

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	6332	Emanuel Rolim	00:15:35	00:30:39	00:30:39	1	Sport Lisboa e Benfica	Senior	1
2	3573	Hermano Ferreira	00:15:36	00:30:50	00:30:50	2		Senior	2
3	5905	Hugo Correia	00:15:35	00:31:03	00:31:03	3	RB RUNNING	Senior	3
4	6334	Luis Macau	00:15:36	00:31:25	00:31:25	4	Sport Lisboa e Benfica	Senior	4
5	4732	Joao Caetano	00:15:36	00:31:26	00:31:25	5	Clube de Atletismo Odimarq	Senior	5
6	3453	Helder Grosso	00:15:36	00:31:26	00:31:26	6	GFD Running	Senior	6
7	2633	Artur Santiago	00:15:36	00:31:40	00:31:40	7	NúcleOeiras	V40	1
8	6061	Rodrigo Santos	00:15:36	00:31:45	00:31:45	8	RB RUNNING	Senior	7
9	2713	Hugo Ganchas	00:15:37	00:31:54	00:31:53	9		Junior	1
10	3463	Pedro Cruz	00:15:37	00:31:55	00:31:54	10	GFD Running	Senior	8
11	6494	Pedro Conceição	00:15:36	00:32:00	00:32:00	11		Senior	9
12	5906	Guilherme Pinto	00:15:49	00:32:45	00:32:44	12	RB RUNNING	Senior	10
13	3732	João Pereira	00:15:53	00:33:12	00:33:12	13		Junior	2
14	4533	Vitor Oliveira	00:16:34	00:33:31	00:33:31	14	Weventual	Senior	11
15	6289	Marco Melo	00:16:18	00:33:32	00:33:32	15	A.M.Atibá	V45	1
16	5381	Alberto Chaiça	00:16:18	00:33:46	00:33:46	16	Run Buddy Run	V40	2
17	3891	António Pinto	00:16:41	00:34:21	00:34:21	18	GRD OS FIXES	V40	3
18	5601	Amilcar Leal	00:16:44	00:34:21	00:34:20	17		V40	4
19	3527	Ricardo Franco	00:17:09	00:34:31	00:34:31	19	RB RUNNING	Senior	12
20	3462	David Fernandes	00:16:58	00:34:33	00:34:33	20	GFD Running	V40	5

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21	4013	José Guerra	00:17:04	00:34:34	00:34:34	21	PRAFIT CLUB	Senior	13
22	5613	Vera Nunes	00:17:09	00:34:36	00:34:36	22	Sport Lisboa e Benfica	V35	1
23	4471	António Sousa	00:17:09	00:34:36	00:34:36	23	GFD Running	V45	2
24	5089	Bernard Lehmann	00:17:09	00:34:39	00:34:38	24		Senior	14
25	2631	Ricardo Lanceiro	00:16:45	00:34:49	00:34:48	25	NúcleOeiras	V35	1
26	3448	Ernesto Ferreira	00:17:15	00:34:53	00:34:52	26	GFD Running	V45	3
27	3897	João Ferreira	00:16:56	00:35:12	00:35:12	27		Senior	15
28	1779	Nuno Felicio	00:17:10	00:35:13	00:35:12	28	A.M.Atibá	V35	2
29	6463	Carsten Krueger	00:17:14	00:35:14	00:35:14	29		Senior	16
30	6422	Vitoriano Varela	00:17:13	00:35:17	00:35:16	30		Senior	17
31	5232	Alexandre Monteiro	00:17:29	00:35:23	00:35:23	31	RB RUNNING	V40	6
32	2630	Paulo Santos	00:17:31	00:35:29	00:35:28	32	Cascais Pandilha redux	V45	4
33	2641	António Murteira	00:17:09	00:35:30	00:35:28	33	G. R. D. Ribeira da Lage	V45	5
34	5813	Hugo Ferreira	00:17:36	00:35:32	00:35:32	35	CLUBE OLÍMPICO DE OEIRAS	V40	7
35	6011	Nuno Romao	00:17:36	00:35:33	00:35:30	34		V40	8
36	2159	Nuno Silva	00:17:28	00:35:54	00:35:54	36	Clube Atletismo Amigos de Belém	Senior	18
37	3375	Jessica Augusto	00:17:25	00:35:55	00:35:54	37		Senior	1
38	4008	Mark Ribeiro	00:17:29	00:35:55	00:35:54	38	PRAFIT CLUB	Senior	19
39	4126	Vanderley Silva	00:17:12	00:35:57	00:35:56	39	g.d.chelas	Senior	20
40	3451	Fernando Santos	00:17:59	00:35:57	00:35:56	40	GFD Running	V45	6

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41	4839	João Inocêncio	00:17:29	00:35:59	00:35:58	41	Amigos Vale Silencio	V45	7
42	2511	Paulo Alves	00:17:55	00:35:59	00:35:58	42	GDCTINCM	V35	3
43	3138	Luis Pedroso	00:17:41	00:36:12	00:36:11	43	NúcleOeiras	V40	9
44	6473	Mateusz Belowski	00:17:57	00:36:15	00:36:14	44		Senior	21
45	653	Aires Pratas	00:18:01	00:36:16	00:36:15	45		V60	1
46	3943	António Reis	00:17:37	00:36:18	00:36:17	46		V40	10
47	3002	Nuno Soares	00:18:01	00:36:22	00:36:21	47	Correr Lisboa	Senior	22
48	3639	Paulo Arrenega	00:18:01	00:36:30	00:36:28	48		V45	8
49	553	Diogo Lopes	00:18:09	00:36:34	00:36:31	49		V40	11
50	2185	Carlos Caetano	00:17:57	00:36:37	00:36:36	50		V40	12
51	4244	Luis Rodrigues	00:18:00	00:36:38	00:36:37	51		V45	9
52	1356	André Arvela	00:18:02	00:36:39	00:36:37	52		V35	4
53	4662	Pedro Rodrigues	00:18:11	00:36:45	00:36:41	54	GFD Running	V45	10
54	6345	João Trigueiros	00:17:58	00:36:47	00:36:47	55		Junior	3
55	3535	Luís Rio	00:17:57	00:36:49	00:36:48	56	GDC Banco de Portugal	V40	13
56	1222	Elias Fortes	00:17:48	00:36:52	00:36:51	57		V45	11
57	1250	Carlos Tiago	00:18:24	00:36:56	00:36:54	58	Keep running	V35	5
58	3356	Margarida Dionísio	00:18:13	00:37:01	00:37:00	61		Senior	2
59	3730	Nelio Carvalho	00:18:10	00:37:02	00:36:59	60	Pontével a Mexer	V35	6
60	176	Michael Almeida	00:18:23	00:37:04	00:36:58	59		Senior	23

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
61	4430	Rui Henriques	00:18:18	00:37:06	00:37:05	62		V35	7
62	4806	Marcolino Veríssimo	00:18:43	00:37:07	00:36:38	53	SS CGD	V40	14
63	2514	Rui Correia	00:18:32	00:37:18	00:37:15	63	GDCTINCM	V35	8
64	5824	Sérgio Claro	00:18:29	00:37:18	00:37:17	64	CLUBE OLÍMPICO DE OEIRAS	Senior	24
65	243	Armando Pessoa	00:18:25	00:37:21	00:37:19	65		V45	12
66	2515	Valter Oliveira	00:18:32	00:37:22	00:37:19	66	GDCTINCM	V35	9
67	2437	Ricardo Martins	00:18:36	00:37:22	00:37:19	67		Senior	25
68	3184	Sérgio Santos	00:18:28	00:37:23	00:37:22	69		V45	13
69	1615	António Lopes	00:18:27	00:37:23	00:37:21	68		V50	1
70	3237	Vítor Lima	00:18:32	00:37:24	00:37:22	70	NúcleOeiras	V45	14
71	2288	Fernando Rodrigues	00:18:37	00:37:32	00:37:31	71	Amigos Vale Silencio	V45	15
72	2751	Jaime Nunes	00:18:32	00:37:33	00:37:32	72	Carapaus de Corrida	V45	16
73	5900	Pedro Pimentel	00:18:25	00:37:37	00:37:35	75	SS CGD	V40	15
74	2699	Leonardo Coelho	00:18:35	00:37:37	00:37:33	73	RunLovers	Senior	26
75	4000	Artur Duarte	00:18:25	00:37:38	00:37:34	74		V40	16
76	3459	Mónica Moreiras	00:18:37	00:37:39	00:37:38	77	GFD Running	V35	2
77	6384	Jose Heitor	00:18:36	00:37:39	00:37:38	78	A.M.Atibá	Senior	27
78	5822	Ricardo Santos	00:18:52	00:37:41	00:37:37	76	CLUBE OLÍMPICO DE OEIRAS	V35	10
79	6378	Miguel Guerreiro	00:18:37	00:37:44	00:37:41	79		V40	17
80	3236	Tiago Vermelho	00:18:31	00:37:44	00:37:42	80	NúcleOeiras	Senior	28

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
81	1056	José Jorge	00:18:44	00:37:45	00:37:42	81		Senior	29
82	5347	Diogo Felisberto	00:18:30	00:37:51	00:37:50	84	Kaizen	Senior	30
83	2877	Fernando Gomes	00:17:17	00:37:52	00:37:49	83		V55	1
84	3238	Sérgio Paiva	00:18:28	00:37:53	00:37:53	86	NúcleOeiras	V40	18
85	2634	Fernando Polónio	00:18:34	00:37:55	00:37:53	85	NúcleOeiras	V45	17
86	1220	Carlos Marques	00:18:36	00:38:00	00:37:55	87		V45	18
87	4081	Nuno Santos	00:18:29	00:38:02	00:38:00	88		V35	11
88	3267	Bruno Gonçalves	00:18:34	00:38:05	00:38:03	89		V35	12
89	3013	Alexandre Ildefonso	00:18:49	00:38:12	00:38:12	90	Equipa Tivoli	Junior	4
90	3461	Vitor Sousa	00:18:58	00:38:15	00:38:13	91	GFD Running	V40	19
91	1910	Paulo Delgado	00:18:29	00:38:15	00:38:15	93	os papa km	V45	19
92	5821	Pedro Mendes	00:18:47	00:38:16	00:38:13	92	CLUBE OLÍMPICO DE OEIRAS	V35	13
93	5335	Paulo Pinto	00:18:57	00:38:17	00:38:17	95	C.C.D.das Autarquias de Almada	V40	20
94	3127	Carlos Gomes	00:18:37	00:38:20	00:38:18	96	Clube EDP - Lisboa	V50	2
95	6159	Paulo Gaspar	00:18:51	00:38:20	00:38:16	94		V40	21
96	3818	Paulo Rodrigues	00:18:36	00:38:25	00:38:23	97		V35	14
97	195	Fernando Vicente	00:19:05	00:38:30	00:38:28	100		V50	3
98	968	Pedro Ferreira	00:18:31	00:38:32	00:38:28	98	Runners da frente Ribeirinha da Povia de Santa	V40	22
99	2378	Pedro Ramos	00:19:01	00:38:33	00:38:28	99	GRCD Leião	V40	23
100	5083	Antonio Mesquita	00:18:30	00:38:33	00:38:32	101		V35	15

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101	5502	Miguel Carneiro	00:18:58	00:38:33	00:38:33	103		Senior	31
102	1136	João Pastor	00:18:52	00:38:35	00:38:33	104	Amigos Atletismo Mafra	V40	24
103	4010	Filipa Costa	00:19:06	00:38:35	00:38:33	105	PRAFIT CLUB	Senior	3
104	3192	Carlos Palas	00:19:01	00:38:36	00:38:35	109		V55	2
105	3456	Luís Pereira	00:19:04	00:38:37	00:38:34	107	GFD Running	V45	20
106	4597	Joaquim Martins	00:19:02	00:38:37	00:38:35	108	Clube de Atletismo Odimarq	V50	4
107	4596	José Silva	00:19:02	00:38:38	00:38:36	110	Clube de Atletismo Odimarq	V50	5
108	2847	Nuno Silva	00:19:05	00:38:39	00:38:38	112	Correr Lisboa	V35	16
109	1656	Tiago Costa	00:19:40	00:38:39	00:38:32	102		V35	17
110	3567	Tiago Vintem	00:18:52	00:38:40	00:38:37	111	Pontével a Mexer	Senior	32
111	961	Carlos Teixeira	00:19:40	00:38:47	00:38:40	113		V40	25
112	2677	João Vieira	00:19:08	00:38:49	00:38:48	117		Senior	33
113	4127	Pedro Marques	00:19:31	00:38:49	00:38:46	116	g.d.chelas	V40	26
114	3644	Bernardo Fazendeiro	00:18:47	00:38:49	00:38:46	115		Senior	34
115	266	Armando Rafael	00:19:26	00:38:52	00:38:49	118		V40	27
116	1092	Nuno Lourenço	00:19:08	00:38:52	00:38:52	120	EVELX - Associação de Estilos de Vida Saudável	V40	28
117	2746	Francisco Peixoto	00:19:32	00:38:56	00:38:33	106		Senior	35
118	2374	Nuno Quintela	00:19:19	00:38:56	00:38:51	119	GRCD Leião	Senior	36
119	5607	João Ginja	00:19:36	00:38:56	00:38:55	121		V45	21
120	4405	Vital Vilarinho	00:19:18	00:38:58	00:38:57	123		V35	18

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121	2364	Eduardo Castelo	00:19:22	00:39:00	00:38:59	124	GRCD Leião	Junior	5
122	338	Alexandre Costa	00:19:14	00:39:01	00:38:56	122		V40	29
123	5336	Sérgio Santos	00:19:20	00:39:02	00:39:00	125	C.C.D.das Autarquias de Almada	V50	6
124	5189	Fernando Domingos	00:19:19	00:39:05	00:39:02	126		V50	7
125	6016	Hernâni Fernandes	00:19:17	00:39:05	00:39:05	129		V40	30
126	1751	Miguel Gonçalves	00:19:34	00:39:07	00:39:03	127	CCD Crédito Agrícola Mútuo	V35	19
127	5629	Guillaume Simões	00:19:07	00:39:09	00:39:08	132	ROFF	Senior	37
128	100	Jose Esteves	00:19:29	00:39:10	00:39:09	133	tartarugas solidarias	V45	22
129	4459	Jorge Vieira	00:19:31	00:39:11	00:39:06	130		V45	23
130	5891	Daniel Pereira	00:19:50	00:39:11	00:38:41	114	Juventude Atlético Clube	Senior	38
131	6244	Joaquim Rodrigues	00:20:09	00:39:12	00:39:06	131	Os Carregueirenses	V45	24
132	2307	Cláudio Canavilhas	00:19:47	00:39:13	00:39:10	135		Senior	39
133	1110	Bruno Amaro	00:19:13	00:39:14	00:39:09	134		V35	20
134	4251	Fábio Teixeira	00:19:17	00:39:14	00:39:11	136		Senior	40
135	1750	Luis Zêzere	00:19:45	00:39:15	00:39:04	128	CCD Crédito Agrícola Mútuo	V35	21
136	4351	Joaquim Alexandre	00:19:29	00:39:16	00:39:14	138	u.r.d.arranhò	V45	25
137	4508	Peter Steinhausen	00:18:59	00:39:17	00:39:16	140		V60	2
138	2997	José Gonçalves	00:19:36	00:39:19	00:39:15	139	Amigos Atletismo Mafra	V45	26
139	6462	Joerdis Krueger	00:19:15	00:39:20	00:39:20	145		Senior	4
140	1097	Paulo Gomes	00:19:15	00:39:20	00:39:19	141	EVELX - Associação de Estilos de Vida Saudável	V35	22

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
141	3928	Luis Sales	00:19:18	00:39:21	00:39:20	144		V40	31
142	6310	Ricardo Damiao	00:19:54	00:39:22	00:39:19	142		V35	23
143	1041	Nelson Coelho	00:19:13	00:39:23	00:39:22	147		Senior	41
144	4545	Francisco Roque	00:32:34	00:39:24	00:37:45	82	Happy Runners	V60	3
145	6239	Luis Aires	00:19:54	00:39:25	00:39:22	148		V40	32
146	5245	Rogério Silva	00:19:23	00:39:25	00:39:25	152		V50	8
147	3940	Edgar Trigo	00:19:00	00:39:26	00:39:24	150		V45	27
148	3449	Fábio Domingos	00:19:43	00:39:26	00:39:23	149	GFD Running	Senior	42
149	5456	Kcénia Bougrova	00:19:22	00:39:26	00:39:25	154		Senior	5
150	252	António Garcia	00:19:23	00:39:26	00:39:21	146		V50	9
151	5509	Fernando Mendes	00:19:13	00:39:26	00:39:25	151		V45	28
152	3783	Paulo Pacheco	00:19:45	00:39:28	00:39:26	155	Friends2Run	Senior	43
153	1466	António Vale	00:19:19	00:39:28	00:39:27	156	GRD OS FIXES	V55	3
154	6105	Armando Correia	00:17:54	00:39:32	00:39:29	157	Lesmas Alopradas	V60	4
155	1249	Jose Pena	00:19:48	00:39:33	00:39:30	159	Keep running	V50	10
156	5823	Rui Lacerda	00:19:46	00:39:33	00:39:29	158	CLUBE OLÍMPICO DE OEIRAS	V40	33
157	1689	Fernando Patricio	00:19:50	00:39:37	00:39:19	143	AFDD - RUN CREW TRAIL MONTIJO	V50	11
158	2725	David Karim	00:19:48	00:39:38	00:39:25	153		V35	24
159	4575	João Pinto	00:19:12	00:39:39	00:39:32	161		Senior	44
160	1065	Joaquim Hermenigildo	00:19:14	00:39:40	00:39:40	172	EVELX - Associação de Estilos de Vida Saudável	V50	12

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161	1066	Rui Castilho	00:19:12	00:39:40	00:39:40	171	EVELX - Associação de Estilos de Vida Saudável	Senior	45
162	910	Carlos Custodio	00:19:48	00:39:41	00:39:36	166		V40	34
163	1102	Armando Correia	00:19:48	00:39:41	00:39:36	167	Sporting Clube de Casainhos	Senior	46
164	4523	Tiago Branco	00:19:34	00:39:42	00:39:32	160		V35	25
165	3542	Fernando Martins	00:19:33	00:39:42	00:39:40	169	GDC Banco de Portugal	V40	35
166	1075	Pedro Tavares	00:19:41	00:39:43	00:39:33	162		V40	36
167	570	Pedro Machado	00:19:54	00:39:44	00:39:35	163		Senior	47
168	6143	Marco Rodrigues	00:19:44	00:39:46	00:39:37	168	tartarugas solidarias	Senior	48
169	4648	Joao Simoes	00:19:51	00:39:47	00:39:41	173	Associação Jorge Pina	V35	26
170	542	Luís Godinho	00:20:02	00:39:48	00:39:40	170	CLUBE NOVO BANCO	V45	29
171	117	Miguel Cabrita	00:18:34	00:39:49	00:39:47	174		Senior	49
172	2510	Nuno Sousa	00:19:47	00:39:52	00:39:49	178	GDCTINCM	V40	37
173	2937	Paulo Almeida	00:20:30	00:39:52	00:39:47	175		V45	30
174	773	Paulo Camacho	00:19:48	00:39:55	00:39:49	177	BRRnightRUNNERS	V45	31
175	371	Pacer Sub-40	00:19:48	00:39:55	00:39:52	183		V55	4
176	3334	Pedro Nunes	00:19:54	00:39:56	00:39:53	184		Senior	50
177	6331	Samuel Barata	00:19:54	00:39:56	00:39:54	188	Sport Lisboa e Benfica	Senior	51
178	3371	Hugo Dourado	00:19:48	00:39:56	00:39:51	181		V35	27
179	6335	Hugel Hugi	00:19:31	00:39:56	00:39:54	186		V45	32
180	3601	Rui Soeiro	00:20:08	00:39:56	00:39:36	165	Clube Tap Portugal	V35	28

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
181	3341	Eduardo Quaresma	00:20:17	00:39:56	00:39:36	164	os you turbe	V35	29
182	3939	Carlos Silva	00:19:08	00:39:57	00:39:55	189		V40	38
183	684	Pedro Ferreira	00:19:55	00:39:58	00:39:54	187		V35	30
184	3118	Manuel Fernandes	00:19:36	00:39:58	00:39:50	179	Asas nos Pés	V35	31
185	985	Paulo Palma	00:20:09	00:40:00	00:39:48	176		V35	32
186	3132	Gonçalo Ferreira	00:19:52	00:40:00	00:39:56	190	Run2Goal	V40	39
187	1224	Almerindo Seco	00:20:03	00:40:01	00:39:58	192		V55	5
188	5784	Ricardo Pereira	00:19:26	00:40:01	00:39:58	193		V35	33
189	4123	Rafael Abrunhosa	00:19:44	00:40:01	00:40:00	195		V45	33
190	4528	Miguel Rodrigues	00:19:48	00:40:03	00:39:59	194	Weventual	V35	34
191	1308	Mario Seabra	00:19:41	00:40:04	00:39:56	191	Runners da frente Ribeirinha da Povia de Santa	V40	40
192	4014	Luis Caeiro	00:19:41	00:40:05	00:39:53	185	PRAFIT CLUB	Senior	52
193	5811	António Almeida	00:19:48	00:40:07	00:40:03	197	CLUBE OLÍMPICO DE OEIRAS	V40	41
194	2019	Cláudio Rocha	00:19:49	00:40:11	00:40:06	198	Lis Running CPA	V40	42
195	1015	Nuno Silva	00:19:47	00:40:12	00:40:10	202		V35	35
196	3539	António Simões	00:20:13	00:40:12	00:40:09	200	GDC Banco de Portugal	V45	34
197	1495	Paulo Lopes	00:19:33	00:40:15	00:40:10	201	G. R. D. Ribeira da Lage	V40	43
198	6095	Sara Marinho	00:19:37	00:40:17	00:40:14	208		Senior	6
199	3532	Bruno Pires	00:19:35	00:40:18	00:40:01	196	GDC Banco de Portugal	Senior	53
200	2701	Jaime Mauricio	00:19:56	00:40:19	00:40:13	207	RunLovers	V40	44

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
201	2810	Rodrigo Silva	00:19:54	00:40:19	00:40:15	209		V45	35
202	1452	Nelson Pereira	00:19:49	00:40:23	00:40:20	214		V35	36
203	665	Luís Monteiro	00:19:48	00:40:24	00:40:21	216	CLUBE NOVO BANCO	V40	45
204	4252	Dinis Morais	00:20:10	00:40:28	00:40:20	213	CCD Siemens	V45	36
205	477	Renato Morais	00:19:52	00:40:28	00:40:27	221	tartarugas solidarias	Senior	54
206	1739	Joao Mantua	00:19:49	00:40:29	00:40:16	210		Senior	55
207	1549	Carlos Ferreira	00:20:16	00:40:29	00:40:25	220		V40	46
208	346	Telmo Simões	00:20:26	00:40:31	00:40:08	199		Senior	56
209	4441	Pedro Nunes	00:20:06	00:40:33	00:40:31	222	GDCFA	Senior	57
210	5861	Joao Cabecas	00:20:12	00:40:33	00:40:23	217		V40	47
211	513	Pedro Vitor	00:20:24	00:40:34	00:40:13	206	CLUBE NOVO BANCO	V45	37
212	4172	Pedro Marques	00:20:28	00:40:34	00:40:13	204		V35	37
213	1342	Joel Rodrigues	00:20:18	00:40:36	00:40:24	218		V35	38
214	2585	Ricardo Nunes	00:20:35	00:40:37	00:40:13	203		V40	48
215	4253	João Fernandes	00:20:24	00:40:41	00:40:18	211	CCD Siemens	Senior	58
216	230	Hugo Costa	00:20:13	00:40:43	00:40:35	224		V35	39
217	2861	Joao Gomes	00:20:22	00:40:44	00:40:34	223	Amigos Atletismo Mafra	V40	49
218	5193	Luis Torres	00:20:12	00:40:47	00:40:42	230		V40	50
219	512	Pedro Sanguino	00:20:24	00:40:47	00:40:36	225	CLUBE NOVO BANCO	Senior	59
220	3476	Teotónio Neto	00:19:52	00:40:48	00:40:39	227	ADRC Mata de Benfica	V50	13

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
221	3150	Eduardo Santos	00:20:11	00:40:48	00:40:42	229	Gelpeixe	V35	40
222	245	Eduardo Silva	00:20:48	00:40:53	00:40:51	235		V50	14
223	4724	Domingos Neca	00:19:56	00:40:53	00:40:53	238	Jovens da Serra das Minas	V60	5
224	6451	José Ferreira	00:20:33	00:40:53	00:40:25	219		V40	51
225	6235	José Moreira	00:19:50	00:40:54	00:40:53	239	EVELX - Associação de Estilos de Vida Saudável	V35	41
226	6253	Rodrigo Pinho	00:20:30	00:40:54	00:40:50	234	Grupo Desportivo e Recreativo de Manique de Ci	Junior	6
227	6019	Joao Pinto	00:19:38	00:40:55	00:40:52	237	Aqua Runners/Mais que Cuidar Team	V45	38
228	2999	Fernando Pelarigo	00:20:08	00:40:57	00:40:42	231	Escola Atletismo do Cartaxo	V45	39
229	2452	Antonio Terras	00:20:09	00:41:02	00:40:54	240		V40	52
230	569	José Pires	00:20:50	00:41:04	00:41:00	245	Treino do Monge	V35	42
231	2368	Hugo Rocha	00:20:01	00:41:06	00:40:59	243	GRCD Leião	V40	53
232	3268	Sérgio Santos	00:20:40	00:41:06	00:40:56	241		Senior	60
233	5503	Pedro Fortunato	00:20:43	00:41:06	00:40:37	226		V40	54
234	1705	Paulo Mata	00:20:08	00:41:07	00:41:06	249		V50	15
235	5817	Nuno Almeida	00:19:35	00:41:08	00:41:00	246	CLUBE OLÍMPICO DE OEIRAS	V45	40
236	4853	Agostinho Semedo	00:20:18	00:41:12	00:41:12	251	Linda-a-Pastora Sporting Clube	V35	43
237	3889	Mario Gomes	00:20:05	00:41:13	00:40:57	242	Pontével a Mexer	V35	44
238	5445	Luís Santos	00:21:22	00:41:13	00:39:50	180	Amigos Atletismo Mafra	Senior	61
239	1261	Hugo Gonçalves	00:20:41	00:41:13	00:40:48	233	G.D.R. São Francisco da Serra	Senior	62
240	1025	Bruno Godinho	00:21:39	00:41:14	00:40:19	212	Authentic Pilates	Senior	63

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
241	4995	Ivo Nogueira	00:21:38	00:41:15	00:40:20	215		Senior	64
242	2169	Reydeleon Paulo	00:19:45	00:41:18	00:41:17	256		Senior	65
243	5440	André Mourão	00:20:42	00:41:19	00:41:16	255		Senior	66
244	2051	Luís Ferreira	00:21:08	00:41:22	00:41:04	248		Senior	67
245	2480	Pedro Dinis	00:20:08	00:41:23	00:41:19	260		V35	45
246	5571	Adriano Silva	00:20:52	00:41:23	00:41:00	244		Senior	68
247	4192	Mário Marques	00:20:13	00:41:24	00:41:18	258		Senior	69
248	1976	Marius Lordean	00:20:39	00:41:24	00:41:17	257	NAV Runners	Senior	70
249	6468	Hélio Marques	00:20:51	00:41:25	00:41:19	259		V40	55
250	1492	Carlos Folgado	00:20:43	00:41:26	00:41:22	265	G. R. D. Ribeira da Lage	V55	6
251	6136	Ezequiel Fernandes	00:20:08	00:41:26	00:41:22	264		V55	7
252	2326	José Falé	00:21:05	00:41:27	00:41:01	247	BRRnightRUNNERS	V45	41
253	2058	Filipe Mesquita	00:21:02	00:41:27	00:41:12	252		V40	56
254	3599	Carlos Pedro	00:20:34	00:41:28	00:41:12	253	Clube Tap Portugal	V40	57
255	2587	João Nunes	00:20:31	00:41:29	00:41:19	261		V50	16
256	4348	Filipe Branco	00:20:32	00:41:30	00:41:22	263	u.r.d.arranhò	V45	42
257	4153	Luis Ferreira	00:19:42	00:41:32	00:41:29	272		V40	58
258	1344	David Azenha	00:20:14	00:41:32	00:41:29	273	BRRnightRUNNERS	Senior	71
259	3976	Cláudio Ferro	00:19:54	00:41:32	00:41:26	270		Senior	72
260	1413	Jorge Vaz	00:20:23	00:41:34	00:41:30	275		V40	59

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
261	6464	Luis Saraiva	00:20:01	00:41:35	00:41:34	279		Senior	73
262	5796	Iuri Leandro	00:21:07	00:41:35	00:41:32	276		Junior	7
263	832	Jorge Caldeira	00:19:47	00:41:36	00:41:35	280		V45	43
264	778	João Carvalho	00:20:52	00:41:38	00:41:25	268	ETÍOPES E QUENIANOS	V40	60
265	3919	António Dolores	00:20:33	00:41:40	00:41:35	282		V40	61
266	42	Vitor Novais	00:20:58	00:41:41	00:41:21	262		V35	46
267	1749	Gonçalo Ferreira	00:20:50	00:41:41	00:41:25	269	CCD Crédito Agrícola Mútuo	Senior	74
268	5890	Vitor Santos	00:21:53	00:41:42	00:41:11	250	Juventude Atlético Clube	Senior	75
269	1223	João Carvalho	00:20:54	00:41:44	00:41:38	284		V55	8
270	4042	Jorge Fraga	00:21:03	00:41:44	00:41:29	274		V45	44
271	5582	Paulo Fernandes	00:20:31	00:41:45	00:41:23	266		V35	47
272	4385	Joao Marreiros	00:20:45	00:41:48	00:41:40	289		V50	17
273	6086	Hugo Lampreia	00:20:39	00:41:48	00:41:46	293		V40	62
274	6190	Pedro Roxo	00:20:40	00:41:48	00:41:13	254		Senior	76
275	4178	Paulo Coelho	00:20:07	00:41:49	00:41:40	288		V35	48
276	5039	Pedro Ferreira	00:20:27	00:41:50	00:41:43	290		V45	45
277	4858	Paulo Henriques	00:20:52	00:41:51	00:41:38	283		V35	49
278	3538	Adelino Simões	00:21:17	00:41:52	00:41:47	294	GDC Banco de Portugal	V60	6
279	4346	Humberto Correia	00:20:46	00:41:54	00:41:49	296	NUCLEO DESPORTIVO AUTOCOOPE	V50	18
280	2970	Augusto Brito	00:20:48	00:41:55	00:41:50	297	Flamingos Atletismo	V55	9

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
281	4443	João Vaz	00:21:08	00:41:56	00:41:40	286		V45	46
282	4427	António Merujo	00:21:34	00:41:58	00:41:35	281		V55	10
283	3290	João Micaelo	00:20:09	00:41:58	00:41:50	299		Senior	77
284	4136	Eduardo Rodrigues	00:20:50	00:42:00	00:41:33	278	g.d.chelas	V50	19
285	5428	Francisco Rodrigues	00:21:11	00:42:00	00:42:00	304	Amigos Atletismo Mafra	Senior	78
286	4658	Carlos Monteiro	00:21:13	00:42:03	00:42:02	310	FALCÕES SELVAGENS	V65	1
287	1754	Nuno Rosa	00:20:38	00:42:04	00:41:59	303	CCD Crédito Agrícola Mútuo	V35	50
288	585	António Marçal	00:20:56	00:42:05	00:41:46	292		V55	11
289	4879	Júlio Gamito	00:21:00	00:42:05	00:42:02	311		V50	20
290	6338	Hugo António	00:20:44	00:42:08	00:42:04	314		V35	51
291	6314	Fradique Rita	00:20:53	00:42:10	00:42:09	323		V40	63
292	2279	Diogo Garcia	00:22:10	00:42:10	00:40:13	205	Os Conta-Kilómetros	Senior	79
293	816	Fulvio Ramos	00:21:03	00:42:10	00:42:04	313		V35	52
294	2521	João Ferro	00:20:33	00:42:11	00:41:50	298	Aqua Runners/Mais que Cuidar Team	Senior	80
295	1048	Humberto Cruz	00:20:54	00:42:12	00:41:48	295		V35	53
296	3000	Miguel Nunes	00:20:41	00:42:12	00:42:01	309	Nunes Team	Senior	81
297	2363	Daniel Morais	00:20:51	00:42:13	00:42:06	315	GRCD Leião	V40	64
298	2236	Mário Gomes	00:20:34	00:42:13	00:42:08	321	Açoreana Clube Banif	V45	47
299	1112	Ricardo Gonçalves	00:20:25	00:42:14	00:41:58	302		Senior	82
300	1678	Jorge Lopes	00:21:01	00:42:14	00:42:04	312	GDINE	Senior	83

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
301	2944	Rui Machinho	00:20:37	00:42:14	00:42:07	317		V35	54
302	6249	Massimiliano Colonghi	00:21:11	00:42:15	00:41:51	300		V40	65
303	6404	Carlos Teixeira	00:20:54	00:42:15	00:42:10	324		V40	66
304	355	Luís Loureiro	00:20:18	00:42:16	00:41:57	301		Senior	84
305	5609	Emanuel Freitas	00:20:16	00:42:16	00:42:12	325		V50	21
306	3802	João Santos	00:21:55	00:42:16	00:41:32	277		Senior	85
307	2566	Mário Neto	00:20:26	00:42:16	00:42:16	334		V45	48
308	3429	João Gaspar	00:20:26	00:42:17	00:42:07	318		Senior	86
309	6375	Hendrikus Jan	00:20:01	00:42:17	00:42:16	333		Senior	87
310	3450	Fernando Lopes	00:21:25	00:42:17	00:42:07	319	GFD Running	V45	49
311	233	Henrique Oliveira	00:20:49	00:42:18	00:42:01	307	Cascais Pandilha redux	V45	50
312	459	Pedro Fernandes	00:20:49	00:42:18	00:42:01	306	Cascais Pandilha redux	V40	67
313	582	Horácio Oliveira	00:21:10	00:42:19	00:42:15	332		V40	68
314	4501	André Quarenta	00:21:07	00:42:21	00:42:15	331	Açoreana Clube Banif	V40	69
315	4453	António Painha	00:21:07	00:42:22	00:42:15	330		V45	51
316	3867	Gabriel Alves	00:21:19	00:42:22	00:42:21	342		V45	52
317	3966	Constantino Araujo	00:21:33	00:42:22	00:42:18	336		V45	53
318	6316	Abigail Santana	00:20:42	00:42:22	00:42:21	341		Senior	7
319	3447	Abel Pina	00:21:00	00:42:24	00:42:15	329	GFD Running	V50	22
320	348	Henrique Tomé	00:21:22	00:42:26	00:42:06	316		V45	54

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
321	6254	Diogo Araújo	00:20:42	00:42:26	00:42:22	343	Grupo Desportivo e Recreativo de Manique de Ci	Junior	8
322	4264	Orlando Delgado	00:21:01	00:42:27	00:42:25	345		V50	23
323	3888	António Lemos	00:20:55	00:42:27	00:42:26	346	GRD OS FIXES	V60	7
324	4189	Paulo Louro	00:21:10	00:42:28	00:42:14	328		V50	24
325	1450	João Mendes	00:21:26	00:42:28	00:42:12	326	Maguigos	V40	70
326	6097	Bruno Francisco	00:21:07	00:42:29	00:41:40	285	Amigos do Trinhão e Ponte Fajão	Senior	88
327	820	Helder Faia	00:20:46	00:42:32	00:42:12	327		V40	71
328	2197	Alfredo Valente	00:20:54	00:42:33	00:42:29	349		V50	25
329	2086	Marco Videira	00:22:17	00:42:33	00:40:51	236		Senior	89
330	2643	João Rodrigues	00:20:15	00:42:34	00:42:32	356		V40	72
331	1677	Carlos Santos	00:21:11	00:42:36	00:42:24	344	GDINE	V45	55
332	1693	Bruno Carvalho	00:21:13	00:42:36	00:42:30	352		V35	55
333	4202	Manuel Tavares	00:20:55	00:42:36	00:42:27	348	g.d.chelas	V55	12
334	6157	Tânia Fernandes	00:21:13	00:42:36	00:42:36	367		Senior	8
335	2923	Jorge Alexandre	00:20:12	00:42:37	00:42:32	357		Junior	9
336	3598	Jorge Gonçalves	00:21:46	00:42:37	00:42:08	320	Clube Tap Portugal	Senior	90
337	1943	Fredy Henriques	00:21:51	00:42:39	00:42:19	337		Senior	91
338	1103	Manuel Bento	00:21:28	00:42:40	00:42:19	338	Sporting Clube de Casainhos	V35	56
339	3720	Pedro Guimarães	00:20:42	00:42:41	00:42:32	355		V35	57
340	3766	Rui Duarte	00:21:05	00:42:42	00:42:35	365		V40	73

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
341	3188	Nuno Santos	00:21:24	00:42:42	00:42:36	370		Junior	10
342	905	João Barbosa	00:21:11	00:42:43	00:42:30	350		V35	58
343	2144	José Figueiredo	00:21:02	00:42:43	00:42:35	366	Team Pernetas	V40	74
344	3485	Ricardo Rodrigues	00:21:21	00:42:44	00:42:20	339	Amigos da Corrida	V40	75
345	1970	Paulo Pires	00:21:25	00:42:44	00:42:39	374		V45	56
346	6296	José Cruz	00:21:52	00:42:44	00:42:01	305		Senior	92
347	5729	Fernando Velez	00:20:58	00:42:44	00:42:41	380	Câmara Lisboa Clube	V50	26
348	1967	Feliciano Carvalho	00:21:12	00:42:45	00:42:38	373	BRRnightRUNNERS	V50	27
349	5689	João Andrade	00:21:09	00:42:46	00:42:36	368	Odebrecht Portugal	V45	57
350	4414	Rui Martins	00:21:28	00:42:46	00:42:31	354		V55	13
351	5092	Filipe Carreiro	00:21:08	00:42:46	00:42:46	392		Senior	93
352	4124	Sérgio Trindade	00:22:12	00:42:48	00:42:44	386		V35	59
353	689	João Cegonho	00:20:50	00:42:49	00:42:45	389		V35	60
354	4168	Francisco Vilela	00:21:17	00:42:50	00:42:45	390	GRD.Ribeira da Lage	V40	76
355	2013	Belchior Barrocas	00:22:02	00:42:51	00:42:33	360		V45	58
356	3806	Nuno Pinto	00:21:54	00:42:51	00:42:33	359		Senior	94
357	1702	Bruno Martins	00:20:50	00:42:51	00:42:38	372		V40	77
358	2332	Francisco Fernandes	00:21:42	00:42:52	00:42:35	364	Lagartixas Team	V35	61
359	259	Leonído Afonso	00:21:08	00:42:52	00:42:50	402		V50	28
360	2817	José Francisco	00:21:43	00:42:53	00:42:18	335		V35	62

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	3077	Martim Infante	00:21:41	00:42:53	00:42:09	322		Senior	95
362	5767	António Fernandes	00:21:12	00:42:53	00:42:53	407		V50	29
363	1442	Augusto Portugal	00:21:52	00:42:54	00:42:32	358		V40	78
364	2692	Jorge Branco	00:21:38	00:42:54	00:42:44	382		V40	79
365	161	Sérgio Manso	00:21:54	00:42:55	00:42:30	351		Senior	96
366	6295	Rúben Grilo	00:21:13	00:42:55	00:42:55	416		Senior	97
367	4468	Luís Monteiro	00:21:25	00:42:56	00:42:39	375	Escola Atletismo do Cartaxo	V45	59
368	4133	Carlos Sa	00:21:15	00:42:57	00:42:31	353	g.d.chelas	V40	80
369	704	Maurício Marques	00:21:43	00:42:57	00:42:45	388		V40	81
370	5892	Roberto Baião	00:21:55	00:42:57	00:42:26	347	Juventude Atlético Clube	Senior	98
371	1640	Paulo Reis	00:21:54	00:42:59	00:42:35	362		V45	60
372	3574	Pedro Cunha	00:22:01	00:43:00	00:42:45	391		V35	63
373	2803	Fernando Pereira	00:21:20	00:43:01	00:42:51	403		V50	30
374	3255	Joaquim Frade	00:21:32	00:43:01	00:42:52	405	SS CGD	V60	8
375	3537	Nuno Pires	00:21:02	00:43:01	00:42:44	387	GDC Banco de Portugal	Senior	99
376	2411	Tiago Martins	00:21:52	00:43:01	00:42:50	398	ITQB&Co	Senior	100
377	3947	Bruno Pedro	00:22:36	00:43:02	00:41:25	267		V35	64
378	1123	Hélder Diogo	00:21:31	00:43:03	00:42:56	420	BRRnightRUNNERS	V45	61
379	4816	Nuno Henriques	00:20:53	00:43:04	00:43:03	427	GDCTINCM	V40	82
380	4349	Edgar Francisco	00:21:24	00:43:04	00:42:57	422	u.r.d.arranhò	V45	62

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
381	2896	Miguel David	00:21:18	00:43:05	00:42:43	381		V40	83
382	2822	Bruno Martins	00:21:04	00:43:05	00:42:50	400		Senior	101
383	3554	Paulo Ferreira	00:21:01	00:43:06	00:42:52	404	FITNESSWAY PINHAL NOVO	V40	84
384	532	Hugo Carago	00:21:42	00:43:06	00:42:44	384	CLUBE NOVO BANCO	V40	85
385	1267	Gabriel Henriques	00:22:16	00:43:07	00:42:47	394		Senior	102
386	6127	André Nunes	00:21:15	00:43:07	00:43:02	425		Senior	103
387	1748	Carlos Silva	00:21:44	00:43:08	00:42:44	385	CCD Crédito Agrícola Mútuo	V50	31
388	207	Carlos Grego	00:21:40	00:43:09	00:42:53	410	Cascais Pandilha redux	V45	63
389	4128	Carlos Rodrigues	00:21:43	00:43:09	00:42:41	377	g.d.chelas	V40	86
390	849	Rogério Fonseca	00:21:16	00:43:10	00:43:06	433		V45	64
391	4132	Paulo Cardoso	00:20:56	00:43:10	00:43:05	432	g.d.chelas	V50	32
392	4191	João Freitas	00:21:45	00:43:12	00:42:50	401		V35	65
393	1762	Paulo Caldeirinha	00:21:53	00:43:12	00:42:46	393	Run Buddy Run	V40	87
394	85	José Córias	00:21:12	00:43:12	00:42:57	421	Os Trinca Espinhas	Senior	104
395	2008	Antonio Gonçalves	00:21:34	00:43:13	00:42:56	419	Alverca Urban runners	V50	33
396	3185	Eduardo Nunes	00:21:06	00:43:13	00:43:06	434		V35	66
397	5779	Paulo Silva	00:21:52	00:43:13	00:42:53	411		Senior	105
398	3062	Fernando Anacleto	00:21:11	00:43:15	00:43:05	431		V60	9
399	25	Nuno Gomes	00:21:24	00:43:15	00:43:03	426	BRRnightRUNNERS	V35	67
400	2738	Leandro Reis	00:21:45	00:43:15	00:42:49	395		V45	65

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	4433	Vitor Moura	00:21:39	00:43:15	00:42:53	412		V35	68
402	2340	João Fonseca	00:21:27	00:43:16	00:43:06	436		V40	88
403	3536	José Monteiro	00:22:08	00:43:16	00:43:03	428	GDC Banco de Portugal	V55	14
404	4706	Fernando Matos	00:21:25	00:43:16	00:43:09	441		V35	69
405	3282	Gil Sousa	00:21:46	00:43:17	00:42:50	399		V40	89
406	3908	André Lopes	00:22:38	00:43:18	00:42:52	406	CRP Ribafria	Senior	106
407	1772	Nuno Jorge	00:21:53	00:43:18	00:42:53	408	Run Buddy Run	V35	70
408	5667	Mário Miguel	00:21:43	00:43:18	00:43:01	424		V65	2
409	555	Euclides Soares	00:21:39	00:43:19	00:43:10	443		Senior	107
410	2359	Armando Correia	00:21:41	00:43:20	00:43:09	440	GRCD Leião	V60	10
411	1005	Zé Ganhão	00:21:35	00:43:21	00:43:08	439		Senior	108
412	3563	Luís Silvestre	00:22:12	00:43:21	00:42:55	418	Coininha Runners	V35	71
413	1307	Vitor Pereira	00:21:10	00:43:22	00:43:16	448	Runners da frente Ribeirinha da Povia de Santa	V35	72
414	2698	Luis Ferreira	00:22:06	00:43:22	00:42:55	417	RunLovers	V45	66
415	550	Sérgio Marques	00:21:04	00:43:23	00:43:18	452	A.M.Atibá	V45	67
416	1091	Fábio Dias	00:22:36	00:43:23	00:42:35	363	Pai e Filho	Junior	11
417	3187	Paulo Santos	00:21:32	00:43:24	00:43:16	449		V45	68
418	1710	Pedro Ribeiro	00:22:07	00:43:24	00:42:44	383		V40	90
419	3164	José Marques	00:21:13	00:43:24	00:43:17	450		V45	69
420	4900	André Coelho	00:22:12	00:43:25	00:43:07	438	Os Galgos	V40	91

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
421	1132	Álvaro Costa	00:21:26	00:43:26	00:43:19	453	Runners da frente Ribeirinha da Povia de Santa	V40	92
422	2998	Jorge Luís	00:21:14	00:43:27	00:43:11	444	Escola Atletismo do Cartaxo	V35	73
423	4342	Joao Caldas	00:21:23	00:43:27	00:43:26	470	NUCLEO DESPORTIVO AUTOCOOPE	V45	70
424	6317	Pedro Quaresma	00:22:29	00:43:27	00:42:36	369		V45	71
425	5728	Paulo Santos	00:21:52	00:43:27	00:43:22	461	Câmara Lisboa Clube	V45	72
426	3368	João Pinto	00:21:30	00:43:28	00:43:21	459		V45	73
427	4566	Luciano Silva	00:21:36	00:43:29	00:43:21	458	Runners da frente Ribeirinha da Povia de Santa	V35	74
428	2670	Filipe Santos	00:21:34	00:43:31	00:43:22	462		V35	75
429	2784	José Aleixo	00:21:40	00:43:32	00:43:22	460		V45	74
430	4203	Jose Serra	00:22:06	00:43:32	00:43:04	430	g.d.chelas	V50	34
431	1800	Tiago Brázio	00:22:29	00:43:32	00:42:49	396		Senior	109
432	1142	Ruben Costa	00:22:05	00:43:32	00:43:06	437	BRRnightRUNNERS	Senior	110
433	1264	Tiago Neto	00:22:49	00:43:32	00:41:40	287		Senior	111
434	3866	Sérgio Simão	00:21:24	00:43:33	00:43:20	457		V35	76
435	17	António Martins	00:22:05	00:43:33	00:43:26	472	NAV Runners	V45	75
436	5093	João Crespo	00:22:09	00:43:33	00:43:30	477		Senior	112
437	6373	André Gouveia	00:21:15	00:43:34	00:43:30	478		V35	77
438	1021	Fábio Moço	00:21:23	00:43:34	00:43:26	471		Senior	113
439	1179	Óscar Santos	00:22:08	00:43:35	00:43:20	456	Centro de Cultura e Desporto dos Trabalhadores	V55	15
440	1491	Fernando Correia	00:22:08	00:43:35	00:43:32	482	G. R. D. Ribeira da Lage	V50	35

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
441	5516	Paulo Marques	00:22:38	00:43:35	00:42:49	397	Amigos Atletismo Mafra	V45	76
442	781	Raul Santos	00:22:05	00:43:35	00:43:30	479	Federação da Família para a Paz Mundial e Unifi	V55	16
443	4015	Miguel Santos	00:21:09	00:43:35	00:43:29	475	Correr Lisboa	V40	93
444	1674	Francisco Caldeira	00:21:42	00:43:37	00:43:25	468	GDINE	V40	94
445	3484	Ricardo Louro	00:21:59	00:43:38	00:43:14	447	Amigos da Corrida	Senior	114
446	5958	Pedro Almeida	00:22:20	00:43:39	00:43:04	429	KPMG	Senior	115
447	4435	Fernando Jesus	00:21:30	00:43:40	00:43:36	496		V45	77
448	3969	Jose Reis	00:22:04	00:43:41	00:43:29	474		V60	11
449	4668	David Rosado	00:20:50	00:43:41	00:43:39	502		V35	78
450	5446	Paulo Costa	00:22:38	00:43:42	00:42:55	415	Amigos Atletismo Mafra	V55	17
451	2320	Helder Tavares	00:22:25	00:43:42	00:43:22	463		V35	79
452	226	Carlos Craveira	00:21:17	00:43:43	00:43:36	495		V40	95
453	320	Nuno Dantas	00:21:30	00:43:43	00:43:34	486		V35	80
454	1530	Mária Santos	00:21:55	00:43:43	00:43:35	491		Senior	9
455	2520	Mário Soares	00:22:08	00:43:44	00:43:32	481	ITQB&Co	Senior	116
456	1962	Isidoro Dengue	00:22:56	00:43:44	00:42:40	376		V35	81
457	2464	Julio Terán	00:22:07	00:43:44	00:42:01	308		Junior	12
458	6096	Francisco Bispo	00:21:26	00:43:45	00:43:41	505		V55	18
459	3977	Bruno Leite	00:21:54	00:43:47	00:43:34	485		Senior	117
460	466	Eugénio Ruivo	00:21:37	00:43:47	00:43:42	507		V60	12

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	36	Paulo Cecílio	00:21:15	00:43:47	00:43:37	499		V40	96
462	2638	Rui Silva	00:22:35	00:43:48	00:43:34	487	sfuap	V65	3
463	2637	Mario Alves	00:22:35	00:43:48	00:43:34	488	sfuap	V60	13
464	3552	Marco Borge	00:21:41	00:43:48	00:43:36	494	FITNESSWAY PINHAL NOVO	V35	82
465	2513	Ricardo Neves	00:21:23	00:43:49	00:43:46	512	GDCTINCM	V40	97
466	6059	Carlos Gonçalves	00:22:04	00:43:49	00:43:49	523		V40	98
467	3248	Fernando Candeias	00:22:53	00:43:49	00:42:41	378	SS CGD	V40	99
468	2355	Alberto Covas	00:21:34	00:43:50	00:43:48	521	GRCD Leião	V55	19
469	5279	Leonardo Lopes	00:22:32	00:43:51	00:42:59	423		Senior	118
470	2760	Diamantino Serrano	00:22:01	00:43:52	00:43:24	467	Correr Queluz	V40	100
471	447	Luís Correia	00:21:55	00:43:52	00:43:46	513	Criminalistic Runners	V35	83
472	1045	Vitor Amado	00:21:47	00:43:52	00:43:39	503		V60	14
473	3594	Manuel Mexia	00:21:58	00:43:53	00:43:25	469	Clube Tap Portugal	V50	36
474	3959	João Cavalheiro	00:20:45	00:43:53	00:43:47	517		Senior	119
475	4951	Cátia Guerreiro	00:21:58	00:43:53	00:43:47	516	Clube Brisa	Senior	10
476	253	Emanuel Ribeiro	00:21:26	00:43:54	00:43:33	484		Senior	120
477	3355	Plamen Damyanov	00:22:15	00:43:55	00:43:50	526		V35	84
478	2015	Carlos Florência	00:21:46	00:43:56	00:43:45	509		Senior	121
479	5387	Elson Martins	00:21:20	00:43:56	00:43:54	529		Senior	122
480	5921	Mário Figueiredo	00:22:35	00:43:56	00:43:29	476	Cofina Runners	V40	101

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
481	129	Helder Grave	00:20:56	00:43:58	00:43:51	528		Senior	123
482	240	Rui Santos	00:22:13	00:43:58	00:43:37	497		V35	85
483	2653	Rogério Carreiro	00:21:34	00:43:59	00:43:56	533	Asas nos Pés	V50	37
484	2124	Miguel Sousa	00:22:07	00:44:01	00:43:46	514		V40	102
485	5725	Miguel Velez	00:21:52	00:44:01	00:43:49	522	Câmara Lisboa Clube	V50	38
486	3296	William Bidi	00:22:34	00:44:01	00:43:24	465		Senior	124
487	4561	António Orlando	00:22:02	00:44:01	00:43:44	508		V35	86
488	6339	Miguel Silva	00:21:46	00:44:02	00:43:59	535		V45	78
489	3690	Manuel Martins	00:21:52	00:44:03	00:43:48	518	OS MARTINS	V55	20
490	4444	Carlos Anselmo	00:21:37	00:44:04	00:44:00	538	RB RUNNING	V45	79
491	2799	José Apolinário	00:21:51	00:44:04	00:43:48	519		Senior	125
492	4402	Carlos Duarte	00:21:56	00:44:05	00:43:54	531		V50	39
493	2603	André Robalo	00:21:31	00:44:05	00:43:50	525		V35	87
494	5214	David Roberts	00:22:48	00:44:05	00:43:12	445		V50	40
495	1398	Paulo Ferreira	00:22:15	00:44:06	00:43:48	520		V35	88
496	3305	Ivo Fernandes	00:21:59	00:44:06	00:44:03	542	OH IVO OLHA AS PONCHAS	Senior	126
497	2971	Antonio Costa	00:21:56	00:44:06	00:44:01	539	Flamingos Atletismo	V55	21
498	2017	Nuno Brito	00:22:05	00:44:06	00:43:49	524		V40	103
499	2687	Pedro Monteiro	00:21:42	00:44:08	00:43:59	536		Senior	127
500	3715	Diogo G.F.Torrao	00:22:11	00:44:09	00:43:28	473		Senior	128

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	3326	Hugo Alberto	00:22:22	00:44:10	00:43:45	511	Link	Senior	129
502	2943	Pedro Freitas	00:21:42	00:44:11	00:44:09	558		V45	80
503	5497	Nuno Andrade	00:22:10	00:44:12	00:44:01	540		Senior	130
504	1225	João Gregório	00:22:05	00:44:13	00:44:03	541		V35	89
505	3923	Tomás Cunha	00:21:56	00:44:13	00:43:37	498		Junior	13
506	2202	Pedro Ferreira	00:22:40	00:44:13	00:43:06	435		Senior	131
507	5334	Luís Gonçalves	00:22:30	00:44:14	00:43:56	534	C.C.D.das Autarquias de Almada	V55	22
508	4167	Amadeu Brigas	00:22:11	00:44:14	00:44:08	553	GRD.Ribeira da Lage	V45	81
509	5230	Nuno Gonçalo	00:22:03	00:44:14	00:44:04	543		Senior	132
510	3003	José Ramalho	00:21:57	00:44:15	00:43:50	527	Bargus Team	V50	41
511	3123	Guilherme Mendes	00:23:07	00:44:16	00:43:10	442	Sala 13 Running Team	Senior	133
512	3475	Carlos Melo	00:22:03	00:44:17	00:44:16	583	Correr Lisboa	V45	82
513	3507	Miguel Marques	00:22:23	00:44:18	00:44:08	551		V40	104
514	6442	Pedro Reis	00:22:17	00:44:18	00:44:12	566		V40	105
515	4663	José Rodrigues	00:21:52	00:44:18	00:44:15	576		V50	42
516	4256	Rui Costa	00:21:50	00:44:18	00:44:15	575	CCD Siemens	V45	83
517	5059	Miguel Gaivão	00:22:07	00:44:18	00:44:04	544		V50	43
518	47	Carlos Pires	00:22:21	00:44:20	00:44:11	564		V40	106
519	482	Eurico Loureiro	00:22:13	00:44:20	00:43:59	537		V35	90
520	1591	Tiago Inácio	00:23:36	00:44:20	00:42:41	379	Na Pagas Nada? Team	Senior	134

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
521	1338	Antonio Ramalho	00:22:01	00:44:21	00:44:05	546		V50	44
522	862	Henrique Adrega	00:23:20	00:44:21	00:43:18	451		V60	15
523	4590	Jorge Santos	00:22:22	00:44:22	00:44:09	556		V45	84
524	1207	Rogério Fernandes	00:22:06	00:44:22	00:44:09	555		V35	91
525	2261	André Mendonça	00:22:10	00:44:22	00:44:13	568	ADRC Mata de Benfca	Senior	135
526	2532	Arnaldo Trindade	00:21:47	00:44:23	00:44:19	587	RB RUNNING	V40	107
527	4754	Carlos Costa	00:22:40	00:44:23	00:44:08	552		V55	23
528	4919	Pedro Pires	00:23:11	00:44:23	00:43:36	493	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V50	45
529	5458	Rui Costa	00:22:46	00:44:24	00:44:16	577		Senior	136
530	3681	Marçal Pacheco	00:22:20	00:44:25	00:44:06	548	Ginásio Clube Português	V35	92
531	5889	Albertino Pacheco	00:22:20	00:44:25	00:43:54	530	Juventude Atlético Clube	V50	46
532	2813	João Lopes	00:22:23	00:44:26	00:44:11	561		Senior	137
533	3452	Francisco Campos	00:22:34	00:44:26	00:44:11	563	GFD Running	V35	93
534	5110	Pedro Pinto	00:22:10	00:44:28	00:44:15	574	GDC Banco de Portugal	Senior	138
535	1958	Raul Sousa	00:21:40	00:44:28	00:44:12	567		Senior	139
536	434	Rui Rodrigues	00:22:03	00:44:28	00:44:25	600		V45	85
537	4540	Florival Lucas	00:22:47	00:44:29	00:44:19	585		V50	47
538	356	Mario Apolinario	00:22:05	00:44:29	00:44:16	582		V35	94
539	496	Alberto Matias	00:22:13	00:44:29	00:44:22	594		V55	24
540	5338	Hugo Silva	00:23:04	00:44:29	00:43:20	455		Senior	140

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
541	4037	Nuno Serrão	00:22:20	00:44:30	00:44:11	562	Mercedes-Benz	Senior	141
542	3446	Pedro Canelas	00:22:02	00:44:30	00:44:12	565	Linda-a-Pastora Sporting Clube	V40	108
543	3301	Nuno Saraiva	00:22:01	00:44:30	00:44:21	590	NMFS	V40	109
544	4108	Paula Quintela	00:22:03	00:44:30	00:44:16	579		V50	1
545	225	Pedro Machado	00:22:48	00:44:31	00:44:10	559		Senior	142
546	1259	Gonçalo Ferraz	00:21:41	00:44:31	00:44:09	554		Senior	143
547	3340	Nuno Curto	00:22:47	00:44:31	00:44:09	557	os you turbe	V35	95
548	1335	Ricardo Castanho	00:21:46	00:44:32	00:44:32	616		V40	110
549	2393	Rui Pereira	00:22:32	00:44:33	00:44:20	589		V35	96
550	2859	Pedro Duarte	00:22:48	00:44:33	00:44:16	578	Lebres da Lapa	Senior	144
551	2219	Nuno Oliveira	00:21:37	00:44:34	00:44:21	592		Senior	145
552	3350	Helder Cotrim	00:22:44	00:44:38	00:44:31	611		V35	97
553	1812	Lius Barracho	00:22:40	00:44:38	00:44:36	623		Senior	146
554	6318	Pedro Caeiro	00:22:47	00:44:38	00:43:47	515		V45	86
555	2501	Artur Gonçalves	00:21:51	00:44:38	00:44:24	598	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V35	98
556	1675	Bart Schoenmakers	00:22:07	00:44:39	00:44:34	619	GDINE	V45	87
557	4438	Marisa Costa	00:22:09	00:44:39	00:44:33	617		V35	3
558	5025	Rudolfo Lopes	00:23:06	00:44:39	00:44:16	581		V40	111
559	851	Tiago Rocha	00:22:41	00:44:40	00:44:30	609		V35	99
560	2399	Fernando Correia	00:21:40	00:44:40	00:44:31	612		V40	112

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
561	2494	Rui Sarmiento	00:22:26	00:44:40	00:44:23	595		V35	100
562	2770	Bruno Garcia	00:21:29	00:44:40	00:44:40	633		V35	101
563	2106	Joao Benevides	00:21:39	00:44:40	00:44:37	625		Senior	147
564	24	Carlos Marques	00:22:23	00:44:41	00:44:26	604		V40	113
565	4467	Duarte Correia	00:24:17	00:44:41	00:42:53	409		Junior	14
566	6405	Frederico Machado	00:23:25	00:44:41	00:43:22	464		Senior	148
567	1387	Dário Ricardo	00:24:47	00:44:41	00:42:33	361		Junior	15
568	1051	João Benevides	00:21:39	00:44:41	00:44:38	630		V60	16
569	2846	Carlos Luz	00:22:14	00:44:42	00:44:31	614	BRRnightRUNNERS	V40	114
570	4245	António Tavares	00:21:55	00:44:43	00:44:40	634		V35	102
571	5171	Pedro Loureiro	00:22:56	00:44:43	00:44:04	545	os you turbe	Senior	149
572	411	Marco Borges	00:23:02	00:44:44	00:44:23	596	tartarugas solidarias	V35	103
573	2712	Rui Parola	00:22:26	00:44:44	00:44:24	599		V40	115
574	818	Anastácio Neto	00:22:07	00:44:44	00:44:32	615		V40	116
575	1453	Vitor Azevedo	00:22:29	00:44:44	00:44:34	622		V35	104
576	6356	David Antunes	00:23:07	00:44:44	00:43:14	446		Senior	150
577	3256	Jorge Morgado	00:22:41	00:44:45	00:44:21	591	SS CGD	V50	48
578	1421	Nuno Sobral	00:21:54	00:44:45	00:44:19	588	Run Buddy Run	V40	117
579	4027	Francisco Pereira	00:22:07	00:44:45	00:44:38	631	Açoreana Clube Banif	V45	88
580	2917	Diogo Correia	00:22:38	00:44:46	00:44:25	602		Senior	151

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
581	3424	Pedro Simões	00:22:38	00:44:46	00:44:25	603		Senior	152
582	4347	Tiago Teles	00:22:53	00:44:46	00:44:10	560	NUCLEO DESPORTIVO AUTOCOOPE	Senior	153
583	659	Jorge Pereira	00:22:36	00:44:47	00:44:22	593	CLUBE NOVO BANCO	V60	17
584	3067	Daniel Sampaio	00:22:01	00:44:47	00:44:28	607	Lis Running CPA	V35	105
585	4568	Tiago Guerreiro	00:22:13	00:44:48	00:44:33	618		V35	106
586	2208	Alexandre Santos	00:22:21	00:44:48	00:44:30	610		V40	118
587	5082	Pedro Amaral	00:22:52	00:44:48	00:43:39	501		V40	119
588	5091	Carla Silva	00:22:50	00:44:48	00:43:40	504		V35	4
589	448	Fernando Rodrigues	00:21:58	00:44:50	00:44:44	644	Criminalistic Runners	V35	107
590	1480	Marco Mangas	00:22:55	00:44:50	00:44:28	608		V40	120
591	5040	José Moreno	00:21:40	00:44:50	00:44:46	647		Senior	154
592	535	João Batista	00:22:09	00:44:53	00:44:41	639	CLUBE NOVO BANCO	V40	121
593	1011	Antonio Soares	00:22:21	00:44:55	00:44:44	643	Runners da frente Ribeirinha da Povia de Santa	V40	122
594	2639	Rui Pires	00:22:03	00:44:55	00:44:54	660	G. R. D. Ribeira da Lage	V50	49
595	3591	Dário Salvador	00:24:38	00:44:56	00:40:41	228	Grupo amigos motards os piratas	Senior	155
596	6446	Nelson Risso	00:22:28	00:44:57	00:44:41	637		V35	108
597	310	Jorge Ferreira	00:22:04	00:44:57	00:44:51	654		V55	25
598	2554	Nuno Vieira	00:22:01	00:44:58	00:44:41	636		Senior	156
599	3992	Carlos Malvarez	00:22:30	00:44:58	00:44:24	597		Senior	157
600	4369	Helder Carminé	00:22:30	00:44:59	00:44:46	648		V35	109

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
601	4355	Andre Mota	00:22:50	00:44:59	00:44:51	653	u.r.d.arranhò	V35	110
602	6449	Girault François-Xavier	00:22:16	00:44:59	00:44:57	669		Senior	158
603	6450	Sebert Caroline	00:22:16	00:44:59	00:44:58	671		Senior	11
604	3346	João Saldanha	00:22:37	00:45:00	00:44:46	650	Amigos Vale Silencio	V40	123
605	6370	João Mendes	00:22:21	00:45:00	00:44:07	549		Senior	159
606	5200	Sandra Cabral	00:22:20	00:45:02	00:45:02	680		V40	1
607	6113	Rodrigo Sérgio	00:22:44	00:45:02	00:44:36	624		V40	124
608	4509	Carlos Dias	00:21:27	00:45:03	00:44:51	655		V35	111
609	4041	Pedro Ramos	00:22:40	00:45:03	00:44:34	620		V45	89
610	2027	José Guerreiro	00:22:39	00:45:04	00:44:41	638		V55	26
611	6054	José Saraiva	00:22:48	00:45:06	00:44:56	664		V45	90
612	5919	Luis Mendes	00:21:56	00:45:06	00:44:31	613	Cofina Runners	Senior	160
613	5603	José Pereira	00:22:36	00:45:07	00:44:37	626		Junior	16
614	267	Henrique Ruivo	00:22:09	00:45:08	00:45:01	679		V50	50
615	3688	Miguel Xavier	00:22:53	00:45:08	00:44:45	646	PARBFRPPXXX	Senior	161
616	5264	Carlos Dias	00:22:26	00:45:08	00:44:38	628		V50	51
617	4154	Nuno Soares	00:21:54	00:45:09	00:45:06	694		V45	91
618	6008	André Pina	00:23:56	00:45:09	00:43:56	532		Senior	162
619	649	Luís Goncalves	00:22:46	00:45:09	00:44:40	632		V40	125
620	2193	Armando Geraldo	00:22:17	00:45:10	00:44:54	659		V40	126

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
621	2581	João Lopes	00:22:01	00:45:11	00:45:05	690		V40	127
622	3987	João Duarte	00:22:28	00:45:12	00:44:58	673		V50	52
623	2820	Caio Costa	00:22:10	00:45:14	00:44:59	674		Senior	163
624	1695	Rui Henriques	00:23:57	00:45:14	00:43:45	510		V40	128
625	5721	Paulo Fonseca	00:23:40	00:45:14	00:44:06	547	Câmara Lisboa Clube	V45	92
626	5793	Bruno Cardoso	00:22:46	00:45:14	00:44:55	663		V35	112
627	1565	Nuno Soares	00:22:55	00:45:15	00:44:56	666		V35	113
628	1253	Joaquim Varanda	00:23:23	00:45:16	00:45:08	700	Keep running	V50	53
629	5792	Nelson Custódio	00:22:47	00:45:16	00:44:57	667		V40	129
630	1924	Tiago Alves	00:22:18	00:45:16	00:44:58	670	ITQB&Co	V35	114
631	2112	Tiago Pinto	00:22:28	00:45:17	00:45:02	682		V35	115
632	2745	Rui Antunes	00:22:59	00:45:17	00:44:53	657		V45	93
633	4143	Artur Marcelino	00:22:30	00:45:17	00:45:03	683	g.d.chelas	V70	1
634	4134	Jorge Marques	00:22:30	00:45:18	00:45:04	684	g.d.chelas	V45	94
635	3745	Nuno Salvador	00:22:17	00:45:18	00:44:54	661		V40	130
636	5709	David Gorgulho	00:22:24	00:45:18	00:45:05	692		Senior	164
637	1214	Casimiro Abreu	00:22:10	00:45:19	00:45:14	712		V55	27
638	2800	Paulo Campos	00:23:05	00:45:19	00:44:59	675		V45	95
639	2380	Ricardo Carvalho	00:23:09	00:45:19	00:44:43	642	GRCD Leião	V35	116
640	135	Rui Oliveira	00:22:23	00:45:21	00:45:15	716		V40	131

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
641	692	João Pereira	00:23:52	00:45:21	00:41:28	271		Senior	165
642	5241	Mickael Gonçalves	00:24:17	00:45:21	00:43:24	466		Senior	166
643	1120	André Lopes	00:22:13	00:45:22	00:45:05	689		Senior	167
644	3945	Filipe Ceia	00:23:26	00:45:23	00:45:07	697		Senior	168
645	3176	David Fróis	00:22:47	00:45:24	00:45:06	693		V40	132
646	1269	Armindo Rodrigues	00:22:27	00:45:24	00:45:02	681	Runners da frente Ribeirinha da Povia de Santa	V45	96
647	4483	Luis Amaral	00:22:48	00:45:25	00:45:08	699		V45	97
648	3147	Sérgio Teles	00:22:45	00:45:26	00:45:14	714	A.D.C.Catuja	Senior	169
649	973	João Costa	00:22:06	00:45:26	00:45:24	730		V35	117
650	5716	Daniel Antunes	00:20:40	00:45:26	00:45:23	726	Câmara Lisboa Clube	V50	54
651	1597	Alexandre Fontinhas	00:23:46	00:45:26	00:44:15	573		Senior	170
652	1929	António Alves	00:22:04	00:45:26	00:45:25	731		V55	28
653	3566	Pedro Caneco	00:23:19	00:45:28	00:45:01	678	Coininha Runners	V40	133
654	4780	Helder Martins	00:22:54	00:45:28	00:45:04	687	Clube EDP - Lisboa	V35	118
655	2095	Adelino Carvalho	00:21:54	00:45:31	00:45:29	739		V40	134
656	2424	João Pereira	00:22:46	00:45:31	00:45:11	703		V45	98
657	2736	Ricardo Ribeiro	00:23:03	00:45:32	00:45:12	705		V35	119
658	5405	Pedro Micaela	00:22:41	00:45:32	00:45:10	701		Senior	171
659	2369	João Pereira	00:22:11	00:45:33	00:45:27	737	GRCD Leião	Senior	172
660	5181	Bruno Ferreira	00:24:10	00:45:33	00:44:08	550	Amigos Atletismo Mafra	Senior	173

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
661	286	Humberto Borges	00:22:02	00:45:33	00:45:29	740		V45	99
662	40	Antonio Ribeiro	00:23:24	00:45:33	00:44:25	601		V50	55
663	894	Rui Almeida	00:22:25	00:45:35	00:45:13	707		V40	135
664	5404	José Micaela	00:23:06	00:45:35	00:45:13	709		V45	100
665	1755	Nuno Simões	00:22:30	00:45:36	00:45:14	711	CCD Crédito Agrícola Mútuo	V35	120
666	2892	Jaison Fernandes	00:23:09	00:45:36	00:44:13	570		V35	121
667	3283	Tiago Lourenço	00:22:47	00:45:36	00:44:57	668		Senior	174
668	6298	Bruno Ribeiro	00:23:22	00:45:36	00:44:41	635	kaninos	V35	122
669	5022	Zumailton Pacheco	00:23:30	00:45:36	00:44:58	672		Senior	175
670	236	Telmo Carvalho	00:22:09	00:45:37	00:45:30	745		V35	123
671	3093	Henrique Amador	00:23:04	00:45:37	00:45:24	729		V40	136
672	3628	Pedro Cunha	00:22:34	00:45:37	00:45:20	723		V35	124
673	3609	Luis Martins	00:22:33	00:45:38	00:45:25	732	Gabirus	V35	125
674	4056	Dinis Ribas	00:23:06	00:45:38	00:45:16	717		V40	137
675	4309	Karima Djelloul	00:22:23	00:45:38	00:45:37	763	Hiscox Lions	V35	5
676	1482	Paulo Caldeira	00:23:35	00:45:39	00:45:22	725		V35	126
677	322	Jorge Oliveira	00:22:51	00:45:39	00:45:13	708		V50	56
678	2323	Nuno Freitas	00:22:11	00:45:40	00:45:34	756	Águas Livres de Caneças	V35	127
679	779	Rui Salvado	00:23:18	00:45:40	00:45:00	677		V40	138
680	5662	Ricardo Lourenço	00:23:04	00:45:40	00:45:08	698		V35	128

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
681	87	Pedro Novo	00:22:09	00:45:41	00:45:26	734	Os Trinca Espinhas	V40	139
682	4682	Miguel Esteves	00:22:37	00:45:41	00:45:35	757		V45	101
683	6271	Luis Lourenço	00:22:32	00:45:42	00:45:38	765	A.M.Atibá	V40	140
684	6336	Joana Pires	00:22:34	00:45:42	00:45:39	767	A.M.Atibá	V40	2
685	2107	Rui Ressurreição	00:26:38	00:45:42	00:39:13	137		V35	129
686	5071	Carlos Lopes	00:22:35	00:45:42	00:45:39	768		V45	102
687	4539	Diogo Lucas	00:22:48	00:45:43	00:45:33	754		Senior	176
688	1248	Helder Costa	00:21:56	00:45:43	00:45:40	770	Keep running	Senior	177
689	1176	Jorge Silva	00:23:05	00:45:44	00:45:20	722		V45	103
690	4488	Filipe Castro	00:22:28	00:45:45	00:45:29	742		Senior	178
691	6456	Daniel Arenas	00:22:47	00:45:45	00:45:30	743		Senior	179
692	5466	Gonçalo Seromenho	00:22:55	00:45:45	00:45:14	713		Senior	180
693	3137	William Hilebrand	00:24:22	00:45:45	00:42:54	414	Badjorans	Senior	181
694	4352	Henrique Ferreira	00:22:05	00:45:46	00:45:36	760	u.r.d.arranhò	V40	141
695	2056	João Ferreira	00:22:55	00:45:47	00:45:26	735		V40	142
696	5201	Artur Carvalho	00:22:51	00:45:47	00:45:15	715		V40	143
697	382	João Jacinto	00:22:06	00:45:48	00:45:38	764	tartarugas solidarias	Senior	182
698	2177	Francisco Sérgio	00:22:53	00:45:48	00:45:32	752		Senior	183
699	1801	Jaime Cardoso	00:22:17	00:45:48	00:45:45	786		Senior	184
700	5489	Luis Cunha	00:22:45	00:45:48	00:45:29	741		V35	130

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
701	26	Viriato Pataco	00:22:54	00:45:50	00:45:33	753		V45	104
702	3855	João Birra	00:23:27	00:45:50	00:45:11	702	os you turbe	Senior	185
703	1095	Ana Vieira	00:22:48	00:45:51	00:45:42	778	EVELX - Associação de Estilos de Vida Saudável	V40	3
704	6497	Licínio Fidalgo	00:24:06	00:45:51	00:44:43	641	Câmara Lisboa Clube	V55	29
705	5583	João Basilio	00:23:30	00:45:51	00:45:32	748		V50	57
706	3550	Adriano Soeiro	00:23:13	00:45:52	00:45:34	755	FITNESSWAY PINHAL NOVO	V35	131
707	315	Ruben Almeida	00:23:40	00:45:52	00:43:35	489		Senior	186
708	3478	Paulo Nunes	00:22:43	00:45:52	00:45:41	772	Legio Fulminata	Senior	187
709	3099	Joao Pinheiro	00:22:56	00:45:53	00:45:47	792		V35	132
710	1788	Cândido Alves	00:22:42	00:45:53	00:45:30	744	CCD Crédito Agrícola Mútuo	V40	144
711	2377	Paulo Mendes	00:22:47	00:45:54	00:45:46	791	GRCD Leião	V40	145
712	2508	José Liberato	00:22:27	00:45:54	00:45:46	789	GDCTINCM	V35	133
713	342	Rui Matos	00:23:08	00:45:54	00:45:41	773		V35	134
714	4997	Nuno Almeida	00:23:14	00:45:54	00:44:38	627		V35	135
715	4628	António Pereira	00:26:06	00:45:54	00:39:51	182		Senior	188
716	503	José Ferreira	00:23:11	00:45:55	00:45:31	747	ORTOBEST RUNNING TEAM	Senior	189
717	639	Tiago Dias	00:22:19	00:45:55	00:45:51	806		Senior	190
718	5416	Hugo Sousa	00:22:36	00:45:55	00:45:52	813	Açoreana Clube Banif	V35	136
719	2798	Nelson Coimbra	00:22:54	00:45:55	00:45:41	774		Senior	191
720	4356	Gonçalo Francisco	00:23:29	00:45:56	00:45:44	782	u.r.d.arranhò	Junior	17

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
721	2991	Daniel Tomás	00:23:13	00:45:56	00:45:30	746	BIVAC IBERICA	V40	146
722	118	António Reis	00:23:06	00:45:57	00:45:37	761		V40	147
723	2293	Artur Martins	00:22:20	00:45:57	00:45:46	788		V45	105
724	3080	João Antunes	00:22:52	00:45:57	00:45:37	762		V45	106
725	5457	Carlos Rodrigues	00:23:03	00:45:57	00:45:55	819		V35	137
726	5069	Carlos Alves	00:22:15	00:45:57	00:45:50	804		V50	58
727	3907	Pedro Nunes	00:23:13	00:45:57	00:45:32	749	CRP Ribafria	Senior	192
728	15	Rui Barros	00:22:50	00:45:57	00:45:48	796		V45	107
729	6330	Nuno Filipe	00:23:44	00:45:58	00:44:55	662		V35	138
730	1646	Pedro Meireles	00:23:33	00:45:59	00:45:07	696		Senior	193
731	2498	Nuno Alves	00:22:32	00:46:00	00:45:49	801	Movet	V40	148
732	2505	Carlos Cristovão	00:24:51	00:46:00	00:44:19	586	GDCTINCM	V40	149
733	6007	Ricardo Mestre	00:23:36	00:46:01	00:45:00	676		V35	139
734	4083	Francisco Ceia	00:23:27	00:46:01	00:45:45	784		Senior	194
735	5971	Nuno Cesario	00:23:07	00:46:02	00:45:29	738		V40	150
736	453	José Calheiros	00:23:20	00:46:03	00:45:39	769		V40	151
737	3270	Maurício Costa	00:23:29	00:46:03	00:45:47	793		V45	108
738	3534	Joaquim Ferrão	00:22:50	00:46:05	00:45:54	818	GDC Banco de Portugal	V55	30
739	721	Abilio Campos	00:23:17	00:46:05	00:45:24	727		V40	152
740	6081	Vítor Filipe	00:23:00	00:46:05	00:45:52	810		V35	140

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
741	3051	David Goncalves	00:23:13	00:46:05	00:45:46	790		Senior	195
742	5672	Emídio Correia	00:23:00	00:46:06	00:45:52	808		Senior	196
743	5865	Norberto Diegues	00:23:31	00:46:06	00:45:18	719		V55	31
744	1161	Sérgio Jorge	00:22:25	00:46:07	00:46:01	834		V45	109
745	4448	Fernando Faria	00:22:40	00:46:08	00:45:51	805		V35	141
746	3365	José Matos	00:23:43	00:46:08	00:45:43	781		V55	32
747	4683	Gonçalo Carvalho	00:23:02	00:46:08	00:45:55	820		V35	142
748	1010	Ricardo Nunes	00:22:19	00:46:08	00:46:06	846		Senior	197
749	1631	Ricardo Oliveira	00:22:48	00:46:09	00:45:57	824		Senior	198
750	3819	Torquato Cardoso	00:24:01	00:46:09	00:44:14	571		Senior	199
751	3181	Fernando Azevedo	00:23:04	00:46:10	00:46:07	851		V60	18
752	5008	Hugo Portela	00:23:27	00:46:10	00:46:00	829		V35	143
753	4525	Rui Rijo	00:23:26	00:46:11	00:45:52	814		V45	110
754	175	Pedro Reis	00:22:55	00:46:12	00:45:49	800		V40	153
755	2657	Hugo Carabineiro	00:23:49	00:46:13	00:45:43	780	Team do Bairro	V35	144
756	1212	João Mesquita	00:23:05	00:46:13	00:46:01	836		V40	154
757	3522	Marco Mendes	00:23:15	00:46:13	00:45:19	721		V35	145
758	3304	Margarida Conduto	00:22:19	00:46:13	00:46:09	855	OH IVO OLHA AS PONCHAS	Senior	12
759	395	António Almeida	00:22:58	00:46:14	00:46:03	841	VIA3Runners	V50	59
760	3694	Tiago Correia	00:22:33	00:46:14	00:46:00	830	OS MARTINS	Senior	200

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
761	4212	Jose Dias	00:24:37	00:46:16	00:42:21	340	g.d.chelas	V50	60
762	4135	Americo Pimenta	00:23:46	00:46:16	00:45:49	797	g.d.chelas	V45	111
763	3095	Pedro Selavisa	00:23:20	00:46:17	00:45:52	807		V35	146
764	780	Nuno Santos	00:22:46	00:46:17	00:46:08	853	Federação da Família para a Paz Mundial e Unifi	Senior	201
765	2614	Gonçalo Pais	00:23:27	00:46:19	00:45:52	812	LaSurena	V35	147
766	1252	Jose Nunes	00:22:13	00:46:19	00:46:13	865	Keep running	V45	112
767	5346	Rui Nunes	00:23:40	00:46:19	00:45:56	823		V40	155
768	6077	José Barradas	00:23:48	00:46:21	00:45:24	728		V35	148
769	4529	Ana Ferreira	00:22:50	00:46:22	00:46:00	828	Weventual	Senior	13
770	5229	Luis Soares	00:24:45	00:46:22	00:44:51	656	ÃPOGMA	V45	113
771	3649	Pedro Chaves	00:24:08	00:46:22	00:44:38	629		Senior	202
772	58	Fernanda Gil	00:23:34	00:46:23	00:46:05	845		V45	1
773	5344	Manuel Vaz	00:24:56	00:46:23	00:45:07	695		V55	33
774	3136	Ruth Lopes	00:23:09	00:46:24	00:46:03	842	Pumas do Guincho	V40	4
775	3135	Cristina Gavinho	00:23:27	00:46:24	00:46:02	839	Pumas do Guincho	V35	6
776	3105	Hugo Vicente	00:22:51	00:46:24	00:45:42	777		V35	149
777	2055	Paulo Francisco	00:22:44	00:46:25	00:46:16	876		V45	114
778	2057	Ana Francisco	00:22:44	00:46:25	00:46:15	870		V40	5
779	1561	Steven Santos	00:23:26	00:46:25	00:46:00	827		Senior	203
780	6078	André Ricardo	00:24:47	00:46:26	00:44:18	584		Senior	204

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
781	2662	Nuno Silva	00:23:40	00:46:26	00:45:52	809		V40	156
782	3104	Luis Martins	00:23:02	00:46:26	00:46:02	838		V40	157
783	2656	Nuno Damiães	00:23:49	00:46:27	00:45:56	822	Team do Bairro	Senior	205
784	3182	Vasco Rosário	00:23:20	00:46:27	00:46:07	848		V40	158
785	1744	Manuela Fonseca	00:22:47	00:46:27	00:46:19	885	tartarugas solidarias	V45	2
786	1927	Ruben Santos	00:24:40	00:46:28	00:42:37	371		Senior	206
787	4775	Paulo Monteiro	00:22:33	00:46:28	00:46:25	904		V40	159
788	5901	Ana Pascoal	00:23:10	00:46:28	00:46:12	864	Gazelas de Thomson	Senior	14
789	5112	Rui Pavia	00:23:01	00:46:28	00:46:08	852	RUSH TEAM	Senior	207
790	4340	Antonio Almeida	00:23:06	00:46:29	00:46:25	902	NUCLEO DESPORTIVO AUTOCOOPE	V50	61
791	5018	Tomás Pipa	00:23:23	00:46:29	00:46:22	895		Senior	208
792	4190	João Nunes	00:23:12	00:46:30	00:46:02	837		Senior	209
793	1432	Mario Cunha	00:23:24	00:46:30	00:46:19	884		V35	150
794	3615	Helder Palhas	00:23:10	00:46:30	00:46:07	850		V40	160
795	5026	Orlando Duarte	00:24:11	00:46:30	00:44:44	645		V55	34
796	6022	Hugo Pinto	00:23:57	00:46:30	00:46:11	862	G.D.A.	V35	151
797	196	Carlos Sequeira	00:23:09	00:46:31	00:46:20	888		V45	115
798	5401	Pedro Antão	00:24:25	00:46:31	00:45:04	685		Senior	210
799	5100	Bruno Pinto	00:25:12	00:46:31	00:44:50	652		Senior	211
800	1350	Ricardo Nobre	00:22:42	00:46:31	00:46:20	887	BRRnightRUNNERS	V35	152

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
801	3061	Idalécio Barros	00:22:44	00:46:32	00:46:22	892		V60	19
802	5936	Pedro Figueiredo	00:22:19	00:46:32	00:46:29	916	Aqua Runners/Mais que Cuidar Team	V35	153
803	6355	Carlos Pereira	00:23:09	00:46:32	00:46:23	898		V45	116
804	6115	Nelson Santos	00:24:24	00:46:33	00:45:12	704		V35	154
805	5515	Miguel Nunes	00:24:05	00:46:33	00:45:36	759		Senior	212
806	1340	Bento Raminhos	00:23:02	00:46:34	00:46:23	897		V45	117
807	1143	Sergio Sebastião	00:24:29	00:46:34	00:44:28	606	BRRnightRUNNERS	V40	161
808	1711	Pedro Mascarenhas	00:24:25	00:46:34	00:45:41	771		Senior	213
809	1038	Luis Guerra	00:23:08	00:46:34	00:46:11	860		V40	162
810	6400	Rosario Badessa	00:22:39	00:46:35	00:46:34	927		Senior	214
811	5123	Daniel Almeida	00:24:35	00:46:36	00:45:50	803	Rumo ao 35	V35	155
812	4600	Fábio Santos	00:24:45	00:46:36	00:45:54	816		Senior	215
813	1357	João Velez	00:23:34	00:46:37	00:46:07	849		Senior	216
814	2093	Duarte Figueira	00:23:49	00:46:37	00:46:04	844		Senior	217
815	86	Gil Morgado	00:23:45	00:46:38	00:45:05	691	Os Trinca Espinhas	Senior	218
816	3279	Nuno Lopes	00:23:08	00:46:39	00:46:20	886		V35	156
817	3707	Rafael Carlos	00:22:48	00:46:40	00:46:17	878		Senior	219
818	4121	Gilberto Pereira	00:23:16	00:46:41	00:46:11	861		V40	163
819	5315	Luis Pereira	00:22:53	00:46:41	00:46:39	937	Flamingos Atletismo	V60	20
820	2434	Lurdes Ferreira	00:23:33	00:46:42	00:46:39	936		V50	2

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
821	6445	Carlos Marques	00:23:14	00:46:43	00:46:27	909		V40	164
822	5182	António Reis	00:24:11	00:46:43	00:45:19	720	Amigos Atletismo Mafra	V60	21
823	5372	Tiago Fernandes	00:23:37	00:46:44	00:46:26	906	Tartarugas Ninja	Senior	220
824	5373	Augusto Fernandes	00:23:36	00:46:44	00:46:29	914	Tartarugas Ninja	V55	35
825	5718	Ernesto Monteiro	00:23:59	00:46:44	00:45:45	785	Câmara Lisboa Clube	V40	165
826	6056	Jose Carlos	00:23:15	00:46:44	00:46:42	943		V55	36
827	586	Jorge Brito	00:23:32	00:46:44	00:46:40	938		V45	118
828	2871	Paulo Torres	00:23:11	00:46:45	00:46:22	894		V35	157
829	4665	Marcos Ferreira	00:23:38	00:46:45	00:46:11	863		Senior	221
830	1897	José Vinagre	00:23:02	00:46:46	00:46:37	931		Senior	222
831	657	David Saraiva	00:23:50	00:46:46	00:46:15	871	A. D. Manteigas	Senior	223
832	3789	José Galvão	00:24:44	00:46:46	00:45:26	733	Miranda Miles	V45	119
833	2994	Paulo Gomes	00:23:55	00:46:46	00:45:49	798	3 Delta	V40	166
834	2783	Noel Nogueira	00:24:05	00:46:46	00:45:32	750		V35	158
835	6179	Jesus Lloret	00:23:49	00:46:48	00:46:15	874		V40	167
836	4666	Pedro Almeida	00:23:08	00:46:48	00:46:47	970		V40	168
837	2995	José Tavares	00:23:56	00:46:48	00:45:50	802	3 Delta	V45	120
838	2367	Hélder Rosário	00:23:09	00:46:48	00:46:46	968	GRCD Leião	V35	159
839	1763	Alexandre Pereira	00:23:59	00:46:49	00:46:01	833		V35	160
840	6365	Ricardo Sequeira	00:24:50	00:46:49	00:46:20	890		Senior	224

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
841	5777	Pedro Mendonça	00:23:41	00:46:49	00:46:01	835		V40	169
842	5459	Nuno Santos	00:23:04	00:46:49	00:46:44	951		Senior	225
843	1361	Miguel Carvalho	00:23:31	00:46:50	00:46:41	940	FALCÕES SELVAGENS	Junior	18
844	1806	J. Albano	00:23:35	00:46:50	00:46:38	934		V40	170
845	814	Filipe Isaías	00:24:41	00:46:50	00:45:13	706		Junior	19
846	4940	Paulo Gandum	00:23:30	00:46:50	00:46:39	935		V40	171
847	6021	Vítor Correia	00:23:57	00:46:50	00:46:31	921	G.D.A.	V35	161
848	5566	Tiago Santos	00:23:13	00:46:50	00:46:18	883		Senior	226
849	1734	Ricardo Jorge	00:24:22	00:46:50	00:46:20	889		V35	162
850	1840	Aldónio Fernandes	00:22:50	00:46:50	00:46:33	923	Linda-a-Pastora Sporting Clube	V60	22
851	4764	Bruno Loureiro	00:22:39	00:46:51	00:46:27	910		V40	172
852	1952	Nuno Oliveira	00:22:51	00:46:52	00:46:34	928		V35	163
853	4036	Carlos Peralta	00:22:43	00:46:53	00:46:41	941	Mercedes-Benz	V45	121
854	5885	João Teixeira	00:22:28	00:46:54	00:46:51	989		V45	122
855	1862	David Lopes	00:23:33	00:46:54	00:46:29	915		V35	164
856	3330	Nuno Varela	00:23:28	00:46:55	00:46:44	954	Equipa Tivoli	V40	173
857	723	Manuel Gomes	00:23:06	00:46:55	00:46:45	958		V55	37
858	4857	Djalma Rodrigues	00:23:07	00:46:55	00:46:55	1007		V40	174
859	1272	Fernando Fiéis	00:23:35	00:46:55	00:46:38	933		V40	175
860	2807	João Fernandes	00:22:49	00:46:56	00:46:48	978		Senior	227

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
861	2319	Pedro Cipriano	00:23:23	00:46:56	00:46:47	971		V50	62
862	4018	Miriam Vistas	00:24:13	00:46:56	00:45:14	710	Movet	Senior	15
863	3881	Nuno Santos	00:23:23	00:46:56	00:46:33	925		V35	165
864	4490	Peter Hoelzl	00:24:05	00:46:56	00:46:24	900		V35	166
865	3342	Rui Birra	00:23:31	00:46:56	00:46:17	879	os you turbe	Senior	228
866	4350	Luis Ferreira	00:22:44	00:46:56	00:46:52	992	u.r.d.arranhò	V45	123
867	5131	Luis Chagas	00:24:21	00:46:57	00:46:03	840	Amigos da Mini	Senior	229
868	3965	Reinaldo Santos	00:23:21	00:46:58	00:46:35	929		V45	124
869	1879	José Martins	00:22:49	00:46:59	00:46:43	947	FALCÕES SELVAGENS	V35	167
870	2556	Jose Rodrigues	00:23:27	00:47:01	00:46:45	955		V55	38
871	1683	Joao Neves	00:23:26	00:47:01	00:46:43	946	AFDD - RUN CREW TRAIL MONTIJO	V50	63
872	1376	Daniel Mesquita	00:23:22	00:47:01	00:46:48	975		V40	176
873	2158	Elisio Silva	00:23:43	00:47:01	00:46:49	980	ITQB&Co	Senior	230
874	4421	Gabriel Lúcio	00:23:08	00:47:02	00:46:48	976		Senior	231
875	1444	Pedro Serra	00:23:32	00:47:03	00:46:48	977		V35	168
876	4835	Dário Silva	00:23:54	00:47:03	00:46:25	903		V35	169
877	2390	José Matias	00:23:10	00:47:03	00:46:45	956		V50	64
878	4075	Carlos Dias	00:24:00	00:47:04	00:46:55	1003		V50	65
879	3728	José Afonso	00:23:32	00:47:04	00:46:44	950		Senior	232
880	5517	Nuno Froufe	00:23:57	00:47:05	00:46:32	922	LxOutdoor	V35	170

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
881	5300	Pedro Rodrigues	00:24:11	00:47:05	00:46:25	901		V45	125
882	5783	Carlos Noronha	00:24:06	00:47:05	00:46:55	1006		V35	171
883	5297	Fábio Rodrigues	00:23:41	00:47:05	00:47:01	1028		Senior	233
884	2573	Bruno Branco	00:23:29	00:47:05	00:46:45	963		Senior	234
885	5800	André Mendonça	00:24:01	00:47:05	00:47:00	1022		Junior	20
886	3378	Valter Ferreira	00:23:18	00:47:06	00:46:43	945		Senior	235
887	1536	António Varela	00:23:18	00:47:06	00:47:03	1036		V45	126
888	864	Pedro Matos	00:23:27	00:47:06	00:46:47	973		V55	39
889	5577	Miguel Veludo	00:22:30	00:47:06	00:47:06	1047		V40	177
890	2857	Tiago Boleto	00:23:04	00:47:07	00:46:49	981	Lebres da Lapa	Senior	236
891	3258	Orlindo Figueiredo	00:23:03	00:47:07	00:47:07	1052	SS CGD	V65	4
892	3675	Pedro Maia	00:24:40	00:47:07	00:46:10	859	Rebenta Milhas	Senior	237
893	2717	António Carvalho	00:23:28	00:47:07	00:46:44	953		V45	127
894	3315	António Duarte	00:23:13	00:47:08	00:46:49	984	Correr Lisboa	V40	178
895	1002	José Amaral	00:23:05	00:47:08	00:47:02	1030		V40	179
896	5263	Manuel Coito	00:24:06	00:47:08	00:46:27	911		V35	172
897	235	Carlos Silva	00:23:46	00:47:08	00:46:43	948		V50	66
898	5448	Antoine Lesecq	00:23:12	00:47:09	00:46:48	974		Senior	238
899	6250	Roberto Brambilla	00:24:30	00:47:09	00:46:18	880		V45	128
900	5483	Carlos Marques	00:25:56	00:47:09	00:44:56	665		V35	173

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
901	6057	Claudio Ramos	00:23:32	00:47:09	00:46:58	1016		Senior	239
902	3191	Dário Santos	00:23:41	00:47:10	00:46:26	907		Senior	240
903	4871	Sandeep Jha	00:23:54	00:47:10	00:46:50	985		Senior	241
904	2785	Carlos Simões	00:22:49	00:47:11	00:47:04	1040		V70	2
905	5705	Miguel Esteves	00:24:42	00:47:11	00:45:35	758		Senior	242
906	2183	Luís Vicente	00:22:51	00:47:11	00:47:11	1069		V40	180
907	5413	Rosa Vassindula	00:23:29	00:47:11	00:47:10	1067		V40	6
908	2209	Eurico Gomes	00:23:31	00:47:12	00:47:03	1035		V50	67
909	3975	Helder Pereira	00:23:05	00:47:13	00:46:57	1012		V35	174
910	3129	Vitor Moreira	00:23:45	00:47:13	00:47:01	1026	Clube EDP - Lisboa	V60	23
911	5614	Pedro Cabral	00:21:52	00:47:13	00:47:09	1064		V40	181
912	1886	Luis Carvalho	00:24:59	00:47:13	00:45:42	776	tartarugas solidarias	V35	175
913	381	João Estevão	00:23:26	00:47:13	00:46:45	961		V35	176
914	2201	Fernando Mendes	00:24:01	00:47:14	00:46:54	1000		V40	182
915	223	Bruno Gonçalves	00:23:26	00:47:14	00:46:45	960		V35	177
916	847	Ana Sobreira	00:23:11	00:47:14	00:47:08	1059		V40	7
917	1971	Paulo Sena	00:22:58	00:47:14	00:47:02	1034		V40	183
918	672	Ricardo Rodrigues	00:22:59	00:47:14	00:47:07	1057	CLUBE NOVO BANCO	V40	184
919	3243	Álvaro Furtado	00:24:00	00:47:14	00:47:07	1055	SS CGD	V55	40
920	2823	Ricardo Lourenço	00:23:15	00:47:14	00:46:52	991		Senior	243

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
921	2324	Rui Pereira	00:24:09	00:47:16	00:46:50	986	DRELRA	V40	185
922	27	Antonio Serrao	00:24:09	00:47:16	00:46:49	982		V40	186
923	866	Luís Cunha	00:23:28	00:47:16	00:46:49	983		V40	187
924	5659	José Prior	00:24:41	00:47:16	00:46:01	832		V40	188
925	6139	José Fernandes	00:24:15	00:47:16	00:46:01	831	ZêPê	V35	178
926	221	Abílio Oliveira	00:23:30	00:47:17	00:46:55	1001		V50	68
927	5220	Tiago Póvoa	00:26:25	00:47:17	00:40:47	232		Senior	244
928	1552	Ricardo Silva	00:23:17	00:47:17	00:47:04	1038		V40	189
929	5980	Miguel Aires	00:23:40	00:47:17	00:46:55	1002	i2D	V55	41
930	3405	Luis Badalo	00:23:39	00:47:18	00:47:04	1037		V40	190
931	5852	Hugo Sequeira	00:23:04	00:47:18	00:47:07	1056		V35	179
932	6454	Martin Valérie	00:23:14	00:47:18	00:47:02	1031		V40	8
933	4779	Célia Santos	00:23:23	00:47:19	00:46:55	1005	Clube EDP - Lisboa	V35	7
934	4650	Ivo Abrantes	00:25:22	00:47:20	00:45:17	718		V40	191
935	2741	Petru Nemes	00:23:34	00:47:21	00:47:02	1032		V50	69
936	3278	Tiago Teixeira	00:24:03	00:47:21	00:47:09	1066		Senior	245
937	2310	Ricardo Almeida	00:24:59	00:47:21	00:46:37	932		V45	129
938	2383	Sandra Martins	00:23:14	00:47:21	00:47:19	1101	GRCD Leião	V40	9
939	5035	Paulo Garcia	00:24:51	00:47:22	00:45:46	787		V45	130
940	3233	João Rosário	00:24:48	00:47:22	00:46:23	899		Senior	246

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
941	358	Bruno Proenca	00:23:36	00:47:22	00:46:55	1004		V35	180
942	516	Rui Gameiro	00:23:45	00:47:23	00:47:15	1082	CLUBE NOVO BANCO	V40	192
943	2436	Manuel Alves	00:23:43	00:47:23	00:46:45	964		V45	131
944	2718	Ruben Pedroso	00:23:43	00:47:23	00:46:59	1020		Senior	247
945	5153	José Fernandes	00:23:51	00:47:23	00:46:25	905	GDCT Unicre	V35	181
946	948	Eduardo Encarnação	00:24:28	00:47:23	00:46:22	891		V50	70
947	2898	Alexandre Lucas	00:26:16	00:47:25	00:41:46	291		Senior	248
948	442	Pedro Graça	00:24:49	00:47:25	00:45:43	779	Breakaway	Senior	249
949	3284	Antonio Santinho	00:23:07	00:47:26	00:47:16	1086		V45	132
950	955	Luis Santos	00:23:07	00:47:26	00:46:57	1013		V45	133
951	956	Tiago Santos	00:23:07	00:47:26	00:46:58	1015		Senior	250
952	4330	Rodrigo Carvalho	00:23:11	00:47:26	00:47:11	1068		V35	182
953	1854	Jacinto Pereira	00:23:54	00:47:27	00:47:08	1061	Lis Running CPA	V55	42
954	6495	João Teixeira	00:24:07	00:47:27	00:47:14	1079	Alverca Urban runners	Senior	251
955	4635	Rita Ferreira	00:23:12	00:47:27	00:47:18	1098		Senior	16
956	879	Rui Rodrigues	00:24:37	00:47:28	00:47:04	1041		V40	193
957	572	Tiago Delgado	00:22:24	00:47:28	00:47:20	1102		Senior	252
958	651	Carlos Santos	00:23:35	00:47:28	00:47:08	1063	Santos & Filho	Senior	253
959	436	Maria Oliveira	00:23:32	00:47:29	00:47:23	1115		V50	3
960	2148	Fernanda Camacho	00:23:11	00:47:29	00:47:25	1126	G. R. D. Ribeira da Lage	V40	10

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
961	4388	Joao Dionisio	00:24:30	00:47:29	00:46:52	995		V35	183
962	288	David Almeida	00:24:01	00:47:31	00:47:06	1044		V40	194
963	6489	Ricardo Boaventura	00:24:29	00:47:31	00:46:53	997		V35	184
964	3228	Francisco Martins	00:24:22	00:47:32	00:46:47	972		Senior	254
965	1290	António Santos	00:24:46	00:47:33	00:45:54	815		Senior	255
966	4166	Pompeu Aires	00:24:49	00:47:33	00:47:07	1053	GRD.Ribeira da Lage	V45	134
967	4717	Jose Melo	00:25:15	00:47:33	00:45:57	825	PASTELARIA RIO DE MEL	V50	71
968	5319	Joao Massas	00:25:26	00:47:33	00:45:38	766	Grupo desportivo 1º de maio - Barreiro	V40	195
969	2771	João Machado	00:24:16	00:47:33	00:47:27	1138		Senior	256
970	1641	António Pimpão	00:22:53	00:47:33	00:47:30	1146		V40	196
971	2909	Ricardo Pinela	00:23:34	00:47:33	00:47:28	1139		Senior	257
972	1257	Carlos Goncalves	00:24:43	00:47:33	00:46:30	918		V65	5
973	540	Júlio Ferreira	00:24:07	00:47:34	00:47:21	1107	CLUBE NOVO BANCO	V60	24
974	2040	António Cruz	00:23:28	00:47:34	00:47:21	1109		V60	25
975	1247	Pedro Dias	00:23:49	00:47:34	00:47:26	1134	Keep running	V40	197
976	2328	Fernando Silveiro	00:23:26	00:47:34	00:47:20	1104	FC Estrelas Lisboa	V45	135
977	2887	Nuno Água	00:23:36	00:47:35	00:47:08	1062		V45	136
978	6268	José Agapito	00:23:34	00:47:35	00:47:24	1121		V45	137
979	5107	Nelson Aguiar	00:24:03	00:47:35	00:46:57	1010		V40	198
980	5415	Carlos Teixeira	00:23:52	00:47:36	00:46:52	993	Lebres e Tartarugas	V50	72

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
981	1977	João Cândido	00:24:01	00:47:36	00:47:00	1024	NAV Runners	V50	73
982	327	Paulo Lopes	00:24:10	00:47:37	00:47:16	1087		V45	138
983	3744	João Valério	00:23:58	00:47:37	00:47:11	1072		V40	199
984	1829	Jorge Bonito	00:24:16	00:47:37	00:46:52	996		V35	185
985	1605	Ricardo Catarino	00:25:22	00:47:38	00:46:10	858		Senior	258
986	537	João Ramos	00:23:37	00:47:39	00:47:26	1136	CLUBE NOVO BANCO	V40	200
987	4716	Jose Castro	00:25:17	00:47:39	00:46:04	843	PASTELARIA RIO DE MEL	V40	201
988	5912	Avelino Soares	00:24:10	00:47:39	00:47:02	1033	Cofina Runners	V45	139
989	3832	Marco Gonçalves	00:23:35	00:47:39	00:46:22	896	Pinguins do Ártico	V35	186
990	3850	Pedro Trigo	00:25:14	00:47:40	00:45:42	775	Os Conta-Kilómetros	Senior	259
991	2360	Avelino Soares	00:24:10	00:47:40	00:47:00	1023	GRCD Leião	V45	140
992	515	Rodrigo Almeida	00:24:11	00:47:41	00:47:12	1074	CLUBE NOVO BANCO	V35	187
993	543	Luís Leitão	00:24:11	00:47:41	00:47:12	1073	CLUBE NOVO BANCO	V35	188
994	6098	Luis Gama	00:24:30	00:47:41	00:46:45	957	Amigos do Trinhão e Ponte Fajão	V50	74
995	774	Domingos Fernandes	00:22:56	00:47:41	00:47:40	1184	Os Amigos do Atletismo	V60	26
996	1866	Carlos Correia	00:23:13	00:47:42	00:47:24	1124		Senior	260
997	3291	Filipe Caçoilas	00:24:13	00:47:42	00:47:05	1043		Senior	261
998	2466	Paulo Lagarto	00:24:01	00:47:44	00:47:30	1149		V35	189
999	3914	Paulo Sá	00:24:16	00:47:44	00:46:15	873	Desbunda Race Team	Senior	262
1000	4241	Pedro Sousa	00:24:30	00:47:44	00:47:06	1048	Sarapitolas Team	Senior	263

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1001	4886	David Neto	00:23:25	00:47:44	00:47:33	1155		Senior	264
1002	2711	Miguel Goncalves	00:25:50	00:47:45	00:43:36	492		Senior	265
1003	4416	Márcio Figueiredo	00:22:47	00:47:45	00:47:36	1165		Senior	266
1004	656	Eduardo Reis	00:23:44	00:47:45	00:47:18	1094		V45	141
1005	463	Marco Vaz	00:23:31	00:47:45	00:47:29	1144	FALCÕES SELVAGENS	Senior	267
1006	6399	Acúrcio Mendes	00:25:04	00:47:45	00:45:27	736		V40	202
1007	2840	Paulo Revés	00:24:16	00:47:46	00:47:29	1143	Lesmas Alopradas	V40	203
1008	5618	Joao Silva	00:23:29	00:47:46	00:47:35	1159	ROFF	V35	190
1009	2754	Manuel Pereira	00:23:50	00:47:47	00:47:29	1145	GYM 2010	V55	43
1010	4714	Marta Simão	00:23:51	00:47:47	00:47:29	1141	GYM 2010	V35	8
1011	2888	João Luís	00:22:17	00:47:47	00:47:26	1132		Junior	21
1012	4101	António Raposo	00:24:48	00:47:47	00:46:31	919		V45	142
1013	2658	André Cordeiro	00:24:03	00:47:48	00:47:29	1142	ITQB&Co	Senior	268
1014	4240	Hernâni Gaspar	00:23:49	00:47:48	00:47:40	1183	Amigos Vale Silencio	V50	75
1015	4949	Miguel Fernandes	00:24:07	00:47:48	00:47:18	1095		V40	204
1016	2396	Rui Isidoro	00:24:37	00:47:48	00:47:25	1131		V40	205
1017	971	Joao Vidinha	00:23:12	00:47:49	00:47:30	1148		V40	206
1018	1647	Jaime Pinto	00:23:30	00:47:49	00:47:42	1190		V55	44
1019	3037	Marta Santos	00:24:29	00:47:49	00:46:26	908		V35	9
1020	6172	André Fernandes	00:23:26	00:47:49	00:47:16	1085		Senior	269

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1021	919	Sandro Prates	00:23:44	00:47:51	00:47:34	1157		V35	191
1022	3074	Luís Macedo	00:23:26	00:47:51	00:47:35	1163		V45	143
1023	2772	Telmo Cláudio	00:24:27	00:47:51	00:47:43	1196		Senior	270
1024	5657	Jose Patronilho	00:26:02	00:47:51	00:45:55	821		V40	207
1025	5964	Pedro Soares	00:24:51	00:47:51	00:47:12	1077	KPMG	V35	192
1026	6383	Monica Teixeira	00:23:13	00:47:53	00:47:49	1213	A.M.Atibá	Senior	17
1027	2839	Paulo Antunes	00:23:22	00:47:53	00:47:41	1186	Lesmas Alopradas	V45	144
1028	2579	Martinho Tojo	00:23:47	00:47:53	00:47:42	1192		V55	45
1029	3146	Almerindo Silva	00:22:47	00:47:53	00:47:40	1182	A.D.C.Catuja	V55	46
1030	3822	Luís Costa	00:23:25	00:47:53	00:47:46	1209	amigosdacorrída.com	V35	193
1031	5867	Gil Jorge	00:24:04	00:47:53	00:47:24	1118		V45	145
1032	5132	Ivo Sousa	00:24:21	00:47:54	00:46:59	1018	Amigos da Mini	V35	194
1033	4652	Roberto Ferreira	00:24:24	00:47:54	00:46:54	999		Senior	271
1034	279	Luís Matos	00:23:54	00:47:55	00:47:32	1152		V45	146
1035	3570	Miguel Pires	00:23:02	00:47:55	00:47:42	1191		Senior	272
1036	588	Jorge Ribeiro	00:23:58	00:47:55	00:47:33	1153		V40	208
1037	3909	Samuel Ribeiro	00:23:50	00:47:56	00:47:31	1150	CRP Ribafria	Senior	273
1038	3281	Daniel Vinagre	00:23:54	00:47:56	00:47:37	1170		V35	195
1039	5304	Pedro Monjardino	00:24:50	00:47:57	00:46:45	959		V35	196
1040	257	Pedro Macedo	00:24:40	00:47:57	00:47:28	1140		V40	209

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1041	1740	Carlos Morais	00:23:11	00:47:58	00:47:57	1233		V45	147
1042	1681	Nuno Romão	00:24:32	00:47:59	00:47:43	1194	GDINE	V45	148
1043	2190	João Sanches	00:24:21	00:47:59	00:47:49	1212		V50	76
1044	3460	Sofia Fraga	00:23:52	00:47:59	00:47:50	1215	GFD Running	V35	10
1045	2945	Pedro Faria	00:26:42	00:47:59	00:43:19	454		Senior	274
1046	188	Filipe Almeida	00:24:50	00:47:59	00:47:16	1088	SurfRunners	Senior	275
1047	4753	Vitor Revez	00:24:02	00:47:59	00:47:46	1208	G. R. D. Ribeira da Lage	V55	47
1048	6237	Mauro Jacob	00:25:34	00:47:59	00:46:41	939		Senior	276
1049	857	Jose Costa	00:23:35	00:48:00	00:47:53	1225		V70	3
1050	1382	João Quelhas	00:23:17	00:48:00	00:47:31	1151		V40	210
1051	5768	José Pardal	00:24:04	00:48:00	00:47:39	1177		V40	211
1052	5204	Pedro Silva	00:24:55	00:48:00	00:47:01	1029		V35	197
1053	3712	Pedro Gomes	00:23:29	00:48:00	00:47:47	1210	just run it	Senior	277
1054	205	Nuno Rito	00:25:37	00:48:01	00:44:13	569	tartarugas solidarias	V35	198
1055	2593	Gui Conceição	00:23:52	00:48:01	00:47:43	1195		V40	212
1056	5243	Manuel Mestre	00:23:00	00:48:01	00:47:58	1240		V55	48
1057	4758	Bruno Jerónimo	00:24:23	00:48:01	00:47:01	1027		Senior	278
1058	4431	Joana Ribeiro	00:23:59	00:48:02	00:47:40	1180		Senior	18
1059	1660	Rui Mestre	00:23:41	00:48:03	00:47:42	1188		V40	213
1060	1961	Carlos Meneses	00:24:47	00:48:03	00:47:11	1071		Senior	279

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1061	5312	Adriano Cotrim	00:23:22	00:48:03	00:47:55	1229		V70	4
1062	3066	Nuno Novais	00:24:21	00:48:03	00:47:06	1045		Senior	280
1063	3602	Jorge Nabais	00:26:37	00:48:04	00:43:42	506	Brigada do Reumático	Senior	281
1064	3246	Catarina Martins	00:23:50	00:48:04	00:48:03	1248	SS CGD	V40	11
1065	960	Sandra Teixeira	00:23:29	00:48:04	00:47:58	1239		V40	12
1066	4992	Bruno Sousa	00:24:25	00:48:04	00:47:23	1114		Senior	282
1067	3587	Pedro Costa	00:24:09	00:48:04	00:47:52	1217	Pastelaria Charly	Junior	22
1068	3772	João Pereira	00:23:55	00:48:05	00:47:37	1169		V50	77
1069	269	Antonio Moeda	00:17:37	00:48:05	00:48:02	1246		V55	49
1070	4338	Fernando Silva	00:23:34	00:48:06	00:47:58	1238		V55	50
1071	2715	Rui Luis	00:23:53	00:48:06	00:47:57	1234		V35	199
1072	1208	Paulo Procópio	00:23:52	00:48:07	00:47:52	1218		V40	214
1073	3324	Carlos Palma	00:24:19	00:48:07	00:47:54	1226	Link	V45	149
1074	5329	Carlos Coelho	00:25:04	00:48:07	00:47:24	1122	C.C.D.das Autarquias de Almada	V55	51
1075	4873	Cristiano Correia	00:24:26	00:48:07	00:47:35	1160		Senior	283
1076	4875	Paulo Manique	00:24:26	00:48:07	00:47:35	1164		Senior	284
1077	1458	Mario Jesus	00:24:53	00:48:08	00:46:31	920		V40	215
1078	4921	Manuel Baptista	00:24:18	00:48:08	00:47:58	1237	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V65	6
1079	5330	José Cabral	00:25:04	00:48:08	00:47:23	1117	C.C.D.das Autarquias de Almada	V55	52
1080	4570	Josue Frade	00:23:58	00:48:08	00:48:08	1259		V40	216

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1081	2395	Gil Carneiro	00:23:42	00:48:09	00:47:45	1203		V35	200
1082	2394	Ana Correia	00:23:42	00:48:09	00:47:45	1202		V35	11
1083	1001	Jorge Ferraz	00:23:51	00:48:09	00:48:05	1252		V40	217
1084	5196	Ricardo Silva	00:23:28	00:48:09	00:48:05	1254		V35	201
1085	6265	Pedro Lupi	00:25:39	00:48:09	00:46:16	877		Senior	285
1086	1577	Antonio Tavares	00:24:57	00:48:10	00:48:01	1243	Run4Beer	V40	218
1087	5121	João Barral	00:24:00	00:48:10	00:47:34	1156	Pernas de Gafanhoto	V40	219
1088	3827	Rui Brás	00:24:26	00:48:10	00:46:43	944	Pinguins do Ártico	V35	202
1089	4798	Eduardo Pinto	00:24:46	00:48:10	00:47:12	1076		Senior	286
1090	3957	Elisa Dias	00:24:00	00:48:11	00:48:02	1245		V50	4
1091	1088	Bruno Mina	00:24:46	00:48:11	00:47:12	1075		V35	203
1092	6264	Luis Zilhão	00:25:40	00:48:12	00:46:18	881		Senior	287
1093	2230	Pedro Caetano	00:23:55	00:48:13	00:47:57	1235		V45	150
1094	1686	Claudia Romao	00:23:58	00:48:13	00:47:56	1232	AFDD - RUN CREW TRAIL MONTIJO	V35	12
1095	5696	João Silva	00:25:11	00:48:13	00:47:17	1091		V45	151
1096	422	Carlos Francisco	00:24:35	00:48:14	00:47:50	1216		Senior	288
1097	3844	Bruno Dias	00:26:11	00:48:14	00:45:59	826		Senior	289
1098	3491	Nuno Nobre	00:23:51	00:48:14	00:48:03	1251		Senior	290
1099	4930	Anselmo Rodrigues	00:24:09	00:48:15	00:47:44	1197		V50	78
1100	3932	Juan Botta	00:25:00	00:48:15	00:46:09	856		Senior	291

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1101	5422	Nelson Nunes	00:25:16	00:48:15	00:46:46	966		Senior	292
1102	5172	Vitor Loureiro	00:24:11	00:48:16	00:47:40	1181	os you turbe	V50	79
1103	5561	Paulo Silva	00:23:42	00:48:16	00:48:13	1273		V50	80
1104	3800	Bruno Campos	00:24:30	00:48:17	00:47:57	1236		V35	204
1105	3055	Joaquim Silva	00:24:45	00:48:17	00:47:05	1042		V40	220
1106	5224	Fernando Fernandes	00:25:27	00:48:17	00:46:41	942	ÃPOGMA	V50	81
1107	4757	Joao Nunes	00:25:26	00:48:17	00:47:04	1039		V50	82
1108	2703	Nuno Anastácio	00:24:22	00:48:18	00:47:49	1214	RunLovers	V35	205
1109	3161	Nuno Alves	00:24:08	00:48:18	00:48:10	1265		V35	206
1110	1973	Rita Rodrigues	00:24:41	00:48:18	00:47:43	1193	NAV Runners	Senior	19
1111	4647	João Catarino	00:23:19	00:48:19	00:48:10	1264	DRELRA	Junior	23
1112	2100	João Cristino	00:25:47	00:48:19	00:47:22	1111		V60	27
1113	3358	Vitor Lourenço	00:24:02	00:48:20	00:48:03	1247		V40	221
1114	1847	Florian Kriz	00:25:03	00:48:20	00:47:06	1051	CoworkCascais Running Team	V35	207
1115	5411	João Raimundo	00:22:57	00:48:21	00:48:19	1290		V55	53
1116	5328	Amável Figueiredo	00:25:06	00:48:21	00:47:37	1173	C.C.D.das Autarquias de Almada	V55	54
1117	1662	Paulo Nunes	00:24:16	00:48:21	00:48:11	1266	3 Delta	V40	222
1118	2816	Custodio Quibina	00:23:41	00:48:22	00:48:17	1283		Senior	293
1119	2621	José Vaz	00:23:48	00:48:23	00:48:13	1270	CLUBE ANACOM	V55	55
1120	5894	Margarida Sobreira	00:25:29	00:48:23	00:47:14	1081	AHBE	Senior	294

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1121	797	Paulo Palminha	00:23:29	00:48:24	00:48:00	1242		V45	152
1122	1327	Rui Gomes	00:25:07	00:48:24	00:47:07	1054		V35	208
1123	5896	Manuel Rodrigues	00:25:42	00:48:24	00:46:13	866	CAT espero	Senior	295
1124	5899	João Lima	00:25:42	00:48:24	00:46:13	867	CAT espero	Senior	296
1125	5744	Luís Pereira	00:24:48	00:48:24	00:47:00	1025		Senior	297
1126	3443	Ana Mourato	00:24:11	00:48:25	00:47:59	1241	Turbulentos	V35	13
1127	432	Carlos Dores	00:24:58	00:48:25	00:48:03	1249		V45	153
1128	1288	Luís Candeias	00:25:27	00:48:25	00:47:21	1108		V35	209
1129	5103	Alexandre Capucha	00:23:51	00:48:25	00:48:22	1296		V40	223
1130	2744	Eduardo Martins	00:24:52	00:48:26	00:47:14	1080		V40	224
1131	5846	Edgar Santos	00:24:37	00:48:26	00:46:22	893		Senior	298
1132	3274	João Ascensão	00:23:50	00:48:26	00:47:56	1231		V35	210
1133	4912	Luís Sousa	00:25:49	00:48:28	00:46:18	882		V40	225
1134	5676	Adelino Pereira	00:25:13	00:48:28	00:46:58	1014	Odebrecht Portugal	V35	211
1135	2426	João Fernandes	00:23:52	00:48:28	00:47:55	1230		V35	212
1136	4952	Ana Oliveira	00:24:02	00:48:29	00:48:24	1303	Clube Brisa	Senior	20
1137	687	Jose Correia	00:23:46	00:48:30	00:48:25	1308		V55	56
1138	5664	Mariana Marques	00:24:08	00:48:30	00:48:28	1318		Senior	21
1139	5213	Joao Sousa	00:25:04	00:48:31	00:46:58	1017		V45	154
1140	652	Hugo Soutelo	00:24:17	00:48:31	00:48:08	1258		Senior	299

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1141	6200	Luis Santos	00:26:07	00:48:31	00:46:51	990		V40	226
1142	5215	Vitor Pereira	00:25:04	00:48:31	00:46:59	1021		V35	213
1143	1841	Francisco Monjardino	00:25:03	00:48:31	00:47:18	1097	CoworkCascais Running Team	V35	214
1144	2792	Pedro Rodrigues	00:23:04	00:48:32	00:48:22	1298		V40	227
1145	4357	Pedro Afonso	00:24:57	00:48:32	00:48:03	1250	CLUBE ANACOM	Senior	300
1146	5804	Luís Antunes	00:24:34	00:48:32	00:47:21	1106		Senior	301
1147	3543	Rui Borralho	00:24:34	00:48:33	00:48:20	1292	GDC Banco de Portugal	V40	228
1148	4141	Jose Fernandes	00:24:42	00:48:34	00:48:08	1257	g.d.chelas	V60	28
1149	1296	Mario Gilvicente	00:25:37	00:48:34	00:47:17	1090	Gil Eanes Running	V65	7
1150	5680	Manuel Paulo	00:23:44	00:48:34	00:48:23	1301	Odebrecht Portugal	V55	57
1151	5630	Tiago Simões	00:24:24	00:48:35	00:47:37	1172	ROFF	Senior	302
1152	4082	António Sousa	00:24:02	00:48:37	00:48:23	1302		V40	229
1153	5645	Luiz Rissato	00:25:38	00:48:37	00:47:18	1096		V45	155
1154	3318	Alexandre Vicente	00:24:18	00:48:37	00:48:22	1299	Link	Senior	303
1155	1127	Rui Mendes	00:24:43	00:48:38	00:48:18	1287		V45	156
1156	5600	Fernando A.S.Gonçalves	00:25:38	00:48:38	00:47:40	1185		V45	157
1157	2860	Rui Alves	00:24:17	00:48:38	00:48:18	1286	Lebres da Lapa	V40	230
1158	3293	Filipe Reino	00:23:54	00:48:39	00:48:19	1288		Senior	304
1159	4979	Rui Pereira	00:24:55	00:48:39	00:47:55	1228	Vamos lá	V40	231
1160	2433	Luis Reis	00:24:23	00:48:39	00:48:35	1334		V55	58

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1161	4991	Jorge Fernandes	00:24:15	00:48:40	00:48:34	1333		V35	215
1162	5913	Bruno Ferreira	00:25:16	00:48:40	00:47:16	1084	Cofina Runners	Senior	305
1163	4571	Helder Romao	00:24:37	00:48:40	00:48:32	1324		V35	216
1164	4384	Nelson Louro	00:25:43	00:48:42	00:47:17	1092		V35	217
1165	5807	Adolfo Veiga	00:24:53	00:48:42	00:48:19	1289		Senior	306
1166	6477	Valentina Delfini	00:25:26	00:48:42	00:46:51	988		V40	13
1167	3637	José Mendes	00:23:55	00:48:43	00:48:33	1327		V45	158
1168	5475	Carlos Horta	00:24:49	00:48:43	00:48:25	1306		V50	83
1169	2232	Cláudio Gonçalves	00:24:44	00:48:44	00:48:26	1310		Senior	307
1170	5045	Fernando Agostinho	00:24:29	00:48:44	00:47:53	1221		V50	84
1171	4611	José Vieira	00:24:35	00:48:44	00:48:14	1277	FCK Runners	Senior	308
1172	4222	Amilcar Almeida	00:26:22	00:48:44	00:47:45	1205	Geek on the Run!	Senior	309
1173	751	Vasco Duarte	00:26:40	00:48:45	00:44:14	572		V40	232
1174	4401	Carlos Martins	00:24:07	00:48:45	00:48:33	1331		V40	233
1175	4207	Carlos Tavares	00:24:29	00:48:46	00:48:36	1344	g.d.chelas	V40	234
1176	5612	Maria Pereira	00:24:39	00:48:46	00:47:25	1125		V55	1
1177	5568	Paulo Almeida	00:26:05	00:48:46	00:46:49	979		V45	159
1178	3597	António Iria	00:24:56	00:48:47	00:48:26	1311	Clube Tap Portugal	V45	160
1179	2285	Tiago Rodrigues	00:25:39	00:48:47	00:47:38	1174	Amigos Vale Silencio	Junior	24
1180	2660	Rui Sampaio	00:26:46	00:48:48	00:43:39	500		V35	218

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1181	3530	Joaquim Borralho	00:24:35	00:48:48	00:48:35	1340	GDC Banco de Portugal	V65	8
1182	5684	Gerry Sanitz	00:25:12	00:48:48	00:47:46	1207	Odebrecht Portugal	V45	161
1183	627	David Branco	00:24:07	00:48:48	00:48:25	1305		Senior	310
1184	5438	Tiago Rosa	00:26:21	00:48:48	00:47:26	1133		Senior	311
1185	505	Luís Sousa	00:24:57	00:48:49	00:48:38	1349	CLUBE NOVO BANCO	V40	235
1186	4009	Tiago Palheira	00:23:34	00:48:49	00:48:36	1341	PRAFIT CLUB	Senior	312
1187	4160	Pedro Marques	00:24:52	00:48:49	00:48:20	1293		V40	236
1188	2743	Luis Brunheta	00:24:52	00:48:49	00:48:20	1291		V35	219
1189	427	Paulo Lopes	00:23:26	00:48:50	00:48:33	1332		V35	220
1190	3063	Mário Pereira	00:24:04	00:48:50	00:48:31	1320		V40	237
1191	2178	Rita Freitas	00:24:50	00:48:51	00:48:28	1313		Senior	22
1192	3655	João Perleques	00:25:16	00:48:51	00:47:06	1050	Lost Runners	V40	238
1193	4562	Carlos João	00:23:55	00:48:52	00:48:41	1368		Senior	313
1194	4341	Carlos Ferreira	00:23:59	00:48:52	00:48:49	1389	NUCLEO DESPORTIVO AUTOCOOPE	V55	59
1195	932	Miguel Marques	00:24:57	00:48:52	00:48:26	1312		V55	60
1196	682	João Duarte	00:24:21	00:48:52	00:48:49	1390		V60	29
1197	944	Paulo Esperança	00:24:49	00:48:53	00:48:28	1314		V40	239
1198	5819	Paulo Santos	00:26:42	00:48:53	00:44:47	651	CLUBE OLÍMPICO DE OEIRAS	V45	162
1199	5814	Isabel Rodrigues	00:24:57	00:48:53	00:48:33	1330	CLUBE OLÍMPICO DE OEIRAS	V40	14
1200	6376	Luís Nogueira	00:25:23	00:48:53	00:47:24	1123		V40	240

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1201	621	Susana Raposo	00:24:57	00:48:54	00:48:42	1371	Correr Lisboa	V35	14
1202	1501	Faizal Ismael	00:24:33	00:48:54	00:48:25	1307		V35	221
1203	3764	António Correia	00:24:16	00:48:54	00:48:47	1385		V50	85
1204	768	Carlos Dias	00:24:03	00:48:54	00:48:15	1280		Senior	314
1205	1448	João Fernandes	00:24:59	00:48:55	00:48:41	1366		V35	222
1206	683	António Ramos	00:24:11	00:48:55	00:48:28	1315		V60	30
1207	2642	Carlos Rosado	00:24:12	00:48:56	00:48:39	1354	CLUBE RUGBY JUROMENHA	V45	163
1208	4698	Paula Nunes	00:25:07	00:48:56	00:48:13	1274		V40	15
1209	1621	João Telo	00:23:53	00:48:57	00:48:35	1335		V40	241
1210	3846	José Gomes	00:25:12	00:48:57	00:47:53	1222		V55	61
1211	6068	Rui Oliveira	00:26:09	00:48:57	00:47:37	1171		Senior	315
1212	6214	Pedro Alves	00:26:35	00:48:57	00:46:59	1019		V35	223
1213	6480	Marcou Amandine	00:26:15	00:48:57	00:48:44	1375		Senior	23
1214	6479	Pomier Florent	00:26:16	00:48:57	00:48:45	1379		Senior	316
1215	3401	Antonio Ribeiro	00:23:59	00:48:58	00:48:37	1348		V50	86
1216	1396	Joao Marques	00:24:17	00:48:58	00:48:29	1319		V35	224
1217	1306	João Bernardino	00:24:47	00:48:58	00:48:24	1304		V45	164
1218	3120	Bruno Macedo	00:24:13	00:48:59	00:48:42	1369	Asas nos Pés	Senior	317
1219	2824	Rodrigo Marques	00:24:36	00:48:59	00:48:35	1338		Senior	318
1220	1620	Bruno Guerra	00:24:24	00:48:59	00:48:38	1353		Senior	319

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1221	4784	Pedro Nogueira	00:24:32	00:48:59	00:48:28	1317	Run Buddy Run	V40	242
1222	5934	Andre Queiroz	00:23:20	00:48:59	00:48:55	1403	BHP	V35	225
1223	2044	Pedro Lourenço	00:25:47	00:48:59	00:47:11	1070		V45	165
1224	1619	João Pires	00:24:24	00:48:59	00:48:39	1357		V35	226
1225	3621	Ricardo Mota	00:24:36	00:49:00	00:48:40	1360		V40	243
1226	5029	Rui Diogo	00:25:20	00:49:00	00:47:26	1137		V35	227
1227	986	Luis Aurélio	00:26:13	00:49:00	00:46:52	994	BRRnightRUNNERS	V45	166
1228	1606	Hugo Dias	00:25:28	00:49:00	00:47:33	1154		V35	228
1229	3254	Joaquim Antunes	00:24:49	00:49:01	00:48:36	1345	SS CGD	V35	229
1230	4336	Miguel Duarte	00:25:02	00:49:01	00:47:25	1130		Junior	25
1231	3149	Fernando Almeida	00:24:44	00:49:02	00:48:55	1405	Gelpeixe	V35	230
1232	1099	Carlos Baptista	00:24:44	00:49:02	00:48:56	1406	Sporting Clube de Casainhos	V55	62
1233	3942	Ludgero Santana	00:24:25	00:49:02	00:48:46	1383		V50	87
1234	5748	Beatriz Padilla	00:24:29	00:49:02	00:48:40	1361		V50	5
1235	3697	Bruno Santos	00:25:30	00:49:02	00:47:15	1083	OS MARTINS	V35	231
1236	3458	Margarida Pinto	00:24:52	00:49:03	00:48:54	1398	GFD Running	V40	16
1237	2014	José Gaspar	00:23:56	00:49:03	00:48:40	1363		V55	63
1238	274	Marco Costa	00:24:35	00:49:03	00:48:05	1253		V35	232
1239	1802	Francisco Passos	00:24:06	00:49:03	00:48:50	1391		V50	88
1240	3325	Gonçalo Alberto	00:24:19	00:49:04	00:48:39	1358	Link	Senior	320

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1241	667	Maria Carvalho	00:24:15	00:49:04	00:49:03	1443	CLUBE NOVO BANCO	Senior	24
1242	4327	Luis Palma	00:25:43	00:49:04	00:47:08	1058		V35	233
1243	2702	Luisa Palminhas	00:24:32	00:49:04	00:48:38	1350	RunLovers	V45	3
1244	3604	Ricardo Costa	00:24:05	00:49:05	00:48:28	1316	Brigada do Reumático	Senior	321
1245	2975	Nuno Correia	00:25:44	00:49:05	00:46:14	869	Badjorans	Senior	322
1246	3474	Tiago Pita	00:26:27	00:49:05	00:46:46	967	Midwinners	Senior	323
1247	3756	Rui Antunes	00:24:56	00:49:06	00:48:44	1374		V40	244
1248	6199	André Júdice	00:25:02	00:49:06	00:47:25	1129		Senior	324
1249	2730	Ricardo Cardoso	00:23:49	00:49:07	00:49:01	1432	Os Estrunfes	Junior	26
1250	2830	Jorge Silva	00:26:48	00:49:07	00:48:58	1420		V40	245
1251	4195	João Silva	00:24:54	00:49:08	00:48:35	1337		V45	167
1252	3893	José Cavaco	00:26:03	00:49:08	00:47:44	1199	TroubleMakers	Senior	325
1253	1548	Ricardo Marques	00:25:08	00:49:08	00:48:38	1351		V35	234
1254	4933	Márcio Inácio	00:23:50	00:49:08	00:49:05	1450		Senior	326
1255	4920	Constântino Mendão	00:24:06	00:49:09	00:48:58	1418	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V55	64
1256	4149	Pedro Lima	00:25:58	00:49:09	00:47:22	1112	A melhor.	Senior	327
1257	6272	Rogério Luis	00:24:59	00:49:09	00:47:47	1211		V40	246
1258	6178	António Duarte	00:24:26	00:49:09	00:48:45	1377		V60	31
1259	4848	Pedro Castro	00:25:39	00:49:09	00:49:03	1442		Senior	328
1260	3001	Catarina Nunes	00:24:06	00:49:10	00:49:01	1436	Nunes Team	Senior	25

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1261	3596	Fernando Coelho	00:25:42	00:49:10	00:48:13	1275	Clube Tap Portugal	V45	168
1262	1928	Gabriel Madirolas	00:27:21	00:49:11	00:48:11	1267		V35	235
1263	882	Carlos Prazeres	00:26:08	00:49:11	00:47:23	1113		V35	236
1264	4795	Anibal Carvalho	00:24:20	00:49:11	00:49:05	1448		V60	32
1265	298	Pedro Coelho	00:25:02	00:49:12	00:48:49	1388		V45	169
1266	4052	Joaquim Palma	00:24:36	00:49:14	00:49:03	1440		V60	33
1267	6104	Luciano Silva	00:24:15	00:49:15	00:48:52	1397		V35	237
1268	5017	Fábio Monteiro	00:24:29	00:49:15	00:49:05	1449		Senior	329
1269	4715	António Veríssimo	00:24:53	00:49:15	00:48:32	1325	Aqua Runners/Mais que Cuidar Team	V35	238
1270	3158	Jaime Coelho	00:27:14	00:49:15	00:46:56	1009	Quebra-Milhas	Senior	330
1271	2286	Tiago Silva	00:26:15	00:49:16	00:47:24	1119	Amigos Vale Silencio	Senior	331
1272	2287	Ricardo Gaspar	00:26:16	00:49:16	00:47:25	1127	Amigos Vale Silencio	Senior	332
1273	2802	Miguel Oliveira	00:25:21	00:49:16	00:48:31	1321		V50	89
1274	4639	Márcio Basílio	00:24:41	00:49:16	00:48:55	1404		Senior	333
1275	3702	Ricardo Conceição	00:23:57	00:49:17	00:48:54	1399	LOURDETE PERFUMARIAS	Senior	334
1276	4091	Joao Braz	00:24:56	00:49:17	00:48:57	1411		V50	90
1277	6176	João Banza	00:24:04	00:49:17	00:49:01	1435		V40	247
1278	5371	Vanda Monteiro	00:24:19	00:49:17	00:49:16	1493	Runners da frente Ribeirinha da Povia de Santa	V35	15
1279	2647	Rui Monteiro	00:24:37	00:49:18	00:48:32	1323		Senior	335
1280	5935	Miguel Ramos	00:23:32	00:49:19	00:49:14	1483	BHP	V35	239

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1281	232	João Monteiro	00:24:45	00:49:19	00:47:53	1223	MONTEPIO - Marketeers	Senior	336
1282	3951	Bruno Magalhães	00:25:42	00:49:19	00:47:23	1116		V40	248
1283	1572	Andreia Rijo	00:24:34	00:49:20	00:48:59	1424		Senior	26
1284	46	Pedro Lopes	00:25:03	00:49:20	00:49:04	1444		V40	249
1285	4646	Rui Almeida	00:24:52	00:49:20	00:48:32	1326		V35	240
1286	3126	Arlindo Parra	00:24:01	00:49:21	00:49:10	1467	Clube EDP - Lisboa	V50	91
1287	1274	Alexandra Silva	00:24:36	00:49:21	00:49:08	1459	BRRnightRUNNERS	V35	16
1288	4500	Filipe Costa	00:25:48	00:49:21	00:47:41	1187		Senior	337
1289	5621	António Rodrigues	00:24:38	00:49:21	00:49:08	1460	ROFF	V45	170
1290	2322	José Freitas	00:24:03	00:49:22	00:49:15	1489	Águas Livres de Caneças	V35	241
1291	3565	Renato Ramalho	00:24:47	00:49:22	00:48:56	1407	Coininha Runners	Senior	338
1292	599	Paulo Soares	00:24:08	00:49:22	00:49:16	1492		V40	250
1293	319	Ernesto Carvalho	00:24:32	00:49:22	00:49:22	1513		V55	65
1294	4827	Nuno Duarte	00:24:51	00:49:22	00:49:17	1498		V35	242
1295	4226	João Matia	00:24:47	00:49:23	00:48:57	1414	LaSurena	Senior	339
1296	3531	João Batista	00:24:46	00:49:23	00:49:04	1447	GDC Banco de Portugal	V55	66
1297	3234	José Gomes	00:24:26	00:49:23	00:49:06	1453		V40	251
1298	1246	Jose Andrade	00:24:42	00:49:23	00:49:23	1516	Keep running	V50	92
1299	4129	Filipe Rodrigues	00:24:21	00:49:24	00:49:10	1470	g.d.chelas	Senior	340
1300	2122	Tam Afonso	00:24:30	00:49:24	00:49:12	1477	Açoreana Clube Banif	V60	34

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1301	1894	David Charrinho	00:24:57	00:49:24	00:48:57	1415		Senior	341
1302	4958	Jose Monteiro	00:25:25	00:49:24	00:48:43	1373		V55	67
1303	5318	João Borges	00:25:00	00:49:24	00:48:13	1269	Mercedes-Benz	V40	252
1304	4447	José Brites	00:25:38	00:49:24	00:48:35	1339		V40	253
1305	4319	Paulo Costa	00:24:42	00:49:24	00:47:06	1046	Midwinners	Senior	342
1306	4613	Dagmar Baptista	00:23:58	00:49:25	00:48:55	1401	FCK Runners	V35	243
1307	4944	Manuel Peras	00:24:46	00:49:25	00:49:08	1461		V55	68
1308	6128	Joana Silva	00:25:41	00:49:26	00:48:46	1380		Senior	27
1309	376	Joaquim Galvão	00:25:22	00:49:26	00:48:07	1255		V60	35
1310	590	Joao Macedo	00:25:06	00:49:26	00:48:50	1392		V45	171
1311	5616	Rita Santos	00:25:08	00:49:26	00:49:06	1454	Ninja Dinosaurs	Senior	28
1312	2257	Filipe Solha	00:25:47	00:49:26	00:48:45	1378		V35	244
1313	5488	Vitor Geraldès	00:26:23	00:49:27	00:47:38	1175		Senior	343
1314	1286	Tiago Henriques	00:26:36	00:49:28	00:47:25	1128		V35	245
1315	4771	Ivo Almeida	00:25:04	00:49:28	00:47:36	1166		Senior	344
1316	5487	Bernardo Correia	00:26:23	00:49:28	00:47:37	1168		Senior	345
1317	214	Pedro Carvalho	00:23:52	00:49:28	00:49:19	1503		V35	246
1318	4739	Luís Rosário	00:25:33	00:49:29	00:48:16	1281		V45	172
1319	4808	Elsa Miranda	00:26:04	00:49:29	00:48:40	1364	Todos Juntos	V35	17
1320	4813	Henrique Ferreira	00:26:04	00:49:29	00:48:40	1359	Todos Juntos	V40	254

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1321	485	Ricardo Farinha	00:25:48	00:49:29	00:48:41	1367		Senior	346
1322	4481	Nuno Guerra	00:27:10	00:49:29	00:47:21	1110		V40	255
1323	2224	Pedro Quadrio	00:25:45	00:49:29	00:47:18	1099		V40	256
1324	6111	Sara Matos	00:24:06	00:49:30	00:48:56	1408	LxOutdoor	Senior	29
1325	4478	Rúben Simões	00:25:51	00:49:31	00:48:38	1352		Senior	347
1326	5982	Tiago Farias	00:25:04	00:49:31	00:49:10	1466	i2D	V55	69
1327	2091	Filipe Bugalho	00:25:09	00:49:31	00:48:40	1362		Senior	348
1328	2061	Rui Oliveira	00:25:21	00:49:32	00:47:39	1176		V45	173
1329	5514	Nuno Nunes	00:24:28	00:49:32	00:48:35	1336		Senior	349
1330	5840	Pedro Serra	00:24:37	00:49:32	00:49:32	1548	Samipe	V40	257
1331	1673	Paulo Cabaço	00:24:32	00:49:33	00:49:11	1473	tartarugas solidarias	V45	174
1332	6482	Manuel Agapito	00:24:10	00:49:33	00:49:23	1517		Senior	350
1333	1022	Frederico Figueiredo	00:27:06	00:49:34	00:47:36	1167	Authentic Pilates	Senior	351
1334	6281	Nuno Reis	00:25:22	00:49:35	00:48:50	1394		V40	258
1335	5421	Flávio Simões	00:26:21	00:49:35	00:47:39	1178		Senior	352
1336	1900	Jorge Rodrigues	00:24:47	00:49:36	00:49:12	1478		V35	247
1337	2788	Jorge Campos	00:25:34	00:49:36	00:49:11	1472		V40	259
1338	4748	Artur Amaro	00:25:53	00:49:36	00:47:44	1198		Senior	353
1339	718	Jorge Marques	00:24:21	00:49:37	00:49:19	1501		Senior	354
1340	5550	Rita Machado	00:24:11	00:49:37	00:49:31	1543		V40	17

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1341	5385	Rui Batista	00:24:22	00:49:38	00:49:37	1563		V40	260
1342	3092	Jorge Miguel	00:23:41	00:49:38	00:49:32	1549		Senior	355
1343	552	Artur Alfama	00:24:29	00:49:39	00:49:21	1512		V35	248
1344	1080	Filipe Duque	00:24:04	00:49:39	00:49:27	1532		Senior	356
1345	193	Alexandre Tam	00:25:24	00:49:40	00:49:19	1502		V35	249
1346	3589	Ligia Costa	00:24:57	00:49:41	00:49:29	1539	Pastelaria Charly	V45	4
1347	1226	Helder Silvério	00:24:22	00:49:41	00:49:30	1540		V40	261
1348	4710	Carlos Lomba	00:26:25	00:49:41	00:48:52	1395		V45	175
1349	1035	Patricia Castanho	00:26:27	00:49:42	00:45:45	783		Senior	30
1350	1254	Eurico Carocha	00:24:25	00:49:42	00:49:35	1554	Keep running	V45	176
1351	2077	Lúcia Oliveira	00:24:56	00:49:43	00:49:35	1555		V35	18
1352	414	André Cabral	00:25:22	00:49:43	00:48:56	1409	ex estocolmo	V35	250
1353	3197	Pacer Sub-50	00:24:56	00:49:44	00:49:36	1557		Junior	1
1354	210	André Patrício	00:27:47	00:49:44	00:44:27	605		Senior	357
1355	5133	Ricardo Botão	00:25:30	00:49:44	00:48:43	1372	Run Buddy Run	V40	262
1356	4442	Frederico Paz	00:24:58	00:49:45	00:49:20	1510		Senior	358
1357	827	Joao Moreira	00:25:10	00:49:45	00:49:37	1561		V40	263
1358	2993	Carlos Batista	00:25:13	00:49:45	00:48:46	1382	3 Delta	V40	264
1359	1390	Rui Vieira	00:25:33	00:49:46	00:48:39	1356		V40	265
1360	5977	Duarte Silva	00:25:09	00:49:46	00:49:25	1525	Clube Ferroviário de Portugal	V40	266

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1361	1229	Mário Pires	00:26:13	00:49:46	00:47:39	1179	BRRnightRUNNERS	V40	267
1362	1133	Luis Oliveira	00:24:36	00:49:47	00:49:36	1558	BRRnightRUNNERS	V40	268
1363	3245	Antonio Negrinho	00:25:43	00:49:47	00:49:15	1490	SS CGD	V50	93
1364	3900	Joaquim Ruivo	00:25:19	00:49:47	00:49:05	1452		V40	269
1365	1462	Nuno Lanita	00:25:04	00:49:47	00:49:20	1508		V35	251
1366	4137	Jose Venancio	00:24:57	00:49:48	00:48:44	1376	g.d.chelas	V60	36
1367	2361	Bruno Caramelo	00:25:35	00:49:49	00:48:02	1244	GRCD Leião	V35	252
1368	5286	Rui Custódio	00:25:41	00:49:49	00:49:19	1506		V35	253
1369	5756	Pedro Fontinha	00:25:50	00:49:50	00:48:56	1410		V35	254
1370	1845	Alessandro Aiello	00:24:52	00:49:50	00:48:36	1347	CoworkCascais Running Team	V45	177
1371	1333	António Ramalho	00:25:44	00:49:51	00:49:03	1438		V50	94
1372	638	Hugo Dias	00:25:06	00:49:51	00:49:14	1485		V35	255
1373	4487	Maria Neto	00:25:36	00:49:53	00:48:57	1412		V40	18
1374	3922	Luis Raquel	00:26:26	00:49:53	00:47:45	1204		V50	95
1375	4485	Ana Martins	00:25:36	00:49:53	00:48:58	1421		V45	5
1376	660	José Gonçalves	00:26:15	00:49:55	00:48:39	1355	CLUBE NOVO BANCO	V50	96
1377	1593	Francisco Oliveira	00:26:37	00:49:55	00:48:08	1260	Na Pagas Nada? Team	Senior	359
1378	2182	Hugo Reis	00:27:05	00:49:56	00:48:33	1329		V35	256
1379	206	Pedro Teigas	00:25:44	00:49:57	00:49:37	1566	tartarugas solidarias	V40	270
1380	4457	Nuno Ferreira	00:25:05	00:49:57	00:49:10	1469		V35	257

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1381	1043	Ricardo Rodrigues	00:26:29	00:49:57	00:47:35	1161		Senior	360
1382	325	Luis Antunes	00:24:22	00:49:58	00:49:51	1605		V40	271
1383	769	Ricardo Agostinho	00:24:25	00:49:59	00:49:35	1556		Senior	361
1384	4159	Nuno Matos	00:25:51	00:49:59	00:49:01	1431		V45	178
1385	3012	João Franco	00:24:37	00:49:59	00:49:56	1619	Equipa Tivoli	V40	272
1386	2694	Nuno Marques	00:24:48	00:50:00	00:49:31	1545	RunLovers	Junior	27
1387	924	Fernando Teixeira	00:24:12	00:50:00	00:50:00	1632		V50	97
1388	1042	Irina Freitas	00:26:28	00:50:00	00:47:35	1162		Senior	31
1389	504	Pedro Félix	00:26:56	00:50:01	00:48:16	1282	tartarugas solidarias	V45	179
1390	2574	João Melo	00:25:26	00:50:01	00:49:56	1620		Junior	28
1391	5825	Teresa Sepúlveda	00:24:56	00:50:02	00:49:40	1574	CLUBE OLÍMPICO DE OEIRAS	Senior	32
1392	3317	Fernando Faria	00:24:36	00:50:02	00:49:54	1613	Link	V50	98
1393	6084	Francisco Cruz	00:25:00	00:50:03	00:49:46	1592		V40	273
1394	5937	Hugo Melo	00:26:15	00:50:03	00:47:53	1220		V35	258
1395	5010	Julio Miranda	00:25:05	00:50:03	00:49:46	1593		V55	70
1396	6414	Ricardo Marques	00:26:47	00:50:03	00:49:04	1446		Senior	362
1397	5009	Paulo Brito	00:25:51	00:50:03	00:49:41	1577		V40	274
1398	5898	Carlos Lima	00:25:42	00:50:03	00:47:52	1219	CAT espero	Senior	363
1399	5505	Jose Pereira	00:24:28	00:50:04	00:49:50	1603		V50	99
1400	6003	Carlos Pereira	00:28:20	00:50:04	00:43:33	483		Senior	364

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1401	417	Rui Duarte	00:26:19	00:50:05	00:49:14	1486	tartarugas solidarias	V45	180
1402	5663	Alfredo Falcão	00:25:45	00:50:05	00:49:11	1474		V50	100
1403	5608	Nuno Costa	00:24:08	00:50:05	00:49:56	1618		Senior	365
1404	6485	Soledade Pereira	00:24:34	00:50:06	00:50:02	1641		V45	6
1405	1068	Pedro Lopes	00:24:39	00:50:06	00:49:45	1587		V40	275
1406	6149	Marco Valada	00:25:03	00:50:07	00:49:49	1598		Senior	366
1407	1896	Marcos André	00:24:23	00:50:07	00:50:01	1635		Senior	367
1408	5248	Nuno Ramos	00:26:31	00:50:07	00:48:33	1328		Senior	368
1409	2518	Rui Braz	00:23:50	00:50:07	00:49:59	1630	GDCTINCM	V35	259
1410	3097	Jose Felizardo	00:25:47	00:50:08	00:49:03	1439		V50	101
1411	5622	Fabiana Moura	00:25:17	00:50:08	00:48:55	1402	ROFF	Senior	33
1412	1508	Pedro Ribeiro	00:27:59	00:50:09	00:45:49	799		V40	276
1413	3963	Nuno Pinela	00:24:36	00:50:09	00:50:06	1663		V35	260
1414	3698	Sonia Nascimento	00:26:15	00:50:10	00:48:22	1297	OS MARTINS	V35	19
1415	182	Miguel Garcia	00:24:24	00:50:10	00:49:49	1597		V40	277
1416	3167	Noemia Monteiro	00:24:27	00:50:11	00:49:52	1606		V40	19
1417	6215	João Felix	00:27:37	00:50:11	00:48:12	1268		Senior	369
1418	4236	Catarina Belém	00:25:04	00:50:11	00:49:58	1629	Link	Senior	34
1419	2032	Jorge Barros	00:24:40	00:50:11	00:49:54	1612		V40	278
1420	5641	Rodrigo Mariano	00:25:02	00:50:11	00:49:30	1542	ROFF	V35	261

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1421	194	Paulo Domingues	00:24:41	00:50:12	00:50:04	1653		V40	279
1422	1699	Sérgio Torrinha	00:24:13	00:50:13	00:49:58	1627		Senior	370
1423	4094	Francisco Vaz	00:24:02	00:50:13	00:50:06	1660		V40	280
1424	5324	João Melo	00:24:01	00:50:13	00:50:13	1683	Açoreana Clube Banif	Senior	371
1425	2402	João Silva	00:27:28	00:50:14	00:45:52	811		V35	262
1426	5591	João Fatela	00:26:44	00:50:14	00:48:13	1272	Sonos2ehkesabemos	Junior	29
1427	423	Jorge Martinho	00:27:02	00:50:15	00:46:08	854	Os Galgos	V45	181
1428	1653	Jose Borges	00:25:23	00:50:15	00:49:22	1515		V50	102
1429	4209	Sergio Costa	00:26:29	00:50:16	00:48:14	1276	g.d.chelas	V40	281
1430	6075	Rui Silva	00:26:23	00:50:16	00:48:09	1263		Senior	372
1431	1764	Nuno Ferreira	00:25:07	00:50:17	00:49:54	1614		V40	282
1432	6395	Aurelio Gomes	00:25:24	00:50:17	00:49:05	1451		V55	71
1433	694	António Ribeiro	00:24:48	00:50:18	00:50:15	1689		V60	37
1434	2372	Manuel Martins	00:26:06	00:50:18	00:49:31	1544	GRCD Leião	V70	5
1435	4959	Francisco Bando	00:26:14	00:50:19	00:49:39	1573		V60	38
1436	3765	Rui Vilhena	00:24:29	00:50:19	00:50:03	1645		Senior	373
1437	5623	Vasco Nascimento	00:24:09	00:50:19	00:50:06	1665	ROFF	V35	263
1438	3641	Inês Arrenega	00:24:50	00:50:20	00:50:18	1699		V40	20
1439	4395	João Rangel	00:24:24	00:50:20	00:50:06	1662		V35	264
1440	3634	Pedro Machado	00:26:01	00:50:20	00:49:12	1479		V45	182

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1441	3367	Ricardo Oliveira	00:26:11	00:50:21	00:46:30	917		V35	265
1442	4254	João Dias	00:26:19	00:50:21	00:48:14	1278	CCD Siemens	Senior	374
1443	5510	Luis Nunes	00:25:51	00:50:21	00:49:26	1527		V40	283
1444	6177	Mario Jesus	00:25:11	00:50:21	00:50:09	1671		V40	284
1445	2907	Inês Brito	00:26:23	00:50:21	00:48:07	1256		V40	21
1446	703	Miguel Cruz	00:26:16	00:50:21	00:48:15	1279	BRRnightRUNNERS	V40	285
1447	4219	Sofia Marques	00:26:15	00:50:21	00:48:17	1285	BRRnightRUNNERS	V40	22
1448	222	Pedro Ribeiro	00:24:55	00:50:22	00:49:19	1505		V45	183
1449	3206	Augusto Caria	00:24:58	00:50:22	00:50:21	1713		V60	39
1450	2284	Carolina Cassona	00:24:51	00:50:22	00:50:10	1676	ITQB&Co	Senior	35
1451	5203	Joaquim Pinto	00:24:38	00:50:23	00:50:20	1709		Senior	375
1452	1278	Luís Santos	00:26:08	00:50:23	00:49:12	1475	BRRnightRUNNERS	V40	286
1453	4576	Hugo Crescido	00:28:32	00:50:24	00:45:54	817		V35	266
1454	3482	Paulo Paias	00:25:14	00:50:24	00:50:02	1642	Running Tabata Team Alfragide	V35	267
1455	5090	Rita Rocha	00:25:59	00:50:24	00:49:16	1494		V35	20
1456	3413	Jorge Mafalda	00:25:40	00:50:24	00:49:45	1588		V50	103
1457	3253	João Marques	00:27:56	00:50:25	00:46:06	847	SS CGD	V35	268
1458	3930	Nuno Beijoca	00:26:57	00:50:25	00:46:29	913		V35	269
1459	1084	Carlos Beites	00:25:52	00:50:25	00:49:57	1626		Senior	376
1460	3748	Rui Sertório	00:24:31	00:50:26	00:50:03	1646		V35	270

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1461	560	Nuno Apolo	00:28:42	00:50:27	00:45:04	686	Restaurante O Cartaxeiro	V35	271
1462	561	Hugo Paulo	00:28:42	00:50:27	00:45:04	688	Restaurante O Cartaxeiro	V35	272
1463	5774	Sofia Almeida	00:26:24	00:50:27	00:50:06	1664		Senior	36
1464	3540	Filipa Gonçalves	00:25:06	00:50:29	00:50:17	1698	GDC Banco de Portugal	Senior	37
1465	3541	Gina Cheio	00:25:06	00:50:30	00:50:17	1696	GDC Banco de Portugal	V40	23
1466	4054	Daniel Carvalho	00:25:30	00:50:30	00:50:07	1666		Junior	30
1467	255	João Mendes	00:26:16	00:50:30	00:48:46	1381		V40	287
1468	1773	Catarina Lamego	00:25:56	00:50:30	00:49:55	1616		Senior	38
1469	5888	José Serra	00:25:03	00:50:30	00:50:19	1703	Bué da Serras	V60	40
1470	754	Luís Fortes	00:24:42	00:50:30	00:49:55	1617	THE LAST ONES	V35	273
1471	2267	Ricardo Sousa	00:27:51	00:50:31	00:45:47	794	Central Compras	V35	274
1472	536	João Eduardo	00:26:42	00:50:31	00:49:14	1484	CLUBE NOVO BANCO	V50	104
1473	753	Ricardo Abreu	00:24:26	00:50:31	00:49:57	1624	THE LAST ONES	Senior	377
1474	4040	Marco Botelho	00:25:25	00:50:31	00:49:33	1552	kaninos	V35	275
1475	3993	António Pataco	00:26:22	00:50:31	00:49:12	1480		V35	276
1476	1055	Bartolomeu Pereira	00:25:03	00:50:31	00:50:04	1654		V40	288
1477	1844	Rui Nunes	00:25:50	00:50:31	00:49:17	1495	CoworkCascais Running Team	V40	289
1478	3349	Aldina Marques	00:24:56	00:50:32	00:50:24	1723		V40	24
1479	531	Gonçalo Soares	00:25:02	00:50:33	00:50:09	1672	CLUBE NOVO BANCO	V40	290
1480	43	Cláudio Caseiro	00:26:19	00:50:33	00:49:43	1579		V35	277

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1481	623	João Luis	00:25:33	00:50:33	00:50:05	1657		V40	291
1482	1541	Pedro Santos	00:25:46	00:50:33	00:49:28	1536		V45	184
1483	3669	Diogo Toscano	00:26:15	00:50:34	00:49:07	1458	Rebenta Milhas	V40	292
1484	3068	Luis Martins	00:25:38	00:50:34	00:49:50	1602		V35	278
1485	2906	João Oliveira	00:27:06	00:50:34	00:48:57	1416		Senior	378
1486	4578	Daniel Gondar	00:23:46	00:50:35	00:50:06	1661		V35	279
1487	1417	Luis Mendes	00:26:45	00:50:35	00:49:38	1570		V35	280
1488	2688	Cristiana Cunha	00:24:53	00:50:35	00:50:25	1730		Senior	39
1489	3382	José Serafim	00:26:09	00:50:35	00:49:28	1534		V55	72
1490	2090	Paulo Carvalho	00:25:24	00:50:35	00:49:39	1571		V45	185
1491	6166	Pedro Assunção	00:25:34	00:50:35	00:50:09	1673		V35	281
1492	4547	Tiago Lino	00:27:01	00:50:35	00:48:50	1393	Happy Runners	Senior	379
1493	6099	José Teixeira	00:26:06	00:50:36	00:49:15	1491		V35	282
1494	1954	Carlos Oliveira	00:26:47	00:50:36	00:49:09	1465		V40	293
1495	2778	Carla Beja	00:25:04	00:50:37	00:50:34	1755		V35	21
1496	1614	Paulo Chaves	00:26:45	00:50:37	00:49:09	1463		V50	105
1497	6073	Sérgio Calvo	00:24:54	00:50:37	00:49:37	1564		V35	283
1498	886	Flavio Monteiro	00:28:00	00:50:39	00:48:21	1294		V40	294
1499	4434	Tiago Ramalho	00:25:43	00:50:39	00:49:07	1456		V35	284
1500	981	Margarida Chambel	00:25:13	00:50:39	00:50:11	1679		V40	25

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1501	5956	Tiago Cardoso	00:25:26	00:50:40	00:49:06	1455	KPMG	Senior	380
1502	4966	Nuno Martins	00:25:50	00:50:41	00:50:22	1715		V40	295
1503	1891	Alberto Botas	00:26:01	00:50:41	00:49:44	1581		V50	106
1504	332	Paulo Vieira	00:29:13	00:50:41	00:43:35	490		V45	186
1505	510	Paulo Veríssimo	00:25:46	00:50:41	00:49:37	1562	CLUBE NOVO BANCO	V45	187
1506	3863	Cristina Antunes	00:25:18	00:50:42	00:50:19	1704		V40	26
1507	3862	Eduardo Oliveira	00:25:18	00:50:42	00:50:19	1707		V40	296
1508	3295	Paulo Sergio	00:26:50	00:50:42	00:49:25	1524		V40	297
1509	1650	Filipe Barbieri	00:25:38	00:50:42	00:48:48	1387		V40	298
1510	5299	Artur Mendes	00:26:54	00:50:42	00:49:20	1509		Senior	381
1511	610	Nuno Malaquias	00:25:41	00:50:42	00:50:12	1680		V35	285
1512	1877	João Priolé	00:25:31	00:50:42	00:50:02	1639	FALCÕES SELVAGENS	V45	188
1513	2145	Nuno Maia	00:26:06	00:50:43	00:50:23	1721	Team Pernetas	V35	286
1514	2147	Júlio Ferreira	00:26:05	00:50:43	00:50:24	1724	Team Pernetas	V40	299
1515	6403	Mátraí Sándor	00:27:13	00:50:43	00:49:29	1538		V45	189
1516	826	Paulo Martins	00:25:23	00:50:43	00:50:03	1643		V40	300
1517	2431	Carlos Carvalhas	00:27:29	00:50:43	00:49:00	1427		V55	73
1518	2681	José Correia	00:25:23	00:50:43	00:49:58	1628		V45	190
1519	1676	Carlos Martins	00:25:00	00:50:44	00:50:34	1752	GDINE	V55	74
1520	1515	Hugo Pereira	00:25:28	00:50:44	00:50:00	1631	Os 5	V35	287

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1521	5736	Bruno Pinto	00:26:21	00:50:44	00:49:31	1546		Senior	382
1522	5125	Francisco Vasconcelos	00:25:54	00:50:45	00:49:37	1560	Muralha	Senior	383
1523	1159	Fernando Oliveira	00:24:22	00:50:46	00:50:37	1768		V45	191
1524	3148	João Passeiro	00:26:09	00:50:46	00:50:07	1667	A.D.C.Catuja	V50	107
1525	935	Rui Pinto	00:25:19	00:50:46	00:50:35	1758		V60	41
1526	4669	Miguel Barradas	00:26:17	00:50:46	00:49:14	1482		V40	301
1527	5611	Eloi Pereira	00:25:31	00:50:47	00:49:26	1526		Senior	384
1528	2781	Vasco Bernardo	00:26:25	00:50:47	00:49:07	1457		V35	288
1529	891	Luis Nunes	00:26:07	00:50:47	00:49:04	1445		V40	302
1530	3638	Marco Batista	00:27:45	00:50:47	00:49:12	1476		Senior	385
1531	2849	Cláudia Silva	00:25:31	00:50:47	00:50:27	1735	Lebres da Lapa	Senior	40
1532	2870	Anabela Carvalho	00:25:51	00:50:49	00:50:29	1739		V35	22
1533	31	Paulo Tainha	00:25:14	00:50:49	00:50:49	1797		V50	108
1534	2238	Claudia Ferreira	00:26:20	00:50:50	00:50:04	1648		V45	7
1535	3775	David Carias	00:26:03	00:50:50	00:49:26	1529	TroubleMakers	Senior	386
1536	280	Paulo Lopes	00:28:29	00:50:50	00:48:36	1343	paulos	Senior	387
1537	4722	João Ribeiro	00:30:47	00:50:51	00:42:54	413	Maria Guga	Senior	388
1538	1904	Rui Sanches	00:27:04	00:50:51	00:49:44	1585		V40	303
1539	2522	Bruna Cristão	00:26:53	00:50:51	00:49:14	1481	Aqua Runners/Mais que Cuidar Team	Senior	41
1540	1531	José Santos	00:27:04	00:50:51	00:49:44	1584		V55	75

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1541	6415	João Rodrigues	00:26:17	00:50:52	00:50:23	1720	SS CGD	V35	289
1542	3841	André Reis	00:26:00	00:50:52	00:49:28	1533	Pinguins do Ártico	V35	290
1543	1029	António Martnho	00:25:14	00:50:52	00:50:51	1803		V60	42
1544	6046	Patricia Encarnacao	00:25:26	00:50:53	00:50:52	1806		V40	27
1545	5897	Pedro Mendes	00:26:18	00:50:53	00:48:42	1370	CAT espero	Senior	389
1546	5931	António Moita	00:26:30	00:50:53	00:50:08	1670	BRRnightRUNNERS	V55	76
1547	4927	José Lourenço	00:29:04	00:50:53	00:44:16	580	Correr Queluz	Senior	390
1548	3207	Sérgio Rodrigues	00:25:39	00:50:53	00:49:26	1531		Senior	391
1549	713	Mário Machado	00:25:50	00:50:53	00:49:56	1622		V40	304
1550	635	Marta Cunha	00:25:51	00:50:54	00:50:50	1800		Senior	42
1551	1688	Paulo Silva	00:26:03	00:50:55	00:50:00	1633	AFDD - RUN CREW TRAIL MONTIJO	V45	192
1552	6182	Carlos Graça	00:26:41	00:50:55	00:50:01	1636		Senior	392
1553	1135	Ivo Claro	00:26:06	00:50:55	00:50:05	1659	tartarugas solidarias	V35	291
1554	2012	Rui Chaves	00:25:43	00:50:56	00:50:01	1637		Senior	393
1555	4651	Tiago Teixeira	00:22:58	00:50:56	00:50:49	1795		V35	292
1556	1473	Fernando Teixeira	00:25:46	00:50:56	00:50:00	1634		V40	305
1557	1761	Rodrigo Godinho	00:26:33	00:50:57	00:49:23	1519	Restaurante O Cartaxeiro	Junior	31
1558	6152	Pedro Barros	00:25:11	00:50:57	00:50:31	1743		V40	306
1559	3729	Lucas Hutim	00:24:49	00:50:57	00:50:37	1766		Senior	394
1560	1020	Bruno Correia	00:27:31	00:50:57	00:48:59	1423		Senior	395

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1561	2529	André Beselga	00:27:43	00:50:57	00:48:55	1400	Ervilha	Senior	396
1562	6453	Simão Castro	00:28:49	00:50:58	00:43:32	480		Senior	397
1563	2409	Gonçalo Valente	00:27:31	00:50:58	00:49:48	1595	Gokky	V35	293
1564	3306	Miguel Dias	00:26:49	00:50:58	00:50:04	1655	OH IVO OLHA AS PONCHAS	V40	307
1565	2365	Fernando Pestana	00:24:35	00:51:00	00:50:54	1810	GRCD Leião	V65	9
1566	2146	Ricardo Dias	00:26:05	00:51:00	00:50:40	1777	Team Pernetas	V35	294
1567	626	Avelino Rodrigues	00:24:57	00:51:01	00:50:33	1748		V50	109
1568	2974	João Marques	00:26:01	00:51:01	00:48:09	1262	Badjorans	Senior	398
1569	2117	Ricardo Neves	00:25:21	00:51:02	00:50:36	1762	tartarugas solidarias	V35	295
1570	2530	Ricardo Pires	00:27:43	00:51:02	00:48:59	1425	Ervilha	Senior	399
1571	1072	João Granja	00:24:39	00:51:02	00:50:57	1820		V35	296
1572	2695	Cristina Caldeira	00:25:12	00:51:03	00:50:35	1759	RunLovers	V45	8
1573	1325	Amandio Busca	00:25:20	00:51:03	00:50:55	1813		V45	193
1574	914	Alberto Monteiro	00:26:12	00:51:03	00:50:44	1788		V40	308
1575	2502	Estela Gonçalves	00:25:17	00:51:03	00:50:50	1802	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V35	23
1576	1324	Luis Garção	00:25:19	00:51:03	00:50:57	1821		V45	194
1577	898	Luis Romaneiro	00:26:12	00:51:03	00:50:44	1787		V55	77
1578	5842	Paulo Padrão	00:24:49	00:51:04	00:51:00	1831		V45	195
1579	1722	Aleixo Dores	00:26:34	00:51:04	00:50:05	1656		V35	297
1580	4655	Fábio Boletto	00:27:14	00:51:04	00:49:45	1586	Grupo Desportivo Tetra Pak	Senior	400

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1581	3645	Sérgio Afonso	00:26:09	00:51:04	00:50:16	1694		V35	298
1582	394	Ricardo Figueiredo	00:26:04	00:51:05	00:50:09	1674		V40	309
1583	5776	Ricardo Araújo	00:26:30	00:51:05	00:49:52	1607		Senior	401
1584	3183	Manuel Teixeira	00:25:48	00:51:05	00:50:44	1790		V60	43
1585	1512	João Thurler	00:26:51	00:51:06	00:49:44	1583		Senior	402
1586	1513	Italo Cerqueira	00:26:49	00:51:06	00:49:44	1582		Senior	403
1587	3869	João Batista	00:27:45	00:51:07	00:49:32	1547		Senior	404
1588	3007	Hernâni Pinto	00:25:40	00:51:07	00:50:05	1658	Equipa Tivoli	V35	299
1589	1483	Nuno Melo	00:26:21	00:51:08	00:49:53	1610		Senior	405
1590	5951	Marco Dias	00:26:57	00:51:08	00:49:37	1565	KPMG	Senior	406
1591	3199	Pedro Santos	00:24:29	00:51:08	00:51:07	1851		V50	110
1592	2358	António Sarilho	00:25:24	00:51:09	00:51:02	1835	GRCD Leião	V50	111
1593	5579	Helder Marques	00:25:59	00:51:09	00:50:45	1791	Mr.optic,lda	V35	300
1594	4381	Delfim Pratas	00:25:51	00:51:09	00:50:18	1700		V45	196
1595	5893	Henrique Santos	00:26:10	00:51:10	00:50:39	1773	Juventude Atlético Clube	V50	112
1596	5019	António Quintas	00:26:39	00:51:10	00:49:17	1500		V45	197
1597	3019	José Moga	00:25:24	00:51:11	00:51:00	1829	Amigos Vale Silencio	V55	78
1598	241	João Reis	00:26:00	00:51:11	00:50:48	1794	Cascais Pandilha redux	V40	310
1599	1667	Tiago Cardaopito	00:26:25	00:51:11	00:50:02	1640		V35	301
1600	6082	Adérito Marques	00:27:38	00:51:11	00:49:11	1471		V40	311

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1601	3619	Ricardo Pereira	00:25:08	00:51:11	00:50:35	1761		Senior	407
1602	6116	Emanuel Simões	00:26:16	00:51:11	00:49:23	1518		Senior	408
1603	995	Fernando Lopes	00:27:01	00:51:11	00:49:55	1615	Gil Eanes Running	V40	312
1604	895	Joao Borges	00:25:46	00:51:11	00:50:43	1785		V50	113
1605	3250	Francisco Clerigo	00:25:25	00:51:12	00:50:47	1793	SS CGD	V60	44
1606	3488	Sérgio Balseiro	00:25:17	00:51:12	00:51:11	1861		V40	313
1607	1975	Kristine Reis	00:25:53	00:51:13	00:51:09	1858	NAV Runners	V35	24
1608	2684	Tiago Catalão	00:25:45	00:51:13	00:50:14	1688	Caracóis Turbinados	Senior	409
1609	2789	Paulino Pacheco	00:25:00	00:51:13	00:50:57	1822		V55	79
1610	2339	Ana Mendes	00:26:38	00:51:13	00:50:21	1711		V35	25
1611	3723	Diogo Pereira	00:29:07	00:51:13	00:44:34	621		Senior	410
1612	2273	António Vale	00:29:21	00:51:14	00:45:22	724	Os Conta-Kilómetros	Senior	411
1613	2113	Dinis Candeias	00:25:22	00:51:14	00:50:59	1827		V35	302
1614	4551	Duarte Nobre	00:27:08	00:51:14	00:49:33	1551	Happy Runners	Senior	412
1615	4799	Ricardo Tonel	00:25:36	00:51:14	00:51:14	1864		V35	303
1616	1964	António Vieira	00:26:14	00:51:15	00:50:20	1710		V55	80
1617	2727	Armando Valente	00:26:56	00:51:15	00:51:07	1850	Os Estrunfes	V45	198
1618	3186	Rui Perdigao	00:26:49	00:51:15	00:48:57	1413		Senior	413
1619	5020	Paulo Ruivo	00:26:37	00:51:15	00:49:46	1591		Senior	414
1620	3070	Francisco Jesus	00:25:48	00:51:15	00:50:37	1764		V55	81

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1621	4617	Dulce Reis	00:27:03	00:51:16	00:49:50	1601		V45	9
1622	929	Pedro Caetano	00:25:38	00:51:16	00:51:04	1839		V35	304
1623	1013	Gonçalo Garcia	00:26:37	00:51:16	00:49:09	1464		V35	305
1624	6175	Tiago Santos	00:29:06	00:51:16	00:44:42	640		Senior	415
1625	606	Paulo Borges	00:28:58	00:51:17	00:46:09	857		Senior	416
1626	1753	Miguel Vinagre	00:25:10	00:51:17	00:50:53	1808	CCD Crédito Agrícola Mútuo	V40	314
1627	3386	Rogério Graça	00:26:33	00:51:17	00:49:17	1497		V35	306
1628	1040	Ricardo Cano	00:27:23	00:51:17	00:50:23	1719	Clube Atletismo Amigos de Belém	V35	307
1629	1540	Carlos Cruz	00:26:58	00:51:17	00:49:21	1511		V45	199
1630	4096	Pedro Ferreira	00:26:47	00:51:17	00:49:54	1611		V35	308
1631	6431	Tomasz Kubisz	00:28:25	00:51:19	00:44:46	649		V35	309
1632	3994	Nuno Veneranda	00:25:04	00:51:19	00:51:06	1849		Senior	417
1633	4165	João Marques	00:28:38	00:51:20	00:47:06	1049	GRD.Ribeira da Lage	V50	114
1634	5781	Humberto Canilhas	00:25:51	00:51:20	00:50:51	1805		V35	310
1635	946	Carlos Costa	00:26:03	00:51:20	00:50:13	1686		V50	115
1636	4582	Beckas Carramona	00:25:21	00:51:20	00:51:03	1838		Senior	418
1637	4759	Gabriela Levitschi	00:25:29	00:51:21	00:51:13	1863		V45	10
1638	6448	Rachel Bown	00:27:20	00:51:21	00:50:24	1725		V40	28
1639	3687	André Almeida	00:28:35	00:51:22	00:46:28	912	Correr Queluz	Senior	419
1640	2327	Rodrigo Oliveira	00:27:14	00:51:22	00:47:20	1103	FC Estrelas Lisboa	V35	311

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1641	1588	José Almada	00:25:01	00:51:22	00:51:07	1852	Os Coxos	V35	312
1642	5871	André Ferreira	00:24:39	00:51:22	00:51:08	1856		Junior	32
1643	3347	Bruno Azambujo	00:25:11	00:51:23	00:51:08	1857		V40	315
1644	2704	Eduardo Lopes	00:26:05	00:51:23	00:51:05	1841		V40	316
1645	5941	Tania Braukamper	00:26:34	00:51:24	00:50:13	1684		Senior	43
1646	4981	Pedro Salgado	00:27:00	00:51:24	00:50:25	1728		V45	200
1647	154	Patrícia Silva	00:26:50	00:51:25	00:49:40	1575	tartarugas solidarias	V35	26
1648	2686	Rui Figueira	00:26:37	00:51:25	00:50:08	1669		V35	313
1649	1460	Antonio Lima	00:25:45	00:51:25	00:51:25	1899		V50	116
1650	2729	Josué Xavier	00:26:09	00:51:26	00:51:19	1881	Os Estrunfes	V35	314
1651	1273	Sérgio Pedro	00:27:00	00:51:27	00:50:34	1751		Senior	420
1652	4246	João Silva	00:26:09	00:51:27	00:50:51	1804		Senior	421
1653	6126	José Lopes	00:24:47	00:51:27	00:51:23	1892		V55	82
1654	4426	João Barros	00:26:17	00:51:28	00:49:48	1596		V40	317
1655	1919	Anna Balejko	00:26:18	00:51:28	00:50:04	1650	BRRnightRUNNERS	V35	27
1656	1889	Miguel Gonçalves	00:27:07	00:51:28	00:50:17	1697		Senior	422
1657	6247	Gustavo Maya	00:28:22	00:51:28	00:49:39	1572		Senior	423
1658	23	Manuel Sobral	00:25:20	00:51:29	00:51:22	1889		V70	6
1659	3292	Rui Costa	00:28:34	00:51:30	00:46:33	924		Senior	424
1660	5441	Dinis Silva	00:25:29	00:51:30	00:51:18	1879		V55	83

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1661	3629	Sérgio Dionísio	00:26:58	00:51:30	00:50:27	1736		V45	201
1662	3131	Angelo Marcos	00:25:32	00:51:32	00:51:08	1853	Run2Goal	Senior	425
1663	5491	José Galveia	00:25:40	00:51:32	00:51:19	1882	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V60	45
1664	2679	Carlo Costa	00:27:22	00:51:32	00:49:14	1487		V40	318
1665	5653	Sérgio Pires	00:26:18	00:51:32	00:51:15	1870		V35	315
1666	5382	Joao Sebo	00:24:53	00:51:32	00:50:22	1714		Senior	426
1667	2462	Joaquim Gonçalves	00:26:50	00:51:33	00:49:49	1599		V45	202
1668	1322	Victor Isidoro	00:27:33	00:51:33	00:49:24	1521		Senior	427
1669	171	João Carvalho	00:26:28	00:51:33	00:50:04	1651		V35	316
1670	4016	Carla Carneiro	00:27:07	00:51:34	00:50:08	1668	Correr Lisboa	V45	11
1671	2080	Rui Cabral	00:25:20	00:51:34	00:51:25	1898	Masters Water Polo - Bamboora Gaming	V45	203
1672	4116	Pedro Pereira	00:24:37	00:51:35	00:51:15	1867	Evolution	V40	319
1673	685	Hugo Gonçalves	00:26:16	00:51:35	00:50:57	1819		Senior	428
1674	6284	Sónia Pires	00:27:12	00:51:36	00:50:41	1779		V35	28
1675	1053	Mário Nunes	00:27:18	00:51:36	00:50:15	1691		V55	84
1676	2731	Sandra Cardoso	00:26:08	00:51:37	00:51:30	1913	Os Estrunfes	V40	29
1677	4250	Jorge Rosa	00:25:45	00:51:37	00:50:36	1763		Senior	429
1678	2413	Paula Santos	00:27:40	00:51:37	00:49:47	1594	Grupo Estádio Nacional	V35	29
1679	5036	Sílvia Martins	00:26:29	00:51:37	00:49:50	1600		V40	30
1680	5005	Fernando Arvelaiz	00:24:20	00:51:37	00:51:23	1894		Senior	430

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1681	2879	Ana Lobão	00:26:10	00:51:37	00:50:04	1652		Senior	44
1682	5507	João Neves	00:24:27	00:51:37	00:51:35	1933		V35	317
1683	329	Francisco Sardinha	00:25:06	00:51:38	00:51:29	1911		V45	204
1684	2430	Paulo Alves	00:27:30	00:51:39	00:49:20	1507		V35	318
1685	4302	Claire Vasquez	00:26:20	00:51:40	00:51:38	1943	Hiscox Lions	Senior	45
1686	2594	Jorge Neto	00:24:53	00:51:41	00:51:41	1954		V40	320
1687	19	Hugo Ferreira	00:24:19	00:51:41	00:51:04	1840		Senior	431
1688	3376	Antonio Freire	00:27:30	00:51:42	00:49:38	1569		V40	321
1689	1623	Acácio Clemente	00:26:08	00:51:42	00:50:24	1722		V45	205
1690	6024	Rúben Godinho	00:27:54	00:51:42	00:50:52	1807		Senior	432
1691	265	Paulo Santos	00:26:04	00:51:43	00:51:18	1880		V50	117
1692	22	João Crisóstomo	00:26:04	00:51:43	00:51:17	1876		V50	118
1693	138	João Antunes	00:26:04	00:51:43	00:51:18	1877		V60	46
1694	6198	Edson Soares	00:27:37	00:51:43	00:49:43	1578		Senior	433
1695	4265	Lino Vaz	00:26:11	00:51:43	00:50:41	1778		V40	322
1696	4534	Hugo Marreiros	00:27:56	00:51:43	00:49:28	1535		Senior	434
1697	1121	Miguel Vivas	00:23:53	00:51:44	00:51:28	1910		Senior	435
1698	5580	Ruben Marques	00:26:00	00:51:44	00:51:20	1885	Mr.optic,lda	Junior	33
1699	522	Vanda Murteira	00:25:59	00:51:44	00:50:27	1734	CLUBE NOVO BANCO	V40	31
1700	3083	Daniel Valente	00:26:21	00:51:44	00:51:26	1906		V35	319

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1701	4003	Patricia Rocha	00:27:38	00:51:45	00:50:25	1727		V35	30
1702	3677	Goncalo Mesquita	00:26:16	00:51:45	00:50:19	1705	Rebenta Milhas	V35	320
1703	3670	Miguel Duarte	00:26:17	00:51:45	00:50:21	1712	Rebenta Milhas	V35	321
1704	6138	Pedro Afonso	00:25:49	00:51:46	00:50:31	1745	ZêPê	V35	322
1705	509	Paula Jacob	00:28:38	00:51:47	00:47:17	1093	CLUBE NOVO BANCO	V35	31
1706	3392	Daniel Ouro	00:25:01	00:51:48	00:51:33	1920		V35	323
1707	6484	Elisabete Koski	00:26:48	00:51:48	00:50:42	1781		V50	6
1708	413	Constantino Pinto	00:26:52	00:51:49	00:50:18	1702		V50	119
1709	4825	Ana Silva	00:26:27	00:51:49	00:50:35	1756		Senior	46
1710	1265	Jose Henriques	00:26:04	00:51:50	00:51:25	1903		V40	323
1711	1266	Marina Henriques	00:26:04	00:51:51	00:51:26	1908		V50	7
1712	151	Ana Marques	00:25:35	00:51:51	00:51:35	1931	BRRnightRUNNERS	V45	12
1713	5837	Adérito Carrelhas	00:25:17	00:51:51	00:51:45	1969		V60	47
1714	562	Joaquim Costa	00:27:05	00:51:52	00:49:56	1621	Arco Iris	V60	48
1715	2867	Tiago Almeida	00:27:05	00:51:53	00:50:39	1775		V35	324
1716	4162	Bruno Gonçalves	00:26:02	00:51:53	00:51:38	1946		Senior	436
1717	5799	Agnelo Soares	00:24:42	00:51:53	00:51:50	1983		Junior	34
1718	6036	Tito Vieira	00:27:54	00:51:54	00:50:23	1718		Senior	437
1719	4865	Inês Pereira	00:26:22	00:51:54	00:51:11	1862		Senior	47
1720	1494	Licinia Rego	00:25:44	00:51:54	00:51:43	1963	G. R. D. Ribeira da Lage	V45	13

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1721	1090	Pedro Dias	00:27:08	00:51:55	00:47:20	1105	Pai e Filho	V45	206
1722	3172	Nuno Oliveira	00:23:25	00:51:56	00:51:25	1901		Senior	438
1723	4479	Samuel Fonseca	00:26:24	00:51:56	00:51:29	1912		V45	207
1724	1587	Luís Costa	00:25:26	00:51:56	00:51:41	1956	Os Coxos	Senior	439
1725	1559	Luís Santana	00:27:03	00:51:56	00:50:30	1742		V50	120
1726	5434	Fabio Correia	00:25:52	00:51:56	00:51:26	1907		Senior	440
1727	3348	Rui Costa	00:27:05	00:51:57	00:50:56	1814		Senior	441
1728	1275	Frederico Antunes	00:27:31	00:51:57	00:49:44	1580	Gazelas Do tempo	Senior	442
1729	1892	Pedro Gomes	00:26:56	00:51:57	00:51:05	1842		Senior	443
1730	5080	Tiago Reis	00:26:32	00:51:57	00:51:35	1932		V35	325
1731	5620	Tiago Vaz	00:26:04	00:51:57	00:51:42	1959	ROFF	V35	326
1732	3094	João Urbano	00:26:07	00:51:58	00:50:56	1815		Senior	444
1733	1622	Arlindo Miguel	00:26:43	00:51:58	00:51:39	1947		V45	208
1734	5858	Nelson Pereira	00:26:36	00:51:58	00:51:14	1865		Senior	445
1735	1217	Henrique Horta	00:24:44	00:51:58	00:51:21	1887		V50	121
1736	498	Nelson Joao	00:25:20	00:51:58	00:51:32	1919		Senior	446
1737	5782	Ricardo Matos	00:27:54	00:51:59	00:50:23	1716		V35	327
1738	4705	António Gonçalves	00:27:24	00:51:59	00:51:06	1848		V40	324
1739	6381	Andreia Rodrigues	00:26:20	00:51:59	00:51:31	1918		Senior	48
1740	4929	Victor Santos	00:26:54	00:52:00	00:51:00	1830		V45	209

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1741	3656	Carlos Santos	00:26:34	00:52:01	00:50:15	1690	Lost Runners	Senior	447
1742	4458	António Godinho	00:25:26	00:52:01	00:51:37	1937		V55	85
1743	6245	Antonio Bernardes	00:27:05	00:52:02	00:50:35	1757	Os Carregueirenses	V65	10
1744	3958	Tiago Saruga	00:27:27	00:52:02	00:49:46	1590		Senior	448
1745	6347	Filipa Vilar	00:26:04	00:52:02	00:51:10	1860		Senior	49
1746	2709	Cristiano Rodrigues	00:28:56	00:52:04	00:47:13	1078	ACP	Senior	449
1747	3949	Maria Ribeiro	00:26:21	00:52:04	00:51:36	1935		V40	32
1748	2936	Bruno Correia	00:28:26	00:52:04	00:47:24	1120		Senior	450
1749	658	Manuel Anastácio	00:27:24	00:52:04	00:50:34	1753	CLUBE NOVO BANCO	V45	210
1750	137	Joaquim Silva	00:26:47	00:52:04	00:50:43	1784	AC Portalegre / UTSM	V40	325
1751	1487	José Cerqueira	00:26:16	00:52:04	00:50:25	1729	Semprabrir	Senior	451
1752	1771	Pedro Lopes	00:27:52	00:52:05	00:47:45	1200	Run Buddy Run	V40	326
1753	6083	Francisco Lopes	00:25:59	00:52:05	00:51:56	2001		V50	122
1754	5590	Francisco Fatela	00:27:14	00:52:05	00:50:04	1649	Sonos2ehkesabemos	V50	123
1755	5930	Romão Moita	00:27:05	00:52:05	00:51:16	1873	BRRnightRUNNERS	V50	124
1756	3106	Antonio Teixeira	00:26:36	00:52:06	00:51:58	2003		V55	86
1757	1803	Jorge Matos	00:26:16	00:52:06	00:51:46	1973		V45	211
1758	3054	João Abreu	00:27:40	00:52:06	00:50:58	1825		V40	327
1759	2299	Elisa Piteira	00:26:05	00:52:07	00:51:34	1928		V50	8
1760	6219	Filipe Paixão	00:27:29	00:52:07	00:51:01	1832		V40	328

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1761	6074	Clara Schott	00:25:30	00:52:07	00:51:34	1927		Senior	50
1762	296	Fernanda Moura	00:26:37	00:52:08	00:50:54	1811		V50	9
1763	539	Jorge Monteiro	00:27:24	00:52:08	00:50:39	1774	CLUBE NOVO BANCO	V45	212
1764	925	Hugo Araujo	00:25:39	00:52:08	00:51:57	2002		V35	328
1765	6371	Sofia Santos	00:26:25	00:52:09	00:51:16	1871		Senior	51
1766	5908	Ricardo Fouto	00:26:55	00:52:09	00:50:10	1675	Dupla dos Moinhos	V35	329
1767	5265	Carla Nicomédio	00:26:01	00:52:09	00:51:33	1924		V40	33
1768	5504	Luís Filipe	00:26:24	00:52:09	00:50:38	1769		Senior	452
1769	2428	Manuel Sebastiao	00:27:36	00:52:09	00:51:23	1895		V35	330
1770	1659	António Murta	00:28:19	00:52:09	00:51:01	1834		V55	87
1771	2705	Nelson Roldão	00:26:09	00:52:09	00:51:25	1897		V40	329
1772	6101	Sofia Caetano	00:25:33	00:52:10	00:51:36	1936		V40	34
1773	3113	Marco Cachinho	00:28:20	00:52:10	00:47:26	1135	kaninos	V35	331
1774	5978	Neves Silva	00:26:52	00:52:10	00:50:57	1818	Clube Ferroviário de Portugal	V60	49
1775	697	Nuno Barreto	00:27:21	00:52:10	00:51:23	1893		V40	330
1776	410	Luis Isidoro	00:25:03	00:52:11	00:51:44	1966		Senior	453
1777	5650	António Ferreira	00:25:10	00:52:11	00:52:01	2018		V45	213
1778	630	Isabel Gomes	00:25:55	00:52:11	00:51:45	1967		V45	14
1779	4702	José Mendes	00:26:01	00:52:11	00:51:54	1996		V55	88
1780	6306	António Santos	00:27:27	00:52:12	00:50:50	1799		V55	89

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1781	4011	José Afecto	00:26:57	00:52:12	00:50:26	1733	PRAFIT CLUB	V60	50
1782	5226	Jose Andre	00:27:39	00:52:12	00:50:13	1682	ÃPOGMA	V60	51
1783	5258	Samuel Martins	00:25:39	00:52:13	00:51:43	1962	Solera Runners	V35	332
1784	5225	Helder Gandarinho	00:27:40	00:52:13	00:50:13	1681	ÃPOGMA	V45	214
1785	6140	David Dionisio	00:26:15	00:52:13	00:52:08	2046	Fúria da noite	V40	331
1786	1100	Nuno Pereira	00:25:47	00:52:14	00:52:10	2052	Sporting Clube de Casainhos	V40	332
1787	2627	Margarida Vitorino	00:29:24	00:52:14	00:45:32	751	Big Great Team	Senior	52
1788	5688	Thelmo Cunha	00:27:24	00:52:14	00:50:43	1786	Odebrecht Portugal	V55	90
1789	5007	Clara Raimundo	00:25:27	00:52:14	00:52:06	2032		V35	32
1790	5752	Miguel Martinha	00:25:47	00:52:14	00:51:09	1859		V40	333
1791	2575	José Melo	00:25:26	00:52:14	00:52:08	2045		V40	334
1792	1464	Carlos Quadros	00:27:30	00:52:16	00:50:56	1816		V45	215
1793	3160	Luís Santos	00:27:14	00:52:16	00:50:33	1749		V40	335
1794	3767	Tomé Santos	00:27:59	00:52:16	00:50:10	1678		Senior	454
1795	4583	Alexandre Silva	00:28:47	00:52:17	00:50:03	1647		Senior	455
1796	3189	Antonio Fonseca	00:25:21	00:52:17	00:52:01	2017		V65	11
1797	4649	José Lopes	00:28:47	00:52:17	00:50:03	1644		V55	91
1798	2266	José Murtinha	00:25:14	00:52:18	00:52:10	2056	Central Compras	V55	92
1799	6069	Susana Santos	00:26:29	00:52:18	00:51:50	1982		Senior	53
1800	4243	César Zigue	00:26:10	00:52:18	00:51:41	1951	Sarapitolas Team	Senior	456

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1801	702	Hugo Lopes	00:25:11	00:52:19	00:51:54	1997		Senior	457
1802	3618	Luis Ferreira	00:25:35	00:52:19	00:51:43	1964		V35	333
1803	4182	António Serra	00:27:51	00:52:19	00:50:16	1693		V55	93
1804	6293	David Duarte	00:26:35	00:52:20	00:51:08	1854		Junior	35
1805	953	Suzana Morais	00:25:55	00:52:20	00:51:50	1987		V50	10
1806	5179	Filipe Gonçalves	00:27:29	00:52:20	00:51:05	1843		V40	336
1807	6206	Daniel Machado	00:26:43	00:52:21	00:50:17	1695		Senior	458
1808	3455	Luís Pires	00:26:58	00:52:22	00:51:49	1980	GFD Running	V45	216
1809	4470	Nuno Amade	00:26:58	00:52:22	00:51:50	1985	GFD Running	Senior	459
1810	5085	Mauro Lage	00:26:19	00:52:22	00:51:55	1999		Senior	460
1811	2851	Mário Costa	00:27:10	00:52:22	00:51:22	1891	Lebres da Lapa	V35	334
1812	836	Casimiro Silva	00:25:52	00:52:23	00:52:05	2030		V40	337
1813	3849	Jose Santos	00:27:19	00:52:23	00:51:38	1941		V40	338
1814	4112	Pedro Sobreiro	00:27:52	00:52:23	00:51:31	1917	Amélia Valentim Frazão	V40	339
1815	13	Ricardo Gameiro	00:26:49	00:52:24	00:51:34	1929		V40	340
1816	1320	Renato Soares	00:28:19	00:52:24	00:50:13	1687		V35	335
1817	2942	Mónica Domingos	00:28:15	00:52:24	00:50:58	1824		Senior	54
1818	1145	Tiago Marques	00:28:21	00:52:24	00:50:31	1744	Treino do Monge	Senior	461
1819	1321	Hugo Soares	00:28:20	00:52:25	00:50:15	1692		V35	336
1820	3217	Orlando Nunes	00:26:26	00:52:26	00:51:41	1953		V35	337

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1821	1911	Jose Felgueiras	00:26:45	00:52:27	00:52:00	2012	os papa km	V50	125
1822	1326	Rute Santos	00:26:22	00:52:27	00:52:08	2038		V45	15
1823	1969	Susi Carvalho	00:25:52	00:52:27	00:52:14	2069	BRRnightRUNNERS	V45	16
1824	1965	André Gutierrez	00:25:14	00:52:27	00:52:08	2042	BRRnightRUNNERS	Senior	462
1825	424	Eurico Nicho	00:29:47	00:52:28	00:46:15	872	Os Galgos	V50	126
1826	4564	Ricardo Feijão	00:27:28	00:52:28	00:50:13	1685		Senior	463
1827	123	Sandra Arraias	00:26:30	00:52:28	00:52:00	2008	Os Arraias	Senior	55
1828	4733	Vitor Escária	00:26:59	00:52:28	00:52:22	2096	escaria&friends	V40	341
1829	2669	Antonio Ribeiro	00:26:10	00:52:29	00:51:51	1989		V50	127
1830	5812	António Bila	00:26:31	00:52:30	00:52:08	2039	CLUBE OLÍMPICO DE OEIRAS	V55	94
1831	6058	João Gomes	00:24:54	00:52:30	00:52:30	2117		V45	217
1832	2786	Nuno Diogo	00:26:51	00:52:30	00:51:38	1945		V40	342
1833	6230	Sergio Martins	00:26:09	00:52:31	00:52:11	2061		V35	338
1834	290	Fernando Vergamota	00:26:49	00:52:32	00:52:15	2073		V60	52
1835	2951	Sérgio Coimbra	00:25:30	00:52:33	00:52:08	2044		V40	343
1836	2780	Pedro Araujo	00:26:20	00:52:33	00:52:24	2101		V60	53
1837	2179	Manuel Flor	00:26:46	00:52:33	00:52:06	2034		V65	12
1838	5555	Manuel Rosa	00:25:08	00:52:34	00:52:00	2010	LxOutdoor	Senior	464
1839	4494	José Teles	00:26:35	00:52:34	00:52:07	2037		V50	128
1840	4146	João Peixoto	00:26:45	00:52:34	00:51:38	1944	Asas nos Pés	V35	339

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1841	4526	Americo Gomes	00:27:35	00:52:34	00:51:20	1883		V45	218
1842	4844	Cátia Jardim	00:28:13	00:52:35	00:50:24	1726		Senior	56
1843	4711	Miguel Gouveia	00:28:13	00:52:35	00:50:23	1717		V35	340
1844	4217	Cecilia Tavares	00:25:46	00:52:36	00:52:27	2108	g.d.chelas	V45	17
1845	2700	Iris Mauricio	00:25:19	00:52:36	00:52:19	2084	RunLovers	V35	33
1846	1044	Nuno Santos	00:26:45	00:52:36	00:52:10	2057		V40	344
1847	6472	Bruno Lopes	00:27:18	00:52:36	00:51:42	1957		Senior	465
1848	6076	Cristina Luís	00:28:00	00:52:37	00:50:19	1706		V45	18
1849	3203	Nuno Cabeça	00:27:09	00:52:37	00:51:20	1884		V45	219
1850	2615	João Milheiro	00:26:17	00:52:37	00:52:10	2058	LaSurena	V55	95
1851	1116	Fernando Homem	00:25:54	00:52:37	00:52:27	2111		V40	345
1852	4365	Joana Miranda	00:26:45	00:52:38	00:52:10	2059		Senior	57
1853	3200	David Lopes	00:28:33	00:52:38	00:50:32	1747		Senior	466
1854	2535	António Boavida	00:25:09	00:52:38	00:52:34	2135		V50	129
1855	5208	Marco Marques	00:25:57	00:52:38	00:51:48	1977		V35	341
1856	5031	Ricardo Lampreia	00:27:15	00:52:38	00:51:39	1950		V35	342
1857	1612	Pedro Ornelas	00:25:50	00:52:39	00:52:11	2062		Senior	467
1858	420	Tiago Oliveira	00:27:13	00:52:39	00:51:25	1900		V35	343
1859	5325	Sara Leal	00:25:16	00:52:39	00:52:32	2122	Link	Senior	58
1860	1117	Tiago Figo	00:26:41	00:52:40	00:50:59	1826		Senior	468

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1861	473	Paulo Quintas	00:27:13	00:52:40	00:51:24	1896		V40	346
1862	5994	José Sousa	00:25:32	00:52:40	00:51:53	1994		V45	220
1863	4223	David Martinho	00:27:18	00:52:40	00:51:42	1961	Geek on the Run!	Senior	469
1864	5227	Jose Loureiro	00:27:23	00:52:40	00:50:42	1780	ÃPOGMA	V50	130
1865	140	Nuno Gonçalves	00:27:33	00:52:40	00:52:00	2009		V35	344
1866	5993	João Lourenço	00:25:32	00:52:41	00:51:55	2000		V40	347
1867	1172	Ricardo Figueiredo	00:27:46	00:52:41	00:50:54	1809		Senior	470
1868	4620	Daniel Feiteirona	00:27:27	00:52:42	00:50:27	1737		Senior	471
1869	5106	Marco Silva	00:27:28	00:52:42	00:50:33	1750		V40	348
1870	419	Vasco Delgado	00:26:26	00:52:42	00:52:16	2076		V35	345
1871	5369	Sérgio Ferreira	00:26:48	00:52:43	00:51:37	1938		Senior	472
1872	3960	Ricardo Domingos	00:26:44	00:52:43	00:52:01	2015		V35	346
1873	3122	Diogo Nobre	00:26:16	00:52:44	00:51:39	1949	Sala 13 Running Team	Senior	473
1874	5602	Samuel Fontinha	00:25:31	00:52:45	00:52:25	2102		V35	347
1875	1154	Julio Santos	00:27:57	00:52:45	00:50:50	1801		V50	131
1876	3512	Paulo Fernandes	00:27:31	00:52:45	00:52:13	2066	Bucelas	V40	349
1877	5996	Paulo Loureiro	00:27:02	00:52:47	00:50:37	1765		V40	350
1878	3457	Luís Rosa	00:26:40	00:52:47	00:52:09	2048	GFD Running	V45	221
1879	6134	Carlos Soeiro	00:26:29	00:52:48	00:52:32	2123		V35	348
1880	4984	Ricardo Mendes	00:26:32	00:52:48	00:52:14	2068		V35	349

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1881	2493	Fernando Oliveira	00:27:16	00:52:48	00:51:26	1905		V50	132
1882	2531	Pedro Martins	00:25:49	00:52:50	00:52:46	2171	RB RUNNING	V40	351
1883	5806	Luis Magalhães	00:26:10	00:52:50	00:52:03	2024		V40	352
1884	3242	Albertino Semedo	00:26:47	00:52:50	00:52:21	2091	SS CGD	V55	96
1885	1994	Carlos Gasopo	00:26:51	00:52:50	00:52:00	2007	BRRnightRUNNERS	V50	133
1886	2775	José Rachado	00:27:15	00:52:51	00:51:22	1890		V45	222
1887	4765	Hélder Fernandes	00:26:58	00:52:51	00:51:17	1875		Senior	474
1888	1399	José Pinto	00:25:58	00:52:51	00:52:32	2128		V50	134
1889	4740	Fernanda Prim	00:26:05	00:52:52	00:52:35	2140		V35	34
1890	2791	Rui Maia	00:29:10	00:52:53	00:48:23	1300		V35	350
1891	1853	Pedro Leonardo	00:29:37	00:52:53	00:46:14	868	Correr Queluz	V35	351
1892	6040	Ricardo Rodrigues	00:25:46	00:52:53	00:52:03	2023		Senior	475
1893	1383	Pedro Ribeiro	00:28:49	00:52:54	00:48:36	1342	Estrelas de Luz	V35	352
1894	1463	Maria Pinheiro	00:27:41	00:52:54	00:51:33	1925		V35	35
1895	476	Joao Santos	00:26:39	00:52:54	00:52:28	2112	tartarugas solidarias	V45	223
1896	688	Jose Cardoso	00:25:27	00:52:55	00:52:38	2149		V45	224
1897	3903	João Amêndoa	00:28:17	00:52:55	00:50:34	1754		V35	353
1898	3714	João Ferreira	00:26:15	00:52:55	00:52:19	2085	Brigada do Reumático	Senior	476
1899	1476	Francisco Maia	00:26:29	00:52:55	00:52:40	2158		V60	54
1900	2941	Fábio Andrade	00:28:15	00:52:55	00:51:30	1915		Senior	477

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1901	2278	David Caldeira	00:26:29	00:52:55	00:52:45	2165	Associação Daniel Caldeira	V35	354
1902	6091	Jorge Máximo	00:26:27	00:52:56	00:52:36	2141		V40	353
1903	6093	Cláudia Garcia	00:26:26	00:52:56	00:52:36	2142		V40	35
1904	6328	Céu Viegas	00:26:14	00:52:56	00:52:48	2185		V50	135
1905	402	Acácio Mendes	00:25:57	00:52:56	00:52:47	2182	tartarugas solidarias	V70	7
1906	1585	Rui Palma	00:26:07	00:52:56	00:52:39	2152	Os Coxos	V35	355
1907	4199	Luis Boletto	00:25:10	00:52:57	00:52:29	2115	g.d.chelas	V35	356
1908	1298	Carlos Silva	00:27:49	00:52:57	00:50:42	1783		V40	354
1909	2102	Pedro Gil	00:26:47	00:52:57	00:52:11	2060		V35	357
1910	2620	Carlos Costa	00:27:14	00:52:57	00:52:55	2213	CLUBE ANACOM	V40	355
1911	5053	Hugo Rosas	00:26:48	00:52:57	00:51:45	1968		V35	358
1912	4394	Alexandre Martins	00:28:40	00:52:57	00:51:45	1972		Senior	478
1913	3595	Carlos Silva	00:29:30	00:52:58	00:48:13	1271	Clube Tap Portugal	V50	136
1914	2268	Tiago Nunes	00:26:34	00:52:58	00:52:02	2019	Central Compras	V40	356
1915	4814	José Sousa	00:26:40	00:52:59	00:52:10	2053	Todos Juntos	V45	225
1916	3076	Luis Moissão	00:26:55	00:52:59	00:52:33	2129		V35	359
1917	1402	Filipe Marques	00:29:40	00:53:00	00:47:30	1147		V35	360
1918	5130	Valter Forno	00:26:00	00:53:00	00:52:06	2033	Amigos da Mini	Senior	479
1919	1182	Rosalina Gil	00:26:48	00:53:00	00:51:21	1886	PARBFRPPXXX	Senior	59
1920	1938	Alexandre Miguel	00:26:42	00:53:00	00:52:47	2176		V45	226

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1921	1687	Isabel Barra	00:26:33	00:53:00	00:52:14	2067	AFDD - RUN CREW TRAIL MONTIJO	V45	19
1922	1947	Bruno Baleizão	00:27:42	00:53:01	00:51:01	1833		Senior	480
1923	1498	João Figueiredo	00:26:24	00:53:01	00:51:52	1991	Os Coxos	Senior	481
1924	4361	Gonçalo Rosado	00:28:39	00:53:02	00:46:36	930		V35	361
1925	738	Andreia Costa	00:26:30	00:53:02	00:52:37	2143	tartarugas solidarias	V35	36
1926	4424	Nuno Silva	00:27:04	00:53:02	00:52:31	2119		V35	362
1927	1916	Bruno Silva	00:26:28	00:53:02	00:52:34	2133	Uma Corrida de cada vez	V35	363
1928	1823	Diogo Sousa	00:26:03	00:53:03	00:52:00	2011		Senior	482
1929	4237	Claudia Belém	00:26:24	00:53:03	00:52:51	2193	Link	Senior	60
1930	1499	Luciano Silva	00:27:04	00:53:03	00:52:32	2126		V60	55
1931	4971	Celestino Oliveira	00:26:17	00:53:03	00:52:23	2098		V55	97
1932	1033	Gonçalo Freitas	00:30:17	00:53:04	00:46:50	987		Senior	483
1933	5848	Hugo Ribeiro	00:27:29	00:53:04	00:52:02	2020		V35	364
1934	5720	Paulo Gonçalves	00:30:18	00:53:04	00:45:48	795	Câmara Lisboa Clube	V40	357
1935	4954	Daniel Ramos	00:29:26	00:53:04	00:46:15	875		V35	365
1936	2341	Anabela Constante	00:27:08	00:53:04	00:52:49	2188		V40	36
1937	4660	Andreia Tourais	00:26:58	00:53:05	00:52:31	2120	GFD Running	Senior	61
1938	1787	Tó Jerónimo	00:25:59	00:53:05	00:52:32	2121	Run Buddy Run	V35	366
1939	3091	Simão Lima	00:26:47	00:53:05	00:52:03	2022		Senior	484
1940	3746	Vera Almeida	00:26:45	00:53:05	00:52:32	2127		V35	37

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1941	4867	Cristina Henriques	00:25:40	00:53:06	00:52:49	2186		Senior	62
1942	4496	Tiago Pereira	00:27:34	00:53:06	00:51:45	1971		V35	367
1943	3886	Nuno Martins	00:27:32	00:53:06	00:52:00	2013	Brothers in Motion	Senior	485
1944	5834	Francisco Seita	00:26:43	00:53:07	00:52:16	2074		Junior	36
1945	4567	Manuel Gomes	00:26:46	00:53:07	00:52:17	2077	CLUBE ANACOM	V50	137
1946	1359	Raúl Carvalho	00:25:51	00:53:07	00:53:02	2233	FALCÕES SELVAGENS	V55	98
1947	2103	Margarida Brites	00:26:22	00:53:08	00:52:47	2177		V45	20
1948	2231	Fernando Carrilho	00:25:38	00:53:09	00:52:54	2204		V55	99
1949	5655	Diogo Rodrigues	00:25:49	00:53:09	00:52:29	2114		Junior	37
1950	2928	Ricardo Bordalo	00:27:21	00:53:09	00:52:35	2138		V45	227
1951	695	Helia Santos	00:27:00	00:53:09	00:52:20	2089		Senior	63
1952	4557	Adalberto Grilo	00:27:13	00:53:09	00:52:24	2100		V50	138
1953	1377	Tânia Valentim	00:27:30	00:53:11	00:51:38	1940	EVELX - Associação de Estilos de Vida Saudável	Senior	64
1954	421	João Carrinho	00:26:58	00:53:11	00:52:07	2036		V50	139
1955	1371	Jorge Miranda	00:27:23	00:53:11	00:52:18	2079		V45	228
1956	3244	Antonio Carpinteiro	00:26:30	00:53:12	00:52:57	2215	SS CGD	V70	8
1957	2762	Susana Apoliário	00:26:38	00:53:12	00:52:58	2219	Movet	Senior	65
1958	1503	Fernando Dias	00:27:14	00:53:13	00:52:09	2050		V50	140
1959	6234	Joana Almeida	00:27:08	00:53:13	00:52:26	2103		V35	38
1960	6349	Francisco Furão	00:27:20	00:53:13	00:52:01	2016	BRRnightRUNNERS	Senior	486

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1961	2417	Germano Matos	00:27:02	00:53:13	00:52:10	2055	Grupo Estádio Nacional	V65	13
1962	1370	Álvaro Venâncio	00:27:23	00:53:13	00:52:20	2088		V40	358
1963	4842	Jose Fernandes	00:26:42	00:53:13	00:52:48	2184		V45	229
1964	2096	Hugo Ferreira	00:27:39	00:53:14	00:52:19	2086		V35	368
1965	1863	Paulo Quental	00:27:31	00:53:14	00:51:33	1921		Senior	487
1966	2460	António Costa	00:27:03	00:53:14	00:52:13	2065		V70	9
1967	501	Marina Andrade	00:27:24	00:53:14	00:51:30	1914	tartarugas solidarias	V45	21
1968	1539	Tânia Veiga	00:27:12	00:53:14	00:51:58	2004		V35	39
1969	5424	Luis Goes	00:27:37	00:53:14	00:52:45	2168	BIVAC IBERICA	Senior	488
1970	2654	José Pires	00:28:09	00:53:15	00:51:14	1866	Asas nos Pés	V45	230
1971	517	Rui Vicente	00:25:36	00:53:15	00:53:01	2231	CLUBE NOVO BANCO	Senior	489
1972	904	José Ramos	00:27:12	00:53:15	00:51:59	2006		V50	141
1973	2465	Bruno Soares	00:28:25	00:53:15	00:51:15	1869		V40	359
1974	2490	Fernando Claudino	00:28:25	00:53:16	00:51:16	1872		V60	56
1975	6467	Marie Bueguer	00:30:21	00:53:16	00:46:43	949		Senior	66
1976	4593	Ana Figueiredo	00:29:21	00:53:17	00:48:17	1284		V40	37
1977	1745	Antonio Pais	00:26:53	00:53:18	00:52:39	2151	CCD O ALVITEJO/FORNO	V65	14
1978	4005	Pedro Ruas	00:26:30	00:53:18	00:52:10	2054		V35	369
1979	2652	José Gouveia	00:26:40	00:53:18	00:52:45	2166	Asas nos Pés	V45	231
1980	2241	Paulo Sousa	00:26:20	00:53:19	00:53:08	2246		V40	360

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1981	3979	Alexandre Maurício	00:27:51	00:53:19	00:51:51	1988		V35	370
1982	2042	Leticia Oliveira	00:26:01	00:53:19	00:53:19	2270		Senior	67
1983	128	José Pimentel	00:27:23	00:53:20	00:52:14	2071		Senior	490
1984	1023	Duarte Vargas	00:30:54	00:53:21	00:47:35	1158	Authentic Pilates	Senior	491
1985	1276	Rui Silva	00:27:46	00:53:21	00:51:08	1855	Gazelas Do tempo	V35	371
1986	4641	Artur Palmas	00:24:41	00:53:21	00:53:18	2267		V35	372
1987	5701	Paulo Marques	00:29:14	00:53:22	00:48:32	1322		V40	361
1988	5364	Filipe Vargas	00:28:02	00:53:22	00:52:33	2131		Senior	492
1989	650	José Santos	00:26:41	00:53:22	00:53:01	2232	Santos & Filho	V50	142
1990	4697	Pedro Azevedo	00:27:03	00:53:22	00:52:59	2223		V45	232
1991	892	Luísa Matos	00:28:50	00:53:22	00:52:57	2217		V45	22
1992	4032	Renato Silva	00:28:36	00:53:23	00:49:10	1468	Mercedes-Benz	Senior	493
1993	2196	José Henriques	00:26:44	00:53:23	00:52:40	2156		V40	362
1994	616	Alexandra Dinis	00:27:24	00:53:24	00:52:14	2070		V35	40
1995	5581	António Janelas	00:30:00	00:53:24	00:46:45	965		V50	143
1996	5836	Rui Pereira	00:26:43	00:53:24	00:52:33	2132		V40	363
1997	3430	João Lourenço	00:27:13	00:53:25	00:52:52	2198		Senior	494
1998	2427	António Figueiredo	00:27:29	00:53:25	00:51:06	1846		V40	364
1999	2891	Daniel Vilabril	00:28:20	00:53:25	00:51:49	1978		V35	373
2000	1230	Sofia Silva	00:28:03	00:53:25	00:52:19	2082		V35	41

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2001	2304	Élio Lavado	00:27:46	00:53:26	00:51:36	1934		Senior	495
2002	5101	Joao Franco	00:27:16	00:53:26	00:51:59	2005		Senior	496
2003	5081	Hugo Custodio	00:26:39	00:53:26	00:53:04	2235		Senior	497
2004	801	Carlos Marques	00:26:33	00:53:27	00:53:01	2229		V55	100
2005	1060	Helder Escobar	00:29:39	00:53:27	00:51:49	1979		V35	374
2006	4208	Rui Costa	00:27:59	00:53:27	00:51:33	1922	g.d.chelas	V45	233
2007	3738	Ana Ramos	00:23:35	00:53:27	00:53:18	2269		V35	42
2008	4211	Andreia Monteiro	00:27:58	00:53:28	00:51:33	1923	g.d.chelas	V35	43
2009	4400	Cláudia Bento	00:26:17	00:53:28	00:53:25	2286		V40	38
2010	5872	Emanuel Pereira	00:27:30	00:53:29	00:52:09	2049		Senior	498
2011	2768	João Garrido	00:26:58	00:53:29	00:52:35	2136		Senior	499
2012	456	Nuno David	00:27:31	00:53:30	00:52:08	2047		V50	144
2013	4335	Luis Pires	00:27:00	00:53:30	00:51:41	1955		V45	234
2014	6379	André Durães	00:28:04	00:53:30	00:52:30	2116		Senior	500
2015	4983	Bruno Figueiredo	00:29:43	00:53:30	00:46:44	952		Senior	501
2016	2547	Bruno Neves	00:27:47	00:53:31	00:51:06	1847		Senior	502
2017	899	Joana Lancastre	00:27:20	00:53:32	00:52:23	2097		V35	44
2018	1918	Alexandre Costa	00:26:55	00:53:32	00:52:09	2051	BRRnightRUNNERS	V40	365
2019	1427	Jorge Modesto	00:26:22	00:53:33	00:52:32	2124		V35	375
2020	1343	Cátia Rosalino	00:26:41	00:53:34	00:53:21	2274	BRRnightRUNNERS	Senior	68

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2021	6063	Tiago Hirth	00:28:07	00:53:34	00:53:13	2253	Ninja Dinosaurs	Senior	503
2022	4980	Tiago Henriques	00:27:09	00:53:35	00:52:50	2189	Vamos lá	Senior	504
2023	5097	Ricardo Mano	00:26:20	00:53:35	00:53:09	2248		Senior	505
2024	1752	Miguel Mendanha	00:27:16	00:53:36	00:52:37	2145	CCD Crédito Agrícola Mútuo	V35	376
2025	3112	Nuno Sousa	00:28:18	00:53:36	00:51:51	1990	Run Buddy Run	V35	377
2026	2983	Miguel Vasconcelos	00:26:35	00:53:36	00:53:00	2227	BIVAC IBERICA	V40	366
2027	1175	Jose Santo	00:27:05	00:53:36	00:52:40	2159		V40	367
2028	3224	Fernando Jerónimo	00:27:33	00:53:37	00:51:53	1995		V60	57
2029	3821	Paulo Silva	00:27:13	00:53:37	00:52:24	2099	Pinguins do Ártico	V50	145
2030	2062	Gonçalo Oliveira	00:27:38	00:53:38	00:51:45	1970		Senior	506
2031	1319	Cristina Rocha	00:28:18	00:53:38	00:51:41	1952		Senior	69
2032	1542	Nuno Taxeiro	00:27:00	00:53:38	00:52:47	2179		Senior	507
2033	5636	Ana Álvaro	00:27:48	00:53:38	00:53:32	2314	ROFF	V40	39
2034	6010	José Ferreira	00:27:32	00:53:39	00:51:26	1904		Senior	508
2035	5211	João Fernandes	00:27:58	00:53:39	00:52:04	2025		V35	378
2036	1472	Nelson Jorge	00:27:06	00:53:39	00:53:00	2225		V40	368
2037	1747	Sandra Silva	00:28:00	00:53:40	00:51:46	1974	BRRnightRUNNERS	V40	40
2038	5771	Hugo Santos	00:28:10	00:53:40	00:51:38	1942		V35	379
2039	2292	João Mendes	00:26:35	00:53:40	00:53:03	2234		V40	369
2040	3226	Nuno Silva	00:27:08	00:53:41	00:53:31	2306		V40	370

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2041	3370	Pedro Simplicio	00:28:04	00:53:41	00:51:25	1902	BRRnightRUNNERS	V40	371
2042	3085	Beatriz Matias	00:26:20	00:53:41	00:53:27	2290		V40	41
2043	2127	Marco Pires	00:25:36	00:53:42	00:53:35	2324		Senior	509
2044	5102	Sérgio Cardoso	00:27:59	00:53:42	00:52:06	2035		V35	380
2045	186	João Carriço	00:27:52	00:53:42	00:52:53	2202		V40	372
2046	4535	Carlos Nita	00:27:43	00:53:42	00:51:34	1930		V45	235
2047	1520	Pedro Quina	00:30:42	00:53:42	00:46:54	998	Equation	V45	236
2048	1184	Diogo Pinto	00:27:54	00:53:42	00:52:03	2021	PARBFRPPXXX	Senior	510
2049	3825	Eleazar Silva	00:27:03	00:53:42	00:52:26	2107	Pinguins do Ártico	Senior	511
2050	1315	A. Florindo	00:27:48	00:53:42	00:52:28	2113		V50	146
2051	772	José Serrão	00:28:41	00:53:43	00:51:39	1948		V50	147
2052	923	João Silva	00:27:05	00:53:43	00:52:26	2105		Senior	512
2053	6001	Nuno Loureiro	00:26:37	00:53:44	00:53:23	2279		Senior	513
2054	3797	Helder Saramago	00:26:17	00:53:44	00:53:08	2245		Senior	514
2055	2082	Rui Marques	00:31:24	00:53:46	00:47:16	1089	Masters Water Polo - Bamboora Gaming	V35	381
2056	5012	Miguel Pires	00:27:40	00:53:46	00:51:53	1993		V35	382
2057	4626	Deolinda Pinheiro	00:26:20	00:53:47	00:53:43	2357		V45	23
2058	383	Pedro Gomes	00:27:10	00:53:47	00:52:59	2222		V40	373
2059	5388	Annette Ludwig	00:26:08	00:53:47	00:53:47	2366		V40	42
2060	2818	Rui Martins	00:26:42	00:53:48	00:53:11	2251		V35	383

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2061	5562	Tiago Figueira	00:26:12	00:53:49	00:52:08	2040		Senior	515
2062	4629	Cristina Caetano	00:27:55	00:53:49	00:52:47	2180	Ginásio Clube Português	V50	11
2063	2060	Francisco Mesquita	00:29:44	00:53:50	00:48:36	1346		Junior	38
2064	1796	Cláudia Gonçalves	00:26:53	00:53:50	00:53:40	2352		V35	45
2065	4988	Susana Adegas	00:25:48	00:53:50	00:53:45	2362		V45	24
2066	1915	Paulo Silva	00:26:41	00:53:50	00:53:22	2276	Uma Corrida de cada vez	V55	101
2067	2588	Damião Rega	00:28:12	00:53:50	00:52:26	2104		V50	148
2068	4026	António Jacinto	00:29:42	00:53:51	00:49:00	1426	AutoJacinto	V55	102
2069	4353	Paulo Tomas	00:28:14	00:53:51	00:52:18	2078	u.r.d.arranhò	V40	374
2070	2645	André Mendes	00:30:26	00:53:51	00:46:55	1008		Senior	516
2071	1731	Filipe Ribeiro	00:26:48	00:53:52	00:52:39	2150		V35	384
2072	5917	Fernando Rodrigues	00:27:46	00:53:52	00:53:18	2265	Cofina Runners	V55	103
2073	2795	Teodoro Trindade	00:29:33	00:53:53	00:49:09	1462		V50	149
2074	4785	Marta Lopes	00:26:08	00:53:54	00:53:49	2379	Veloprof/Run Ocean	V45	25
2075	3042	Mariana Martins	00:28:56	00:53:54	00:51:50	1984		Senior	70
2076	757	Vítor Gonzas	00:29:12	00:53:55	00:49:25	1523		V45	237
2077	640	Helena Cunha	00:27:59	00:53:55	00:52:56	2214	Asas	V55	2
2078	643	António Marques	00:27:58	00:53:55	00:52:54	2211	Asas	V65	15
2079	4786	Natalino Lopes	00:26:06	00:53:55	00:53:50	2380	Veloprof/Run Ocean	V55	104
2080	3964	Ricardo Moura	00:27:59	00:53:55	00:52:53	2203		Senior	517

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2081	2129	Paulo Silva	00:27:52	00:53:55	00:52:21	2093		V40	375
2082	71	Fernado Palma	00:26:32	00:53:55	00:53:00	2226		V40	376
2083	12	Bruno Madeira	00:28:12	00:53:55	00:52:40	2155		V35	385
2084	4968	Frederico Pegado	00:27:39	00:53:56	00:53:37	2334	MP RUNNERS	V40	377
2085	6470	Samir Tilikete	00:26:27	00:53:56	00:53:17	2264		V50	150
2086	6469	David Laurent	00:26:18	00:53:56	00:53:17	2262		V40	378
2087	5266	Gonçalo Sorrelus	00:27:45	00:53:57	00:52:38	2147		V35	386
2088	1893	Alexandra Trindade	00:27:33	00:53:57	00:53:33	2316		V35	46
2089	349	Fatima Antunes	00:27:36	00:53:57	00:53:31	2307		V40	43
2090	528	António Reis	00:26:35	00:53:58	00:53:35	2327	CLUBE NOVO BANCO	V45	238
2091	60	Teresa Simões	00:27:10	00:53:58	00:53:22	2277		Senior	71
2092	4429	José Pereira	00:27:23	00:53:58	00:52:51	2191		Senior	518
2093	6492	David Humbeeck	00:29:06	00:53:58	00:52:39	2154		V40	379
2094	1169	Bruno Jacquet	00:28:31	00:53:58	00:53:06	2242		Senior	519
2095	3901	Domingos Aleixo	00:26:34	00:53:59	00:53:34	2320		V45	239
2096	4686	Sérgio Duarte	00:28:21	00:53:59	00:52:41	2160		V55	105
2097	4428	Alexandra Dias	00:27:23	00:53:59	00:52:52	2195		V35	47
2098	4631	José Reis	00:27:55	00:53:59	00:52:57	2216	Ginásio Clube Português	V50	151
2099	5567	Rui Heitor	00:29:29	00:54:00	00:51:47	1976		V35	387
2100	2114	Mariana Santos	00:26:58	00:54:00	00:53:56	2405		Senior	72

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2101	6087	Eduardo Braz	00:27:45	00:54:01	00:53:26	2288		V40	380
2102	6402	Fejér Zsuzsanna	00:27:14	00:54:01	00:52:47	2175		V40	44
2103	1830	Rui Reis	00:27:59	00:54:01	00:53:17	2260		V50	152
2104	4004	João Fernandes	00:25:26	00:54:01	00:53:59	2410		V50	153
2105	6362	André Silva	00:30:00	00:54:02	00:51:50	1981		Senior	520
2106	1076	Filipe Martins	00:30:32	00:54:02	00:46:34	926		Senior	521
2107	2894	Ivo Gonçalves	00:26:16	00:54:02	00:52:54	2205		Senior	522
2108	3109	Carlos Fernandes	00:28:15	00:54:02	00:52:47	2178		Senior	523
2109	500	Tiago Veiga	00:29:05	00:54:03	00:52:05	2026		V35	388
2110	39	Mario Freire	00:28:21	00:54:03	00:52:54	2207		V55	106
2111	669	Paulo Gonçalves	00:30:17	00:54:04	00:49:00	1428	CLUBE NOVO BANCO	V45	240
2112	2300	Carlos Piteira	00:26:48	00:54:04	00:53:31	2305		V50	154
2113	405	Isabel Pisco	00:27:37	00:54:04	00:53:16	2258		V45	26
2114	404	Filipa Gama	00:27:38	00:54:04	00:53:17	2261		V40	45
2115	4621	Manuel Francisco	00:30:13	00:54:05	00:47:19	1100		V50	155
2116	3795	Ricardo Marques	00:28:57	00:54:08	00:49:00	1430	Miranda Miles	V35	389
2117	6471	Adriano Santos	00:27:44	00:54:08	00:53:15	2256		Senior	524
2118	3153	Norberto Marques	00:29:54	00:54:09	00:49:38	1567	running of d ^a maria	V45	241
2119	4989	Nuno Almeida	00:27:07	00:54:09	00:53:30	2302		V65	16
2120	2665	Diogo Esperança	00:28:40	00:54:09	00:52:12	2063		Senior	525

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2121	1833	Ana Matos	00:28:32	00:54:09	00:52:52	2197	Flechas Humanas	Senior	73
2122	1031	Nuno Mendes	00:28:02	00:54:09	00:53:11	2252		Senior	526
2123	2790	Francisco Pinto	00:28:35	00:54:09	00:53:04	2236		V50	156
2124	3086	André Salvado	00:27:17	00:54:10	00:53:45	2360		V40	381
2125	3396	Pedro Silva	00:26:01	00:54:10	00:53:47	2365		Senior	527
2126	538	Joaquim Monteiro	00:28:01	00:54:10	00:52:52	2194	CLUBE NOVO BANCO	V45	242
2127	2534	Manuel Carreiras	00:25:58	00:54:10	00:54:03	2428		V45	243
2128	6242	Joao Travado	00:30:15	00:54:11	00:52:43	2163	Os Carregueirenses	V40	382
2129	328	Anibal Costa	00:32:52	00:54:11	00:46:57	1011		V45	244
2130	2330	Rui Leitão	00:28:03	00:54:11	00:53:19	2271	Lagartixas Team	Senior	528
2131	4723	Carlos Claro	00:26:19	00:54:12	00:54:10	2451	Jovens da Serra das Minas	V60	58
2132	967	Jeremias Ribeiro	00:28:02	00:54:12	00:53:53	2391		V70	10
2133	4824	António Jubilado	00:27:44	00:54:12	00:53:39	2346		V55	107
2134	6491	Miguel Costa	00:25:46	00:54:13	00:54:07	2443		V40	383
2135	2370	José Barata	00:26:16	00:54:13	00:54:09	2448	GRCD Leião	V70	11
2136	4627	Marco Albuquerque	00:27:59	00:54:13	00:54:02	2424		Senior	529
2137	359	Ricardo Martins	00:27:37	00:54:14	00:53:47	2369		Senior	530
2138	6088	Eduardo Castela	00:27:27	00:54:14	00:52:34	2134		Senior	531
2139	1871	Agostinho Coelho	00:26:56	00:54:15	00:54:06	2437		V45	245
2140	2719	Paulo Pintor	00:24:56	00:54:15	00:53:51	2383		Senior	532

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2141	3983	João Reis	00:27:47	00:54:16	00:52:27	2110		V40	384
2142	1592	Luis Santos	00:29:21	00:54:17	00:52:38	2148	Na Pagas Nada? Team	V35	390
2143	1196	Jorge Condeças	00:26:53	00:54:17	00:54:17	2483		V35	391
2144	527	Ana Monteiro	00:27:42	00:54:18	00:53:01	2230	CLUBE NOVO BANCO	V45	27
2145	5938	João Pimenta	00:28:59	00:54:18	00:52:52	2196		V50	157
2146	1191	Hugo Evangelista	00:27:00	00:54:18	00:52:39	2153	PARBFRPPXXX	Senior	533
2147	4354	Gabriel Antonio	00:28:14	00:54:18	00:52:45	2167	u.r.d.arranhò	V50	158
2148	3114	João Almeida	00:29:13	00:54:19	00:49:33	1553	kaninos	V45	246
2149	1374	Bruno Ferreira	00:29:27	00:54:19	00:51:55	1998		Senior	534
2150	2648	Bruno Afonso	00:26:33	00:54:19	00:53:32	2312		Senior	535
2151	4449	José Santos	00:27:28	00:54:19	00:52:47	2181		V35	392
2152	281	Paulo Faria	00:28:29	00:54:19	00:52:05	2029	paulos	V35	393
2153	246	Ricardo Morais	00:25:37	00:54:20	00:54:17	2477		V40	385
2154	2722	Nicole Nobre	00:27:13	00:54:20	00:53:49	2376		Senior	74
2155	6218	Saida Morais	00:27:52	00:54:20	00:53:14	2255		V40	46
2156	4963	Paulo Silva	00:28:21	00:54:20	00:53:27	2291		V50	159
2157	1519	Tiago Oliveira	00:29:17	00:54:22	00:49:51	1604	Os 5	V40	386
2158	6035	Sérgio Costa	00:31:45	00:54:22	00:46:45	962	Management Solutions	Senior	536
2159	6033	Raúl Custódio	00:31:44	00:54:23	00:46:46	969	Management Solutions	Senior	537
2160	6327	César Viegas	00:26:28	00:54:24	00:54:15	2468		V55	108

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2161	4807	Fernando Pereira	00:27:56	00:54:24	00:53:34	2319	Todos Juntos	V45	247
2162	1566	Sérgio Ferreira	00:27:58	00:54:24	00:52:08	2043		V35	394
2163	3133	João Melo	00:28:11	00:54:24	00:53:47	2370	Run2Goal	V35	395
2164	5378	João Marques	00:27:43	00:54:24	00:53:14	2254		Senior	538
2165	1732	Carlos Tavares	00:26:47	00:54:25	00:54:14	2463		Senior	539
2166	4491	Ana Romano	00:27:21	00:54:25	00:54:00	2411		V45	28
2167	3814	David Leal	00:28:03	00:54:25	00:52:54	2208		V40	387
2168	3225	Joao Cabral	00:28:16	00:54:26	00:53:23	2281		Senior	540
2169	1589	Bruno Letra	00:29:20	00:54:26	00:52:43	2161	Na Pagas Nada? Team	Senior	541
2170	5406	Filipe Gil	00:27:48	00:54:27	00:52:37	2144		V40	388
2171	5298	Luís Raposo	00:29:06	00:54:28	00:52:46	2170		V50	160
2172	2562	Ricardo Carvalho	00:25:52	00:54:29	00:54:11	2456		V35	396
2173	1888	Helder Simas	00:30:28	00:54:29	00:47:55	1227		V45	248
2174	6366	Luis Nogueira	00:26:43	00:54:30	00:53:55	2401		V40	389
2175	2850	Ricardo Silva	00:27:03	00:54:30	00:54:10	2450	Lebres da Lapa	V40	390
2176	2470	Andreia Vieira	00:26:50	00:54:30	00:54:24	2502		Senior	75
2177	2471	Nuno Almeida	00:26:50	00:54:30	00:54:24	2504		Senior	542
2178	4782	Sandra Costa	00:27:25	00:54:31	00:52:51	2192	Clube EDP - Lisboa	V40	47
2179	4802	Lúcia Nogueira	00:27:59	00:54:31	00:52:54	2209	Caminhar e Correr na Quinta do Conde	V50	12
2180	6066	Ana Sousa	00:26:21	00:54:32	00:54:04	2433		Senior	76

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2181	5833	João Silva	00:26:21	00:54:32	00:54:04	2430		Senior	543
2182	6051	Marina Silva	00:27:09	00:54:32	00:53:51	2385		V40	48
2183	3261	Rui Miguel	00:28:02	00:54:32	00:53:16	2259	SS CGD	V40	391
2184	4841	Nuno Fialho	00:27:29	00:54:32	00:53:29	2292		V40	392
2185	1166	Jorge Costa	00:29:30	00:54:33	00:52:33	2130		V45	249
2186	785	José Baixinho	00:28:18	00:54:33	00:53:30	2301		V55	109
2187	786	Judite Baixinho	00:28:18	00:54:33	00:53:31	2309		Senior	77
2188	4744	João Branco	00:28:00	00:54:34	00:53:36	2331		V55	110
2189	451	Bruno Catarino	00:29:37	00:54:34	00:52:43	2162		V35	397
2190	1295	António Pereira	00:28:11	00:54:34	00:53:17	2263	Gil Eanes Running	V65	17
2191	2218	Cátia Virginia	00:26:58	00:54:34	00:54:04	2432		Senior	78
2192	4741	Pedro Branco	00:27:15	00:54:34	00:54:26	2511		V45	250
2193	4411	Edoardo Contente	00:28:30	00:54:34	00:53:59	2408		Junior	39
2194	4287	António Sousa	00:26:54	00:54:35	00:53:45	2361	Hiscox Lions friends	V55	111
2195	3174	Luis Lança	00:28:06	00:54:36	00:53:05	2240		V50	161
2196	525	Ana Ferreira	00:28:01	00:54:36	00:53:22	2278	CLUBE NOVO BANCO	V45	29
2197	1581	Sara Granjo	00:28:30	00:54:36	00:52:16	2075	Midwinners	Senior	79
2198	1798	Rui Miguel	00:28:06	00:54:37	00:52:52	2199		V35	398
2199	3128	Francisco Álvares	00:30:35	00:54:37	00:47:09	1065	Clube EDP - Lisboa	Senior	544
2200	2291	José Pereira	00:28:30	00:54:37	00:53:30	2297	Amigos Vale Silencio	V65	18

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2201	1349	Rui Santos	00:28:47	00:54:37	00:52:40	2157		Senior	545
2202	5518	Nuno Ryder	00:31:24	00:54:37	00:48:08	1261	Masters Water Polo - Bamboora Gaming	V40	393
2203	1583	Tânia Cabrito	00:28:21	00:54:37	00:52:19	2087	Midwinners	Senior	80
2204	4964	Claribel Fernandes	00:26:47	00:54:37	00:54:35	2557		Senior	81
2205	3223	David Jerónimo	00:27:31	00:54:38	00:52:54	2210		Senior	546
2206	309	Marcos Leonardo	00:27:25	00:54:38	00:53:40	2349		V60	59
2207	4174	Carla Viegas	00:29:04	00:54:38	00:51:31	1916		V35	48
2208	5730	Jorge Duarte	00:26:14	00:54:38	00:54:17	2479	Câmara Lisboa Clube	V50	162
2209	4843	Ricardo Freitas	00:27:03	00:54:39	00:53:59	2409		Senior	547
2210	285	Luis Matos	00:26:08	00:54:39	00:54:32	2543		V55	112
2211	2777	Luis Sançana	00:31:14	00:54:39	00:47:08	1060		V35	399
2212	5856	Miguel Afonso	00:26:46	00:54:40	00:54:12	2458		V35	400
2213	901	Virginia Fonseca	00:27:11	00:54:40	00:54:21	2496		V40	49
2214	3737	Gonçalo Gonçalves	00:28:30	00:54:40	00:54:06	2440		V40	394
2215	4410	Jose Machado	00:29:30	00:54:41	00:49:33	1550		V45	251
2216	5963	João Madeira	00:27:30	00:54:41	00:53:15	2257	KPMG	V35	401
2217	3311	Joao Miguel	00:28:22	00:54:41	00:53:18	2268	Tangas Clube	V75	1
2218	2773	Rita Afonso	00:27:39	00:54:41	00:53:34	2317		Senior	82
2219	2246	Joana Chouriço	00:29:38	00:54:42	00:50:49	1796		Senior	83
2220	3393	Carla Baptista	00:28:06	00:54:42	00:52:46	2172		V45	30

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2221	2545	Rui Correia	00:27:59	00:54:42	00:53:29	2293		V40	395
2222	2049	António Cardoso	00:27:18	00:54:42	00:54:29	2522		V45	252
2223	3111	Raul Moita	00:27:58	00:54:42	00:53:05	2238		V55	113
2224	928	Miguel Monteiro	00:28:58	00:54:42	00:52:48	2183	NAV Runners	V45	253
2225	3082	Ricardo Figueiredo	00:27:55	00:54:42	00:53:38	2339		V35	402
2226	1920	Pedro Pinel	00:28:58	00:54:42	00:52:49	2187	NAV Runners	V45	254
2227	1384	Liliana Santos	00:27:54	00:54:43	00:54:13	2460	Estrelas de Luz	Senior	84
2228	3309	Mario Antonio	00:27:02	00:54:43	00:54:19	2490	Tangas Clube	V65	19
2229	5188	José Fernandes	00:28:11	00:54:43	00:53:24	2283		V35	403
2230	2189	Ana Cardoso	00:27:18	00:54:43	00:54:31	2539		V50	13
2231	177	Sandra Gonçalves	00:27:13	00:54:43	00:53:56	2403		Senior	85
2232	2429	João Navarro	00:27:09	00:54:43	00:54:30	2530		V35	404
2233	853	José Alves	00:27:07	00:54:43	00:54:23	2500		V55	114
2234	5437	Américo Cacheira	00:25:55	00:54:44	00:54:18	2484		V55	115
2235	4783	José Amaral	00:27:56	00:54:44	00:53:18	2266	FALCÕES SELVAGENS	V50	163
2236	3508	Samuel Santos	00:25:48	00:54:44	00:54:19	2488		Senior	548
2237	1469	Nuno Lourenço	00:28:22	00:54:44	00:53:41	2353		V40	396
2238	5311	Carlos Belo	00:28:26	00:54:44	00:52:37	2146		V45	255
2239	1558	Vitor Teixeira	00:26:43	00:54:44	00:54:43	2590		V50	164
2240	4493	Fernando Rosete	00:29:51	00:54:45	00:50:02	1638		V45	256

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2241	1760	Antonio Godinho	00:30:20	00:54:45	00:49:22	1514	Restaurante O Cartaxeiro	V40	397
2242	2911	Luis Cardoso	00:28:05	00:54:45	00:53:51	2386		V45	257
2243	5228	Paulo Pires	00:28:23	00:54:46	00:52:46	2169	ÃPOGMA	V50	165
2244	2655	Jorge Guilherme	00:28:23	00:54:46	00:52:45	2164	Asas nos Pés	V35	405
2245	5875	Tiago Meneses	00:28:07	00:54:47	00:53:26	2287		Senior	549
2246	4175	Maria Barahona	00:27:26	00:54:47	00:54:47	2600		Senior	86
2247	583	Joana Fernandes	00:27:39	00:54:48	00:53:40	2347		Senior	87
2248	4847	Verónica Sousa	00:27:10	00:54:48	00:54:42	2582		Senior	88
2249	1160	Alexandra Barbosa	00:26:44	00:54:48	00:54:40	2570		V40	50
2250	1832	Luis Matias	00:28:55	00:54:49	00:53:09	2247	Aqua Runners/Mais que Cuidar Team	V55	116
2251	3777	João Viegas	00:28:42	00:54:49	00:52:32	2125	TroubleMakers	Senior	550
2252	5254	João Nogueira	00:28:07	00:54:49	00:53:30	2303		Senior	551
2253	2747	Luis Salgueiro	00:28:46	00:54:50	00:50:35	1760		V35	406
2254	917	Luís Matias	00:26:57	00:54:50	00:54:29	2527	As Lesmas	V50	166
2255	108	João Aranha	00:27:12	00:54:50	00:54:16	2475		Senior	552
2256	2204	Jose Rodrigues	00:26:36	00:54:50	00:54:49	2603		V55	117
2257	74	Gonçalo Louro	00:27:12	00:54:51	00:54:16	2474		Senior	553
2258	1455	Susana Matias	00:27:41	00:54:51	00:53:10	2249	Movet	Junior	2
2259	4364	Miguel Redmont	00:27:51	00:54:52	00:53:48	2374		V45	258
2260	5559	Jorge Paulino	00:28:39	00:54:52	00:52:35	2137		V35	407

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2261	2672	Rui Faria	00:27:30	00:54:52	00:53:52	2388		Senior	554
2262	2446	Manuel Serralha	00:28:06	00:54:52	00:53:45	2359		Senior	555
2263	508	Patrícia Santos	00:28:13	00:54:53	00:53:39	2345	CLUBE NOVO BANCO	V40	51
2264	4659	Vitória Monteiro	00:26:53	00:54:53	00:54:53	2626	FALCÕES SELVAGENS	V60	1
2265	2435	Aureliano Luz	00:26:34	00:54:53	00:54:29	2528		V35	408
2266	5999	Ana Almeida	00:27:13	00:54:53	00:53:53	2398		Senior	89
2267	3510	Rui Gomes	00:27:44	00:54:54	00:54:01	2417		V35	409
2268	1024	Sônia Santos	00:27:17	00:54:55	00:54:24	2505	Authentic Pilates	Senior	90
2269	817	Diogo Santos	00:28:25	00:54:55	00:53:05	2239		Senior	556
2270	2804	Cristina Delgado	00:28:32	00:54:55	00:53:51	2384		V40	52
2271	287	Joao Pratas	00:30:45	00:54:56	00:49:36	1559		V45	259
2272	5451	Luis Veloso	00:29:35	00:54:56	00:47:46	1206		Senior	557
2273	1878	Vitor Abranches	00:28:05	00:54:56	00:53:21	2273	FALCÕES SELVAGENS	V40	398
2274	4345	Sergio Borges	00:30:02	00:54:57	00:50:30	1741	NUCLEO DESPORTIVO AUTOCOOPE	V40	399
2275	3353	Alberto Ramires	00:27:34	00:54:57	00:54:09	2445		V60	60
2276	4729	Alexandre Ponciano	00:29:49	00:54:57	00:48:26	1309	Masters Water Polo - Bamboora Gaming	V35	410
2277	5880	Bruno Freitas	00:27:49	00:54:57	00:54:35	2555		V35	411
2278	2456	Daniel Sebastiao	00:28:04	00:54:57	00:53:46	2363		Senior	558
2279	3757	João Luís	00:27:54	00:54:57	00:54:05	2435	Lagartixas Team	V40	400
2280	4707	Duarte Martelo	00:27:54	00:54:57	00:54:02	2422		V40	401

CLASSIFICAÇÕES

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DO PAÇO

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2281	4343	Jose Dias	00:29:58	00:54:58	00:50:32	1746	NUCLEO DESPORTIVO AUTOCOOPE	V55	118
2282	4047	Marco Guedes	00:29:16	00:54:58	00:53:23	2280		Senior	559
2283	2584	Fernando Sebastião	00:28:04	00:54:59	00:53:47	2367		V35	412
2284	3204	Mario Sousa	00:27:56	00:55:00	00:53:53	2395		V60	61
2285	2962	Fabio Silva	00:26:24	00:55:00	00:54:50	2609		Senior	560
2286	263	Adelaide Manhica	00:28:20	00:55:00	00:54:06	2439	Team da PTZona	V55	3
2287	4450	Pedro Figueiredo	00:29:11	00:55:00	00:53:54	2400		V40	402
2288	5046	Tiago Westenfeld	00:29:03	00:55:00	00:54:30	2536		V35	413
2289	4770	Rui Figueiredo	00:29:11	00:55:01	00:53:53	2399		Senior	561
2290	997	Carla Fernandes	00:27:37	00:55:01	00:53:53	2393	Correr Lisboa	V35	49
2291	3154	Daniel Silva	00:29:03	00:55:01	00:53:26	2289	running of dª maria	Senior	562
2292	4227	Rita Barbora	00:28:03	00:55:01	00:54:33	2546	LaSurena	V35	50
2293	1825	Filipe Madeira	00:27:26	00:55:01	00:55:01	2649		V40	403
2294	5060	João Falcão	00:29:03	00:55:01	00:54:31	2538		Senior	563
2295	6014	Susana Rua	00:27:40	00:55:02	00:54:34	2552		V35	51
2296	2010	Manuel Piedade	00:27:23	00:55:02	00:53:30	2299		V55	119
2297	1562	Rui Jorge	00:30:58	00:55:02	00:53:56	2404		Senior	564
2298	6440	Pedro Bougard	00:28:33	00:55:03	00:53:30	2298		Senior	565
2299	5726	Eduardo Manso	00:31:02	00:55:03	00:47:45	1201	Câmara Lisboa Clube	V50	167
2300	5000	João Gaspar	00:29:21	00:55:03	00:52:52	2201		Senior	566

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2301	1216	Maria Horta	00:27:21	00:55:03	00:54:19	2492		V45	31
2302	6210	Miguel Carvalho	00:28:40	00:55:04	00:54:03	2427	SS CGD	V35	414
2303	3426	Liliana Ferreira	00:27:04	00:55:04	00:54:54	2630		V35	52
2304	3394	Nuno Pereira	00:28:10	00:55:05	00:54:12	2459		V35	415
2305	3101	Rui Dias	00:27:06	00:55:05	00:54:00	2412		V40	404
2306	4589	Pedro Bouhon	00:28:02	00:55:05	00:54:50	2610		V50	168
2307	1297	Maria Gonçalves	00:29:03	00:55:07	00:52:52	2200		V45	32
2308	3684	João Gonçalves	00:28:37	00:55:08	00:54:05	2436	Ginásio Clube Português	V50	169
2309	1708	Renato Veloso	00:29:54	00:55:09	00:53:10	2250		Senior	567
2310	5722	João Pereira	00:30:43	00:55:09	00:47:53	1224	Câmara Lisboa Clube	V40	405
2311	3533	António Pereira	00:27:25	00:55:09	00:55:05	2666	GDC Banco de Portugal	V70	12
2312	5115	Pedro Conceição	00:31:13	00:55:10	00:47:42	1189	Rockers29	V40	406
2313	3280	Hélio Branco	00:27:02	00:55:10	00:54:27	2515		Senior	568
2314	1532	Casimiro Ferreira	00:27:22	00:55:11	00:54:53	2623		V40	407
2315	3389	João Raposo	00:28:15	00:55:12	00:54:20	2493		V40	408
2316	1314	Joao Gaspar	00:28:26	00:55:12	00:54:14	2464		V50	170
2317	854	José Castro	00:28:23	00:55:12	00:53:36	2332		V35	416
2318	1887	Vermelhudo Pt	00:27:59	00:55:12	00:53:35	2323	NAV Runners	V55	120
2319	719	Vera Marques	00:27:51	00:55:12	00:54:29	2529		V35	53
2320	1701	Jorge Encantado	00:30:58	00:55:12	00:54:05	2434		Senior	569

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2321	480	Pedro Serra	00:30:37	00:55:13	00:49:41	1576	Treino do Monge	Senior	570
2322	1526	Bruno Rita	00:28:38	00:55:13	00:53:00	2224	Big Bang Team	Senior	571
2323	66	Pedro Rodrigues	00:28:29	00:55:13	00:54:33	2547		V45	260
2324	1719	David Simões	00:29:13	00:55:13	00:54:19	2491		V35	417
2325	4962	Angela Castro	00:27:19	00:55:15	00:55:09	2678		V55	4
2326	714	Patricia Paula	00:27:43	00:55:15	00:54:40	2574		Senior	91
2327	4690	Miguel Lavrador	00:27:23	00:55:16	00:53:43	2356		V40	409
2328	4953	Vitor Ferreira	00:26:34	00:55:16	00:54:25	2507		V50	171
2329	1346	Bernardete Lopes	00:27:49	00:55:17	00:54:26	2510	Talenter	V40	53
2330	3887	Alberto Martins	00:27:32	00:55:17	00:54:12	2457	Brothers in Motion	V50	172
2331	1414	Henriqueta Solipa	00:28:25	00:55:17	00:53:50	2382	tartarugas solidarias	V50	14
2332	4420	Luis Neves	00:28:25	00:55:17	00:53:49	2378	tartarugas solidarias	V45	261
2333	1415	Carlos Renato	00:28:25	00:55:17	00:53:49	2377	tartarugas solidarias	V55	121
2334	1759	Bruno Silva	00:28:38	00:55:18	00:54:00	2416	Flechas Humanas	Senior	572
2335	6160	Paula Coelho-Da-Silva	00:28:27	00:55:18	00:54:42	2584		V50	15
2336	4515	Joana Antunes	00:27:11	00:55:18	00:55:15	2697	TEAM SAPOR	Senior	92
2337	1590	Julio Alvadia	00:29:19	00:55:19	00:53:35	2322	Na Pagas Nada? Team	Senior	573
2338	4071	António Mota	00:27:57	00:55:20	00:54:18	2486		V45	262
2339	1594	João Sequeira	00:29:11	00:55:20	00:53:37	2335	Na Pagas Nada? Team	V40	410
2340	5959	André Santos	00:27:52	00:55:20	00:54:29	2525	KPMG	Senior	574

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2341	2801	Rodrigo Carvalho	00:28:43	00:55:21	00:54:24	2501		V50	173
2342	706	Gleysson Felix	00:27:26	00:55:21	00:55:10	2680		V35	418
2343	4616	Ana Mota	00:29:26	00:55:21	00:53:56	2402		Senior	93
2344	6350	Naty Kazava	00:31:48	00:55:21	00:48:21	1295		Senior	575
2345	1164	Nuno Pereira	00:26:54	00:55:21	00:54:51	2613		V35	419
2346	2922	Eduardo Freitas	00:28:25	00:55:22	00:54:50	2607		V45	263
2347	1819	Rui Vieitas	00:27:28	00:55:22	00:54:56	2634		V35	420
2348	115	Jorge Vieira	00:27:28	00:55:22	00:54:55	2631		V35	421
2349	3680	Dinora Mendonça	00:28:37	00:55:22	00:54:19	2487	Ginásio Clube Português	V40	54
2350	1881	Paula Vieira	00:28:09	00:55:22	00:53:47	2372	FALCÕES SELVAGENS	V40	55
2351	2651	Lionnel Xavier	00:28:14	00:55:23	00:54:30	2535		Senior	576
2352	1957	Paulo Isménio	00:28:28	00:55:24	00:54:00	2413		V40	411
2353	6487	Pedro Valente	00:27:54	00:55:24	00:54:14	2465		Senior	577
2354	3877	Helder Santos	00:27:44	00:55:24	00:54:43	2589		V40	412
2355	5302	Sergio Areias	00:28:28	00:55:24	00:54:01	2421		V35	422
2356	2156	Hugo Pereira	00:27:11	00:55:25	00:53:53	2392	HCP	Senior	578
2357	4328	Jatin Ramgi	00:29:04	00:55:26	00:53:31	2311		Senior	579
2358	2735	Maria Antunes	00:27:48	00:55:26	00:55:06	2669		V45	33
2359	4581	Luis Libanio	00:26:55	00:55:26	00:55:10	2681		V55	122
2360	5911	Andreia Vale	00:27:00	00:55:27	00:55:24	2726	Cofina Runners	V35	54

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2361	2563	António Jorge	00:28:56	00:55:27	00:53:40	2351		V60	62
2362	1966	Fábio Gutierrez	00:28:19	00:55:27	00:55:07	2674	BRRnightRUNNERS	Senior	580
2363	6315	Jorge Jesus	00:28:45	00:55:27	00:53:30	2300		V40	413
2364	5194	Alfredo Pinhal	00:27:45	00:55:27	00:55:12	2687		V60	63
2365	5828	Diamantino Pereira	00:29:03	00:55:27	00:54:53	2625		V35	423
2366	2295	Pedro Amaral	00:28:09	00:55:27	00:55:05	2664		Senior	581
2367	5526	João Moleira	00:27:00	00:55:28	00:55:24	2723		V40	414
2368	5693	Arnaldo Sequeira	00:28:39	00:55:28	00:54:56	2635		V55	123
2369	3492	Daniel Ferreira	00:28:14	00:55:28	00:55:06	2670		Senior	582
2370	4855	João Pereira	00:27:39	00:55:28	00:54:43	2588		V50	174
2371	2742	Luis Canastra	00:28:15	00:55:28	00:54:56	2637		V40	415
2372	803	Alexandre Lourinho	00:28:21	00:55:28	00:54:16	2471		V40	416
2373	6185	Vasco Coelho	00:27:58	00:55:29	00:53:31	2308		V40	417
2374	3505	Sérgio Guerra	00:28:49	00:55:29	00:54:01	2419		V35	424
2375	5950	Luís Carvalho	00:27:11	00:55:29	00:53:40	2350	KPMG	Senior	583
2376	3890	João Santos	00:28:53	00:55:29	00:54:02	2423	Correr Lisboa	V35	425
2377	5111	Hugo Reis	00:27:45	00:55:29	00:55:07	2675	RUSH TEAM	V35	426
2378	3247	Fernando Alves	00:28:53	00:55:30	00:53:52	2387	SS CGD	V50	175
2379	6184	Carlos Costa	00:28:51	00:55:30	00:54:49	2604		V45	264
2380	1353	João Cabrita	00:27:54	00:55:30	00:55:03	2658		Senior	584

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2381	3312	Jose Cordeiro	00:28:41	00:55:30	00:54:00	2414	Os Cordeiros	V50	176
2382	1941	Maria Vieira	00:27:01	00:55:31	00:55:28	2738		V45	34
2383	2298	António Almeida	00:28:55	00:55:31	00:53:29	2294		V35	427
2384	3372	Sofia Gaspar	00:30:44	00:55:32	00:48:58	1417		Senior	94
2385	3374	Bruno Gaspar	00:30:44	00:55:32	00:48:58	1422		V40	418
2386	5673	Susana Nobre	00:29:36	00:55:33	00:53:36	2329		V35	55
2387	426	Antonio Monteiro	00:30:07	00:55:34	00:51:27	1909	Os Galgos	V65	20
2388	3151	Jorge Ferreira	00:27:56	00:55:34	00:54:52	2619	running of dª maria	V50	177
2389	6311	Gonçalo Forte	00:30:17	00:55:34	00:53:37	2336		V35	428
2390	2121	Pedro Silova	00:29:16	00:55:34	00:54:04	2429		V45	265
2391	3927	Marina Matias	00:29:09	00:55:35	00:53:29	2296		V45	35
2392	4259	Aline Correia	00:28:14	00:55:36	00:53:29	2295	CCD Siemens	Senior	95
2393	6108	Vitor Silva	00:29:29	00:55:36	00:53:37	2337		V55	124
2394	374	Rui Silva	00:30:56	00:55:36	00:49:00	1429		V45	266
2395	1808	António Araújo	00:27:22	00:55:36	00:54:51	2618		V45	267
2396	3592	Rui Mota	00:28:55	00:55:36	00:53:53	2397	Grupo amigos motards os piratas	Senior	585
2397	6109	Hugo Severino	00:29:26	00:55:36	00:53:38	2342		V35	429
2398	5593	Luís Teixeira	00:28:04	00:55:36	00:54:18	2485	Os Tartarugas	V45	268
2399	5884	João Duarte	00:29:19	00:55:37	00:55:07	2673		V35	430
2400	4928	Nuno Monteiro	00:27:26	00:55:37	00:54:36	2560		V35	431

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2401	4580	Bruno Reis	00:29:03	00:55:37	00:54:56	2639		V35	432
2402	3633	Hailê Wella	00:29:09	00:55:37	00:54:53	2622		Senior	586
2403	1569	Pedro Machado	00:28:41	00:55:38	00:54:17	2478		V40	419
2404	3040	David Reis	00:28:23	00:55:38	00:54:15	2469		V35	433
2405	2696	Helena Leitão	00:27:35	00:55:39	00:55:11	2684	RunLovers	V45	36
2406	2858	Albertino Soares	00:29:09	00:55:39	00:54:01	2420	Lebres da Lapa	V50	178
2407	2153	Maria Conceição	00:28:35	00:55:39	00:54:02	2425	NAV Runners	V50	16
2408	264	Carmen Cristino	00:28:30	00:55:39	00:54:45	2593	Team da PTZona	V40	420
2409	184	Luis Pardal	00:27:54	00:55:39	00:55:10	2679		V45	269
2410	2697	João Leitão	00:27:35	00:55:40	00:55:12	2690	RunLovers	V45	270
2411	2116	João Branco	00:27:35	00:55:40	00:54:36	2562		Senior	587
2412	2009	Luis Pereira	00:31:02	00:55:40	00:48:58	1419		V40	421
2413	5240	Pedro Corte	00:29:45	00:55:40	00:54:50	2608		V35	434
2414	4163	Orlando Soeiro	00:27:11	00:55:40	00:55:23	2718		Senior	588
2415	5698	António Domingues	00:27:32	00:55:40	00:55:28	2737		V40	422
2416	2344	Eduardo Moutinho	00:26:56	00:55:41	00:55:33	2757		V45	271
2417	5850	João Luís	00:31:18	00:55:41	00:48:48	1386		Senior	589
2418	3810	Marcos Afonso	00:28:37	00:55:41	00:53:37	2338		Senior	590
2419	2325	Joana Costa	00:29:22	00:55:41	00:53:38	2343	Os Conta-Kilómetros	Senior	96
2420	291	Jorge Paulo	00:28:32	00:55:41	00:54:31	2540		V55	125

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2421	487	Rita Certã	00:28:07	00:55:42	00:53:58	2406	tartarugas solidarias	V35	56
2422	5455	Luis Cabeçadas	00:28:07	00:55:42	00:55:25	2727		V50	179
2423	3995	Luis Compoete	00:28:20	00:55:43	00:53:59	2407		V45	272
2424	6169	Pedro Guerra	00:27:16	00:55:43	00:54:24	2506		V35	435
2425	1006	Luis Duarte	00:27:29	00:55:44	00:55:03	2657		V40	423
2426	3218	Nuno Botelho	00:29:21	00:55:44	00:53:24	2284		V40	424
2427	4031	Carlos Morais	00:28:17	00:55:44	00:54:30	2534	Mercedes-Benz	V45	273
2428	3685	Nuno Silva	00:28:36	00:55:44	00:54:33	2550	Ginásio Clube Português	V45	274
2429	3683	Teresa Garcia	00:28:36	00:55:44	00:54:41	2576	Ginásio Clube Português	V50	17
2430	5735	Hugo Almeida	00:30:01	00:55:44	00:54:26	2513		V40	425
2431	2678	Paulo Cardoso	00:29:30	00:55:45	00:54:14	2461		V50	180
2432	3851	Liliana Henriques	00:29:22	00:55:45	00:53:42	2355	Os Conta-Kilómetros	Senior	97
2433	1907	Edgar Valente	00:27:59	00:55:45	00:54:41	2577		Senior	591
2434	5966	Milton Figueira	00:28:15	00:55:45	00:54:14	2467	KPMG	Senior	592
2435	5461	Rute Marta	00:27:18	00:55:46	00:54:42	2583		V40	56
2436	6430	Damian Leszczynski	00:31:43	00:55:47	00:48:47	1384		V35	436
2437	6460	Pedro Silveira	00:29:23	00:55:47	00:53:39	2344		V40	426
2438	770	Luis Lemos	00:31:35	00:55:48	00:50:40	1776		V45	275
2439	4734	Sofia Escária	00:27:00	00:55:48	00:55:41	2786	escaria&friends	Junior	3
2440	4774	João Osório	00:28:58	00:55:48	00:53:45	2358		V40	427

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2441	3778	Jorge Pereira	00:29:12	00:55:48	00:53:31	2310	TroubleMakers	V35	437
2442	1394	António Tavares	00:28:20	00:55:48	00:54:17	2481		V50	181
2443	3084	Fernando Nunes	00:27:47	00:55:48	00:55:30	2746		V40	428
2444	3876	Nuno Borges	00:29:09	00:55:48	00:55:04	2661		Senior	593
2445	3856	Raquel Loureiro	00:28:33	00:55:50	00:55:11	2683	os you turbe	Senior	98
2446	5139	Fernando Luz	00:31:39	00:55:50	00:48:52	1396	GDCT Unicre	V45	276
2447	1528	Mário Gonçalves	00:29:11	00:55:50	00:54:33	2549	Gil Eanes Running	V45	277
2448	1633	Gizela Mota	00:28:49	00:55:50	00:54:25	2508		V40	57
2449	1244	Katharina Silva	00:27:20	00:55:51	00:55:47	2802		V45	37
2450	6418	Ricardo Palma	00:26:25	00:55:51	00:55:48	2808		Senior	594
2451	4233	Pedro Marques	00:28:46	00:55:51	00:54:29	2523		V35	438
2452	1959	José Caldeirinha	00:26:47	00:55:52	00:55:31	2752	tartarugas solidarias	V35	439
2453	644	Bruno Almeida	00:28:12	00:55:53	00:54:50	2606	Asas	Senior	595
2454	488	Miguel Meirinhos	00:29:05	00:55:53	00:54:08	2444	tartarugas solidarias	Senior	596
2455	5072	Carla Duarte	00:27:04	00:55:54	00:55:47	2806		V50	18
2456	6483	Carlos Costa	00:28:48	00:55:54	00:54:17	2482		V40	429
2457	3989	Lina Santos	00:28:56	00:55:54	00:54:17	2476		V35	57
2458	1937	Tiago Jorge	00:29:26	00:55:54	00:54:45	2594		Senior	597
2459	2387	Jose Teixeira	00:26:37	00:55:54	00:55:46	2800		V60	64
2460	5423	Mário Lobo	00:27:54	00:55:54	00:55:23	2719	BIVAC IBERICA	V40	430

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2461	5151	Marcelo Cardoso	00:27:42	00:55:55	00:55:47	2804	GDCT Unicre	V45	278
2462	6012	Sérgio Ribeiro	00:29:47	00:55:55	00:54:07	2442		Senior	598
2463	3785	Conceicao Varela	00:29:25	00:55:55	00:55:15	2696	Correr Queluz	V40	58
2464	2187	João Romana	00:28:26	00:55:55	00:55:50	2819		V45	279
2465	2506	João Freire	00:29:50	00:55:56	00:51:33	1926	GDCTINCM	V50	182
2466	749	Jorge Pires	00:30:06	00:55:56	00:54:00	2415		V60	65
2467	3494	Paulo Barreira	00:29:01	00:55:56	00:54:28	2521		V40	431
2468	5987	Ricardo Rosado	00:27:42	00:55:56	00:54:51	2614		Senior	599
2469	6119	Maria Ramos	00:30:16	00:55:56	00:54:46	2599		Senior	99
2470	5907	João Santos	00:28:48	00:55:56	00:53:34	2321	GDCFA	Senior	600
2471	5713	Teresa Lage	00:27:48	00:55:57	00:55:23	2721	LxOutdoor	V40	59
2472	4084	Fausto Pereira	00:33:12	00:55:58	00:44:53	658		Senior	601
2473	455	Etelvina Vidal	00:31:35	00:55:58	00:49:17	1499		V45	38
2474	4713	Paulo Coelho	00:28:08	00:55:58	00:54:48	2602		V40	432
2475	642	Jose Ferrabelo	00:28:12	00:55:58	00:54:56	2638	Asas	V60	66
2476	4667	Eduardo Santini	00:28:24	00:55:58	00:54:51	2611		V35	440
2477	5023	Joao Duarte	00:28:24	00:55:58	00:54:45	2596		V40	433
2478	163	Carlos Franco	00:29:47	00:55:59	00:53:53	2396		V40	434
2479	3657	Pedro Pereira	00:29:15	00:55:59	00:54:14	2466	Lost Runners	Senior	602
2480	4674	Luis Ribeiro	00:31:35	00:55:59	00:54:26	2512		V40	435

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2481	6359	João Sequeira	00:29:15	00:55:59	00:53:36	2333		V35	441
2482	5631	Isabel Abrantes	00:27:45	00:55:59	00:55:50	2818	ROFF	V35	58
2483	5331	Joaquim Fernandes	00:29:05	00:56:00	00:54:22	2499	C.C.D.das Autarquias de Almada	V65	21
2484	3782	Patricia Rocha	00:28:36	00:56:00	00:55:02	2653	Friends2Run	V35	59
2485	4970	Bruno Brito	00:28:58	00:56:00	00:54:47	2601		V35	442
2486	3009	Rui Sousa	00:27:15	00:56:00	00:55:58	2842	Equipa Tivoli	V50	183
2487	3860	Manuel Martinho	00:28:47	00:56:01	00:54:10	2454	AFO	V45	280
2488	3858	Ricardo Campos	00:28:48	00:56:01	00:54:09	2447	AFO	V35	443
2489	1586	Carlos Gonçalves	00:27:51	00:56:01	00:55:43	2790	Os Coxos	Senior	603
2490	3159	Joaquim Barroso	00:31:44	00:56:01	00:49:01	1434		V50	184
2491	5309	Valdemar Rocha	00:29:07	00:56:01	00:54:19	2489		V50	185
2492	972	Leonor Farinha	00:28:53	00:56:01	00:54:24	2503		V50	19
2493	2866	Rui Boto	00:27:51	00:56:02	00:55:23	2722		V45	281
2494	6413	David Wahl	00:28:12	00:56:02	00:55:53	2830		V65	22
2495	1782	Carina Amaro	00:27:35	00:56:02	00:55:56	2836		Senior	100
2496	4462	Nuno Silva	00:28:21	00:56:03	00:55:03	2660		Senior	604
2497	5829	António Teixeira	00:29:03	00:56:04	00:55:31	2749		Senior	605
2498	2400	Alexandra Guerreiro	00:28:48	00:56:04	00:54:14	2462		V40	60
2499	4389	Carlos Soares	00:28:50	00:56:05	00:52:12	2064	Correr Lisboa	V45	282
2500	475	Sérgio Pontes	00:32:09	00:56:06	00:50:26	1732	Treino do Monge	V35	444

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2501	3116	Rita Azevedo	00:28:43	00:56:06	00:54:22	2497	Run Buddy Run	V35	60
2502	6476	Cristina Magnani	00:28:16	00:56:07	00:54:16	2472		V50	20
2503	2157	Olga Viana	00:28:34	00:56:08	00:54:36	2563	HCP	Senior	101
2504	3936	Paula Bakker	00:28:28	00:56:08	00:55:37	2772		V40	61
2505	3521	Luis Guerreiro	00:29:59	00:56:08	00:54:51	2616		V40	436
2506	1914	Paulo Vaz	00:28:58	00:56:09	00:54:28	2519	Aqua Runners/Mais que Cuidar Team	Senior	606
2507	6352	José Pedreira	00:27:13	00:56:09	00:54:36	2559		V50	186
2508	1912	Paulo Patrício	00:28:58	00:56:09	00:54:29	2524	Aqua Runners/Mais que Cuidar Team	V45	283
2509	3603	Sandra Teixeira	00:27:22	00:56:09	00:55:35	2764	Brigada do Reumático	Senior	102
2510	6382	Joana Caldeira	00:27:17	00:56:10	00:56:05	2878	A.M.Atibá	V40	62
2511	5803	Manya Afonso	00:28:20	00:56:11	00:56:01	2856		Senior	607
2512	6297	Paulo Gonçalves	00:28:24	00:56:11	00:55:25	2728		V45	284
2513	5327	Armando Gonçalves	00:27:38	00:56:11	00:56:04	2870	C.C.D.das Autarquias de Almada	V60	67
2514	5278	Altina Gaspar	00:28:11	00:56:11	00:54:35	2558	Aqua Runners/Mais que Cuidar Team	V40	63
2515	809	Simona Demuro	00:28:00	00:56:11	00:55:37	2773		V45	39
2516	2486	Mike Mwaduma	00:29:04	00:56:11	00:53:52	2389		V40	437
2517	4955	Rodrigo Brás	00:28:40	00:56:11	00:55:45	2797		Senior	608
2518	3057	Vanessa Fonseca	00:27:36	00:56:11	00:55:56	2838		Senior	103
2519	1769	Gustavo Belo	00:28:21	00:56:11	00:55:47	2801		Junior	40
2520	1644	Carlos Costa	00:29:34	00:56:12	00:54:56	2636		Senior	609

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2521	2331	Susana Luís	00:28:33	00:56:12	00:55:21	2717	Lagartixas Team	V35	61
2522	1251	Nuno Goncalves	00:27:04	00:56:12	00:56:12	2897	Keep running	V60	68
2523	5847	Joana Morim	00:28:32	00:56:12	00:54:16	2473		Senior	104
2524	3878	Huang Jingyang	00:28:45	00:56:12	00:55:17	2707		Senior	610
2525	4934	Daniel Fialho	00:28:40	00:56:12	00:55:44	2796		Senior	611
2526	3692	Carlos Martins	00:29:00	00:56:13	00:54:39	2567	OS MARTINS	Senior	612
2527	1285	Hugo Colaço	00:29:07	00:56:13	00:54:54	2629		V35	445
2528	1956	João Seica	00:28:29	00:56:14	00:54:51	2615		V35	446
2529	6291	Carlos Antunes	00:29:35	00:56:14	00:55:43	2794		Junior	41
2530	306	Sara Paulino	00:29:25	00:56:14	00:53:06	2243	Magda Verissimo	Senior	105
2531	3815	Paulo Leitao	00:30:37	00:56:15	00:50:55	1812		Senior	613
2532	2389	Tiago Pacheco	00:29:06	00:56:15	00:54:35	2556		Senior	614
2533	6274	Marco Copes	00:28:16	00:56:15	00:55:59	2847		V40	438
2534	1454	Gonçalo Lopes	00:29:10	00:56:15	00:54:30	2532	Run Buddy Run	V40	439
2535	4505	Marco Costa	00:27:53	00:56:15	00:56:12	2900		Senior	615
2536	2350	Joana Oliveira	00:27:48	00:56:15	00:56:10	2887		Senior	106
2537	4680	Sónia Capitão-Mor	00:27:52	00:56:15	00:56:13	2902		V35	62
2538	1468	Vasco Palma	00:30:15	00:56:16	00:55:00	2647		V50	187
2539	4818	Pedro Oliveira	00:27:43	00:56:16	00:56:15	2908	Estratego Distribution	V45	285
2540	2635	Catarina Silva	00:29:17	00:56:17	00:54:34	2551	Run Buddy Run	V35	63

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2541	6009	Filipe Ribeiro	00:29:12	00:56:17	00:54:35	2554		V35	447
2542	4908	Kristina Rastenyte	00:29:20	00:56:17	00:54:27	2516		Senior	107
2543	5001	Ana Conduto	00:29:21	00:56:18	00:54:06	2438		Senior	108
2544	6121	Possidonio Cachapa	00:27:36	00:56:18	00:56:07	2883		V45	286
2545	2485	Danilo Hassamo	00:27:52	00:56:19	00:55:12	2688		V40	440
2546	2432	André Marques	00:27:52	00:56:19	00:55:12	2685		Senior	616
2547	2844	Pedro Marques	00:27:21	00:56:19	00:55:13	2693	PLEN	V35	448
2548	1299	Jose Freitas	00:27:51	00:56:19	00:56:06	2880		V50	188
2549	189	Paulo Jerónimo	00:29:24	00:56:20	00:54:32	2545		V50	189
2550	970	Dina Vidinha	00:27:20	00:56:20	00:56:01	2855		V35	64
2551	5479	Jose Barata	00:28:08	00:56:21	00:56:03	2860		V55	126
2552	3004	Joana Feliciano	00:31:17	00:56:21	00:49:24	1520	Midwinners	Senior	109
2553	4432	João Ribeiro	00:28:39	00:56:21	00:55:20	2715		Senior	617
2554	4817	Carla Correia	00:27:58	00:56:22	00:56:06	2879	BRRnightRUNNERS	V40	64
2555	1451	Susana Mendes	00:27:39	00:56:22	00:56:05	2876	Maguigos	V40	65
2556	579	Marlene Oliveira	00:27:50	00:56:22	00:56:10	2886		V40	66
2557	3650	Rui Cardoso	00:27:53	00:56:22	00:55:56	2835		Senior	618
2558	3041	Eurico Teixeira	00:31:17	00:56:22	00:49:53	1609		V35	449
2559	3289	Luís Avó	00:30:23	00:56:23	00:54:09	2446		V35	450
2560	5400	Elisabete Broco	00:27:53	00:56:23	00:55:59	2845		V40	67

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2561	2737	Maria Carvalho	00:29:42	00:56:23	00:54:40	2573		V35	65
2562	38	Elisabete Pinto	00:28:31	00:56:23	00:56:20	2926		V45	40
2563	5805	João Batista	00:29:33	00:56:24	00:55:51	2824		V50	190
2564	1000	Hugo Henriques	00:29:10	00:56:24	00:55:28	2741		V35	451
2565	2933	Mário Santos	00:28:12	00:56:24	00:56:18	2916		V40	441
2566	1824	Rui Gouveia	00:27:12	00:56:25	00:56:00	2851		Senior	619
2567	1014	Joao Falé	00:27:47	00:56:26	00:55:05	2668		Senior	620
2568	4994	Pedro Vieira	00:28:29	00:56:26	00:55:12	2691		V35	452
2569	4553	Cláudia Saraiva	00:29:05	00:56:26	00:55:48	2810	BRRnightRUNNERS	V35	66
2570	911	Luis Barata	00:28:05	00:56:27	00:55:58	2840		V50	191
2571	648	Antonio Caeiro	00:29:02	00:56:27	00:55:28	2739		V40	442
2572	502	Marta Berneaud	00:28:52	00:56:27	00:55:18	2710	ORTOBEST RUNNING TEAM	Senior	110
2573	6170	Rita Brites	00:29:20	00:56:27	00:54:39	2566		Senior	111
2574	1447	Acácio Gamboa	00:29:10	00:56:27	00:55:31	2748		V45	287
2575	3117	Andreia Brito	00:29:18	00:56:28	00:54:44	2591	Run Buddy Run	V35	67
2576	1873	Rui Reis	00:28:42	00:56:28	00:55:20	2714		V45	288
2577	6173	Lukas Güttler	00:29:20	00:56:28	00:54:40	2569		Senior	621
2578	4731	João Palma	00:28:18	00:56:28	00:55:23	2720	Speed of Yellow	V35	453
2579	4158	Emilia Galinha	00:27:54	00:56:28	00:55:50	2817		V55	5
2580	2507	José Abreu	00:28:56	00:56:28	00:55:32	2753	GDCTINCM	V65	23

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2581	835	Joaquim Direitinho	00:27:43	00:56:28	00:56:23	2931		V60	69
2582	2929	Joao Seborro	00:28:31	00:56:29	00:56:09	2885		V45	289
2583	578	Mario Caeiro	00:29:32	00:56:29	00:55:26	2730		V40	443
2584	3861	José Moura	00:32:07	00:56:30	00:49:29	1537		Senior	622
2585	2223	Joao Almeida	00:31:04	00:56:30	00:49:52	1608		V35	454
2586	1743	Gil Pereira	00:29:17	00:56:30	00:54:38	2565	BRRnightRUNNERS	V45	290
2587	2842	Nuno Pinheiro	00:31:35	00:56:31	00:49:02	1437	PLEN	V40	444
2588	6421	Nuno Matos	00:28:29	00:56:31	00:55:48	2807		V35	455
2589	4915	Pedro Ferreira	00:30:53	00:56:31	00:55:48	2811	3Pês	V35	456
2590	472	Luis Rebelo	00:27:44	00:56:32	00:55:18	2708		V35	457
2591	5078	Patrícia Caeiro	00:28:36	00:56:32	00:55:39	2782		V40	68
2592	5183	Ana Silva	00:28:35	00:56:32	00:55:39	2781		V40	69
2593	4956	Luis Santos	00:26:58	00:56:32	00:56:20	2921		V45	291
2594	3579	Dina Brilha	00:30:01	00:56:32	00:55:46	2799	Amélia Valentim Frazão	V45	41
2595	1709	Patricia Sousa	00:28:46	00:56:32	00:56:05	2875		V35	68
2596	2826	Cláudio Cruz	00:32:07	00:56:33	00:49:30	1541		Senior	623
2597	3823	Cátia Pinto	00:29:06	00:56:33	00:55:18	2711	Pinguins do Ártico	Senior	112
2598	3699	Bruno Tavares	00:32:36	00:56:33	00:48:41	1365	Referees Margem Sul	Senior	624
2599	4255	Lara Simons	00:29:30	00:56:33	00:54:26	2514	CCD Siemens	Senior	113
2600	3578	Carlos Neto	00:30:01	00:56:33	00:55:48	2809	Amélia Valentim Frazão	V45	292

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2601	4220	Paulo Barreiros	00:30:30	00:56:34	00:51:47	1975	Geek on the Run!	V45	293
2602	3984	Valter Nunes	00:29:03	00:56:34	00:54:33	2548		Senior	625
2603	4183	Bruno Loução	00:29:03	00:56:34	00:54:32	2542		Senior	626
2604	6391	Sofia Trancoso	00:29:11	00:56:34	00:54:45	2595		Senior	114
2605	4022	Ana Henrique	00:29:05	00:56:35	00:56:01	2854	BRRnightRUNNERS	V40	70
2606	2227	Pedro Vala	00:30:02	00:56:35	00:55:47	2805		V45	294
2607	1467	Manuel Araújo	00:26:39	00:56:36	00:56:25	2938	GRD OS FIXES	V50	192
2608	2629	Nuno Raminhos	00:29:25	00:56:36	00:54:43	2587	BRRnightRUNNERS	V45	295
2609	1131	Celia Lourenco	00:29:17	00:56:36	00:54:44	2592	BRRnightRUNNERS	V40	71
2610	2101	José Gil	00:28:06	00:56:36	00:55:53	2831		V40	445
2611	5802	Alexandra Andrade	00:29:46	00:56:37	00:56:35	2972		Senior	115
2612	4198	Victor Dias	00:27:15	00:56:38	00:56:11	2894	g.d.chelas	V45	296
2613	6353	Analice Silva	00:28:41	00:56:38	00:55:43	2793		V70	1
2614	5280	João Matos	00:28:11	00:56:38	00:55:56	2837		Senior	627
2615	5073	Margarida Brízido	00:28:11	00:56:39	00:55:57	2839		Senior	116
2616	3366	Patricia Santos	00:28:52	00:56:39	00:56:10	2891		Senior	117
2617	841	Cristina Cerda	00:29:07	00:56:39	00:54:56	2633		V40	72
2618	5316	Rui Brito	00:28:25	00:56:40	00:55:27	2736	Mercedes-Benz	V35	458
2619	5221	Avelino Véstias	00:28:51	00:56:40	00:56:40	2989		V65	24
2620	5763	Fernando Bruno	00:31:18	00:56:40	00:54:07	2441		V35	459

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2621	846	Maria Dinis	00:28:28	00:56:40	00:55:29	2745	Gonçalves Dinis	Junior	4
2622	2382	Sandra Carvalho	00:28:13	00:56:40	00:56:04	2872	GRCD Leião	V40	73
2623	3198	Rui Santos	00:28:58	00:56:41	00:55:16	2702		V55	127
2624	6067	Paulo Dias	00:28:59	00:56:41	00:55:16	2703		V40	446
2625	4574	Pedro Henriques	00:29:46	00:56:42	00:54:41	2579		Senior	628
2626	3985	Paulo Prazeres	00:27:15	00:56:43	00:55:26	2734		Senior	629
2627	3564	Ana Vences	00:30:01	00:56:43	00:54:27	2518	Coininha Runners	V35	69
2628	4436	Andre Dias	00:28:52	00:56:43	00:55:05	2663		Senior	630
2629	2732	Maria Adonis	00:26:59	00:56:43	00:56:37	2979	Os Estrunfes	V40	74
2630	6155	Luis Marques	00:28:23	00:56:43	00:56:00	2849		V40	447
2631	5724	Adelino Pires	00:32:33	00:56:43	00:49:26	1530	Câmara Lisboa Clube	V50	193
2632	2475	Teresa Rodrigues	00:28:09	00:56:43	00:56:10	2890		V40	75
2633	6322	Daniela Santos	00:28:22	00:56:44	00:56:03	2861		V40	76
2634	4622	Rodrigo Francisco	00:30:54	00:56:44	00:49:57	1625		Junior	42
2635	5835	Ricardo Miranda	00:30:05	00:56:44	00:54:43	2586		V35	460
2636	6292	Daniel Duarte	00:28:48	00:56:44	00:55:33	2758		V35	461
2637	5624	Carlos Fernandes	00:26:42	00:56:44	00:56:30	2952	ROFF	Senior	631
2638	600	Luís Barroso	00:29:06	00:56:45	00:54:53	2627		V55	128
2639	1524	Igor Sousa	00:29:14	00:56:45	00:54:32	2544	Big Bang Team	Senior	632
2640	1061	Hélder Francisco	00:29:00	00:56:46	00:55:02	2655		V40	448

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2641	984	Tiago Fernandes	00:29:41	00:56:47	00:54:46	2597		Senior	633
2642	800	Lúis Gouveia	00:27:05	00:56:47	00:56:20	2924		V40	449
2643	2708	João Garcia	00:28:19	00:56:47	00:55:43	2792	ACP	Senior	634
2644	124	Carla Silvestre	00:28:22	00:56:47	00:56:11	2892		Senior	118
2645	2075	Sérgio Rodrigues	00:29:47	00:56:47	00:54:27	2517		Senior	635
2646	1784	Carlos Morais	00:29:33	00:56:47	00:55:14	2695		V40	450
2647	4614	António Rodrigues	00:27:04	00:56:48	00:56:19	2920	FCK Runners	Senior	636
2648	2205	Julio Verde	00:29:29	00:56:48	00:55:35	2763		V50	194
2649	2206	Nuno Santos	00:29:28	00:56:49	00:55:35	2767		V35	462
2650	4790	Jorge Pires	00:29:00	00:56:49	00:55:40	2784		V35	463
2651	1157	João Ferreira	00:27:57	00:56:49	00:56:30	2953		V40	451
2652	5658	Keli Falletti	00:28:40	00:56:49	00:56:06	2882		V40	77
2653	2207	António Cardoso	00:29:28	00:56:50	00:55:36	2769		V45	297
2654	4605	Arsenio Rodrigues	00:29:53	00:56:50	00:54:39	2568		V45	298
2655	4612	Alexandre Mendonça	00:28:10	00:56:50	00:56:18	2914	FCK Runners	Senior	637
2656	511	Pedro Domingos	00:29:29	00:56:50	00:55:17	2706	CLUBE NOVO BANCO	V40	452
2657	425	Mário Monteiro	00:27:49	00:56:50	00:55:52	2825	Os Galgos	V40	453
2658	4069	Igor Batista	00:29:19	00:56:51	00:54:35	2553		Senior	638
2659	5414	Frederico Sousa	00:28:39	00:56:52	00:56:04	2864	Lebres e Tartarugas	V50	195
2660	4745	Nuno Clemente	00:32:03	00:56:52	00:53:24	2282	Equipa Tivoli	V35	464

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2661	4932	João Simões	00:29:32	00:56:52	00:56:28	2948		Senior	639
2662	1875	Nuno Abreu	00:27:33	00:56:53	00:56:17	2912		V35	465
2663	5472	Ricardo Pereira	00:31:55	00:56:53	00:49:14	1488	Safaricom	Senior	640
2664	701	Alexandre Costa	00:28:04	00:56:54	00:56:04	2865		V50	196
2665	4624	Pedro Monteiro	00:27:02	00:56:54	00:56:45	3011		Senior	641
2666	4728	Vanda Covas	00:29:31	00:56:54	00:55:12	2689	2x1	Senior	119
2667	1339	Rita Mina	00:27:41	00:56:54	00:56:53	3029		V40	78
2668	2276	António Caldeira	00:27:32	00:56:55	00:56:44	3009	Associação Daniel Caldeira	V60	70
2669	2961	João Silva	00:30:10	00:56:55	00:55:17	2705		V50	197
2670	3664	António Andrade	00:28:23	00:56:55	00:55:58	2841	Rebenta Milhas	V50	198
2671	3481	Vera Santos	00:29:04	00:56:55	00:56:00	2852	Running Tabata Team Alfragide	Senior	120
2672	5606	Neil Hamer	00:29:06	00:56:55	00:55:13	2692		V35	466
2673	2728	Carla Cardoso	00:28:05	00:56:56	00:56:50	3026	Os Estrunfes	V40	79
2674	4894	Francisco Barbosa	00:30:45	00:56:56	00:50:29	1740		V55	129
2675	755	Luís Tonicher	00:29:42	00:56:57	00:55:44	2795		V35	467
2676	6377	Sara Nascimento	00:28:46	00:56:57	00:56:01	2853		Senior	121
2677	909	Meagan Carty	00:27:39	00:56:57	00:56:55	3034		V35	70
2678	5186	António Sietra	00:29:24	00:56:58	00:55:50	2814		V40	454
2679	3480	Ana Monteiro	00:29:05	00:56:58	00:56:03	2863	Running Tabata Team Alfragide	Senior	122
2680	5851	António Pereira	00:30:12	00:56:58	00:55:36	2768		V60	71

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2681	2619	Ana Fernandes	00:28:17	00:56:58	00:56:55	3033	Os Gordos	V35	71
2682	2618	Jorge Morais	00:28:16	00:56:58	00:56:56	3038	Os Gordos	V40	455
2683	6397	Pedro Carreiro	00:30:21	00:56:59	00:55:01	2650		V40	456
2684	2385	Silvino Martins	00:28:04	00:56:59	00:56:58	3045		V65	25
2685	3402	Luis Costa	00:29:15	00:56:59	00:55:59	2846		V35	468
2686	116	Rui Godinho	00:30:12	00:57:00	00:55:38	2775		V40	457
2687	1670	Luís Trigo	00:28:55	00:57:00	00:54:58	2642	Os Conta-Kilómetros	V35	469
2688	4811	Filipe Nogueira	00:29:27	00:57:01	00:56:13	2901	Todos Juntos	V45	299
2689	5974	Armando Brito	00:28:53	00:57:01	00:56:30	2958		V45	300
2690	4258	Luís Reves	00:29:32	00:57:01	00:55:49	2812	CCD Siemens	V40	458
2691	6030	Gustavo Rodrigues	00:32:26	00:57:01	00:49:26	1528	Management Solutions	Senior	642
2692	4147	Diogo Magalhães	00:29:08	00:57:02	00:55:14	2694	A melhor.	Senior	643
2693	6496	Aires Ildefonso	00:30:10	00:57:02	00:54:40	2572		Senior	644
2694	2927	2927	00:30:10	00:57:02	00:54:41	2578		V60	72
2695	352	Marcos Madeira	00:29:17	00:57:02	00:55:38	2779		V40	459
2696	620	Carla Raposo	00:28:33	00:57:02	00:56:26	2940	Correr Lisboa	V40	80
2697	2838	Joaquim Melo	00:28:52	00:57:03	00:56:21	2927		V45	301
2698	3662	Pedro Soares	00:28:30	00:57:03	00:56:05	2877	Rebenta Milhas	Senior	645
2699	4978	Paulo Moreno	00:28:52	00:57:03	00:56:22	2930		V45	302
2700	3588	Paulo Costa	00:28:03	00:57:03	00:56:11	2893	Pastelaria Charly	V40	460

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2701	3652	Pedro Martins	00:29:17	00:57:03	00:55:43	2789	just run it	Senior	646
2702	6171	Joana Chaves	00:28:29	00:57:04	00:55:50	2816		Senior	123
2703	5991	João Niza	00:30:05	00:57:04	00:55:51	2823		V45	303
2704	3170	Diogo António	00:28:16	00:57:05	00:56:42	2999		Senior	647
2705	6490	Carlos Gomes	00:28:54	00:57:05	00:55:31	2751		V40	461
2706	3882	Ana Pedro	00:28:21	00:57:05	00:56:27	2942		Senior	124
2707	3735	Joao Francisco	00:27:51	00:57:05	00:56:47	3017		V35	470
2708	5904	Ana Andrade	00:28:16	00:57:06	00:56:32	2967	LxOutdoor	V35	72
2709	3724	Flávio Guerreiro	00:29:46	00:57:06	00:56:18	2915		Senior	648
2710	1632	Leandro Faria	00:28:50	00:57:07	00:55:32	2754		Senior	649
2711	1375	Cristina Cunha	00:28:35	00:57:07	00:56:40	2988		V45	42
2712	1118	Gonçalo Vaz	00:28:33	00:57:08	00:55:28	2742		Senior	650
2713	2525	Pedro Pinto	00:33:29	00:57:08	00:49:45	1589	Os indomaveis	V60	73
2714	2220	Mara Correia	00:29:19	00:57:08	00:55:01	2652		V35	73
2715	4367	Cristina Santana	00:28:08	00:57:08	00:56:31	2962		Senior	125
2716	2885	Armando Verissimo	00:33:12	00:57:08	00:49:17	1496	Referees Margem Sul	V35	471
2717	2210	Edgar Batista	00:29:19	00:57:08	00:55:02	2656		V35	472
2718	1789	Jorge Silva	00:26:33	00:57:09	00:56:44	3005		V45	304
2719	3363	Paulo Mafra	00:27:05	00:57:09	00:57:09	3073		V45	305
2720	2613	Nuno Carvalho	00:29:29	00:57:09	00:54:58	2643	Catch Me If You Can	V45	306

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2721	486	Luís Cabaça	00:29:05	00:57:09	00:55:24	2725	tartarugas solidarias	V35	473
2722	3600	David Afonso	00:30:01	00:57:09	00:55:38	2778	Clube Tap Portugal	V45	307
2723	6363	Luis Gaboleiro	00:30:01	00:57:09	00:54:58	2640		Senior	651
2724	5168	Calos Lopes	00:27:44	00:57:09	00:57:09	3074	Os Serranos	V45	308
2725	5169	Odete Francisco	00:27:44	00:57:09	00:57:09	3075	Os Serranos	V40	81
2726	220	Nuno Rosa	00:29:17	00:57:10	00:55:59	2844		V45	309
2727	4504	Renato Carreira	00:27:52	00:57:10	00:55:52	2828	Gil Eanes Running	V40	462
2728	5780	Jorge Pais	00:28:34	00:57:10	00:55:35	2766		Senior	652
2729	4179	Bruno Moreira	00:27:47	00:57:10	00:56:38	2980		Senior	653
2730	6441	Ana Alves	00:29:37	00:57:10	00:55:20	2716		V40	82
2731	2029	Pedro Silva	00:32:19	00:57:10	00:49:38	1568		Senior	654
2732	1555	Manuel Palmeiro	00:29:22	00:57:11	00:56:52	3028		V35	474
2733	1874	Nuno Menezes	00:30:09	00:57:11	00:55:15	2698		V40	463
2734	4896	Mónica Iglésias	00:28:24	00:57:11	00:55:51	2820		V40	83
2735	4895	Carlos Iglésias	00:28:24	00:57:11	00:55:50	2815		V45	310
2736	5310	Carlos Morais	00:27:58	00:57:12	00:56:44	3007		V50	199
2737	3045	José Modesto	00:27:23	00:57:12	00:57:10	3083		V40	464
2738	5454	Bruno Morais	00:27:58	00:57:13	00:56:44	3006		Senior	655
2739	474	Nuno Condeco	00:32:16	00:57:13	00:50:18	1701		V35	475
2740	4918	Catarina Varges	00:28:39	00:57:13	00:56:24	2934	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V40	84

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2741	1407	Luís Vitorino	00:29:25	00:57:14	00:56:30	2957		Senior	656
2742	4033	Pedro Alves	00:28:49	00:57:14	00:56:04	2873	Mercedes-Benz	V35	476
2743	4456	Nuno Mendonça	00:30:22	00:57:14	00:54:59	2646	L.S.B.A.C.	Senior	657
2744	3717	Paulo Gonçalves	00:27:51	00:57:14	00:56:56	3035		V40	465
2745	3642	Ricardo Horta	00:29:33	00:57:14	00:57:11	3087		Senior	658
2746	3033	Luis Leão	00:33:50	00:57:15	00:49:24	1522	Encosta Team	V35	477
2747	2345	Filipa Dinis	00:29:43	00:57:16	00:54:58	2641		V40	85
2748	2415	Carlos Marques	00:30:20	00:57:16	00:55:25	2729	Grupo Estádio Nacional	V75	2
2749	1119	Nuno Santos	00:30:24	00:57:17	00:55:07	2672		V35	478
2750	132	Mário Lameirão	00:28:15	00:57:18	00:57:16	3107		V65	26
2751	1218	Manuel Barros	00:28:40	00:57:18	00:56:33	2970		V55	130
2752	3830	Rui Sousa	00:29:06	00:57:18	00:56:02	2859	Pinguins do Ártico	Senior	659
2753	1865	Miguel Pardal	00:28:54	00:57:18	00:56:41	2996		V45	311
2754	44	David Hernandez	00:29:26	00:57:18	00:55:09	2677		Senior	660
2755	1864	Cecilia Pardal	00:28:54	00:57:18	00:56:41	2995		V40	86
2756	5476	Sonia Beato	00:29:47	00:57:18	00:55:03	2659		V35	74
2757	1742	Marco Macedo	00:30:24	00:57:18	00:55:09	2676		V35	479
2758	3961	Pedro Cardoso	00:29:28	00:57:18	00:56:35	2973		Senior	661
2759	4310	Michel Jacinto	00:29:47	00:57:19	00:56:04	2866	Hiscox Lions	V35	480
2760	6493	Hilde Quaghebeur	00:29:33	00:57:19	00:56:00	2848		V40	87

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2761	3962	Vera Carvalho	00:29:28	00:57:19	00:56:36	2975		Senior	126
2762	4943	Claudio Silva	00:30:14	00:57:20	00:55:28	2740		V40	466
2763	6416	Carolina Salla	00:29:47	00:57:20	00:55:04	2662		V35	75
2764	4358	Tiago Rocha	00:28:41	00:57:20	00:56:22	2929	Friends2Run	Senior	662
2765	3303	Fernando Saraiva	00:27:35	00:57:21	00:57:09	3076	NMFS	V55	131
2766	4454	Luis Costa	00:28:21	00:57:21	00:56:48	3020		V45	312
2767	270	Ana Fatela	00:27:48	00:57:22	00:57:19	3118		V55	6
2768	218	Patricia Falcão	00:29:59	00:57:22	00:55:26	2733	MONTEPIO - Marketeers	V40	88
2769	4017	Inês Pais	00:28:54	00:57:22	00:55:40	2783	Movet	Senior	127
2770	5170	João Barbosa	00:28:54	00:57:22	00:55:40	2785	Movet	V50	200
2771	4185	Etel Infante	00:28:42	00:57:22	00:56:56	3039		Senior	128
2772	6286	Nuno Figueiredo	00:29:24	00:57:22	00:56:16	2911		V35	481
2773	326	Paulo Lapão	00:30:13	00:57:24	00:55:32	2755		V45	313
2774	5079	Jorge Oliveira	00:29:48	00:57:24	00:55:47	2803		V50	201
2775	6444	Tico Tico	00:30:34	00:57:24	00:55:42	2788		V55	132
2776	2381	Sandra Silva	00:29:50	00:57:25	00:55:38	2776	GRCD Leião	V40	89
2777	5432	Paulo Santos	00:30:31	00:57:25	00:55:24	2724		V40	467
2778	5557	José Magro	00:28:04	00:57:25	00:57:24	3138	Runners da Frente Ribeirinha da Póvoa de Santa	V40	468
2779	3381	Herminio Costa	00:29:24	00:57:25	00:57:07	3067		V60	74
2780	1790	Carolina Garcia	00:28:56	00:57:25	00:56:10	2889		Senior	129

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2781	4055	Mário Gomes	00:28:08	00:57:26	00:57:03	3055		V40	469
2782	782	Ana Passos	00:29:41	00:57:26	00:56:41	2994		V40	90
2783	771	Eduardo Gama	00:27:56	00:57:26	00:57:16	3110		V35	482
2784	5723	Paulo Gordinho	00:32:09	00:57:27	00:50:10	1677	Câmara Lisboa Clube	V40	470
2785	5863	Maria Soares	00:28:11	00:57:27	00:57:15	3103		V40	91
2786	1544	Paula Rodrigues	00:30:17	00:57:28	00:56:04	2867		V40	92
2787	1554	Maria Ferreira	00:30:18	00:57:28	00:56:04	2874		V40	93
2788	4809	Jorge Cunha	00:29:23	00:57:28	00:56:41	2993	Todos Juntos	V45	314
2789	2442	Cláudio Vicente	00:32:43	00:57:29	00:49:56	1623	NJC	Senior	663
2790	4909	Goncalo Cruz	00:29:23	00:57:29	00:57:12	3095		V40	471
2791	6474	Daniel Gomes	00:31:34	00:57:29	00:50:57	1817		V35	483
2792	699	Bruno Ferreira	00:28:13	00:57:29	00:57:22	3131		Senior	664
2793	698	Marta Santos	00:28:14	00:57:29	00:57:23	3134		Senior	130
2794	5126	Manuel Branco	00:27:23	00:57:29	00:57:23	3135	Muralha	Senior	665
2795	1571	Ana Paulino	00:29:22	00:57:30	00:56:25	2939		Senior	131
2796	5287	Nuno Gonçalves	00:27:37	00:57:30	00:57:17	3111		Senior	666
2797	6354	Pedro Pereira	00:30:59	00:57:30	00:55:15	2700		V40	472
2798	6357	Paulo Pereira	00:30:59	00:57:30	00:55:15	2699		V50	202
2799	5841	Sandra Serra	00:27:48	00:57:30	00:57:30	3155	Samipe	V40	94
2800	5129	Sara Delgado	00:29:46	00:57:30	00:56:04	2868	SS CGD	Senior	132

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2801	3549	Susana Martins	00:28:45	00:57:31	00:57:29	3150	FITNESSWAY PINHAL NOVO	V35	76
2802	2821	Nuno Mendes	00:28:25	00:57:31	00:57:10	3079		Senior	667
2803	2309	José Barreto	00:29:12	00:57:31	00:56:27	2945		V35	484
2804	4860	Miguel Moutinho	00:29:18	00:57:32	00:56:04	2871		Senior	668
2805	4301	Bernardo Gomes	00:32:21	00:57:32	00:50:20	1708	Hiscox Lions	Senior	669
2806	3941	Filomena Santana	00:28:23	00:57:32	00:57:17	3112		V45	43
2807	708	Pedro Rodrigues	00:29:23	00:57:32	00:57:16	3109		V60	75
2808	3753	Evelino Magalhães	00:29:38	00:57:32	00:56:33	2969		V40	473
2809	4511	José Martins	00:27:46	00:57:33	00:56:49	3024		V40	474
2810	4235	Céline Correia	00:28:55	00:57:33	00:56:38	2982	AFDD - RUN CREW TRAIL MONTIJO	V35	77
2811	397	Maria Figueira	00:29:04	00:57:33	00:56:01	2857	SóDois	V35	78
2812	2455	Cláudio Pereira	00:29:24	00:57:34	00:55:43	2791		V35	485
2813	481	Ricardo Preguiça	00:30:22	00:57:35	00:55:35	2765		Senior	670
2814	1758	Sérgio Tavares	00:29:38	00:57:35	00:56:38	2981	CCD Crédito Agrícola Mútuo	Senior	671
2815	4326	Emanuel Rodrigues	00:30:59	00:57:36	00:55:26	2731		Senior	672
2816	4038	Mónica Matos	00:29:05	00:57:36	00:56:24	2933	Mercedes-Benz	V35	79
2817	3631	Hélder Xavier	00:26:53	00:57:36	00:57:36	3183		Senior	673
2818	2716	Gustavo Gravelho	00:32:16	00:57:37	00:50:38	1770		Senior	674
2819	634	Pedro Santos	00:29:16	00:57:37	00:56:43	3000		V40	475
2820	5473	Pedro Carvalho	00:29:18	00:57:37	00:56:42	2998		V35	486

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2821	4625	Conceição Pina	00:28:22	00:57:37	00:57:34	3170		V45	44
2822	5946	Duarte Bruges	00:27:46	00:57:37	00:56:08	2884	KPMG	Senior	675
2823	3575	Hugo Silva	00:32:06	00:57:37	00:50:38	1771		Senior	676
2824	6337	Gonçalo Romeiras	00:29:18	00:57:37	00:56:43	3002		V40	476
2825	844	Cristina Dinis	00:28:27	00:57:38	00:56:27	2944	Gonçaves Dinis	V45	45
2826	752	Filipa Abreu	00:29:10	00:57:38	00:57:02	3054	THE LAST ONES	Senior	133
2827	2604	Daniel Lima	00:31:33	00:57:39	00:53:04	2237	MF&A and Friends	V35	487
2828	843	José Dinis	00:28:28	00:57:39	00:56:28	2946	Gonçaves Dinis	V45	315
2829	872	Fábio Baeta	00:29:10	00:57:39	00:57:03	3056	THE LAST ONES	Senior	677
2830	2474	Alexandre Kortez	00:34:20	00:57:39	00:50:25	1731		V40	477
2831	5519	Victor Gonçalves	00:29:17	00:57:39	00:56:45	3010		Senior	678
2832	400	Rosa Banon	00:28:17	00:57:39	00:57:39	3190	tartarugas solidarias	V60	2
2833	958	Inês Santos	00:27:45	00:57:39	00:57:38	3188		Senior	134
2834	5902	Carla Gomes	00:27:55	00:57:40	00:57:23	3133	Gazelas de Thomson	Senior	135
2835	5084	Liliana Agostinho	00:28:23	00:57:40	00:56:46	3015		Senior	136
2836	5148	Paulo Duarte	00:32:18	00:57:40	00:50:37	1767	GDCT Unicre	V50	203
2837	5150	Eduardo Ribeiro	00:32:14	00:57:40	00:50:44	1789	GDCT Unicre	V45	316
2838	50	Rui Jorge	00:29:46	00:57:40	00:55:31	2747		V40	478
2839	5086	André Neto	00:29:43	00:57:40	00:56:15	2906		Senior	679
2840	5212	Rui Costa	00:29:40	00:57:41	00:56:20	2922		V40	479

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2841	3043	António Duarte	00:32:44	00:57:42	00:51:50	1986		V50	204
2842	438	Vítor Lucas	00:29:36	00:57:42	00:56:03	2862	Breakaway	V50	205
2843	4140	Carlos Andrade	00:30:30	00:57:42	00:55:52	2826	g.d.chelas	V40	480
2844	1774	Manuel Lamego	00:29:09	00:57:43	00:56:58	3043		V55	133
2845	3322	Lurdes António	00:29:04	00:57:43	00:57:16	3108	Link	V40	95
2846	4061	Anna Zimmermann	00:29:24	00:57:43	00:57:19	3119	ITQB&Co	Senior	137
2847	5758	Rui Canhoto	00:29:47	00:57:43	00:55:56	2834		Senior	680
2848	1378	Rui Querido	00:30:35	00:57:44	00:56:11	2895	EVELX - Associação de Estilos de Vida Saudável	V35	488
2849	5788	Pedro Delgado	00:30:37	00:57:44	00:55:34	2760		V45	317
2850	4218	Guiomar Amado	00:29:23	00:57:44	00:57:01	3051	Correr Queluz	V40	96
2851	4586	Miguel Moreira	00:29:57	00:57:45	00:55:29	2744		V55	134
2852	4068	Luís Batista	00:30:21	00:57:45	00:55:02	2654		Senior	681
2853	2869	Vergilio Carlos	00:28:13	00:57:46	00:56:50	3025		V50	206
2854	3593	Ana Belfo	00:29:43	00:57:46	00:57:18	3115	Grupo amigos motards os piratas	Senior	138
2855	4332	Marline Furtado	00:27:38	00:57:46	00:57:34	3165		Senior	139
2856	2666	Luis Taborda	00:28:05	00:57:46	00:57:08	3070		Senior	682
2857	1241	Nuno Costa	00:27:51	00:57:47	00:57:30	3156		V40	481
2858	6236	Carla Bernardino	00:28:11	00:57:47	00:57:35	3172		V35	80
2859	5843	Sofia Fernandes	00:31:57	00:57:48	00:50:59	1828	Equation	Senior	140
2860	2921	Fernando Martins	00:29:25	00:57:48	00:56:43	3003		V50	207

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2861	1869	Renata Belo	00:28:40	00:57:48	00:57:01	3052		V40	97
2862	1108	Meliss Lopes	00:32:03	00:57:49	00:51:02	1837		Senior	141
2863	1111	Bernardo Ferreira	00:32:03	00:57:49	00:51:02	1836		Senior	683
2864	3529	Márcia Freire	00:29:52	00:57:49	00:57:00	3050	Queima Borracha	V35	81
2865	3528	Roberto Arede	00:29:52	00:57:50	00:57:00	3049	Queima Borracha	V35	489
2866	1795	Filipa Matias	00:30:06	00:57:51	00:56:10	2888		Senior	142
2867	3870	Paulo Fernandes	00:28:30	00:57:51	00:57:23	3137		V45	318
2868	4455	Pedro Silva	00:30:22	00:57:52	00:55:37	2774	L.S.B.A.C.	V35	490
2869	1756	Paula Neto	00:28:50	00:57:52	00:57:48	3224	CCD Crédito Agrícola Mútuo	V50	21
2870	2607	Daniel Bastos	00:28:58	00:57:53	00:57:05	3060	MF&A and Friends	V35	491
2871	674	Luis Costa	00:28:46	00:57:53	00:57:18	3114		V50	208
2872	1400	André Silva	00:29:00	00:57:55	00:57:15	3104		V40	482
2873	1034	Manuela Castanho	00:28:48	00:57:55	00:57:26	3141		V45	46
2874	1596	Luis Dias	00:30:10	00:57:56	00:56:44	3008		V45	319
2875	6290	António Antunes	00:29:46	00:57:56	00:57:22	3127		V50	209
2876	994	Nuno Inácio	00:30:21	00:57:56	00:55:38	2777	Running Venus	V35	492
2877	1475	Lara Rodrigues	00:27:55	00:57:56	00:57:56	3258		Senior	143
2878	1474	José Xavier	00:27:56	00:57:56	00:57:56	3261		Senior	684
2879	5267	Tiago Nunes	00:29:54	00:57:57	00:55:51	2821		Senior	685
2880	918	Rui Simões	00:29:15	00:57:57	00:57:36	3182	As Lesmas	V45	320

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2881	406	Pedro Canteiro	00:30:22	00:57:57	00:56:00	2850		Senior	686
2882	6161	Miguel Banha	00:30:00	00:57:57	00:55:58	2843		V40	483
2883	2555	Carlos Marinho	00:30:52	00:57:57	00:57:12	3091		V35	493
2884	4030	João Nuno	00:30:08	00:57:57	00:56:46	3016	rtomar5	V40	484
2885	1934	Silvia Silva	00:30:06	00:57:58	00:56:16	2910		V35	82
2886	1933	Pedro Cortes	00:30:04	00:57:58	00:56:16	2909		V40	485
2887	5745	Rodrigo Alves	00:28:37	00:57:59	00:57:59	3270		V35	494
2888	5604	André Pereira	00:30:04	00:58:00	00:56:19	2917		V40	486
2889	6135	Elisabete Assunção	00:29:07	00:58:00	00:57:19	3117		V45	47
2890	4370	João Carapau	00:28:52	00:58:00	00:57:17	3113		V40	487
2891	2184	Rafael Reia	00:32:08	00:58:01	00:56:25	2936		Senior	687
2892	2753	João Silva	00:33:01	00:58:02	00:50:29	1738	Carapaus de Corrida	Senior	688
2893	6183	Filipe Fernandes	00:30:20	00:58:02	00:56:02	2858		V35	495
2894	5649	Pedro Ferreira	00:28:02	00:58:02	00:57:53	3242		Junior	43
2895	1895	Fernando Silva	00:29:21	00:58:02	00:57:22	3132		V45	321
2896	6102	Ann Macpherson	00:29:07	00:58:03	00:57:21	3124		V35	83
2897	4791	João Barros	00:32:42	00:58:03	00:50:49	1798		V40	488
2898	5876	Joao Pita	00:29:11	00:58:03	00:57:03	3057		Senior	689
2899	4034	Filipe Fernandes	00:29:42	00:58:03	00:56:38	2984	Mercedes-Benz	V35	496
2900	2398	Rita Capucho	00:29:53	00:58:04	00:56:13	2904		V40	98

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2901	3978	João Fernandes	00:29:42	00:58:04	00:56:39	2986		V40	489
2902	1923	Mafalda Rodrigues	00:29:24	00:58:04	00:57:40	3197	ITQB&Co	Senior	144
2903	5062	Gonçalo Almeida	00:32:12	00:58:05	00:51:37	1939		V40	490
2904	1193	Miguel Silva	00:28:59	00:58:05	00:55:52	2827		V35	497
2905	4531	Rui Neves	00:28:45	00:58:05	00:57:16	3106	Weventual	V35	498
2906	880	Justiliano Silva	00:28:59	00:58:06	00:55:53	2829		V60	76
2907	951	Vanessa Bandeira	00:28:57	00:58:06	00:57:45	3214		Senior	145
2908	3716	Antonio Maia	00:27:11	00:58:06	00:57:51	3233		V40	491
2909	1511	Pedro Honorio	00:28:13	00:58:06	00:57:50	3230	Anda Cá	V50	210
2910	1525	Tiago Rita	00:29:25	00:58:07	00:55:53	2832	Big Bang Team	Senior	690
2911	5838	Nelson Almeida	00:28:38	00:58:07	00:57:12	3092		V40	492
2912	1287	Rui Melão	00:29:33	00:58:07	00:57:43	3200		V50	211
2913	4130	Bruno Martins	00:28:23	00:58:08	00:57:13	3100	g.d.chelas	V35	499
2914	4800	Maria Emídio	00:30:09	00:58:08	00:56:29	2951	Caminhar e Correr na Quinta do Conde	V45	48
2915	5303	Albertino Monteiro	00:30:03	00:58:08	00:56:14	2905		V35	500
2916	1497	Bruno Almeida	00:28:58	00:58:09	00:56:56	3036		Senior	691
2917	3868	Edgar Monteiro	00:28:14	00:58:09	00:57:48	3221		V35	501
2918	783	Giuseppe Russo	00:28:18	00:58:09	00:57:42	3199		V55	135
2919	6461	Stephen Smith	00:29:12	00:58:09	00:56:43	3001		Senior	692
2920	3031	Susana Pereira	00:28:54	00:58:09	00:57:45	3210	Encosta Team	V35	84

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2921	2064	Jorge Serra	00:28:54	00:58:09	00:57:46	3216		V40	493
2922	2180	Catarina Serra	00:28:54	00:58:09	00:57:45	3211		V35	85
2923	1672	Ana Cabral	00:29:16	00:58:10	00:57:01	3053	Speed of Yellow	V50	22
2924	5052	Antonio Freire	00:33:28	00:58:10	00:50:46	1792		V65	27
2925	6455	Ricardo Braga	00:29:12	00:58:10	00:56:44	3004		Senior	693
2926	1652	Simão Campos	00:29:42	00:58:10	00:57:26	3142		Senior	694
2927	916	Madalena Teixeira	00:29:16	00:58:10	00:57:50	3227	As Lesmas	V60	3
2928	915	Elisabete Matias	00:29:15	00:58:10	00:57:50	3228	As Lesmas	V45	49
2929	544	Luís Roque	00:29:33	00:58:10	00:56:28	2949	CLUBE NOVO BANCO	Senior	695
2930	4387	Ângelo Chalo	00:32:07	00:58:11	00:52:27	2109		Senior	696
2931	1245	Julieta Santos	00:29:38	00:58:11	00:57:13	3099	tartarugas solidarias	V55	7
2932	845	Rita Dinis	00:29:01	00:58:11	00:56:59	3048	Gonçalves Dinis	Senior	146
2933	4051	Luís Figueiredo	00:33:05	00:58:11	00:50:42	1782		V50	212
2934	4104	Pedro Braz	00:28:56	00:58:11	00:57:55	3255		V40	494
2935	983	Nuno Monteiro	00:33:42	00:58:12	00:51:21	1888		Senior	697
2936	5320	Jose Lobato	00:29:44	00:58:12	00:56:18	2913	Grupo desportivo 1º de maio - Barreiro	V40	495
2937	2589	Carminda Rega	00:29:41	00:58:13	00:56:49	3023		V50	23
2938	5105	Catarina Novais	00:29:26	00:58:13	00:57:52	3239		V35	86
2939	5972	Isidoro Batista	00:30:12	00:58:14	00:56:25	2935		V55	136
2940	5874	Mafalda Sampaio	00:29:22	00:58:14	00:57:48	3225		Senior	147

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2941	5064	Dina Oliveira	00:29:42	00:58:14	00:57:06	3062		V35	87
2942	2104	António Garcia	00:29:05	00:58:14	00:57:52	3238		V55	137
2943	3704	Alberto Carolino	00:29:16	00:58:14	00:57:35	3175	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V60	77
2944	554	António Monteiro	00:29:58	00:58:14	00:57:55	3254		Senior	698
2945	3773	Luis Baião	00:32:37	00:58:15	00:53:00	2228		V35	502
2946	3705	Carlos Pereira	00:29:16	00:58:15	00:57:34	3168	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V55	138
2947	4948	Nuno Fernandes	00:30:43	00:58:15	00:56:27	2943		V35	503
2948	2682	Alexandre Coelho	00:29:08	00:58:15	00:57:10	3081		V40	496
2949	1510	Pedro Mendes	00:28:12	00:58:15	00:58:01	3278	Anda Cá	V50	213
2950	444	Alberto Cano	00:29:58	00:58:16	00:57:22	3130	Clube Atletismo Amigos de Belém	V60	78
2951	1557	Tiago Pereira	00:29:46	00:58:16	00:57:36	3179		Senior	699
2952	6187	Rui Valente	00:30:42	00:58:17	00:56:29	2950		V35	504
2953	3209	Daniel Raigoso	00:30:05	00:58:17	00:56:57	3042		Senior	700
2954	4073	Luis Pinto	00:30:32	00:58:18	00:56:37	2978		V40	497
2955	6429	Grzegorz Bazan	00:31:46	00:58:18	00:51:18	1878		V35	505
2956	3362	Paula Lopez	00:30:32	00:58:18	00:56:37	2977		V35	88
2957	5467	Vincent Quééré	00:35:05	00:58:18	00:50:38	1772	Safaricom	Senior	701
2958	647	Helder Cruz	00:27:16	00:58:19	00:58:00	3273		V40	498
2959	2052	Patrícia Lopes	00:30:40	00:58:19	00:56:12	2899		V40	99
2960	1087	João Lourenço	00:29:17	00:58:19	00:57:39	3191		V40	499

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2961	341	Antonio Castañera	00:30:30	00:58:19	00:57:12	3097		V40	500
2962	5037	Sergio Lopes	00:28:20	00:58:19	00:58:13	3305		Senior	702
2963	148	João Figueiredo	00:29:21	00:58:20	00:56:58	3047		V40	501
2964	3829	Mauro Santos	00:32:26	00:58:20	00:51:06	1845	Pinguins do Ártico	Senior	703
2965	4768	Ana Martins	00:29:47	00:58:21	00:57:03	3059		V35	89
2966	5272	Pedro Silva	00:30:37	00:58:21	00:56:41	2991		V45	322
2967	5439	Ana Lopes	00:28:50	00:58:22	00:58:20	3325		V50	24
2968	11	José Agapito	00:30:37	00:58:22	00:56:41	2997		V35	506
2969	2925	Helder Silva	00:30:22	00:58:22	00:56:56	3037		V40	502
2970	2691	João Brito	00:29:38	00:58:23	00:57:12	3094		V40	503
2971	3216	André Jesus	00:32:08	00:58:23	00:56:48	3018		Senior	704
2972	3585	Sandra Inácio	00:30:03	00:58:23	00:57:36	3180	Amélia Valentim Frazão	V40	100
2973	5374	Martinho Dias	00:28:20	00:58:24	00:58:24	3334		V35	507
2974	6246	Paulo Teixeira	00:28:02	00:58:24	00:58:01	3277		V55	139
2975	3479	Carla Charana	00:29:05	00:58:24	00:57:28	3149	Running Tabata Team Alfragide	V35	90
2976	5433	Orlando Rodrigues	00:30:32	00:58:24	00:56:23	2932		V50	214
2977	3439	João Sinosgas	00:30:00	00:58:25	00:56:32	2966		V35	508
2978	6240	Jose Correia	00:30:15	00:58:25	00:57:44	3203		V45	323
2979	2166	Samuel Basto	00:32:02	00:58:26	00:51:52	1992	Amigos de Paco Nassa	Senior	705
2980	4257	Carlos Cagica	00:29:21	00:58:26	00:56:06	2881	CCD Siemens	V50	215

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2981	6417	Vera Borges	00:29:05	00:58:26	00:58:23	3333		Senior	148
2982	5034	João Rosa	00:27:01	00:58:27	00:57:52	3237		V35	509
2983	2259	Ricardo Matias	00:29:30	00:58:27	00:57:33	3164		V35	510
2984	1162	Nuno Santos	00:32:16	00:58:28	00:51:06	1844		Senior	706
2985	307	João Paiva	00:30:33	00:58:28	00:56:32	2965		Senior	707
2986	3857	Mário Caetano	00:30:04	00:58:28	00:56:36	2974	AFO	V35	511
2987	2492	Vitor Figueira	00:28:22	00:58:28	00:58:15	3308		V60	79
2988	3036	Maria Andrade	00:29:35	00:58:29	00:57:32	3161		V50	25
2989	3213	Carlos Ferreira	00:30:23	00:58:29	00:56:31	2963		V50	216
2990	6192	Paulo Rodrigues	00:27:17	00:58:29	00:57:10	3082		V40	504
2991	4474	Alexandre Pereira	00:30:32	00:58:29	00:56:30	2955		V50	217
2992	247	Maria Almeida	00:29:04	00:58:29	00:57:36	3181		V40	101
2993	1493	Maria Fatuda	00:29:02	00:58:30	00:58:18	3316	G. R. D. Ribeira da Lage	V55	8
2994	2217	Nuno Ricardo	00:29:39	00:58:30	00:57:11	3089		V35	512
2995	1610	Inês Lemos	00:28:52	00:58:31	00:56:46	3013	Humanpersi Runners	Senior	149
2996	4957	Jorge Vasco	00:29:03	00:58:31	00:57:27	3146		V40	505
2997	1609	Ricardo Felizardo	00:28:51	00:58:31	00:56:46	3014	Humanpersi Runners	V35	513
2998	6027	João Lança	00:29:42	00:58:31	00:57:21	3125	Loureiros- Palmela-	Senior	708
2999	4305	Francisco Pinto	00:30:00	00:58:31	00:57:10	3080	Hiscox Lions	Senior	709
3000	2376	Paulo Barata	00:30:40	00:58:31	00:56:30	2956	GRCD Leião	V40	506

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3001	860	Susana Silva	00:29:34	00:58:32	00:57:22	3128		V40	102
3002	3406	João Pereira	00:29:24	00:58:32	00:56:37	2976		V45	324
3003	861	Inês Morais	00:29:34	00:58:32	00:57:22	3129		Senior	150
3004	3328	Erick Usandivares	00:32:28	00:58:33	00:51:42	1960	Link	Senior	710
3005	4772	José Figueiredo	00:29:37	00:58:33	00:57:27	3147		V65	28
3006	5173	Sandra Oliveira	00:28:49	00:58:34	00:58:19	3319		Senior	151
3007	2150	Ana Cagica	00:29:44	00:58:34	00:57:55	3252	BRRnightRUNNERS	V40	103
3008	3196	Sónia Gamito	00:29:34	00:58:34	00:58:13	3303		V35	91
3009	1746	Marcos Oliveira	00:31:55	00:58:35	00:53:25	2285	GDINE	V40	507
3010	1545	Ana Neves	00:30:18	00:58:35	00:57:11	3090		V40	104
3011	2165	Ricardo Canhoto	00:32:03	00:58:35	00:52:01	2014	Amigos de Paco Nassa	V35	514
3012	3400	Daniel Aguilar	00:29:01	00:58:35	00:57:25	3140		Senior	711
3013	2068	José Alves	00:33:07	00:58:37	00:50:58	1823		Senior	712
3014	4049	Sílvia Dinis	00:29:00	00:58:37	00:57:49	3226		V35	92
3015	1037	Alexander Ilg	00:29:07	00:58:37	00:58:26	3341		Senior	713
3016	530	Fernando Filipe	00:28:39	00:58:38	00:58:22	3329	CLUBE NOVO BANCO	V45	325
3017	949	Antonio Domingos	00:30:15	00:58:38	00:57:58	3266		V65	29
3018	3408	Luis Godinho	00:30:48	00:58:38	00:56:21	2928		V40	508
3019	5301	Goncalo Pocas	00:30:42	00:58:38	00:56:49	3021		V35	515
3020	1505	Beatriz Pedreira	00:28:42	00:58:39	00:58:29	3345		Senior	152

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3021	2685	Pedro Batista	00:28:53	00:58:39	00:57:39	3192	Caracóis Turbinados	V35	516
3022	1814	Manuel Vazquez	00:29:49	00:58:40	00:56:48	3019		V60	80
3023	5512	Luis Melo	00:29:58	00:58:40	00:57:34	3167	Mickeys	Senior	714
3024	1560	Elisio Rodrigues	00:32:13	00:58:40	00:56:39	2985	BRRnightRUNNERS	V50	218
3025	391	Ana Cunha	00:30:10	00:58:40	00:57:36	3177		V40	105
3026	390	Ricardo Cunha	00:30:11	00:58:40	00:57:36	3178		V40	509
3027	5513	Heloisa Neto	00:29:58	00:58:40	00:57:34	3169	Mickeys	Senior	153
3028	2164	Paulo Maria	00:32:02	00:58:41	00:52:08	2041	Amigos de Paco Nassa	V35	517
3029	141	Joaquim Paula	00:29:02	00:58:42	00:58:34	3362		V40	510
3030	3580	Aida Silva	00:30:02	00:58:42	00:57:54	3248	Amélia Valentim Frazão	V50	26
3031	3581	Maria Carvalho	00:30:02	00:58:42	00:57:55	3251	Amélia Valentim Frazão	V50	27
3032	4221	Pedro Russiano	00:29:39	00:58:43	00:57:44	3204	Geek on the Run!	Senior	715
3033	4623	Inês Carvalho	00:28:47	00:58:43	00:58:14	3306		V35	93
3034	3227	Hugo Vieira	00:29:36	00:58:44	00:57:21	3123		V35	518
3035	6045	Bruno Maçorano	00:29:36	00:58:44	00:57:23	3136		V40	511
3036	5866	Ricardo Bastos	00:28:31	00:58:44	00:57:50	3231		V40	512
3037	5707	Nuno Silva	00:28:31	00:58:44	00:57:51	3232		V40	513
3038	2954	Joana Peredo	00:29:07	00:58:45	00:58:26	3340		Senior	154
3039	3073	Bruno Frazão	00:30:07	00:58:45	00:57:57	3264		Senior	716
3040	3584	Ana Castelhana	00:30:06	00:58:45	00:57:59	3271	Amélia Valentim Frazão	V40	106

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3041	35	Carlos Rodrigues	00:29:17	00:58:45	00:58:30	3352		V40	514
3042	6436	Esther Cardo	00:29:55	00:58:47	00:56:46	3012		V50	28
3043	611	Conceição Ferreira	00:28:56	00:58:47	00:58:02	3279	Ferreira	V60	4
3044	912	Sergio Ramalho	00:32:53	00:58:47	00:51:16	1874		Senior	717
3045	52	Pedro Monteiro	00:30:05	00:58:48	00:57:11	3088		V40	515
3046	3929	Susana Agonia	00:30:54	00:58:48	00:56:31	2959		V40	107
3047	1258	Hassam Ibrahim	00:29:03	00:58:48	00:58:47	3393		Senior	718
3048	4021	Luísa Nogueira	00:31:27	00:58:49	00:53:53	2394	Correr Lisboa	Senior	155
3049	2301	Maria Anton	00:29:20	00:58:49	00:58:23	3332		V45	50
3050	3165	Rui Lapa	00:29:12	00:58:49	00:56:58	3046		V40	516
3051	4840	António Schwalbach	00:29:47	00:58:49	00:58:18	3315		Senior	719
3052	4437	João Ratinho	00:28:52	00:58:49	00:57:48	3222		V50	219
3053	2161	Pedro Flores	00:32:02	00:58:50	00:52:19	2081	Amigos de Paco Nassa	Senior	720
3054	2834	Mauro Machado	00:33:18	00:58:51	00:51:44	1965		Senior	721
3055	275	João Dias	00:28:51	00:58:51	00:58:31	3353		V45	326
3056	3495	Inês Araújo	00:29:51	00:58:52	00:57:35	3174		Senior	156
3057	907	Bárbara Barbosa	00:30:34	00:58:52	00:57:22	3126		V35	94
3058	2458	Hugo Baleizão	00:30:41	00:58:52	00:56:58	3044		V35	519
3059	494	Sandro Gouveia	00:29:34	00:58:53	00:57:48	3223		Senior	722
3060	4982	André Figueiredo	00:31:54	00:58:53	00:52:06	2031		Senior	723

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3061	2162	Miguel Almeida	00:32:02	00:58:53	00:52:20	2090	Amigos de Paco Nassa	Senior	724
3062	3726	Cláudia Valentim	00:30:14	00:58:53	00:57:46	3218		Senior	157
3063	5909	João Costa	00:31:33	00:58:54	00:56:55	3032	Dupla dos Moinhos	V35	520
3064	2714	Fernando Cardoso	00:29:39	00:58:54	00:58:03	3283		V60	81
3065	2078	José Nogueira	00:30:04	00:58:55	00:56:54	3030	Clube de Atletismo da Nazaré	V40	517
3066	367	José Vale	00:29:44	00:58:56	00:58:55	3407		V55	140
3067	6287	João Dias	00:31:52	00:58:56	00:52:15	2072		V45	327
3068	622	Helder Martins	00:32:35	00:58:57	00:53:34	2318		V45	328
3069	4368	Jorge Morgado	00:29:10	00:58:57	00:57:55	3253		V35	521
3070	3658	Marta Conceicao	00:30:37	00:58:57	00:57:12	3093	Lost Runners	Senior	158
3071	3219	Rui Peneda	00:30:56	00:58:57	00:56:38	2983		Senior	725
3072	3428	Jorge Pedro	00:30:32	00:58:57	00:57:40	3194		V45	329
3073	5275	Pedro Lourenço	00:29:20	00:58:58	00:58:34	3357		V35	522
3074	5362	José Fonseca	00:29:21	00:58:58	00:58:34	3358		Senior	726
3075	2349	Alexandra Sousa	00:29:38	00:58:58	00:57:18	3116		Senior	159
3076	5283	Fernando Martins	00:29:21	00:58:58	00:58:34	3364		V35	523
3077	2759	Carla Serrano	00:29:39	00:58:58	00:58:17	3313	Correr Queluz	V35	95
3078	3383	Sara Amido	00:33:46	00:58:59	00:51:15	1868		Senior	160
3079	6043	Jorge Silva	00:29:23	00:58:59	00:58:14	3307		V60	82
3080	6388	Pedro Correia	00:30:03	00:59:00	00:56:57	3040		V35	524

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3081	6129	Sónia Cruz	00:30:21	00:59:00	00:57:50	3229		V35	96
3082	3898	António Assunção	00:30:00	00:59:00	00:58:18	3317		V45	330
3083	829	Maria Rodrigues	00:29:04	00:59:00	00:56:50	3027		V35	97
3084	5572	Mauricio Oseguera	00:31:24	00:59:00	00:58:13	3304		V40	518
3085	5895	Andreia Valério	00:30:31	00:59:01	00:57:52	3234	AHBE	Senior	161
3086	2750	Dina Nunes	00:29:48	00:59:01	00:57:43	3201	Carapaus de Corrida	V40	108
3087	4577	Manuel Henriques	00:30:35	00:59:01	00:57:08	3071		V35	525
3088	4067	Vitor Dachenko	00:30:38	00:59:01	00:57:32	3162	Quinta Do Sol	V35	526
3089	2379	Pedro Pedro	00:29:00	00:59:01	00:58:21	3328	GRCD Leião	V45	331
3090	3635	Antonio Santos	00:29:02	00:59:02	00:58:30	3348		V70	13
3091	3257	Marta Afonso	00:29:40	00:59:02	00:58:34	3360	SS CGD	V40	109
3092	3794	Rui Marques	00:31:32	00:59:02	00:57:37	3187	Miranda Miles	V45	332
3093	83	Maria Santos	00:30:32	00:59:02	00:57:09	3072	EVELX - Associação de Estilos de Vida Saudável	V60	5
3094	1047	João Caló	00:29:43	00:59:02	00:57:44	3202		V35	527
3095	5853	Nuno Dias	00:30:38	00:59:02	00:57:06	3064		Senior	727
3096	6321	Paulo Dias	00:29:43	00:59:02	00:57:45	3215		Senior	728
3097	4066	Ricardo Nogueira	00:30:38	00:59:03	00:57:32	3159	Quinta Do Sol	V35	528
3098	2976	Nuno Patricio	00:30:40	00:59:03	00:57:11	3086	CASA DO PESSOAL DA RTP	V45	333
3099	2065	João Pereira	00:31:58	00:59:03	00:52:21	2094		Senior	729
3100	3344	Celia Carvalho	00:30:18	00:59:03	00:57:34	3171		V45	51

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3101	4025	Edgar Jacinto	00:29:45	00:59:04	00:58:01	3276	AutoJacinto	Senior	730
3102	495	Carlos Alves	00:30:17	00:59:04	00:57:35	3176		V55	141
3103	6090	Rita Lourenço	00:30:20	00:59:05	00:57:29	3153	Power Rangers	Senior	162
3104	4210	Abel Costa	00:29:46	00:59:05	00:57:10	3085	g.d.chelas	V55	142
3105	4773	Pacer Sub-60	00:29:42	00:59:06	00:58:10	3298		Senior	731
3106	5573	Paulo Santos	00:31:24	00:59:06	00:58:18	3318		V40	519
3107	3754	Avelino Alves	00:33:47	00:59:07	00:54:01	2418		V35	529
3108	6427	Leticia Pintado	00:30:51	00:59:07	00:57:16	3105		Senior	163
3109	3709	Luis Alves	00:30:35	00:59:08	00:58:53	3403		V40	520
3110	6409	Luís Fernandes	00:28:19	00:59:08	00:58:34	3363		V40	521
3111	4229	Luis Herlander	00:28:47	00:59:08	00:57:45	3213		Senior	732
3112	4266	Gonçalo Pereira	00:30:55	00:59:09	00:57:52	3235		Senior	733
3113	6389	Sara Silva	00:30:03	00:59:09	00:57:19	3120		V40	110
3114	3743	Wilson Pires	00:29:13	00:59:10	00:57:57	3262		Senior	734
3115	1636	Andreia Fernades	00:29:24	00:59:10	00:59:08	3436		Senior	164
3116	1430	Armando Lacerda	00:29:42	00:59:10	00:59:03	3427		V60	83
3117	581	Anabela Amaral	00:29:24	00:59:10	00:59:08	3437		V40	111
3118	5032	Carla Afonso	00:29:40	00:59:11	00:58:17	3312		V35	98
3119	2110	Sonia Figueiredo	00:30:38	00:59:11	00:57:10	3084		V35	99
3120	95	Marco Neves	00:31:27	00:59:11	00:57:44	3205	MONTEPIO - Marketeers	V35	530

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3121	966	Rui Carrasqueira	00:29:27	00:59:13	00:58:02	3281		V50	220
3122	284	José Costa	00:34:34	00:59:13	00:52:05	2027		V50	221
3123	3272	José Silva	00:29:08	00:59:13	00:57:53	3241		V35	531
3124	6042	Dora Cardoso	00:31:47	00:59:13	00:58:02	3280	Carapaus de Corrida	V35	100
3125	2748	Cláudia Quin	00:31:47	00:59:13	00:58:04	3288	Carapaus de Corrida	V35	101
3126	6044	Ricardo Silva	00:29:07	00:59:14	00:57:53	3240		V40	522
3127	3310	Artur Martins	00:29:55	00:59:14	00:57:52	3236	Tangas Clube	V75	3
3128	2375	Paula Machado	00:30:28	00:59:14	00:57:28	3148	GRCD Leião	V35	102
3129	2749	Paulo Costa	00:33:28	00:59:15	00:51:42	1958	Carapaus de Corrida	V40	523
3130	276	Lurdes Vale	00:29:18	00:59:16	00:58:59	3419		V50	29
3131	6452	José Rodrigues	00:30:51	00:59:17	00:56:55	3031		Senior	735
3132	1706	Eduardo Carreiro	00:32:38	00:59:17	00:52:46	2173		V45	334
3133	4322	Paula Santos	00:29:56	00:59:17	00:59:09	3441	BRRnightRUNNERS	V45	52
3134	5308	Andriy Tkachenko	00:30:29	00:59:17	00:58:19	3323		V40	524
3135	2576	Isabel Conceição	00:32:26	00:59:18	00:52:21	2092		Senior	165
3136	5016	Paulo Santos	00:30:42	00:59:18	00:57:21	3122		V35	532
3137	811	Sandra Batista	00:30:21	00:59:19	00:58:10	3294		V40	112
3138	5249	Vasco Peres	00:30:47	00:59:20	00:57:41	3198		V35	533
3139	2782	Francisco Ribeiro	00:28:45	00:59:20	00:59:11	3445		V65	30
3140	533	Ismael Teixeira	00:30:05	00:59:20	00:58:39	3375	CLUBE NOVO BANCO	V40	525

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3141	6195	Rui Granado	00:32:02	00:59:21	00:57:27	3144		V45	335
3142	4499	David Catarino	00:32:02	00:59:21	00:57:27	3145		V35	534
3143	392	Sara Sousa	00:30:40	00:59:22	00:58:43	3383		V35	103
3144	1221	Fernanda André	00:29:44	00:59:24	00:59:10	3442		V55	9
3145	2516	Vitor Cardoso	00:29:19	00:59:24	00:59:03	3429	GDCTINCM	V35	535
3146	2883	Patrícia Santos	00:30:02	00:59:25	00:58:55	3408	Asas nos Pés	Senior	736
3147	2920	Rute Oliveira	00:29:45	00:59:25	00:58:55	3409		V45	53
3148	443	Ana Branco	00:30:22	00:59:26	00:57:44	3206	Breakaway	Senior	166
3149	440	Marco Lucas	00:30:22	00:59:27	00:57:45	3209	Breakaway	Senior	737
3150	4171	José Tanqueiro	00:30:54	00:59:27	00:57:08	3069		V50	222
3151	5343	João Ferro	00:29:30	00:59:27	00:58:40	3377		V45	336
3152	5755	Tiago Rodrigues	00:30:41	00:59:28	00:57:56	3260		Senior	738
3153	763	António Bruno	00:31:55	00:59:28	00:58:01	3275		V40	526
3154	4936	Maria Bica	00:29:08	00:59:29	00:59:16	3462	g.d.chelas	V40	113
3155	4201	Joaquim Fragoso	00:31:30	00:59:29	00:57:53	3243	g.d.chelas	V65	31
3156	3572	Hugo Mateus	00:34:34	00:59:30	00:52:18	2080		V35	536
3157	2959	Ricardo Gomes	00:31:31	00:59:30	00:57:27	3143		V40	527
3158	4215	Jose Costa	00:32:11	00:59:31	00:52:58	2218	g.d.chelas	V50	223
3159	1872	Gonçalo Coelho	00:30:29	00:59:31	00:58:02	3282		Senior	739
3160	3130	Maulide Dias	00:31:04	00:59:31	00:58:03	3284		V40	528

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3161	5903	Sefora Monteiro	00:28:46	00:59:32	00:59:15	3458	Gazelas de Thomson	V35	104
3162	5703	Mónica Correia	00:30:17	00:59:32	00:58:30	3349		V35	105
3163	6006	Luísa Marcos	00:30:18	00:59:33	00:58:32	3355		Senior	167
3164	5738	Miguel Mendes	00:31:10	00:59:34	00:57:57	3263	Power Rangers	Senior	740
3165	5739	Bruno Gonçalves	00:31:10	00:59:34	00:57:58	3265	Power Rangers	Senior	741
3166	1720	Rui Machado	00:31:02	00:59:35	00:57:15	3102		V40	529
3167	3259	Patricia Tavares	00:31:01	00:59:35	00:57:32	3160	SS CGD	V35	106
3168	2796	Carlos Marques	00:29:06	00:59:35	00:59:18	3471		V40	530
3169	4987	Diogo Laranjeira	00:28:37	00:59:35	00:58:46	3392		Junior	44
3170	1180	Elisio Costa	00:32:21	00:59:36	00:54:04	2431	Centro de Cultura e Desporto dos Trabalhadores	V55	143
3171	906	Mário Vilar	00:33:01	00:59:36	00:53:07	2244	Masters Water Polo - Bamboora Gaming	V40	531
3172	5981	João Matias	00:28:19	00:59:36	00:59:17	3465	i2D	V55	144
3173	1857	Fábio Gaudencio	00:30:11	00:59:36	00:58:45	3389		Senior	742
3174	920	Paulo Rosa	00:28:47	00:59:36	00:59:30	3505		V40	532
3175	4062	Catarina Cipriano	00:35:47	00:59:37	00:49:01	1433		Senior	168
3176	5332	Joaquim Machado	00:30:20	00:59:37	00:58:09	3292	C.C.D.das Autarquias de Almada	V60	84
3177	1999	Hugo Fradique	00:33:04	00:59:37	00:57:20	3121	Oakley Portugal	V35	537
3178	204	Antonio Pombinho	00:28:24	00:59:39	00:59:12	3447		V55	145
3179	2734	Violeta Nunes	00:28:10	00:59:39	00:59:32	3510	Os Estrunfes	V45	54
3180	4418	Joao Vieira	00:30:35	00:59:39	00:58:08	3291		V50	224

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3181	2168	Francisco Freire	00:30:27	00:59:40	00:59:14	3452		Senior	743
3182	4946	Luis Almeida	00:30:34	00:59:41	00:58:53	3404		V40	533
3183	4917	João Paca	00:30:53	00:59:41	00:58:59	3417	3Pês	V35	538
3184	5574	Katia Leitao	00:31:25	00:59:41	00:58:54	3406		V40	114
3185	1270	Sandro Lavado	00:30:09	00:59:42	00:57:37	3186	BRRnightRUNNERS	V35	539
3186	6364	Bruno Silva	00:30:02	00:59:42	00:57:29	3152		Senior	744
3187	4916	Bruno Pais	00:30:53	00:59:42	00:58:59	3416	3Pês	Senior	745
3188	3996	Tiago Simões	00:31:43	00:59:42	00:58:44	3386		V40	534
3189	793	Joaquim Gamito	00:33:36	00:59:43	00:52:35	2139		V60	85
3190	331	José Branco	00:31:02	00:59:44	00:57:59	3269		V35	540
3191	6282	Vânia André	00:29:42	00:59:44	00:58:25	3337		Senior	169
3192	5398	Paulo Madeira	00:29:38	00:59:44	00:58:29	3346		V35	541
3193	865	João Sousa	00:29:54	00:59:44	00:59:22	3479		V40	535
3194	2793	Maria Marques	00:30:30	00:59:44	00:59:29	3503		V45	55
3195	6283	André Cardoso	00:29:42	00:59:45	00:58:25	3339		V35	542
3196	4993	Hugo Chaves	00:30:02	00:59:45	00:58:31	3354		Senior	746
3197	1718	Paulo Castanheira	00:29:19	00:59:45	00:59:35	3519		V40	536
3198	6390	Célia Carvalho	00:30:31	00:59:46	00:57:56	3257		Senior	170
3199	1381	Paulo Fernandes	00:29:21	00:59:46	00:58:56	3414		V45	337
3200	4308	João Machado	00:30:00	00:59:46	00:58:24	3336	Hiscox Lions	V35	543

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3201	2457	Miguel Falé	00:30:27	00:59:46	00:59:21	3478		Senior	747
3202	6393	Anselmo Simões	00:30:30	00:59:47	00:57:58	3267		V35	544
3203	631	José Garrido	00:35:15	00:59:47	00:52:55	2212		V50	225
3204	3569	Luis Morgado	00:30:52	00:59:47	00:59:01	3423		V40	537
3205	4028	João Rodrigues	00:30:08	00:59:47	00:58:43	3385	rtomar5	V50	226
3206	6392	Jorge Castanheiro	00:31:35	00:59:48	00:57:35	3173		V45	338
3207	4029	Américo Pessoa	00:30:08	00:59:48	00:58:43	3384	rtomar5	V50	227
3208	4595	Laurindo Oliveira	00:29:33	00:59:49	00:58:33	3356	B&O	V45	339
3209	625	Carlos Lopes	00:34:27	00:59:49	00:53:21	2275		V60	86
3210	4337	Teresa Castro	00:31:13	00:59:49	00:57:54	3244		V35	107
3211	5223	Núbia Alves	00:31:09	00:59:49	00:58:16	3311	Lis Running CPA	V40	115
3212	2809	Paula Antunes	00:30:30	00:59:49	00:59:46	3536		V45	56
3213	1855	Luís Almeida	00:31:09	00:59:50	00:58:16	3309	Lis Running CPA	V50	228
3214	3241	Rui Soares	00:31:13	00:59:50	00:57:54	3249	SS CGD	V40	538
3215	3384	Sandra Pereira	00:30:01	00:59:52	00:58:39	3372		V45	57
3216	4118	Carla Marques	00:30:36	00:59:53	00:58:10	3295	Run Buddy Run	Senior	171
3217	2966	Paula Vieira	00:30:36	00:59:53	00:58:10	3296	Run Buddy Run	Senior	172
3218	5943	Pedro Almeida	00:29:36	00:59:54	00:58:40	3379	ZêPê	V35	545
3219	4375	Gonçalo Rodrigues	00:30:43	00:59:54	00:58:40	3378	Uns & Outros	Senior	748
3220	5584	Joao Ferreira	00:32:09	00:59:55	00:57:54	3246		V55	146

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3221	2973	João Cunha	00:31:22	00:59:55	00:57:05	3061	Badjorans	Senior	749
3222	237	Nuno Oliveira	00:30:57	00:59:55	00:59:52	3559		V40	539
3223	3100	Carla Dias	00:30:15	00:59:55	00:59:52	3562		V40	116
3224	1522	Ricardo Arraias	00:35:01	00:59:57	00:49:19	1504	Equation	V40	540
3225	5392	Susana Gaivoto	00:30:53	00:59:57	00:57:58	3268		Senior	173
3226	2899	Pedro Henriques	00:31:14	00:59:57	00:58:10	3297		V35	546
3227	4142	Leopoldino Marcelino	00:30:18	00:59:57	00:59:06	3434	g.d.chelas	V75	4
3228	4399	Ana Brito	00:30:41	00:59:57	00:58:30	3351		V35	108
3229	1972	José Carvalho	00:29:46	00:59:57	00:58:56	3411		V40	541
3230	514	Ricardo Silva	00:35:54	00:59:58	00:49:03	1441	CLUBE NOVO BANCO	V35	547
3231	2079	Rita Marques	00:29:11	00:59:58	00:59:51	3553	Masters Water Polo - Bamboora Gaming	V35	109
3232	1094	Gisela Monteiro	00:29:39	00:59:59	00:59:43	3531	EVELX - Associação de Estilos de Vida Saudável	Senior	174
3233	6026	Joaquim Silva	00:30:31	00:59:59	00:58:46	3391	Loureiros- Palmela-	V45	340
3234	6398	Paulo Carreiro	00:30:22	00:59:59	00:58:01	3274		V45	341
3235	2216	Filipa Pais	00:30:26	00:59:59	00:59:49	3548		V35	110
3236	1459	Sandra Torres	00:30:44	00:59:59	00:59:29	3500		V35	111
3237	4085	Isabel Redmont	00:30:43	01:00:00	00:58:11	3301		V45	58
3238	5747	Isabel Oliveira	00:29:36	01:00:00	00:59:14	3454		V45	59
3239	6050	Adelia Cabral	00:29:44	01:00:01	00:58:44	3388	ZêPê	V35	112
3240	3906	Carlos Silva	00:30:10	01:00:01	00:58:56	3413		V35	548

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3241	4552	José Tanqueiro	00:30:54	01:00:02	00:57:44	3207		Senior	750
3242	4180	Bruno Silva	00:30:12	01:00:02	00:58:56	3412		V35	549
3243	3011	Francisco Sousa	00:29:15	01:00:02	00:59:58	3579	Equipa Tivoli	V35	550
3244	2787	Dulce Diogo	00:30:36	01:00:03	00:59:33	3511		V45	60
3245	5348	Catarina Azevedo	00:32:42	01:00:04	00:54:25	2509	Kaizen	Senior	175
3246	4678	Jorge Ramos	00:31:00	01:00:04	00:58:34	3359		V40	542
3247	2675	Maria Claro	00:32:42	01:00:04	00:53:21	2272		Senior	176
3248	4679	José Sitima	00:31:00	01:00:04	00:58:35	3368		V45	342
3249	4676	Lídia Ramos	00:31:00	01:00:05	00:58:35	3366		V40	117
3250	4794	Ivo Joaquim	00:30:38	01:00:05	00:58:22	3330		V40	543
3251	2843	Ines Aires	00:30:35	01:00:05	00:59:00	3421	PLEN	V35	113
3252	2467	Filipa Figueiredo	00:29:59	01:00:05	00:59:25	3489		V40	118
3253	4815	Susana França	00:31:47	01:00:05	00:58:55	3410	Carapaus de Corrida	V35	114
3254	2174	André Barros	00:31:00	01:00:05	00:58:47	3394		Senior	751
3255	5048	Eduardo Fonseca	00:27:57	01:00:06	01:00:01	3588		Senior	752
3256	1584	Hugo Ortiz	00:30:21	01:00:07	00:57:48	3220	Midwinners	Senior	753
3257	5969	Manuel Cardoso	00:30:21	01:00:07	00:59:04	3430		V45	343
3258	2495	Pedro Reis	00:33:30	01:00:08	00:52:19	2083		Junior	45
3259	998	Ana Ribeiro	00:31:33	01:00:08	00:58:00	3272		V35	115
3260	804	Álvaro Marujeiro	00:32:35	01:00:11	00:57:54	3247	Chafariz Running Team	V40	544

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3261	822	Luísa Santos	00:29:47	01:00:12	00:59:13	3451		V45	61
3262	1334	Lénio Marinho	00:30:57	01:00:12	00:58:24	3335		V60	87
3263	6118	Fábio Sousa	00:30:24	01:00:13	00:59:02	3426		Senior	754
3264	3089	Tânia Fernandes	00:28:56	01:00:13	00:59:57	3570		Senior	177
3265	6419	Rodrigo Domingues	00:28:49	01:00:13	00:59:58	3576		V35	551
3266	4366	Manuel Rodrigues	00:28:42	01:00:13	00:59:59	3581		V60	88
3267	6048	Nuno Moura	00:31:18	01:00:14	00:58:20	3326		Senior	755
3268	441	Nádia Lucas	00:30:22	01:00:14	00:58:34	3365	Breakaway	Senior	178
3269	4961	Valdemar Pereira	00:30:05	01:00:16	00:59:53	3563		V65	32
3270	3749	Manuel Prates	00:31:01	01:00:16	00:58:35	3367		V40	545
3271	2882	Filipe Machado	00:30:24	01:00:16	00:59:28	3497	PARBFRPPXXX	Senior	756
3272	5845	Diogo Cabral	00:35:00	01:00:17	00:52:59	2221		Senior	757
3273	2006	Amadiz Sasbino	00:36:02	01:00:17	00:52:26	2106	Azeitão Running	V40	546
3274	6475	Alexandra Médicis	00:33:18	01:00:19	00:53:46	2364		V40	119
3275	479	Antonio Santos	00:29:52	01:00:19	00:59:50	3551		V50	229
3276	2154	Pedro Dias	00:34:12	01:00:20	00:54:22	2498	DRELRA	V45	344
3277	4103	Rui Antunes	00:33:27	01:00:20	00:53:48	2373		Senior	758
3278	1735	Joao Sotomayor	00:33:52	01:00:20	00:52:22	2095		V50	230
3279	1707	Oswaldo Rodrigues	00:32:13	01:00:20	00:58:19	3320	BRRnightRUNNERS	V40	547
3280	1868	Luís Ferreira	00:29:50	01:00:21	00:59:12	3446		V35	552

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3281	4473	José Sequeira	00:28:29	01:00:21	00:59:48	3542		V40	548
3282	2108	Jorge Pinto	00:30:31	01:00:21	00:59:34	3518		V40	549
3283	3134	Daniela Dias	00:31:21	01:00:23	00:58:21	3327	Os Conta-Kilómetros	Senior	179
3284	871	Bruno Alexandre	00:35:04	01:00:23	00:52:54	2206	MONTEPIO - Castelo Branco	V40	550
3285	2186	Antonio Pinto	00:34:26	01:00:23	00:53:32	2313		V50	231
3286	4466	Ana Brás	00:34:27	01:00:24	00:52:51	2190		Senior	180
3287	1406	Luis Campos	00:34:19	01:00:24	00:52:31	2118	Alverca Urban runners	V65	33
3288	142	Miguel Isaías	00:30:14	01:00:24	00:58:50	3398		V45	345
3289	766	Ricardo Peças	00:29:38	01:00:24	00:59:36	3521		V35	553
3290	333	Silvestre Machado	00:26:43	01:00:25	01:00:22	3638	MAC TEAM	V50	232
3291	952	Joao Carvalho	00:30:18	01:00:25	00:59:26	3493		V45	346
3292	2878	Luís Guerra	00:29:46	01:00:25	01:00:00	3584		V35	554
3293	5468	José Escudero	00:34:28	01:00:26	00:52:47	2174	Safaricom	Senior	759
3294	2412	Isabel Lino	00:31:28	01:00:26	00:58:37	3369	Grupo Estádio Nacional	V65	1
3295	2848	Pedro Cruz	00:30:11	01:00:26	01:00:00	3585	Lebres da Lapa	Senior	760
3296	4793	Pedro Curveira	00:30:18	01:00:26	01:00:06	3598		V55	147
3297	2414	José Alagador	00:31:33	01:00:27	00:58:38	3371	Grupo Estádio Nacional	V65	34
3298	2311	José Barreiros	00:30:51	01:00:27	00:58:39	3376		V40	551
3299	529	Carlos Oliveira	00:30:51	01:00:27	00:58:39	3374	CLUBE NOVO BANCO	V40	552
3300	3514	Paulo Serra	00:30:33	01:00:27	00:59:57	3571	Bucelas	V40	553

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3301	4672	Yeke Zhang	00:29:52	01:00:27	00:59:33	3512		Senior	761
3302	1899	Paulo Lourenço	00:32:17	01:00:29	00:58:48	3396		V50	233
3303	4293	Karolina Czajowska	00:29:23	01:00:29	00:59:57	3569	Hiscox Lions friends	Senior	181
3304	5587	Marta Figueiredo	00:30:46	01:00:29	00:59:02	3425		Senior	182
3305	3643	Filipa Leitão	00:31:19	01:00:30	00:59:18	3467		V40	120
3306	2761	Vera Godinho	00:30:07	01:00:30	01:00:27	3656	Flechas Humanas	V35	116
3307	2280	Fernando Santos	00:29:53	01:00:30	01:00:30	3662	tartarugas solidarias	V65	35
3308	4735	José Mano	00:32:01	01:00:31	00:58:51	3402		V50	234
3309	663	Daher Diniz	00:29:36	01:00:31	00:59:26	3492	CLUBE NOVO BANCO	V50	235
3310	521	Tânia Gonçalves	00:29:35	01:00:31	00:59:26	3491	CLUBE NOVO BANCO	V35	117
3311	2926	Rafael Barreira	00:30:46	01:00:31	00:58:40	3380		Senior	762
3312	6122	João Rodrigues	00:32:18	01:00:31	00:58:51	3400		V55	148
3313	3934	Silvestre Saraiva	00:31:51	01:00:31	00:59:24	3484		V60	89
3314	806	Cristina Conde	00:31:37	01:00:31	00:59:19	3476		V40	121
3315	1793	Arménio Patrício	00:31:10	01:00:32	00:59:55	3567		V75	5
3316	2160	Jorge Rendeiro	00:28:11	01:00:32	01:00:23	3641	Movet	V35	555
3317	3556	Carlos Serrado	00:30:29	01:00:32	00:59:47	3539	FITNESSWAY PINHAL NOVO	V45	347
3318	6181	Ricardo Tostão	00:34:02	01:00:33	00:53:38	2341	BIVAC IBERICA	Senior	763
3319	2985	Alipio Costa	00:33:11	01:00:33	00:53:38	2340	BIVAC IBERICA	V50	236
3320	2567	Philip Otoole	00:32:58	01:00:33	00:59:12	3448		Junior	46

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3321	1355	Isabel Rodrigues	00:30:02	01:00:34	01:00:24	3644		V45	62
3322	2088	Carção	00:30:53	01:00:35	00:56:20	2923		V40	554
3323	3708	João Pacheco	00:30:18	01:00:35	00:58:30	3347		Senior	764
3324	1392	Joana Ramos	00:31:56	01:00:35	00:58:19	3322		Senior	183
3325	5038	Ricardo Agostinho	00:31:11	01:00:35	00:59:17	3464		V35	556
3326	784	Ana Folgado	00:31:15	01:00:35	01:00:03	3592		V40	122
3327	5990	Francisco Pires	00:30:16	01:00:36	00:59:24	3485		V40	555
3328	1125	Carla Pereira	00:31:11	01:00:36	00:59:19	3472		V40	123
3329	2550	Angela Brito	00:30:05	01:00:37	00:58:44	3387		V50	30
3330	2988	Sara Carvalha	00:29:44	01:00:37	01:00:06	3599	BIVAC IBERICA	V40	124
3331	2992	Luis Lopes	00:29:44	01:00:37	01:00:05	3597	BIVAC IBERICA	V35	557
3332	4708	José Morujo	00:30:37	01:00:37	00:59:23	3481		V50	237
3333	5393	Ilídio Monteiro	00:31:01	01:00:37	00:59:52	3561		V65	36
3334	1730	Manuel Pereira	00:30:22	01:00:38	00:59:03	3428		V60	90
3335	464	João Vaz	00:30:52	01:00:38	00:59:01	3424	FALCÕES SELVAGENS	V35	558
3336	3651	Tania Silva	00:30:39	01:00:38	00:59:18	3470	just run it	V35	118
3337	1360	Lúcia Carvalho	00:29:35	01:00:39	01:00:30	3663	FALCÕES SELVAGENS	V50	31
3338	1691	Ester Martins	00:32:12	01:00:39	00:58:19	3321	Midwinners	Senior	184
3339	662	Cátia Anastácio	00:33:15	01:00:39	00:54:02	2426	CLUBE NOVO BANCO	Senior	185
3340	2650	Mariana Boleta	00:29:54	01:00:39	01:00:20	3634		Senior	186

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3341	3905	Carla Teixeira	00:29:43	01:00:39	01:00:28	3659		Senior	187
3342	3904	Silvério Ramos	00:29:43	01:00:39	01:00:28	3658		Senior	765
3343	1242	Hugo Firmo	00:31:18	01:00:39	00:59:19	3474		Senior	766
3344	5431	Maria Ferreira	00:29:38	01:00:40	01:00:40	3673		V55	10
3345	1496	João Barreto	00:30:46	01:00:41	00:59:25	3486		V35	559
3346	2087	Camila Fernandes	00:31:46	01:00:41	00:59:00	3422		Senior	188
3347	2123	Sofia Oliveira	00:29:36	01:00:42	01:00:41	3675	Lis Running CPA	Senior	189
3348	4833	Mario Almeida	00:29:58	01:00:43	00:58:59	3418		V35	560
3349	4074	Heidy Garmendia	00:31:12	01:00:45	00:58:37	3370		Junior	5
3350	4313	Silvia Carvalho	00:30:09	01:00:45	00:59:30	3508	Hiscox Lions	Senior	190
3351	5187	Lídia Santos	00:30:22	01:00:45	01:00:33	3664		V50	32
3352	4440	Sofia Abrantes	00:30:50	01:00:46	01:00:10	3605	Balhelhas	Senior	191
3353	3511	Elisabete Fernandes	00:30:12	01:00:46	01:00:15	3616	Bucelas	V35	119
3354	5113	Isabel Santos	00:29:43	01:00:46	01:00:45	3681	tartarugas solidarias	Senior	192
3355	1654	Helena Moreira	00:31:32	01:00:47	00:59:23	3480		V45	63
3356	675	Luisa Costa	00:29:55	01:00:47	01:00:11	3609		V45	64
3357	2766	Vanda Pereira	00:30:51	01:00:48	01:00:01	3587	Os Barriguitas	V45	65
3358	3171	Carlos Guerreiro	00:30:28	01:00:48	00:59:32	3509		V55	149
3359	1232	Fernando Pires	00:30:39	01:00:48	01:00:26	3653		V70	14
3360	63	Sérgio Candeias	00:30:26	01:00:49	00:59:54	3564		V40	556

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3361	4057	Joel Alexandre	00:30:42	01:00:49	01:00:21	3635		V35	561
3362	2496	Daniel Romão	00:30:35	01:00:49	01:00:17	3623		Senior	767
3363	103	Eva Caetano	00:30:19	01:00:50	01:00:05	3596	Pump Runners	Senior	193
3364	856	Bartolomeu Velez	00:31:04	01:00:50	00:59:44	3533		V50	238
3365	868	Filipe Silveira	00:34:33	01:00:51	00:53:47	2368	MONTEPIO - Castelo Branco	Senior	768
3366	1850	Simão Ribeiro	00:34:37	01:00:51	00:54:10	2453	Anda Cá	Junior	47
3367	5342	Paula Alves	00:29:38	01:00:52	01:00:45	3679		V45	66
3368	4058	Élia Alves	00:31:32	01:00:52	00:59:27	3495		V45	67
3369	890	Elsa Nunes	00:30:33	01:00:52	00:59:09	3440		V40	125
3370	293	Fernando Lourenço	00:33:59	01:00:52	00:53:06	2241		V35	562
3371	933	Célia Rafael	00:29:24	01:00:53	01:00:52	3703		V40	126
3372	3373	Nélia Perdigão	00:31:42	01:00:53	00:59:19	3473		V35	120
3373	4890	Vanda Sequeira	00:30:53	01:00:54	00:59:48	3541		V40	127
3374	4891	Catarina Morgado	00:30:53	01:00:54	00:59:48	3546		V35	121
3375	1138	Pedro Silva	00:29:21	01:00:54	01:00:51	3701	the bolts	Senior	769
3376	378	Francisco Ferro	00:31:26	01:00:55	00:59:00	3420		V45	348
3377	696	Sandra Monteiro	00:29:24	01:00:55	01:00:09	3604		V35	122
3378	2540	Giovanna Franchi	00:29:45	01:00:55	01:00:18	3631		Senior	194
3379	1137	Ana Amado	00:29:21	01:00:55	01:00:50	3698	the bolts	Senior	195
3380	4396	Matheus Almeida	00:31:55	01:00:56	00:56:32	2968		Senior	770

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3381	3616	António Antunes	00:31:05	01:00:56	01:00:39	3672		V45	349
3382	3864	António Oliveira	00:30:03	01:00:56	01:00:52	3705		V40	557
3383	5886	Isabel Bué	00:28:54	01:00:57	01:00:44	3678	Bué da Serras	Senior	196
3384	1776	Luis Friaças	00:31:18	01:00:57	01:00:19	3633		V40	558
3385	242	Luis Tavares	00:34:27	01:00:57	00:52:59	2220	MONTEPIO - Marketeers	V35	563
3386	1948	Nuno Moreno	00:31:21	01:00:57	00:58:45	3390		V40	559
3387	4905	Ana Varanda	00:31:21	01:00:57	01:00:02	3589		V40	128
3388	3938	Ana Rodrigues	00:30:52	01:00:58	01:00:12	3611		Senior	197
3389	950	Patrícia Alves	00:28:57	01:00:59	01:00:38	3671		Senior	198
3390	2938	António Guedes	00:30:19	01:00:59	01:00:17	3622	Açoreana Clube Banif	V40	560
3391	4502	Mónica Quarenta	00:30:19	01:00:59	01:00:17	3627	Açoreana Clube Banif	V40	129
3392	4087	Teresa Gray	00:31:51	01:00:59	00:59:39	3527		V50	33
3393	350	Rui Santos	00:31:12	01:00:59	01:00:24	3645		V45	350
3394	4777	Nuno Santo	00:30:18	01:01:00	01:00:16	3619	Açoreana Clube Banif	V45	351
3395	5238	Helena Santos	00:30:18	01:01:00	01:00:18	3629	Açoreana Clube Banif	V50	34
3396	4778	Sandra Martins	00:30:20	01:01:00	01:00:18	3630	Açoreana Clube Banif	V35	123
3397	6233	Armindo Loureiro	00:31:59	01:01:00	00:59:34	3516		V65	37
3398	5791	Patricia Ferreira	00:30:58	01:01:00	00:59:48	3540		Senior	199
3399	2940	Sofia Guedes	00:30:20	01:01:01	01:00:17	3628	Açoreana Clube Banif	V40	130
3400	5239	António Nunes	00:30:18	01:01:01	01:00:17	3626	Açoreana Clube Banif	V60	91

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3401	6212	Silvia Martins	00:29:45	01:01:02	01:00:40	3674		V40	131
3402	5119	António Lavrador	00:29:14	01:01:02	01:00:25	3647	Pernas de Gafanhoto	V40	561
3403	2334	Soraia Costa	00:31:04	01:01:02	00:58:50	3399	Gazelas Do tempo	Senior	200
3404	98	Tânia Sales	00:30:19	01:01:02	01:00:17	3624	Pump Runners	V35	124
3405	5464	Carla Galhano	00:30:52	01:01:02	00:59:58	3578		V40	132
3406	5499	Maria Eugénia	00:31:46	01:01:02	01:00:04	3593		V50	35
3407	3808	Gonçalo Cardoso	00:28:32	01:01:02	01:00:24	3642		Senior	771
3408	6486	Tiago Túbal	00:28:43	01:01:02	01:00:52	3704		V40	562
3409	2841	Nuno Diniz	00:34:39	01:01:03	00:54:10	2452	Big Great Team	Senior	772
3410	3998	Isilda Barradas	00:29:56	01:01:03	00:59:59	3580		V65	2
3411	545	Domingas Santos	00:31:01	01:01:03	01:00:01	3586		V55	11
3412	20	Patrícia Pereira	00:30:46	01:01:03	01:00:25	3650		V35	125
3413	2763	João Fernandes	00:30:02	01:01:04	01:00:49	3695	Movet	V45	352
3414	4173	Hugo Viegas	00:32:15	01:01:05	00:57:56	3259		Senior	773
3415	1600	Hélio Marques	00:31:10	01:01:05	00:59:51	3554		Senior	774
3416	5270	Eduardo Dias	00:33:06	01:01:05	00:54:20	2494		V40	563
3417	5727	João Figueiredo	00:33:58	01:01:05	00:53:48	2375	Câmara Lisboa Clube	V55	150
3418	1599	Catarina Baptista	00:31:10	01:01:05	00:59:52	3560		Senior	775
3419	5746	Nuno Pereira	00:30:59	01:01:05	00:59:27	3496		Senior	776
3420	5986	Miguel Fonseca	00:31:31	01:01:06	00:59:46	3535		V40	564

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3421	5277	Guiomar Soares	00:30:17	01:01:06	01:00:54	3711	Runners da frente Ribeirinha da Povia de Santa	V40	133
3422	5862	Vítor Pinto	00:29:14	01:01:07	00:59:49	3549		V35	564
3423	4903	Tiago Fernandes	00:34:44	01:01:07	00:53:33	2315		Senior	777
3424	1177	Ana Silva	00:34:33	01:01:07	00:53:40	2348		V35	126
3425	4186	Nelson Oliveira	00:31:01	01:01:07	01:00:07	3600		Senior	778
3426	2321	Sérgio Luís	00:29:47	01:01:07	01:00:55	3714	Team Pernetas	V35	565
3427	4856	Diogo Lopes	00:31:35	01:01:07	00:59:40	3528		Senior	779
3428	1723	João Rodrigues	00:28:53	01:01:07	01:00:56	3718		Senior	780
3429	5291	Marisa Marques	00:30:41	01:01:08	01:00:24	3643		V35	127
3430	2200	Gonçalo Petinga	00:31:56	01:01:08	00:58:51	3401		Senior	781
3431	4975	Susana Monserrate	00:32:06	01:01:08	00:59:50	3552		V40	134
3432	5910	André Mendes	00:32:59	01:01:09	00:54:28	2520	Cofina Runners	V35	566
3433	3734	Telmo Coutinho	00:29:57	01:01:09	01:00:21	3636		V35	567
3434	4463	João Matos	00:30:41	01:01:09	00:59:07	3435		Senior	782
3435	314	Joao Veiga	00:29:55	01:01:09	01:01:00	3722		V65	38
3436	3108	Iolanda Vaz	00:31:17	01:01:09	00:59:52	3558		Senior	201
3437	3271	Bruno Marques	00:31:03	01:01:10	00:59:13	3449		Senior	783
3438	2450	Beta Sequeira	00:31:01	01:01:10	01:00:49	3696		V35	128
3439	2035	Sebastiao Lameiras	00:30:19	01:01:10	01:00:56	3719		V45	353
3440	18	Nuno Ricardo	00:31:34	01:01:10	00:59:55	3565		V35	568

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3441	4404	Alfredo Martins	00:28:32	01:01:11	01:01:09	3737		V40	565
3442	5778	Daniel Reis	00:30:41	01:01:12	00:59:39	3526		Senior	784
3443	852	Pedro Ferreira	00:31:29	01:01:13	00:59:45	3534	MONTEPIO - Marketeers	Senior	785
3444	5149	Carlos Viegas	00:29:58	01:01:13	00:59:41	3529	GDCT Unicre	V55	151
3445	1074	Maria Pereira	00:28:30	01:01:13	01:00:55	3715		V40	135
3446	3287	Marlene Freitas	00:31:58	01:01:13	00:59:47	3538		Senior	202
3447	2626	Pedro Diniz	00:34:39	01:01:14	00:54:21	2495	Big Great Team	Senior	786
3448	1883	João Vieira	00:31:13	01:01:14	00:59:37	3524	FALCÕES SELVAGENS	V40	566
3449	5167	Pedro Arroja	00:32:02	01:01:14	00:59:27	3494	GDCT Unicre	V40	567
3450	3986	Marcos Martins	00:31:01	01:01:14	01:00:15	3618		Senior	787
3451	3288	Rui Neves	00:31:57	01:01:14	00:59:49	3547		Senior	788
3452	4519	Bruno Silva	00:34:07	01:01:15	00:53:36	2330	MaGni7	V40	568
3453	4506	João Nita	00:31:15	01:01:15	00:59:06	3433		V40	569
3454	4196	João Ferreira	00:33:17	01:01:15	00:54:10	2449		V35	569
3455	4522	Joana Trigo	00:34:07	01:01:16	00:53:36	2328	MaGni7	Senior	203
3456	3249	Fernando Lima	00:33:34	01:01:18	00:56:04	2869	SS CGD	V45	354
3457	1570	Pedro Paulino	00:33:11	01:01:18	00:56:26	2941		V35	570
3458	5444	Olívia Gaspar	00:31:51	01:01:18	00:59:48	3544		V40	136
3459	5061	Francisco Macheta	00:31:51	01:01:18	00:59:48	3543		V40	570
3460	2543	Luís Duarte	00:35:26	01:01:18	00:53:47	2371		V35	571

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3461	6151	Catarina Almeida	00:34:32	01:01:19	00:54:31	2541		Senior	204
3462	6124	Carlos Dias	00:29:38	01:01:19	00:59:19	3475		V35	572
3463	575	Nuno Jesus	00:31:08	01:01:19	00:59:33	3515		V35	573
3464	574	Elisabete Pinhel	00:31:08	01:01:19	00:59:33	3514		V40	137
3465	1078	Paulo Cerqueira	00:30:00	01:01:19	01:01:14	3746		V45	355
3466	2558	Filomena Capelo	00:32:58	01:01:19	00:59:55	3566		V45	68
3467	5677	António Alves	00:30:07	01:01:20	01:01:06	3729	Odebrecht Portugal	V55	152
3468	4602	Hugo Paulito	00:30:48	01:01:20	01:01:00	3723	Os Duros	V40	571
3469	1167	Ana Dias	00:31:40	01:01:20	01:00:04	3594		Senior	205
3470	1079	Jose Cerqueira	00:30:00	01:01:20	01:01:14	3745		V50	239
3471	4604	João Rito	00:30:48	01:01:20	01:01:00	3724	Os Duros	V55	153
3472	5166	Ana Madeira	00:32:02	01:01:21	00:59:34	3517	GDCT Unicre	V40	138
3473	5242	Ricardo Sousa	00:31:55	01:01:21	00:59:05	3432		V35	574
3474	1081	Nidia Valadares	00:35:27	01:01:21	00:53:50	2381		V35	129
3475	612	Dorindo Ferreira	00:29:16	01:01:21	01:00:14	3614	Ferreira	V65	39
3476	3722	Luis Marques	00:31:56	01:01:21	00:59:05	3431		Senior	789
3477	478	Maria Monteiro	00:31:40	01:01:21	01:00:23	3639		V45	69
3478	2053	António Mendes	00:33:35	01:01:22	00:54:41	2580		V50	240
3479	3029	Antonio Cordeiro	00:33:30	01:01:22	00:59:52	3555	Encosta Team	V45	356
3480	2752	Maria Teixeira	00:31:46	01:01:22	01:00:12	3612	Carapaus de Corrida	Senior	206

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3481	1336	Rosa Falardo	00:30:07	01:01:23	01:01:11	3741		V50	36
3482	5289	Antonio Varela	00:31:12	01:01:23	01:00:37	3670		V50	241
3483	3953	João Filipe	00:30:59	01:01:23	01:00:26	3655		V35	575
3484	5563	Pedro Pereira	00:31:19	01:01:23	00:59:59	3582		V35	576
3485	2315	Ana Costa	00:33:13	01:01:24	00:54:42	2585		Senior	207
3486	1603	Carlos Valentim	00:32:35	01:01:24	00:59:16	3460		V40	572
3487	732	Telmo Sousa	00:32:25	01:01:24	00:59:18	3466	Correr em Família	V35	577
3488	1694	João Costa	00:29:43	01:01:25	01:01:15	3750		Senior	790
3489	364	Maria Simoes	00:31:15	01:01:25	01:00:08	3601		V45	70
3490	2812	Yuichi Takey	00:34:14	01:01:26	00:54:11	2455		V45	357
3491	345	Pedro Ferreira	00:31:00	01:01:26	00:59:18	3469		Senior	791
3492	6312	Sofia Forte	00:32:04	01:01:26	00:59:29	3498		V40	139
3493	4721	Marlene Mendes	00:34:44	01:01:26	00:53:30	2304	Maria Guga	V35	130
3494	5923	Nelson Barreiros	00:30:55	01:01:27	00:59:38	3525	Cofina Runners	V45	358
3495	5501	Luis Ramos	00:29:09	01:01:27	01:00:56	3717		V45	359
3496	1271	Rozires Ferreira	00:32:06	01:01:27	00:59:09	3439		Senior	208
3497	5492	Fernando Pedro	00:34:38	01:01:27	00:53:35	2325	Mercedes-Benz	V40	573
3498	1367	Ricardo Matos	00:34:38	01:01:28	00:53:35	2326	Alverca Urban runners	V40	574
3499	3786	Sonia Ferreira	00:34:34	01:01:28	00:59:18	3468	Mulheres Amigas	Senior	209
3500	2931	Carla Pereira	00:31:17	01:01:28	01:00:53	3708		Senior	210

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3501	4747	Alexandre Sousa	00:30:03	01:01:28	01:01:24	3765		Senior	792
3502	2625	Daniela Diniz	00:34:38	01:01:29	00:54:36	2561	Big Great Team	Senior	211
3503	3788	Elaine Lopes	00:34:34	01:01:29	00:59:19	3477	Mulheres Amigas	V35	131
3504	2290	António Silva	00:31:57	01:01:29	00:59:37	3523	Amigos Vale Silencio	V70	15
3505	4451	Manuel Pereira	00:30:33	01:01:29	01:01:09	3736		V40	575
3506	4205	Fernando Marques	00:34:18	01:01:30	00:55:51	2822	g.d.chelas	V50	242
3507	1935	Rita Pais	00:30:14	01:01:30	01:01:29	3772		V35	132
3508	1190	Marcos Curado	00:29:50	01:01:30	01:00:45	3682	PARBFRPPXXX	Senior	793
3509	4089	Waldemar Coroado	00:30:15	01:01:30	01:01:29	3774		V55	154
3510	4359	Ricardo Castanhinha	00:34:10	01:01:31	00:58:13	3302	Equipa Tivoli	V35	578
3511	666	Luísa Rego	00:30:52	01:01:31	00:59:59	3583	CLUBE NOVO BANCO	V45	71
3512	1655	Tiago Pito	00:31:20	01:01:31	00:59:30	3506		V35	579
3513	2264	Luís Soares	00:31:19	01:01:32	00:59:15	3459	TroubleMakers	Senior	794
3514	2500	Cecília Nicolau	00:30:20	01:01:32	00:59:58	3573	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V45	72
3515	6324	Rui Simões	00:30:19	01:01:32	00:59:58	3574		V35	580
3516	6325	António Teixeira	00:30:20	01:01:33	00:59:58	3572		V35	581
3517	6196	Paula Mariano	00:33:27	01:01:34	00:54:30	2531		V40	140
3518	3865	Virgínia Delgado	00:30:03	01:01:34	01:01:30	3778		V40	141
3519	3265	Maria Viegas	00:30:25	01:01:34	01:01:24	3767		V40	142
3520	109	Susana Malheiro	00:31:05	01:01:35	01:00:57	3720		Senior	212

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3521	6243	Antonio Satiro	00:31:41	01:01:35	01:00:08	3603	Os Carregueirenses	Senior	795
3522	1064	Joaquim Santos	00:31:35	01:01:35	00:59:35	3520	EVELX - Associação de Estilos de Vida Saudável	V65	40
3523	2020	Marta Fernandes	00:29:33	01:01:35	01:01:34	3785	Lis Running CPA	V35	133
3524	6360	Sonia Marques	00:31:21	01:01:36	01:00:54	3712		V40	143
3525	228	Marco Cardoso	00:29:04	01:01:36	01:01:07	3730		V40	576
3526	377	Domingos Rodrigues	00:32:21	01:01:36	00:59:16	3461		V40	577
3527	4640	José Alves	00:30:20	01:01:36	01:01:31	3780		V65	41
3528	6279	David Serrano	00:33:05	01:01:37	00:59:52	3557		Senior	796
3529	839	António Guerreiro	00:33:45	01:01:37	00:55:00	2648		V50	243
3530	4644	Natália Lopes	00:30:20	01:01:37	01:01:32	3782		V45	73
3531	5067	Isabel Caparica	00:32:07	01:01:38	01:00:34	3667		V40	144
3532	2536	Rui Guerreiro	00:33:44	01:01:39	00:55:01	2651		V40	578
3533	5262	Vasco Ferreira	00:29:51	01:01:39	01:00:53	3707	GDCTINCM	V35	582
3534	2965	Maria Silva	00:30:45	01:01:39	01:01:04	3726	Os Gazelas Imparáveis	Junior	6
3535	5222	Manuel Pereira	00:29:09	01:01:40	01:01:37	3791		V40	579
3536	1435	Francisco Gomes	00:31:20	01:01:40	01:01:11	3740		V50	244
3537	5014	Sérgio Brito	00:31:19	01:01:41	01:00:02	3590		V35	583
3538	5482	Nuno Duarte	00:33:39	01:01:41	00:54:42	2581		Senior	797
3539	4594	Maria Barrancos	00:30:58	01:01:41	01:00:25	3649	B&O	V40	145
3540	1231	Maria Alexandre	00:30:27	01:01:41	01:01:17	3757		V60	6

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3541	3357	Jorge Marques	00:34:38	01:01:41	01:01:08	3732		Senior	798
3542	1810	Isabel Dias	00:31:44	01:01:42	00:59:23	3483		V45	74
3543	127	Pedro Calhau	00:33:17	01:01:42	00:59:30	3504		V35	584
3544	1809	Sônia Domingos	00:31:44	01:01:42	00:59:23	3482		V35	134
3545	6227	Joao Meireles	00:37:45	01:01:42	00:53:53	2390		Senior	799
3546	4999	Vítor Nunes	00:30:16	01:01:42	01:00:43	3677		V35	585
3547	2889	Joana Luís	00:31:16	01:01:43	01:01:16	3756		Senior	213
3548	945	Paulo Inácio	00:34:00	01:01:44	00:55:37	2770	Running Venus	V35	586
3549	4618	Gonçalo Patrício	00:33:36	01:01:44	00:55:16	2701		Senior	800
3550	874	Maria Fialho	00:30:28	01:01:44	01:00:34	3666		Senior	214
3551	4119	Diana Vieira	00:31:15	01:01:44	01:00:17	3625		Senior	215
3552	5412	Maria Anselmo	00:30:11	01:01:44	01:01:35	3787		V45	75
3553	4730	Telma Ponciano	00:33:47	01:01:45	00:55:12	2686	Masters Water Polo - Bamboora Gaming	Senior	216
3554	2815	Sofia Gomes	00:30:22	01:01:45	01:01:36	3790		V35	135
3555	2235	Maria Horta	00:31:44	01:01:45	01:01:10	3739		V45	76
3556	1917	Catarina Castro	00:31:21	01:01:46	01:00:15	3617	tartarugas solidarias	Senior	217
3557	5506	José Calvário	00:29:22	01:01:46	01:01:21	3762		V70	16
3558	5647	Cláudia Madeira	00:31:16	01:01:46	00:59:44	3532		V35	136
3559	3689	Emilia Janela	00:31:22	01:01:46	01:00:16	3620	tartarugas solidarias	V50	37
3560	5425	Nuno Gonçalves	00:30:26	01:01:47	01:01:32	3783		V50	245

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3561	2105	Claudino Ressurreição	00:34:10	01:01:48	00:54:51	2617		V60	92
3562	1168	Luis Oliveira	00:34:56	01:01:48	00:54:30	2533		Senior	801
3563	5710	Victória Sukhótskaya	00:29:59	01:01:48	01:01:47	3809		V50	38
3564	5175	Dingchun Chen	00:32:06	01:01:49	01:00:35	3668		Senior	802
3565	6165	Ana Borges	00:29:58	01:01:50	01:01:45	3805		V35	137
3566	6148	Duarte Sousa	00:33:52	01:01:50	00:54:29	2526		Senior	803
3567	4277	Diego Solis	00:30:20	01:01:51	01:01:37	3793	Hiscox Penguins	Senior	804
3568	2438	Jorge Vasco	00:29:46	01:01:53	01:01:16	3751		V40	580
3569	1804	Jorge Cerejeira	00:29:44	01:01:53	01:00:21	3637		V45	360
3570	1859	Patrícia Miranda	00:30:54	01:01:54	01:01:29	3773		V40	146
3571	2303	Ana Araújo	00:32:39	01:01:54	01:00:33	3665		V50	39
3572	2549	Antonio Brito	00:31:10	01:01:55	01:00:50	3697		V50	246
3573	5137	Luis Corista	00:33:32	01:01:55	00:55:19	2713	CLUBE ANACOM	V45	361
3574	5766	Lisa Santos	00:31:21	01:01:56	01:00:48	3692		V35	138
3575	3190	Nelson Oliveira	00:30:45	01:01:57	01:00:36	3669		V70	17
3576	5619	Mónica Ferreira	00:32:09	01:01:57	01:01:10	3738	ROFF	Senior	218
3577	1626	Dora Matos	00:31:19	01:01:57	01:01:04	3728		V45	77
3578	893	Paula Sarvaiva	00:32:02	01:01:57	01:01:25	3768		V40	147
3579	2357	Aline Correia	00:30:09	01:01:58	01:01:53	3819	GRCD Leião	Senior	219
3580	2544	Eduardo Lopes	00:31:20	01:01:59	01:00:46	3687		V45	362

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3581	5671	Joao Martins	00:34:43	01:01:59	00:54:41	2575		V35	587
3582	2825	Hugo Dias	00:34:44	01:01:59	00:54:40	2571		Senior	805
3583	439	Olivia Lucas	00:31:53	01:02:00	01:00:19	3632	Breakaway	V45	78
3584	5670	Nuno Melo	00:35:32	01:02:00	00:54:49	2605		V35	588
3585	4559	Maria Puga	00:31:59	01:02:01	01:00:11	3608		V50	40
3586	2491	Tomás Cascão	00:30:38	01:02:01	01:00:45	3684		Junior	48
3587	2137	Filipe Santos	00:35:33	01:02:01	00:54:51	2612	Confiançudos	V35	589
3588	2139	Nuno Alfredo	00:35:31	01:02:01	00:54:52	2621	Confiançudos	V35	590
3589	2140	Rita Mendes	00:35:31	01:02:01	00:54:53	2624	Confiançudos	V35	139
3590	2134	João Pinheiro	00:35:31	01:02:02	00:54:53	2628	Confiançudos	V45	363
3591	2348	Helder Almeida	00:31:16	01:02:02	00:59:58	3575		V45	364
3592	106	Nuno Grandão	00:30:47	01:02:02	01:01:16	3755		V40	581
3593	4527	Cristina Cruz	00:31:39	01:02:02	01:00:47	3689		Senior	220
3594	3193	Carla Leocádio	00:33:37	01:02:03	00:55:37	2771		Senior	221
3595	4673	Nuno Azevedo	00:30:29	01:02:03	01:00:53	3706		V40	582
3596	4588	Júlio Costa	00:32:44	01:02:03	01:00:27	3657		V45	365
3597	4306	Hugo Fernandes	00:30:52	01:02:04	01:00:43	3676	Hiscox Lions	Senior	806
3598	2987	Teresa Sousa	00:29:27	01:02:04	01:01:40	3797	BIVAC IBERICA	V45	79
3599	4484	Ana Gomes	00:30:10	01:02:05	01:02:00	3836		Senior	222
3600	5184	Rui Freixo	00:34:27	01:02:06	00:55:05	2665		Senior	807

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3601	2776	Luis Simões	00:31:46	01:02:06	00:59:52	3556		V55	155
3602	1940	Marisa Larguinho	00:31:29	01:02:07	01:00:13	3613		Senior	223
3603	4495	Rui Lobato	00:31:17	01:02:07	01:00:49	3694		V50	247
3604	6107	Renato Andrade	00:31:51	01:02:08	01:00:05	3595	Coyotecujo	V35	591
3605	2876	Diana Gonçalves	00:30:25	01:02:08	01:01:48	3813		Senior	224
3606	676	Jorge Narciso	00:31:36	01:02:09	01:00:16	3621		V55	156
3607	6017	Beatriz Silva	00:31:45	01:02:10	00:59:50	3550		V40	148
3608	3665	Inês Pereira	00:31:09	01:02:10	01:00:45	3683	Rebenta Milhas	Senior	225
3609	3915	Hugo Costa	00:31:51	01:02:10	01:01:19	3761	Desbunda Race Team	Senior	808
3610	435	Ana Gomes	00:32:50	01:02:11	01:01:08	3735		Senior	226
3611	2097	Dina Oliveira	00:31:12	01:02:11	01:01:08	3734		V45	80
3612	1835	José Rego	00:31:20	01:02:12	01:02:03	3845	Sofia e Zé	V35	592
3613	2297	Julia Andrade	00:32:13	01:02:13	01:00:25	3648		V35	140
3614	4718	Maria Antunes	00:34:49	01:02:14	00:54:17	2480	Maria Guga	Senior	227
3615	190	Maria Silva	00:34:08	01:02:15	00:55:10	2682		V45	81
3616	5368	Diogo Martins	00:31:34	01:02:15	01:01:36	3788		Junior	49
3617	1860	Paulo Magalhães	00:34:38	01:02:16	00:54:59	2645		V35	593
3618	1861	Paulo Gonçalves	00:34:38	01:02:16	00:54:59	2644		V40	583
3619	6434	João Gil	00:32:29	01:02:17	01:00:51	3700		Senior	809
3620	6435	Maria Ribeiro	00:32:29	01:02:17	01:00:51	3699		Senior	228

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3621	4170	Célia Veiga	00:31:26	01:02:17	01:01:43	3801		Senior	229
3622	2721	Cheila Henriques	00:34:19	01:02:18	00:54:37	2564	Alverca Urban runners	Senior	230
3623	3626	Rui Veiga	00:36:51	01:02:19	00:54:15	2470		V55	157
3624	2551	Marisa Silva	00:31:12	01:02:20	01:00:26	3654		V40	149
3625	5915	David Fernandes	00:34:25	01:02:20	00:54:55	2632	Cofina Runners	Senior	810
3626	4601	Joaquim Abegao	00:31:22	01:02:20	01:02:05	3850		V50	248
3627	4990	Hugo Gonçalves	00:34:51	01:02:21	00:54:52	2620		V40	584
3628	3493	Sandra Duarte	00:30:32	01:02:21	01:02:19	3874		V35	141
3629	3804	Luís Matos	00:28:07	01:02:21	01:02:21	3878		V40	585
3630	3640	Filipa Costa	00:30:32	01:02:21	01:02:19	3869		V35	142
3631	2683	Mónica Martins	00:30:02	01:02:22	01:01:21	3763	Caracóis Turbinados	Senior	231
3632	5839	Paulo Niny	00:30:14	01:02:23	01:01:46	3807	Pernas de Gafanhoto	V35	594
3633	678	José Silva	00:31:14	01:02:24	01:01:23	3764		V40	586
3634	4876	Luís Mexia	00:34:16	01:02:25	00:55:55	2833		V45	366
3635	2880	Ricardo Figueiredo	00:36:31	01:02:27	00:54:46	2598		V45	367
3636	4720	Idania Rodrigues	00:35:14	01:02:27	00:54:31	2537	Maria Guga	Senior	232
3637	1792	Luís Malato	00:29:20	01:02:28	01:02:23	3884		V45	368
3638	29	Mariana Bizarro	00:29:37	01:02:28	01:02:26	3892		V40	150
3639	3201	António Lourenço	00:31:22	01:02:29	01:00:24	3646		Senior	811
3640	4117	Ricardo Fonseca	00:30:33	01:02:30	01:00:52	3702	Evolution	V40	587

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3641	5854	Nuno Martins	00:30:08	01:02:30	01:01:48	3810		V35	595
3642	5855	Nuno Fernandes	00:30:09	01:02:30	01:01:51	3816		V35	596
3643	3155	Miguel Santos	00:30:40	01:02:33	01:00:14	3615	Quebra-Milhas	Senior	812
3644	6203	Pedro Marcondes	00:32:48	01:02:34	01:00:28	3660		V60	93
3645	1397	Alexandra Queiroz	00:31:07	01:02:34	01:00:45	3680		V45	82
3646	3925	Paulo Capela	00:32:02	01:02:34	01:01:59	3832		V45	369
3647	900	Joana Caldeira	00:31:10	01:02:34	01:02:09	3855		Senior	233
3648	2391	Catarina Fontinha	00:32:38	01:02:34	01:01:16	3752		V35	143
3649	2388	Paulo Mendes	00:32:37	01:02:35	01:01:16	3753		Senior	813
3650	5790	Tiago Ferreira	00:31:31	01:02:35	01:01:24	3766		Senior	814
3651	6294	Joao Silva	00:29:44	01:02:36	01:01:26	3769		Senior	815
3652	5273	Ana Costa	00:30:48	01:02:36	01:02:25	3887		Senior	234
3653	5883	Ines Duarte	00:30:34	01:02:38	01:02:08	3854		V40	151
3654	2512	Paulo Sousa	00:35:22	01:02:39	00:55:18	2712	GDCTINCM	V40	588
3655	1429	Armando Durão	00:31:25	01:02:39	01:01:13	3744		V50	249
3656	2445	João Tavares	00:30:56	01:02:41	01:01:31	3779		Senior	816
3657	3848	Maycon Heretier	00:31:41	01:02:43	01:00:48	3690		V35	597
3658	1409	Vasco Pipa	00:30:40	01:02:43	01:02:36	3911		V50	250
3659	5471	José Capela	00:35:06	01:02:43	00:55:05	2667	Safaricom	Senior	817
3660	6153	Ricardo Oliveira	00:32:00	01:02:44	01:01:15	3747		V35	598

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3661	68	Catarina Simão	00:32:00	01:02:44	01:01:15	3748		V35	144
3662	6156	Antonio Silva	00:31:45	01:02:45	01:00:45	3685		V60	94
3663	5881	Ramalho	00:32:24	01:02:45	01:01:44	3802		Senior	818
3664	271	António Faria	00:34:21	01:02:45	00:55:49	2813		V60	95
3665	614	Sofia Bernardes	00:32:07	01:02:45	01:00:58	3721		V35	145
3666	2952	André Ferreira	00:30:52	01:02:46	01:01:35	3786		Senior	819
3667	2990	Vanda Brissos	00:34:17	01:02:46	00:56:11	2896	BIVAC IBERICA	V45	83
3668	3515	Alexandra Sousa	00:32:09	01:02:46	01:00:46	3686		V35	146
3669	4913	Sandrina Fernandes	00:30:34	01:02:46	01:02:10	3857		V35	147
3670	6020	Patrícia Pinto	00:34:56	01:02:48	00:56:19	2918	G.D.A.	V35	148
3671	4465	Diogo Matos	00:35:16	01:02:48	00:55:18	2709		V35	599
3672	5576	Bruno Matos	00:35:16	01:02:48	00:55:16	2704		V40	589
3673	3179	Henrique Girão	00:31:33	01:02:48	01:02:37	3915		V65	42
3674	4477	Anabela Simões	00:31:38	01:02:49	01:01:56	3825		V45	84
3675	3014	João Maionde	00:35:38	01:02:50	00:59:30	3507	Equipa Tivoli	Senior	820
3676	5704	Karine Ramos	00:30:41	01:02:50	01:02:01	3841		V35	149
3677	1657	Luis Monteiro	00:30:15	01:02:50	01:02:30	3899		V35	600
3678	2406	Ana Rodrigues	00:29:57	01:02:50	01:02:46	3935		Senior	235
3679	5124	Ana Madruga	00:31:42	01:02:51	01:01:51	3817	Rumo ao 35	V35	150
3680	5024	Catarina Azevedo	00:32:44	01:02:51	01:01:44	3803		V35	151

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3681	5165	Bento Correia	00:30:27	01:02:51	01:02:43	3927	GDCT Unicre	V50	251
3682	4862	Luis Martins	00:32:10	01:02:52	01:02:38	3920		V40	590
3683	2356	Albino Ferreira	00:34:08	01:02:53	00:57:31	3157	GRCD Leião	V50	252
3684	6238	Eduardo Mendes	00:32:15	01:02:53	00:59:46	3537		Senior	821
3685	5877	André Lopes	00:29:17	01:02:53	01:01:53	3820		V35	601
3686	5452	Mafalda Castro	00:34:24	01:02:53	00:55:45	2798		Senior	236
3687	4859	Nuno Martins	00:32:09	01:02:53	01:02:37	3916		Senior	822
3688	4362	Rute Cardoso	00:32:17	01:02:53	01:02:04	3847		V35	152
3689	3625	Ana Marques	00:31:57	01:02:53	01:02:04	3846		V40	152
3690	4059	Joaquim Alves	00:31:34	01:02:54	01:01:28	3771		V45	370
3691	5940	Sergio Oliveira	00:32:54	01:02:54	01:00:49	3693		V40	591
3692	624	Jorge Baptista	00:31:15	01:02:54	01:02:41	3925		V60	96
3693	3798	Filipe Garcia	00:28:40	01:02:54	01:02:54	3949		Senior	823
3694	3673	Pedro Costa	00:31:43	01:02:54	01:02:35	3907	Rebenta Milhas	V35	602
3695	1098	Elisabeth Loureiro	00:31:13	01:02:55	01:02:06	3851	Sporting Clube de Casainhos	V55	12
3696	2527	Jeronimo Santos	00:35:55	01:02:55	00:55:31	2750	Os indomaveis	V65	43
3697	2524	Antonio Silva	00:35:55	01:02:55	00:55:33	2756	Os indomaveis	V55	158
3698	1502	Mi Sun	00:34:40	01:02:55	00:55:34	2759		Senior	824
3699	2007	Hélio Augusto	00:36:03	01:02:56	00:55:06	2671	Azeitão Running	V35	603
3700	5694	Alexandra Santos	00:30:47	01:02:56	01:02:07	3852		Senior	237

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3701	5695	Nuno Barradas	00:30:46	01:02:56	01:02:07	3853		Senior	825
3702	6241	Juliana Costa	00:31:15	01:02:57	01:01:39	3794		Senior	238
3703	2054	Luis Albuquerque	00:31:02	01:02:57	01:02:30	3898		V40	592
3704	84	Ricardo Viana	00:31:41	01:02:58	01:01:30	3775	MONTEPIO - Marketeers	V35	604
3705	3434	Paulo Costa	00:32:25	01:02:58	01:01:08	3733		Senior	826
3706	4693	Cátia Mansilha	00:31:02	01:02:58	01:02:47	3939		Senior	239
3707	988	Otelinda Sousa	00:35:27	01:02:59	00:55:28	2743		V35	153
3708	4996	Adozinda Rito	00:30:03	01:02:59	01:02:39	3921		V55	13
3709	1234	Tiago Caldeira	00:29:23	01:02:59	01:02:59	3957		Senior	827
3710	740	Ana Sousa	00:31:50	01:02:59	01:02:13	3863		V35	154
3711	597	Pedro Barroso	00:37:05	01:03:00	00:52:05	2028		Senior	828
3712	5914	Carlota Montenegro	00:35:15	01:03:00	00:55:34	2761	Cofina Runners	Senior	240
3713	3412	Sónia Domingos	00:32:14	01:03:00	01:01:30	3777		Senior	241
3714	3431	Luis Almeida	00:32:21	01:03:00	01:01:46	3808		V45	371
3715	2126	Ji Zhang	00:32:11	01:03:01	01:02:35	3905		Senior	829
3716	5927	Tiago Almeida	00:36:20	01:03:02	00:55:39	2780	Cofina Runners	Senior	830
3717	2249	Beatriz Aranda	00:30:32	01:03:02	01:02:25	3888		Senior	242
3718	2425	Rita Saldanha	00:30:49	01:03:02	01:02:43	3928		Senior	243
3719	2250	Hugo Ortins	00:30:32	01:03:02	01:02:25	3886		Senior	831
3720	4643	Vítor Gonçalves	00:30:56	01:03:03	01:02:36	3912		V45	372

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3721	4642	Guilherme Nunes	00:30:56	01:03:04	01:02:37	3914		V65	44
3722	5399	Filipa Figueira	00:32:44	01:03:04	01:01:57	3830		V35	155
3723	1669	Sandra Marques	00:31:38	01:03:04	01:01:02	3725	Os Conta-Kilómetros	Senior	244
3724	2526	Antonio Castanheira	00:35:44	01:03:05	00:55:41	2787	Os indomaveis	V70	18
3725	3056	Alexandra Silva	00:31:09	01:03:05	01:02:47	3938		V40	153
3726	1634	Carlos Correia	00:30:15	01:03:06	01:02:57	3953		V35	605
3727	5027	Tiago Pinhel	00:33:01	01:03:06	01:01:12	3742		V35	606
3728	5028	Joana Vitorino	00:33:01	01:03:06	01:01:12	3743		Senior	245
3729	2616	Maria Lima	00:30:49	01:03:06	01:02:38	3919	LaSurena	V55	14
3730	2504	Antonio Nasci,Ento	00:32:08	01:03:06	01:02:11	3858	GDCTINCM	V70	19
3731	3437	José Gonçalves	00:35:27	01:03:08	00:56:15	2907		V40	593
3732	2063	Pedro Santos	00:34:27	01:03:10	00:58:41	3382		V35	607
3733	524	Ana Fernandes	00:31:47	01:03:10	01:01:17	3758	CLUBE NOVO BANCO	Senior	246
3734	3110	Paula Rodrigues	00:31:34	01:03:10	01:02:36	3909		V35	156
3735	3235	António Silva	00:36:20	01:03:11	00:55:35	2762		Senior	832
3736	3504	Bruna Franco	00:33:03	01:03:11	01:01:36	3789		Senior	247
3737	3107	Sezinanda Guerreiro	00:32:37	01:03:11	01:01:55	3821		Senior	248
3738	4695	António Ferreira	00:30:31	01:03:11	01:03:11	3970		V50	253
3739	1408	Raquel Peças	00:31:10	01:03:12	01:02:28	3895		Senior	249
3740	5481	Pedro Pessequeiro	00:33:44	01:03:12	01:01:45	3806		V40	594

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3741	3048	Rui Figueiredo	00:31:17	01:03:13	01:03:03	3961		V50	254
3742	5737	Nuno Abreu	00:28:32	01:03:13	01:02:29	3896		V35	608
3743	523	Xana Filipe	00:30:31	01:03:13	01:02:59	3955	CLUBE NOVO BANCO	V40	154
3744	5259	Carla Vieira	00:31:46	01:03:13	01:02:22	3883	Solera Runners	V35	157
3745	3489	Ana Faria	00:32:10	01:03:13	01:02:50	3945		Senior	250
3746	3072	Patrícia Conceição	00:32:11	01:03:15	01:02:26	3890		Senior	251
3747	3741	Pedro Lima	00:34:16	01:03:16	00:56:34	2971		Senior	833
3748	65	Gilda Ferreira	00:31:10	01:03:16	01:02:37	3913		V45	85
3749	5068	João Caparica	00:32:19	01:03:16	01:02:11	3860		V45	373
3750	2901	Dora Gomes	00:31:44	01:03:16	01:02:36	3908		V40	155
3751	1292	João Vaz	00:35:46	01:03:17	00:56:12	2898		V35	609
3752	229	Cesar Guerra	00:32:53	01:03:17	01:02:05	3849		V45	374
3753	4558	Luís Charréu	00:32:53	01:03:17	01:02:05	3848		V45	375
3754	4012	Pedro Dias	00:32:48	01:03:18	01:01:31	3781	PRAFIT CLUB	V35	610
3755	534	João Antunes	00:31:08	01:03:19	01:01:56	3829	CLUBE NOVO BANCO	Senior	834
3756	5394	Daniel Figueiredo	00:31:00	01:03:19	01:02:03	3844		V35	611
3757	2854	Sofia Luís	00:30:56	01:03:19	01:02:56	3950	Lebres da Lapa	V35	158
3758	3385	Maria Rodrigues	00:31:38	01:03:21	01:02:02	3843		V50	41
3759	4804	Ana Calinas	00:31:11	01:03:22	01:01:55	3823	SS CGD	V40	156
3760	6207	Celina Coutinho	00:31:23	01:03:22	01:01:56	3828	SS CGD	V40	157

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3761	4849	Paulo Pereira	00:36:07	01:03:23	00:55:26	2732		V50	255
3762	386	Lurdes Alves	00:32:46	01:03:23	01:01:15	3749		V55	15
3763	4850	Ricardo Moreira	00:36:07	01:03:23	00:55:27	2735		V45	376
3764	2765	Carlos Pereira	00:30:51	01:03:23	01:02:35	3906	Os Barriguitas	V40	595
3765	1738	Margarida Jorge	00:31:21	01:03:23	01:02:52	3947		Senior	252
3766	3483	Barbara Sousa	00:32:37	01:03:23	01:03:08	3964	Amigos da Corrida	Senior	253
3767	2623	Ana Brochado	00:34:40	01:03:24	00:56:31	2961	Big Great Team	Senior	254
3768	2624	Bruno Maia	00:34:39	01:03:24	00:56:31	2960	Big Great Team	Senior	835
3769	3916	Catarina Felisberto	00:31:50	01:03:24	01:02:33	3901	Desbunda Race Team	Senior	255
3770	5772	Marianela Figueiredo	00:35:10	01:03:25	00:56:28	2947		V40	158
3771	1449	Krassimira Ivanova	00:32:44	01:03:25	01:01:50	3815	BRRnightRUNNERS	V35	159
3772	4910	Sandra Cruz	00:33:24	01:03:25	01:02:17	3866		V40	159
3773	3329	Edi Pires	00:35:39	01:03:26	01:00:08	3602	Equipa Tivoli	V45	377
3774	4864	Paula Reis	00:33:24	01:03:26	01:02:17	3867		V35	160
3775	3008	André Pinto	00:30:33	01:03:28	01:02:25	3889	Equipa Tivoli	Senior	836
3776	1953	José Figueiredo	00:30:51	01:03:29	01:02:01	3838		V60	97
3777	3980	Tânia Inácio	00:32:27	01:03:29	01:02:20	3875		Senior	256
3778	1635	Ana Gorgueira	00:32:15	01:03:29	01:01:59	3831		Senior	257
3779	4677	Carla Cerqueira	00:32:16	01:03:29	01:01:59	3835		Senior	258
3780	3693	Susana Martins	00:29:00	01:03:31	01:03:09	3967	OS MARTINS	Senior	837

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3781	3696	Carina Martins	00:29:01	01:03:31	01:03:09	3966	OS MARTINS	Senior	259
3782	4157	Ilidio Silva	00:31:09	01:03:32	01:03:09	3965		V45	378
3783	5205	Fabiana Freitas	00:30:28	01:03:32	01:02:30	3897		Senior	260
3784	4188	João Gonçalves	00:34:37	01:03:33	00:56:25	2937		V35	612
3785	5380	Miguel Dias	00:31:25	01:03:34	01:02:46	3936		Junior	50
3786	4836	Joana Sousa	00:32:44	01:03:35	01:02:09	3856		Senior	261
3787	2487	Patricia Freitas	00:30:24	01:03:36	01:03:24	3990		V35	161
3788	1181	Anabela Santos	00:36:10	01:03:37	00:56:20	2925	Centro de Cultura e Desporto dos Trabalhadores	V45	86
3789	3790	João Carneiro	00:32:04	01:03:37	01:02:14	3865	Miranda Miles	V55	159
3790	5206	Luis Dias	00:31:26	01:03:37	01:02:49	3944		V40	596
3791	121	Joana Lopes	00:32:37	01:03:38	01:02:19	3873		Senior	262
3792	2272	André Silva	00:30:36	01:03:39	01:03:25	3993	BRRnightRUNNERS	V35	613
3793	6144	Daniel Pinto	00:30:14	01:03:40	01:03:01	3959	Brigada do Reumático	Senior	838
3794	5678	Joaquim Simão	00:35:47	01:03:40	00:56:39	2987	Odebrecht Portugal	V50	256
3795	2853	Simone Ferreira	00:30:57	01:03:40	01:03:17	3973	Lebres da Lapa	Senior	263
3796	5396	Jose Silveiro	00:31:43	01:03:41	01:02:25	3885		V40	597
3797	2689	Sheila Galiano	00:31:32	01:03:41	01:03:09	3968		V40	160
3798	2120	Cláudia Tam	00:31:40	01:03:42	01:02:57	3954	Açoreana Clube Banif	Senior	264
3799	4197	Pedro Barros	00:30:21	01:03:42	01:03:18	3977		V35	614
3800	6305	Elsa Bruxelas	00:31:33	01:03:43	01:02:21	3880		V55	16

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3801	5708	Pedro Pereira	00:35:28	01:03:45	00:57:08	3068		V35	615
3802	661	Carla Correia	00:35:05	01:03:47	00:56:41	2992	CLUBE NOVO BANCO	V40	161
3803	5628	André Neves	00:32:35	01:03:47	01:02:11	3861	ROFF	V40	598
3804	3497	Jorge Barreira	00:30:09	01:03:48	01:02:20	3876		V70	20
3805	5370	Beatriz Malvar	00:33:44	01:03:48	01:02:21	3879		V35	162
3806	5377	Rita Costa	00:33:44	01:03:48	01:02:22	3882		Senior	265
3807	4187	Jorge Sousa	00:34:37	01:03:49	00:56:40	2990		V40	599
3808	5339	Pedro Tomé	00:31:43	01:03:50	01:03:20	3986		V35	616
3809	5341	Raquel Magalhães	00:31:42	01:03:50	01:03:20	3984		V35	163
3810	936	Cristina Cunha	00:31:57	01:03:51	01:03:50	4022		Senior	266
3811	4742	Mário Gaspar	00:35:03	01:03:52	00:56:30	2954		V50	257
3812	4489	Liliana Rodrigues	00:32:55	01:03:52	01:02:40	3923		V35	164
3813	1930	Paula Sousa	00:31:43	01:03:52	01:02:51	3946		V35	165
3814	873	Mafalda Rodrigues	00:32:55	01:03:52	01:02:41	3926		V35	166
3815	3115	Eduardo Pestana	00:34:05	01:03:53	01:02:44	3929	kaninos	V35	617
3816	4893	Ana Seabra	00:32:06	01:03:54	01:01:34	3784		V50	42
3817	3260	Rui Oliveira	00:32:33	01:03:56	01:01:44	3804	SS CGD	V45	379
3818	5333	José Gonçalves	00:31:31	01:03:58	01:03:15	3972	C.C.D.das Autarquias de Almada	V60	98
3819	1757	Pedro Sérgio	00:31:33	01:03:58	01:03:00	3958	CCD Crédito Agrícola Mútuo	V45	380
3820	6438	Henrike Weber	00:32:38	01:04:00	01:01:39	3795		V45	87

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3821	3025	Emanuel Silva	00:34:06	01:04:00	01:02:36	3910	Encosta Team	V35	618
3822	1638	Alexandre Janicas	00:32:01	01:04:01	01:01:40	3798		Senior	839
3823	1639	Mariana Silva	00:32:01	01:04:01	01:01:39	3796		Senior	267
3824	2373	Miguel Barata	00:31:51	01:04:01	01:02:00	3837	GRCD Leião	V40	600
3825	3622	Nuno Marques	00:30:26	01:04:01	01:03:53	4030	Sempre em Festa	V45	381
3826	2612	Rita Carvalho	00:31:19	01:04:01	01:03:58	4035	Catch Me If You Can	V40	162
3827	993	Alexandra Inácio	00:32:55	01:04:02	01:01:43	3800	Running Venus	V40	163
3828	5565	Joana Silva	00:33:09	01:04:02	01:02:39	3922		Senior	268
3829	4812	Rita Ferreira	00:32:15	01:04:02	01:03:31	3996	Todos Juntos	V45	88
3830	1262	Teresa Teixeira	00:34:42	01:04:04	00:57:39	3189	tartarugas solidarias	V50	43
3831	2253	Pedro Moreira	00:31:59	01:04:04	01:03:25	3992		V35	619
3832	90	Manuela Aldeia	00:30:37	01:04:05	01:04:03	4040	Tálenos Team	V50	44
3833	2066	Teresa Borges	00:35:57	01:04:05	00:56:19	2919		Senior	269
3834	1807	Rosária Silva	00:32:37	01:04:05	01:03:53	4029		V40	164
3835	3276	Paulo Ramos	00:32:50	01:04:05	01:03:38	4006		Senior	840
3836	3275	Margarida Roque	00:32:50	01:04:05	01:03:39	4007		Senior	270
3837	6457	Ana Mamede	00:32:27	01:04:06	01:02:11	3859		Senior	271
3838	5021	João Fernandes	00:34:34	01:04:06	00:57:29	3151		V50	258
3839	1373	Rui Martins	00:31:12	01:04:06	01:03:24	3991		V40	601
3840	5500	Carlos Tomé	00:36:15	01:04:07	00:57:12	3096		V60	99

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3841	5970	Mariana Almeida	00:32:05	01:04:07	01:02:37	3917		Senior	272
3842	5429	Marta Raimundo	00:34:02	01:04:08	01:03:33	3999	BRRnightRUNNERS	Senior	273
3843	5417	Margarida Morais	00:33:33	01:04:09	01:02:45	3933	Anabelas	Senior	274
3844	5474	Chen	00:31:34	01:04:09	01:02:56	3951		Senior	841
3845	1913	Susana Camara	00:31:45	01:04:11	01:02:33	3904	Aqua Runners/Mais que Cuidar Team	Senior	275
3846	4392	Joana Antunes	00:31:46	01:04:11	01:02:32	3900	Aqua Runners/Mais que Cuidar Team	Senior	276
3847	1197	Paulo Espada	00:34:03	01:04:11	00:57:40	3195		V40	602
3848	4155	João Heitor	00:35:50	01:04:12	00:57:06	3065		V35	620
3849	2969	Vitor Fonseca	00:34:30	01:04:12	01:02:37	3918	Speedy Cunhados	V35	621
3850	1697	Sérgio Valente	00:36:06	01:04:14	00:57:40	3196		V40	603
3851	1791	Nuno Calducho	00:35:59	01:04:15	00:56:57	3041		Senior	842
3852	2386	Jose Pacheco	00:35:55	01:04:16	00:58:49	3397		V50	259
3853	3215	Paula Figueiredo	00:36:04	01:04:16	00:57:06	3066		V55	17
3854	2213	Maria Ribeiro	00:32:58	01:04:16	01:02:53	3948		V50	260
3855	4513	Antonio Castro	00:36:04	01:04:17	00:57:06	3063		V45	382
3856	385	Mario Pires	00:32:48	01:04:17	01:03:44	4013		V55	160
3857	4687	Patrícia Garcia	00:32:35	01:04:18	01:02:47	3937		Senior	277
3858	598	Fátima Cardoso	00:32:55	01:04:18	01:02:45	3934		Senior	278
3859	4333	Ana Sousa	00:31:44	01:04:19	01:02:47	3940		V50	45
3860	1134	Ana Oliveira	00:32:56	01:04:19	01:02:44	3931	BRRnightRUNNERS	V40	165

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3861	1235	Zidia Campino	00:32:52	01:04:19	01:02:44	3930	BRRnightRUNNERS	V45	89
3862	3058	João Borges	00:36:00	01:04:20	00:56:31	2964		V45	383
3863	3871	Sara Pais	00:30:57	01:04:22	01:04:15	4058		Senior	279
3864	3302	Mafalda Saraiva	00:33:11	01:04:23	01:00:26	3652	NMFS	V35	167
3865	4216	Ana Dias	00:31:21	01:04:23	01:04:09	4051	g.d.chelas	Senior	280
3866	234	Maria Silva	00:32:23	01:04:23	01:04:06	4045		V45	90
3867	3021	Jose Amaral	00:34:06	01:04:23	01:02:59	3956	Encosta Team	V40	604
3868	3005	Cristina Calafate	00:32:45	01:04:23	01:03:54	4031	tartarugas solidarias	V45	91
3869	2244	Joana Chouriço	00:30:39	01:04:24	01:04:18	4062		V50	46
3870	3784	Dhiren Savchande	00:34:09	01:04:25	01:04:20	4068	TroubleMakers	Senior	843
3871	4737	Fernando Pato	00:31:52	01:04:25	01:04:00	4037		V35	622
3872	5769	Sérgio Vaqueiro	00:37:17	01:04:27	00:56:49	3022		Senior	844
3873	368	Paulo Borges	00:36:37	01:04:27	00:57:09	3077		V45	384
3874	2628	Emanuel Guerreiro	00:34:40	01:04:27	00:57:33	3163	Big Great Team	Senior	845
3875	384	Pedro Faro	00:36:37	01:04:27	00:57:09	3078		V45	385
3876	1486	David Azevedo	00:33:37	01:04:27	01:02:47	3941	Semprabrir	V40	605
3877	4645	Pedro Nobre	00:32:15	01:04:27	01:03:45	4015		V40	606
3878	595	Elisabete Vale	00:32:10	01:04:30	01:04:12	4055		V40	166
3879	4805	Anabela Esteves	00:32:02	01:04:31	01:03:57	4033	SS CGD	V50	47
3880	4406	João Esteves	00:32:34	01:04:31	01:02:18	3868		Senior	846

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3881	2865	João Ramalho	00:32:24	01:04:32	01:03:58	4034	Bargus Team	Senior	847
3882	2864	Susana Pacheco	00:32:24	01:04:32	01:03:58	4036	Bargus Team	Senior	281
3883	2930	Patricia Dinis	00:31:19	01:04:33	01:04:14	4057		V45	92
3884	5595	Fernando Bispo	00:32:09	01:04:33	01:03:15	3971	Os Tartarugas	V55	161
3885	6262	Mónica Domingues	00:32:02	01:04:34	01:04:22	4073		V35	623
3886	3946	Marina Nogueira	00:33:11	01:04:34	01:02:26	3891		Senior	282
3887	3559	Bruno Gomes	00:31:54	01:04:34	01:03:18	3978	FITNESSWAY PINHAL NOVO	V35	624
3888	2661	Cláudia Envia	00:32:50	01:04:35	01:02:19	3870		Senior	283
3889	823	João Pereira	00:30:14	01:04:35	01:04:33	4079		V45	386
3890	6150	Juan Silva	00:34:07	01:04:36	00:58:04	3285		Junior	51
3891	4866	Pedro Alves	00:39:22	01:04:36	00:57:03	3058		V40	607
3892	5498	José Borracha	00:31:46	01:04:36	01:03:37	4003		V55	162
3893	262	Luis Matias	00:36:16	01:04:37	00:57:13	3098		V35	625
3894	4408	Sara Martins	00:32:56	01:04:37	01:03:02	3960	BRRnightRUNNERS	Senior	284
3895	3030	Isabel Fonseca	00:35:28	01:04:38	01:03:17	3976	Encosta Team	V45	93
3896	3988	Inês Queiroz	00:33:05	01:04:38	01:03:17	3975		V35	168
3897	5731	Anabela Meia-Via	00:36:19	01:04:39	00:57:24	3139	Câmara Lisboa Clube	V45	94
3898	6131	Marta Reis	00:35:50	01:04:39	00:57:34	3166		Senior	285
3899	3582	Amélia Frazão	00:32:26	01:04:39	01:03:52	4027	Amélia Valentim Frazão	V40	167
3900	947	Rita Encarnação	00:30:27	01:04:39	01:04:38	4090		Senior	286

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3901	4122	Mervany Aguilera	00:31:00	01:04:39	01:04:37	4086		V35	169
3902	3583	Lino Augusto	00:32:26	01:04:40	01:03:52	4026	Amélia Valentim Frazão	Senior	287
3903	1129	Ivete Santos	00:31:34	01:04:41	01:03:48	4018		Senior	288
3904	5199	João Fragoso	00:32:52	01:04:43	01:03:19	3979		Senior	848
3905	76	Matilde Fernandes	00:32:04	01:04:43	01:04:19	4066		V50	48
3906	55	Cristina Aguiã	00:32:04	01:04:43	01:04:19	4067		V45	95
3907	2546	Mariana Gravelho	00:36:52	01:04:44	00:57:30	3154		Senior	289
3908	3970	Eunice Rodrigues	00:32:42	01:04:44	01:03:35	4000		V35	170
3909	5276	Teresa Barata	00:33:22	01:04:44	01:03:23	3989		V40	168
3910	1834	Sofia Candeias	00:31:19	01:04:45	01:04:38	4091	Sofia e Zé	V35	171
3911	6141	Lúcia Inês	00:30:34	01:04:46	01:04:41	4102	Fúria da noite	V35	172
3912	72	Adelaide Leitão	00:31:23	01:04:46	01:03:50	4020		V45	96
3913	3034	Paulo Rosa	00:35:40	01:04:47	01:03:21	3987	Encosta Team	V35	626
3914	2517	Ricardo Costa	00:33:04	01:04:47	01:02:27	3894	GDCTINCM	V35	627
3915	4323	Victor Carôco	00:35:55	01:04:52	00:57:32	3158		V35	628
3916	566	João Garizo	00:33:50	01:04:52	01:03:20	3983		V40	608
3917	5869	Joana Pinhal	00:32:46	01:04:53	01:03:10	3969		Senior	290
3918	563	Antonio Carvalho	00:30:16	01:04:53	01:02:57	3952	Arco Iris	V35	629
3919	6092	José Quaresma	00:32:24	01:04:54	01:04:28	4076		V40	609
3920	4675	Micaela Vala	00:31:40	01:04:54	01:03:20	3982		V35	173

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3921	6164	Carlos Galvao	00:36:35	01:04:54	00:57:15	3101		V35	630
3922	6072	São Marques	00:31:35	01:04:55	01:03:41	4008		V45	97
3923	3590	Judite Viegas	00:35:39	01:04:55	00:58:16	3310	Pastelaria Charly	V40	169
3924	4911	Maria Carvalho	00:32:59	01:04:55	01:04:37	4088		Senior	291
3925	3103	Jose Feliciano	00:32:13	01:04:56	01:04:31	4078		V55	163
3926	1144	Mario Louro	00:36:09	01:04:57	00:57:55	3256	BRRnightRUNNERS	V45	387
3927	4439	António Abrantes	00:31:41	01:04:58	01:04:23	4074	Balhelhas	V60	100
3928	2039	João Neves	00:33:41	01:04:59	01:03:52	4025		Junior	52
3929	5274	Diogo Santos	00:35:32	01:05:01	00:58:26	3342		Senior	849
3930	902	Alice Cunha	00:31:34	01:05:01	01:04:08	4047		V35	174
3931	6459	Conceição Leal	00:36:50	01:05:02	00:57:37	3185	Starfish	V40	170
3932	885	Teresa Graça	00:30:54	01:05:02	01:04:48	4124		V60	7
3933	2175	Helder Alexandre	00:36:49	01:05:03	00:57:36	3184	Starfish	V40	610
3934	1521	Marta Quina	00:32:52	01:05:03	01:04:35	4082	Equation	V40	171
3935	6308	Carla Nascimento	00:32:08	01:05:04	01:04:18	4064		V35	175
3936	4837	Afonso Cavalheiro	00:34:03	01:05:04	01:03:31	3997	NutriCM	Senior	850
3937	4838	Cátia Miranda	00:34:03	01:05:04	01:03:32	3998	NutriCM	Senior	292
3938	5668	Tito Crespo	00:36:21	01:05:05	00:57:46	3217		Senior	851
3939	3674	José Salinas	00:31:01	01:05:05	01:04:49	4131	Rebenta Milhas	V45	388
3940	5844	Fábio Silva	00:34:23	01:05:06	00:58:34	3361		V35	631

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3941	4072	Marta Gonçalves	00:32:15	01:05:08	01:03:51	4024		Senior	293
3942	2043	Justino Pires	00:33:06	01:05:08	01:05:03	4152		V45	389
3943	2957	Carlos Freitas	00:35:32	01:05:10	00:58:25	3338		Senior	852
3944	573	Miguel Adam	00:37:57	01:05:11	00:53:42	2354		V35	632
3945	1412	Inês Duro	00:34:32	01:05:11	01:04:14	4056		Senior	294
3946	3647	Ana Coelho	00:31:26	01:05:12	01:04:58	4145		Senior	295
3947	4877	Sofia Bizarro	00:31:26	01:05:12	01:04:55	4139		V40	172
3948	2024	Rita Pinto	00:36:17	01:05:13	00:57:45	3212		Senior	296
3949	5058	Miguel Paixão	00:36:12	01:05:14	00:58:04	3287		Senior	853
3950	5789	João Aguilár	00:36:12	01:05:14	00:58:04	3286		Senior	854
3951	4854	Joana Marques	00:34:03	01:05:14	01:03:42	4009	NutriCM	Senior	297
3952	2289	Fernando Silva	00:35:45	01:05:17	00:59:37	3522	Amigos Vale Silencio	V50	261
3953	3524	Luis Abrunhosa	00:36:14	01:05:17	00:58:05	3290		V45	390
3954	5849	Joao Lazaro	00:30:38	01:05:17	01:03:21	3988		Senior	855
3955	5004	Patrícia Alves	00:31:03	01:05:17	01:04:48	4123		Senior	298
3956	4423	Gerson Fialho	00:35:18	01:05:17	00:58:09	3293		Junior	53
3957	1546	Joao Esteves	00:33:57	01:05:17	01:04:09	4052		Senior	856
3958	3351	Pedro Alferes	00:36:57	01:05:19	00:57:39	3193		V50	262
3959	1534	Jose Safara	00:33:18	01:05:20	01:04:33	4080		V55	164
3960	5585	Sérgio Santos	00:33:12	01:05:21	01:04:10	4054		Senior	857

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3961	1437	Rosário Gomes	00:33:18	01:05:21	01:04:52	4135		V45	98
3962	5770	Francisco Ramos	00:33:10	01:05:22	01:04:06	4046		V40	611
3963	1574	Susana Martiniano	00:34:31	01:05:22	01:04:08	4048		Senior	299
3964	6032	Bruno Pinto	00:37:01	01:05:23	00:57:47	3219	Management Solutions	Senior	858
3965	1563	Carla Martiniano	00:34:31	01:05:23	01:04:08	4049		Senior	300
3966	4973	Francisco Carvalho	00:32:39	01:05:24	01:03:08	3963		Senior	859
3967	6303	Luísa Matias	00:32:03	01:05:24	01:05:07	4159		V35	176
3968	4334	António Amaral	00:30:53	01:05:25	01:05:13	4163		V35	633
3969	6302	José Martins	00:32:03	01:05:25	01:05:07	4158		V35	634
3970	2640	Miguel Leal	00:35:13	01:05:26	01:03:19	3980		V55	165
3971	4750	Mimmi Petrelius	00:34:32	01:05:27	01:04:45	4116		V35	177
3972	244	Arlindo Sou	00:32:00	01:05:27	01:04:43	4112		V40	612
3973	3892	Nuno Mares	00:31:39	01:05:28	01:03:48	4017	Movet	V35	635
3974	6162	Pedro Amaro	00:32:31	01:05:28	01:03:43	4012		Senior	860
3975	2362	Carla Faria	00:31:48	01:05:29	01:04:55	4140	GRCD Leião	V45	99
3976	4904	Pedro Reis	00:34:07	01:05:29	01:03:17	3974		V40	613
3977	691	Adelaide Porto	00:33:25	01:05:30	01:03:52	4028		V45	100
3978	4969	Ana Martins	00:32:52	01:05:30	01:03:55	4032	BRRnightRUNNERS	V40	173
3979	4851	Ana Correia	00:37:02	01:05:31	01:04:01	4038		V35	178
3980	6458	Pedro Roberto	00:32:52	01:05:33	01:03:27	3994		Senior	861

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3981	4151	Ana Sousa	00:32:57	01:05:34	01:04:31	4077	Funtastic Four	Senior	301
3982	4845	Fábio Gaspar	00:32:52	01:05:34	01:04:05	4042		Senior	862
3983	3331	Alberto Ferraz	00:32:02	01:05:35	01:05:00	4146		V50	263
3984	3807	Carla Teixeira	00:32:01	01:05:36	01:04:50	4132	FITNESSWAY PINHAL NOVO	V35	179
3985	6433	Vera Anselmo	00:32:51	01:05:37	01:03:51	4023		Senior	302
3986	3791	Núria Brinkmann	00:33:27	01:05:37	01:04:10	4053	Miranda Miles	Senior	303
3987	1204	Pedro Barros	00:31:21	01:05:37	01:04:53	4138	PARBFRPPXXX	Senior	863
3988	3545	Rogério Bento	00:32:01	01:05:37	01:04:52	4134	FITNESSWAY PINHAL NOVO	V40	614
3989	2884	Pedro Peixoto	00:36:31	01:05:38	00:57:45	3208	Referees Margem Sul	V40	615
3990	4554	João Gomes	00:37:01	01:05:38	00:58:05	3289	Carapaus de Corrida	V40	616
3991	2597	Isabel Cardoso	00:33:24	01:05:39	01:04:21	4069		V50	49
3992	467	Joao Nogueira	00:33:22	01:05:40	01:01:16	3754		V50	264
3993	3345	Ivo Cosme	00:31:06	01:05:40	01:04:05	4043		Senior	864
3994	82	António Monteiro	00:31:08	01:05:40	01:05:27	4186	EVELX - Associação de Estilos de Vida Saudável	V45	391
3995	5317	Eduardo Lourenço	00:38:28	01:05:41	00:57:54	3250	Mercedes-Benz	V60	101
3996	5426	Tiago Lourenço	00:38:29	01:05:41	00:57:54	3245		Senior	865
3997	2282	Catarina Fonseca	00:36:48	01:05:41	00:58:17	3314	Starfish	V35	180
3998	1698	Célia Marmelo	00:32:27	01:05:41	01:05:28	4190		V35	181
3999	1213	Catarina Pina	00:33:58	01:05:42	01:04:21	4070		V45	101
4000	2441	Jorge Pereira	00:36:39	01:05:43	00:58:11	3299	NJC	Senior	866

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4001	4311	Nuno Lopes	00:36:53	01:05:43	00:58:20	3324	Hiscox Lions	V35	636
4002	2440	Nídia Vicente	00:36:39	01:05:43	00:58:11	3300	NJC	Senior	304
4003	5043	José Dias	00:36:30	01:05:44	00:58:39	3373		V40	617
4004	5564	Elisabete Marques	00:33:09	01:05:44	01:04:21	4071		V35	182
4005	5256	João Vieira	00:32:46	01:05:45	01:04:53	4137	Solera Runners	V35	637
4006	1418	Isabel Dias	00:31:58	01:05:45	01:05:37	4202		V35	183
4007	2371	Lénia Silva	00:37:17	01:05:47	00:58:28	3344	GRCD Leião	V40	174
4008	2283	Carlos Mustra	00:36:48	01:05:47	00:58:23	3331	Starfish	V35	638
4009	3438	Luís Carvalho	00:33:42	01:05:48	01:04:47	4122		V50	265
4010	3047	Filipe Pereira	00:33:42	01:05:50	01:04:49	4129		Senior	867
4011	3046	Vítor Pereira	00:33:42	01:05:51	01:04:49	4130		V55	166
4012	5174	Yang	00:34:10	01:05:51	01:04:57	4142		Senior	305
4013	5391	Fabio Mortari	00:33:43	01:05:52	01:04:18	4063		V50	266
4014	4803	Ana Azevedo	00:32:06	01:05:53	01:05:20	4176	SS CGD	V35	184
4015	5556	Sara Leitão	00:34:03	01:05:54	01:04:22	4072	NutriCM	Senior	306
4016	3997	Ricardo Castro	00:30:52	01:05:55	01:04:58	4144		V40	618
4017	1479	Fernanda Mangas	00:32:19	01:05:56	01:05:34	4195		V35	185
4018	2797	António Jesus	00:31:07	01:05:56	01:05:52	4214		V45	392
4019	2676	Juan Silva	00:36:48	01:05:57	00:59:25	3487		V35	639
4020	5321	Hugo Pereira	00:33:42	01:05:57	01:03:36	4001	Grupo desportivo 1º de maio - Barreiro	Senior	868

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4021	788	Fernanda Machadinha	00:32:43	01:05:57	01:04:37	4087	Papa trilhos	V45	102
4022	4810	Ana Nogueira	00:32:15	01:05:57	01:05:27	4187	Todos Juntos	V40	175
4023	4573	Hélio Simeão	00:31:01	01:05:57	01:04:58	4143		Senior	869
4024	5322	Rui Martires	00:33:41	01:05:58	01:03:37	4002	Grupo desportivo 1º de maio - Barreiro	V45	393
4025	429	Catarina Vasconcelos	00:34:46	01:05:58	01:04:40	4100		Senior	307
4026	5049	Pedro Vargas	00:32:07	01:05:59	01:05:31	4192		V35	640
4027	5042	Rúben Ferreira	00:32:08	01:05:59	01:05:28	4191		Senior	870
4028	5047	Rita Vargas	00:32:07	01:05:59	01:05:31	4193		V35	186
4029	2001	João Dias	00:33:15	01:06:01	01:03:44	4014	Oakley Portugal	Senior	871
4030	716	Marta Ferreira	00:32:34	01:06:01	01:05:08	4160		V40	176
4031	4060	José Vicente	00:32:22	01:06:01	01:04:48	4125		V40	619
4032	2916	Antonio Henriques	00:35:41	01:06:02	00:59:25	3488		V55	167
4033	2176	André Martins	00:29:03	01:06:02	01:05:39	4204		Senior	872
4034	344	Myrlei Branco	00:33:16	01:06:02	01:04:33	4081		V45	103
4035	2354	João Pinto	00:32:19	01:06:03	01:05:52	4213	Os Coxos	V35	641
4036	2098	Bruno Almeida	00:40:07	01:06:04	00:59:29	3502		Senior	873
4037	170	Eva Carvalho	00:33:00	01:06:05	01:04:35	4083		Senior	308
4038	922	Ana Soares	00:32:54	01:06:05	01:04:48	4126		Senior	309
4039	5246	João Farinha	00:32:28	01:06:07	01:04:08	4050		V40	620
4040	4556	Pedro Castelo	00:37:40	01:06:08	00:58:30	3350		V35	642

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4041	5155	Nuno Duarte	00:35:51	01:06:08	00:59:10	3443	GDCT Unicre	V35	643
4042	4503	Ana Canaveira	00:32:00	01:06:08	01:06:03	4226	Açoreana Clube Banif	V45	104
4043	3423	Mariana Pinheiro	00:33:45	01:06:08	01:05:03	4151		Senior	310
4044	4111	Isabel Fonseca	00:32:22	01:06:09	01:05:26	4185	Correr Queluz	Senior	311
4045	4110	Paula Fonseca	00:33:17	01:06:09	01:05:25	4184	Correr Queluz	V35	187
4046	2263	Mafalda Pereira	00:34:09	01:06:09	01:06:04	4227	TroubleMakers	Senior	312
4047	4262	Maria Leite	00:33:45	01:06:09	01:05:04	4153		Senior	313
4048	591	João Carvalho	00:33:52	01:06:10	01:05:38	4203		V65	45
4049	1174	Madalena Santo	00:33:05	01:06:10	01:05:14	4167		V40	177
4050	4760	Suzana Malha	00:33:23	01:06:13	01:05:15	4170		V40	178
4051	5013	Manuela Gomes	00:31:35	01:06:14	01:05:41	4207		V55	18
4052	3214	Ana Ferreira	00:31:32	01:06:15	01:04:16	4060		Junior	7
4053	1332	Vanda Oliveira	00:36:48	01:06:15	00:58:47	3395		V45	105
4054	2317	Filipa Gravelho	00:33:23	01:06:16	01:05:27	4189		Senior	314
4055	1032	Paula Cabaco	00:32:31	01:06:17	01:05:55	4219		V45	106
4056	305	Magda Verissimo	00:33:40	01:06:18	01:05:20	4178	Magda Verissimo	Senior	315
4057	5185	Marlene Santos	00:31:41	01:06:19	01:06:07	4230		V50	50
4058	1050	Jorge Domingues	00:32:40	01:06:21	01:06:02	4225		V60	102
4059	1026	Luis Lopes	00:36:59	01:06:22	00:59:14	3455		V40	621
4060	1303	Beatriz Dias	00:33:43	01:06:22	01:04:17	4061		Junior	8

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4061	6213	Mariana Carvalho	00:33:17	01:06:22	01:05:18	4173		Senior	316
4062	2601	Daniela Baptista	00:36:30	01:06:23	00:59:14	3456		Senior	317
4063	2600	Henrique Pinheiro	00:36:31	01:06:23	00:59:13	3450		Senior	874
4064	3016	Gonçalo Andrade	00:32:40	01:06:23	01:05:55	4218	Equipa Tivoli	Senior	875
4065	2667	Marco Barbosa	00:36:30	01:06:24	00:59:14	3453		Senior	876
4066	2668	Maria Nunes	00:36:30	01:06:24	00:59:15	3457		Senior	318
4067	4901	Carla Amaro	00:34:43	01:06:24	01:04:46	4118		V35	188
4068	4719	João Coelho	00:38:57	01:06:25	00:58:27	3343	Maria Guga	Senior	877
4069	6443	Graça Morais	00:33:26	01:06:25	01:04:44	4113		V55	19
4070	1671	Rui Domingues	00:35:18	01:06:26	01:01:30	3776	Speed of Yellow	V50	267
4071	5762	André Braga	00:37:13	01:06:26	00:58:41	3381		V40	622
4072	3902	Sara Ragageles	00:32:53	01:06:26	01:06:10	4236		Senior	319
4073	4755	Diana Alves	00:36:53	01:06:27	00:59:11	3444		Senior	320
4074	4050	José Alípio	00:30:35	01:06:28	01:06:27	4258		V55	168
4075	5418	Pilar Monteiro	00:34:23	01:06:28	01:05:04	4154	Anabelas	Senior	321
4076	6251	Gonçalo Prata	00:33:55	01:06:28	01:05:17	4172		V35	644
4077	2868	Catarina Adegas	00:33:00	01:06:29	01:06:14	4241		Senior	322
4078	1858	Aline Santos	00:33:24	01:06:30	01:05:40	4205		Senior	323
4079	160	Andreia Silva	00:33:38	01:06:30	01:05:11	4162		V35	189
4080	2047	Joana Dias	00:34:09	01:06:32	01:05:16	4171		Senior	324

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4081	4043	Carla Leitão	00:33:00	01:06:33	01:05:15	4169		V45	107
4082	6034	Duarte Rendas	00:37:01	01:06:33	00:58:57	3415	Management Solutions	Senior	878
4083	4076	Ana Rodrigues	00:33:14	01:06:34	01:04:49	4128		V45	108
4084	2011	Susana Travanca	00:34:00	01:06:35	01:05:18	4174		V40	179
4085	168	Ana Lourenço	00:33:46	01:06:36	01:04:35	4084		V45	109
4086	3759	Francisco Pereira	00:31:58	01:06:36	01:06:16	4245	coloquio	Junior	54
4087	2048	Guilherme Cardoso	00:34:11	01:06:37	01:05:21	4179		Senior	879
4088	2046	Cátia Ferro	00:34:11	01:06:38	01:05:21	4180		V35	190
4089	556	Inês Ribeiro	00:35:46	01:06:39	00:59:42	3530		Senior	325
4090	717	Sónia Romão	00:32:09	01:06:39	01:06:01	4223		V35	191
4091	5442	João Basilio	00:31:31	01:06:41	01:06:14	4240		V45	394
4092	5765	Igor Neves	00:32:25	01:06:42	01:05:41	4206		Senior	880
4093	213	António Marques	00:32:41	01:06:43	01:06:40	4268		V65	46
4094	2005	Fernando Pereira	00:36:44	01:06:44	00:58:53	3405	Azeitão Running	V40	623
4095	5598	Bruno Matos	00:32:25	01:06:44	01:05:43	4208		Senior	881
4096	2984	Ricardo Mateus	00:32:52	01:06:45	01:06:13	4239	BIVAC IBERICA	V35	645
4097	183	Paula Miranda	00:34:13	01:06:46	01:04:41	4101		V40	180
4098	469	Tiago Oliveira	00:34:08	01:06:46	01:04:36	4085		Senior	882
4099	577	Rita Santos	00:34:07	01:06:46	01:04:42	4105		V40	181
4100	828	Paulo Pereira	00:34:09	01:06:46	01:04:42	4104		V45	395

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4101	3817	Sílvia Teixeira	00:32:15	01:06:46	01:06:45	4283		Senior	326
4102	1281	Maria Cardoso	00:34:07	01:06:47	01:04:43	4110		V35	192
4103	5096	Jaime Gomes	00:34:08	01:06:47	01:04:43	4111		V55	169
4104	1309	Rui Fazendeiro	00:34:10	01:06:47	01:04:38	4092		V40	624
4105	677	Claudia Leitão	00:34:08	01:06:48	01:04:39	4097		V35	193
4106	219	Antonio Franco	00:34:09	01:06:48	01:04:41	4103		V50	268
4107	2644	Carlos Azevedo	00:34:11	01:06:48	01:04:39	4094		V45	396
4108	730	Lurdes Serrão	00:34:15	01:06:48	01:04:39	4095	Correr em Família	V35	194
4109	365	Ana Rosa	00:36:28	01:06:48	00:59:58	3577		Senior	327
4110	173	Nuno Rodrigues	00:34:09	01:06:48	01:04:46	4120		V40	625
4111	3731	Anelide Pereira	00:32:14	01:06:49	01:04:52	4133		V40	626
4112	733	Helena Sousa	00:34:15	01:06:49	01:04:42	4109	Correr em Família	Senior	328
4113	1780	Manuel Narciso	00:34:07	01:06:49	01:04:45	4114		V50	269
4114	731	Nuno Serrão	00:33:17	01:06:49	01:04:38	4089	Correr em Família	V40	627
4115	1682	Paulo Dias	00:34:09	01:06:50	01:04:42	4108	Associação Jorge Pina	V40	628
4116	6053	Paulo Santos	00:34:09	01:06:50	00:59:26	3490		Senior	883
4117	457	Paulo Rainho	00:34:08	01:06:50	01:04:45	4117		V45	397
4118	174	Luís Farinha	00:34:11	01:06:50	01:04:46	4121		V45	398
4119	576	Manuel Santos	00:34:09	01:06:50	01:04:42	4106		V40	629
4120	4756	Filipe Sousa	00:36:53	01:06:51	00:59:17	3463		Senior	884

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4121	568	Pedro Carrasco	00:34:07	01:06:51	01:04:48	4127		V40	630
4122	5626	Filipa Soares	00:32:28	01:06:51	01:06:01	4224	ROFF	Senior	329
4123	5002	Paulo Amorim	00:33:42	01:06:52	01:05:47	4210		V35	646
4124	3918	João Coelho	00:33:29	01:06:52	01:05:49	4211		Senior	885
4125	5924	Nuno Jerónimo	00:33:39	01:06:53	01:05:05	4156	Cofina Runners	V45	399
4126	1516	Marta Pereira	00:33:37	01:06:53	01:06:09	4233	Os 5	Senior	330
4127	4548	Helena Fino	00:34:00	01:06:53	01:05:14	4166	Happy Runners	V55	20
4128	6137	Miguel Sequeira	00:34:28	01:06:54	01:05:05	4155		V35	647
4129	6228	Wenjjan	00:37:09	01:06:54	01:04:55	4141		Senior	886
4130	1797	Bárbara Miranda	00:36:56	01:06:54	01:00:03	3591		V40	182
4131	848	Isabel Magalhaes	00:36:52	01:06:55	01:00:12	3610		V55	21
4132	4752	Carla Estacio	00:32:42	01:06:55	01:06:26	4254	Run forever	V40	183
4133	4751	Pedro Estácio	00:32:41	01:06:55	01:06:26	4255	Run forever	V40	631
4134	4200	Abilio Marcos	00:36:14	01:06:56	01:00:23	3640	g.d.chelas	V50	270
4135	3321	Filipa Sequeira	00:31:39	01:06:58	01:06:44	4280	Link	Senior	331
4136	3028	Carla Fonseca	00:35:29	01:06:59	01:05:36	4200	Encosta Team	V45	110
4137	6299	Luis Alves	00:34:22	01:07:04	01:05:00	4148	Benny Team	Senior	887
4138	3081	Luís Almeida	00:33:05	01:07:05	01:05:50	4212		V40	632
4139	2872	Pedro Camelo	00:39:26	01:07:06	00:59:29	3501		Junior	55
4140	5643	Ana Silva	00:33:01	01:07:06	01:06:19	4246	ROFF	Senior	332

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4141	155	Nuno Russo	00:31:33	01:07:06	01:07:05	4306		V35	648
4142	1696	Elisabete Silva	00:34:13	01:07:07	01:05:06	4157		V35	195
4143	5997	José Marcelino	00:28:41	01:07:08	01:05:00	4149		V50	271
4144	6326	Daniel Pereira	00:31:37	01:07:08	01:05:01	4150		Senior	888
4145	6424	Larissa Arantes	00:39:01	01:07:09	01:00:11	3607		Senior	333
4146	6423	André Costa	00:39:01	01:07:09	01:00:11	3606		V35	649
4147	2733	Tiago Cardoso	00:31:21	01:07:10	01:07:03	4303	Os Estrunfes	Junior	56
4148	2028	Nathalie Thurler	00:32:55	01:07:10	01:05:47	4209		Senior	334
4149	5349	Cláudio Maia	00:34:53	01:07:11	01:05:36	4201	Osvaldos	Senior	889
4150	5352	Sandro Pinto	00:34:52	01:07:11	01:05:35	4197	Osvaldos	Junior	57
4151	1354	Filipa Martins	00:33:36	01:07:12	01:06:43	4276		Senior	335
4152	5323	Paulo Pinto	00:34:00	01:07:12	01:05:32	4194	Happy Runners	V50	272
4153	5351	Paulo Dias	00:34:52	01:07:12	01:05:36	4199	Osvaldos	V40	633
4154	5427	Gonçalo Lourenço	00:38:29	01:07:17	00:59:29	3499		Senior	890
4155	2118	Maria Alma	00:34:28	01:07:17	01:06:40	4269	Rompe Solas	Senior	336
4156	6114	Antonio Lopes	00:36:33	01:07:18	00:59:48	3545		V40	634
4157	636	Fernando Chasqueira	00:32:22	01:07:18	01:06:54	4295		V65	47
4158	2119	Pedro Silva	00:34:28	01:07:18	01:06:41	4271	Rompe Solas	Senior	891
4159	5108	Nancy Dewitte	00:33:21	01:07:19	01:05:54	4216		V45	111
4160	5408	Josina Santos	00:34:40	01:07:19	01:05:58	4221		Senior	337

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4161	1085	Ana Miranda	00:32:54	01:07:21	01:06:47	4286		V40	184
4162	5651	Maria Aguiar	00:34:39	01:07:22	01:05:23	4183		V40	185
4163	5546	Catarina Melo	00:32:49	01:07:23	01:07:01	4299		V40	186
4164	3038	Luís Domingues	00:39:14	01:07:23	00:56:13	2903		Senior	892
4165	908	Leonor Azevedo	00:33:31	01:07:23	01:06:41	4272		V40	187
4166	5984	Ricardo Santos	00:34:57	01:07:25	01:05:13	4164	Capitalistas	Senior	893
4167	5074	Avelino Cobas	00:38:24	01:07:25	00:59:33	3513		Senior	894
4168	5985	Vanessa Almeida	00:34:57	01:07:25	01:05:14	4168	Capitalistas	Senior	338
4169	3956	António Filipe	00:34:11	01:07:25	01:06:33	4261		V65	48
4170	1389	Mário Silva	00:34:21	01:07:26	01:05:11	4161		V45	400
4171	2724	Miguel Vasconcelos	00:35:19	01:07:26	01:06:08	4232		Senior	895
4172	5592	António Silva	00:33:32	01:07:27	01:06:09	4234	Os Tartarugas	V45	401
4173	6142	Catarina Rebelo	00:32:31	01:07:28	01:07:22	4322	Fúria da noite	V35	196
4174	6025	Susana Félix	00:36:27	01:07:28	01:00:55	3713	Movet	Senior	339
4175	323	Ana-Alice Pereira	00:32:28	01:07:28	01:07:13	4313		V50	51
4176	1425	Tiago Salvado	00:36:26	01:07:29	01:00:55	3716	Movet	V35	650
4177	4829	João Borralho	00:34:10	01:07:29	01:06:21	4250		V40	635
4178	4831	Paula Lopes	00:34:10	01:07:29	01:06:21	4249		V35	197
4179	4097	Joana Bailão	00:35:51	01:07:30	01:01:04	3727		Senior	340
4180	1012	Paula Soares	00:36:43	01:07:31	01:00:53	3709	Runners da frente Ribeirinha da Povia de Santa	V40	188

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4181	969	Célia Gil	00:36:43	01:07:31	01:00:54	3710	Runners da frente Ribeirinha da Povia de Santa	V45	112
4182	5314	Susana Ferreira	00:34:20	01:07:31	01:06:46	4285		Senior	341
4183	2564	Filipa Andrade	00:33:00	01:07:32	01:06:58	4298		Senior	342
4184	613	Eduardo Santos	00:37:29	01:07:33	01:00:30	3661		V55	170
4185	4374	João Machado	00:32:45	01:07:33	01:06:20	4248	Uns & Outros	Senior	896
4186	2419	Fernanda Tavares	00:33:14	01:07:33	01:06:44	4282	ChicasLaricas	V50	52
4187	1556	Alíria Fernandes	00:34:52	01:07:33	01:06:54	4296		Senior	343
4188	4967	Rita Pegado	00:32:54	01:07:34	01:07:17	4317	MP RUNNERS	V35	198
4189	3776	Luís Silva	00:34:11	01:07:34	01:07:29	4330	TroubleMakers	Senior	897
4190	4476	Joaquim Sequeira	00:37:24	01:07:35	01:00:48	3691		V40	636
4191	3982	Angela Nunes	00:33:10	01:07:36	01:05:35	4198		Senior	344
4192	5761	Marisa Serra	00:38:00	01:07:36	00:59:55	3568		V40	189
4193	4360	Julio Pacheco	00:32:33	01:07:36	01:07:09	4310		V40	637
4194	6174	Pedro Mauricio	00:38:34	01:07:37	01:00:25	3651		V35	651
4195	2149	Cristina Moura	00:34:02	01:07:37	01:07:02	4301	BRRnightRUNNERS	V40	190
4196	5764	Susana Caseiro	00:32:44	01:07:38	01:07:02	4302	LxOutdoor	V40	191
4197	2454	Patrícia Branco	00:34:37	01:07:38	01:06:50	4289		V40	192
4198	3065	Pedro Oliveira	00:32:51	01:07:39	01:07:33	4333		V40	638
4199	5666	Ariana Russo	00:34:19	01:07:40	01:06:13	4238		Senior	345
4200	3210	Cleusia Kok	00:33:41	01:07:40	01:06:56	4297		Senior	346

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4201	3955	Fernanda Filipe	00:34:11	01:07:40	01:06:47	4287		V55	22
4202	1867	Armando Correia	00:33:19	01:07:41	01:07:36	4341		V55	171
4203	3464	Fátima Gil	00:33:45	01:07:41	01:07:09	4311	Midwinners	Senior	347
4204	1141	Claudia Colaço	00:32:51	01:07:41	01:07:39	4345	BRRnightRUNNERS	Senior	348
4205	1484	Joana Coutinho	00:32:57	01:07:42	01:07:42	4348		Senior	349
4206	5864	Eduarda Pereira	00:33:46	01:07:43	01:06:23	4252		V40	193
4207	1416	Susana Louro	00:34:39	01:07:43	01:06:26	4256	MONTEPIO - Castelo Branco	V40	194
4208	5918	Joaquim Martins	00:33:21	01:07:45	01:06:10	4235	Cofina Runners	V50	273
4209	1741	João Saraiva	00:38:27	01:07:45	01:00:47	3688		V45	402
4210	4213	Jorge Almeida	00:34:28	01:07:46	01:05:57	4220	g.d.chelas	Junior	58
4211	2215	Carlos Matias	00:35:40	01:07:47	01:06:01	4222		V40	639
4212	3526	Vanda Bento	00:35:57	01:07:47	01:05:34	4196	FITNESSWAY PINHAL NOVO	V40	195
4213	883	Raquel Vieira	00:35:21	01:07:49	01:06:30	4260		Senior	350
4214	2338	Sónia Ferreira	00:32:27	01:07:49	01:07:39	4346		Senior	351
4215	4373	Eduardo Fernandes	00:33:56	01:07:50	01:06:38	4264	Uns & Outros	Senior	898
4216	4372	Carine Pais	00:33:57	01:07:50	01:06:36	4263	Uns & Outros	Senior	352
4217	5683	Fabio Alves	00:33:38	01:07:52	01:06:05	4228	Odebrecht Portugal	Senior	899
4218	1543	Marta Marques	00:33:58	01:07:52	01:06:45	4284		Senior	353
4219	5494	Alexandre Soares	00:33:37	01:07:52	01:07:24	4324		V40	640
4220	5983	Catarina Aires	00:32:34	01:07:53	01:07:33	4332	i2D	Senior	354

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4221	1518	Sonia Rosa	00:33:38	01:07:54	01:07:10	4312	Os 5	V35	199
4222	2443	Andreia Monteiro	00:33:50	01:07:56	01:05:53	4215	Os Conta-Kilómetros	Senior	355
4223	4204	Hugo Costa	00:35:20	01:07:57	01:02:13	3864	g.d.chelas	V35	652
4224	959	Carlos Teixeira	00:33:50	01:07:57	01:06:43	4279		V70	21
4225	5095	Jose Rodrigues	00:32:57	01:07:57	01:07:15	4314		V45	403
4226	3613	Dr Cardoso	00:33:57	01:07:58	01:06:39	4266		V40	641
4227	2038	Joaquim Neves	00:33:40	01:07:59	01:06:52	4292		V45	404
4228	5295	Ana Mota	00:34:44	01:08:00	01:06:51	4290		V40	196
4229	4591	Rita Alves	00:34:01	01:08:00	01:06:43	4278		V40	197
4230	6385	Bernardo Pinto	00:35:09	01:08:01	01:06:42	4273		Junior	59
4231	3435	Márcia Oliveira	00:34:15	01:08:02	01:06:54	4294		Senior	356
4232	5367	Filipe Martins	00:33:17	01:08:07	01:07:26	4326		V35	653
4233	5366	Armando Teixeira	00:33:17	01:08:07	01:07:26	4325		V60	103
4234	526	Ana Bastos	00:33:31	01:08:09	01:07:56	4355	CLUBE NOVO BANCO	V35	200
4235	5260	João Canas	00:33:05	01:08:11	01:07:18	4318	Solera Runners	V35	654
4236	1550	Nuno Costa	00:32:29	01:08:13	01:07:34	4336		V40	642
4237	670	Rebeca Calhau	00:33:28	01:08:15	01:06:42	4274	CLUBE NOVO BANCO	V40	198
4238	2986	Rui Ferreira	00:32:52	01:08:16	01:07:51	4354	BIVAC IBERICA	V40	643
4239	4830	Samuel Nascimento	00:37:15	01:08:17	01:07:07	4309		Senior	900
4240	5826	Milou Hoek	00:34:18	01:08:18	01:08:02	4366		Senior	357

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4241	61	Daniela Fernandes	00:34:39	01:08:19	01:07:02	4300	MONTEPIO - Castelo Branco	V35	201
4242	645	Claudia Amaral	00:32:46	01:08:20	01:07:48	4350		V40	199
4243	2109	Albano Paço	00:34:50	01:08:21	01:07:34	4335		V55	172
4244	3944	André Jorge	00:33:23	01:08:21	01:08:12	4378		Senior	901
4245	1152	Francisco Mendes	00:35:39	01:08:22	01:06:15	4243		V35	655
4246	1153	Filipa Monte	00:35:39	01:08:22	01:06:16	4244		V35	202
4247	428	Catarina Sá	00:33:12	01:08:24	01:08:22	4393		Senior	358
4248	6260	Clizia Verardo	00:34:30	01:08:25	01:06:40	4270		V40	200
4249	3518	António Pragana	00:33:40	01:08:25	01:06:48	4288		V45	405
4250	756	Manuel Barbosa	00:37:10	01:08:26	01:01:19	3759		V60	104
4251	5478	Nuno Mateus	00:35:15	01:08:26	01:07:06	4308		V35	656
4252	1363	Cristina Afonso	00:33:02	01:08:26	01:08:17	4384		V40	201
4253	2479	Tiago Alves	00:34:15	01:08:27	01:06:35	4262		V35	657
4254	4206	Luis Marques	00:33:53	01:08:28	01:07:23	4323	g.d.chelas	V50	274
4255	6259	Massimo Castello	00:34:30	01:08:28	01:06:43	4275		V45	406
4256	6168	Paulo Costa	00:36:34	01:08:30	01:01:59	3833		V45	407
4257	3826	Filipe Coquim	00:35:36	01:08:32	01:01:19	3760	Pinguins do Ártico	Senior	902
4258	5484	Luis Salvador	00:34:59	01:08:33	01:06:27	4257		V60	105
4259	3496	Ana Rosa	00:34:48	01:08:33	01:07:15	4315		V35	203
4260	1816	Sandra Andrade	00:32:30	01:08:35	01:08:19	4390		V40	202

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4261	3605	Ana Parada	00:33:26	01:08:36	01:07:58	4361	Brigada do Reumático	Senior	359
4262	3379	João Fernandes	00:34:01	01:08:37	01:06:21	4251		V40	644
4263	433	Marco Martins	00:37:59	01:08:40	01:01:37	3792		Senior	903
4264	5656	Iolanda Monteiro	00:33:34	01:08:42	01:07:40	4347		V35	204
4265	4521	Cláudia Pacheco	00:38:03	01:08:42	01:01:07	3731	MaGni7	V40	203
4266	1818	Ana Barra	00:33:05	01:08:42	01:08:24	4396		V45	113
4267	1527	Ana Alberto	00:34:00	01:08:42	01:08:06	4371	Big Bang Team	Senior	360
4268	1523	Inês Clemente	00:34:00	01:08:42	01:08:06	4370	Big Bang Team	Senior	361
4269	2950	Celia Antonio	00:33:33	01:08:43	01:08:26	4398		V45	114
4270	5030	Manuel Matos	00:38:27	01:08:45	01:01:56	3824		V65	49
4271	2449	Cristina Santos	00:33:14	01:08:45	01:08:36	4412		Senior	362
4272	6342	Rui Li	00:35:44	01:08:47	01:02:12	3862		Senior	904
4273	6351	Dayr Kazava	00:39:29	01:08:48	01:01:48	3811		V60	106
4274	96	Sérgio Rijo	00:36:03	01:08:48	01:07:21	4320	S&M	V35	658
4275	97	Marta Calado	00:36:03	01:08:48	01:07:20	4319	S&M	Senior	363
4276	4452	Simone Caldeira	00:34:08	01:08:49	01:07:48	4351		Senior	364
4277	3060	Maria Moucho	00:31:29	01:08:49	01:08:47	4422		V50	53
4278	2819	Manuel Rijo	00:36:03	01:08:50	01:07:21	4321		V60	107
4279	3020	Carla Amaral	00:36:12	01:08:52	01:07:31	4331	Encosta Team	V35	205
4280	5337	Maria Barroso	00:34:16	01:08:52	01:08:05	4368	C.C.D.das Autarquias de Almada	V50	54

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4281	2756	Lidia Rezio	00:34:14	01:08:52	01:08:01	4364	lidia e carlos	V45	115
4282	6401	Sofia Martins	00:37:55	01:08:53	01:01:49	3814		V35	206
4283	2757	Carlos Pedreirinho	00:34:14	01:08:53	01:08:01	4365	lidia e carlos	V50	275
4284	6112	Bruno Carmona	00:36:30	01:08:57	01:07:57	4357		Senior	905
4285	93	Pedro Silva	00:36:38	01:08:58	01:01:56	3826	MONTEPIO - Marketeers	V35	659
4286	700	Pedro Cunha	00:38:22	01:09:00	01:01:42	3799		V35	660
4287	2707	Filipa Rodrigues	00:34:21	01:09:00	01:07:57	4359		Senior	365
4288	4044	Sérgio Quintela	00:32:02	01:09:00	01:08:24	4395		V35	661
4289	3017	Tânia Costa	00:32:41	01:09:01	01:08:33	4409	Equipa Tivoli	Senior	366
4290	2565	Ana Andrade	00:33:43	01:09:01	01:08:27	4400		Senior	367
4291	272	Samuel Joaquim	00:32:01	01:09:02	01:08:52	4427		V60	108
4292	3660	Gabriel Antunes	00:38:14	01:09:03	01:02:22	3881	Rebenta Milhas	V35	662
4293	4098	Patrícia Cavadas	00:36:04	01:09:04	01:07:34	4337		V35	207
4294	3816	Patrícia Amaro	00:36:04	01:09:04	01:07:35	4339		Senior	368
4295	867	João Silveira	00:34:21	01:09:07	01:08:27	4399	MONTEPIO - Castelo Branco	V50	276
4296	199	Pritesh Manilal	00:32:36	01:09:08	01:09:02	4435		V35	663
4297	5588	Joana Ribeiro	00:33:08	01:09:08	01:08:42	4417		Senior	369
4298	1395	Rui Travanca	00:37:57	01:09:08	01:01:28	3770		V45	408
4299	2503	Ana Morais	00:34:49	01:09:08	01:08:11	4377	GDCTINCM	V40	204
4300	5384	Filipe Córias	00:36:24	01:09:10	01:08:47	4423		Senior	906

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4301	1365	Joao M.E.Gil	00:34:10	01:09:11	01:08:19	4391		V55	173
4302	5973	Vieira Neves	00:33:53	01:09:12	01:07:27	4327		V55	174
4303	1811	Rita Filipe	00:33:36	01:09:16	01:09:08	4441		Senior	370
4304	4549	Nuno Lufinha	00:35:20	01:09:18	01:07:36	4340	Happy Runners	V40	645
4305	4998	Andréa Almeida	00:34:07	01:09:19	01:08:00	4363		V35	208
4306	2422	Bruno Santos	00:35:15	01:09:19	01:08:02	4367		V40	646
4307	4688	Jorge Lourenço	00:35:23	01:09:20	01:07:34	4334		V55	175
4308	869	Ricardo Alexandre	00:39:09	01:09:20	01:01:51	3818	MONTEPIO - Castelo Branco	V40	647
4309	3313	Ana Amaral	00:35:14	01:09:20	01:07:50	4353	Os Cordeiros	V50	55
4310	4689	Cristina Lourenço	00:35:23	01:09:21	01:07:35	4338		V50	56
4311	418	Carla Duarte	00:33:36	01:09:21	01:08:52	4426	tartarugas solidarias	V40	205
4312	6313	Joanna Paraizo	00:37:51	01:09:22	01:02:48	3942		Senior	371
4313	4325	Nuno Vicente	00:34:54	01:09:22	01:08:06	4369		V35	664
4314	580	Rui Vieira	00:39:37	01:09:23	00:59:08	3438		V45	409
4315	6369	José Magalhães	00:38:28	01:09:23	01:02:01	3840		Senior	907
4316	5450	Hugo Ferreira	00:33:29	01:09:23	01:08:42	4418		V35	665
4317	2173	Pedro Azevedo	00:38:20	01:09:25	01:01:56	3827		V40	648
4318	5207	Gislaine Costa	00:35:44	01:09:25	01:08:07	4372		V35	209
4319	2609	Margarida Fonseca	00:34:56	01:09:26	01:08:36	4411	MF&A and Friends	V45	116
4320	1942	Anabela Azevedo	00:38:20	01:09:26	01:01:59	3834		V45	117

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4321	2605	Nuno Matos	00:34:56	01:09:26	01:08:36	4410	MF&A and Friends	V45	410
4322	520	Susana Mota	00:37:58	01:09:26	01:02:20	3877	CLUBE NOVO BANCO	V35	210
4323	4344	Joao Graça	00:36:24	01:09:28	01:08:21	4392	NUCLEO DESPORTIVO AUTOCOOPE	V75	6
4324	430	Pedro Fonseca	00:39:16	01:09:29	01:02:01	3839		Senior	908
4325	3769	Sonia Torrao	00:34:15	01:09:30	01:08:24	4397		Senior	372
4326	3124	Dora Monteiro	00:33:48	01:09:31	01:09:03	4437	tartarugas solidarias	V40	206
4327	3125	Celia Borges	00:33:48	01:09:31	01:09:03	4438	tartarugas solidarias	V40	207
4328	870	Cláudia Alexandre	00:35:04	01:09:32	01:08:28	4402	MONTEPIO - Castelo Branco	V40	208
4329	4425	Ana Freixo	00:33:48	01:09:32	01:08:56	4432		Senior	373
4330	4304	Filipa Ferreira	00:39:24	01:09:33	01:02:19	3872	Hiscox Lions	Senior	374
4331	3044	Filipa Santos	00:35:22	01:09:33	01:08:33	4408		V35	211
4332	3894	Cláudia Rato	00:35:34	01:09:33	01:08:43	4419		V35	212
4333	2559	Eoin Otoole	00:34:46	01:09:33	01:08:13	4379		V40	649
4334	2568	Daniel Otoole	00:34:46	01:09:33	01:08:11	4376		Junior	60
4335	4298	Simão Vilaças	00:39:04	01:09:34	01:02:19	3871	Hiscox Lions friends	Senior	909
4336	4939	Diogo Oliveira	00:33:26	01:09:36	01:08:32	4407	OIM/UNRIC	Senior	910
4337	4938	Cátia Borrego	00:33:27	01:09:36	01:08:31	4406	OIM/UNRIC	Senior	375
4338	5589	Leonardo Carvalho	00:34:00	01:09:38	01:08:10	4375		Senior	911
4339	1228	Helena Dores	00:33:43	01:09:38	01:09:35	4464	BRRnightRUNNERS	V50	57
4340	4507	Ana Madeira	00:33:12	01:09:39	01:09:18	4448		Senior	376

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4341	3024	Susana Sena	00:35:30	01:09:41	01:08:19	4389	Encosta Team	V35	213
4342	3520	Pedro Ramos	00:32:35	01:09:42	01:09:27	4455		V45	411
4343	2274	Antonio Leal	00:44:00	01:09:42	01:09:39	4465	Madagascar-Tugal	V45	412
4344	3852	Maria João	00:34:42	01:09:42	01:08:18	4387	Elas e ele	V45	118
4345	3853	Paula Respeita	00:34:42	01:09:42	01:08:18	4385	Elas e ele	V45	119
4346	3854	Rui Fernandes	00:41:01	01:09:42	01:08:19	4388	Elas e ele	V45	413
4347	4363	Carla Lopes	00:35:56	01:09:46	01:08:48	4424		Senior	377
4348	6367	Mariana Lucas	00:39:57	01:09:47	01:01:55	3822		Senior	378
4349	3175	Joana Marreiros	00:34:14	01:09:47	01:08:28	4401		Senior	379
4350	1243	António Loio	00:33:35	01:09:48	01:08:46	4420		V60	109
4351	5732	Filipa Marques	00:36:11	01:09:48	01:08:57	4433	Marques & Associates	Senior	380
4352	3913	Placido Miranda	00:35:27	01:09:48	01:08:29	4403	Corredeiros	Senior	912
4353	518	Sérgio Eira	00:37:09	01:09:49	01:03:50	4019	CLUBE NOVO BANCO	V40	650
4354	3706	José Almeida	00:32:51	01:09:50	01:09:42	4470		V50	277
4355	5859	Tatiana Padrão	00:34:09	01:09:51	01:08:08	4374		Senior	381
4356	2271	Paula Sobral	00:33:37	01:09:52	01:09:25	4450	tartarugas solidarias	V40	209
4357	209	Sonia Magarinho	00:33:40	01:09:53	01:09:27	4456	tartarugas solidarias	V35	214
4358	4550	Pedro Plácido	00:35:23	01:09:54	01:08:14	4381	Happy Runners	V40	651
4359	1836	Eduardo Oliveira	00:38:45	01:09:55	01:02:33	3902	stracciatella	Senior	913
4360	1837	Carolina Gomes	00:38:48	01:09:55	01:02:33	3903	stracciatella	Senior	382

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4361	4787	Luis Martinho	00:35:39	01:09:55	01:08:37	4413	TEAM MARTINHO	Senior	914
4362	5947	Inês Alves	00:38:49	01:09:56	01:02:02	3842	KPMG	Senior	383
4363	6270	Joaquim Nunes	00:35:18	01:09:56	01:08:18	4386		V55	176
4364	4788	Vania Martinho	00:35:39	01:09:56	01:08:38	4414	TEAM MARTINHO	Senior	384
4365	239	Hélia Oliveira	00:34:10	01:09:57	01:08:57	4434		V35	215
4366	3672	Sandra Guerreiro	00:34:54	01:09:58	01:09:40	4466	Rebenta Milhas	Senior	385
4367	3557	Deolinda Camelo	00:34:28	01:09:58	01:09:11	4444	FITNESSWAY PINHAL NOVO	V40	210
4368	5734	Vera Marta	00:33:44	01:09:59	01:08:41	4416		Senior	386
4369	5995	Paulo Silva	00:40:19	01:09:59	01:01:48	3812		V40	652
4370	1849	Madalena Ribeiro	00:34:32	01:09:59	01:03:20	3981	Anda Cá	V40	211
4371	1848	Jorge Ribeiro	00:34:37	01:09:59	01:03:20	3985	Anda Cá	V40	653
4372	3173	Sara Lança	00:35:26	01:10:00	01:08:30	4405		Senior	387
4373	2914	Ana Rodrigues	00:35:26	01:10:00	01:08:30	4404		Senior	388
4374	2805	Antonio Carvalho	00:33:59	01:10:01	01:09:45	4474		V55	177
4375	250	Tânia Santo	00:34:49	01:10:04	01:09:08	4440		Senior	389
4376	5462	Joana Rosado	00:33:22	01:10:04	01:09:16	4446		Senior	390
4377	4935	Ana Rua	00:34:08	01:10:05	01:09:19	4449		Senior	391
4378	2333	Elsa Brunheta	00:35:33	01:10:08	01:07:57	4358	Gazelas Do tempo	Senior	392
4379	705	Catarina Reis	00:34:23	01:10:08	01:09:42	4471		V40	212
4380	3553	Dina Alegria	00:33:53	01:10:10	01:08:55	4431	FITNESSWAY PINHAL NOVO	V35	216

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4381	2509	Nuno Gonçalves	00:39:22	01:10:11	01:02:49	3943	GDCTINCM	V40	654
4382	2989	Luis Lopes	00:34:30	01:10:13	01:09:42	4469	BIVAC IBERICA	V60	110
4383	4834	Norberto Leitão	00:32:18	01:10:17	01:10:04	4481		Senior	915
4384	750	Pedro Antunes	00:34:10	01:10:20	01:09:31	4463		Senior	916
4385	6085	Luis Fonseca	00:38:49	01:10:21	01:03:38	4005		V55	178
4386	5757	Gonçalo Paixão	00:38:32	01:10:21	01:03:27	3995		V35	666
4387	3895	Carlos Costa	00:35:29	01:10:21	01:09:27	4457		V40	655
4388	3896	Célia Santos	00:35:29	01:10:21	01:09:27	4453		V40	213
4389	5282	Francisco Cruz	00:34:20	01:10:21	01:09:30	4460		Senior	917
4390	4106	Ricardo Estêvão	00:34:54	01:10:22	01:09:10	4442		V40	656
4391	4105	Sonia Gomes	00:34:55	01:10:22	01:09:10	4443		V35	217
4392	5281	Sofia Goulart	00:34:21	01:10:22	01:09:31	4462		Senior	393
4393	842	André Dias	00:33:38	01:10:22	01:09:02	4436		Senior	918
4394	3555	Susana Pereira	00:35:43	01:10:28	01:09:13	4445	FITNESSWAY PINHAL NOVO	V35	218
4395	3222	José Ferreira	00:37:55	01:10:34	01:04:39	4096		V40	657
4396	143	Ricardo Dias	00:38:01	01:10:35	01:04:40	4098		V40	658
4397	215	João Santos	00:37:57	01:10:35	01:04:45	4115		V35	667
4398	6191	Tonq Li	00:37:59	01:10:35	01:03:08	3962		Senior	919
4399	238	Helena Afonso	00:33:34	01:10:35	01:10:35	4501		V40	214
4400	131	Jorge Sousa	00:37:55	01:10:36	01:04:42	4107		V40	659

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4401	166	João Catarino	00:37:55	01:10:36	01:04:38	4093	DRELRA	V45	414
4402	5952	Ana Marques	00:38:49	01:10:36	01:02:41	3924	KPMG	Senior	394
4403	3718	Guilherme Albino	00:37:56	01:10:37	01:04:46	4119		V40	660
4404	5965	Mariana Gomes	00:39:23	01:10:39	01:04:03	4041	KPMG	Senior	395
4405	5560	Emanuel Grancho	00:36:02	01:10:44	01:10:30	4499		Senior	920
4406	3316	Maria Duarte	00:35:55	01:10:45	01:09:25	4451	Correr Lisboa	Senior	396
4407	3320	Rodrigo Chiolas	00:35:27	01:10:46	01:06:44	4281	Link	Senior	921
4408	3251	Henrique Mouta	00:34:43	01:10:46	01:08:46	4421	SS CGD	V35	668
4409	4077	Ana Matos	00:38:23	01:10:50	01:04:05	4044		Senior	397
4410	5138	Gonçalo Oliveira	00:39:46	01:10:50	01:03:50	4021	GDCT Unicre	V50	278
4411	1478	Susana Lourenço	00:34:00	01:10:50	01:10:37	4503		V35	219
4412	941	Manuela Barreto	00:33:00	01:10:53	01:10:29	4498	FALCÕES SELVAGENS	V40	215
4413	6004	Nuno Alves	00:38:40	01:10:53	01:03:47	4016		V40	661
4414	4138	Joaquim Azevedo	00:39:14	01:10:54	01:04:40	4099	g.d.chelas	V50	279
4415	4164	Vanessa Côdea	00:34:52	01:11:05	01:10:03	4480	Funtastic Four	Senior	398
4416	3837	Alice Perpétua	00:36:18	01:11:05	01:09:41	4467	Pinguins do Ártico	Senior	399
4417	5453	Lucilia Cardoso	00:38:28	01:11:07	01:04:19	4065		V45	120
4418	4214	Ruben Marinho	00:36:23	01:11:09	01:08:49	4425	g.d.chelas	Junior	61
4419	6064	Adriana Buonfiglio	00:36:50	01:11:11	01:08:53	4429		V35	220
4420	6065	Gonçalo Faria	00:36:50	01:11:11	01:08:53	4428		V35	669

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4421	5955	Rodrigo Lopes	00:31:01	01:11:11	01:09:41	4468	KPMG	Senior	922
4422	3912	Selma Machado	00:35:27	01:11:11	01:09:53	4476	Corredeiros	Senior	400
4423	5191	Marcelo Fontes	00:38:58	01:11:14	01:03:43	4010		Senior	923
4424	5109	Rui Aldeano	00:38:58	01:11:14	01:03:43	4011		Senior	924
4425	5397	Luis Serra	00:34:33	01:11:17	01:10:58	4512		V35	670
4426	3156	Sérgio Gonçalves	00:39:40	01:11:19	01:02:45	3932	Quebra-Milhas	V35	671
4427	3611	Bruno Loio	00:34:30	01:11:20	01:11:18	4533	Gabirus	V35	672
4428	1575	José Lóio	00:34:32	01:11:21	01:11:18	4532		V60	111
4429	963	Bárbara Cunha	00:34:41	01:11:21	01:10:59	4514		Senior	401
4430	4150	Rita Ferreira	00:34:36	01:11:26	01:10:24	4494	Funtastic Four	Senior	402
4431	5786	Ricardo Marques	00:40:10	01:11:27	01:03:37	4004		V35	673
4432	1488	Hugo Freitas	00:33:37	01:11:27	01:09:49	4475	Semprabrir	V35	674
4433	6231	Liao Lingli	00:37:10	01:11:30	01:09:31	4461		Senior	403
4434	4684	Catarina Nogueira	00:35:53	01:11:32	01:10:38	4504		Senior	404
4435	4977	Ricardo Silva	00:35:53	01:11:32	01:10:39	4505		Senior	925
4436	4976	Marta Silva	00:35:53	01:11:32	01:10:39	4506		Senior	405
4437	1310	Kueng Paul	00:38:56	01:11:33	01:04:25	4075		V50	280
4438	6267	Sónia Adena	00:34:11	01:11:34	01:09:43	4472		V35	221
4439	6266	Helder Fortes	00:34:12	01:11:34	01:09:44	4473		Senior	926
4440	2960	Jorge Gonçalves	00:35:20	01:11:34	01:11:09	4520		V40	662

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4441	2958	Manuela Gonçalves	00:35:20	01:11:34	01:11:10	4523		V35	222
4442	3750	Sara Prates	00:36:56	01:11:35	01:09:53	4477		V35	223
4443	3032	Sonia Rebelo	00:36:12	01:11:35	01:10:13	4488	Encosta Team	V40	216
4444	2538	Paula Leitão	00:34:35	01:11:38	01:11:13	4529		V40	217
4445	2539	Maria Almeida	00:34:35	01:11:38	01:11:13	4528		V45	121
4446	896	Esther Dominguez	00:34:52	01:11:38	01:10:39	4507		V40	218
4447	4743	Sanjaysinh Natha	00:34:36	01:11:39	01:10:35	4502		V40	663
4448	1187	Gonçalo Rangel	00:36:21	01:11:43	01:10:57	4511	PARBFRPPXXX	Senior	927
4449	5345	Joel Silva	00:37:17	01:11:44	01:10:10	4485		Senior	928
4450	5209	Marta Algarvio	00:37:16	01:11:45	01:10:11	4486		V35	224
4451	5733	João Marques	00:35:52	01:11:46	01:10:55	4510	Marques & Associates	Senior	929
4452	2181	Rita Reis	00:35:43	01:11:49	01:10:27	4496		V35	225
4453	863	Elsa Ribeiro	00:35:22	01:11:50	01:10:33	4500		V45	122
4454	4887	Paula Ferreira	00:35:00	01:11:54	01:10:15	4490		V50	58
4455	6411	Camila Savio	00:37:45	01:11:56	01:05:22	4182		V35	226
4456	5954	Susana Anes	00:39:17	01:11:56	01:04:02	4039	KPMG	Senior	406
4457	1093	Paula Lourenço	00:35:16	01:11:57	01:11:54	4553	EVELX - Associação de Estilos de Vida Saudável	V35	227
4458	5753	M ^a Costa	00:36:26	01:12:01	01:11:27	4537		V60	8
4459	3098	Carla Ferreira	00:36:20	01:12:01	01:11:09	4521		V35	228
4460	3667	José Brás	00:40:19	01:12:04	01:05:22	4181	Rebenta Milhas	V45	415

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4461	4960	Miguel Silva	00:35:31	01:12:04	01:11:25	4536		V70	22
4462	1158	Dora Cruz	00:34:50	01:12:05	01:11:47	4548		V40	219
4463	5687	Sandra Letras	00:37:13	01:12:06	01:10:20	4492	Odebrecht Portugal	Senior	407
4464	5682	Luisa Alves	00:37:13	01:12:06	01:10:21	4493	Odebrecht Portugal	Senior	408
4465	2598	Raquel Cavaco	00:36:27	01:12:09	01:09:54	4478		Senior	409
4466	589	Romão Ferreira	00:34:38	01:12:09	01:10:43	4508		V60	112
4467	1901	Nuno Silva	00:35:54	01:12:09	01:11:13	4527		V35	675
4468	5928	Ricardo Salgado	00:34:50	01:12:14	01:10:25	4495	Cofina Runners	V35	676
4469	541	Luís Caetano	00:34:38	01:12:14	01:11:36	4540	CLUBE NOVO BANCO	V50	281
4470	2384	Sandra Ramos	00:35:38	01:12:16	01:10:13	4487	Os Conta-Kilómetros	Senior	410
4471	181	Catarina Ameixial	00:35:28	01:12:19	01:11:44	4544		V40	220
4472	1155	Tania Sousa	00:36:32	01:12:23	01:10:16	4491		V35	229
4473	1069	Luis Neves	00:36:32	01:12:23	01:10:15	4489		V40	664
4474	5070	Cláudia Alves	00:35:38	01:12:24	01:11:33	4539		Senior	411
4475	2828	Vanessa Tomás	00:38:42	01:12:25	01:05:19	4175		V35	230
4476	2829	Domingos Brito	00:38:42	01:12:25	01:05:20	4177		V35	677
4477	3195	Beatriz Semedo	00:34:13	01:12:25	01:11:36	4542		Junior	9
4478	6252	Li Wei	00:40:05	01:12:26	01:04:16	4059		Senior	412
4479	3294	Catarina Brito	00:39:07	01:12:29	01:05:14	4165		Senior	413
4480	4524	Valter Leandro	00:34:32	01:12:30	01:11:15	4530		V35	678

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4481	1054	Rute Patrocinio	00:36:04	01:12:32	01:11:24	4534		V40	221
4482	2611	Angela Pimenta	00:33:29	01:12:33	01:12:29	4565	Catch Me If You Can	V40	222
4483	5065	Arur Oliveira	00:36:07	01:12:34	01:11:25	4535		V40	665
4484	3039	Joana Heitor	00:34:59	01:12:34	01:11:37	4543		Senior	414
4485	791	Jose Marques	00:38:04	01:12:38	01:11:17	4531	Papa trilhos	V40	666
4486	6407	Marcela Aragão	00:36:57	01:12:46	01:11:08	4519		V35	231
4487	4019	Marta Feio	00:35:12	01:12:46	01:12:23	4561	Os FEIOS também correm...	Senior	415
4488	6408	Francisco Pinheiro	00:36:56	01:12:47	01:11:09	4522		V60	113
4489	401	Fátima Mendes	00:35:17	01:12:47	01:12:22	4560	tartarugas solidarias	V55	23
4490	6106	Cristina Bettencourt	00:35:23	01:12:49	01:10:46	4509	Coyotecojo	Senior	416
4491	5809	Francisco Coutinho	00:38:02	01:12:50	01:06:07	4231		V35	679
4492	6488	Helena Claudino	00:40:59	01:12:51	01:04:53	4136		V50	59
4493	4907	Fernando Fernandes	00:39:45	01:12:52	01:05:27	4188		V45	416
4494	1233	Carla Chrystello	00:35:59	01:12:57	01:12:33	4571		V40	223
4495	3513	Tatiana Serra	00:34:54	01:12:59	01:12:28	4564	Bucelas	Senior	417
4496	5660	Rute Pror	00:36:34	01:13:00	01:11:46	4546		V35	232
4497	162	Paulo Jesus	00:39:28	01:13:02	01:05:00	4147		V40	667
4498	2262	´Rui Henriques	00:36:16	01:13:07	01:12:30	4567	ADRC Mata de Benfica	V65	50
4499	2069	José Engana	00:38:00	01:13:11	01:06:24	4253		V65	51
4500	3359	Ana Martins	00:34:38	01:13:12	01:12:40	4574		Senior	418

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4501	94	Pedro Gomes	00:36:38	01:13:13	01:06:10	4237	MONTEPIO - Marketeers	V35	680
4502	5033	Sara Caldeira	00:35:03	01:13:16	01:12:23	4562		Senior	419
4503	5961	João Frade	00:35:15	01:13:19	01:11:46	4547	KPMG	Senior	930
4504	2608	Miguel Subtil	00:36:36	01:13:19	01:12:30	4568	MF&A and Friends	V40	668
4505	3787	Isabel Gião	00:34:34	01:13:21	01:11:11	4526	Mulheres Amigas	Senior	420
4506	4295	Monica Ferreira	00:40:40	01:13:22	01:06:07	4229	Hiscox Lions friends	V35	233
4507	5114	Patricia Santos	00:39:51	01:13:22	01:05:54	4217	Rockers29	V35	234
4508	1291	Armanda Almeida	00:35:28	01:13:25	01:12:34	4573		Senior	421
4509	3333	Marco Conceição	00:42:24	01:13:28	01:02:27	3893		Senior	931
4510	5661	Isabel Prior	00:35:47	01:13:28	01:12:14	4559		V35	235
4511	5094	João Pereira	00:37:26	01:13:30	01:12:26	4563		V35	681
4512	3560	Filipe Coelho	00:36:08	01:13:30	01:12:43	4576	FITNESSWAY PINHAL NOVO	Senior	932
4513	3873	Joana Lopes	00:35:28	01:13:31	01:12:40	4575		Senior	422
4514	5477	Ângela Machado	00:39:25	01:13:32	01:06:19	4247		V35	236
4515	5490	Pedro Santos	00:34:51	01:13:36	01:12:44	4577		Senior	933
4516	3668	Rute Trindade	00:33:54	01:13:36	01:13:18	4588	Rebenta Milhas	V40	224
4517	4537	Miguel Leal	00:36:11	01:13:36	01:13:10	4583		V55	179
4518	4538	Ana Leal	00:36:11	01:13:37	01:13:10	4582		V50	60
4519	1890	Rita Cabral	00:35:04	01:13:39	01:13:37	4590		V40	225
4520	787	Madalena Santos	00:35:04	01:13:40	01:13:37	4591		V35	237

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4521	6220	Ana Santos	00:37:12	01:13:43	01:11:49	4550		V40	226
4522	6221	Vitor Rocha	00:37:12	01:13:43	01:11:48	4549		V40	669
4523	2342	Alvaro Oliveira	00:41:05	01:13:43	01:06:14	4242		V45	417
4524	4727	Ricardo Santos	00:40:47	01:13:44	01:06:52	4291	2x1	V35	682
4525	1547	Paula Costa	00:35:59	01:13:45	01:13:04	4580		V45	123
4526	6223	Francisco Costa	00:37:12	01:13:48	01:11:53	4552		V35	683
4527	6222	Irina Pedro	00:37:12	01:13:48	01:11:53	4551		V35	238
4528	3053	Tânia Jesus	00:36:18	01:13:51	01:12:47	4578		Senior	423
4529	4312	Nuno Pedro	00:38:09	01:13:56	01:07:16	4316	Hiscox Lions	V40	670
4530	3623	Charlotte Johnson	00:36:22	01:13:58	01:13:50	4598	Sempre em Festa	V65	3
4531	1925	Carla Conchinha	00:35:22	01:13:58	01:13:56	4605		V40	227
4532	3022	Rosa Marques	00:37:22	01:13:59	01:12:32	4570	Encosta Team	V40	228
4533	3023	Nuno Marques	00:37:22	01:14:00	01:12:33	4572	Encosta Team	V40	671
4534	5773	Cristina Barata	00:35:59	01:14:02	01:12:05	4555		V35	239
4535	1062	Anabela Martins	00:39:24	01:14:06	01:07:28	4329	BRRnightRUNNERS	V40	229
4536	6263	Alexandra Fernandes	00:39:01	01:14:07	01:07:28	4328	BRRnightRUNNERS	V40	230
4537	926	Cátia Seabra	00:34:59	01:14:11	01:14:07	4610		Senior	424
4538	2874	Filipe Camelo	00:39:26	01:14:16	01:06:39	4267		Junior	62
4539	2873	Lucas Camelo	00:39:27	01:14:16	01:06:38	4265		Junior	63
4540	2067	Daniel Pinto	00:40:07	01:14:17	01:06:30	4259		Senior	934

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4541	2875	Mauro Camelo	00:39:27	01:14:20	01:06:43	4277		Senior	935
4542	4070	Paula Oliveira	00:34:28	01:14:23	01:13:45	4593		Senior	425
4543	5882	António Gaspar	00:39:23	01:14:26	01:07:05	4307		V70	23
4544	2131	Márcia Vaz	00:38:27	01:14:27	01:13:45	4595	TT Team	V35	240
4545	2130	Miguel Doellinger	00:38:27	01:14:27	01:13:45	4596	TT Team	V35	684
4546	834	Fernando Allen	00:37:09	01:14:28	01:14:21	4613		V65	52
4547	1063	Ana Montesinos	00:39:01	01:14:34	01:07:56	4356	BRRnightRUNNERS	V45	124
4548	2125	Maria Santiago	00:37:20	01:14:35	01:13:08	4581		V40	231
4549	5076	Ana Aldinhas	00:37:20	01:14:36	01:13:13	4584		Senior	426
4550	3208	Ana Figueiredo	00:37:20	01:14:36	01:13:13	4585		Senior	427
4551	2890	Jorge Luís	00:36:24	01:14:39	01:14:12	4611		V45	418
4552	6410	Júlio Ferreira	00:36:46	01:14:40	01:13:17	4586		V50	282
4553	6412	Maria Ferreira	00:36:45	01:14:40	01:13:17	4587		Senior	428
4554	3803	Helena Santos	00:41:10	01:14:42	01:07:37	4343		V35	241
4555	3774	Joaquim Vaz	00:41:10	01:14:42	01:07:38	4344		V40	672
4556	2779	M Veladas	00:35:15	01:14:42	01:14:35	4619		V40	232
4557	6194	António Almeida	00:40:59	01:14:43	01:07:59	4362		V40	673
4558	3417	Paulo Simão	00:38:15	01:14:44	01:14:41	4622		V35	685
4559	1030	Fernando Luís	00:39:11	01:14:45	01:07:45	4349		V50	283
4560	3835	Moisés Rodrigues	00:36:56	01:14:46	01:14:01	4606	Pinguins do Ártico	Senior	936

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4561	764	Dina Crispim	00:39:28	01:14:49	01:13:19	4589		V40	233
4562	1206	Mariana Santos	00:37:52	01:14:50	01:14:04	4609	PARBFRPPXXX	Senior	429
4563	4610	Alexandra Palma	00:37:14	01:14:52	01:13:49	4597	CHEP	V35	242
4564	4608	Nuno Santos	00:37:14	01:14:53	01:13:50	4600	CHEP	V35	686
4565	4609	Ana Tavares	00:37:26	01:14:54	01:13:50	4599	CHEP	V35	687
4566	4607	Céu Carvalho	00:37:26	01:14:54	01:13:51	4604	CHEP	V40	234
4567	6256	Ana Pereira	00:42:51	01:14:57	01:07:04	4305		Senior	430
4568	6258	Qi Li	00:40:42	01:15:02	01:06:53	4293		Senior	431
4569	4603	Luís Martins	00:35:43	01:15:03	01:14:41	4623	Os Duros	Senior	937
4570	5685	Jorge Monteiro	00:40:18	01:15:05	01:08:23	4394	Odebrecht Portugal	V45	419
4571	5485	João Santod	00:36:47	01:15:05	01:14:03	4607		V35	688
4572	2036	Susana Fortes	00:36:48	01:15:06	01:14:04	4608		V35	243
4573	5798	André Filipe	00:36:27	01:15:12	01:15:01	4632		Junior	64
4574	6005	Tiago Gomes	00:40:33	01:15:14	01:07:48	4352		Senior	938
4575	5795	Sandro Jesus	00:36:27	01:15:14	01:15:05	4637		Junior	65
4576	5797	Leandro Vaz	00:37:28	01:15:14	01:15:05	4638		Junior	66
4577	2610	Filipa Lopes	00:36:07	01:15:18	01:15:14	4644	Catch Me If You Can	V40	235
4578	934	Pedro Andrade	00:38:16	01:15:21	01:13:51	4603	Açoreana Clube Banif	V35	689
4579	2664	Venâncio Semião	00:40:14	01:15:23	01:08:08	4373		Senior	939
4580	2706	Carlos Rodrigues	00:40:46	01:15:24	01:07:57	4360		Senior	940

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4581	4518	Juliana Antunes	00:36:24	01:15:25	01:15:13	4643	TEAM SAPOR	Senior	432
4582	954	Lena Latzke	00:41:35	01:15:26	01:08:40	4415		Senior	433
4583	1768	Jorge Belo	00:36:12	01:15:27	01:15:04	4636		V50	284
4584	2418	Ana Batista	00:37:19	01:15:28	01:14:40	4620	ChicasLaricas	Senior	434
4585	6269	João Pratas	00:42:51	01:15:30	01:07:37	4342		Senior	941
4586	2663	Joana David	00:40:15	01:15:31	01:08:17	4383		Senior	435
4587	4086	Patricia Prazeres	00:36:42	01:15:32	01:14:15	4612		Senior	436
4588	5120	Ana Mesquita	00:36:25	01:15:33	01:15:22	4649	TEAM SAPOR	Senior	437
4589	67	Lilia Oliveira	00:36:58	01:15:33	01:14:44	4625		Senior	438
4590	62	Ricardo Carrinhos	00:36:59	01:15:34	01:14:44	4626		Senior	942
4591	6224	Wagner Gomes	00:40:58	01:15:35	01:08:14	4380		Senior	943
4592	6225	Claudia Martins	00:40:58	01:15:35	01:08:14	4382		Senior	439
4593	3078	Joana Penida	00:37:07	01:15:36	01:13:43	4592		Senior	440
4594	1885	Luis Vitoriano	00:37:32	01:15:38	01:15:19	4647	Os Barriguitas	V45	420
4595	668	Paula Silva	00:37:16	01:15:48	01:14:33	4615	CLUBE NOVO BANCO	V45	125
4596	5945	João Luís	00:40:13	01:15:57	01:08:55	4430	KPMG	Senior	944
4597	5250	Sandra Pina	00:37:55	01:15:58	01:15:38	4654		V40	674
4598	1323	Francisco Mouchinho	00:38:14	01:16:04	01:14:33	4616		V65	53
4599	3354	Celeste Romero	00:36:50	01:16:07	01:15:19	4648		V40	236
4600	1188	Marta Correia	00:37:22	01:16:08	01:14:56	4629	PARBFRPPXXX	Senior	441

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4601	4294	Mariana Mayer	00:40:48	01:16:11	01:09:29	4458	Hiscox Lions friends	Senior	442
4602	5605	Francisco Pereira	00:27:42	01:16:12	01:14:40	4621		Senior	945
4603	99	Sara Sousa	00:38:12	01:16:14	01:14:43	4624	tartarugas solidarias	V35	244
4604	5296	Bento Ferreira	00:39:17	01:16:14	01:14:35	4618		V65	54
4605	5066	Alexandra Ruivo	00:40:04	01:16:17	01:09:26	4452		V45	126
4606	4796	Alexandra Andrez	00:37:31	01:16:18	01:15:07	4640		Senior	443
4607	4797	Andreia Andrez	00:37:32	01:16:18	01:15:08	4641		Senior	444
4608	4299	Ana Meca	00:40:39	01:16:20	01:09:04	4439	Hiscox Lions	V40	237
4609	3337	Ana Carreira	00:37:54	01:16:23	01:15:02	4634		V35	245
4610	273	Rita Joaquim	00:36:30	01:16:29	01:16:19	4665		Senior	445
4611	3740	Luciana Ferreira	00:37:24	01:16:29	01:16:11	4664		V35	246
4612	5463	Daniel Simões	00:39:47	01:16:30	01:09:17	4447		Senior	946
4613	1302	José Sebastião	00:37:49	01:16:35	01:15:31	4651		V40	675
4614	158	Pedro Henriques	00:40:15	01:16:37	01:10:05	4482	Águias do Olimpo	V40	676
4615	1535	Rogério Dias	00:38:03	01:16:42	01:10:06	4483		V65	55
4616	5269	Simão Pina	00:38:35	01:16:42	01:15:27	4650		Junior	67
4617	343	Alexandra Ribeiro	00:35:54	01:16:43	01:15:42	4656		V40	238
4618	16	Ana Paixao	00:35:54	01:16:43	01:15:42	4655		V40	239
4619	3847	Pedro Nunes	00:40:35	01:16:45	01:09:30	4459		V35	690
4620	4114	Silvia Cintra	00:36:50	01:16:48	01:15:12	4642	Evolution	V35	247

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4621	3377	Carlota Raposo	00:37:33	01:16:49	01:16:47	4670		V45	127
4622	632	Sandra Guerreiro	00:41:42	01:16:50	01:09:59	4479		V40	240
4623	6204	Susana Marcondes	00:37:08	01:16:51	01:14:45	4627		V55	24
4624	6205	Juliana Marcondes	00:37:08	01:16:52	01:14:46	4628		Senior	446
4625	3369	Maria Perleques	00:29:44	01:16:54	01:15:00	4631	BRRnightRUNNERS	V40	241
4626	3558	Vera Oliveira	00:37:21	01:17:03	01:15:47	4657	FITNESSWAY PINHAL NOVO	V35	248
4627	110	Carlos Ribeiro	00:37:17	01:17:04	01:15:33	4652		V60	114
4628	6273	Shengjian Chen	00:35:09	01:17:05	01:16:09	4663		Senior	947
4629	2234	Paula Rocha	00:37:03	01:17:10	01:16:34	4666		V45	128
4630	2893	Rute Pinto	00:35:36	01:17:15	01:16:06	4662		Senior	447
4631	6100	Mauricio Vieira	00:38:02	01:17:21	01:15:17	4646		V35	691
4632	2488	Rui Pedro	00:36:41	01:17:30	01:17:15	4678		V40	677
4633	2099	Liliana Gomes	00:40:07	01:17:33	01:10:58	4513		Senior	448
4634	2755	Ana Ramos	00:42:23	01:17:34	01:07:04	4304	GYM 2010	V35	249
4635	5926	Tânia Ana	00:41:26	01:17:36	01:10:10	4484	Cofina Runners	V35	250
4636	2335	Cátia Sofia	00:37:49	01:17:38	01:15:35	4653	Os Conta-Kilómetros	Senior	449
4637	3981	Ana Fidalgo	00:38:26	01:17:41	01:16:05	4661		Senior	450
4638	4035	Tiago Gil	00:38:26	01:17:42	01:16:04	4660	Mercedes-Benz	Senior	948
4639	1282	Isabel Louro	00:38:57	01:17:50	01:15:16	4645		V45	129
4640	2347	Pedro Pina	00:38:35	01:18:05	01:16:51	4672		V45	421

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4641	1931	Rui Sousa	00:41:40	01:18:12	01:10:28	4497		V35	692
4642	2811	Fernando Rodrigues	00:38:44	01:18:14	01:17:47	4683		V70	24
4643	4115	Fernanda Kranendonk	00:38:02	01:18:16	01:16:40	4667	Evolution	V40	242
4644	5976	Mariana Sotero	00:41:26	01:18:18	01:11:11	4525		Senior	451
4645	5860	Tiago Santos	00:41:26	01:18:18	01:11:11	4524		Senior	949
4646	5569	Adeice Silva	00:38:05	01:18:23	01:18:23	4697		V50	61
4647	506	Maria Santos	00:38:05	01:18:23	01:18:10	4690	CLUBE NOVO BANCO	V45	130
4648	3525	Silvia Mendes	00:42:45	01:18:24	01:11:06	4518		Senior	452
4649	6145	Maria Lourenço	00:37:24	01:18:26	01:18:16	4695	EVELX - Associação de Estilos de Vida Saudável	V55	25
4650	6146	Maria Leonorcarreira	00:37:24	01:18:26	01:18:19	4696	EVELX - Associação de Estilos de Vida Saudável	V55	26
4651	6275	Carla Santos	00:36:51	01:18:27	01:16:40	4669		V40	243
4652	6277	Miguel Brito	00:36:51	01:18:27	01:16:40	4668		V35	693
4653	3465	Tânia Subtil	00:37:55	01:18:28	01:18:08	4689	Lis Running CPA	Senior	453
4654	5692	Mónica Marques	00:36:21	01:18:36	01:18:11	4691	Mr.optic,lda	V35	251
4655	5949	Catarina Liquito	00:35:43	01:18:39	01:18:13	4692	KPMG	Senior	454
4656	4637	Filipe Menezes	00:38:28	01:18:40	01:17:14	4676		V55	180
4657	4546	Raquel Roque	00:39:24	01:18:40	01:17:01	4673	Happy Runners	Senior	455
4658	4636	Maria Zeller	00:38:28	01:18:40	01:17:15	4677		Senior	456
4659	3838	Ana Marques	00:39:42	01:18:41	01:17:56	4686	Pinguins do Ártico	V40	244
4660	3839	Bruno Maia	00:39:42	01:18:41	01:17:56	4687	Pinguins do Ártico	V35	694

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4661	1775	Cristina Friaças	00:38:59	01:18:44	01:18:08	4688		V45	131
4662	180	Nuno Ameixial	00:41:52	01:18:45	01:11:45	4545		V40	678
4663	5134	Luís Victório	00:41:06	01:18:45	01:11:02	4517	Quebra-Milhas	V35	695
4664	2981	Ana Galamba	00:42:54	01:18:45	01:11:01	4515	Malveira Team	V35	252
4665	2977	Miguel Gonçalves	00:42:41	01:18:46	01:11:02	4516	Malveira Team	Senior	950
4666	1178	Ana Assunção	00:41:37	01:19:00	01:11:32	4538		Senior	457
4667	1692	Céu Neves	00:40:18	01:19:01	01:12:29	4566		V55	27
4668	5419	Filipa Andrade	00:37:45	01:19:09	01:17:44	4682	Anabelas	Senior	458
4669	729	Vera Alexandra	00:38:43	01:19:12	01:17:38	4679	tartarugas solidarias	V35	253
4670	4852	Alexsander Batuli	00:37:02	01:19:14	01:17:44	4681		V45	422
4671	2133	Ana Marques	00:38:12	01:19:14	01:18:34	4701	TT Team	Senior	459
4672	2132	Gonçalo Antunes	00:38:11	01:19:14	01:18:34	4700	TT Team	V35	696
4673	3836	João Monteiro	00:38:21	01:19:18	01:18:32	4699	Pinguins do Ártico	V40	679
4674	6189	Tânia Alves	00:41:18	01:19:19	01:12:51	4579		Junior	10
4675	2980	Margarida Mata	00:42:54	01:19:22	01:11:36	4541	Malveira Team	Senior	460
4676	300	Alfredo Almeida	00:39:17	01:19:22	01:19:08	4706		V60	115
4677	4398	He	00:40:33	01:19:25	01:17:54	4684		Senior	461
4678	4397	Shen	00:40:32	01:19:25	01:17:54	4685		Senior	951
4679	1465	Ana Silva	00:39:00	01:19:31	01:19:31	4713	GRD OS FIXES	V55	28
4680	4239	Ana Pinho	00:39:41	01:19:36	01:19:18	4712	Rebenta Milhas	Senior	462

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4681	6386	Surget Philippe	00:42:49	01:19:42	01:11:55	4554		V35	697
4682	361	Rita Aragão	00:43:42	01:19:43	01:12:12	4557		Senior	463
4683	360	Bruno Aragão	00:43:41	01:19:43	01:12:12	4558		Senior	952
4684	3194	Ana Castro	00:38:20	01:19:43	01:18:53	4705		V35	254
4685	1304	Ana Caldeira	00:39:02	01:19:51	01:18:14	4693		V35	255
4686	1305	Fausto Gamito	00:39:02	01:19:51	01:18:15	4694		V35	698
4687	6387	Surget Astrid	00:42:50	01:19:53	01:12:06	4556		V35	256
4688	5830	Rui Zhang	00:41:49	01:19:54	01:12:31	4569		Senior	953
4689	3758	Vitor Pereira	00:36:25	01:20:01	01:19:42	4715	coloquio	V50	285
4690	2968	Filipa Fonseca	00:40:14	01:20:02	01:18:27	4698	Speedy Cunhados	V35	257
4691	398	Carla Mendes	00:43:52	01:20:06	01:09:27	4454	tartarugas solidarias	V35	258
4692	1018	Maria Anjos	00:40:09	01:20:07	01:18:39	4702	CONDOR	V65	4
4693	4475	José Cunha	00:37:24	01:20:13	01:19:50	4719		V45	423
4694	5088	Virgínia Branco	00:37:24	01:20:13	01:19:51	4720		V45	132
4695	3646	Samuel Veiga	00:36:21	01:20:27	01:19:39	4714		Senior	954
4696	3364	Gonçalo Santos	00:41:48	01:20:38	01:19:16	4711		Senior	955
4697	3262	Silvia Matos	00:41:48	01:20:39	01:19:16	4710		Senior	464
4698	2336	Pedro Duarte	00:41:35	01:20:42	01:19:12	4708	Clube do Stress	V35	699
4699	2337	Joana Duarte	00:41:36	01:20:42	01:19:13	4709	Clube do Stress	Senior	465
4700	3442	João Lopes	00:40:53	01:20:47	01:13:45	4594	Hot Soup Team	Senior	956

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4701	4685	Andreia Baptista	00:39:18	01:20:47	01:19:55	4721		V35	259
4702	3968	Miguel Nogueira	00:39:08	01:20:47	01:19:56	4722		V35	700
4703	3571	Cristina Monteiro	00:39:18	01:20:48	01:19:56	4723		V35	260
4704	3440	Ju Saramago	00:40:54	01:20:51	01:13:50	4602	Hot Soup Team	Senior	466
4705	3441	Hugo Malarranha	00:40:53	01:20:52	01:13:50	4601	Hot Soup Team	V35	701
4706	139	Romana Silva	00:37:34	01:20:58	01:20:53	4729		Senior	467
4707	6188	Antonio Mendes	00:44:44	01:21:29	01:15:01	4633		V55	181
4708	4290	Duarte Mayer	00:41:49	01:21:39	01:14:57	4630	Hiscox Lions friends	Senior	957
4709	4088	Pedro Pereira	00:38:16	01:21:39	01:20:19	4726		V50	286
4710	5511	Victor Silva	00:39:29	01:21:40	01:21:40	4740		V65	56
4711	5674	Ana Lontro	00:38:13	01:21:42	01:21:07	4735	LxOutdoor	Senior	468
4712	4498	Rui Ferreira	00:40:46	01:22:01	01:20:06	4725		V40	680
4713	4691	Bárbara Faria	00:43:37	01:22:06	01:14:33	4617		Senior	469
4714	5702	Inês Reis	00:41:14	01:22:07	01:20:46	4728		V35	261
4715	3691	Helena Martins	00:37:58	01:22:08	01:21:45	4741	OS MARTINS	V55	29
4716	3711	Raquel Neves	00:37:58	01:22:08	01:21:46	4744		Senior	470
4717	3695	Emilia Martins	00:37:58	01:22:08	01:21:45	4743	OS MARTINS	V55	30
4718	64	João Mealhas	00:36:27	01:22:10	01:21:57	4749		Senior	958
4719	2814	Ana Morais	00:36:27	01:22:10	01:21:59	4750		Senior	471
4720	3157	Álvaro Valente	00:44:50	01:22:13	01:14:29	4614	Quebra-Milhas	Senior	959

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4721	567	Sandra Cabaço	00:40:13	01:22:15	01:20:43	4727		V40	245
4722	5361	Sofia Hipolito	00:40:13	01:22:16	01:21:06	4733		Senior	472
4723	3845	Raquel Gomes	00:38:27	01:22:16	01:21:08	4736		Senior	473
4724	3843	André Alves	00:38:27	01:22:17	01:21:07	4734		Senior	960
4725	2548	Sónia Crespo	00:39:39	01:22:20	01:21:30	4738		V35	262
4726	5136	Rita Mesquita	00:39:57	01:22:42	01:22:01	4752	2smile	V40	246
4727	5135	Ana Timóteo	00:39:57	01:22:42	01:22:01	4751	2smile	V40	247
4728	1192	Pedro Santos	00:40:30	01:22:43	01:15:57	4658		Senior	961
4729	4194	Susana Guerreiro	00:43:56	01:22:43	01:15:07	4639		V35	263
4730	2831	Tiago Alves	00:40:58	01:22:52	01:21:20	4737		Senior	962
4731	1016	Jose Arruda	00:42:38	01:22:53	01:21:52	4745	CONDOR	V65	57
4732	3828	Henrique Bastos	00:38:53	01:22:53	01:22:07	4755	Pinguins do Ártico	Senior	963
4733	1017	Fock Wan	00:42:38	01:22:54	01:21:54	4748	CONDOR	V65	5
4734	5140	Paula Rato	00:43:51	01:22:57	01:15:59	4659	GDCT Unicre	V45	133
4735	1211	Luis Gonçalves	00:42:15	01:22:59	01:21:35	4739		V40	681
4736	815	Lucinda Henriques	00:40:03	01:23:00	01:22:53	4764		V65	6
4737	4486	Mário Tavares	00:42:31	01:23:01	01:17:39	4680		V35	702
4738	4543	Marta Duque	00:40:23	01:23:07	01:22:05	4754		V35	264
4739	765	Custódia Carriço	00:42:10	01:23:20	01:21:53	4746		V50	62
4740	200	Vitor Carriço	00:42:11	01:23:20	01:21:53	4747		V50	287

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4741	715	Célia Passinhas	00:41:25	01:23:23	01:22:28	4762		V35	265
4742	4870	Luis Vicente	00:35:22	01:23:24	01:23:21	4767		V45	424
4743	5596	Cláudia Teles	00:38:52	01:23:34	01:23:20	4766		Senior	474
4744	5652	Carla Marques	00:40:35	01:23:46	01:22:27	4761		Senior	475
4745	3027	João Fernandes	00:41:01	01:23:51	01:22:26	4759	Encosta Team	V40	682
4746	3026	Teresa Fernandes	00:41:01	01:23:51	01:22:26	4760	Encosta Team	V40	248
4747	897	Luis Ameixa	00:41:09	01:23:54	01:22:55	4765		V45	425
4748	5857	Cristina Carvalho	00:43:50	01:23:55	01:17:14	4675		V50	63
4749	6278	Catarina Gaspar	00:39:37	01:23:56	01:22:12	4756		Senior	476
4750	3319	Mafalda Jacinto	00:41:45	01:23:57	01:21:45	4742	Link	Senior	477
4751	5827	Fernando Luis	00:29:27	01:24:13	01:23:39	4770		V60	116
4752	5929	Maria Pereira	00:36:48	01:24:28	01:23:42	4771	BRRnightRUNNERS	V45	134
4753	5933	Joana Moita	00:43:21	01:24:30	01:23:27	4768	BRRnightRUNNERS	V55	31
4754	6361	Rafael Pina	00:45:00	01:24:30	01:16:50	4671		V35	703
4755	5470	Paula Ribeiro	00:44:28	01:24:55	01:17:14	4674	Safaricom	V35	266
4756	5615	Joana Pereira	00:40:07	01:25:04	01:24:54	4775	Movet	Senior	478
4757	5353	Sílvia Pinto	00:42:33	01:25:05	01:23:36	4769	Osvaldos	V40	249
4758	4874	Helder Costa	00:41:00	01:25:23	01:23:49	4772		V45	426
4759	1139	Maria Amado	00:42:18	01:25:53	01:25:49	4783	the bolts	V55	32
4760	1140	Ana Gonçalves	00:42:18	01:25:54	01:25:49	4782	the bolts	V40	250

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4761	4377	Carlos Rosario	00:41:32	01:25:55	01:25:52	4784		V35	704
4762	3654	José Silva	00:39:32	01:26:16	01:24:30	4774	Lost Runners	V55	182
4763	1149	Isabel Garcez	00:41:26	01:26:18	01:25:47	4780	EVELX - Associação de Estilos de Vida Saudável	V45	135
4764	1077	António Martins	00:45:40	01:26:28	01:18:52	4704		V55	183
4765	3506	Elsa Costa	00:45:26	01:26:30	01:19:10	4707		V40	251
4766	1073	Manuel Rodrigues	00:42:50	01:26:35	01:26:18	4785		V50	288
4767	2111	Ana Pinto	00:41:21	01:26:35	01:25:49	4781		V45	136
4768	3414	Tiago Bernardo	00:48:07	01:26:36	01:15:03	4635		V40	683
4769	2026	Denise Joía	00:43:52	01:27:03	01:25:38	4777		V35	267
4770	2025	Nuno Guisado	00:43:52	01:27:04	01:25:41	4778		V35	705
4771	30	Jose Costa	00:42:51	01:27:07	01:26:50	4792		V60	117
4772	5359	Catarina Dias	00:43:00	01:27:16	01:25:43	4779	Osvaldos	Junior	11
4773	4331	Sílvia Gomes	00:42:47	01:27:17	01:27:02	4793		Senior	479
4774	5236	Francisco Monteiro	00:44:11	01:27:26	01:19:43	4716	Papa KM	Senior	964
4775	5237	Ricardo Simões	00:45:16	01:27:29	01:19:46	4717	Papa KM	Senior	965
4776	5234	Vanessa Cabral	00:45:16	01:27:30	01:19:48	4718	Papa KM	Senior	480
4777	4789	Maria Alves	00:46:52	01:27:31	01:20:57	4732		V50	64
4778	587	Joaquim Pinto	00:41:38	01:27:35	01:20:56	4731	BRRnightRUNNERS	V55	184
4779	1058	Paulo Silva	00:39:37	01:27:36	01:26:26	4788		V35	706
4780	1424	Sofia Alves	00:41:47	01:28:05	01:27:57	4798	Preguiçosos	V35	268

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4781	979	Paulo Amorim	00:44:18	01:28:08	01:26:36	4791		Senior	966
4782	980	Claudia Amorim	00:44:18	01:28:08	01:26:36	4790		Senior	481
4783	6255	Xiaoling Qing	00:46:06	01:28:09	01:20:00	4724		Senior	482
4784	3812	Pedro Palmeiro	00:43:23	01:28:16	01:28:03	4801		Senior	967
4785	3811	Fernanda Costa	00:43:23	01:28:18	01:28:04	4802		V35	269
4786	884	Cátia Guilherme	00:45:02	01:28:27	01:27:08	4796		Senior	483
4787	6130	Joana Costa	00:46:38	01:28:29	01:20:53	4730		Senior	484
4788	5176	Cao	00:43:24	01:28:33	01:27:02	4794		V50	65
4789	5998	Ana Henriques	00:46:48	01:29:31	01:22:04	4753		V40	252
4790	4113	Carla Pinheiro	00:43:56	01:29:35	01:28:42	4803	Amélia Valentim Frazão	V40	253
4791	3586	Carmen Santos	00:43:56	01:29:35	01:28:42	4804	Amélia Valentim Frazão	V35	270
4792	4514	Pedro Miguéns	00:38:01	01:29:35	01:27:58	4799		V35	707
4793	3503	Alícia Alves	00:38:01	01:29:36	01:27:59	4800		Senior	485
4794	747	Mara Santos	00:48:17	01:29:38	01:18:39	4703		Senior	486
4795	805	Sónia Envia	00:47:50	01:29:48	01:22:29	4763	Chafariz Running Team	V35	271
4796	5957	Catarina Gomes	00:46:49	01:30:12	01:22:18	4758	KPMG	Senior	487
4797	5960	Ricardo Gordo	00:46:50	01:30:13	01:22:18	4757	KPMG	Senior	968
4798	1436	Helena Henriques	00:44:05	01:30:20	01:29:37	4805		V35	272
4799	1434	Ana Lourenço	00:44:05	01:30:20	01:29:39	4806		V35	273
4800	4169	Adelino Soares	00:43:58	01:30:48	01:30:19	4810		V65	58

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Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4801	4923	Helena Coelho	00:43:40	01:31:06	01:30:57	4815	QUEM ACREDITA VAI!	V50	66
4802	4926	Sara João	00:43:42	01:31:09	01:30:58	4817	QUEM ACREDITA VAI!	Senior	488
4803	4925	Raquel Coronel	00:43:41	01:31:09	01:30:58	4816	QUEM ACREDITA VAI!	Senior	489
4804	4924	Maria Coronel	00:43:39	01:31:11	01:31:03	4818	QUEM ACREDITA VAI!	V55	33
4805	5162	Fatima Manteiga	00:44:00	01:31:18	01:30:41	4811	GDCT Unicre	V45	137
4806	5157	Fatima Rodrigues	00:44:01	01:31:19	01:30:42	4813	GDCT Unicre	V45	138
4807	5163	Isabel Branco	00:44:01	01:31:19	01:30:41	4812	GDCT Unicre	V45	139
4808	5160	Ana Ferreira	00:44:02	01:31:20	01:31:17	4820	GDCT Unicre	V40	254
4809	5156	Paula Campos	00:44:01	01:31:20	01:31:17	4819	GDCT Unicre	V45	140
4810	1316	Margarida Alpuim	00:43:39	01:31:23	01:29:49	4809	Speedy Cunhados	Senior	490
4811	6319	Maria Alves	00:48:53	01:31:27	01:24:07	4773		V60	9
4812	4671	Rute Reizinho	00:45:14	01:32:11	01:31:26	4823		V35	274
4813	4512	Vanda Brito	00:45:16	01:32:11	01:31:27	4824		V40	255
4814	4638	Carlos Lázaro	00:45:14	01:32:11	01:31:25	4822		V40	684
4815	1504	Chen Liu	00:40:37	01:32:37	01:31:24	4821		Senior	491
4816	5268	Ruowei Chen	00:40:37	01:32:37	01:32:34	4828		Senior	492
4817	3071	Francisco Jesus	00:45:58	01:32:38	01:31:59	4825		Senior	969
4818	5675	Andreia Costa	00:46:05	01:32:44	01:32:07	4826	Odebrecht Portugal	Senior	493
4819	5681	Helena Oliveira	00:46:05	01:32:44	01:32:08	4827	Odebrecht Portugal	V50	67
4820	5041	Carlos Tomaz	00:48:37	01:33:15	01:25:35	4776		V40	685

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4821	6070	Maria Leite	00:48:54	01:33:39	01:26:20	4787		V60	10
4822	6163	Feranada Gonçalves	00:51:59	01:33:40	01:26:20	4786		V50	68
4823	3974	Henrique Manilha	00:47:54	01:33:59	01:33:35	4833		V60	118
4824	4520	Marta Neves	00:46:02	01:34:01	01:26:26	4789	MaGni7	V35	275
4825	3486	Teresa Silva	00:47:02	01:34:37	01:33:09	4829	Encosta Team	V55	34
4826	3487	Cristina Violante	00:47:03	01:34:37	01:33:09	4830	Encosta Team	V45	141
4827	6229	Pedro Meireles	00:50:32	01:34:50	01:27:02	4795		V45	427
4828	3682	Catarina Mota	00:51:08	01:34:50	01:27:48	4797	Ginásio Clube Português	Senior	494
4829	336	Carlos Castro	00:47:53	01:35:01	01:33:30	4831	MONTEPIO - Marketeers	V55	185
4830	4320	Ana Damásio	00:47:55	01:35:01	01:33:30	4832	MONTEPIO - Marketeers	Senior	495
4831	3935	Maria Pontes	00:46:12	01:35:33	01:35:08	4836		V40	256
4832	5356	Aida Pereira	00:47:58	01:36:23	01:34:49	4835	Osvaldos	V50	69
4833	1209	Mónica Gonçalves	00:47:40	01:36:57	01:35:34	4837		Senior	496
4834	1210	Sandra Gonçalves	00:47:41	01:37:00	01:35:37	4838		V40	257
4835	5235	Farah Mokrani	00:50:08	01:37:24	01:29:42	4808	Papa KM	Senior	497
4836	5233	Leonor Cabral	00:50:07	01:37:24	01:29:41	4807	Papa KM	Senior	498
4837	2649	Eugenia Marruz	00:48:34	01:37:29	01:36:21	4839		V55	35
4838	1608	Raquel Côte-Real	00:46:23	01:37:34	01:37:04	4843		V40	258
4839	5152	Paulo França	00:50:25	01:37:43	01:30:45	4814	GDCT Unicre	V50	289
4840	5350	Teresa Maia	00:48:46	01:38:22	01:36:46	4840	Osvaldos	V45	142

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4841	5360	Patricia Dias	00:48:46	01:38:22	01:36:48	4841	Osvaldos	Senior	499
4842	5354	Maria Vieira	00:48:46	01:38:22	01:36:54	4842	Osvaldos	V45	143
4843	2444	Maria Amaral	00:47:56	01:38:39	01:37:08	4844	MONTEPIO - Marketeers	V55	36
4844	4889	Ambrozina Tavares	00:50:17	01:38:49	01:37:32	4845		V50	290
4845	4888	Laurindo Furtado	00:50:17	01:38:50	01:37:32	4846		V40	686
4846	1617	Alberto Simoes	00:48:09	01:38:57	01:38:26	4848		V40	687
4847	1618	Ana Simoes	00:48:10	01:38:57	01:38:26	4847		V40	259
4848	792	Vitor Quintas	00:50:31	01:39:52	01:38:32	4850	Papa trilhos	V55	186
4849	790	Patricia Marques	00:50:31	01:39:53	01:38:32	4851	Papa trilhos	V35	276
4850	789	Maria Gonçalves	00:50:32	01:39:53	01:38:32	4849	Papa trilhos	V55	37
4851	5775	José Cóias	00:54:19	01:40:25	01:33:36	4834		V55	187
4852	5389	Zhouyan Chen	00:49:50	01:40:25	01:39:28	4852		Senior	500
4853	5390	Tong Yang	00:49:50	01:40:26	01:39:29	4854		Senior	501
4854	3885	Carla Feliciano	00:47:00	01:41:29	01:40:20	4856		V35	277
4855	3971	Ana Rodrigues	00:47:00	01:41:29	01:40:19	4855		V35	278
4856	5832	Xiaoxiao Lin	00:56:15	01:46:51	01:39:28	4853		Senior	502
4857	5808	Ana Pinto	00:59:43	01:53:58	01:46:32	4857		Senior	503