Grande Trail Serra de Arga
Caminha
26-setembro-2015

TRAIL LONGO 33K - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:00	9ºC	81,2%
End	16:58	13,4ºC	83,1%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1329	Romeu Gouveia	escaravelhos team	Sub 23 Masculino	03:10:06		05:46
2	1073	Carlos Martins	corre conosco felgueiras	Senior Masculino	03:19:31	+09:25	06:03
3	1091	André Guedes	dr merino clínica médica	Veterano M40	03:24:55	+14:49	06:13
4	1520	Luis Miguel Marques Gil	multipower | gaia trail	Veterano M40	03:25:26	+15:20	06:14
5	1115	Nuno Miguel Fernandes	fafe runners	Senior Masculino	03:26:43	+16:37	06:16
6	1314	Tiago Teixeira	ginásio factor x	Senior Masculino	03:26:58	+16:52	06:16
7	1103	Adilson Tiago Monteiro dos Reis	emicela team de cabo verde	Senior Masculino	03:27:23	+17:17	06:17
8	1654	Leonel Cunha	satecnosol outdoor / lasportiva	Senior Masculino	03:27:58	+17:52	06:18
9	1001	Amândio Antunes	desnivel positivo	Senior Masculino	03:30:17	+20:11	06:22
10	1105	Joaquim Gomes Fortes	emicela team de cabo verde	Senior Masculino	03:32:42	+22:36	06:27
11	1111	João Patricio	escaravelhos team	Sub 23 Masculino	03:32:58	+22:52	06:27
12	1030	Rui Laranjeira	bikeseven esposende	Veterano M40	03:35:42	+25:36	06:32
13	1131	Pedro Rocha	gondomar futsal clube	Senior Masculino	03:36:48	+26:42	06:34
14	1513	Carlos Daniel Loureiro Alves	multipower | gaia trail	Senior Masculino	03:37:41	+27:35	06:36
15	1014	Luis Miguel Costa Carvalho	amigos da montanha	Senior Masculino	03:39:01	+28:55	06:38
16	1002	João Pedro Pedrosa Nunes	multipower | gaia trail	Senior Masculino	03:39:52	+29:46	06:40
17	1087	Bruno Alcino Bessa Pinto	dr merino clínica médica	Senior Masculino	03:41:30	+31:24	06:43
18	1089	Luis Letra	dr merino clínica médica	Senior Masculino	03:42:01	+31:55	06:44
19	1077	Hugo ribeiro	corridas de pernas pro ar	Senior Masculino	03:43:38	+33:32	06:47
20	339	Víctor Emanuel de Castro Correia	individual	Veterano M40	03:47:46	+37:40	06:54
21	1104	Emanuel Tavares Silva	emicela team de cabo verde	Senior Masculino	03:48:31	+38:25	06:55
22	1418	Sérgio Jorge de Oliveira Gomes	individual	Veterano M40	03:48:36	+38:30	06:56
23	1606	Inuo Filipe Melo	run 4 all	Senior Masculino	03:51:16	+41:10	07:00
24	94	David Ferreira	dr merino clínica médica	Senior Masculino	03:52:48	+42:42	07:03
25	1109	sergio Gonçalves	ermida team	Senior Masculino	03:53:02	+42:56	07:04
26	1063	PEDRO MANUEL PEREIRA CASTRO	clube náutico de ponte de lima	Senior Masculino	03:53:08	+43:02	07:04
27	1090	Casimira Moura	dr merino clínica médica	Veterana F40	03:54:20	+44:14	07:06
28	1644	Filipe Miguel Grilo Teixeira	unidade especial de corrida	Senior Masculino	03:54:21	+44:15	07:06
29	9	Pedro Miguel Ferreira Henriques Simões	arsm - associação recreativa de s. miguel	Veterano M40	03:55:03	+44:57	07:07
30	1265	Nuno Machado	individual	Senior Masculino	03:55:35	+45:29	07:08
31	1240	Luis Filipe Salgado Oliveira ATRP 1504	individual	Senior Masculino	03:56:16	+46:10	07:10
32	1552	Miguel A.V.Ribeiro	"os saramagos"	Senior Masculino	03:56:29	+46:23	07:10
33	1083	Hugo Marante Lima	desnível positivo	Senior Masculino	03:56:44	+46:38	07:10
34	1045	Ricardo Tavares da Silva	ccd renault cacia	Senior Masculino	03:56:45	+46:39	07:10
35	1074	Ricardo Dias	corre conosco felgueiras	Senior Masculino	03:57:25	+47:19	07:12
36	1653	José Sá	satecnosol outdoor / lasportiva	Senior Masculino	03:57:30	+47:24	07:12
37	1294	Ricardo Teixeira	individual	Senior Masculino	04:00:18	+50:12	07:17
38	1167	Amaro Fernandes Torres da Costa	individual	Senior Masculino	04:00:49	+50:43	07:18
39	1076	Francisco Silva Lemos	corre conosco felgueiras	Veterano M50	04:01:25	+51:19	07:19
40	1110	David Gouveia	escaravelhos team	Senior Masculino	04:02:52	+52:46	07:22

TRAIL LONGO 33K - STAGE 1 — 33 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1514	Ivo Peko	multipower | gaia trail	Senior Masculino	04:03:08	+53:02	07:22
42	1381	José Ferreira	individual	Veterano M40	04:03:52	+53:46	07:23
43	1577	Pedro Miguel de Sousa Gabriel	pocariça runners	Senior Masculino	04:04:49	+54:43	07:25
44	1239	Alexandre Cantiga	proaventuras	Veterano M40	04:05:13	+55:07	07:26
45	1126	José Paulo Pereira Ribeiro	ginásio factor x	Veterano M40	04:09:22	+59:16	07:33
46	1163	José Manuel Fins	individual	Veterano M45	04:09:38	+59:32	07:34
47	1209	Filipe Saraiva Fernandes	individual	Senior Masculino	04:10:12	+01:00:06	07:35
48	257	Ricardo Manuel Santos Coutinho Barreiro	individual	Senior Masculino	04:10:53	+01:00:47	07:36
49	1641	LUIS ALEXANDRE	trilhos dos templários acr santa cita	Veterano M40	04:11:38	+01:01:32	07:38
50	1405	Paulo Rui da Costa Pereira	individual	Veterano M40	04:12:38	+01:02:32	07:39
51	1306	Sérgio Carneiro	individual	Senior Masculino	04:12:48	+01:02:42	07:40
52	1268	Nuno Teixeira	ginásio factor x	Senior Masculino	04:13:03	+01:02:57	07:40
53	1200	Eduardo Soares	individual	Senior Masculino	04:14:00	+01:03:54	07:42
54	1486	Bruno Dias	kemedo team	Senior Masculino	04:15:05	+01:04:59	07:44
55	1327	Fernando Luis Lopes Santos	escaravelhos team	Sub 23 Masculino	04:15:35	+01:05:29	07:45
56	1512	Bruno Fernando Alves Santiago	multipower | gaia trail	Senior Masculino	04:15:41	+01:05:35	07:45
57	1487	Filipe Sousa	kemedo team	Senior Masculino	04:16:12	+01:06:06	07:46
58	1490	Marcio Carvalho	kemedo team	Senior Masculino	04:16:12	+01:06:06	07:46
59	27	Paulo Alexandre de Almeida Nogueira	arsm - associação recreativa de s. miguel	Senior Masculino	04:16:31	+01:06:25	07:46
60	1642	PAULO FERREIRA	trilhos dos templários acr santa cita	Veterano M40	04:16:37	+01:06:31	07:47
61	1404	Paulo pires alves	individual	Veterano M40	04:17:53	+01:07:47	07:49
62	1055	Luis Miguel Alves Monteiro	clube desportivo da limpeza urbana	Veterano M40	04:17:59	+01:07:53	07:49
63	69	RAFAEL BRITO ABREU PEREIRA	clube náutico de ponte de lima	Senior Masculino	04:18:17	+01:08:11	07:50
64	1054	António Batista	clube de montanhismo de braga	Veterano M50	04:18:48	+01:08:42	07:51
65	1572	José Miguel Pais	passatempo bike team	Veterano M40	04:18:48	+01:08:42	07:51
66	1328	Nuno Pinto Ferreira Carmo	individual	Sub 23 Masculino	04:19:24	+01:09:18	07:52
67	1593	João Paulo Marques	proaventuras	Veterano M50	04:20:22	+01:10:16	07:53
68	1588	Amélia Costa	proaventuras	Veterana F45	04:20:23	+01:10:17	07:53
69	1635	Carlos Coelho	trail me	Senior Masculino	04:20:25	+01:10:19	07:53
70	1412	Ricardo Sérgio Estrela Lobo	individual	Veterano M40	04:20:28	+01:10:22	07:54
71	1218	João Filipe Simões	individual	Senior Masculino	04:21:37	+01:11:31	07:56
72	1431	Francisco Moure Fernandez	individual	Veterano M45	04:21:41	+01:11:35	07:56
73	1296	Rodrigo Quintal	o mundo da corrida	Senior Masculino	04:23:49	+01:13:43	08:00
74	1185	Carlos Alberto longras figueiredo	individual	Senior Masculino	04:24:08	+01:14:02	08:00
75	1064	ANTONIO JOSE COSTA BRITO FERREIRA	clube náutico de ponte de lima	Veterano M40	04:24:44	+01:14:38	08:01
76	1250	Marco Paulo Trindade Caraux de Sousa	individual	Senior Masculino	04:25:04	+01:14:58	08:02
77	1390	Duarte Barbosa	individual	Veterano M40	04:25:24	+01:15:18	08:03
78	1075	Eugénio Moreira	corre conosco felgueiras	Veterano M40	04:25:30	+01:15:24	08:03
79	1033	Ana Sousa	budeguita runners	Senior Feminino	04:25:55	+01:15:49	08:03
80	1311	Simão Matos	individual	Senior Masculino	04:26:00	+01:15:54	08:04
81	1533	Luis Manuel Silva	o mundo da corrida	Senior Masculino	04:27:21	+01:17:15	08:06
82	1204	Fernando Pinto	individual	Senior Masculino	04:27:22	+01:17:16	08:06
83	1538	Raquel Clemente Pedro	offtel runners	Veterana F40	04:27:42	+01:17:36	08:07

TRAIL LONGO 33K - STAGE 1 — 33 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	1134	HELDER SILVA	gtt - armazém do caffè	Senior Masculino	04:28:45	+01:18:39	08:09
85	1508	Paulo Açafrão	mountain trails	Veterano M45	04:29:28	+01:19:22	08:10
86	1324	Alexandre Blasques	individual	Sub 23 Masculino	04:30:35	+01:20:29	08:12
87	1215	Hélder Emanuel Leite Lemos	individual	Senior Masculino	04:31:23	+01:21:17	08:13
88	1307	Sérgio Daniel Costa Peixoto	individual	Senior Masculino	04:31:23	+01:21:17	08:13
89	1194	Claudio Pedro Melhorado Reininho	individual	Senior Masculino	04:32:11	+01:22:05	08:15
90	1124	Nélson Rodrigues	galhardos runners	Senior Masculino	04:32:27	+01:22:21	08:15
91	1106	Domingos dias	ermida team	Senior Masculino	04:32:30	+01:22:24	08:15
92	1364	FERNANDO CASTELA	individual	Veterano M40	04:33:04	+01:22:58	08:16
93	1547	paulo fernando Barbosa rodrigues pinheiro	os lebres btt sai da frente	Senior Masculino	04:33:35	+01:23:29	08:17
94	1264	Nuno de Oliveira	individual	Senior Masculino	04:34:03	+01:23:57	08:18
95	1413	Roberto Expósito Expósito	individual	Veterano M40	04:34:26	+01:24:20	08:19
96	1278	Pedro Filipe Dias Alves	individual	Senior Masculino	04:34:33	+01:24:27	08:19
97	1223	João Narciso	individual	Senior Masculino	04:34:47	+01:24:41	08:20
98	1092	Luís Jorge ribeiro de Carvalho	dr merino clínica médica	Veterano M45	04:34:54	+01:24:48	08:20
99	1237	leandro marco roxo pacheco	individual	Senior Masculino	04:35:47	+01:25:41	08:21
100	1256	Miguel do Nascimento	individual	Senior Masculino	04:36:21	+01:26:15	08:22
101	1373	João Antunes	individual	Veterano M40	04:36:31	+01:26:25	08:23
102	1062	SORAIA LIMA MONTEIRO	clube náutico de ponte de lima	Senior Feminino	04:36:56	+01:26:50	08:24
103	1419	Sérgio Lima	individual	Veterano M40	04:37:12	+01:27:06	08:24
104	1447	Manuel Emidio Rocha	individual	Veterano M45	04:37:15	+01:27:09	08:24
105	1517	Paulo Filipe Ferreira Madeira	multipower | gaia trail	Senior Masculino	04:37:19	+01:27:13	08:24
106	1004	Carla Cristina	clube da natureza de alvito	Veterana F40	04:37:31	+01:27:25	08:25
107	1610	Fernando Jorge da Costa Pereira	serrinha clube aventura	Senior Masculino	04:38:40	+01:28:34	08:27
108	1560	Nelson caldeira	os trinca espinhas	Senior Masculino	04:39:17	+01:29:11	08:28
109	95	Nuno Pinho	dr merino clínica médica	Senior Masculino	04:39:39	+01:29:33	08:28
110	1489	Manuel Costa	kemedo team	Senior Masculino	04:39:56	+01:29:50	08:29
111	1312	Tiago de Barros Faria Viana	individual	Senior Masculino	04:39:57	+01:29:51	08:29
112	1021	Pedro Batista	asas ao peito	Senior Masculino	04:40:09	+01:30:03	08:29
113	1113	João Vieira Mendes	fafe runners	Senior Masculino	04:40:44	+01:30:38	08:30
114	1210	FRANCISCO ISMAEL MONIZ CARNEIRO	individual	Senior Masculino	04:40:52	+01:30:46	08:31
115	1394	Miguel Bastos dos Santos	individual	Veterano M40	04:41:13	+01:31:07	08:31
116	1258	Miguel Ribeiro	individual	Senior Masculino	04:41:18	+01:31:12	08:31
117	1634	José Miguel Machado Marques dos Santos	trail do sarilho - cantanhede	Veterano M40	04:41:18	+01:31:12	08:31
118	1149	Estela Martins	individual	Senior Feminino	04:41:21	+01:31:15	08:32
119	1032	Alexandra Fernandes	boavista f.c.	Veterana F45	04:41:21	+01:31:15	08:32
120	1335	Vítor Lima	all about	Veterano M45	04:41:40	+01:31:34	08:32
121	1290	Renato Reis	individual	Senior Masculino	04:42:18	+01:32:12	08:33
122	1506	Lurdes Gil	mountain trails	Veterana F40	04:42:40	+01:32:34	08:34
123	1595	Paulo Jaime Monteiro	qqép	Senior Masculino	04:42:42	+01:32:36	08:34
124	93	Liliana Gomes	dr merino clínica médica	Senior Feminino	04:44:58	+01:34:52	08:38
125	1184	Bruno Resende	individual	Senior Masculino	04:45:20	+01:35:14	08:39
126	1509	Diogo João	multipower | gaia trail	Senior Masculino	04:46:10	+01:36:04	08:40
127	1276	Pedro Costa	individual	Senior Masculino	04:46:14	+01:36:08	08:40

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	1354	Álvaro antonio Sousa leite Silva	individual	Veterano M40	04:46:14	+01:36:08	08:40
129	1463	Arnaldo Santos	ko trail running	Veterano M50	04:46:19	+01:36:13	08:41
130	1372	Hugo Manuel Gallego Machado Sousa Brito	individual	Veterano M40	04:46:21	+01:36:15	08:41
131	1546	adelino barbosa rodrigues pinheiro	os lebres btt sai da frente	Senior Masculino	04:46:24	+01:36:18	08:41
132	1529	Mauro Cardoso	nocturnos de paredes	Senior Masculino	04:46:37	+01:36:31	08:41
133	172	Armando Filipe Vieira dos Santos	individual	Senior Masculino	04:46:39	+01:36:33	08:41
134	1637	Miguel Araújo	trail me	Veterano M45	04:46:50	+01:36:44	08:42
135	1445	Luís Silva	individual	Veterano M45	04:47:07	+01:37:01	08:42
136	1478	JOSE EUFRASIO	individual	Veterano M60	04:48:16	+01:38:10	08:44
137	525	Duarte Oliveira	desnível positivo	Senior Masculino	04:48:31	+01:38:25	08:45
138	1530	Sergio Vale	nocturnos de paredes	Senior Masculino	04:48:38	+01:38:32	08:45
139	1548	DANIEL LEOCADIO NETTO	os nettos	Senior Masculino	04:49:02	+01:38:56	08:46
140	1228	Joaquim José de Sousa Loureiro Gonçalves	individual	Senior Masculino	04:50:24	+01:40:18	08:48
141	1631	Ricardo Dantas	team duas faces	Senior Masculino	04:50:26	+01:40:20	08:48
142	1176	António Balinho Almeida	individual	Senior Masculino	04:50:28	+01:40:22	08:48
143	1367	Francisco Pinheiro	individual	Veterano M40	04:50:40	+01:40:34	08:48
144	1195	Dário Silva	individual	Senior Masculino	04:50:51	+01:40:45	08:49
145	1438	José Carvalho Gomes	individual	Veterano M45	04:50:53	+01:40:47	08:49
146	1499	Susana Maria Silva Costa	minho aventura	Senior Feminino	04:50:54	+01:40:48	08:49
147	1532	Vera Bizarro	o mundo da corrida	Senior Feminino	04:51:04	+01:40:58	08:49
148	1639	RICARDO PENEDO	trilhos d'aventura	Senior Masculino	04:51:18	+01:41:12	08:50
149	1061	ANA CRISTINA ALVES MIRANDA	clube náutico de ponte de lima	Senior Feminino	04:51:42	+01:41:36	08:50
150	1616	Lieven Verraest	sunday training	Veterano M45	04:52:42	+01:42:36	08:52
151	1424	`Paulo Jorge Loureiro	individual	Veterano M45	04:52:51	+01:42:45	08:52
152	1273	Paulo Machado	individual	Senior Masculino	04:52:58	+01:42:52	08:53
153	1281	Pedro Miguel Silvério da Cruz	individual	Senior Masculino	04:53:54	+01:43:48	08:54
154	1066	Pedro Leandro Nogueira	clube vodafone	Senior Masculino	04:53:55	+01:43:49	08:54
155	1098	Paulo Pedra	edv - viana trail	Veterano M40	04:54:10	+01:44:04	08:55
156	1274	Paulo Sousa	individual	Senior Masculino	04:54:16	+01:44:10	08:55
157	1201	Emanuel Moreira da Costa	individual	Senior Masculino	04:55:15	+01:45:09	08:57
158	1504	Gil Andrade	mountain trails	Senior Masculino	04:55:39	+01:45:33	08:58
159	1135	Maria Elisa Salgueiro dos Santos	gurus	Senior Feminino	04:56:25	+01:46:19	08:59
160	1379	José António Pinto Lourenço	individual	Veterano M40	04:56:44	+01:46:38	09:00
161	1313	Tiago Gregorio	individual	Senior Masculino	04:56:52	+01:46:46	09:00
162	1248	Marco Baltazar Manso Ferreira	individual	Senior Masculino	04:56:52	+01:46:46	09:00
163	1522	Joana Raio Esperanço	nel - pédatleta	Senior Feminino	04:57:32	+01:47:26	09:01
164	1069	Gonçalo Filipe Neves Padilha	coimbra trail running	Senior Masculino	04:57:33	+01:47:27	09:01
165	1437	José Carlos da Silva Catarino	individual	Veterano M45	04:57:37	+01:47:31	09:01
166	1224	João Navarro Faria	individual	Senior Masculino	04:57:45	+01:47:39	09:01
167	1043	Marcelo Silva	carapaus de corrida	Veterano M40	04:57:49	+01:47:43	09:01
168	1068	Susana Andrade	coimbra trail running	Senior Feminino	04:57:49	+01:47:43	09:01
169	1180	Bruno Filipe Ribeiro Ferreira	individual	Senior Masculino	04:58:06	+01:48:00	09:02
170	1245	Márcio Cruz	individual	Senior Masculino	04:58:18	+01:48:12	09:02
171	1455	Pedro Leitão Nunes	individual	Veterano M45	04:58:47	+01:48:41	09:03
172	1484	Vítor Silva	invicta runners team	Veterano M45	04:58:56	+01:48:50	09:04

TRAIL LONGO 33K - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	1414	Rui Manuel Oliveira Laranjeiro	individual	Veterano M40	04:59:21	+01:49:15	09:04
174	1491	Pedro Marques	kemedo team	Senior Masculino	04:59:47	+01:49:41	09:05
175	1303	Rui Nuno Silva	individual	Senior Masculino	04:59:52	+01:49:46	09:05
176	1578	vitor martins	pocariça runners	Veterano M40	05:00:07	+01:50:01	09:06
177	1425	António José Carmo	individual	Veterano M45	05:00:29	+01:50:23	09:06
178	1253	Michael Granadeiro	individual	Senior Masculino	05:00:47	+01:50:41	09:07
179	1466	João Paulo Rocha	individual	Veterano M50	05:00:48	+01:50:42	09:07
180	1452	nuno cáceres	individual	Veterano M45	05:00:50	+01:50:44	09:07
181	1497	Celestino Manuel Soares Gomes	melres trail running - ordem para arriar	Senior Masculino	05:00:57	+01:50:51	09:07
182	1211	Francisco João da Silva Alves	individual	Senior Masculino	05:01:03	+01:50:57	09:07
183	1031	Carlos Carvalho	blip.pt	Senior Masculino	05:01:23	+01:51:17	09:08
184	1094	Iva Campelo	edv - viana trail	Senior Feminino	05:01:30	+01:51:24	09:08
185	1643	António Ferreira	turbulentos	Veterano M50	05:01:31	+01:51:25	09:08
186	1615	Joel Simplício	sunday training	Senior Masculino	05:01:35	+01:51:29	09:08
187	1488	Helder Gomes	kemedo team	Senior Masculino	05:01:49	+01:51:43	09:09
188	1510	Cristina Isabel Mendes Oliveira Dias	multipower | gaia trail	Senior Feminino	05:03:29	+01:53:23	09:12
189	1399	Nuno Jose Fonseca Freitas	individual	Veterano M40	05:03:29	+01:53:23	09:12
190	1024	Tiago Sousa	associação desportiva da efacec	Senior Masculino	05:04:45	+01:54:39	09:14
191	1117	Joaquim vaz	fafe runners	Veterano M40	05:04:48	+01:54:42	09:14
192	1632	Rui Andrade	team duas faces	Veterano M40	05:05:47	+01:55:41	09:16
193	70	ANDREIA CARVALHO CUNHA	clube náutico de ponte de lima	Sub 23 Feminino	05:05:49	+01:55:43	09:16
194	1371	Helder Carvalho	individual	Veterano M40	05:05:51	+01:55:45	09:16
195	1065	ALVARO ARAUJO	clube náutico de ponte de lima	Veterano M50	05:05:53	+01:55:47	09:16
196	1511	André Peixoto Costa Assunção	multipower | gaia trail	Senior Masculino	05:05:57	+01:55:51	09:16
197	1119	Fernando Jorge Oliveira	ffit gaia trail	Veterano M45	05:06:09	+01:56:03	09:17
198	1636	Antonio Coelho	trail me	Veterano M40	05:06:29	+01:56:23	09:17
199	216	Márcio Quintas	individual	Senior Masculino	05:06:37	+01:56:31	09:17
200	1402	osvaldo tomé ramos rebelo	individual	Veterano M40	05:06:39	+01:56:33	09:18
201	1432	Francisco Nogueira	individual	Veterano M45	05:06:51	+01:56:45	09:18
202	1322	Zé Piçarra	individual	Senior Masculino	05:06:54	+01:56:48	09:18
203	1426	Carlos Freixo	individual	Veterano M45	05:06:55	+01:56:49	09:18
204	1219	João Inácio	individual	Senior Masculino	05:06:58	+01:56:52	09:18
205	1162	ROSA ALEXANDRA DA CUNHA BORGES ALVES	individual	Senior Feminino	05:07:30	+01:57:24	09:19
206	1182	Bruno Luis Rodruigues Lima	individual	Senior Masculino	05:07:30	+01:57:24	09:19
207	1655	Ana Vieira	satecnosol outdoor / lasportiva	Senior Feminino	05:08:42	+01:58:36	09:21
208	1291	Ricardo Jorge Teixeira Duarte	individual	Senior Masculino	05:09:11	+01:59:05	09:22
209	1257	Miguel Pimenta	individual	Senior Masculino	05:09:34	+01:59:28	09:23
210	1564	José Velez	os trinca espinhas	Veterano M55	05:09:47	+01:59:41	09:23
211	1567	JOEL ALPOIM CARIDADE	padela natural team	Senior Masculino	05:09:50	+01:59:44	09:23
212	1481	João Miguel Pereira Ferreira	inquipa trail sorriso	Veterano M40	05:09:59	+01:59:53	09:24
213	1177	Antonio Manuel de Araújo Mendes	individual	Senior Masculino	05:10:08	+02:00:02	09:24
214	493	Rui Santos Pereira	shots international runners	Senior Masculino	05:10:11	+02:00:05	09:24
215	1009	Rui Martins	afa trail	Veterano M40	05:10:27	+02:00:21	09:24
216	1305	Rui Rocha	individual	Senior Masculino	05:10:36	+02:00:30	09:25

TRAIL LONGO 33K - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
217	1480	Paulo Alexandre Gonçalves Rocha de Matos	inquipa trail sorriso	Senior Masculino	05:10:38	+02:00:32	09:25
218	34	João Poças	bikes & friends	Senior Masculino	05:11:28	+02:01:22	09:26
219	1028	José Luis Machado Loureiro	autistic runners	Veterano M50	05:11:55	+02:01:49	09:27
220	1095	Sonia Parente	edv - viana trail	Senior Feminino	05:12:11	+02:02:05	09:28
221	1034	Rui Airosa	budeguita runners	Senior Masculino	05:14:14	+02:04:08	09:31
222	1107	Eric Carvalho	ermida team	Senior Masculino	05:14:17	+02:04:11	09:31
223	1410	Raul Curva	individual	Veterano M40	05:14:17	+02:04:11	09:31
224	1146	Cristiana Esteves	individual	Senior Feminino	05:14:18	+02:04:12	09:31
225	1400	Nuno Oliveira e Silva	individual	Veterano M40	05:14:25	+02:04:19	09:32
226	1118	António Machado	ffit gaia trail	Veterano M40	05:14:42	+02:04:36	09:32
227	1598	luis ramos	rainha club	Senior Masculino	05:15:22	+02:05:16	09:33
228	1259	Nelson Antunes Lopes	individual	Senior Masculino	05:16:24	+02:06:18	09:35
229	1285	Pedro Ricardo Pacheco Fernandes	individual	Senior Masculino	05:16:38	+02:06:32	09:36
230	1519	João Graça	global news	Veterano M40	05:17:22	+02:07:16	09:37
231	1342	Sandra Miranda	individual	Veterana F40	05:18:55	+02:08:49	09:40
232	1360	Carlos Bruno da Silva Santiago Vieira Grade	individual	Veterano M40	05:19:16	+02:09:10	09:40
233	1576	Hugo Miguel Pereira Fernandes	pocariça runners	Senior Masculino	05:19:24	+02:09:18	09:41
234	1534	Pedro Pinto	o mundo da corrida	Senior Masculino	05:19:52	+02:09:46	09:42
235	1346	Irene Azevedo Monte	individual	Veterana F45	05:19:56	+02:09:50	09:42
236	1267	Nuno Paulino	individual	Senior Masculino	05:20:06	+02:10:00	09:42
237	1605	Francisco Costa	rosário extreme	Veterano M50	05:20:10	+02:10:04	09:42
238	1266	Nuno Maia	individual	Senior Masculino	05:20:27	+02:10:21	09:43
239	1013	paulo leite	all about	Veterano M50	05:20:35	+02:10:29	09:43
240	504	Mário Fernandes	thermoplay portugal	Veterano M40	05:20:43	+02:10:37	09:43
241	1537	Vitor Pereira	offtel runners	Senior Masculino	05:20:44	+02:10:38	09:43
242	1470	Manuel Oliveira	individual	Veterano M50	05:20:46	+02:10:40	09:43
243	1476	José Manuel Oliveira	individual	Veterano M55	05:20:55	+02:10:49	09:43
244	1341	Rita Fernandes	individual	Veterana F40	05:21:00	+02:10:54	09:44
245	171	António Ricardo Silva	individual	Senior Masculino	05:21:03	+02:10:57	09:44
246	1150	FILIPA CANCELA	individual	Senior Feminino	05:21:36	+02:11:30	09:45
247	1459	Ricardo Sá	individual	Veterano M45	05:21:44	+02:11:38	09:45
248	1027	António José Machado Loureiro	autistic runners	Veterano M45	05:21:56	+02:11:50	09:45
249	1479	Bruno Miguel Semedo Charrinho	inijovem	Senior Masculino	05:22:04	+02:11:58	09:46
250	1456	Pedro Valente	inijovem	Veterano M45	05:22:04	+02:11:58	09:46
251	1133	Luis oliveira	grupo desportivo santander totta	Veterano M40	05:22:55	+02:12:49	09:47
252	1540	Luís Lages	offtel runners	Veterano M45	05:23:03	+02:12:57	09:47
253	1097	André Saleiro	edv - viana trail	Veterano M40	05:23:08	+02:13:02	09:48
254	1159	Mariana Ballester	individual	Senior Feminino	05:23:09	+02:13:03	09:48
255	1019	porfirio da silva pereira	aqui vamos nós!	Veterano M40	05:23:48	+02:13:42	09:49
256	1523	Aurélio Gonçalves Coelho Silva	nel - pédatleta	Senior Masculino	05:24:23	+02:14:17	09:50
257	1079	Tiago Frtuoso	corridas de pernas pro ar	Senior Masculino	05:24:48	+02:14:42	09:51
258	1384	José Pedro Conde Pinto da Silva	individual	Veterano M40	05:24:50	+02:14:44	09:51
259	1561	António Manuel Carita Franco	os trinca espinhas	Veterano M55	05:25:25	+02:15:19	09:52
260	1207	Filipe Honório	individual	Senior Masculino	05:25:43	+02:15:37	09:52
261	1355	Americo Areias	individual	Veterano M40	05:25:55	+02:15:49	09:53

TRAIL LONGO 33K - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
262	1339	Paula Mainhas	individual	Veterana F40	05:25:56	+02:15:50	09:53
263	1411	Ricardo Mainhas	individual	Veterano M40	05:25:56	+02:15:50	09:53
264	1550	Miguel Pereira	os rotos	Veterano M45	05:26:08	+02:16:02	09:53
265	1495	Sérgio Teixeira	maiacrossteam	Senior Masculino	05:26:19	+02:16:13	09:53
266	1128	Nuno Lopes	global news	Senior Masculino	05:26:19	+02:16:13	09:53
267	1213	Geraldo Santos	individual	Senior Masculino	05:26:25	+02:16:19	09:53
268	1440	José Moreira	individual	Veterano M45	05:26:49	+02:16:43	09:54
269	335	rui manuel da silva gomes	gd os ribeirinhos	Veterano M40	05:26:50	+02:16:44	09:54
270	1592	Sérgio Casal	proaventuras	Veterano M45	05:27:31	+02:17:25	09:55
271	1144	Catarina Costa	individual	Senior Feminino	05:28:15	+02:18:09	09:57
272	264	Pedro Lizardo	monsanto running team	Senior Masculino	05:28:17	+02:18:11	09:57
273	1542	Hugo Edgar Macedo Peixoto Pereira	one soul crossfit	Senior Masculino	05:28:59	+02:18:53	09:58
274	1370	Frank Manuel Domingues	individual	Veterano M40	05:29:28	+02:19:22	09:59
275	1078	Paulino Alves	corridas de pernas pro ar	Senior Masculino	05:29:28	+02:19:22	09:59
276	377	José Manuel Fernandes Ferreira	individual	Veterano M50	05:29:46	+02:19:40	10:00
277	1391	Luis Nuno Santos	afis ovar	Veterano M40	05:29:55	+02:19:49	10:00
278	1406	Paulo Seabra	individual	Veterano M40	05:30:08	+02:20:02	10:00
279	1023	Miguel Cruz	associação desportiva da efacec	Senior Masculino	05:30:10	+02:20:04	10:00
280	1025	Mário Ferreira	associação desportiva da efacec	Veterano M40	05:30:16	+02:20:10	10:00
281	1471	MARIO COSTA	individual	Veterano M50	05:30:16	+02:20:10	10:00
282	1108	Martinho Dias	ermida team	Senior Masculino	05:30:25	+02:20:19	10:01
283	1549	NUNO MIGUEL LEOCADIO NETTO	os nettos	Senior Masculino	05:30:37	+02:20:31	10:01
284	1417	Sergio Fernández Rodríguez	individual	Veterano M40	05:31:12	+02:21:06	10:02
285	1142	blandine craveiro	individual	Senior Feminino	05:31:58	+02:21:52	10:04
286	1583	MANUELA FARIA	portocargo	Veterana F45	05:32:37	+02:22:31	10:05
287	1580	DANIEL RAMALHAO	portocargo	Senior Masculino	05:32:37	+02:22:31	10:05
288	1386	Luis Pedro	individual	Veterano M40	05:32:48	+02:22:42	10:05
289	390	Manuel Faria Sampaio	individual	Veterano M60	05:33:21	+02:23:15	10:06
290	1208	Filipe Medeiros Guedes Fonseca	individual	Senior Masculino	05:34:24	+02:24:18	10:08
291	1349	Paula Chaves	locomotiva de paranhos	Veterana F45	05:35:26	+02:25:20	10:10
292	1093	Anabela Lobato Torres Santos Silva	edv - viana trail	Senior Feminino	05:35:44	+02:25:38	10:10
293	1252	Mauro Fernando Lopes da Silva	individual	Senior Masculino	05:35:45	+02:25:39	10:10
294	1179	António Sérgio Soares Machado	individual	Senior Masculino	05:35:48	+02:25:42	10:11
295	1493	Rui Mesquita	ko trail running	Senior Masculino	05:35:57	+02:25:51	10:11
296	1469	Manuel Malheiro Coelho	individual	Veterano M50	05:36:33	+02:26:27	10:12
297	1301	Rui Miguel de Oliveira Faria	individual	Senior Masculino	05:36:35	+02:26:29	10:12
298	1326	Frederico Brito e Cunha Vela Pinto	individual	Sub 23 Masculino	05:37:10	+02:27:04	10:13
299	1251	Marino Fábio Reis Rodrigues	individual	Senior Masculino	05:37:10	+02:27:04	10:13
300	1085	Miguel Oliveira	desportivo atlético recardães	Senior Masculino	05:37:12	+02:27:06	10:13
301	1284	Pedro Pessoa	individual	Senior Masculino	05:37:30	+02:27:24	10:14
302	1457	pedro viana	individual	Veterano M45	05:38:03	+02:27:57	10:15
303	1168	André Cunha	i-run	Senior Masculino	05:38:03	+02:27:57	10:15
304	1450	Miguel Magalhaes	individual	Veterano M45	05:38:03	+02:27:57	10:15
305	1229	Jorge Filipe Gamboa Faustino	individual	Senior Masculino	05:38:06	+02:28:00	10:15

TRAIL LONGO 33K - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
306	1035	Ana Dias	budeguita runners	Veterana F40	05:39:01	+02:28:55	10:16
307	1037	Maria do Carmo Loureiro	budeguita runners	Veterana F40	05:39:02	+02:28:56	10:16
308	1129	Pedro Gavina	global news	Veterano M40	05:39:08	+02:29:02	10:17
309	1351	Maria Manuela Machado	individual	Veterana F50	05:39:27	+02:29:21	10:17
310	1125	Rui Manuel Campos Viegas	galhardos runners	Senior Masculino	05:39:47	+02:29:41	10:18
311	1310	Sílvio Filipe Borges Furtado	individual	Senior Masculino	05:40:02	+02:29:56	10:18
312	1337	Lina Rosa	individual	Veterana F40	05:40:21	+02:30:15	10:19
313	1392	Manuel Jorge Alves do Nascimento	individual	Veterano M40	05:40:22	+02:30:16	10:19
314	1515	Hugo Miguel Mendes Gonçalves	multipower | gaia trail	Senior Masculino	05:40:22	+02:30:16	10:19
315	1526	Vitor Silva Dinis	nel - pédatleta	Veterano M40	05:41:55	+02:31:49	10:22
316	1041	Diego Fernandez Lopez	bugallas mobles & victor pazos	Senior Masculino	05:42:17	+02:32:11	10:22
317	1369	FRANCISCO SOUTO ALVAREZ	individual	Veterano M40	05:42:38	+02:32:32	10:23
318	1380	José Carlos Vázquez Míguez	individual	Veterano M40	05:42:39	+02:32:33	10:23
319	229	Nelson Manuel Ferreira Marques	individual	Senior Masculino	05:42:43	+02:32:37	10:23
320	1155	Leonor Tato	individual	Senior Feminino	05:42:59	+02:32:53	10:24
321	1475	Joaquim Alberto Oliveira Gonçalves	individual	Veterano M55	05:43:07	+02:33:01	10:24
322	1269	Nuno Teixeira	individual	Senior Masculino	05:43:08	+02:33:02	10:24
323	1026	Hugo José Bastos Medeiros	atlético clube batalha	Senior Masculino	05:43:28	+02:33:22	10:24
324	1350	Virgínia Pereira	individual	Veterana F45	05:43:40	+02:33:34	10:25
325	1465	Fernando Carvalho Marques	individual	Veterano M50	05:43:52	+02:33:46	10:25
326	13	Nuno Miguel Reforço de Sousa Gião	accvcavi	Veterano M40	05:44:21	+02:34:15	10:26
327	1315	Vasco Miguel Oliveira	individual	Senior Masculino	05:44:27	+02:34:21	10:26
328	1242	Luis Miguel Araújo Pedrosa	individual	Senior Masculino	05:44:32	+02:34:26	10:26
329	1047	Susana Lobo Santos	chegamos ao fim	Veterana F45	05:44:33	+02:34:27	10:26
330	1556	Helena Janeiro	os trinca espinhas	Senior Feminino	05:44:34	+02:34:28	10:26
331	1300	Rui Loureiro Marques	individual	Senior Masculino	05:44:35	+02:34:29	10:27
332	1541	Fátima Cristina Figueiredo Oliveira	one soul crossfit	Senior Feminino	05:44:43	+02:34:37	10:27
333	1010	David Sousa	all about	Veterano M40	05:45:06	+02:35:00	10:27
334	1053	Américo Gomes	clube atletismo lamas	Veterano M40	05:45:13	+02:35:07	10:28
335	227	Miguel Torgal	individual	Senior Masculino	05:45:20	+02:35:14	10:28
336	1145	Claudia Sousa	individual	Senior Feminino	05:45:20	+02:35:14	10:28
337	1186	Carlos Alberto Peixoto Soares	individual	Senior Masculino	05:45:42	+02:35:36	10:29
338	1361	Luisa Almeida	tartarugas do asfalto	Veterana F50	05:45:46	+02:35:40	10:29
339	1387	Luís Barata da Rocha	individual	Veterano M40	05:45:59	+02:35:53	10:29
340	1627	Andreia Costa	tartarugas solidárias	Senior Feminino	05:46:08	+02:36:02	10:29
341	1628	Carla Mendes	tartarugas solidárias	Senior Feminino	05:46:08	+02:36:02	10:29
342	1573	Carla Costa	passatempo bike team	Veterana F40	05:46:22	+02:36:16	10:30
343	1571	Jaime Beato	passatempo bike team	Veterano M40	05:46:22	+02:36:16	10:30
344	1368	Francisco Reis	individual	Veterano M40	05:46:32	+02:36:26	10:30
345	1272	Paulo Festa	individual	Senior Masculino	05:47:16	+02:37:10	10:31
346	1436	João Cid Alves	individual	Veterano M45	05:48:10	+02:38:04	10:33
347	1325	BRUNO FERREIRA	individual	Sub 23 Masculino	05:48:12	+02:38:06	10:33
348	1044	João Lopes	casa de romão _ amares	Senior Masculino	05:48:16	+02:38:10	10:33
349	1029	Sandra Pera	bikes & friends	Senior Feminino	05:48:18	+02:38:12	10:33
350	1070	Edgar Semedo	coimbra trail running	Veterano M40	05:49:13	+02:39:07	10:35

TRAIL LONGO 33K - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
351	379	Rui Pedro Chaves Ferreira	individual	Veterano M50	05:49:48	+02:39:42	10:36
352	1084	Celso Morreira	desportivo atlético recardães	Senior Masculino	05:49:59	+02:39:53	10:36
353	1138	Alice Capelas	individual	Senior Feminino	05:50:08	+02:40:02	10:37
354	372	Celso Silva Araújo	individual	Veterano M50	05:50:24	+02:40:18	10:37
355	1112	Manuel Cunha Lima	experienciar/ farmácia de vila cova / centro recuperação diogo cardoso	Veterano M55	05:51:13	+02:41:07	10:39
356	1599	pedro henriques	rainha club	Senior Masculino	05:51:19	+02:41:13	10:39
357	1596	claudia silva	rainha club	Senior Feminino	05:51:19	+02:41:13	10:39
358	1597	sara santos	rainha club	Senior Feminino	05:51:19	+02:41:13	10:39
359	1052	Tiago José Pacheco Alves de Oliveira	ckpb - clube kayak polo barra	Senior Masculino	05:51:21	+02:41:15	10:39
360	1050	NUNO FREDERICO HENRIQUES TRINDADE	ckpb - clube kayak polo barra	Senior Masculino	05:51:36	+02:41:30	10:39
361	1403	Paulo Jorge Martins Rodrigues	individual	Veterano M40	05:51:46	+02:41:40	10:40
362	1197	Diogo Costa	individual	Senior Masculino	05:51:46	+02:41:40	10:40
363	533	Xénia Betsabé Sousa Alves da Silva Graça	individual	Veterana F40	05:52:01	+02:41:55	10:40
364	1612	Sandra Faria	shots international runners	Senior Feminino	05:52:50	+02:42:44	10:42
365	1566	Graça Roldão	os tugas	Veterana F50	05:53:24	+02:43:18	10:43
366	1304	Rui Raposo	individual	Senior Masculino	05:53:38	+02:43:32	10:43
367	313	Jorge Pinto	individual	Veterano M40	05:53:52	+02:43:46	10:43
368	1589	Maria Martins	proaventuras	Veterana F45	05:54:15	+02:44:09	10:44
369	1590	João Nuno Fonseca	proaventuras	Veterano M45	05:54:15	+02:44:09	10:44
370	463	Miguel Coelho	proaventuras	Senior Masculino	05:54:16	+02:44:10	10:44
371	1198	Diogo Dias	individual	Senior Masculino	05:54:22	+02:44:16	10:44
372	1232	José Filipe da Costa	individual	Senior Masculino	05:54:53	+02:44:47	10:45
373	1434	Humberto Fontes	individual	Veterano M45	05:55:16	+02:45:10	10:46
374	1448	Manuel Rodrigues	individual	Veterano M45	05:55:20	+02:45:14	10:46
375	1080	Sara filipa marques paula reis	curcuminas	Senior Feminino	05:55:48	+02:45:42	10:47
376	1081	Miguel nobre contreras lopes	curcuminas	Senior Masculino	05:55:49	+02:45:43	10:47
377	1018	Filipe Cunha	aqui vamos nós!	Senior Masculino	05:55:58	+02:45:52	10:47
378	1334	Fatima Martins	individual	Veterana F40	05:56:01	+02:45:55	10:47
379	1365	Filipe Gonçalves	individual	Veterano M40	05:56:09	+02:46:03	10:48
380	210	Jorge Correia	individual	Senior Masculino	05:56:22	+02:46:16	10:48
381	1569	Marília Noro	papa trilhos	Senior Feminino	05:56:35	+02:46:29	10:48
382	1362	Dinis Gonçalves	multipower | gaia trail	Veterano M40	05:56:36	+02:46:30	10:48
383	1657	Luis Afonso	individual	Veterano M40	05:56:47	+02:46:41	10:49
384	1439	jose mendes	individual	Veterano M45	05:56:54	+02:46:48	10:49
385	1192	Cláudio António Pereira Coelho Teixeira	individual	Senior Masculino	05:57:46	+02:47:40	10:50
386	1604	José Leal	rosário extreme	Veterano M40	05:57:47	+02:47:41	10:51
387	1516	José Henrique Pinto de Oliveira	multipower | gaia trail	Senior Masculino	05:58:05	+02:47:59	10:51
388	1345	Manuel Teixeira	individual	Veterano M45	05:58:19	+02:48:13	10:51
389	1485	António Santos Pereira	invicta runners team	Veterano M55	05:58:31	+02:48:25	10:52
390	1584	Antonio Pereira	portocargo	Veterano M40	05:58:32	+02:48:26	10:52
391	1385	josé Pedro Pinto Silva	individual	Veterano M40	05:59:02	+02:48:56	10:53
392	1344	Cristina Maria Fundevila Teixeira	individual	Veterana F45	05:59:02	+02:48:56	10:53
393	1453	Paulo Azevedo	individual	Veterano M45	05:59:03	+02:48:57	10:53

TRAIL LONGO 33K - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
394	1338	Patricia Encarnacao	individual	Veterana F40	05:59:26	+02:49:20	10:54
395	1498	MIGUEL CAROUNHO	miguel carounho	Veterano M40	05:59:44	+02:49:38	10:54
396	1261	Nuno Alves	individual	Senior Masculino	06:00:12	+02:50:06	10:55
397	1449	Miguel Duarte	individual	Veterano M45	06:00:13	+02:50:07	10:55
398	1235	José Rafael Correia Pires	individual	Senior Masculino	06:00:23	+02:50:17	10:55
399	1017	Antonio Fernandes	antonio fernandes	Veterano M50	06:00:38	+02:50:32	10:56
400	1502	Paulo Pires	moreira relax runners	Senior Masculino	06:01:41	+02:51:35	10:58
401	1558	António Perinha	os trinca espinhas	Senior Masculino	06:01:50	+02:51:44	10:58
402	1557	André Relvas	os trinca espinhas	Senior Masculino	06:01:51	+02:51:45	10:58
403	1611	Zé Cóias	serviços sociais do montepio	Senior Masculino	06:01:51	+02:51:45	10:58
404	1316	Vitor Costa	individual	Senior Masculino	06:01:51	+02:51:45	10:58
405	1582	NUNO TEIXEIRA	portocargo	Senior Masculino	06:01:54	+02:51:48	10:58
406	250	Pedro Ribeiro	individual	Senior Masculino	06:02:38	+02:52:32	10:59
407	1374	Joao Barbosa	individual	Veterano M40	06:03:22	+02:53:16	11:01
408	1132	Paulo Alves	gondomar futsal clube	Veterano M40	06:03:40	+02:53:34	11:01
409	1286	Pedro Serra	individual	Senior Masculino	06:03:54	+02:53:48	11:02
410	1629	Gonçalo Rosado	tartarugas solidárias	Senior Masculino	06:03:54	+02:53:48	11:02
411	1051	Paulo Planche	ckpb - clube kayak polo barra	Senior Masculino	06:04:06	+02:54:00	11:02
412	512	Paulo Manuel Marques Valente	trailistas “eu é que sei!”	Veterano M50	06:04:59	+02:54:53	11:04
413	1422	Vitor santos	individual	Veterano M40	06:04:59	+02:54:53	11:04
414	1234	José Paulo Santos	individual	Senior Masculino	06:06:12	+02:56:06	11:06
415	1467	Manuel Carlos Oliveira Ferreira	individual	Veterano M50	06:06:31	+02:56:25	11:06
416	1140	Ana Torres	individual	Senior Feminino	06:06:32	+02:56:26	11:06
417	1430	Fernando Paulo Monteiro	individual	Veterano M45	06:06:33	+02:56:27	11:06
418	1012	Philip Manteigas	all about	Senior Masculino	06:06:39	+02:56:33	11:07
419	1039	Rodolfo Melo de Sousa	budeguita runners	Veterano M40	06:06:46	+02:56:40	11:07
420	1333	CRISTINA QUELHAS	individual	Veterana F40	06:07:09	+02:57:03	11:08
421	288	Sandra Marina Pereira Simões	run 4 fun	Veterana F45	06:08:21	+02:58:15	11:10
422	1473	Ruben António Costa	individual	Veterano M50	06:08:22	+02:58:16	11:10
423	1594	José Botelho Duarte	qqép	Senior Masculino	06:08:55	+02:58:49	11:11
424	1241	Luís Gonçalves	individual	Senior Masculino	06:09:10	+02:59:04	11:11
425	1178	Antonio Marinho	individual	Senior Masculino	06:09:12	+02:59:06	11:11
426	329	Paulo Alexandre Bernardino Raposo	individual	Veterano M40	06:09:26	+02:59:20	11:12
427	1277	Pedro Ferreia	individual	Senior Masculino	06:10:42	+03:00:36	11:14
428	1139	Ana Cristina Pereira da Rosa	individual	Senior Feminino	06:10:50	+03:00:44	11:14
429	1458	rafael gutierrezaraujo	individual	Veterano M45	06:12:04	+03:01:58	11:16
430	1151	Helena Maria Rodrigues Ferreira	individual	Senior Feminino	06:12:21	+03:02:15	11:17
431	1170	André Ferreira Costa Carvalho	individual	Senior Masculino	06:12:25	+03:02:19	11:17
432	475	Edgar Serrano	rompetocas rt	Senior Masculino	06:12:55	+03:02:49	11:18
433	1356	ANTONIO RAMOS	individual	Veterano M40	06:12:59	+03:02:53	11:18
434	1309	sergio miguel ferreira costa	individual	Senior Masculino	06:14:24	+03:04:18	11:21
435	1575	ILIDIO PIRES	pentelheiros runners	Veterano M40	06:14:25	+03:04:19	11:21
436	1624	Carla Mota	tartarugas do asfalto	Veterana F40	06:14:25	+03:04:19	11:21
437	1574	Elisabete Araujo	pentelheiros runners	Senior Feminino	06:14:25	+03:04:19	11:21
438	1625	Carlos Afonso Teixeira	tartarugas do asfalto	Veterano M45	06:14:25	+03:04:19	11:21

TRAIL LONGO 33K - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
439	1461	Alberto Galamba	individual	Veterano M50	06:15:30	+03:05:24	11:23
440	1141	Andrea Passeira	individual	Senior Feminino	06:15:45	+03:05:39	11:23
441	1243	Luis Teixeira	individual	Senior Masculino	06:16:33	+03:06:27	11:25
442	1067	Hugo Freixo	clube zupper	Senior Masculino	06:16:36	+03:06:30	11:25
443	1116	Pedro Pinto	fafe runners	Senior Masculino	06:17:05	+03:06:59	11:26
444	1114	Miguel Von Doellinger	fafe runners	Senior Masculino	06:17:14	+03:07:08	11:26
445	1633	Fernando Leite	tnt - trilhos natura team	Senior Masculino	06:18:25	+03:08:19	11:28
446	1531	Lucia Martins	o mundo da corrida	Senior Feminino	06:19:36	+03:09:30	11:30
447	1302	Rui Miguel Guerra Jerónimo	individual	Senior Masculino	06:19:50	+03:09:44	11:31
448	1407	Paulo Tina	individual	Veterano M40	06:19:50	+03:09:44	11:31
449	1505	José Andrade	mountain trails	Senior Masculino	06:20:11	+03:10:05	11:31
450	1320	Vítor Manuel Dias Gonçalves	individual	Senior Masculino	06:20:19	+03:10:13	11:31
451	1148	Elisabete Maria Soutulho Coelho Alves	individual	Senior Feminino	06:20:20	+03:10:14	11:32
452	1378	José Alberto Dias Martins	individual	Veterano M40	06:20:23	+03:10:17	11:32
453	1156	Liliana Eusebio	centro vicentino da serra	Senior Feminino	06:20:24	+03:10:18	11:32
454	1409	Rafael Cordovilla Pérez	individual	Veterano M40	06:21:03	+03:10:57	11:33
455	1613	Francisco Gomes	shots international runners	Senior Masculino	06:21:29	+03:11:23	11:34
456	1503	Helder Fernando Barros da Siva	moreira relax runners	Veterano M40	06:21:34	+03:11:28	11:34
457	1630	Henrique Ruivo	tartarugas solidárias	Veterano M50	06:23:00	+03:12:54	11:36
458	1102	Vitor Estrela	edv - viana trail	Veterano M45	06:23:23	+03:13:17	11:37
459	411	Paulo André Pereira Martins	moka trail team	Senior Masculino	06:23:43	+03:13:37	11:38
460	1143	Carla Pinto	individual	Senior Feminino	06:23:53	+03:13:47	11:38
461	1358	Avelino Fernandes	individual	Veterano M40	06:25:00	+03:14:54	11:40
462	1172	André Gomes	individual	Senior Masculino	06:25:00	+03:14:54	11:40
463	207	João Valente	individual	Senior Masculino	06:25:14	+03:15:08	11:40
464	1527	Túlia Aires	no tomorrow running team	Senior Feminino	06:26:27	+03:16:21	11:43
465	1308	Sergio Fernando Alves Brochado	individual	Senior Masculino	06:26:27	+03:16:21	11:43
466	1292	Ricardo Miguel Pocinho Silva	individual	Senior Masculino	06:27:02	+03:16:56	11:44
467	1205	Fernando Rafael Ribeiro Carvalho	individual	Senior Masculino	06:27:02	+03:16:56	11:44
468	1202	Fábio Daniel Pocinho Silva	individual	Senior Masculino	06:27:02	+03:16:56	11:44
469	531	Ricardo Dantas	trail running esposende	Senior Masculino	06:27:29	+03:17:23	11:45
470	1451	Miguel Pereira Resende	individual	Veterano M45	06:27:46	+03:17:40	11:45
471	1482	Paulo Alexandre Costa	inquipa trail sorriso	Veterano M45	06:27:46	+03:17:40	11:45
472	1166	Álvaro Manuel dos Santos Aguiar	individual	Senior Masculino	06:27:56	+03:17:50	11:45
473	1543	Rui Manuel de Conde Franco	one soul crossfit	Veterano M40	06:29:05	+03:18:59	11:47
474	1559	Luís Nogueiro	os trinca espinhas	Senior Masculino	06:29:41	+03:19:35	11:49
475	1283	Pedro Peixinho	individual	Senior Masculino	06:30:06	+03:20:00	11:49
476	1007	Carlos Carreira	academia fernanda ribeiro	Senior Masculino	06:31:01	+03:20:55	11:51
477	1048	Pedro Ribeiro	chegamos ao fim	Veterano M40	06:32:00	+03:21:54	11:53
478	1494	Marília da Conceição da Silva Macieira	macieirinhas	Senior Feminino	06:32:08	+03:22:02	11:53
479	1650	Mário Luis	xtrail running team	Senior Masculino	06:32:15	+03:22:09	11:53
480	1648	Ana Sofia Moreira Loureiro	xtrail running team	Senior Feminino	06:32:15	+03:22:09	11:53
481	1649	Fernando Ramos	xtrail running team	Senior Masculino	06:32:16	+03:22:10	11:53
482	1293	Ricardo Moreira	individual	Senior Masculino	06:33:03	+03:22:57	11:55
483	1614	Andreia Ferreira	sunday training	Senior Feminino	06:33:03	+03:22:57	11:55

TRAIL LONGO 33K - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
484	1366	Filipe Nogueira	individual	Veterano M40	06:34:56	+03:24:50	11:58
485	1528	Jose Semblano	no tomorrow running team	Senior Masculino	06:36:02	+03:25:56	12:00
486	1647	Armando Pinho	wtf	Veterano M40	06:36:35	+03:26:29	12:01
487	1521	Cátia Gomes	nel - pédatleta	Senior Feminino	06:36:54	+03:26:48	12:02
488	1525	André Goucha	nel - pédatleta	Veterano M40	06:36:55	+03:26:49	12:02
489	1247	MARCO ANTONIO OLIVEIRA DOS SANTOS	individual	Senior Masculino	06:38:17	+03:28:11	12:04
490	1330	Tiago Filipe Oliveira Faria	individual	Sub 23 Masculino	06:38:33	+03:28:27	12:05
491	1137	Adelaide Cunha de Sousa	individual	Senior Feminino	06:38:56	+03:28:50	12:05
492	1216	Hernâni Filipe Rodrigues Dias	individual	Senior Masculino	06:38:57	+03:28:51	12:05
493	1340	Paula Ribeiro	individual	Veterana F40	06:39:41	+03:29:35	12:07
494	1049	Victor Ventura	chegamos ao fim	Veterano M45	06:44:06	+03:34:00	12:15
495	1120	Rui Sá	ffit gaia trail	Veterano M50	06:47:46	+03:37:40	12:21
496	51	Joao Ricardo Dias	ccd siemens	Senior Masculino	06:48:18	+03:38:12	12:22
497	1428	Christopher Sá	individual	Veterano M45	06:48:19	+03:38:13	12:22
498	1100	Manuel António Meneses de Araújo	edv - viana trail	Veterano M45	06:49:08	+03:39:02	12:24
499	1287	Rafael Silva	individual	Senior Masculino	06:49:44	+03:39:38	12:25
500	1295	Roberto Barreto	centro vicentino da serra	Senior Masculino	06:51:12	+03:41:06	12:28
501	1581	JOSE CARVALHO	portocargo	Senior Masculino	06:52:04	+03:41:58	12:29
502	1562	André Velez	os trinca espinhas	Senior Masculino	06:55:10	+03:45:04	12:35
503	446	António Gonçalves	os tugas	Veterano M50	06:56:46	+03:46:40	12:38
504	445	Fátima Gonçalves	os tugas	Veterana F45	06:56:47	+03:46:41	12:38
505	415	Carla Margarida Sacramento de Matos	monsanto running team	Senior Feminino	06:56:58	+03:46:52	12:38
506	1444	Luís Graça	individual	Veterano M45	06:59:16	+03:49:10	12:42
507	1357	Augusto Oliveira	individual	Veterano M40	07:02:46	+03:52:40	12:49
508	1175	Ângelo Senra	individual	Senior Masculino	07:02:47	+03:52:41	12:49
509	1230	Jorge Luis Gonçalves Vieira	nel - pédatleta	Senior Masculino	07:06:08	+03:56:02	12:55
510	238	OTAVIO MELO	individual	Senior Masculino	07:10:35	+04:00:29	13:03
511	1318	Vitor Hugo de Oliveira Faria	individual	Senior Masculino	07:15:01	+04:04:55	13:11
512	1544	Cátia Isabel Rodrigues da Silva	one soul crossfit	Senior Feminino	07:15:01	+04:04:55	13:11
513	1555	Filipa Matias	os trinca espinhas	Senior Feminino	07:15:42	+04:05:36	13:12
514	1474	Valentim Castro da Guia	individual	Veterano M50	07:17:38	+04:07:32	13:16
515	1130	Filipe Leitão	gondomar futsal clube	Senior Masculino	07:21:23	+04:11:17	13:23
516	1376	João Pedro Valente Serdoura dos Santos	locomotiva de paranhos	Veterano M40	07:21:25	+04:11:19	13:23
517	1042	Mº Dolores González Enriquez	bugallas mobles & victor pazos	Veterana F45	07:21:31	+04:11:25	13:23
518	1570	Vanessa Cunha	papa trilhos	Senior Feminino	07:22:03	+04:11:57	13:24
519	1040	André Lopes Amorim	budeguita runners	Veterano M45	07:22:44	+04:12:38	13:25
520	1038	Sandra Oliveira	budeguita runners	Veterana F40	07:22:44	+04:12:38	13:25
521	1347	Margarida Cunha Reis	individual	Veterana F45	07:24:30	+04:14:24	13:28
522	1161	MARTA REGINA QUEIRÓS COUTO	individual	Senior Feminino	07:24:30	+04:14:24	13:28
523	1551	Zé Nel Vieira	os rotos	Veterano M50	07:26:06	+04:16:00	13:31
524	476	Luis Ribeiro	rompetocas rt	Senior Masculino	07:36:58	+04:26:52	13:51
525	1158	Maria Guedes	individual	Senior Feminino	07:40:09	+04:30:03	13:57
526	1462	António Vale	individual	Veterano M50	07:40:11	+04:30:05	13:57

TRAIL LONGO 33K - STAGE 1 — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
527	1222	João Miguel Quintão Costa Gomes	individual	Senior Masculino	07:40:42	+04:30:36	13:58
528	1299	Rui Gomes	individual	Senior Masculino	07:40:42	+04:30:36	13:58
529	157	Marisa Sofia Brissos Arcadinho	individual	Senior Feminino	07:42:10	+04:32:04	14:00
530	1638	Nuno Filipe Antunes Silva	transpousada trail team	Senior Masculino	07:42:10	+04:32:04	14:00
531	1152	Joana Martins	individual	Senior Feminino	07:49:56	+04:39:50	14:14
532	1123	Claudia Amaral	gaiarunning	Senior Feminino	07:49:57	+04:39:51	14:14
533	1352	Abílio Malheiro	individual	Veterano M40	07:49:57	+04:39:51	14:14
534	1626	Rui Miguel Neves Cortes	tartarugas solidárias	Veterano M40	07:50:16	+04:40:10	14:15
535	375	Joe Kelbel	individual	Veterano M50	07:53:43	+04:43:37	14:21
536	1086	Bernardino José das Neves Alves Moreira Pinto	dr merino clínica médica	Senior Masculino	07:56:31	+04:46:25	14:26
537	308	João Rodrigues Brazão Ferreira	individual	Veterano M40	08:20:33	+05:10:27	15:10
538	1607	Joana Maria Leite Barros	runsox runners	Senior Feminino	08:22:59	+05:12:53	15:15
539	1608	Gonçalo Nuno Mendes Henriques	runsox runners	Senior Masculino	08:23:00	+05:12:54	15:15
540	1565	Lurdes Silva	os tugas	Veterana F45	08:59:12	+05:49:06	16:20

Obs

BIB	NOTE	NAME	TEAM	CAT
1249	DQ	Marco Caseiro	Individual	Senior Masculino
1282	DQ	Pedro Nogueira	Individual	Senior Masculino
1336	DQ	Ligia Susana Miguel Dias	Individual	Veterana F40
1375	DQ	João Guimarães	Individual	Veterano M40
1563	DQ	Almerinda Velez	Os Trinca Espinhas	Veterana F50
1617	DQ	Susana Farinhas	Tãlentos Team	Veterana F40
1623	DQ	Allan Besson	Tãlentos Team	Veterano M60
532	DNF	Samuel Costa	Trail Running Esposende	Senior Masculino
1008	DNF	Cesar costa	Afa trail	Veterano M40
1020	DNF	helder Oliveira	Asas ao Peito	Senior Masculino
1022	DNF	Ivo Silva	Associação Desportiva da Efacec	Senior Masculino
1153	DNF	Joana Ribeiro	Individual	Senior Feminino
1227	DNF	JOÃO PEREIRA	Individual	Senior Masculino
1236	DNF	Leandro César Mateus de Sousa Barros	Individual	Senior Masculino
1238	DNF	LUÍS FERREIRA	Individual	Senior Masculino
1323	DNF	Maria Helena Costa	Individual	Sub 23 Feminino
1442	DNF	Julio César Nascimento Sousa Barros	Individual	Veterano M45
1446	DNF	manuel cunha	Individual	Veterano M45
1468	DNF	Manuel Ernesto Garcia Monteiro	Individual	Veterano M50
1472	DNF	Miguel Sancho	Individual	Veterano M50
1524	DNF	Joel Valente	NEL - Pédatleta	Senior Masculino
1535	DNF	Sérgio Marques	O Mundo da Corrida	Senior Masculino
1545	DNF	andreia valente	os caga tacos running team	Senior Feminino

Grande Trail Serra de Arga
Caminha
26-setembro-2015

Trail Longo 33K — 33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:00	9ºC	81,2%
End	16:58	13,4ºC	83,1%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1033	Ana Sousa	BUDEGUITA RUNNERS	Senior Feminino	04:25:55		08:03
2	1062	SORAIA LIMA MONTEIRO	Clube Náutico de Ponte de Lima	Senior Feminino	04:36:56	+11:01	08:24
3	1149	Estela Martins	Individual	Senior Feminino	04:41:21	+15:26	08:32
4	93	Liliana Gomes	Dr Merino Clínica Médica	Senior Feminino	04:44:58	+19:03	08:38
5	1499	Susana Maria Silva Costa	MINHO AVENTURA	Senior Feminino	04:50:54	+24:59	08:49
6	1532	Vera Bizarro	O Mundo da Corrida	Senior Feminino	04:51:04	+25:09	08:49
7	1061	ANA CRISTINA ALVES MIRANDA	Clube Náutico de Ponte de Lima	Senior Feminino	04:51:42	+25:47	08:50
8	1135	Maria Elisa Salgueiro dos Santos	GURUS	Senior Feminino	04:56:25	+30:30	08:59
9	1522	Joana Raio Esperanço	NEL - Pédatleta	Senior Feminino	04:57:32	+31:37	09:01
10	1068	Susana Andrade	Coimbra Trail Running	Senior Feminino	04:57:49	+31:54	09:01
11	1094	Iva Campelo	EDV - Viana Trail	Senior Feminino	05:01:30	+35:35	09:08
12	1510	Cristina Isabel Mendes Oliveira Dias	MULTIPOWER | GAIA TRAIL	Senior Feminino	05:03:29	+37:34	09:12
13	1162	ROSA ALEXANDRA DA CUNHA BORGES ALVES	Individual	Senior Feminino	05:07:30	+41:35	09:19
14	1655	Ana Vieira	Satecnosol Outdoor / LaSportiva	Senior Feminino	05:08:42	+42:47	09:21
15	1095	Sonia Parente	EDV - Viana Trail	Senior Feminino	05:12:11	+46:16	09:28
16	1146	Cristiana Esteves	Individual	Senior Feminino	05:14:18	+48:23	09:31
17	1150	FILIPA CANCELA	Individual	Senior Feminino	05:21:36	+55:41	09:45
18	1159	Mariana Ballester	Individual	Senior Feminino	05:23:09	+57:14	09:48
19	1144	Catarina Costa	Individual	Senior Feminino	05:28:15	+01:02:20	09:57
20	1142	blandine craveiro	Individual	Senior Feminino	05:31:58	+01:06:03	10:04
21	1093	Anabela Lobato Torres Santos Silva	EDV - Viana Trail	Senior Feminino	05:35:44	+01:09:49	10:10
22	1155	Leonor Tato	Individual	Senior Feminino	05:42:59	+01:17:04	10:24
23	1556	Helena Janeiro	Os Trinca Espinhas	Senior Feminino	05:44:34	+01:18:39	10:26
24	1541	Fátima Cristina Figueiredo Oliveira	ONE SOUL CROSSFIT	Senior Feminino	05:44:43	+01:18:48	10:27
25	1145	Claudia Sousa	Individual	Senior Feminino	05:45:20	+01:19:25	10:28
26	1627	Andreia Costa	Tartarugas Solidárias	Senior Feminino	05:46:08	+01:20:13	10:29
27	1628	Carla Mendes	Tartarugas Solidárias	Senior Feminino	05:46:08	+01:20:13	10:29
28	1029	Sandra Pera	Bikes & Friends	Senior Feminino	05:48:18	+01:22:23	10:33
29	1138	Alice Capelas	Individual	Senior Feminino	05:50:08	+01:24:13	10:37
30	1596	claudia silva	Rainha Club	Senior Feminino	05:51:19	+01:25:24	10:39
31	1597	sara santos	Rainha Club	Senior Feminino	05:51:19	+01:25:24	10:39
32	1612	Sandra Faria	Shots International Runners	Senior Feminino	05:52:50	+01:26:55	10:42
33	1080	Sara filipa marques paula reis	Curcuminas	Senior Feminino	05:55:48	+01:29:53	10:47
34	1569	Marília Noro	PAPA TRILHOS	Senior Feminino	05:56:35	+01:30:40	10:48
35	1140	Ana Torres	Individual	Senior Feminino	06:06:32	+01:40:37	11:06
36	1139	Ana Cristina Pereira da Rosa	Individual	Senior Feminino	06:10:50	+01:44:55	11:14
37	1151	Helena Maria Rodrigues Ferreira	Individual	Senior Feminino	06:12:21	+01:46:26	11:17
38	1574	Elisabete Araujo	PENTELHEIROS RUNNERS	Senior Feminino	06:14:25	+01:48:30	11:21
39	1141	Andrea Passeira	Individual	Senior Feminino	06:15:45	+01:49:50	11:23

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	1531	Lucia Martins	O Mundo da Corrida	Senior Feminino	06:19:36	+01:53:41	11:30
41	1148	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	06:20:20	+01:54:25	11:32
42	1156	Liliana Eusebio	Centro Vicentino da Serra	Senior Feminino	06:20:24	+01:54:29	11:32
43	1143	Carla Pinto	Individual	Senior Feminino	06:23:53	+01:57:58	11:38
44	1527	Túlia Aires	NO TOMORROW RUNNING TEAM	Senior Feminino	06:26:27	+02:00:32	11:43
45	1494	Marília da Conceição da Silva Macieira	Macieirinhas	Senior Feminino	06:32:08	+02:06:13	11:53
46	1648	Ana Sofia Moreira Loureiro	Xtrail Running Team	Senior Feminino	06:32:15	+02:06:20	11:53
47	1614	Andreia Ferreira	Sunday Training	Senior Feminino	06:33:03	+02:07:08	11:55
48	1521	Cátia Gomes	NEL - Pédatleta	Senior Feminino	06:36:54	+02:10:59	12:02
49	1137	Adelaide Cunha de Sousa	Individual	Senior Feminino	06:38:56	+02:13:01	12:05
50	415	Carla Margarida Sacramento de Matos	Monsanto Running Team	Senior Feminino	06:56:58	+02:31:03	12:38
51	1544	Cátia Isabel Rodrigues da Silva	ONE SOUL CROSSFIT	Senior Feminino	07:15:01	+02:49:06	13:11
52	1555	Filipa Matias	Os Trinca Espinhas	Senior Feminino	07:15:42	+02:49:47	13:12
53	1570	Vanessa Cunha	PAPA TRILHOS	Senior Feminino	07:22:03	+02:56:08	13:24
54	1161	MARTA REGINA QUEIRÓS COUTO	Individual	Senior Feminino	07:24:30	+02:58:35	13:28
55	1158	Maria Guedes	Individual	Senior Feminino	07:40:09	+03:14:14	13:57
56	157	Marisa Sofia Brissos Arcadinho	Individual	Senior Feminino	07:42:10	+03:16:15	14:00
57	1152	Joana Martins	Individual	Senior Feminino	07:49:56	+03:24:01	14:14
58	1123	Claudia Amaral	GAIARUNNING	Senior Feminino	07:49:57	+03:24:02	14:14
59	1607	Joana Maria Leite Barros	RUNSOX RUNNERS	Senior Feminino	08:22:59	+03:57:04	15:15

Senior Masculino

1	1073	Carlos Martins	Corre Conosco Felgueiras	Senior Masculino	03:19:31		06:03
2	1115	Nuno Miguel Fernandes	Fafe Runners	Senior Masculino	03:26:43	+07:12	06:16
3	1314	Tiago Teixeira	Ginásio Factor X	Senior Masculino	03:26:58	+07:27	06:16
4	1103	Adilson Tiago Monteiro dos Reis	Emicela Team de Cabo Verde	Senior Masculino	03:27:23	+07:52	06:17
5	1654	Leonel Cunha	Satecnosol Outdoor / LaSportiva	Senior Masculino	03:27:58	+08:27	06:18
6	1001	Amândio Antunes	DESNIVEL POSITIVO	Senior Masculino	03:30:17	+10:46	06:22
7	1105	Joaquim Gomes Fortes	Emicela Team de Cabo Verde	Senior Masculino	03:32:42	+13:11	06:27
8	1131	Pedro Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	03:36:48	+17:17	06:34
9	1513	Carlos Daniel Loureiro Alves	MULTIPOWER | GAIA TRAIL	Senior Masculino	03:37:41	+18:10	06:36
10	1014	Luis Miguel Costa Carvalho	Amigos da Montanha	Senior Masculino	03:39:01	+19:30	06:38
11	1002	João Pedro Pedrosa Nunes	MULTIPOWER | GAIA TRAIL	Senior Masculino	03:39:52	+20:21	06:40
12	1087	Bruno Alcino Bessa Pinto	Dr Merino Clínica Médica	Senior Masculino	03:41:30	+21:59	06:43
13	1089	Luis Letra	Dr Merino Clínica Médica	Senior Masculino	03:42:01	+22:30	06:44
14	1077	Hugo ribeiro	Corridas De Pernas Pro Ar	Senior Masculino	03:43:38	+24:07	06:47
15	1104	Emanuel Tavares Silva	Emicela Team de Cabo Verde	Senior Masculino	03:48:31	+29:00	06:55
16	1606	Inuo Filipe Melo	Run 4 All	Senior Masculino	03:51:16	+31:45	07:00
17	94	David Ferreira	Dr Merino Clínica Médica	Senior Masculino	03:52:48	+33:17	07:03
18	1109	sergio Gonçalves	Ermida Team	Senior Masculino	03:53:02	+33:31	07:04
19	1063	PEDRO MANUEL PEREIRA CASTRO	Clube Náutico de Ponte de Lima	Senior Masculino	03:53:08	+33:37	07:04
20	1644	Filipe Miguel Grilo Teixeira	Unidade Especial de Corrida	Senior Masculino	03:54:21	+34:50	07:06
21	1265	Nuno Machado	Individual	Senior Masculino	03:55:35	+36:04	07:08
22	1240	Luis Filipe Salgado Oliveira ATRP 1504	Individual	Senior Masculino	03:56:16	+36:45	07:10

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

23	1552	Miguel A.V.Ribeiro	"Os Saramagos"	Senior Masculino	03:56:29	+36:58	07:10
24	1083	Hugo Marante Lima	Desnível Positivo	Senior Masculino	03:56:44	+37:13	07:10
25	1045	Ricardo Tavares da Silva	CCD RENAULT CACIA	Senior Masculino	03:56:45	+37:14	07:10
26	1074	Ricardo Dias	Corre Conosco Felgueiras	Senior Masculino	03:57:25	+37:54	07:12
27	1653	José Sá	Satecnosol Outdoor / LaSportiva	Senior Masculino	03:57:30	+37:59	07:12
28	1294	Ricardo Teixeira	Individual	Senior Masculino	04:00:18	+40:47	07:17
29	1167	Amaro Fernandes Torres da Costa	Individual	Senior Masculino	04:00:49	+41:18	07:18
30	1110	David Gouveia	Escaravelhos Team	Senior Masculino	04:02:52	+43:21	07:22
31	1514	Ivo Peko	MULTIPOWER | GAIA TRAIL	Senior Masculino	04:03:08	+43:37	07:22
32	1577	Pedro Miguel de Sousa Gabriel	Pocariça Runners	Senior Masculino	04:04:49	+45:18	07:25
33	1209	Filipe Saraiva Fernandes	Individual	Senior Masculino	04:10:12	+50:41	07:35
34	257	Ricardo Manuel Santos Coutinho Barreiro	Individual	Senior Masculino	04:10:53	+51:22	07:36
35	1306	Sérgio Carneiro	Individual	Senior Masculino	04:12:48	+53:17	07:40
36	1268	Nuno Teixeira	Ginásio Factor X	Senior Masculino	04:13:03	+53:32	07:40
37	1200	Eduardo Soares	Individual	Senior Masculino	04:14:00	+54:29	07:42
38	1486	Bruno Dias	KeMedo Team	Senior Masculino	04:15:05	+55:34	07:44
39	1512	Bruno Fernando Alves Santiago	MULTIPOWER | GAIA TRAIL	Senior Masculino	04:15:41	+56:10	07:45
40	1487	Filipe Sousa	KeMedo Team	Senior Masculino	04:16:12	+56:41	07:46
41	1490	Marcio Carvalho	KeMedo Team	Senior Masculino	04:16:12	+56:41	07:46
42	27	Paulo Alexandre de Almeida Nogueira	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	04:16:31	+57:00	07:46
43	69	RAFAEL BRITO ABREU PEREIRA	Clube Náutico de Ponte de Lima	Senior Masculino	04:18:17	+58:46	07:50
44	1635	Carlos Coelho	TRAIL ME	Senior Masculino	04:20:25	+01:00:54	07:53
45	1218	João Filipe Simões	Individual	Senior Masculino	04:21:37	+01:02:06	07:56
46	1296	Rodrigo Quintal	O Mundo da Corrida	Senior Masculino	04:23:49	+01:04:18	08:00
47	1185	Carlos Alberto longras figueiredo	Individual	Senior Masculino	04:24:08	+01:04:37	08:00
48	1250	Marco Paulo Trindade Caraux de Sousa	Individual	Senior Masculino	04:25:04	+01:05:33	08:02
49	1311	Simão Matos	Individual	Senior Masculino	04:26:00	+01:06:29	08:04
50	1533	Luis Manuel Silva	O Mundo da Corrida	Senior Masculino	04:27:21	+01:07:50	08:06
51	1204	Fernando Pinto	Individual	Senior Masculino	04:27:22	+01:07:51	08:06
52	1134	HELDER SILVA	GTT - Armazém do Caffè	Senior Masculino	04:28:45	+01:09:14	08:09
53	1215	Hélder Emanuel Leite Lemos	Individual	Senior Masculino	04:31:23	+01:11:52	08:13
54	1307	Sérgio Daniel Costa Peixoto	Individual	Senior Masculino	04:31:23	+01:11:52	08:13
55	1194	Claudio Pedro Melhorado Reininho	Individual	Senior Masculino	04:32:11	+01:12:40	08:15
56	1124	Nélson Rodrigues	GALHARDOS RUNNERS	Senior Masculino	04:32:27	+01:12:56	08:15
57	1106	Domingos dias	Ermida Team	Senior Masculino	04:32:30	+01:12:59	08:15
58	1547	paulo fernando Barbosa rodrigues pinheiro	os lebres btt sai da frente	Senior Masculino	04:33:35	+01:14:04	08:17
59	1264	Nuno de Oliveira	Individual	Senior Masculino	04:34:03	+01:14:32	08:18
60	1278	Pedro Filipe Dias Alves	Individual	Senior Masculino	04:34:33	+01:15:02	08:19
61	1223	João Narciso	Individual	Senior Masculino	04:34:47	+01:15:16	08:20
62	1237	leandro marco roxo pacheco	Individual	Senior Masculino	04:35:47	+01:16:16	08:21
63	1256	Miguel do Nascimento	Individual	Senior Masculino	04:36:21	+01:16:50	08:22
64	1517	Paulo Filipe Ferreira Madeira	MULTIPOWER | GAIA TRAIL	Senior Masculino	04:37:19	+01:17:48	08:24
65	1610	Fernando Jorge da Costa Pereira	Serrinha Clube Aventura	Senior Masculino	04:38:40	+01:19:09	08:27
66	1560	Nelson caldeira	Os Trinca Espinhas	Senior Masculino	04:39:17	+01:19:46	08:28

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

67	95	Nuno Pinho	Dr Merino Clínica Médica	Senior Masculino	04:39:39	+01:20:08	08:28
68	1489	Manuel Costa	KeMedo Team	Senior Masculino	04:39:56	+01:20:25	08:29
69	1312	Tiago de Barros Faria Viana	Individual	Senior Masculino	04:39:57	+01:20:26	08:29
70	1021	Pedro Batista	Asas ao Peito	Senior Masculino	04:40:09	+01:20:38	08:29
71	1113	João Vieira Mendes	Fafe Runners	Senior Masculino	04:40:44	+01:21:13	08:30
72	1210	FRANCISCO ISMAEL MONIZ CARNEIRO	Individual	Senior Masculino	04:40:52	+01:21:21	08:31
73	1258	Miguel Ribeiro	Individual	Senior Masculino	04:41:18	+01:21:47	08:31
74	1290	Renato Reis	Individual	Senior Masculino	04:42:18	+01:22:47	08:33
75	1595	Paulo Jaime Monteiro	QQÉP	Senior Masculino	04:42:42	+01:23:11	08:34
76	1184	Bruno Resende	Individual	Senior Masculino	04:45:20	+01:25:49	08:39
77	1509	Diogo João	MULTIPOWER | GAIA TRAIL	Senior Masculino	04:46:10	+01:26:39	08:40
78	1276	Pedro Costa	Individual	Senior Masculino	04:46:14	+01:26:43	08:40
79	1546	adelino barbosa rodrigues pinheiro	os lebres btt sai da frente	Senior Masculino	04:46:24	+01:26:53	08:41
80	1529	Mauro Cardoso	NOCTURNOS DE PAREDES	Senior Masculino	04:46:37	+01:27:06	08:41
81	172	Armando Filipe Vieira dos Santos	Individual	Senior Masculino	04:46:39	+01:27:08	08:41
82	525	Duarte Oliveira	Desnível Positivo	Senior Masculino	04:48:31	+01:29:00	08:45
83	1530	Sergio Vale	NOCTURNOS DE PAREDES	Senior Masculino	04:48:38	+01:29:07	08:45
84	1548	DANIEL LEOCADIO NETTO	OS NETTOS	Senior Masculino	04:49:02	+01:29:31	08:46
85	1228	Joaquim José de Sousa Loureiro Gonçalves	Individual	Senior Masculino	04:50:24	+01:30:53	08:48
86	1631	Ricardo Dantas	Team DUAS FACES	Senior Masculino	04:50:26	+01:30:55	08:48
87	1176	António Balinho Almeida	Individual	Senior Masculino	04:50:28	+01:30:57	08:48
88	1195	Dário Silva	Individual	Senior Masculino	04:50:51	+01:31:20	08:49
89	1639	RICARDO PENEDO	Trilhos D'Aventura	Senior Masculino	04:51:18	+01:31:47	08:50
90	1273	Paulo Machado	Individual	Senior Masculino	04:52:58	+01:33:27	08:53
91	1281	Pedro Miguel Silvério da Cruz	Individual	Senior Masculino	04:53:54	+01:34:23	08:54
92	1066	Pedro Leandro Nogueira	Clube Vodafone	Senior Masculino	04:53:55	+01:34:24	08:54
93	1274	Paulo Sousa	Individual	Senior Masculino	04:54:16	+01:34:45	08:55
94	1201	Emanuel Moreira da Costa	Individual	Senior Masculino	04:55:15	+01:35:44	08:57
95	1504	Gil Andrade	Mountain trails	Senior Masculino	04:55:39	+01:36:08	08:58
96	1313	Tiago Gregorio	Individual	Senior Masculino	04:56:52	+01:37:21	09:00
97	1248	Marco Baltazar Manso Ferreira	Individual	Senior Masculino	04:56:52	+01:37:21	09:00
98	1069	Gonçalo Filipe Neves Padilha	Coimbra Trail Running	Senior Masculino	04:57:33	+01:38:02	09:01
99	1224	João Navarro Faria	Individual	Senior Masculino	04:57:45	+01:38:14	09:01
100	1180	Bruno Filipe Ribeiro Ferreira	Individual	Senior Masculino	04:58:06	+01:38:35	09:02
101	1245	Márcio Cruz	Individual	Senior Masculino	04:58:18	+01:38:47	09:02
102	1491	Pedro Marques	KeMedo Team	Senior Masculino	04:59:47	+01:40:16	09:05
103	1303	Rui Nuno Silva	Individual	Senior Masculino	04:59:52	+01:40:21	09:05
104	1253	Michael Granadeiro	Individual	Senior Masculino	05:00:47	+01:41:16	09:07
105	1497	Celestino Manuel Soares Gomes	MELRES TRAIL RUNNING - Ordem para arriar	Senior Masculino	05:00:57	+01:41:26	09:07
106	1211	Francisco João da Silva Alves	Individual	Senior Masculino	05:01:03	+01:41:32	09:07
107	1031	Carlos Carvalho	Blip.pt	Senior Masculino	05:01:23	+01:41:52	09:08
108	1615	Joel Simplício	Sunday Training	Senior Masculino	05:01:35	+01:42:04	09:08
109	1488	Helder Gomes	KeMedo Team	Senior Masculino	05:01:49	+01:42:18	09:09
110	1024	Tiago Sousa	Associação Desportiva da Efacec	Senior Masculino	05:04:45	+01:45:14	09:14

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

111	1511	André Peixoto Costa Assunção	MULTIPOWER | GAIA TRAIL	Senior Masculino	05:05:57	+01:46:26	09:16
112	216	Márcio Quintas	Individual	Senior Masculino	05:06:37	+01:47:06	09:17
113	1322	Zé Piçarra	Individual	Senior Masculino	05:06:54	+01:47:23	09:18
114	1219	João Inácio	Individual	Senior Masculino	05:06:58	+01:47:27	09:18
115	1182	Bruno Luis Rodruigues Lima	Individual	Senior Masculino	05:07:30	+01:47:59	09:19
116	1291	Ricardo Jorge Teixeira Duarte	Individual	Senior Masculino	05:09:11	+01:49:40	09:22
117	1257	Miguel Pimenta	Individual	Senior Masculino	05:09:34	+01:50:03	09:23
118	1567	JOEL ALPOIM CARIDADE	PADELA NATURAL TEAM	Senior Masculino	05:09:50	+01:50:19	09:23
119	1177	Antonio Manuel de Araújo Mendes	Individual	Senior Masculino	05:10:08	+01:50:37	09:24
120	493	Rui Santos Pereira	Shots International Runners	Senior Masculino	05:10:11	+01:50:40	09:24
121	1305	Rui Rocha	Individual	Senior Masculino	05:10:36	+01:51:05	09:25
122	1480	Paulo Alexandre Gonçalves Rocha de Matos	INQUIPA TRAIL SORRISO	Senior Masculino	05:10:38	+01:51:07	09:25
123	34	João Poças	Bikes & Friends	Senior Masculino	05:11:28	+01:51:57	09:26
124	1034	Rui Airosa	BUDEGUITA RUNNERS	Senior Masculino	05:14:14	+01:54:43	09:31
125	1107	Eric Carvalho	Ermida Team	Senior Masculino	05:14:17	+01:54:46	09:31
126	1598	luis ramos	Rainha Club	Senior Masculino	05:15:22	+01:55:51	09:33
127	1259	Nelson Antunes Lopes	Individual	Senior Masculino	05:16:24	+01:56:53	09:35
128	1285	Pedro Ricardo Pacheco Fernandes	Individual	Senior Masculino	05:16:38	+01:57:07	09:36
129	1576	Hugo Miguel Pereira Fernandes	Pocariça Runners	Senior Masculino	05:19:24	+01:59:53	09:41
130	1534	Pedro Pinto	O Mundo da Corrida	Senior Masculino	05:19:52	+02:00:21	09:42
131	1267	Nuno Paulino	Individual	Senior Masculino	05:20:06	+02:00:35	09:42
132	1266	Nuno Maia	Individual	Senior Masculino	05:20:27	+02:00:56	09:43
133	1537	Vitor Pereira	OFFTEL RUNNERS	Senior Masculino	05:20:44	+02:01:13	09:43
134	171	António Ricardo Silva	Individual	Senior Masculino	05:21:03	+02:01:32	09:44
135	1479	Bruno Miguel Semedo Charrinho	Inijovem	Senior Masculino	05:22:04	+02:02:33	09:46
136	1523	Aurélio Gonçalves Coelho Silva	NEL - Pédatleta	Senior Masculino	05:24:23	+02:04:52	09:50
137	1079	Tiago Frtuoso	Corridas De Pernas Pro Ar	Senior Masculino	05:24:48	+02:05:17	09:51
138	1207	Filipe Honório	Individual	Senior Masculino	05:25:43	+02:06:12	09:52
139	1495	Sérgio Teixeira	MaiaCrossTeam	Senior Masculino	05:26:19	+02:06:48	09:53
140	1128	Nuno Lopes	Global News	Senior Masculino	05:26:19	+02:06:48	09:53
141	1213	Geraldo Santos	Individual	Senior Masculino	05:26:25	+02:06:54	09:53
142	264	Pedro Lizardo	Monsanto Running Team	Senior Masculino	05:28:17	+02:08:46	09:57
143	1542	Hugo Edgar Macedo Peixoto Pereira	ONE SOUL CROSSFIT	Senior Masculino	05:28:59	+02:09:28	09:58
144	1078	Paulino Alves	Corridas De Pernas Pro Ar	Senior Masculino	05:29:28	+02:09:57	09:59
145	1023	Miguel Cruz	Associação Desportiva da Efacec	Senior Masculino	05:30:10	+02:10:39	10:00
146	1108	Martinho Dias	Ermida Team	Senior Masculino	05:30:25	+02:10:54	10:01
147	1549	NUNO MIGUEL LEOCADIO NETTO	OS NETTOS	Senior Masculino	05:30:37	+02:11:06	10:01
148	1580	DANIEL RAMALHAO	PORTOCARGO	Senior Masculino	05:32:37	+02:13:06	10:05
149	1208	Filipe Medeiros Guedes Fonseca	Individual	Senior Masculino	05:34:24	+02:14:53	10:08
150	1252	Mauro Fernando Lopes da Silva	Individual	Senior Masculino	05:35:45	+02:16:14	10:10
151	1179	António Sérgio Soares Machado	Individual	Senior Masculino	05:35:48	+02:16:17	10:11
152	1493	Rui Mesquita	KO TRAIL RUNNING	Senior Masculino	05:35:57	+02:16:26	10:11
153	1301	Rui Miguel de Oliveira Faria	Individual	Senior Masculino	05:36:35	+02:17:04	10:12
154	1251	Marino Fábio Reis Rodrigues	Individual	Senior Masculino	05:37:10	+02:17:39	10:13
155	1085	Miguel Oliveira	Desportivo Atlético Recardães	Senior Masculino	05:37:12	+02:17:41	10:13
156	1284	Pedro Pessoa	Individual	Senior Masculino	05:37:30	+02:17:59	10:14

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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157	1168	André Cunha	I-Run	Senior Masculino	05:38:03	+02:18:32	10:15
158	1229	Jorge Filipe Gamboa Faustino	Individual	Senior Masculino	05:38:06	+02:18:35	10:15
159	1125	Rui Manuel Campos Viegas	GALHARDOS RUNNERS	Senior Masculino	05:39:47	+02:20:16	10:18
160	1310	Sílvio Filipe Borges Furtado	Individual	Senior Masculino	05:40:02	+02:20:31	10:18
161	1515	Hugo Miguel Mendes Gonçalves	MULTIPOWER | GAIA TRAIL	Senior Masculino	05:40:22	+02:20:51	10:19
162	1041	Diego Fernandez Lopez	Bugallas Mobles & Victor Pazos	Senior Masculino	05:42:17	+02:22:46	10:22
163	229	Nelson Manuel Ferreira Marques	Individual	Senior Masculino	05:42:43	+02:23:12	10:23
164	1269	Nuno Teixeira	Individual	Senior Masculino	05:43:08	+02:23:37	10:24
165	1026	Hugo José Bastos Medeiros	Atlético Clube Batalha	Senior Masculino	05:43:28	+02:23:57	10:24
166	1315	Vasco Miguel Oliveira	Individual	Senior Masculino	05:44:27	+02:24:56	10:26
167	1242	Luis Miguel Araújo Pedrosa	Individual	Senior Masculino	05:44:32	+02:25:01	10:26
168	1300	Rui Loureiro Marques	Individual	Senior Masculino	05:44:35	+02:25:04	10:27
169	227	Miguel Torgal	Individual	Senior Masculino	05:45:20	+02:25:49	10:28
170	1186	Carlos Alberto Peixoto Soares	Individual	Senior Masculino	05:45:42	+02:26:11	10:29
171	1272	Paulo Festa	Individual	Senior Masculino	05:47:16	+02:27:45	10:31
172	1044	João Lopes	Casa de Romão _ Amares	Senior Masculino	05:48:16	+02:28:45	10:33
173	1084	Celso Morreira	Desportivo Atlético Recardães	Senior Masculino	05:49:59	+02:30:28	10:36
174	1599	pedro henriques	Rainha Club	Senior Masculino	05:51:19	+02:31:48	10:39
175	1052	Tiago José Pacheco Alves de Oliveira	CKPB - CLUBE KAYAK POLO BARRA	Senior Masculino	05:51:21	+02:31:50	10:39
176	1050	NUNO FREDERICO HENRIQUES TRINDADE	CKPB - CLUBE KAYAK POLO BARRA	Senior Masculino	05:51:36	+02:32:05	10:39
177	1197	Diogo Costa	Individual	Senior Masculino	05:51:46	+02:32:15	10:40
178	1304	Rui Raposo	Individual	Senior Masculino	05:53:38	+02:34:07	10:43
179	463	Miguel Coelho	PROAVENTURAS	Senior Masculino	05:54:16	+02:34:45	10:44
180	1198	Diogo Dias	Individual	Senior Masculino	05:54:22	+02:34:51	10:44
181	1232	José Filipe da Costa	Individual	Senior Masculino	05:54:53	+02:35:22	10:45
182	1081	Miguel nobre contreras lopes	Curcuminas	Senior Masculino	05:55:49	+02:36:18	10:47
183	1018	Filipe Cunha	Aqui Vamos Nós!	Senior Masculino	05:55:58	+02:36:27	10:47
184	210	Jorge Correia	Individual	Senior Masculino	05:56:22	+02:36:51	10:48
185	1192	Cláudio António Pereira Coelho Teixeira	Individual	Senior Masculino	05:57:46	+02:38:15	10:50
186	1516	José Henrique Pinto de Oliveira	MULTIPOWER | GAIA TRAIL	Senior Masculino	05:58:05	+02:38:34	10:51
187	1261	Nuno Alves	Individual	Senior Masculino	06:00:12	+02:40:41	10:55
188	1235	José Rafael Correia Pires	Individual	Senior Masculino	06:00:23	+02:40:52	10:55
189	1502	Paulo Pires	Moreira Relax Runners	Senior Masculino	06:01:41	+02:42:10	10:58
190	1558	António Perinha	Os Trinca Espinhas	Senior Masculino	06:01:50	+02:42:19	10:58
191	1557	André Relvas	Os Trinca Espinhas	Senior Masculino	06:01:51	+02:42:20	10:58
192	1611	Zé Cóias	Serviços Sociais do Montepio	Senior Masculino	06:01:51	+02:42:20	10:58
193	1316	Vitor Costa	Individual	Senior Masculino	06:01:51	+02:42:20	10:58
194	1582	NUNO TEIXEIRA	PORTOCARGO	Senior Masculino	06:01:54	+02:42:23	10:58
195	250	Pedro Ribeiro	Individual	Senior Masculino	06:02:38	+02:43:07	10:59
196	1286	Pedro Serra	Individual	Senior Masculino	06:03:54	+02:44:23	11:02
197	1629	Gonçalo Rosado	Tartarugas Solidárias	Senior Masculino	06:03:54	+02:44:23	11:02
198	1051	Paulo Planche	CKPB - CLUBE KAYAK POLO BARRA	Senior Masculino	06:04:06	+02:44:35	11:02
199	1234	José Paulo Santos	Individual	Senior Masculino	06:06:12	+02:46:41	11:06
200	1012	Philip Manteigas	All About	Senior Masculino	06:06:39	+02:47:08	11:07

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

201	1594	José Botelho Duarte	QQÉP	Senior Masculino	06:08:55	+02:49:24	11:11
202	1241	Luís Gonçalves	Individual	Senior Masculino	06:09:10	+02:49:39	11:11
203	1178	Antonio Marinho	Individual	Senior Masculino	06:09:12	+02:49:41	11:11
204	1277	Pedro Ferreia	Individual	Senior Masculino	06:10:42	+02:51:11	11:14
205	1170	André Ferreira Costa Carvalho	Individual	Senior Masculino	06:12:25	+02:52:54	11:17
206	475	Edgar Serrano	Rompetocas RT	Senior Masculino	06:12:55	+02:53:24	11:18
207	1309	sergio miguel ferreira costa	Individual	Senior Masculino	06:14:24	+02:54:53	11:21
208	1243	Luis Teixeira	Individual	Senior Masculino	06:16:33	+02:57:02	11:25
209	1067	Hugo Freixo	Clube Zupper	Senior Masculino	06:16:36	+02:57:05	11:25
210	1116	Pedro Pinto	Fafe Runners	Senior Masculino	06:17:05	+02:57:34	11:26
211	1114	Miguel Von Doellinger	Fafe Runners	Senior Masculino	06:17:14	+02:57:43	11:26
212	1633	Fernando Leite	TNT - Trilhos Natura Team	Senior Masculino	06:18:25	+02:58:54	11:28
213	1302	Rui Miguel Guerra Jerónimo	Individual	Senior Masculino	06:19:50	+03:00:19	11:31
214	1505	José Andrade	Mountain trails	Senior Masculino	06:20:11	+03:00:40	11:31
215	1320	Vítor Manuel Dias Gonçalves	Individual	Senior Masculino	06:20:19	+03:00:48	11:31
216	1613	Francisco Gomes	Shots International Runners	Senior Masculino	06:21:29	+03:01:58	11:34
217	411	Paulo André Pereira Martins	Moka Trail Team	Senior Masculino	06:23:43	+03:04:12	11:38
218	1172	André Gomes	Individual	Senior Masculino	06:25:00	+03:05:29	11:40
219	207	João Valente	Individual	Senior Masculino	06:25:14	+03:05:43	11:40
220	1308	Sergio Fernando Alves Brochado	Individual	Senior Masculino	06:26:27	+03:06:56	11:43
221	1292	Ricardo Miguel Pocinho Silva	Individual	Senior Masculino	06:27:02	+03:07:31	11:44
222	1205	Fernando Rafael Ribeiro Carvalho	Individual	Senior Masculino	06:27:02	+03:07:31	11:44
223	1202	Fábio Daniel Pocinho Silva	Individual	Senior Masculino	06:27:02	+03:07:31	11:44
224	531	Ricardo Dantas	Trail Running Esposende	Senior Masculino	06:27:29	+03:07:58	11:45
225	1166	Álvaro Manuel dos Santos Aguiar	Individual	Senior Masculino	06:27:56	+03:08:25	11:45
226	1559	Luís Nogueiro	Os Trinca Espinhas	Senior Masculino	06:29:41	+03:10:10	11:49
227	1283	Pedro Peixinho	Individual	Senior Masculino	06:30:06	+03:10:35	11:49
228	1007	Carlos Carreira	ACADEMIA FERNANDA RIBEIRO	Senior Masculino	06:31:01	+03:11:30	11:51
229	1650	Mário Luis	Xtrail Running Team	Senior Masculino	06:32:15	+03:12:44	11:53
230	1649	Fernando Ramos	Xtrail Running Team	Senior Masculino	06:32:16	+03:12:45	11:53
231	1293	Ricardo Moreira	Individual	Senior Masculino	06:33:03	+03:13:32	11:55
232	1528	Jose Semblano	NO TOMORROW RUNNING TEAM	Senior Masculino	06:36:02	+03:16:31	12:00
233	1247	MARCO ANTONIO OLIVEIRA DOS SANTOS	Individual	Senior Masculino	06:38:17	+03:18:46	12:04
234	1216	Hernâni Filipe Rodrigues Dias	Individual	Senior Masculino	06:38:57	+03:19:26	12:05
235	51	Joao Ricardo Dias	CCD Siemens	Senior Masculino	06:48:18	+03:28:47	12:22
236	1287	Rafael Silva	Individual	Senior Masculino	06:49:44	+03:30:13	12:25
237	1295	Roberto Barreto	Centro Vicentino da Serra	Senior Masculino	06:51:12	+03:31:41	12:28
238	1581	JOSE CARVALHO	PORTOCARGO	Senior Masculino	06:52:04	+03:32:33	12:29
239	1562	André Velez	Os Trinca Espinhas	Senior Masculino	06:55:10	+03:35:39	12:35
240	1175	Ângelo Senra	Individual	Senior Masculino	07:02:47	+03:43:16	12:49
241	1230	Jorge Luis Gonçalves Vieira	NEL - Pédatleta	Senior Masculino	07:06:08	+03:46:37	12:55
242	238	OTAVIO MELO	Individual	Senior Masculino	07:10:35	+03:51:04	13:03
243	1318	Vitor Hugo de Oliveira Faria	Individual	Senior Masculino	07:15:01	+03:55:30	13:11
244	1130	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Senior Masculino	07:21:23	+04:01:52	13:23
245	476	Luis Ribeiro	Rompetocas RT	Senior Masculino	07:36:58	+04:17:27	13:51

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

246	1222	João Miguel Quintão Costa Gomes	Individual	Senior Masculino	07:40:42	+04:21:11	13:58
247	1299	Rui Gomes	Individual	Senior Masculino	07:40:42	+04:21:11	13:58
248	1638	Nuno Filipe Antunes Silva	TransPousada Trail Team	Senior Masculino	07:42:10	+04:22:39	14:00
249	1086	Bernardino José das Neves Alves Moreira Pinto	Dr Merino Clínica Médica	Senior Masculino	07:56:31	+04:37:00	14:26
250	1608	Gonçalo Nuno Mendes Henriques	RUNSOX RUNNERS	Senior Masculino	08:23:00	+05:03:29	15:15

Sub 23 Feminino

1	70	ANDREIA CARVALHO CUNHA	Clube Náutico de Ponte de Lima	Sub 23 Feminino	05:05:49		09:16

Sub 23 Masculino

1	1329	Romeu Gouveia	Escaravelhos Team	Sub 23 Masculino	03:10:06		05:46
2	1111	João Patricio	Escaravelhos Team	Sub 23 Masculino	03:32:58	+22:52	06:27
3	1327	Fernando Luis Lopes Santos	Escaravelhos Team	Sub 23 Masculino	04:15:35	+01:05:29	07:45
4	1328	Nuno Pinto Ferreira Carmo	Individual	Sub 23 Masculino	04:19:24	+01:09:18	07:52
5	1324	Alexandre Blasques	Individual	Sub 23 Masculino	04:30:35	+01:20:29	08:12
6	1326	Frederico Brito e Cunha Vela Pinto	Individual	Sub 23 Masculino	05:37:10	+02:27:04	10:13
7	1325	BRUNO FERREIRA	Individual	Sub 23 Masculino	05:48:12	+02:38:06	10:33
8	1330	Tiago Filipe Oliveira Faria	Individual	Sub 23 Masculino	06:38:33	+03:28:27	12:05

Veterana F40

1	1090	Casimira Moura	Dr Merino Clínica Médica	Veterana F40	03:54:20		07:06
2	1538	Raquel Clemente Pedro	OFFTEL RUNNERS	Veterana F40	04:27:42	+33:22	08:07
3	1004	Carla Cristina	Clube da Natureza de Alvito	Veterana F40	04:37:31	+43:11	08:25
4	1506	Lurdes Gil	Mountain trails	Veterana F40	04:42:40	+48:20	08:34
5	1342	Sandra Miranda	Individual	Veterana F40	05:18:55	+01:24:35	09:40
6	1341	Rita Fernandes	Individual	Veterana F40	05:21:00	+01:26:40	09:44
7	1339	Paula Mainhas	Individual	Veterana F40	05:25:56	+01:31:36	09:53
8	1035	Ana Dias	BUDEGUITA RUNNERS	Veterana F40	05:39:01	+01:44:41	10:16
9	1037	Maria do Carmo Loureiro	BUDEGUITA RUNNERS	Veterana F40	05:39:02	+01:44:42	10:16
10	1337	Lina Rosa	Individual	Veterana F40	05:40:21	+01:46:01	10:19
11	1573	Carla Costa	Passatempo Bike Team	Veterana F40	05:46:22	+01:52:02	10:30
12	533	Xénia Betsabé Sousa Alves da Silva Graça	Individual	Veterana F40	05:52:01	+01:57:41	10:40
13	1334	Fatima Martins	Individual	Veterana F40	05:56:01	+02:01:41	10:47
14	1338	Patricia Encarnacao	Individual	Veterana F40	05:59:26	+02:05:06	10:54
15	1333	CRISTINA QUELHAS	Individual	Veterana F40	06:07:09	+02:12:49	11:08
16	1624	Carla Mota	Tartarugas do Asfalto	Veterana F40	06:14:25	+02:20:05	11:21
17	1340	Paula Ribeiro	Individual	Veterana F40	06:39:41	+02:45:21	12:07
18	1038	Sandra Oliveira	BUDEGUITA RUNNERS	Veterana F40	07:22:44	+03:28:24	13:25

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterana F45

1	1588	Amélia Costa	PROAVENTURAS	Veterana F45	04:20:23		07:53
2	1032	Alexandra Fernandes	Boavista F.C.	Veterana F45	04:41:21	+20:58	08:32
3	1346	Irene Azevedo Monte	Individual	Veterana F45	05:19:56	+59:33	09:42
4	1583	MANUELA FARIA	PORTOCARGO	Veterana F45	05:32:37	+01:12:14	10:05
5	1349	Paula Chaves	LOCOMOTIVA DE PARANHOS	Veterana F45	05:35:26	+01:15:03	10:10
6	1350	Virgínia Pereira	Individual	Veterana F45	05:43:40	+01:23:17	10:25
7	1047	Susana Lobo Santos	Chegamos ao fim	Veterana F45	05:44:33	+01:24:10	10:26
8	1589	Maria Martins	PROAVENTURAS	Veterana F45	05:54:15	+01:33:52	10:44
9	1344	Cristina Maria Fundevila Teixeira	Individual	Veterana F45	05:59:02	+01:38:39	10:53
10	288	Sandra Marina Pereira Simões	RUN 4 FUN	Veterana F45	06:08:21	+01:47:58	11:10
11	445	Fátima Gonçalves	OS TUGAS	Veterana F45	06:56:47	+02:36:24	12:38
12	1042	Mº Dolores González Enriquez	Bugallas Mobles & Victor Pazos	Veterana F45	07:21:31	+03:01:08	13:23
13	1347	Margarida Cunha Reis	Individual	Veterana F45	07:24:30	+03:04:07	13:28
14	1565	Lurdes Silva	OS TUGAS	Veterana F45	08:59:12	+04:38:49	16:20

Veterana F50

1	1351	Maria Manuela Machado	Individual	Veterana F50	05:39:27		10:17
2	1361	Luisa Almeida	Tartarugas do Asfalto	Veterana F50	05:45:46	+06:19	10:29
3	1566	Graça Roldão	OS TUGAS	Veterana F50	05:53:24	+13:57	10:43

Veterano M40

1	1091	André Guedes	Dr Merino Clínica Médica	Veterano M40	03:24:55		06:13
2	1520	Luis Miguel Marques Gil	MULTIPOWER | GAIA TRAIL	Veterano M40	03:25:26	+00:31	06:14
3	1030	Rui Laranjeira	Bikeseven Esposende	Veterano M40	03:35:42	+10:47	06:32
4	339	Víctor Emanuel de Castro Correia	Individual	Veterano M40	03:47:46	+22:51	06:54
5	1418	Sérgio Jorge de Oliveira Gomes	Individual	Veterano M40	03:48:36	+23:41	06:56
6	9	Pedro Miguel Ferreira Henriques Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M40	03:55:03	+30:08	07:07
7	1381	José Ferreira	Individual	Veterano M40	04:03:52	+38:57	07:23
8	1239	Alexandre Cantiga	PROAVENTURAS	Veterano M40	04:05:13	+40:18	07:26
9	1126	José Paulo Pereira Ribeiro	Ginásio Factor X	Veterano M40	04:09:22	+44:27	07:33
10	1641	LUIS ALEXANDRE	TRILHOS DOS TEMPLÁRIOS ACR SANTA CITA	Veterano M40	04:11:38	+46:43	07:38
11	1405	Paulo Rui da Costa Pereira	Individual	Veterano M40	04:12:38	+47:43	07:39
12	1642	PAULO FERREIRA	TRILHOS DOS TEMPLÁRIOS ACR SANTA CITA	Veterano M40	04:16:37	+51:42	07:47
13	1404	Paulo pires alves	Individual	Veterano M40	04:17:53	+52:58	07:49
14	1055	Luis Miguel Alves Monteiro	Clube Desportivo da Limpeza Urbana	Veterano M40	04:17:59	+53:04	07:49
15	1572	José Miguel Pais	Passatempo Bike Team	Veterano M40	04:18:48	+53:53	07:51
16	1412	Ricardo Sérgio Estrela Lobo	Individual	Veterano M40	04:20:28	+55:33	07:54
17	1064	ANTONIO JOSE COSTA BRITO FERREIRA	Clube Náutico de Ponte de Lima	Veterano M40	04:24:44	+59:49	08:01

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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18	1390	Duarte Barbosa	Individual	Veterano M40	04:25:24	+01:00:29	08:03
19	1075	Eugénio Moreira	Corre Conosco Felgueiras	Veterano M40	04:25:30	+01:00:35	08:03
20	1364	FERNANDO CASTELA	Individual	Veterano M40	04:33:04	+01:08:09	08:16
21	1413	Roberto Expósito Expósito	Individual	Veterano M40	04:34:26	+01:09:31	08:19
22	1373	João Antunes	Individual	Veterano M40	04:36:31	+01:11:36	08:23
23	1419	Sérgio Lima	Individual	Veterano M40	04:37:12	+01:12:17	08:24
24	1394	Miguel Bastos dos Santos	Individual	Veterano M40	04:41:13	+01:16:18	08:31
25	1634	José Miguel Machado Marques dos Santos	Trail do Sarilho - Cantanhede	Veterano M40	04:41:18	+01:16:23	08:31
26	1354	Álvaro antonio Sousa leite Silva	Individual	Veterano M40	04:46:14	+01:21:19	08:40
27	1372	Hugo Manuel Gallego Machado Sousa Brito	Individual	Veterano M40	04:46:21	+01:21:26	08:41
28	1367	Francisco Pinheiro	Individual	Veterano M40	04:50:40	+01:25:45	08:48
29	1098	Paulo Pedra	EDV - Viana Trail	Veterano M40	04:54:10	+01:29:15	08:55
30	1379	José António Pinto Lourenço	Individual	Veterano M40	04:56:44	+01:31:49	09:00
31	1043	Marcelo Silva	CARAPAUS DE CORRIDA	Veterano M40	04:57:49	+01:32:54	09:01
32	1414	Rui Manuel Oliveira Laranjeiro	Individual	Veterano M40	04:59:21	+01:34:26	09:04
33	1578	vitor martins	Pocariça Runners	Veterano M40	05:00:07	+01:35:12	09:06
34	1399	Nuno Jose Fonseca Freitas	Individual	Veterano M40	05:03:29	+01:38:34	09:12
35	1117	Joaquim vaz	Fafe Runners	Veterano M40	05:04:48	+01:39:53	09:14
36	1632	Rui Andrade	Team DUAS FACES	Veterano M40	05:05:47	+01:40:52	09:16
37	1371	Helder Carvalho	Individual	Veterano M40	05:05:51	+01:40:56	09:16
38	1636	Antonio Coelho	TRAIL ME	Veterano M40	05:06:29	+01:41:34	09:17
39	1402	osvaldo tomé ramos rebelo	Individual	Veterano M40	05:06:39	+01:41:44	09:18
40	1481	João Miguel Pereira Ferreira	INQUIPA TRAIL SORRISO	Veterano M40	05:09:59	+01:45:04	09:24
41	1009	Rui Martins	Afa trail	Veterano M40	05:10:27	+01:45:32	09:24
42	1410	Raul Curva	Individual	Veterano M40	05:14:17	+01:49:22	09:31
43	1400	Nuno Oliveira e Silva	Individual	Veterano M40	05:14:25	+01:49:30	09:32
44	1118	António Machado	FFit Gaia Trail	Veterano M40	05:14:42	+01:49:47	09:32
45	1519	João Graça	Global News	Veterano M40	05:17:22	+01:52:27	09:37
46	1360	Carlos Bruno da Silva Santiago Vieira Grade	Individual	Veterano M40	05:19:16	+01:54:21	09:40
47	504	Mário Fernandes	Thermoplay Portugal	Veterano M40	05:20:43	+01:55:48	09:43
48	1133	Luis oliveira	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	05:22:55	+01:58:00	09:47
49	1097	André Saleiro	EDV - Viana Trail	Veterano M40	05:23:08	+01:58:13	09:48
50	1019	porfirio da silva pereira	Aqui Vamos Nós!	Veterano M40	05:23:48	+01:58:53	09:49
51	1384	José Pedro Conde Pinto da Silva	Individual	Veterano M40	05:24:50	+01:59:55	09:51
52	1355	Americo Areias	Individual	Veterano M40	05:25:55	+02:01:00	09:53
53	1411	Ricardo Mainhas	Individual	Veterano M40	05:25:56	+02:01:01	09:53
54	335	rui manuel da silva gomes	GD OS RIBEIRINHOS	Veterano M40	05:26:50	+02:01:55	09:54
55	1370	Frank Manuel Domingues	Individual	Veterano M40	05:29:28	+02:04:33	09:59
56	1391	Luis Nuno Santos	AFIS OVAR	Veterano M40	05:29:55	+02:05:00	10:00
57	1406	Paulo Seabra	Individual	Veterano M40	05:30:08	+02:05:13	10:00
58	1025	Mário Ferreira	Associação Desportiva da Efacec	Veterano M40	05:30:16	+02:05:21	10:00
59	1417	Sergio Fernández Rodríguez	Individual	Veterano M40	05:31:12	+02:06:17	10:02
60	1386	Luis Pedro	Individual	Veterano M40	05:32:48	+02:07:53	10:05
61	1129	Pedro Gavina	Global News	Veterano M40	05:39:08	+02:14:13	10:17

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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62	1392	Manuel Jorge Alves do Nascimento	Individual	Veterano M40	05:40:22	+02:15:27	10:19
63	1526	Vitor Silva Dinis	NEL - Pédatleta	Veterano M40	05:41:55	+02:17:00	10:22
64	1369	FRANCISCO SOUTO ALVAREZ	Individual	Veterano M40	05:42:38	+02:17:43	10:23
65	1380	José Carlos Vázquez Míguez	Individual	Veterano M40	05:42:39	+02:17:44	10:23
66	13	Nuno Miguel Reforço de Sousa Gião	ACCVCAVI	Veterano M40	05:44:21	+02:19:26	10:26
67	1010	David Sousa	All About	Veterano M40	05:45:06	+02:20:11	10:27
68	1053	Américo Gomes	CLUBE ATLETISMO LAMAS	Veterano M40	05:45:13	+02:20:18	10:28
69	1387	Luís Barata da Rocha	Individual	Veterano M40	05:45:59	+02:21:04	10:29
70	1571	Jaime Beato	Passatempo Bike Team	Veterano M40	05:46:22	+02:21:27	10:30
71	1368	Francisco Reis	Individual	Veterano M40	05:46:32	+02:21:37	10:30
72	1070	Edgar Semedo	Coimbra Trail Running	Veterano M40	05:49:13	+02:24:18	10:35
73	1403	Paulo Jorge Martins Rodrigues	Individual	Veterano M40	05:51:46	+02:26:51	10:40
74	313	Jorge Pinto	Individual	Veterano M40	05:53:52	+02:28:57	10:43
75	1365	Filipe Gonçalves	Individual	Veterano M40	05:56:09	+02:31:14	10:48
76	1362	Dinis Gonçalves	MULTIPOWER | GAIA TRAIL	Veterano M40	05:56:36	+02:31:41	10:48
77	1657	Luis Afonso	Individual	Veterano M40	05:56:47	+02:31:52	10:49
78	1604	José Leal	ROSÁRIO EXTREME	Veterano M40	05:57:47	+02:32:52	10:51
79	1584	Antonio Pereira	PORTOCARGO	Veterano M40	05:58:32	+02:33:37	10:52
80	1385	josé Pedro Pinto Silva	Individual	Veterano M40	05:59:02	+02:34:07	10:53
81	1498	MIGUEL CAROUNHO	MIGUEL CAROUNHO	Veterano M40	05:59:44	+02:34:49	10:54
82	1374	Joao Barbosa	Individual	Veterano M40	06:03:22	+02:38:27	11:01
83	1132	Paulo Alves	GONDOMAR FUTSAL CLUBE	Veterano M40	06:03:40	+02:38:45	11:01
84	1422	Vitor santos	Individual	Veterano M40	06:04:59	+02:40:04	11:04
85	1039	Rodolfo Melo de Sousa	BUDEGUITA RUNNERS	Veterano M40	06:06:46	+02:41:51	11:07
86	329	Paulo Alexandre Bernardino Raposo	Individual	Veterano M40	06:09:26	+02:44:31	11:12
87	1356	ANTONIO RAMOS	Individual	Veterano M40	06:12:59	+02:48:04	11:18
88	1575	ILIDIO PIRES	PENTELHEIROS RUNNERS	Veterano M40	06:14:25	+02:49:30	11:21
89	1407	Paulo Tina	Individual	Veterano M40	06:19:50	+02:54:55	11:31
90	1378	José Alberto Dias Martins	Individual	Veterano M40	06:20:23	+02:55:28	11:32
91	1409	Rafael Cordovilla Pérez	Individual	Veterano M40	06:21:03	+02:56:08	11:33
92	1503	Helder Fernando Barros da Siva	Moreira Relax Runners	Veterano M40	06:21:34	+02:56:39	11:34
93	1358	Avelino Fernandes	Individual	Veterano M40	06:25:00	+03:00:05	11:40
94	1543	Rui Manuel de Conde Franco	ONE SOUL CROSSFIT	Veterano M40	06:29:05	+03:04:10	11:47
95	1048	Pedro Ribeiro	Chegamos ao fim	Veterano M40	06:32:00	+03:07:05	11:53
96	1366	Filipe Nogueira	Individual	Veterano M40	06:34:56	+03:10:01	11:58
97	1647	Armando Pinho	WTF	Veterano M40	06:36:35	+03:11:40	12:01
98	1525	André Goucha	NEL - Pédatleta	Veterano M40	06:36:55	+03:12:00	12:02
99	1357	Augusto Oliveira	Individual	Veterano M40	07:02:46	+03:37:51	12:49
100	1376	João Pedro Valente Serdoura dos Santos	LOCOMOTIVA DE PARANHOS	Veterano M40	07:21:25	+03:56:30	13:23
101	1352	Abílio Malheiro	Individual	Veterano M40	07:49:57	+04:25:02	14:14
102	1626	Rui Miguel Neves Cortes	Tartarugas Solidárias	Veterano M40	07:50:16	+04:25:21	14:15
103	308	João Rodrigues Brazão Ferreira	Individual	Veterano M40	08:20:33	+04:55:38	15:10

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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Veterano M45

1	1163	José Manuel Fins	Individual	Veterano M45	04:09:38		07:34
2	1431	Francisco Moure Fernandez	Individual	Veterano M45	04:21:41	+12:03	07:56
3	1508	Paulo Açafrão	Mountain trails	Veterano M45	04:29:28	+19:50	08:10
4	1092	Luís Jorge ribeiro de Carvalho	Dr Merino Clínica Médica	Veterano M45	04:34:54	+25:16	08:20
5	1447	Manuel Emidio Rocha	Individual	Veterano M45	04:37:15	+27:37	08:24
6	1335	Vítor Lima	All About	Veterano M45	04:41:40	+32:02	08:32
7	1637	Miguel Araújo	TRAIL ME	Veterano M45	04:46:50	+37:12	08:42
8	1445	Luís Silva	Individual	Veterano M45	04:47:07	+37:29	08:42
9	1438	José Carvalho Gomes	Individual	Veterano M45	04:50:53	+41:15	08:49
10	1616	Lieven Verraest	Sunday Training	Veterano M45	04:52:42	+43:04	08:52
11	1424	`Paulo Jorge Loureiro	Individual	Veterano M45	04:52:51	+43:13	08:52
12	1437	José Carlos da Silva Catarino	Individual	Veterano M45	04:57:37	+47:59	09:01
13	1455	Pedro Leitão Nunes	Individual	Veterano M45	04:58:47	+49:09	09:03
14	1484	Vítor Silva	Invicta Runners Team	Veterano M45	04:58:56	+49:18	09:04
15	1425	António José Carmo	Individual	Veterano M45	05:00:29	+50:51	09:06
16	1452	nuno cáceres	Individual	Veterano M45	05:00:50	+51:12	09:07
17	1119	Fernando Jorge Oliveira	FFit Gaia Trail	Veterano M45	05:06:09	+56:31	09:17
18	1432	Francisco Nogueira	Individual	Veterano M45	05:06:51	+57:13	09:18
19	1426	Carlos Freixo	Individual	Veterano M45	05:06:55	+57:17	09:18
20	1459	Ricardo Sá	Individual	Veterano M45	05:21:44	+01:12:06	09:45
21	1027	António José Machado Loureiro	Autistic Runners	Veterano M45	05:21:56	+01:12:18	09:45
22	1456	Pedro Valente	Inijovem	Veterano M45	05:22:04	+01:12:26	09:46
23	1540	Luís Lages	OFFTEL RUNNERS	Veterano M45	05:23:03	+01:13:25	09:47
24	1550	Miguel Pereira	OS ROTOS	Veterano M45	05:26:08	+01:16:30	09:53
25	1440	José Moreira	Individual	Veterano M45	05:26:49	+01:17:11	09:54
26	1592	Sérgio Casal	PROAVENTURAS	Veterano M45	05:27:31	+01:17:53	09:55
27	1457	pedro viana	Individual	Veterano M45	05:38:03	+01:28:25	10:15
28	1450	Miguel Magalhaes	Individual	Veterano M45	05:38:03	+01:28:25	10:15
29	1436	João Cid Alves	Individual	Veterano M45	05:48:10	+01:38:32	10:33
30	1590	João Nuno Fonseca	PROAVENTURAS	Veterano M45	05:54:15	+01:44:37	10:44
31	1434	Humberto Fontes	Individual	Veterano M45	05:55:16	+01:45:38	10:46
32	1448	Manuel Rodrigues	Individual	Veterano M45	05:55:20	+01:45:42	10:46
33	1439	jose mendes	Individual	Veterano M45	05:56:54	+01:47:16	10:49
34	1345	Manuel Teixeira	Individual	Veterano M45	05:58:19	+01:48:41	10:51
35	1453	Paulo Azevedo	Individual	Veterano M45	05:59:03	+01:49:25	10:53
36	1449	Miguel Duarte	Individual	Veterano M45	06:00:13	+01:50:35	10:55
37	1430	Fernando Paulo Monteiro	Individual	Veterano M45	06:06:33	+01:56:55	11:06
38	1458	rafael gutierrezaraujo	Individual	Veterano M45	06:12:04	+02:02:26	11:16
39	1625	Carlos Afonso Teixeira	Tartarugas do Asfalto	Veterano M45	06:14:25	+02:04:47	11:21
40	1102	Vitor Estrela	EDV - Viana Trail	Veterano M45	06:23:23	+02:13:45	11:37
41	1451	Miguel Pereira Resende	Individual	Veterano M45	06:27:46	+02:18:08	11:45
42	1482	Paulo Alexandre Costa	INQUIPA TRAIL SORRISO	Veterano M45	06:27:46	+02:18:08	11:45
43	1049	Victor Ventura	Chegamos ao fim	Veterano M45	06:44:06	+02:34:28	12:15
44	1428	Christopher Sá	Individual	Veterano M45	06:48:19	+02:38:41	12:22

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

45	1100	Manuel António Meneses de Araújo	EDV - Viana Trail	Veterano M45	06:49:08	+02:39:30	12:24
46	1444	Luís Graça	Individual	Veterano M45	06:59:16	+02:49:38	12:42
47	1040	André Lopes Amorim	BUDEGUITA RUNNERS	Veterano M45	07:22:44	+03:13:06	13:25

Veterano M50

1	1076	Francisco Silva Lemos	Corre Conosco Felgueiras	Veterano M50	04:01:25		07:19
2	1054	António Batista	Clube de Montanhismo de Braga	Veterano M50	04:18:48	+17:23	07:51
3	1593	João Paulo Marques	PROAVENTURAS	Veterano M50	04:20:22	+18:57	07:53
4	1463	Arnaldo Santos	KO TRAIL RUNNING	Veterano M50	04:46:19	+44:54	08:41
5	1466	João Paulo Rocha	Individual	Veterano M50	05:00:48	+59:23	09:07
6	1643	António Ferreira	TURBULENTOS	Veterano M50	05:01:31	+01:00:06	09:08
7	1065	ALVARO ARAUJO	Clube Náutico de Ponte de Lima	Veterano M50	05:05:53	+01:04:28	09:16
8	1028	José Luis Machado Loureiro	Autistic Runners	Veterano M50	05:11:55	+01:10:30	09:27
9	1605	Francisco Costa	ROSÁRIO EXTREME	Veterano M50	05:20:10	+01:18:45	09:42
10	1013	paulo leite	All About	Veterano M50	05:20:35	+01:19:10	09:43
11	1470	Manuel Oliveira	Individual	Veterano M50	05:20:46	+01:19:21	09:43
12	377	José Manuel Fernandes Ferreira	Individual	Veterano M50	05:29:46	+01:28:21	10:00
13	1471	MARIO COSTA	Individual	Veterano M50	05:30:16	+01:28:51	10:00
14	1469	Manuel Malheiro Coelho	Individual	Veterano M50	05:36:33	+01:35:08	10:12
15	1465	Fernando Carvalho Marques	Individual	Veterano M50	05:43:52	+01:42:27	10:25
16	379	Rui Pedro Chaves Ferreira	Individual	Veterano M50	05:49:48	+01:48:23	10:36
17	372	Celso Silva Araújo	Individual	Veterano M50	05:50:24	+01:48:59	10:37
18	1017	Antonio Fernandes	Antonio Fernandes	Veterano M50	06:00:38	+01:59:13	10:56
19	512	Paulo Manuel Marques Valente	Trailistas “Eu é que sei!”	Veterano M50	06:04:59	+02:03:34	11:04
20	1467	Manuel Carlos Oliveira Ferreira	Individual	Veterano M50	06:06:31	+02:05:06	11:06
21	1473	Ruben António Costa	Individual	Veterano M50	06:08:22	+02:06:57	11:10
22	1461	Alberto Galamba	Individual	Veterano M50	06:15:30	+02:14:05	11:23
23	1630	Henrique Ruivo	Tartarugas Solidárias	Veterano M50	06:23:00	+02:21:35	11:36
24	1120	Rui Sá	FFit Gaia Trail	Veterano M50	06:47:46	+02:46:21	12:21
25	446	António Gonçalves	OS TUGAS	Veterano M50	06:56:46	+02:55:21	12:38
26	1474	Valentim Castro da Guia	Individual	Veterano M50	07:17:38	+03:16:13	13:16
27	1551	Zé Nel Vieira	OS ROTOS	Veterano M50	07:26:06	+03:24:41	13:31
28	1462	António Vale	Individual	Veterano M50	07:40:11	+03:38:46	13:57
29	375	Joe Kelbel	Individual	Veterano M50	07:53:43	+03:52:18	14:21

Veterano M55

1	1564	José Velez	Os Trinca Espinhas	Veterano M55	05:09:47		09:23
2	1476	José Manuel Oliveira	Individual	Veterano M55	05:20:55	+11:08	09:43
3	1561	António Manuel Carita Franco	Os Trinca Espinhas	Veterano M55	05:25:25	+15:38	09:52
4	1475	Joaquim Alberto Oliveira Gonçalves	Individual	Veterano M55	05:43:07	+33:20	10:24
5	1112	Manuel Cunha Lima	Experienciar/ Farmácia de Vila Cova / Centro Recuperação Diogo Cardoso	Veterano M55	05:51:13	+41:26	10:39
6	1485	António Santos Pereira	Invicta Runners Team	Veterano M55	05:58:31	+48:44	10:52

Trail Longo 33K

33 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterano M60

1	1478	JOSE EUFRASIO	Individual	Veterano M60	04:48:16		08:44
2	390	Manuel Faria Sampaio	Individual	Veterano M60	05:33:21	+45:05	10:06

COLETIVA 33K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	MULTIPOWER | GAIA TRAIL	10:42:58 [4 + 14 + 16]	0
2	Escaravelhos Team	10:45:55 [1 + 11 + 40]	0
3	Dr Merino Clínica Médica	10:48:25 [3 + 17 + 18]	0
4	Emicela Team de Cabo Verde	10:48:35 [7 + 10 + 21]	0
5	Corre Conosco Felgueiras	11:18:20 [2 + 35 + 39]	0
6	Ginásio Factor X	11:49:22 [6 + 45 + 52]	0
7	Satecnosol Outdoor / LaSportiva	12:34:09 [8 + 36 + 207]	0
8	Clube Náutico de Ponte de Lima	12:36:08 [26 + 63 + 75]	0
9	PROAVENTURAS	12:45:57 [44 + 67 + 68]	0
10	KeMedo Team	12:47:28 [54 + 57 + 58]	0
11	Fafe Runners	13:12:14 [5 + 113 + 191]	0
12	Ermida Team	13:39:48 [25 + 91 + 222]	0
13	O Mundo da Corrida	13:42:13 [73 + 81 + 147]	0
14	Mountain trails	14:07:46 [85 + 122 + 158]	0
15	TRAIL ME	14:13:43 [69 + 134 + 198]	0
16	Pocariça Runners	14:24:19 [43 + 176 + 233]	0
17	Corridas De Pernas Pro Ar	14:37:53 [19 + 257 + 275]	0
18	EDV - Viana Trail	15:07:50 [155 + 184 + 220]	0
19	OFFTEL RUNNERS	15:11:28 [83 + 241 + 252]	0
20	Os Trinca Espinhas	15:14:28 [108 + 210 + 259]	0
21	BUDEGUITA RUNNERS	15:19:09 [79 + 221 + 306]	0
22	Coimbra Trail Running	15:44:34 [164 + 168 + 350]	0
23	All About	15:47:20 [120 + 239 + 333]	0
24	Passatempo Bike Team	15:51:31 [65 + 342 + 343]	0
25	NEL - Pédatleta	16:03:49 [163 + 256 + 315]	0
26	Associação Desportiva da Efacec	16:05:10 [190 + 279 + 280]	0
27	Global News	16:22:48 [230 + 266 + 308]	0
28	Sunday Training	16:27:19 [150 + 186 + 483]	0
29	INQUIPA TRAIL SORRISO	16:48:22 [212 + 217 + 471]	0
30	Rainha Club	16:57:59 [227 + 356 + 357]	0
31	GONDOMAR FUTSAL CLUBE	17:01:50 [13 + 408 + 515]	0
32	PORTOCARGO	17:03:45 [286 + 287 + 390]	0
33	FFit Gaia Trail	17:08:36 [197 + 226 + 495]	0
34	Shots International Runners	17:24:29 [214 + 364 + 455]	0
35	Tartarugas Solidárias	17:36:09 [340 + 341 + 410]	0
36	ONE SOUL CROSSFIT	17:42:46 [273 + 332 + 473]	0
37	CKPB - CLUBE KAYAK POLO BARRA	17:47:02 [359 + 360 + 411]	0
38	Tartarugas do Asfalto	18:14:35 [338 + 436 + 438]	0

COLETIVA 33K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

39	Chegamos ao fim	19:00:38 [329 + 477 + 494]	0
40	Xtrail Running Team	19:36:45 [479 + 480 + 481]	0
41	OS TUGAS	19:46:56 [365 + 503 + 504]	0