

# 33<sup>a</sup> corrida das fogueiras

prova incluída no 32º troféu spiridon

peniche 2012



## Classificação geral provisória

Cl.	Num	Atleta	Sx	Idd	clEsc	Esc	Equipe	T_bruto	T_liquid	Control1	Control2
1	646	BRUNO FRAGA	M	35	1	M2039	GAB FISIO DESPORTO	00:48:27	00:48:23	00:07:52	00:38:13
2	1096	JOSE MADURO	M	39	2	M2039	MADURO ATHLETICS	00:48:44	00:48:40	00:07:51	00:38:13
3	1919	TELMO SILVA	M	33	3	M2039	AM ATIBA	00:50:03	00:49:58	00:08:22	00:39:29
4	2239	ARTUR SANTIAGO	M	40	1	M4044	GD MACEDO OCULISTA	00:50:17	00:50:13	00:08:21	00:39:47
5	2110	PEDRO CRUZ	M	21	4	M2039	AA MAFRA	00:50:20	00:50:16	00:08:35	00:39:47
6	1613	PEDRO PESSOA	M	46	1	M4549	CR PRAIA SALEMA	00:50:30	00:50:26	00:08:38	00:39:47
7	2089	FRANCISCO ROCHA	M	45	2	M4549	AA MAFRA	00:50:41	00:50:36	00:08:38	00:39:56
8	815	ANTONIO SOUSA	M	42	2	M4044	GARMIN/ CO OEIRAS	00:50:48	00:50:43	00:08:27	00:39:51
9	2328	JOAO BRITO	M	33	5	M2039	AM ATIBA	00:50:58	00:50:53	00:08:36	00:39:57
10	1098	PAULO PINHEIRO	M	34	6	M2039	MARATONA CP	00:51:14	00:51:14	00:08:25	00:40:17
11	1950	MARCO MELLO	M	42	3	M4044	AM ATIBA	00:51:19	00:51:15	00:08:36	00:40:17
12	2471	FRANCISCO PEDRO	M	41	4	M4044	OS CARREGEIRENSES	00:51:34	00:51:29	00:08:38	00:40:49
13	1033	JOAO VAZ	M	44	5	M4044	CCD O ALVITEJO	00:51:39	00:51:35	00:08:27	00:40:48
14	1371	JORGE AIRES	M	38	7	M2039	CA BARREIRA	00:51:46	00:51:41	00:08:31	00:40:49
15	2504	DAVID FERNANDES	M	37	8	M2039	MIRANTENSE FC	00:51:50	00:51:45	00:08:47	00:40:51
16	1209	PEDRO ARSENIO	M	29	9	M2039	INDIVIDUAL	00:51:53	00:51:49	00:08:44	00:40:51
17	1326	CARLOS HERLANDER	M	43	6	M4044	GAA VILA FRANCA XIRA	00:52:10	00:51:50	00:09:16	00:41:20
18	2246	FELIX PAULOS	M	54	1	M5054	GD MACEDO OCULISTA	00:52:23	00:52:18	00:08:59	00:41:26
19	1570	CARLOS REIS	M	46	3	M4549	GD COSTA BRAVA	00:52:32	00:52:28	00:08:48	00:41:10
20	2235	ALEXANDRE PINHEIRO	M	41	7	M4044	GD MACEDO OCULISTA	00:52:46	00:52:42	00:08:48	00:41:26
21	230	FRANCISCO SIMAO	M	30	10	M2039	PERNAS GAFANHOTO	00:52:49	00:52:44	00:09:00	00:41:32
22	650	JOSE M S ANTUNES	M	46	4	M4549	GAB FISIO DESPORTO	00:52:57	00:52:53	00:08:42	00:41:43
23	2091	JORGE CRUZ	M	47	5	M4549	AA MAFRA	00:53:04	00:52:58	00:08:59	00:41:57
24	1925	RUI RODRIGUES	M	36	11	M2039	CTT COIMBRA	00:53:09	00:53:04	00:08:45	00:41:57
25	2419	JORGE MARCELINO	M	39	12	M2039	ID VIEIRENSE	00:53:17	00:53:12	00:08:47	00:41:57
26	2257	MARIO PEDRO	M	36	13	M2039	GD MACEDO OCULISTA	00:53:19	00:53:14	00:09:00	00:42:00
27	1224	SERGIO SILVA	M	38	14	M2039	INDIVIDUAL	00:53:20	00:53:08	00:09:35	00:42:30
28	2092	EDUARDO EUSTAQUIO	M	48	6	M4549	AA MAFRA	00:53:21	00:53:16	00:09:00	00:42:03
29	980	TIAGO COCHICHO	M	29	15	M2039	INDIVIDUAL	00:53:28	00:53:17	00:09:13	00:42:00
30	163	MARIO BARBOSA	M	42	8	M4044	LIBERDADE FC	00:53:34	00:53:27	00:09:09	00:42:16
31	1190	RICARDO MESTRE	M	40	9	M4044	OS MESTRES	00:53:42	00:53:37	00:08:49	00:42:27
32	1356	JOSE CUSTODIO	M	47	7	M4549	ATENEU	00:53:42	00:53:34	00:09:15	00:42:15
33	2252	JOSE JARMELA	M	47	8	M4549	GD MACEDO OCULISTA	00:53:46	00:53:40	00:09:11	00:42:25
34	1196	JOAO INOCENCIO	M	41	10	M4044	INDIVIDUAL	00:53:47	00:53:42	00:08:46	00:42:20
35	1914	PAULO MOTA	M	34	16	M2039	AM ATIBA	00:53:48	00:53:43	00:08:48	00:42:02
36	2427	JOSE FIGUEIRA	M	42	11	M4044	ID VIEIRENSE	00:53:48	00:53:43	00:08:35	00:42:50
37	2261	VIRGILIO GOMES	M	43	12	M4044	INDIVIDUAL	00:53:54	00:53:49	00:09:01	00:42:21
38	2413	CLAUDIO CARDOSO	M	34	17	M2039	GA FREG VIDAIS	00:54:09	00:54:05	00:09:07	00:42:32
39	2410	GABRIEL RODRIGUES	M	48	9	M4549	GA FREG VIDAIS	00:54:18	00:54:13	00:09:00	00:42:33
40	955	BRUNO GASPAR	M	26	18	M2039	CLUBE GAIA	00:54:31	00:54:23	00:09:20	00:43:04
41	1626	JOAO GOMES	M	50	2	M5054	CR AMIEIRINHENSE	00:54:33	00:54:28	00:09:16	00:43:04
42	2439	LICINIO PEREIRA	M	56	1	M5559	ID VIEIRENSE	00:54:38	00:54:32	00:09:14	00:43:04
43	1916	JOSE BORGES	M	44	13	M4044	AM ATIBA	00:54:40	00:54:35	00:09:15	00:43:09

44	2404	HORACIO ALEXANDRE	M	32	19	M2039	GA FREG VIDAIS	00:54:42	00:54:38	00:09:17	00:43:09
45	1924	FERNANDO CARVALHO	M	36	20	M2039	CTT COIMBRA	00:54:43	00:54:39	00:09:00	00:42:53
46	2243	CARLOS MENDES	M	44	14	M4044	GD MACEDO OCULISTA	00:54:50	00:54:45	00:09:07	00:43:22
47	252	NELSON R M MENDES	M	22	21	M2039	ESTRELA CA FC	00:54:51	00:54:43	00:09:20	00:43:24
48	1259	MARIO CASEIRO	M	42	15	M4044	CA NAZARE	00:55:07	00:55:03	00:09:15	00:43:12
49	1675	CARLOS JORGE	M	44	16	M4044	C SARGENTO ARMADA	00:55:20	00:55:15	00:09:25	00:43:51
50	1672	FERNANDO PEREIRA	M	39	22	M2039	C SARGENTO ARMADA	00:55:25	00:55:15	00:09:40	00:43:52
51	1030	MIGUEL GOMES	M	35	23	M2039	CCD O ALVITEJO	00:55:26	00:55:20	00:09:31	00:43:50
52	2423	VITOR DINIS	M	39	24	M2039	ID VIEIRENSE	00:55:29	00:55:25	00:09:05	00:43:46
53	2415	CARLOS CORREIA	M	36	25	M2039	GA FREG VIDAIS	00:55:31	00:55:19	00:09:30	00:43:51
54	1138	JOSE RAIMUNDO	M	47	10	M4549	GDR FIGUEIRAS	00:55:48	00:55:43	00:09:33	00:43:59
55	1911	LUIS DIAS	M	45	11	M4549	AM ATIBA	00:55:48	00:55:43	00:09:02	00:44:09
56	2106	JOAO MIRANDA	M	42	17	M4044	AA MAFRA	00:55:48	00:55:42	00:09:51	00:44:12
57	2478	PEDRO ANTUNES	M	38	26	M2039	OS CARREGEIRENSES	00:55:49	00:55:36	00:09:56	00:44:12
58	2424	JOAO SOUSA	M	40	18	M4044	ID VIEIRENSE	00:55:54	00:55:46	00:09:21	00:44:06
59	1135	PAULO SIMAO	M	41	19	M4044	GDR FIGUEIRAS	00:55:55	00:55:44	00:09:42	00:44:08
60	1130	EDUARDO CARDEIRA	M	28	27	M2039	GDR FIGUEIRAS	00:55:57	00:55:50	00:09:42	00:44:13
61	392	ERNESTO FERREIRA	M	40	20	M4044	GAB FISIO DESPORTO	00:56:03	00:55:59	00:09:38	00:44:04
62	1133	ANTONIO SALCEDAS	M	41	21	M4044	GDR FIGUEIRAS	00:56:09	00:56:02	00:09:43	00:44:19
63	1673	JORGE TEIXEIRA	M	41	22	M4044	C SARGENTO ARMADA	00:56:10	00:55:59	00:09:38	00:44:05
64	2409	PAULO LEANDRO	M	47	12	M4549	GA FREG VIDAIS	00:56:14	00:56:06	00:09:50	00:44:23
65	1210	HUGO ADELINO	M	38	28	M2039	INDIVIDUAL	00:56:16	00:55:57	00:10:01	00:44:28
66	2325	MADALENA CARRICO	F	33	1	F2039	CS MARITIMO	00:56:17	00:56:13	00:09:31	00:44:26
67	1781	JORGE RODRIGUES	M	46	13	M4549	NS SAO MIGUEL	00:56:26	00:56:20	00:09:28	00:44:39
68	380	PEDRO SILVA	M	41	23	M4044	FSG COLLONGE BELLERIVE	00:56:35	00:56:28	00:09:38	00:44:41
69	450	MARK MONTEIRO	M	41	24	M4044	INDIVIDUAL	00:56:37	00:56:29	00:09:41	00:44:54
70	2458	EDMILSON SANTOS	M	48	14	M4549	GARMIN/ CO OEIRAS	00:56:37	00:56:22	00:09:51	00:44:37
71	2505	ANABELA GOMEZ	F	33	2	F2039	MIRANTENSE FC	00:56:39	00:56:35	00:09:40	00:44:42
72	2292	NUNO SILVA	M	35	29	M2039	CAL	00:56:41	00:56:19	00:10:40	00:45:15
73	1177	SEVERINO SANTOS	M	57	2	M5559	HOTEL MIRA PAIVA	00:56:45	00:56:26	#N/D	00:43:47
74	1031	ANTONIO PAIS	M	42	25	M4044	CCD O ALVITEJO	00:56:49	00:56:49	00:09:20	00:44:41
75	936	VITORIA OLIVEIRA	F	20	3	F2039	LIBERDADE FC	00:56:50	00:56:50	00:09:19	00:44:32
76	2118	MANUEL CARDOSO	M	49	15	M4549	GELPINHOS	00:56:52	00:56:48	00:09:30	00:44:42
77	1896	MARCO PINTO	M	20	30	M2039	CA PENARFIME	00:56:58	00:56:52	00:09:36	00:44:35
78	398	HUGO GONCALVES	M	34	31	M2039	GAB FISIO DESPORTO	00:57:02	00:56:57	00:09:39	00:45:11
79	1720	ANTONIO PINHEIRO	M	41	26	M4044	SR CAMARNAL	00:57:06	00:56:59	00:09:50	00:45:08
80	1747	MARCO FRANCO	M	31	32	M2039	C BENFICA ABRANTES	00:57:09	00:57:02	00:09:26	00:45:02
81	2503	CARLOS LOPES	M	37	33	M2039	MIRANTENSE FC	00:57:11	00:57:05	00:09:40	00:45:07
82	1250	FABIO S FONTOURA	M	28	34	M2039	INDIVIDUAL	00:57:14	00:56:49	00:11:07	00:45:53
83	2295	AMARO J S TEIXEIRA	M	22	35	M2039	GCA DONAS	00:57:15	00:57:07	00:09:31	00:44:57
84	797	PEDRO MESTRE	M	41	27	M4044	NETCOURIER	00:57:18	00:57:12	00:09:53	00:45:16
85	495	JORGE M C SILVA	M	45	16	M4549	GAU BAJOUCA	00:57:21	00:57:10	00:09:37	00:45:13
86	1674	FERNANDO SANTOS	M	42	28	M4044	C SARGENTO ARMADA	00:57:21	00:57:12	00:09:39	00:45:09
87	2393	MIGUEL TEIXEIRA	M	38	36	M2039	WIKABOO	00:57:23	00:57:13	00:10:15	00:45:29
88	2519	MARCOLINO VERÍSSIMO	M	40	29	M4044	SS CGD	00:57:30	00:57:22	00:09:41	00:45:26
89	2119	RICARDO RODRIGUES	M	35	37	M2039	GELPINHOS	00:57:31	00:57:25	00:09:52	00:45:19
90	1913	CLAUDIO CARDOSO	M	34	38	M2039	AM ATIBA	00:57:33	00:56:57	00:10:44	00:45:49
91	1678	ANTONIO MADEIRA	M	51	3	M5054	C SARGENTO ARMADA	00:57:35	00:57:25	00:10:00	00:45:17
92	866	ANTONIO J P CORREIA	M	42	30	M4044	ATENEU	00:57:42	00:57:04	00:11:02	00:45:52
93	1708	JOSE BORGES	M	51	4	M5054	ALHANDRA	00:57:47	00:57:21	00:10:32	00:45:51
94	1746	ANTONIO RIBEIRO	M	33	39	M2039	C BENFICA ABRANTES	00:57:47	00:57:40	00:09:41	00:45:28
95	343	MIGUEL MARQUES	M	52	5	M5054	CA PARQUE PAZ	00:57:48	00:57:41	00:09:51	00:45:36
96	2548	MANUEL AZEVEDO	M	49	17	M4549	OS BRAGUINHAS	00:57:48	00:57:37	00:10:11	00:45:49
97	496	PEDRO A S CAPELA	M	32	40	M2039	GAU BAJOUCA	00:57:54	00:57:42	00:09:57	00:45:36
98	2475	VITOR SANTOS	M	38	41	M2039	OS CARREGEIRENSES	00:57:54	00:57:45	00:10:13	00:45:42

99	119	EMANUEL BANDEIRA	M	36	42	M2039	INDIVIDUAL	00:57:55	00:57:43	00:10:01	00:45:47
100	1961	RUI RODRIGUES	M	29	43	M2039	AM ATIBA	00:57:57	00:57:20	00:10:40	00:45:49
101	1921	LUIS CANDEIAS	M	24	44	M2039	AM ATIBA	00:58:02	00:57:27	00:11:21	00:46:13
102	1814	ANTONIO POEIRAS	M	52	6	M5054	ACR SOUTOS	00:58:06	00:58:01	00:09:11	00:45:41
103	1500	ANTONIO SANTOS	M	53	7	M5054	GD INE	00:58:13	00:57:49	00:10:29	00:46:18
104	1644	JANICIO REIS	M	34	45	M2039	C BENFICA ALG M MARTINS	00:58:13	00:57:40	00:11:06	00:46:19
105	1037	PAULO FERNANDES	M	46	18	M4549	CCD O ALVITEJO	00:58:18	00:57:55	00:10:22	00:46:03
106	1478	PAULO BENEVENTE	M	32	46	M2039	CA PARQUE PAZ	00:58:18	00:58:02	00:10:22	00:46:22
107	565	ALEXANDRE ARAUJO	M	31	47	M2039	AM RUNNING	00:58:19	00:58:04	00:09:50	00:45:58
108	1336	RICARDO M C COSTA	M	38	48	M2039	INDIVIDUAL	00:58:22	00:58:00	00:10:52	00:46:34
109	737	JORGE GONCALVES	M	43	31	M4044	INDIVIDUAL	00:58:23	00:58:10	00:10:30	00:46:22
110	1922	ANTONIO P COSTA	M	36	49	M2039	AM ATIBA	00:58:25	00:57:50	00:10:45	00:46:13
111	1989	VITOR RAFAEL	M	49	19	M4549	AÇOREANA C BANIF	00:58:32	00:58:20	00:10:15	00:46:14
112	2420	CRISTOVAO PEREIRA	M	35	50	M2039	ID VIEIRENSE	00:58:33	00:58:33	00:10:00	00:46:14
113	1662	PEDRO FERREIRA	M	36	51	M2039	C BENFICA ALG M MARTINS	00:58:35	00:58:26	00:10:03	00:46:05
114	1929	BRUNO MARTINS	M	25	52	M2039	CTT COIMBRA	00:58:35	00:58:28	00:09:59	00:46:16
115	1890	NUNO PATRICIO	M	39	53	M2039	CN ALVITO	00:58:36	00:58:36	00:11:00	00:46:24
116	2430	JOEL MARCELINO	M	44	32	M4044	ID VIEIRENSE	00:58:39	00:57:58	00:11:20	00:46:33
117	993	ANDRE ALEXANDRE	M	22	54	M2039	DFMN	00:58:40	00:58:25	00:09:56	00:46:27
118	2244	CONSTANTINO ARAUJO	M	31	55	M2039	INDIVIDUAL	00:58:41	00:58:35	00:10:08	00:46:30
119	2502	JORGE AMARAL	M	43	33	M4044	MIRANTENSE FC	00:58:42	00:58:32	00:09:56	00:46:33
120	2140	HENRIQUE VENANCIO	M	36	56	M2039	GELPINHOS	00:58:47	00:58:25	00:10:23	00:46:24
121	867	MARCO A C FIDALGO	M	35	57	M2039	ATENEU	00:58:49	00:58:11	00:11:02	00:46:33
122	1671	RICARDO OLIVEIRA	M	32	58	M2039	C SARGENTO ARMADA	00:58:50	00:58:39	00:10:14	00:46:32
123	2476	JOAQUIM RODRIGUES	M	43	34	M4044	OS CARREGEIRENSES	00:58:51	00:58:39	00:10:27	00:46:43
124	1363	DANIEL BAPTISTA	M	28	59	M2039	CA BARREIRA	00:58:52	00:58:25	00:10:55	00:46:40
125	40	RUI F L FIGUEIREDO	M	31	60	M2039	INDIVIDUAL	00:58:57	00:58:46	00:10:21	00:46:43
126	949	JOAO FRANCO	M	58	3	M5559	GDCR ZAMBUJEIRA/ CALVO	00:58:57	00:58:44	00:10:27	00:46:43
127	2399	JULIO HENRIQUES	M	51	8	M5054	GA FREG VIDAIS	00:59:01	00:58:56	00:09:18	00:45:47
128	2534	ANDRE GONCALVES	M	25	61	M2039	OS BRAGUINHAS	00:59:01	00:58:37	00:10:56	00:46:29
129	1997	ANDRE FERREIRA	M	22	62	M2039	UFCI TOMAR	00:59:04	00:58:27	00:10:58	00:46:24
130	2407	PAULO JESUINO	M	40	35	M4044	GA FREG VIDAIS	00:59:05	00:58:51	00:10:34	00:46:50
131	1676	MARIO ROSA	M	47	20	M4549	C SARGENTO ARMADA	00:59:06	00:58:54	00:10:07	00:46:26
132	674	DULIO F PARREIRA	M	33	63	M2039	OUR TEAM	00:59:08	00:58:26	00:10:59	00:46:22
133	856	JOAO C R CANAS	M	36	64	M2039	ARSCO TOLEDO	00:59:10	00:58:54	00:10:48	00:47:00
134	1554	CLAUDIO RIBEIRO	M	34	65	M2039	NS FARO	00:59:14	00:59:14	00:12:07	00:47:17
135	1384	ORLANDO PIRES	M	43	36	M4044	CA BARREIRA	00:59:15	00:58:36	00:11:00	00:46:50
136	2431	ARTUR LOPES	M	45	21	M4549	ID VIEIRENSE	00:59:16	00:59:10	00:09:30	00:46:10
137	1558	RUI HONRADO	M	25	66	M2039	INDIVIDUAL	00:59:20	00:59:05	00:10:09	00:47:06
138	1387	FERNANDO SIMAO	M	53	9	M5054	CA BARREIRA	00:59:21	00:59:01	00:10:29	00:46:56
139	2095	PAULO GOMES	M	41	37	M4044	AA MAFRA	00:59:22	00:59:10	00:10:32	00:46:55
140	1679	JOAQUIM BICO	M	53	10	M5054	C SARGENTO ARMADA	00:59:25	00:59:16	00:10:07	00:46:43
141	1134	SEGIO E SANTO	M	44	38	M4044	GDR FIGUEIRAS	00:59:31	00:59:18	00:10:18	00:46:39
142	573	JORGE PINA	M	36	67	M2039	INDIVIDUAL	00:59:36	00:59:29	00:10:40	00:46:49
143	2152	JOAO MONTES	M	47	22	M4549	INDIVIDUAL	00:59:36	00:59:29	00:10:39	00:46:49
144	1775	ANDRE COSTA	M	30	68	M2039	INDIVIDUAL	00:59:38	00:59:21	00:10:49	00:47:13
145	1086	NUNO COSTA	M	40	39	M4044	CCRD BURINHOSA	00:59:47	00:59:35	00:09:56	00:47:10
146	1813	MANUEL FERNANDES	M	58	4	M5559	ACR SOUTOS	00:59:48	00:59:41	00:10:20	00:47:01
147	1557	JOSE VIRALHADA	M	32	69	M2039	INDIVIDUAL	00:59:49	00:59:35	00:10:09	00:47:06
148	1252	HERALDO PEIXE	M	33	70	M2039	CA NAZARE	00:59:50	00:59:36	00:10:26	00:47:09
149	2189	JOSE GEADA	M	41	40	M4044	CLUBE VODAFONE	00:59:53	00:59:45	00:10:02	00:46:57
150	1367	HELDER CARREIRA	M	36	71	M2039	CA BARREIRA	00:59:57	00:59:32	00:11:00	00:47:24
151	1373	JOSE OLIVEIRA	M	50	11	M5054	CA BARREIRA	00:59:57	00:59:30	00:11:00	00:47:24
152	1978	MARIO GOMES	M	42	41	M4044	AÇOREANA C BANIF	00:59:58	00:59:21	00:11:14	00:47:29
153	256	EIDE C O SOARES	M	20	72	M2039	ESTRELA CA FC	00:59:59	00:59:51	00:09:25	00:47:03

154	1149	CARLOS A S ALMEIDA	M	39	73	M2039	INDIVIDUAL	01:00:01	00:59:47	00:10:43	00:47:24
155	1349	NUNO A SILVA	M	30	74	M2039	INDIVIDUAL	01:00:03	01:00:03	00:10:21	00:47:29
156	2168	JOAO SILVA	M	53	12	M5054	CDM	01:00:03	00:59:54	00:10:18	00:47:15
157	1841	GONCALO LOPES	M	28	75	M2039	INDIVIDUAL	01:00:05	00:59:41	00:10:46	00:47:09
158	1375	NUNO DIAS	M	34	76	M2039	CA BARREIRA	01:00:08	01:00:08	00:11:07	00:47:38
159	2184	OLIVIER DELMOTTE	M	40	42	M4044	CLUBE VODAFONE	01:00:12	00:59:58	00:10:56	00:48:03
160	2094	JOEL RODRIGUES	M	38	77	M2039	AA MAFRA	01:00:18	01:00:12	00:08:46	00:44:39
161	1920	JOSE HEITOR	M	51	13	M5054	AM ATIBA	01:00:20	00:59:44	00:10:43	00:47:18
162	2563	AMILCAR FERREIRA	M	45	23	M4549	GD MACEDO OCULISTA	01:00:22	01:00:02	00:11:24	00:47:55
163	1928	JORGE JUSTO	M	51	14	M5054	CTT COIMBRA	01:00:25	01:00:15	00:10:20	00:47:36
164	1325	JOAO LUIS	M	23	78	M2039	GAA VILA FRANCA XIRA	01:00:28	01:00:28	00:11:27	00:48:18
165	1839	ARMANDO PESSOA	M	42	43	M4044	INDIVIDUAL	01:00:31	01:00:18	00:10:58	00:48:09
166	540	MARCUS BONITO	M	37	79	M2039	AMIGOS B	01:00:33	01:00:02	00:11:26	00:48:09
167	2286	DANIEL JAULINO	M	46	24	M4549	C VETERANOS LIS	01:00:33	00:59:59	00:11:35	00:48:13
168	1419	LUIS F C R SILVA	M	34	80	M2039	OS KOTA BIKE TEAM	01:00:35	00:58:54	00:12:59	00:48:35
169	1729	JOAO MARQUES	M	28	81	M2039	CAETANO COATINGS	01:00:38	01:00:23	00:10:59	00:48:04
170	1786	JOAO SOARES	M	58	5	M5559	NS SAO MIGUEL	01:00:41	01:00:37	00:10:16	00:47:44
171	1562	PEDRO S GONCALVES	M	30	82	M2039	RB RUNNING	01:00:46	01:00:32	00:10:44	00:47:59
172	442	JOSE QUEIROS	M	41	44	M4044	INDIVIDUAL	01:00:54	01:00:35	00:10:59	00:48:15
173	678	NELSON R CAETANO	M	27	83	M2039	INDIVIDUAL	01:00:56	01:00:13	00:11:57	00:48:32
174	888	ANTONIO B RUELA	M	51	15	M5054	INDIVIDUAL	01:00:56	01:00:36	00:11:02	00:48:21
175	1862	PAULO S R ESTRELINHA	M	35	84	M2039	INDIVIDUAL	01:00:59	01:00:46	00:10:31	00:47:57
176	1321	VITOR M NOGUEIRA	M	47	25	M4549	GAA VILA FRANCA XIRA	01:01:01	01:00:48	00:10:21	00:48:09
177	1452	J BENJAMIM P SILVA	M	57	6	M5559	PASSEANTES S PEDRO	01:01:01	01:00:43	00:10:50	00:48:36
178	1730	JOSE PAJINHA	M	51	16	M5054	CAETANO COATINGS	01:01:06	01:00:51	00:10:59	00:48:30
179	985	AMANDIO P P CARAPINHA	M	40	45	M4044	INDIVIDUAL	01:01:07	01:00:32	00:11:04	00:48:19
180	1520	ISMAEL SILVA	M	55	7	M5559	CCDR FUNDO VILA	01:01:07	01:01:00	00:10:17	00:48:10
181	1042	JOAQUIM ALVES	M	60	1	M6064	CCD O ALVITEJO	01:01:09	01:00:59	00:10:02	00:47:53
182	2153	ANTONIO R LOPES	M	47	26	M4549	INDIVIDUAL	01:01:13	01:01:13	00:10:42	00:48:05
183	950	EMANUEL MARQUES	M	41	46	M4044	GDCR ZAMBUJEIRA/ CALVO	01:01:17	01:01:02	00:10:52	00:48:32
184	2058	CARLOS M P HIPOLITO	M	37	85	M2039	SCALABIS N RUNNERS	01:01:17	01:00:49	00:11:06	00:48:32
185	2428	CARLOS PINTO	M	43	47	M4044	ID VIEIRENSE	01:01:17	01:01:07	00:10:13	00:48:13
186	1027	ANA MARGARIDA	F	45	1	F4599	CCD O ALVITEJO	01:01:20	01:01:15	00:10:19	00:48:24
187	2000	JORGE LERCAS	M	47	27	M4549	UFCI TOMAR	01:01:20	01:01:09	00:10:37	00:48:26
188	1628	JOAQUIM MORAIS	M	53	17	M5054	CR AMIEIRINHENSE	01:01:21	01:01:12	00:10:08	00:47:09
189	2385	NELIO S ALMEIDA	M	23	86	M2039	AC S MAMEDE	01:01:24	00:59:03	00:14:04	00:49:36
190	1370	JORGE AGOSTINHO	M	53	18	M5054	CA BARREIRA	01:01:25	01:01:20	00:10:27	00:48:19
191	294	EDUARDO M F N GREGORIO	M	31	87	M2039	RAIL RUNNERS	01:01:29	01:00:35	00:12:00	00:48:37
192	2016	MONICA VIEIRA	F	37	4	F2039	EQUIPAS OS ENTREMEADAS	01:01:32	01:01:27	00:10:20	00:48:34
193	2290	HUGO MIGUEL	M	27	88	M2039	C VETERANOS LIS	01:01:39	01:00:30	00:11:36	00:48:34
194	1136	JOAO GUERREIRO	M	44	48	M4044	GDR FIGUEIRAS	01:01:41	01:00:49	00:11:45	00:49:19
195	399	RICARDO VAZ	M	34	89	M2039	GAB FISIO DESPORTO	01:01:45	01:01:16	00:11:18	00:48:51
196	1144	LUIS SECO	M	52	19	M5054	GDR FIGUEIRAS	01:01:47	01:01:34	00:10:42	00:48:45
197	1629	VITOR TEIXEIRA	M	50	20	M5054	CR AMIEIRINHENSE	01:01:48	01:00:49	00:12:08	00:49:19
198	1403	RICARDO ALIPIO	M	25	90	M2039	INDIVIDUAL	01:01:49	01:01:23	00:11:13	00:48:49
199	2412	ALCINO BARROS	M	26	91	M2039	GA FREG VIDAIS	01:01:51	01:01:27	00:11:10	00:49:15
200	858	RUI M C AGUIAR	M	39	92	M2039	ARSC TOLEDO	01:01:53	01:01:36	00:10:51	00:48:46
201	907	EMANUEL G SERRAZINA	M	31	93	M2039	ATENEU	01:01:53	01:01:43	00:10:52	00:49:15
202	1260	LUIS VIDINHA	M	43	49	M4044	CA NAZARE	01:01:56	01:01:52	00:10:15	00:48:26
203	1365	DAVID MARQUES	M	42	50	M4044	CA BARREIRA	01:01:59	01:01:18	00:12:23	00:49:11
204	2062	JOSE M S SILVA	M	37	94	M2039	SCALABIS N RUNNERS	01:01:59	01:01:29	00:12:12	00:49:45
205	1362	CARINA MATIAS	F	27	5	F2039	CA BARREIRA	01:02:00	01:02:00	00:10:19	00:48:46
206	1379	RUI ROBERTO	M	43	51	M4044	CA BARREIRA	01:02:00	01:00:34	00:13:41	00:49:47
207	2434	RUI DINIS	M	48	28	M4549	ID VIEIRENSE	01:02:00	01:01:19	00:11:37	00:48:45
208	1035	NUNO SANTOS	M	40	52	M4044	CCD O ALVITEJO	01:02:01	01:01:53	00:09:40	00:47:28

209	1366	GERMANO CAPELA	M	44	53	M4044	CA BARREIRA	01:02:01	01:01:54	00:10:19	00:48:45
210	2426	JOAO MARCELINO	M	42	54	M4044	ID VIEIRENSE	01:02:03	01:01:50	00:10:41	00:48:48
211	1450	JOAQUIM M P SILVA	M	49	29	M4549	PASSEANTES S PEDRO	01:02:04	01:01:47	00:10:51	00:48:36
212	1102	CARLOS BARRY	M	41	55	M4044	INDIVIDUAL	01:02:07	01:01:42	00:11:37	00:49:18
213	1604	JORGE F A FONTES	M	51	21	M5054	BEJA AC	01:02:07	01:01:23	00:11:54	00:49:01
214	1683	ANASTACIO VALADAS	M	58	8	M5559	GD SANTANDER TOTTA	01:02:08	01:01:55	00:10:48	00:49:12
215	492	OTEOLO D PEREIRA	M	36	95	M2039	GAU BAJOUCA	01:02:12	01:02:01	00:10:46	00:48:53
216	2064	MARCO F S G MELO	M	33	96	M2039	SCALABIS N RUNNERS	01:02:12	01:01:54	00:11:01	00:49:06
217	2358	JAIME SANTOS	M	58	9	M5559	INDIVIDUAL	01:02:12	01:02:00	00:10:39	00:48:53
218	2411	MANUEL SIMAO	M	58	10	M5559	GA FREG VIDAIS	01:02:12	01:01:58	00:10:50	00:49:00
219	272	JOAO M N SOUSA	M	28	97	M2039	INDIVIDUAL	01:02:15	01:01:55	00:10:38	00:49:10
220	400	FERNANDO SOUSA	M	40	56	M4044	GAB FISIO DESPORTO	01:02:15	01:01:46	00:11:18	00:49:11
221	2251	JOSE INOCENCIO	M	60	2	M6064	INDIVIDUAL	01:02:15	01:02:00	00:11:04	00:49:16
222	1493	GONCALO A SANTOS	M	38	98	M2039	GDC PORTO SINES	01:02:16	01:01:35	00:11:50	00:49:45
223	2401	ACACIO CAMPOS	M	54	22	M5054	GA FREG VIDAIS	01:02:18	01:01:36	00:12:04	00:49:30
224	1822	LUIS M C ALEXANDRE	M	36	99	M2039	ACR SANTA CITA	01:02:20	01:02:02	00:10:50	00:49:16
225	2048	ÂNGELO SANTOS	M	33	100	M2039	SCALABIS N RUNNERS	01:02:22	01:01:54	00:11:06	00:49:28
226	1712	MARCOS A F PEREREIRA	M	56	11	M5559	INDIVIDUAL	01:02:24	01:01:30	00:12:52	00:50:00
227	2398	ANTONIO LEMOS	M	52	23	M5054	WIKABOO	01:02:24	01:02:04	00:11:32	00:49:36
228	1404	FRANCISCO E MONTE	M	31	101	M2039	INDIVIDUAL	01:02:28	01:02:07	00:11:36	00:49:33
229	1416	NUNO F P CHAINHO	M	26	102	M2039	OS KOTA BIKE TEAM	01:02:29	01:00:49	00:13:00	00:49:47
230	2155	PEDRO VASQUES	M	20	103	M2039	INDIVIDUAL	01:02:30	01:02:11	00:11:07	00:49:22
231	1782	PAULO NEVES	M	47	30	M4549	NS SAO MIGUEL	01:02:32	01:02:25	00:10:54	00:49:22
232	1915	ANTONIO ADRO	M	43	57	M4044	AM ATIBA	01:02:33	01:01:58	00:11:49	00:49:49
233	1711	JULIO VICENTE	M	38	104	M2039	INDIVIDUAL	01:02:36	01:02:20	00:10:37	00:48:24
234	390	JAIME LAMEGO	M	52	24	M5054	INDIVIDUAL	01:02:37	01:02:27	00:10:51	00:49:23
235	766	VEACESLAV IGNAT	M	34	105	M2039	JOANINHAS LEIAO	01:02:38	01:02:26	00:10:05	00:48:54
236	1420	PAULO L G MIGUEL	M	39	106	M2039	OS KOTA BIKE TEAM	01:02:38	01:01:37	00:12:14	00:50:08
237	2121	JOSE PEIXOTO	M	54	25	M5054	GELPINHOS	01:02:38	01:02:30	00:10:49	00:49:22
238	391	CHANTAL XHERVELLE	F	44	1	F4044	INDIVIDUAL	01:02:39	01:02:29	00:10:51	00:49:23
239	1754	VALTER FONSECA	M	30	107	M2039	ANTI ABSTEMIOS	01:02:48	01:02:26	00:11:22	00:49:40
240	1756	TIAGO MATIAS	M	28	108	M2039	ANTI ABSTEMIOS	01:02:48	01:02:26	00:11:22	00:49:39
241	2422	NUNO LORVAO	M	41	58	M4044	ID VIEIRENSE	01:02:49	01:02:38	00:10:38	00:49:29
242	754	NUNO PIMENTA	M	34	109	M2039	INDIVIDUAL	01:02:54	01:02:35	00:11:06	00:49:39
243	1509	MARCOS OLIVEIRA	M	39	110	M2039	GD INE	01:02:56	01:02:49	00:10:41	00:49:41
244	831	NUNO G NOBRE	M	37	111	M2039	INDIVIDUAL	01:02:57	01:02:15	00:12:34	00:50:16
245	2479	JOAO BERNARDES	M	36	112	M2039	OS CARREGEIRENSES	01:03:02	01:02:42	00:11:05	00:49:16
246	1742	LUIS EMIDIO	M	43	59	M4044	C BENFICA ABRANTES	01:03:03	01:02:39	00:10:47	00:50:08
247	331	JOAO SEQUEIRA	M	49	31	M4549	CCDT METRO LX	01:03:04	01:01:25	00:13:20	00:51:06
248	1566	JOAO F FERREIRA	M	34	113	M2039	INDIVIDUAL	01:03:04	01:01:36	00:12:38	00:49:17
249	1859	PIERRE BOSCHMANS	M	61	3	M6064	INDIVIDUAL	01:03:04	01:02:55	00:10:36	00:49:38
250	2083	CARLOS HENRIQUES	M	28	114	M2039	OS SANTARENOS	01:03:04	01:02:35	00:11:23	00:49:30
251	2460	NELSON DIAS	M	28	115	M2039	INDIVIDUAL	01:03:04	01:02:28	00:11:31	00:49:46
252	938	RAUL QUARESMA	M	31	116	M2039	O MUNDO CORRIDA	01:03:06	01:02:36	00:12:23	00:50:17
253	1084	CARLOS DUARTE	M	46	32	M4549	CCRD BURINHOSA	01:03:06	01:02:19	00:11:35	00:50:21
254	1296	ANTONIO P R SIMOES	M	42	60	M4044	INDIVIDUAL	01:03:06	01:02:47	00:11:30	00:50:12
255	1810	FERNANDO JACINTO	M	45	33	M4549	ACR SOUTOS	01:03:09	01:02:59	00:10:38	00:49:17
256	2103	LEANDRO REIS	M	43	61	M4044	AA MAFRA	01:03:10	01:03:05	00:10:26	00:49:29
257	2371	CEAR NUNES	M	25	117	M2039	CP PONTEVEL	01:03:10	01:02:57	00:11:16	00:50:08
258	1998	PEDRO FERREIRA	M	30	118	M2039	UFCI TOMAR	01:03:13	01:02:06	00:12:42	00:49:54
259	1923	MIGUEL PALMA	M	45	34	M4549	AM ATIBA	01:03:14	01:02:40	00:11:48	00:50:37
260	915	TIAGO GODINHO	M	20	119	M2039	INDIVIDUAL	01:03:15	01:02:35	00:11:56	00:50:45
261	2104	JOAO FRIAS	M	45	35	M4549	AA MAFRA	01:03:15	01:03:01	00:10:57	00:50:22
262	1543	ANTONIO NUNES	M	54	26	M5054	INDIVIDUAL	01:03:16	01:02:20	00:12:46	00:50:18
263	1956	JOSE G OLIVEIRA	M	51	27	M5054	AM ATIBA	01:03:20	01:02:41	00:12:15	00:50:06

264	291	RUI TEIXEIRA	M	51	28	M5054	INDIVIDUAL	01:03:22	01:03:13	00:10:30	00:49:43
265	1162	CARLOS MONTEIRO	M	42	62	M4044	CD GRUPO BES	01:03:23	01:03:09	00:10:48	00:50:25
266	2059	FILIFE A P S MENDES	M	38	120	M2039	SCALABIS N RUNNERS	01:03:24	01:02:54	00:11:28	00:50:20
267	2093	ORLANDO REBELO	M	55	12	M5559	AA MAFRA	01:03:25	01:03:11	00:11:00	00:50:22
268	2109	MARIA FRIAS	F	46	2	F4599	AA MAFRA	01:03:25	01:03:19	00:10:54	00:50:22
269	334	NUNO AZEVEDO	M	34	121	M2039	CCDT METRO LX	01:03:26	01:03:15	00:10:30	00:50:08
270	2187	ALFREDO R OLIVEIRA	M	44	63	M4044	QUATRO E MEIA	01:03:26	01:02:47	00:12:01	00:50:14
271	738	DIOGO GONCALVES	M	20	122	M2039	INDIVIDUAL	01:03:27	01:03:13	00:10:20	00:48:34
272	341	PEDRO GABRIEL	M	37	123	M2039	CA PARQUE PAZ	01:03:28	01:02:41	00:12:01	00:50:25
273	687	PEDRO FARTO	M	32	124	M2039	INDIVIDUAL	01:03:29	01:03:08	00:11:26	00:50:21
274	335	NUNO PITA	M	36	125	M2039	CCDT METRO LX	01:03:32	01:03:21	#N/D	#N/D
275	1986	RUI OLIVEIRA	M	41	64	M4044	AÇOREANA C BANIF	01:03:36	01:03:02	00:11:12	00:50:03
276	1327	VITOR NOVAIS	M	33	126	M2039	GAA VILA FRANCA XIRA	01:03:37	01:02:43	00:12:02	00:50:39
277	6	FERNANDO F O PEREIRA	M	57	13	M5559	INDIVIDUAL	01:03:38	01:03:22	00:10:50	00:50:15
278	2357	JOAO A S ANTUNES	M	44	65	M4044	INDIVIDUAL	01:03:39	01:03:31	00:10:32	00:50:24
279	2432	MARIO BARREIROS	M	45	36	M4549	ID VIEIRENSE	01:03:42	01:03:26	00:10:55	00:50:00
280	1294	DINIS SILVA AGAPITO	M	36	127	M2039	INDIVIDUAL	01:03:43	01:03:27	00:11:06	00:50:17
281	945	ANTONIO CLARA	M	50	29	M5054	GDCR ZAMBUJEIRA/ CALVO	01:03:44	01:03:26	00:11:04	00:50:17
282	485	RICARDO MARTINS	M	35	128	M2039	CLUBE ROBBIALAC	01:03:45	01:02:49	00:12:21	00:50:51
283	1372	DULCINEA SILVA	F	40	2	F4044	CA BARREIRA	01:03:45	01:03:38	00:10:47	00:50:15
284	2470	MARIO BARATA	M	41	66	M4044	INDIVIDUAL	01:03:48	01:03:17	00:11:42	00:50:32
285	1038	ANTONIO AZEDO	M	46	37	M4549	CCD O ALVITEJO	01:03:49	01:03:21	00:12:17	00:50:50
286	1251	MANUEL SEQUEIRA	M	55	14	M5559	CA NAZARE	01:03:49	01:03:23	00:11:30	00:50:42
287	767	MARCO SOUZA	M	47	38	M4549	JOANINHAS LEIAO	01:03:51	01:03:39	00:10:25	00:49:53
288	1632	JOSE M C FERNANDES	M	53	30	M5054	MOV JUVENTUDE MERELIM	01:03:51	01:03:13	00:11:55	00:50:20
289	2020	PEDRO SILVA	M	20	129	M2039	LAPQN	01:03:52	01:03:20	00:11:41	00:50:46
290	1624	RUI BERNARDO	M	45	39	M4549	PORTUGAS4RUN	01:03:53	01:02:56	00:12:34	00:50:47
291	946	EURICO AGOSTINHO	M	51	31	M5054	GDCR ZAMBUJEIRA/ CALVO	01:03:54	01:03:24	00:12:04	00:50:52
292	255	JOAO M S MENDES	M	47	40	M4549	ESTRELA CA FC	01:03:55	01:03:47	00:10:37	00:50:22
293	1269	JOAO BORGES	M	37	130	M2039	INDIVIDUAL	01:03:55	01:03:55	00:13:40	00:51:11
294	505	JOAQUIM PEREIRA	M	64	4	M6064	CR LEOES P SALVO	01:03:56	01:02:58	00:12:20	00:50:39
295	2049	ANTONIO BATALHA	M	58	15	M5559	SCALABIS N RUNNERS	01:03:58	01:03:27	00:11:28	00:50:28
296	2081	MARIO NETO	M	35	131	M2039	OS SANTARENOS	01:04:00	01:03:33	00:11:17	00:50:25
297	1506	GONCALO FERREIRA	M	39	132	M2039	GD INE	01:04:02	01:03:56	00:10:47	00:50:26
298	289	DIRIO L S COELHO	M	35	133	M2039	AA CARTAXENSE	01:04:05	01:03:51	00:11:25	00:50:53
299	1139	MARIO DUARTE	M	54	32	M5054	GDR FIGUEIRAS	01:04:08	01:03:58	00:10:46	00:50:26
300	21	PAULO J R CARVALHO	M	36	134	M2039	ACAVENTURA	01:04:09	01:02:10	00:14:31	00:51:42
301	137	NUNO D ALMEIDA	M	40	67	M4044	RUN 4 FUN	01:04:09	01:03:16	00:11:59	00:50:49
302	649	NUNO D ALMEIDA	M	39	135	M2039	C MILLENNIUMBPC	01:04:09	01:03:15	00:11:59	00:50:50
303	1408	JOAQUIM ALEXANDRE	M	46	41	M4549	URD ARRANHO	01:04:09	01:03:36	00:12:47	00:51:05
304	2280	JOSE GABRIEL	M	62	5	M6064	C VETERANOS LIS	01:04:09	01:04:03	00:10:56	00:50:27
305	1010	ADOLFO LEAL	M	45	42	M4549	REST O CARTAXEIRO	01:04:11	01:03:50	00:11:46	00:50:49
306	1346	JOSE OLIVEIRA	M	44	68	M4044	INDIVIDUAL	01:04:14	01:04:06	00:11:11	00:50:41
307	1347	FRANCISCO CUNHA	M	46	43	M4549	INDIVIDUAL	01:04:14	01:04:06	00:11:10	00:50:41
308	2143	ALBERTO BELO	M	46	44	M4549	GELPINHOS	01:04:14	01:03:54	00:11:05	00:50:45
309	1221	JOSE MONTEIRO	M	41	69	M4044	INDIVIDUAL	01:04:15	01:01:57	00:14:17	00:51:37
310	2352	LUIS BOTELHO	M	34	136	M2039	CA OBIDOS	01:04:19	01:04:04	00:11:02	00:50:28
311	1598	DANIEL AUGUSTO	M	30	137	M2039	CAS	01:04:20	01:02:06	00:15:11	00:52:09
312	474	NUNO M ALVES	M	35	138	M2039	INDIVIDUAL	01:04:23	01:02:47	00:14:19	00:52:08
313	782	ANTONIO FRANCO	M	39	139	M2039	INDIVIDUAL	01:04:23	01:03:48	00:11:51	00:51:01
314	2433	LUIS PEDROSA	M	45	45	M4549	ID VIEIRENSE	01:04:26	01:03:49	00:12:13	00:51:14
315	2509	DAVID FAUSTINO	M	46	46	M4549	SS CGD	01:04:26	01:04:11	00:10:43	00:50:35
316	1154	JOSE BOUCEIRO	M	47	47	M4549	ADCR P JUDICIARIA	01:04:30	01:04:15	00:11:03	00:50:49
317	2351	JORGE SERRAZINA	M	56	16	M5559	CA OBIDOS	01:04:31	01:02:09	00:14:28	00:51:41
318	2034	SAMUEL DAVID	M	22	140	M2039	OS ZATOPQUES	01:04:33	01:02:21	00:14:04	00:51:42

319	1918	HERCULANO DOMINGUES	M	57	17	M5559	AM ATIBA	01:04:35	01:03:59	00:11:49	00:50:44
320	1150	JOAO LOURENCO	M	46	48	M4549	INDIVIDUAL	01:04:37	01:04:20	00:10:58	00:50:48
321	1722	JOSUE FRANCISCO	M	41	70	M4044	SR CAMARNAL	01:04:39	01:04:17	00:11:42	00:50:48
322	497	FILIFE M P CARVALHEIRO	M	48	49	M4549	GAU BAJOUCA	01:04:43	01:04:31	00:10:57	00:50:39
323	1402	PEDRO NASCIMENTO	M	34	141	M2039	INDIVIDUAL	01:04:44	01:04:17	00:11:40	00:51:04
324	1811	CARLOS JACINTO	M	39	142	M2039	ACR SOUTOS	01:04:46	01:04:35	00:10:20	00:49:52
325	2302	LUIS P T JESUS	M	37	143	M2039	GCA DONAS	01:04:46	01:04:40	00:10:36	00:49:50
326	129	CARLOS MARTINS	M	46	50	M4549	RUN 4 FUN	01:04:48	01:04:00	00:12:36	00:51:43
327	1383	VITOR RIBEIRO	M	51	33	M5054	CA BARREIRA	01:04:48	01:04:22	00:11:49	00:51:19
328	2406	VITOR MANSO	M	50	34	M5054	GA FREG VIDAIS	01:04:48	01:04:31	00:11:47	00:51:16
329	2033	GUILHERME DAVID	M	51	35	M5054	OS ZATOPEQUES	01:04:50	01:02:41	00:14:04	00:51:50
330	1193	JOAQUIM BELO	M	45	51	M4549	INDIVIDUAL	01:04:52	01:03:59	00:12:37	00:51:35
331	857	JORGE P S ANTUNES	M	40	71	M4044	ARSC TOLEDO	01:04:56	01:04:39	00:11:21	00:51:13
332	1983	PAULO MORADIAS	M	47	52	M4549	AÇOREANA C BANIF	01:04:57	01:04:43	00:11:03	00:51:15
333	995	CARLOS M JACINTO	M	42	72	M4044	INDIVIDUAL	01:04:59	01:04:46	00:11:23	00:51:28
334	1380	SARA DE BRITO	F	42	3	F4044	CA BARREIRA	01:05:00	01:04:53	00:11:00	00:51:04
335	2220	JOSE GORDILHO	M	48	53	M4549	CAA BELEM	01:05:00	01:04:37	00:11:33	00:51:04
336	1695	JOAO JESUS	M	36	144	M2039	GD SANTANDER TOTTA	01:05:01	01:05:01	00:09:44	00:50:45
337	740	VITOR M GONCALVES	M	37	145	M2039	INDIVIDUAL	01:05:03	01:05:03	00:12:05	00:51:44
338	1548	JOAQUIM GOMES	M	60	6	M6064	CPR A BARBAS	01:05:04	01:04:53	00:10:57	00:50:38
339	584	JOAQUIM CAPELA	M	40	73	M4044	C BENFICA ALHANDRA	01:05:09	01:04:48	00:11:20	00:51:25
340	514	SERGIO MACATRAO	M	56	18	M5559	BV BOMBARRAL	01:05:10	01:03:12	00:14:21	00:52:29
341	1652	MARCO FREITAS	M	38	146	M2039	C BENFICA ALG M MARTINS	01:05:10	01:04:18	00:11:55	00:51:31
342	1974	LUCIA OLIVEIRA	F	33	6	F2039	AÇOREANA C BANIF	01:05:10	01:05:03	00:11:02	00:51:21
343	1601	ANA CUNHA	F	29	7	F2039	MG333	01:05:11	01:05:11	#N/D	#N/D
344	1809	JOSE AGOSTINHO	M	55	19	M5559	CA BARREIRA	01:05:11	01:05:11	00:12:17	00:52:04
345	1959	FERNANDO FIGUEIREDO	M	42	74	M4044	AM ATIBA	01:05:11	01:04:30	00:12:52	00:52:00
346	1818	JORGE GAMEIRO	M	51	36	M5054	ACR SOUTOS	01:05:13	01:05:01	00:11:21	00:51:36
347	2120	JORGE FERREIRA	M	47	54	M4549	GELPINHOS	01:05:14	01:04:55	00:12:03	00:51:16
348	1393	PAULO FERREIRA	M	45	55	M4549	CA BARREIRA	01:05:18	01:04:48	00:11:59	00:51:23
349	2521	ORLINDO FIGUEIREDO	M	64	7	M6064	SS CGD	01:05:20	01:05:20	00:11:14	00:51:41
350	441	LUIS QUEIROS	M	39	147	M2039	INDIVIDUAL	01:05:21	01:04:32	00:12:37	00:51:58
351	1816	MARIO CARVALHO	M	37	148	M2039	ACR SOUTOS	01:05:22	01:04:11	00:13:07	00:52:28
352	2188	RUI MARTINS	M	26	149	M2039	CLUBE VODAFONE	01:05:23	01:05:16	00:10:29	00:51:08
353	892	JOSE A SILVA	M	38	150	M2039	CN EQUIPA ESPIRAL	01:05:25	01:04:22	00:12:47	00:52:02
354	1445	TIAGO TRINDADE	M	28	151	M2039	INDIVIDUAL	01:05:25	01:04:59	00:12:19	00:52:22
355	2559	AMERICO IMPERADEIRO	M	40	75	M4044	OS BRAGUINHAS	01:05:25	01:04:18	00:13:20	00:52:18
356	1360	ANTONIO AGOSTINHO	M	57	20	M5559	CA BARREIRA	01:05:29	01:04:59	00:12:14	00:52:07
357	1390	RUI PEREIRA	M	55	21	M5559	CA BARREIRA	01:05:32	01:05:18	00:11:12	00:51:39
358	1186	MIGUEL ROCHA	M	39	152	M2039	INDIVIDUAL	01:05:33	01:05:15	00:11:12	00:51:22
359	1677	ANTONIO MARQUES	M	48	56	M4549	C SARGENTO ARMADA	01:05:33	01:05:20	00:10:54	00:51:36
360	1120	DAVID KARIM	M	33	153	M2039	INDIVIDUAL	01:05:36	01:04:13	00:13:29	00:52:37
361	2125	CARLOS PACHECO	M	50	37	M5054	GELPINHOS	01:05:37	01:03:16	00:15:05	00:53:18
362	1660	JOSE ROLDAO	M	50	38	M5054	C BENFICA ALG M MARTINS	01:05:39	01:05:13	00:12:05	00:51:39
363	1539	SERGIO CONTENTE	M	37	154	M2039	INDIVIDUAL	01:05:40	01:05:17	00:11:55	00:51:44
364	2516	JOAQUIM FRADE	M	56	22	M5559	SS CGD	01:05:42	01:05:22	00:11:34	00:51:40
365	1550	NUNO JORGE	M	37	155	M2039	CPR A BARBAS	01:05:43	01:05:16	00:12:00	00:52:09
366	602	PEDRO MOURAO	M	51	39	M5054	GEORUNNERS	01:05:44	01:04:11	00:13:50	00:52:58
367	685	MARTINHO V PACHECO	M	58	23	M5559	INDIVIDUAL	01:05:45	01:05:14	00:12:20	00:52:16
368	947	LUCAS DELGADO	M	59	24	M5559	GDCR ZAMBUJEIRA/ CALVO	01:05:46	01:05:33	00:11:09	00:51:38
369	1783	QUELUTAM TURE	M	48	57	M4549	NS SAO MIGUEL	01:05:46	01:05:06	00:12:23	00:52:42
370	840	HUGO MAGALHAES	M	36	156	M2039	GP RUNNERS	01:05:47	01:04:56	00:12:28	00:52:11
371	909	PAULO J P MENDONCA	M	46	58	M4549	ATENEU	01:05:47	01:05:28	00:11:25	00:51:35
372	1955	ARNALDO BRAGANCA	M	55	25	M5559	AM ATIBA	01:05:51	01:05:09	00:12:52	00:51:59
373	2496	VITOR JORGE	M	50	40	M5054	MIRANTENSE FC	01:05:52	01:05:27	00:12:05	00:52:20

374	942	LEOPOLDO FERNANDES	M	56	26	M5559	GDCR ZAMBUJEIRA/ CALVO	01:05:54	01:04:21	00:14:05	00:53:14
375	1726	ANTONIO FRADE	M	37	157	M2039	OS CHICOS	01:05:54	01:05:09	00:12:44	00:52:10
376	237	RUI FALCAO	M	50	41	M5054	FALCOES SELVAGENS	01:05:56	01:03:12	00:14:58	00:53:01
377	2090	FERNANDO ALVES	M	46	59	M4549	AA MAFRA	01:05:56	01:05:23	00:11:53	00:52:24
378	2463	CARLOS BAPTISTA	M	52	42	M5054	INDIVIDUAL	01:05:58	01:05:52	00:10:56	00:51:55
379	2464	CESAR FERREIRA	M	28	158	M2039	INDIVIDUAL	01:05:59	01:05:59	00:10:55	#N/D
380	249	FERNANDO FIGUEIREDO	M	46	60	M4549	FALCOES SELVAGENS	01:06:00	01:03:15	00:15:09	00:53:25
381	1605	LUIS ESTRELINHA	M	48	61	M4549	CA BARREIRA	01:06:00	01:05:20	00:12:43	00:52:34
382	2418	JOAO VIGIA	M	39	159	M2039	ID VIEIRENSE	01:06:00	01:05:19	00:11:43	00:52:18
383	1954	CARLOS LOPES	M	49	62	M4549	AM ATIBA	01:06:03	01:05:25	00:12:22	00:52:34
384	1831	AMERICO AMARO	M	51	43	M5054	10 PRAS 11	01:06:05	01:05:52	00:11:30	00:52:10
385	2288	RICARDO MONTEIRO	M	36	160	M2039	C VETERANOS LIS	01:06:07	01:04:56	00:12:53	00:52:35
386	580	PAULO CORREIA	M	37	161	M2039	INDIVIDUAL	01:06:09	01:05:14	00:13:02	00:52:51
387	2148	LUIS F PEREIRA	M	50	44	M5054	GELPINHOS	01:06:09	01:05:07	00:12:37	00:52:19
388	435	ANTONIO CARDOSO	M	45	63	M4549	INDIVIDUAL	01:06:10	01:05:24	00:12:59	00:53:17
389	688	NUNO SANTOS	M	31	162	M2039	INDIVIDUAL	01:06:11	01:05:41	00:12:12	00:52:24
390	2165	FILIPPE LIMA	M	35	163	M2039	GD SANTANDER TOTTA	01:06:12	01:05:09	00:13:15	00:52:59
391	2380	CHARLES CUSTODIO	M	23	164	M2039	AC S MAMEDE	01:06:12	01:03:50	00:15:05	00:53:35
392	2181	HELDER F BRANCO	M	40	76	M4044	CLUBE VODAFONE	01:06:14	01:05:28	00:12:21	00:52:19
393	8	JOAO P G PIRES	M	37	165	M2039	INDIVIDUAL	01:06:16	01:05:58	00:11:05	00:52:15
394	1664	JOSE PINTO	M	28	166	M2039	C BENFICA ALG M MARTINS	01:06:18	01:04:46	00:13:39	00:53:12
395	2501	RODRIGO SILVA	M	45	64	M4549	MIRANTENSE FC	01:06:19	01:06:02	00:11:43	00:52:49
396	271	PEDRO N C AMARAL	M	46	65	M4549	HERE FOR BEER	01:06:22	01:05:21	00:13:28	00:53:09
397	1873	DAVID E B CABRITA	M	30	167	M2039	INDIVIDUAL	01:06:23	01:04:51	00:13:41	00:52:56
398	1573	CARLOS ADAO	M	61	8	M6064	GD COSTA BRAVA	01:06:26	01:06:17	00:11:40	00:52:26
399	730	CARLA RIBEIRO	F	30	8	F2039	INDIVIDUAL	01:06:27	01:06:12	00:11:21	00:52:19
400	1097	ANTONIO CARVALHO	M	54	45	M5054	MADURO ATHLETICS	01:06:27	01:06:23	00:10:45	00:51:50
401	1357	ANTONIO SILVA	M	61	9	M6064	CA BARREIRA	01:06:28	01:05:50	00:12:32	00:52:44
402	1603	RUI J P PAREDES	M	37	168	M2039	INDIVIDUAL	01:06:28	01:05:38	00:12:48	00:52:41
403	2078	PAULO CORREIA	M	46	66	M4549	OS SANTARENOS	01:06:28	01:06:04	00:11:25	00:52:30
404	672	CLAUDIO CANAVILHAS	M	29	169	M2039	INDIVIDUAL	01:06:29	01:06:06	00:11:34	00:52:06
405	722	JOAO FARINHA	M	25	170	M2039	AC PORTALEGRE	01:06:30	01:04:35	00:13:59	00:53:14
406	423	NUNO M LOPES	M	36	171	M2039	CARACOIS CORRIDA	01:06:32	01:05:12	00:13:00	00:52:48
407	504	MANUEL ARAUJO	M	51	46	M5054	CR LEOES P SALVO	01:06:34	01:06:07	00:11:44	00:51:59
408	1040	JOAQUIM MARTINS	M	52	47	M5054	CCD O ALVITEJO	01:06:34	01:05:45	00:12:52	00:52:44
409	313	JOAO L A CARMO	M	22	172	M2039	INDIVIDUAL	01:06:35	01:06:15	00:12:29	00:53:23
410	1039	JOSE FERNANDES	M	52	48	M5054	CCD O ALVITEJO	01:06:35	01:05:44	00:12:35	00:52:44
411	2145	TONY ANACLETO	M	29	173	M2039	GELPINHOS	01:06:36	01:06:12	00:12:06	00:52:32
412	920	FERNANDO CORREIA	M	47	67	M4549	GRD RIBEIRA LAGE	01:06:37	01:06:14	00:11:40	00:52:37
413	919	JOSE AVEIRO	M	36	174	M2039	CAA PARQUE PAZ	01:06:38	01:05:19	00:13:44	00:53:14
414	1874	TIAGO M S ALBANO	M	28	175	M2039	INDIVIDUAL	01:06:38	01:05:07	00:13:41	00:52:56
415	1423	OSCAR BATALHA	M	38	176	M2039	INDIVIDUAL	01:06:39	01:06:03	00:12:35	00:52:52
416	1984	PEDRO BURGUETTE	M	37	177	M2039	AÇOREANA C BANIF	01:06:39	01:06:19	00:11:25	00:52:08
417	1063	ARTUR GONCALVES	M	37	178	M2039	AA LEBRES SADO	01:06:41	01:04:59	00:13:51	00:53:13
418	1560	PEDRO A MARQUES	M	37	179	M2039	INDIVIDUAL	01:06:42	01:06:05	00:12:46	00:53:24
419	2297	RUI M G MILA	M	22	180	M2039	GCA DONAS	01:06:42	01:06:02	00:13:05	00:53:13
420	26	LUIS M C NEVES	M	34	181	M2039	MARINHAI AC	01:06:45	01:05:59	00:12:21	00:52:40
421	1687	CARLOS TEIXEIRA	M	39	182	M2039	GD SANTANDER TOTTA	01:06:45	01:05:57	00:12:33	00:52:54
422	2294	MARCIO J O SANTOS	M	33	183	M2039	INDIVIDUAL	01:06:45	01:04:12	00:13:59	00:52:46
423	1981	NUNO SABINO	M	34	184	M2039	AÇOREANA C BANIF	01:06:46	01:05:54	00:12:51	00:52:41
424	710	RUBEN M SILVA	M	24	185	M2039	RUN 4 FUN	01:06:47	01:04:19	00:14:20	00:53:23
425	469	JOAO CATELA	M	53	49	M5054	VETERANOS TEIXOSO	01:06:49	01:06:38	00:11:25	00:52:48
426	1525	MARIO PITE	M	35	186	M2039	MAXIGYM	01:06:50	01:05:38	00:12:49	00:52:38
427	663	SANDRO M JORDAO	M	30	187	M2039	C MILLENNIUMBCP	01:06:51	01:05:49	00:12:21	00:53:10
428	1319	TIAGO V MACHADO	M	39	188	M2039	INDIVIDUAL	01:06:56	01:05:17	00:13:52	00:53:44



429	1990	ANTONIO INACIO	M	56	27	M5559	MADURO ATHLETICS	01:06:56	01:06:44	00:11:08	00:52:28
430	31	MIGUEL SANTOS	M	29	189	M2039	INDIVIDUAL	01:06:57	01:04:20	00:15:07	00:53:53
431	1546	MARCO SOUSA	M	23	190	M2039	CPR A BARBAS	01:06:58	01:06:46	00:10:55	00:51:41
432	2372	AMILCAR AMORIM	M	44	77	M4044	CP PONTEVEL	01:06:58	01:06:36	00:12:31	00:53:23
433	1034	VASCO LOURENCO	M	44	78	M4044	CCD O ALVITEJO	01:07:02	01:05:42	00:13:13	00:53:09
434	673	RICARDO VITORINO	M	30	191	M2039	OUR TEAM	01:07:03	01:06:19	00:11:59	00:53:05
435	702	VICTOR PINTO	M	49	68	M4549	ATOMIC TEAM	01:07:04	01:05:55	00:13:38	00:53:31
436	173	VITOR SIMOES	M	52	50	M5054	HERE FOR BEER	01:07:05	01:06:05	00:13:01	00:53:11
437	346	LUIS MIGUEL ROQUE	M	42	79	M4044	CA PARQUE PAZ	01:07:06	01:06:16	00:12:31	00:53:03
438	2569	JOSE AFINS	M	43	80	M4044	OS BRAGUINHAS	01:07:06	01:06:00	00:13:20	00:53:14
439	557	CARLOS FONSECA	M	52	51	M5054	AÇOREANA C BANIF	01:07:07	01:06:39	00:12:10	00:53:29
440	1382	VICTOR PARREIRA	M	59	28	M5559	CA BARREIRA	01:07:07	01:06:28	#N/D	00:53:19
441	1427	CARLOS M FILIPE	M	46	69	M4549	RAPOTAXO	01:07:07	01:07:00	00:11:19	00:53:10
442	1971	FRANCISCO CACADA	M	47	70	M4549	AÇOREANA C BANIF	01:07:07	01:06:53	00:11:08	00:52:50
443	859	JOAO M O BENTO	M	43	81	M4044	ARSC TOLEDO	01:07:08	01:06:52	00:11:22	00:52:50
444	1888	RICARDO L TAVARES	M	30	192	M2039	CN ALVITO	01:07:10	01:06:10	00:12:46	00:53:21
445	50	VITOR A S CARDOSO	M	33	193	M2039	INDIVIDUAL	01:07:12	01:06:25	00:13:04	00:53:17
446	627	ERIC LESCA	M	35	194	M2039	INDIVIDUAL	01:07:13	01:06:59	00:11:58	00:53:34
447	1748	ERNESTO HEITOR	M	43	82	M4044	C BENFICA ABRANTES	01:07:14	01:07:05	00:11:28	00:53:25
448	541	CARLOS VELUDO	M	30	195	M2039	AMIGOS B	01:07:15	01:06:43	00:12:32	00:53:35
449	1780	PAULO MARQUES	M	37	196	M2039	NS SAO MIGUEL	01:07:17	01:06:40	00:12:18	00:53:14
450	149	NUNO TEMPERA	M	42	83	M4044	RUN 4 FUN	01:07:18	01:06:24	00:12:44	00:53:30
451	23	RICARDO J B SANTOS	M	24	197	M2039	INDIVIDUAL	01:07:21	01:07:14	00:11:12	00:53:25
452	1844	NUNO CLEMENTE	M	39	198	M2039	CARAPAU CORRIDA	01:07:21	01:07:00	00:11:27	00:52:23
453	647	PAULO C PAIS	M	46	71	M4549	C MILLENNIUMBCP	01:07:22	01:07:03	00:12:06	00:53:20
454	973	ALFREDO POZUELO	M	40	84	M4044	GOLD TEAM	01:07:22	01:06:40	00:12:36	00:53:18
455	2133	RUI M TEOTONIO	M	40	85	M4044	GELPINHOS	01:07:24	01:07:06	00:12:04	00:53:15
456	86	JOAO MARREIROS	M	48	72	M4549	INDIVIDUAL	01:07:26	01:07:08	00:12:05	00:53:22
457	503	LUIS AIRES	M	41	86	M4044	CR LEOES P SALVO	01:07:27	01:06:28	00:13:10	00:54:13
458	1991	NUNO MOITA	M	27	199	M2039	ROCKNROLL	01:07:28	01:04:49	00:15:00	00:54:23
459	1643	HELIO PATRICIO	M	40	87	M4044	C BENFICA ALG M MARTINS	01:07:30	01:05:58	00:14:30	00:53:57
460	612	PAULO R D PEREIRA	M	35	200	M2039	INDIVIDUAL	01:07:32	01:06:26	00:12:59	00:53:32
461	1283	JORGE MELO	M	27	201	M2039	INDIVIDUAL	01:07:33	01:06:20	00:13:01	00:53:33
462	1142	EVANGELINO CARDEIRA	M	55	29	M5559	GDR FIGUEIRAS	01:07:35	01:06:55	00:12:53	00:53:39
463	2425	RICARDO VICENTE	M	49	73	M4549	ID VIEIRENSE	01:07:35	01:06:58	00:12:39	00:53:39
464	1374	LUIS COTRIM	M	46	74	M4549	CA BARREIRA	01:07:36	01:06:55	00:12:37	00:53:36
465	914	ANIBAL GODINHO	M	48	75	M4549	INDIVIDUAL	01:07:37	01:05:32	00:14:44	00:54:25
466	2442	ANTONIO VITORINO	M	43	88	M4044	INDIVIDUAL	01:07:37	01:07:13	00:12:06	00:53:08
467	407	PEDRO A M VIEIRA	M	33	202	M2039	INDIVIDUAL	01:07:38	01:07:14	00:12:07	00:53:08
468	1787	LEONEL SELEIRO	M	55	30	M5559	NS SAO MIGUEL	01:07:39	01:07:23	00:11:19	00:53:15
469	1341	MIGUEL CABRITA	M	34	203	M2039	CASCAIS PANDILHA I	01:07:41	01:06:23	00:13:12	00:53:51
470	1011	ARLINDO PAIXAO	M	49	76	M4549	REST O CARTAXEIRO	01:07:42	01:07:21	00:12:21	00:53:44
471	312	PEDRO A B RIBEIRO	M	24	204	M2039	INDIVIDUAL	01:07:43	01:07:22	00:12:29	00:53:26
472	1540	CARLOS RIBEIRO	M	50	52	M5054	INDIVIDUAL	01:07:43	01:07:23	00:11:21	00:53:27
473	1571	PAULO M VITOR	M	44	89	M4044	GD COSTA BRAVA	01:07:43	01:07:09	00:12:46	00:53:52
474	991	LUIS F C SILVA	M	27	205	M2039	INDIVIDUAL	01:07:44	01:06:13	00:14:18	00:54:32
475	67	MARIO SILVA	M	48	77	M4549	INDIVIDUAL	01:07:45	01:07:15	00:12:50	00:54:35
476	1451	FERNANDO M P SILVA	M	47	78	M4549	PASSEANTES S PEDRO	01:07:45	01:07:33	00:10:53	00:53:28
477	1815	RUI CARREIRA	M	49	79	M4549	ACR SOUTOS	01:07:47	01:07:36	00:11:26	00:53:34
478	2018	CARLOS REBOLA	M	38	206	M2039	LAPQN	01:07:51	01:07:19	00:12:20	00:53:38
479	2571	ANTONIO RODRIGUES	M	56	31	M5559	OS BRAGUINHAS	01:07:54	01:07:47	00:10:52	00:52:53
480	2487	ALEXANDRE SOUSA	M	45	80	M4549	CSP CM PENICHE	01:07:55	01:07:24	00:12:20	00:53:51
481	2514	ISABEL MOLEIRO	F	44	4	F4044	SS CGD	01:07:56	01:07:42	00:11:26	00:53:22
482	2539	ÓCTAVIO AFONSO	M	51	53	M5054	OS BRAGUINHAS	01:07:56	01:06:48	00:13:50	00:54:23
483	2315	NUNO F F ESTEVAO	M	28	207	M2039	INDIVIDUAL	01:07:57	01:07:45	00:12:00	00:54:15

484	471	JOAQUIM PESSOA	M	54	54	M5054	VETERANOS CONDEIXA	01:07:58	01:06:50	00:13:54	00:54:33
485	342	NUNO GOMES	M	42	90	M4044	CA PARQUE PAZ	01:07:59	01:07:48	00:11:35	00:53:38
486	714	HILARIO TORRES	M	52	55	M5054	RUN 4 FUN	01:07:59	01:07:00	00:13:08	00:54:31
487	1407	EDGAR FRANCISCO	M	46	81	M4549	URD ARRANHO	01:08:00	01:07:29	00:12:57	00:54:14
488	2450	LUIS MARTINS	M	48	82	M4549	OS PINHEIROS	01:08:00	01:06:33	00:14:01	00:54:21
489	93	JOAO OLIVAL	M	42	91	M4044	INDIVIDUAL	01:08:01	01:07:18	00:12:43	00:54:03
490	12	MESSIAS S DIAS	M	41	92	M4044	GIRA SOL	01:08:02	01:08:02	#N/D	#N/D
491	2284	JACINTO FERREIRA	M	55	32	M5559	C VETERANOS LIS	01:08:02	01:08:02	#N/D	#N/D
492	684	LUIS NUNES	M	39	208	M2039	INDIVIDUAL	01:08:03	01:07:09	00:12:34	00:54:12
493	2304	RICARDO OLIVEIRA	M	34	209	M2039	INDIVIDUAL	01:08:03	01:07:06	00:14:04	00:54:42
494	2462	MANUEL BENTO	M	35	210	M2039	INDIVIDUAL	01:08:03	01:07:27	00:13:00	00:54:18
495	1213	JOAO REIS	M	41	93	M4044	INDIVIDUAL	01:08:04	01:07:45	00:12:04	00:54:13
496	1342	WALTER SAMPAIO	M	39	211	M2039	CASCAIS PANDILHA I	01:08:04	01:06:42	00:13:55	00:54:33
497	154	PEDRO M S FERNANDES	M	38	212	M2039	INDIVIDUAL	01:08:05	01:07:36	00:12:12	00:53:40
498	861	CARLOS A B E ALEBRE	M	51	56	M5054	ARSC TOLEDO	01:08:06	01:07:28	00:12:45	00:54:16
499	525	MARCO FILIPE	M	36	213	M2039	INDIVIDUAL	01:08:07	01:06:52	00:13:54	00:54:56
500	1635	ANTONIO COELHO	M	56	33	M5559	C BENFICA ALG M MARTINS	01:08:07	01:07:24	00:13:44	00:54:32
501	2461	ARMANDO CORREIA	M	30	214	M2039	INDIVIDUAL	01:08:07	01:07:30	00:13:01	00:54:18
502	962	MIGUEL F G MENEZES	M	40	94	M4044	INDIVIDUAL	01:08:08	01:07:26	00:12:43	00:54:03
503	827	EDUARDO LUIS	M	34	215	M2039	ATOMIC TEAM	01:08:09	01:07:01	00:13:39	00:54:29
504	1012	FERNANDO CARREIRO	M	50	57	M5054	REST O CARTAXEIRO	01:08:10	01:07:48	00:11:45	00:53:30
505	1187	CARLA DIAS	F	34	9	F2039	AC PORTALEGRE	01:08:10	01:06:23	00:13:50	00:54:17
506	2002	JOSE FONSECA	M	47	83	M4549	UFCI TOMAR	01:08:10	01:07:22	00:13:06	00:54:17
507	2129	RUI S DIAS	M	54	58	M5054	GELPINHOS	01:08:10	01:07:41	00:12:22	00:53:34
508	2142	LUIS NUNES	M	52	59	M5054	GELPINHOS	01:08:10	01:08:00	00:11:40	00:53:37
509	397	VITOR CARVALHO	M	50	60	M5054	GAB FISIO DESPORTO	01:08:12	01:07:27	00:12:43	00:53:55
510	2435	ALBERTO VINAGRE	M	49	84	M4549	ID VIEIRENSE	01:08:13	01:07:37	00:12:29	00:53:58
511	2525	TIAGO AVELAS	M	37	216	M2039	SS CGD	01:08:15	01:07:18	00:12:57	00:54:19
512	2310	LUIS MACHADO	M	30	217	M2039	INDIVIDUAL	01:08:16	01:06:26	00:14:43	00:54:55
513	669	EDUARDO A RODRIGUES	M	49	85	M4549	C MILLENNIUMBCP	01:08:17	01:07:47	00:13:08	00:54:29
514	1709	PEDRO J A SESOES	M	45	86	M4549	ALHANDRA	01:08:17	01:07:41	00:12:24	00:54:06
515	2468	JORGE ALVES	M	47	87	M4549	PAPALEGUAS TEAM	01:08:17	01:06:36	00:14:38	00:54:58
516	24	FLAVIO A S VIEIRA	M	23	218	M2039	INDIVIDUAL	01:08:18	01:08:11	00:11:11	00:53:25
517	1163	CARLOS NABICA	M	48	88	M4549	CD GRUPO BES	01:08:19	01:07:58	00:12:27	00:54:23
518	1234	RUI REBELO	M	28	219	M2039	MARMANIRUNNERS	01:08:20	01:05:30	00:16:18	00:55:25
519	694	PAULO J M ALVES	M	42	95	M4044	INDIVIDUAL	01:08:21	01:07:31	00:13:03	00:54:27
520	926	RUI L R PRATAS	M	39	220	M2039	PEDALNATURE	01:08:21	01:07:47	00:12:41	00:54:27
521	2127	NUNO ALMEIDA	M	44	96	M4044	GELPINHOS	01:08:22	01:08:13	00:11:08	00:53:53
522	211	BENTO M C PALMA	M	38	221	M2039	BEJA AC	01:08:26	01:08:26	00:13:03	00:54:13
523	2484	ANTONIO NASCIMENTO	M	54	61	M5054	SS CGD	01:08:26	01:07:22	00:13:32	00:54:39
524	2405	ZE LUIS	M	36	222	M2039	GA FREG VIDAIS	01:08:27	01:07:58	00:12:06	00:53:58
525	1821	ANTONIO M V G LOPES	M	45	89	M4549	ACR SANTA CITA	01:08:29	01:07:39	00:12:57	00:54:10
526	1602	LUIS F L SALGUEIRO	M	54	62	M5054	INDIVIDUAL	01:08:30	01:07:40	00:13:31	00:54:49
527	1820	FRANCISCO J C RODRIGUES	M	40	97	M4044	ACR SANTA CITA	01:08:30	01:07:42	00:12:58	00:54:10
528	2497	NATALIA PINTO	F	50	3	F4599	MIRANTENSE FC	01:08:30	01:07:40	00:13:32	00:54:48
529	1203	RUI FIGUEIREDO	M	33	223	M2039	INDIVIDUAL	01:08:31	01:07:40	00:12:52	00:54:06
530	1378	MIGUEL SARAIVA	M	44	98	M4044	CA BARREIRA	01:08:32	01:08:03	00:12:21	00:54:23
531	1736	JOAO COSTA	M	60	10	M6064	GDC BANCO PORTUGAL	01:08:33	01:07:32	00:13:08	00:53:48
532	2472	RUI SALES	M	45	90	M4549	OS CARREGEIRENSES	01:08:34	01:08:14	00:12:25	00:54:22
533	865	LUIS M F MONTEIRO	M	43	99	M4044	ATENEU	01:08:35	01:07:32	00:13:46	00:54:46
534	1592	PAULO LUZ	M	45	91	M4549	GD BANCO BPI	01:08:35	01:08:03	00:12:39	00:54:46
535	326	BARROS COSTA	M	56	34	M5559	CCDT METRO LX	01:08:38	01:05:52	00:15:33	00:55:25
536	1597	CARLOS CARDOSO	M	60	11	M6064	GD BANCO BPI	01:08:38	01:07:07	00:13:57	00:55:05
537	1793	JOSE RODRIGUES	M	52	63	M5054	NS SAO MIGUEL	01:08:38	01:08:11	00:12:35	00:54:29
538	1965	ALEXANDRA ALVES	F	29	10	F2039	AÇOREANA C BANIF	01:08:38	01:08:20	00:11:28	00:53:56

539	2324	ALEXANDRE M M FERREIRA	M	37	224	M2039	NS LOURINHA	01:08:38	01:08:28	00:11:09	00:53:54
540	1386	JOAO VALENTIM	M	52	64	M5054	CA BARREIRA	01:08:39	01:08:00	00:12:58	00:54:11
541	2047	PAULO BASILIO	M	44	100	M4044	OS ZATOPEQUES	01:08:39	01:07:01	00:14:13	00:54:55
542	2400	JOSE DUARTE	M	50	65	M5054	GA FREG VIDAIS	01:08:39	01:08:07	00:12:35	00:54:10
543	324	ANTONIO GONCALVES	M	47	92	M4549	CCDT METRO LX	01:08:40	01:05:55	00:15:34	00:55:25
544	1388	ALBANO FERREIRA	M	62	12	M6064	CA BARREIRA	01:08:43	01:08:17	00:12:20	00:54:13
545	2289	DIOGO FERREIRA	M	31	225	M2039	C VETERANOS LIS	01:08:44	01:07:28	00:14:10	00:55:02
546	2473	ANTONIO BERNARDES	M	62	13	M6064	OS CARREGEIRENSES	01:08:44	01:08:23	00:12:24	00:54:22
547	406	PAULO ALVES	M	27	226	M2039	LEBRES OUTURELA	01:08:45	01:08:03	00:12:26	00:53:46
548	78	NUNO FERREIRA	M	32	227	M2039	C ORIENTAÇÃO CENTRO	01:08:46	01:07:31	00:13:53	00:55:00
549	2309	JOAO ESTEVES	M	43	101	M4044	PANELA MAGICA	01:08:46	01:07:40	00:14:24	00:54:52
550	3000	Atleta Não Cadastrado	M	0	1	M0019		01:08:47	01:08:47	#N/D	#N/D
551	349	ARSENIO FERNANDES	M	56	35	M5559	CA PARQUE PAZ	01:08:49	01:07:53	00:13:10	00:54:21
552	1979	FERNANDO ANDRADE	M	57	36	M5559	AÇOREANA C BANIF	01:08:49	01:08:16	00:12:25	00:54:39
553	1784	BERNARDO GRADISSIMO	M	53	66	M5054	NS SAO MIGUEL	01:08:50	01:08:16	00:12:50	00:54:53
554	748	BRUNO ESPADEIRO	M	34	228	M2039	TO BE PROJECT	01:08:51	01:07:28	00:14:03	00:55:19
555	1853	CARLOS FERNANDES	M	50	67	M5054	INDIVIDUAL	01:08:51	01:07:53	00:13:35	00:55:27
556	2225	RUI M S MACHADO	M	43	102	M4044	INDIVIDUAL	01:08:52	01:08:16	00:12:50	00:54:24
557	464	ANTONIO FUGUEIREDO	M	54	68	M5054	VETERANOS TEIXOSO	01:08:54	01:08:44	00:11:24	00:54:02
558	855	NOEL A A SARREIRA	M	31	229	M2039	ARSC TOLEDO	01:08:54	01:08:36	00:12:04	00:54:30
559	2314	PAULA LEMOS	F	45	4	F4599	GARMIN/ CO OEIRAS	01:08:54	01:08:35	00:12:18	00:54:23
560	860	ANTONIO I A FERNANDES	M	48	93	M4549	ARSC TOLEDO	01:08:55	01:08:39	00:12:05	00:54:30
561	1578	RICARDO D F LUCAS	M	33	230	M2039	INDIVIDUAL	01:08:55	01:07:47	00:13:52	00:55:01
562	2107	HELENA MARTINS	F	50	5	F4599	AA MAFRA	01:08:55	01:08:43	00:11:26	00:54:09
563	1409	EDMUNDO LOURENCO	M	33	231	M2039	URD ARRANHO	01:08:56	01:08:31	00:12:18	00:54:25
564	916	CARLOS SOUSA	M	47	94	M4549	INDIVIDUAL	01:08:57	01:06:54	00:14:45	00:55:01
565	1511	NUNO MARTINS	M	40	103	M4044	GD INE	01:08:57	01:07:12	00:14:05	00:54:58
566	2051	CARLOS TAVARES	M	39	232	M2039	SCALABIS N RUNNERS	01:08:57	01:08:23	00:12:42	00:54:13
567	615	FRANCISCO D ESPERANCA	M	55	37	M5559	INDIVIDUAL	01:08:58	01:08:49	00:11:53	00:54:05
568	590	PEDRO J REIS	M	39	233	M2039	PORTUGAL RUNNING	01:08:59	01:07:28	00:14:36	00:55:09
569	2491	FRANCISCO FERNANDES	M	69	1	M6599	MIRANTENSE FC	01:09:00	01:08:39	00:12:04	00:54:26
570	1013	NUNO ALMEIDA	M	40	104	M4044	REST O CARTAXEIRO	01:09:01	01:08:17	00:12:52	00:54:45
571	1680	DUARTE SARES	M	55	38	M5559	C SARGENTO ARMADA	01:09:03	01:07:17	00:14:14	00:55:24
572	2550	ADOLFO SILVA	M	58	39	M5559	OS BRAGUINHAS	01:09:05	01:07:47	00:13:29	00:54:56
573	719	JOAO E COSTA	M	36	234	M2039	INDIVIDUAL	01:09:06	01:08:13	00:12:35	00:54:35
574	1931	MARCIO PEREIRA	M	32	235	M2039	CTT COIMBRA	01:09:06	01:08:49	00:11:34	00:54:36
575	1082	CARLOS SOARES	M	44	105	M4044	CCRD BURINHOSA	01:09:08	01:08:46	00:12:27	00:54:47
576	1291	JOAO OLIVEIRA	M	36	236	M2039	GDA	01:09:09	01:08:46	00:12:19	00:54:42
577	1705	SALVADOR AFONSO	M	58	40	M5559	GD SANTANDER TOTTA	01:09:10	01:08:57	00:12:25	00:54:41
578	2021	JOAO VIEIRA	M	33	237	M2039	LAPQN	01:09:10	01:08:38	00:11:41	00:53:58
579	954	VALDEMAR F SOUSA	M	50	69	M5054	ADRIANO GUERRA	01:09:11	01:08:47	00:12:49	00:55:00
580	1406	FILIPPE BRANCO	M	42	106	M4044	URD ARRANHO	01:09:12	01:08:39	00:12:51	00:54:37
581	1526	RUBEN BARJONA	M	37	238	M2039	MAXIGYM	01:09:13	01:08:01	00:13:29	00:54:26
582	2036	PAULO FRADE	M	44	107	M4044	OS ZATOPEQUES	01:09:13	01:06:51	00:14:54	00:55:24
583	940	JOAO CALCADA	M	41	108	M4044	GDCR ZAMBUJEIRA/ CALVO	01:09:14	01:08:32	00:12:41	00:54:36
584	2134	ROMEU L RICO	M	43	109	M4044	GELPINHOS	01:09:14	01:08:46	00:12:22	00:54:25
585	213	RUI GERALDES	M	38	239	M2039	RAIL RUNNERS	01:09:15	01:08:27	00:13:11	00:54:54
586	1194	FILIPPE RAMALHO	M	31	240	M2039	INDIVIDUAL	01:09:15	01:08:23	00:13:19	00:54:57
587	2454	PAULO A N GOMES	M	46	95	M4549	PRAZER CORRIDA	01:09:17	01:08:30	00:12:53	00:54:38
588	369	LUIS GRACA	M	42	110	M4044	FALCOES SELVAGENS	01:09:18	01:07:34	00:14:24	00:55:22
589	1368	JOANA GRACIO	F	29	11	F2039	CA BARREIRA	01:09:18	01:08:05	00:13:28	00:55:00
590	1968	CARLA CALCADA	F	42	5	F4044	AÇOREANA C BANIF	01:09:18	01:09:05	00:12:02	00:54:49
591	2486	HENRIQUE COSTA	M	52	70	M5054	CSP CM PENICHE	01:09:18	01:08:49	00:12:20	00:54:41
592	771	ANTERO S F MARTINS	M	20	241	M2039	INDIVIDUAL	01:09:21	01:06:50	00:15:46	00:55:20
593	886	CARLOS SOUSA	M	55	41	M5559	INDIVIDUAL	01:09:21	01:09:00	00:12:34	00:54:40

594	2254	JOSE REIS	M	58	42	M5559	INDIVIDUAL	01:09:23	01:07:26	00:14:47	00:55:43
595	944	JOAQUIM CALCADA	M	47	96	M4549	GDCR ZAMBUJEIRA/ CALVO	01:09:24	01:09:06	00:11:23	00:53:37
596	1563	PEDRO CONCEICAO	M	35	242	M2039	INDIVIDUAL	01:09:25	01:08:35	00:13:10	00:55:09
597	292	PEDRO A G FERREIRA	M	34	243	M2039	INDIVIDUAL	01:09:28	01:07:43	00:15:08	00:55:55
598	2394	LUIS SOUSA	M	47	97	M4549	INDIVIDUAL	01:09:28	01:09:21	00:12:27	00:55:13
599	1166	JORGE PEREIRA	M	57	43	M5559	CD GRUPO BES	01:09:30	01:09:11	00:12:27	00:55:01
600	1178	JOSE CARDOSO	M	52	71	M5054	HOTEL MIRA PAIVA	01:09:30	01:09:02	00:12:19	00:54:40
601	1803	JOAO ALMEIDA	M	34	244	M2039	CP PONTEVEL	01:09:31	01:06:48	00:16:51	00:56:27
602	2474	FABIO FERREIRA	M	21	245	M2039	OS CARREGEIRENSES	01:09:31	01:09:12	00:11:43	00:54:22
603	605	PEDRO FAVINHA	M	32	246	M2039	FORMASPORT	01:09:32	01:07:48	00:14:31	00:55:34
604	723	JOSE C NUNES	M	44	111	M4044	GDOA	01:09:32	01:09:16	00:11:39	00:54:14
605	1152	AURELIO AFONSO	M	35	247	M2039	ADCR P JUDICIARIA	01:09:32	01:08:56	00:12:52	00:55:15
606	1537	LUIS RODRIGUES	M	44	112	M4044	INDIVIDUAL	01:09:32	01:09:08	00:12:43	00:54:52
607	1739	ANA VIEIRA	F	44	6	F4044	C BENFICA ABRANTES	01:09:32	01:09:09	00:12:19	00:54:52
608	152	PEDRO MOLLEIRINHO	M	43	113	M4044	ALIVIADOS	01:09:34	01:08:46	00:13:11	00:55:17
609	432	FERNANDO FERNANDES	M	51	72	M5054	APOGMA	01:09:34	01:09:03	00:12:26	00:54:49
610	572	RAQUEL PEDRO	F	26	12	F2039	INDIVIDUAL	01:09:35	01:07:25	00:15:03	00:55:42
611	863	JOSE C COSTA	M	26	248	M2039	OPORTO SQUASH RUNNING	01:09:35	01:08:20	00:13:45	00:55:16
612	990	LUIS F M GONCALVES	M	46	98	M4549	INDIVIDUAL	01:09:36	01:09:04	00:12:50	00:55:03
613	1791	JOAO MOACHO	M	56	44	M5559	NS SAO MIGUEL	01:09:36	01:09:01	00:12:51	00:55:13
614	320	PEDRO M P R PEREIRA	M	28	249	M2039	PORTO RUNNERS	01:09:38	01:06:34	00:16:22	00:56:30
615	1249	MARIO J CARVALHO	M	53	73	M5054	INDIVIDUAL	01:09:38	01:09:09	00:13:09	00:55:15
616	2030	EDGAR JACINTO	M	25	250	M2039	OS ZATOPEQUES	01:09:38	01:06:28	00:16:34	00:56:32
617	2146	CARLOS MARQUES	M	65	2	M6599	GELPINHOS	01:09:40	01:09:30	00:11:40	00:54:51
618	739	JOAO FERREIRA	M	28	251	M2039	NUTRI FORMA	01:09:41	01:09:08	00:12:18	00:54:21
619	1025	VERA VAZ	F	35	13	F2039	CCD O ALVITEJO	01:09:43	01:09:20	00:12:15	00:54:59
620	1849	ANTONIO J R FRANCO	M	44	114	M4044	INDIVIDUAL	01:09:43	01:09:01	00:13:15	00:55:33
621	1313	ANTONIO J CUNHA	M	36	252	M2039	MATILHA RADICAL	01:09:45	01:07:55	00:14:22	00:55:50
622	1549	MARCIO SOUSA	M	31	253	M2039	CPR A BARBAS	01:09:45	01:09:30	00:12:00	00:55:12
623	1315	PEDRO ZINA	M	39	254	M2039	INDIVIDUAL	01:09:49	01:08:44	00:13:50	00:55:49
624	1475	MARIO J VIEIRA	M	39	255	M2039	QUATRO E MEIA	01:09:49	01:09:05	00:12:43	00:55:10
625	427	CARLOS A C MENDES	M	55	45	M5559	4 AO KM	01:09:50	01:08:46	00:13:57	00:55:52
626	2102	JOSE GONCALVES	M	45	99	M4549	AA MAFRA	01:09:50	01:07:15	00:15:32	00:56:02
627	1308	PAULO J R FRANCISCO	M	42	115	M4044	INDIVIDUAL	01:09:51	01:09:34	00:11:53	00:54:26
628	1958	FERNANDO SANTOS	M	49	100	M4549	AM ATIBA	01:09:55	01:09:13	00:12:51	00:54:44
629	1076	ANIBAL SILVA	M	48	101	M4549	CCRD BURINHOSA	01:09:56	01:09:22	00:13:03	00:55:17
630	725	RUI MARQUES	M	38	256	M2039	IN TOTUM	01:09:57	01:08:13	00:14:42	00:56:10
631	1577	HUGO M C S S SILVA	M	35	257	M2039	INDIVIDUAL	01:09:57	01:09:19	00:13:01	00:55:39
632	1066	JOAO FARIA	M	35	258	M2039	AA LEBRES SADO	01:09:58	01:08:29	00:15:10	00:56:19
633	2053	ANTONIO C B ALMEIDA	M	57	46	M5559	LEXVIS	01:09:59	01:09:03	00:13:44	00:55:42
634	2305	RICARDO R FIGUEIREDO	M	29	259	M2039	PANELA MAGICA	01:09:59	01:08:54	00:14:25	00:55:48
635	2307	JORGE POLIDORE	M	45	102	M4549	PANELA MAGICA	01:09:59	01:08:54	00:14:24	00:55:33
636	1392	CRISTIANO CASALINHO	M	28	260	M2039	CA BARREIRA	01:10:03	01:09:24	00:13:15	00:55:38
637	1389	NORBERTO TOSCANO	M	49	103	M4549	CA BARREIRA	01:10:04	01:09:38	00:12:41	00:55:24
638	1926	PAULO PEREIRA	M	44	116	M4044	CTT COIMBRA	01:10:05	01:09:20	00:13:05	00:55:51
639	1927	FERNANDO FONSECA	M	49	104	M4549	CTT COIMBRA	01:10:05	01:08:59	00:13:54	00:55:51
640	1473	ALBERTO VERISSIMO	M	37	261	M2039	INDIVIDUAL	01:10:07	01:09:37	00:12:02	00:54:44
641	96	LUIS MENDES	M	37	262	M2039	INDIVIDUAL	01:10:08	01:07:38	00:15:42	00:56:01
642	1343	PEDRO FERNANDES	M	40	117	M4044	CASCAIS PANDILHA I	01:10:08	01:08:46	00:13:56	00:55:36
643	2417	ANTONIO J A G LOUREIRO	M	31	263	M2039	INDIVIDUAL	01:10:08	01:09:13	00:12:58	00:55:00
644	2558	CARLOS FERNANDES	M	44	118	M4044	OS BRAGUINHAS	01:10:09	01:09:07	00:14:06	00:56:15
645	456	LUIS REIS	M	33	264	M2039	INDIVIDUAL	01:10:10	01:08:10	00:14:16	00:55:40
646	1256	ANTONIO ALEXANDRE	M	52	74	M5054	CA NAZARE	01:10:12	01:09:32	00:12:40	00:55:06
647	1276	JOAQUIM M P VIEIRA	M	46	105	M4549	OS CACHOS	01:10:12	01:08:12	00:15:14	00:56:20
648	999	PAULO H Q COSTA	M	33	265	M2039	INDIVIDUAL	01:10:13	01:07:59	00:15:11	00:56:10

649	1322	BRUNO SILVA	M	38	266	M2039	GAA VILA FRANCA XIRA	01:10:14	01:08:53	00:14:33	00:56:29
650	979	SERGIO A BORGES	M	40	119	M4044	INDIVIDUAL	01:10:15	01:09:43	00:12:58	00:55:43
651	1646	JOAO CANDIDO	M	49	106	M4549	C BENFICA ALG M MARTINS	01:10:16	01:09:18	00:13:14	00:55:08
652	1725	HUGO AFONSO	M	39	267	M2039	OS CHICOS	01:10:16	01:09:33	00:12:45	00:55:04
653	2389	JOSE L TEIXEIRA	M	40	120	M4044	INDIVIDUAL	01:10:16	01:09:42	00:12:49	00:56:16
654	704	ANTONIO R MERUJO	M	52	75	M5054	INDIVIDUAL	01:10:17	01:09:34	00:12:30	00:54:59
655	1569	FRANCISCO C SANTOS	M	52	76	M5054	GD COSTA BRAVA	01:10:22	01:09:56	00:12:46	00:55:29
656	2277	PAULO J R VELOSO	M	20	268	M2039	INDIVIDUAL	01:10:22	01:08:07	00:16:07	00:57:23
657	528	JOAQUIM CORRULA	M	46	107	M4549	BRANDOA CORRE	01:10:23	01:09:27	00:13:45	00:56:22
658	1290	JOAO C F COUTINHO	M	49	108	M4549	INDIVIDUAL	01:10:23	01:08:28	00:15:13	00:56:26
659	2546	JOSE RIBEIRO	M	53	77	M5054	OS BRAGUINHAS	01:10:23	01:09:12	00:13:50	00:55:49
660	282	BRUNO M S PEDROSA	M	35	269	M2039	INDIVIDUAL	01:10:25	01:09:08	#N/D	00:52:35
661	1119	JOSE DIONISIO	M	50	78	M5054	MULTIFLOW	01:10:25	01:10:01	00:13:04	00:55:38
662	257	VITOR M M FERREIRA	M	49	109	M4549	ESTRELA CA FC	01:10:26	01:10:18	00:11:44	00:55:42
663	517	LUIS SIMOES	M	48	110	M4549	INDIVIDUAL	01:10:26	01:08:33	00:16:35	00:57:02
664	1047	FREDERICO COSTA	M	39	270	M2039	LVTEAM	01:10:27	01:09:21	00:13:50	00:56:09
665	2573	ALFREDO RODRIGUES	M	43	121	M4044	OS BRAGUINHAS	01:10:27	01:10:19	00:10:55	00:56:03
666	921	CARLOS PENA	M	43	122	M4044	GRD RIBEIRA LAGE	01:10:28	01:09:11	00:13:51	00:56:14
667	2147	NUNO PEIXOTO	M	23	271	M2039	GELPINHOS	01:10:28	01:08:55	00:13:30	00:53:54
668	1738	MARCO MORGADO	M	33	272	M2039	INDIVIDUAL	01:10:29	01:10:22	00:11:31	00:55:19
669	1	JOSE L DUARTE	M	52	79	M5054	INDIVIDUAL	01:10:31	01:10:16	00:12:14	00:55:36
670	264	HENRIQUE LOPES	M	33	273	M2039	HERE FOR BEER	01:10:31	01:09:30	00:13:27	00:56:07
671	511	LUIS M P T CARVALHO	M	40	123	M4044	INDIVIDUAL	01:10:31	01:07:48	00:16:14	00:57:09
672	1385	JOAQUIM FIGUEIRA	M	39	274	M2039	CA BARREIRA	01:10:31	01:10:02	00:12:50	00:56:00
673	1137	VITOR CARDEIRA	M	45	111	M4549	GDR FIGUEIRAS	01:10:32	01:09:55	00:12:55	00:55:57
674	845	MARIO OLIVEIRA	M	36	275	M2039	GP RUNNERS	01:10:33	01:09:40	00:13:25	00:56:20
675	1567	MARGARIDA GODINHO	F	52	6	F4599	GAB FISIO DESPORTO	01:10:33	01:10:19	00:12:17	00:55:28
676	2437	EDUARDO PIRES	M	50	80	M5054	ID VIEIRENSE	01:10:34	01:10:03	00:12:27	00:55:51
677	783	ALFREDO BARBOSA	M	59	47	M5559	GINASIO PONTE FC	01:10:35	01:10:10	00:13:00	00:55:51
678	941	ANTONIO TEIXEIRA	M	52	81	M5054	GDCR ZAMBUJEIRA/ CALVO	01:10:35	01:09:02	00:14:23	00:56:31
679	595	RUI P ALMEIDA	M	24	276	M2039	TGV	01:10:36	01:09:52	00:13:18	00:56:16
680	1653	MARCIO DELGADO	M	27	277	M2039	SR CAMARNAL	01:10:36	01:10:17	00:12:43	00:56:09
681	1261	MARTA COLACO	F	35	14	F2039	CA NAZARE	01:10:37	01:10:25	00:11:41	00:55:57
682	2079	NUNO MENDAO	M	38	278	M2039	OS SANTARENOS	01:10:37	01:10:09	00:12:56	00:56:16
683	251	RUBEN M C NASCIMENTO	M	20	279	M2039	ESTRELA CA FC	01:10:39	01:10:30	00:12:54	00:56:10
684	1846	DANIEL VILABRIL	M	33	280	M2039	PERNAS GAFANHOTO	01:10:40	01:07:35	00:16:15	00:57:00
685	479	LUIS BASTOS	M	47	112	M4549	INDIVIDUAL	01:10:41	01:09:26	00:13:43	00:56:20
686	569	TELMO PEDRO	M	34	281	M2039	INDIVIDUAL	01:10:41	01:08:32	00:15:03	00:56:16
687	1143	LEONEL RODRIGUES	M	58	48	M5559	GDR FIGUEIRAS	01:10:41	01:09:18	00:14:47	00:56:53
688	2308	LUIS CLAUDIO	M	44	124	M4044	PANELA MAGICA	01:10:41	01:09:34	00:14:25	00:56:37
689	507	HUMBERTO T MENDONCA	M	31	282	M2039	INDIVIDUAL	01:10:43	01:09:50	00:13:26	00:56:01
690	1073	MARCO A V ALMEIDA	M	33	283	M2039	FERRELPROUD	01:10:43	01:09:32	00:15:16	00:57:28
691	1145	ADRIANO FONTES	M	54	82	M5054	GDR FIGUEIRAS	01:10:43	01:10:35	00:11:38	00:55:26
692	1508	JOSE MAGALHAES	M	58	49	M5559	GD INE	01:10:43	01:08:25	00:16:08	00:57:10
693	1421	IISDRO DUARTE	M	45	113	M4549	TARTARUGAS IMPARAVEIS	01:10:44	01:07:50	00:16:22	00:57:18
694	1507	IDILIO FREIRE	M	45	114	M4549	GD INE	01:10:44	01:08:27	00:15:27	00:57:10
695	1899	CESAR CONCEICAO	M	36	284	M2039	C ORIENTAÇÃO AVENTURA	01:10:44	01:09:28	00:14:08	00:56:13
696	1633	CELSE COELHO	M	52	83	M5054	BESJOGING	01:10:45	01:10:19	00:12:40	00:55:59
697	1648	JOAQUIM COSTA	M	61	14	M6064	C BENFICA ALG M MARTINS	01:10:46	01:10:37	00:12:08	00:55:40
698	1960	Mª CARMO PINTO	F	41	7	F4044	AM ATIBA	01:10:46	01:10:12	00:12:50	00:56:15
699	332	JOSE SANTOS	M	43	125	M4044	CCDT METRO LX	01:10:48	01:08:03	00:16:13	00:57:07
700	493	PEDRO J P CABECINHAS	M	34	285	M2039	GAU BAJOUCA	01:10:49	01:10:19	00:13:27	00:56:30
701	515	JOAQUIM FERNANDES	M	49	115	M4549	AA LEBRES SADO	01:10:49	01:09:25	00:14:01	00:56:13
702	2386	RUI L SIMOES	M	42	126	M4044	AC S MAMEDE	01:10:49	01:09:48	00:14:00	00:57:39
703	350	PEDRO M P G FERREIRA	M	34	286	M2039	INDIVIDUAL	01:10:51	01:10:00	00:13:16	00:55:41

704	819	MANUEL SOBRAL	M	55	50	M5559	HAND2HAND	01:10:52	01:09:55	00:14:01	00:56:36
705	1394	CARLO ALVES	M	35	287	M2039	MG	01:10:52	01:09:55	00:14:04	00:56:28
706	1776	AURELIANO M VIDEIRA	M	56	51	M5559	NS SAO MIGUEL	01:10:53	01:10:16	00:13:03	00:55:47
707	240	JOSE S. AUGUSTO	M	51	84	M5054	FALCOES SELVAGENS	01:10:54	01:09:46	00:13:50	00:56:31
708	416	NUNO VARANDAS	M	34	288	M2039	MORAIS VARANDAS	01:10:55	01:09:14	00:14:32	00:56:21
709	1412	ISMAEL COSTA	M	25	289	M2039	FREE RUNNERS	01:10:55	01:09:09	00:15:10	00:57:16
710	1585	CARLOS MONTEIRO	M	51	85	M5054	GRUPO S BERNARDO	01:10:56	01:09:04	00:15:39	00:57:42
711	593	JORGE M S COUTO	M	36	290	M2039	TGV	01:10:57	01:10:57	00:13:18	00:56:15
712	20	JOAO C D SANCHES	M	49	116	M4549	CA AGUALVA	01:10:59	01:10:13	00:13:58	00:56:58
713	1415	PEDRO LOPES	M	34	291	M2039	INDIVIDUAL	01:11:00	01:10:33	00:12:14	00:56:15
714	2132	MARIO L MONTEIRO	M	34	292	M2039	GELPINHOS	01:11:00	01:09:31	00:15:22	00:57:17
715	1307	JOAQUIM FIDALGO	M	51	86	M5054	TEJAVISTA	01:11:01	01:10:02	00:13:35	00:56:07
716	179	PEDRO R PINTO	M	47	117	M4549	RP TEAM	01:11:03	01:07:46	00:15:59	00:57:05
717	1311	CARLOS M V D SILVA	M	38	293	M2039	MATILHA RADICAL	01:11:03	01:09:10	00:14:30	00:57:14
718	1381	SERGIO TOMAS	M	34	294	M2039	CA BARREIRA	01:11:05	01:09:52	00:13:29	00:56:10
719	2214	PEDRO NUNES	M	44	127	M4044	CLUBE STRESS	01:11:05	01:07:46	00:16:18	00:57:34
720	2397	LUIS GRILLO	M	43	128	M4044	WIKABOO	01:11:06	01:10:21	00:13:27	00:56:32
721	1277	CARLOS M P VIEIRA	M	47	118	M4549	OS CACHOS	01:11:07	01:09:07	00:15:24	00:57:05
722	1994	MANUEL MOTA	M	49	119	M4549	UFCI TOMAR	01:11:08	01:10:50	00:12:09	00:55:48
723	1410	PAULO TOMAS	M	39	295	M2039	URD ARRANHO	01:11:10	01:10:36	00:12:56	00:56:19
724	873	CARLOS A S SANTOS	M	38	296	M2039	INDIVIDUAL	01:11:11	01:09:44	00:14:29	00:56:31
725	1061	CONSTANTINO MENDAO	M	52	87	M5054	AA LEBRES SADO	01:11:11	01:10:55	00:12:37	00:56:19
726	911	RUI C G LOPES	M	35	297	M2039	INDIVIDUAL	01:11:12	01:09:46	00:14:33	00:57:07
727	2528	MANUEL RAMIREZ	M	32	298	M2039	INDIVIDUAL	01:11:12	01:10:34	00:13:18	00:56:35
728	1064	MANUEL BAPTISTA	M	63	15	M6064	AA LEBRES SADO	01:11:13	01:11:13	00:12:39	00:56:19
729	2043	JORGE LEITAO	M	47	120	M4549	OS ZATOPEQUES	01:11:14	01:09:41	00:13:56	00:56:38
730	219	NELSON EDGAR	M	38	299	M2039	RAIL RUNNERS	01:11:15	01:08:56	00:15:33	00:57:22
731	516	ANDRE BARROS	M	35	300	M2039	INDIVIDUAL	01:11:15	01:09:28	00:15:33	00:57:32
732	2366	FRANCISCO L CORREA	M	40	129	M4044	CLUB MARATHON BADAJOZ	01:11:15	01:09:15	00:15:51	00:57:46
733	200	SERGIO F HENRIQUE	M	41	130	M4044	ODEBRECHT/BPC	01:11:17	01:10:00	00:14:44	00:57:55
734	805	ELADIO MANUEL	M	38	301	M2039	JAVALIS	01:11:18	01:09:03	00:15:13	00:57:25
735	1893	LEONEL LUCAS	M	37	302	M2039	CA PENARFIME	01:11:18	01:09:42	00:14:41	00:56:49
736	2282	JOSE CORDEIRO	M	58	52	M5559	C VETERANOS LIS	01:11:19	01:10:53	00:12:11	00:56:18
737	846	LEONEL BORGES	M	39	303	M2039	GP RUNNERS	01:11:20	01:10:27	00:13:24	00:56:21
738	1487	JOSE F C BERNARDINO	M	40	131	M4044	ATAIJENSE	01:11:20	01:09:59	00:14:57	00:57:34
739	2532	JOSE F PEREIRA	M	58	53	M5559	OS BRAGUINHAS	01:11:20	01:09:13	00:15:44	00:57:51
740	655	HELDER S BAPTISTA	M	45	121	M4549	C MILLENNIUMBCP	01:11:21	01:10:50	00:13:08	00:56:07
741	1324	MANUEL BATISTA	M	48	122	M4549	GAA VILA FRANCA XIRA	01:11:21	01:09:34	00:14:51	00:56:40
742	1724	NUNO PRATA	M	40	132	M4044	INDIVIDUAL	01:11:21	01:08:40	00:15:50	00:57:12
743	2368	JOSE R PEREZ	M	42	133	M4044	CLUB MARATHON BADAJOZ	01:11:21	01:09:20	00:15:44	00:57:24
744	1590	PAULO J A ALMEIDA	M	44	134	M4044	GD BANCO BPI	01:11:23	01:08:04	00:17:37	00:57:53
745	644	FERNANDO A RODRIGUES	M	47	123	M4549	C MILLENNIUMBCP	01:11:25	01:09:18	00:15:20	00:57:28
746	652	ANTONIO R VELOSO	M	50	88	M5054	C MILLENNIUMBCP	01:11:25	01:11:06	00:12:34	00:56:41
747	2169	MARIO M B L PEREIRA	M	40	135	M4044	INDIVIDUAL	01:11:26	01:10:35	00:13:07	00:56:40
748	458	RICARDO J B FERREIRA	M	50	89	M5054	INDIVIDUAL	01:11:30	01:10:41	00:13:24	00:56:42
749	144	ANTONIO MORGADO	M	45	124	M4549	ACDR VILAR	01:11:34	01:10:32	00:13:56	00:57:08
750	1522	ROBERTO F ALVES	M	36	304	M2039	MAXIGYM	01:11:35	01:10:20	00:13:54	00:56:18
751	15	LUIS C J PINTO	M	22	305	M2039	INDIVIDUAL	01:11:39	01:08:23	00:17:52	00:58:51
752	2065	MIGUEL N SATURNINO	M	27	306	M2039	SCALABIS N RUNNERS	01:11:40	01:11:11	00:12:42	00:56:25
753	2070	PEDRO M N CARVALHO	M	48	125	M4549	SCALABIS N RUNNERS	01:11:40	01:11:12	00:12:42	00:56:26
754	171	TIAGO L ROXO	M	24	307	M2039	SAPATILHAS ARDENTES	01:11:41	01:09:52	00:15:53	00:58:12
755	265	NUNO LOPES	M	36	308	M2039	HERE FOR BEER	01:11:41	01:10:39	00:14:02	00:57:12
756	1647	JOAO ROSA	M	29	309	M2039	C BENFICA ALG M MARTINS	01:11:41	01:09:24	00:16:20	00:57:44
757	2060	LUIS M G FERREIRA	M	35	310	M2039	SCALABIS N RUNNERS	01:11:41	01:11:12	00:12:42	00:56:26
758	2455	CLAIRE MONROY	F	25	15	F2039	RUN 4 FUN	01:11:41	01:10:42	00:13:56	00:57:07

759	22	ORLANDO MARTINS	M	56	54	M5559	INDIVIDUAL	01:11:44	01:10:58	00:13:58	00:56:58
760	2383	LEONEL EUSEBIO	M	44	136	M4044	AC S MAMEDE	01:11:44	01:10:04	00:14:07	00:56:48
761	1519	LUIS COSTA	M	43	137	M4044	BAMOXIMBORA	01:11:45	01:11:28	00:12:53	00:57:02
762	937	ROGERIO T BRANCO	M	31	311	M2039	INDIVIDUAL	01:11:46	01:10:23	00:14:58	00:57:34
763	1255	JOSE GERARDO	M	50	90	M5054	CA NAZARE	01:11:46	01:11:34	00:12:48	00:57:05
764	2077	DAVID FERREIRA	M	44	138	M4044	OS SANTARENOS	01:11:46	01:10:08	00:15:12	00:57:46
765	2403	JORGE REIS	M	36	312	M2039	GA FREG VIDAIS	01:11:47	01:11:41	00:10:44	00:53:09
766	2001	CARLOS SANTOS	M	45	126	M4549	UFCI TOMAR	01:11:48	01:10:25	00:14:17	00:56:53
767	250	MIGUEL PINHO	M	40	139	M4044	PORTUGAL RUNNING	01:11:49	01:10:17	00:14:08	00:56:58
768	581	LUIS G QUENTAL	M	52	91	M5054	INDIVIDUAL	01:11:49	01:09:24	00:16:21	00:58:11
769	1861	CELIO J V ANASTICIO	M	32	313	M2039	INDIVIDUAL	01:11:49	01:08:52	00:16:00	00:57:31
770	1790	JOAQUIM NEIVA	M	69	3	M6599	NS SAO MIGUEL	01:11:50	01:11:17	00:13:14	00:56:58
771	2180	ALEXANDRE COSTA	M	36	314	M2039	CLUBE VODAFONE	01:11:50	01:11:35	00:12:16	00:55:11
772	2306	MARCO JACINTO	M	36	315	M2039	PANELA MAGICA	01:11:50	01:10:44	00:14:26	00:56:49
773	1902	CLAUDIO SILVA	M	32	316	M2039	C ORIENTAÇÃO AVENTURA	01:11:51	01:10:38	00:14:13	00:56:30
774	9	EMIDIO J L TEIXEIRA	M	27	317	M2039	INDIVIDUAL	01:11:52	01:08:51	00:15:53	00:57:06
775	56	PEDRO TRABUCHO	M	47	127	M4549	INDIVIDUAL	01:11:52	01:11:21	00:13:11	00:57:45
776	1588	RICARDO RODRIGUES	M	38	318	M2039	GRUPO S BERNARDO	01:11:52	01:10:00	00:15:39	00:57:47
777	1996	PAULO SALDANHA	M	46	128	M4549	UFCI TOMAR	01:11:54	01:11:06	00:13:37	00:56:53
778	1999	JORGE MAURICIO	M	38	319	M2039	UFCI TOMAR	01:11:54	01:11:05	00:13:37	00:56:53
779	1094	EDMUNDO C BATISTA	M	44	140	M4044	INDIVIDUAL	01:11:59	01:11:34	00:12:03	00:57:54
780	2131	PEDRO N MONTEIRO	M	36	320	M2039	GELPINHOS	01:11:59	01:10:31	00:15:22	00:57:17
781	2453	PAULO J B FRANCISCO	M	47	129	M4549	PRAZER CORRIDA	01:12:00	01:11:13	00:12:47	00:57:03
782	2549	DANIEL ANTUNES	M	51	92	M5054	OS BRAGUINHAS	01:12:00	01:11:38	00:12:36	00:56:27
783	2565	ANA MARIA	F	51	7	F4599	OS BRAGUINHAS	01:12:00	01:11:39	00:12:36	00:56:27
784	325	ANTONIO PEREIRA	M	48	130	M4549	CCDT METRO LX	01:12:02	01:09:18	00:16:38	00:58:16
785	1262	FILIPPE M NASCIMENTO	M	35	321	M2039	COMPANHIA BAZOFIAS	01:12:02	01:10:09	00:14:49	00:58:12
786	1867	FRANCISCO J R RAMOS	M	41	141	M4044	INDIVIDUAL	01:12:02	01:10:44	00:14:15	00:56:59
787	770	ANTERO R C MARTINS	M	42	142	M4044	INDIVIDUAL	01:12:05	01:09:32	00:16:04	00:57:59
788	105	ANTONIO QUARESMA	M	39	322	M2039	LINDA PASTORA SC	01:12:06	01:11:20	00:13:06	00:56:39
789	266	GONCALO EZEQUIEL	M	35	323	M2039	HERE FOR BEER	01:12:07	01:11:06	00:13:19	00:56:59
790	1951	JOCELINA ANTUNES	F	35	16	F2039	AM ATIBA	01:12:08	01:12:08	00:13:30	00:57:07
791	2268	PEDRO J V GONCALVES	M	38	324	M2039	HORTAPRONTA SA	01:12:08	01:11:40	00:12:57	00:56:49
792	1751	PEDRO BAPTISTA	M	32	325	M2039	ANTI ABSTEMIOS	01:12:09	01:10:00	00:16:03	00:58:07
793	1887	GUALTER M CONSTANTINO	M	37	326	M2039	INDIVIDUAL	01:12:10	01:10:49	00:14:58	00:57:35
794	1191	PAULO DUARTE	M	48	131	M4549	INDIVIDUAL	01:12:11	01:11:17	00:13:37	00:56:58
795	1962	PEDRO CASTRO	M	37	327	M2039	AM ATIBA	01:12:11	01:11:27	00:13:32	00:57:08
796	2506	ANTONIO TABORDA	M	62	16	M6064	SS CGD	01:12:13	01:10:38	00:14:18	00:57:42
797	1642	HELDER ALEXANDRE	M	29	328	M2039	C BENFICA ALG M MARTINS	01:12:16	01:10:14	00:16:31	00:58:41
798	499	CARLOS M FIGUEIREDO	M	60	17	M6064	GAU BAJOUCA	01:12:17	01:12:04	00:12:24	00:56:30
799	972	JOAO CRESPO	M	49	132	M4549	GOLD TEAM	01:12:17	01:11:35	00:13:49	00:58:38
800	352	CARLOS PORTELA	M	40	143	M4044	INDIVIDUAL	01:12:18	01:11:19	00:14:37	00:57:52
801	1661	PEDRO CRUZINHA	M	39	329	M2039	C BENFICA ALG M MARTINS	01:12:18	01:10:16	00:16:31	00:58:41
802	1698	JOSE PEREIRA	M	42	144	M4044	GD SANTANDER TOTTA	01:12:18	01:11:18	00:13:51	00:57:28
803	2045	JOSE MORAIS	M	50	93	M5054	OS ZATOPQUES	01:12:18	01:09:18	00:16:53	00:58:38
804	2441	BRUNO VERISSIMO	M	28	330	M2039	INDIVIDUAL	01:12:22	01:10:57	00:15:00	00:58:00
805	2440	DIOGO J C SERAFIM	M	26	331	M2039	INDIVIDUAL	01:12:25	01:11:01	00:15:00	00:58:00
806	638	JOSELITO CAMPOS	M	33	332	M2039	INDIVIDUAL	01:12:27	01:09:07	00:16:54	00:58:46
807	2087	LUIS SANTOS	M	38	333	M2039	AA MAFRA	01:12:29	01:10:21	00:15:30	00:57:51
808	2192	RUI CARVALHO	M	42	145	M4044	INDIVIDUAL	01:12:29	01:10:52	00:14:48	00:56:57
809	566	EMANUEL LOPES	M	36	334	M2039	INDIVIDUAL	01:12:30	01:11:14	00:13:53	00:57:25
810	1750	JOSE MARQUES	M	38	335	M2039	ANTI ABSTEMIOS	01:12:30	01:10:21	00:15:41	00:58:02
811	1957	Mª PIEDADE ALVES	F	45	8	F4599	AM ATIBA	01:12:30	01:11:59	00:12:23	00:56:59
812	2350	DUARTE REIS	M	34	336	M2039	CA OBIDOS	01:12:30	01:09:47	00:17:07	00:59:17
813	968	JOAO MARCAO	M	60	18	M6064	CONDOMINOS	01:12:34	01:12:13	00:13:00	00:57:04

814	1988	TAM AFONSO	M	59	55	M5559	AÇOREANA C BANIF	01:12:34	01:12:17	00:12:31	00:57:28
815	2480	VITOR GALEGO	M	41	146	M4044	LESMAS OESTE	01:12:34	01:10:43	00:16:13	00:58:21
816	2285	CARLOS RIBEIRO	M	50	94	M5054	C VETERANOS LIS	01:12:35	01:11:25	00:14:40	00:58:05
817	70	MARIO J M SANTOS	M	36	337	M2039	SOBRALPISO	01:12:36	01:10:29	00:15:30	00:58:20
818	2359	MANUEL A D CARLOS	M	53	95	M5054	INDIVIDUAL	01:12:36	01:11:30	00:14:18	00:57:36
819	2096	CARLOS RODRIGUES	M	55	56	M5559	AA MAFRA	01:12:37	01:11:07	00:14:35	00:57:57
820	290	LUIS M P GASPAR	M	27	338	M2039	INDIVIDUAL	01:12:38	01:09:16	00:17:27	00:59:12
821	2227	JORGE MIRANDA	M	44	147	M4044	CAA BELEM	01:12:38	01:11:38	00:13:47	00:57:11
822	348	MANUEL NASCIMENTO	M	55	57	M5559	CA PARQUE PAZ	01:12:41	01:11:17	00:14:20	00:57:58
823	1909	NORBERTO MARQUES	M	41	148	M4044	RUNNING OF D MARIA	01:12:41	01:10:50	00:16:11	00:58:23
824	2547	JOSE CERQUEIRA	M	51	96	M5054	OS BRAGUINHAS	01:12:45	01:12:24	00:12:33	00:57:07
825	606	PAULO CASTELO	M	38	339	M2039	FORMASPORT	01:12:47	01:10:59	00:15:44	00:58:13
826	1207	HERNÂNI MONTEIRO	M	51	97	M5054	INDIVIDUAL	01:12:47	01:11:55	00:13:48	00:57:41
827	2014	ANDRE NOBRE	M	28	340	M2039	EQUIPAS OS ENTREMEADAS	01:12:47	01:11:46	00:14:15	00:58:11
828	570	DINOISIO ALEGRIA	M	41	149	M4044	INDIVIDUAL	01:12:48	01:10:37	00:15:46	00:58:33
829	1690	DANIEL SIMOES	M	39	341	M2039	GD SANTANDER TOTTA	01:12:48	01:10:44	00:15:49	00:58:51
830	1910	NUNO MONTEIRO	M	31	342	M2039	RUNNING OF D MARIA	01:12:48	01:10:57	00:16:11	00:58:43
831	2316	PAULO A C MARQUES	M	47	133	M4549	INDIVIDUAL	01:12:48	01:11:56	00:14:11	00:57:56
832	2317	JOAQUIM C M RODRIGUES	M	45	134	M4549	INDIVIDUAL	01:12:49	01:11:58	00:14:11	00:57:56
833	2414	ANTONIO BENTO	M	55	58	M5559	GA FREG VIDAIS	01:12:51	01:11:40	00:14:21	00:58:15
834	2170	LUIS J F GARCIA	M	25	343	M2039	ASS TRILHOS SIMPLES	01:12:53	01:10:47	00:16:00	00:58:35
835	2171	ROBERTO SEBASTIAO	M	25	344	M2039	ASS TRILHOS SIMPLES	01:12:53	01:10:47	00:15:58	00:58:07
836	2191	CARLOS ESTEVES	M	43	150	M4044	CLUBE VODAFONE	01:12:54	01:11:36	00:15:23	00:58:36
837	178	JOSE GABRIEL	M	54	98	M5054	INDIVIDUAL	01:12:55	01:10:12	00:16:18	00:58:48
838	1263	ARTUR COSTA	M	34	345	M2039	COMPANHIA BAZOFIAS	01:12:55	01:11:02	00:14:49	00:58:13
839	2027	RUI GLORIA	M	39	346	M2039	INDIVIDUAL	01:12:55	01:12:06	00:13:49	00:58:41
840	215	CARLOS BENTO	M	38	347	M2039	RAIL RUNNERS	01:12:56	01:12:06	00:13:40	00:58:01
841	216	CARLOS B AGUA	M	38	348	M2039	RAIL RUNNERS	01:12:56	01:12:08	00:13:41	00:58:01
842	1254	JOAO CONSTANTINO	M	37	349	M2039	CA NAZARE	01:12:56	01:12:44	00:12:48	00:57:16
843	1651	MANUELA FOLGADA	F	62	9	F4599	C BENFICA ALG M MARTINS	01:12:56	01:12:40	00:12:27	00:57:18
844	1637	ANTONIO FERREIRA	M	32	350	M2039	INDIVIDUAL	01:12:58	01:10:26	00:16:20	00:58:52
845	2283	VITOR ANTUNES	M	56	59	M5559	C VETERANOS LIS	01:12:58	01:11:48	00:14:39	00:58:04
846	2253	JOSE OLIVEIRA	M	47	135	M4549	INDIVIDUAL	01:13:03	01:12:19	00:12:49	00:57:42
847	553	JORGE D PINHEIRO	M	45	136	M4549	RUN 4 FUN	01:13:04	01:12:01	00:13:21	00:57:07
848	2477	JOAO FRANCO	M	58	60	M5559	OS CARREGEIRENSES	01:13:05	01:12:45	00:11:22	00:56:34
849	1483	FERNANDO LUZ	M	43	151	M4044	GDCT UNICRE	01:13:06	01:10:03	00:17:30	00:58:58
850	2008	JOAO FRANGO	M	43	152	M4044	EQUIPAS OS ENTREMEADAS	01:13:06	01:12:03	00:14:15	00:58:12
851	607	VITOR TAVARES	M	30	351	M2039	INDIVIDUAL	01:13:09	01:10:34	00:17:08	00:59:41
852	1840	VALTER G CUNHA	M	26	352	M2039	INDIVIDUAL	01:13:09	01:11:22	00:14:48	00:57:31
853	253	CARLOS M S MATIAS	M	59	61	M5559	ESTRELA CA FC	01:13:10	01:13:02	00:12:01	00:57:13
854	997	RICARDO ARRAIAS	M	40	153	M4044	HAND2HAND	01:13:10	01:11:55	00:14:03	00:58:15
855	577	JOSE FERNANDES	M	40	154	M4044	TRIBO EXTREME	01:13:12	01:10:40	00:17:26	00:59:48
856	1132	NELSON BENTO	M	35	353	M2039	GDR FIGUEIRAS	01:13:12	01:11:49	00:14:48	00:57:49
857	270	JOAO L C SANTOS	M	40	155	M4044	HERE FOR BEER	01:13:14	01:12:11	00:13:20	00:57:50
858	345	LUIS PIRES	M	44	156	M4044	CA PARQUE PAZ	01:13:14	01:11:31	00:16:15	00:59:16
859	1614	JOAO ABRANTES	M	56	62	M5559	CA PARQUE PAZ	01:13:14	01:11:30	00:16:15	00:59:16
860	1572	MIGUEL J BARBA	M	34	354	M2039	GD COSTA BRAVA	01:13:15	01:12:45	00:13:44	00:58:14
861	2466	PEDRO LEAL	M	45	137	M4549	INDIVIDUAL	01:13:15	01:11:57	00:15:45	00:59:17
862	835	RITA C REBELO	F	28	17	F2039	TERRORES ASFALTO	01:13:16	01:10:53	00:16:40	00:59:06
863	2105	ANTONIO REIS	M	57	63	M5559	AA MAFRA	01:13:16	01:12:25	00:13:45	00:57:56
864	2185	PEDRO LOURENCO	M	43	157	M4044	CLUBE VODAFONE	01:13:17	01:13:02	00:12:58	00:57:58
865	1829	MANUEL FERNANDES	M	46	138	M4549	10 PRAS 11	01:13:18	01:12:57	00:11:36	00:56:21
866	366	JOSE SARGACO	M	39	355	M2039	FALCOES SELVAGENS	01:13:20	01:11:45	00:15:33	00:59:40
867	1732	FABIO LEIROA	M	28	356	M2039	CAETANO COATINGS	01:13:20	01:13:05	00:12:55	00:57:42
868	2446	IVO SILVA	M	62	19	M6064	INDIVIDUAL	01:13:21	01:11:50	00:15:21	00:59:07



869	443	EDUARDO RIBEIRO	M	28 357	M2039	INDIVIDUAL	01:13:22	01:11:30	00:15:52	00:59:17
870	124	GONCALO MELO	M	45 139	M4549	RUN 4 FUN	01:13:23	01:12:28	00:13:39	00:57:49
871	210	JOAO P PALMELA	M	44 158	M4044	RUN 4 FUN	01:13:23	01:12:28	00:13:41	00:57:49
872	1518	ANTONIO SILVA	M	38 358	M2039	BAMOXIMBORA	01:13:23	01:13:05	00:12:31	00:57:53
873	583	RAMIRO INACIO	M	60 20	M6064	C BENFICA ALHANDRA	01:13:24	01:13:03	00:12:28	00:57:38
874	759	PEDRO ESTEVES	M	39 359	M2039	LVTEAM	01:13:24	01:12:19	00:13:53	00:57:24
875	354	NUNO M G FIALHO	M	33 360	M2039	RUN4MINIS	01:13:27	01:11:54	00:14:59	00:58:59
876	961	NUNO MARTINS	M	31 361	M2039	INDIVIDUAL	01:13:27	01:12:00	00:14:47	00:57:59
877	2099	PAULO SILVA	M	37 362	M2039	AA MAFRA	01:13:27	01:11:24	00:16:33	00:59:14
878	1636	DANIEL A C NUNES	M	52 99	M5054	INDIVIDUAL	01:13:28	01:12:51	00:13:04	00:57:13
879	2299	CARLOS M R PATRICIO	M	21 363	M2039	GCA DONAS	01:13:28	01:12:41	00:14:43	00:58:31
880	902	HUGO GIRAO	M	31 364	M2039	PES TROIKADOS	01:13:31	01:10:40	00:16:43	00:59:35
881	910	LUIS F S NUNES	F	40 8	F4044	ATENEU	01:13:31	01:12:27	00:14:23	00:58:36
882	957	CARLOS M GONCALVES	M	56 64	M5559	LEBRES TARTARUGAS	01:13:31	01:12:05	00:14:22	00:58:54
883	1901	JORGE FRAZAO	M	32 365	M2039	C ORIENTAÇÃO AVENTURA	01:13:31	01:12:15	00:14:12	00:58:38
884	712	JOAO R LIMA	M	25 366	M2039	RUN 4 FUN	01:13:33	01:11:03	00:17:15	00:59:45
885	1663	SIDONIO DIAS	M	41 159	M4044	C BENFICA ALG M MARTINS	01:13:33	01:11:08	00:16:29	00:58:40
886	2416	SARA RODRIGUES	F	21 18	F2039	GA FREG VIDAIS	01:13:33	01:13:15	00:12:55	00:58:27
887	1465	JOAO P C SANTOS	M	20 367	M2039	INDIVIDUAL	01:13:34	01:11:21	00:16:13	00:59:18
888	555	CARLOS D G OCHOA	M	39 368	M2039	INDIVIDUAL	01:13:37	01:10:35	00:16:44	00:59:54
889	862	JOAO P A LUZ	M	52 100	M5054	INDIVIDUAL	01:13:39	01:12:33	00:14:13	00:58:53
890	982	PEDRO P SILVA	M	44 160	M4044	INDIVIDUAL	01:13:41	01:13:10	00:12:51	00:57:53
891	838	ISABEL M S HENRIQUES	F	32 19	F2039	TERRORES ASFALTO	01:13:42	01:11:19	00:16:40	00:59:07
892	1551	LUIS FERNANDES	M	31 369	M2039	CPR A BARBAS	01:13:43	01:13:28	00:12:18	00:56:11
893	2098	JOSE C AMARO	M	49 140	M4549	AA MAFRA	01:13:43	01:11:53	00:15:32	00:58:33
894	2544	ANTONIO FERREIRA	M	48 141	M4549	OS BRAGUINHAS	01:13:43	01:13:25	00:12:53	00:58:06
895	1129	ANDRE RAMOS	M	24 370	M2039	GDR FIGUEIRAS	01:13:47	01:13:42	00:11:42	00:56:51
896	853	MARIO LOPES	M	43 161	M4044	BS RUNNERS	01:13:48	01:13:12	00:13:20	00:58:31
897	1244	ALCIDES NUNES	M	53 101	M5054	OS PERIGOSOS	01:13:48	01:13:13	00:13:20	00:58:31
898	2039	BRIAN O KANE	M	24 371	M2039	OS ZATPEQUES	01:13:49	01:10:53	00:17:36	01:00:05
899	2553	JOSE COSTA	M	59 65	M5559	OS BRAGUINHAS	01:13:51	01:12:34	00:14:42	00:58:36
900	893	JOAO NARCISO	M	30 372	M2039	PES TROIKADOS	01:13:55	01:10:57	00:16:42	00:59:37
901	2210	MAURICIO MARQUES	M	38 373	M2039	CLUBE STRESS	01:13:55	01:11:12	00:16:27	00:59:13
902	1045	FRANCISCO GOMES	M	46 142	M4549	BEATRIZ CLUB	01:13:56	01:13:16	00:13:02	00:58:10
903	1364	DANIEL LOURENCO	M	38 374	M2039	CA BARREIRA	01:13:56	01:10:37	00:17:31	00:59:49
904	2240	ARMANDO CARMO	M	75 4	M6599	INDIVIDUAL	01:13:56	01:11:38	00:22:05	#N/D
905	1471	OCTAVIO BARBOSA	M	35 375	M2039	INDIVIDUAL	01:13:57	01:12:10	00:15:04	00:59:11
906	2237	ANTONIO ARAUJO	M	61 21	M6064	INDIVIDUAL	01:13:57	01:11:40	00:22:02	#N/D
907	1476	HUGO BENEVENTE	M	25 376	M2039	CA PARQUE PAZ	01:13:58	01:12:30	00:15:42	00:59:20
908	1982	NUNO TALHADAS	M	45 143	M4549	AÇOREANA C BANIF	01:13:58	01:13:07	00:13:48	00:58:19
909	533	LUIS SIMOES	M	37 377	M2039	BRANDOA CORRE	01:13:59	01:13:03	00:13:46	00:57:35
910	1767	AMERICO P RODRIGUES	M	53 102	M5054	INDIVIDUAL	01:14:00	01:13:48	00:12:18	00:57:27
911	1536	DAVID BARROS	M	33 378	M2039	INDIVIDUAL	01:14:01	01:13:38	00:12:44	00:58:12
912	2123	ISAUL RODRIGUES	M	55 66	M5559	GELPINHOS	01:14:01	01:13:46	00:12:47	00:58:10
913	2167	ANTONIO REIS	M	37 379	M2039	BALANCE CLUB	01:14:03	01:12:39	00:14:12	00:57:50
914	498	ANTONIO M M CARREIRA	M	51 103	M5054	GAU BAJOUCA	01:14:05	01:13:37	00:13:08	00:58:26
915	1827	NUNO FRANCO	M	34 380	M2039	INDIVIDUAL	01:14:05	01:12:10	00:15:38	00:59:33
916	996	EDGAR G MARQUES	M	25 381	M2039	INDIVIDUAL	01:14:06	01:13:52	00:12:15	00:58:52
917	1704	RUI MACHINHO	M	35 382	M2039	GD SANTANDER TOTTA	01:14:06	01:11:00	00:16:01	00:59:07
918	1819	CLAUDIO NOBRE	M	25 383	M2039	INDIVIDUAL	01:14:07	01:12:41	00:14:49	00:58:45
919	1029	ISABEL FERNANDES	F	49 10	F4599	CCD O ALVITEJO	01:14:09	01:13:48	00:12:39	00:58:26
920	1796	PAULO SANTOS	M	48 144	M4549	INDIVIDUAL	01:14:11	01:12:40	00:15:25	00:59:16
921	794	JOAO V SANTOS	M	65 5	M6599	INDIVIDUAL	01:14:13	01:14:06	00:12:12	00:57:58
922	852	JOSE M G FERREIRA	M	47 145	M4549	WHY NOT RUN	01:14:13	01:13:28	00:12:15	00:57:43
923	868	VITOR M M SANTOS	M	48 146	M4549	ATENEU	01:14:15	01:13:12	00:14:23	00:58:42

924	994	PAULO S R PONTE	M	38 384	M2039	INDIVIDUAL	01:14:15	01:13:23	00:14:27	00:59:29
925	2136	JOAQUIM CARINHAS	M	60 22	M6064	GELPINHOS	01:14:15	01:14:04	00:12:48	00:58:25
926	2066	NUNO M C CALVO	M	39 385	M2039	SCALABIS N RUNNERS	01:14:16	01:13:40	00:13:40	00:59:04
927	1078	VITOR MONTEIRO	M	44 162	M4044	CCRD BURINHOSA	01:14:19	01:13:17	00:14:00	00:59:06
928	843	NUNO MOURATO	M	36 386	M2039	GP RUNNERS	01:14:22	01:11:43	00:16:26	00:59:28
929	648	LEONEL F BRANDAO	M	42 163	M4044	C MILLENNIUMBCP	01:14:23	01:13:46	00:13:13	00:58:57
930	1021	FRANCISCO M M VAL	M	20 387	M2039	CORRER POR GOSTO	01:14:26	01:13:59	00:12:44	00:59:08
931	1469	JOANA DOMINGOS	F	36 20	F2039	OS BELOURAS	01:14:28	01:13:30	00:14:05	00:59:12
932	2178	MARIO BATISTA	M	35 388	M2039	ADA DESNIVEL	01:14:28	01:13:43	00:13:21	00:59:00
933	1510	MIGUEL P BASTOS	M	47 147	M4549	GD INE	01:14:31	01:13:56	00:13:29	00:58:39
934	1723	MANUEL FRANCISCO	M	53 104	M5054	SR CAMARNAL	01:14:31	01:13:00	00:14:38	00:58:46
935	1391	SILVIA COELHO	F	46 11	F4599	CA BARREIRA	01:14:32	01:14:01	00:12:54	00:58:57
936	447	MANUEL SILVA	M	34 389	M2039	INDIVIDUAL	01:14:33	01:12:34	00:14:15	00:56:57
937	2572	DOMINGOS ROCHA	M	53 105	M5054	OS BRAGUINHAS	01:14:34	01:14:25	00:12:03	00:58:01
938	2	RUI M A R SILVA	M	40 164	M4044	INDIVIDUAL	01:14:36	01:13:04	00:16:14	00:59:23
939	1638	ARNALDO MACHADO	M	62 23	M6064	C BENFICA ALG M MARTINS	01:14:36	01:14:07	00:13:49	00:59:15
940	176	JOAO M S DIOGO	M	48 148	M4549	INDIVIDUAL	01:14:37	01:13:31	00:14:20	00:58:53
941	417	FILIPPE SOUSA	M	32 390	M2039	INDIVIDUAL	01:14:37	01:12:50	00:14:48	00:59:26
942	1125	ANDRE CARDOSO	M	37 391	M2039	INDIVIDUAL	01:14:37	01:13:49	00:13:39	00:58:05
943	1411	MANUEL S S FRADE	M	60 24	M6064	INDIVIDUAL	01:14:37	01:13:54	00:13:43	00:59:00
944	1912	CARLA ADRO	F	39 21	F2039	AM ATIBA	01:14:37	01:14:02	00:13:44	00:59:15
945	183	GONCALO VILELA	M	41 165	M4044	RP TEAM	01:14:40	01:11:23	00:16:07	00:59:05
946	190	MARA ARAUJO	F	32 22	F2039	CCD SINTRENSE	01:14:40	01:14:27	00:12:56	#N/D
947	960	RICARDO CUNHA	M	25 392	M2039	INDIVIDUAL	01:14:40	01:13:01	00:15:48	00:59:58
948	524	JOSE AUGUSTO	M	40 166	M4044	FALCOES SELVAGENS	01:14:41	01:13:57	00:14:41	00:59:50
949	1153	CARLOS FREIRE	M	40 167	M4044	ADCR P JUDICIARIA	01:14:41	01:14:23	00:12:46	00:59:11
950	1516	PEDRO C MOREIRA	M	39 393	M2039	GD INE	01:14:42	01:12:57	00:14:42	00:59:28
951	1659	NELSON CASANOVA	M	28 394	M2039	C BENFICA ALG M MARTINS	01:14:43	01:12:41	00:16:30	00:59:53
952	275	PAULA RODRIGUES	F	43 9	F4044	GYMRUNNERS	01:14:44	01:13:52	00:13:24	00:59:12
953	551	MIGUEL P G VERDUGO	M	20 395	M2039	URB FONTE CORAÇÕES GAEIRAS	01:14:44	01:11:43	00:17:03	01:00:37
954	358	PAULO A RODRIGUES	M	39 396	M2039	WWW.CEBOLA.PT	01:14:47	01:13:18	00:15:37	01:00:29
955	1077	JOSE RATO	M	54 106	M5054	CCRD BURINHOSA	01:14:47	01:12:19	00:16:22	00:59:56
956	172	ALBERTINO M ALVES	M	33 397	M2039	INDIVIDUAL	01:14:49	01:14:16	00:14:16	00:59:17
957	238	JOSE CRUZ	M	51 107	M5054	FALCOES SELVAGENS	01:14:50	01:11:45	00:16:31	01:00:27
958	948	VALENTIM FERNANDES	M	57 67	M5559	GDCR ZAMBUJEIRA/ CALVO	01:14:50	01:13:22	00:15:14	00:59:41
959	1972	FRANCISCO PEREIRA	M	45 149	M4549	AÇOREANA C BANIF	01:14:50	01:14:32	00:13:17	00:59:32
960	482	LUIS POLIDO	M	38 398	M2039	INDIVIDUAL	01:14:52	01:13:42	00:14:41	00:59:50
961	1490	JOSE MARQUES	M	62 25	M6064	ATAIJENSE	01:14:52	01:14:29	00:13:16	00:58:52
962	1538	PAULO ROCHA	M	38 399	M2039	INDIVIDUAL	01:14:52	01:14:27	00:12:43	00:58:40
963	813	JOAO BANDEIRA	M	44 168	M4044	INDIVIDUAL	01:14:53	01:14:05	00:14:31	00:59:51
964	1891	ARMINDO COSTA	M	33 400	M2039	CN ALVITO	01:14:53	01:13:54	00:14:44	00:59:47
965	35	NUNO SILVA	M	41 169	M4044	INDIVIDUAL	01:14:54	01:13:12	00:14:35	00:58:56
966	808	ANDRE WIBORG	M	53 108	M5054	VFF 1896	01:14:54	01:11:39	00:18:01	01:01:25
967	1889	CARLA CRISTINA	F	36 23	F2039	CN ALVITO	01:14:54	01:13:55	00:14:43	00:59:47
968	1963	ANTONIO J C DAMIAO	M	35 401	M2039	INDIVIDUAL	01:14:54	01:14:04	00:12:57	00:59:38
969	1833	JOSUE FRADE	M	39 402	M2039	10 PRAS 11	01:14:58	01:12:43	00:16:41	01:00:47
970	2278	MARIO ALMEIDA	M	24 403	M2039	PES TROIKADOS	01:15:00	01:12:10	00:16:44	01:00:02
971	2301	FRANCISCO MADEIRA	M	50 109	M5054	GCA DONAS	01:15:00	01:14:54	00:09:36	00:59:06
972	690	JOSE MAGRO	M	42 170	M4044	O MUNDO CORRIDA	01:15:02	01:14:17	00:13:21	00:59:01
973	1232	PAULO LOURENCO	M	30 404	M2039	INDIVIDUAL	01:15:02	01:13:38	00:16:12	01:01:14
974	2515	JOAQUIM CARRILHO	M	45 150	M4549	SS CGD	01:15:02	01:13:33	00:15:27	00:59:19
975	2035	OSCAR OLIVEIRA	M	46 151	M4549	OS ZATOPEQUES	01:15:06	01:12:45	00:15:04	00:59:10
976	2287	JÚLIO LOPES	M	37 405	M2039	C VETERANOS LIS	01:15:08	01:14:04	00:14:19	00:58:34
977	2158	PEDRO SIMAO	M	33 406	M2039	BALANCE CLUB	01:15:10	01:13:46	00:15:22	00:59:13
978	123	JOAQUIM C ALMEIDA	M	53 110	M5054	INDIVIDUAL	01:15:11	01:13:27	00:15:29	00:59:39

979	3	NUNO SILVA	M	36	407	M2039	INDIVIDUAL	01:15:15	01:13:43	00:16:12	00:59:39
980	1022	ANTONIO M V JACINTO	M	47	152	M4549	CORRER POR GOSTO	01:15:16	01:14:48	00:12:45	00:59:09
981	1692	GABRIEL CHARRUA	M	33	408	M2039	GD SANTANDER TOTTA	01:15:16	01:12:10	00:16:55	01:00:54
982	2481	JOSE A C SILVA	M	43	171	M4044	LESMAS OESTE	01:15:17	01:13:27	00:16:13	00:59:12
983	166	JOSE NOGUEIRA	M	60	26	M6064	INDIVIDUAL	01:15:18	01:14:59	00:13:12	00:59:21
984	254	JOAQUIM B MARTINS	M	52	111	M5054	ESTRELA CA FC	01:15:18	01:15:10	00:12:32	00:59:23
985	733	JOSE DUARTE	M	33	409	M2039	INDIVIDUAL	01:15:18	01:11:53	00:18:11	01:01:16
986	576	DAVID PADRAO	M	28	410	M2039	TRIBO EXTREME	01:15:19	01:12:47	00:17:26	01:01:29
987	487	JOAO PEREIRA	M	49	153	M4549	EIRAGYM	01:15:21	01:14:14	00:14:19	00:59:22
988	539	FILIPE VELUDO	M	37	411	M2039	AMIGOS B	01:15:21	01:14:28	00:14:00	00:59:34
989	247	CARLOS MORAIS	M	40	172	M4044	FALCOES SELVAGENS	01:15:22	01:15:22	00:37:06	#N/D
990	923	CLAUDIA FARITAS	F	40	10	F4044	FALCOES SELVAGENS	01:15:22	01:15:22	00:36:58	#N/D
991	1331	ANTONIO INGLES	M	53	112	M5054	GA MONSANTO GASCAN	01:15:24	01:13:21	00:15:43	00:59:51
992	1817	JOSE LUCAS	M	66	6	M6599	ACR SOUTOS	01:15:26	01:14:15	00:14:07	00:59:54
993	2017	LAURO LAZARINO	M	28	412	M2039	LAPQN	01:15:27	01:14:54	00:13:52	00:59:57
994	1284	VALTER SILVA	M	22	413	M2039	CCRD BURINHOSA	01:15:31	01:14:56	00:13:03	00:58:23
995	1553	CLAUDIO E P RIBEIRO	M	37	414	M2039	INDIVIDUAL	01:15:32	01:14:24	00:14:45	00:59:55
996	1591	FERNANDO MORAIS	M	49	154	M4549	GD BANCO BPI	01:15:32	01:12:13	00:17:34	01:00:45
997	2215	AMILCAR RIBEIRAL	M	64	27	M6064	CAA BELEM	01:15:32	01:14:34	00:14:06	00:59:27
998	2221	JOSE BASTO	M	43	173	M4044	CAA BELEM	01:15:32	01:14:31	00:14:07	00:59:27
999	2444	JOAQUIM NOGUEIRA	M	54	113	M5054	OS FALCOES V SANTAREM	01:15:32	01:13:25	00:16:16	01:00:42
1000	2508	CARLOS A SILVA	M	40	174	M4044	SS CGD	01:15:33	01:13:40	00:15:58	01:00:44
1001	1001	LUIS RENDEIRO	M	49	155	M4549	INDIVIDUAL	01:15:34	01:13:57	00:15:31	01:00:10
1002	2379	CLAUDIA M SILVA	F	44	11	F4044	AC S MAMEDE	01:15:34	01:14:34	00:14:04	00:59:41
1003	298	FIDELIO FERREIRA	M	35	415	M2039	INDIVIDUAL	01:15:36	01:13:10	00:16:02	00:59:31
1004	1764	CARLOS MACHADO	M	36	416	M2039	AMIGOS TACHO	01:15:36	01:13:48	00:15:30	01:00:24
1005	1894	HENRIQUE DELGADO	M	28	417	M2039	CA PENARFIME	01:15:36	01:13:13	00:15:47	00:59:31
1006	2281	AMERICO SANTOS	M	58	68	M5559	C VETERANOS LIS	01:15:37	01:14:26	00:14:42	00:59:42
1007	509	CARLOS CUNHA	M	39	418	M2039	INDIVIDUAL	01:15:39	01:12:56	00:16:49	01:01:04
1008	969	JOAO ANTUNES	M	43	175	M4044	GOLD TEAM	01:15:39	01:15:00	00:13:49	00:59:06
1009	700	CARLOS S COSTA	M	49	156	M4549	AI NHA PERNA	01:15:40	01:12:58	00:16:52	01:01:05
1010	2166	ARMANDINO TABORDA	M	56	69	M5559	GD SANTANDER TOTTA	01:15:41	01:14:38	00:13:30	01:00:09
1011	276	JOAO RAFAEL	M	43	176	M4044	GYMRUNNERS	01:15:42	01:14:05	00:15:12	01:00:32
1012	1485	ABILIO TAVARES	M	57	70	M5559	INDIVIDUAL	01:15:42	01:14:56	00:13:44	00:59:29
1013	1627	ANTONIO ALMEIDA	M	41	177	M4044	INDIVIDUAL	01:15:44	01:13:36	00:16:19	01:01:42
1014	1757	FERNANDO ESPERANÇA	M	46	157	M4549	ANTI ABSTEMIOS	01:15:44	01:13:35	00:15:41	01:00:31
1015	1969	CARLOS V SOUTO	M	46	158	M4549	AÇOREANA C BANIF	01:15:44	01:13:17	00:16:19	01:00:41
1016	537	PEDRO M A MARTINS	M	33	419	M2039	INDIVIDUAL	01:15:45	01:13:58	00:15:33	00:59:30
1017	1665	ELIAS A B BARROS	M	26	420	M2039	INDIVIDUAL	01:15:45	01:15:23	00:13:06	00:59:32
1018	594	MIGUEL F M SILVA	M	36	421	M2039	TGV	01:15:46	01:15:01	00:13:32	00:59:57
1019	711	CARLOS IMPERADEIRO	M	24	422	M2039	RUN 4 FUN	01:15:47	01:13:18	00:15:48	01:00:06
1020	48	LUIS AFONSO	M	41	178	M4044	JAF	01:15:48	01:14:16	00:15:13	01:00:20
1021	1148	PEDRO VICENTE	M	36	423	M2039	GDR FIGUEIRAS	01:15:48	01:13:57	00:15:35	01:00:11
1022	478	LUIS M G MIRAO	M	36	424	M2039	WHY NOT RUN	01:15:50	01:14:09	00:14:20	00:59:35
1023	347	CARLOS LIMA	M	41	179	M4044	CA PARQUE PAZ	01:15:56	01:14:37	00:15:18	01:00:14
1024	619	JOSE MACHADO	M	49	159	M4549	INDIVIDUAL	01:15:56	01:14:23	00:15:41	01:00:41
1025	122	JOSE C PEREIRA	M	44	180	M4044	INDIVIDUAL	01:15:57	01:13:52	00:16:18	01:00:56
1026	1095	EMANUEL JORDAO	M	28	425	M2039	INDIVIDUAL	01:15:57	01:13:55	00:15:09	01:00:07
1027	159	MARGARIDA FERNANDES	F	27	24	F2039	PORTUGAL RUNNING	01:15:58	01:14:23	00:15:15	01:00:38
1028	1474	MANUEL G SILVA	M	52	114	M5054	INDIVIDUAL	01:15:58	01:12:49	00:17:59	01:00:17
1029	1785	JOAO SANTOS	M	54	115	M5054	NS SAO MIGUEL	01:16:00	01:15:27	00:14:15	01:00:01
1030	217	NUNO MARTINS	M	35	426	M2039	RAIL RUNNERS	01:16:01	01:13:39	00:16:12	01:00:48
1031	2154	JORGE R R PAULINO	M	49	160	M4549	INDIVIDUAL	01:16:02	01:14:58	00:14:42	01:00:24
1032	145	NUNO M ANTUNES	M	43	181	M4044	GD DEUTSCHE BANK	01:16:03	01:13:43	00:16:24	01:00:16
1033	305	MARCO MATOS	M	32	427	M2039	INDIVIDUAL	01:16:03	01:13:44	00:16:24	01:00:16

1034	2223	PEDRO FILIPE	M	31	428	M2039	CAA BELEM	01:16:04	01:15:05	00:14:19	00:59:29
1035	1779	ISABEL CABRAL	F	54	12	F4599	NS SAO MIGUEL	01:16:05	01:15:32	00:13:22	00:59:45
1036	2044	JOSE CUNHA	M	48	161	M4549	OS ZATOPEQUES	01:16:05	01:14:25	00:16:16	01:00:47
1037	2085	JOAO CARVALHO	M	43	182	M4044	OS SANTARENOS	01:16:05	01:14:44	00:14:23	01:00:24
1038	109	JOSE BAGINA	M	41	183	M4044	RUN 4 FUN	01:16:06	01:15:08	00:13:52	00:59:43
1039	998	DANIEL SANTOS	M	34	429	M2039	TALENTOPRACORRER TEAM	01:16:06	01:13:39	00:15:48	00:59:47
1040	1065	FRANCISCO PRATES	M	64	28	M6064	AA LEBRES SADO	01:16:06	01:15:48	00:13:19	#N/D
1041	1594	VASCO A N G SANTOS	M	53	116	M5054	GD BANCO BPI	01:16:06	01:15:47	00:12:56	01:00:04
1042	614	PAULO J G NUNES	M	39	430	M2039	INDIVIDUAL	01:16:07	01:14:13	00:15:35	01:00:15
1043	1425	CARLOS P GOMES	M	55	71	M5559	RAPOTAXO	01:16:08	01:15:36	00:12:58	00:59:25
1044	2353	LUIS NUNES	M	56	72	M5559	CA OBIDOS	01:16:08	01:13:42	00:16:48	01:01:17
1045	746	ANTONIO SIMPLICIO	M	40	184	M4044	TO BE PROJECT	01:16:09	01:14:45	00:15:06	00:59:01
1046	1113	JOSE M R SANTOS	M	53	117	M5054	INDIVIDUAL	01:16:09	01:13:44	00:16:39	01:01:24
1047	1480	VITOR P FERREIRA	M	48	162	M4549	CP ALCANENA	01:16:10	01:14:57	00:14:32	01:00:04
1048	2300	FRANCISCO J FARIAS	M	54	118	M5054	GCA DONAS	01:16:10	01:15:41	00:12:54	00:59:09
1049	2323	JOSE C ROMANO	M	47	163	M4549	INDIVIDUAL	01:16:10	01:14:29	00:16:15	01:01:45
1050	2561	MANUEL FERREIRA	M	44	185	M4044	OS BRAGUINHAS	01:16:11	01:14:29	00:15:56	01:01:24
1051	2230	SERAFIM RAMOS	M	54	119	M5054	CP EDP PORTO	01:16:14	01:15:05	00:14:00	00:59:55
1052	239	JOSE MARTINS	M	45	164	M4549	FALCOES SELVAGENS	01:16:16	01:13:11	00:16:32	01:00:59
1053	654	JORGE A SOARES	M	45	165	M4549	C MILLENNIUMBCP	01:16:16	01:15:11	00:14:52	01:01:35
1054	1535	MIGUEL A A CAMPOS	M	36	431	M2039	HP COIMBRA	01:16:17	01:15:31	00:14:37	01:00:38
1055	448	ARMINDO MIRANTE	M	47	166	M4549	LXRUN	01:16:20	01:15:55	00:13:58	01:00:35
1056	604	JOSE J SILVA	M	42	186	M4044	FORMASPORT	01:16:20	01:14:34	00:16:08	01:01:22
1057	1424	ALEXANDRE M D FIALHO	M	35	432	M2039	INDIVIDUAL	01:16:21	01:13:50	00:16:20	01:00:55
1058	1883	JOSE F H C VITAL	M	48	167	M4549	INDIVIDUAL	01:16:21	01:15:13	00:15:26	01:01:02
1059	874	FRANCISCO VAZ	M	44	187	M4044	FRUFRESH RUNNERS	01:16:22	01:14:04	00:15:52	01:00:53
1060	2498	TINA OLIVEIRA	F	47	13	F4599	MIRANTENSE FC	01:16:22	01:15:49	00:13:34	01:00:15
1061	1552	GABRIEL SANTOS	M	52	120	M5054	CPR A BARBAS	01:16:23	01:15:39	00:13:27	00:59:43
1062	2312	ANTONIO VELA	M	26	433	M2039	I2S	01:16:24	01:14:09	00:16:14	01:01:28
1063	186	PEDRO ALVES	M	41	188	M4044	CCD SINTRENSE	01:16:25	01:15:13	00:14:10	01:00:13
1064	440	ANTONIO M PINTO	M	69	7	M6599	INDIVIDUAL	01:16:25	01:16:14	00:13:23	01:00:21
1065	470	LISDALIA NUNES	F	55	14	F4599	VETERANOS TEIXOSO	01:16:25	01:16:15	00:12:59	00:59:36
1066	2490	DAVID L GONCALVES	M	32	434	M2039	CSP CM PENICHE	01:16:25	01:15:06	00:15:49	01:01:37
1067	512	PEDRO GARCIA	M	43	189	M4044	INDIVIDUAL	01:16:26	01:13:43	00:16:41	01:02:25
1068	2367	MANUEL PEREZ	M	35	435	M2039	CLUB MARATHON BADAJOZ	01:16:26	01:14:26	00:16:38	01:01:33
1069	2149	CARLOS F D ROSA	M	40	190	M4044	OS TONGAS	01:16:29	01:13:27	00:17:37	01:01:39
1070	2150	FRANCISCO SOARES	M	55	73	M5559	OS TONGAS	01:16:29	01:13:27	00:17:36	01:01:39
1071	1217	PEDRO MARQUES	M	37	436	M2039	FALCOES SELVAGENS	01:16:31	01:13:19	00:17:36	01:01:59
1072	1489	MANUEL SILVA	M	52	121	M5054	INDIVIDUAL	01:16:31	01:13:24	00:18:01	01:01:34
1073	1218	DIOGO BARRETO	M	20	437	M2039	FALCOES SELVAGENS	01:16:32	01:13:21	00:17:30	01:01:58
1074	1215	HUGO CHAMBEL	M	34	438	M2039	FALCOES SELVAGENS	01:16:34	01:13:23	00:17:29	01:01:57
1075	455	RAUL MATOS	M	43	191	M4044	RUN 4 FUN	01:16:35	01:15:41	00:13:22	00:59:58
1076	1062	LUIS SANTOS	M	47	168	M4549	AA LEBRES SADO	01:16:35	01:14:57	00:15:09	01:01:21
1077	2275	RUTH LOPES	F	41	12	F4044	PUMAS GUINCHO	01:16:36	01:14:41	00:16:14	01:01:24
1078	104	BENTO QUARESMA	M	39	439	M2039	LINDA PASTORA SC	01:16:37	01:15:51	00:13:35	01:00:15
1079	491	JOAO MIRANDA	M	24	440	M2039	INDIVIDUAL	01:16:39	01:14:56	00:16:38	01:03:06
1080	970	PEDRO CUSTODIO	M	43	192	M4044	GOLD TEAM	01:16:39	01:15:56	00:13:59	01:01:04
1081	1755	FILIPE CARREIRA	M	26	441	M2039	ANTI ABSTEMIOS	01:16:40	01:14:24	00:16:05	01:00:08
1082	457	DANIEL PEREIRA	M	39	442	M2039	INDIVIDUAL	01:16:41	01:15:23	00:15:20	01:01:21
1083	616	PEDRO A A NICOLAU	M	40	193	M4044	INDIVIDUAL	01:16:42	01:14:43	00:17:02	01:01:46
1084	560	PAULO PEREIRA	M	41	194	M4044	ASAS NOS PES	01:16:43	01:13:45	00:17:04	01:01:44
1085	463	ANTONIO FELICIANO	M	63	29	M6064	VETERANOS TEIXOSO	01:16:44	01:16:34	00:12:39	01:00:40
1086	1056	MIGUEL CASTELA	M	41	195	M4044	AA LEBRES SADO	01:16:44	01:13:49	00:17:01	01:01:52
1087	1936	PEDRO LOUREIRO	M	20	443	M2039	INDIVIDUAL	01:16:44	01:14:30	00:16:08	01:01:52
1088	2318	JOSE HENRIQUES	M	40	196	M4044	INDIVIDUAL	01:16:44	01:14:09	00:16:37	01:01:30

1089	538	MIGUEL DIAS	M	41	197	M4044	RUN 4 FUN	01:16:45	01:15:49	00:13:42	01:01:15
1090	1004	ALFREDO FALÇAO	M	47	169	M4549	RUN 4 FUN	01:16:46	01:15:46	00:14:09	01:00:42
1091	1206	JOSE MOGA	M	54	122	M5054	INDIVIDUAL	01:16:46	01:14:54	00:16:27	01:02:17
1092	1212	FERNANDO SILVA	M	47	170	M4549	INDIVIDUAL	01:16:46	01:14:53	00:16:27	01:02:18
1093	1247	JOSE SOUSA	M	50	123	M5054	CCD TRANQUILIDADE	01:16:46	01:14:46	00:16:01	01:01:18
1094	901	PEDRO BRITO	M	33	444	M2039	PES TROIKADOS	01:16:47	01:13:58	00:16:16	01:01:01
1095	2338	GRACA ROLDAO	F	48	15	F4599	OS TUGAS	01:16:47	01:13:55	00:17:07	01:01:57
1096	620	ANDRE COELHO	M	26	445	M2039	CP EDP LISBOA	01:16:48	01:15:11	00:16:18	01:01:26
1097	812	PEDRO RIBEIRO	M	34	446	M2039	TRIBO EXTREME	01:16:48	01:14:18	00:17:24	01:01:29
1098	662	MARIO R ROMAO	M	39	447	M2039	C MILLENNIUMBCP	01:16:49	01:14:46	00:15:49	01:01:32
1099	1172	RUI GAMA	M	41	198	M4044	CD GRUPO BES	01:16:49	01:16:49	00:12:33	00:59:54
1100	1481	PAULO J R FERNANDES	M	29	448	M2039	CP ALCANENA	01:16:49	01:15:37	00:14:47	01:00:51
1101	1512	NUNO M SILVA	M	57	74	M5559	GD INE	01:16:50	01:15:08	00:15:52	01:01:34
1102	1944	JOSE NEVES	M	33	449	M2039	CAFE RUI	01:16:53	01:14:39	00:17:21	01:02:41
1103	143	PEDRO RODRIGUES	M	42	199	M4044	INDIVIDUAL	01:16:54	01:14:35	00:16:20	01:01:30
1104	1946	PEDRO NEVES	M	31	450	M2039	CAFE RUI	01:16:54	01:14:39	00:17:21	01:02:40
1105	519	SERGIO P T SILVA	M	40	200	M4044	FORÇA	01:16:55	01:15:13	00:16:00	01:02:23
1106	1837	PEDRO LUIS MAIA	M	27	451	M2039	INDIVIDUAL	01:16:55	01:14:06	00:16:10	01:01:22
1107	2456	ANTONIO APURA	M	39	452	M2039	INDIVIDUAL	01:16:57	01:14:32	00:16:21	01:01:48
1108	191	PAULO NEVES	M	35	453	M2039	CCD SINTRENSE	01:16:58	01:16:25	00:13:06	01:00:33
1109	10	ILIDIO ML NOGUEIRA	M	29	454	M2039	INDIVIDUAL	01:16:59	01:13:59	00:17:24	01:02:27
1110	1075	OCTAVIO MARIANO	M	41	201	M4044	CCRD BURINHOSA	01:16:59	01:14:31	00:16:27	01:01:13
1111	103	ALEXANDRE D R FRUTUOSO	M	31	455	M2039	INDIVIDUAL	01:17:00	01:15:42	00:15:17	01:00:52
1112	752	EMIDIO J S EUSEBIO	M	34	456	M2039	INDIVIDUAL	01:17:00	01:16:08	00:13:43	01:00:20
1113	2560	AMERICO FERREIRA	M	60	30	M6064	OS BRAGUINHAS	01:17:01	01:15:58	00:13:50	01:01:07
1114	2562	JOSE SILVA	M	40	202	M4044	OS BRAGUINHAS	01:17:01	01:15:58	00:13:50	01:01:08
1115	599	MARIO J SILVA	M	50	124	M5054	GEORUNNERS	01:17:02	01:15:47	00:15:35	01:01:48
1116	1272	VITOR REVEZ	M	52	125	M5054	CD CA TE ESPERO	01:17:02	01:14:46	00:16:42	01:01:25
1117	927	RICARDO G M SILVA	M	33	457	M2039	LESMAS OESTE	01:17:05	01:14:35	00:17:52	01:01:59
1118	1124	MAURICIO ANTUNES	M	28	458	M2039	INDIVIDUAL	01:17:08	01:15:58	00:15:12	01:01:38
1119	2056	PAULO A SILVA	M	48	171	M4549	LEXVIS	01:17:08	01:16:12	00:14:14	01:01:06
1120	665	JOSE L N MARQUES	M	41	203	M4044	C MILLENNIUMBCP	01:17:09	01:16:04	00:14:53	01:01:35
1121	1559	PAULA SANTOS	F	42	13	F4044	OS TUGAS	01:17:09	01:15:08	00:16:17	01:01:41
1122	1794	CARLOS GOMES	M	40	204	M4044	NS SAO MIGUEL	01:17:09	01:15:32	00:16:30	01:01:50
1123	1169	PAULA JACOB	F	34	25	F2039	CD GRUPO BES	01:17:10	01:15:42	00:15:03	01:01:43
1124	1792	OSVALDO REIS	M	47	172	M4549	NS SAO MIGUEL	01:17:10	01:15:33	00:16:30	01:01:50
1125	681	CARLOS F A CORREIA	M	35	459	M2039	AS LEBRES RINCHOA	01:17:12	01:16:49	00:13:25	01:00:52
1126	1600	JOAO ROSA	M	31	460	M2039	MG333	01:17:12	01:16:23	00:13:28	01:00:46
1127	87	CARLOS GONCALVES	M	55	75	M5559	V-4	01:17:13	01:16:55	00:12:40	01:00:42
1128	658	OSCAR S MARQUES	M	57	76	M5559	C MILLENNIUMBCP	01:17:13	01:15:58	00:15:40	01:02:02
1129	1472	RUDOLFO S MARTINS	M	44	205	M4044	INDIVIDUAL	01:17:13	01:16:31	00:14:23	01:01:14
1130	110	CARLOS MAURICIO	M	45	173	M4549	INDIVIDUAL	01:17:17	01:15:03	00:16:30	01:02:08
1131	571	ISAIAS PEDRO	M	30	461	M2039	INDIVIDUAL	01:17:17	01:15:06	00:15:19	01:01:19
1132	1141	DIAMANTINO CRUZ	M	54	126	M5054	GDR FIGUEIRAS	01:17:17	01:15:51	00:15:23	01:00:32
1133	1192	ANTONIO FERNANDES	M	55	77	M5559	INDIVIDUAL	01:17:18	01:16:27	00:15:06	01:02:16
1134	680	ALBISIO M FERNANDES	M	57	78	M5559	RUN 4 FUN	01:17:20	01:16:24	00:14:29	01:01:16
1135	1437	MARCO A D CARMO	M	38	462	M2039	INDIVIDUAL	01:17:20	01:16:22	00:14:16	01:00:44
1136	52	BRUNO LOPES	M	31	463	M2039	INDIVIDUAL	01:17:22	01:16:38	00:14:12	01:00:39
1137	603	ANTONIO CORREIA	M	54	127	M5054	GEORUNNERS	01:17:22	01:15:50	00:15:22	01:01:48
1138	1515	PAULO PUGA	M	46	174	M4549	GD INE	01:17:22	01:15:39	00:15:52	01:01:56
1139	2144	ANTONIO MAMEDE	M	54	128	M5054	GELPINHOS	01:17:22	01:17:00	00:13:05	01:00:35
1140	2382	FILIPPE TOMAS	M	68	8	M6599	AC S MAMEDE	01:17:22	01:15:32	00:16:25	01:02:09
1141	912	JOSE A E ANJOS	M	49	175	M4549	AA SEIXAL	01:17:23	01:16:27	00:14:21	01:01:03
1142	2485	RUI C ALMEIDA	M	43	206	M4044	INDIVIDUAL	01:17:23	01:16:23	00:14:18	01:01:16
1143	2006	JOSE A P ESTEVES	M	59	79	M5559	INDIVIDUAL	01:17:24	01:16:44	00:13:53	01:01:27

1144	2088	MANUEL ZORRO	M	50	129	M5054	AA MAFRA	01:17:25	01:14:17	00:19:27	01:03:40
1145	667	MARIO J DUARTE	M	42	207	M4044	C MILLENNIUMBCP	01:17:27	01:15:09	00:16:57	01:02:41
1146	1091	LUIS CONCEICAO	M	52	130	M5054	CCRD BURINHOSA	01:17:29	01:15:01	00:16:26	01:01:56
1147	150	JOAO FONSECA	M	43	208	M4044	ALIVIADOS	01:17:30	01:16:41	00:15:09	01:02:04
1148	618	DANIEL REIS	M	38	464	M2039	INDIVIDUAL	01:17:31	01:15:47	00:16:34	01:02:11
1149	939	LUIS CARVALHO	M	38	465	M2039	LVTEAM	01:17:32	01:16:26	00:14:29	01:01:44
1150	1156	INES MARQUES	F	35	26	F2039	ADCR P JUDICIARIA	01:17:32	01:14:53	00:16:27	01:01:41
1151	1265	PEDRO MELO	M	39	466	M2039	COMPANHIA BAZOFIAS	01:17:32	01:15:35	00:15:41	01:01:51
1152	1155	VIRGILIO OLIVEIRA	M	51	131	M5054	ADCR P JUDICIARIA	01:17:33	01:14:54	00:16:26	01:01:41
1153	220	PAULA PENEDO	F	35	27	F2039	RAIL RUNNERS	01:17:34	01:15:13	00:16:16	01:02:35
1154	1808	VICTOR ROIOS	M	42	209	M4044	INDIVIDUAL	01:17:34	01:14:26	00:18:05	01:02:33
1155	1807	TIAGO CASTRO	M	39	467	M2039	INDIVIDUAL	01:17:35	01:14:27	00:18:05	01:02:33
1156	363	NORBERTO C E MOREIRA	M	59	80	M5559	AMIGOS LAGOS	01:17:36	01:14:46	00:16:51	01:02:02
1157	318	LUCIANO B R R PEREIRA	M	54	132	M5054	PORTO RUNNERS	01:17:37	01:14:32	00:16:50	01:02:12
1158	933	ANTONIO VENTURA	M	52	133	M5054	INDIVIDUAL	01:17:39	01:16:52	00:14:26	01:01:38
1159	367	JOSE RIBEIRO	M	46	176	M4549	FALCOES SELVAGENS	01:17:40	01:14:31	00:17:30	01:02:54
1160	629	PEDRO MAGALHAES	M	36	468	M2039	ARRASTASSOLAS	01:17:40	01:15:44	00:16:09	01:01:59
1161	836	JOANA C REBELO	F	31	28	F2039	TERRORES ASFALTO	01:17:40	01:15:17	00:16:40	01:02:00
1162	2057	ALICE MOUTINHO	F	48	16	F4599	INDIVIDUAL	01:17:40	01:14:53	00:17:01	01:02:10
1163	727	RICARDO DA SILVA CARVALHEIRO	M	36	469	M2039	INDIVIDUAL	01:17:42	01:16:25	00:16:18	01:01:58
1164	1905	JORGE FERREIRA	M	47	177	M4549	RUNNING OF D MARIA	01:17:42	01:17:42	#N/D	00:59:45
1165	1906	PAULO MARTINS	M	44	210	M4044	RUNNING OF D MARIA	01:17:42	01:15:50	00:16:11	01:01:27
1166	1275	JAIME MESTRE	M	41	211	M4044	GD AGUIA MOITA	01:17:43	01:16:04	00:16:12	01:02:43
1167	1564	ALBERTO M F NUNES	M	52	134	M5054	INDIVIDUAL	01:17:43	01:16:12	00:15:50	01:02:00
1168	844	NELSON SATURNINO	M	38	470	M2039	GP RUNNERS	01:17:44	01:15:07	00:17:10	01:03:27
1169	2457	PEDRO A OLIVEIRA	M	38	471	M2039	INDIVIDUAL	01:17:44	01:15:20	00:16:42	01:02:26
1170	2274	CRISTINA GAVINHO	F	35	29	F2039	PUMAS GUINCHO	01:17:45	01:15:49	00:16:14	01:02:03
1171	309	PEDRO G SILVA	M	38	472	M2039	INDIVIDUAL	01:17:46	01:15:06	00:16:34	01:02:23
1172	164	RUI J SILVA	M	45	178	M4549	LIBERDADE FC	01:17:47	01:17:09	00:14:38	01:02:18
1173	1114	PAULO LUIS	M	48	179	M4549	INDIVIDUAL	01:17:48	01:15:22	00:16:39	01:01:39
1174	2050	ANTONIO DUARTE	M	51	135	M5054	SCALABIS N RUNNERS	01:17:48	01:15:10	00:17:05	01:02:35
1175	1070	ADELINO PARREIRA	M	56	81	M5559	INDIVIDUAL	01:17:49	01:16:38	00:14:49	01:01:39
1176	1181	RICARDO SOUSA	M	33	473	M2039	BOAVISTA RUN	01:17:49	01:15:53	00:15:58	01:02:05
1177	1454	NEVES SILVA	M	59	82	M5559	C FERROV PORTUGAL	01:17:52	01:15:58	00:15:58	01:02:01
1178	582	TIAGO INACIO	M	29	474	M2039	C BENFICA ALHANDRA	01:17:53	01:16:34	00:15:49	01:01:36
1179	1681	HENRIQUE ALVAREDO	M	54	136	M5054	C SARGENTO ARMADA	01:17:53	01:16:03	00:15:53	01:01:48
1180	1907	JORGE SIMOES	M	43	212	M4044	RUNNING OF D MARIA	01:17:53	01:17:53	#N/D	00:59:45
1181	1799	JOSE A S PEREIRA	M	55	83	M5559	INDIVIDUAL	01:17:54	01:17:15	00:14:37	01:02:09
1182	1826	JOSE C CANHOLA	M	40	213	M4044	INDIVIDUAL	01:17:54	01:15:38	00:16:07	01:02:01
1183	430	RUI MATOS	M	34	475	M2039	MM	01:17:55	01:16:19	00:15:56	01:02:37
1184	2269	ANTONIO P SIMOES	M	36	476	M2039	HORTAPRONTA SA	01:17:56	01:17:30	00:13:03	01:00:55
1185	139	DAVID ALMEIDA	M	41	214	M4044	SAPATILHAS ARDENTES	01:17:57	01:16:08	00:15:39	01:01:47
1186	931	ALBINO OLIVEIRA	M	62	31	M6064	INDIVIDUAL	01:17:57	01:17:28	00:13:36	01:01:35
1187	311	JOSE C ALMEIDA	M	41	215	M4044	INDIVIDUAL	01:17:58	01:17:45	00:12:36	01:01:06
1188	1670	MAGNIFICA ALVAREDO	F	57	17	F4599	C SARGENTO ARMADA	01:18:00	01:16:41	00:15:19	01:02:07
1189	609	RICARDO REIS	M	34	477	M2039	INDIVIDUAL	01:18:01	01:15:17	00:16:32	01:02:23
1190	890	PEDRO F M SILVA	M	27	478	M2039	INDIVIDUAL	01:18:01	01:16:13	00:15:26	01:02:19
1191	2113	ROGERIO SANTOS	M	35	479	M2039	SMO RUNNERS	01:18:02	01:15:45	00:16:57	01:02:16
1192	2114	FERNANDO RAMOS	M	37	480	M2039	SMO RUNNERS	01:18:02	01:15:44	00:16:57	01:02:16
1193	231	JOSE CALADO	M	30	481	M2039	PERNAS GAFANHOTO	01:18:03	01:15:02	00:16:52	01:02:55
1194	2557	ANTONIO MAGALHAES	M	65	9	M6599	OS BRAGUINHAS	01:18:04	01:17:02	00:15:33	01:02:25
1195	101	DUARTE M L FARIA	M	24	482	M2039	INDIGO	01:18:05	01:16:02	00:15:37	01:01:24
1196	814	PEDRO M L PEREIRA	M	27	483	M2039	CNCVG	01:18:05	01:16:10	00:16:15	01:02:05
1197	2100	LEONEL AMARO	M	47	180	M4549	AA MAFRA	01:18:05	01:16:11	00:16:22	01:02:05
1198	1053	ALBERTO SA	M	59	84	M5559	TURBO-LENTOS	01:18:06	01:15:34	00:17:50	01:03:05

1199	1495	JOAO SANTOS	M	35 484	M2039	GDC PORTO SINES	01:18:06	01:17:23	00:14:19	01:01:50
1200	1318	ALEXANDRE P LIVERIO	M	39 485	M2039	INDIVIDUAL	01:18:07	01:16:27	00:15:34	01:02:10
1201	29	ANTONIO J R BATISTA	M	42 216	M4044	POUCOS MAS BONS	01:18:08	01:17:14	00:14:46	01:02:17
1202	233	NUNO LUCAS	M	32 486	M2039	PERNAS GAFANHOTO	01:18:08	01:15:20	00:16:45	01:02:13
1203	1167	JOSE PEQUENO	M	36 487	M2039	CD GRUPO BES	01:18:09	01:17:45	00:12:35	00:59:44
1204	2499	PAULO ANTONIO	M	47 181	M4549	MIRANTENSE FC	01:18:09	01:18:05	00:12:19	01:01:28
1205	1625	TELMA ALVES	F	26 30	F2039	CCD O ALVITEJO	01:18:10	01:17:32	00:13:48	01:01:25
1206	2025	MIGUEL BALTAZAR	M	37 488	M2039	ANIMESALUS	01:18:10	01:15:06	00:18:25	01:03:33
1207	2026	SUSANA MARTINS	F	34 31	F2039	ANIMESALUS	01:18:11	01:15:11	00:18:25	01:03:32
1208	1233	VITOR TEIXEIRA	M	51 137	M5054	INDIVIDUAL	01:18:12	01:15:06	00:17:50	01:03:09
1209	196	MANUEL C PAULO	M	55 85	M5559	ODEBRECHT/BPC	01:18:15	01:16:59	00:14:43	01:01:19
1210	1900	HELDER PARDAL	M	34 489	M2039	C ORIENTAÇÃO AVENTURA	01:18:16	01:17:01	00:14:17	01:01:00
1211	1080	TELMO PEDROSO	M	38 490	M2039	CCRD BURINHOSA	01:18:18	01:16:44	00:15:08	01:01:43
1212	2250	JOAQUIM MACEDO	M	57 86	M5559	INDIVIDUAL	01:18:19	01:16:15	00:16:09	01:02:35
1213	2255	LUIS MACEDO	M	33 491	M2039	INDIVIDUAL	01:18:19	01:16:12	00:16:09	01:02:34
1214	84	GABRIELA O FREITAS	F	32 32	F2039	INDIVIDUAL	01:18:20	01:16:44	00:15:16	01:02:07
1215	1289	SERGIO SILVA	M	38 492	M2039	AC VERMOIL	01:18:20	01:15:34	00:16:41	01:02:44
1216	821	FILIFE FRAGA	M	49 182	M4549	HAND2HAND	01:18:23	01:17:07	00:15:24	01:02:47
1217	1462	MANUEL TRINDADE	M	55 87	M5559	ADCEO	01:18:23	01:17:08	00:14:56	01:01:58
1218	444	GILBERTO SANTOS	M	42 217	M4044	MIMADOS DOPAPA	01:18:27	01:17:43	00:13:00	01:01:22
1219	1878	ALBERTINO P SANTOS	M	67 10	M6599	INDIVIDUAL	01:18:28	01:18:06	00:13:45	01:01:56
1220	2122	RAUL B CORREIA	M	47 183	M4549	GELPINHOS	01:18:28	01:18:07	00:13:42	01:01:56
1221	1099	VITOR SEBASTIAO	M	25 493	M2039	INDIVIDUAL	01:18:29	01:16:20	00:17:35	01:03:39
1222	1599	JOAO ARAUJO	M	21 494	M2039	INDIVIDUAL	01:18:29	01:16:07	00:16:20	01:02:18
1223	2296	RUDOLFO J S P P QUINTAS	M	31 495	M2039	GCA DONAS	01:18:29	01:17:43	00:14:12	01:01:37
1224	751	FERNANDO TOMAZ	M	42 218	M4044	TO BE PROJECT	01:18:30	01:17:04	00:15:07	01:02:51
1225	2535	ABILIO COSTA	M	58 88	M5559	OS BRAGUINHAS	01:18:30	01:17:55	00:14:41	01:02:23
1226	477	DAVID GONCALVES	M	37 496	M2039	WHY NOT RUN	01:18:31	01:16:49	00:14:43	01:01:18
1227	563	JOAO BEIRAO	M	59 89	M5559	ASAS NOS PES	01:18:34	01:16:37	00:15:35	01:01:59
1228	1057	LUIS OLIVEIRA	M	42 219	M4044	AA LEBRES SADO	01:18:34	01:15:39	00:17:02	01:01:46
1229	189	ROSA CARITA	F	52 18	F4599	CCD SINTRENSE	01:18:35	01:17:56	00:14:10	01:02:14
1230	2042	FREDERIC SERRE	M	44 220	M4044	OS ZATOPEQUES	01:18:35	01:15:26	00:17:09	01:02:34
1231	1377	MANUEL BRITO	M	53 138	M5054	CA BARREIRA	01:18:38	01:16:15	00:16:50	01:03:14
1232	1547	GONCALO JANUARIO	M	25 497	M2039	CPR A BARBAS	01:18:38	01:18:22	00:13:48	01:02:16
1233	1499	ANTONIO MARQUES	M	57 90	M5559	GD INE	01:18:39	01:16:56	00:15:56	01:02:20
1234	1854	ROMINA P GUEDES	F	29 33	F2039	INDIVIDUAL	01:18:39	01:17:54	00:14:29	01:02:25
1235	695	GIL COSTA	M	52 139	M5054	INDIVIDUAL	01:18:40	01:15:53	00:18:10	01:03:21
1236	1565	RUI FILIFE	M	38 498	M2039	BIGFEET	01:18:40	01:17:22	00:15:28	01:02:30
1237	92	PAULO PESSOA	M	49 184	M4549	LX RUN	01:18:42	01:17:11	00:16:25	01:02:50
1238	214	JOSE LUIS DIAS	M	45 185	M4549	RAIL RUNNERS	01:18:42	01:16:13	00:16:41	01:02:36
1239	1103	CLAUDIO OLIVEIRA	M	29 499	M2039	INDIVIDUAL	01:18:42	01:16:36	00:17:35	01:03:39
1240	2488	ANTONIO MAMEDE	M	49 186	M4549	CSP CM PENICHE	01:18:42	01:17:24	00:15:28	01:02:30
1241	2392	NUNO VENTURA	M	39 500	M2039	WIKABOO	01:18:43	01:18:01	00:13:47	01:01:26
1242	989	ISABEL MARTINS	F	41 14	F4044	GARMIN/ CO OEIRAS	01:18:44	01:17:24	00:15:44	01:03:04
1243	1361	ANTONIO SILVINO	M	48 187	M4549	CA BARREIRA	01:18:44	01:17:09	00:16:33	01:03:07
1244	2377	ANABELA R G DUQUE	F	42 15	F4044	AC S MAMEDE	01:18:45	01:17:10	00:16:33	01:03:07
1245	891	GUILHERME ANTUNES	M	47 188	M4549	INDIVIDUAL	01:18:46	01:17:26	00:15:44	01:03:07
1246	2164	ADERITO TEIXEIRA	M	67 11	M6599	GD SANTANDER TOTTA	01:18:46	01:17:53	00:13:45	01:01:12
1247	790	LUIS A S C FRANCO	M	48 189	M4549	INDIVIDUAL	01:18:47	01:18:13	00:14:22	01:02:54
1248	405	JOAO CURVELO	M	37 501	M2039	LEBRES OUTURELA	01:18:48	01:15:37	00:17:43	01:04:04
1249	741	NELSON CRUZ	M	38 502	M2039	SEIXEIRA JUNCAL	01:18:49	01:16:57	00:16:24	01:03:20
1250	2524	RUI MARTINS	M	32 503	M2039	SS CGD	01:18:49	01:15:43	00:18:04	01:02:47
1251	1413	NUNO P RODRIGUES	M	35 504	M2039	INDIVIDUAL	01:18:52	01:18:08	00:14:23	01:02:42
1252	466	FILIFE PROENCA	M	57 91	M5559	VETERANOS TEIXOSO	01:18:54	01:18:44	00:13:34	01:01:30
1253	465	ANTONIO PAIS	M	56 92	M5559	VETERANOS TEIXOSO	01:18:55	01:18:44	00:13:26	01:01:23

1254	2217	ALBERTO CANO	M	59	93	M5559	CAA BELEM	01:18:58	01:16:49	00:15:41	01:03:28
1255	1274	CARLOS SECO	M	52	140	M5054	GD AGUIA MOITA	01:18:59	01:17:22	00:16:12	01:02:50
1256	1740	SUSANA ROSA	F	20	34	F2039	C BENFICA ABRANTES	01:18:59	01:17:05	00:15:31	01:01:30
1257	142	JOSE C A TRONCOSO	M	51	141	M5054	INDIVIDUAL	01:19:00	01:18:13	00:14:02	01:02:42
1258	403	ANTONIO DESIDERIO	M	45	190	M4549	RUN 4 FUN	01:19:00	01:16:30	00:17:26	01:04:14
1259	316	JOAO VEIGA	M	23	505	M2039	RUN 4 FUN	01:19:02	01:16:32	00:16:49	01:03:32
1260	556	CARLOS LAVADINHO	M	41	221	M4044	INDIVIDUAL	01:19:02	01:17:11	00:16:45	01:03:37
1261	1502	CARLOS DIAS	M	52	142	M5054	GD INE	01:19:03	01:17:18	00:15:58	01:03:06
1262	763	PEDRO M B RAPOSO	M	28	506	M2039	BROGUEIRA	01:19:04	01:16:26	00:17:44	01:04:20
1263	279	JORGE PAULO	M	53	143	M5054	RUN 4 FUN	01:19:05	01:17:29	00:16:08	01:03:07
1264	402	JOSE MAGALHAES	M	45	191	M4549	RUN 4 FUN	01:19:05	01:16:36	00:17:27	01:03:32
1265	90	SANDRINA C CUNHA	F	29	35	F2039	INDIVIDUAL	01:19:06	01:16:31	00:18:07	01:04:33
1266	89	ANDRE J LEANDRO	M	28	507	M2039	INDIVIDUAL	01:19:07	01:16:30	00:18:07	01:04:33
1267	281	HORACIO VIEIRA	M	62	32	M6064	INDIVIDUAL	01:19:07	01:17:39	00:15:32	01:03:06
1268	1264	FERNANDO ROTHES	M	42	222	M4044	COMPANHIA BAZOFIAS	01:19:08	01:17:16	00:14:49	01:01:44
1269	2236	AMERICO POMBO	M	47	192	M4549	INDIVIDUAL	01:19:08	01:17:26	00:16:47	01:03:18
1270	787	MANUEL FERREIRA	M	60	33	M6064	GINASIO PONTE FC	01:19:14	01:17:52	00:16:07	#N/D
1271	2247	FILIPPE RIO	M	31	508	M2039	INDIVIDUAL	01:19:14	01:16:22	00:17:20	01:03:27
1272	97	PEDRO CARVALHO	M	39	509	M2039	INDIVIDUAL	01:19:16	01:15:58	00:18:31	01:04:45
1273	235	ANTONIO CANDEIAS	M	50	144	M5054	FALCOES SELVAGENS	01:19:16	01:16:09	00:17:31	01:02:54
1274	633	FERNANDO ALVES	M	29	510	M2039	INDIVIDUAL	01:19:16	01:15:58	00:18:31	01:04:44
1275	791	CARLOS M P BENAVENTE	M	52	145	M5054	INDIVIDUAL	01:19:16	01:17:57	00:15:21	01:02:50
1276	1185	ANTONIO PICA	M	63	34	M6064	INDIVIDUAL	01:19:16	01:18:41	00:14:39	01:02:32
1277	1524	SILVIA M NEVES	F	28	36	F2039	MAXIGYM	01:19:16	01:18:01	00:14:47	01:02:33
1278	1686	CARLOS PEREIRA	M	41	223	M4044	GD SANTANDER TOTTA	01:19:16	01:19:16	00:13:55	01:03:00
1279	1211	ANTONIO MARTINHO	M	59	94	M5559	INDIVIDUAL	01:19:17	01:18:41	00:14:38	01:02:32
1280	2190	EDUARDO D BERNARDO	M	41	224	M4044	CLUBE VODAFONE	01:19:19	01:19:02	00:13:42	01:02:29
1281	94	JOAO FIALHO	M	41	225	M4044	RUN 4 FUN	01:19:20	01:16:53	00:17:06	01:04:43
1282	2340	ANTONIO GONCALVES	M	50	146	M5054	OS TUGAS	01:19:20	01:16:27	00:17:04	01:03:34
1283	645	JOSE M F DIAS	M	47	193	M4549	C MILLENNIUMBCP	01:19:22	01:17:59	00:15:54	01:03:03
1284	2349	ALEXANDRE CARMO	M	20	511	M2039	CA OBIDOS	01:19:25	01:16:05	00:18:17	01:04:04
1285	168	TOMAS SOUSA	M	35	512	M2039	OS SUPER	01:19:26	01:17:55	00:15:42	01:03:19
1286	1199	FERNANDO AVELINO	M	52	147	M5054	INDIVIDUAL	01:19:27	01:18:31	00:15:08	01:02:38
1287	1200	JORGE TEIXEIRA	M	36	513	M2039	INDIVIDUAL	01:19:27	01:18:32	00:15:08	01:02:39
1288	1201	JORGE LOURENCO	M	46	194	M4549	INDIVIDUAL	01:19:27	01:18:32	00:15:07	01:02:39
1289	2265	TIAGO R R MINEIRO	M	30	514	M2039	INDIVIDUAL	01:19:27	01:16:46	00:17:52	01:04:52
1290	284	PAULO RAPOSO	M	39	515	M2039	RUN 4 FUN	01:19:28	01:16:59	00:18:06	01:04:43
1291	1461	JOAO RIBEIRO	M	44	226	M4044	INDIVIDUAL	01:19:29	01:16:57	00:17:56	01:03:29
1292	1864	TELMO F S S PINTO	M	39	516	M2039	INDIVIDUAL	01:19:29	01:17:45	00:16:24	01:04:19
1293	2080	JORGE FONSECA	M	44	227	M4044	OS SANTARENOS	01:19:34	01:19:09	00:12:50	01:01:29
1294	2216	LUIS ROSA	M	59	95	M5559	CAA BELEM	01:19:35	01:18:22	00:15:22	01:03:28
1295	2354	PEDRO ROBERTO	M	45	195	M4549	CA OBIDOS	01:19:37	01:17:07	00:17:51	01:03:57
1296	2207	JOSE CRESPO	M	46	196	M4549	CLUBE STRESS	01:19:38	01:16:22	00:18:02	01:05:03
1297	2327	MARCO CHARRUA	M	44	228	M4044	INDIVIDUAL	01:19:39	01:17:03	00:17:11	01:04:00
1298	587	CELIA P NUNO	F	45	19	F4599	INDIVIDUAL	01:19:40	01:19:20	00:14:08	01:03:21
1299	1345	ALDEMIRO SIMOES	M	28	517	M2039	FRUFRESH RUNNERS	01:19:40	01:17:12	00:16:40	01:03:06
1300	1428	JULIO F B PEREIRA	M	59	96	M5559	RAPOTAXO	01:19:40	01:19:17	00:13:17	01:02:03
1301	1248	JOSE AIRES	M	54	148	M5054	CCD TRANQUILIDADE	01:19:41	01:17:39	00:16:29	01:03:46
1302	724	LUIS BARROS	M	40	229	M4044	INDIVIDUAL	01:19:43	01:16:53	00:18:02	01:05:03
1303	2303	ISA D S B M CARVALHO	F	23	37	F2039	GCA DONAS	01:19:44	01:18:57	00:14:45	01:03:05
1304	72	LUIS PENTEADO	M	41	230	M4044	BUERAPIDOS	01:19:46	01:16:51	00:18:15	01:04:35
1305	703	RAFAEL FERNANDES	M	28	518	M2039	ATOMIC TEAM	01:19:47	01:18:37	00:15:18	01:04:13
1306	483	EMANUEL RIBEIRINHO	M	33	519	M2039	INDIVIDUAL	01:19:48	01:17:38	00:15:51	01:03:37
1307	1631	LUIS CASTANHEIRA	M	27	520	M2039	INDIVIDUAL	01:19:48	01:18:06	00:17:33	01:05:05
1308	30	JOAO L P OLIVEIRA	M	32	521	M2039	POUCOS MAS BONS	01:19:49	01:18:53	00:14:47	01:02:29



1309	1205	LUCIANO TOMAS	M	55	97	M5559	INDIVIDUAL	01:19:51	01:17:58	00:16:28	01:03:22
1310	906	VICTOR ROLO	M	34	522	M2039	INDIVIDUAL	01:19:52	01:19:33	00:12:57	01:02:32
1311	1561	ANTONIO FRANCO	M	47	197	M4549	INDIVIDUAL	01:19:52	01:17:58	00:16:28	01:04:22
1312	1851	ALBERTO J R RODRIGUES	M	43	231	M4044	INDIVIDUAL	01:19:57	01:19:26	00:14:17	01:02:40
1313	1117	NUNO ALVES	M	37	523	M2039	INDIVIDUAL	01:19:58	01:17:08	00:18:04	01:05:04
1314	2245	DINIS MORAIS	M	42	232	M4044	INDIVIDUAL	01:19:58	01:18:20	00:14:29	01:02:38
1315	1083	RUI VENTURA	M	51	149	M5054	CCRD BURINHOSA	01:19:59	01:19:25	00:14:29	01:03:11
1316	642	LUDGERO B RODRIGUES	M	56	98	M5559	C MILLENNIUMBCP	01:20:00	01:18:33	00:15:46	01:03:50
1317	1534	HUGO DINIS	M	34	524	M2039	INDIVIDUAL	01:20:01	01:18:23	00:16:25	01:03:11
1318	1003	CARLOS F J JORGE	M	26	525	M2039	OS PINHEIRENSES	01:20:02	01:19:22	00:12:49	01:02:20
1319	1717	JACINTO BETTENCOURT	M	56	99	M5559	INDIVIDUAL	01:20:02	01:17:01	00:18:14	01:04:42
1320	1369	JOAO FAUSTINO	M	60	35	M6064	CA BARREIRA	01:20:03	01:18:42	00:15:42	01:03:53
1321	1640	ESTELA COSTA	F	37	38	F2039	C BENFICA ALG M MARTINS	01:20:03	01:19:46	00:13:18	01:03:02
1322	2054	ESMERALDO B ALMEIDA	M	53	150	M5054	LEXVIS	01:20:03	01:19:05	00:14:13	01:03:17
1323	1753	RICARDO COSTA	M	32	526	M2039	ANTI ABSTEMIOS	01:20:05	01:17:55	00:16:16	01:03:46
1324	2262	VITO SILVA	M	59	100	M5559	INDIVIDUAL	01:20:05	01:19:54	00:13:47	01:02:53
1325	761	JOSE L N FREITAS	M	60	36	M6064	BROGUEIRA	01:20:06	01:17:25	00:17:44	01:04:20
1326	1017	DINA MARIA MOTA	F	44	16	F4044	AA LEBRES SADO	01:20:07	01:18:26	00:16:18	01:04:10
1327	1018	ROGERIO P MOTA	M	44	233	M4044	AA LEBRES SADO	01:20:07	01:18:27	00:16:19	01:04:09
1328	1947	RICARDO RODRIGUES	M	30	527	M2039	CAFE RUI	01:20:09	01:17:56	00:17:20	01:04:21
1329	41	JOSE L AGAPITO	M	34	528	M2039	INDIVIDUAL	01:20:10	01:17:06	00:18:14	01:04:54
1330	670	PAULO J CAETANO	M	44	234	M4044	C MILLENNIUMBCP	01:20:10	01:17:31	00:18:24	01:05:29
1331	956	CARLOS D F C TEIXEIRA	M	52	151	M5054	LEBRES TARTARUGAS	01:20:11	01:18:45	00:14:39	01:03:40
1332	2320	NUNO A A JACINTO	M	37	529	M2039	CPRC BAIRRO	01:20:11	01:19:28	00:13:13	01:01:45
1333	91	PEDRO G ESTEVAO	M	32	530	M2039	INDIVIDUAL	01:20:13	01:18:26	00:16:18	01:03:49
1334	596	ANA C CARNEIRO	F	25	39	F2039	TGV	01:20:13	01:19:31	00:13:33	01:03:10
1335	713	SELENE LIMA	F	28	40	F2039	RUN 4 FUN	01:20:14	01:17:46	00:17:05	01:04:16
1336	2311	JOEL SANTOS	M	36	531	M2039	I2S	01:20:14	01:17:58	00:16:48	01:04:16
1337	2526	JOSE A LEON	M	32	532	M2039	INDIVIDUAL	01:20:14	01:19:36	00:14:17	01:03:32
1338	1323	ICARO S SILVA	M	24	533	M2039	GAA VILA FRANCA XIRA	01:20:15	01:18:56	00:16:13	01:03:53
1339	575	VICTOR CORREIA	M	31	534	M2039	TRIBO EXTREME	01:20:17	01:17:46	00:17:25	01:03:20
1340	718	HELENA M SILVA	F	44	17	F4044	INDIVIDUAL	01:20:17	01:18:09	00:16:59	01:04:30
1341	1457	RAMOS QUERIDO	M	50	152	M5054	C FERROV PORTUGAL	01:20:18	01:18:39	00:15:53	01:03:51
1342	111	ORLANDO ZACARIAS	M	60	37	M6064	INDIVIDUAL	01:20:19	01:18:54	00:16:01	01:04:02
1343	632	CARLA MOREIRA	F	37	41	F2039	ARRASTASSOLAS	01:20:22	01:18:27	00:16:09	01:03:22
1344	2209	MARIA CONCHINHA	F	53	20	F4599	CLUBE STRESS	01:20:22	01:18:38	00:16:09	01:04:10
1345	1486	LUIS FILIPE S RAMOS	M	32	535	M2039	INDIVIDUAL	01:20:24	01:18:10	00:17:49	01:04:44
1346	53	MARIO P S APOLINARIO	M	38	536	M2039	INDIVIDUAL	01:20:26	01:19:27	00:15:40	01:03:58
1347	683	JOAO MIRANTE	M	26	537	M2039	NEL - PEDATLETA	01:20:26	01:17:46	00:17:53	01:06:03
1348	1426	AUGUSTO A S G FERREIRA	M	56	101	M5559	RAPOTAXO	01:20:26	01:19:54	00:13:25	01:02:09
1349	1731	JOSE NETO	M	53	153	M5054	CAETANO COATINGS	01:20:26	01:19:29	00:15:40	01:03:58
1350	393	MARGARIDA PINTO	F	39	42	F2039	GAB FISIO DESPORTO	01:20:28	01:19:43	00:14:58	01:03:51
1351	394	FERNANDO CASTANHEIRA	M	41	235	M4044	GAB FISIO DESPORTO	01:20:28	01:19:42	00:14:56	01:03:51
1352	396	SISSI FRANCO	F	29	43	F2039	GAB FISIO DESPORTO	01:20:28	01:19:41	00:14:58	01:03:52
1353	262	CARLOS A A DIAS	M	46	198	M4549	INDIVIDUAL	01:20:29	01:17:25	00:18:09	01:05:01
1354	899	BRUNO JULIAO	M	31	538	M2039	PES TROIKADOS	01:20:30	01:17:37	00:16:44	01:04:54
1355	2469	NUNO EVANGELISTA	M	31	539	M2039	A 20 KM ALMEIRIM	01:20:31	01:17:06	00:18:22	01:05:25
1356	1937	FERNANDO L ANTUNES	M	51	154	M5054	ESAL	01:20:33	01:18:37	00:15:56	01:04:13
1357	1131	PAULO MORENO	M	35	540	M2039	GDR FIGUEIRAS	01:20:34	01:19:50	00:14:09	01:03:55
1358	745	PEDRO D SIMOES	M	41	236	M4044	INDIVIDUAL	01:20:36	01:19:31	00:15:12	01:04:29
1359	1589	CARLA S VALADAS	F	34	44	F2039	GD BANCO BPI	01:20:37	01:19:10	00:15:46	01:03:47
1360	2520	MIGUEL REIS	M	36	541	M2039	SS CGD	01:20:38	01:18:48	00:16:22	01:04:24
1361	640	JOSE A P FERREIRA	M	45	199	M4549	C MILLENNIUMBCP	01:20:39	01:19:11	00:15:51	01:04:17
1362	1701	LUCIO SILVA	M	45	200	M4549	GD SANTANDER TOTTA	01:20:39	01:17:27	00:18:08	01:04:51
1363	54	JOAO F G CLAUDIO	M	40	237	M4044	INDIVIDUAL	01:20:40	01:19:43	00:15:40	01:03:59

1364	133	JOAO AGUIAR	M	26	542	M2039	SAPATILHAS ARDENTES	01:20:40	01:19:23	00:15:51	01:03:56
1365	1069	ISABEL LEOMARO	F	53	21	F4599	LEOMARO	01:20:40	01:17:49	00:18:39	01:05:06
1366	134	MANUEL VALA	M	49	201	M4549	INDIVIDUAL	01:20:41	01:19:23	00:15:51	01:03:56
1367	1434	CARLA SANTOS	F	28	45	F2039	ATOMIC TEAM	01:20:44	01:19:36	00:15:18	01:04:13
1368	610	PATRICIA LOURENCO	F	33	46	F2039	INDIVIDUAL	01:20:46	01:18:02	00:16:42	01:04:37
1369	36	JOSE C VIEIRA	M	35	543	M2039	LX RUN	01:20:48	01:19:16	00:16:28	01:04:31
1370	57	PEDRO GOUVEIA	M	36	544	M2039	LX RUN	01:20:48	01:19:20	00:15:49	01:04:26
1371	1054	JOSE M CARNEIRO	M	60	38	M6064	TURBO-LENTOS	01:20:49	01:18:14	00:17:51	01:04:37
1372	2111	ALEXANDRE RODRIGUES	M	36	545	M2039	AA MAFRA	01:20:52	01:18:57	00:16:26	01:03:53
1373	1763	JOAO RICARDO	M	49	202	M4549	GDR FIGUEIRAS	01:20:55	01:19:06	00:16:36	01:04:30
1374	1812	MANUEL BRITES	M	56	102	M5559	ACR SOUTOS	01:20:56	01:17:36	00:17:38	01:04:53
1375	785	FERNANDO PEREIRA	M	56	103	M5559	GINASIO PONTE FC	01:20:57	01:19:33	00:16:42	01:04:08
1376	2206	JOSE CONCHINHA	M	60	39	M6064	CLUBE STRESS	01:20:57	01:19:14	00:16:25	01:04:25
1377	1468	MARIO VITORIA	M	42	238	M4044	OS BELOURAS	01:20:58	01:20:00	00:14:51	01:04:00
1378	481	JOSE E M MARIQUITOS	M	50	155	M5054	A ESTAÇÃO ORTIGA	01:21:00	01:17:46	00:18:09	01:04:57
1379	2157	NELSON LOPES	M	33	546	M2039	BALANCE CLUB	01:21:00	01:19:33	00:16:10	01:03:41
1380	2248	INACIO GONCALVES	M	60	40	M6064	INDIVIDUAL	01:21:01	01:18:41	00:17:19	01:04:30
1381	1868	AUGUSTO F D SANTOS	M	57	104	M5559	AMIGOS PARQUE	01:21:02	01:19:58	00:16:04	01:05:12
1382	2112	ANDRE ALMEIDA	M	36	547	M2039	AA MAFRA	01:21:02	01:19:04	00:16:27	01:03:54
1383	2360	MANUEL SEQUEIRA	M	61	41	M6064	GDCT REPSOL	01:21:02	01:18:59	00:16:23	01:04:28
1384	1418	JOAQUIM J F SANTANA	M	28	548	M2039	OS KOTA BIKE TEAM	01:21:04	01:18:51	00:17:33	01:04:54
1385	71	FERNANDO CARVALHO	M	41	239	M4044	BUERAPIDOS	01:21:05	01:18:09	00:18:15	01:05:09
1386	2124	RAMIRO PEREIRA	M	49	203	M4549	GELPINHOS	01:21:05	01:20:52	00:13:46	01:04:00
1387	2128	ROMAO J GUINCHO	M	59	105	M5559	GELPINHOS	01:21:08	01:20:51	00:13:55	01:04:00
1388	2331	RICARDO CAPELO	M	27	549	M2039	GD CIMPOR	01:21:08	01:18:50	00:17:34	01:05:21
1389	356	RUI P M M SANTOS	M	37	550	M2039	RUN4MINIS	01:21:09	01:17:50	00:18:16	01:05:47
1390	762	HELENA I L FREITAS	F	29	47	F2039	BROGUEIRA	01:21:09	01:18:28	00:17:44	01:04:51
1391	1649	JOAQUIM HERMENEGILDO	M	49	204	M4549	C BENFICA ALG M MARTINS	01:21:09	01:20:10	00:15:16	01:04:53
1392	1107	MIGUEL MENDES	M	58	106	M5559	INDIVIDUAL	01:21:10	01:18:28	00:18:04	01:05:59
1393	675	FERNANDO REIS	M	35	551	M2039	FLAC	01:21:11	01:18:03	00:17:49	01:05:12
1394	966	JORGE ESTEVES	M	47	205	M4549	RUN 4 FUN	01:21:11	01:20:15	00:14:36	01:04:10
1395	1758	RODRIGO SILVA	M	32	552	M2039	CP PONTEVEL	01:21:11	01:18:28	00:17:40	01:04:59
1396	415	HENRIQUE RUIVO	M	50	156	M5054	INDIVIDUAL	01:21:14	01:20:07	00:15:11	01:04:38
1397	2451	SERGIO PAULO	M	35	553	M2039	OS PINHEIROS	01:21:14	01:19:45	00:14:48	01:03:57
1398	2495	FERNANDO PIRES	M	42	240	M4044	METRO 2011	01:21:14	01:21:14	#N/D	01:06:26
1399	1689	DANIEL PIRES	M	40	241	M4044	GD SANTANDER TOTTA	01:21:15	01:18:06	00:16:54	01:05:02
1400	1933	CARLOS PATRICIO	M	41	242	M4044	CP PONTEVEL	01:21:15	01:18:35	00:17:27	01:02:45
1401	1945	LUIS MARQUES	M	39	554	M2039	CAFE RUI	01:21:15	01:18:58	00:17:21	01:04:38
1402	2443	ARMANDO PENEDA	M	58	107	M5559	CP EDP PORTO	01:21:16	01:20:07	00:14:33	01:04:11
1403	1682	FERNANDO OLIVEIRA	M	56	108	M5559	C SARGENTO ARMADA	01:21:20	01:19:51	00:15:47	01:04:18
1404	546	PEDRO M M ANTUNES	M	36	555	M2039	WHY NOT RUN	01:21:24	01:19:43	00:15:17	01:04:27
1405	924	TOMAS COLACO	M	46	206	M4549	INDIVIDUAL	01:21:24	01:18:42	00:18:04	01:05:59
1406	2293	JORGE C S COSTA	M	32	556	M2039	INDIVIDUAL	01:21:24	01:20:06	00:16:21	01:05:55
1407	657	PEDRO A SA	M	40	243	M4044	C MILLENNIUMBCP	01:21:26	01:20:48	00:14:49	01:04:58
1408	77	AMAVEL LUZ	M	51	157	M5054	INDIVIDUAL	01:21:27	01:20:37	00:14:34	01:04:46
1409	1316	JOSE M NASCIMENTO	M	48	207	M4549	INDIVIDUAL	01:21:28	01:18:41	00:17:45	01:05:41
1410	1541	VITOR MORAES	M	51	158	M5054	NA PAPAGAIOS CASCAIS	01:21:28	01:19:29	00:15:39	01:04:30
1411	1399	LUIS PEREIRA	M	42	244	M4044	C ORIENTAÇÃO CENTRO	01:21:29	01:19:03	00:17:38	01:06:02
1412	1884	CLAUDIA JESUS	F	32	48	F2039	CA PARQUE PAZ	01:21:29	01:18:45	00:18:33	01:05:50
1413	1885	JOSE A SILVA	M	58	109	M5559	CA PARQUE PAZ	01:21:29	01:18:45	00:18:33	01:05:51
1414	1530	ALEXANDRA FERREIRA	M	30	557	M2039	MAXIGYM	01:21:32	01:19:08	00:18:10	01:06:36
1415	420	ANTONIO COELHO	M	40	245	M4044	CARACOIS CORRIDA	01:21:35	01:19:38	00:16:26	01:05:05
1416	205	CARLOS A P A DIAS	M	36	558	M2039	HERBAL DHS	01:21:36	01:18:46	00:17:09	01:05:17
1417	784	ALBERTO MELO	M	68	12	M6599	GINASIO PONTE FC	01:21:37	01:20:16	00:15:12	01:03:49
1418	383	MICAELA MENINO	F	23	49	F2039	GYMRUNNERS	01:21:38	01:20:01	00:16:39	01:05:39

1419	1121	ANTONIO J B B G VALE	M	49	208	M4549	INDIVIDUAL	01:21:38	01:18:26	00:17:43	01:05:05
1420	1085	NELIO MACEDO	M	45	209	M4549	CCRD BURINHOSA	01:21:40	01:20:49	00:15:33	01:05:23
1421	259	RUI P F FERREIRA	M	20	559	M2039	ESTRELA CA FC	01:21:41	01:21:32	00:13:01	01:04:28
1422	258	JOAO P N GOMES	M	20	560	M2039	ESTRELA CA FC	01:21:42	01:21:32	00:13:01	01:04:28
1423	875	NUNO M DIAS	M	33	561	M2039	FRUFRESH RUNNERS	01:21:42	01:19:11	00:18:15	01:05:47
1424	388	HELDER J C PEREIRA	M	33	562	M2039	INDIVIDUAL	01:21:43	01:19:04	00:18:05	01:05:58
1425	586	JOSE S ALMEIDA	M	55	110	M5559	MG CLIMA LDA	01:21:43	01:20:42	00:16:24	01:05:21
1426	1710	PEDRO SIMOES	M	35	563	M2039	PE ATLETA	01:21:44	01:19:05	00:17:53	01:06:05
1427	2117	MIGUEL A P A SILVA	M	32	564	M2039	LESMAS OESTE	01:21:44	01:19:14	00:17:52	01:06:04
1428	2138	VITOR J SERPA	M	37	565	M2039	GELPINHOS	01:21:44	01:20:03	00:17:01	01:04:17
1429	1303	FINO GOMES	M	59	111	M5559	TEJAVISTA	01:21:46	01:19:18	00:17:34	01:05:10
1430	1400	JOAO MONTEIRO	M	26	566	M2039	C ORIENTAÇÃO CENTRO	01:21:46	01:19:22	00:17:38	01:06:01
1431	408	RAUL COSTA	M	51	159	M5054	CLUBE ROBBIALAC	01:21:48	01:20:53	00:16:06	01:05:37
1432	1733	JOSE FONSECA	M	53	160	M5054	GDC BANCO PORTUGAL	01:21:48	01:18:38	00:17:06	01:04:34
1433	895	GONCALO N F NARCISO	M	24	567	M2039	PES TROIKADOS	01:21:49	01:18:51	00:17:41	01:05:45
1434	1967	ARMANDO PARREIRA	M	43	246	M4044	AÇOREANA C BANIF	01:21:49	01:19:26	00:16:41	01:05:00
1435	757	ANTONIO BILA	M	55	112	M5559	INDIVIDUAL	01:21:50	01:19:51	00:17:30	01:06:04
1436	780	NUNO GAMEIRO	M	32	568	M2039	AÇOREANA C BANIF	01:21:51	01:20:00	00:16:15	01:05:00
1437	75	ANTONIO FERREIRA	M	40	247	M4044	BUERAPIDOS	01:21:52	01:18:57	00:18:15	01:05:18
1438	781	ISABEL MATIAS	F	30	50	F2039	AÇOREANA C BANIF	01:21:52	01:20:02	00:16:16	01:05:00
1439	1175	CARLOS RANGEL	M	59	113	M5559	INDIVIDUAL	01:21:52	01:19:59	00:16:37	01:05:25
1440	1970	FAUSTO IASAC	M	42	248	M4044	AÇOREANA C BANIF	01:21:52	01:20:00	00:16:16	01:05:01
1441	1880	ALBERTO P SANTOS	M	58	114	M5559	INDIVIDUAL	01:21:53	01:21:40	00:13:19	01:03:06
1442	1824	HELIO S M MARTINS	M	35	569	M2039	INDIVIDUAL	01:21:54	01:21:32	00:13:38	01:03:10
1443	201	THELMO CUNHA	M	52	161	M5054	OEBRECHT/BPC	01:21:55	01:19:53	00:16:40	01:05:47
1444	2082	JOAO RAMOS	M	51	162	M5054	OS SANTARENOS	01:21:55	01:20:34	00:15:55	01:04:59
1445	828	CARLOS CASTRO	M	31	570	M2039	ATOMIC TEAM	01:21:56	01:20:47	00:15:17	01:04:50
1446	2004	SIDNEY L RODRIGUEZ	M	26	571	M2039	INDIVIDUAL	01:21:56	01:18:47	00:19:22	01:07:12
1447	1453	ROGERIO MORAIS	M	51	163	M5054	C FERROV PORTUGAL	01:21:58	01:20:36	00:16:20	01:05:14
1448	1455	MARTINS BARATA	M	69	13	M6599	C FERROV PORTUGAL	01:21:59	01:20:05	00:16:20	01:05:14
1449	1459	RITA VALENTIM	F	48	22	F4599	C FERROV PORTUGAL	01:21:59	01:20:37	00:16:20	01:05:14
1450	1529	PEDRO A RODRIGUES	M	41	249	M4044	MAXIGYM	01:22:01	01:19:36	00:18:11	01:06:37
1451	621	MARCO SILVA	M	26	572	M2039	CP EDP LISBOA	01:22:02	01:20:25	00:16:17	01:05:01
1452	1225	GILBERTO GONCALVES	M	63	42	M6064	GALERA MAU	01:22:03	01:19:02	00:18:06	01:06:04
1453	160	FRANCISCO A T SOUSA	M	52	164	M5054	SOUSAS	01:22:05	01:19:10	00:18:17	01:06:29
1454	849	MARCIO NOGUEIRA	M	32	573	M2039	GP RUNNERS	01:22:05	01:19:28	00:18:45	01:06:32
1455	467	JAIME SECO	M	58	115	M5559	VETERANOS TEIXOSO	01:22:07	01:21:55	00:13:33	01:04:27
1456	1014	GILDA MOTA	F	44	18	F4044	OS RIBATEJANOS	01:22:07	01:20:03	00:16:34	01:05:20
1457	1015	ALBERTO TADEIA	M	44	250	M4044	OS RIBATEJANOS	01:22:07	01:22:07	00:16:35	01:05:18
1458	355	NUNO M R SOARES	M	31	574	M2039	RUN4MINIS	01:22:09	01:20:36	00:15:24	01:04:40
1459	732	PEDRO M P CARDOSO	M	38	575	M2039	INDIVIDUAL	01:22:11	01:20:10	00:17:28	01:06:16
1460	2238	ANTONIO FERREIRA	M	50	165	M5054	INDIVIDUAL	01:22:11	01:20:29	00:16:48	01:04:46
1461	2339	FATIMA GONCALVES	F	44	19	F4044	OS TUGAS	01:22:12	01:19:20	00:17:07	01:05:36
1462	1048	CESAR MESQUITA	M	53	166	M5054	INDIVIDUAL	01:22:13	01:19:48	00:16:58	01:05:49
1463	1168	LUIS MONTEIRO	M	40	251	M4044	CD GRUPO BES	01:22:13	01:22:03	00:12:52	01:02:50
1464	2183	JOAQUIM LIMA	F	48	23	F4599	CLUBE VODAFONE	01:22:17	01:21:31	00:14:46	01:03:36
1465	410	DANIEL RODRIGUES	M	32	576	M2039	CLUBE ROBBIALAC	01:22:18	01:21:23	00:16:06	01:05:38
1466	1532	JORGE SOUSA	M	39	577	M2039	INDIVIDUAL	01:22:19	01:20:18	00:17:29	01:06:16
1467	1118	MANUEL AZEVEDO	M	55	116	M5559	MULTIFLOW	01:22:22	01:21:16	00:15:56	01:05:52
1468	2233	RODRIGO S C SELADA	M	30	578	M2039	LIKE RUNNERS	01:22:23	01:19:22	00:18:35	01:06:43
1469	818	SUSANA C F C P ALMEIDA	F	38	51	F2039	INDIVIDUAL	01:22:25	01:19:26	00:17:29	01:06:29
1470	1270	BRUNO RAPOSEIRA	M	30	579	M2039	INDIVIDUAL	01:22:25	01:19:32	00:19:04	01:08:52
1471	2540	PEDRO VALENCIA	M	37	580	M2039	OS BRAGUINHAS	01:22:25	01:21:15	00:15:20	01:04:24
1472	841	ORLANDO ALMEIDA	M	36	581	M2039	GP RUNNERS	01:22:26	01:19:50	00:17:12	01:05:24
1473	1079	PAULO RAINHO	M	38	582	M2039	CCRD BURINHOSA	01:22:26	01:20:53	00:15:09	01:03:59

1474	2543	HILARIO SILVA	M	60	43	M6064	OS BRAGUINHAS	01:22:26	01:21:17	00:15:37	01:04:26
1475	1273	PAULO LOPES	M	40	252	M4044	CD CA TE ESPERO	01:22:27	01:20:14	00:14:20	01:03:16
1476	2551	JORGE MAGALHAES	M	46	210	M4549	OS BRAGUINHAS	01:22:27	01:21:17	00:15:37	01:04:26
1477	2084	FRANCISCO RODRIGUES	M	30	583	M2039	OS SANTARENOS	01:22:28	01:19:26	00:18:09	01:06:00
1478	1271	RENATO SILVA	M	39	584	M2039	CD CA TE ESPERO	01:22:29	01:20:14	00:14:20	#N/D
1479	2135	TIAGO MENESES	M	33	585	M2039	GELPINHOS	01:22:29	01:22:13	00:12:43	01:03:51
1480	1985	RICARDO ALVES	M	29	586	M2039	AÇOREANA C BANIF	01:22:30	01:21:09	00:15:50	01:05:43
1481	131	RUI LEITAO	M	38	587	M2039	SAPATILHAS ARDENTES	01:22:34	01:20:45	00:16:21	01:04:23
1482	108	MONICA MIGUEIS	F	37	52	F2039	RUN 4 FUN	01:22:35	01:22:21	00:14:21	01:05:22
1483	981	LELIO S MAFRA	M	34	588	M2039	INDIVIDUAL	01:22:35	01:20:53	00:16:00	01:05:58
1484	1417	FRANCISCO H S S P FERREIRA	M	38	589	M2039	OS KOTA BIKE TEAM	01:22:36	01:20:24	00:17:33	01:06:07
1485	1059	MAYER RAPOSO	M	65	14	M6599	AA LEBRES SADO	01:22:37	01:20:11	00:18:16	01:06:42
1486	95	VASCO A S D SILVA	M	31	590	M2039	INDIVIDUAL	01:22:38	01:22:25	00:14:00	01:07:05
1487	1856	ENGRACIA M FRANCISCO	F	65	24	F4599	INDIVIDUAL	01:22:45	01:20:56	00:17:04	01:06:44
1488	2204	JOAQUIM LEAL	M	49	211	M4549	CLUBE STRESS	01:22:45	01:19:26	00:18:42	01:07:10
1489	682	RUI M N N FERNANDES	M	41	253	M4044	INDIVIDUAL	01:22:47	01:19:44	00:18:28	01:07:09
1490	777	BRUNO R PINTO	M	36	591	M2039	JARBS	01:22:48	01:20:59	00:16:15	01:05:53
1491	1115	CARLA BRAS	M	54	167	M5054	INDIVIDUAL	01:22:48	01:22:12	00:13:52	01:05:00
1492	2003	NUNO LOUREIRO	M	45	212	M4549	MADUROS	01:22:50	01:21:16	00:15:55	01:06:06
1493	508	JOAO CABANAS	M	30	592	M2039	SQUADRA	01:22:52	01:19:47	00:17:48	01:06:23
1494	82	JOAO C D S FRADE	M	38	593	M2039	INDIVIDUAL	01:22:58	01:21:42	00:16:15	01:07:07
1495	339	NUNO MARQUES	M	44	254	M4044	RUN 4 FUN	01:23:00	01:22:36	00:14:24	01:05:16
1496	340	CRISTINA CALDEIRA	F	44	20	F4044	RUN 4 FUN	01:23:00	01:22:37	00:14:24	01:05:16
1497	1439	MANUEL L BALATA	M	61	44	M6064	CARACOIS SANTA IRIA	01:23:01	01:20:23	00:18:01	01:06:45
1498	223	PEDRO FALCATO	M	39	594	M2039	RAIL RUNNERS	01:23:02	01:20:41	00:17:17	01:05:45
1499	488	CARLA MARQUES	F	39	53	F2039	EIRAGYM	01:23:02	01:21:56	00:16:07	01:06:45
1500	1026	HELENA PEREIRA	F	38	54	F2039	CCD O ALVITEJO	01:23:03	01:22:40	00:14:36	01:05:44
1501	928	RUI J L CARNEIRO	M	40	255	M4044	LESMA OESTE	01:23:04	01:20:36	00:17:52	01:06:34
1502	676	ANTONIO M M BEZERRA	M	43	256	M4044	HAND2HAND	01:23:05	01:21:51	00:16:47	01:07:26
1503	1222	NUNO M S BARROS	M	39	595	M2039	HAND2HAND	01:23:05	01:21:51	00:16:47	01:07:26
1504	1596	ALBERTO M P SANTOS	M	55	117	M5559	GD BANCO BPI	01:23:10	01:19:53	00:17:28	01:05:56
1505	120	ALCEU B ESTEVES	M	46	213	M4549	INDIVIDUAL	01:23:12	01:22:27	00:15:13	01:06:27
1506	212	MANUEL ANTONIO	M	43	257	M4044	RAIL RUNNERS	01:23:12	01:20:50	00:16:23	01:06:10
1507	2159	CARLOS CONDECO	M	49	214	M4549	BALANCE CLUB	01:23:13	01:21:49	00:16:10	01:06:15
1508	486	JOAO TORRADO	M	63	45	M6064	EIRAGYM	01:23:15	01:22:11	00:16:02	01:06:05
1509	2567	ADRIANO PINTO	M	49	215	M4549	OS BRAGUINHAS	01:23:15	01:21:32	00:15:56	01:05:12
1510	1466	JOAO CONSTANTINO	M	41	258	M4044	JOAO&SARAH	01:23:16	01:22:05	00:15:47	01:06:16
1511	1467	SARAH MUSGRAVE	F	40	21	F4044	JOAO&SARAH	01:23:17	01:22:07	00:15:47	01:06:17
1512	1980	NUNO E SANTO	M	42	259	M4044	AÇOREANA C BANIF	01:23:17	01:22:14	00:15:33	01:06:10
1513	426	SANDRA S S MARTINS	F	35	55	F2039	4 AO KM	01:23:18	01:22:16	00:15:34	01:06:11
1514	428	FILIPPE J C SILVA	M	51	168	M5054	4 AO KM	01:23:18	01:22:14	00:15:59	01:06:08
1515	285	ANDRE H GOMES	M	35	596	M2039	INDIVIDUAL	01:23:21	01:20:10	00:18:48	01:07:38
1516	897	JOAO V P COELHO	M	32	597	M2039	PES TROIKADOS	01:23:21	01:20:32	00:17:42	01:07:00
1517	1112	NELSON G ALVES	M	29	598	M2039	RUN 4 FUN	01:23:22	01:20:49	00:18:10	01:06:27
1518	530	JOSE PIEDADE	M	49	216	M4549	BRANDOA CORRE	01:23:24	01:22:26	00:15:57	01:06:26
1519	532	JOSE DIAS	M	52	169	M5054	BRANDOA CORRE	01:23:25	01:22:27	00:15:58	01:06:26
1520	1940	TIAGO GOUVEIA	M	33	599	M2039	CAFE RUI	01:23:25	01:21:09	00:18:00	01:07:14
1521	2069	PEDRO M C N BARBOSA	M	35	600	M2039	SCALABIS N RUNNERS	01:23:25	01:22:10	00:16:46	01:07:51
1522	1287	MANUEL FERREIRA	M	28	601	M2039	INDIVIDUAL	01:23:29	01:20:35	00:19:03	01:08:51
1523	1395	MANUEL DOMINGUES	M	54	170	M5054	C ORIENTAÇÃO CENTRO	01:23:33	01:21:08	00:18:29	01:08:19
1524	1396	EDGAR DOMINGUES	M	23	602	M2039	C ORIENTAÇÃO CENTRO	01:23:33	01:21:09	00:18:29	01:08:19
1525	1528	RUI M RODRIGUES	M	35	603	M2039	MAXIGYM	01:23:36	01:22:17	00:16:12	01:06:25
1526	894	CATARINA COSTA	F	29	56	F2039	PES TROIKADOS	01:23:38	01:20:41	00:17:56	01:07:13
1527	301	TERESA SEPULVEDA	F	31	57	F2039	INDIVIDUAL	01:23:39	01:20:35	00:17:47	01:06:45
1528	2075	SAMUEL TEIXEIRA	M	20	604	M2039	OS SANTARENOS	01:23:41	01:22:39	00:16:35	01:07:06

1529	1498	ALBERTO PINA	M	56	118	M5559	GD INE	01:23:43	01:21:01	00:17:58	01:07:03
1530	1863	JORGE M N VITORINO	M	48	217	M4549	INDIVIDUAL	01:23:44	01:20:45	00:18:34	01:08:19
1531	433	JOAO SIMOES	M	48	218	M4549	APOGMA	01:23:47	01:21:58	00:17:06	01:06:48
1532	434	PAULO PIRES	M	47	219	M4549	APOGMA	01:23:47	01:22:00	00:17:05	01:06:49
1533	591	JOSE ESCUDERO	M	30	605	M2039	X&F	01:23:47	01:21:43	00:17:04	01:06:46
1534	679	FRANCO WUDICH	M	47	220	M4549	RUN 4 FUN	01:23:47	01:21:19	00:17:09	01:06:25
1535	908	FERNANDO S BARROS	M	46	221	M4549	ATENEU	01:23:48	01:21:41	00:18:06	01:08:02
1536	1146	FERNANDO SANTOS	M	52	171	M5054	GDR FIGUEIRAS	01:23:48	01:21:22	00:18:17	01:07:50
1537	162	MANUEL O FERREIRA	M	38	606	M2039	INDIVIDUAL	01:23:50	01:23:36	00:14:01	01:07:05
1538	1458	MANUEL SIMOES	M	63	46	M6064	C FERROV PORTUGAL	01:23:50	01:22:56	00:15:54	01:07:13
1539	1700	LINO OLIVEIRA	M	66	15	M6599	GD SANTANDER TOTTA	01:23:50	01:23:19	00:14:15	01:05:57
1540	2343	ADELINO FRETAS	M	46	222	M4549	OS TUGAS	01:23:52	01:21:00	00:18:08	01:06:44
1541	1773	FERNANDO CASTANHEIRA	M	62	47	M6064	MAROITAS NORTE	01:23:53	01:21:17	00:17:25	01:07:11
1542	905	SANDRA TOMAS	F	35	58	F2039	INDIVIDUAL	01:23:54	01:20:37	00:18:05	01:07:19
1543	1464	JOAO M C MARQUES	M	21	607	M2039	INDIVIDUAL	01:23:55	01:21:42	00:16:12	01:04:34
1544	401	SONIA MOREIRA	F	28	59	F2039	INDIVIDUAL	01:23:58	01:20:56	00:18:09	01:07:44
1545	809	JOAQUIM PEREIRA	M	40	260	M4044	ALBERNOA	01:24:00	01:22:35	00:16:47	01:07:50
1546	1438	LUIS GOMES	M	56	119	M5559	CARACOIS SANTA IRIA	01:24:00	01:21:22	00:18:10	01:07:10
1547	138	TIAGO RIBEIRO	M	36	608	M2039	RUN 4 FUN	01:24:01	01:23:01	00:15:10	01:05:16
1548	1582	JOAO PINTO	M	54	172	M5054	GRUPO S BERNARDO	01:24:02	01:21:10	00:18:13	01:07:18
1549	2046	ORLANDO SILVA	M	52	173	M5054	OS ZATOPEQUES	01:24:02	01:21:04	00:18:02	01:07:19
1550	2267	SAMUEL L SANTOS	M	45	223	M4549	HORTAPRONTA SA	01:24:02	01:23:36	00:13:33	01:05:29
1551	1584	LUIS SANTOS	M	59	120	M5559	GRUPO S BERNARDO	01:24:03	01:21:04	00:18:13	01:07:19
1552	764	JOSE C G MENDES	M	34	609	M2039	INDIVIDUAL	01:24:06	01:22:27	00:16:35	01:06:59
1553	534	RUI PARENTE	M	25	610	M2039	INDIVIDUAL	01:24:07	01:22:24	00:16:53	01:07:35
1554	2276	CARLOS OLIVEIRA	M	39	611	M2039	PUMAS GUINCHO	01:24:07	01:22:12	00:15:56	01:05:07
1555	558	MIGUEL F S SILVA	M	38	612	M2039	INDIVIDUAL	01:24:11	01:21:37	00:18:10	01:06:46
1556	445	MARIO ALVES	M	42	261	M4044	INDIVIDUAL	01:24:12	01:21:53	00:17:40	01:07:02
1557	501	ANTONIO P SANTOS	M	41	262	M4044	INDIVIDUAL	01:24:12	01:21:56	00:17:26	01:07:01
1558	446	CARLOS F S M M GUERRA	M	42	263	M4044	INDIVIDUAL	01:24:13	01:21:54	00:17:39	01:06:58
1559	651	CARLOS S MORITA	M	42	264	M4044	C MILLENNIUMBCP	01:24:13	01:21:58	00:17:25	01:06:59
1560	1930	CEU SANTOS	F	49	25	F4599	CTT COIMBRA	01:24:18	01:23:10	00:15:43	01:06:51
1561	116	PAULO FERNANDES	M	42	265	M4044	BEIROES CB	01:24:21	01:21:36	00:18:10	01:06:17
1562	118	MANUEL VIDA	M	47	224	M4549	BEIROES CB	01:24:21	01:21:35	00:18:10	01:06:17
1563	1288	FRANCISCO J G PAULINO	M	49	225	M4549	ATAIJENSE	01:24:21	01:21:16	00:18:32	01:07:40
1564	1696	JOAO ROCHA	M	60	48	M6064	GD SANTANDER TOTTA	01:24:22	01:24:22	00:15:54	01:06:30
1565	2510	EDUARDO RODRIGUES	M	32	613	M2039	SS CGD	01:24:22	01:23:23	00:16:18	01:07:15
1566	2523	PEDRO T COSTA	M	36	614	M2039	SS CGD	01:24:22	01:23:23	00:16:18	01:07:16
1567	1158	ANA FERREIRA	F	42	22	F4044	CD GRUPO BES	01:24:23	01:23:34	00:14:43	01:06:18
1568	2013	BRUNO PIMENTA	M	29	615	M2039	EQUIPAS OS ENTREMEADAS	01:24:23	01:21:29	00:18:59	01:08:17
1569	2015	HELDER COSTA	M	45	226	M4549	EQUIPAS OS ENTREMEADAS	01:24:23	01:21:31	00:18:59	01:08:16
1570	1943	RUI RICARDO	M	27	616	M2039	CAFE RUI	01:24:24	01:22:08	00:18:16	01:08:45
1571	1071	JOAO NUNO MARQUES	M	35	617	M2039	INDIVIDUAL	01:24:25	01:21:04	00:18:31	01:07:59
1572	1715	FILIPA F V A COUTINHO	F	23	60	F2039	INDIVIDUAL	01:24:27	01:24:00	00:14:28	01:07:12
1573	489	ALZIRA PEREIRA	F	46	26	F4599	EIRAGYM	01:24:28	01:23:24	00:16:06	01:06:45
1574	1556	PAULO J S PEREIRA	M	41	266	M4044	SS MONTEPIO GERAL	01:24:33	01:22:39	00:16:38	01:06:26
1575	277	PAULA MADEIRA	F	27	61	F2039	GYMRUNNERS	01:24:35	01:23:43	00:14:56	01:07:09
1576	1282	DOMINGOS SILVA	M	36	618	M2039	LANG	01:24:37	01:21:51	00:17:27	01:07:08
1577	635	RUI PACHECO	M	32	619	M2039	PERNAS GAFANHOTO	01:24:38	01:22:43	00:16:39	01:06:59
1578	1281	ANTONIO CARDOSO	M	36	620	M2039	LANG	01:24:39	01:21:53	00:17:27	01:07:08
1579	37	SARA C B PEDRO	F	21	62	F2039	INDIVIDUAL	01:24:40	01:21:58	00:18:21	01:08:07
1580	157	CARLOS J MONTEIRO	M	51	174	M5054	INDIVIDUAL	01:24:41	01:21:33	00:18:16	01:08:06
1581	359	JOAO M M M DUQUE	M	55	121	M5559	INDIVIDUAL	01:24:43	01:22:00	00:18:09	01:07:52
1582	847	NUNO AMARAL	M	37	621	M2039	GP RUNNERS	01:24:45	01:22:08	00:18:15	01:08:13
1583	578	SONIA SILVA	F	31	63	F2039	TRIBO EXTREME	01:24:47	01:22:54	00:16:41	01:06:55

1584	1800	RUI M G PEDRO	M	30	622	M2039	INDIVIDUAL	01:24:47	01:24:09	00:15:02	01:07:38
1585	2197	CARLOS P ABREU	M	45	227	M4549	CLUBE STRESS	01:24:47	01:22:46	00:17:29	01:07:28
1586	460	CARLA L SILVA	F	41	23	F4044	INDIVIDUAL	01:24:48	01:21:41	00:18:11	01:08:12
1587	630	PEDRO CARVALHO	M	39	623	M2039	ARRASTASSOLAS	01:24:49	01:22:53	00:16:10	01:05:37
1588	1317	ALBERTO SOARES	M	50	175	M5054	INDIVIDUAL	01:24:49	01:22:03	00:17:46	01:07:21
1589	454	DAVID DUARTE	M	45	228	M4549	RUN 4 FUN	01:24:52	01:22:16	00:18:07	01:07:57
1590	851	NUNO PEREIRA	M	36	624	M2039	GP RUNNERS	01:24:52	01:22:15	00:18:45	01:07:50
1591	1444	JOAO BORGES	M	44	267	M4044	TEJAVISTA	01:24:52	01:22:40	00:17:04	01:07:06
1592	1286	JOSE VIEIRA	M	47	229	M4549	CCRD BURINHOSA	01:24:53	01:24:06	00:15:36	01:06:50
1593	1855	FERNANDO FRANCISCO	M	68	16	M6599	INDIVIDUAL	01:24:55	01:24:43	00:14:11	01:06:14
1594	47	ANTONIO J B PEDRO	M	52	176	M5054	ATLETA PENICHE	01:24:56	01:22:13	00:18:28	01:08:07
1595	1161	CARLOS CARITA	M	53	177	M5054	CD GRUPO BES	01:24:57	01:24:36	00:14:05	01:06:50
1596	1216	CARLOS GUTUERRES	M	52	178	M5054	FALCOES SELVAGENS	01:24:57	01:21:48	00:18:30	01:07:42
1597	1838	ARTUR J F GAIO	M	28	625	M2039	INDIVIDUAL	01:24:57	01:24:43	00:14:10	01:06:50
1598	2193	ALBERTO REIS	M	49	230	M4549	CLUBE STRESS	01:24:58	01:21:57	00:18:13	01:07:51
1599	1441	LUIS MIRANDA	M	52	179	M5054	TEJAVISTA	01:25:00	01:22:42	00:17:22	01:08:07
1600	1706	PEDRO LOPES	M	32	626	M2039	OS TARTARUGAS	01:25:00	01:22:03	00:18:28	01:08:26
1601	2341	LILIANA ABREU	F	28	64	F2039	OS TUGAS	01:25:00	01:22:07	00:18:04	01:07:52
1602	1707	FABIAN ANDRADE	M	48	231	M4549	OS TARTARUGAS	01:25:01	01:22:05	00:18:28	01:08:20
1603	1942	NUNO GOUVEIA	M	36	627	M2039	CAFE RUI	01:25:03	01:22:48	00:18:16	01:08:54
1604	1433	DIOGO P DIAS	M	44	268	M4044	INDIVIDUAL	01:25:05	01:24:24	00:14:22	01:07:04
1605	1620	JORGE RODRIGUES	M	45	232	M4549	INDIVIDUAL	01:25:05	01:25:05	00:18:11	01:08:50
1606	1542	JOAQUIM BARROCAS	M	59	122	M5559	NA PAPAGAIOS CASCAIS	01:25:06	01:21:51	00:19:35	01:09:27
1607	693	LUIS M P MEIRA	M	37	628	M2039	INDIVIDUAL	01:25:07	01:23:42	00:15:48	01:06:49
1608	155	JOSE FINURAS	M	41	269	M4044	INDIVIDUAL	01:25:08	01:23:39	00:16:08	01:07:24
1609	807	EDUARDO SANTOS	M	33	629	M2039	VFF 1896	01:25:08	01:21:51	00:18:57	01:09:18
1610	278	JOAO PEREIRA	M	45	233	M4549	INDIVIDUAL	01:25:09	01:23:40	00:16:07	01:07:23
1611	527	PEDRO FRADE	M	21	630	M2039	INDIVIDUAL	01:25:09	01:23:35	00:16:51	01:08:47
1612	1752	RUI PRATAS	M	25	631	M2039	ANTI ABSTEMIOS	01:25:11	01:22:58	00:16:05	01:06:57
1613	2513	HUGO VENANCIO	M	33	632	M2039	SS CGD	01:25:11	01:25:02	00:13:13	01:07:38
1614	2041	GONCALO SEABRA	M	34	633	M2039	OS ZATPEQUES	01:25:12	01:22:00	00:18:21	01:08:27
1615	943	MARIO BONIFACIO	M	46	234	M4549	GDCR ZAMBUJEIRA/ CALVO	01:25:14	01:23:58	00:17:36	01:09:27
1616	2482	MARCO MANGAS	M	38	634	M2039	LESMAES OESTE	01:25:14	01:23:23	00:17:35	01:08:09
1617	2007	YANE SANTOS	M	40	270	M4044	EQUIPAS OS ENTREMEADAS	01:25:15	01:24:10	00:15:46	01:06:12
1618	2009	PEDRO M M VIDEIRA	M	24	635	M2039	EQUIPAS OS ENTREMEADAS	01:25:15	01:24:10	00:15:46	01:06:12
1619	2344	PEDRO M DUARTE	M	39	636	M2039	OS TUGAS	01:25:15	01:22:19	00:18:18	01:08:18
1620	2011	RUI CUNHA	M	34	637	M2039	EQUIPAS OS ENTREMEADAS	01:25:16	01:24:11	00:15:45	01:06:12
1621	656	ANTONIO J Q ALMEIDA	M	44	271	M4044	C MILLENNIUMBPC	01:25:17	01:22:14	00:18:28	01:08:18
1622	2012	LUIS FLORINDO	M	38	638	M2039	EQUIPAS OS ENTREMEADAS	01:25:18	01:24:17	00:15:47	01:06:13
1623	1615	SOFIA MONTEIRO	F	32	65	F2039	CORREDORES JAMOR	01:25:21	01:22:40	00:17:34	01:07:41
1624	2533	ANITA LINO	F	34	66	F2039	OS BRAGUINHAS	01:25:21	01:24:19	00:15:21	01:08:24
1625	5	JOAO VAGOS	M	37	639	M2039	INDIVIDUAL	01:25:22	01:24:35	00:16:38	01:08:44
1626	2130	MIGUEL V FERREIRA	M	39	640	M2039	GELPINHOS	01:25:24	01:22:13	00:20:16	01:11:00
1627	2522	PAULA COSTA	F	40	24	F4044	SS CGD	01:25:24	01:23:41	00:17:11	01:07:58
1628	1183	ANTONIO C MARTINS	M	51	180	M5054	MARTINITOS	01:25:25	01:23:30	00:17:45	01:08:35
1629	1501	CARLA A LOPES	F	39	67	F2039	GD INE	01:25:25	01:23:07	00:17:01	01:08:04
1630	473	FILIPA RELVAS	F	24	68	F2039	ATOMIC TEAM	01:25:26	01:23:52	00:16:07	01:07:01
1631	518	JOAO F P C AMORIM	M	34	641	M2039	FORÇA	01:25:26	01:23:42	00:16:02	01:07:03
1632	246	MARLENE SAMPAIO	F	24	69	F2039	FALCOES SELVAGENS	01:25:28	01:23:54	00:18:44	#N/D
1633	395	JORGE DUARTE	M	43	272	M4044	GAB FISIO DESPORTO	01:25:30	01:24:42	00:15:10	01:07:36
1634	2028	ANTONIO MATEUS	M	69	17	M6599	OS ZATPEQUES	01:25:31	01:22:37	00:18:46	01:09:57
1635	76	CLAUDIO MONTEIRO	M	47	235	M4549	RUN 4 FUN	01:25:36	01:23:03	00:18:06	01:07:56
1636	817	VITOR M M FERNANDES	M	61	49	M6064	CALMA	01:25:36	01:24:36	00:15:28	01:08:10
1637	2038	PHELIM O KANE	M	54	181	M5054	OS ZATPEQUES	01:25:37	01:22:40	00:18:46	01:09:53
1638	344	JOAO CUNHA	M	55	123	M5559	CA PARQUE PAZ	01:25:38	01:23:50	00:17:44	01:08:49

1639	114	PEDRO R H P SILVA	M	32	642	M2039	INDIVIDUAL	01:25:39	01:23:04	00:17:55	01:07:52
1640	1869	NUNO A D BAIXINHO	M	37	643	M2039	AMIGOS PARQUE	01:25:39	01:24:35	00:16:04	01:07:45
1641	1804	TIAGO VINTEM	M	28	644	M2039	CP PONTEVEL	01:25:40	01:22:57	00:19:51	01:11:01
1642	706	DOMINGOS PEREIRA	M	56	124	M5559	CLUBE MARGINAL	01:25:43	01:23:12	00:17:50	01:08:39
1643	768	PAULO PEREIRA	M	41	273	M4044	INDIVIDUAL	01:25:43	01:22:56	00:18:11	01:08:42
1644	978	BRUNO M S CUSTODIO	M	37	645	M2039	INDIVIDUAL	01:25:43	01:22:30	00:19:31	01:09:55
1645	692	JOAO MARTINS	M	41	274	M4044	O MUNDO CORRIDA	01:25:45	01:23:03	00:18:21	01:08:54
1646	562	ISAC DINIS	M	61	50	M6064	ASAS NOS PES	01:25:48	01:22:40	00:18:34	01:09:29
1647	1616	PEDRO MONTEIRO	M	34	646	M2039	CORREDORES JAMOR	01:25:51	01:23:11	00:17:35	01:08:36
1648	1941	HUGO RICARDO	M	30	647	M2039	CAFE RUI	01:25:51	01:23:35	00:18:17	01:08:54
1649	1072	ANGELO P M TOMAZ	M	36	648	M2039	FERRELPROUD	01:25:53	01:24:43	00:15:19	01:05:54
1650	839	LUIS ROMANEIRO	M	52	182	M5054	INDIVIDUAL	01:25:54	01:22:41	00:18:28	01:08:16
1651	1583	AMERICO LOPES	M	48	236	M4549	GRUPO S BERNARDO	01:25:56	01:23:01	00:18:11	01:08:22
1652	1932	NUNO AMORIM	M	34	649	M2039	CP PONTEVEL	01:25:57	01:23:12	00:19:51	01:11:01
1653	304	SERGIO B PEDRO	M	29	650	M2039	INDIVIDUAL	01:25:58	01:22:53	00:17:41	01:07:07
1654	411	JOSE VILELA	M	47	237	M4549	CLUBE ROBBIALAC	01:25:58	01:25:03	00:16:06	01:08:25
1655	242	DOMINGOS MATOS	M	50	183	M5054	FALCOES SELVAGENS	01:25:59	01:25:59	00:18:22	01:09:15
1656	373	JOAO FRADE	M	40	275	M4044	INDIVIDUAL	01:25:59	01:24:25	00:16:50	01:08:47
1657	1105	PEDRO M M PINA	M	47	238	M4549	CA AMORA	01:25:59	01:24:27	00:16:38	01:08:22
1658	1719	NUNO MIGUEL	M	40	276	M4044	INDIVIDUAL	01:25:59	01:24:34	00:15:34	01:06:24
1659	1106	ROSA M S CASSIS	F	40	25	F4044	CA AMORA	01:26:00	01:24:28	00:16:38	01:08:22
1660	1184	ANDRE F M MARTINS	M	24	651	M2039	MARTINITOS	01:26:01	01:24:05	00:17:45	01:08:35
1661	1231	RITA SOUSA	F	20	70	F2039	AS PREGUIÇAS	01:26:01	01:25:11	00:15:33	01:08:34
1662	208	PAULO RIBEIRO	M	49	239	M4549	RUN 4 FUN	01:26:02	01:25:36	00:14:39	01:07:27
1663	1230	PEDRO SOUSA	M	45	240	M4549	AS PREGUIÇAS	01:26:02	01:25:13	00:15:33	01:08:33
1664	2511	EURICO SEMEDO	M	64	51	M6064	SS CGD	01:26:03	01:23:25	00:18:09	01:08:27
1665	1051	FERNANDO M MARINHO	M	61	52	M6064	TURBO-LENTOS	01:26:05	01:23:32	00:18:40	01:09:08
1666	1741	CARLOS ALFAIATE	M	59	125	M5559	C BENFICA ABRANTES	01:26:05	01:24:57	00:16:17	01:08:32
1667	1745	HELIO GODINHO	M	62	53	M6064	C BENFICA ABRANTES	01:26:05	01:23:01	00:19:29	01:09:20
1668	2177	GINA CORREIA	F	34	71	F2039	ADA DESNIVEL	01:26:05	01:24:42	00:16:23	01:08:21
1669	1521	MIGUEL MATOS	M	42	277	M4044	CCD TRANQUILIDADE	01:26:06	01:24:23	00:17:29	01:08:59
1670	772	RAFAEL F MARTINS	M	20	652	M2039	INDIVIDUAL	01:26:09	01:23:37	00:16:02	01:06:21
1671	418	MANUEL CLEMENTE	M	62	54	M6064	INDIVIDUAL	01:26:10	01:23:18	00:18:31	01:08:50
1672	1219	JOSE CARVALHO	M	40	278	M4044	FALCOES SELVAGENS	01:26:12	01:23:01	00:18:34	01:09:13
1673	1917	JOSE SAMPAIO	M	48	241	M4549	AM ATIBA	01:26:13	01:25:42	00:13:44	01:07:32
1674	964	JOAQUIM ROSA	M	54	184	M5054	O K AZAR	01:26:14	01:24:01	00:17:13	01:07:49
1675	965	LUIS NEVES	M	32	653	M2039	O K AZAR	01:26:14	01:24:01	00:17:13	01:07:49
1676	1214	MANUEL CHAMBEL	M	60	55	M6064	FALCOES SELVAGENS	01:26:14	01:23:04	00:18:34	01:09:13
1677	1108	ANTONIO G FERREIRA	M	55	126	M5559	OS ACAMPADOS	01:26:15	01:24:17	00:17:16	01:08:31
1678	2333	Mª GORETI FERNANDES	F	48	27	F4599	GD CIMPOR	01:26:16	01:24:02	00:17:49	01:08:32
1679	2337	JOAO CARLOS FERREIRA	M	40	279	M4044	GD CIMPOR	01:26:16	01:23:54	00:17:48	01:08:33
1680	2348	ANTONIO MIRANDA	M	64	56	M6064	CA OBIDOS	01:26:18	01:22:58	00:18:23	01:09:41
1681	1074	BRUNO M R SANTOS	M	34	654	M2039	FERRELPROUD	01:26:20	01:25:08	00:15:18	01:05:54
1682	600	TIAGO SIMOES	M	29	655	M2039	GEORUNNERS	01:26:21	01:24:48	00:16:31	01:09:25
1683	601	CLAUDIA JESUS	F	29	72	F2039	GEORUNNERS	01:26:21	01:24:48	00:16:31	01:09:26
1684	1440	JOSE AZURARA	M	54	185	M5054	TEJAVISTA	01:26:22	01:23:48	00:17:46	01:09:38
1685	1737	JOSE MOITA	M	54	186	M5054	GDC BANCO PORTUGAL	01:26:22	01:23:12	00:18:40	01:09:14
1686	708	FRANCISCO COITO	M	59	127	M5559	CLUBE MARGINAL	01:26:25	01:25:37	00:15:06	01:07:46
1687	1446	JOSE L MARTINS	M	38	656	M2039	TEJAVISTA	01:26:25	01:24:13	00:17:03	01:08:16
1688	234	PAULO CAMPOS	M	40	280	M4044	PERNAS GAFANHOTO	01:26:26	01:23:38	00:18:18	01:08:45
1689	2291	NATERCIA CARVALHO	F	31	73	F2039	C VETERANOS LIS	01:26:28	01:25:34	00:14:42	01:07:58
1690	357	FATIMA MARTINS	F	39	74	F2039	INDIVIDUAL	01:26:29	01:24:58	00:16:24	01:08:37
1691	1358	ADRIANA ASCENSO	F	35	75	F2039	CA BARREIRA	01:26:32	01:24:07	00:18:16	01:09:30
1692	1306	JOAO PARRA	M	56	128	M5559	TEJAVISTA	01:26:33	01:24:09	00:18:26	01:09:39
1693	1801	ANTONIO RIBEIRO	M	62	57	M6064	AXR	01:26:35	01:24:38	00:16:27	01:08:37

1694	834	CAROLINA F HENRIQUE	F	27	76	F2039	NUCLEOEIRAS	01:26:36	01:23:18	00:19:35	01:10:53
1695	2517	JOSE GUIA	M	63	58	M6064	SS CGD	01:26:36	01:24:39	00:17:16	01:08:30
1696	668	AURORA G COUTINHO	F	46	28	F4599	C MILLENNIUMBCP	01:26:38	01:24:03	00:17:55	01:08:30
1697	918	IOLA FERRAZ	F	35	77	F2039	CAA PARQUE PAZ	01:26:38	01:25:18	00:17:33	01:10:03
1698	2211	MIGUEL LEAL	M	54	187	M5054	CLUBE STRESS	01:26:39	01:23:46	00:18:30	01:09:36
1699	2345	JORGE M VIEIRA	M	48	242	M4549	AC SALVATERRA	01:26:39	01:24:48	00:17:23	01:09:04
1700	1310	ISABEL J FARIA	F	36	78	F2039	MATILHA RADICAL	01:26:40	01:24:51	00:17:46	01:09:23
1701	1312	PATRICIA C V JEREMIAS	F	34	79	F2039	MATILHA RADICAL	01:26:40	01:24:51	00:17:47	01:09:25
1702	1309	LUIS H C SILVA	M	40	281	M4044	MATILHA RADICAL	01:26:43	01:24:55	00:17:48	01:09:25
1703	2346	ARMENIO ANDRADE	M	60	59	M6064	AC SALVATERRA	01:26:43	01:24:55	00:17:23	01:09:11
1704	165	JOAO PINTO	M	42	282	M4044	LIBERDADE FC	01:26:45	01:23:35	00:18:18	01:08:49
1705	49	JORGE FERREIRA	M	50	188	M5054	JAF	01:26:47	01:25:11	00:17:18	01:09:19
1706	1266	RICARDO OLIVEIRA	M	39	657	M2039	COMPANHIA BAZOFIAS	01:26:47	01:24:46	00:17:14	01:09:26
1707	1579	RUI CUNHA	M	27	658	M2039	AS 3 LEBRES	01:26:47	01:24:39	00:18:03	01:09:23
1708	1581	MANUEL T M PILO	M	27	659	M2039	AS 3 LEBRES	01:26:47	01:24:38	00:17:21	01:09:22
1709	125	PATRICIA CALADO	F	38	80	F2039	RUN 4 FUN	01:26:52	01:24:25	00:17:53	01:09:46
1710	128	CESAR MOREIRA	M	34	660	M2039	RUN 4 FUN	01:26:52	01:24:25	00:17:53	01:09:46
1711	273	RAQUEL MADEIRA	F	23	81	F2039	GYMRUNNERS	01:26:55	01:26:03	00:15:43	01:08:40
1712	2483	ANDRE NORONHA	M	47	243	M4549	SS CGD	01:26:56	01:25:02	00:16:22	01:08:40
1713	4	INES C PEREIRA	F	36	82	F2039	INDIVIDUAL	01:26:57	01:26:10	00:16:38	01:09:24
1714	1802	NELIO CARVALHO	M	32	661	M2039	CP PONTEVEL	01:26:58	01:24:14	00:19:50	01:11:15
1715	1847	LUIS GABIRRO	M	33	662	M2039	CP PONTEVEL	01:26:58	01:24:12	00:19:50	01:11:15
1716	625	RUI CARMO	M	54	189	M5054	INDIVIDUAL	01:26:59	01:24:51	00:18:07	01:08:52
1717	698	JOAO M NETO	M	43	283	M4044	NA	01:26:59	01:23:52	00:19:10	01:08:57
1718	1267	EURICO NASCIMENTO	M	42	284	M4044	COMPANHIA BAZOFIAS	01:26:59	01:24:55	00:17:13	01:09:26
1719	976	PEDRO BRITO	M	22	663	M2039	INDIVIDUAL	01:27:00	01:24:48	00:18:07	01:10:27
1720	2512	FRANCISCO CLERIGO	M	58	129	M5559	SS CGD	01:27:02	01:24:32	00:18:08	01:10:02
1721	2531	DIEGO MOURILHO	M	24	664	M2039	INDIVIDUAL	01:27:02	01:23:22	00:19:53	01:12:15
1722	1052	ANA MARIA C M ALMEIDA	F	56	29	F4599	TURBO-LENTOS	01:27:09	01:24:36	00:18:42	01:10:29
1723	1179	JOAO P R VICENTE	M	25	665	M2039	BOAVISTA RUN	01:27:09	01:25:11	00:15:59	01:06:38
1724	971	PEDRO JORGE	M	44	285	M4044	GOLD TEAM	01:27:12	01:26:29	00:15:25	01:08:30
1725	65	JOAO C M FERREIRA	M	48	244	M4549	INDIVIDUAL	01:27:13	01:24:47	00:17:59	01:09:32
1726	1359	ANA AFONSO	F	31	83	F2039	CA BARREIRA	01:27:13	01:26:34	00:15:26	01:08:30
1727	1798	PEDRO ORFAO	M	27	666	M2039	AMIGOS TELHEIRO	01:27:13	01:25:22	00:18:06	01:10:56
1728	1514	PAULO GOMES	M	47	245	M4549	GD INE	01:27:16	01:25:29	00:17:20	01:09:08
1729	2270	NUNO F S MAMEDE	M	43	286	M4044	HORTAPRONTA SA	01:27:18	01:26:50	00:14:36	01:08:12
1730	705	MANUEL REIA	M	64	60	M6064	CLUBE MARGINAL	01:27:19	01:24:42	00:18:27	01:09:36
1731	829	Mª MARGARIDA EMILIO	F	42	26	F4044	INDIVIDUAL	01:27:22	01:25:11	00:17:52	01:09:25
1732	2298	VITOR M M LOURENCO	M	46	246	M4549	GCA DONAS	01:27:23	01:26:22	00:17:20	01:09:44
1733	2226	LUIS COSTA	M	49	247	M4549	CANEÇAS 3	01:27:25	01:24:49	00:18:30	01:10:05
1734	1727	FRANCISCO CERQUEIRA	M	40	287	M4044	INDIVIDUAL	01:27:27	01:25:03	00:18:29	01:09:59
1735	1728	RAQUEL CERQUEIRA	F	33	84	F2039	INDIVIDUAL	01:27:27	01:25:03	00:18:21	01:09:58
1736	917	SARA COLACO	F	37	85	F2039	CAA PARQUE PAZ	01:27:28	01:26:09	00:17:32	01:10:04
1737	1939	PEDRO X D L ANTUNES	M	20	667	M2039	ESAL	01:27:28	01:25:30	00:17:56	01:11:15
1738	1477	JOAO BENEVENTE	M	60	61	M6064	CA PARQUE PAZ	01:27:29	01:26:08	00:17:32	01:10:04
1739	634	ANA PEREIRA	F	20	86	F2039	PERNAS GAFANHOTO	01:27:30	01:24:24	00:18:32	01:10:19
1740	913	CARLOS N E ANJOS	M	37	668	M2039	AA SEIXAL	01:27:30	01:26:10	00:17:32	01:10:04
1741	987	JOSE A P ALMEIDA	M	37	669	M2039	INDIVIDUAL	01:27:31	01:26:01	00:17:38	01:10:17
1742	1892	RENATO FERREIRA	M	26	670	M2039	PEDRO MOREIRA	01:27:34	01:24:32	00:18:51	01:09:54
1743	2173	JOSE LAMEGO	M	60	62	M6064	SMD CANEÇAS	01:27:38	01:24:45	00:19:08	01:10:29
1744	1456	MIGUEL BARATA	M	39	671	M2039	C FERROV PORTUGAL	01:27:40	01:25:45	00:17:22	01:09:10
1745	1002	PEDRO N S R LOPES	M	36	672	M2039	OS PINHEIRENSES	01:27:42	01:26:46	00:15:39	01:08:45
1746	228	PAULO TRIGO	M	33	673	M2039	SPEEDRUS	01:27:43	01:24:38	00:18:04	01:09:11
1747	224	JOSE M P FREIRE	M	43	288	M4044	INDIVIDUAL	01:27:44	01:27:30	00:14:02	01:08:38
1748	1555	ANTONIO R F MOCO	M	56	130	M5559	GD CIMPOR	01:27:45	01:25:44	00:17:12	01:09:36



1749	806	JOSE M MOCO	M	46 248	M4549	INDIVIDUAL	01:27:47	01:26:45	00:15:43	01:07:43
1750	900	GONCALO JULIAO	M	25 674	M2039	PES TROIKADOS	01:27:48	01:24:57	00:18:33	01:10:26
1751	327	FERNANDO CARDOSO	M	60 63	M6064	CCDT METRO LX	01:27:53	01:24:39	00:19:24	01:10:22
1752	337	RAFAEL SANTOS	M	45 249	M4549	CCDT METRO LX	01:27:53	01:24:55	00:19:27	01:10:23
1753	2224	JOAO M G LEMOS	M	57 131	M5559	INDIVIDUAL	01:27:55	01:26:59	00:15:14	01:08:15
1754	147	GONCALO FIGUEIRA	M	27 675	M2039	GD DEUTSCHE BANK	01:27:56	01:25:42	00:17:38	01:10:08
1755	73	ALEXANDRE RODRIGUES	M	40 289	M4044	BUERAPIDOS	01:28:00	01:25:04	00:18:28	01:10:31
1756	1328	LUIS ANTUNES	M	50 190	M5054	GA MONSANTO GASCAN	01:28:01	01:25:58	00:18:19	01:10:34
1757	1992	TIAGO MONIZ	M	26 676	M2039	ROCKNROLL	01:28:01	01:25:24	00:18:25	01:10:46
1758	1140	MANUEL BRAS	M	53 191	M5054	GDR FIGUEIRAS	01:28:02	01:27:47	00:14:29	01:08:43
1759	1684	ANTONIO CASTRO	M	43 290	M4044	GD SANTANDER TOTTA	01:28:03	01:25:32	00:19:32	01:11:24
1760	274	JAVIER COSTA	M	26 677	M2039	GYMRUNNERS	01:28:07	01:27:15	00:14:51	01:07:39
1761	585	ADRIANO G MENDES	M	60 64	M6064	MG CLIMA LDA	01:28:07	01:27:06	00:16:23	01:09:41
1762	1953	MONICA TEIXEIRA	F	27 87	F2039	AM ATIBA	01:28:07	01:27:27	00:16:33	01:09:41
1763	55	PEDRO F SILVA	M	38 678	M2039	INDIVIDUAL	01:28:09	01:27:20	00:15:10	01:08:43
1764	1533	RICARDO DIAS	M	38 679	M2039	INDIVIDUAL	01:28:09	01:26:08	00:17:29	01:09:43
1765	184	FREDERICO NOBRE	M	35 680	M2039	RP TEAM	01:28:13	01:24:58	00:19:31	01:12:05
1766	1195	JOSE REBOCHO	M	56 132	M5559	INDIVIDUAL	01:28:13	01:27:20	00:15:38	01:09:02
1767	132	BRUNO ROCHA	M	35 681	M2039	SAPATILHAS ARDENTES	01:28:14	01:26:24	00:16:21	01:07:37
1768	2376	JOAO F S BRANCO	M	64 65	M6064	AAE BNU	01:28:14	01:25:33	00:18:21	01:10:49
1769	500	RICARDO A VIEGAS	M	33 682	M2039	INDIVIDUAL	01:28:16	01:27:22	00:16:10	01:09:08
1770	1973	JOSE SEQUEIRA	M	51 192	M5054	AÇOREANA C BANIF	01:28:18	01:25:12	00:19:13	01:10:49
1771	1189	HELDER MESTRE- CAD RODAS	M	45 250	M4549	OS MESTRES	01:28:25	01:28:25	00:09:55	01:11:27
1772	930	Mª ALCINA C CORREIA	F	59 30	F4599	EQUIPA SMO	01:28:26	01:26:15	00:18:28	01:10:59
1773	631	MARIO SANTOS	M	31 683	M2039	ARRASTASSOLAS	01:28:29	01:26:33	00:16:43	01:09:25
1774	476	ENIA ORNELAS	F	23 88	F2039	RUN 4 FUN	01:28:32	01:27:38	00:15:43	01:10:23
1775	561	NICOLAU SILVA	M	35 684	M2039	ASAS NOS PES	01:28:32	01:25:35	00:16:59	01:07:44
1776	932	ALVARO PINTO	M	54 193	M5054	INDIVIDUAL	01:28:32	01:25:59	00:18:24	01:09:55
1777	1505	ELSA MOREIRA	F	37 89	F2039	GD INE	01:28:36	01:25:36	00:18:20	01:11:16
1778	1180	JOEL S R COELHO	M	38 685	M2039	BOAVISTA RUN	01:28:38	01:26:35	00:17:48	01:10:50
1779	1443	PEDRO SAMPAIO	M	57 133	M5559	TEJAVISTA	01:28:38	01:26:21	00:18:19	01:11:13
1780	1768	BRUNO M C SILVA	M	37 686	M2039	BOAVISTA RUN	01:28:38	01:26:38	00:17:49	01:10:50
1781	832	DOMINGOS HENRIQUE	M	52 194	M5054	NUCLEOEIRAS	01:28:41	01:25:23	00:19:34	01:11:08
1782	934	EDUARDO RAMOS	M	31 687	M2039	INDIVIDUAL	01:28:42	01:26:10	00:18:20	01:09:55
1783	1242	MARIA MARQUES	F	49 31	F4599	INDIVIDUAL	01:28:42	01:27:03	00:17:09	01:10:27
1784	32	HENRIQUETA SOLIPA	F	50 32	F4599	CONNECT2RUN	01:28:43	01:27:09	00:16:56	01:11:15
1785	148	VITAL LACERDA	M	45 251	M4549	PORTUGAL RUNNING	01:28:43	01:27:10	00:16:56	01:11:13
1786	484	ANTONINO MELO	M	48 252	M4549	INDIVIDUAL	01:28:44	01:26:59	00:17:56	01:11:38
1787	720	RUI M O CENTEIO	M	38 688	M2039	INDIVIDUAL	01:28:44	01:28:44	00:18:45	01:10:50
1788	833	ISABEL C F V SILVA	F	43 27	F4044	NUCLEOEIRAS	01:28:46	01:25:28	00:19:34	01:11:09
1789	329	FRANCISCO PLINIO	M	56 134	M5559	CCDT METRO LX	01:28:47	01:25:56	00:18:12	01:10:22
1790	880	VITOR M F LOPES	M	32 689	M2039	INDIVIDUAL	01:28:47	01:26:40	00:18:04	01:12:51
1791	140	CARLOS M C FRANCO	M	40 291	M4044	INDIVIDUAL	01:28:50	01:26:57	00:17:37	01:10:53
1792	141	JOAO C F CALDEIRA	M	63 66	M6064	INDIVIDUAL	01:28:50	01:26:57	00:17:37	01:10:54
1793	1697	JOSE MONTEIRO	M	63 67	M6064	GD SANTANDER TOTTA	01:28:50	01:28:40	00:13:55	01:08:44
1794	559	HELENA CUNHA	F	53 33	F4599	ASAS NOS PES	01:28:51	01:25:43	00:18:32	01:10:43
1795	480	LUIZ A P OLIVEIRA	M	60 68	M6064	INDIVIDUAL	01:28:55	01:27:10	00:18:00	01:11:38
1796	2355	JOAO LANDEIRO	M	65 18	M6599	INDIVIDUAL	01:28:57	01:26:18	00:18:16	01:10:55
1797	788	JOANA MARQUES	F	28 90	F2039	INDIVIDUAL	01:28:58	01:26:20	00:18:23	01:10:56
1798	1618	CARLOS M SILVA	M	44 292	M4044	INDIVIDUAL	01:28:58	01:26:46	00:18:37	01:11:45
1799	1619	PEDRO RAMOS	M	51 195	M5054	INDIVIDUAL	01:28:58	01:26:46	00:18:37	01:11:44
1800	2219	RUI VARELA	M	49 253	M4549	CAA BELEM	01:28:58	01:25:59	00:21:56	#N/D
1801	796	ANA L R BENTO	F	32 91	F2039	INOEH	01:28:59	01:26:51	00:18:11	01:12:16
1802	1151	JULIO HENRIQUES	M	62 69	M6064	INDIVIDUAL	01:29:00	01:25:59	00:18:43	01:11:33
1803	2222	CARLA LEITAO	F	34 92	F2039	CAA BELEM	01:29:00	01:26:00	00:21:56	#N/D

1804	1160	CARLA ANDRE	F	35	93	F2039	CD GRUPO BES	01:29:01	01:27:30	00:17:37	01:11:56
1805	1823	LUIS M D CARVALHO	M	41	293	M4044	INDIVIDUAL	01:29:02	01:27:01	00:16:55	01:08:08
1806	929	ANTONIO J O CORREIA	M	61	70	M6064	EQUIPA SMO	01:29:03	01:26:52	00:18:28	01:10:59
1807	306	NUNO SIMAO	M	37	690	M2039	TUGAS BRASA	01:29:04	01:26:29	00:18:31	01:11:03
1808	824	NUNO F M P ALMEIDA	M	62	71	M6064	INDIVIDUAL	01:29:04	01:26:04	00:17:25	01:07:17
1809	386	NUNO DIAS	M	37	691	M2039	MG EQUIPAMENTOS	01:29:06	01:27:54	00:16:21	01:10:11
1810	64	PAULA CARVALHO	F	40	28	F4044	INDIVIDUAL	01:29:07	01:26:41	00:18:22	01:11:17
1811	1435	PEDRO K L D MORAIS	M	37	692	M2039	INDIVIDUAL	01:29:07	01:25:54	00:20:21	01:13:18
1812	1544	MIGUEL RAPOSO	M	31	693	M2039	INDIVIDUAL	01:29:07	01:26:13	00:19:04	01:10:48
1813	293	HELIA S F SANTOS	F	28	94	F2039	INDIVIDUAL	01:29:08	01:27:23	00:16:59	01:10:44
1814	286	CARLOS M SIMAO	M	40	294	M4044	INDIVIDUAL	01:29:09	01:25:58	00:18:58	01:11:18
1815	319	ISABEL F ALPIARCA	F	45	34	F4599	INDIVIDUAL	01:29:09	01:25:59	00:18:58	01:11:18
1816	1749	MANUEL SILVA	M	38	694	M2039	C BENFICA ABRANTES	01:29:10	01:26:07	00:19:29	01:11:20
1817	2037	JOSE CORDEIRO	M	52	196	M5054	OS ZATOPQUES	01:29:10	01:29:10	00:41:46	#N/D
1818	1938	ANDRE G D L ANTUNES	M	22	695	M2039	ESAL	01:29:13	01:27:16	00:17:56	01:11:16
1819	2507	AURELIO CALADO	M	62	72	M6064	SS CGD	01:29:13	01:26:32	00:18:22	01:10:56
1820	734	CARLA PARREIRINHA	F	40	29	F4044	INDIVIDUAL	01:29:17	01:26:04	00:19:33	01:11:22
1821	1122	LILIANA R F MAIA	F	40	30	F4044	INDIVIDUAL	01:29:17	01:26:05	00:19:34	01:11:51
1822	1657	JORGE M V ELIAS	M	48	254	M4549	C ORIENTAÇÃO AVENTURA	01:29:17	01:28:55	00:14:27	01:10:24
1823	547	ANTONIO M S VERDUGO	M	50	197	M5054	URB FONTE CORAÇÕES GAEIRAS	01:29:23	01:26:58	00:18:34	01:11:42
1824	903	RUI P N CARVALHO	M	32	696	M2039	PES TROIKADOS	01:29:23	01:28:40	00:15:50	01:13:11
1825	2489	JOSE C CESAR	M	55	135	M5559	CSP CM PENICHE	01:29:23	01:28:05	00:15:11	01:09:45
1826	2063	LUIS C D BAPTISTA	M	39	697	M2039	SCALABIS N RUNNERS	01:29:24	01:28:09	00:16:46	01:10:10
1827	1024	MANUELA DAMAS	F	33	95	F2039	INDIVIDUAL	01:29:27	01:27:42	00:17:10	01:10:44
1828	2071	SUSANA J M A FRADIQUE	F	36	96	F2039	SCALABIS N RUNNERS	01:29:27	01:28:14	00:16:46	01:10:10
1829	1023	JOAO P COSTA	M	37	698	M2039	INDIVIDUAL	01:29:28	01:27:42	00:17:10	01:10:44
1830	17	CARLOS BERNARDO	M	40	295	M4044	INDIVIDUAL	01:29:29	01:26:16	00:18:52	01:11:44
1831	837	JOAO REBELO	M	55	136	M5559	TERRORES ASFALTO	01:29:29	01:29:29	00:18:27	01:11:50
1832	2271	RENATO S CASTANHEIRA	M	34	699	M2039	HORTAPRONTA SA	01:29:29	01:29:03	00:15:01	01:10:06
1833	1595	JOSE S P MESTRE	M	54	198	M5054	GD BANCO BPI	01:29:30	01:26:12	00:18:38	01:10:43
1834	472	LICINIO SIMOES	M	30	700	M2039	ATOMIC TEAM	01:29:33	01:28:23	00:16:07	01:09:45
1835	1517	SALOME FERREIRA	F	38	97	F2039	GD INE	01:29:37	01:26:38	00:18:37	01:11:42
1836	287	MARGARIDA GONCALVES	F	44	31	F4044	RUN 4 FUN	01:29:38	01:27:12	00:18:22	01:11:17
1837	459	JORGE M J NEVES	M	44	296	M4044	INDIVIDUAL	01:29:39	01:28:21	00:16:25	01:10:41
1838	1432	SUSAN MOTA	F	41	32	F4044	ACR SANTA CITA	01:29:39	01:28:45	00:16:14	01:11:16
1839	112	ANA P M CARVALHO	F	34	98	F2039	INDIVIDUAL	01:29:40	01:28:23	00:16:26	01:10:41
1840	1734	COELHO FERREIRA	M	70	19	M6599	GDC BANCO PORTUGAL	01:29:43	01:26:32	00:18:32	01:11:22
1841	988	PEDRO M P ALMEIDA	M	33	701	M2039	INDIVIDUAL	01:29:46	01:28:17	00:17:35	01:11:21
1842	816	JOSE M T RIBEIRO	M	62	73	M6064	INDIVIDUAL	01:29:49	01:27:38	00:19:20	01:12:11
1843	2369	RAFAEL C MENDOZA	M	60	74	M6064	CLUB MARATHON BADAJOZ	01:29:51	01:27:27	00:18:23	01:11:57
1844	243	JORGE DINIS	M	50	199	M5054	FALCOES SELVAGENS	01:29:56	01:26:51	00:17:39	01:10:55
1845	1870	PAULO A S CRUZ	M	47	255	M4549	AMIGOS PARQUE	01:29:59	01:28:55	00:16:13	01:11:10
1846	267	BRUNO GRACA	M	35	702	M2039	INDIVIDUAL	01:30:00	01:27:13	00:19:14	01:12:58
1847	1987	SOFIA GUEDES	F	37	99	F2039	AÇOREANA C BANIF	01:30:00	01:28:53	00:16:41	01:11:43
1848	1966	ANTONIO GUEDES	M	41	297	M4044	AÇOREANA C BANIF	01:30:01	01:28:54	00:16:41	01:11:43
1849	513	LUIS F M DIAS	M	32	703	M2039	INDIVIDUAL	01:30:10	01:28:00	00:17:12	01:09:26
1850	2322	PAULO DUARTE	M	31	704	M2039	INDIVIDUAL	01:30:10	01:28:13	00:18:12	01:11:52
1851	310	JOSE MORENO	M	42	298	M4044	PERNAS GAFANHOTO	01:30:13	01:27:10	00:19:28	01:13:23
1852	146	RICARDO TRINCHEIRAS	M	32	705	M2039	GD DEUTSCHE BANK	01:30:14	01:27:53	00:18:16	01:11:26
1853	192	ANTONIO A F PEREIRA	M	48	256	M4549	OEBRECHT/BPC	01:30:14	01:29:38	00:14:45	01:10:32
1854	436	HENRIQUE VILHENA	M	56	137	M5559	INDIVIDUAL	01:30:15	01:27:34	00:19:50	01:13:24
1855	2179	GERMANO MATOS	M	64	75	M6064	ADA DESNIVEL	01:30:15	01:28:11	00:19:16	01:12:56
1856	2374	EDUARDO MARTINS	M	50	200	M5054	O CELEIRO MEMORIA	01:30:15	01:28:08	00:17:28	01:11:23
1857	34	MARIO PIRES	M	53	201	M5054	INDIVIDUAL	01:30:16	01:27:07	00:18:31	01:11:39
1858	1008	ANA PATRICIA SILVA	F	30	100	F2039	RAIL RUNNERS	01:30:17	01:29:30	00:14:26	01:07:54

1859	361	VIRGOLINO V P PEDRO	M	59	138	M5559	AMIGOS LAGOS	01:30:18	01:27:28	00:18:06	01:12:23
1860	33	CARLOS RENATO	M	52	202	M5054	CONNECT2RUN	01:30:19	01:28:44	00:17:19	01:11:24
1861	51	MARIO RIBEIRO	M	39	706	M2039	INDIVIDUAL	01:30:19	01:28:21	00:17:24	01:10:43
1862	898	LILIANA M C BARBOSA	F	32	101	F2039	PES TROIKADOS	01:30:19	01:27:28	00:19:28	01:12:54
1863	1159	ANA PAULA MARQUES	F	42	33	F4044	CD GRUPO BES	01:30:19	01:28:44	00:17:19	01:11:24
1864	362	MANUEL S GUERREIRO	M	67	20	M6599	AMIGOS LAGOS	01:30:20	01:27:31	00:18:05	01:12:23
1865	1484	MARTA ANDRADE	F	37	102	F2039	GDCT UNICRE	01:30:23	01:27:19	00:18:49	01:12:10
1866	691	ANABELA PACHECO	F	40	34	F4044	O MUNDO CORRIDA	01:30:25	01:28:14	00:17:32	01:11:29
1867	2375	CARLOS ALMEIDA	M	40	299	M4044	O CELEIRO MEMORIA	01:30:25	01:28:11	00:17:23	01:11:21
1868	167	JOAQUIM C LOPES	M	63	76	M6064	INDIVIDUAL	01:30:27	01:27:46	00:18:33	01:12:04
1869	1964	ALBANO ALVES	M	57	139	M5559	AÇOREANA C BANIF	01:30:27	01:29:06	00:15:59	01:11:36
1870	1850	JOSE M A MARTINS	M	46	257	M4549	INDIVIDUAL	01:30:28	01:30:28	00:16:32	01:11:58
1871	263	MONICA Q SILVA	F	42	35	F4044	INDIVIDUAL	01:30:34	01:28:58	00:17:36	01:11:50
1872	468	JOÃO BARATA	M	76	21	M6599	VETERANOS TEIXOSO	01:30:35	01:29:42	00:16:10	01:11:18
1873	877	DORA FREE	F	39	103	F2039	FRUFRESH RUNNERS	01:30:35	01:28:04	00:18:15	01:12:01
1874	177	ANA P C MARQUES	F	47	35	F4599	INDIVIDUAL	01:30:36	01:30:08	00:15:25	01:10:51
1875	1593	FERNANDO J B REIS	M	45	258	M4549	GD BANCO BPI	01:30:39	01:27:34	00:18:48	01:11:31
1876	44	ANDREIA OLIVEIRA	F	32	104	F2039	PORTUGAL RUNNING	01:30:41	01:29:07	00:17:34	01:11:56
1877	1688	CATIA SOUSA	F	24	105	F2039	GD SANTANDER TOTTA	01:30:42	01:27:33	00:19:10	01:13:01
1878	385	JOSE MIRA	M	53	203	M5054	MG EQUIPAMENTOS	01:30:43	01:29:32	00:16:18	01:10:12
1879	1494	FERNANDO J FRAGATEIRO	M	51	204	M5054	GDC PORTO SINES	01:30:44	01:27:30	00:20:01	01:13:08
1880	1044	HENRIQUE RUAS	M	72	22	M6599	CCD O ALVITEJO	01:30:47	01:29:53	00:16:20	01:10:32
1881	1759	FERNANDO ANDRADE	M	42	300	M4044	INDIVIDUAL	01:30:48	01:28:43	00:18:24	01:13:16
1882	1852	ANDRE F F PACHECO	M	36	707	M2039	INDIVIDUAL	01:30:49	01:30:18	00:16:34	01:12:03
1883	2342	ANTONIOJ ABREU	M	53	205	M5054	OS TUGAS	01:30:50	01:27:58	00:18:19	01:12:55
1884	1872	PATRICK E SILVA	M	35	708	M2039	INDIVIDUAL	01:30:52	01:27:54	00:19:41	01:14:10
1885	958	FREDERICO A SOUSA	M	48	259	M4549	LEBRES TARTARUGAS	01:30:59	01:29:32	00:16:49	01:11:25
1886	1340	RICARDO MENDONCA	M	42	301	M4044	CASCAIS PANDILHA I	01:31:02	01:29:39	00:16:11	01:11:43
1887	756	JOAO M C SOARES	M	20	709	M2039	ALBERNOA	01:31:05	01:29:42	00:14:50	01:09:44
1888	564	JOSE P FERRABELO	M	59	140	M5559	ASAS NOS PES	01:31:06	01:27:57	00:18:40	01:11:55
1889	1301	ANDRE GUIMARAES	M	29	710	M2039	TEJAVISTA	01:31:10	01:28:49	00:18:44	01:12:42
1890	372	ANA MARQUES	F	42	36	F4044	FALCOES SELVAGENS	01:31:13	01:29:14	00:17:53	01:12:24
1891	1068	JOAQUIM LEOMARO	M	56	141	M5559	LEOMARO	01:31:13	01:28:24	00:18:41	01:12:37
1892	850	CARLOS SOUSA	M	35	711	M2039	GP RUNNERS	01:31:15	01:28:38	00:18:45	01:12:01
1893	959	TELMA MOREIRA	F	26	106	F2039	INDIVIDUAL	01:31:19	01:29:36	00:16:58	01:12:10
1894	376	JOEL F R C J CARVALHO	M	54	206	M5054	INDIVIDUAL	01:31:21	01:29:46	00:16:50	01:11:55
1895	2264	OTILIA SANTOS	F	38	107	F2039	INDIVIDUAL	01:31:21	01:30:53	00:15:38	01:11:36
1896	1007	MIGUEL PEDRO	M	42	302	M4044	INDIVIDUAL	01:31:23	01:28:05	00:20:21	01:14:11
1897	1292	ROSALIA C M SALDANHA	F	39	108	F2039	INDIVIDUAL	01:31:26	01:28:09	00:20:21	01:14:10
1898	1157	ALEXANDRINA FILIPE	F	40	37	F4044	CD GRUPO BES	01:31:27	01:30:37	00:16:05	01:11:49
1899	2537	JOSE MOTA	M	52	207	M5054	OS BRAGUINHAS	01:31:27	01:30:16	00:15:31	01:15:23
1900	453	SARA GUERREIRO	F	33	109	F2039	INDIVIDUAL	01:31:28	01:30:00	00:15:08	01:13:11
1901	1574	JORGE BOTELHO	M	30	712	M2039	INDIVIDUAL	01:31:28	01:28:42	00:19:39	01:13:13
1902	1575	RUI BOTELHO	M	31	713	M2039	INDIVIDUAL	01:31:28	01:28:42	00:19:40	01:13:13
1903	1171	RUI LOPES	M	60	77	M6064	CD GRUPO BES	01:31:29	01:30:39	00:16:05	01:11:49
1904	452	JOSE GUERREIRO	M	49	260	M4549	INDIVIDUAL	01:31:31	01:30:03	00:15:08	01:13:11
1905	1860	JOSE P M LEAL	M	48	261	M4549	INDIVIDUAL	01:31:33	01:29:52	00:16:49	01:12:11
1906	765	LUIS F F MENDES	M	31	714	M2039	INDIVIDUAL	01:31:34	01:29:55	00:16:36	01:08:39
1907	589	JOANA QUEIROZ	F	32	110	F2039	INDIGO	01:31:36	01:29:15	00:18:57	01:13:22
1908	130	ANA LEITAO	F	37	111	F2039	SAPATILHAS ARDENTES	01:31:37	01:29:47	00:18:04	01:12:34
1909	1580	DIOGO GUERRA	M	27	715	M2039	AS 3 LEBRES	01:31:38	01:29:30	00:18:03	01:11:57
1910	1398	LEONEL VIEITO	M	45	262	M4549	C ORIENTAÇÃO CENTRO	01:31:41	01:28:33	00:18:56	01:13:30
1911	490	RICARDO S PEDRO	M	30	716	M2039	INDIVIDUAL	01:31:44	01:28:26	00:20:22	01:14:11
1912	1257	JOAQUIM HIPOLITO	M	56	142	M5559	CA NAZARE	01:31:47	01:30:02	00:16:39	01:11:51
1913	1176	ACACIO FONSECA	M	52	208	M5054	HOTEL MIRA PAIVA	01:31:49	01:28:38	00:19:06	01:12:30

1914	707	LUIS SILVA	M	56	143	M5559	CLUBE MARGINAL	01:31:53	01:29:14	00:18:18	01:12:53
1915	2196	CARLOS PAIVA	M	52	209	M5054	CLUBE STRESS	01:31:53	01:28:34	00:19:47	01:13:44
1916	2202	EDUARDA PAIVA	F	49	36	F4599	CLUBE STRESS	01:31:53	01:28:34	00:19:46	01:13:44
1917	2203	JOAO COUTINHO	M	48	263	M4549	CLUBE STRESS	01:31:53	01:28:33	00:19:45	01:13:43
1918	1016	EDGAR MARTINS	M	28	717	M2039	OS RIBATEJANOS	01:31:54	01:29:48	00:17:57	01:12:45
1919	1877	CAMILO A P JESUS	M	59	144	M5559	INDIVIDUAL	01:31:55	01:30:50	00:14:46	01:03:50
1920	1401	PAULO FERNANDES	M	29	718	M2039	C ORIENTAÇÃO CENTRO	01:31:56	01:28:49	00:20:02	01:14:04
1921	1949	SOFIA ROQUETE	F	26	112	F2039	AM ATIBA	01:31:56	01:31:15	00:15:06	01:12:25
1922	449	AMY HERRICK	F	43	38	F4044	LX RUN	01:32:00	01:31:36	00:15:16	01:12:43
1923	1243	JOAQUIM A D CAPUCHO	M	61	78	M6064	INDIVIDUAL	01:32:00	01:30:06	00:17:46	01:12:24
1924	202	SOFIA DELGADO	F	23	113	F2039	INDIVIDUAL	01:32:02	01:29:35	00:18:26	01:12:36
1925	1019	PAULO NEVES	M	44	303	M4044	INDIVIDUAL	01:32:02	01:29:15	00:19:29	01:14:10
1926	203	JOAO MANTEIGAS	M	28	719	M2039	INDIVIDUAL	01:32:03	01:29:36	00:18:27	01:12:36
1927	977	DANIELA MELO	F	20	114	F2039	INDIVIDUAL	01:32:07	01:29:54	00:18:14	01:13:10
1928	1330	ANTONIO PARDAL	M	56	145	M5559	GA MONSANTO GASCAN	01:32:07	01:30:04	00:18:20	01:13:33
1929	1882	LUIS F S SANTOS	M	46	264	M4549	INDIVIDUAL	01:32:09	01:30:06	00:16:27	01:12:32
1930	974	SERGIO MARTINS	M	33	720	M2039	INDIVIDUAL	01:32:10	01:29:58	00:18:14	01:13:10
1931	1639	EMIDIO ALEXANDRE	M	53	210	M5054	C BENFICA ALG M MARTINS	01:32:10	01:30:09	00:17:06	01:12:12
1932	1422	PATRICIA PEREIRA	F	33	115	F2039	TARTARUGAS IMPARAVEIS	01:32:14	01:29:02	00:19:11	01:13:02
1933	574	LUIS NUNES	M	38	721	M2039	TRIBO EXTREME	01:32:18	01:29:29	00:19:26	01:14:08
1934	1414	PAULA C M CRISPIM	F	31	116	F2039	INDIVIDUAL	01:32:19	01:28:57	00:19:54	01:14:13
1935	628	JOAO CRAVO	M	27	722	M2039	INDIVIDUAL	01:32:20	01:30:20	00:18:18	01:14:01
1936	2330	BRUNO MARQUES	M	30	723	M2039	INDIVIDUAL	01:32:20	01:29:15	00:17:41	01:11:37
1937	1774	TIAGO CASTANHEIRA	M	24	724	M2039	MAROITAS NORTE	01:32:26	01:29:41	00:18:50	01:13:59
1938	425	JOAO P S LIMA	M	52	211	M5054	4 AO KM	01:32:28	01:29:47	00:19:00	01:14:12
1939	798	CLAUDIA NOVAIS	F	44	39	F4044	NETCOURIER	01:32:32	01:29:46	00:18:19	01:12:45
1940	2321	PAULO DIAS	M	30	725	M2039	CP PONTEVEL	01:32:33	01:29:48	00:19:58	01:15:33
1941	1848	JOAO ROCHA	M	27	726	M2039	CP PONTEVEL	01:32:34	01:29:48	00:20:12	01:15:32
1942	404	PEDRO N N PINTO	M	54	212	M5054	OS PINTOS	01:32:35	01:31:56	00:15:48	01:12:38
1943	1093	PAULO J J VARELA	M	41	304	M4044	PAI E FILHOS	01:32:37	01:31:12	00:17:36	01:12:15
1944	755	JOAO J M PEREIRA	M	40	305	M4044	ALBERNOA	01:32:38	01:31:17	00:17:12	01:12:15
1945	169	JOAQUIM FONSECA	M	56	146	M5559	OS SUPER	01:32:44	01:31:32	00:17:21	01:13:56
1946	726	SHEILA LEANDRO TOMAZ	F	36	117	F2039	PEDRO MOREIRA	01:32:44	01:29:41	00:18:51	01:13:45
1947	1503	CATIA PEDRO	F	32	118	F2039	GD INE	01:32:44	01:30:07	00:19:17	01:14:52
1948	1335	JOAO M R BATISTA	M	58	147	M5559	INDIVIDUAL	01:32:50	01:31:09	00:18:06	01:13:47
1949	1504	DANIELA OLIVEIRA	F	30	119	F2039	GD INE	01:32:50	01:30:14	00:19:16	01:14:54
1950	775	SONIA ARRUDA	F	36	120	F2039	JARBS	01:32:51	01:31:02	00:16:31	01:13:15
1951	1147	FERNANDO FERREIRA	M	48	265	M4549	GDR FIGUEIRAS	01:32:51	01:32:19	00:15:45	01:14:53
1952	1229	MIGUEL L GONCALVES	M	39	727	M2039	INDIVIDUAL	01:32:56	01:32:15	00:16:44	01:13:10
1953	2332	PAULO ASCENCAO	M	41	306	M4044	GD CIMPOR	01:32:56	01:30:42	00:17:50	01:11:28
1954	992	VIRGILIO A A C CARLOS	M	50	213	M5054	INDIVIDUAL	01:33:02	01:31:51	00:15:54	01:12:13
1955	379	NUNO GRACA	M	28	728	M2039	FSG COLLONGE BELLERIVE	01:33:03	01:29:42	00:19:54	01:14:12
1956	568	Mª ISABEL RODRIGUES	F	49	37	F4599	INDIVIDUAL	01:33:03	01:29:42	00:19:53	01:14:12
1957	822	MAFALDA NUNES	F	43	40	F4044	SPEEDRUS	01:33:06	01:30:01	00:19:05	01:14:49
1958	510	ANTONIO CORREIA	M	34	729	M2039	SAPATILHAS ARDENTES	01:33:07	01:31:14	00:18:02	01:13:33
1959	1607	PAULO J H SILVA	M	37	730	M2039	PRAGANÇA TEAM	01:33:09	01:30:34	00:18:54	01:13:27
1960	1609	GONCALO B S AZEVEDO	M	31	731	M2039	PRAGANÇA TEAM	01:33:09	01:30:35	00:18:53	01:13:28
1961	1608	ELIO N ANTONIO	M	32	732	M2039	PRAGANÇA TEAM	01:33:10	01:30:34	00:18:55	01:13:29
1962	2326	FATIMA FERNANDES	F	50	38	F4599	PAPALEGUAS TEAM	01:33:13	01:31:00	00:18:58	01:14:27
1963	107	SARA LOPES	F	23	121	F2039	INDIVIDUAL	01:33:14	01:31:10	00:18:15	01:13:34
1964	598	JOSE M SIMOES	M	56	148	M5559	GEORUNNERS	01:33:14	01:32:24	00:16:13	01:13:08
1965	1805	PAULO DIAS NEVES	M	32	733	M2039	PERNAS GAFANHOTO	01:33:14	01:31:15	00:18:43	01:14:53
1966	106	ANTONIO LOPES	M	57	149	M5559	INDIVIDUAL	01:33:15	01:31:11	00:18:12	01:13:33
1967	1935	PAULO SANTOS	M	44	307	M4044	ARCENENSES	01:33:15	01:30:57	00:18:22	01:14:53
1968	1226	MARCO CRUZ	M	33	734	M2039	GALERA MAU	01:33:17	01:30:17	00:18:25	01:13:25

1969	1903	JOAQUIM E C F SOARES	M	52 214	M5054	INDIVIDUAL	01:33:20	01:31:40	00:18:27	01:14:17
1970	1904	PEDRO A L PACHECO	M	40 308	M4044	INDIVIDUAL	01:33:20	01:31:42	00:18:27	01:14:17
1971	206	JOAO C O MARCOS	M	28 735	M2039	HERBAL DHS	01:33:21	01:30:31	00:19:08	01:12:57
1972	1436	RODRIGO COMEDIAS	M	32 736	M2039	SPEEDRUS	01:33:22	01:30:18	00:19:06	01:14:50
1973	1492	TIMOTEO P JUNIOR	M	53 215	M5054	GDC PORTO SINES	01:33:22	01:30:08	00:20:01	01:14:57
1974	121	GERARDO ATIENZA	M	47 266	M4549	RUN 4 FUN	01:33:23	01:30:45	00:19:07	01:14:41
1975	776	JAIME COUTO	M	37 737	M2039	JARBS	01:33:30	01:31:40	00:17:24	01:13:16
1976	1513	NUNO M CORREIA	M	45 267	M4549	GD INE	01:33:30	01:31:12	00:16:28	01:03:25
1977	85	MADALENA RIBAS	F	57 39	F4599	INDIVIDUAL	01:33:31	01:32:15	00:17:02	01:13:30
1978	774	ANA ANDRADE	F	35 122	F2039	JARBS	01:33:31	01:31:41	00:17:24	01:13:16
1979	303	EDUARDO CHAGAS	M	50 216	M5054	INDIVIDUAL	01:33:32	01:31:14	00:16:28	01:03:25
1980	1293	NUNO MENDES	M	41 309	M4044	INDIVIDUAL	01:33:33	01:30:11	00:20:28	01:14:26
1981	1650	JOSE CARLOS	M	65 23	M6599	C BENFICA ALG M MARTINS	01:33:33	01:30:36	00:19:26	01:15:18
1982	2260	ROSINDA GONCALVES	F	57 40	F4599	INDIVIDUAL	01:33:35	01:33:35	#N/D	01:13:22
1983	810	PEDRO M P MONTEIRO	M	37 738	M2039	INDIVIDUAL	01:33:36	01:30:49	00:19:01	01:15:02
1984	567	JOSE P S PINTO	M	33 739	M2039	INDIVIDUAL	01:33:37	01:31:59	00:18:08	01:15:37
1985	1735	EDUARDO ALMEIDA	M	66 24	M6599	GDC BANCO PORTUGAL	01:33:38	01:30:28	00:19:13	01:14:19
1986	424	VASCO COELHO	M	37 740	M2039	CARACOIS CORRIDA	01:33:39	01:31:29	00:17:04	01:14:40
1987	2574	MANUEL VELOSO	M	62 79	M6064	OS BRAGUINHAS	01:33:39	01:31:11	00:17:57	01:14:01
1988	462	ANTONIO BATISTA	M	63 80	M6064	VETERANOS TEIXOSO	01:33:43	01:33:32	00:15:22	01:11:54
1989	429	EBERHARD A WILHEML	M	64 81	M6064	4 AO KM	01:33:47	01:31:06	00:18:16	01:13:52
1990	207	CELIO T X ROMA	M	26 741	M2039	HERBAL DHS	01:33:48	01:30:57	00:19:09	01:12:57
1991	1104	ANTONIO E COELHO	M	70 25	M6599	A ESTAÇÃO ORTIGA	01:33:50	01:30:36	00:18:47	01:13:58
1992	1795	ZILDA R SILVA	F	51 41	F4599	DREAM TEAM VISEU	01:33:52	01:30:40	00:19:05	01:14:55
1993	1049	RICARDO RODRIGUES	M	39 742	M2039	AB 34	01:33:53	01:31:17	00:19:13	01:14:45
1994	1050	CARLOS MACKAY	M	42 310	M4044	AB 34	01:33:54	01:31:17	00:19:12	01:14:45
1995	2139	SARA UNDERWOOD	F	39 123	F2039	GELPINHOS	01:33:59	01:30:49	00:20:17	01:14:51
1996	438	ANTONIO P A MATOS	M	38 743	M2039	RUNNING CROWS COMPANHIA	01:34:01	01:31:59	00:17:26	01:13:51
1997	161	SORAIA A R SALVADOR	F	30 124	F2039	INDIVIDUAL	01:34:02	01:33:02	00:17:31	01:14:00
1998	639	CARLOS M E SANTO	M	51 217	M5054	C MILLENNIUMBCP	01:34:08	01:31:03	00:20:07	01:15:21
1999	641	PAULA R BATALHA	F	46 42	F4599	C MILLENNIUMBCP	01:34:08	01:31:09	00:19:25	01:15:21
2000	296	PEDRO MURTIHAL	M	39 744	M2039	INDIVIDUAL	01:34:13	01:30:59	00:18:56	01:14:12
2001	747	ANA SIMPLICIO	F	40 41	F4044	TO BE PROJECT	01:34:15	01:32:49	00:18:14	01:14:56
2002	749	JOANA AREIAS	F	29 125	F2039	TO BE PROJECT	01:34:16	01:34:16	00:18:14	01:14:56
2003	1123	RAFAEL CAMACHO	M	44 311	M4044	ACQUAWISE	01:34:20	01:33:38	00:16:12	01:12:19
2004	2273	LUIS M FERREIRA	M	33 745	M2039	HORTAPRONTA SA	01:34:21	01:33:53	00:18:11	01:16:12
2005	1220	ROSA VIVEIROS	F	29 126	F2039	FALCOES SELVAGENS	01:34:25	01:31:25	00:19:29	01:15:25
2006	226	FERNANDO CLAUDINO	M	59 150	M5559	INDIVIDUAL	01:34:28	01:32:50	00:18:08	01:15:37
2007	1300	ANA LUISA FONSECA	F	36 127	F2039	TEJAVISTA	01:34:28	01:32:08	00:18:53	01:15:24
2008	1523	NEUZA P HENRIQUES	F	28 128	F2039	MAXIGYM	01:34:28	01:33:13	00:16:17	01:13:58
2009	1298	AFONSO BUSTORFF	M	21 746	M2039	TEJAVISTA	01:34:29	01:32:07	00:18:54	01:15:24
2010	1442	MANUELA BUSTORFF	F	57 43	F4599	TEJAVISTA	01:34:30	01:32:10	00:18:53	01:15:24
2011	81	SANDRA I SERAFIM	F	34 129	F2039	SAPATILHAS ARDENTES	01:34:34	01:32:44	00:17:30	01:12:34
2012	136	SUSANA B SANTOS	F	36 130	F2039	SAPATILHAS ARDENTES	01:34:34	01:32:44	00:17:47	01:12:34
2013	245	PAULA VIVEIRO	F	39 131	F2039	FALCOES SELVAGENS	01:34:39	01:33:04	00:18:09	01:15:07
2014	195	JOSE J P FURTADO	M	54 218	M5054	OEBRECHT/BPC	01:34:42	01:32:38	00:18:08	01:14:43
2015	1622	JORGE FILIPE	M	46 268	M4549	PORTUGAS4RUN	01:34:50	01:31:43	00:19:22	01:15:51
2016	1623	TERESA FIGUEIREDO	F	38 132	F2039	PORTUGAS4RUN	01:34:50	01:31:43	00:19:23	01:15:51
2017	2542	FERNANDO SOUTO	M	58 151	M5559	OS BRAGUINHAS	01:34:50	01:33:39	#N/D	01:15:27
2018	1128	MANUELA HEROIN	F	56 44	F4599	INDIVIDUAL	01:34:51	01:33:29	00:17:15	01:13:57
2019	1127	DANIEL P HEROIN	M	59 152	M5559	INDIVIDUAL	01:34:52	01:33:31	00:17:16	01:13:56
2020	1448	MARIO J B SILVA	M	50 219	M5054	TEJAVISTA	01:34:52	01:32:20	00:19:43	01:17:12
2021	1055	JOAO MARQUES	M	59 153	M5559	TURBO-LENTOS	01:34:55	01:32:22	00:18:43	01:13:19
2022	1164	CRISTINA ALEXANDRE	F	39 133	F2039	CD GRUPO BES	01:35:02	01:32:55	00:18:21	01:15:44
2023	716	ALBERTO SANTOS	M	44 312	M4044	INDIVIDUAL	01:35:03	01:32:44	00:19:18	01:16:01

2024	1173	RUI GAMEIRO	M	39 747	M2039	CD GRUPO BES	01:35:03	01:32:56	00:18:31	01:15:45
2025	1237	PEDRO ROMAO	M	35 748	M2039	INDIVIDUAL	01:35:03	01:31:43	00:18:22	01:12:38
2026	717	Mª HELENA SANTOS	F	44 42	F4044	INDIVIDUAL	01:35:04	01:32:45	00:19:17	01:16:02
2027	2336	ANA M ARAUJO	F	39 134	F2039	GD CIMPOR	01:35:06	01:32:47	00:20:02	01:15:33
2028	1297	ILIDIO M R SILVA	M	31 749	M2039	INDIVIDUAL	01:35:07	01:32:17	00:18:42	01:14:59
2029	2061	LUCILENE S R CARDOSO	F	33 135	F2039	SCALABIS N RUNNERS	01:35:09	01:33:55	00:18:12	01:16:12
2030	1268	VERA SILVA	F	30 136	F2039	COMPANHIA BAZOFIAS	01:35:11	01:33:19	00:18:13	01:15:22
2031	677	JOAO T R O DIOGO	M	42 313	M4044	INDIVIDUAL	01:35:19	01:32:12	00:19:11	01:15:55
2032	686	DANIEL J S SANTOS	M	40 314	M4044	INDIVIDUAL	01:35:19	01:32:25	00:19:11	01:15:55
2033	42	JOEL J P C RODRIGUES	M	40 315	M4044	INDIVIDUAL	01:35:21	01:33:36	00:17:59	01:15:28
2034	664	JOAQUIM O FULGENCIO	M	54 220	M5054	C MILLENNIUMBCP	01:35:24	01:32:54	00:18:37	01:14:55
2035	666	JOSE P ALMEIDA	M	42 316	M4044	C MILLENNIUMBCP	01:35:26	01:32:55	00:18:38	01:14:55
2036	221	LUIS FERREIRA	M	44 317	M4044	RAIL RUNNERS	01:35:28	01:33:09	00:19:24	01:16:32
2037	769	JOSE D FIGUEIREDO	M	75 26	M6599	INDIVIDUAL	01:35:29	01:32:48	00:19:10	01:15:58
2038	2199	CASIMIRO FERREIRA	M	68 27	M6599	CLUBE STRESS	01:35:30	01:32:13	00:19:26	01:16:24
2039	2200	CATARINA LEAL	F	43 43	F4044	CLUBE STRESS	01:35:30	01:32:10	00:19:46	01:16:24
2040	2205	JORGE GONCALVES	M	46 269	M4549	CLUBE STRESS	01:35:31	01:32:11	00:19:55	01:16:41
2041	2212	NUNO CASTANHEIRA	M	58 154	M5559	CLUBE STRESS	01:35:31	01:32:14	00:19:27	01:16:23
2042	2213	NUNO PAIS	M	35 750	M2039	CLUBE STRESS	01:35:31	01:32:15	00:19:27	01:16:23
2043	222	CATARINA BRIZIDA	F	20 137	F2039	RAIL RUNNERS	01:35:35	01:33:15	00:19:24	01:16:32
2044	1934	DANIEL FERNANDES	M	32 751	M2039	CP PONTEVEL	01:35:39	01:32:54	00:20:13	01:15:36
2045	197	VERA B SILVA	F	52 45	F4599	ODEBRECHT/BPC	01:35:41	01:33:36	00:22:18	#N/D
2046	2176	ANA M F F NUNES	F	29 138	F2039	INDIVIDUAL	01:35:41	01:33:03	00:17:51	01:14:59
2047	1667	CATIA CÂMARA	F	25 139	F2039	C SARGENTO ARMADA	01:35:44	01:34:14	00:17:55	01:16:29
2048	636	LUISA SOUSA	F	43 44	F4044	ACQUAWISE	01:35:48	01:35:08	00:16:42	01:15:42
2049	904	ALEXANDRA M GOIS	F	28 140	F2039	PES TROIKADOS	01:35:54	01:35:11	00:15:51	01:13:12
2050	1246	JOSE HENRIQUES	M	62 82	M6064	CCD TRANQUILIDADE	01:35:59	01:33:51	00:19:10	01:17:08
2051	2266	DANIEL J CLARA	M	52 221	M5054	HORTAPRONTA SA	01:36:02	01:35:35	00:15:39	01:13:47
2052	2161	RITA MONTERROSO	F	31 141	F2039	BALANCE CLUB	01:36:06	01:34:41	00:17:35	01:14:51
2053	881	Mª EUNICE L ALMEIDA	F	32 142	F2039	INDIVIDUAL	01:36:10	01:34:01	00:19:25	01:16:49
2054	1463	MARIA LEITAO	F	51 46	F4599	ADCEO	01:36:13	01:34:58	00:17:03	01:15:28
2055	1611	ALVARO SILVEIRA	M	47 270	M4549	MACUAS	01:36:19	01:34:05	00:18:17	01:11:51
2056	2229	SANDRA M FERREIRA	F	27 143	F2039	LIKE RUNNERS	01:36:19	01:33:18	00:20:11	01:18:15
2057	2231	ANA C P CRAVALHO	F	29 144	F2039	LIKE RUNNERS	01:36:19	01:33:19	00:20:12	01:18:17
2058	1612	CARLA PEIXE	F	49 47	F4599	MACUAS	01:36:20	01:34:06	00:18:18	01:15:09
2059	2234	CARLA S G SANTOS	F	28 145	F2039	LIKE RUNNERS	01:36:20	01:33:20	00:20:25	01:18:15
2060	1429	ANTONIO J P VENTURA	M	47 271	M4549	RAPOTAXO	01:36:29	01:35:54	00:16:29	01:17:18
2061	1430	GUSTAVO J T D QUARESMA	M	54 222	M5054	RAPOTAXO	01:36:29	01:35:55	00:16:32	01:17:21
2062	38	EDUARDO CORREIA	M	45 272	M4549	INDIVIDUAL	01:36:32	01:36:15	00:15:57	01:15:14
2063	39	SANDRA CORREIA	F	42 45	F4044	INDIVIDUAL	01:36:32	01:36:16	00:15:57	01:15:15
2064	1703	PAULA FIGUEIREDO	F	55 48	F4599	GD SANTANDER TOTTA	01:36:35	01:33:26	00:19:29	01:16:30
2065	1702	MARIA FIGUEIREDO	F	52 49	F4599	GD SANTANDER TOTTA	01:36:42	01:33:32	00:19:24	01:16:50
2066	2151	JUSTINO C ROSA	M	62 83	M6064	OS TONGAS	01:36:42	01:35:36	00:17:41	01:16:27
2067	887	CRISTINA CUNHA	F	42 46	F4044	INDIVIDUAL	01:36:44	01:36:24	00:15:07	01:15:59
2068	975	PAULO QUEIROS	M	34 752	M2039	INDIVIDUAL	01:36:45	01:34:35	00:18:14	01:16:06
2069	204	NUNO J S CAMELO	M	38 753	M2039	HERBAL DHS	01:36:49	01:33:56	00:19:25	01:16:31
2070	80	FRANCISCO J T GARCAO	M	38 754	M2039	HERBAL DHS	01:36:53	01:33:59	00:19:26	01:16:31
2071	789	PAULO VALENTE	M	67 28	M6599	INDIVIDUAL	01:36:54	01:35:46	00:16:48	01:15:35
2072	1449	SAO PALMA	F	45 50	F4599	TEJAVISTA	01:36:55	01:34:38	00:19:44	01:17:13
2073	269	MANUEL F COELHO	M	43 318	M4044	INDIVIDUAL	01:36:57	01:34:08	00:18:59	01:15:21
2074	1111	LUIS V BARROSO	M	53 223	M5054	INDIVIDUAL	01:37:03	01:33:50	00:19:55	01:18:17
2075	521	PAULA NOGUEIRA	F	36 146	F2039	INDIVIDUAL	01:37:04	01:35:57	00:17:45	01:16:35
2076	522	NUNO ALMEIDA	M	27 755	M2039	INDIVIDUAL	01:37:04	01:35:57	00:17:44	01:16:36
2077	2023	NIDIA SILVA	F	57 51	F4599	OS BOCAGE PAREDE	01:37:06	01:35:53	00:17:20	01:17:20
2078	2395	ANA FARO	F	32 147	F2039	INDIVIDUAL	01:37:14	01:35:12	00:18:47	01:17:46

2079	261	EUGENIA M B L LOPES	F	47 52	F4599	ESTRELA CA FC	01:37:23	01:35:56	00:18:11	01:17:08
2080	260	JOSE A R LOPES	M	48 273	M4549	ESTRELA CA FC	01:37:25	01:37:18	00:10:18	00:50:13
2081	622	NUNO VALVERDE	M	27 756	M2039	CP EDP LISBOA	01:37:25	01:35:48	00:16:50	01:11:13
2082	1238	BRUNO M M COSTA	M	30 757	M2039	PESTINHAS	01:37:34	01:34:21	00:20:30	01:17:20
2083	1239	ANDREIA F C A GONCALVES	F	30 148	F2039	PESTINHAS	01:37:34	01:34:21	00:20:30	01:17:20
2084	1240	SUSANA F C A GONCALVES	F	24 149	F2039	PESTINHAS	01:37:34	01:34:20	00:20:30	01:17:19
2085	322	TERESA SERRA	F	42 47	F4044	INDIVIDUAL	01:37:38	01:36:47	00:17:26	01:17:00
2086	1975	LUIS NEVES	M	38 758	M2039	AÇOREANA C BANIF	01:37:39	01:35:47	00:17:18	01:14:47
2087	1227	SABINE ARAGAO	F	51 53	F4599	OS CORREDORES	01:37:40	01:35:05	00:18:47	01:17:40
2088	1295	VITOR J M PACHECO	M	62 84	M6064	INDIVIDUAL	01:37:43	01:34:29	00:19:45	01:18:01
2089	613	RICARDO M H S AGOSTINHO	M	35 759	M2039	INDIVIDUAL	01:37:56	01:35:07	00:18:34	01:16:50
2090	1280	SERAFIM ALVES	M	56 155	M5559	LANG	01:37:56	01:35:08	00:18:56	01:17:42
2091	61	EMILIA M J S VIEIRA	F	56 54	F4599	INDIVIDUAL	01:38:01	01:34:58	00:19:09	01:16:45
2092	2160	WILLIAM AGOSTINHO	M	27 760	M2039	BALANCE CLUB	01:38:10	01:36:43	00:17:58	01:16:58
2093	2163	MARISA SANTOS	F	34 150	F2039	BALANCE CLUB	01:38:10	01:36:43	00:17:58	01:16:58
2094	876	JOAQUIM MARIA	M	33 761	M2039	FRUFRESH RUNNERS	01:38:17	01:35:46	00:19:03	01:17:45
2095	689	TERESA MORAIS	F	37 151	F2039	RP TEAM	01:38:42	01:35:26	00:20:20	01:19:35
2096	2208	LUIS FERREIRA	M	60 85	M6064	CLUBE STRESS	01:38:42	01:35:21	00:19:54	01:18:28
2097	820	LAURINDA CASTRO	F	53 55	F4599	HAND2HAND	01:38:43	01:37:45	00:17:54	01:18:32
2098	2194	ANTONIO MANTEIGA	M	39 762	M2039	CLUBE STRESS	01:38:43	01:35:28	00:20:18	01:19:36
2099	2198	CARMO LARANJEIRA	F	47 56	F4599	CLUBE STRESS	01:38:45	01:35:30	00:20:20	01:19:36
2100	588	MARTA QUEIROZ	F	35 152	F2039	INDIGO	01:38:50	01:36:29	00:18:58	01:17:55
2101	795	MIGUEL MOTA	M	41 319	M4044	OFTEL RUNNERS	01:38:50	01:36:44	00:16:25	01:14:22
2102	1299	ANA CAROCO	F	53 57	F4599	TEJAVISTA	01:38:50	01:36:27	00:18:52	01:17:37
2103	1568	VANDA C ANJOS	F	31 153	F2039	INDIVIDUAL	01:38:53	01:36:42	00:18:07	01:18:05
2104	338	RICARDO DIAS	M	34 763	M2039	CCDT METRO LX	01:39:05	01:36:13	00:19:28	01:18:00
2105	1699	JOSE RIBEIRO	M	67 29	M6599	GD SANTANDER TOTTA	01:39:12	01:38:45	00:15:26	01:16:47
2106	2072	VANIA F L FERNANDES	F	34 154	F2039	SCALABIS N RUNNERS	01:39:14	01:38:01	00:18:13	01:18:01
2107	209	CARMEN GREFF	F	48 58	F4599	RUN 4 FUN	01:39:19	01:38:54	00:16:04	01:18:00
2108	2241	ARTUR DINIS	M	55 156	M5559	INDIVIDUAL	01:39:22	01:36:31	00:19:59	01:19:00
2109	2259	PAULA COUTO	F	48 59	F4599	INDIVIDUAL	01:39:22	01:36:31	00:20:00	01:19:01
2110	1182	INES C C CORREIA	M	30 764	M2039	BOAVISTA RUN	01:39:24	01:37:19	00:20:10	01:18:07
2111	2545	ARNALD SILVA	M	55 157	M5559	OS BRAGUINHAS	01:39:26	01:36:39	00:18:05	01:17:15
2112	268	VASCO GOMES	M	35 765	M2039	INDIVIDUAL	01:39:30	01:36:44	00:19:13	01:17:01
2113	2272	JOSE H FERREIRA	M	55 158	M5559	HORTAPRONTA SA	01:39:30	01:39:05	00:20:44	01:20:35
2114	1228	FERNANDO ARAGAO	M	51 224	M5054	OS CORREDORES	01:39:35	01:36:59	00:18:45	01:17:56
2115	800	RENATA S M MOTA	F	21 155	F2039	CA RIACHENSE	01:39:39	01:37:35	00:19:53	01:20:55
2116	801	DANIELA S M MOTA	F	23 156	F2039	CA RIACHENSE	01:39:40	01:37:36	00:19:51	01:20:56
2117	1165	FERNANDO FILIPE	M	44 320	M4044	CD GRUPO BES	01:39:41	01:38:52	00:16:44	01:17:22
2118	7	RICARDO ESTEVES	M	51 225	M5054	INDIVIDUAL	01:39:42	01:37:56	00:17:33	01:18:23
2119	884	SERGIO C COSTA	M	34 766	M2039	NINJAS ESTRADA	01:39:43	01:37:01	00:20:25	01:20:01
2120	885	PATRICIA S PINO	F	33 157	F2039	NINJAS ESTRADA	01:39:43	01:37:02	00:20:26	01:20:00
2121	2228	NUNO ESPANA	M	29 767	M2039	INDIVIDUAL	01:39:45	01:36:29	00:21:01	01:20:57
2122	1350	ANA M GUIMARAES	F	54 60	F4599	C COLAB AXA	01:39:47	01:38:11	00:17:42	01:17:58
2123	188	JOSE CARITA	M	53 226	M5054	CCD SINTRENSE	01:39:48	01:38:37	00:16:39	01:16:57
2124	1351	JOAO P PINTO	M	43 321	M4044	C COLAB AXA	01:39:48	01:38:12	00:17:42	01:17:58
2125	1126	LUIS RIBEIRO	M	31 768	M2039	INDIVIDUAL	01:39:49	01:36:32	00:21:03	01:20:58
2126	1170	PAULA SILVA	F	42 48	F4044	CD GRUPO BES	01:39:52	01:39:01	00:16:37	01:19:05
2127	1020	ANTONIO C EDUARDO	M	58 159	M5559	METRO 2011	01:39:54	01:36:59	00:20:45	01:20:45
2128	1223	RICARDO SOUSA	M	41 322	M4044	INDIVIDUAL	01:40:05	01:38:24	00:18:38	01:19:34
2129	526	SOFIA PORTELA	F	35 158	F2039	INDIVIDUAL	01:40:07	01:38:32	00:18:39	01:20:12
2130	83	ANA M A NOVO	F	33 159	F2039	INDIVIDUAL	01:40:08	01:38:31	00:18:39	01:20:12
2131	1028	ELISABETE AGUAS	F	47 61	F4599	CCD O ALVITEJO	01:40:16	01:38:34	00:18:22	01:17:38
2132	1036	VITOR RODRIGUES	M	45 274	M4549	CCD O ALVITEJO	01:40:16	01:38:34	00:18:21	01:17:38
2133	360	NUNO OLIVEIRA	M	36 769	M2039	INDIVIDUAL	01:40:28	01:38:13	00:19:03	01:19:30

2134	1279	ANTONIO M O LOPES	M	46	275	M4549	OS CACHOS	01:40:31	01:38:30	00:17:54	01:18:17
2135	1576	PEDRO DELGADO	M	64	86	M6064	TEJAVISTA	01:40:40	01:38:19	00:19:22	01:19:56
2136	328	FERNANDO FERNANDES	M	59	160	M5559	CCDT METRO LX	01:40:41	01:37:47	00:19:49	01:19:40
2137	330	JOAO CUNHA	M	51	227	M5054	CCDT METRO LX	01:40:41	01:37:45	00:19:49	01:19:40
2138	412	PEDRO D S PINTO	M	31	770	M2039	MAZDA PORTUGAL	01:40:48	01:38:09	00:19:17	01:19:41
2139	127	RUTE FERNANDES	F	35	160	F2039	RUN 4 FUN	01:40:54	01:38:15	00:19:17	01:19:41
2140	1806	ALEXANDRE CORREIA	M	34	771	M2039	PERNAS GAFANHOTO	01:41:06	01:39:08	00:18:44	01:20:10
2141	2465	ELISABETH LOUREIRO	F	56	62	F4599	INDIVIDUAL	01:41:09	01:38:57	00:19:33	01:20:35
2142	953	MIRA LOTT	F	27	161	F2039	INDIVIDUAL	01:41:18	01:39:42	00:18:20	01:20:09
2143	126	RITA FELIZOL	F	43	49	F4044	RUN 4 FUN	01:41:19	01:38:41	00:19:17	01:19:43
2144	637	CRISTINA MENDES	F	41	50	F4044	ACQUAWISE	01:41:19	01:40:40	00:16:46	01:18:27
2145	1610	PEDRO M G V CARRASCO	M	40	323	M4044	SS MONTEPIO GERAL	01:41:23	01:39:23	00:18:41	01:19:02
2146	1843	JAIME PARDAL	M	43	324	M4044	CARAPAUS CORRIDA	01:41:26	01:39:14	00:18:54	01:19:40
2147	1845	VITOR SANTOS	M	41	325	M4044	CARAPAUS CORRIDA	01:41:27	01:39:16	00:18:55	01:19:38
2148	1866	MARCIO J C PEREIRA	M	35	772	M2039	INDIVIDUAL	01:41:30	01:40:55	00:15:22	01:18:59
2149	1842	FILIPA PEREIRA	F	28	162	F2039	CARAPAUS CORRIDA	01:41:31	01:39:23	00:18:53	01:19:38
2150	721	ANTONIO R P ESTREITO	M	54	228	M5054	INDIVIDUAL	01:41:34	01:41:11	00:15:15	01:16:03
2151	69	ANDRE GIL	M	35	773	M2039	INDIVIDUAL	01:41:55	01:39:30	00:18:30	01:19:34
2152	135	VANIA SERRA	F	27	163	F2039	SAPATILHAS ARDENTES	01:41:56	01:40:05	00:18:08	01:19:51
2153	2040	LUIS MIGUENS	M	38	774	M2039	OS ZATOPEQUES	01:41:58	01:38:59	00:18:43	01:21:27
2154	248	BRUNO PRAZERES	M	31	775	M2039	FALCOES SELVAGENS	01:42:16	01:40:41	00:19:07	01:22:38
2155	244	RUI OLIVEIRA	M	48	276	M4549	FALCOES SELVAGENS	01:42:24	01:40:48	00:19:07	01:22:38
2156	180	HENRIQUE R PINTO	M	43	326	M4044	RP TEAM	01:42:32	01:39:16	00:20:51	01:21:29
2157	181	MAFALDA R PINTO	F	45	63	F4599	RP TEAM	01:42:32	01:39:17	00:20:44	01:21:27
2158	198	GERRY W SANITZ	M	49	277	M4549	ODEBRECHT/BPC	01:42:40	01:42:40	00:33:01	#N/D
2159	199	Mª FILOMENA P FURTADO	F	56	64	F4599	ODEBRECHT/BPC	01:42:40	01:40:34	00:19:03	01:20:49
2160	608	RITA L C L ASCENSAO	F	44	51	F4044	INDIVIDUAL	01:42:51	01:39:35	00:20:49	01:21:29
2161	1348	SABRINA B SERRA	F	31	164	F2039	INDIVIDUAL	01:43:12	01:40:00	00:20:03	01:21:07
2162	378	JOAO MONTEIRO	M	45	278	M4549	FSG COLLONGE BELLERIVE	01:43:28	01:41:59	00:18:36	01:20:56
2163	1058	GONCALO NETO	M	45	279	M4549	AA LEBRES SADO	01:43:30	01:41:33	00:19:32	01:23:00
2164	1067	CECILIA NICOLAU	F	45	65	F4599	AA LEBRES SADO	01:43:30	01:41:30	00:19:32	01:22:59
2165	1879	LEONOR M S C NETO	F	20	165	F2039	INDIVIDUAL	01:43:31	01:41:31	00:19:32	01:23:00
2166	2156	MARIO SOARES	M	20	776	M2039	GELPINHOS	01:43:46	01:40:29	00:20:49	01:21:28
2167	1952	SONIA LOPES	F	38	166	F2039	AM ATIBA	01:43:52	01:43:11	00:16:35	01:20:28
2168	377	ARMANDO MONTEIRO	M	38	777	M2039	FSG COLLONGE BELLERIVE	01:43:53	01:42:26	00:18:36	01:20:56
2169	2500	AGAPITO BELGA	M	55	161	M5559	MIRANTENSE FC	01:44:05	01:42:43	00:18:25	01:23:02
2170	963	LUIS F PTOMAS	M	37	778	M2039	INDIVIDUAL	01:44:10	01:42:08	00:17:44	01:19:09
2171	308	NUNO SILVA	M	29	779	M2039	INDIVIDUAL	01:44:28	01:41:23	00:19:37	01:20:29
2172	2232	PATRICIA S P RIBEIRO	F	28	167	F2039	LIKE RUNNERS	01:44:33	01:41:32	00:20:24	01:23:11
2173	1977	MA FEE HUNG	F	62	66	F4599	AÇOREANA C BANIF	01:44:41	01:44:01	00:18:20	01:22:39
2174	520	JOAO MELO	M	67	30	M6599	SENIOR	01:44:54	01:42:10	00:20:00	01:23:19
2175	421	CRISTINA BARATA	F	34	168	F2039	CARACOIS CORRIDA	01:45:02	01:42:51	00:20:51	01:24:11
2176	419	ALEXANDRA S FORTE	F	41	52	F4044	CARACOIS CORRIDA	01:45:13	01:43:03	00:20:49	01:24:45
2177	896	ANA C N TORRES	F	24	169	F2039	PES TROIKADOS	01:45:14	01:42:16	00:20:22	01:22:43
2178	336	ORLANDO SOUSA	M	49	280	M4549	CCDT METRO LX	01:45:41	01:42:46	00:19:52	01:22:54
2179	878	ISABEL MATELA	F	42	53	F4044	FRUFRESH RUNNERS	01:45:42	01:43:14	00:19:37	01:22:54
2180	1305	JOANA GOMES	F	26	170	F2039	TEJAVISTA	01:45:56	01:43:32	00:19:55	01:23:57
2181	1302	CLAUDIO FIGEIRA	M	26	780	M2039	TEJAVISTA	01:45:57	01:43:37	00:19:56	01:23:58
2182	2492	NATALIA L MORENO	F	64	67	F4599	MIRANTENSE FC	01:45:57	01:44:37	00:18:24	01:23:01
2183	1897	CRISTIANO MARQUES	M	21	781	M2039	CA PENARFIME	01:46:02	01:43:37	00:17:43	01:20:44
2184	1898	PAULO PEREIRA	M	39	782	M2039	CA PENARFIME	01:46:02	01:43:37	00:17:43	01:20:45
2185	475	Mª ROSARIO S BARROS	F	42	54	F4044	C ORIENTAÇÃO CENTRO	01:46:33	01:43:27	00:21:13	01:24:54
2186	1355	ANTONIO DOMINGOS	M	64	87	M6064	INDIVIDUAL	01:46:45	01:46:45	#N/D	#N/D
2187	1397	ANABELA VIEITO	F	45	68	F4599	C ORIENTAÇÃO CENTRO	01:46:48	01:43:40	00:21:13	01:24:54
2188	1046	TERESA GOMES	F	45	69	F4599	BEATRIZ CLUB	01:47:07	01:46:29	00:17:50	01:22:37



2189	1100	SILVANA M CARVALHO	F	43 55	F4044	INDIVIDUAL	01:47:14	01:44:42	00:20:48	01:24:59
2190	2141	JOSE C ALFREDO	M	56 162	M5559	GELPINHOS	01:47:15	01:45:34	00:18:00	01:19:49
2191	2137	ANTONIO C SOUSA	M	70 31	M6599	GELPINHOS	01:47:16	01:45:35	00:17:59	01:19:49
2192	2195	CARLOS FIGUEIREDO	M	47 281	M4549	CLUBE STRESS	01:47:56	01:44:59	00:19:47	01:24:25
2193	2201	DINA CARDOSO	F	34 171	F2039	CLUBE STRESS	01:47:56	01:44:59	00:19:49	01:24:25
2194	1876	AUGUSTO J P S PIRES	M	46 282	M4549	INDIVIDUAL	01:48:08	01:47:14	00:17:39	01:24:41
2195	1304	ISAURA ATANASIO	F	59 70	F4599	TEJAVISTA	01:48:10	01:45:51	00:19:23	01:24:53
2196	592	FLAVIA CARRIL	F	30 172	F2039	X&F	01:48:12	01:46:06	00:19:02	01:24:38
2197	802	RAQUEL PENA	F	30 173	F2039	CA RIACHENSE	01:48:43	01:46:38	00:19:53	01:25:05
2198	113	CARLOS J M FILIPE	M	37 783	M2039	INDIVIDUAL	01:48:44	01:46:39	00:19:52	01:25:06
2199	1760	JORGE LECA	M	32 784	M2039	ARRASTASSOLAS	01:49:04	01:47:10	00:18:08	01:24:51
2200	779	PEDRO MESQUITA	M	44 327	M4044	OPORTO SQUASH RUNNING	01:49:41	01:48:27	00:17:49	01:25:35
2201	823	MARTA NEVES	F	36 174	F2039	OPORTO SQUASH RUNNING	01:49:44	01:48:31	00:17:50	01:25:35
2202	422	ELISABETE MANUEL	F	37 175	F2039	CARACOIS CORRIDA	01:50:26	01:48:16	00:20:48	01:27:12
2203	786	LUIS SILVA	M	59 163	M5559	GINASIO PONTE FC	01:50:29	01:47:17	00:20:27	01:27:12
2204	1777	ALEXANDRA SOUSA	F	37 176	F2039	NS SAO MIGUEL	01:50:42	01:50:07	00:19:53	01:28:17
2205	830	Mª CARMO ANJOS	F	64 71	F4599	JF PORTELA	01:50:50	01:49:38	00:19:11	01:27:40
2206	2022	CARLOS SANTOS	M	50 229	M5054	OS BOCAGE PAREDE	01:51:17	01:50:00	00:20:56	01:26:11
2207	1101	NUNO A NEVES	M	26 785	M2039	INDIVIDUAL	01:51:22	01:48:49	00:20:48	01:27:41
2208	2032	ERMELINDA ANTUNES	F	55 72	F4599	OS ZATOPEQUES	01:51:29	01:48:18	00:20:37	01:27:09
2209	1470	VITOR SANTOS	M	41 328	M4044	INDIVIDUAL	01:51:39	01:50:43	00:16:46	01:24:50
2210	241	JOSE DINIS	M	52 230	M5054	FALCOES SELVAGENS	01:51:40	01:48:34	00:19:44	01:27:57
2211	2390	LUIS F MARQUES	M	55 164	M5559	INDIVIDUAL	01:52:32	01:51:36	00:18:03	01:28:23
2212	984	LELIA A AREAL	F	52 73	F4599	INDIVIDUAL	01:52:37	01:50:04	00:21:14	01:28:35
2213	2391	FERNANDO C MARQUES	M	49 283	M4549	INDIVIDUAL	01:53:02	01:52:06	00:18:02	01:28:32
2214	660	FOCK Y CHIU	F	61 74	F4599	C MILLENNIUMBCP	01:55:01	01:53:42	00:19:52	01:31:02
2215	661	JOSE E ARRUDA	M	62 88	M6064	C MILLENNIUMBCP	01:55:01	01:53:41	00:19:52	01:31:01
2216	869	MANUEL A F SANTOS	M	64 89	M6064	GDCT REPSOL	01:55:26	01:53:40	00:21:06	01:31:18
2217	870	ALDA M F OLIVEIRA	F	57 75	F4599	GDCT REPSOL	01:55:27	01:53:41	00:21:07	01:31:18
2218	1491	JOSE C V LIMA	M	52 231	M5054	GDC PORTO SINES	01:56:39	01:53:25	00:20:01	01:24:20
2219	1769	GIL FERREIRA	M	26 786	M2039	PAPA ASFALTO	01:56:39	01:53:14	00:20:10	01:27:02
2220	1771	NELSON JESUS	M	24 787	M2039	PAPA ASFALTO	01:56:39	01:53:15	00:20:02	01:27:02
2221	1770	SERGIO RODRIGUES	M	27 788	M2039	PAPA ASFALTO	01:56:40	01:53:14	00:20:10	01:27:01
2222	1666	JUAN CATARAN	M	24 789	M2039	INDIVIDUAL	01:57:26	01:53:45	00:19:52	01:31:19
2223	353	PATRICIA A S CORREIA	F	31 177	F2039	RUN4MINIS	01:59:07	01:57:34	00:19:27	01:32:40
2224	389	PAULO J AMORIM	M	33 790	M2039	INDIVIDUAL	02:00:43	01:57:59	00:21:49	01:34:36
2225	1630	VERA SANTOS	F	45 76	F4599	INDIVIDUAL	02:01:42	02:00:06	00:20:59	01:36:53
2226	1656	TERESA ALVES	F	44 56	F4044	ACR VIMEIRO	02:02:35	01:59:34	00:23:07	01:36:51