

Prova 1 Masc., 400m Livres Infantis & Juvenis
 21.1.17 Lista inscritos

Rec Regional Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	2003
Rec Regional Inf A	4:13.24	Pedro Fontoura Oliveira	CFB		2004
Rec Regional Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	2012
Rec Regional Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	2012
Rec Regional Absoluto	3:48.02	Rafael Lourenco Gil	SFUAP	Porto	2015
Rec Nacional Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	2003
Rec Nacional Inf A	4:12.35	Andre Vilas Ruivo	DNMG	Campo Maior	2014
Rec Nacional Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	2012
Rec Nacional Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	2012
Rec Nacional Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	2009

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Juvenis A								
1	Rodrigo Ponte Jorge	01	Juv A	127873	SFUAP	4:24.46 S	20.11.16 Alges (POR)	4:24.46
2	Ricardo Martins Bras	01	Juv A	121508	CFB	4:25.54 S	20.11.16 Alges (POR)	4:25.54
3	Diogo Alexandre Casteleiro	01	Juv A	126581	SCP	4:26.33 S	20.11.16 Alges (POR)	4:26.33
4	Tiago Maria Camoes	01	Juv A	121851	SFUAP	4:26.80 S	20.11.16 Alges (POR)	4:26.80
5	Tiago Henriques Matias	01	Juv A	128276	GESL	4:55.51 S	23.1.16 Setubal (POR)	4:55.51
6	Tomas Afonso Graca	01	Juv A	127260	SLB	4:56.00		4:56.00
7	Bernardo Silva Felix	01	Juv A	129061	PDEM	4:56.00		4:56.00

Juvenis B

1	Rafael Rodrigues Jacinto	02	Juv B	129002	CFB	4:34.12 S	3.12.16 Guarda (POR)	4:34.12
2	Martim Primavera Alfama	02	Juv B	128833	GESL	4:34.38 S	18.6.16 Alges (POR)	4:34.38
3	Ruy Manuel Domingos	02	Juv B	129012	SCP	4:35.71 S	4.12.16 Guarda (POR)	4:35.71
4	Rafael Moreira Oliveira	02	Juv B	128325	CFB	4:36.31 S	19.3.16 Tomar (POR)	4:36.31
5	Joao Nogueira Mendes	02	Juv B	128745	CIRL	4:40.97 S	20.11.16 Alges (POR)	4:40.97
6	Diogo Nuno Valente	02	Juv B	130425	SCP	4:42.69 S	20.11.16 Alges (POR)	4:42.69
7	Rafael Alves Costa	02	Juv B	128173	SCP	5:03.43 L	30.6.16 Setubal (POR)	4:57.36
8	Nuno Xavier Cardoso	02	Juv B	126879	PDEM	5:16.09 S	13.11.16 Alapraia (POR)	5:16.09
9	Diogo Sousa Pinto	02	Juv B	129221	COL	5:24.16 S	23.1.16 Setubal (POR)	5:24.16
10	Francisco Gomes Anjos	02	Juv B	119419	SFUAP	5:24.30		5:24.30
11	Claudio Bularo Freitas	02	Juv B	153426	CPCD	5:24.30		5:24.30
12	Pedro Miguel Silva	02	Juv B	200915	PDEM	5:24.30		5:24.30

Infantis A

1	Rodrigo Reis Dias	03	Inf A	129003	CFB	4:42.22 S	11.12.16 Sto Antonio Cavaleiros (POR)	4:42.22
2	Luis Cabral Junior	03	Inf A	129805	CFB	4:55.26 S	11.12.16 Sto Antonio Cavaleiros (POR)	4:55.26
3	Henrique Pinheiro Valente	03	Inf A	130237	CNCVG	5:01.74 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:01.74
4	Joao Pedro Rodrigues	03	Inf A	200156	CPCD	5:04.05 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:04.05
5	Joao Matos Fidalgo	03	Inf A	128885	SLB	5:08.61 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:08.61
6	Luis Maia Pegado	03	Inf A	131701	SCP	5:19.39 L	30.6.16 Setubal (POR)	5:13.00
7	Goncalo Nuno Raposo	03	Inf A	126880	PDEM	5:13.50 S	13.11.16 Alapraia (POR)	5:13.50
8	Rodrigo Beja Lopes	03	Inf A	132651	PDEM	5:20.52 L	30.6.16 Setubal (POR)	5:14.11
9	Daniel Shumeika Zayika	03	Inf A	128884	SLB	5:22.26 L	30.6.16 Setubal (POR)	5:15.81
10	Fabio Miguel Farinha	03	Inf A	128886	SLB	5:16.95 S	14.2.16 Lisboa (POR)	5:16.95
11	Vasco Salvador Fernando	03	Inf A	129526	SAD	5:18.33 S	18.6.16 Alges (POR)	5:18.33
12	Miguel Rodrigues Brito	03	Inf A	126863	AHBE	5:19.37 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:19.37
13	Bernardo Araujo Freire	03	Inf A	129532	SAD	5:31.08 S	23.1.16 Setubal (POR)	5:31.08
14	Francisco Matos Mota	03	Inf A	132309	GESL	5:35.47 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:35.47

Infantis B

1	Antonio Lombardi Carvalho	04	Inf B	129886	CFB	4:55.95 S	13.11.16 Alapraia (POR)	4:55.95
2	Tiago Miguel Trombinhas	04	Inf B	201495	ADRCIMM	5:10.45 S	10.7.16 Alges (POR)	5:10.45
3	Tiago Fanha Lopes	04	Inf B	129520	CNMJ	5:11.32 S	13.11.16 Alapraia (POR)	5:11.32
4	Duarte Brito Justino	04	Inf B	130802	ADRCIMM	5:11.86 S	13.11.16 Alapraia (POR)	5:11.86
5	Tiago Barroso Proença	04	Inf B	129698	AEULCCD	5:18.62 S	13.11.16 Alapraia (POR)	5:18.62
6	Tiago Queiroga Amaral	04	Inf B	130937	AEULCCD	5:20.21 S	10.7.16 Alges (POR)	5:20.21
7	Francisco Amaro Santos	04	Inf B	201404	GESL	5:21.01 S	13.11.16 Alapraia (POR)	5:21.01
8	Guilherme Pinto Restolho	04	Inf B	200488	CPCD	5:23.15 S	13.11.16 Alapraia (POR)	5:23.15
9	Francisco Ribeiro Vieira	04	Inf B	130443	AEFDTV	5:24.60 S	13.11.16 Alapraia (POR)	5:24.60
10	Alexandre Duarte Morais	04	Inf B	132645	PDEM	5:29.12 S	13.11.16 Alapraia (POR)	5:29.12
11	Pedro Barroso Rosa	04	Inf B	153365	SCP	5:39.66 S	1.11.16 Lisboa (POR)	5:39.66

Prova 1, Masc., 400m Livres

12	Tomas Pratas Neto	04	Inf B	132652	PDEM	5:41.55 S	13.11.16	Alapraia (POR)	5:41.55
13	Ruben Jose Salgueiro	04	Inf B	133507	ESJB	5:42.22 S	10.7.16	Alges (POR)	5:42.22
14	Joao Ramos Cardoso	04	Inf B	150755	GESL	5:43.26 S	10.7.16	Alges (POR)	5:43.26
15	Luis Miguel Raposo	04	Inf B	201950	CPCD	5:48.62 S	13.11.16	Alapraia (POR)	5:48.62
16	Joao Pedro Filipe	04	Inf B	131114	ADRCIMM	6:10.08 S	21.5.16	Lisboa (POR)	6:10.08
17	Pedro Arsenio Vitorino	04	Inf B	131761	CNN	6:25.07 S	5.6.16	Lisboa (POR)	6:25.07
18	Gianluca Seremi Sousa	04	Inf B	131760	CNN	6:31.51 S	5.6.16	Lisboa (POR)	6:31.51
19	Pedro Forjaz Cirurgiao	04	Inf B	132564	SAD	6:34.50 S	5.6.16	Lisboa (POR)	6:34.50
20	Goncalo Daniel Santos	04	Inf B	148573	CNMJ	6:35.00			6:35.00
21	Daniel Elias Duarte	04	Inf B	147198	CIRL	6:35.00			6:35.00
22	Rodrigo Almeida Guimaraes	04	Inf B	147196	CIRL	6:35.00			6:35.00
WDR	David Azevedo Casaca	04	Inf B	147176	COL	6:06.93 S	21.5.16	Lisboa (POR)	6:06.93

Prova 2 21.1.17

Femin., 200m Estilos

Infantis & Juvenis Lista inscritos

Rec Regional Inf B	2:31.96	Susana Patricia Miguel	SFUAP	2002	
Rec Regional Inf A	2:25.08	Ines Camacho Fernandes	SCP	Tavira	2010
Rec Regional Juv B	2:20.93	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Regional Juv A	2:18.59	Catarina Tiago Nunes	SFUAP	S. Antonio Cavaleiros	2009
Rec Regional Absoluto	2:12.37	Victoria Kaminskaya	ESJB	Netanya (ISR)	2015
Rec Nacional Inf B	2:30.96	Filipa Vilas Ruivo	DNMG	Alcobaça	2009
Rec Nacional Inf A	2:25.08	Ines Camacho Fernandes	SCP	Tavira	2010
Rec Nacional Juv B	2:20.93	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Nacional Juv A	2:18.59	Catarina Tiago Nunes	SFUAP	S. Antonio Cavaleiros	2009
Rec Nacional Absoluto	2:12.37	Victoria Kaminskaya	ESJB	Netanya (ISR)	2015

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.	
Juvenis A									
1	Natacha Sofia Silva	02	Juv A	125594	SLB	2:32.92 S	19.11.16	Alges (POR)	2:32.92
2	Ana Rita Matos	02	Juv A	127501	GESL	2:33.19 S	7.5.16	Pinhal Novo (POR)	2:33.19
3	Ana Raquel Graveto	02	Juv A	129628	SLB	2:34.65 S	19.11.16	Alges (POR)	2:34.65
4	Iolanda Sofia Clérigo	02	Juv A	126878	CNS	2:39.60 S	22.10.16	Setubal (POR)	2:39.60
5	Mariana Freitas Neto	02	Juv A	127693	SCP	2:45.65 S	7.5.16	Pinhal Novo (POR)	2:45.65
6	Luana Gonçalves Dantas	02	Juv A	124419	CNN	2:46.94 S	25.4.16	Sines (POR)	2:46.94
7	Maria Leonor Pedro	02	Juv A	124425	CNN	2:53.04 S	25.4.16	Sines (POR)	2:53.04
8	Daniela Sofia Fernandes	02	Juv A	200164	CPCD	2:55.71 S	7.5.16	Pinhal Novo (POR)	2:55.71
9	Margarida Bento Raposo	02	Juv A	125844	CNMJ	2:59.10 S	22.10.16	Setubal (POR)	2:59.10
10	Rita Costa Albuquerque	02	Juv A	126828	CFB	3:02.16 S	22.10.16	Setubal (POR)	3:02.16
11	Maria Angelina Vicetto	02	Juv A	123962	CNMJ	3:04.88 S	22.10.16	Setubal (POR)	3:04.88
12	Beatriz Matozeiro Machado	02	Juv A	126298	SLB	3:05.00			3:05.00

Juvenis B

1	Joana Ribeiro Martins	03	Juv B	129164	SLB	2:32.63 S	19.11.16	Alges (POR)	2:32.63
2	Ema Jeronimo Conceicao	03	Juv B	129812	AEFDTV	2:39.10 S	22.10.16	Setubal (POR)	2:39.10
3	Claudia Beatriz Martins	03	Juv B	128830	GESL	2:40.25 S	3.12.16	Guarda (POR)	2:40.25
4	Beatriz Picanço Martins	03	Juv B	127247	SLB	2:47.09 L	3.7.16	Setubal (POR)	2:43.74
5	Sofia Peres Ferrao	03	Juv B	133280	ADST	2:44.37 S	19.11.16	Alges (POR)	2:44.37
6	Marta Sousa Caxaria	03	Juv B	130756	CNMJ	2:45.37 S	19.11.16	Alges (POR)	2:45.37
7	Mafalda Viegas Cruz	03	Juv B	129018	SCP	2:45.66 S	19.11.16	Alges (POR)	2:45.66
8	Tatiana Valentim Oliveira	03	Juv B	129818	AEFDTV	2:46.93 S	19.11.16	Alges (POR)	2:46.93
9	Leonor Maria Neves	03	Juv B	131015	GESL	2:47.28 S	7.5.16	Pinhal Novo (POR)	2:47.28
10	Rafaela Sofia Silva	03	Juv B	127686	SLB	2:52.69 S	7.5.16	Pinhal Novo (POR)	2:52.69
11	Madalena Reis Cerdeira	03	Juv B	130053	AEULCCD	2:53.39 S	14.2.16	Lisboa (POR)	2:53.39
12	Leonor Ramos Zacarias	03	Juv B	127070	CNS	2:54.17 S	19.11.16	Alges (POR)	2:54.17
13	Madalena Rodrigues Tome	03	Juv B	126829	AHBE	2:54.89 S	5.3.16	Alapraia (POR)	2:54.89
14	Mariana Valente Fernandes	03	Juv B	147148	PDEM	3:06.99 S	23.1.16	Setubal (POR)	3:06.99
15	Beatriz Pedro Ferreira	03	Juv B	200146	CPCD	3:07.14 S	23.1.16	Setubal (POR)	3:07.14
16	Rita Matos Leal	03	Juv B	201551	MO	3:07.30			3:07.30
17	Mariana Fernandes	03	Juv B	201552	MO	3:07.30			3:07.30

Prova 2, Femin., 200m Estilos

Infantis A

1	Lidiana Correia Rodrigues	04	Inf A	130399	CFB	2:43.76 L	15.5.16	Vila Franca de Xira (POR)	2:40.48
2	Rita Santos Boioes	04	Inf A	128951	CNMJ	2:44.60 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:44.60
3	Carolina Porem Henriques	04	Inf A	129802	CNA	2:45.56 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:45.56
4	Alice Jesus Morgado	04	Inf A	131016	ADST	2:46.43 S	5.3.16	Alapraia (POR)	2:46.43
5	Vera Figueiredo Narra	04	Inf A	131121	CNA	2:52.22 L	3.7.16	Setubal (POR)	2:48.77
6	Leonor Esteves Santos	04	Inf A	130603	AEULCCD	2:48.89 S	19.3.16	Tomar (POR)	2:48.89
7	Marta Macedo Inacio	04	Inf A	132536	SCP	2:49.70 S	1.11.16	Lisboa (POR)	2:49.70
8	Mariana Fragoso Guterres	04	Inf A	200475	SLB	2:53.71 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:53.71
9	Daniela Alexandra Pedro	04	Inf A	130864	CNCVCG	2:53.94 S	16.10.16	Alges (POR)	2:53.94
10	Andreia Velho Magalhaes	04	Inf A	131092	SLB	2:54.83 S	16.10.16	Alges (POR)	2:54.83
11	Margarida Filipe Ferreira	04	Inf A	132347	ANAM	2:55.95 S	7.5.16	Pinhal Novo (POR)	2:55.95
12	Carolina Osório Brasão	04	Inf A	200900	GESL	2:56.53 S	16.10.16	Alges (POR)	2:56.53
13	Ana Sofia Inacio	04	Inf A	202686	CPCD	2:57.04 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:57.04
14	Rafaela Salsinha Fontes	04	Inf A	132532	ANAM	2:57.82 S	16.10.16	Alges (POR)	2:57.82
15	Margarida Carvalho Barao	04	Inf A	130241	CNCVCG	2:58.04 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:58.04
16	Catarina Alexandra Marques	04	Inf A	130232	CNCVCG	3:00.04 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:00.04
17	Maria Silva Angelino	04	Inf A	132833	PDEM	3:02.25 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:02.25
18	Marta Silva Figueiredo	04	Inf A	132530	ANAM	3:02.43 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:02.43
19	Ines Marques Joaquim	04	Inf A	130368	SLB	3:03.24 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:03.24
20	Renata Campo Reis	04	Inf A	200422	MO	3:04.34 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:04.34
21	Beatriz Costa Melo	04	Inf A	132555	SAD	3:04.84 S	7.5.16	Pinhal Novo (POR)	3:04.84
22	Matilde Carvalho Barao	04	Inf A	130243	CNCVCG	3:12.96 L	3.7.16	Setubal (POR)	3:09.10
23	Marta Matos Saraiva	04	Inf A	130404	SAD	3:13.10 S	16.10.16	Alges (POR)	3:13.10
24	Alisa Bekauri	04	Inf A	128989	COL	3:13.63 S	16.10.16	Alges (POR)	3:13.63
25	Constanca Ferreira Almeida	04	Inf A	130282	CNCVCG	3:13.93 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:13.93
26	Margarida Inacio Romba	04	Inf A	153465	PDEM	3:17.19 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:17.19
27	Sara Pinto Almada	04	Inf A	132475	SLB	3:21.99 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:21.99
28	Margarida Mendes Bras	04	Inf A	131030	CNMJ	3:24.21 S	7.5.16	Pinhal Novo (POR)	3:24.21
29	Mariana Costa Ganito	04	Inf A	132471	SLB	3:24.32 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:24.32
30	Margarida Silva Simoes	04	Inf A	133300	GESL	3:26.57 S	23.1.16	Setubal (POR)	3:26.57
31	Ana Filipa Henriques	04	Inf A	202687	CPCD	3:28.93 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:28.93
32	Carolina Perez Figueiredo	04	Inf A	130175	CIRL	3:31.29 S	16.10.16	Alges (POR)	3:31.29
33	Izabella Alexis Gomes	04	Inf A	202507	SAD	3:31.30			3:31.30

Infantis B

1	Soraia Alexandra Delgado	05	Inf B	153438	CPCD	2:46.51 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:46.51
2	Margarida Domingues Nunes	05	Inf B	201398	AEULCCD	2:56.70 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:56.70
3	Joana Rocha Ferreira	05	Inf B	201560	SLB	3:01.79 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:01.79
4	Filipa Raposo Silva	05	Inf B	153359	SCP	3:02.45 S	12.11.16	Alapraia (POR)	3:02.45
5	Mariana Marques Santos	05	Inf B	150757	GESL	3:02.85 S	12.11.16	Alapraia (POR)	3:02.85
6	Iris Pereira Carrao	05	Inf B	201392	ANAM	3:02.90 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:02.90
7	Marta Maria Costa	05	Inf B	132525	AHBE	3:03.20 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:03.20
8	Sara Carreira Melo	05	Inf B	153366	SCP	3:04.47 S	12.11.16	Alapraia (POR)	3:04.47
9	Marta Beatriz Mota	05	Inf B	144727	MO	3:05.62 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:05.62
10	Mariana Geraldo Pombo	05	Inf B	132348	ANAM	3:05.75 S	12.11.16	Alapraia (POR)	3:05.75
11	Carolina Machado Bastardinho	05	Inf B	202199	GESL	3:13.02 S	16.10.16	Alges (POR)	3:13.02
12	Neuza Velho Magalhaes	05	Inf B	131096	SLB	3:13.11 S	12.11.16	Alapraia (POR)	3:13.11
13	Leonor Oliveira Caratao	05	Inf B	133339	ADST	3:16.41 S	10.7.16	Alges (POR)	3:16.41
14	Carolina Fonseca Gomes	05	Inf B	202528	ESJB	3:16.46 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:16.46
15	Maria Teresa Fernandes	05	Inf B	132557	SAD	3:17.16 S	10.7.16	Alges (POR)	3:17.16
16	Madalena Osório Brasão	05	Inf B	202200	GESL	3:17.49 S	12.11.16	Alapraia (POR)	3:17.49
17	Lara Moreira Lopo	05	Inf B	130424	AEULCCD	3:22.73 S	24.4.16	Reboleira (POR)	3:22.73
18	Maria Sousa Caxaria	05	Inf B	148574	CNMJ	3:22.85 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:22.85
19	Daniela Silva Futre	05	Inf B	133340	PDEM	3:24.79 S	16.10.16	Alges (POR)	3:24.79
20	Maria Ines Reis	05	Inf B	150772	PDEM	3:25.47 S	16.10.16	Alges (POR)	3:25.47
21	Rita Ferreira Gomes	05	Inf B	132565	SAD	3:26.81 S	24.4.16	Reboleira (POR)	3:26.81
22	Catarina Maria Santos	05	Inf B	201337	ADST	3:26.92 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:26.92
23	Rita Fernandes Almeida	05	Inf B	200478	CNA	3:30.11 S	12.11.16	Alapraia (POR)	3:30.11
24	Beatriz Barroso Silva	05	Inf B	133302	ESJB	3:45.26 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:45.26
25	Ines Azinheira Serra	05	Inf B	153113	PDEM	3:47.18 S	16.10.16	Alges (POR)	3:47.18
26	Lara Borges Teixeira	05	Inf B	153294	PDEM	4:03.34 S	24.4.16	Reboleira (POR)	4:03.34
27	Filipa Alexandre Aragao	05	Inf B	202010	CIRL	4:04.00			4:04.00
28	Neuza Alexandra Benardino	05	Inf B	203179	GESL	4:04.00			4:04.00
WDR	Rita Abibe Gonçalves	05	Inf B	144730	MO	3:07.24 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:07.24

Prova 3 Masc., 200m Bruços Infantis & Juvenis
 21.1.17 Lista inscritos

Rec Regional Inf B	2:38.70	João Coias	SAD		1990
Rec Regional Inf A	2:32.94	Ricardo Macedo	SAD		1995
Rec Regional Juv B	2:26.72	Carlos Esteves Almeida	CNA	Reboleira	2003
Rec Regional Juv A	2:22.83	Carlos Esteves Almeida	CNA	Penafiel	2004
Rec Regional Absoluto	2:09.14	Jose Guilherme Ferreira Couto	CNA	Moscow (RUS)	2002
Rec Nacional Inf B	2:37.57	Tomas Miguel Freitas	CDN	Funchal	2003
Rec Nacional Inf A	2:29.59	Luis Manuel Fernandes	GDNVNF	Cantanhede	2009
Rec Nacional Juv B	2:20.22	Andre Goncalo Santos	LSC	Braga	2012
Rec Nacional Juv A	2:18.22	Andre Goncalo Santos	LSC	Felgueiras	2013
Rec Nacional Absoluto	2:05.59	Carlos Esteves Almeida	FPN	Chartres (FRA)	2012

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Guilherme Filipe Alcobia	01	Juv A	126473	SLB	2:32.32 S	17.4.16	Entroncamento (POR)	2:32.32
2	Afonso Maria Carvalho	01	Juv A	126580	SCP	2:49.38 L	27.2.16	Vila Franca de Xira (POR)	2:44.29
3	Rodrigo Ponte Jorge	01	Juv A	127873	SFUAP	2:45.11 S	18.6.16	Alges (POR)	2:45.11
4	Filipe Eduardo Morais	01	Juv A	200145	CPCD	2:58.28 L	18.6.16	Rio Maior (POR)	2:52.93
5	Goncalo Matos Pereira	01	Juv A	129052	GESL	3:00.56 L	10.6.16	Vila Franca de Xira (POR)	2:55.14
6	Alexandre Pavlenko Garngtksyy	01	Juv A	122039	SCP	2:55.30			2:55.30
7	Miguel Rohula Reis	01	Juv A	202644	SCP	2:55.30			2:55.30
8	Tiago Henriques Matias	01	Juv A	128276	GESL	2:55.30			2:55.30

Juvenis B

1	Pedro Miguel Pinto	02	Juv B	129924	AEFDTV	2:50.09 L	2.7.16	Setubal (POR)	2:44.98
2	Tomas Patricio Martins	02	Juv B	132351	AEFDTV	2:52.06 L	16.7.16	Famalicao (POR)	2:46.89
3	Bernardo Safara Inverno	02	Juv B	129021	SCP	2:51.23 S	6.3.16	Alapraia (POR)	2:51.23
4	Diogo Sousa Pinto	02	Juv B	129221	COL	3:00.02 L	2.7.16	Setubal (POR)	2:54.61
5	Pedro Almeida Marques	02	Juv B	127176	CNS	2:55.10 S	20.11.16	Alges (POR)	2:55.10
6	Vasco Camacho Ramos	02	Juv B	201622	CNS	3:09.12 S	6.3.16	Alapraia (POR)	3:09.12
7	Rodrigo Gomes Gamito	02	Juv B	130850	PDEM	3:14.05 S	23.1.16	Setubal (POR)	3:14.05
8	Diogo Miguel Esteves	02	Juv B	129054	CNS	3:14.81 S	23.1.16	Setubal (POR)	3:14.81
9	Rafael Nabais Fernandes	02	Juv B	203885	AEFDTV	3:15.00			3:15.00
10	Nuno Miguel Silva	02	Juv B	202635	AEFDTV	3:15.00			3:15.00
11	Francisco Matos Azevedo	02	Juv B	202510	CFB	3:15.00			3:15.00
12	Afonso Abeijon Abreu	02	Juv B	200410	CNN	3:15.00			3:15.00
13	João Ricardo Santos	02	Juv B	127066	CNS	3:15.00			3:15.00

Infantis A

1	David Van Ossenbruggen	03	Inf A	126428	SFUAP	3:02.01 L	2.7.16	Setubal (POR)	2:56.55
2	Tomas Almeida Leitao	03	Inf A	129525	SAD	3:02.05 L	16.7.16	Famalicao (POR)	2:56.58
3	Nicolae Iachimovschi	03	Inf A	130036	CFB	3:04.96 L	2.7.16	Setubal (POR)	2:59.41
4	Joao Luis Matos	03	Inf A	130239	CNCVCG	3:05.15 L	16.7.16	Famalicao (POR)	2:59.59
5	Goncalo Miguel Rodrigues	03	Inf A	126830	AHBE	3:05.66 L	16.7.16	Famalicao (POR)	3:00.09
6	Guilherme Matias Cristino	03	Inf A	132528	SFUAP	3:06.02 L	16.7.16	Famalicao (POR)	3:00.43
7	Pedro Henriques Correia	03	Inf A	125257	SLB	3:09.99 L	16.7.16	Famalicao (POR)	3:04.29
8	Diogo Miguel Duraes	03	Inf A	123448	CNMJ	3:12.54 L	16.7.16	Famalicao (POR)	3:06.76
9	José Miguel Oliveira	03	Inf A	129493	CNS	3:13.10 S	23.1.16	Setubal (POR)	3:13.10
10	Gonçalo Feliciano Santos	03	Inf A	202529	SCP	3:16.66 S	16.10.16	Alges (POR)	3:16.66
11	Bernardo Pinto Coelho	03	Inf A	128144	PDEM	3:23.83 S	25.4.16	Sines (POR)	3:23.83
12	Miguel Almeida Candeias	03	Inf A	133306	SAD	3:33.64 S	16.10.16	Alges (POR)	3:33.64
13	Rafael Alexandre Soares	03	Inf A	200162	CPCD	3:33.91 S	23.1.16	Setubal (POR)	3:33.91
14	Francisco Teixeira Monteiro	03	Inf A	132527	ANAM	3:36.74 S	16.10.16	Alges (POR)	3:36.74
15	Francisco Figueiredo Dias	03	Inf A	129055	ADRCIMM	3:37.00			3:37.00
16	Andre Martins Sousa	03	Inf A	126474	CNMJ	3:37.00			3:37.00
17	Yann Daniel Farges	03	Inf A	201810	SAD	3:37.00			3:37.00
18	Bernardo Araujo Freire	03	Inf A	129532	SAD	3:37.00			3:37.00
19	Ricardo Novikov	03	Inf A	129524	SAD	3:37.00			3:37.00
20	Dinis Viola Caroco	03	Inf A	131696	SCP	3:37.00			3:37.00
21	Alexandre Coelho Vieira	03	Inf A	131516	SCP	3:37.00			3:37.00
22	Pedro Romana Matos	03	Inf A	203180	GESL	3:37.00			3:37.00
23	David Lopes Oliveira	03	Inf A	150751	GESL	3:37.00			3:37.00
24	Goncalo Filipe Valente	03	Inf A	131380	GESL	3:37.00			3:37.00

Prova 3, Masc., 200m Bruços

Infantis B

1	Manuel Matos Martins	04	Inf B	132647	PDEM	3:14.64 S	16.10.16	Alges (POR)	3:14.64
2	Diogo Puniilhas Monteiro	04	Inf B	147200	INDANL	3:15.32 S	16.10.16	Alges (POR)	3:15.32
3	Jaeden Michael Nunes	04	Inf B	202508	SAD	3:16.14 S	16.10.16	Alges (POR)	3:16.14
4	David Jorge Sequeira	04	Inf B	130234	CNCVG	3:18.32 S	16.10.16	Alges (POR)	3:18.32
5	Danial Germano Abdurramane	04	Inf B	132556	SAD	3:22.73 S	16.10.16	Alges (POR)	3:22.73
6	Afonso Figueiredo Frasquilho	04	Inf B	153353	SCP	3:28.71 S	16.10.16	Alges (POR)	3:28.71
7	Yassen Mussa Estanislau	04	Inf B	201650	AHBE	3:29.42 S	16.10.16	Alges (POR)	3:29.42
8	Tiago Queiroga Amaral	04	Inf B	130937	AEULCCD	3:30.68 S	16.10.16	Alges (POR)	3:30.68
9	Tomas Santos Luis	04	Inf B	153367	SCP	3:33.94 S	16.10.16	Alges (POR)	3:33.94
10	Frederico Marques Pinto	04	Inf B	132465	AEULCCD	3:34.88 S	16.10.16	Alges (POR)	3:34.88
11	Joao Pedro Penelas	04	Inf B	150754	GESL	3:37.10 S	16.10.16	Alges (POR)	3:37.10
12	Tomás Martins Mira	04	Inf B	132215	CNS	3:43.27 S	16.10.16	Alges (POR)	3:43.27
13	Miguel Filipe Anjo	04	Inf B	201394	ANAM	3:43.81 S	16.10.16	Alges (POR)	3:43.81
14	Vicente Portugal Capaz	04	Inf B	133310	AEULCCD	3:47.13 S	16.10.16	Alges (POR)	3:47.13
15	Miguel Madeira Silva	04	Inf B	132664	CNS	3:51.19 S	16.10.16	Alges (POR)	3:51.19
16	Daniel Nogueira Ferreira	04	Inf B	133156	ADRCIMM	3:51.30			3:51.30
17	Mateus Reinehr Lima	04	Inf B	131417	ADRCIMM	3:51.30			3:51.30
18	Duarte Norte Martins	04	Inf B	130803	ADRCIMM	3:51.30			3:51.30
19	Goncalo Antunes Rodrigues	04	Inf B	130975	ADRCIMM	3:51.30			3:51.30
20	João Pedro Faustino	04	Inf B	203986	ADST	3:51.30			3:51.30
21	André Fragoso Matos	04	Inf B	202012	AEULCCD	3:51.30			3:51.30
22	Gianluca Seremi Sousa	04	Inf B	131760	CNN	3:51.30			3:51.30
23	Pedro Arsenio Vitorino	04	Inf B	131761	CNN	3:51.30			3:51.30
24	Leonardo Branca Azevedo	04	Inf B	132539	CNS	3:51.30			3:51.30
25	Henrique Manuel Ribeiro	04	Inf B	133303	ESJB	3:51.30			3:51.30
26	Joao Lourenco Rebelo	04	Inf B	132558	SAD	3:51.30			3:51.30
27	Francisco Sousa Uva	04	Inf B	201477	SAD	3:51.30			3:51.30
28	Tomás Sá Vieira	04	Inf B	131504	SAD	3:51.30			3:51.30
29	Afonso Cipriano Pinto	04	Inf B	153352	SCP	3:51.30			3:51.30
30	Gonçalo Filipe Carrapito	04	Inf B	129666	SFUAP	3:51.30			3:51.30
31	Afonso Leonel Barreto	04	Inf B	202862	CPCD	3:51.30			3:51.30
32	Joao Rodrigues Marques	04	Inf B	201623	CPCD	3:51.30			3:51.30
33	Duarte Cadima Goncalves	04	Inf B	153295	PDEM	3:51.30			3:51.30
34	Tomas Miguel Ferreira	04	Inf B	150759	GESL	3:51.30			3:51.30
35	Afonso Gonçalves de Jorge	04	Inf B	201702	GESL	3:51.30			3:51.30
36	Simão Martins Pereira	04	Inf B	202201	GESL	3:51.30			3:51.30
WDR	David Azevedo Casaca	04	Inf B	147176	COL	3:51.30			3:51.30

Prova 4 21.1.17

Femin., 200m Costas

Infantis & Juvenis Lista inscritos

Rec Regional Inf B	2:28.06	Rafaela Gomes Azevedo	SAD	Alges	2014
Rec Regional Inf A	2:21.33	Rafaela Gomes Azevedo	SAD	Alges	2015
Rec Regional Juv B	2:19.15	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec Regional Juv A	2:16.30	Petra Quintela Chaves	SAD		1993
Rec Regional Absoluto	2:11.16	Rita Barros Frischknecht	SAD	Funchal	2016
Rec Nacional Inf B	2:27.92	Keissy Joselin Sousa	FCP	Alcobaça	1997
Rec Nacional Inf A	2:21.33	Rafaela Gomes Azevedo	SAD	Algés	2015
Rec Nacional Juv B	2:17.86	Catia Raquel Martinheira	LDC	Sines	2008
Rec Nacional Juv A	2:16.30	Petra Quintela Chaves	SAD		1993
Rec Nacional Absoluto	2:11.16	Rita Barros Frischknecht	SAD	Funchal	2016

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Mafalda Marques Pinto	02	Juv A	125422	AEULCCD	2:35.90 S	10.1.16	Benedita (POR)	2:35.90
2	Carolina Barros Domingos	02	Juv A	126585	SCP	2:37.07 S	4.12.16	Guarda (POR)	2:37.07
3	Beatriz Matozeiro Machado	02	Juv A	126298	SLB	2:50.58 L	1.7.16	Setubal (POR)	2:47.16
4	Maria Leonor Pedro	02	Juv A	124425	CNN	2:52.59 S	31.1.16	Leiria (POR)	2:52.59
5	Constanca Viana Goncalves	02	Juv A	126268	CNMJ	3:00.41 L	1.7.16	Setubal (POR)	2:56.80
6	Rita Costa Albuquerque	02	Juv A	126828	CFB	3:08.66 S	23.1.16	Setubal (POR)	3:08.66
7	Madalena Dominguez	02	Juv A	200409	CNN	3:17.45 S	23.1.16	Setubal (POR)	3:17.45
8	Mariana Lopes Albuquerque	02	Juv A	124323	CNS	3:18.00			3:18.00
9	Ana Raquel Graveto	02	Juv A	129628	SLB	3:18.00			3:18.00
10	Natacha Sofia Silva	02	Juv A	125594	SLB	3:18.00			3:18.00

Prova 4, Femin., 200m Costas

Juvenis B

1	Joana Ribeiro Martins	03	Juv B	129164	SLB	2:26.66 S	23.1.16	Setubal (POR)	2:26.66
2	Maria Ines Ribeiro	03	Juv B	127252	SAD	2:35.94 S	19.11.16	Alges (POR)	2:35.94
3	Ana Margarida Soares	03	Juv B	129488	CNS	2:37.08 S	19.11.16	Alges (POR)	2:37.08
4	Barbara Sofia Amaral	03	Juv B	130785	GESL	2:43.29 S	21.2.16	S. Antonio Cavaleiros (POR)	2:43.29
5	Margarida Teixeira Moreira	03	Juv B	127698	CFB	2:43.46 S	20.3.16	Tomar (POR)	2:43.46
6	Catarina Inês Correia	03	Juv B	129491	CNS	2:44.02 S	20.3.16	Tomar (POR)	2:44.02
7	Mariana Bança Ferreira	03	Juv B	127071	CNS	2:44.86 S	19.11.16	Alges (POR)	2:44.86
8	Joana Sousa Almeida	03	Juv B	129019	SCP	2:46.30 S	20.3.16	Tomar (POR)	2:46.30
9	Daniela Mascarenhas Henriques	03	Juv B	128827	GESL	2:47.37 S	23.1.16	Setubal (POR)	2:47.37
10	Leonor Sequeira Barardo	03	Juv B	129816	AEFDTV	2:47.40 S	19.11.16	Alges (POR)	2:47.40
11	Rafaela Sofia Silva	03	Juv B	127686	SLB	2:47.47 S	19.11.16	Alges (POR)	2:47.47
12	Marta Vainauskaite	03	Juv B	200913	AHBE	2:51.45 S	6.3.16	Alapraia (POR)	2:51.45
13	Bruna Simoes Inacio	03	Juv B	131013	ADST	2:55.45 L	2.7.16	Setubal (POR)	2:51.94
14	Mariana Alexandra Santos	03	Juv B	139257	ADST	2:53.12 S	19.11.16	Alges (POR)	2:53.12
15	Rafaela Silva Santos	03	Juv B	128831	GESL	3:05.10 S	23.1.16	Setubal (POR)	3:05.10
16	Ines Sofia Alves	03	Juv B	200157	CPCD	3:11.45 S	23.1.16	Setubal (POR)	3:11.45
17	Rita Matos Leal	03	Juv B	201551	MO	3:20.14 S	23.1.16	Setubal (POR)	3:20.14
18	Joana Soares Jaleco	03	Juv B	203886	AEFDTV	3:20.30			3:20.30
19	Beatriz Picanço Martins	03	Juv B	127247	SLB	3:20.30			3:20.30
20	Raquel Pinto Santos	03	Juv B	200167	CPCD	3:20.30			3:20.30
21	Mariana Valente Fernandes	03	Juv B	147148	PDEM	3:20.30			3:20.30

Infantis A

1	Maria Ferreira Moura	04	Inf A	131382	GESL	2:32.52 S	26.11.16	Abrantes (POR)	2:32.52
2	Maria Gomes Pereira	04	Inf A	129510	SAD	2:39.80 S	20.3.16	Tomar (POR)	2:39.80
3	Carolina Jose Nascimento	04	Inf A	153425	CPCD	2:46.51 L	18.6.16	Rio Maior (POR)	2:43.18
4	Leonor Alves Morganho	04	Inf A	126315	SAD	2:44.16 S	16.10.16	Alges (POR)	2:44.16
5	Mariana Moraes Delfino	04	Inf A	132603	AEULCCD	2:45.46 S	6.3.16	Alapraia (POR)	2:45.46
6	Lidiana Correia Rodrigues	04	Inf A	130399	CFB	2:49.93 L	25.6.16	Rio Maior (POR)	2:46.53
7	Joana Maia Antunes	04	Inf A	131699	SCP	2:50.94 L	16.7.16	Famalicao (POR)	2:47.52
8	Barbara Almeida Ribeiro	04	Inf A	130249	CNCVCG	2:52.61 L	16.7.16	Famalicao (POR)	2:49.15
9	Carolina Fale Costa	04	Inf A	129801	ADRCIMM	2:52.96 L	16.7.16	Famalicao (POR)	2:49.50
10	Maria Martins Camacho	04	Inf A	130618	SFUAP	2:51.56 S	20.3.16	Tomar (POR)	2:51.56
11	Raquel Raposo Lopes	04	Inf A	153469	ANAM	2:52.14 S	25.4.16	Sines (POR)	2:52.14
12	Aleksandra Bozanic Borcic	04	Inf A	133318	SAD	2:53.79 S	18.6.16	Alges (POR)	2:53.79
13	Joana Marinho Coelho	04	Inf A	131514	SCP	2:54.53 S	20.3.16	Tomar (POR)	2:54.53
14	Andreia Velho Magalhaes	04	Inf A	131092	SLB	2:54.63 S	20.3.16	Tomar (POR)	2:54.63
15	Sara Alexandra Castro	04	Inf A	126049	CNMJ	2:59.02 L	16.7.16	Famalicao (POR)	2:55.44
16	Madalena da Graca Geraldes	04	Inf A	131511	SCP	2:56.10 S	23.1.16	Setubal (POR)	2:56.10
17	Maria Freire Alves	04	Inf A	132522	AHBE	2:56.31 S	18.6.16	Alges (POR)	2:56.31
18	Mafalda Mousinho Esteves	04	Inf A	137859	CIRL	3:01.51 L	2.7.16	Setubal (POR)	2:57.88
19	Alisa Bekauri	04	Inf A	128989	COL	3:02.60 L	2.7.16	Setubal (POR)	2:58.94
20	Clara Patricia Rolo	04	Inf A	147056	GESL	3:03.18 L	2.7.16	Setubal (POR)	2:59.51
21	Joana Miguel Sousa	04	Inf A	130442	AHBE	3:03.30 S	6.3.16	Alapraia (POR)	3:03.30
22	Yonina Brancourt	04	Inf A	202082	GESL	3:03.44 S	16.10.16	Alges (POR)	3:03.44
23	Catarina Nunes Costa	04	Inf A	131376	GESL	3:03.88 S	16.10.16	Alges (POR)	3:03.88
24	Margarida Carvalho Barao	04	Inf A	130241	CNCVCG	3:08.60 L	18.6.16	Rio Maior (POR)	3:04.82
25	Beatriz Melo Fernandes	04	Inf A	200399	SAD	3:07.20 S	16.10.16	Alges (POR)	3:07.20
26	Catarina Alexandra Marques	04	Inf A	130232	CNCVCG	3:08.35 S	6.3.16	Alapraia (POR)	3:08.35
27	Andreia Santos Silva	04	Inf A	130248	CNCVCG	3:10.23 S	16.10.16	Alges (POR)	3:10.23
28	Lara Amaro Silva	04	Inf A	133301	GESL	3:13.48 S	21.2.16	S. Antonio Cavaleiros (POR)	3:13.48
29	Mariana Costa Ganito	04	Inf A	132471	SLB	3:13.51 S	16.10.16	Alges (POR)	3:13.51
30	Catarina Almeida Santos	04	Inf A	129490	CNS	3:15.95 S	23.1.16	Setubal (POR)	3:15.95
31	Laura Santos Penedo	04	Inf A	132520	AHBE	3:15.98 S	23.1.16	Setubal (POR)	3:15.98
32	Laura Picado Coutinho	04	Inf A	200161	CPCD	3:17.34 S	23.1.16	Setubal (POR)	3:17.34
33	Sara Pinto Almada	04	Inf A	132475	SLB	3:18.52 S	16.10.16	Alges (POR)	3:18.52
34	Beatriz Lourenço Faria	04	Inf A	133124	JFA	3:19.94 S	23.1.16	Setubal (POR)	3:19.94
35	Carolina Anjos Frischknecht	04	Inf A	129489	CNS	3:20.37 S	23.1.16	Setubal (POR)	3:20.37
36	Filipa Ribeiro Gomes	04	Inf A	201030	CNCVCG	3:21.93 S	6.3.16	Alapraia (POR)	3:21.93
37	Constanca Ferreira Almeida	04	Inf A	130282	CNCVCG	3:23.15 S	16.10.16	Alges (POR)	3:23.15
38	Beatriz Paulino Santos	04	Inf A	132509	AEFDTV	3:23.30			3:23.30
39	Diana Popa	04	Inf A	203850	AEFDTV	3:23.30			3:23.30
40	Renata Campo Reis	04	Inf A	200422	MO	3:23.30			3:23.30
41	Catarina Teixeira Pinto	04	Inf A	132799	SFUAP	3:23.30			3:23.30
42	Mariana Mourão Rodrigues	04	Inf A	202645	SFUAP	3:23.30			3:23.30
43	Diana Valadas Horta	04	Inf A	201782	CIRL	3:23.30			3:23.30
44	Catarina Sofia Paredes	04	Inf A	133299	GESL	3:23.30			3:23.30

Prova 4, Femin., 200m Costas

Infantis B

1	Soraia Brilhante Salgado	05	Inf B	132513	AEFDTV	2:58.16 S	16.10.16	Alges (POR)	2:58.16
2	Maria Correia Ricardo	05	Inf B	129496	CNS	2:59.96 S	16.10.16	Alges (POR)	2:59.96
3	Mafalda Pereira Matos	05	Inf B	200898	GESL	3:00.48 S	16.10.16	Alges (POR)	3:00.48
4	Marisa Almeida Lamego	05	Inf B	200899	GESL	3:03.23 S	16.10.16	Alges (POR)	3:03.23
5	Mariana Andreia Silva	05	Inf B	141810	SCP	3:11.17 S	16.10.16	Alges (POR)	3:11.17
6	Leonor Oliveira Caratao	05	Inf B	133339	ADST	3:14.39 S	16.10.16	Alges (POR)	3:14.39
7	Rafaela Diogo Martins	05	Inf B	132214	CNS	3:15.01 S	16.10.16	Alges (POR)	3:15.01
8	Barbara Cunha Ventura	05	Inf B	132458	SLB	3:15.84 S	16.10.16	Alges (POR)	3:15.84
9	Matilde Garcia Infante	05	Inf B	132563	SAD	3:19.50 S	16.10.16	Alges (POR)	3:19.50
10	Francisca Otao Tribuna	05	Inf B	132463	SLB	3:21.84 S	16.10.16	Alges (POR)	3:21.84
11	Madalena Silva Pereira	05	Inf B	132999	JFA	3:23.13 S	16.10.16	Alges (POR)	3:23.13
12	Sara Nunes Conceicao	05	Inf B	201393	ANAM	3:26.80 S	16.10.16	Alges (POR)	3:26.80
13	Carolina Lima Lopes	05	Inf B	132606	CNMJ	3:28.71 S	16.10.16	Alges (POR)	3:28.71
14	Carmo Dias Vieira	05	Inf B	201319	AEULCCD	3:33.51 S	16.10.16	Alges (POR)	3:33.51
15	Marta Sofia Carvalho	05	Inf B	133331	ADRCIMM	3:34.00			3:34.00
16	Mafalda Sofia Costa	05	Inf B	132453	ADRCIMM	3:34.00			3:34.00
17	Luisa Morais Marques	05	Inf B	137863	AEFDTV	3:34.00			3:34.00
18	Matilde Aleixo Duarte	05	Inf B	202526	CNS	3:34.00			3:34.00
19	Beatriz Isabel Tavares	05	Inf B	200181	CNS	3:34.00			3:34.00
20	Raquel Lopes Albuquerque	05	Inf B	132608	CNS	3:34.00			3:34.00
21	Daniela Leitão Monteiro	05	Inf B	200016	JFA	3:34.00			3:34.00
22	Madalena Carrapico Alexandrino	05	Inf B	132560	SAD	3:34.00			3:34.00
23	Maria Del Rio Bernat	05	Inf B	200403	SAD	3:34.00			3:34.00
24	Marta Joao Pires	05	Inf B	147235	SAD	3:34.00			3:34.00
25	Marta Atalaya Rebelo	05	Inf B	200739	SAD	3:34.00			3:34.00
26	Maria Carolina Vargas	05	Inf B	132561	SAD	3:34.00			3:34.00
27	Joana Fernandes Gama	05	Inf B	153361	SCP	3:34.00			3:34.00
28	Erica Cristina Reis	05	Inf B	200201	SCP	3:34.00			3:34.00
29	Vera Di Martino Serafim	05	Inf B	153368	SCP	3:34.00			3:34.00
30	Ana Beatriz Simoes	05	Inf B	153354	SCP	3:34.00			3:34.00
31	Nicole Patriarca Franca	05	Inf B	153435	CPCD	3:34.00			3:34.00
32	Simone Filipe Monteiro	05	Inf B	203878	GESL	3:34.00			3:34.00
33	Maria Neto Ferreira	05	Inf B	132524	AHBE	3:50.00			3:50.00
34	Marta Jacob	05	Inf B	202334	AHBE	3:50.00			3:50.00
35	Madalena Sampaio Torgal	05	Inf B	132521	AHBE	3:50.00			3:50.00
36	Carolina Tavares Ferraz	05	Inf B	202506	SAD	3:50.00			3:50.00
WDR	Rita Abibe Gonçalves	05	Inf B	144730	MO	3:04.06 S	16.10.16	Alges (POR)	3:04.06
WDR	Mariana Maiato Paulino	05	Inf B	133001	CNCVG	3:26.72 S	16.10.16	Alges (POR)	3:26.72

Prova 5

Masc., 200m Mariposa

Infantis & Juvenis

21.1.17

Lista inscritos

Rec Regional Inf B	2:23.10	Tiago Ramos Barroso	SAD			1996
Rec Regional Inf A	2:15.67	Joao Alexandre Vital	ADRCIMM	Algés		2012
Rec Regional Juv B	2:11.56	Miguel Cabrita	SAD			1989
Rec Regional Juv A	2:07.51	Pedro Mendonça	CNCVG			2002
Rec Regional Absoluto	1:53.56	Duarte Rafael Mourao	CNA	S. Antonio Cavaleiros		2009
Rec Nacional Inf B	2:19.18	Andre Vilas Ruivo	DNMG	Nazaré		2013
Rec Nacional Inf A	2:12.42	Tomas Miguel Freitas	CDN	Funchal		2004
Rec Nacional Juv B	2:07.06	Pedro Diogo Oliveira	CNRM	Entroncamento		2003
Rec Nacional Juv A	2:03.38	Diogo Parrilha da Silva	CNAL	Alcobaça		2009
Rec Nacional Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)		2009

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Juvenis A								
1	Carlos Filipe Lopes	01	Juv A	127265	SFUAP	2:22.11 S	18.6.16 Alges (POR)	2:22.11
2	Guilherme Filipe Alcobia	01	Juv A	126473	SLB	2:32.50 L	3.7.16 Setubal (POR)	2:27.92
3	Guilherme Luis Soares	01	Juv A	126578	SCP	2:31.21 S	20.11.16 Alges (POR)	2:31.21
4	Filipe Ferrão Melo	01	Juv A	200171	CNS	2:32.24 S	20.11.16 Alges (POR)	2:32.24

Prova 5, Masc., 200m Mariposa

Juvenis B

1	Joao Miguel Martins	02	Juv B	127267	CFB	2:30.79 L	16.7.16	Famalicao (POR)	2:26.26
2	Joao Luis Cruz	02	Juv B	129014	SCP	2:55.88 S	23.1.16	Setubal (POR)	2:55.88
3	Pedro Picoto Garcia	02	Juv B	129958	AHBE	2:56.00			2:56.00

Infantis A

1	Luis Cabral Junior	03	Inf A	129805	CFB	2:48.82 S	23.1.16	Setubal (POR)	2:48.82
2	Goncalo Vieira Almeida	03	Inf A	129986	SFUAP	2:55.17 S	6.3.16	Alapraia (POR)	2:55.17
3	Pedro Esteves Duarte	03	Inf A	132531	ANAM	3:21.39 S	23.1.16	Alcobaca (POR)	3:21.39
4	Afonso Esteves Tome	03	Inf A	128467	ADRCIMM	3:22.00			3:22.00
5	João Miguel Cascalheira	03	Inf A	201621	CNS	3:22.00			3:22.00
6	Daniel Alexandre Ascenso	03	Inf A	131377	GESL	3:22.00			3:22.00
7	David Manuel Vale	03	Inf A	148339	GESL	3:22.00			3:22.00

Infantis B

1	Tiago Morgado Nogueira	04	Inf B	202389	ADRCIMM	3:40.00			3:40.00
2	Yann Forjaz Fock	04	Inf B	129699	AEULCCD	3:40.00			3:40.00
3	Tomás Rebelo Dias	04	Inf B	148500	AEULCCD	3:40.00			3:40.00
4	Guilherme Miguel Carneiro	04	Inf B	132518	AHBE	3:40.00			3:40.00
5	Rafael Caceres Lopes	04	Inf B	201395	ANAM	3:40.00			3:40.00
6	Miguel Costa Simoes	04	Inf B	132350	ANAM	3:40.00			3:40.00
7	Andre Azevedo Baraona	04	Inf B	123965	CNMJ	3:40.00			3:40.00
8	Bernardo Santos Botelho	04	Inf B	132209	CNS	3:40.00			3:40.00
9	Diogo Punilhas Monteiro	04	Inf B	147200	INDANL	3:40.00			3:40.00
10	Manuel Martins Francisco	04	Inf B	200395	SAD	3:40.00			3:40.00
11	Joao Afonso Santos	04	Inf B	153371	SCP	3:40.00			3:40.00
12	Nuno Fontes Mil Homens	04	Inf B	153364	SCP	3:40.00			3:40.00
13	Rodrigo Neves Fernandes	04	Inf B	150758	GESL	3:40.00			3:40.00

Prova 6
 22.1.17

Femin., 400m Livres

Infantis & Juvenis
 Lista inscritos

Rec Regional Inf B	4:42.86	Beatriz Rodrigues Conde	SCP	Alges	2010
Rec Regional Inf A	4:34.76	Alexandra Couto Frazao	CNA	Sto Antº Cavaleiros	2015
Rec Regional Juv B	4:23.08	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec Regional Juv A	4:18.39	Ana Cláudia Correia Santos	SFUAP	Cantanhede	2004
Rec Regional Absoluto	4:05.39	Diana Margarida Duraes	SLB	Vila Real St. Antonio	2016
Rec Nacional Inf B	4:38.40	Filipa Vilas Ruivo	DNMG	Alcobaça	2009
Rec Nacional Inf A	4:25.30	Alexandra Maria Silva	FCP	Porto	1980
Rec Nacional Juv B	4:23.08	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec Nacional Juv A	4:18.39	Ana Claudia Santos	SFUAP	Cantanhede	2004
Rec Nacional Absoluto	4:05.39	Diana Margarida Duraes	SLB	Vila Real St. Antonio	2016

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Juvenis A								
1	Alexandra Couto Frazão	02	Juv A	125426	CDOM	4:25.37 S	20.11.16 Alges (POR)	4:25.37
2	Joana Filipa Varandas	02	Juv A	124305	CIRL	4:38.39 S	20.11.16 Alges (POR)	4:38.39
3	Maria Mousinho Esteves	02	Juv A	131944	CIRL	4:53.03 S	24.1.16 Setubal (POR)	4:53.03
4	Carolina Barros Domingos	02	Juv A	126585	SCP	4:54.91 S	20.11.16 Alges (POR)	4:54.91
5	Mafalda Marques Pinto	02	Juv A	125422	AEULCCD	4:56.75 S	20.11.16 Alges (POR)	4:56.75
6	Daniela Sofia Fernandes	02	Juv A	200164	CPCD	5:20.29 L	2.7.16 Setubal (POR)	5:13.88
7	Margarida Cunha Barros	02	Juv A	127076	SFUAP	5:14.92 S	24.1.16 Setubal (POR)	5:14.92
8	Ana Catarina Barata	02	Juv A	126477	SFUAP	5:15.42 S	24.1.16 Setubal (POR)	5:15.42
9	Patricia Alexandra Boto	02	Juv A	124329	ANAM	5:29.68 L	27.2.16 Vila Franca de Xira (POR)	5:23.08
10	Mariana Lopes Albuquerque	02	Juv A	124323	CNS	5:36.76 S	24.1.16 Setubal (POR)	5:36.76
11	Mariana Pedro Pereira	02	Juv A	126180	GESL	5:37.00		5:37.00

Juvenis B

1	Ema Jeronimo Conceicao	03	Juv B	129812	AEFDTV	5:00.57 L	15.7.16 Famalicao (POR)	4:54.55
2	Beatriz Quintao Amantes	03	Juv B	132798	SFUAP	5:06.64 L	30.6.16 Setubal (POR)	5:00.50
3	Margarida Teixeira Moreira	03	Juv B	127698	CFB	5:08.67 L	30.6.16 Setubal (POR)	5:02.49
4	Tatiana Valentim Oliveira	03	Juv B	129818	AEFDTV	5:05.31 S	20.11.16 Alges (POR)	5:05.31
5	Barbara Sofia Amaral	03	Juv B	130785	GESL	5:10.98 S	18.6.16 Alges (POR)	5:10.98
6	Joana Sousa Almeida	03	Juv B	129019	SCP	5:17.47 L	30.6.16 Setubal (POR)	5:11.12
7	Leonor Ramos Zacarias	03	Juv B	127070	CNS	5:33.04 S	24.1.16 Setubal (POR)	5:33.04
8	Madalena Reis Cerdeira	03	Juv B	130053	AEULCCD	5:36.89 S	13.11.16 Alapraia (POR)	5:36.89
9	Rafaela Silva Santos	03	Juv B	128831	GESL	5:45.95 L	30.6.16 Setubal (POR)	5:39.03
10	Rafaela Rodrigues Moura	03	Juv B	127272	AONDA	5:43.45 S	13.11.16 Alapraia (POR)	5:43.45
11	Mariana Alexandra Santos	03	Juv B	139257	ADST	5:49.08 S	13.2.16 Lisboa (POR)	5:49.08
12	Joana Isabel Pulquerio	03	Juv B	126427	SFUAP	5:49.30		5:49.30

Infantis A

1	Leonor Alves Morganho	04	Inf A	126315	SAD	4:57.66 S	20.3.16 Tomar (POR)	4:57.66
2	Carolina Jose Nascimento	04	Inf A	153425	CPCD	5:12.49 L	15.7.16 Famalicao (POR)	5:06.24
3	Carolina Porem Henriques	04	Inf A	129802	CNA	5:12.19 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:12.19
4	Izabella Alexis Gomes	04	Inf A	202507	SAD	5:16.89 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:16.89
5	Barbara Almeida Ribeiro	04	Inf A	130249	CNCVG	5:18.26 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:18.26
6	Mafalda Sardinha Monteiro	04	Inf A	128883	SLB	5:18.51 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:18.51
7	Raquel Raposo Lopes	04	Inf A	153469	ANAM	5:20.84 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:20.84
8	Mariana Morais Delfino	04	Inf A	132603	AEULCCD	5:26.63 S	13.11.16 Alapraia (POR)	5:26.63
9	Sara Alexandra Castro	04	Inf A	126049	CNMJ	5:33.32 L	30.6.16 Setubal (POR)	5:26.65
10	Carolina Osório Brasão	04	Inf A	200900	GESL	5:26.82 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:26.82
11	Ana Sofia Inacio	04	Inf A	202686	CPCD	5:28.58 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:28.58
12	Margarida Carvalho Barao	04	Inf A	130241	CNCVG	5:33.03 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:33.03
13	Daniela Filipa Marques	04	Inf A	130792	AONDA	5:34.45 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:34.45
14	Maria Martins Camacho	04	Inf A	130618	SFUAP	5:39.71 S	11.12.16 Sto Antonio Cavaleiros (POR)	5:39.71
15	Luana Santos Freitas	04	Inf A	130470	CDOM	5:48.35 S	24.1.16 Setubal (POR)	5:48.35
16	Diana Valadas Horta	04	Inf A	201782	CIRL	6:07.45 S	13.11.16 Alapraia (POR)	6:07.45
17	Margarida Mendes Bras	04	Inf A	131030	CNMJ	6:20.00		6:20.00

Prova 6, Femin., 400m Livres

Infantis B

1	Soraia Alexandra Delgado	05	Inf B	153438	CPCD	5:04.15 S	13.11.16	Alapraia (POR)	5:04.15
2	Isadora Maia Andre	05	Inf B	132800	SFUAP	5:07.25 S	13.11.16	Alapraia (POR)	5:07.25
3	Luciana Rodrigues Moura	05	Inf B	129624	AONDA	5:34.29 S	13.11.16	Alapraia (POR)	5:34.29
4	Mariana Andreia Silva	05	Inf B	141810	SCP	5:39.28 S	13.11.16	Alapraia (POR)	5:39.28
5	Francisca Otao Tribuna	05	Inf B	132463	SLB	5:43.05 S	13.11.16	Alapraia (POR)	5:43.05
6	Mariana Marques Santos	05	Inf B	150757	GESL	5:43.57 S	13.11.16	Alapraia (POR)	5:43.57
7	Mariana Reis Ferreira	05	Inf B	200724	AONDA	5:48.80 S	13.11.16	Alapraia (POR)	5:48.80
8	Ana Belo Braga	05	Inf B	132505	AONDA	5:54.95 S	13.11.16	Alapraia (POR)	5:54.95
9	Barbara Cunha Ventura	05	Inf B	132458	SLB	6:13.39 S	22.5.16	Lisboa (POR)	6:13.39
10	Filipa Alexandre Aragao	05	Inf B	202010	CIRL	6:19.31 S	13.11.16	Alapraia (POR)	6:19.31
11	Bruna Alexandra Banha	05	Inf B	130755	CDOM	6:20.00			6:20.00
12	Luna Alexandra Neves	05	Inf B	148495	CDOM	6:20.00			6:20.00
13	Carolina Fonseca Gomes	05	Inf B	202528	ESJB	6:20.00			6:20.00
14	Madalena Silva Pereira	05	Inf B	132999	JFA	6:20.00			6:20.00

Prova 7 22.1.17

Masc., 200m Estilos

Infantis & Juvenis Lista inscritos

Rec Regional Inf B	2:22.40	Pedro Fontoura Oliveira	CFB	2003
Rec Regional Inf A	2:16.29	Joao Alexandre Vital	ADRCIMM Algés	2012
Rec Regional Juv B	2:10.75	Diogo Leal Dantas	SCP Algés	2015
Rec Regional Juv A	2:06.94	Diogo Gomes Sousa	CNCVG Estoril, Alapraia	2011
Rec Nacional Absoluto	1:55.40	Alexis Manacas Santos	SCP Netanya (ISR)	2015
Rec Nacional Inf B	2:17.96	Andre Vilas Ruivo	DNMG Nazaré	2013
Rec Nacional Inf A	2:13.38	Tomas Miguel Freitas	CDN Funchal	2004
Rec Nacional Juv B	2:08.27	Diogo Filipe Carvalho	CGA Fafe	2003
Rec Nacional Juv A	2:05.34	Diogo Filipe Carvalho	CGA Aveiro	2004
Rec Nacional Absoluto	1:53.45	Diogo Filipe Carvalho	CGA Netanya (ISR)	2015

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Juvenis A								
1	Gonçalo Silveirinha Caldeira	01	Juv A	128343	CDOM	2:16.36 S	4.12.16 Guarda (POR)	2:16.36
2	Rodrigo Almeida Cabrito	01	Juv A	121510	CFB	2:19.96 S	7.5.16 Pinhal Novo (POR)	2:19.96
3	Edgar Filipe Santos	01	Juv A	127750	SFUAP	2:20.93 S	4.12.16 Guarda (POR)	2:20.93
4	Ricardo Martins Bras	01	Juv A	121508	CFB	2:21.52 S	4.12.16 Guarda (POR)	2:21.52
5	Jose Maria Pereira	01	Juv A	126579	SCP	2:25.25 L	24.7.16 Oeiras (POR)	2:22.34
6	Tiago Maria Camoes	01	Juv A	121851	SFUAP	2:23.19 S	19.11.16 Alges (POR)	2:23.19
7	Filipe Ferrão Melo	01	Juv A	200171	CNS	2:24.91 S	19.11.16 Alges (POR)	2:24.91
8	Ricardo Correia Teixeira	01	Juv A	130134	CFB	2:25.32 S	4.12.16 Guarda (POR)	2:25.32
9	Carlos Filipe Lopes	01	Juv A	127265	SFUAP	2:26.31 S	7.5.16 Pinhal Novo (POR)	2:26.31
10	Afonso Maria Carvalho	01	Juv A	126580	SCP	2:27.25 S	19.11.16 Alges (POR)	2:27.25
11	Guilherme Luis Soares	01	Juv A	126578	SCP	2:31.54 S	1.11.16 Lisboa (POR)	2:31.54
12	Filipe Eduardo Morais	01	Juv A	200145	CPCD	2:33.33 S	19.11.16 Alges (POR)	2:33.33
13	Bernardo Silva Felix	01	Juv A	129061	PDEM	2:36.43 S	24.1.16 Setubal (POR)	2:36.43
14	Alexandre Pavlenko Garngtsky	01	Juv A	122039	SCP	2:37.00		2:37.00
WDR	Rodrigo Melo Pinto	01	Juv A	128733	CNCVG	2:23.32 S	7.5.16 Pinhal Novo (POR)	2:23.32

Juvenis B

1	Diogo Nuno Valente	02	Juv B	130425	SCP	2:21.19 S	20.3.16 Tomar (POR)	2:21.19
2	Daniel Rodrigues Alves	02	Juv B	123454	CFB	2:24.13 S	19.11.16 Alges (POR)	2:24.13
3	Ruy Manuel Domingos	02	Juv B	129012	SCP	2:24.33 S	20.3.16 Tomar (POR)	2:24.33
4	Martim Primavera Alfama	02	Juv B	128833	GESL	2:24.85 S	7.5.16 Pinhal Novo (POR)	2:24.85
5	Bernardo Geada Brito	02	Juv B	130621	SFUAP	2:28.14 L	17.7.16 Famalicao (POR)	2:25.17
6	Rafael Alves Costa	02	Juv B	128173	SCP	2:25.24 S	4.12.16 Guarda (POR)	2:25.24
7	Rafael Moreira Oliveira	02	Juv B	128325	CFB	2:25.63 S	20.3.16 Tomar (POR)	2:25.63
8	Rafael Rodrigues Jacinto	02	Juv B	129002	CFB	2:27.19 S	4.12.16 Guarda (POR)	2:27.19
9	Pedro Alves Martinho	02	Juv B	129482	AHBE	2:27.76 S	19.11.16 Alges (POR)	2:27.76
10	Joao Nogueira Mendes	02	Juv B	128745	CIRL	2:35.94 S	7.5.16 Pinhal Novo (POR)	2:35.94
11	Diogo Garcez Mateus	02	Juv B	129622	AONDA	2:36.04 S	7.5.16 Pinhal Novo (POR)	2:36.04
12	Bernardo Safara Inverno	02	Juv B	129021	SCP	2:36.48 S	7.5.16 Pinhal Novo (POR)	2:36.48
13	Joao Garcez Mateus	02	Juv B	129623	AONDA	2:37.08 S	23.10.16 Setubal (POR)	2:37.08
14	Joao Luis Cruz	02	Juv B	129014	SCP	2:37.78 S	19.11.16 Alges (POR)	2:37.78
15	Gonçalo Francisco Neves	02	Juv B	126866	AHBE	2:37.95 S	19.11.16 Alges (POR)	2:37.95

Prova 7, Masc., 200m Estilos

16	Vasco Camacho Ramos	02	Juv B	201622	CNS	2:38.97 S	23.10.16	Setubal (POR)	2:38.97
17	Tomas Patricio Martins	02	Juv B	132351	AEFDTV	2:39.67 S	7.5.16	Pinhal Novo (POR)	2:39.67
18	Afonso Teles Carvalho	02	Juv B	127264	SLB	2:43.82 S	19.11.16	Alges (POR)	2:43.82
19	Pedro Almeida Marques	02	Juv B	127176	CNS	2:44.83 S	23.10.16	Setubal (POR)	2:44.83
20	Diogo Rogado Guerreiro	02	Juv B	122046	AONDA	2:44.94 S	7.5.16	Pinhal Novo (POR)	2:44.94
21	Nuno Miguel Silva	02	Juv B	202635	AEFDTV	2:47.94 S	23.10.16	Setubal (POR)	2:47.94
22	Guilherme Alexandre Solposto	02	Juv B	127489	AONDA	2:48.60 S	23.10.16	Setubal (POR)	2:48.60
23	Diogo Miguel Esteves	02	Juv B	129054	CNS	2:53.18 S	23.10.16	Setubal (POR)	2:53.18
24	Pedro Miguel Silva	02	Juv B	200915	PDEM	2:54.51 S	23.10.16	Setubal (POR)	2:54.51
25	Fernando Manuel Garcia	02	Juv B	153285	CFB	3:00.52 S	23.10.16	Setubal (POR)	3:00.52
26	Pedro Picoto Garcia	02	Juv B	129958	AHBE	3:01.00			3:01.00
27	Francisco Matos Azevedo	02	Juv B	202510	CFB	3:01.00			3:01.00
28	Simao Castro Barreto	02	Juv B	132474	SLB	3:01.00			3:01.00
29	Alfredo Miguel Carvalho	02	Juv B	201545	GESL	3:01.00			3:01.00

Infantis A

1	Tomas Nogueira Gomes	03	Inf A	126626	SFUAP	2:28.42 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:28.42
2	Pedro Henriques Correia	03	Inf A	125257	SLB	2:38.56 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:38.56
3	Nicolae Iachimovschi	03	Inf A	130036	CFB	2:39.09 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:39.09
4	Guilherme Carmo Manz	03	Inf A	148571	CNCVG	2:39.67 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:39.67
5	Henrique Pinheiro Valente	03	Inf A	130237	CNCVG	2:41.91 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:41.91
6	Joao Luis Matos	03	Inf A	130239	CNCVG	2:43.54 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:43.54
7	Guilherme Matias Cristino	03	Inf A	132528	SFUAP	2:43.78 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:43.78
8	Rodrigo Beja Lopes	03	Inf A	132651	PDEM	2:45.87 S	16.10.16	Alges (POR)	2:45.87
9	Andre Santos Costa	03	Inf A	129963	CNA	2:46.01 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:46.01
10	António Sousa Pereira	03	Inf A	201690	AHBE	2:46.36 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:46.36
11	Goncalo Vieira Almeida	03	Inf A	129986	SFUAP	2:46.83 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:46.83
12	Tomas Almeida Leitao	03	Inf A	129525	SAD	2:50.84 L	3.7.16	Setubal (POR)	2:47.42
13	Joao Maria Colaco	03	Inf A	131515	SCP	2:51.15 L	3.7.16	Setubal (POR)	2:47.72
14	Joao Matos Fidalgo	03	Inf A	128885	SLB	2:48.82 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:48.82
15	Fabio Miguel Farinha	03	Inf A	128886	SLB	2:50.09 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:50.09
16	Afonso Esteves Tome	03	Inf A	128467	ADRCIMM	2:50.54 S	16.10.16	Alges (POR)	2:50.54
17	Antonio Cinca Festas	03	Inf A	124422	CNN	2:50.69 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:50.69
18	Guilherme Guerreiro Sousa	03	Inf A	128734	CFB	2:51.54 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:51.54
19	Rafael Alexandre Soares	03	Inf A	200162	CPCD	2:53.14 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:53.14
20	Alexandre Coelho Vieira	03	Inf A	131516	SCP	2:56.88 S	1.11.16	Lisboa (POR)	2:56.88
21	Pedro Pires Gomes	03	Inf A	129534	CFB	2:57.36 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:57.36
22	Bernardo Pinto Coelho	03	Inf A	128144	PDEM	3:04.14 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:04.14
23	Miguel José Gomes	03	Inf A	200421	MO	3:05.97 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:05.97
24	Joao Santos Silva	03	Inf A	129630	SLB	3:06.60 S	16.10.16	Alges (POR)	3:06.60
25	Lourenço Rodrigues Ferreira	03	Inf A	126865	AHBE	3:14.41 S	24.1.16	Setubal (POR)	3:14.41
26	David Alexandre Santos	03	Inf A	126475	CNMJ	3:22.63 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:22.63
27	Frederico Martins Silva	03	Inf A	131579	ADRCIMM	3:23.00			3:23.00
28	Pedro Romana Matos	03	Inf A	203180	GESL	3:23.00			3:23.00

Infantis B

1	Bernardo Jorge Simoes	04	Inf B	130250	CNCVG	2:35.13 S	9.7.16	Alges (POR)	2:35.13
2	Goncalo Gomes Augusto	04	Inf B	127270	AONDA	2:44.52 S	9.7.16	Alges (POR)	2:44.52
3	Duarte Cadima Goncalves	04	Inf B	153295	PDEM	2:47.54 S	12.11.16	Alapraia (POR)	2:47.54
4	Guilherme Miguel Carneiro	04	Inf B	132518	AHBE	2:49.79 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:49.79
5	Guilherme Machado Santos	04	Inf B	200202	SFUAP	2:51.50 S	12.11.16	Alapraia (POR)	2:51.50
6	Alexandre Duarte Morais	04	Inf B	132645	PDEM	2:53.08 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:53.08
7	Ruben Jose Salgueiro	04	Inf B	133507	ESJB	2:54.03 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:54.03
8	Manuel Matos Martins	04	Inf B	132647	PDEM	2:54.48 S	16.10.16	Alges (POR)	2:54.48
9	Francisco Amaro Santos	04	Inf B	201404	GESL	2:55.47 S	12.11.16	Alapraia (POR)	2:55.47
10	Tiago Barroso Proença	04	Inf B	129698	AEULCCD	2:57.23 S	11.12.16	Sto Antonio Cavaleiros (POR)	2:57.23
11	Jaeden Michael Nunes	04	Inf B	202508	SAD	2:59.46 S	12.11.16	Alapraia (POR)	2:59.46
12	Tomas Pratas Neto	04	Inf B	132652	PDEM	2:59.52 S	12.11.16	Alapraia (POR)	2:59.52
13	Marcelo Felix Alves	04	Inf B	130240	CNCVG	3:00.02 S	9.7.16	Alges (POR)	3:00.02
14	Afonso Gonçalves de Jorge	04	Inf B	201702	GESL	3:00.52 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:00.52
15	Guilherme Pinto Restolho	04	Inf B	200488	CPCD	3:00.61 S	12.11.16	Alapraia (POR)	3:00.61
16	Miguel Filipe Anjo	04	Inf B	201394	ANAM	3:00.66 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:00.66
17	Joao Ramos Cardoso	04	Inf B	150755	GESL	3:04.83 S	16.10.16	Alges (POR)	3:04.83
18	Hugo Tomas Silva	04	Inf B	200491	AONDA	3:06.01 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:06.01
19	Manuel Martins Francisco	04	Inf B	200395	SAD	3:07.54 S	16.10.16	Alges (POR)	3:07.54
20	Vasco Melo Pinto	04	Inf B	132008	CNCVG	3:14.01 S	12.11.16	Alapraia (POR)	3:14.01
21	Goncalo Antunes Rodrigues	04	Inf B	130975	ADRCIMM	3:14.06 S	24.4.16	Reboleira (POR)	3:14.06
22	Marcos Nunes Santos	04	Inf B	153468	PDEM	3:14.20 S	12.11.16	Alapraia (POR)	3:14.20
23	Tiago Ferreira Fernandes	04	Inf B	132473	CNA	3:20.44 S	16.10.16	Alges (POR)	3:20.44

Prova 7, Masc., 200m Estilos

24	André Bernardo Tavares	04	Inf B	201333	CNCVG	3:20.93 S	11.12.16	Sto Antonio Cavaleiros (POR)	3:20.93
25	Pedro Forjaz Cirurgiao	04	Inf B	132564	SAD	3:33.48 S	24.4.16	Reboleira (POR)	3:33.48
26	Henrique Manuel Ribeiro	04	Inf B	133303	ESJB	3:35.54 S	16.10.16	Alges (POR)	3:35.54
27	Daniel Nogueira Ferreira	04	Inf B	133156	ADRCIMM	3:58.38 S	1.11.16	Lisboa (POR)	3:58.38
28	Diogo Miguel Pica	04	Inf B	200730	PDEM	4:00.12 S	24.4.16	Reboleira (POR)	4:00.12
29	Goncalo Daniel Santos	04	Inf B	148573	CNMJ	4:01.00			4:01.00
30	Daniel Germano Abdurramane	04	Inf B	132556	SAD	4:01.00			4:01.00
31	Tomás Sá Vieira	04	Inf B	131504	SAD	4:01.00			4:01.00
32	Goncalo Afonso Gouveia	04	Inf B	153360	SCP	4:01.00			4:01.00
33	Tomas Santos Luis	04	Inf B	153367	SCP	4:01.00			4:01.00
34	Rodrigo Almeida Guimaraes	04	Inf B	147196	CIRL	4:01.00			4:01.00

Prova 8 22.1.17

Femin., 200m Bruços

Infantis & Juvenis Lista inscritos

Rec Regional Inf B	2:45.30	Clara Gomes Pereira	SAD	Alges	2014
Rec Regional Inf A	2:36.86	Clara Gomes Pereira	SAD	Algés	2015
Rec Regional Juv B	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	2003
Rec Regional Juv A	2:32.36	Diana Duarte Gomes	ABVE	Alcobaça	2004
Rec Regional Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. Antonio Cavaleiros	2009
Rec Nacional Inf B	2:45.30	Clara Gomes Pereira	SAD	Alges	2014
Rec Nacional Inf A	2:36.86	Clara Gomes Pereira	SAD	Algés	2015
Rec Nacional Juv B	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	2003
Rec Nacional Juv A	2:32.36	Diana Duarte Gomes	ABVE	Alcobaça	2004
Rec Nacional Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	2009

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
Juvenis A									
1	Margarida Cunha Barros	02	Juv A	127076	SFUAP	3:04.89 L	11.3.16	Oeiras (POR)	2:59.34
2	Ana Rita Matos	02	Juv A	127501	GESL	3:01.15 S	24.1.16	Setubal (POR)	3:01.15
3	Mariana Freitas Neto	02	Juv A	127693	SCP	3:11.40 L	10.6.16	Vila Franca de Xira (POR)	3:05.65
4	Luana Gonçalves Dantas	02	Juv A	124419	CNN	3:06.57 S	25.4.16	Sines (POR)	3:06.57
5	Carolina Ganhao Ferro	02	Juv A	126267	GESL	3:14.54 S	24.1.16	Setubal (POR)	3:14.54
6	Ana Catarina Barata	02	Juv A	126477	SFUAP	3:15.63 S	24.1.16	Setubal (POR)	3:15.63
7	Patricia Alexandra Boto	02	Juv A	124329	ANAM	3:22.20 S	25.4.16	Sines (POR)	3:22.20
8	Maria Angelina Vicetto	02	Juv A	123962	CNMJ	3:29.33 S	24.1.16	Setubal (POR)	3:29.33
9	Constanca Viana Goncalves	02	Juv A	126268	CNMJ	3:30.00			3:30.00
10	Maria Margarida Belo	02	Juv A	126587	SCP	3:30.00			3:30.00
11	Leonor Camacho Fernandes	02	Juv A	126576	SCP	3:30.00			3:30.00
12	Madalena Maria Ferreira	02	Juv A	126572	SCP	3:30.00			3:30.00
WDR	Mafalda Nogueira Machado	02	Juv A	127358	CNCVG	3:10.64 S	16.1.16	Torres Novas (POR)	3:10.64

Juvenis B

1	Mafalda Viegas Cruz	03	Juv B	129018	SCP	3:04.65 S	20.11.16	Alges (POR)	3:04.65
2	Bruna Simoes Inacio	03	Juv B	131013	ADST	3:09.38 S	20.11.16	Alges (POR)	3:09.38
3	Laura Morais Marques	03	Juv B	137862	AEFDTV	3:26.17 L	4.6.16	Rio Maior (POR)	3:19.98
4	Rafaela Rodrigues Moura	03	Juv B	127272	AONDA	3:31.02 S	24.1.16	Setubal (POR)	3:31.02
5	Mariana Fernandes	03	Juv B	201552	MO	3:39.87 S	24.1.16	Setubal (POR)	3:39.87
6	Carolina Ferreira Santos	03	Juv B	133279	ADST	3:47.64 S	24.1.16	Setubal (POR)	3:47.64
7	Joana Soares Jaleco	03	Juv B	203886	AEFDTV	3:48.00			3:48.00
8	Mariana Bança Ferreira	03	Juv B	127071	CNS	3:48.00			3:48.00
9	Ana Margarida Soares	03	Juv B	129488	CNS	3:48.00			3:48.00
10	Claudia Beatriz Martins	03	Juv B	128830	GESL	3:48.00			3:48.00

Infantis A

1	Maria Gomes Pereira	04	Inf A	129510	SAD	2:53.04 L	16.7.16	Famalicao (POR)	2:47.84
2	Barbara Almeida Ribeiro	04	Inf A	130249	CNCVG	3:08.29 S	16.10.16	Alges (POR)	3:08.29
3	Leonor Esteves Santos	04	Inf A	130603	AEULCCD	3:12.57 S	16.10.16	Alges (POR)	3:12.57
4	Margarida Filipe Ferreira	04	Inf A	132347	ANAM	3:13.92 S	25.4.16	Sines (POR)	3:13.92
5	Matilde Carvalho Barao	04	Inf A	130243	CNCVG	3:23.63 L	16.7.16	Famalicao (POR)	3:17.52
6	Madalena da Graca Geraldos	04	Inf A	131511	SCP	3:19.49 S	24.1.16	Setubal (POR)	3:19.49
7	Maria Silva Angelino	04	Inf A	132833	PDEM	3:26.23 L	2.7.16	Setubal (POR)	3:20.04
8	Andreia Santos Silva	04	Inf A	130248	CNCVG	3:28.07 L	2.7.16	Setubal (POR)	3:21.82
9	Luana Santos Freitas	04	Inf A	130470	CDOM	3:21.91 S	16.10.16	Alges (POR)	3:21.91

Prova 8, Femin., 200m Bruços

10	Rafaela Salsinha Fontes	04	Inf A	132532	ANAM	3:24.20 S	16.10.16	Alges (POR)	3:24.20
11	Marta Silva Figueiredo	04	Inf A	132530	ANAM	3:25.38 S	16.10.16	Alges (POR)	3:25.38
12	Daniela Alexandra Pedro	04	Inf A	130864	CNCVGV	3:32.44 L	18.6.16	Rio Major (POR)	3:26.06
13	Laura Santos Penedo	04	Inf A	132520	AHBE	3:32.82 L	2.7.16	Setubal (POR)	3:26.43
14	Clara Patricia Rolo	04	Inf A	147056	GESL	3:27.34 S	16.10.16	Alges (POR)	3:27.34
15	Daniela Filipa Marques	04	Inf A	130792	AONDA	3:29.92 S	16.10.16	Alges (POR)	3:29.92
16	Mafalda Mousinho Esteves	04	Inf A	137859	CIRL	3:38.22 L	2.7.16	Setubal (POR)	3:31.67
17	Catarina Almeida Santos	04	Inf A	129490	CNS	3:36.17 S	24.1.16	Setubal (POR)	3:36.17
18	Catarina Teixeira Pinto	04	Inf A	132799	SFUAP	3:36.89 S	5.3.16	Alapraia (POR)	3:36.89
19	Carolina Anjos Frischknecht	04	Inf A	129489	CNS	3:50.01 S	16.10.16	Alges (POR)	3:50.01
20	Ana Filipa Henriques	04	Inf A	202687	CPCD	3:54.82 S	16.10.16	Alges (POR)	3:54.82
21	Beatriz Paulino Santos	04	Inf A	132509	AEFDTV	3:55.00			3:55.00
22	Diana Popa	04	Inf A	203850	AEFDTV	3:55.00			3:55.00
23	Joana Miguel Sousa	04	Inf A	130442	AHBE	3:55.00			3:55.00
24	Beatriz Lourenço Faria	04	Inf A	133124	JFA	3:55.00			3:55.00
25	Aleksandra Bozanic Borcic	04	Inf A	133318	SAD	3:55.00			3:55.00
26	Beatriz Melo Fernandes	04	Inf A	200399	SAD	3:55.00			3:55.00
27	Beatriz Costa Melo	04	Inf A	132555	SAD	3:55.00			3:55.00
28	Marta Matos Saraiva	04	Inf A	130404	SAD	3:55.00			3:55.00
29	Joana Marinho Coelho	04	Inf A	131514	SCP	3:55.00			3:55.00
30	Mariana Mourão Rodrigues	04	Inf A	202645	SFUAP	3:55.00			3:55.00
31	Mafalda Sardinha Monteiro	04	Inf A	128883	SLB	3:55.00			3:55.00
32	Yonina Brancourt	04	Inf A	202082	GESL	3:55.00			3:55.00
33	Maria Ferreira Moura	04	Inf A	131382	GESL	3:55.00			3:55.00

Infantis B

1	Maria Correia Ricardo	05	Inf B	129496	CNS	3:08.88 S	16.10.16	Alges (POR)	3:08.88
2	Carolina Machado Bastardinho	05	Inf B	202199	GESL	3:22.09 S	16.10.16	Alges (POR)	3:22.09
3	Joana Fernandes Gama	05	Inf B	153361	SCP	3:24.50 S	16.10.16	Alges (POR)	3:24.50
4	Maria Neto Ferreira	05	Inf B	132524	AHBE	3:26.64 S	16.10.16	Alges (POR)	3:26.64
5	Marta Beatriz Mota	05	Inf B	144727	MO	3:28.30 S	16.10.16	Alges (POR)	3:28.30
6	Madalena Carrapico Alexandrino	05	Inf B	132560	SAD	3:33.96 S	16.10.16	Alges (POR)	3:33.96
7	Joana Rocha Ferreira	05	Inf B	201560	SLB	3:34.00 S	16.10.16	Alges (POR)	3:34.00
8	Matilde Garcia Infante	05	Inf B	132563	SAD	3:41.76 S	16.10.16	Alges (POR)	3:41.76
9	Madalena Osório Brasão	05	Inf B	202200	GESL	3:42.36 S	16.10.16	Alges (POR)	3:42.36
10	Catarina Maria Santos	05	Inf B	201337	ADST	3:43.32 S	16.10.16	Alges (POR)	3:43.32
11	Ana Belo Braga	05	Inf B	132505	AONDA	3:43.70 S	16.10.16	Alges (POR)	3:43.70
12	Carmo Dias Vieira	05	Inf B	201319	AEULCCD	3:45.02 S	16.10.16	Alges (POR)	3:45.02
13	Rafaela Diogo Martins	05	Inf B	132214	CNS	3:50.06 S	16.10.16	Alges (POR)	3:50.06
14	Maria Sousa Caxaria	05	Inf B	148574	CNMJ	3:53.51 S	16.10.16	Alges (POR)	3:53.51
15	Luna Alexandra Neves	05	Inf B	148495	CDOM	3:57.59 S	16.10.16	Alges (POR)	3:57.59
16	Marta Jacob	05	Inf B	202334	AHBE	4:00.79 S	16.10.16	Alges (POR)	4:00.79
17	Matilde Aleixo Duarte	05	Inf B	202526	CNS	4:06.42 S	16.10.16	Alges (POR)	4:06.42
18	Marta Sofia Carvalho	05	Inf B	133331	ADRCIMM	4:15.00			4:15.00
19	Mafalda Sofia Costa	05	Inf B	132453	ADRCIMM	4:15.00			4:15.00
20	Soraia Brilhante Salgado	05	Inf B	132513	AEFDTV	4:15.00			4:15.00
21	Lara Moreira Lopo	05	Inf B	130424	AEULCCD	4:15.00			4:15.00
22	Margarida Domingues Nunes	05	Inf B	201398	AEULCCD	4:15.00			4:15.00
23	Marta Maria Costa	05	Inf B	132525	AHBE	4:15.00			4:15.00
24	Sara Nunes Conceicao	05	Inf B	201393	ANAM	4:15.00			4:15.00
25	Mariana Reis Ferreira	05	Inf B	200724	AONDA	4:15.00			4:15.00
26	Luciana Rodrigues Moura	05	Inf B	129624	AONDA	4:15.00			4:15.00
27	Ines Maria Sampaio	05	Inf B	203571	CDOM	4:15.00			4:15.00
28	Mariana Maiato Paulino	05	Inf B	133001	CNCVGV	4:15.00			4:15.00
29	Carolina Lima Lopes	05	Inf B	132606	CNMJ	4:15.00			4:15.00
30	Beatriz Isabel Tavares	05	Inf B	200181	CNS	4:15.00			4:15.00
31	Raquel Lopes Albuquerque	05	Inf B	132608	CNS	4:15.00			4:15.00
32	Beatriz Barroso Silva	05	Inf B	133302	ESJB	4:15.00			4:15.00
33	Catarina Da Silva Tavares	05	Inf B	201696	INDANL	4:15.00			4:15.00
34	Daniela Leitão Monteiro	05	Inf B	200016	JFA	4:15.00			4:15.00
35	Maria Del Rio Bernat	05	Inf B	200403	SAD	4:15.00			4:15.00
36	Maria Teresa Fernandes	05	Inf B	132557	SAD	4:15.00			4:15.00
37	Rita Ferreira Gomes	05	Inf B	132565	SAD	4:15.00			4:15.00
38	Marta Joao Pires	05	Inf B	147235	SAD	4:15.00			4:15.00
39	Maria Carolina Vargas	05	Inf B	132561	SAD	4:15.00			4:15.00
40	Sara Carreira Melo	05	Inf B	153366	SCP	4:15.00			4:15.00
41	Erica Cristina Reis	05	Inf B	200201	SCP	4:15.00			4:15.00
42	Vera Di Martino Serafim	05	Inf B	153368	SCP	4:15.00			4:15.00
43	Filipa Raposo Silva	05	Inf B	153359	SCP	4:15.00			4:15.00

Prova 8, Femin., 200m Bruços

44	Neuza Alexandra Benardino	05	Inf B	203179	GESL	4:15.00	4:15.00
45	Simone Filipe Monteiro	05	Inf B	203878	GESL	4:15.00	4:15.00
46	Laura Nascimento Araújo	05	Inf B	200719	CNA	4:15.00	4:15.00

Prova 9 22.1.17

Masc., 200m Costas

Infantis & Juvenis Lista inscritos

Rec Regional Inf B	2:19.41	Pedro Fontoura Oliveira	CFB	Reboleira	2003
Rec Regional Inf A	2:09.17	Joao Alexandre Vital	ADRCIMM	Algés	2012
Rec Regional Juv B	2:04.99	João Alexandre Vital	ADRCIMM	Alapraia	2013
Rec Regional Juv A	2:01.43	Diogo Gomes Sousa	CNCVCG	Algés	2011
Rec Regional Absoluto	1:54.78	Pedro Diogo Oliveira	ESJB	Porto	2015
Rec Nacional Inf B	2:15.27	Andre Vilas Ruivo	DNMG	S. António Cavaleiros	2013
Rec Nacional Inf A	2:09.17	Joao Alexandre Vital	ADRCIMM	Algés	2012
Rec Nacional Juv B	2:04.99	Joao Alexandre Vital	ADRCIMM	Alapraia	2013
Rec Nacional Juv A	2:01.43	Diogo Gomes Sousa	CNCVCG	Algés	2011
Rec Nacional Absoluto	1:53.06	Pedro Diogo Oliveira	FPN	Chartres (FRA)	2012

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
Juvenis A								
1	Tomas Afonso Graca	01	Juv A	127260	SLB	2:16.13 S	3.12.16 Guarda (POR)	2:16.13
2	Gonçalo Silveirinha Caldeira	01	Juv A	128343	CDOM	2:31.49 S	24.1.16 Setubal (POR)	2:31.49
3	Pedro Mendes Ferreira	01	Juv A	129621	CFB	2:39.15 L	10.6.16 Vila Franca de Xira (POR)	2:35.96
4	Ricardo Correia Teixeira	01	Juv A	130134	CFB	2:36.00		2:36.00
5	Diogo Alexandre Casteleiro	01	Juv A	126581	SCP	2:36.00		2:36.00
6	Miguel Rohula Reis	01	Juv A	202644	SCP	2:36.00		2:36.00
WDR	Rodrigo Melo Pinto	01	Juv A	128733	CNCVCG	2:21.28 L	13.3.16 Oeiras (POR)	2:18.45

Juvenis B

1	Vicente Oliveira Gomes	02	Juv B	129022	SCP	2:18.38 S	19.11.16 Alges (POR)	2:18.38
2	Pedro Alves Martinho	02	Juv B	129482	AHBE	2:23.45 S	19.11.16 Alges (POR)	2:23.45
3	Daniel Rodrigues Alves	02	Juv B	123454	CFB	2:25.52 S	3.12.16 Guarda (POR)	2:25.52
4	Joao Miguel Martins	02	Juv B	127267	CFB	2:27.86 S	3.12.16 Guarda (POR)	2:27.86
5	Pedro Miguel Pinto	02	Juv B	129924	AEFDTV	2:34.63 L	4.6.16 Rio Maior (POR)	2:31.53
6	Martim Rebelo Malfeito	02	Juv B	129023	SCP	2:34.95 S	24.1.16 Setubal (POR)	2:34.95
7	Joao Nogueira Mendes	02	Juv B	128745	CIRL	2:35.08 S	25.4.16 Sines (POR)	2:35.08
8	Guilherme Neto Ferreira	02	Juv B	131405	AHBE	2:39.50 L	2.7.16 Setubal (POR)	2:36.31
9	Francisco Gomes Anjos	02	Juv B	119419	SFUAP	2:40.36 L	2.7.16 Setubal (POR)	2:37.15
10	João Ricardo Santos	02	Juv B	127066	CNS	2:37.28 S	5.3.16 Alapraia (POR)	2:37.28
11	Alfredo Miguel Carvalho	02	Juv B	201545	GESL	2:37.58 S	18.6.16 Alges (POR)	2:37.58
12	Bernardo Geada Brito	02	Juv B	130621	SFUAP	2:40.37 S	23.1.16 Alcobaca (POR)	2:40.37
13	Gonçalo Francisco Neves	02	Juv B	126866	AHBE	2:40.88 S	5.3.16 Alapraia (POR)	2:40.88
14	Nuno Xavier Cardoso	02	Juv B	126879	PDEM	2:42.62 S	25.4.16 Sines (POR)	2:42.62
15	Simao Castro Barreto	02	Juv B	132474	SLB	2:51.38 S	19.11.16 Alges (POR)	2:51.38
16	Joao Garcez Mateus	02	Juv B	129623	AONDA	2:54.94 S	5.3.16 Alapraia (POR)	2:54.94
17	Rafael Nabais Fernandes	02	Juv B	203885	AEFDTV	2:55.00		2:55.00
18	Diogo Garcez Mateus	02	Juv B	129622	AONDA	2:55.00		2:55.00
19	Guilherme Alexandre Solposto	02	Juv B	127489	AONDA	2:55.00		2:55.00
20	Diogo Rogado Guerreiro	02	Juv B	122046	AONDA	2:55.00		2:55.00
21	Fernando Manuel Garcia	02	Juv B	153285	CFB	2:55.00		2:55.00
22	Afonso Abeijon Abreu	02	Juv B	200410	CNN	2:55.00		2:55.00
23	Pedro Machado Vieira	02	Juv B		SAD	2:55.00		2:55.00
24	Afonso Teles Carvalho	02	Juv B	127264	SLB	2:55.00		2:55.00

Infantis A

1	Tomas Nogueira Gomes	03	Inf A	126626	SFUAP	2:23.66 S	19.3.16 Tomar (POR)	2:23.66
2	José Miguel Oliveira	03	Inf A	129493	CNS	2:36.41 L	2.7.16 Setubal (POR)	2:33.28
3	Goncalo Filipe Valente	03	Inf A	131380	GESL	2:34.08 S	18.6.16 Alges (POR)	2:34.08
4	David Van Ossenbruggen	03	Inf A	126428	SFUAP	2:35.11 S	19.3.16 Tomar (POR)	2:35.11
5	Goncalo Nuno Raposo	03	Inf A	126880	PDEM	2:35.45 S	16.10.16 Alges (POR)	2:35.45
6	Rodrigo Reis Dias	03	Inf A	129003	CFB	2:38.17 S	16.10.16 Alges (POR)	2:38.17
7	Ricardo Novikov	03	Inf A	129524	SAD	2:41.52 S	23.1.16 Alcobaca (POR)	2:41.52
8	Andre Martins Sousa	03	Inf A	126474	CNMJ	2:41.63 S	19.3.16 Tomar (POR)	2:41.63
9	Bernardo Araújo Freire	03	Inf A	129532	SAD	2:43.11 S	18.6.16 Alges (POR)	2:43.11

Prova 9, Masc., 200m Costas

10	Luis Maia Pegado	03	Inf A	131701	SCP	2:45.07 S	5.3.16	Alapraia (POR)	2:45.07
11	Dinis Viola Caroco	03	Inf A	131696	SCP	2:45.72 S	5.3.16	Alapraia (POR)	2:45.72
12	Joao Pedro Rodrigues	03	Inf A	200156	CPCD	2:46.11 S	16.10.16	Alges (POR)	2:46.11
13	Francisco Figueiredo Dias	03	Inf A	129055	ADRCIMM	2:47.56 S	18.6.16	Alges (POR)	2:47.56
14	Goncalo Miguel Rodrigues	03	Inf A	126830	AHBE	2:53.48 L	2.7.16	Setubal (POR)	2:50.01
15	António Sousa Pereira	03	Inf A	201690	AHBE	2:50.28 S	18.6.16	Alges (POR)	2:50.28
16	Pedro Pires Gomes	03	Inf A	129534	CFB	2:50.56 S	5.3.16	Alapraia (POR)	2:50.56
17	Daniel Shumeika Zayika	03	Inf A	128884	SLB	2:53.02 S	16.10.16	Alges (POR)	2:53.02
18	Francisco Teixeira Monteiro	03	Inf A	132527	ANAM	2:53.20 S	5.3.16	Alapraia (POR)	2:53.20
19	Pedro Esteves Duarte	03	Inf A	132531	ANAM	2:53.38 S	16.10.16	Alges (POR)	2:53.38
20	João Miguel Cascalheira	03	Inf A	201621	CNS	2:54.58 S	25.4.16	Sines (POR)	2:54.58
21	Guilherme Guerreiro Sousa	03	Inf A	128734	CFB	2:54.76 S	16.10.16	Alges (POR)	2:54.76
22	Vasco Salvador Fernando	03	Inf A	129526	SAD	2:54.79 S	5.3.16	Alapraia (POR)	2:54.79
23	Francisco Matos Mota	03	Inf A	132309	GESL	2:54.88 S	16.10.16	Alges (POR)	2:54.88
24	Daniel Alexandre Ascenso	03	Inf A	131377	GESL	2:55.34 S	21.2.16	S. Antonio Cavaleiros (POR)	2:55.34
25	Henrique Pinheiro Valente	03	Inf A	130237	CNCVG	2:59.47 L	18.6.16	Rio Maior (POR)	2:55.88
26	Joao Santos Silva	03	Inf A	129630	SLB	2:57.13 S	16.10.16	Alges (POR)	2:57.13
27	Lourenço Rodrigues Ferreira	03	Inf A	126865	AHBE	3:02.30 S	24.1.16	Setubal (POR)	3:02.30
28	Miguel Rodrigues Brito	03	Inf A	126863	AHBE	3:06.31 S	25.4.16	Sines (POR)	3:06.31
29	David Lopes Oliveira	03	Inf A	150751	GESL	3:08.01 S	16.10.16	Alges (POR)	3:08.01
30	Miguel José Gomes	03	Inf A	200421	MO	3:16.25 S	24.1.16	Setubal (POR)	3:16.25
31	Antonio Cinca Festas	03	Inf A	124422	CNN	3:17.00			3:17.00
32	Miguel Almeida Candeias	03	Inf A	133306	SAD	3:17.00			3:17.00
33	Ionut Alexandre Dinca	03	Inf A	147124	SAD	3:17.00			3:17.00
34	Yann Daniel Farges	03	Inf A	201810	SAD	3:17.00			3:17.00
35	Gonçalo Feliciano Santos	03	Inf A	202529	SCP	3:17.00			3:17.00
36	Guilherme Silva Mendes	03	Inf A	150752	GESL	3:17.00			3:17.00
37	David Manuel Vale	03	Inf A	148339	GESL	3:17.00			3:17.00
38	Andre Santos Costa	03	Inf A	129963	CNA	3:17.00			3:17.00

Infantis B

1	Bernardo Jorge Simoes	04	Inf B	130250	CNCVG	2:37.65 S	16.10.16	Alges (POR)	2:37.65
2	Andre Azevedo Baraona	04	Inf B	123965	CNMJ	2:38.76 S	16.10.16	Alges (POR)	2:38.76
3	Antonio Lombardi Carvalho	04	Inf B	129886	CFB	2:40.16 S	16.10.16	Alges (POR)	2:40.16
4	Goncalo Gomes Augusto	04	Inf B	127270	AONDA	2:42.77 S	16.10.16	Alges (POR)	2:42.77
5	Tiago Fanha Lopes	04	Inf B	129520	CNMJ	2:46.41 S	16.10.16	Alges (POR)	2:46.41
6	Afonso Cipriano Pinto	04	Inf B	153352	SCP	2:51.83 S	16.10.16	Alges (POR)	2:51.83
7	Francisco Ribeiro Vieira	04	Inf B	130443	AEFDTV	2:51.86 S	16.10.16	Alges (POR)	2:51.86
8	Joao Afonso Santos	04	Inf B	153371	SCP	2:53.32 S	16.10.16	Alges (POR)	2:53.32
9	Joao Pedro Penelas	04	Inf B	150754	GESL	2:56.01 S	16.10.16	Alges (POR)	2:56.01
10	Tomás Rebelo Dias	04	Inf B	148500	AEULCCD	2:57.22 S	16.10.16	Alges (POR)	2:57.22
11	Yann Forjaz Fock	04	Inf B	129699	AEULCCD	3:02.37 S	16.10.16	Alges (POR)	3:02.37
12	Rafael Caceres Lopes	04	Inf B	201395	ANAM	3:04.47 S	16.10.16	Alges (POR)	3:04.47
13	Tomás Martins Mira	04	Inf B	132215	CNS	3:04.54 S	16.10.16	Alges (POR)	3:04.54
14	Vasco Melo Pinto	04	Inf B	132008	CNCVG	3:05.70 S	16.10.16	Alges (POR)	3:05.70
15	Frederico Marques Pinto	04	Inf B	132465	AEULCCD	3:10.87 S	16.10.16	Alges (POR)	3:10.87
16	Bernardo Santos Botelho	04	Inf B	132209	CNS	3:16.92 S	16.10.16	Alges (POR)	3:16.92
17	Vicente Portugal Capaz	04	Inf B	133310	AEULCCD	3:17.06 S	16.10.16	Alges (POR)	3:17.06
18	Miguel Madeira Silva	04	Inf B	132664	CNS	3:30.92 S	16.10.16	Alges (POR)	3:30.92
19	Joao Pedro Filipe	04	Inf B	131114	ADRCIMM	3:35.00			3:35.00
20	Duarte Brito Justino	04	Inf B	130802	ADRCIMM	3:35.00			3:35.00
21	Mateus Reinehr Lima	04	Inf B	131417	ADRCIMM	3:35.00			3:35.00
22	Duarte Norte Martins	04	Inf B	130803	ADRCIMM	3:35.00			3:35.00
23	Tiago Morgado Nogueira	04	Inf B	202389	ADRCIMM	3:35.00			3:35.00
24	Tiago Miguel Trombinhas	04	Inf B	201495	ADRCIMM	3:35.00			3:35.00
25	André Fragoso Matos	04	Inf B	202012	AEULCCD	3:35.00			3:35.00
26	Yassen Mussa Estanislau	04	Inf B	201650	AHBE	3:35.00			3:35.00
27	Miguel Costa Simoes	04	Inf B	132350	ANAM	3:35.00			3:35.00
28	Hugo Tomas Silva	04	Inf B	200491	AONDA	3:35.00			3:35.00
29	Marcelo Felix Alves	04	Inf B	130240	CNCVG	3:35.00			3:35.00
30	David Jorge Sequeira	04	Inf B	130234	CNCVG	3:35.00			3:35.00
31	Leonardo Branca Azevedo	04	Inf B	132539	CNS	3:35.00			3:35.00
32	Joao Lourenco Rebelo	04	Inf B	132558	SAD	3:35.00			3:35.00
33	Francisco Sousa Uva	04	Inf B	201477	SAD	3:35.00			3:35.00
34	Afonso Figueiredo Frasquilho	04	Inf B	153353	SCP	3:35.00			3:35.00
35	Goncalo Afonso Gouveia	04	Inf B	153360	SCP	3:35.00			3:35.00
36	Nuno Fontes Mil Homens	04	Inf B	153364	SCP	3:35.00			3:35.00
37	Pedro Barroso Rosa	04	Inf B	153365	SCP	3:35.00			3:35.00
38	Gonçalo Filipe Carrapito	04	Inf B	129666	SFUAP	3:35.00			3:35.00

Prova 9, Masc., 200m Costas

39	Guilherme Machado Santos	04	Inf B	200202	SFUAP	3:35.00	3:35.00
40	Daniel Elias Duarte	04	Inf B	147198	CIRL	3:35.00	3:35.00
41	Rodrigo Neves Fernandes	04	Inf B	150758	GESL	3:35.00	3:35.00
42	Tomas Miguel Ferreira	04	Inf B	150759	GESL	3:35.00	3:35.00
43	Simão Martins Pereira	04	Inf B	202201	GESL	3:35.00	3:35.00

Prova 10 22.1.17

Femin., 200m Mariposa

Infantis & Juvenis Lista inscritos

Rec Regional Inf B	2:33.11	Susana Patricia Miguel	SFUAP	2002
Rec Regional Inf A	2:27.84	Ana Francisco	SFUAP	1993
Rec Regional Juv B	2:19.06	Susana Patricia Miguel	SFUAP	Penafiel 2004
Rec Regional Juv A	2:18.93	Susana Patricia Miguel	SFUAP	Cantanhede 2004
Rec Regional Absoluto	2:10.32	Victoria Kaminskaya	ESJB	Netanya (ISR) 2015
Rec Nacional Inf B	2:31.64	Raquel Maria Felgueiras	SCB	1992
Rec Nacional Inf A	2:25.40	Raquel Maria Felgueiras	SCB	1993
Rec Nacional Juv B	2:19.06	Susana Patricia Miguel	SFUAP	Penafiel 2004
Rec Nacional Juv A	2:17.51	Raquel Maria Felgueiras		1995
Rec Nacional Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE) 2010

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
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Juvenis A

1	Iolanda Sofia Clérigo	02	Juv A	126878	CNS	2:46.99 S	20.11.16 Alges (POR)	2:46.99
2	Alexandra Couto Frazão	02	Juv A	125426	CDOM	2:47.00		2:47.00
3	Leticia Maia Andre	02	Juv A	132801	SFUAP	2:47.00		2:47.00
4	Mariana Pedro Pereira	02	Juv A	126180	GESL	2:47.00		2:47.00

Juvenis B

1	Sofia Peres Ferrao	03	Juv B	133280	ADST	2:40.44 S	20.11.16 Alges (POR)	2:40.44
2	Beatriz Quintao Amantes	03	Juv B	132798	SFUAP	2:43.82 S	20.11.16 Alges (POR)	2:43.82
3	Madalena Rodrigues Tome	03	Juv B	126829	AHBE	2:57.74 L	2.7.16 Setubal (POR)	2:52.40
4	Joana Isabel Pulquerio	03	Juv B	126427	SFUAP	2:58.09 L	2.7.16 Setubal (POR)	2:52.74
5	Marta Vainauskaite	03	Juv B	200913	AHBE	2:54.56 S	25.4.16 Sines (POR)	2:54.56
6	Leonor Sequeira Barardo	03	Juv B	129816	AEFDTV	3:14.05 S	24.1.16 Setubal (POR)	3:14.05
7	Marta Sousa Caxaria	03	Juv B	130756	CNMJ	3:14.30		3:14.30
8	Catarina Inês Correia	03	Juv B	129491	CNS	3:14.30		3:14.30
9	Filipa Ramos Peixeira	03	Juv B	129008	SCP	3:14.30		3:14.30

Infantis A

1	Rita Santos Boioes	04	Inf A	128951	CNMJ	2:48.40 L	2.7.16 Setubal (POR)	2:43.34
2	Alice Jesus Morgado	04	Inf A	131016	ADST	2:46.53 S	5.3.16 Alapraia (POR)	2:46.53
3	Ines Marques Joaquim	04	Inf A	130368	SLB	3:10.36 L	2.7.16 Setubal (POR)	3:04.64
4	Mariana Fragoso Guterres	04	Inf A	200475	SLB	3:05.51 S	16.10.16 Alges (POR)	3:05.51
5	Maria Freire Alves	04	Inf A	132522	AHBE	3:08.39 S	16.10.16 Alges (POR)	3:08.39
6	Carolina Fale Costa	04	Inf A	129801	ADRCIMM	3:15.00		3:15.00
7	Joana Maia Antunes	04	Inf A	131699	SCP	3:15.00		3:15.00
8	Marta Macedo Inacio	04	Inf A	132536	SCP	3:15.00		3:15.00
9	Catarina Nunes Costa	04	Inf A	131376	GESL	3:15.00		3:15.00
10	Catarina Sofia Paredes	04	Inf A	133299	GESL	3:15.00		3:15.00

Infantis B

1	Luisa Morais Marques	05	Inf B	137863	AEFDTV	3:25.00		3:25.00
2	Madalena Sampaio Torgal	05	Inf B	132521	AHBE	3:25.00		3:25.00
3	Iris Pereira Carrao	05	Inf B	201392	ANAM	3:25.00		3:25.00
4	Mariana Geraldo Pombo	05	Inf B	132348	ANAM	3:25.00		3:25.00
5	Bruna Alexandra Banha	05	Inf B	130755	CDOM	3:25.00		3:25.00
6	Joana Matilde Inácio	05	Inf B	201035	INDANL	3:25.00		3:25.00
7	Ana Beatriz Simoes	05	Inf B	153354	SCP	3:25.00		3:25.00
8	Neuza Velho Magalhaes	05	Inf B	131096	SLB	3:25.00		3:25.00
9	Nicole Patriarca Franca	05	Inf B	153435	CPCD	3:25.00		3:25.00
10	Sofia Antunes Sebastiao	05	Inf B	147121	CNA	3:25.00		3:25.00