

Prova 1 Masc., 400m Livres Infantis & Juvenis  
 23.1.16 Lista inscritos

Rec Regional Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	2003
Rec Regional Inf A	4:13.24	Pedro Fontoura Oliveira	CFB		2004
Rec Regional Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	2012
Rec Regional Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	2012
Rec Regional Absoluto	3:49.19	Ricardo Ferreira Cotovio	SCP	Porto	2012
Rec Nacional Inf B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	2003
Rec Nacional Inf A	4:12.35	Andre Vilas Ruivo	DNMG	Campo Maior	2014
Rec Nacional Juv B	4:03.22	Joao Pedro Gil	ANAM	Algés	2012
Rec Nacional Juv A	3:59.31	Joao Carlos Santos	ANAM	Algés	2012
Rec Nacional Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	2009

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
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**Juvenis A**

1	Pedro Barata Neves	00	Juv A	118137	CIRL	4:23.82 S	29.11.15	Caldas da Rainha (POR)	4:23.82
2	Ricardo Alexandre Faia	00	Juv A	127384	SLB	4:26.58 S	31.1.15	Torres Novas (POR)	4:26.58
3	Francisco Nunes Libreiro	00	Juv A	119805	SFUAP	4:31.49 S	22.11.15	Alges (POR)	4:31.49
4	João Fernandes Garcia	00	Juv A	130054	AEULCCD	4:35.01 S	24.1.15	Lisboa (POR)	4:35.01
5	Ricardo Silva Marujo	00	Juv A	125348	GESL	4:38.54 S	22.11.15	Alges (POR)	4:38.54
6	Guilherme Maria Matos	00	Juv A	117944	CFB	4:39.39 S	22.11.15	Alges (POR)	4:39.39
7	Joao Pedro Gaspar	00	Juv A	125196	ADRCIMM	4:50.74 S	24.1.15	Lisboa (POR)	4:50.74
8	Rodrigo Guerreiro Benavente	00	Juv A	122962	EMDS	4:53.64 S	15.11.15	Alapraia (POR)	4:53.64
9	Manuel Castelo Branco	00	Juv A	125138	AHBE	5:14.30 S	15.11.15	Alapraia (POR)	5:14.30
10	Gabriel Nogueira Costa	00	Juv A	122066	ADRCIMM	5:15.00			5:15.00
11	Daniel Fernandes Antao	00	Juv A	124331	CNCVG	5:15.00			5:15.00
12	Nuno Tiago Pinela	00	Juv A	121946	CNCVG	5:15.00			5:15.00

**Juvenis B**

1	David Matias Cristino	01	Juv B	127872	ANAM	4:16.92 S	5.12.15	Setubal (POR)	4:16.92
2	Diogo Alexandre Araujo	01	Juv B	122109	ESJB	4:25.00 S	5.12.15	Setubal (POR)	4:25.00
3	Edgar Filipe Santos	01	Juv B	127750	ANAM	4:26.41 S	22.11.15	Alges (POR)	4:26.41
4	Rodrigo Melo Pinto	01	Juv B	128733	CNCVG	4:31.00 S	22.11.15	Alges (POR)	4:31.00
5	Joao Batista Silva	01	Juv B	127503	PDEM	4:42.30 S	22.11.15	Alges (POR)	4:42.30
6	Francisco Martins Pedro	01	Juv B	125349	GESL	4:43.19 S	10.6.15	Reboleira (POR)	4:43.19
7	David Alexandre Machado	01	Juv B	122916	ADRCIMM	4:48.48 S	18.10.15	Lisboa (POR)	4:48.48
8	Henrique Rasteiro Luis	01	Juv B	123961	ADRCIMM	4:55.20 S	7.3.15	Setubal (POR)	4:55.20
9	Hugo Tavares Reis	01	Juv B	123953	ESJB	5:03.60 L	27.6.15	Vila Franca de Xira (POR)	4:57.52
10	Luis Martins Tripa	01	Juv B	126312	GESL	5:05.26 L	27.6.15	Vila Franca de Xira (POR)	4:59.15
11	Miguel Monteiro Dinis	01	Juv B	124394	SAD	5:00.20 S	24.1.15	Lisboa (POR)	5:00.20
12	Tiago Henriques Matias	01	Juv B	128276	GESL	5:12.41 S	24.1.15	Lisboa (POR)	5:12.41
13	Claudio Filipe Pedroso	01	Juv B	126292	AHBE	5:22.28 S	15.11.15	Alapraia (POR)	5:22.28
14	Vasco Manuel Coelho	01	Juv B	124307	EMDS	5:23.00			5:23.00
15	Vasco Pulquerio Marques	01	Juv B	122037	GDSE	5:23.00			5:23.00
16	Filipe Eduardo Morais	01	Juv B	200145	CPCD	5:23.00			5:23.00
17	Henrique Miguel Costa	01	Juv B	121264	AHBE	5:23.00			5:23.00

**Infantis A**

1	Vicente Oliveira Gomes	02	Inf A	129022	SCP	4:46.48 S	19.4.15	Corroios (POR)	4:46.48
2	Diogo Santos Costa	02	Inf A	126007	ADRCIMM	4:50.44 S	19.4.15	Corroios (POR)	4:50.44
3	Francisco Alves Souza	02	Inf A	128881	GESL	4:56.96 L	27.6.15	Vila Franca de Xira (POR)	4:51.02
4	Joao Nogueira Mendes	02	Inf A	128745	CIRL	4:51.92 S	28.3.15	Silves (POR)	4:51.92
5	Rafael Moreira Oliveira	02	Inf A	128325	CFB	4:53.06 S	15.11.15	Alapraia (POR)	4:53.06
6	Tiago Leite Barreiros	02	Inf A	127804	SAD	5:02.31 S	19.4.15	Corroios (POR)	5:02.31
7	Pedro Miguel Pinto	02	Inf A	129924	AEFDTV	5:10.02 L	27.6.15	Vila Franca de Xira (POR)	5:03.82
8	Rafael Rodrigues Jacinto	02	Inf A	129002	CFB	5:10.71 L	27.6.15	Vila Franca de Xira (POR)	5:04.49
9	Francisco Padilla Correia	02	Inf A	131379	GESL	5:06.30 S	15.11.15	Alapraia (POR)	5:06.30
10	Joao Silva Bernardo	02	Inf A	128146	ADRCIMM	5:06.75 S	18.10.15	Lisboa (POR)	5:06.75
11	Rodrigo Rosa Fernandes	02	Inf A	153437	CPCD	5:08.49 S	15.11.15	Alapraia (POR)	5:08.49
12	Afonso Amaro Santos	02	Inf A	131510	GESL	5:09.41 S	15.11.15	Alapraia (POR)	5:09.41
13	Rafael Alves Costa	02	Inf A	128173	SCP	5:10.98 S	7.3.15	Setubal (POR)	5:10.98
14	Diogo Garcez Mateus	02	Inf A	129622	EMDS	5:14.01 S	19.4.15	Corroios (POR)	5:14.01
15	Ruan Lage Tigre	02	Inf A	121281	SFUAP	5:25.49 S	19.4.15	Corroios (POR)	5:25.49
16	João Ricardo Santos	02	Inf A	127066	CNS	5:31.68 S	19.4.15	Corroios (POR)	5:31.68
17	Diogo Sousa Pinto	02	Inf A	129221	COL	5:31.78 S	19.4.15	Corroios (POR)	5:31.78

## Prova 1, Masc., 400m Livres

### Infantis A, Inscrições rejeitadas

RJC	Claudio Bularo Freitas	02	Inf A	153426	CPCD	5:31.81 S	15.11.15	Alapraia (POR)	5:31.81
RJC	Manuel Alvarenga Cabugueira	02	Inf A	131381	GESL	5:34.17 S	18.10.15	Lisboa (POR)	5:34.17
RJC	Diogo Cruz Monteiro	02	Inf A	124423	CNN	6:39.50 S	24.1.15	Lisboa (POR)	6:39.50
RJC	Henrique Rodrigues Cruz	02	Inf A	128145	ADRCIMM	NT			NT
RJC	Afonso Abeijon Abreu	02	Inf A	200410	CNN	NT			NT

### Infantis B

1	Ricardo Martins Ferreira	03	Inf B	127307	EMDS	5:05.48 S	15.11.15	Alapraia (POR)	5:05.48
2	Andre Martins Sousa	03	Inf B	126474	CNMJ	5:19.77 S	15.11.15	Alapraia (POR)	5:19.77
3	Alexandre Coelho Vieira	03	Inf B	131516	SCP	5:25.56 S	15.11.15	Alapraia (POR)	5:25.56
4	Antonio Cinca Festas	03	Inf B	124422	CNN	5:26.57 S	5.7.15	Alges (POR)	5:26.57
5	Joao Luis Matos	03	Inf B	130239	CNCVG	5:31.73 S	5.7.15	Alges (POR)	5:31.73
6	Francisco Figueiredo Dias	03	Inf B	129055	ADRCIMM	5:32.84 S	5.7.15	Alges (POR)	5:32.84
7	Miguel Fernandes Rosado	03	Inf B	127631	CIRL	5:33.46 S	15.11.15	Alapraia (POR)	5:33.46
8	Joao Pinela Santos	03	Inf B	132939	SFUAP	5:33.68 S	15.11.15	Alapraia (POR)	5:33.68
9	Diogo Miguel Duraes	03	Inf B	123448	CNMJ	5:34.08 S	15.11.15	Alapraia (POR)	5:34.08
10	Goncalo Filipe Valente	03	Inf B	131380	GESL	5:34.92 S	15.11.15	Alapraia (POR)	5:34.92
11	Luis Maia Pegado	03	Inf B	131701	SCP	5:36.08 S	15.11.15	Alapraia (POR)	5:36.08
12	Daniel Shumeika Zayika	03	Inf B	128884	SLB	5:40.57 S	5.7.15	Alges (POR)	5:40.57
13	Fabio Miguel Farinha	03	Inf B	128886	SLB	5:41.12 S	15.11.15	Alapraia (POR)	5:41.12
14	Bernardo Araujo Freire	03	Inf B	129532	SAD	5:46.95 S	5.7.15	Alges (POR)	5:46.95
15	Francisco Matos Mota	03	Inf B	132309	GESL	5:48.28 S	5.7.15	Alges (POR)	5:48.28
16	Vasco Salvador Fernando	03	Inf B	129526	SAD	5:48.49 S	5.7.15	Alges (POR)	5:48.49
17	Afonso Esteves Tome	03	Inf B	128467	ADRCIMM	5:58.60 S	28.2.15	Sta Iria Azoia (POR)	5:58.60
18	Gonçalo Formosinho Rodrigues	03	Inf B	129696	AEULCCD	6:03.13 S	28.2.15	Sta Iria Azoia (POR)	6:03.13

### Infantis B, Inscrições rejeitadas

RJC	Nuno Miguel Bernardo	03	Inf B	200169	CPCD	NT			NT
RJC	Ionut Alexandru Dinca	03	Inf B	147124	SAD	NT			NT

## Prova 2

## Femin., 200m Estilos

## Infantis & Juvenis

23.1.16

Lista inscritos

Rec Regional Inf B	2:31.96	Susana Patricia Miguel	SFUAP	2002
Rec Regional Inf A	2:25.08	Ines Camacho Fernandes	SCP Tavira	2010
Rec Regional Juv B	2:20.93	Susana Patricia Miguel	SFUAP Penafiel	2004
Rec Regional Juv A	2:18.59	Catarina Tiago Nunes	SFUAP S. Antonio Cavaleiros	2009
Rec Regional Absoluto	2:14.94	Maria Carolina Rosa	SCP S. Antonio Cavaleiros	2009
Rec Nacional Inf B	2:30.96	Filipa Vilas Ruivo	DNMG Alcobaça	2009
Rec Nacional Inf A	2:25.08	Ines Camacho Fernandes	SCP Tavira	2010
Rec Nacional Juv B	2:20.93	Susana Patricia Miguel	SFUAP Penafiel	2004
Rec Nacional Juv A	2:18.59	Catarina Tiago Nunes	SFUAP S. Antonio Cavaleiros	2009
Rec Nacional Absoluto	2:12.75	Victoria Kaminskaya	PMP Porto	2014

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
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### Juvenis A

1	Tatiana Alexandre Cardoso	01	Juv A	127355	CNA	2:33.81 S	5.12.15	Setubal (POR)	2:33.81
2	Ana Cruz Antunes	01	Juv A	121501	SLB	2:36.87 S	24.1.15	Lisboa (POR)	2:36.87
3	Barbara Francisco Ferreira	01	Juv A	125344	GESL	2:38.31 S	9.5.15	Alges (POR)	2:38.31
4	Ines Rodrigues Ferreira	01	Juv A	125193	SLB	2:38.33 S	21.11.15	Alges (POR)	2:38.33
5	Sara Rulin Loureiro	01	Juv A	123345	SLB	2:39.19 S	21.11.15	Alges (POR)	2:39.19
6	Sara Alexandra Sousa	01	Juv A	125345	GESL	2:42.55 L	11.4.15	Oeiras (POR)	2:39.29
7	Filipa Bile Grilo	01	Juv A	121502	SLB	2:39.59 S	21.11.15	Alges (POR)	2:39.59
8	Ines Leitao Oliveira	01	Juv A	120607	SAD	2:45.30 S	9.5.15	Alges (POR)	2:45.30
9	Catarina Rodrigues Belchior	01	Juv A	122528	EMDS	2:45.45 S	21.11.15	Alges (POR)	2:45.45
10	Juliana Goncalves Domingues	01	Juv A	129413	SLB	2:49.65 S	24.10.15	Setubal (POR)	2:49.65
11	Maria Rodrigues Tome	01	Juv A	121262	CDOM	2:51.29 S	24.10.15	Setubal (POR)	2:51.29
12	Sara Rodrigues Sousa	01	Juv A	129508	SAD	2:51.81 S	24.1.15	Lisboa (POR)	2:51.81
13	Barbara Daniela Quaresma	01	Juv A	121162	ANSE	2:52.01 S	24.10.15	Setubal (POR)	2:52.01
14	Rita Figueiredo Narra	01	Juv A	126465	CNA	2:52.30 S	18.10.15	Lisboa (POR)	2:52.30
15	Mariana Orge Figueiredo	01	Juv A	124569	ADRCIMM	2:59.04 S	24.1.15	Lisboa (POR)	2:59.04

## Prova 2, Femin., 200m Estilos

16	Ana Bárbara Alves	01	Juv A	137860	AEFDTV	3:00.00		3:00.00
17	Olga Santos Lourenco	01	Juv A	130025	CNCVG	3:00.00		3:00.00

## Juvenis B

1	Ana Rita Matos	02	Juv B	127501	GESL	2:39.44 S	9.5.15 Alges (POR)	2:39.44
2	Filipa Inacio Cazeiro	02	Juv B	121158	CIRL	2:40.93 S	5.12.15 Setubal (POR)	2:40.93
3	Ana Raquel Graveto	02	Juv B	129628	SLB	2:41.33 S	5.12.15 Setubal (POR)	2:41.33
4	Maria Oliveira Paulo	02	Juv B	126497	GDSE	2:41.76 S	21.11.15 Alges (POR)	2:41.76
5	Joana Filipa Varandas	02	Juv B	124305	EMDS	2:45.94 L	14.6.15 Vila Franca de Xira (POR)	2:42.62
6	Beatriz Sanches Infante	02	Juv B	131754	SAD	2:43.08 S	21.11.15 Alges (POR)	2:43.08
7	Carolina Ganhao Ferro	02	Juv B	126267	GESL	2:46.15 S	9.5.15 Alges (POR)	2:46.15
8	Mariana Pedro Pereira	02	Juv B	126180	GESL	2:47.33 S	21.11.15 Alges (POR)	2:47.33
9	Luana Gonçalves Dantas	02	Juv B	124419	CNN	2:50.43 S	9.5.15 Alges (POR)	2:50.43
10	Maria Leonor Pedro	02	Juv B	124425	CNN	2:50.94 S	7.3.15 Setubal (POR)	2:50.94
11	Sara Baptista Antunes	02	Juv B	128754	AEULCCD	3:03.37 S	9.5.15 Alges (POR)	3:03.37
12	Daniela Ferreira Pinto	02	Juv B	129225	COL	3:06.34 S	24.10.15 Setubal (POR)	3:06.34
13	Patricia Alexandra Boto	02	Juv B	124329	ANSE	3:06.46 S	10.1.16 Benedita (POR)	3:06.46
14	Daniela Sofia Fernandes	02	Juv B	200164	CPCD	3:07.00		3:07.00
15	Margarida Alexandra Luz	02	Juv B	126181	GESL	3:07.00		3:07.00

## Infantis A

1	Mariana Marques Mercedes	03	Inf A	129961	CDOM	2:41.50 S	1.11.15 Lisboa (POR)	2:41.50
2	Beatriz Azevedo Isaías	03	Inf A	127706	ADRCIMM	2:45.21 S	9.5.15 Alges (POR)	2:45.21
3	Margarida Mota Silva	03	Inf A	122224	CNMJ	2:49.31 S	9.5.15 Alges (POR)	2:49.31
4	Ema Jerónimo Conceição	03	Inf A	129812	AEFDTV	2:50.49 S	1.11.15 Lisboa (POR)	2:50.49
5	Margarida Teixeira Moreira	03	Inf A	127698	CFB	2:52.40 S	1.11.15 Lisboa (POR)	2:52.40
6	Barbara Sofia Amaral	03	Inf A	130785	GESL	2:57.96 L	27.6.15 Vila Franca de Xira (POR)	2:54.40
7	Ana Margarida Soares	03	Inf A	129488	CNS	2:55.68 S	1.11.15 Lisboa (POR)	2:55.68
8	Barbara Silva Viegas	03	Inf A	129009	SCP	2:56.18 S	18.10.15 Lisboa (POR)	2:56.18
9	Mafalda Viegas Cruz	03	Inf A	129018	SCP	2:56.22 S	18.10.15 Lisboa (POR)	2:56.22
10	Ines Coutinho Filipe	03	Inf A	124421	CNN	3:00.05 L	27.6.15 Vila Franca de Xira (POR)	2:56.44
11	Rafaela Sofia Silva	03	Inf A	127686	SLB	2:58.97 S	1.11.15 Lisboa (POR)	2:58.97
12	Tatiana Valentim Oliveira	03	Inf A	129818	AEFDTV	3:04.68 L	27.6.15 Vila Franca de Xira (POR)	3:00.98
13	Madalena Reis Cerdeira	03	Inf A	130053	AEULCCD	3:02.96 S	9.5.15 Alges (POR)	3:02.96
14	Leonor Maria Neves	03	Inf A	131015	GDV	3:03.04 S	9.5.15 Alges (POR)	3:03.04
15	Bruna Simões Inácio	03	Inf A	131010	GDV	3:03.88 S	9.5.15 Alges (POR)	3:03.88
16	Sofia Peres Ferrão	03	Inf A	133280	GDV	3:04.71 S	9.5.15 Alges (POR)	3:04.71
17	Marta Sousa Caxaria	03	Inf A	130756	CNMJ	3:06.01 S	9.5.15 Alges (POR)	3:06.01
18	Bruna Filipa Niza	03	Inf A	131993	INDANL	3:09.70 S	9.5.15 Alges (POR)	3:09.70
19	Inês Cristina Duarte	03	Inf A	127063	CNS	3:10.24 S	1.11.15 Lisboa (POR)	3:10.24
20	Mariana Valente Fernandes	03	Inf A	147148	PDEM	3:15.36 S	1.11.15 Lisboa (POR)	3:15.36
21	Filipa Alexandra Henriques	03	Inf A	127705	SLB	3:15.54 S	24.1.15 Lisboa (POR)	3:15.54
22	Laura Morais Marques	03	Inf A	137862	AEFDTV	3:15.93 S	1.11.15 Lisboa (POR)	3:15.93
23	Marta Dias Damaso	03	Inf A	147149	PDEM	3:21.39 S	1.11.15 Lisboa (POR)	3:21.39
24	Patricia Cruz Margarido	03	Inf A	129497	CNS	3:21.68 S	1.11.15 Lisboa (POR)	3:21.68
25	Beatriz Pedro Ferreira	03	Inf A	200146	CPCD	3:22.71 S	1.11.15 Lisboa (POR)	3:22.71
26	Rita Matos Leal	03	Inf A	273671367	MO	3:25.00		3:25.00
27	Madalena Rodrigues Tome	03	Inf A	126829	AHBE	3:25.00		3:25.00
28	Marta Vainauskaite	03	Inf A	200913	AHBE	3:25.00		3:25.00
29	Caetana Neves Carneiro	03	Inf A	129163	INDANL	3:25.00		3:25.00

## Infantis B

1	Alice de Jesus Morgado	04	Inf B	131016	GDV	2:50.78 S	14.11.15 Alapraia (POR)	2:50.78
2	Rita Santos Boioes	04	Inf B	128951	CNMJ	2:55.79 S	14.11.15 Alapraia (POR)	2:55.79
3	Mariana Morais Delfino	04	Inf B	132603	AEULCCD	2:59.15 S	14.11.15 Alapraia (POR)	2:59.15
4	Vera Figueiredo Narra	04	Inf B	131121	CNA	3:00.25 S	14.11.15 Alapraia (POR)	3:00.25
5	Leonor Esteves Santos	04	Inf B	130603	AEULCCD	3:01.19 S	14.11.15 Alapraia (POR)	3:01.19
6	Carolina Porem Henriques	04	Inf B	129802	CNA	3:02.09 S	14.11.15 Alapraia (POR)	3:02.09
7	Joana Maia Antunes	04	Inf B	131699	SCP	3:02.65 S	14.11.15 Alapraia (POR)	3:02.65
8	Margarida Filipe Ferreira	04	Inf B	132347	ANSE	3:02.71 S	14.11.15 Alapraia (POR)	3:02.71
9	Carolina Pinto Luz	04	Inf B	127274	GDSE	3:03.21 S	14.11.15 Alapraia (POR)	3:03.21
10	Catarina Nunes Costa	04	Inf B	131376	GESL	3:05.16 S	1.11.15 Lisboa (POR)	3:05.16
11	Sofia Vilardell Rodrigues	04	Inf B	132308	GESL	3:05.19 S	5.7.15 Alges (POR)	3:05.19
12	Alisa Bekauri	04	Inf B	128989	COL	3:09.01 S	14.11.15 Alapraia (POR)	3:09.01
13	Daniela Filipa Marques	04	Inf B	130792	PDEM	3:09.47 S	1.11.15 Lisboa (POR)	3:09.47
14	Raquel Raposo Lopes	04	Inf B	153469	ANSE	3:10.24 S	10.1.16 Benedita (POR)	3:10.24
15	Rita Aldir Santos	04	Inf B	129697	AEULCCD	3:11.17 S	14.11.15 Alapraia (POR)	3:11.17
16	Matilde Carvalho Barao	04	Inf B	130243	CNCVG	3:15.24 S	14.11.15 Alapraia (POR)	3:15.24

### Prova 2, Femin., 200m Estilos

17	Barbara Almeida Ribeiro	04	Inf B	130249	CNCVG	3:16.24 S	23.1.15	Alcobaca (POR)	3:16.24
18	Liliana Odzeshvili	04	Inf B	131509	GESL	3:17.11 S	14.11.15	Alapraia (POR)	3:17.11
19	Margarida Carvalho Barao	04	Inf B	130241	CNCVG	3:17.81 S	5.7.15	Alges (POR)	3:17.81
20	Ines Marques Joaquim	04	Inf B	130368	SLB	3:19.96 S	14.11.15	Alapraia (POR)	3:19.96
21	Maria Freire Alves	04	Inf B	132522	AHBE	3:20.77 S	1.11.15	Lisboa (POR)	3:20.77
22	Joana Miguel Sousa	04	Inf B	130442	AHBE	3:22.41 S	14.11.15	Alapraia (POR)	3:22.41
23	Marta Matos Saraiva	04	Inf B	130404	SAD	3:23.80 S	1.11.15	Lisboa (POR)	3:23.80
24	Beatriz Costa Melo	04	Inf B	132555	SAD	3:33.68 S	7.6.15	Lisboa (POR)	3:33.68
25	Laura Santos Penedo	04	Inf B	132520	AHBE	3:34.66 S	7.6.15	Lisboa (POR)	3:34.66
26	Margarida Inacio Romba	04	Inf B	153465	PDEM	3:41.14 S	1.11.15	Lisboa (POR)	3:41.14
27	Mariana Fragoso Guterres	04	Inf B	200475	SLB	3:45.03 S	1.11.15	Lisboa (POR)	3:45.03
28	Anais Cloe Pereira	04	Inf B	147048	MO	3:46.00			3:46.00
29	Renata Reis	04	Inf B	200422	MO	3:46.00			3:46.00
30	Catarina Teixeira Pinto	04	Inf B	132799	SFUAP	3:46.00			3:46.00
31	Catarina Ribeiro Gouveia	04	Inf B	150750	GESL	3:46.00			3:46.00
32	Margarida Silva Simoes	04	Inf B	133300	GESL	3:46.00			3:46.00
33	Mariana Costa Ganito	04	Inf B	132471	SLB	3:46.00			3:46.00
34	Beatriz Melo Fernandes	04	Inf B	200399	SAD	3:46.00			3:46.00

### Prova 3 23.1.16

### Masc., 200m Bruços

### Infantis & Juvenis Lista inscritos

Rec Regional Inf B	2:38.70	João Coias	SAD	1990	
Rec Regional Inf A	2:32.94	Ricardo Macedo	SAD	1995	
Rec Regional Juv B	2:26.72	Carlos Esteves Almeida	CNA	Reboleira	2003
Rec Regional Juv A	2:22.83	Carlos Esteves Almeida	CNA	Penafiel	2004
Rec Regional Absoluto	2:09.14	Jose Guilherme Ferreira Couto	CNA	Moscow (RUS)	2002
Rec Nacional Inf B	2:37.57	Tomas Miguel Freitas	CDN	Funchal	2003
Rec Nacional Inf A	2:29.59	Luis Manuel Fernandes	GDNVNF	Cantanhede	2009
Rec Nacional Juv B	2:20.22	Andre Goncalo Santos	LSC	Braga	2012
Rec Nacional Juv A	2:18.22	Andre Goncalo Santos	LSC	Felgueiras	2013
Rec Nacional Absoluto	2:05.59	Carlos Esteves Almeida	FPN	Chartres (FRA)	2012

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data Local	T.Conv.
<b>Juvenis A</b>								
1	Rafael Alexandre Garrido	00	Juv A	125543	GESL	2:40.22 L	11.7.15 Setubal (POR)	2:35.41
2	Tomas Dias Ferreira	00	Juv A	123342	GESL	2:44.56 L	16.5.15 Vila Franca de Xira (POR)	2:39.62
3	Bernardo Antunes Augusto	00	Juv A	122518	CNS	2:44.46 S	22.11.15 Alges (POR)	2:44.46
4	Vasco Manuel Reis	00	Juv A	129145	INDANL	2:44.62 S	24.1.15 Lisboa (POR)	2:44.62
5	Daniel Fernandes Antao	00	Juv A	124331	CNCVG	3:06.75 S	24.1.15 Lisboa (POR)	3:06.75
6	Benkai He	00	Juv A	126903	AEFDTV	3:07.00		3:07.00
7	Diogo Alexandre Santos	00	Juv A	116590	CNMJ	3:07.00		3:07.00
8	Manuel Castelo Branco	00	Juv A	125138	AHBE	3:07.00		3:07.00
9	Ricardo Alexandre Faia	00	Juv A	127384	SLB	3:07.00		3:07.00

### Juvenis B

1	Guilherme Filipe Alcobia	01	Juv B	126473	SLB	2:35.62 S	6.12.15 Setubal (POR)	2:35.62
2	Rodrigo Almeida Cabrito	01	Juv B	121510	CFB	2:38.10 S	6.12.15 Setubal (POR)	2:38.10
3	Diogo Santos Cardoso	01	Juv B	122969	ADRCIMM	2:40.32 S	22.11.15 Alges (POR)	2:40.32
4	Ricardo Correia Teixeira	01	Juv B	130134	CFB	2:42.72 S	22.11.15 Alges (POR)	2:42.72
5	Vasco Pulquerio Marques	01	Juv B	122037	GDSE	2:44.50 S	22.11.15 Alges (POR)	2:44.50
6	Diogo Afonso Miranda	01	Juv B	118394	SFUAP	2:56.85 S	6.6.15 Alges (POR)	2:56.85
7	Maxim Petrea	01	Juv B	122054	SFUAP	3:06.87 L	28.6.15 Vila Franca de Xira (POR)	3:01.26
8	Goncalo Matos Pereira	01	Juv B	129052	GESL	3:03.94 S	8.3.15 Setubal (POR)	3:03.94
9	Pedro Miguel Lopes	01	Juv B	130278	COL	3:09.52 S	24.1.15 Lisboa (POR)	3:09.52
10	Tomas Silvestre Almeida	01	Juv B	126471	CNA	3:21.16 L	8.2.15 Lisboa (POR)	3:15.12
11	Frederico Marques Mau	01	Juv B	128168	EMDS	3:16.00		3:16.00
12	Filipe Eduardo Morais	01	Juv B	200145	CPCD	3:16.00		3:16.00
13	Henrique Miguel Costa	01	Juv B	121264	AHBE	3:16.00		3:16.00
14	Filipe Ferrão Melo	01	Juv B	200171	CNS	3:16.00		3:16.00
15	Tomás Carvalho Bravo	01	Juv B	132535	INDANL	3:16.00		3:16.00

## Prova 3, Masc., 200m Bruços

### Infantis A

1	Martim Rebelo Malfeito	02	Inf A	129023	SCP	2:45.59 L	19.7.15	Oeiras (POR)	2:40.62
2	Henrique Chan Machado	02	Inf A	126835	SAD	2:56.65 S	1.11.15	Lisboa (POR)	2:56.65
3	Bernardo Safara Inverno	02	Inf A	129021	SCP	2:59.47 S	1.11.15	Lisboa (POR)	2:59.47
4	Manuel Bernardo Castro	02	Inf A	129024	SCP	3:00.66 S	1.11.15	Lisboa (POR)	3:00.66
5	Tomás Patricio Martins	02	Inf A	132351	AEFDTV	3:07.36 L	28.6.15	Vila Franca de Xira (POR)	3:01.73
6	Diogo Sousa Pinto	02	Inf A	129221	COL	3:08.93 L	28.6.15	Vila Franca de Xira (POR)	3:03.26
7	Joao Almeida Grave	02	Inf A	128832	GESL	3:09.97 L	28.6.15	Vila Franca de Xira (POR)	3:04.27
8	Daniel Rodrigues Alves	02	Inf A	123454	CFB	3:04.98 S	1.11.15	Lisboa (POR)	3:04.98
9	Angelo Rafael Alves	02	Inf A	128918	SCP	3:11.32 S	1.11.15	Lisboa (POR)	3:11.32
10	Pedro Almeida Marques	02	Inf A	127176	CNS	3:12.99 S	1.11.15	Lisboa (POR)	3:12.99
11	Pedro Alves Martinho	02	Inf A	129482	AHBE	3:13.41 S	1.11.15	Lisboa (POR)	3:13.41
12	Diogo Miguel Esteves	02	Inf A	129054	CNS	3:16.95 S	6.6.15	Alges (POR)	3:16.95
13	Rodrigo Gomes Gamito	02	Inf A	130850	PDEM	3:18.63 S	1.11.15	Lisboa (POR)	3:18.63
14	Afonso Teles Carvalho	02	Inf A	127264	SLB	3:18.96 S	6.6.15	Alges (POR)	3:18.96
15	Pedro Miguel Silva	02	Inf A	200915	PDEM	3:27.78 S	1.11.15	Lisboa (POR)	3:27.78
16	Goncalo Morais Gordo	02	Inf A	126006	ADRCIMM	3:28.00			3:28.00
17	Guilherme Neto Ferreira	02	Inf A	131405	AHBE	3:28.00			3:28.00
18	Alfredo Miguel Carvalho	02	Inf A	242409180	GESL	3:28.00			3:28.00
19	Afonso Abeijon Abreu	02	Inf A	200410	CNN	3:28.00			3:28.00
20	Hugo Nunes Magalhaes	02	Inf A	127748	SAD	3:28.00			3:28.00

### Infantis B

1	Tomas Augusto Teixeira	03	Inf B	148572	CNCVG	3:07.67 S	1.11.15	Lisboa (POR)	3:07.67
2	Pedro Miguel Matos	03	Inf B	130244	CNCVG	3:09.78 S	1.11.15	Lisboa (POR)	3:09.78
3	Joao Luis Matos	03	Inf B	130239	CNCVG	3:10.76 S	1.11.15	Lisboa (POR)	3:10.76
4	Nicolae Iachimovschi	03	Inf B	130036	CNA	3:12.97 S	8.11.15	Vila Real St. Antonio (POR)	3:12.97
5	Tomas Almeida Leitao	03	Inf B	129525	SAD	3:16.27 S	1.11.15	Lisboa (POR)	3:16.27
6	Pedro Duarte Correia	03	Inf B	125257	SCP	3:19.06 S	1.11.15	Lisboa (POR)	3:19.06
7	Goncalo Miguel Rodrigues	03	Inf B	126830	AHBE	3:19.81 S	1.11.15	Lisboa (POR)	3:19.81
8	Guilherme Marques Manz	03	Inf B	148571	CNCVG	3:21.76 S	1.11.15	Lisboa (POR)	3:21.76
9	José Miguel Oliveira	03	Inf B	129493	CNS	3:29.14 S	25.10.15	Evora (POR)	3:29.14
10	Duarte Ferreira Antunes	03	Inf B	133158	SLB	3:30.84 S	1.11.15	Lisboa (POR)	3:30.84
11	Pedro Pires Gomes	03	Inf B	129534	CFB	3:32.77 S	1.11.15	Lisboa (POR)	3:32.77
12	Guilherme Guerreiro Sousa	03	Inf B	128734	CFB	3:39.82 S	1.11.15	Lisboa (POR)	3:39.82
13	Tiago Levi Esteves	03	Inf B	131706	SCP	3:43.96 S	1.11.15	Lisboa (POR)	3:43.96
14	Miguel Almeida Candeias	03	Inf B	133306	SAD	3:46.00 S	1.11.15	Lisboa (POR)	3:46.00
15	Miguel Fernandes Rosado	03	Inf B	127631	CIRL	3:50.00			3:50.00
16	Gaspar Dinis	03	Inf B	272794333	CNCVG	3:50.00			3:50.00
17	Miguel José Gomes	03	Inf B	200421	MO	3:50.00			3:50.00
18	Bernardo Pinto Coelho	03	Inf B	128144	PDEM	3:50.00			3:50.00
19	Joao Maria Colaco	03	Inf B	131515	SCP	3:50.00			3:50.00
20	David Van Ossenbruggen	03	Inf B	126428	SFUAP	3:50.00			3:50.00
21	Rafael Alexandre Soares	03	Inf B	200162	CPCD	3:50.00			3:50.00
22	David Lopes Oliveira	03	Inf B	150751	GESL	3:50.00			3:50.00
23	Salvador Ataide Parente	03	Inf B	131383	GESL	3:50.00			3:50.00
24	Dinis Viola Caroco	03	Inf B	131696	SCP	3:50.00			3:50.00
25	Marcos Paulo Vieira	03	Inf B	131999	INDANL	3:50.00			3:50.00
26	Dinis Silva Milho	03	Inf B	132646	PDEM	4:15.69 S	1.11.15	Lisboa (POR)	4:15.69
WDR	Miguel Beirao Catarino	03	Inf B	131703	SCP	3:50.00			3:50.00

Prova 4  
 23.1.16

Femin., 200m Costas

Infantis & Juvenis  
 Lista inscritos

Rec Regional Inf B	2:28.06	Rafaela Gomes Azevedo	SAD	Alges	2014
Rec Regional Inf A	2:21.33	Rafaela Gomes Azevedo	SAD	Algés	2015
Rec Regional Juv B	2:19.15	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec Regional Juv A	2:16.30	Petra Quintela Chaves	SAD		1993
Rec Regional Absoluto	2:11.56	Francisca Gomes Azevedo	SAD	Porto	2014
Rec Nacional Inf B	2:27.92	Keissy Joselin Sousa	FCP	Alcobaça	1997
Rec Nacional Inf A	2:21.33	Rafaela Gomes Azevedo	SAD	Algés	2015
Rec Nacional Juv B	2:17.86	Catia Raquel Martinheira	LDC	Sines	2008
Rec Nacional Juv A	2:16.30	Petra Quintela Chaves	SAD		1993
Rec Nacional Absoluto	2:11.56	Francisca Gomes Azevedo	SAD	Porto	2014

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis A</b>									
1	Filipa Bile Grilo	01	Juv A	121502	SLB	2:34.79 L	12.4.15	Oeiras (POR)	2:31.69
2	Beatriz Seixas Goncalves	01	Juv A	122060	ADRCIMM	2:33.07 S	6.12.15	Setubal (POR)	2:33.07
3	Margarida Alexandra Pedrosa	01	Juv A	122501	ADRCIMM	2:35.58 S	22.2.15	S Antonio dos Cavaleiros (POR)	2:35.58
4	Vera Serrano Santos	01	Juv A	120452	SAD	2:44.58 L	14.3.15	Vila Franca de Xira (POR)	2:41.28
5	Barbara Daniela Quaresma	01	Juv A	121162	ANSE	2:43.22 S	21.11.15	Alges (POR)	2:43.22
6	Sara Alexandra Sousa	01	Juv A	125345	GESL	2:48.47 S	24.1.15	Lisboa (POR)	2:48.47
7	Tania Gomes Leitao	01	Juv A	122044	EMDS	2:48.49 S	24.1.15	Lisboa (POR)	2:48.49
8	Olga Santos Lourenco	01	Juv A	130025	CNCVG	2:55.12 L	12.4.15	Oeiras (POR)	2:51.61
9	Juliana Goncalves Domingues	01	Juv A	129413	SLB	2:51.65 S	24.1.15	Lisboa (POR)	2:51.65
10	Ines Pires Gomes	01	Juv A	127251	CFB	2:52.62 S	24.1.15	Lisboa (POR)	2:52.62
11	Joana Mira Pereira	01	Juv A	121237	CNS	2:53.00			2:53.00
12	Barbara Francisco Ferreira	01	Juv A	125344	GESL	2:53.00			2:53.00
13	Sara Rulin Loureiro	01	Juv A	123345	SLB	2:53.00			2:53.00
14	Luisa Chan Conceicao	01	Juv A	121060	SAD	2:53.00			2:53.00

**Juvenis B**

1	Maria Mousinho Esteves	02	Juv B	131944	CNA	2:31.62 S	6.12.15	Setubal (POR)	2:31.62
2	Catarina Trigo Ferreira	02	Juv B	124523	CNA	2:38.09 L	19.7.15	Oeiras (POR)	2:34.92
3	Mafalda Marques Pinto	02	Juv B	125422	SLB	2:35.90 S	10.1.16	Benedita (POR)	2:35.90
4	Francisca Salvador Mesquita	02	Juv B	123935	ADRCIMM	2:38.60 S	10.6.15	Reboleira (POR)	2:38.60
5	Mariana Amaral Mendes	02	Juv B	123959	ADRCIMM	2:41.04 S	22.2.15	S Antonio dos Cavaleiros (POR)	2:41.04
6	Rita Jorge Pinto	02	Juv B	121250	CIRL	2:41.85 S	21.11.15	Alges (POR)	2:41.85
7	Carolina Morais Oliveira	02	Juv B	125132	CNA	2:45.34 S	29.3.15	Silves (POR)	2:45.34
8	Ines Filipa Costa	02	Juv B	128844	SAD	2:45.76 S	21.11.15	Alges (POR)	2:45.76
9	Beatriz Matozeiro Machado	02	Juv B	126298	SLB	2:49.69 L	28.6.15	Vila Franca de Xira (POR)	2:46.29
10	Mariana Antunes Silva	02	Juv B	137865	AEFDTV	2:56.59 L	28.6.15	Vila Franca de Xira (POR)	2:53.05
11	Daniela Ferreira Pinto	02	Juv B	129225	COL	2:57.35 S	8.3.15	Setubal (POR)	2:57.35
12	Patricia Alexandra Boto	02	Juv B	124329	ANSE	2:59.76 S	21.11.15	Alges (POR)	2:59.76
13	Sofia Pinto Simeao	02	Juv B	122053	CIRL	3:01.98 S	21.11.15	Alges (POR)	3:01.98
14	Maria Claro Domingues	02	Juv B	148576	CNN	3:05.73 S	25.4.15	Sines (POR)	3:05.73
15	Sara Baptista Antunes	02	Juv B	128754	AEULCCD	3:08.26 S	24.1.15	Lisboa (POR)	3:08.26
16	Rita Costa Albuquerque	02	Juv B	126828	CDDM	3:09.00			3:09.00
17	Madalena Fernandes Dominguez	02	Juv B	200409	CNN	3:09.00			3:09.00

**Infantis A**

1	Filipa Ramos Peixeira	03	Inf A	129008	SCP	2:36.74 S	29.3.15	Silves (POR)	2:36.74
2	Joana Ribeiro Martins	03	Inf A	129164	SLB	2:38.98 S	29.3.15	Silves (POR)	2:38.98
3	Ana Margarida Soares	03	Inf A	129488	CNS	2:48.27 S	25.10.15	Evora (POR)	2:48.27
4	Barbara Sofia Amaral	03	Inf A	130785	GESL	2:48.63 S	1.11.15	Lisboa (POR)	2:48.63
5	Margarida Sousa Gaspar	03	Inf A	127250	ADRCIMM	2:48.84 S	6.6.15	Alges (POR)	2:48.84
6	Andreia Wongsangnoi Alves	03	Inf A	130956	ADRCIMM	2:49.62 S	21.6.15	Lisboa (POR)	2:49.62
7	Catarina Inês Correia	03	Inf A	129491	CNS	2:50.13 S	1.11.15	Lisboa (POR)	2:50.13
8	Claudia Beatriz Martins	03	Inf A	128830	GESL	2:53.92 L	28.6.15	Vila Franca de Xira (POR)	2:50.44
9	Rafaela Sofia Silva	03	Inf A	127686	SLB	2:53.39 S	6.6.15	Alges (POR)	2:53.39
10	Daniela Mascarenhas Henriques	03	Inf A	128827	GESL	2:53.59 S	1.11.15	Lisboa (POR)	2:53.59
11	Joana Sousa Almeida	03	Inf A	129019	SCP	2:54.44 S	21.6.15	Lisboa (POR)	2:54.44
12	Maria Ines Ribeiro	03	Inf A	127252	SAD	2:59.01 L	28.6.15	Vila Franca de Xira (POR)	2:55.43
13	Leonor Sequeira Barardo	03	Inf A	129816	AEFDTV	2:59.15 L	28.6.15	Vila Franca de Xira (POR)	2:55.56
14	Sophia Bras Taylor	03	Inf A	200401	SAD	2:57.76 S	1.11.15	Lisboa (POR)	2:57.76
15	Mariana Bança Ferreira	03	Inf A	127071	CNS	2:58.53 S	1.11.15	Lisboa (POR)	2:58.53
16	Catarina Manita Rapaz	03	Inf A	127273	GDSE	2:58.67 S	8.3.15	Setubal (POR)	2:58.67

## Prova 4, Femin., 200m Costas

17	Joana Isabel Pulquerio	03	Inf A	126427	SFUAP	3:03.13 S	6.6.15	Alges (POR)	3:03.13
18	Maria Alpoim Mendes	03	Inf A	126658	JFA	3:04.50 S	1.11.15	Lisboa (POR)	3:04.50
19	Rafaela Rodrigues Moura	03	Inf A	127272	EMDS	3:09.65 S	1.11.15	Lisboa (POR)	3:09.65
20	Rafaela Silva Santos	03	Inf A	128831	GESL	3:10.04 S	1.11.15	Lisboa (POR)	3:10.04
21	Mariana Alexandra Santos	03	Inf A	139257	GDV	3:11.88 S	1.11.15	Lisboa (POR)	3:11.88
22	Mariana Conceicao Duarte	03	Inf A	129507	JFA	3:12.02 S	1.11.15	Lisboa (POR)	3:12.02
23	Madalena Reis Cerdeira	03	Inf A	130053	AEULCCD	3:12.88 S	24.1.15	Lisboa (POR)	3:12.88
24	Filipa Andre Teixeira	03	Inf A	129803	CNA	3:13.69 S	21.6.15	Lisboa (POR)	3:13.69
25	Beatriz Pedro Ferreira	03	Inf A	200146	CPCD	3:14.26 S	1.11.15	Lisboa (POR)	3:14.26
26	Leonor Ramos Zacarias	03	Inf A	127070	CNS	3:14.61 S	24.1.15	Lisboa (POR)	3:14.61
27	Patrícia Cruz Margarido	03	Inf A	129497	CNS	3:17.75 S	1.11.15	Lisboa (POR)	3:17.75
28	Beatriz Marcelino Sequeira	03	Inf A	131093	CNA	3:22.21 S	1.11.15	Lisboa (POR)	3:22.21
29	Ines Sofia Alves	03	Inf A	200157	CPCD	3:23.37 S	1.11.15	Lisboa (POR)	3:23.37
30	Raquel Pinto Santos	03	Inf A	200167	CPCD	3:26.20 S	1.11.15	Lisboa (POR)	3:26.20
31	Rita Matos Leal	03	Inf A	273671367	MO	3:27.00			3:27.00
32	Mariana Fernandes	03	Inf A	273800566	MO	3:27.00			3:27.00
33	Marta Vainauskaite	03	Inf A	200913	AHBE	3:27.00			3:27.00
34	Filipa Alexandra Henriques	03	Inf A	127705	SLB	3:27.00			3:27.00

## Infantis B

1	Susana Chanoca Narciso	04	Inf B	129388	GDSE	2:43.68 S	1.11.15	Lisboa (POR)	2:43.68
2	Ana Costa Gonçalves	04	Inf B	131695	SCP	2:58.15 S	1.11.15	Lisboa (POR)	2:58.15
3	Marta Macedo Inacio	04	Inf B	132536	SCP	2:58.66 S	1.11.15	Lisboa (POR)	2:58.66
4	Carolina Jose Nascimento	04	Inf B	153425	CPCD	3:00.33 S	1.11.15	Lisboa (POR)	3:00.33
5	Joana Marinho Coelho	04	Inf B	131514	SCP	3:02.70 S	1.11.15	Lisboa (POR)	3:02.70
6	Anais Cloe Pereira	04	Inf B	147048	MO	3:05.06 S	1.11.15	Lisboa (POR)	3:05.06
7	Aleksandra Bozanic Borcic	04	Inf B	133318	SAD	3:05.93 S	1.11.15	Lisboa (POR)	3:05.93
8	Vanessa Alexandra Negrea	04	Inf B	131767	JFA	3:08.00 S	1.11.15	Lisboa (POR)	3:08.00
9	Sara Alexandra Castro	04	Inf B	126049	CNMJ	3:08.21 S	1.11.15	Lisboa (POR)	3:08.21
10	Alisa Bekauri	04	Inf B	128989	COL	3:08.35 S	1.11.15	Lisboa (POR)	3:08.35
11	Daniela Alexandra Pedro	04	Inf B	130864	CNCVCG	3:12.03 S	1.11.15	Lisboa (POR)	3:12.03
12	Raquel Raposo Lopes	04	Inf B	153469	ANSE	3:12.15 S	1.11.15	Lisboa (POR)	3:12.15
13	Alice Castico Moreira	04	Inf B	123963	CNMJ	3:13.42 S	1.11.15	Lisboa (POR)	3:13.42
14	Margarida Carvalho Barao	04	Inf B	130241	CNCVCG	3:15.66 S	1.11.15	Lisboa (POR)	3:15.66
15	Joana Miguel Sousa	04	Inf B	130442	AHBE	3:17.28 S	1.11.15	Lisboa (POR)	3:17.28
16	Maria Freire Alves	04	Inf B	132522	AHBE	3:20.64 S	1.11.15	Lisboa (POR)	3:20.64
17	Renata Reis	04	Inf B	200422	MO	3:22.28 S	1.11.15	Lisboa (POR)	3:22.28
18	Catarina Almeida Santos	04	Inf B	129490	CNS	3:22.59 S	1.11.15	Lisboa (POR)	3:22.59
19	Mafalda Mousinho Esteves	04	Inf B	137859	CNA	3:22.94 S	1.11.15	Lisboa (POR)	3:22.94
20	Catarina Alexandra Marques	04	Inf B	130232	CNCVCG	3:24.13 S	1.11.15	Lisboa (POR)	3:24.13
21	Maria Nino Vardzukashvili	04	Inf B	131481	GESL	3:24.74 S	1.11.15	Lisboa (POR)	3:24.74
22	Laura Picado Coutinho	04	Inf B	200161	CPCD	3:28.88 S	1.11.15	Lisboa (POR)	3:28.88
23	Margarida Mendes Bras	04	Inf B	131030	CNMJ	3:31.51 S	1.11.15	Lisboa (POR)	3:31.51
24	Carolina Anjos Frischknecht	04	Inf B	129489	CNS	3:41.27 S	1.11.15	Lisboa (POR)	3:41.27
25	Carolina Fale Costa	04	Inf B	129801	ADRCIMM	3:42.00			3:42.00
26	Margarida Filipe Ferreira	04	Inf B	132347	ANSE	3:42.00			3:42.00
27	Constanca Ferreira Almeida	04	Inf B	130282	CNCVCG	3:42.00			3:42.00
28	Filipa Ribeiro Gomes	04	Inf B	201030	CNCVCG	3:42.00			3:42.00
29	Andreia Santos Silva	04	Inf B	130248	CNCVCG	3:42.00			3:42.00
30	Mariana Morais Delfino	04	Inf B	132603	AEULCCD	3:42.00			3:42.00
31	Rita Aldir Santos	04	Inf B	129697	AEULCCD	3:42.00			3:42.00
32	Leonor Esteves Santos	04	Inf B	130603	AEULCCD	3:42.00			3:42.00
33	Alice Carvalho Amigo	04	Inf B	127275	GDSE	3:42.00			3:42.00
34	Beatriz Lourenco Faria	04	Inf B	133124	JFA	3:42.00			3:42.00
35	Maria Silva Angelino	04	Inf B	132833	PDEM	3:42.00			3:42.00
36	Madalena da Graca Geraldes	04	Inf B	131511	SCP	3:42.00			3:42.00
37	Rita Gomes Martinho	04	Inf B	131704	SCP	3:42.00			3:42.00
38	Rita Monteiro Santos	04	Inf B	131705	SCP	3:42.00			3:42.00
39	Matilde Calhau Silva	04	Inf B	131702	SCP	3:42.00			3:42.00
40	Laura Santos Penedo	04	Inf B	132520	AHBE	3:42.00			3:42.00
41	Maria Ferreira Moura	04	Inf B	131382	GESL	3:42.00			3:42.00
42	Clara Patricia Rolo	04	Inf B	147056	GESL	3:42.00			3:42.00
43	Lara Amaro Silva	04	Inf B	133301	GESL	3:42.00			3:42.00
44	Mariana Costa Ganito	04	Inf B	132471	SLB	3:42.00			3:42.00
45	Andreia Velho Magalhaes	04	Inf B	131092	SLB	3:42.00			3:42.00
46	Sara Vitoria Gomes	04	Inf B	133298	ANAM	3:42.00			3:42.00
47	Rita Barao Garcia	04	Inf B	133343	PDEM	3:59.57 S	1.11.15	Lisboa (POR)	3:59.57

Prova 5  
23.1.16

Masc., 200m Mariposa

Infantis & Juvenis  
Lista inscritos

Rec Regional Inf B	2:23.10	Tiago Ramos Barroso	SAD		1996
Rec Regional Inf A	2:15.67	Joao Alexandre Vital	ADRCIMM	Algés	2012
Rec Regional Juv B	2:11.56	Miguel Cabrita	SAD		1989
Rec Regional Juv A	2:07.51	Pedro Mendonça	CNCVG		2002
Rec Regional Absoluto	1:53.56	Duarte Rafael Mourao	CNA	S. Antonio Cavaleiros	2009
Rec Nacional Inf B	2:19.18	Andre Vilas Ruivo	DNMG	Nazaré	2013
Rec Nacional Inf A	2:12.42	Tomas Miguel Freitas	CDN	Funchal	2004
Rec Nacional Juv B	2:07.06	Pedro Diogo Oliveira	CNRM	Entroncamento	2003
Rec Nacional Juv A	2:03.38	Diogo Parrilha da Silva	CNAL	Alcobaça	2009
Rec Nacional Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis A</b>									
1	Jose Tomas Simeao	00	Juv A	119420	CIRL	2:11.11 S	29.11.15	Caldas da Rainha (POR)	2:11.11
2	João Fernandes Garcia	00	Juv A	130054	AEULCCD	2:16.89 S	22.11.15	Alges (POR)	2:16.89
3	Diogo Puidival Marques	00	Juv A	122045	EMDS	2:34.15 S	24.1.15	Lisboa (POR)	2:34.15
4	Antonio Maria Ferreira	00	Juv A	128468	PDEM	3:00.26 S	25.4.15	Sines (POR)	3:00.26
5	Nuno Tiago Pinela	00	Juv A	121946	CNCVG	3:01.00			3:01.00
6	Francisco Nunes Libreiro	00	Juv A	119805	SFUAP	3:01.00			3:01.00

**Juvenis B**

1	David Matias Cristino	01	Juv B	127872	ANAM	2:24.39 S	6.6.15	Alges (POR)	2:24.39
2	Bernardo Silva Felix	01	Juv B	129061	PDEM	3:29.67 S	24.1.15	Lisboa (POR)	3:29.67
3	Rodrigo Melo Pinto	01	Juv B	128733	CNCVG	3:30.00			3:30.00
4	Ricardo Martins Bras	01	Juv B	121508	CFB	3:30.00			3:30.00
5	Pedro Mendes Ferreira	01	Juv B	129621	CFB	3:30.00			3:30.00
6	Claudio Filipe Pedroso	01	Juv B	126292	AHBE	3:30.00			3:30.00
7	Guilherme Filipe Alcobia	01	Juv B	126473	SLB	3:30.00			3:30.00
8	Carlos Filipe Lopes	01	Juv B	127265	ANAM	3:30.00			3:30.00

**Infantis A**

1	Rodrigo Rosa Fernandes	02	Inf A	153437	CPCD	2:49.67 S	1.11.15	Lisboa (POR)	2:49.67
2	Diogo Nuno Valente	02	Inf A	130425	SCP	2:49.79 S	6.6.15	Alges (POR)	2:49.79
3	João Garcez Mateus	02	Inf A	129623	EMDS	2:56.09 S	1.11.15	Lisboa (POR)	2:56.09
4	Ruy Manuel Domingos	02	Inf A	129012	SCP	2:56.98 S	24.1.15	Lisboa (POR)	2:56.98
5	Diogo Rogado Guerreiro	02	Inf A	122046	EMDS	3:01.84 S	24.1.15	Lisboa (POR)	3:01.84
6	Joao Luis Cruz	02	Inf A	129014	SCP	3:02.88 S	21.6.15	Lisboa (POR)	3:02.88
7	Antonio Guilherme Lopes	02	Inf A	129015	SCP	3:03.18 S	24.1.15	Lisboa (POR)	3:03.18
8	Tiago Micael Mesquita	02	Inf A	127279	SFUAP	3:13.36 L	28.6.15	Vila Franca de Xira (POR)	3:07.55
9	Nuno Xavier Cardoso	02	Inf A	126879	PDEM	3:32.32 S	1.11.15	Lisboa (POR)	3:32.32
10	Rodrigo Neves Pacheco	02	Inf A	126476	ADRCIMM	3:35.00			3:35.00
11	Pedro Miguel Silva	02	Inf A	200915	PDEM	3:35.00			3:35.00

**Infantis B**

1	Gonçalo Formosinho Rodrigues	03	Inf B	129696	AEULCCD	3:40.00			3:40.00
2	Rodrigo Alcides Silva	03	Inf B	132650	PDEM	3:40.00			3:40.00
3	Rodrigo Beja Lopes	03	Inf B	132651	PDEM	3:40.00			3:40.00
4	Pedro Fernandes Miranda	03	Inf B	147060	PDEM	3:40.00			3:40.00
5	Miguel Fernandes Miranda	03	Inf B	132649	PDEM	3:40.00			3:40.00
6	Goncalo Nuno Raposo	03	Inf B	126880	PDEM	3:40.00			3:40.00
7	Goncalo Vieira Almeida	03	Inf B	129986	SFUAP	3:40.00			3:40.00
8	Rodrigo Reis Dias	03	Inf B	129003	CFB	3:40.00			3:40.00
9	Luis Cabral Junior	03	Inf B	129805	CFB	3:40.00			3:40.00
10	Andre Santos Costa	03	Inf B	129963	CNA	3:40.00			3:40.00
11	Duarte Silva Taleigo	03	Inf B	128327	CNA	3:40.00			3:40.00
12	Antonio Guerra Marreiros	03	Inf B	129528	SAD	3:40.00			3:40.00



Prova 6 Femin., 400m Livres Infantis & Juvenis  
 24.1.16 Lista inscritos

Rec Regional Inf B	4:42.86	Beatriz Rodrigues Conde	SCP	Alges	2010
Rec Regional Inf A	4:37.87	Inês Camacho Fernandes	SCP	Algés	2010
Rec Regional Juv B	4:23.08	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec Regional Juv A	4:18.39	Ana Cláudia Correia Santos	SFUAP	Cantanhede	2004
Rec Regional Absoluto	4:18.39	Ana Cláudia Correia Santos	SFUAP	Cantanhede	2004
Rec Nacional Inf B	4:38.40	Filipa Vilas Ruivo	DNMG	Alcobaça	2009
Rec Nacional Inf A	4:25.30	Alexandra Maria Silva	FCP	Porto	1980
Rec Nacional Juv B	4:23.08	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec Nacional Juv A	4:18.39	Ana Claudia Santos	SFUAP	Cantanhede	2004
Rec Nacional Absoluto	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	2009

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis A</b>									
1	Mafalda Rato Monteiro	01	Juv A	121445	CNS	4:47.01 S	22.11.15	Alges (POR)	4:47.01
2	Beatriz Seixas Goncalves	01	Juv A	122060	ADRCIMM	4:56.68 S	18.10.15	Lisboa (POR)	4:56.68
3	Celeste Santos Ricardo	01	Juv A	121325	ANAM	4:56.86 S	22.11.15	Alges (POR)	4:56.86
4	Mafalda Sofia Dias	01	Juv A	121401	CNS	4:59.95 S	22.11.15	Alges (POR)	4:59.95
5	Margarida Alexandra Pedrosa	01	Juv A	122501	ADRCIMM	5:06.12 S	25.1.15	Lisboa (POR)	5:06.12
6	Liliana Simoes Romao	01	Juv A	126179	GESL	5:09.76 S	25.1.15	Lisboa (POR)	5:09.76
7	Maria Rodrigues Tome	01	Juv A	121262	CDOM	5:12.31 S	15.11.15	Alapraia (POR)	5:12.31
8	Adriana Nogueira Mascarenhas	01	Juv A	124319	CNS	5:16.41 S	22.11.15	Alges (POR)	5:16.41
9	Rita Figueiredo Narra	01	Juv A	126465	CNA	5:31.94 S	18.10.15	Lisboa (POR)	5:31.94
10	Barbara Daniela Quaresma	01	Juv A	121162	ANSE	5:32.00			5:32.00

**Juvenis B**

1	Joana Filipa Varandas	02	Juv B	124305	EMDS	4:58.54 L	19.7.15	Oeiras (POR)	4:52.56
2	Catarina Trigo Ferreira	02	Juv B	124523	CNA	4:59.61 L	28.6.15	Vila Franca de Xira (POR)	4:53.61
3	Francisca Salvador Mesquita	02	Juv B	123935	ADRCIMM	4:55.93 S	8.3.15	Setubal (POR)	4:55.93
4	Maria Mousinho Esteves	02	Juv B	131944	CNA	5:00.80 S	10.6.15	Reboleira (POR)	5:00.80
5	Carolina Morais Oliveira	02	Juv B	125132	CNA	5:10.63 L	28.6.15	Vila Franca de Xira (POR)	5:04.41
6	Catarina Pinho Estevez	02	Juv B	124325	CNS	5:04.52 S	22.11.15	Alges (POR)	5:04.52
7	Mafalda Marques Pinto	02	Juv B	125422	SLB	5:04.56 S	22.11.15	Alges (POR)	5:04.56
8	Patricia Marques Bacelar	02	Juv B	122035	GDSE	5:08.25 S	22.11.15	Alges (POR)	5:08.25
9	Maria Leonor Pedro	02	Juv B	124425	CNN	5:15.25 S	8.3.15	Setubal (POR)	5:15.25
10	Margarida Cunha Barros	02	Juv B	127076	ANAM	5:15.35 S	18.4.15	Corroios (POR)	5:15.35
11	Ana Catarina Barata	02	Juv B	126477	SFUAP	5:17.03 S	8.3.15	Setubal (POR)	5:17.03
12	Patricia Alexandra Boto	02	Juv B	124329	ANSE	5:42.41 S	15.11.15	Alapraia (POR)	5:42.41
13	Maria Oliveira Paulo	02	Juv B	126497	GDSE	5:43.00			5:43.00
14	Leticia Maia Andre	02	Juv B	132801	SFUAP	5:43.00			5:43.00
15	Mariana Lopes Albuquerque	02	Juv B	124323	CNS	5:43.00			5:43.00
16	Iolanda Sofia Clérigo	02	Juv B	126878	CNS	5:43.00			5:43.00
17	Maria Claro Domingues	02	Juv B	148576	CNN	5:43.00			5:43.00
18	Ines Filipa Costa	02	Juv B	128844	SAD	5:43.00			5:43.00

**Juvenis B, Inscrições rejeitadas**

RJC	Daniela Sofia Fernandes	02	Juv B	200164	CPCD	NT			NT
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**Infantis A**

1	Mariana Marques Mercedes	03	Inf A	129961	CDOM	5:01.90 L	28.6.15	Vila Franca de Xira (POR)	4:55.86
2	Joana Ribeiro Martins	03	Inf A	129164	SLB	5:04.00 L	28.6.15	Vila Franca de Xira (POR)	4:57.92
3	Margarida Mota Silva	03	Inf A	122224	CNMJ	5:10.87 S	29.11.15	Caldas da Rainha (POR)	5:10.87
4	Beatriz Picanço Martins	03	Inf A	127247	SLB	5:17.91 L	28.6.15	Vila Franca de Xira (POR)	5:11.55
5	Ema Jerónimo Conceição	03	Inf A	129812	AEFDTV	5:13.06 S	15.11.15	Alapraia (POR)	5:13.06
6	Margarida Teixeira Moreira	03	Inf A	127698	CFB	5:23.97 S	15.11.15	Alapraia (POR)	5:23.97
7	Barbara Silva Viegas	03	Inf A	129009	SCP	5:26.99 S	15.11.15	Alapraia (POR)	5:26.99
8	Claudia Beatriz Martins	03	Inf A	128830	GESL	5:30.93 S	15.11.15	Alapraia (POR)	5:30.93
9	Catarina Manita Rapaz	03	Inf A	127273	GDSE	5:32.07 S	18.4.15	Corroios (POR)	5:32.07
10	Beatriz Vaz Rebelo	03	Inf A	128829	GESL	5:32.80 S	15.11.15	Alapraia (POR)	5:32.80
11	Sophia Bras Taylor	03	Inf A	200401	SAD	5:33.21 S	15.11.15	Alapraia (POR)	5:33.21
12	Maria Ines Ribeiro	03	Inf A	127252	SAD	5:33.47 S	15.11.15	Alapraia (POR)	5:33.47
13	Mariana Bança Ferreira	03	Inf A	127071	CNS	5:36.46 S	15.11.15	Alapraia (POR)	5:36.46
14	Margarida Sousa Gaspar	03	Inf A	127250	ADRCIMM	5:37.84 S	18.4.15	Corroios (POR)	5:37.84

### Prova 6, Femin., 400m Livres

15	Catarina Inês Correia	03	Inf A	129491	CNS	5:51.13 S	15.11.15	Alapraia (POR)	5:51.13
16	Rafaela Silva Santos	03	Inf A	128831	GESL	5:51.67 S	18.10.15	Lisboa (POR)	5:51.67
17	Leonor Ramos Zacarias	03	Inf A	127070	CNS	5:57.88 S	18.4.15	Corroios (POR)	5:57.88
18	Filipa Andre Teixeira	03	Inf A	129803	CNA	6:52.85 S	15.11.15	Alapraia (POR)	6:52.85

### Infantis A, Inscrições rejeitadas

RJC	Maria Alpoim Mendes	03	Inf A	126658	JFA	NT			NT
RJC	Rita Matos Leal	03	Inf A	273671367	MO	NT			NT
RJC	Mariana Fernandes	03	Inf A	273800566	MO	NT			NT
RJC	Ines Sofia Alves	03	Inf A	200157	CPCD	NT			NT

### Infantis B

1	Susana Chanoca Narciso	04	Inf B	129388	GDSE	5:21.02 S	4.7.15	Alges (POR)	5:21.02
2	Maria Gomes Pereira	04	Inf B	129510	SAD	5:22.02 S	15.11.15	Alapraia (POR)	5:22.02
3	Vera Figueiredo Narra	04	Inf B	131121	CNA	5:32.32 S	4.7.15	Alges (POR)	5:32.32
4	Marta Pereira Domingos	04	Inf B	132529	ANAM	5:39.83 S	15.11.15	Alapraia (POR)	5:39.83
5	Carolina Jose Nascimento	04	Inf B	153425	CPCD	5:44.37 S	4.7.15	Alges (POR)	5:44.37
6	Luana Santos Freitas	04	Inf B	130470	AEULCCD	5:45.94 S	4.7.15	Alges (POR)	5:45.94
7	Margarida Filipe Ferreira	04	Inf B	132347	ANSE	5:51.06 S	24.5.15	Loures (POR)	5:51.06
8	Raquel Raposo Lopes	04	Inf B	153469	ANSE	5:53.19 S	15.11.15	Alapraia (POR)	5:53.19
9	Sara Vitoria Gomes	04	Inf B	133298	ANAM	5:59.24 S	24.5.15	Loures (POR)	5:59.24
10	Marta Silva Figueiredo	04	Inf B	132530	ANAM	6:06.40 S	4.7.15	Alges (POR)	6:06.40
11	Maria Martins Camacho	04	Inf B	130618	SFUAP	6:09.77 S	15.11.15	Alapraia (POR)	6:09.77
12	Andreia Velho Magalhaes	04	Inf B	131092	SLB	6:13.08 S	15.11.15	Alapraia (POR)	6:13.08
13	Marta Matos Saraiva	04	Inf B	130404	SAD	6:13.71 S	4.7.15	Alges (POR)	6:13.71
14	Marta Macedo Inacio	04	Inf B	132536	SCP	6:14.30 S	1.3.15	Sta Iria Azoia (POR)	6:14.30
15	Ines Marques Joaquim	04	Inf B	130368	SLB	6:19.58 S	15.11.15	Alapraia (POR)	6:19.58
16	Aleksandra Bozanic Borcic	04	Inf B	133318	SAD	6:21.74 S	24.5.15	Loures (POR)	6:21.74
17	Anais Cloe Pereira	04	Inf B	147048	MO	6:22.00			6:22.00
18	Beatriz Melo Fernandes	04	Inf B	200399	SAD	6:22.00			6:22.00

### Infantis B, Inscrições rejeitadas

RJC	Beatriz Costa Melo	04	Inf B	132555	SAD	NT			NT
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### Prova 7 24.1.16

### Masc., 200m Estilos

### Infantis & Juvenis Lista inscritos

Rec Regional Inf B	2:22.40	Pedro Fontoura Oliveira	CFB	2003	
Rec Regional Inf A	2:16.29	Joao Alexandre Vital	ADRCIMM	Algés	2012
Rec Regional Juv B	2:10.75	Diogo Leal Dantas	SCP	Algés	2015
Rec Regional Juv A	2:06.94	Diogo Gomes Sousa	CNCVCG	Estoril, Alapraia	2011
Rec Regional Absoluto	1:55.48	Alexis Manacas Santos	SCP	Porto	2014
Rec Nacional Inf B	2:17.96	Andre Vilas Ruivo	DNMG	Nazaré	2013
Rec Nacional Inf A	2:13.38	Tomas Miguel Freitas	CDN	Funchal	2004
Rec Nacional Juv B	2:08.27	Diogo Filipe Carvalho	CGA	Fafe	2003
Rec Nacional Juv A	2:05.34	Diogo Filipe Carvalho	CGA	Aveiro	2004
Rec Nacional Absoluto	1:54.58	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis A</b>									
1	Daniel Nogueira Catalão	00	Juv A	127075	SFUAP	2:18.64 S	9.5.15	Alges (POR)	2:18.64
2	Pedro Barata Neves	00	Juv A	118137	CIRL	2:21.24 S	21.11.15	Alges (POR)	2:21.24
3	Pedro Henriques Marques	00	Juv A	120529	SFUAP	2:21.66 S	6.12.15	Setubal (POR)	2:21.66
4	Simão Correia Ricardo	00	Juv A	121405	CNS	2:24.71 L	13.6.15	Vila Franca de Xira (POR)	2:21.81
5	João Pedro Silva	00	Juv A	121616	ANAM	2:22.60 S	25.10.15	Setubal (POR)	2:22.60
6	Gabriel Nogueira Costa	00	Juv A	122066	ADRCIMM	2:23.89 S	6.12.15	Setubal (POR)	2:23.89
7	Bernardo Antunes Augusto	00	Juv A	122518	CNS	2:25.09 S	9.5.15	Alges (POR)	2:25.09
8	Tiago Miguel Silvestre	00	Juv A	122110	SLB	2:25.61 S	6.12.15	Setubal (POR)	2:25.61
9	Diogo Monteiro Sousa	00	Juv A	118406	CNS	2:26.99 S	25.4.15	Sines (POR)	2:26.99
10	Miguel Henriques Marques	00	Juv A	120530	SFUAP	2:27.40 S	21.11.15	Alges (POR)	2:27.40
11	Rafael Alexandre Garrido	00	Juv A	125543	GESL	2:34.48 L	12.7.15	Setubal (POR)	2:31.39
12	Joao Pedro Gaspar	00	Juv A	125196	ADRCIMM	2:32.05 S	9.5.15	Alges (POR)	2:32.05

## Prova 7, Masc., 200m Estilos

13	Vasco Manuel Reis	00	Juv A	129145	INDANL	2:32.30 S	21.11.15	Alges (POR)	2:32.30
14	Diogo Alexandre Santos	00	Juv A	116590	CNMJ	2:34.09 S	10.1.16	Benedita (POR)	2:34.09
15	Ricardo Silva Marujo	00	Juv A	125348	GESL	2:34.93 S	21.11.15	Alges (POR)	2:34.93
16	Antonio Maria Ferreira	00	Juv A	128468	PDEM	2:46.47 S	25.10.15	Setubal (POR)	2:46.47
17	Oscar Miguel Nascimento	00	Juv A	128282	SLB	2:47.00			2:47.00

## Juvenis B

1	Diogo Alexandre Araujo	01	Juv B	122109	ESJB	2:20.89 S	6.12.15	Setubal (POR)	2:20.89
2	Gonçalo Silveirinha Caldeira	01	Juv B	128343	AEULCCD	2:24.89 S	6.12.15	Setubal (POR)	2:24.89
3	Rodrigo Ponte Jorge	01	Juv B	127873	ANAM	2:25.49 S	9.5.15	Alges (POR)	2:25.49
4	Tiago Maria Camoes	01	Juv B	121851	SFUAP	2:25.92 S	6.12.15	Setubal (POR)	2:25.92
5	Rafael Alcantara Aires	01	Juv B	125130	ANAM	2:26.13 S	25.10.15	Setubal (POR)	2:26.13
6	David Alexandre Machado	01	Juv B	122916	ADRCIMM	2:31.30 L	28.6.15	Vila Franca de Xira (POR)	2:28.27
7	Joao Batista Silva	01	Juv B	127503	PDEM	2:32.40 S	21.11.15	Alges (POR)	2:32.40
8	Miguel Monteiro Dinis	01	Juv B	124394	SAD	2:32.97 S	9.5.15	Alges (POR)	2:32.97
9	Ricardo Correia Teixeira	01	Juv B	130134	CFB	2:34.06 S	21.11.15	Alges (POR)	2:34.06
10	Tomás Carvalho Bravo	01	Juv B	132535	INDANL	2:35.40 S	21.11.15	Alges (POR)	2:35.40
11	Carlos Filipe Lopes	01	Juv B	127265	ANAM	2:37.15 S	25.10.15	Setubal (POR)	2:37.15
12	Frederico Marques Mau	01	Juv B	128168	EMDS	2:38.64 S	25.10.15	Setubal (POR)	2:38.64
13	Bernardo Silva Felix	01	Juv B	129061	PDEM	2:41.27 S	25.10.15	Setubal (POR)	2:41.27
14	Luis Martins Tripa	01	Juv B	126312	GESL	2:41.46 S	9.5.15	Alges (POR)	2:41.46
15	Vasco Manuel Coelho	01	Juv B	124307	EMDS	2:44.06 S	25.1.15	Lisboa (POR)	2:44.06
16	Hugo Tavares Reis	01	Juv B	123953	ESJB	2:50.04 S	17.5.15	Entroncamento (POR)	2:50.04
17	Goncalo Matos Pereira	01	Juv B	129052	GESL	2:50.29 S	25.10.15	Setubal (POR)	2:50.29
18	Maxim Petrea	01	Juv B	122054	SFUAP	2:51.00			2:51.00

## Infantis A

1	Rafael Moreira Oliveira	02	Inf A	128325	CFB	2:34.32 L	19.7.15	Oeiras (POR)	2:31.23
2	Vicente Oliveira Gomes	02	Inf A	129022	SCP	2:32.98 S	18.10.15	Lisboa (POR)	2:32.98
3	Martim Primavera Alfama	02	Inf A	128833	GESL	2:37.64 L	28.6.15	Vila Franca de Xira (POR)	2:34.48
4	Bernardo Geada Brito	02	Inf A	130621	ANAM	2:35.07 S	31.10.15	Lisboa (POR)	2:35.07
5	Diogo Santos Costa	02	Inf A	126007	ADRCIMM	2:35.35 S	9.5.15	Alges (POR)	2:35.35
6	Goncalo Morais Gordo	02	Inf A	126006	ADRCIMM	2:40.26 L	28.6.15	Vila Franca de Xira (POR)	2:37.05
7	Pedro Miguel Pinto	02	Inf A	129924	AEFDTV	2:41.29 L	19.7.15	Oeiras (POR)	2:38.06
8	Tiago Leite Barreiros	02	Inf A	127804	SAD	2:41.33 L	28.6.15	Vila Franca de Xira (POR)	2:38.10
9	Rodrigo Neves Pacheco	02	Inf A	126476	ADRCIMM	2:41.39 L	28.6.15	Vila Franca de Xira (POR)	2:38.16
10	Daniel Rodrigues Alves	02	Inf A	123454	CFB	2:39.23 S	31.10.15	Lisboa (POR)	2:39.23
11	Ruy Manuel Domingos	02	Inf A	129012	SCP	2:39.81 S	18.10.15	Lisboa (POR)	2:39.81
12	Rafael Rodrigues Jacinto	02	Inf A	129002	CFB	2:40.68 S	31.10.15	Lisboa (POR)	2:40.68
13	Joao Silva Bernardo	02	Inf A	128146	ADRCIMM	2:42.38 S	9.5.15	Alges (POR)	2:42.38
14	Tomás Patricio Martins	02	Inf A	132351	AEFDTV	2:43.76 S	9.5.15	Alges (POR)	2:43.76
15	Diogo Garcez Mateus	02	Inf A	129622	EMDS	2:49.33 L	28.6.15	Vila Franca de Xira (POR)	2:45.94
16	Manuel Bernardo Castro	02	Inf A	129024	SCP	2:50.62 L	28.6.15	Vila Franca de Xira (POR)	2:47.20
17	Joao Luis Cruz	02	Inf A	129014	SCP	2:47.62 S	18.10.15	Lisboa (POR)	2:47.62
18	Gonçalo Francisco Neves	02	Inf A	126866	AHBE	2:48.85 S	31.10.15	Lisboa (POR)	2:48.85
19	Afonso Teles Carvalho	02	Inf A	127264	SLB	2:49.47 S	31.10.15	Lisboa (POR)	2:49.47
20	Diogo Rogado Guerreiro	02	Inf A	122046	EMDS	2:49.79 S	8.3.15	Setubal (POR)	2:49.79
21	Claudio Bulano Freitas	02	Inf A	153426	CPCD	2:51.20 S	31.10.15	Lisboa (POR)	2:51.20
22	Angelo Rafael Alves	02	Inf A	128918	SCP	2:52.41 S	8.3.15	Setubal (POR)	2:52.41
23	Antonio Guilherme Lopes	02	Inf A	129015	SCP	2:57.06 S	10.6.15	Reboleira (POR)	2:57.06
24	Pedro Almeida Marques	02	Inf A	127176	CNS	2:57.23 S	31.10.15	Lisboa (POR)	2:57.23
25	Joao Almeida Grave	02	Inf A	128832	GESL	2:57.81 S	9.5.15	Alges (POR)	2:57.81
26	Tiago Micael Mesquita	02	Inf A	127279	SFUAP	3:00.37 S	9.5.15	Alges (POR)	3:00.37
27	Pedro Picoto Garcia	02	Inf A	129958	AHBE	3:03.43 S	31.10.15	Lisboa (POR)	3:03.43
28	Rodrigo Gomes Gamito	02	Inf A	130850	PDEM	3:03.85 S	31.10.15	Lisboa (POR)	3:03.85
29	Diogo Miguel Esteves	02	Inf A	129054	CNS	3:09.97 S	31.10.15	Lisboa (POR)	3:09.97
30	Guilherme Neto Ferreira	02	Inf A	131405	AHBE	3:10.00			3:10.00
31	Diogo Cruz Monteiro	02	Inf A	124423	CNN	3:10.00			3:10.00

## Infantis B

1	Luis Cabral Junior	03	Inf B	129805	CFB	2:43.97 S	31.10.15	Lisboa (POR)	2:43.97
2	Salvador Ataíde Parente	03	Inf B	131383	GESL	2:55.39 S	14.11.15	Alapraia (POR)	2:55.39
3	Guilherme Matias Cristiano	03	Inf B	132528	ANAM	2:55.62 S	14.11.15	Alapraia (POR)	2:55.62
4	Nicolae Iachimovschi	03	Inf B	130036	CNA	2:55.68 S	14.11.15	Alapraia (POR)	2:55.68
5	Alexandre Coelho Vieira	03	Inf B	131516	SCP	2:56.60 S	14.11.15	Alapraia (POR)	2:56.60
6	Joao Pinela Santos	03	Inf B	132939	SFUAP	2:56.88 S	14.11.15	Alapraia (POR)	2:56.88
7	Pedro Esteves Duarte	03	Inf B	132531	ANAM	2:58.53 S	14.11.15	Alapraia (POR)	2:58.53
8	Rodrigo Beja Lopes	03	Inf B	132651	PDEM	2:59.79 S	31.10.15	Lisboa (POR)	2:59.79

### Prova 7, Masc., 200m Estilos

9	Daniel Shumeika Zayika	03	Inf B	128884	SLB	3:01.08 S	14.11.15	Alapraia (POR)	3:01.08
10	Fabio Miguel Farinha	03	Inf B	128886	SLB	3:01.67 S	14.11.15	Alapraia (POR)	3:01.67
11	Guilherme Marques Manz	03	Inf B	148571	CNCVG	3:02.02 S	14.11.15	Alapraia (POR)	3:02.02
12	Antonio Guerra Marreiros	03	Inf B	129528	SAD	3:03.70 S	6.6.15	Lisboa (POR)	3:03.70
13	Andre Santos Costa	03	Inf B	129963	CNA	3:08.41 S	14.11.15	Alapraia (POR)	3:08.41
14	Francisco Teixeira Monteiro	03	Inf B	132527	ANAM	3:09.48 S	14.11.15	Alapraia (POR)	3:09.48
15	Lourenço Rodrigues Ferreira	03	Inf B	126865	AHBE	3:11.27 S	14.11.15	Alapraia (POR)	3:11.27
16	Afonso Esteves Tome	03	Inf B	128467	ADRCIMM	3:13.01 S	25.4.15	Reboleira (POR)	3:13.01
17	Pedro Fernandes Miranda	03	Inf B	147060	PDEM	3:13.61 S	31.10.15	Lisboa (POR)	3:13.61
18	Guilherme Guerreiro Sousa	03	Inf B	128734	CFB	3:13.89 S	31.10.15	Lisboa (POR)	3:13.89
19	Henrique Pinheiro Valente	03	Inf B	130237	CNCVG	3:15.66 S	31.10.15	Lisboa (POR)	3:15.66
20	Bernardo Pinto Coelho	03	Inf B	128144	PDEM	3:18.18 S	14.11.15	Alapraia (POR)	3:18.18
21	Duarte Ferreira Antunes	03	Inf B	133158	SLB	3:18.59 S	31.10.15	Lisboa (POR)	3:18.59
22	Francisco Matos Mota	03	Inf B	132309	GESL	3:18.71 S	25.4.15	Reboleira (POR)	3:18.71
23	Miguel Rodrigues Brito	03	Inf B	126863	AHBE	3:24.27 S	31.10.15	Lisboa (POR)	3:24.27
24	Marcos Paulo Vieira	03	Inf B	131999	INDANL	3:26.82 S	25.4.15	Reboleira (POR)	3:26.82
25	Joao Santos Silva	03	Inf B	129630	SLB	3:30.90 S	31.10.15	Lisboa (POR)	3:30.90
26	Miguel José Gomes	03	Inf B	200421	MO	3:31.00			3:31.00
27	Miguel Beirao Catarino	03	Inf B	131703	SCP	3:31.00			3:31.00
28	David Manuel Vale	03	Inf B	148339	GESL	3:31.00			3:31.00

### Prova 8 24.1.16

### Femin., 200m Bruços

### Infantis & Juvenis Lista inscritos

Rec Regional Inf B	2:45.30	Clara Gomes Pereira	SAD	Alges	2014
Rec Regional Inf A	2:36.86	Clara Gomes Pereira	SAD	Algés	2015
Rec Regional Juv B	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	2003
Rec Regional Juv A	2:32.36	Diana Duarte Gomes	ABVE	Alcobaça	2004
Rec Regional Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. Antonio Cavaleiros	2009
Rec Nacional Inf B	2:45.30	Clara Gomes Pereira	SAD	Alges	2014
Rec Nacional Inf A	2:36.86	Clara Gomes Pereira	SAD	Algés	2015
Rec Nacional Juv B	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	2003
Rec Nacional Juv A	2:32.36	Diana Duarte Gomes	ABVE	Alcobaça	2004
Rec Nacional Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	2009

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis A</b>									
1	Tatiana Alexandre Cardoso	01	Juv A	127355	CNA	2:58.22 S	21.6.15	Lisboa (POR)	2:58.22
2	Sara Rodrigues Sousa	01	Juv A	129508	SAD	3:05.19 L	11.7.15	Setubal (POR)	2:59.63
3	Mariana Orge Figueiredo	01	Juv A	124569	ADRCIMM	3:07.16 L	11.7.15	Setubal (POR)	3:01.54
4	Madalena Marques Joaquim	01	Juv A	121505	SLB	3:14.38 S	25.1.15	Lisboa (POR)	3:14.38
5	Ines Pires Gomes	01	Juv A	127251	CFB	3:19.04 S	25.1.15	Lisboa (POR)	3:19.04
6	Tania Gomes Leitao	01	Juv A	122044	EMDS	3:24.84 S	25.1.15	Lisboa (POR)	3:24.84
7	Barbara Daniela Quaresma	01	Juv A	121162	ANSE	3:25.00			3:25.00
8	Carolina Rolo Matos	01	Juv A	124598	CFB	3:25.00			3:25.00
9	Ana Bárbara Alves	01	Juv A	137860	AEFDTV	3:50.13 S	25.1.15	Lisboa (POR)	3:50.13

### Juvenis B

1	Natacha Sofia Silva	02	Juv B	125594	SLB	2:54.97 S	9.1.16	Benedita (POR)	2:54.97
2	Beatriz Sanches Infante	02	Juv B	131754	SAD	3:04.21 L	18.7.15	Oeiras (POR)	2:58.68
3	Luana Gonçalves Dantas	02	Juv B	124419	CNN	3:09.75 L	27.6.15	Vila Franca de Xira (POR)	3:04.05
4	Mariana Pedro Pereira	02	Juv B	126180	GESL	3:05.61 S	22.11.15	Alges (POR)	3:05.61
5	Beatriz Matozeiro Machado	02	Juv B	126298	SLB	3:16.70 L	27.6.15	Vila Franca de Xira (POR)	3:10.79
6	Mafalda Nogueira Machado	02	Juv B	127358	CNCVG	3:23.60 S	6.6.15	Alges (POR)	3:23.60
7	Margarida Alexandra Luz	02	Juv B	126181	GESL	3:24.79 S	25.1.15	Lisboa (POR)	3:24.79
8	Alexandra Couto Frazão	02	Juv B	125426	AEULCCD	3:25.25 S	9.1.16	Benedita (POR)	3:25.25
9	Maria Angelina Vicetto	02	Juv B	123962	CNMJ	3:29.25 S	25.1.15	Lisboa (POR)	3:29.25
10	Patricia Alexandra Boto	02	Juv B	124329	ANSE	3:30.20 S	25.1.15	Lisboa (POR)	3:30.20
11	Ana Catarina Barata	02	Juv B	126477	SFUAP	3:31.00			3:31.00
12	Carolina Ganhao Ferro	02	Juv B	126267	GESL	3:31.00			3:31.00
13	Ana Rita Matos	02	Juv B	127501	GESL	3:31.00			3:31.00
14	Madalena Fernandes Dominguez	02	Juv B	200409	CNN	3:31.00			3:31.00
15	Mariana Antunes Silva	02	Juv B	137865	AEFDTV	3:44.13 S	25.1.15	Lisboa (POR)	3:44.13

## Prova 8, Femin., 200m Bruços

### Infantis A

1	Sara Moura Cruz	03	Inf A	127488	SAD	2:59.92 L	18.7.15	Oeiras (POR)	2:54.52
2	Leonor Maria Neves	03	Inf A	131015	GDV	3:10.04 L	27.6.15	Vila Franca de Xira (POR)	3:04.33
3	Andreia Wongsangnoi Alves	03	Inf A	130956	ADRCIMM	3:10.90 L	18.7.15	Oeiras (POR)	3:05.17
4	Tatiana Valentim Oliveira	03	Inf A	129818	AEFDTV	3:11.58 L	27.6.15	Vila Franca de Xira (POR)	3:05.83
5	Ines Coutinho Filipe	03	Inf A	124421	CNN	3:16.32 L	27.6.15	Vila Franca de Xira (POR)	3:10.43
6	Mafalda Viegas Cruz	03	Inf A	129018	SCP	3:15.25 S	10.6.15	Reboleira (POR)	3:15.25
7	Beatriz Vaz Rebelo	03	Inf A	128829	GESL	3:18.42 S	10.6.15	Reboleira (POR)	3:18.42
8	Joana Isabel Pulquerio	03	Inf A	126427	SFUAP	3:26.32 L	27.6.15	Vila Franca de Xira (POR)	3:20.13
9	Bruna Simões Inácio	03	Inf A	131010	GDV	3:21.91 S	31.10.15	Lisboa (POR)	3:21.91
10	Laura Morais Marques	03	Inf A	137862	AEFDTV	3:29.36 L	27.6.15	Vila Franca de Xira (POR)	3:23.07
11	Marta Sousa Caxaria	03	Inf A	130756	CNMJ	3:30.99 L	20.6.15	Rio Maior (POR)	3:24.66
12	Filipa Ramos Peixeira	03	Inf A	129008	SCP	3:25.94 S	22.2.15	S Antonio dos Cavaleiros (POR)	3:25.94
13	Joana Sousa Almeida	03	Inf A	129019	SCP	3:29.67 S	25.1.15	Lisboa (POR)	3:29.67
14	Inês Cristina Duarte	03	Inf A	127063	CNS	3:30.90 S	31.10.15	Lisboa (POR)	3:30.90
15	Carolina Sofia Francisco	03	Inf A	200148	CPCD	3:41.26 S	31.10.15	Lisboa (POR)	3:41.26
16	Joana Teixeira Gomes	03	Inf A	131451	CFB	3:44.34 S	25.1.15	Lisboa (POR)	3:44.34
17	Rafaela Rodrigues Moura	03	Inf A	127272	EMDS	3:52.26 S	25.1.15	Lisboa (POR)	3:52.26
18	Carolina Ferreira Santos	03	Inf A	133279	GDV	3:53.53 S	31.10.15	Lisboa (POR)	3:53.53
19	Marta Viola Marques	03	Inf A	200870	CNCVG	3:55.00			3:55.00
20	Mariana Alexandra Santos	03	Inf A	139257	GDV	3:55.00			3:55.00
21	Beatriz Rodrigues Cordeiro	03	Inf A	129505	JFA	3:55.00			3:55.00
22	Mariana Fernandes	03	Inf A	273800566	MO	3:55.00			3:55.00
23	Beatriz Marcelino Sequeira	03	Inf A	131093	CNA	4:13.09 S	25.1.15	Lisboa (POR)	4:13.09

### Infantis B

1	Marta Pereira Domingos	04	Inf B	132529	ANAM	3:11.52 S	31.10.15	Lisboa (POR)	3:11.52
2	Margarida Filipe Ferreira	04	Inf B	132347	ANSE	3:22.33 S	31.10.15	Lisboa (POR)	3:22.33
3	Joana Maia Antunes	04	Inf B	131699	SCP	3:25.07 S	31.10.15	Lisboa (POR)	3:25.07
4	Sofia Vilardeil Rodrigues	04	Inf B	132308	GESL	3:26.69 S	31.10.15	Lisboa (POR)	3:26.69
5	Carolina Pinto Luz	04	Inf B	127274	GDSE	3:28.05 S	31.10.15	Lisboa (POR)	3:28.05
6	Sara Alexandra Castro	04	Inf B	126049	CNMJ	3:30.57 S	31.10.15	Lisboa (POR)	3:30.57
7	Daniela Alexandra Pedro	04	Inf B	130864	CNCVG	3:31.25 S	31.10.15	Lisboa (POR)	3:31.25
8	Matilde Carvalho Barao	04	Inf B	130243	CNCVG	3:34.77 S	31.10.15	Lisboa (POR)	3:34.77
9	Luana Santos Freitas	04	Inf B	130470	AEULCCD	3:36.46 S	11.7.15	Coimbra (POR)	3:36.46
10	Barbara Almeida Ribeiro	04	Inf B	130249	CNCVG	3:39.69 S	31.10.15	Lisboa (POR)	3:39.69
11	Clara Patricia Rolo	04	Inf B	147056	GESL	3:40.73 S	31.10.15	Lisboa (POR)	3:40.73
12	Andreia Santos Silva	04	Inf B	130248	CNCVG	3:45.36 S	31.10.15	Lisboa (POR)	3:45.36
13	Catarina Almeida Santos	04	Inf B	129490	CNS	3:46.21 S	25.10.15	Evora (POR)	3:46.21
14	Catarina Teixeira Pinto	04	Inf B	132799	SFUAP	3:46.39 S	31.10.15	Lisboa (POR)	3:46.39
15	Catarina Alexandra Marques	04	Inf B	130232	CNCVG	3:48.34 S	31.10.15	Lisboa (POR)	3:48.34
16	Tania Andreia Magalhaes	04	Inf B	200150	CPCD	3:53.45 S	31.10.15	Lisboa (POR)	3:53.45
17	Rita Barao Garcia	04	Inf B	133343	PDEM	4:04.46 S	31.10.15	Lisboa (POR)	4:04.46
18	Mariana Fragoço Guterres	04	Inf B	200475	SLB	4:06.00 S	31.10.15	Lisboa (POR)	4:06.00
19	Margarida Mendes Bras	04	Inf B	131030	CNMJ	4:07.35 S	31.10.15	Lisboa (POR)	4:07.35
20	Margarida Inacio Romba	04	Inf B	153465	PDEM	4:14.72 S	31.10.15	Lisboa (POR)	4:14.72
21	Raquel Raposo Lopes	04	Inf B	153469	ANSE	4:15.00			4:15.00
22	Alice Castico Moreira	04	Inf B	123963	CNMJ	4:15.00			4:15.00
23	Renata Reis	04	Inf B	200422	MO	4:15.00			4:15.00
24	Maria Silva Angelino	04	Inf B	132833	PDEM	4:15.00			4:15.00
25	Ana Costa Gonçalves	04	Inf B	131695	SCP	4:15.00			4:15.00
26	Madalena da Graca Galdes	04	Inf B	131511	SCP	4:15.00			4:15.00
27	Rita Gomes Martinho	04	Inf B	131704	SCP	4:15.00			4:15.00
28	Rita Monteiro Santos	04	Inf B	131705	SCP	4:15.00			4:15.00
29	Carolina Anjos Frischknecht	04	Inf B	129489	CNS	4:15.00			4:15.00
30	Catarina Nunes Costa	04	Inf B	131376	GESL	4:15.00			4:15.00
31	Catarina Ribeiro Gouveia	04	Inf B	150750	GESL	4:15.00			4:15.00
32	Liliana Odzelashvili	04	Inf B	131509	GESL	4:15.00			4:15.00
33	Catarina Sofia Paredes	04	Inf B	133299	GESL	4:15.00			4:15.00
34	Lara Amaro Silva	04	Inf B	133301	GESL	4:15.00			4:15.00
35	Margarida Silva Simoes	04	Inf B	133300	GESL	4:15.00			4:15.00
36	Maria Nino Vardzukashvili	04	Inf B	131481	GESL	4:15.00			4:15.00
37	Mafalda Mousinho Esteves	04	Inf B	137859	CNA	4:15.00			4:15.00
38	Leonor Alves Morganho	04	Inf B	126315	SAD	4:15.00			4:15.00

**Prova 9**  
**24.1.16**

**Masc., 200m Costas**

**Infantis & Juvenis**  
**Lista inscritos**

Rec Regional Inf B	2:19.41	Pedro Fontoura Oliveira	CFB	Reboleira	2003
Rec Regional Inf A	2:09.17	Joao Alexandre Vital	ADRCIMM	Algés	2012
Rec Regional Juv B	2:04.99	João Alexandre Vital	ADRCIMM	Alapraia	2013
Rec Regional Juv A	2:01.43	Diogo Gomes Sousa	CNCVCG	Algés	2011
Rec Regional Absoluto	1:55.92	Adriano Miguel Niz	SLB	Istanbul (TUR)	2009
Rec Nacional Inf B	2:15.27	Andre Vilas Ruivo	DNMG	S. António Cavaleiros	2013
Rec Nacional Inf A	2:09.17	Joao Alexandre Vital	ADRCIMM	Algés	2012
Rec Nacional Juv B	2:04.99	Joao Alexandre Vital	ADRCIMM	Alapraia	2013
Rec Nacional Juv A	2:01.43	Diogo Gomes Sousa	CNCVCG	Algés	2011
Rec Nacional Absoluto	1:53.06	Pedro Diogo Oliveira	FPN	Chartres (FRA)	2012

Conversão tempo inscrição: Conversão linear por percentagem (2%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis A</b>									
1	Jose Tomas Simeao	00	Juv A	119420	CIRL	2:09.13 S	5.12.15	Setubal (POR)	2:09.13
2	Benkai He	00	Juv A	126903	AEFDTV	2:19.48 S	21.11.15	Alges (POR)	2:19.48
3	Diogo Monteiro Sousa	00	Juv A	118406	CNS	2:19.53 S	5.12.15	Setubal (POR)	2:19.53
4	Pedro Henriques Marques	00	Juv A	120529	SFUAP	2:22.03 S	5.12.15	Setubal (POR)	2:22.03
5	Simão Correia Ricardo	00	Juv A	121405	CNS	2:29.55 S	25.1.15	Lisboa (POR)	2:29.55
6	Diogo Puidival Marques	00	Juv A	122045	EMDS	2:36.19 L	14.3.15	Vila Franca de Xira (POR)	2:33.06
7	Tiago Miguel Silvestre	00	Juv A	122110	SLB	2:33.60 S	25.1.15	Lisboa (POR)	2:33.60
8	Miguel Henriques Marques	00	Juv A	120530	SFUAP	2:39.24 L	11.7.15	Setubal (POR)	2:36.05
9	Rodrigo Guerreiro Benavente	00	Juv A	122962	EMDS	NT			NT
10	Daniel Nogueira Catalão	00	Juv A	127075	SFUAP	NT			NT
11	Guilherme Maria Matos	00	Juv A	117944	CFB	NT			NT
12	João Pedro Silva	00	Juv A	121616	ANAM	NT			NT

**Juvenis B**

1	Rafael Alcantara Aires	01	Juv B	125130	ANAM	2:12.28 S	5.12.15	Setubal (POR)	2:12.28
2	Gonçalo Carvalho Ferrao	01	Juv B	127233	ANSE	2:19.67 S	29.11.15	Caldas da Rainha (POR)	2:19.67
3	Diogo Afonso Miranda	01	Juv B	118394	SFUAP	2:24.01 S	5.12.15	Setubal (POR)	2:24.01
4	Edgar Filipe Santos	01	Juv B	127750	ANAM	2:25.50 S	21.11.15	Alges (POR)	2:25.50
5	Ricardo Martins Bras	01	Juv B	121508	CFB	2:28.64 S	28.3.15	Silves (POR)	2:28.64
6	Henrique Rasteiro Luis	01	Juv B	123961	ADRCIMM	2:30.86 S	21.6.15	Lisboa (POR)	2:30.86
7	Diogo Santos Cardoso	01	Juv B	122969	ADRCIMM	2:33.55 S	22.2.15	S Antonio dos Cavaleiros (POR)	2:33.55
8	Tiago Henriques Matias	01	Juv B	128276	GESL	2:34.82 S	6.6.15	Alges (POR)	2:34.82
9	Rodrigo Ponte Jorge	01	Juv B	127873	ANAM	2:35.44 S	6.6.15	Alges (POR)	2:35.44
10	Pedro Mendes Ferreira	01	Juv B	129621	CFB	2:43.58 L	27.6.15	Vila Franca de Xira (POR)	2:40.30
11	Gonçalo Silveirinha Caldeira	01	Juv B	128343	AEULCCD	2:42.77 S	15.3.15	Ponte de Sor (POR)	2:42.77
12	Joao Luis Moita	01	Juv B	128283	CFB	2:47.23 L	27.6.15	Vila Franca de Xira (POR)	2:43.88
13	Rodrigo Almeida Cabrito	01	Juv B	121510	CFB	2:49.57 S	25.1.15	Lisboa (POR)	2:49.57
14	Filipe Ferrão Melo	01	Juv B	200171	CNS	NT			NT

**Infantis A**

1	Diogo Nuno Valente	02	Inf A	130425	SCP	2:24.13 L	18.7.15	Oeiras (POR)	2:21.24
2	Martim Primavera Alfama	02	Inf A	128833	GESL	2:32.32 L	18.7.15	Oeiras (POR)	2:29.27
3	Rafael Alves Costa	02	Inf A	128173	SCP	2:33.25 L	18.7.15	Oeiras (POR)	2:30.18
4	Joao Nogueira Mendes	02	Inf A	128745	CIRL	2:37.65 L	18.7.15	Oeiras (POR)	2:34.49
5	Hugo Nunes Magalhaes	02	Inf A	127748	SAD	2:34.52 S	31.10.15	Lisboa (POR)	2:34.52
6	Pedro Alves Martinho	02	Inf A	129482	AHBE	2:40.47 L	4.7.15	Faro (POR)	2:37.26
7	Francisco Alves Souza	02	Inf A	128881	GESL	2:37.64 S	31.10.15	Lisboa (POR)	2:37.64
8	Henrique Chan Machado	02	Inf A	126835	SAD	2:39.30 S	28.3.15	Silves (POR)	2:39.30
9	João Ricardo Santos	02	Inf A	127066	CNS	2:44.98 S	31.10.15	Lisboa (POR)	2:44.98
10	Manuel Alvarenga Cabugueira	02	Inf A	131381	GESL	2:48.75 L	27.6.15	Vila Franca de Xira (POR)	2:45.37
11	Martim Rebelo Malfeito	02	Inf A	129023	SCP	2:46.66 S	25.1.15	Lisboa (POR)	2:46.66
12	Gonçalo Francisco Neves	02	Inf A	126866	AHBE	2:48.40 S	31.10.15	Lisboa (POR)	2:48.40
13	Ruan Lage Tigre	02	Inf A	121281	SFUAP	2:49.70 S	25.1.15	Lisboa (POR)	2:49.70
14	Tomás Santos Fernandes	02	Inf A	128807	AEFDTV	2:52.37 S	7.3.15	Setubal (POR)	2:52.37
15	Nuno Xavier Cardoso	02	Inf A	126879	PDEM	3:04.21 S	25.1.15	Lisboa (POR)	3:04.21
16	João Garcez Mateus	02	Inf A	129623	EMDS	3:12.47 S	31.10.15	Lisboa (POR)	3:12.47
17	Bernardo Safara Inverno	02	Inf A	129021	SCP	NT			NT
18	Pedro Picoto Garcia	02	Inf A	129958	AHBE	NT			NT
19	Bernardo Geada Brito	02	Inf A	130621	ANAM	NT			NT

Prova 9, Masc., 200m Costas

Infantis B

1	Rodrigo Reis Dias	03	Inf B	129003	CFB	2:45.94 S	31.10.15	Lisboa (POR)	2:45.94
2	Andre Martins Sousa	03	Inf B	126474	CNMJ	2:46.75 S	10.1.16	Benedita (POR)	2:46.75
3	David Van Ossenbruggen	03	Inf B	126428	SFUAP	2:47.03 S	31.10.15	Lisboa (POR)	2:47.03
4	José Miguel Oliveira	03	Inf B	129493	CNS	2:47.53 S	31.10.15	Lisboa (POR)	2:47.53
5	Pedro Duarte Correia	03	Inf B	125257	SCP	2:48.81 S	31.10.15	Lisboa (POR)	2:48.81
6	Goncalo Filipe Valente	03	Inf B	131380	GESL	2:49.19 S	31.10.15	Lisboa (POR)	2:49.19
7	Pedro Miguel Matos	03	Inf B	130244	CNCVG	2:49.26 S	31.10.15	Lisboa (POR)	2:49.26
8	Diogo Miguel Duraes	03	Inf B	123448	CNMJ	2:50.95 S	10.1.16	Benedita (POR)	2:50.95
9	Tomas Augusto Teixeira	03	Inf B	148572	CNCVG	2:51.69 S	31.10.15	Lisboa (POR)	2:51.69
10	Ricardo Martins Ferreira	03	Inf B	127307	EMDS	2:53.10 S	31.10.15	Lisboa (POR)	2:53.10
11	Dinis Viola Caroco	03	Inf B	131696	SCP	2:53.89 S	31.10.15	Lisboa (POR)	2:53.89
12	Bernardo Araujo Freire	03	Inf B	129532	SAD	2:54.69 S	31.10.15	Lisboa (POR)	2:54.69
13	Joao Luis Matos	03	Inf B	130239	CNCVG	2:55.68 S	31.10.15	Lisboa (POR)	2:55.68
14	Goncalo Nuno Raposo	03	Inf B	126880	PDEM	2:58.93 S	31.10.15	Lisboa (POR)	2:58.93
15	Luis Maia Pegado	03	Inf B	131701	SCP	2:58.93 S	31.10.15	Lisboa (POR)	2:58.93
16	Francisco Teixeira Monteiro	03	Inf B	132527	ANAM	3:03.56 S	31.10.15	Lisboa (POR)	3:03.56
17	Vasco Salvador Fernando	03	Inf B	129526	SAD	3:04.32 S	31.10.15	Lisboa (POR)	3:04.32
18	Goncalo Vieira Almeida	03	Inf B	129986	SFUAP	3:06.02 S	31.10.15	Lisboa (POR)	3:06.02
19	Lourenço Rodrigues Ferreira	03	Inf B	126865	AHBE	3:06.22 S	31.10.15	Lisboa (POR)	3:06.22
20	Joao Pedro Rodrigues	03	Inf B	200156	CPCD	3:07.11 S	31.10.15	Lisboa (POR)	3:07.11
21	Goncalo Miguel Rodrigues	03	Inf B	126830	AHBE	3:07.11 S	31.10.15	Lisboa (POR)	3:07.11
22	Miguel Fernandes Rosado	03	Inf B	127631	CIRL	3:07.52 S	31.10.15	Lisboa (POR)	3:07.52
23	Pedro Pires Gomes	03	Inf B	129534	CFB	3:09.31 S	31.10.15	Lisboa (POR)	3:09.31
24	Miguel Fernandes Miranda	03	Inf B	132649	PDEM	3:11.24 S	31.10.15	Lisboa (POR)	3:11.24
25	Henrique Pinheiro Valente	03	Inf B	130237	CNCVG	3:14.31 S	31.10.15	Lisboa (POR)	3:14.31
26	Rodrigo Alcides Silva	03	Inf B	132650	PDEM	3:16.51 S	31.10.15	Lisboa (POR)	3:16.51
27	Miguel José Gomes	03	Inf B	200421	MO	3:18.87 S	31.10.15	Lisboa (POR)	3:18.87
28	Miguel Rodrigues Brito	03	Inf B	126863	AHBE	3:20.63 S	31.10.15	Lisboa (POR)	3:20.63
29	Joao Santos Silva	03	Inf B	129630	SLB	3:26.47 S	31.10.15	Lisboa (POR)	3:26.47
30	Francisco Figueiredo Dias	03	Inf B	129055	ADRCIMM	NT			NT
31	David Lourenço Xarepe	03	Inf B	201029	CNCVG	NT			NT
32	Miguel Dias Costa	03	Inf B	148497	CNMJ	NT			NT
33	David Alexandre Santos	03	Inf B	126475	CNMJ	NT			NT
34	Joao Maria Colaco	03	Inf B	131515	SCP	NT			NT
35	Tiago Levi Esteves	03	Inf B	131706	SCP	NT			NT
36	Joao Maria Gonçalves	03	Inf B	131700	SCP	NT			NT
37	Joao Antonio Viana	03	Inf B	153430	CPCD	NT			NT
38	David Lopes Oliveira	03	Inf B	150751	GESL	NT			NT
39	Guilherme Matias Cristino	03	Inf B	132528	ANAM	NT			NT
40	Pedro Esteves Duarte	03	Inf B	132531	ANAM	NT			NT
41	Duarte Silva Taleigo	03	Inf B	128327	CNA	NT			NT
42	João Mayer Rocha	03	Inf B	148441	INDANL	NT			NT
43	Antonio Cinca Festas	03	Inf B	124422	CNN	NT			NT
44	Miguel Almeida Candeias	03	Inf B	133306	SAD	NT			NT
45	Tomas Almeida Leitao	03	Inf B	129525	SAD	NT			NT

Infantis B, Inscrições rejeitadas

RJC	Ionut Alexandru Dinca	03	Inf B	147124	SAD	NT			NT
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Prova 10 Femin., 200m Mariposa Infantis & Juvenis  
 24.1.16 Lista inscritos

Rec Regional Inf B	2:33.11	Susana Patricia Miguel	SFUAP		2002
Rec Regional Inf A	2:27.84	Ana Francisco	SFUAP		1993
Rec Regional Juv B	2:19.06	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Regional Juv A	2:18.93	Susana Patricia Miguel	SFUAP	Cantanhede	2004
Rec Regional Absoluto	2:11.53	Sara Alexandra Madeira	CNCVG	S. Antonio dos Cavaleiros	2006
Rec Nacional Inf B	2:31.64	Raquel Maria Felgueiras	SCB		1992
Rec Nacional Inf A	2:25.40	Raquel Maria Felgueiras	SCB		1993
Rec Nacional Juv B	2:19.06	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec Nacional Juv A	2:17.51	Raquel Maria Felgueiras			1995
Rec Nacional Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	2010

Conversão tempo inscrição: Conversão linear por percentagem (3%)

Ord.	Nome Nadador	Ano	Categ.	Lic.Nr	Clube	Tempo	Data	Local	T.Conv.
<b>Juvenis A</b>									
1	Mafalda Rato Monteiro	01	Juv A	121445	CNS	2:31.84 S	28.11.15	Caldas da Rainha (POR)	2:31.84
2	Tatiana Raquel Pombo	01	Juv A	121615	ANSE	2:35.79 S	28.11.15	Caldas da Rainha (POR)	2:35.79
3	Ines Rodrigues Ferreira	01	Juv A	125193	SLB	2:38.47 S	22.11.15	Alges (POR)	2:38.47
4	Celeste Santos Ricardo	01	Juv A	121325	ANAM	2:43.91 S	9.1.16	Benedita (POR)	2:43.91
5	Adriana Nogueira Mascarenhas	01	Juv A	124319	CNS	3:00.72 L	16.5.15	Vila Franca de Xira (POR)	2:55.29
6	Catarina Rodrigues Belchior	01	Juv A	122528	EMDS	2:58.15 S	25.1.15	Lisboa (POR)	2:58.15
7	Liliana Simoes Romao	01	Juv A	126179	GESL	3:02.93 S	25.4.15	Sines (POR)	3:02.93
8	Mafalda Sofia Dias	01	Juv A	121401	CNS	NT			NT
9	Joana Mira Pereira	01	Juv A	121237	CNS	NT			NT
10	Madalena Marques Joaquim	01	Juv A	121505	SLB	NT			NT

**Juvenis B**

1	Ana Raquel Graveto	02	Juv B	129628	SLB	2:37.53 L	19.12.15	Coimbra (POR)	2:32.80
2	Filipa Inacio Cazeiro	02	Juv B	121158	CIRL	2:41.92 S	22.11.15	Alges (POR)	2:41.92
3	Margarida Cunha Barros	02	Juv B	127076	ANAM	2:45.70 S	22.11.15	Alges (POR)	2:45.70
4	Patricia Marques Bacelar	02	Juv B	122035	GDSE	2:51.35 L	27.6.15	Vila Franca de Xira (POR)	2:46.21
5	Mariana Amaral Mendes	02	Juv B	123959	ADRCIMM	2:50.28 S	10.6.15	Reboleira (POR)	2:50.28
6	Natacha Sofia Silva	02	Juv B	125594	SLB	2:57.40 S	7.3.15	Setubal (POR)	2:57.40
7	Catarina Pinho Estevez	02	Juv B	124325	CNS	3:03.78 S	25.4.15	Sines (POR)	3:03.78
8	Mariana Lopes Albuquerque	02	Juv B	124323	CNS	NT			NT
9	Iolanda Sofia Clérigo	02	Juv B	126878	CNS	NT			NT

**Infantis A**

1	Sofia Peres Ferrão	03	Inf A	133280	GDV	2:56.02 S	31.10.15	Lisboa (POR)	2:56.02
2	Beatriz Azevedo Isaias	03	Inf A	127706	ADRCIMM	3:02.86 S	6.6.15	Alges (POR)	3:02.86
3	Madalena Rodrigues Tome	03	Inf A	126829	AHBE	3:07.50 S	28.11.15	Caldas da Rainha (POR)	3:07.50
4	Leonor Sequeira Barardo	03	Inf A	129816	AEFDTV	3:23.01 S	31.10.15	Lisboa (POR)	3:23.01
5	Marta Dias Damaso	03	Inf A	147149	PDEM	NT			NT
6	Mariana Valente Fernandes	03	Inf A	147148	PDEM	NT			NT

**Infantis B**

1	Rita Santos Boioes	04	Inf B	128951	CNMJ	3:02.33 S	9.1.16	Benedita (POR)	3:02.33
2	Alice Carvalho Amigo	04	Inf B	127275	GDSE	NT			NT
3	Alice de Jesus Morgado	04	Inf B	131016	GDV	NT			NT
4	Daniela Filipa Marques	04	Inf B	130792	PDEM	NT			NT
5	Matilde Calhau Silva	04	Inf B	131702	SCP	NT			NT
6	Maria Ferreira Moura	04	Inf B	131382	GESL	NT			NT
7	Joana Marinho Coelho	04	Inf B	131514	SCP	NT			NT
8	Marta Silva Figueiredo	04	Inf B	132530	ANAM	NT			NT
9	Carolina Porem Henriques	04	Inf B	129802	CNA	NT			NT
10	Catarina Rossa Fonseca	04	Inf B	131994	INDANL	NT			NT