

M10 (10)**1,9 Km 30 m 16 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	472	Vili Kantelinen	10	[11287] Hyvinkään Rasti	14:32
2	6343	Antônio Oliveira	09	[070] COC	18:49
3	6370	Salvador Nazaré	10	[070] COC	19:57
4	6279	Simão Laia	13	[133] GDU Azoia	28:04
5	5670	Gabriel Lopes	09	[107] CAOS	32:09
6	6242	David Marques	10	[070] COC	32:31
7	847	Rodrigo Quinta-Nova	13	[1564] Individual POR	33:46
8	6050	Miguel Mora	15	[166] ADM Ori-Mondego	40:19
9	859	David Ramos		[107] CAOS	46:56
	6546	Santiago Soares	09	[037] GD Luz Verde	dnf

W10 (14)**1,9 Km 30 m 16 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	690	Venla Weckman	09	[11077] OPOR Vehkalahd	14:02
2	764	Sanna Grendelmeier	09	[5247] SWISS O TOURS	15:25
3	759	Marit Grendelmeier	10	[5247] SWISS O TOURS	15:45
4	6538	Ivone Gomes	10	[070] COC	18:57
5	692	Matilde Nazário	10	[007] Ori-Estarreja	19:56
6	689	Selma Weckman	11	[11077] OPOR Vehkalahd	24:19
7	5333	Juliana Pedro	11	[107] CAOS	29:49
8	5941	Inês Pedro		[107] CAOS	31:53
9	307	Daniela Molina Duran	10	[2188] ADOL	34:38
10	691	Beatriz Nazário	14	[007] Ori-Estarreja	36:07
11	6000	Benedita	13	[007] Ori-Estarreja	39:10
12	6552	Catarina Mendes	16	[166] ADM Ori-Mondego	42:17
	6520	Clara Lima	10	[070] COC	mp
	6498	Maria Oliveira	10	[070] COC	mp

M12 (9)**2,5 Km 40 m 15 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	448	Mikael Saranen	07	[6550] HS	18:28
2	6503	Dinis Santo	07	[070] COC	22:16
3	822	Lucas Coelho	07	[10883] AE Aguiar da Beir	24:53
4	463	Leevi Kantelinen	07	[11287] Hyvinkään Rasti	31:02
5	6475	Hugo Mira	08	[085] A Montanha	32:08
6	6372	Alfredo Marcelo	08	[166] ADM Ori-Mondego	33:32
7	6360	Rodrigo Barbas	08	[159] COAAL	39:06
8	820	Francisco Correia	07	[10883] AE Aguiar da Beir	43:17
9	821	Lucas Cabral	07	[10883] AE Aguiar da Beir	43:57

W12 (10)**2,5 Km 40 m 15 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	6371	Matilde Batista	07	[070] COC	25:40
2	6369	Maria Nazaré	07	[070] COC	34:20
3	825	Maria Patrocínio	09	[10883] AE Aguiar da Beir	35:50
4	6387	Inês Gomes	07	[070] COC	38:28
5	324	Laura Guerra	07	[11350] AE J.Belchior Vieç	39:32
6	321	Eva Santos	07	[11350] AE J.Belchior Vieç	46:33

7	6404 Maria Leonor	08 [070] COC	47:32
8	322 Joana Réves	07 [11350] AE J.Belchior Vieç	48:50
9	823 Lara Lopes	08 [10883] AE Aguiar da Beir	52:01
	824 Leonor Costa	07 [10883] AE Aguiar da Beir	mp

M14 (20)**3,2 Km 70 m 15 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	367	Bartlomiej Maciejewski	06	[11265] BKS Wataha	21:37
2	6453	Dinis Kaiseler	05	[090] ADFA	27:43
3	6227	Tiago Gomes	05	[133] GDU Azoia	32:40
4	6414	Miguel Manso	05	[133] GDU Azoia	33:39
5	481	Edvards Zvirgzdins		[11281] IK Auseklis	34:28
6	6174	Duarte Reis	06	[085] A Montanha	34:54
7	495	UVIS Solmanis		[11281] IK Auseklis	35:31
8	5671	Dinis Lopes	05	[107] CAOS	36:03
9	5899	Gui	05	[133] GDU Azoia	41:35
10	6351	Simão Carvalho	06	[085] A Montanha	46:26
11	6203	João Ferreira	05	[007] Ori-Estarreja	58:49
12	5904	Miguel Dias	06	[094] CPOC	59:30
13	826	Pedro Patrocínio	07	[10883] AE Aguiar da Beir	1:00:08
14	330	Vasco Fernandes	05	[11350] AE J.Belchior Vieç	1:01:38
15	6316	Rafael Rocha	05	[037] GD Luz Verde	1:05:40
16	6484	Miguel Pereira	06	[007] Ori-Estarreja	1:22:01
17	6449	Rodrigo Fonseca	05	[007] Ori-Estarreja	1:23:05
18	4222	João Pedro	07	[107] CAOS	1:23:17
	484	Emils Saulite		[11281] IK Auseklis	mp
	469	Santeri Ahoniemi	05	[11287] Hyvinkään Rasti	mp

W14 (18)**2,9 Km 60 m 15 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	780	Alva Björk	05	[11133] Trollhättans SOK	23:23
2	467	Ninni Åberg	06	[11287] Hyvinkään Rasti	24:52
3	607	Morozova Polina	05	[11151] MS	26:30
4	6243	Mara Luna	05	[070] COC	31:30
5	309	Isabel Ramos	06	[2188] ADOL	31:42
6	6515	Joana Canana	06	[133] GDU Azoia	35:08
7	6244	Carlota Rodrigues	05	[070] COC	39:02
8	301	Antónia Brito	05	[085] A Montanha	39:49
9	6553	Matilde Salgueiro	07	[090] ADFA	43:07
10	6413	Leonor Ferreira	06	[094] CPOC	48:57
11	6325	Inês Laranjeira	06	[085] A Montanha	52:31
12	6208	Patrícia Rosa	05	[070] COC	54:58
13	5784	Carolina Rusga	06	[133] GDU Azoia	56:34
14	329	Tamára Palma	05	[11350] AE J.Belchior Vieç	1:05:50
15	328	Susana Réves	05	[11350] AE J.Belchior Vieç	1:13:52
16	841	Beatriz Fernandes	05	[007] Ori-Estarreja	1:18:35
17	6522	Sofia Pulquério	06	[133] GDU Azoia	1:23:13
18	6315	Diana Santos	06	[037] GD Luz Verde	1:29:57

M16 (20)**4,3 Km 95 m 15 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	483	Emils Lazdāns		[11281] IK Auseklis	29:53

2	492	Matiss Saulite	[11281] IK Auseklis	30:03
3	5081	Martim Carrilho	03 [107] CAOS	32:05
4	506	Alec Le Helloco	04 [1826] Individual FRA	33:40
5	485	Gustav Stana	[11281] IK Auseklis	35:24
6	6053	Pedro Lagarto	03 [022] CLAC	37:30
7	6038	Miguel Braz	04 [070] COC	38:52
8	6476	Afonso Araújo	03 [090] ADFA	42:05
9	6164	Rodrigo Lima	04 [085] A Montanha	45:18
10	6347	Miguel Sousa	04 [166] ADM Ori-Mondego	48:25
11	6287	Afonso Ferreira	04 [094] CPOC	50:35
12	5794	Rafael Rusga	03 [133] GDU Azoia	50:52
13	5601	João Vieira	03 [139] GDE	53:00
14	6197	Tiago Almeida Lopes	04 [094] CPOC	56:44
15	6285	Alexandre Soares	04 [022] CLAC	58:18
16	6065	Diogo Neto	04 [056] Natura	1:01:09
17	6007	Pedro Mendes	03 [090] ADFA	1:18:51
18	5311	Bernardo Filipe	03 [070] COC	1:19:20
19	6557	Rafael Salgueiro	04 [133] GDU Azoia	1:29:18
	320	Custódio Vasco Gago	04 [11350] AE J.Belchior Vieç	dnf

W16 (18)**3,7 Km 85 m 12 C**

Pos	Peitoral	Nome	AN Clube	Tempo
1	487	Irbe Aiga Bluma	[11281] IK Auseklis	29:40
2	604	Gladilkina Olesia	04 [11151] MS	29:51
3	308	Irene Guerrero	04 [2188] ADOL	31:00
4	613	Ojanaho Ansa-Lotta	03 [10915] OH	31:06
5	489	Laura Berke	[11281] IK Auseklis	32:29
6	466	Nea Åberg	04 [11287] Hyvinkään Rasti	35:13
7	612	Ojanaho Eeva-Liina	05 [10915] OH	35:19
8	426	Maiwenn Fauquant	04 [10957] GO78	38:06
9	459	Iida Heinäaro	04 [11287] Hyvinkään Rasti	44:16
10	494	Tina Spektore	[11281] IK Auseklis	45:14
11	418	Maria Iurchuk	03 [10903] Foton	48:16
12	490	Liva Cera	[11281] IK Auseklis	48:37
13	5611	Inês Soares	04 [139] GDE	49:03
14	5779	Beatriz Pardal	04 [159] COAAL	49:42
15	6295	Marta Nunes	04 [114] COA	53:59
16	5688	Joana Martinho	04 [070] COC	59:42
17	5905	Juliana Dias	04 [094] CPOC	1:02:07
	5582	Catarina Pereira	04 [090] ADFA	mp

M18 (28)**4,7 Km 120 m 16 C**

Pos	Peitoral	Nome	AN Clube	Tempo
1	5737	Vasco Mendes	02 [133] GDU Azoia	28:18
2	598	Gustav Wirén	02 [7697] MALARRUTA	29:02
3	735	Valtteri Kankainen	01 [11280] Sotkamon Jymy (S	30:00
4	5074	Rodrigo Oliveira	02 [070] COC	31:35
5	6201	José Pedro Fernandes	01 [102] .COM	32:04
6	628	Ludvig Holmqvist	01 [11338] OK Tor	32:16
7	5392	André Ferreira	01 [166] ADM Ori-Mondego	32:26
8	571	Manne Hammarberg	02 [11278] JOK	32:38
9	458	Antti-Jussi Oksa	01 [11287] Hyvinkään Rasti	32:56
10	480	Davis Solmanis	[11281] IK Auseklis	33:19
11	6041	Tiago Lampreia	01 [090] ADFA	34:13

12	5896	Pedro Peralta	02 [133] GDU Azoia	34:14
13	582	Arvid Umegård	[11356] L-100	35:40
14	621	John McLelland	02 [11324] OK Rodhen	35:52
15	584	Axel Leijon Thorell	01 [11221] L100 IF	36:18
16	476	Gustav Björklund	01 [11326] IFK Mora OK	36:30
17	6175	João Sousa	02 [133] GDU Azoia	37:16
18	462	Lauri Partanen	01 [11287] Hyvinkään Rasti	41:07
19	473	Wertti Autio	01 [11287] Hyvinkään Rasti	42:29
20	6040	Diogo Lampreia	01 [090] ADFA	43:21
21	470	Severi Orrainen	01 [11287] Hyvinkään Rasti	45:04
22	575	Melker Forsberg	01 [11319] KFUM Örebro	45:36
23	5299	André Roberto	02 [070] COC	45:37
24	6478	Luís Amorim	01 [102] .COM	58:15
25	323	João Spínola	02 [11350] AE J.Belchior Vieç	1:00:15
26	6286	José Vieira Maia	02 [085] A Montanha	1:03:37
	716	Oskar Sundblom	02 [11333] Rånäs OK	mp
	5954	Pedro Carvalho	01 [022] CLAC	mp

W18 (26)**4,0 Km 100 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	551	Hillevie Svärd	02	[1501] Individual SWE	30:12
2	632	Agnes Broman	01	[11290] OKR	33:41
3	402	Moa Hjorth	01	[11332] DGoIF	33:56
4	586	Lovisa Wigertz	01	[11221] L100 IF	34:02
5	776	Ebba Adebrant	01	[11291] TMOK	34:35
6	620	Emilia Bergström	02	[11324] OK Rodhen	35:25
7	488	Kristine Berke		[11281] IK Auseklis	38:06
8	615	Anna Lithell	01	[10925] OK Linné	38:46
9	622	Alice Marmelid	02	[11337] Ok Roxen	38:58
10	760	Nina Probst	02	[5247] SWISS O TOURS	40:56
11	608	Linnea Samuelsson	01	[11270] NAIS OK	41:23
12	482	Elizabete Vimba		[11281] IK Auseklis	42:23
13	475	Amelie Rajan	02	[11336] IFK Lidingö	43:38
14	728	Anna Goman	01	[11261] SK Pohjantähti	44:33
15	5879	Joana Catarino	02	[022] CLAC	45:25
16	477	Alise Zagorska		[11281] IK Auseklis	45:58
17	583	Alva Jonsson	01	[11221] L100 IF	47:54
18	6440	Bárbara Pereira	01	[102] .COM	49:32
19	5811	Ana Nunes	01	[094] CPOC	51:29
20	493	Taiga Lazdane		[11281] IK Auseklis	51:49
21	6447	Matilde Ribeiro	02	[094] CPOC	53:29
22	6177	Maria do Mar	02	[090] ADFA	1:01:34
23	768	Adine Blakkestad Ingesen	02	[11101] Team Sarpsborg	1:02:42
24	5663	Patrícia Pardal	01	[159] COAAL	1:11:41
25	617	Emma Isacson	01	[10925] OK Linné	1:12:12
26	6454	Marta Costinha	02	[090] ADFA	1:25:52

M20 (11)**5,4 Km 145 m 20 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	576	Jonathan Uller	00	[11330] Kils OK	33:19
2	3976	Tomas Lima	01	[070] COC	36:08
3	676	Andrin Wey	99	[11079] OPOR Ulu's	42:02
4	5488	André Henriques	00	[007] Ori-Estarreja	47:28
5	5843	Rui Batista	99	[022] CLAC	48:20
6	5510	Pedro Barbosa Silva	00	[007] Ori-Estarreja	52:33

7	5797	Ricardo Ferreira	00 [007]	Ori-Estarreja	58:45
8	5447	Leonardo Ramalho	99 [102]	.COM	59:03
9	4803	Jorge Valente	99 [094]	CPOC	59:07
10	5437	Tiago Figueiredo		[007] Ori-Estarreja	1:00:58
11	4889	Tomás Mora C	99 [166]	ADM Ori-Mondego	1:04:14

W20 (19)**4,4 Km 120 m 17 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	781	Ella Sjöberg	00 [11257]	TSK	31:08
2	680	Katja Brütsch	00 [11079]	OPOR Ulu's	33:20
3	748	Anja Probst	00 [5247]	SWISS O TOURS	36:19
4	3975	Helena Lima	99 [070]	COC	38:33
5	755	Jael Wälti	99 [5247]	SWISS O TOURS	38:37
6	731	Sofie Ohlsson	00 [11335]	SNO	39:58
7	797	Selma Gumaelius	00 [11331]	WOK	40:25
8	770	Rikke Blakkestad Ingesen	99 [11101]	Team Sarpsborg	42:29
9	474	Alva Lindell	00 [11275]	IF Thor	47:35
10	698	Vilma Svantesson	00 [9523]	Pan	51:44
11	5659	Raquel Henriques	00 [094]	CPOC	51:51
12	5482	Tânia Pereira Olaio	00 [070]	COC	52:33
13	5657	Mafalda Moreira	00 [094]	CPOC	56:43
14	693	Ángeles López	00 [3168]	O-San Roque	59:50
15	6246	Ana Jorge	99 [007]	Ori-Estarreja	1:00:33
16	6209	Rita Fernandes	99 [102]	.COM	1:06:15
17	6329	Maria Dias	99 [102]	.COM	1:28:06
18	6294	Lígia Nunes	00 [114]	COA	1:36:28
	6328	Inês José	00 [102]	.COM	dnf

ME (95)

Pos	Peitoral	Nome	AN	Clube	Tempo
1	2	Daniel Hubmann	83 [11242]	OPOR Swiss O Te	32:33
2	1	Matthias Kyburz	90 [11242]	OPOR Swiss O Te	32:39
3	8	Lucas Basset	91 [10925]	OK Linné	32:59
4	17	Martin Hubmann	89 [11242]	OPOR Swiss O Te	33:06
5	39	Isac von Krusenstierna	98 [11132]	Sverige	33:09
6	9	Emil Svensk	93 [11132]	Sverige	33:22
7	10	Miika Kirmula	94 [11298]	KR	34:33
7	5	Albin Ridefelt	91 [11132]	Sverige	34:33
9	3	Florian Howald	91 [11242]	OPOR Swiss O Te	35:00
10	62	Jerker Lysell	89 [11132]	Sverige	35:07
11	6	Martin Regborn	92 [11132]	Sverige	35:11
12	16	Christoph Meier	93 [11242]	OPOR Swiss O Te	35:33
13	18	Oskar Sjöberg	90 [11132]	Sverige	35:51
14	35	Simon Imark	98 [11132]	Sverige	35:52
15	14	Andreas Kyburz	88 [11242]	OPOR Swiss O Te	36:09
16	7	William Lind	85 [11132]	Sverige	36:12
17	24	Santeri Silvennoinen	95 [11298]	KR	36:33
18	28	Markus Räsänen	94 [11298]	KR	36:45
19	23	Noah Zbinden	96 [11242]	OPOR Swiss O Te	36:47
20	32	Johan Ek Larsson	95 [11335]	SNO	37:03
21	19	Graham Gristwood	84 [11298]	KR	37:18
22	29	Tobia Pezzati	96 [11242]	OPOR Swiss O Te	37:26
23	20	Baptiste Rollier	82 [11242]	OPOR Swiss O Te	37:28
24	31	Marc Serrallonga Arqués	92 [5208]	FCOC	37:40
25	36	Einar Johan Melsom	99 [11021]	Fossum IF	37:51

26	33 Eemeli Suominen	96 [11193] HiKi	37:54
27	44 Tino Polsini	99 [11242] OPOR Swiss O Te	38:04
28	59 Göran Winblad	91 [11132] Sverige	38:06
29	80 Erling Hjermstad	99 [11021] Fossum IF	38:08
30	96 Jonas Geissbühler	87 [11242] OPOR Swiss O Te	38:24
31	22 Riccardo Rancan	96 [11242] OPOR Swiss O Te	38:26
32	64 Manuel Horta	90 [151] GafanhOri	38:37
33	4 Fabian Hertner	85 [11242] OPOR Swiss O Te	39:06
34	30 Álvaro Prieto	95 [7697] MALARRUTA	39:21
35	42 Timo Suter	98 [11242] OPOR Swiss O Te	39:25
36	75 Reto Egger	99 [11242] OPOR Swiss O Te	39:28
36	70 Mats Troeng	78 [11132] Sverige	39:28
38	21 Eetu Savolainen	94 [11237] IKNV	39:29
39	61 Chamuel Zbinden	99 [11242] OPOR Swiss O Te	39:59
40	37 Oskar Størmer	96 [11021] Fossum IF	40:43
41	27 Pascal Buchs	97 [11242] OPOR Swiss O Te	40:47
42	45 Pierre Martinez	97 [1826] Individual FRA	40:52
43	54 João Novo	97 [102] .COM	40:58
44	95 Francois Gonon	79 [11242] OPOR Swiss O Te	41:13
45	58 Raphael Masliah	98 [1826] Individual FRA	41:20
46	34 Tiago Romão	89 [073] CMo Funchal	41:23
47	26 Olli-Pekka Koistinen	85 [11193] HiKi	41:36
48	55 Simon Dubach	96 [11242] OPOR Swiss O Te	42:29
48	38 Pedro Nogueira	82 [090] ADFA	42:29
50	41 Rafael Miguel	93 [007] Ori-Estarreja	42:37
51	102 Fricis Spektors	[11282] Turun Metsänkävi	42:59
52	82 João Magalhães	98 [102] .COM	43:19
53	74 Anders Hedberg	90 [11144] GMOK	43:24
54	76 Vergnaud Alexandre	99 [1826] Individual FRA	44:55
55	98 Nicola Sandro Müller	99 [11242] OPOR Swiss O Te	44:57
56	97 Marius Kaiser	99 [11242] OPOR Swiss O Te	45:23
57	47 Marvin Goericke	91 [10969] OPOR Berliner TS	45:48
58	83 Tikhonchuk Alexey	96 [11151] MS	45:51
59	93 Riccardo Casanova	00 [9206] OLG Regensburg	45:55
60	40 Roope Koskinen	92 [11298] KR	46:27
61	25 Thomas Curiger	96 [11242] OPOR Swiss O Te	47:21
62	77 Christian Michelsen	99 [1921] Individual CAN	47:31
63	71 Diego Lazaro de Juan	96 [11340] Ultra Maximus	47:32
64	90 Rihards Gailis	[11281] IK Auseklis	48:02
65	101 Alfonso Bustillo	79 [2241] CRON	48:35
66	65 Valters Reneslācis	98 [11062] OKK	48:46
67	49 Nelson Baroca	80 [062] CA Madeira	48:53
68	88 Kristoffer Tengroth	97 [11341] SIK	49:01
69	57 Xoel Chamorro	87 [6482] AROMON	50:35
70	68 João Bernardino	98 [070] COC	50:44
71	100 Guntars Mankus	69 [7665] Saldus OK	51:27
72	87 Antonio Hernández	73 [2221] Alcon	51:54
73	52 Matiss Sliksjanis	98 [11062] OKK	52:39
74	60 Nuno Evangelista	80 [114] COA	52:53
75	50 Veli-Pekka Kuutti	80 [11262] Suunnistusmatkat	53:41
76	51 Gildo Silva	85 [070] COC	54:11
77	91 Marco Jensch	87 [11053] OKMB	54:36
78	72 Luis Barreiro	82 [054] NADA	54:45
79	78 Miguel Nobrega	89 [056] Natura	55:32
80	43 Karol Galicz	86 [11265] BKS Wataha	56:04
81	73 Pedro Duarte	86 [090] ADFA	56:46
82	53 Maxim Simakov	84 [1511] Individual RUS	57:14
83	81 Jes Mose Jensen	63 [11210] AKIF	57:29
84	92 Philipp Schwarck	99 [9206] OLG Regensburg	57:58
85	79 Xavier Vieira	69 [139] GDE	59:19
86	66 Julian Nürnberger	96 [9206] OLG Regensburg	1:00:11

87	86 João Real	84 [159] COAAL	1:01:07
88	85 Evaldas Jadenkus	70 [7553] Azuolas	1:04:21
89	94 Karsten Blume	89 [10969] OPOR Berliner T	1:06:19
90	84 João Gomes	78 [062] CA Madeira	1:09:19
91	69 Mikhail Goryachev	88 [10903] Foton	1:12:53
	13 Joey Hadorn	97 [11242] OPOR Swiss O T	mp
	56 João Ferreira	89 [168] CAB	mp
	89 Nuno Mendes	84 [151] GafanhOri	mp
	46 Leduc Benjamin	98 [1826] Individual FRA	dnf

WE (52)

Pos	Peitoral Nome	AN Clube	Tempo
1	203 Lina Strand	88 [11132] Sverige	31:36
2	205 Sara Hagström	95 [11132] Sverige	32:49
3	206 Julia Jakob	91 [11242] OPOR Swiss O T	33:45
4	214 Anna Haataja	[11261] SK Pohjantähti	33:58
5	211 Sarina Jenzer	91 [11242] OPOR Swiss O T	34:12
6	202 Karolin Ohlsson	91 [11132] Sverige	34:24
7	204 Elena Roos	91 [11242] OPOR Swiss O T	34:36
8	216 Simona Aebersold	98 [11242] OPOR Swiss O T	34:39
9	219 Simone Niggli	78 [11242] OPOR Swiss O T	35:01
10	221 Johanna Öberg	96 [11132] Sverige	35:20
11	217 Sofie Bachmann	97 [11242] OPOR Swiss O T	35:31
12	215 Lisa Holer	94 [11242] OPOR Swiss O T	35:32
13	208 Lisa Risby	93 [11132] Sverige	35:55
14	220 Emma Bjessmo	95 [11132] Sverige	36:02
15	224 Deborah Stadler	97 [11242] OPOR Swiss O T	36:09
16	212 Martina Ruch	94 [11242] OPOR Swiss O T	36:41
17	201 Sabine Hauswirth	87 [11242] OPOR Swiss O T	37:03
18	207 Sari Anttonen	[11261] SK Pohjantähti	37:06
19	213 Paula Gross	96 [11242] OPOR Swiss O T	37:32
20	228 María Prieto	98 [7697] MALARRUTA	38:47
20	222 Heini Wennman	[11261] SK Pohjantähti	38:47
22	210 Sofia Haajanen	[11261] SK Pohjantähti	39:01
23	218 Sina Tommer	94 [11242] OPOR Swiss O T	39:05
24	225 Katrin Müller	97 [11242] OPOR Swiss O T	39:28
25	233 Elena Pezzati	99 [11242] OPOR Swiss O T	41:15
26	240 Johanna Börjessö Eriksson	98 [1501] Individual SWE	41:23
27	241 Saana-Maria Rahko	[11261] SK Pohjantähti	42:17
28	253 Martina Kyburz	89 [10993] Mostindianer	42:30
29	227 Anina Brunner	93 [11242] OPOR Swiss O T	42:46
30	239 Vroni König-Salmi	69 [11242] OPOR Swiss O T	42:56
31	226 Joana Wälti	96 [5247] SWISS O TOURS	42:57
32	235 Beatriz Sanguino	98 [094] CPOC	44:11
33	250 Siri Nyfeler	99 [11242] OPOR Swiss O T	44:15
34	230 Suvi Heittola	95 [11328] RR	44:43
35	229 Silja Kauppinen	94 [11298] KR	46:10
36	248 Tatiana Rozova	88 [10903] Foton	47:21
36	251 Sara Niva	[11261] SK Pohjantähti	47:21
38	236 Gunilla Svård	70 [11275] IF Thor	47:42
39	243 Elena Martí	00 [2198] Fundi-O	49:03
40	237 Rachel Engeler	88 [10993] Mostindianer	50:27
41	234 Adelindina Lopes	74 [070] COC	51:09
42	254 Mirjam Fässler	90 [10993] Mostindianer	51:39
43	238 Rita Rodrigues	93 [073] CMo Funchal	53:50
44	223 Irita Pukite	74 [1666] Individual LAT	54:10
45	231 Anna Freimane	[11281] IK Auseklis	57:35
46	252 Linda Marti	90 [10993] Mostindianer	59:48

47	247 Jennie Börjesson Eriksson	98 [1501] Individual SWE	59:53
48	249 Carla Saraiva	89 [007] Ori-Estarreja	1:05:40
49	245 Joana Marques	98 [007] Ori-Estarreja	1:07:14
50	246 Maria Sá	77 [090] ADFA	1:17:34
51	244 Ingrid Kurz	91 [10932] ol.biel.seeland	1:18:49
	209 Emma Johansson	81 [11132] Sverige	mp

M21A (43)**4,4 Km 110 m 15 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	3760 Vasco Duarte	97 [090] ADFA	29:39
2	5279 Bernardo Pereira	97 [090] ADFA	30:32
3	2128 Daniel Marques	84 [070] COC	30:51
4	669 Oliver Lindblad Petersen	90 [10877] OPOR Söders Ori	31:06
5	5325 Hugo Santos	87 [005] CP Armada	32:06
6	4987 Daniel Catarino	96 [007] Ori-Estarreja	34:04
7	5845 Francisco Abreu	98 [102] .COM	34:11
8	3887 Pedro Rama	84 [166] ADM Ori-Mondego	34:37
9	2049 António J Silva	85 [085] A Montanha	34:45
10	5140 Sergio Duarte	94 [102] .COM	34:56
11	635 Nicolas Langenegger	90 [10932] ol.biel.seeland	35:10
12	3684 Rui Martins	89 [056] Natura	37:04
13	3633 Marco Martins	94 [022] CLAC	37:54
14	5061 Manuel Lopes	96 [090] ADFA	38:13
15	389 Ángel Frontela	75 [2220] COV	38:24
15	4765 Hugo Velhinho	96 [094] CPOC	38:24
17	6542 Luís Viedma	87 [070] COC	38:30
18	378 Douglas McTurk	88 [10868] CO	39:56
19	2635 Edgar Domingues	88 [070] COC	40:06
20	3426 André Mora	90 [166] ADM Ori-Mondego	40:14
21	668 Niklas Wrane	73 [10877] OPOR Söders Ori	40:24
22	5055 André Esteves	96 [070] COC	41:12
23	5605 Gil Serafim	86 [119] OriMarão	41:30
24	5796 Bruno André	81 [119] OriMarão	43:04
25	391 Daniel Isla	68 [2220] COV	43:06
26	5698 Pedro Laia	77 [133] GDU Azoia	43:23
27	3915 Nuno Ferreira	78 [070] COC	43:40
28	4019 João Moura	89 [056] Natura	43:53
29	315 Manuel Parrilla	99 [2188] ADOL	45:05
30	4807 Fidel Conde	77 [070] COC	45:10
31	5925 Pedro Tiago Gomes	90 [159] COAAL	46:04
32	6527 Vasco Vinhas	83 [052] GD4C	47:16
33	4779 Daniel Cruz	98 [007] Ori-Estarreja	48:19
34	434 Janne Heikka	86 [11193] HiKi	48:41
35	738 Sergey Seleznev	90 [9257] SRD	50:59
36	388 Alberto Tejero	85 [2220] COV	52:05
37	5468 Eduardo Soares	81 [159] COAAL	53:47
38	5583 Pedro Rodrigues	82 [166] ADM Ori-Mondego	53:49
39	416 Daniil Klestov	88 [10903] Foton	57:42
40	6135 Simão Cardeal	84 [119] OriMarão	1:02:58
	6272 Ricardo Lopes	89 [056] Natura	mp
	799 Juan Pablo Bauti Concepción	87 [2234] CODAN Extremadu	mp
	663 Johan Hedman	77 [10877] OPOR Söders Ori	dnf

W21A (24)**3,6 Km 85 m 12 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	392	Marta Pérez	88	[2220] COV	34:18
2	737	Maria Novokovich	88	[9257] SRD	36:57
3	5977	Catarina Castelhão	85	[070] COC	37:13
4	1554	Ana Porta Nova	86	[094] CPOC	40:39
5	5745	Luísa Pinheiro	96	[102] .COM	40:40
6	5850	Zélia Viana	83	[102] .COM	41:37
7	5634	Carolina Carço	98	[090] ADFA	42:07
8	4986	Inês Gonçalves	95	[007] Ori-Estarreja	44:11
9	423	Victoria Marti	96	[2198] Fundi-O	45:40
10	381	Rachel McTurk	88	[10868] CO	46:02
11	4693	Sofia Pinto	94	[056] Natura	46:18
12	5388	Susana Almeida	93	[056] Natura	46:30
13	5485	Ana Catarina Andrade	96	[007] Ori-Estarreja	46:32
14	5857	Diana Moreira	87	[168] CAB	47:53
15	6087	Carla Macedo	88	[056] Natura	48:34
16	5727	Cristiana Maranhão	88	[070] COC	48:46
17	1490	Cristina Nazário	83	[007] Ori-Estarreja	48:47
18	6446	Raquel Ferreira	80	[052] GD4C	55:38
19	5992	Marisa Ferreira	81	[159] COAAL	57:10
20	5549	Ana Ferreira	83	[166] ADM Ori-Mondego	1:15:14
21	6236	Anabela André	81	[119] OriMarão	1:18:36
22	318	Silvia Parrilla	94	[2188] ADOL	1:46:36
23	398	Elisa Aguirre Casas	84	[2241] CRON	2:10:34
4606 Cristiana Cunha					87 [070] COC dnf

M21B (9)**3,8 Km 80 m 16 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	4778	Tiago Mota	93	[007] Ori-Estarreja	37:06
2	5895	Fábio Miguel	95	[133] GDU Azoia	44:20
3	3638	Nuno José Almeida	77	[128] COALA	44:37
4	6281	Paulo Pintassilgo	74	[159] COAAL	48:02
5	6465	A4 Laia	70	[133] GDU Azoia	1:04:19
6	6362	Albano Almeida	81	[070] COC	1:09:08
7	6403	Mário Moreira	77	[070] COC	1:09:46
8	6061	António Luís San Patrício	98	[133] GDU Azoia	1:19:21
9	5898	Nuno Gomes	76	[133] GDU Azoia	1:51:16

W21B (14)**3,1 Km 65 m 12 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	649	Silvia Casanova	97	[9206] OLG Regensburg	34:16
2	2104	Sandra Mestre	84	[133] GDU Azoia	40:14
3	25824	Ângela Ayres	77	[107] CAOS	45:49
4	3082	Marisa Barroso	81	[070] COC	47:52
5	6361	Ana Sofia Ribeiro	87	[070] COC	49:12
6	6109	Marta Sousa Pinto	87	[119] OriMarão	51:20
7	6543	Laura Romo	88	[070] COC	1:12:00
8	6215	Inês Soares	88	[119] OriMarão	1:12:20
9	6368	Catarina Sousa	80	[070] COC	1:16:43
10	6516	Maria de Jesus d Leão	66	[133] GDU Azoia	1:19:30
11	6409	Cristina Torcato	93	[007] Ori-Estarreja	1:26:30
12	405	Elena Riaño	72	[2244] El Imperdible	1:26:47
13	6500	Rita Pereira		[166] ADM Ori-Mondego	1:33:05
396 Rute Ferreira					76 [094] CPOC mp

M35 (18)**4,8 Km 130 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	3943	Arnaldo Mendes	79	[166] ADM Ori-Mondego	31:23
2	1516	Alberto Branco	75	[005] CP Armada	33:51
3	775	Cesar Torrejón	77	[2223] Tjalve	36:39
4	1721	Bruno Nazário	80	[007] Ori-Estarreja	36:52
5	736	Mikhail	80	[10949] SportKult	37:20
6	1670	Paulo Santos	83	[090] ADFA	37:23
7	714	Alexey Morozov	69	[11150] Ramenskoye	39:13
8	605	Konstantin Zybov	84	[11151] MS	40:50
9	4714	Paulo Lima	78	[114] COA	41:42
10	4241	Luis Gonçalves	81	[094] CPOC	42:26
11	606	Morozov Sergei	81	[11151] MS	42:50
12	390	Carlos Torrejón	75	[2220] COV	43:19
13	6448	Bruno Moreiras	84	[005] CP Armada	44:04
14	5916	Artur Freitas	80	[166] ADM Ori-Mondego	45:32
15	5410	Noel Valadão	78	[166] ADM Ori-Mondego	46:15
16	2333	Rui Marques	71	[133] GDU Azoia	48:40
17	2831	Daniel Raposo	80	[128] COALA	49:36
18	5524	Manuel Real	77	[159] COAAL	58:31

W35 (10)**3,9 Km 100 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	688	Sanna Weckman	81	[11077] OPOR Vehkalahd	35:03
2	1629	Emília Silveira	76	[159] COAAL	38:25
3	3799	Tânia Covas Costa	78	[102] .COM	53:45
4	1006	Cristina Santos	68	[151] GafanhOri	59:44
5	316	María Josefa Molina	75	[2188] ADOL	1:02:51
6	706	Nadine Cybulski	80	[9913] Ramblers OC	1:05:36
7	4078	Ana Pinto	83	[056] Natura	1:08:31
8	6044	Dora Ferreirinha	82	[166] ADM Ori-Mondego	1:21:37
9	5247	Susana Dionízio	80	[157] AFAP	1:49:53
	4901	Carla Amorim	79	[166] ADM Ori-Mondego	dnf

M40 (32)**4,7 Km 120 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	687	Janne Weckman	77	[11077] OPOR Vehkalahd	27:20
2	631	Tom Quayle	75	[11269] OKN	29:33
3	312	José Manuel Martínez	70	[2188] ADOL	30:34
4	4285	Jorge Correia	70	[090] ADFA	30:50
5	2375	Tiago Lopes	78	[107] CAOS	32:33
6	2044	João Pedro Valente	66	[094] CPOC	33:56
7	1872	Nuno Ferreira	76	[094] CPOC	36:22
8	491	Martins Vimba		[11281] IK Auseklis	38:49
9	461	Janne Åberg	75	[11287] Hyvinkään Rasti	40:16
10	2588	José Domingos	76	[094] CPOC	41:12
11	1050	Daniel Filipe	78	[007] Ori-Estarreja	42:47
12	707	Sven von Fellenberg	77	[9913] Ramblers OC	45:06
13	2562	Nuno Pedro	79	[107] CAOS	45:23
14	3304	Cesar Conceição	75	[070] COC	46:58
15	5555	José Carlos Marques	78	[159] COAAL	48:45
16	1325	Nuno Rebelo	79	[007] Ori-Estarreja	49:04

17	4106 Nelson Monteiro	76 [005] CP Armada	49:12
18	1285 Duarte Lopes	70 [094] CPOC	51:06
19	2188 Rui Morais	74 [007] Ori-Estarreja	56:22
20	411 Andy Hemsted	49 [11012] Erdo	56:31
21	2823 Rui Pisco	75 [114] COA	58:09
22	4565 Abilio Barbas	78 [159] COAAL	59:56
23	419 Sergei Iurchuk	77 [10903] Foton	1:01:19
24	471 Teemu Kantelinen	77 [11287] Hyvinkään Rasti	1:01:41
25	5823 Cláudio Ramos	78 [107] CAOS	1:01:48
26	4685 José João Ferreira	74 [119] OriMarão	1:02:55
27	5960 Humberto Santos	79 [090] ADFA	1:05:59
28	6433 Nuno Grácio	78 [070] COC	1:09:23
29	6537 Ivo Gomes	75 [070] COC	1:14:35
30	415 Andrei Pokrovskii	73 [10903] Foton	1:18:23
31	5746 Luís Miguel Pires	77 [056] Natura	1:20:52
	6298 José Barros Maia	74 [085] A Montanha	dnf

W40 (20)**3,9 Km 100 m 14 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	417 Elena Bannikova	77 [10903] Foton	33:51
2	486 Ilze Vilks	[11281] IK Auseklis	41:30
3	379 Helen Chiswell	77 [10868] CO	41:38
4	357 Rasa Ivanauskaite	79 [7553] Azuolas	41:43
5	1693 Lúdia Santana	72 [107] CAOS	44:38
6	2582 Anabela Vieito	67 [070] COC	45:28
7	464 Mari Laurinen	75 [11287] Hyvinkään Rasti	49:06
8	2561 Ângela Pedro	79 [107] CAOS	51:59
9	4327 Sónia Saramago	73 [115] ATV	57:14
10	1005 Kátia Almeida	72 [094] CPOC	1:03:18
11	386 Leticia García	74 [2172] COMA	1:06:07
12	5296 Cátia Marques	77 [070] COC	1:08:28
13	5696 Ana Casaca	76 [133] GDU Azoia	1:12:03
14	4587 Ana Margarida Vaz	76 [007] Ori-Estarreja	1:16:04
15	478 Anita Saulite	[11281] IK Auseklis	1:17:47
16	2936 Anabela Freitas	72 [085] A Montanha	1:20:38
17	774 Alba Gavela	72 [2223] Tjalve	1:24:29
18	4954 Vanessa Jorge	75 [094] CPOC	1:34:20
19	3421 Susana Figueiredo	75 [094] CPOC	2:27:05
	4895 Alda Marcelo	77 [166] ADM Ori-Mondego	dnf

M45 (24)**4,6 Km 115 m 15 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	794 Toni Venäläinen	70 [10907] VaHa	30:58
2	1281 Joaquim Sousa	70 [070] COC	31:10
3	305 Antonio Guerrero	68 [2188] ADOL	34:51
4	762 Peter Grendelmeier	74 [5247] SWISS O TOURS	37:48
5	1583 Jorge Oliveira	69 [070] COC	39:57
6	1457 António Amador	68 [007] Ori-Estarreja	43:27
7	1967 Luís Bucha	70 [008] CP EPAL	43:44
8	2236 Rui Mora	71 [166] ADM Ori-Mondego	49:52
9	519 Anthony Covey-Crump	74 [1816] Individual GBR	51:28
10	3408 Nuno Pires	74 [007] Ori-Estarreja	51:41
11	406 Héctor Lorenzo	72 [2244] El Imperdible	52:06
12	4328 Luís Miguel Martinho	70 [115] ATV	52:59

13	5057 Humberto Esteves	71 [070] COC	55:35
14	2999 António Batista	69 [115] ATV	55:38
15	1784 João Carrilho	70 [107] CAOS	59:12
16	4635 Sérgio Mónica	70 [128] COALA	59:35
17	3727 Paulo Fernandes	72 [128] COALA	1:03:06
18	2654 Gilberto Andrade	71 [102] .COM	1:05:16
19	425 Jean Marie Fauquant	70 [10957] GO78	1:07:39
20	5314 Carlos M T Teixeira	72 [033] Clube TAP	1:13:43
21	6226 José Gomes	74 [133] GDU Azoia	1:13:54
22	1657 Luís Dias	70 [094] CPOC	1:15:48
23	3437 Carlos Lobo	71 [128] COALA	1:16:44
24	4227 Jorge Almeida	73 [070] COC	1:29:06

W45 (20)**3,4 Km 80 m 13 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	574 Ojanaho Marja-Leena	71 [10914] KemU	30:35
2	479 Baiba Smila	[11281] IK Auseklis	38:20
3	346 Mette Möller Nielsen	72 [11210] AKIF	45:39
4	424 Gwenaëlle Dherve	71 [10957] GO78	47:14
5	639 Therese Hohl	67 [10932] ol.biel.seeland	49:21
6	601 Iryna Beketova	70 [5327] Maximus	52:19
7	5280 Carmo Silva	67 [007] Ori-Estarreja	54:35
8	1528 Marina Carrilho	73 [107] CAOS	55:11
9	638 Sandra Sutter	70 [10932] ol.biel.seeland	56:33
10	310 Isabel Serrano	63 [2188] ADOL	56:59
11	1301 Teresa Alves	69 [070] COC	1:00:49
12	752 Ineke Grendelmeier	71 [5247] SWISS O TOURS	1:01:19
13	5307 Manuela Marques	72 [102] .COM	1:03:06
14	703 Liisa Vikström	71 [9735] Pihkan	1:04:05
15	5783 Catarina Félix	67 [133] GDU Azoia	1:04:55
16	387 Nuria Calvo	71 [2777] COMCU	1:09:01
17	306 Carmen Pedrero	71 [2188] ADOL	1:15:26
18	3134 Manuela Nogueira	69 [007] Ori-Estarreja	1:34:25
	6517 Ana Vieira	71 [037] GD Luz Verde	mp
	746 Susanne Barkholt	70 [11132] Sverige	dnf

M50 (43)**4,3 Km 105 m 15 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	585 Conny Forsberg	65 [11221] L100 IF	30:21
2	435 Manne Suominen	68 [11193] HiKi	31:24
3	713 Sergei Makeichik	67 [11150] Ramenskoye	31:29
4	348 Timo Parttimaa	67 [11074] AngA	32:07
5	521 Michael Finkenstaedt	65 [1891] Individual GER	32:17
6	4671 Francisco Cordeiro	64 [090] ADFA	33:15
7	636 Peter Gehriger	65 [10932] ol.biel.seeland	33:40
8	708 Alexander Afonyushkin	65 [11150] Ramenskoye	35:02
9	313 Juan José Durán	64 [2188] ADOL	37:41
10	640 Jost Hammer	65 [11352] OLG Biberist SO	37:56
11	758 Marc Probst	69 [5247] SWISS O TOURS	38:01
12	1093 Jorge Baltazar	66 [133] GDU Azoia	39:27
13	1302 Rafael Lima	68 [070] COC	40:13
14	749 Christian Wehrli	68 [5247] SWISS O TOURS	40:28
15	2377 Rui Botão	68 [070] COC	40:53
16	791 Yulian Naydenov	67 [11340] Ultra Maximus	41:00
17	769 Ole Ingesen	66 [11101] Team Sarpsborg	42:03

18	747 André Wälti	65 [5247] SWISS O TOURS	42:14
19	4045 Fernando Mendes	67 [133] GDU Azoia	43:10
20	634 Michael Steinauer	64 [10932] ol.biel.seeland	44:49
21	1344 António Pina	66 [157] AFAP	45:38
22	1810 Octávio Andrade	68 [102] .COM	46:55
23	650 Valerio Casanova	66 [9206] OLG Regensburg	47:16
24	4982 Jeronimo Reto	65 [151] GafanhOri	49:28
25	311 José Ángel Ramos	64 [2188] ADOL	50:33
25	407 Ramon Garcia	67 [2244] El Imperdible	50:33
27	4287 António Cotovio	68 [070] COC	51:29
28	382 Carlos Trejo	69 [2234] CODAN Extremadu	51:49
29	1364 Helder Ferreira	69 [070] COC	53:37
30	1407 Luís Quinta-Nova	66 [090] ADFA	55:49
31	1937 Tozé Silva	66 [070] COC	56:03
32	3010 Paulo Santos	67 [003] CIMO	1:00:56
33	1471 Jose Monteiro Pires	59 [094] CPOC	1:01:32
34	520 Björn Finkenstaedt	68 [1891] Individual GER	1:03:40
35	599 José Manuel Prieto	67 [7697] MALARRUTA	1:06:33
36	2667 João Martins	67 [022] CLAC	1:12:37
37	2533 Arménio Mendes	65 [094] CPOC	1:13:59
38	609 Rudi Gruber	66 [11277] NFL	1:15:11
39	517 Yann Le Helloco	69 [1826] Individual FRA	1:15:16
40	1565 João Carreiro	66 [102] .COM	1:17:18
41	6490 Luis Pinto	67 [094] CPOC	1:37:42
	326 Rui Bernardo	66 [11350] AE J.Belchior Vieç	mp
	6107 Pedro Mieiro	65 [167] NAST	dnf

W50 (19)**3,4 Km 70 m 12 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	712 Natalia Makeichik	66 [11150] Ramenskoye	32:35
2	359 Valérie Purre	67 [10727] BALISE 25	39:37
3	648 Milena Grifoni	68 [9206] OLG Regensburg	39:45
4	767 Lea Leppik	65 [11206] TAOK	42:05
5	645 Frizzi Tagwerker	67 [11116] OLG Pfaffikon	44:43
6	544 Elena Tikhonova	68 [1511] Individual RUS	47:01
7	317 Marilo Lahoz	67 [2188] ADOL	49:22
8	754 Jacqueline Schmid	67 [5247] SWISS O TOURS	50:30
9	597 Cristina Del Campo	69 [7697] MALARRUTA	51:46
10	763 Petra Wälti	69 [5247] SWISS O TOURS	54:33
11	771 Tone Karina Ingesen	68 [11101] Team Sarpsborg	54:53
12	414 Concepción González	66 [2236] Fluvial	56:49
13	1952 Isabel Monteiro	58 [070] COC	57:14
14	347 Hanna Franssila	67 [11074] AngA	58:16
15	4730 Assunção Almeida	59 [151] GafanhOri	1:00:18
16	6479 Fátima Emauz	68 [094] CPOC	1:05:11
17	1524 Helena Lopes	58 [1000] Individual POR Fec	1:10:24
18	778 Lucy Lou	67 [11056] TOK	1:27:31
	792 Ana Iglesias	67 [2238] Universidad De Vig	mp

M55 (45)**4,1 Km 100 m 13 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	750 Daniel Kobel	61 [5247] SWISS O TOURS	28:53
2	1682 Santos Sousa	64 [090] ADFA	28:55
3	358 Alain Purre	63 [10727] BALISE 25	29:02

4	765 Urs Hofer	62 [5247] SWISS O TOURS	31:53
5	1084 Manuel Luís	63 [005] CP Armada	31:58
6	623 Algimantas Rudis	62 [11153] OK Saule	32:25
7	6232 Jean-Charles Lalevee	60 [035] CN Alvito	32:32
8	785 Kari Lehto	60 [11264] Turun Metsäkävijä	33:11
9	1405 João Barrulas	61 [090] ADFA	35:13
10	6509 Jadir Pereira	64 [166] ADM Ori-Mondego	35:21
11	600 Mikael Wirén	62 [7697] MALARRUTA	35:31
12	385 James Ross	63 [2172] COMA	35:43
13	545 Marat Mudarisov	60 [1511] Individual RUS	36:44
14	685 Ulu Aeschlimann	59 [11079] OPOR Ulu's	37:03
15	684 Stefan Schlatter	64 [11079] OPOR Ulu's	37:47
16	314 Manuel Parrilla	64 [2188] ADOL	38:10
17	397 Masson	61 [9536] CRCO BR3502	39:02
18	766 Lauri Leppik	64 [11206] TAOK	39:03
19	2454 Jorge Silva	60 [085] A Montanha	41:08
20	637 Ruedi Bösch	60 [10932] ol.biel.seeland	41:20
21	546 Nikolay Tikhonov	63 [1511] Individual RUS	41:43
22	699 Aki Saranen	63 [9735] Pihkan	41:57
23	725 Niall Reynolds	61 [11097] SBOC	44:21
24	1758 Aniceto Soares	62 [022] CLAC	49:13
25	1907 Carlos Coelho	61 [094] CPOC	51:52
26	709 Gennadii Bolshunov	62 [11150] Ramenskoye	52:13
27	3131 José Oliveira	64 [114] COA	52:45
28	1375 Jorge Elias	63 [114] COA	52:57
29	4783 Carlos Fortunato	62 [007] Ori-Estarreja	53:34
30	400 Mark Collins	60 [8520] DFOK3	56:46
31	5354 Noel Cabeça	64 [133] GDU Azoia	58:22
32	1218 Fontoura	63 [094] CPOC	58:48
33	4656 José Bolrão	64 [070] COC	59:34
34	354 Vincent Eijsink	62 [10393] Ås-NMBU	1:04:33
35	2147 Belo de Carvalho	64 [157] AFAP	1:05:15
36	376 Urban Mannekvist	62 [10900] Cerveza OL	1:05:50
37	5248 José Vicente	61 [157] AFAP	1:06:18
38	695 Manuel López	64 [3168] O-San Roque	1:06:38
39	6291 Manuel Nunes	62 [114] COA	1:11:56
40	5294 Amândio Gonçalves	63 [022] CLAC	1:13:50
41	3889 Rui Almeida	64 [157] AFAP	1:23:40
42	377 Andrew Leedham	63 [10868] CO	1:25:11
43	3848 Ilídio Santos Mendes	60 [022] CLAC	1:31:26
44	2417 Carlos Matos	60 [167] NAST	2:33:14

3850 Paulo Ferreira 61 [005] CP Armada mp

W55 (22)**3,0 Km 65 m 12 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	368 Christine Goulding	63 [11200] BL	28:05
2	756 Joli Wehrl	63 [5247] SWISS O TOURS	29:12
3	724 Margaret Reynolds	61 [11097] SBOC	30:47
4	2129 Luísa Mateus	58 [070] COC	33:32
5	710 Tatiana Bolshunova	63 [11150] Ramenskoye	33:55
6	711 Irina Koloskova	60 [11150] Ramenskoye	35:43
7	353 May Bente Brurberg	63 [10393] Ås-NMBU	35:53
8	304 Trine Marit Just Raaen	64 [10716] ABO	38:03
9	548 Tatiana Pakhomova	61 [1511] Individual RUS	38:06
10	633 Marie-Anne Jungo	62 [10932] ol.biel.seeland	39:09
11	643 Heidy Corrodi	60 [9922] OLG Dachsen	43:17
12	1183 Palmira João	59 [070] COC	43:35
13	660 Barbara Dresel	62 [10825] OPOR SC Klecke	45:14

14	455 Tuulikki Salmenkyla	63 [6550] HS	46:13
15	508 Bocquet Pascale	60 [1826] Individual FRA	48:10
16	782 Eija Sulavuori	62 [11124] TuMe	49:58
17	422 Judy Barclay	60 [2198] Fundi-O	55:42
18	5695 Luísa Gaboleiro	63 [133] GDU Azoia	59:10
19	5293 Amália Gonçalves	63 [022] CLAC	1:23:22
20	694 Ángeles Ruiz	61 [3168] O-San Roque	1:26:06
21	772 Bente Madsen	59 [10954] Tisvilde Hegn OK	1:54:36
401	Julie Collins	60 [8520] DFOK3	mp

M60 (43)**3,8 Km 90 m 12 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	630 Per Magnusson	58 [11269] OKN	26:15
2	1182 Albano João	59 [070] COC	28:28
3	375 Stefan Carlsson	57 [10900] Cerveza OL	28:36
4	742 Jyrki Routsu	58 [11262] Suunnistusmatkat	28:44
5	1532 José Fernandes	59 [102] .COM	29:55
6	624 Abramikas	57 [11153] OK Saule	30:33
7	303 Richard Zeiner-Gundersen	58 [10716] ABO	31:42
8	503 Timo Asikainen	58 [1835] Individual FIN	32:49
9	761 Per-Olof Derebrant	59 [5247] SWISS O TOURS	33:44
10	741 Jouko Malinen	56 [11262] Suunnistusmatkat	34:56
11	1423 Jose Leite Rocha	59 [037] GD Luz Verde	37:03
11	1391 António Matias	57 [022] CLAC	37:03
13	513 Jean Dermine	50 [1826] Individual FRA	37:04
14	647 Sönke Bandixen	57 [11116] OLG Pfaffikon	37:58
15	438 Martti Leppälä	56 [10161] HIS	40:31
16	602 Ingvar Braaten	58 [11323] Modum OL	40:32
17	468 Ossi Autio	59 [11287] Hyvinkään Rasti	41:14
18	430 James Lithgow	55 [11327] GON	41:46
19	580 Jackie Vandijck	55 [11059] KOL	42:01
20	652 Otti Bisang	55 [9483] OLZ	43:01
21	431 Hannu Lähteenmäki	55 [11258] Hämeenlinnan Tai	43:18
22	1190 Carlos Ferreira	56 [168] CAB	43:28
23	4229 António Bastos	58 [070] COC	43:56
24	783 Hannu Arki	58 [11124] TuMe	45:03
25	515 Paul Alle	56 [1826] Individual FRA	45:18
26	2118 Manuel Domingues	57 [070] COC	47:18
27	579 Ralf Olander	56 [11134] Kimito SF	47:49
28	661 Uwe Dresel	57 [10825] OPOR SC Klecke	49:06
29	682 Peter Käser	57 [11079] OPOR Ulu's	49:23
30	547 Oleg Pakhomov	59 [1511] Individual RUS	50:04
31	399 Andrew Evans	55 [10435] DFOK1	50:22
32	4077 Custódio Pinto	56 [056] Natura	50:52
33	644 Paul Corrodi	59 [9922] OLG Dachsen	52:08
34	667 Matts Björke	53 [10877] OPOR Söders Ori	59:26
35	1567 Crispim Júnior	55 [090] ADFA	1:01:44
36	2364 António Amador	58 [073] CMo Funchal	1:02:17
37	587 Jerry Purkis	56 [11158] LOC2	1:02:44
38	1851 Escada da Costa	56 [128] COALA	1:03:40
39	733 Colin West	55 [10888] SOS	1:04:11
40	3888 Vitor Almeida	59 [005] CP Armada	1:04:42
	743 Kari-Veli Niemi	58 [11262] Suunnistusmatkat	mp
	664 Lars Forsstedt	56 [10877] OPOR Söders Ori	dnf
	729 Juha Haajanen	55 [11261] SK Pohjantähti	dnf

W60 (17)**3,0 Km 65 m 12 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	499	Anne Pelto-Huikko	58	[1835] Individual FIN	26:50
2	362	Lena Larsson	57	[10953] Bärslagens OK	27:50
3	629	Gudrun Wegeland	57	[11269] OKN	28:19
4	653	Regina Neukom	59	[9483] OLZ	29:23
5	363	Mari-Louise Lundgren	58	[10953] Bärslagens OK	32:54
6	715	Tatiana Yaroslavtevtseva	58	[11150] Ramenskoye	33:26
7	651	Arlette Piguet	57	[9483] OLZ	36:20
8	646	Marianne Bandixen	58	[11116] OLG Pfaffikon	37:08
9	437	Sirpa Kangasaho	55	[11193] HiKi	40:16
10	745	Marita Saari	56	[11263] Suunta-Sepot	41:52
11	428	Guglielmetti Daniela	59	[9354] GOLD	49:26
12	549	Iris Andres	55	[1914] Individual SUI	54:08
13	433	Jen Vanreusel	58	[11060] HAMOK	56:21
14	1640	Fernanda Ferreira	55	[168] CAB	58:27
15	356	Françoise Papillon	55	[8399] ASQ'O	1:01:58
16	512	Guignard Marie	58	[1826] Individual FRA	1:04:12
17	1393	Paula Joaquim	57	[022] CLAC	2:01:21

M65 (37)**3,5 Km 80 m 12 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	696	Matti Hautala	54	[11259] Oulu	24:37
2	740	Jorma Aherto	54	[11262] Suunnistusmatkat	26:28
3	677	Bernard Marti	51	[11079] OPOR Ulu's	28:39
4	429	Guglielmetti Francesco	54	[9354] GOLD	30:08
5	787	Rauli Helkkula	52	[11264] Turun Metsäkävijä	31:06
6	795	Keld Gade	53	[9906] Viborg OK	31:35
7	504	Veli-Matti Heinonen	54	[1835] Individual FIN	32:19
8	581	Börje Vartiainen	53	[11298] KR	32:44
9	1251	Álvaro Coelho	53	[166] ADM Ori-Mondego	33:39
10	1905	Vítor Rodrigues	54	[094] CPOC	34:05
11	627	Kai Saksman	50	[11345] OK TON	34:22
12	723	Øivind Fadum	52	[10894] Sande SK	34:24
13	773	Keld Johnsen	50	[10954] Tisvilde Hegn OK	35:44
14	705	Konrad Tonn	53	[8740] Radebeul	36:20
15	1903	Armando Santos	52	[128] COALA	36:57
16	1410	Jacinto Eleutério	54	[090] ADFA	38:23
17	578	Marten Lindroos	54	[11134] Kimito SF	38:32
18	3088	José Raposo	51	[128] COALA	38:41
19	550	Peter Andres	54	[1914] Individual SUI	40:30
20	671	Sven-Erik Molander	50	[10741] OPOR TAIK	41:45
21	516	Terrin Francis	52	[1826] Individual FRA	42:02
22	374	Nils Johansson	54	[10900] Cerveza OL	42:49
23	786	Kauko Salonen	54	[11264] Turun Metsäkävijä	43:01
24	361	Göran Larsson	50	[10953] Bärslagens OK	43:33
25	355	Daniel Papillon	54	[8399] ASQ'O	44:52
26	717	Hannu Ahlqvist	54	[10890] Raus	44:59
27	577	Goeran Eriksson	52	[11134] Kimito SF	46:56
28	1557	Acácio Porta Nova	53	[094] CPOC	47:40
29	1831	Jorge Santos	50	[128] COALA	51:01
30	721	Helge Soegaard	50	[9595] RSOK	57:22
31	1677	António Reyes	54	[128] COALA	58:31
32	2053	Carlos Rabaça	54	[022] CLAC	1:08:32
33	619	Sven Jacobson		[11131] OK Milan	1:21:06
	679	Hansruedi Kohler	54	[11079] OPOR Ulu's	mp

726 Roger Stein	53 [11097] SBOC	mp
611 Graham Urquhart	54 [9136] OD	mp
518 Daniel Seckler	53 [1826] Individual FRA	dnf

W65 (23)**2,4 Km 55 m 13 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	618 Agneta Hasselkvist	[11131] OK Milan	25:48
2	642 Margrith Hofer	54 [10846] OLG Breitsee	26:00
3	572 Irmeli Laine	50 [11288] Karkki-Rasti	27:21
4	452 Sirpa Koivula	51 [6550] HS	28:22
5	447 Marketta Savelainen	50 [6550] HS	29:50
6	704 Gisela Tonn	54 [8740] Radebeul	30:31
7	720 Elizabeth Borchorst	50 [9595] RSOK	30:56
8	701 Helvi Petäys	50 [9735] Pihkan	31:26
9	591 Marie Svernestam	54 [10092] LOK	31:28
10	500 Gia Alexandersson	50 [1835] Individual FIN	31:40
11	739 Anneli Bergström	52 [11262] Suunnistusmatkat	34:31
12	456 Kaija Turku	51 [10982] HS Ogeli	34:43
13	796 Pia Gade	53 [9906] Viborg OK	37:29
14	366 Lynne Walker	53 [11073] BASOC	37:33
15	507 Barnier Mireille	53 [1826] Individual FRA	39:14
16	369 Jenny Wren	50 [11200] BL	43:54
17	734 Lyn West	54 [10888] SOS	46:40
18	718 Kristiina Ahlqvist	54 [10890] Raus	48:40
19	509 Monique Cabon	50 [1826] Individual FRA	49:17
20	1390 Maria São João	53 [022] CLAC	55:03
21	1556 Ana Carreira	51 [094] CPOC	1:01:13
22	784 Iiris Salonen	53 [11264] Turun Metsäkävijä	1:04:17
23	610 Elizabeth Urquhart	54 [9136] OD	1:23:05

M70 (31)**2,9 Km 70 m 12 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	657 Carl-Henry Andersson	48 [10744] OPOR OK Orinto	23:04
2	444 Jouni Savelainen	49 [6550] HS	23:44
3	732 Matti Railimo	48 [10865] SOCH	26:24
4	719 Carl Malling	49 [11011] ROK	27:07
5	730 Olavi Lukkarinen	45 [11261] SK Pohjantähti	28:22
6	442 Jouko Koivula	49 [6550] HS	28:55
7	365 Ulf Kjellin	49 [10953] Bärlagens OK	29:23
8	505 Yngve Alexandersson	49 [1835] Individual FIN	30:12
9	510 Hervé Cabon	47 [1826] Individual FRA	33:41
10	658 Torbjörn Wikström	47 [10744] OPOR OK Orinto	33:45
11	498 Peep Koppel	46 [1865] Individual EST	34:59
12	436 Simo Kangasaho	48 [11193] HiKi	35:12
13	573 Juhani Laine	47 [11288] Karkki-Rasti	36:33
14	380 Philip Cooper	47 [10868] CO	36:35
15	655 Hans Carlsson	47 [10742] OPOR IFK Göteborg	37:11
16	441 Harri Kuosa	47 [6550] HS	38:28
17	654 Kjell Jeppson	47 [10745] OPOR IF Rigor	38:34
18	595 Yngve Pettersson	49 [10092] LOK	39:48
19	457 Vesa Turku	49 [10982] HS Ogeli	41:41
20	370 Raymond Wren	46 [11200] BL	43:16
21	641 Errol Pittet	46 [10846] OLG Breitsee	44:11
22	300 Gérard Lefrançois	46 [10781] A C BEAUCHAMPEL	44:29
23	659 Lars Strinnholm	49 [10876] OPOR Östersund	47:20
24	349 Matti Lampinen	48 [11283] Anttolan Urheilijat	53:38

25	678 Fritz Siegenthaler	46 [11079] OPOR Ulu's	58:59
26	410 Neil Croasdell	48 [9899] EPOC	1:01:59
27	4440 Coelho dos Santos	46 [007] Ori-Estarreja	1:07:08
28	1079 Joaquim Patrício	48 [035] CN Alvito	1:11:49
	793 Heikki Hillo	48 [10992] VaHa	mp
	593 Roger Danielsson	46 [10092] LOK	mp
	364 Per-Erik Wåhlberg	47 [10953] Bärslagens OK	dnf

W70 (9)**2,2 Km 50 m 12 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	421 Torid Kvaal	42 [11346] Freidig	30:31
2	596 Beatrice Malmsten	49 [10848] Lynx	33:16
3	511 Frantz Françoise	47 [1826] Individual FRA	37:33
4	590 Inga Lill Pettersson	47 [10092] LOK	39:01
5	626 Ruth Hansen	45 [11028] OK Skaermen	39:36
6	700 Helena Luoma	48 [9735] Pihkan	40:52
7	432 Mirja-Liisa Laakso-Lähteenmä	49 [11258] Hämeenlinnan Tai	45:26
8	697 Tuula Hautala	49 [11259] Oulu	57:08
	496 Lena Barkestam	48 [7259] IKHP	mp

M75 (9)**2,4 Km 55 m 13 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	594 Ulf Waldenfjord	43 [10092] LOK	27:04
2	451 Seppo Isoherranen	43 [6550] HS	27:33
3	625 Mogens Hansen	42 [11028] OK Skaermen	29:45
4	722 Juhani Mäkinen	43 [11260] Saloisten Reipas	30:25
5	439 Börje Etholen	41 [6550] HS	32:59
6	420 Gunnar Østerbø	39 [11346] Freidig	38:10
7	450 Osmo Lindeman	41 [6550] HS	56:08
8	5958 António Laia	44 [133] GDU Azoia	57:17
	372 Magnar Øvreås	42 [11032] BSK	mp

W75 (8)**2,1 Km 45 m 12 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	440 Gunnel Lindeman	42 [6550] HS	31:05
2	445 Kaarina Isoherranen	43 [6550] HS	34:54
3	751 Erica Huggler	41 [5247] SWISS O TOURS	40:26
4	588 Charlotta Granholm	42 [10092] LOK	57:09
5	446 Marja Raatikka	41 [6550] HS	1:02:42
6	412 Penny Hemsted	41 [11012] Erdo	1:04:34
7	409 Judith Goodair	41 [9899] EPOC	1:18:59
8	592 Monica Lindgren	40 [10092] LOK	1:23:38

M80 (4)**2,2 Km 50 m 12 C**

Pos	Peitoral Nome	AN Clube	Tempo
1	2121 José Grada	39 [007] Ori-Estarreja	38:53
2	408 George Guy Goodair	36 [9899] EPOC	1:07:26
	589 Göran Hektor	37 [10092] LOK	mp

757 Klaus Huggler

38 [5247] SWISS O TOURS mp

Easy Short - Fácil Curto (15)**2,5 Km 35 m 13 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	6059	Tiago Carrilho	06	[107] CAOS	26:59
2	20842	Ana+ Rui		[11361] MargaridaFitness	30:28
3	864	José Carlos Real		[159] COAAL	37:01
4	857	Maria João		[115] ATV	38:38
5	6514	Anabela Gomes	69	[133] GDU Azoia	46:08
6	863	Salvador Mendes		[133] GDU Azoia	48:38
7	5285	Andrea Santos	78	[116] Montepio Geral	53:07
8	845	Rowan Purkis	54	[11158] LOC2	57:48
9	6304	Aline Almeida	66	[005] CP Armada	1:04:56
10	3486	Isabel Saraiva	59	[007] Ori-Estarreja	1:05:10
11	325	Mara Palma	05	[11350] AE J.Belchior Vieç	1:13:59
12	327	Sofia Chester-Browne	07	[11350] AE J.Belchior Vieç	1:14:00
13	6376	Martim Rocha	03	[037] GD Luz Verde	1:30:10
14	818	Carlos Pais	06	[10883] AE Aguiar da Beir	1:42:17
	848	Maria Ana Narciso	62	[1564] Individual POR	dnf

Dificult Short - Difícil Curto (13)**3,0 Km 60 m 12 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	603	Thea Martinsen	78	[11323] Modum OL	34:10
2	20502	Outi Montonen	58	[1835] Individual FIN	36:48
3	460	Ira Kantelinen		[11287] Hyvinkään Rasti	48:33
4	753	Irene Probst	69	[5247] SWISS O TOURS	49:31
5	393	Carlos Gameiro	68	[094] CPOC	51:33
6	404	Ana Belen Perez	74	[2244] El Imperdible	51:35
7	528	EugénioS+ NairA		[1564] Individual POR	53:50
8	852	Manuel Gregorio		[2188] ADOL	55:11
9	6105	Fernando Fonseca	78	[167] NAST	57:31
10	427	Riwal Fauquant	02	[10957] GO78	58:11
11	514	Nadejda Vasiloi	77	[1826] Individual FRA	1:08:50
12	373	CatarinaC+Manuel PedroC+Ri		[11351] Cachapuz & Calej	1:29:58
13	319	Carlos Guerra	73	[11350] AE J.Belchior Vieç	1:58:58

Easy Long - Fácil Longo (14)**4,2 Km 70 m 17 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	789	Marcos Elena San Segundo	04	[11340] Ultra Maximus	46:21
2	856	Teresa Quaresma		[116] Montepio Geral	53:07
3	20886	Mustangs .		[11366] Mustangs	56:54
4	788	Lucia Vazquez Sa Segundo	04	[11340] Ultra Maximus	59:09
5	790	Mercedes San Seg Sanchez	72	[11340] Ultra Maximus	1:00:28
6	20885	Fernanda+ Manuela		[151] GafanhOri	1:06:38
7	819	Rui Pais	01	[10883] AE Aguiar da Beir	1:07:01
8	5116	AlexandrinaR MiguelR		[151] GafanhOri	1:07:23
9	302	Mónica Mira	85	[085] A Montanha	1:07:31
10	531	Joana Sebastião	84	[1564] Individual POR	1:16:52
11	6292	Lígia Nunes	69	[114] COA	1:26:39
12	884	Benny+ 7		[11361] MargaridaFitness	1:35:54
13	530	FatimaL+ Sandra		[1564] Individual POR	1:41:20
14	538	MónicaC+ PauloC		[1564] Individual POR	1:41:23

Dificult Long - Dificil Longo (27)**4,5 Km 125 m 14 C**

Pos	Peitoral	Nome	AN	Clube	Tempo
1	869	Erik Magnusson		[11269] OKN	27:02
2	4580	André Martins	99	[022] CLAC	32:39
3	5851	Carlos Viana	89	[102] .COM	36:49
4	334	João Pires	97	[2108] AFA	37:18
5	344	Rafael Silva	97	[2108] AFA	37:24
6	20501	Ilkka Kuuluvainen	58	[1835] Individual FIN	49:21
7	855	Lennart Wahlgren		[9449] Rehns BK	49:27
8	2621	Pedro Dias	70	[116] Montepio Geral	50:53
9	46248	João Costa		[1564] Individual POR	55:52
10	853	Claudio Tereso		[115] ATV	57:44
11	839	Inês Catalão		[151] GafanhOri	58:17
12	335	José Vieira	99	[2108] AFA	1:00:11
13	332	Hugo Lima	00	[2108] AFA	1:00:13
14	343	Rafael Sousa	96	[2108] AFA	1:01:18
15	342	Pedro Dias	96	[2108] AFA	1:01:19
16	341	Pedro Silva	97	[2108] AFA	1:01:31
17	543	LucianoM+ MariaM		[1000] Individual POR Fec	1:01:40
18	2863	António Patrício	64	[1000] Individual POR Fec	1:05:30
19	542	Rui Dias	75	[1564] Individual POR	1:14:34
20	844	Filipe Palmeiro		[1564] Individual POR	1:19:00
21	336	Maria Fontainha	99	[2108] AFA	1:21:56
21	333	Irina Soares	98	[2108] AFA	1:21:56
23	858	António Campos		[1564] Individual POR	1:26:13
24	338	Marta Fernandes	99	[2108] AFA	1:28:33
25	882	Silvia Gonçalves		[070] COC	1:40:25
26	2503	Susana Pontes		[070] COC	1:40:26
27	806	Rui Henriques	66	[1564] Individual POR	1:41:16