

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe	T. Controle
1	86	JOAO VALENTE	M	20		00:31:58	CA FERREIRA ZEZERE	00:15:57
2	366	JOÃO FERREIRA	M	20		00:33:15	AA COIMBRA	00:16:30
3	44	NUNO ROMÃO	M	41		00:33:21	GFD RUNNING	00:16:30
4	38	EUGENIO NETO	M	51		00:33:29	GFD RUNNING	00:16:31
5	384	VALDO NEVES	M	36		00:33:47	UFCI TOMAR	00:16:37
6	183	RUI P RODRIGUES	M	38		00:34:04	CDCR CTT COIMBRA	00:16:59
7	196	JOAO F BOA	M	27		00:34:09	CA ODIMARQ	00:17:00
8	519	RUI BALTAZAR	M	48		00:34:15	ACLIS LIBERTY SEGUROS	00:17:05
9	141	FERNANDO ALVES	M	47		00:34:19	AA MAFRA	00:17:06
10	347	JOÃO C CORREIA	M	40		00:34:20	CLAC ENTRONCAMENTO	00:17:06
11	451	LUIS ALBINO	M	18		00:34:24	SPORTING CP	00:17:11
12	83	HENRIK SANTOS	M	24		00:34:28	NS LOURINHA	00:17:07
13	521	PAULO GUIMARÃES	M	36		00:34:35	ACLIS LIBERTY SEGUROS	00:17:12
14	276	RICARDO HENRIQUES	M	29		00:34:36	CR AMIEIRINHENSE	00:17:05
15	503	CRISTIANO ANTONIO	M	25		00:34:38	AC VERMOIL	00:17:14
16	372	LUÍS CANCELA	M	40		00:34:50	UFCI TOMAR	00:17:06
17	399	RICARDO OLIVEIRA	M	38		00:34:55	GDR FIGUEIRAS	00:17:21
18	427	MARTIM NUNES	M	37		00:35:03	GCA DONAS	00:17:23
19	426	GABRIEL MACCHI	M	38		00:35:03	GCA DONAS	00:17:24
20	298	OCTAVIO VICENTE	M	19		00:35:07	C BENFICA ABRANTES	00:17:11
21	182	RUI M O LOPES	M	36		00:35:10	CDCR CTT COIMBRA	00:17:41
22	369	ANDRÉ FERREIRA	M	24		00:35:28	UFCI TOMAR	00:17:48
23	518	JOÃO CARDOSO	M	52		00:35:31	ACLIS LIBERTY SEGUROS	00:17:35
24	400	PAULO SIMÃO	M	44		00:35:33	GDR FIGUEIRAS	00:17:37
25	87	MARCO FRANCO	M	33		00:35:33	CA FERREIRA ZEZERE	00:17:39
26	178	PAULO ALVES	M	36		00:35:36	GDCT IN CASA MOEDA	
27	500	EDI MODERNO	M	18		00:35:39	AC VERMOIL	00:17:55
28	261	NUNO DIAS	M	35		00:35:43	CA Barreira	00:17:44
29	186	MÁRCIO PEREIRA	M	34		00:35:45	CDCR CTT COIMBRA	00:17:48
30	453	JOSE BORGES	M	53		00:35:50	INDIVIDUAL	00:17:48
31	82	RUBEN FERREIRA	M	17		00:35:50	NS LOURINHA	00:17:38
32	431	SUSANA FRANCISCO	F	22		00:35:50	SPORTING CP	00:17:48
33	402	JOSÉ RAIMUNDO	M	51		00:35:51	GDR FIGUEIRAS	00:17:38
34	477	HUGO FERREIRA	M	30		00:35:51	GA CARANGUEJEIRA	00:18:00
35	121	MARCO SOUSA	M	39		00:35:57	CN TORRES NOVAS - TRIATLO	00:17:47
36	254	ANTÓNIO REIS	M	39		00:36:05	CA Barreira	00:17:47
37	207	JOSÉ L M PACHECO	M	38		00:36:07	GD DIANA	
38	41	JOÃO ANDRADE	M	47		00:36:07	GFD RUNNING	00:18:07
39	302	LUIS MOTA	M	44		00:36:09	C BENFICA ABRANTES	00:18:08
40	116	PEDRO M P MATOS	M	35		00:36:15	INDIVIDUAL	00:17:48
41	13	PAULO FERNANDES	M	48		00:36:19	CCD O ALVITEJO	00:18:18
42	308	JOSÉ DURÃO	M	49		00:36:20	C BENFICA ABRANTES	00:17:50
43	516	DANIEL CAMPOS	M	29		00:36:24	A 20 KM ALMEIRIM	00:17:57
44	553	DAVID RIBEIRO	M	19		00:36:31	C BENFICA ABRANTES	00:17:49
45	187	PAULO ANTUNES	M	42		00:36:32	CDCR CTT COIMBRA	00:18:08
46	184	FERNANDO CARVALHO	M	38		00:36:42	CDCR CTT COIMBRA	00:18:07

47	555	PAULO PONTES	M	43	00:36:43	GA CASAIS VENTO	00:18:38
48	112	JOAQUIM ANTUNES	M	55	00:36:52	INDIVIDUAL	00:18:14
49	476	HELIO FERREIRA	M	28	00:37:04	GA CARANGUEJEIRA	00:18:23
50	496	JOAQUIM SANTOS	M	43	00:37:12	UDR ZONA ALTA	00:18:14
51	479	LUIS GUARDA	M	49	00:37:20	GA CARANGUEJEIRA	00:18:34
52	35	HUGO REIS	M	37	00:37:33	GDINE	00:18:38
53	77	LUIS ALEXANDRE	M	38	00:37:34	ACR SANTA CITA	00:18:29
54	480	SERGIO SANTOS	M	43	00:37:35	GA CARANGUEJEIRA	00:18:18
55	425	LUÍS JESUS	M	39	00:37:37	GCA DONAS	00:18:33
56	295	DANIEL DOMINGUES	M	17	00:37:37	C BENFICA ABRANTES	00:18:29
57	45	PEDRO SOBRAL	M	36	00:37:38	GFD RUNNING	00:18:53
58	322	ANTÓNIO DIAS	M	54	00:37:42	CP RTP	00:18:47
59	491	FERNANDO M J ROSA	M	30	00:37:50	ANSIBAIKRS	00:18:56
60	300	OMAR GARCIA	M	34	00:37:51	C BENFICA ABRANTES	00:19:12
61	459	PEDRO CAPELA	M	33	00:37:52	GAU BAJOUCA	00:19:20
62	287	FILIPPE DIAS	M	28	00:37:54	INDIVIDUAL	00:19:06
63	548	NUNO EVANGELISTA	M	33	00:37:59	A 20 KM ALMEIRIM	00:18:32
64	185	PAULO A PEREIRA	M	46	00:38:06	CDCR CTT COIMBRA	00:19:21
65	475	DIAMANTINO LOPES	M	45	00:38:09	GA CARANGUEJEIRA	
66	433	RODRIGO ROSA	M	27	00:38:13	ADR AGUAS BELAS	00:19:10
67	508	MARCO MELO	M	35	00:38:15	SCALABIS NIGHT RUNNERS	00:19:09
68	242	SÉRGIO MACATRÃO	M	57	00:38:17	BV BOMBARRAL	00:19:32
69	278	JOAQUIM MORAIS	M	55	00:38:23	CR AMIEIRINHENSE	00:19:08
70	297	ANTONIO RIBEIRO	M	35	00:38:23	C BENFICA ABRANTES	00:18:46
71	348	RUI GALINHA	M	42	00:38:27	CLAC ENTRONCAMENTO	00:19:14
72	455	OTELLO PEREIRA	M	39	00:38:33	GAU BAJOUCA	00:19:21
73	131	JOSE F SILVA	M	52	00:38:38	PATO BRAVO	00:19:14
74	434	CARLOS DURO	M	56	00:38:47	ADR AGUAS BELAS	00:19:09
75	329	JOSE MORGADO	M	46	00:38:49	CA RIACHENSE	00:19:22
76	315	MANUEL ALEXANDRE	M	48	00:38:51	INDIVIDUAL	00:19:17
77	46	VICTOR CARVALHO	M	52	00:38:53	GFD RUNNING	00:19:23
78	343	LUIS MOTA	M	41	00:38:55	CLAC ENTRONCAMENTO	00:19:25
79	310	RUI INÊS	M	41	00:38:58	C BENFICA ABRANTES	00:19:40
80	58	AGOSTINHO GONÇALVES	M	55	00:38:59	CR CRUZ PAU	00:19:35
81	80	TIAGO GASPAR	M	35	00:39:03	ACR SANTA CITA	00:19:43
82	211	NUNO NEVES - BONIEK	M	45	00:39:05	CARACOL TRAIL TEAM	
83	258	JOÃO VALENTIM	M	54	00:39:05	CA Barreira	00:19:39
84	317	PEDRO F S VIEIRA	M	35	00:39:05	INDIVIDUAL	00:19:22
85	246	NUNO A PITA	M	38	00:39:13	METRO2011	00:19:37
86	506	EDUARDO J C BRANCO	M	35	00:39:16	INDIVIDUAL	00:19:50
87	265	VITOR RIBEIRO	M	53	00:39:17	CA Barreira	00:19:39
88	257	DULCINEA SILVA	F	42	00:39:18	CA Barreira	00:19:40
89	447	NELSON FERREIRA	M	34	00:39:24	AC VERMOIL	00:20:06
90	510	JOSÉ M SILVA	M	46	00:39:26	UFCI TOMAR	00:19:48
91	190	BRUNO FERNANDES	M	31	00:39:26	INDIVIDUAL	00:19:58
92	556	GABRIEL SIMOES	M	19	00:39:29	GA CASAIS VENTO	00:19:50
93	474	ANTONIO LEAL	M	47	00:39:43	GA CARANGUEJEIRA	00:19:49
94	140	PEDRO ALVAREZ	M	41	00:39:43	SFUAP	00:20:02
95	79	ANTONIO LOPES	M	47	00:39:45	ACR SANTA CITA	00:19:49
96	118	MIGUEL GONÇALVES	M	35	00:39:46	EAGLE & LEON	00:20:13
97	391	RUI AGUIAR	M	39	00:39:47	GDCR ZAMBUJEIRA S CALVO	00:20:02
98	446	JOAQUIM QUITÉRIO	M	39	00:39:49	AC VERMOIL	00:20:11

99	533	NUNO MENDES	M	32	00:39:50	CCRD BURINHOSA	00:19:51
100	277	CARLOS REBOLA	M	40	00:39:50	CR AMIEIRINHENSE	00:19:28
101	262	PAULO CRUZ	M	43	00:39:54	CA Barreira	00:19:45
102	454	PEDRO CABECINHAS	M	36	00:39:55	GAU BAJOUCA	00:20:04
103	311	GONALO LOPES	M	30	00:39:56	C BENFICA ABRANTES	00:19:46
104	377	JORGE LERCAS	M	49	00:39:58	UFCI TOMAR	00:19:33
105	546	JOAO RODRIGUES	M	54	00:39:59	UF DEGOLADOS	00:19:54
106	424	FRANCISCO MADEIRA	M	52	00:40:00	GCA DONAS	00:19:51
107	296	JOO SIMES	M	32	00:40:01	C BENFICA ABRANTES	00:20:02
108	59	JOAQUIM GUERREIRO	M	57	00:40:03	CR CRUZ PAU	00:20:04
109	70	RICARDO ALVES	M	31	00:40:03	AOREANA SEGUROS	00:20:17
110	458	TIAGO CRUZ	M	23	00:40:04	GAU BAJOUCA	00:21:16
111	334	NUNO H SILVA	M	25	00:40:04	INDIVIDUAL	00:20:28
112	219	DIOGO FERREIRA	M	32	00:40:05	C VETERANOS LIS	00:20:03
113	226	RICARDO MONTEIRO	M	37	00:40:17	C VETERANOS LIS	00:20:03
114	62	LUIS MENDES	M	41	00:40:33	CR CRUZ PAU	00:20:05
115	544	ANTNIO TIBURCIO	M	49	00:40:36	INDIVIDUAL	00:20:01
116	328	CARLOS PEREIRA	M	42	00:40:36	CA RIACHENSE	00:19:59
117	1	KCENIA BOUGROVA	F	19	00:40:40		00:20:07
118	499	JOO SANTOS	M	23	00:40:41	UDR ZONA ALTA	
119	11	JOS FERNANDES	M	44	00:40:41	A 20 KM ALMEIRIM	00:20:40
120	373	JORGE MAURICIO	M	40	00:40:46	UFCI TOMAR	00:20:00
121	81	ANDRE PENA	M	47	00:40:47	ACR SANTA CITA	00:20:01
122	387	EURICO AGOSTINHO	M	53	00:40:49	GDCR ZAMBUJEIRA S CALVO	00:20:35
123	67	ALEXANDRA ALVES	F	31	00:40:56	AOREANA SEGUROS	00:20:08
124	309	JOAQUIM FIGUEIREDO	M	56	00:40:57	C BENFICA ABRANTES	00:20:11
125	119	NUNO ROSA	M	34	00:40:58	EAGLE & LEON	00:20:49
126	456	FILIFE CARVALHEIRO	M	50	00:40:58	GAU BAJOUCA	00:20:32
127	255	CARINA MATIAS	F	29	00:40:58	CA Barreira	00:20:33
128	23	EURICO PEREIRA	M	54	00:41:03	GD O INDEPENDENTE	00:20:38
129	460	JORGE SILVA	M	47	00:41:06	GAU BAJOUCA	00:21:03
130	545	DAVID NETO LOPES	M	43	00:41:08	INDIVIDUAL	00:21:07
131	534	RUI SIMES	M	44	00:41:09	CLAC ENTRONCAMENTO	00:19:40
132	342	JOO P FERREIRA	M	37	00:41:12	CLAC ENTRONCAMENTO	00:20:00
133	421	JOSE CARLOS MELO	M	51	00:41:15	RUN 4 FUN	00:20:57
134	228	LUIS ALVES	M	39	00:41:15	INDIVIDUAL	00:20:50
135	117	BERNARDINO CLEMENTE	M	49	00:41:16	UDR ZONA ALTA	00:20:54
136	335	JOO ROQUE	M	48	00:41:19	UFCI TOMAR	00:20:44
137	420	DIOGO SILVA	M	26	00:41:20	INDIVIDUAL	00:20:40
138	199	FILIPA MOUTINHO	F	31	00:41:22	UDR ZONA ALTA	00:20:10
139	8	FREDERICO GAMAS	M	25	00:41:23		00:20:48
140	115	ANTNIO FRADE	M	46	00:41:24	INDIVIDUAL	00:20:33
141	370	NORBERTO TRIES	M	36	00:41:26	UFCI TOMAR	00:20:36
142	160	LUIS GAVAZZI	M	49	00:41:31	EQUIPA DUPLA PORTELA	00:21:24
143	137	CARLA SANTOS	F	38	00:41:32	CR LEES P SALVO	00:21:04
144	279	JOAO PROSPERO	M	61	00:41:34	CR AMIEIRINHENSE	00:20:46
145	273	VIRGILIO OLIVEIRA	M	50	00:41:35	SC MOITENSE	
146	486	JOO FARINHA	M	55	00:41:36	CARACOL TRAIL TEAM	00:21:11
147	306	LUIS EMIDIO	M	45	00:41:38	C BENFICA ABRANTES	00:21:13
148	316	ANTERO M JERNIMO	M	51	00:41:39	Falces Selvagens	00:20:49
149	337	PAULO GAIAO	M	42	00:41:39	CP ALCANENA	00:20:36
150	56	AUGUSTO PINTO	M	40	00:41:40	CR CRUZ PAU	00:20:54

151	15	JOÃO JACINTO	M	57	00:41:44	CCD O ALVITEJO	00:21:16
152	344	JOSÉ GARRAFÃO	M	52	00:41:44	CLAC ENTRONCAMENTO	00:20:34
153	96	FRANCISCO CONFRARIA	M	42	00:41:45	ACR SANTA CITA	00:20:51
154	120	RUI MOREIRA	M	43	00:41:59	EAGLE & LEON	00:21:10
155	229	FILIFE BRANCO	M	44	00:42:01	URD ARRANHÒ	00:21:30
156	463	SÉRGIO MARCELINO	M	50	00:42:08	GAU BAJOUCA	00:21:18
157	301	PEDRO CAETANO	M	25	00:42:09	C BENFICA ABRANTES	00:21:11
158	440	JOÃO P C FERNANDES	M	27	00:42:13	THE FAT	00:22:01
159	498	JORGE FORMIGA	M	41	00:42:13	UDR ZONA ALTA	00:21:40
160	222	JOSÉ GABRIEL	M	63	00:42:16	C VETERANOS LIS	00:21:25
161	478	JOAO DIAS	M	17	00:42:18	GA CARANGUEJEIRA	00:20:10
162	256	DANIEL LOURENÇO	M	40	00:42:18	CA Barreira	00:21:26
163	398	PAULO MORENO	M	36	00:42:20	GDR FIGUEIRAS	00:20:51
164	464	JOAO CALÇADA	M	50	00:42:21	GDCR ZAMBUJEIRA S CALVO	00:21:05
165	385	JOÃO CALÇADA	M	43	00:42:21	GDCR ZAMBUJEIRA S CALVO	00:20:47
166	423	FRANCISCO FARIAS	M	56	00:42:24	GCA DONAS	00:20:53
167	163	MIGUEL SOUSA	M	37	00:42:31	INDIVIDUAL	00:21:55
168	113	LUIS MARTINS	M	50	00:42:32	Os Pinheiros	00:20:54
169	89	MIGUEL FERREIRA	M	31	00:42:34	INDIVIDUAL	00:22:00
170	346	ANTÓNIO FERREIRA	M	34	00:42:39	CLAC ENTRONCAMENTO	00:21:03
171	210	JOÃO C L PINTO	M	23	00:42:40	INDIVIDUAL	00:22:00
172	162	PAULO MARTINS	M	42	00:42:44	INDIVIDUAL	00:21:55
173	84	ALEXANDRE FERREIRA	M	40	00:42:47	NS LOURINHA	00:20:56
174	189	VASCO GUEDES	M	36	00:42:49	INDIVIDUAL	00:22:12
175	435	MANUEL GOMES	M	60	00:42:54	ADR AGUAS BELAS	00:21:33
176	88	RODRIGO MATOS	M	31	00:42:59	INDIVIDUAL	00:22:00
177	69	FRANCISCO CALÇADA	M	49	00:43:00	AÇOREANA SEGUROS	00:22:06
178	231	JOAQUIM ALEXANDRE	M	48	00:43:01	URD ARRANHÒ	00:22:55
179	375	CARLOS SANTOS	M	47	00:43:02	UFCI TOMAR	00:21:12
180	504	DEONILDE COSTA	F	39	00:43:04	AC VERMOIL	00:21:48
181	272	ANDRÉ FRANCISCO	M	26	00:43:04	SC MOITENSE	00:21:05
182	97	CRISTIANO GINJA	M	29	00:43:06		00:21:17
183	250	JOAQUIM PESSOA	M	56	00:43:09	VETERANOS CONDEIXA	00:21:50
184	34	NUNO ROMÃO	M	46	00:43:19	GDINE	00:22:06
185	365	SÉRGIO C P SALGADO	M	24	00:43:21	INDIVIDUAL	00:22:20
186	354	HELDER MARQUES	M	48	00:43:22	SR CAMARNAL	00:21:35
187	114	MARCO MORGADO	M	35	00:43:23	INDIVIDUAL	00:21:38
188	525	MARCO H L SANTOS	M	33	00:43:26	INDIVIDUAL	00:22:26
189	550	JORGE M J B ROSA	M	36	00:43:31	ANSIBAIKRS	00:21:15
190	181	AMILCAR COSTA	M	44	00:43:33	INDIVIDUAL	00:21:49
191	515	CARLOS ESTEVES	M	33	00:43:34	INDIVIDUAL	00:21:47
192	164	JOÃO P C M A SILVA	M	33	00:43:35	INDIVIDUAL	00:22:17
193	501	INÊS SANTOS	F	17	00:43:44	AC VERMOIL	00:22:33
194	233	GONÇALO FRAZÃO	M	29	00:43:45	INDIVIDUAL	00:21:41
195	493	FATIMA GOMES	F	37	00:43:50	UDR ZONA ALTA	00:21:26
196	507	MARCO JACINTO	M	38	00:43:52	panela magica	00:23:09
197	90	ANTONIO RUFINO	M	32	00:43:53	INDIVIDUAL	00:22:04
198	388	LUCAS DELGADO	M	61	00:43:55	GDCR ZAMBUJEIRA S CALVO	00:21:49
199	430	MANUEL BARBOSA	M	19	00:43:59	GCA DONAS	00:21:45
200	381	GIL C M TEIXEIRA	M	42	00:44:00	INDIVIDUAL	00:22:40
201	356	JOSÉ FERNANDES	M	45	00:44:02	INDIVIDUAL	00:22:05
202	151	JOSÉ L DUARTE	M	53	00:44:03	INDIVIDUAL	00:22:21

203	216	JOÃO MACHADO	M	52	00:44:03	OS MATRECOS	00:22:18
204	176	RENATO P F MARQUES	M	45	00:44:08	INDIVIDUAL	00:21:53
205	404	MÁRIO DUARTE	M	56	00:44:09	GDR FIGUEIRAS	00:21:56
206	511	LEONEL A R CAMPOS	M	50	00:44:09	INDIVIDUAL	00:22:07
207	406	LEONEL RODRIGUES	M	59	00:44:11	GDR FIGUEIRAS	00:22:13
208	217	PAULO MESTRE	M	50	00:44:12	OS MATRECOS	00:22:18
209	64	FRANCISCO MENDES	M	19	00:44:13	CR CRUZ PAU	00:22:13
210	383	DIOGO PINTO	M	23	00:44:14	SC MOITENSE	00:22:15
211	192	ANTÓNIO MATIAS	M	56	00:44:15	INDIVIDUAL	00:21:55
212	172	CARLOS COELHO	M	53	00:44:16	GA Monsanto Gascan	00:22:18
213	462	ANTÓNIO FERNANDES	M	53	00:44:16	GAU BAJOUCA	00:22:53
214	30	ARTUR GONÇALVES	M	38	00:44:17	OS FLECHAS	00:22:19
215	241	PEDRO VICENTE	M	39	00:44:20	BV BOMBARRAL	00:22:12
216	307	ANTONIO COSTA	M	50	00:44:22	C BENFICA ABRANTES	00:22:25
217	355	LUIS AMARAL	M	48	00:44:24	INDIVIDUAL	00:21:59
218	17	CARLA MARTINS	F	35	00:44:25	GD O INDEPENDENTE	00:22:17
219	110	CARLOS SOUSA	M	56	00:44:27	Os Perigosos	00:22:28
220	227	VITOR ANTUNES	M	58	00:44:31	C VETERANOS LIS	00:22:18
221	191	PEDRO M L FALCÃO	M	37	00:44:32	INDIVIDUAL	00:21:26
222	236	DANIEL F H ROBALO	M	28	00:44:33	TEAM IRUN TOMAR PORTUGAL	00:22:02
223	149	LUCIO L D MENDES	M	56	00:44:35	INDIVIDUAL	00:22:16
224	107	HELDER VALADAS	M	33	00:44:39	Os Perigosos	00:22:26
225	339	PEDRO M C SANTOS	M	32	00:44:41	INDIVIDUAL	00:22:38
226	488	ANDRÉ LEANDRO	M	30	00:44:42	INDIVIDUAL	00:21:43
227	16	ANTONIO RAMOS	M	46	00:44:43	INDIVIDUAL	00:22:50
228	243	TIAGO GONÇALVES	M	24	00:44:43	INDIVIDUAL	00:22:35
229	167	FERNANDO MOUTINHO	M	43	00:44:43	OS MAIS CANSADOS	00:22:57
230	389	VALENTIM FERNANDES	M	58	00:44:45	GDCR ZAMBUJEIRA S CALVO	00:21:59
231	444	ALFREDO SANTOS	M	58	00:44:46	AC VERMOIL	00:22:28
232	538	HUGO MATOS	M	30	00:44:46	INDIVIDUAL	00:22:13
233	138	ANTONIO MENDES	M	52	00:44:48	INDIVIDUAL	00:22:24
234	368	PEDRO N C TOMÉ	M	33	00:44:50	INDIVIDUAL	00:22:25
235	53	JOSÉ MONTEIRO	M	65	00:44:52	CR CRUZ PAU	00:22:45
236	61	PAULO FERRO	M	41	00:44:55	CR CRUZ PAU	00:22:11
237	357	PAULO FONSECA	M	50	00:44:59	INDIVIDUAL	00:23:03
238	492	JOANA OLIVEIRA	F	18	00:45:02	UDR ZONA ALTA	00:22:34
239	523	ÁLVARO COELHO	M	56	00:45:03	ACLIS LIBERTY SEGUROS	00:22:58
240	535	CARLOS DUARTE	M	50	00:45:07	CLAC ENTRONCAMENTO	00:22:59
241	386	ANTONIO CLARA	M	52	00:45:10	GDCR ZAMBUJEIRA S CALVO	00:22:59
242	126	CARLOS DIAS	M	48	00:45:11	INDIVIDUAL	00:22:10
243	441	ANTONIO SANTOS	M	45	00:45:14	AC VERMOIL	00:22:58
244	14	HORÁCIO RUIVO	M	53	00:45:20	CCD O ALVITEJO	00:22:41
245	240	JOÃO CUNHA	M	28	00:45:21	BV BOMBARRAL	00:22:57
246	12	VASCO LOURENÇO	M	45	00:45:22	CCD O ALVITEJO	00:22:17
247	280	RUI PEREIRA	M	39	00:45:24	INDIVIDUAL	00:22:34
248	239	DAVID REIS	M	29	00:45:26	BV BOMBARRAL	00:22:57
249	268	JOSÉ SAPO	M	64	00:45:28	SC MOITENSE	00:22:55
250	524	FILIPE BATISTA	M	42	00:45:29	INDIVIDUAL	00:22:41
251	305	MANUEL SILVA	M	40	00:45:33	C BENFICA ABRANTES	00:22:25
252	92	VITOR M M LOURENÇO	M	47	00:45:35	INDIVIDUAL	00:22:36
253	63	CELIA CECILIO	F	42	00:45:37	CR CRUZ PAU	00:23:01
254	26	HENRIQUE LINARES	M	60	00:45:40	GD O INDEPENDENTE	00:23:08

255	147	PEDRO M MOUTINHO	M	31	00:45:41	TWINGESTEAM	00:23:59
256	20	JOSÉ FERNANDES	M	41	00:45:42	GD O INDEPENDENTE	00:22:06
257	135	JOÃO J FERNANDES	M	33	00:45:43	INDIVIDUAL	00:22:21
258	7	HELDER BATISTA	M	43	00:45:47		00:23:28
259	230	ANDRÈ MOTA	M	37	00:45:48	URD ARRANHÒ	00:23:10
260	146	NUNO M C OLIVEIRA	M	29	00:45:50	TWINGESTEAM	00:24:01
261	123	JOÃO PROENÇA	M	20	00:45:53	INDIVIDUAL	00:23:21
262	552	LUIS LOPES	M	43	00:45:55	INDIVIDUAL	00:22:51
263	445	EUGENIO MENDES	M	52	00:45:56	AC VERMOIL	00:23:00
264	248	CARLOS RANGEL	M	61	00:45:57	INDIVIDUAL	00:23:11
265	482	JOSÉ FÍDELIO	M	59	00:46:00	CLAC ENTRONCAMENTO	00:22:50
266	25	MARCELINO FALÉ	M	60	00:46:01	GD O INDEPENDENTE	00:22:51
267	537	PASCOAL MOLEIRO	M	40	00:46:02	INDIVIDUAL	00:24:56
268	223	JÚLIO LOPES	M	39	00:46:07	C VETERANOS LIS	00:23:00
269	274	ACURCIO MARIA	M	42	00:46:17	SC MOITENSE	00:22:22
270	313	FILIPE J J NEVES	M	45	00:46:17	INDIVIDUAL	00:23:19
271	21	EDUARDO RODRIGUES	M	44	00:46:17	GD O INDEPENDENTE	00:23:18
272	487	RICARDO FARINHA	M	23	00:46:20	CARACOL TRAIL TEAM	00:22:31
273	159	SANDRA QUINTAS	F	41	00:46:20	EQUIPA DUPLA PORTELA	00:22:56
274	245	FABIO PATRICIO	M	32	00:46:24	INDIVIDUAL	00:22:40
275	5	IVO DINIS	M	44	00:46:35		00:23:03
276	466	FERNANDO MOURA	M	52	00:46:37	INDIVIDUAL	00:23:17
277	528	RUI VENTURA	M	53	00:46:41	CCRD BURINHOSA	00:23:11
278	419	TIAGO SANTOS	M	24	00:46:43	INDIVIDUAL	00:23:38
279	37	DAVID PEREIRA	M	22	00:46:45	GD O INDEPENDENTE	00:24:07
280	527	OCTAVIO MARIANO	M	43	00:46:46	CCRD BURINHOSA	00:23:26
281	471	MANUEL CRUZ	M	60	00:46:47	INDIVIDUAL	00:24:32
282	33	MIGUEL PEREIRA BASTOS	M	48	00:46:47	GDINE	00:23:23
283	39	CARLOS PEREIRA	M	33	00:46:48	GFD RUNNING	00:23:04
284	358	ANTÓNIO MAJOR	M	56	00:46:52	CALMA	00:23:35
285	50	HENRIQUE NARCISO	M	49	00:46:59	INDIVIDUAL	00:23:46
286	234	MÁRIO O G RIBEIRO	M	48	00:47:02	INDIVIDUAL	00:23:24
287	57	JOAQUIM DELGADO	M	55	00:47:04	CR CRUZ PAU	00:22:42
288	318	FELIX F GONÇALVES	M	31	00:47:06	IRUN	00:23:37
289	405	DIAMANTINO CRUZ	M	56	00:47:07	GDR FIGUEIRAS	00:23:46
290	212	PEDRO LOZANO	M	23	00:47:10	INDIVIDUAL	00:23:55
291	218	AMÉRICO SANTOS	M	59	00:47:11	C VETERANOS LIS	00:24:13
292	526	LUIS FERNANDES	M	29	00:47:13	INDIVIDUAL	00:23:56
293	24	CONSTANCIO MARTINS	M	57	00:47:17	GD O INDEPENDENTE	00:23:13
294	380	CAROLINA FELIZ	F	55	00:47:20	UFCI TOMAR	00:23:35
295	378	JOSÉ FONSECA	M	49	00:47:22	UFCI TOMAR	00:23:34
296	232	JOÃO ALVES	M	46	00:47:27	URD ARRANHÒ	00:24:02
297	130	HIPÓLITO M S FERREIRA	M	49	00:47:29	INDIVIDUAL	00:23:24
298	472	MARCO S NUNES	M	30	00:47:34	INDIVIDUAL	00:24:06
299	393	PEDRO BICO	M	45	00:47:35	INDIVIDUAL	00:24:16
300	109	ALCIDES NUNES	M	54	00:47:36	Os Perigosos	00:23:26
301	350	ALEXANDRE V MANIÉS	M	49	00:47:42	INDIVIDUAL	00:23:39
302	461	RAMIRO RODRIGUES	M	56	00:47:43	GAU BAJOUCA	00:23:34
303	215	ANDRÉ MACHADO	M	22	00:47:43	OS MATRECOS	00:23:33
304	266	ANTÓNIO PRIMOR	M	71	00:47:45	SC MOITENSE	00:24:04
305	224	MARIANA SILVA	F	20	00:47:45	C VETERANOS LIS	00:23:34
306	122	SÉRGIO MENDES	M	42	00:47:46	INDIVIDUAL	00:24:08

307	169	JOAQUIM LIMA	M	50	00:47:53	INDIVIDUAL	00:23:56
308	428	PAULA RAMOS	F	41	00:47:54	GCA DONAS	00:24:26
309	429	GILDA MOTA	F	46	00:47:58	GCA DONAS	00:24:26
310	422	ALBERTO TADEIA	M	45	00:47:59	GCA DONAS	00:24:18
311	465	JOÃO F L VELEZ	M	28	00:48:01	INDIVIDUAL	00:25:11
312	494	RUBEN VIOLANTE	M	21	00:48:05	UDR ZONA ALTA	00:25:07
313	497	RUI ESTANQUEIRO	M	38	00:48:07	UDR ZONA ALTA	00:23:25
314	495	VITOR SILVA	M	37	00:48:10	UDR ZONA ALTA	00:25:07
315	129	VALTER TEIXEIRA	M	45	00:48:13	INDIVIDUAL	00:24:06
316	247	RAFAEL V SANTOS	M	47	00:48:17	METRO2011	00:24:55
317	529	TELMO PEDROSO	M	40	00:48:25	CCRD BURINHOSA	00:24:15
318	325	PEDRO A M P OLIVEIRA	M	40	00:48:25	INDIVIDUAL	00:24:46
319	275	RAUL NEVES	M	61	00:48:32	SC MOITENSE	00:24:24
320	22	VENANCIO BRANCO	M	43	00:48:34	GD O INDEPENDENTE	00:24:07
321	557	RAFAEL RODRIGUES	M	17	00:48:45	GA CASAIS VENTO	00:22:49
322	407	JOSE GUIA	M	65	00:48:47	SS CGD	00:24:37
323	54	ARMANDO FERNANDES	M	65	00:48:53	CR CRUZ PAU	00:24:45
324	220	JACINTO FERREIRA	M	57	00:48:53	C VETERANOS LIS	00:25:08
325	48	LUIS NOGUEIRA	M	48	00:49:04	AMINHACORRIDA.COM	00:25:16
326	395	MÁRCIO SILVA	M	28	00:49:05	INDIVIDUAL	00:24:44
327	517	VÍTOR M S SERRAS	M	44	00:49:05	INDIVIDUAL	00:24:43
328	554	PAULA RODRIGUES	F	45	00:49:06	C BENFICA ABRANTES	00:24:44
329	152	JOÃO P A LOBATO	M	34	00:49:13	INDIVIDUAL	00:25:23
330	153	CARLOS MENDES	M	39	00:49:14	INDIVIDUAL	00:25:23
331	371	JÚLIA ABREU	F	39	00:49:17	UFCI TOMAR	00:24:20
332	364	NELSON VALENTE	M	43	00:49:19	GD AGUIAS MOITA	
333	363	JAIME MESTRE	M	43	00:49:20	GD AGUIAS MOITA	00:24:18
334	362	CARLOS SECO	M	53	00:49:20	GD AGUIAS MOITA	00:24:18
335	85	BRUNO CONCEIÇÃO	M	36	00:49:22	INDIVIDUAL	00:23:20
336	206	ROGÉRIO D S VERAS	M	32	00:49:22	TEAM IRUN TOMAR PORTUGAL	00:24:11
337	74	PAULO M PONTES	M	37	00:49:25	INDIVIDUAL	00:25:09
338	414	SELMA N GONÇALVES	F	39	00:49:40	INDIVIDUAL	00:24:42
339	49	JAIME FIGEIREDO	M	47	00:49:43	AMINHACORRIDA.COM	00:25:16
340	541	TELMO MARQUES	M	38	00:49:45	GUMELO RUNNERS	00:25:00
341	502	INÊS LOPES	F	19	00:49:47	AC VERMOIL	00:24:26
342	543	ANTÓNIO MARTINS	M	54	00:49:48	INDIVIDUAL	00:25:23
343	409	FIDEL CONDE	M	36	00:49:50	TRAIL CORNO DA CABRA	00:25:17
344	68	ANTÓNIO GUEDES	M	43	00:49:52	AÇOREANA SEGUROS	00:25:16
345	252	JOSÉ MOÇO	M	50	00:49:55	VETERANOS CONDEIXA	00:24:06
346	338	JOÃO BRITO	M	38	00:49:56	INDIVIDUAL	00:24:25
347	349	RICARDO DIAS	M	37	00:49:56	INDIVIDUAL	00:24:26
348	549	ANA MOURATO	F	38	00:49:59	INDIVIDUAL	00:24:35
349	198	ARLINDO MADURO	M	50	00:50:00	INDIVIDUAL	00:25:56
350	269	PEDRO CAPELAS	M	44	00:50:02	SC MOITENSE	00:25:01
351	36	GILBERTO GONÇALVES	M	65	00:50:02	CAA BELEM	00:25:21
352	483	VITOR SILVA DINIS	M	43	00:50:02	INDIVIDUAL	00:26:02
353	238	JÚLIO PATRICIO	M	51	00:50:06	BV BOMBARRAL	00:25:13
354	484	CLAUDIO A Q ANTUNES	M	21	00:50:08	INDIVIDUAL	00:26:55
355	270	ISIDRO SERRA	M	58	00:50:15	SC MOITENSE	00:25:43
356	271	HÉLIO SERRA	M	33	00:50:15	SC MOITENSE	00:25:43
357	505	BLANDINA LOURENÇO	F	34	00:50:16	AC VERMOIL	00:25:26
358	513	JUSTINO M R SILVA	M	37	00:50:18	INDIVIDUAL	00:25:09

359	330	FREDERICO COSTA	M	37	00:50:32	COSTA CAFÉS	00:25:12
360	323	GONÇALO BARRADAS	M	38	00:50:32	CP RTP	00:24:57
361	28	SANDRA MARTINS	F	41	00:50:36	GD O INDEPENDENTE	00:24:57
362	281	AVELINO FERNANDES	M	41	00:50:37	INDIVIDUAL	00:25:10
363	166	RICARDO J C SANTOS	M	34	00:50:39	INDIVIDUAL	00:25:37
364	267	ANABELA MARIA	F	42	00:50:45	SC MOITENSE	00:25:33
365	376	PAULO SALDANHA	M	48	00:50:45	UFCI TOMAR	00:25:06
366	351	MARIO MIRA	M	47	00:50:46	INDIVIDUAL	00:25:50
367	293	SUSANA ROSA	F	20	00:50:47	C BENFICA ABRANTES	00:24:40
368	411	PEDRO LOPES	M	42	00:50:48	INDIVIDUAL	00:26:08
369	4	NUNO BARREIRO	M	40	00:50:50		00:24:21
370	352	ANTONIO SEROMENHO	M	55	00:50:51	INDIVIDUAL	00:25:50
371	95	HUMBERTO SILVA	M	56	00:50:57		00:26:08
372	284	BRUNO PEDRO	M	23	00:51:01	INDIVIDUAL	00:25:31
373	490	ANDRE D A SIMOES	M	24	00:51:07	INDIVIDUAL	00:25:20
374	105	VÍTOR M P GONÇALVES	M	44	00:51:07	4 ao Km	00:26:38
375	324	HÉLDER F P P M PIRES	M	37	00:51:10	INDIVIDUAL	00:25:27
376	19	JOÃO DAMÁZIO	M	39	00:51:15	GD O INDEPENDENTE	00:25:53
377	158	HENRIQUE VILHENA	M	57	00:51:21	INDIVIDUAL	00:26:39
378	60	FRANCISCO FERRO	M	65	00:51:24	CR CRUZ PAU	00:26:05
379	481	JOSÉ E M MARIQUITOS	M	52	00:51:29	LIGA REG MELHORAMENTOS ORTIGA	00:25:15
380	403	FERNANDO SANTOS	M	54	00:51:30	GDR FIGUEIRAS	00:26:06
381	136	JOSÉ MARINHO	M	70	00:51:33	INDIVIDUAL	00:26:26
382	304	ANDREIA JERONIMO	F	18	00:51:33	C BENFICA ABRANTES	00:25:32
383	291	JOSÉ M SERRA	M	60	00:51:36	BUÉ SERRAS	00:25:33
384	432	MANUEL M M FONTINHA	M	43	00:51:42	INDIVIDUAL	00:24:25
385	200	LUCAS M B AMARO	M	46	00:51:49	OS LAGARTOS	00:27:05
386	180	LUÍS ANASTÁCIO	M	29	00:51:51	GDCT IN CASA MOEDA	00:25:40
387	202	MARCIO E F PINTO	M	34	00:51:51	OS LAGARTOS	00:27:04
388	201	JOSE C S B ALVES	M	47	00:51:52	OS LAGARTOS	00:27:05
389	336	NUNO DOMINGOS	M	35	00:51:57	UFCI TOMAR	00:26:00
390	290	RODOLFO M A SERRA	M	31	00:51:58	BUÉ SERRAS	00:26:03
391	512	LUIS G SANTOS	M	25	00:51:59	INDIVIDUAL	00:26:18
392	175	VITOR RODRIGUES	M	59	00:52:00	GA Monsanto Gascan	00:26:59
393	413	MANUEL SEQUEIRA	M	63	00:52:01	GDCT REPSOL	00:26:28
394	108	BENTO VALENTE	M	49	00:52:01	Os Perigosos	00:26:58
395	457	NUNO BRANCO	M	35	00:52:02	GAU BAJOUCA	00:26:59
396	485	JOÃO DAMAS	M	33	00:52:08	INDIVIDUAL	00:26:56
397	18	MARIA CORREIA	F	61	00:52:10	GD O INDEPENDENTE	00:27:17
398	194	INÉS V SANTOS	F	25	00:52:20	INDIVIDUAL	00:26:26
399	150	LUIZA M C M DIAS	F	55	00:52:21	INDIVIDUAL	00:26:25
400	221	JOSÉ CORDEIRO	M	60	00:52:24	C VETERANOS LIS	00:26:06
401	111	JOSE VENTURA	M	54	00:52:29	INDIVIDUAL	00:26:25
402	127	ANTÓNIO CORDA	M	46	00:52:32	INDIVIDUAL	00:26:37
403	128	PAULO MEDEIROS	M	44	00:52:33	INDIVIDUAL	00:26:37
404	540	ANTÓNIO P CAVALEIRO	M	24	00:52:37	GUMELO RUNNERS	00:26:19
405	539	JOÃO M CAVALEIRO	M	33	00:52:37	GUMELO RUNNERS	00:26:19
406	452	FATIMA SANTOS	F	34	00:52:48	JOBRINDE MONTES SALOIOS	00:26:33
407	225	MARTA SILVA	F	33	00:52:52	C VETERANOS LIS	00:26:43
408	467	JOSÉ A SANTOS	M	50	00:52:54	CR AMIEIRINHENSE	00:28:06
409	133	MANUEL P G BRITO	M	58	00:52:59	INDIVIDUAL	00:26:21
410	408	HUGO BASÍLIO	M	36	00:53:04	INDIVIDUAL	00:27:02

411	31	ESTELA GONÇALVES	F	36	00:53:23	OS FLECHAS	00:26:20
412	143	ANA SIMÕES	F	27	00:53:24	RUNAVEIRO	00:27:54
413	142	LUÍS SIMÕES	M	53	00:53:24	RUNAVEIRO	00:27:54
414	416	LUIS C MOTA	M	19	00:53:26	SL BENFICA	00:26:35
415	52	JOSÉ GONÇALVES	M	72	00:53:29	CR CRUZ PAU	00:26:36
416	244	JORGE MORGADO	M	49	00:53:32	INDIVIDUAL	00:26:40
417	319	ORLANDO DUARTE	M	56	00:53:33	INDIVIDUAL	00:30:57
418	179	CARLOS ANASTÁCIO	M	39	00:53:33	GDCT IN CASA MOEDA	00:25:40
419	509	INÊS MELO	F	33	00:53:33	SCALABIS NIGHT RUNNERS	00:26:37
420	214	MÁRIO LIMA	M	35	00:53:38	INDIVIDUAL	00:27:54
421	148	ROMÃO VALENTE	M	51	00:53:44	INDIVIDUAL	00:26:29
422	379	VÍTOR MARTO	M	56	00:53:57	UFCI TOMAR	00:27:16
423	101	JOÃO P S LIMA	M	54	00:54:03	4 ao Km	00:26:33
424	299	HELIO GODINHO	M	63	00:54:09	C BENFICA ABRANTES	00:27:38
425	173	FRANCISCO PINHEIRO	M	59	00:54:13	GA Monsanto Gascan	00:28:27
426	124	JOSÉ BAIXINHO	M	54	00:54:21	SANTIAGO FC	00:27:17
427	197	JOÃO TEIXEIRA	M	34	00:54:36	INDIVIDUAL	00:27:54
428	237	MÁRIO LIMA	M	35	00:54:50	BV BOMBARRAL	00:27:57
429	204	JOSE A RODRIGUES	M	49	00:54:55	OS LAGARTOS	00:27:18
430	155	JOSÉ LAMEGO	M	62	00:54:59	INDIVIDUAL	00:27:44
431	468	JOSÉ A S PEREIRA	M	57	00:55:06	INDIVIDUAL	00:28:01
432	392	RAFAEL CALÇADA	M	17	00:55:22	GDCR ZAMBUJEIRA S CALVO	00:27:47
433	27	ANTÓNIO CORREIA	M	63	00:55:31	GD O INDEPENDENTE	00:28:08
434	145	MERCEDES FONSECA	F	58	00:55:52	OS SUPER	00:28:26
435	263	PEDRO MARTO	M	28	00:56:00	CA Barreira	00:30:02
436	367	JOÃO P C G DUQUE	M	50	00:56:09	INDIVIDUAL	00:28:49
437	412	JOÃO P SANTOS	M	38	00:56:13	INDIVIDUAL	00:27:42
438	249	ANA I R ALVES	F	32	00:56:16	INDIVIDUAL	00:28:00
439	125	JUDITE BAIXINHO	F	27	00:56:26	SANTIAGO FC	00:28:02
440	170	GABRIEL M CRUZ	M	71	00:56:32	INDIVIDUAL	00:27:00
441	75	JOAO F BOTAS	M	24	00:56:41	INDIVIDUAL	00:28:52
442	165	VÍTOR M M FERNANDES	M	63	00:56:42	CALMA	00:28:25
443	320	ANÍBAL GODINHO	M	50	00:56:48	INDIVIDUAL	00:28:37
444	321	Mª ROSÁRIO GODINHO	F	45	00:56:49	INDIVIDUAL	00:28:37
445	259	JORGE AGOSTINHO	M	55	00:57:02	CA Barreira	
446	104	ISADORA B B A COSTA	F	26	00:57:09	4 ao Km	00:29:41
447	156	EDMUNDO CARDEIRA	M	66	00:57:09	INDIVIDUAL	00:29:30
448	410	JOÃO FERREIRA	M	38	00:57:45	INDIVIDUAL	00:29:42
449	361	MARIA QUITÉRIA	F	40	00:57:50	ALGYMNS	00:29:53
450	415	ÁLVARO A C F CARDOSO	M	31	00:58:07	INDIVIDUAL	00:28:49
451	294	SUSAN MOTA	F	43	00:58:10	C BENFICA ABRANTES	00:28:39
452	374	CLARA LOURENÇO	F	41	00:58:11	UFCI TOMAR	00:28:39
453	174	LUÍS ANTUNES	M	52	00:58:23	GA Monsanto Gascan	00:28:59
454	144	JOAQUIM FONSECA	M	58	00:58:25	OS SUPER	00:29:08
455	209	JOÃO P C V ALCOBIA	M	43	00:58:29	INDIVIDUAL	00:29:07
456	208	ANTÓNIO M M JOAQUIM	M	44	00:58:31	INDIVIDUAL	00:29:06
457	417	CARLOS ANDRADE	M	36	00:58:32	CORRER NA CIDADE	00:29:54
458	71	SOFIA GUEDES	F	38	00:58:33	AÇOREANA SEGUROS	00:29:54
459	303	CARLOS ALFAIATE	M	61	00:58:56	C BENFICA ABRANTES	00:29:04
460	289	ISABEL BUÉ	F	32	00:59:07	BUÉ SERRAS	00:29:10
461	251	ILIDIO CORDEIRO	M	51	00:59:08	VETERANOS CONDEIXA	00:29:12
462	312	Mª ROSÁRIO S BARROS	F	44	00:59:15	INDIVIDUAL	00:30:02

463	264	RUI ROBERTO	M	45	00:59:17	CA Barreira	00:30:01
464	171	ANTÓNIO REYES	M	59	00:59:34	GA Monsanto Gascan	00:29:53
465	193	MARIA SÃO JOÃO	F	61	00:59:34	INDIVIDUAL	00:29:54
466	353	SUSANA M F ANTÓNIO	F	30	00:59:46	INDIVIDUAL	00:29:57
467	314	ANABELA C D NEVES	F	34	00:59:46	INDIVIDUAL	00:29:40
468	203	JOAO C C FERNANDES	M	48	00:59:46	OS LAGARTOS	00:29:40
469	168	CARLA MOUTINHO	F	39	00:59:54	OS MAIS CANSADOS	00:29:24
470	292	TATIANA SILVA	F	17	01:00:06	C BENFICA ABRANTES	00:30:03
471	489	ANTÓNIO MOURA	M	57	01:00:08	CA VALE FIGUEIRA	00:29:41
472	382	DINA DIAS	F	27	01:00:13	SC MOITENSE	00:30:41
473	449	MARCO SILVA	M	43	01:00:19	CARACOIS DO ASFALTO	00:29:25
474	340	Mª JOÃO ANTÓNIO	F	34	01:00:26	INDIVIDUAL	00:29:58
475	51	RICARDO GASPAR	M	61	01:00:42	CR CRUZ PAU	00:30:54
476	2	MARCIA JESUS	F	34	01:01:40	SC MOITENSE	00:30:37
477	542	RUI APOLINÁRIO	M	51	01:01:41	GUMELO RUNNERS	00:30:49
478	438	ANTONIO PEREIRA	M	50	01:01:41	O MUNDO DA CORRIDA	00:31:24
479	177	CLAUDIA G BARREIRO	F	33	01:01:42	INDIVIDUAL	00:31:26
480	437	ESMERALDA ALVES	F	37	01:01:43	O MUNDO DA CORRIDA	00:31:24
481	76	JOAO CARRAÇO	M	31	01:01:43	INDIVIDUAL	00:30:12
482	469	RENATO SANTOS	M	34	01:02:31	TURBOS	00:30:06
483	470	SILVIA SANTOS	F	36	01:02:31	TURBOS	00:30:06
484	282	SOFIA ROCHA	F	27	01:02:39	INDIVIDUAL	00:32:40
485	283	FERNANDO ROCHA	M	56	01:02:39	INDIVIDUAL	00:32:40
486	286	ANTÓNIO NUNES	M	74	01:02:50	C SARGENTO ARMADA	00:30:53
487	285	ALBANO GINJA	M	58	01:02:50	C SARGENTO ARMADA	00:30:54
488	132	ANA P B GRÁCIO	F	28	01:02:51	INDIVIDUAL	
489	3	ANA PINTO	F	50	01:02:52		00:30:58
490	29	ANTONIO PINHO	M	61	01:03:38	OS FLECHAS	00:30:58
491	331	RITA M LAVOS	F	35	01:03:44	INDIVIDUAL	00:32:36
492	332	ROGÉRIO LAVOS	M	41	01:03:44	INDIVIDUAL	00:32:36
493	333	DULCE M LACERDA	F	38	01:03:44	INDIVIDUAL	00:32:35
494	439	LÉNIO F N MARINHO	M	60	01:03:45	JOBRINDE MONTES SALOIOS	00:31:48
495	66	NATALIA LIMA	F	66	01:04:22	CR CRUZ PAU	00:32:26
496	65	JOSE PRAZERES	M	46	01:04:28	CR CRUZ PAU	00:32:26
497	341	CÉLIA S DIAS	F	42	01:04:30	INDIVIDUAL	00:31:36
498	359	ARTUR DINIS	M	56	01:04:40	ALGYMNS	00:32:18
499	360	PAULA COUTO	F	50	01:04:40	ALGYMNS	00:32:17
500	532	JOSE SOARES	M	51	01:05:27	CCRD BURINHOSA	
501	235	JOSÉ FIGUEIREDO	M	77	01:06:02	O MUNDO DA CORRIDA	00:32:29
502	253	SANDRA DIAS	F	23	01:06:08	INDIVIDUAL	00:31:30
503	102	MARTA S R S FEIO	F	24	01:06:38	4 ao Km	00:32:59
504	9	JOSÉ C COSTA	M	35	01:07:32		00:33:24
505	10	INES TORRES	F	33	01:07:32		00:33:24
506	450	PAULO CUNHA	M	39	01:10:02	CARACOIS DO ASFALTO	
507	91	Mª CARMO ANJOS	F	67	01:10:14	JF PORTELA	00:35:02
508	157	CLAUDIA RATO	F	34	01:10:36	INDIVIDUAL	00:35:15
509	448	ANA C R SILVÉRIO	F	29	01:16:52	INDIVIDUAL	00:36:24
510	6	ANA SAO BENTO	F	54	01:16:52	JOBRINDE	00:34:51

Total de registros: 510

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)**26 GP PASCOA CONSTANCIA - 19/04/2014**

Relatório por Faixas Etárias

F0019

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	1	KCENIA BOUGROVA	F	19	00:40:40	
2	501	INÊS SANTOS	F	17	00:43:44	AC VERMOIL
3	492	JOANA OLIVEIRA	F	18	00:45:02	UDR ZONA ALTA
4	502	INÊS LOPES	F	19	00:49:47	AC VERMOIL
5	304	ANDREIA JERONIMO	F	18	00:51:33	C BENFICA ABRANTES
6	292	TATIANA SILVA	F	17	01:00:06	C BENFICA ABRANTES

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

F2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	431	SUSANA FRANCISCO	F	22	00:35:50	SPORTING CP
2	67	ALEXANDRA ALVES	F	31	00:40:56	AÇOREANA SEGUROS
3	255	CARINA MATIAS	F	29	00:40:58	CA Barreira
4	199	FILIPA MOUTINHO	F	31	00:41:22	UDR ZONA ALTA
5	224	MARIANA SILVA	F	20	00:47:45	C VETERANOS LIS
6	505	BLANDINA LOURENÇO	F	34	00:50:16	AC VERMOIL
7	293	SUSANA ROSA	F	20	00:50:47	C BENFICA ABRANTES
8	194	INÊS V SANTOS	F	25	00:52:20	INDIVIDUAL
9	452	FATIMA SANTOS	F	34	00:52:48	JOBRINDE MONTES SALOIOS
10	225	MARTA SILVA	F	33	00:52:52	C VETERANOS LIS
11	143	ANA SIMÕES	F	27	00:53:24	RUNAVEIRO
12	509	INÊS MELO	F	33	00:53:33	SCALABIS NIGHT RUNNERS
13	249	ANA I R ALVES	F	32	00:56:16	INDIVIDUAL
14	125	JUDITE BAIXINHO	F	27	00:56:26	SANTIAGO FC
15	104	ISADORA B B A COSTA	F	26	00:57:09	4 ao Km
16	289	ISABEL BUÉ	F	32	00:59:07	BUÉ SERRAS
17	314	ANABELA C D NEVES	F	34	00:59:46	INDIVIDUAL
18	353	SUSANA M F ANTÓNIO	F	30	00:59:46	INDIVIDUAL
19	382	DINA DIAS	F	27	01:00:13	SC MOITENSE
20	340	Mª JOÃO ANTÓNIO	F	34	01:00:26	INDIVIDUAL
21	2	MARCIA JESUS	F	34	01:01:40	SC MOITENSE
22	177	CLAUDIA G BARREIRO	F	33	01:01:42	INDIVIDUAL
23	282	SOFIA ROCHA	F	27	01:02:39	INDIVIDUAL
24	132	ANA P B GRÁCIO	F	28	01:02:51	INDIVIDUAL
25	253	SANDRA DIAS	F	23	01:06:08	INDIVIDUAL
26	102	MARTA S R S FEIO	F	24	01:06:38	4 ao Km
27	10	INES TORRES	F	33	01:07:32	
28	157	CLAUDIA RATO	F	34	01:10:36	INDIVIDUAL
29	448	ANA C R SILVÉRIO	F	29	01:16:52	INDIVIDUAL

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	257	DULCINEA SILVA	F	42	00:39:18	CA Barreira
2	137	CARLA SANTOS	F	38	00:41:32	CR LEÕES P SALVO
3	504	DEONILDE COSTA	F	39	00:43:04	AC VERMOIL
4	493	FATIMA GOMES	F	37	00:43:50	UDR ZONA ALTA
5	17	CARLA MARTINS	F	35	00:44:25	GD O INDEPENDENTE
6	63	CELIA CECILIO	F	42	00:45:37	CR CRUZ PAU
7	159	SANDRA QUINTAS	F	41	00:46:20	EQUIPA DUPLA PORTELA
8	428	PAULA RAMOS	F	41	00:47:54	GCA DONAS
9	371	JÚLIA ABREU	F	39	00:49:17	UFCI TOMAR
10	414	SELMA N GONÇALVES	F	39	00:49:40	INDIVIDUAL
11	549	ANA MOURATO	F	38	00:49:59	INDIVIDUAL
12	28	SANDRA MARTINS	F	41	00:50:36	GD O INDEPENDENTE
13	267	ANABELA MARIA	F	42	00:50:45	SC MOITENSE
14	31	ESTELA GONÇALVES	F	36	00:53:23	OS FLECHAS
15	361	MARIA QUITÉRIA	F	40	00:57:50	ALGYMNS
16	294	SUSAN MOTA	F	43	00:58:10	C BENFICA ABRANTES
17	374	CLARA LOURENÇO	F	41	00:58:11	UFCI TOMAR
18	71	SOFIA GUEDES	F	38	00:58:33	AÇOREANA SEGUROS
19	312	Mª ROSÁRIO S BARROS	F	44	00:59:15	INDIVIDUAL
20	168	CARLA MOUTINHO	F	39	00:59:54	OS MAIS CANSADOS
21	437	ESMERALDA ALVES	F	37	01:01:43	O MUNDO DA CORRIDA
22	470	SILVIA SANTOS	F	36	01:02:31	TURBOS
23	333	DULCE M LACERDA	F	38	01:03:44	INDIVIDUAL
24	331	RITA M LAVOS	F	35	01:03:44	INDIVIDUAL
25	341	CÉLIA S DIAS	F	42	01:04:30	INDIVIDUAL

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	380	CAROLINA FELIZ	F	55	00:47:20	UFCI TOMAR
2	429	GILDA MOTA	F	46	00:47:58	GCA DONAS
3	554	PAULA RODRIGUES	F	45	00:49:06	C BENFICA ABRANTES
4	18	MARIA CORREIA	F	61	00:52:10	GD O INDEPENDENTE
5	150	LUISA M C M DIAS	F	55	00:52:21	INDIVIDUAL
6	145	MERCEDES FONSECA	F	58	00:55:52	OS SUPER
7	321	Mª ROSÁRIO GODINHO	F	45	00:56:49	INDIVIDUAL
8	193	MARIA SÃO JOÃO	F	61	00:59:34	INDIVIDUAL
9	3	ANA PINTO	F	50	01:02:52	
10	66	NATALIA LIMA	F	66	01:04:22	CR CRUZ PAU
11	360	PAULA COUTO	F	50	01:04:40	ALGYMNS
12	91	Mª CARMO ANJOS	F	67	01:10:14	JF PORTELA
13	6	ANA SAO BENTO	F	54	01:16:52	JOBRINDE

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)**26 GP PASCOA CONSTANCIA - 19/04/2014**

Relatório por Faixas Etárias

M0019

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	451	LUIS ALBINO	M	18	00:34:24	SPORTING CP
2	298	OCTAVIO VICENTE	M	19	00:35:07	C BENFICA ABRANTES
3	500	EDI MODERNO	M	18	00:35:39	AC VERMOIL
4	82	RUBEN FERREIRA	M	17	00:35:50	NS LOURINHA
5	553	DAVID RIBEIRO	M	19	00:36:31	C BENFICA ABRANTES
6	295	DANIEL DOMINGUES	M	17	00:37:37	C BENFICA ABRANTES
7	556	GABRIEL SIMOES	M	19	00:39:29	GA CASAIS VENTO
8	478	JOAO DIAS	M	17	00:42:18	GA CARANGUEJEIRA
9	430	MANUEL BARBOSA	M	19	00:43:59	GCA DONAS
10	64	FRANCISCO MENDES	M	19	00:44:13	CR CRUZ PAU
11	557	RAFAEL RODRIGUES	M	17	00:48:45	GA CASAIS VENTO
12	416	LUIS C MOTA	M	19	00:53:26	SL BENFICA
13	392	RAFAEL CALÇADA	M	17	00:55:22	GDCR ZAMBUJEIRA S CALVO

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	86	JOAO VALENTE	M	20	00:31:58	CA FERREIRA ZEZERE
2	366	JOÃO FERREIRA	M	20	00:33:15	AA COIMBRA
3	196	JOAO F BOA	M	27	00:34:09	CA ODIMARQ
4	83	HENRIK SANTOS	M	24	00:34:28	NS LOURINHA
5	276	RICARDO HENRIQUES	M	29	00:34:36	CR AMIEIRINHENSE
6	503	CRISTIANO ANTONIO	M	25	00:34:38	AC VERMOIL
7	369	ANDRÉ FERREIRA	M	24	00:35:28	UFCI TOMAR
8	87	MARCO FRANCO	M	33	00:35:33	CA FERREIRA ZEZERE
9	186	MÁRCIO PEREIRA	M	34	00:35:45	CDCR CTT COIMBRA
10	477	HUGO FERREIRA	M	30	00:35:51	GA CARANGUEJEIRA
11	516	DANIEL CAMPOS	M	29	00:36:24	A 20 KM ALMEIRIM
12	476	HELIO FERREIRA	M	28	00:37:04	GA CARANGUEJEIRA
13	491	FERNANDO M J ROSA	M	30	00:37:50	ANSIBAIKRS
14	300	OMAR GARCIA	M	34	00:37:51	C BENFICA ABRANTES
15	459	PEDRO CAPELA	M	33	00:37:52	GAU BAJOUCA
16	287	FILIPE DIAS	M	28	00:37:54	INDIVIDUAL
17	548	NUNO EVANGELISTA	M	33	00:37:59	A 20 KM ALMEIRIM
18	433	RODRIGO ROSA	M	27	00:38:13	ADR AGUAS BELAS
19	447	NELSON FERREIRA	M	34	00:39:24	AC VERMOIL
20	190	BRUNO FERNANDES	M	31	00:39:26	INDIVIDUAL
21	533	NUNO MENDES	M	32	00:39:50	CCRD BURINHOSA
22	311	GONÇALO LOPES	M	30	00:39:56	C BENFICA ABRANTES
23	296	JOÃO SIMÕES	M	32	00:40:01	C BENFICA ABRANTES
24	70	RICARDO ALVES	M	31	00:40:03	AÇOREANA SEGUROS
25	458	TIAGO CRUZ	M	23	00:40:04	GAU BAJOUCA
26	334	NUNO H SILVA	M	25	00:40:04	INDIVIDUAL
27	219	DIOGO FERREIRA	M	32	00:40:05	C VETERANOS LIS
28	499	JOÃO SANTOS	M	23	00:40:41	UDR ZONA ALTA
29	119	NUNO ROSA	M	34	00:40:58	EAGLE & LEON
30	420	DIOGO SILVA	M	26	00:41:20	INDIVIDUAL
31	8	FREDERICO GAMAS	M	25	00:41:23	
32	301	PEDRO CAETANO	M	25	00:42:09	C BENFICA ABRANTES
33	440	JOÃO P C FERNANDES	M	27	00:42:13	THE FAT
34	89	MIGUEL FERREIRA	M	31	00:42:34	INDIVIDUAL
35	346	ANTÓNIO FERREIRA	M	34	00:42:39	CLAC ENTRONCAMENTO
36	210	JOÃO C L PINTO	M	23	00:42:40	INDIVIDUAL
37	88	RODRIGO MATOS	M	31	00:42:59	INDIVIDUAL
38	272	ANDRÉ FRANCISCO	M	26	00:43:04	SC MOITENSE
39	97	CRISTIANO GINJA	M	29	00:43:06	

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
40	365	SÉRGIO C P SALGADO	M	24	00:43:21	INDIVIDUAL
41	525	MARCO H L SANTOS	M	33	00:43:26	INDIVIDUAL
42	515	CARLOS ESTEVES	M	33	00:43:34	INDIVIDUAL
43	164	JOÃO P C M A SILVA	M	33	00:43:35	INDIVIDUAL
44	233	GONÇALO FRAZÃO	M	29	00:43:45	INDIVIDUAL
45	90	ANTONIO RUFINO	M	32	00:43:53	INDIVIDUAL
46	383	DIOGO PINTO	M	23	00:44:14	SC MOITENSE
47	236	DANIEL F H ROBALO	M	28	00:44:33	TEAM IRUN TOMAR PORTUGAL
48	107	HELDER VALADAS	M	33	00:44:39	Os Perigosos
49	339	PEDRO M C SANTOS	M	32	00:44:41	INDIVIDUAL
50	488	ANDRÉ LEANDRO	M	30	00:44:42	INDIVIDUAL
51	243	TIAGO GONÇALVES	M	24	00:44:43	INDIVIDUAL
52	538	HUGO MATOS	M	30	00:44:46	INDIVIDUAL
53	368	PEDRO N C TOMÉ	M	33	00:44:50	INDIVIDUAL
54	240	JOÃO CUNHA	M	28	00:45:21	BV BOMBARRAL
55	239	DAVID REIS	M	29	00:45:26	BV BOMBARRAL
56	147	PEDRO M MOUTINHO	M	31	00:45:41	TWINGESTEAM
57	135	JOÃO J FERNANDES	M	33	00:45:43	INDIVIDUAL
58	146	NUNO M C OLIVEIRA	M	29	00:45:50	TWINGESTEAM
59	123	JOÃO PROENÇA	M	20	00:45:53	INDIVIDUAL
60	487	RICARDO FARINHA	M	23	00:46:20	CARACOL TRAIL TEAM
61	245	FABIO PATRICIO	M	32	00:46:24	INDIVIDUAL
62	419	TIAGO SANTOS	M	24	00:46:43	INDIVIDUAL
63	37	DAVID PEREIRA	M	22	00:46:45	GD O INDEPENDENTE
64	39	CARLOS PEREIRA	M	33	00:46:48	GFD RUNNING
65	318	FELIX F GONÇALVES	M	31	00:47:06	IRUN
66	212	PEDRO LOZANO	M	23	00:47:10	INDIVIDUAL
67	526	LUIS FERNANDES	M	29	00:47:13	INDIVIDUAL
68	472	MARCO S NUNES	M	30	00:47:34	INDIVIDUAL
69	215	ANDRÉ MACHADO	M	22	00:47:43	OS MATRECOS
70	465	JOÃO F L VELEZ	M	28	00:48:01	INDIVIDUAL
71	494	RUBEN VIOLANTE	M	21	00:48:05	UDR ZONA ALTA
72	395	MÁRCIO SILVA	M	28	00:49:05	INDIVIDUAL
73	152	JOÃO P A LOBATO	M	34	00:49:13	INDIVIDUAL
74	206	ROGÉRIO D S VERAS	M	32	00:49:22	TEAM IRUN TOMAR PORTUGAL
75	484	CLAUDIO A Q ANTUNES	M	21	00:50:08	INDIVIDUAL
76	271	HÉLIO SERRA	M	33	00:50:15	SC MOITENSE
77	166	RICARDO J C SANTOS	M	34	00:50:39	INDIVIDUAL
78	284	BRUNO PEDRO	M	23	00:51:01	INDIVIDUAL

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M2034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
79	490	ANDRE D A SIMOES	M	24	00:51:07	INDIVIDUAL
80	180	LUÍS ANASTÁCIO	M	29	00:51:51	GDCT IN CASA MOEDA
81	202	MARCIO E F PINTO	M	34	00:51:51	OS LAGARTOS
82	290	RODOLFO M A SERRA	M	31	00:51:58	BUÉ SERRAS
83	512	LUIS G SANTOS	M	25	00:51:59	INDIVIDUAL
84	485	JOÃO DAMAS	M	33	00:52:08	INDIVIDUAL
85	540	ANTÓNIO P CAVALEIRO	M	24	00:52:37	GUMELO RUNNERS
86	539	JOÃO M CAVALEIRO	M	33	00:52:37	GUMELO RUNNERS
87	197	JOÃO TEIXEIRA	M	34	00:54:36	INDIVIDUAL
88	263	PEDRO MARTO	M	28	00:56:00	CA Barreira
89	75	JOAO F BOTAS	M	24	00:56:41	INDIVIDUAL
90	415	ÁLVARO A C F CARDOSO	M	31	00:58:07	INDIVIDUAL
91	76	JOAO CARRAÇO	M	31	01:01:43	INDIVIDUAL
92	469	RENATO SANTOS	M	34	01:02:31	TURBOS

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	384	VALDO NEVES	M	36	00:33:47	UFCI TOMAR
2	183	RUI P RODRIGUES	M	38	00:34:04	CDCR CTT COIMBRA
3	521	PAULO GUIMARÃES	M	36	00:34:35	ACLIS LIBERTY SEGUROS
4	399	RICARDO OLIVEIRA	M	38	00:34:55	GDR FIGUEIRAS
5	426	GABRIEL MACCHI	M	38	00:35:03	GCA DONAS
6	427	MARTIM NUNES	M	37	00:35:03	GCA DONAS
7	182	RUI M O LOPES	M	36	00:35:10	CDCR CTT COIMBRA
8	178	PAULO ALVES	M	36	00:35:36	GDCT IN CASA MOEDA
9	261	NUNO DIAS	M	35	00:35:43	CA Barreira
10	121	MARCO SOUSA	M	39	00:35:57	CN TORRES NOVAS - TRIATLO
11	254	ANTÓNIO REIS	M	39	00:36:05	CA Barreira
12	207	JOSÉ L M PACHECO	M	38	00:36:07	GD DIANA
13	116	PEDRO M P MATOS	M	35	00:36:15	INDIVIDUAL
14	184	FERNANDO CARVALHO	M	38	00:36:42	CDCR CTT COIMBRA
15	35	HUGO REIS	M	37	00:37:33	GDINE
16	77	LUIS ALEXANDRE	M	38	00:37:34	ACR SANTA CITA
17	425	LUÍS JESUS	M	39	00:37:37	GCA DONAS
18	45	PEDRO SOBRAL	M	36	00:37:38	GFD RUNNING
19	508	MARCO MELO	M	35	00:38:15	SCALABIS NIGHT RUNNERS
20	297	ANTONIO RIBEIRO	M	35	00:38:23	C BENFICA ABRANTES
21	455	OTELLO PEREIRA	M	39	00:38:33	GAU BAJOUCA
22	80	TIAGO GASPAR	M	35	00:39:03	ACR SANTA CITA
23	317	PEDRO F S VIEIRA	M	35	00:39:05	INDIVIDUAL
24	246	NUNO A PITA	M	38	00:39:13	METRO2011
25	506	EDUARDO J C BRANCO	M	35	00:39:16	INDIVIDUAL
26	118	MIGUEL GONÇALVES	M	35	00:39:46	EAGLE & LEON
27	391	RUI AGUIAR	M	39	00:39:47	GDCR ZAMBUJEIRA S CALVO
28	446	JOAQUIM QUITÉRIO	M	39	00:39:49	AC VERMOIL
29	454	PEDRO CABECINHAS	M	36	00:39:55	GAU BAJOUCA
30	226	RICARDO MONTEIRO	M	37	00:40:17	C VETERANOS LIS
31	342	JOÃO P FERREIRA	M	37	00:41:12	CLAC ENTRONCAMENTO
32	228	LUIS ALVES	M	39	00:41:15	INDIVIDUAL
33	370	NORBERTO TRIÃES	M	36	00:41:26	UFCI TOMAR
34	398	PAULO MORENO	M	36	00:42:20	GDR FIGUEIRAS
35	163	MIGUEL SOUSA	M	37	00:42:31	INDIVIDUAL
36	189	VASCO GUEDES	M	36	00:42:49	INDIVIDUAL
37	114	MARCO MORGADO	M	35	00:43:23	INDIVIDUAL
38	550	JORGE M J B ROSA	M	36	00:43:31	ANSIBAIKRS
39	507	MARCO JACINTO	M	38	00:43:52	panela magica

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
40	30	ARTUR GONÇALVES	M	38	00:44:17	OS FLECHAS
41	241	PEDRO VICENTE	M	39	00:44:20	BV BOMBARRAL
42	191	PEDRO M L FALCÃO	M	37	00:44:32	INDIVIDUAL
43	280	RUI PEREIRA	M	39	00:45:24	INDIVIDUAL
44	230	ANDRÉ MOTA	M	37	00:45:48	URD ARRANHÔ
45	223	JÚLIO LOPES	M	39	00:46:07	C VETERANOS LIS
46	497	RUI ESTANQUEIRO	M	38	00:48:07	UDR ZONA ALTA
47	495	VITOR SILVA	M	37	00:48:10	UDR ZONA ALTA
48	153	CARLOS MENDES	M	39	00:49:14	INDIVIDUAL
49	85	BRUNO CONCEIÇÃO	M	36	00:49:22	INDIVIDUAL
50	74	PAULO M PONTES	M	37	00:49:25	INDIVIDUAL
51	541	TELMO MARQUES	M	38	00:49:45	GUMELO RUNNERS
52	409	FIDEL CONDE	M	36	00:49:50	TRAIL CORNO DA CABRA
53	338	JOÃO BRITO	M	38	00:49:56	INDIVIDUAL
54	349	RICARDO DIAS	M	37	00:49:56	INDIVIDUAL
55	513	JUSTINO M R SILVA	M	37	00:50:18	INDIVIDUAL
56	330	FREDERICO COSTA	M	37	00:50:32	COSTA CAFÉS
57	323	GONÇALO BARRADAS	M	38	00:50:32	CP RTP
58	324	HÉLDER F P P M PIRES	M	37	00:51:10	INDIVIDUAL
59	19	JOÃO DAMÁZIO	M	39	00:51:15	GD O INDEPENDENTE
60	336	NUNO DOMINGOS	M	35	00:51:57	UFCI TOMAR
61	457	NUNO BRANCO	M	35	00:52:02	GAU BAJOUCA
62	408	HUGO BASÍLIO	M	36	00:53:04	INDIVIDUAL
63	179	CARLOS ANASTÁCIO	M	39	00:53:33	GDCT IN CASA MOEDA
64	214	MÁRIO LIMA	M	35	00:53:38	INDIVIDUAL
65	237	MÁRIO LIMA	M	35	00:54:50	BV BOMBARRAL
66	412	JOÃO P SANTOS	M	38	00:56:13	INDIVIDUAL
67	410	JOÃO FERREIRA	M	38	00:57:45	INDIVIDUAL
68	417	CARLOS ANDRADE	M	36	00:58:32	CORRER NA CIDADE
69	9	JOSÉ C COSTA	M	35	01:07:32	
70	450	PAULO CUNHA	M	39	01:10:02	CARACOIS DO ASFALTO

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	44	NUNO ROMÃO	M	41	00:33:21	GFD RUNNING
2	347	JOÃO C CORREIA	M	40	00:34:20	CLAC ENTRONCAMENTO
3	372	LUÍS CANCELA	M	40	00:34:50	UFCI TOMAR
4	400	PAULO SIMÃO	M	44	00:35:33	GDR FIGUEIRAS
5	302	LUIS MOTA	M	44	00:36:09	C BENFICA ABRANTES
6	187	PAULO ANTUNES	M	42	00:36:32	CDCR CTT COIMBRA
7	555	PAULO PONTES	M	43	00:36:43	GA CASAIS VENTO
8	496	JOAQUIM SANTOS	M	43	00:37:12	UDR ZONA ALTA
9	480	SERGIO SANTOS	M	43	00:37:35	GA CARANGUEJEIRA
10	348	RUI GALINHA	M	42	00:38:27	CLAC ENTRONCAMENTO
11	343	LUIS MOTA	M	41	00:38:55	CLAC ENTRONCAMENTO
12	310	RUI INÊS	M	41	00:38:58	C BENFICA ABRANTES
13	140	PEDRO ALVAREZ	M	41	00:39:43	SFUAP
14	277	CARLOS REBOLA	M	40	00:39:50	CR AMIEIRINHENSE
15	262	PAULO CRUZ	M	43	00:39:54	CA Barreira
16	62	LUIS MENDES	M	41	00:40:33	CR CRUZ PAU
17	328	CARLOS PEREIRA	M	42	00:40:36	CA RIACHENSE
18	11	JOSÉ FERNANDES	M	44	00:40:41	A 20 KM ALMEIRIM
19	373	JORGE MAURICIO	M	40	00:40:46	UFCI TOMAR
20	545	DAVID NETO LOPES	M	43	00:41:08	INDIVIDUAL
21	534	RUI SIMÕES	M	44	00:41:09	CLAC ENTRONCAMENTO
22	337	PAULO GAIAO	M	42	00:41:39	CP ALCANENA
23	56	AUGUSTO PINTO	M	40	00:41:40	CR CRUZ PAU
24	96	FRANCISCO CONFRARIA	M	42	00:41:45	ACR SANTA CITA
25	120	RUI MOREIRA	M	43	00:41:59	EAGLE & LEON
26	229	FILIPE BRANCO	M	44	00:42:01	URD ARRANHÔ
27	498	JORGE FORMIGA	M	41	00:42:13	UDR ZONA ALTA
28	256	DANIEL LOURENÇO	M	40	00:42:18	CA Barreira
29	385	JOÃO CALÇADA	M	43	00:42:21	GDCR ZAMBUJEIRA S CALVO
30	162	PAULO MARTINS	M	42	00:42:44	INDIVIDUAL
31	84	ALEXANDRE FERREIRA	M	40	00:42:47	NS LOURINHA
32	181	AMILCAR COSTA	M	44	00:43:33	INDIVIDUAL
33	381	GIL C M TEIXEIRA	M	42	00:44:00	INDIVIDUAL
34	167	FERNANDO MOUTINHO	M	43	00:44:43	OS MAIS CANSADOS
35	61	PAULO FERRO	M	41	00:44:55	CR CRUZ PAU
36	524	FILIPE BATISTA	M	42	00:45:29	INDIVIDUAL
37	305	MANUEL SILVA	M	40	00:45:33	C BENFICA ABRANTES
38	20	JOSÉ FERNANDES	M	41	00:45:42	GD O INDEPENDENTE
39	7	HELDER BATISTA	M	43	00:45:47	

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26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
40	552	LUIS LOPES	M	43	00:45:55	INDIVIDUAL
41	537	PASCOAL MOLEIRO	M	40	00:46:02	INDIVIDUAL
42	274	ACURCIO MARIA	M	42	00:46:17	SC MOITENSE
43	21	EDUARDO RODRIGUES	M	44	00:46:17	GD O INDEPENDENTE
44	5	IVO DINIS	M	44	00:46:35	
45	527	OCTAVIO MARIANO	M	43	00:46:46	CCRD BURINHOSA
46	122	SÉRGIO MENDES	M	42	00:47:46	INDIVIDUAL
47	325	PEDRO A M P OLIVEIRA	M	40	00:48:25	INDIVIDUAL
48	529	TELMO PEDROSO	M	40	00:48:25	CCRD BURINHOSA
49	22	VENANCIO BRANCO	M	43	00:48:34	GD O INDEPENDENTE
50	517	VÍTOR M S SERRAS	M	44	00:49:05	INDIVIDUAL
51	364	NELSON VALENTE	M	43	00:49:19	GD AGUIAS MOITA
52	363	JAIME MESTRE	M	43	00:49:20	GD AGUIAS MOITA
53	68	ANTÓNIO GUEDES	M	43	00:49:52	AÇOREANA SEGUROS
54	269	PEDRO CAPELAS	M	44	00:50:02	SC MOITENSE
55	483	VITOR SILVA DINIS	M	43	00:50:02	INDIVIDUAL
56	281	AVELINO FERNANDES	M	41	00:50:37	INDIVIDUAL
57	411	PEDRO LOPES	M	42	00:50:48	INDIVIDUAL
58	4	NUNO BARREIRO	M	40	00:50:50	
59	105	VÍTOR M P GONÇALVES	M	44	00:51:07	4 ao Km
60	432	MANUEL M M FONTINHA	M	43	00:51:42	INDIVIDUAL
61	128	PAULO MEDEIROS	M	44	00:52:33	INDIVIDUAL
62	209	JÓÃO P C V ALCOBIA	M	43	00:58:29	INDIVIDUAL
63	208	ANTÓNIO M M JOAQUIM	M	44	00:58:31	INDIVIDUAL
64	449	MARCO SILVA	M	43	01:00:19	CARACOIS DO ASFALTO
65	332	ROGÉRIO LAVOS	M	41	01:03:44	INDIVIDUAL

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	519	RUI BALTAZAR	M	48	00:34:15	ACLIS LIBERTY SEGUROS
2	141	FERNANDO ALVES	M	47	00:34:19	AA MAFRA
3	41	JOÃO ANDRADE	M	47	00:36:07	GFD RUNNING
4	13	PAULO FERNANDES	M	48	00:36:19	CCD O ALVITEJO
5	308	JOSÉ DURÃO	M	49	00:36:20	C BENFICA ABRANTES
6	479	LUIS GUARDA	M	49	00:37:20	GA CARANGUEJEIRA
7	185	PAULO A PEREIRA	M	46	00:38:06	CDCR CTT COIMBRA
8	475	DIAMANTINO LOPES	M	45	00:38:09	GA CARANGUEJEIRA
9	329	JOSE MORGADO	M	46	00:38:49	CA RIACHENSE
10	315	MANUEL ALEXANDRE	M	48	00:38:51	INDIVIDUAL
11	211	NUNO NEVES - BONIEK	M	45	00:39:05	CARACOL TRAIL TEAM
12	510	JOSÉ M SILVA	M	46	00:39:26	UFCI TOMAR
13	474	ANTONIO LEAL	M	47	00:39:43	GA CARANGUEJEIRA
14	79	ANTONIO LOPES	M	47	00:39:45	ACR SANTA CITA
15	377	JORGE LERCAS	M	49	00:39:58	UFCI TOMAR
16	544	ANTÓNIO TIBURCIO	M	49	00:40:36	INDIVIDUAL
17	81	ANDRE PENA	M	47	00:40:47	ACR SANTA CITA
18	460	JORGE SILVA	M	47	00:41:06	GAU BAJOUCA
19	117	BERNARDINO CLEMENTE	M	49	00:41:16	UDR ZONA ALTA
20	335	JOÃO ROQUE	M	48	00:41:19	UFCI TOMAR
21	115	ANTÓNIO FRADE	M	46	00:41:24	INDIVIDUAL
22	160	LUIS GAVAZZI	M	49	00:41:31	EQUIPA DUPLA PORTELA
23	306	LUIS EMIDIO	M	45	00:41:38	C BENFICA ABRANTES
24	69	FRANCISCO CALÇADA	M	49	00:43:00	AÇOREANA SEGUROS
25	231	JOAQUIM ALEXANDRE	M	48	00:43:01	URD ARRANHÒ
26	375	CARLOS SANTOS	M	47	00:43:02	UFCI TOMAR
27	34	NUNO ROMÃO	M	46	00:43:19	GDINE
28	354	HELDER MARQUES	M	48	00:43:22	SR CAMARNAL
29	356	JOSÉ FERNANDES	M	45	00:44:02	INDIVIDUAL
30	176	RENATO P F MARQUES	M	45	00:44:08	INDIVIDUAL
31	355	LUIS AMARAL	M	48	00:44:24	INDIVIDUAL
32	16	ANTONIO RAMOS	M	46	00:44:43	INDIVIDUAL
33	126	CARLOS DIAS	M	48	00:45:11	INDIVIDUAL
34	441	ANTONIO SANTOS	M	45	00:45:14	AC VERMOIL
35	12	VASCO LOURENÇO	M	45	00:45:22	CCD O ALVITEJO
36	92	VITOR M M LOURENÇO	M	47	00:45:35	INDIVIDUAL
37	313	FILIFE J J NEVES	M	45	00:46:17	INDIVIDUAL
38	33	MIGUEL PEREIRA BASTOS	M	48	00:46:47	GDINE
39	50	HENRIQUE NARCISO	M	49	00:46:59	INDIVIDUAL

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
40	234	MÁRIO O G RIBEIRO	M	48	00:47:02	INDIVIDUAL
41	378	JOSÉ FONSECA	M	49	00:47:22	UFCI TOMAR
42	232	JOÃO ALVES	M	46	00:47:27	URD ARRANHÒ
43	130	HIPÓLITO M S FERREIRA	M	49	00:47:29	INDIVIDUAL
44	393	PEDRO BICO	M	45	00:47:35	INDIVIDUAL
45	350	ALEXANDRE V MANIÉS	M	49	00:47:42	INDIVIDUAL
46	422	ALBERTO TADEIA	M	45	00:47:59	GCA DONAS
47	129	VALTER TEIXEIRA	M	45	00:48:13	INDIVIDUAL
48	247	RAFAEL V SANTOS	M	47	00:48:17	METRO2011
49	48	LUIS NOGUEIRA	M	48	00:49:04	AMINHACORRIDA.COM
50	49	JAIME FIGEIREDO	M	47	00:49:43	AMINHACORRIDA.COM
51	376	PAULO SALDANHA	M	48	00:50:45	UFCI TOMAR
52	351	MARIO MIRA	M	47	00:50:46	INDIVIDUAL
53	200	LUCAS M B AMARO	M	46	00:51:49	OS LAGARTOS
54	201	JOSE C S B ALVES	M	47	00:51:52	OS LAGARTOS
55	108	BENTO VALENTE	M	49	00:52:01	Os Perigosos
56	127	ANTÓNIO CORDA	M	46	00:52:32	INDIVIDUAL
57	244	JORGE MORGADO	M	49	00:53:32	INDIVIDUAL
58	204	JOSE A RODRIGUES	M	49	00:54:55	OS LAGARTOS
59	264	RUI ROBERTO	M	45	00:59:17	CA Barreira
60	203	JOAO C C FERNANDES	M	48	00:59:46	OS LAGARTOS
61	65	JOSE PRAZERES	M	46	01:04:28	CR CRUZ PAU

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	38	EUGENIO NETO	M	51	00:33:29	GFD RUNNING
2	518	JOÃO CARDOSO	M	52	00:35:31	ACLIS LIBERTY SEGUROS
3	453	JOSE BORGES	M	53	00:35:50	INDIVIDUAL
4	402	JOSÉ RAIMUNDO	M	51	00:35:51	GDR FIGUEIRAS
5	322	ANTÓNIO DIAS	M	54	00:37:42	CP RTP
6	131	JOSE F SILVA	M	52	00:38:38	PATO BRAVO
7	46	VICTOR CARVALHO	M	52	00:38:53	GFD RUNNING
8	258	JOÃO VALENTIM	M	54	00:39:05	CA Barreira
9	265	VITOR RIBEIRO	M	53	00:39:17	CA Barreira
10	546	JOAO RODRIGUES	M	54	00:39:59	UF DEGOLADOS
11	424	FRANCISCO MADEIRA	M	52	00:40:00	GCA DONAS
12	387	EURICO AGOSTINHO	M	53	00:40:49	GDCR ZAMBUJEIRA S CALVO
13	456	FILIFE CARVALHEIRO	M	50	00:40:58	GAU BAJOUCA
14	23	EURICO PEREIRA	M	54	00:41:03	GD O INDEPENDENTE
15	421	JOSE CARLOS MELO	M	51	00:41:15	RUN 4 FUN
16	273	VIRGILIO OLIVEIRA	M	50	00:41:35	SC MOITENSE
17	316	ANTERO M JERÓNIMO	M	51	00:41:39	Falcões Selvagens
18	344	JOSÉ GARRAFÃO	M	52	00:41:44	CLAC ENTRONCAMENTO
19	463	SÉRGIO MARCELINO	M	50	00:42:08	GAU BAJOUCA
20	464	JOAO CALÇADA	M	50	00:42:21	GDCR ZAMBUJEIRA S CALVO
21	113	LUIS MARTINS	M	50	00:42:32	Os Pinheiros
22	151	JOSÉ L DUARTE	M	53	00:44:03	INDIVIDUAL
23	216	JOÃO MACHADO	M	52	00:44:03	OS MATRECOS
24	511	LEONEL A R CAMPOS	M	50	00:44:09	INDIVIDUAL
25	217	PAULO MESTRE	M	50	00:44:12	OS MATRECOS
26	172	CARLOS COELHO	M	53	00:44:16	GA Monsanto Gascan
27	462	ANTÓNIO FERNANDES	M	53	00:44:16	GAU BAJOUCA
28	307	ANTONIO COSTA	M	50	00:44:22	C BENFICA ABRANTES
29	138	ANTONIO MENDES	M	52	00:44:48	INDIVIDUAL
30	357	PAULO FONSECA	M	50	00:44:59	INDIVIDUAL
31	535	CARLOS DUARTE	M	50	00:45:07	CLAC ENTRONCAMENTO
32	386	ANTONIO CLARA	M	52	00:45:10	GDCR ZAMBUJEIRA S CALVO
33	14	HORÁCIO RUIVO	M	53	00:45:20	CCD O ALVITEJO
34	445	EUGENIO MENDES	M	52	00:45:56	AC VERMOIL
35	466	FERNANDO MOURA	M	52	00:46:37	INDIVIDUAL
36	528	RUI VENTURA	M	53	00:46:41	CCRD BURINHOSA
37	109	ALCIDES NUNES	M	54	00:47:36	Os Perigosos
38	169	JOAQUIM LIMA	M	50	00:47:53	INDIVIDUAL
39	362	CARLOS SECO	M	53	00:49:20	GD AGUIAS MOITA

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
40	543	ANTÓNIO MARTINS	M	54	00:49:48	INDIVIDUAL
41	252	JOSÉ MOÇO	M	50	00:49:55	VETERANOS CONDEIXA
42	198	ARLINDO MADURO	M	50	00:50:00	INDIVIDUAL
43	238	JÚLIO PATRÍCIO	M	51	00:50:06	BV BOMBARRAL
44	481	JOSÉ E M MARIQUITOS	M	52	00:51:29	LIGA REG MELHORAMENTOS ORTIGA
45	403	FERNANDO SANTOS	M	54	00:51:30	GDR FIGUEIRAS
46	111	JOSE VENTURA	M	54	00:52:29	INDIVIDUAL
47	467	JOSÉ A SANTOS	M	50	00:52:54	CR AMIEIRINHENSE
48	142	LUÍS SIMÕES	M	53	00:53:24	RUNAVEIRO
49	148	ROMÃO VALENTE	M	51	00:53:44	INDIVIDUAL
50	101	JOÃO P S LIMA	M	54	00:54:03	4 ao Km
51	124	JOSÉ BAIXINHO	M	54	00:54:21	SANTIAGO FC
52	367	JOÃO P C G DUQUE	M	50	00:56:09	INDIVIDUAL
53	320	ANÍBAL GODINHO	M	50	00:56:48	INDIVIDUAL
54	174	LUÍS ANTUNES	M	52	00:58:23	GA Monsanto Gascan
55	251	ILIDIO CORDEIRO	M	51	00:59:08	VETERANOS CONDEIXA
56	542	RUI APOLINÁRIO	M	51	01:01:41	GUMELO RUNNERS
57	438	ANTONIO PEREIRA	M	50	01:01:41	O MUNDO DA CORRIDA
58	532	JOSE SOARES	M	51	01:05:27	CCRD BURINHOSA

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	112	JOAQUIM ANTUNES	M	55	00:36:52	INDIVIDUAL
2	242	SÉRGIO MACATRÃO	M	57	00:38:17	BV BOMBARRAL
3	278	JOAQUIM MORAIS	M	55	00:38:23	CR AMIEIRINHENSE
4	434	CARLOS DURO	M	56	00:38:47	ADR AGUAS BELAS
5	58	AGOSTINHO GONÇALVES	M	55	00:38:59	CR CRUZ PAU
6	59	JOAQUIM GUERREIRO	M	57	00:40:03	CR CRUZ PAU
7	309	JOAQUIM FIGUEIREDO	M	56	00:40:57	C BENFICA ABRANTES
8	486	JOÃO FARINHA	M	55	00:41:36	CARACOL TRAIL TEAM
9	15	JOÃO JACINTO	M	57	00:41:44	CCD O ALVITEJO
10	423	FRANCISCO FARIAS	M	56	00:42:24	GCA DONAS
11	250	JOAQUIM PESSOA	M	56	00:43:09	VETERANOS CONDEIXA
12	404	MÁRIO DUARTE	M	56	00:44:09	GDR FIGUEIRAS
13	406	LEONEL RODRIGUES	M	59	00:44:11	GDR FIGUEIRAS
14	192	ANTÓNIO MATIAS	M	56	00:44:15	INDIVIDUAL
15	110	CARLOS SOUSA	M	56	00:44:27	Os Perigosos
16	227	VITOR ANTUNES	M	58	00:44:31	C VETERANOS LIS
17	149	LUCIO L D MENDES	M	56	00:44:35	INDIVIDUAL
18	389	VALENTIM FERNANDES	M	58	00:44:45	GDCR ZAMBUJEIRA S CALVO
19	444	ALFREDO SANTOS	M	58	00:44:46	AC VERMOIL
20	523	ÁLVARO COELHO	M	56	00:45:03	ACLIS LIBERTY SEGUROS
21	482	JOSÉ FIDELIO	M	59	00:46:00	CLAC ENTRONCAMENTO
22	358	ANTÓNIO MAJOR	M	56	00:46:52	CALMA
23	57	JOAQUIM DELGADO	M	55	00:47:04	CR CRUZ PAU
24	405	DIAMANTINO CRUZ	M	56	00:47:07	GDR FIGUEIRAS
25	218	AMÉRICO SANTOS	M	59	00:47:11	C VETERANOS LIS
26	24	CONSTANCIO MARTINS	M	57	00:47:17	GD O INDEPENDENTE
27	461	RAMIRO RODRIGUES	M	56	00:47:43	GAU BAJOUCA
28	220	JACINTO FERREIRA	M	57	00:48:53	C VETERANOS LIS
29	270	ISIDRO SERRA	M	58	00:50:15	SC MOITENSE
30	352	ANTONIO SEROMENHO	M	55	00:50:51	INDIVIDUAL
31	95	HUMBERTO SILVA	M	56	00:50:57	
32	158	HENRIQUE VILHENA	M	57	00:51:21	INDIVIDUAL
33	175	VITOR RODRIGUES	M	59	00:52:00	GA Monsanto Gascan
34	133	MANUEL P G BRITO	M	58	00:52:59	INDIVIDUAL
35	319	ORLANDO DUARTE	M	56	00:53:33	INDIVIDUAL
36	379	VÍTOR MARTO	M	56	00:53:57	UFCI TOMAR
37	173	FRANCISCO PINHEIRO	M	59	00:54:13	GA Monsanto Gascan
38	468	JOSÉ A S PEREIRA	M	57	00:55:06	INDIVIDUAL
39	259	JORGE AGOSTINHO	M	55	00:57:02	CA Barreira

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)**26 GP PASCOA CONSTANCIA - 19/04/2014**

Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
40	144	JOAQUIM FONSECA	M	58	00:58:25	OS SUPER
41	171	ANTÓNIO REYES	M	59	00:59:34	GA Monsanto Gascan
42	489	ANTÓNIO MOURA	M	57	01:00:08	CA VALE FIGUEIRA
43	283	FERNANDO ROCHA	M	56	01:02:39	INDIVIDUAL
44	285	ALBANO GINJA	M	58	01:02:50	C SARGENTO ARMADA
45	359	ARTUR DINIS	M	56	01:04:40	ALGYMNS

LISTAGEM EXTRA OFICIAL (APENAS PARA CONFERÊNCIA DE TEMPO)

26 GP PASCOA CONSTANCIA - 19/04/2014

Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	279	JOAO PROSPERO	M	61	00:41:34	CR AMIEIRINHENSE
2	222	JOSÉ GABRIEL	M	63	00:42:16	C VETERANOS LIS
3	435	MANUEL GOMES	M	60	00:42:54	ADR AGUAS BELAS
4	388	LUCAS DELGADO	M	61	00:43:55	GD CR ZAMBUJEIRA S CALVO
5	53	JOSÉ MONTEIRO	M	65	00:44:52	CR CRUZ PAU
6	268	JOSÉ SAPO	M	64	00:45:28	SC MOITENSE
7	26	HENRIQUE LINARES	M	60	00:45:40	GD O INDEPENDENTE
8	248	CARLOS RANGEL	M	61	00:45:57	INDIVIDUAL
9	25	MARCELINO FALÉ	M	60	00:46:01	GD O INDEPENDENTE
10	471	MANUEL CRUZ	M	60	00:46:47	INDIVIDUAL
11	266	ANTÓNIO PRIMOR	M	71	00:47:45	SC MOITENSE
12	275	RAUL NEVES	M	61	00:48:32	SC MOITENSE
13	407	JOSE GUIA	M	65	00:48:47	SS CGD
14	54	ARMANDO FERNANDES	M	65	00:48:53	CR CRUZ PAU
15	36	GILBERTO GONÇALVES	M	65	00:50:02	CAA BELEM
16	60	FRANCISCO FERRO	M	65	00:51:24	CR CRUZ PAU
17	136	JOSÉ MARINHO	M	70	00:51:33	INDIVIDUAL
18	291	JOSÉ M SERRA	M	60	00:51:36	BUÉ SERRAS
19	413	MANUEL SEQUEIRA	M	63	00:52:01	GDCT REPSOL
20	221	JOSÉ CORDEIRO	M	60	00:52:24	C VETERANOS LIS
21	52	JOSÉ GONÇALVES	M	72	00:53:29	CR CRUZ PAU
22	299	HELIO GODINHO	M	63	00:54:09	C BENFICA ABRANTES
23	155	JOSÉ LAMEGO	M	62	00:54:59	INDIVIDUAL
24	27	ANTÓNIO CORREIA	M	63	00:55:31	GD O INDEPENDENTE
25	170	GABRIEL M CRUZ	M	71	00:56:32	INDIVIDUAL
26	165	VÍTOR M M FERNANDES	M	63	00:56:42	CALMA
27	156	EDMUNDO CARDEIRA	M	66	00:57:09	INDIVIDUAL
28	303	CARLOS ALFAIATE	M	61	00:58:56	C BENFICA ABRANTES
29	51	RICARDO GASPAR	M	61	01:00:42	CR CRUZ PAU
30	286	ANTÓNIO NUNES	M	74	01:02:50	C SARGENTO ARMADA
31	29	ANTONIO PINHO	M	61	01:03:38	OS FLECHAS
32	439	LÉNIO F N MARINHO	M	60	01:03:45	JOBRINDE MONTES SALOIOS
33	235	JOSÉ FIGUEIREDO	M	77	01:06:02	O MUNDO DA CORRIDA