







Longo

42 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	08:30	17.6°C	67%
End	16:57	17.6°C	67%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
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Senior Feminino

1	1024	Gabriela Monteiro Fonseca	DIVE - Into The Mountains	Senior Feminino	05:51:23	+01:42:25	08:22
2	1098	Marta Andreia Costa Pereira	TEAM LANTEMIL	Senior Feminino	06:40:19	+02:31:22	09:32
3	1110	Patricia da Conceição Araújo Carvalho	Amigos Do Empeno - Trail Running	Senior Feminino	06:55:23	+02:46:26	09:53
4	1096	Margarida Dantas	TEAM LANTEMIL	Senior Feminino	07:57:22	+03:48:24	11:22
5	1046	Ana carolina pereira	ADE Trail Running	Senior Feminino	07:58:19	+03:49:21	11:23
6	1045	Maria de la salete fonseca oliveira	ADE Trail Running	Senior Feminino	07:58:19	+03:49:22	11:23

Senior Masculino

1	1142	Pablo franco freijanes	Aviva Sport Club	Senior Masculino	04:08:57		05:56
2	1092	Diogo António Correia Torres Lopes	EDV-VIANA-TRAIL	Senior Masculino	04:18:54	+09:56	06:10
3	1010	Amândio José Veloso Ferreira	Rumo Aventura	Senior Masculino	04:32:13	+23:15	06:29
4	1079	Tiago Marinho de Freitas Subtil	Afifense Trail	Senior Masculino	04:32:31	+23:33	06:29
5	1023	William Brown	Greens&Brown	Senior Masculino	04:46:00	+37:03	06:49
6	1102	João Henrique Oliveira da Cruz	Individual	Senior Masculino	04:47:08	+38:11	06:50
7	1005	José Luís Ferreira Carvalho	Individual	Senior Masculino	04:48:48	+39:50	06:53
8	1122	Hélder José Costa Barbosa	Boavista Trail	Senior Masculino	04:49:47	+40:49	06:54
9	1095	Marcelo ramos martins	EDL Trail	Senior Masculino	04:51:52	+42:54	06:57
10	1017	Nuno pedro cruzeiro lombra	Apúlia a Correr	Senior Masculino	04:53:35	+44:37	06:59
11	1119	Vitor Paulo Duarte Caldeira	Boavista Trail	Senior Masculino	04:55:25	+46:28	07:02
12	1121	Luis Filipe Neves Magalhaes	Boavista Trail	Senior Masculino	05:01:55	+52:58	07:11
13	1129	Amândio Faria de Freitas	EDV-VIANA-TRAIL	Senior Masculino	05:07:31	+58:33	07:19
14	1039	José Pereira	Clube Atletismo Fafe	Senior Masculino	05:12:27	+01:03:30	07:26
15	1111	Jorge Fernandes	Individual	Senior Masculino	05:13:23	+01:04:25	07:28
16	1071	Bruno José Silva Moura	Individual	Senior Masculino	05:14:53	+01:05:56	07:30
17	1011	Bruno Eusébio da Rocha Pereira	ADECA	Senior Masculino	05:15:36	+01:06:39	07:31
18	1014	Rui Resendes	Clube Desportivo de Santo Espírito-SMA	Senior Masculino	05:25:24	+01:16:26	07:45
19	1009	Adriano António Lima Ferreira	AD Caril	Senior Masculino	05:29:43	+01:20:45	07:51
20	1080	Gil dos Santos de Araujo	Afifense Trail	Senior Masculino	05:29:44	+01:20:47	07:51
21	1131	Jose Miguel Coutinho Barbosa	Correr Antas à Noite	Senior Masculino	05:29:45	+01:20:47	07:51
22	1133	Rafael Escrivães	GTT - Armazém do Caffè	Senior Masculino	05:34:25	+01:25:27	07:58
23	1091	Hermenegildo José Guedes Leite Mendes	GONDOMAR FUTSAL CLUBE	Senior Masculino	05:35:05	+01:26:08	07:59
24	1116	Miguel Soares	ARCA BarceloS runners	Senior Masculino	05:41:16	+01:32:19	08:08
25	1048	Bruno Alberto Silva Freitas	NAST	Senior Masculino	05:41:19	+01:32:21	08:08
26	1059	Ricardo da Silva Briote	ADE Trail Running	Senior Masculino	05:49:57	+01:41:00	08:20
27	1117	Pedro Manuel Correia Lopes	CATR/Correr por prazer a 2	Senior Masculino	05:51:00	+01:42:03	08:21
28	1087	Diogo Silva Torres	Individual	Senior Masculino	05:52:36	+01:43:39	08:24
29	1027	Vitor Hugo Faria Oliveira	ARCA BarceloS runners	Senior Masculino	05:52:37	+01:43:39	08:24

## Longo

## 42 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

30	1050	Nuno Ricardo Soares de Sá	Individual	Senior Masculino	05:53:15	+01:44:18	08:25
31	1032	Tiago Montalvão	CORRER LEÇA	Senior Masculino	05:54:23	+01:45:25	08:26
32	1088	Henrique Augusto da Silva	MELGAÇO ALVARINHO TRAIL	Senior Masculino	05:56:29	+01:47:32	08:29
33	1084	Rui Samuel Sousa Carvalho Costa Gonçalves	GTT - Armazém do Caffê	Senior Masculino	05:58:23	+01:49:26	08:32
34	1101	João Carlos F. Vasco Fernandes	Individual	Senior Masculino	05:58:30	+01:49:32	08:32
35	1031	Ricardo Pimenta	CORRER LEÇA	Senior Masculino	06:10:57	+02:01:59	08:50
36	1020	José Vítor campos costa	Uc caril	Senior Masculino	06:28:32	+02:19:35	09:15
37	1128	Ricardo José Simões Campos	Bora Lá	Senior Masculino	06:37:15	+02:28:18	09:28
38	1025	Nuno Simões Campos	Bora Lá	Senior Masculino	06:37:15	+02:28:18	09:28
39	1076	Luis Filipe Vilas Boas Campos	Individual	Senior Masculino	06:51:42	+02:42:44	09:48
40	1139	FERNANDO FRANCISCO DA CUNHA PEREIRA	Individual	Senior Masculino	06:53:38	+02:44:40	09:51
41	1040	Tiago André Maia Dias	TEAM LANTEMIL	Senior Masculino	07:04:52	+02:55:55	10:07
42	1073	Alexandre Cunha Ribeiro	GUIMARUNNING	Senior Masculino	07:12:03	+03:03:05	10:17
43	1097	Sérgio Bastos	TEAM LANTEMIL	Senior Masculino	07:57:22	+03:48:24	11:22
44	1047	Alvaro vale	ADE Trail Running	Senior Masculino	07:58:19	+03:49:22	11:23

## Veterana F40

1	1002	FATIMA MELO	Barcelos Team Portugal	Veterana F40	04:43:18	+34:20	06:45
2	1034	Sandra Arribança	CORRER LEÇA	Veterana F40	05:46:52	+01:37:55	08:16
3	1068	Carla Alexandra de Carvalho Antunes	DIVE - Into The Mountains	Veterana F40	05:59:24	+01:50:27	08:33
4	1067	Maria Alice Silva Sá	DIVE - Into The Mountains	Veterana F40	06:03:06	+01:54:08	08:39
5	1053	Susana Silva Andrade	JOBRA	Veterana F40	06:07:41	+01:58:44	08:45
6	1115	Anabela Do Céu Keta Batista	DIVE - Into The Mountains	Veterana F40	06:11:16	+02:02:18	08:50
7	1118	Manuela Casal Oliveira	Boavista Trail	Veterana F40	06:23:01	+02:14:04	09:07
8	1030	Maria Fernanda Ferreira	CORRER LEÇA	Veterana F40	06:25:25	+02:16:27	09:11
9	1114	Paula Santos	All About	Veterana F40	06:32:33	+02:23:35	09:21
10	1137	Carla Sofia Pereira Carvalho Araújo Santos	Individual	Veterana F40	07:14:24	+03:05:27	10:21
11	1062	Marlene da silva Mota Santos	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F40	07:17:35	+03:08:37	10:25
12	1042	Sónia Guimarães	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F40	07:25:44	+03:16:46	10:37

## Veterana F50

1	1056	Paula Andrade	Individual	Veterana F50	07:25:44	+03:16:46	10:37
2	1123	Lenita Lemos	S.C.Espinho/Antonio Leitão	Veterana F50	07:37:30	+03:28:32	10:54

## Veterano M40

1	1054	Helder Fernando Pereira Rocha	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	04:17:37	+08:39	06:08
2	1124	Nuno Carlos Figueiredo Campos	Barcelos Portugal Team	Veterano M40	04:31:43	+22:45	06:28
3	1134	Rogério Dinis Fernandes Vicente	GTT - Armazém do Caffê	Veterano M40	04:46:48	+37:51	06:50

Official Timekeeper: Lap2Go	2 / 4	generate 21-Nov-2018 16:23
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4	1043	António José Soares Duarte Gomes	Fernanda Maciel - Material Ortopédico e Hospitalar	Veterano M40	04:55:16	+46:19	07:02
5	1113	Marco Silva	All About	Veterano M40	05:05:19	+56:21	07:16
6	1006	Patrício Marques Afonso	Equipa A	Veterano M40	05:07:40	+58:43	07:20
7	1058	Jorge Agostinho da Silva Domingues	LEBRES MINHOTAS	Veterano M40	05:08:26	+59:29	07:21
8	1100	Marco Rodrigues	Melgaço Alvarinho Trail Team	Veterano M40	05:09:23	+01:00:26	07:22
9	1041	Eusébio guimaraes pereira fernandes	Clube Atletismo Fafe	Veterano M40	05:17:17	+01:08:20	07:33
10	1018	Bruno Miguel da Silva Tavares	Grupo de Corrida de Argoncilhe	Veterano M40	05:18:52	+01:09:54	07:36
11	1083	Fernando António Teixeira Soares	G.AVENTURA	Veterano M40	05:25:29	+01:16:32	07:45
12	1069	Bernardo carrera giraldez	TRAIL RUNNING NIGRAN	Veterano M40	05:26:35	+01:17:38	07:47
13	1105	Luis Neco	ARCA BarceloS runners	Veterano M40	05:29:25	+01:20:27	07:51
14	1127	Benjamim Batista Cruz	Individual	Veterano M40	05:31:00	+01:22:02	07:53
15	1037	Vitor Cancela	Individual	Veterano M40	05:31:08	+01:22:10	07:53
16	1070	Hugo Flávio Rebouço Marinho	Individual	Veterano M40	05:45:26	+01:36:28	08:13
17	1112	José Carlos Jorge Pinto Sousa	Associação de Atletismo Lebres Sado	Veterano M40	05:46:14	+01:37:17	08:15
18	1021	Rogério abreu	AD.Carril	Veterano M40	05:50:39	+01:41:42	08:21
19	1065	Leonel Silva	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	05:51:35	+01:42:38	08:22
20	1061	Hélio David Abreu da Silva	"???"	Veterano M40	05:53:57	+01:45:00	08:26
21	1145	Luis António de Freitas teixeira	BUDEGUITA RUNNERS	Veterano M40	05:57:37	+01:48:39	08:31
22	1146	Sérgio Miguel Batista Couto	BUDEGUITA RUNNERS	Veterano M40	05:57:37	+01:48:39	08:31
23	1108	José Carlos Fangueiro Neves	Trailistas "Eu é que sei!"	Veterano M40	06:03:57	+01:55:00	08:40
24	1060	Jose Paulo Magalhães Faria	NO TOMORROW RUNNING TEAM	Veterano M40	06:07:41	+01:58:44	08:45
25	1099	Vitor Manuel Moraes Coelho	Individual	Veterano M40	06:09:37	+02:00:40	08:48
26	1120	Rodolfo Alexandre Brito da Silva	Boavista Trail	Veterano M40	06:10:44	+02:01:46	08:50
27	1078	José Maria Gouveia Martins	NAST	Veterano M40	06:10:44	+02:01:47	08:50
28	1075	Tiago Ferreira Pedro Lopes de Amorim	BUDEGUITA RUNNERS	Veterano M40	06:18:18	+02:09:21	09:00
29	1015	Sergio Miguel Barbosa Moura	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	06:26:29	+02:17:31	09:12
30	1022	César Gabriel Mendes Lobo	A. D. Carril	Veterano M40	06:28:32	+02:19:35	09:15
31	1081	Miguel Ângelo Brito Faria	ÁGUIAS DE ALVELOs	Veterano M40	06:31:47	+02:22:49	09:20
32	1126	Artur Costa	Tesco Team Running	Veterano M40	07:09:58	+03:01:01	10:14
33	1138	Henrique Bruno Santos	Individual	Veterano M40	07:14:24	+03:05:27	10:21
34	1063	Helder Joaquim da silva Santos	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	07:17:35	+03:08:37	10:25
35	1057	Pedro Domingues	Individual	Veterano M40	07:36:23	+03:27:26	10:52
36	1038	Pedro Manuel Araujo Mendes Flores de Magalhaes	Cuidado Com o Urso Panda Trail Runners	Veterano M40	07:37:29	+03:28:32	10:54

Veterano M50

1	1044	Paulo Jorge Pinho Ferreira	Individual	Veterano M50	05:21:13	+01:12:16	07:39
2	1130	J.Carlos Cardoso	ARCA BarceloS runners	Veterano M50	05:29:24	+01:20:26	07:51
3	1077	Antonio Carlos Silva Teixeira	Fridão Sem Limites	Veterano M50	05:50:47	+01:41:50	08:21
4	1094	Avelino Faria	Trailistas "Eu é que sei!"	Veterano M50	05:56:48	+01:47:51	08:30
5	1107	Firmino Silva	ARCA BarceloS runners	Veterano M50	06:05:49	+01:56:52	08:43

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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6	1135	JOAO MANUEL SANTOS LOPES SILVA	Clube Millennium BCP	Veterano M50	06:22:01	+02:13:03	09:06
7	1090	Paulo Manuel Marques Valente	Trailistas "Eu é que sei!"	Veterano M50	06:27:42	+02:18:45	09:14
8	1149	Paulo Miguel Meixieira Duarte Carvalho	Trailistas "Eu é que sei!"	Veterano M50	06:55:38	+02:46:41	09:54
9	1103	Manuel Cunha Lima	experenciari	Veterano M50	08:28:26	+04:19:28	12:06

**Veterano M60**

1	1089	Manuel Faria Sampaio	Individual	Veterano M60	05:47:03	+01:38:06	08:16
2	2113	Manuel Rodrigues	CORRER LEÇA	Veterano M60	06:40:41	+02:31:43	09:32
3	1028	Eduardo conceição costa medeiros	La Raya Trail Alcanices	Veterano M60	06:53:48	+02:44:51	09:51
4	1140	Mário Álvaro Rúber de Meneses	Individual	Veterano M60	06:57:56	+02:48:59	09:57