37
139	1077	Nuno Miguel Ribeiro da Silva Alves	individual	Veterano M40	08:50:33	+03:52:10	10:37
140	1073	André Nunes	individual	Veterano M40	08:51:21	+03:52:58	10:38
141	88	Paulo Costa	clac entroncamento/ondatrilhos	Veterano M40	08:52:32	+03:54:09	10:39
142	1024	Ricardo Capelo	clube cimpor	Senior Masculino	08:53:29	+03:55:06	10:40
143	242	David Lafuente Alves	solopisadas team	Veterano M45	08:53:36	+03:55:12	10:40
144	1108	Marco Aurélio Santos	runners à ventura	Veterano M40	08:54:45	+03:56:22	10:42
145	201	Maria Elisa Santos	ocs proaventuras	Senior Feminino	09:02:28	+04:04:05	10:51
146	1028	Pedro Sousa	clube sosi	Veterano M50	09:03:40	+04:05:16	10:52
147	76	Sara Silva	atletismo clube da tocha	Senior Feminino	09:03:41	+04:05:17	10:52
148	197	Paulo Gomes	no tomorrow running team	Veterano M45	09:04:14	+04:05:51	10:53
149	60	João Afonso	alexandra carvalho team	Sub 23 Masculino	09:07:16	+04:08:53	10:57
150	1148	Nuno Nunes	individual	Senior Masculino	09:07:30	+04:09:06	10:57
151	231	Joaquim Silva	team lantemil	Veterano M45	09:08:05	+04:09:42	10:58
152	1001	Luis Filipe dos Santos Ferreira	a.d.galomar	Senior Masculino	09:08:53	+04:10:30	10:59
153	1245	Luís Carlos Pereira Alberto	caldas corre+	Veterano M40	09:11:27	+04:13:03	11:02
154	181	Carlos Eduardo da Costa Correia	individual	Veterano M60	09:12:27	+04:14:03	11:03
155	1214	Andreia Oliveira	runners do demo	Senior Feminino	09:12:59	+04:14:35	11:04
156	228	Mónica Carla Machado Martins	team lantemil	Veterana F40	09:16:54	+04:18:31	11:08
157	1047	Nuno Domingos Martins Magro	go!runners / outpro store	Veterano M40	09:21:53	+04:23:29	11:14
158	243	Filipe Rodrigues Gonçalves	solopisadas team	Veterano M50	09:22:27	+04:24:03	11:15
159	1177	José Francisco Rocha	individual	Veterano M50	09:23:03	+04:24:39	11:16
160	171	FERNANDO REIS	individual	Veterano M45	09:27:10	+04:28:46	11:21
161	1002	Bruno Manuel Oliveira Paiva	abutres	Senior Masculino	09:27:39	+04:29:15	11:21
162	122	Liliana Gomes	dr. merino/4moove	Senior Feminino	09:28:17	+04:29:53	11:22
163	87	Manuel Rosa Victorino	ccd alvitejo	Veterano M60	09:32:05	+04:33:42	11:27
164	142	Renato Marques	gin. qtª da valbom - aaalcochete	Senior Masculino	09:33:38	+04:35:15	11:28
165	135	FERNANDO CUNHA	edv-viana trail	Veterano M50	09:34:19	+04:35:56	11:29
166	203	Amélia Costa	ocs proaventuras	Veterana F50	09:34:32	+04:36:08	11:29
167	206	João Paulo Marques	ocs proaventuras	Veterano M55	09:34:39	+04:36:15	11:30
168	1131	Cátia Fiqueli	individual	Senior Feminino	09:35:31	+04:37:07	11:31

K50 - STAGE 1

50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
169	1007	Manuel Matos	appacdm santarem	Veterano M45	09:41:03	+04:42:39	11:37
170	1178	jose rodrigues costa	individual	Veterano M50	09:42:06	+04:43:43	11:39
171	1093	Emídio Santos	individual	Veterano M55	09:42:11	+04:43:47	11:39
172	1063	Pedro Domingues	individual	Senior Masculino	09:42:13	+04:43:50	11:39
173	1018	ANTÓNIO NUNES	casa do pessoal da rtp	Veterano M45	09:42:41	+04:44:17	11:39
174	1121	Luís Silva	arsm - associação recreativa de s. miguel	Senior Masculino	09:42:41	+04:44:17	11:39
175	205	João Nuno Fonseca	ocs proaventuras	Veterano M50	09:43:11	+04:44:47	11:40
176	1043	Luis Benavente	gdazambuja trail team	Veterano M45	09:43:55	+04:45:31	11:41
177	90	José Marçal	clac entroncamento/ondatrilhos	Veterano M55	09:45:13	+04:46:50	11:42
178	210	Marilia Noro	papa trilhos do caal	Senior Feminino	09:51:20	+04:52:56	11:50
179	1056	Gonçalo Nazaré	individual	Senior Masculino	09:53:24	+04:55:01	11:52
180	1126	PEDRO MIGUEL BATISTA CORDAS	clube millennium bcp	Veterano M40	09:53:25	+04:55:01	11:52
181	1136	Rui Viegas	galhardos runners	Veterano M40	09:53:25	+04:55:01	11:52
182	146	CONCEIÇÃO FERREIRA	ginasio fit4fun	Veterana F50	09:53:31	+04:55:08	11:52
183	1138	ANGELO PINHO	ginasio fit4fun	Veterano M40	09:55:51	+04:57:27	11:55
184	1081	Sérgio	individual	Veterano M40	09:56:08	+04:57:44	11:55
185	148	Filipa Castela	go!runners / outpro store	Senior Feminino	09:56:32	+04:58:09	11:56
186	1032	Rui Miguel Pereira Inácio	dolce furadouro	Senior Masculino	09:56:42	+04:58:18	11:56
187	1033	Renato Veiga	dolce furadouro	Veterano M40	09:56:42	+04:58:19	11:56
188	215	João Pedro Simões	runners do demo	Senior Masculino	10:00:00	+05:01:36	12:00
189	216	Nuno Oliveira	runners do demo	Senior Masculino	10:00:02	+05:01:38	12:00
190	1104	Raquel Vasconcelos	no tomorrow running team	Veterana F40	10:04:02	+05:05:38	12:05
191	1080	Roberto Esteves	individual	Veterano M40	10:04:40	+05:06:16	12:06
192	195	Isabel vedor	morcegos trail	Veterana F40	10:12:08	+05:13:45	12:15
193	1226	Vítor Horácio Esteves Correia	team lantemil	Senior Masculino	10:13:48	+05:15:25	12:17
194	1229	Marco Filipe Silva Moreira	team lantemil	Veterano M40	10:13:48	+05:15:25	12:17
195	1098	António Folgado	liz runners	Veterano M50	10:17:01	+05:18:38	12:20
196	240	Carla Santos	individual	Veterana F45	10:19:29	+05:21:05	12:23
197	71	Augusto Pinto Oliveira	amigos do pedal trailagares	Veterano M45	10:19:35	+05:21:12	12:24
198	1059	João Pires	individual	Senior Masculino	10:23:13	+05:24:50	12:28
199	1039	Andreia Andrade	gdazambuja trail team	Senior Feminino	10:24:36	+05:26:13	12:30
200	1076	João Teixeira	individual	Veterano M40	10:24:40	+05:26:16	12:30
201	49	Marinha Pires	afifense trail	Senior Feminino	10:30:10	+05:31:47	12:36
202	1040	Inês Henriques	gdazambuja trail team	Senior Feminino	10:31:22	+05:32:58	12:38
203	1041	Bruno Figueira	gdazambuja trail team	Veterano M40	10:31:22	+05:32:59	12:38
204	1150	Joaquim José Leitão Caeiro	individual	Veterano M45	10:34:59	+05:36:36	12:42
205	1198	José Cunha	nocturnos de paredes	Senior Masculino	10:35:27	+05:37:04	12:43
206	1213	Paulo Vieira	runners da frente ribeirinha da póvoa de santa iria	Veterano M45	10:35:39	+05:37:15	12:43
207	1128	JOAQUIM BEXIGA	clube ogma	Veterano M50	10:35:42	+05:37:18	12:43
208	1135	Nélio Girão	formobike btt & trail running	Senior Masculino	10:35:45	+05:37:21	12:43
209	1027	PEDRO JOSE LOPES FONTINHA	clube millennium bcp	Senior Masculino	10:35:45	+05:37:21	12:43
210	1149	Marcelo da silva Ferreira	individual	Veterano M40	10:40:26	+05:42:02	12:49
211	51	Carlos Pereira	afifense trail	Veterano M45	10:52:37	+05:54:13	13:03
212	50	Carolina Pereira	afifense trail	Veterana F45	10:52:37	+05:54:13	13:03

K50 - STAGE 1 50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
213	1020	José Duarte	clac entroncamento/ondatrilhos	Senior Masculino	10:53:30	+05:55:06	13:04
214	1233	PAULA BRANCO	união fci de tomar	Veterana F45	10:53:31	+05:55:08	13:04
215	139	Esmeralda Fiúza	figueira kayak clube	Veterana F55	10:54:29	+05:56:06	13:05
216	1096	Manuel Luís Rolim Moleiro	individual	Veterano M55	10:56:26	+05:58:02	13:08
217	1174	Rodolfo Rapaz	individual	Veterano M45	10:58:18	+05:59:55	13:10
218	180	claudino almeida rebelo	individual	Veterano M55	11:05:10	+06:06:47	13:18
219	1013	Dália Teresa Pereira Rato	bootcamp sesimbra	Veterana F55	11:05:10	+06:06:47	13:18
220	103	FERNANDA FRANÇA	clube ogma	Veterana F45	11:05:38	+06:07:14	13:19
221	1010	Carlos Alegre	associação de toledo	Veterano M55	11:11:21	+06:12:58	13:26
222	1023	João Lopes	clac entroncamento/ondatrilhos	Veterano M40	11:12:06	+06:13:43	13:27
223	1132	Luís Emídio	coa - clube de orientação e aventura	Veterano M50	11:14:02	+06:15:39	13:29
224	1199	Fátima Gonçalves	o mundo da corrida	Veterana F50	11:24:35	+06:26:12	13:42
225	1200	António Gonçalves	o mundo da corrida	Veterano M55	11:24:36	+06:26:12	13:42

Trail do Zêzere 2018
Ferreira do Zêzere, PT
10-November-2018

K50 50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:00	16ºC	100%
End	19:58	17ºC	93%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	26	Inês Marques	Individual	Senior Feminino	06:42:14	+01:43:51	08:03
2	27	Sofia Lopes Roquete	AMCF - Arrábida Trail Team	Senior Feminino	06:44:20	+01:45:56	08:05
3	34	Joana Esperanço	Individual	Senior Feminino	06:52:00	+01:53:37	08:14
4	28	Mary Vieira	Dr. Merino/4moove	Senior Feminino	07:01:31	+02:03:07	08:26
5	188	Bárbara de Carvalho Fernandes	Montanha Clube Trail Running/Efapel	Senior Feminino	07:16:52	+02:18:29	08:44
6	92	Rute Martins	Clube de Atletismo de Ferreira do Zêzere	Senior Feminino	08:36:39	+03:38:15	10:20
7	153	Marina Alves	Individual	Senior Feminino	08:42:31	+03:44:08	10:27
8	223	Rosália Marisa Carvalho da Silva	TEAM LANTEMIL	Senior Feminino	08:48:10	+03:49:46	10:34
9	201	Maria Elisa Santos	OCS Proaventuras	Senior Feminino	09:02:28	+04:04:05	10:51
10	76	Sara Silva	Atletismo Clube da Tocha	Senior Feminino	09:03:41	+04:05:17	10:52
11	1214	Andreia Oliveira	Runners do Demo	Senior Feminino	09:12:59	+04:14:35	11:04
12	122	Liliana Gomes	Dr. Merino/4moove	Senior Feminino	09:28:17	+04:29:53	11:22
13	1131	Cátia Fiqueli	Individual	Senior Feminino	09:35:31	+04:37:07	11:31
14	210	Marilia Noro	Papa Trilhos do CAAL	Senior Feminino	09:51:20	+04:52:56	11:50
15	148	Filipa Castela	GO!RUNNERS / OUTPRO STORE	Senior Feminino	09:56:32	+04:58:09	11:56
16	1039	Andreia Andrade	GDAzambuja Trail Team	Senior Feminino	10:24:36	+05:26:13	12:30
17	49	Marinha Pires	Afifense Trail	Senior Feminino	10:30:10	+05:31:47	12:36
18	1040	Inês Henriques	GDAzambuja Trail Team	Senior Feminino	10:31:22	+05:32:58	12:38

Senior Masculino

1	1	Andre Rodrigues	PROZIS XTRAIL TEAM / BERG OUTDOOR	Senior Masculino	04:58:23		05:58
2	9	Tiago Cantante Romão	Individual	Senior Masculino	05:09:20	+10:57	06:11
3	10	Mario Fonseca	Dr. Merino/4moove	Senior Masculino	05:10:50	+12:27	06:13
4	8	BRUNO SOUSA	Trail Team Bifase	Senior Masculino	05:18:04	+19:41	06:22
5	11	Luís Semedo	AC Portalegre/UTSM	Senior Masculino	05:22:09	+23:45	06:27
6	18	Pedro André de Freitas Ribeiro	Caracol Trail Team	Senior Masculino	05:31:16	+32:53	06:38
7	3	Nuno Silva	Trail Team Bifase	Senior Masculino	05:39:02	+40:38	06:47
8	55	Sergio Sá	ÁGUIAS DE ALVELOS	Senior Masculino	05:43:38	+45:14	06:52
9	52	Bruno Ribeiro	ÁGUIAS DE ALVELOS	Senior Masculino	05:44:18	+45:54	06:53
10	123	Carlos Ferreira	Dr. Merino/4moove	Senior Masculino	05:49:42	+51:18	07:00
11	137	Pedro Jorge Silva Barros	FACTOR X / S4L / MEDENSE FC	Senior Masculino	05:53:05	+54:41	07:04
12	6	Ricardo Jorge Gonçalves da Silva	EDV-VIANA TRAIL	Senior Masculino	05:55:14	+56:50	07:06
13	4	Jérôme Rocha Rodrigues	EDV-VIANA TRAIL	Senior Masculino	05:55:14	+56:50	07:06
14	184	Frederico Cerdeira	Monsanto Running Team	Senior Masculino	05:56:03	+57:40	07:07
15	15	Leonel Rodrigues da Cunha	Trail Team Bifase	Senior Masculino	05:56:09	+57:45	07:07
16	110	Diogo Pinheiro	Coimbra Trail Running	Senior Masculino	05:56:50	+58:27	07:08

K50 50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

17	125	Miguel Martins	Dr. Merino/4moove	Senior Masculino	06:01:45	+01:03:22	07:14
18	84	Tiago Manuel Gomes Godinho	Caracol Trail Team	Senior Masculino	06:03:10	+01:04:47	07:16
19	129	Paulo José Cardoso Mesquita	EDV-VIANA TRAIL	Senior Masculino	06:04:46	+01:06:22	07:18
20	130	Pedro Manuel Reis Caprichoso	EDV-VIANA TRAIL	Senior Masculino	06:04:46	+01:06:23	07:18
21	64	Rodrigo Noivo Gregório	AMCF - Arrábida Trail Team	Senior Masculino	06:08:21	+01:09:58	07:22
22	24	Hugo Gonçalves	Trail Team Bifase	Senior Masculino	06:12:12	+01:13:48	07:27
23	23	André Filipe António Duarte	Clube Desportivo e Cultura da Nave	Senior Masculino	06:12:12	+01:13:49	07:27
24	113	Paulo Andre Carvalho	Coimbra Trail Running	Senior Masculino	06:12:48	+01:14:25	07:27
25	124	Domingos Freitas	Dr. Merino/4moove	Senior Masculino	06:14:19	+01:15:55	07:29
26	42	Nuno Paiva	AC Portalegre/UTSM	Senior Masculino	06:19:05	+01:20:41	07:35
27	14	Luis Fernandes	Clube de Praças da Armada	Senior Masculino	06:19:08	+01:20:45	07:35
28	21	Fernando Gomes	Clube de Atletismo de Ferreira do Zêzere	Senior Masculino	06:20:39	+01:22:15	07:37
29	25	Francisco Fernandes	ÁGUIAS DE ALVELOS	Senior Masculino	06:23:17	+01:24:54	07:40
30	47	Silvio Freitas	ACD JARDIM DA SERRA	Senior Masculino	06:23:38	+01:25:14	07:40
31	111	João André Ferreira	Coimbra Trail Running	Senior Masculino	06:27:04	+01:28:40	07:44
32	162	Pedro Mendes	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	06:28:35	+01:30:12	07:46
33	99	Jorge Filipe Martins Santos	Clube Desportivo e Cultura da Nave	Senior Masculino	06:30:28	+01:32:05	07:49
34	83	Hugo Bento das Neves	Caracol Trail Team	Senior Masculino	06:32:00	+01:33:36	07:50
35	45	Magno Sousa	ACD JARDIM DA SERRA	Senior Masculino	06:34:01	+01:35:37	07:53
36	1060	José Daniel Gonzalez Domínguez	Individual	Senior Masculino	06:36:19	+01:37:55	07:56
37	100	Jorge Miguel Franco António	Clube Desportivo e Cultura da Nave	Senior Masculino	06:36:57	+01:38:33	07:56
38	1068	Tiago Filipe Raimundo Cochicho	Individual	Senior Masculino	06:40:50	+01:42:26	08:01
39	244	MIGUEL RIBEIRO	ZONA ALTA TRAIL	Senior Masculino	06:47:26	+01:49:02	08:09
40	46	Robert Serrao	ACD JARDIM DA SERRA	Senior Masculino	06:47:46	+01:49:22	08:09
41	232	Nelson Teixeira	Tua Saúde	Senior Masculino	06:56:36	+01:58:13	08:20
42	77	Daniel Batata	Atletismo Clube da Tocha	Senior Masculino	07:01:41	+02:03:18	08:26
43	238	Samuel Castela	GO!RUNNERS / OUTPRO STORE	Senior Masculino	07:08:01	+02:09:37	08:34
44	98	Carlos Filipe Bairrão de Freitas	Clube Desportivo e Cultura da Nave	Senior Masculino	07:13:21	+02:14:58	08:40
45	54	Lois Rodriguez	ÁGUIAS DE ALVELOS	Senior Masculino	07:22:30	+02:24:07	08:51
46	202	Allan Apolónio	OCS Proaventuras	Senior Masculino	07:23:22	+02:24:59	08:52
47	1012	Alexandre Herculano Fitas Candeias	Bombeiros Voluntários De Montemor-O-Novo	Senior Masculino	07:40:20	+02:41:56	09:12
48	1122	Gonçalo Rodrigues	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	07:48:15	+02:49:52	09:22
49	1021	Rui Martins	CLAC Entroncamento/OndaTrilhos	Senior Masculino	07:48:43	+02:50:19	09:22
50	211	João Ferreira	Porto de Mós a Correr	Senior Masculino	07:53:42	+02:55:19	09:28
51	1125	Filipe Pires	Barbaris Team	Senior Masculino	07:55:10	+02:56:47	09:30
52	1115	João Grade	Trilhos dos Templários / XPORFIT	Senior Masculino	07:57:24	+02:59:00	09:33
53	1026	Marco Paulo Meirinho Ramos	CLUBE INDEPENDENTE DE ATLETISMO ILHA AZUL	Senior Masculino	08:01:24	+03:03:01	09:38
54	1066	Ricardo Neves	Individual	Senior Masculino	08:07:07	+03:08:44	09:45
55	1113	ÉLIO ANDRÉ	SR. CAMARNAL	Senior Masculino	08:07:56	+03:09:32	09:46
56	1101	Fernando Bastos	Montanha Clube Trail Running/Efapel	Senior Masculino	08:10:53	+03:12:30	09:49

K50 50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

57	1017	Samuel Sebastiao	Caracóis de Pedra	Senior Masculino	08:12:45	+03:14:21	09:51
58	1064	Pedro Sa	Individual	Senior Masculino	08:17:49	+03:19:25	09:57
59	1044	Ruben Dias	Gin. Qtª da Valbom - AAAlcochete	Senior Masculino	08:18:44	+03:20:21	09:58
60	53	Hugo Araujo	ÁGUIAS DE ALVELOS	Senior Masculino	08:30:50	+03:32:26	10:13
61	1061	José Pereira	Individual	Senior Masculino	08:32:32	+03:34:09	10:15
62	160	Jorge Nabais	Individual	Senior Masculino	08:36:42	+03:38:18	10:20
63	1212	Francisco Borges	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Senior Masculino	08:39:45	+03:41:22	10:24
64	1065	Ricardo Casanova	Individual	Senior Masculino	08:39:46	+03:41:22	10:24
65	1048	Tiago Almeida	Grupo Sportivo Adicense	Senior Masculino	08:47:00	+03:48:36	10:32
66	143	Romeu Alexandre Taneco Colaço	Gin. Qtª da Valbom - AAAlcochete	Senior Masculino	08:47:09	+03:48:46	10:33
67	1024	Ricardo Capelo	Clube Cimpor	Senior Masculino	08:53:29	+03:55:06	10:40
68	1148	Nuno Nunes	Individual	Senior Masculino	09:07:30	+04:09:06	10:57
69	1001	Luis Filipe dos Santos Ferreira	A.D.Galomar	Senior Masculino	09:08:53	+04:10:30	10:59
70	1002	Bruno Manuel Oliveira Paiva	Abutres	Senior Masculino	09:27:39	+04:29:15	11:21
71	142	Renato Marques	Gin. Qtª da Valbom - AAAlcochete	Senior Masculino	09:33:38	+04:35:15	11:28
72	1063	Pedro Domingues	Individual	Senior Masculino	09:42:13	+04:43:50	11:39
73	1121	Luís Silva	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	09:42:41	+04:44:17	11:39
74	1056	Gonçalo Nazaré	Individual	Senior Masculino	09:53:24	+04:55:01	11:52
75	1032	Rui Miguel Pereira Inácio	Dolce Furadouro	Senior Masculino	09:56:42	+04:58:18	11:56
76	215	João Pedro Simões	Runners do Demo	Senior Masculino	10:00:00	+05:01:36	12:00
77	216	Nuno Oliveira	Runners do Demo	Senior Masculino	10:00:02	+05:01:38	12:00
78	1226	Vítor Horácio Esteves Correia	TEAM LANTEMIL	Senior Masculino	10:13:48	+05:15:25	12:17
79	1059	João Pires	Individual	Senior Masculino	10:23:13	+05:24:50	12:28
80	1198	José Cunha	NOCTURNOS DE PAREDES	Senior Masculino	10:35:27	+05:37:04	12:43
81	1135	Nélio Girão	FormoBike Btt & Trail Running	Senior Masculino	10:35:45	+05:37:21	12:43
82	1027	PEDRO JOSE LOPES FONTINHA	Clube Millennium BCP	Senior Masculino	10:35:45	+05:37:21	12:43
83	1020	José Duarte	CLAC Entroncamento/OndaTrilhos	Senior Masculino	10:53:30	+05:55:06	13:04

Sub 23 Masculino

1	48	João Ramos	ADE Trail Running	Sub 23 Masculino	07:34:29	+02:36:06	09:05
2	70	Miguel Pinto	AMIGOS DO PEDAL TRAILAGARES	Sub 23 Masculino	08:26:46	+03:28:23	10:08
3	60	João Afonso	Alexandra Carvalho Team	Sub 23 Masculino	09:07:16	+04:08:53	10:57

Veterana F40

1	35	Paula Barbosa	Oralklass - Amigos Do Trail	Veterana F40	06:45:28	+01:47:04	08:07
2	30	ALICE LOPES	Ginasio Fit4Fun	Veterana F40	07:22:15	+02:23:51	08:51
3	190	Raquel Pedro	Montanha Clube Trail Running/Efapel	Veterana F40	07:33:35	+02:35:12	09:04
4	1069	Bertasa Cinzia	Individual	Veterana F40	08:01:24	+03:03:00	09:38
5	227	Elisabete Loureiro dos Santos	TEAM LANTEMIL	Veterana F40	08:04:18	+03:05:54	09:41
6	237	Aida Presa	Girls4Run	Veterana F40	08:44:33	+03:46:10	10:29
7	1022	Lina Marques	CLAC Entroncamento/OndaTrilhos	Veterana F40	08:48:42	+03:50:18	10:34

K50 50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

8	228	Mónica Carla Machado Martins	TEAM LANTEMIL	Veterana F40	09:16:54	+04:18:31	11:08
9	1104	Raquel Vasconcelos	NO TOMORROW RUNNING TEAM	Veterana F40	10:04:02	+05:05:38	12:05
10	195	Isabel vedor	MORCEGOS TRAIL	Veterana F40	10:12:08	+05:13:45	12:15

Veterana F45

1	32	Jocelina Jesus Ferreira	Montanha Clube Trail Running/Efapel	Veterana F45	07:12:37	+02:14:14	08:39
2	191	Fátima Manuela Gomes Alendouro	Montanha Clube Trail Running/Efapel	Veterana F45	07:34:45	+02:36:21	09:06
3	240	Carla Santos	Individual	Veterana F45	10:19:29	+05:21:05	12:23
4	50	Carolina Pereira	Afifense Trail	Veterana F45	10:52:37	+05:54:13	13:03
5	1233	PAULA BRANCO	UNIÃO FCI DE TOMAR	Veterana F45	10:53:31	+05:55:08	13:04
6	103	FERNANDA FRANÇA	Clube OGMA	Veterana F45	11:05:38	+06:07:14	13:19

Veterana F50

1	164	Alexandra Fernandes	Individual	Veterana F50	07:52:29	+02:54:05	09:27
2	203	Amélia Costa	OCS Proaventuras	Veterana F50	09:34:32	+04:36:08	11:29
3	146	CONCEIÇÃO FERREIRA	Ginasio Fit4Fun	Veterana F50	09:53:31	+04:55:08	11:52
4	1199	Fátima Gonçalves	O Mundo da Corrida	Veterana F50	11:24:35	+06:26:12	13:42

Veterana F55

1	139	Esmeralda Fiúza	Figueira Kayak Clube	Veterana F55	10:54:29	+05:56:06	13:05
2	1013	Dália Teresa Pereira Rato	Bootcamp Sesimbra	Veterana F55	11:05:10	+06:06:47	13:18

Veterano M40

1	13	Américo Joaquim de Sousa Caldeira	Individual	Veterano M40	05:49:07	+50:43	06:59
2	7	Francisco Freitas	ACD JARDIM DA SERRA	Veterano M40	05:49:32	+51:09	06:59
3	20	Rui Luz	AMCF - Arrábida Trail Team	Veterano M40	05:55:34	+57:10	07:07
4	19	Nelson Santos	Dão Nelas Runners	Veterano M40	06:05:20	+01:06:57	07:18
5	68	Pedro Veríssimo	AMCF - Arrábida Trail Team	Veterano M40	06:07:56	+01:09:33	07:22
6	22	Paulo Lopes	AMCF - Arrábida Trail Team	Veterano M40	06:09:46	+01:11:23	07:24
7	115	paulo renato sousa marreiros	Coimbra Trail Running	Veterano M40	06:21:14	+01:22:51	07:37
8	165	Carlos Barbosa	Individual	Veterano M40	06:35:19	+01:36:56	07:54
9	114	Armindo Antunes	Coimbra Trail Running	Veterano M40	06:57:27	+01:59:04	08:21
10	193	Paulo Nogueira	Montanha Clube Trail Running/Efapel	Veterano M40	07:09:04	+02:10:41	08:35
11	39	Alexandre Mendes	Abutres	Veterano M40	07:22:23	+02:24:00	08:51
12	218	Pedro Nuno Serra Pires	Runners do Demo	Veterano M40	07:28:02	+02:29:39	08:58
13	217	JOSE FERNANDES	Runners do Demo	Veterano M40	07:47:09	+02:48:45	09:21
14	1209	Óscar Rodrigues	Oralklass Amigos do Trail	Veterano M40	08:05:11	+03:06:47	09:42
15	1141	Aurélio Araújo Farias	HL Runners Club	Veterano M40	08:06:04	+03:07:41	09:43

K50 50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

16	1123	Pedro Alves	Associação Brunheiro Natural	Veterano M40	08:09:46	+03:11:23	09:48
17	236	Bruno Martelo	Coimbra Trail Running	Veterano M40	08:10:37	+03:12:14	09:49
18	1009	Jorge Moita	ARSM - Associação Recreativa de S. Miguel	Veterano M40	08:10:53	+03:12:29	09:49
19	81	Fernando Homem	C.A.S.P.A. - Clube Amador Só Para Atletismo	Veterano M40	08:14:23	+03:16:00	09:53
20	1004	José Coelho	Abutres	Veterano M40	08:27:25	+03:29:01	10:09
21	57	Daniel Fernandes	ÁGUIAS DE ALVELOS	Veterano M40	08:42:35	+03:44:11	10:27
22	1112	Ricardo Neto	Soure Mov	Veterano M40	08:45:40	+03:47:16	10:31
23	1077	Nuno Miguel Ribeiro da Silva Alves	Individual	Veterano M40	08:50:33	+03:52:10	10:37
24	1073	André Nunes	Individual	Veterano M40	08:51:21	+03:52:58	10:38
25	88	Paulo Costa	CLAC Entroncamento/OndaTrilhos	Veterano M40	08:52:32	+03:54:09	10:39
26	1108	Marco Aurélio Santos	Runners À Ventura	Veterano M40	08:54:45	+03:56:22	10:42
27	1245	Luís Carlos Pereira Alberto	Caldas corre+	Veterano M40	09:11:27	+04:13:03	11:02
28	1047	Nuno Domingos Martins Magro	GO!RUNNERS / OUTPRO STORE	Veterano M40	09:21:53	+04:23:29	11:14
29	1126	PEDRO MIGUEL BATISTA CORDAS	Clube Millennium BCP	Veterano M40	09:53:25	+04:55:01	11:52
30	1136	Rui Viegas	GALHARDOS RUNNERS	Veterano M40	09:53:25	+04:55:01	11:52
31	1138	ANGELO PINHO	Ginasio Fit4Fun	Veterano M40	09:55:51	+04:57:27	11:55
32	1081	Sérgio	Individual	Veterano M40	09:56:08	+04:57:44	11:55
33	1033	Renato Veiga	Dolce Furadouro	Veterano M40	09:56:42	+04:58:19	11:56
34	1080	Roberto Esteves	Individual	Veterano M40	10:04:40	+05:06:16	12:06
35	1229	Marco Filipe Silva Moreira	TEAM LANTEMIL	Veterano M40	10:13:48	+05:15:25	12:17
36	1076	João Teixeira	Individual	Veterano M40	10:24:40	+05:26:16	12:30
37	1041	Bruno Figueira	GDAzambuja Trail Team	Veterano M40	10:31:22	+05:32:59	12:38
38	1149	Marcelo da silva Ferreira	Individual	Veterano M40	10:40:26	+05:42:02	12:49
39	1023	João Lopes	CLAC Entroncamento/OndaTrilhos	Veterano M40	11:12:06	+06:13:43	13:27

Veterano M45

1	69	Marcolino Veríssimo	AMCF - Arrábida Trail Team	Veterano M45	06:07:56	+01:09:33	07:22
2	219	António Ferreira	Runners do Demo	Veterano M45	06:10:00	+01:11:37	07:24
3	204	Rufino Paiva	OCS Proaventuras	Veterano M45	06:49:46	+01:51:22	08:12
4	96	Manuel Sousa	Clube de Praças da Armada	Veterano M45	06:50:33	+01:52:10	08:13
5	220	José Costa	Runners do Demo	Veterano M45	07:17:30	+02:19:06	08:45
6	82	RUI SANTOS	CA Barreira	Veterano M45	07:28:02	+02:29:39	08:58
7	40	Mário Martins	Abutres	Veterano M45	08:19:41	+03:21:18	10:00
8	43	José Brandão	AC Portalegre/UTSM	Veterano M45	08:22:33	+03:24:10	10:03
9	1086	Miguel Marques	Individual	Veterano M45	08:23:33	+03:25:10	10:04
10	1084	Francisco Pinheiro	Individual	Veterano M45	08:32:53	+03:34:30	10:15
11	59	António Gomes	ÁGUIAS DE ALVELOS	Veterano M45	08:34:40	+03:36:16	10:18
12	1173	Paulo Sá	Individual	Veterano M45	08:36:39	+03:38:15	10:20
13	1103	Nuno André	NEL - Pédatleta	Veterano M45	08:37:38	+03:39:14	10:21
14	38	Miguel Barros	A.D.Amarante trail running	Veterano M45	08:38:01	+03:39:38	10:22
15	169	Arménio Rodrigues	Individual	Veterano M45	08:38:56	+03:40:33	10:23
16	1127	VIRGILIO VEDOR CAMPOS COSTA	Clube Millennium BCP	Veterano M45	08:40:28	+03:42:05	10:25
17	242	David Lafuente Alves	SOLOPISADAS TEAM	Veterano M45	08:53:36	+03:55:12	10:40

18	197	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M45	09:04:14	+04:05:51	10:53
19	231	Joaquim Silva	TEAM LANTEMIL	Veterano M45	09:08:05	+04:09:42	10:58
20	171	FERNANDO REIS	Individual	Veterano M45	09:27:10	+04:28:46	11:21
21	1007	Manuel Matos	APPACDM SANTAREM	Veterano M45	09:41:03	+04:42:39	11:37
22	1018	ANTÓNIO NUNES	CASA DO PESSOAL DA RTP	Veterano M45	09:42:41	+04:44:17	11:39
23	1043	Luis Benavente	GDAzambuja Trail Team	Veterano M45	09:43:55	+04:45:31	11:41
24	71	Augusto Pinto Oliveira	AMIGOS DO PEDAL TRAILAGARES	Veterano M45	10:19:35	+05:21:12	12:24
25	1150	Joaquim José Leitão Caeiro	Individual	Veterano M45	10:34:59	+05:36:36	12:42
26	1213	Paulo Vieira	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterano M45	10:35:39	+05:37:15	12:43
27	51	Carlos Pereira	Afifense Trail	Veterano M45	10:52:37	+05:54:13	13:03
28	1174	Rodolfo Rapaz	Individual	Veterano M45	10:58:18	+05:59:55	13:10

Veterano M50

1	16	Vitor Mariano Silva Cordeiro	EDV-VIANA TRAIL	Veterano M50	05:52:49	+54:25	07:03
2	74	José Guilherme Féteira	ARSM - Associação Recreativa de S. Miguel	Veterano M50	06:38:33	+01:40:09	07:58
3	1011	Vitor faim	Atletismo Clube da Tocha	Veterano M50	07:31:31	+02:33:08	09:02
4	176	Jorge Mamede Abrantes	Individual	Veterano M50	07:35:17	+02:36:53	09:06
5	1129	LUÍS SOARES	Clube OGMA	Veterano M50	08:05:50	+03:07:26	09:43
6	1116	José Fonseca	UNIÃO FCI DE TOMAR	Veterano M50	08:28:03	+03:29:40	10:10
7	1091	RODOLFI MARIO	Individual	Veterano M50	08:46:05	+03:47:41	10:31
8	194	RENATO BARROS	Montanha Clube Trail Running/Efapel	Veterano M50	08:48:22	+03:49:59	10:34
9	1028	Pedro Sousa	Clube Sosi	Veterano M50	09:03:40	+04:05:16	10:52
10	243	Filipe Rodrigues Gonçalves	SOLOPISADAS TEAM	Veterano M50	09:22:27	+04:24:03	11:15
11	1177	José Francisco Rocha	Individual	Veterano M50	09:23:03	+04:24:39	11:16
12	135	FERNANDO CUNHA	EDV-VIANA TRAIL	Veterano M50	09:34:19	+04:35:56	11:29
13	1178	jose rodrigues costa	Individual	Veterano M50	09:42:06	+04:43:43	11:39
14	205	João Nuno Fonseca	OCS Proaventuras	Veterano M50	09:43:11	+04:44:47	11:40
15	1098	António Folgado	LIZ RUNNERS	Veterano M50	10:17:01	+05:18:38	12:20
16	1128	JOAQUIM BEXIGA	Clube OGMA	Veterano M50	10:35:42	+05:37:18	12:43
17	1132	Luís Emídio	COA - Clube de Orientação e Aventura	Veterano M50	11:14:02	+06:15:39	13:29

Veterano M55

1	85	Francisco José Mira Gaio	Caracol Trail Team	Veterano M55	07:10:57	+02:12:33	08:37
2	97	António Madeira	Clube de Praças da Armada	Veterano M55	08:04:12	+03:05:48	09:41
3	44	João Antônio Fernandes	AC Portalegre/UTSM	Veterano M55	08:16:03	+03:17:39	09:55
4	1105	José Mota	OS MATRECOS	Veterano M55	08:28:03	+03:29:40	10:10
5	207	Zo Vieira	OCS Proaventuras	Veterano M55	08:29:25	+03:31:01	10:11
6	1094	José António Marques Pereira	Individual	Veterano M55	08:50:32	+03:52:09	10:37
7	206	João Paulo Marques	OCS Proaventuras	Veterano M55	09:34:39	+04:36:15	11:30

K50 50 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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8	1093	Emídio Santos	Individual	Veterano M55	09:42:11	+04:43:47	11:39
9	90	José Marçal	CLAC Entroncamento/OndaTrilhos	Veterano M55	09:45:13	+04:46:50	11:42
10	1096	Manuel Luís Rolim Moleiro	Individual	Veterano M55	10:56:26	+05:58:02	13:08
11	180	claudino almeida rebelo	Individual	Veterano M55	11:05:10	+06:06:47	13:18
12	1010	Carlos Alegre	Associação de Toledo	Veterano M55	11:11:21	+06:12:58	13:26
13	1200	António Gonçalves	O Mundo da Corrida	Veterano M55	11:24:36	+06:26:12	13:42

Veterano M60

1	181	Carlos Eduardo da Costa Correia	Individual	Veterano M60	09:12:27	+04:14:03	11:03
2	87	Manuel Rosa Victorino	CCD ALVITEJO	Veterano M60	09:32:05	+04:33:42	11:27

COLETIVO - K50

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	TRAIL TEAM BIFASE	16:53:16 [4 + 7 + 19]	0
2	DR. MERINO/4MOOVE	17:02:18 [3 + 12 + 21]	0
3	EDV-VIANA TRAIL	17:43:17 [13 + 15 + 16]	0
4	ÁGUIAS DE ALVELOS	17:51:14 [8 + 9 + 39]	0
5	CARACOL TRAIL TEAM	18:06:27 [6 + 22 + 44]	0
6	AMCF - ARRÁBIDA TRAIL TEAM	18:11:27 [17 + 26 + 27]	0
7	COIMBRA TRAIL RUNNING	18:30:53 [20 + 33 + 38]	0
8	ACD JARDIM DA SERRA	18:47:11 [11 + 40 + 45]	0
9	CLUBE DESPORTIVO E CULTURA DA NAVE	19:19:38 [32 + 43 + 48]	0
10	AC PORTALEGRE/UTSM	19:57:17 [5 + 35 + 104]	0
11	RUNNERS DO DEMO	20:55:33 [30 + 69 + 75]	0
12	CLUBE DE PRAÇAS DA ARMADA	21:13:54 [36 + 57 + 91]	0
13	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	21:38:35 [64 + 66 + 68]	0
14	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	22:37:42 [49 + 83 + 100]	0
15	OCS PROAVENTURAS	22:42:33 [56 + 73 + 114]	0
16	ATLETISMO CLUBE DA TOCHA	23:36:55 [62 + 76 + 147]	0
17	ABUTRES	24:09:31 [71 + 107 + 111]	0
18	CLAC ENTRONCAMENTO/ONDATRILHOS	25:29:58 [84 + 137 + 141]	0
19	TEAM LANTEMIL	26:00:34 [92 + 135 + 151]	0
20	GO!RUNNERS / OUTPRO STORE	26:26:27 [63 + 157 + 185]	0
21	GIN. QTª DA VALBOM - AAALCOCHETE	26:39:33 [106 + 134 + 164]	0
22	GINASIO FIT4FUN	27:11:38 [70 + 182 + 183]	0
23	CLUBE MILLENNIUM BCP	29:09:39 [127 + 180 + 209]	0
24	CLUBE OGMA	29:47:10 [94 + 207 + 220]	0
25	GDAZAMBUJA TRAIL TEAM	30:39:54 [176 + 199 + 202]	0
26	AFIFENSE TRAIL	32:15:24 [201 + 211 + 212]	0