Trail da Filigrana 2018
Gondomar, PT
14-January-2018

TRAIL LONGO - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	3.8ºC	100%
End	13:30	3.8ºC	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	54	Diogo Fernandes	dr. merino / 4moove	Senior Masculino	02:02:59		04:55
2	15	Fábio Jorge Brízido Pinto	a.d.amarante trail running	Senior Masculino	02:05:32	+02:32	05:01
3	18	Paulo Costa	a.d.amarante trail running	Senior Masculino	02:05:32	+02:33	05:01
4	21	Vitor Costa	a.d.amarante trail running	Veterano M40	02:05:32	+02:33	05:01
5	50	Tiago Pinto	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	02:07:32	+04:33	05:06
6	189	Pedro Santos	oralklass-amigos do trail	Veterano M40	02:07:33	+04:33	05:06
7	19	Joel Silva	a.d.amarante trail running	Sub 23 Masculino	02:10:03	+07:03	05:12
8	52	Rui Gomes	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	02:10:16	+07:16	05:13
9	51	Hélder Rocha	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	02:11:01	+08:01	05:14
10	31	Pedro Rocha	centro ciclista de gondomar	Senior Masculino	02:11:12	+08:12	05:15
11	85	Hélio Dias	individual	Senior Masculino	02:12:38	+09:38	05:18
12	107	Fernando Taborda (Paraquedista)	oralklass-amigos do trail	Veterano M40	02:13:57	+10:58	05:22
13	23	Rui Araújo	águias de alvelos	Sub 23 Masculino	02:14:10	+11:11	05:22
14	114	Manuel Barbosa	individual	Veterano M40	02:14:34	+11:35	05:23
15	188	Miguel Neves	oralklass-amigos do trail	Senior Masculino	02:16:03	+13:03	05:27
16	34	Fernando Figueiredo	centro ciclista de gondomar	Veterano M45	02:17:34	+14:35	05:30
17	36	Fernando Neves	centro ciclista de gondomar	Veterano M50	02:19:00	+16:00	05:34
18	187	António José dos Santos Pinto	oralklass-amigos do trail	Senior Masculino	02:19:31	+16:32	05:35
19	64	Joaquim Freitas	gdr retorta	Veterano M40	02:19:36	+16:37	05:35
20	173	Alfredo Moreira	moinhos run-adrm	Veterano M45	02:21:20	+18:21	05:39
21	125	António jesus	individual	Veterano M45	02:21:43	+18:43	05:40
22	178	David Sousa	mss contabilidade trail team	Senior Masculino	02:21:50	+18:50	05:40
23	110	Joao miguel martins da silva	individual	Veterano M40	02:22:09	+19:09	05:41
24	153	Eurico Emanuel Miranda Ferreira Moura	kemedo team	Senior Masculino	02:22:34	+19:35	05:42
25	79	Artur Pereira	individual	Senior Masculino	02:23:09	+20:10	05:44
26	172	Tiago Soares	moinhos run-adrm	Senior Masculino	02:24:36	+21:36	05:47
27	154	Flávio Oliveira	kemedo team	Senior Masculino	02:25:07	+22:07	05:48
28	37	Vitor Sousa	centro ciclista de gondomar	Veterano M50	02:26:26	+23:26	05:51
29	13	Paula Soares	a.d.amarante trail running	Senior Feminino	02:26:59	+23:59	05:53
30	93	PEDRO TORRES	individual	Senior Masculino	02:27:14	+24:14	05:53
31	126	Duarte Barbosa	individual	Veterano M45	02:27:46	+24:46	05:55
32	49	José Fortuna	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	02:28:39	+25:39	05:57
33	88	Joel Pinto	individual	Senior Masculino	02:29:05	+26:05	05:58
34	192	António Borges	porto sentido runners	Veterano M40	02:29:10	+26:10	05:58
35	32	Valter Gouveia	centro ciclista de gondomar	Senior Masculino	02:29:27	+26:27	05:59
36	151	Ernesto Marques Alves	juventude cortegacense	Veterano M45	02:29:28	+26:28	05:59
37	90	Nuno Guimarães	individual	Senior Masculino	02:30:50	+27:50	06:02
38	184	Paulo Colaço	nocturnos de paredes	Veterano M40	02:31:04	+28:04	06:03

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
39	136	António Rocha	individual	Veterano M60	02:31:06	+28:06	06:03
40	92	Pedro	individual	Senior Masculino	02:31:27	+28:27	06:03
41	53	Cláudio Monteiro	douroconta - gabinete de apoio e contabilidade, lda	Veterano M45	02:32:12	+29:12	06:05
42	41	Joaquim Madureira	clube zupper	Veterano M40	02:32:39	+29:39	06:06
43	39	Paulo Silva	clube zupper	Senior Masculino	02:32:40	+29:40	06:06
44	156	Fernando Gomes	kemedo team	Veterano M45	02:33:22	+30:22	06:08
45	175	Pedro Vieira	mountain runners	Senior Masculino	02:34:09	+31:09	06:10
46	182	Manuel Póvoas	mss contabilidade trail team	Veterano M55	02:34:48	+31:48	06:12
47	75	Rui Pedro Reis	hospitalsantamariart	Senior Masculino	02:35:20	+32:20	06:13
48	129	Paulo Neta	clube zupper	Veterano M45	02:35:20	+32:20	06:13
49	61	João Moreira	g. d. ronda	Veterano M40	02:35:20	+32:20	06:13
50	89	Marco Aurélio Gonçalves Marques	individual	Senior Masculino	02:35:48	+32:48	06:14
51	183	Bruno Moreira	nocturnos de paredes	Senior Masculino	02:37:19	+34:19	06:18
52	149	Joao Oliveira	juventude cortegacense	Veterano M40	02:37:22	+34:22	06:18
53	142	Joaquim Mota	joaquim	Senior Masculino	02:37:24	+34:24	06:18
54	159	Jorge Domingues	lebres minhotas	Veterano M40	02:38:27	+35:27	06:20
55	176	Joaquim Teixeira	mountain runners	Veterano M40	02:38:47	+35:47	06:21
56	161	Miguel Alves	leões de tardariz trail	Senior Masculino	02:38:54	+35:54	06:21
57	67	Filipe Ramos	gondomar futsal clube	Veterano M40	02:39:15	+36:15	06:22
58	94	Ricardo Sousa	individual	Senior Masculino	02:40:01	+37:01	06:24
59	56	Vitor Fonseca	éjáli...clube de amigos trailrunners	Senior Masculino	02:40:06	+37:06	06:24
60	199	João Cardoso	ss montepio	Veterano M40	02:41:03	+38:03	06:27
61	58	João Araújo	ermentão	Senior Masculino	02:41:18	+38:18	06:27
62	170	António Pinto	mocidade sangemil ac	Senior Masculino	02:41:32	+38:33	06:28
63	206	Miguel Martins	centro ciclista de gondomar	Veterano M40	02:41:49	+38:49	06:28
64	169	Marco Silva	média 10 team	Senior Masculino	02:42:27	+39:27	06:30
65	166	Luis Fontão Antunes	cerveira team running	Senior Masculino	02:42:36	+39:36	06:30
66	62	Bruno Monteiro	gaia vartical	Senior Masculino	02:42:51	+39:52	06:31
67	27	Lúcia Lourenço	avf team	Senior Feminino	02:42:54	+39:54	06:31
68	117	Nelson Castro	individual	Veterano M40	02:42:56	+39:56	06:31
69	146	Lúcia Campos Costa	juventude cortegacense	Veterana F40	02:43:14	+40:14	06:32
70	80	Bruno Bertão	individual	Senior Masculino	02:43:15	+40:15	06:32
71	106	Carlos Miranda	individual	Veterano M40	02:43:21	+40:21	06:32
72	208	Delfim Nunes	individual	Veterano M40	02:43:31	+40:31	06:32
73	48	Diogo Silva	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	02:43:41	+40:41	06:33
74	113	José Pedro Conde Pinto da Silva	individual	Veterano M40	02:43:41	+40:41	06:33
75	124	Américo santos	individual	Veterano M45	02:43:47	+40:47	06:33
76	66	Manuel Silva	gondomar futsal clube	Senior Masculino	02:44:27	+41:27	06:35
77	16	José Barros	a.d.amarante trail running	Senior Masculino	02:44:47	+41:47	06:36
78	71	Paulo Gama	gondomar futsal clube	Veterano M50	02:45:43	+42:43	06:38
79	141	Joao Carolo	clube zupper	Senior Masculino	02:46:06	+43:07	06:39
80	164	Vítor Santos	leões de tardariz trail	Veterano M45	02:46:45	+43:46	06:40
81	38	André cavadas	clube zupper	Senior Masculino	02:47:20	+44:20	06:42

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
82	116	Miguel Ângelo Gomes	individual	Veterano M40	02:48:57	+45:57	06:46
83	57	Carlos Azevedo	éjáli...clube de amigos trailrunners	Veterano M40	02:49:07	+46:08	06:46
84	74	Fábio Santos	hospitalsantamariart	Senior Masculino	02:51:00	+48:00	06:50
85	95	Ruben Miguel Guimaraes Cunha	individual	Senior Masculino	02:51:15	+48:15	06:51
86	196	Fernando Jorge	runriver	Veterano M40	02:51:26	+48:26	06:51
87	63	Jorge Beliago	gansos	Sub 23 Masculino	02:51:58	+48:58	06:53
88	210	Alexandra Fernandes	individual	Veterana F50	02:51:59	+48:59	06:53
89	193	TANIA BATEIRA	portocargo	Senior Feminino	02:51:59	+49:00	06:53
90	198	Simão Sousa	simão	Senior Masculino	02:52:26	+49:26	06:54
91	158	António Martins	lebres minhotas	Senior Masculino	02:52:35	+49:35	06:54
92	203	Jorge Nunes	xtrail running forum	Veterano M40	02:52:45	+49:45	06:55
93	128	Joaquim Seabra	individual	Veterano M45	02:52:57	+49:57	06:55
94	43	Emanuel Almeida	comdor runners	Senior Masculino	02:53:26	+50:26	06:56
95	197	Miguel santos	simão	Senior Masculino	02:53:30	+50:30	06:56
96	73	Jorge Borges	gtt - armazém do caffe	Senior Masculino	02:54:54	+51:54	07:00
97	209	Joel Sequeira	juventude cortegacense	Senior Masculino	02:56:58	+53:58	07:05
98	179	Carlos Duarte	mss contabilidade trail team	Veterano M40	02:57:25	+54:25	07:06
99	157	Agostinho Sousa	kunalama runners	Veterano M60	02:57:25	+54:25	07:06
100	81	Bruno Ferreira	individual	Senior Masculino	02:57:53	+54:53	07:07
101	181	Francisco Silva	mss contabilidade trail team	Veterano M45	02:59:01	+56:01	07:10
102	137	Carlos Correia	individual	Veterano M60	02:59:03	+56:03	07:10
103	42	Daniel Pinto	comdor runners	Senior Masculino	02:59:07	+56:07	07:10
104	46	Luis Torres	comdor runners	Veterano M45	02:59:07	+56:07	07:10
105	108	francisco moreira	individual	Veterano M40	02:59:20	+56:20	07:10
106	162	Luís Ribeiro	leões de tardariz trail	Veterano M40	03:00:08	+57:08	07:12
107	140	Manuel Faria Sampaio	individual	Veterano M60	03:00:57	+57:57	07:14
108	72	José Mendes	gondomar futsal clube	Veterano M55	03:02:37	+59:37	07:18
109	148	Helder Rocha	juventude cortegacense	Veterano M40	03:04:07	+01:01:07	07:22
110	168	Mário Manuel da Mota Leite	mário manuel	Veterano M40	03:04:10	+01:01:10	07:22
111	33	Patrik Marques	centro ciclista de gondomar	Veterano M40	03:04:21	+01:01:21	07:22
112	163	Pedro Ferreira	leões de tardariz trail	Veterano M40	03:04:41	+01:01:41	07:23
113	174	Antonio Silva	mountain runners	Senior Masculino	03:05:05	+01:02:05	07:24
114	68	Pedro Matos	gondomar futsal clube	Veterano M40	03:05:50	+01:02:50	07:26
115	65	Mafalda Luís	gondomar futsal clube	Senior Feminino	03:05:51	+01:02:51	07:26
116	55	Pedro Gomes	éjáli...clube de amigos trailrunners	Senior Masculino	03:06:07	+01:03:07	07:27
117	155	Gerson Alves	kemedo team	Senior Masculino	03:07:04	+01:04:04	07:29
118	28	Sofia Coelho	aztrail	Veterana F40	03:07:49	+01:04:49	07:31
119	96	Rui Dias	individual	Senior Masculino	03:08:06	+01:05:06	07:31
120	98	Vitor Teixeira	individual	Senior Masculino	03:08:07	+01:05:07	07:31
121	171	SILVIO FERREIRA	mocidade sangemil ac	Veterano M40	03:08:10	+01:05:10	07:32
122	69	Rui Teixeira	gondomar futsal clube	Veterano M40	03:09:14	+01:06:14	07:34
123	111	Jose Antonio Oliveira Ribeiro da Silva	individual	Veterano M40	03:09:31	+01:06:31	07:35
124	97	Tomé pinto	individual	Senior Masculino	03:12:20	+01:09:20	07:42
125	204	Miguel Leal	yogurtnest	Veterano M45	03:12:20	+01:09:20	07:42
126	103	Palmira Gouveia	individual	Veterana F45	03:13:16	+01:10:16	07:44

TRAIL LONGO - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
127	131	Ricardo Silva	individual	Veterano M45	03:13:40	+01:10:40	07:45
128	22	Nuno Castro	a.d.amarante trail running	Veterano M45	03:14:05	+01:11:06	07:46
129	17	Marco Nunes	a.d.amarante trail running	Senior Masculino	03:14:06	+01:11:06	07:46
130	180	José Carlos Cardoso	mss contabilidade trail team	Veterano M40	03:14:12	+01:11:13	07:46
131	205	António Miranda	yogurtnest	Veterano M50	03:14:46	+01:11:46	07:47
132	24	Patrícia Conceição	amigos 100 limites	Senior Feminino	03:15:01	+01:12:01	07:48
133	29	José Carlos Ricardo	boavista f. c.	Veterano M45	03:15:09	+01:12:10	07:48
134	76	Gisela Costa	individual	Senior Feminino	03:15:55	+01:12:55	07:50
135	120	Pedro Santos	individual	Veterano M40	03:16:16	+01:13:16	07:51
136	83	Filipe Truta	individual	Senior Masculino	03:16:18	+01:13:18	07:51
137	133	Artur Silva	individual	Veterano M50	03:16:35	+01:13:35	07:52
138	77	Solange Sousa	individual	Senior Feminino	03:16:36	+01:13:36	07:52
139	152	Fernando camboa	juventude cortegacense	Veterano M55	03:18:21	+01:15:21	07:56
140	20	Paulo Alves	a.d.amarante trail running	Veterano M40	03:18:50	+01:15:50	07:57
141	70	Fernando Ferreira	gondomar futsal clube	Veterano M50	03:19:47	+01:16:47	08:00
142	7	César Rocha	#correratenumdarmais	Veterano M45	03:20:08	+01:17:09	08:00
143	6	Isabel Dias	#correratenumdarmais	Veterana F40	03:20:09	+01:17:09	08:00
144	112	José Filipe Teixeira Cruz	individual	Veterano M40	03:20:56	+01:17:56	08:02
145	150	Marcia Castro Costa	juventude cortegacense	Veterano M40	03:21:10	+01:18:10	08:03
146	144	Joana Rodrigues de Sousa	jrsousa team	Senior Feminino	03:23:12	+01:20:12	08:08
147	101	Paula Gualter	zupper	Veterana F40	03:24:25	+01:21:25	08:11
148	115	Manuel Guedes	individual	Veterano M40	03:25:16	+01:22:16	08:13
149	119	Paulo Seabra	individual	Veterano M40	03:25:54	+01:22:54	08:14
150	191	GABRIELA MADEIRA	pipo	Senior Feminino	03:26:43	+01:23:43	08:16
151	167	Vítor Queirós	marco trail	Senior Masculino	03:26:55	+01:23:55	08:17
152	139	José Carlos Pereira Gomes	individual	Veterano M60	03:28:11	+01:25:12	08:20
153	127	Henrique Silva	individual	Veterano M45	03:29:44	+01:26:44	08:23
154	44	Pedro Arlindo Vieira Madureira	comdor runners	Senior Masculino	03:32:33	+01:29:33	08:30
155	87	João Fontoura de Oliveira	individual	Senior Masculino	03:34:23	+01:31:23	08:35
156	185	Liliana Pontes Ferreira	nuno	Veterana F40	03:36:06	+01:33:06	08:39
157	186	Nuno Bonifácio	nuno	Veterano M40	03:36:06	+01:33:06	08:39
158	138	João Gil	individual	Veterano M60	03:40:25	+01:37:25	08:49
159	135	Valdemar Almeida	individual	Veterano M50	03:44:55	+01:41:55	09:00
160	84	Francisco Castro	individual	Senior Masculino	03:46:20	+01:43:20	09:03
161	99	Beatriz Abreu	individual	Sub 23 Feminino	03:46:20	+01:43:20	09:03
162	78	Sónia Brás	individual	Senior Feminino	03:48:22	+01:45:22	09:08
163	86	Hugo Oliveira	individual	Senior Masculino	03:49:39	+01:46:39	09:11
164	177	Paulo Monteiro	mountain runners	Veterano M40	03:50:39	+01:47:39	09:14
165	8	António Fernandes	#correratenumdarmais	Veterano M60	03:51:19	+01:48:20	09:15
166	132	Vitor Folgado	individual	Veterano M45	03:52:54	+01:49:54	09:19
167	25	Jorge Gomes	arcorun	Senior Masculino	03:52:54	+01:49:54	09:19
168	26	Jorge Santos	arcorun	Veterano M45	03:52:54	+01:49:54	09:19
169	102	Sandra mendes	zupper	Veterana F40	04:03:28	+02:00:28	09:44
170	40	Maria Fátima Marques Ribeiro	clube zupper	Veterana F50	04:06:19	+02:03:19	09:51
171	105	Artur Fonseca	individual	Veterano M40	04:06:19	+02:03:20	09:51
172	91	paulo lima	individual	Senior Masculino	04:08:40	+02:05:40	09:57

TRAIL LONGO - STAGE 1 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	123	ABILIO SILVA	individual	Veterano M45	04:13:09	+02:10:09	10:08
174	130	Paulo Soares	individual	Veterano M45	04:15:37	+02:12:37	10:13
175	59	Miguel Moura	factor x / s4l / medense fc	Veterano M40	04:15:37	+02:12:37	10:13
176	100	Cláudia Pinto	individual	Veterana F40	04:19:04	+02:16:04	10:22
177	30	Sandra Oliveira	budeguita runners	Veterana F40	04:22:40	+02:19:40	10:30
178	104	Graça Silva	individual	Veterana F50	04:24:35	+02:21:36	10:35

Trail da Filigrana 2018
Gondomar, PT
14-January-2018

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	3.8ºC	100%
End	13:30	3.8ºC	100%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	13	Paula Soares	A.D.Amarante trail running	Senior Feminino	02:26:59	+23:59	05:53
2	27	Lúcia Lourenço	AVF team	Senior Feminino	02:42:54	+39:54	06:31
3	193	TANIA BATEIRA	PORTOCARGO	Senior Feminino	02:51:59	+49:00	06:53
4	65	Mafalda Luís	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:05:51	+01:02:51	07:26
5	24	Patrícia Conceição	Amigos 100 Limites	Senior Feminino	03:15:01	+01:12:01	07:48
6	76	Gisela Costa	Individual	Senior Feminino	03:15:55	+01:12:55	07:50
7	77	Solange Sousa	Individual	Senior Feminino	03:16:36	+01:13:36	07:52
8	144	Joana Rodrigues de Sousa	JRSOUSA TEAM	Senior Feminino	03:23:12	+01:20:12	08:08
9	191	GABRIELA MADEIRA	PIPO	Senior Feminino	03:26:43	+01:23:43	08:16
10	78	Sónia Brás	Individual	Senior Feminino	03:48:22	+01:45:22	09:08

Senior Masculino

1	54	Diogo Fernandes	Dr. Merino / 4moove	Senior Masculino	02:02:59		04:55
2	15	Fábio Jorge Brízido Pinto	A.D.Amarante trail running	Senior Masculino	02:05:32	+02:32	05:01
3	18	Paulo Costa	A.D.Amarante trail running	Senior Masculino	02:05:32	+02:33	05:01
4	50	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	02:07:32	+04:33	05:06
5	31	Pedro Rocha	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	02:11:12	+08:12	05:15
6	85	Hélio Dias	Individual	Senior Masculino	02:12:38	+09:38	05:18
7	188	Miguel Neves	Oralklass-Amigos do Trail	Senior Masculino	02:16:03	+13:03	05:27
8	187	António José dos Santos Pinto	Oralklass-Amigos do Trail	Senior Masculino	02:19:31	+16:32	05:35
9	178	David Sousa	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:21:50	+18:50	05:40
10	153	Eurico Emanuel Miranda Ferreira Moura	KeMedo Team	Senior Masculino	02:22:34	+19:35	05:42
11	79	Artur Pereira	Individual	Senior Masculino	02:23:09	+20:10	05:44
12	172	Tiago Soares	Moinhos Run-ADRM	Senior Masculino	02:24:36	+21:36	05:47
13	154	Flávio Oliveira	KeMedo Team	Senior Masculino	02:25:07	+22:07	05:48
14	93	PEDRO TORRES	Individual	Senior Masculino	02:27:14	+24:14	05:53
15	49	José Fortuna	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	02:28:39	+25:39	05:57
16	88	Joel Pinto	Individual	Senior Masculino	02:29:05	+26:05	05:58
17	32	Valter Gouveia	CENTRO CICLISTA DE GONDOMAR	Senior Masculino	02:29:27	+26:27	05:59
18	90	Nuno Guimarães	Individual	Senior Masculino	02:30:50	+27:50	06:02
19	92	Pedro	Individual	Senior Masculino	02:31:27	+28:27	06:03
20	39	Paulo Silva	Clube Zupper	Senior Masculino	02:32:40	+29:40	06:06
21	175	Pedro Vieira	Mountain Runners	Senior Masculino	02:34:09	+31:09	06:10
22	75	Rui Pedro Reis	HospitalSantaMariaRT	Senior Masculino	02:35:20	+32:20	06:13

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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23	89	Marco Aurélio Gonçalves Marques	Individual	Senior Masculino	02:35:48	+32:48	06:14
24	183	Bruno Moreira	NOCTURNOS DE PAREDES	Senior Masculino	02:37:19	+34:19	06:18
25	142	Joaquim Mota	Joaquim	Senior Masculino	02:37:24	+34:24	06:18
26	161	Miguel Alves	Leões de Tardariz Trail	Senior Masculino	02:38:54	+35:54	06:21
27	94	Ricardo Sousa	Individual	Senior Masculino	02:40:01	+37:01	06:24
28	56	Vitor Fonseca	éjáli...clube de amigos trailrunners	Senior Masculino	02:40:06	+37:06	06:24
29	58	João Araújo	Ermentão	Senior Masculino	02:41:18	+38:18	06:27
30	170	António Pinto	Mocidade Sangemil AC	Senior Masculino	02:41:32	+38:33	06:28
31	169	Marco Silva	Média 10 Team	Senior Masculino	02:42:27	+39:27	06:30
32	166	Luis Fontão Antunes	Cerveira Team Running	Senior Masculino	02:42:36	+39:36	06:30
33	62	Bruno Monteiro	Gaia Vartical	Senior Masculino	02:42:51	+39:52	06:31
34	80	Bruno Bertão	Individual	Senior Masculino	02:43:15	+40:15	06:32
35	48	Diogo Silva	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	02:43:41	+40:41	06:33
36	66	Manuel Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:44:27	+41:27	06:35
37	16	José Barros	A.D.Amarante trail running	Senior Masculino	02:44:47	+41:47	06:36
38	141	Joao Carolo	Clube Zupper	Senior Masculino	02:46:06	+43:07	06:39
39	38	André cavadas	Clube Zupper	Senior Masculino	02:47:20	+44:20	06:42
40	74	Fábio Santos	HospitalSantaMariaRT	Senior Masculino	02:51:00	+48:00	06:50
41	95	Ruben Miguel Guimaraes Cunha	Individual	Senior Masculino	02:51:15	+48:15	06:51
42	198	Simão Sousa	Simão	Senior Masculino	02:52:26	+49:26	06:54
43	158	António Martins	LEBRES MINHOTAS	Senior Masculino	02:52:35	+49:35	06:54
44	43	Emanuel Almeida	ComDor Runners	Senior Masculino	02:53:26	+50:26	06:56
45	197	Miguel santos	Simão	Senior Masculino	02:53:30	+50:30	06:56
46	73	Jorge Borges	GTT - armazém do caffe	Senior Masculino	02:54:54	+51:54	07:00
47	209	Joel Sequeira	Juventude Cortegacense	Senior Masculino	02:56:58	+53:58	07:05
48	81	Bruno Ferreira	Individual	Senior Masculino	02:57:53	+54:53	07:07
49	42	Daniel Pinto	ComDor Runners	Senior Masculino	02:59:07	+56:07	07:10
50	174	Antonio Silva	Mountain Runners	Senior Masculino	03:05:05	+01:02:05	07:24
51	55	Pedro Gomes	éjáli...clube de amigos trailrunners	Senior Masculino	03:06:07	+01:03:07	07:27
52	155	Gerson Alves	KeMedo Team	Senior Masculino	03:07:04	+01:04:04	07:29
53	96	Rui Dias	Individual	Senior Masculino	03:08:06	+01:05:06	07:31
54	98	Vitor Teixeira	Individual	Senior Masculino	03:08:07	+01:05:07	07:31
55	97	Tomé pinto	Individual	Senior Masculino	03:12:20	+01:09:20	07:42
56	17	Marco Nunes	A.D.Amarante trail running	Senior Masculino	03:14:06	+01:11:06	07:46
57	83	Filipe Truta	Individual	Senior Masculino	03:16:18	+01:13:18	07:51
58	167	Vítor Queirós	MARCO TRAIL	Senior Masculino	03:26:55	+01:23:55	08:17
59	44	Pedro Arlindo Vieira Madureira	ComDor Runners	Senior Masculino	03:32:33	+01:29:33	08:30
60	87	João Fontoura de Oliveira	Individual	Senior Masculino	03:34:23	+01:31:23	08:35
61	84	Francisco Castro	Individual	Senior Masculino	03:46:20	+01:43:20	09:03
62	86	Hugo Oliveira	Individual	Senior Masculino	03:49:39	+01:46:39	09:11
63	25	Jorge Gomes	ARCORUN	Senior Masculino	03:52:54	+01:49:54	09:19
64	91	paulo lima	Individual	Senior Masculino	04:08:40	+02:05:40	09:57

Trail Longo 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Sub 23 Feminino

1	99	Beatriz Abreu	Individual	Sub 23 Feminino	03:46:20	+01:43:20	09:03

Sub 23 Masculino

1	19	Joel Silva	A.D.Amarante trail running	Sub 23 Masculino	02:10:03	+07:03	05:12
2	23	Rui Araújo	ÁGUIAS DE ALVELOS	Sub 23 Masculino	02:14:10	+11:11	05:22
3	63	Jorge Beliago	Gansos	Sub 23 Masculino	02:51:58	+48:58	06:53

Veterana F40

1	146	Lúcia Campos Costa	Juventude Cortegacense	Veterana F40	02:43:14	+40:14	06:32
2	28	Sofia Coelho	AZTrail	Veterana F40	03:07:49	+01:04:49	07:31
3	6	Isabel Dias	#correratenumdarmais	Veterana F40	03:20:09	+01:17:09	08:00
4	101	Paula Gualter	zupper	Veterana F40	03:24:25	+01:21:25	08:11
5	185	Liliana Pontes Ferreira	Nuno	Veterana F40	03:36:06	+01:33:06	08:39
6	102	Sandra mendes	zupper	Veterana F40	04:03:28	+02:00:28	09:44
7	100	Cláudia Pinto	Individual	Veterana F40	04:19:04	+02:16:04	10:22
8	30	Sandra Oliveira	BUDEGUITA RUNNERS	Veterana F40	04:22:40	+02:19:40	10:30

Veterana F45

1	103	Palmira Gouveia	Individual	Veterana F45	03:13:16	+01:10:16	07:44

Veterana F50

1	210	Alexandra Fernandes	Individual	Veterana F50	02:51:59	+48:59	06:53
2	40	Maria Fátima Marques Ribeiro	Clube Zupper	Veterana F50	04:06:19	+02:03:19	09:51
3	104	Graça Silva	Individual	Veterana F50	04:24:35	+02:21:36	10:35

Veterano M40

1	21	Vitor Costa	A.D.Amarante trail running	Veterano M40	02:05:32	+02:33	05:01
2	189	Pedro Santos	Oralklass-Amigos do Trail	Veterano M40	02:07:33	+04:33	05:06
3	52	Rui Gomes	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	02:10:16	+07:16	05:13
4	51	Hélder Rocha	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	02:11:01	+08:01	05:14
5	107	Fernando Taborda (Paraquedista)	Oralklass-Amigos do Trail	Veterano M40	02:13:57	+10:58	05:22
6	114	Manuel Barbosa	Individual	Veterano M40	02:14:34	+11:35	05:23
7	64	Joaquim Freitas	GDR RETORTA	Veterano M40	02:19:36	+16:37	05:35
8	110	Joao miguel martins da silva	Individual	Veterano M40	02:22:09	+19:09	05:41

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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9	192	António Borges	PORTO SENTIDO RUNNERS	Veterano M40	02:29:10	+26:10	05:58
10	184	Paulo Colaço	NOCTURNOS DE PAREDES	Veterano M40	02:31:04	+28:04	06:03
11	41	Joaquim Madureira	Clube Zupper	Veterano M40	02:32:39	+29:39	06:06
12	61	João Moreira	G. D. Ronda	Veterano M40	02:35:20	+32:20	06:13
13	149	Joao Oliveira	Juventude Cortegacense	Veterano M40	02:37:22	+34:22	06:18
14	159	Jorge Domingues	LEBRES MINHOTAS	Veterano M40	02:38:27	+35:27	06:20
15	176	Joaquim Teixeira	Mountain Runners	Veterano M40	02:38:47	+35:47	06:21
16	67	Filipe Ramos	GONDOMAR FUTSAL CLUBE	Veterano M40	02:39:15	+36:15	06:22
17	199	João Cardoso	SS MONTEPIO	Veterano M40	02:41:03	+38:03	06:27
18	206	Miguel Martins	CENTRO CICLISTA DE GONDOMAR	Veterano M40	02:41:49	+38:49	06:28
19	117	Nelson Castro	Individual	Veterano M40	02:42:56	+39:56	06:31
20	106	Carlos Miranda	Individual	Veterano M40	02:43:21	+40:21	06:32
21	208	Delfim Nunes	Individual	Veterano M40	02:43:31	+40:31	06:32
22	113	José Pedro Conde Pinto da Silva	Individual	Veterano M40	02:43:41	+40:41	06:33
23	116	Miguel Ângelo Gomes	Individual	Veterano M40	02:48:57	+45:57	06:46
24	57	Carlos Azevedo	éjáli...clube de amigos trailrunners	Veterano M40	02:49:07	+46:08	06:46
25	196	Fernando Jorge	Runriver	Veterano M40	02:51:26	+48:26	06:51
26	203	Jorge Nunes	XTrail Running Forum	Veterano M40	02:52:45	+49:45	06:55
27	179	Carlos Duarte	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	02:57:25	+54:25	07:06
28	108	francisco moreira	Individual	Veterano M40	02:59:20	+56:20	07:10
29	162	Luís Ribeiro	Leões de Tardariz Trail	Veterano M40	03:00:08	+57:08	07:12
30	148	Helder Rocha	Juventude Cortegacense	Veterano M40	03:04:07	+01:01:07	07:22
31	168	Mário Manuel da Mota Leite	Mário Manuel	Veterano M40	03:04:10	+01:01:10	07:22
32	33	Patrik Marques	CENTRO CICLISTA DE GONDOMAR	Veterano M40	03:04:21	+01:01:21	07:22
33	163	Pedro Ferreira	Leões de Tardariz Trail	Veterano M40	03:04:41	+01:01:41	07:23
34	68	Pedro Matos	GONDOMAR FUTSAL CLUBE	Veterano M40	03:05:50	+01:02:50	07:26
35	171	SILVIO FERREIRA	Mocidade Sangemil AC	Veterano M40	03:08:10	+01:05:10	07:32
36	69	Rui Teixeira	GONDOMAR FUTSAL CLUBE	Veterano M40	03:09:14	+01:06:14	07:34
37	111	Jose Antonio Oliveira Ribeiro da Silva	Individual	Veterano M40	03:09:31	+01:06:31	07:35
38	180	José Carlos Cardoso	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:14:12	+01:11:13	07:46
39	120	Pedro Santos	Individual	Veterano M40	03:16:16	+01:13:16	07:51
40	20	Paulo Alves	A.D.Amarante trail running	Veterano M40	03:18:50	+01:15:50	07:57
41	112	José Filipe Teixeira Cruz	Individual	Veterano M40	03:20:56	+01:17:56	08:02
42	150	Marcia Castro Costa	Juventude Cortegacense	Veterano M40	03:21:10	+01:18:10	08:03
43	115	Manuel Guedes	Individual	Veterano M40	03:25:16	+01:22:16	08:13
44	119	Paulo Seabra	Individual	Veterano M40	03:25:54	+01:22:54	08:14
45	186	Nuno Bonifácio	Nuno	Veterano M40	03:36:06	+01:33:06	08:39
46	177	Paulo Monteiro	Mountain Runners	Veterano M40	03:50:39	+01:47:39	09:14
47	105	Artur Fonseca	Individual	Veterano M40	04:06:19	+02:03:20	09:51
48	59	Miguel Moura	FACTOR X / S4L / MEDENSE FC	Veterano M40	04:15:37	+02:12:37	10:13

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M45

1	34	Fernando Figueiredo	CENTRO CICLISTA DE GONDOMAR	Veterano M45	02:17:34	+14:35	05:30
2	173	Alfredo Moreira	Moinhos Run-ADRM	Veterano M45	02:21:20	+18:21	05:39
3	125	António jesus	Individual	Veterano M45	02:21:43	+18:43	05:40
4	126	Duarte Barbosa	Individual	Veterano M45	02:27:46	+24:46	05:55
5	151	Ernesto Marques Alves	Juventude Cortegacense	Veterano M45	02:29:28	+26:28	05:59
6	53	Cláudio Monteiro	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M45	02:32:12	+29:12	06:05
7	156	Fernando Gomes	KeMedo Team	Veterano M45	02:33:22	+30:22	06:08
8	129	Paulo Neta	Clube Zupper	Veterano M45	02:35:20	+32:20	06:13
9	124	Américo santos	Individual	Veterano M45	02:43:47	+40:47	06:33
10	164	Vítor Santos	Leões de Tardariz Trail	Veterano M45	02:46:45	+43:46	06:40
11	128	Joaquim Seabra	Individual	Veterano M45	02:52:57	+49:57	06:55
12	181	Francisco Silva	MSS CONTABILIDADE TRAIL TEAM	Veterano M45	02:59:01	+56:01	07:10
13	46	Luis Torres	ComDor Runners	Veterano M45	02:59:07	+56:07	07:10
14	204	Miguel Leal	YogurtNest	Veterano M45	03:12:20	+01:09:20	07:42
15	131	Ricardo Silva	Individual	Veterano M45	03:13:40	+01:10:40	07:45
16	22	Nuno Castro	A.D.Amarante trail running	Veterano M45	03:14:05	+01:11:06	07:46
17	29	José Carlos Ricardo	Boavista F. C.	Veterano M45	03:15:09	+01:12:10	07:48
18	7	César Rocha	#correratenumdarmais	Veterano M45	03:20:08	+01:17:09	08:00
19	127	Henrique Silva	Individual	Veterano M45	03:29:44	+01:26:44	08:23
20	132	Vitor Folgado	Individual	Veterano M45	03:52:54	+01:49:54	09:19
21	26	Jorge Santos	ARCORUN	Veterano M45	03:52:54	+01:49:54	09:19
22	123	ABILIO SILVA	Individual	Veterano M45	04:13:09	+02:10:09	10:08
23	130	Paulo Soares	Individual	Veterano M45	04:15:37	+02:12:37	10:13

Veterano M50

1	36	Fernando Neves	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:19:00	+16:00	05:34
2	37	Vitor Sousa	CENTRO CICLISTA DE GONDOMAR	Veterano M50	02:26:26	+23:26	05:51
3	71	Paulo Gama	GONDOMAR FUTSAL CLUBE	Veterano M50	02:45:43	+42:43	06:38
4	205	António Miranda	YogurtNest	Veterano M50	03:14:46	+01:11:46	07:47
5	133	Artur Silva	Individual	Veterano M50	03:16:35	+01:13:35	07:52
6	70	Fernando Ferreira	GONDOMAR FUTSAL CLUBE	Veterano M50	03:19:47	+01:16:47	08:00
7	135	Valdemar Almeida	Individual	Veterano M50	03:44:55	+01:41:55	09:00

Veterano M55

1	182	Manuel Póvoas	MSS CONTABILIDADE TRAIL TEAM	Veterano M55	02:34:48	+31:48	06:12
2	72	José Mendes	GONDOMAR FUTSAL CLUBE	Veterano M55	03:02:37	+59:37	07:18
3	152	Fernando camboa	Juventude Cortegacense	Veterano M55	03:18:21	+01:15:21	07:56

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M60

1	136	António Rocha	Individual	Veterano M60	02:31:06	+28:06	06:03
2	157	Agostinho Sousa	Kunalama runners	Veterano M60	02:57:25	+54:25	07:06
3	137	Carlos Correia	Individual	Veterano M60	02:59:03	+56:03	07:10
4	140	Manuel Faria Sampaio	Individual	Veterano M60	03:00:57	+57:57	07:14
5	139	José Carlos Pereira Gomes	Individual	Veterano M60	03:28:11	+01:25:12	08:20
6	138	João Gil	Individual	Veterano M60	03:40:25	+01:37:25	08:49
7	8	António Fernandes	#correratenumdarmais	Veterano M60	03:51:19	+01:48:20	09:15

COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	A.D.Amarante trail running	2 + 3 + 4	9
2	Douroconta - Gabinete de Apoio e Contabilidade, Lda	5 + 8 + 9	22
3	Oralklass-Amigos do Trail	6 + 12 + 15	33
4	CENTRO CICLISTA DE GONDOMAR	10 + 16 + 17	43
5	KeMedo Team	24 + 27 + 44	95
6	Clube Zupper	42 + 43 + 48	133
7	Juventude Cortegacense	36 + 52 + 69	157
8	MSS CONTABILIDADE TRAIL TEAM	22 + 46 + 98	166
9	GONDOMAR FUTSAL CLUBE	57 + 76 + 78	211
10	Mountain Runners	45 + 55 + 113	213
11	Leões de Tardariz Trail	56 + 80 + 106	242
12	éjáli...clube de amigos trailrunners	59 + 83 + 116	258
13	ComDor Runners	94 + 103 + 104	301
14	#correratenumdarmais	142 + 143 + 165	450