



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	6096	Hermano Ferreira	00:15:10	00:30:25	00:30:24	1		Senior	1
2	6175	Samuel Barata	00:15:10	00:30:35	00:30:32	2		Senior	2
3	5673	Jose Gaspar	00:15:10	00:31:02	00:31:02	3	Clube de Atletismo Odimarq	V35	1
4	5790	Ruben Pessoa	00:15:21	00:31:56	00:31:55	4	Sport Lisboa e Benfica	Senior	3
5	6174	Ricardo Paixão	00:15:27	00:32:25	00:32:24	5		Senior	4
6	1829	Luis Lima	00:16:06	00:33:13	00:33:11	6	NúcleOeiras/Sportzone	V40	1
7	5	Jéssica Augusto	00:16:20	00:33:46	00:33:45	7	American Nike	Senior	1
8	5674	Pedro Gomes	00:16:20	00:33:46	00:33:45	8	Clube de Atletismo Odimarq	V35	2
9	4321	Rodrigo Ladeira	00:16:30	00:34:14	00:34:12	9		Junior	1
10	844	Paulo Guimarães	00:16:25	00:34:15	00:34:14	10	ACLIS LIBERTY SEGUROS	V35	3
11	5722	Hugo Ganchas	00:16:35	00:34:26	00:34:25	12		Junior	2
12	2140	Diogo Ramalheira	00:16:30	00:34:26	00:34:23	11		Senior	5
13	1549	Luis Allen	00:16:55	00:34:27	00:34:26	13		V40	2
14	5888	Ercília Machado	00:17:02	00:34:30	00:34:29	15	Sporting Clube de Portugal	Senior	2
15	3286	Paulo Ramos	00:16:55	00:34:31	00:34:29	14	Grupo Desportivo de Chelas	V50	1
16	3695	António Pinto	00:16:46	00:34:36	00:34:36	16	Grupo Recreativo e Desportivo "OS FIXES"	V35	4
17	575	Vitor Oliveira	00:17:14	00:34:49	00:34:47	17	WERun Portugal	Senior	6
18	1794	João Trigueiros	00:17:30	00:35:06	00:35:04	18		Junior	3
19	1825	Luis Barata	00:17:03	00:35:11	00:35:09	19	NúcleOeiras/Sportzone	V40	3
20	842	Rui Baltazar	00:17:22	00:35:25	00:35:24	20	ACLIS LIBERTY SEGUROS	V45	1



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
21	2077	Carlos Gomes	00:17:23	00:35:27	00:35:24	21	Clube EDP - Lisboa	V50	2
22	5864	Vera Nunes	00:17:22	00:35:34	00:35:33	23		Senior	3
23	4381	José Dias	00:17:17	00:35:35	00:35:30	22	Clube Atlético das Patameiras	V40	4
24	4668	Fernando Pereira	00:17:41	00:35:38	00:35:35	24	GFD Running	V40	5
25	895	Joao Boa	00:17:22	00:35:47	00:35:46	28	Clube de Atletismo Odimarq	Senior	7
26	843	Jose Caramelo	00:17:35	00:35:47	00:35:45	26	ACLIS LIBERTY SEGUROS	V40	6
27	1827	Rodrigo Duarte	00:17:10	00:35:48	00:35:46	29	NúcleOeiras/Sportzone	Senior	8
28	5191	Rodrigo Noivo	00:17:47	00:35:49	00:35:45	27		Senior	9
29	4604	Nuno Silva	00:17:36	00:35:51	00:35:49	31	Clube Atletismo Amigos de Belém - C A A B	Senior	10
30	635	Diogo Baena	00:17:36	00:35:51	00:35:43	25		Senior	11
31	3652	Ernesto Ferreira	00:17:42	00:35:53	00:35:49	30	GFD Running	V40	7
32	778	Paulo Santos	00:17:36	00:35:53	00:35:50	33		V40	8
33	5350	Marco Grileiro	00:17:28	00:35:55	00:35:50	32	Amigos Atletismo Mafra	V35	5
34	1828	Ricardo Lanceiro	00:17:05	00:36:11	00:36:09	35	NúcleOeiras/Sportzone	V35	6
35	4669	João Andrade	00:18:02	00:36:11	00:36:07	34	GFD Running	V45	2
36	4502	António Murteira	00:17:30	00:36:17	00:36:16	37		V45	3
37	1812	António Reis	00:17:38	00:36:18	00:36:16	38		V40	9
38	839	João Cardoso	00:18:01	00:36:25	00:36:19	39	ACLIS LIBERTY SEGUROS	V50	3
39	837	João Borralho	00:18:01	00:36:26	00:36:20	40	ACLIS LIBERTY SEGUROS	V35	7
40	4927	Sara Carvalho	00:17:55	00:36:32	00:36:28	41	ADERCUS	Senior	4



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
41	3254	Carlos Jorge	00:17:47	00:36:34	00:36:33	43		V45	4
42	3645	Pedro Bravo	00:18:13	00:36:35	00:36:29	42	hc runners	V40	10
43	2174	João Gomes	00:17:49	00:36:37	00:36:33	44	Clube EDP - Lisboa	V40	11
44	4209	Carlos Rouxinol	00:18:13	00:36:56	00:36:51	45		V40	12
45	3269	Vanderley Silva	00:17:51	00:37:05	00:37:02	48	Grupo Desportivo de Chelas	Senior	12
46	4357	João Ferreira	00:18:00	00:37:07	00:36:58	46	RSB Lx	V35	8
47	3694	Félix Paulos	00:18:00	00:37:09	00:37:05	50	Grupo Recreativo e Desportivo "OS FIXES"	V55	1
48	4275	Marco Quedas	00:18:46	00:37:12	00:37:07	51	Clube de Atletismo Odimarq	Senior	13
49	3268	Pedro Marques	00:18:38	00:37:19	00:37:08	52	Grupo Desportivo de Chelas	V35	9
50	2002	Joao Faustino	00:18:46	00:37:23	00:37:02	47		V40	13
51	1846	Gonçalo Filipe Pereira	00:18:41	00:37:23	00:37:04	49		V35	10
52	4445	Pedro Cavilhas	00:18:27	00:37:35	00:37:22	54	WERun Portugal	V40	14
53	5597	Fabio Durão	00:18:23	00:37:36	00:37:20	53		Senior	14
54	3703	Anabela Delgado	00:18:16	00:37:39	00:37:37	55	Grupo Recreativo e Desportivo "OS FIXES"	V35	1
55	6178	Hugo Ferreira	00:18:29	00:37:43	00:37:41	58	Clube Olimpico de Oeiras	V35	11
56	1372	Armando Pessoa	00:18:24	00:37:45	00:37:39	56		V40	15
57	3657	Luís Pereira	00:18:20	00:37:46	00:37:42	59	GFD Running	V45	5
58	2395	João Canas	00:18:35	00:37:53	00:37:51	62	Profiserv	V35	12
59	2394	Alexandre Araújo	00:18:27	00:37:53	00:37:52	63	Profiserv	Senior	15
60	1367	Nuno Soares	00:18:53	00:37:54	00:37:46	61	Correr Lisboa	Senior	16



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
61	1164	Elias Fortes	00:18:26	00:37:55	00:37:40	57		V45	6
62	5891	Adolfo Leal	00:18:28	00:37:55	00:37:52	64		V45	7
63	4383	José Geada	00:18:37	00:38:04	00:37:59	69	Clube Atlético das Patameiras	V40	16
64	4437	Pedro Mota	00:18:33	00:38:04	00:37:59	68	WERun Portugal	V40	17
65	1362	Rui Henriques	00:18:48	00:38:05	00:37:55	66		V35	13
66	5788	Michael Almeida	00:18:31	00:38:06	00:37:54	65		Junior	4
67	4382	Rui Martins	00:18:33	00:38:06	00:38:03	71	Clube Atlético das Patameiras	Senior	17
68	1722	Paulo Pinto	00:18:24	00:38:07	00:38:03	70	Figas & Amigos	V40	18
69	222	Vasco Tavares	00:18:37	00:38:08	00:38:06	73	Correr Lisboa	V35	14
70	846	Fernando Paulo	00:19:25	00:38:10	00:38:04	72	ACLIS LIBERTY SEGUROS	V45	8
71	1639	João Correia	00:18:44	00:38:11	00:37:56	67		V35	15
72	5558	Jorge Correia	00:19:25	00:38:13	00:37:42	60	G.D.R.da Reboleira/G.F.D	V40	19
73	1944	Luís Reis	00:18:16	00:38:13	00:38:11	75		V45	9
74	1826	Rodrigo Santos	00:18:56	00:38:15	00:38:12	76	NúcleOeiras/Sportzone	V35	16
75	5779	Raquel Trabuco	00:18:13	00:38:19	00:38:17	79		Senior	5
76	4748	João Lourenço	00:18:54	00:38:20	00:38:10	74	NúcleOeiras/Sportzone	V45	10
77	5131	Tiago Cruz	00:18:37	00:38:21	00:38:17	80		Senior	18
78	4310	Sergio Trindade	00:18:49	00:38:24	00:38:14	77		V35	17
79	4274	Pedro Arsenio	00:18:49	00:38:28	00:38:22	81	Clube de Atletismo Odimarq	Senior	19
80	4125	Luis Pinheiro	00:18:39	00:38:42	00:38:39	83	adccatujal	V35	18



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
81	3666	Fernando Rodrigues	00:19:08	00:38:47	00:38:44	85	Amigos Vale Silencio	V45	11
82	2776	Tiago Silva	00:18:31	00:38:52	00:38:50	86		Junior	5
83	4520	João Martins	00:19:31	00:38:54	00:38:31	82		Senior	20
84	3443	Jose Santos	00:19:20	00:38:56	00:38:43	84		V45	12
85	3634	Carlos Martins	00:19:20	00:38:59	00:38:56	88	CPPEA	V45	13
86	5977	Paulo Pires	00:20:17	00:39:08	00:38:14	78	OS AMIGOS DA ALAMEDA	V45	14
87	4348	António Vale	00:19:08	00:39:09	00:39:08	93	Grupo Recreativo e Desportivo "OS FIXES"	V55	2
88	1517	Fernando Polónio	00:18:53	00:39:14	00:39:12	98	Núcleo de Oeiras	V45	15
89	365	Miguel Heitor	00:19:19	00:39:17	00:39:15	99	WERun Portugal	Senior	21
90	237	Martinho Amaro	00:19:25	00:39:17	00:39:12	97	Correr Lisboa	V35	19
91	5907	Tiago Castela	00:19:26	00:39:18	00:39:06	92		Senior	22
92	1938	Diogo Silva	00:19:26	00:39:18	00:39:16	100		V35	20
93	2371	Mário Gomes	00:19:34	00:39:20	00:39:04	91		V40	20
94	4750	Monica Moreiras	00:19:26	00:39:20	00:39:19	102	NúcleOeiras/Sportzone	Senior	6
95	2974	Carlos Henriques	00:18:35	00:39:23	00:39:20	103	RB Running	V35	21
96	2943	Joaquim Antunes	00:19:37	00:39:26	00:39:11	95	Figas & Amigos	V55	3
97	4904	Marco Pinto	00:19:06	00:39:28	00:39:23	104		Senior	23
98	4203	João Pastor	00:19:27	00:39:29	00:39:24	105		V40	21
99	5718	Luis Fino	00:19:53	00:39:30	00:39:08	94		V40	22
100	6032	Tiago Vermelho	00:19:02	00:39:30	00:39:25	107	G.R.D. Ribeira da Lage	Senior	24



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
101	621	Fernando Vicente	00:19:32	00:39:31	00:39:27	110		V45	16
102	1471	Luis Santos	00:19:03	00:39:32	00:39:25	106	LUSO-ATLÂNTICA CORRETORES SA	Senior	25
103	6125	Mário Machado	00:21:38	00:39:33	00:36:11	36		V40	23
104	5245	Nuno Gonçalo	00:19:54	00:39:37	00:39:18	101	Carapaus de Corrida	Senior	26
105	689	Paulo Alves	00:21:57	00:39:41	00:38:50	87		V50	4
106	3041	António Santos	00:19:40	00:39:41	00:39:25	108	IST Run Lisboa	Senior	27
107	5806	Bruno Gonçalves	00:19:13	00:39:42	00:39:39	114		V35	22
108	3765	António Varandas	00:20:03	00:39:42	00:39:31	113		V45	17
109	3680	João Martins	00:19:15	00:39:45	00:39:40	115	Clube Ferroviário de Portugal	V50	5
110	632	José Jorge	00:19:46	00:39:45	00:39:26	109		Senior	28
111	3801	Rui Bernardo	00:19:13	00:39:46	00:39:43	117	P4R	V45	18
112	600	Flávio Santos	00:20:47	00:39:48	00:39:30	111	Federação da Família para a Paz Mundial e Unifi	Junior	6
113	6078	Paulo Costa	00:19:55	00:39:49	00:39:44	118	RB Running	V45	19
114	4316	Miguel Ladeira	00:19:48	00:39:50	00:39:48	123		V40	24
115	439	Pedro Barata	00:19:27	00:39:51	00:39:48	121	Clube ANA Lisboa	Senior	29
116	5529	Nuno Silva	00:19:42	00:39:52	00:39:42	116		Senior	30
117	2505	Romão Pedroso	00:19:19	00:39:52	00:39:49	124		Senior	31
118	1278	Armando Rafael	00:19:43	00:39:53	00:39:47	119		V40	25
119	5100	Paulo Mata	00:19:35	00:39:54	00:39:48	122		V50	6
120	1435	Osvaldo Ferreira	00:19:30	00:39:56	00:39:55	128		V35	23



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
121	1724	Sérgio Santos	00:19:18	00:39:56	00:39:53	126	Figas & Amigos	V45	20
122	1302	Mauricio Enes	00:19:34	00:40:00	00:39:59	131		V50	7
123	121	Jose Esteves	00:19:45	00:40:03	00:39:55	129		V45	21
124	4273	Inocência Amorim	00:19:52	00:40:06	00:39:55	127	Rail Runners	V35	24
125	4443	Jorge Serra	00:20:06	00:40:09	00:40:03	132	WERun Portugal	V45	22
126	1147	Lucilia Soares	00:19:35	00:40:10	00:40:08	135		V50	1
127	3705	José Martins	00:21:25	00:40:11	00:39:11	96	Grupo Recreativo e Desportivo "OS FIXES"	V45	23
128	2393	Rafael Lourenço	00:19:19	00:40:12	00:40:10	138	Profiserv	V35	25
129	440	Jorge Marrão	00:19:39	00:40:17	00:40:14	143	Clube ANA Lisboa	V35	26
130	3805	Manuel Proença	00:20:11	00:40:18	00:40:13	142	RB Running	V55	4
131	4244	Miguel Fernandes	00:21:07	00:40:21	00:39:51	125		Senior	32
132	4235	Jose Neves	00:20:51	00:40:22	00:40:11	139		Senior	33
133	4241	Luís Fidalgo	00:20:03	00:40:22	00:40:13	141		V40	26
134	3267	Antonio Pinheiro	00:19:26	00:40:28	00:40:26	153	Grupo Desportivo de Chelas	V40	27
135	1150	Francisco Gonçalves	00:18:46	00:40:29	00:40:26	152		V40	28
136	1253	José Pires	00:19:37	00:40:30	00:40:11	140		V35	27
137	3320	Paulo Delgado	00:19:18	00:40:30	00:40:25	151		V45	24
138	3939	João Galiano	00:19:10	00:40:30	00:40:25	150		V35	28
139	2283	Ricardo Patrício	00:20:07	00:40:31	00:40:05	134	CCD Crédito Agrícola Mútuo	V35	29
140	2080	Joaquim Oliveira	00:19:15	00:40:31	00:40:26	154	Clube EDP - Lisboa	V45	25



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
141	1720	Amável Figueiredo	00:20:05	00:40:33	00:40:29	156	Figas & Amigos	V50	8
142	995	Luis Paulo	00:20:03	00:40:34	00:40:16	144	Bahia	V45	26
143	5892	Arlindo Paixao	00:19:44	00:40:37	00:40:33	158		V50	9
144	4608	Paulo Gaspar	00:20:28	00:40:38	00:39:59	130	Núcleo de Oeiras	V35	30
145	3660	Vitor Sousa	00:20:10	00:40:39	00:40:31	157	GFD Running	V40	29
146	5165	Francisco Lima	00:20:25	00:40:41	00:40:18	146	RB Running	Senior	34
147	938	Carlos Tago	00:20:21	00:40:43	00:40:33	159	keep Running	Senior	35
148	494	Paulo Teles	00:20:20	00:40:44	00:40:28	155	Colt Runners	V40	30
149	939	Jose Pena	00:20:22	00:40:44	00:40:34	161	keep Running	V45	27
150	5587	Leonel Pinto	00:19:38	00:40:47	00:40:42	168		V40	31
151	1882	Alexandre Costa	00:19:59	00:40:47	00:40:24	149		V40	32
152	5358	Valter Oliveira	00:19:53	00:40:50	00:40:44	171	WERun Portugal	V35	31
153	2665	Luís Mendes	00:20:15	00:40:50	00:40:45	172	NAPA - Perna Assada	V40	33
154	4655	Paulo Jesuino	00:19:20	00:40:51	00:40:47	175	Profiserv	V40	34
155	2485	Cláudio Canavilhas	00:20:11	00:40:54	00:40:39	165		Senior	36
156	1470	Marco Veloso	00:19:26	00:40:54	00:40:52	180	LINDA-A-PASTORA SPORTING CLUBE	Senior	37
157	3862	James Hobbs	00:21:19	00:40:57	00:40:09	137		V35	32
158	787	Pedro Leal	00:20:07	00:40:57	00:40:18	145		Senior	38
159	4754	Luis Miguel	00:20:25	00:40:58	00:40:41	167		V40	35
160	1577	José Moreira	00:19:58	00:40:59	00:40:56	184	Centro de Cultura e Desporto dos Trabalhadores	V35	33



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
161	530	Pedro Marques	00:19:53	00:40:59	00:40:50	179		V45	28
162	4525	Joao Caldas	00:19:51	00:41:00	00:40:46	173	NUCLEO DESPORTIVO AUTOCOOPE	V45	29
163	4028	Antonio Dolores	00:20:24	00:41:02	00:40:43	170		V40	36
164	5569	Pedro Soares	00:19:33	00:41:02	00:40:59	187	Correr na Cidade	V35	34
165	3932	Joaquim Alexandre	00:20:52	00:41:02	00:40:38	163	u.r.d.arranhò	V45	30
166	4161	Josue Francisco	00:19:49	00:41:04	00:41:00	189		V40	37
167	15	Artur Carvalho	00:19:54	00:41:04	00:41:02	190		V40	38
168	1046	Tiago Machado	00:20:24	00:41:06	00:40:56	182		Senior	39
169	1300	Paulo Alves	00:20:14	00:41:09	00:41:00	188	Falcões Selvagens	V35	35
170	3938	Rafael Pina	00:20:50	00:41:13	00:40:21	147		V35	36
171	1072	João Pereira	00:20:15	00:41:14	00:41:07	193		Senior	40
172	2287	Miguel Gonçalves	00:20:42	00:41:15	00:40:39	166	CCD Crédito Agrícola Mútuo	V35	37
173	4752	José Teixeira	00:19:54	00:41:15	00:41:06	192	NúcleOeiras/Sportzone	V35	38
174	6182	Rui Lacerda	00:19:54	00:41:20	00:41:18	200	Clube Olimpico de Oeiras	V40	39
175	4997	Antonio Nunes	00:20:49	00:41:21	00:40:34	160	CASA DO PESSOAL DA RTP	V40	40
176	2083	Pedro Nobre	00:20:01	00:41:22	00:40:59	186	Clube EDP - Lisboa	Senior	41
177	1781	João Cegonho	00:21:00	00:41:24	00:40:46	174		V35	39
178	3617	Miguel Almeida	00:19:57	00:41:26	00:40:56	183		Senior	42
179	3533	Nuno Alcobia	00:20:18	00:41:26	00:41:23	204		V35	40
180	1272	Francisco Azevedo	00:20:54	00:41:27	00:41:18	199		V45	31



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
181	3168	Nuno Gonçalves	00:20:00	00:41:30	00:41:27	210		V35	41
182	1966	Carlos Marques	00:21:05	00:41:31	00:40:48	176		V45	32
183	5468	António Santos	00:20:58	00:41:31	00:41:25	205	GDINE	V55	5
184	5554	Mário Marques	00:20:31	00:41:34	00:41:20	202		V40	41
185	1548	Domingos Pinto-Coelho	00:20:44	00:41:34	00:41:15	197		V40	42
186	4760	Augusto Ferreira	00:20:18	00:41:35	00:41:27	209		V40	43
187	4439	Alexandre Costa	00:20:10	00:41:36	00:41:23	203	WERun Portugal	V40	44
188	1067	Ricardo Falé	00:21:25	00:41:36	00:40:05	133	Clube OGMA	Senior	43
189	2101	Abílio Fernandes	00:20:58	00:41:36	00:40:56	185		V40	45
190	4123	Amandio Gouveia	00:20:07	00:41:36	00:41:32	216	adccatujal	V35	42
191	3195	Rui Lopes	00:20:53	00:41:37	00:41:14	196		V60	1
192	1337	Nuno Carvalho	00:20:21	00:41:38	00:41:28	211	keep Running	Senior	44
193	2777	António Vilela	00:20:18	00:41:38	00:41:34	218		V45	33
194	6049	Joao Mendes	00:20:17	00:41:39	00:41:32	215		V55	6
195	5879	Nelson Pereira	00:21:31	00:41:40	00:40:38	162		V35	43
196	625	Rogério Fonseca	00:20:42	00:41:40	00:41:30	213		V45	34
197	5008	Nuno Lino	00:20:09	00:41:40	00:41:25	206		Senior	45
198	5614	Duarte Mendonça	00:20:15	00:41:42	00:41:34	217		V40	46
199	6036	Manuel Figueiredo	00:20:16	00:41:43	00:41:39	224	G.R.D. Ribeira da Lage	V55	7
200	3284	Jose Serra	00:20:26	00:41:47	00:41:38	222	Grupo Desportivo de Chelas	V50	10



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
201	4497	Armando Correia	00:20:54	00:41:47	00:41:40	225	Sporting Clube de Casainhos	Senior	46
202	1507	Mark Ribeiro	00:21:26	00:41:47	00:40:53	181	Ginásio Vivência Explosiva	Senior	47
203	1298	Carlos Dias	00:20:48	00:41:48	00:41:42	227	FAMILIA DIAS	V50	11
204	2664	João Paixão	00:20:28	00:41:49	00:41:43	228	NAPA - Perna Assada	V40	47
205	776	Henrique Oliveira	00:20:19	00:41:49	00:41:43	229	Cascais Pandilha redux	V45	35
206	5782	Paulo Pereira	00:20:01	00:41:49	00:41:44	230		Senior	48
207	2817	Pedro Barreirão	00:19:50	00:41:50	00:41:48	237		Senior	49
208	3917	Nelson Pereira	00:20:33	00:41:52	00:41:48	239		V45	36
209	1024	Maria Frias	00:20:33	00:41:52	00:41:51	245	Amigos Atletismo Mafra	V45	1
210	4583	Nuno Correia	00:20:59	00:41:53	00:41:47	235	GDINE	V45	37
211	6155	António Almeida	00:21:16	00:41:54	00:41:44	231		V40	48
212	3847	Leonardo Coelho	00:21:42	00:41:54	00:40:38	164	RunLovers	Junior	7
213	4495	Carlos Baptista	00:20:54	00:41:54	00:41:48	240	Sporting Clube de Casainhos	V50	12
214	4356	Bruno Francisco	00:20:07	00:41:56	00:41:39	223	Amigos de Ponte Fajão e Trinhão	Senior	50
215	3296	Eduardo Silva	00:21:03	00:41:58	00:41:52	252		V50	13
216	1308	Pedro Ferreira	00:19:50	00:41:58	00:41:47	236		V40	49
217	2921	Diogo Duarte	00:20:40	00:41:58	00:41:45	232		V35	44
218	4358	Pedro Rodrigues	00:20:26	00:41:59	00:41:52	253	RSB Lx	Senior	51
219	4335	Pedro Marçal	00:20:26	00:41:59	00:41:51	246		Senior	52
220	4163	Isidro Duarte	00:20:42	00:41:59	00:41:51	244	RB Running	V45	38



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
221	4185	Nelson Fonseca	00:22:37	00:41:59	00:39:00	90	Jobrinde Montes-Saloios	V35	45
222	5817	Lúcia Oliveira	00:20:53	00:42:00	00:41:55	254		V35	2
223	5022	Carlos Custodio	00:20:33	00:42:00	00:41:58	262		V40	50
224	5270	Pedro Guarita	00:19:38	00:42:01	00:41:48	241		V40	51
225	6118	Sérgio Figueiras	00:20:02	00:42:01	00:41:48	238		V35	46
226	3684	Pedro Ramos	00:20:18	00:42:03	00:41:52	251	Clube Ferroviário de Portugal	V35	47
227	2275	João Pereira	00:21:18	00:42:06	00:41:16	198	CCD Crédito Agrícola Mútuo	V40	52
228	2666	António Rico	00:20:54	00:42:07	00:42:00	266	NAPA - Perna Assada	V40	53
229	1813	Emanuel Freitas	00:20:32	00:42:07	00:41:52	248		V50	14
230	5204	Abel Pina	00:20:52	00:42:07	00:42:00	265		V50	15
231	457	Rui Paulo	00:20:48	00:42:08	00:42:01	267	Paulos	V45	39
232	5213	Jorge Lopes	00:20:48	00:42:08	00:41:56	261		V35	48
233	2277	Nuno Rosa	00:21:06	00:42:08	00:41:32	214	CCD Crédito Agrícola Mútuo	V35	49
234	3011	Ricardo Rodrigues	00:20:34	00:42:09	00:42:05	273		Senior	53
235	2835	Joaquim Frade	00:20:08	00:42:10	00:42:06	275	SS CGD	V55	8
236	3906	António Fernandes	00:20:54	00:42:10	00:41:58	263	Clube do Stress	V50	16
237	1434	Paulo Guerreiro	00:21:18	00:42:11	00:42:00	264		V45	40
238	6054	Bruno Outerelo	00:20:46	00:42:14	00:42:03	270		V35	50
239	1394	Euclides Soares	00:19:49	00:42:15	00:42:11	283		Senior	54
240	4623	Raul Rodrigues	00:20:55	00:42:17	00:41:56	258	grup.desp.chelas	V55	9



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
241	5829	Júlio Gamito	00:21:00	00:42:19	00:42:11	285		V50	17
242	201	Paulo Matos	00:21:04	00:42:19	00:42:06	274		V40	54
243	2081	José Arede	00:20:57	00:42:19	00:41:55	255	Clube EDP - Lisboa	V40	55
244	4646	Bruno Santos	00:20:47	00:42:20	00:42:07	278		V35	51
245	3391	Kcénia Bougrova	00:20:33	00:42:20	00:42:17	290	Valejas Atlético Clube	Senior	7
246	552	Hugo Rocha	00:20:10	00:42:20	00:42:14	286		V35	52
247	3659	Rui Freitas	00:20:37	00:42:20	00:42:15	289	GFD Running	V35	53
248	3647	Armando Dias	00:20:52	00:42:21	00:42:20	295	MASSAMÁ RUN	V45	41
249	5931	Joao Simoes	00:21:09	00:42:22	00:42:03	269		V35	54
250	4498	Manuel Bento	00:21:51	00:42:22	00:42:08	279	Sporting Clube de Casainhos	V35	55
251	1130	Paulo Palma	00:21:37	00:42:23	00:42:19	293		V35	56
252	5697	Filipe Branco	00:23:20	00:42:23	00:38:58	89	Tartarugas Solidarias	Senior	55
253	5367	Jorge Ginja	00:21:30	00:42:24	00:42:06	276		V40	56
254	2318	Paulo Gomes	00:22:52	00:42:28	00:39:48	120		Senior	56
255	4405	Gonçalo Gameiro	00:22:04	00:42:28	00:41:26	207	Barões	Senior	57
256	3103	Hugo Soares	00:20:04	00:42:28	00:42:11	284	IST Run Lisboa	Senior	58
257	382	Fernando Correia	00:20:56	00:42:28	00:42:01	268		V40	57
258	3184	Vasco Faria	00:22:21	00:42:29	00:40:42	169		Senior	59
259	169	Fábio Teixeira	00:20:51	00:42:30	00:42:08	280		Senior	60
260	3714	Paulo Cecilio	00:21:10	00:42:33	00:42:22	296		V40	58



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
261	1718	Ricardo Pedroso	00:22:01	00:42:33	00:41:46	233	NO LIMITS	Senior	61
262	5866	Armando Silva	00:20:57	00:42:33	00:42:29	300		V55	10
263	6033	Fernando Correia	00:20:41	00:42:36	00:42:32	309	G.R.D. Ribeira da Lage	V45	42
264	802	Carlos Grego	00:20:24	00:42:38	00:42:32	308	Cascais Pandilha redux	V45	43
265	6057	Luis Baptista	00:21:29	00:42:40	00:42:04	272		V50	18
266	5294	Pedro Sanguino	00:21:34	00:42:40	00:41:51	247		Senior	62
267	5461	Alfredo Valente	00:20:32	00:42:40	00:42:34	313	spor lisboa campolide	V50	19
268	5465	Andre Oliveira	00:21:48	00:42:41	00:41:09	195	Bloco De Este	Senior	63
269	2150	Carlos Luz	00:21:44	00:42:41	00:42:32	306	BRRnightRUNNERS	V40	59
270	1668	João Vaz	00:20:54	00:42:42	00:42:29	301	I GEMELLI	V45	44
271	3437	Paulo Gonçalves	00:20:46	00:42:42	00:42:30	304		V40	60
272	6034	Paulo Lopes	00:20:50	00:42:43	00:42:27	297	G.R.D. Ribeira da Lage	V40	61
273	4881	António Rodrigues	00:21:07	00:42:43	00:42:29	302		V35	57
274	279	Augusto Portugal	00:22:01	00:42:45	00:41:29	212		V35	58
275	5704	David Lima	00:21:02	00:42:45	00:42:32	307		Senior	64
276	2767	Paulo Coelho	00:21:03	00:42:45	00:42:30	303		V35	59
277	3976	Diogo Correia	00:21:44	00:42:45	00:42:11	281		Senior	65
278	5390	Rui Martins	00:22:12	00:42:46	00:41:07	194		Senior	66
279	2333	Nuno Moreira	00:22:52	00:42:49	00:40:49	177	corre@correr	V35	60
280	918	Sofia Silva	00:22:51	00:42:49	00:40:50	178	corre@correr	V35	3



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
281	4000	Marco Santos	00:22:13	00:42:50	00:41:55	257	Fora D arena	V35	61
282	2720	Rodrigo Batalha	00:20:39	00:42:51	00:42:43	322		Senior	67
283	3270	Eduardo Rodrigues	00:21:16	00:42:51	00:42:19	292	Grupo Desportivo de Chelas	V50	20
284	5911	Henrique Madeira	00:20:59	00:42:52	00:41:55	256	CLUBE ACCENTURE	Senior	68
285	5392	José Cardoso	00:20:45	00:42:54	00:42:41	321		V50	21
286	4124	Daniel Gonçalves	00:20:47	00:42:55	00:42:50	329	adccatujal	Senior	69
287	5040	João Coelho	00:22:06	00:42:56	00:42:17	291		Senior	70
288	5795	Sara Valadares	00:20:51	00:42:57	00:42:36	316	SPR Team	V40	1
289	1824	João Rodrigues	00:20:45	00:42:58	00:42:45	324	NúcleOeiras/Sportzone	V40	62
290	3688	Carla Ribeiro	00:21:05	00:42:58	00:42:52	331	GFD Running	Senior	8
291	733	Bruno Reis	00:21:30	00:42:59	00:42:33	310		Senior	71
292	1354	Pedro Pinho	00:20:57	00:43:01	00:42:40	320		V35	62
293	542	Jorge Pardal	00:21:06	00:43:01	00:42:54	332		V40	63
294	3274	Paulo Cardoso	00:20:28	00:43:02	00:43:00	340	Grupo Desportivo de Chelas	V50	22
295	160	Pedro Tavares	00:20:47	00:43:02	00:42:47	326	Grupo Recreativo Janz Associados	V35	63
296	5680	Jorge Nabais	00:21:40	00:43:03	00:42:57	338		Senior	72
297	3113	Andre Arvela	00:22:44	00:43:03	00:40:21	148		Senior	73
298	4227	Pedro Lopes	00:21:08	00:43:04	00:42:34	312		Senior	74
299	4617	João Afonso	00:22:12	00:43:04	00:41:42	226	A Lebre e as Tartarugas	V55	11
300	3968	João Mantua	00:21:36	00:43:05	00:42:07	277		Senior	75



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
301	3148	António Terras	00:20:42	00:43:08	00:43:01	342		V40	64
302	4104	Rui Martins	00:21:43	00:43:10	00:42:50	330		V55	12
303	6172	Luís Nunes	00:21:44	00:43:12	00:42:46	325		Senior	76
304	610	Paulo Borges	00:22:29	00:43:14	00:42:35	315		Senior	77
305	1572	Gerry Sanitz	00:21:09	00:43:15	00:43:09	350	ODEBRECHT PORTUGAL	V45	45
306	4701	Nuno Silva	00:21:06	00:43:15	00:43:11	351		V35	64
307	4004	Jorge Luís	00:20:55	00:43:16	00:43:08	348	Escola Atletismo Rui Silva	V35	65
308	2819	Filipa Relvas	00:21:15	00:43:21	00:43:12	353	NúcleOeiras/Sportzone	Senior	9
309	3283	Joaquim Azevedo	00:22:01	00:43:21	00:43:12	356	Grupo Desportivo de Chelas	V50	23
310	2209	Manuel Mexia	00:22:35	00:43:22	00:41:49	242	CLUBE TAP PORTUGAL	V45	46
311	4079	José Dias	00:21:50	00:43:26	00:43:16	361		V50	24
312	3106	Antero Jerónimo	00:21:14	00:43:27	00:43:24	374	Falcões Selvagens	V50	25
313	549	Paulo Fernandes	00:22:47	00:43:28	00:42:15	288		Senior	78
314	1560	Ricardo Passos	00:22:30	00:43:29	00:41:56	260	Bloco De Este	Senior	79
315	1843	Luís Lameirão	00:21:10	00:43:29	00:43:01	341		V45	47
316	3535	Silvino Antunes	00:21:12	00:43:31	00:43:28	380		V65	1
317	2839	Miguel Rocha	00:22:51	00:43:31	00:41:56	259	SS CGD	Senior	80
318	5885	Hugo Gaudencio	00:21:22	00:43:31	00:43:13	359		V35	66
319	2750	João Gaspar	00:20:42	00:43:32	00:43:21	366	Clube de Corrida da REN	Senior	81
320	3260	André Robalo	00:21:43	00:43:32	00:43:22	372		V35	67



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
321	5517	Nuno Venancio	00:20:46	00:43:32	00:43:28	383		V35	68
322	1666	Carlos Morais	00:21:22	00:43:32	00:43:17	362	I GEMELLI	V45	48
323	6181	Sheila Marques	00:21:50	00:43:32	00:43:23	373	Clube Olimpico de Oeiras	Senior	10
324	5227	Luís Mealha	00:23:05	00:43:33	00:41:27	208		V40	65
325	5934	Bruno Sousa	00:23:06	00:43:34	00:41:52	249		V35	69
326	2533	João Ribeiro	00:21:48	00:43:34	00:42:57	337	Ribeirinhos&Co	Senior	82
327	4660	João Nunes	00:21:36	00:43:35	00:43:05	344		V50	26
328	1401	Rui Soveral	00:21:55	00:43:35	00:42:36	317		V35	70
329	1208	Filipe Silva	00:21:14	00:43:36	00:43:28	381		V40	66
330	4444	Nuno Gomes	00:21:15	00:43:36	00:43:21	368	WERun Portugal	Senior	83
331	3655	Fernando Lopes	00:21:56	00:43:37	00:43:17	363	GFD Running	V40	67
332	2884	Pedro Ferreira	00:20:56	00:43:39	00:43:33	385	RB Running	V45	49
333	5553	Rui Cupido	00:23:23	00:43:39	00:41:36	220		V45	50
334	3488	Eurico Nicho	00:21:27	00:43:41	00:43:02	343	Os Galgos	V50	27
335	985	Manuel Dias	00:21:21	00:43:43	00:43:26	377	Margem Sul	V45	51
336	3907	Ricardo Dasselva	00:23:08	00:43:43	00:41:35	219	LINKSPORTS	V35	71
337	1510	Manuel Nabeiro	00:21:47	00:43:44	00:42:50	328	Ginásio Vivência Explosiva	V40	68
338	1910	Edgar Trigo	00:23:09	00:43:45	00:41:52	250		V45	52
339	400	Fredy Henriques	00:22:46	00:43:46	00:42:33	311		Senior	84
340	5954	Vitor Pereira	00:23:28	00:43:47	00:41:51	243		Senior	85



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
341	3661	Rita Carvalho	00:21:53	00:43:47	00:43:42	398	GFD Running	Junior	1
342	2326	Filipa Costa	00:22:09	00:43:48	00:42:54	333		Senior	11
343	3498	Arnaldo Trindade	00:21:24	00:43:48	00:43:40	395	RB Running	V40	69
344	1900	João Dias	00:22:44	00:43:49	00:42:15	287	Os Kamarros	V40	70
345	3983	Manuel Fernandes	00:22:31	00:43:49	00:42:29	298		V35	72
346	5232	Elio Monteiro	00:22:15	00:43:50	00:42:57	336		V35	73
347	2455	Nuno Almeida	00:21:24	00:43:51	00:43:43	400	RB Running	V40	71
348	5622	Roberto Guerreiro	00:19:55	00:43:51	00:43:46	405	RB Running	Senior	86
349	782	Artur Correia	00:21:53	00:43:52	00:43:46	406	FOZ365	V40	72
350	3656	Luís Pires	00:21:54	00:43:52	00:43:44	401	GFD Running	V45	53
351	2038	Leandro Fernandes	00:21:03	00:43:53	00:43:50	417		Senior	87
352	3693	Nuno Silva	00:22:48	00:43:54	00:42:30	305	Grupo Recreativo e Desportivo "OS FIXES"	V35	74
353	2259	José Costa	00:21:06	00:43:54	00:43:45	404	BRRnightRUNNERS	V50	28
354	2175	Luis Oliveira	00:21:06	00:43:54	00:43:46	408	BRRnightRUNNERS	V40	73
355	657	António Lopes	00:22:16	00:43:57	00:43:07	346		V45	54
356	4918	Miguel Ribeiro	00:21:27	00:43:58	00:43:49	414	Mendes Ribeiro	V40	74
357	3450	Dília Amaro	00:21:22	00:44:02	00:43:36	391		V55	1
358	5371	Nelson Moreira	00:22:03	00:44:04	00:43:13	358		V35	75
359	838	Paulo Lopes	00:21:50	00:44:04	00:43:57	426	ACLIS LIBERTY SEGUROS	V45	55
360	4845	Luis Torres	00:22:41	00:44:04	00:43:28	379	H3 Runners	V40	75



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	5981	Nuno Pacheco	00:23:05	00:44:05	00:42:39	319	RUN AWAY TEAM PORTUGAL	V40	76
362	1811	João Ferreira	00:22:01	00:44:06	00:43:33	386		V35	76
363	1213	Joaquim Lopes	00:22:25	00:44:07	00:43:08	347		V65	2
364	2284	Rui Melo	00:21:03	00:44:08	00:43:48	412	CCD Crédito Agrícola Mútuo	V40	77
365	3029	Carlos Pereira	00:22:38	00:44:09	00:42:20	294	we love running	Senior	88
366	1879	Paulo Camacho	00:23:10	00:44:10	00:42:29	299	BRRnightRUNNERS	V40	78
367	1020	João Gameiro	00:22:00	00:44:11	00:43:15	360		V40	79
368	4824	Nuno Quintela	00:23:39	00:44:11	00:41:06	191		Senior	89
369	3755	Paulo Caldeira	00:22:33	00:44:14	00:42:57	335		V35	77
370	5959	Daniel Pereira	00:24:33	00:44:17	00:39:30	112		Senior	90
371	5678	Fernando Rosete	00:22:15	00:44:18	00:43:35	388		V40	80
372	6082	Frederico Lázaro	00:21:48	00:44:19	00:43:45	403	YUNIT	Senior	91
373	1726	Francisco Aires	00:22:44	00:44:19	00:43:50	415	Figas & Amigos	V60	2
374	6035	Carlos Folgado	00:22:43	00:44:20	00:43:13	357	G.R.D. Ribeira da Lage	V50	29
375	845	Alvaro Coelho	00:21:58	00:44:20	00:44:13	442	ACLIS LIBERTY SEGUROS	V55	13
376	5189	José Pinto	00:22:23	00:44:21	00:43:44	402	Xuxonix / Ludo Team	V40	81
377	158	António Reis	00:22:10	00:44:22	00:44:09	438		V35	78
378	6173	Joao Jesus	00:21:59	00:44:23	00:44:13	443		V35	79
379	5945	Bruno Carvalho	00:22:34	00:44:25	00:43:22	371		Senior	92
380	3971	Pedro Freitas	00:21:47	00:44:25	00:44:21	449		V45	56



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
381	4885	Antonio Costa	00:22:11	00:44:25	00:44:15	444	Flamingos Atletismo	V55	14
382	4528	Juvenal Moreira	00:21:49	00:44:25	00:44:22	450	NUCLEO DESPORTIVO AUTOCOOPE	V50	30
383	1482	Inês Alves	00:21:10	00:44:27	00:44:12	441		Senior	12
384	4677	Rui Pina	00:23:27	00:44:27	00:42:49	327		V35	80
385	5182	Raimundo Pechilga	00:21:12	00:44:28	00:44:20	447		V50	31
386	1884	António Martins	00:22:33	00:44:31	00:43:58	427		V45	57
387	5850	Mário Miguel	00:22:50	00:44:31	00:43:20	365		V60	3
388	2577	Manuel Roque	00:22:02	00:44:32	00:43:59	430		Senior	93
389	5842	Gonçalo Tavares	00:21:34	00:44:33	00:44:17	446		Senior	94
390	3402	Eugénio Ruivo	00:21:14	00:44:34	00:44:32	464		V60	4
391	4496	Fábio Pereira	00:21:50	00:44:34	00:44:26	456	Sporting Clube de Casainhos	Senior	95
392	1346	Joao Bogalheiro	00:21:22	00:44:34	00:44:26	457		V40	82
393	4440	Maria Lucas	00:22:30	00:44:35	00:44:17	445	WERun Portugal	V45	2
394	6149	Óscar Santos	00:22:33	00:44:36	00:44:23	454		V55	15
395	1005	Helena Martins	00:22:05	00:44:36	00:44:22	452	Amigos Atletismo Mafra	V50	2
396	1626	António Marques	00:22:18	00:44:36	00:44:22	451		V45	58
397	3225	Carlos Antunes	00:22:27	00:44:37	00:44:25	455	Clube de Atletismo Odimarq	V60	5
398	1328	Luis Ferreira	00:21:37	00:44:37	00:43:53	422		Senior	96
399	4276	João Barbosa	00:22:21	00:44:37	00:43:48	413	NEPJD	V35	81
400	1928	Sérgio Póvoa	00:21:49	00:44:39	00:44:32	466	BRRnightRUNNERS	V40	83



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	2306	Humberto Cruz	00:21:49	00:44:40	00:44:06	435		V35	82
402	4679	Antonio Reis	00:22:13	00:44:40	00:44:22	453		V55	16
403	5935	Nuno Ricardo	00:21:41	00:44:41	00:44:33	467		Senior	97
404	4576	Francisco Caldeira	00:21:52	00:44:43	00:44:34	472	GDINE	V40	84
405	4442	Carlos Almeida	00:22:49	00:44:43	00:44:27	458	WERun Portugal	V55	17
406	723	Bruno Soares	00:23:34	00:44:44	00:43:36	389		V40	85
407	4594	Fernando Anacleto	00:22:32	00:44:46	00:44:34	471		V60	6
408	4653	Hugo Gonçalves	00:24:17	00:44:46	00:41:38	221	G.D.R. São Francisco da Serra	Senior	98
409	5665	Ricardo Figueira	00:23:18	00:44:47	00:44:09	437	spor lisboa campolide	Senior	99
410	682	João Frade	00:23:37	00:44:50	00:43:07	345		V40	86
411	2800	Pedro Carvalho	00:23:04	00:44:50	00:43:46	409	Correr Lisboa	V40	87
412	294	Joaquim Marinho	00:21:42	00:44:51	00:44:48	498	Grupo Desportivo de Chelas	V55	18
413	5303	Pedro Cruz	00:21:41	00:44:51	00:44:48	497	KPMG Portugal	Senior	100
414	2519	Luís Gonçalves	00:23:24	00:44:52	00:42:56	334	Colinas Bike Tour	V35	83
415	5951	Sérgio Manso	00:22:57	00:44:53	00:43:38	392		Senior	101
416	4596	Nuno Carmo	00:22:05	00:44:54	00:44:49	499		V40	88
417	1352	João Moniz	00:22:27	00:44:55	00:43:46	407		Junior	8
418	4177	Paulo Oliveira	00:22:18	00:44:56	00:44:03	433	Fitness way Pinhal Novo	V40	89
419	4579	Carlos Santos	00:22:26	00:44:56	00:44:29	462	GDINE	V45	59
420	2273	Carlos Silva	00:22:37	00:44:56	00:44:34	469	CCD Crédito Agrícola Mútuo	V50	32



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
421	2302	Paulo Almeida	00:22:27	00:44:57	00:44:39	485		V50	33
422	3708	Carlos Monteiro	00:23:15	00:44:58	00:44:12	440	Grupo Recreativo e Desportivo "OS FIXES"	V60	7
423	2517	Hugo Moreira	00:20:21	00:44:58	00:44:52	503	MultiRunners	V35	84
424	5246	Hugo Santos	00:23:30	00:44:59	00:43:40	396		Senior	102
425	3272	Carlos Rodrigues	00:21:50	00:44:59	00:44:39	486	Grupo Desportivo de Chelas	V40	90
426	5971	Joao Jorge	00:23:58	00:45:00	00:43:00	339		V35	85
427	5848	Vitor Cunha	00:23:25	00:45:02	00:43:21	367		V45	60
428	3352	Bruno Araújo-Gomes	00:22:29	00:45:03	00:44:28	459		V40	91
429	512	Luis Antunes	00:22:28	00:45:04	00:44:56	504	RB Running	V40	92
430	2207	Ana Vieira	00:22:16	00:45:04	00:44:57	508	Eletr&Run	V35	4
431	2221	Rui Santos	00:22:41	00:45:06	00:44:45	492		V35	86
432	1140	Fernando Silva	00:23:01	00:45:08	00:44:33	468		V35	87
433	1305	Nuno Apolo	00:21:12	00:45:11	00:45:06	525		V35	88
434	5676	Jose Santos	00:22:32	00:45:12	00:45:06	526		V40	93
435	4002	Fernando Celestino	00:22:36	00:45:13	00:44:46	493	Açoreana Clube Banif	V55	19
436	1596	Henrique Tomé	00:23:24	00:45:13	00:43:18	364		V45	61
437	4122	Nuno Serrão	00:22:35	00:45:14	00:44:45	491	Winners Team	Senior	103
438	5488	Tiago Varanda	00:24:39	00:45:15	00:42:34	314		V40	94
439	1558	Nuno Oliveira	00:22:55	00:45:15	00:43:43	399	Bloco De Este	Senior	104
440	3743	Barbara Cardoso	00:21:36	00:45:16	00:45:14	541		Junior	2



26 OUT
10H00
ROSSIO
TERREIRO
DO PAÇO

CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
441	4434	João Barbosa	00:23:21	00:45:18	00:44:35	474	WERun Portugal	V40	95
442	1967	João Carvalho	00:23:11	00:45:19	00:44:37	476		V55	20
443	4884	Faustino Pereirinha	00:21:56	00:45:19	00:45:17	546	Flamingos Atletismo	V50	34
444	4767	Armando Correia	00:22:28	00:45:20	00:45:02	517	Lesmas Alopradas	V60	8
445	5254	Paulo Luz	00:22:26	00:45:21	00:45:13	540		V45	62
446	4582	Jorge Lopes	00:23:57	00:45:22	00:43:26	376	GDINE	Senior	105
447	3161	Luís Loureiro	00:23:35	00:45:22	00:43:39	394		Senior	106
448	5608	Luis Carvalho	00:23:09	00:45:22	00:43:48	410	stefas	V35	89
449	140	Mario Seabra	00:22:04	00:45:22	00:45:05	521	Grupo Recreativo Janz Associados	V40	96
450	6112	Cristina Godinho	00:22:04	00:45:24	00:45:20	553		V40	2
451	1244	Ricardo Serra	00:22:19	00:45:24	00:45:11	533		V35	90
452	819	Jose Ferreira	00:23:50	00:45:24	00:43:56	425		V50	35
453	2298	Joao Marques	00:22:19	00:45:25	00:45:12	537		V35	91
454	1782	António Cordeiro	00:21:50	00:45:25	00:45:20	557		V35	92
455	1725	José Cabral	00:22:59	00:45:25	00:44:58	509	Figas & Amigos	V55	21
456	1906	Nelson Florentino	00:23:58	00:45:25	00:43:58	428	Os Intocáveis	V35	93
457	1721	Carlos Coelho	00:22:24	00:45:25	00:45:09	530	Figas & Amigos	V50	36
458	5646	Sara Ramos	00:22:12	00:45:26	00:45:12	535	Amigos Atletismo Mafra	V35	5
459	1153	Lino Santos	00:22:04	00:45:26	00:45:21	560		V50	37
460	3132	Carlos Fernandes	00:23:50	00:45:28	00:43:28	382	keep Running	V50	38



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	3675	Guilherme Gonçalves	00:22:19	00:45:28	00:45:24	566	Clube Ferroviário de Portugal	V50	39
462	1746	Pedro Pereira	00:23:05	00:45:28	00:45:00	511	Evolution	V35	94
463	1353	Manuel Fidalgo	00:22:51	00:45:29	00:44:59	510		V60	9
464	5057	João Gregório	00:22:53	00:45:30	00:45:01	514		V35	95
465	5791	Mafalda Saraiva	00:22:27	00:45:30	00:45:15	543	Os Saraivas	V35	6
466	4856	Filipe Silva	00:22:23	00:45:32	00:45:20	558	Os Amigos da Pedrita	Senior	107
467	5896	Ruben Silva	00:23:15	00:45:33	00:44:38	483	G.D.C Fonseca e Calçada	V55	22
468	5895	Luis Pereira	00:23:15	00:45:33	00:44:40	487	G.D.C Fonseca e Calçada	V35	96
469	4650	Rui Gonçalves	00:22:55	00:45:33	00:44:31	463		V35	97
470	1419	Artur Gonçalves	00:21:34	00:45:33	00:45:27	572		V40	97
471	1039	João Figueiredo	00:22:40	00:45:34	00:44:46	494		V35	98
472	2931	Fernando Morais	00:22:26	00:45:34	00:45:04	518		V50	40
473	3570	Paulo Santos	00:22:51	00:45:36	00:45:20	551		V40	98
474	234	Carlos Magalhães	00:23:30	00:45:37	00:43:55	424		Senior	108
475	2802	Luis Silva	00:23:21	00:45:39	00:43:42	397		V35	99
476	3078	Luís Silvestre	00:23:15	00:45:39	00:43:50	416		V35	100
477	1538	Nuno Balas	00:24:50	00:45:39	00:40:09	136		V35	101
478	1664	Rui Amado	00:22:15	00:45:40	00:45:13	538		V50	41
479	2855	Rodrigo Almeida	00:22:12	00:45:40	00:45:34	580		V35	102
480	3698	Bernardino Pereira	00:22:22	00:45:41	00:45:39	592	Grupo Recreativo e Desportivo "OS FIXES"	V75	1



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
481	3689	Fábio Ferreira	00:22:23	00:45:41	00:45:20	554	Grupo Recreativo e Desportivo "OS FIXES"	Senior	109
482	4293	Elton Almeida	00:25:12	00:45:44	00:41:19	201		Senior	110
483	3512	Pedro Carvalho	00:22:37	00:45:44	00:45:07	527		Senior	111
484	1100	Andre Martins	00:22:50	00:45:45	00:44:56	506		Senior	112
485	3844	Luis Ferreira	00:23:26	00:45:45	00:44:37	479	RunLovers	V45	63
486	3843	João Leitão	00:23:28	00:45:45	00:44:38	481	RunLovers	V40	99
487	3928	Filipe Branco	00:22:53	00:45:46	00:45:22	561	u.r.d.arranhò	V40	100
488	1704	Armindo Gariso	00:23:24	00:45:47	00:43:58	429		V40	101
489	1807	André Guerreiro	00:22:35	00:45:47	00:45:22	562		Senior	113
490	215	Helder Cotrim	00:22:40	00:45:48	00:45:18	548		Senior	114
491	69	Ricardo Sousa	00:21:49	00:45:49	00:45:38	590	Montepio - Central de Compras	Senior	115
492	5188	Carlos Cabrita	00:22:52	00:45:49	00:45:12	536	Xuxonix / Ludo Team	V35	103
493	2359	Daniel Farinha	00:22:29	00:45:49	00:44:51	501		Senior	116
494	5880	João Marques	00:24:30	00:45:49	00:43:50	418		Senior	117
495	5563	Pedro Macedo	00:24:10	00:45:49	00:43:51	419		Senior	118
496	4751	Marisa Antunes	00:24:29	00:45:50	00:43:51	420	NúcleOeiras/Sportzone	Senior	13
497	2565	Gonçalo Jacinto	00:23:03	00:45:51	00:45:10	532		V40	102
498	3251	José Rocha	00:23:33	00:45:51	00:45:37	587		V45	64
499	3334	Altino Gonçalves	00:23:40	00:45:51	00:44:34	470		V35	104
500	5662	Mário Gomes	00:22:27	00:45:54	00:45:20	555		V35	105



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	1935	Tiago Veiga	00:24:55	00:45:54	00:42:37	318		V35	106
502	4003	Ricardo Vieira	00:21:17	00:45:55	00:45:47	612	Escola Atletismo Rui Silva	V40	103
503	978	Bruno Nogueira	00:22:02	00:45:57	00:45:34	579		V40	104
504	2721	Paulo Brito	00:22:43	00:45:57	00:45:36	584		V40	105
505	6089	Fábio Pinto	00:24:09	00:45:57	00:43:35	387		Senior	119
506	4814	Carlos Milheiro	00:22:35	00:45:59	00:45:27	573		Senior	120
507	4404	Jorge Espada	00:23:05	00:46:00	00:44:57	507	Barões	Senior	121
508	1198	Pedro Ferreira	00:23:41	00:46:00	00:44:47	495		V35	107
509	1257	Pedro Proença	00:23:07	00:46:01	00:45:47	611		Senior	122
510	6044	Ruben Silva	00:23:16	00:46:03	00:45:10	531		Senior	123
511	5210	Manuel Silva	00:23:17	00:46:03	00:44:56	505	VIA3Runners	V55	23
512	5102	Manuel Araújo	00:22:46	00:46:04	00:45:25	567		V50	42
513	1446	Carlos Loures	00:22:20	00:46:04	00:45:52	619	LUSO-ATLÂNTICA CORRETORES SA	Senior	124
514	4238	José Peixoto	00:24:03	00:46:05	00:45:06	523		V55	24
515	3230	Tiago Gaspar	00:25:03	00:46:05	00:42:11	282		Senior	125
516	1606	Clélio Cunha	00:22:33	00:46:07	00:46:05	640		V35	108
517	4271	Joaquim Santos	00:24:23	00:46:07	00:42:45	323	The slow riders, or not	V40	106
518	485	Rui Vieira	00:23:43	00:46:07	00:45:41	596		V45	65
519	3750	Luis Cruz	00:22:28	00:46:08	00:46:06	647		V40	107
520	1590	João Carreto	00:25:21	00:46:08	00:42:04	271		V50	43



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
521	4625	Jose Fernandes	00:22:18	00:46:08	00:45:57	628	grup.desp.chelas	V60	10
522	4376	Luis Lucio	00:24:22	00:46:10	00:46:02	634		V35	109
523	2084	Rui Ribeiro	00:22:45	00:46:10	00:45:20	556	Clube EDP - Lisboa	V35	110
524	4647	Idalécio Barros	00:22:34	00:46:11	00:45:59	630		V60	11
525	5353	António Monteiro	00:23:22	00:46:11	00:45:30	576	Os Galgos	V65	3
526	5490	Mário Mota	00:24:46	00:46:12	00:43:12	355		Senior	126
527	1841	Paulo Francisco	00:22:30	00:46:12	00:45:52	620		V45	66
528	1845	Orlando Delgado	00:24:05	00:46:13	00:45:02	515		V50	44
529	3351	João Sousa	00:24:36	00:46:14	00:44:41	488		Senior	127
530	2220	Armando Geraldo	00:22:49	00:46:14	00:45:54	623		V40	108
531	2905	Manuel Gomes	00:22:56	00:46:15	00:45:46	609		V55	25
532	4581	José Magalhaes	00:23:23	00:46:15	00:45:35	582	GDINE	V60	12
533	3179	Catarina Ferreira	00:22:48	00:46:15	00:46:02	635	Os TOSKOS	Senior	14
534	5175	Filipe Santos	00:23:31	00:46:16	00:44:36	475		V35	111
535	4883	Jose Costa	00:23:16	00:46:18	00:45:37	586	Flamingos Atletismo	V45	67
536	3929	Edgar Francisco	00:22:59	00:46:19	00:45:56	627	u.r.d.arranhò	V45	68
537	6104	Tiago Lage	00:23:56	00:46:20	00:45:05	522	Associação de Moradores de Atibá	Senior	128
538	6106	Fernando Figueiredo	00:25:02	00:46:21	00:43:21	369	Associação de Moradores de Atibá	V40	109
539	1518	António Duarte	00:22:51	00:46:24	00:46:17	670	Clube do Stress	V60	13
540	472	Luis Amorim	00:23:12	00:46:26	00:46:14	660	N.A. BDF	V55	26



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
541	2667	Célia Cecílio	00:22:58	00:46:26	00:46:20	676	NAPA - Perna Assada	V40	3
542	4636	Pedro Roxo	00:21:52	00:46:29	00:46:17	667		Senior	129
543	3831	Tiago Batista	00:22:33	00:46:29	00:46:26	693		Senior	130
544	4193	Rui Afonso	00:23:01	00:46:29	00:46:17	668		V45	69
545	3388	Sérgio Santos	00:24:06	00:46:29	00:44:43	489	BRRnightRUNNERS	V35	112
546	2047	António Palmeira	00:23:22	00:46:31	00:46:02	636		V35	113
547	6019	Tiago Aleixo	00:24:36	00:46:32	00:43:12	354		Senior	131
548	5689	Luis Libório	00:25:37	00:46:32	00:43:38	393	Glory Global Solutions	Senior	132
549	3725	Jose Canela	00:23:15	00:46:32	00:45:20	552		V35	114
550	232	Miguel Marques	00:23:09	00:46:33	00:46:20	678		V35	115
551	1786	Carlos Melo	00:23:08	00:46:33	00:46:22	683	Correr Lisboa	V45	70
552	2122	Eduardo Rodrigues	00:23:07	00:46:34	00:46:21	680		V50	45
553	4295	Pedro Dias	00:25:13	00:46:35	00:44:37	477		Senior	133
554	1268	Nuno Jacinto	00:22:06	00:46:35	00:46:25	690		V35	116
555	5125	Joao Teixeira	00:23:43	00:46:35	00:44:52	502		Senior	134
556	2138	Pedro Santos	00:23:51	00:46:35	00:45:40	594		V35	117
557	2082	Paulo Pinto	00:23:17	00:46:36	00:45:44	601	Clube EDP - Lisboa	V35	118
558	5565	Orlando Duarte	00:24:10	00:46:36	00:45:35	581		V55	27
559	444	Paula Almeida	00:23:30	00:46:37	00:46:14	659	Clube ANA Lisboa	V40	4
560	1097	Domingos Janela	00:22:52	00:46:37	00:46:22	682	O MUNDO DA CORRIDA	V65	4



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
561	6179	Paula Lemos	00:22:43	00:46:37	00:46:34	712	Clube Olimpico de Oeiras	V45	3
562	3935	Andre Mota	00:22:59	00:46:39	00:46:14	657	u.r.d.arranhò	V35	119
563	5898	Manuel Fernandes	00:24:15	00:46:40	00:45:45	608		V35	120
564	3967	José Fernandes	00:24:28	00:46:40	00:44:37	478		V50	46
565	1133	Filipa Sergio	00:22:54	00:46:40	00:46:11	655	06:30	V40	5
566	6168	Miguel Goncalves	00:24:13	00:46:41	00:45:25	568		Senior	135
567	4715	João Deus	00:22:56	00:46:41	00:46:23	684		Senior	136
568	5638	Paulo Sousa	00:23:41	00:46:42	00:45:52	621		Senior	137
569	1992	Eduardo Pinto	00:25:11	00:46:43	00:43:09	349		Senior	138
570	815	Gabriel Henriques	00:24:39	00:46:43	00:45:09	529		Senior	139
571	4422	Carlos Franco	00:23:07	00:46:44	00:46:28	695		V45	71
572	833	António Castro	00:23:03	00:46:44	00:46:34	711		V70	1
573	3152	Paulo Marques	00:22:47	00:46:44	00:46:26	692		V45	72
574	736	Pedro Reis	00:22:44	00:46:45	00:46:33	707	Os gloriosos	V35	121
575	5666	Hugo Dourado	00:25:23	00:46:45	00:43:48	411		Senior	140
576	2546	Nuno Bogalheiro	00:22:20	00:46:46	00:46:39	722		V40	110
577	4133	Victor Varizo	00:23:11	00:46:46	00:46:14	658		V35	122
578	5837	José Silva	00:24:13	00:46:46	00:45:40	593	Clube de Atletismo Odimarq	V50	47
579	4201	Daniel Nunes	00:24:03	00:46:48	00:45:47	610		V50	48
580	5854	Tiago Cordeiro	00:25:23	00:46:48	00:43:31	384		Senior	141



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
581	2317	Fernando Azevedo	00:23:57	00:46:50	00:46:23	687		V60	14
582	1805	Norberto Diegues	00:23:35	00:46:50	00:46:22	681		V55	28
583	5593	Augusto Lopes	00:23:55	00:46:50	00:46:33	704		V60	15
584	3275	Jorge Maeques	00:22:38	00:46:51	00:46:46	735	Grupo Desportivo de Chelas	V40	111
585	3122	Nuno Silva	00:24:40	00:46:51	00:45:27	571		V40	112
586	3759	Fernando Faria	00:22:48	00:46:51	00:46:33	706		Senior	142
587	5983	Pedro Castanha	00:23:36	00:46:51	00:45:25	569	RUN AWAY TEAM PORTUGAL	V35	123
588	4266	João Vazquez	00:25:06	00:46:52	00:45:19	549	DRELRA	Junior	9
589	1696	Claudio Rocha	00:24:53	00:46:52	00:43:52	421	Hydria est requies	V40	113
590	5612	Augusto Fernandes	00:22:56	00:46:53	00:46:46	734	10 P`ras 11	V50	49
591	5547	Vasco Leal	00:24:00	00:46:54	00:46:18	671		V55	29
592	1504	Paulo Sena	00:22:23	00:46:55	00:46:50	742		V40	114
593	3349	Paulo Santos	00:24:13	00:46:55	00:45:39	591		Senior	143
594	1869	Pedro Caneco	00:23:53	00:46:55	00:46:15	663		V40	115
595	146	Gonçalo Carvalho	00:23:36	00:46:57	00:46:43	730		V35	124
596	4652	Luis Brásio	00:23:49	00:46:57	00:46:08	650		V50	50
597	5499	João Luís	00:22:16	00:46:58	00:46:51	747		Junior	10
598	1608	Ana Francisco	00:23:18	00:46:58	00:46:38	718		V40	6
599	2550	Pedro Amor	00:23:57	00:46:58	00:46:07	648		V35	125
600	1914	José Ferreira	00:23:13	00:47:00	00:46:50	744		V40	116



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
601	2704	Adelino Trindade	00:23:00	00:47:00	00:46:53	754	Correr Lisboa	V40	117
602	2975	Raúl Santos	00:24:13	00:47:01	00:46:23	686	Federação da Família para a Paz Mundial e Unifi	V55	30
603	2354	André Santos	00:23:45	00:47:02	00:45:30	577		V35	126
604	2557	Vasco Ramires	00:23:53	00:47:02	00:46:11	654		V40	118
605	3930	Luis Ferreira	00:23:55	00:47:02	00:46:05	642	u.r.d.arranhò	V45	73
606	4541	Pedro Guimarães	00:23:43	00:47:03	00:46:33	708		Senior	144
607	3076	Bruno Amaro	00:25:08	00:47:04	00:44:03	434		V35	127
608	824	Carlos Matques	00:24:03	00:47:04	00:45:51	616		V40	119
609	2425	Valter Silva	00:23:58	00:47:04	00:45:45	606		Senior	145
610	2202	Carlos Balau	00:24:02	00:47:05	00:46:40	725		V35	128
611	3463	Patricia Rivotti	00:25:56	00:47:06	00:43:12	352		V35	7
612	2336	Hugo Mendes	00:24:37	00:47:07	00:46:41	727		V35	129
613	3224	João Braz	00:24:46	00:47:08	00:46:01	633	Clube de Atletismo Odimarq	V50	51
614	1881	Mario Soares	00:23:01	00:47:08	00:46:55	756		V50	52
615	1844	João Justo	00:23:22	00:47:09	00:46:40	724		V40	120
616	5398	Ricardo Filipe	00:25:37	00:47:09	00:44:09	439	Jobrinde Montes-Saloios	Senior	146
617	5129	Fernando Oliveira	00:22:34	00:47:09	00:47:05	782		V35	130
618	4083	Joaquim Carrufa	00:23:41	00:47:10	00:46:31	702		V40	121
619	1617	Júlio Ferreira	00:24:26	00:47:10	00:46:38	720	AMIGOS PARA SEMPRE	V60	16
620	2019	Luis Godinho	00:25:50	00:47:10	00:43:22	370		V45	74



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
621	4865	Paulo Santos	00:24:05	00:47:10	00:45:41	597		V45	75
622	4212	Ricardo Gonçalves	00:24:35	00:47:11	00:45:01	513		Senior	147
623	1619	Paulo Lopes	00:24:22	00:47:11	00:45:59	631	benfas	Senior	148
624	3409	Anderson Dias	00:26:09	00:47:11	00:43:25	375	Run Buddy Run	Senior	149
625	1600	Fernando Almeida	00:23:18	00:47:11	00:46:52	753		V45	76
626	1437	Helder Tavares	00:25:54	00:47:12	00:43:36	390		V35	131
627	5020	Marco Costa	00:23:09	00:47:12	00:47:02	774		Senior	150
628	2269	António Pedro	00:23:47	00:47:12	00:45:15	542		V50	53
629	5975	Daniel Brito	00:24:29	00:47:12	00:45:52	618		Senior	151
630	1058	Aldónio Fernandes	00:23:29	00:47:12	00:46:33	709	LINDA-A-PASTORA SPORTING CLUBE	V55	31
631	4001	Nuno Santos	00:22:46	00:47:13	00:46:18	672	Fora D arena	V40	122
632	1500	Nuno Damiães	00:23:22	00:47:13	00:46:41	726		Senior	152
633	2397	João Lamúria	00:24:18	00:47:14	00:46:18	673		V50	54
634	2152	Fernando Sardinha	00:23:49	00:47:14	00:46:23	685	BRRnightRUNNERS	V35	132
635	4436	José Martins	00:25:31	00:47:14	00:45:45	607	WERun Portugal	V45	77
636	333	Cristina Antunes	00:23:29	00:47:14	00:46:50	746		V35	8
637	334	Eduardo Oliveira	00:23:28	00:47:14	00:46:50	741		V40	123
638	1808	Ricardo Sousa	00:24:07	00:47:15	00:46:08	649		V40	124
639	178	Pedro Dias	00:25:14	00:47:16	00:45:43	598	DRELRA	V40	125
640	5407	Luís Gutierres	00:23:01	00:47:16	00:47:03	778	Gutis	V55	32



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
641	908	Victor Silva	00:24:09	00:47:17	00:46:16	665		V45	78
642	5456	João Costa	00:23:41	00:47:17	00:47:01	773		Senior	153
643	3025	Gonçalo Lopes	00:23:05	00:47:17	00:46:40	723	we love running	V35	133
644	2555	Mário Apolinário	00:23:08	00:47:19	00:47:04	779		V35	134
645	5669	Walter Ferreira	00:24:50	00:47:20	00:45:16	544		V45	79
646	1181	Hugo Lampreia	00:25:19	00:47:20	00:44:02	432		V40	126
647	5589	Edgar Silva	00:25:10	00:47:21	00:45:02	516		V45	80
648	3713	José Gouveia	00:23:24	00:47:21	00:46:36	715		Senior	154
649	2153	Nuno Raminhos	00:24:03	00:47:21	00:45:40	595	BRRnightRUNNERS	V45	81
650	5661	Manuel Correia	00:24:16	00:47:22	00:47:11	793		V40	127
651	298	Hugo Costa	00:24:26	00:47:23	00:45:45	605		V35	135
652	5949	Joao Pires	00:24:25	00:47:24	00:46:02	637		Senior	155
653	5366	Pedro Gonçalves	00:24:52	00:47:24	00:45:50	614		V35	136
654	3619	Filipe Nunes	00:24:13	00:47:25	00:46:06	646		Senior	156
655	491	Filipe Santos	00:24:19	00:47:25	00:46:36	714		V40	128
656	5654	Sadiq Kassamo	00:25:55	00:47:27	00:45:04	520		V40	129
657	5987	Manuel Agapito	00:23:31	00:47:27	00:47:07	785		Senior	157
658	717	Pedro Viegas	00:25:40	00:47:28	00:44:07	436	Tartarugas Solidarias	Senior	158
659	3723	Luís Moura	00:22:34	00:47:28	00:47:00	771		V40	130
660	2971	Daniel Vinhais	00:24:26	00:47:29	00:46:19	675	45 minutos	Senior	159



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
661	5368	Afonso Martins	00:25:59	00:47:30	00:44:43	490		Senior	160
662	5663	Carlos Gonçalves	00:25:09	00:47:31	00:46:00	632	Ginásio Vivência Explosiva	Senior	161
663	1509	Fernando Mendes	00:23:58	00:47:31	00:46:32	703	Ginásio Vivência Explosiva	V45	82
664	4769	João Revés	00:23:19	00:47:31	00:47:05	781	Lesmas Alopradas	V40	131
665	5751	Luis Carvalho	00:24:17	00:47:33	00:47:21	805		V40	132
666	2947	Antonio Ramalho	00:22:44	00:47:33	00:47:21	807		V50	55
667	3024	Jose Mouquinho	00:24:44	00:47:34	00:45:44	602	we love running	V40	133
668	4886	Ana Pereira	00:22:58	00:47:34	00:47:26	816		V40	7
669	2065	Orlando Silva	00:23:31	00:47:34	00:46:57	760		V40	134
670	3147	Renato Ramalho	00:24:25	00:47:35	00:45:47	613		Senior	162
671	3886	Carlos Costa	00:25:05	00:47:35	00:46:38	721		V50	56
672	5575	Rui Falhas	00:23:14	00:47:35	00:46:52	752	RB Running	V35	137
673	2907	José Lopes	00:24:35	00:47:35	00:46:57	762		V40	135
674	2928	Bruno Araújo	00:25:32	00:47:35	00:44:47	496		Senior	163
675	3313	Joao Sousa	00:24:34	00:47:35	00:46:57	761		V45	83
676	3760	Milton Rodrigues	00:23:42	00:47:36	00:46:59	767		Senior	164
677	775	João Lopes	00:25:01	00:47:36	00:45:55	626		Senior	165
678	5363	Alfreda Rocha	00:24:12	00:47:37	00:46:43	729		V45	4
679	2563	Francisco Bispo	00:25:34	00:47:39	00:44:01	431		V50	57
680	5613	Pedro Trindade	00:23:53	00:47:39	00:45:59	629		Senior	166



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
681	2097	José Gaspar	00:23:10	00:47:40	00:47:25	813		V55	33
682	5530	Daniela Moreira	00:24:31	00:47:40	00:47:01	772		Senior	15
683	5979	Tiago Abreu	00:23:20	00:47:40	00:46:44	731	OS AMIGOS DA ALAMEDA	Senior	167
684	4254	Pedro Prates	00:24:02	00:47:40	00:46:21	679	Lebres de Pegões	V35	138
685	1269	Gilberto Pereira	00:25:30	00:47:41	00:46:46	733		V35	139
686	67	Carlos Godinho	00:25:19	00:47:41	00:45:36	585		V45	84
687	5292	Renato Moraes	00:25:40	00:47:41	00:44:20	448		Senior	168
688	3860	Carlos Venancio	00:23:05	00:47:42	00:47:38	846		V50	58
689	117	Carla Mendes	00:23:36	00:47:42	00:47:07	786	Tartarugas Solidarias	V35	9
690	3891	João Pinto	00:22:42	00:47:43	00:47:36	836		V45	85
691	5304	Nuno Lima	00:25:44	00:47:43	00:44:28	460	KPMG Portugal	Senior	169
692	564	António Almeida	00:24:41	00:47:43	00:46:37	716	VIA3Runners	V50	59
693	4355	Luís Gama	00:23:28	00:47:44	00:47:24	812	Amigos de Ponte Fajão e Trinhão	V50	60
694	3662	Hernâni Silva	00:23:35	00:47:44	00:47:30	826	Amigos Vale Silencio	V50	61
695	2882	Carlos Rodrigues	00:24:08	00:47:45	00:47:05	783		V35	140
696	2956	José Almeida	00:23:32	00:47:46	00:47:31	828		V35	141
697	1717	Rui Silva	00:23:04	00:47:46	00:47:02	775	NO LIMITS	V40	136
698	3909	Eduardo Luís	00:26:19	00:47:46	00:44:38	484	Atomic Team	V35	142
699	896	Pedro Fernandes	00:20:51	00:47:46	00:47:40	850	Cascais Pandilha redux	V40	137
700	2428	Jose Fernandes	00:23:46	00:47:48	00:47:33	829		V40	138



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
701	3280	Mauel Tavares	00:24:02	00:47:49	00:46:52	750	Grupo Desportivo de Chelas	V55	34
702	2398	Nelson Santos	00:23:16	00:47:49	00:47:34	832		Senior	170
703	4473	Luis Santos	00:25:10	00:47:51	00:46:45	732		V45	86
704	3002	Fernanda Servolo	00:25:00	00:47:51	00:46:52	749		V35	10
705	1186	Rui Mata	00:24:18	00:47:51	00:46:55	757		V40	139
706	3442	Manuel Rodrigues	00:23:32	00:47:52	00:47:38	845		V55	35
707	1063	Marçal Pacheco	00:25:37	00:47:53	00:44:29	461	Di+MP	V35	143
708	3576	Pedro Paulino	00:25:07	00:47:54	00:45:44	603		V35	144
709	2832	João Marques	00:24:15	00:47:55	00:46:34	710	SS CGD	V35	145
710	3884	Mário Costa	00:24:56	00:47:56	00:46:16	664		V45	87
711	2076	Arlindo Parra	00:23:41	00:47:56	00:47:28	822	Clube EDP - Lisboa	V50	62
712	2058	Ricardo Silva	00:23:21	00:47:57	00:47:18	801		V35	146
713	1731	Mário Pimenta	00:25:26	00:47:58	00:45:13	539		V40	140
714	3893	Diogo Rodrigues	00:25:31	00:47:58	00:45:44	604		Junior	11
715	1625	Hugo Carabineiro	00:24:24	00:47:58	00:47:24	811		V35	147
716	2556	Eduardo Alves	00:23:18	00:47:58	00:47:37	843		V40	141
717	518	Sérgio Pontes	00:26:24	00:47:59	00:44:32	465	Tartarugas Solidarias	V35	148
718	4019	João Rodrigues	00:24:09	00:48:00	00:46:05	641	Os Astro Lábios	V40	142
719	2728	Marco Vaz	00:24:05	00:48:02	00:47:30	827	Falcões Selvagens	Senior	171
720	3061	David Harrison	00:24:15	00:48:03	00:47:27	820		V45	88



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
721	5912	Joao Girao	00:25:48	00:48:04	00:45:06	524	CLUBE ACCENTURE	Senior	172
722	2877	Tam Afonso	00:23:45	00:48:04	00:47:40	848	Açoreana Clube Banif	V60	17
723	5775	Eduardo Romana	00:23:01	00:48:05	00:47:53	875		V45	89
724	4584	Júlio Robalo	00:23:50	00:48:05	00:48:02	896	GDINE	V50	63
725	2999	Jorge Simoes	00:24:56	00:48:06	00:47:08	787		V40	143
726	2414	Nuno Amaro	00:24:19	00:48:07	00:47:50	869		V40	144
727	539	Vitor Morais	00:23:33	00:48:08	00:47:53	876		V55	36
728	4024	Micaela Basaula	00:22:11	00:48:09	00:48:08	913		Junior	3
729	3830	Paulo Almeida	00:24:15	00:48:09	00:47:59	888		V35	149
730	5759	Emanuel Dias	00:24:51	00:48:10	00:44:50	500		Senior	173
731	2723	Carlos Constancio	00:25:27	00:48:10	00:46:10	653		V35	150
732	2564	Nuno Costa	00:24:00	00:48:11	00:47:36	837		V40	145
733	601	Armindo Santos	00:23:43	00:48:11	00:48:07	911	Federação da Família para a Paz Mundial e Unifi	V50	64
734	2387	Pedro Faria	00:26:15	00:48:12	00:44:38	482	FMUL in t-shirts técnicas	Senior	174
735	3789	Miguel Tavares	00:24:46	00:48:12	00:46:55	758		V40	146
736	1356	Rogério Fernandes	00:25:14	00:48:12	00:46:04	639		V35	151
737	2141	Pedro Dinis	00:25:33	00:48:13	00:45:23	564		V35	152
738	599	Isabel Santos	00:24:27	00:48:14	00:47:38	844	Federação da Família para a Paz Mundial e Unifi	V45	5
739	4605	Fábio Santos	00:25:58	00:48:16	00:47:34	831		Senior	175
740	380	Nuno Dias	00:24:01	00:48:16	00:47:30	825		V40	147



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
741	446	Jorge Sousa	00:24:11	00:48:16	00:47:22	809	Tuareg	V40	148
742	403	Vitor Mata	00:24:02	00:48:16	00:47:30	824		V35	153
743	5905	Hugo Crescido	00:25:58	00:48:17	00:47:35	834		V35	154
744	1789	Thiago Ferreira	00:24:58	00:48:17	00:48:03	898		Senior	176
745	5135	Eurico Conduto	00:25:37	00:48:18	00:45:18	547	Jobrinde Montes-Saloios	Senior	177
746	4521	Paulo Santos	00:24:23	00:48:18	00:47:54	880	LOURDETE PERFUMARIAS	V45	90
747	3543	Filipe Duque	00:25:08	00:48:19	00:46:31	701		Senior	178
748	3544	Tiago Ferreira	00:23:45	00:48:19	00:47:48	863		V35	155
749	5017	Paulo Simões	00:23:40	00:48:20	00:48:01	893		V50	65
750	1052	Carlos Agostinho	00:25:40	00:48:20	00:45:23	563		V40	149
751	3019	Daniel Tomas	00:24:02	00:48:21	00:47:52	874	BIVAC IBERICA	V35	156
752	2222	Mário Godinho	00:23:51	00:48:22	00:47:53	878		V40	150
753	546	Rudi Oliveira	00:26:14	00:48:22	00:45:51	617		Senior	179
754	5242	António Braz	00:24:13	00:48:22	00:47:57	885		V40	151
755	3616	Nuno Cardoso	00:24:11	00:48:24	00:47:50	868		V40	152
756	928	Pedro Duarte	00:26:36	00:48:25	00:44:35	473		Senior	180
757	5217	Fernando Gil	00:25:03	00:48:26	00:46:56	759		V55	37
758	2507	Jose Azevedo	00:25:34	00:48:26	00:45:12	534		V45	91
759	2502	Rui Carvalho	00:23:31	00:48:26	00:48:13	935		Senior	181
760	4053	Miguel Leal	00:23:40	00:48:27	00:48:00	891		V40	153



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
761	1735	Casimiro Abreu	00:24:38	00:48:27	00:47:28	823		V55	38
762	5190	Duarte Pinto	00:24:24	00:48:27	00:47:51	871	Xuxonix / Ludo Team	V35	157
763	304	Bruno Ruas	00:23:38	00:48:28	00:47:58	886		V40	154
764	5550	Miguel Nunochaves	00:23:36	00:48:29	00:48:21	955		V40	155
765	1477	Rui Oliveira	00:23:39	00:48:29	00:48:11	926		V40	156
766	4744	Ricardo Ribeiro	00:24:36	00:48:30	00:47:48	862		V35	158
767	2078	Célia Santos	00:23:58	00:48:30	00:47:40	849	Clube EDP - Lisboa	V35	11
768	150	Rui Mendes	00:23:47	00:48:30	00:47:26	814		V45	92
769	6171	Ramiro Damas	00:24:35	00:48:31	00:47:54	879		V65	5
770	5471	Rui Antunes	00:24:36	00:48:31	00:47:16	798		V45	93
771	3636	Jorge Branco	00:24:43	00:48:31	00:47:21	804		V40	157
772	3271	Filipe Rodrigues	00:23:56	00:48:32	00:48:04	900	Grupo Desportivo de Chelas	Junior	12
773	2600	Cláudio Figueira	00:23:59	00:48:33	00:47:08	789		Senior	182
774	3642	Pedro Sousa	00:25:35	00:48:33	00:46:15	661	RSB Lx	Senior	183
775	5750	Carlos Rebelo	00:25:15	00:48:34	00:47:03	777		V35	159
776	4909	Luís João	00:26:26	00:48:35	00:45:19	550	Microsoft One	Senior	184
777	553	Sérgio Pinto	00:26:12	00:48:35	00:45:26	570		Senior	185
778	330	Bruno Correia	00:24:30	00:48:37	00:47:34	830	Correr Lisboa	V35	160
779	2404	Jorge Silva	00:24:00	00:48:37	00:48:15	942		V40	158
780	986	Rui Santos	00:24:19	00:48:38	00:48:21	952	Margem Sul	V40	159



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
781	5807	Bruno Fernandes	00:24:25	00:48:39	00:46:59	770		V40	160
782	5847	Pedro Pisco	00:25:02	00:48:39	00:46:58	765		V40	161
783	1831	Mariano Rita	00:26:47	00:48:39	00:43:55	423		Senior	186
784	4015	José Gomes	00:23:35	00:48:40	00:48:24	967		V40	162
785	6084	Ricardo Rodrigues	00:23:35	00:48:40	00:48:06	906	YUNIT	Senior	187
786	2233	Fermamdo Coelho	00:23:25	00:48:41	00:48:31	983		V45	94
787	2232	Carlos Barrento	00:23:25	00:48:41	00:48:32	987		V45	95
788	2989	André Lourenço	00:25:00	00:48:41	00:48:11	929	COFACO AÇORES, SA	Senior	188
789	668	Eurico Loureiro	00:23:59	00:48:42	00:48:20	950		Senior	189
790	616	Pedro Encarnação	00:24:24	00:48:42	00:47:41	852		V40	163
791	4265	Luis Raimundo	00:25:45	00:48:42	00:45:34	578	Speed of Yellow	Senior	190
792	4763	Nuno Félix	00:25:27	00:48:43	00:46:59	766		V40	164
793	4216	Anastacio Neto	00:26:24	00:48:43	00:45:21	559		V40	165
794	1041	Paulo Santos	00:26:02	00:48:44	00:46:06	643		V50	66
795	979	Luis Tomás	00:22:21	00:48:44	00:48:22	957		V35	161
796	2441	Daniel Morais	00:26:09	00:48:44	00:45:04	519	ITDS	V40	166
797	2044	Carlos Assunção	00:26:01	00:48:45	00:46:09	651		V45	96
798	367	Manuela Fonseca	00:24:16	00:48:46	00:48:11	927	Tartarugas Solidarias	V45	6
799	2501	João Crisóstomo	00:26:12	00:48:46	00:46:06	644		V50	67
800	1925	José Caldeirinha	00:24:16	00:48:47	00:48:11	930		V35	162



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
801	4246	Ligia Costa	00:24:21	00:48:47	00:48:27	972		V40	8
802	4127	Miguel Uria	00:24:28	00:48:47	00:48:33	989		V40	167
803	5542	Daniel Alves	00:26:25	00:48:47	00:46:42	728		V35	163
804	4494	Sara Loureiro	00:24:41	00:48:48	00:47:48	864	Sporting Clube de Casainhos	Senior	16
805	3670	Jorge Vaz	00:25:33	00:48:49	00:46:31	700		V40	168
806	3027	Bruno Silva	00:25:19	00:48:49	00:46:49	739	we love running	Senior	191
807	3665	António Fernandes	00:24:04	00:48:50	00:48:28	975	Amigos Vale Silencio	V55	39
808	1301	Paulo Campos	00:25:34	00:48:50	00:46:30	698	Pernas de Gafanhoto	V40	169
809	478	Jose Correia	00:23:38	00:48:50	00:48:49	1034		V55	40
810	1450	Helder Henriques	00:27:05	00:48:50	00:45:54	622		V45	97
811	4394	José Neves	00:23:18	00:48:51	00:48:23	963		V40	170
812	5111	Elton Tavares	00:26:35	00:48:52	00:46:06	645	IIKE A runner	Senior	192
813	4224	Carlos Assis	00:23:50	00:48:53	00:48:37	998		V40	171
814	3609	Vasco Duarte	00:25:14	00:48:54	00:46:49	740		V40	172
815	1568	Jose Januario	00:24:10	00:48:55	00:48:11	928	ODEBRECHT PORTUGAL	V40	173
816	4574	Pedro Pinguinha	00:25:13	00:48:55	00:47:54	881	Sempre Plontos	V35	164
817	5237	Pedro Cabral	00:26:39	00:48:55	00:44:37	480		V35	165
818	1672	Francisco Barros	00:26:15	00:48:56	00:47:44	858		V35	166
819	873	José Gomes	00:24:53	00:48:56	00:48:28	974		V35	167
820	1304	Rui Antunes	00:25:33	00:48:57	00:46:29	697		V35	168



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
821	5015	Tiago Silva	00:26:14	00:48:57	00:45:29	575		Senior	193
822	3211	Diogo Louro	00:24:21	00:48:58	00:48:34	991		Senior	194
823	785	Paulo Garcia	00:25:33	00:48:58	00:46:37	717	Pernas de Gafanhoto	V40	174
824	614	Manuel Robalo	00:24:07	00:48:58	00:48:39	1004		V65	6
825	3949	Júlio Reis	00:24:20	00:48:58	00:48:06	909		V40	175
826	5606	Nuno Pereira	00:23:37	00:48:59	00:48:20	949	steffas	V35	169
827	2918	Jose Coelho	00:24:20	00:48:59	00:48:06	907	ADCR POLICIA JUDICIARIA	V55	41
828	125	Fernanda Gil	00:24:03	00:48:59	00:48:38	999	CDUL	V45	7
829	2741	Paulo Santos	00:22:39	00:48:59	00:48:50	1037		V35	170
830	3925	André Mendonça	00:24:18	00:48:59	00:48:35	995	ADRC Mata de Benfica	Senior	195
831	1225	Jorge Santos	00:26:02	00:49:00	00:46:52	748		V45	98
832	5486	Alexandre Livério	00:23:55	00:49:00	00:48:41	1008		V40	176
833	944	Germano Pires	00:24:01	00:49:00	00:46:59	768	keep Running	V55	42
834	3238	Cláudio Sarmento	00:24:45	00:49:00	00:48:33	988		V45	99
835	741	Carlos Ferreira	00:27:03	00:49:01	00:45:09	528		V55	43
836	4116	João Serralha	00:23:27	00:49:02	00:48:11	923	Winners Team	V35	171
837	335	Abílio Oliveira	00:25:16	00:49:03	00:47:12	794		V45	100
838	5555	Bruno Leite	00:24:33	00:49:03	00:47:56	884	Winners Team	Senior	196
839	4549	Daniel Rodrigues	00:23:37	00:49:04	00:49:00	1077		Senior	197
840	5061	Carla Jardim	00:24:17	00:49:05	00:48:48	1029	Amigos Atletismo Mafra	V40	9



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
841	1068	Paulo Rodrigues	00:23:33	00:49:05	00:49:00	1076	Os Gatos Fedorentos	V35	172
842	792	Tiago Boletto	00:26:36	00:49:05	00:45:17	545		Senior	198
843	686	Manuel Marcelo	00:25:32	00:49:06	00:46:29	696	Família Marcelo	V70	2
844	4430	José Martins	00:23:25	00:49:06	00:48:55	1051	Falcões Selvagens	V35	173
845	4351	André Lopes	00:28:00	00:49:07	00:45:38	588	CRP-Ribafria	Senior	199
846	1753	Luís Martins	00:23:57	00:49:07	00:48:41	1007		V40	177
847	5894	Paulo Lucas	00:26:12	00:49:08	00:47:06	784	G.D.C Fonseca e Calçada	V40	178
848	2527	António Martins	00:24:44	00:49:08	00:47:18	802	Trio costa	V45	101
849	2633	James Fonseca	00:26:09	00:49:08	00:46:20	677	FONSECA GALHÃO	Senior	200
850	5014	Jose Bouceiro	00:27:14	00:49:09	00:45:23	565	ADCR POLICIA JUDICIARIA	V45	102
851	3264	Luís Faisco	00:26:13	00:49:09	00:45:28	574	ITDS	V40	179
852	357	Joaquim Palmeiro	00:24:23	00:49:09	00:48:22	956		V40	180
853	3798	Ana Gonçalves	00:24:42	00:49:10	00:46:17	669	Aero Runners	V45	8
854	5075	Daniel Moiteiro	00:25:01	00:49:10	00:49:01	1080		Senior	201
855	2998	Ricardo Madeira	00:26:04	00:49:10	00:46:50	745		V35	174
856	2591	Almerindo Silva	00:24:52	00:49:11	00:49:00	1074	A.D.C.Catuja	V55	44
857	5485	Paulo Rodrigues	00:26:04	00:49:11	00:46:58	763		V45	103
858	2706	João Trindade	00:23:53	00:49:12	00:48:58	1062	Correr Lisboa	Junior	13
859	336	Mario Costa	00:25:05	00:49:12	00:48:14	937		V35	175
860	1616	Manuel Magalhães	00:25:31	00:49:12	00:47:34	833	AMIGOS PARA SEMPRE	V70	3



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
861	3315	António Iria	00:24:41	00:49:13	00:48:08	916		V45	104
862	4372	Paulo Santos	00:25:24	00:49:13	00:48:19	947		V35	176
863	4880	João Gonçalves	00:26:34	00:49:13	00:46:24	688		V45	105
864	1561	Diogo Guerreiro	00:25:04	00:49:14	00:47:41	854	Bloco De Este	Senior	202
865	1289	Antonio Soares	00:23:38	00:49:14	00:48:45	1023		V40	181
866	750	Jorge Tavares	00:25:43	00:49:14	00:46:50	743	Sapatistas	V35	177
867	3722	Paulo Marques	00:25:32	00:49:15	00:47:44	857		V35	178
868	2560	Lúisa Nogueira	00:23:53	00:49:16	00:49:12	1114	Correr Lisboa	Senior	17
869	5839	Francisco Farrajota	00:24:07	00:49:16	00:48:56	1053	Clínica dr Pacheco Pinto	V60	18
870	5838	João Jorge	00:24:10	00:49:16	00:48:57	1057	Clínica dr Pacheco Pinto	V35	179
871	2037	Joao Taborda	00:23:24	00:49:16	00:48:24	966		Senior	203
872	3941	Telmo Casimiro	00:24:31	00:49:16	00:48:59	1064		Senior	204
873	4595	David Santos	00:24:43	00:49:17	00:48:21	953		Senior	205
874	4475	Ricardo Nascimento	00:24:12	00:49:18	00:48:37	996	Os Conta-Kilómetros	Senior	206
875	3505	Jorge Marques	00:24:27	00:49:18	00:48:48	1030		Senior	207
876	1779	Pedro Afonso	00:23:50	00:49:18	00:48:25	970	Clube ANACOM	Senior	208
877	5816	Ruben Ramalhais	00:25:59	00:49:19	00:47:55	882		Senior	209
878	956	Marcelo Morais	00:26:52	00:49:19	00:46:19	674		Junior	14
879	6138	Bruno Ribeiro	00:25:55	00:49:20	00:46:25	691	kaninos	Senior	210
880	5950	José Santos	00:26:57	00:49:21	00:45:38	589		V45	106



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
881	2481	José Silva	00:24:06	00:49:22	00:48:47	1027		V40	182
882	2274	Gonçalo Ferreira	00:26:42	00:49:23	00:46:12	656	CCD Crédito Agrícola Mútuo	Senior	211
883	4408	Fausto Pereira	00:25:44	00:49:23	00:47:14	796		Senior	212
884	3596	Pedro Moita	00:23:52	00:49:23	00:49:14	1121		V35	180
885	3856	Nuno Gonçalves	00:24:32	00:49:24	00:49:07	1098		V35	181
886	5174	Rui Azevedo	00:25:26	00:49:25	00:47:27	819		V40	183
887	1380	Gonçalo Castro	00:24:12	00:49:25	00:49:22	1149		Senior	213
888	1990	João Batista	00:25:08	00:49:26	00:48:13	936		V35	182
889	2747	Pedro Mendes	00:26:27	00:49:26	00:45:50	615	Clube de Corrida da REN	Senior	214
890	4262	Luis Moreno	00:26:32	00:49:27	00:46:38	719	Speed of Yellow	Senior	215
891	3412	Alexandre Costa	00:25:26	00:49:27	00:47:28	821	Vodafone	V35	183
892	4367	Nuno Pinto	00:26:01	00:49:27	00:47:39	847		V40	184
893	5016	Pedro Alves	00:27:03	00:49:27	00:45:54	624		V40	185
894	5347	Manuel Cabeças	00:24:53	00:49:27	00:49:10	1107		V55	45
895	2117	Nuno Andrade	00:26:21	00:49:27	00:46:09	652		Senior	216
896	5104	Vitor Azevedo	00:25:19	00:49:27	00:47:51	872		V35	184
897	16	Rui Barros	00:24:54	00:49:28	00:48:34	993		V45	107
898	4431	Pedro Freitas	00:26:44	00:49:29	00:47:37	842	Falcões Selvagens	V35	185
899	264	Adriano Cotrim	00:23:17	00:49:29	00:49:27	1172		V70	4
900	2094	Pedro Canas	00:25:57	00:49:30	00:47:36	838	LINDA-A-PASTORA SPORTING CLUBE	V40	186



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
901	4602	Renato Marques	00:25:26	00:49:30	00:46:58	764		V35	186
902	3514	Artur Alfama	00:23:52	00:49:32	00:49:15	1124		V35	187
903	2875	Maurício Marques	00:26:33	00:49:32	00:46:25	689		V40	187
904	664	Nuno Couto	00:25:34	00:49:33	00:48:01	892		V35	188
905	2356	Marta Nave	00:25:32	00:49:33	00:48:22	958		Senior	18
906	4126	Jose Valerio	00:24:52	00:49:34	00:49:23	1154	adccatujal	V65	7
907	3828	Ricardo Agostinho	00:24:04	00:49:34	00:49:10	1109	Pelicanos da Margem Sul	Senior	217
908	2165	António Varela	00:24:34	00:49:35	00:49:26	1167		V45	108
909	1961	Fernando Ratinho	00:26:18	00:49:35	00:47:27	818		V50	68
910	3292	Fernando Mendes	00:24:08	00:49:36	00:49:22	1148		V40	188
911	4399	Francisco Rodrigues	00:26:37	00:49:37	00:45:36	583	Run em All	Senior	218
912	5872	David Coelho	00:23:42	00:49:37	00:49:24	1160		Senior	219
913	398	André Gatinho	00:25:03	00:49:37	00:48:58	1061		Senior	220
914	3379	Ricardo Valente	00:25:33	00:49:38	00:48:24	969		V45	109
915	2086	Vitor Moreira	00:26:08	00:49:38	00:48:07	912	Clube EDP - Lisboa	V60	19
916	1783	Marco Sol	00:23:52	00:49:38	00:49:29	1180	BRRnightRUNNERS	V40	189
917	1960	Vitor Ferreira	00:25:32	00:49:38	00:47:43	856	Clube ANA Lisboa	Senior	221
918	3258	Jose Fernandez	00:23:52	00:49:38	00:49:28	1175		V50	69
919	2260	Luis Estêvão	00:27:04	00:49:38	00:45:55	625	corre@correr	V45	110
920	755	Inês Gonçalves	00:25:14	00:49:39	00:47:56	883		Senior	19



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
921	636	Bruno Roxo	00:27:53	00:49:39	00:45:01	512		V35	189
922	1350	Avelino Rodrigues	00:23:54	00:49:39	00:49:29	1181		V50	70
923	3528	Fernando Ferreira	00:23:47	00:49:39	00:49:04	1091		V35	190
924	4415	João Fernandes	00:24:49	00:49:40	00:49:01	1079		Senior	222
925	2729	Fábio Aires	00:25:38	00:49:40	00:48:08	915	Bloco De Este	Senior	223
926	3732	Tiago Garcia	00:25:23	00:49:40	00:49:00	1069	MataRunners	Senior	224
927	461	Luis Cardoso	00:27:18	00:49:41	00:46:59	769		V40	190
928	1088	Ricardo Onofre	00:24:34	00:49:41	00:48:24	968		V35	191
929	1357	Nuno Luzia	00:24:54	00:49:42	00:48:55	1050		V35	192
930	4100	Fabio Gonçalves	00:25:28	00:49:42	00:48:12	931	Os Carecas	Senior	225
931	3730	Manuel Figueiredo	00:25:23	00:49:42	00:49:03	1085	MataRunners	Senior	226
932	3371	Jose Felgueiras	00:24:00	00:49:43	00:49:37	1207		V50	71
933	5626	Fúlvio Ramos	00:25:35	00:49:44	00:48:30	978		V35	193
934	5099	Paulo Caldas	00:26:47	00:49:44	00:47:20	803	Queluz Runners	Senior	227
935	4099	Carlos Fernandes	00:25:28	00:49:46	00:48:17	944	Os Carecas	V35	194
936	2871	Carlos Mendes	00:24:02	00:49:46	00:49:35	1202		V45	111
937	1581	Hugo Trincheiras	00:25:38	00:49:46	00:48:05	904	Centro de Cultura e Desporto dos Trabalhadores	V40	191
938	3869	Bruno Dias	00:25:22	00:49:46	00:48:43	1019		V35	195
939	5429	Venâncio Guerreiro	00:24:45	00:49:47	00:49:35	1201	A Sacavenense	V60	20
940	4926	Paulo Domingos	00:25:40	00:49:47	00:48:41	1009		V45	112



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
941	4806	Pedro Chaves	00:27:13	00:49:48	00:46:27	694	Microsoft One	V50	72
942	4522	Ricardo Conceição	00:24:23	00:49:48	00:49:24	1159	LOURDETE PERFUMARIAS	Senior	228
943	1336	José Guerreiro	00:26:30	00:49:48	00:48:13	933		V55	46
944	5198	Manuel Peras	00:24:53	00:49:49	00:49:02	1084		V55	47
945	1611	Pedro Dias	00:24:05	00:49:49	00:49:13	1120		V40	192
946	473	Vicente Dias	00:24:15	00:49:49	00:49:38	1209	N.A. BDF	V60	21
947	1772	Helder Diogo	00:25:52	00:49:50	00:48:00	890	BRRnightRUNNERS	V40	193
948	3099	Constantino Mendão	00:24:42	00:49:50	00:49:21	1144	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V50	73
949	2488	Paulo Mendes	00:26:04	00:49:50	00:47:36	835		V40	194
950	4441	Bruno Martins	00:26:46	00:49:51	00:47:58	887	WERun Portugal	V35	196
951	96	Nuno Rito	00:26:50	00:49:54	00:46:30	699	Tartarugas Solidarias	V35	197
952	2164	Rui Cruz	00:25:47	00:49:54	00:48:11	924		Senior	229
953	2528	José Freitas	00:24:35	00:49:55	00:49:30	1185	Águas Livres de Caneças	V35	198
954	5889	Carlos Lapa	00:23:47	00:49:55	00:49:45	1233		Senior	230
955	3231	Nuno Vieira	00:25:52	00:49:56	00:48:52	1042		Senior	231
956	4060	Pedro Miranda	00:24:16	00:49:56	00:49:25	1162		V35	199
957	5348	Ricardo Pataco	00:24:53	00:49:57	00:49:39	1210		Senior	232
958	4435	João Costa	00:25:31	00:49:58	00:48:30	980	WERun Portugal	V45	113
959	164	Rui Alves	00:25:21	00:49:59	00:48:58	1060	Tartarugas Solidarias	V40	195
960	412	Carlos Branco	00:24:23	00:49:59	00:49:46	1235		V40	196



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
961	1448	António Jacinto	00:28:44	00:49:59	00:46:53	755	Auto Jacinto	V50	74
962	2011	Jorge Garcia	00:24:39	00:50:00	00:49:16	1131	Clube ANACOM	V35	200
963	3026	Nuno Jorge	00:26:56	00:50:00	00:48:00	889	we love running	Senior	233
964	4433	Hugo Pinto	00:25:31	00:50:01	00:48:33	990	WERun Portugal	V35	201
965	5127	Helder Martins	00:24:51	00:50:01	00:49:35	1203		V45	114
966	280	Mafalda Martinho	00:24:40	00:50:02	00:49:55	1265		Senior	20
967	1723	Nuno Athayde	00:25:46	00:50:03	00:47:09	791	Figas & Amigos	V40	197
968	4020	Bernardo Rodrigues	00:24:08	00:50:03	00:48:08	918	Os Astro Lábios	V35	202
969	780	Fernando Silva	00:26:07	00:50:03	00:47:24	810		V55	48
970	360	Bruno Esteves	00:26:30	00:50:04	00:47:10	792		Senior	234
971	4626	Luis Boleto	00:26:32	00:50:04	00:48:38	1001	grup.desp.chelas	V35	203
972	5812	Luis Aires	00:26:48	00:50:05	00:48:04	899		V40	198
973	3144	Carlos Dias	00:27:00	00:50:05	00:46:35	713		Senior	235
974	2518	Miguel Silva	00:25:39	00:50:06	00:49:07	1097	MultiRunners	Senior	236
975	3256	Ricardo Afonso	00:26:11	00:50:07	00:48:23	961		V40	199
976	1338	Valter Teixeira	00:25:24	00:50:07	00:49:22	1150	Etiopes e Quenianos	V45	115
977	1339	Carlos Oliveira	00:25:51	00:50:07	00:48:43	1020	Etiopes e Quenianos	V60	22
978	622	Nelson Carneiro	00:27:19	00:50:08	00:46:16	666		V50	75
979	2147	Carlos Hipólito	00:25:52	00:50:08	00:47:41	853		V45	116
980	2868	Telmo Simões	00:28:04	00:50:08	00:46:03	638		Senior	237



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
981	35	Joao Dias	00:25:25	00:50:09	00:49:18	1138		V40	200
982	3300	Pedro Rodrigues	00:24:08	00:50:09	00:49:26	1170		V40	201
983	1799	Ricardo Carvalho	00:25:04	00:50:09	00:49:12	1117		Senior	238
984	242	Ricardo Ribeiro	00:25:43	00:50:10	00:47:52	873		Senior	239
985	479	João Pereira	00:26:47	00:50:11	00:47:45	859		V55	49
986	1182	Pedro Gonçalves	00:24:35	00:50:11	00:49:57	1271		V60	23
987	138	Marco Borges	00:26:31	00:50:11	00:46:46	736		V35	204
988	2936	Nelson Pires	00:23:55	00:50:13	00:50:00	1288		V35	205
989	1086	Paulo Lopes	00:25:19	00:50:13	00:49:45	1234		V45	117
990	1793	Joao Alves	00:25:02	00:50:14	00:49:32	1194		V45	118
991	1376	Dinis Ribas	00:25:43	00:50:14	00:48:51	1040		V40	202
992	3324	Luis Bernardino	00:25:37	00:50:14	00:48:59	1066		V40	203
993	3411	João Beltrao	00:26:12	00:50:14	00:47:17	799	Pernas de Gafanhoto	V35	206
994	5119	Filipe Paulo	00:26:12	00:50:15	00:47:17	800		V35	207
995	4155	Ricardo Feliciano	00:25:42	00:50:15	00:48:52	1041		V35	208
996	4214	Luis Moura	00:25:47	00:50:15	00:49:00	1073		V40	204
997	3353	Joao Ramos	00:25:23	00:50:15	00:49:37	1206		V40	205
998	4723	João Marques	00:25:49	00:50:16	00:48:06	908	AFO	V40	206
999	226	Armindo Nicolau	00:26:39	00:50:16	00:48:03	897		V45	119
1000	4629	Ivo Nogueira	00:26:59	00:50:16	00:47:04	780	Virgin Active	Senior	240



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1001	722	Ricardo Martins	00:27:35	00:50:16	00:50:06	1297		V35	209
1002	5053	David Fróis	00:26:05	00:50:17	00:49:07	1100		V40	207
1003	3228	Carlos Carvalho	00:26:30	00:50:17	00:48:27	973	RB Running	V40	208
1004	2929	Dominique Caridroit	00:24:47	00:50:17	00:49:49	1246		V45	120
1005	3276	Hugo Costa	00:24:46	00:50:17	00:50:09	1307	Grupo Desportivo de Chelas	V35	210
1006	4606	Bruno Costa	00:27:13	00:50:18	00:48:22	960		Senior	241
1007	4585	Nuno Romão	00:25:53	00:50:18	00:49:16	1126	GDINE	V45	121
1008	364	Joaquim Seco	00:25:37	00:50:18	00:49:02	1083		V45	122
1009	1245	Jose Rego	00:24:43	00:50:18	00:49:43	1226		V60	24
1010	5162	André Almeida	00:26:44	00:50:18	00:47:49	865	Queluz Runners	Senior	242
1011	5045	Filipe Morais	00:27:58	00:50:19	00:47:27	817		Junior	15
1012	6056	Carlos Pinto	00:26:04	00:50:20	00:48:22	959		V35	211
1013	4911	Dercio Santos	00:24:59	00:50:20	00:49:06	1093	Sempre Plontos	Senior	243
1014	2963	Tiago Bernardo	00:26:48	00:50:20	00:48:53	1043		V40	209
1015	1095	Viriato Pataco	00:26:57	00:50:21	00:47:14	795		V40	210
1016	3057	Bruno Godinho	00:27:01	00:50:21	00:47:08	788		Senior	244
1017	2529	Nuno Freitas	00:26:12	00:50:21	00:49:56	1268	Águas Livres de Caneças	V35	212
1018	3092	António Nogueira	00:26:22	00:50:22	00:47:02	776	Caixagest, Técnicas Gestão de Fundos, SA	V40	211
1019	3618	Nuno Curto	00:26:14	00:50:22	00:49:06	1096		V35	213
1020	4952	Fernando Agostinho	00:25:32	00:50:23	00:49:09	1104		V50	76



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1021	1748	Rildo Soares	00:24:59	00:50:23	00:49:56	1270	Família Mariano Soares	V40	212
1022	1633	Helder Romano	00:24:22	00:50:23	00:49:56	1266		V45	123
1023	3273	Americo Pimenta	00:26:36	00:50:24	00:48:31	984	Grupo Desportivo de Chelas	V45	124
1024	5813	Fernando Faleiro	00:25:23	00:50:25	00:49:34	1200		V35	214
1025	1187	Hugo Soutelo	00:24:21	00:50:25	00:50:12	1308		Senior	245
1026	1351	Paulo Moniz	00:25:32	00:50:25	00:49:17	1137		V55	50
1027	2256	Jorge Bento	00:28:12	00:50:26	00:43:27	378		V35	215
1028	5169	Orlando Martins	00:26:42	00:50:27	00:49:21	1146		V55	51
1029	4255	Mário Silva	00:25:51	00:50:27	00:49:11	1111	Lebres de Pegões	V35	216
1030	2513	Paulo Rodrigues	00:25:53	00:50:27	00:49:28	1174	MultiRunners	V40	213
1031	4426	José Amaral	00:26:09	00:50:27	00:48:50	1036		V40	214
1032	2003	Marisa Marques	00:25:35	00:50:28	00:50:07	1299		Senior	21
1033	2644	Rui Estevez	00:27:41	00:50:28	00:46:52	751		V35	217
1034	4223	Manuel Bento	00:27:01	00:50:29	00:45:43	599		V35	218
1035	3210	Francisco Silva	00:25:50	00:50:29	00:49:24	1161		V50	77
1036	519	Carlos Silva	00:26:14	00:50:29	00:48:39	1002		V45	125
1037	3119	Luis Pires	00:26:29	00:50:29	00:48:31	986		V40	215
1038	5525	Agostinho Amador	00:24:14	00:50:30	00:50:28	1355		V45	126
1039	4826	Carlos Macedo	00:25:13	00:50:30	00:50:03	1292		Senior	246
1040	37	João Santos	00:26:00	00:50:31	00:49:31	1188		Senior	247



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1041	2834	Joaquim Antunes	00:25:57	00:50:31	00:49:16	1127	SS CGD	V35	219
1042	38	Guilherme Albino	00:26:00	00:50:31	00:49:33	1196		V40	216
1043	3855	Bento Raminhos	00:26:39	00:50:31	00:48:56	1055		V45	127
1044	141	Vitor Pereira	00:23:29	00:50:31	00:50:15	1314	Grupo Recreativo Janz Associados	V35	220
1045	3501	Rui Carvalho	00:25:08	00:50:32	00:49:52	1256		V50	78
1046	4194	Samuel Teixeira	00:27:23	00:50:32	00:47:42	855		Senior	248
1047	3539	Carlos Teixeira	00:26:35	00:50:32	00:48:05	901		V50	79
1048	3295	Nelson Gomrd	00:26:37	00:50:32	00:48:57	1058		Senior	249
1049	3681	Duarte Silva	00:25:35	00:50:33	00:48:56	1054	Clube Ferroviário de Portugal	V40	217
1050	1361	Rui Sousa	00:25:42	00:50:33	00:48:59	1067		V35	221
1051	4564	Tiago Saruga	00:27:08	00:50:33	00:48:18	946		Senior	250
1052	2281	Nuno Simões	00:26:53	00:50:33	00:47:21	806	CCD Crédito Agrícola Mútuo	V35	222
1053	2733	Rogério Machado	00:25:25	00:50:33	00:48:31	985		Senior	251
1054	2561	Paulo Caldeirinha	00:26:31	00:50:34	00:46:47	737	Run Buddy Run	V40	218
1055	3233	Vitor Marques	00:26:01	00:50:35	00:48:41	1010		V35	223
1056	347	Luis Carvalho	00:25:26	00:50:36	00:50:03	1293		V50	80
1057	2182	Rogério Folgado	00:26:37	00:50:36	00:48:39	1003	MENU DE ATLETA	V50	81
1058	4848	Ricardo Mota	00:25:15	00:50:37	00:48:42	1014		Senior	252
1059	1778	José Vaz	00:25:28	00:50:37	00:49:33	1199	Clube ANACOM	V55	52
1060	4958	Nuno Martins	00:25:54	00:50:37	00:50:06	1298		V40	219



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1061	2618	Pedro Conceição	00:27:15	00:50:38	00:46:33	705	Bazinga!	V40	220
1062	1564	Adelino Pereira	00:26:12	00:50:38	00:48:55	1052	ODEBRECHT PORTUGAL	V45	128
1063	3432	Nuno Júlio	00:26:53	00:50:38	00:47:16	797		V40	221
1064	3863	Mateus Rebelo	00:26:51	00:50:39	00:46:15	662		Senior	253
1065	4661	Marcos Ferreira	00:25:30	00:50:39	00:49:13	1119		Senior	254
1066	4542	Gonçalo Rocha	00:26:44	00:50:40	00:48:41	1013		Senior	255
1067	1143	Bruno Loureiro	00:25:17	00:50:40	00:49:49	1241		V35	224
1068	2894	Nuno Reis	00:28:49	00:50:40	00:49:00	1075		Senior	256
1069	2804	João Gato	00:26:43	00:50:41	00:48:58	1063		Senior	257
1070	3776	Joao Almeida	00:26:02	00:50:41	00:49:04	1090		V45	129
1071	1823	Artur Vicente	00:23:53	00:50:41	00:50:32	1372	NúcleOeiras/Sportzone	V35	225
1072	2118	Nuno Dias	00:25:30	00:50:41	00:50:28	1358		V40	222
1073	5383	Luis Vilela	00:26:15	00:50:42	00:49:00	1068		V35	226
1074	1087	Vítor Alvito	00:26:21	00:50:42	00:48:30	981		Senior	258
1075	5207	Sérgio Sales	00:27:24	00:50:43	00:48:05	902		Senior	259
1076	4118	Jorge Fernandes	00:24:21	00:50:43	00:50:18	1332	Os Tresmalhados	V40	223
1077	1420	Rui Costa	00:24:22	00:50:43	00:49:45	1232		V45	130
1078	1443	José Ferreira	00:25:54	00:50:43	00:48:19	948		Senior	260
1079	2793	João Carvalho	00:25:20	00:50:44	00:49:22	1152		V35	227
1080	2795	Tito Cerqueira	00:25:20	00:50:45	00:50:24	1342		V40	224



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1081	2004	Orlando Cruz	00:24:24	00:50:45	00:50:27	1352		V65	8
1082	2431	Jose Castro	00:24:56	00:50:46	00:49:43	1228	PASTELARIA RIO DE MEL	V40	225
1083	1465	Ricardo Carvalho	00:26:01	00:50:46	00:49:32	1193		V40	226
1084	2432	Jose Melo	00:24:21	00:50:46	00:49:44	1230	PASTELARIA RIO DE MEL	V50	82
1085	2818	Nuno Oliveira	00:25:07	00:50:48	00:49:50	1247	GFD Running	Senior	261
1086	5527	Hugo Carvalho	00:25:07	00:50:48	00:49:51	1252		V40	227
1087	905	Manuel Morgado	00:26:21	00:50:48	00:48:47	1025		V40	228
1088	1410	Pedro Ornelas	00:25:10	00:50:49	00:50:29	1364		Senior	262
1089	5521	Matteo Taiana	00:25:55	00:50:49	00:49:39	1213		V35	228
1090	5552	Afonso Costa	00:25:41	00:50:49	00:49:42	1225		V50	83
1091	4624	Victor Dias	00:23:49	00:50:49	00:50:27	1351	grup.desp.chelas	V45	131
1092	2201	João Franco	00:26:10	00:50:50	00:49:19	1142		V35	229
1093	2608	Carina Carvalho	00:26:57	00:50:50	00:47:49	866		Senior	22
1094	2407	Marco Mangas	00:27:01	00:50:50	00:47:53	877		V40	229
1095	3373	Francisco Serio	00:25:25	00:50:50	00:50:20	1336	Sorriso Marvilha	Senior	263
1096	3990	Antonio Cruz	00:24:51	00:50:51	00:50:38	1386		V60	25
1097	5992	Luís Figueiredo	00:25:26	00:50:52	00:50:37	1383		V50	84
1098	2615	João Pinheiro	00:25:14	00:50:52	00:50:26	1347		V35	230
1099	5941	Humberto Borges	00:25:46	00:50:53	00:48:34	992		V45	132
1100	4578	Carlos Martins	00:25:06	00:50:53	00:50:41	1391	GDINE	V55	53



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1101	2635	Barrote Fonseca	00:26:09	00:50:53	00:48:05	905	FONSECA GALHÃO	Senior	264
1102	2634	George Fonseca	00:26:09	00:50:53	00:48:05	903	FONSECA GALHÃO	Senior	265
1103	1025	João Sanches	00:26:51	00:50:54	00:49:49	1243		V50	85
1104	218	Carlos Silva	00:25:39	00:50:54	00:50:07	1300		V55	54
1105	847	Jose Costa	00:25:29	00:50:55	00:49:54	1262	ACLIS LIBERTY SEGUROS	V65	9
1106	1566	Ernesto Baiardi	00:25:23	00:50:56	00:49:47	1238	ODEBRECHT PORTUGAL	V40	230
1107	4548	João Ambrósio	00:27:33	00:50:56	00:48:14	940		Senior	266
1108	4768	Paulo Antunes	00:24:19	00:50:57	00:50:32	1369	Lesmas Alopradas	V45	133
1109	3591	Hugo Nogueira	00:27:41	00:50:59	00:48:08	917		V35	231
1110	2204	Pedro Ventura	00:27:14	00:50:59	00:48:02	895		V45	134
1111	4109	Jose Ventura	00:27:13	00:50:59	00:48:02	894		V45	135
1112	628	José Ferreira	00:25:17	00:50:59	00:50:08	1302		V35	232
1113	2511	Pedro Caetano	00:25:57	00:51:00	00:49:36	1205		V45	136
1114	5264	Bruno Lopes	00:26:08	00:51:00	00:49:26	1169		V35	233
1115	1586	Bruno Azambujo	00:24:00	00:51:01	00:50:47	1404		V40	231
1116	6023	Rui Andrade	00:26:44	00:51:01	00:49:00	1071		Senior	267
1117	5930	Francisco Sousa	00:26:45	00:51:02	00:49:01	1078		Senior	268
1118	30	Antonio Serrao	00:27:54	00:51:02	00:48:24	965		V35	234
1119	5448	Antonio Carpinteiro	00:26:30	00:51:02	00:49:17	1135	SS CGD	V65	10
1120	1665	Rui Pereira	00:27:54	00:51:02	00:48:24	964	DRELRA	V35	235



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1121	5524	Rui Felizardo	00:25:56	00:51:02	00:50:13	1309		V50	86
1122	3294	António Costa	00:25:56	00:51:02	00:50:15	1317		V70	5
1123	467	Manuel Clemente	00:26:21	00:51:03	00:49:59	1277		V65	11
1124	2059	Renato Negrinho	00:27:29	00:51:03	00:47:41	851		Senior	269
1125	1084	Nuno Dantas	00:26:27	00:51:03	00:48:29	977		V35	236
1126	4343	Hugo Simões	00:27:08	00:51:03	00:47:51	870		V35	237
1127	2024	Paulo Faria	00:26:50	00:51:03	00:47:09	790		V35	238
1128	2935	Carlos Ribeiro	00:24:20	00:51:04	00:50:47	1405		V35	239
1129	6091	Patrícia Esteves	00:26:53	00:51:04	00:48:28	976		Senior	23
1130	5276	Bruno Martinho	00:25:53	00:51:04	00:50:25	1345		V35	240
1131	4666	Rui Monteiro	00:25:46	00:51:05	00:49:59	1275		Senior	270
1132	5640	Ilídio Rodrigues	00:25:26	00:51:05	00:51:02	1442		V60	26
1133	3430	Nelson Ribeiro	00:27:23	00:51:05	00:48:46	1024		Senior	271
1134	2887	Eduardo Aquino	00:24:24	00:51:05	00:50:51	1419		V40	232
1135	3387	Cristóvão Silva	00:24:31	00:51:05	00:50:52	1423		V40	233
1136	1620	Paulo Faria	00:26:19	00:51:06	00:49:52	1257	benfas	V35	241
1137	2375	Marco Cachinho	00:26:38	00:51:06	00:48:09	921	Clube de Corrida da REN	Senior	272
1138	4925	João Martinho	00:25:11	00:51:07	00:50:01	1289		V45	137
1139	4828	Nuno Melo	00:25:18	00:51:08	00:49:52	1254		V35	242
1140	1099	José Cardoso	00:25:20	00:51:08	00:50:54	1424		V45	138



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1141	4684	Fernando Tomaz	00:26:00	00:51:09	00:50:34	1377		V40	234
1142	4708	João Prehaz	00:26:00	00:51:09	00:50:34	1375	Açoreana Clube Banif	V35	243
1143	617	Vitor Rodrigues	00:27:13	00:51:10	00:48:14	939		V45	139
1144	22	João Antunes	00:27:03	00:51:10	00:49:01	1081		V55	55
1145	5291	Daniel Oliveira	00:26:03	00:51:11	00:49:17	1133		V35	244
1146	397	Nuno Silva	00:26:49	00:51:11	00:49:04	1089		V35	245
1147	1641	Marcelo Pinto	00:26:19	00:51:11	00:49:59	1278		V45	140
1148	1754	António Pereira	00:27:15	00:51:12	00:48:15	941		V45	141
1149	6100	Nuno Antunes	00:26:28	00:51:12	00:48:57	1059		V35	246
1150	5893	Carlos João	00:24:30	00:51:13	00:50:48	1407		Senior	273
1151	5642	Luís Farinha	00:24:53	00:51:13	00:50:29	1363		V40	235
1152	4256	Rui Domingues	00:25:19	00:51:14	00:49:25	1164	Speed of Yellow	V50	87
1153	3696	Romão Bandarrinha	00:28:08	00:51:14	00:47:46	861	Grupo Recreativo e Desportivo "OS FIXES"	V55	56
1154	948	Hugo Fragoso	00:25:44	00:51:14	00:50:28	1360		V35	247
1155	4592	Joao Rodrigues	00:26:40	00:51:15	00:49:53	1260		V35	248
1156	2640	Nuno Galvão	00:26:37	00:51:15	00:49:39	1212		V50	88
1157	1570	Manuel Paulo	00:26:09	00:51:16	00:50:09	1305	ODEBRECHT PORTUGAL	V55	57
1158	3734	Mariana Marques	00:25:16	00:51:17	00:50:24	1341		Senior	24
1159	236	Miguel Guedes	00:23:43	00:51:17	00:50:47	1402	MONTEPIO - Marketeers	V35	249
1160	5504	Diogo Rosa	00:25:29	00:51:17	00:49:58	1274	Samsung	Senior	274



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1161	3405	Rui Gomes	00:27:20	00:51:19	00:48:30	982		Senior	275
1162	4487	José Ribeiro	00:26:53	00:51:19	00:48:16	943		V40	236
1163	2739	Amilcar Póvoa	00:24:28	00:51:21	00:51:16	1493		V65	12
1164	1125	Pedro Serra	00:25:59	00:51:21	00:49:53	1259	SAMIPE	V40	237
1165	4202	David Rodrigues	00:24:49	00:51:21	00:50:34	1376		Senior	276
1166	1583	Miguel Carvalho	00:26:48	00:51:23	00:49:31	1190	Falcões Selvagens	Junior	16
1167	4803	Luís Rocha	00:26:34	00:51:24	00:48:37	997	Speed of Yellow	V40	238
1168	4936	Fernando Almeida	00:26:36	00:51:24	00:50:00	1287		V45	142
1169	3466	Filipe Reino	00:26:24	00:51:24	00:49:16	1132		Senior	277
1170	544	Manuel Ruivo	00:27:23	00:51:24	00:50:35	1380		V35	250
1171	4229	Joaquim Palma	00:25:31	00:51:24	00:51:15	1489		V60	27
1172	509	Gentil Pereira	00:26:31	00:51:25	00:49:16	1130	AMIGOS DA FLOR	V40	239
1173	2973	António Pereira	00:26:40	00:51:25	00:50:15	1316	45 minutos	V60	28
1174	522	Rui Tavares	00:26:20	00:51:25	00:49:00	1070		Senior	278
1175	3564	João Velez	00:26:48	00:51:25	00:50:17	1329		Senior	279
1176	4756	Paulo Barreiros	00:26:15	00:51:25	00:49:52	1258	Friends2Run	V45	143
1177	4680	Maria Costa	00:25:18	00:51:25	00:51:07	1454		V50	3
1178	5196	Luis Guedes	00:25:47	00:51:26	00:49:06	1095		V35	251
1179	2504	Maria Carapinha	00:25:08	00:51:26	00:51:08	1458		Senior	25
1180	2125	Norberto Macedo	00:27:43	00:51:26	00:47:36	840		V35	252



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1181	4338	Jorge Silva	00:25:25	00:51:27	00:50:45	1398		V45	144
1182	5797	Cláudia Viegas	00:24:53	00:51:27	00:51:24	1523	Correr Lisboa	Senior	26
1183	4863	Frederico Paz	00:26:33	00:51:28	00:49:09	1103		Senior	280
1184	4864	Daniel Gomes	00:26:32	00:51:28	00:49:10	1110		Senior	281
1185	4138	Edgar Ferreira	00:28:23	00:51:29	00:47:36	841	The Min Shi Boys	Senior	282
1186	1907	Carlos Isaac	00:28:24	00:51:29	00:47:36	839		Senior	283
1187	4524	Carlos Ferreira	00:24:37	00:51:29	00:51:25	1530	NUCLEO DESPORTIVO AUTOCOOPE	V55	58
1188	681	Jacinto Batista	00:26:03	00:51:30	00:49:59	1282		V50	89
1189	5776	Lúis Ribeiro	00:26:48	00:51:30	00:48:42	1015		Senior	284
1190	5932	Bruno Barreiros	00:28:41	00:51:30	00:48:10	922		Senior	285
1191	3892	Pedro Garcia	00:25:47	00:51:30	00:50:51	1418		Senior	286
1192	4314	Tiago Ramos	00:27:20	00:51:31	00:49:32	1192		Senior	287
1193	607	Joaquim Lima	00:27:11	00:51:32	00:48:59	1065	Vodafone	V50	90
1194	6105	Monica Teixeira	00:25:51	00:51:32	00:50:19	1335	Associação de Moradores de Atibá	Senior	27
1195	3427	Luis Tavares	00:27:18	00:51:32	00:48:50	1035		V45	145
1196	2443	Telmo Viegas	00:27:18	00:51:33	00:48:49	1032		V35	253
1197	2482	Mário Pereira	00:24:23	00:51:33	00:51:16	1492		V40	240
1198	6021	Jacinto Bettencourt	00:24:58	00:51:33	00:50:49	1411		V55	59
1199	4345	Jorge Lopes	00:30:02	00:51:35	00:48:57	1056	vikings	V35	254
1200	2181	Filipe Sergio	00:24:57	00:51:35	00:51:05	1451	06:30	V40	241



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1201	5955	Telmo Matos	00:28:18	00:51:35	00:46:48	738		Senior	288
1202	291	Alexandre Tam	00:25:51	00:51:35	00:51:23	1517		V35	255
1203	93	Marta Andrade	00:26:25	00:51:35	00:50:00	1285		V35	12
1204	3246	Antonio Crisostomo	00:26:25	00:51:36	00:49:58	1272	Tartarugas Solidarias	V45	146
1205	94	Pedro Teigas	00:27:40	00:51:36	00:48:11	925	Tartarugas Solidarias	V35	256
1206	75	José Murтинha	00:24:56	00:51:36	00:51:26	1532	Montepio - Central de Compras	V55	60
1207	2457	Jose Viegas	00:25:11	00:51:36	00:50:34	1378		V35	257
1208	5637	Jose Carlos	00:27:07	00:51:37	00:50:05	1295		V55	61
1209	3982	João Cordeiro	00:27:01	00:51:37	00:50:05	1294		Senior	289
1210	4143	Gilson Silva	00:22:55	00:51:38	00:51:07	1455		V35	258
1211	1516	Jorge Romão	00:27:11	00:51:38	00:48:43	1017	Núcleo de Oeiras	V45	147
1212	4120	Carlos Peralta	00:25:13	00:51:39	00:50:31	1368	Winners Team	V45	148
1213	4128	Miguel Rodrigues	00:25:14	00:51:39	00:50:32	1370		Senior	290
1214	134	Ricardo Balau	00:26:55	00:51:39	00:48:44	1021	Os Conta-Kilómetros	Senior	291
1215	4340	Nuno Tibério	00:26:38	00:51:39	00:49:41	1216		V45	149
1216	1885	Rita Freitas	00:27:08	00:51:39	00:49:30	1184		Senior	28
1217	3839	José Canhoto	00:26:28	00:51:40	00:50:07	1301	Canhoto	V65	13
1218	5166	Bruno Palma	00:28:02	00:51:40	00:48:23	962		Senior	292
1219	914	Marco Serrano	00:25:51	00:51:40	00:50:41	1392		Senior	293
1220	1830	Pedro Santos	00:27:59	00:51:41	00:47:50	867		V35	259



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1221	2917	Maria Oliveira	00:26:46	00:51:41	00:50:28	1357		V45	9
1222	6038	Rui Pires	00:25:03	00:51:41	00:51:05	1452	G.R.D. Ribeira da Lage	V45	150
1223	1178	Tiago Pinto	00:26:06	00:51:43	00:50:38	1385		V35	260
1224	3278	Andreia Monteiro	00:24:52	00:51:43	00:51:35	1568	Grupo Desportivo de Chelas	V35	13
1225	6188	António Pais	00:25:38	00:51:43	00:51:16	1494		V65	14
1226	790	António Godinho	00:25:24	00:51:43	00:51:17	1497		V40	242
1227	5942	Jorge Esteves	00:27:42	00:51:44	00:49:05	1092		V50	91
1228	6098	Luis Macedo	00:27:02	00:51:44	00:49:21	1145		V45	151
1229	4152	António Ribeiro	00:24:45	00:51:44	00:51:31	1552		V60	29
1230	4698	Jorge Morgado	00:27:57	00:51:45	00:48:08	914		V50	92
1231	1636	João Marques	00:24:31	00:51:45	00:51:38	1580		Junior	17
1232	4862	Patrícia Castanho	00:27:57	00:51:45	00:48:09	920		Senior	29
1233	1804	Ricardo Silva	00:26:05	00:51:45	00:50:40	1389		V45	152
1234	676	Ernesto Xavier	00:24:41	00:51:46	00:51:12	1477		V35	261
1235	5007	José Escudero	00:26:49	00:51:46	00:50:58	1436		Senior	294
1236	730	Ricardo Pereira	00:25:33	00:51:46	00:50:57	1431		V35	262
1237	3840	Nuno Marques	00:26:01	00:51:47	00:50:29	1361	RunLovers	V45	153
1238	3841	Cristina Caldeira	00:26:01	00:51:47	00:50:28	1359	RunLovers	V45	10
1239	3356	José Guerreiro	00:26:36	00:51:48	00:50:56	1429	OS ATLETAS	V40	243
1240	3163	Bruno Albino	00:27:39	00:51:48	00:51:08	1460		V35	263



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1241	1474	Carlos Dores	00:27:21	00:51:48	00:49:50	1250		V45	154
1242	5770	António Lima	00:25:16	00:51:49	00:51:47	1605	spor lisboa campolide	V50	93
1243	4546	Luís Brás	00:24:33	00:51:49	00:51:24	1525		V35	264
1244	212	Luis Salgueiro	00:25:11	00:51:50	00:50:56	1430	DRELRA	V35	265
1245	5095	Etelvina Vidal	00:26:32	00:51:51	00:51:16	1495		V45	11
1246	4363	Andrea Roque	00:26:43	00:51:51	00:50:02	1291		Senior	30
1247	2661	Miguel Amaral	00:28:04	00:51:51	00:49:12	1115	OneSight Portugal	V35	266
1248	5863	Bruno Alcarva	00:25:18	00:51:51	00:51:20	1512		Senior	295
1249	2479	Jose Palma	00:27:27	00:51:51	00:49:11	1112		V45	155
1250	4362	André Oliveira	00:26:43	00:51:52	00:50:02	1290		Senior	296
1251	3724	Hugo Sequeira	00:24:35	00:51:52	00:51:47	1604		V35	267
1252	959	Paulo Procópio	00:26:44	00:51:52	00:50:14	1313		V35	268
1253	2979	Helder Grave	00:27:46	00:51:53	00:47:22	808	Gamenho's Family	Senior	297
1254	2290	Angelo Ribeiro	00:27:04	00:51:53	00:48:09	919		Senior	298
1255	3383	Artur Amaro	00:26:23	00:51:54	00:51:26	1534		Senior	299
1256	5810	Rui Tomás	00:25:22	00:51:55	00:51:33	1556	CCD Crédito Agrícola Mútuo	V40	244
1257	1921	João Fernandes	00:25:36	00:51:55	00:51:43	1594		V35	269
1258	355	Luis Isidoro	00:26:49	00:51:55	00:49:49	1245		Senior	300
1259	3177	José Lopes	00:27:45	00:51:55	00:50:47	1401		V55	62
1260	100	Daniel Ramos	00:26:29	00:51:57	00:50:20	1337	Tartarugas Solidarias	V35	270



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1261	2072	António Duarte	00:26:28	00:51:57	00:50:19	1334	aMarycanlife	V35	271
1262	5631	Antonio Oliveira	00:27:10	00:51:58	00:49:41	1217		V55	63
1263	5623	Joao Cabo	00:28:53	00:51:58	00:48:49	1031		Senior	301
1264	1715	Luis Garção	00:26:20	00:51:58	00:51:14	1484	NO LIMITS	V45	156
1265	2410	Nuno Sousa	00:25:59	00:51:59	00:51:19	1504		V35	272
1266	3006	Renato Silva	00:27:03	00:52:00	00:49:40	1214	Winners Team	Senior	302
1267	4819	Aurélio Gomes	00:25:59	00:52:00	00:50:52	1420		V55	64
1268	3209	Andreia Rijo	00:26:51	00:52:00	00:50:27	1350		Senior	31
1269	2957	Pedro Costa	00:26:16	00:52:01	00:51:24	1527		V35	273
1270	4901	Raul Costa	00:24:17	00:52:01	00:51:39	1582		V45	157
1271	5611	Miguel Cid	00:24:44	00:52:01	00:51:49	1613		Senior	303
1272	1515	Gonçalo Rey	00:27:51	00:52:02	00:48:07	910		V35	274
1273	3931	Henrique Ferreira	00:23:34	00:52:04	00:51:56	1640	u.r.d.arranhò	V40	245
1274	5118	Nuno Brito	00:27:38	00:52:05	00:49:13	1118		V40	246
1275	2240	Joaquim Dias	00:27:38	00:52:05	00:49:14	1122		V40	247
1276	2006	Luis Guilherme	00:28:06	00:52:06	00:49:10	1106		Senior	304
1277	5811	Carlos Almeida	00:27:10	00:52:06	00:49:16	1128	Pernas de Gafanhoto	Senior	305
1278	6017	Ricardo Marques	00:27:04	00:52:06	00:49:46	1237	Dá-le!	Senior	306
1279	4771	Paulo Ratilal	00:28:03	00:52:08	00:47:45	860		V40	248
1280	6170	Vitor Rocha	00:28:25	00:52:09	00:49:24	1157		V55	65



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1281	2872	Carlos Rodrigues	00:26:09	00:52:09	00:51:53	1631		Senior	307
1282	841	Ricardio Silva	00:27:11	00:52:10	00:49:31	1186	ACLIS LIBERTY SEGUROS	Senior	308
1283	747	António Filipe	00:26:27	00:52:11	00:50:25	1344	Filipes & Guerreiro LDA	Junior	18
1284	2032	Bruno Varandas	00:27:55	00:52:11	00:48:38	1000		Senior	309
1285	2897	António Tavares	00:25:01	00:52:11	00:52:06	1679		V40	249
1286	533	Carlos Beites	00:27:12	00:52:12	00:51:21	1514		Senior	310
1287	3605	Vasco Peres	00:28:15	00:52:12	00:48:21	954		V35	275
1288	2435	Jorge Patricio	00:27:17	00:52:12	00:49:40	1215	JMJM	V35	276
1289	3601	Alexandre Leiria	00:27:34	00:52:13	00:49:29	1182		V40	250
1290	5507	Hugo Duarte	00:25:33	00:52:13	00:50:52	1422	Samsung	Senior	311
1291	1644	Luís Martins	00:27:13	00:52:14	00:48:43	1016		V40	251
1292	5857	Alexandre Galvão	00:25:07	00:52:14	00:50:37	1384		Senior	312
1293	1559	Andre Miguel	00:25:54	00:52:14	00:50:42	1394	Bloco De Este	Senior	313
1294	217	Carlos Francisco	00:27:14	00:52:14	00:51:24	1519		Senior	314
1295	3151	Luís Macedo	00:26:10	00:52:14	00:50:49	1414		V40	252
1296	1281	Rui Matias	00:27:10	00:52:14	00:49:43	1227	Vodafone	V40	253
1297	3748	Albino Ferreira	00:25:31	00:52:15	00:51:55	1635		V45	158
1298	4419	Gonçalo Vicente	00:28:10	00:52:15	00:49:26	1166		Senior	315
1299	1894	Rui Rodrigues	00:27:55	00:52:15	00:49:03	1087		V40	254
1300	3744	Daniel Vinagre	00:26:26	00:52:15	00:50:09	1306		V35	277



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1301	3438	Albino Lameiras	00:28:57	00:52:16	00:48:45	1022		V45	159
1302	1999	Pedro Silva	00:28:11	00:52:16	00:48:13	934		V35	278
1303	5200	Rogério Graça	00:26:31	00:52:16	00:51:17	1500		V35	279
1304	5029	Gonçalo Rangel	00:27:14	00:52:16	00:51:14	1485		Senior	316
1305	2014	João Loureiro	00:26:46	00:52:17	00:50:49	1413		V40	255
1306	4689	Jorge Costa	00:28:08	00:52:18	00:48:55	1049		V35	280
1307	4877	Vitor Vilhena	00:25:41	00:52:19	00:52:09	1691		Senior	317
1308	3421	Luís Gaspar	00:27:30	00:52:19	00:51:20	1513	ugc	V45	160
1309	940	Jose Nunes	00:27:40	00:52:19	00:50:17	1325	keep Running	V45	161
1310	943	Joaquim Varanda	00:27:41	00:52:20	00:50:19	1333	keep Running	V50	94
1311	1658	Vítor Canto	00:27:15	00:52:20	00:50:17	1327		V40	256
1312	5201	Carlos Varatojo	00:26:59	00:52:20	00:51:09	1465		Senior	318
1313	4700	Joao Caeiro	00:27:23	00:52:21	00:49:37	1208		V40	257
1314	4571	André Resende	00:25:17	00:52:21	00:51:20	1511	Sempre Plontos	Senior	319
1315	1114	Carlos Gonçalves	00:26:22	00:52:21	00:50:57	1433	IG Runners	V45	162
1316	4995	Fábio Batista	00:26:22	00:52:21	00:51:45	1597		V35	281
1317	1303	Teodoro Trindade	00:28:10	00:52:21	00:49:42	1224		V50	95
1318	1075	Hugo Guerreiro	00:28:10	00:52:22	00:48:47	1026		V35	282
1319	5343	Pedro Macedo	00:27:18	00:52:22	00:49:42	1223		Senior	320
1320	2772	Bruno Freire	00:28:08	00:52:22	00:48:20	951		Senior	321



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1321	2437	Manuel Escalona	00:27:02	00:52:23	00:49:59	1279		V40	258
1322	1451	Pedro Rocha	00:25:39	00:52:23	00:51:09	1467		V35	283
1323	3464	Davide Mendes	00:28:33	00:52:23	00:48:30	979		V35	284
1324	5699	Rui Costa	00:25:24	00:52:24	00:52:20	1732		Senior	322
1325	2477	Vasco Lopes	00:28:31	00:52:24	00:48:51	1039		Senior	323
1326	662	Gonçalo Freitas	00:28:25	00:52:24	00:50:58	1437		Senior	324
1327	1013	Adriano Soeiro	00:27:43	00:52:25	00:50:14	1311		V35	285
1328	1347	Rui Fernandes	00:26:25	00:52:25	00:51:37	1576		V40	259
1329	2079	Helder Martins	00:25:48	00:52:25	00:51:31	1550	Clube EDP - Lisboa	V35	286
1330	884	Luis Lopes	00:25:03	00:52:25	00:51:59	1654		V35	287
1331	5401	David Ferro	00:28:13	00:52:25	00:48:25	971		Senior	325
1332	3451	Isabel Gomes	00:26:13	00:52:25	00:51:38	1577		V45	12
1333	263	Carlos Renato	00:27:08	00:52:26	00:49:56	1269	Tartarugas Solidarias	V50	96
1334	1945	Hugo Rego	00:27:43	00:52:27	00:48:41	1012		Senior	326
1335	4706	João Fernandes	00:27:16	00:52:28	00:51:50	1620	Açoreana Clube Banif	V35	288
1336	3499	Manuel Teles	00:28:20	00:52:28	00:49:19	1139		V40	260
1337	4707	Hugo Sousa	00:27:15	00:52:28	00:51:54	1632	Açoreana Clube Banif	V35	289
1338	957	Renato Franco	00:27:37	00:52:28	00:48:48	1028		V35	290
1339	4466	Gabriel Lúcio	00:25:31	00:52:28	00:52:00	1658		Senior	327
1340	3288	Carlos Mendonça	00:28:20	00:52:29	00:49:19	1140		Senior	328



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1341	85	Valdemar Damião	00:26:11	00:52:29	00:51:32	1554		V65	15
1342	998	Amilcar Gomes	00:27:38	00:52:29	00:48:49	1033		V40	261
1343	2016	Gustavo Passos	00:27:40	00:52:30	00:48:40	1006		Senior	329
1344	5073	Carlos Chaves	00:27:57	00:52:30	00:49:39	1211		Senior	330
1345	5534	Miguel Montalvão	00:29:16	00:52:30	00:48:14	938		V40	262
1346	1348	Nelson Prazeres	00:25:17	00:52:31	00:52:00	1656		V35	291
1347	1649	Maria Cardoso	00:26:32	00:52:31	00:51:04	1450		V35	14
1348	414	Mário Sanches	00:26:04	00:52:31	00:52:08	1687		V35	292
1349	941	Pedro Dias	00:27:41	00:52:31	00:50:30	1366	keep Running	V35	293
1350	3396	Bruno Correia	00:27:09	00:52:32	00:51:42	1591		Senior	331
1351	1741	Petru Nemes	00:27:36	00:52:32	00:50:21	1338		V45	163
1352	2965	Norberto Marques	00:27:30	00:52:32	00:50:34	1379	running of dª maria	V40	263
1353	5071	Manuel Emídio	00:25:50	00:52:32	00:51:42	1592		V55	66
1354	2783	Eduardo Ribeiro	00:26:44	00:52:32	00:51:33	1555	GDCT Unicre	V45	164
1355	5580	André Morgado	00:27:30	00:52:33	00:51:35	1562	ugc	V65	16
1356	458	Pedro Matos	00:27:07	00:52:33	00:51:13	1478		V50	97
1357	139	Armindo Rodrigues	00:24:38	00:52:33	00:52:16	1715	Grupo Recreativo Janz Associados	V45	165
1358	4996	Luis Marques	00:27:58	00:52:33	00:49:42	1222		V45	166
1359	2796	Daniel Ouro	00:26:48	00:52:34	00:50:52	1421		Senior	332
1360	155	Joaquim Pedrosa	00:28:14	00:52:34	00:49:59	1276		V55	67



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1361	5869	António Pereira	00:26:37	00:52:36	00:51:27	1537		V60	30
1362	4773	Ricardo Brito	00:26:43	00:52:36	00:52:00	1659		Senior	333
1363	3069	Alexandre Miguel	00:27:34	00:52:36	00:51:12	1476		V45	167
1364	2700	Jose Neves	00:26:46	00:52:38	00:51:08	1461	Os Indomaveis	V60	31
1365	3914	Carlos Gil	00:26:41	00:52:38	00:51:08	1462		V40	264
1366	6163	Nelson Calvino	00:27:49	00:52:38	00:50:27	1353		V35	294
1367	6180	Paulo Santos	00:27:26	00:52:38	00:48:53	1044	Clube Olimpico de Oeiras	V45	168
1368	3182	Luís Dias	00:27:06	00:52:38	00:51:02	1443		V40	265
1369	2382	Sandro Lavado	00:25:49	00:52:38	00:52:27	1758	BRRnightRUNNERS	Senior	334
1370	235	Sónia Túbal	00:25:59	00:52:39	00:51:50	1617	Tartarugas Solidarias	V35	15
1371	95	Andreia Costa	00:25:59	00:52:39	00:51:51	1623	Tartarugas Solidarias	V35	16
1372	568	Vitor Marques	00:28:35	00:52:39	00:48:54	1048		V50	98
1373	2830	Fernando Lima	00:27:26	00:52:39	00:48:54	1047	SS CGD	V45	169
1374	145	Sofia Agostinho	00:25:58	00:52:39	00:51:51	1622	Tartarugas Solidarias	V35	17
1375	5222	Francisco Ferreira	00:27:14	00:52:39	00:51:43	1595		V40	266
1376	3747	José Calheiros	00:29:12	00:52:40	00:48:41	1011		V40	267
1377	1209	Francisco Mesquita	00:26:10	00:52:40	00:52:32	1770		Junior	19
1378	3293	Mário Esperança	00:28:24	00:52:40	00:49:49	1242		Senior	335
1379	6103	Marta Costa	00:26:35	00:52:40	00:51:26	1533	Associação de Moradores de Atibá	V40	10
1380	5110	Hugo Gonçalves	00:27:01	00:52:40	00:49:17	1134		V35	295



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1381	555	Pedro Antunes	00:27:13	00:52:40	00:51:29	1545		V45	170
1382	2923	Gonçalo Zagalo	00:21:58	00:52:41	00:52:25	1748	Pernas de Gafanhoto	V35	296
1383	1530	Goncalo Costa	00:27:26	00:52:42	00:50:48	1409		Senior	336
1384	4389	David Goncalves	00:27:08	00:52:42	00:50:17	1326		V35	297
1385	2621	Rui Barata	00:27:40	00:52:42	00:50:43	1395		V35	298
1386	4563	Paulo Cabaço	00:27:15	00:52:42	00:50:56	1427		V45	171
1387	5985	Pedro Santos	00:25:13	00:52:43	00:52:34	1778		Senior	337
1388	5052	Francisco Gomes	00:28:48	00:52:43	00:49:08	1101	Tartarugas Solidarias	Senior	338
1389	1445	Rui Fonseca	00:27:47	00:52:44	00:49:04	1088	Clube Empregados Repsol Portugal	V45	172
1390	1411	Pedro R.S.	00:25:35	00:52:45	00:51:57	1649		V35	299
1391	4082	Mónica Carrufa	00:26:38	00:52:46	00:51:36	1571		Senior	32
1392	1653	Rafael Carlos	00:27:19	00:52:46	00:49:44	1231		Senior	339
1393	345	Sandro Prates	00:27:32	00:52:46	00:49:26	1168		V35	300
1394	5938	Carlos Guerra	00:24:38	00:52:47	00:52:22	1738		V40	268
1395	525	Pedro Ribeiro	00:24:34	00:52:47	00:52:36	1781		V45	173
1396	2751	Vitor Alves	00:24:33	00:52:48	00:52:36	1780	Clube de Corrida da REN	Senior	340
1397	259	Jorge Oliveira	00:28:44	00:52:49	00:48:53	1045		V50	99
1398	3394	Sérgio Pires	00:28:26	00:52:49	00:49:48	1240	Valejas Atlético Clube	V35	301
1399	116	Marta Pais	00:27:52	00:52:49	00:49:06	1094		V35	18
1400	2701	Avelino Vestias	00:25:45	00:52:50	00:52:49	1830	Os Indomaveis	V60	32



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1401	788	Carlos Goncalves	00:28:52	00:52:50	00:49:46	1236		V65	17
1402	5305	David Westeling	00:28:07	00:52:50	00:50:28	1356	KPMG Portugal	Senior	341
1403	3673	Rafael Santos	00:28:51	00:52:51	00:49:28	1179		Junior	20
1404	6052	Valeriu Botea	00:24:53	00:52:51	00:52:48	1821		V50	100
1405	3084	Alberto Reis	00:28:26	00:52:51	00:50:24	1343	Clube do Stress	V50	101
1406	59	Nuno Rodrigues	00:28:30	00:52:52	00:49:23	1153		V35	302
1407	5307	João Belo	00:27:37	00:52:52	00:49:32	1195	KPMG Portugal	Senior	342
1408	1529	Ricardo Santos	00:25:25	00:52:52	00:52:33	1772		V35	303
1409	6135	José Custódio	00:28:15	00:52:53	00:50:48	1408		V35	304
1410	3173	Duarte Vargas	00:28:57	00:52:53	00:48:17	945	Authentic Pilates Lisboa	Senior	343
1411	5755	Luis Rosa	00:27:39	00:52:53	00:50:16	1322		V35	305
1412	3199	Rui Alves	00:24:49	00:52:54	00:52:45	1812		V35	306
1413	3678	Rui Teixeira	00:26:32	00:52:54	00:51:36	1573	Clube Ferroviário de Portugal	V40	269
1414	3175	Vítor Gonzas	00:26:56	00:52:54	00:50:50	1417		V45	174
1415	5723	Jorge Leite	00:28:13	00:52:55	00:49:17	1136		V45	175
1416	3462	Hugo Sequeira	00:26:53	00:52:55	00:51:24	1521		Senior	344
1417	2792	Antonio Carvalho	00:26:20	00:52:55	00:52:28	1760		V40	270
1418	4352	Samuel Ribeiro	00:28:56	00:52:56	00:49:28	1176	CRP-Ribafria	Senior	345
1419	5453	Pedro Lopes	00:27:30	00:52:56	00:50:32	1371	SS CGD	V35	307
1420	17	Joaquim Silva	00:27:03	00:52:56	00:51:17	1499		V40	271



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1421	1215	Filipe Henrique	00:26:41	00:52:56	00:51:56	1643		V35	308
1422	4347	Maria Pedro	00:26:44	00:52:57	00:51:25	1529	Grupo Recreativo e Desportivo "OS FIXES"	V50	4
1423	5781	Samuel Araújo	00:27:54	00:52:57	00:51:56	1637		Senior	346
1424	1156	Paulo Pereira	00:26:41	00:52:57	00:51:57	1646		V40	272
1425	1511	Luis Caeiro	00:25:54	00:52:57	00:51:27	1538	Ginásio Vivência Explosiva	Senior	347
1426	3569	Eduardo Pinto	00:26:53	00:52:57	00:51:26	1535		Senior	348
1427	3509	Gonçalo Azenha	00:25:20	00:52:57	00:52:51	1837		Senior	349
1428	822	Nuno Teixeira	00:28:08	00:52:58	00:49:24	1158		Senior	350
1429	2674	Manuel Pereira	00:28:21	00:52:58	00:49:31	1189		V55	68
1430	5284	Daniel Feiteirona	00:28:24	00:52:58	00:49:42	1221		Senior	351
1431	3192	Helder Rodrigues	00:28:25	00:52:58	00:49:42	1219		Senior	352
1432	6143	Raquel Dourado	00:27:08	00:52:58	00:52:01	1662		Senior	33
1433	4709	Bruno Correia	00:28:58	00:53:00	00:49:26	1165	FMUL in t-shirts técnicas	Senior	353
1434	124	João Luis	00:26:05	00:53:00	00:52:39	1788	CDUL	V40	273
1435	3141	Pedro Antão	00:26:54	00:53:00	00:51:01	1438		Senior	354
1436	5356	Rafael Fernandes	00:28:30	00:53:00	00:49:51	1253	Atomic Team	Senior	355
1437	3820	Luis Rodrigues	00:27:31	00:53:01	00:49:12	1116	TudoEu.com	V40	274
1438	5559	Ricardo Arraias	00:28:00	00:53:01	00:50:33	1374		V40	275
1439	257	António Ramos	00:27:55	00:53:01	00:50:40	1390		V60	33
1440	4384	Pedro Digio	00:26:56	00:53:01	00:51:28	1542	DiGio Outdoor	Senior	356



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1441	2355	Nuno Martins	00:28:23	00:53:01	00:49:10	1108		V40	276
1442	5716	Fernando Oliveira	00:26:59	00:53:02	00:51:28	1541	Pés de Chumbo	V50	102
1443	5607	Nuno Graca	00:25:41	00:53:03	00:52:20	1733	steffas	V35	309
1444	1902	Gustavo Mendes	00:26:33	00:53:03	00:51:28	1540	Os Kamarros	V40	277
1445	4213	Karina Moura	00:26:54	00:53:03	00:51:49	1611		V40	11
1446	1901	António Pereira	00:26:38	00:53:03	00:51:28	1543	Os Kamarros	V40	278
1447	3998	António Santos	00:25:59	00:53:04	00:52:10	1696	Fora D arena	V35	310
1448	1947	Nuno Cabeca	00:28:23	00:53:05	00:51:19	1503		V45	176
1449	794	Thiago Medeiros	00:27:52	00:53:06	00:50:26	1349		Senior	357
1450	1890	Luis Domingues	00:27:30	00:53:06	00:50:08	1304		Senior	358
1451	5404	João Rodrigues	00:27:06	00:53:06	00:51:54	1633		Senior	359
1452	3611	Miguel Frias	00:27:26	00:53:06	00:52:10	1695	MAD Runners	V35	311
1453	3417	Olga Figueiredo	00:27:30	00:53:06	00:52:06	1680	ugc	V40	12
1454	5349	João Malto	00:28:05	00:53:07	00:51:01	1441		V40	279
1455	3715	Sérgio Coimbra	00:28:32	00:53:07	00:49:22	1151		V40	280
1456	3202	Nuno Silva	00:23:01	00:53:08	00:52:52	1840		V45	177
1457	1994	Sérgio Jorge	00:28:37	00:53:08	00:50:00	1286		V45	178
1458	5306	Benjamim Mendes	00:28:27	00:53:08	00:49:50	1251	KPMG Portugal	Senior	360
1459	2340	Joaquim Mamede	00:26:39	00:53:08	00:52:25	1747		V55	69
1460	4055	Paulo Grilo	00:26:59	00:53:09	00:52:20	1734		V40	281



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1461	5329	Joao Cordeiro	00:28:46	00:53:09	00:50:39	1387	KPMG Portugal	Senior	361
1462	4353	Pedro Nunes	00:28:02	00:53:09	00:49:41	1218	CRP-Ribafria	Senior	362
1463	5803	Alexandra Inácio	00:26:48	00:53:10	00:52:13	1701		V40	13
1464	33	Diogo Arraias	00:28:39	00:53:10	00:49:55	1264	Os Arraias	V55	70
1465	5804	Paulo Inácio	00:26:47	00:53:10	00:52:14	1708		Senior	363
1466	3013	José Pedro	00:27:47	00:53:11	00:50:28	1354		V60	34
1467	1237	Nuno Carvalho	00:27:21	00:53:11	00:51:51	1624		V40	282
1468	5086	Hugo Carmo	00:29:04	00:53:11	00:49:11	1113		Senior	364
1469	1311	Eduardo Reis	00:27:52	00:53:12	00:50:42	1393		V40	283
1470	4501	Fernanda Camacho	00:25:07	00:53:12	00:53:07	1881		V40	14
1471	5675	Jose Vermelhudo	00:26:59	00:53:12	00:51:53	1628		V50	103
1472	6156	Joao Catarino	00:25:50	00:53:12	00:51:39	1583	DRELRA	V45	179
1473	370	Miguel Fernandes	00:27:19	00:53:13	00:51:23	1516		V40	284
1474	3014	Liliana Louro	00:26:35	00:53:13	00:52:42	1800	BIVAC IBERICA	V35	19
1475	4853	Gonçalo Pereira	00:26:14	00:53:13	00:51:08	1459		V35	312
1476	2098	António Brás	00:28:34	00:53:14	00:49:28	1178		V40	285
1477	3796	Cristina Mourato	00:27:53	00:53:14	00:50:46	1400	AI EU'S	V35	20
1478	3040	Gonçalo Silva	00:25:48	00:53:14	00:51:24	1522	we love running	Senior	365
1479	1196	Miguel Capela	00:27:16	00:53:14	00:50:16	1323		V40	286
1480	1575	Thelmo Cunha	00:26:31	00:53:15	00:52:17	1719	ODEBRECHT PORTUGAL	V50	104



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1481	3832	João Abreu	00:28:07	00:53:15	00:51:41	1587		V35	313
1482	1801	Jose Lemos	00:26:55	00:53:16	00:51:36	1572		V35	314
1483	1285	Carlos Azevedo	00:27:37	00:53:16	00:52:50	1834	Montepio Crédito	V45	180
1484	6164	Miguel Laranjo	00:27:56	00:53:16	00:50:23	1340	IST Run Lisboa	Senior	366
1485	5000	Rodrigo Nogueira	00:27:43	00:53:17	00:49:08	1102		Senior	367
1486	5475	Licínio Simões	00:28:56	00:53:17	00:49:19	1141	Atomic Team	Senior	368
1487	5512	Rui Gomes	00:26:20	00:53:17	00:52:01	1665	Samsung	V35	315
1488	3658	Pedro Rodrigues	00:26:40	00:53:18	00:53:09	1890	GFD Running	V40	287
1489	3262	Miguel Aires	00:29:09	00:53:19	00:49:33	1198	ITDS	V55	71
1490	6073	César Viegas	00:26:41	00:53:19	00:52:52	1839		V55	72
1491	3653	Margarida Pinto	00:26:42	00:53:19	00:53:11	1897	GFD Running	V40	15
1492	2429	Pedro Machado	00:26:23	00:53:19	00:53:07	1880		Senior	369
1493	2930	Lourenço Santos	00:28:45	00:53:19	00:48:40	1005		V35	316
1494	132	Nuno Malaquias	00:26:36	00:53:20	00:51:59	1655		V35	317
1495	6039	Jorge Costa	00:28:02	00:53:20	00:49:50	1248		V35	318
1496	4056	Mário Cláudio	00:29:16	00:53:21	00:49:58	1273		V35	319
1497	1358	Ana Figueiredo	00:28:08	00:53:21	00:50:15	1320		V35	21
1498	42	Miguel Cabrita	00:31:42	00:53:21	00:41:46	234		Senior	370
1499	1563	Francisco Fatela	00:29:30	00:53:21	00:48:35	994	ContrAltaFinanca	Senior	371
1500	5380	João Guerreiro	00:27:08	00:53:22	00:51:43	1596		Senior	372



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1501	474	Horácio Oliveira	00:28:30	00:53:22	00:48:53	1046	Cannonball Runners	V40	288
1502	3822	Bruno Gomes	00:29:16	00:53:22	00:49:59	1280		V35	320
1503	1243	Alberto Monteiro	00:26:47	00:53:22	00:51:54	1634		V40	289
1504	5583	Sandeep Jha	00:28:06	00:53:22	00:50:49	1412		Senior	373
1505	144	Henrique Ruivo	00:27:08	00:53:23	00:51:03	1446	Tartarugas Solidarias	V50	105
1506	4591	Paulina Matos	00:28:21	00:53:23	00:49:56	1267		Senior	34
1507	1340	Afonso Pino	00:27:02	00:53:23	00:52:02	1669	Etiopes e Quenianos	V35	321
1508	3160	Martín Santos	00:28:32	00:53:24	00:49:15	1123		Senior	374
1509	350	Pedro Novo	00:29:04	00:53:24	00:49:07	1099		V40	290
1510	4136	Simao Pacheco	00:27:19	00:53:25	00:50:25	1346	Be3	V35	322
1511	735	Sandra Gonçalves	00:26:01	00:53:25	00:53:12	1899	Os gloriosos	Senior	35
1512	1324	Jorge Campos	00:27:45	00:53:26	00:51:04	1448		V40	291
1513	2029	Gustavo Luís	00:27:52	00:53:27	00:51:39	1581		Senior	375
1514	4968	Manuel Sequeira	00:27:11	00:53:27	00:52:05	1675	G.D.C.T. REPSOL POLÍMEROS	V60	35
1515	3439	Jorge Morgado	00:26:58	00:53:27	00:51:59	1652		V50	106
1516	363	Helder Cruz	00:27:40	00:53:29	00:52:09	1693		V40	292
1517	1127	Miguel Marques	00:26:30	00:53:29	00:52:01	1663	SAMIPE	V35	323
1518	6063	Nuno Pereira	00:25:31	00:53:30	00:53:22	1925	Sporting Clube de Casainhos	V40	293
1519	3712	Mário Rodrigues	00:26:01	00:53:30	00:53:21	1923		V40	294
1520	445	Ricardo Dias	00:27:38	00:53:30	00:51:22	1515	Tuareg	V40	295



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1521	5953	Tânia Rodrigues	00:26:48	00:53:31	00:52:49	1829		Senior	36
1522	2510	Fernando Carrilho	00:26:11	00:53:31	00:52:07	1682		V55	73
1523	4153	Paulo Vieira	00:29:49	00:53:32	00:52:01	1661		V45	181
1524	2754	Edgar Santos	00:28:24	00:53:32	00:49:15	1125	Lobos do Carvalho	Senior	376
1525	3972	Francisco Santos	00:28:12	00:53:32	00:50:22	1339		V35	324
1526	1383	Rui Carvalho	00:25:17	00:53:33	00:53:02	1865		V35	325
1527	1897	Miguel Cachao	00:28:03	00:53:33	00:48:43	1018		Senior	377
1528	3682	Fernando Pestana	00:25:48	00:53:34	00:53:21	1919	Clube Ferroviário de Portugal	V65	18
1529	184	Helena Moreira	00:27:42	00:53:34	00:52:56	1849		V35	22
1530	2986	Sérgio Gonçalves	00:27:51	00:53:34	00:51:09	1466	Os Quebra-milhas	V35	326
1531	225	Bruno Reis	00:29:18	00:53:34	00:49:31	1187		Senior	378
1532	5685	José Melato	00:28:44	00:53:34	00:50:00	1284	Glory Global Solutions	V35	327
1533	2433	Joel Guerra	00:28:57	00:53:35	00:51:03	1447	JMJM	V35	328
1534	2050	Eduardo Pinto	00:29:32	00:53:35	00:49:59	1281		Senior	379
1535	818	Vítor Martins	00:26:22	00:53:35	00:52:41	1790		V35	329
1536	4513	Paulo Silva	00:27:26	00:53:35	00:52:20	1730	Toupeiro	V35	330
1537	3842	Helena Leitão	00:26:07	00:53:35	00:52:26	1752	RunLovers	V40	16
1538	4676	Bruno Piegas	00:25:37	00:53:36	00:53:07	1879		V35	331
1539	5376	Bernardo Capinha	00:27:00	00:53:36	00:52:23	1742		Senior	380
1540	3257	Jose Conde	00:27:33	00:53:36	00:51:13	1480		V45	182



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1541	3671	Nuno Silva	00:24:58	00:53:36	00:53:05	1875		V35	332
1542	4324	Álvaro Rodrigues	00:28:42	00:53:36	00:48:51	1038		Senior	381
1543	1473	Carlos Martins	00:27:52	00:53:36	00:51:56	1642		Senior	382
1544	5853	José Ginó	00:28:53	00:53:37	00:49:33	1197		V45	183
1545	3277	Abel Costa	00:25:57	00:53:37	00:53:03	1869	Grupo Desportivo de Chelas	V55	74
1546	5469	Carla Lopes	00:26:19	00:53:37	00:52:57	1853	GDINE	V40	17
1547	5056	Manuel Valença	00:28:40	00:53:37	00:49:25	1163		Senior	383
1548	238	Fernando Fiéis	00:28:51	00:53:37	00:50:55	1426		V40	296
1549	2272	Cândido Alves	00:28:31	00:53:38	00:50:39	1388	CCD Crédito Agrícola Mútuo	V40	297
1550	5887	José Madeira	00:27:59	00:53:38	00:50:45	1399		V35	333
1551	507	João Ferreira	00:27:12	00:53:38	00:51:35	1569	AMIGOS DA FLOR	V55	75
1552	2920	Paulo Quendera	00:26:55	00:53:39	00:51:50	1619	BRRnightRUNNERS	V35	334
1553	2327	Tiago Palheira	00:27:09	00:53:39	00:52:10	1697		Senior	384
1554	2500	Paulo Chaves	00:28:14	00:53:39	00:52:43	1806		V50	107
1555	1003	Carlos Noronha	00:30:02	00:53:39	00:49:24	1155		Senior	385
1556	5244	Gonçalo Lavareda	00:29:31	00:53:40	00:50:35	1381		Senior	386
1557	504	Ricardo Filipe	00:29:27	00:53:40	00:49:02	1082	A Lebre e os Outros	Senior	387
1558	307	José Córias	00:29:08	00:53:41	00:49:24	1156		Senior	388
1559	2844	Fernando Marques	00:28:41	00:53:42	00:50:13	1310	Clube do Pessoal EDP Carregado	V60	36
1560	1547	Filipe Junqueira	00:28:09	00:53:42	00:51:48	1608		Senior	389



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1561	3960	José Serra	00:27:59	00:53:42	00:51:37	1575	Bue da Serras	V60	37
1562	1618	Jorge Pinto	00:26:43	00:53:42	00:52:49	1832	AMIGOS PARA SEMPRE	V65	19
1563	4486	Nuno Santos	00:26:01	00:53:44	00:53:38	1993		V35	335
1564	1675	César Pereira	00:28:49	00:53:44	00:49:00	1072		Senior	390
1565	1513	Mário Gonçalves	00:27:06	00:53:45	00:53:12	1898	Gil Eanes Running	V40	298
1566	4648	Joao Santos	00:29:23	00:53:45	00:49:50	1249		V50	108
1567	2773	Tiago Silva	00:27:59	00:53:45	00:50:48	1406	Original Runners	V35	336
1568	709	Iolanda Soares	00:28:36	00:53:46	00:51:24	1526	Soares Family and Friends	V45	13
1569	5980	Ricardo Candeias	00:25:40	00:53:47	00:52:51	1838	OS AMIGOS DA ALAMEDA	Senior	391
1570	3918	Max Guimarães	00:29:10	00:53:47	00:49:30	1183		Senior	392
1571	3598	Jorge Silva	00:27:17	00:53:47	00:53:35	1975		V40	299
1572	488	Nuno Ferreira	00:28:46	00:53:47	00:51:47	1602	Tartarugas Solidarias	Senior	393
1573	4325	Pedro Coelho	00:29:12	00:53:48	00:49:31	1191		Senior	394
1574	5438	Alessandra Trolli	00:28:03	00:53:48	00:50:55	1425	IST Run Lisboa	Senior	37
1575	3115	Tiago Mendes	00:28:40	00:53:49	00:52:02	1671		Senior	395
1576	4675	Nuno Silva	00:27:17	00:53:49	00:53:37	1986		V35	337
1577	5574	Nuno Pedroso	00:28:33	00:53:50	00:51:19	1502	Vodafone	V40	300
1578	971	Pedro Sousa	00:28:44	00:53:50	00:49:10	1105		Senior	396
1579	58	João Mealhas	00:26:58	00:53:50	00:51:01	1440		Senior	397
1580	4721	Rui Henriques	00:28:55	00:53:50	00:49:03	1086	AFO	Senior	398



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1581	3721	Hélio Guerra	00:30:29	00:53:50	00:49:20	1143	Os Conta-Kilómetros	Senior	399
1582	1686	Jorge Lopes	00:28:05	00:53:50	00:52:18	1723	Tarahumara	V50	109
1583	4762	Miguel Pereira	00:26:28	00:53:51	00:51:50	1614		V35	338
1584	3062	Finlay Harrison	00:28:06	00:53:51	00:51:03	1445		Junior	21
1585	492	Luis Martins	00:27:02	00:53:51	00:51:46	1598		V40	301
1586	2054	Paulo Louro	00:31:14	00:53:51	00:45:43	600		V50	110
1587	1872	Fernando Ferreira	00:27:53	00:53:51	00:51:07	1456		V40	302
1588	1871	Carlos Cerdeira	00:27:53	00:53:51	00:51:08	1463		V35	339
1589	2444	Márcio Felício	00:27:10	00:53:51	00:51:30	1548		Senior	400
1590	2384	João Palmeiro	00:26:21	00:53:51	00:53:20	1918		Junior	22
1591	2534	Sandra Ribeiro	00:27:10	00:53:52	00:53:08	1886	Ribeirinhos&Co	V40	18
1592	5416	Bruno Silva	00:30:03	00:53:52	00:50:06	1296		Senior	401
1593	4397	Mario Aparício	00:28:19	00:53:52	00:49:52	1255	Run em All	Senior	402
1594	1195	Pedro Serrano	00:29:43	00:53:52	00:51:35	1564		V35	340
1595	4052	José Gouveia	00:26:24	00:53:52	00:53:11	1895		V45	184
1596	2656	Daniel Carapau	00:29:09	00:53:52	00:50:15	1318		V35	341
1597	2186	Ricardo Santana	00:28:09	00:53:52	00:51:58	1651		Senior	403
1598	1700	Manuel Potes	00:28:10	00:53:53	00:52:20	1731		V40	303
1599	1402	Rui Bernardino	00:29:26	00:53:53	00:49:28	1173		Senior	404
1600	368	Luis Martins	00:28:18	00:53:54	00:49:53	1261	MSCJ	V35	342



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1601	5157	Rui Pinto	00:29:45	00:53:54	00:49:55	1263	Cruse Maio Pinto	V40	304
1602	3994	José Augusto	00:29:47	00:53:55	00:49:21	1147	Smells like team spirit	Senior	405
1603	670	Ricardo Correia	00:28:38	00:53:55	00:49:49	1244		V35	343
1604	1612	João Silva	00:27:52	00:53:55	00:51:15	1490		V35	344
1605	3154	Nuno Maltez	00:29:28	00:53:56	00:50:16	1321		V40	305
1606	265	Orlando Jarra	00:28:14	00:53:56	00:53:00	1859		V45	185
1607	3287	Jorge Matos	00:27:41	00:53:57	00:52:56	1848		V45	186
1608	4736	Rui Meneses	00:29:29	00:53:57	00:50:16	1324		V40	306
1609	3347	Ricardo Oliveira	00:29:11	00:53:57	00:49:16	1129		Senior	406
1610	1166	Cristiano Marques	00:24:48	00:53:57	00:53:30	1950		V40	307
1611	5982	Helder Esteves	00:26:29	00:53:58	00:52:32	1771	RUN AWAY TEAM PORTUGAL	V35	345
1612	5927	Paulo Almeida	00:27:07	00:53:58	00:53:08	1884	CLUBE ACCENTURE	Senior	407
1613	3826	Daniel Pires	00:28:23	00:53:58	00:51:49	1609		Senior	408
1614	1480	Luis Monteiro	00:29:06	00:53:58	00:49:44	1229	Run4Beer	V40	308
1615	2448	Daniel Silva	00:28:23	00:53:59	00:51:16	1491		Senior	409
1616	2364	Joaquim Meirelles	00:27:13	00:53:59	00:51:07	1457	Fund Box	V45	187
1617	983	Filipa Gonçalves	00:27:29	00:53:59	00:52:50	1835		Senior	38
1618	580	Inês Mariquitos	00:27:29	00:54:00	00:52:50	1836		Senior	39
1619	2942	Nuno Almeida	00:27:24	00:54:00	00:52:06	1677	corre@correr	V60	38
1620	3726	Susana Adegas	00:25:51	00:54:00	00:53:35	1973		V45	14



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1621	1716	Amandio Busca	00:27:12	00:54:00	00:53:17	1910	NO LIMITS	V45	188
1622	3677	Neves Silva	00:28:10	00:54:01	00:51:42	1593	Clube Ferroviário de Portugal	V60	39
1623	3746	Ricardo Figueiredo	00:28:07	00:54:01	00:51:55	1636		V45	189
1624	4503	Luis Pereira	00:25:43	00:54:02	00:52:21	1735		Senior	410
1625	3575	José Gomes	00:26:44	00:54:02	00:52:01	1667		V35	346
1626	6061	Paulo Almeida	00:26:27	00:54:02	00:53:46	2022		V40	309
1627	629	Ricardo Vaz	00:27:00	00:54:02	00:53:37	1985		V35	347
1628	526	João Rodrigues	00:26:42	00:54:03	00:52:08	1688		V45	190
1629	3066	José Rodrigues	00:29:19	00:54:03	00:49:47	1239		V55	76
1630	2183	Raul Grilo	00:26:46	00:54:04	00:52:07	1683	MENU DE ATLETA	V55	77
1631	779	Bruno Pinto	00:25:06	00:54:04	00:53:10	1894		Senior	411
1632	5566	João Aires	00:29:00	00:54:05	00:51:01	1439		V35	348
1633	5281	Vera Mariz	00:27:08	00:54:05	00:52:49	1827	ITDS	Senior	40
1634	5253	Helder Pontes	00:28:26	00:54:05	00:51:23	1518		V35	349
1635	4078	Pedro Marques	00:27:34	00:54:05	00:52:03	1673		V35	350
1636	176	Bruno Duque	00:29:00	00:54:05	00:50:17	1328		Senior	412
1637	5664	Ricardo Gonçalves	00:27:19	00:54:05	00:53:27	1943	spor lisboa campolide	Senior	413
1638	2439	Bruno Teixeira	00:29:19	00:54:06	00:50:33	1373		Senior	414
1639	3003	Pedro Marcelino	00:28:55	00:54:07	00:50:08	1303		Senior	415
1640	5081	João Goulão	00:29:08	00:54:08	00:51:03	1444	Pardal	V40	310



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1641	2289	Fernando Homem	00:26:21	00:54:08	00:53:30	1949		V40	311
1642	5657	João Pereira	00:28:23	00:54:08	00:51:13	1483		V50	111
1643	3952	Jose Garrido	00:27:12	00:54:08	00:53:46	2019		V45	191
1644	887	Rui Silva	00:27:52	00:54:08	00:52:22	1737		V40	312
1645	1751	Jorge Tomaz	00:27:08	00:54:09	00:53:28	1946		V40	313
1646	678	Paulo Schofield	00:27:51	00:54:09	00:51:50	1618		V45	192
1647	5263	Francisco Ramalho	00:27:17	00:54:09	00:53:33	1968		V70	6
1648	4312	André Silva	00:27:42	00:54:09	00:53:48	2024		Senior	416
1649	2049	Gil Jorge	00:28:47	00:54:09	00:51:34	1561		V45	193
1650	5466	Telmo Oliveira	00:29:25	00:54:09	00:50:58	1435		V35	351
1651	5354	Mário Monteiro	00:26:14	00:54:11	00:53:30	1953	Os Galgos	V40	314
1652	1101	Barbara Conceição	00:27:08	00:54:11	00:53:41	2004		V40	19
1653	4788	Carlos Raposo	00:27:11	00:54:12	00:52:31	1767		V35	352
1654	5845	Joao Nunes	00:27:11	00:54:12	00:52:31	1766		Senior	417
1655	3389	Patricia Krug	00:28:57	00:54:12	00:49:36	1204	Authentic Pilates Lisboa	Senior	41
1656	4882	Luis Ramos	00:24:36	00:54:12	00:53:55	2045		V40	315
1657	6040	João Correia	00:26:54	00:54:13	00:52:29	1763		Senior	418
1658	359	Sérgio Dionísio	00:27:36	00:54:13	00:52:53	1843		V40	316
1659	1703	Nelson Kopke	00:28:18	00:54:13	00:52:23	1744		V40	317
1660	852	Fernado Oliveira	00:28:02	00:54:13	00:51:24	1524		V45	194



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1661	5519	Vasco Magalhaes	00:29:38	00:54:13	00:50:49	1410		V35	353
1662	5130	Alexandre Correia	00:28:35	00:54:14	00:51:31	1553		Junior	23
1663	2345	João Fatela	00:30:24	00:54:14	00:49:28	1177	ContrAltaFinanca	Junior	24
1664	4609	Marco Durão	00:27:58	00:54:15	00:52:26	1750		V35	354
1665	3783	Pedro Pereira	00:27:37	00:54:15	00:52:38	1782		V35	355
1666	4091	Fernando Duarte	00:26:49	00:54:15	00:53:04	1871	Corpo em Movimento	V35	356
1667	5116	Pedro Peixoto	00:26:46	00:54:15	00:53:39	1996		V40	318
1668	1609	Joao Vidinha	00:29:17	00:54:16	00:50:26	1348		V40	319
1669	3989	Filipe Carvalho	00:25:27	00:54:16	00:54:13	2119		V35	357
1670	5852	Jose Pita	00:29:17	00:54:17	00:51:31	1551		V50	112
1671	2156	Alcino Vieira	00:27:46	00:54:17	00:53:23	1928		V55	78
1672	407	Marta Rodrigues	00:27:56	00:54:17	00:52:31	1765		V40	20
1673	5395	José Roseiro	00:28:33	00:54:18	00:51:52	1625		V55	79
1674	2213	Renato Ramos	00:29:23	00:54:18	00:49:42	1220	Movet	V35	358
1675	3312	Bruno Graça	00:27:22	00:54:18	00:54:01	2065	uroruners	V35	359
1676	3311	Vasco Gomes	00:27:23	00:54:18	00:54:01	2066	uroruners	V35	360
1677	5856	José Freire	00:26:54	00:54:19	00:53:32	1960		V55	80
1678	1142	João Carricho	00:28:26	00:54:19	00:52:12	1699		V40	320
1679	1763	Paulo Renato	00:29:17	00:54:19	00:51:13	1481		V40	321
1680	5140	Tiago Ferreira	00:28:02	00:54:19	00:51:25	1531		Senior	419



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1681	4536	Rui Carvalho	00:30:49	00:54:19	00:47:26	815	Speedy Gonzales Team	Senior	420
1682	80	José Agapito	00:28:18	00:54:19	00:52:44	1808		V35	361
1683	3877	Wilson Reis	00:28:18	00:54:20	00:53:00	1860	Lebres de Pegões	V35	362
1684	3302	Luís Nunes	00:25:44	00:54:20	00:53:54	2041		V35	363
1685	4950	Bruno Quental	00:29:14	00:54:21	00:51:14	1488		V40	322
1686	2017	Sara Granjo	00:28:27	00:54:21	00:52:25	1746		Senior	42
1687	1264	Faizal Ismael	00:29:23	00:54:21	00:51:20	1507		V35	364
1688	228	Luis Pardal	00:27:10	00:54:22	00:54:03	2073		V45	195
1689	641	Joel Sousa	00:29:04	00:54:22	00:50:14	1312		V40	323
1690	667	Rui Braga	00:29:15	00:54:23	00:50:15	1315		V40	324
1691	2645	Ricardo Miranda	00:28:25	00:54:23	00:51:50	1615		V40	325
1692	5506	Adriano Santos	00:26:58	00:54:24	00:53:05	1876	Samsung	Senior	421
1693	471	Rui Barbosa	00:26:18	00:54:24	00:53:54	2040	Vodafone	V40	326
1694	5978	Joaquim Costa	00:27:33	00:54:24	00:53:24	1932	OS AMIGOS DA ALAMEDA	V50	113
1695	697	Luís Castilho	00:27:16	00:54:25	00:53:37	1983		Senior	422
1696	2329	Andre Antunes	00:25:38	00:54:25	00:53:31	1956	NEPJD	V40	327
1697	6000	Masayuki Kibe	00:28:02	00:54:25	00:53:03	1867	OMOTENASHI	V35	365
1698	5101	Bruno Proenca	00:28:31	00:54:26	00:51:30	1547		Senior	423
1699	2995	António Louro	00:29:18	00:54:26	00:51:10	1469	Winners Team	V45	196
1700	2402	Paulo Esperança	00:25:29	00:54:26	00:54:05	2083		V40	328



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1701	2046	Emanuel Borges	00:27:41	00:54:26	00:50:30	1367		V35	366
1702	1286	Rui Almeida	00:29:30	00:54:27	00:50:30	1365		V40	329
1703	6166	Américo Cacheira	00:25:41	00:54:28	00:54:12	2116		V50	114
1704	4150	Jorge Leitão	00:29:57	00:54:28	00:50:50	1416		V45	197
1705	1252	Francisco Sardinha	00:27:29	00:54:28	00:53:24	1934	Correr Lisboa	V40	330
1706	4400	Antonio Duarte	00:29:19	00:54:28	00:50:44	1397		V50	115
1707	497	Rui Girão	00:27:50	00:54:28	00:51:56	1641		Senior	424
1708	4131	Jose Morujo	00:28:08	00:54:28	00:52:23	1743		V50	116
1709	5439	Ricardo Silvestre	00:25:40	00:54:29	00:54:06	2093	BRRnightRUNNERS	Senior	425
1710	2738	Luís Matos	00:27:35	00:54:29	00:52:08	1685		V45	198
1711	2151	Sofia Marques	00:27:17	00:54:29	00:52:40	1789	BRRnightRUNNERS	V40	21
1712	1104	Gonçalo Andrade	00:27:48	00:54:29	00:51:39	1584		V35	367
1713	1580	Maria Cortesão	00:27:09	00:54:30	00:54:13	2121	Centro de Cultura e Desporto dos Trabalhadores	Senior	43
1714	758	Alexandre Domingos	00:29:36	00:54:30	00:49:27	1171		V40	331
1715	2499	Ricardo Matos	00:27:59	00:54:30	00:52:19	1728		V40	332
1716	836	Paulo Domingues	00:27:00	00:54:30	00:54:07	2100		V40	333
1717	4987	Manuel Viegas	00:28:25	00:54:31	00:51:42	1590		V45	199
1718	4914	Ivo Ferreira	00:29:19	00:54:32	00:51:20	1510		V35	368
1719	4640	João Segundo	00:26:53	00:54:32	00:53:27	1940		V35	369
1720	4204	Jorge Guilherme	00:26:23	00:54:32	00:53:50	2028		V35	370



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1721	2781	José Milagres	00:26:53	00:54:33	00:53:36	1979	GDCT Unicre	V55	81
1722	6074	Céu Viegas	00:26:51	00:54:33	00:54:05	2087		V50	5
1723	922	Susana Pires	00:27:56	00:54:33	00:52:17	1720		Senior	44
1724	3399	Nuno Alves	00:25:51	00:54:34	00:54:18	2141		V60	40
1725	2088	Vítor Alveirinho	00:26:48	00:54:34	00:54:00	2060		Senior	426
1726	1875	David Teodósio	00:28:36	00:54:34	00:52:48	1823	Red Runners	Senior	427
1727	1876	Rui Costa	00:28:40	00:54:34	00:52:49	1826	Red Runners	V40	334
1728	4553	Nuno Santos	00:25:21	00:54:35	00:54:21	2152	Vodafone	V35	371
1729	4580	Cátia Pedro	00:28:16	00:54:35	00:53:33	1967	GDINE	Senior	45
1730	4059	Mark Lavita	00:26:38	00:54:35	00:54:03	2077		V35	372
1731	5522	Rui Dias	00:26:56	00:54:37	00:52:22	1739		V35	373
1732	3663	Joaquim Gomes	00:28:24	00:54:38	00:54:09	2103	Amigos Vale Silencio	V65	20
1733	3403	Filipe Freitas	00:28:41	00:54:38	00:51:56	1638		V35	374
1734	1047	José Cruz	00:28:55	00:54:39	00:51:52	1627		V60	41
1735	538	Augusto Caria	00:26:11	00:54:40	00:54:23	2157		V60	42
1736	1388	Jorge Esteves	00:28:43	00:54:40	00:51:34	1557		V40	335
1737	47	José Pimentel	00:29:03	00:54:40	00:54:17	2137		Senior	428
1738	1752	António Boavida	00:26:57	00:54:40	00:54:25	2171		V50	117
1739	4795	Jorge Vaz	00:28:39	00:54:40	00:52:00	1657	BRRnightRUNNERS	V40	336
1740	127	Carlos Marques	00:25:56	00:54:41	00:54:30	2184		V50	118



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1741	2583	Nuno Sobral	00:28:18	00:54:42	00:50:57	1432	Run Buddy Run	V35	375
1742	5408	Fábio Gutierrez	00:26:08	00:54:42	00:54:13	2122	Gutis	Senior	429
1743	5798	Patricia Encarnacao	00:28:29	00:54:43	00:53:33	1969		V40	22
1744	2752	Pedro Lopes	00:28:17	00:54:43	00:50:58	1434	Run Buddy Run	V40	337
1745	882	Antonio Franco	00:29:05	00:54:44	00:51:09	1468		V45	200
1746	431	António Morgado	00:26:59	00:54:44	00:52:58	1857	Clube ANA Lisboa	V55	82
1747	3858	Jorge Bento	00:28:40	00:54:45	00:49:59	1283		V40	338
1748	2623	Rodrigo Valgôde	00:28:40	00:54:45	00:51:35	1567		Senior	430
1749	1430	João Lobo	00:28:37	00:54:45	00:51:29	1546		Senior	431
1750	1403	Ricardo Gameiro	00:29:35	00:54:45	00:51:53	1629		V40	339
1751	672	Mario Silva	00:27:51	00:54:46	00:52:27	1756		V45	201
1752	2280	Miguel Vinagre	00:28:39	00:54:46	00:51:38	1578	CCD Crédito Agrícola Mútuo	V35	376
1753	5636	Bruno Lopes	00:27:04	00:54:46	00:52:42	1794		Senior	432
1754	2052	Helder Simas	00:27:57	00:54:47	00:51:40	1585		V45	202
1755	5120	Luis Machado	00:28:23	00:54:48	00:54:20	2148		V35	377
1756	3531	Eurico Gomes	00:28:04	00:54:48	00:52:02	1668		V50	119
1757	454	Joaquim Costa	00:28:47	00:54:48	00:52:16	1717	Arco Iris	V60	43
1758	3236	Nuno Moura-Pinheiro	00:26:41	00:54:49	00:54:08	2101		V40	340
1759	4429	Pedro Rodrigues	00:28:03	00:54:49	00:54:14	2124	Team Runing Odivelas	Senior	433
1760	2850	Rui Soares	00:26:31	00:54:49	00:54:18	2139	SS CGD	V35	378



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1761	2598	Rute Briganti	00:27:27	00:54:49	00:52:52	1842		V35	23
1762	5199	Jorge Fernandes	00:27:15	00:54:49	00:53:53	2039		V35	379
1763	5681	João Ferreira	00:29:15	00:54:49	00:53:17	1914		Senior	434
1764	1486	Rui Heitor	00:27:47	00:54:50	00:51:53	1630		V35	380
1765	566	António Jorge	00:28:03	00:54:51	00:53:39	1995		V60	44
1766	4336	Licinia Rego	00:27:13	00:54:51	00:54:09	2104		V45	15
1767	4403	Susana Frazão	00:28:23	00:54:51	00:54:23	2160		Senior	46
1768	2013	Jose Andrade	00:28:01	00:54:52	00:54:32	2188		V45	203
1769	648	Paulo Cacula	00:27:59	00:54:53	00:53:46	2020		V45	204
1770	3594	Maria Ribeiro	00:28:52	00:54:53	00:51:49	1610		V40	23
1771	3757	Alberto Matias	00:28:05	00:54:53	00:53:52	2033		V55	83
1772	1903	Nuno Almeida	00:27:30	00:54:53	00:53:25	1938	Os Intocáveis	V35	381
1773	3706	Ana Martins	00:28:05	00:54:53	00:53:53	2036	Grupo Recreativo e Desportivo "OS FIXES"	V45	16
1774	1904	Carlos José	00:27:30	00:54:53	00:53:25	1935	Os Intocáveis	V45	205
1775	5107	Andre Martins	00:28:27	00:54:54	00:52:18	1724		Senior	435
1776	5746	Mafalda Pinheiro	00:28:07	00:54:54	00:52:31	1768	KPMG Portugal	Senior	47
1777	5463	Ricardo Marquês	00:29:14	00:54:54	00:51:28	1544	CRP-Ribafria	Senior	436
1778	4804	Luis Chaby	00:30:02	00:54:55	00:51:35	1566	Microsoft One	V40	341
1779	2446	Paula Coelho-Da-Silva	00:28:25	00:54:55	00:54:21	2151		V45	17
1780	179	Carla Fernandes	00:27:09	00:54:55	00:54:37	2203	Correr Lisboa	V35	24



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1781	508	Manuel Hortelão	00:29:27	00:54:55	00:52:42	1797	AMIGOS DA FLOR	V40	342
1782	3319	Rodolfo Rapaz	00:29:15	00:54:55	00:51:17	1498		V40	343
1783	171	Jorge Paulo	00:28:56	00:54:55	00:52:15	1712		V55	84
1784	5705	Tiago Coelho	00:28:44	00:54:55	00:52:13	1704		Senior	437
1785	303	Joaquim Gamito	00:28:26	00:54:55	00:52:49	1828		V50	120
1786	2859	Dalia Rato	00:27:33	00:54:55	00:53:04	1872		V50	6
1787	3959	Rodolfo Serra	00:28:02	00:54:55	00:52:52	1841	Bue da Serras	Senior	438
1788	5209	Tomás Loureiro	00:26:47	00:54:56	00:54:20	2147		Junior	25
1789	6004	Andrey Rodrigues	00:29:56	00:54:56	00:50:56	1428	Prosegur	Senior	439
1790	4685	Ricardo Figueiredo	00:27:23	00:54:57	00:52:59	1858		V35	382
1791	5399	Sara Silva	00:27:09	00:54:57	00:54:40	2214	Correr Lisboa	V35	25
1792	5250	Sofia Fernandes	00:28:29	00:54:57	00:52:27	1755		Senior	48
1793	3162	Filipe Augusto	00:27:39	00:54:57	00:54:18	2138		V35	383
1794	4406	Paulo Fernandes	00:27:07	00:54:57	00:53:30	1951	Açoreana Clube Banif	V45	206
1795	5249	Marta Quina	00:28:29	00:54:57	00:52:27	1757		V40	24
1796	1909	Pedro Quina	00:28:29	00:54:57	00:52:26	1753		V45	207
1797	6086	Manuel Pais	00:30:42	00:54:58	00:51:13	1482	YUNIT	Senior	440
1798	6083	João Costa	00:30:42	00:54:58	00:51:13	1479	YUNIT	V40	344
1799	3393	João Reis	00:29:12	00:54:58	00:51:57	1647	Valejas Atlético Clube	V45	208
1800	4800	Luiz Caracol	00:28:06	00:54:58	00:52:08	1686	Speed of Yellow	V35	384



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1801	5761	Marta Lopes	00:27:21	00:54:58	00:54:24	2163		V45	18
1802	5762	Natalino Lopes	00:27:21	00:54:58	00:54:24	2164		V55	85
1803	1768	Nuno Lanita	00:27:14	00:54:59	00:53:03	1868		V35	385
1804	1755	Helder Rosário	00:28:55	00:54:59	00:51:41	1589		Senior	441
1805	299	Antonio Baldo	00:30:53	00:54:59	00:50:15	1319	Panquecas	Senior	442
1806	5167	Patrícia Pinheiro	00:26:56	00:55:00	00:54:43	2230	Amigos Atletismo Mafra	Junior	4
1807	4544	Paulo Nuno	00:30:49	00:55:00	00:48:12	932	Speedy Gonzales Team	V35	386
1808	339	João Santos	00:30:53	00:55:00	00:50:17	1331		V40	345
1809	705	Luís Cunha	00:29:41	00:55:01	00:50:29	1362		V40	346
1810	2530	Alexandre Costa	00:28:48	00:55:01	00:53:14	1904	NTG	V40	347
1811	5814	Ana Narciso	00:28:19	00:55:01	00:53:37	1988		Senior	49
1812	5239	Isabel Nicolau	00:26:55	00:55:02	00:54:02	2068		V40	25
1813	4252	Carlos Lima	00:29:27	00:55:03	00:51:20	1508		V40	348
1814	3916	Maria Carvalho	00:27:21	00:55:03	00:54:25	2170		Senior	50
1815	20	Tiago Delgado	00:28:11	00:55:04	00:53:01	1863		Senior	443
1816	3977	Sónia Freire	00:29:16	00:55:04	00:52:34	1774		V35	26
1817	3981	Mónica Rodrigues	00:29:16	00:55:04	00:52:34	1775		V35	27
1818	2990	Fernando Lourenço	00:27:15	00:55:04	00:54:33	2192	COFACO AÇORES, SA	V60	45
1819	5202	José Ribeiro	00:26:30	00:55:05	00:54:40	2215		V45	209
1820	5092	Rosalina Gil	00:27:25	00:55:05	00:54:03	2074		Senior	51



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1821	5832	Pedro Cipriano	00:29:58	00:55:05	00:51:14	1486		V50	121
1822	3774	Helder Santos	00:29:23	00:55:05	00:50:17	1330		Senior	444
1823	2669	Ana Pascoal	00:28:44	00:55:05	00:52:04	1674		Senior	52
1824	5714	Nuno Teixeira	00:25:42	00:55:06	00:54:52	2264		V35	387
1825	5138	Rita Garcia	00:29:14	00:55:07	00:52:42	1796	Queluz Runners	Senior	53
1826	1355	João Desirat	00:26:57	00:55:07	00:54:43	2227		Senior	445
1827	2196	Ricardo Catarino	00:28:51	00:55:07	00:53:47	2023		Senior	446
1828	765	Ulisses Valas	00:30:58	00:55:07	00:54:21	2150		V40	349
1829	3240	João Gomes	00:30:44	00:55:07	00:51:35	1563		V40	350
1830	2539	Samuel Martins	00:29:33	00:55:07	00:52:15	1711		V35	388
1831	190	Luis Teixeira	00:26:10	00:55:07	00:54:38	2207		Senior	447
1832	5624	Christiane Monteiro	00:28:53	00:55:08	00:51:57	1648		Senior	54
1833	2628	Fernando Vergamota	00:28:02	00:55:08	00:54:06	2095		V55	86
1834	1277	Ricardo Geraldés	00:29:48	00:55:09	00:51:04	1449		Senior	448
1835	4149	Vitor Teixeira	00:27:21	00:55:11	00:54:32	2187		V50	122
1836	3183	Miguel Garcia	00:27:11	00:55:11	00:53:34	1970		V40	351
1837	2498	Rui Balbeira	00:28:32	00:55:11	00:51:56	1639		V35	389
1838	2648	Luís Coelho	00:28:04	00:55:11	00:53:36	1977		V50	123
1839	5146	Custodio Quibina	00:28:25	00:55:12	00:52:08	1684		Senior	449
1840	2520	Luís Filipe	00:28:17	00:55:12	00:53:15	1908	Colinas Bike Tour	V35	390



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1841	5293	Bruno Gonçalves	00:27:49	00:55:12	00:54:03	2076		V35	391
1842	4412	Timoteo Caires	00:30:19	00:55:12	00:50:47	1403		V50	124
1843	3079	Jose Teixeira	00:26:27	00:55:12	00:54:47	2246		V55	87
1844	4065	Bruno Carvalho	00:29:18	00:55:13	00:52:01	1664		Senior	450
1845	913	Pedro Bastos	00:29:14	00:55:13	00:51:41	1588		V40	352
1846	159	Antonio Almeida	00:27:43	00:55:13	00:54:12	2113		V45	210
1847	5028	João Quelhas	00:28:34	00:55:14	00:51:19	1505		V35	392
1848	1555	Rui Pereira	00:25:41	00:55:14	00:55:08	2308		V40	353
1849	1469	Afonso Martins	00:28:30	00:55:14	00:54:34	2195	LUSO-ATLÂNTICA CORRETORES SA	Senior	451
1850	6176	Isabel Rodrigues	00:29:39	00:55:14	00:52:02	1670	Clube Olimpico de Oeiras	V40	26
1851	5317	João Madeira	00:26:31	00:55:14	00:54:43	2229	KPMG Portugal	V35	393
1852	4318	Eugénio Ribeiro	00:30:28	00:55:14	00:51:05	1453		Senior	452
1853	2785	Gonçalo Oliveira	00:27:12	00:55:15	00:54:14	2125	GDCT Unicre	V50	125
1854	3630	Joaquim Galvão	00:29:59	00:55:15	00:51:11	1472		V55	88
1855	827	João Duarte	00:29:09	00:55:15	00:53:08	1887		V60	46
1856	826	Leuis Vicent	00:29:08	00:55:15	00:53:08	1885		V50	126
1857	4261	Pedro Ruas	00:28:20	00:55:15	00:52:26	1749	Speed of Yellow	Senior	453
1858	5216	Agostinho Matos	00:25:33	00:55:16	00:55:09	2312		V35	394
1859	3395	Germano Louro	00:29:12	00:55:16	00:52:15	1713	Valejas Atlético Clube	Senior	454
1860	537	Joaquim Bentes	00:28:54	00:55:16	00:53:15	1907	trio	V60	47



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1861	2218	Joana Ribeiro	00:29:23	00:55:16	00:51:31	1549		Senior	55
1862	377	João Botelho	00:28:22	00:55:17	00:52:42	1792		V35	395
1863	1379	Tiago Rocha	00:28:24	00:55:18	00:52:15	1710		V35	396
1864	4181	Rogério Bento	00:28:57	00:55:18	00:53:07	1882	Fitness way Pinhal Novo	V40	354
1865	1978	João Domingos	00:27:40	00:55:18	00:53:18	1916		Senior	455
1866	813	Jose Henriques	00:28:19	00:55:19	00:54:01	2064		V40	355
1867	5163	Manuel Dias	00:30:02	00:55:19	00:52:02	1672	Microsoft One	V40	356
1868	814	Marina Henriques	00:28:19	00:55:19	00:54:02	2067		V45	211
1869	3764	Rita Vasconcelos	00:26:40	00:55:19	00:54:57	2274		V40	27
1870	4900	Anabela Carvalho	00:27:01	00:55:20	00:54:51	2256		Senior	56
1871	840	Fernando Nuno	00:27:53	00:55:20	00:52:43	1804	ACLIS LIBERTY SEGUROS	V50	127
1872	4306	Teresa Rodrigues	00:27:25	00:55:20	00:54:38	2206		V35	28
1873	1601	Augusto Ferreira	00:29:17	00:55:20	00:52:34	1776		V65	21
1874	5644	Deolinda Pinheiro	00:28:27	00:55:21	00:54:06	2094		V45	19
1875	732	Catarina Batista	00:28:00	00:55:21	00:53:13	1903		Senior	57
1876	463	Nuno Lourenço	00:27:18	00:55:21	00:54:42	2220		V40	357
1877	2854	Pedro Flores	00:27:49	00:55:21	00:53:15	1906		Senior	456
1878	4829	Ricardo Moniz	00:29:00	00:55:22	00:53:58	2053		V40	358
1879	5628	Miguel Torgal	00:30:07	00:55:22	00:50:50	1415		V35	397
1880	637	Francisco Vieira	00:28:56	00:55:22	00:53:57	2050	FPJ Runners	V45	212



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1881	3624	Rui Silva	00:29:45	00:55:22	00:51:24	1520		V35	398
1882	6093	Natalia Guilherme	00:29:36	00:55:22	00:52:41	1791		Senior	58
1883	923	Eduardo Freitas	00:28:57	00:55:23	00:53:57	2049		V45	213
1884	2647	Bruno Tecelão	00:28:26	00:55:23	00:53:21	1921		Senior	457
1885	2301	Anibal Carvalho	00:29:16	00:55:23	00:53:09	1888		V60	48
1886	5960	Marco Santos	00:26:47	00:55:24	00:55:01	2288		V35	399
1887	1595	António Pereira	00:27:06	00:55:24	00:54:51	2258	Gil Eanes Running	V60	49
1888	6151	António Simões	00:29:39	00:55:25	00:52:39	1785		V50	128
1889	917	Nuno Simões	00:28:01	00:55:25	00:54:29	2181	corre@correr	V35	400
1890	5272	Sara Assunção	00:27:47	00:55:26	00:53:41	2003		Senior	59
1891	5627	Arlete Rego	00:28:50	00:55:26	00:54:11	2108		Senior	60
1892	5072	Francisco Martins	00:29:29	00:55:26	00:52:39	1787		V35	401
1893	6075	Fernando Lopes	00:28:27	00:55:26	00:54:45	2237		V35	402
1894	441	Diogo Soares	00:28:43	00:55:26	00:53:09	1892	Clube ANA Lisboa	Senior	458
1895	5677	Nuno Gomes	00:30:00	00:55:26	00:51:49	1612		V35	403
1896	3527	Chiara Bedini	00:27:51	00:55:27	00:54:45	2238	Ericsson	V40	28
1897	110	Francisco Sabino	00:29:45	00:55:27	00:50:37	1382		Senior	459
1898	2755	Flávio Toscano	00:29:07	00:55:27	00:51:09	1464	Lobos do Carvalho	Senior	460
1899	3813	Alexandre Arana	00:27:51	00:55:27	00:54:45	2235	Ericsson	V45	214
1900	4454	Jose Dias	00:29:20	00:55:27	00:52:57	1852		V45	215



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1901	4072	Carlos Pombeiro	00:29:24	00:55:27	00:52:19	1727	Atomic Team	Senior	461
1902	4455	Benjamim Guerra	00:29:20	00:55:28	00:52:58	1856		V50	129
1903	3582	Eva Silva	00:27:51	00:55:28	00:54:46	2241	Ericsson	V35	29
1904	5089	Joao Barata	00:27:24	00:55:28	00:54:13	2120		V50	130
1905	2874	Danyel Cunha	00:29:11	00:55:29	00:51:34	1559		V40	359
1906	346	João Carrinho	00:27:47	00:55:29	00:54:08	2102		V45	216
1907	5031	Vitorino Carvalho	00:28:11	00:55:29	00:53:09	1891		V45	217
1908	883	Hugo Lopes	00:29:02	00:55:29	00:51:28	1539		Senior	462
1909	1544	Daniel Gondar	00:29:01	00:55:29	00:50:44	1396		V35	404
1910	3116	Jorge Cardoso	00:29:53	00:55:30	00:53:23	1929		V55	89
1911	1081	Joao Sotomayor	00:27:37	00:55:30	00:54:14	2123		V50	131
1912	3117	Guilherme Cardoso	00:29:54	00:55:30	00:53:24	1933		Senior	463
1913	3422	João Sequeira	00:28:33	00:55:30	00:54:19	2142	ugc	V35	405
1914	6152	Abel Luis	00:29:40	00:55:30	00:52:44	1807		V50	132
1915	1820	David Almeida	00:26:33	00:55:31	00:52:57	1855		V40	360
1916	2126	Pieter Kellen	00:28:40	00:55:32	00:53:58	2052		V35	406
1917	1706	Luis Guicho	00:26:54	00:55:33	00:55:08	2307		V35	407
1918	4474	André Régio	00:27:49	00:55:33	00:54:33	2194		Senior	464
1919	3153	Paulo Carreteiro	00:28:38	00:55:33	00:54:30	2183		V40	361
1920	2789	Hugo Baleizao	00:30:10	00:55:33	00:52:55	1846		V35	408



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1921	2190	Daniel Lima	00:29:41	00:55:33	00:51:18	1501	Matos, Fonseca & Friends	V35	409
1922	147	Avelino Pinheiro	00:28:39	00:55:33	00:52:48	1825		V45	218
1923	4361	Joaquim Ruivo	00:29:50	00:55:34	00:51:50	1621		V40	362
1924	4260	Carlos Santos	00:29:24	00:55:34	00:52:46	1817	Speed of Yellow	V35	410
1925	4807	Carlos Alfeirão	00:30:21	00:55:35	00:52:47	1820	IIKE A runner	Senior	465
1926	129	João Duarte	00:28:48	00:55:35	00:51:10	1470		Senior	466
1927	1160	António Pulido	00:31:11	00:55:35	00:51:20	1506	Clube ANA Lisboa	V40	363
1928	4813	Ricardo Jerónimo	00:30:21	00:55:35	00:52:48	1824	IIKE A runner	Senior	467
1929	3581	Vasco Fernandes	00:27:52	00:55:35	00:53:38	1992		V35	411
1930	5219	João Luís	00:28:29	00:55:36	00:52:01	1666	FMUL in t-shirts técnicas	Senior	468
1931	153	Rui Duarte	00:29:27	00:55:36	00:52:06	1678	Tartarugas Solidarias	V40	364
1932	5273	Ricardo Bordalo	00:29:38	00:55:36	00:54:35	2198		V45	219
1933	1627	João Lobato	00:30:18	00:55:36	00:53:28	1944		Senior	469
1934	87	Bruno Catarino	00:29:58	00:55:37	00:51:56	1645		V35	412
1935	3281	Carlos Tavares	00:29:47	00:55:38	00:54:38	2208	Grupo Desportivo de Chelas	Senior	470
1936	4663	Rui Antunes	00:29:21	00:55:38	00:52:19	1729		Senior	471
1937	1385	Carlos Silva	00:29:39	00:55:38	00:51:25	1528		V40	365
1938	167	Nuno Gonçalves	00:29:20	00:55:38	00:52:57	1854		V35	413
1939	1537	Luis Baião	00:29:46	00:55:39	00:51:11	1473	Team Alacrau	V35	414
1940	4717	Hugo Pereira	00:29:59	00:55:39	00:51:35	1565	AFO	V35	415



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1941	2791	Rui Mota	00:29:22	00:55:39	00:52:36	1779		Senior	472
1942	2142	Mario Jesus	00:28:39	00:55:39	00:54:05	2088		V40	366
1943	2370	Jose Santo	00:27:17	00:55:40	00:53:56	2047		V40	367
1944	2967	Daniel Silva	00:29:19	00:55:40	00:53:36	1978	running of dª maria	Senior	473
1945	3638	Marcos André	00:29:05	00:55:40	00:53:58	2056		Senior	474
1946	2613	Luis Duarte	00:27:01	00:55:40	00:55:14	2332		V40	368
1947	1275	Carla Roldao	00:30:05	00:55:41	00:51:47	1600		V40	29
1948	1274	Maria Roldao	00:30:05	00:55:41	00:51:47	1601		V40	30
1949	3335	Luis Tomé	00:30:57	00:55:41	00:51:34	1560		V40	369
1950	1273	Carlos Ribeirinho	00:30:05	00:55:41	00:51:47	1603		V45	220
1951	6107	Joaquim Ferreira	00:30:59	00:55:42	00:51:34	1558	Associação de Moradores de Atibá	V50	133
1952	714	Eduardo Ratola	00:28:55	00:55:42	00:52:39	1784		Senior	475
1953	916	Carlos Lopes	00:28:01	00:55:42	00:54:47	2244	corre@correr	V60	50
1954	1238	Filipe Duarte	00:26:51	00:55:43	00:53:54	2043		V35	416
1955	5470	Ana Trancoso	00:29:22	00:55:43	00:53:42	2006		Senior	61
1956	5596	Sónia Gomes	00:29:22	00:55:43	00:53:42	2009		V35	30
1957	4016	Roberto Pereira	00:27:13	00:55:43	00:54:58	2277	Fast and Furious	Senior	476
1958	421	Luis Matos	00:28:32	00:55:44	00:53:40	2001		V55	90
1959	2703	Paulo Pimpão	00:29:25	00:55:45	00:51:38	1579	Bazinga!	Senior	477
1960	4730	João Oliveira	00:28:05	00:55:45	00:54:49	2249		Junior	26



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1961	4729	Pedro Mogaleira	00:28:05	00:55:45	00:54:51	2261		V40	370
1962	3400	António Costa	00:27:51	00:55:45	00:54:12	2112		V50	134
1963	1634	Joaquim Gonçalves	00:29:43	00:55:46	00:53:21	1920		V45	221
1964	1194	Julio Santos	00:27:22	00:55:46	00:55:03	2293		V50	135
1965	1508	Carla Ferreira	00:29:03	00:55:46	00:54:16	2133	Ginásio Vivência Explosiva	V40	31
1966	4740	Francisco Vaz	00:30:22	00:55:46	00:51:14	1487		V40	371
1967	3727	Filipe Vieira	00:27:35	00:55:46	00:54:30	2182		Senior	478
1968	5846	Mário Jesus	00:29:38	00:55:46	00:51:52	1626		V40	372
1969	5947	Ricardo Viel	00:31:02	00:55:47	00:53:31	1958		Senior	479
1970	5861	Ilídio Estêvão	00:27:12	00:55:47	00:55:35	2390	14756850	V45	222
1971	4938	Laura Rego	00:27:19	00:55:47	00:55:20	2350		Junior	5
1972	5745	Miguel Rasteiro	00:31:46	00:55:48	00:51:11	1471	KPMG Portugal	Senior	480
1973	5050	Nuno Stoffel	00:28:39	00:55:48	00:54:02	2069	Red Runners	V40	373
1974	4854	Miguel Miranda	00:29:53	00:55:49	00:52:14	1709	FMUL in t-shirts técnicas	Senior	481
1975	1197	Pedro Silva	00:28:08	00:55:49	00:54:12	2117		V40	374
1976	2200	Pedro Mascarenhas	00:29:52	00:55:49	00:52:14	1706	FMUL in t-shirts técnicas	Senior	482
1977	1996	Maria Jacinto	00:27:34	00:55:49	00:54:47	2243		V45	20
1978	2116	Paulo Almeida	00:26:34	00:55:49	00:55:22	2355		V40	375
1979	5159	André Sousa	00:28:49	00:55:49	00:53:05	1874		Senior	483
1980	4855	Rita Orvalho	00:26:44	00:55:49	00:55:35	2392	Os Amigos da Pedrita	Senior	62



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1981	1972	Francisco Paraíba	00:30:24	00:55:50	00:51:12	1475	A Lebre e os Outros	V35	417
1982	1629	Rui Correia	00:28:57	00:55:50	00:55:17	2341		V45	223
1983	3142	Pedro Quadrio	00:30:26	00:55:50	00:51:12	1474		V40	376
1984	1472	Bruno Reis	00:27:11	00:55:50	00:55:27	2369		V40	377
1985	2982	Victor Rebocho	00:29:31	00:55:50	00:51:20	1509	Gamenho's Family	Senior	484
1986	3902	Julio Serras	00:30:20	00:55:51	00:51:26	1536		V40	378
1987	6146	Paulo Gonçalves	00:29:48	00:55:51	00:52:09	1690	NB Run	V45	224
1988	3361	Paulo Gonçalves	00:29:48	00:55:51	00:52:09	1689	NB Run	V45	225
1989	4331	João Bossa	00:29:47	00:55:51	00:52:10	1694	NB Run	Senior	485
1990	5066	Sílvia Pereira	00:28:37	00:55:52	00:53:59	2058	Run Crew Trail Montijo	V35	31
1991	3318	Pedro Barbosa	00:27:44	00:55:52	00:54:14	2129		Senior	486
1992	3090	João Marques	00:30:07	00:55:52	00:52:06	1681	Fundger, SA	V35	418
1993	2132	Ricardo Negrinho	00:28:40	00:55:52	00:52:30	1764		Senior	487
1994	3951	Jorge Alves	00:29:58	00:55:52	00:52:13	1702		V35	419
1995	5841	Ana Mata	00:30:00	00:55:52	00:51:59	1653		V40	32
1996	1241	Maria Gonçalves	00:28:51	00:55:52	00:53:40	2000		V45	21
1997	3491	Ana Coelho	00:28:38	00:55:52	00:53:59	2059	Run Crew Trail Montijo	V35	32
1998	806	Francisco Maia	00:30:09	00:55:52	00:52:49	1831		V55	91
1999	1856	Filipe Confiançudo	00:30:02	00:55:53	00:54:14	2127	Os Confiançudos	Senior	488
2000	5064	Pedro Cordeiro	00:29:15	00:55:53	00:52:15	1714		V40	379



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2001	5747	Nuno Esteves	00:28:07	00:55:53	00:53:31	1957	KPMG Portugal	V40	380
2002	1727	Pedro Mendonça	00:27:00	00:55:53	00:53:14	1905		V35	420
2003	1863	Luís Confiançado	00:30:00	00:55:53	00:54:14	2126	Os Confiançados	Senior	489
2004	2300	Paula Machado	00:29:45	00:55:53	00:52:00	1660		V60	1
2005	1112	Daniel Machado	00:27:44	00:55:54	00:53:35	1974		Senior	490
2006	5562	Pedro Carvalho	00:29:05	00:55:54	00:54:07	2099		Senior	491
2007	2811	Luísa Pintão	00:27:24	00:55:54	00:55:37	2398		V60	2
2008	4910	Luís João	00:28:05	00:55:55	00:52:38	1783	Microsoft One	V55	92
2009	4329	João Gonçalves	00:30:06	00:55:55	00:52:49	1833	PRIMOS POUSOS	V35	421
2010	3565	Nuno Pereira	00:29:27	00:55:57	00:51:17	1496		V35	422
2011	2279	Miguel Mendanha	00:29:17	00:55:57	00:52:47	1819	CCD Crédito Agrícola Mútuo	V35	423
2012	1359	Francisco Linhol	00:28:41	00:55:58	00:54:37	2204		V60	51
2013	1251	Carlos Santos	00:28:56	00:55:59	00:52:13	1703	Santos & Filho	Senior	492
2014	5882	Alexandre Cardoso	00:30:06	00:55:59	00:51:50	1616		V35	424
2015	272	Pedro Lopes	00:29:32	00:56:00	00:52:43	1802		V40	381
2016	2417	Luis Silva	00:29:10	00:56:00	00:54:58	2275		V35	425
2017	514	Nuno Filipe	00:28:52	00:56:00	00:52:56	1850		V35	426
2018	1705	Ana Guimarães	00:28:36	00:56:00	00:53:32	1962		V35	33
2019	1698	Sérgio Oliveira	00:28:36	00:56:01	00:53:32	1961		V45	226
2020	4277	Andreia Pires	00:29:13	00:56:02	00:53:58	2054		Senior	63



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2021	754	Rui Gonçalves	00:29:50	00:56:02	00:53:22	1924		V50	136
2022	3908	Sandra Serafim	00:28:53	00:56:02	00:53:53	2037	LINKSPORTS	V35	34
2023	669	Miguel Rodrigues	00:28:43	00:56:02	00:54:03	2071		V35	427
2024	2916	Pedro Boto	00:30:36	00:56:02	00:51:47	1599		V45	227
2025	3716	Filipa Carvaho	00:27:57	00:56:03	00:55:19	2345		Senior	64
2026	6055	Luis Sousa	00:30:02	00:56:03	00:52:44	1809	Microsoft One	V35	428
2027	3398	Pedro Alferes	00:28:41	00:56:03	00:53:57	2051		V50	137
2028	3229	José Serafim	00:29:42	00:56:03	00:52:10	1698		Senior	493
2029	4165	Ricardo Fraga	00:28:28	00:56:04	00:54:06	2091		Senior	494
2030	1488	David Prata	00:29:54	00:56:04	00:54:11	2110		Senior	495
2031	1732	Jatin Ramgi	00:29:54	00:56:05	00:54:11	2111		Senior	496
2032	5241	José Dinis	00:28:04	00:56:05	00:55:06	2302		V35	429
2033	2961	Sónia Correia	00:29:12	00:56:05	00:54:05	2084		Senior	65
2034	969	Gizela Mota	00:28:37	00:56:06	00:54:55	2268		V40	33
2035	4385	Sara Gonçalves	00:29:12	00:56:06	00:54:06	2092	DiGio Outdoor	Senior	66
2036	1381	Manuel Sobral	00:30:03	00:56:06	00:52:22	1736		V65	22
2037	4018	Miguel Caldeira	00:28:47	00:56:07	00:54:25	2168		Junior	27
2038	666	Ricardo Ribeiro	00:28:17	00:56:07	00:54:24	2166		Senior	497
2039	3993	Maria Coimbra	00:30:27	00:56:08	00:51:35	1570	Smells like team spirit	Senior	67
2040	4243	José Canal	00:28:30	00:56:08	00:55:13	2329		Senior	498



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2041	3305	Isac Dinis	00:29:11	00:56:08	00:54:00	2062	ASAS	V60	52
2042	1076	Rodrigo Riscado	00:31:01	00:56:09	00:51:58	1650		V40	382
2043	2250	Tiago Reis	00:29:00	00:56:09	00:55:02	2289		Junior	28
2044	2123	Sérgio Matos	00:30:46	00:56:10	00:52:46	1816	Microsoft One	Senior	499
2045	1582	Raúl Carvalho	00:29:05	00:56:10	00:54:22	2156	Falcões Selvagens	V55	93
2046	3408	Rui Guarda	00:30:26	00:56:10	00:51:47	1606		V35	430
2047	5060	João Martins	00:29:10	00:56:11	00:52:47	1818	Speed of Yellow	Senior	500
2048	1054	Manuel Anastácio	00:29:13	00:56:11	00:54:27	2175		V45	228
2049	268	Bruno Gonçalves	00:28:53	00:56:11	00:54:20	2149		Senior	501
2050	3303	Sérgio Salvado	00:28:38	00:56:11	00:54:39	2211		V35	431
2051	5422	José Lacerda	00:28:16	00:56:12	00:54:45	2240		V55	94
2052	3754	Eduardo Pereira	00:30:25	00:56:12	00:52:34	1777		Senior	502
2053	2806	Manuel Matos	00:28:45	00:56:13	00:53:37	1982		V40	383
2054	2611	Miguel Campos	00:29:54	00:56:13	00:52:16	1716		V45	229
2055	4777	José Ribeiro	00:29:30	00:56:14	00:52:39	1786		V50	138
2056	933	Rui Almeida	00:29:51	00:56:14	00:52:28	1761		V35	432
2057	5993	David Cardoso	00:29:52	00:56:14	00:52:28	1759		V35	433
2058	5142	Sonia Figueiredo	00:28:54	00:56:15	00:55:23	2358		V35	35
2059	1447	Edgar Jacinto	00:28:49	00:56:15	00:53:08	1883	Auto Jacinto	Senior	503
2060	2727	José Amaral	00:29:35	00:56:16	00:54:54	2266	Falcões Selvagens	V50	139



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2061	5973	Alexandre Rodrigues	00:27:46	00:56:16	00:55:51	2431		V35	434
2062	5247	Evaristo Cutileiro	00:31:43	00:56:16	00:51:37	1574		Senior	504
2063	774	Jorge Pinto	00:28:03	00:56:16	00:55:24	2359		V40	384
2064	2334	Liliana Rodrigues	00:31:13	00:56:16	00:52:19	1726	Hot Runners	Senior	68
2065	2212	Hugo Lapa	00:30:05	00:56:16	00:51:41	1586	Movet	V35	435
2066	1979	Henrique Koenders	00:28:33	00:56:16	00:53:34	1972		V40	385
2067	2821	Maria Leandro	00:29:48	00:56:17	00:53:05	1877	Família Leandro	V55	2
2068	4170	Diogo Messias	00:30:06	00:56:17	00:52:55	1847	Fitness way Pinhal Novo	Senior	505
2069	2833	João Rodrigues	00:28:51	00:56:17	00:55:14	2331	SS CGD	V35	436
2070	4787	Joana Chouriço	00:27:24	00:56:17	00:54:03	2075		Senior	69
2071	5729	Daniel Martins	00:28:49	00:56:17	00:53:10	1893		Senior	506
2072	3201	Andre Dias	00:31:21	00:56:18	00:52:16	1718		Senior	507
2073	3818	Pedro Figueiredo	00:29:33	00:56:18	00:53:41	2002	RPJ	Senior	508
2074	3817	Rui Figueiredo	00:29:34	00:56:19	00:53:42	2008	RPJ	Senior	509
2075	3767	Jose Serafim	00:29:38	00:56:19	00:54:14	2128		V55	95
2076	483	Mario Freire	00:29:38	00:56:20	00:54:14	2130		V55	96
2077	3745	Rui Abrantes	00:31:15	00:56:20	00:52:45	1814		Senior	510
2078	341	Pedro Gil	00:29:10	00:56:21	00:54:06	2096		V35	437
2079	1773	Sérgio Antunes	00:28:04	00:56:21	00:54:34	2196	Clube ANACOM	V45	22
2080	4908	Mara Correia	00:28:23	00:56:21	00:55:07	2303	Toupeiro	V35	36



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2081	4907	Edgar Batista	00:28:22	00:56:21	00:55:07	2304	Toupeiro	V35	438
2082	2944	Pedro Nunes	00:27:50	00:56:21	00:55:35	2393		V35	439
2083	858	Pedro Caetano	00:29:46	00:56:22	00:54:09	2105		V35	440
2084	1850	João Pereira	00:26:42	00:56:23	00:55:57	2446		V50	140
2085	4282	Hélio Branco	00:28:41	00:56:24	00:54:37	2202	Domingos Sport Competição	Senior	511
2086	2945	José Gonçalves	00:29:37	00:56:24	00:53:21	1922		V35	441
2087	2246	José Lopes	00:27:28	00:56:24	00:55:46	2418		V55	97
2088	3551	Gabriel Marcondes	00:29:44	00:56:24	00:52:12	1700	Barriguinhas	Senior	512
2089	4822	Bruno Silva	00:30:21	00:56:24	00:52:34	1773		V35	442
2090	855	Ricardo Martins	00:30:32	00:56:25	00:52:09	1692		V35	443
2091	4991	Joaquim Pinto	00:30:13	00:56:25	00:53:30	1952		Senior	513
2092	3955	António Raposo	00:28:12	00:56:25	00:55:49	2427		V50	141
2093	4303	São Galvão	00:29:59	00:56:25	00:52:43	1803		V45	23
2094	1180	Luis Pires	00:30:00	00:56:25	00:52:42	1798		V45	230
2095	1573	Jorge Monteiro	00:29:13	00:56:26	00:54:43	2231	ODEBRECHT PORTUGAL	V45	231
2096	2873	João Nunes	00:29:29	00:56:26	00:54:44	2234		Senior	514
2097	2423	José Silva	00:29:58	00:56:26	00:52:43	1805		V60	53
2098	4215	Miguel Cardador	00:30:12	00:56:27	00:53:48	2025		Senior	515
2099	4198	Paula Heitor	00:30:20	00:56:27	00:52:13	1705		V35	37
2100	859	António Simões	00:29:47	00:56:27	00:54:15	2132		V45	232



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2101	2195	Arlindo Rodrigues	00:30:16	00:56:28	00:52:55	1845		V50	142
2102	1605	Pedro Carreira	00:28:26	00:56:28	00:54:31	2185		V35	444
2103	2386	Maria Delgado	00:29:29	00:56:30	00:54:48	2248		Senior	70
2104	1387	Nuno Melo	00:28:19	00:56:30	00:55:27	2368		V35	445
2105	1514	Carla Brás	00:27:56	00:56:30	00:55:48	2424		V35	38
2106	1949	Filipe Figueira	00:29:29	00:56:31	00:53:13	1901		V35	446
2107	2970	Miguel Pardal	00:29:32	00:56:32	00:53:28	1945	Pardal	V45	233
2108	3133	Luis Neves	00:28:06	00:56:33	00:55:10	2318	RUN 4-T FUN	V40	386
2109	186	Luis Lemos	00:29:50	00:56:34	00:53:13	1902		V45	234
2110	3554	Bruno Grácio	00:29:33	00:56:34	00:52:22	1741	Barriguinhas	Senior	516
2111	5871	Maria Guedes	00:28:19	00:56:34	00:55:31	2378		Senior	71
2112	386	Carlos Costa	00:29:41	00:56:35	00:53:06	1878		V45	235
2113	1083	Pedro Trigo	00:29:38	00:56:35	00:53:18	1915	Os Conta-Kilómetros	Senior	517
2114	5320	Marco Dias	00:28:45	00:56:35	00:54:28	2180	KPMG Portugal	Senior	518
2115	5936	Carlos Freire	00:28:26	00:56:35	00:54:56	2269		V40	387
2116	2966	Ricardo Simoes	00:28:38	00:56:37	00:54:39	2212	running of dª maria	V45	236
2117	1040	Alvaro Malheiros	00:27:45	00:56:37	00:56:11	2480		V50	143
2118	1341	Jose Lourenco	00:28:06	00:56:37	00:55:11	2323	Etiopes e Quenianos	V55	98
2119	175	Irina Freitas	00:28:38	00:56:37	00:55:11	2324		Senior	72
2120	1986	Jacinto Godinho	00:31:01	00:56:37	00:52:25	1745	Godinho	V50	144



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2121	5956	António Matos	00:30:47	00:56:37	00:51:48	1607		V45	237
2122	6144	Sven Weerd	00:29:48	00:56:38	00:55:40	2405		Senior	519
2123	1155	Nuno Costa	00:31:01	00:56:38	00:52:27	1754		V35	447
2124	3621	Sérgio Serafim	00:28:48	00:56:38	00:53:44	2013		V35	448
2125	2119	Ivo Gonçalves	00:30:14	00:56:38	00:51:56	1644		Senior	520
2126	2952	Tiago Carreira	00:29:50	00:56:38	00:52:18	1725		Senior	521
2127	2203	Cristina Balau	00:27:50	00:56:38	00:56:13	2488		V40	34
2128	528	Carla Oliveira	00:28:34	00:56:38	00:55:57	2447		V40	35
2129	942	Jose Andrade	00:28:31	00:56:39	00:54:39	2213	keep Running	V45	238
2130	2573	Manuel Galvão	00:28:08	00:56:40	00:55:47	2421		V45	239
2131	1898	Ricardo Leal	00:28:29	00:56:40	00:53:50	2030		V45	240
2132	1322	Marco Martins	00:29:51	00:56:41	00:52:42	1799	Os Coxos	V35	449
2133	4460	Ana Alves	00:27:41	00:56:41	00:56:17	2502		Senior	73
2134	133	Luis Fialho	00:28:29	00:56:41	00:53:51	2032	Teambejeca	V40	388
2135	4462	Tiago Lopes	00:27:41	00:56:41	00:56:17	2504		V40	389
2136	554	Mario Lino	00:28:49	00:56:42	00:55:06	2301		V50	145
2137	4139	Tiago Santos	00:29:22	00:56:42	00:54:43	2225	The Min Shi Boys	V35	450
2138	4234	José Costa	00:30:24	00:56:42	00:55:12	2325		V50	146
2139	4842	Paulo Fernandes	00:32:01	00:56:42	00:52:48	1822	Microsoft One	V40	390
2140	2710	Daniel Simões	00:28:58	00:56:43	00:53:29	1948		Senior	522



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2141	3552	Fábio Valente	00:29:44	00:56:43	00:52:31	1769	Barriguinhas	Senior	523
2142	2825	André Noronha	00:29:12	00:56:44	00:55:19	2349	SS CGD	V50	147
2143	6116	Rogério Ciríaco	00:30:10	00:56:44	00:52:05	1676		V35	451
2144	1144	Armando Loureiro	00:28:55	00:56:44	00:52:54	1844		V65	23
2145	5625	Rodrigo Valente	00:28:23	00:56:44	00:54:57	2272		Senior	524
2146	4287	Bruno Silva	00:28:24	00:56:45	00:54:58	2279	Amigos Vale Silencio	Senior	525
2147	850	Joao Malcata	00:29:15	00:56:45	00:54:58	2278		V35	452
2148	98	João Falé	00:29:50	00:56:45	00:53:23	1930		Senior	526
2149	2205	Fernanda Santos	00:28:11	00:56:45	00:55:58	2451	Eletr&Run	V55	3
2150	2007	Jose Nobre	00:29:04	00:56:46	00:53:25	1937		V50	148
2151	4943	Vicky Santiago	00:31:24	00:56:46	00:52:18	1722		Senior	74
2152	1711	Rita Romero	00:28:03	00:56:47	00:55:49	2426		V35	39
2153	5197	Bruno Reis	00:28:03	00:56:47	00:56:13	2490		V35	453
2154	6161	João Pereira	00:30:23	00:56:47	00:55:18	2344		V50	149
2155	3669	João Cordeiro	00:28:23	00:56:48	00:55:39	2404		V35	454
2156	2031	Tiago Silva	00:30:27	00:56:48	00:52:45	1813		V35	455
2157	3622	Andreia Andrade	00:27:49	00:56:49	00:55:31	2377		Senior	75
2158	693	Tiago Jorge	00:30:01	00:56:49	00:55:02	2291		Senior	527
2159	5132	Nelson Craveiro	00:30:54	00:56:50	00:52:22	1740		Senior	528
2160	6045	Paulo Silva	00:31:40	00:56:50	00:53:40	1997		V50	150



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2161	3574	Miguel Veludo	00:30:09	00:56:51	00:54:16	2134		V40	391
2162	148	Eduardo Lopes	00:29:02	00:56:51	00:56:07	2470		V40	392
2163	2353	Duarte Furtado	00:29:45	00:56:52	00:53:53	2038		Senior	529
2164	1553	Miguel Monteiro	00:28:34	00:56:52	00:54:42	2222		V40	393
2165	302	Luis Proença	00:29:32	00:56:52	00:54:05	2082		V40	394
2166	2590	Pedro Borrego	00:30:00	00:56:54	00:55:21	2353	Maior de Portugal	Senior	530
2167	2588	Nuno Cola	00:30:01	00:56:54	00:55:20	2351	Maior de Portugal	V35	456
2168	2610	Miguel Marques	00:29:34	00:56:54	00:53:38	1991		V35	457
2169	1232	Tiago Oliveira	00:29:01	00:56:54	00:54:44	2232		V35	458
2170	1234	Luis Fragoso	00:29:01	00:56:55	00:54:44	2233		V40	395
2171	3736	Paulo Martins	00:29:44	00:56:55	00:53:43	2012		V45	241
2172	2852	Adolfo Salazar	00:28:04	00:56:55	00:56:36	2569		V70	7
2173	362	Luis Guerreiro	00:31:04	00:56:56	00:52:26	1751		V35	459
2174	5510	Nelson Cheng	00:28:40	00:56:56	00:55:38	2403	Samsung	V35	460
2175	4398	Manuel Maia	00:30:18	00:56:56	00:52:56	1851	Run em All	Senior	531
2176	4526	Jose Dias	00:29:44	00:56:56	00:53:46	2018	NUCLEO DESPORTIVO AUTOCOOPE	V55	99
2177	2746	Antonio Alves	00:31:12	00:56:56	00:54:19	2143	OneSight Portugal	V55	100
2178	1483	Susana Paiva	00:30:03	00:56:56	00:53:39	1994		Senior	76
2179	982	Marco Martins	00:30:26	00:56:56	00:53:42	2011		Senior	532
2180	5231	Ângelo Chalo	00:30:04	00:56:56	00:53:40	1998		Senior	533



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2181	4301	Luís Catita	00:29:56	00:56:56	00:55:11	2319		V45	242
2182	1650	Jose Laia	00:28:39	00:56:57	00:55:27	2367		V50	151
2183	4674	Luis Brunheta	00:31:48	00:56:57	00:53:26	1939		V35	461
2184	3850	Francisco Pinhel	00:31:15	00:56:58	00:53:59	2057		V50	152
2185	3849	Nelson Ribeiro	00:31:15	00:56:58	00:54:00	2061		V40	396
2186	5235	João Lopes	00:26:04	00:56:58	00:56:22	2522		Senior	534
2187	752	António Jesus	00:29:10	00:56:58	00:54:10	2107	Sapatistas	V35	462
2188	4292	Alberto Martinho	00:27:41	00:56:59	00:56:09	2474		V50	153
2189	5526	José Fonseca	00:27:30	00:57:00	00:56:25	2533		V55	101
2190	5769	Nuno Dias	00:28:40	00:57:01	00:54:51	2257	Tuareg	V35	463
2191	5616	Miguel Oliveira	00:31:26	00:57:01	00:53:30	1954		V50	154
2192	2553	Joao Lourenco	00:28:53	00:57:01	00:56:32	2562		V40	397
2193	2568	Rodrigo Carvalho	00:28:54	00:57:01	00:56:32	2554		V50	155
2194	102	Carlos Dias	00:30:29	00:57:02	00:53:33	1966		V50	156
2195	258	Rui Dias	00:31:37	00:57:02	00:53:00	1861		V45	243
2196	2416	Renato Brito	00:29:15	00:57:02	00:55:58	2453		V35	464
2197	5079	Jorge Doellinger	00:29:17	00:57:02	00:54:49	2250		V35	465
2198	591	José Vale	00:28:38	00:57:02	00:56:29	2546		V50	157
2199	4014	Miguel Esteves	00:27:56	00:57:02	00:54:55	2267		Senior	535
2200	4825	Jesus Jorge	00:30:40	00:57:03	00:53:27	1942		V40	398



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2201	4085	Vitor Ramos	00:30:17	00:57:03	00:54:24	2162		V40	399
2202	3253	Paulo Delgado	00:28:47	00:57:03	00:54:19	2144		Senior	536
2203	649	Ricardo Pinho	00:29:23	00:57:03	00:55:52	2435		V40	400
2204	1172	Carlos Barroso	00:29:23	00:57:04	00:55:53	2439		V45	244
2205	548	Filipe Junot	00:30:19	00:57:04	00:52:45	1811		Senior	537
2206	5958	Albertino Pacheco	00:30:48	00:57:05	00:52:14	1707		V50	158
2207	4064	José Martins	00:29:07	00:57:05	00:54:43	2223		V40	401
2208	4042	Miguel Pereira	00:29:38	00:57:05	00:54:06	2090	Pi-Linha Runners	V40	402
2209	2788	Bruno Baleizão	00:30:11	00:57:05	00:54:26	2172		Senior	538
2210	5394	Pedro Machado	00:30:17	00:57:05	00:55:26	2363		V50	159
2211	3807	Éder Silva	00:32:02	00:57:05	00:52:42	1801	Wannabes	Senior	539
2212	3431	Maria Knapic	00:28:03	00:57:06	00:56:31	2550		V60	3
2213	5701	Joao Cocharro	00:29:49	00:57:06	00:53:44	2014		V35	466
2214	3882	Marinello Morgado	00:31:02	00:57:06	00:52:29	1762	Authentic Pilates Lisboa	V40	403
2215	5236	Frédéric Mota	00:30:52	00:57:07	00:54:49	2252		Senior	540
2216	1847	Paulo Paias	00:29:39	00:57:07	00:55:55	2441		V35	467
2217	1671	Cândido Ramos	00:27:28	00:57:07	00:56:21	2519		Senior	541
2218	796	Pedro Azevedo	00:29:07	00:57:07	00:55:49	2428		V45	245
2219	5297	Gonçalo Cardoso	00:30:52	00:57:07	00:54:49	2251		Senior	542
2220	118	Pedro Jesus	00:29:32	00:57:08	00:54:28	2179	Tartarugas Solidarias	V35	468



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2221	973	Nuno Pereira	00:29:45	00:57:08	00:53:36	1981		V35	469
2222	55	Paulo Rainho	00:31:41	00:57:08	00:53:37	1987		V45	246
2223	606	Acácio Mendes	00:29:21	00:57:08	00:54:26	2173	Tartarugas Solidarias	V65	24
2224	1690	Carla Costa	00:29:52	00:57:08	00:56:00	2455		V40	36
2225	5018	Fernando Mesquita	00:31:30	00:57:09	00:52:42	1795		Senior	543
2226	715	Carlos Marques	00:29:00	00:57:09	00:54:45	2236		V50	160
2227	23	Vítor Rafael	00:27:31	00:57:09	00:56:43	2590		V50	161
2228	4562	Jorge Rosa	00:30:34	00:57:09	00:53:16	1909		Senior	544
2229	4086	Ana Santos	00:31:00	00:57:10	00:53:36	1976		Senior	77
2230	4084	Pedro Valente	00:31:00	00:57:10	00:53:36	1980		Senior	545
2231	2980	António Galhofo	00:29:57	00:57:11	00:52:42	1793	Gamenho's Family	V35	470
2232	1006	Rui Fazendeiro	00:30:29	00:57:11	00:53:32	1964	AudiRun	V35	471
2233	3690	Ruben Ferreira	00:27:56	00:57:12	00:56:20	2510	Grupo Recreativo e Desportivo "OS FIXES"	Senior	546
2234	5833	Davide Valente	00:31:10	00:57:12	00:56:20	2512		Senior	547
2235	1395	Luis Abrunhosa	00:28:19	00:57:12	00:56:10	2477		V45	247
2236	6077	Teresa Sepúlveda	00:28:42	00:57:12	00:55:32	2383	Clube Olimpico de Oeiras	Senior	78
2237	5549	Miguel Gomes	00:28:21	00:57:13	00:56:25	2534		V45	248
2238	5240	Antonio Bento	00:29:40	00:57:13	00:53:50	2029		V40	404
2239	5706	Paulo Gonçalves	00:29:16	00:57:13	00:54:58	2276		V40	405
2240	3973	Ana Nogueira	00:30:16	00:57:14	00:52:44	1810		V40	37



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2241	2060	Vasco Vieira	00:29:32	00:57:14	00:55:26	2365		V35	472
2242	2991	Rogério Dias	00:27:15	00:57:15	00:56:42	2588	COFACO AÇORES, SA	V40	406
2243	2176	Daniel Carvalho	00:30:25	00:57:15	00:55:53	2438		Junior	29
2244	4411	Helder Carminé	00:25:31	00:57:15	00:57:01	2638		V35	473
2245	1396	Daniel Sebastiao	00:27:25	00:57:15	00:57:09	2657		Senior	548
2246	3857	José Eugénio	00:29:23	00:57:15	00:55:40	2407		V50	162
2247	1162	Rita Xavier	00:31:11	00:57:16	00:53:00	1862	Clube ANA Lisboa	Senior	79
2248	2531	Anna Balejko	00:28:51	00:57:16	00:55:28	2371	NTG	V35	40
2249	2243	Helder Escobar	00:32:56	00:57:16	00:54:50	2253	Águias Carpinteiras	V35	474
2250	3376	Luís Magalhães	00:30:05	00:57:16	00:53:17	1911		V40	407
2251	4972	Joaquim Nazário	00:29:35	00:57:16	00:54:50	2254	G.D.C.T. REPSOL POLÍMEROS	V70	8
2252	3614	Humberto Valentim	00:30:41	00:57:17	00:53:40	1999		V35	475
2253	3348	Luis Fonseca	00:30:38	00:57:17	00:53:22	1926		V45	249
2254	4257	Ana Cabral	00:28:58	00:57:17	00:55:21	2352	Speed of Yellow	V45	24
2255	1333	Fernando Sebastião	00:27:25	00:57:18	00:57:12	2664		V35	476
2256	309	Ricardo Gião	00:29:09	00:57:18	00:55:10	2316		Senior	549
2257	3520	Manuel Barrento	00:29:42	00:57:18	00:54:17	2136	CPHFF	Senior	550
2258	1757	José Ramos	00:26:33	00:57:19	00:56:06	2466		V50	163
2259	4979	João Salavisa	00:30:38	00:57:19	00:56:24	2530		Senior	551
2260	934	Pedro Lopes	00:32:18	00:57:20	00:53:13	1900		V40	408



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2261	5467	Hermínio Duarte	00:26:40	00:57:20	00:57:14	2672		V40	409
2262	1932	Carlos Melo	00:28:24	00:57:21	00:57:07	2650		V35	477
2263	4945	Vitor Ferreira	00:28:06	00:57:21	00:56:08	2471		V50	164
2264	5799	Ana Monteiro	00:29:01	00:57:21	00:53:38	1990		V40	38
2265	5514	Luís Vitorino	00:28:01	00:57:21	00:56:54	2615	Pelicanos da Margem Sul	Senior	552
2266	419	Luís Roldão	00:30:23	00:57:22	00:53:30	1955		Senior	553
2267	1400	João Fernandes	00:29:25	00:57:22	00:54:12	2118		V35	478
2268	197	Paulo Tainha	00:28:24	00:57:23	00:57:13	2670		V50	165
2269	2525	António Costa	00:28:54	00:57:23	00:55:19	2347	Trio costa	V40	410
2270	6064	Paulo Peixoto	00:29:17	00:57:23	00:55:38	2402		V45	250
2271	3833	Cecília Oliveira	00:27:01	00:57:23	00:57:12	2665		V35	41
2272	3504	Bruno Santos	00:30:46	00:57:23	00:54:27	2174		Senior	554
2273	2879	Suzana Morais	00:29:43	00:57:24	00:55:47	2423		V50	7
2274	61	Pedro Carrasco	00:31:40	00:57:24	00:53:54	2042		V40	411
2275	1851	Susana Matias	00:31:04	00:57:25	00:52:46	1815	Movet	Junior	6
2276	5535	Carlos Henrique	00:31:36	00:57:25	00:53:48	2027		V45	251
2277	1079	Nuno Duarte	00:31:01	00:57:27	00:53:17	1912		V35	479
2278	5630	Fernando Curto	00:29:50	00:57:28	00:54:28	2178		V45	252
2279	2224	Sérgio Ferreira	00:28:10	00:57:29	00:56:52	2609		V35	480
2280	2263	João Marques	00:30:47	00:57:29	00:53:11	1896	Colt Runners	V35	481



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2281	453	Antonio Carvalho	00:29:38	00:57:29	00:54:56	2270	Arco Iris	V35	482
2282	5226	Luis Lara	00:28:45	00:57:30	00:56:31	2552		V60	54
2283	5531	João Ribeiro	00:30:47	00:57:30	00:53:38	1989	Microsoft One	Senior	555
2284	2114	Renato Soares	00:29:42	00:57:30	00:55:24	2360		V35	483
2285	2115	Hugo Soares	00:29:42	00:57:30	00:55:23	2357		Senior	556
2286	6009	Filipe Martinho	00:30:12	00:57:30	00:53:34	1971	Prosegur	V50	166
2287	5548	Jorge Máximo	00:27:12	00:57:31	00:57:27	2720		V35	484
2288	5266	Rodrigo Carvalho	00:29:24	00:57:31	00:55:31	2379		Senior	557
2289	2389	Paulo Serra	00:30:48	00:57:31	00:53:01	1864		V35	485
2290	2286	Sérgio Tavares	00:29:57	00:57:32	00:54:20	2146	CCD Crédito Agrícola Mútuo	Senior	558
2291	5821	Lucila Petroski	00:30:01	00:57:32	00:55:09	2309		V50	8
2292	4373	Orlando Rodrigues	00:28:16	00:57:32	00:56:38	2580		V35	486
2293	4328	Jorge Sousa	00:30:08	00:57:33	00:54:28	2177	PRIMOS POUSOS	V35	487
2294	4228	António Ruivo	00:29:04	00:57:33	00:56:52	2610		V45	253
2295	6183	Felipe Santos	00:30:06	00:57:34	00:55:31	2380		V35	488
2296	2363	Paula Jorge	00:30:23	00:57:35	00:55:08	2306	Casal Maravilha	V35	42
2297	3100	Manuel Baptista	00:29:47	00:57:35	00:56:12	2487	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V65	25
2298	3102	Carlos Pereira	00:29:47	00:57:35	00:56:11	2486	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V55	102
2299	992	Silvia Ferreira	00:31:18	00:57:36	00:53:29	1947		V40	39
2300	753	Filipe Barbieri	00:29:24	00:57:36	00:54:05	2085		V40	412



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2301	3150	Vanda Drago	00:28:44	00:57:36	00:56:50	2604		V40	40
2302	5805	Maria Pereira	00:30:30	00:57:36	00:54:52	2263		V45	25
2303	4638	Carlos Quadros	00:30:52	00:57:37	00:55:11	2322		V40	413
2304	2348	Pedro Ferreira	00:29:33	00:57:37	00:54:25	2169		Senior	559
2305	5599	Carina Ferreira	00:30:06	00:57:37	00:55:36	2396		Senior	80
2306	3737	Luís Gomes	00:30:33	00:57:37	00:54:04	2079		V35	489
2307	5179	Patricia Lopes	00:28:05	00:57:37	00:57:23	2702	Correr Lisboa	V35	43
2308	1713	Susana Rua	00:28:47	00:57:38	00:56:31	2551		V35	44
2309	1316	Jose Ribeiro	00:28:47	00:57:38	00:56:31	2553		V35	490
2310	4633	Miguel Matos	00:30:20	00:57:38	00:55:10	2317		V40	414
2311	1714	José Rua	00:28:47	00:57:38	00:56:32	2560		V35	491
2312	4683	Élio Lavado	00:29:28	00:57:38	00:55:38	2400		Senior	560
2313	5928	Americo Carvalho	00:30:46	00:57:38	00:55:05	2299		V40	415
2314	1836	Mário Emídio	00:29:27	00:57:39	00:55:55	2442		V50	167
2315	3241	Guida Moreira	00:30:45	00:57:39	00:54:06	2089		Senior	81
2316	3232	José Fernandes	00:28:36	00:57:39	00:55:30	2375		V45	254
2317	4559	Paulo Sousa	00:33:49	00:57:39	00:53:23	1927		V40	416
2318	2041	Carlos Martins	00:29:34	00:57:40	00:55:04	2297		V40	417
2319	106	Ricardo Carrinhos	00:29:10	00:57:40	00:55:03	2292		Senior	561
2320	4302	Ana Lima	00:30:29	00:57:40	00:53:58	2055		V40	41



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2321	4843	João Brazão	00:30:35	00:57:41	00:54:22	2154	Microsoft One	V40	418
2322	5341	Sebastião Guerra	00:31:44	00:57:41	00:53:02	1866		Senior	562
2323	5910	Analice Silva	00:30:44	00:57:41	00:54:07	2098	O MUNDO DA CORRIDA	V70	1
2324	5961	Dinarte Freitas	00:30:43	00:57:41	00:55:36	2395		V35	492
2325	1737	Sérgio Moro	00:30:41	00:57:41	00:53:19	1917		V35	493
2326	3370	Ricardo Rego	00:30:08	00:57:42	00:53:05	1873	Authentic Pilates Lisboa	V35	494
2327	1073	Rute Santos	00:29:03	00:57:42	00:56:49	2601		V45	26
2328	5076	João Esteves	00:28:03	00:57:42	00:57:24	2705		Senior	563
2329	4894	Miguel Duarte	00:29:47	00:57:42	00:54:34	2197		Junior	30
2330	4281	Ricardo Domingos	00:30:21	00:57:44	00:55:11	2321	Domingos Sport Competição	Senior	564
2331	4940	Eurico Correia	00:30:05	00:57:44	00:55:01	2285		Senior	565
2332	2292	Luis Lopes	00:29:55	00:57:45	00:55:19	2348	Atletas de Peso	V55	103
2333	1512	Fernando Lopes	00:28:36	00:57:45	00:57:12	2666	Gil Eanes Running	V40	419
2334	5649	Maria Azevedo	00:29:16	00:57:45	00:55:43	2412		Senior	82
2335	3735	Miguel Frade	00:25:49	00:57:46	00:57:23	2701		Senior	566
2336	3457	Pedro Serrasqueiro	00:27:44	00:57:46	00:54:35	2201		Senior	567
2337	5311	Luís Carvalho	00:30:05	00:57:46	00:55:38	2401	KPMG Portugal	Senior	568
2338	1449	Noémia Monteiro	00:29:15	00:57:46	00:54:53	2265		V35	45
2339	1599	Filipe Franco	00:29:51	00:57:47	00:55:32	2386		V40	420
2340	1673	Domingos Fernandes	00:27:58	00:57:47	00:57:11	2663		V60	55



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2341	5063	Miguel Adam	00:29:55	00:57:48	00:55:36	2394		V35	495
2342	5493	Manuel Cardoso	00:30:53	00:57:48	00:54:43	2224		V45	255
2343	48	Filipa Afonso	00:29:37	00:57:49	00:54:35	2200		Senior	83
2344	2478	Ricardo Marques	00:30:28	00:57:49	00:53:51	2031		V35	496
2345	1295	Tiago Salvado	00:31:03	00:57:49	00:53:09	1889	Movet	V35	497
2346	3485	Tiago Oliveira	00:30:00	00:57:49	00:53:46	2021		V40	421
2347	2571	João Borges	00:29:52	00:57:50	00:55:16	2338		V45	256
2348	1050	Hugo Castanheira	00:31:32	00:57:50	00:54:16	2135		V35	498
2349	1218	Paulo Gordinho	00:30:27	00:57:50	00:54:33	2191	Iluminados	V35	499
2350	3101	Alberto Carolino	00:29:47	00:57:51	00:56:27	2539	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V60	56
2351	1743	Bento Galamba	00:31:02	00:57:51	00:54:04	2078		V45	257
2352	3699	Edgar David	00:31:43	00:57:51	00:54:23	2161	Grupo Recreativo e Desportivo "OS FIXES"	V50	168
2353	878	António Gomes	00:29:34	00:57:51	00:54:05	2086		V40	422
2354	1219	João Pereira	00:30:27	00:57:51	00:54:35	2199	Iluminados	V40	423
2355	2699	José Mateus	00:28:29	00:57:51	00:54:59	2281	IST Run Lisboa	V40	424
2356	1371	José Almada	00:31:22	00:57:51	00:53:52	2034	Os Coxos	V35	500
2357	3697	João Bandarinha	00:31:43	00:57:51	00:54:23	2159	Grupo Recreativo e Desportivo "OS FIXES"	V50	169
2358	2869	Gonçalo Rato	00:30:31	00:57:51	00:53:32	1965		V35	501
2359	5734	António Jubilado	00:29:45	00:57:52	00:56:15	2497		V55	104
2360	4658	Ricardo Pais	00:30:55	00:57:52	00:53:45	2015		Senior	569



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2361	5415	Janaina Plessmann	00:28:03	00:57:53	00:57:44	2773	GFD Running	Senior	84
2362	4831	Frederico	00:31:02	00:57:53	00:53:45	2016		V35	502
2363	5417	Joel Ferreira	00:29:14	00:57:53	00:55:54	2440	Tartarugas Solidarias	Senior	570
2364	5494	Hugo Colaço	00:31:31	00:57:53	00:53:45	2017		Senior	571
2365	4395	Rui Nunes	00:30:19	00:57:53	00:53:53	2035	Run em All	Senior	572
2366	6092	Tiago Carvalho	00:28:03	00:57:54	00:57:45	2775		Senior	573
2367	4469	Miguel Lavrador	00:30:43	00:57:55	00:54:07	2097		V40	425
2368	4446	Eddie Saboia	00:30:30	00:57:56	00:56:03	2463	WERun Portugal	V50	170
2369	5835	Ana Silva	00:30:31	00:57:56	00:55:10	2315		Junior	7
2370	3266	Fred Monteiro	00:29:48	00:57:56	00:55:02	2290	IST Run Lisboa	Senior	574
2371	2826	Antonio Negrinho	00:30:41	00:57:56	00:56:32	2555	SS CGD	V50	171
2372	2352	João Brito	00:28:15	00:57:57	00:57:33	2737		Senior	575
2373	5257	João Paisana	00:31:04	00:57:57	00:53:17	1913	Movet	V45	258
2374	3553	Tiago Santos	00:31:45	00:57:57	00:53:25	1936	Barriguinhas	Senior	576
2375	204	Joana Soeiro	00:30:21	00:57:58	00:57:05	2644		V40	42
2376	1968	Vergílio Carlos	00:29:21	00:57:58	00:56:28	2543		V50	172
2377	5160	António Gonçalves	00:29:57	00:57:58	00:54:33	2190		V40	426
2378	3234	Rui Luis	00:28:13	00:57:58	00:57:22	2699		V55	105
2379	6037	Bruno Simão	00:30:49	00:57:58	00:55:12	2327	G.R.D. Ribeira da Lage	Senior	577
2380	812	Iolanda Batista	00:31:54	00:57:59	00:53:32	1959		V40	43



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2381	811	Rui Dias	00:31:54	00:57:59	00:53:32	1963		V40	427
2382	5780	Joaquim Correia	00:29:08	00:57:59	00:55:24	2362		V40	428
2383	6043	Nuno Ramos	00:30:15	00:57:59	00:56:51	2608		V40	429
2384	3924	Carlos Coelho	00:28:00	00:58:00	00:56:58	2628	Falcões Selvagens	V40	430
2385	559	Pedro Carvalho	00:29:31	00:58:01	00:53:42	2010		V35	503
2386	5577	Pedro Lopes	00:28:48	00:58:02	00:55:40	2406		V35	504
2387	1489	Carlos Tavares	00:29:50	00:58:02	00:56:44	2591		Senior	578
2388	4565	Renato Portela	00:30:47	00:58:02	00:54:10	2106		V35	505
2389	449	Filipe Saramago	00:30:06	00:58:03	00:54:37	2205	Tuareg	V40	431
2390	1331	Fernando Lourenço	00:31:46	00:58:03	00:53:41	2005		Senior	579
2391	960	Ricardo Pinto	00:31:24	00:58:03	00:55:32	2382		V35	506
2392	926	Fernando Teixeira	00:30:49	00:58:04	00:53:48	2026		V40	432
2393	1468	Henrique Martins	00:28:30	00:58:04	00:57:25	2711	LUSO-ATLÂNTICA CORRETORES SA	V50	173
2394	598	Otelinda Sousa	00:30:19	00:58:04	00:54:23	2158		V35	46
2395	5708	Antonio Ortega	00:30:49	00:58:05	00:54:45	2239		V35	507
2396	5825	Adelaide Palma	00:28:35	00:58:05	00:57:45	2777		V40	44
2397	5364	Marta Lima	00:30:57	00:58:05	00:54:51	2262		Senior	85
2398	5450	Hugo Venancio	00:29:28	00:58:05	00:55:43	2414	SS CGD	V35	508
2399	936	João Reis	00:30:28	00:58:05	00:54:04	2080	Cascais Pandilha redux	V40	433
2400	2085	Rui Xavier	00:29:04	00:58:06	00:55:30	2376	Clube EDP - Lisboa	V45	259



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2401	5498	Rodolfo Ferreira	00:30:34	00:58:06	00:56:00	2457		V40	434
2402	4144	Helena Chilandala	00:30:51	00:58:07	00:55:41	2410		V35	47
2403	3707	Vitória Monteiro	00:28:02	00:58:07	00:57:22	2698	Grupo Recreativo e Desportivo "OS FIXES"	V50	9
2404	3717	Ruben Almeida	00:30:58	00:58:07	00:53:37	1984	Os Conta-Kilómetros	Senior	580
2405	120	Mukesh Carsane	00:28:04	00:58:08	00:56:38	2579		V35	509
2406	1421	Gonçalo João	00:30:22	00:58:08	00:54:50	2255		Senior	581
2407	3155	Pau Storch	00:30:35	00:58:08	00:53:23	1931		V35	510
2408	3497	Pedro Martins	00:30:16	00:58:08	00:55:30	2374	RB Running	V40	435
2409	3496	Olga Martins	00:30:16	00:58:08	00:55:29	2372	RB Running	V35	48
2410	373	Claudio Ribeiro	00:31:32	00:58:08	00:53:57	2048		V35	511
2411	5579	Pedro Nunes	00:30:54	00:58:09	00:55:06	2300		V40	436
2412	4147	Sergio Seixo	00:29:42	00:58:10	00:56:25	2531		V40	437
2413	1987	Eduardo Moutinho	00:29:21	00:58:10	00:56:50	2605	O MUNDO DA CORRIDA	V45	260
2414	5085	Hélder Duarte	00:31:20	00:58:10	00:54:18	2140		V35	512
2415	1988	Pedro Murtinhal	00:29:21	00:58:10	00:56:50	2603	O MUNDO DA CORRIDA	V40	438
2416	5365	Telma Mota	00:29:12	00:58:10	00:56:11	2484		V35	49
2417	3508	Vasco Alpalhão	00:31:39	00:58:11	00:53:54	2044	Alpalhão	V40	439
2418	5113	Miguel Campo	00:30:54	00:58:11	00:55:43	2413		V40	440
2419	108	Rui Vieitas	00:30:23	00:58:12	00:56:32	2561		V35	513
2420	5259	Pedro Alves	00:28:55	00:58:12	00:57:34	2740	Winners Team	V35	514



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2421	1980	Adelaide Manhica	00:29:53	00:58:13	00:57:17	2681	Team da PTZona	V55	4
2422	2234	André Carreiro	00:29:32	00:58:13	00:56:13	2491		Senior	582
2423	3123	Marco Silva	00:29:33	00:58:14	00:56:13	2489		V35	515
2424	675	Jorge Dourado	00:29:41	00:58:14	00:56:35	2567		V35	516
2425	374	Johanna Molina	00:29:28	00:58:15	00:57:34	2742		V40	45
2426	3204	Rui Verguete	00:29:30	00:58:15	00:57:21	2690		V35	517
2427	4778	Marco Lopes	00:27:28	00:58:16	00:58:08	2843		V40	441
2428	5203	Rui Luís	00:28:59	00:58:16	00:57:17	2680		V35	518
2429	1220	João Figueiredo	00:28:17	00:58:17	00:57:58	2813	Iluminados	V55	106
2430	4490	João Neves	00:27:47	00:58:18	00:56:36	2570	Carapaus de Corrida	Junior	31
2431	2660	Paulo Fernandes	00:28:56	00:58:19	00:57:10	2662	OneSight Portugal	V45	261
2432	4737	Álvaro Conceição	00:30:06	00:58:20	00:56:24	2529		Senior	583
2433	757	Paulo Dias	00:28:18	00:58:20	00:57:16	2679		V40	442
2434	5564	Rui Lino	00:32:55	00:58:20	00:56:52	2611		V40	443
2435	3623	Pedro Ferreira	00:30:38	00:58:21	00:54:41	2218		V35	519
2436	3259	Paulo Baiao	00:26:32	00:58:21	00:57:56	2804		V35	520
2437	3423	Nuno Neves	00:29:49	00:58:21	00:57:08	2654	ugc	V40	444
2438	5170	Rita Farinha	00:30:17	00:58:21	00:56:56	2621		Senior	86
2439	4939	Jorge Pires	00:32:10	00:58:22	00:53:56	2046		V55	107
2440	5269	Paulo Carvalho	00:28:53	00:58:22	00:55:17	2339		V45	262



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2441	4711	João Valle-Costa	00:30:24	00:58:23	00:55:51	2430		V45	263
2442	2653	Miguel Silva	00:28:14	00:58:23	00:57:42	2763		V40	445
2443	1647	João Freire	00:29:36	00:58:24	00:56:33	2566		Senior	584
2444	3091	Sofia Tomaz	00:29:35	00:58:24	00:55:50	2429	Fundger, SA	Senior	87
2445	1290	Saul Silva	00:29:31	00:58:24	00:57:39	2759		V60	57
2446	1064	Dinora Mendonca	00:31:13	00:58:24	00:55:00	2284	Di+MP	V40	46
2447	4344	Viktor Dashchenko	00:31:39	00:58:25	00:55:46	2420	vikings	V35	521
2448	5153	Rogério Silva	00:29:48	00:58:25	00:54:48	2247	Os Pioneiros	V35	522
2449	1106	João Correia	00:30:58	00:58:25	00:54:04	2081		Senior	585
2450	4346	Iaroslav Vlasiuk	00:31:39	00:58:25	00:55:46	2419	vikings	Senior	586
2451	4799	Ana Mendes	00:29:49	00:58:25	00:55:40	2408	Speed of Yellow	Senior	88
2452	3984	Pedro Pereira	00:30:17	00:58:26	00:54:41	2217		V35	523
2453	4264	José Pinto	00:30:05	00:58:26	00:56:03	2462	Speed of Yellow	Senior	587
2454	4453	João Cunha	00:32:46	00:58:26	00:54:25	2167		V50	174
2455	4247	Paulo Costa	00:30:01	00:58:27	00:57:31	2735		V40	446
2456	994	Telmo Carvalho	00:29:37	00:58:27	00:56:09	2473		V35	524
2457	2575	Hugo Vieira	00:30:45	00:58:27	00:56:59	2633		V35	525
2458	999	José Garrido	00:33:14	00:58:28	00:54:43	2228		V50	175
2459	5778	Miguel Silva	00:30:38	00:58:29	00:55:04	2294		Senior	588
2460	2599	Vitor Loureiro	00:29:26	00:58:29	00:56:32	2557		V45	264



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2461	3592	Luciano Silva	00:30:41	00:58:30	00:55:41	2411		V60	58
2462	3220	Filipe Paixão	00:28:42	00:58:30	00:56:40	2584	Active People	V40	447
2463	426	André Silva	00:30:12	00:58:30	00:54:28	2176		V40	448
2464	4199	Mário Pité	00:30:21	00:58:30	00:54:15	2131		V35	526
2465	851	Catarina Zagalo	00:29:38	00:58:30	00:55:12	2328		V35	50
2466	1646	Alfredo Pinhal	00:29:49	00:58:32	00:57:10	2660		V60	59
2467	4686	José Tomé	00:29:58	00:58:32	00:56:57	2626	Pernas de Gafanhoto	V35	527
2468	5001	Vera Nogueira	00:31:39	00:58:32	00:54:24	2165		Senior	89
2469	3944	Gonçalo Carvalho	00:27:42	00:58:32	00:58:02	2830		Senior	589
2470	6097	Tiago Ferreira	00:30:26	00:58:33	00:54:31	2186		Senior	590
2471	5820	Angelica Heldt	00:28:33	00:58:33	00:57:52	2790		V40	47
2472	3308	Agostinho Marques	00:30:01	00:58:33	00:56:59	2630	ASAS	V55	108
2473	550	Victor Santos	00:31:44	00:58:34	00:55:05	2298		V45	265
2474	5668	Ana Marques	00:30:01	00:58:34	00:57:00	2635		Junior	8
2475	3307	Helena Cunha	00:30:01	00:58:34	00:57:06	2648	ASAS	V55	5
2476	1776	Manuel Barros	00:31:30	00:58:34	00:56:48	2599	Clube ANACOM	V55	109
2477	1774	Isaac Carrêlo	00:31:30	00:58:34	00:56:47	2596	Clube ANACOM	V50	176
2478	6165	Abner Martinez	00:29:46	00:58:35	00:57:37	2755		Senior	591
2479	5505	Gonçalo Cardoso	00:27:40	00:58:35	00:57:16	2677	Samsung	Senior	592
2480	418	Tiago Cristóvão	00:30:53	00:58:36	00:55:14	2333		Senior	593



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2481	4230	José Alípio	00:26:40	00:58:36	00:58:35	2921		V55	110
2482	3625	João Branco	00:31:18	00:58:36	00:54:20	2145		Senior	594
2483	2901	Paulo Salvador	00:29:01	00:58:37	00:56:14	2493		Senior	595
2484	1701	Liliana Galego	00:30:08	00:58:38	00:55:41	2409		Senior	90
2485	1734	Luís Matias	00:30:40	00:58:39	00:54:11	2109		V35	528
2486	3435	Rui Machado	00:29:18	00:58:39	00:57:34	2744		V50	177
2487	2654	Romão Valente	00:29:19	00:58:39	00:57:37	2754		V50	178
2488	3490	João Neves	00:30:21	00:58:40	00:56:47	2597	Run Crew Trail Montijo	V50	179
2489	4067	Rui Pinto	00:34:11	00:58:40	00:54:03	2072		V35	529
2490	5433	Melissa Lopes	00:31:28	00:58:40	00:54:22	2153		Senior	91
2491	6114	Cristina Rocha	00:30:35	00:58:41	00:56:59	2632		Senior	92
2492	6031	Vaz Silva	00:30:47	00:58:42	00:56:54	2618		V45	266
2493	34	Sandra Arraias	00:31:13	00:58:42	00:55:26	2364	Os Arraias	Senior	93
2494	1839	Carlos Ramos	00:31:58	00:58:43	00:55:51	2432		Senior	596
2495	1916	Andrea Gattini	00:30:16	00:58:43	00:55:58	2450		V45	267
2496	2760	João Dias	00:30:49	00:58:43	00:54:41	2219		V40	449
2497	638	Paula Bakker	00:30:20	00:58:43	00:57:18	2682	FPJ Runners	V40	48
2498	3346	Henrique Faria	00:30:16	00:58:44	00:55:28	2370		V45	268
2499	1790	Jean-François Collobert	00:28:09	00:58:44	00:58:30	2908		V45	269
2500	4145	Carla Morgado	00:29:19	00:58:45	00:57:24	2704		V40	49



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2501	6120	João Mr	00:27:34	00:58:45	00:57:56	2806		Senior	597
2502	611	Ricardo Pregoça	00:27:42	00:58:45	00:58:26	2890		Senior	598
2503	674	Eduardo Gama	00:29:44	00:58:45	00:56:14	2495		Senior	599
2504	2248	João Gonçalves	00:30:52	00:58:45	00:55:01	2286		V55	111
2505	1201	Virginia Fonseca	00:29:22	00:58:46	00:57:18	2685		V40	50
2506	2362	Hugo Pereira	00:30:31	00:58:46	00:56:19	2506	Casal Maravilha	V40	450
2507	5109	Jorge León	00:31:03	00:58:46	00:55:52	2434		V35	530
2508	5108	Joaquín León	00:31:04	00:58:46	00:55:52	2433		V40	451
2509	4479	Paula Pires	00:27:59	00:58:46	00:58:35	2920		V35	51
2510	4649	António Amaral	00:26:41	00:58:47	00:58:37	2923		V35	531
2511	4664	Marline Furtado	00:27:58	00:58:47	00:58:36	2922		Senior	94
2512	5481	João Rita	00:30:56	00:58:47	00:55:00	2283	Pelegas	Senior	600
2513	661	Amândio Freitas	00:28:39	00:58:47	00:57:21	2691		V55	112
2514	51	Carla Silvestre	00:30:10	00:58:47	00:55:09	2311		Senior	95
2515	3479	João Capelo	00:29:49	00:58:48	00:56:28	2542		V40	452
2516	5094	Bruno Béjinha	00:31:17	00:58:48	00:54:47	2245		V35	532
2517	2641	Paulo Alves	00:29:49	00:58:48	00:56:28	2540		V40	453
2518	337	Antonio Caeiro	00:32:28	00:58:48	00:54:58	2280		V35	533
2519	6060	Mafalda Faria	00:30:55	00:58:48	00:55:10	2314		Senior	96
2520	2592	Ana Ferreira	00:30:54	00:58:49	00:55:10	2313	NB Run	V45	27



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2521	53	José Ferreira	00:29:28	00:58:49	00:57:55	2802		V50	180
2522	2609	Pedro Figueiredo	00:31:48	00:58:49	00:54:51	2259		V45	270
2523	2639	Alexandre Vilão	00:30:53	00:58:49	00:57:54	2797		Senior	601
2524	1170	Tiago Pires	00:30:24	00:58:50	00:54:57	2271		Senior	602
2525	5862	Filipe Estêvão	00:28:30	00:58:50	00:58:38	2925	14756850	Junior	32
2526	3895	Daniel Carrasqueiro	00:33:41	00:58:50	00:54:38	2209		Senior	603
2527	5434	Bernardo Ferreira	00:32:14	00:58:50	00:52:17	1721		Senior	604
2528	4510	Isabel Monteiro	00:30:30	00:58:51	00:55:37	2399		Senior	97
2529	2009	Pedro Silveira	00:31:11	00:58:51	00:54:51	2260		V40	454
2530	3838	Ana Canhoto	00:29:15	00:58:52	00:57:20	2688	Canhoto	V40	51
2531	3837	Tiago Canhoto	00:29:15	00:58:52	00:57:20	2689	Canhoto	V40	455
2532	4048	Ricardo Gomes	00:32:25	00:58:52	00:54:02	2070	Jaquinzinhos de Corrida	V35	534
2533	981	Artur Moreira	00:31:32	00:58:52	00:57:01	2639		V40	456
2534	1942	Nelson Ferreira	00:30:20	00:58:52	00:56:09	2475		V40	457
2535	3156	Jaime Gato	00:30:20	00:58:52	00:56:10	2479		V40	458
2536	2604	Francisco Martinho	00:33:22	00:58:53	00:54:42	2221		Senior	605
2537	405	Luis Sanches	00:28:50	00:58:53	00:57:53	2794		V35	535
2538	115	Jorge Vieira	00:30:22	00:58:54	00:57:13	2668		Senior	606
2539	5489	António Marques	00:29:30	00:58:54	00:58:08	2846		V55	113
2540	701	Nuno Oliveira	00:29:31	00:58:54	00:57:33	2739		V40	459



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2541	4451	Daniel Mameri	00:32:33	00:58:55	00:54:57	2273		Senior	607
2542	97	João Mendes	00:30:18	00:58:55	00:55:43	2415		V35	536
2543	78	Marco Neves	00:30:36	00:58:55	00:56:21	2521	MONTEPIO - Marketeers	V35	537
2544	6076	Ricardo Bernardo	00:30:35	00:58:56	00:56:27	2537		V35	538
2545	5352	João Carvalho	00:30:29	00:58:56	00:56:00	2456	Os cotas	V50	181
2546	2638	Andreia Tourais	00:30:06	00:58:57	00:55:55	2443		Senior	98
2547	4458	Ângelo Marcos	00:30:06	00:58:57	00:55:56	2445		Senior	608
2548	1250	Jose Santos	00:31:03	00:58:57	00:55:11	2320	Santos & Filho	V50	182
2549	5686	Renato Hernandez	00:28:46	00:58:57	00:57:18	2684	Glory Global Solutions	V40	460
2550	877	Domingos Folgado	00:30:30	00:58:57	00:55:04	2295		V45	271
2551	2766	Aurélio Silva	00:29:31	00:58:58	00:55:08	2305		V45	272
2552	817	Ricardo Figueiredo	00:28:12	00:58:58	00:58:42	2938		V40	461
2553	1953	Luis Costa	00:31:09	00:58:59	00:56:17	2501		V40	462
2554	4720	Tiago Freitas	00:29:20	00:58:59	00:54:12	2115	AFO	Senior	609
2555	1667	Joana Figueiredo	00:28:26	00:58:59	00:57:57	2810	I GEMELLI	Senior	99
2556	6167	Carlos Barreto	00:29:48	00:58:59	00:57:38	2758		Senior	610
2557	5477	António Baptista	00:31:09	00:58:59	00:55:12	2326	Pelegas	V45	273
2558	4300	José Afecto	00:29:18	00:59:00	00:56:46	2595		V60	60
2559	6137	Gonçalo Rasquete	00:33:38	00:59:01	00:54:12	2114		Senior	611
2560	4694	Possidonio Cachapa	00:31:39	00:59:02	00:55:44	2417		V40	463



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2561	5595	Rita Afonso	00:30:46	00:59:03	00:58:08	2842		Senior	100
2562	2587	João Alexandre	00:30:25	00:59:04	00:57:31	2733	Maior de Portugal	Senior	612
2563	3761	José Mira	00:29:21	00:59:04	00:58:14	2859		V40	464
2564	459	Antonio Vinagre	00:31:48	00:59:04	00:56:20	2514		V65	26
2565	4121	Eduardo Lourenço	00:31:49	00:59:04	00:56:20	2515	Winners Team	V60	61
2566	5117	Nuno Abreu	00:30:53	00:59:05	00:55:47	2422		Senior	613
2567	74	Joaquim Nunes	00:28:32	00:59:06	00:58:46	2950	Montepio - Central de Compras	V40	465
2568	3781	Pedro Gomes	00:30:13	00:59:06	00:57:24	2706		Senior	614
2569	2589	André Freitas	00:30:01	00:59:08	00:57:35	2745	Maior de Portugal	V35	539
2570	3685	Martins Barata	00:30:23	00:59:08	00:56:07	2469	Clube Ferroviário de Portugal	V70	9
2571	6109	Tiago Costa	00:31:42	00:59:08	00:54:46	2242	Wannabes	Senior	615
2572	1809	Luís Simões	00:28:36	00:59:09	00:58:43	2942		V55	114
2573	4420	Rui Almeida	00:32:12	00:59:09	00:54:32	2189		V35	540
2574	3419	Raquel Barata	00:30:33	00:59:09	00:57:59	2820	ugc	V40	52
2575	2745	Susana Ferreira	00:33:25	00:59:09	00:58:29	2907	LEBRE E TARTARUGA	V35	52
2576	3418	Ana Deodato	00:30:33	00:59:09	00:57:59	2816	ugc	V35	53
2577	2163	Denise Silva	00:31:39	00:59:11	00:57:36	2748		Senior	101
2578	3912	Diogo Rego	00:33:22	00:59:11	00:55:01	2287		Senior	616
2579	3358	José Ricardo	00:31:46	00:59:12	00:56:51	2607	OS ATLETAS	V60	62
2580	5044	Manuel Morais	00:31:10	00:59:13	00:56:21	2518		V40	466



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2581	1941	Alexandre Janicas	00:30:26	00:59:14	00:56:28	2541		Senior	617
2582	2764	Catarina Vargas	00:29:44	00:59:14	00:58:26	2892		V40	53
2583	816	Bruno Morais	00:27:55	00:59:14	00:58:42	2940		V35	541
2584	4967	Gonçalo Malheiro	00:32:00	00:59:14	00:54:33	2193		V40	467
2585	1392	Cláudio Caseiro	00:30:54	00:59:15	00:56:22	2523		V35	542
2586	946	Nuno Goncalves	00:29:25	00:59:15	00:57:26	2717	keep Running	V60	63
2587	4530	Francisco Garcia	00:28:54	00:59:16	00:58:51	2961	Garcia Runners	V55	115
2588	2476	Ivo Joaquim	00:30:28	00:59:16	00:56:19	2507		V40	468
2589	624	Leonia Ceban	00:29:45	00:59:16	00:57:55	2800		V50	10
2590	31	Rui Santos	00:30:00	00:59:17	00:57:42	2765		V40	469
2591	2027	Ricardo Ribeiro	00:29:43	00:59:17	00:57:00	2636		V35	543
2592	63	Nuno Farinha	00:30:26	00:59:17	00:56:02	2461		Senior	618
2593	2552	Jorge Costa	00:31:26	00:59:17	00:57:14	2673		V45	274
2594	644	Rui Pinto	00:31:36	00:59:18	00:53:42	2007		V35	544
2595	6195	Simão Sousa	00:30:51	00:59:18	00:57:30	2732		Senior	619
2596	340	João Fernandes	00:30:30	00:59:18	00:56:40	2583		V50	183
2597	5026	Vinicyus Felix	00:32:51	00:59:19	00:55:04	2296		Junior	33
2598	1954	Adelino Gonçalves	00:29:58	00:59:20	00:58:34	2918	AMIGOS DEPEVA	V65	27
2599	5919	Joao Soares	00:29:27	00:59:20	00:57:25	2713	CLUBE ACCENTURE	Senior	620
2600	5602	Joao Rodrigues	00:32:00	00:59:20	00:56:25	2535		V45	275



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2601	5617	Américo Gomes	00:32:00	00:59:21	00:56:25	2532		V60	64
2602	5787	Ricardo Barbosa	00:30:25	00:59:21	00:56:20	2513		Junior	34
2603	4233	André Lopes	00:28:20	00:59:21	00:58:15	2861		Senior	621
2604	2015	João Gomes	00:31:35	00:59:21	00:56:23	2526		V40	470
2605	865	Luís Antunes	00:29:22	00:59:22	00:58:02	2828		Senior	622
2606	1233	Paulo Quintas	00:31:10	00:59:22	00:57:10	2659		V40	471
2607	3825	Pedro Martin	00:31:45	00:59:22	00:55:19	2346		V35	545
2608	5997	Armenio Silva	00:31:06	00:59:22	00:57:33	2736		V75	2
2609	4035	Ricardo Silva	00:32:03	00:59:22	00:55:53	2437		V35	546
2610	2805	João Raposo	00:30:40	00:59:23	00:55:58	2449		V35	547
2611	1374	Hugo Ratinho	00:32:42	00:59:24	00:55:23	2356		Senior	623
2612	677	Raquel Vieira	00:30:33	00:59:24	00:58:14	2860		Senior	102
2613	1373	Vitor Vicente	00:32:42	00:59:24	00:55:22	2354		V40	472
2614	2167	João Sinosgas	00:29:45	00:59:24	00:57:42	2766		V35	548
2615	3441	Sara Paulino	00:31:25	00:59:24	00:56:37	2575		Senior	103
2616	275	Sandra Correia	00:30:37	00:59:24	00:58:41	2937		Senior	104
2617	1556	António Borges	00:32:30	00:59:25	00:55:31	2381		V35	549
2618	759	Luís Alberto	00:34:18	00:59:25	00:55:14	2330		V35	550
2619	1345	Nuno Fontes	00:30:26	00:59:25	00:56:58	2627		Senior	624
2620	3429	Hugo Casaca	00:33:10	00:59:26	00:54:43	2226		V35	551



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2621	5557	Mário Andrade	00:30:51	00:59:26	00:55:09	2310		Senior	625
2622	2915	Madalena Andrade	00:30:18	00:59:26	00:57:59	2817		V35	54
2623	2843	Rui Oliveira	00:29:48	00:59:27	00:58:18	2872	SS CGD	V45	276
2624	62	Paulo Teixeira	00:31:45	00:59:27	00:55:24	2361		V40	473
2625	3459	Eugénia Fernandes	00:29:02	00:59:28	00:57:38	2756		V45	28
2626	954	Luis Friaças	00:29:54	00:59:28	00:58:15	2864		V40	474
2627	5598	Antonio Fonseca	00:29:09	00:59:28	00:58:26	2900		V65	28
2628	3720	Duarte Lima	00:30:36	00:59:30	00:55:57	2448	Horacalibra	Senior	626
2629	535	Antonio Ribeiro	00:30:05	00:59:30	00:57:28	2724	trio	V50	184
2630	536	Antonio Catalino	00:30:06	00:59:30	00:57:28	2727	trio	V45	277
2631	2226	Silvia Pereira	00:30:00	00:59:30	00:58:28	2904		Senior	105
2632	3593	Hugo Viegas	00:31:26	00:59:31	00:56:43	2589		Senior	627
2633	1343	Nicolau Furtado	00:28:55	00:59:31	00:58:45	2947		V50	185
2634	3534	Sílvia Antunes	00:28:52	00:59:31	00:58:54	2967		V35	55
2635	5139	Rui Pinto	00:28:23	00:59:31	00:59:00	2984		V35	552
2636	2254	Nuno Castelhana	00:30:00	00:59:32	00:58:31	2909		V35	553
2637	2798	Diogo Barreto	00:30:17	00:59:32	00:58:11	2853	Temperos Ocidentais	Senior	628
2638	319	António Tavares	00:31:57	00:59:32	00:55:17	2340	Run4Beer	V40	475
2639	4038	Teresa Garcia	00:29:16	00:59:32	00:59:09	3009		V45	29
2640	3940	Andreia Carmona	00:30:34	00:59:33	00:57:06	2649		Senior	106



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2641	3719	Jorge Lima	00:31:03	00:59:33	00:56:01	2459	Horacalibra	V50	186
2642	2227	Paulo Pereira	00:29:59	00:59:33	00:58:32	2912		V35	554
2643	3037	Sergio Neves	00:30:30	00:59:33	00:58:07	2841	we love running	V55	116
2644	541	João Duarte	00:31:01	00:59:33	00:56:29	2545		V35	555
2645	656	João Monteiro	00:28:56	00:59:33	00:56:42	2587		Senior	629
2646	1749	Guiomar Soares	00:29:35	00:59:34	00:59:06	2999	Família Mariano Soares	V40	54
2647	6133	Pedro Camilo	00:32:13	00:59:34	00:56:02	2460		V40	476
2648	597	Mário Mateus	00:30:24	00:59:34	00:56:29	2547		V45	278
2649	4869	Tiago Henriques	00:29:58	00:59:34	00:57:36	2750	Vamos lá	Senior	630
2650	266	Ricardo Nogueira	00:27:39	00:59:35	00:59:20	3050		V35	556
2651	3934	Paulo Tomas	00:31:08	00:59:35	00:57:22	2695	u.r.d.arranhò	V40	477
2652	2797	Inês Ribolhos	00:30:17	00:59:36	00:58:16	2867	Temperos Ocidentais	Senior	107
2653	1326	Pedro Carvalho	00:32:52	00:59:36	00:55:16	2337		V40	478
2654	2849	Rui Pereira	00:32:52	00:59:36	00:55:17	2342	SS CGD	V40	479
2655	3415	Célia Vieira	00:29:48	00:59:36	00:57:08	2655	Catch me if you can	V35	56
2656	834	Cátia Silva	00:31:38	00:59:37	00:56:52	2612		Senior	108
2657	2778	António Fonseca	00:29:26	00:59:37	00:58:59	2983		V55	117
2658	835	Pedro Gonçalves	00:31:38	00:59:37	00:56:52	2613		Senior	631
2659	5793	Fernando Saraiva	00:31:40	00:59:38	00:56:26	2536	Os Saraivas	V55	118
2660	3562	Paulo Horta	00:30:00	00:59:38	00:58:53	2964		V40	480



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2661	4103	Eduardo Marques	00:29:59	00:59:38	00:58:54	2965		V45	279
2662	2681	Ricardo Costa	00:32:12	00:59:40	00:55:14	2334		V35	557
2663	5667	Pedro Fernandes	00:27:42	00:59:40	00:59:33	3088		Senior	632
2664	2228	Gonçalo Marques	00:32:12	00:59:40	00:54:39	2210		V35	558
2665	4514	Maurício Oliveira	00:28:49	00:59:40	00:58:57	2973		V35	559
2666	3212	Rui Teixeira	00:30:21	00:59:41	00:57:27	2722		V35	560
2667	331	Paulo Borges	00:31:58	00:59:41	00:57:40	2760		V45	280
2668	1777	Jaime Afonso	00:31:30	00:59:41	00:57:53	2795	Clube ANACOM	V45	281
2669	4245	José Costa	00:31:57	00:59:42	00:56:06	2467		V35	561
2670	1292	Pedro Pires	00:32:12	00:59:42	00:55:27	2366		V45	282
2671	4364	Francisco Furão	00:29:55	00:59:42	00:57:35	2747	BRRnightRUNNERS	Senior	633
2672	2480	Sandra Silva	00:31:03	00:59:43	00:57:29	2729		V40	55
2673	2748	Ricardo Rodrigues	00:32:05	00:59:43	00:56:28	2544	Clube de Corrida da REN	V35	562
2674	1936	Manuel Venâncio	00:30:55	00:59:44	00:56:01	2458		V40	481
2675	5193	Teresa Santos	00:30:29	00:59:44	00:58:40	2930		V40	56
2676	4716	Mário Caetano	00:32:11	00:59:45	00:54:59	2282	AFO	V35	563
2677	1085	André Cabral	00:30:18	00:59:45	00:58:17	2869		V35	564
2678	3056	João Graça	00:31:01	00:59:45	00:57:54	2798		V45	283
2679	4780	Pedro Silva	00:29:13	00:59:45	00:59:19	3043		Junior	35
2680	5255	Ana Rebelo	00:29:04	00:59:45	00:59:11	3013	Forrest Gumpinas	V45	30



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2681	3739	Francisco Galvão	00:31:30	00:59:45	00:56:32	2559		V50	187
2682	5258	Rita Machado	00:29:04	00:59:45	00:59:12	3018	Forrest Gumpinas	Senior	109
2683	4915	João Baptista	00:31:29	00:59:45	00:56:32	2556		V45	284
2684	1306	Hassam Ibrahim	00:30:35	00:59:46	00:56:44	2592		Senior	634
2685	5256	Carla Rebelo	00:29:03	00:59:46	00:59:12	3019	Forrest Gumpinas	V40	57
2686	5537	Luís Azevedo	00:29:05	00:59:46	00:56:56	2622		V45	285
2687	3473	Carlos Diniz	00:29:35	00:59:46	00:58:33	2916		V55	119
2688	4779	Mauro Azevedo	00:29:13	00:59:46	00:59:20	3045		Senior	635
2689	2385	Pedro Loureiro	00:32:23	00:59:46	00:55:32	2384		V40	482
2690	402	Nelson Ribeiro	00:32:16	00:59:46	00:56:11	2481		Senior	636
2691	3936	Isabel Guerra	00:29:29	00:59:47	00:59:20	3047		V55	6
2692	727	Manuel Esquivel	00:32:16	00:59:47	00:56:11	2483		V55	120
2693	728	Ricardo Amaro	00:32:22	00:59:47	00:56:10	2478		Senior	637
2694	1045	Rui Santos	00:27:54	00:59:47	00:58:49	2960		V45	286
2695	713	Marcos Ratola	00:30:26	00:59:48	00:56:50	2606		V35	565
2696	1094	Carlos Aguiar	00:28:31	00:59:48	00:59:24	3060		V35	566
2697	5002	Vitor Gomes	00:31:37	00:59:49	00:58:32	2911		Senior	638
2698	6169	Fernando Moura	00:29:53	00:59:49	00:58:17	2871		V50	188
2699	805	Pedro Coelho	00:29:57	00:59:49	00:56:44	2593		V45	287
2700	5173	Pedro Bico	00:29:20	00:59:49	00:58:26	2897		V45	288



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2701	6065	Ricardo Raposo	00:32:51	00:59:50	00:57:43	2767		V35	567
2702	5709	Carlos Ruiz	00:30:57	00:59:50	00:56:27	2538		Senior	639
2703	3632	Nuno França	00:30:17	00:59:50	00:56:20	2509		V40	483
2704	2831	Francisco Clerigo	00:29:51	00:59:51	00:58:27	2901	SS CGD	V60	65
2705	3081	Antonio Junior	00:32:28	00:59:51	00:57:37	2753		V35	568
2706	3310	Nuno Santiago	00:31:00	00:59:52	00:56:32	2558	Atalanta runners	V35	569
2707	5721	Nuno Prates	00:31:12	00:59:52	00:58:04	2835		Senior	640
2708	3309	Andreia Pereira	00:31:01	00:59:52	00:56:33	2565	Atalanta runners	Senior	110
2709	3525	Luís Gouveia	00:29:18	00:59:52	00:56:52	2614	CPHFF	V40	484
2710	3219	Saida Moraes	00:30:48	00:59:52	00:58:03	2834	Active People	V40	58
2711	4988	Marco Martins	00:31:44	00:59:52	00:56:05	2465		Senior	641
2712	1490	Filipe Ribeiro	00:29:54	00:59:53	00:58:08	2847		V35	570
2713	4618	João Afonso	00:31:33	00:59:53	00:58:33	2915	A Lebre e as Tartarugas	Senior	642
2714	586	Susana Janeiro	00:30:23	00:59:53	00:59:08	3005		Senior	111
2715	2178	Marco Silva	00:31:01	00:59:53	00:55:30	2373	Hot Runners	Senior	643
2716	2829	Fernando Alves	00:31:27	00:59:53	00:56:24	2527	SS CGD	V50	189
2717	1604	Nuno Almeida	00:27:57	00:59:54	00:59:19	3044		V35	571
2718	3589	Susana Cunha	00:30:25	00:59:54	00:57:58	2814	SS CGD	V40	59
2719	2134	Orlando Fung	00:32:45	00:59:55	00:57:38	2757	Runbehappy	Senior	644
2720	2177	Carla Correia	00:31:05	00:59:55	00:55:58	2452		V35	57



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2721	3484	Frederico Pegado	00:32:14	00:59:55	00:56:14	2494		V40	485
2722	5313	Francisco Silva	00:32:03	00:59:55	00:55:18	2343	KPMG Portugal	Senior	645
2723	560	Odília Pereira	00:30:57	00:59:56	00:57:16	2676	Tartarugas Solidarias	V40	60
2724	857	Cláudia Rosado	00:31:24	00:59:56	00:57:30	2731		Senior	112
2725	5342	João Matinha	00:30:11	00:59:56	00:59:10	3012		V55	121
2726	1815	Pedro Mucharreira	00:28:25	00:59:56	00:59:07	3002		V35	572
2727	502	Rute Morna	00:30:45	00:59:56	00:56:30	2549	Tuareg	V35	58
2728	2249	Sergio Sebastião	00:32:04	00:59:56	00:57:16	2678	BRRnightRUNNERS	V40	486
2729	2171	Paulo Ferreira	00:29:15	00:59:56	00:58:48	2956		V45	289
2730	5719	Pedro Lucas	00:31:35	00:59:57	00:56:17	2503		V35	573
2731	1622	Inês Abrantes	00:31:11	00:59:57	00:58:20	2876	Balhelhas	Senior	113
2732	2732	Helena Estevinha	00:28:35	00:59:57	00:59:40	3111		V45	31
2733	4839	Luis Campos	00:31:21	00:59:57	00:57:04	2641		V65	29
2734	1888	Nuno Monteiro	00:31:29	00:59:57	00:59:14	3023		Senior	646
2735	2127	António Oliveira	00:29:17	00:59:57	00:59:15	3026		V60	66
2736	4540	Daniel Maia	00:31:42	00:59:57	00:56:30	2548		V40	487
2737	3035	Carla Marques	00:31:13	00:59:58	00:57:55	2801	we love running	Senior	114
2738	4719	Rui Lapa	00:31:20	00:59:58	00:55:16	2336	AFO	V40	488
2739	1175	Alexandre Lourinho	00:30:56	00:59:58	00:57:08	2653		V40	489
2740	3036	Lucienne Neves	00:31:13	00:59:58	00:57:56	2807	we love running	Senior	115



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2741	1784	Joao Macedo	00:29:55	00:59:58	00:57:28	2726		V45	290
2742	4713	Rogério Luis	00:29:55	00:59:59	00:57:29	2728		V40	490
2743	1963	Gonçalo Loureiro	00:31:12	00:59:59	00:55:32	2385		V35	574
2744	56	Rui Carvalho	00:30:04	01:00:01	00:58:48	2954		V35	575
2745	807	Rui Fernandes	00:29:53	01:00:01	00:58:19	2874		V40	491
2746	4753	Rui Gomes	00:32:26	01:00:01	00:53:03	1870		V35	576
2747	200	Marco Miguel	00:29:54	01:00:03	00:58:35	2919		V35	577
2748	3493	Ricardo Costa	00:31:06	01:00:03	00:56:20	2508	NB Run	Senior	647
2749	1655	Pedro Silva	00:27:12	01:00:03	00:59:05	2993	MONTEPIO - Marketeers	V35	578
2750	2655	Filipe Cebola	00:30:32	01:00:03	00:59:10	3011		Senior	648
2751	3969	Daniel Leitão	00:31:24	01:00:04	00:56:45	2594		V55	122
2752	2100	António Oliva	00:29:27	01:00:04	00:59:31	3081		V55	123
2753	1833	Ana Mota	00:29:26	01:00:05	00:59:31	3080		Senior	116
2754	4248	Judite Viegas	00:31:00	01:00:05	00:59:00	2985		V40	61
2755	4476	António Sietra	00:30:57	01:00:05	00:57:35	2746	Vodafone	V40	492
2756	5957	João Pacheco	00:31:11	01:00:05	00:55:15	2335		Junior	36
2757	1702	Tiago Fernandes	00:34:31	01:00:06	00:54:22	2155		Senior	649
2758	3683	Arsénio Facas	00:32:38	01:00:07	00:56:16	2500	Clube Ferroviário de Portugal	V60	67
2759	1034	David Cardoso	00:31:46	01:00:08	00:55:52	2436		V40	493
2760	4870	Ricardo Pereira	00:31:00	01:00:08	00:58:04	2836		V35	579



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2761	2330	André Queimado	00:33:04	01:00:08	00:55:33	2387	Runningcous	Senior	650
2762	4322	Pedro Garrido	00:27:34	01:00:08	00:59:47	3121		Senior	651
2763	1407	Francisco Oliveira	00:32:21	01:00:09	00:58:03	2831	Na Pagas Nada? Team	Senior	652
2764	869	Maria Fonseca	00:31:33	01:00:09	00:56:16	2499		V55	7
2765	3762	Ana Faneca	00:30:32	01:00:10	00:59:48	3124		V40	62
2766	1931	Rui Reis	00:32:21	01:00:10	00:56:37	2573		V50	190
2767	1933	Jorge Bonito	00:32:20	01:00:10	00:56:38	2577		V35	580
2768	1951	Rui Lopes	00:33:09	01:00:11	00:55:35	2391		V40	494
2769	1964	João Farinha	00:32:14	01:00:11	00:56:09	2472		V40	495
2770	4902	Pedro Alves	00:32:02	01:00:11	00:56:36	2572	FMUL in t-shirts técnicas	Senior	653
2771	3568	Semiro Alves	00:29:33	01:00:12	00:59:36	3099		V55	124
2772	5962	Nuno Agua	00:33:10	01:00:12	00:55:37	2397	Gang do Parque	V40	496
2773	2288	Joao Macario	00:30:50	01:00:12	00:58:26	2899		V60	68
2774	36	Miguel Isaías	00:30:23	01:00:12	00:58:11	2852		V45	291
2775	5003	Luis Catita	00:32:23	01:00:13	00:55:33	2388	Movet	V55	125
2776	2323	Patricia Lopes	00:29:11	01:00:13	00:59:30	3077		V40	63
2777	2567	Ana Monteiro	00:31:45	01:00:13	00:56:33	2564	Authentic Pilates Lisboa	V45	32
2778	245	Manuel Santos	00:30:32	01:00:14	00:59:11	3015		V40	497
2779	4705	Evandro Marote	00:32:51	01:00:15	00:55:34	2389	Movet	V35	581
2780	4888	Ana Pina	00:32:15	01:00:15	00:57:28	2725		V40	64



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2781	5711	Joaquim Direitinho	00:29:14	01:00:15	00:59:41	3112		V60	69
2782	5682	João Ferro	00:31:52	01:00:17	00:57:23	2703	Glory Global Solutions	V45	292
2783	4770	Filomena Aguiã	00:29:52	01:00:18	00:59:58	3144	Lesmas Alopradas	Senior	117
2784	1325	Bruno Vicente	00:31:27	01:00:18	00:56:35	2568		Senior	654
2785	683	Valter Lopes	00:31:21	01:00:18	00:57:52	2792		V35	582
2786	684	Silvia Eduardo	00:31:22	01:00:18	00:57:52	2791		V35	59
2787	3049	Ana Alves	00:31:54	01:00:19	00:56:38	2578		V40	498
2788	3687	Gualdino Martins	00:31:58	01:00:19	00:56:59	2631	Clube Ferroviário de Portugal	V60	70
2789	5808	Julieta Caldarella	00:28:40	01:00:19	00:59:57	3141		V40	65
2790	2294	Fernando Oliveira	00:32:17	01:00:19	00:57:50	2783	Atletas de Peso	V55	126
2791	4388	Bruno Caramelo	00:28:53	01:00:19	00:58:06	2839		V35	583
2792	3987	Lourenço Azevedo	00:29:37	01:00:19	00:57:48	2780		V35	584
2793	5748	Miguel Lourenco	00:32:24	01:00:19	00:56:56	2620	IST Run Lisboa	Senior	655
2794	515	António Silva	00:32:27	01:00:20	00:56:06	2468		V60	71
2795	2985	Miguel Santos	00:28:56	01:00:20	00:57:54	2799	Os Quebra-milhas	Senior	656
2796	3910	Luis Bairros	00:33:25	01:00:20	00:56:10	2476		V40	499
2797	312	Hugo Cordeiro	00:31:26	01:00:20	00:57:49	2782		Senior	657
2798	2758	Martim Gomes	00:33:15	01:00:20	00:55:56	2444		Junior	37
2799	866	Catarina Cabral	00:30:42	01:00:21	00:59:01	2987		Senior	118
2800	1454	Hugo Gonçalves	00:32:21	01:00:21	00:56:41	2586		Senior	658



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2801	5215	António Almeida	00:30:21	01:00:21	00:59:39	3107		V55	127
2802	5523	Ana Santos	00:31:14	01:00:21	00:58:21	2879		Senior	119
2803	828	José Baixinho	00:32:19	01:00:22	00:57:19	2687		V55	128
2804	2737	Rui Simões	00:32:55	01:00:22	00:56:14	2492		V40	500
2805	540	Nuno Barreto	00:32:55	01:00:22	00:56:14	2496		V40	501
2806	975	José Monteiro	00:30:40	01:00:22	00:59:38	3105		V55	129
2807	4401	Mariana Martins	00:32:40	01:00:22	00:56:36	2571		Senior	120
2808	912	Vanina Cunha	00:30:59	01:00:23	00:59:37	3102		V35	60
2809	5381	Julieta Santos	00:30:20	01:00:24	00:59:16	3029		V50	11
2810	5796	Paulo Onofre	00:31:31	01:00:25	00:57:24	2708	SPR Team	V40	502
2811	462	Sofia Cardoso	00:32:00	01:00:25	00:57:44	2772		Senior	121
2812	219	Carlos Franco	00:31:53	01:00:25	00:56:54	2617		V40	503
2813	3846	Sandro Pinto	00:30:18	01:00:26	00:58:41	2935	RunLovers	V35	585
2814	3848	Camila Wudich	00:30:18	01:00:26	00:58:41	2932	RunLovers	Senior	122
2815	3140	Bartolomeu Pereira	00:32:09	01:00:27	00:56:04	2464		V40	504
2816	4832	Rui Neves	00:31:28	01:00:27	00:56:20	2511		V35	586
2817	3506	Leopoldo Donati	00:31:33	01:00:27	00:59:02	2990		V40	505
2818	1747	David Albino	00:33:08	01:00:29	00:57:19	2686	Morbino	Senior	659
2819	3017	Alipio Costa	00:28:26	01:00:30	00:59:58	3145	BIVAC IBERICA	V50	191
2820	1105	Marcos Madeira	00:29:33	01:00:31	01:00:00	3153		V40	506



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2821	3336	Tiago Veiga	00:30:51	01:00:31	00:57:59	2818		Senior	660
2822	3337	Carina Veiga	00:30:51	01:00:31	00:57:59	2819		Senior	123
2823	4205	Diana Florindo	00:28:55	01:00:31	01:00:11	3184		Senior	124
2824	825	Carlos Soeiro	00:30:09	01:00:32	00:57:30	2730		V35	587
2825	305	Pedro Faro	00:31:56	01:00:33	00:58:31	2910		V45	293
2826	3996	Hugo Marques	00:32:32	01:00:33	00:55:59	2454	Smells like team spirit	Senior	661
2827	4258	Miguel Carrigo	00:30:55	01:00:33	00:58:27	2902	Speed of Yellow	V35	588
2828	2197	Hugo Dias	00:28:51	01:00:34	00:59:15	3028		V35	589
2829	311	Miguel Crujeira	00:30:33	01:00:34	00:57:33	2738		V40	507
2830	2902	Luis Abrantes	00:29:25	01:00:35	00:59:44	3118		V40	508
2831	4868	Rui Pereira	00:30:59	01:00:36	00:58:38	2928	Vamos lá	V40	509
2832	3829	David Costa	00:33:15	01:00:36	00:56:11	2482		Junior	38
2833	766	Cheila Dias	00:32:23	01:00:37	00:57:05	2645		Senior	125
2834	5619	Nuno Almeida	00:30:19	01:00:37	01:00:15	3193		V35	590
2835	3375	Sandra Veríssimo	00:31:41	01:00:37	00:58:01	2824		Senior	126
2836	5346	Filipe Ramos	00:32:35	01:00:38	00:57:04	2642		Senior	662
2837	1428	Susana Simão	00:31:27	01:00:38	00:57:21	2694		Senior	127
2838	1427	Jorge Machado	00:31:28	01:00:38	00:57:21	2692		V45	294
2839	1926	Manuel Lourenço	00:32:29	01:00:38	00:57:05	2646		Senior	663
2840	3628	Tiago Silva	00:31:36	01:00:39	00:58:16	2868		V35	591



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2841	808	Paulo Dias	00:32:23	01:00:40	00:57:08	2656		V45	295
2842	2036	Ana Passos	00:31:15	01:00:40	00:58:20	2877		V40	66
2843	5694	Goncalo Adriaio	00:32:29	01:00:40	00:56:21	2517	Explorer	V35	592
2844	5546	João Belchiorinho	00:31:43	01:00:41	00:59:26	3069		V35	593
2845	425	José Magalhães	00:31:50	01:00:42	00:56:39	2581		Senior	664
2846	142	Luís Trigo	00:31:17	01:00:43	01:00:33	3240	Os Conta-Kilómetros	Senior	665
2847	4545	Mário Gaspar	00:31:03	01:00:43	00:57:49	2781		V45	296
2848	4645	Sara Fulgêncio	00:29:57	01:00:43	00:58:58	2981		V35	61
2849	4543	Rui Alves	00:29:59	01:00:44	00:58:58	2982		V40	510
2850	4179	Carlos Teixeira	00:32:10	01:00:44	00:57:22	2697	Fitness way Pinhal Novo	V45	297
2851	4178	Carolina Mendes	00:32:10	01:00:44	00:57:22	2696	Fitness way Pinhal Novo	Senior	128
2852	1192	Nuno Costa	00:32:08	01:00:44	00:57:15	2674	Pinto Calçados	Senior	666
2853	1191	José Cerqueira	00:32:07	01:00:44	00:57:15	2675	Pinto Calçados	Senior	667
2854	5424	Carla Raposo	00:29:29	01:00:45	01:00:33	3246	Correr Lisboa	V40	67
2855	1522	Manuel Duarte	00:31:38	01:00:46	00:58:07	2840	Clube do Stress	V45	298
2856	434	Pedro Ramos	00:32:44	01:00:47	00:58:33	2914	Clube ANA Lisboa	V45	299
2857	2206	Mariana Pereira	00:29:35	01:00:47	00:59:56	3139	Eletr&Run	V55	8
2858	829	Judite Baixinho	00:32:20	01:00:47	00:57:44	2769		Senior	129
2859	2191	Pedro Colaço	00:31:24	01:00:48	00:56:33	2563	Matos, Fonseca & Friends	Senior	668
2860	2759	João Gomes	00:33:15	01:00:48	00:56:23	2525		V40	511



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2861	4141	António Lopes	00:30:09	01:00:48	00:59:26	3066		V60	72
2862	4699	Luis Dias	00:30:24	01:00:48	00:58:45	2948		V40	512
2863	4635	António Pinharanda	00:28:17	01:00:49	01:00:09	3180		V55	130
2864	5974	Nuno Rodrigues	00:29:08	01:00:49	00:59:32	3085		V35	594
2865	1193	José Costa	00:32:05	01:00:49	00:57:22	2700	Pinto Calçados	V55	131
2866	529	Nuno Grandão	00:29:33	01:00:49	00:59:43	3115		V40	513
2867	2440	João Escoval	00:30:15	01:00:50	00:59:15	3027		Senior	669
2868	2570	Juan Perez	00:30:15	01:00:50	00:59:17	3036		Senior	670
2869	420	Pedro Amaral	00:31:25	01:00:50	00:59:12	3020		Senior	671
2870	4659	Nuno Balsas	00:30:44	01:00:50	00:59:20	3046		V35	595
2871	2192	André Guimarães	00:32:57	01:00:50	00:56:37	2574	Matos, Fonseca & Friends	Senior	672
2872	406	Pedro Rodrigues	00:31:33	01:00:51	00:56:47	2598		V45	300
2873	2193	Rita Teixeira	00:32:57	01:00:51	00:56:37	2576	Matos, Fonseca & Friends	Senior	130
2874	2863	Ricardo Alves	00:29:33	01:00:51	00:59:09	3008		Senior	673
2875	3487	Gonçalo Henriques	00:29:31	01:00:51	01:00:03	3160	CS Runners	Senior	674
2876	5384	Rui Gonçalves	00:31:57	01:00:52	00:58:20	2875		Senior	675
2877	1066	Pedro Oliveira	00:28:50	01:00:52	00:59:24	3056	Casos Notáveis	V40	514
2878	3676	Nuno Lopes	00:29:37	01:00:52	00:59:34	3094	Clube Ferroviário de Portugal	V35	596
2879	4538	André Gomes	00:32:00	01:00:53	00:54:00	2063	Speedy Gonzales Team	Senior	676
2880	4961	Luis Encarnação	00:29:45	01:00:53	01:00:05	3165	Os Morcegos	V40	515



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2881	4697	Alexandre Vasques	00:33:52	01:00:53	00:56:24	2528		Junior	39
2882	3426	Ana Rodrigues	00:29:32	01:00:53	01:00:06	3168	CS Runners	Senior	131
2883	3486	Ruben Reis	00:29:32	01:00:53	01:00:06	3169	CS Runners	V35	597
2884	6050	Jorge Pinto	00:30:22	01:00:53	00:59:22	3053		V35	598
2885	888	Susana Ferreira	00:30:59	01:00:53	00:58:12	2854		Senior	132
2886	4993	Luís Barroso	00:33:13	01:00:54	00:57:10	2661		V55	132
2887	5340	Marta Motaq	00:33:41	01:00:54	00:56:21	2520		Senior	133
2888	746	Joaquim Filipe	00:30:26	01:00:54	00:58:03	2833	Filipes & Guerreiro LDA	Junior	40
2889	5214	Hugo Gonçalves	00:33:33	01:00:54	00:56:22	2524		V35	599
2890	322	Cristina Lavrador	00:30:38	01:00:54	00:58:42	2941	run4fun	V45	33
2891	2954	Carla Carvalho	00:31:43	01:00:54	00:57:34	2743		V40	68
2892	2790	André Sousa	00:32:07	01:00:55	00:57:51	2789		Senior	677
2893	4569	Raquel Cunha	00:29:20	01:00:55	01:00:40	3268		V40	69
2894	5710	Rita Delgado	00:30:52	01:00:55	00:58:01	2823		Senior	134
2895	5533	Carla Simões	00:28:38	01:00:56	01:00:50	3299	Correr Lisboa	V45	34
2896	6158	Sinan Egilmez	00:30:54	01:00:56	00:56:11	2485		Senior	678
2897	6005	Ricardo Lopes	00:33:56	01:00:56	00:56:57	2624	Prosegur	Senior	679
2898	3149	Carlos Costa	00:31:19	01:00:57	00:57:07	2651		V50	192
2899	3191	Rogério Dias	00:28:58	01:00:58	01:00:40	3264		V65	30
2900	432	André Morgado	00:29:47	01:00:58	00:59:14	3024	Clube ANA Lisboa	Senior	680



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2901	6177	António Bila	00:33:39	01:00:58	00:57:37	2752	Clube Olimpico de Oeiras	V55	133
2902	5786	Bruno Moreira	00:30:31	01:00:59	00:59:02	2989		Senior	681
2903	1795	Pedro Silva	00:29:02	01:00:59	00:58:57	2974		V35	600
2904	3198	Ana Fatela	00:31:37	01:01:01	01:00:08	3178		V50	12
2905	1893	Luis Dias	00:31:23	01:01:01	01:00:09	3179		V45	301
2906	1891	Silvia Corrales	00:31:23	01:01:02	01:00:10	3183		V40	70
2907	447	Monica Abeu	00:31:06	01:01:02	00:58:39	2929	Tuareg	Senior	135
2908	5777	Rui Alexandre	00:31:49	01:01:02	00:56:57	2625		V35	601
2909	5445	Pedro Oliveira	00:30:45	01:01:02	00:59:06	2996		Senior	682
2910	2242	Ricardo Lampreia	00:33:00	01:01:02	00:57:44	2771		V35	602
2911	1535	Tiago Inácio	00:32:26	01:01:03	00:58:57	2972	Na Pagas Nada? Team	Senior	683
2912	3098	João Florência	00:33:20	01:01:03	00:57:26	2715	Caixagest, Técnicas Gestão de Fundos, SA	Senior	684
2913	1409	Bruno Letra	00:32:26	01:01:03	00:58:58	2980	Na Pagas Nada? Team	Senior	685
2914	646	José Rocha	00:32:54	01:01:03	00:56:49	2600		V50	193
2915	1405	Júlio Costa	00:32:26	01:01:03	00:58:58	2978	Na Pagas Nada? Team	Senior	686
2916	4449	Marek Zalewski	00:33:23	01:01:04	00:56:56	2623		Senior	687
2917	1408	João Sequeira	00:32:21	01:01:04	00:58:58	2979	Na Pagas Nada? Team	V40	516
2918	5082	Tomaz Bairros	00:32:08	01:01:04	00:57:58	2812	Pardal	V45	302
2919	2969	Cecilia Pardal	00:32:08	01:01:04	00:57:59	2821	Pardal	V40	71
2920	4566	Andreia Reis	00:31:49	01:01:05	00:59:04	2992		Senior	136



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2921	3513	Margarida Santos	00:29:59	01:01:05	01:00:27	3227		Senior	137
2922	484	Bruno Azevedo	00:29:36	01:01:05	01:00:24	3221		Senior	688
2923	749	Nuno Romano	00:30:20	01:01:06	00:58:18	2873	Sapatistas	V35	603
2924	856	Joana Miranda	00:31:25	01:01:06	00:58:41	2931		Senior	138
2925	4986	Tiago Costa	00:31:25	01:01:06	00:58:41	2934		Senior	689
2926	915	José Serrão	00:35:41	01:01:06	00:56:19	2505		V50	194
2927	2237	Nelson Silva	00:31:16	01:01:07	00:57:03	2640		V35	604
2928	4951	João Furtado	00:31:08	01:01:07	00:59:18	3042		V40	517
2929	5065	Katharina Silva	00:30:34	01:01:08	01:00:43	3274		V45	35
2930	3190	Manuel Dias	00:30:29	01:01:08	00:59:13	3022		Senior	690
2931	2366	Angelo Caetano	00:30:21	01:01:09	00:59:28	3071		V40	518
2932	3853	Catarina Gomes	00:31:11	01:01:09	00:57:57	2809	CCD Crédito Agrícola Mútuo	Junior	9
2933	5078	Pedro Tomé	00:29:41	01:01:09	01:00:33	3244		V35	605
2934	1203	Paulo Amorim	00:31:43	01:01:09	00:57:36	2751		Senior	691
2935	3126	Ana Santos	00:31:32	01:01:09	00:59:32	3087		V35	62
2936	3127	Davide Gonçalves	00:31:33	01:01:09	00:59:32	3086		Senior	692
2937	1320	Rui Palma	00:33:08	01:01:10	00:57:12	2667	Os Coxos	V35	606
2938	2707	Paulo Roxo	00:29:17	01:01:10	01:00:33	3239		V35	607
2939	1044	Filipe Beja	00:32:28	01:01:10	00:58:38	2924		Senior	693
2940	707	Ricardo Carvalho	00:30:31	01:01:11	01:00:03	3157	Os Carvalhos	V35	608



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2941	3704	Carla Jorge	00:29:10	01:01:11	01:00:10	3181	Grupo Recreativo e Desportivo "OS FIXES"	V45	36
2942	4330	Carlos Gonçalves	00:31:20	01:01:11	00:58:06	2838	PRIMOS POUSOS	Senior	694
2943	1440	Márcio Silva	00:31:34	01:01:11	00:59:05	2994		V35	609
2944	4783	Tiago Bernardo	00:29:20	01:01:12	00:59:17	3035		Senior	695
2945	4332	Maria Filipe	00:32:15	01:01:12	00:57:34	2741		V40	72
2946	5011	Carlos Teófilo	00:31:48	01:01:12	00:58:26	2893		V40	519
2947	4232	Miguel Vivas	00:30:45	01:01:13	00:59:07	3004		Senior	696
2948	639	Jaquelina Vieira	00:30:20	01:01:13	00:59:49	3125	FPJ Runners	V35	63
2949	3007	Filipe Fernandes	00:32:11	01:01:13	00:59:16	3030	Winners Team	V35	610
2950	3000	João Fernandes	00:32:11	01:01:13	00:59:16	3031		V40	520
2951	3109	João Brito	00:30:17	01:01:14	01:00:40	3266		V40	521
2952	4057	Rui Santos	00:31:04	01:01:14	00:57:25	2712		V40	522
2953	1478	Alexandre Moita	00:33:16	01:01:14	00:56:59	2629	Run4Beer	V40	523
2954	5581	Joao Vinagre	00:32:25	01:01:14	00:54:40	2216	IST Run Lisboa	V45	303
2955	452	Sonia Quintino	00:32:29	01:01:15	00:59:06	2997	Tuareg	V35	64
2956	1126	Sandra Serra	00:31:13	01:01:15	00:59:46	3119	SAMIPE	V40	73
2957	4285	Pedro Fernandes	00:33:04	01:01:15	00:57:04	2643	Domingos Sport Competição	Senior	697
2958	2866	Laura Carmenates	00:29:56	01:01:15	01:00:58	3319		V55	9
2959	1171	Pedro Ferreira	00:30:18	01:01:16	00:58:41	2933	MONTEPIO - Marketeers	Senior	698
2960	870	Natalia Guerreiro	00:33:24	01:01:16	00:57:09	2658		V40	74



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2961	3137	Paulo Rodrigues	00:29:40	01:01:16	00:59:58	3146	RUN 4-T FUN	V35	611
2962	2784	Paulo França	00:31:05	01:01:16	01:00:17	3196	GDCT Unicre	V50	195
2963	4077	Paulo Brito	00:32:23	01:01:17	00:57:58	2815		V50	196
2964	3926	Joana Martins	00:30:16	01:01:17	00:59:16	3032	ADRC Mata de Benfica	Senior	139
2965	777	Jose Morais	00:32:04	01:01:17	00:55:44	2416		V35	612
2966	3385	Pedro Martins	00:31:47	01:01:18	00:59:33	3089		V35	613
2967	4838	Jorge Silva	00:31:15	01:01:19	01:00:13	3190		V50	197
2968	5700	Rui Freixo	00:33:37	01:01:19	00:57:27	2721		Senior	699
2969	2030	Pedro Melo	00:31:36	01:01:19	00:59:28	3072		V45	304
2970	708	Albertino Soares	00:30:46	01:01:20	01:00:19	3202	Soares Family and Friends	V50	198
2971	1287	Henrique Alves	00:32:00	01:01:20	00:57:56	2808		V50	199
2972	372	Pedro D'oliveira	00:29:55	01:01:20	01:00:41	3269		V40	524
2973	500	Luis Rego	00:29:53	01:01:21	00:59:55	3136		V40	525
2974	1877	Marco Canelas	00:29:23	01:01:21	00:59:30	3078	Red Runners	V35	614
2975	2040	Miguel Matos	00:32:28	01:01:22	00:56:21	2516		V40	526
2976	5428	Leopoldino Espogeiro	00:31:24	01:01:22	00:59:50	3126		V35	615
2977	906	Hugo Gonçalves	00:32:53	01:01:22	00:56:16	2498		V40	527
2978	2672	José Sousa	00:33:54	01:01:23	00:57:57	2811		V45	305
2979	5042	José Cavaqueira	00:26:31	01:01:23	01:00:44	3277		V60	73
2980	1692	Susana Santos	00:31:57	01:01:24	00:58:24	2885		Senior	140



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2981	2399	André Carvalho	00:31:58	01:01:24	00:58:24	2886		V35	616
2982	6127	Pedro Ascensão	00:33:29	01:01:24	00:57:26	2719		V35	617
2983	583	Bruno Alexandre	00:34:01	01:01:24	00:56:50	2602	MONTEPIO - Castelo Branco	V35	618
2984	4288	Bruno Patrício	00:35:57	01:01:25	00:56:41	2585	Board Meeting	V35	619
2985	3452	Sérgio Matos	00:32:04	01:01:26	00:58:47	2952		V40	528
2986	5004	Andreia Silva	00:32:34	01:01:26	00:58:13	2856		Senior	141
2987	4047	Nuno Maia	00:33:18	01:01:27	00:56:39	2582	Jaquinzinhos de Corrida	Senior	700
2988	5051	David Xavier	00:31:35	01:01:28	00:59:16	3033		V40	529
2989	5610	Rui Ramada	00:30:39	01:01:28	00:58:03	2832		V40	530
2990	5183	António Ferreira	00:30:29	01:01:28	01:00:58	3322		V50	200
2991	2129	Olga Alves	00:29:35	01:01:29	01:00:45	3279		V40	75
2992	6025	Diogo Silva	00:33:51	01:01:29	00:57:00	2634	Corre tu Godo de Meda	Senior	701
2993	4637	Diogo Silva	00:33:38	01:01:29	00:57:18	2683		Senior	702
2994	1307	Ana Canelhas	00:32:12	01:01:29	00:59:06	2995		Senior	142
2995	5620	Michele Correia	00:32:08	01:01:29	01:00:18	3200		V40	76
2996	1614	Pedro Pereira	00:32:41	01:01:29	00:58:43	2943	Cangurus	V35	620
2997	1202	Ricardo Dias	00:32:39	01:01:30	00:57:00	2637		V35	621
2998	4040	Jorje Miranda	00:34:05	01:01:30	01:00:58	3321		V35	622
2999	3380	Ricardo Neves	00:31:59	01:01:30	00:58:00	2822	Tartarugas Solidarias	Senior	703
3000	4657	Gonçalo Rego	00:33:22	01:01:31	00:57:21	2693		Senior	704



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3001	4872	Henrique Romano	00:30:22	01:01:31	01:01:09	3345		Junior	41
3002	4932	Ivo Secretário	00:31:36	01:01:32	00:57:53	2796		V35	623
3003	4005	Emilia Galinha	00:29:18	01:01:32	01:01:23	3383	Escola Atletismo Rui Silva	V50	13
3004	3738	Rui Isabel	00:32:01	01:01:32	00:57:05	2647		Senior	705
3005	4467	Cesar Silva	00:30:12	01:01:33	01:01:12	3352		V40	531
3006	1913	João Marques	00:33:40	01:01:33	00:57:24	2707		V35	624
3007	1415	Marcos Leonardo	00:32:48	01:01:35	00:57:36	2749		V60	74
3008	3323	Patricia Sousa	00:29:51	01:01:35	01:00:59	3324		V40	77
3009	2983	Marco Delgado	00:31:14	01:01:36	00:57:07	2652	Gamenho's Family	Senior	706
3010	1475	Tiago Graça	00:31:51	01:01:36	00:57:45	2776		Senior	707
3011	1154	Francisco Ferro	00:31:37	01:01:36	00:59:44	3117		V40	532
3012	64	Fernando Palma	00:30:40	01:01:37	00:59:32	3084		V35	625
3013	2895	Pedro Crespo	00:30:40	01:01:37	00:59:32	3083		V40	533
3014	1852	João Confiançudo	00:30:14	01:01:37	00:59:59	3149	Os Confiançudos	V45	306
3015	3436	Daniel Costa	00:32:15	01:01:38	01:00:33	3247		V60	75
3016	3434	Cláudia Ideias	00:30:10	01:01:39	01:01:18	3366		Senior	143
3017	698	Silvino Martins	00:31:23	01:01:39	00:59:55	3138		V60	76
3018	2540	Virgílio Mata	00:31:53	01:01:39	00:59:08	3007		V60	77
3019	924	Rute Oliveira	00:31:29	01:01:40	01:00:13	3188		V40	78
3020	1246	Celso Osorio	00:33:01	01:01:40	00:57:51	2786		V40	534



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3021	5464	Jose Magro	00:31:09	01:01:40	01:00:44	3275	NOVOS TRILHOS	V40	535
3022	5966	Paulo Martins	00:33:21	01:01:41	00:56:54	2619		V35	626
3023	5238	Carlos Rodrigues	00:33:35	01:01:41	00:57:50	2785		V35	627
3024	2841	Patricia Tavares	00:31:28	01:01:42	01:00:30	3232	SS CGD	V35	65
3025	3020	Vanda Brissos	00:30:23	01:01:42	01:01:12	3350	BIVAC IBERICA	V45	37
3026	2824	Albertino Semedo	00:31:27	01:01:42	01:00:21	3213	SS CGD	V55	134
3027	2836	Luis Sanchez	00:31:28	01:01:42	01:00:30	3235	SS CGD	V55	135
3028	2988	Ricardo Figueira	00:29:06	01:01:43	01:01:10	3348	COFACO AÇORES, SA	V35	628
3029	3897	Rui Antão	00:31:05	01:01:43	01:00:52	3303		V40	536
3030	3701	Manuela Anton	00:29:43	01:01:44	01:00:57	3316	Grupo Recreativo e Desportivo "OS FIXES"	V45	38
3031	5195	Tiago Silva	00:31:32	01:01:44	00:58:16	2865	Tartarugas Solidarias	V35	629
3032	5545	Isabel Ramos	00:31:43	01:01:44	01:00:30	3231		V35	66
3033	3172	Dora Rodrigues	00:31:37	01:01:45	01:00:06	3171	Os Viajantes	Senior	144
3034	3171	Paulo Cardoso	00:31:37	01:01:45	01:00:07	3173	Os Viajantes	Senior	708
3035	6020	Liliana André	00:31:13	01:01:45	01:00:33	3248		Senior	145
3036	5968	Hugo Henriques	00:34:03	01:01:45	00:57:26	2716		V35	630
3037	5462	Anabela Pacheco	00:31:09	01:01:45	01:00:49	3295	NOVOS TRILHOS	V40	79
3038	5859	Acácio Gamboa	00:34:04	01:01:46	00:57:26	2718		V40	537
3039	338	Susana Guerreiro	00:30:48	01:01:47	01:00:48	3287		V35	67
3040	2401	Antonio Domingos	00:33:07	01:01:47	00:58:15	2862	corre@correr	V65	31



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3041	4873	Jaime Gomes	00:32:50	01:01:47	00:58:13	2857		V55	136
3042	136	Claudia Leitão	00:31:11	01:01:47	01:00:44	3276		V35	68
3043	2361	Luis Santos	00:33:20	01:01:47	00:59:01	2988	Clube Empregados Repsol Portugal	V45	307
3044	1330	Helder Silva	00:31:55	01:01:47	01:00:36	3254		V40	538
3045	4728	João Vieira	00:33:02	01:01:48	00:57:43	2768		V35	631
3046	4516	Luis Mateus	00:31:26	01:01:49	00:57:40	2761		Senior	709
3047	5152	Vanessa Sequeira	00:32:25	01:01:49	00:58:41	2936	Winners Team	Senior	146
3048	3252	Helder Alexandre	00:32:10	01:01:49	00:58:28	2906	Microsoft One	V40	539
3049	3124	João Neto	00:31:47	01:01:50	00:59:10	3010		V40	540
3050	1719	João Calado	00:28:56	01:01:50	01:01:02	3332	NO LIMITS	Junior	42
3051	3811	Luís Rego	00:31:38	01:01:50	00:57:24	2709	Wannabes	Senior	710
3052	1816	Catarina Sá	00:31:38	01:01:50	00:59:27	3070		Senior	147
3053	5097	Carolina Oliveira	00:32:56	01:01:50	00:58:26	2894		Senior	711
3054	4601	António Jesus	00:32:19	01:01:51	00:59:59	3147		V45	308
3055	5970	Joana Freitas	00:32:28	01:01:51	00:59:18	3041		Senior	148
3056	4407	Daniel Valente	00:33:38	01:01:51	00:57:24	2710		Senior	712
3057	4765	Sofia Teixeira	00:32:08	01:01:51	00:58:52	2962		Senior	149
3058	2109	Mário Machado	00:33:03	01:01:51	00:58:14	2858		V40	541
3059	3372	Letícia Oliveira	00:30:06	01:01:52	01:01:21	3375	Sorriso Marvilha	Senior	150
3060	2089	Tiago Sanches	00:31:20	01:01:52	01:01:05	3339		Senior	713



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3061	2909	Mauro Nunes	00:33:41	01:01:53	00:57:13	2669		V35	632
3062	2631	Rui Oliveira	00:33:03	01:01:53	00:58:16	2866		V50	201
3063	1321	Carlos Gonçalves	00:32:39	01:01:53	00:57:50	2784	Os Coxos	Senior	714
3064	1027	Hugo Araujo	00:32:30	01:01:54	00:57:13	2671		Senior	715
3065	881	Joao Teixeira	00:32:47	01:01:54	00:58:25	2888		V50	202
3066	4834	Antônio Vera	00:31:16	01:01:55	00:56:54	2616		V35	633
3067	4488	Gonçalo Lopes	00:31:07	01:01:56	00:59:33	3092	Carapaus de Corrida	Junior	43
3068	5409	André Gutierrez	00:29:29	01:01:58	01:01:29	3395	Gutis	Senior	716
3069	2503	Bruno Caetano	00:32:10	01:01:58	00:58:43	2944		V35	634
3070	1832	Rosa Falardo	00:32:10	01:01:58	01:00:48	3291		V50	14
3071	3540	Álvaro Eça	00:31:30	01:01:58	00:58:49	2958		Senior	717
3072	1069	Mário Rodrigues	00:29:00	01:01:59	01:01:52	3454	Os Gatos Fedorentos	V60	78
3073	5603	Nelson Oliveira	00:30:38	01:01:59	01:01:20	3372		V65	32
3074	2888	Paulo Matos	00:33:12	01:01:59	00:57:26	2714		V40	542
3075	4644	Anabela Sousa	00:33:09	01:01:59	00:58:38	2926		V45	39
3076	3672	Cristina Cerda	00:33:15	01:02:00	00:57:27	2723		V40	80
3077	4613	João Barreto	00:33:38	01:02:01	00:58:09	2849		V35	635
3078	920	Patrícia Alves	00:31:42	01:02:02	00:59:31	3079		Senior	151
3079	5019	Luis D'oliveira	00:32:23	01:02:02	00:57:45	2778		V40	543
3080	209	Tomás Bastos	00:34:56	01:02:03	00:58:21	2880	Falta Muito para os 10 Kms ??????	Junior	44



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3081	4758	Pedro Rodrigues	00:30:28	01:02:03	00:59:21	3051		Senior	718
3082	3578	Edmundo Simoes	00:32:49	01:02:04	00:58:02	2826		V55	137
3083	5767	Sergio Lobato	00:31:52	01:02:04	00:59:37	3103	Tuareg	Senior	719
3084	5069	João Frade	00:31:39	01:02:04	00:59:44	3116		V40	544
3085	6145	Melissa Dourado	00:30:24	01:02:04	01:01:06	3340		Senior	152
3086	3279	Cecilia Tavares	00:29:47	01:02:05	01:01:05	3338	Grupo Desportivo de Chelas	V45	40
3087	4117	Manuel Pimentão	00:28:55	01:02:05	01:01:40	3416	Os Tresmalhados	V40	545
3088	2903	Arsénio Rodrigues	00:29:44	01:02:05	01:00:35	3252		V45	309
3089	2964	Jorge Ferreira	00:32:12	01:02:06	01:00:08	3176	running of dª maria	V45	310
3090	5724	Gonçalo Sacoto	00:31:48	01:02:06	00:59:25	3064		V35	636
3091	5836	Alberto Martins	00:33:54	01:02:08	00:57:51	2788	Run4Fit	V50	203
3092	2649	Nuno Martins	00:33:54	01:02:08	00:57:52	2793	Run4Fit	Senior	720
3093	2807	Filipe Cunha	00:32:50	01:02:08	00:57:44	2770		Senior	721
3094	4365	Ricardo Prazeres	00:32:35	01:02:09	01:00:32	3237		Senior	722
3095	1188	Mario S.Sousa	00:31:04	01:02:09	01:00:21	3211		V60	79
3096	6070	Monika Turyna	00:33:24	01:02:10	00:58:02	2829		Senior	153
3097	1002	Helena Moreira	00:32:07	01:02:10	01:01:00	3327		V40	81
3098	2736	Gustavo Ferreira	00:32:17	01:02:11	01:00:38	3257		Senior	723
3099	6111	Ana Gorgueira	00:30:22	01:02:11	01:01:47	3437		Senior	154
3100	2735	Joao Alcobia	00:32:17	01:02:11	01:00:38	3259		V50	204



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3101	4423	José Cândido	00:32:35	01:02:11	01:00:33	3245		Senior	724
3102	5528	João Silva	00:31:27	01:02:11	01:01:27	3391		V40	546
3103	1643	Ana Martins	00:33:55	01:02:11	00:57:31	2734	Movet	V35	69
3104	5948	José Varela	00:30:27	01:02:12	01:00:50	3298		V50	205
3105	3420	Cláudio Pina	00:29:40	01:02:12	01:01:00	3329	ugc	V35	637
3106	3872	Fernando Alexandre	00:29:36	01:02:13	01:01:54	3465		V40	547
3107	4369	Paulo Lopes	00:29:19	01:02:14	01:01:47	3431		Senior	725
3108	1183	José Carvalho	00:29:20	01:02:14	01:01:04	3336		V40	548
3109	3947	Pedro Marreiros	00:32:23	01:02:14	00:57:56	2805		V35	638
3110	558	Liliana Rodrigues	00:30:49	01:02:14	00:59:12	3017		Senior	155
3111	1569	Luis Santos	00:29:46	01:02:14	01:01:52	3451	ODEBRECHT PORTUGAL	V55	138
3112	3111	Carlos Tomé	00:32:22	01:02:14	01:00:03	3159		V60	80
3113	5369	Paulo Jerónimo	00:31:38	01:02:15	00:59:57	3140		V50	206
3114	5757	Vera Correia	00:32:16	01:02:16	01:00:22	3214		V35	70
3115	3304	Jose Ferrabelo	00:30:49	01:02:16	01:00:47	3282	ASAS	V60	81
3116	1206	Adelaide Porto	00:30:02	01:02:16	01:02:02	3492		V45	41
3117	1015	Telmo Bernardes	00:31:46	01:02:16	00:58:55	2969		Senior	726
3118	3138	Ana Antunes	00:30:19	01:02:16	01:00:56	3312	RUN 4-T FUN	V35	71
3119	5430	Nuno Leão	00:34:57	01:02:17	01:00:01	3155		V35	639
3120	3742	António Agra	00:33:03	01:02:17	00:59:24	3059		V45	311



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3121	2523	Jorge Neves	00:34:05	01:02:18	00:57:42	2764	Winners Team	V35	640
3122	2095	Cristina Ferreira	00:31:12	01:02:18	01:00:25	3223		Senior	156
3123	4690	Elisabete Costa	00:32:00	01:02:18	00:58:55	2968		V40	82
3124	5388	Miguel Santos	00:31:12	01:02:18	01:00:24	3222		V35	641
3125	4076	Pedro Santos	00:31:59	01:02:19	00:58:56	2970		V40	549
3126	2932	João Seguro	00:32:15	01:02:19	00:59:26	3065		V35	642
3127	2972	Maria Martins	00:31:09	01:02:19	01:01:08	3344	45 minutos	Senior	157
3128	2551	Joao Calado	00:31:09	01:02:19	01:01:08	3343		Senior	727
3129	3134	Sandra Neves	00:30:20	01:02:20	01:00:58	3323	RUN 4-T FUN	V40	83
3130	296	Paulo Jesus	00:28:17	01:02:20	01:02:09	3514		V40	550
3131	5738	Hugo Velosa	00:29:46	01:02:20	01:01:02	3331	KPMG Portugal	V35	643
3132	3600	Carlos Pessoa	00:34:26	01:02:21	00:58:23	2883		V45	312
3133	3599	Jorge Narciso	00:31:02	01:02:21	01:01:30	3401		V55	139
3134	3597	José Antunes	00:34:29	01:02:21	00:58:25	2889		V40	551
3135	4703	Paula Martins	00:31:35	01:02:22	01:01:24	3384	Tetecas	Senior	158
3136	4504	João Batista	00:34:26	01:02:22	00:58:24	2887		V35	644
3137	2809	Luis Lança	00:33:28	01:02:22	00:58:12	2855	Tertulia	V35	645
3138	5999	Atsuko Kibe	00:31:53	01:02:22	01:00:59	3326	OMOTENASHI	Senior	159
3139	2958	Sergio Costa	00:30:32	01:02:23	01:01:45	3425		V35	646
3140	5158	Susana Maio	00:33:44	01:02:23	00:58:26	2896	Cruse Maio Pinto	V35	72



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3141	5282	Cleide Mariz	00:32:11	01:02:23	01:00:28	3229	ITDS	V50	15
3142	596	Maria Simoes	00:30:16	01:02:23	01:01:49	3439		V45	42
3143	5283	José Mariz	00:32:11	01:02:23	01:00:28	3228	ITDS	V60	82
3144	1870	Pedro Santos	00:31:54	01:02:23	00:59:42	3113		V40	552
3145	3444	Jose Freitas	00:32:01	01:02:24	01:00:07	3174		V50	207
3146	5643	Conceição Pina	00:31:18	01:02:24	01:01:06	3341		V45	43
3147	901	Ron Franken	00:31:44	01:02:24	01:00:38	3256		V55	140
3148	2161	Joice Lavandoski	00:33:17	01:02:24	00:59:03	2991		Senior	160
3149	5151	Vera Gomes	00:30:04	01:02:25	01:00:44	3278		Senior	161
3150	5858	Olga Galvão	00:30:27	01:02:25	01:00:50	3300		V50	16
3151	3339	Alexandre Abade	00:33:53	01:02:25	00:57:44	2774		V40	553
3152	4146	Beatriz Costa	00:32:21	01:02:25	00:59:54	3134		Junior	10
3153	1592	Sérgio Eira	00:33:53	01:02:26	00:57:45	2779		V40	554
3154	5155	Fernando Machado	00:33:40	01:02:26	00:58:48	2957	Os Pioneiros	V45	313
3155	2344	Bernardo Duarte	00:37:13	01:02:27	00:57:41	2762	ContrAltaFinanca	Junior	45
3156	3227	Rui Eusébio	00:30:24	01:02:27	01:02:00	3486		V65	33
3157	3691	António Ferreira	00:30:47	01:02:27	01:01:15	3360	Grupo Recreativo e Desportivo "OS FIXES"	V50	208
3158	5449	Aurélio Calado	00:32:59	01:02:28	00:59:18	3040	SS CGD	V65	34
3159	5123	Artur Serrano	00:33:18	01:02:28	00:58:08	2845		V40	555
3160	772	Antonio Braga	00:32:41	01:02:29	00:59:43	3114		V60	83



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3161	5479	Joaquim Pires	00:32:22	01:02:29	00:58:26	2895	Pelegas	V50	209
3162	5480	Luis Dinis	00:32:22	01:02:29	00:58:26	2898	Pelegas	V45	314
3163	5088	Cátia Rodrigues	00:31:56	01:02:29	00:58:42	2939		Senior	162
3164	5588	António Reis	00:33:43	01:02:29	00:58:02	2827		V50	210
3165	5923	Sergio Brito	00:32:06	01:02:30	00:59:35	3096	CLUBE ACCENTURE	V35	647
3166	243	Tiago Pereira	00:34:11	01:02:30	00:58:47	2951		V35	648
3167	5922	Mafalda Rocha	00:32:25	01:02:30	01:00:55	3309	CLUBE ACCENTURE	Senior	163
3168	2278	Luisa Mourão	00:32:12	01:02:30	00:59:17	3039	CCD Crédito Agrícola Mútuo	V35	73
3169	3711	Paulo Cardoso	00:31:50	01:02:32	00:58:28	2903		V40	556
3170	388	Jose Cruz	00:30:24	01:02:33	01:01:29	3396		V40	557
3171	2160	David Branco	00:32:16	01:02:33	00:58:15	2863		Senior	728
3172	1113	Luis Dias	00:35:23	01:02:33	00:57:56	2803		V40	558
3173	3340	Sara Lopes	00:33:17	01:02:33	00:59:22	3052		Senior	164
3174	1139	Luis Libanio	00:31:32	01:02:34	01:01:35	3407		V55	141
3175	1360	Paula Sousa	00:30:20	01:02:34	01:01:40	3412		V35	74
3176	6047	Rui Araújo	00:33:17	01:02:35	00:59:23	3055		Senior	729
3177	2452	Mário Costa	00:33:57	01:02:35	00:58:09	2848	Asas da lapa	V35	649
3178	4619	Leopoldino Marcelino	00:32:45	01:02:36	00:59:08	3006	grup.desp.chelas	V75	3
3179	387	Veronica Cruz	00:30:15	01:02:36	01:01:32	3403		V35	75
3180	3157	Rafael Cortês	00:31:35	01:02:36	01:01:18	3368		Senior	730



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3181	569	Antonio Faria	00:31:40	01:02:37	01:00:49	3294		V55	142
3182	2343	Pedro Coimbra	00:37:14	01:02:37	00:57:51	2787	ContrAltaFinanca	V45	315
3183	3143	Carlos Cortês	00:31:35	01:02:37	01:01:20	3373		V50	211
3184	3992	Dorindo Ferreira	00:30:16	01:02:37	01:00:59	3325	Ferreira	V65	35
3185	4712	Flávio Basilio	00:31:42	01:02:38	01:00:14	3191		V35	650
3186	5794	João Fonseca	00:31:41	01:02:38	00:59:28	3074	SPR Team	V45	316
3187	317	Mafalda Silva	00:33:38	01:02:38	01:01:47	3435	Run 4 Fun	V40	84
3188	6117	Vítor Moura	00:31:24	01:02:39	01:00:41	3270		V35	651
3189	505	Nuno Oliveira	00:33:56	01:02:39	00:58:01	2825	A Lebre e os Outros	V35	652
3190	3327	Tiago Nunes	00:33:18	01:02:40	01:00:33	3249		Senior	731
3191	830	David Dias	00:32:33	01:02:40	00:58:08	2844		Senior	732
3192	3468	Filipe Matos	00:32:05	01:02:40	01:00:02	3156		V35	653
3193	5538	Pedro Tavares	00:31:37	01:02:41	01:01:25	3387		Senior	733
3194	4242	Samuel Santos	00:31:54	01:02:41	00:58:23	2882		Senior	734
3195	6129	Marco Lopes	00:33:29	01:02:42	00:59:13	3021		Senior	735
3196	1141	Ana Almeida	00:31:01	01:02:42	01:02:10	3515		Senior	165
3197	3023	Gonçalo Lopes	00:31:31	01:02:42	01:00:39	3261	we love running	V35	654
3198	4898	Pedro Domingos	00:33:37	01:02:42	00:58:10	2851		V40	559
3199	4068	Sergio Lopes	00:34:11	01:02:42	00:58:06	2837		V35	655
3200	4931	Martim Dias	00:31:56	01:02:43	01:00:00	3150		Senior	736



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3201	4622	Fernando Paulo	00:31:52	01:02:44	01:02:09	3512	grup.desp.chelas	V60	84
3202	4682	Tiago Andrade	00:31:25	01:02:44	00:58:47	2953		Senior	737
3203	5223	Nuno Duarte	00:30:26	01:02:44	01:01:53	3455		V35	656
3204	5373	António Moreira	00:33:36	01:02:45	01:01:16	3362		V40	560
3205	592	Humberto Soeima	00:31:03	01:02:46	01:00:32	3238		Senior	738
3206	1802	Gonçalo Louro	00:30:19	01:02:47	01:02:07	3505		Senior	739
3207	1840	João Aranha	00:30:19	01:02:47	01:02:04	3500		Senior	740
3208	3203	Liliana Mendonca	00:32:04	01:02:47	00:58:45	2949		Senior	166
3209	786	Edgar Madaleno	00:29:12	01:02:47	01:01:18	3367		V35	657
3210	4006	Joao Capão	00:32:39	01:02:48	01:00:17	3195	Escola Atletismo Rui Silva	V40	561
3211	4007	Carminho Letra	00:32:39	01:02:48	01:00:18	3198	Escola Atletismo Rui Silva	V35	76
3212	5006	Rui Silva	00:31:49	01:02:48	00:59:17	3037		V35	658
3213	2231	Nuno Sousa	00:28:51	01:02:49	01:01:38	3410		V35	659
3214	5749	Tiago Gomes	00:32:46	01:02:49	00:59:26	3068	IST Run Lisboa	Senior	741
3215	876	João Melo	00:32:54	01:02:49	01:00:22	3216		Senior	742
3216	2396	Guilherme Lourenço	00:34:07	01:02:50	00:59:24	3063	Profiserv	Senior	743
3217	5995	Marco Baptista	00:30:29	01:02:51	01:01:43	3421		V35	660
3218	3812	Ricardo Casaca	00:31:39	01:02:51	00:58:26	2891	Wannabes	V35	661
3219	3301	Maria Moura	00:31:57	01:02:52	01:01:56	3473		Senior	167
3220	4630	Silvia Rito	00:32:58	01:02:52	00:59:38	3106	Virgin Active	Senior	168



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3221	5005	Madalena Martins	00:31:57	01:02:52	01:01:56	3474		Senior	169
3222	4985	Joao Estanqueiro	00:30:30	01:02:52	01:01:44	3422		V35	662
3223	468	Tiago Pito	00:32:25	01:02:52	01:01:47	3436		V35	663
3224	584	Marco Carvalho	00:32:16	01:02:52	00:59:46	3120	Clube ANA Lisboa	V35	664
3225	3021	Teresa Sousa	00:31:28	01:02:52	01:01:41	3418	BIVAC IBERICA	V40	85
3226	5725	Silvia Esteves	00:31:30	01:02:53	01:01:26	3389		V35	77
3227	5211	Susana Amorim	00:30:46	01:02:53	01:01:57	3477	Correr Lisboa	Senior	170
3228	5149	Raul Damas	00:31:59	01:02:53	00:59:33	3090		V60	85
3229	4840	Ana Almeida	00:33:17	01:02:54	00:59:52	3131		Senior	171
3230	4080	Nuno Marques	00:32:59	01:02:56	00:59:55	3135		V40	562
3231	3482	Miguel Saavedra	00:36:36	01:02:56	00:53:27	1941		V35	665
3232	2864	Luis Garcia	00:31:58	01:02:57	00:59:24	3062		V45	317
3233	1224	Arlindo Sou	00:33:17	01:02:57	00:58:21	2878		V40	563
3234	4966	Alexandre Quintas	00:33:06	01:02:57	00:58:17	2870		V45	318
3235	2341	Fernando Marques	00:31:58	01:02:57	00:59:24	3061		V45	319
3236	2061	Tânia Costa	00:32:13	01:02:58	01:01:10	3347		Senior	172
3237	3197	Antonio Moeda	00:32:20	01:02:58	01:02:06	3501		V55	143
3238	1687	Roberto Arede	00:34:14	01:02:58	01:01:27	3392	Tarahumara	V35	666
3239	1603	Helena Guerreiro	00:31:52	01:02:59	01:01:54	3459		V40	86
3240	5830	Bruno Afonso	00:35:18	01:02:59	00:59:20	3049		Senior	744



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3241	1602	Rui Guerreiro	00:31:53	01:02:59	01:01:53	3456		V40	564
3242	5441	Ana Marques	00:31:22	01:03:00	01:01:51	3446		V45	44
3243	2927	Arménio Patrício	00:32:36	01:03:00	01:00:51	3301		V70	10
3244	2547	José Marques	00:33:30	01:03:01	00:58:28	2905		V35	667
3245	4796	João Palma	00:32:00	01:03:01	00:59:59	3148	Speed of Yellow	V35	668
3246	4470	Carlos Ferreira	00:33:02	01:03:01	01:00:16	3194		V50	212
3247	123	José Pardal	00:32:29	01:03:02	01:00:21	3207	Tartarugas Solidarias	V35	669
3248	1835	Maria Emídio	00:32:19	01:03:02	01:01:16	3361		V45	45
3249	2172	Maria Ribeiro	00:32:14	01:03:02	01:01:53	3457		V45	46
3250	5818	Sonia Melo	00:30:31	01:03:02	01:02:30	3563		V35	78
3251	520	João Domingues	00:33:09	01:03:02	00:59:11	3014		V40	565
3252	6022	Fátima Monteiro	00:29:17	01:03:02	01:02:18	3536		V60	4
3253	4031	Miguel Silva	00:34:09	01:03:02	00:58:44	2945		Senior	745
3254	284	Miguel Cardoso	00:33:41	01:03:02	00:58:38	2927		V35	670
3255	4628	Abilio Marcos	00:30:52	01:03:03	01:01:58	3481	grup.desp.chelas	V45	320
3256	4030	Vanessa Silva	00:34:09	01:03:03	00:58:44	2946		Senior	173
3257	489	João Dias	00:28:13	01:03:03	01:02:02	3495		V45	321
3258	1819	Cátia Nogueira	00:30:26	01:03:03	01:02:45	3596		V35	79
3259	2360	João Martins	00:33:54	01:03:03	00:58:23	2884	Movet	V35	671
3260	6001	Kenichi Harada	00:31:56	01:03:04	01:01:41	3417	OMOTENASHI	V40	566



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3261	1433	Luís Oliveira	00:31:00	01:03:05	00:58:58	2976		V45	322
3262	2630	Paulo Soares	00:34:04	01:03:05	00:58:34	2917		V40	567
3263	3483	Miguel Coimbra	00:33:39	01:03:05	00:58:32	2913		Senior	746
3264	24	Bruno Pires	00:34:00	01:03:06	00:59:53	3132		Senior	747
3265	4621	Jose Venancio	00:30:52	01:03:06	01:02:02	3494	grup.desp.chelas	V60	86
3266	2856	Adelino Santos	00:31:55	01:03:06	01:01:40	3413	Sabikor	V40	568
3267	1759	Nuno Carvalho	00:32:44	01:03:07	01:00:52	3302		V35	672
3268	2857	Luis Chambel	00:31:55	01:03:07	01:01:40	3415	Sabikor	V35	673
3269	4197	Dania Costa	00:32:15	01:03:07	01:02:02	3496		Senior	174
3270	3532	António Santos	00:32:31	01:03:08	00:59:36	3098		Senior	748
3271	5828	Adilson Correia	00:31:39	01:03:08	01:00:30	3233		Senior	749
3272	4718	Ricardo Campos	00:33:09	01:03:09	00:58:23	2881	AFO	V35	674
3273	3537	Olga Neves	00:32:33	01:03:09	00:59:39	3109		Senior	175
3274	4298	José Santos	00:29:30	01:03:09	01:01:49	3440		V35	675
3275	4631	Adozinda Rito	00:33:03	01:03:10	00:59:57	3143	Virgin Active	V50	17
3276	2953	João Leitão	00:32:46	01:03:10	00:59:23	3054		Senior	750
3277	3901	Ricardo Fernandes	00:29:17	01:03:10	01:02:38	3579		V55	144
3278	4489	Jaime Pardal	00:30:32	01:03:10	01:01:31	3402	Carapaus de Corrida	V45	323
3279	1467	Rodrigo Godinho	00:32:15	01:03:11	00:59:15	3025		Senior	751
3280	170	João Figueiredo	00:30:04	01:03:11	01:00:47	3285		V40	569



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3281	4774	Rodrigo Lagoa	00:32:40	01:03:12	01:00:21	3209		V35	676
3282	1118	Pedro Henriques	00:32:30	01:03:12	00:59:34	3095		V40	570
3283	5172	João Veloso	00:32:40	01:03:12	01:00:22	3217		V40	571
3284	3965	João Neves	00:32:40	01:03:12	01:00:21	3212		V40	572
3285	4461	Luis Antunes	00:31:46	01:03:13	01:00:47	3283		V40	573
3286	2475	João Gaspar	00:32:10	01:03:13	00:59:57	3142	Clube de Corrida da REN	V40	574
3287	1484	Maria Pires	00:32:06	01:03:14	01:00:56	3314		V40	87
3288	524	Domingos Costa	00:32:48	01:03:14	01:00:15	3192		V65	36
3289	1485	Rui Pires	00:32:03	01:03:14	01:00:57	3317		V40	575
3290	2904	Helder Lopes	00:33:44	01:03:15	00:59:06	2998		V45	324
3291	4259	Tânia Araújo	00:32:48	01:03:16	01:00:55	3310	Speed of Yellow	Senior	176
3292	3900	José Branco	00:30:48	01:03:16	01:00:56	3313		V35	677
3293	3489	Stélio Lopes	00:31:47	01:03:17	00:58:53	2963	Authentic Pilates Lisboa	V45	325
3294	1267	Miriam Garcia	00:30:24	01:03:17	01:02:46	3598		Senior	177
3295	2074	António Lopes	00:31:14	01:03:18	00:59:38	3104	AudiRun	V40	576
3296	3384	André Neto	00:27:26	01:03:18	01:02:51	3610		Senior	752
3297	1767	José Pereira	00:32:21	01:03:19	01:01:04	3334		V35	678
3298	2981	Luís Silva	00:33:44	01:03:20	00:58:48	2955	Gamenho's Family	Senior	753
3299	436	José Martins	00:32:46	01:03:20	01:00:13	3189	Clube ANA Lisboa	V50	213
3300	2121	Carolina Costa	00:32:19	01:03:20	01:00:28	3230		Senior	178



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3301	5822	Rosa Dias	00:32:00	01:03:20	01:00:35	3250		V45	47
3302	1495	João Ferreira	00:30:42	01:03:21	01:00:55	3307		V35	679
3303	3515	Fernanda Dourado	00:32:16	01:03:21	01:01:55	3468		V45	48
3304	5443	Nuno Mendonça	00:31:16	01:03:21	01:01:04	3335		Senior	754
3305	2976	Fernando Silv	00:32:36	01:03:21	01:00:50	3296		V60	87
3306	6015	Joana Roldao	00:33:34	01:03:21	00:59:34	3093		Senior	179
3307	6016	David Roldao	00:33:34	01:03:21	00:59:35	3097		V35	680
3308	5262	João Barroso	00:32:27	01:03:22	01:00:42	3273	BRRnightRUNNERS	V40	577
3309	5476	Alexandra Rodrigues	00:33:25	01:03:22	00:59:24	3057	Atomic Team	Senior	180
3310	4794	Pedro Alves	00:35:50	01:03:23	00:59:00	2986	Weventual	V35	681
3311	5939	Isabel Santos	00:31:06	01:03:23	01:02:59	3625		V45	49
3312	1074	Ari Saptawijaya	00:34:44	01:03:23	00:59:17	3038		V35	682
3313	2451	Simone Ferreira	00:33:57	01:03:24	00:58:58	2977	Asas da lapa	Senior	181
3314	3518	Pedro Coutinho	00:33:53	01:03:24	00:58:56	2971		Senior	755
3315	3404	Pedro Costa	00:33:52	01:03:24	00:58:54	2966		Senior	756
3316	246	Rita Santos	00:31:12	01:03:24	01:02:21	3549		V35	80
3317	2876	Cláudia Tam	00:31:17	01:03:25	01:02:20	3541	Açoreana Clube Banif	Senior	182
3318	4471	Ana Ferreira	00:33:02	01:03:25	01:00:40	3267		Junior	11
3319	3519	Marta Lopes	00:32:34	01:03:25	01:00:23	3218	CPHFF	Senior	183
3320	5648	Marisa Santos	00:32:28	01:03:25	01:02:58	3624		Senior	184



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3321	2087	Francisco Sanches	00:34:11	01:03:25	00:58:58	2975		V50	214
3322	965	Sandra Santos	00:32:28	01:03:25	01:02:58	3623		Senior	185
3323	321	Carlos Lavrador	00:31:47	01:03:26	01:01:13	3355	run4fun	V45	326
3324	5752	Ines Guimaraes	00:34:04	01:03:26	01:00:38	3258		Senior	186
3325	3406	Rui Videira	00:30:58	01:03:26	01:02:29	3560		V35	683
3326	5126	Olga Quintais	00:29:35	01:03:27	01:03:11	3649		V35	81
3327	1697	Ricardo Rodrigues	00:32:04	01:03:27	01:00:22	3215	Hydria est requies	V40	578
3328	3603	Guilherme Nunes	00:32:31	01:03:28	01:01:51	3444		V60	88
3329	342	José Gil	00:31:02	01:03:28	01:01:13	3354		V40	579
3330	3604	Vítor Gonçalves	00:32:30	01:03:28	01:01:51	3448		V45	327
3331	4766	Daniel Pimentel	00:29:31	01:03:28	01:03:07	3637		V35	684
3332	4815	Nidia Ferreira	00:32:50	01:03:29	00:59:52	3130		Senior	187
3333	4066	José Simões	00:33:27	01:03:29	01:00:03	3162		V60	89
3334	706	Carlos Morais	00:32:11	01:03:29	01:02:21	3548	Os Carvalhos	Senior	757
3335	2253	Nuno Correia	00:33:59	01:03:29	01:02:01	3489		V40	580
3336	1989	Filipa Remigio	00:33:04	01:03:30	01:00:46	3281		V40	88
3337	1766	Isilda Barradas	00:28:42	01:03:30	01:03:22	3673		V60	5
3338	997	Carla Vieira	00:32:47	01:03:31	01:00:40	3263		V35	82
3339	1733	Paulo Costa	00:34:30	01:03:31	00:58:49	2959		Senior	758
3340	2424	Maria Pinto	00:31:18	01:03:32	01:02:12	3520		Senior	188



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3341	4428	Nuno Moreira	00:32:30	01:03:32	01:01:21	3374	Alverca Urban Runners	Senior	759
3342	3453	Bruno Dias	00:32:05	01:03:32	01:00:42	3271		V35	685
3343	2697	Paulo Figueiredo	00:34:26	01:03:32	00:59:26	3067	OneSight Portugal	V40	581
3344	1585	Manuel Barbosa	00:32:20	01:03:33	01:01:44	3423		V55	145
3345	1334	Marta Santos	00:31:05	01:03:33	01:01:34	3406		Senior	189
3346	2566	Joaquim Monteiro	00:31:34	01:03:33	01:00:45	3280	Authentic Pilates Lisboa	V45	328
3347	310	Gil Morgado	00:32:51	01:03:33	00:59:17	3034		Senior	760
3348	2103	Íris Neves	00:33:08	01:03:34	01:01:20	3371	BRRnightRUNNERS	V35	83
3349	2102	Tiago Neves	00:33:06	01:03:34	01:01:21	3376	BRRnightRUNNERS	V35	686
3350	2297	Fernanda Prim	00:33:08	01:03:34	00:59:33	3091		V35	84
3351	277	Tiago Fernandes	00:34:04	01:03:34	01:00:06	3170		Senior	761
3352	5442	David Silva	00:37:20	01:03:35	00:59:28	3073		Senior	762
3353	5027	Sara Leão	00:32:03	01:03:35	01:01:44	3424		Senior	190
3354	6007	Nuno Mateus	00:33:56	01:03:36	00:59:37	3101	Prosegur	V35	687
3355	1974	Marlene Oliveira	00:32:53	01:03:36	01:00:07	3172		V40	89
3356	1103	Jorge Colaço	00:34:00	01:03:36	01:00:47	3286		V35	688
3357	2756	Jorge Manso	00:30:37	01:03:37	01:02:54	3615		V65	37
3358	327	Raquel Banza	00:31:49	01:03:37	01:00:17	3197	Fund Box	Senior	191
3359	1536	Sérgio Silva	00:34:16	01:03:37	00:59:12	3016	Team Alacrau	Senior	763
3360	5520	Catarina Marques	00:34:05	01:03:37	00:59:07	3000		Junior	12



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3361	4597	Jaime Ribeiro	00:34:05	01:03:38	00:59:07	3003		Senior	764
3362	188	Ana Santos	00:31:15	01:03:38	01:03:07	3635	MONTEPIO - Marketeers	Senior	192
3363	2858	Ramonn Martins	00:31:44	01:03:38	01:02:11	3518	Sabicor	Senior	765
3364	5308	Ana Silva	00:32:34	01:03:38	01:00:20	3205	KPMG Portugal	Senior	193
3365	932	Angela Brito	00:32:28	01:03:39	01:00:08	3175		V50	18
3366	2136	Nuno Ribeiro	00:32:46	01:03:39	01:01:22	3382	Runbehappy	V35	689
3367	6139	Carlos Iglésias	00:33:10	01:03:39	00:59:07	3001		V40	582
3368	25	Carlos Eugénio	00:33:59	01:03:39	01:00:26	3224		V35	690
3369	5902	Catarina Mauricio	00:33:05	01:03:41	00:59:29	3076		Senior	194
3370	4284	Paulo Soares	00:33:03	01:03:41	00:59:29	3075	Domingos Sport Competição	Senior	766
3371	651	André Jorge	00:32:59	01:03:41	01:01:54	3460		Senior	767
3372	499	João Veiga	00:32:17	01:03:42	01:02:07	3507		V60	90
3373	2005	Cláudio Braga	00:25:01	01:03:43	01:01:43	3420		V35	691
3374	2217	João Ribeiro	00:33:24	01:03:44	01:00:00	3151		Senior	768
3375	119	Rosa Miranda	00:30:36	01:03:46	01:03:10	3644	Tartarugas Solidarias	V55	10
3376	3136	Pedro Silva	00:30:32	01:03:46	01:02:23	3550	RUN 4-T FUN	V45	329
3377	5937	Ricardo Ferreira	00:34:00	01:03:47	01:00:36	3253		V35	692
3378	1652	Pedro Canteiro	00:33:12	01:03:47	01:00:19	3201		Senior	769
3379	3244	Rui Damas	00:34:07	01:03:50	01:01:04	3333		Senior	770
3380	3640	Helder Santos	00:31:31	01:03:50	01:02:03	3498		V40	583



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3381	947	Ricardo Marques	00:32:18	01:03:50	01:00:10	3182		V50	215
3382	547	Fernando Chasqueira	00:32:18	01:03:51	01:01:17	3364		V60	91
3383	1426	Paulo Oliva	00:30:03	01:03:52	01:02:24	3552		V45	330
3384	4317	Moisés Fernandes	00:32:00	01:03:52	01:00:12	3186		V45	331
3385	4755	Filipe Correia	00:30:50	01:03:52	01:03:35	3705		V40	584
3386	3015	Miguel Vasconcelos	00:29:54	01:03:54	01:03:21	3666	BIVAC IBERICA	V40	585
3387	654	Olivia Lucas	00:33:07	01:03:54	01:02:07	3506		V45	50
3388	4499	Cláudia André	00:31:33	01:03:54	01:02:52	3612	Sporting Clube de Casainhos	V35	85
3389	1695	Rui Reis	00:32:07	01:03:55	01:00:50	3297	Hydria est requies	V40	586
3390	2950	Élia Alves	00:32:07	01:03:55	01:02:45	3594		V45	51
3391	5720	Bruno Almeida	00:34:09	01:03:55	01:02:32	3567		Senior	771
3392	4731	Rodolfo Carneiro	00:35:22	01:03:55	00:59:20	3048		Senior	772
3393	5731	Rafael Figueiras	00:34:09	01:03:55	01:02:32	3568		Senior	773
3394	4074	António Borges	00:33:14	01:03:56	01:00:19	3203		V45	332
3395	1915	Antonio Oliveira	00:27:01	01:03:56	01:03:46	3726		V40	587
3396	4827	Borja Dacasa	00:33:49	01:03:56	00:59:36	3100		Senior	774
3397	5766	Joana Correia	00:33:05	01:03:57	01:01:52	3453		V35	86
3398	5765	Ricardo Correia	00:33:05	01:03:57	01:01:52	3452		V40	588
3399	5518	Teresa Loureiro	00:32:03	01:03:57	01:02:37	3575		V50	19
3400	6134	David Berjano	00:30:40	01:03:58	01:03:34	3701		Senior	775



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3401	5344	Joel Alexandre	00:31:10	01:03:58	01:03:13	3653		V35	693
3402	1543	Nelson Jorge	00:33:49	01:03:58	01:00:57	3318		V35	694
3403	2051	Elisabete Pinhel	00:32:28	01:03:59	01:02:48	3602		V40	90
3404	2053	Nuno Jesus	00:32:28	01:03:59	01:02:48	3603		V35	695
3405	1874	Ana Gouveia	00:32:26	01:03:59	01:02:25	3553	Movet	Senior	195
3406	3639	Paulo Coelho	00:34:08	01:03:59	00:59:48	3123		V40	589
3407	4749	Beatriz Lourenço	00:31:54	01:04:00	01:02:06	3503	NúcleOeiras/Sportzone	V45	52
3408	3425	Pedro Gonçalves	00:33:29	01:04:01	00:59:31	3082	Gamenho's Family	Senior	776
3409	6130	João Eira	00:34:04	01:04:01	01:01:45	3427		V35	696
3410	4307	Simona Demuro	00:33:23	01:04:02	01:00:05	3164		V40	91
3411	1985	António Novas	00:34:56	01:04:02	00:59:48	3122	Godinho	V35	697
3412	1051	João Navarro	00:33:17	01:04:03	01:02:44	3593		V35	698
3413	1035	António Figueiredo	00:33:17	01:04:03	01:02:44	3592		V35	699
3414	3053	Sonia Santos	00:34:41	01:04:03	01:00:49	3292		Senior	196
3415	962	Tiago Rodrigues	00:32:58	01:04:03	01:01:22	3380	Little Point	Senior	777
3416	867	Carlos Silva	00:33:53	01:04:03	00:59:55	3137		V50	216
3417	391	Johnny Thomassen	00:32:14	01:04:03	01:02:32	3570		V50	217
3418	963	Paulo Ferreira	00:33:17	01:04:03	01:01:22	3381	Little Point	Senior	778
3419	1368	Leonor Farinha	00:32:56	01:04:04	01:02:01	3487		V50	20
3420	4798	Ilda Moutinho	00:35:20	01:04:05	01:00:53	3304	Speed of Yellow	V45	53



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3421	5474	Carla Dias	00:30:03	01:04:05	01:03:16	3660		V40	92
3422	1656	João Vieira	00:33:27	01:04:05	01:00:38	3260		V50	218
3423	3529	Patricia Caeiro	00:32:51	01:04:05	01:00:23	3220		V40	93
3424	3447	Carlos Rodrigues	00:31:21	01:04:06	01:03:49	3736		V40	590
3425	3243	José Ribeiro	00:32:18	01:04:07	01:01:40	3411		V65	38
3426	5260	Osvaldo Rodrigues	00:33:20	01:04:07	01:01:21	3378	BRRnightRUNNERS	V40	591
3427	1004	Sérgio Valente	00:33:13	01:04:08	01:01:00	3328		V35	700
3428	4017	Paula Pacheco	00:30:29	01:04:10	01:03:21	3669	Fast and Furious	V40	94
3429	3382	Joao Seborro	00:31:03	01:04:10	01:03:09	3642		V45	333
3430	3381	Patricia Dinis	00:31:03	01:04:10	01:03:09	3641		V45	54
3431	2056	Jorge Oliveira	00:33:41	01:04:11	00:59:51	3129		V40	592
3432	2055	Paula Santos	00:33:42	01:04:11	00:59:51	3128		V45	55
3433	4472	Gerson Trigueiros	00:34:59	01:04:11	00:59:39	3108		Senior	779
3434	1375	Mário Gomes	00:30:29	01:04:11	01:02:49	3604		V35	701
3435	4484	Carolina Neves	00:35:00	01:04:12	00:59:40	3110		Senior	197
3436	3556	Tiago Daniel	00:32:29	01:04:13	01:00:00	3152	Barriguinhas	Senior	780
3437	2605	Antonio Martinho	00:32:44	01:04:13	01:02:18	3534		V45	334
3438	2606	Isabel Martinho	00:32:44	01:04:13	01:02:19	3537		V45	56
3439	5551	João Carapau	00:33:03	01:04:13	01:00:21	3210		V40	593
3440	760	Jose Gonçalves	00:31:45	01:04:14	01:02:29	3561		V40	594



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3441	3448	Mario Gonçalves	00:33:03	01:04:15	01:02:47	3599		V65	39
3442	4555	Sérgio Fernandes	00:33:03	01:04:15	01:02:40	3582		V40	595
3443	486	Catarina Simao	00:32:48	01:04:15	01:01:47	3433		Senior	198
3444	487	Joana Vaz	00:32:48	01:04:15	01:01:47	3432		Senior	199
3445	3449	Pedro Fidalgo	00:33:26	01:04:15	01:00:05	3166		Senior	781
3446	1501	Liliana Rodrigues	00:34:22	01:04:16	01:01:45	3426		V40	95
3447	6067	Paulo Guerreiro	00:32:21	01:04:16	01:03:01	3627		V35	702
3448	5849	Tânia Ginó	00:33:31	01:04:16	01:00:13	3187		Senior	200
3449	952	Miguel Carmo	00:33:34	01:04:16	01:02:02	3490		V40	596
3450	5225	Joana Santos	00:33:35	01:04:16	01:02:01	3488		V40	96
3451	2244	Mário Pires	00:33:27	01:04:17	01:01:51	3447	Águias Carpinteiras	V40	597
3452	2325	Sandra Paulico	00:31:01	01:04:17	01:03:45	3724		Senior	201
3453	4468	Susana Fernandes	00:32:57	01:04:18	01:02:16	3531		Senior	202
3454	5726	Vitor Figueira	00:32:57	01:04:18	01:02:15	3528		V60	92
3455	2434	Marina Guerra	00:32:55	01:04:18	01:01:46	3429	JMJM	Senior	203
3456	3709	Mafalda Duarte	00:33:52	01:04:18	00:59:50	3127		Senior	204
3457	2267	Lara Igrejas	00:32:30	01:04:18	01:03:13	3651		Senior	205
3458	5573	Ana Degues	00:30:17	01:04:19	01:03:31	3694	Iluminados	Senior	206
3459	3834	Luciano Santos	00:31:21	01:04:20	01:03:55	3749	Los 3 Fraquitos	V35	703
3460	3835	Nuno Marcelino	00:31:21	01:04:20	01:03:55	3751	Los 3 Fraquitos	V35	704



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3461	647	Pedro Calhau	00:32:10	01:04:20	01:02:08	3510		V35	705
3462	5572	Pedro Fonseca	00:30:16	01:04:20	01:03:30	3693	Iluminados	Senior	782
3463	5432	Leonor Machado	00:33:34	01:04:20	01:02:40	3583		V40	97
3464	1231	Luis Rebelo	00:31:10	01:04:21	01:02:09	3513		V35	706
3465	3889	Nuno Antunes	00:32:57	01:04:21	01:01:25	3385		V40	598
3466	784	Ana Constantino	00:33:12	01:04:21	01:02:43	3591	FOZ365	V40	98
3467	326	Vitor Domingos	00:30:48	01:04:22	01:01:30	3400	Fund Box	Senior	783
3468	2400	Lurdes Vale	00:29:39	01:04:22	01:04:11	3775	Correr Lisboa	V45	57
3469	5168	Ana Simão	00:33:48	01:04:22	01:00:18	3199		V40	99
3470	4786	Andréa Almeida	00:32:44	01:04:23	01:00:01	3154		V35	87
3471	880	Paulo Gonçalves	00:32:29	01:04:23	01:01:49	3443		V35	707
3472	1235	Rui Godinho	00:34:06	01:04:23	01:00:33	3243		V40	599
3473	5917	Sofia Marques	00:32:01	01:04:24	01:03:27	3683	CLUBE ACCENTURE	Senior	207
3474	2309	Ricardo Pereira	00:34:19	01:04:24	01:00:26	3226		V35	708
3475	2216	Camilo Silva	00:34:54	01:04:24	01:01:52	3450	OS PRIMOS	V35	709
3476	3218	Ana Silva	00:34:18	01:04:24	01:00:23	3219		Senior	208
3477	1975	Ana Marques	00:32:27	01:04:25	01:02:27	3558		V35	88
3478	4833	Marco Catarina	00:33:39	01:04:25	00:59:24	3058		V35	710
3479	1689	Fernando Leão	00:29:52	01:04:25	01:03:16	3657		V45	335
3480	3536	Frederico Sousa	00:33:33	01:04:26	01:01:54	3463		V50	219



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3481	2682	Carlos Matias	00:32:49	01:04:26	01:02:18	3535		V40	600
3482	5228	Liliana Santos	00:31:43	01:04:27	01:02:25	3554		Senior	209
3483	4887	Luis Pilar	00:32:31	01:04:29	01:01:41	3419		V45	336
3484	2919	Luis Costa	00:32:48	01:04:30	01:00:33	3242	Os Coxos	Senior	784
3485	2554	Luís Malato	00:32:19	01:04:32	01:02:25	3556		V40	601
3486	6124	Julio Santos	00:31:37	01:04:32	01:04:11	3773		V50	220
3487	4267	Pedro Pinto	00:33:11	01:04:33	01:00:03	3161	The slow riders, or not	V35	711
3488	1758	Mariana Costa	00:33:11	01:04:33	01:00:04	3163		V40	100
3489	5267	Victor Borges	00:30:52	01:04:33	01:03:39	3710		V40	602
3490	5351	António Monteiro	00:32:52	01:04:34	01:01:38	3409	Os cotas	V50	221
3491	1887	Ana Rosa	00:31:57	01:04:35	01:03:52	3740		Senior	210
3492	2886	Ana Barradas	00:33:14	01:04:36	01:01:14	3356		Senior	211
3493	4319	Luis Rodrigues	00:30:27	01:04:36	01:02:20	3539		Senior	785
3494	2454	Ricardo Silva	00:34:44	01:04:36	01:00:11	3185	Asas da lapa	V40	603
3495	590	Susana Malheiro	00:32:14	01:04:37	01:01:56	3472		Senior	212
3496	5920	Miguel Pires	00:29:07	01:04:37	01:04:07	3768	CLUBE ACCENTURE	V35	712
3497	3538	Gonçalo Sousa	00:33:07	01:04:37	01:02:04	3499		Senior	786
3498	2770	Miguel Peres	00:34:19	01:04:37	01:00:37	3255		V40	604
3499	4965	Abel Girão	00:29:45	01:04:38	01:03:50	3737	Os Morcegos	V35	713
3500	2415	Alexandre Coelho	00:34:10	01:04:38	01:01:34	3405		V40	605



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3501	4033	Maria Silva	00:32:54	01:04:39	01:01:10	3349		V45	58
3502	1229	Manuel Vazquez	00:33:38	01:04:39	01:00:20	3204		V55	146
3503	2698	Jose Lopes	00:31:52	01:04:40	01:02:02	3491	OneSight Portugal	V45	337
3504	241	Bruno Madeira	00:33:32	01:04:40	01:00:54	3306		V35	714
3505	2282	Pedro Sérgio	00:31:43	01:04:41	01:01:29	3399	CCD Crédito Agrícola Mútuo	V45	338
3506	5067	Sônia Martins	00:32:08	01:04:41	01:01:56	3476		V35	89
3507	5141	Rui Silva	00:33:35	01:04:41	01:00:49	3293		V45	339
3508	4511	Nuno Moreno	00:33:36	01:04:42	01:00:03	3158		V40	606
3509	3265	Tiago Farias	00:30:46	01:04:42	01:00:56	3315	ITDS	V45	340
3510	3991	Conceição Ferreira	00:30:48	01:04:42	01:03:32	3695	Ferreira	V60	6
3511	5651	Rosa Marques	00:34:10	01:04:43	01:00:08	3177		V40	101
3512	3561	Paulo Gomes	00:33:29	01:04:44	01:01:01	3330		V40	607
3513	5831	Rui Melão	00:33:39	01:04:44	01:02:11	3517		V50	222
3514	5756	Sandra Pereira	00:33:13	01:04:44	01:01:09	3346		V40	102
3515	1276	Tiago Almeida	00:35:54	01:04:45	01:04:35	3822		Senior	787
3516	4745	Maria Magro	00:33:44	01:04:45	01:00:35	3251	Karatecas	V40	103
3517	3920	Jorge Anjos	00:34:02	01:04:45	01:01:25	3388		V45	341
3518	285	Ceu Carvalho	00:33:53	01:04:46	01:01:13	3353	Tartarugas Solidarias	V40	104
3519	3560	Gerardo Atienza	00:32:44	01:04:47	01:03:28	3689	Tartarugas Solidarias	V50	223
3520	286	Bernardete Lopes	00:33:53	01:04:47	01:01:14	3357	Talenter™	V40	105



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3521	1922	Bruno Neves	00:34:38	01:04:48	01:00:21	3206		Senior	788
3522	1927	Cecília Neves	00:34:38	01:04:48	01:00:21	3208		Senior	213
3523	577	Manuel Narciso	00:33:43	01:04:48	01:01:15	3359		V50	224
3524	930	Antonio Brito	00:32:31	01:04:48	01:01:17	3365		V50	225
3525	1499	Paulo Torres	00:35:55	01:04:49	01:04:39	3832		Senior	789
3526	3809	João Fonseca	00:34:08	01:04:49	01:00:26	3225	Wannabes	Senior	790
3527	2996	Fernanda Andre	00:31:27	01:04:50	01:04:15	3782		V55	11
3528	2162	Reginaldo Schiavini	00:33:34	01:04:50	01:01:28	3393		V45	342
3529	3051	Carlos Lourenço	00:34:05	01:04:51	01:01:21	3377		V45	343
3530	721	Pedro Félix	00:34:57	01:04:51	01:01:07	3342		V45	344
3531	1036	Rui Monteiro	00:34:54	01:04:51	01:02:56	3618		V35	715
3532	4463	Isabel França	00:32:41	01:04:52	01:02:49	3605		V40	106
3533	4761	Catarina Venâncio	00:35:56	01:04:52	01:00:30	3234		Senior	214
3534	5736	Maria Correia	00:32:20	01:04:53	01:02:49	3606		V45	59
3535	2941	Adolfo Abascal	00:34:37	01:04:53	01:01:57	3478	1495	V40	608
3536	378	Joao Robalo	00:33:37	01:04:53	01:00:42	3272		V40	609
3537	2270	José Marques	00:28:11	01:04:54	01:03:54	3746		V40	610
3538	4598	Alexandra Boga	00:31:02	01:04:55	01:03:19	3663		Senior	215
3539	13	Sílvia Correia	00:32:27	01:04:55	01:03:05	3631		V35	90
3540	1584	Lúcia Carvalho	00:33:06	01:04:56	01:03:06	3634	Falcões Selvagens	V50	21



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3541	3290	Fernando Pato	00:31:36	01:04:56	01:02:46	3597		V35	716
3542	3668	Célia Veiga	00:33:21	01:04:57	01:01:53	3458		Senior	216
3543	1775	Mariana Dias	00:30:09	01:04:57	01:04:34	3820	Clube ANACOM	Senior	217
3544	1414	Julio Costa	00:32:24	01:04:58	01:03:45	3725		V45	345
3545	1413	Rosangela Azevedo	00:32:24	01:04:58	01:03:45	3721		V40	107
3546	5815	Fernando Santos	00:33:40	01:04:58	01:01:58	3480		Senior	791
3547	4188	Ricardo Negrão	00:33:33	01:04:58	01:01:56	3471		V40	611
3548	4151	Rui Santos	00:33:33	01:04:58	01:01:55	3466		V45	346
3549	5899	Ricardo Farinha	00:33:42	01:04:59	01:01:59	3482		Senior	792
3550	4971	Amadeu Ferreira	00:33:34	01:04:59	01:02:32	3569	G.D.C.T. REPSOL POLÍMEROS	V70	11
3551	1107	Eduardo Santini	00:35:45	01:04:59	01:01:55	3467		V35	717
3552	161	Rui Varela	00:33:09	01:04:59	01:03:00	3626	Clube Atletismo Amigos de Belém - C A A B	V50	226
3553	196	Nuno Serrão	00:32:58	01:05:00	01:00:48	3288	Familia Serrão	V35	718
3554	3001	José Gomes	00:33:55	01:05:02	01:00:31	3236		Senior	793
3555	4222	Ivânia Lopes	00:34:10	01:05:02	01:00:06	3167		Senior	218
3556	4129	João Rodrigues	00:34:30	01:05:03	01:00:54	3305		V40	612
3557	1117	Ana Miranda	00:33:22	01:05:03	01:02:00	3484		V40	108
3558	3957	Isabel Bué	00:31:49	01:05:04	01:02:40	3580	Bue da Serras	Senior	219
3559	4665	José Coelho	00:31:48	01:05:06	01:03:09	3643		Senior	794
3560	1607	Joao Moreira	00:32:11	01:05:06	01:04:28	3810		V40	613



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3561	1532	Bruno Maia	00:35:25	01:05:07	01:00:47	3284	Bang	Senior	795
3562	1531	Ana Brochado	00:35:26	01:05:07	01:00:48	3289	Bang	Senior	220
3563	1464	Alexandra Nunes	00:32:32	01:05:07	01:03:59	3757		V40	109
3564	6185	Susana Ramos	00:34:50	01:05:08	01:02:21	3544		V40	110
3565	3794	Renato Santos	00:33:53	01:05:09	01:02:40	3584	AI EU'S	V35	719
3566	4378	Marco Nunes	00:33:52	01:05:09	01:02:41	3587	AI EU'S	Senior	796
3567	2296	Carlos Correia	00:32:50	01:05:09	01:02:40	3581	Atletas de Peso	V55	147
3568	1962	Márcio Lourenço	00:37:55	01:05:10	01:02:15	3527		V35	720
3569	3966	Joel Silva	00:34:02	01:05:10	01:01:46	3430		V40	614
3570	469	Joao Campos	00:34:03	01:05:11	01:01:47	3434	Ronhonhós Running Team	V40	615
3571	165	Emilia Janela	00:34:03	01:05:11	01:01:46	3428	Tartarugas Solidarias	V45	60
3572	2149	Joaquim Ribeiro	00:31:16	01:05:12	01:04:36	3826	Leadmarket	V45	347
3573	3322	Jorge Matias	00:31:30	01:05:13	01:04:36	3825		V35	721
3574	2889	Nuno Rosa	00:33:06	01:05:14	01:00:33	3241		V40	616
3575	4792	Marika Rätty	00:33:36	01:05:14	01:02:55	3617	DIG DIG	Senior	221
3576	1533	Pedro Diniz	00:35:25	01:05:15	01:00:55	3308	Bang	Senior	797
3577	1534	Daniela Diniz	00:35:25	01:05:15	01:00:55	3311	Bang	Senior	222
3578	571	Luis Lopes	00:34:24	01:05:15	01:00:40	3262	Madeira Lopes	V35	722
3579	5913	Patricia Alves	00:30:44	01:05:15	01:04:25	3804	CLUBE ACCENTURE	Senior	223
3580	572	Ana Lopes	00:34:24	01:05:15	01:00:40	3265	Madeira Lopes	V35	91



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3581	5567	Uta Dietzel	00:32:00	01:05:16	01:04:30	3814		V55	12
3582	809	João Perleques	00:32:13	01:05:17	01:03:22	3672		V40	617
3583	1883	Cristina Pereira	00:32:37	01:05:17	01:04:53	3852		V35	92
3584	810	Marta Conceição	00:32:13	01:05:17	01:03:22	3674		Senior	224
3585	3545	Ana Gonçalves	00:32:34	01:05:18	01:02:51	3611		V40	111
3586	1567	Joaquim Simao	00:34:08	01:05:18	01:00:58	3320	ODEBRECHT PORTUGAL	V50	227
3587	1682	António Rodrigues	00:34:14	01:05:18	01:03:48	3733	Tarahumara	Senior	798
3588	3607	André Sabino	00:33:20	01:05:19	01:03:15	3655		Senior	799
3589	300	Maria Sarabando	00:31:35	01:05:20	01:03:28	3688		V60	7
3590	1297	Carlos Costa	00:32:35	01:05:20	01:02:43	3590	Família Marcelo	V35	723
3591	1892	Cláudia Ramos	00:35:12	01:05:21	01:01:33	3404		V40	112
3592	4023	Tomás Cascão	00:31:29	01:05:22	01:02:32	3566		Junior	46
3593	1688	Vanessa Rodrigues	00:35:02	01:05:22	01:02:34	3571	Tarahumara	Senior	225
3594	4554	Gabriel Nogueira	00:32:24	01:05:22	01:01:48	3438	FMUL in t-shirts técnicas	Senior	800
3595	4090	Susana Santos	00:32:53	01:05:22	01:04:11	3774	Corpo em Movimento	V35	93
3596	2188	Marta Machado	00:33:47	01:05:23	01:01:12	3351	Matos, Fonseca & Friends	V35	94
3597	1546	Diogo Paisana	00:33:38	01:05:23	01:02:06	3504		Senior	801
3598	6029	Catarina Cipriano	00:34:40	01:05:24	01:01:05	3337		Senior	226
3599	1744	Silvia Cintra	00:32:07	01:05:24	01:04:54	3853	Evolution	V35	95
3600	4928	Nuno Barros	00:32:24	01:05:24	01:02:16	3530		V40	618



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3601	1441	João Fernandes	00:33:49	01:05:24	01:02:08	3509		Senior	802
3602	1621	Inês Pais	00:34:30	01:05:24	01:00:48	3290	Movet	Senior	227
3603	5447	Anabela Esteves	00:33:22	01:05:25	01:04:02	3762	SS CGD	V50	22
3604	3366	Helena Simão	00:32:03	01:05:25	01:02:00	3483	RUNforFUN	V45	61
3605	1958	Susana Oliveira	00:31:52	01:05:25	01:04:40	3834	AMIGOS DEPEVA	V35	96
3606	1955	Pedro Gonçalves	00:31:52	01:05:25	01:04:41	3839	AMIGOS DEPEVA	V35	724
3607	1738	Miguel Luís	00:35:02	01:05:27	01:01:20	3370		V45	348
3608	1021	Juan Silva	00:33:46	01:05:28	01:02:21	3546		V35	97
3609	3894	Fernando Rodrigues	00:32:00	01:05:29	01:03:15	3656		V45	349
3610	4588	Bruno Mina	00:31:32	01:05:32	01:03:52	3742		V35	725
3611	1494	Teresa Simões	00:31:02	01:05:32	01:04:27	3809		Senior	228
3612	2922	Luciano Modesto	00:32:38	01:05:33	01:01:51	3449	AudiRun	V45	350
3613	4512	Sílvia Dinis	00:31:23	01:05:33	01:04:18	3791	Toupeiro	V35	98
3614	5561	Anelide Pereira	00:31:18	01:05:33	01:04:25	3805		V40	619
3615	1998	Sandra Carvalho	00:33:43	01:05:33	01:01:36	3408	Hot Runners	V40	113
3616	4560	João Sousa	00:34:17	01:05:34	01:01:17	3363		V65	40
3617	5290	Claudia Mendes	00:31:59	01:05:35	01:04:49	3847		V40	114
3618	4903	Luís Silva	00:33:27	01:05:36	01:02:20	3540	Microsoft One	V35	726
3619	4844	Nuno Martins	00:33:04	01:05:36	01:02:17	3533	Microsoft One	V35	727
3620	1929	Filipa Pinho	00:34:01	01:05:36	01:03:45	3722		Senior	229



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3621	3686	Miguel Barata	00:34:11	01:05:36	01:02:13	3524	Clube Ferroviário de Portugal	V40	620
3622	3692	Carlos Crespo	00:35:37	01:05:37	01:03:21	3668	Grupo Recreativo e Desportivo "OS FIXES"	V50	228
3623	4029	Ricardo Silva	00:36:14	01:05:37	01:01:19	3369		V35	728
3624	1503	Maria Ferreira	00:34:23	01:05:37	01:03:08	3639		V40	115
3625	1444	Marta Berneaud	00:33:19	01:05:38	01:03:14	3654		Senior	230
3626	5774	João Lucas	00:33:31	01:05:38	01:02:56	3620		Senior	803
3627	433	Pedro Morgado	00:32:12	01:05:38	01:03:51	3739	Clube ANA Lisboa	Senior	804
3628	4570	Duarte Carvalho	00:29:37	01:05:40	01:03:48	3730	Sempre Plontos	Senior	805
3629	5124	Gonçalo Graça	00:31:39	01:05:41	01:04:03	3765		V35	729
3630	3022	Teresa Brissos	00:30:23	01:05:42	01:05:11	3877	BIVAC IBERICA	V45	62
3631	135	Ana Correia	00:33:20	01:05:42	01:02:47	3601	Os Conta-Kilómetros	Senior	231
3632	3880	Miguel Farias	00:33:46	01:05:42	01:01:54	3462	ITDS	V40	621
3633	4210	Ana Sousa	00:34:02	01:05:43	01:02:25	3557		V35	99
3634	3879	Hugo Farias	00:33:47	01:05:43	01:01:54	3461	ITDS	V45	351
3635	306	Teresa Quaresma	00:32:26	01:05:43	01:05:05	3871		V40	116
3636	619	Isabel Rodrigues	00:32:51	01:05:43	01:04:33	3819		V45	63
3637	5039	Carla Bandeira	00:30:49	01:05:44	01:05:26	3902		V35	100
3638	392	Lurdes Alves	00:32:08	01:05:44	01:04:01	3761		V55	13
3639	3507	Ana Alpalhão	00:35:32	01:05:46	01:01:29	3397	Alpalhão	V40	117
3640	3458	Elsa Nunes	00:33:57	01:05:47	01:01:14	3358		V40	118



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3641	5645	Amélia Fernandes	00:33:32	01:05:48	01:03:59	3758	10 P`ras 11	V45	64
3642	5156	Rui Correia	00:33:40	01:05:48	01:02:10	3516	Os Pioneiros	V35	730
3643	29	Luís Fernandes	00:34:57	01:05:49	01:02:21	3547		V35	731
3644	1148	Alzira Pereira	00:34:04	01:05:49	01:01:29	3398		V35	101
3645	5114	Rui Martins	00:34:29	01:05:49	01:01:58	3479		V40	622
3646	5357	José Fernandes	00:31:17	01:05:50	01:04:25	3806	IG Runners	V40	623
3647	1880	Paulo Fernandes	00:29:45	01:05:50	01:05:31	3914		V40	624
3648	6085	Tiago Rosa	00:33:57	01:05:50	01:02:06	3502	YUNIT	Senior	806
3649	3649	Fernando Duarte	00:35:44	01:05:51	01:01:29	3394	FDNC	V40	625
3650	5021	Tania Santo	00:33:27	01:05:52	01:04:08	3769		Senior	232
3651	3032	Paula Vieira	00:33:33	01:05:54	01:02:56	3619	we love running	Senior	233
3652	1745	Fernanda Cruz	00:31:21	01:05:56	01:05:25	3901	Evolution	V35	102
3653	1458	Francisco Ribeiro	00:32:47	01:05:56	01:03:46	3727		V65	41
3654	4841	Rui Veiga	00:32:47	01:05:56	01:03:45	3723		V50	229
3655	4960	Teresa Damaso	00:33:27	01:05:56	01:02:41	3586	Microsoft One	V35	103
3656	1710	João Mimoso	00:34:00	01:05:57	01:01:51	3445		V40	626
3657	1982	Luis Lopes	00:34:12	01:05:58	01:01:25	3386		V40	627
3658	5886	Gonçalo Petinga	00:33:48	01:05:58	01:02:02	3493		Senior	807
3659	3654	Alberto Mosqueira	00:32:52	01:05:59	01:02:57	3622	GFD Running	Senior	808
3660	4977	Marcos Santos	00:33:26	01:05:59	01:02:43	3589	Microsoft One	V40	628



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3661	3094	Filipa Magalhães	00:34:15	01:05:59	01:02:16	3529	Caixagest, Técnicas Gestão de Fundos, SA	V40	119
3662	3958	Ana Amaral	00:31:48	01:06:00	01:03:35	3703	Bue da Serras	Senior	234
3663	3093	Paula Geada	00:34:28	01:06:00	01:02:21	3545	Caixagest, Técnicas Gestão de Fundos, SA	V40	120
3664	2064	João Reforço	00:35:29	01:06:00	01:01:56	3469		Senior	809
3665	2025	Rui Marques	00:35:00	01:06:00	01:01:54	3464		V35	732
3666	5070	Ilídio Monteiro	00:35:28	01:06:00	01:01:56	3470		V60	93
3667	4167	Joao Alves	00:33:57	01:06:00	01:02:41	3585		V35	733
3668	2026	Rute Cardoso	00:32:27	01:06:00	01:04:03	3764		V35	104
3669	1111	Marta Mafra	00:35:00	01:06:01	01:01:56	3475		Senior	235
3670	2135	Catarina Alves	00:33:16	01:06:01	01:03:44	3717	Runbehappy	Senior	236
3671	1491	Manuel Pereira	00:33:45	01:06:02	01:04:17	3790		V60	94
3672	281	Jorge Cerejeira	00:34:20	01:06:02	01:02:08	3508		V45	352
3673	3883	Tiago Brandão	00:33:24	01:06:03	01:04:15	3783		Senior	810
3674	4070	Sara Coimbra	00:34:18	01:06:03	01:02:00	3485	Atomic Team	V35	105
3675	3650	Nelito Calixto	00:35:44	01:06:03	01:01:40	3414	FDNC	Senior	811
3676	6159	Luis Amaral	00:34:20	01:06:03	01:04:06	3767		Senior	812
3677	2939	Juan Río	00:34:37	01:06:04	01:03:08	3638	1495	V35	734
3678	5513	Tiago Flores	00:30:52	01:06:04	01:04:45	3844	Samsung	V35	735
3679	5180	José Sousa	00:31:13	01:06:04	01:04:16	3785		V50	230
3680	1416	Susana Ribeiro	00:35:38	01:06:05	01:01:27	3390		V40	121



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3681	5604	Carlos Barreiras	00:33:08	01:06:05	01:04:58	3864		V65	42
3682	5181	João Petra	00:30:57	01:06:05	01:04:17	3788		V50	231
3683	6196	Nuno Sousa	00:30:56	01:06:05	01:04:17	3789		Senior	813
3684	2438	Pedro Antunes	00:31:42	01:06:05	01:05:28	3906		Senior	814
3685	3164	Joana Graça	00:33:40	01:06:06	01:04:16	3786		Senior	237
3686	3937	Rebeca Guerra	00:31:52	01:06:06	01:05:39	3927		Senior	238
3687	977	Maria Quitéria	00:33:58	01:06:07	01:04:30	3813		V40	122
3688	2293	Armando Lopes	00:32:20	01:06:07	01:03:38	3708	Atletas de Peso	V50	232
3689	976	Paula Couto	00:34:08	01:06:08	01:04:31	3816		V50	23
3690	1635	Ana Marques	00:32:15	01:06:08	01:05:48	3938		V40	123
3691	3030	Catarina Silva	00:34:48	01:06:09	01:03:32	3696	we love running	V35	106
3692	324	Joana Ferreira	00:34:24	01:06:09	01:02:47	3600	Fund Box	Senior	239
3693	2867	Pedro Barroso	00:35:45	01:06:09	01:03:59	3755		Senior	815
3694	3186	Miguel Cristão	00:33:31	01:06:09	01:02:21	3542		V40	629
3695	1200	Anabela Vidigal	00:33:33	01:06:09	01:02:21	3543		V35	107
3696	3887	Nidia Silva	00:31:50	01:06:09	01:05:56	3948		V55	14
3697	4905	Leonor Cotrim	00:32:51	01:06:10	01:05:16	3883		V55	15
3698	3718	Rafael Rocha	00:36:17	01:06:10	01:01:22	3379	Os Conta-Kilómetros	Senior	816
3699	5280	Leah Fernandes	00:33:43	01:06:10	01:05:13	3878		Senior	240
3700	1429	Jorge Vasco	00:33:35	01:06:10	01:02:31	3565		V35	736



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3701	1506	José Barroso	00:35:14	01:06:11	01:02:34	3572	Lesmas	V50	233
3702	2572	Carlos Santos	00:33:52	01:06:12	01:02:28	3559		V45	353
3703	1940	Mariana Silva	00:32:22	01:06:12	01:06:02	3957		Senior	241
3704	1623	Sofia Abrantes	00:32:34	01:06:12	01:04:37	3830	Balhelhas	Senior	242
3705	5370	Andreia Costa	00:34:16	01:06:12	01:02:12	3522		Senior	243
3706	2229	Jorge Marques	00:32:53	01:06:14	01:02:09	3511		V35	737
3707	3975	Hélder Silva	00:34:51	01:06:16	01:03:25	3681		Senior	817
3708	3874	Rute Lopes	00:34:51	01:06:16	01:03:25	3680		Senior	244
3709	702	Hélia Oliveira	00:32:18	01:06:17	01:04:55	3858		V35	108
3710	1055	Maria Marcelino	00:32:48	01:06:19	01:03:06	3633		V55	16
3711	4589	Miguel Cristina	00:38:17	01:06:19	01:02:19	3538		Senior	818
3712	318	Célia Júlio	00:33:45	01:06:20	01:05:29	3910	Run 4 Fun	V40	124
3713	4171	Antonio Botelho	00:36:27	01:06:21	01:03:10	3647	Fitness way Pinhal Novo	V40	630
3714	4173	Jose Cesteiro	00:36:27	01:06:21	01:03:10	3645	Fitness way Pinhal Novo	Senior	819
3715	3943	Avelino Cobas	00:33:32	01:06:22	01:02:31	3564		V35	738
3716	521	Cátia Torres	00:35:50	01:06:22	01:02:30	3562		Senior	245
3717	6068	Francisco Sergio	00:33:28	01:06:24	01:04:55	3857		V55	148
3718	3559	Pedro Gomes	00:30:50	01:06:26	01:03:49	3734	MONTEPIO - Marketeers	V35	739
3719	2392	Luis Pereira	00:33:55	01:06:27	01:02:38	3578		V40	631
3720	2595	Joao Pereira	00:33:28	01:06:29	01:04:16	3784		V55	149



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3721	2838	Marta Afonso	00:32:49	01:06:30	01:05:25	3900	SS CGD	V35	109
3722	3626	Elsa Borbinha	00:33:58	01:06:30	01:03:07	3636		V40	125
3723	2357	Ursula Santos	00:31:47	01:06:30	01:05:47	3937		Senior	246
3724	4459	Sofia Candeias	00:31:59	01:06:31	01:05:16	3881		V35	110
3725	921	António Pesqueira	00:33:35	01:06:32	01:03:13	3652		V55	150
3726	1525	José Silva	00:35:14	01:06:32	01:02:37	3577		V50	234
3727	3194	Beatriz Dias	00:33:50	01:06:32	01:04:08	3770		Junior	13
3728	4392	Ana Coelho	00:33:19	01:06:32	01:04:32	3818		Senior	247
3729	4390	João Nunes	00:33:19	01:06:32	01:04:31	3817		Senior	820
3730	2023	Viorica Veres	00:33:38	01:06:33	01:06:04	3961		V40	126
3731	199	Joana Chouriço	00:32:31	01:06:33	01:04:22	3800		V50	24
3732	1078	Ines Diogo	00:35:26	01:06:34	01:02:23	3551		V35	111
3733	2705	Ana Trindade	00:33:42	01:06:34	01:05:29	3908	Correr Lisboa	V40	632
3734	1645	João Lourenço	00:31:50	01:06:34	01:05:24	3894		V35	740
3735	448	Paula Miranda	00:33:16	01:06:34	01:04:26	3807	Tuareg	V35	112
3736	2597	Pedro Conceição	00:34:23	01:06:35	01:04:16	3787		Senior	821
3737	1053	Sónia Agostinho	00:32:43	01:06:36	01:05:25	3897		V40	127
3738	3465	Andreia Ventura	00:35:52	01:06:36	01:02:12	3523		Senior	248
3739	3475	Marco Silva	00:35:49	01:06:36	01:02:13	3525		V35	741
3740	582	Ricardo Alexandre	00:34:01	01:06:37	01:02:03	3497	MONTEPIO - Castelo Branco	V40	633



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3741	4041	Catarina Mota	00:32:05	01:06:38	01:06:16	3983		Senior	249
3742	4022	Miguel Fonseca	00:34:28	01:06:38	01:03:17	3661	Portuguese United Training Association	V35	742
3743	3517	Maria Sousa	00:35:51	01:06:39	01:02:15	3526		V50	25
3744	5423	Carla Pereira	00:31:56	01:06:40	01:05:39	3926		Senior	250
3745	2350	Rita Lopes	00:33:21	01:06:40	01:03:29	3690		Senior	251
3746	2349	Ricardo Varela	00:33:22	01:06:40	01:03:29	3691		Senior	822
3747	475	Osvaldo Pires	00:35:05	01:06:40	01:02:12	3521	Cannonball Runners	Senior	823
3748	4535	Tânia Ferreira	00:35:12	01:06:41	00:59:53	3133	Speedy Gonzales Team	Senior	252
3749	4805	Miguel Esteves	00:33:32	01:06:41	01:02:56	3621	Run Buddy Run	V40	634
3750	5049	Carlos Dinis	00:33:33	01:06:41	01:02:53	3613	Run Buddy Run	Senior	824
3751	5386	Joana Ramos	00:33:45	01:06:41	01:02:45	3595		Senior	253
3752	5483	Nuno Inácio	00:35:21	01:06:41	01:02:12	3519		V35	743
3753	4366	Pedro Machado	00:36:35	01:06:41	01:03:43	3716		V35	744
3754	3913	Catarina Almeida	00:34:56	01:06:42	01:03:40	3712		Senior	254
3755	4225	Marta Cantante	00:31:24	01:06:43	01:05:26	3904		Senior	255
3756	1950	Romão Moita	00:32:05	01:06:44	01:05:30	3913		V50	235
3757	3330	Paula Dinis	00:33:26	01:06:44	01:04:56	3860		V45	65
3758	3821	Soraia Planche	00:36:20	01:06:45	01:01:49	3442		Senior	256
3759	5998	Joana Lopes	00:36:20	01:06:45	01:01:49	3441		Junior	14
3760	4334	Carlos Resende	00:35:37	01:06:45	01:03:11	3648		Senior	825



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3761	4027	Cátia Franco	00:35:37	01:06:46	01:03:10	3646		Senior	257
3762	3328	Ana Dinis	00:33:26	01:06:46	01:04:57	3862		Senior	258
3763	109	Ricardo Peças	00:30:16	01:06:46	01:06:22	3999	Pelicanos da Margem Sul	V35	745
3764	5059	Manuela Fernandes	00:33:32	01:06:47	01:03:58	3754	Speed of Yellow	V40	128
3765	1818	João Pinto	00:31:58	01:06:47	01:06:21	3997		V55	151
3766	5621	Simona Faktorova	00:33:28	01:06:47	01:03:47	3728		Senior	259
3767	2934	Alexandra Amorim	00:33:30	01:06:48	01:03:40	3711		V40	129
3768	3329	José Dinis	00:33:26	01:06:50	01:05:03	3868		V45	354
3769	3221	Célia Simões	00:33:35	01:06:51	01:03:05	3632	TudoEu.com	V35	113
3770	1159	Miguel Ferreira	00:34:28	01:06:52	01:02:36	3574	Clube ANA Lisboa	V40	635
3771	1865	Cassiano Cunha	00:31:40	01:06:53	01:06:45	4036		V70	12
3772	90	António Coutinho	00:31:51	01:06:54	01:05:27	3905		V50	236
3773	4268	Rui Machado	00:34:39	01:06:55	01:02:25	3555	The slow riders, or not	Senior	826
3774	875	Teresa Graça	00:34:16	01:06:55	01:04:04	3766		V60	8
3775	821	José Barata	00:32:45	01:06:55	01:06:29	4013		V75	4
3776	4893	An Sousa	00:33:47	01:06:55	01:03:47	3729		V50	26
3777	5090	Pedro Barros	00:32:19	01:06:56	01:05:52	3944		Senior	827
3778	5389	Tatiana Campenhe	00:34:36	01:06:56	01:05:14	3879		Senior	260
3779	5187	Nuno Ferreira	00:40:50	01:06:56	00:55:48	2425		V35	746
3780	1574	Fábio Alves	00:36:14	01:06:57	01:03:27	3686	ODEBRECHT PORTUGAL	Senior	828



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3781	5295	José Pires	00:35:14	01:06:57	01:02:50	3609		V35	747
3782	679	Sónia Miguel	00:33:12	01:06:58	01:05:40	3929	Toupeiro	Senior	261
3783	2722	Manuela Carraco	00:34:15	01:06:58	01:04:21	3796		Senior	262
3784	1123	Rute Oliveira	00:35:27	01:06:58	01:02:35	3573		Senior	263
3785	680	Miguel Marques	00:33:12	01:06:58	01:05:40	3930	Toupeiro	V35	748
3786	289	Vasco Ferreira	00:34:59	01:06:59	01:02:37	3576		V40	636
3787	393	Jose Descalco	00:34:15	01:06:59	01:04:22	3799		V35	749
3788	1457	Luis Costa	00:33:58	01:07:00	01:03:54	3748		V45	355
3789	3010	Amândio Pimenta	00:33:02	01:07:01	01:05:00	3866		V40	637
3790	4253	Eulália Gonçalves	00:34:04	01:07:02	01:05:54	3945		V45	66
3791	2491	Ricardo Figueira	00:30:30	01:07:02	01:06:16	3982		Senior	829
3792	2493	Ivana Mendes	00:30:30	01:07:03	01:06:16	3986		V35	114
3793	5921	Manuela Gomes	00:32:55	01:07:04	01:04:35	3821	CLUBE ACCENTURE	V50	27
3794	738	Rita Certã	00:34:56	01:07:05	01:03:22	3675	Correr para comer e conviver	V35	115
3795	3043	Judite Basilio	00:34:28	01:07:05	01:03:26	3682	CGD PENSÕES,SA	V50	28
3796	739	Marina Andrade	00:34:57	01:07:06	01:03:22	3671	Correr para comer e conviver	V45	67
3797	4034	André Ferreira	00:33:08	01:07:07	01:06:36	4022		Senior	830
3798	3782	Francisco Gomes	00:33:10	01:07:07	01:05:50	3941		V50	237
3799	1707	Joao Cardoso	00:34:56	01:07:08	01:03:21	3665		V45	356
3800	4969	Carlos Carmo	00:33:51	01:07:10	01:04:44	3843	G.D.C.T. REPSOL POLÍMEROS	V60	95



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3801	2133	Tiago Coito	00:33:02	01:07:10	01:05:30	3912		Senior	831
3802	6053	Daniela Rodrigues	00:36:38	01:07:10	01:07:00	4064		Senior	264
3803	5764	Hugo Silva	00:36:38	01:07:10	01:07:00	4065		V35	750
3804	700	Alexandra Lopes	00:32:22	01:07:11	01:06:14	3979		V55	17
3805	401	Gilda Ferreira	00:35:03	01:07:12	01:03:08	3640		V45	68
3806	3073	Leão Brito	00:34:14	01:07:13	01:04:21	3798		V55	152
3807	2112	José Henriques	00:34:53	01:07:13	01:03:19	3662		V50	238
3808	3740	Laurindo Oliveira	00:37:16	01:07:13	01:03:21	3670		V45	357
3809	5883	Joaquim Pereira	00:33:53	01:07:13	01:06:12	3976	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V70	13
3810	3741	Maria Barrancos	00:37:15	01:07:14	01:03:21	3667		V40	130
3811	1896	Patricia Silva	00:35:25	01:07:15	01:03:39	3709		V40	131
3812	2179	Sara Machado	00:36:40	01:07:15	01:03:16	3658	Hot Runners	V35	116
3813	2458	Antonio Henriques	00:35:27	01:07:16	01:02:43	3588		V55	153
3814	2173	Cláudia Ferreira	00:33:36	01:07:16	01:06:08	3968		Senior	265
3815	2299	Ana Morais	00:32:27	01:07:17	01:06:30	4016		Senior	266
3816	609	Ricardo Estevens	00:33:48	01:07:18	01:04:22	3801		V40	638
3817	2579	Paulo Mourão	00:32:32	01:07:18	01:07:11	4082		V50	239
3818	5698	Mónica Falcão	00:35:03	01:07:19	01:03:44	3718	Tartarugas Solidarias	Senior	267
3819	4493	Elisabeth Loureiro	00:32:27	01:07:19	01:06:17	3987	Sporting Clube de Casainhos	V55	18
3820	262	Henriqueta Solipa	00:35:02	01:07:19	01:03:44	3719	Tartarugas Solidarias	V50	29



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3821	4050	Ana Pais	00:35:06	01:07:20	01:03:52	3741	Tartarugas Solidarias	Senior	268
3822	2033	Cristina Cunha	00:34:39	01:07:20	01:03:48	3731		Senior	269
3823	3205	Daniel Pinto	00:33:39	01:07:23	01:05:15	3880		Senior	832
3824	3800	Ana Seabra	00:33:32	01:07:23	01:04:30	3812	Aero Runners	V45	69
3825	3799	Alexandre Damaso	00:33:31	01:07:24	01:04:30	3815	Aero Runners	V45	70
3826	894	Liliana Azevedo	00:34:26	01:07:25	01:03:25	3679		Senior	270
3827	3871	Luís Silva	00:32:24	01:07:25	01:04:54	3854		V45	358
3828	2062	Isabel Coelho	00:33:22	01:07:26	01:06:53	4057		V45	71
3829	3555	Ricardo Antunes	00:34:56	01:07:27	01:03:16	3659	Barriguinhas	Senior	833
3830	1683	Inês Cordeiro	00:35:03	01:07:27	01:04:39	3833	Tarahumara	Senior	271
3831	1685	Isabel Guerreiro	00:34:16	01:07:28	01:05:57	3951	Tarahumara	V40	132
3832	2331	Filipa Larangeira	00:33:44	01:07:28	01:02:53	3614	Runningcous	Senior	272
3833	3215	Paulo Barata	00:36:28	01:07:28	01:02:54	3616		V35	751
3834	4421	Marta Vicente	00:35:33	01:07:28	01:03:02	3628		Senior	273
3835	4425	Ana Augusto	00:35:31	01:07:29	01:03:02	3629		Senior	274
3836	4250	Marco Cardoso	00:33:57	01:07:30	01:04:54	3855		V40	639
3837	1431	Francisco Teixeira	00:36:03	01:07:30	01:03:23	3678		V50	240
3838	4073	Sérgio Guilherme	00:34:21	01:07:30	01:04:12	3777		V40	640
3839	3985	Rui Andrade	00:32:43	01:07:31	01:06:04	3960		Senior	834
3840	1946	Eva Caetano	00:34:01	01:07:32	01:04:37	3829		Senior	275



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3841	5989	Ana Gorgulho	00:34:51	01:07:32	01:03:23	3677	Barriguinhas	Senior	276
3842	653	Vítor Lucas	00:32:21	01:07:33	01:05:47	3936		V50	241
3843	2662	Hugo Fradique	00:34:26	01:07:34	01:03:27	3684	OneSight Portugal	Senior	835
3844	2663	José Lppes	00:34:27	01:07:34	01:03:27	3685	OneSight Portugal	V45	359
3845	5372	Vânia Moreira	00:33:39	01:07:34	01:06:07	3963		V40	133
3846	70	Maria Correia	00:33:39	01:07:34	01:06:07	3965	Montepio - Central de Compras	V45	72
3847	4315	Ricardo Gonçalves	00:34:04	01:07:35	01:06:26	4003		V45	360
3848	3130	Paulo Garcia	00:36:07	01:07:35	01:03:48	3732	TudoEu.com	V35	752
3849	3095	Vânia Santos	00:34:15	01:07:35	01:03:51	3738	Caixagest, Técnicas Gestão de Fundos, SA	Senior	277
3850	4071	Maria Sabarigo	00:34:18	01:07:36	01:03:34	3702	Atomic Team	Senior	278
3851	2586	Carlos Evangelista	00:30:42	01:07:37	01:06:22	3998	AQUILLES BROTHERS	V35	753
3852	4092	Teresa Cardoso	00:33:24	01:07:37	01:06:26	4005	Corpo em Movimento	Senior	279
3853	5653	João Rosa	00:32:07	01:07:38	01:04:19	3792		V35	754
3854	156	Antonio Vale	00:35:17	01:07:38	01:02:49	3608	Os Conta-Kilómetros	Senior	836
3855	2602	Luís Costa	00:35:18	01:07:38	01:02:49	3607		Senior	837
3856	860	Raquel Parreira	00:34:33	01:07:39	01:04:35	3823		Senior	280
3857	4483	Teresa Teixeira	00:33:02	01:07:39	01:05:38	3925		V45	73
3858	3885	Claudia Amaral	00:33:02	01:07:39	01:05:38	3923		V40	134
3859	1270	Mervany Aguilera	00:33:24	01:07:39	01:06:43	4033		V35	117
3860	2617	Patricia Santos	00:35:42	01:07:40	01:03:35	3704	Bazinga!	V35	118



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3861	587	Liliana Oliveira	00:34:45	01:07:40	01:05:08	3875		Senior	281
3862	111	João Garizo	00:35:23	01:07:40	01:03:29	3692		V40	641
3863	4830	Vera Leão	00:35:05	01:07:40	01:03:49	3735		Senior	282
3864	640	Maria Almeida	00:32:23	01:07:44	01:06:46	4040		V35	119
3865	4959	Nuno Belo	00:32:35	01:07:44	01:03:28	3687		V40	642
3866	2066	Joaquim Nunes	00:34:18	01:07:44	01:06:20	3993		V55	154
3867	3048	Dora Gomes	00:34:25	01:07:45	01:04:53	3850		V35	120
3868	5177	Isabel Cardoso	00:34:53	01:07:46	01:04:41	3840		V45	74
3869	1042	Donni Akbar	00:35:36	01:07:48	01:03:42	3714		V35	755
3870	5878	Jorge Graça	00:34:32	01:07:48	01:03:56	3752		Senior	838
3871	3170	João Santos	00:34:05	01:07:48	01:04:23	3802		V45	361
3872	1043	Afsy Nadina	00:35:35	01:07:48	01:03:43	3715		Senior	283
3873	5154	Hélder Nascimento	00:33:07	01:07:49	01:04:12	3780	Os Pioneiros	V35	756
3874	1262	Jorge Fevereiro	00:36:26	01:07:49	01:03:52	3743		V35	757
3875	5963	Mário Fernandes	00:38:42	01:07:49	01:03:11	3650	Gang do Parque	V45	362
3876	863	Elias Luis	00:31:49	01:07:50	01:07:09	4078		V70	14
3877	3549	António Grade	00:32:37	01:07:50	01:07:15	4092		V50	242
3878	594	Cristina Cunha	00:32:38	01:07:51	01:05:29	3911	Tartarugas Solidarias	V40	135
3879	89	Pritesh Manilal	00:32:45	01:07:51	01:06:51	4053		V35	758
3880	1565	Antonio Alves	00:33:45	01:07:52	01:06:45	4037	ODEBRECHT PORTUGAL	V55	155



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3881	3702	Soraia Robalo	00:33:51	01:07:54	01:06:07	3966	Grupo Recreativo e Desportivo "OS FIXES"	Senior	284
3882	4506	Tiago Carvalho	00:34:47	01:07:55	01:03:59	3756		V45	363
3883	5362	Joao Carvalho	00:35:58	01:07:55	01:03:20	3664		V45	364
3884	4465	Fernando Filipe	00:34:25	01:07:56	01:04:19	3794		V40	643
3885	5925	Duarte Gonçalves	00:34:10	01:07:56	01:06:00	3956	CLUBE ACCENTURE	Senior	839
3886	2815	Rute Meireles	00:35:16	01:07:57	01:03:32	3697		V35	121
3887	1239	Luís Silvares	00:35:55	01:07:57	01:04:21	3797		Senior	840
3888	4208	Elisabete Fernandes	00:35:11	01:07:57	01:05:29	3909		V40	136
3889	4982	Nuno Pereira	00:32:16	01:07:58	01:05:50	3942		V40	644
3890	4313	Jose Oneill	00:34:06	01:07:58	01:06:19	3989		V40	645
3891	4311	Marta Coelho	00:34:06	01:07:58	01:06:19	3990		V35	122
3892	5024	João Santos	00:34:44	01:07:59	01:05:18	3885		Senior	841
3893	1157	Sérgio Candeias	00:34:59	01:07:59	01:03:37	3706		V40	646
3894	3945	Maria Sanches	00:35:23	01:07:59	01:03:32	3698		V50	30
3895	4166	Francisco Costa	00:33:23	01:07:59	01:04:02	3763		Senior	842
3896	902	Francisco Santos	00:33:09	01:08:00	01:05:07	3874		V55	156
3897	4944	André Pereira	00:35:09	01:08:00	01:03:57	3753		Senior	843
3898	2215	Julio Silva	00:34:57	01:08:02	01:05:29	3907	OS PRIMOS	V40	647
3899	6101	Hélder Silvério	00:37:52	01:08:02	01:03:38	3707		V40	648
3900	3096	Rita Pegado	00:34:55	01:08:03	01:04:24	3803	Caixagest, Técnicas Gestão de Fundos, SA	V35	123



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3901	3824	António Botelho	00:35:54	01:08:03	01:05:05	3873		V50	243
3902	451	Nuno Almeida	00:35:49	01:08:04	01:05:54	3946	Tuareg	V35	759
3903	2726	João Vaz	00:31:30	01:08:06	01:07:34	4114	Falcões Selvagens	V35	760
3904	2799	José Ribolhos	00:30:36	01:08:06	01:06:46	4042	Temperos Ocidentais	V50	244
3905	437	Célia Macieira	00:34:26	01:08:07	01:06:13	3977	Clube ANA Lisboa	V40	137
3906	438	Pedro Machado	00:34:26	01:08:07	01:06:11	3975	Clube ANA Lisboa	V45	365
3907	2295	António Rodrigues	00:34:22	01:08:08	01:05:37	3921	Atletas de Peso	V60	96
3908	1502	Ana Neves	00:34:44	01:08:08	01:05:38	3924		V35	124
3909	5147	Luis Lee	00:35:39	01:08:08	01:03:45	3720		V50	245
3910	4612	Hélio Marques	00:37:31	01:08:08	01:06:16	3984		Senior	844
3911	4797	Pedro Rocha	00:33:37	01:08:08	01:05:46	3934	Speed of Yellow	Senior	845
3912	2235	Paulo Dinis	00:33:36	01:08:09	01:05:22	3890		V35	761
3913	101	Paulo Matos	00:33:34	01:08:10	01:07:00	4067		V35	762
3914	4054	Pedro Costa	00:33:46	01:08:10	01:06:00	3955		V35	763
3915	4866	Tânia Silva	00:33:43	01:08:10	01:07:13	4087		Senior	285
3916	2403	Maria Sá	00:33:38	01:08:12	01:07:23	4100		V60	9
3917	1136	Hugo Freitas	00:34:58	01:08:13	01:04:49	3848		Senior	846
3918	1314	Feliciana Ferreira	00:35:14	01:08:13	01:04:35	3824		V45	75
3919	659	Ana-Alice Pereira	00:33:17	01:08:13	01:07:13	4086		V50	31
3920	2028	João Jorge	00:34:09	01:08:14	01:06:18	3988		Senior	847



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3921	5742	Sónia Correia	00:36:23	01:08:14	01:04:55	3856	KPMG Portugal	V35	125
3922	3413	Filipa Lopes	00:34:36	01:08:15	01:05:42	3932	Catch me if you can	V35	126
3923	3866	Nuno Ferreira	00:33:04	01:08:15	01:03:23	3676		V35	764
3924	4011	Vera Mendes	00:35:38	01:08:16	01:03:33	3699		Senior	286
3925	2924	Ana Melo	00:34:07	01:08:17	01:06:40	4026	The Running Dead	Senior	287
3926	2925	José Castro	00:34:08	01:08:17	01:06:40	4027	The Running Dead	V35	765
3927	1007	Tiago Oliveira	00:36:22	01:08:17	01:04:37	3828	AudiRun	Senior	848
3928	5440	Fátima Cavaleiro	00:35:10	01:08:17	01:04:53	3851	Tartarugas Solidarias	V50	32
3929	3054	Andreia Marques	00:35:02	01:08:18	01:05:03	3867		Senior	288
3930	5508	Marta Bessa	00:35:50	01:08:18	01:07:01	4068	Samsung	Senior	289
3931	990	Carmen Almeida	00:36:01	01:08:18	01:04:12	3776		Senior	290
3932	1369	Maria Neves	00:35:34	01:08:18	01:04:59	3865		V50	246
3933	1780	Paula Sobral	00:35:14	01:08:18	01:04:50	3849	Tartarugas Solidarias	V40	138
3934	968	Pedro Dinis	00:36:01	01:08:18	01:04:12	3779		V40	649
3935	1965	Cristina Pinto	00:33:34	01:08:20	01:06:26	4006		Senior	291
3936	1977	António Jorge	00:34:08	01:08:20	01:06:25	4002		V55	157
3937	4043	Rui Almeida	00:36:58	01:08:21	01:03:33	3700	Jaquinzinhos de Corrida	V35	766
3938	3050	Marisa Marruz	00:34:38	01:08:21	01:05:10	3876		Senior	849
3939	5208	Paulo Loureiro	00:31:33	01:08:22	01:07:47	4133		V40	650
3940	5400	Rita Montalvao	00:36:13	01:08:22	01:03:54	3747		V35	127



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3941	2890	Maria Silva	00:33:57	01:08:22	01:07:27	4107	Correr Lisboa	V45	76
3942	4852	Mario Pires	00:35:45	01:08:22	01:04:28	3811		V50	247
3943	2189	Filipa Colaço	00:35:47	01:08:24	01:04:13	3781	Matos, Fonseca & Friends	Senior	292
3944	763	Jorge Ferro	00:36:39	01:08:24	01:03:40	3713		V40	651
3945	613	Nuno Sousa	00:33:56	01:08:25	01:04:09	3771		V35	767
3946	1637	Mariana Marques	00:33:34	01:08:25	01:08:16	4159		Junior	15
3947	3129	Luis Pinto	00:34:46	01:08:26	01:04:36	3827	TudoEu.com	V35	768
3948	868	Teresa Mesquita	00:34:46	01:08:26	01:06:03	3958		Senior	293
3949	5801	Elsa Pinto	00:37:06	01:08:27	01:04:27	3808		V35	128
3950	1248	Alvaro Oliveira	00:34:29	01:08:27	01:07:02	4071		V40	652
3951	5068	Helena Cardoso	00:35:03	01:08:27	01:06:25	4001		V35	129
3952	3226	Paula Ferreira	00:34:27	01:08:29	01:05:25	3898		V40	139
3953	3121	Renato Correia	00:34:27	01:08:29	01:05:25	3899		V35	769
3954	4575	Rui Borges	00:35:55	01:08:30	01:03:53	3745	Sempre Plontos	V35	770
3955	3317	Jose Ferreira	00:34:02	01:08:31	01:07:24	4101		V40	653
3956	655	João Henriques	00:36:59	01:08:32	01:04:12	3778		V40	654
3957	4949	Helena Quental	00:34:34	01:08:32	01:05:26	3903		V40	140
3958	3131	Pedro Morgado	00:33:08	01:08:33	01:05:23	3892	Morbino	Senior	850
3959	5576	Carla Gonçalves	00:37:09	01:08:33	01:03:52	3744		V40	141
3960	343	Cati Lopes	00:34:15	01:08:34	01:06:21	3995	ekaminhale	V40	142



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3961	3363	Célia Francisco	00:36:21	01:08:35	01:04:42	3841	Metralhas	V40	143
3962	3362	Paula Neto	00:36:21	01:08:35	01:04:42	3842	Metralhas	V45	77
3963	4994	Carla Pinto	00:32:49	01:08:35	01:07:59	4145		V40	144
3964	2744	Ana Angelo	00:33:25	01:08:35	01:07:54	4139	LEBRE E TARTARUGA	V40	145
3965	5632	Maria Olveira	00:35:48	01:08:37	01:06:20	3994		V50	33
3966	1070	Palmira Rodrigues	00:32:47	01:08:38	01:08:32	4186	Os Gatos Fedorentos	V60	10
3967	5497	Ondina Teodoro	00:35:38	01:08:39	01:04:56	3859		V35	130
3968	464	Cláudia Pereira	00:36:11	01:08:41	01:04:01	3760		Senior	294
3969	79	Ricardo Viana	00:34:17	01:08:41	01:06:07	3964	MONTEPIO - Marketeers	V35	771
3970	3440	Magda Verissimo	00:34:54	01:08:42	01:05:56	3949		Senior	295
3971	3114	Isabel Filipe	00:32:58	01:08:43	01:07:53	4137		V55	19
3972	5629	João Carneiro	00:36:04	01:08:45	01:04:09	3772		V55	158
3973	2912	Filipa Peleja	00:36:32	01:08:46	01:04:00	3759		Senior	296
3974	4134	André Lobato	00:32:22	01:08:46	01:07:59	4144	CS Runners	Senior	851
3975	4374	Barbara Miranda	00:36:20	01:08:46	01:05:24	3895		V40	146
3976	3108	Joaquim Vieira	00:30:54	01:08:46	01:06:48	4046		V40	655
3977	5178	Catia Dobroes	00:35:01	01:08:47	01:08:37	4193	Team Alacrau	V35	131
3978	83	José Amorim	00:35:57	01:08:47	01:05:34	3917		V40	656
3979	3550	Sara Gonçalves	00:34:54	01:08:49	01:04:40	3836	Barriguinhas	Senior	297
3980	3089	Cristina Brizido	00:35:16	01:08:49	01:05:05	3870	Fundger, SA	V35	132



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
3981	1082	Liliana Henriques	00:35:18	01:08:51	01:05:33	3916	Os Conta-Kilómetros	Senior	298
3982	5271	Ana Carvalho	00:34:07	01:08:53	01:06:08	3969		Senior	299
3983	5865	Sandra Batista	00:34:25	01:08:53	01:07:48	4134	Correr Lisboa	V40	147
3984	3128	Elisabete Vale	00:34:24	01:08:53	01:07:47	4132	Correr Lisboa	V40	148
3985	4386	Reinaldo Pereira	00:32:06	01:08:54	01:08:14	4153		V50	248
3986	4333	Fernando Filipe	00:34:45	01:08:55	01:05:16	3882		V45	366
3987	4505	Rui Ferreira	00:35:22	01:08:56	01:04:19	3793		V40	657
3988	5062	Ana Claro	00:34:05	01:08:56	01:05:35	3918	Microsoft One	Senior	300
3989	949	Humberto Chaves	00:34:52	01:08:56	01:06:51	4052		V60	97
3990	593	João Pereira	00:33:31	01:08:56	01:07:19	4098		V45	367
3991	5867	Susana Carvalho	00:34:19	01:08:58	01:07:05	4076		V35	133
3992	4875	Daniela Torres	00:35:50	01:08:59	01:05:05	3872		Senior	301
3993	585	Pedro Miguéns	00:32:50	01:08:59	01:08:14	4154		V35	772
3994	5289	Sonia Henriques	00:33:56	01:09:00	01:06:37	4024		V35	134
3995	4102	Manuel Palmeirao	00:32:58	01:09:02	01:08:17	4162		V65	43
3996	652	Jorge Baptista	00:34:55	01:09:02	01:07:33	4113		V55	159
3997	6018	Diogo Marques	00:35:28	01:09:04	01:06:43	4035	Dá-le!	Senior	852
3998	5077	Myrlei Branco	00:34:30	01:09:04	01:06:41	4028		V40	149
3999	4860	Daniel Reis	00:32:34	01:09:05	01:08:44	4208	Os Amigos da Pedrita	Senior	853
4000	2769	Olga Shakhtrina	00:35:07	01:09:05	01:05:03	3869		V40	150



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4001	5743	Filipa Almeida	00:36:22	01:09:05	01:05:46	3933	KPMG Portugal	Senior	302
4002	2810	Cristina Cruz	00:36:29	01:09:06	01:04:39	3831		Senior	303
4003	2346	Miguel Almeida	00:37:14	01:09:06	01:04:20	3795	ContrAltaFinanca	Senior	854
4004	737	Luís Cabaça	00:35:52	01:09:06	01:05:23	3893	Correr para comer e conviver	V35	773
4005	2896	Sandra Crespo	00:34:38	01:09:06	01:06:41	4029		V40	151
4006	4098	Ana Paralta	00:34:40	01:09:07	01:08:11	4150	MAD Runners	Senior	304
4007	4508	António Belo	00:33:53	01:09:08	01:08:46	4211		V60	98
4008	466	Liliane Ruge	00:35:12	01:09:08	01:06:43	4034		Senior	305
4009	1205	Ricardo Costa	00:34:41	01:09:09	01:04:48	3845		V35	774
4010	1204	Rui Costa	00:34:41	01:09:09	01:04:48	3846		V35	775
4011	1456	Luisa Costa	00:34:53	01:09:12	01:06:07	3962		V45	78
4012	2148	Eduardo Pestana	00:35:39	01:09:14	01:06:15	3980	kaninos	Senior	855
4013	2405	Sabrina Sá	00:32:00	01:09:15	01:08:26	4175		V35	135
4014	4148	Pedro Teles	00:36:16	01:09:16	01:04:40	3835		V35	776
4015	4160	Neuza Jesus	00:36:16	01:09:16	01:04:41	3838	Recheio	V35	136
4016	4157	Ana Teles	00:36:16	01:09:17	01:04:41	3837	Recheio	Senior	306
4017	1579	Anabela Santos	00:33:36	01:09:17	01:08:28	4180	Centro de Cultura e Desporto dos Trabalhadores	V45	79
4018	1578	Sónia Envia	00:33:37	01:09:18	01:08:28	4181	Centro de Cultura e Desporto dos Trabalhadores	V35	137
4019	3139	Rute Patrocinio	00:35:43	01:09:18	01:04:56	3861		V35	138
4020	1452	Sandra Nunes	00:32:50	01:09:19	01:06:21	3996		V35	139



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4021	5192	Pedro Gonçalves	00:33:24	01:09:20	01:08:16	4158		V40	658
4022	1294	Miguel Semedo	00:34:05	01:09:20	01:07:32	4111		V35	777
4023	1389	Maria Ribeiro	00:35:01	01:09:21	01:06:29	4012		Senior	307
4024	2124	Carlota Montenegro	00:36:09	01:09:21	01:05:47	3935		Senior	308
4025	3077	António Alexandre	00:34:38	01:09:22	01:06:30	4017		Senior	856
4026	742	Luís Simões	00:32:23	01:09:23	01:08:41	4198		V35	778
4027	1240	Marta Caldeira	00:35:56	01:09:23	01:05:48	3939		Senior	309
4028	3169	José Batista	00:34:29	01:09:23	01:08:02	4146		V60	99
4029	4704	Teresa Martins	00:32:14	01:09:25	01:08:28	4179	Tetecas	V55	20
4030	2166	Isaura Atanásio	00:34:34	01:09:26	01:06:51	4054		V60	11
4031	3038	Antonio Cardoso	00:33:48	01:09:27	01:06:50	4050	we love running	V40	659
4032	756	Ana Gonçalves	00:35:17	01:09:27	01:04:58	3863		Senior	310
4033	4491	Joaquim Neves	00:35:57	01:09:28	01:07:46	4131	Carapaus de Corrida	V45	368
4034	3065	Ana Canaveira	00:33:40	01:09:29	01:08:25	4172	Açoreana Clube Banif	V45	80
4035	1185	Dora Duarte	00:35:18	01:09:30	01:06:30	4015		V50	34
4036	862	Elisabete Pinto	00:33:24	01:09:31	01:08:11	4149		V40	152
4037	344	Susana Mota	00:34:15	01:09:31	01:07:18	4096	ekaminhale	V35	140
4038	5010	Franka Dinis	00:34:11	01:09:31	01:07:43	4127		V35	141
4039	5009	Luís Dinis	00:34:10	01:09:31	01:07:43	4126		V35	779
4040	2187	Nuno Matos	00:35:47	01:09:33	01:05:20	3887	Matos, Fonseca & Friends	V45	369



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4041	832	Mariana Monteiro	00:36:12	01:09:33	01:05:52	3943		Senior	311
4042	5760	José Quaresma	00:36:11	01:09:34	01:05:42	3931		V40	660
4043	6147	Isabel Costa	00:36:26	01:09:34	01:05:32	3915		V40	153
4044	618	Jorge Pires	00:34:31	01:09:34	01:06:22	4000		V35	780
4045	972	Artur Dinis	00:34:38	01:09:34	01:07:58	4143		V55	160
4046	5834	João Mendes	00:31:10	01:09:35	01:08:44	4205		Senior	857
4047	3766	Herminio Costa	00:33:05	01:09:35	01:08:15	4155		V60	100
4048	1834	Pedro Barros	00:33:46	01:09:35	01:05:38	3922		V35	781
4049	435	Carla Leitão	00:33:39	01:09:36	01:08:48	4215	Clube ANA Lisboa	V45	81
4050	1912	Gleysson Felix	00:36:03	01:09:36	01:05:21	3889		V35	782
4051	2304	Antonio Costa	00:35:34	01:09:37	01:06:20	3992		V60	101
4052	6122	Andreia Sofia	00:33:23	01:09:38	01:09:21	4249		Senior	312
4053	690	Nuno Rocha	00:33:23	01:09:38	01:09:22	4250		Senior	858
4054	2339	Sara Costa	00:34:38	01:09:39	01:06:46	4041		Senior	313
4055	2673	Armando Durão	00:32:45	01:09:39	01:07:11	4081		V50	249
4056	5634	João Rodrigues	00:34:14	01:09:41	01:07:14	4090		V50	250
4057	5594	Paulo Lourenço	00:34:14	01:09:41	01:07:14	4088		V50	251
4058	2668	Paulo Sousa	00:33:54	01:09:41	01:06:15	3981		V40	661
4059	2787	Nuno Nunes	00:36:26	01:09:41	01:05:20	3886		V35	783
4060	2900	Vanda Carvalho	00:34:12	01:09:42	01:08:44	4207		V35	142



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4061	2899	Jorge Neta	00:34:12	01:09:43	01:08:44	4206		V35	784
4062	5478	João Rita	00:35:01	01:09:43	01:05:55	3947	Pelegas	V55	161
4063	2642	José Henriques	00:35:04	01:09:43	01:07:26	4103		V40	662
4064	1122	Pedro Alves	00:36:27	01:09:43	01:05:22	3891		Senior	859
4065	1615	Sara Pereira	00:35:32	01:09:44	01:06:57	4060	Cangurus	V35	143
4066	4183	Soraia Moura	00:37:16	01:09:45	01:06:45	4038	Jobrinde Montes-Saloios	Junior	16
4067	4182	Márcio Fonseca	00:37:47	01:09:45	01:06:46	4043	Jobrinde Montes-Saloios	Junior	47
4068	3187	Elisabete Cabral	00:34:59	01:09:46	01:08:19	4165		V40	154
4069	4370	Simão Ortega	00:39:15	01:09:47	00:58:09	2850		Senior	860
4070	1654	Joao Rodrigues	00:36:57	01:09:48	01:09:38	4261		Senior	861
4071	511	Ana Dias	00:36:13	01:09:49	01:05:37	3919		Senior	314
4072	510	Bruno Claro	00:36:13	01:09:49	01:05:37	3920		Senior	862
4073	3213	Alice Justino	00:34:29	01:09:49	01:08:42	4201		V60	12
4074	3510	Egas Marques	00:31:51	01:09:50	01:09:39	4262		V70	15
4075	3242	José Gonçalves	00:35:05	01:09:52	01:07:31	4110		V70	16
4076	6042	Mario Silva	00:35:38	01:09:52	01:06:37	4023		V50	252
4077	1121	José Caldeira	00:33:46	01:09:53	01:07:18	4097		V50	253
4078	328	Mafalda Moura	00:34:41	01:09:54	01:06:38	4025		V40	155
4079	4305	Pedro Ribeiro	00:30:15	01:09:54	01:09:34	4257		Senior	863
4080	5285	Ricardo Marques	00:33:48	01:09:55	01:08:42	4203		Senior	864



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4081	3788	Ana Saldanha	00:35:56	01:09:55	01:06:10	3974		Senior	315
4082	3786	Lúis Oliveira	00:35:56	01:09:56	01:06:10	3973		Senior	865
4083	4239	Anabela Valente	00:36:53	01:09:56	01:06:26	4004		V40	156
4084	3963	Maria Aguiar	00:36:09	01:09:56	01:07:15	4091		V40	157
4085	1012	Susana Martins	00:36:46	01:09:57	01:07:37	4121		Senior	316
4086	3641	Alexandre Penha	00:34:30	01:09:58	01:07:39	4123	RSB Lx	V35	785
4087	2719	Jorge Luís	00:33:09	01:09:59	01:09:54	4282		V45	370
4088	5584	Vanda Oliveira	00:37:09	01:10:01	01:05:20	3888		V40	158
4089	4278	Paulo Silva	00:32:09	01:10:02	01:07:49	4136		V45	371
4090	399	Nuno Silva	00:35:06	01:10:02	01:08:34	4189		V40	663
4091	4478	Carla Teixeira	00:36:53	01:10:03	01:06:32	4018		V50	35
4092	1889	Joana Heitor	00:35:19	01:10:04	01:07:06	4077		Senior	317
4093	4670	Amália Pacheco	00:35:44	01:10:04	01:07:16	4093	Os Canários	V40	159
4094	872	Patrícia Falcão	00:31:52	01:10:05	01:09:43	4268	MONTEPIO - Marketeers	V40	160
4095	1310	Rita Reis	00:35:02	01:10:06	01:07:26	4102		Senior	318
4096	5875	Victor Pereira	00:34:12	01:10:07	01:07:16	4094	coloquio	V50	254
4097	5615	Dina Oliveira	00:37:07	01:10:07	01:05:25	3896		V45	82
4098	5827	Manuela Aldeia	00:31:55	01:10:08	01:09:48	4277		V50	36
4099	1038	Susana Martins	00:35:36	01:10:09	01:06:33	4020		V35	144
4100	2305	Isabel Pisco	00:35:36	01:10:09	01:06:33	4019		V45	83



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4101	3285	Helena Serra	00:33:45	01:10:13	01:09:30	4255	Grupo Desportivo de Chelas	V45	84
4102	3145	Susana Pina	00:37:00	01:10:13	01:06:29	4011		Senior	319
4103	931	Marisa Silva	00:35:28	01:10:13	01:06:43	4032		V35	145
4104	3146	Bruno Ferreira	00:37:00	01:10:14	01:06:30	4014		Senior	866
4105	2073	Maria Duarte	00:33:44	01:10:15	01:08:37	4192	aMarycanlife	Senior	320
4106	3042	Duarte Francisco	00:35:25	01:10:15	01:07:40	4124	CGD PENSÕES,SA	Senior	867
4107	3028	Raquel Escola	00:35:27	01:10:15	01:07:37	4119	we love running	Senior	321
4108	2322	Susana Dias	00:35:03	01:10:15	01:09:00	4227		V45	85
4109	1412	Isabel Dias	00:36:32	01:10:18	01:06:27	4008		V35	146
4110	5482	Anabela Ventura	00:35:20	01:10:18	01:08:18	4163		V35	147
4111	2316	Paulo Varela	00:35:57	01:10:18	01:08:21	4166	Clube Atletismo Amigos de Belém - C A A B	V45	372
4112	1342	Tiago Pinheiro	00:36:19	01:10:19	01:06:16	3985	Os Coxos	V45	373
4113	5784	Ana Rebelo	00:35:31	01:10:20	01:07:03	4072		Senior	322
4114	5785	Luís Vilhena	00:35:31	01:10:20	01:07:02	4070		Senior	868
4115	5418	Fernando Martins	00:34:03	01:10:21	01:07:01	4069		V45	374
4116	5419	Ana Miranda	00:34:03	01:10:21	01:07:00	4063		V40	161
4117	5337	César Nunes	00:37:06	01:10:23	01:08:59	4226	IG Runners	V35	786
4118	5451	Joana Gabriel	00:37:09	01:10:23	01:08:26	4177	SS CGD	V50	37
4119	6154	Rafael Franco	00:37:17	01:10:23	01:05:57	3950		Senior	869
4120	5454	Miguel Pimenta	00:37:10	01:10:23	01:08:26	4173	SS CGD	Junior	48



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4121	6153	Pedro Meneses	00:37:17	01:10:23	01:05:57	3952		Senior	870
4122	2827	Lidia Bailão	00:35:11	01:10:24	01:09:11	4237	SS CGD	V40	162
4123	2842	Paulo Bailao	00:35:10	01:10:24	01:08:57	4224	SS CGD	V40	664
4124	4299	Pedro Dias	00:36:09	01:10:25	01:07:48	4135		V35	787
4125	1309	Alexandra Rosa	00:35:00	01:10:25	01:07:42	4125		V45	86
4126	2276	Lino Gomes	00:34:42	01:10:25	01:06:10	3972	CCD Crédito Agrícola Mútuo	V50	255
4127	5093	Francisco Martins	00:32:19	01:10:26	01:09:23	4252		Senior	871
4128	4775	Rita Ferreira	00:37:39	01:10:29	01:06:08	3967		Senior	323
4129	1821	Rita Neves	00:35:06	01:10:29	01:07:54	4138		Senior	324
4130	2365	Narciso Carvalho	00:36:22	01:10:31	01:06:51	4055	AudiRun	Senior	872
4131	5458	José Cavaco	00:37:56	01:10:32	01:07:17	4095		Senior	873
4132	4180	Vanda Bento	00:36:46	01:10:33	01:08:13	4152	Fitness way Pinhal Novo	V40	163
4133	5437	Jorge Fazendeiro	00:32:11	01:10:34	01:09:52	4280		V45	375
4134	974	Inês Lemos	00:36:16	01:10:34	01:08:25	4171		Senior	325
4135	1991	Nuno Contramestre	00:36:14	01:10:35	01:07:26	4105		V40	665
4136	2535	Luis Marques	00:31:44	01:10:36	01:08:15	4156	Ribeirinhos&Co	V40	666
4137	3978	Ana Diz	00:37:41	01:10:36	01:06:03	3959		Senior	326
4138	1228	António Marques	00:35:14	01:10:37	01:10:00	4285		V65	44
4139	831	Sara Miranda	00:36:25	01:10:38	01:06:56	4058		V35	148
4140	1093	Maria Azevedo	00:35:35	01:10:38	01:08:16	4157		V40	164



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4141	3332	Bruno Silvério	00:33:06	01:10:39	01:09:53	4281		V35	788
4142	5605	João Basilio	00:32:24	01:10:39	01:10:04	4288		V40	667
4143	5639	Gonçalo Valente	00:38:35	01:10:39	01:07:11	4080		Senior	874
4144	5952	Ana Carvalho	00:35:17	01:10:40	01:08:07	4147		V40	165
4145	5261	Pedro Pereira	00:36:47	01:10:40	01:07:14	4089	BRRnightRUNNERS	V35	789
4146	1934	Carlota Pereira	00:35:16	01:10:42	01:07:39	4122		Senior	327
4147	2627	Rodrigo Gonçalves	00:37:33	01:10:42	01:05:58	3954		Junior	49
4148	2626	Gonçalo Gonçalves	00:37:33	01:10:42	01:05:57	3953		Junior	50
4149	1312	Joao Dias	00:31:34	01:10:43	01:09:41	4263		V45	376
4150	5994	Pedro Silva	00:33:11	01:10:45	01:09:55	4283		V45	377
4151	4984	Tânia Fernandes	00:34:53	01:10:45	01:06:27	4007		Senior	328
4152	3674	João Salvaterra	00:33:51	01:10:45	01:07:22	4099		V55	162
4153	2837	Manuel Brás	00:34:17	01:10:45	01:09:23	4251	SS CGD	V45	378
4154	3222	Filipe Gonçalves	00:36:07	01:10:46	01:06:58	4061	TudoEu.com	V35	790
4155	5496	Silvana Marques	00:35:35	01:10:46	01:08:26	4174		V45	87
4156	4539	Tânia Carvalho	00:37:19	01:10:47	01:03:55	3750	Speedy Gonzales Team	Senior	329
4157	4206	Susana Rodrigues	00:35:56	01:10:47	01:07:12	4084		V40	166
4158	3500	António Pinho	00:35:52	01:10:48	01:08:26	4176		V60	102
4159	1124	Diogo Ferreira	00:33:50	01:10:48	01:06:57	4059		Senior	875
4160	4818	Sara Batista	00:33:33	01:10:48	01:10:41	4330		Senior	330



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4161	4607	Luis Melo	00:34:32	01:10:48	01:07:46	4130		V55	163
4162	1332	Mirela Lourenço	00:37:00	01:10:48	01:06:27	4009		Senior	331
4163	3651	Ana Baptista	00:33:14	01:10:49	01:10:36	4327	LUSO-ATLÂNTICA CORRETORES SA	Senior	332
4164	2881	Eduardo Gonçalves	00:36:33	01:10:49	01:06:34	4021		V50	256
4165	2342	Ricardo Coimbra	00:37:14	01:10:52	01:06:10	3971	ContrAltaFinanca	V50	257
4166	1109	Ivone Pereira	00:34:28	01:10:52	01:09:46	4271		Senior	333
4167	1378	Rui Pereira	00:34:28	01:10:52	01:09:47	4273		V40	668
4168	4600	Paulo Silva	00:37:41	01:10:53	01:06:58	4062		V45	379
4169	3922	Pedro Morais	00:37:26	01:10:55	01:07:05	4074	OBRIESQUADRIARUN	V45	380
4170	4550	Paulo Alves	00:37:36	01:10:55	01:06:10	3970		V45	381
4171	3923	Rosa Duarte	00:37:28	01:10:55	01:07:05	4075	OBRIESQUADRIARUN	V45	88
4172	516	José Silva	00:36:09	01:10:56	01:06:42	4031		V40	669
4173	6136	Andreia Ornelas	00:35:09	01:10:56	01:08:51	4221		V35	149
4174	6072	Joaquim Pires	00:35:09	01:10:57	01:08:51	4220		V45	382
4175	1557	António Loio	00:33:46	01:11:00	01:10:14	4298		V60	103
4176	2391	João Batalha	00:35:13	01:11:01	01:07:13	4085		V35	791
4177	1860	Espírito Confiançudo	00:34:28	01:11:04	01:09:19	4247	Os Confiançudos	V40	670
4178	1858	Alf Confiançudo	00:34:28	01:11:06	01:09:20	4248	Os Confiançudos	V35	792
4179	5570	Luís Alves	00:32:34	01:11:06	01:08:38	4197	2CV	V50	258
4180	798	Dulce Brites	00:32:15	01:11:07	01:10:36	4326		V40	167



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4181	1177	Ana Romano	00:35:35	01:11:08	01:08:38	4196		V45	89
4182	5758	Isabel Magalhães	00:36:06	01:11:10	01:09:48	4276		V55	21
4183	5819	Teresa Gray	00:36:05	01:11:11	01:09:48	4275		V50	38
4184	2730	André Velez	00:36:28	01:11:11	01:06:19	3991		Senior	876
4185	5112	Pedro Vaz	00:38:29	01:11:12	01:05:40	3928		Senior	877
4186	2812	Arménia Rodrigues	00:35:16	01:11:12	01:06:48	4047		V35	150
4187	4586	Maria Andrade	00:36:43	01:11:13	01:07:56	4140		V35	151
4188	5826	Simone Caldeira	00:35:13	01:11:13	01:08:58	4225		Senior	334
4189	5205	Inês Palmela	00:36:36	01:11:14	01:07:12	4083	Mario Ines	Senior	335
4190	4999	Carolina Gomez	00:38:26	01:11:17	01:08:48	4213		Senior	336
4191	4978	Patricia Baptista	00:38:26	01:11:17	01:08:48	4214		V35	152
4192	5087	Rui Ramos	00:34:08	01:11:20	01:09:34	4258		V55	164
4193	5378	Isabel Gonçalves	00:35:28	01:11:22	01:08:08	4148		V50	39
4194	579	Sara Prates	00:36:26	01:11:22	01:09:04	4229		V35	153
4195	5025	Joana Matos	00:37:41	01:11:23	01:06:48	4045		Senior	337
4196	578	Manuel Prates	00:36:26	01:11:23	01:09:04	4232		V40	671
4197	1010	Anabela Martins	00:36:20	01:11:23	01:08:49	4217	BRRnightRUNNERS	V40	168
4198	513	Teresa Afonso	00:33:26	01:11:24	01:10:21	4309		V35	154
4199	5013	Catarina Lopes	00:35:33	01:11:24	01:10:31	4322	Run Buddy Run	V35	155
4200	4481	Joao Frescata	00:41:38	01:11:24	01:06:42	4030		V40	672



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4201	2390	Alberto Ferraz	00:35:52	01:11:25	01:08:22	4169		V50	259
4202	5702	Larissa Morgado	00:37:45	01:11:25	01:06:47	4044	Authentic Pilates Lisboa	V35	156
4203	2184	Ricardo Farinha	00:35:13	01:11:26	01:10:49	4339		Senior	878
4204	1280	David Raposo	00:36:46	01:11:28	01:08:21	4167		V40	673
4205	2335	Alexandra Sousa	00:37:05	01:11:31	01:06:52	4056	Movet	Senior	338
4206	6115	André Ascensão	00:37:43	01:11:32	01:06:46	4039		Senior	879
4207	3779	Susana Martiniano	00:37:31	01:11:33	01:07:27	4106		Senior	339
4208	4639	Nuno Bom	00:39:46	01:11:33	01:06:49	4048		V40	674
4209	2376	Raul Ferreira	00:39:46	01:11:34	01:06:50	4049		V35	793
4210	166	Jaquelina Carvalho	00:39:46	01:11:34	01:06:50	4051		V55	22
4211	2063	Carla Martiniano	00:37:30	01:11:34	01:07:29	4108		Senior	340
4212	795	Albano Paço	00:35:00	01:11:37	01:10:44	4335		V55	165
4213	5972	Raquel Serra	00:34:36	01:11:37	01:09:56	4284		Senior	341
4214	1366	Cristina Bettencourt	00:34:43	01:11:41	01:11:14	4359	El Coyote Cojo	Senior	342
4215	4561	Paula Serra	00:36:36	01:11:43	01:09:07	4234		V45	90
4216	658	Carla Raposo	00:34:52	01:11:44	01:09:13	4239		Senior	343
4217	6121	Rui Mateus	00:38:32	01:11:45	01:06:13	3978		V35	794
4218	1911	Sara Serra	00:37:24	01:11:45	01:07:29	4109		Senior	344
4219	4922	Mariana Lopes	00:36:23	01:11:45	01:08:16	4160		Senior	345
4220	1011	Ana Montesinos	00:36:20	01:11:45	01:09:10	4236	BRRnightRUNNERS	V45	91



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4221	3637	Francisco Alves	00:40:03	01:11:46	01:02:17	3532		V35	795
4222	4272	Lúis Taborda	00:37:13	01:11:48	01:07:00	4066	Os Conta-Kilómetros	Senior	880
4223	4089	Nuno Mares	00:37:06	01:11:49	01:07:10	4079	Movet	V35	796
4224	3082	Miguel Banha	00:35:41	01:11:50	01:07:37	4118		V40	675
4225	3181	Maria Ferreira	00:34:44	01:11:51	01:11:04	4352	Os TOSKOS	V65	1
4226	950	Justiliano Silva	00:36:14	01:11:52	01:07:35	4115		V60	104
4227	1137	Ana Azevedo	00:34:58	01:11:53	01:08:30	4183		V35	157
4228	3823	Raquel Caeiro	00:36:51	01:11:53	01:08:55	4223		V40	169
4229	1498	Ana Ramos	00:35:14	01:11:53	01:09:09	4235		V40	170
4230	4492	Margarida Pardal	00:35:26	01:11:56	01:10:17	4299	Carapaus de Corrida	V40	171
4231	3188	Patrícia Miranda	00:36:21	01:11:58	01:08:36	4191		V40	172
4232	3321	Filipe Mendonca	00:35:46	01:11:58	01:09:48	4274		Senior	881
4233	4912	Tânia Machado	00:33:59	01:11:58	01:09:04	4230		Senior	346
4234	4218	Marlene Pereira	00:33:08	01:11:58	01:09:04	4231		Senior	347
4235	5136	Cristina Martins	00:35:16	01:12:01	01:10:10	4295	RB Running	V50	40
4236	2406	Fernanda Mangas	00:36:47	01:12:01	01:09:04	4233		V35	158
4237	1571	Luisa Alves	00:37:31	01:12:02	01:08:33	4187	ODEBRECHT PORTUGAL	Senior	348
4238	4983	Ana Martins	00:37:43	01:12:03	01:07:26	4104		Senior	349
4239	21	Ana Louro	00:30:53	01:12:04	01:11:44	4391		Senior	350
4240	2679	Sergio Jorge	00:35:06	01:12:06	01:05:16	3884		Senior	882



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4241	18	Paulo Cerqueira	00:36:36	01:12:07	01:08:47	4212		V45	383
4242	4119	António Lopes	00:32:43	01:12:07	01:11:44	4390	Os Tresmalhados	V40	676
4243	19	José Cerqueira	00:36:38	01:12:07	01:08:48	4216		V50	260
4244	1610	Dina Vidinha	00:36:48	01:12:08	01:08:19	4164		V35	159
4245	531	Romão Ferreira	00:38:15	01:12:09	01:07:37	4120		V55	166
4246	543	José Lóio	00:35:03	01:12:09	01:11:13	4356		V60	105
4247	4424	Eralda Saiz	00:33:44	01:12:10	01:11:54	4405		V50	41
4248	3876	Cláudia Gaspar	00:33:38	01:12:11	01:10:56	4345	Lebres de Pegões	V35	160
4249	3980	Cátia Hipólito	00:36:40	01:12:12	01:09:44	4269		Senior	351
4250	1282	Sara Caldeira	00:34:04	01:12:12	01:10:47	4336	IG Runners	Senior	352
4251	5396	Francisco Dias	00:36:44	01:12:12	01:10:09	4291	GMASA	V40	677
4252	5733	João Sousa	00:36:45	01:12:12	01:10:09	4292	GMASA	V50	261
4253	5500	Carlos Gonçalves	00:36:44	01:12:12	01:10:09	4290	GMASA	V40	678
4254	5375	Jorge Serra	00:36:45	01:12:12	01:10:09	4294	GMASA	V40	679
4255	5732	Henrique Gualdino	00:36:45	01:12:12	01:10:09	4293	GMASA	V45	384
4256	2315	Carla Batista	00:37:39	01:12:13	01:08:23	4170		V40	173
4257	5890	Ana Roxo	00:35:25	01:12:14	01:09:41	4265		Senior	353
4258	2308	Fátima Cardoso	00:36:49	01:12:17	01:07:58	4142		Senior	354
4259	91	Luis Pinheiro	00:35:08	01:12:17	01:08:44	4209		V40	680
4260	3492	Cátia Anastácio	00:36:25	01:12:17	01:08:35	4190	NB Run	Senior	355



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4261	1523	Pedro Duarte	00:37:25	01:12:18	01:08:22	4168	Clube do Stress	V55	167
4262	3074	Victor Ramos	00:35:21	01:12:19	01:09:17	4245		V65	45
4263	5800	Hugo Ferreira	00:35:30	01:12:19	01:08:31	4185		V35	797
4264	5037	Patrícia Silva	00:36:44	01:12:19	01:09:16	4243		Senior	356
4265	5145	Tiago Silveirinha	00:32:57	01:12:21	01:11:17	4364		Senior	883
4266	1589	Maria Carreto	00:36:31	01:12:21	01:08:17	4161		V50	42
4267	4045	Paulo Tápia	00:36:58	01:12:24	01:07:36	4117	Jaquinzinhos de Corrida	Senior	884
4268	4957	Susana Lavado	00:37:44	01:12:24	01:07:44	4129		Senior	357
4269	4956	Pedro Carloto	00:37:44	01:12:25	01:07:44	4128		Senior	885
4270	4850	Diana Alves	00:36:49	01:12:26	01:07:36	4116		Senior	358
4271	2012	Fernando Mendes	00:36:35	01:12:27	01:09:28	4253		V45	385
4272	5035	Susana Boaventura	00:37:04	01:12:28	01:08:12	4151		V35	161
4273	154	Carla Duarte	00:36:55	01:12:29	01:09:30	4256	Tartarugas Solidarias	V40	174
4274	1259	Ana Calafate	00:36:55	01:12:29	01:09:29	4254	Tartarugas Solidarias	V45	92
4275	2840	Nilda Silva	00:37:42	01:12:35	01:08:43	4204	SS CGD	Senior	359
4276	1969	Lucia Rebelo	00:36:46	01:12:38	01:10:18	4304		V45	93
4277	961	Ricardo Mendes	00:34:45	01:12:41	01:09:41	4264		V35	798
4278	3410	Hugo Fialho	00:36:33	01:12:42	01:08:41	4199	Correr Lisboa	V35	799
4279	996	João Vieira	00:33:42	01:12:42	01:09:51	4279		V35	800
4280	783	Natércia Correia	00:36:43	01:12:43	01:11:05	4353	FOZ365	V40	175



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4281	4746	Isabel Santos	00:35:50	01:12:47	01:08:38	4194	Karatecas	V35	162
4282	595	Manuela Junot	00:38:39	01:12:47	01:08:27	4178		V55	23
4283	5080	Bruno Vitoriano	00:34:50	01:12:49	01:10:03	4287	Os Canários	V40	681
4284	2731	Cátia Fragoso	00:38:01	01:12:49	01:07:58	4141		Senior	360
4285	2948	João Martins	00:33:30	01:12:50	01:12:39	4447		V45	386
4286	3158	David Vieira	00:37:15	01:12:50	01:10:38	4329		V40	682
4287	3414	Paulo Silva	00:36:02	01:12:51	01:10:18	4305	Catch me if you can	V35	801
4288	4207	Carlos Baptista	00:35:58	01:12:52	01:10:25	4316		V45	387
4289	3768	Leonor Rebelo	00:36:54	01:12:53	01:08:30	4184		Senior	361
4290	3864	João Rodrigues	00:37:13	01:12:53	01:08:29	4182		V35	802
4291	5312	Marta Cruz	00:37:35	01:12:53	01:08:49	4218	KPMG Portugal	Senior	362
4292	1496	Armanda Almeida	00:38:54	01:12:54	01:10:13	4296		Senior	363
4293	1855	Mª Confiançada	00:36:05	01:12:55	01:11:14	4360	Os Confiançados	V40	176
4294	1854	Mário Confiançado	00:35:55	01:12:55	01:11:14	4358	Os Confiançados	V50	262
4295	4169	Filipe Coelho	00:36:30	01:12:56	01:09:46	4272	Fitness way Pinhal Novo	Senior	886
4296	5098	João Carvalho	00:34:47	01:12:58	01:11:20	4368		V60	106
4297	3806	Ana Marques	00:37:38	01:12:59	01:08:34	4188	Wannabes	Senior	364
4298	2266	Pedro Diniz	00:38:22	01:12:59	01:08:38	4195	Colt Runners	V45	388
4299	3316	Rui Carvalho	00:36:07	01:13:01	01:11:50	4400		V60	107
4300	2257	Filipe Barceló	00:39:08	01:13:02	01:08:45	4210	FILIFE BARCELÓ	V40	683



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4301	2261	Paulo Viegas	00:38:21	01:13:02	01:08:42	4200	Colt Runners	V40	684
4302	2822	Joana Leandro	00:38:41	01:13:04	01:09:49	4278	Família Leandro	Senior	365
4303	4337	Pedro Mendes	00:38:40	01:13:04	01:11:31	4380		V50	263
4304	3927	Rui Henriques	00:37:28	01:13:05	01:10:17	4300	ADRC Mata de Benfica	V65	46
4305	2743	Sónia Figueiredo	00:35:22	01:13:05	01:12:10	4421		V40	177
4306	987	Sonia Soares	00:35:33	01:13:06	01:10:34	4324		V40	178
4307	6150	Tiago Alves	00:36:10	01:13:07	01:11:33	4384		Senior	887
4308	482	Sandra Paulos	00:37:42	01:13:08	01:08:50	4219		V35	163
4309	4933	Moisés Silva	00:36:25	01:13:08	01:11:37	4388		V35	803
4310	3471	Tiago Paiva	00:36:52	01:13:08	01:11:52	4403		Junior	51
4311	3474	Natália Lopes	00:36:52	01:13:08	01:11:52	4402		V45	94
4312	3602	Sara Pereira	00:37:04	01:13:08	01:12:58	4466		Senior	366
4313	182	Marta Santos	00:34:36	01:13:08	01:11:17	4365		V35	164
4314	6046	Lucia Cavaleiro	00:36:08	01:13:09	01:11:45	4392		V35	165
4315	450	Carla Conchinha	00:35:49	01:13:10	01:11:01	4347	Tuareg	V35	166
4316	4890	Rúben Lourenço	00:32:16	01:13:12	01:12:26	4432		Senior	888
4317	4187	Tiago Lopes	00:32:17	01:13:12	01:12:26	4433		Senior	889
4318	6071	Paulo Silva	00:37:02	01:13:12	01:12:22	4427		V40	685
4319	2128	Norberto Alves	00:28:32	01:13:14	01:12:31	4440		V65	47
4320	4851	Filipe Sousa	00:35:57	01:13:16	01:07:32	4112		Senior	890



**26 OUT
10H00
ROSSIO
TERREIRO
DO PAÇO**

CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4321	5773	Eurico Nogueira	00:44:37	01:13:17	01:13:07	4470		Senior	891
4322	5772	Leonor Ferraria	00:44:37	01:13:19	01:13:09	4474		Senior	367
4323	3469	Nádia Duarte	00:36:55	01:13:19	01:12:03	4412		Senior	368
4324	745	Joaquim Filipe	00:41:12	01:13:19	01:10:28	4320	Filipes & Guerreiro LDA	V45	389
4325	3584	José Alves	00:36:52	01:13:20	01:12:04	4413	SS CGD	V60	108
4326	3239	Ana Nava	00:37:04	01:13:21	01:12:11	4422		V45	95
4327	3071	Francisco Tomaz	00:36:43	01:13:28	01:08:42	4202		Senior	892
4328	195	Lurdes Serrão	00:36:48	01:13:29	01:09:17	4244	Família Serrão	V35	167
4329	1677	Maria Monteiro	00:38:19	01:13:31	01:10:02	4286		V45	96
4330	3557	Mário Jerónimo	00:38:17	01:13:32	01:09:19	4246	Barriguinhas	Senior	893
4331	361	José Carreiras	00:36:39	01:13:32	01:09:02	4228		V40	686
4332	5915	Patricia Cardoso	00:37:34	01:13:36	01:10:41	4331	CLUBE ACCENTURE	Senior	369
4333	5560	Bruno Lopes	00:37:34	01:13:37	01:10:42	4333		Senior	894
4334	3753	Ricardo Palmeira	00:34:36	01:13:39	01:11:15	4361		Junior	52
4335	4846	Sandra Pina	00:39:14	01:13:39	01:12:25	4429	H3 Runners	V35	168
4336	1659	Maria Patricio	00:36:58	01:13:40	01:10:47	4337		V65	2
4337	2258	Sofia Pereira	00:39:43	01:13:41	01:08:53	4222	FILIFE BARCELÓ	V40	179
4338	5379	Luis Dias	00:35:11	01:13:45	01:10:30	4321		V45	390
4339	4781	Francisco Carvalho	00:36:06	01:13:47	01:11:31	4381		Senior	895
4340	5884	Sara Fermeiro	00:37:38	01:13:47	01:10:23	4313	Microsoft One	Senior	370



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4341	4534	Beatriz Grenho	00:38:32	01:13:48	01:09:14	4240	Eu e a minha bebé	Senior	371
4342	4533	Lúis Oliveira	00:38:32	01:13:49	01:09:15	4241	Eu e a minha bebé	Senior	896
4343	2522	Carlos Morais	00:38:30	01:13:50	01:09:15	4242	Winners Team	V45	391
4344	314	Helena Afonso	00:37:40	01:13:51	01:10:07	4289		V40	180
4345	3648	José Gaspar	00:33:13	01:13:51	01:13:47	4508	MASSAMÁ RUN	V50	264
4346	2312	Filomena Neto	00:34:50	01:13:51	01:13:28	4491		V45	97
4347	1853	Nita Confiançada	00:36:08	01:13:51	01:12:14	4423	Os Confiançados	V45	98
4348	5374	Ana Serra	00:36:45	01:13:51	01:11:48	4399	GMASA	V35	169
4349	4354	Nelio Felizardo	00:37:15	01:13:51	01:10:24	4314	CRP-Ribafria	Senior	897
4350	4350	André Fonseca	00:36:56	01:13:52	01:10:23	4312	CRP-Ribafria	Senior	898
4351	2313	Francisco Rodrigues	00:34:48	01:13:52	01:13:27	4490		V50	265
4352	2093	Joaquim Melo	00:36:44	01:13:52	01:10:50	4341		Senior	899
4353	2120	Rute Pinto	00:35:36	01:13:52	01:09:11	4238		Senior	372
4354	5055	Claudia Oliveira	00:35:38	01:13:53	01:12:27	4435		Senior	373
4355	2509	Catarina Vasconcelos	00:36:29	01:13:55	01:11:20	4369		Senior	374
4356	955	Cristina Friaças	00:36:46	01:13:55	01:12:41	4451		V45	99
4357	269	Esther Dominguez	00:35:37	01:13:57	01:10:19	4306		V40	181
4358	1761	André Pereira	00:36:39	01:13:58	01:12:42	4454		Senior	900
4359	1762	Isabel Santos	00:36:39	01:13:58	01:12:42	4456		Senior	375
4360	3047	Silvia Barata	00:36:41	01:14:00	01:10:33	4323	CGD PENSÕES,SA	Senior	376



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4361	4096	Joana Madeira	00:33:37	01:14:02	01:12:25	4430	Corpo em Movimento	Senior	377
4362	4097	Ricardo Carvalho	00:33:37	01:14:03	01:12:26	4431	Corpo em Movimento	Senior	901
4363	2636	Davide Almeida	00:37:40	01:14:04	01:09:35	4259	Os bonitos	Senior	902
4364	2637	Vânia Martins	00:37:40	01:14:04	01:09:35	4260	Os bonitos	Senior	378
4365	4980	Rui Costa	00:38:49	01:14:05	01:10:23	4311		V45	392
4366	1837	Bruno Pinto	00:38:30	01:14:05	01:09:43	4267		V35	804
4367	3087	Sónia Mendes	00:38:49	01:14:06	01:10:23	4310	Fundger, SA	V40	182
4368	1167	Carla Vieira	00:38:30	01:14:06	01:09:44	4270		Senior	379
4369	4620	Artur Marcelino	00:36:55	01:14:06	01:10:42	4332	grup.desp.chelas	V70	17
4370	6128	Rita Pedroso	00:37:14	01:14:07	01:10:52	4343		Senior	380
4371	3810	Liliana Silva	00:38:09	01:14:08	01:09:42	4266	Wannabes	Senior	381
4372	1624	António Abrantes	00:33:01	01:14:09	01:12:38	4445	Balhelhas	V55	168
4373	3392	Ilídio Torgal	00:36:08	01:14:09	01:11:53	4404	Valejas Atlético Clube	V70	18
4374	1207	Carla Marcelo	00:37:23	01:14:11	01:11:35	4387	Família Marcelo	V35	170
4375	5359	Bruno Santos	00:37:16	01:14:18	01:10:17	4301	Atomic Team	V35	805
4376	86	Luís Dias	00:37:20	01:14:19	01:10:50	4340		V45	393
4377	4414	Brígida Pais	00:36:51	01:14:20	01:11:21	4370		V35	171
4378	5194	Maria Moucho	00:35:27	01:14:24	01:11:47	4398		V50	43
4379	455	Ana Paulo	00:34:41	01:14:27	01:13:03	4468	Paulos	V40	183
4380	1189	David Azevedo	00:37:16	01:14:27	01:10:37	4328	Pinto Calçados	V40	687



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4381	5288	Celia Calado	00:37:50	01:14:28	01:12:05	4415		V45	100
4382	5455	Rita Gabriel	00:37:11	01:14:28	01:12:31	4439	SS CGD	V45	101
4383	5586	Rui Lino	00:35:46	01:14:28	01:12:59	4467		V60	109
4384	2545	Élia Silva	00:36:34	01:14:29	01:12:08	4419	Vodafone	V40	184
4385	2516	Marcos Noritake	00:34:13	01:14:29	01:11:21	4371	MultiRunners	V45	394
4386	4817	Hugo Ferreira	00:35:49	01:14:30	01:10:18	4303		Junior	53
4387	557	Florabela Soares	00:36:45	01:14:30	01:11:22	4375		V45	102
4388	2512	José Finuras	00:36:45	01:14:30	01:11:22	4374	MultiRunners	V40	688
4389	2514	José Alípio	00:34:13	01:14:30	01:11:22	4373	MultiRunners	V40	689
4390	3470	Paulo Basto	00:36:13	01:14:30	01:14:20	4526		V45	395
4391	1065	Alexandre Silva	00:34:58	01:14:32	01:12:15	4424	Casos Notáveis	Senior	903
4392	240	Cristina Vicente	00:37:07	01:14:33	01:11:02	4348		Senior	382
4393	239	João Silva	00:37:07	01:14:33	01:11:02	4349		Senior	904
4394	1216	Marta Trindade	00:36:53	01:14:34	01:11:24	4376		V35	172
4395	3369	Mariana Fialho	00:38:19	01:14:37	01:11:11	4354	RUNforFUN	Junior	17
4396	3368	Leonor Almeida	00:38:19	01:14:37	01:11:12	4355	RUNforFUN	Junior	18
4397	3367	Fernando Almeida	00:38:19	01:14:37	01:11:13	4357	RUNforFUN	V45	396
4398	4112	Paula Melo	00:39:19	01:14:38	01:10:20	4307	As primas	Senior	383
4399	4111	Mónica Pedro	00:39:19	01:14:38	01:10:20	4308	As primas	V35	173
4400	409	Inês Silva	00:35:26	01:14:40	01:12:46	4460		V35	174



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4401	2893	Tânia Santos	00:39:00	01:14:41	01:10:27	4319		V35	175
4402	4867	Lúis Meirinhos	00:37:04	01:14:41	01:11:46	4395		Senior	905
4403	2508	Miguel Vasconcelos	00:37:49	01:14:41	01:12:07	4417		Senior	906
4404	5768	Carla Rodrigues	00:35:43	01:14:42	01:12:15	4425	Tuareg	Senior	384
4405	41	Ana Paixão	00:38:25	01:14:42	01:11:59	4407		V40	185
4406	2906	Annalisa Costa	00:38:46	01:14:42	01:10:18	4302		Senior	385
4407	2291	Lurdes Santos	00:38:07	01:14:44	01:10:59	4346		Senior	386
4408	5641	Catarina Ceitil	00:37:10	01:14:46	01:10:36	4325		V35	176
4409	5421	Hugo Dinis	00:36:11	01:14:47	01:11:33	4383		V35	806
4410	5144	Ana Rodrigues	00:36:12	01:14:47	01:11:33	4382		V35	177
4411	6051	Cláudia Ramada	00:36:34	01:14:47	01:11:22	4372		V40	186
4412	4063	Carla Marques	00:38:33	01:14:48	01:13:16	4482		Senior	387
4413	1091	Catarina Alves	00:36:50	01:14:49	01:11:47	4396		Senior	388
4414	5054	Armandina Pina	00:36:34	01:14:50	01:13:24	4489		Senior	389
4415	5771	Maria Rodrigues	00:37:26	01:14:50	01:11:16	4363		V50	44
4416	2709	Joana Rosado	00:38:35	01:14:53	01:11:40	4389		Senior	390
4417	224	Ana Alves	00:36:09	01:14:55	01:14:04	4520		V35	178
4418	771	Frederico Goncalves	00:37:39	01:14:56	01:11:16	4362		Senior	907
4419	193	Sandra Romão	00:36:10	01:14:56	01:14:04	4522		V40	187
4420	4393	Vânia Abelho	00:34:46	01:14:56	01:12:42	4455		V35	179



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4421	4130	Teresa Cortes	00:35:59	01:14:56	01:12:41	4450		Senior	391
4422	183	Pedro Cunha	00:37:39	01:14:58	01:11:19	4367		V35	807
4423	5096	João Rodrigues	00:35:31	01:14:59	01:11:34	4385		Senior	908
4424	5427	Maria Barreto	00:39:34	01:14:59	01:10:26	4318		Senior	392
4425	1256	Susana Jesus	00:35:03	01:14:59	01:14:02	4519		V45	103
4426	2596	Sofia Almeida	00:38:29	01:15:03	01:10:47	4338		V35	180
4427	4135	Lubelia Pacheco	00:35:31	01:15:05	01:12:03	4411	Be3	V40	188
4428	2614	Pedro Delgado	00:37:51	01:15:05	01:12:30	4438		V65	48
4429	4219	Eunice Rodrigues	00:37:34	01:15:07	01:13:11	4477		V35	181
4430	5929	Joana Morim	00:39:56	01:15:07	01:10:14	4297		Senior	393
4431	4220	Maria Conceição	00:38:02	01:15:07	01:13:11	4478		V45	104
4432	3200	Bruno Gonçalves	00:37:56	01:15:07	01:10:53	4344		Senior	909
4433	490	Margarida Martins	00:36:13	01:15:07	01:14:34	4534		Senior	394
4434	2878	Diana Santos	00:40:05	01:15:08	01:10:44	4334		Senior	395
4435	3433	Aubert Maria	00:37:09	01:15:09	01:10:52	4342		Senior	396
4436	442	Mário Lobo	00:37:35	01:15:11	01:12:34	4444	Clube ANA Lisboa	V55	169
4437	1077	Helen Dores	00:38:12	01:15:13	01:12:01	4408		V45	105
4438	2926	Isidro Fontes	00:35:24	01:15:15	01:12:48	4461	CPPEA	V45	397
4439	5670	Fernando Rodrigues	00:39:22	01:15:18	01:14:04	4521		V70	19
4440	4935	José Rocha	00:36:24	01:15:18	01:13:47	4509		V60	110



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4441	5143	Ana Mendes	00:35:33	01:15:20	01:14:26	4532		V40	189
4442	5541	João Gonçalves	00:37:37	01:15:21	01:13:40	4499		Senior	910
4443	5540	Paulo Valente	00:37:38	01:15:21	01:13:40	4498		V35	808
4444	4409	Rafael Augusto	00:43:21	01:15:26	01:03:04	3630		Senior	911
4445	5656	Hugo Fernandes	00:38:40	01:15:28	01:12:03	4410		Senior	912
4446	480	Pedro Soares	00:38:05	01:15:28	01:13:45	4505		V40	690
4447	5655	João Salgueiro	00:38:41	01:15:28	01:12:01	4409		Senior	913
4448	4837	Fernando Oliveira	00:35:40	01:15:28	01:14:22	4529		V45	398
4449	5393	Sonia Domingues	00:40:47	01:15:29	01:11:29	4379		Senior	397
4450	481	Fernanda Afonso	00:37:41	01:15:29	01:13:46	4507		V45	106
4451	6160	Ricardo Filipe	00:39:19	01:15:30	01:12:31	4441		Senior	914
4452	2436	Carlos Lourenço	00:35:44	01:15:31	01:12:58	4465	JMJM	V35	809
4453	1455	José Pereira	00:37:53	01:15:33	01:11:04	4351		V50	266
4454	4156	Lúcia Ferreira	00:36:16	01:15:33	01:13:41	4502	Recheio	Senior	398
4455	1740	Isabel Eufrásio	00:38:20	01:15:35	01:11:27	4378		V35	182
4456	3511	Rui Mateus	00:37:37	01:15:37	01:11:46	4393		V40	691
4457	5881	Márcio Oliveira	00:35:58	01:15:37	01:15:14	4554		Senior	915
4458	3467	Sandra Mendes	00:37:36	01:15:37	01:11:46	4394		V40	190
4459	1296	Cláudia Francisco	00:39:02	01:15:42	01:11:02	4350	Movet	V35	183
4460	5030	Filipa Ferreira	00:38:22	01:15:42	01:12:39	4446		Senior	399



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4461	1365	Renato Andrade	00:35:45	01:15:44	01:15:15	4556	El Coyote Cojo	V35	810
4462	3595	Paulo Alberto	00:36:25	01:15:46	01:12:45	4459		V45	399
4463	4231	Susana Leite	00:39:14	01:15:47	01:11:26	4377		V35	184
4464	6123	Carlos Vieira	00:35:11	01:15:48	01:14:23	4531		V45	400
4465	2801	Carla Pereira	00:37:30	01:15:51	01:14:45	4540	Correr Lisboa	V35	185
4466	5652	Luis Graça	00:36:40	01:15:51	01:13:54	4514		V45	401
4467	4743	Sandrina Fernandes	00:39:02	01:15:54	01:11:18	4366		V35	186
4468	4061	Carla Feliciano	00:37:35	01:15:55	01:13:58	4515		V35	187
4469	4964	Natália Reis	00:36:54	01:15:56	01:13:50	4510	Os Morcegos	V35	188
4470	4962	Claudino Almeida	00:36:54	01:15:56	01:13:50	4511	Os Morcegos	V40	692
4471	3125	Ana Santos	00:36:56	01:15:57	01:15:03	4545		Senior	400
4472	2506	Sérgio Fonseca	00:36:56	01:15:57	01:15:04	4546		Senior	916
4473	4691	Sonia Ferreira	00:38:29	01:15:58	01:12:08	4418		Senior	401
4474	4519	Nuno Ramos	00:36:19	01:15:58	01:11:47	4397		V40	693
4475	4693	Isabel Fernandes	00:38:29	01:15:58	01:12:09	4420		Senior	402
4476	4037	José Almeida	00:37:53	01:15:59	01:13:52	4513		V50	267
4477	4924	Maria Bandejas	00:37:22	01:16:00	01:14:15	4523		Senior	403
4478	5444	Ana Lourenço	00:36:08	01:16:01	01:15:09	4548		V45	107
4479	1284	Carla Santos	00:37:13	01:16:04	01:14:41	4538	IG Runners	Senior	404
4480	6162	Luis Seraa	00:37:03	01:16:08	01:15:19	4562		Senior	917



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4481	5918	Filipe Saraiva	00:39:41	01:16:09	01:13:12	4479	CLUBE ACCENTURE	Senior	918
4482	3445	Carlos Saltao	00:37:38	01:16:10	01:11:34	4386		V55	170
4483	3072	Rita Brito	00:38:11	01:16:14	01:13:22	4488		V50	45
4484	5405	André Simões	00:38:28	01:16:18	01:11:50	4401		V40	694
4485	5556	João Correia	00:36:33	01:16:21	01:14:58	4544		V65	49
4486	1822	Francisco Bernardo	00:37:59	01:16:22	01:13:46	4506		V35	811
4487	282	Myriam Carreira	00:38:06	01:16:27	01:12:33	4442		V45	108
4488	4590	Sofia Cristina	00:38:17	01:16:27	01:12:28	4436		Senior	405
4489	2303	Paula Rodrigues	00:39:12	01:16:30	01:12:56	4464		V40	191
4490	3180	Manuel Ferreira	00:37:10	01:16:33	01:15:45	4576	Os TOSKOS	V70	20
4491	5671	Margarida Parente	00:37:51	01:16:35	01:12:43	4458		Senior	406
4492	1918	Marta Almeida	00:39:58	01:16:35	01:12:06	4416		Senior	407
4493	5672	João Leite	00:37:51	01:16:35	01:12:42	4453		Senior	919
4494	5452	Nuno Tavares	00:36:33	01:16:36	01:15:14	4555	SS CGD	V45	402
4495	3314	M. Pereira-Müller	00:39:32	01:16:36	01:13:16	4483		V55	24
4496	4184	Elisabete Fonseca	00:37:46	01:16:36	01:13:37	4495	Jobrinde Montes-Saloios	Senior	408
4497	4989	Ana Silva	00:41:05	01:16:36	01:12:29	4437	Correr Lisboa	Senior	409
4498	68	Sara Sousa	00:37:40	01:16:39	01:15:20	4563		V35	189
4499	1540	Mário Silva	00:36:16	01:16:41	01:12:04	4414		V45	403
4500	5385	Ana Santo	00:40:32	01:16:41	01:12:41	4449		V35	190



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4501	5446	Ana Azevedo	00:38:26	01:16:41	01:15:18	4561	SS CGD	V35	191
4502	909	Jose Coelho	00:39:07	01:16:43	01:12:17	4426	Familia Serrão	V55	171
4503	2537	João Guerra	00:36:19	01:16:46	01:16:15	4594	Rodriguerra	Senior	920
4504	2536	Carina Rodrigues	00:36:18	01:16:46	01:16:16	4596	Rodriguerra	Senior	410
4505	2593	Patricia Santos	00:38:36	01:16:54	01:13:13	4480	NB Run	V40	192
4506	2594	Mario Valerio	00:38:36	01:16:54	01:13:13	4481	NB Run	V45	404
4507	1217	Sofia Horta	00:38:51	01:16:54	01:12:33	4443		Senior	411
4508	4081	Charlotte Johnson	00:37:03	01:16:56	01:16:28	4608		V65	3
4509	5243	Ana Rodrigues	00:36:53	01:16:57	01:16:15	4595		V45	109
4510	797	Rui Duro	00:40:02	01:16:57	01:12:26	4434		V40	695
4511	1247	Lino Ferreira	00:35:00	01:16:57	01:12:50	4462		V40	696
4512	1022	Agostinho Coelho	00:36:07	01:16:59	01:16:08	4588		V45	405
4513	1000	Sandra Guerreiro	00:39:14	01:17:00	01:13:16	4484		V40	193
4514	3446	Bruno Manilha	00:39:00	01:17:01	01:13:06	4469		Senior	921
4515	3416	Angela Pimenta	00:37:18	01:17:02	01:14:30	4533	Catch me if you can	V40	194
4516	5650	Patricia Figueiredo	00:40:48	01:17:03	01:12:41	4452		V35	192
4517	1765	Inês Patrício	00:40:50	01:17:03	01:12:42	4457		Senior	412
4518	4158	Ana Glória	00:39:06	01:17:04	01:15:12	4551	Recheio	Senior	413
4519	3331	Hans-Jürgen Müller	00:40:02	01:17:04	01:13:45	4504		V55	172
4520	4615	Alexandra Afonso	00:35:49	01:17:06	01:15:47	4577	A Lebre e as Tartarugas	V35	193



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4521	4616	Pedro Faria	00:35:48	01:17:07	01:15:48	4579	A Lebre e as Tartarugas	V40	697
4522	4290	Pedro Rocha	00:39:11	01:17:08	01:12:25	4428	Board Meeting	V40	698
4523	5391	Ana Leonardo	00:40:51	01:17:08	01:12:40	4448		Senior	414
4524	5074	Sofia Cardador	00:39:51	01:17:12	01:13:16	4485	Hot Runners	V40	195
4525	2374	Pedro Jaime	00:39:51	01:17:12	01:13:11	4476	Hot Runners	V45	406
4526	2763	César Correia	00:39:49	01:17:13	01:14:21	4527		V35	812
4527	2762	Alice Martins	00:39:49	01:17:13	01:14:21	4528		Senior	415
4528	5876	David Pereira	00:38:14	01:17:13	01:14:23	4530	coloquio	Junior	54
4529	848	Maria Alves	00:35:40	01:17:14	01:15:56	4581		V45	110
4530	1399	Alexandre Faria	00:43:03	01:17:15	01:06:28	4010		V55	173
4531	3333	Elisabete Silva	00:39:33	01:17:20	01:14:00	4517		Senior	416
4532	849	Natacha Loureiro	00:36:42	01:17:20	01:16:33	4615		Senior	417
4533	4175	Dina Alegria	00:38:55	01:17:20	01:12:54	4463	Fitness way Pinhal Novo	V35	194
4534	2043	Paulo Domingues	00:38:59	01:17:26	01:14:46	4541		V35	813
4535	5221	Moisés Costa	00:37:33	01:17:26	01:16:33	4614	Vânia Martins	Senior	922
4536	5220	Vânia Martins	00:37:34	01:17:26	01:16:33	4616	Vânia Martins	Senior	418
4537	4917	Elsa Ribeiro	00:37:31	01:17:28	01:15:38	4570	Mendes Ribeiro	V40	196
4538	1424	Jorge Santos	00:37:55	01:17:39	01:13:41	4501		V40	699
4539	3898	Joana Cunha	00:37:46	01:17:44	01:13:08	4472		Senior	419
4540	5792	Nuno Saraiva	00:39:41	01:17:45	01:14:34	4535	Os Saraivas	V35	814



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4541	5965	João Santos	00:40:23	01:17:46	01:13:08	4471	Gang do Parque	V40	700
4542	2408	Carla Costa	00:38:45	01:17:50	01:13:43	4503		Senior	420
4543	5823	Francisco Cabral	00:40:54	01:17:50	01:13:40	4497		Junior	55
4544	5824	Sara Cabral	00:40:54	01:17:50	01:13:40	4500		V40	197
4545	54	Maria Silva	00:38:00	01:17:51	01:13:32	4493		Junior	19
4546	4714	Isabel Caldeira	00:40:48	01:17:53	01:13:09	4473		V40	198
4547	5969	Jose Santos	00:39:31	01:17:56	01:13:11	4475		V40	701
4548	2757	Rui Figueiredo	00:38:00	01:17:57	01:17:01	4628		V50	268
4549	465	Tiago Duarte	00:39:30	01:17:57	01:13:18	4486		Senior	923
4550	6113	Luís Lopes	00:37:34	01:17:59	01:13:20	4487		V35	815
4551	3795	Silvia Santos	00:35:24	01:18:01	01:15:31	4566	AI EU'S	V35	195
4552	5121	João Lopes	00:40:23	01:18:03	01:16:33	4613		Senior	924
4553	5122	Ana Costa	00:40:24	01:18:03	01:16:34	4617		Senior	421
4554	2372	Madalena Santo	00:33:05	01:18:04	01:16:21	4600		V40	199
4555	2978	Helena Franco	00:37:52	01:18:06	01:16:12	4590		V40	200
4556	2977	Joao Nogueira	00:37:52	01:18:07	01:16:12	4589		V50	269
4557	3790	Catarina Henriques	00:38:45	01:18:07	01:17:57	4651		Junior	20
4558	663	Carlos Rodrigues	00:38:55	01:18:08	01:13:31	4492		V55	174
4559	2620	Catarina Sá	00:37:23	01:18:08	01:17:32	4637		Senior	422
4560	308	Pedro Nunes	00:40:48	01:18:09	01:17:31	4636		V40	702



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4561	2001	Nuno Marzia	00:38:18	01:18:13	01:17:24	4632		V35	816
4562	3808	João Canaverde	00:39:18	01:18:15	01:13:52	4512	Wannabes	V40	703
4563	886	Jose Arruda	00:38:23	01:18:15	01:17:41	4643	CONDOR	V65	50
4564	885	Fock Chiu	00:38:23	01:18:15	01:17:42	4644	CONDOR	V60	13
4565	3573	Victor Mabere	00:36:21	01:18:18	01:16:49	4623		Senior	925
4566	3775	Andre Martins	00:41:15	01:18:22	01:05:50	3940		Senior	926
4567	2238	Pedro Honório	00:38:41	01:18:22	01:16:50	4624		V45	407
4568	4920	Rita Carvalho	00:38:06	01:18:24	01:16:25	4604		V35	196
4569	2814	Marta Santinhos	00:39:29	01:18:24	01:14:01	4518		V35	197
4570	4269	Nuno Machado	00:39:27	01:18:28	01:13:58	4516	The slow riders, or not	Senior	927
4571	5332	João Frade	00:38:53	01:18:28	01:14:39	4536	KPMG Portugal	Senior	928
4572	5459	Catarina Marques	00:37:57	01:18:31	01:15:16	4558		Senior	423
4573	65	Adelaide Leitão	00:37:07	01:18:31	01:16:05	4585		V40	201
4574	718	Tania Fontinha	00:37:48	01:18:33	01:14:51	4542		V35	198
4575	3780	Gabriela Barros	00:39:24	01:18:42	01:14:18	4524		V35	199
4576	2794	Mauro Machado	00:38:03	01:18:43	01:16:32	4612		Senior	929
4577	3942	Rita Batista	00:39:25	01:18:43	01:14:19	4525		V40	202
4578	424	Susana Ferreira	00:40:02	01:18:44	01:14:40	4537		V40	203
4579	1693	Patrícia Pereira	00:39:08	01:18:46	01:15:48	4578		Senior	424
4580	3905	Teresa Serra	00:39:52	01:18:48	01:15:09	4549	NB Run	V40	204



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4581	6132	Ana Calado	00:38:35	01:18:49	01:16:26	4605		V40	205
4582	3752	Madalena Rodrigues	00:37:50	01:18:49	01:16:27	4606		V35	200
4583	3390	Susana Gomes	00:40:40	01:18:49	01:16:00	4584	Valejas Atlético Clube	V45	111
4584	5048	Daniela Almeida	00:40:28	01:18:51	01:15:23	4565		Senior	425
4585	4785	Marta Dias	00:37:12	01:18:53	01:17:55	4650		Senior	426
4586	205	Paulo Eusébio	00:40:46	01:18:53	01:15:18	4559	Falta Muito para os 10 Kms ??????	V45	408
4587	208	Pedro Bastos	00:40:47	01:18:53	01:15:18	4560	Falta Muito para os 10 Kms ??????	V45	409
4588	231	Carlos Ribeiro	00:39:18	01:18:57	01:16:38	4618		V60	111
4589	1033	Diana Maciel	00:36:49	01:18:57	01:18:29	4668		Senior	427
4590	2285	Sandra Frazão	00:39:07	01:19:05	01:15:52	4580	CCD Crédito Agrícola Mútuo	V40	206
4591	4871	Catarina Nogueira	00:41:22	01:19:10	01:15:12	4550		Senior	428
4592	4010	Patrícia Passos	00:41:21	01:19:13	01:15:15	4557		Senior	429
4593	4671	Luis Vitoriano	00:40:26	01:19:13	01:16:25	4603	Os Canários	V45	410
4594	5148	Alexandra Paz	00:39:36	01:19:15	01:14:42	4539		Senior	430
4595	2619	Ana Cardoso	00:39:40	01:19:15	01:15:09	4547	Bazinga!	Senior	431
4596	5309	Cláudia Oliveira	00:39:17	01:19:25	01:16:06	4587	KPMG Portugal	Senior	432
4597	1657	Maria Ribeiro	00:39:43	01:19:32	01:16:06	4586		V45	112
4598	3481	Marta Pereira	00:38:41	01:19:38	01:15:34	4567		Senior	433
4599	1462	Denise Santos	00:39:01	01:19:39	01:16:13	4591		V35	201
4600	4217	Ana Rodrigues	00:42:25	01:19:42	01:17:46	4646		V35	202



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4601	5406	Isabel Vieira	00:41:30	01:19:42	01:15:13	4553		V35	203
4602	5224	Mónica Cadima	00:41:30	01:19:43	01:15:13	4552		Senior	434
4603	88	Kátia Vidal	00:38:41	01:19:46	01:17:03	4629		V35	204
4604	3563	Andreia Palmeirao	00:39:06	01:19:48	01:19:02	4678		V35	205
4605	325	Tânia Lopes	00:40:39	01:19:48	01:16:28	4607	Fund Box	Senior	435
4606	5903	Filipe Machado	00:39:57	01:19:49	01:14:57	4543		Senior	930
4607	2230	Alda Neto	00:43:03	01:19:50	01:15:44	4574		V45	113
4608	1364	Ines Gomes	00:39:12	01:19:51	01:16:58	4625		V35	206
4609	823	Manuel Matias	00:44:49	01:19:53	01:07:04	4073		V55	175
4610	3461	Victor Silva	00:39:06	01:19:53	01:19:19	4686		V65	51
4611	1691	André Dias	00:39:00	01:19:54	01:15:40	4573		Senior	931
4612	5906	Ana Santos	00:39:43	01:19:54	01:15:36	4569		V40	207
4613	5908	Vitor Rocha	00:39:43	01:19:54	01:15:35	4568		V40	704
4614	3052	Ana Dias	00:36:52	01:19:58	01:16:43	4620		Senior	436
4615	5753	Ana Marques	00:38:47	01:20:01	01:15:39	4571		V35	207
4616	3018	Rui Ferreira	00:33:42	01:20:01	01:18:49	4672	BIVAC IBERICA	V40	705
4617	2104	Mónica Pinto	00:37:54	01:20:02	01:18:50	4673		V35	208
4618	4702	Catarina Cabrita	00:39:16	01:20:02	01:18:47	4671		Senior	437
4619	45	Maria Silva	00:38:00	01:20:04	01:15:45	4575		V50	46
4620	6081	Joana Fonseca	00:40:30	01:20:05	01:16:14	4593	YUNIT	V40	208



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4621	4727	Bruno Salazar	00:41:36	01:20:07	01:15:23	4564		V35	817
4622	3516	Claudia Reis	00:42:06	01:20:12	01:17:59	4653		V40	209
4623	1541	Patricia Silva	00:39:32	01:20:17	01:15:39	4572		Junior	21
4624	3249	Ana Alves	00:40:39	01:20:17	01:16:29	4609	TC RUNNERS	Senior	438
4625	3248	Avelino Alves	00:40:43	01:20:18	01:16:31	4611	TC RUNNERS	Senior	932
4626	3176	Carla Nascimento	00:39:17	01:20:18	01:17:58	4652		Senior	439
4627	4176	Vera Oliveira	00:39:14	01:20:23	01:15:58	4582	Fitness way Pinhal Novo	V35	209
4628	4174	Susana Pereira	00:39:01	01:20:24	01:17:14	4631	Fitness way Pinhal Novo	V35	210
4629	1313	Paulo Ferreira	00:40:14	01:20:24	01:16:47	4622		V45	411
4630	4172	Ana Cesteiro	00:39:01	01:20:24	01:17:14	4630	Fitness way Pinhal Novo	Senior	440
4631	214	Luis Farinha	00:40:53	01:20:24	01:17:26	4634		V45	412
4632	1293	Bruno Ferreira	00:41:36	01:20:27	01:16:31	4610		V40	706
4633	4847	Vanessa Viana	00:39:16	01:20:28	01:19:13	4681	H3 Runners	Senior	441
4634	630	Fernando Allen	00:40:56	01:20:28	01:18:00	4654		V65	52
4635	6099	Beatriz Patrício	00:39:50	01:20:31	01:15:59	4583		V40	210
4636	1149	Maria Colaço	00:39:50	01:20:32	01:17:43	4645		V40	211
4637	4810	Maria Tavares	00:42:19	01:20:36	01:17:48	4647	Ilike A runner	V35	211
4638	4113	Ana Branco	00:40:20	01:20:36	01:16:18	4598	As primas	Senior	442
4639	369	Ângela Baltasar	00:40:30	01:20:47	01:16:44	4621	MSCJ	V35	212
4640	3031	Fernanda Pereira	00:41:14	01:20:47	01:18:10	4658	we love running	V35	213



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4641	2358	Pedro Evaristo	00:37:25	01:20:48	01:20:03	4704		Senior	933
4642	4509	José Guerreiro	00:39:35	01:20:48	01:16:13	4592		Senior	934
4643	1151	Luis Romaneiro	00:37:41	01:20:48	01:16:58	4626		V50	270
4644	1152	Fátima Loureiro	00:37:42	01:20:48	01:16:59	4627		V50	47
4645	4735	Joao Claudio	00:39:34	01:20:49	01:16:16	4597		Senior	935
4646	562	Rui Oliveira	00:35:30	01:20:50	01:20:39	4711	Falcões Selvagens	V50	271
4647	563	Carlos Morais	00:36:20	01:20:50	01:19:38	4694	Falcões Selvagens	V40	707
4648	293	Antonio Fonseca	00:35:30	01:20:50	01:17:50	4648	demantas	V40	708
4649	2311	Jose Marques	00:41:04	01:20:51	01:17:33	4638		V35	818
4650	1283	Filipa Fernandes	00:38:24	01:20:52	01:19:27	4688	IG Runners	Senior	443
4651	4379	Bruno Rego	00:39:34	01:20:53	01:16:21	4602	Campinos	Senior	936
4652	4380	Mafalda Cláudio	00:39:36	01:20:53	01:16:21	4601	Campinos	Senior	444
4653	2442	Paulo Simão	00:39:36	01:20:53	01:16:18	4599		Senior	937
4654	1576	Vera Silva	00:39:34	01:20:54	01:19:47	4697	ODEBRECHT PORTUGAL	V55	25
4655	247	Filipa Marcelo	00:40:33	01:21:00	01:18:24	4663	MONTEPIO - Marketeers	V35	214
4656	2885	José Marcelo	00:40:33	01:21:00	01:18:25	4665	Família Marcelo	V35	819
4657	687	Assunção Santos	00:40:32	01:21:00	01:18:24	4664	Família Marcelo	V55	26
4658	3763	Alexandre Soares	00:41:47	01:21:00	01:17:30	4635		V40	709
4659	605	Maria Mendes	00:39:50	01:21:02	01:18:19	4661	Tartarugas Solidarias	V55	27
4660	5503	Claudia Filipe	00:39:20	01:21:02	01:19:45	4696	Samsung	Senior	445



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4661	5501	Helena Chinelo	00:38:57	01:21:03	01:19:24	4687	Samsung	Senior	446
4662	1640	José Engana	00:37:46	01:21:19	01:18:02	4655		V65	53
4663	3193	Paulo Silva	00:40:40	01:21:23	01:16:42	4619		V35	820
4664	3455	Paulo Branco	00:44:08	01:21:26	01:11:54	4406		Senior	938
4665	3542	Solange Alvito	00:37:28	01:21:28	01:18:56	4676		Senior	447
4666	3541	André Magalhães	00:37:28	01:21:28	01:18:56	4677		Senior	939
4667	3377	Carlos Vieira	00:41:55	01:21:34	01:17:40	4640		V40	710
4668	1638	Fátima Marques	00:39:22	01:21:43	01:21:24	4724		V50	48
4669	1520	Henrique Duarte	00:41:15	01:21:47	01:17:51	4649	Clube do Stress	V60	112
4670	5713	Carla Alves	00:40:42	01:21:52	01:18:35	4670		V35	215
4671	4955	Catarina Pina	00:39:26	01:22:00	01:20:00	4702		V45	114
4672	5690	André Barreiros	00:41:09	01:22:02	01:19:07	4680	Glory Global Solutions	Senior	940
4673	5688	Nuno Borges	00:41:08	01:22:02	01:19:07	4679	Glory Global Solutions	V45	413
4674	6048	Daniela Teixeira	00:40:36	01:22:05	01:20:36	4708		Junior	22
4675	751	Leontina Cruz	00:40:57	01:22:07	01:19:18	4685	Sapatistas	V40	212
4676	417	Tiago Fonseca	00:40:42	01:22:08	01:17:40	4641		V40	711
4677	413	Florabela Pires	00:40:42	01:22:08	01:17:41	4642		V45	115
4678	4480	João Cardoso	00:40:00	01:22:18	01:20:02	4703		Senior	941
4679	4359	Catarina Amaral	00:40:43	01:22:21	01:18:16	4659	Bazinga!	Senior	448
4680	4360	Rui Santos	00:40:43	01:22:21	01:18:16	4660	Bazinga!	Senior	942



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4681	2775	Catarina Azevedo	00:40:44	01:22:23	01:19:18	4683	Original Runners	V35	216
4682	2774	Filipa Figueira	00:40:44	01:22:24	01:19:18	4684	Original Runners	V35	217
4683	5206	Mário Severino	00:38:48	01:22:24	01:18:20	4662	Mario Ines	Senior	943
4684	4651	Adélia Gonçalves	00:39:22	01:22:25	01:21:22	4723		V35	218
4685	712	Deolinda Caldeira	00:40:06	01:22:31	01:19:32	4692		V60	14
4686	207	Bruno Eusébio	00:35:17	01:22:32	01:18:51	4674	Falta Muito para os 10 Kms ??????	Junior	56
4687	3867	José Teixeira	00:40:50	01:22:35	01:19:58	4701		V40	712
4688	3854	Ana Jacob	00:40:51	01:22:35	01:19:57	4699		V45	116
4689	5426	Rui Pereira	00:36:55	01:22:35	01:20:53	4715		V45	414
4690	1669	Susana Duro	00:36:47	01:22:35	01:20:53	4716	I GEMELLI	V35	219
4691	4326	Daniel Romão	00:48:48	01:22:36	01:22:26	4742		Senior	944
4692	1788	Artur Madeira	00:39:38	01:22:42	01:22:04	4735		V60	113
4693	4692	Carla Ribeiro	00:47:24	01:22:44	01:10:25	4315		V40	213
4694	4507	Ângela Fernandes	00:47:24	01:22:44	01:10:26	4317		V40	214
4695	2650	Ana Barros	00:42:32	01:22:47	01:18:33	4669	Run4Fit	V35	220
4696	1417	Fernando Vasconcelos	00:39:47	01:22:56	01:19:58	4700		V50	272
4697	5964	André Loureiro	00:38:42	01:23:05	01:18:26	4666	Gang do Parque	V35	821
4698	427	Sílvia Monteiro	00:43:02	01:23:06	01:18:06	4656		Senior	449
4699	428	Eduardo Martins	00:43:08	01:23:07	01:18:08	4657		Senior	945
4700	2225	Nelson Batista	00:44:08	01:23:11	01:13:40	4496		Senior	946



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4701	650	Carlos Valente	00:41:09	01:23:18	01:21:33	4725		V40	713
4702	5926	Fabio Monteiro	00:29:46	01:23:22	01:21:36	4727	CLUBE ACCENTURE	Senior	947
4703	5323	Nuno Serra	00:40:43	01:23:28	01:19:40	4695	KPMG Portugal	Senior	948
4704	114	Lilia Oliveira	00:44:38	01:23:36	01:21:19	4721		Senior	450
4705	1329	Rui Figueiredo	00:43:18	01:23:38	01:21:03	4719		V35	822
4706	4339	José Rego	00:40:43	01:23:40	01:22:25	4741		V35	823
4707	4722	Francisco Bernardo	00:41:19	01:23:41	01:19:37	4693	AFO	V50	273
4708	1797	Isabel Rodrigues	00:40:23	01:23:41	01:22:38	4749		V40	215
4709	2580	Pedro Costa	00:40:23	01:23:41	01:22:38	4750		V40	714
4710	4416	Ana Fernandes	00:41:28	01:23:49	01:19:18	4682		Senior	451
4711	2137	Marcelo Lobato	00:39:38	01:23:52	01:20:50	4714		V40	715
4712	356	Carla Palmeiro	00:40:30	01:23:52	01:22:36	4746		V40	216
4713	626	João Coelho	00:40:48	01:23:53	01:21:20	4722		Senior	949
4714	358	Meg Garcia	00:40:31	01:23:53	01:22:37	4747		V35	221
4715	1497	Nuno Costa	00:38:56	01:23:57	01:21:15	4720		V55	176
4716	1463	Camille Coyac	00:42:52	01:24:02	01:19:31	4691		Senior	452
4717	5868	Ricardo Carvalho	00:42:13	01:24:10	01:22:18	4738		V35	824
4718	1222	Tânia Abreu	00:40:39	01:24:11	01:21:35	4726		Senior	453
4719	1221	Vitor Silva	00:40:39	01:24:11	01:21:36	4728		Senior	950
4720	5171	Dília Sousa	00:40:47	01:24:13	01:20:14	4705		V35	222



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4721	1528	Anabela Silva	00:45:29	01:24:19	01:19:48	4698		V50	49
4722	5988	Inês Funcke	00:43:02	01:24:20	01:20:48	4712		V55	28
4723	5874	Ricardo Coelho	00:43:21	01:24:27	01:24:22	4767		Senior	951
4724	665	Elias Cardiga	00:41:26	01:24:55	01:21:44	4730		V60	114
4725	2670	Hercilia Montenegro	00:42:17	01:25:00	01:20:32	4707		V40	217
4726	5744	Catarina Liquito	00:42:21	01:25:00	01:20:56	4717	KPMG Portugal	Senior	454
4727	5851	Rita Abel	00:41:17	01:25:02	01:23:55	4761		V35	223
4728	725	Ana Dias	00:41:12	01:25:03	01:20:49	4713		Senior	455
4729	5296	Miguel Emauz	00:42:07	01:25:04	01:20:27	4706		V60	115
4730	1588	Maria Anjos	00:41:45	01:25:06	01:22:05	4736	Junta Freguesia da Portela	V65	4
4731	6190	Patricia Marcão	00:41:35	01:25:07	01:20:36	4709		Senior	456
4732	3769	Maria Veladas	00:41:10	01:25:07	01:24:48	4777		V35	224
4733	6189	Jaime Pinheiro	00:41:35	01:25:07	01:20:36	4710		V35	825
4734	1048	Helena Carvalho	00:42:32	01:25:15	01:21:40	4729		Senior	457
4735	5877	Francisco Pereira	00:41:50	01:25:17	01:22:26	4743	coloquio	Junior	57
4736	2265	Mara Santos	00:41:04	01:25:20	01:22:01	4734		Senior	458
4737	4643	Cristina Couto	00:41:57	01:25:20	01:23:13	4752		V45	117
4738	270	Luis Ameixa	00:43:31	01:25:21	01:25:11	4784		V45	415
4739	2713	Rita Joaquim	00:41:55	01:25:25	01:20:57	4718		Senior	459
4740	5436	Manuel Rodrigues	00:42:30	01:25:29	01:24:47	4776		V45	416



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4741	2861	Celeste Oliveira	00:42:32	01:25:30	01:21:56	4733		V55	29
4742	3585	Cristina Afonso	00:39:08	01:25:30	01:24:26	4770	SS CGD	V35	225
4743	3247	Vera Stichini	00:43:09	01:25:33	01:22:34	4745	Tartarugas Solidarias	V45	118
4744	2734	Mónica Quaresma	00:39:24	01:25:41	01:24:34	4773		Senior	460
4745	3644	Patrícia Filipe	00:42:42	01:25:44	01:23:26	4753	DIG DIG	Senior	461
4746	4537	Tânia Triguinho	00:43:35	01:25:45	01:18:53	4675	Speedy Gonzales Team	Senior	462
4747	216	Maria Caldeira	00:43:10	01:25:49	01:22:49	4751	Tartarugas Solidarias	V50	50
4748	762	Sónia Matos	00:40:46	01:25:52	01:24:24	4768		Senior	463
4749	5996	João Ferracatim	00:43:40	01:25:54	01:22:15	4737		Senior	952
4750	5377	Marco Ramos	00:45:57	01:25:58	01:13:33	4494		V35	826
4751	501	Mário Morna	00:41:21	01:26:05	01:22:38	4748	Tuareg	V55	177
4752	3773	Ana Viseu	00:41:47	01:26:20	01:26:01	4794		V35	226
4753	1487	José Prata	00:39:53	01:26:24	01:24:39	4775		V60	116
4754	3633	Mário Filipe	00:42:10	01:26:35	01:24:19	4766	DIG DIG	V55	178
4755	3643	Beatriz Filipe	00:42:10	01:26:42	01:24:25	4769	DIG DIG	V55	30
4756	1919	Nuno Costa	00:42:24	01:26:45	01:23:35	4757		V40	716
4757	1917	Paula Costa	00:42:24	01:26:45	01:23:36	4758		V40	218
4758	4189	Ana Fernandes	00:42:26	01:26:52	01:24:14	4765		V35	227
4759	1993	Jose Costa	00:42:32	01:26:53	01:26:11	4798		V60	117
4760	5338	Filipe Palmeiro	00:43:30	01:26:54	01:22:23	4739		V35	827



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4761	5279	Inês Palmeiro	00:43:31	01:26:55	01:22:24	4740		V35	228
4762	5986	Ricardo Alves	00:40:38	01:26:56	01:26:03	4795		V35	828
4763	688	Rita Alves	00:40:35	01:26:56	01:26:04	4796		Senior	464
4764	1771	Marina Silva	00:44:42	01:27:22	01:23:35	4755		V50	51
4765	1363	João Lobo	00:45:23	01:27:34	01:23:38	4759		V60	118
4766	1439	Ana Morgado	00:43:19	01:27:54	01:25:01	4780		V40	219
4767	3904	Catarina Magalhaes	00:43:33	01:27:56	01:24:58	4779		Senior	465
4768	2427	Inês Gonçalves	00:45:10	01:27:58	01:24:31	4771		Senior	466
4769	2426	Paulo Vital	00:45:09	01:27:58	01:24:32	4772		Senior	953
4770	634	Ana Ferro	00:44:03	01:28:00	01:25:45	4790		V55	31
4771	633	António Ferro	00:44:04	01:28:00	01:25:45	4791		V55	179
4772	5684	Filipa Yanez	00:47:42	01:28:07	01:25:11	4783	Glory Global Solutions	Senior	467
4773	5687	Catarina Hernandez	00:47:42	01:28:08	01:25:11	4782	Glory Global Solutions	V35	229
4774	1526	Ana Silva	00:42:22	01:28:15	01:23:44	4760		Senior	468
4775	1924	Guiomar Rua	00:42:00	01:28:17	01:26:38	4804		V45	119
4776	1948	Fatima Gonçalves	00:42:00	01:28:17	01:26:38	4803		V50	52
4777	2624	João Gonçalves	00:42:28	01:28:18	01:23:35	4756		V35	829
4778	2625	Ana Gonçalves	00:42:30	01:28:19	01:23:33	4754		V35	230
4779	5248	Manuel Campos	00:44:07	01:28:26	01:26:12	4799		V60	119
4780	5186	Ana Barrueta	00:46:02	01:28:33	01:17:25	4633		Senior	469



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4781	2236	Sílvia Dinis	00:43:41	01:28:34	01:25:46	4793		V35	231
4782	3086	Leonor Simões	00:53:37	01:28:36	01:17:34	4639	Fundger, SA	V45	120
4783	907	Rita Cabral	00:43:12	01:28:43	01:27:17	4811		V40	220
4784	172	Madalena Santos	00:43:13	01:28:43	01:27:17	4810		V35	232
4785	1770	Ana Borges	00:36:53	01:28:46	01:25:36	4788		V40	221
4786	4432	Liliana Dias	00:37:53	01:28:46	01:24:09	4764	Authentic Pilates Lisboa	Senior	470
4787	4687	Ana Silva	00:37:53	01:28:46	01:24:09	4763	Authentic Pilates Lisboa	Senior	471
4788	4772	Cátia Oliveira	00:43:04	01:29:02	01:27:02	4807		Senior	472
4789	2711	Samuel Joaquim	00:45:26	01:29:03	01:24:37	4774		V60	120
4790	4140	Bernardo Pereira	00:44:30	01:29:07	01:24:58	4778	The Min Shi Boys	Senior	954
4791	4741	Íris Castro	00:45:46	01:29:26	01:25:27	4785		Senior	473
4792	4681	Ana Silva	00:45:45	01:29:26	01:25:28	4786		Senior	474
4793	4688	Joao Ines	00:49:13	01:29:39	01:19:28	4689		Senior	955
4794	4012	Ilda Albuquerque	00:49:13	01:29:39	01:19:29	4690		Senior	475
4795	4482	Ana Frescata	00:41:39	01:29:46	01:25:03	4781		V40	222
4796	3495	Helder Silva	00:43:32	01:29:53	01:25:43	4789	Tertulia	V35	830
4797	3494	Helder Cardoso	00:43:33	01:29:56	01:25:46	4792	Tertulia	V35	831
4798	1397	Aecio Guerra	00:48:23	01:29:56	01:21:45	4731	Aecio Guerra	V40	717
4799	1398	Tatiana Correia	00:48:27	01:29:56	01:21:47	4732	Aecio Guerra	V35	233
4800	4632	Nádia Ladeira	00:47:14	01:30:01	01:25:34	4787		Senior	476



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4801	2992	Cátia Nogueira	00:49:31	01:30:37	01:22:30	4744	Winners Team	Senior	477
4802	3004	Joana Cordeiro	00:49:32	01:30:38	01:24:02	4762	Winners Team	V35	234
4803	4211	André Gomes	00:48:00	01:30:43	01:26:08	4797		Senior	956
4804	72	Armando Silva	00:47:23	01:30:45	01:29:13	4826	Montepio - Central de Compras	V55	180
4805	3946	Diana Andrade	00:48:00	01:30:47	01:26:12	4800		Senior	478
4806	4294	Bruno Almeida	00:37:31	01:30:50	01:28:59	4824		Senior	957
4807	4237	Catarina Baptista	00:37:31	01:30:50	01:28:59	4823		Senior	479
4808	4654	Milene Mestre	00:44:38	01:30:59	01:28:43	4819	G.D.R. São Francisco da Serra	Senior	480
4809	1505	Susana Carvalho	00:44:15	01:31:02	01:28:52	4822		V35	235
4810	185	Custódia Carrigo	00:45:01	01:31:07	01:28:24	4816		V50	53
4811	40	Vitor Carrigo	00:45:01	01:31:07	01:28:23	4815		V50	274
4812	3428	Ana Gomes	00:36:04	01:31:09	01:26:30	4801		Senior	481
4813	3034	Eunice Torres	00:38:24	01:31:09	01:26:45	4805	we love running	Senior	482
4814	3196	Ricardo Baptista	00:35:46	01:31:09	01:28:23	4814		V35	832
4815	3890	Andreia Cruz	00:38:06	01:31:09	01:26:31	4802		Senior	483
4816	4110	Davide Inácio	00:38:24	01:31:10	01:26:46	4806		V40	718
4817	5730	Tania Silva	00:42:26	01:31:16	01:28:39	4818		Senior	484
4818	2652	Ana Borges	00:43:16	01:31:26	01:27:12	4809	Run4Fit	V40	223
4819	2651	Joao Borges	00:40:00	01:31:26	01:27:10	4808	Run4Fit	V35	833
4820	3579	Aida Pereira	00:44:34	01:31:30	01:28:34	4817		V60	15



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4821	685	António Cruz	00:42:50	01:31:37	01:29:02	4825	MONTEPIO - Marketeers	V40	719
4822	864	Ricardo Fernandes	00:45:13	01:31:40	01:29:17	4827		V35	834
4823	4678	César André	00:45:49	01:31:45	01:18:29	4667		V40	720
4824	1031	Rute Vitorino	00:48:57	01:32:06	01:30:45	4842	Toupeiro	V35	236
4825	1886	Victor Matias	00:45:14	01:32:07	01:29:44	4828		V40	721
4826	2321	Jorge Laia	00:43:44	01:32:07	01:30:32	4839		V45	417
4827	283	Alfredo Almeida	00:43:44	01:32:07	01:30:32	4838		V60	121
4828	2320	Paulo Vitorino	00:43:43	01:32:12	01:30:37	4840		V50	275
4829	2319	Ana Vitorino	00:43:44	01:32:13	01:30:39	4841		V50	54
4830	1120	Nuno Garcia	00:48:26	01:32:20	01:27:32	4813		V35	835
4831	5137	Maria Almeida	00:44:43	01:32:20	01:29:44	4829	RB Running	V50	55
4832	3749	Artur Gomes	00:48:26	01:32:20	01:27:32	4812		V40	722
4833	1521	Madalena Duarte	00:47:17	01:32:40	01:28:45	4820	Clube do Stress	V55	32
4834	3167	Nuno Santos	00:46:08	01:32:41	01:32:32	4847		Senior	958
4835	1524	Silvia Duarte	00:47:17	01:32:41	01:28:45	4821	Clube do Stress	V45	121
4836	2725	Cristina Vaz	00:47:21	01:32:51	01:31:28	4845	Falcões Selvagens	V35	237
4837	4249	Pedro Costa	00:38:16	01:33:07	01:32:11	4846		Junior	58
4838	5532	Tiago Figueiredo	00:46:26	01:33:37	01:29:45	4830	Microsoft One	Senior	959
4839	4477	Lucinda Henriques	00:42:20	01:33:43	01:33:03	4849		V65	5
4840	2646	Soraia Estevez	00:48:34	01:33:46	01:30:07	4831		V35	836



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4841	3964	Catarina Vicente	00:47:40	01:33:56	01:30:14	4836		V35	238
4842	3778	Ana Santos	00:47:40	01:33:56	01:30:15	4837		Senior	485
4843	3919	Diogo Franco	00:47:39	01:33:57	01:30:10	4832		Senior	960
4844	4558	Marta Marques	00:47:39	01:33:57	01:30:11	4833		Senior	486
4845	889	Paula Ramalhete	00:44:28	01:34:56	01:30:59	4843		V35	239
4846	1242	Ana Ramalhete	00:44:29	01:34:56	01:30:59	4844		Senior	487
4847	3088	Ilda Carvalho	00:46:53	01:34:58	01:30:13	4834	Fundger, SA	V35	240
4848	3097	Luisa Madeira	00:46:53	01:34:58	01:30:14	4835	Caixagest, Técnicas Gestão de Fundos, SA	V35	241
4849	1249	Maria Santos	00:47:39	01:35:09	01:33:38	4851		V40	224
4850	5946	Francisco Jesus	00:48:37	01:35:35	01:33:07	4850		V50	276
4851	3583	Graciete Alves	00:47:12	01:35:36	01:34:27	4855	SS CGD	V55	33
4852	3472	Adélia Paiva	00:47:12	01:35:37	01:34:28	4856		V50	56
4853	4614	Cláudia Santos	00:44:47	01:35:56	01:33:38	4852	DIG DIG	Senior	488
4854	4793	Maria Carmona	00:44:47	01:35:57	01:33:38	4853	DIG DIG	Senior	489
4855	1814	Tânia Santo	00:45:23	01:36:55	01:32:55	4848		V40	225
4856	2820	António Leandro	00:46:07	01:36:56	01:33:48	4854	Família Leandro	V55	181
4857	71	Cláudia Monteiro	00:47:38	01:37:31	01:36:00	4868	Montepio - Central de Compras	V35	242
4858	76	Susana Vidal	00:47:40	01:37:31	01:36:00	4869	Montepio - Central de Compras	V45	122
4859	73	Rute Mendes	00:47:38	01:37:31	01:36:01	4870	Montepio - Central de Compras	V40	226
4860	410	Hélia Gomes	00:45:18	01:37:58	01:36:03	4871		V35	243



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4861	4515	Carla Pereira	00:47:02	01:38:00	01:34:46	4859		V40	227
4862	3159	Carla Vieira	00:54:31	01:38:16	01:36:05	4872		V40	228
4863	3166	Marta Ferreira	00:44:56	01:38:16	01:35:27	4862		Junior	23
4864	3165	Patrícia Louro	00:44:57	01:38:16	01:35:28	4863		V40	229
4865	4186	Vânia Secretário	00:48:36	01:38:18	01:34:37	4857		Senior	490
4866	4801	Carla Gonçalves	00:46:36	01:38:19	01:35:58	4867	Speed of Yellow	Senior	491
4867	4190	Anabela Costa	00:48:36	01:38:20	01:34:38	4858		V40	230
4868	4251	Paula Cardoso	00:45:48	01:38:22	01:35:46	4865		V35	244
4869	4953	Pedro Lopes	00:46:28	01:38:48	01:37:30	4878		V35	837
4870	5212	Ligia Manhita	00:46:28	01:38:48	01:37:30	4877		V35	245
4871	4954	Ana Manhita	00:46:29	01:38:48	01:37:31	4879		V35	246
4872	3777	Adelino Soares	00:48:26	01:39:16	01:35:45	4864		V65	54
4873	271	Carlos Castro	00:51:01	01:39:24	01:35:07	4860		V55	182
4874	273	Rosa Silva	00:51:01	01:39:24	01:35:08	4861		V50	57
4875	3770	Carla Henriques	00:51:43	01:39:31	01:37:07	4875		Senior	492
4876	3771	Ana Estudante	00:51:43	01:39:32	01:37:10	4876		V40	231
4877	6011	Joana Dias	00:50:57	01:40:47	01:37:40	4880	Dream Team	Senior	493
4878	5659	Margarida Carneiro	00:51:19	01:40:49	01:36:30	4874		Senior	494
4879	5658	Ana Melo	00:51:20	01:40:49	01:36:30	4873		Senior	495
4880	5691	Carlos Falé	00:51:08	01:40:54	01:37:58	4883	Glory Global Solutions	Senior	961



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4881	3590	David Hick	00:48:20	01:40:57	01:35:53	4866	Clube Atletismo Amigos de Belém - C A A B	V45	418
4882	4062	Vanda Brito	00:50:30	01:41:17	01:38:43	4885		V40	232
4883	4297	Rute Reizinho	00:50:29	01:41:17	01:38:43	4886		V35	247
4884	5844	Carla Estevez	00:48:38	01:41:27	01:37:47	4882		V35	248
4885	5692	André Guerreiro	00:51:00	01:41:44	01:38:47	4888	Glory Global Solutions	Senior	962
4886	5683	Jorge Modesto	00:51:06	01:41:44	01:38:47	4887	Glory Global Solutions	V35	838
4887	2310	Patricia Marques	00:50:49	01:41:47	01:38:29	4884		V35	249
4888	1030	Ana Pinto	00:49:27	01:42:07	01:40:46	4894	Toupeiro	Senior	496
4889	5355	Paulo Soares	00:49:52	01:42:10	01:39:24	4889	Os Canários	V40	723
4890	1527	Iolanda Silva	00:50:50	01:42:16	01:37:45	4881		Senior	497
4891	2524	Ana Sousa	00:51:42	01:42:40	01:40:30	4892	MONTEPIO - Marketeers	V40	233
4892	2786	Gabriela Costa	00:51:42	01:42:41	01:42:31	4899	MONTEPIO - Marketeers	V45	123
4893	3997	Ana Ângelo	00:51:42	01:42:42	01:40:31	4893	MONTEPIO - Marketeers	V35	250
4894	726	Patrícia Cardita	00:51:10	01:42:45	01:39:33	4890		V35	251
4895	3772	Ana Lopes	00:52:13	01:42:48	01:40:24	4891		V35	252
4896	4934	Vitor Quintas	00:50:49	01:44:37	01:41:19	4895		V55	183
4897	5286	Inês Vieira	00:54:22	01:44:58	01:42:47	4900		Junior	59
4898	1550	Paula Figueiredo	00:52:49	01:45:10	01:42:16	4896		V45	124
4899	1791	Ana Vieira	00:52:49	01:45:11	01:42:17	4897		V40	234
4900	1466	Alexandra Silva	00:52:49	01:45:11	01:42:17	4898		V35	253



CLASSIFICAÇÃO



Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
4901	5287	José Vieira	00:54:24	01:45:11	01:42:59	4902		V65	55
4902	5435	Sofia Malato	00:54:31	01:45:35	01:43:24	4903		V40	235
4903	112	Sandra Cabaço	00:51:01	01:47:13	01:42:57	4901		V40	236
4904	2388	Edson Pires	00:56:45	01:48:51	01:44:17	4905		V40	724
4905	2823	Luís Narciso	00:57:24	01:48:51	01:45:43	4906	Família Leandro	Senior	963
4906	3566	Maria Rosa	00:56:46	01:48:51	01:44:17	4904		V40	237