

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	2838	Nelson Cruz	00:15:00	00:30:50	00:30:50	1	Clube Pedro Pessoa-Escola de Atletismo.	V35	1
2	2809	Carlos Cardoso	00:15:23	00:31:35	00:31:35	2	GFD Running	Senior	1
3	1107	Jose Gaspar	00:15:24	00:32:07	00:32:07	3	Clube de Atletismo Odimarq	V35	2
4	12218	Telmo Silva	00:16:05	00:33:06	00:33:06	4		V35	3
5	12281	Luís Lima	00:16:15	00:33:23	00:33:23	5		V40	1
6	1108	Pedro Gomes	00:16:23	00:33:38	00:33:38	6	Clube de Atletismo Odimarq	V35	4
7	2047	Tiago Mendes	00:16:44	00:33:47	00:33:46	7	CLUBE MILLENNIUM BCP	V40	2
8	2810	Luís Ginja	00:17:00	00:34:42	00:34:41	8	GFD Running	V40	3
9	12216	Marco Mello	00:16:54	00:34:46	00:34:46	9		V40	4
10	12214	José Heitor	00:16:58	00:34:46	00:34:46	10		V50	1
11	454	Bruno Lourenço	00:15:34	00:35:15	00:35:15	11		Senior	2
12	2024	Abel Louro	00:17:40	00:35:21	00:35:19	12	CLUBE MILLENNIUM BCP	V55	1
13	942	João Inocêncio	00:17:21	00:35:27	00:35:27	13	Amigos Vale Silencio	V40	5
14	2811	Paulo Moreira	00:17:36	00:35:48	00:35:48	14	GFD Running	V40	6
15	1656	Rodrigo Silva	00:17:58	00:35:53	00:35:52	15		Senior	3
16	901	Rui Narigueta	00:17:24	00:35:53	00:35:53	16	Volkswagen Autoeuropa	V35	5
17	1109	Jose Lopes	00:17:50	00:36:15	00:36:15	18	Clube de Atletismo Odimarq	V45	1
18	102	João Trigueiros	00:17:50	00:36:24	00:36:24	19		Junior	1
19	324	António Rodrigues	00:17:32	00:36:26	00:36:25	20		Senior	4
20	1698	João Paixão	00:17:51	00:36:37	00:36:35	21	NAPA - Núcleo de Amigos Perna Assada	V40	7

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10 KM

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Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
21	1546	Joao Ferreira	00:17:51	00:36:37	00:36:37	22		Senior	5
22	363	Paulo Santos	00:17:50	00:36:43	00:36:43	23		V40	8
23	12060	João Andrade	00:18:18	00:37:02	00:37:01	24	GFD Running	V45	2
24	232	Nuno Soares	00:18:26	00:37:11	00:37:09	26		Senior	6
25	2683	Fernando Baptista	00:18:24	00:37:13	00:37:08	25		V40	9
26	1490	Nuno Balsas	00:18:45	00:37:16	00:35:58	17		V35	6
27	12217	Rui Rodrigues	00:18:04	00:37:17	00:37:16	28		Senior	7
28	2312	Luis Matos	00:18:25	00:37:22	00:37:20	30		V40	10
29	618	Nelson Fonseca	00:18:28	00:37:23	00:37:18	29		V35	7
30	1606	Nuno Abílio	00:17:58	00:37:25	00:37:25	32	Volkswagen Autoeuropa	Senior	8
31	2160	Vitor Oliveira	00:18:49	00:37:26	00:37:21	31		Senior	9
32	1387	Alexandre Pereira	00:18:36	00:37:39	00:37:14	27		V35	8
33	12273	Hugo Ferreira	00:18:27	00:37:41	00:37:38	33	Garmin Clube Olimpico De Oeiras	V35	9
34	1521	Nuno Silva	00:18:17	00:37:45	00:37:45	35	Clube Atletismo Amigos de Belém	Senior	10
35	12158	Rui Campos	00:18:31	00:37:46	00:37:43	34	Garmin Clube Olimpico De Oeiras	V45	3
36	12059	Fernando Santos	00:18:35	00:37:48	00:37:48	36	GFD Running	V40	11
37	2372	Ernesto Ferreira	00:18:41	00:37:51	00:37:51	38	GFD Running	V40	12
38	738	Ricardo Ferreira	00:18:23	00:37:52	00:37:50	37	corre@correr	V35	10
39	2747	João Lima	00:18:33	00:37:55	00:37:53	39	Núcleo Bicross de Setúbal	Senior	11
40	323	Raquel Trabuco	00:18:27	00:37:58	00:37:57	40		Senior	1

BES RUN CHALLENGE

2014

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10 KM

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Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
41	852	Diogo Lopes	00:18:46	00:38:14	00:38:10	41		V40	13
42	520	Nelson Fernandes	00:18:34	00:38:15	00:38:13	42		Senior	12
43	12153	Ricardo Santos	00:18:59	00:38:17	00:38:14	43	Garmin Clube Olimpico De Oeiras	Senior	13
44	1224	Carlos Tiago	00:18:56	00:38:30	00:38:28	44	Keep Running	Senior	14
45	2065	Luís Paulo	00:19:04	00:38:31	00:38:29	45	MultiRunners	V45	4
46	2337	Nuno Balas	00:18:32	00:38:35	00:38:33	47		V35	11
47	1020	Sérgio Tavares	00:18:34	00:38:36	00:38:35	48	Friends2Run	Senior	15
48	1386	Mónica Moreiras	00:18:59	00:38:37	00:38:36	49		Senior	2
49	589	Pedro Matos	00:19:03	00:38:41	00:38:37	50		V50	2
50	12109	José Morais	00:19:04	00:38:45	00:38:30	46		V50	3
51	2383	Pedro Sobral	00:18:48	00:38:48	00:38:47	51	GFD Running	V35	12
52	497	Pedro Gonçalves	00:19:05	00:38:50	00:38:48	52		Senior	16
53	1625	Joaquim Carvalho	00:19:04	00:38:54	00:38:53	53		V40	14
54	1023	João Gomes	00:18:57	00:38:58	00:38:55	55	Clube EDP - Lisboa	V40	15
55	330	Pedro Isidoro	00:18:34	00:39:04	00:39:02	56		Senior	17
56	1815	Paulo Alfar	00:19:13	00:39:05	00:39:04	57		V45	5
57	127	Rui Rodrigues	00:19:29	00:39:09	00:39:05	58		Senior	18
58	790	Joao Rosa	00:19:45	00:39:13	00:39:11	59	clube vodafone	V35	13
59	1647	Nuno Alves	00:19:05	00:39:21	00:39:20	61		V40	16
60	916	Nuno Santos	00:19:15	00:39:23	00:39:17	60	clube vodafone	V35	14

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

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Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
61	956	Carlos Pascoal	00:19:25	00:39:25	00:39:21	62		V50	4
62	2394	João Pires	00:19:04	00:39:33	00:39:31	63		Senior	19
63	1823	Germano Silva	00:19:22	00:39:36	00:39:34	64		V55	2
64	1149	Luiz Garcia	00:19:31	00:39:41	00:39:39	67		V50	5
65	2377	Rui Palma	00:19:24	00:39:42	00:39:37	66	GFD Running	V40	17
66	941	Fernando Rodrigues	00:19:35	00:39:42	00:39:41	69	Amigos Vale Silencio	V45	6
67	12199	Tiago Alves	00:18:53	00:39:43	00:39:41	70		Senior	20
68	2555	Pedro Pereira	00:19:20	00:39:44	00:39:44	72		Senior	21
69	2867	Paulo Oliveira	00:19:27	00:39:45	00:39:43	71	CCD PM CASCAIS	V45	7
70	2429	Hugo Silva	00:19:54	00:39:46	00:39:40	68		Senior	22
71	12276	Fábio Durão	00:20:11	00:39:47	00:38:54	54		Senior	23
72	1295	Paulo Gonçalves	00:19:58	00:39:53	00:39:36	65	CLUBE GRUPO BES	V45	8
73	2858	Antonio Silvestre	00:19:34	00:39:53	00:39:51	74	CCD PM CASCAIS	V40	18
74	2637	Bruno Marrão	00:19:37	00:39:54	00:39:51	73		V35	15
75	2297	Stéphane Pape	00:19:46	00:39:55	00:39:52	75	ZODIAC	V45	9
76	12230	Pacer Min	00:20:11	00:39:57	00:39:55	76		V35	16
77	1285	Luís Monteiro	00:19:40	00:39:58	00:39:58	77	CLUBE GRUPO BES	V40	19
78	2869	Rui Vieira	00:19:12	00:40:03	00:40:00	78	CCD PM CASCAIS	V45	10
79	24	Filipe Torres	00:19:33	00:40:04	00:40:00	79		Senior	24
80	1665	Jorge Melo	00:20:20	00:40:06	00:40:00	80		V35	17

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
81	279	Osvaldo Ferreira	00:19:32	00:40:08	00:40:07	81		V35	18
82	794	Filipe Garcia	00:20:11	00:40:11	00:40:10	82	Garcia Runners	Senior	25
83	2361	Edgar Geada	00:20:10	00:40:13	00:40:10	83		V45	11
84	339	Diogo Rebelo	00:19:15	00:40:14	00:40:13	84		Senior	26
85	572	Jorge Serra	00:19:54	00:40:18	00:40:14	85	Açoreana Clube Banif	V45	12
86	912	Gonçalo Ferreira	00:19:33	00:40:19	00:40:17	87		V40	20
87	1549	Ricardo Brito	00:20:10	00:40:20	00:40:16	86	R Team	Senior	27
88	2357	Sofia Monteiro	00:20:42	00:40:21	00:40:21	88	CR Leões de Porto Salvo	Senior	3
89	12268	João Mendes	00:19:45	00:40:25	00:40:21	89		V50	6
90	57	João Martins	00:19:25	00:40:27	00:40:26	90		Senior	28
91	876	André Gaga	00:19:44	00:40:34	00:40:32	91		Senior	29
92	2146	João Rodrigues	00:19:43	00:40:36	00:40:35	95	Pumas do Guincho	V50	7
93	2278	Sérgio Nunes	00:19:51	00:40:37	00:40:36	96		V35	19
94	770	Pedro Teodosio	00:19:50	00:40:38	00:40:35	94		Senior	30
95	1594	Bruno Dias	00:20:34	00:40:38	00:40:33	92		Senior	31
96	429	Nuno Gonçalves	00:19:21	00:40:43	00:40:42	100		Senior	32
97	12045	Ricardo Martins	00:20:32	00:40:44	00:40:33	93	Conheira Team	Senior	33
98	522	Nuno Alves	00:20:10	00:40:44	00:40:41	97		V35	20
99	1307	Rui Lopes	00:20:11	00:40:44	00:40:41	98	CLUBE GRUPO BES	V60	1
100	12197	Hernâni Fernandes	00:19:40	00:40:45	00:40:41	99		V40	21

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
101	2133	Paulo Rodrigues	00:19:33	00:40:46	00:40:45	103		V45	13
102	72	Francisco Lopes	00:19:58	00:40:47	00:40:43	101	Volkswagen Autoeuropa	V40	22
103	440	Francisco Antunes	00:20:00	00:40:49	00:40:46	104	Amigos Atletismo Maíra	Senior	34
104	1303	Ricardo Pereira	00:20:13	00:40:51	00:40:49	105	CLUBE GRUPO BES	V40	23
105	695	Antonio Arede	00:20:15	00:40:52	00:40:45	102		V35	21
106	2530	Luis Pinto	00:19:41	00:40:53	00:40:51	107	GFD Running	V35	22
107	12212	Cristina Garcia	00:20:43	00:41:04	00:41:04	111		V40	1
108	12213	António Adro	00:20:23	00:41:04	00:41:02	109		V45	14
109	2717	Paulo Rodrigues	00:20:13	00:41:11	00:40:50	106		V35	23
110	1081	Bruno Martinho	00:20:11	00:41:16	00:41:02	110	CSB_RF	Senior	35
111	763	Vitor Afonso	00:20:04	00:41:17	00:41:16	114		Senior	36
112	1634	Marcelo Silva	00:19:41	00:41:18	00:41:16	116	Carapaus de Corrida	V40	24
113	12146	Joao Mouta	00:20:12	00:41:19	00:41:16	115	Garmin Clube Olimpico De Oeiras	V40	25
114	732	Sylvain Bonnet	00:20:13	00:41:20	00:41:18	118		V35	24
115	745	Miguel Sousa	00:19:44	00:41:22	00:41:19	120	CLUBE COLABORADORES AXA	V35	25
116	1696	Luis Mendes	00:20:20	00:41:22	00:41:19	119	NAPA - Núcleo de Amigos Perna Assada	V40	26
117	247	Luis Santos	00:19:53	00:41:23	00:41:15	113	LUSO-ATLÂNTICA SA	Senior	37
118	2384	Victor Carvalho	00:19:54	00:41:24	00:41:23	124	GFD Running	V50	8
119	12155	Sheila Marques	00:20:01	00:41:24	00:41:23	125	Garmin Clube Olimpico De Oeiras	Senior	4
120	370	Inocência Amorim	00:19:56	00:41:26	00:41:22	121		V35	26

BES RUN CHALLENGE

2014

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10 KM

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Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
121	12063	Luís Pereira	00:20:18	00:41:27	00:41:22	122	GFD Running	V45	15
122	1708	Bruno Luis	00:20:36	00:41:27	00:41:23	123	Clube Desportivo TCPI	Senior	38
123	12219	Sérgio Trindade	00:20:23	00:41:31	00:41:28	127		V50	9
124	1974	Nuno Pacheco	00:20:26	00:41:34	00:41:27	126	Tranquilidade	V40	27
125	189	Diogo Cavaco	00:20:54	00:41:34	00:41:17	117		Senior	39
126	2264	Mauro Machado	00:20:14	00:41:39	00:41:32	129		Senior	40
127	2341	Bruno Ramos	00:20:45	00:41:42	00:41:05	112		V35	27
128	12154	Rui Lacerda	00:20:26	00:41:42	00:41:39	133	Garmin Clube Olimpico De Oeiras	V50	10
129	989	David Gonçalves	00:20:13	00:41:51	00:41:46	134		Senior	41
130	759	Rui Oliveira	00:20:08	00:41:52	00:41:50	136		V35	28
131	1533	Emanuel Freitas	00:20:22	00:41:55	00:41:49	135		V50	11
132	1887	Reinaldo Rodrigues	00:20:54	00:41:56	00:41:37	131	Volkswagen Autoeuropa	V40	28
133	1171	Juan Espino	00:21:10	00:42:02	00:41:29	128		V35	29
134	63	Cláudio Canavilhas	00:20:25	00:42:04	00:42:00	143		Senior	42
135	527	Carlos Marques	00:20:43	00:42:04	00:41:54	139		V45	16
136	1443	Vitor Pereira	00:21:08	00:42:04	00:41:37	130		Senior	43
137	1384	Carlos Fortunato	00:20:46	00:42:06	00:41:57	140		V50	12
138	2365	Humberto Luz	00:20:12	00:42:07	00:41:59	141		V40	29
139	2458	Manuel Correia	00:20:43	00:42:08	00:42:05	145		V50	13
140	459	João Prehaz	00:20:42	00:42:10	00:42:06	146		V35	30

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

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<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo Intermédio</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
141	1153	Diogo Pereira	00:20:22	00:42:12	00:42:10	149		V40	30
142	1476	Gonçalo Ferreira	00:20:35	00:42:17	00:42:14	153	GDINE	V40	31
143	2711	António Santos	00:20:26	00:42:17	00:42:07	147		Senior	44
144	2229	Paulo Garcia	00:20:44	00:42:17	00:41:59	142		V35	31
145	1370	Vasco Paulo	00:21:26	00:42:18	00:41:38	132		Senior	45
146	1627	Alexandre Lucas	00:20:34	00:42:19	00:42:04	144		Senior	46
147	448	Paulo Fonseca	00:20:07	00:42:21	00:42:18	156	Volkswagen Autoeuropa	V45	17
148	204	Joao Queiroz	00:21:19	00:42:23	00:41:51	137		V35	32
149	1675	Vitor Santos	00:20:39	00:42:24	00:42:12	151	Carapaus de Corrida	V40	32
150	1899	João Simões	00:21:08	00:42:25	00:42:09	148		Senior	47
151	161	Carlos Loures	00:20:41	00:42:27	00:42:20	159	LUSO-ATLÂNTICA SA	Senior	48
152	347	Luís Pisco	00:20:41	00:42:28	00:42:16	154		Senior	49
153	1611	Carlos Conceicao	00:21:06	00:42:28	00:42:23	160		Senior	50
154	2676	Francisco Macedo	00:21:25	00:42:29	00:42:12	150		Senior	51
155	2198	Paulo Costa	00:20:17	00:42:29	00:42:25	164		V35	33
156	328	Paulo Sousa	00:20:40	00:42:31	00:42:19	158	Volkswagen Autoeuropa	V35	34
157	2710	Hugo Tomás	00:20:25	00:42:31	00:42:23	161		V35	35
158	2380	José Martins	00:20:37	00:42:33	00:42:19	157	GFD Running	V45	18
159	1978	Pedro Rodrigues	00:21:17	00:42:33	00:42:28	169	Garage Team	V40	33
160	451	Paulo Lourenço	00:22:10	00:42:34	00:40:53	108		V35	36

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
161	2432	Jaime Costa	00:20:33	00:42:34	00:42:24	163		V40	34
162	1373	Pedro Guarita	00:20:33	00:42:35	00:42:28	168		V40	35
163	59	Sergio Figueiras	00:20:01	00:42:35	00:42:28	167		V35	37
164	2799	Pedro Barata	00:20:53	00:42:35	00:42:24	162	Clube ANA Lisboa	Senior	52
165	990	Carlos Portela	00:21:06	00:42:36	00:42:30	173		V40	36
166	1445	Nuno Prata	00:21:13	00:42:37	00:42:29	170		V40	37
167	2527	Rui Carvalho	00:20:14	00:42:38	00:42:26	165		Senior	53
168	12247	Mario Santos	00:21:33	00:42:39	00:41:52	138		Senior	54
169	306	Paulo Torres	00:20:25	00:42:39	00:42:30	172		V40	38
170	2709	Nuno Alcobia	00:21:06	00:42:39	00:42:13	152		V35	38
171	874	Ricardo Silva	00:20:22	00:42:41	00:42:39	177		Junior	2
172	1100	Marco Pinto	00:20:09	00:42:42	00:42:40	180	H2Ovita	Senior	55
173	2129	Pedro Camacho	00:20:44	00:42:42	00:42:40	182		V40	39
174	2385	Vitor Sousa	00:21:21	00:42:45	00:42:17	155	GFD Running	V40	40
175	1240	Luís Valinho	00:20:33	00:42:46	00:42:37	176		Senior	56
176	2727	Manuel Freire	00:20:37	00:42:48	00:42:45	189		V45	19
177	529	Paulo Galhardo	00:20:46	00:42:48	00:42:40	179		V45	20
178	35	Armando Dias	00:21:14	00:42:49	00:42:41	183	MASSAMÁ RUN	V45	21
179	2730	Carlos Batista	00:20:05	00:42:51	00:42:47	190		Senior	57
180	1573	Jose Amaro	00:21:14	00:42:52	00:42:43	185		V35	39

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
181	2807	Valter Oliveira	00:20:18	00:42:52	00:42:50	194	GFD Running	V35	40
182	2586	Orlando Rebelo	00:20:49	00:42:54	00:42:51	195		V55	3
183	834	Joaquim Santos	00:21:03	00:42:56	00:42:30	171		V55	4
184	955	Pedro Vicente	00:21:16	00:42:58	00:42:47	191		V35	41
185	234	Telmo Velez	00:20:52	00:42:58	00:42:50	193		Senior	58
186	1522	Fúlvio Esteves	00:21:09	00:42:58	00:42:42	184		V35	42
187	2703	Paulo Patrício	00:20:41	00:42:58	00:42:51	197	Cercal Running Team	Senior	59
188	1058	António Pereira	00:20:48	00:42:59	00:42:57	202	CLUBE COLABORADORES AXA	V45	22
189	546	Pedro Cabrito	00:21:41	00:42:59	00:42:35	174	O MUNDO DA CORRIDA	V40	41
190	1751	Joel Silva	00:20:27	00:43:00	00:42:56	199		V40	42
191	229	Pedro Fernandes	00:21:10	00:43:01	00:42:51	196		Senior	60
192	12143	António Amieiro	00:22:00	00:43:01	00:42:57	201	Garmin Clube Olimpico De Oeiras	V45	23
193	2568	João Gonçalves	00:21:14	00:43:03	00:42:40	178		V35	43
194	104	Vitor Nogueira	00:21:10	00:43:05	00:42:40	181		V45	24
195	2243	Samuel Castela	00:21:10	00:43:06	00:42:44	187	Bichinhos sem Pernas	Senior	61
196	1808	João Cadete	00:22:09	00:43:06	00:42:27	166	VdAtletas	V45	25
197	2388	Manuel Bento	00:21:14	00:43:10	00:42:35	175	Sporting Clube de Casainhos	V35	44
198	1754	Pedro Machado	00:21:43	00:43:17	00:42:44	186		V40	43
199	1991	Antonio Braga	00:21:31	00:43:18	00:42:57	200	CLUBE MILLENNIUM BCP	V50	14
200	1169	Marco Vieira	00:20:30	00:43:18	00:43:10	208	Tá-len-tos	V35	45

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
201	1635	Antonio Almeida	00:21:38	00:43:20	00:43:11	210	NUCLEO DESPORTIVO AUTOCOOPE	V50	15
202	1380	Rui Dias	00:21:04	00:43:21	00:43:19	218		Senior	62
203	2374	Alexandre Costa	00:20:33	00:43:22	00:43:17	215	GFD Running	V40	44
204	861	José Pena	00:20:48	00:43:23	00:43:20	221	Keep Running	V45	26
205	1141	Pedro Duarte	00:21:21	00:43:23	00:42:55	198	GALHETEIROS TEAM	Senior	63
206	893	Augusto Ferreira	00:21:19	00:43:25	00:43:12	211	Correr para Viver +	V40	45
207	683	Carlos Ferreira	00:21:30	00:43:25	00:43:15	212		V55	5
208	2857	Antonio Pucariço	00:21:48	00:43:27	00:43:08	207	CCD PM CASCAIS	V50	16
209	12192	José Moreira	00:20:55	00:43:29	00:43:19	219		V35	46
210	364	Jorge Leão	00:22:10	00:43:32	00:43:00	204		V50	17
211	1692	Pedro Lima	00:21:34	00:43:32	00:43:23	225		V45	27
212	117	Pedro Soares	00:20:55	00:43:33	00:43:22	222		V35	47
213	61	Goncalo Brito	00:20:41	00:43:35	00:43:19	217		Senior	64
214	638	Rui Candeias	00:20:57	00:43:35	00:42:59	203		Senior	65
215	28	José Nunes	00:20:38	00:43:38	00:43:31	232		V45	28
216	2828	Marco Silva	00:21:47	00:43:39	00:43:16	214		Senior	66
217	2708	Patricia Rivotti	00:21:43	00:43:39	00:43:26	228		V35	1
218	1057	Carlos Grego	00:21:23	00:43:42	00:43:37	237	Cascais Pandilha redux	V40	46
219	1274	Hugo Carago	00:20:55	00:43:43	00:43:31	233	CLUBE GRUPO BES	V40	47
220	1484	Bart Schoenmakers	00:22:01	00:43:45	00:43:31	234		V45	29

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
221	1105	Rui Lóio	00:21:12	00:43:46	00:43:33	236	Volkswagen Autoeuropa	V45	30
222	607	Jorge Martinho	00:20:56	00:43:47	00:43:23	223	Os Galgos	V40	48
223	1253	Bruno Campos	00:21:42	00:43:47	00:43:27	230	Volkswagen Autoeuropa	Senior	67
224	2595	Filipe Ventura	00:22:13	00:43:48	00:43:10	209	SAFIRA	Senior	68
225	2130	Tiago Camacho	00:22:06	00:43:48	00:43:20	220		V35	48
226	865	Sérgio Martins	00:20:38	00:43:48	00:43:40	240		Senior	69
227	615	Eurico Nicho	00:21:20	00:43:51	00:43:26	229	Os Galgos	V50	18
228	1785	Rui Pereira	00:21:25	00:43:52	00:43:40	239		V55	6
229	640	José Ferreira	00:21:17	00:43:53	00:43:44	244		V45	31
230	688	Feliciano Carvalho	00:21:56	00:43:55	00:43:38	238	Volkswagen Autoeuropa	V45	32
231	12087	Pedro Luzio	00:22:09	00:43:56	00:43:02	205	SS CGD	V35	49
232	12025	Nuno Antunes	00:22:16	00:43:56	00:43:23	224		V35	50
233	2248	Carlos Martins	00:21:48	00:43:57	00:43:33	235	Volkswagen Autoeuropa	Senior	70
234	2276	Emanuele Teodori	00:22:03	00:43:57	00:43:18	216		Senior	71
235	2422	Eurico Conduto	00:22:08	00:43:57	00:43:16	213		Senior	72
236	1300	Pedro Vitor	00:22:19	00:43:59	00:43:29	231	CLUBE GRUPO BES	V40	49
237	89	Mário Sanches	00:21:54	00:43:59	00:43:26	227		V35	51
238	12201	João Silva	00:21:53	00:44:00	00:43:49	247		V50	19
239	223	Samuel Guedes	00:22:05	00:44:08	00:43:43	242		Senior	73
240	2566	David Azenha	00:21:41	00:44:10	00:44:03	253		Senior	74

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
241	705	Paulo Nogueira	00:20:59	00:44:13	00:44:04	254	"OS LUCENAS"	V35	52
242	2754	Francisco Fonseca	00:22:10	00:44:13	00:43:25	226		V50	20
243	141	João Fernandes	00:21:55	00:44:14	00:43:54	249		Senior	75
244	241	João Cabeças	00:22:04	00:44:18	00:43:42	241		V40	50
245	255	Rui Caeiro	00:21:48	00:44:20	00:44:08	256		V45	33
246	2000	Paulo Pais	00:21:23	00:44:21	00:44:14	260	CLUBE MILLENNIUM BCP	V45	34
247	768	Vital Vilarinho	00:22:37	00:44:23	00:43:43	243		Senior	76
248	667	Alexandre Costa	00:22:27	00:44:23	00:43:46	245	clube vodafone	V35	53
249	1041	António Casaca	00:23:32	00:44:23	00:43:48	246		V50	21
250	1890	Nuno Lopes	00:21:07	00:44:28	00:44:19	265		V40	51
251	1791	António Almeida	00:21:32	00:44:29	00:44:20	266		V35	54
252	2162	João Ribau	00:21:43	00:44:31	00:44:21	267		Senior	77
253	1119	Nuno Lima	00:22:08	00:44:33	00:43:55	250		Senior	78
254	1032	Hugo Sequeira	00:22:17	00:44:34	00:44:07	255	H2Ovita	Senior	79
255	2030	Paulo Sousa	00:23:14	00:44:34	00:42:48	192	CLUBE MILLENNIUM BCP	V50	22
256	1895	João Faria	00:23:11	00:44:34	00:43:06	206		Senior	80
257	2693	Adriano Neves	00:21:39	00:44:37	00:44:32	284		V45	35
258	859	Tiago Ameixinha	00:22:00	00:44:38	00:44:14	259		Senior	81
259	1962	Jose Barroco	00:22:11	00:44:38	00:44:24	273	CCDEL - EFACEC	V55	7
260	1475	Francisco Caldeira	00:22:14	00:44:38	00:44:25	277	GDINE	V40	52

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo Intermédio</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
261	2035	Fernando Sousa	00:21:38	00:44:39	00:44:34	287	CLUBE MILLENNIUM BCP	V45	36
262	2043	Vitor Marques	00:21:38	00:44:39	00:44:34	289	CLUBE MILLENNIUM BCP	V40	53
263	80	Vasco Ascensão	00:21:25	00:44:39	00:44:32	283		V40	54
264	939	Daniel Pinto	00:21:40	00:44:40	00:44:33	286	Amigos Vale Silencio	Senior	82
265	1575	Jorge Sobrinho	00:21:29	00:44:41	00:44:30	282		V40	55
266	197	João Paulino	00:21:15	00:44:41	00:44:28	280	Volkswagen Autoeuropa	V50	23
267	1588	Paulo Carôco	00:21:58	00:44:41	00:44:15	261		Senior	83
268	12249	Daniel Junior	00:21:58	00:44:41	00:43:50	248		Senior	84
269	896	Luís Verdades	00:21:41	00:44:42	00:44:36	291		Senior	85
270	12215	Luis Pereira	00:21:46	00:44:45	00:44:44	299		V50	24
271	1226	Marcal Pacheco	00:22:27	00:44:45	00:44:22	269		V35	55
272	470	Carlos Caetano	00:21:36	00:44:49	00:44:45	300		V40	56
273	1039	Paulo Reis	00:22:17	00:44:49	00:44:21	268	H2Ovita	Senior	86
274	410	Carlos Correia	00:22:41	00:44:50	00:44:41	297		Senior	87
275	1494	Tiago Machado	00:22:23	00:44:50	00:44:10	258		Senior	88
276	2513	Hugo Ribeiro	00:23:38	00:44:51	00:42:44	188		Senior	89
277	56	Alexandre Bento	00:22:17	00:44:52	00:44:38	293		V40	57
278	767	Paulo Monteiro	00:22:32	00:44:53	00:44:34	288		Senior	90
279	1946	Pedro Barreirão	00:22:04	00:44:53	00:44:37	292		Senior	91
280	210	Vitor Venda	00:22:47	00:44:54	00:44:24	274		V40	58

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
281	669	Jose Henriques	00:22:04	00:44:54	00:44:32	285		V40	59
282	2599	Luis Rosa	00:22:06	00:44:55	00:44:25	276		Senior	92
283	1135	Hugo Casaca	00:21:50	00:44:55	00:44:34	290		V35	56
284	2738	Miguel Querido	00:20:48	00:44:55	00:44:49	303		Senior	93
285	1961	Manuel Fidalgo	00:22:08	00:44:55	00:44:41	296	CCDEL - EFACEC	V60	2
286	12299	Alexandre Silva	00:21:38	00:44:56	00:44:51	310		V35	57
287	73	Carlos Esteves	00:22:27	00:44:56	00:44:18	263	clube vodafone	V45	37
288	22	Mário Bastardo	00:22:51	00:44:56	00:44:23	270		V35	58
289	32	Diogo Carvalho	00:21:31	00:44:56	00:44:50	309		V40	60
290	498	Helder Borges	00:22:02	00:44:56	00:44:19	264		V35	59
291	1246	João Vaz	00:22:51	00:44:57	00:44:24	272		V45	38
292	167	David Resina	00:22:50	00:44:57	00:44:29	281		V50	25
293	1876	Joaquim Santos	00:22:51	00:44:58	00:44:56	318		V60	3
294	2648	Roberto Barros	00:21:41	00:44:58	00:44:45	301		Senior	94
295	12151	Paula Lemos	00:22:08	00:44:59	00:44:56	319	Garmin Clube Olimpico De Oeiras	V45	1
296	329	Mária Santos	00:22:31	00:45:00	00:44:42	298		Senior	5
297	23	Liberto Santos	00:22:00	00:45:01	00:44:54	314		V45	39
298	1076	Bruno Martins	00:22:20	00:45:01	00:44:49	304		V35	60
299	2712	Sergio Ramos	00:23:11	00:45:04	00:44:23	271		V35	61
300	12015	André Medeiros	00:22:01	00:45:05	00:44:39	294	Tranquilidade	Senior	95

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
301	1716	Paulo Patrício	00:22:04	00:45:06	00:44:49	306		V40	61
302	2068	Nuno Pereira	00:21:58	00:45:07	00:45:01	328	Artchiado	Senior	96
303	2378	Fernando Gomes	00:22:03	00:45:08	00:45:03	330	GFD Running	V35	62
304	1670	Nuno Carvalho	00:22:22	00:45:10	00:44:53	312	Keep Running	Senior	97
305	2039	Luis Goncalves	00:22:26	00:45:10	00:44:54	313	CLUBE MILLENNIUM BCP	V35	63
306	2317	Hélder Reis	00:21:58	00:45:11	00:44:56	317		Senior	98
307	12204	Hélio Correia	00:22:46	00:45:11	00:44:25	275		Senior	99
308	1280	José Lopes	00:23:17	00:45:12	00:44:10	257	CLUBE GRUPO BES	V40	62
309	120	Ricardo Martins	00:22:05	00:45:12	00:45:06	333		V40	63
310	2263	António Trigueiro	00:23:17	00:45:12	00:44:15	262	Falcões Selvagens	V40	64
311	146	Fernando Rosete	00:22:25	00:45:14	00:44:39	295		V40	65
312	626	Gabriel Henriques	00:22:56	00:45:21	00:44:59	325		Senior	100
313	797	Fernando Capitão	00:21:57	00:45:23	00:45:00	327		V40	66
314	1143	Tiago Boletto	00:22:29	00:45:23	00:44:55	316	GALHETEIROS TEAM	Senior	101
315	2714	Rui Esteves	00:22:07	00:45:24	00:45:08	335		V40	67
316	2376	Artur Correia	00:22:53	00:45:24	00:44:55	315	GFD Running	V40	68
317	1826	João Antunes	00:22:47	00:45:27	00:44:56	320		Senior	102
318	100	Filipa Curralo	00:23:26	00:45:27	00:44:51	311		V35	2
319	660	João Monteiro	00:22:59	00:45:27	00:44:26	278		V35	64
320	1049	Manuel Silva	00:22:23	00:45:28	00:45:08	334	Volkswagen Autoeuropa	V35	65

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
321	281	Nuno Carvalho	00:22:09	00:45:29	00:44:58	324		Senior	103
322	2032	Pedro Canas	00:22:48	00:45:32	00:45:16	340	CLUBE MILLENNIUM BCP	V40	69
323	949	Mário Rodrigues	00:23:08	00:45:33	00:44:50	308		Senior	104
324	544	Pedro Viegas	00:22:21	00:45:34	00:45:04	332		Senior	105
325	2748	Selene Lima	00:22:49	00:45:35	00:45:14	339	Núcleo Bicross de Setúbal	Senior	6
326	2460	Paulo Ramos	00:22:37	00:45:36	00:45:20	348		V40	70
327	2339	Isidro Duarte	00:22:30	00:45:36	00:44:57	322	Tartarugas Imparáveis	V45	40
328	126	Paulo Pereira	00:22:31	00:45:36	00:45:16	341	Volkswagen Autoeuropa	V45	41
329	1582	Pedro Rio	00:22:51	00:45:37	00:45:10	337	Clube Robbialac	Senior	106
330	12156	Susana Almeida	00:22:30	00:45:37	00:45:35	367	Garmin Clube Olimpico De Oeiras	V40	2
331	2682	Mário Simões	00:22:36	00:45:37	00:44:48	302		V40	71
332	2086	Rui Azevedo	00:22:31	00:45:37	00:45:32	362	clube vodafone	V40	72
333	2658	Adolfo Ameixa	00:22:57	00:45:39	00:45:19	347		V40	73
334	12061	João Barbosa	00:23:30	00:45:41	00:44:26	279	GFD Running	V40	74
335	2524	Alberto Santos	00:22:27	00:45:43	00:45:20	349		V35	66
336	172	Bruno Roxo	00:23:21	00:45:43	00:45:18	344		V35	67
337	979	José Maruta	00:22:51	00:45:44	00:45:25	356	Volkswagen Autoeuropa	V50	26
338	1787	Helder Tavares	00:22:42	00:45:45	00:45:23	350		V35	68
339	2360	Daniel Brito	00:23:28	00:45:46	00:45:09	336		Senior	107
340	114	Magda Lourenço	00:22:01	00:45:47	00:45:38	372		V40	3

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
341	12270	António Estrela	00:23:12	00:45:48	00:45:16	342	Garmin Clube Olimpico De Oeiras	V45	42
342	1046	Antonio Nogueira	00:22:15	00:45:48	00:45:34	365		V40	75
343	999	Diogo Cunha	00:23:40	00:45:49	00:45:25	355	Serrar100parar	Senior	108
344	12126	David Fernandes	00:22:11	00:45:49	00:45:03	331	VdAtletas	Senior	109
345	190	Marcos Ramalheira	00:23:18	00:45:49	00:45:38	373		Senior	110
346	2300	Gabriel Mateus	00:23:18	00:45:49	00:45:38	374		V35	69
347	793	Ricardo Ferreira	00:24:14	00:45:50	00:43:57	251	Garcia Runners	V35	70
348	674	Pedro Mendonça	00:22:32	00:45:50	00:45:32	361		V35	71
349	1551	Pedro Pinho	00:22:21	00:45:51	00:45:32	363		Senior	111
350	1910	Luis Soares	00:23:00	00:45:51	00:45:40	377		V45	43
351	1418	Pedro Chaves	00:23:33	00:45:51	00:45:24	353	Microsoft ONE	V50	27
352	2630	Luís Godinho	00:22:18	00:45:51	00:45:37	371		V35	72
353	1725	Toze Carneiro	00:23:00	00:45:51	00:45:41	380	Clube OGMA	V45	44
354	2539	Pedro Vieira	00:23:15	00:45:51	00:45:23	351	GFD Running	V40	76
355	1375	Rui Ribeiro	00:22:33	00:45:53	00:45:18	343	Clube VII	V35	73
356	251	João Mendes	00:22:55	00:45:55	00:45:30	359		V40	77
357	2147	António Marques	00:22:23	00:45:56	00:45:34	366	Volkswagen Autoeuropa	V45	45
358	1322	Jorge Pereira	00:23:14	00:45:57	00:45:41	378	CLUBE GRUPO BES	V55	8
359	2666	Manuel Bento	00:22:37	00:45:57	00:45:24	352		V35	74
360	1644	Paulo Almeida	00:21:09	00:45:59	00:45:53	394		V35	75

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	1801	Pedro Santa-Clara	00:22:20	00:45:59	00:45:42	384	VdAtletas	V45	46
362	1460	Ricardo Louro	00:23:18	00:46:02	00:45:18	346		V35	76
363	1684	João Silveira	00:23:22	00:46:02	00:45:25	354		V45	47
364	47	José Morgado	00:22:24	00:46:05	00:45:36	370		V45	48
365	1456	Rui Pereira	00:22:57	00:46:06	00:45:56	397		V35	77
366	1144	Pedro Luis	00:22:35	00:46:06	00:45:43	386	Volkswagen Autoeuropa	Senior	112
367	2100	Pedro Macedo	00:22:05	00:46:06	00:45:56	396		Senior	113
368	2598	Bruno Pinto	00:21:13	00:46:07	00:45:59	400		V35	78
369	105	Ricardo Filipe	00:23:42	00:46:07	00:45:41	379		Senior	114
370	2194	Hugo Falcão	00:24:42	00:46:08	00:44:57	321		Senior	115
371	2532	Jaime Nunes	00:20:23	00:46:08	00:46:06	411		V40	78
372	2115	Tomás Martins	00:24:41	00:46:09	00:44:58	323		Senior	116
373	1359	Pedro Freitas	00:23:09	00:46:09	00:45:34	364		V35	79
374	1803	Miguel Cartó	00:22:40	00:46:09	00:46:01	405	VdAtletas	Senior	117
375	1757	Jose Vilhena	00:22:48	00:46:09	00:45:35	368		V45	49
376	217	Luis Matos	00:23:16	00:46:10	00:45:32	360		V45	50
377	2379	Rodrigo Serra	00:23:10	00:46:10	00:45:42	381	GFD Running	V35	80
378	976	Luís Pires	00:23:10	00:46:10	00:45:42	382	GFD Running	V45	51
379	2528	José Augusto	00:24:00	00:46:11	00:44:03	252		Senior	118
380	1881	Rui Santos	00:22:44	00:46:11	00:46:01	402		Senior	119

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
381	2212	Sérgio Balixa	00:22:44	00:46:14	00:46:01	404		V35	81
382	1699	Célia Cecilio	00:22:37	00:46:14	00:46:09	413	NAPA - Núcleo de Amigos Perna Assada	V40	4
383	2853	Luis Rico	00:22:05	00:46:15	00:45:30	358	Tranquilidade	V35	82
384	12062	Jorge Correia	00:23:03	00:46:15	00:45:48	387	GFD Running	V40	79
385	1038	Pedro Cotrim	00:22:37	00:46:17	00:45:49	388	H2Ovita	Senior	120
386	508	Pedro Freitas	00:21:47	00:46:17	00:46:05	410	Volkswagen Autoeuropa	V45	52
387	12016	Eduardo Cabrita	00:22:55	00:46:18	00:45:51	393	Tranquilidade	V40	80
388	170	Miguel Soares	00:23:43	00:46:20	00:45:26	357		Senior	121
389	2362	Ricardo Pita	00:21:24	00:46:20	00:46:16	424		Senior	122
390	2640	Bruno Fataca	00:22:56	00:46:21	00:45:49	389		Senior	123
391	2558	Anibal Lopes	00:23:20	00:46:21	00:45:50	390		V45	53
392	266	Rui Morais	00:22:47	00:46:23	00:45:43	385		V35	83
393	645	Henrique Espingardeiro	00:23:34	00:46:26	00:45:58	399		V35	84
394	2399	António Martins	00:22:59	00:46:27	00:45:56	398		V45	54
395	2652	Oscar Simões	00:23:05	00:46:27	00:46:14	421		V40	81
396	1980	David Infante	00:23:57	00:46:27	00:46:21	432	Garage Team	Senior	124
397	800	José Cristóvão	00:22:23	00:46:28	00:46:16	423		V35	85
398	12256	Hugo Gomes	00:23:50	00:46:30	00:44:49	305		Senior	125
399	2152	Andre Cid	00:23:18	00:46:31	00:45:36	369		V40	82
400	2333	Daniel Correia	00:20:48	00:46:32	00:46:19	426		Senior	126

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	1597	José João	00:23:15	00:46:34	00:46:09	415	Os Galgos	V50	28
402	1284	Luís Lino	00:23:10	00:46:34	00:46:18	425	CLUBE GRUPO BES	V40	83
403	2716	Milton Fernandes	00:23:06	00:46:34	00:46:09	412		Senior	127
404	1281	Julio Ferreira	00:23:14	00:46:34	00:46:20	428	CLUBE GRUPO BES	V55	9
405	1292	Paula Jacob	00:22:54	00:46:35	00:46:30	444	CLUBE GRUPO BES	V35	3
406	808	Ricardo Martins	00:24:44	00:46:35	00:46:05	409		V40	84
407	954	Nuno Silva	00:22:44	00:46:36	00:46:12	417		V40	85
408	194	Carlos Telhal	00:23:13	00:46:36	00:46:16	422	Volkswagen Autoeuropa	V45	55
409	505	Sérgio Lopes	00:23:04	00:46:36	00:46:04	408		V40	86
410	507	Nelson Carneiro	00:23:06	00:46:37	00:46:27	442		V50	29
411	12164	José Jesus	00:24:43	00:46:38	00:45:12	338		V45	56
412	569	Carlos Candeias	00:23:44	00:46:39	00:46:01	403	Açoreana Clube Banif	V45	57
413	676	Antonio Silva	00:22:44	00:46:40	00:46:32	446		V55	10
414	272	Vitor Lemos	00:23:19	00:46:40	00:46:25	440		Senior	128
415	2591	João Teixeira	00:22:08	00:46:41	00:45:53	395		Senior	129
416	327	Fausto Pereira	00:22:35	00:46:42	00:46:24	437		Senior	130
417	539	Dinis Araujo	00:23:24	00:46:43	00:46:14	419	MAC	Junior	3
418	162	Antonio Anaia	00:23:04	00:46:43	00:46:10	416		V40	87
419	750	Helder Rebelo	00:24:11	00:46:43	00:45:40	375	NDCB	V45	58
420	2307	Diogo Magalhaes	00:22:49	00:46:44	00:46:38	456		V35	86

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
421	287	Pedro Moleirinho	00:23:29	00:46:44	00:46:21	433		V40	88
422	1416	Diogo Inácio	00:23:41	00:46:45	00:46:03	406	E.C.	Senior	131
423	1074	Miguel Coelho	00:22:11	00:46:47	00:46:37	455	Sunset Runners	V35	87
424	2226	Pedro Antunes	00:24:57	00:46:47	00:44:50	307		Senior	132
425	1937	Luís Passos	00:22:19	00:46:47	00:46:20	427	Tranquilidade	V35	88
426	1931	João Marques	00:22:19	00:46:48	00:46:21	431	Tranquilidade	V40	89
427	2507	Ricardo Silva	00:23:15	00:46:49	00:46:01	401		Senior	133
428	2319	Carlos Velo	00:22:36	00:46:51	00:46:35	450		V45	59
429	2441	Rui Melo	00:22:26	00:46:52	00:46:33	448	CCD Crédito Agrícola Mútuo	V40	90
430	1863	José Lopes	00:23:33	00:46:52	00:46:24	438		V45	60
431	511	Fernando Vicente	00:22:03	00:46:53	00:46:46	461		V50	30
432	149	Ivone Ferreira	00:23:17	00:46:54	00:46:53	466		V40	5
433	12224	José Robalo	00:23:35	00:46:54	00:46:37	453		V55	11
434	1361	Sérgio Sales	00:24:52	00:46:55	00:45:18	345		Senior	134
435	12090	Fernando Silva	00:23:12	00:46:55	00:46:41	459		V55	12
436	124	Eduardo Branco	00:22:44	00:46:55	00:46:49	464		V50	31
437	12196	Paulo Ramalho	00:23:30	00:46:56	00:46:37	454		V40	91
438	1113	Pedro Costa	00:23:28	00:46:56	00:45:42	383	da Costa	Senior	135
439	1044	Didier Collignon	00:23:32	00:46:57	00:46:09	414		V45	61
440	178	Paulo Reis	00:23:21	00:46:58	00:46:23	436		V40	92

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
441	368	Joao Lopes	00:23:37	00:46:59	00:46:23	435		Senior	136
442	1216	Rui Araújo	00:23:12	00:46:59	00:46:27	441		V35	89
443	576	Paulo Ventura	00:25:18	00:47:02	00:45:00	326	Açoreana Clube Banif	V40	93
444	236	Mário Carvalho	00:23:28	00:47:07	00:46:56	470		V55	13
445	1277	João Simões	00:23:34	00:47:09	00:46:41	458	CLUBE GRUPO BES	V40	94
446	1755	António Castilho	00:23:26	00:47:09	00:46:35	451		V40	95
447	1232	Tito Henriques	00:21:47	00:47:10	00:47:02	481	Clube PT Lisboa	V40	96
448	1242	Mário Baião	00:23:01	00:47:10	00:46:49	463		V40	97
449	1199	Eduardo Carvalho	00:21:47	00:47:11	00:47:02	479	Clube PT Lisboa	Senior	137
450	2138	João Salmim	00:24:06	00:47:13	00:45:50	391	Atomic Team	Senior	138
451	1197	Filipe Duque	00:23:09	00:47:15	00:46:55	468		Senior	139
452	283	Nuno Silva	00:23:13	00:47:16	00:47:01	477		V35	90
453	1247	Rui Mestre	00:25:02	00:47:17	00:45:02	329		Senior	140
454	2213	José Vesteas	00:23:13	00:47:18	00:46:54	467	Volkswagen Autoeuropa	V40	98
455	2102	Paulo Alves	00:23:28	00:47:20	00:46:46	460		Senior	141
456	180	Paulo Garcia	00:23:22	00:47:20	00:46:52	465	Pernas de Gafanhoto	V40	99
457	553	Jose Godinho	00:23:04	00:47:21	00:47:14	497		V50	32
458	2306	João Victor	00:22:51	00:47:22	00:47:08	489		V55	14
459	2701	David Rodrigues	00:22:38	00:47:23	00:47:15	499	Cercal Running Team	Senior	142
460	2234	Pedro Ruas	00:23:03	00:47:24	00:47:18	507		Senior	143

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	1561	Rafael Franco	00:24:24	00:47:25	00:46:28	443		Senior	144
462	2037	Filipa Vilar	00:22:34	00:47:28	00:47:21	512	CLUBE MILLENNIUM BCP	Senior	7
463	271	António Reis	00:23:44	00:47:28	00:47:11	495		V35	91
464	2280	José Bastos	00:22:25	00:47:28	00:47:20	511		Junior	4
465	1124	Vítor Lopes	00:23:47	00:47:29	00:47:12	496		V45	62
466	2496	Miguel Judas	00:23:39	00:47:29	00:47:02	480		V40	100
467	12024	João Malato	00:23:22	00:47:30	00:47:23	517		V40	101
468	2646	André Ferreira	00:21:57	00:47:30	00:47:25	520		Senior	145
469	2674	Rui Miguel	00:24:20	00:47:31	00:45:40	376		V35	92
470	913	Pedro Santos	00:23:25	00:47:32	00:47:04	482		Senior	146
471	2189	Carlos Lopes	00:24:34	00:47:34	00:46:03	407		Senior	147
472	2737	Francisco Madeira	00:23:19	00:47:35	00:47:09	492		V50	33
473	182	Ana Ferreira	00:23:35	00:47:36	00:47:15	500	Bed Cow Ninjas	Senior	8
474	2425	Carlos Ferreira	00:23:43	00:47:36	00:47:23	518		V50	34
475	132	Tiago Batista	00:23:55	00:47:36	00:47:17	504		Senior	148
476	1968	Sérgio Saltão	00:23:56	00:47:37	00:47:06	486		Senior	149
477	2728	Pedro Soares	00:24:18	00:47:37	00:47:26	521		V35	93
478	2095	João Gonçalves	00:23:19	00:47:38	00:47:17	505		Senior	150
479	151	Roberto Gonçalves	00:23:08	00:47:38	00:47:30	527		V35	94
480	98	Tiago Ferrito	00:24:42	00:47:38	00:47:08	490		Senior	151

BES RIN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
481	406	Bruno Matos	00:22:56	00:47:38	00:47:14	498		V35	95
482	99	Fernando Ferrito	00:24:42	00:47:39	00:47:07	488		V55	15
483	12161	Jorge Melo	00:23:44	00:47:39	00:47:02	478		V50	35
484	1919	Marco Ferreira	00:22:51	00:47:39	00:46:57	471		Senior	152
485	2167	Nuno Luis	00:24:20	00:47:39	00:46:58	475		V35	96
486	471	Daniel Rosa	00:23:15	00:47:39	00:47:10	494		Senior	153
487	2019	Vitor Almeida	00:23:26	00:47:39	00:47:05	484	CLUBE MILLENNIUM BCP	V50	36
488	286	Rui Lourenço	00:22:52	00:47:40	00:47:32	529		V45	63
489	2242	Ana Castela	00:23:20	00:47:41	00:47:20	510	Bichinhos sem Pernas	Senior	9
490	2261	Paulo Almeida	00:25:13	00:47:42	00:46:21	429		V45	64
491	383	Rui Vieira	00:22:38	00:47:43	00:47:35	533		V40	102
492	1111	Nuno Catarro	00:23:25	00:47:43	00:47:16	501		V35	97
493	846	Joao Martins	00:23:26	00:47:44	00:47:17	503		Senior	154
494	1640	Eduardo Luis	00:24:35	00:47:44	00:46:25	439	Atomic Team	V35	98
495	1989	João Lopes	00:24:26	00:47:45	00:47:07	487		Senior	155
496	1834	Filipe Marques	00:23:52	00:47:46	00:47:05	483		Senior	156
497	2272	Hugo Dourado	00:24:05	00:47:46	00:47:21	513	HNNP	Senior	157
498	425	Paulo Flor	00:23:31	00:47:47	00:47:33	530		V35	99
499	2136	Rodolfo Andrade	00:23:42	00:47:47	00:47:05	485		Senior	158
500	1777	Hélder Pontes	00:23:49	00:47:48	00:47:19	509		V35	100

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	1964	Américo Santos	00:24:58	00:47:49	00:46:31	445	CCDEL - EFACEC	V55	16
502	566	Aurélio Afonso	00:24:10	00:47:49	00:46:57	473	ADCRPJ	V35	101
503	567	João Costa	00:24:10	00:47:49	00:46:57	472	ADCRPJ	V40	103
504	2338	Rui Gonçalves	00:23:43	00:47:51	00:47:29	525		V35	102
505	2042	Virgílio Costa	00:23:13	00:47:52	00:47:45	546	CLUBE MILLENNIUM BCP	V40	104
506	12138	Inês Leal	00:24:29	00:47:53	00:46:21	430		V35	4
507	1301	Ricardo Canas	00:24:04	00:47:53	00:47:33	531	CLUBE GRUPO BES	V40	105
508	1233	Luís Moura	00:23:53	00:47:54	00:47:42	542	Clube PT Lisboa	V35	103
509	198	Bogdan Sandu	00:22:11	00:47:54	00:47:45	547		Senior	159
510	2732	Norberto Carpalhoso	00:22:20	00:47:54	00:47:19	508		Senior	160
511	1210	Jose Nunes	00:23:03	00:47:54	00:47:21	514	Keep Running	V45	65
512	1492	Pedro Bravo	00:23:48	00:47:54	00:47:36	534		Senior	161
513	2455	Pedro Barrela	00:24:08	00:47:56	00:47:22	515		V40	106
514	2178	Nuno Ribeiro	00:23:11	00:47:57	00:47:40	538		Senior	162
515	2792	Pedro Ramos	00:23:03	00:47:57	00:47:38	536	Clube ANA Lisboa	V45	66
516	1175	Pedro Silva	00:24:22	00:47:58	00:47:33	532		V35	104
517	898	Aníbal Silva	00:24:14	00:47:59	00:47:38	535	Volkswagen Autoeuropa	V45	67
518	409	Alexandre Mendonça	00:25:02	00:48:00	00:46:13	418		Senior	163
519	1589	Susana Carmo	00:25:02	00:48:00	00:46:14	420		Senior	10
520	2863	Luis Reis	00:23:41	00:48:03	00:47:44	544	CCD PM CASCAIS	V55	17

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
521	2051	Pedro Santos	00:23:50	00:48:03	00:46:23	434	CLUBE MILLENNIUM BCP	Senior	164
522	1783	Henrique Costa	00:23:10	00:48:03	00:47:52	561		V55	18
523	1681	Miguel Ribeiro	00:22:18	00:48:03	00:47:44	545	MRTeam	V40	107
524	308	Ricardo Onofre	00:23:35	00:48:05	00:47:41	539		V35	105
525	12050	Ricardo Marques	00:24:17	00:48:05	00:47:17	502	Dá-le!	Senior	165
526	2179	João Lourenço	00:23:26	00:48:06	00:47:50	555		V50	37
527	1157	Jorge Bento	00:24:56	00:48:06	00:45:51	392		V40	108
528	2556	Antonio Marques	00:23:55	00:48:07	00:47:48	553		V50	38
529	52	Mário Limede	00:23:07	00:48:07	00:47:27	522		Senior	166
530	355	Pedro Almeida	00:23:58	00:48:07	00:47:28	524		Senior	167
531	15	Marta Andrade	00:23:58	00:48:08	00:47:29	526		V35	5
532	993	Catarina Beato	00:23:58	00:48:08	00:47:28	523		V35	6
533	1229	David Silva	00:24:43	00:48:08	00:47:32	528		Senior	168
534	1714	Rui Monteiro	00:23:39	00:48:09	00:46:56	469	Clube Desportivo TCPI	Senior	169
535	2418	Carlos Peralta	00:23:12	00:48:09	00:47:48	552		V45	68
536	2225	Nuno Fidalgo	00:23:14	00:48:11	00:48:02	578		V35	106
537	346	Joao Ferreira	00:23:34	00:48:12	00:47:52	560		V45	69
538	2161	Ana Ferreira	00:23:42	00:48:12	00:48:01	575		Senior	11
539	1099	Nuno Sa	00:23:22	00:48:12	00:47:51	557		Senior	170
540	12258	David Clemente	00:24:27	00:48:13	00:46:32	447		Senior	171

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
541	1911	João Simões	00:24:14	00:48:13	00:47:51	558	Volkswagen Autoeuropa	V40	109
542	1990	Pedro Sa	00:24:48	00:48:13	00:46:47	462	CLUBE MILLENNIUM BCP	V40	110
543	2750	Ricardo Arouca	00:23:29	00:48:13	00:47:59	569		Senior	172
544	1273	Gonçalo Soares	00:23:28	00:48:14	00:48:01	576	CLUBE GRUPO BES	V40	111
545	2612	Frederico Madeira	00:23:23	00:48:15	00:47:44	543		V35	107
546	2114	Tiago Brito	00:24:44	00:48:15	00:47:42	541		Senior	173
547	1392	Bruno Ruas	00:22:58	00:48:17	00:47:58	568		V35	108
548	1934	José Carvalho	00:23:40	00:48:17	00:47:45	548	Tranquilidade	Senior	174
549	1608	Carlos Melo	00:23:44	00:48:17	00:48:00	570		V45	70
550	2749	João Amaro	00:24:57	00:48:20	00:47:00	476	Clube Desportivo TCPI	Senior	175
551	1577	Daniel Rodrigues	00:23:14	00:48:20	00:47:54	562	Clube Robbialac	Senior	176
552	2348	João Rodrigues	00:24:04	00:48:21	00:47:56	564		V45	71
553	1438	Filipe Almeida	00:24:04	00:48:22	00:47:46	549	Surf Runners	Senior	177
554	139	Pedro Paulino	00:23:20	00:48:23	00:48:05	582		V35	109
555	1886	Nuno Bajanca	00:24:02	00:48:23	00:48:01	577	Volkswagen Autoeuropa	V40	112
556	2358	João Reis	00:21:11	00:48:24	00:48:21	609	Volkswagen Autoeuropa	V40	113
557	1543	Ricardo Pita	00:23:51	00:48:24	00:48:00	571		Senior	178
558	192	Sérgio Ramos	00:23:02	00:48:25	00:48:14	596		V40	114
559	703	Luís Amado	00:24:07	00:48:26	00:47:50	556	"OS LUCENAS"	V45	72
560	2856	Alberto Abreu	00:23:12	00:48:26	00:48:11	590	CCD PM CASCAIS	V45	73

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
561	1685	João Graça	00:23:32	00:48:26	00:48:19	605		V45	74
562	902	Pedro Machado	00:24:11	00:48:27	00:48:14	598		V35	110
563	1761	Luis Monteiro	00:23:49	00:48:29	00:47:09	491		Senior	179
564	48	Luis Pereira	00:23:22	00:48:29	00:48:11	588		V45	75
565	203	João Silva	00:23:41	00:48:29	00:48:00	572		V40	115
566	1479	Miguel Bastos	00:24:10	00:48:31	00:48:21	608	GDINE	V45	76
567	1568	Vasco Belchior	00:26:41	00:48:32	00:46:35	449	PERNAS DE PAU	Senior	180
568	1294	Paulo Correia	00:24:05	00:48:32	00:48:14	597	CLUBE GRUPO BES	V40	116
569	1310	Silvio Paiva	00:24:03	00:48:32	00:48:17	601	CLUBE GRUPO BES	V60	4
570	2101	Fernando Fernandes	00:23:14	00:48:33	00:48:22	611		V60	5
571	811	João Conduto	00:23:04	00:48:34	00:48:17	604		Senior	181
572	1097	Jorge Mestre	00:22:40	00:48:34	00:48:09	586	Volkswagen Autoeuropa	V40	117
573	254	Filipe Santos	00:22:33	00:48:35	00:48:26	615		V40	118
574	2584	Cristiano Sousa	00:24:34	00:48:35	00:47:10	493	PRT	Senior	182
575	2499	João Neves	00:24:56	00:48:35	00:47:56	563	CCDEL - EFACEC	Senior	183
576	1037	Nuno Baixinho	00:23:42	00:48:36	00:48:10	587	H2Ovita	V35	111
577	1735	André Carinhas	00:22:18	00:48:36	00:48:34	624	Clube PT Lisboa	V35	112
578	1572	Ana Amaro	00:23:41	00:48:37	00:48:26	617		V35	7
579	2359	Nuno Dantas	00:23:48	00:48:37	00:48:02	579		V35	113
580	1958	Edgar Tavares	00:23:52	00:48:37	00:47:42	540	CSB_RF	Senior	184

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
581	681	Renato Franco	00:24:11	00:48:39	00:48:07	585		V35	114
582	2187	Rita Monteiro	00:25:14	00:48:39	00:46:36	452		Senior	12
583	1063	Gabriel Moreira	00:25:33	00:48:40	00:46:39	457		V55	19
584	613	André Coelho	00:22:44	00:48:40	00:48:16	599	Os Galgos	V40	119
585	1024	Paulo Pinto	00:23:48	00:48:41	00:48:07	584	Clube EDP - Lisboa	V35	115
586	1486	Jorge Costa	00:24:22	00:48:43	00:48:11	589		Senior	185
587	1093	Tiago Lucas	00:23:53	00:48:43	00:48:03	580		Senior	186
588	2447	Milton Rodrigues	00:23:50	00:48:46	00:48:12	593		Senior	187
589	1666	Pedro Pinto	00:24:11	00:48:47	00:48:41	635		V45	77
590	2171	Nuno Ribeiro	00:24:20	00:48:47	00:48:06	583		V40	120
591	1054	Marisa Costa	00:24:09	00:48:49	00:48:17	603		V35	8
592	12032	Joel Summerhayes	00:24:49	00:48:49	00:46:57	474		V45	78
593	1581	Pedro Ferreira	00:24:32	00:48:51	00:48:25	614	Clube Robbialac	V35	116
594	2023	Antonio Correia	00:24:26	00:48:52	00:48:16	600	CLUBE MILLENNIUM BCP	V55	20
595	543	João Dias	00:23:38	00:48:52	00:48:32	622		Senior	188
596	1888	Fernando Batalha	00:24:27	00:48:52	00:48:12	594		V45	79
597	2193	Rui Mata	00:24:16	00:48:53	00:48:17	602		V40	121
598	227	Pedro Valente	00:24:35	00:48:55	00:47:18	506		V35	117
599	2014	Carlos Ramos	00:24:57	00:48:56	00:47:24	519	CLUBE MILLENNIUM BCP	V45	80
600	2002	Carlos Dinis	00:24:13	00:48:56	00:48:29	619	CLUBE MILLENNIUM BCP	V45	81

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
601	652	Sérgio Nunes	00:23:22	00:48:56	00:48:39	629	FC Estrelas Lisboa	V35	118
602	562	Ricardo Carvalho	00:23:49	00:48:56	00:48:33	623		V35	119
603	951	Tiago Oliveira	00:23:34	00:48:59	00:48:34	625		Senior	189
604	2514	Paulo Simões	00:23:31	00:49:00	00:48:49	646	Falcões Selvagens	V45	82
605	1653	Helder Pereira	00:24:27	00:49:01	00:47:56	566	AnimaLescos	Senior	190
606	2557	Filipe Mayer	00:23:42	00:49:01	00:48:44	640		V35	120
607	756	Luis Varela	00:23:53	00:49:05	00:48:42	637		V40	122
608	12117	Zhang Long	00:24:21	00:49:05	00:47:48	554		Senior	191
609	431	Henrique Ruivo	00:23:52	00:49:06	00:48:45	641		V50	39
610	873	Paulo Silva	00:24:04	00:49:06	00:48:53	664		V45	83
611	1566	Helder Mendes	00:24:45	00:49:06	00:48:28	618		V35	121
612	2653	Joaquim Fernandes	00:24:37	00:49:07	00:48:35	626		V50	40
613	1208	Carlos Silva	00:24:11	00:49:08	00:48:52	660		V45	84
614	336	Carlos Teixeira	00:24:12	00:49:11	00:48:40	633		V50	41
615	2174	António Castro	00:24:34	00:49:12	00:48:52	658		V70	1
616	2232	Luis Amorim	00:24:10	00:49:12	00:48:45	642		V55	21
617	420	José Cordeiro	00:23:29	00:49:12	00:48:38	628		Senior	192
618	1176	Pedro Passarinho	00:23:49	00:49:13	00:48:52	661		Senior	193
619	33	Rui Lima	00:24:22	00:49:13	00:48:50	649		V35	122
620	1257	David Simão	00:24:04	00:49:14	00:48:20	607		V40	123

BES RIN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
621	1496	Pedro Pimenta	00:24:32	00:49:14	00:48:39	631		Senior	194
622	2104	Jorge Oliveira	00:24:17	00:49:16	00:48:51	656		V50	42
623	2508	Paulo Onofre	00:25:37	00:49:16	00:47:51	559		Senior	195
624	1106	Arnaldo Leal	00:22:18	00:49:17	00:48:47	643		Senior	196
625	2575	Rui Faria	00:25:00	00:49:18	00:48:00	573		Senior	197
626	1371	Artur Carvalho	00:24:13	00:49:18	00:48:59	673		V40	124
627	1915	Filipe Branco	00:24:46	00:49:19	00:47:22	516		Senior	198
628	1450	Tito Teixeira	00:24:49	00:49:19	00:48:13	595	CLUBE COLABORADORES AXA	V35	123
629	580	Tam Afonso	00:24:19	00:49:20	00:49:00	674	Açoreana Clube Banif	V60	6
630	2249	Nuno Oliveira	00:24:13	00:49:21	00:48:56	666		V35	124
631	175	João Alves	00:24:25	00:49:21	00:49:03	681	Volkswagen Autoeuropa	V45	85
632	2148	Bruno Raimundo	00:25:19	00:49:21	00:48:03	581		Senior	199
633	1902	Carlos Cruz	00:24:30	00:49:22	00:48:53	662		V45	86
634	1485	Carlos Santos	00:23:57	00:49:22	00:49:03	682		V45	87
635	472	Nuno Pinto	00:24:49	00:49:22	00:48:51	655		V35	125
636	2353	Paulo Fernandes	00:23:29	00:49:25	00:49:16	701		V40	125
637	723	Paulo Sena	00:24:21	00:49:25	00:49:04	684		V40	126
638	1031	Nuno Miguel	00:24:49	00:49:26	00:48:59	672	H2Ovita	V40	127
639	289	Vasco Alpalhao	00:25:01	00:49:27	00:48:48	645		V40	128
640	1591	Luis Libanio	00:24:15	00:49:27	00:49:04	683		V55	22

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
641	1903	João Nascimento	00:24:31	00:49:27	00:48:58	669		V45	88
642	452	Victor Ferreira	00:24:15	00:49:27	00:49:05	687		V40	129
643	2041	Nuno Raminhos	00:25:12	00:49:28	00:47:56	565	CLUBE MILLENNIUM BCP	V40	130
644	933	Carlos Henrique	00:24:29	00:49:28	00:48:32	621		V45	89
645	1480	Rui Marques	00:25:32	00:49:28	00:47:39	537	GDINE	V35	126
646	427	Gonçalo Rodrigues	00:23:24	00:49:29	00:49:17	703		V35	127
647	1089	Shin Pires	00:24:57	00:49:29	00:48:53	663		Senior	13
648	208	Fernando Oliveira	00:25:01	00:49:29	00:49:07	692		V40	131
649	2801	Luís Cruz	00:24:35	00:49:30	00:48:39	632	Clube ANA Lisboa	Senior	200
650	263	Joao Almeida	00:24:26	00:49:31	00:48:50	654		V45	90
651	233	Pedro Tomás	00:24:26	00:49:31	00:48:50	652		Senior	201
652	2034	Fernando Almeida	00:24:56	00:49:31	00:49:05	685	CLUBE MILLENNIUM BCP	V45	91
653	2201	Filipe Santos	00:24:00	00:49:32	00:49:26	720		V35	128
654	2864	Mário Santos	00:23:53	00:49:34	00:49:15	700	CCD PM CASCAIS	V40	132
655	1396	António Duarte	00:24:31	00:49:36	00:48:59	670	GD CelCat	Senior	202
656	1217	Helder Machado	00:24:31	00:49:36	00:48:59	671	GD CelCat	V40	133
657	2548	Mario Cruz	00:23:50	00:49:36	00:49:25	719		V40	134
658	321	Luís Moura	00:24:40	00:49:36	00:49:08	693	GD CelCat	V40	135
659	1464	Susana Adegas	00:24:38	00:49:36	00:48:43	638		V40	6
660	305	Helder Cruz	00:24:14	00:49:36	00:49:28	731		V35	129

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
661	2742	João Silva	00:25:13	00:49:37	00:49:05	686		V50	43
662	439	Afonso Lopes	00:24:21	00:49:37	00:49:20	707		V45	92
663	12103	Inês Parente	00:25:13	00:49:37	00:49:06	689	TUA	V35	9
664	2662	João Poeira	00:25:10	00:49:37	00:47:57	567		V35	130
665	12106	Jose Cavaco	00:25:13	00:49:37	00:49:06	691	TUA	V50	44
666	239	Egídio Gonçalves	00:24:00	00:49:38	00:49:31	735		Senior	203
667	814	Rui Matos	00:25:26	00:49:38	00:49:01	679		V35	131
668	547	Rui Silva	00:24:45	00:49:39	00:49:25	717		V45	93
669	980	João Lopes	00:26:14	00:49:39	00:48:50	647		V50	45
670	2521	João Pereira	00:24:13	00:49:40	00:49:27	728		V50	46
671	647	Manuel Figueira	00:25:27	00:49:41	00:48:00	574	clube vodafone	Senior	204
672	1363	Helder Martins	00:22:41	00:49:42	00:49:08	694	Clube VII	V35	132
673	2735	Pedro Teigas	00:24:56	00:49:43	00:49:21	708		V40	136
674	780	Paulo Gonçalves	00:24:17	00:49:43	00:49:10	697		V35	133
675	349	Francisco Julião	00:24:57	00:49:44	00:49:03	680		V55	23
676	107	Luis Isidoro	00:24:33	00:49:45	00:49:23	714		Senior	205
677	1330	Célia Santos	00:24:36	00:49:45	00:49:10	696	Clube VII	V35	10
678	348	Miguel Bermonte	00:24:26	00:49:45	00:49:34	743		V35	134
679	2072	Miguel Leal	00:24:15	00:49:45	00:49:41	754		V40	137
680	2438	João Lima	00:24:49	00:49:46	00:48:47	644	CCD Crédito Agrícola Mútuo	V45	94

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
681	12137	Luís Bernardo	00:25:24	00:49:46	00:48:55	665		V35	135
682	609	Rogério Gonçalves	00:23:53	00:49:47	00:49:22	711	Os Galgos	V40	138
683	181	Ana Gil	00:26:10	00:49:47	00:47:46	550	Bed Cow Ninjas	Senior	14
684	2529	Nuno Tibério	00:24:37	00:49:49	00:49:33	740		V45	95
685	2324	Alice Rocha	00:25:11	00:49:50	00:49:23	713		V40	7
686	526	Sérgio Coimbra	00:25:11	00:49:50	00:49:23	716		V40	139
687	311	Maria Roldao	00:24:44	00:49:50	00:49:27	724		V40	8
688	313	Carlos Ribeirinho	00:24:44	00:49:50	00:49:27	726		V40	140
689	2583	Francisco Rodrigues	00:24:10	00:49:50	00:48:25	613	PRT	Senior	206
690	749	Miguel Carvalho	00:24:09	00:49:50	00:49:12	699	Falcões Selvagens	Junior	5
691	312	Carla Roldao	00:24:44	00:49:50	00:49:28	729		V40	9
692	549	Pedro Almeida	00:25:06	00:49:51	00:49:06	690		Senior	207
693	1921	Luís Ribeiro	00:24:21	00:49:51	00:49:46	762		V40	141
694	1008	Nuno Galvão	00:24:40	00:49:51	00:49:01	676		V50	47
695	1150	Bruno Pedreira	00:23:41	00:49:52	00:49:33	741		V35	136
696	2008	Antonio Santos	00:25:47	00:49:52	00:48:36	627	CLUBE MILLENNIUM BCP	V50	48
697	548	Angelo Ferreira	00:24:04	00:49:54	00:49:32	737		V45	96
698	12237	António Alverca	00:24:10	00:49:54	00:49:47	766		V40	142
699	2103	Nuno Prates	00:25:16	00:49:54	00:49:17	704		V40	143
700	809	Miguel Rau	00:24:27	00:49:55	00:49:41	756		V40	144

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
701	2016	Joao Silva	00:24:05	00:49:55	00:49:47	765	CLUBE MILLENNIUM BCP	V50	49
702	1428	Marco Campaniço	00:25:01	00:49:55	00:49:32	738	Volkswagen Autoeuropa	Senior	208
703	957	Helder Ferreira	00:24:13	00:49:55	00:49:31	736	Volkswagen Autoeuropa	V40	145
704	2343	Bruno Loução	00:24:32	00:49:56	00:49:27	722	Volkswagen Autoeuropa	Senior	209
705	2550	Pedro Sousa	00:23:52	00:49:56	00:49:37	751	Volkswagen Autoeuropa	V45	97
706	931	Sara Silva	00:24:16	00:49:56	00:49:42	757		V35	11
707	1342	Pedro Barbeitos	00:25:46	00:49:56	00:48:50	648	Corridas & Companhia	V35	137
708	494	Norberto Macedo	00:26:00	00:49:56	00:48:26	616		V35	138
709	2840	Rui Almeida	00:24:59	00:49:57	00:48:29	620		V45	98
710	620	João Frade	00:24:11	00:49:57	00:49:25	718		V40	146
711	1079	Manuel Lima	00:23:05	00:49:58	00:49:39	753		V45	99
712	2067	Marcos Noritake	00:25:32	00:49:58	00:49:21	709	MultiRunners	V45	100
713	766	Luca Ranise	00:24:46	00:49:58	00:49:22	712		V40	147
714	12042	João Silva	00:25:32	00:50:02	00:49:23	715		Senior	210
715	12251	Armando Batista	00:25:20	00:50:03	00:49:09	695		V35	139
716	1532	João Ferreira	00:26:50	00:50:05	00:48:11	591	AMIGOS DA FLOR	Senior	211
717	1529	João Ferreira	00:26:50	00:50:05	00:48:11	592	AMIGOS DA FLOR	V55	24
718	1638	Licínio Simões	00:25:14	00:50:06	00:48:42	636	Atomic Team	Senior	212
719	1537	Manuel Morgado	00:24:57	00:50:06	00:49:32	739		V55	25
720	2336	João Carvalho	00:25:22	00:50:06	00:49:01	677		Senior	213

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
721	1288	Manuel Manteigas	00:23:55	00:50:07	00:49:55	779	CLUBE GRUPO BES	Senior	214
722	628	João Nuno	00:25:00	00:50:07	00:49:22	710		V35	140
723	12231	Pacer Min	00:24:56	00:50:08	00:50:02	792		V35	141
724	1655	Hugo Carneiro	00:25:22	00:50:09	00:49:05	688	AnimaLescos	Senior	215
725	237	Emidio Santos	00:25:04	00:50:09	00:49:52	773		V45	101
726	456	Joaquim Lima	00:24:37	00:50:10	00:49:34	742	clube vodafone	V50	50
727	2375	Carlos Pereira	00:24:02	00:50:10	00:49:54	775	GFD Running	Senior	216
728	911	João Branco	00:24:02	00:50:10	00:49:55	778		Senior	217
729	385	Paulo Gonçalves	00:24:28	00:50:11	00:50:00	789		V40	148
730	1538	Gonçalo Lopes	00:23:53	00:50:13	00:49:47	763		V35	142
731	133	Diogo Arraias	00:25:54	00:50:14	00:48:44	639		V60	7
732	12234	Rui Guerreiro	00:25:37	00:50:15	00:49:01	678		V40	149
733	12119	António Sousa	00:25:31	00:50:16	00:48:39	630	VdAtletas	V55	26
734	1874	João Anjos	00:24:22	00:50:17	00:49:49	769		V40	150
735	2659	Mónica Rebelo	00:25:34	00:50:17	00:48:20	606		V35	12
736	2464	Pedro Loureiro	00:25:34	00:50:18	00:48:21	610		Senior	218
737	2058	Mario Romao	00:25:10	00:50:18	00:49:29	733	CLUBE MILLENNIUM BCP	V40	151
738	603	Paulo Sarroeira	00:24:48	00:50:18	00:49:47	764		V40	152
739	1029	Eduardo Pinto	00:25:11	00:50:20	00:49:52	772	H2Ovita	Senior	219
740	1364	Rui Duarte	00:24:57	00:50:21	00:49:27	725		V40	153

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
741	1936	Luís Bilro	00:25:06	00:50:21	00:49:35	745	Tranquilidade	V50	51
742	1947	Jorge Carvalho	00:25:06	00:50:22	00:49:48	768		V65	1
743	30	Sérgio Manso	00:25:15	00:50:22	00:49:47	767		Senior	220
744	1239	João Martinho	00:24:19	00:50:23	00:50:14	809		Senior	221
745	758	Joao Fonseca	00:24:00	00:50:25	00:50:07	798		V35	143
746	2547	Pedro Morgado	00:27:42	00:50:25	00:47:47	551		Senior	222
747	122	Carlos Brito	00:26:23	00:50:26	00:48:57	667	NDCB	V35	144
748	1513	Cláudio Gonçalves	00:25:05	00:50:26	00:49:44	759	Clube PT Lisboa	Senior	223
749	69	Patrícia Louro	00:24:32	00:50:26	00:50:09	801		V35	13
750	2718	Ricardo Pereira	00:24:41	00:50:28	00:49:58	787		V35	145
751	2651	Valter Simões	00:26:06	00:50:28	00:48:41	634		V40	154
752	216	Carlos Camacho	00:26:22	00:50:29	00:49:37	750		Senior	224
753	430	Manuel Dias	00:24:41	00:50:29	00:50:14	811		V45	102
754	2459	Miguel Barradas	00:25:34	00:50:31	00:48:50	650		V40	155
755	12058	Jorge Cipriano	00:26:04	00:50:32	00:48:23	612	O estrondo	Senior	225
756	1818	João Rodrigues	00:26:12	00:50:32	00:49:00	675		V40	156
757	1657	Odete Frutuoso	00:24:54	00:50:33	00:50:19	816		V45	2
758	1528	Jose Mimoso	00:24:33	00:50:33	00:49:58	785		V40	157
759	1765	David Carias	00:26:04	00:50:33	00:48:50	653		Senior	226
760	12097	Paulo Santos	00:25:22	00:50:33	00:50:02	793	TUA	V45	103

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
761	2236	Vicente Dias	00:25:03	00:50:34	00:50:06	797		V55	27
762	12105	Bruno Brito	00:25:43	00:50:35	00:50:03	794	TUA	V35	146
763	1000	Pedro Vargas	00:26:13	00:50:36	00:49:46	760	Serrar100parar	Senior	227
764	2240	Vincent Pacaud	00:24:55	00:50:37	00:50:12	805		V50	52
765	655	Jorge Rebocho	00:25:55	00:50:37	00:48:51	657	Conheira Team	Senior	228
766	1449	Eduardo Pinto	00:24:06	00:50:40	00:50:25	823		Senior	229
767	785	Vitor Valadas	00:25:07	00:50:40	00:49:57	783		V35	147
768	434	Cristiano Marques	00:24:49	00:50:41	00:50:31	832		V40	158
769	12019	Miguel Matos	00:26:23	00:50:41	00:48:52	659	Tranquilidade	V40	159
770	2304	João Costa	00:25:34	00:50:43	00:49:29	732	bulldozers	V35	148
771	144	Antonio Lima	00:25:54	00:50:43	00:49:26	721		V45	104
772	1066	Jorge Pinto	00:25:36	00:50:44	00:49:57	784		V65	2
773	1553	David Ferro	00:26:03	00:50:45	00:49:17	702		Senior	230
774	12076	Fernando Lima	00:25:10	00:50:46	00:49:36	748	SS CGD	V40	160
775	1737	Américo Carvalho	00:25:40	00:50:47	00:50:15	812		V40	161
776	909	Miguel Rodrigues	00:25:18	00:50:47	00:49:54	774		Senior	231
777	1341	Nuno Júlio	00:24:16	00:50:47	00:50:32	835		V40	162
778	1856	Vasco Paixão	00:23:50	00:50:49	00:50:35	840	Paixão 4Run	Senior	232
779	2466	Hermano Cardoso	00:25:34	00:50:49	00:49:35	747		Senior	233
780	1409	Nuno Melo	00:25:29	00:50:51	00:50:01	790		V35	149

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
781	2247	Rui Santos	00:23:50	00:50:51	00:50:29	827	Volkswagen Autoeuropa	V40	163
782	2608	João Sobral	00:25:36	00:50:52	00:49:46	761	Corridas & Companhia	V40	164
783	1993	Tiago Santo	00:25:12	00:50:52	00:50:28	826	CLUBE MILLENNIUM BCP	Senior	234
784	1992	Carlos Santo	00:25:12	00:50:52	00:50:29	829	CLUBE MILLENNIUM BCP	V55	28
785	148	Sérgio Rodelo	00:25:48	00:50:54	00:50:17	815	aminhacorrída.com	V40	165
786	1548	Ricardo Barbeiro	00:25:46	00:50:55	00:50:21	819	R Team	Senior	235
787	843	Mário Godinho	00:25:34	00:50:56	00:50:12	807		V40	166
788	2551	Paulo Evangelista	00:24:48	00:50:56	00:50:36	841	Volkswagen Autoeuropa	V40	167
789	1318	Luís Roque	00:25:37	00:50:57	00:49:30	734	CLUBE GRUPO BES	Senior	236
790	1598	André Monteiro	00:23:52	00:50:58	00:50:34	839	Os Galgos	Senior	237
791	1649	João Carvalho	00:26:05	00:50:59	00:49:52	771		Senior	238
792	495	João Mendes	00:24:30	00:51:00	00:50:21	817		V35	150
793	90	Ana Conceição	00:26:06	00:51:02	00:49:19	706		V35	14
794	1622	João Desirat	00:24:57	00:51:02	00:50:44	854		Senior	239
795	2269	João Silva	00:26:24	00:51:02	00:48:58	668	Call us a cab!	Senior	240
796	1531	Gentil Pereira	00:26:51	00:51:05	00:49:11	698	AMIGOS DA FLOR	V40	168
797	176	João Pedro	00:26:00	00:51:06	00:50:09	800		V50	53
798	1401	Daniel Raposo	00:25:22	00:51:07	00:50:13	808	MultiRunners	Senior	241
799	2283	Vincent Quéré	00:25:57	00:51:08	00:49:54	776		Senior	242
800	12144	Isabel Rodrigues	00:25:08	00:51:08	00:51:04	884	Garmin Clube Olimpico De Oeiras	V40	10

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
801	12034	João Antunes	00:24:58	00:51:08	00:50:51	867		V55	29
802	2520	João Torrado	00:26:13	00:51:09	00:50:16	814		V65	3
803	2435	Tiago Henriques	00:27:11	00:51:09	00:48:50	651		Senior	243
804	21	Rodrigo Santos	00:24:37	00:51:09	00:50:57	874		V40	169
805	2036	Antonio Ramos	00:25:33	00:51:10	00:49:38	752	CLUBE MILLENNIUM BCP	V40	170
806	2839	António Silva	00:24:59	00:51:10	00:49:41	755		V45	105
807	1753	Manuel Carrasqueira	00:24:46	00:51:10	00:50:37	843		V45	106
808	219	Hugo Ratinho	00:25:14	00:51:10	00:49:57	780	corre@correr	Senior	244
809	199	Luís Duarte	00:25:05	00:51:10	00:51:04	883		V65	4
810	455	Nuno Almeida	00:25:14	00:51:10	00:49:57	781	corre@correr	V60	8
811	221	Vitor Vicente	00:25:14	00:51:11	00:49:57	782	corre@correr	V40	171
812	1314	João Tomás	00:24:05	00:51:12	00:50:23	821	CLUBE GRUPO BES	Senior	245
813	285	Claudio Fonseca	00:26:07	00:51:13	00:50:24	822		V35	151
814	827	Luis Tomé	00:25:41	00:51:13	00:50:15	813		V40	172
815	724	Paulo Cardim	00:25:53	00:51:14	00:50:53	871	Volkswagen Autoeuropa	V40	173
816	1218	Rui Costa	00:25:01	00:51:15	00:50:42	851		Senior	246
817	975	Hugo Santos	00:26:32	00:51:17	00:49:19	705		V35	152
818	2183	Paula Nunes	00:24:38	00:51:18	00:51:07	889	Pumas do Guincho	V40	11
819	2325	Susana Duro	00:25:28	00:51:18	00:50:45	855		V35	15
820	487	Tiago Rebelo	00:25:04	00:51:19	00:50:32	834	Clube PT Lisboa	Senior	247

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
821	222	Miguel Lopes	00:25:13	00:51:19	00:51:07	888		V35	153
822	1726	José Vaz	00:25:28	00:51:19	00:50:33	837	Clube ANACOM	V55	30
823	1507	Iolanda Batista	00:25:38	00:51:19	00:50:49	861		V35	16
824	1276	João Dias	00:24:57	00:51:20	00:50:53	869	CLUBE GRUPO BES	V40	174
825	1506	Rui Dias	00:25:38	00:51:20	00:50:49	862		V35	154
826	1717	Mario Peixinho	00:25:08	00:51:20	00:50:37	842		V40	175
827	18	Vitor Frango	00:26:26	00:51:20	00:50:37	844		V40	176
828	1004	Nuno Mamede	00:26:28	00:51:21	00:50:31	831		V40	177
829	12078	Pedro Claudio	00:25:56	00:51:21	00:49:59	788	SS CGD	V45	107
830	265	Daniel Ramos	00:25:52	00:51:22	00:50:32	836		V35	155
831	1182	Adelino Pereira	00:25:56	00:51:23	00:50:29	828	Odebrecht Portugal, S.A.	V50	54
832	1519	Gilberto Gonçalves	00:25:05	00:51:24	00:51:11	897	Clube Atletismo Amigos de Belém	V65	5
833	1402	Ricardo Santos	00:25:39	00:51:24	00:50:26	824		V35	156
834	2697	Luís Duarte	00:25:35	00:51:25	00:49:27	727		Senior	248
835	1170	José Rosa	00:23:28	00:51:26	00:51:02	880	Tá-len-tos	V35	157
836	914	Ricardo Barbedo	00:26:36	00:51:26	00:49:49	770		V35	158
837	2389	Pedro Caio	00:26:43	00:51:27	00:49:35	746	Os Forest Gump	V40	178
838	436	Djori Miranda	00:26:01	00:51:27	00:50:57	873		V50	55
839	1855	Norberto Marques	00:26:36	00:51:29	00:50:04	795		V40	179
840	12044	Paulo Barreiros	00:24:24	00:51:30	00:51:21	917		V45	108

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
841	971	José Coelho	00:24:48	00:51:31	00:51:13	900	Volkswagen Autoeuropa	V45	109
842	633	Rui Santos	00:25:35	00:51:31	00:50:47	858		V45	110
843	1587	Nuno Fernandes	00:25:48	00:51:31	00:50:01	791		V35	159
844	1382	Horst Lauw	00:24:38	00:51:32	00:51:11	896	Volkswagen Autoeuropa	V40	180
845	735	António Pereira	00:27:25	00:51:32	00:49:27	723		Junior	6
846	1098	Claudia Mestre	00:24:57	00:51:32	00:51:09	892	Volkswagen Autoeuropa	V35	17
847	12092	Nuno Santos	00:25:37	00:51:32	00:50:33	838		V45	111
848	12248	Pedro Borges	00:25:22	00:51:32	00:50:42	852		V35	160
849	1013	Filipe Vinagre	00:26:33	00:51:34	00:49:36	749		V35	161
850	2390	Diogo Gonçalves	00:26:43	00:51:34	00:49:42	758	Os Forest Gump	Senior	249
851	12152	Paulo Santos	00:25:08	00:51:34	00:51:30	935	Garmin Clube Olimpico De Oeiras	V45	112
852	1055	Rui Marques	00:24:24	00:51:35	00:51:28	929		V35	162
853	1315	Tânia Saraiva	00:25:53	00:51:36	00:50:50	863	CLUBE GRUPO BES	Senior	15
854	1700	Nuno Lucas	00:26:23	00:51:37	00:50:08	799		V50	56
855	891	Adelaide Pereira	00:25:59	00:51:37	00:51:07	886	Correr para Viver +	V40	12
856	242	Fernando Correia	00:25:23	00:51:38	00:51:05	885		V45	113
857	1497	Antonio Santos	00:24:57	00:51:38	00:51:22	921	Volkswagen Autoeuropa	V45	114
858	967	Luís Simões	00:25:32	00:51:38	00:51:03	881		V35	163
859	666	Duarte Pereira	00:26:47	00:51:39	00:49:34	744		V45	115
860	1102	Filipe Passarinho	00:25:22	00:51:40	00:51:01	879		V35	164

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
861	2756	Abilio Tavares	00:25:04	00:51:40	00:51:28	933		V55	31
862	1720	Hugo Silva	00:25:13	00:51:40	00:51:25	923		V35	165
863	258	Jacqueline Gaspar	00:25:11	00:51:41	00:51:21	916	Volkswagen Autoeuropa	V35	18
864	1070	Filipa Gama	00:25:39	00:51:42	00:51:33	942		V40	13
865	64	Eric Leuven	00:23:38	00:51:43	00:51:33	943		V50	57
866	1474	Júlio Robalo	00:25:55	00:51:43	00:51:15	906	GDINE	V50	58
867	712	Rui Ferreira	00:25:19	00:51:44	00:50:47	860		V40	181
868	386	Carlos Costa	00:25:25	00:51:44	00:51:08	891		V45	116
869	12220	Carla Christine	00:25:10	00:51:44	00:51:25	926		V35	19
870	832	Claudio Ribeiro	00:24:47	00:51:45	00:51:07	887		V35	166
871	282	Luis Badalo	00:25:59	00:51:46	00:50:38	845		V40	182
872	16	Rui Ferreira	00:25:23	00:51:47	00:51:14	905		V40	183
873	367	Hugo Gonçalves	00:24:51	00:51:48	00:51:08	890		V35	167
874	2055	Nuno Silva	00:25:00	00:51:48	00:50:12	803	CLUBE MILLENNIUM BCP	V35	168
875	2784	Jorge Gonçalves	00:25:56	00:51:48	00:50:10	802		V40	184
876	1621	Fernando Mendes	00:26:04	00:51:49	00:51:09	893		V40	185
877	2344	Luis Almeida	00:25:16	00:51:49	00:50:46	857		V35	169
878	2347	Fernando Correia	00:26:19	00:51:50	00:50:27	825		V35	170
879	994	Jorge Gonçalves	00:24:36	00:51:50	00:51:41	961		V45	117
880	296	Ricardo Costa	00:25:53	00:51:52	00:51:03	882		Senior	250

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
881	2038	Helder Diogo	00:26:06	00:51:53	00:50:21	818	CLUBE MILLENNIUM BCP	V40	186
882	1624	Fernando Moreira	00:25:39	00:51:54	00:51:12	899	Jatapanho	V55	32
883	1421	Maria Martins	00:25:42	00:51:54	00:51:13	904	Jatapanho	V55	1
884	74	Bruno Bonito	00:25:40	00:51:55	00:51:48	969		Senior	251
885	2511	Nuno Machado	00:24:57	00:51:55	00:50:39	846		Senior	252
886	532	Carlos Dias	00:26:05	00:51:56	00:51:11	898		Senior	253
887	2314	Marcos Ratola	00:26:37	00:51:56	00:50:39	847		Senior	254
888	1983	Nelson Firmino	00:26:25	00:51:56	00:49:58	786		V35	171
889	12209	Liliana Filipe	00:26:55	00:51:56	00:50:14	810		Senior	16
890	716	João Santos	00:25:51	00:51:57	00:50:42	850		Senior	255
891	2059	Manuel Pereira	00:25:38	00:51:58	00:51:35	947	CLUBE MILLENNIUM BCP	V50	59
892	1297	Paulo Verissimo	00:25:25	00:51:59	00:51:10	895	CLUBE GRUPO BES	V45	118
893	2293	Paulo Dionisio	00:25:45	00:52:00	00:51:13	901		V45	119
894	1467	Pedro Faria	00:25:50	00:52:01	00:50:45	856		V40	187
895	1773	João Mendonça	00:26:25	00:52:01	00:50:29	830		V40	188
896	624	Carlos Torrão	00:28:09	00:52:02	00:52:00	990		Senior	256
897	1317	Bruno Sequeira	00:25:29	00:52:02	00:51:00	876	CLUBE GRUPO BES	Senior	257
898	1319	Margarida Martins	00:25:29	00:52:02	00:51:00	877	CLUBE GRUPO BES	V35	20
899	1576	Raúl Costa	00:25:50	00:52:06	00:51:39	958	Clube Robbialac	V50	60
900	1579	Jorge Pinto	00:25:50	00:52:06	00:51:39	957	Clube Robbialac	V40	189

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
901	835	Luis Novais	00:25:19	00:52:07	00:51:43	964		V35	172
902	84	Fernando Gomes	00:24:01	00:52:07	00:51:58	986		V50	61
903	426	Rui Fernandes	00:25:39	00:52:09	00:51:28	932		V40	190
904	659	Dinis Ribas	00:26:13	00:52:09	00:51:17	912		V40	191
905	2439	Miguel Vinagre	00:25:13	00:52:09	00:51:50	972	CCD Crédito Agrícola Mútuo	V35	173
906	1504	Paula Cardoso	00:26:05	00:52:10	00:51:27	927		V40	14
907	70	Sérgio Rodrigues	00:26:13	00:52:10	00:51:37	953		V35	174
908	1146	Joao Venancio	00:26:08	00:52:11	00:51:55	976		V40	192
909	1408	Sérgio Correia	00:26:22	00:52:11	00:50:22	820		Senior	258
910	316	Rui Sá	00:24:49	00:52:11	00:52:00	991		Senior	259
911	783	José Escudero	00:26:22	00:52:12	00:51:13	903		Senior	260
912	1664	António Gonçalves	00:25:12	00:52:13	00:51:18	913		V35	175
913	2844	Maria Cotrim	00:25:36	00:52:14	00:51:42	962		Senior	17
914	704	Joaquim Mendes	00:27:04	00:52:14	00:50:40	849	"OS LUCENAS"	V50	62
915	2105	José Branco	00:26:53	00:52:16	00:49:28	730		V35	176
916	663	Pedro Fernandes	00:27:16	00:52:16	00:50:39	848		Senior	261
917	2585	Joao Martins	00:25:29	00:52:16	00:51:44	965		Senior	262
918	12054	Hugo Severino	00:26:54	00:52:16	00:50:32	833	Clube EDP - Lisboa	V35	177
919	2397	Ricardo Pinto	00:26:17	00:52:17	00:50:52	868		Senior	263
920	630	Joao Miranda	00:26:48	00:52:17	00:50:47	859	NDCB	V40	193

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
921	445	Pedro Peres	00:26:43	00:52:17	00:51:50	971		V35	178
922	1733	Jorge Espada	00:27:09	00:52:18	00:49:54	777	Clube PT Lisboa	Senior	264
923	2672	Artur Amaral	00:25:52	00:52:18	00:51:16	910		V40	194
924	91	João Duarte	00:26:21	00:52:18	00:51:36	949		V35	179
925	2123	Nuno Filipe	00:26:21	00:52:19	00:51:36	950		V35	180
926	1179	Alexandra Inácio	00:27:15	00:52:20	00:50:12	804		V40	15
927	55	Paulo Inácio	00:27:15	00:52:20	00:50:12	806		Senior	265
928	2866	Paula Machado	00:25:41	00:52:20	00:52:10	1006	CCD PM CASCAIS	V55	2
929	751	Carlos Soares	00:25:55	00:52:21	00:51:39	956	Niagara de Odivelas	V45	120
930	231	Rui Dias	00:25:20	00:52:21	00:51:31	938		V45	121
931	2308	Sara Loureiro	00:25:09	00:52:22	00:51:57	983		Senior	18
932	2474	Antonio Gordo	00:26:55	00:52:23	00:50:43	853		V50	63
933	1188	Manuel Paulo	00:25:34	00:52:23	00:51:38	955	Odebrecht Portugal, S.A.	V55	33
934	12236	Marta Costa	00:26:49	00:52:24	00:51:27	928		V40	16
935	1201	João Pinto	00:27:01	00:52:25	00:51:28	930		Senior	266
936	1091	José Marques	00:24:12	00:52:25	00:52:03	997		V35	181
937	2561	André Lourenço	00:27:03	00:52:26	00:50:51	865	Bom Petisco	Senior	267
938	1637	Pedro Xavier	00:26:46	00:52:28	00:51:15	908	Dupla Inútil	Senior	268
939	1636	Guido Santos	00:26:47	00:52:28	00:51:16	911	Dupla Inútil	Senior	269
940	968	Elena Iabanji	00:26:04	00:52:28	00:51:56	981		V45	3

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
941	2285	Eduardo Santos	00:26:00	00:52:29	00:51:28	931		Senior	270
942	1618	Andre Cabral	00:26:35	00:52:29	00:51:34	946		V35	182
943	1137	Nuno Martins	00:26:42	00:52:31	00:52:02	993		V40	195
944	1472	Carlos Palma	00:26:21	00:52:31	00:51:15	907		V45	122
945	53	Sérgio Raposo	00:26:13	00:52:31	00:51:58	987		V35	183
946	598	Carlos Pereira	00:26:24	00:52:31	00:50:51	866	O Gama paga tudo	Senior	271
947	2822	Gonçalo Basílio	00:26:27	00:52:32	00:51:00	878		Junior	7
948	795	Francisco Garcia	00:27:39	00:52:33	00:52:03	996	Garcia Runners	Senior	272
949	2580	Rui Nunes	00:26:30	00:52:33	00:51:09	894	PRT	Senior	273
950	2590	António Ribeiro	00:27:16	00:52:34	00:50:53	870		V35	184
951	12280	Jorge Leite	00:26:19	00:52:35	00:51:35	948		V40	196
952	1847	Nuno Alves	00:25:35	00:52:36	00:52:06	1002		Senior	274
953	1412	José Abrantes	00:25:53	00:52:37	00:52:13	1012		V40	197
954	1530	Manuel Hortelão	00:27:57	00:52:37	00:50:55	872	AMIGOS DA FLOR	V45	123
955	608	Carlos Ribeiro	00:25:54	00:52:37	00:52:12	1009	Os Galgos	V40	198
956	2667	Carlos Costa	00:26:09	00:52:38	00:51:33	945		V45	124
957	1191	José Reis	00:27:07	00:52:38	00:51:31	937	Odebrecht Portugal, S.A.	V60	9
958	325	Nuno Rosa	00:24:14	00:52:39	00:52:24	1032		Senior	275
959	389	Jorge Macedo	00:26:34	00:52:39	00:50:51	864		Senior	276
960	12014	Bruno Guerreiro	00:26:14	00:52:40	00:51:38	954		Senior	277

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
961	2503	Iolanda Soares	00:27:28	00:52:41	00:51:22	920	Soares Family	V45	4
962	1893	Joao Serralha	00:24:02	00:52:43	00:51:52	975		V35	185
963	12118	Pan Zhiqi	00:25:44	00:52:44	00:51:25	924		Senior	278
964	1481	Salomé Ferreira	00:26:14	00:52:45	00:52:16	1015	GDINE	V40	17
965	2401	João Silva	00:26:36	00:52:45	00:50:57	875		V45	125
966	218	José Catita	00:26:33	00:52:47	00:52:15	1014		V55	34
967	1889	Rui Afonso	00:26:50	00:52:47	00:52:11	1008		V45	126
968	1724	Marco Nunes	00:27:30	00:52:48	00:51:25	925	Atomic Team	Senior	279
969	2309	Catarina Ferreira	00:25:46	00:52:49	00:52:42	1051		Senior	19
970	1219	Isabel Pisco	00:27:01	00:52:50	00:52:04	1000		V45	5
971	2144	Jorge Marques	00:26:19	00:52:50	00:52:10	1007		V45	127
972	2205	Maria Oliveira	00:27:41	00:52:51	00:51:19	914		V45	6
973	982	Carlos Lopes	00:24:49	00:52:52	00:52:18	1021		Senior	280
974	643	Vasco Tavares	00:23:53	00:52:53	00:52:46	1055		V35	186
975	1601	Jorge Lourenço	00:25:30	00:52:53	00:52:17	1017	Sporting Clube de Casainhos	Senior	281
976	1278	João Ramos	00:26:19	00:52:55	00:52:00	988	CLUBE GRUPO BES	V40	199
977	1003	Daniel Portela	00:26:22	00:52:55	00:52:17	1018		Senior	282
978	1643	Rafael Fernandes	00:26:47	00:52:56	00:51:32	939	Atomic Team	Senior	283
979	268	Francisco Maia	00:26:51	00:52:56	00:51:57	982		V55	35
980	1642	Carlos Pombeiro	00:26:58	00:52:56	00:52:23	1029	Atomic Team	Senior	284

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
981	2066	Hugo Araújo	00:25:58	00:52:57	00:52:06	1001	MultiRunners	Senior	285
982	2398	Gonçalo Seabra	00:26:43	00:52:58	00:52:07	1003		V40	200
983	2448	Cristina Antunes	00:26:08	00:52:59	00:52:17	1019		V35	21
984	2449	Eduardo Oliveira	00:26:07	00:52:59	00:52:17	1016		V40	201
985	649	Honorato Moura	00:25:02	00:53:00	00:52:42	1050	FC Estrelas Lisboa	Senior	286
986	1195	André Carvalho	00:26:40	00:53:01	00:51:19	915	clube vodafone	Senior	287
987	1127	Pedro Rodrigues	00:27:24	00:53:02	00:51:13	902	CrediBons	V35	187
988	1134	David Rodrigues	00:28:16	00:53:03	00:52:22	1028		Senior	288
989	1084	Pedro Rodrigues	00:26:26	00:53:03	00:51:29	934		V40	202
990	2351	Ricardo Pereira	00:26:32	00:53:03	00:52:17	1020		Senior	289
991	2170	Francisco Afonso	00:26:49	00:53:03	00:51:33	944		V50	64
992	476	Filipe Branco	00:24:56	00:53:04	00:52:43	1053		Senior	290
993	789	Jose Nunes	00:26:06	00:53:05	00:52:37	1042		V35	188
994	2048	Pedro Carvalho	00:27:00	00:53:05	00:52:13	1013	CLUBE MILLENNIUM BCP	V40	203
995	12088	Rui Pereira	00:27:00	00:53:05	00:52:12	1011	SS CGD	V40	204
996	2370	Rafael Carpena	00:26:46	00:53:06	00:51:56	980		V35	189
997	2657	Pedro Costa	00:27:17	00:53:08	00:51:45	966		Senior	291
998	571	Joao Serra	00:26:53	00:53:11	00:51:15	909	Açoreana Clube Banif	V40	205
999	2534	Claudia Alcaso	00:26:44	00:53:11	00:52:03	999		V40	18
1000	123	Francisco Oliveira	00:26:48	00:53:11	00:51:40	960	NDCB	V35	190

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1001	1349	Marco Cerruti	00:26:43	00:53:14	00:51:51	974	Microsoft ONE	V35	191
1002	600	Pedro Correia	00:26:49	00:53:15	00:51:32	940	O Gama paga tudo	V35	192
1003	12029	Marco Costa	00:27:53	00:53:15	00:51:30	936		Senior	292
1004	1729	Inês Constantino	00:26:43	00:53:15	00:52:27	1035	Clube ANACOM	Senior	20
1005	12175	Tiago Silva	00:25:28	00:53:17	00:52:41	1044		Junior	8
1006	803	António Duarte	00:25:43	00:53:17	00:52:41	1046		V35	193
1007	482	Hugo Magalhães	00:27:05	00:53:18	00:51:56	979	clube vodafone	V35	194
1008	1001	Rafael Cunha	00:27:20	00:53:19	00:51:22	919	Serrar100parar	Senior	293
1009	160	Nuno Oliveira	00:25:06	00:53:20	00:53:13	1083	LUSO-ATLÂNTICA SA	V40	206
1010	2830	Matilde Geada	00:26:32	00:53:20	00:53:15	1086		V35	22
1011	2005	Arnaldo Pinteus	00:26:42	00:53:20	00:51:50	973	CLUBE MILLENNIUM BCP	V50	65
1012	12183	Joaquim Fernandes	00:27:14	00:53:20	00:51:33	941		V60	10
1013	564	Sérgio Dionísio	00:26:01	00:53:20	00:52:31	1038		V40	207
1014	12027	Tiago Pinto	00:26:31	00:53:22	00:52:08	1004		V35	195
1015	17	Jorge Sousa	00:26:31	00:53:24	00:52:03	995		V40	208
1016	2567	João Catação	00:25:01	00:53:25	00:53:05	1076		V40	209
1017	1128	Alexandra Matias	00:27:26	00:53:25	00:51:36	951	CrediBons	V35	23
1018	1938	José Amaral	00:26:29	00:53:25	00:51:56	978		V35	196
1019	739	Carlos Abreu	00:25:56	00:53:26	00:51:49	970	Clube do Stress	V45	128
1020	1385	André Gomes	00:27:53	00:53:26	00:51:21	918		V35	197

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1021	1427	Marcelo Prates	00:25:42	00:53:29	00:51:39	959		Senior	294
1022	727	Joaquim Costa	00:25:38	00:53:29	00:52:35	1041		V55	36
1023	2294	André Dionisio	00:26:53	00:53:29	00:52:41	1045		Junior	9
1024	2159	Carlos Iglésias	00:26:24	00:53:29	00:52:26	1034		V40	210
1025	1996	Rosimeire Serafim	00:28:11	00:53:31	00:52:41	1047	CLUBE MILLENNIUM BCP	V45	7
1026	1772	Ricardo Anino	00:27:04	00:53:32	00:52:49	1060		V35	198
1027	150	Ricardo Lopes	00:27:44	00:53:33	00:51:43	963		V35	199
1028	1425	Pedro Freire	00:26:51	00:53:34	00:52:49	1058		V40	211
1029	2098	Rui Branco	00:28:33	00:53:36	00:50:04	796	VdAtletas	V40	212
1030	2805	Filipe Silva	00:26:48	00:53:37	00:52:23	1030	Clube ANA Lisboa	V35	200
1031	1935	José Sousa	00:26:59	00:53:37	00:52:30	1037	Tranquilidade	V50	66
1032	2755	Ricardo Nascimento	00:26:16	00:53:37	00:52:49	1056		Senior	295
1033	733	Pedro Dias	00:24:20	00:53:37	00:53:19	1089	Keep Running	V35	201
1034	12115	Carlos Pereira	00:27:39	00:53:37	00:51:37	952		V50	67
1035	2694	Pureza Cabral	00:27:19	00:53:38	00:52:00	989		V40	19
1036	1338	Luís Rosa	00:27:19	00:53:38	00:52:01	992		V35	202
1037	453	Jose Santos	00:26:24	00:53:38	00:53:23	1097		V40	213
1038	284	Pedro Morais	00:26:24	00:53:39	00:53:23	1095		V40	214
1039	1994	Antonio Almeida	00:27:08	00:53:39	00:52:12	1010	CLUBE MILLENNIUM BCP	V45	129
1040	813	Gonçalo Santos	00:25:12	00:53:40	00:53:03	1071		Senior	296

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1041	2190	Ana Correia	00:25:41	00:53:41	00:53:40	1128		V35	24
1042	358	Carmen Vicente	00:25:31	00:53:41	00:53:23	1096		V40	20
1043	1567	Nuno Pereira	00:26:41	00:53:41	00:51:46	967	PERNAS DE PAU	Senior	297
1044	2202	Otilio Santos	00:27:53	00:53:42	00:51:23	922		Senior	298
1045	1083	Paulo Rosa	00:26:47	00:53:42	00:52:33	1040		V35	203
1046	1266	Carla Andre	00:26:18	00:53:43	00:53:21	1091	CLUBE GRUPO BES	V35	25
1047	570	Francisco Pereira	00:27:33	00:53:44	00:51:47	968	Açoreana Clube Banif	V45	130
1048	1118	João Marcelino	00:28:12	00:53:46	00:52:24	1033		V55	37
1049	103	Jose Mouquinho	00:22:54	00:53:46	00:53:43	1137		V40	215
1050	12	Alexandre Tam	00:25:31	00:53:47	00:53:35	1114		V60	11
1051	1030	Tiago Pereira	00:26:16	00:53:48	00:53:22	1093	H2Ovita	Senior	299
1052	360	Domingos Folgado	00:26:26	00:53:48	00:52:43	1054		V45	131
1053	765	Rita Pinto	00:27:32	00:53:48	00:52:50	1061		Senior	21
1054	40	Pedro Leitão	00:26:30	00:53:49	00:52:58	1067		Senior	300
1055	2772	Eunice Amorim	00:28:02	00:53:49	00:52:40	1043		V45	8
1056	2277	João Moreira	00:25:39	00:53:50	00:52:41	1048		Senior	301
1057	2800	Pedro Ponte	00:25:27	00:53:50	00:52:56	1066	Clube ANA Lisboa	Senior	302
1058	922	Paulo Correia	00:26:54	00:53:50	00:51:57	984	PANASKINHAS	Senior	303
1059	923	Daniel Gonçalves	00:26:53	00:53:51	00:51:57	985	PANASKINHAS	Senior	304
1060	1347	Catarina Pereira	00:27:42	00:53:54	00:52:49	1059		V35	26

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1061	642	José Calheiros	00:25:50	00:53:54	00:53:34	1111		V35	204
1062	769	José Vieira	00:26:46	00:53:54	00:52:02	994		Senior	305
1063	380	Ademar Urbano	00:26:46	00:53:55	00:52:03	998		Senior	306
1064	2396	Miguel Oliveira	00:25:33	00:53:56	00:53:04	1073		V35	205
1065	2311	Sérgio Franclim	00:27:06	00:53:58	00:52:21	1024	"OS LUCENAS"	V35	206
1066	1905	Pedro Miguel Araújo	00:25:40	00:53:59	00:53:42	1134		Senior	307
1067	637	Paulo Sousa	00:25:39	00:53:59	00:53:42	1135		Senior	308
1068	1645	Nuno Alves	00:25:59	00:53:59	00:53:41	1132		V60	12
1069	2021	Pedro Almeida	00:25:49	00:54:00	00:52:51	1062	CLUBE MILLENNIUM BCP	Senior	309
1070	465	Éder Leal	00:27:44	00:54:01	00:52:33	1039	Wannabes	Senior	310
1071	890	Susana Freitas	00:25:39	00:54:02	00:53:36	1115	Correr para Viver +	V35	27
1072	2075	Decio Alves	00:25:18	00:54:02	00:53:57	1163		V40	216
1073	1520	Pedro Filipe	00:25:52	00:54:03	00:53:31	1107	Clube Atletismo Amigos de Belém	Senior	311
1074	1771	João Rodrigues	00:27:05	00:54:04	00:53:20	1090		V45	132
1075	2746	João Churro	00:27:38	00:54:04	00:52:09	1005		V35	207
1076	12038	André Martins	00:27:42	00:54:05	00:52:58	1068		Senior	312
1077	12099	João Amorim	00:26:32	00:54:06	00:53:34	1112	TUA	V35	208
1078	1426	Antonio Simão	00:26:50	00:54:06	00:53:21	1092		V35	209
1079	1351	Luis Sousa	00:26:42	00:54:06	00:52:43	1052	Microsoft ONE	V35	210
1080	460	Sérgio Ramos	00:27:43	00:54:06	00:53:03	1072		V35	211

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1081	12163	Sérgio Santos	00:25:56	00:54:07	00:53:30	1106		V45	133
1082	1212	António Nunes	00:26:30	00:54:07	00:53:26	1101		V45	134
1083	728	Carlos Marques	00:25:52	00:54:07	00:53:40	1130		V45	135
1084	2305	Nuno Almeida	00:25:16	00:54:08	00:53:29	1105		Senior	313
1085	1256	Carla Mendes	00:27:33	00:54:08	00:52:49	1057		V35	28
1086	2204	José Mendes	00:27:14	00:54:09	00:53:02	1070		V40	217
1087	1286	Manuel Anastácio	00:27:51	00:54:09	00:53:07	1078	CLUBE GRUPO BES	V45	136
1088	822	Nuno Soares	00:27:47	00:54:10	00:52:21	1027		V35	212
1089	2412	António Pais	00:27:00	00:54:14	00:53:36	1117	NúcleOeiras / Sportzone	V65	6
1090	2570	Bernardo Maia	00:27:32	00:54:14	00:53:32	1108		V40	218
1091	525	Nuno Fidalgo	00:28:10	00:54:15	00:52:21	1025		Senior	314
1092	937	Diogo Pisco	00:28:10	00:54:15	00:52:21	1026		Senior	315
1093	333	Gonçalo Pinheiro	00:26:07	00:54:17	00:54:04	1180		V35	213
1094	2291	Francisco Fontoura	00:25:07	00:54:18	00:54:00	1169		Senior	316
1095	1620	Pedro Freire	00:26:22	00:54:18	00:53:24	1098		V35	214
1096	2699	Pedro Silva	00:27:03	00:54:18	00:53:10	1080		V40	219
1097	12185	Bruno Costa	00:28:57	00:54:18	00:53:05	1077		V35	215
1098	934	Mário Gonçalves	00:27:50	00:54:18	00:52:54	1065		V45	137
1099	341	Erik Wennberg	00:26:15	00:54:19	00:53:43	1138		Senior	317
1100	1774	Marco Batista	00:27:56	00:54:19	00:52:28	1036		V35	216

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1101	1758	Jorge Pereira	00:26:39	00:54:20	00:53:00	1069		V35	217
1102	1559	Heitor Oliveira	00:28:15	00:54:20	00:52:23	1031		Senior	318
1103	185	António Ferreira	00:26:19	00:54:22	00:54:01	1170	Bed Cow Ninjas	V50	68
1104	404	Joao Vieira	00:27:42	00:54:22	00:54:01	1172	Volkswagen Autoeuropa	V40	220
1105	1674	Miguel Fernandes	00:25:37	00:54:23	00:54:10	1190	GD CelCat	V35	218
1106	2628	Paulo Gonçalves	00:26:59	00:54:24	00:53:16	1087		V55	38
1107	1614	Helena Lucas	00:26:06	00:54:24	00:54:09	1189		Senior	22
1108	259	Nuno Moura-Pinheiro	00:26:05	00:54:24	00:54:05	1181		V40	221
1109	2481	Humberto Freire	00:28:01	00:54:26	00:51:55	977		V50	69
1110	196	Tiago Martinho	00:26:45	00:54:27	00:53:46	1146		Senior	319
1111	164	Carlos Llera	00:26:45	00:54:27	00:53:46	1145		Senior	320
1112	12083	Esmeraldo Pereira	00:27:17	00:54:27	00:53:35	1113	SS CGD	V65	7
1113	2668	Pedro Monteiro	00:27:06	00:54:29	00:53:25	1099		V50	70
1114	372	Pedro Nunes	00:26:49	00:54:30	00:53:33	1110		V40	222
1115	903	Alexandre Santo	00:26:51	00:54:30	00:53:04	1074		Senior	321
1116	1715	Andre Figueiredo	00:27:11	00:54:31	00:53:33	1109		V35	219
1117	1995	Leonel Brandao	00:26:47	00:54:32	00:54:09	1187	CLUBE MILLENNIUM BCP	V45	138
1118	12202	Sandra Silva	00:27:31	00:54:33	00:53:45	1142		V40	21
1119	2292	Rui Letras	00:27:49	00:54:34	00:53:17	1088		V40	223
1120	300	Nuno Loureiro	00:27:17	00:54:34	00:53:43	1140	Falcões Selvagens	V45	139

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1121	2434	Luis Dias	00:26:22	00:54:36	00:53:42	1136		Senior	322
1122	2515	Nuno Mendes	00:27:18	00:54:36	00:53:41	1133		V40	224
1123	1236	Marco Ferreira	00:27:54	00:54:37	00:52:19	1022		Senior	323
1124	1730	Renato Ramires	00:27:40	00:54:41	00:53:50	1153	Clube ANACOM	Senior	324
1125	1574	Valter Amadinho	00:27:45	00:54:41	00:52:42	1049		Senior	325
1126	801	António Sousa	00:25:46	00:54:42	00:54:10	1191		V35	220
1127	66	Antonio Ribeiro	00:25:46	00:54:44	00:54:06	1183		V45	140
1128	584	Nuno Oliveira	00:25:45	00:54:45	00:54:07	1186		V40	225
1129	860	António Vale	00:26:42	00:54:45	00:53:12	1081		Senior	326
1130	2298	Ricardo Semião	00:25:52	00:54:45	00:54:11	1195		Senior	327
1131	2169	Pedro Lucas	00:26:46	00:54:46	00:53:14	1084		V35	221
1132	1237	Fernando Almeida	00:26:26	00:54:47	00:54:03	1177		Senior	328
1133	2865	Nuno Almeida	00:27:29	00:54:47	00:54:32	1216	CCD PM CASCAIS	V40	226
1134	2473	João Gordo	00:26:56	00:54:47	00:53:08	1079		Senior	329
1135	2069	João Serôdio	00:26:23	00:54:48	00:53:56	1158		Senior	330
1136	2063	José Alípio	00:27:52	00:54:49	00:53:45	1143	MultiRunners	V40	227
1137	12159	João Brazão	00:27:49	00:54:49	00:53:45	1141		V40	228
1138	2413	Ruben Guia	00:25:24	00:54:52	00:54:11	1196		Senior	331
1139	250	Ruben Gonçalves	00:27:29	00:54:52	00:54:12	1197		Senior	332
1140	2655	Álvaro Rodrigues	00:26:52	00:54:54	00:53:37	1118		Senior	333

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1141	1857	Bruno Paixão	00:24:27	00:54:55	00:54:41	1234	Paixão 4Run	Senior	334
1142	1555	Fernando Santos	00:27:44	00:54:55	00:53:38	1122	Extintos de Aqualva	V60	13
1143	1554	Leonel Seleiro	00:27:44	00:54:55	00:53:38	1120	Extintos de Aqualva	V55	39
1144	1557	Alberto Fernandes	00:27:37	00:54:55	00:53:39	1126	Extintos de Aqualva	V60	14
1145	1556	Bernardo Gradissimo	00:27:46	00:54:56	00:53:38	1123	Extintos de Aqualva	V55	40
1146	1252	Manuel Rodrigues	00:27:45	00:54:56	00:53:38	1121		V55	41
1147	746	Victor Ramos	00:28:01	00:54:56	00:53:49	1149	CLUBE COLABORADORES AXA	V40	229
1148	1558	Manuel Emidio	00:27:46	00:54:56	00:53:38	1124	Extintos de Aqualva	V55	42
1149	320	Nuno Pinto	00:25:56	00:54:56	00:54:26	1210	GD CelCat	V40	230
1150	374	Jose Pacheco	00:27:49	00:54:56	00:53:04	1075		V45	141
1151	12257	Madalena Fontinhas	00:28:07	00:54:56	00:53:15	1085		Senior	23
1152	1455	Valdemar Viegas	00:26:23	00:54:56	00:54:27	1211		V35	222
1153	138	Rui Gomes	00:31:06	00:54:57	00:54:55	1258		Senior	335
1154	995	Antonio Moeda	00:30:01	00:55:01	00:53:40	1129	tagide runners	V50	71
1155	499	Bruno Baleizão	00:28:31	00:55:01	00:53:28	1103		Senior	336
1156	1763	João Reys	00:25:41	00:55:02	00:53:43	1139		V35	223
1157	2154	João Cunha	00:25:21	00:55:02	00:53:58	1165	PEGICA	Senior	337
1158	2533	Joao Serra	00:27:06	00:55:03	00:53:54	1156		V40	231
1159	1352	Sergio Figueiredo	00:27:48	00:55:03	00:53:40	1131	Microsoft ONE	Senior	338
1160	2181	Ricardo Mendes	00:26:04	00:55:07	00:54:09	1188		V35	224

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1161	514	Filipe Duarte	00:27:33	00:55:07	00:54:01	1174		Senior	339
1162	486	Rui Barros	00:27:26	00:55:08	00:53:37	1119		V45	142
1163	2116	Paulo Sousa	00:27:38	00:55:08	00:53:22	1094	Runniologia	V40	232
1164	946	João Teixeira	00:27:27	00:55:08	00:54:05	1182		Senior	340
1165	1672	Pedro Almeida	00:26:12	00:55:09	00:54:38	1229		V55	43
1166	1570	Suse Lucas	00:28:34	00:55:09	00:53:13	1082	PERNAS DE PAU II	Senior	24
1167	886	Tiago Mota	00:28:15	00:55:09	00:54:13	1198		V35	225
1168	12053	Arlindo Parra	00:27:55	00:55:09	00:53:25	1100	Clube EDP - Lisboa	V50	72
1169	782	Ricardo Pinto	00:25:52	00:55:11	00:54:18	1204		V35	226
1170	1727	Isaac Carrêlo	00:27:53	00:55:11	00:54:25	1209	Clube ANACOM	V50	73
1171	904	Ricardo Correia	00:28:28	00:55:12	00:52:53	1064		V35	227
1172	12166	Vitor Araújo	00:27:34	00:55:13	00:53:59	1167		Senior	341
1173	75	Tiago Dias	00:24:34	00:55:14	00:55:04	1276		Senior	342
1174	1742	Orlando Almeida	00:27:28	00:55:15	00:54:23	1207		V40	233
1175	2791	Pedro Morgado	00:28:27	00:55:15	00:53:48	1148	Clube ANA Lisboa	Senior	343
1176	1741	Manuel Venâncio	00:26:25	00:55:15	00:54:32	1219		V40	234
1177	12064	Marco Costa	00:27:50	00:55:16	00:53:49	1150		Senior	344
1178	747	Raul Carvalho	00:26:56	00:55:16	00:54:37	1226	Falcões Selvagens	V55	44
1179	488	Carla Martinho	00:27:39	00:55:16	00:54:00	1168		Senior	25
1180	12184	Graciano Campos	00:26:52	00:55:18	00:54:04	1179		V55	45

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1181	1354	Carlos Carrolo	00:27:26	00:55:20	00:53:57	1162	Microsoft ONE	V40	235
1182	1337	José Ferreira	00:26:26	00:55:20	00:54:54	1255		V35	228
1183	41	Maria Moura	00:27:33	00:55:21	00:54:30	1213		V45	9
1184	672	João Carrinho	00:27:03	00:55:22	00:54:32	1215		V45	143
1185	2062	João Pereira	00:28:18	00:55:22	00:54:17	1202	MultiRunners	V45	144
1186	2061	José Finuras	00:28:19	00:55:22	00:54:18	1203	MultiRunners	V40	236
1187	533	Paulo Borges	00:27:35	00:55:24	00:54:11	1194		V45	145
1188	1825	Décio Simões	00:26:51	00:55:24	00:54:23	1206		Senior	345
1189	169	Cesario Garcia	00:29:25	00:55:24	00:53:36	1116		Senior	346
1190	687	Luis Gutierrez	00:24:55	00:55:25	00:55:07	1282	Volkswagen Autoeuropa	V50	74
1191	2677	Jose Andrade	00:26:46	00:55:26	00:54:34	1223	Keep Running	V45	146
1192	2172	Miguel Ferrinho	00:26:59	00:55:27	00:54:38	1230	Pés de Chumbo	V40	237
1193	1590	Antonio Iria	00:28:00	00:55:27	00:54:02	1176		V45	147
1194	1752	João Medeiros	00:27:19	00:55:27	00:54:18	1205		V35	229
1195	1423	Fernanda Moura	00:28:12	00:55:28	00:53:39	1125		V50	1
1196	1600	António Tavares	00:26:38	00:55:28	00:54:23	1208	Run4Beer	V35	230
1197	1243	Ramiro Borrego	00:27:55	00:55:28	00:53:54	1157		V45	148
1198	854	Hugo Serôdio	00:26:20	00:55:29	00:54:34	1221		Senior	347
1199	273	Fernando Martins	00:28:01	00:55:30	00:54:34	1222		V45	149
1200	1848	Oswaldo Pinho	00:26:12	00:55:30	00:55:04	1274		Senior	348

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1201	2715	Miguel Pinto	00:26:30	00:55:31	00:54:43	1238		Senior	349
1202	1417	Marcio Lourenço	00:27:10	00:55:31	00:54:48	1248	E.C.	Senior	350
1203	1940	Nuno Carvalho	00:26:39	00:55:31	00:54:37	1227		V35	231
1204	581	Joaquim Guerreiro	00:27:42	00:55:31	00:54:54	1256	Açoreana Clube Banif	V50	75
1205	2031	Paulo Felicio	00:29:55	00:55:33	00:53:50	1152	CLUBE MILLENNIUM BCP	V45	150
1206	12129	Sónia Silva	00:29:55	00:55:33	00:53:27	1102	VdAtletas	Senior	26
1207	1650	Margarida Brites	00:27:21	00:55:34	00:54:49	1249		V45	10
1208	1941	Luis Romão	00:26:57	00:55:34	00:54:51	1251		V40	238
1209	119	Rogério Ciriaco	00:27:59	00:55:34	00:53:56	1159		V35	232
1210	1026	Pedro Farinha	00:27:44	00:55:35	00:53:56	1160	H2Ovita	Senior	351
1211	2760	Margarida Chambel	00:28:34	00:55:35	00:53:29	1104		V40	22
1212	1136	Carlos Correia	00:28:03	00:55:36	00:54:14	1199		V40	239
1213	2053	Alexandre Moita	00:28:21	00:55:37	00:54:31	1214	CLUBE MILLENNIUM BCP	V40	240
1214	424	Carlos Fernandes	00:28:48	00:55:40	00:54:04	1178	clube vodafone	V45	151
1215	2802	Diogo Soares	00:25:34	00:55:41	00:54:58	1268	Clube ANA Lisboa	Senior	352
1216	12006	João Batista	00:28:07	00:55:41	00:54:46	1242		V35	233
1217	2092	Adelino Carvalho	00:26:01	00:55:42	00:55:04	1277		V35	234
1218	2015	Aurelio Silva	00:27:15	00:55:43	00:53:57	1164	CLUBE MILLENNIUM BCP	V45	152
1219	12013	Helena Diogo	00:28:15	00:55:44	00:54:11	1192		V40	23
1220	2184	João Silva	00:26:59	00:55:44	00:54:29	1212		Senior	353

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1221	12095	João Justo	00:27:06	00:55:44	00:54:07	1185		V35	235
1222	12040	Augusto Caria	00:27:12	00:55:44	00:55:07	1280		V60	15
1223	2758	João Ribeiro	00:28:31	00:55:45	00:53:59	1166		V35	236
1224	359	Jose Vermelhudo	00:27:21	00:55:45	00:54:45	1241		V50	76
1225	1085	Ana Bernardo	00:26:49	00:55:45	00:55:30	1320	aminhacorrída.com	Senior	27
1226	2010	Luis Costa	00:28:32	00:55:45	00:53:52	1154	CLUBE MILLENNIUM BCP	V40	241
1227	1411	Inês Mimoso	00:27:52	00:55:45	00:54:41	1233		Senior	28
1228	2044	Humberto Cabral	00:28:32	00:55:45	00:53:53	1155	CLUBE MILLENNIUM BCP	V40	242
1229	2025	Luis Gaspar	00:26:52	00:55:45	00:55:20	1301	CLUBE MILLENNIUM BCP	V45	153
1230	12089	Sabir Kanji	00:28:35	00:55:46	00:53:45	1144	SS CGD	Senior	354
1231	65	Isabel Monteiro	00:28:06	00:55:46	00:54:33	1220		Senior	29
1232	2647	Carlos Marques	00:27:24	00:55:46	00:54:37	1228		V50	77
1233	2522	Alzira Pereira	00:28:04	00:55:47	00:54:55	1257		V45	11
1234	823	Miguel Coimbra	00:28:34	00:55:48	00:54:15	1200		Senior	355
1235	1299	Pedro Ferreira	00:26:42	00:55:48	00:54:59	1269	CLUBE GRUPO BES	Senior	356
1236	344	Carlos Sampaio	00:26:56	00:55:49	00:55:36	1334		V50	78
1237	1982	Carlos Silva	00:28:00	00:55:50	00:55:07	1281		V50	79
1238	280	Nuno Barreto	00:27:34	00:55:51	00:54:56	1261		V40	243
1239	1413	Jose Cruz	00:28:34	00:55:51	00:52:19	1023		V40	244
1240	2476	Rosária Silva	00:27:27	00:55:52	00:55:01	1272		Senior	30

BES RIN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1241	317	Maria Fonseca	00:27:21	00:55:52	00:55:05	1278		V55	3
1242	376	Rui Sobral	00:27:17	00:55:54	00:55:22	1309		Senior	357
1243	661	Rui Silva	00:28:02	00:55:54	00:53:40	1127		V40	24
1244	1080	Vera Morais	00:28:43	00:55:54	00:54:44	1239		Senior	31
1245	713	Luis Marques	00:28:01	00:55:55	00:54:44	1240		V55	46
1246	940	Luis Santos	00:28:24	00:55:55	00:54:42	1236	Amigos Vale Silencio	V55	47
1247	943	Fernando Silva	00:28:24	00:55:55	00:54:42	1235	Amigos Vale Silencio	V45	154
1248	1979	Miguel Varela	00:26:45	00:55:57	00:55:51	1346	Garage Team	V45	155
1249	1775	Maria Batista	00:29:03	00:55:58	00:54:07	1184		V40	25
1250	1194	Thelmo Cunha	00:26:27	00:55:59	00:54:56	1263	Odebrecht Portugal, S.A.	V50	80
1251	2632	Jose Oliveira	00:27:46	00:56:01	00:54:52	1252		V50	81
1252	2350	Paulo Lopes	00:25:02	00:56:02	00:55:30	1321		V35	237
1253	2526	Teresa Escarduça	00:28:35	00:56:02	00:54:01	1173		Senior	32
1254	12198	Pedro Santos	00:28:03	00:56:02	00:54:47	1246		V35	238
1255	755	José Costa	00:27:53	00:56:04	00:54:42	1237		V35	239
1256	1040	Tiago Nunes	00:28:36	00:56:05	00:53:49	1151		Senior	358
1257	1155	João Travassos	00:29:49	00:56:06	00:53:48	1147	Faca na caveira	Senior	359
1258	155	José Serrador	00:27:43	00:56:06	00:54:58	1265		V40	245
1259	1077	Carla Correia	00:28:17	00:56:07	00:54:34	1224		V35	29
1260	2443	Sérgio Tavares	00:27:24	00:56:07	00:55:08	1283	CCD Crédito Agrícola Mútuo	V40	246

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1261	184	Sofia Silva	00:28:25	00:56:07	00:54:56	1260	corre@correr	V35	30
1262	220	Carlos Lopes	00:28:25	00:56:07	00:54:56	1262	corre@correr	V60	16
1263	2262	Carlos Simão	00:27:56	00:56:08	00:54:02	1175		V40	247
1264	12086	Pedro Lopes	00:27:10	00:56:09	00:55:28	1317	SS CGD	V35	240
1265	134	Sandra Arraias	00:28:27	00:56:10	00:54:39	1231		Senior	33
1266	1542	David Aragão	00:28:31	00:56:10	00:53:56	1161	Os Corredores	Junior	10
1267	1241	Rui Santos	00:28:00	00:56:11	00:54:11	1193		V40	248
1268	2860	Antonio Veloso	00:29:24	00:56:12	00:55:15	1288	CCD PM CASCAIS	V40	249
1269	12081	Ana Bras	00:27:42	00:56:13	00:55:18	1298	SS CGD	V45	12
1270	1999	Alberto Nunes	00:27:25	00:56:13	00:54:47	1245	CLUBE MILLENNIUM BCP	V50	82
1271	1469	Pedro Pires	00:26:55	00:56:13	00:55:20	1302	Jatapanho	V35	241
1272	422	Miguel Campos	00:27:25	00:56:13	00:54:47	1247		V45	156
1273	2018	Paulo Caetano	00:27:13	00:56:13	00:55:57	1353	CLUBE MILLENNIUM BCP	V45	157
1274	428	Flávio Oliveira	00:27:13	00:56:13	00:55:57	1352		V45	158
1275	2134	Nelito Calixto	00:28:25	00:56:14	00:55:17	1292		Senior	360
1276	1623	Bruno Militão	00:26:18	00:56:14	00:55:35	1329		Senior	361
1277	1025	Paulo Carvalho	00:27:21	00:56:15	00:55:18	1294	Clube EDP - Lisboa	V55	48
1278	2216	Sara Martinez	00:28:34	00:56:16	00:55:13	1286		V40	26
1279	12031	Erneso Carvalho	00:28:11	00:56:17	00:55:19	1299		V55	49
1280	2143	Luís Fernandes	00:29:24	00:56:18	00:54:50	1250		Senior	362

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1281	12028	Paulo Oliveira	00:27:38	00:56:18	00:55:27	1316		V35	31
1282	534	Jorge Lemos	00:26:43	00:56:19	00:56:04	1362		V40	250
1283	1012	Nuno Pinela	00:28:16	00:56:20	00:55:17	1293		V35	242
1284	977	Rosa Carvalho	00:27:32	00:56:20	00:55:35	1327		V50	2
1285	154	Miguel Oliveira	00:28:03	00:56:20	00:54:58	1266		V35	243
1286	1262	Ana Ferreira	00:28:00	00:56:20	00:55:33	1325	CLUBE GRUPO BES	V45	13
1287	1362	Adelaide Manhica	00:28:12	00:56:21	00:55:20	1303		V55	4
1288	228	Luís Padilha	00:28:39	00:56:22	00:55:48	1342		V35	244
1289	2850	Pedro Loureiro	00:28:38	00:56:22	00:55:49	1343		V40	251
1290	541	Nuno Dias	00:27:41	00:56:22	00:55:35	1331		Senior	363
1291	12093	Pedro Velho	00:26:36	00:56:22	00:55:24	1314		V45	159
1292	1795	António Almeida	00:28:07	00:56:25	00:55:23	1313	VdAtletas	V35	245
1293	2512	Daniel Alves	00:30:13	00:56:27	00:54:01	1171		V35	246
1294	1811	Luis Grangeia	00:29:15	00:56:28	00:52:51	1063	VdAtletas	Senior	364
1295	12075	Fernando Alves	00:28:36	00:56:30	00:55:18	1295	SS CGD	V50	83
1296	1987	Ana Cabral	00:28:02	00:56:30	00:55:13	1287		V50	3
1297	2469	Pedro Loureiro	00:27:54	00:56:33	00:55:33	1326		V40	252
1298	960	Renato Silva	00:28:12	00:56:33	00:54:36	1225		Senior	365
1299	1883	Pedro Póvoas	00:30:28	00:56:34	00:54:16	1201		Senior	366
1300	665	Margarida Pereira	00:29:20	00:56:36	00:54:32	1217		Senior	34

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo Intermédio</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1301	958	João Sotomayor	00:27:45	00:56:36	00:55:40	1338		V50	84
1302	111	Rui Girão	00:26:37	00:56:36	00:55:50	1345		Senior	367
1303	395	Pedro Jaime	00:28:58	00:56:37	00:55:53	1350		V45	160
1304	25	Sandra Carvalho	00:28:58	00:56:37	00:55:22	1311		V40	27
1305	356	Pedro Cavaco	00:28:44	00:56:38	00:55:29	1318		Senior	368
1306	815	Augusto Neves	00:27:51	00:56:39	00:55:36	1333		V45	161
1307	1168	Ricardo Cabral	00:26:49	00:56:40	00:55:40	1336	Tá-len-tos	V40	253
1308	1213	José Ribeiro	00:29:16	00:56:41	00:54:46	1243		V55	50
1309	2663	Rui Alves	00:25:04	00:56:41	00:56:30	1390		V35	247
1310	12147	Jorge Canelhas	00:31:29	00:56:42	00:55:30	1319	Garmin Clube Olimpico De Oeiras	V35	248
1311	654	João Santos	00:28:22	00:56:42	00:54:56	1259	Conheira Team	Senior	369
1312	1458	Bruno Gonçalves	00:28:15	00:56:43	00:54:46	1244		V35	249
1313	2535	Francisco Silva	00:27:42	00:56:43	00:56:35	1397	Tartarugas Ninja do Asfalto	Senior	370
1314	2013	Dulce Ramos	00:28:02	00:56:44	00:55:16	1289	CLUBE MILLENNIUM BCP	V40	28
1315	345	João Paisana	00:28:59	00:56:44	00:55:04	1275		V40	254
1316	521	Luis Barata	00:25:59	00:56:44	00:56:38	1400		V40	255
1317	2589	Ariana Morais	00:27:11	00:56:46	00:56:26	1387	Volkswagen Autoeuropa	V35	32
1318	2186	Angelica Heldt	00:28:28	00:56:46	00:55:59	1355		V40	29
1319	706	Helena Wallentin	00:28:28	00:56:46	00:55:59	1356		V45	14
1320	46	Célia Gil	00:28:41	00:56:48	00:54:59	1270		V40	30

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1321	2411	Gerson Trigueiros	00:31:38	00:56:48	00:54:40	1232		Senior	371
1322	1988	Antonio Rico	00:28:15	00:56:50	00:55:23	1312		V35	250
1323	623	Marco Martins	00:28:09	00:56:51	00:54:58	1267		Senior	372
1324	463	Pedro Amaral	00:27:43	00:56:52	00:56:11	1368		V45	162
1325	262	Américo Francisco	00:26:09	00:56:52	00:56:12	1370		V35	251
1326	1760	João Viegas	00:28:37	00:56:52	00:55:32	1324		Senior	373
1327	838	Jorge Monteiro	00:27:52	00:56:53	00:55:50	1344		V45	163
1328	1732	Luis Fonseca	00:28:26	00:56:53	00:55:10	1284	Clube PT Lisboa	V45	164
1329	2238	José Martins	00:28:15	00:56:54	00:55:21	1307	VdAtletas	V50	85
1330	174	Joao Cruz	00:28:23	00:56:54	00:55:35	1330		V40	256
1331	173	Paulo Valentim	00:28:41	00:56:54	00:56:33	1395	Volkswagen Autoeuropa	V35	252
1332	1374	Jorge Gomes	00:28:41	00:56:54	00:56:33	1393	Volkswagen Autoeuropa	V50	86
1333	575	Nuno Santo	00:31:01	00:56:54	00:54:53	1254	Açoreana Clube Banif	V40	257
1334	577	Pedro Burquette	00:31:01	00:56:54	00:54:53	1253	Açoreana Clube Banif	V35	253
1335	568	Antonio Guedes	00:31:02	00:56:55	00:54:58	1264	Açoreana Clube Banif	V40	258
1336	252	Nuno Albuquerque	00:28:35	00:56:56	00:54:32	1218		V35	254
1337	1160	Rui Mota	00:27:23	00:56:57	00:56:00	1358		Senior	374
1338	1075	Carlos Martins	00:28:55	00:56:57	00:55:21	1306	Clube PT Lisboa	V50	87
1339	1705	Frederico Nobre	00:29:19	00:56:57	00:55:35	1328	Clube Desportivo TCPI	Senior	375
1340	12169	Jorge Silva	00:27:46	00:56:58	00:55:21	1305		Senior	376

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1341	113	Sofia Gomes	00:29:24	00:56:58	00:55:22	1308	Starfish	V35	33
1342	112	Nuno Fernandes	00:29:25	00:56:58	00:55:21	1304	Starfish	V35	255
1343	12174	Paulo Nunes	00:27:46	00:56:58	00:55:22	1310		V45	165
1344	1501	João Chung	00:29:58	00:56:58	00:55:25	1315		V35	256
1345	1424	Otelinda Sousa	00:29:31	00:57:01	00:55:00	1271		V35	34
1346	1796	Carlos Correia	00:27:44	00:57:02	00:55:32	1322	VdAtletas	V45	166
1347	2334	Antonio Ribeiro	00:28:13	00:57:03	00:56:21	1382	DUO	V45	167
1348	2335	Antonio Catalino	00:28:13	00:57:04	00:56:21	1383	DUO	V45	168
1349	877	José Vale	00:28:36	00:57:04	00:56:25	1385		V50	88
1350	2426	Sandra Gaspar	00:27:18	00:57:04	00:56:58	1420		V40	31
1351	224	David Almeida	00:29:00	00:57:05	00:56:04	1363		Senior	377
1352	2022	Carlos Janela	00:30:10	00:57:06	00:55:16	1290	CLUBE MILLENNIUM BCP	V55	51
1353	1073	Ricardo Reis	00:28:40	00:57:07	00:55:40	1337		V40	259
1354	2868	Rui Soares	00:26:53	00:57:08	00:56:12	1369	CCD PM CASCAIS	V35	257
1355	31	Tiago Teixeira	00:30:09	00:57:08	00:56:09	1367		Senior	378
1356	2402	João Colaço	00:28:22	00:57:09	00:55:32	1323		Senior	379
1357	1196	David Lopes	00:26:48	00:57:11	00:56:12	1371		V35	258
1358	1518	Carlos Rodrigues	00:29:09	00:57:11	00:55:12	1285		Senior	380
1359	1400	Luis Matias	00:28:05	00:57:12	00:56:27	1388		V50	89
1360	12279	Paulo Santos	00:28:18	00:57:13	00:55:59	1354		V35	259

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1361	2427	Pedro Roque	00:27:17	00:57:14	00:57:08	1435		V40	260
1362	1320	Pedro Domingos	00:28:48	00:57:15	00:55:52	1347	CLUBE GRUPO BES	V40	261
1363	500	Micael Soares	00:29:34	00:57:15	00:55:38	1335		Senior	381
1364	12238	Daniel Oliveira	00:27:51	00:57:15	00:57:07	1432		Senior	382
1365	94	Nuno Almeida	00:27:48	00:57:16	00:55:52	1348	Sportings de Almeida	V35	260
1366	129	António Costa	00:28:36	00:57:18	00:56:27	1389		V50	90
1367	1027	Mafalda Duarte	00:28:33	00:57:21	00:56:16	1376	H2Ovita	Senior	35
1368	605	Carolina Santos	00:29:30	00:57:23	00:55:18	1296		Senior	36
1369	512	Vitor Santos	00:29:30	00:57:23	00:55:17	1291		V45	169
1370	12048	Sérgio Falamino	00:28:54	00:57:23	00:56:13	1374		V40	262
1371	1925	António Silva	00:28:06	00:57:23	00:56:46	1407	Tranquilidade	V40	263
1372	597	Miguel Duarte	00:28:52	00:57:25	00:55:42	1339	O Gama paga tudo	V35	261
1373	2611	Nuno Mendes	00:30:45	00:57:27	00:57:25	1452		Senior	383
1374	12036	Helena Afonso	00:28:55	00:57:27	00:56:17	1377		V40	32
1375	2132	Daniel Silva	00:29:07	00:57:27	00:56:00	1357		Senior	384
1376	340	Pedro Matos	00:28:09	00:57:27	00:56:33	1392		Senior	385
1377	12233	Joana Albuquerque	00:28:42	00:57:28	00:56:14	1375		V40	33
1378	292	Marco Brito	00:27:11	00:57:29	00:56:54	1415		V35	262
1379	2661	Marisa Santos	00:28:33	00:57:30	00:55:46	1340		V35	35
1380	2094	Patrícia Miranda	00:28:04	00:57:30	00:56:18	1378		V35	36

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1381	92	Luis Proença	00:29:13	00:57:30	00:56:08	1366		V40	264
1382	158	Luis Ramos	00:26:55	00:57:30	00:56:13	1373		Senior	386
1383	166	Antonio Marques	00:28:55	00:57:30	00:56:02	1359		V65	8
1384	12057	Luís Baião	00:28:24	00:57:31	00:55:05	1279	O estrondo	Senior	387
1385	2516	Rui Brites	00:28:08	00:57:34	00:56:05	1364		V35	263
1386	591	Ricardo Dias	00:29:10	00:57:34	00:55:53	1351	O Gama paga tudo	V35	264
1387	1016	Diogo Antão	00:30:02	00:57:35	00:55:18	1297		Senior	388
1388	275	Pedro Alfaro	00:28:46	00:57:36	00:56:03	1361		V35	265
1389	2009	Luis Monteiro	00:30:10	00:57:36	00:55:46	1341	CLUBE MILLENNIUM BCP	V40	265
1390	12203	Rui Mendes	00:29:35	00:57:37	00:56:02	1360		V40	266
1391	1578	José Vilela	00:29:20	00:57:38	00:56:39	1401	Clube Robbialac	V45	170
1392	2562	Fernando Lourenço	00:29:13	00:57:41	00:56:05	1365	Bom Petisco	V60	17
1393	2191	Flávio Lucas	00:26:59	00:57:41	00:57:27	1458		Senior	389
1394	1251	Ruben Marques	00:26:54	00:57:41	00:57:07	1433		Senior	390
1395	644	Maria Silva	00:28:50	00:57:42	00:56:13	1372		V45	15
1396	611	António Pinheiro	00:28:16	00:57:44	00:56:20	1381	Os Galgos	V35	266
1397	1316	Ana Pina	00:29:54	00:57:44	00:56:35	1398	CLUBE GRUPO BES	V45	16
1398	1167	Cláudia Ribeiro	00:29:20	00:57:44	00:56:44	1406	Tá-len-tos	V40	34
1399	1854	Jorge Ferreira	00:29:04	00:57:45	00:56:19	1379		V45	171
1400	1762	Henrique Costa	00:27:06	00:57:46	00:56:26	1386		Senior	391

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1401	1442	Luis Toste	00:29:09	00:57:50	00:57:30	1465		V45	172
1402	932	Nuno Gonçalves	00:25:01	00:57:50	00:57:00	1422		V35	267
1403	373	Adolfo Veiga	00:29:05	00:57:51	00:55:53	1349		Senior	392
1404	1260	Ana Azevedo	00:28:54	00:57:53	00:56:32	1391	CLUBE GRUPO BES	Senior	37
1405	538	Joao Araujo	00:28:02	00:57:53	00:56:35	1396	MAC	V40	267
1406	2221	Paulo Santos	00:28:04	00:57:59	00:56:53	1413		V40	268
1407	2788	Alexandre Fernandes	00:28:21	00:58:00	00:57:00	1423		V40	269
1408	689	André Carvalho	00:27:22	00:58:01	00:57:38	1473	Volkswagen Autoeuropa	Senior	393
1409	225	António Barbosa	00:29:14	00:58:02	00:57:56	1492		Senior	394
1410	1379	Hugo Miranda	00:27:49	00:58:03	00:57:44	1482		V35	268
1411	762	Jaime Ribeiro	00:28:29	00:58:04	00:57:06	1429		Senior	395
1412	2518	Ana Fernandes	00:30:24	00:58:05	00:56:20	1380		Senior	38
1413	353	Carlos Pena	00:29:06	00:58:07	00:56:48	1409		V45	173
1414	413	Jose Raposo	00:28:05	00:58:10	00:57:54	1490		V45	174
1415	604	Filipe Junqueira	00:30:09	00:58:11	00:56:42	1405		Senior	396
1416	2769	Luis Dixon	00:29:56	00:58:11	00:56:40	1402		V40	270
1417	2767	Sérgio Vieira	00:29:56	00:58:12	00:56:41	1404		V35	269
1418	888	Carlos Cunha	00:29:17	00:58:14	00:56:41	1403		V40	271
1419	191	Rute Fernandes	00:28:26	00:58:19	00:57:28	1459		Senior	39
1420	910	Hugo Baleizao	00:30:38	00:58:20	00:56:46	1408		V35	270

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1421	1011	Joana Lancastre	00:28:19	00:58:21	00:57:40	1474		Senior	40
1422	12176	José Barreto	00:28:25	00:58:22	00:56:56	1417		V45	175
1423	2705	Rui Matos	00:29:59	00:58:23	00:57:13	1442	Corre Tu	Senior	397
1424	2706	Joaquim Prates	00:29:59	00:58:24	00:57:12	1439	Corre Tu	V35	271
1425	332	Isabel Martinez	00:29:29	00:58:25	00:57:10	1437		V35	37
1426	1798	Luís Vitorino	00:29:47	00:58:28	00:56:22	1384	VdAtletas	Senior	398
1427	602	João Seguro	00:29:17	00:58:29	00:57:06	1428	Pernas de Gafanhoto	Senior	399
1428	601	Paulo Rocha	00:29:17	00:58:30	00:57:06	1427	Pernas de Gafanhoto	Senior	400
1429	12272	Orlando Quong	00:28:11	00:58:31	00:57:05	1425	Tranquilidade	V35	272
1430	986	Joao Ferreira	00:28:57	00:58:32	00:57:22	1450	GD Cimpor & Amigos	V40	272
1431	1158	Maria Fernandes	00:28:58	00:58:32	00:57:22	1451		V50	4
1432	552	Sofia Moura	00:29:27	00:58:33	00:57:29	1461		Senior	41
1433	12227	Miguel Pereira	00:29:17	00:58:35	00:56:59	1421		V35	273
1434	1473	António Portugal	00:28:30	00:58:36	00:58:21	1521	GDINE	V45	176
1435	12254	Joana Caldeira	00:29:44	00:58:38	00:56:54	1414		V35	38
1436	1617	Carla Oliveira	00:29:02	00:58:38	00:57:53	1488		V35	39
1437	1298	Paulo Carreteiro	00:28:39	00:58:38	00:57:55	1491	CLUBE GRUPO BES	V40	273
1438	1005	António Morna	00:28:39	00:58:38	00:57:54	1489		Senior	401
1439	1744	Suzana Barata	00:30:01	00:58:39	00:56:33	1394		V35	40
1440	678	Jorge Teixeira	00:31:04	00:58:39	00:56:53	1412	clube vodafone	V40	274

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1441	1198	Ricardo Góis	00:29:09	00:58:40	00:55:02	1273		Senior	402
1442	1343	Claudia Barragon	00:29:44	00:58:41	00:57:12	1441		V40	35
1443	492	Joaquim Feijoo	00:29:14	00:58:41	00:57:06	1426		V65	9
1444	734	Rui Pereira	00:28:01	00:58:42	00:57:31	1466		V40	275
1445	2052	Nelson Guimaraes	00:30:41	00:58:42	00:56:48	1410	CLUBE MILLENNIUM BCP	V65	10
1446	12188	Alexandre Correia	00:29:46	00:58:44	00:57:31	1467		V35	274
1447	12181	Luís Ribeiro	00:29:46	00:58:44	00:57:30	1464		V35	275
1448	757	Tiago Pinto	00:29:41	00:58:45	00:57:36	1469		V35	276
1449	489	Jose Descalco	00:29:48	00:58:45	00:57:25	1455		V35	277
1450	301	Joaquim Gamito	00:29:37	00:58:45	00:57:21	1449		V50	91
1451	1156	Helenice Mateta	00:29:40	00:58:46	00:57:40	1477		Senior	42
1452	2680	Sara Lopes	00:29:40	00:58:46	00:57:40	1478		Senior	43
1453	106	Paulo Tainha	00:28:42	00:58:46	00:58:03	1501		V50	92
1454	2118	Mauro Castro	00:30:32	00:58:47	00:57:00	1424	Runniologia	V35	278
1455	1807	César Machado	00:30:28	00:58:48	00:55:36	1332	VdAtletas	Senior	403
1456	485	João Claudino	00:29:40	00:58:49	00:55:19	1300		V60	18
1457	1043	Rui Martins	00:26:59	00:58:53	00:58:44	1554		V35	279
1458	847	Filipe Matos	00:29:53	00:58:55	00:56:38	1399		V35	280
1459	595	Miguel Rosa	00:30:27	00:58:58	00:57:16	1445	O Gama paga tudo	V40	276
1460	1052	Vítor Arsénio	00:28:44	00:58:59	00:58:25	1531		V45	177

BES RIN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1461	1165	Pedro Nunes	00:28:13	00:58:59	00:57:59	1496	Tá-len-tos	V40	277
1462	753	Jorge Zambujo	00:28:45	00:59:00	00:57:07	1430		V40	278
1463	641	Jose Correia	00:28:53	00:59:01	00:58:03	1499		V50	93
1464	12225	Carlos Carita	00:29:17	00:59:01	00:57:25	1453		V55	52
1465	1009	Luisa Pintão	00:28:53	00:59:01	00:58:03	1500		V55	5
1466	1956	Hugo Leitão	00:29:04	00:59:02	00:57:10	1436	Os Padeiros	Senior	404
1467	2559	Nicol Santos	00:29:37	00:59:02	00:57:14	1443		Senior	44
1468	1651	António Garcia	00:29:00	00:59:03	00:58:18	1519		V50	94
1469	2563	Rogério Dias	00:28:59	00:59:04	00:57:29	1462	Bom Petisco	V40	279
1470	1514	Alexandre Santos	00:27:23	00:59:04	00:58:22	1527	Clube PT Lisboa	V40	280
1471	2475	Helena Silva	00:30:11	00:59:04	00:57:53	1487		V50	5
1472	2085	Paulo Barata	00:29:58	00:59:04	00:57:40	1476	Atomic Team	V35	281
1473	1778	Paulo Pomposo	00:29:15	00:59:04	00:57:51	1484		V40	281
1474	1609	Luis Nunes	00:30:40	00:59:05	00:57:20	1448		V35	282
1475	2322	Duarte Francisco	00:29:21	00:59:05	00:57:12	1438		Senior	405
1476	1776	Pedro Rodrigues	00:27:25	00:59:05	00:58:36	1541		Senior	406
1477	12039	Patricia Santos	00:30:36	00:59:06	00:56:55	1416		V35	41
1478	1786	Carlos Ventura	00:30:05	00:59:07	00:56:58	1419		V35	42
1479	872	Antonio Reis	00:28:03	00:59:09	00:58:13	1513		V40	282
1480	411	Miguel Lavrador	00:28:04	00:59:09	00:57:08	1434		V40	283

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1481	774	José Barreiros	00:29:44	00:59:09	00:57:25	1456		V40	284
1482	354	Pedro Matias	00:28:26	00:59:09	00:58:23	1529		V40	285
1483	2468	Alexandre Miguel	00:27:20	00:59:10	00:58:20	1520		V45	178
1484	12160	Marta Leitão	00:29:59	00:59:10	00:58:06	1503		Senior	45
1485	2197	Pedro Ferreira	00:28:20	00:59:11	00:57:59	1497		V35	283
1486	1782	Erin Rengstorf	00:30:40	00:59:11	00:56:57	1418		Senior	46
1487	2505	Richard Jesus	00:30:21	00:59:13	00:57:36	1470		Senior	407
1488	2624	Paulo Santos	00:28:26	00:59:13	00:58:14	1515		V40	286
1489	1916	Carlos Aguiar	00:29:27	00:59:13	00:57:17	1446		V45	179
1490	1365	Tiago Carvalho	00:29:27	00:59:14	00:57:36	1471		V40	287
1491	1033	Joana Taneco	00:30:00	00:59:14	00:58:09	1510	H2Ovita	Senior	47
1492	2215	Claudia Freixo	00:30:05	00:59:15	00:57:29	1463		Senior	48
1493	978	Jorge Chumbo	00:30:01	00:59:15	00:57:35	1468		V40	288
1494	209	Catarina Bexiga	00:28:47	00:59:16	00:58:52	1563		Senior	49
1495	799	Joao Moura	00:29:39	00:59:16	00:57:28	1460		Senior	408
1496	875	José Duarte	00:29:18	00:59:18	00:58:21	1522		Senior	409
1497	128	Alexandre Fernandes	00:29:05	00:59:19	00:58:32	1538		V40	289
1498	1869	Jose Faustino	00:27:06	00:59:21	00:58:37	1543		V45	180
1499	563	Ira Litwinoff	00:30:13	00:59:21	00:57:57	1495		V50	6
1500	1437	Gonçalo Teles	00:28:56	00:59:22	00:56:49	1411	R@n4F@n	Junior	11

BES RIN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1501	335	Luis Andorinho	00:28:48	00:59:22	00:59:18	1595		V35	284
1502	12100	Pedro Tavares	00:29:07	00:59:22	00:58:51	1560	TUA	V35	285
1503	2759	Bruno Costa	00:28:33	00:59:23	00:58:31	1536		Senior	410
1504	2726	Joaquim Oliveira	00:30:22	00:59:24	00:57:38	1472		V35	286
1505	2681	Nicole Ribeiro	00:30:33	00:59:24	00:57:12	1440		Senior	50
1506	2237	Vitor Abranches	00:29:00	00:59:25	00:58:33	1539	Falcões Selvagens	V40	290
1507	851	Rita Certã	00:30:31	00:59:25	00:58:04	1502		V35	43
1508	382	Élio Coelho	00:30:49	00:59:26	00:57:26	1457		V35	287
1509	2576	Rogério Costa	00:29:50	00:59:27	00:57:25	1454		V50	95
1510	1398	M. Teixeira	00:29:34	00:59:27	00:58:42	1549		V55	6
1511	1399	Mª Matias	00:29:34	00:59:28	00:58:42	1548		V45	17
1512	1223	Ricardo Santos	00:28:57	00:59:28	00:58:21	1524	Mama's Kitchen	Senior	411
1513	690	Susi Carvalho	00:27:27	00:59:28	00:59:07	1580	Volkswagen Autoeuropa	V45	18
1514	592	Rui Pereira	00:30:26	00:59:30	00:57:49	1483	O Gama paga tudo	V35	288
1515	1972	Carlos Ventura	00:29:16	00:59:30	00:57:40	1475	Tranquilidade	V35	289
1516	1633	Carlos Martins	00:27:26	00:59:30	00:58:06	1504		Senior	412
1517	443	Susana Ferreira	00:28:40	00:59:31	00:58:27	1532		Senior	51
1518	1734	João Rego	00:29:56	00:59:31	00:57:07	1431	Clube PT Lisboa	Senior	413
1519	812	Marina Andrade	00:30:31	00:59:32	00:58:11	1512		V40	36
1520	1721	Gabriela Dias	00:29:12	00:59:32	00:58:22	1525		Senior	52

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1521	464	Carlos Amaral	00:27:46	00:59:32	00:58:51	1561		V50	96
1522	2870	Tania Valentim	00:29:27	00:59:33	00:58:37	1544	CCD PM CASCAIS	Senior	53
1523	804	Nuno Bernardo	00:28:37	00:59:35	00:58:48	1558		V35	290
1524	1945	António Cerejo	00:28:36	00:59:35	00:58:42	1551		V35	291
1525	1383	Leonardo Santos	00:28:40	00:59:35	00:58:21	1523		V35	292
1526	109	Pedro Rodrigues	00:28:40	00:59:36	00:58:57	1570		V40	291
1527	390	Pedro Figueiredo	00:28:40	00:59:36	00:58:09	1507		V45	181
1528	680	Helder Rebimba	00:29:10	00:59:36	00:58:24	1530		V35	293
1529	1429	Teresa Moreno	00:29:09	00:59:37	00:58:50	1559		V45	19
1530	848	Sérgio Matos	00:29:53	00:59:37	00:57:19	1447		V40	292
1531	929	João Rosário	00:30:40	00:59:38	00:57:15	1444		Senior	414
1532	310	Rita Aguiar	00:29:19	00:59:38	00:58:36	1542		Senior	54
1533	825	Joaquim Monteiro	00:28:35	00:59:38	00:58:30	1534		V45	182
1534	12191	Carlos Pinto	00:29:47	00:59:38	00:58:22	1528		V45	183
1535	1563	Pedro Casalinho	00:28:12	00:59:39	00:58:16	1518		V35	294
1536	1612	Pedro Santos	00:30:18	00:59:39	00:57:43	1481		V40	293
1537	707	Rui Almeida	00:30:23	00:59:40	00:58:08	1506		V35	295
1538	12116	Carlos Carreira	00:30:50	00:59:41	00:57:40	1479		V40	294
1539	2510	Mário Fernandes	00:28:32	00:59:42	00:58:28	1533		V45	184
1540	12261	Filipa Ponciano	00:30:36	00:59:44	00:58:07	1505		Senior	55

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1541	858	Paulo Fernandes	00:29:52	00:59:45	00:58:22	1526		V45	185
1542	12207	Rafael Barreira	00:28:42	00:59:45	00:59:08	1584		Senior	415
1543	870	Gonçalo Azenha	00:28:10	00:59:49	00:58:16	1517		Senior	416
1544	725	Pedro Caldeira	00:25:11	00:59:49	00:59:27	1607	Volkswagen Autoeuropa	V35	296
1545	2478	Carolina Soromenho	00:30:38	00:59:51	00:59:03	1577		Junior	1
1546	12136	Sofia Santos	00:30:49	00:59:52	00:57:51	1485		V35	44
1547	12232	Pacer Min	00:30:32	00:59:53	00:59:11	1589		V35	297
1548	2500	João Palma	00:30:04	00:59:54	00:58:35	1540		V35	298
1549	1797	Ricardo Moura	00:29:19	00:59:54	00:57:51	1486	VdAtletas	V35	299
1550	81	Pedro Faro	00:29:44	00:59:54	00:58:42	1550		V45	186
1551	2340	Fernando Marques	00:30:25	00:59:55	00:58:43	1553		V50	97
1552	2296	Laurence Pape	00:29:25	00:59:56	00:58:41	1547	ZODIAC	V45	20
1553	2790	Antonio Morgado	00:28:51	00:59:56	00:58:56	1568	Clube ANA Lisboa	V55	53
1554	821	Paulo Borges	00:27:59	01:00:00	00:58:10	1511		V40	295
1555	467	Luís Rego	00:30:33	01:00:00	00:58:31	1535	Wannabes	Senior	417
1556	915	Miguel Silva	00:28:43	01:00:01	00:58:09	1508		Senior	418
1557	392	António Rodrigues	00:28:43	01:00:02	00:58:09	1509		Senior	419
1558	45	Vitor Duarte	00:31:31	01:00:03	00:57:42	1480		Senior	420
1559	37	Ricardo Farinha	00:28:40	01:00:06	00:59:56	1642		Senior	421
1560	1308	Pedro Antunes	00:30:16	01:00:09	00:59:19	1596	CLUBE GRUPO BES	Senior	422

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1561	1291	Patricia Santos	00:30:16	01:00:09	00:59:19	1597	CLUBE GRUPO BES	V40	37
1562	343	Rui Alexandre	00:29:33	01:00:10	00:58:52	1564		Senior	423
1563	1541	Sabine Aragão	00:30:24	01:00:10	00:57:56	1493	Os Corredores	V50	7
1564	684	Vítor Paulo	00:30:23	01:00:10	00:57:56	1494		V40	296
1565	1225	Dinora Mendonca	00:31:05	01:00:11	00:58:01	1498		V35	45
1566	1552	Diogo Santos	00:27:49	01:00:11	00:59:28	1608		V35	300
1567	1264	Ana Marques	00:29:54	01:00:12	00:58:41	1546	CLUBE GRUPO BES	V45	21
1568	1051	Rui Cruz	00:29:08	01:00:13	00:59:10	1587		V45	187
1569	1830	Hassam Ibrahim	00:29:51	01:00:13	00:59:01	1574		Senior	424
1570	866	Eurico Marinho	00:29:12	01:00:13	00:59:24	1602		Senior	425
1571	322	Bruno Fernandes	00:29:12	01:00:14	00:59:24	1601	Falcões Selvagens	V35	301
1572	959	João Vaz	00:29:12	01:00:14	00:59:24	1600		V35	302
1573	648	Carlos Machado	00:27:11	01:00:15	00:59:58	1644	FC Estrelas Lisboa	V40	297
1574	524	Luís Cabaça	00:30:35	01:00:15	00:58:54	1566		V35	303
1575	1593	Carlota Pereira	00:31:07	01:00:17	00:58:15	1516		Senior	56
1576	2444	Susana Santos	00:29:41	01:00:19	00:58:37	1545		Senior	57
1577	1261	Ana Duarte	00:29:44	01:00:19	00:59:35	1619	CLUBE GRUPO BES	Senior	58
1578	1289	Nuno Nunes	00:29:44	01:00:20	00:59:34	1614	CLUBE GRUPO BES	V35	304
1579	1892	Laurinda Machado	00:30:37	01:00:21	00:58:13	1514		Senior	59
1580	2440	Rui Chaves	00:29:08	01:00:24	00:59:25	1605	CCD Crédito Agrícola Mútuo	V40	298

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1581	2368	Nuno Rodrigues	00:29:33	01:00:25	00:59:01	1573		V35	305
1582	2751	Maria Soares	00:30:20	01:00:25	00:59:20	1598		V40	38
1583	596	Márcia Rosa	00:30:33	01:00:28	00:58:45	1555	O Gama paga tudo	V40	39
1584	540	Nuno Pedroso	00:28:05	01:00:31	00:59:16	1593	clube vodafone	V40	299
1585	1325	Ricardo Barreiro	00:30:02	01:00:32	00:58:47	1557		V35	306
1586	1434	Ricardo Pereira	00:30:45	01:00:33	00:59:34	1612	Putos Running	V35	307
1587	1435	Sara Martins	00:30:44	01:00:33	00:59:34	1611	Putos Running	V35	46
1588	1898	João Silva	00:29:44	01:00:34	00:59:52	1637		V45	188
1589	115	Carlos Dias	00:30:10	01:00:34	00:59:56	1640		V45	189
1590	2151	Eugenia Cid	00:29:58	01:00:36	00:59:41	1622		V40	40
1591	2713	Rodrigo Roquette	00:29:36	01:00:36	00:58:32	1537		V35	308
1592	418	Filipe Sampaio	00:28:34	01:00:37	01:00:22	1679		V40	300
1593	2206	Sérgio Martins	00:28:47	01:00:37	00:59:10	1586		V35	309
1594	1814	Paulo Figueiredo	00:29:35	01:00:39	00:58:52	1562		V45	190
1595	447	Maria Batista	00:29:03	01:00:39	01:00:22	1678		V45	22
1596	1120	Marta Lima	00:31:35	01:00:39	00:58:47	1556		Senior	60
1597	260	Filipe Silva	00:31:41	01:00:39	00:59:09	1585	C.A. Amigos Parque da Paz	V50	98
1598	1067	Renato Ramos	00:34:53	01:00:41	01:00:39	1700		V35	310
1599	818	Bruno Brito	00:32:12	01:00:43	00:59:07	1579		Senior	426
1600	1209	David Pontífice	00:32:12	01:00:43	00:59:07	1582		Senior	427

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1601	819	Mário Gonçalves	00:32:11	01:00:43	00:59:07	1583		V40	301
1602	2775	Luis Serra	00:32:11	01:00:44	00:58:56	1569		V55	54
1603	1728	David Constantino	00:29:34	01:00:45	00:59:58	1645	Clube ANACOM	V55	55
1604	2185	Frederico Sousa	00:30:38	01:00:46	00:59:41	1623		V50	99
1605	2504	Sérgio Brito	00:29:25	01:00:46	00:59:17	1594		V35	311
1606	1103	Maria Pereira	00:32:33	01:00:46	00:58:53	1565		V35	47
1607	831	Tito Santos	00:30:46	01:00:47	00:59:01	1571	clube vodafone	V35	312
1608	646	Antonio Sietra	00:30:32	01:00:47	00:59:13	1590	clube vodafone	V40	302
1609	537	Sergio Pereira	00:30:47	01:00:47	00:59:01	1572	clube vodafone	V40	303
1610	362	João Almeida	00:30:25	01:00:52	00:59:31	1610		V45	191
1611	2817	Hélder Martins	00:25:38	01:00:54	01:00:11	1665		Junior	12
1612	754	Mario Costa	00:26:13	01:00:55	00:59:30	1609		V45	192
1613	213	Kieron Marchant	00:31:32	01:00:56	00:58:43	1552		V40	304
1614	2639	Rosa Falardo	00:30:52	01:00:58	00:59:34	1616		V50	8
1615	830	Jorge Lourenço	00:30:32	01:00:59	01:00:00	1649		V35	313
1616	616	Luis Nogueira	00:30:21	01:00:59	01:00:33	1697	Os Galgos	V40	305
1617	177	Fernando Tareco	00:30:01	01:01:00	00:59:51	1636		V45	193
1618	1207	Paula Coelho-da-silva	00:31:52	01:01:00	00:59:03	1576		V45	23
1619	1072	Ana Fragoso	00:30:12	01:01:01	00:59:54	1638		V45	24
1620	621	Nuno Azevedo	00:29:47	01:01:02	00:59:07	1581		V35	314

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1621	2690	Jorge Narciso	00:30:37	01:01:06	01:00:05	1658		V50	100
1622	1846	Marcos Madeira	00:30:00	01:01:07	01:00:11	1666		V35	315
1623	710	João Guerreiro	00:28:40	01:01:07	00:59:45	1627		Senior	428
1624	1010	Ana Rebelo	00:30:35	01:01:08	00:59:42	1625		V45	25
1625	477	Carla Rebelo	00:30:35	01:01:08	00:59:42	1624		V40	41
1626	905	Luis Alves	00:29:37	01:01:09	00:59:11	1588		Senior	429
1627	1789	Gonçalo Carvalho	00:28:58	01:01:09	00:59:57	1643		Senior	430
1628	2265	Cristina Rocha	00:30:40	01:01:11	00:59:56	1641		Senior	61
1629	396	Pedro Amaral	00:30:43	01:01:12	00:58:55	1567		Senior	431
1630	1174	Bruno Madeira	00:30:41	01:01:13	00:59:39	1621		V35	316
1631	2230	Rita Ramos	00:29:47	01:01:13	01:00:07	1660		V35	48
1632	49	Pedro Marques	00:30:18	01:01:14	00:59:48	1630		Senior	432
1633	987	Pedro Pinto	00:30:13	01:01:15	01:00:03	1655	GD Cimpor & Amigos	V40	306
1634	1858	Filipa Marcelo	00:30:31	01:01:16	00:59:48	1631	Serviços Sociais Montepio	V35	49
1635	1794	Pedro Ferreira	00:30:31	01:01:16	00:59:49	1633	Serviços Sociais Montepio	Senior	433
1636	12082	Antonio Fonseca	00:29:46	01:01:17	01:00:28	1688	SS CGD	V40	307
1637	1053	Claudia Garcia	00:31:09	01:01:18	01:00:23	1683		Senior	62
1638	1944	Verónica Simões	00:31:07	01:01:18	01:00:24	1684		V35	50
1639	276	Filipe Costa	00:31:37	01:01:19	00:59:01	1575		Senior	63
1640	742	Francisco Duarte	00:31:08	01:01:19	01:00:25	1685	Clube do Stress	V50	101

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1641	721	Tiago Rodrigues	00:30:26	01:01:19	01:00:08	1661		Senior	434
1642	12195	Américo Lopes	00:30:46	01:01:20	00:59:25	1603		V50	102
1643	662	João Fernandes	00:30:25	01:01:20	00:59:43	1626		V55	56
1644	694	Edmundo Simoes	00:28:55	01:01:20	01:00:10	1663		V55	57
1645	2233	Rui Freixo	00:30:10	01:01:20	00:59:34	1615		Senior	435
1646	12193	Maria Vilaça	00:30:46	01:01:20	00:59:25	1604		V40	42
1647	12194	João Pinto	00:30:46	01:01:20	00:59:24	1599		V55	58
1648	12080	Rui Oliveira	00:29:18	01:01:23	01:00:28	1689	SS CGD	V45	194
1649	1244	Jose Nunes	00:30:45	01:01:23	00:59:49	1632		V40	308
1650	1406	Helder Martinho	00:30:55	01:01:24	01:00:05	1659		Senior	436
1651	2288	José Silva	00:30:04	01:01:25	01:00:23	1681		V50	103
1652	1346	Fernando Santos	00:30:06	01:01:26	00:59:38	1620		Senior	437
1653	2700	Antero Teixeira	00:30:08	01:01:27	00:59:35	1618		Senior	438
1654	54	Carlos Sousa	00:30:18	01:01:27	01:00:01	1651		V35	317
1655	1334	Carolina Oliveira	00:31:18	01:01:28	00:59:04	1578		Senior	64
1656	12222	Rita Gorgulho	00:30:25	01:01:29	00:59:27	1606		Senior	65
1657	614	Nuno Jacinto	00:28:26	01:01:31	01:01:05	1717	Os Galgos	V35	318
1658	2723	Vanessa Rodrigues	00:31:33	01:01:32	00:59:13	1591		Senior	66
1659	2671	Rui Silva	00:30:19	01:01:32	00:59:34	1613		V40	309
1660	1265	António Reis	00:29:59	01:01:33	01:00:41	1702	CLUBE GRUPO BES	V45	195

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1661	2725	Amelia Pereira	00:31:33	01:01:34	00:59:16	1592		Senior	67
1662	2821	Ridel Silva	00:30:39	01:01:35	01:00:04	1656		Junior	13
1663	1034	Jorge Modesto	00:27:50	01:01:36	01:00:50	1708	H2Ovita	V35	319
1664	2020	Joao Almeida	00:29:57	01:01:37	00:59:47	1629	CLUBE MILLENNIUM BCP	Senior	439
1665	290	Rui Simões	00:29:46	01:01:38	01:00:01	1650		V40	310
1666	632	Dagmar Baptista	00:29:27	01:01:40	00:59:46	1628		V35	320
1667	1660	Gonçalo Meunier	00:32:35	01:01:40	01:00:02	1652		Senior	440
1668	1867	Leonia Ceban	00:30:58	01:01:40	01:00:45	1706		V45	26
1669	715	João Galvão	00:29:25	01:01:41	01:00:14	1668		Senior	441
1670	2142	Paulo Caires	00:30:20	01:01:42	00:59:59	1646		V45	196
1671	612	António Escalda	00:28:44	01:01:43	01:01:17	1727	Os Galgos	V40	311
1672	1569	Ana Matos	00:31:32	01:01:45	00:59:49	1634	PERNAS DE PAU	Senior	68
1673	2352	Henrique Alves	00:30:27	01:01:46	01:00:13	1667		V50	104
1674	1793	Ricardo Viana	00:30:31	01:01:46	01:00:18	1674	Serviços Sociais Montepio	V35	321
1675	1792	Marco Neves	00:30:31	01:01:46	01:00:19	1675	Serviços Sociais Montepio	V35	322
1676	1880	Nuno Sousa	00:30:02	01:01:47	00:59:34	1617		V35	323
1677	1493	Joana Silva	00:30:41	01:01:48	01:00:14	1669		Senior	69
1678	1949	Milton Pereira	00:28:31	01:01:48	01:00:15	1670		Senior	442
1679	1879	Rui Nicola	00:27:34	01:01:50	01:00:59	1714		V35	324
1680	2256	Luis Venâncio	00:29:44	01:01:50	01:01:08	1720		V50	105

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1681	2794	Jose Martins	00:31:11	01:01:50	01:00:03	1653	Clube ANA Lisboa	V45	197
1682	2623	João Fernandes	00:30:21	01:01:51	01:00:11	1664	Movet	V45	198
1683	159	Nuno Sa	00:30:59	01:01:52	01:00:36	1698		V40	312
1684	1710	Ana Coutinho	00:30:10	01:01:53	01:00:32	1695	Clube Desportivo TCPI	Senior	70
1685	2797	Marco Carvalho	00:30:44	01:01:53	00:59:50	1635	Clube ANA Lisboa	Senior	443
1686	2470	Sandra Cardoso	00:30:38	01:01:56	01:00:56	1710		V40	43
1687	2049	Miguel Santos	00:29:18	01:01:57	01:00:18	1673	CLUBE MILLENNIUM BCP	V50	106
1688	2320	Luís Bandeira	00:30:56	01:01:58	01:00:03	1654		V50	107
1689	516	Ana Monteiro	00:32:30	01:01:58	01:00:28	1691	C.A. Amigos Parque da Paz	Senior	71
1690	12003	Cidália Mestre	00:32:30	01:01:58	01:00:28	1690		V40	44
1691	919	Fernando Lopes	00:31:28	01:01:58	01:00:22	1680		V40	313
1692	12149	Ilidio Monteiro	00:29:42	01:01:59	01:01:56	1754	Garmin Clube Olimpico De Oeiras	V60	19
1693	2463	Cláudia Pereira	00:30:39	01:01:59	00:59:59	1648		Senior	72
1694	246	Marco Aurelio	00:28:54	01:02:01	01:01:04	1716		V35	325
1695	736	Jorge Carvalho	00:30:50	01:02:01	01:00:43	1705		V40	314
1696	588	António Braga	00:30:46	01:02:02	01:00:23	1682		V60	20
1697	2268	Sofia Ramalho	00:32:16	01:02:03	00:59:59	1647	Call us a cab!	Senior	73
1698	1813	José Sequeira	00:28:53	01:02:03	01:00:16	1671		V40	315
1699	195	Ana Correia	00:31:03	01:02:04	01:00:21	1677		Senior	74
1700	2349	António Borges	00:31:55	01:02:04	01:00:05	1657	Higia	V35	326

BES RIN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1701	2219	Sérgio Ferreira	00:30:34	01:02:05	01:00:20	1676		V40	316
1702	2564	Ricardo Figueira	00:30:32	01:02:06	01:00:30	1693	Bom Petisco	V35	327
1703	1220	Paulo Moura	00:29:53	01:02:06	01:00:58	1712		V40	317
1704	1331	Rui Sameiro	00:29:53	01:02:06	01:00:58	1711		V40	318
1705	673	Paulo Matos	00:29:54	01:02:06	01:00:58	1713		V50	108
1706	1192	Sandra Letras	00:30:59	01:02:08	01:00:43	1704	Odebrecht Portugal, S.A.	Senior	75
1707	1441	Cristina Cunha	00:30:17	01:02:12	01:01:09	1721		V40	45
1708	2544	Hugo Paulo	00:31:03	01:02:13	01:00:08	1662		V35	328
1709	973	Joice Lavandoski	00:31:21	01:02:14	01:00:17	1672		Senior	76
1710	2472	Alexandra Machado	00:30:30	01:02:14	01:01:49	1745		Senior	77
1711	1736	Gonçalo Grade	00:31:20	01:02:16	01:01:10	1722		Senior	444
1712	1833	Luis Policarpo	00:29:44	01:02:18	01:01:26	1734		V45	199
1713	802	Sara Pinto	00:31:10	01:02:19	01:01:00	1715	Clube VII	Senior	78
1714	400	Andre Pinto	00:28:11	01:02:23	01:01:05	1718	OS PINTOS	Senior	445
1715	2424	Sofia Manso	00:30:42	01:02:25	01:01:12	1723		Senior	79
1716	1177	Helena Adegas	00:30:34	01:02:26	01:00:40	1701		V50	9
1717	12205	Tiago Moreira	00:29:29	01:02:28	01:01:27	1735		Senior	446
1718	12079	Pedro Santos	00:30:40	01:02:28	01:01:48	1744	SS CGD	V45	200
1719	671	Paulo Faria	00:32:09	01:02:30	01:00:47	1707		V35	329
1720	96	Sofia Guilhoto	00:31:06	01:02:30	01:00:30	1692		V35	51

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1721	2766	Tiago Ferreira	00:32:19	01:02:32	00:59:54	1639		Senior	447
1722	2099	João Lopes	00:30:10	01:02:32	01:00:26	1686	VdAtletas	V40	319
1723	2006	Pedro Fontes	00:28:56	01:02:32	01:00:42	1703	CLUBE MILLENNIUM BCP	V45	201
1724	2332	Sonia Vitorino	00:30:37	01:02:38	01:01:21	1731		Senior	80
1725	1701	Cláudia Ramalhosa	00:31:12	01:02:39	01:00:26	1687		Senior	81
1726	881	Nuno Cotrim	00:29:02	01:02:45	01:01:31	1736		V40	320
1727	2222	Hugo Costa	00:27:31	01:02:45	01:01:21	1732	Atomic Team	Senior	448
1728	1933	José Junça	00:27:08	01:02:45	01:02:12	1773	Tranquilidade	V55	59
1729	1975	Luís Nunes	00:31:02	01:02:46	01:00:55	1709	Tranquilidade	V35	330
1730	1973	Orlando Sampaio	00:33:05	01:02:50	01:02:48	1795	Tranquilidade	V35	331
1731	2107	Paulo Martins	00:30:07	01:02:51	01:02:04	1762		V40	321
1732	1275	Hugo Pimentel	00:32:20	01:02:56	01:00:36	1699	CLUBE GRUPO BES	V35	332
1733	1878	Tiago Afonso	00:28:15	01:02:59	01:02:05	1764		Senior	449
1734	12142	António Bila	00:33:27	01:03:02	01:01:06	1719	Garmin Clube Olimpico De Oeiras	V55	60
1735	748	Lúcia Carvalho	00:30:41	01:03:03	01:02:24	1784	Falcões Selvagens	V50	10
1736	2546	Pedro Bento	00:32:09	01:03:04	01:01:16	1725		V35	333
1737	824	Joao Juliao	00:32:09	01:03:05	01:01:16	1726		V45	202
1738	844	Ludgero Santana	00:31:21	01:03:07	01:02:15	1776		V50	109
1739	845	Filomena Santana	00:31:21	01:03:07	01:02:15	1777		V45	27
1740	183	Nuno Simões	00:28:54	01:03:08	01:01:56	1755	corre@correr	V35	334

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1741	558	Fernando Duarte	00:30:18	01:03:10	01:02:13	1774		V40	322
1742	2057	Joao Sa	00:30:13	01:03:11	01:01:44	1742	CLUBE MILLENNIUM BCP	V65	11
1743	1824	Rita Luz	00:30:32	01:03:12	01:01:54	1749		V40	46
1744	88	Daniel Barata	00:29:56	01:03:13	01:01:25	1733		Senior	450
1745	679	Pedro Fernandes	00:30:15	01:03:16	01:03:11	1813	Cascais Pandilha redux	V40	323
1746	393	Teresa Mesquita	00:31:37	01:03:17	01:01:41	1741		Senior	82
1747	12190	Daniel Morgado	00:29:48	01:03:18	01:02:05	1763		V35	335
1748	186	Tiago Coelho	00:31:29	01:03:18	01:02:09	1768		Senior	451
1749	974	Raquel Roque	00:32:49	01:03:19	01:01:20	1730		V35	52
1750	1259	Xana Filipe	00:30:45	01:03:20	01:02:32	1790	CLUBE GRUPO BES	V40	47
1751	20	Sandra Campaniço	00:31:01	01:03:22	01:02:00	1758	Pernas de Gafanhoto	Senior	83
1752	29	Soren Bishop	00:30:42	01:03:23	01:02:07	1765		V35	336
1753	1152	Pedro Crispim	00:30:45	01:03:25	01:01:55	1750		Senior	452
1754	1658	Filipe Sousa	00:30:41	01:03:25	01:01:19	1729		V35	337
1755	682	Pedro Mucharreira	00:29:52	01:03:26	01:02:31	1788		V35	338
1756	51	Paulo Marques	00:31:32	01:03:27	01:01:31	1737		V35	339
1757	1565	Joana Penão	00:31:32	01:03:27	01:01:31	1738	PERNAS DE PAU	Senior	84
1758	2696	Carla Almeida	00:31:55	01:03:28	01:02:11	1770		V35	53
1759	1540	Fernando Aragão	00:31:44	01:03:28	01:01:13	1724	Os Corredores	V50	110
1760	1884	Paula Rodrigues	00:38:48	01:03:30	01:01:45	1743		V35	54

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1761	2806	André Morgado	00:30:34	01:03:30	01:02:31	1789	Clube ANA Lisboa	Senior	453
1762	1960	Ricardo Sousa	00:32:04	01:03:33	01:01:52	1747	CCDEL - EFACEC	V35	340
1763	1130	Pedro Pereira	00:35:36	01:03:33	01:03:31	1826	Nestlé Run 4 Fun	Senior	454
1764	1963	Julio Faria	00:32:04	01:03:33	01:01:52	1748	CCDEL - EFACEC	V45	203
1765	334	Nuno Pires	00:30:53	01:03:34	01:02:02	1760		Senior	455
1766	12056	Sara Marreiros	00:32:23	01:03:34	01:01:17	1728	O estrondo	Senior	85
1767	1562	Ricardo Baptista	00:33:19	01:03:35	01:02:09	1766		V35	341
1768	2678	Andreia Louzeiro	00:32:29	01:03:37	01:01:51	1746		V35	55
1769	2502	Albertino Soares	00:32:02	01:03:37	01:01:40	1739	Soares Family	V50	111
1770	1688	Antonio Baldo	00:32:00	01:03:38	01:00:32	1694		Senior	456
1771	143	Susana Silva	00:32:20	01:03:38	01:02:22	1780		V40	48
1772	965	Maria Brito	00:32:20	01:03:39	01:02:22	1781		V45	28
1773	1389	Ruy Alinho	00:32:00	01:03:39	01:00:33	1696		V35	342
1774	2091	Monica Girão	00:32:20	01:03:40	01:02:23	1782		V35	56
1775	792	Francisco Garcia	00:32:03	01:03:43	01:02:45	1794	Garcia Runners	V55	61
1776	1355	Nuno Ferreira	00:28:25	01:03:45	01:03:15	1817		Senior	457
1777	338	Joao Robalo	00:29:08	01:03:46	01:02:24	1783		V40	324
1778	1512	Ana Peixoto	00:31:16	01:03:49	01:02:18	1779	Clube PT Lisboa	V45	29
1779	12239	João Veludo	00:28:20	01:03:50	01:03:42	1834		V35	343
1780	1584	Inês Cunha	00:31:39	01:03:51	01:02:51	1800	Clube Robbialac	Senior	86

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1781	2200	António Freitas	00:30:05	01:03:56	01:02:12	1772		V40	325
1782	1839	Mário Freitas	00:30:03	01:03:56	01:02:11	1771		V45	204
1783	2626	Diogo Santiago	00:31:37	01:03:58	01:02:04	1761		Senior	458
1784	841	Ana Doroana	00:32:42	01:03:59	01:02:44	1792		V35	344
1785	2040	Regina Antunes	00:32:34	01:04:00	01:01:57	1757	CLUBE MILLENNIUM BCP	V40	49
1786	892	Alexandra Cardão	00:31:04	01:04:01	01:03:32	1827	Correr para Viver +	V50	11
1787	2638	Laura Carmenates	00:31:40	01:04:01	01:03:01	1807		V55	7
1788	12110	Domingas Santos	00:32:43	01:04:02	01:02:10	1769		V55	8
1789	531	José Ferreira	00:31:01	01:04:04	01:02:33	1791		V50	112
1790	2033	Telma Carvalheira	00:32:35	01:04:04	01:02:01	1759	CLUBE MILLENNIUM BCP	Senior	87
1791	2217	Lucio Vieira	00:30:58	01:04:05	01:02:44	1793		V35	345
1792	871	Tânia Moreira	00:30:51	01:04:05	01:02:24	1785		Senior	88
1793	2074	Pedro Abreu	00:29:59	01:04:05	01:04:00	1844		V40	326
1794	12275	Cristina Carinha	00:33:11	01:04:08	01:01:55	1753		V45	30
1795	12277	Rute Pereira	00:33:13	01:04:08	01:01:55	1752		V45	31
1796	1306	Rui Gameiro	00:30:33	01:04:10	01:02:58	1804	CLUBE GRUPO BES	V40	327
1797	816	Jorge Maia	00:30:37	01:04:11	01:02:58	1803		V45	205
1798	1463	Isabel Rodrigues	00:32:57	01:04:15	01:02:15	1775		V45	32
1799	1953	Ana Santos	00:30:57	01:04:16	01:02:48	1796		Senior	89
1800	1959	Miguel Pinhal	00:28:38	01:04:16	01:04:07	1852	Tranquilidade	V45	206

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1801	1851	Diogo Simão	00:32:40	01:04:18	01:01:55	1751		Senior	459
1802	1339	Telma Pereira	00:32:42	01:04:18	01:01:56	1756		V35	57
1803	2371	Alessia Marengo	00:31:25	01:04:20	01:02:30	1787		Senior	90
1804	1738	Alberto Mosqueira	00:31:24	01:04:20	01:02:18	1778		Senior	460
1805	2843	João Mimoso	00:32:26	01:04:20	01:02:09	1767	Tranquilidade	V40	328
1806	1268	Cátia Anastácio	00:30:45	01:04:24	01:03:35	1832	CLUBE GRUPO BES	Senior	91
1807	1924	Luis Martins	00:32:09	01:04:25	01:02:59	1806		V40	329
1808	214	Bruno Pinto	00:30:49	01:04:26	01:02:48	1797		Senior	461
1809	1966	Pedro Morgado	00:32:35	01:04:26	01:01:40	1740	Tranquilidade	V40	330
1810	1912	João Mendes	00:30:49	01:04:29	01:02:50	1798		V40	331
1811	1759	Dhiren Savchande	00:30:44	01:04:30	01:03:10	1811		Senior	462
1812	658	Mário Gomes	00:29:55	01:04:34	01:03:42	1833		V35	346
1813	1957	Maria Gray	00:33:50	01:04:34	01:02:26	1786	Tranquilidade	V45	33
1814	12077	Olimpio Gonçalves	00:31:29	01:04:34	01:03:22	1820	SS CGD	V35	347
1815	206	Paula Couto	00:31:48	01:04:36	01:02:58	1805		V45	34
1816	1353	Nuno Martins	00:31:48	01:04:39	01:03:16	1818	Microsoft ONE	V35	348
1817	1997	Jose Ferreira	00:31:05	01:04:43	01:03:49	1838	CLUBE MILLENNIUM BCP	V45	207
1818	1140	Joselito Lucas	00:32:10	01:04:46	01:03:21	1819	Tá-len-tos	V35	349
1819	12112	Joaquim Lavado	00:32:43	01:04:47	01:02:55	1802		V40	332
1820	1707	Graça Santos	00:31:50	01:04:47	01:03:27	1824	Clube Desportivo TCPI	V45	35

BESRIN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1821	12065	Poliana Gonçalves	00:32:10	01:04:47	01:03:23	1821		V35	58
1822	1187	Luis Santos	00:30:20	01:04:48	01:04:04	1849	Odebrecht Portugal, S.A.	V55	62
1823	657	Vera Fonseca	00:31:45	01:04:49	01:03:12	1814	Starfish	V35	59
1824	2155	Ana Fonseca	00:31:45	01:04:50	01:03:12	1815	Starfish	V35	60
1825	101	Micaela Lizardo	00:33:34	01:04:51	01:03:02	1808		Senior	92
1826	2600	Neuza Monteiro	00:31:30	01:04:52	01:03:32	1830		Senior	93
1827	1419	Alexandre Faria	00:31:37	01:04:56	01:03:10	1810	Clube PT Lisboa	V55	63
1828	1112	Luís Gonçalves	00:31:12	01:04:57	01:03:03	1809		V40	333
1829	2420	Carolina Neves	00:31:40	01:05:00	01:02:52	1801		Senior	94
1830	60	José Magalhães	00:33:04	01:05:01	01:02:51	1799		Senior	463
1831	1021	Alfredo Parada	00:29:32	01:05:05	01:04:08	1853	Clube EDP - Lisboa	V50	113
1832	1669	Inês Pais	00:32:22	01:05:06	01:03:26	1822	Movet	Senior	95
1833	1885	Paulo Silva	00:30:16	01:05:08	01:04:22	1858	Volkswagen Autoeuropa	V40	334
1834	578	Sandra Martins	00:32:18	01:05:11	01:03:10	1812	Açoreana Clube Banif	V35	61
1835	574	Luis Neves	00:32:18	01:05:12	01:03:14	1816	Açoreana Clube Banif	V40	335
1836	2071	João Rosete	00:32:10	01:05:13	01:03:48	1836		V45	208
1837	1166	Ana Duarte	00:30:40	01:05:14	01:04:15	1855	Tá-len-tos	V35	62
1838	12111	Sofia Leitão	00:32:43	01:05:18	01:03:26	1823		V40	50
1839	2392	Elisabete Sá	00:32:23	01:05:18	01:04:29	1864		V35	63
1840	1248	Isabel Neto	00:32:44	01:05:22	01:03:35	1831		V40	51

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1841	720	Sandra Monteiro	00:30:39	01:05:22	01:04:28	1862		V35	64
1842	2641	Ana Pereira	00:30:30	01:05:24	01:04:49	1875		Senior	96
1843	2450	Catarina Reis	00:32:03	01:05:25	01:03:48	1837		V35	65
1844	2841	José Rodrigues	00:30:34	01:05:26	01:03:54	1839		Senior	464
1845	365	Luis Silva	00:31:57	01:05:28	01:03:54	1840		Senior	465
1846	528	Paula Soares	00:31:58	01:05:28	01:03:54	1841	Volkswagen Autoeuropa	Senior	97
1847	675	Diane Silva	00:32:54	01:05:31	01:04:52	1879		V50	12
1848	2175	Carlos Barreiras	00:32:46	01:05:31	01:04:36	1871		V65	12
1849	288	Ana Alpalhão	00:33:08	01:05:38	01:04:04	1850		V40	52
1850	200	Sónia Domingos	00:32:36	01:05:38	01:04:33	1867	Aero runners	V35	66
1851	202	Ana Gonçalves	00:32:35	01:05:39	01:04:32	1866	Aero runners	V45	36
1852	784	Fernando Vasconcelos	00:32:57	01:05:40	01:03:31	1825		V45	209
1853	1986	Rui Domingues	00:31:24	01:05:42	01:04:23	1860		V45	210
1854	1062	Reginaldo Schiavini	00:32:27	01:05:42	01:03:46	1835		V45	211
1855	1604	Jose Martins	00:31:31	01:05:42	01:04:08	1854	CTJI	V55	64
1856	944	André Vieira	00:31:11	01:05:43	01:04:50	1877		Senior	466
1857	1868	Julia Carmo	00:29:43	01:05:44	01:05:42	1904		V60	1
1858	493	Joana Chourico	00:31:41	01:05:45	01:05:04	1887		V50	13
1859	2381	Ariana Paulo	00:32:37	01:05:48	01:04:25	1861	GFD Running	Senior	98
1860	1357	Ana Sousa	00:33:48	01:05:48	01:03:32	1828		Senior	99

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1861	1356	Rita Machado	00:33:48	01:05:48	01:03:32	1829		Senior	100
1862	12271	Rita Carmo	00:31:42	01:05:56	01:04:18	1857	Tranquilidade	V35	67
1863	2149	José Oliveira	00:31:47	01:05:58	01:04:04	1848		V60	21
1864	696	Paulo Sousa	00:31:23	01:06:07	01:05:05	1888		V45	212
1865	1324	João Peixoto	00:33:46	01:06:11	01:04:04	1846		Senior	467
1866	1323	Maria Leal	00:33:47	01:06:11	01:04:04	1847		Senior	101
1867	953	Luis Pereira	00:34:35	01:06:14	01:04:07	1851		V40	336
1868	2826	Susana Mourato	00:33:43	01:06:14	01:04:56	1882		Senior	102
1869	590	Renato Barbosa	00:30:50	01:06:16	01:03:59	1842		Senior	468
1870	2635	Luis Romeiras	00:32:22	01:06:18	01:05:31	1899	PFAssociados	V35	350
1871	2634	Maria Ennes	00:32:22	01:06:18	01:05:31	1897	PFAssociados	V35	68
1872	1185	Joaquim Simao	00:30:45	01:06:19	01:04:03	1845	Odebrecht Portugal, S.A.	V50	114
1873	1296	Paulo Silva	00:32:54	01:06:20	01:05:00	1886	CLUBE GRUPO BES	V45	213
1874	2064	Florbela Soares	00:33:13	01:06:21	01:05:17	1890	MultiRunners	V45	37
1875	93	Ana Almeida	00:31:06	01:06:22	01:04:58	1884	Sportings de Almeida	V35	69
1876	1397	Ana Lopes	00:32:41	01:06:22	01:03:59	1843		Senior	103
1877	1440	Sílvia Frazão	00:33:23	01:06:24	01:04:54	1880		V35	70
1878	625	Ricardo Costa	00:31:45	01:06:25	01:04:36	1872		V35	351
1879	1838	Francisco Afonso	00:32:54	01:06:26	01:04:54	1881		V50	115
1880	1230	Sónia Fernandes	00:32:20	01:06:30	01:04:23	1859		Senior	104

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1881	249	Joel Alexandre	00:32:16	01:06:30	01:04:35	1870		Senior	469
1882	617	Catarina Sá	00:35:36	01:06:32	01:04:38	1874		Senior	105
1883	887	Rafael Carlos	00:35:36	01:06:33	01:04:38	1873		Senior	470
1884	2465	Rui Matos	00:31:35	01:06:35	01:04:18	1856		V35	352
1885	2540	Vasco Matos	00:35:29	01:06:36	01:04:30	1865	Corridas & Companhia	V35	353
1886	2724	Ivan Afonso	00:31:40	01:06:36	01:04:28	1863		Senior	471
1887	1258	Silvana Marques	00:30:38	01:06:36	01:05:47	1905	O MUNDO DA CORRIDA	V45	38
1888	2795	Maria Peres	00:33:57	01:06:38	01:04:50	1876	Clube ANA Lisboa	V55	9
1889	2258	Cátia Couveiro	00:31:48	01:06:38	01:04:35	1869		Senior	106
1890	2241	Ricardo Ferreira	00:31:48	01:06:39	01:04:35	1868		Senior	472
1891	1336	Fatima Fernandes	00:32:33	01:06:40	01:05:30	1894	GD Cimpor & Amigos	V50	14
1892	985	Lino Silva	00:32:33	01:06:40	01:05:30	1895	GD Cimpor & Amigos	V40	337
1893	984	Luís Ricardo	00:32:34	01:06:41	01:05:30	1896	GD Cimpor & Amigos	V40	338
1894	2479	Vera Soromenho	00:33:26	01:06:48	01:05:15	1889		V40	53
1895	12084	Nilda Silva	00:33:44	01:06:53	01:04:51	1878	SS CGD	Senior	107
1896	701	Aurora Barros	00:33:05	01:06:58	01:05:24	1892	"OS LUCENAS"	V40	54
1897	2707	Carlos Fernandes	00:35:22	01:06:59	01:04:58	1883		Senior	473
1898	709	Carlos Vale	00:31:49	01:07:09	01:06:18	1915		V40	339
1899	1489	José Pimentel	00:34:22	01:07:11	01:05:31	1898		V60	22
1900	12051	Diogo Marques	00:32:03	01:07:13	01:06:25	1917	Dá-le!	Senior	474

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1901	398	Pedro Pinto	00:32:08	01:07:13	01:05:54	1906	OS PINTOS	V55	65
1902	2029	Fernando Domingues	00:34:19	01:07:14	01:05:36	1902	CLUBE MILLENNIUM BCP	V55	66
1903	920	Paula Fernandes	00:31:22	01:07:15	01:07:13	1939		V35	71
1904	760	Luís Fouto	00:31:22	01:07:15	01:07:13	1940	clube vodafone	V40	340
1905	2251	Tiago Costa	00:30:44	01:07:16	01:05:25	1893	Os Padeiros	Senior	475
1906	12055	Cátia Dobrões	00:33:31	01:07:19	01:04:59	1885	O estrondo	Senior	108
1907	2745	José Pinto	00:30:36	01:07:22	01:06:05	1914		V45	214
1908	1123	Miguel Ribeiro	00:33:20	01:07:22	01:05:21	1891		V40	341
1909	2001	Paula Batalha	00:32:53	01:07:39	01:06:34	1920	CLUBE MILLENNIUM BCP	V45	39
1910	2267	Daniela Martins	00:33:30	01:07:42	01:05:39	1903	Call us a cab!	V35	72
1911	2117	Ricardo Lopes	00:34:07	01:07:45	01:05:58	1908	Runniologia	V35	354
1912	2445	Frederico Coutinho	00:33:23	01:07:47	01:06:37	1923		V45	215
1913	397	Sofia Cardador	00:34:35	01:07:49	01:06:02	1909		V40	55
1914	1147	Jorge Domingues	00:34:34	01:07:49	01:06:02	1910		V60	23
1915	314	Pedro Lopes	00:33:15	01:07:55	01:05:36	1900		V40	342
1916	1060	Vitor Braga	00:33:15	01:07:55	01:05:36	1901		V35	355
1917	1564	Ismar Ferreira	00:34:36	01:08:00	01:05:58	1907		V50	116
1918	421	Margarida Perdigão	00:32:24	01:08:02	01:06:55	1930		V45	40
1919	468	João Fonseca	00:28:45	01:08:04	01:06:36	1922	Wannabes	Senior	476
1920	1183	Antonio Alves	00:34:15	01:08:05	01:06:19	1916	Odebrecht Portugal, S.A.	V55	67

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1921	1704	Adilson Santos	00:30:59	01:08:09	01:06:47	1926	Clube Desportivo TCPI	Senior	477
1922	2056	Anabela Amaral	00:33:47	01:08:09	01:06:35	1921	CLUBE MILLENNIUM BCP	V40	56
1923	1312	Teresa Marcelino	00:32:34	01:08:12	01:07:22	1951	CLUBE GRUPO BES	V40	57
1924	1094	Helena Estevinha	00:33:29	01:08:13	01:06:04	1913		V40	58
1925	2783	Rui Louzeiro	00:33:29	01:08:14	01:06:04	1912		V50	117
1926	2768	Simão Ribeiro	00:32:23	01:08:23	01:06:03	1911		Senior	478
1927	2408	Joana Pedrosa	00:32:46	01:08:25	01:07:32	1955		Senior	109
1928	899	Mónica Mendonça	00:33:35	01:08:29	01:06:57	1932		V40	59
1929	2744	Sandra Silva	00:34:28	01:08:32	01:06:46	1925		V35	73
1930	2410	Paulo Gonçalves	00:32:46	01:08:33	01:07:40	1958		Senior	479
1931	2862	Jose Fialho	00:31:48	01:08:36	01:07:40	1957	CCD PM CASCAIS	V50	118
1932	1602	Cesar Guerra	00:33:33	01:08:37	01:06:52	1929	CTJI	V40	343
1933	490	Luis Marques	00:33:29	01:08:41	01:06:32	1918		V40	344
1934	686	João Domingues	00:33:14	01:08:41	01:06:41	1924	Higia	V40	345
1935	2252	Cristina Portugal	00:32:55	01:08:44	01:07:01	1935	Clube VII	V45	41
1936	1271	Fernando Filipe	00:32:18	01:08:44	01:07:54	1966	CLUBE GRUPO BES	V45	216
1937	1488	Ana Varela	00:32:56	01:08:45	01:07:11	1937		Senior	110
1938	1068	José Cardoso	00:32:56	01:08:45	01:07:11	1938		V50	119
1939	2110	Joana Lopes	00:32:57	01:08:50	01:07:14	1941		Senior	111
1940	67	Artur Almeida	00:34:27	01:08:50	01:07:55	1967		V40	346

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1941	1746	João Afonso	00:34:44	01:08:53	01:06:33	1919		V45	217
1942	2587	Pedro Rebelo	00:30:40	01:08:55	01:08:08	1970		Senior	480
1943	883	Fernando Basto	00:33:36	01:08:55	01:06:50	1928		V45	218
1944	1544	Maria Afonso	00:35:11	01:08:58	01:07:18	1944		V40	60
1945	2321	Sofia Tomaz	00:33:54	01:08:59	01:06:57	1931		Senior	112
1946	1943	Joana Vitorino	00:33:17	01:09:01	01:07:18	1943		Senior	113
1947	1942	Tiago Pinhel	00:33:17	01:09:01	01:07:19	1945		Senior	481
1948	26	Ana Santos	00:34:00	01:09:01	01:06:58	1934		V45	42
1949	702	Erika Pereira	00:34:08	01:09:04	01:07:29	1952	"OS LUCENAS"	V50	15
1950	1394	Nuno Afonso	00:33:36	01:09:08	01:06:50	1927		V35	356
1951	11	Mónica Ramos	00:35:12	01:09:10	01:07:19	1946		Senior	114
1952	2323	Pedro Ribeiro	00:35:12	01:09:10	01:07:20	1947		Senior	482
1953	294	Anabela Martins	00:33:52	01:09:12	01:08:33	1978	Volkswagen Autoeuropa	V40	61
1954	1245	Ana Narigueta	00:32:43	01:09:12	01:08:32	1977	Volkswagen Autoeuropa	V35	357
1955	1305	Rui Carmo	00:34:05	01:09:13	01:07:51	1965	CLUBE GRUPO BES	V55	68
1956	2125	Rui Sá	00:34:13	01:09:13	01:07:09	1936		V40	347
1957	2787	Carla Sousa	00:34:39	01:09:13	01:07:30	1954		V35	74
1958	1270	Feliciano Ferreira	00:33:48	01:09:17	01:08:28	1976	CLUBE GRUPO BES	V45	43
1959	2346	Zeferino Boal	00:34:28	01:09:21	01:07:40	1959		V50	120
1960	610	Marisa Gonçalves	00:34:30	01:09:24	01:08:01	1969	Os Galgos	V35	75

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1961	12085	Pedro Cavalheiro	00:32:48	01:09:25	01:08:48	1981	SS CGD	V40	348
1962	2588	Carla Marques	00:33:24	01:09:27	01:07:41	1960		V35	76
1963	599	Vânia Pereira	00:35:24	01:09:32	01:07:48	1963	O Gama paga tudo	Senior	115
1964	1452	Filipa Carioca	00:34:22	01:09:34	01:07:44	1961		Senior	116
1965	2501	Ricardo Pego	00:33:58	01:09:36	01:07:17	1942		Senior	483
1966	587	Tania Fernandes	00:34:58	01:09:40	01:07:39	1956		Senior	117
1967	2279	João Plácido	00:33:24	01:09:43	01:07:56	1968		V40	349
1968	691	Catarina Morais	00:35:47	01:09:43	01:07:29	1953		Senior	118
1969	1585	Miguel Silva	00:32:46	01:09:50	01:08:49	1982	Clube Robbialac	V35	358
1970	1805	António Loureiro	00:31:07	01:09:51	01:07:45	1962	VdAtletas	V60	24
1971	458	José Batista	00:34:27	01:09:54	01:08:41	1979		V60	25
1972	1190	Luisa Alves	00:35:28	01:09:56	01:08:10	1971	Odebrecht Portugal, S.A.	Senior	119
1973	889	Cati Lopes	00:34:25	01:09:57	01:08:24	1973		V40	62
1974	1200	Susana Mota	00:34:24	01:09:57	01:08:25	1974		V35	77
1975	12041	Sílvia Correia	00:34:42	01:09:57	01:08:27	1975		V35	78
1976	1302	Ricardo Fernandes	00:33:32	01:10:01	01:09:10	1990	CLUBE GRUPO BES	V50	121
1977	12260	Cláudia Lopes	00:34:27	01:10:11	01:08:57	1985		V40	63
1978	2825	Diana Nunes	00:33:47	01:10:11	01:08:53	1983		V35	79
1979	2722	Carlos Moreira	00:30:12	01:10:16	01:09:28	1996		Senior	484
1980	12221	José Gorgulho	00:34:05	01:10:17	01:08:14	1972		V45	219

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1981	12026	Joana Mota	00:36:02	01:10:21	01:07:48	1964		Senior	120
1982	1690	Nidia Silva	00:34:35	01:10:24	01:09:17	1991		V55	10
1983	469	João Canaverde	00:34:14	01:10:25	01:08:55	1984	Wannabes	V40	350
1984	12012	Rui Paula	00:33:30	01:10:25	01:09:20	1992		V50	122
1985	1470	Rita Pires	00:35:11	01:10:26	01:08:47	1980	Jatapanho	V35	80
1986	1035	Alexandre Vasques	00:34:36	01:10:29	01:09:47	2004	H2Ovita	Junior	14
1987	369	Cátia Milheiro	00:36:01	01:10:35	01:09:26	1995		Senior	121
1988	12033	Mario Duarte	00:33:53	01:10:38	01:09:31	1997		V45	220
1989	717	Paulo Ferreira	00:33:19	01:10:47	01:09:37	1999		Senior	485
1990	384	Jorge Lourenço	00:34:09	01:11:04	01:09:01	1986		V35	359
1991	2818	Edgar Veiga	00:33:18	01:11:07	01:09:36	1998		Junior	15
1992	2419	Mário Gomes	00:35:38	01:11:07	01:06:57	1933		V40	351
1993	2442	Sandra Frazão	00:35:02	01:11:07	01:10:08	2010	CCD Crédito Agrícola Mútuo	V40	64
1994	2823	Miguel Pereira	00:32:29	01:11:10	01:10:25	2012		Junior	16
1995	212	Tânia Flor	00:36:14	01:11:16	01:09:03	1987		V35	81
1996	1131	Ricardo Sousa	00:35:36	01:11:22	01:11:20	2032	Nestlé Run 4 Fun	V35	360
1997	2506	Marco Gomes	00:36:04	01:11:26	01:09:08	1989		V35	361
1998	952	Susana Pina	00:36:19	01:11:27	01:09:24	1994		Senior	122
1999	1332	Joao Rodrigues	00:35:06	01:11:30	01:09:06	1988		Senior	486
2000	12235	Ricardo Rodrigues	00:35:16	01:11:36	01:09:52	2007		V40	352

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2001	2180	Hugo Leão	00:34:42	01:11:38	01:09:24	1993		Senior	487
2002	2270	Ana Sousa	00:35:02	01:11:41	01:09:37	2000	Call us a cab!	Senior	123
2003	2565	André Ascensão	00:34:24	01:11:43	01:09:49	2005	Tartarugas Ninja do Asfalto	Senior	488
2004	1646	Eva Andrade	00:35:36	01:11:45	01:09:46	2003		Senior	124
2005	2271	Pedro Silva	00:33:27	01:11:47	01:09:43	2001	Call us a cab!	Senior	489
2006	1605	Isabel Longo	00:36:06	01:11:49	01:10:10	2011	CTJI	V45	44
2007	885	Helena Mendo	00:35:52	01:11:51	01:09:46	2002		V45	45
2008	457	Mónica Mendonça	00:35:24	01:11:54	01:09:55	2008		V35	82
2009	1616	Renato Carreira	00:36:53	01:11:57	01:07:21	1950		V35	362
2010	1897	Luís Alexandre	00:36:54	01:11:57	01:07:21	1949		V35	363
2011	1439	Francisco Rafael	00:36:53	01:11:58	01:07:21	1948		V35	364
2012	2316	Silvia Nunes	00:36:03	01:12:02	01:09:50	2006		V35	365
2013	998	Ana Seabra	00:33:30	01:12:04	01:10:58	2025	Aero runners	V45	46
2014	12049	João Branco	00:35:47	01:12:06	01:10:28	2014	PAPA MILHAS 2	V45	221
2015	378	Mauro Goncalves	00:34:15	01:12:07	01:10:30	2017	clube vodafone	V35	366
2016	1287	Manuel Cardoso	00:33:36	01:12:08	01:11:31	2033	CLUBE GRUPO BES	Senior	490
2017	1583	Mário Rui	00:34:52	01:12:09	01:11:08	2027	Clube Robbialac	V55	69
2018	1580	José Rodrigues	00:34:25	01:12:09	01:11:08	2026	Clube Robbialac	V60	26
2019	921	António Ferreira	00:35:55	01:12:14	01:10:28	2013		V40	353
2020	1749	Ana Ferreira	00:35:57	01:12:14	01:10:29	2015		V40	65

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2021	2625	Rosa Duarte	00:35:40	01:12:17	01:10:49	2021		V40	66
2022	2517	Martinho Roque	00:35:36	01:12:20	01:10:00	2009		V45	222
2023	1750	Lucia Franchi	00:34:08	01:12:32	01:10:51	2023		V60	2
2024	1115	Luis Costa	00:37:50	01:12:35	01:10:56	2024	da Costa	V55	70
2025	2643	Helena Rodrigues	00:34:47	01:12:35	01:10:51	2022		Senior	125
2026	1523	Vera Góis	00:37:36	01:12:37	01:10:38	2019		Senior	126
2027	2793	Carla Leitão	00:35:29	01:12:50	01:11:54	2039	Clube ANA Lisboa	V45	47
2028	12011	Ana Godinho	00:35:52	01:12:50	01:12:06	2042		V40	67
2029	1378	Luis Monteiro	00:36:14	01:12:50	01:10:48	2020		V35	367
2030	593	Pedro Gama	00:36:22	01:12:53	01:10:31	2018	O Gama paga tudo	V35	368
2031	261	Anabela Marques	00:36:40	01:12:55	01:11:16	2030		V45	48
2032	2003	Vitor Gomes	00:32:25	01:12:58	01:11:53	2038	CLUBE MILLENNIUM BCP	V40	354
2033	1641	Bruno Santos	00:33:41	01:13:01	01:11:41	2036	Atomic Team	V35	369
2034	1659	António Rego	00:35:02	01:13:02	01:10:30	2016		V40	355
2035	1422	António Monteiro	00:35:52	01:13:06	01:11:17	2031		V55	71
2036	1693	Rui Pedro	00:35:06	01:13:10	01:12:09	2044		V40	356
2037	2345	Ana Fernandes	00:35:22	01:13:13	01:11:11	2028		Senior	127
2038	1344	Miguel Cunha	00:30:10	01:13:16	01:11:47	2037		V40	357
2039	2299	Carlos Carvalho	00:35:33	01:13:17	01:11:12	2029		Senior	491
2040	1630	Filipe Nascimento	00:35:53	01:13:19	01:11:40	2035		Senior	492

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2041	1702	Francisco Garcia	00:34:55	01:13:20	01:11:38	2034	Sintra Runners	V55	72
2042	12274	Carmen Greff	00:34:06	01:13:27	01:12:05	2041		V50	16
2043	1309	Sergio Eira	00:34:05	01:13:27	01:12:06	2043	CLUBE GRUPO BES	V40	358
2044	634	Nuno Morgadinho	00:35:06	01:13:31	01:12:47	2056		V35	370
2045	2106	Carla Martins	00:34:35	01:13:34	01:12:48	2057		V40	68
2046	2684	Andreia Anjos	00:35:21	01:13:38	01:11:55	2040		Senior	128
2047	777	Joao Nogueira	00:33:56	01:13:49	01:13:03	2060		V45	223
2048	1227	Isabel Filipe	00:35:11	01:13:50	01:12:17	2047		V55	11
2049	34	Andreia Costa	00:34:55	01:14:04	01:12:42	2054		V35	83
2050	2569	Dora Monteiro	00:36:56	01:14:04	01:12:24	2049		V40	69
2051	2719	Ana Pimenta	00:35:57	01:14:11	01:12:20	2048	InvestQuest	V35	84
2052	1335	Miguel Ferreira	00:36:42	01:14:19	01:12:14	2046		V35	371
2053	2451	Sónia Santos	00:36:36	01:14:27	01:12:55	2058		V35	85
2054	1671	Fernando Coelho	00:37:10	01:14:27	01:12:58	2059		V45	224
2055	1014	Cristina Vinagre	00:35:11	01:14:28	01:12:29	2051		V35	86
2056	2303	Rita Borbinha	00:35:26	01:14:29	01:13:06	2061	Tartarugas Imparáveis	Senior	129
2057	414	Gustavo Simões	00:36:20	01:14:29	01:12:12	2045		V40	359
2058	2798	Claudia Lopes	00:37:26	01:14:32	01:13:24	2064	Clube ANA Lisboa	V40	70
2059	2087	Pedro Gonçalves	00:37:25	01:14:33	01:14:04	2074		Senior	493
2060	2207	Manuel Salgueiro	00:36:38	01:14:41	01:12:43	2055		V65	13

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2061	2670	Carlos Norte	00:35:51	01:14:44	01:12:27	2050		V40	360
2062	1663	Artur Silva	00:35:42	01:14:45	01:12:33	2052		V40	361
2063	2446	Rita Serra	00:35:55	01:14:48	01:13:52	2073		Senior	130
2064	44	Hugo Fialho	00:34:45	01:14:49	01:13:44	2071		V35	372
2065	12179	Pedro Tavares	00:36:46	01:14:53	01:13:40	2068		V35	373
2066	1829	Marcelo Marques	00:36:18	01:14:56	01:13:15	2062		V35	374
2067	1828	Angela Ribeiro	00:36:18	01:14:56	01:13:15	2063		V40	71
2068	2135	Cláudia Bento	00:37:56	01:15:06	01:12:38	2053		Senior	131
2069	12206	Tânia Correia	00:36:58	01:15:24	01:14:23	2082		V35	87
2070	12113	Cristina Vaz	00:36:57	01:15:31	01:14:10	2078		V50	17
2071	1809	Margarida Saragoça	00:38:00	01:15:36	01:13:29	2066	VdAtletas	V45	49
2072	1800	Ana Conduto	00:38:00	01:15:36	01:13:29	2065	VdAtletas	V50	18
2073	12121	Ângela Loureiro	00:36:46	01:15:39	01:13:33	2067	VdAtletas	V35	88
2074	1619	Patricia Esquivel	00:36:01	01:15:41	01:14:06	2076		Senior	132
2075	2720	Fernanda Costa	00:35:55	01:15:41	01:13:50	2072	InvestQuest	V35	89
2076	168	João Resina	00:38:29	01:15:48	01:14:20	2080		Junior	17
2077	1006	Sandra Antunes	00:37:54	01:15:48	01:14:04	2075		V35	90
2078	1877	Acacio Pereira	00:38:29	01:15:48	01:14:20	2081		V50	123
2079	1007	Nuno Antunes	00:37:54	01:15:49	01:14:06	2077		V40	362
2080	2601	João Caeiro	00:36:28	01:15:52	01:13:41	2069		Senior	494

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2081	12052	Andrea Ritter	00:36:28	01:15:53	01:13:42	2070		Senior	133
2082	135	João Silva	00:35:54	01:15:53	01:14:56	2087		V40	363
2083	906	Nuno Casalinho	00:38:43	01:16:30	01:14:16	2079		V50	124
2084	2433	Rita Lopes	00:38:14	01:16:43	01:14:41	2084		V45	50
2085	1181	Carla Gomes	00:38:14	01:16:44	01:14:51	2086		Senior	134
2086	375	Marta Rodrigues	00:37:14	01:16:44	01:14:44	2085		V40	72
2087	1804	Pedro Correia	00:34:10	01:16:50	01:15:04	2088	VdAtletas	V50	125
2088	1631	Sandra Paulos	00:36:31	01:16:55	01:14:41	2083	Higia	V35	91
2089	2188	Adão Luz	00:35:56	01:16:55	01:15:30	2089		V65	14
2090	270	Sarad Chunilal	00:34:52	01:17:02	01:16:48	2107		V40	364
2091	291	Ana Montesinos	00:38:10	01:17:02	01:16:22	2098	Volkswagen Autoeuropa	V40	73
2092	1682	Elsa Ribeiro	00:38:26	01:17:09	01:15:36	2091	MRTeam	V40	74
2093	1114	Ana Costa	00:38:00	01:17:14	01:15:35	2090	da Costa	Senior	135
2094	12047	Mafalda Fernandes	00:38:28	01:17:28	01:15:40	2092		Senior	136
2095	399	Elisabete Pinto	00:37:01	01:17:29	01:15:57	2095	OS PINTOS	V55	12
2096	2764	Cândida Ribeiro	00:37:33	01:18:01	01:16:46	2104		Senior	137
2097	1686	Marta Mota	00:37:33	01:18:01	01:16:47	2106		Senior	138
2098	2329	Carla Almeida	00:37:33	01:18:02	01:16:46	2103		Senior	139
2099	1930	Hugo Carvalho	00:41:33	01:18:03	01:15:55	2093	Tranquilidade	V45	225
2100	2829	Miguel Costa	00:37:02	01:18:07	01:17:17	2109		V35	375

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2101	2342	Deolinda Caldeira	00:38:17	01:18:08	01:15:56	2094		V55	13
2102	2552	Nelson Damião	00:37:25	01:18:18	01:16:33	2099		Senior	495
2103	2331	Ringo Godinho	00:37:29	01:18:18	01:16:34	2101		V40	365
2104	2250	Vasco Peres	00:37:27	01:18:18	01:16:34	2100		V35	376
2105	1293	Paula Silva	00:38:48	01:18:23	01:17:35	2113	CLUBE GRUPO BES	V40	75
2106	1282	Luis Caetano	00:37:27	01:18:23	01:16:53	2108	CLUBE GRUPO BES	V45	226
2107	2689	Jose Almeida	00:38:06	01:18:25	01:16:43	2102		V50	126
2108	964	Rui Oliveira	00:37:24	01:18:25	01:17:35	2112	Falcões Selvagens	V50	127
2109	1017	Sara Pinheiro	00:38:57	01:18:27	01:16:10	2097		Senior	140
2110	12007	Ana Monteiro	00:37:43	01:18:35	01:17:27	2111		V45	51
2111	2004	Patricia Barreto	00:40:59	01:18:38	01:16:47	2105	CLUBE MILLENNIUM BCP	V40	76
2112	12030	Sara Gomes	00:39:52	01:18:39	01:16:08	2096		V35	92
2113	1471	Julio Silva	00:38:25	01:18:48	01:17:46	2114		Senior	496
2114	12211	Maria Morgado	00:39:20	01:18:58	01:18:00	2115		Senior	141
2115	402	Catarina Rodrigues	00:38:57	01:19:12	01:18:39	2117		V35	93
2116	573	Ma Hung	00:38:56	01:19:17	01:18:19	2116	Açoreana Clube Banif	V60	3
2117	1117	Teresa Marcelino	00:39:58	01:19:34	01:17:20	2110		V60	4
2118	2139	Marco Lourenço	00:26:50	01:20:04	01:19:10	2121		V35	377
2119	1603	Maria Rodrigues	00:38:25	01:20:27	01:18:43	2118	CTJI	V55	14
2120	2721	Pedro Palmeiro	00:40:29	01:20:39	01:18:46	2120	InvestQuest	Senior	497

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2121	12226	Francisco Costa	00:38:03	01:20:55	01:20:11	2128		V40	366
2122	1852	Rita Ferreira	00:40:49	01:21:10	01:18:43	2119	R@n4F@n	V35	94
2123	2289	Angela Nunes	00:41:21	01:21:17	01:19:23	2124	Volkswagen Autoeuropa	Senior	142
2124	2290	Valter Nunes	00:41:21	01:21:18	01:19:22	2122	Volkswagen Autoeuropa	Senior	498
2125	2757	Marco Araújo	00:38:12	01:21:23	01:19:27	2125		Senior	499
2126	2355	Claudia Leitão	00:38:37	01:21:33	01:20:39	2129		Senior	143
2127	1163	Eva Casalinho	00:40:28	01:21:37	01:19:23	2123		Senior	144
2128	435	Isabel Machado	00:38:52	01:21:38	01:19:52	2126		V40	77
2129	983	Paulo Ascensão	00:31:00	01:22:04	01:20:53	2131	GD Cimpor & Amigos	V40	367
2130	2462	Rui Tavares	00:41:04	01:22:12	01:20:07	2127		Senior	500
2131	295	Paulo Matos	00:39:37	01:22:23	01:21:35	2133		V35	378
2132	152	António Marques	00:39:05	01:22:41	01:22:04	2136		V65	15
2133	2765	Teresa Carvalho	00:39:10	01:23:00	01:21:57	2134		V40	78
2134	1283	Luis Leitão	00:39:10	01:23:00	01:21:57	2135	CLUBE GRUPO BES	V35	379
2135	2629	Mafalda Verissimo	00:41:01	01:23:04	01:20:45	2130		V35	95
2136	12073	Dália Mimoso	00:41:39	01:23:44	01:21:34	2132		V40	79
2137	1186	Jose Januario	00:41:41	01:23:53	01:22:29	2137	Odebrecht Portugal, S.A.	V40	368
2138	2824	Tiago Pina	00:38:51	01:24:22	01:23:38	2145		Senior	501
2139	2816	Marco Silva	00:38:51	01:24:22	01:23:38	2144		Junior	18
2140	2428	Sandra Patricio	00:42:06	01:24:24	01:22:56	2140	Serviços Sociais Montepio	V35	96

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

Class.	Dorsal	Atleta	Tempo Intermédio	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
2141	36	José Gaspar	00:40:03	01:24:32	01:23:43	2146	MASSAMÁ RUN	V50	128
2142	1178	Meg Garcia	00:40:42	01:24:38	01:23:58	2147		V35	97
2143	163	Carla Palmeiro	00:40:42	01:24:38	01:23:59	2148		V35	98
2144	2109	Joana Sacramento	00:38:20	01:24:55	01:23:16	2141	Jatapanho	Senior	145
2145	1969	Tânia Vinagre	00:42:17	01:25:01	01:22:53	2139	Tranquilidade	Senior	146
2146	1436	Nélia Alves	00:44:00	01:25:04	01:22:37	2138	R@n4F@n	V40	80
2147	1345	Maria Santos	00:42:17	01:25:17	01:23:27	2142		V45	52
2148	39	Margarida Leitão	00:43:51	01:25:44	01:23:34	2143		Senior	147
2149	1882	Pedro Alvaredo	00:45:26	01:25:54	01:24:10	2149		Senior	502
2150	2313	Inês Gomes	00:43:07	01:26:01	01:24:44	2151		V35	99
2151	2318	Filipa Poppe	00:43:12	01:26:02	01:24:45	2152		V35	100
2152	1955	Maria Silva	00:44:01	01:26:43	01:24:34	2150	Tranquilidade	V35	101
2153	211	Ana Flor	00:44:21	01:28:59	01:26:47	2153		V45	53
2154	2011	Andreia Costa	00:42:52	01:29:00	01:27:08	2154	CLUBE MILLENNIUM BCP	V40	81
2155	269	Olga Maia	00:41:58	01:29:17	01:27:44	2157		V50	19
2156	207	Pedro Dias	00:47:29	01:29:43	01:27:30	2155		Senior	503
2157	1369	Filipa Clemente	00:47:29	01:29:43	01:27:30	2156		Senior	148
2158	12189	Maria Mendes	00:44:41	01:29:58	01:28:05	2158		V55	15
2159	12010	Ada Carvalho	00:45:27	01:31:35	01:29:20	2159		V40	82
2160	12008	Sonia Santos	00:45:27	01:31:36	01:29:21	2160		V35	102

BES RUN CHALLENGE

2014

COSTA DA CAPARICA 17 DE MAIO
10 KM

CLASSIFICAÇÕES

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo Intermédio</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
2161	639	Lucinda Henriques	00:42:15	01:31:55	01:30:49	2162		V65	1
2162	2007	Regina Oliveira	00:46:19	01:32:32	01:30:03	2161	CLUBE MILLENNIUM BCP	V50	20
2163	2083	Pedro Matoso	00:48:43	01:35:27	01:32:52	2163	Atomic Team	Senior	504
2164	2819	Noé Costa	00:48:50	01:37:59	01:37:16	2166		Junior	19
2165	807	Paula Ramos	00:48:50	01:37:59	01:35:43	2164		V40	83
2166	752	Lídia Aderneira	00:49:28	01:38:00	01:36:59	2165	Niagara de Odivelas	V50	21
2167	2227	Fernanda Gonçalves	00:51:16	01:40:05	01:37:49	2167		Senior	149
2168	1784	Elsa Ribeiro	00:51:16	01:40:05	01:37:49	2168		V45	54
2169	1842	Marta Casquilho	00:51:16	01:40:05	01:37:50	2169		Senior	150
2170	12072	Paula Mota	00:51:07	01:41:34	01:40:32	2171		V40	84
2171	731	Michelle Silva	00:51:07	01:41:34	01:40:32	2170		Senior	151