

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Ritmo	Cat.
1.	18	Francisco Inacio	g.d.zambujeira e serra	M	Sen M	03:10:54,643	05:47	1
2.	89	João Repas	Monsanto Running Team	M	M35	03:12:44,061	05:50	1
3.	2	Rodrigo Silva	Monsanto Running Team	M	Sen M	03:14:34,306	05:54	2
4.	17	Jose Lopes	Clube de Atletismo Odimarq	M	M50	03:15:42,823	05:56	1
5.	81	Francisco Antonieta	Caracol Trail Team	M	M55	03:15:46,818	05:56	1
6.	100	Luis Vitorino	Aminhacorrida/Myprotein	M	M40	03:23:28,412	06:10	1
7.	10	Miguel Delgado	G.D.M. Trail Team	M	M35	03:31:46,948	06:25	2
8.	63	Henrique Dias	Caracol Trail Team	M	Sub23 M	03:32:07,967	06:26	1
9.	20	João Maia	Falcões Selvagens	M	M55	03:34:45,557	06:31	2
10.	55	Ângelo Relvas	Runners da Frente Ribeirinha da Povia de Santa Iria	M	M40	03:38:45,214	06:38	2
11.	83	João Pereira	Monsanto Running Team	M	M40	03:38:49,523	06:38	3
12.	3	Didier Valente	Monsanto Running Team	M	M45	03:39:47,743	06:40	1
13.	77	Hugo Miguel	Trilho Perdido Eventos / Imporlux	M	M40	03:40:45,626	06:41	4
14.	101	Samuel Castro	Salamandrecos	M	Sen M	03:43:43,621	06:47	3
15.	68	Javier Moreno Salinas	B-TRAIL CÁCERES	M	M55	03:45:31,156	06:50	3
16.	65	André Serra	GO!Runners	M	M35	03:47:49,070	06:54	3
17.	47	Rui Paulo		M	M50	03:51:42,179	07:01	2
18.	43	André Carlos		M	Sen M	03:52:41,331	07:03	4
19.	14	Emanuel Silva	Run 4 Fun	M	M35	03:52:55,470	07:04	4
20.	59	Marco Rasteiro	GO!Runners / OutPro Store	M	M35	03:52:59,126	07:04	5
21.	15	Iciar Rodrigo		F	F40	04:01:03,333	07:18	1
22.	11	Rita Teixeira		F	F35	04:01:30,742	07:19	1
23.	71	Francisco Fernandez Torres	B-TRAIL CÁCERES	M	M50	04:01:37,521	07:19	3
24.	76	Luis Silva	Trilho Perdido Eventos / Imporlux	M	M45	04:06:12,312	07:28	2
25.	64	Ricardo Valente	CRP Ribafria	M	M50	04:09:44,787	07:34	4
26.	90	Artur Basilio	Opraticante.pt	M	M40	04:11:46,224	07:38	5
27.	107	Fausto Pereira	MadRunners	M	M35	04:14:11,786	07:42	6
28.	1	Carmen Henriques	run and smile	F	F40	04:15:13,218	07:44	2
29.	21	Hugo Lampreia	VAC atletismo	M	M40	04:16:59,778	07:47	6
30.	92	Pedro Ramos	Opraticante.pt	M	M40	04:20:00,177	07:53	7
31.	86	Andreia Pereira		F	Sen F	04:20:00,443	07:53	1
32.	74	Nuno Santiago		M	M40	04:20:07,783	07:53	8
33.	23	Sara Pedro	RÓÓDINHAS-Santos Silva/OXYGEN Gym & Fitness	F	F50	04:20:58,054	07:55	1
34.	49	Bruno Oliveira	Clube vodafone	M	M40	04:26:55,168	08:05	9
35.	70	Vasco Rosário	Runners da Frente Ribeirinha da Povia de Santa Iria	M	M40	04:28:20,912	08:08	10
36.	69	Vasco Armés	Runners da Frente Ribeirinha da Povia de Santa Iria	M	M45	04:28:20,921	08:08	3
37.	50	Paulo Trigo	Runners da Frente Ribeirinha da Povia de Santa Iria	M	M40	04:28:21,098	08:08	11
38.	16	Hugo Gomes	Run for Friends	M	M35	04:29:15,731	08:10	7
39.	73	Carla Henriques	Mafra	F	F40	04:33:04,922	08:16	3
40.	38	Carlos Alegre	Associação de Toledo	M	M55	04:35:08,097	08:20	4
41.	13	Pedro Silva		M	M35	04:35:09,419	08:20	8
42.	37	Joao Casal	Vilar Bulls	M	M35	04:37:33,409	08:25	9
43.	8	Vera Reis	Morcegos Trail	F	F40	04:38:30,355	08:26	4
44.	57	Ricardo Gago		M	M40	04:38:37,941	08:26	12

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45.	41	Manuel Victorino	C.C.D O Alvitejo	M	M60	04:39:26,204	08:28	1
46.	54	Rui Pereira	Dublin O Seven	M	M40	04:42:12,843	08:33	13
47.	24	Rui Mateus	Clube de pessoal da EDP Caldas da	M	M55	04:42:18,064	08:33	5
48.	339	Luís Santana	Trilho Perdido Eventos / Imporlux	M	M55	04:49:15,955	08:46	6
49.	52	Conceição Alves	LESMAS ACELERADAS	F	F55	04:49:17,155	08:46	1
50.	67	Sílvia Engenheiro	Refisica Ginásio	F	F35	04:56:58,510	09:00	2
51.	26	Bárbara Marques	Ao ritmo das 200 ppm	F	F35	04:59:31,407	09:05	3
52.	28	Nuno Marques		M	M40	04:59:39,896	09:05	14
53.	44	Cátia Correia	Peniche a Correr	F	Sen F	05:01:13,323	09:08	2
54.	42	Paulo Vitor	Peniche a Correr	M	M50	05:01:14,060	09:08	5
55.	56	Mario Silva	TAU RUNNERS	M	M55	05:03:43,235	09:12	7
56.	7	Carla Angueira	Ginásio Clube de Bragança	F	F40	05:04:34,090	09:14	5
57.	12	Francisco Julião	Dolce Furadouro	M	M60	05:04:34,911	09:14	2
58.	60	Nuno Roupeta	Grupeta Running Team	M	M45	05:07:59,603	09:20	4
59.	91	Sandra Oliveira	Opraticante.pt	F	F35	05:11:39,707	09:26	4
60.	36	António Gonçalves	O MUNDO DA CORRIDA	M	M55	05:25:06,731	09:51	8
61.	75	Victor Lopes	Run Crew Trail Montijo	M	M35	05:25:06,965	09:51	10
62.	35	Fátima Gonçalves	O MUNDO DA CORRIDA	F	F50	05:25:07,303	09:51	2
63.	58	Sandra Rocha	Run Crew Trail Montijo	F	F45	05:25:07,447	09:51	1
64.	96	Gislaine Costa	Safados do trail	F	F40	05:33:10,174	10:06	6
65.	66	Elisa Geraldés	Refisica Ginásio	F	Sen F	05:37:41,540	10:14	3
66.	95	André Vaz	KMC	M	M45	05:40:08,552	10:19	5
67.	9	David Gonçalves	CorreMisto	M	M40	05:48:02,203	10:33	15
68.	29	Nuno Andrade	Trail Clube de Futebol de Sassoeiros	M	M45	05:55:39,368	10:47	6
69.	27	Miguel Santos	Futebol clube de Sassoeiros	M	M40	05:55:39,507	10:47	16
70.	22	João Barros	Nós	M	M55	05:55:39,868	10:47	9
71.	48	Luis Ildefonso	Refisica Ginásio	M	M40	05:56:47,362	10:49	17
72.	46	Tania Correia	Refisica Ginásio	F	F35	05:56:47,370	10:49	5
73.	105	Mario Santos	Monte da Lua Runners	M	M45	06:00:06,021	10:55	7
74.	93	Nuno Costa	SS CGD	M	M45	06:35:04,764	11:58	8