

Rank	Bib	Name	Team	Time
1	1414	Miguel Casimiro	Team GoldNutrition	00:11:37
2	1038	Filipe Carneiro	ANONYMOUS PROSPORTS CHALLENGER	00:12:18
3	430	Pedro Tapadas	Gondomar Futsal	00:12:28
4	1054	Fernando Miguel Neves	Centro Ciclista de Gondomar	00:12:45
5	1487	Paulo Pinto	X5 Health Club	00:12:53
6	1097	ADELINO SILVA	GDR RETORTA	00:12:56
7	1426	André Nogueira	UF 08 RUNNERS	00:13:10
8	1098	HENRIQUE DIAS	GDR RETORTA	00:13:22
9	1096	VITOR BARBOSA	GDR RETORTA	00:13:23
10	1099	JOAQUIM ROCHA	GDR RETORTA	00:13:26
11	1429	Francisco Ferreira	UF 08 RUNNERS	00:13:51
12	1307	André Fraga	LOCOMOTIVA DE PARANHOS	00:14:00
13	1218	Pedro Trindade	Individual	00:14:10
14	1018	Renato Coelho	Amigos do Pedal - TraiLagares	00:14:14
15	1159	André Manuel Maria Moreira	Individual	00:14:53
16	1205	Mario Miguel Ribas Taborda	Individual	00:14:55
17	1199	Luis Carlos Monteiro Tavares	Individual	00:15:01
18	1068	Paulo Silva	Da-lhe Gas	00:15:04
19	1220	Ricardo Filipe Marques Sousa	Individual	00:15:14
20	1019	Ricardo Emanuel Peixoto Moreira	Amigos do Pedal - TraiLagares	00:15:15
21	1045	JORGE MOREIRA	Box Ideal Running Team	00:15:17
22	1432	José Coelho	UF 08 RUNNERS	00:15:31
23	1295	Filipe Pereira	KeMedo Team	00:15:41
24	1377	Fernando Araújo	Rumo Aventura	00:16:06
25	1442	Paulo Pinto	Vitalis Running Team	00:16:10
26	1441	Marc Sachs	Vitalis Running Team	00:16:10
27	1094	Fábio Melo	Freeletics Porto	00:16:14
28	1095	Sérgio Costa	Freeletics Porto	00:16:15
29	1001	Joao Pinto	@venida Team	00:16:15
30	1269	João Pedro Monteiro Rodrigues	Individual	00:16:27
31	1066	Aderito Oliveira	Da-lhe Gas	00:16:36
32	1166	António Silva	Individual	00:16:37
33	1187	Gilberto Orlando	Individual	00:16:37
34	1042	Dênis Quadros	Athlon Esportes	00:16:49
35	1308	Sérgio Santos	LOCOMOTIVA DE PARANHOS	00:17:00
36	1217	Pedro Machado	Not Run Alone	00:17:08
37	1154	Abílio Sérgio Santos	Individual	00:17:08
38	1032	Hélder José da Cunha Moreira	Andatrilhos - Freamunde	00:17:08
39	1282	PEDRO PEREZ ROLLAN	Individual	00:17:14
40	1087	Filipe Cunha	Faurecia Runner's	00:17:22
41	1236	Vitor Hugo Martins Oliveira	Individual	00:17:27
42	1182	Fernando Azevedo	Individual	00:17:28
43	1004	Agostinho Moreira	@venida Team	00:17:30
44	1424	Daniel Costa	trilha dos runners	00:17:32
45	1188	helder rocha	Individual	00:17:35

Rank	Bib	Name	Team	Time
46	1376	Rui Rato	Rumo Aventura	00:17:36
47	1431	Paulo Machado	UF 08 RUNNERS	00:17:46
48	1025	Pedro Moreira	Amigos do Sofá	00:17:51
49	1224	Ricardo Sousa	Individual	00:17:55
50	1210	Nuno Gaio	Individual	00:17:56
51	1427	Carlos Cruz	UF 08 RUNNERS	00:18:05
52	1275	Laurindo Osório	Individual	00:18:10
53	1346	Agostinho Torres	Pernetas	00:18:10
54	277	Wilson Fonseca	Individual	00:18:16
55	1214	Pedro Daniel Martins Moreira	Individual	00:18:26
56	1197	José Miguel Rocha	Individual	00:18:27
57	1002	Luis Pinto	@venida Team	00:18:29
58	1259	carlos jorge oliveira figueiredo	Individual	00:18:31
59	1322	Bruno Filipe da Costa Mendes	Os DEZavergonhados	00:18:32
60	1306	Luís Pinheiro	LACRAUS	00:18:32
61	1160	André Miguel Santos Fernandes	Individual	00:18:41
62	1447	António Fernandes	Wolves Run Trail	00:18:45
63	1425	Tiago Silva	trilha dos runners	00:18:51
64	1316	Márcio Carvalh	OFRunning	00:18:54
65	1003	Paulo Silva	@venida Team	00:18:55
66	1364	Micael Morais	POTEEENTES - Fitspot Parque Nascente	00:18:57
67	1169	CARLOS BESSA	Individual	00:19:01
68	1036	Vitor José Coelho Alves da Costa	Andatrilhos - Freamunde	00:19:08
69	1201	Luís Filipe Moreira Teixeira	Individual	00:19:10
70	1317	Mário Rui Carvalho	OFRunning	00:19:11
71	1318	Renato Santos	OFRunning	00:19:14
72	1207	Miguel Angelo Mendes Santos	Individual	00:19:14
73	1035	Marco José Martins Nunes Mendes	Andatrilhos - Freamunde	00:19:15
74	1280	Paulo Moreira	Individual	00:19:16
75	1034	Luís Pedro Pedra Gomes Ribeiro	Andatrilhos - Freamunde	00:19:18
76	1266	Gil Silva	Individual	00:19:24
77	1198	Leandro "Malakata"	Individual	00:19:24
78	1014	João Araújo	Amigo	00:19:25
79	1174	Celso Lopes	Individual	00:19:28
80	1310	Nuno MOreira	Moinhos Run	00:19:29
81	1206	Miguel Andrade	Individual	00:19:33
82	1039	jorge filipe pereira	ARCORUN	00:19:33
83	1044	CARLOS MARTINS	Box Ideal Running Team	00:19:39
84	1351	Jose Barbosa	PIXELRUNBIKETRIP	00:19:40
85	1370	Fernando Silva	POTEEENTES - Fitspot Parque Nascente	00:19:41
86	1363	Cesar Coelho	POTEEENTES - Fitspot Parque Nascente	00:19:46
87	1185	Laurindo Gomes	Individual	00:19:46
88	1043	João Teixeira	Athlon Esportes	00:19:48
89	1170	Carlos Leal	Individual	00:19:51
90	1190	Hugo Sousa	Individual	00:19:53
91	1189	Hugo Ângelo Ferraz Duarte	Individual	00:19:55

Rank	Bib	Name	Team	Time
92	1176	Claudio Novais	Individual	00:19:59
93	1421	Luis Filipe Oliveira Ferreira	Team Sempre Juntos	00:19:59
94	1222	Ricardo Manuel da Silva Ribeiro	Individual	00:20:01
95	1208	Miguel Cracel	Individual	00:20:01
96	1261	Ernesto Ribeiro	Individual	00:20:03
97	1388	RUI CARVALHO	Run4all	00:20:06
98	1226	Rui Correia	Individual	00:20:10
99	1041	Paulo Borges	Associação Desportiva da Efacec	00:20:19
100	1040	José Gomes	Associação Desportiva da Efacec	00:20:21
101	1410	Diogo Cardoso	Squadra di Running	00:20:21
102	1409	Cristiano Silva	Squadra di Running	00:20:22
103	1340	Brandão	Pernetas	00:20:23
104	1375	Paulo Almeida	POTEEENTES - Fitspot Parque Nascente	00:20:31
105	1183	Fernando Bruno Caetano rocha	Individual	00:20:32
106	1319	Ricardo Ramalho	OFRunning	00:20:33
107	1209	Miguel Silva	Individual	00:20:33
108	1161	André Santos	Individual	00:20:40
109	1272	joaquim torres	Individual	00:20:40
110	1230	sergio alberto costa souza	Individual	00:20:50
111	1067	Carlos Prudêncio	Da-lhe Gas	00:20:51
112	1464	António Ferreira	Individual	00:20:51
113	1085	Patricio Renato Vidal da Silva	Fantastic Four	00:20:55
114	1047	José Portela Mendes	Brigada do Reumático	00:20:56
115	1451	Pedro Ribeiro	Individual	00:20:58
116	1046	Raul Alvarenga	Brigada do Reumático	00:21:00
117	1225	roberto rios	Individual	00:21:00
118	1229	Rui Manuel Barbosa Santos	Individual	00:21:09
119	1270	João Sousa	Individual	00:21:10
120	1079	Nuno Coelho	Squadra di Running	00:21:10
121	1287	Sandro Sousa	Individual	00:21:11
122	1444	Cláudio Silva	Wolves Run Trail	00:21:13
123	1445	Nuno Silva	Wolves Run Trail	00:21:19
124	1446	Rui Sousa	Wolves Run Trail	00:21:21
125	1365	Rui Sousa	POTEEENTES - Fitspot Parque Nascente	00:21:21
126	1012	Nuno Sousa	AFS Estofos AUTO	00:21:22
127	1342	Afonso Bonifácio	Pernetas	00:21:27
128	1387	PEDRO VIEIRA	Run4all	00:21:30
129	1400	Jose Diogo dos Santos Sousa	Shark Tale	00:21:32
130	1262	fernando carneiro	Individual	00:21:34
131	1234	Vicente Sousa	Individual	00:21:39
132	1186	Flávio Azevedo	Individual	00:21:41
133	1284	Raul Antonio Fernandes Macedo	Individual	00:21:42
134	1221	Ricardo Filipe Oliveira de Sousa	Individual	00:21:44
135	1228	Rui Jorge dos Santos Nogueira	Individual	00:21:47
136	1256	ALBERTO CARVALHO	Individual	00:21:48
137	1023	Miguel Coutinho	Amigos do Sofá	00:21:50

Rank	Bib	Name	Team	Time
138	1232	Simão souza	Individual	00:21:53
139	1235	Vitor Ferreira	Individual	00:21:54
140	1172	carlos tiago loureiro santos ferraz	Individual	00:21:54
141	1331	Ricardo João Fernandes Teixeira	Os Potentes	00:21:55
142	1415	Aurelio Neto	Team Las Vegas	00:21:59
143	1416	Rui Sousa	Team Las Vegas	00:21:59
144	1437	SÉRGIO PAULO MACHADO SILVA	USGUNAS	00:22:02
145	1422	Rui Filipe Abreu Sarmiento Gabriel	Trail 33 - Viagens 360 Gaia	00:22:05
146	1418	Helder Filipe Ferreira Teixeira	Team Sempre Juntos	00:22:07
147	1022	José Costa	Amigos do Sofá	00:22:09
148	1148	Nuno Pinheiro	Individual	00:22:16
149	1173	Carlos Vitor de Sousa Moreira	Individual	00:22:21
150	1268	João Moura	Individual	00:22:23
151	1163	António Batista	Individual	00:22:24
152	1015	Nuno Santos	Amigo	00:22:27
153	1021	Célio Soares	Amigos do Sofá	00:22:31
154	1179	Diogo Pinheiro	Individual	00:22:40
155	1050	Joaquim Ferreira	CAETANO RUNNERS	00:22:45
156	1153	Álvaro Emanuel de Sousa Santos	Individual	00:22:47
157	1305	Bruno Andrade	LACRAUS	00:22:53
158	1181	Fabio Silva	Individual	00:22:56
159	1411	Paulo Almeida	Squadra di Running	00:22:56
160	1084	Francisco Brandão Batista	Fantastic Four	00:22:56
161	1194	Jorge moreira	Individual	00:22:59
162	1412	Manuel Silva	Squadra di Running	00:23:00
163	1384	BRUNO MAGALHÃES	Run4all	00:23:00
164	1347	Avelino Rodrigues	Pernetas	00:23:01
165	1020	António Moreira	Amigos do Sofá	00:23:04
166	1180	Fábio Oliveira da Silva	Individual	00:23:07
167	1156	Alexandre Filipe Vieira Valente	Individual	00:23:08
168	1274	José Manuel Silva Matos	Individual	00:23:11
169	1081	Flávio Santos	ETERNAL 16	00:23:20
170	1378	Luís Ferreira	Rumo Aventura	00:23:28
171	1281	Paulo Ribeiro	Individual	00:23:28
172	1314	Pedro Alves	Nice Runners	00:23:30
173	1341	Joaquim Pereira	Pernetas	00:23:31
174	1349	Bino Sousa	PIXELRUNBIKETRIP	00:23:32
175	1352	Ricardo Murias	PIXELRUNBIKETRIP	00:23:37
176	1289	viktor afonso	Individual	00:23:41
177	1323	Michel Moreira da Rocha	Os DEZavergonhados	00:23:42
178	1354	Pedro Duarte	PLAY RUNNERS	00:23:44
179	1383	ANTONIO CARNEIRO	Run4all	00:23:45
180	1171	Carlos Manuel Soares Moreira	Individual	00:23:46
181	1069	Ricardo Pires	Da-lhe Gas	00:23:53
182	1090	António Bracco	Fontainhas runners	00:23:56
183	1233	Vasco Sousa	Individual	00:23:57

Rank	Bib	Name	Team	Time
184	1294	Alexandre Teixeira	KeMedo Team	00:23:59
185	1092	Vitor Barroso	Fontainhas runners	00:24:00
186	1091	Cláudio Taveira	Fontainhas runners	00:24:03
187	1184	Filipe manuel moreira duarte lopes	Individual	00:24:07
188	308	Joel Ferreira	Nós Acreditamos	00:24:11
189	1007	Joaquim Fernando M. Leite	100PRESSA	00:24:20
190	1260	Carlos Manuel Conde Tavares	Individual	00:24:28
191	1373	Carlindo Martins	POTEEENTES - Fitspot Parque Nascente	00:24:32
192	1195	José Gonçalves	Individual	00:24:37
193	1366	Sergio Azevedo	POTEEENTES - Fitspot Parque Nascente	00:24:44
194	1049	Pedro Gonçalves	Brigada do Reumático	00:24:49
195	1216	Pedro Loureiro	Individual	00:24:54
196	1440	José Pinto	Vitalis Running Team	00:25:05
197	1211	Nuno Vasconcelos	Individual	00:25:09
198	1488	António Ferreira	Individual	00:25:14
199	1285	Ricardo Silva	Individual	00:25:14
200	1265	Germano Moura	Individual	00:25:20
201	1408	Armando Pinto	Squadra di Running	00:25:26
202	160	Paulo de Carvalho Martins	Individual	00:25:27
203	1452	Nelson Fernando Pinto de Almeida	Squadra di Running	00:25:29
204	1263	fernando silva teixeira	Individual	00:25:36
205	1267	Jaime Marques	Individual	00:25:37
206	1162	António Barros	Individual	00:25:40
207	1405	Rui José Marques da Silva	Shark Tale	00:25:46
208	1474	Vitor Ferreira	Individual	00:25:47
209	1200	Luís Faria	Individual	00:25:52
210	1402	Paulo Sousa	Shark Tale	00:25:56
211	1192	João Pedro Cardoso	Individual	00:26:01
212	1175	Christophe Sousa	Individual	00:26:09
213	1029	Joaquim Silva	Amigos do Sofá	00:26:16
214	1223	Ricardo monteiro	Individual	00:26:36
215	1167	Bruno André Oliveira Vigário	Individual	00:26:41
216	1158	André Ferreira	Individual	00:26:42
217	1264	Filipe Moutinho	Individual	00:26:43
218	1048	Paulo Monteiro	Brigada do Reumático	00:26:50
219	1271	Joaquim Silva	Individual	00:27:24
220	1006	David Silva Azevedo	100PRESSA	00:27:24
221	1033	Jaime Fernando Moura	Andatrilhos - Freamunde	00:27:39
222	1407	José Alberto	Somos Nós Team	00:28:01
223	1276	Luis pereira	Individual	00:28:04
224	1343	Mario Cardoso	Pernetas	00:28:05
225	1286	Rui Freitas	Individual	00:28:10
226	1010	Paulo Barbosa	A procura da meta	00:28:15
227	1165	Antonio Neto	Individual	00:28:18
228	1164	Antonio Miguel Cruz Abreu Costa	Individual	00:28:24
229	1058	Adriano Santos	Chama o 112	00:28:27

Rank	Bib	Name	Team	Time
230	1257	António Azevedo	Individual	00:28:31
231	1064	Pedro Oliveira	Clube Galpenergia Norte	00:28:39
232	1283	Pedro Ricardo Fernandes Bernardo	Individual	00:28:46
233	1009	Rui Silva	A procura da meta	00:28:50
234	1330	Hugo Vladimiro Teixeira da Silva	Os Potentes	00:28:50
235	1374	Damião Pacheco	POTEEENTES - Fitspot Parque Nascente	00:28:55
236	1328	Paulo Lara	Os Larocas	00:29:02
237	1053	Avelino Pereira	CCDTC.M.GONDOMAR	00:29:15
238	1423	Bruno Costa	trilha dos runners	00:30:56
239	212	André Campante	Individual	00:30:56
240	1417	Oswaldo Ferreira	team Rede Ambiente	00:31:15
241	265	Pedro Ferreira da Costa	Individual	00:32:07
242	1443	Ricardo Carvalho	Vitalis Running Team	00:33:39
243	1258	antonio guimaraes	Individual	00:35:36
244	1291	João Ferreira	Inquipa	00:35:43
245	1062	ALVARO ROBERTO GONÇALVES SERRADO	CICLISTAS CÓSMICOS - GISLÓTICA	00:35:56
246	1404	Fernando Manuel Mendes	Shark Tale	00:38:41
247	1273	José Fernando da Rocha Moreira	Individual	00:42:35
248	154	Nuno Almeida	Individual	00:54:18
249	1337	Jorge Silva	OsFazConta	01:09:53
250	1473	Cláudia Carvalho	Individual	01:19:52

Rank	Bib	Name	Team	Time
1	1065	Marisa Pereira	Clube Zupper	00:15:47
2	1011	Paula Barbosa	AFS Estofos AUTO	00:17:00
3	1037	Maria Gonçalves	ANONYMOUS PROSPORTS CHALLENGER	00:17:17
4	1132	Madalena Barbosa	Individual	00:17:18
5	1309	Eva Monteiro	Moinhos Run	00:17:43
6	1131	luisa Maria Ferreira da cruz	Individual	00:17:49
7	1247	Maria Ivone Pinto Ferreira	Individual	00:19:00
8	1127	Juliana Moreira	Individual	00:19:17
9	1252	Paula Anjos	Individual	00:20:11
10	1125	Joana Azevedo	Individual	00:20:29
11	1325	Patricia Fernandes	OS FUGITIVOS DA CRISE	00:20:43
12	1093	Cláudia Costa	Freeletics Porto	00:20:46
13	1367	Celeste Vieira	POTEEENTES - Fitspot Parque Nascente	00:20:54
14	1368	Fatima Ferreira	POTEEENTES - Fitspot Parque Nascente	00:21:21
15	1130	liliana vieira	Individual	00:21:45
16	1017	Maria José Pereira Leão	Amigos do Pedal - TraiLagares	00:21:57
17	1111	Carla Verónica Fontão Teixeira	Individual	00:22:14
18	1348	Adriana Teresa Silva Rodrigues	Pernetas	00:22:26
19	1362	Sofia Naldinho	POTEEENTES - Fitspot Parque Nascente	00:22:34
20	1083	Fernanda Marília Cardoso Casaca	Fantastic Four	00:22:51
21	1369	Fernanda Pinto	POTEEENTES - Fitspot Parque Nascente	00:22:53
22	1136	Marlene Alexandra Teles Andrade Rodrigues	Individual	00:22:59
23	1403	Ana Trigo	Shark Tale	00:23:04
24	1344	Manuela Ferreira	Pernetas	00:23:09
25	1433	Estela Oliveira	USF-TS	00:23:17
26	1238	alexandra padilha	Individual	00:23:30
27	1146	Sónia Santos	Individual	00:23:30
28	1439	CARLA SOFIA SILVA SOUSA	USGUNAS	00:23:32
29	1390	Catarina Ferreira	Sapwise	00:23:33
30	1379	ANA ARRISCADO	Run4all	00:23:35
31	1121	Isabel Neves	Individual	00:23:35
32	1380	Angela Santos	Run4all	00:23:36
33	1406	Fátima Vieira	Somos Nós Team	00:23:39
34	1438	ANA PAULA RIBEIRO CRAVEIRO NUNES	USGUNAS	00:23:39
35	1353	Angela Bragança	PLAY RUNNERS	00:23:45
36	1304	Andreia Carvalho	LA Zinco	00:23:49
37	1137	Marta Mamede das Neves André	Individual	00:23:57
38	1360	Joana Vasconcelos	POTEEENTES - Fitspot Parque Nascente	00:24:00
39	1298	Ines Catarina Sousa Rocha	Kunochao	00:24:14
40	1243	Cândida Vilas-Boas	Individual	00:24:22
41	1133	Mafalda Luís	Individual	00:24:24
42	1077	Joana Moura	Elite NM	00:24:26
43	1359	Joana Silva	POTEEENTES - Fitspot Parque Nascente	00:24:26
44	1076	Ana Ferreira	Elite NM	00:24:28
45	1357	Joana Alves dos Santos	POTEEENTES - Fitspot Parque Nascente	00:24:29

Rank	Bib	Name	Team	Time
46	1118	Diana Pina	Individual	00:24:41
47	1120	Elsa Maria Costa	Individual	00:24:56
48	1249	Maria Lurdes Silva Mendes	Individual	00:24:59
49	1356	Ana Luisa Flores	POTEEENTES - Fitspot Parque Nascente	00:25:12
50	1333	Brigida Duarte	OsFazConta	00:25:15
51	1074	Alice Sousa	Dr Merino Clinica Médica	00:25:27
52	1382	SANDRA TEIXEIRA	Run4all	00:25:32
53	1434	Mafalda Alves	USF-TS	00:25:34
54	1413	Sílvia Teixeira	Team DUAS FACES	00:25:38
55	1119	Elisabete Cunha	Individual	00:25:42
56	1147	Susana Carrilho	Individual	00:26:02
57	1105	Ana Filipa Oliveira	Individual	00:26:03
58	1250	maria oliveira	Individual	00:26:06
59	1126	joana carvalho ferreira	Individual	00:26:08
60	1253	Rosalina Marques	Individual	00:26:19
61	1080	Célia Moreira	ETERNAL 16	00:26:24
62	1138	Patrícia Marlene Neves Pereira	Individual	00:26:45
63	1144	Sofia Vilela	Individual	00:27:13
64	1244	Cristina Pereira Durães Silva	Individual	00:27:29
65	1320	Patricia Barbosa	Os Bravos	00:27:40
66	1372	Susana Castro	POTEEENTES - Fitspot Parque Nascente	00:27:40
67	1135	Maria Moutinho	Individual	00:27:46
68	1435	Mónica Magalhães	USF-TS	00:27:50
69	1251	Olivia Carmo	Individual	00:27:55
70	1436	Ana Paula Alves	USF-TS	00:28:00
71	1313	Sónia Rocha	NAST	00:28:11
72	1245	Felicidade Silva	Individual	00:28:17
73	1051	Sandra Machado	Casal Maravilha	00:28:23
74	1057	Maria Leal	Chama o 112	00:28:25
75	1391	Cristiana Sousa	Sapwise	00:28:26
76	1100	Susana Sousa	GONDOMAR FUTSAL CLUBE	00:28:37
77	1290	Sónia Pereira	Inquipa	00:28:38
78	1140	Sandra Madureira	Individual	00:28:40
79	1329	Sílvia Margarida Teixeira da Silva	Os Potentes	00:28:45
80	1106	Ana Teixeira	Individual	00:28:50
81	1008	Daniela Nogueira	A procura da meta	00:28:50
82	24	Zélia Viana	CAETANO RUNNERS	00:28:52
83	1324	Diana Carneiro	OS FUGITIVOS DA CRISE	00:28:52
84	1326	Leonilde Maria Ferreira Macedo	OS FUGITIVOS DA CRISE	00:28:55
85	1355	Ana Ferro	POTEEENTES - Fitspot Parque Nascente	00:28:58
86	1129	Liliana Sousa	Individual	00:28:58
87	1327	Ermelinda Lara	Os Larocas	00:28:59
88	1141	Sandra Ramos	Individual	00:29:08
89	1102	Albertina Moreira da Cunha	Individual	00:29:10
90	1299	Isabel Maria Sousa Moreira	Kunochao	00:29:10
91	1089	Patricia Vieira	Feras	00:29:33

Rank	Bib	Name	Team	Time
92	1088	Ana Ribeiro	Feras	00:29:35
93	1151	Teresa Teixeira de sousa	Individual	00:29:36
94	1150	Teresa Moreira	Individual	00:29:37
95	1143	sara barbosa	Individual	00:29:47
96	1239	Ana Paula Oliveira	Individual	00:29:51
97	1142	Sandra Sousa	Individual	00:29:59
98	1031	Ana João Silva Nunes	Andatrilhos - Freamunde	00:30:00
99	1339	Ana Canez	Pernetas	00:30:10
100	1030	Ana Filipa de Campos Nogueira	Andatrilhos - Freamunde	00:30:12
101	1300	Liliana Adelaide Bento Ferraz	Kunochao	00:30:40
102	1336	Vânia Soares	OsFazConta	00:30:50
103	1335	Catarina Silva	OsFazConta	00:30:50
104	1124	Joana Amaro	Individual	00:30:52
105	1122	Isabel Susano	Individual	00:31:07
106	1358	Joana Naldinho	POTEEENTES - Fitspot Parque Nascente	00:32:36
107	1103	Alexandra Oliveira	Individual	00:32:49
108	1123	Isabelle Almeida	Individual	00:32:51
109	1114	Daniela Silva	Individual	00:32:54
110	1448	Adriana Brandão	WTF	00:32:55
111	1449	Liliana Brandão	WTF	00:32:57
112	1392	Cristina Maria Rocha Aleixo	Sapwise	00:33:24
113	1056	Liliana Leal	Chama o 112	00:35:21
114	1055	Isilda Leal	Chama o 112	00:35:28
115	1134	Marcia Pinto	Individual	00:35:38
116	1059	GISELA PINTO	CICLISTAS CÓSMICOS - GISLÓTICA	00:35:53
117	1301	Paula Cristina Lourenço Freitas	Kunochao	00:36:12
118	1302	Vania Sofia Vieira Moreira	Kunochao	00:36:16
119	1371	Isabel Rocha	POTEEENTES - Fitspot Parque Nascente	00:36:32
120	1116	Diana Martins	Individual	00:36:45
121	1312	ROSA COSTA	Moreira Relax Runners	00:37:03
122	1241	Aurora Morais	Individual	00:37:20
123	1381	LARA ANDRADE	Run4all	00:37:28
124	1361	Sílvia Ferreira	POTEEENTES - Fitspot Parque Nascente	00:37:46
125	1149	Tânia Alves	Individual	00:42:25
126	1293	Fatima Sousa	KeMedo Team	00:48:19
127	1315	MARIZA GONÇALVES	NOCTURNOS DE PAREDES	00:50:51
128	1332	Adriana Duarte	OsFazConta	01:09:51
129	1112	Celina Tomás	Individual	01:20:03