

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
1	352	CELSO GRACIANO	M	25	M0034	1 BEJA AC	00:32:33	00:32:33
2	353	JOÃO CRUZ	M	29	M0034	2 BEJA AC	00:32:41	00:32:41
3	318	PEDRO M M JANUÁRIO	M	36	M3539	1 INDIVIDUAL	00:33:28	00:33:28
4	462	ANTONIO TRAVASSOS	M	43	M4044	1 CUA BENAVENTENSE	00:33:36	00:33:36
5	431	JOÃO F FERREIRA	M	21	M0034	3 ESC ATLETISMO COIMBRA	00:33:59	00:33:58
6	464	PEDRO RIBEIRO	M	27	M0034	4 CUA BENAVENTENSE	00:34:01	00:33:59
7	465	ANDRE ALVES	M	28	M0034	5 CUA BENAVENTENSE	00:34:08	00:34:07
8	104	VITOR OLIVEIRA	M	28	M0034	6 ASC VALE GRANDE	00:34:10	00:34:08
9	315	PAULO A P PINHEIRO	M	38	M3539	2 MARATONA CP	00:34:17	00:34:17
10	103	JOSÉ SILVA	M	45	M4549	1 ASC VALE GRANDE	00:34:33	00:34:32
11	102	PAULO ALVES	M	37	M3539	3 ASC VALE GRANDE	00:34:54	00:34:52
12	459	RAUL CAETANO	M	43	M4044	2 CUA BENAVENTENSE	00:34:59	00:34:58
13	197	RUI M S FONTES	M	36	M3539	4 BEJA AC	00:35:04	00:35:04
14	295	JOSÉ LAIR	M	39	M3539	5 GDR S FRANCISCO SERRA	00:35:13	00:35:12
15	100	JOÃO P FERREIRA	M	38	M3539	6 INDIVIDUAL	00:35:33	00:35:32
16	461	PAULO PINHEIRO	M	37	M3539	7 CUA BENAVENTENSE	00:36:27	00:36:27
17	180	PAULO FERNANDES	M	49	M4549	2 CCD O ALVITEJO	00:36:50	00:36:47
18	89	JOSE BORGES	M	54	M5054	1 GAA VFXIRA	00:36:52	00:36:51
19	366	JOÃO GONÇALVES	M	46	M4549	3 BEJA AC	00:36:52	00:36:51
20	122	RICARDO FERREIRA	M	50	M5054	2 ESC RUI SILVA	00:36:56	00:36:56
21	441	ANTONIO RIBEIRO	M	36	M3539	8 C BENFICA ABRANTES	00:37:01	00:37:00
22	354	JOÃO MARQUES	M	47	M4549	4 BEJA AC	00:37:01	00:37:00
23	307	SÉRGIO OLIVEIRA	M	23	M0034	7 JD ALMANSOR	00:37:05	00:37:01
24	445	PEDRO VIEIRA	M	32	M0034	8 ESTRELA FC	00:37:08	00:37:08
25	185	JOSÉ CASTRO	M	54	M5054	3 CCD O ALVITEJO	00:37:10	00:37:07
26	446	GUILHERME VICENTE	M	36	M3539	9 ESTRELA FC	00:37:11	00:37:09
27	30	JOSÉ BRITO	M	53	M5054	4 NAZ ABÓBODA	00:37:23	00:37:21
28	174	VÍTOR CASTRO	M	27	M0034	9 CCD O ALVITEJO	00:37:35	00:37:31
29	408	TIAGO VERMELHO	M	29	M0034	10 NÚCLEOEIRAS/SPORTZONE	00:37:41	00:37:40
30	380	JOÃO C A SOUSA	M	47	M4549	5 NS TORRES NOVAS	00:37:49	00:37:47
31	101	PEDRO MOTA	M	44	M4044	3 ASC VALE GRANDE	00:37:50	00:37:47
32	274	JOAQUIM SANTOS	M	44	M4044	4 NS TORRES NOVAS	00:37:51	00:37:51
33	385	JOÃO P FERREIRA	M	38	M3539	10 CLAC ENTRONCAMENTO	00:37:52	00:37:49
34	296	LUÍS PEREIRA	M	45	M4549	6 GDR S FRANCISCO SERRA	00:37:54	00:37:52
35	347	ANTONIO SANTOS	M	56	M5559	1 GD INE	00:38:00	00:37:57
36	407	SERGIO PAIVA	M	43	M4044	5 NÚCLEOEIRAS/SPORTZONE	00:38:13	00:38:13
37	61	IVO Z INÁCIO	M	28	M0034	11 INDIVIDUAL	00:38:25	00:38:25
38	78	ANGELO SILVA	M	32	M0034	12 CCDT METRO LX	00:38:37	00:38:29
39	299	VASCO AGOSTINHO	M	49	M4549	7 GDR S FRANCISCO SERRA	00:38:42	00:38:40
40	281	RICARDO PATRÍCIO	M	37	M3539	11 CCD CA MÚTUO	00:38:47	00:38:44
41	460	NUNO VARELA	M	35	M3539	12 CUA BENAVENTENSE	00:38:50	00:38:49
42	463	HUGO CASELHAS	M	37	M3539	13 CUA BENAVENTENSE	00:38:51	00:38:49
43	450	ANTONIO VEIGA	M	55	M5559	2 ESTRELA FC	00:39:00	00:39:00
44	419	ANDRÉ F L GAGA	M	27	M0034	13 INDIVIDUAL	00:39:02	00:38:56
45	383	NELSON OLIVEIRA	M	37	M3539	14 CLAC ENTRONCAMENTO	00:39:09	00:38:49

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
46	287	JOSÉ SANTOS	M	46	M4549	8 ELECTRICO FC	00:39:21	00:39:20
47	421	PAULO MIGUEL	M	42	M4044	6 OS KOTAS	00:39:26	00:39:26
48	405	VITOR GOMES	M	59	M5559	3 CCD O ALVITEJO	00:39:32	00:39:29
49	298	RUI CANDEIAS	M	38	M3539	15 GDR S FRANCISCO SERRA	00:39:33	00:39:30
50	384	ABREU MOURA	M	60	M6099	1 CLAC ENTRONCAMENTO	00:39:50	00:39:48
51	279	JOÃO PEREIRA	M	42	M4044	7 CCD CA MÚTUO	00:39:55	00:39:52
52	63	RAUL RODRIGUES	M	57	M5559	4 AMIGOS DESPORTO	00:40:04	00:40:03
53	130	PAULO ROQUE	M	42	M4044	8 A 20KM ALMEIRIM	00:40:05	00:40:03
54	80	PEDRO OLIVEIRA	M	39	M3539	16 CCDT METRO LX	00:40:09	00:40:03
55	176	NUNO SANTOS	M	43	M4044	9 CCD O ALVITEJO	00:40:14	00:40:14
56	195	PETER STEINHAUSEN	M	62	M6099	2 INDIVIDUAL	00:40:14	00:40:13
57	456	BRUNO BRAZ	M	31	M0034	14 PENICHE @ CORRER	00:40:15	00:40:09
58	454	NUNO PEIXOTO	M	26	M0034	15 PENICHE @ CORRER	00:40:15	00:40:08
59	43	NUNO AMORIM	M	37	M3539	17 PONTÉVEL A MEXER	00:40:18	00:40:17
60	403	FERNANDO SIMAO	M	56	M5559	5 CA BARREIRA	00:40:20	00:40:17
61	288	ANTÓNIO PIRES	M	47	M4549	9 GDR S FRANCISCO SERRA	00:40:24	00:40:22
62	160	Mª JOSE FRIAS	F	49	F4599	1 AA MAFRA	00:40:24	00:40:24
63	175	RICARDO VIEGAS	M	41	M4044	10 CCD O ALVITEJO	00:40:34	00:40:27
64	67	BRUNO RAPOSEIRA	M	33	M0034	16 SAND RUNNER	00:40:36	00:40:29
65	40	MÁRIO SANTANA	M	44	M4044	11 CD SALVATERRENSE	00:40:37	00:40:34
66	422	NUNO CHAINHO	M	29	M0034	17 OS KOTAS	00:40:43	00:40:41
67	297	PAULO CHAINHO	M	51	M5054	5 GDR S FRANCISCO SERRA	00:40:44	00:40:43
68	425	ANDRÉ VELOSO	M	36	M3539	18 INDIVIDUAL	00:40:47	00:40:46
69	447	PAULO VIEGAS	M	33	M0034	18 ESTRELA FC	00:40:49	00:40:46
70	210	CARLOS M M NEVES	M	51	M5054	6 KHON DHOR	00:40:56	00:40:54
71	187	JOÃO JACINTO	M	58	M5559	6 CCD O ALVITEJO	00:41:15	00:41:12
72	181	FRANCISCO CALÇADA	M	50	M5054	7 CCD O ALVITEJO	00:41:19	00:41:17
73	335	LUIS M C ALEXANDRE	M	39	M3539	19 ACR SANTA CITA	00:41:24	00:41:22
74	292	FRANCISCO CARMO	M	44	M4044	12 GDR S FRANCISCO SERRA	00:41:25	00:41:20
75	177	MANUEL MATOS	M	43	M4044	13 CCD O ALVITEJO	00:41:27	00:41:23
76	386	RICARDO SILVA	M	22	M0034	19 CLAC ENTRONCAMENTO	00:41:31	00:41:28
77	412	FERNANDO POMBO	M	63	M6099	3 CCD O ALVITEJO	00:41:46	00:41:40
78	306	JOÃO P CANAS	M	35	M3539	20 JD ALMANSOR	00:41:51	00:41:49
79	164	PAULO SANTOS	M	48	M4549	10 LIS RUNNING CPA	00:41:52	00:41:39
80	294	HUGO GONÇALVES	M	27	M0034	20 GDR S FRANCISCO SERRA	00:41:56	00:41:46
81	144	PAULO GONÇALVES	M	43	M4044	14 INDIVIDUAL	00:41:58	00:41:51
82	438	LUIS NOBRE	M	46	M4549	11 NOBREBRINDES	00:42:00	00:41:52
83	329	VASCO LOPES	M	38	M3539	21 A20KM ALMEIRIM	00:42:01	00:41:52
84	350	VITOR NOVAIS	M	38	M3539	22 INDIVIDUAL	00:42:02	00:41:42
85	106	DIOGO PISCO	M	25	M0034	21 INDIVIDUAL	00:42:10	00:42:05
86	211	JORGE A OLIVEIRA	M	30	M0034	22 KHON DHOR	00:42:11	00:42:09
87	118	FRADIQUE L M RITA	M	40	M4044	15 INDIVIDUAL	00:42:11	00:42:04
88	92	JOSÉ M V FAUSTINO	M	61	M6099	4 INDIVIDUAL	00:42:22	00:42:22
89	267	CARLOS ASSEICEIRA	M	30	M0034	23 INDIVIDUAL	00:42:26	00:42:21
90	324	LUIS M J CARPELHO	M	41	M4044	16 INDIVIDUAL	00:42:30	00:42:28

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
91	304	FERNANDO OLIVEIRA	M	32	M0034	24 JD ALMANSOR	00:42:38	00:42:30
92	60	NELSON LAURINHA	M	34	M0034	25 INDIVIDUAL	00:42:49	00:42:44
93	28	FERNANDO CASTELA	M	43	M4044	17 SCALABIS NIGHT RUNNERS	00:42:49	00:42:44
94	449	JOSE MENDES	M	53	M5054	8 ESTRELA FC	00:42:51	00:42:50
95	179	ANTÓNIO PAIS	M	45	M4549	12 CCD O ALVITEJO	00:42:56	00:42:49
96	451	SERGIO P F SANTOS	M	40	M4044	18 INDIVIDUAL	00:42:57	00:42:49
97	237	PEDRO DOMINGOS	M	39	M3539	23 INDIVIDUAL	00:42:58	00:42:50
98	189	JOAQUIM ALVES	M	63	M6099	5 CCD O ALVITEJO	00:42:59	00:42:58
99	188	FRANCISCO MULETA	M	60	M6099	6 CCD O ALVITEJO	00:43:00	00:42:56
100	249	DANIEL A C NUNES	M	55	M5559	7 INDIVIDUAL	00:43:00	00:42:57
101	120	PAULO J P MALAQUIAS	M	41	M4044	19 A 20KM ALMEIRIM	00:43:04	00:43:01
102	458	INES GUERREIRO	F	20	F0034	1 CUA BENAVENTENSE	00:43:05	00:43:02
103	389	JOSE GARRAÇÃO	M	53	M5054	9 CLAC ENTRONCAMENTO	00:43:08	00:43:02
104	81	HUMBERTO BRITO	M	40	M4044	20 CCDT METRO LX	00:43:08	00:42:59
105	248	MÁRIO GOMES	M	38	M3539	24 PONTÉVEL A MEXER	00:43:10	00:43:04
106	392	CARLOS RODRIGUES	M	58	M5559	8 AA MAFRA	00:43:13	00:42:53
107	339	JOÃO P N PROENÇA	M	21	M0034	26 INDIVIDUAL	00:43:17	00:43:13
108	203	MIGUEL GUALDINO	M	27	M0034	27 CORUCHE OUTDOOR ADVENTURE CLUB	00:43:19	00:42:59
109	35	HÉLIO S FERREIRA	M	36	M3539	25 INDIVIDUAL	00:43:22	00:43:02
110	252	ANTÓNIO PUCARIÇO	M	53	M5054	10 CCD PM CASCAIS	00:43:23	00:43:08
111	142	PEDRO RAPOSO	M	31	M0034	28 INDIVIDUAL	00:43:26	00:43:13
112	162	LEONEL CAMPOS	M	51	M5054	11 INDIVIDUAL	00:43:28	00:43:22
113	116	MIGUEL A S EZEQUIEL	M	43	M4044	21 INDIVIDUAL	00:43:28	00:43:28
114	56	TIAGO VINTÉM	M	31	M0034	29 PONTÉVEL A MEXER	00:43:29	00:43:24
115	29	NÉLIO CARVALHO	M	34	M0034	30 PONTÉVEL A MEXER	00:43:30	00:43:26
116	111	RUI BRITES	M	36	M3539	26 INDIVIDUAL	00:43:31	00:43:18
117	23	FÁBIO A O MOÇO	M	23	M0034	31 INDIVIDUAL	00:43:32	00:43:25
118	152	FERNANDO ROSETE	M	44	M4044	22 RUN 4 FUN	00:43:33	00:43:13
119	475	JOAO ROSA	M	40	M4044	23 MATILHA RUNNING	00:43:38	00:43:32
120	110	PEDRO MENDONÇA	M	38	M3539	27 MATILHA RUNNING	00:43:38	00:43:32
121	146	CARLOS M P VISEU	M	45	M4549	13 INDIVIDUAL	00:43:42	00:43:38
122	68	MIGUEL SÁ PEREIRA	M	35	M3539	28 SAND RUNNER	00:43:44	00:43:37
123	333	JOÃO M P RITA	M	25	M0034	32 GD PARREIRA	00:43:48	00:43:39
124	230	JOSE ESTEVES	M	49	M4549	14 TARTARUGAS SOLIDARIAS	00:43:50	00:43:39
125	69	PEDRO OLIVEIRA	M	41	M4044	24 SAND RUNNER	00:43:58	00:43:51
126	468	TELMO PENA	M	37	M3539	29 INDIVIDUAL	00:44:04	00:44:04
127	351	ANTONIO RIBEIRO	M	53	M5054	12 INDIVIDUAL	00:44:05	00:43:45
128	301	DANIEL INÁCIO	M	35	M3539	30 JD ALMANSOR	00:44:08	00:44:08
129	305	DAVID INÁCIO	M	33	M0034	33 JD ALMANSOR	00:44:08	00:44:01
130	139	JOSÉ FERNANDES	M	45	M4549	15 A 20KM ALMEIRIM	00:44:11	00:43:54
131	426	NÉLIO J S R RODRIGUES	M	39	M3539	31 INDIVIDUAL	00:44:14	00:44:06
132	417	EURICO MARÇAL	M	32	M0034	34 SUNSET RUNNERS	00:44:17	00:44:15
133	218	LUÍS AMADO	M	46	M4549	16 OS LUCENAS	00:44:27	00:44:07
134	20	LUÍS M F ALVES	M	37	M3539	32 O REINO MARAVILHOSO	00:44:28	00:44:28
135	208	MIGUEL A M COELHO	M	36	M3539	33 KHON DHOR	00:44:36	00:44:33

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
136	250	ADEODATO M BROTAS	M	63	M6099	7 INDIVIDUAL	00:44:44	00:44:41
137	439	JOSE P NOBRE	M	33	M0034	35 NOBREBRINDES	00:44:45	00:44:36
138	98	JORGE MENDES	M	39	M3539	34 KUALITY KONTAS	00:44:47	00:44:41
139	109	TÓ SERRÃO	M	38	M3539	35 INDIVIDUAL	00:44:53	00:44:46
140	219	PAULO NOGUEIRA	M	40	M4044	25 OS LUCENAS	00:44:53	00:44:46
141	291	FERNANDO BEIJINHA	M	65	M6099	8 GDR S FRANCISCO SERRA	00:45:04	00:44:59
142	39	RUI PEREIRA	M	40	M4044	26 CD SALVATERRENSE	00:45:15	00:45:12
143	199	LUIS GODINHO	M	48	M4549	17 GNBGA	00:45:15	00:45:03
144	31	DUARTE BRITO	M	23	M0034	36 NAZ ABÓBODA	00:45:17	00:45:01
145	115	JORGE FERREIRA	M	44	M4044	27 INDIVIDUAL	00:45:17	00:45:10
146	399	DANIEL F O LÉRIAS	M	30	M0034	37 IALBAX RUNNING	00:45:26	00:45:22
147	268	PEDRO NEVES	M	30	M0034	38 INDIVIDUAL	00:45:28	00:45:23
148	141	LUIS SANTOS	M	49	M4549	18 INDIVIDUAL	00:45:33	00:45:25
149	388	RENATO MARTINS	M	42	M4044	28 CLAC ENTRONCAMENTO	00:45:34	00:45:28
150	173	AIDA MARTINS	F	51	F4599	2 CCD O ALVITEJO	00:45:35	00:45:33
151	322	JOÃO PEREIRA	M	52	M5054	13 SAPATISTAS	00:45:36	00:45:23
152	95	CARLOS M JACINTO	M	46	M4549	19 INDIVIDUAL	00:45:37	00:45:32
153	302	RUI GONÇALVES	M	30	M0034	39 JD ALMANSOR	00:45:40	00:45:35
154	209	MARIO J S FERREIRA	M	43	M4044	29 KHON DHOR	00:45:41	00:45:38
155	184	JOAQUIM MARTINS	M	55	M5559	9 CCD O ALVITEJO	00:45:44	00:45:27
156	172	CARLA CALÇADA	F	45	F4599	3 CCD O ALVITEJO	00:45:45	00:45:43
157	358	FILIPPE BRANCO	M	45	M4549	20 URD ARRANHÔ	00:45:50	00:45:39
158	359	EDGAR FRANCISCO	M	49	M4549	21 URD ARRANHÔ	00:45:51	00:45:31
159	242	TITO LIMA	M	41	M4044	30 INDIVIDUAL	00:45:52	00:45:52
160	136	JOÃO REBELO	M	49	M4549	22 CA AMORA	00:45:53	00:45:46
161	19	MARTA M S ANDRADE	F	40	F3544	1 TREINO EM CASA	00:46:00	00:45:56
162	112	DANIEL RAMOS	M	38	M3539	36 JOBRINDE - MONTES SALOIOS	00:46:01	00:45:57
163	414	RODRIGO OPA	M	39	M3539	37 ACADEMIA DO LUMIAR	00:46:02	00:45:57
164	171	PAULO A F R DOMINGOS	M	45	M4549	23 INDIVIDUAL	00:46:02	00:45:55
165	270	PEDRO LOPES	M	34	M0034	40 AC SALVATERRA	00:46:08	00:45:57
166	283	RUI MELO	M	44	M4044	31 CCD CA MÚTUO	00:46:13	00:46:08
167	108	JOÃO SALVADOR	M	28	M0034	41 Urban Trail Samora Correia	00:46:13	00:46:13
168	73	ANTÓNIO J M PEREIRA	M	28	M0034	42 LUDENS CLUBE DE MACHICO - MADEIRA	00:46:15	00:45:56
169	58	FÁBIO PIEDADE	M	24	M0034	43 INDIVIDUAL	00:46:18	00:46:13
170	236	ANTONIO JOAO	M	56	M5559	10 INDIVIDUAL	00:46:21	00:46:21
171	190	AMÍLCAR SANTANA	M	69	M6099	9 CCD O ALVITEJO	00:46:24	00:46:06
172	182	HORÁCIO RUIVO	M	54	M5054	14 CCD O ALVITEJO	00:46:25	00:46:06
173	448	HELDER JOSE	M	48	M4549	24 ESTRELA FC	00:46:31	00:46:22
174	282	RUI GRAÇA	M	52	M5054	15 CCD CA MÚTUO	00:46:32	00:46:27
175	406	MANUEL VITORINO	M	65	M6099	10 CCD O ALVITEJO	00:46:34	00:46:16
176	338	SÉRGIO P C MENDES	M	43	M4044	32 INDIVIDUAL	00:46:34	00:46:28
177	390	PEDRO AMARO	M	26	M0034	44 AGRUPAMENTO 119 CORUCHE	00:46:37	00:46:15
178	183	JOSÉ FERNANDES	M	55	M5559	11 CCD O ALVITEJO	00:46:44	00:46:26
179	278	CARLOS SILVA	M	51	M5054	16 CCD CA MÚTUO	00:46:51	00:46:46
180	367	ANTÓNIO SILVA	M	32	M0034	45 OS LOTEPEGUIS	00:46:52	00:46:33

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
181	50	PAULO E Z F MENDES	M	49	M4549	25 INDIVIDUAL	00:46:53	00:46:47
182	37	RUI M T COSTA	M	41	M4044	33 INDIVIDUAL	00:46:55	00:46:50
183	57	DAVID TEODOSIO	M	28	M0034	46 INDIVIDUAL	00:46:55	00:46:49
184	159	JOAO FRIAS	M	48	M4549	26 AA MAFRA	00:46:57	00:46:57
185	377	MARCIO R NUNES	M	35	M3539	38 INDIVIDUAL	00:46:58	00:46:38
186	272	LUÍS ANDRADE	M	33	M0034	47 AC SALVATERRA	00:46:59	00:46:48
187	381	SILVIA S JORGE	F	45	F4599	4 NS TORRES NOVAS	00:47:00	00:47:00
188	65	VÍTOR DIAS	M	48	M4549	27 AMIGOS DESPORTO	00:47:01	00:46:55
189	466	VITOR MARTINS	M	55	M5559	12 CR PENTEADO	00:47:01	00:46:47
190	410	PEDRO M C RIBEIRO	M	35	M3539	39 INDIVIDUAL	00:47:03	00:46:55
191	271	NUNO SILVA	M	29	M0034	48 AC SALVATERRA	00:47:05	00:46:54
192	362	PAULO TOMÁS	M	42	M4044	34 URD ARRANHÒ	00:47:08	00:46:56
193	71	JORGE MARTINHO	M	45	M4549	28 OS GALGOS	00:47:09	00:47:02
194	11	HUGO M P SILVA	M	27	M0034	49 OS GALGOS	00:47:10	00:47:03
195	355	HERNÂNI SILVA	M	53	M5054	17 A VALE SILÊNCIO	00:47:17	00:47:14
196	227	JOSE MONTEIRO	M	58	M5559	13 INDIVIDUAL	00:47:21	00:47:01
197	27	NUNO STOFFEL	M	42	M4044	35 SCALABIS NIGHT RUNNERS	00:47:25	00:47:20
198	372	RUI LOPES	M	18	M0034	50 INDIVIDUAL	00:47:25	00:47:21
199	51	RICARDO L R MESQUITA	M	39	M3539	40 SCALKOKAS	00:47:27	00:47:15
200	402	MICHAEL GRANADEIRO	M	28	M0034	51 GRANADEIRO	00:47:28	00:47:12
201	226	TELMO CARVALHO	M	37	M3539	41 INDIVIDUAL	00:47:31	00:47:15
202	316	JOSE A C GODINHO	M	55	M5559	14 INDIVIDUAL	00:47:32	00:47:25
203	238	POSSIDÓNIO CONSTÂNTINO	M	62	M6099	11 AA LEBRES SADO	00:47:35	00:47:26
204	345	LUIS CHAGAS	M	27	M0034	52 AMIGOS MINI	00:47:35	00:47:23
205	344	IVO SOUSA	M	38	M3539	42 AMIGOS MINI	00:47:36	00:47:24
206	90	RICARDO M J S TEODORO	M	34	M0034	53 ÁGUIAS RIBATEJANAS	00:47:38	00:47:24
207	53	JOÃO BONIFACIO	M	37	M3539	43 INDIVIDUAL	00:47:38	00:47:33
208	361	HENRIQUE FERREIRA	M	44	M4044	36 URD ARRANHÒ	00:47:42	00:47:30
209	213	CARLOS DUARTE	M	38	M3539	44 INDIVIDUAL	00:47:44	00:47:37
210	135	MANUEL DIAS	M	48	M4549	29 CA AMORA	00:47:50	00:47:42
211	212	MANUEL J C LEITÃO	M	51	M5054	18 KHON DHOR	00:47:55	00:47:51
212	117	NUNO M S T FIGUEIREDO	M	32	M0034	54 INDIVIDUAL	00:48:03	00:47:57
213	413	LUIS SOUSA	M	40	M4044	37 ACADEMIA DO LUMIAR	00:48:06	00:47:58
214	424	JOANA GRÁCIO	F	31	F0034	2 INDIVIDUAL	00:48:06	00:48:06
215	280	JOSÉ L VIDAIS	M	46	M4549	30 CCD CA MÚTUO	00:48:08	00:48:04
216	49	NUNO PEREIRA	M	45	M4549	31 INDIVIDUAL	00:48:22	00:48:18
217	264	CONSTANTINO MENDÃO	M	55	M5559	15 C PRAÇAS ARMADA	00:48:32	00:48:29
218	467	ANDRE LACERDA	M	25	M0034	55 INDIVIDUAL	00:48:59	00:48:56
219	143	ANTÓNIO BORLA	M	70	M6099	12 INDIVIDUAL	00:49:00	00:48:47
220	262	ANTÓNIO GRAZINA	M	66	M6099	13 INDIVIDUAL	00:49:02	00:49:02
221	14	RODOLFO CARNEIRO	M	26	M0034	56 JOÃO CARNEIRO SAD	00:49:03	00:48:52
222	224	NUNO GONÇALVES	M	40	M4044	38 INDIVIDUAL	00:49:04	00:48:56
223	24	EURICO GOMES	M	52	M5054	19 ADCR PJ	00:49:06	00:48:46
224	457	JOAQUIM CARMO	M	48	M4549	32 CUA BENAVENTENSE	00:49:06	00:49:06
225	310	LILIANA FILIPE	F	32	F0034	3 JD ALMANSOR	00:49:08	00:49:03

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
226	225	RAUL CORREIA	M	50	M5054	20 A FAROLIM PENICHE	00:49:15	00:49:07
227	22	GONÇALO GARCIA	M	35	M3539	45 GARCIA	00:49:26	00:49:19
228	443	JOSE M N MARCELINO	M	56	M5559	16 INDIVIDUAL	00:49:38	00:49:13
229	170	NUNO MADALENO	M	41	M4044	39 INDIVIDUAL	00:49:55	00:49:35
230	163	JACINTO PEREIRA	M	58	M5559	17 LIS RUNNING CPA	00:50:02	00:49:51
231	263	MANUEL BATISTA	M	66	M6099	14 C PRAÇAS ARMADA	00:50:05	00:49:53
232	415	LUCIO MORAIS	M	55	M5559	18 ACADEMIA DO LUMIAR	00:50:07	00:50:01
233	391	RICARDO M F L OLIVEIRA	M	21	M0034	57 OS CORTICHENSES	00:50:14	00:49:55
234	470	RUBEN LEAL	M	22	M0034	58 OS CORTICHENSES	00:50:20	00:50:20
235	261	JOÃO V DIAS	M	30	M0034	59 PONTÉVEL A MEXER	00:50:21	00:50:14
236	432	FILIFE R F MARQUES	M	20	M0034	60 INDIVIDUAL	00:50:27	00:50:08
237	365	RUI F M SOARES	M	27	M0034	61 INDIVIDUAL	00:50:30	00:50:16
238	75	VÁLTER HENRIQUES	M	29	M0034	62 INDIVIDUAL	00:50:31	00:50:10
239	373	JOÃO RAMOS	M	54	M5054	21 OS SANTARENOS	00:50:38	00:50:25
240	300	VITOR LOPES	M	47	M4549	33 RUN 4 FUN	00:50:43	00:50:34
241	54	NUNO OLIVEIRA	M	30	M0034	63 INDIVIDUAL	00:50:47	00:50:24
242	178	ARTUR BATISTA	M	43	M4044	40 CCD O ALVITEJO	00:50:48	00:50:29
243	223	JOSE BELCHIOR	M	63	M6099	15 OS PERIGOSOS	00:50:51	00:50:44
244	99	PAULA MACHADO	F	60	F4599	5 INDIVIDUAL	00:50:54	00:50:47
245	93	PEDRO FERRAZ	M	38	M3539	46 PEDROS	00:50:58	00:50:55
246	254	JÚLIO MEIRELES	M	63	M6099	16 CCD PM CASCAIS	00:51:06	00:50:59
247	91	RICARDO VIANA	M	28	M0034	64 INDIVIDUAL	00:51:10	00:51:02
248	440	NUNO SANTOS	M	33	M0034	65 NOBREBRINDES	00:51:10	00:51:01
249	153	SÉRGIO SILVA	M	39	M3539	47 INDIVIDUAL	00:51:16	00:51:08
250	311	PAULA SALVADOR	F	33	F0034	4 JD ALMANSOR	00:51:23	00:51:23
251	435	NATÁLIA FERREIRA	F	39	F3544	2 SUNSET RUNNERS	00:51:23	00:51:19
252	87	RICARDO M M PEIXE	M	33	M0034	66 NA ROTA DA BIFANA EM BTT - GLORIA BTT	00:51:31	00:51:11
253	442	LUIS M N NOGUEIRA	M	49	M4549	34 INDIVIDUAL	00:51:35	00:51:10
254	309	NOÉLIA GUERRA	F	35	F3544	3 JD ALMANSOR	00:51:36	00:51:27
255	201	RICARDO SILVA	M	37	M3539	48 GNBGA	00:51:39	00:51:27
256	320	NATÁLIA ROMANO	F	58	F4599	6 SAPATISTAS	00:51:47	00:51:47
257	21	RUI M M FERREIRA	M	45	M4549	35 INDIVIDUAL	00:51:54	00:51:42
258	191	JOSÉ GRILATE	M	70	M6099	17 CCD O ALVITEJO	00:51:56	00:51:43
259	66	AMÁVEL LUZ	M	54	M5054	22 NS TORRES NOVAS	00:51:58	00:51:40
260	129	LINA MATEUS	F	36	F3544	4 A 20KM ALMEIRIM	00:52:04	00:51:44
261	289	ANTÓNIO SIMÕES	M	51	M5054	23 GDR S FRANCISCO SERRA	00:52:15	00:52:04
262	74	JOÃO M I MARTINS	M	31	M0034	67 INDIVIDUAL	00:52:23	00:52:00
263	428	ABILIO TAVARES	M	60	M6099	18 INDIVIDUAL	00:52:24	00:52:20
264	26	PAULO PENTEADO	M	41	M4044	41 INDIVIDUAL	00:52:31	00:52:31
265	64	JOSÉ PINTO	M	68	M6099	19 AMIGOS DESPORTO	00:52:47	00:52:47
266	363	GABRIEL ANTONIO	M	51	M5054	24 URD ARRANHÔ	00:52:54	00:52:30
267	235	PEDRO LOPES	M	36	M3539	49 SS CGD	00:52:57	00:52:40
268	277	ANDREIA RODRIGUES	F	39	F3544	5 CCD CA MÚTUO	00:53:02	00:52:58
269	52	JORGE RODRIGUES	M	39	M3539	50 INDIVIDUAL	00:53:09	00:53:03
270	453	RUI VIGOÇO	M	70	M6099	20 GD BANCO BPI	00:53:24	00:53:24

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
271	356	MANUEL CARDIM	M	63	M6099	21 CADT PORTUCEL SETUBAL	00:53:25	00:53:12
272	155	MARCIO J M PEREIRA	M	28	M0034	68 PONTÉVEL A MEXER	00:53:28	00:53:21
273	319	JOÃO TORRADO	M	66	M6099	22 SAPATISTAS	00:53:28	00:53:14
274	113	HUGO VENÂNCIO	M	36	M3539	51 SS CGD	00:53:38	00:53:21
275	217	JOAQUIM MENDES	M	54	M5054	25 OS LUCENAS	00:53:41	00:53:34
276	204	PEDRO V T D SILVA	M	37	M3539	52 INDIVIDUAL	00:53:48	00:53:33
277	357	FERNANDO MARTINHO	M	52	M5054	26 CADT PORTUCEL SETUBAL	00:53:56	00:53:43
278	387	VÍTOR SILVA	M	51	M5054	27 CLAC ENTRONCAMENTO	00:54:06	00:53:51
279	427	JOSÉ COELHO	M	59	M5559	19 INDIVIDUAL	00:54:16	00:54:01
280	34	ANTONIO FURA	M	54	M5054	28 INDIVIDUAL	00:54:22	00:54:17
281	411	NUNO ALMEIDA	M	38	M3539	53 INDIVIDUAL	00:54:28	00:54:19
282	394	ANDERSON SOUSA	M	30	M0034	69 INDIVIDUAL	00:54:31	00:54:31
283	256	PEDRO RAMOS	M	32	M0034	70 CCD PM CASCAIS	00:54:33	00:54:19
284	193	JOAQUIM FRAGOSO	M	65	M6099	23 CCD CASA PIA	00:54:51	00:54:35
285	423	JOSÉ LEBRE	M	59	M5559	20 INDIVIDUAL	00:54:56	00:54:37
286	434	RENATO SOUSA	M	30	M0034	71 INDIVIDUAL	00:55:03	00:54:42
287	46	RUI CARDOSO	M	42	M4044	42 SCALKOKAS	00:55:08	00:55:08
288	395	JOAO ARAUJO	M	45	M4549	36 PALHAS	00:55:09	00:55:09
289	70	ANTÓNIO JUBILADO	M	58	M5559	21 INDIVIDUAL	00:55:09	00:54:55
290	186	JOSÉ MAIA	M	57	M5559	22 CCD O ALVITEJO	00:55:11	00:55:11
291	455	JOSE PEIXOTO	M	57	M5559	23 PENICHE @ CORRER	00:55:35	00:55:15
292	196	Mª ALCINA C CORREIA	F	62	F4599	7 GD O INDEPENDENTE	00:55:40	00:55:29
293	48	ANDRÉ ALVES	M	23	M0034	72 JOÃO CARNEIRO SAD	00:55:54	00:55:38
294	327	EMANUEL A F LIDONIO	M	44	M4044	43 INDIVIDUAL	00:56:25	00:56:08
295	326	Mª FATIMA S D LIDONIO	F	41	F3544	6 INDIVIDUAL	00:56:25	00:56:08
296	157	IRINA LEAL	F	33	F0034	5 INDIVIDUAL	00:56:31	00:55:47
297	138	FERNANDA REBELO	F	42	F3544	7 CA AMORA	00:56:36	00:56:28
298	255	NUNO ALMEIDA	M	42	M4044	44 CCD PM CASCAIS	00:56:39	00:56:24
299	140	LUIS A F SILVA	M	40	M4044	45 INDIVIDUAL	00:56:42	00:56:18
300	154	MARLENE OLIVEIRA	F	41	F3544	8 INDIVIDUAL	00:56:44	00:56:31
301	246	LUIS AFONSO	M	40	M4044	46 INDIVIDUAL	00:56:53	00:56:33
302	33	ANTONIO PEIXE	M	68	M6099	24 INDIVIDUAL	00:57:07	00:57:02
303	216	SÉRGIO FRANCLIM	M	36	M3539	54 OS LUCENAS	00:57:10	00:57:03
304	76	CLÁUDIA HENRIQUES	F	29	F0034	6 INDIVIDUAL	00:57:17	00:56:56
305	343	JOSE CORREIA	M	57	M5559	24 A VIA RARA	00:57:25	00:57:08
306	340	CARLOS PEDRO	M	44	M4044	47 A VIA RARA	00:57:25	00:57:07
307	341	CARLOS CORREIA	M	49	M4549	37 A VIA RARA	00:57:27	00:57:10
308	342	CARLOS VIDAIS	M	41	M4044	48 A VIA RARA	00:57:27	00:57:09
309	220	LUÍS F P FELÍCIO	M	47	M4549	38 CRUXE BTTRAIL TEAM	00:57:27	00:57:07
310	121	CARLA S C FERREIRA	F	36	F3544	9 A 20KM ALMEIRIM	00:57:40	00:57:40
311	336	LUÍS M E LÚCIO	M	37	M3539	55 INDIVIDUAL	00:57:50	00:57:50
312	323	CARLA MARQUES	F	42	F3544	10 SAPATISTAS	00:57:55	00:57:46
313	36	ISABEL SOARES	F	32	F0034	7 INDIVIDUAL	00:57:57	00:57:37
314	258	TÂNIA VALENTIM	F	33	F0034	8 CCD PM CASCAIS	00:57:59	00:57:43
315	317	HUMBERTO SILVA	M	57	M5559	25 INDIVIDUAL	00:58:00	00:57:42

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
316	257	RUI QUERIDO	M	36	M3539	56 CCD PM CASCAIS	00:58:00	00:57:44
317	150	HENRIQUE RUAS	M	75	M6099	25 CCD O ALVITEJO	00:58:09	00:57:55
318	202	MARIA SILVA	F	46	F4599	8 GNBGA	00:58:24	00:58:24
319	393	LUÍS V BARROSO	M	56	M5559	26 INDIVIDUAL	00:58:24	00:58:05
320	234	MAYER RAPOSO	M	68	M6099	26 AA LEBRES SADO	00:58:42	00:58:22
321	96	HUGO M R A BRUNO	M	30	M0034	73 VSRUNNER	00:58:44	00:58:20
322	321	ALZIRA PEREIRA	F	49	F4599	9 SAPATISTAS	00:58:53	00:58:44
323	114	TERESA ARANHA	F	40	F3544	11 INDIVIDUAL	00:59:06	00:58:49
324	371	ANA VIEIRA	F	32	F0034	9 OS LOTEPEGUIS	00:59:12	00:58:51
325	368	PEDRO NUNES	M	32	M0034	74 OS LOTEPEGUIS	00:59:14	00:58:53
326	401	LUIS JACOB	M	43	M4044	49 INDIVIDUAL	00:59:17	00:58:55
327	378	IVO PEREIRA	M	36	M3539	57 INDIVIDUAL	00:59:37	00:59:24
328	290	ERMELINDO NUNES	M	57	M5559	27 GDR S FRANCISCO SERRA	00:59:39	00:59:30
329	62	ANA S C INÁCIO	F	29	F0034	10 INDIVIDUAL	00:59:46	00:59:26
330	128	RODRIGO NEVES	M	32	M0034	75 INDIVIDUAL	00:59:47	00:59:47
331	244	VITOR LUCAS	M	51	M5054	29 INDIVIDUAL	00:59:49	00:59:33
332	473	MANUEL MOREIRA	M	18	M0034	76 INDIVIDUAL	00:59:51	00:59:27
333	400	MARISA DUARTE	F	36	F3544	12 INDIVIDUAL	00:59:54	00:59:32
334	240	RICARDO JOÃO MALTA	M	31	M0034	77 INDIVIDUAL	00:59:56	00:59:56
335	59	RUI M F ALDEANO	M	32	M0034	78 INDIVIDUAL	00:59:57	00:59:33
336	205	RUI J S EMILIO	M	40	M4044	50 INDIVIDUAL	01:00:10	00:59:58
337	145	ANA S AGUIAR	F	44	F3544	13 INDIVIDUAL	01:00:10	01:00:10
338	312	SÓNIA SERAFIM	F	34	F0034	11 JD ALMANSOR	01:00:26	01:00:17
339	200	ISMAEL TEIXEIRA	M	40	M4044	51 GNBGA	01:00:28	01:00:15
340	55	MONICA I O F DIAS	F	40	F3544	14 INDIVIDUAL	01:00:30	01:00:12
341	214	ORLANDO RODRIGUES	M	50	M5054	30 INDIVIDUAL	01:00:38	01:00:24
342	88	PEDRO M M PEIXE	M	19	M0034	79 GLÓRIA BTT - NA ROTA DA BIFANA EM BTT	01:00:47	01:00:27
343	325	SONIA M A R CARPELHO	F	40	F3544	15 INDIVIDUAL	01:00:55	01:00:38
344	330	RITA COELHO	F	35	F3544	16 A20KM ALMEIRIM	01:01:04	01:00:44
345	328	JOANA S G A MENDES	F	28	F0034	12 INDIVIDUAL	01:01:06	01:00:49
346	337	CÁTIA S G MIRANDA	F	30	F0034	13 INDIVIDUAL	01:01:13	01:01:13
347	241	FÁBIO ARAÚJO	M	30	M0034	80 INDIVIDUAL	01:01:30	01:01:30
348	409	ÂNGELA VAZ	F	31	F0034	14 CORRER BENAVENTE	01:01:53	01:01:44
349	245	OLIVIA LUCAS	F	49	F4599	10 INDIVIDUAL	01:01:57	01:01:41
350	125	ANDRÉ LOURENÇO	M	24	M0034	81 INDIVIDUAL	01:02:21	01:02:10
351	124	VÍTOR PEREIRA	M	35	M3539	58 INDIVIDUAL	01:02:30	01:02:30
352	119	CARLA M P PELEIRA	F	38	F3544	17 A 20KM ALMEIRIM	01:02:44	01:02:24
353	158	RUI CASTANHEIRA	M	33	M0034	82 INDIVIDUAL	01:02:48	01:02:03
354	207	NUNO RIJO	M	33	M0034	83 Urban Trail Samora Correia	01:02:56	01:02:47
355	308	ANDREIA OLIVEIRA	F	32	F0034	15 JD ALMANSOR	01:02:56	01:02:47
356	82	JOÃO BARBOSA	M	54	M5054	31 CCDT METRO LX	01:03:09	01:02:46
357	79	FERNANDO FERNANDES	M	62	M6099	27 CCDT METRO LX	01:03:30	01:03:07
358	472	MIGUEL MOURA	M	19	M0034	84 INDIVIDUAL	01:03:36	01:03:12
359	25	SANDRA M NUNES	F	37	F3544	18 INDIVIDUAL	01:03:37	01:03:17
360	83	JOSÉ PIRES	M	79	M6099	28 CCDT METRO LX	01:03:42	01:03:20

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
361	332	ANA C FERNANDES	F	36	F3544	19 OS GORDOS	01:04:22	01:04:03
362	331	JORGE M A MORAIS	M	43	M4044	52 OS GORDOS	01:04:22	01:04:03
363	13	MARTA MOUTINHO	F	35	F3544	20 MOUTINHO	01:05:13	01:04:51
364	12	PEDRO MOUTINHO	M	32	M0034	85 MOUTINHO	01:05:13	01:04:52
365	418	LILIANA FERREIRA	F	25	F0034	16 SUNSET RUNNERS	01:05:16	01:05:12
366	45	TELMA EUSÉBIO	F	30	F0034	17 SCALKOKAS	01:05:30	01:05:12
367	221	LUIS ALMEIDA	M	54	M5054	32 LIS RUNNING CPA	01:05:31	01:05:10
368	222	JULIA ALMEIDA	F	51	F4599	11 LIS RUNNING CPA	01:05:32	01:05:11
369	285	VICTOR LOBO	M	44	M4044	53 CCD CA MÚTUO	01:05:40	01:05:35
370	107	ALEXANDRE M S NEVES	M	37	M3539	59 INDIVIDUAL	01:05:44	01:05:31
371	161	CLÁUDIA M L LARANJO	F	35	F3544	21 INDIVIDUAL	01:05:45	01:05:32
372	84	ORLANDO SOUSA	M	52	M5054	33 CCDT METRO LX	01:05:51	01:05:29
373	15	SANDRINA FERNANDES	F	36	F3544	22 JOÃO CARNEIRO SAD	01:05:58	01:05:43
374	474	VANIA CORDEIRO	F	30	F0034	18 OS LOTEPEGUIS	01:06:14	01:05:52
375	133	CARLA ANICETO	F	43	F3544	23 INDIVIDUAL	01:06:19	01:06:19
376	370	ANA SOUSA	F	38	F3544	24 OS LOTEPEGUIS	01:06:36	01:06:16
377	369	RICARDO BRÁS	M	31	M0034	86 OS LOTEPEGUIS	01:06:37	01:06:18
378	275	JOANA BERNARDO	F	32	F0034	19 INDIVIDUAL	01:06:51	01:06:33
379	273	ROSA SILVA	F	28	F0034	20 AC SALVATERRA	01:07:12	01:07:00
380	269	ARMÉNIO ANDRADE	M	63	M6099	29 AC SALVATERRA	01:07:16	01:07:04
381	215	ERIKA PEREIRA	F	55	F4599	12 OS LUCENAS	01:07:58	01:07:51
382	149	VICTOR RODRIGUES	M	47	M4549	39 CCD O ALVITEJO	01:08:26	01:08:11
383	147	ELISABETE ÁGUAS	F	50	F4599	13 CCD O ALVITEJO	01:08:26	01:08:11
384	148	NÁDIA RODRIGUES	F	24	F0034	21 CCD O ALVITEJO	01:08:26	01:08:12
385	198	VITOR PEIXE	M	53	M5054	34 NA ROTA DA BIFANA EM BTT - GLORIA BTT	01:09:29	01:09:10
386	374	JOAQUIM M C B SILVA	M	35	M3539	60 INDIVIDUAL	01:09:51	01:09:31
387	253	BRUNO SANTOS	M	33	M0034	87 CCD PM CASCAIS	01:11:41	01:11:25
388	192	FERNANDO CARDOSO	M	80	M6099	30 CCD O ALVITEJO	01:14:25	01:14:25
389	416	ANA M C MARQUES	F	20	F0034	22 OS CORTICHENSES	01:15:18	01:15:00
390	167	ZELIA P P FERREIRA	F	32	F0034	23 INDIVIDUAL	01:15:42	01:15:27
391	168	RUI M S FAUSTINO	M	41	M4044	54 INDIVIDUAL	01:15:42	01:15:27
392	169	ANA C B P MARQUES	F	37	F3544	25 INDIVIDUAL	01:15:58	01:15:43
393	379	DÉLIA PEREIRA	F	36	F3544	26 INDIVIDUAL	01:16:56	01:16:43
394	334	SUSANA I A MORAIS	F	27	F0034	24 GD PARREIRA	01:17:05	01:16:45
395	126	SUSANA TAVARES	F	29	F0034	25 INDIVIDUAL	01:20:00	01:20:00
396	375	LUÍS C L SILVA	M	20	M0034	88 OS CORTICHENSES	01:20:19	01:20:00
397	284	RUI TOMÁS	M	44	M4044	55 CCD CA MÚTUO	01:21:09	01:21:05
398	471	BEATRIZ MONTEIRO	F	18	F0034	26 OS CORTICHENSES	01:22:32	01:22:32
399	251	ANTÓNIO HORTA	M	61	M6099	31 CCD PM CASCAIS	01:27:19	01:27:19
400	137	RUI SANTOS	M	44	M4044	56 CA AMORA	01:27:19	01:27:19
401	360	LUIS FERREIRA	M	48	M4549	40 URD ARRANHÔ	01:27:19	01:27:19
402	134	JOÃO CORREIA	M	52	M5054	35 CA AMORA	01:27:19	01:27:19
403	132	NADIA SILVA	F	28	F0034	27 INDIVIDUAL	01:27:19	01:27:19
404	229	SARA DE SOUSA	F	37	F3544	27 TARTARUGAS SOLIDARIAS	01:27:23	01:27:23
405	72	MÁRCIO ALEXANDRE	M	34	M0034	89 INDIVIDUAL	01:27:26	01:27:26

Lugar	Dorsal	Atleta	Sexo	Idade	Escalão	Equipa	Tempo	Chip
406	429	RICARDO MESQUITA	M	29	M0034	90 INDIVIDUAL	01:27:28	01:27:28
407	364	GONÇALO FRANCISCO	M	18	M0034	91 URD ARRANHÔ	01:27:28	01:27:28