

Trilhos do Javali 2018

8 de Dezembro de 2018

Resultados - Trilhos do Javali 15Km · 5 páginas

Pos.	Dorsal	Nome e apelido	Equipa	Sexo	Tempo	Diferença	Ritmo	Por cat.
1	866	Rui Canelas	AMCF - Arrábida Trail Team	M	1:28:57,557	-	05:31	1º Sen M
2	883	Nuno Gomes	GO!Runners / Outpro Store	M	1:29:26,621	+ 0:29,064	05:33	2º Sen M
3	882	Rui Rodrigues	GO!Runners / Outpro Store	M	1:29:37,765	+ 0:40,208	05:34	3º Sen M
4	724	Ricardo Parada	Zimbra Fox Runners	M	1:33:43,101	+ 4:45,544	05:49	4º Sen M
5	753	Paulo Gonçalves	House Martins Belas	M	1:33:43,720	+ 4:46,163	05:49	1º M45
6	525	João Ferreira	ForSports	M	1:38:18,226	+ 9:20,669	06:07	5º Sen M
7	881	Diogo Sousa	GO!Runners / Outpro Store	M	1:39:24,025	+ 10:26,468	06:10	6º Sen M
8	797	Vitor Parada	Zimbra Fox Runners	M	1:39:26,175	+ 10:28,618	06:11	7º Sen M
9	742	Francisco Lopes	Volkswagen Autoeuropa	M	1:39:28,971	+ 10:31,414	06:11	2º M45
10	613	Diogo Mesquita	Matilha Running	M	1:40:01,480	+ 11:03,923	06:13	1º JB M
11	600	João Gonçalves		M	1:40:31,195	+ 11:33,638	06:14	8º Sen M
12	810	Estela Martinho		F	1:41:37,091	+ 12:39,534	06:19	1º Sen F
13	612	Raúl Pena	House Martins Belas	M	1:42:08,927	+ 13:11,370	06:20	1º M50
14	725	Alexandre Parada	Zimbra Fox Runners	M	1:42:15,626	+ 13:18,069	06:21	1º Juv M
15	773	José Lopes	CCD Siemens	M	1:42:16,103	+ 13:18,546	06:21	3º M45
16	790	Leonardo Homem	Academia Militar	M	1:42:46,874	+ 13:49,317	06:23	9º Sen M
17	615	Tiago Morais	House Martins Belas	M	1:42:57,744	+ 14:00,187	06:23	10º Sen M
18	534	Luis Neves	Marinhais AC	M	1:43:58,753	+ 15:01,196	06:28	1º M40
19	570	Humberto Santos	Unimog	M	1:44:55,940	+ 15:58,383	06:31	11º Sen M
20	140	Ricardo Salgueiro	lincs de montemor	M	1:44:59,836	+ 16:02,279	06:31	2º Juv M
21	678	Emanuel Freitas		M	1:45:13,430	+ 16:15,873	06:32	12º Sen M
22	918	António Ninhos	Matilha Running	M	1:45:15,660	+ 16:18,103	06:32	1º M55
23	738	Daniel Louro		M	1:46:00,688	+ 17:03,131	06:35	13º Sen M
24	807	Paulo Ascensão		M	1:46:52,438	+ 17:54,881	06:38	4º M45
25	891	Nuno Café	Aminhacorrida/Myprotein	M	1:49:04,974	+ 20:07,417	06:46	14º Sen M
26	639	Edgar Santos	LA Alumínios Sport / Nutrend	M	1:50:24,000	+ 21:26,443	06:52	15º Sen M
27	791	Jorge Santos	Academia Militar	M	1:50:25,926	+ 21:28,369	06:52	1º S23 M
28	575	Daniel Simoes	Pathfinders	M	1:50:28,217	+ 21:30,660	06:52	16º Sen M
29	645	Francisco Machado		M	1:51:43,603	+ 22:46,046	06:56	2º M40
30	636	Jorge Soares	Abutres Trail Running School	M	1:52:42,433	+ 23:44,876	07:00	2º JB M
31	893	António Silva	Pinhal Novo a Correr	M	1:52:45,282	+ 23:47,725	07:00	5º M45
32	907	Luis Gomes	FitRunners	M	1:53:00,977	+ 24:03,420	07:01	6º M45
33	728	Pedro Gabriel	C.A Amigos Parque Paz	M	1:53:01,223	+ 24:03,666	07:01	3º M40
34	614	João Rosa	Matilha Running	M	1:53:39,348	+ 24:41,791	07:04	4º M40
35	705	Teresa Afonso	Coimbra Trail Running	F	1:53:41,769	+ 24:44,212	07:04	1º F40
36	731	Jorge Curto	Os Coxos e o Miguel	M	1:54:25,964	+ 25:28,407	07:07	5º M40
37	655	Nuno Ramos		M	1:55:00,962	+ 26:03,405	07:08	17º Sen M
38	825	João Paulino		M	1:55:20,297	+ 26:22,740	07:10	2º M55
39	701	Pedro Nogueira		M	1:55:24,399	+ 26:26,842	07:10	6º M40
40	533	Pedro Lourenço	LA Alumínios Sport / Nutrend	M	1:55:44,427	+ 26:46,870	07:11	7º M45
41	521	Sérgio Barros		M	1:56:11,949	+ 27:14,392	07:13	8º M45
42	829	Carlos Batista		M	1:57:28,399	+ 28:30,842	07:18	7º M40
43	915	João Queiroz	Run for Friends	M	1:57:28,435	+ 28:30,878	07:18	8º M40
44	740	Henrique Pereira	Os Coxos e o Miguel	M	1:57:50,219	+ 28:52,662	07:19	18º Sen M
45	892	Carlos Ludovino	Lebres de Domingo	M	1:57:53,728	+ 28:56,171	07:19	9º M40
46	704	Nuno Lopes		M	1:58:35,028	+ 29:37,471	07:22	10º M40
47	712	Carlos Andrade		M	1:59:48,506	+ 30:50,949	07:26	9º M45
48	803	João Fernandes	AJC/ Glassdrive	M	2:00:07,305	+ 31:09,748	07:28	19º Sen M
49	611	Manuel Roque		M	2:00:07,410	+ 31:09,853	07:28	20º Sen M
50	772	Pedro Gonçalves	Clube Vodafone	M	2:00:12,165	+ 31:14,608	07:28	11º M40
51	228	Nuno Matos	Acm Montemor a Correr	M	2:00:18,277	+ 31:20,720	07:28	10º M45
52	788	Joao Sousa	Tálenitos Team	M	2:00:25,670	+ 31:28,113	07:29	11º M45
53	63	Tiago Silva	Zimbra Fox Runners	M	2:00:25,982	+ 31:28,425	07:29	12º M40
54	684	António Gonçalves	Mad Max Team	M	2:00:29,018	+ 31:31,461	07:29	13º M40
55	906	Feliciano Alves	FitRunners	M	2:00:33,126	+ 31:35,569	07:29	2º M50
56	635	José Raposo	Tálenitos Team	M	2:00:50,214	+ 31:52,657	07:31	3º M55
57	668	João Santos		M	2:01:32,822	+ 32:35,265	07:33	21º Sen M
58	895	Márcia Santos	Pinhal Novo a Correr	F	2:01:46,058	+ 32:48,501	07:34	2º Sen F
59	864	João Lixa	Papa Léguas	M	2:01:46,440	+ 32:48,883	07:34	4º M55
60	717	Gonçalo Silva		M	2:01:50,300	+ 32:52,743	07:34	22º Sen M
61	568	Carlos Martins	CCD Crédito Agrícola	M	2:01:50,593	+ 32:53,036	07:34	12º M45
62	571	Bruno Torres	Centro Terapêutico SottoMayor	M	2:01:59,929	+ 33:02,372	07:35	23º Sen M
63	749	António Martins	House Martins Belas	M	2:02:13,265	+ 33:15,708	07:35	13º M45
64	848	Carlos Magalhães	Deixem Passar os Coxos	M	2:02:20,375	+ 33:22,818	07:36	3º M50
65	696	António Torres		M	2:02:32,937	+ 33:35,380	07:37	24º Sen M
66	695	Pedro Medley		M	2:02:41,802	+ 33:44,245	07:37	25º Sen M
67	736	Jorge Pires	Os Coxos e o Miguel	M	2:02:45,529	+ 33:47,972	07:37	14º M40
68	574	Sergio Sebastiao	Pathfinders	M	2:02:58,520	+ 34:00,963	07:38	15º M40
69	640	Filipe Marques	LA Alumínios Sport / Nutrend	M	2:03:10,038	+ 34:12,481	07:39	4º M50

Pos.	Dorsal	Nome e apelido	Equipa	Sexo	Tempo	Diferença	Ritmo	Por cat.
70	549	Paulo Goncalves	Polrunners	M	2:03:31,913	+ 34:34,356	07:40	26° Sen M
71	550	Julio Moreira	Polrunners	M	2:03:33,702	+ 34:36,145	07:40	16° M40
72	795	Armando Reis	House Martins Belas	M	2:04:11,495	+ 35:13,938	07:43	27° Sen M
73	889	Alexandra Silva	♀ Aminhacorrida / Myprotein	F	2:04:18,274	+ 35:20,717	07:43	2° F40
74	719	Paulo Abreu	BearCave Trail-OCR	M	2:04:44,366	+ 35:46,809	07:45	28° Sen M
75	677	Fátima Cruzeiro	♀	F	2:04:48,294	+ 35:50,737	07:45	3° F40
76	743	Vitor Canto		M	2:04:48,395	+ 35:50,838	07:45	14° M45
77	598	Filipe Pimenta		M	2:05:15,961	+ 36:18,404	07:47	29° Sen M
78	689	Pedro Lourenço	Matilha Running	M	2:05:34,820	+ 36:37,263	07:48	15° M45
79	638	Pedro Oliveira		M	2:05:51,877	+ 36:54,320	07:49	17° M40
80	528	Zélia Pedro	♀ Moita Running	F	2:06:00,960	+ 37:03,403	07:50	3° Sen F
81	535	Jose Leal	Marinhais AC	M	2:06:05,113	+ 37:07,556	07:50	18° M40
82	780	Filipe Almeida	Surf Runners	M	2:06:09,980	+ 37:12,423	07:50	30° Sen M
83	771	Carlos Costa		M	2:06:51,380	+ 37:53,823	07:53	31° Sen M
84	666	Ricardo Barros		M	2:06:59,809	+ 38:02,252	07:53	32° Sen M
85	828	Nelson Lourenço		M	2:07:23,039	+ 38:25,482	07:55	16° M45
86	662	Miguel Oliveira	Correr Lisboa	M	2:07:27,529	+ 38:29,972	07:55	19° M40
87	835	Tomás Faria	Team Salamandras	M	2:09:16,247	+ 40:18,690	08:02	33° Sen M
88	734	Sérgio Fragoso	LA Alumínios Sport / Nutrend	M	2:09:16,889	+ 40:19,332	08:02	20° M40
89	823	Carla Mendes	♀ Tartarugas Solidárias	F	2:09:28,865	+ 40:31,308	08:02	4° F40
90	894	Helder Nunes	Pinhal Novo a Correr	M	2:10:00,337	+ 41:02,780	08:04	34° Sen M
91	750	João Miranda	House Martins Belas	M	2:10:10,142	+ 41:12,585	08:05	5° M50
92	688	Vitor Duarte	LaChegarei	M	2:10:49,450	+ 41:51,893	08:08	35° Sen M
93	687	Hugo Queimado		M	2:10:49,831	+ 41:52,274	08:08	21° M40
94	532	Filipe Amorim		M	2:11:06,081	+ 42:08,524	08:08	22° M40
95	896	Arlete Rego	♀ GO! Runners / Outpro Store	F	2:11:08,467	+ 42:10,910	08:08	4° Sen F
96	709	Jose Frazao	c.n.o.c.a	M	2:11:20,376	+ 42:22,819	08:10	17° M45
97	301	Luis Carraquico	Lebres de Domingo	M	2:11:39,308	+ 42:41,751	08:11	36° Sen M
98	702	Fernando Duarte		M	2:11:42,362	+ 42:44,805	08:11	6° M50
99	703	José Pedro		M	2:11:42,460	+ 42:44,903	08:11	18° M45
100	538	Claudia Ferreira	♀ Strong Team	F	2:11:44,757	+ 42:47,200	08:11	5° Sen F
101	544	Marco Bernardo	Salgueiro team	M	2:13:23,627	+ 44:26,070	08:17	37° Sen M
102	519	Cláudia Mendonça	♀	F	2:14:04,800	+ 45:07,243	08:20	5° F40
103	798	Pedro Santos	BearCave Trail-OCR	M	2:14:28,219	+ 45:30,662	08:21	38° Sen M
104	756	David Rodrigues		M	2:14:32,002	+ 45:34,445	08:22	39° Sen M
105	551	Rui Pereira	Polrunners	M	2:14:49,533	+ 45:51,976	08:22	40° Sen M
106	861	Luis Pereira	Os Coxos e o Miguel	M	2:14:53,903	+ 45:56,346	08:23	23° M40
107	625	Saúl Pereira	Zimbra Fox Runners	M	2:15:09,707	+ 46:12,150	08:23	41° Sen M
108	806	Marco Vintém	AJC/ Glassdrive	M	2:15:13,077	+ 46:15,520	08:24	24° M40
109	698	Paulo Batista		M	2:15:17,398	+ 46:19,841	08:24	19° M45
110	898	Fernando Silva	Pinhal Novo a Correr	M	2:15:20,388	+ 46:22,831	08:25	42° Sen M
111	782	Paulo Rufino	Surf Runners	M	2:15:24,061	+ 46:26,504	08:25	25° M40
112	781	Paula Jacob	♀ Surf Runners	F	2:15:24,119	+ 46:26,562	08:25	6° F40
113	887	Rui Laranjeiro	C.A Amigos Parque Paz	M	2:15:31,062	+ 46:33,505	08:25	20° M45
114	885	Cristina Laranjeiro	♀ C.A Amigos Parque Paz	F	2:15:31,166	+ 46:33,609	08:25	1° F45
115	676	Paulo Silva	Mad Max Team	M	2:15:56,049	+ 46:58,492	08:26	21° M45
116	529	Pedro Almeida	LA Alumínios Sport / Nutrend	M	2:15:58,318	+ 47:00,761	08:27	43° Sen M
117	897	Ana Almeida	♀ Pinhal Novo a Correr	F	2:16:31,477	+ 47:33,920	08:29	6° Sen F
118	667	Hugo Calado	Runners Pump BPlanet	M	2:16:38,817	+ 47:41,260	08:29	44° Sen M
119	737	João Loureiro	Runners Pump BPlanet	M	2:16:39,122	+ 47:41,565	08:29	22° M45
120	627	Jorge Parrantonio		M	2:16:52,781	+ 47:55,224	08:30	45° Sen M
121	620	Paulo Santos	Matilha Running	M	2:17:06,707	+ 48:09,150	08:31	23° M45
122	805	José Fernandes	AJC/ Glassdrive	M	2:17:14,199	+ 48:16,642	08:31	46° Sen M
123	770	Francisco Pereira		M	2:17:27,887	+ 48:30,330	08:32	24° M45
124	502	Paulo Domingues		M	2:17:44,810	+ 48:47,253	08:33	25° M45
125	837	Rui Belo	Correr Soc Rec da Granja	M	2:18:11,395	+ 49:13,838	08:35	47° Sen M
126	729	André Vilhena	Runners Pump BPlanet	M	2:18:43,819	+ 49:46,262	08:37	48° Sen M
127	746	Miguel Lucena	House Martins Belas	M	2:19:09,929	+ 50:12,372	08:38	49° Sen M
128	814	Zita Machado	♀ BearCave Trail - OCR	F	2:19:37,957	+ 50:40,400	08:40	7° Sen F
129	607	Dário Nobre	Seppia	M	2:19:50,241	+ 50:52,684	08:41	50° Sen M
130	643	João Cortegano	CHS	M	2:19:52,316	+ 50:54,759	08:41	51° Sen M
131	917	Paula Ordonha	♀ GO! Runners / Outpro Store	F	2:20:01,681	+ 51:04,124	08:42	8° Sen F
132	726	André Vieira		M	2:20:02,097	+ 51:04,540	08:42	52° Sen M
133	759	Nuno Parreira	100limites	M	2:20:12,591	+ 51:15,034	08:43	26° M40
134	537	Cláudio Moço		M	2:20:17,038	+ 51:19,481	08:43	53° Sen M
135	912	Sandra Oliveira	♀ OPraticante.pt	F	2:20:23,433	+ 51:25,876	08:43	9° Sen F
136	616	Nuno Pedroso	Matilha Running	M	2:20:40,838	+ 51:43,281	08:44	26° M45
137	833	Paulo Serrano	Team Salamandras	M	2:20:52,405	+ 51:54,848	08:45	27° M40
138	665	Paula Jorge	♀ Casal Maravilha	F	2:20:54,499	+ 51:56,942	08:45	7° F40
139	664	Hugo Pereira	Casal Maravilha	M	2:20:55,032	+ 51:57,475	08:45	28° M40
140	660	Jorge Lopes	Algarvios Trail Team	M	2:21:00,150	+ 52:02,593	08:46	54° Sen M
141	908	Paulo Sousa	FitRunners	M	2:21:03,492	+ 52:05,935	08:46	29° M40
142	605	Paulo Pardal	R.F.F.- Run For Fun	M	2:21:03,536	+ 52:05,979	08:46	27° M45
143	800	Isabel Barra	♀ Gafanhori	F	2:21:22,362	+ 52:24,805	08:47	1° F50
144	802	Helder Marques	Moita Running	M	2:21:25,997	+ 52:28,440	08:47	55° Sen M
145	563	Raquel Mendes	♀ Panzers	F	2:22:05,230	+ 53:07,673	08:50	8° F40

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146	606	Fernando Neto	R.F.F. - Run For Fun	M	2:22:26,220	+ 53:28,663	08:51	56° Sen M
147	651	Luis Simões	CHS	M	2:22:28,478	+ 53:30,921	08:51	30° M40
148	785	João Gil	Runners Pump BPlanet	M	2:22:46,104	+ 53:48,547	08:52	28° M45
149	699	João Rocha		M	2:23:29,749	+ 54:32,192	08:55	7° M50
150	767	Anibal Ribeiro		M	2:23:52,416	+ 54:54,859	08:56	31° M40
151	710	M Jesus Leão	FitRunners	F	2:24:08,582	+ 55:11,025	08:57	2° F50
152	766	Marta Santos		F	2:24:44,528	+ 55:46,971	08:59	9° F40
153	672	Jorge Vaz	Cabará dos Coxos	M	2:24:45,916	+ 55:48,359	08:59	29° M45
154	842	Mario Ferreira	Lusorede - Trail Running Team	M	2:24:55,661	+ 55:58,104	09:00	30° M45
155	559	Tiago Loureiro		M	2:25:06,684	+ 56:09,127	09:01	57° Sen M
156	747	José Gamito	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	M	2:25:19,819	+ 56:22,262	09:02	1° M60
157	886	Carla Neves	Mata da Machada	F	2:25:32,296	+ 56:34,739	09:02	10° F40
158	862	Susana Jeremias	FitRunners	F	2:25:36,509	+ 56:38,952	09:02	2° F45
159	836	Ana Bica		F	2:25:37,132	+ 56:39,575	09:02	10° Sen F
160	629	Alexandre Santana		M	2:25:44,572	+ 56:47,015	09:03	31° M45
161	834	Vítor Silva	Team Salamandras	M	2:26:33,149	+ 57:35,592	09:06	58° Sen M
162	914	Liliana Azenha	ARSM - Associação Recreativa de S.Miguel	F	2:26:49,902	+ 57:52,345	09:07	11° F40
163	650	Rozires Garcia	Tartarugas Solidárias	F	2:27:30,127	+ 58:32,570	09:10	11° Sen F
164	682	Luis Bravo	FitRunners	M	2:27:36,523	+ 58:38,966	09:10	32° M45
165	748	António Martins	House Martins Belas	M	2:28:06,046	+ 59:08,489	09:12	33° M45
166	905	Olga Paulino	FitRunners	F	2:29:00,928	+ 1:00:03,371	09:15	3° F45
167	856	Pedro Claudio	SS CGD	M	2:29:02,735	+ 1:00:05,178	09:16	8° M50
168	868	Rui Nunes	Volkswagen Autoeuropa	M	2:29:07,773	+ 1:00:10,216	09:16	5° M55
169	227	Nuno Chapa	Acm Montemor a Correr	M	2:29:25,761	+ 1:00:28,204	09:17	32° M40
170	777	Joana Ramos		F	2:30:01,432	+ 1:01:03,875	09:19	12° Sen F
171	722	Carlos Quaresma	Tubarões	M	2:30:19,384	+ 1:01:21,827	09:20	33° M40
172	539	Vanda Medeiro		F	2:30:23,163	+ 1:01:25,606	09:20	13° Sen F
173	661	Angelo Barata	BearCave Trail-OCR	M	2:30:25,722	+ 1:01:28,165	09:20	59° Sen M
174	739	Catarina Pires		F	2:30:29,118	+ 1:01:31,561	09:21	14° Sen F
175	509	Filipe Martins		M	2:30:36,441	+ 1:01:38,884	09:21	60° Sen M
176	910	Teresa Realinho	AJC / Glassdrive	F	2:30:46,179	+ 1:01:48,622	09:22	15° Sen F
177	911	Ricardo Afonso	AJC/ Glassdrive	M	2:30:46,226	+ 1:01:48,669	09:22	61° Sen M
178	630	Cátia Marranita	Tubarões	F	2:30:53,956	+ 1:01:56,399	09:22	16° Sen F
179	536	Paulo Sousa		M	2:31:19,798	+ 1:02:22,241	09:24	62° Sen M
180	576	Mariana Freire		F	2:32:13,849	+ 1:03:16,292	09:27	17° Sen F
181	822	Ana Teixeira	OCR Portugal	F	2:32:31,359	+ 1:03:33,802	09:28	12° F40
182	580	Inês Oliveira	Arrábida Obstacle Runners	F	2:32:31,625	+ 1:03:34,068	09:28	18° Sen F
183	827	Sergio Pereira	Cunhas	M	2:32:32,657	+ 1:03:35,100	09:28	63° Sen M
184	642	Nuno Molero		M	2:32:58,159	+ 1:04:00,602	09:30	34° M45
185	817	Ana Silva	Arrábida Obstacle Runners	F	2:33:32,398	+ 1:04:34,841	09:32	19° Sen F
186	671	João Gameiro	Cabará dos Coxos	M	2:33:32,853	+ 1:04:35,296	09:32	64° Sen M
187	670	Liliana Rodrigues	Cabará dos Coxos	F	2:33:33,015	+ 1:04:35,458	09:32	13° F40
188	808	Joaquim Pedro Lourenço	House Martins Belas	M	2:33:35,118	+ 1:04:37,561	09:32	35° M45
189	503	Pedro Silva	Non-Strava	M	2:35:16,436	+ 1:06:18,879	09:38	34° M40
190	649	Cláudio Baixinho	GestiRunner	M	2:35:19,973	+ 1:06:22,416	09:39	65° Sen M
191	757	Luis Franco	House Martins Belas	M	2:35:50,113	+ 1:06:52,556	09:41	35° M40
192	874	Diogo Azancot	SaidaFrente	M	2:36:39,984	+ 1:07:42,427	09:44	9° M50
193	873	Rita Monteiro	SaidaFrente	F	2:36:40,196	+ 1:07:42,639	09:44	4° F45
194	902	Carlo Almeida		M	2:36:41,086	+ 1:07:43,529	09:44	36° M40
195	900	Dora Relvas		F	2:36:42,748	+ 1:07:45,191	09:44	14° F40
196	901	Sandra Rodrigues		F	2:36:43,453	+ 1:07:45,896	09:44	5° F45
197	899	Filipe Rodrigues		M	2:36:43,982	+ 1:07:46,425	09:44	36° M45
198	648	Nuno Emídio	GestiRunner	M	2:37:09,918	+ 1:08:12,361	09:46	66° Sen M
199	858	Francisca Silva		F	2:37:26,378	+ 1:08:28,821	09:47	20° Sen F
200	860	Baltasar Nogueira		M	2:37:26,685	+ 1:08:29,128	09:47	37° M45
201	765	Saul Leite	Correr Lisboa	M	2:37:27,737	+ 1:08:30,180	09:47	67° Sen M
202	774	Isabel Carvalho		F	2:37:28,061	+ 1:08:30,504	09:47	15° F40
203	844	Luisa Ferreira	Deixem Passar os Coxos	F	2:37:36,580	+ 1:08:39,023	09:47	6° F45
204	845	Humberto Ferreira	Deixem Passar os Coxos	M	2:37:37,139	+ 1:08:39,582	09:47	38° M45
205	560	Mário Mira	Sapo & Co	M	2:37:54,145	+ 1:08:56,588	09:49	68° Sen M
206	562	Bruno Silva	Sapo & Co	M	2:37:54,584	+ 1:08:57,027	09:49	69° Sen M
207	659	Ángelo Marcos	Algarvios Trail Team	M	2:38:05,811	+ 1:09:08,254	09:49	70° Sen M
208	507	Ricardo Madureira	Running Club Coimbra	M	2:38:17,235	+ 1:09:19,678	09:50	6° M55
209	506	Filomena Dias	Running Club Coimbra	F	2:38:17,835	+ 1:09:20,278	09:50	3° F50
210	632	Patrícia Pinto	Os nés	F	2:38:23,549	+ 1:09:25,992	09:50	16° F40
211	904	Joana Serina	FitRunners	F	2:39:40,604	+ 1:10:43,047	09:55	7° F45
212	721	António Duarte		M	2:41:01,623	+ 1:12:04,066	10:00	2° M60
213	564	Bruno Guerreiro	Runners Pump BPlanet	M	2:41:03,256	+ 1:12:05,699	10:00	37° M40
214	631	Tiago Rosa	Os nés	M	2:41:22,834	+ 1:12:25,277	10:01	71° Sen M
215	744	Rogério Becho	AROO	M	2:42:30,094	+ 1:13:32,537	10:05	38° M40
216	706	Joao Jacinto	FitRunners	M	2:42:32,261	+ 1:13:34,704	10:06	39° M40
217	768	Jorge Lemos	My Team	M	2:42:40,055	+ 1:13:42,498	10:06	39° M45
218	809	Ana Madeira		F	2:43:07,943	+ 1:14:10,386	10:08	21° Sen F
219	592	João Marques	#tiraorabodosofa	M	2:43:11,340	+ 1:14:13,783	10:08	72° Sen M
220	566	Ana Henrique	BRRnightRUNNERS	F	2:44:35,976	+ 1:15:38,419	10:13	8° F45
221	880	Hélder Abrantes		M	2:44:36,000	+ 1:15:38,443	10:13	10° M50

Pos.	Dorsal	Nome e apelido	Equipa	Sexo	Tempo	Diferença	Ritmo	Por cat.
222	794	Fernando Martinho	Navigator Clube Setubal	M	2:44:36,790	+ 1:15:39,233	10:13	7º M55
223	558	Paulo Abadia		M	2:45:17,364	+ 1:16:19,807	10:16	40º M45
224	913	Paulo Alves	Matilha Running	M	2:45:21,847	+ 1:16:24,290	10:16	41º M45
225	843	Capdeville Emmanuelle		F	2:45:32,695	+ 1:16:35,138	10:17	22º Sen F
226	621	Rui Barbosa	Matilha Running	M	2:46:29,422	+ 1:17:31,865	10:20	42º M45
227	604	Rita Cerqueira	R.F.F.- Run For Fun	F	2:46:43,716	+ 1:17:46,159	10:22	23º Sen F
228	603	Armindo Maria	R.F.F.- Run For Fun	M	2:46:44,809	+ 1:17:47,252	10:22	43º M45
229	865	Rita Frischknecht		F	2:47:19,238	+ 1:18:21,681	10:23	9º F45
230	824	Bruno Silva	Tálenos Team	M	2:47:29,537	+ 1:18:31,980	10:24	73º Sen M
231	673	Carla Martins	Cabará dos Coxos	F	2:47:29,791	+ 1:18:32,234	10:24	17º F40
232	644	Marisa Rianço	Tartarugas Solidárias	F	2:47:30,340	+ 1:18:32,783	10:24	24º Sen F
233	569	Ángelo Ferreira		M	2:48:04,585	+ 1:19:07,028	10:26	44º M45
234	531	Mario Esteves	JP	M	2:48:06,001	+ 1:19:08,444	10:26	40º M40
235	565	Filipa Barreiros	Runners Pump BPlanet	F	2:48:07,933	+ 1:19:10,376	10:26	25º Sen F
236	732	Ana Figueiredo	Runners Pump BPlanet	F	2:48:08,141	+ 1:19:10,584	10:26	4º F50
237	523	Sofia Coelho	Arrábida Obstacle Runners	F	2:48:09,064	+ 1:19:11,507	10:26	26º Sen F
238	751	Cristina Pereira	House Martins Belas	F	2:48:09,423	+ 1:19:11,866	10:26	10º F45
239	752	Sílvia Duarte	House Martins Belas	F	2:48:09,791	+ 1:19:12,234	10:26	18º F40
240	513	Carlos Vilafanha		M	2:48:12,207	+ 1:19:14,650	10:27	8º M55
241	769	Vitor Lemos	My Team	M	2:49:22,249	+ 1:20:24,692	10:31	74º Sen M
242	879	Pedro Santos		M	2:49:45,939	+ 1:20:48,382	10:32	41º M40
243	838	Andre Inacio		M	2:49:47,054	+ 1:20:49,497	10:33	11º M50
244	526	Diana Moreira	ForSports	F	2:50:42,537	+ 1:21:44,980	10:36	27º Sen F
245	522	Américo Pessoa		M	2:50:42,830	+ 1:21:45,273	10:36	12º M50
246	578	José Brás		M	2:51:06,628	+ 1:22:09,071	10:38	13º M50
247	647	Miguel Poeira	ATKRSD Running	M	2:51:19,150	+ 1:22:21,593	10:38	75º Sen M
248	916	Helena Soares	FitRunners	F	2:51:26,957	+ 1:22:29,400	10:39	11º F45
249	508	Delfina Freire	MAE & FILHA	F	2:53:46,568	+ 1:24:49,011	10:47	5º F50
250	909	Isabel Santa	FitRunners	F	2:54:09,298	+ 1:25:11,741	10:49	19º F40
251	762	Joaquim Oliveira	100limites	M	2:54:14,182	+ 1:25:16,625	10:49	76º Sen M
252	542	André Sabino		M	2:55:05,807	+ 1:26:08,250	10:52	77º Sen M
253	818	Mário Santiago	KANINOS	M	2:55:28,069	+ 1:26:30,512	10:54	14º M50
254	623	Carla Fernandes	Matilha Running	F	2:56:42,185	+ 1:27:44,628	10:59	20º F40
255	622	José Camelo	Matilha Running	M	2:56:42,976	+ 1:27:45,419	10:59	42º M40
256	501	Fernando Pereira	Azeitão Running	M	2:56:48,188	+ 1:27:50,631	10:59	45º M45
257	779	Cláudio Reis	Os Fidalgos do Restelo	M	2:56:55,231	+ 1:27:57,674	10:59	78º Sen M
258	685	Antonio Cardoso		M	2:56:56,940	+ 1:27:59,383	10:59	43º M40
259	778	Daniel Vultos	Os Fidalgos do Restelo	M	2:56:58,093	+ 1:28:00,536	10:59	79º Sen M
260	796	Sérgio Patrício	ADRC Mata de Benfica	M	2:57:02,719	+ 1:28:05,162	11:00	46º M45
261	741	Fernando Lourenço	RibaBikeTeam	M	2:58:12,163	+ 1:29:14,606	11:04	44º M40
262	863	Artur Garcia	RibaBikeTeam	M	2:58:12,723	+ 1:29:15,166	11:04	47º M45
263	679	Tania Azevedo	House Martins Belas	F	2:58:35,541	+ 1:29:37,984	11:05	21º F40
264	745	Tânia Carvalho	House Martins Belas	F	2:58:35,970	+ 1:29:38,413	11:05	28º Sen F
265	718	Elisabete Azougado	Tálenos Team	F	2:58:54,808	+ 1:29:57,251	11:07	22º F40
266	540	Hélio Augusto	Azeitão Running	M	3:00:01,011	+ 1:31:03,454	11:11	45º M40
267	608	Rui Lopes	Panzers	M	3:00:11,862	+ 1:31:14,305	11:11	46º M40
268	821	João Gil		M	3:01:02,033	+ 1:32:04,476	11:14	80º Sen M
269	820	Marta Nunes		F	3:01:02,885	+ 1:32:05,328	11:14	29º Sen F
270	609	Paulo Almeida		M	3:01:16,413	+ 1:32:18,856	11:16	15º M50
271	675	Carlos Martins		M	3:01:39,583	+ 1:32:42,026	11:17	16º M50
272	512	Dora Saraiva		F	3:03:23,149	+ 1:34:25,592	11:23	6º F50
273	830	Catarina Pontes	Cabará dos Coxos	F	3:03:55,086	+ 1:34:57,529	11:25	23º F40
274	683	José Neto	Cabará dos Coxos	M	3:03:55,094	+ 1:34:57,537	11:25	47º M40
275	669	Claudia Macara	Cabará dos Coxos	F	3:03:55,634	+ 1:34:58,077	11:25	12º F45
276	852	João Afonso	Facões Selvagem	M	3:04:21,570	+ 1:35:24,013	11:27	48º M40
277	851	Pedro Duarte		M	3:04:23,726	+ 1:35:26,169	11:27	49º M40
278	581	Beta Lourenço	Tálenos Team	F	3:04:45,057	+ 1:35:47,500	11:29	24º F40
279	680	João Costa	H2SO4	M	3:04:47,658	+ 1:35:50,101	11:29	50º M40
280	681	Claudia Gaspar	H2SO4	F	3:04:48,013	+ 1:35:50,456	11:29	25º F40
281	634	Cremilde Raposo	Tálenos Team	F	3:04:48,707	+ 1:35:51,150	11:29	7º F50
282	849	Jorge Moreira	Deixem Passar os Coxos	M	3:04:53,137	+ 1:35:55,580	11:29	9º M55
283	850	Rita Francisco	FitRunners	F	3:04:55,410	+ 1:35:57,853	11:29	8º F50
284	831	Inês Inácio	FitRunners	F	3:04:56,221	+ 1:35:58,664	11:29	30º Sen F
285	813	Marta Elias		F	3:05:59,261	+ 1:37:01,704	11:33	13º F45
286	890	Sara Faro	Aminhacorrida / Myprotein	F	3:06:43,355	+ 1:37:45,798	11:36	26º F40
287	793	Paula Silva	House Martins Belas	F	3:08:24,370	+ 1:39:26,813	11:42	14º F45
288	716	Cláudia Ramos	CORRIDAS E COMIDAS	F	3:08:43,058	+ 1:39:45,501	11:43	15º F45
289	714	Luis Romaneiro	CORRIDAS E COMIDAS	M	3:08:44,525	+ 1:39:46,968	11:43	10º M55
290	801	Arminda Basílio	OPraticante.pt	F	3:09:36,352	+ 1:40:38,795	11:47	27º F40
291	582	António Caiado	Barrancos FC / Biogado	M	3:10:07,817	+ 1:41:10,260	11:49	48º M45
292	884	Ana Santinho	Gáfeterunners	F	3:11:48,579	+ 1:42:51,022	11:55	31º Sen F
293	541	Joaquim Matos		M	3:12:51,957	+ 1:43:54,400	11:59	81º Sen M
294	590	Diogo Marques	#tiraorabodosofa	M	3:13:01,547	+ 1:44:03,990	11:59	82º Sen M
295	867	Oliinda Fonseca	Arte dos trilhos	F	3:13:25,570	+ 1:44:28,013	12:01	16º F45
296	869	Helena Pedradas	Arte dos trilhos	F	3:13:25,588	+ 1:44:28,031	12:01	1º F60
297	567	Sónia Andrade	CCD Crédito Agrícola	F	3:14:02,503	+ 1:45:04,946	12:03	17º F45

Pos.	Dorsal	Nome e apelido	Equipa	Sexo	Tempo	Diferença	Ritmo	Por cat.
298	888	Neusa Anjos	Escoveiro	F	3:14:03,056	+ 1:45:05,499	12:03	28° F40
299	653	Ivo Ferreira		M	3:14:07,343	+ 1:45:09,786	12:04	51° M40
300	855	Marisa Duarte	Runners Pump BPlanet	F	3:14:07,566	+ 1:45:10,009	12:04	18° F45
301	654	Sílvia Ferreira		F	3:14:07,829	+ 1:45:10,272	12:04	29° F40
302	871	Teresa Gonçalves	Runners Pump BPlanet	F	3:14:08,305	+ 1:45:10,748	12:04	19° F45
303	723	Sara Pereira	Clube Futebol de Sassoeiros	F	3:14:30,622	+ 1:45:33,065	12:05	30° F40
304	545	Vera Miranda	Clube Futebol de Sassoeiros	F	3:14:30,973	+ 1:45:33,416	12:05	20° F45
305	547	Cláudia Barroso	Clube Futebol de Sassoeiros	F	3:14:33,280	+ 1:45:35,723	12:05	32° Sen F
306	786	Paulo Pires	Trilhistas	M	3:15:02,950	+ 1:46:05,393	12:07	52° M40
307	787	Flávia Alegria	Trilhistas	F	3:15:03,108	+ 1:46:05,551	12:07	21° F45
308	776	Rute Patrocínio		F	3:15:17,719	+ 1:46:20,162	12:08	31° F40
309	775	Dina Oliveira		F	3:15:18,358	+ 1:46:20,801	12:08	32° F40
310	792	Rosário Figueiral		F	3:15:19,218	+ 1:46:21,661	12:08	9° F50
311	548	Marco Diogo		M	3:15:40,628	+ 1:46:43,071	12:09	53° M40
312	610	Julia Andrade		F	3:16:26,305	+ 1:47:28,748	12:12	33° Sen F
313	693	Solange Figueira	AMIGOS 4 RUN	F	3:18:36,576	+ 1:49:39,019	12:20	33° F40
314	694	Catarina Figueira	AMIGOS 4 RUN	F	3:18:36,769	+ 1:49:39,212	12:20	34° F40
315	799	Nuno Paisana	AGDAK	M	3:20:08,855	+ 1:51:11,298	12:26	49° M45
316	524	Paulo Caseiro		M	3:20:41,870	+ 1:51:44,313	12:28	17° M50
317	641	Jorge Malha		M	3:20:41,891	+ 1:51:44,334	12:28	18° M50
318	758	Rita Franco	House Martins Belas	F	3:23:07,146	+ 1:54:09,589	12:37	1° S23 F
319	556	Ana Coelho	LH Ginasio	F	3:24:19,325	+ 1:55:21,768	12:41	34° Sen F
320	652	Ana Bota		F	3:24:44,039	+ 1:55:46,482	12:43	35° F40
321	859	João Lopes		M	3:24:44,642	+ 1:55:47,085	12:43	50° M45
322	876	Ricardo Paulino	Caramelos	M	3:24:46,688	+ 1:55:49,131	12:43	54° M40
323	877	Daniela Lopes	Caramelos	F	3:24:46,975	+ 1:55:49,418	12:43	36° F40
324	601	Vera Faria		F	3:25:23,802	+ 1:56:26,245	12:46	37° F40
325	617	Claudia Laranjo	Matilha Running	F	3:25:24,101	+ 1:56:26,544	12:46	35° Sen F
326	517	Antonio Carapuça	carapuça	M	3:26:56,057	+ 1:57:58,500	12:51	11° M55
327	518	Patricia Carapuça	carapuça	F	3:26:57,374	+ 1:57:59,817	12:51	36° Sen F
328	846	Helena Santos	Deixem Passar os Coxos	F	3:27:21,105	+ 1:58:23,548	12:53	22° F45
329	854	Carlos Costa	Trailers	M	3:30:24,671	+ 2:01:27,114	13:04	19° M50
330	573	Marisa Silva	Pathfinders	F	3:32:48,797	+ 2:03:51,240	13:13	37° Sen F
331	764	Tânia Pires	100 limites	F	3:32:50,012	+ 2:03:52,455	13:13	38° Sen F
332	761	Carla Costa	100 limites	F	3:32:51,299	+ 2:03:53,742	13:13	39° Sen F
333	527	Adriana Roque	Adriana roque	F	3:32:51,641	+ 2:03:54,084	13:13	40° Sen F
334	763	Joana Bandeira	100 limites	F	3:32:52,260	+ 2:03:54,703	13:13	41° Sen F
335	812	Leonor Elias		F	3:42:57,266	+ 2:13:59,709	13:51	23° F45
336	588	Cristiana Fonseca	# tiraorabodosofa	F	3:44:12,011	+ 2:15:14,454	13:56	42° Sen F
337	596	Rita Bilro	# tiraorabodosofa	F	3:44:12,238	+ 2:15:14,681	13:56	43° Sen F
338	586	Carlota Veiga	# tiraorabodosofa	F	3:44:35,881	+ 2:15:38,324	13:57	44° Sen F
339	819	Sara Santos		F	3:47:13,474	+ 2:18:15,917	14:07	24° F45
340	618	Mauro Gonçalves	Matilha Running	M	3:48:17,198	+ 2:19:19,641	14:11	55° M40
341	715	Luis Silva		M	3:48:55,096	+ 2:19:57,539	14:13	12° M55
342	784	Clara Henriques		F	3:48:55,657	+ 2:19:58,100	14:13	45° Sen F
343	839	Marta Campos	# tiraorabodosofa	F	3:56:56,515	+ 2:27:58,958	14:43	46° Sen F
344	587	Carolina Xavier	# tiraorabodosofa	F	3:59:41,796	+ 2:30:44,239	14:53	47° Sen F
345	626	José Almeida	#tiraorabodosofa	M	3:59:45,738	+ 2:30:48,181	14:53	83° Sen M
346	690	Américo Lourenço	Matilha Running	M	4:02:31,280	+ 2:33:33,723	15:04	13° M55
347	840	Nuno Cachão	#tiraorabodosofa	M	4:04:06,255	+ 2:35:08,698	15:10	84° Sen M
348	628	Justina Ferreira		F	4:22:42,137	+ 2:53:44,580	16:19	25° F45
Abandonos								
DNF	733	Sergio Dores	Os Coxos e o Miguel	M	Abandono			
DNF	811	Filomena Santos	Zeus Team	F	Abandono			
DNF	735	Carlos Jesus		M	Abandono			
DNF	847	José Caldeira	Deixem Passar os Coxos	M	Abandono			
DNF	637	Inês Teixeira	# tiraorabodosofa	F	Abandono			
Descalificados								
DSQ	832	Paulo Ferreira	Team Salamandras	M	Descalificado			
DSQ	674	Amelia Pereira		F	Descalificado			
DSQ	619	Roberto Silva	Matilha Running	M	Descalificado			
DSQ	624	Ana Barreto	# tiraorabodosofa	F	Descalificado			
DSQ	597	Sílvia Calretas	# tiraorabodosofa	F	Descalificado			
DSQ	593	Lara Anes	# tiraorabodosofa	F	Descalificado			
DSQ	520	Ira Litwinoff	Run for Friends	F	Descalificado			
DSQ	511	Stefanie Santos		F	Descalificado			
DSQ	599	Hugo Bernardino	Lebres de Domingo	M	Descalificado			
DSQ	314	Hugo Fernandes	#tiraorabodosofa	M	Descalificado			