

M10 (10)**2,1 Km 45 m 13 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	472	Vili Kantelinen	10	[11287] Hyvinkään Rasti	16:34
2	6370	Salvador Nazaré	10	[070] COC	22:23
3	6546	Santiago Soares	09	[037] GD Luz Verde	23:26
4	6343	António Oliveira	09	[070] COC	32:40
5	847	Rodrigo Quinta-Nova	13	[1564] Individual POR	36:56
6	6279	Simão Laia	13	[133] GDU Azoia	39:31
7	5670	Gabriel Lopes	09	[107] CAOS	44:47
8	6242	David Marques	10	[070] COC	48:41
9	859	David Ramos		[107] CAOS	54:50
10	6050	Miguel Mora	15	[166] ADM Ori-Mondego	1:01:25

W10 (15)**2,1 Km 45 m 13 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	764	Sanna Grendelmeier	09	[5247] SWISS O TOURS	16:36
2	692	Matilde Nazário	10	[007] Ori-Estarreja	25:39
3	690	Venla Weckman	09	[11077] OPOR Vehkalahder	27:45
4	689	Selma Weckman	11	[11077] OPOR Vehkalahder	33:55
5	5333	Juliana Pedro	11	[107] CAOS	35:31
6	6504	Bárbara Lopes	09	[094] CPOC	36:08
7	6498	Maria Oliveira	10	[070] COC	36:41
8	6520	Clara Lima	10	[070] COC	36:43
9	5941	Inês Pedro		[107] CAOS	39:30
10	691	Beatriz Nazário	14	[007] Ori-Estarreja	41:14
11	307	Daniela Molina Duran	10	[2188] ADOL	41:21
12	6000	Benedita	13	[007] Ori-Estarreja	46:23
13	6552	Catarina Mendes	16	[166] ADM Ori-Mondego	51:22
14	6538	Ivone Gomes	10	[070] COC	58:39
	759	Marit Grendelmeier	10	[5247] SWISS O TOURS	mp

M12 (9)**3,0 Km 65 m 10 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	448	Mikael Saranen	07	[6550] HS	33:39
2	822	Lucas Coelho	07	[10883] AE Aguiar da Beira	36:41
3	6475	Hugo Mira	08	[085] A Montanha	41:16
4	820	Francisco Correia	07	[10883] AE Aguiar da Beira	45:26
5	821	Lucas Cabral	07	[10883] AE Aguiar da Beira	52:40
6	6372	Alfredo Marcelo	08	[166] ADM Ori-Mondego	57:47
7	6360	Rodrigo Barbas	08	[159] COAAL	59:07
8	463	Leevi Kantelinen	07	[11287] Hyvinkään Rasti	1:17:29
	6503	Dinis Santo	07	[070] COC	dns

W12 (11)**3,0 Km 65 m 10 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	6371	Matilde Batista	07	[070] COC	34:24
2	6369	Maria Nazaré	07	[070] COC	44:10
3	6387	Inês Gomes	07	[070] COC	55:04
4	324	Laura Guerra	07	[11350] AE J.Belchior Vieira	1:02:55
5	6404	Maria Leonor	08	[070] COC	1:05:35

6	321	Eva Santos	07 [11350] AE J.Belchior Vieg	1:10:41
7	322	Joana Réves	07 [11350] AE J.Belchior Vieg	1:13:04
8	823	Lara Lopes	08 [10883] AE Aguiar da Beira	1:16:29
9	825	Maria Patrocínio	09 [10883] AE Aguiar da Beira	1:16:31
	824	Leonor Costa	07 [10883] AE Aguiar da Beira	mp
	6431	Sara Grácio	07 [070] COC	dns

M14 (20)**3,9 Km 90 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	367	Bartłomiej Maciejewski	06	[11265] BKS Wataha	28:36
2	495	UVIS Solmanis		[11281] IK Auseklis	29:21
3	6453	Dinis Kaiseler	05	[090] ADFA	31:31
4	484	Emils Saulite		[11281] IK Auseklis	32:39
5	469	Santeri Ahoniemi	05	[11287] Hyvinkään Rasti	34:12
6	6227	Tiago Gomes	05	[133] GDU Azoia	34:17
7	5671	Dinis Lopes	05	[107] CAOS	36:09
8	6203	João Ferreira	05	[007] Ori-Estarreja	39:26
9	6414	Miguel Manso	05	[133] GDU Azoia	40:00
10	481	Edvards Zvirgzdins		[11281] IK Auseklis	40:19
11	5899	Gui	05	[133] GDU Azoia	43:50
12	5904	Miguel Dias	06	[094] CPOC	43:51
13	6316	Rafael Rocha	05	[037] GD Luz Verde	46:19
14	6449	Rodrigo Fonseca	05	[007] Ori-Estarreja	50:58
15	6174	Duarte Reis	06	[085] A Montanha	53:03
16	6484	Miguel Pereira	06	[007] Ori-Estarreja	58:24
17	6351	Simão Carvalho	06	[085] A Montanha	1:00:52
18	826	Pedro Patrocínio	07	[10883] AE Aguiar da Beira	1:19:16
19	4222	João Pedro	07	[107] CAOS	1:32:56
20	330	Vasco Fernandes	05	[11350] AE J.Belchior Vieg	2:04:20

W14 (19)**3,5 Km 80 m 11 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	607	Morozova Polina	05	[11151] MS	24:32
2	780	Alva Björk	05	[11133] Trollhättans SOK	30:37
3	6243	Mara Luna	05	[070] COC	38:43
4	309	Isabel Ramos	06	[2188] ADOL	40:34
5	6244	Carlota Rodrigues	05	[070] COC	41:23
6	301	Antónia Brito	05	[085] A Montanha	41:47
7	6208	Patrícia Rosa	05	[070] COC	43:15
8	6553	Matilde Salgueiro	07	[090] ADFA	44:42
9	6413	Leonor Ferreira	06	[094] CPOC	44:55
10	467	Ninni Åberg	06	[11287] Hyvinkään Rasti	45:36
11	5784	Carolina Rusga	06	[133] GDU Azoia	46:46
12	6325	Inês Laranjeira	06	[085] A Montanha	47:18
13	6515	Joana Canana	06	[133] GDU Azoia	48:52
14	6315	Diana Santos	06	[037] GD Luz Verde	1:15:06
15	329	Tamára Palma	05	[11350] AE J.Belchior Vieg	1:17:49
16	328	Susana Réves	05	[11350] AE J.Belchior Vieg	1:32:04
17	6522	Sofia Pulquério	06	[133] GDU Azoia	1:45:48
	841	Beatriz Fernandes	05	[007] Ori-Estarreja	mp
	6331	Camila Soares	05	[037] GD Luz Verde	dns

M16 (20)**4,8 Km 135 m 17 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	483	Emils Lazdans		[11281] IK Auseklis	34:57
2	492	Matiss Saulite		[11281] IK Auseklis	35:04
3	506	Alec Le Helloco	04	[1826] Individual FRA	37:09
4	6053	Pedro Lagarto	03	[022] CLAC	38:22
5	5081	Martim Carrilho	03	[107] CAOS	42:17
6	485	Gustav Stana		[11281] IK Auseklis	42:53
7	6476	Afonso Araújo	03	[090] ADFA	47:03
8	6347	Miguel Sousa	04	[166] ADM Ori-Mondego	47:11
9	6038	Miguel Braz	04	[070] COC	49:35
10	6065	Diogo Neto	04	[056] Natura	51:19
11	5601	João Vieira	03	[139] GDE	57:39
12	5311	Bernardo Filipe	03	[070] COC	1:00:25
13	6287	Afonso Ferreira	04	[094] CPOC	1:12:02
14	6164	Rodrigo Lima	04	[085] A Montanha	1:15:02
15	5794	Rafael Rusga	03	[133] GDU Azoia	1:27:31
16	6007	Pedro Mendes	03	[090] ADFA	1:34:24
17	6197	Tiago Almeida Lopes	04	[094] CPOC	1:51:44
18	6557	Rafael Salgueiro	04	[133] GDU Azoia	2:16:55
	320	Custódio Vasco Gago	04	[11350] AE J.Belchior Viegas	mp
	6285	Alexandre Soares	04	[022] CLAC	dns

W16 (20)**4,2 Km 120 m 13 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	487	Irbe Aiga Bluma		[11281] IK Auseklis	31:33
2	613	Ojanaho Ansa-Lotta	03	[10915] OH	32:34
3	612	Ojanaho Eeva-Liina	05	[10915] OH	33:45
4	604	Gladilkina Olesia	04	[11151] MS	34:04
5	308	Irene Guerrero	04	[2188] ADOL	38:53
6	805	Nora Engström	04	[11269] OKN	42:27
7	459	Iida Heinäaro	04	[11287] Hyvinkään Rasti	44:07
8	494	Tina Spektore		[11281] IK Auseklis	47:34
9	418	Maria Iurchuk	03	[10903] Foton	48:54
10	489	Laura Berke		[11281] IK Auseklis	50:03
11	466	Nea Åberg	04	[11287] Hyvinkään Rasti	52:09
12	5779	Beatriz Parda	04	[159] COAAL	54:23
13	490	Liva Cera		[11281] IK Auseklis	54:36
14	5611	Inês Soares	04	[139] GDE	57:54
15	5582	Catarina Pereira	04	[090] ADFA	1:08:58
16	6295	Marta Nunes	04	[114] COA	1:12:58
17	5905	Juliana Dias	04	[094] CPOC	1:14:29
18	5688	Joana Martinho	04	[070] COC	1:42:31
19	426	Maiwenn Fauquant	04	[10957] GO78	1:48:37
	6327	Beatriz Coelho	04	[033] Clube TAP	dns

M18 (31)**5,4 Km 145 m 18 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	5737	Vasco Mendes	02	[133] GDU Azoia	30:15
2	480	Davis Solmanis		[11281] IK Auseklis	30:37
3	598	Gustav Wirén	02	[7697] MALARRUTA	31:01
4	735	Valtteri Kankainen	01	[11280] Sotkamon Jymy (Se)	31:36
5	716	Oskar Sundblom	02	[11333] Rånäs OK	34:07
6	575	Melker Forsberg	01	[11319] KFUM Örebro	34:26

7	476 Gustav Björklund	01 [11326] IFK Mora OK	35:04
8	458 Antti-Jussi Oksa	01 [11287] Hyvinkään Rasti	35:57
9	584 Axel Leijon Thorell	01 [11221] L100 IF	36:27
10	571 Manne Hammarberg	02 [11278] JOK	36:30
11	5896 Pedro Peralta	02 [133] GDU Azoia	36:57
12	6041 Tiago Lampreia	01 [090] ADFA	37:20
13	621 John McLelland	02 [11324] OK Rodhen	37:33
14	5392 André Ferreira	01 [166] ADM Ori-Mondego	37:42
15	582 Arvid Umegård	[11356] L-100	39:05
16	628 Ludvig Holmqvist	01 [11338] OK Tor	39:21
17	6201 José Pedro Fernandes	01 [102] .COM	40:04
18	6040 Diogo Lampreia	01 [090] ADFA	40:13
19	5074 Rodrigo Oliveira	02 [070] COC	40:39
20	470 Severi Orrainen	01 [11287] Hyvinkään Rasti	43:22
21	473 Wertti Autio	01 [11287] Hyvinkään Rasti	46:25
22	6175 João Sousa	02 [133] GDU Azoia	47:11
23	462 Lauri Partanen	01 [11287] Hyvinkään Rasti	47:22
24	5299 André Roberto	02 [070] COC	51:40
25	6478 Luís Amorim	01 [102] .COM	53:22
26	6466 Ruben Costa	02 [007] Ori-Estarreja	1:06:18
27	5954 Pedro Carvalho	01 [022] CLAC	1:10:14
28	323 João Spínola	02 [11350] AE J.Belchior Viegas	1:14:02
29	6286 José Vieira Maia	02 [085] A Montanha	1:15:39
	616 Arvid Roos	01 [10925] OK Linné	dns
	6039 João Pinto	01 [090] ADFA	dns

W18 (26)**4,4 Km 125 m 17 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	586	Lovisa Wigertz	01	[11221] L100 IF	37:22
2	632	Agnes Broman	01	[11290] OKR	38:58
3	760	Nina Probst	02	[5247] SWISS O TOURS	39:45
4	488	Kristine Berke		[11281] IK Auseklis	40:34
5	728	Anna Goman	01	[11261] SK Pohjantähti	41:29
6	622	Alice Marmelid	02	[11337] Ok Roxen	41:31
7	475	Amelie Rajan	02	[11336] IFK Lidingö	41:54
8	551	Hillevie Svård	02	[1501] Individual SWE	43:36
9	776	Ebba Adebrant	01	[11291] TMOK	43:55
10	583	Alva Jonsson	01	[11221] L100 IF	45:08
11	493	Taiga Lazdane		[11281] IK Auseklis	47:32
12	5879	Joana Catarino	02	[022] CLAC	47:47
13	402	Moa Hjorth	01	[11332] DGoIF	48:42
14	620	Emilia Bergström	02	[11324] OK Rodhen	50:30
15	6447	Matilde Ribeiro	02	[094] CPOC	51:03
16	6440	Bárbara Pereira	01	[102] .COM	53:20
17	482	Elizabete Vimba		[11281] IK Auseklis	53:51
18	608	Linnea Samuelsson	01	[11270] NAIS OK	58:47
19	5663	Patrícia Pardal	01	[159] COAAL	59:54
20	768	Adine Blakkestad Ingesen	02	[11101] Team Sarpsborg	1:00:43
21	6177	Maria do Mar	02	[090] ADFA	1:01:46
22	477	Alise Zagorska		[11281] IK Auseklis	1:05:39
23	5811	Ana Nunes	01	[094] CPOC	1:10:27
24	617	Emma Isacsson	01	[10925] OK Linné	1:12:07
25	6454	Marta Costinha	02	[090] ADFA	1:12:14
	615	Anna Lithell	01	[10925] OK Linné	mp

M20 (12)**5,8 Km 160 m 23 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	3976	Tomas Lima	01	[070] COC	38:18
2	576	Jonathan Uller	00	[11330] Kils OK	38:21
3	676	Andrin Wey	99	[11079] OPOR Ulu's	43:47
4	5843	Rui Batista	99	[022] CLAC	50:21
5	5488	André Henriques	00	[007] Ori-Estarreja	55:18
6	5510	Pedro Barbosa Silva	00	[007] Ori-Estarreja	58:04
7	4803	Jorge Valente	99	[094] CPOC	59:28
8	5437	Tiago Figueiredo		[007] Ori-Estarreja	1:04:47
9	5797	Ricardo Ferreira	00	[007] Ori-Estarreja	1:05:06
10	5447	Leonardo Ramalho	99	[102] .COM	1:06:39
11	4889	Tomás Mora C	99	[166] ADM Ori-Mondego	1:07:04
	614	Johannes Öhgren	00	[11276] OK Kåre	dnf

W20 (20)**4,6 Km 130 m 16 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	755	Jael Wälti	99	[5247] SWISS O TOURS	39:36
2	3975	Helena Lima	99	[070] COC	40:27
3	731	Sofie Ohlsson	00	[11335] SNO	41:31
4	680	Katja Brüttsch	00	[11079] OPOR Ulu's	41:40
5	781	Ella Sjöberg	00	[11257] TSK	42:10
6	748	Anja Probst	00	[5247] SWISS O TOURS	45:22
7	770	Rikke Blakkestad Ingesen	99	[11101] Team Sarpsborg	46:42
8	698	Vilma Svantesson	00	[9523] Pan	47:35
9	5659	Raquel Henriques	00	[094] CPOC	48:59
10	6209	Rita Fernandes	99	[102] .COM	51:09
11	5657	Mafalda Moreira	00	[094] CPOC	57:07
12	693	Ángeles López	00	[3168] O-San Roque	57:50
13	474	Alva Lindell	00	[11275] IF Thor	1:01:08
14	6246	Ana Jorge	99	[007] Ori-Estarreja	1:01:40
15	5482	Tânia Pereira Olaio	00	[070] COC	1:06:04
16	6329	Maria Dias	99	[102] .COM	1:24:03
17	6328	Inês José	00	[102] .COM	1:33:11
18	6294	Lígia Nunes	00	[114] COA	2:45:51
	797	Selma Gumaelius	00	[11331] WOK	mp
	779	Ana Rodríguez	00	[2214] Toledo-O	dns

ME (101)**7,6 Km 215 m 24 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	2	Daniel Hubmann	83	[11242] OPOR Swiss O Tea	34:26
2	5	Albin Ridefelt	91	[11132] Sverige	35:49
3	11	Olli Ojanaho	97	[6550] HS	36:35
4	24	Santeri Silvennoinen	95	[11298] KR	38:22
5	35	Simon Imark	98	[11132] Sverige	38:33
6	39	Isac von Krusenstierna	98	[11132] Sverige	38:54
7	19	Graham Gristwood	84	[11298] KR	39:02
8	8	Lucas Basset	91	[10925] OK Linné	39:09
9	59	Göran Winblad	91	[11132] Sverige	39:25
10	30	Álvaro Prieto	95	[7697] MALARRUTA	39:47
11	17	Martin Hubmann	89	[11242] OPOR Swiss O Tea	39:52
12	3	Florian Howald	91	[11242] OPOR Swiss O Tea	40:20
13	7	William Lind	85	[11132] Sverige	40:24
14	6	Martin Regborn	92	[11132] Sverige	40:44

15	16 Christoph Meier	93 [11242] OPOR Swiss O Tea	40:46
16	96 Jonas Geissbühler	87 [11242] OPOR Swiss O Tea	41:26
17	22 Riccardo Rancan	96 [11242] OPOR Swiss O Tea	42:22
18	38 Pedro Nogueira	82 [090] ADFA	42:25
19	33 Eemeli Suominen	96 [11193] HiKi	42:28
20	18 Oskar Sjöberg	90 [11132] Sverige	42:41
21	70 Mats Troeng	78 [11132] Sverige	42:44
22	9 Emil Svensk	93 [11132] Sverige	42:58
23	31 Marc Serrallonga Arqués	92 [5208] FCOC	43:08
24	64 Manuel Horta	90 [151] GafanhOri	43:36
25	45 Pierre Martinez	97 [1826] Individual FRA	43:38
26	80 Erling Hjermstad	99 [11021] Fossum IF	43:47
27	74 Anders Hedberg	90 [11144] GMOK	44:13
28	42 Timo Suter	98 [11242] OPOR Swiss O Tea	44:21
29	47 Marvin Goericke	91 [10969] OPOR Berliner TSC	44:28
30	37 Oskar Størmer	96 [11021] Fossum IF	44:31
31	1 Matthias Kyburz	90 [11242] OPOR Swiss O Tea	45:17
32	58 Raphael Masliah	98 [1826] Individual FRA	45:32
33	48 Perttu Sorsa	83 [11193] HiKi	45:50
34	83 Tikhonchuk Alexey	96 [11151] MS	46:25
35	60 Nuno Evangelista	80 [114] COA	46:32
36	91 Marco Jenssch	87 [11053] OKMB	47:13
37	75 Reto Egger	99 [11242] OPOR Swiss O Tea	47:35
38	102 Fricis Spektors	[11282] Turun Metsänkävijä	48:02
39	34 Tiago Romão	89 [073] CMo Funchal	48:17
40	55 Simon Dubach	96 [11242] OPOR Swiss O Tea	48:19
41	28 Markus Räsänen	94 [11298] KR	48:25
42	29 Tobia Pezzati	96 [11242] OPOR Swiss O Tea	48:43
43	25 Thomas Curiger	96 [11242] OPOR Swiss O Tea	48:51
44	93 Riccardo Casanova	00 [9206] OLG Regensburg	48:52
45	41 Rafael Miguel	93 [007] Ori-Estarreja	48:53
46	23 Noah Zbinden	96 [11242] OPOR Swiss O Tea	49:24
47	61 Chamuel Zbinden	99 [11242] OPOR Swiss O Tea	49:38
48	27 Pascal Buchs	97 [11242] OPOR Swiss O Tea	49:58
49	10 Miika Kirmula	94 [11298] KR	50:30
50	57 Xael Chamorro	87 [6482] AROMON	50:48
51	68 João Bernardino	98 [070] COC	51:02
52	54 João Novo	97 [102] .COM	51:32
53	12 Jonas Egger	94 [11242] OPOR Swiss O Tea	52:13
54	97 Marius Kaiser	99 [11242] OPOR Swiss O Tea	52:21
54	65 Valters Reneslakis	98 [11062] OKK	52:21
56	52 Matiss Sliksjanis	98 [11062] OKK	52:31
57	43 Karol Galicz	86 [11265] BKS Wataha	52:46
58	98 Nicola Sandro Müller	99 [11242] OPOR Swiss O Tea	52:58
59	49 Nelson Baroca	80 [062] CA Madeira	53:34
60	44 Tino Polsini	99 [11242] OPOR Swiss O Tea	53:43
61	101 Alfonso Bustillo	79 [2241] CRON	53:47
62	100 Guntars Mankus	69 [7665] Saldus OK	53:57
63	13 Joey Hadorn	97 [11242] OPOR Swiss O Tea	54:39
64	71 Diego Lazaro de Juan	96 [11340] Ultra Maximus	55:15
65	92 Philipp Schwarck	99 [9206] OLG Regensburg	55:46
66	40 Roope Koskinen	92 [11298] KR	56:21
67	26 Olli-Pekka Koistinen	85 [11193] HiKi	56:56
68	76 Vergnaud Alexandre	99 [1826] Individual FRA	57:18
69	53 Maxim Simakov	84 [1511] Individual RUS	57:22
70	82 João Magalhães	98 [102] .COM	57:41
71	79 Xavier Vieira	69 [139] GDE	59:07
72	51 Gildo Silva	85 [070] COC	59:11
73	85 Evaldas Jadenkus	70 [7553] Azuolas	1:01:09
74	73 Pedro Duarte	86 [090] ADFA	1:04:23
75	87 Antonio Hernández	73 [2221] Alcon	1:04:28

76	56 João Ferreira	89 [168] CAB	1:04:48
77	89 Nuno Mendes	84 [151] GafanhOri	1:05:10
78	94 Karsten Blume	89 [10969] OPOR Berliner TS	1:07:49
79	72 Luis Barreiro	82 [054] NADA	1:10:23
80	86 João Real	84 [159] COAAL	1:11:18
81	69 Mikhail Goryachev	88 [10903] Foton	1:14:35
82	66 Julian Nürnberger	96 [9206] OLG Regensburg	1:18:14
	14 Andreas Kyburz	88 [11242] OPOR Swiss O Tea	mp
	46 Leduc Benjamin	98 [1826] Individual FRA	mp
	77 Christian Michelsen	99 [1921] Individual CAN	mp
	95 Francois Gonon	79 [11242] OPOR Swiss O Tea	mp
	81 Jes Mose Jensen	63 [11210] AKIF	mp
	78 Miguel Nobrega	89 [056] Natura	mp
	84 João Gomes	78 [062] CA Madeira	mp
	4 Fabian Hertner	85 [11242] OPOR Swiss O Tea	mp
	20 Baptiste Rollier	82 [11242] OPOR Swiss O Tea	mp
	88 Kristoffer Tengroth	97 [11341] SIK	dnf
	32 Johan Ek Larsson	95 [11335] SNO	dnf
	36 Einar Johan Melsom	99 [11021] Fossum IF	dnf
	90 Rihards Gailis	[11281] IK Auseklis	dnf
	63 Paulo Franco	81 [070] COC	dnf
	62 Jerker Lysell	89 [11132] Sverige	dns
	50 Veli-Pekka Kuutti	80 [11262] Suunnistusmatkat	dns
	99 Lennart Wahlgren	[9449] Rehns BK	dns
	67 Tönis Laugesaar	94 [11193] HiKi	dns
	15 Jan Petrzela	92 [11298] KR	dns

WE (52)**5,8 Km 170 m 20 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	203	Lina Strand	88	[11132] Sverige	31:52
2	202	Karolin Ohlsson	91	[11132] Sverige	32:32
3	222	Heini Wennman		[11261] SK Pohjantähti	35:30
4	205	Sara Hagström	95	[11132] Sverige	36:13
5	213	Paula Gross	96	[11242] OPOR Swiss O Tea	36:28
6	208	Lisa Risby	93	[11132] Sverige	37:04
7	209	Emma Johansson	81	[11132] Sverige	37:05
8	211	Sarina Jenzer	91	[11242] OPOR Swiss O Tea	37:27
9	201	Sabine Hauswirth	87	[11242] OPOR Swiss O Tea	38:05
10	206	Julia Jakob	91	[11242] OPOR Swiss O Tea	38:08
11	233	Elena Pezzati	99	[11242] OPOR Swiss O Tea	38:42
12	228	María Prieto	98	[7697] MALARRUTA	38:56
13	221	Johanna Öberg	96	[11132] Sverige	39:31
14	215	Lisa Holer	94	[11242] OPOR Swiss O Tea	39:54
15	210	Sofia Haajanen		[11261] SK Pohjantähti	40:19
16	247	Jennie Börjesson Eriksson	98	[1501] Individual SWE	40:29
17	207	Sari Anttonen		[11261] SK Pohjantähti	40:54
18	212	Martina Ruch	94	[11242] OPOR Swiss O Tea	42:21
19	224	Deborah Stadler	97	[11242] OPOR Swiss O Tea	42:29
20	240	Johanna Börjesso Eriksson	98	[1501] Individual SWE	42:58
21	227	Anina Brunner	93	[11242] OPOR Swiss O Tea	43:16
22	218	Sina Tommer	94	[11242] OPOR Swiss O Tea	43:34
23	226	Joana Wälti	96	[5247] SWISS O TOURS	43:35
24	204	Elena Roos	91	[11242] OPOR Swiss O Tea	43:52
25	229	Silja Kauppinen	94	[11298] KR	44:43
26	220	Emma Bjessmo	95	[11132] Sverige	45:05
27	217	Sofie Bachmann	97	[11242] OPOR Swiss O Tea	45:22
28	236	Gunilla Svärd	70	[11275] IF Thor	46:05
29	237	Rachel Engeler	88	[10993] Mostindianer	46:19

30	243 Elena Martí	00 [2198] Fundi-O	47:10
31	241 Saana-Maria Rahko	[11261] SK Pohjantähti	47:25
32	251 Sara Niva	[11261] SK Pohjantähti	48:13
33	216 Simona Aebersold	98 [11242] OPOR Swiss O Te	48:41
33	235 Beatriz Sanguino	98 [094] CPOC	48:41
35	248 Tatiana Rozova	88 [10903] Foton	49:53
36	254 Mirjam Fässler	90 [10993] Mostindianer	50:06
37	225 Katrin Müller	97 [11242] OPOR Swiss O Te	52:14
38	250 Siri Nyfeler	99 [11242] OPOR Swiss O Te	52:22
39	223 Irita Pukite	74 [1666] Individual LAT	53:05
40	234 Adelindina Lopes	74 [070] COC	53:21
41	231 Anna Freimane	[11281] IK Auseklis	53:59
42	253 Martina Kyburz	89 [10993] Mostindianer	55:43
43	242 Inês Domingues	94 [070] COC	59:53
44	238 Rita Rodrigues	93 [073] CMo Funchal	1:02:07
45	252 Linda Marti	90 [10993] Mostindianer	1:02:35
46	249 Carla Saraiva	89 [007] Ori-Estarreja	1:03:12
47	244 Ingrid Kurz	91 [10932] ol.biel.seeland	1:05:30
48	246 Maria Sá	77 [090] ADFA	1:09:21
49	245 Joana Marques	98 [007] Ori-Estarreja	1:10:32
	239 Vroni König-Salmi	69 [11242] OPOR Swiss O Te	mp
	219 Simone Niggli	78 [11242] OPOR Swiss O Te	dnf
	232 Anni Haanpää	98 [11145] TP	dns

M21A (44)**5,1 Km 140 m 21 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	668	Niklas Wrane	73	[10877] OPOR Söders Orie	35:42
2	2128	Daniel Marques	84	[070] COC	37:49
3	669	Oliver Lindblad Petersen	90	[10877] OPOR Söders Orie	37:53
4	5325	Hugo Santos	87	[005] CP Armada	39:20
5	3426	André Mora	90	[166] ADM Ori-Mondego	39:22
6	4987	Daniel Catarino	96	[007] Ori-Estarreja	39:28
7	434	Janne Heikka	86	[11193] HiKi	40:13
8	2049	António J Silva	85	[085] A Montanha	41:03
9	663	Johan Hedman	77	[10877] OPOR Söders Orie	42:03
10	3760	Vasco Duarte	97	[090] ADFA	42:19
11	391	Daniel Isla	68	[2220] COV	44:03
12	5140	Sergio Duarte	94	[102] .COM	44:07
13	3887	Pedro Rama	84	[166] ADM Ori-Mondego	45:10
14	2635	Edgar Domingues	88	[070] COC	45:13
15	635	Nicolas Langenegger	90	[10932] ol.biel.seeland	45:25
16	389	Ángel Frontela	75	[2220] COV	46:33
17	5468	Eduardo Soares	81	[159] COAAL	46:37
18	5796	Bruno André	81	[119] OriMarão	46:52
19	5061	Manuel Lopes	96	[090] ADFA	46:57
20	5279	Bernardo Pereira	97	[090] ADFA	48:36
21	5845	Francisco Abreu	98	[102] .COM	49:35
22	5925	Pedro Tiago Gomes	90	[159] COAAL	50:47
23	738	Sergey Seleznev	90	[9257] SRD	51:42
24	4807	Fidel Conde	77	[070] COC	53:28
25	3633	Marco Martins	94	[022] CLAC	53:29
26	5698	Pedro Laia	77	[133] GDU Azoia	54:39
27	416	Daniil Klestov	88	[10903] Foton	55:30
28	3915	Nuno Ferreira	78	[070] COC	56:02
29	4765	Hugo Velhinho	96	[094] CPOC	56:23
30	378	Douglas McTurk	88	[10868] CO	57:26
31	3684	Rui Martins	89	[056] Natura	57:40
32	6527	Vasco Vinhas	83	[052] GD4C	58:57

33	6542	Luís Viedma	87	[070] COC	1:00:35
34	4779	Daniel Cruz	98	[007] Ori-Estarreja	1:01:56
35	5692	Luis Jacinto	84	[094] CPOC	1:02:25
36	6272	Ricardo Lopes	89	[056] Natura	1:04:08
37	5605	Gil Serafim	86	[119] OriMarão	1:08:12
38	5583	Pedro Rodrigues	82	[166] ADM Ori-Mondego	1:08:59
39	6135	Simão Cardeal	84	[119] OriMarão	1:09:48
40	388	Alberto Tejero	85	[2220] COV	1:11:25
41	5980	Rafael Silva	87	[056] Natura	1:17:05
42	315	Manuel Parrilla	99	[2188] ADOL	1:43:41
	2398	Pedro Silva		[151] GafanhOri	dns
	3954	Goncalo Pirrolas	96	[090] ADFA	dns

W21A (27)**3,9 Km 110 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	665	Malin Carlsson	94	[10877] OPOR Söders Ori	33:24
2	392	Marta Pérez	88	[2220] COV	39:30
3	5745	Luísa Pinheiro	96	[102] .COM	39:58
4	5388	Susana Almeida	93	[056] Natura	46:13
5	423	Victoria Marti	96	[2198] Fundi-O	47:33
6	5992	Marisa Ferreira	81	[159] COAAL	48:59
7	1554	Ana Porta Nova	86	[094] CPOC	49:20
8	6087	Carla Macedo	88	[056] Natura	49:22
9	381	Rachel McTurk	88	[10868] CO	50:26
10	737	Maria Novokovich	88	[9257] SRD	50:35
11	6236	Anabela André	81	[119] OriMarão	51:19
12	5634	Carolina Caroço	98	[090] ADFA	51:56
13	5850	Zélia Viana	83	[102] .COM	53:55
14	4693	Sofia Pinto	94	[056] Natura	54:03
15	1490	Cristina Nazário	83	[007] Ori-Estarreja	57:45
16	5857	Diana Moreira	87	[168] CAB	59:49
17	4986	Inês Gonçalves	95	[007] Ori-Estarreja	1:04:20
18	675	Renske Goossens	91	[10897] OPOR TROL	1:05:18
19	5727	Cristiana Maranhão	88	[070] COC	1:08:51
20	318	Silvia Parrilla	94	[2188] ADOL	1:26:42
21	5824	Ângela Ayres	77	[107] CAOS	1:27:05
22	5549	Ana Ferreira	83	[166] ADM Ori-Mondego	1:37:04
23	4606	Cristiana Cunha	87	[070] COC	1:44:43
24	398	Elisa Aguirre Casas	84	[2241] CRON	2:56:24
	5977	Catarina Castelão	85	[070] COC	mp
	6446	Raquel Ferreira	80	[052] GD4C	dnf
	4375	Joana Moutela	81	[007] Ori-Estarreja	dns

M21B (9)**4,1 Km 115 m 17 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	4778	Tiago Mota	93	[007] Ori-Estarreja	31:40
2	5895	Fábio Miguel	95	[133] GDU Azoia	39:52
3	6362	Albano Almeida	81	[070] COC	45:52
4	6281	Paulo Pintassilgo	74	[159] COAAL	48:48
5	5898	Nuno Gomes	76	[133] GDU Azoia	53:26
6	6403	Mário Moreira	77	[070] COC	59:51
7	6465	A4 Laia	70	[133] GDU Azoia	1:28:16
8	6061	António Luís San Patrício	98	[133] GDU Azoia	1:42:15

5131 Pedro Cabeça

99 [133] GDU Azoia

dns

W21B (15)**3,4 Km 90 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	6109	Marta Sousa Pinto	87	[119] OriMarão	39:54
2	6543	Laura Romo	88	[070] COC	45:11
3	673	Iris Ceulemans	91	[10897] OPOR TROL	48:58
4	3082	Marisa Barroso	81	[070] COC	50:24
5	649	Silvia Casanova	97	[9206] OLG Regensburg	51:11
6	6409	Cristina Torcato	93	[007] Ori-Estarreja	54:39
7	6500	Rita Pereira		[166] ADM Ori-Mondego	55:18
8	6215	Inês Soares	88	[119] OriMarão	56:44
9	6368	Catarina Sousa	80	[070] COC	57:44
10	2104	Sandra Mestre	84	[133] GDU Azoia	58:20
11	405	Elena Riaño	72	[2244] El Imperdible	58:33
12	396	Rute Ferreira	76	[094] CPOC	1:00:50
13	6361	Ana Sofia Ribeiro	87	[070] COC	1:03:04
14	6017	Patricia Jorge	84	[094] CPOC	1:10:47
15	6516	Maria de Jesus d Leão	66	[133] GDU Azoia	1:35:13

M35 (18)**5,2 Km 145 m 19 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	714	Alexey Morozov	69	[11150] Ramenskoye	32:17
2	1516	Alberto Branco	75	[005] CP Armada	36:18
3	775	Cesar Torrejón	77	[2223] Tjalve	36:41
4	736	Mikhail	80	[10949] SportKult	39:48
5	3943	Arnaldo Mendes	79	[166] ADM Ori-Mondego	39:57
6	605	Konstantin Zybov	84	[11151] MS	40:58
7	1670	Paulo Santos	83	[090] ADFA	42:45
8	4241	Luis Gonçalves	81	[094] CPOC	43:56
9	606	Morozov Sergei	81	[11151] MS	44:05
10	1721	Bruno Nazário	80	[007] Ori-Estarreja	44:06
11	390	Carlos Torrejón	75	[2220] COV	45:09
12	5916	Artur Freitas	80	[166] ADM Ori-Mondego	52:49
13	5410	Noel Valadão	78	[166] ADM Ori-Mondego	54:02
14	6448	Bruno Moreiras	84	[005] CP Armada	1:00:42
15	2831	Daniel Raposo	80	[128] COALA	1:01:11
16	2333	Rui Marques	71	[133] GDU Azoia	1:01:43
17	5524	Manuel Real	77	[159] COAAL	1:04:36
	4714	Paulo Lima	78	[114] COA	dns

W35 (10)**4,0 Km 110 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	688	Sanna Weckman	81	[11077] OPOR Vehkalahder	36:13
2	1629	Emília Silveira	76	[159] COAAL	42:37
3	1006	Cristina Santos	68	[151] GafanhOri	52:06
4	316	María Josefa Molina	75	[2188] ADOL	57:52
5	6044	Dora Ferreirinha	82	[166] ADM Ori-Mondego	1:07:55
6	706	Nadine Cybulski	80	[9913] Ramblers OC	1:12:42
7	4901	Carla Amorim	79	[166] ADM Ori-Mondego	1:31:00
8	5247	Susana Dionízio	80	[157] AFAP	1:36:33
9	4078	Ana Pinto	83	[056] Natura	1:47:52

3799 Tânia Covas Costa

78 [102] .COM

mp

M40 (36)**5,0 Km 140 m 18 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	687	Janne Weckman	77	[11077] OPOR Vehkalahde	27:16
2	312	José Manuel Martínez	70	[2188] ADOL	30:35
3	631	Tom Quayle	75	[11269] OKN	31:02
4	4285	Jorge Correia	70	[090] ADFA	32:46
5	2044	João Pedro Valente	66	[094] CPOC	37:19
6	2375	Tiago Lopes	78	[107] CAOS	38:17
7	2588	José Domingos	76	[094] CPOC	42:25
8	461	Janne Åberg	75	[11287] Hyvinkään Rasti	42:37
9	491	Martins Vimba		[11281] IK Auseklis	42:44
10	1872	Nuno Ferreira	76	[094] CPOC	43:52
11	3304	Cesar Conceição	75	[070] COC	44:19
12	1285	Duarte Lopes	70	[094] CPOC	45:07
13	1050	Daniel Filipe	78	[007] Ori-Estarreja	46:49
14	707	Sven von Fellenberg	77	[9913] Ramblers OC	49:42
15	1325	Nuno Rebelo	79	[007] Ori-Estarreja	51:44
16	5555	José Carlos Marques	78	[159] COAAL	51:59
17	2562	Nuno Pedro	79	[107] CAOS	52:01
18	411	Andy Hemsted	49	[11012] Erdo	52:24
19	4685	José João Ferreira	74	[119] OriMarão	53:28
20	5960	Humberto Santos	79	[090] ADFA	54:19
21	419	Sergei Iurchuk	77	[10903] Foton	55:06
22	5823	Cláudio Ramos	78	[107] CAOS	58:55
23	4565	Abilio Barbas	78	[159] COAAL	1:00:51
24	2188	Rui Morais	74	[007] Ori-Estarreja	1:03:22
25	4106	Nelson Monteiro	76	[005] CP Armada	1:06:13
26	6298	José Barros Maia	74	[085] A Montanha	1:08:02
27	6433	Nuno Grácio	78	[070] COC	1:08:23
28	2950	José Marco	79	[167] NAST	1:13:14
29	471	Teemu Kantelinen	77	[11287] Hyvinkään Rasti	1:22:51
30	415	Andrei Pokrovskii	73	[10903] Foton	1:27:12
31	5746	Luís Miguel Pires	77	[056] Natura	1:30:15
32	6537	Ivo Gomes	75	[070] COC	1:39:48
	2823	Rui Pisco	75	[114] COA	dns
	6003	Paulo Batista	75	[038] CM Arrábida	dns
	403	ALexander Lubina	79	[11214] DJK	dns
	2703	Duarte Santo	77	[070] COC	dns

W40 (19)**4,0 Km 110 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	417	Elena Bannikova	77	[10903] Foton	39:06
2	357	Rasa Ivanauskaite	79	[7553] Azuolas	48:06
3	486	Ilze Vilks		[11281] IK Auseklis	48:19
4	379	Helen Chiswell	77	[10868] CO	49:08
5	478	Anita Saulite		[11281] IK Auseklis	49:35
6	464	Mari Laurinen	75	[11287] Hyvinkään Rasti	49:47
7	2561	Ângela Pedro	79	[107] CAOS	53:25
8	1693	Lídia Santana	72	[107] CAOS	53:59
9	5296	Cátia Marques	77	[070] COC	58:03
10	2936	Anabela Freitas	72	[085] A Montanha	59:17
11	774	Alba Gavela	72	[2223] Tjalve	1:01:53
12	1005	Kátia Almeida	72	[094] CPOC	1:02:51

13	4587	Ana Margarida Vaz	76	[007] Ori-Estarreja	1:14:55
14	386	Leticia García	74	[2172] COMA	1:14:59
15	4954	Vanessa Jorge	75	[094] CPOC	1:18:59
16	4895	Alda Marcelo	77	[166] ADM Ori-Mondego	1:25:33
17	5696	Ana Casaca	76	[133] GDU Azoia	1:43:36
18	3421	Susana Figueiredo	75	[094] CPOC	1:52:31
	4327	Sónia Saramago	73	[115] ATV	mp

M45 (26)**4,9 Km 135 m 19 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	1281	Joaquim Sousa	70	[070] COC	30:59
2	762	Peter Grendelmeier	74	[5247] SWISS O TOURS	33:38
3	794	Toni Venäläinen	70	[10907] VaHa	33:57
4	1583	Jorge Oliveira	69	[070] COC	36:11
5	1457	António Amador	68	[007] Ori-Estarreja	45:25
5	1967	Luís Bucha	70	[008] CP EPAL	45:25
7	2236	Rui Mora	71	[166] ADM Ori-Mondego	45:45
8	1784	João Carrilho	70	[107] CAOS	48:27
9	519	Anthony Covey-Crump	74	[1816] Individual GBR	48:31
10	5057	Humberto Esteves	71	[070] COC	48:57
11	4328	Luís Miguel Martinho	70	[115] ATV	50:52
12	2999	António Batista	69	[115] ATV	53:53
13	425	Jean Marie Fauquant	70	[10957] GO78	54:48
14	406	Héctor Lorenzo	72	[2244] El Imperdible	55:33
15	3408	Nuno Pires	74	[007] Ori-Estarreja	57:02
16	1657	Luís Dias	70	[094] CPOC	57:54
17	3727	Paulo Fernandes	72	[128] COALA	58:00
18	4635	Sérgio Mónica	70	[128] COALA	59:22
19	5314	Carlos M T Teixeira	72	[033] Clube TAP	59:52
20	6226	José Gomes	74	[133] GDU Azoia	1:01:34
21	3437	Carlos Lobo	71	[128] COALA	1:02:00
22	413	Jan Furucz	72	[11240] FBA	1:08:09
23	4227	Jorge Almeida	73	[070] COC	1:20:41
	352	Jo Inge Fjellstad	70	[10393] Ås-NMBU	mp
	305	Antonio Guerrero	68	[2188] ADOL	mp
	2209	Luís Borges	71	[103] ADADesnível	dns

W45 (21)**3,9 Km 105 m 13 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	746	Susanne Barkholt	70	[11132] Sverige	31:54
2	574	Ojanaho Marja-Leena	71	[10914] KemU	33:12
3	479	Baiba Smila		[11281] IK Auseklis	39:56
4	638	Sandra Sutter	70	[10932] ol.biel.seeland	47:14
5	346	Mette Möller Nielsen	72	[11210] AKIF	49:23
6	601	Iryna Beketova	70	[5327] Maximus	55:24
7	306	Carmen Pedrero	71	[2188] ADOL	57:33
8	703	Liisa Vikström	71	[9735] Pihkan	58:07
9	1528	Marina Carrilho	73	[107] CAOS	58:53
10	639	Therese Hohl	67	[10932] ol.biel.seeland	59:40
11	310	Isabel Serrano	63	[2188] ADOL	1:01:46
12	424	Gwenaëlle Dherve	71	[10957] GO78	1:01:47
13	752	Ineke Grendelmeier	71	[5247] SWISS O TOURS	1:03:16
14	387	Nuria Calvo	71	[2777] COMCU	1:03:51
15	5280	Carmo Silva	67	[007] Ori-Estarreja	1:07:52

16	383	Inmaculada Macías	68	[2234]	CODAN Extremadur	1:08:24
17	3134	Manuela Nogueira	69	[007]	Ori-Estarreja	1:18:55
18	1301	Teresa Alves	69	[070]	COC	1:20:59
19	5307	Manuela Marques	72	[102]	.COM	1:28:43
20	5783	Catarina Félix	67	[133]	GDU Azoia	2:01:36
21	6517	Ana Vieira	71	[037]	GD Luz Verde	2:28:46

M50 (48)**4,5 Km 125 m 17 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	435	Manne Suominen	68	[11193] HiKi	30:48
2	708	Alexander Afonyushkin	65	[11150] Ramenskoye	31:17
3	521	Michael Finkenstaedt	65	[1891] Individual GER	32:27
3	713	Sergei Makeichik	67	[11150] Ramenskoye	32:27
5	585	Conny Forsberg	65	[11221] L100 IF	32:56
6	1302	Rafael Lima	68	[070] COC	33:38
7	640	Jost Hammer	65	[11352] OLG Biberist SO	33:41
8	4671	Francisco Cordeiro	64	[090] ADFA	34:50
9	2377	Rui Botão	68	[070] COC	35:33
10	744	Pekka Lauri	65	[11262] Suunnistusmatkat	38:20
11	747	André Wälti	65	[5247] SWISS O TOURS	38:31
12	634	Michael Steinauer	64	[10932] ol.biel.seeland	38:45
13	313	Juan José Durán	64	[2188] ADOL	38:50
14	758	Marc Probst	69	[5247] SWISS O TOURS	39:19
15	636	Peter Gehriger	65	[10932] ol.biel.seeland	39:56
16	407	Ramon Garcia	67	[2244] El Imperdible	40:12
17	769	Ole Ingesen	66	[11101] Team Sarpsborg	40:51
18	348	Timo Parttimaa	67	[11074] AngA	41:20
19	791	Yulian Naydenov	67	[11340] Ultra Maximus	42:11
20	804	Jan Näslund	67	[11269] OKN	43:27
21	749	Christian Wehrli	68	[5247] SWISS O TOURS	44:24
22	311	José Ángel Ramos	64	[2188] ADOL	47:26
23	650	Valerio Casanova	66	[9206] OLG Regensburg	47:57
24	1364	Helder Ferreira	69	[070] COC	49:24
25	3010	Paulo Santos	67	[003] CIMO	50:26
26	662	Jan Carlsson	64	[10877] OPOR Söders Orie	50:45
27	803	Clas Engström	67	[11269] OKN	51:28
28	1937	Tozé Silva	66	[070] COC	52:06
29	4287	António Cotovio	68	[070] COC	52:17
30	382	Carlos Trejo	69	[2234] CODAN Extremadur	52:34
31	1810	Octávio Andrade	68	[102] .COM	53:55
32	4045	Fernando Mendes	67	[133] GDU Azoia	54:54
33	326	Rui Bernardo	66	[11350] AE J.Belchior Vieg	55:03
34	4982	Jeronimo Reto	65	[151] GafanhOri	55:21
35	1471	Jose Monteiro Pires	59	[094] CPOC	57:23
36	666	Mats Gunnemyr	66	[10877] OPOR Söders Orie	58:17
37	520	Björn Finkenstaedt	68	[1891] Individual GER	59:30
38	2667	João Martins	67	[022] CLAC	59:51
39	599	José Manuel Prieto	67	[7697] MALARRUTA	1:01:34
40	2533	Arménio Mendes	65	[094] CPOC	1:01:42
41	609	Rudi Gruber	66	[11277] NFL	1:09:56
42	1565	João Carreiro	66	[102] .COM	1:10:09
43	384	José Gago	64	[2234] CODAN Extremadur	1:11:01
44	1344	António Pina	66	[157] AFAP	1:11:44
45	517	Yann Le Helloco	69	[1826] Individual FRA	1:11:47
46	1407	Luís Quinta-Nova	66	[090] ADFA	1:14:06
	6490	Luis Pinto	67	[094] CPOC	mp
	6107	Pedro Mieiro	65	[167] NAST	dnf

W50 (20)**3,7 Km 100 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	763	Petra Wälti	69	[5247] SWISS O TOURS	37:59
2	597	Cristina Del Campo	69	[7697] MALARRUTA	44:20
3	544	Elena Tikhonova	68	[1511] Individual RUS	46:27
4	648	Milena Grifoni	68	[9206] OLG Regensburg	50:21
5	712	Natalia Makeichik	66	[11150] Ramenskoye	51:45
6	317	Marilo Lahoz	67	[2188] ADOL	51:55
7	645	Frizzi Tagwerker	67	[11116] OLG Pfaffikon	53:51
8	1952	Isabel Monteiro	58	[070] COC	55:05
9	767	Lea Leppik	65	[11206] TAOK	56:37
10	683	Stäuble Corinne	69	[11079] OPOR Ulu's	1:00:05
11	414	Concepción González	66	[2236] Fluvial	1:02:47
12	4730	Assunção Almeida	59	[151] GafanhOri	1:03:53
13	359	Valérie Pourre	67	[10727] BALISE 25	1:07:08
14	778	Lucy Lou	67	[11056] TOK	1:07:31
15	754	Jacqueline Schmid	67	[5247] SWISS O TOURS	1:12:06
16	792	Ana Iglesias	67	[2238] Universidad De Vigo	1:13:00
17	347	Hanna Franssila	67	[11074] AngA	1:15:01
18	1524	Helena Lopes	58	[1000] Individual POR Fed	1:16:16
19	6479	Fátima Emauz	68	[094] CPOC	1:30:01
	771	Tone Karina Ingesen	68	[11101] Team Sarpsborg	mp

M55 (48)**4,3 Km 120 m 15 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	1084	Manuel Luís	63	[005] CP Armada	32:19
2	750	Daniel Kobel	61	[5247] SWISS O TOURS	32:28
3	785	Kari Lehto	60	[11264] Turun Metsäkävijät	33:08
4	358	Alain Pourre	63	[10727] BALISE 25	33:46
5	1682	Santos Sousa	64	[090] ADFA	33:50
6	623	Algimantas Rudis	62	[11153] OK Saule	33:59
7	546	Nikolay Tikhonov	63	[1511] Individual RUS	35:23
8	765	Urs Hofer	62	[5247] SWISS O TOURS	35:28
9	6232	Jean-Charles Lalevee	60	[035] CN Alvito	37:18
10	600	Mikael Wirén	62	[7697] MALARRUTA	37:37
11	681	Nilsson Klas	64	[11079] OPOR Ulu's	37:43
12	685	Ulu Aeschlimann	59	[11079] OPOR Ulu's	39:01
13	385	James Ross	63	[2172] COMA	39:31
14	684	Stefan Schlatter	64	[11079] OPOR Ulu's	40:45
15	6509	Jadir Pereira	64	[166] ADM Ori-Mondego	40:52
15	672	Dirk Goossens	64	[10897] OPOR TROL	40:52
17	545	Marat Mudarisov	60	[1511] Individual RUS	43:40
18	397	Masson	61	[9536] CRCO BR3502	44:21
19	709	Gennadii Bolshunov	62	[11150] Ramenskoye	46:14
20	766	Lauri Leppik	64	[11206] TAOK	48:27
21	699	Aki Saranen	63	[9735] Pihkan	49:07
22	4656	José Bolrão	64	[070] COC	49:51
23	1375	Jorge Elias	63	[114] COA	51:36
24	400	Mark Collins	60	[8520] DFOK3	52:22
25	637	Ruedi Bösch	60	[10932] ol.biel.seeland	53:05
26	2454	Jorge Silva	60	[085] A Montanha	55:11
27	314	Manuel Parrilla	64	[2188] ADOL	55:41
28	2147	Belo de Carvalho	64	[157] AFAP	56:21
29	3131	José Oliveira	64	[114] COA	57:34
30	1758	Aniceto Soares	62	[022] CLAC	1:00:28

31	1907	Carlos Coelho	61	[094]	CPOC	1:02:56
32	5248	José Vicente	61	[157]	AFAP	1:03:38
33	1405	João Barrulas	61	[090]	ADFA	1:05:11
34	376	Urban Mannekvist	62	[10900]	Cerveza OL	1:05:35
35	3889	Rui Almeida	64	[157]	AFAP	1:08:22
36	6291	Manuel Nunes	62	[114]	COA	1:08:57
37	354	Vincent Eijssink	62	[10393]	Ås-NMBU	1:10:44
38	5354	Noel Cabeça	64	[133]	GDU Azoia	1:11:09
39	5294	Amândio Gonçalves	63	[022]	CLAC	1:11:25
40	1218	Fontoura	63	[094]	CPOC	1:13:30
41	695	Manuel López	64	[3168]	O-San Roque	1:19:39
42	3848	Ilídio Santos Mendes	60	[022]	CLAC	1:33:42
43	377	Andrew Leedham	63	[10868]	CO	1:39:57
	725	Niall Reynolds	61	[11097]	SBOC	mp
	4783	Carlos Fortunato	62	[007]	Ori-Estarreja	mp
	3850	Paulo Ferreira	61	[005]	CP Armada	mp
	2417	Carlos Matos	60	[167]	NAST	mp
	2686	António Neves	60	[133]	GDU Azoia	dns

W55 (25)**3,2 Km 90 m 13 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	756	Joli Wehrli	63	[5247] SWISS O TOURS	31:53
2	368	Christine Goulding	63	[11200] BL	33:06
3	710	Tatiana Bolshunova	63	[11150] Ramenskoye	35:35
4	724	Margaret Reynolds	61	[11097] SBOC	37:21
5	353	May Bente Brurberg	63	[10393] Ås-NMBU	38:24
6	702	Jaana Eronen	63	[9735] Pihkan	40:16
7	2129	Luísa Mateus	58	[070] COC	41:47
8	772	Bente Madsen	59	[10954] Tisvilde Hegn OK	42:52
9	304	Trine Marit Just Raaen	64	[10716] ABO	45:19
10	633	Marie-Anne Jungo	62	[10932] ol.biel.seeland	46:58
11	711	Irina Koloskova	60	[11150] Ramenskoye	48:46
12	1183	Palmira João	59	[070] COC	50:00
13	674	Linda Verbraken	62	[10897] OPOR TROL	50:06
14	548	Tatiana Pakhomova	61	[1511] Individual RUS	53:49
15	455	Tuulikki Salmenkyla	63	[6550] HS	54:06
16	660	Barbara Dresel	62	[10825] OPOR SC Klecken	54:15
17	350	Ellen-Christine Koren	63	[10393] Ås-NMBU	55:33
18	643	Heidy Corrodi	60	[9922] OLG Dachsen	56:05
19	422	Judy Barclay	60	[2198] Fundi-O	58:44
20	782	Eija Sulavuori	62	[11124] TuMe	1:08:34
21	508	Bocquet Pascale	60	[1826] Individual FRA	1:10:05
22	401	Julie Collins	60	[8520] DFOK3	1:15:00
23	694	Ángeles Ruiz	61	[3168] O-San Roque	1:18:02
24	5695	Luísa Gaboleiro	63	[133] GDU Azoia	1:18:03
25	5293	Amália Gonçalves	63	[022] CLAC	1:45:38

M60 (43)**3,9 Km 110 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	630	Per Magnusson	58	[11269] OKN	25:11
2	742	Jyrki Routsi	58	[11262] Suunnistusmatkat	26:09
3	761	Per-Olof Derebrant	59	[5247] SWISS O TOURS	29:11
4	351	Ivar Maalen	59	[10393] Ås-NMBU	29:15
5	375	Stefan Carlsson	57	[10900] Cerveza OL	29:16
6	303	Richard Zeiner-Gundersen	58	[10716] ABO	30:34

7	743 Kari-Veli Niemi	58 [11262] Suunnistusmatkat	30:44
8	624 Abramikas	57 [11153] OK Saule	31:19
9	1182 Albano João	59 [070] COC	31:36
10	647 Sönke Bandixen	57 [11116] OLG Pfaffikon	32:13
11	1532 José Fernandes	59 [102] .COM	33:20
12	783 Hannu Arki	58 [11124] TuMe	33:57
13	468 Ossi Autio	59 [11287] Hyvinkään Rasti	35:07
14	503 Timo Asikainen	58 [1835] Individual FIN	35:57
15	4229 António Bastos	58 [070] COC	36:58
16	4077 Custódio Pinto	56 [056] Natura	37:10
17	513 Jean Dermine	50 [1826] Individual FRA	37:16
18	1423 Jose Leite Rocha	59 [037] GD Luz Verde	37:20
19	741 Jouko Malinen	56 [11262] Suunnistusmatkat	37:35
20	438 Martti Leppälä	56 [10161] HIS	39:16
21	652 Otti Bisang	55 [9483] OLZ	40:16
22	547 Oleg Pakhomov	59 [1511] Individual RUS	41:03
23	682 Peter Käser	57 [11079] OPOR Ulu's	41:18
24	2118 Manuel Domingues	57 [070] COC	42:12
25	580 Jackie Vandijck	55 [11059] KOL	43:03
26	1851 Escada da Costa	56 [128] COALA	43:30
27	1190 Carlos Ferreira	56 [168] CAB	43:51
28	579 Ralf Olander	56 [11134] Kimito SF	44:22
29	602 Ingvar Braaten	58 [11323] Modum OL	45:22
30	733 Colin West	55 [10888] SOS	46:10
31	729 Juha Haajanen	55 [11261] SK Pohjantähti	46:40
32	431 Hannu Lähteenmäki	55 [11258] Hämeenlinnan Tarn	47:52
33	667 Matts Björke	53 [10877] OPOR Söders Orie	49:56
34	661 Uwe Dresel	57 [10825] OPOR SC Klecken	50:59
35	515 Paul Alle	56 [1826] Individual FRA	52:01
36	399 Andrew Evans	55 [10435] DFOK1	58:16
37	1567 Crispim Júnior	55 [090] ADFA	58:31
38	3888 Vitor Almeida	59 [005] CP Armada	1:01:13
39	587 Jerry Purkis	56 [11158] LOC2	1:07:42
40	2364 António Amador	58 [073] CMO Funchal	1:11:21
	430 James Lithgow	55 [11327] GON	mp
	644 Paul Corrodi	59 [9922] OLG Dachsen	mp
	664 Lars Forsstedt	56 [10877] OPOR Söders Orie	dnf

W60 (17)**3,2 Km 90 m 13 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	653	Regina Neukom	59	[9483] OLZ	35:28
2	629	Gudrun Wegeland	57	[11269] OKN	38:26
3	499	Anne Pelto-Huikko	58	[1835] Individual FIN	38:50
4	363	Mari-Louise Lundgren	58	[10953] Bärslagens OK	39:03
5	651	Arlette Piguet	57	[9483] OLZ	40:18
6	715	Tatiana Yaroslavtevtseva	58	[11150] Ramenskoye	41:23
7	362	Lena Larsson	57	[10953] Bärslagens OK	42:24
8	745	Marita Saari	56	[11263] Suunta-Sepot	47:35
9	549	Iris Andres	55	[1914] Individual SUI	48:26
10	428	Guglielmetti Daniela	59	[9354] GOLD	48:42
11	437	Sirpa Kangasaho	55	[11193] HiKi	49:22
12	1393	Paula Joaquim	57	[022] CLAC	1:00:46
13	646	Marianne Bandixen	58	[11116] OLG Pfaffikon	1:01:28
14	433	Jen Vanreusel	58	[11060] HAMOK	1:02:48
15	1640	Fernanda Ferreira	55	[168] CAB	1:34:44
16	356	Françoise Papillon	55	[8399] ASQ'O	1:46:45
17	512	Guignard Marie	58	[1826] Individual FRA	1:49:58

M65 (41)**3,6 Km 100 m 12 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	429	Guglielmetti Francesco	54	[9354] GOLD	24:50
2	696	Matti Hautala	54	[11259] Oulu	25:50
3	581	Börje Vartiainen	53	[11298] KR	26:18
4	705	Konrad Tonn	53	[8740] Radebeul	28:55
5	677	Bernard Marti	51	[11079] OPOR Ulu's	29:03
6	740	Jorma Aherto	54	[11262] Suunnistusmatkat	30:09
7	504	Veli-Matti Heinonen	54	[1835] Individual FIN	30:21
8	787	Rauli Helkkula	52	[11264] Turun Metsäkävijät	31:27
9	578	Marten Lindroos	54	[11134] Kimito SF	31:52
10	361	Göran Larsson	50	[10953] Bärslagens OK	32:10
11	795	Keld Gade	53	[9906] Viborg OK	33:02
12	374	Nils Johansson	54	[10900] Cerveza OL	33:38
13	1903	Armando Santos	52	[128] COALA	33:47
14	773	Keld Johnsen	50	[10954] Tisvilde Hegn OK	34:12
15	355	Daniel Papillon	54	[8399] ASQ'O	34:13
16	1905	Vítor Rodrigues	54	[094] CPOC	35:29
17	723	Øivind Fadum	52	[10894] Sande SK	35:40
18	627	Kai Saksman	50	[11345] OK TON	36:13
19	1410	Jacinto Eleutério	54	[090] ADFA	37:02
20	671	Sven-Erik Molander	50	[10741] OPOR TAIK	38:01
21	550	Peter Andres	54	[1914] Individual SUI	38:26
22	454	Touko Tuomola	51	[6550] HS	38:27
23	726	Roger Stein	53	[11097] SBOC	38:34
24	717	Hannu Ahlqvist	54	[10890] Raus	39:12
25	679	Hansruedi Kohler	54	[11079] OPOR Ulu's	39:55
26	3088	José Raposo	51	[128] COALA	40:24
27	577	Goeran Eriksson	52	[11134] Kimito SF	41:02
28	1831	Jorge Santos	50	[128] COALA	42:08
29	786	Kauko Salonen	54	[11264] Turun Metsäkävijät	42:35
30	516	Terrin Francis	52	[1826] Individual FRA	44:25
31	518	Daniel Seckler	53	[1826] Individual FRA	49:33
32	1557	Acácio Porta Nova	53	[094] CPOC	49:34
33	1677	António Reyes	54	[128] COALA	58:25
34	721	Helge Soegaard	50	[9595] RSOK	1:02:03
35	619	Sven Jacobson		[11131] OK Milan	1:02:49
36	2053	Carlos Rabaça	54	[022] CLAC	1:04:01
37	670	Lennart Karlsson	52	[10741] OPOR TAIK	1:14:19
38	611	Graham Urquhart	54	[9136] OD	2:13:09
	1251	Álvaro Coelho	53	[166] ADM Ori-Mondego	dnf
	777	Lennart Jakobsson	52	[11056] TOK	dns
	727	Jan Lindelöf	51	[10771] Seskarö IF	dns

W65 (22)**2,3 Km 50 m 11 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	452	Sirpa Koivula	51	[6550] HS	20:49
2	456	Kaija Turku	51	[10982] HS Ogeli	23:56
3	734	Lyn West	54	[10888] SOS	23:57
4	447	Marketta Savelainen	50	[6550] HS	24:45
5	704	Gisela Tonn	54	[8740] Radebeul	26:08
5	366	Lynne Walker	53	[11073] BASOC	26:08
7	500	Gia Alexandersson	50	[1835] Individual FIN	26:42
8	572	Irmeli Laine	50	[11288] Karkki-Rasti	26:48
9	720	Elizabeth Borchorst	50	[9595] RSOK	27:01

10	591 Marie Svernestam	54 [10092] LOK	28:01
11	718 Kristiina Ahlqvist	54 [10890] Raus	29:51
12	642 Margrith Hofer	54 [10846] OLG Breitsee	32:02
13	796 Pia Gade	53 [9906] Viborg OK	33:10
14	701 Helvi Petäys	50 [9735] Pihkan	34:07
15	618 Agneta Hasselkvist	[11131] OK Milan	35:43
16	369 Jenny Wren	50 [11200] BL	37:13
17	739 Anneli Bergström	52 [11262] Suunnistusmatkat	40:38
18	507 Barnier Mireille	53 [1826] Individual FRA	43:50
19	610 Elizabeth Urquhart	54 [9136] OD	44:28
20	509 Monique Cabon	50 [1826] Individual FRA	54:09
21	784 Iiris Salonen	53 [11264] Turun Metsäkävijät	1:00:37
	1556 Ana Carreira	51 [094] CPOC	mp

M70 (33)**3,0 Km 65 m 13 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	657	Carl-Henry Andersson	48	[10744] OPOR OK Orinto	23:20
2	793	Heikki Hillo	48	[10992] VaHa	23:46
3	732	Matti Railimo	48	[10865] SOCH	24:53
4	444	Jouni Savelainen	49	[6550] HS	24:55
5	730	Olavi Lukkarinen	45	[11261] SK Pohjantähti	25:28
6	593	Roger Danielsson	46	[10092] LOK	26:21
7	719	Carl Malling	49	[11011] ROK	26:43
8	365	Ulf Kjellin	49	[10953] Bärlagens OK	27:01
9	457	Vesa Turku	49	[10982] HS Ogeli	27:22
10	505	Yngve Alexandersson	49	[1835] Individual FIN	27:59
11	498	Peep Koppel	46	[1865] Individual EST	28:07
12	442	Jouko Koivula	49	[6550] HS	31:28
13	364	Per-Erik Wählberg	47	[10953] Bärlagens OK	32:05
14	658	Torbjörn Wikström	47	[10744] OPOR OK Orinto	33:07
15	655	Hans Carlsson	47	[10742] OPOR IFK Göteborg	34:24
16	573	Juhani Laine	47	[11288] Karkki-Rasti	34:41
16	300	Gérard Lefrançois	46	[10781] A C BEAUCHAMP	34:41
18	654	Kjell Jeppson	47	[10745] OPOR IF Rigor	36:21
19	641	Errol Pittet	46	[10846] OLG Breitsee	36:54
20	1079	Joaquim Patrício	48	[035] CN Alvito	37:45
21	436	Simo Kangasaho	48	[11193] HiKi	38:16
22	510	Hervé Cabon	47	[1826] Individual FRA	38:26
23	4440	Coelho dos Santos	46	[007] Ori-Estarreja	44:05
24	370	Raymond Wren	46	[11200] BL	46:13
25	659	Lars Strinnholm	49	[10876] OPOR Östersunds	49:18
26	410	Neil Croasdell	48	[9899] EPOC	49:57
27	678	Fritz Siegenthaler	46	[11079] OPOR Ulu's	52:08
28	497	Lennart Barkestam	49	[7259] IKHP	52:45
29	380	Philip Cooper	47	[10868] CO	1:10:05
	349	Matti Lampinen	48	[11283] Anttolan Urheilijat	mp
	595	Yngve Pettersson	49	[10092] LOK	mp
	441	Harri Kuosa	47	[6550] HS	mp
	360	Claes Nideborn	47	[10953] Bärlagens OK	dns

W70 (10)**2,2 Km 45 m 11 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	421	Torid Kvaal	42	[11346] Freidig	27:30
2	590	Inga Lill Pettersson	47	[10092] LOK	31:02

3	596 Beatrice Malmsten	49 [10848] Lynx	31:10
4	496 Lena Barkestam	48 [7259] IKHP	33:19
5	626 Ruth Hansen	45 [11028] OK Skaermen	38:30
6	697 Tuula Hautala	49 [11259] Oulu	54:31
7	511 Frantz Françoise	47 [1826] Individual FRA	55:36
8	432 Mirja-Liisa Laakso-Lähteenmä	49 [11258] Hämeenlinnan Tarn	1:02:47
	700 Helena Luoma	48 [9735] Pihkan	mp
	5686 Sinikka Ovaskainen	49 [151] GafanhOri	dns

M75 (13)**2,3 Km 50 m 11 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	722	Juhani Mäkinen	43	[11260] Saloisten Reipas	20:42
2	420	Gunnar Østerbø	39	[11346] Freidig	23:03
3	625	Mogens Hansen	42	[11028] OK Skaermen	24:02
4	443	Jouko Karjalainen	41	[6550] HS	24:43
5	439	Börje Etholen	41	[6550] HS	25:57
6	451	Seppo Isoherranen	43	[6550] HS	26:42
7	372	Magnar Øvreås	42	[11032] BSK	29:12
8	5958	António Laia	44	[133] GDU Azoia	38:17
	450	Osmo Lindeman	41	[6550] HS	mp
	594	Ulf Waldenfjord	43	[10092] LOK	dnf
	1576	Francisco Coelho	44	[033] Clube TAP	dns
	5687	Jorma Ovaskainen	42	[151] GafanhOri	dns
	453	Tapio Tiura	43	[6550] HS	dns

W75 (10)**1,7 Km 30 m 8 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	588	Charlotta Granholm	42	[10092] LOK	22:35
2	751	Erica Huggler	41	[5247] SWISS O TOURS	26:57
3	440	Gunnel Lindeman	42	[6550] HS	30:32
4	445	Kaarina Isoherranen	43	[6550] HS	33:06
5	371	Hjørdis Øvreås	44	[11032] BSK	39:52
6	446	Marja Raatikka	41	[6550] HS	44:49
7	686	Veronika Gübeli	39	[11079] OPOR Ulu's	45:22
8	412	Penny Hemsted	41	[11012] Erdo	1:10:04
9	592	Monica Lindgren	40	[10092] LOK	1:27:21
	409	Judith Goodair	41	[9899] EPOC	mp

M80 (5)**2,2 Km 45 m 11 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	2121	José Grada	39	[007] Ori-Estarreja	35:29
2	589	Göran Hektor	37	[10092] LOK	37:02
3	757	Klaus Huggler	38	[5247] SWISS O TOURS	41:19
	408	George Guy Goodair	36	[9899] EPOC	dns
	449	Olli Juntunen	39	[6550] HS	dns

Easy - Open Fácil (1)

Pos	Peitoral	Nome	AN	Clube	Tempo
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872 Silvia Gonçalves

[070] COC

dns

Easy Short - Fácil Curto (18)**3,2 Km 65 m 13 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	850	Karin Naslund		[11269] OKN	41:11
2	864	José Carlos Real		[159] COAAL	49:29
3	857	Maria João		[115] ATV	55:04
4	6514	Anabela Gomes	69	[133] GDU Azoia	58:03
5	863	Salvador Mendes		[133] GDU Azoia	59:22
6	818	Carlos Pais	06	[10883] AE Aguiar da Beira	1:01:25
7	6376	Martim Rocha	03	[037] GD Luz Verde	1:07:54
8	845	Rowan Purkis	54	[11158] LOC2	1:10:04
9	5285	Andrea Santos	78	[116] Montepio Geral	1:18:37
10	837	JoãoP+SílviaP+ MariaP+Franc		[11359] Clube 4 Estilos	1:22:52
11	836	MiguelP+CarlaC+ AnaF+Migu		[11359] Clube 4 Estilos	1:22:55
12	327	Sofia Chester-Browne	07	[11350] AE J.Belchior Vieg	1:49:29
13	325	Mara Palma	05	[11350] AE J.Belchior Vieg	1:49:30
14	6304	Aline Almeida	66	[005] CP Armada	1:49:50
15	3486	Isabel Saraiva	59	[007] Ori-Estarreja	1:50:04
	6059	Tiago Carrilho	06	[107] CAOS	mp
	851	Isabel Dastis Bendala		[2188] ADOL	mp
	465	Mona Kantelinen		[11287] Hyvinkään Rasti	dns

Dificult Short - Difícil Curto (19)**3,3 Km 95 m 11 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	502	Outi Montonen	58	[1835] Individual FIN	30:33
2	753	Irene Probst	69	[5247] SWISS O TOURS	31:25
3	501	Ilkka Kuuluvainen	58	[1835] Individual FIN	32:00
4	528	EugénioS+ NairA		[1564] Individual POR	43:42
5	427	Riwal Fauquant	02	[10957] GO78	51:57
6	4489	Grigas Piteira	90	[151] GafanhOri	53:03
7	404	Ana Belen Perez	74	[2244] El Imperdible	54:19
8	460	Ira Kantelinen		[11287] Hyvinkään Rasti	59:02
9	514	Nadejda Vasiloi	77	[1826] Individual FRA	1:02:58
10	852	Manuel Gregorio		[2188] ADOL	1:08:03
11	393	Carlos Gameiro	68	[094] CPOC	1:23:45
12	319	Carlos Guerra	73	[11350] AE J.Belchior Vieg	1:23:46
13	6105	Fernando Fonseca	78	[167] NAST	1:25:55
14	373	CatarinaC+Manuel PedroC+R		[11351] Cachapuz & Calejo	1:35:01
	603	Thea Martinsen	78	[11323] Modum OL	dnf
	541	PedroC+ DiogoM		[1564] Individual POR	dnf
	536	Lídia Agostinho	70	[1564] Individual POR	dns
	394	Jacinto Gonçalves	56	[094] CPOC	dns
	656	Kjell Ryberg	50	[10742] OPOR IFK Göteborg	dns

Easy Long - Fácil Longo (22)**4,6 Km 85 m 15 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	819	Rui Pais	01	[10883] AE Aguiar da Beira	42:21
2	522	AnaC+ FilipaF		[1564] Individual POR	43:55
3	856	Teresa Quaresma		[116] Montepio Geral	1:06:11
4	861	Fatelas		[11364] Fatelas	1:10:42
5	5116	AlexandrinaR MiguelR		[151] GafanhOri	1:11:50

6	538	MónicaC+ PauloC	[1564]	Individual POR	1:21:25
7	530	FátimaL+ Sandra	[1564]	Individual POR	1:21:30
8	789	Marcos Elena San Segundo	04	[11340] Ultra Maximus	1:21:37
9	870	Duarte Andrade	09	[1564] Individual POR	1:22:51
10	788	Lucia Vazquez Sa Segundo	04	[11340] Ultra Maximus	1:22:57
11	524	Armando Birra	57	[1564] Individual POR	1:26:30
12	302	Mónica Mira	85	[085] A Montanha	1:26:54
13	790	Mercedes San Seg Sanchez	72	[11340] Ultra Maximus	1:29:08
14	531	Joana Sebastião	84	[1564] Individual POR	1:31:34
15	533	João Birra	84	[1564] Individual POR	1:46:32
16	846	AméliaA+ MariaA+SuzeteC		[11362] AD Castelo de Vide	1:47:07
17	6292	Lígia Nunes	69	[114] COA	2:11:07
18	862	Rui Bombeiro		[11365] Rui Bombeiro e Coi	2:12:51
19	860	Chefões		[11363] Chefões	2:23:48
	867	João Esteves		[1564] Individual POR	dnf
	395	Maria Céu Gonçalves	58	[094] CPOC	dns
	540	Paulo+ RitaE		[1564] Individual POR	dns

Dificult Long - Difícil Longo (34) 5,0 Km 140 m 16 C

Pos	Peitoral	Nome	AN	Clube	Tempo
1	869	Erik Magnusson		[11269] OKN	32:38
2	866	Anna Haataja		[11261] SK Pohjantähti	38:20
3	334	João Pires	97	[2108] AFA	49:21
4	331	Fernando Anselmo	96	[2108] AFA	49:22
5	342	Pedro Dias	96	[2108] AFA	49:25
6	341	Pedro Silva	97	[2108] AFA	49:27
7	4580	André Martins	99	[022] CLAC	50:06
8	2621	Pedro Dias	70	[116] Montepio Geral	57:28
9	855	Lennart Wahlgren		[9449] Rehns BK	1:00:25
10	344	Rafael Silva	97	[2108] AFA	1:02:25
11	339	Miguel Wemans	96	[2108] AFA	1:05:23
12	853	Claudio Tereso		[115] ATV	1:09:01
13	858	António Campos		[1564] Individual POR	1:11:51
14	844	Filipe Palmeiro		[1564] Individual POR	1:16:33
15	543	LucianoM+ MariaM		[1000] Individual POR Fed	1:17:53
16	840	Suzana Lampreia	76	[003] CIMO	1:22:11
17	2863	António Patrício	64	[1000] Individual POR Fed	1:26:33
18	2503	Susana Pontes		[070] COC	1:29:34
19	343	Rafael Sousa	96	[2108] AFA	1:30:10
20	46247	Pedro Serralheiro		[070] COC	1:32:45
21	838	Paulo Costa+ Dina Costa		[121] CAAL	1:34:00
22	542	Rui Dias	75	[1564] Individual POR	1:38:21
23	338	Marta Fernandes	99	[2108] AFA	1:53:51
24	336	Maria Fontainha	99	[2108] AFA	1:53:53
25	868	João Madeiras		[1564] Individual POR	1:57:45
26	534	Joaquim Teodósio	76	[1564] Individual POR	2:21:05
27	333	Irina Soares	98	[2108] AFA	2:45:08
28	828	Isabel Barra+ Sofia Coelho		[151] GafanhOri	3:04:03
	5851	Carlos Viana	89	[102] .COM	mp
	335	José Vieira	99	[2108] AFA	mp
	337	Maria Libano Monteiro	00	[2108] AFA	mp
	332	Hugo Lima	00	[2108] AFA	mp
	345	Tiago Rosa	98	[2108] AFA	dns
	340	Paulo Azevedo	99	[2108] AFA	dns

Jogos A.A. Fem curto (15)**2,1 Km 65 m 10 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	566	Teresa Pereira	09	[11357] JAA Avis	29:27
2	560	CarlotaP+ InêsF		[11357] JAA Avis	29:35
3	554	CatarinaR+Hélder JoanaC+Le		[11349] JAA Crato	30:54
4	552	Francisca Leitão		[11349] JAA Crato	32:23
5	563	LuisaC+ MariaD		[11357] JAA Avis	33:37
6	564	Margarida Velez	12	[11357] JAA Avis	40:12
7	835	Joana+Vanda+Mria Nelson+C	13	[11349] JAA Crato	45:30
8	567	Ana Rita Prioste	89	[11358] JAA Nisa	54:23
9	830	Ana Graça	02	[11358] JAA Nisa	54:27
10	568	Matilde Anselmo	04	[11358] JAA Nisa	54:28
11	831	Margarida Ribeiro	02	[11358] JAA Nisa	54:30
12	556	Ana Grilo+ Ana Henriques		[11357] JAA Avis	1:18:05
	829	Ana Piedade	04	[11358] JAA Nisa	mp
	834	Maria Farinha Carvalho	09	[11349] JAA Crato	dns
	833	Vanda Cardoso	79	[11349] JAA Crato	dns

Jogos A.A. Fem longo (3)**4,4 Km 90 m 16 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	557	Anabela Pires	80	[11357] JAA Avis	1:00:29
2	525	BeatrizP+ SofiaA		[11360] JAA Castelo de Vid	1:15:34
	537	Lívia Remédios	03	[11360] JAA Castelo de Vid	dns

Jogos A.A. Masc curto (7)**2,1 Km 65 m 10 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	570	Vasco Fazendas	70	[11358] JAA Nisa	28:01
2	561	Helder Pereira	75	[11357] JAA Avis	29:36
3	559	António Correia	73	[11357] JAA Avis	33:43
4	562	Jorge Nunes	79	[11357] JAA Avis	40:17
	555	André+ SérgioL		[11349] JAA Crato	mp
	832	Nelson Carvalho	81	[11349] JAA Crato	dns
	553	AndréA+LuísA+Rui MartimF+f		[11349] JAA Crato	dns

Jogos A.A. Masc longo (11)**4,4 Km 90 m 16 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	569	Ricardo Fazendas	70	[11358] JAA Nisa	33:41
2	532	João Laranjo	69	[11360] JAA Castelo de Vid	34:34
3	527	David Conchinha	02	[11360] JAA Castelo de Vid	46:05
4	539	NunoM+ PauloP		[11360] JAA Castelo de Vid	56:40
5	565	Rui Henriques	66	[11357] JAA Avis	59:53
6	558	Ângelo Rosado	71	[11357] JAA Avis	1:00:33
7	535	JoséA+ LeonorA		[11360] JAA Castelo de Vid	1:02:48
8	523	AndréP+JoãoA TiagoL		[11360] JAA Castelo de Vid	1:06:26
	854	CarlosP+TiagoG+ RafaelP+Eu		[1564] Individual POR	mp
	529	FábioD+ TâniaM		[11360] JAA Castelo de Vid	dns
	526	CarlosA+ GuilhermeM		[11360] JAA Castelo de Vid	dns

